



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
/Anuradha Nakshatra Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau

Oslo, Norway  
Sutra 16

Vrischika Rasi: 0.29    Tihti 17

**Gulika** 12:16PM – 2:15PM  
Yama 8:18AM – 10:17AM  
273832369 **Rahu** 4:14PM – 6:13PM

**Until 3:09AM Wed**  
Variyan Until 4:48AM Wed  
Tailila Until 15:49AM Wed  
**Dvitiya Until**

**Ganesha:** Purple    *Sunrise:* 4:19AM  
**Muruga:** White    *Sunset:* 8:13PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work    Marana Yoga  
Until 3:09AM Wed  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Bava Karana Tritiyayam Titau

Oslo, Norway  
Sun 1    Sutra 17

Vrischika Rasi: 13.01    Tihti 18

**Gulika** 10:16AM – 12:16PM  
Yama 6:16AM – 8:16AM  
273832369 **Rahu** 12:16PM – 2:16PM

**Vishakha Until 4:34AM Thu**  
Parigha\* Until 1:05PM  
Vanija Until 16:90AM Thu  
**Tritiya Until 4:48AM Wed**

**Ganesha:** Purple    *Sunrise:* 4:17AM  
**Muruga:** White    *Sunset:* 8:15PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work    Siddha Yoga  
Until 4:34AM Thu  
Then Routine Work - Prabalarishta Yoga

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway  
Sun 2    Sutra 18

Vrischika Rasi: 25.17    Tihti 19

**Gulika** 8:15AM – 10:15AM  
Yama 4:14AM – 6:14AM  
274832369 **Rahu** 2:16PM – 4:17PM

**Anuradha Until 6:30AM Fri**  
Shiva Until 3:08PM  
Bava Until 19:39AM Fri  
**Chaturthi\* Until 4:56AM Thu**

**Ganesha:** Clear    *Sunrise:* 4:14AM  
**Muruga:** White    *Sunset:* 8:17PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work    Prabalarishta Yoga  
Until 6:30AM Fri  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Tailila Karana Chaturthi/Panchamyam Titau

Oslo, Norway  
Sun 3    Sutra 19

Dhanus Rasi: 7.22    Tihti 19 – 20

**Gulika** 6:12AM – 8:14AM  
Yama 4:18PM – 6:19PM  
284832369 **Rahu** 10:15AM – 12:16PM

**Jyeshtha\* Until 6:30AM**  
Siddha Until 8:59PM Sat  
Tailila Until 8:50AM Sat  
**Chaturthi\* Until 6:30AM**

**Ganesha:** White    *Sunrise:* 4:11AM  
**Muruga:** White    *Sunset:* 8:20PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work    Amrita Yoga  
Until 6:30AM  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway  
Sun 4    Sutra 20

Dhanus Rasi: 19.16    Tihti 20 – 21

**Gulika** 4:09AM – 6:11AM  
Yama 2:17PM – 4:19PM  
284832369 **Rahu** 8:12AM – 10:14AM

**Mula\* Until 8:50AM**  
Siddha Until 8:59PM  
Gara Until 9:67PM  
**Panchami Until 6:17AM Sat**

**Ganesha:** White    *Sunrise:* 4:09AM  
**Muruga:** White    *Sunset:* 8:22PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work    Siddha Yoga  
Until 8:50AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway  
Sun 5    Sutra 21

Makara Rasi: 1.05    Tihti 21 – 22

**Gulika** 4:20PM – 6:22PM  
Yama 12:15PM – 2:18PM  
284832369 **Rahu** 6:22PM – 8:25PM

**Uttarashadha Until 11:55PM**  
Sadhya Until 7:18AM  
Visti Until 12:42AM Mon  
**Shashthi\* Until 7:18AM Sun**

**Ganesha:** White    *Sunrise:* 4:06AM  
**Muruga:** White    *Sunset:* 8:25PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work    Amrita Yoga

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptami/Ashtamyam Titau

Oslo, Norway  
Sun 6    Sutra 22

Makara Rasi: 12.54    Tihti 22 – 23

**Family Home Evening**

**Gulika** 2:18PM – 4:21PM  
Yama 10:12AM – 12:15PM  
294832369 **Rahu** 6:07AM – 8:10AM

**Shravana Until 3:04AM Tue**  
Subha Until 3:04AM Tue  
Bava Until 1:56PM  
**Saptami Until 1:56PM**

**Ganesha:** Yellow    *Sunrise:* 4:04AM  
**Muruga:** White    *Sunset:* 8:27PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

Creative Work    Amrita Yoga  
Until 3:04AM Tue  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Oslo, Norway  
Sun 7    Sutra 23

Makara Rasi: 24.47    Tihti 23 – 24

**Gulika** 12:15PM – 2:19PM  
Yama 8:08AM – 10:12AM  
294832369 **Rahu** 4:22PM – 6:26PM

**Dhanishtha Until 5:40AM Wed**  
Sukla Until 9:14AM  
Tailila Until 4:70AM Wed  
**Ashtami\* Until 9:14AM Tue**

**Ganesha:** Yellow    *Sunrise:* 4:01AM  
**Muruga:** White    *Sunset:* 8:29PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

Creative Work    Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, May 9, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Oslo, Norway
Kumbha Rasi: 6.49    Tihti 24 – 25		<b>Gulika</b> 10:11AM – 12:15PM	<b>Shatabhishak Until 7:00PM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:59AM			Sun 8	Sutra 24
294832369		Yama 6:03AM – 8:07AM	Brahma Until 7:30AM Thu	<b>Muruga:</b> White <i>Sunset:</i> 8:32PM			Vilamba 5120	
Creative Work    Siddha Yoga		<b>Rahu</b> 12:15PM – 2:19PM	Vanija Until 6:35AM Thu	<b>Nataraja:</b> Purple			Moon 4 - Phase 4	2nd Phase
			<b>Navami* Until 9:14AM</b>	Moon – Purple			<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>			Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Thursday, May 10, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Bava Karana Dashamyam Titau		Oslo, Norway
Kumbha Rasi: 19.07    Tihti 25		<b>Gulika</b> 8:06AM – 10:10AM	<b>Shatabhishak Until 7:14PM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:56AM			Sun 9	Sutra 25
294832369		Yama 3:56AM – 6:01AM	Indra Until 7:30AM	<b>Muruga:</b> White <i>Sunset:</i> 8:34PM			Vilamba 5120	
Creative Work    Siddha Yoga		<b>Rahu</b> 2:20PM – 4:25PM	Vanija Until 7:14AM Fri	<b>Nataraja:</b> Purple			Moon 4 - Phase 4	2nd Phase
			<b>Dashami Until 9:49AM Thu</b>	Moon – Purple			<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>			Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Friday, May 11, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Kaulava Karana Ekadashyam Titau		Oslo, Norway
Meena Rasi: 1.46    Tihti 26		<b>Gulika</b> 5:59AM – 8:05AM	<b>Shatabhishak Until 7:14PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:54AM			Sun 10	Sutra 26
214832369		Yama 4:26PM – 6:31PM	Vaidhriti* Until 8:74AM	<b>Muruga:</b> White <i>Sunset:</i> 8:37PM			Vilamba 5120	
Creative Work    Siddha Yoga		<b>Rahu</b> 10:10AM – 12:15PM	Bava Until 6:63AM Sat	<b>Nataraja:</b> Purple			Moon 4 - Phase 4	2nd Phase
			<b>Ekadashi* Until 9:14AM Fri</b>	Moon – Clear			<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>			Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Saturday, May 12, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau		Oslo, Norway
Meena Rasi: 14.47    Tihti 27		<b>Gulika</b> 3:51AM – 5:57AM	<b>Uttaraproshtapada Until 9:22AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 3:51AM			Sun 11	Sutra 27
214932369		Yama 2:21PM – 4:27PM	Vishkambha* Until 8:01AM	<b>Muruga:</b> White <i>Sunset:</i> 8:39PM			Vilamba 5120	
Creative Work    Siddha Yoga		<b>Rahu</b> 8:03AM – 10:09AM	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple			Moon 4 - Phase 4	2nd Phase
Until 9:22AM			<b>Dvadashi* Until 6:39PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Vaisaka-Chaitra</b>				

<b>5</b>		<b>Sunday, May 13, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway
Meena Rasi: 28.16    Tihti 28 – 29		<b>Gulika</b> 4:28PM – 6:35PM	<b>Revati Until 3:20PM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 3:49AM			Sun 12	Sutra 28
214932369		Yama 12:15PM – 2:22PM	Priti Until 8:53AM	<b>Muruga:</b> White <i>Sunset:</i> 8:41PM			Vilamba 5120	
Creative Work    Amrita Yoga		<b>Rahu</b> 6:35PM – 8:41PM	Gara Until 4:24AM Mon	<b>Nataraja:</b> Purple			Moon 4 - Phase 4	2nd Phase
Until 3:20PM Mon			<b>Trayodashi* Until 8:01AM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Mother's Day</b>	<i>Pradosha Vrata (Fasting)</i>	<b>Vaisaka-Chaitra</b>				

<b>6</b>		<b>Monday, May 14, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway
Mesha Rasi: 12.08    Tihti 29 – 30		<b>Gulika</b> 2:22PM – 4:29PM	<b>Revati Until 3:20PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 3:47AM			Sun 13	Sutra 29
224932369		Yama 10:08AM – 12:15PM	Saubhagya Until 8:01AM	<b>Muruga:</b> White <i>Sunset:</i> 8:43PM			Vilamba 5120	
Family Home Evening		<b>Rahu</b> 5:54AM – 8:01AM	Catuspada Until 1:69AM Tue	<b>Nataraja:</b> Purple			Moon 4 - Phase 4	2nd Phase
Creative Work    Siddha Yoga			<b>Chaturdashi* Until 3:45AM Mon</b>	Moon – White			<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>				

<b>Retreat Star</b>		<b>Tuesday, May 15, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Krittika Nakshatra Sobhana Yoga Naga* Karana Amavasya/Prathamayam Titau		Oslo, Norway
Mesha Rasi: 26.23    Tihti 30 – 1		<b>Gulika</b> 12:15PM – 2:23PM	<b>Ashvini Until 12:51PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 3:44AM			Sun 14	Sutra 30
224932369		Yama 8:00AM – 10:07AM	Sobhana Until 6:28AM	<b>Muruga:</b> White <i>Sunset:</i> 8:46PM			Vilamba 5120	
Creative Work    Siddha Yoga		<b>Rahu</b> 4:30PM – 6:38PM	Naga Until 12:51PM	<b>Nataraja:</b> Purple			Moon 4 - Phase 4	Amavasya
			<b>Amavasya* Until 12:51PM</b>	Moon – White			<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>				

<b>Retreat Star</b>		<b>Wednesday, May 16, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway
Vrishabha Rasi: 10.53    Tihti 1 – 2		<b>Gulika</b> 10:07AM – 12:15PM	<b>Bharani Until 10:01AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:42AM			Sun 15	Sutra 31
235932369		Yama 5:50AM – 7:59AM	Athiganda* Until 2:20AM Thu	<b>Muruga:</b> White <i>Sunset:</i> 8:48PM			Vilamba 5120	
Creative Work    Siddha Yoga		<b>Rahu</b> 12:15PM – 2:23PM	Balava Until 8:33PM	<b>Nataraja:</b> Purple			Moon 4 - Phase 4	Prathama
			<b>Prathama* Until 9:37PM</b>	Moon – Yellow			<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			Devaloka Time: 9:AM to12:PM	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

<b>1</b>		<b>Thursday, May 17, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 16 Sutra 32	
Vrishabha Rasi: 25.34 Tithi 2 - 3		<b>Gulika</b> 7:58AM - 10:06AM	<b>Rohini</b> Until 7:01AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:40AM			Vilamba 5120		
235932369		Yama 3:40AM - 5:49AM	Sukarma Until 12:05AM Fri	<b>Muruga:</b> White <i>Sunset:</i> 8:50PM			Moon 4 - Phase 5		
Routine Work Marana Yoga		<b>Rahu</b> 2:24PM - 4:33PM	Taitila Until 5:30PM	<b>Nataraja:</b> Purple			3rd Phase		
			<b>Dvitiya</b> Until 6:08PM	Moon - Yellow			<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM				

<b>2</b>		<b>Friday, May 18, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Vanija Karana Chaturthyam Titau		Oslo, Norway Sun 17 Sutra 33	
Mithuna Rasi: 10.17 Tithi 4		<b>Gulika</b> 5:47AM - 7:56AM	<b>Mrigashira</b> Until 1:00AM Sat	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:38AM			Vilamba 5120		
235932369		Yama 4:34PM - 6:43PM	Dhriti Until 9:46PM	<b>Muruga:</b> White <i>Sunset:</i> 8:53PM			Moon 4 - Phase 5		
Creative Work Siddha Yoga		<b>Rahu</b> 10:06AM - 12:15PM	Vanija Until 2:29PM	<b>Nataraja:</b> Purple			3rd Phase		
			<b>Chaturthi*</b> Until 1:00AM Sat	Moon - Yellow			<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM				

<b>3</b>		<b>Saturday, May 19, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Panchamyam Titau		Oslo, Norway Sun 18 Sutra 34	
Mithuna Rasi: 24.55 Tithi 5		<b>Gulika</b> 3:36AM - 5:45AM	<b>Ardra</b> Until 10:15PM	<b>Ganesha:</b> White <i>Sunrise:</i> 3:36AM			Vilamba 5120		
245932369		Yama 2:25PM - 4:35PM	Shula* Until 7:55PM	<b>Muruga:</b> White <i>Sunset:</i> 8:55PM			Moon 4 - Phase 5		
Creative Work Siddha Yoga		<b>Rahu</b> 7:55AM - 10:05AM	Bava Until 9:00AM Sun	<b>Nataraja:</b> Purple			3rd Phase		
			<b>Panchami</b> Until 7:32AM Sat	Moon - Blue			<b>Devaloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>					

<b>4</b>		<b>Sunday, May 20, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Kaulava Karana Shashthyam Titau		Oslo, Norway Sun 19 Sutra 35	
Kataka Rasi: 9.23 Tithi 6		<b>Gulika</b> 4:36PM - 6:47PM	<b>Punarvasu</b> Until 7:48PM	<b>Ganesha:</b> White <i>Sunrise:</i> 3:33AM			Vilamba 5120		
245932369		Yama 12:15PM - 2:26PM	Vriddhi Until 6:13PM	<b>Muruga:</b> White <i>Sunset:</i> 8:57PM			Moon 4 - Phase 5		
Creative Work Siddha Yoga		<b>Rahu</b> 6:47PM - 8:57PM	Kaulava Until 9:00AM	<b>Nataraja:</b> Purple			3rd Phase		
			<b>Shashthi*</b> Until 7:48PM	Moon - Blue			<b>Devaloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>					

<b>5</b>		<b>Monday, May 21, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Oslo, Norway Sun 20 Sutra 36	
Kataka Rasi: 23.37 Tithi 7 - 8		<b>Gulika</b> 2:26PM - 4:37PM	<b>Pushya</b> Until 5:42PM	<b>Ganesha:</b> White <i>Sunrise:</i> 3:31AM			Vilamba 5120		
245932369		Yama 10:04AM - 12:15PM	Dhruva Until 4:44PM	<b>Muruga:</b> White <i>Sunset:</i> 8:59PM			Moon 4 - Phase 5		
Family Home Evening Creative Work Siddha Yoga Until 5:42PM Then Routine Work - Marana Yoga		<b>Rahu</b> 5:42AM - 7:53AM	Gara Until 4:49AM Tue	<b>Nataraja:</b> Purple			3rd Phase		
			<b>Saptami</b> Until 1:17AM Mon	Moon - Blue			<b>Devaloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>					

<b>Retreat Star</b>		<b>Tuesday, May 22, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Oslo, Norway Sun 21 Sutra 37	
Simha Rasi: 7.37 Tithi 8 - 9		<b>Gulika</b> 12:15PM - 2:27PM	<b>Ashlesha*</b> Until 4:00PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:29AM			Vilamba 5120		
255932369		Yama 7:52AM - 10:04AM	Vyaghata* Until 3:55PM	<b>Muruga:</b> White <i>Sunset:</i> 9:01PM			Moon 4 - Phase 5		
Creative Work Siddha Yoga		<b>Rahu</b> 4:38PM - 6:50PM	Balava Until 3:19AM Wed	<b>Nataraja:</b> Purple			Ashtami		
			<b>Ashtami*</b> Until 4:00PM	Moon - Red			<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM				

<b>Retreat Star</b>		<b>Wednesday, May 23, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Oslo, Norway Sun 22 Sutra 38	
Simha Rasi: 21.21 Tithi 9 - 10		<b>Gulika</b> 10:03AM - 12:15PM	<b>Magha*</b> Until 2:42PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:27AM			Vilamba 5120		
255932369		Yama 5:39AM - 7:51AM	Harshana Until 3:23PM	<b>Muruga:</b> White <i>Sunset:</i> 9:03PM			Moon 4 - Phase 5		
Creative Work Amrita Yoga		<b>Rahu</b> 12:15PM - 2:27PM	Taitila Until 1:73AM Thu	<b>Nataraja:</b> Purple			Navami		
			<b>Navami*</b> Until 8:13PM	Moon - Red			<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 23
	Kanya Rasi: 4.51	Tithi 10 – 11	<b>Gulika</b> 7:51AM – 10:03AM	<b>Purvaphalguni</b> Until 1:48PM	<b>Ganesh:</b> Clear	Sunrise: 3:26AM	Sutra 39
			Yama 3:26AM – 5:38AM	Vajra* Until 3:05PM	<b>Muruga:</b> White	Sunset: 9:05PM	Vilamba 5120
			255932369 <b>Rahu</b> 2:28PM – 4:40PM	Vanija Until 24:91	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Amrita Yoga			<b>Dashami</b> Until 6:12PM	Moon – Red		4th Phase	
Until 1:48PM				<b>Bhuloka Day</b>			
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

<b>2</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 24
	Kanya Rasi: 18.08	Tithi 11 – 12	<b>Gulika</b> 5:37AM – 7:50AM	<b>Uttaraphalguni</b> Until 1:18PM	<b>Ganesh:</b> Clear	Sunrise: 3:24AM	Sutra 40
			Yama 4:41PM – 6:54PM	Siddhi Until 3:28PM	<b>Muruga:</b> White	Sunset: 9:07PM	Vilamba 5120
			266932369 <b>Rahu</b> 10:03AM – 12:16PM	Visti Until 1:18PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Creative Work Amrita Yoga			<b>Ekadashi</b> Until 1:18PM	Moon – Green		4th Phase	
Until 1:18PM				<b>Bhuloka Day</b>			
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

<b>3</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Oslo, Norway Sun 25
	Tula Rasi: 1.13	Tithi 12 – 13	<b>Gulika</b> 3:22AM – 5:35AM	<b>Hasta</b> Until 1:11PM	<b>Ganesh:</b> Purple	Sunrise: 3:22AM	Sutra 41
			Yama 2:29PM – 4:43PM	Vyatipata* Until 13:11AM Sun	<b>Muruga:</b> White	Sunset: 9:09PM	Vilamba 5120
			366932369 <b>Rahu</b> 7:49AM – 10:02AM	Kaulava Until 1:17AM Sun	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Routine Work Marana Yoga			<b>Dvadashi</b> Until 13:59AM Sat	Moon – Green		4th Phase	
Until 1:11PM				<b>Bhuloka Day</b>			
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi			
<i>Pradosha Vrata</i>							

<b>4</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Vishakha Nakshatra Variyan/Parigha* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 26
	Tula Rasi: 14.06	Tithi 13 – 14	<b>Gulika</b> 4:44PM – 6:57PM	<b>Chitra</b> Until 1:27PM	<b>Ganesh:</b> Purple	Sunrise: 3:20AM	Sutra 42
			Yama 12:16PM – 2:30PM	Variyan Until 4:56PM	<b>Muruga:</b> White	Sunset: 9:11PM	Vilamba 5120
			366932369 <b>Rahu</b> 6:57PM – 9:11PM	Gara Until 1:46AM Mon	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 13:11AM Sun	Moon – Green		4th Phase	
Until 1:27PM				<b>Bhuloka Day</b>			
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			

<b>○</b>	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Oslo, Norway Sun 27
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:30PM – 4:45PM	<b>Svati</b> Until 2:09PM	<b>Ganesh:</b> Clear	Sunrise: 3:18AM	Sutra 43
	Tula Rasi: 26.47	Tithi 14 – 15	Yama 10:01AM – 12:16PM	Parigha* Until 6:30PM	<b>Muruga:</b> White	Sunset: 9:13PM	Vilamba 5120
			376932369 <b>Rahu</b> 5:33AM – 7:47AM	Visti Until 2:41AM Tue	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Family Home Evening			<b>Chaturdashi*</b> Until 12:44AM Mon	Moon – Orange		Purnima	
Routine Work Marana Yoga				<b>Bhuloka Day</b>			
Until 2:09PM		<b>Vaikasi Visakam</b>		Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

<b>○</b>	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Oslo, Norway Sun 28
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:16PM – 2:31PM	<b>Vishakha</b> Until 3:17PM	<b>Ganesh:</b> Clear	Sunrise: 3:17AM	Sutra 44
	Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 7:46AM – 10:01AM	Shiva Until 8:22PM	<b>Muruga:</b> White	Sunset: 9:15PM	Vilamba 5120
			376932369 <b>Rahu</b> 4:46PM – 7:00PM	Balava Until 3:63AM Wed	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Creative Work Siddha Yoga			<b>Purnima*</b> Until 12:39AM Tue	Moon – Orange		Prathama	
Until 3:17PM				<b>Bhuloka Day</b>			
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



**1 Friday, June 8, 2018**

		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Oslo, Norway
		Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara Karana Navami/Dashamyam Titau				Sun 9 Sutra 54
	<b>Gulika</b>	<b>5:22AM – 7:41AM</b>	<b>Purvaproshtapada* Until 8:44AM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 3:04AM</i>	Vilamba 5120
Meena Rasi: 9.55		<b>Yama</b>	<b>4:54PM – 7:13PM</b>	<b>Muruga: White</b>	<i>Sunset: 9:31PM</i>	Moon 5 - Phase 8
		<b>Rahu</b>	<b>9:59AM – 12:17PM</b>	<b>Nataraja: White</b>		2nd Phase
Creative Work	Siddha Yoga		<b>Gara Until 8:44AM</b>	<b>Moon – Clear</b>		<b>Bhuloka Day</b>
			<b>Navami* Until 8:44AM</b>	<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

**2 Saturday, June 9, 2018**

		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Oslo, Norway
		Uttaraproshtapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
	<b>Gulika</b>	<b>3:03AM – 5:22AM</b>	<b>Uttaraproshtapada Until 8:29AM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 3:03AM</i>	Vilamba 5120
Meena Rasi: 22.57		<b>Yama</b>	<b>2:36PM – 4:55PM</b>	<b>Muruga: White</b>	<i>Sunset: 9:32PM</i>	Moon 5 - Phase 8
		<b>Rahu</b>	<b>7:40AM – 9:59AM</b>	<b>Nataraja: White</b>		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Bava Until 7:64PM</b>	<b>Moon – Clear</b>		<b>Bhuloka Day</b>
Until 8:29AM			<b>Dashami Until 16:18AM Sat</b>	<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

**3 Sunday, June 10, 2018**

		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
		Revati/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
	<b>Gulika</b>	<b>4:56PM – 7:14PM</b>	<b>Revati Until 7:25AM</b>	<b>Ganesha: Green</b>	<i>Sunrise: 3:02AM</i>	Vilamba 5120
Mesha Rasi: 6.26		<b>Yama</b>	<b>12:18PM – 2:37PM</b>	<b>Muruga: White</b>	<i>Sunset: 9:33PM</i>	Moon 5 - Phase 8
		<b>Rahu</b>	<b>7:14PM – 9:33PM</b>	<b>Nataraja: White</b>		2nd Phase
Creative Work	Siddha Yoga		<b>Kaulava Until 6:36PM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>
Until 7:25AM			<b>Ekadashi* Until 14:13AM Sun</b>	<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Prabalarishta Yoga						

**4 Monday, June 11, 2018**

		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
		Ashvini/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Visti* Karana Trayodashyam Titau				Sun 12 Sutra 57
	<b>Gulika</b>	<b>2:37PM – 4:56PM</b>	<b>Ashvini Until 3:05AM Tue</b>	<b>Ganesha: Green</b>	<i>Sunrise: 3:01AM</i>	Vilamba 5120
Mesha Rasi: 20.22		<b>Yama</b>	<b>9:59AM – 12:18PM</b>	<b>Muruga: White</b>	<i>Sunset: 9:34PM</i>	Moon 5 - Phase 8
<b>Family Home Evening</b>		<b>Rahu</b>	<b>5:21AM – 7:40AM</b>	<b>Nataraja: White</b>		2nd Phase
Creative Work	Siddha Yoga		<b>Gara Until 13:40AM Tue</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>
			<b>Trayodashi* Until 11:30AM Mon</b>	<b>Jyeshtha Adhika-Vaikasi</b>		
						<i>Pradosha Vrata (Fasting)</i>

**5 Tuesday, June 12, 2018**

		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Oslo, Norway
		Bharani/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Catuspada* Karana Chaturdashyam Titau				Sun 13 Sutra 58
	<b>Gulika</b>	<b>12:18PM – 2:37PM</b>	<b>Bharani Until 12:06AM Wed</b>	<b>Ganesha: Green</b>	<i>Sunrise: 3:01AM</i>	Vilamba 5120
Vrishabha Rasi: 4.44		<b>Yama</b>	<b>7:39AM – 9:59AM</b>	<b>Muruga: White</b>	<i>Sunset: 9:36PM</i>	Moon 5 - Phase 8
		<b>Rahu</b>	<b>4:57PM – 7:16PM</b>	<b>Nataraja: White</b>		2nd Phase
Creative Work	Siddha Yoga		<b>Visti Until 10:30AM Wed</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>
			<b>Chaturdashi* Until 8:18AM Tue</b>	<b>Jyeshtha Adhika-Vaikasi</b>		

**Wednesday, June 13, 2018**

		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
		Krittika/Mrigashira Nakshatra Shula* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Sun 14 Sutra 59
	<b>Gulika</b>	<b>9:59AM – 12:18PM</b>	<b>Krittika Until 8:47PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 3:00AM</i>	Vilamba 5120
Vrishabha Rasi: 19.27		<b>Yama</b>	<b>5:20AM – 7:39AM</b>	<b>Muruga: White</b>	<i>Sunset: 9:36PM</i>	Moon 5 - Phase 8
		<b>Rahu</b>	<b>12:18PM – 2:38PM</b>	<b>Nataraja: White</b>		Amavasya
Creative Work	Siddha Yoga		<b>Catuspada Until 6:63AM Thu</b>	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>
			<b>Amavasya* Until 4:43AM Wed</b>	<b>Jyeshtha Adhika-Vaikasi</b>		

**Thursday, June 14, 2018**

		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
		Rohini/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 60
	<b>Gulika</b>	<b>7:39AM – 9:59AM</b>	<b>Rohini Until 5:16PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 3:00AM</i>	Vilamba 5120
Mithuna Rasi: 4.23		<b>Yama</b>	<b>3:00AM – 5:19AM</b>	<b>Muruga: White</b>	<i>Sunset: 9:37PM</i>	Moon 5 - Phase 8
		<b>Rahu</b>	<b>2:38PM – 4:58PM</b>	<b>Nataraja: White</b>		Prathama
Routine Work	Marana Yoga		<b>Kintughna Until 3:31AM Fri</b>	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>
			<b>Prathama* Until 12:52AM Thu</b>	<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

1

Friday, June 15, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam  
Mrigashira/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Oslo, Norway

Mithuna Rasi: 19.25 Tithi 2 - 3

Gulika 5:19AM - 7:39AM  
Yama 4:58PM - 7:18PM  
Rahu 9:59AM - 12:19PMMrigashira Until 1:44PM  
Vriddhi Until 6:46AM  
Taitila Until 11:62PM  
Dvitiya Until 8:53PMGanesha: Clear Sunrise: 2:59AM  
Muruga: White Sunset: 9:38PM  
Nataraja: White  
Moon - Yellow  
Jyeshtha-AniSun 16 Sutra 61  
Vilamba 5120  
Moon 5 - Phase 9  
3rd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

2

Saturday, June 16, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam  
Ardra/Pushya Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Oslo, Norway

Kataka Rasi: 4.24 Tithi 3 - 4

Gulika 2:59AM - 5:19AM  
Yama 2:39PM - 4:59PM  
Rahu 7:39AM - 9:59AMArdra Until 10:20AM  
Dhruva Until 1:51AM Sun  
Vanija Until 8:44PM  
Tritiya Until 13:05AM SatGanesha: Orange Sunrise: 2:59AM  
Muruga: White Sunset: 9:39PM  
Nataraja: White  
Moon - Blue  
Jyeshtha-AniSun 17 Sutra 62  
Vilamba 5120  
Moon 5 - Phase 9  
3rd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 10:20AM

Then Routine Work - Marana Yoga

3

Sunday, June 17, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Kataka Rasi: 19.11 Tithi 4 - 5

Gulika 4:59PM - 7:19PM  
Yama 12:19PM - 2:39PM  
Rahu 7:19PM - 9:39PMPushya Until 7:11AM  
Vyaghata\* Until 11:40PM  
Bava Until 5:46PM  
Chaturthi\* Until 9:28AM SunGanesha: Orange Sunrise: 2:59AM  
Muruga: White Sunset: 9:39PM  
Nataraja: White  
Moon - Blue  
Jyeshtha-AniSun 18 Sutra 63  
Vilamba 5120  
Moon 5 - Phase 9  
3rd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 7:11AM

Then Routine Work - Marana Yoga

4

Monday, June 18, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Harshana/Vajra\* Yoga Kaulava/Gara Karana Shashthiyam Titau

Oslo, Norway

Simha Rasi: 3.42 Tithi 6

Gulika 2:39PM - 5:00PM  
Yama 9:59AM - 12:19PM  
Rahu 5:19AM - 7:39AMAshlesha\* Until 2:09AM Tue  
Harshana Until 10:14PM  
Kaulava Until 13:15AM Tue  
Shashthi\* Until 6:13AM MonGanesha: Green Sunrise: 2:59AM  
Muruga: White Sunset: 9:40PM  
Nataraja: White  
Moon - Red  
Jyeshtha-AniSun 19 Sutra 64  
Vilamba 5120  
Moon 5 - Phase 9  
3rd Phase

Devaloka Day

Family Home Evening  
Routine Work Marana Yoga

Until 2:09AM Tue

Then Creative Work - Siddha Yoga

5

Tuesday, June 19, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Siddhi Yoga Gara/Visti\* Karana Saptamyam Titau

Oslo, Norway

Simha Rasi: 17.52 Tithi 7

Gulika 12:19PM - 2:40PM  
Yama 7:39AM - 9:59AM  
Rahu 5:00PM - 7:20PMMagha\* Until 12:27AM Wed  
Siddhi Until 9:12PM  
Gara Until 11:49AM Wed  
Saptami Until 3:20AM TueGanesha: Green Sunrise: 2:59AM  
Muruga: White Sunset: 9:40PM  
Nataraja: White  
Moon - Red  
Jyeshtha-AniSun 20 Sutra 65  
Vilamba 5120  
Moon 5 - Phase 9  
3rd Phase

Devaloka Day

Creative Work Siddha Yoga

Until 12:27AM Wed

Then Creative Work - Amrita Yoga

6

Wednesday, June 20, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata\* Yoga Visti\*/Balava Karana Ashtamyam Titau

Oslo, Norway

Kanya Rasi: 1.4 Tithi 8

Gulika 9:59AM - 12:20PM  
Yama 5:19AM - 7:39AM  
Rahu 12:20PM - 2:40PMPurvaphalguni Until 11:19PM  
Vyatipata\* Until 8:36PM  
Visti Until 11:00AM Thu  
Ashtami\* Until 12:55AM WedGanesha: Green Sunrise: 2:59AM  
Muruga: White Sunset: 9:41PM  
Nataraja: White  
Moon - Red  
Jyeshtha-AniSun 21 Sutra 66  
Vilamba 5120  
Moon 5 - Phase 9  
Ashtami

Devaloka Day

Creative Work Amrita Yoga

Until 11:19PM

Then Routine Work - Marana Yoga

Thursday, June 21, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Variyan Yoga Balava/Taitila Karana Navamyam Titau

Oslo, Norway

Kanya Rasi: 15.08 Tithi 9

Gulika 7:39AM - 10:00AM  
Yama 2:59AM - 5:19AM  
Rahu 2:40PM - 5:00PMUttaraphalguni Until 10:47PM  
Variyan Until 8:54PM  
Balava Until 10:45AM Fri  
Navami\* Until 11:01PMGanesha: Red Sunrise: 2:59AM  
Muruga: White Sunset: 9:41PM  
Nataraja: White  
Moon - Green  
Jyeshtha-AniSun 22 Sutra 67  
Vilamba 5120  
Moon 5 - Phase 9  
Navami

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 10:47PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha* Yoga Tailila/Vanija Karana Dashamyam Titau				Oslo, Norway Sun 23
	Kanya Rasi: 28.16	Titithi 10	<b>Gulika</b> 5:19AM – 7:40AM	<b>Hasta</b> Until 10:49PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 2:59AM	Sutra 68 Vilamba 5120
			Yama 5:01PM – 7:21PM	Parigha* Until 9:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	361132361	<b>Rahu</b> 10:00AM – 12:20PM	Creative Work	Siddha Yoga	Nataraja: White	Moon – Green	4th Phase
			<b>Dashami</b> Until 9:33PM	<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	

<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Shiva Yoga Vanija/Bava Karana Ekadashyam Titau				Oslo, Norway Sun 24
	Tula Rasi: 11.08	Titithi 11	<b>Gulika</b> 2:59AM – 5:20AM	<b>Chitra</b> Until 11:21PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 2:59AM	Sutra 69 Vilamba 5120
			Yama 2:40PM – 5:01PM	Shiva Until 10:38PM	<b>Muruga:</b> White	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	361132361	<b>Rahu</b> 7:40AM – 10:00AM	Creative Work	Siddha Yoga	Nataraja: White	Moon – Green	4th Phase
			Vanija Until 11:50AM Sun	<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
			<b>Ekadashi</b> Until 8:32PM				

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Siddha Yoga Bava/Kaulava Karana Dvadashyam Titau				Oslo, Norway Sun 25
	Tula Rasi: 23.45	Titithi 12	<b>Gulika</b> 5:01PM – 7:21PM	<b>Svati</b> Until 12:23AM Mon	<b>Ganesh:</b> Red	<i>Sunrise:</i> 3:00AM	Sutra 70 Vilamba 5120
			Yama 12:20PM – 2:41PM	Siddha Until 12:28AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 7:21PM – 9:41PM	Routine Work	Marana Yoga	Nataraja: White	Moon – Orange	4th Phase
			Bava Until 12:65AM Mon	<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	
			<b>Dvadashi</b> Until 7:58PM				
						Until 12:23AM Mon Then Creative Work - Siddha Yoga	

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya Yoga Kaulava/Gara Karana Trayodashyam Titau				Oslo, Norway Sun 26
	Vrischika Rasi: 6.1	Titithi 13	<b>Gulika</b> 2:41PM – 5:01PM	<b>Vishakha</b> Until 1:50AM Tue	<b>Ganesh:</b> Red	<i>Sunrise:</i> 3:00AM	Sutra 71 Vilamba 5120
			Yama 10:01AM – 12:21PM	Sadhya Until 2:33AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 5:20AM – 7:40AM	Family Home Evening	Kaulava Until 14:44AM Tue	Nataraja: White	Moon – Orange	4th Phase
			Trayodashi Until 7:45PM	<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	
						Until 1:50AM Tue Then Routine Work - Marana Yoga	

*Pradosha Vrata*

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Gara/Visti* Karana Chaturdashyam Titau				Oslo, Norway Sun 27
	Vrischika Rasi: 18.24	Titithi 14	<b>Gulika</b> 12:21PM – 2:41PM	<b>Anuradha</b> Until 3:40AM Wed	<b>Ganesh:</b> Red	<i>Sunrise:</i> 3:01AM	Sutra 72 Vilamba 5120
			Yama 7:41AM – 10:01AM	Subha Until 4:51AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	371142361	<b>Rahu</b> 5:01PM – 7:21PM	Routine Work	Gara Until 16:45AM Wed	Nataraja: White	Moon – Orange	4th Phase
			<b>Chaturdashi*</b> Until 7:52PM	<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	
						Until 5:51AM Thu Then Creative Work - Siddha Yoga	

<b>○</b>	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Visti*/Balava Karana Purnimayam Titau				Oslo, Norway Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:01AM – 12:21PM	<b>Jyeshtha*</b> Until 5:51AM Thu	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 3:01AM	Sutra 73 Vilamba 5120
	Dhanus Rasi: 0.29	Titithi 15	Yama 5:21AM – 7:41AM	Sukla Until 7:48AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:41PM	Moon 5 - Phase 10
	381142361	<b>Rahu</b> 12:21PM – 2:41PM	Routine Work	Visti Until 18:63AM Thu	Nataraja: White	Moon – Light Blue	Purnima
			<b>Purnima*</b> Until 8:20PM	<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Until 5:51AM Thu Then Creative Work - Siddha Yoga	

Devaloka Time: 12:PM to 3:PM

<b>○</b>	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava/Tailita Karana Prathamayam Titau				Oslo, Norway Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:42AM – 10:01AM	<b>Mula*</b> Until 8:16AM Fri	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 3:02AM	Sutra 74 Vilamba 5120
	Dhanus Rasi: 12.26	Titithi 16	Yama 3:02AM – 5:22AM	Brahma Until 7:48AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:40PM	Moon 5 - Phase 10
	381142361	<b>Rahu</b> 2:41PM – 5:01PM	Creative Work	Balava Until 21:34AM Fri	Nataraja: White	Moon – Light Blue	Prathama
			<b>Prathama*</b> Until 9:01PM	<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Until 8:16AM Fri Then Routine Work - Prabalarishta Yoga	

Devaloka Time: 12:PM to 3:PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

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**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Oslo, Norway

Dhanus Rasi: 24.17 Tihi 16 – 17

**Gulika** 5:23AM – 7:42AM  
**Yama** 5:01PM – 7:20PM  
**Rahu** 10:02AM – 12:21PM

**Mula\* Until 8:16AM**  
Indra Until 10:49AM  
Taitila Until 9:34PM  
**Prathama\* Until 9:57PM**

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

*Sunrise:* 3:03AM  
*Sunset:* 9:40PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Prabalarishta Yoga  
Until 8:16AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway

Makara Rasi: 6.05 Tihi 17 – 18

**Gulika** 3:04AM – 5:23AM  
**Yama** 2:41PM – 5:00PM  
**Rahu** 7:43AM – 10:02AM

**Purvashadha\* Until 10:51AM**  
Vaidhriti\* Until 1:47PM  
Vanija Until 11:70PM  
**Dvitiya Until 11:02PM**

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

*Sunrise:* 3:04AM  
*Sunset:* 9:39PM

Sun 1  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 10:51AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha\*/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Oslo, Norway

Makara Rasi: 17.52 Tihi 18 – 19

**Gulika** 5:00PM – 7:19PM  
**Yama** 12:22PM – 2:41PM  
**Rahu** 7:19PM – 9:39PM

**Uttarashadha Until 1:26PM**  
Vishkambha\* Until 5:06PM  
Bava Until 2:43AM Mon  
**Tritiya Until 12:09AM Sun**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 3:05AM  
*Sunset:* 9:39PM

Sun 2  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 1:26PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Makara Rasi: 29.41 Tihi 19 – 20

**Gulika** 2:41PM – 5:00PM  
**Yama** 10:03AM – 12:22PM  
**Rahu** 5:25AM – 7:44AM

**Shravana Until 3:53PM**  
Priti Until 8:05PM  
Kaulava Until 4:61AM Tue  
**Chaturthi\* Until 1:14AM Mon**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 3:06AM  
*Sunset:* 9:38PM

Sun 3  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Taitila/Gara Karana Panchamyam Titau

Oslo, Norway

Kumbha Rasi: 11.35 Tihi 20

**Gulika** 12:22PM – 2:41PM  
**Yama** 7:45AM – 10:03AM  
**Rahu** 5:00PM – 7:18PM

**Dhanishtha Until 6:00PM**  
Ayushman Until 10:34PM  
Gara Until 6:55AM Wed  
**Panchami Until 2:10AM Tue**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 3:07AM  
*Sunset:* 9:37PM

Sun 4  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Visti\* Karana Shashthyam Titau

Oslo, Norway

Kumbha Rasi: 23.4 Tihi 21

**Gulika** 10:04AM – 12:22PM  
**Yama** 5:27AM – 7:45AM  
**Rahu** 12:22PM – 2:41PM

**Shatabhishak Until 7:38PM**  
Saubhagya Until 12:53AM Thu  
Gara Until 7:75AM Thu  
**Shashthi\* Until 2:46AM Wed**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 3:08AM  
*Sunset:* 9:36PM

Sun 5  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 7:38PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Balava Karana Saptamyam Titau

Oslo, Norway

Meena Rasi: 5.58 Tihi 22

**Gulika** 7:46AM – 10:04AM  
**Yama** 3:09AM – 5:28AM  
**Rahu** 2:41PM – 4:59PM

**Purvaproshtapada\* Until 8:38PM**  
Sobhana Until 2:23AM Fri  
Visti Until 8:53AM Fri  
**Saptami Until 2:58AM Thu**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 3:09AM  
*Sunset:* 9:35PM

Sun 6  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Friday, July 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Athiganda\* Yoga Balava/Taitila Karana Ashtamyam Titau

Oslo, Norway

Meena Rasi: 18.34 Tihi 23

**Gulika** 5:29AM – 7:47AM  
**Yama** 4:58PM – 7:16PM  
**Rahu** 10:05AM – 12:23PM

**Uttaraproshtapada Until 8:54PM**  
Athiganda\* Until 2:59AM Sat  
Balava Until 8:44AM Sat  
**Ashtami\* Until 2:39AM Fri**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 3:11AM  
*Sunset:* 9:34PM

Sun 7  
Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work Siddha Yoga  
Until 8:54PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma Yoga Taitila/Vanija Karana Navamyam Titau

Oslo, Norway

Mesha Rasi: 1.33 Tihi 24

**Gulika** 3:12AM – 5:30AM  
**Yama** 2:40PM – 4:58PM  
**Rahu** 7:47AM – 10:05AM

**Revati Until 8:21PM**  
Sukarma Until 3:07AM Sun  
Taitila Until 7:48AM Sun  
**Navami\* Until 1:43AM Sat**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** White  
Moon – White  
**Jyeshtha-Ani**

*Sunrise:* 3:12AM  
*Sunset:* 9:33PM

Sun 8  
Vilamba 5120  
Moon 6 - Phase 11  
Navami

Creative Work Siddha Yoga

**Devaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Bava Karana Dashamyam Titau						Sun 9 Sutra 84
Mesha Rasi: 14.58	Tithi 25	<b>Gulika</b> 4:58PM – 7:15PM	<b>Ashvini</b> Until 7:01PM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 3:14AM	Vilamba 5120	
		Yama 12:23PM – 2:40PM	Dhriti Until 2:18AM Mon	<b>Muruga:</b> Clear <i>Sunset:</i> 9:32PM	Moon 6 - Phase 12	
	422242361	<b>Rahu</b> 7:15PM – 9:32PM	Vanija Until 6:05AM Mon	<b>Nataraja:</b> White	2nd Phase	
Routine Work	Prabalarishta Yoga				<b>Devaloka Day</b>	
Until 7:01PM					Moon – White	
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Ani</b>	

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
Bharani/Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau						Sun 10 Sutra 85
Mesha Rasi: 28.49	Tithi 26 – 27	<b>Gulika</b> 2:40PM – 4:57PM	<b>Bharani</b> Until 4:57PM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 3:15AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:06AM – 12:23PM	Shula* Until 12:40AM Tue	<b>Muruga:</b> Clear <i>Sunset:</i> 9:31PM	Moon 6 - Phase 12	
	422242361	<b>Rahu</b> 5:32AM – 7:49AM	Bava Until 3:41AM Tue	<b>Nataraja:</b> White	2nd Phase	
Routine Work	Marana Yoga				<b>Devaloka Day</b>	
Until 4:57PM					Moon – White	
Then Creative Work - Amrita Yoga					<b>Jyeshtha-Ani</b>	

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau						Sun 11 Sutra 86
Vrishabha Rasi: 13.07	Tithi 27 – 28	<b>Gulika</b> 12:23PM – 2:40PM	<b>Krittika</b> Until 2:15PM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 3:17AM	Vilamba 5120	
		Yama 7:50AM – 10:06AM	Ganda* Until 10:44PM	<b>Muruga:</b> Clear <i>Sunset:</i> 9:30PM	Moon 6 - Phase 12	
	422242361	<b>Rahu</b> 4:56PM – 7:13PM	Gara Until 12:44AM Wed	<b>Nataraja:</b> White	2nd Phase	
Creative Work	Amrita Yoga				<b>Bhuloka Day</b>	
Until 2:15PM					Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Ani</b>	
<i>Pradosha Vrata (Fasting)</i>						

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
Rohini/Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau						Sun 12 Sutra 87
Vrishabha Rasi: 27.49	Tithi 28 – 29	<b>Gulika</b> 10:07AM – 12:23PM	<b>Rohini</b> Until 11:04AM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 3:18AM	Vilamba 5120	
		Yama 5:34AM – 7:51AM	Vriddhi Until 8:12PM	<b>Muruga:</b> Clear <i>Sunset:</i> 9:28PM	Moon 6 - Phase 12	
	422242361	<b>Rahu</b> 12:23PM – 2:39PM	Visti Until 9:22PM	<b>Nataraja:</b> White	2nd Phase	
Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	
Until 2:15PM					Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Ani</b>	
<b>Trayodashi* Until 12:11AM Wed</b>						

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Oslo, Norway
<b>Retreat Star</b>		Mrigashira/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 88
Mithuna Rasi: 12.48	Tithi 29 – 30	<b>Gulika</b> 7:52AM – 10:07AM	<b>Mrigashira</b> Until 7:33AM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 3:20AM	Vilamba 5120	
		Yama 3:20AM – 5:36AM	Dhruva Until 5:17PM	<b>Muruga:</b> Clear <i>Sunset:</i> 9:27PM	Moon 6 - Phase 12	
	422242361	<b>Rahu</b> 2:39PM – 4:55PM	Catuspada Until 5:43PM	<b>Nataraja:</b> White	Amavasya	
Routine Work	Marana Yoga				<b>Bhuloka Day</b>	
Until 7:33AM					Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga					<b>Jyeshtha-Ani</b>	

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
<b>Retreat Star</b>		Ardra/Pushya Nakshatra Harshana Yoga Kintughna*/Balava Karana Prathamayam Titau				Sun 14 Sutra 89
Mithuna Rasi: 27.57	Tithi 1	<b>Gulika</b> 5:37AM – 7:53AM	<b>Ardra</b> Until 12:05AM Sat	<b>Ganesh:</b> Purple <i>Sunrise:</i> 3:22AM	Vilamba 5120	
		Yama 4:54PM – 7:10PM	Harshana Until 2:30PM	<b>Muruga:</b> Clear <i>Sunset:</i> 9:25PM	Moon 6 - Phase 12	
	422242361	<b>Rahu</b> 10:08AM – 12:23PM	Kintughna Until 10:16AM Sat	<b>Nataraja:</b> White	Prathama	
Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	
Until 7:33AM					Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga					<b>Ashada-Ani</b>	
<b>Prathama* Until 4:04AM Fri</b>						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Vajra* Yoga Balava/Tailila Karana Dvitiyayam Titau		Oslo, Norway Sun 15 Sutra 90	
Kataka Rasi: 13.07	Tithi 2	<b>Gulika</b>	3:23AM – 5:38AM	<b>Punarvasu</b> Until 8:28PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:23AM	Vilamba 5120		
		Yama	2:39PM – 4:54PM	Vajra* Until 11:38AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:24PM	Moon 6 - Phase 13		
		442242361 <b>Rahu</b>	7:53AM – 10:09AM	Balava Until 6:46AM Sun	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga			<b>Dvitiya</b> Until 11:55PM	Moon – Blue		<b>Bhuloka Day</b>		
Until 8:28PM					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, July 15, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Vanija Karana Tritiya/Chaturthiyam Titau		Oslo, Norway Sun 16 Sutra 91	
Kataka Rasi: 28.08	Tithi 3 – 4	<b>Gulika</b>	4:53PM – 7:08PM	<b>Pushya</b> Until 5:07PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:25AM	Vilamba 5120		
		Yama	12:24PM – 2:38PM	Siddhi Until 8:51AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:22PM	Moon 6 - Phase 13		
		442242361 <b>Rahu</b>	7:08PM – 9:22PM	Tailila Until 3:37AM Mon	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga			<b>Tritiya</b> Until 7:51PM	Moon – Blue		<b>Bhuloka Day</b>		
Until 5:07PM					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Monday, July 16, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 17 Sutra 92	
Simha Rasi: 12.53	Tithi 4 – 5	<b>Gulika</b>	2:38PM – 4:52PM	<b>Ashlesha*</b> Until 2:12PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:27AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama	10:10AM – 12:24PM	Vyatipata* Until 6:43AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:20PM	Moon 6 - Phase 13		
		453242361 <b>Rahu</b>	5:41AM – 7:55AM	Bava Until 12:57AM Tue	<b>Nataraja:</b> White		3rd Phase		
Routine Work	Marana Yoga			<b>Chaturthi*</b> Until 12:34AM Mon	Moon – Red		<b>Bhuloka Day</b>		
Until 2:12PM					<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Tuesday, July 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Oslo, Norway Sun 18 Sutra 93	
Simha Rasi: 27.17	Tithi 5 – 6	<b>Gulika</b>	12:24PM – 2:38PM	<b>Magha*</b> Until 11:49AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:29AM	Vilamba 5120		
		Yama	7:56AM – 10:10AM	Variyan Until 3:39AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:19PM	Moon 6 - Phase 13		
		453242362 <b>Rahu</b>	4:51PM – 7:05PM	Kaulava Until 10:53PM	<b>Nataraja:</b> Clear		3rd Phase		
Creative Work	Amrita Yoga			<b>Panchami</b> Until 9:31AM Tue	Moon – Red		<b>Devaloka Day</b>		
Until 11:49AM					<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Wednesday, July 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 19 Sutra 94	
Kanya Rasi: 11.15	Tithi 6 – 7	<b>Gulika</b>	10:11AM – 12:24PM	<b>Uttaraphalguni</b> Until 10:06AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:31AM	Vilamba 5120		
		Yama	5:44AM – 7:57AM	Parigha* Until 3:20AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:17PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b>	12:24PM – 2:37PM	Gara Until 9:31PM	<b>Nataraja:</b> Clear		3rd Phase		
Routine Work	Marana Yoga			<b>Shashthi*</b> Until 7:01AM Wed	Moon – Green		<b>Sivaloka Day</b>		
Until 10:06AM					<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Oslo, Norway Sun 20 Sutra 95	
Kanya Rasi: 24.48	Tithi 7 – 8	<b>Gulika</b>	7:58AM – 10:11AM	<b>Hasta</b> Until 9:05AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:33AM	Vilamba 5120		
		Yama	3:33AM – 5:46AM	Siddha Until 3:37AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:15PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b>	2:37PM – 4:50PM	Visti Until 8:52PM	<b>Nataraja:</b> Clear		Ashtami		
Creative Work	Siddha Yoga			<b>Saptami</b> Until 5:06AM Thu	Moon – Green		<b>Sivaloka Day</b>		
Until 9:05AM					<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga									

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Oslo, Norway Sun 21 Sutra 96	
Tula Rasi: 7.57	Tithi 8 – 9	<b>Gulika</b>	5:47AM – 7:59AM	<b>Chitra</b> Until 8:48AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:35AM	Vilamba 5120		
		Yama	4:49PM – 7:01PM	Sadhya Until 4:26AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:13PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b>	10:12AM – 12:24PM	Balava Until 8:57PM	<b>Nataraja:</b> Clear		Navami		
Creative Work	Siddha Yoga			<b>Ashtami*</b> Until 3:45AM Fri	Moon – Green		<b>Sivaloka Day</b>		
					<b>Ashada*Adi</b>				

<b>1</b>		<b>Saturday, July 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Oslo, Norway Sun 22 Sutra 97	
Tula Rasi: 20.44	Tithi 9 – 10	<b>Gulika</b>	<b>3:37AM – 5:49AM</b>	<b>Svati Until 9:13AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 3:37AM		Vilamba 5120	
		Yama	2:36PM – 4:48PM	Subha Until 6:12AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:11PM		Moon 6 - Phase 14	
Creative Work	Siddha Yoga	473242362 <b>Rahu</b>	<b>8:00AM – 10:12AM</b>	Tailila Until 9:42PM	<b>Nataraja:</b> Clear			4th Phase	<b>Devaloka Day</b>
				<b>Navami* Until 2:58AM Sat</b>	Moon – Orange				
					<b>Ashada*Adi</b>				


<b>2</b>		<b>Sunday, July 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Oslo, Norway Sun 23 Sutra 98	
Vrischika Rasi: 3.13	Tithi 10 – 11	<b>Gulika</b>	<b>4:47PM – 6:58PM</b>	<b>Vishakha Until 11:52AM Mon</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 3:39AM		Vilamba 5120	
		Yama	12:24PM – 2:35PM	Sukla Until 6:12AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:09PM		Moon 6 - Phase 14	
Routine Work	Marana Yoga	473242362 <b>Rahu</b>	<b>6:58PM – 9:09PM</b>	Vanija Until 10:62PM	<b>Nataraja:</b> Clear			4th Phase	<b>Devaloka Day</b>
				<b>Dashami Until 2:44AM Sun</b>	Moon – Orange				
					<b>Ashada*Adi</b>				


<b>3</b>		<b>Monday, July 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 24 Sutra 99	
Vrischika Rasi: 15.28	Tithi 11 – 12	<b>Gulika</b>	<b>2:35PM – 4:46PM</b>	<b>Vishakha Until 11:52AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 3:41AM		Vilamba 5120	
<b>Family Home Evening</b>		Yama	10:13AM – 12:24PM	Brahma Until 8:20AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:07PM		Moon 6 - Phase 14	
Creative Work	Siddha Yoga	473242362 <b>Rahu</b>	<b>5:52AM – 8:03AM</b>	Bava Until 12:52AM Tue	<b>Nataraja:</b> Clear			4th Phase	<b>Devaloka Day</b>
				<b>Ekadashi Until 2:54AM Mon</b>	Moon – Orange				
					<b>Ashada*Adi</b>				

<b>4</b>		<b>Tuesday, July 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 25 Sutra 100	
Vrischika Rasi: 27.32	Tithi 12 – 13	<b>Gulika</b>	<b>12:24PM – 2:34PM</b>	<b>Anuradha Until 1:54PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 3:43AM		Vilamba 5120	
		Yama	8:04AM – 10:14AM	Indra Until 10:45AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:05PM		Moon 6 - Phase 14	
Routine Work	Marana Yoga	473242362 <b>Rahu</b>	<b>4:45PM – 6:55PM</b>	Kaulava Until 2:63AM Wed	<b>Nataraja:</b> Clear			4th Phase	<b>Devaloka Day</b>
Until 1:54PM				<b>Dvadashi Until 3:26AM Tue</b>	Moon – Orange				
Then Creative Work - Amrita Yoga					<b>Ashada*Adi</b>				
					<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, July 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 26 Sutra 101	
Dhanus Rasi: 9.28	Tithi 13 – 14	<b>Gulika</b>	<b>10:14AM – 12:24PM</b>	<b>Jyeshtha* Until 4:14PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 3:45AM		Vilamba 5120	
		Yama	5:55AM – 8:05AM	Vaidhriti* Until 1:48PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:03PM		Moon 6 - Phase 14	
Routine Work	Marana Yoga	483342362 <b>Rahu</b>	<b>12:24PM – 2:34PM</b>	Gara Until 5:30AM Thu	<b>Nataraja:</b> Clear			4th Phase	<b>Sivaloka Day</b>
Until 4:14PM				<b>Trayodashi Until 4:16AM Wed</b>	Moon – Light Blue				
Then Creative Work - Amrita Yoga					<b>Ashada*Adi</b>				

<b>6</b>		<b>Thursday, July 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Uttarashadha Nakshatra Vishkamba* Yoga Vanija/Visti* Karana Chaturdashyam Titau		Oslo, Norway Sun 27 Sutra 102	
Dhanus Rasi: 21.18	Tithi 14	<b>Gulika</b>	<b>8:06AM – 10:15AM</b>	<b>Mula* Until 6:46PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 3:48AM		Vilamba 5120	
		Yama	3:48AM – 5:57AM	Vishkamba* Until 7:52PM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 9:01PM		Moon 6 - Phase 14	
Creative Work	Siddha Yoga	483342362 <b>Rahu</b>	<b>2:33PM – 4:42PM</b>	Visti Until 7:65AM Fri	<b>Nataraja:</b> Clear			4th Phase	<b>Sivaloka Day</b>
Until 6:46PM				<b>Chaturdashi* Until 5:15AM Thu</b>	Moon – Light Blue				
Then Routine Work - Marana Yoga					<b>Ashada*Adi</b>				

		<b>Friday, July 27, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkamba*/Priti Yoga Visti*/Balava Karana Purnimayam Titau		Oslo, Norway Sutra 103	
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>5:58AM – 8:07AM</b>	<b>Purvashadha* Until 9:21PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 3:50AM		Vilamba 5120	
Makara Rasi: 3.06	Tithi 15	Yama	4:41PM – 6:50PM	Vishkamba* Until 7:52PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:59PM		Moon 6 - Phase 14	
Routine Work	Marana Yoga	483342362 <b>Rahu</b>	<b>10:16AM – 12:24PM</b>	Visti Until 10:39AM Sat	<b>Nataraja:</b> Clear			Purnima	<b>Sivaloka Day</b>
				<b>Purnima* Until 6:21AM Fri</b>	Moon – Light Blue				
					<b>Ashada*Adi</b>				
					<b>Total Lunar Eclipse</b>				
					<b>Satguru Purnima</b>				

		<b>Saturday, July 28, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Balava/Tailila Karana Prathamayam Titau		Oslo, Norway Sutra 104	
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>3:52AM – 6:00AM</b>	<b>Uttarashadha Until 11:53PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 3:52AM		Vilamba 5120	
Makara Rasi: 14.53	Tithi 16	Yama	2:32PM – 4:40PM	Priti Until 11:08PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:56PM		Moon 6 - Phase 14	
Creative Work	Siddha Yoga	493342362 <b>Rahu</b>	<b>8:08AM – 10:16AM</b>	Balava Until 12:66AM Sun	<b>Nataraja:</b> Clear			Prathama	<b>Devaloka Day</b>
				<b>Prathama* Until 7:29AM Sat</b>	Moon – Purple				
					<b>Ashada*Adi</b>				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Tailila/Vanija Karana Dvitiyayam Titau

Oslo, Norway  
Sun 1 Sutra 105  
Vilamba 5120

Makara Rasi: 26.43    Tiithi 17

**Gulika** 4:39PM – 6:46PM  
**Yama** 12:24PM – 2:32PM  
**Rahu** 6:46PM – 8:54PM

**Shravana Until 2:14AM Mon**  
**Ayushman Until 2:03AM Mon**  
**Tailila Until 15:19AM Mon**  
**Dvitiya Until 8:29AM Sun**

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

*Sunrise:* 3:54AM  
*Sunset:* 8:54PM

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 2:14AM Mon  
Then Creative Work - Siddha Yoga

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Bava Karana Tritiyayam Titau

Oslo, Norway  
Sun 2 Sutra 106  
Vilamba 5120

Kumbha Rasi: 8.37    Tiithi 18

**Gulika** 2:31PM – 4:38PM  
**Yama** 10:17AM – 12:24PM  
**Rahu** 6:03AM – 8:10AM

**Dhanishtha Until 4:17AM Tue**  
**Saubhagya Until 4:32AM Tue**  
**Vanija Until 16:71AM Tue**  
**Tritiya Until 9:20AM Mon**

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

*Sunrise:* 3:56AM  
*Sunset:* 8:52PM

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Family Home Evening  
Creative Work    Siddha Yoga  
Until 4:17AM Tue  
Then Routine Work - Marana Yoga

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaprossthapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava/Kaulava Karana Chaturthayam Titau

Oslo, Norway  
Sun 3 Sutra 107  
Vilamba 5120

Kumbha Rasi: 20.39    Tiithi 19

**Gulika** 12:24PM – 2:30PM  
**Yama** 8:11AM – 10:18AM  
**Rahu** 4:37PM – 6:43PM

**Shatabhishak Until 5:56AM Wed**  
**Sobhana Until 6:57AM Wed**  
**Bava Until 18:36AM Wed**  
**Chaturthi\* Until 9:58AM Tue**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

*Sunrise:* 3:59AM  
*Sunset:* 8:49PM

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 5:56AM Wed  
Then Creative Work - Siddha Yoga

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Gara Karana Panchamyam Titau

Oslo, Norway  
Sun 4 Sutra 108  
Vilamba 5120

Meena Rasi: 2.5    Tiithi 20

**Gulika** 10:18AM – 12:24PM  
**Yama** 6:07AM – 8:12AM  
**Rahu** 12:24PM – 2:30PM

**Purvaprossthapada\* Until 7:06AM Thu**  
**Athiganda\* Until 6:57AM**  
**Kaulava Until 19:29AM Thu**  
**Panchami Until 10:14AM Wed**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

*Sunrise:* 4:01AM  
*Sunset:* 8:47PM

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 7:06AM Thu  
Then Creative Work - Siddha Yoga

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprossthapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway  
Sun 5 Sutra 109  
Vilamba 5120

Meena Rasi: 15.14    Tiithi 20 – 21

**Gulika** 8:14AM – 10:19AM  
**Yama** 4:03AM – 6:08AM  
**Rahu** 2:29PM – 4:34PM

**Purvaprossthapada\* Until 7:06AM**  
**Sukarma Until 8:43AM**  
**Gara Until 7:29PM**  
**Panchami Until 10:07AM Thu**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

*Sunrise:* 4:03AM  
*Sunset:* 8:44PM

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprossthapada\*/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway  
Sun 6 Sutra 110  
Vilamba 5120

Meena Rasi: 27.53    Tiithi 21 – 22

**Gulika** 6:10AM – 8:15AM  
**Yama** 4:33PM – 6:37PM  
**Rahu** 10:19AM – 12:24PM

**Uttaraprossthapada Until 7:41AM**  
**Dhriti Until 9:46AM**  
**Visti Until 7:45PM**  
**Shashthi\* Until 9:34AM Fri**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

*Sunrise:* 4:06AM  
*Sunset:* 8:42PM

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 7:41AM  
Then Creative Work - Amrita Yoga

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava Karana Saptami/Ashtamyam Titau

Oslo, Norway  
Sun 7 Sutra 111  
Vilamba 5120

Mesha Rasi: 10.51    Tiithi 22 – 23

**Gulika** 4:08AM – 6:12AM  
**Yama** 2:28PM – 4:32PM  
**Rahu** 8:16AM – 10:20AM

**Revati Until 7:37AM**  
**Shula\* Until 10:30AM**  
**Bava Until 7:37AM**  
**Saptami Until 7:37AM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

*Sunrise:* 4:08AM  
*Sunset:* 8:40PM

Moon 7 - Phase 15  
Ashtami

**Sivaloka Day**

Creative Work    Siddha Yoga

**Sunday, August 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini/Krittika Nakshatra Ganda\*/Vridhi Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Oslo, Norway  
Sun 8 Sutra 112  
Vilamba 5120

Mesha Rasi: 24.1    Tiithi 23 – 24

**Gulika** 4:30PM – 6:34PM  
**Yama** 12:24PM – 2:27PM  
**Rahu** 6:34PM – 8:37PM

**Ashvini Until 6:53AM**  
**Ganda\* Until 10:24AM**  
**Tailila Until 5:76PM**  
**Ashtami\* Until 6:50AM Sun**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

*Sunrise:* 4:10AM  
*Sunset:* 8:37PM

Moon 7 - Phase 15  
Navami

**Sivaloka Day**

Routine Work    Prabalarishta Yoga  
Until 6:53AM  
Then Creative Work - Siddha Yoga


Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Monday, August 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Rohini Nakshatra Dhruva Yoga Vanija/Bava Karana Dashamyam Titau	Oslo, Norway Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 7.53	Tithi 25	<b>Gulika</b>	2:26PM – 4:29PM	<b>Bharani Until 3:24AM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:12AM	
<b>Family Home Evening</b>	424342362	Yama	10:21AM – 12:23PM	Dhruva Until 9:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:34PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	<b>Rahu</b>	6:15AM – 8:18AM	Vanija Until 13:70AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Until 3:24AM Tue				<b>Dashami Until 4:41AM Mon</b>	Moon – White		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashada•Adi</b>		

<b>2</b>		<b>Tuesday, August 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Mrigashira Nakshatra Vyaghata* Yoga Bava/Kaulava Karana Ekadashyam Titau	Oslo, Norway Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 22	Tithi 26	<b>Gulika</b>	12:23PM – 2:26PM	<b>Krittika Until 12:46AM Wed</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:15AM	
	434342362	Yama	8:19AM – 10:21AM	Vyaghata* Until 8:13AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:32PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	<b>Rahu</b>	4:28PM – 6:30PM	Bava Until 10:77AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Until 12:46AM Wed				<b>Ekadashi* Until 1:57AM Tue</b>	Moon – Yellow		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada•Adi</b>		

<b>3</b>		<b>Wednesday, August 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Ardra Nakshatra Harshana Yoga Kaulava/Gara Karana Dvodashyam Titau	Oslo, Norway Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 6.29	Tithi 27	<b>Gulika</b>	10:22AM – 12:23PM	<b>Rohini Until 9:40PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:17AM	
	434342362	Yama	6:19AM – 8:20AM	Harshana Until 6:16AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:29PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	<b>Rahu</b>	12:23PM – 2:25PM	Kaulava Until 8:00AM Thu	<b>Nataraja:</b> Clear		2nd Phase
				<b>Dvodashi* Until 10:47PM</b>	Moon – Yellow		<b>Devaloka Day</b>
					<b>Ashada•Adi</b>		

<b>4</b>		<b>Thursday, August 9, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Visti* Karana Trayodashyam Titau	Oslo, Norway Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 21.19	Tithi 28	<b>Gulika</b>	8:21AM – 10:22AM	<b>Mrigashira Until 6:14PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:19AM	
	444342362	Yama	4:19AM – 6:20AM	Vajra* Until 1:12AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:27PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	<b>Rahu</b>	2:24PM – 4:25PM	Gara Until 4:28AM Fri	<b>Nataraja:</b> Clear		2nd Phase
				<b>Trayodashi* Until 7:13PM</b>	Moon – Blue		<b>Devaloka Day</b>
					<b>Ashada•Adi</b>		
					<i>Pradosha Vrata (Fasting)</i>		

		<b>Friday, August 10, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Oslo, Norway Sun 13 Sutra 117 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	6:22AM – 8:22AM	<b>Punarvasu Until 2:37PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:22AM	
Kataka Rasi: 6.2	Tithi 29 – 30	Yama	4:24PM – 6:24PM	Siddhi Until 10:22PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:24PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b>	10:23AM – 12:23PM	Catuspada Until 12:48AM Sat	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga			<b>Chaturdashi* Until 11:18AM Fri</b>	Moon – Blue		<b>Devaloka Day</b>
					<b>Ashada•Adi</b>		

<b>Retreat Star</b>		<b>Saturday, August 11, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Oslo, Norway Sun 14 Sutra 118 Vilamba 5120
Kataka Rasi: 21.28	Tithi 30 – 1	<b>Gulika</b>	4:24AM – 6:24AM	<b>Pushya Until 10:57AM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:24AM	
	445342362	Yama	2:22PM – 4:22PM	Vyatipata* Until 7:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:21PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	<b>Rahu</b>	8:23AM – 10:23AM	Kintughna Until 8:70PM	<b>Nataraja:</b> Clear		Prathama
Until 10:57AM				<b>Amavasya* Until 7:12AM Sat</b>	Moon – Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Partial Solar Eclipse</b>			<b>Sravana•Adi</b>		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Oslo, Norway	
Simha Rasi: 6.31	Tithi 1 – 2	Gulika	4:21PM – 6:20PM	Ashlesha* Until 7:24AM	Ganesh: Clear	Sunrise: 4:27AM	Sun 15 Sutra 119
		Yama	12:23PM – 2:22PM	Parigha* Until 4:56PM	Muruga: Clear	Sunset: 8:19PM	Vilamba 5120
		455342362 Rahu	6:20PM – 8:19PM	Balava Until 5:44PM	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga			Prathama* Until 3:10AM Sun	Moon – Red		3rd Phase
Until 7:24AM					Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga							

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Vanija Karana Tritiyayam Titau				Oslo, Norway	
Simha Rasi: 21.23	Tithi 3	Gulika	2:21PM – 4:19PM	Magha* Until 1:16AM Tue	Ganesh: Clear	Sunrise: 4:29AM	Sun 16 Sutra 120
Family Home Evening		Yama	10:24AM – 12:22PM	Shiva Until 2:38PM	Muruga: Clear	Sunset: 8:16PM	Vilamba 5120
		455342362 Rahu	6:27AM – 8:26AM	Taitila Until 11:63AM Tue	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga			Tritiya Until 11:19PM	Moon – Red		3rd Phase
Until 1:16AM Tue					Sravana-Adi		Sivaloka Day
Then Creative Work - Amrita Yoga							

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraaphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthyam Titau				Oslo, Norway	
Kanya Rasi: 5.55	Tithi 4	Gulika	12:22PM – 2:20PM	Uttaraaphalguni Until 9:22PM Wed	Ganesh: Clear	Sunrise: 4:31AM	Sun 17 Sutra 121
		Yama	8:27AM – 10:25AM	Siddha Until 12:42PM	Muruga: Clear	Sunset: 8:13PM	Vilamba 5120
		455342362 Rahu	4:18PM – 6:16PM	Vanija Until 9:65AM Wed	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Amrita Yoga			Chaturthi* Until 7:49PM	Moon – Red		3rd Phase
Until 9:22PM Wed					Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga							

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraaphalguni/Chitra Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Panchamyam Titau				Oslo, Norway	
Kanya Rasi: 20.02	Tithi 5	Gulika	10:25AM – 12:22PM	Uttaraaphalguni Until 9:22PM	Ganesh: Purple	Sunrise: 4:34AM	Sun 18 Sutra 122
		Yama	6:31AM – 8:28AM	Sadhya Until 11:42AM	Muruga: Clear	Sunset: 8:11PM	Vilamba 5120
		465342362 Rahu	12:22PM – 2:19PM	Bava Until 8:52AM Thu	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga			Panchami Until 14:12AM Wed	Moon – Green		3rd Phase
Until 9:22PM		Nag Panchami			Sravana-Adi		Subha Sivaloka Day
Then Creative Work - Siddha Yoga							

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Svati Nakshatra Subha/Sukla Yoga Kaulava Karana Shashthyam Titau				Oslo, Norway	
Tula Rasi: 3.43	Tithi 6	Gulika	8:29AM – 10:25AM	Hasta Until 8:32PM	Ganesh: Purple	Sunrise: 4:36AM	Sun 19 Sutra 123
		Yama	4:36AM – 6:32AM	Subha Until 11:17AM	Muruga: Clear	Sunset: 8:08PM	Vilamba 5120
		465342362 Rahu	2:18PM – 4:15PM	Kaulava Until 8:52AM	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga			Shashthi* Until 8:32PM	Moon – Green		3rd Phase
Until 8:32PM					Sravana-Adi		Subha Sivaloka Day
Then Creative Work - Amrita Yoga							

6 Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Visiti* Karana Saptamyam Titau				Oslo, Norway	
Tula Rasi: 16.56	Tithi 7	Gulika	6:34AM – 8:30AM	Chitra Until 8:31PM	Ganesh: Clear	Sunrise: 4:38AM	Sun 20 Sutra 124
		Yama	4:13PM – 6:09PM	Sukla Until 11:30AM	Muruga: Clear	Sunset: 8:05PM	Vilamba 5120
		565342362 Rahu	10:26AM – 12:22PM	Gara Until 8:50AM Sat	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga			Saptami Until 11:00AM Fri	Moon – Green		3rd Phase
					Sravana-Avani		Sivaloka Day

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Balava Karana Ashtamyam Titau				Oslo, Norway	
Tula Rasi: 29.45	Tithi 8	Gulika	4:41AM – 6:36AM	Svati Until 9:17PM	Ganesh: Purple	Sunrise: 4:41AM	Sun 21 Sutra 125
		Yama	2:17PM – 4:12PM	Brahma Until 12:49PM	Muruga: Clear	Sunset: 8:02PM	Vilamba 5120
		575342362 Rahu	8:31AM – 10:26AM	Visiti Until 9:58AM Sun	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga			Ashtami* Until 10:21AM Sat	Moon – Orange		Ashtami
					Sravana-Avani		Subha Sivaloka Day

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Navamyam Titau				Oslo, Norway	
Vrischika Rasi: 12.13	Tithi 9	Gulika	4:10PM – 6:05PM	Vishakha Until 10:45PM	Ganesh: Clear	Sunrise: 4:43AM	Sun 22 Sutra 126
		Yama	12:21PM – 2:16PM	Indra Until 2:42PM	Muruga: Clear	Sunset: 7:59PM	Vilamba 5120
		575442362 Rahu	6:05PM – 7:59PM	Balava Until 11:44AM Mon	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga			Navami* Until 10:18AM Sun	Moon – Orange		Navami
					Sravana-Avani		Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Monday, August 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Vanija Karana Dashamyam Titau		Oslo, Norway Sun 23	Sutra 127 Vilamba 5120
Vrischika Rasi: 24.23	Tithi 10	<b>Gulika</b>	2:15PM – 4:09PM	<b>Anuradha Until 12:47AM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:45AM			
<b>Family Home Evening</b>	575442362	Yama	10:27AM – 12:21PM	Vaidhriti* Until 5:00PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:57PM	Moon 7 - Phase 18	4th Phase	
Creative Work		<b>Rahu</b>	6:39AM – 8:33AM	Tailila Until 13:58AM Tue	<b>Nataraja:</b> Clear				
Until 12:47AM Tue				<b>Dashami Until 10:42AM Mon</b>	Moon – Orange		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga					<b>Sravana-Avani</b>				

<b>2</b>		<b>Tuesday, August 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau		Oslo, Norway Sun 24	Sutra 128 Vilamba 5120
Dhanus Rasi: 6.23	Tithi 11	<b>Gulika</b>	12:21PM – 2:14PM	<b>Mula* Until 5:46AM Thu Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:48AM			
	586442362	Yama	8:34AM – 10:27AM	Vishkambha* Until 8:02PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:54PM	Moon 7 - Phase 18	4th Phase	
Creative Work		<b>Rahu</b>	4:07PM – 6:01PM	Vanija Until 1:58PM	<b>Nataraja:</b> Clear				
Until 5:46AM Thu Wed				<b>Ekadashi Until 3:11AM Wed</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Sravana-Avani</b>				

<b>3</b>		<b>Wednesday, August 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Dvadashyam Titau		Oslo, Norway Sun 25	Sutra 129 Vilamba 5120
Dhanus Rasi: 18.14	Tithi 12	<b>Gulika</b>	10:28AM – 12:20PM	<b>Mula* Until 5:46AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:50AM			
	586442362	Yama	6:43AM – 8:35AM	Priti Until 11:08PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:51PM	Moon 7 - Phase 18	4th Phase	
Creative Work		<b>Rahu</b>	12:20PM – 2:13PM	Bava Until 18:66AM Thu	<b>Nataraja:</b> Clear				
Until 5:46AM Thu				<b>Dvadashi Until 12:31AM Wed</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga					<b>Sravana-Avani</b>				

<b>4</b>		<b>Thursday, August 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashyam Titau		Oslo, Norway Sun 26	Sutra 130 Vilamba 5120
Makara Rasi: 0.02	Tithi 13	<b>Gulika</b>	8:36AM – 10:28AM	<b>Purvashadha* Until 8:22AM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:52AM			
	586442362	Yama	4:52AM – 6:44AM	Ayushman Until 2:07AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 7 - Phase 18	4th Phase	
Routine Work		<b>Rahu</b>	2:12PM – 4:04PM	Kaulava Until 21:38AM Fri	<b>Nataraja:</b> Clear				
Until 10:49AM Sat				<b>Trayodashi Until 13:35AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Sravana-Avani</b>				

*Pradosha Vrata*

<b>5</b>		<b>Friday, August 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 27	Sutra 131 Vilamba 5120
Makara Rasi: 11.49	Tithi 13 – 14	<b>Gulika</b>	6:46AM – 8:37AM	<b>Shravana Until 10:49AM Sat</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:55AM			
	596442362	Yama	4:03PM – 5:54PM	Saubhagya Until 2:39PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 18	4th Phase	
Routine Work		<b>Rahu</b>	10:29AM – 12:20PM	Gara Until 9:38PM	<b>Nataraja:</b> Clear				
Until 10:49AM Sat				<b>Trayodashi Until 14:39AM Fri</b>	Moon – Purple		<b>Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga		<b>Varalakshmi Vratam</b>			<b>Sravana-Avani</b>				

<b>○</b>		<b>Saturday, August 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Vanija Karana Chaturdashi/Purnimayam Titau		Oslo, Norway Sun 27	Sutra 132 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	4:57AM – 6:48AM	<b>Shravana Until 10:49AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:57AM			
Makara Rasi: 23.4	Tithi 14 – 15	Yama	2:10PM – 4:01PM	Sobhana Until 8:07AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 18	Purnima	
	596442362	<b>Rahu</b>	8:38AM – 10:29AM	Vanija Until 10:49AM	<b>Nataraja:</b> Clear				
Creative Work		<b>Raksha Bandhan</b>		<b>Chaturdashi* Until 10:49AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>		
Until 10:49AM		<b>Chidambaram Abhishekam</b>			<b>Sravana-Avani</b>				
Then Creative Work - Amrita Yoga		<b>Avani Avittam</b>							

<b>○</b>		<b>Sunday, August 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Oslo, Norway Sun 28	Sutra 133 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b>	3:59PM – 5:49PM	<b>Dhanishtha Until 2:48PM Mon</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:59AM			
Kumbha Rasi: 6	Tithi 15 – 16	Yama	12:19PM – 2:09PM	Athiganda* Until 4:17PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 18	Prathama	
	596442362	<b>Rahu</b>	5:49PM – 7:40PM	Balava Until 1:58AM Mon	<b>Nataraja:</b> Clear				
Routine Work				<b>Purnima* Until 16:17AM Sun</b>	Moon – Purple		<b>Subha Sivaloka Day</b>		
Until 2:48PM Mon					<b>Sravana-Avani</b>				
Then Creative Work - Siddha Yoga									

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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**Monday, August 27, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Purvaproskthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Oslo, Norway

**Gold Retreat Star**

Sutra 134

Vilamba 5120

Kumbha Rasi: 17.4 Tihi 16 – 17

**Family Home Evening**

Creative Work Siddha Yoga

Until 2:48PM

Then Routine Work - Marana Yoga

**Gulika** 2:09PM – 3:58PM  
**Yama** 10:30AM – 12:19PM  
**Rahu** 6:51AM – 8:40AM

**Dhanishtha** Until 2:48PM  
 Sukarma Until 4:43PM  
 Taitila Until 3:35AM Tue  
**Prathama\*** Until 2:48PM

**Ganesha:** White *Sunrise:* 5:02AM  
**Muruga:** Clear *Sunset:* 7:37PM

**Nataraja:** Clear  
 Moon – Purple

**Subha Sivaloka Day**

Moon 8 - Phase 19  
1st Phase**Tuesday, August 28, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproskthapada\*/Uttaraproskthapada Nakshatra Dhriti/Shula\* Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Oslo, Norway

**1**

Sun 1 Sutra 135

Vilamba 5120

Kumbha Rasi: 29.54 Tihi 17 – 18

Routine Work Marana Yoga

Until 5:10PM Wed

Then Creative Work - Amrita Yoga

**Gulika** 12:19PM – 2:08PM  
**Yama** 8:41AM – 10:30AM  
**Rahu** 3:56PM – 5:45PM

**Purvaproskthapada\*** Until 5:10PM Wed  
 Dhriti Until 12:39PM  
 Visti Until 4:46AM Wed  
**Dvitiya** Until 4:43PM

**Ganesha:** Clear *Sunrise:* 5:04AM  
**Muruga:** Purple *Sunset:* 7:34PM

**Nataraja:** Purple  
 Moon – Clear

**Bhuloka Day**  
*Devaloka Time:* 6:AM to 9:AM

Moon 8 - Phase 19  
1st Phase**Wednesday, August 29, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproskthapada\*/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\* Karana Tritiya/Chaturthiyam Titau

Oslo, Norway

**2**

Sun 2 Sutra 136

Vilamba 5120

Meena Rasi: 12.19 Tihi 18 – 19

Creative Work Siddha Yoga

Until 5:10PM

Then Routine Work - Marana Yoga

**Gulika** 10:30AM – 12:19PM  
**Yama** 6:54AM – 8:42AM  
**Rahu** 12:19PM – 2:07PM

**Purvaproskthapada\*** Until 5:10PM  
 Shula\* Until 4:34PM  
 Visti Until 5:10PM  
**Tritiya** Until 5:10PM

**Ganesha:** Clear *Sunrise:* 5:06AM  
**Muruga:** Purple *Sunset:* 7:31PM

**Nataraja:** Purple  
 Moon – Clear

**Bhuloka Day**  
*Devaloka Time:* 6:AM to 9:AM

Moon 8 - Phase 19  
1st Phase**Thursday, August 30, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproskthapada/Ashvini Nakshatra Ganda\*/Vridhdi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

**3**

Sun 3 Sutra 137

Vilamba 5120

Meena Rasi: 24.56 Tihi 19 – 20

Creative Work Siddha Yoga

Until 5:41PM

Then Creative Work - Amrita Yoga

**Gulika** 8:43AM – 10:31AM  
**Yama** 5:09AM – 6:56AM  
**Rahu** 2:06PM – 3:53PM

**Uttaraproskthapada** Until 5:41PM  
 Ganda\* Until 3:58PM  
 Kaulava Until 5:47AM Fri  
**Chaturthi\*** Until 5:41PM

**Ganesha:** Clear *Sunrise:* 5:09AM  
**Muruga:** Purple *Sunset:* 7:28PM

**Nataraja:** Purple  
 Moon – Clear

**Bhuloka Day**  
*Devaloka Time:* 6:AM to 9:AM

Moon 8 - Phase 19  
1st Phase**Friday, August 31, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhdi/Dhruva Yoga Taitila Karana Panchami/Shashthyam Titau

Oslo, Norway

**4**

Sun 4 Sutra 138

Vilamba 5120

Mesha Rasi: 7.46 Tihi 20 – 21

Creative Work Amrita Yoga

Until 5:17PM Sat

Then Creative Work - Siddha Yoga

**Gulika** 6:58AM – 8:44AM  
**Yama** 3:51PM – 5:38PM  
**Rahu** 10:31AM – 12:18PM

**Ashvini** Until 5:17PM Sat  
 Vridhdi Until 3:01PM  
 Taitila Until 5:43PM  
**Panchami** Until 5:43PM

**Ganesha:** Purple *Sunrise:* 5:11AM  
**Muruga:** Purple *Sunset:* 7:25PM

**Nataraja:** Purple  
 Moon – White

**Bhuloka Day**

Moon 8 - Phase 19  
1st Phase**Saturday, September 1, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway

**5**

Sun 5 Sutra 139

Vilamba 5120

Mesha Rasi: 20.5 Tihi 21 – 22

Creative Work Siddha Yoga

Until 5:17PM

Then Creative Work - Amrita Yoga

**Gulika** 5:13AM – 6:59AM  
**Yama** 2:04PM – 3:50PM  
**Rahu** 8:45AM – 10:32AM

**Ashvini** Until 5:17PM  
 Dhruva Until 11:55AM Sun  
 Visti Until 4:53AM Sun  
**Shashthi\*** Until 3:01PM

**Ganesha:** Purple *Sunrise:* 5:13AM  
**Muruga:** Purple *Sunset:* 7:22PM

**Nataraja:** Purple  
 Moon – White

**Bhuloka Day**

Moon 8 - Phase 19  
1st Phase**Sunday, September 2, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

**6**

Sun 6 Sutra 140

Vilamba 5120

Vrishabha Rasi: 4.1 Tihi 22 – 23

Creative Work Siddha Yoga

**Gulika** 3:48PM – 5:34PM  
**Yama** 12:17PM – 2:03PM  
**Rahu** 5:34PM – 7:19PM

**Bharani** Until 4:20PM  
 Vyaghata\* Until 9:47AM Mon  
 Balava Until 3:41AM Mon  
**Saptami** Until 11:55AM Sun

**Ganesha:** Purple *Sunrise:* 5:16AM  
**Muruga:** Purple *Sunset:* 7:19PM

**Nataraja:** Purple  
 Moon – White

**Bhuloka Day**

Moon 8 - Phase 19  
1st Phase**Monday, September 3, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

**Retreat Star**

Vrishabha Rasi: 17.47 Tihi 23 – 24

**Family Home Evening**

Creative Work Amrita Yoga

**Gulika** 2:02PM – 3:47PM  
**Yama** 10:32AM – 12:17PM  
**Rahu** 7:03AM – 8:47AM

**Rohini** Until 12:57PM Tue  
 Harshana Until 9:47AM  
 Taitila Until 2:00AM Tue  
**Ashtami\*** Until 9:47AM Mon

**Ganesha:** Clear *Sunrise:* 5:18AM  
**Muruga:** Purple *Sunset:* 7:16PM

**Nataraja:** Purple  
 Moon – Yellow

**Bhuloka Day**  
*Devaloka Time:* 6:AM to 9:AM

Sun 7 Sutra 141  
Vilamba 5120Moon 8 - Phase 19  
Ashtami**Tuesday, September 4, 2018**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Oslo, Norway

**Retreat Star**

Mithuna Rasi: 1.43 Tihi 24 – 25

Creative Work Siddha Yoga

Until 12:57PM

Then Routine Work - Marana Yoga

**Gulika** 12:17PM – 2:01PM  
**Yama** 8:48AM – 10:33AM  
**Rahu** 3:45PM – 5:29PM

**Rohini** Until 12:57PM  
 Vajra\* Until 3:76AM Wed  
 Vanija Until 11:49PM  
**Navami\*** Until 12:57PM

**Ganesha:** White *Sunrise:* 5:20AM  
**Muruga:** Purple *Sunset:* 7:13PM

**Nataraja:** Purple  
 Moon – Yellow

**Devaloka Day**

Sun 8 Sutra 142  
Vilamba 5120Moon 8 - Phase 19  
Navami

<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
			Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 143
	Mithuna Rasi: 15.56	Tithi 25 – 26	<b>Gulika</b>	<b>10:33AM – 12:16PM</b>	<b>Ardra Until 7:46AM Thu</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:22AM
			Yama	7:06AM – 8:49AM	Vyatipata* Until 1:00AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 7:10PM
		548452363	<b>Rahu</b>	<b>12:16PM – 2:00PM</b>	<b>Nataraja:</b> Purple	Moon 8 - Phase 20	
Creative Work	Siddha Yoga			Bava Until 8:73PM	Moon – Yellow	<b>Devaloka Day</b>	
				<b>Dashami Until 3:76AM Wed</b>	<b>Sravana-Avani</b>		

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Oslo, Norway
			Ardra/Pushya Nakshatra Variyan Yoga Balava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 144
	Kataka Rasi: 0.26	Tithi 26 – 27	<b>Gulika</b>	<b>8:50AM – 10:33AM</b>	<b>Ardra Until 7:46AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:25AM
			Yama	5:25AM – 7:08AM	Variyan Until 8:87PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 7:07PM
		548452363	<b>Rahu</b>	<b>1:59PM – 3:42PM</b>	<b>Nataraja:</b> Purple	Moon 8 - Phase 20	
Creative Work	Amrita Yoga			Balava Until 7:46AM	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Ekadashi* Until 7:46AM</b>	<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Oslo, Norway
			Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 145
	Kataka Rasi: 15.1	Tithi 28	<b>Gulika</b>	<b>7:09AM – 8:51AM</b>	<b>Pushya Until 8:24AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:27AM
			Yama	3:40PM – 5:22PM	Parigha* Until 5:43PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 7:04PM
		548452363	<b>Rahu</b>	<b>10:34AM – 12:16PM</b>	<b>Nataraja:</b> Purple	Moon 8 - Phase 20	
Routine Work	Marana Yoga			Gara Until 3:07PM	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Trayodashi* Until 1:28AM Sat</b>	<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				Oslo, Norway
			Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 146
	Simha Rasi: 0.01	Tithi 29	<b>Gulika</b>	<b>5:29AM – 7:11AM</b>	<b>Magha* Until 3:28AM Sun</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:29AM
			Yama	1:57PM – 3:38PM	Shiva Until 1:56PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 7:01PM
		548452363	<b>Rahu</b>	<b>8:52AM – 10:34AM</b>	<b>Nataraja:</b> Purple	Moon 8 - Phase 20	
Creative Work	Amrita Yoga			Visti Until 11:50AM	Moon – Red	<b>Bhuloka Day</b>	
Until 3:28AM Sun				<b>Chaturdashi* Until 10:11PM</b>	<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
	<b>Retreat Star</b>		Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada* Karana Amavasyayam Titau				Sun 13 Sutra 147
	Simha Rasi: 14.53	Tithi 30	<b>Gulika</b>	<b>3:37PM – 5:17PM</b>	<b>Purvaphalguni Until 4:04PM Mon</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:32AM
			Yama	12:15PM – 1:56PM	Siddha Until 10:09AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:58PM
		548452363	<b>Rahu</b>	<b>5:17PM – 6:58PM</b>	<b>Nataraja:</b> Purple	Moon 8 - Phase 20	
Creative Work	Siddha Yoga			Catuspada Until 8:35AM	Moon – Red	<b>Bhuloka Day</b>	
				<b>Amavasya* Until 7:00PM</b>	<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM	
				<b>Grandparent's Day</b>			

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
			Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 148
	Simha Rasi: 29.37	Tithi 1 – 2	<b>Gulika</b>	<b>1:55PM – 3:35PM</b>	<b>Purvaphalguni Until 4:04PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:34AM
	<b>Family Home Evening</b>		Yama	10:34AM – 12:15PM	Sadhya Until 2:74AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:55PM
		548452363	<b>Rahu</b>	<b>7:14AM – 8:54AM</b>	<b>Nataraja:</b> Purple	Moon 8 - Phase 20	
Creative Work	Siddha Yoga			Balava Until 2:46AM Tue	Moon – Red	<b>Bhuloka Day</b>	
				<b>Prathama* Until 10:09AM</b>	<b>Bhadrapada-Avani</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b> Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Oslo, Norway Sun 15 Sutra 149 Vilamba 5120
Kanya Rasi: 14.07	Tithi 2 – 3	<b>Gulika</b> 12:14PM – 1:54PM	<b>Hasta</b> Until 11:37AM Wed	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:36AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:52PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama 8:55AM – 10:35AM	Sukla Until 12:17AM Wed	<b>Nataraja:</b> Purple		
		569452363 <b>Rahu</b> 3:33PM – 5:13PM	Kaulava Until 1:34PM	Moon – Green		<b>Bhuloka Day</b>
			<b>Dvitiya</b> Until 1:34PM	<b>Bhadrapada-Avani</b>		

<b>2</b> Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Oslo, Norway Sun 16 Sutra 150 Vilamba 5120
Kanya Rasi: 28.16	Tithi 3 – 4	<b>Gulika</b> 10:35AM – 12:14PM	<b>Hasta</b> Until 11:37AM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:39AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:49PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama 7:17AM – 8:56AM	Brahma Until 8:35PM	<b>Nataraja:</b> Purple		
		569452363 <b>Rahu</b> 12:14PM – 1:53PM	Vanija Until 10:54PM	Moon – Green		<b>Bhuloka Day</b>
			<b>Tritiya</b> Until 12:17AM Wed	<b>Bhadrapada-Avani</b>		

<b>3</b> Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Oslo, Norway Sun 17 Sutra 151 Vilamba 5120
Tula Rasi: 11.59	Tithi 4 – 5	<b>Gulika</b> 8:57AM – 10:35AM	<b>Svati</b> Until 9:53AM Fri	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:41AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:46PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Amrita Yoga	Yama 5:41AM – 7:19AM	Indra Until 8:04PM	<b>Nataraja:</b> Purple		
Until 9:53AM Fri		569452363 <b>Rahu</b> 1:52PM – 3:30PM	Bava Until 10:02PM	Moon – Green		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga			<b>Chaturthi*</b> Until 10:21AM	<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to12:PM	
		<b>Ganesh</b> Chaturthi				

<b>4</b> Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Oslo, Norway Sun 18 Sutra 152 Vilamba 5120
Tula Rasi: 25.16	Tithi 5 – 6	<b>Gulika</b> 7:21AM – 8:58AM	<b>Svati</b> Until 9:53AM	<b>Ganesh:</b> White <i>Sunrise:</i> 5:43AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:43PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama 3:28PM – 5:06PM	Vaidhriti* Until 8:56PM	<b>Nataraja:</b> Purple		
		579552363 <b>Rahu</b> 10:36AM – 12:13PM	Kaulava Until 9:59PM	Moon – Orange		<b>Devaloka Day</b>
			<b>Panchami</b> Until 9:53AM	<b>Bhadrapada-Avani</b>		

<b>5</b> Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Oslo, Norway Sun 19 Sutra 153 Vilamba 5120
Vrischika Rasi: 8.08	Tithi 6 – 7	<b>Gulika</b> 5:45AM – 7:22AM	<b>Anuradha</b> Until 11:25AM Sun	<b>Ganesh:</b> White <i>Sunrise:</i> 5:45AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:40PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama 1:50PM – 3:27PM	Vishkambha* Until 10:18PM	<b>Nataraja:</b> Purple		
		579552363 <b>Rahu</b> 8:59AM – 10:36AM	Gara Until 10:46PM	Moon – Orange		<b>Devaloka Day</b>
			<b>Shashthi*</b> Until 6:53PM	<b>Bhadrapada-Avani</b>		

<b>☾</b> Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Vanija Karana Saptami/Ashtamyam Titau				Oslo, Norway Sun 20 Sutra 154 Vilamba 5120
Vrischika Rasi: 20.37	Tithi 7 – 8	<b>Gulika</b> 3:25PM – 5:01PM	<b>Anuradha</b> Until 11:25AM	<b>Ganesh:</b> White <i>Sunrise:</i> 5:48AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:37PM	Moon 8 - Phase 21 Ashtami
Routine Work	Marana Yoga	Yama 12:12PM – 1:49PM	Priti Until 18:59AM Mon	<b>Nataraja:</b> Purple		
Until 11:25AM		579552363 <b>Rahu</b> 5:01PM – 6:37PM	Vanija Until 11:25AM	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			<b>Saptami</b> Until 11:25AM	<b>Bhadrapada-Avani</b>		

<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway Sun 21 Sutra 155 Vilamba 5120
Dhanus Rasi: 2.49	Tithi 8 – 9	<b>Gulika</b> 1:48PM – 3:23PM	<b>Mula*</b> Until 3:04AM Tue	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:50AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:34PM	Moon 8 - Phase 21 Navami
Family Home Evening		Yama 10:37AM – 12:12PM	Ayushman Until 6:59PM	<b>Nataraja:</b> Purple		
Creative Work	Siddha Yoga	589552363 <b>Rahu</b> 7:26AM – 9:01AM	Balava Until 2:24AM Tue	Moon – Light Blue		<b>Bhuloka Day</b>
			<b>Ashtami*</b> Until 1:16PM	<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b> Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava Karana Navami/Dashamyam Titau				Oslo, Norway Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 14.46	Tithi 9 – 10	<b>Gulika</b> 12:12PM – 1:47PM	<b>Purvashadha* Until 6:06AM Wed</b>	<b>Ganesh:</b> Clear <i>Sunrise: 5:52AM</i>		
		Yama 9:02AM – 10:37AM	Saubhagya Until 7:52PM	<b>Muruga:</b> Purple <i>Sunset: 6:31PM</i>		Moon 8 - Phase 22
		581552363 <b>Rahu</b> 3:22PM – 4:56PM	Kaulava Until 3:36PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 3:36PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 6:06AM Wed				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga						

<b>2</b> Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Oslo, Norway Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 26.37	Tithi 10	<b>Gulika</b> 10:37AM – 12:11PM	<b>Purvashadha* Until 6:06AM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 5:55AM</i>		
		Yama 7:29AM – 9:03AM	Sobhana Until 8:56PM	<b>Muruga:</b> Purple <i>Sunset: 6:28PM</i>		Moon 8 - Phase 22
		581552363 <b>Rahu</b> 12:11PM – 1:46PM	Gara Until 6:12PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 6:12PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>3</b> Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Oslo, Norway Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 8.24	Tithi 11	<b>Gulika</b> 9:04AM – 10:38AM	<b>Uttarashadha Until 11:13PM Fri</b>	<b>Ganesh:</b> Clear <i>Sunrise: 5:57AM</i>		
		Yama 5:57AM – 7:30AM	Athiganda* Until 9:58PM	<b>Muruga:</b> Purple <i>Sunset: 6:25PM</i>		Moon 8 - Phase 22
		581552363 <b>Rahu</b> 1:45PM – 3:18PM	Vanija Until 7:32AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 8:48PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 11:13PM Fri				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

<b>4</b> Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Oslo, Norway Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 20.13	Tithi 12	<b>Gulika</b> 7:32AM – 9:05AM	<b>Uttarashadha Until 11:13PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:59AM</i>		
		Yama 3:16PM – 4:49PM	Sukarma Until 12:16PM	<b>Muruga:</b> Purple <i>Sunset: 6:22PM</i>		Moon 8 - Phase 22
		591552363 <b>Rahu</b> 10:38AM – 12:11PM	Bava Until 10:04AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 11:13PM</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 11:13PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>5</b> Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Gara Karana Trayodashyam Titau				Oslo, Norway Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 2.08	Tithi 13	<b>Gulika</b> 6:01AM – 7:34AM	<b>Dhanishtha Until 3:01PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 6:01AM</i>		
		Yama 1:43PM – 3:15PM	Dhriti Until 11:28PM	<b>Muruga:</b> Purple <i>Sunset: 6:19PM</i>		Moon 8 - Phase 22
		591552363 <b>Rahu</b> 9:06AM – 10:38AM	Kaulava Until 13:69AM Sun	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 10:51PM</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 3:01PM		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>6</b> Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 14.13	Tithi 14	<b>Gulika</b> 3:13PM – 4:45PM	<b>Shatabhishak Until 5:11PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 6:04AM</i>		
		Yama 12:10PM – 1:42PM	Shula* Until 5:11PM	<b>Muruga:</b> Purple <i>Sunset: 6:16PM</i>		Moon 8 - Phase 22
		591552363 <b>Rahu</b> 4:45PM – 6:16PM	Gara Until 2:09PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:51AM Mon</b>	Moon – Purple	<b>Devaloka Day</b>	
		<b>Kadaitswami Mahasamadhi</b>		<b>Bhadrapada-Puratasi</b>		

<b>○</b> Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Oslo, Norway Sutra 162 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:41PM – 3:11PM	<b>Purvaproshtapada* Until 4:28AM Wed</b>	<b>Ganesh:</b> Purple <i>Sunrise: 6:06AM</i>		
Kumbha Rasi: 26.29	Tithi 15	Yama 10:39AM – 12:10PM	Ganda* Until 7:11PM	<b>Muruga:</b> Purple <i>Sunset: 6:13PM</i>		Moon 8 - Phase 22
<b>Family Home Evening</b>		511552363 <b>Rahu</b> 7:37AM – 9:08AM	Visti Until 3:28PM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 3:55AM Tue</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 4:28AM Wed Tue				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Oslo, Norway Sutra 163 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:09PM – 1:40PM	<b>Purvaproshtapada* Until 4:28AM Wed</b>	<b>Ganesh:</b> Purple <i>Sunrise: 6:08AM</i>		
Meena Rasi: 8.59	Tithi 16	Yama 9:09AM – 10:39AM	Vriddhi Until 10:62PM	<b>Muruga:</b> Purple <i>Sunset: 6:10PM</i>		Moon 8 - Phase 22
		511552363 <b>Rahu</b> 3:10PM – 4:40PM	Balava Until 16:35AM Wed	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 11:34PM</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 4:28AM Wed				<b>Bhadrapada-Puratasi</b>		
Then Routine Work - Marana Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 21.43 Tihti 17

Gulika 10:39AM - 12:09PM  
Yama 7:40AM - 9:10AM  
Rahu 12:09PM - 1:39PM

Revati Until 9:14PM  
Dhruva Until 10:06PM  
Tailila Until 4:35PM

Ganesha: Purple Sunrise: 6:11AM  
Muruga: Purple Sunset: 6:07PM  
Nataraja: Purple

Moon - Clear  
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Bava Karana Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 4.4 Tihti 18

Gulika 9:11AM - 10:40AM  
Yama 6:13AM - 7:42AM  
Rahu 1:38PM - 3:06PM

Ashvini Until 9:50PM  
Vyaghata\* Until 8:51PM  
Vanija Until 15:57AM Fri  
Tritiya Until 10:06PM

Ganesha: Clear Sunrise: 6:13AM  
Muruga: Purple Sunset: 6:04PM  
Nataraja: Purple

Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 17.49 Tihti 19

Gulika 7:44AM - 9:12AM  
Yama 3:05PM - 4:33PM  
Rahu 10:40AM - 12:08PM

Bharani Until 2:33AM Sun Sat  
Harshana Until 7:19PM  
Bava Until 3:57PM  
Chaturthi\* Until 3:33AM Sat

Ganesha: Clear Sunrise: 6:15AM  
Muruga: Purple Sunset: 6:01PM  
Nataraja: Purple

Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 1.1 Tihti 20

Gulika 6:18AM - 7:45AM  
Yama 1:36PM - 3:03PM  
Rahu 9:13AM - 10:40AM

Bharani Until 2:33AM Sun  
Vajra\* Until 14:86AM Sun  
Kaulava Until 13:57AM Sun  
Panchami Until 7:19PM

Ganesha: Clear Sunrise: 6:18AM  
Muruga: Purple Sunset: 5:58PM  
Nataraja: Purple

Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 2:33AM Sun

Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 14.41 Tihti 21

Gulika 3:01PM - 4:28PM  
Yama 12:08PM - 1:35PM  
Rahu 4:28PM - 5:55PM

Rohini Until 9:09PM  
Siddhi Until 3:26PM  
Gara Until 1:57PM  
Shashthi\* Until 1:15AM Mon

Ganesha: Purple Sunrise: 6:20AM  
Muruga: Purple Sunset: 5:55PM  
Nataraja: Purple

Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 28.23 Tihti 22

Gulika 1:34PM - 3:00PM  
Yama 10:41AM - 12:07PM  
Rahu 7:49AM - 9:15AM

Mrigashira Until 8:21PM  
Vyatipata\* Until 1:09PM  
Visti Until 12:31PM  
Saptami Until 11:40PM

Ganesha: Purple Sunrise: 6:22AM  
Muruga: Purple Sunset: 5:52PM  
Nataraja: Purple

Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 12.15 Tihti 23

Gulika 12:07PM - 1:33PM  
Yama 9:16AM - 10:41AM  
Rahu 2:58PM - 4:24PM

Ardra Until 7:07PM  
Variyan Until 10:38AM  
Balava Until 10:48AM  
Ashtami\* Until 9:49PM

Ganesha: Purple Sunrise: 6:25AM  
Muruga: Purple Sunset: 5:49PM  
Nataraja: Purple

Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Parigha\*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 26.17 Tihti 24

Gulika 10:42AM - 12:07PM  
Yama 7:52AM - 9:17AM  
Rahu 12:07PM - 1:32PM

Punarvasu Until 5:21PM Thu  
Parigha\* Until 7:54AM  
Tailila Until 6:35AM Thu  
Navami\* Until 10:38AM

Ganesha: Clear Sunrise: 6:27AM  
Muruga: Purple Sunset: 5:46PM  
Nataraja: Purple

Moon - Blue  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Siddha Yoga Vanija Karana Dashami/Ekodashyam Titau		Oslo, Norway Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 10.3	Tithi 25 – 26	<b>Gulika</b>	9:18AM – 10:42AM	<b>Punarvasu</b> Until 5:21PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama	6:29AM – 7:54AM	Siddha Until 1:50AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24
		642552363 <b>Rahu</b>	1:31PM – 2:55PM	Vanija Until 6:35AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			<b>Dashami</b> Until 5:21PM	Moon – Blue		<b>Bhuloka Day</b>
Until 5:21PM					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 24.51	Tithi 26 – 27	<b>Gulika</b>	7:55AM – 9:19AM	<b>Pushya</b> Until 2:49PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:32AM	
		Yama	2:53PM – 4:17PM	Sadhya Until 10:36PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
		642552363 <b>Rahu</b>	10:42AM – 12:06PM	Kaulava Until 1:32AM Sat	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga			<b>Ekadashi*</b> Until 2:49PM	Moon – Blue		<b>Bhuloka Day</b>
					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 9.18	Tithi 27 – 28	<b>Gulika</b>	6:34AM – 7:57AM	<b>Magha*</b> Until 9:33AM Sun	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:34AM	
		Yama	1:29PM – 2:52PM	Subha Until 7:18PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24
		652552363 <b>Rahu</b>	9:20AM – 10:43AM	Gara Until 10:53PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi*</b> Until 12:11PM	Moon – Red		<b>Bhuloka Day</b>
Until 9:33AM Sun					<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 23.47	Tithi 28 – 29	<b>Gulika</b>	2:50PM – 4:12PM	<b>Magha*</b> Until 9:33AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:36AM	
		Yama	12:05PM – 1:28PM	Sukla Until 3:61PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24
		652552363 <b>Rahu</b>	4:12PM – 5:35PM	Visti Until 7:77PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi*</b> Until 7:18PM	Moon – Red		<b>Bhuloka Day</b>
Until 9:33AM					<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga							

<b>Monday, October 8, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway Sun 12 Sutra 176 Vilamba 5120	
Kanya Rasi: 8.11	Tithi 29 – 30	<b>Gulika</b>	1:27PM – 2:48PM	<b>Uttaraphalguni</b> Until 8:53AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:39AM	
<b>Family Home Evening</b>		Yama	10:44AM – 12:05PM	Brahma Until 12:52PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24
		652552364 <b>Rahu</b>	8:00AM – 9:22AM	Naga Until 4:46AM Tue	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 7:02AM	Moon – Red		<b>Bhuloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>			<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM	

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Balava Karana Prathamayam Titau		Oslo, Norway Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 22.25	Tithi 1	<b>Gulika</b>	12:05PM – 1:26PM	<b>Hasta</b> Until 1:36AM Thu Wed	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:41AM	
		Yama	9:23AM – 10:44AM	Indra Until 7:32AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24
		662652364 <b>Rahu</b>	2:47PM – 4:08PM	Kintughna Until 3:48PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 2:54AM Wed	Moon – Green		<b>Devaloka Day</b>
		<b>Navaratri Begins</b>			<b>Ashvina-Puratasi</b>		

1 Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Oslo, Norway Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 6.23	Tithi 2	<b>Gulika</b> 10:44AM – 12:05PM	<b>Hasta</b> Until 1:36AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:43AM		
		Yama 8:04AM – 9:24AM	Vaidhriti* Until 6:85AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25	
		662652364 <b>Rahu</b> 12:05PM – 1:25PM	Balava Until 2:12PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 1:36AM Thu	Moon – Green		<b>Devaloka Day</b>	
Until 1:36AM Thu				<b>Ashvina•Puratasi</b>			
Then Creative Work - Amrita Yoga							

2 Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Tritiyayam Titau				Oslo, Norway Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 20.01	Tithi 3	<b>Gulika</b> 9:25AM – 10:45AM	<b>Vishakha</b> Until 1:04AM Sat Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:46AM		
		Yama 6:46AM – 8:05AM	Priti Until 3:47AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25	
		672652364 <b>Rahu</b> 1:24PM – 2:44PM	Tailila Until 12:56AM Fri	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 6:85AM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashvina•Puratasi</b>			

3 Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Bava Karana Chaturthyam Titau				Oslo, Norway Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 3.15	Tithi 4	<b>Gulika</b> 8:07AM – 9:26AM	<b>Vishakha</b> Until 1:04AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:48AM		
		Yama 2:42PM – 4:01PM	Ayushman Until 2:49AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25	
		673652364 <b>Rahu</b> 10:45AM – 12:04PM	Vanija Until 13:27AM Sat	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 3:47AM Fri	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

4 Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 16.06	Tithi 5	<b>Gulika</b> 6:51AM – 8:09AM	<b>Anuradha</b> Until 7:03AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:51AM		
		Yama 1:22PM – 2:40PM	Saubhagya Until 2:28AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 25	
		673652364 <b>Rahu</b> 9:27AM – 10:46AM	Bava Until 14:43AM Sun	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 2:49AM Sat	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

5 Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau				Oslo, Norway Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b> 2:39PM – 3:57PM	<b>Jyeshtha*</b> Until 8:33AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM		
		Yama 12:04PM – 1:21PM	Sobhana Until 2:41AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 25	
		673652364 <b>Rahu</b> 3:57PM – 5:14PM	Kaulava Until 16:40AM Mon	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 2:28AM Sun	Moon – Orange		<b>Bhuloka Day</b>	
Until 8:33AM				<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6 Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Visti* Karana Saptamyam Titau				Oslo, Norway Sun 19 Sutra 183 Vilamba 5120	
Dhanu Rasi: 10.47	Tithi 7	<b>Gulika</b> 1:20PM – 2:37PM	<b>Mula*</b> Until 11:03AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:55AM		
<b>Family Home Evening</b>		Yama 10:46AM – 12:03PM	Athiganda* Until 11:03AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 25	
		683652364 <b>Rahu</b> 8:12AM – 9:29AM	Gara Until 18:65AM Tue	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 2:41AM Mon	Moon – Light Blue		<b>Devaloka Day</b>	
Until 11:03AM				<b>Ashvina•Puratasi</b>			
Then Routine Work - Marana Yoga							

D Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau				Oslo, Norway Sun 20 Sutra 184 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 12:03PM – 1:20PM	<b>Purvashadha*</b> Until 8:23AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:58AM		
Dhanu Rasi: 22.45	Tithi 8	Yama 9:31AM – 10:47AM	Sukarma Until 4:15AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 25	
		683652364 <b>Rahu</b> 2:36PM – 3:52PM	Visti Until 7:05PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 8:23AM Wed	Moon – Light Blue		<b>Devaloka Day</b>	
Until 8:23AM Wed				<b>Ashvina•Puratasi</b>			
Then Routine Work - Prabalarishta Yoga		<b>Durga Ashtami</b>					

Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Shravana Nakshatra Dhriti Yoga Bava Karana Ashtami/Navamyam Titau				Oslo, Norway Sun 21 Sutra 185 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 10:47AM – 12:03PM	<b>Purvashadha*</b> Until 8:23AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:00AM		
Makara Rasi: 4.35	Tithi 8 – 9	Yama 8:16AM – 9:32AM	Dhriti Until 4:77AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 25	
		683652364 <b>Rahu</b> 12:03PM – 1:19PM	Bava Until 8:23AM	<b>Nataraja:</b> Clear		Navami	
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 8:23AM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 8:23AM				<b>Ashvina•Aipasi</b>			
Then Creative Work - Siddha Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Oslo, Norway
	Makara Rasi: 16.23	Tithi 9 – 10	<b>Gulika</b> 9:33AM – 10:48AM	<b>Shravana Until 1:30PM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:03AM	Sun 22 Sutra 186
			Yama 7:03AM – 8:18AM	Shula* Until 6:52AM Sat Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:03PM	Vilamba 5120
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 1:18PM – 2:33PM	Taitila Until 12:20AM Fri	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
		<b>Vijaya Dasami</b>	<b>Navami* Until 11:02AM</b>	Moon – Purple		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashami/Ekadashyam Titau				Oslo, Norway
	Makara Rasi: 28.14	Tithi 10 – 11	<b>Gulika</b> 8:19AM – 9:34AM	<b>Shravana Until 1:30PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:05AM	Sun 23 Sutra 187
			Yama 2:31PM – 3:46PM	Shula* Until 6:52AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:00PM	Vilamba 5120
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 10:48AM – 12:03PM	Gara Until 1:30PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Dashami Until 1:30PM</b>	Moon – Purple		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	


<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway
	Kumbha Rasi: 10.13	Tithi 11 – 12	<b>Gulika</b> 7:08AM – 8:21AM	<b>Shatabhishak Until 1:09AM Sun</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:08AM	Sun 24 Sutra 188
			Yama 1:16PM – 2:30PM	Ganda* Until 6:52AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:57PM	Vilamba 5120
	Creative Work	Amrita Yoga	693652364 <b>Rahu</b> 9:35AM – 10:49AM	Bava Until 4:25AM Sun	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Ekadashi Until 3:34PM</b>	Moon – Purple		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	


<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosnthapada* Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Oslo, Norway
	Kumbha Rasi: 22.23	Tithi 12 – 13	<b>Gulika</b> 2:28PM – 3:41PM	<b>Purvaprosnthapada* Until 3:07AM Mon</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:10AM	Sun 25 Sutra 189
			Yama 12:02PM – 1:15PM	Vridhi Until 7:09AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:54PM	Vilamba 5120
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 3:41PM – 4:54PM	Kaulava Until 5:36AM Mon	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Dvadashi Until 5:04PM</b>	Moon – Clear		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata*

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosnthapada Nakshatra Dhruva/Vyaghata* Yoga Taitila Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway
	Meena Rasi: 4.5	Tithi 13 – 14	<b>Gulika</b> 1:14PM – 2:27PM	<b>Uttaraprosnthapada Until 4:19AM Tue</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:12AM	Sun 26 Sutra 190
	<b>Family Home Evening</b>		Yama 10:50AM – 12:02PM	Dhruva Until 6:56AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:52PM	Vilamba 5120
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 8:25AM – 9:37AM	Taitila Until 5:56PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Trayodashi Until 5:56PM</b>	Moon – Clear		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Chaturdashyam Titau				Oslo, Norway
	Meena Rasi: 17.34	Tithi 14	<b>Gulika</b> 12:02PM – 1:14PM	<b>Revati Until 4:44AM Wed</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:15AM	Sun 27 Sutra 191
			Yama 9:38AM – 10:50AM	Vyaghata* Until 4:44AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:49PM	Vilamba 5120
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 2:25PM – 3:37PM	Gara Until 6:08AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Chaturdashi* Until 6:09PM</b>	Moon – Clear		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Oslo, Norway
	Mesha Rasi: 0.35	Tithi 15 – 16	<b>Gulika</b> 10:51AM – 12:02PM	<b>Ashvini Until 4:56AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:17AM	Sutra 192
			Yama 8:28AM – 9:40AM	Vajra* Until 3:25AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:46PM	Vilamba 5120
	Routine Work	Marana Yoga	623652364 <b>Rahu</b> 12:02PM – 1:13PM	Visti Until 6:04AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Purnima* Until 5:47PM</b>	Moon – White		Purnima	
				<b>Ashvina-Aipasi</b>		<b>Devaloka Day</b>	

	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Oslo, Norway
	Mesha Rasi: 13.55	Tithi 16 – 17	<b>Gulika</b> 9:41AM – 10:51AM	<b>Bharani Until 3:40PM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:20AM	Sutra 193
			Yama 7:20AM – 8:30AM	Siddhi Until 4:32AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:44PM	Vilamba 5120
	Creative Work	Siddha Yoga	623652364 <b>Rahu</b> 1:12PM – 2:23PM	Taitila Until 3:81AM Fri	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Prathama* Until 4:56PM</b>	Moon – White		Prathama	
				<b>Ashvina-Aipasi</b>		<b>Devaloka Day</b>	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyatipata\* Yoga Gara Karana Dvitiya/Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27  
1st Phase

Mesha Rasi: 27.29 Tihi 17 - 18

624652364

**Gulika** 8:32AM - 9:42AM  
**Yama** 2:21PM - 3:31PM  
**Rahu** 10:52AM - 12:02PM

**Bharani** **Until 3:40PM**  
Vyatipata\* **Until 20:42AM Sat**  
Gara **Until 3:40PM**  
**Dvitiya** **Until 3:40PM**

**Ganesha:** White *Sunrise: 7:22AM*  
**Muruga:** Purple *Sunset: 4:41PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina-Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 3:40PM  
Then Routine Work - Marana Yoga

Saturday, October 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Oslo, Norway

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27  
1st Phase

Vrishabha Rasi: 11.15 Tihi 18 - 19

634652364

**Gulika** 7:25AM - 8:34AM  
**Yama** 1:11PM - 2:20PM  
**Rahu** 9:43AM - 10:52AM

**Rohini** **Until 2:50AM Sun**  
Variyan **Until 8:42PM**  
Bava **Until 1:17AM Sun**  
**Tritiya** **Until 2:07PM**

**Ganesha:** Clear *Sunrise: 7:25AM*  
**Muruga:** Purple *Sunset: 4:38PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 2:50AM Sun  
Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27  
1st Phase

Vrishabha Rasi: 25.1 Tihi 19 - 20

634652364

**Gulika** 2:18PM - 3:27PM  
**Yama** 12:01PM - 1:10PM  
**Rahu** 3:27PM - 4:35PM

**Mrigashira** **Until 1:44AM Mon**  
Parigha\* **Until 1:44AM Mon**  
Balava **Until 12:23PM**  
**Chaturthi\*** **Until 12:23PM**

**Ganesha:** Clear *Sunrise: 7:27AM*  
**Muruga:** Purple *Sunset: 4:35PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

Monday, October 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Visti\* Karana Panchami/Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27  
1st Phase

Mithuna Rasi: 9.09 Tihi 20 - 21

634652364

Family Home Evening

**Gulika** 1:09PM - 2:17PM  
**Yama** 10:53AM - 12:01PM  
**Rahu** 8:38AM - 9:46AM

**Ardra** **Until 12:23AM Tue**  
Shiva **Until 12:23AM Tue**  
Visti **Until 19:38AM Tue**  
**Panchami** **Until 10:31AM**

**Ganesha:** Clear *Sunrise: 7:30AM*  
**Muruga:** Purple *Sunset: 4:33PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

Tuesday, October 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27  
1st Phase

Mithuna Rasi: 23.11 Tihi 21 - 22

644652364

**Gulika** 12:01PM - 1:09PM  
**Yama** 9:47AM - 10:54AM  
**Rahu** 2:16PM - 3:23PM

**Punarvasu** **Until 11:17PM**  
Siddha **Until 12:40PM**  
Visti **Until 7:38PM**  
**Shashthi\*** **Until 8:36AM**

**Ganesha:** Purple *Sunrise: 7:32AM*  
**Muruga:** Purple *Sunset: 4:30PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27  
Ashtami

Kataka Rasi: 7.15 Tihi 22 - 23

644662364

**Gulika** 10:55AM - 12:01PM  
**Yama** 8:41AM - 9:48AM  
**Rahu** 12:01PM - 1:08PM

**Pushya** **Until 10:01PM**  
Sadhya **Until 9:55AM**  
Bava **Until 6:38AM**  
**Saptami** **Until 6:38AM**

**Ganesha:** Purple *Sunrise: 7:35AM*  
**Muruga:** Clear *Sunset: 4:28PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27  
Navami

Kataka Rasi: 21.2 Tihi 24

644662364

**Gulika** 9:49AM - 10:55AM  
**Yama** 7:37AM - 8:43AM  
**Rahu** 1:07PM - 2:13PM

**Ashlesha\*** **Until 8:36PM**  
Subha **Until 7:09AM**  
Taitila **Until 13:42AM Fri**  
**Navami\*** **Until 9:55AM**

**Ganesha:** Purple *Sunrise: 7:37AM*  
**Muruga:** Clear *Sunset: 4:25PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 8:36PM  
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1 Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija Karana Dashamyam Titau				Oslo, Norway
Simha Rasi: 5.25	Tithi 25	<b>Gulika</b> 8:45AM – 9:51AM	<b>Magha* Until 10:46PM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:40AM	Sun 8 Sutra 201
		Yama 2:12PM – 3:17PM	Brahma Until 1:34AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:22PM	Vilamba 5120
		654662364 <b>Rahu</b> 10:56AM – 12:01PM	Vanija Until 1:42PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Routine Work	Marana Yoga		<b>Dashami Until 12:42AM Sat</b>	Moon – Red		2nd Phase
Until 10:46PM Sat				<b>Ashvina•Aipasi</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>2 Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Oslo, Norway
Simha Rasi: 19.29	Tithi 26	<b>Gulika</b> 7:42AM – 8:47AM	<b>Magha* Until 10:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:42AM	Sun 9 Sutra 202
		Yama 1:06PM – 2:11PM	Indra Until 10:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:20PM	Vilamba 5120
		654762364 <b>Rahu</b> 9:52AM – 10:56AM	Bava Until 11:45AM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		<b>Ekadashi* Until 10:46PM</b>	Moon – Red		2nd Phase
Until 10:46PM				<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>3 Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava Karana Dvadashyam Titau				Oslo, Norway
Kanya Rasi: 3.31	Tithi 27	<b>Gulika</b> 2:09PM – 3:13PM	<b>Purvaphalguni Until 8:57PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:45AM	Sun 10 Sutra 203
		Yama 12:01PM – 1:05PM	Vaidhriti* Until 7:71PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:17PM	Vilamba 5120
		654762364 <b>Rahu</b> 3:13PM – 4:17PM	Kaulava Until 9:52AM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Amrita Yoga		<b>Dvadashi* Until 8:57PM</b>	Moon – Red		2nd Phase
				<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>

<b>4 Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Sakuni* Karana Trayodashyam Titau				Oslo, Norway
Kanya Rasi: 17.29	Tithi 28	<b>Gulika</b> 1:05PM – 2:08PM	<b>Uttaraphalguni Until 7:19PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:47AM	Sun 11 Sutra 204
<b>Family Home Evening</b>		Yama 10:58AM – 12:01PM	Vishkambha* Until 4:07PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:15PM	Vilamba 5120
		664762364 <b>Rahu</b> 8:51AM – 9:54AM	Gara Until 6:37AM Tue	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		<b>Trayodashi* Until 7:71PM</b>	Moon – Green		2nd Phase
Until 7:19PM				<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway
Tula Rasi: 1.17	Tithi 29 – 30	<b>Gulika</b> 12:01PM – 1:04PM	<b>Chitra Until 3:24PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:50AM	Sun 12 Sutra 205
		Yama 9:56AM – 10:58AM	Priti Until 3:24PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:13PM	Vilamba 5120
		664762364 <b>Rahu</b> 2:07PM – 3:10PM	Visti Until 6:37AM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:58PM</b>	Moon – Green		2nd Phase
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>
		<b>Deepavali Hindu Solidarity Day</b>				

<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Oslo, Norway
<b>Retreat Star</b>		<b>Gulika</b> 10:59AM – 12:01PM	<b>Svati Until 2:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:52AM	Sun 13 Sutra 206
Tula Rasi: 14.54	Tithi 30 – 1	Yama 8:55AM – 9:57AM	Ayushman Until 2:56PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:10PM	Vilamba 5120
		765762364 <b>Rahu</b> 12:01PM – 1:04PM	Bava Until 16:37AM Thu	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:02PM</b>	Moon – Green		Amavasya
				<b>Ashvina•Aipasi</b>		<b>Sivaloka Day</b>

<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Oslo, Norway
<b>Retreat Star</b>		<b>Gulika</b> 9:58AM – 11:00AM	<b>Vishakha Until 3:16PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:55AM	Sun 14 Sutra 207
Tula Rasi: 28.15	Tithi 1 – 2	Yama 7:55AM – 8:57AM	Saubhagya Until 11:50AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:08PM	Vilamba 5120
		775762364 <b>Rahu</b> 1:03PM – 2:05PM	Balava Until 4:39AM Fri	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		<b>Prathama* Until 11:50AM Thu</b>	Moon – Orange		Prathama
		<b>Skanda Shasthi Begins</b>		<b>Karttika•Aipasi</b>		<b>Sivaloka Day</b>

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>		<b>Friday, November 9, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 11.18	Tithi 2 - 3	<b>Gulika</b>	8:58AM - 9:59AM	<b>Anuradha Until 4:02PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 7:57AM			
		Yama	2:03PM - 3:04PM	Sobhana Until 10:45AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:05PM		Moon 10 - Phase 29	3rd Phase
		775762364 <b>Rahu</b>	11:00AM - 12:01PM	Tailita Until 5:12AM Sat	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga			<b>Dvitiya Until 4:49PM</b>	Moon - Orange			<b>Sivaloka Day</b>	
Until 4:02PM					<b>Karttika-Aipasi</b>				
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Saturday, November 10, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 24.01	Tithi 3 - 4	<b>Gulika</b>	8:00AM - 9:00AM	<b>Jyeshtha* Until 5:18PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 8:00AM			
		Yama	1:02PM - 2:02PM	Athiganda* Until 10:08AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:03PM		Moon 10 - Phase 29	3rd Phase
		775762364 <b>Rahu</b>	10:01AM - 11:01AM	Vanija Until 6:25AM Sun	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga			Vanija Until 8:17AM Mon	Moon - Orange			<b>Sivaloka Day</b>	
Until 7:31PM				<b>Chaturthi* Until 10:08AM</b>	<b>Karttika-Aipasi</b>				
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Sunday, November 11, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Oslo, Norway Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 6.26	Tithi 4	<b>Gulika</b>	2:01PM - 3:01PM	<b>Mula* Until 7:31PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:02AM			
		Yama	12:02PM - 1:01PM	Sukarma Until 10:03AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:01PM		Moon 10 - Phase 29	3rd Phase
		775762364 <b>Rahu</b>	3:01PM - 4:01PM	Vanija Until 8:17AM Mon	<b>Nataraja:</b> Clear				
Creative Work	Amrita Yoga			<b>Chaturthi* Until 10:08AM</b>	Moon - Light Blue			<b>Sivaloka Day</b>	
Until 7:31PM					<b>Karttika-Aipasi</b>				
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Monday, November 12, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava Karana Panchamyam Titau		Oslo, Norway Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 18.36	Tithi 5	<b>Gulika</b>	1:01PM - 2:00PM	<b>Purvashadha* Until 11:55PM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:05AM			
<b>Family Home Evening</b>		Yama	11:03AM - 12:02PM	Dhriti Until 10:08PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:59PM		Moon 10 - Phase 29	3rd Phase
		775762364 <b>Rahu</b>	9:04AM - 10:03AM	Bava Until 8:17AM	<b>Nataraja:</b> Clear				
Routine Work	Marana Yoga			<b>Panchami Until 9:23PM</b>	Moon - Light Blue			<b>Sivaloka Day</b>	
Until 7:31PM					<b>Karttika-Aipasi</b>				
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Tuesday, November 13, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Tailita Karana Shashthiyam Titau		Oslo, Norway Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 0.33	Tithi 6	<b>Gulika</b>	12:02PM - 1:01PM	<b>Purvashadha* Until 11:55PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 8:07AM			
		Yama	10:05AM - 11:03AM	Shula* Until 11:70AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:56PM		Moon 10 - Phase 29	3rd Phase
		775762364 <b>Rahu</b>	1:59PM - 2:58PM	Kaulava Until 12:78AM Wed	<b>Nataraja:</b> Clear				
Routine Work	Prabalarishta Yoga			<b>Shashthi* Until 11:12AM Tue</b>	Moon - Light Blue			<b>Sivaloka Day</b>	
Until 11:55PM					<b>Karttika-Aipasi</b>				
Then Creative Work - Siddha Yoga									

<b>6</b>		<b>Wednesday, November 14, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 12.23	Tithi 7	<b>Gulika</b>	11:04AM - 12:02PM	<b>Shravana Until 4:16AM Thu</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 8:10AM			
		Yama	9:08AM - 10:06AM	Ganda* Until 12:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:54PM		Moon 10 - Phase 29	3rd Phase
		775762364 <b>Rahu</b>	12:02PM - 1:00PM	Gara Until 1:18PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga			<b>Saptami Until 2:38AM Thu</b>	Moon - Purple			<b>Subha Sivaloka Day</b>	
Until 11:55PM					<b>Karttika-Aipasi</b>				
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti* Karana Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 24.1	Tithi 8	<b>Gulika</b>	10:07AM - 11:05AM	<b>Dhanishtha Until 7:18AM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 8:12AM			
		Yama	8:12AM - 9:10AM	Vriddhi Until 7:18AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:52PM		Moon 10 - Phase 29	Ashtami
		775762364 <b>Rahu</b>	1:00PM - 1:57PM	Visti Until 3:59PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga			<b>Ashtami* Until 5:13AM Fri</b>	Moon - Purple			<b>Subha Sivaloka Day</b>	
Until 11:55PM					<b>Karttika-Aipasi</b>				
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau		Oslo, Norway Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 6.01	Tithi 9	<b>Gulika</b>	9:12AM - 10:09AM	<b>Dhanishtha Until 7:27AM Sat</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 8:15AM			
		Yama	1:56PM - 2:53PM	Dhruva Until 1:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:50PM		Moon 10 - Phase 29	Navami
		775762364 <b>Rahu</b>	11:05AM - 12:02PM	Balava Until 6:25PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga			<b>Navami* Until 7:27AM Sat</b>	Moon - Purple			<b>Subha Sivaloka Day</b>	
Until 11:55PM					<b>Karttika-Karttikai</b>				
Then Creative Work - Siddha Yoga									

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1

Saturday, November 17, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam  
Dhanishtha/Purvaprosnthapada\* Nakshatra Vyaghata\*/Harshana Yoga Kaulava Karana Navami/Dashamyam Titau

Oslo, Norway

Kumbha Rasi: 18 Tithi 9 - 10

Gulika 8:17AM - 9:14AM  
Yama 12:59PM - 1:55PM  
Rahu 10:10AM - 11:06AMDhanishtha Until 7:27AM  
Vyaghata\* Until 9:47AM  
Kaulava Until 7:27AM  
Navami\* Until 7:27AMGanesha: Clear Sunrise: 8:17AM  
Muruga: Clear Sunset: 3:48PM  
Nataraja: White  
Moon - Purple  
Karttika-KarttikaiSun 23 Sutra 216  
Vilamba 5120  
Moon 10 - Phase 30  
4th Phase

Devaloka Day

Creative Work Amrita Yoga  
Until 7:27AM  
Then Routine Work - Marana Yoga

2

Sunday, November 18, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Uttaraprosnthapada Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Ekadashi/Dvadashyam Titau

Oslo, Norway

Meena Rasi: 0.13 Tithi 10 - 11

Gulika 1:54PM - 2:50PM  
Yama 12:03PM - 12:59PM  
Rahu 2:50PM - 3:46PMShatabhishak Until 9:06AM  
Harshana Until 2:32PM  
Vanija Until 9:41PM  
Dashami Until 14:32AM SunGanesha: Red Sunrise: 8:20AM  
Muruga: Clear Sunset: 3:46PM  
Nataraja: White  
Moon - Clear  
Karttika-KarttikaiSun 24 Sutra 217  
Vilamba 5120  
Moon 10 - Phase 30  
4th Phase

Devaloka Day

Creative Work Siddha Yoga  
Until 9:06AM  
Then Creative Work - Amrita Yoga

3

Monday, November 19, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam  
Uttaraprosnthapada/Revati Nakshatra Vajra\*/Siddhi Yoga Visti\*/Kaulava Karana Ekadashi/Dvadashyam Titau

Oslo, Norway

Meena Rasi: 12.43 Tithi 11 - 12

Gulika 12:58PM - 1:54PM  
Yama 11:08AM - 12:03PM  
Rahu 9:17AM - 10:12AMUttaraprosnthapada Until 1:25PM  
Vajra\* Until 1:25PM  
Kaulava Until 21:63AM Tue  
Ekadashi Until 10:02AMGanesha: Red Sunrise: 8:22AM  
Muruga: Clear Sunset: 3:44PM  
Nataraja: White  
Moon - Clear  
Karttika-KarttikaiSun 25 Sutra 218  
Vilamba 5120  
Moon 10 - Phase 30  
4th Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, November 20, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Siddhi/Vyatiyata\* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Oslo, Norway

Meena Rasi: 25.34 Tithi 12 - 13

Gulika 12:03PM - 12:58PM  
Yama 10:14AM - 11:09AM  
Rahu 1:53PM - 2:47PMRevati Until 9:40AM Wed  
Siddhi Until 12:53PM  
Kaulava Until 10:03PM  
Dvadashi Until 10:13AMGanesha: Red Sunrise: 8:24AM  
Muruga: Clear Sunset: 3:42PM  
Nataraja: White  
Moon - Clear  
Karttika-KarttikaiSun 26 Sutra 219  
Vilamba 5120  
Moon 10 - Phase 30  
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Pradosha Vrata

5

Wednesday, November 21, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam  
Revati/Bharani Nakshatra Vyatiyata\*/Variyan Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau

Oslo, Norway

Mesha Rasi: 8.48 Tithi 13 - 14

Gulika 11:09AM - 12:04PM  
Yama 9:21AM - 10:15AM  
Rahu 12:04PM - 12:58PMRevati Until 9:40AM  
Vyatiyata\* Until 8:61AM Thu  
Gara Until 9:10PM  
Trayodashi Until 9:40AMGanesha: Blue Sunrise: 8:27AM  
Muruga: Clear Sunset: 3:40PM  
Nataraja: White  
Moon - White  
Karttika-KarttikaiSun 27 Sutra 220  
Vilamba 5120  
Moon 10 - Phase 30  
4th Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 9:40AM

Then Creative Work - Siddha Yoga

O

Thursday, November 22, 2018

Copper Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam  
Ashvini/Krittika Nakshatra Variyan/Parigha\* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau

Oslo, Norway

Mesha Rasi: 22.24 Tithi 14 - 15

Gulika 10:16AM - 11:10AM  
Yama 8:29AM - 9:23AM  
Rahu 12:57PM - 1:51PMAshvini Until 8:28AM  
Variyan Until 1:23PM  
Bava Until 7:40PM  
Chaturdashi\* Until 8:61AM ThuGanesha: Blue Sunrise: 8:29AM  
Muruga: Clear Sunset: 3:39PM  
Nataraja: White  
Moon - White  
Karttika-KarttikaiSutra 221  
Vilamba 5120  
Moon 10 - Phase 30  
Purnima

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 8:28AM

Then Routine Work - Marana Yoga

Friday, November 23, 2018

Silver Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Oslo, Norway

Vrishabha Rasi: 6.2 Tithi 15 - 16

Gulika 9:25AM - 10:18AM  
Yama 1:50PM - 2:44PM  
Rahu 11:11AM - 12:04PMKrittika Until 12:05PM  
Parigha\* Until 6:25AM  
Balava Until 5:42PM  
Purnima\* Until 6:25AM FriGanesha: Blue Sunrise: 8:31AM  
Muruga: Clear Sunset: 3:37PM  
Nataraja: White  
Moon - White  
Karttika-KarttikaiSutra 222  
Vilamba 5120  
Moon 10 - Phase 30  
Prathama

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 12:05PM

Then Routine Work - Marana Yoga

Krittika Deepam  
Vinayaga Viratam Begins



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 20.31    Tiithi 17

737762365

**Gulika** 8:34AM – 9:26AM  
**Yama** 12:57PM – 1:50PM  
**Rahu** 10:19AM – 11:12AM

**Rohini Until 10:42AM**  
**Siddha Until 12:19AM Sun**  
**Taitila Until 3:25PM**  
**Dvitiya Until 2:10AM Sun**

**Ganesha:** Red    *Sunrise:* 8:34AM  
**Muruga:** Clear    *Sunset:* 3:35PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway

Sun 1    Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.53    Tiithi 18

737762365

**Gulika** 1:49PM – 2:41PM  
**Yama** 12:05PM – 12:57PM  
**Rahu** 2:41PM – 3:33PM

**Mrigashira Until 8:56AM**  
**Sadhya Until 8:56AM**  
**Vanija Until 12:55PM**  
**Tritiya Until 11:37PM**

**Ganesha:** Red    *Sunrise:* 8:36AM  
**Muruga:** Clear    *Sunset:* 3:33PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Siddha Yoga

Until 6:36PM Tue

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 2    Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 19.2    Tiithi 19

737762365

**Gulika** 12:57PM – 1:48PM  
**Yama** 11:13AM – 12:05PM  
**Rahu** 9:30AM – 10:22AM

**Ardra Until 6:36PM Tue**  
**Subha Until 5:45PM**  
**Bava Until 10:21AM**  
**Chaturthi\* Until 9:04PM**

**Ganesha:** Red    *Sunrise:* 8:38AM  
**Muruga:** Clear    *Sunset:* 3:32PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Siddha Yoga

Until 6:36PM Tue

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Vanija Karana Panchamyam Titau

Oslo, Norway

Sun 3    Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.46    Tiithi 20

747762365

**Gulika** 12:05PM – 12:57PM  
**Yama** 10:23AM – 11:14AM  
**Rahu** 1:48PM – 2:39PM

**Ardra Until 6:36PM**  
**Sukla Until 3:34AM Wed**  
**Kaulava Until 7:50AM**  
**Panchami Until 6:36PM**

**Ganesha:** Green    *Sunrise:* 8:40AM  
**Muruga:** Clear    *Sunset:* 3:30PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 4    Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 18.06    Tiithi 21 – 22

747862365

**Gulika** 11:15AM – 12:06PM  
**Yama** 9:33AM – 10:24AM  
**Rahu** 12:06PM – 12:56PM

**Pushya Until 4:17PM**  
**Brahma Until 8:27AM Thu**  
**Visti Until 2:74AM Thu**  
**Shashthi\* Until 11:23AM Wed**

**Ganesha:** White    *Sunrise:* 8:42AM  
**Muruga:** Clear    *Sunset:* 3:29PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 5    Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 2.19    Tiithi 22 – 23

757863365

**Gulika** 10:25AM – 11:16AM  
**Yama** 8:44AM – 9:35AM  
**Rahu** 12:56PM – 1:47PM

**Magha\* Until 12:46AM Fri**  
**Indra Until 8:27AM**  
**Balava Until 1:17AM Fri**  
**Saptami Until 8:27AM Thu**

**Ganesha:** Clear    *Sunrise:* 8:44AM  
**Muruga:** Purple    *Sunset:* 3:28PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga

Until 12:46AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 6    Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 16.22    Tiithi 23 – 24

757863365

**Gulika** 9:37AM – 10:26AM  
**Yama** 1:46PM – 2:36PM  
**Rahu** 11:16AM – 12:06PM

**Purvaphalguni Until 10:49AM Sat**  
**Vishkambha\* Until 3:08AM Sat**  
**Taitila Until 11:35PM**  
**Ashtami\* Until 12:22PM**

**Ganesha:** Clear    *Sunrise:* 8:47AM  
**Muruga:** Purple    *Sunset:* 3:26PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

<b>1</b>		<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Gara Karana Navami/Dashmyam Titau		Oslo, Norway Sun 7 Sutra 230 Vilamba 5120	
Kanya Rasi: 0.16	Tithi 24 – 25	<b>Gulika</b>	8:49AM – 9:38AM	<b>Purvaphalguni Until 10:49AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:49AM	
		Yama	12:56PM – 1:46PM	Priti Until 12:50AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:25PM	Moon 11 - Phase 32
Routine Work	Marana Yoga	758863365	<b>Rahu</b>	Gara Until 10:49AM	<b>Nataraja:</b> White		2nd Phase
			10:28AM – 11:17AM	Navami* Until 10:49AM	Moon – Red		
					<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>
							Devaloka Time: 6:AM to 9:AM

<b>2</b>		<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Oslo, Norway Sun 8 Sutra 231 Vilamba 5120	
Kanya Rasi: 13.59	Tithi 25 – 26	<b>Gulika</b>	1:45PM – 2:35PM	<b>Uttaraphalguni Until 9:31AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:51AM	
		Yama	12:07PM – 12:56PM	Ayushman Until 10:30PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:24PM	Moon 11 - Phase 32
Creative Work	Amrita Yoga	768863365	<b>Rahu</b>	Balava Until 8:32AM Mon	<b>Nataraja:</b> White		2nd Phase
Until 9:31AM			2:35PM – 3:24PM	Dashami Until 9:31AM	Moon – Green		
Then Creative Work - Siddha Yoga					<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>

<b>3</b>		<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 9 Sutra 232 Vilamba 5120	
Kanya Rasi: 27.32	Tithi 26 – 27	<b>Gulika</b>	12:56PM – 1:45PM	<b>Hasta Until 8:32AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:52AM	
<b>Family Home Evening</b>		Yama	11:19AM – 12:08PM	Saubhagya Until 18:77AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:23PM	Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	768863365	<b>Rahu</b>	Kaulava Until 8:11PM	<b>Nataraja:</b> White		2nd Phase
Until 8:32AM			9:41AM – 10:30AM	Ekadashi* Until 8:32AM	Moon – Green		
Then Creative Work - Amrita Yoga					<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>

<b>4</b>		<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 10 Sutra 233 Vilamba 5120	
Tula Rasi: 10.55	Tithi 27 – 28	<b>Gulika</b>	12:08PM – 12:56PM	<b>Svati Until 7:34AM Wed</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:54AM	
		Yama	10:31AM – 11:20AM	Sobhana Until 10:21PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:22PM	Moon 11 - Phase 32
Creative Work	Siddha Yoga	768863365	<b>Rahu</b>	Taitila Until 7:52AM	<b>Nataraja:</b> White		2nd Phase
Until 7:34AM Wed			1:45PM – 2:33PM	Dvadashi* Until 7:52AM	Moon – Green		
Then Routine Work - Marana Yoga					<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>
							<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 11 Sutra 234 Vilamba 5120	
Tula Rasi: 24.05	Tithi 28 – 29	<b>Gulika</b>	11:20AM – 12:08PM	<b>Svati Until 7:34AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:56AM	
		Yama	9:44AM – 10:32AM	Athiganda* Until 17:04AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:21PM	Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365	<b>Rahu</b>	Visti Until 7:36PM	<b>Nataraja:</b> White		2nd Phase
			12:08PM – 12:56PM	Trayodashi* Until 7:17PM	Moon – Orange		
					<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>

<b>Thursday, December 6, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway Sun 12 Sutra 235 Vilamba 5120	
Vrischika Rasi: 7.03	Tithi 29 – 30	<b>Gulika</b>	10:33AM – 11:21AM	<b>Anuradha Until 8:20AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:58AM	
		Yama	8:58AM – 9:46AM	Sukarma Until 5:04PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:20PM	Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365	<b>Rahu</b>	Sakuni Until 7:42AM	<b>Nataraja:</b> White		Amavasya
Until 8:20AM Fri			12:57PM – 1:44PM	Chaturdashi* Until 7:42AM	Moon – Orange		
Then Routine Work - Marana Yoga					<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>

<b>Friday, December 7, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Oslo, Norway Sun 13 Sutra 236 Vilamba 5120	
Vrischika Rasi: 19.47	Tithi 30 – 1	<b>Gulika</b>	9:47AM – 10:34AM	<b>Anuradha Until 8:20AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 9:00AM	
		Yama	1:44PM – 2:32PM	Dhriti Until 15:84AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:19PM	Moon 11 - Phase 32
Routine Work	Marana Yoga	779863365	<b>Rahu</b>	Kintughna Until 8:52PM	<b>Nataraja:</b> White		Prathama
Until 8:20AM			11:22AM – 12:09PM	Amavasya* Until 8:20AM	Moon – Orange		
Then Creative Work - Amrita Yoga					<b>Margasira-Karttikai</b>		<b>Bhuloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 2.16	Tithi 1 – 2	<b>Gulika</b> Yama	<b>9:01AM – 9:48AM</b> 12:57PM – 1:44PM	<b>Mula* Until 3:36AM Sun</b> Shula* Until 4:24PM Bava Until 9:29AM <b>Prathama* Until 9:29AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 9:01AM <b>Sunset:</b> 3:18PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga	789863365	<b>Rahu</b> 10:35AM – 11:23AM				<b>Bhuloka Day</b>
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 14.32	Tithi 2 – 3	<b>Gulika</b> Yama	<b>1:44PM – 2:31PM</b> 12:10PM – 12:57PM	<b>Purvashadha* Until 1:22PM Mon</b> Ganda* Until 4:41PM Taitila Until 12:15AM Mon <b>Dvitiya Until 11:11AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 9:03AM <b>Sunset:</b> 3:18PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga	789863365	<b>Rahu</b> 2:31PM – 3:18PM				<b>Bhuloka Day</b>
Until 1:22PM Mon							
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 26.36	Tithi 3 – 4	<b>Gulika</b> Yama	<b>12:57PM – 1:44PM</b> 11:24AM – 12:11PM	<b>Purvashadha* Until 1:22PM</b> Vridhi Until 5:18PM Vanija Until 2:38AM Tue <b>Tritiya Until 1:22PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 9:04AM <b>Sunset:</b> 3:17PM	Moon 11 - Phase 33 3rd Phase
<b>Family Home Evening</b>		789863365	<b>Rahu</b> 9:51AM – 10:37AM				<b>Bhuloka Day</b>
Routine Work	Marana Yoga						
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 8.3	Tithi 4 – 5	<b>Gulika</b> Yama	<b>12:11PM – 12:57PM</b> 10:38AM – 11:25AM	<b>Uttarashadha Until 8:51AM</b> Dhruva Until 6:10PM Bava Until 5:18AM Wed <b>Chaturthi* Until 3:55PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 9:06AM <b>Sunset:</b> 3:17PM	Moon 11 - Phase 33 3rd Phase
Routine Work	Prabalarishta Yoga	789863365	<b>Rahu</b> 1:44PM – 2:30PM				<b>Bhuloka Day</b>
Until 8:51AM							
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau		Oslo, Norway Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 20.19	Tithi 5	<b>Gulika</b> Yama	<b>11:25AM – 12:12PM</b> 9:53AM – 10:39AM	<b>Shravana Until 12:08PM</b> Vyaghata* Until 7:10PM Balava Until 6:40PM <b>Panchami Until 6:40PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 9:07AM <b>Sunset:</b> 3:16PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga	799863365	<b>Rahu</b> 12:12PM – 12:58PM				<b>Bhuloka Day</b>
Until 12:08PM							Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga							
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Oslo, Norway Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2.05	Tithi 6	<b>Gulika</b> Yama	<b>10:40AM – 11:26AM</b> 9:08AM – 9:54AM	<b>Dhanishtha Until 3:17PM</b> Harshana Until 8:09PM Kaulava Until 10:40AM Fri <b>Shashthi* Until 7:10PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 9:08AM <b>Sunset:</b> 3:16PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga	799863365	<b>Rahu</b> 12:58PM – 1:44PM				<b>Bhuloka Day</b>
							Devaloka Time: 6:AM to 9:AM
Vinayaga Viratam Ends							
<b>Retreat Star</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 20 Sutra 243 Vilamba 5120	
Kumbha Rasi: 13.55	Tithi 7	<b>Gulika</b> Yama	<b>9:55AM – 10:41AM</b> 1:44PM – 2:30PM	<b>Shatabhishak Until 6:04PM</b> Vajra* Until 6:04PM Gara Until 10:40AM <b>Saptami Until 11:49PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 9:10AM <b>Sunset:</b> 3:16PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga	799863365	<b>Rahu</b> 11:27AM – 12:13PM				<b>Bhuloka Day</b>
							Devaloka Time: 6:AM to 9:AM
<b>Retreat Star</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 244 Vilamba 5120	
Kumbha Rasi: 25.52	Tithi 8	<b>Gulika</b> Yama	<b>9:11AM – 9:56AM</b> 12:59PM – 1:44PM	<b>Purvaproshtapada* Until 8:45PM</b> Siddhi Until 9:21PM Visti Until 12:53PM <b>Ashtami* Until 1:45AM Sun</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 9:11AM <b>Sunset:</b> 3:15PM	Moon 11 - Phase 33 Ashtami
Routine Work	Marana Yoga	711863365	<b>Rahu</b> 10:42AM – 11:27AM				<b>Bhuloka Day</b>
Until 8:45PM							Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Taitila Karana Navamyam Titau		Oslo, Norway Sun 22 Sutra 245 Vilamba 5120	
Meena Rasi: 8.03	Tithi 9	<b>Gulika</b> Yama	<b>1:45PM – 2:30PM</b> 12:14PM – 12:59PM	<b>Uttaraproshtapada Until 10:38PM</b> Vyatipata* Until 9:18PM Balava Until 15:22AM Mon <b>Navami* Until 9:21PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear <b>Margasira-Markali</b>	<b>Sunrise:</b> 9:12AM <b>Sunset:</b> 3:15PM	Moon 11 - Phase 33 Navami
Creative Work	Amrita Yoga	811863365	<b>Rahu</b> 2:30PM – 3:15PM				<b>Bhuloka Day</b>
Markali Pillaiyar							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>		<b>Monday, December 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
		Revati Nakshatra Variyan Yoga Taitila Karana Dashamyam Titau						Sun 23 Sutra 246	
		<b>Gulika</b> 12:59PM – 1:45PM		<b>Revati Until 11:38PM</b>		<b>Ganesha:</b> Purple <i>Sunrise:</i> 9:13AM		Vilamba 5120	
Meena Rasi: 20.31		Yama 11:29AM – 12:14PM		Variyan Until 8:38PM		<b>Muruga:</b> Purple <i>Sunset:</i> 3:15PM		Moon 11 - Phase 34	
<b>Family Home Evening</b>		<b>Rahu</b> 9:58AM – 10:43AM		Taitila Until 3:22PM		<b>Nataraja:</b> White		4th Phase	
Creative Work Siddha Yoga				<b>Dashami Until 3:29AM Tue</b>		Moon – Clear		<b>Bhuloka Day</b>	
						<b>Margasira*Markali</b>			

<b>2</b>		<b>Tuesday, December 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
		Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 24 Sutra 247	
		<b>Gulika</b> 12:15PM – 1:00PM		<b>Ashvini Until 12:09AM Wed</b>		<b>Ganesha:</b> Clear <i>Sunrise:</i> 9:14AM		Vilamba 5120	
Mesha Rasi: 3.21		Yama 10:44AM – 11:29AM		Parigha* Until 7:21PM		<b>Muruga:</b> Purple <i>Sunset:</i> 3:16PM		Moon 11 - Phase 34	
<b>Family Home Evening</b>		<b>Rahu</b> 1:45PM – 2:30PM		Vanija Until 14:40AM Wed		<b>Nataraja:</b> White		4th Phase	
Creative Work Siddha Yoga				<b>Ekadashi Until 8:38PM</b>		Moon – White		<b>Bhuloka Day</b>	
		<b>Vaikuntha Ekadasi</b>				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Wednesday, December 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
		Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau						Sun 25 Sutra 248	
		<b>Gulika</b> 11:30AM – 12:15PM		<b>Bharani Until 11:43PM</b>		<b>Ganesha:</b> Clear <i>Sunrise:</i> 9:14AM		Vilamba 5120	
Mesha Rasi: 16.35		Yama 10:00AM – 10:45AM		Shiva Until 5:26PM		<b>Muruga:</b> Purple <i>Sunset:</i> 3:16PM		Moon 11 - Phase 34	
<b>Family Home Evening</b>		<b>Rahu</b> 12:15PM – 1:00PM		Bava Until 2:40PM		<b>Nataraja:</b> White		4th Phase	
Creative Work Siddha Yoga				<b>Dvadashi Until 1:59AM Thu</b>		Moon – White		<b>Bhuloka Day</b>	
Until 11:43PM						<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Thursday, December 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
		Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Gara Karana Trayodashyam Titau						Sun 26 Sutra 249	
		<b>Gulika</b> 10:45AM – 11:31AM		<b>Krittika Until 10:28PM</b>		<b>Ganesha:</b> Clear <i>Sunrise:</i> 9:15AM		Vilamba 5120	
Vrisabha Rasi: 0.17		Yama 9:15AM – 10:00AM		Siddha Until 2:56PM		<b>Muruga:</b> Purple <i>Sunset:</i> 3:16PM		Moon 11 - Phase 34	
<b>Family Home Evening</b>		<b>Rahu</b> 1:01PM – 1:46PM		Kaulava Until 11:00AM Fri		<b>Nataraja:</b> White		4th Phase	
Routine Work Marana Yoga				<b>Trayodashi Until 5:26PM</b>		Moon – White		<b>Bhuloka Day</b>	
						<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM	
								<i>Pradosha Vrata</i>	

<b>5</b>		<b>Friday, December 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
		Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau						Sun 27 Sutra 250	
		<b>Gulika</b> 10:01AM – 10:46AM		<b>Rohini Until 8:54PM</b>		<b>Ganesha:</b> White <i>Sunrise:</i> 9:16AM		Vilamba 5120	
Vrisabha Rasi: 14.23		Yama 1:46PM – 2:31PM		Sadhya Until 11:56AM		<b>Muruga:</b> Purple <i>Sunset:</i> 3:17PM		Moon 11 - Phase 34	
<b>Family Home Evening</b>		<b>Rahu</b> 11:31AM – 12:16PM		Gara Until 11:00AM		<b>Nataraja:</b> White		4th Phase	
Routine Work Marana Yoga				<b>Chaturdashi* Until 9:43PM</b>		Moon – Yellow		<b>Bhuloka Day</b>	
Until 8:54PM						<b>Margasira*Markali</b>			
Then Creative Work - Siddha Yoga		<b>Day 1 of Pancha Ganapati</b>							

<b>○</b>		<b>Saturday, December 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
		<b>Copper Retreat Star</b>				Mrigashira Nakshatra Subha/Sukla Yoga Visti* Karana Purnimayam Titau		Sutra 251	
		<b>Gulika</b> 9:16AM – 10:01AM		<b>Mrigashira Until 3:45PM Sun</b>		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 9:16AM		Vilamba 5120	
Vrisabha Rasi: 28.5		Yama 1:02PM – 1:47PM		Subha Until 8:32AM		<b>Muruga:</b> Purple <i>Sunset:</i> 3:17PM		Moon 11 - Phase 34	
<b>Family Home Evening</b>		<b>Rahu</b> 10:46AM – 11:32AM		Visti Until 8:21AM		<b>Nataraja:</b> White		Purnima	
Creative Work Siddha Yoga				<b>Purnima* Until 6:52PM</b>		Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Day 2 of Pancha Ganapati</b>				<b>Margasira*Markali</b>		Devaloka Time: 9:AM to 12:PM	

		<b>Sunday, December 23, 2018</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
		<b>Silver Retreat Star</b>				Mrigashira/Punarvasu Nakshatra Brahma Yoga Kaulava Karana Prathama/Dvitiyayam Titau		Sutra 252	
		<b>Gulika</b> 1:47PM – 2:33PM		<b>Mrigashira Until 3:45PM</b>		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 9:17AM		Vilamba 5120	
Mithuna Rasi: 13.34		Yama 12:17PM – 1:02PM		Brahma Until 24:60		<b>Muruga:</b> Purple <i>Sunset:</i> 3:18PM		Moon 11 - Phase 34	
<b>Family Home Evening</b>		<b>Rahu</b> 2:33PM – 3:18PM		Kaulava Until 3:45PM		<b>Nataraja:</b> White		Prathama	
Creative Work Siddha Yoga				<b>Prathama* Until 3:45PM</b>		Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Day 3 of Pancha Ganapati</b>				<b>Margasira*Markali</b>		Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 28.26 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 9:19AM Tue

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:03PM - 1:48PM

Yama 11:33AM - 12:18PM

Rahu 10:02AM - 10:47AM

Day 4 of Pancha Ganapati

Punarvasu Until 9:19AM Tue

Indra Until 9:07PM

Vanija Until 10:55PM

Dvitiya Until 12:31PM

Ganesh: Blue Sunrise: 9:17AM

Muruga: Purple Sunset: 3:18PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Oslo, Norway

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 13.19 Tihi 18 - 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Punarvasu/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Kaulava Karana Tritiya/Chaturthyam Titau

Gulika 12:18PM - 1:03PM

Yama 10:48AM - 11:33AM

Rahu 1:49PM - 2:34PM

Day 5 of Pancha Ganapati

Punarvasu Until 9:19AM

Vaidhriti\* Until 11:25AM

Kaulava Until 16:52AM Wed

Tritiya Until 9:19AM

Ganesh: Yellow Sunrise: 9:17AM

Muruga: Purple Sunset: 3:19PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Oslo, Norway

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 28.05 Tihi 19 - 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Pushya/Magha\* Nakshatra Vishkambha\*/Priti Yoga Balava Karana Chaturthi/Panchamyam Titau

Gulika 11:33AM - 12:19PM

Yama 10:03AM - 10:48AM

Rahu 12:19PM - 1:04PM

Day 5 of Pancha Ganapati

Pushya\* Until 6:16AM

Vishkambha\* Until 8:59AM

Balava Until 6:16AM

Chaturthi\* Until 6:16AM

Ganesh: Yellow Sunrise: 9:18AM

Muruga: Purple Sunset: 3:20PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Oslo, Norway

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 12.38 Tihi 21

Creative Work Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Visti\* Karana Shashthyam Titau

Gulika 10:48AM - 11:34AM

Yama 9:18AM - 10:03AM

Rahu 1:05PM - 1:50PM

Day 5 of Pancha Ganapati

Magha\* Until 7:08AM

Priti Until 7:08AM

Gara Until 11:70AM Fri

Shashthi\* Until 10:17AM Thu

Ganesh: Blue Sunrise: 9:18AM

Muruga: Purple Sunset: 3:21PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Oslo, Norway

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 26.55 Tihi 22

Creative Work Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 10:03AM - 10:49AM

Yama 1:51PM - 2:36PM

Rahu 11:34AM - 12:20PM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 4:17AM Sat

Ayushman Until 7:14AM

Visti Until 10:32AM Sat

Saptami Until 7:14AM Fri

Ganesh: Blue Sunrise: 9:18AM

Muruga: Purple Sunset: 3:22PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Oslo, Norway

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.53 Tihi 23

Routine Work Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta Nakshatra Sobhana Yoga Balava Karana Ashtamyam Titau

Gulika 9:18AM - 10:03AM

Yama 1:06PM - 1:52PM

Rahu 10:49AM - 11:35AM

Day 5 of Pancha Ganapati

Hasta Until 3:50AM Sun

Sobhana Until 3:50AM Sun

Balava Until 10:32AM

Ashtami\* Until 9:54PM

Ganesh: Red Sunrise: 9:18AM

Muruga: Purple Sunset: 3:23PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Oslo, Norway

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 24.32 Tihi 24

Creative Work Siddha Yoga

Until 3:46AM Mon

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chitra Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:52PM - 2:38PM

Yama 12:21PM - 1:07PM

Rahu 2:38PM - 3:24PM

Day 5 of Pancha Ganapati

Chitra Until 3:46AM Mon

Athiganda\* Until 12:33AM Mon

Taitila Until 9:26AM

Navami\* Until 9:04PM

Ganesh: Red Sunrise: 9:17AM

Muruga: Purple Sunset: 3:24PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Oslo, Norway

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

<b>1</b>		<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Oslo, Norway Sun 8 Sutra 260 Vilamba 5120	
Tula Rasi: 7.53	Tithi 25	<b>Gulika</b>	1:07PM – 1:53PM	<b>Svati Until 4:03AM Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 9:17AM	
<b>Family Home Evening</b>	862963366	Yama	11:35AM – 12:21PM	Sukarma Until 11:09PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:25PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		<b>Rahu</b>	10:03AM – 10:49AM	Vanija Until 8:49AM Tue	<b>Nataraja:</b> Green		2nd Phase
Until 4:03AM Tue				<b>Dashami Until 12:33AM Mon</b>	Moon – Green		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM

<b>2</b>		<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Oslo, Norway Sun 9 Sutra 261 Vilamba 5120	
Tula Rasi: 20.58	Tithi 26	<b>Gulika</b>	12:22PM – 1:08PM	<b>Vishakha Until 5:08AM Wed</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 9:17AM	
	872963366	Yama	10:49AM – 11:36AM	Dhriti Until 10:09PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:27PM	Moon 12 - Phase 36
Routine Work Marana Yoga		<b>Rahu</b>	1:54PM – 2:41PM	Bava Until 8:49AM	<b>Nataraja:</b> Green		2nd Phase
Until 5:08AM Wed				<b>Ekadashi* Until 8:58PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Margasira*Markali</b>		

<b>3</b>		<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Kaulava/Gara Karana Dvadashyam Titau		Oslo, Norway Sun 10 Sutra 262 Vilamba 5120	
Vrischika Rasi: 3.47	Tithi 27	<b>Gulika</b>	11:36AM – 12:22PM	<b>Anuradha Until 6:31AM Thu</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 9:16AM	
	872963366	Yama	10:03AM – 10:49AM	Shula* Until 6:31AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:28PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b>	12:22PM – 1:09PM	Kaulava Until 9:73AM Thu	<b>Nataraja:</b> Green		2nd Phase
Until 6:31AM Thu				<b>Dvadashi* Until 10:09PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Margasira*Markali</b>		

<b>4</b>		<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Oslo, Norway Sun 11 Sutra 263 Vilamba 5120	
Vrischika Rasi: 16.23	Tithi 28	<b>Gulika</b>	10:49AM – 11:36AM	<b>Anuradha Until 6:31AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 9:16AM	
	872963366	Yama	9:16AM – 10:03AM	Ganda* Until 6:31AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:30PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b>	1:10PM – 1:56PM	Gara Until 10:13AM	<b>Nataraja:</b> Green		2nd Phase
Until 6:31AM				<b>Trayodashi* Until 10:51PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Margasira*Markali</b>		

<b>5</b>		<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Oslo, Norway Sun 12 Sutra 264 Vilamba 5120	
Vrischika Rasi: 28.47	Tithi 29	<b>Gulika</b>	10:02AM – 10:49AM	<b>Jyeshtha* Until 2:29AM Sun Sat</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 9:15AM	
	872963366	Yama	1:57PM – 2:44PM	Vriddhi Until 8:12AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:31PM	Moon 12 - Phase 36
Routine Work Marana Yoga		<b>Rahu</b>	11:36AM – 12:23PM	Visti Until 11:37AM	<b>Nataraja:</b> Green		2nd Phase
Until 2:29AM Sun Sat				<b>Chaturdashi* Until 12:28AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					<b>Margasira*Markali</b>		

<b>●</b>		<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Oslo, Norway Sun 13 Sutra 265 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	9:15AM – 10:02AM	<b>Jyeshtha* Until 2:29AM Sun</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 9:15AM	
Dhanus Rasi: 11	Tithi 30	Yama	1:11PM – 1:58PM	Dhruva Until 9:40PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 3:33PM	Moon 12 - Phase 36
	882963366	<b>Rahu</b>	10:49AM – 11:36AM	Catuspada Until 1:27PM	<b>Nataraja:</b> Green		Amavasya
Creative Work Siddha Yoga				<b>Amavasya* Until 2:29AM Sun</b>	Moon – Light Blue		<b>Bhuloka Day</b>
		<b>Subramuniyaswami Jayanti</b>			<b>Margasira*Markali</b>		

<b>○</b>		<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Oslo, Norway Sun 14 Sutra 266 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	1:59PM – 2:47PM	<b>Purvashadha* Until 7:27AM Tue Mon</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 9:14AM	
Dhanus Rasi: 23.04	Tithi 1	Yama	12:24PM – 1:12PM	Vyaghata* Until 10:18PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:35PM	Moon 12 - Phase 36
	882973366	<b>Rahu</b>	2:47PM – 3:35PM	Kintughna Until 3:39PM	<b>Nataraja:</b> Green		Prathama
Creative Work Siddha Yoga				<b>Prathama* Until 4:50AM Mon</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:27AM Tue Mon		<b>Partial Solar Eclipse</b>			<b>Pausha*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Oslo, Norway Sun 15 Sutra 267 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:13PM – 2:00PM	<b>Purvashadha* Until 7:27AM Tue</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 9:12AM	
Makara Rasi: 4.59	Tithi 2	Yama 11:37AM – 12:25PM	Harshana Until 10:69PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:36PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	882973366	<b>Rahu</b> 10:01AM – 10:49AM	Balava Until 6:09PM	<b>Nataraja:</b> Green		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya Until 7:27AM Tue</b>	Moon – Light Blue		
Until 7:27AM Tue				<b>Pausha-Markali</b>	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					Devaloka Time: 12:PM to 3:PM	

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Oslo, Norway Sun 16 Sutra 268 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:25PM – 1:13PM	<b>Uttarashadha Until 7:27AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 9:12AM	
Makara Rasi: 16.5	Tithi 2 – 3	Yama 10:49AM – 11:37AM	Vajra* Until 11:66PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:38PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 2:02PM – 2:50PM	Taitila Until 8:50PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 10:69PM</b>	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau				Oslo, Norway Sun 17 Sutra 269 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:37AM – 12:26PM	<b>Dhanishtha Until 10:22PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 9:11AM	
Makara Rasi: 28.37	Tithi 3 – 4	Yama 10:00AM – 10:48AM	Siddhi Until 10:22PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:40PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 12:26PM – 1:14PM	Visti Until 11:36PM	<b>Nataraja:</b> Green		3rd Phase
Routine Work Prabalarishta Yoga			<b>Tritiya Until 11:66PM</b>	Moon – Purple		
Until 10:22PM				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Oslo, Norway Sun 18 Sutra 270 Vilamba 5120
<b>4</b>		<b>Gulika</b> 10:48AM – 11:37AM	<b>Shatabhishak Until 3:27PM Fri</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 9:10AM	
Kumbha Rasi: 10.25	Tithi 4 – 5	Yama 9:10AM – 9:59AM	Vyatipata* Until 2:01AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:42PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 1:15PM – 2:04PM	Bava Until 2:15AM Fri	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 12:55PM</b>	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Varyan Yoga Balava Karana Panchami/Shashthyam Titau				Oslo, Norway Sun 19 Sutra 271 Vilamba 5120
<b>5</b>		<b>Gulika</b> 9:58AM – 10:48AM	<b>Shatabhishak Until 3:27PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 9:09AM	
Kumbha Rasi: 22.15	Tithi 5 – 6	Yama 2:05PM – 2:55PM	Varyan Until 4:14AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:44PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 11:37AM – 12:26PM	Balava Until 3:27PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 3:27PM</b>	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthi/Saptamyam Titau				Oslo, Norway Sun 20 Sutra 272 Vilamba 5120
<b>6</b>		<b>Gulika</b> 9:08AM – 9:57AM	<b>Purvaproshtapada* Until 5:37PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 9:08AM	
Meena Rasi: 4.12	Tithi 6 – 7	Yama 1:17PM – 2:06PM	Parigha* Until 6:37AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:46PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 10:47AM – 11:37AM	Taitila Until 5:37PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 5:37PM</b>	Moon – Clear		
Until 5:37PM				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Oslo, Norway Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:08PM – 2:58PM	<b>Uttaraproshtapada Until 7:15PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 9:06AM	
Meena Rasi: 16.2	Tithi 7	Yama 12:27PM – 1:17PM	Shiva Until 2:62AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:48PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 2:58PM – 3:48PM	Gara Until 7:49AM Mon	<b>Nataraja:</b> Green		3rd Phase
Creative Work Amrita Yoga			<b>Saptami Until 3:06AM Sun</b>	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Balava Karana Ashtamyam Titau				Oslo, Norway Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:18PM – 2:09PM	<b>Revati Until 8:18PM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 9:05AM	
Meena Rasi: 28.44	Tithi 8	Yama 11:37AM – 12:28PM	Siddha Until 8:14AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:50PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	813973366	<b>Rahu</b> 9:56AM – 10:46AM	Visti Until 8:21AM Tue	<b>Nataraja:</b> Green		Ashtami
Creative Work Siddha Yoga			<b>Ashtami* Until 2:62AM Mon</b>	Moon – Clear		
				<b>Pausha-Thai</b>	<b>Devaloka Day</b>	

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Bharani Nakshatra Sadhya Yoga Balava/Taitila Karana Navamyam Titau				Oslo, Norway Sun 23 Sutra 275 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:28PM – 1:19PM	<b>Revati Until 8:18PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 9:04AM	
Mesha Rasi: 11.28	Tithi 9	Yama 10:46AM – 11:37AM	Sadhya Until 24:68	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:52PM	Moon 12 - Phase 37
	823973366	<b>Rahu</b> 2:10PM – 3:01PM	Balava Until 7:64AM Wed	<b>Nataraja:</b> Green		Navami
Creative Work Siddha Yoga			<b>Navami* Until 2:23AM Tue</b>	Moon – White		
				<b>Pausha-Thai</b>	<b>Sivaloka Day</b>	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>	<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
			Ashvini/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 276
Mesha Rasi: 24.35	Tithi 10	<b>Gulika</b>	<b>11:37AM – 12:28PM</b>	<b>Ashvini Until 7:36PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 9:02AM	Vilamba 5120
		Yama	9:54AM – 10:45AM	Subha Until 10:75PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:55PM	Moon 12 - Phase 38
		823173366 <b>Rahu</b>	<b>12:28PM – 1:20PM</b>	Taitila Until 8:04AM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga			<b>Dashami Until 7:36PM</b>	Moon – White		<b>Sivaloka Day</b>
Until 7:36PM					<b>Pausha*Thai</b>		
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
			Bharani/Rohini Nakshatra Sukla Yoga Vanija Karana Ekadashyam Titau				Sun 25 Sutra 277
Vrishabha Rasi: 8.09	Tithi 11	<b>Gulika</b>	<b>10:45AM – 11:37AM</b>	<b>Bharani Until 6:05PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 9:01AM	Vilamba 5120
		Yama	9:01AM – 9:53AM	Sukla Until 9:02AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:57PM	Moon 12 - Phase 38
		823173366 <b>Rahu</b>	<b>1:21PM – 2:13PM</b>	Vanija Until 6:57AM	<b>Nataraja:</b> Green		4th Phase
Routine Work	Marana Yoga			<b>Ekadashi Until 6:05PM</b>	Moon – White		<b>Sivaloka Day</b>
					<b>Pausha*Thai</b>		

<b>3</b>	<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
			Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Gara Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 278
Vrishabha Rasi: 22.11	Tithi 12 – 13	<b>Gulika</b>	<b>9:51AM – 10:44AM</b>	<b>Rohini Until 7:54AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 8:59AM	Vilamba 5120
		Yama	2:14PM – 3:07PM	Brahma Until 7:54AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 3:59PM	Moon 12 - Phase 38
		823173366 <b>Rahu</b>	<b>11:36AM – 12:29PM</b>	Gara Until 1:93AM Sat	<b>Nataraja:</b> Green		4th Phase
Routine Work	Marana Yoga			<b>Dvadashi Until 8:43PM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 7:54AM					<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
			Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 279
Mithuna Rasi: 6.4	Tithi 13 – 14	<b>Gulika</b>	<b>8:57AM – 9:50AM</b>	<b>Mrigashira Until 9:48AM Sun</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 8:57AM	Vilamba 5120
		Yama	1:22PM – 2:15PM	Indra Until 2:05PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:01PM	Moon 12 - Phase 38
		823173366 <b>Rahu</b>	<b>10:43AM – 11:36AM</b>	Gara Until 11:29PM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi Until 14:05AM Sat</b>	Moon – Yellow		<b>Devaloka Day</b>
					<b>Pausha*Thai</b>		

	<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
			Mrigashira/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 280
Mithuna Rasi: 21.3	Tithi 14 – 15	<b>Gulika</b>	<b>2:17PM – 3:10PM</b>	<b>Mrigashira Until 9:48AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 8:56AM	Vilamba 5120
		Yama	12:30PM – 1:23PM	Vaidhriti* Until 5:61AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 38
		823173366 <b>Rahu</b>	<b>3:10PM – 4:04PM</b>	Visti Until 8:04PM	<b>Nataraja:</b> Green		Purnima
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 9:48AM</b>	Moon – Blue		<b>Sivaloka Day</b>
					<b>Pausha*Thai</b>		

<b>Monday, January 21, 2019</b>	<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
			Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Sutra 281
Kataka Rasi: 6.35	Tithi 15 – 16	<b>Gulika</b>	<b>1:24PM – 2:18PM</b>	<b>Punarvasu Until 6:15AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 8:54AM	Vilamba 5120
<b>Family Home Evening</b>		Yama	11:36AM – 12:30PM	Vishkambha* Until 1:46AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:06PM	Moon 12 - Phase 38
		823173366 <b>Rahu</b>	<b>9:48AM – 10:42AM</b>	Kaulava Until 4:26PM	<b>Nataraja:</b> Green		Prathama
Creative Work	Siddha Yoga			<b>Purnima* Until 5:61AM Mon</b>	Moon – Blue		<b>Sivaloka Day</b>
					<b>Pausha*Thai</b>		
		<b>Total Lunar Eclipse</b>					
		<b>Thai Pusam</b>					



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Tailila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 21.46 Tihti 17

Gulika 12:30PM - 1:25PM  
Yama 10:41AM - 11:36AM  
Rahu 2:19PM - 3:14PM

Ashlesha\* Until 6:53PM  
Ayushman Until 6:53PM  
Tailila Until 12:45PM  
Dvitiya Until 10:56PM

Ganesha: Clear Sunrise: 8:52AM  
Muruga: Clear Sunset: 4:08PM  
Nataraja: Green  
Moon - Blue  
Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

844173366

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 6.54 Tihti 18

Gulika 11:35AM - 12:30PM  
Yama 9:45AM - 10:40AM  
Rahu 12:30PM - 1:26PM

Magha\* Until 4:16PM  
Saubhagya Until 5:27PM  
Vanija Until 9:12AM  
Tritiya Until 7:29PM

Ganesha: Purple Sunrise: 8:50AM  
Muruga: Clear Sunset: 4:11PM  
Nataraja: Green  
Moon - Red  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 4:16PM

Then Creative Work - Amrita Yoga

854173366

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 21.5 Tihti 19 - 20

Gulika 10:39AM - 11:35AM  
Yama 8:48AM - 9:44AM  
Rahu 1:26PM - 2:22PM

Purvaphalguni Until 1:50PM  
Sobhana Until 1:50PM  
Taitila Until 13:47AM Fri  
Chaturthi\* Until 4:24PM

Ganesha: Purple Sunrise: 8:48AM  
Muruga: Clear Sunset: 4:13PM  
Nataraja: Green  
Moon - Red  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

854173366

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 6.28 Tihti 20 - 21

Gulika 9:42AM - 10:39AM  
Yama 2:23PM - 3:20PM  
Rahu 11:35AM - 12:31PM

Uttaraphalguni Until 11:45AM  
Athiganda\* Until 10:14AM  
Gara Until 12:44AM Sat  
Panchami Until 10:14AM Fri

Ganesha: Clear Sunrise: 8:46AM  
Muruga: Clear Sunset: 4:16PM  
Nataraja: Green  
Moon - Red  
Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 11:45AM

Then Creative Work - Amrita Yoga

954173366

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhrili Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 20.41 Tihti 21 - 22

Gulika 8:44AM - 9:41AM  
Yama 1:28PM - 2:25PM  
Rahu 10:38AM - 11:34AM

Hasta Until 10:31AM  
Sukarma Until 7:18AM  
Visti Until 11:04PM  
Shashthi\* Until 11:48AM

Ganesha: Purple Sunrise: 8:44AM  
Muruga: Clear Sunset: 4:18PM  
Nataraja: Green  
Moon - Green  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

964173366

D

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 4.29 Tihti 22 - 23

Gulika 2:26PM - 3:23PM  
Yama 12:31PM - 1:29PM  
Rahu 3:23PM - 4:21PM

Chitra Until 9:51AM  
Shula\* Until 9:51AM  
Bava Until 10:30AM  
Saptami Until 10:30AM

Ganesha: Purple Sunrise: 8:42AM  
Muruga: Clear Sunset: 4:21PM  
Nataraja: Green  
Moon - Green  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

964173366

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 17.52 Tihti 23 - 24

Gulika 1:30PM - 2:27PM  
Yama 11:34AM - 12:32PM  
Rahu 9:38AM - 10:36AM

Svati Until 10:07AM Tue  
Ganda\* Until 1:52AM Tue  
Taitila Until 9:58PM  
Ashtami\* Until 3:06AM Mon

Ganesha: Purple Sunrise: 8:40AM  
Muruga: Clear Sunset: 4:23PM  
Nataraja: Green  
Moon - Green  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:07AM Tue

Then Routine Work - Marana Yoga

964173366

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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<b>1</b>		<b>Tuesday, January 29, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Vrischika Rasi: 0.5		Tihti 24 – 25		974173366		Svati/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 289	
Routine Work		Marana Yoga		Until 10:07AM		Then Creative Work - Siddha Yoga			
		<b>Gulika</b>		<b>12:32PM – 1:30PM</b>		<b>Svati Until 10:07AM</b>		<b>Ganesh:</b> Clear <i>Sunrise: 8:38AM</i>	
		Yama		10:35AM – 11:33AM		Vriddhi Until 24:72		<b>Muruga:</b> Clear <i>Sunset: 4:26PM</i>	
		<b>Rahu</b>		<b>2:29PM – 3:27PM</b>		Vanija Until 10:30PM		Moon 1 - Phase 40	
						<b>Navami* Until 1:52AM Tue</b>		Moon – Orange	
						<b>Pausha*Thai</b>		<b>Devaloka Day</b>	

<b>2</b>		<b>Wednesday, January 30, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Vrischika Rasi: 13.29		Tihti 25 – 26		974173366		Vishakha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 290	
Creative Work		Siddha Yoga		Until 10:07AM		Then Creative Work - Siddha Yoga			
		<b>Gulika</b>		<b>11:33AM – 12:32PM</b>		<b>Vishakha Until 11:00AM</b>		<b>Ganesh:</b> Clear <i>Sunrise: 8:36AM</i>	
		Yama		9:35AM – 10:34AM		Dhruva Until 24:60		<b>Muruga:</b> Clear <i>Sunset: 4:28PM</i>	
		<b>Rahu</b>		<b>12:32PM – 1:31PM</b>		Bava Until 11:42PM		Moon 1 - Phase 40	
						<b>Dashami Until 11:00AM</b>		Moon – Orange	
						<b>Pausha*Thai</b>		<b>Devaloka Day</b>	

<b>3</b>		<b>Thursday, January 31, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Vrischika Rasi: 25.52		Tihti 26 – 27		974173366		Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 291	
Routine Work		Prabalarishta Yoga		Until 1:57PM		Then Creative Work - Siddha Yoga			
		<b>Gulika</b>		<b>10:33AM – 11:33AM</b>		<b>Jyeshtha* Until 1:57PM</b>		<b>Ganesh:</b> Clear <i>Sunrise: 8:34AM</i>	
		Yama		8:34AM – 9:33AM		Vyaghata* Until 1:13AM Fri		<b>Muruga:</b> Clear <i>Sunset: 4:31PM</i>	
		<b>Rahu</b>		<b>1:32PM – 2:32PM</b>		Kaulava Until 24:87		Moon 1 - Phase 40	
						<b>Ekadashi* Until 24:60</b>		Moon – Orange	
						<b>Pausha*Thai</b>		<b>Devaloka Day</b>	

<b>4</b>		<b>Friday, February 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 8.01		Tihti 27 – 28		984173366		Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 292	
Creative Work		Amrita Yoga		Until 4:49PM Sat		Then Routine Work - Prabalarishta Yoga			
		<b>Gulika</b>		<b>9:33AM – 10:33AM</b>		<b>Mula* Until 4:49PM Sat</b>		<b>Ganesh:</b> White <i>Sunrise: 8:34AM</i>	
		Yama		2:32PM – 3:31PM		Harshana Until 1:47AM Sat		<b>Muruga:</b> Clear <i>Sunset: 4:31PM</i>	
		<b>Rahu</b>		<b>11:33AM – 12:32PM</b>		Gara Until 3:38AM Sat		Moon 1 - Phase 40	
						<b>Dvadashi* Until 2:28PM</b>		Moon – Light Blue	
						<b>Pradosha Vrata (Fasting)</b>		<b>Pausha*Thai</b>	
								<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM	

<b>5</b>		<b>Saturday, February 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 20.01		Tihti 28 – 29		984173366		Mula*/Purvashadha* Nakshatra Vajra* Yoga Vanija Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 293	
Creative Work		Siddha Yoga		Until 4:49PM		Then Routine Work - Marana Yoga			
		<b>Gulika</b>		<b>8:31AM – 9:32AM</b>		<b>Mula* Until 4:49PM</b>		<b>Ganesh:</b> White <i>Sunrise: 8:31AM</i>	
		Yama		1:33PM – 2:33PM		Vajra* Until 2:32AM Sun		<b>Muruga:</b> Clear <i>Sunset: 4:33PM</i>	
		<b>Rahu</b>		<b>10:32AM – 11:32AM</b>		Vanija Until 4:49PM		Moon 1 - Phase 40	
						<b>Trayodashi* Until 4:49PM</b>		Moon – Light Blue	
						<b>Pausha*Thai</b>		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM	

<b>6</b>		<b>Sunday, February 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 1.54		Tihti 29		985173366		Uttarashadha Nakshatra Siddhi Yoga Visti*/Catuspada* Karana Chaturdashyam Titau		Sun 12 Sutra 294	
Creative Work		Amrita Yoga		Until 10:06PM		Then Creative Work - Siddha Yoga			
		<b>Gulika</b>		<b>2:34PM – 3:35PM</b>		<b>Uttarashadha Until 10:06PM Mon</b>		<b>Ganesh:</b> Yellow <i>Sunrise: 8:29AM</i>	
		Yama		12:32PM – 1:33PM		Siddhi Until 10:15PM		<b>Muruga:</b> Clear <i>Sunset: 4:36PM</i>	
		<b>Rahu</b>		<b>3:35PM – 4:36PM</b>		Visti Until 8:46AM Mon		Moon 1 - Phase 40	
						<b>Chaturdashi* Until 2:32AM Sun</b>		Moon – Light Blue	
						<b>Pausha*Thai</b>		<b>Devaloka Day</b>	

<b>Monday, February 4, 2019</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 13.43		Tihti 30		995173367		Uttarashadha/Shravana Nakshatra Vyalipata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau		Sun 13 Sutra 295	
Family Home Evening		Creative Work		Amrita Yoga		Until 10:06PM		Then Creative Work - Siddha Yoga	
		<b>Gulika</b>		<b>1:34PM – 2:36PM</b>		<b>Uttarashadha Until 10:06PM</b>		<b>Ganesh:</b> Red <i>Sunrise: 8:27AM</i>	
		Yama		11:31AM – 12:33PM		Vyatipata* Until 1:32AM Tue		<b>Muruga:</b> Clear <i>Sunset: 4:39PM</i>	
		<b>Rahu</b>		<b>9:28AM – 10:30AM</b>		Catuspada Until 11:29AM Tue		Moon 1 - Phase 40	
						<b>Amavasya* Until 3:27AM Mon</b>		Moon – Purple	
						<b>Pausha*Thai</b>		<b>Devaloka Day</b>	

<b>Tuesday, February 5, 2019</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 25.31		Tihti 1		995173367		Dhanishtha Nakshatra Variyan Yoga Kintughna*/Balava Karana Prathamayam Titau		Sun 14 Sutra 296	
Creative Work		Siddha Yoga		Until 10:06PM		Then Creative Work - Siddha Yoga			
		<b>Gulika</b>		<b>12:33PM – 1:35PM</b>		<b>Dhanishtha Until 3:25AM Thu Wed</b>		<b>Ganesh:</b> Red <i>Sunrise: 8:24AM</i>	
		Yama		10:29AM – 11:31AM		Variyan Until 5:24AM Wed		<b>Muruga:</b> Clear <i>Sunset: 4:41PM</i>	
		<b>Rahu</b>		<b>2:37PM – 3:39PM</b>		Kintughna Until 13:69AM Wed		Moon 1 - Phase 40	
						<b>Prathama* Until 4:27AM Tue</b>		Moon – Purple	
						<b>Magha*Thai</b>		<b>Devaloka Day</b>	

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Balava Karana Dvitiyayam Titau				Oslo, Norway
	Kumbha Rasi: 7.19	Tithi 2	<b>Gulika</b> 11:30AM – 12:33PM	<b>Dhanishtha</b> Until 3:25AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:22AM	Sun 15 Sutra 297
			Yama 9:25AM – 10:27AM	Parigha* Until 7:30AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:44PM	Vilamba 5120
	Creative Work	Siddha Yoga	995173367 <b>Rahu</b> 12:33PM – 1:36PM	Balava Until 2:09PM	<b>Nataraja:</b> White		Moon 1 - Phase 41
			<b>Dvitiya</b> Until 3:25AM Thu	Moon – Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Triliyayam Titau				Oslo, Norway
	Kumbha Rasi: 19.1	Tithi 3	<b>Gulika</b> 10:26AM – 11:30AM	<b>Shatabhishak</b> Until 5:50AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:20AM	Sun 16 Sutra 298
			Yama 8:20AM – 9:23AM	Parigha* Until 7:30AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:46PM	Vilamba 5120
	Creative Work	Siddha Yoga	995173367 <b>Rahu</b> 1:36PM – 2:40PM	Taitila Until 18:57AM Fri	<b>Nataraja:</b> White		Moon 1 - Phase 41
			<b>Tritiya</b> Until 6:18AM Thu	Moon – Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthyam Titau				Oslo, Norway
	Meena Rasi: 1.05	Tithi 4	<b>Gulika</b> 9:21AM – 10:25AM	<b>Purvaproshtapada*</b> Until 10:29AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:17AM	Sun 17 Sutra 299
			Yama 2:41PM – 3:45PM	Shiva Until 10:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:49PM	Vilamba 5120
	Creative Work	Siddha Yoga	915173367 <b>Rahu</b> 11:29AM – 12:33PM	Vanija Until 6:57PM	<b>Nataraja:</b> White		Moon 1 - Phase 41
			<b>Chaturthi*</b> Until 7:57AM Sat	Moon – Clear		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Oslo, Norway
	Meena Rasi: 13.07	Tithi 4 – 5	<b>Gulika</b> 8:15AM – 9:19AM	<b>Uttaraproshtapada</b> Until 9:41AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:15AM	Sun 18 Sutra 300
			Yama 1:38PM – 2:42PM	Siddha Until 7:33AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:51PM	Vilamba 5120
	Creative Work	Siddha Yoga	915173367 <b>Rahu</b> 10:24AM – 11:28AM	Bava Until 8:54PM	<b>Nataraja:</b> White		Moon 1 - Phase 41
			<b>Chaturthi*</b> Until 7:57AM	Moon – Clear		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	
						Then Routine Work - Prabalarishta Yoga	

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Oslo, Norway
	Meena Rasi: 25.18	Tithi 5 – 6	<b>Gulika</b> 2:44PM – 3:49PM	<b>Uttaraproshtapada</b> Until 9:41AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 8:12AM	Sun 19 Sutra 301
			Yama 12:33PM – 1:38PM	Sadhya Until 2:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:54PM	Vilamba 5120
	Creative Work	Amrita Yoga	915273367 <b>Rahu</b> 3:49PM – 4:54PM	Taitila Until 9:83PM	<b>Nataraja:</b> White		Moon 1 - Phase 41
			<b>Panchami</b> Until 7:33AM	Moon – Clear		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	
						Then Creative Work - Siddha Yoga	

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Oslo, Norway
	Mesha Rasi: 7.41	Tithi 6 – 7	<b>Gulika</b> 1:39PM – 2:45PM	<b>Ashvini</b> Until 11:29AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:10AM	Sun 20 Sutra 302
	<b>Family Home Evening</b>		Yama 11:27AM – 12:33PM	Subha Until 4:45PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:57PM	Vilamba 5120
	Creative Work	Siddha Yoga	925273367 <b>Rahu</b> 9:15AM – 10:21AM	Vanija Until 11:29AM Tue	<b>Nataraja:</b> White		Moon 1 - Phase 41
			<b>Shashthi*</b> Until 10:54AM	Moon – White		3rd Phase	
				<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>D</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 12:33PM – 1:40PM	<b>Ashvini</b> Until 11:29AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:07AM	Sun 21 Sutra 303
	Mesha Rasi: 20.2	Tithi 7 – 8	Yama 10:20AM – 11:27AM	Sukla Until 5:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:59PM	Vilamba 5120
	Creative Work	Siddha Yoga	925273367 <b>Rahu</b> 2:46PM – 3:53PM	Bava Until 11:32PM	<b>Nataraja:</b> White		Moon 1 - Phase 41
			<b>Saptami</b> Until 7:00AM Tue	Moon – White		Ashtami	
				<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>D</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 11:26AM – 12:33PM	<b>Bharani</b> Until 11:22AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:04AM	Sun 22 Sutra 304
	Vrishabha Rasi: 3.2	Tithi 8 – 9	Yama 9:12AM – 10:19AM	Indra Until 3:67AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:02PM	Vilamba 5120
	Creative Work	Amrita Yoga	926273367 <b>Rahu</b> 12:33PM – 1:40PM	Balava Until 11:02PM	<b>Nataraja:</b> White		Moon 1 - Phase 41
			<b>Ashtami*</b> Until 11:22AM	Moon – White		Navami	
				<b>Magha-Masi</b>		<b>Devaloka Day</b>	
						Then Creative Work - Siddha Yoga	

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>		<b>Thursday, February 14, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Sun 23		Sutra 305		Vilamba 5120		Moon 1 - Phase 42	
Vrishabha Rasi: 16.43 Tithi 9 - 10		<b>Gulika</b>	10:17AM - 11:25AM	<b>Rohini Until 8:49AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:02AM			
936273367		Yama	8:02AM - 9:10AM	Vaidhriti* Until 5:33PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:04PM			
Routine Work Marana Yoga		<b>Rahu</b>	1:41PM - 2:49PM	Gara Until 9:45PM	<b>Nataraja:</b> White				
				Navami* Until 3:67AM Thu	Moon - Yellow			<b>Sivaloka Day</b>	
					<b>Magha-Masi</b>				

<b>2</b>		<b>Friday, February 15, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Rohini/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekashyam Titau		Sun 24		Sutra 306		Vilamba 5120		Moon 1 - Phase 42	
Mithuna Rasi: 0.33 Tithi 10 - 11		<b>Gulika</b>	9:08AM - 10:16AM	<b>Rohini Until 8:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:59AM			
936273367		Yama	2:50PM - 3:58PM	Vishkambha* Until 4:22PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:07PM			
Creative Work Siddha Yoga		<b>Rahu</b>	11:25AM - 12:33PM	Vanija Until 7:45PM	<b>Nataraja:</b> White				
				Dashami Until 1:45AM Fri	Moon - Yellow			<b>Sivaloka Day</b>	
					<b>Magha-Masi</b>				

<b>3</b>		<b>Saturday, February 16, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Mrigashira/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvashyam Titau		Sun 25		Sutra 307		Vilamba 5120		Moon 1 - Phase 42	
Mithuna Rasi: 14.49 Tithi 11 - 12		<b>Gulika</b>	7:57AM - 9:06AM	<b>Mrigashira Until 6:30AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:57AM			
936273367		Yama	1:42PM - 2:51PM	Priti Until 2:23PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:09PM			
Creative Work Siddha Yoga		<b>Rahu</b>	10:15AM - 11:24AM	Bava Until 4:67PM	<b>Nataraja:</b> White				
				Ekadashi Until 10:51PM	Moon - Yellow			<b>Sivaloka Day</b>	
					<b>Magha-Masi</b>				

<b>4</b>		<b>Sunday, February 17, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau		Sun 26		Sutra 308		Vilamba 5120		Moon 1 - Phase 42	
Mithuna Rasi: 29.3 Tithi 13		<b>Gulika</b>	2:53PM - 4:02PM	<b>Punarvasu Until 12:09PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:54AM			
946273367		Yama	12:33PM - 1:43PM	Ayushman Until 3:36PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:12PM			
Creative Work Siddha Yoga		<b>Rahu</b>	4:02PM - 5:12PM	Kaulava Until 1:58PM	<b>Nataraja:</b> White				
				Trayodashi Until 12:14AM Mon	Moon - Blue			<b>Devaloka Day</b>	
					<b>Magha-Masi</b>				

*Pradosha Vrata*

<b>5</b>		<b>Monday, February 18, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Visti* Karana Chaturdashyam Titau		Sun 27		Sutra 309		Vilamba 5120		Moon 1 - Phase 42	
Kataka Rasi: 14.3 Tithi 14		<b>Gulika</b>	1:43PM - 2:54PM	<b>Pushya Until 9:24AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:51AM			
946273367		Yama	11:23AM - 12:33PM	Saubhagya Until 11:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:15PM			
Family Home Evening		<b>Rahu</b>	9:02AM - 10:12AM	Gara Until 6:43AM Tue	<b>Nataraja:</b> White				
Creative Work Siddha Yoga				Chidambaram Abhishekam	Moon - Blue			<b>Devaloka Day</b>	
				Chaturdashi* Until 3:36PM	<b>Magha-Masi</b>				

<b>○</b>		<b>Tuesday, February 19, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
<b>Copper Retreat Star</b>		Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Purnima/Prathamayam Titau		Sun 28		Sutra 310		Vilamba 5120	
Kataka Rasi: 29.43 Tithi 15 - 16		<b>Gulika</b>	12:33PM - 1:44PM	<b>Ashlesha* Until 6:18AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:49AM			
946273367		Yama	10:11AM - 11:22AM	Sobhana Until 6:18AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:17PM			
Creative Work Siddha Yoga		<b>Rahu</b>	2:55PM - 4:06PM	Visti Until 6:43AM	<b>Nataraja:</b> White				
				Purnima* Until 4:48PM	Moon - Blue			<b>Devaloka Day</b>	
					<b>Magha-Masi</b>				

<b>○</b>		<b>Wednesday, February 20, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway	
<b>Silver Retreat Star</b>		Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29		Sutra 311		Vilamba 5120	
Simha Rasi: 14.58 Tithi 16 - 17		<b>Gulika</b>	11:21AM - 12:33PM	<b>Purvaphalguni Until 9:30AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:46AM			
957273367		Yama	8:58AM - 10:09AM	Sukarma Until 10:38PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:20PM			
Creative Work Amrita Yoga		<b>Rahu</b>	12:33PM - 1:44PM	Taitila Until 11:15PM	<b>Nataraja:</b> White				
				Prathama* Until 2:52AM Wed	Moon - Red			<b>Devaloka Day</b>	
					<b>Magha-Masi</b>				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam

Oslo, Norway

Kanya Rasi: 0.06      Tihi 17 - 18

Gulika 10:08AM - 11:20AM  
Yama 7:43AM - 8:56AM  
Rahu 1:45PM - 2:57PM

Purvaphalguni Until 9:30AM  
Dhriti Until 9:46PM  
Gara Until 9:30AM  
Dvitiya Until 9:30AM

Ganesha: Clear      Sunrise: 7:43AM  
Muruga: Clear      Sunset: 5:22PM  
Nataraja: White  
Moon - Red  
Magha-Masi

Sun 1      Sutra 312  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Devaloka Day

Amrita Yoga  
Until 9:30AM  
Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam

Oslo, Norway

Kanya Rasi: 14.58      Tihi 18 - 19

Gulika 8:53AM - 10:06AM  
Yama 2:59PM - 4:12PM  
Rahu 11:20AM - 12:33PM

Hasta Until 7:47PM  
Shula\* Until 3:01PM  
Balava Until 4:57PM  
Tritiya Until 6:40PM

Ganesha: White      Sunrise: 7:40AM  
Muruga: Clear      Sunset: 5:25PM  
Nataraja: White  
Moon - Green  
Magha-Masi

Sun 2      Sutra 313  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Amrita Yoga  
Creative Work  
Until 7:47PM  
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam

Oslo, Norway

Kanya Rasi: 29.26      Tihi 20

Gulika 7:38AM - 8:51AM  
Yama 1:46PM - 3:00PM  
Rahu 10:05AM - 11:19AM

Chitra Until 12:33AM Mon Su  
Ganda\* Until 11:53AM  
Kaulava Until 2:38PM  
Panchami Until 1:43AM Sun

Ganesha: White      Sunrise: 7:38AM  
Muruga: Clear      Sunset: 5:27PM  
Nataraja: White  
Moon - Green  
Magha-Masi

Sun 3      Sutra 314  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Marana Yoga  
Routine Work  
Until 12:33AM Mon Su  
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Oslo, Norway

Tula Rasi: 13.26      Tihi 21

Gulika 3:01PM - 4:15PM  
Yama 12:32PM - 1:47PM  
Rahu 4:15PM - 5:30PM

Chitra Until 12:33AM Mon  
Vridhi Until 5:21PM  
Gara Until 1:03PM  
Shashthi\* Until 12:33AM Mon

Ganesha: White      Sunrise: 7:35AM  
Muruga: Clear      Sunset: 5:30PM  
Nataraja: White  
Moon - Green  
Magha-Masi

Sun 4      Sutra 315  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Siddha Yoga  
Creative Work  
Until 12:33AM Mon  
Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam

Oslo, Norway

Tula Rasi: 26.58      Tihi 22

Gulika 1:47PM - 3:02PM  
Yama 11:17AM - 12:32PM  
Rahu 8:47AM - 10:02AM

Svati Until 12:14AM Tue  
Dhruva Until 5:34PM  
Visti Until 12:18PM  
Saptami Until 12:14AM Tue

Ganesha: Yellow      Sunrise: 7:32AM  
Muruga: Clear      Sunset: 5:32PM  
Nataraja: White  
Moon - Orange  
Magha-Masi

Sun 5      Sutra 316  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Devaloka Day

Marana Yoga  
Routine Work  
Until 12:14AM Tue  
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam

Oslo, Norway

Vrischika Rasi: 10.02      Tihi 23

Gulika 12:32PM - 1:48PM  
Yama 10:01AM - 11:16AM  
Rahu 3:03PM - 4:19PM

Vishakha Until 12:47AM Wed  
Vyaghata\* Until 6:29PM  
Balava Until 12:26PM  
Ashtami\* Until 12:47AM Wed

Ganesha: Yellow      Sunrise: 7:29AM  
Muruga: Clear      Sunset: 5:35PM  
Nataraja: White  
Moon - Orange  
Magha-Masi

Sun 6      Sutra 317  
Vilamba 5120  
Moon 2 - Phase 43  
Ashtami

Devaloka Day

Siddha Yoga  
Creative Work

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam

Oslo, Norway

Vrischika Rasi: 22.41      Tihi 24

Gulika 11:15AM - 12:32PM  
Yama 8:43AM - 9:59AM  
Rahu 12:32PM - 1:48PM

Anuradha Until 2:08AM Thu  
Vajra\* Until 5:39AM Thu  
Taitila Until 14:65AM Thu  
Navami\* Until 5:39AM Wed

Ganesha: Blue      Sunrise: 7:26AM  
Muruga: Clear      Sunset: 5:37PM  
Nataraja: White  
Moon - Orange  
Magha-Masi

Sun 7      Sutra 318  
Vilamba 5120  
Moon 2 - Phase 43  
Navami

Sivaloka Day

Siddha Yoga  
Creative Work

<b>1</b>		<b>Thursday, February 28, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 4.59		Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 319		Vilamba 5120	
Tihti 25		<b>Gulika</b>	<b>9:58AM – 11:15AM</b>	<b>Mula* Until 6:34AM Sat Fri</b>	<b>Ganesha: Red</b>	<i>Sunrise: 7:24AM</i>			
988273367		Yama	7:24AM – 8:41AM	Siddhi Until 6:59AM Sat Fri	<b>Muruga: Clear</b>	<i>Sunset: 5:40PM</i>	Moon 2 - Phase 44		2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>1:49PM – 3:06PM</b>	Vanija Until 17:19AM Fri	<b>Nataraja: White</b>			<b>Devaloka Day</b>	
				<b>Dashami Until 5:39AM Thu</b>	Moon – Light Blue				
					<b>Magha-Masi</b>				

<b>2</b>		<b>Friday, March 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 17.03		Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ekadashyam Titau		Sun 9		Sutra 320		Vilamba 5120	
Tihti 26		<b>Gulika</b>	<b>8:36AM – 9:55AM</b>	<b>Mula* Until 6:34AM Sat</b>	<b>Ganesha: Red</b>	<i>Sunrise: 7:18AM</i>			
988273367		Yama	3:08PM – 4:26PM	Siddhi Until 6:59AM Sat	<b>Muruga: Clear</b>	<i>Sunset: 5:45PM</i>	Moon 2 - Phase 44		2nd Phase
Routine Work	Prabalarishta Yoga	<b>Rahu</b>	<b>11:13AM – 12:31PM</b>	Bava Until 5:19PM	<b>Nataraja: White</b>			<b>Devaloka Day</b>	
Until 6:34AM Sat				<b>Ekadashi* Until 6:34AM Sat</b>	Moon – Light Blue				
Then Routine Work - Marana Yoga					<b>Magha-Masi</b>				

<b>3</b>		<b>Saturday, March 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 28.56		Purvashadha*/Uttarashadha Nakshatra Vriyati/Vyatipata* Vriyana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 321		Vilamba 5120	
Tihti 26 – 27		<b>Gulika</b>	<b>7:15AM – 8:34AM</b>	<b>Purvashadha* Until 6:34AM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 7:15AM</i>			
988273367		Yama	1:50PM – 3:09PM	Vyatipata* Until 7:58AM Sun	<b>Muruga: Clear</b>	<i>Sunset: 5:47PM</i>	Moon 2 - Phase 44		2nd Phase
Routine Work	Marana Yoga	<b>Rahu</b>	<b>9:53AM – 11:12AM</b>	Kaulava Until 7:55PM	<b>Nataraja: White</b>			<b>Devaloka Day</b>	
Until 6:34AM				<b>Ekadashi* Until 6:34AM</b>	Moon – Light Blue				
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>				

<b>4</b>		<b>Sunday, March 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 10.44		Uttarashadha/Shravana Nakshatra Vriyana/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 322		Vilamba 5120	
Tihti 27 – 28		<b>Gulika</b>	<b>3:10PM – 4:30PM</b>	<b>Uttarashadha Until 9:15AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 7:12AM</i>			
988273367		Yama	12:31PM – 1:51PM	Variyan Until 8:62AM Mon	<b>Muruga: Clear</b>	<i>Sunset: 5:50PM</i>	Moon 2 - Phase 44		2nd Phase
Creative Work	Amrita Yoga	<b>Rahu</b>	<b>4:30PM – 5:50PM</b>	Gara Until 10:39PM	<b>Nataraja: White</b>			<b>Devaloka Day</b>	
Until 9:15AM				<b>Dvadashi* Until 9:15AM</b>	Moon – Purple				
Then Routine Work - Marana Yoga					<b>Magha-Masi</b>				
				<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Monday, March 4, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 22.3		Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 323		Vilamba 5120	
Tihti 28 – 29		<b>Gulika</b>	<b>1:51PM – 3:11PM</b>	<b>Shravana Until 2:39PM Tue</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 7:09AM</i>			
988273367		Yama	11:10AM – 12:31PM	Parigha* Until 8:62AM	<b>Muruga: Clear</b>	<i>Sunset: 5:52PM</i>	Moon 2 - Phase 44		2nd Phase
<b>Family Home Evening</b>		<b>Rahu</b>	<b>8:30AM – 9:50AM</b>	Visti Until 1:22AM Tue	<b>Nataraja: White</b>			<b>Devaloka Day</b>	
Creative Work	Amrita Yoga			<b>Trayodashi* Until 12:00PM</b>	Moon – Purple				
Until 2:39PM Tue					<b>Magha-Masi</b>				
Then Creative Work - Siddha Yoga									

<b>●</b>		<b>Tuesday, March 5, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
<b>Retreat Star</b>		Shravana/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 324		Vilamba 5120	
Kumbha Rasi: 4.17		<b>Gulika</b>	<b>12:31PM – 1:52PM</b>	<b>Shravana Until 2:39PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 7:06AM</i>			
Tihti 29 – 30		Yama	9:48AM – 11:09AM	Shiva Until 10:53AM Wed	<b>Muruga: Clear</b>	<i>Sunset: 5:55PM</i>	Moon 2 - Phase 44		Amavasya
988273367		<b>Rahu</b>	<b>3:13PM – 4:34PM</b>	Sakuni Until 2:39PM	<b>Nataraja: White</b>			<b>Devaloka Day</b>	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 2:39PM</b>	Moon – Purple				
Until 2:39PM					<b>Magha-Masi</b>				
Then Routine Work - Marana Yoga									

<b>●</b>		<b>Wednesday, March 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
<b>Retreat Star</b>		Dhanishtha/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 325		Vilamba 5120	
Kumbha Rasi: 16.09		<b>Gulika</b>	<b>11:09AM – 12:30PM</b>	<b>Dhanishtha Until 5:06PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 7:03AM</i>			
Tihti 30 – 1		Yama	8:25AM – 9:47AM	Siddha Until 10:92AM Thu	<b>Muruga: Clear</b>	<i>Sunset: 5:57PM</i>	Moon 2 - Phase 44		Prathama
988273367		<b>Rahu</b>	<b>12:30PM – 1:52PM</b>	Kintughna Until 6:14AM Thu	<b>Nataraja: White</b>			<b>Devaloka Day</b>	
Creative Work	Siddha Yoga			<b>Amavasya* Until 5:06PM</b>	Moon – Purple				
Until 5:06PM					<b>Phalgun-Masi</b>				
Then Creative Work - Amrita Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna/Balava Karana Prathamayam Titau		Oslo, Norway Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 28.07	Tithi 1	<b>Gulika</b> 9:45AM – 11:08AM Yama 7:00AM – 8:23AM 119373367 <b>Rahu</b> 1:52PM – 3:15PM	<b>Purvaproshtapada* Until 4:24PM</b> Sadhya Until 4:24PM Kintughna Until 7:73AM Fri <b>Prathama* Until 10:92AM Thu</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 6:00PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Oslo, Norway Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 10.11	Tithi 2	<b>Gulika</b> 8:21AM – 9:44AM Yama 3:16PM – 4:39PM 119373367 <b>Rahu</b> 11:07AM – 12:30PM	<b>Uttaraproshtapada Until 10:33PM Sat</b> Subha Until 11:58AM Balava Until 8:13AM <b>Dvitiya Until 9:04PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:58AM <b>Sunset:</b> 6:02PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Taitila Karana Tritiyayam Titau		Oslo, Norway Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 22.23	Tithi 3	<b>Gulika</b> 6:55AM – 8:18AM Yama 1:53PM – 3:17PM 119373367 <b>Rahu</b> 9:42AM – 11:06AM	<b>Uttaraproshtapada Until 10:33PM</b> Sukla Until 11:59AM Sun Taitila Until 9:53AM <b>Tritiya Until 10:33PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:55AM <b>Sunset:</b> 6:05PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>	
Routine Work	Prabalarishta Yoga						
Until 10:33PM							
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthyam Titau		Oslo, Norway Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 4.45	Tithi 4	<b>Gulika</b> 3:18PM – 4:43PM Yama 12:29PM – 1:54PM 129373367 <b>Rahu</b> 4:43PM – 6:07PM	<b>Ashvini Until 10:27PM</b> Brahma Until 11:59AM Vanija Until 11:61AM Mon <b>Chaturthi* Until 11:59AM Sun</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:52AM <b>Sunset:</b> 6:07PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
Until 10:27PM							
Then Routine Work - Prabalarishta Yoga							
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava Karana Panchamyam Titau		Oslo, Norway Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 17.17	Tithi 5	<b>Gulika</b> 1:54PM – 3:19PM Yama 11:04AM – 12:29PM 129373367 <b>Rahu</b> 8:14AM – 9:39AM	<b>Bharani Until 11:41PM</b> Indra Until 11:41PM Bava Until 12:01PM <b>Panchami Until 12:16AM Tue</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:49AM <b>Sunset:</b> 6:09PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>	
Family Home Evening							
Creative Work	Siddha Yoga						
Until 11:41PM							
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Oslo, Norway Sun 20 Sutra 331 Vilamba 5120	
Vrishabha Rasi: 0.02	Tithi 6	<b>Gulika</b> 12:29PM – 1:55PM Yama 9:37AM – 11:03AM 129373367 <b>Rahu</b> 3:20PM – 4:46PM	<b>Krittika Until 12:17AM Wed</b> Vaidhriti* Until 10:45AM Kaulava Until 11:77AM Wed <b>Shashthi* Until 10:45AM Tue</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:46AM <b>Sunset:</b> 6:12PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>	
Creative Work	Siddha Yoga						
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 13.01	Tithi 7	<b>Gulika</b> 11:02AM – 12:29PM Yama 8:09AM – 9:36AM 131373367 <b>Rahu</b> 12:29PM – 1:55PM	<b>Rohini Until 12:39AM Thu</b> Vishkambha* Until 9:33AM Gara Until 12:17PM <b>Saptami Until 11:59PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 6:14PM	Moon 2 - Phase 45 3rd Phase <b>Sivaloka Day</b>	
Creative Work	Siddha Yoga						
Until 12:39AM Thu							
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 22 Sutra 333 Vilamba 5120	
Vrishabha Rasi: 26.19	Tithi 8	<b>Gulika</b> 9:34AM – 11:01AM Yama 6:40AM – 8:07AM 131373367 <b>Rahu</b> 1:55PM – 3:22PM	<b>Mrigashira Until 9:17PM Fri</b> Priti Until 7:54AM Visti Until 11:33AM <b>Ashtami* Until 10:56PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Phalguna-Masi</b>	<b>Sunrise:</b> 6:40AM <b>Sunset:</b> 6:17PM	Moon 2 - Phase 45 Ashtami <b>Sivaloka Day</b>	
Routine Work	Marana Yoga						
Until 9:17PM Fri							
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Balava Karana Navamyam Titau		Oslo, Norway Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 9.57	Tithi 9	<b>Gulika</b> 8:05AM – 9:32AM Yama 3:24PM – 4:51PM 131373367 <b>Rahu</b> 11:00AM – 12:28PM	<b>Mrigashira Until 9:17PM</b> Saubhagya Until 2:65AM Sat Balava Until 10:12AM <b>Navami* Until 9:17PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Panguni</b>	<b>Sunrise:</b> 6:37AM <b>Sunset:</b> 6:19PM	Moon 2 - Phase 45 Navami <b>Subha Sivaloka Day</b>	
Creative Work	Siddha Yoga						
		Karadaiyan Nombu (Tamil Nadu)					


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>		<b>Saturday, March 16, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau		Oslo, Norway Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 23.58	Tithi 10	<b>Gulika</b>	6:34AM – 8:02AM	<b>Ardra Until 7:02PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:34AM		
		Yama	1:56PM – 3:25PM	Sobhana Until 12:00PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46	
		141373368 <b>Rahu</b>	9:31AM – 10:59AM	Taitila Until 5:44AM Sun	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 2:65AM Sat</b>	Moon – Blue			<b>Sivaloka Day</b>
					<b>Phalguna•Panguni</b>			

<b>2</b>		<b>Sunday, March 17, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 8.21	Tithi 11 – 12	<b>Gulika</b>	3:26PM – 4:55PM	<b>Pushya Until 1:07PM Mon</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:31AM		
		Yama	12:27PM – 1:57PM	Athiganda* Until 8:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 46	
		141373368 <b>Rahu</b>	4:55PM – 6:24PM	Bava Until 2:45AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 12:00PM</b>	Moon – Blue			<b>Sivaloka Day</b>
					<b>Phalguna•Panguni</b>			

<b>3</b>		<b>Monday, March 18, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 23.04	Tithi 12 – 13	<b>Gulika</b>	1:57PM – 3:27PM	<b>Pushya Until 1:07PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:28AM		
<b>Family Home Evening</b>		Yama	10:57AM – 12:27PM	Sukarma Until 12:40AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 46	
		141373368 <b>Rahu</b>	7:58AM – 9:28AM	Kaulava Until 11:26PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 8:29PM</b>	Moon – Blue			<b>Sivaloka Day</b>
Until 1:07PM					<b>Phalguna•Panguni</b>			
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>				

<b>4</b>		<b>Tuesday, March 19, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 8.01	Tithi 13 – 14	<b>Gulika</b>	12:27PM – 1:57PM	<b>Ashlesha* Until 9:41AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:25AM		
		Yama	9:26AM – 10:56AM	Dhriti Until 2:27PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 46	
		151373368 <b>Rahu</b>	3:28PM – 4:58PM	Visti Until 7:56PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 12:40AM Tue</b>	Moon – Red			<b>Subha Sivaloka Day</b>
		<b>Yogaswami Mahasamadhi</b>			<b>Phalguna•Panguni</b>			

		<b>Wednesday, March 20, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Oslo, Norway Sutra 339 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	10:55AM – 12:27PM	<b>Purvaphalguni Until 11:19PM Thu</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:22AM		
Simha Rasi: 23.05	Tithi 14 – 15	Yama	7:53AM – 9:24AM	Shula* Until 8:34AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 46	
		151373368 <b>Rahu</b>	12:27PM – 1:58PM	Bava Until 2:37AM Thu	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 6:08AM</b>	Moon – Red			<b>Subha Sivaloka Day</b>
		<b>Panguni Uttiram</b>			<b>Phalguna•Panguni</b>			
		<b>Holi</b>						

<b>Thursday, March 21, 2019</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vriddhi Yoga Balava Karana Prathamayam Titau		Oslo, Norway Sutra 340 Vilamba 5120
Kanya Rasi: 8.08	Tithi 16	<b>Gulika</b>	9:23AM – 10:54AM	<b>Purvaphalguni Until 11:19PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:19AM		
		Yama	6:19AM – 7:51AM	Vriddhi Until 12:41AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 46	
		151383368 <b>Rahu</b>	1:58PM – 3:30PM	Balava Until 12:57PM	<b>Nataraja:</b> Clear		Prathama	
				<b>Prathama* Until 11:19PM</b>	Moon – Red			<b>Sivaloka Day</b>
					<b>Phalguna•Panguni</b>			
Until 11:19PM								
Then Routine Work - Marana Yoga								

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Chitra Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sun 1 Sutra 341

Vilamba 5120

Kanya Rasi: 22.59 Tihi 17

Gulika 7:48AM - 9:21AM  
Yama 3:31PM - 5:03PM  
Rahu 10:53AM - 12:26PMUttaraphalguni Until 8:24PM  
Dhruva Until 8:68PM  
Tailila Until 6:69AM Sat  
Dvitiya Until 12:41AM FriGanesha: Yellow Sunrise: 6:16AM  
Muruga: White Sunset: 6:36PM  
Nataraja: Clear  
Moon - Green  
Phalguna-PanguniMoon 3 - Phase 47  
1st Phase

Devaloka Day

Creative Work Amrita Yoga  
Until 8:24PM  
Then Creative Work - Siddha Yoga

Saturday, March 23, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Svati Nakshatra Vyaghata\* Yoga Vanija/Bava Karana Tritiyayam Titau

Oslo, Norway

Sun 2 Sutra 342

Vilamba 5120

Tula Rasi: 7.31 Tihi 18

Gulika 6:13AM - 7:46AM  
Yama 1:59PM - 3:32PM  
Rahu 9:19AM - 10:52AMHasta Until 6:02PM  
Vyaghata\* Until 3:02AM Sun  
Vanija Until 5:07AM Sun  
Tritiya Until 8:68PMGanesha: Blue Sunrise: 6:13AM  
Muruga: White Sunset: 6:38PM  
Nataraja: Clear  
Moon - Green  
Phalguna-PanguniMoon 3 - Phase 47  
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Sunday, March 24, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Tailila Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 343

Vilamba 5120

Tula Rasi: 21.38 Tihi 19 - 20

Gulika 3:33PM - 5:07PM  
Yama 12:25PM - 1:59PM  
Rahu 5:07PM - 6:41PMVishakha Until 3:29PM Mon  
Harshana Until 2:31AM Mon  
Tailila Until 15:29AM Mon  
Chaturthi\* Until 4:21PMGanesha: Red Sunrise: 6:10AM  
Muruga: White Sunset: 6:41PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-PanguniMoon 3 - Phase 47  
1st Phase

Devaloka Day

Routine Work Marana Yoga  
Until 3:29PM Mon  
Then Creative Work - Siddha Yoga

Monday, March 25, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\*/Siddhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 344

Vilamba 5120

Vrischika Rasi: 5.16 Tihi 20 - 21

Gulika 2:00PM - 3:34PM  
Yama 10:51AM - 12:25PM  
Rahu 7:42AM - 9:16AMVishakha Until 3:29PM  
Vajra\* Until 12:31AM Tue  
Gara Until 2:84AM Tue  
Panchami Until 13:41AM MonGanesha: Red Sunrise: 6:07AM  
Muruga: White Sunset: 6:43PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-PanguniMoon 3 - Phase 47  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Tuesday, March 26, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 5 Sutra 345

Vilamba 5120

Vrischika Rasi: 18.26 Tihi 21 - 22

Gulika 12:25PM - 2:00PM  
Yama 9:14AM - 10:50AM  
Rahu 3:35PM - 5:10PMJyeshtha\* Until 3:37AM Wed  
Siddhi Until 3:37AM Wed  
Bava Until 3:52AM Wed  
Shashthi\* Until 12:31AM TueGanesha: Red Sunrise: 6:04AM  
Muruga: White Sunset: 6:45PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-PanguniMoon 3 - Phase 47  
1st Phase

Devaloka Day

Routine Work Marana Yoga

Wednesday, March 27, 2019

5

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 346

Vilamba 5120

Dhanus Rasi: 1.09 Tihi 22 - 23

Gulika 10:49AM - 12:24PM  
Yama 7:37AM - 9:13AM  
Rahu 12:24PM - 2:00PMMula\* Until 6:04PM Thu  
Vyatipata\* Until 12:02PM  
Balava Until 5:10AM Thu  
Saptami Until 4:24PMGanesha: Green Sunrise: 6:01AM  
Muruga: White Sunset: 6:48PM  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-PanguniMoon 3 - Phase 47  
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 6:04PM Thu  
Then Creative Work - Siddha Yoga

Thursday, March 28, 2019

D

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 7 Sutra 347

Vilamba 5120

Dhanus Rasi: 13.3 Tihi 23

Gulika 9:11AM - 10:48AM  
Yama 5:58AM - 7:35AM  
Rahu 2:01PM - 3:37PMMula\* Until 6:04PM  
Variyan Until 12:45AM Fri  
Kaulava Until 6:04PM  
Ashtami\* Until 6:04PMGanesha: Green Sunrise: 5:58AM  
Muruga: White Sunset: 6:50PM  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-PanguniMoon 3 - Phase 47  
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga  
Until 6:04PM  
Then Routine Work - Marana Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Tailila Karana Navamyam Titau

Oslo, Norway

Sun 8 Sutra 348

Vilamba 5120

Dhanus Rasi: 25.35 Tihi 24

Gulika 7:32AM - 9:09AM  
Yama 3:38PM - 5:15PM  
Rahu 10:47AM - 12:24PMPurvashadha\* Until 8:19PM  
Parigha\* Until 12:45PM  
Tailila Until 7:09AM  
Navami\* Until 8:19PMGanesha: Green Sunrise: 5:55AM  
Muruga: Yellow Sunset: 6:53PM  
Nataraja: Purple  
Moon - Light Blue  
Phalguna-PanguniMoon 3 - Phase 47  
Navami

Devaloka Day

Routine Work Prabalarishta Yoga  
Until 8:19PM  
Then Routine Work - Marana Yoga

<b>1 Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam				Oslo, Norway
Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 349		
Makara Rasi: 7.28	Tithi 25	<b>Gulika</b> 5:52AM – 7:30AM	<b>Uttarashadha</b> Until 10:57AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:52AM		Vilamba 5120
		Yama 2:01PM – 3:39PM	Shiva Until 1:42PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:55PM		Moon 3 - Phase 48
	182383468	<b>Rahu</b> 9:08AM – 10:46AM	Vanija Until 9:36AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 10:54PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 10:57AM				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2 Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 350		
Makara Rasi: 19.16	Tithi 26	<b>Gulika</b> 3:40PM – 5:19PM	<b>Shravana</b> Until 2:17PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:49AM		Vilamba 5120
		Yama 12:23PM – 2:02PM	Siddha Until 2:45PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:57PM		Moon 3 - Phase 48
	192383468	<b>Rahu</b> 5:19PM – 6:57PM	Bava Until 12:17PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 1:36AM Mon	Moon – Purple		<b>Sivaloka Day</b>
Until 2:17PM				<b>Phalguna•Panguni</b>		
Then Routine Work - Marana Yoga						

<b>3 Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11		Sutra 351		
Kumbha Rasi: 1.02	Tithi 27	<b>Gulika</b> 2:02PM – 3:40PM	<b>Dhanishtha</b> Until 5:25PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:49AM		Vilamba 5120
<b>Family Home Evening</b>		Yama 10:45AM – 12:23PM	Sadhya Until 3:47PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:57PM		Moon 3 - Phase 48
	192483468	<b>Rahu</b> 7:28AM – 9:06AM	Kaulava Until 2:56PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 4:11AM Tue	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>4 Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 352		
Kumbha Rasi: 12.52	Tithi 28	<b>Gulika</b> 12:23PM – 2:02PM	<b>Shatabhishak</b> Until 8:10PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:46AM		Vilamba 5120
		Yama 9:05AM – 10:44AM	Subha Until 4:41PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:00PM		Moon 3 - Phase 48
	192483468	<b>Rahu</b> 3:41PM – 5:20PM	Gara Until 5:23PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 6:28AM Wed	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		
						<i>Pradosha Vrata (Fasting)</i>

<b>5 Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
Purvaprosnthapada* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 353		
Kumbha Rasi: 24.49	Tithi 28 – 29	<b>Gulika</b> 10:43AM – 12:23PM	<b>Purvaprosnthapada*</b> Until 10:55PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:43AM		Vilamba 5120
		Yama 7:23AM – 9:03AM	Sukla Until 5:17PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:02PM		Moon 3 - Phase 48
	112483468	<b>Rahu</b> 12:23PM – 2:02PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 6:28AM	Moon – Clear		<b>Sivaloka Day</b>
Until 10:55PM				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Oslo, Norway
Uttaraprosnthapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14		Sutra 354		
Meena Rasi: 6.55	Tithi 29 – 30	<b>Gulika</b> 9:01AM – 10:42AM	<b>Uttaraprosnthapada</b> Until 1:06AM Fri	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:40AM		Vilamba 5120
		Yama 5:40AM – 7:21AM	Brahma Until 5:36PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:04PM		Moon 3 - Phase 48
	112483468	<b>Rahu</b> 2:03PM – 3:43PM	Catuspada Until 9:11PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:22AM	Moon – Clear		<b>Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Balava Karana Amavasya/Prathamayam Titau		Sun 15		Sutra 355		
Meena Rasi: 19.11	Tithi 30 – 1	<b>Gulika</b> 7:18AM – 9:00AM	<b>Revati</b> Until 2:42AM Sat	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:37AM		Vilamba 5120
		Yama 3:44PM – 5:26PM	Indra Until 2:42AM Sat	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:07PM		Moon 3 - Phase 48
	112483468	<b>Rahu</b> 10:41AM – 12:22PM	Balava Until 23:17AM Sat	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 9:51AM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Yugadhi</b>		<b>Chaitra•Panguni</b>		

<b>1</b>	<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Oslo, Norway Sun 16 Sutra 356 Vilamba 5120
	Mesha Rasi: 1.38	Tithi 1 – 2	<b>Gulika</b> 5:34AM – 7:16AM Yama 2:04PM – 3:45PM 123483468 <b>Rahu</b> 8:58AM – 10:40AM	<b>Ashvini</b> Until 4:13AM Sun Vaidhriti* Until 5:15PM Balava Until 11:17PM <b>Prathama*</b> Until 10:54AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:34AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:09PM <b>Nataraja:</b> Purple Moon – White	<b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase
	Creative Work Siddha Yoga Until 4:13AM Sun Then Routine Work - Prabalarishta Yoga		<b>Chellappaswami Mahasamadhi</b>		<b>Devaloka Day</b>		

<b>2</b>	<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Oslo, Norway Sun 17 Sutra 357 Vilamba 5120
	Mesha Rasi: 14.16	Tithi 2 – 3	<b>Gulika</b> 3:47PM – 5:29PM Yama 12:21PM – 2:04PM 123483468 <b>Rahu</b> 5:29PM – 7:12PM	<b>Bharani</b> Until 11:45AM Mon Vishkambha* Until 5:12AM Mon Kaulava Until 11:31AM <b>Dvitiya</b> Until 11:31AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:31AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:12PM <b>Nataraja:</b> Purple Moon – White	<b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase
	Routine Work Prabalarishta Yoga Until 11:45AM Mon Then Routine Work - Marana Yoga		<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>		

<b>3</b>	<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Oslo, Norway Sun 18 Sutra 358 Vilamba 5120
	Mesha Rasi: 27.05	Tithi 3 – 4	<b>Gulika</b> 2:04PM – 3:48PM Yama 10:38AM – 12:21PM 123483468 <b>Rahu</b> 7:11AM – 8:55AM	<b>Bharani</b> Until 11:45AM Priti Until 14:25AM Tue Vanija Until 11:45PM <b>Tritiya</b> Until 11:45AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:28AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:14PM <b>Nataraja:</b> Purple Moon – White	<b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase
	Family Home Evening Routine Work Marana Yoga Until 11:45AM Then Creative Work - Amrita Yoga		<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>		

<b>4</b>	<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Kaulava Karana Chaturthi/Panchamyam Titau				Oslo, Norway Sun 19 Sutra 359 Vilamba 5120
	Vrishabha Rasi: 10.05	Tithi 4 – 5	<b>Gulika</b> 12:21PM – 2:05PM Yama 8:53AM – 10:37AM 133483468 <b>Rahu</b> 3:49PM – 5:33PM	<b>Rohini</b> Until 6:03AM Wed Ayushman Until 6:03AM Wed Kaulava Until 22:44AM Wed <b>Chaturthi*</b> Until 11:37AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:16PM <b>Nataraja:</b> Purple Moon – Yellow	<b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase
	Creative Work Amrita Yoga Until 6:03AM Wed Then Creative Work - Siddha Yoga		<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>		

<b>5</b>	<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Oslo, Norway Sun 20 Sutra 360 Vilamba 5120
	Vrishabha Rasi: 23.17	Tithi 5 – 6	<b>Gulika</b> 10:36AM – 12:21PM Yama 7:07AM – 8:51AM 133483468 <b>Rahu</b> 12:21PM – 2:05PM	<b>Rohini</b> Until 6:03AM Saubhagya Until 12:53PM Kaulava Until 10:44PM <b>Panchami</b> Until 11:07AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:22AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:19PM <b>Nataraja:</b> Purple Moon – Yellow	<b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase
	Creative Work Siddha Yoga		<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>		

<b>6</b>	<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Tailata/Gara Karana Shashthi/Saptamyam Titau				Oslo, Norway Sun 21 Sutra 361 Vilamba 5120
	Mithuna Rasi: 6.41	Tithi 6 – 7	<b>Gulika</b> 8:50AM – 10:35AM Yama 5:19AM – 7:05AM 133483468 <b>Rahu</b> 2:06PM – 3:51PM	<b>Ardra</b> Until 5:16AM Fri Sobhana Until 11:04AM Gara Until 9:39PM <b>Shashthi*</b> Until 10:14AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:19AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:21PM <b>Nataraja:</b> Purple Moon – Yellow	<b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase
	Routine Work Marana Yoga Until 5:16AM Fri Then Creative Work - Siddha Yoga		<b>Chaitra•Panguni</b>		<b>Sivaloka Day</b>		

<b>D</b>	<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Oslo, Norway Sun 22 Sutra 362 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 7:02AM – 8:48AM Yama 3:52PM – 5:38PM 143483468 <b>Rahu</b> 10:34AM – 12:20PM	<b>Punarvasu</b> Until 4:29AM Sat Athiganda* Until 8:53AM Visti Until 7:68PM <b>Saptami</b> Until 11:04AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:16AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:24PM <b>Nataraja:</b> Purple Moon – Blue	<b>Chaitra•Panguni</b>	Moon 3 - Phase 49 Ashtami
	Creative Work Siddha Yoga		<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>		

<b>D</b>	<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway Sun 23 Sutra 363 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 5:14AM – 7:00AM Yama 2:06PM – 3:53PM 143483468 <b>Rahu</b> 8:47AM – 10:33AM	<b>Pushya</b> Until 3:09AM Sun Sukarma Until 6:23AM Balava Until 6:13PM <b>Ashtami*</b> Until 7:13AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:14AM <b>Muruga:</b> Yellow <i>Sunset:</i> 7:26PM <b>Nataraja:</b> Purple Moon – Blue	<b>Chaitra•Panguni</b>	Moon 3 - Phase 49 Navami
	Creative Work Siddha Yoga		<b>Sri Rama Navami</b>		<b>Devaloka Day</b>		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 364		Vikarin 5121
Kataka Rasi: 18.21	Tithi 10	<b>Gulika</b> 3:54PM – 5:41PM	<b>Ashlesha* Until 11:50PM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:11AM		
		Yama 12:20PM – 2:07PM	Shula* Until 12:27AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:28PM	Moon 3 - Phase 1	
	143483468	<b>Rahu</b> 5:41PM – 7:28PM	Taitila Until 3:55PM	<b>Nataraja:</b> Purple	4th Phase	
Creative Work Siddha Yoga				Moon – Blue	<b>Devaloka Day</b>	
Until 11:50PM Mon		<b>Tamil New Year</b>	<b>Dashami Until 2:37AM Mon</b>	<b>Chaitra•Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Ashlesha*/Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 1		Vikarin 5121
Simha Rasi: 2.44	Tithi 11	<b>Gulika</b> 2:07PM – 3:55PM	<b>Ashlesha* Until 11:50PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:08AM		
<b>Family Home Evening</b>		Yama 10:31AM – 12:19PM	Ganda* Until 17:33AM Tue	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:31PM	Moon 3 - Phase 1	
	253483468	<b>Rahu</b> 6:56AM – 8:43AM	Vanija Until 1:16PM	<b>Nataraja:</b> Purple	4th Phase	
Routine Work Marana Yoga				Moon – Red	<b>Devaloka Day</b>	
Until 11:50PM			<b>Ekadashi Until 11:50PM</b>	<b>Chaitra•Chaitra</b>		
Then Creative Work - Siddha Yoga						

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau		Sun 26		Sutra 2		Vikarin 5121
Simha Rasi: 17.19	Tithi 12	<b>Gulika</b> 12:19PM – 2:08PM	<b>Purvaphalguni Until 9:16PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:05AM		
		Yama 8:42AM – 10:30AM	Vriddhi Until 5:33PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:33PM	Moon 3 - Phase 1	
	253483468	<b>Rahu</b> 3:56PM – 5:45PM	Bava Until 10:23AM	<b>Nataraja:</b> Purple	4th Phase	
Creative Work Siddha Yoga				Moon – Red	<b>Devaloka Day</b>	
Until 9:16PM			<b>Dvodashi Until 8:52PM</b>	<b>Chaitra•Chaitra</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 3		Vikarin 5121
Kanya Rasi: 2.01	Tithi 13 – 14	<b>Gulika</b> 10:30AM – 12:19PM	<b>Uttaraphalguni Until 6:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:02AM		
		Yama 6:51AM – 8:40AM	Dhruva Until 1:56PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:36PM	Moon 3 - Phase 1	
	253483468	<b>Rahu</b> 12:19PM – 2:08PM	Kaulava Until 7:22AM	<b>Nataraja:</b> Purple	4th Phase	
Creative Work Amrita Yoga				Moon – Red	<b>Devaloka Day</b>	
Until 6:53PM			<b>Trayodashi Until 5:50PM</b>	<b>Chaitra•Chaitra</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

<b>○ Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
<b>Copper Retreat Star</b>		Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 4
Kanya Rasi: 16.42	Tithi 14 – 15	<b>Gulika</b> 8:39AM – 10:29AM	<b>Hasta Until 4:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:59AM		
		Yama 4:59AM – 6:49AM	Vyaghata* Until 10:22AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:38PM	Moon 3 - Phase 1	
	263483468	<b>Rahu</b> 2:08PM – 3:58PM	Visti Until 24:90	<b>Nataraja:</b> Purple	Purnima	
Routine Work Marana Yoga				Moon – Green	<b>Sivaloka Day</b>	
Until 4:51PM		<b>Chitra Purnima (Tamil Nadu)</b>	<b>Chaturdashi* Until 1:56PM</b>	<b>Chaitra•Chaitra</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>				

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Oslo, Norway
<b>Silver Retreat Star</b>		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 5
Tula Rasi: 1.17	Tithi 15 – 16	<b>Gulika</b> 6:47AM – 8:37AM	<b>Chitra Until 2:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:56AM		
		Yama 3:59PM – 5:50PM	Harshana Until 6:59AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:40PM	Moon 3 - Phase 1	
	263483468	<b>Rahu</b> 10:28AM – 12:18PM	Balava Until 10:57PM	<b>Nataraja:</b> Purple	Prathama	
Creative Work Siddha Yoga				Moon – Green	<b>Sivaloka Day</b>	
			<b>Purnima* Until 12:09PM</b>	<b>Chaitra•Chaitra</b>		