



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Nairobi, Kenya

Tula Rasi: 29.26 Tiṭhi 17

273832369

Gulika 12:31PM – 2:02PM
Yama 9:30AM – 11:01AM
Rahu 3:32PM – 5:03PM

Vishakha Until 1:23PM
Vyatipata* Until 7:06AM
Taitila Until 4:40PM

Ganesh: Purple *Sunrise:* 6:29AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon – Orange

Sutra 16
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga

Until 1:23PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Nairobi, Kenya

Vrischika Rasi: 11.58 Tiṭhi 18

273832369

Gulika 11:01AM – 12:31PM
Yama 7:59AM – 9:30AM
Rahu 12:31PM – 2:02PM

Anuradha Until 3:05PM
Variyan Until 6:48AM
Vanija Until 5:49PM

Ganesh: Purple *Sunrise:* 6:29AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon – Orange

Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Tritiya Until 6:34AM Thu

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Nairobi, Kenya

Vrischika Rasi: 24.16 Tiṭhi 18 – 19

274832369

Gulika 9:30AM – 11:00AM
Yama 6:29AM – 7:59AM
Rahu 2:01PM – 3:32PM

Jyeshtha* Until 5:08PM
Parigha* Until 6:56AM
Bava Until 7:30PM

Ganesh: Clear *Sunrise:* 6:29AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon – Orange

Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga

Until 5:08PM

Then Creative Work - Siddha Yoga

Tritiya Until 6:34AM

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Nairobi, Kenya

Dhanus Rasi: 6.22 Tiṭhi 19 – 20

284832369

Gulika 7:59AM – 9:30AM
Yama 3:32PM – 5:02PM
Rahu 11:00AM – 12:31PM

Mula* Until 7:59PM
Shiva Until 7:28AM
Kaulava Until 9:39PM

Ganesh: White *Sunrise:* 6:29AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon – Light Blue

Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 7:59PM

Then Routine Work - Prabalarishta Yoga

Chaturthi* Until 8:30AM

Vaisaka-Chaitra

Devaloka Day

Devaloka Time: 9:AM to12:PM

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Nairobi, Kenya

Dhanus Rasi: 18.17 Tiṭhi 20 – 21

284832369

Gulika 6:29AM – 7:59AM
Yama 2:01PM – 3:32PM
Rahu 9:30AM – 11:00AM

Purvashadha* Until 10:59PM
Siddha Until 8:17AM
Gara Until 12:07AM Sun

Ganesh: White *Sunrise:* 6:29AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon – Light Blue

Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Until 10:59PM

Then Routine Work - Marana Yoga

Panchami Until 10:50AM

Vaisaka-Chaitra

Devaloka Day

Devaloka Time: 9:AM to12:PM

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Nairobi, Kenya

Makara Rasi: 0.07 Tiṭhi 21 – 22

284832369

Gulika 3:32PM – 5:02PM
Yama 12:31PM – 2:01PM
Rahu 5:02PM – 6:33PM

Uttarashadha Until 1:55AM Mon
Sadhya Until 9:18AM
Visti Until 2:42AM Mon

Ganesh: White *Sunrise:* 6:29AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon – Light Blue

Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Shashthi* Until 1:23PM

Vaisaka-Chaitra

Devaloka Day

Devaloka Time: 9:AM to12:PM

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Nairobi, Kenya

Makara Rasi: 11.55 Tiṭhi 22 – 23

Family Home Evening

294832369

Gulika 2:01PM – 3:32PM
Yama 11:00AM – 12:31PM
Rahu 7:59AM – 9:30AM

Shravana Until 5:04AM Tue
Subha Until 10:22AM
Balava Until 5:08AM Tue

Ganesh: Yellow *Sunrise:* 6:29AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon – Purple

Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 5:04AM Tue

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

Saptami Until 3:56PM

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Retreat Star

Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Nairobi, Kenya

Makara Rasi: 23.47 Tiṭhi 23

294832369

Gulika 12:31PM – 2:01PM
Yama 9:30AM – 11:00AM
Rahu 3:32PM – 5:02PM

Dhanishtha Until 7:40AM Wed
Sukla Until 11:14AM
Kaulava Until 6:12PM

Ganesh: Yellow *Sunrise:* 6:29AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon – Purple

Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:12PM

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Wednesday, May 9, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Nairobi, Kenya

Kumbha Rasi: 5.49 Tiṭhi 24

294832369

Gulika 11:00AM – 12:30PM
Yama 7:59AM – 9:29AM
Rahu 12:30PM – 2:01PM

Dhanishtha Until 7:40AM
Brahma Until 11:46AM
Taitila Until 7:10AM

Ganesh: Yellow *Sunrise:* 6:28AM
Muruga: White *Sunset:* 6:33PM
Nataraja: Purple
Moon – Purple

Sun 8 Sutra 24
Vilamba 5120
Moon 4 - Phase 3
Navami

Routine Work Prabalarishta Yoga

Until 7:40AM

Then Creative Work - Siddha Yoga

Navami* Until 7:57PM

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1

Thursday, May 10, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau

Nairobi, Kenya

Kumbha Rasi: 18.05 Tithi 25

Gulika 9:29AM – 11:00AM

Shatabhishak Until 9:30AM

Ganesha: Yellow

Sunrise: 6:28AM

Sun 9 Sutra 25

Vilamba 5120

Yama 6:28AM – 7:59AM

Indra Until 11:49AM

Muruga: White

Sunset: 6:32PM

Moon 4 - Phase 4

294832369 Rahu 2:01PM – 3:31PM

Vanija Until 8:35AM

Nataraja: Purple

Moon – Purple

2nd Phase

Creative Work Siddha Yoga

Dashami Until 9:00PM

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Friday, May 11, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau

Nairobi, Kenya

Meena Rasi: 0.41 Tithi 26

Gulika 7:59AM – 9:29AM

Purvaprossthapada* Until 10:55AM

Ganesha: Yellow

Sunrise: 6:28AM

Sun 10 Sutra 26

Vilamba 5120

Yama 3:31PM – 5:02PM

Vaidhriti* Until 11:14AM

Muruga: White

Sunset: 6:32PM

Moon 4 - Phase 4

214832369 Rahu 11:00AM – 12:30PM

Bava Until 9:14AM

Nataraja: Purple

Moon – Clear

2nd Phase

Creative Work Siddha Yoga

Ekadashi* Until 9:14PM

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Saturday, May 12, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau

Nairobi, Kenya

Meena Rasi: 13.41 Tithi 27

Gulika 6:28AM – 7:59AM

Uttaraprossthapada Until 11:22AM

Ganesha: Blue

Sunrise: 6:28AM

Sun 11 Sutra 27

Vilamba 5120

Yama 2:01PM – 3:31PM

Vishkambha* Until 10:01AM

Muruga: White

Sunset: 6:32PM

Moon 4 - Phase 4

214932369 Rahu 9:29AM – 11:00AM

Kaulava Until 9:03AM

Nataraja: Purple

Moon – Clear

2nd Phase

Creative Work Siddha Yoga

Dvadashi* Until 8:39PM

Vaisaka-Chaitra

Bhuloka Day

Until 11:22AM

Then Routine Work - Prabalarishta Yoga

4

Sunday, May 13, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau

Nairobi, Kenya

Meena Rasi: 27.07 Tithi 28

Gulika 3:31PM – 5:02PM

Revati Until 10:53AM

Ganesha: Blue

Sunrise: 6:28AM

Sun 12 Sutra 28

Vilamba 5120

Yama 12:30PM – 2:01PM

Priti Until 8:10AM

Muruga: White

Sunset: 6:32PM

Moon 4 - Phase 4

214932369 Rahu 5:02PM – 6:32PM

Gara Until 8:05AM

Nataraja: Purple

Moon – Clear

2nd Phase

Creative Work Amrita Yoga

Mother's Day

Trayodashi* Until 7:18PM

Vaisaka-Chaitra

Bhuloka Day

Until 10:53AM

Then Creative Work - Siddha Yoga

Pradosha Vrata (Fasting)

5

Monday, May 14, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Saubhagya Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau

Nairobi, Kenya

Mesha Rasi: 10.58 Tithi 29 – 30

Gulika 2:01PM – 3:31PM

Ashvini Until 10:01AM

Ganesha: Blue

Sunrise: 6:28AM

Sun 13 Sutra 29

Vilamba 5120

Yama 11:00AM – 12:30PM

Saubhagya Until 2:51AM Tue

Muruga: White

Sunset: 6:32PM

Moon 4 - Phase 4

Family Home Evening

224932369 Rahu 7:59AM – 9:29AM

Visti Until 6:24AM

Nataraja: Purple

Moon – White

2nd Phase

Creative Work Siddha Yoga

Chaturdashi* Until 5:20PM

Vaisaka-Chaitra

Bhuloka Day

●

Tuesday, May 15, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Nairobi, Kenya

Retreat Star

Mesha Rasi: 25.11 Tithi 30 – 1

Gulika 12:30PM – 2:01PM

Bharani Until 8:28AM

Ganesha: Blue

Sunrise: 6:28AM

Sun 14 Sutra 30

Vilamba 5120

Yama 9:29AM – 11:00AM

Sobhana Until 8:28AM

Muruga: White

Sunset: 6:32PM

Moon 4 - Phase 4

224932369 Rahu 3:31PM – 5:02PM

Kintughna Until 24:89

Nataraja: Purple

Moon – White

Amavasya

Creative Work Siddha Yoga

Amavasya* Until 2:51AM Tue

Vaisaka-Vaikasi

Bhuloka Day

Wednesday, May 16, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Retreat Star

Vrishabha Rasi: 9.41 Tithi 1 – 2

Gulika 11:00AM – 12:30PM

Krittika Until 6:22AM

Ganesha: Red

Sunrise: 6:28AM

Sun 15 Sutra 31

Vilamba 5120

Yama 7:59AM – 9:29AM

Athiganda* Until 6:22AM

Muruga: White

Sunset: 6:32PM

Moon 4 - Phase 4

225932369 Rahu 12:30PM – 2:01PM

Balava Until 10:33PM

Nataraja: Purple

Moon – White

Prathama

Creative Work Amrita Yoga

Prathama* Until 12:01PM

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Until 6:22AM

Then Creative Work - Siddha Yoga

1		Thursday, May 17, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
Vrishabha Rasi: 24.2		Tithi 2 - 3		Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 32	
235932369		Gulika	9:29AM - 11:00AM	Mrigashira Until 2:05AM Fri	Ganesh: Yellow	<i>Sunrise:</i> 6:29AM	Vilamba 5120		
Routine Work		Yama	6:29AM - 7:59AM	Sukarma Until 4:34PM	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5		
Until 2:05AM Fri		Rahu	2:01PM - 3:31PM	Taitila Until 7:30PM	Nataraja: Purple		3rd Phase		
Then Creative Work - Siddha Yoga				Dvitiya Until 9:01AM	Moon - Yellow	Bhuloka Day			
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM			

2		Friday, May 18, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
Mithuna Rasi: 9.03		Tithi 4		Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Sun 17		Sutra 33	
235932369		Gulika	7:59AM - 9:29AM	Ardra Until 11:46PM	Ganesh: Yellow	<i>Sunrise:</i> 6:29AM	Vilamba 5120		
Creative Work		Yama	3:31PM - 5:02PM	Dhriti Until 1:00PM	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5		
Siddha Yoga		Rahu	11:00AM - 12:30PM	Vanija Until 4:29PM	Nataraja: Purple		3rd Phase		
				Chaturthi* Until 3:00AM Sat	Moon - Yellow	Bhuloka Day			
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM			

3		Saturday, May 19, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
Mithuna Rasi: 23.42		Tithi 5		Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 18		Sutra 34	
245932369		Gulika	6:29AM - 7:59AM	Punarvasu Until 9:55PM	Ganesh: White	<i>Sunrise:</i> 6:29AM	Vilamba 5120		
Creative Work		Yama	2:01PM - 3:31PM	Shula* Until 9:32AM	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5		
Siddha Yoga		Rahu	9:30AM - 11:00AM	Bava Until 1:37PM	Nataraja: Purple		3rd Phase		
				Panchami Until 12:15AM Sun	Moon - Blue	Devaloka Day			
					Jyeshtha Adhika-Vaikasi				

4		Sunday, May 20, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
Kataka Rasi: 8.11		Tithi 6		Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashthiyam Titau		Sun 19		Sutra 35	
245932369		Gulika	3:31PM - 5:02PM	Pushya Until 8:13PM	Ganesh: White	<i>Sunrise:</i> 6:29AM	Vilamba 5120		
Creative Work		Yama	12:31PM - 2:01PM	Ganda* Until 6:16AM	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5		
Siddha Yoga		Rahu	5:02PM - 6:32PM	Kaulava Until 11:00AM	Nataraja: Purple		3rd Phase		
				Shashthi* Until 9:48PM	Moon - Blue	Devaloka Day			
					Jyeshtha Adhika-Vaikasi				

5		Monday, May 21, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
Kataka Rasi: 22.26		Tithi 7		Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 36	
245932369		Gulika	2:01PM - 3:32PM	Ashlesha* Until 6:44PM	Ganesh: White	<i>Sunrise:</i> 6:29AM	Vilamba 5120		
Family Home Evening		Yama	11:00AM - 12:31PM	Dhruva Until 12:35AM Tue	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5		
Creative Work		Rahu	7:59AM - 9:30AM	Gara Until 8:43AM	Nataraja: Purple		3rd Phase		
Siddha Yoga				Saptami Until 7:42PM	Moon - Blue	Devaloka Day			
Until 6:44PM					Jyeshtha Adhika-Vaikasi				
Then Routine Work - Marana Yoga									

6		Tuesday, May 22, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
Retreat Star		Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21		Sutra 37	
Simha Rasi: 6.27		Tithi 8		Magha* Until 5:55PM		Ganesh: Clear	<i>Sunrise:</i> 6:29AM	Vilamba 5120	
235932369		Gulika	12:31PM - 2:01PM	Vyaghata* Until 10:13PM	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5		
Creative Work		Yama	9:30AM - 11:00AM	Visti Until 6:49AM	Nataraja: Purple		Ashtami		
Siddha Yoga		Rahu	3:32PM - 5:02PM	Ashtami* Until 6:00PM	Moon - Red	Bhuloka Day			
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM			

7		Wednesday, May 23, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22		Sutra 38	
Simha Rasi: 20.13		Tithi 9 - 10		Purvaphalguni Until 5:23PM		Ganesh: Clear	<i>Sunrise:</i> 6:29AM	Vilamba 5120	
235932369		Gulika	11:00AM - 12:31PM	Harshana Until 8:12PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 5		
Creative Work		Yama	7:59AM - 9:30AM	Taitila Until 4:13AM Thu	Nataraja: Purple		Navami		
Amrita Yoga		Rahu	12:31PM - 2:01PM	Navami* Until 4:42PM	Moon - Red	Bhuloka Day			
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 23 Sutra 39 Vilamba 5120
Kanya Rasi: 3.44	Tithi 10 – 11	Gulika 9:30AM – 11:00AM	Uttaraphalguni Until 5:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	
		Yama 6:29AM – 7:59AM	Vajra* Until 6:28PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 6
		255932369 Rahu 2:01PM – 3:32PM	Vanija Until 3:31AM Fri	Nataraja: Purple		4th Phase
	Amrita Yoga		Dashami Until 3:48PM	Moon – Red		Bhuloka Day
Until 5:05PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 24 Sutra 40 Vilamba 5120
Kanya Rasi: 17.02	Tithi 11 – 12	Gulika 8:00AM – 9:30AM	Hasta Until 5:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	
		Yama 3:32PM – 5:02PM	Siddhi Until 5:04PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 6
		266932369 Rahu 11:00AM – 12:31PM	Bava Until 3:12AM Sat	Nataraja: Purple		4th Phase
	Creative Work Amrita Yoga		Ekadashi Until 3:18PM	Moon – Green		Bhuloka Day
Until 5:28PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 25 Sutra 41 Vilamba 5120
Tula Rasi: 0.08	Tithi 12 – 13	Gulika 6:29AM – 8:00AM	Chitra Until 6:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	
		Yama 2:01PM – 3:32PM	Vyatipata* Until 3:59PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 6
		366932369 Rahu 9:30AM – 11:01AM	Kaulava Until 3:17AM Sun	Nataraja: Purple		4th Phase
	Routine Work Marana Yoga		Dvadashi Until 3:11PM	Moon – Green		Bhuloka Day
Until 6:05PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						
<i>Pradosha Vrata</i>						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 26 Sutra 42 Vilamba 5120
Tula Rasi: 13.02	Tithi 13 – 14	Gulika 3:32PM – 5:02PM	Svati Until 6:56PM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	
		Yama 12:31PM – 2:02PM	Variyan Until 3:11PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 6
		366932369 Rahu 5:02PM – 6:33PM	Gara Until 3:46AM Mon	Nataraja: Purple		4th Phase
	Creative Work Siddha Yoga		Trayodashi Until 3:27PM	Moon – Green		Bhuloka Day
Until 6:56PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya Sun 27 Sutra 43 Vilamba 5120
Tula Rasi: 25.44	Tithi 14 – 15	Gulika 2:02PM – 3:32PM	Vishakha Until 8:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	
Family Home Evening		Yama 11:01AM – 12:31PM	Parigha* Until 2:44PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 6
		376932369 Rahu 8:00AM – 9:30AM	Visti Until 4:41AM Tue	Nataraja: Purple		4th Phase
	Routine Work Marana Yoga		Chaturdashi* Until 4:09PM	Moon – Orange		Bhuloka Day
Until 8:30PM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya Sun 28 Sutra 44 Vilamba 5120
Copper Retreat Star		Gulika 12:31PM – 2:02PM	Anuradha Until 10:22PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	
Vrischika Rasi: 8.14	Tithi 15 – 16	Yama 9:30AM – 11:01AM	Shiva Until 2:39PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 6
		376932369 Rahu 3:32PM – 5:03PM	Balava Until 6:03AM Wed	Nataraja: Purple		Purnima
	Creative Work Siddha Yoga		Purnima* Until 5:17PM	Moon – Orange		Bhuloka Day
Until 10:22PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Nairobi, Kenya Sun 29 Sutra 45 Vilamba 5120
Silver Retreat Star		Gulika 11:01AM – 12:31PM	Jyeshtha* Until 8:53PM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	
Vrischika Rasi: 20.33	Tithi 16	Yama 8:00AM – 9:31AM	Siddha Until 2:53PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 6
		376932369 Rahu 12:31PM – 2:02PM	Balava Until 6:03AM	Nataraja: Purple		Prathama
	Creative Work Siddha Yoga		Prathama* Until 6:52PM	Moon – Orange		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 46

Dhanus Rasi: 2.41 Tithi 17

Gulika 9:31AM - 11:01AM
Yama 6:30AM - 8:00AM
Rahu 2:02PM - 3:33PM

Jyeshtha* Until 8:53PM
Sadhya Until 15:78AM Fri
Tailila Until 7:51AM
Dvitiya Until 8:53PM

Ganesha: White Sunrise: 6:30AM
Muruga: White Sunset: 6:33PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Sun 2 Sutra 47

Dhanus Rasi: 14.39 Tithi 18

Gulika 8:00AM - 9:31AM
Yama 3:33PM - 5:03PM
Rahu 11:01AM - 12:32PM

Purvashadha* Until 6:17AM Sat
Subha Until 4:18PM
Vanija Until 10:02AM
Tritiya Until 11:13PM

Ganesha: Yellow Sunrise: 6:30AM
Muruga: White Sunset: 6:34PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 6:17AM Sat

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthayam Titau

Nairobi, Kenya

Sun 3 Sutra 48

Dhanus Rasi: 26.31 Tithi 19

Gulika 6:30AM - 8:01AM
Yama 2:02PM - 3:33PM
Rahu 9:31AM - 11:01AM

Purvashadha* Until 6:17AM
Sukla Until 5:20PM
Bava Until 12:30PM
Chaturthi* Until 1:47AM Sun

Ganesha: Yellow Sunrise: 6:30AM
Muruga: White Sunset: 6:34PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 6:17AM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Tailila Karana Panchamyam Titau

Nairobi, Kenya

Sun 4 Sutra 49

Makara Rasi: 8.18 Tithi 20

Gulika 3:33PM - 5:03PM
Yama 12:32PM - 2:03PM
Rahu 5:03PM - 6:34PM

Uttarashadha Until 9:15AM
Brahma Until 6:27PM
Kaulava Until 3:06PM
Panchami Until 4:22AM Mon

Ganesha: Yellow Sunrise: 6:30AM
Muruga: White Sunset: 6:34PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 5 Sutra 50

Makara Rasi: 20.06 Tithi 21

Gulika 2:03PM - 3:33PM
Yama 11:02AM - 12:32PM
Rahu 8:01AM - 9:31AM

Shravana Until 12:32PM
Indra Until 7:30PM
Gara Until 5:37PM
Shashthi* Until 6:46AM Tue

Ganesha: Blue Sunrise: 6:31AM
Muruga: White Sunset: 6:34PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 12:32PM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 6 Sutra 51

Kumbha Rasi: 1.58 Tithi 21 - 22

Gulika 12:32PM - 2:03PM
Yama 9:32AM - 11:02AM
Rahu 3:33PM - 5:04PM

Dhanishtha Until 3:25PM
Vaidhriti* Until 8:17PM
Visti Until 7:51PM
Shashthi* Until 6:46AM

Ganesha: Purple Sunrise: 6:31AM
Muruga: White Sunset: 6:34PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 3:25PM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 7 Sutra 52

Kumbha Rasi: 13.59 Tithi 22 - 23

Gulika 11:02AM - 12:33PM
Yama 8:01AM - 9:32AM
Rahu 12:33PM - 2:03PM

Shatabhishak Until 5:39PM
Vishkambha* Until 8:41PM
Balava Until 9:33PM
Saptami Until 8:45AM

Ganesha: Purple Sunrise: 6:31AM
Muruga: White Sunset: 6:34PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 8 Sutra 53

Kumbha Rasi: 26.15 Tithi 23 - 24

Gulika 9:32AM - 11:02AM
Yama 6:31AM - 8:02AM
Rahu 2:03PM - 3:34PM

Purvaproshtapada* Until 7:33PM
Priti Until 8:33PM
Tailila Until 10:33PM
Ashtami* Until 10:08AM

Ganesha: Blue Sunrise: 6:31AM
Muruga: White Sunset: 6:34PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Navami

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
		Uttaraproshtpada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54
Meena Rasi: 8.51	Tithi 24 – 25	Gulika 8:02AM – 9:32AM	Uttaraproshtpada Until 8:31PM	Ganesha: Red <i>Sunrise:</i> 6:31AM	Vilamba 5120	
		Yama 3:34PM – 5:04PM	Ayushman Until 7:45PM	Muruga: White <i>Sunset:</i> 6:35PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	318132361 Rahu 11:03AM – 12:33PM	Vanija Until 10:44PM	Nataraja: White	2nd Phase	
			Navami* Until 10:44AM	Moon – Clear	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
Meena Rasi: 21.5	Tithi 25 – 26	Gulika 6:31AM – 8:02AM	Revati Until 8:29PM	Ganesha: Red <i>Sunrise:</i> 6:31AM	Vilamba 5120	
		Yama 2:04PM – 3:34PM	Saubhagya Until 6:18PM	Muruga: White <i>Sunset:</i> 6:35PM	Moon 5 - Phase 8	
Routine Work	Prabalarishta Yoga	318132361 Rahu 9:32AM – 11:03AM	Bava Until 10:04PM	Nataraja: White	2nd Phase	
Until 8:29PM			Dashami Until 10:29AM	Moon – Clear	Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
		Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
Mesha Rasi: 5.17	Tithi 26 – 27	Gulika 3:34PM – 5:05PM	Ashvini Until 7:58PM	Ganesha: Green <i>Sunrise:</i> 6:32AM	Vilamba 5120	
		Yama 12:33PM – 2:04PM	Sobhana Until 4:13PM	Muruga: White <i>Sunset:</i> 6:35PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 5:05PM – 6:35PM	Kaulava Until 8:36PM	Nataraja: White	2nd Phase	
Until 7:58PM			Ekadashi* Until 9:25AM	Moon – White	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Jyeshtha Adhika-Vaikasi		

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
		Bharani Nakshatra Athiganda*/Sukarma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57
Mesha Rasi: 19.11	Tithi 27 – 28	Gulika 2:04PM – 3:34PM	Bharani Until 6:35PM	Ganesha: Green <i>Sunrise:</i> 6:32AM	Vilamba 5120	
Family Home Evening		Yama 11:03AM – 12:34PM	Athiganda* Until 1:30PM	Muruga: White <i>Sunset:</i> 6:35PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 8:02AM – 9:33AM	Gara Until 6:25PM	Nataraja: White	2nd Phase	
Until 6:35PM			Dvadashi* Until 7:34AM	Moon – White	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		
				<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
		Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 58
Vrishabha Rasi: 3.31	Tithi 29	Gulika 12:34PM – 2:04PM	Krittika Until 4:29PM	Ganesha: Green <i>Sunrise:</i> 6:32AM	Vilamba 5120	
		Yama 9:33AM – 11:03AM	Sukarma Until 10:18AM	Muruga: White <i>Sunset:</i> 6:35PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 3:35PM – 5:05PM	Visti Until 3:40PM	Nataraja: White	2nd Phase	
Until 4:29PM			Chaturdashi* Until 2:06AM Wed	Moon – White	Bhuloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha Adhika-Vaikasi		

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59
Vrishabha Rasi: 18.13	Tithi 30	Gulika 11:04AM – 12:34PM	Rohini Until 2:15PM	Ganesha: White <i>Sunrise:</i> 6:32AM	Vilamba 5120	
		Yama 8:03AM – 9:33AM	Dhriti Until 6:43AM	Muruga: White <i>Sunset:</i> 6:36PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	338132361 Rahu 12:34PM – 2:04PM	Catuspada Until 12:30PM	Nataraja: White	Amavasya	
			Amavasya* Until 10:47PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60
Mithuna Rasi: 3.08	Tithi 1	Gulika 9:33AM – 11:04AM	Mrigashira Until 11:37AM	Ganesha: Clear <i>Sunrise:</i> 6:33AM	Vilamba 5120	
		Yama 6:33AM – 8:03AM	Ganda* Until 10:53PM	Muruga: White <i>Sunset:</i> 6:36PM	Moon 5 - Phase 8	
Routine Work	Marana Yoga	339132361 Rahu 2:05PM – 3:35PM	Kintughna Until 9:03AM	Nataraja: White	Prathama	
			Prathama* Until 7:16PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM	

1		Friday, June 15, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
Mithuna Rasi: 18.1		Titthi 2 – 3		Ardra/Punarvasu Nakshatra Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 61	
Creative Work		Siddha Yoga		339132361		Gulika 8:03AM – 9:34AM		Ardra Until 8:46AM	
				Yama 3:35PM – 5:06PM		Vridhhi Until 6:56PM		Ganeshha: Clear Sunrise: 6:33AM	
				Rahu 11:04AM – 12:34PM		Taitila Until 2:02AM Sat		Muruga: White Sunset: 6:36PM	
						Dvitiya Until 3:44PM		Nataraja: White	
								Moon – Yellow	
								Jyeshtha•Ani	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

2		Saturday, June 16, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
Kataka Rasi: 3.1		Titthi 3 – 4		Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Sun 17		Sutra 62	
Creative Work		Siddha Yoga		349132361		Gulika 6:33AM – 8:03AM		Punarvasu Until 6:16AM	
				Yama 2:05PM – 3:35PM		Dhruva Until 3:05PM		Ganeshha: Orange Sunrise: 6:33AM	
				Rahu 9:34AM – 11:04AM		Vanija Until 10:44PM		Muruga: White Sunset: 6:36PM	
						Tritiya Until 12:20PM		Nataraja: White	
								Moon – Blue	
								Jyeshtha•Ani	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

3		Sunday, June 17, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
Kataka Rasi: 17.58		Titthi 4 – 5		Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 63	
Creative Work		Siddha Yoga		349132361		Gulika 3:36PM – 5:06PM		Ashlesha* Until 1:40AM Mon	
Until 1:40AM Mon						Vyaghata* Until 11:28AM		Ganeshha: Orange Sunrise: 6:33AM	
Then Routine Work - Marana Yoga				Father's Day		Bava Until 7:46PM		Muruga: White Sunset: 6:36PM	
						Chaturthi* Until 9:11AM		Nataraja: White	
								Moon – Blue	
								Jyeshtha•Ani	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

4		Monday, June 18, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
Simha Rasi: 2.3		Titthi 5 – 6		Magha* Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Sun 19		Sutra 64	
Family Home Evening				359132361		Gulika 2:05PM – 3:36PM		Magha* Until 12:14AM Tue	
Routine Work		Marana Yoga				Yama 11:05AM – 12:35PM		Harshana Until 8:13AM	
Until 12:14AM Tue						Rahu 8:04AM – 9:34AM		Taitila Until 4:09AM Tue	
Then Creative Work - Siddha Yoga								Panchami Until 6:26AM	
								Moon – Red	
								Jyeshtha•Ani	
								Devaloka Day	

5		Tuesday, June 19, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
Simha Rasi: 16.42		Titthi 7		Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 65	
Creative Work		Siddha Yoga		359132361		Gulika 12:35PM – 2:06PM		Purvaphalguni Until 11:12PM	
Until 11:12PM						Yama 9:34AM – 11:05AM		Siddhi Until 2:55AM Wed	
Then Creative Work - Amrita Yoga						Rahu 3:36PM – 5:07PM		Gara Until 3:15PM	
								Saptami Until 2:27AM Wed	
								Moon – Red	
								Jyeshtha•Ani	
								Devaloka Day	

Retreat Star		Wednesday, June 20, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
Kanya Rasi: 0.32		Titthi 8		Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 66	
Creative Work		Amrita Yoga		359132361		Gulika 11:05AM – 12:35PM		Uttaraphalguni Until 10:36PM	
Until 10:36PM						Yama 8:04AM – 9:35AM		Vyatipata* Until 1:01AM Thu	
Then Routine Work - Marana Yoga						Rahu 12:35PM – 2:06PM		Visti Until 1:49PM	
						Chidambaram Abhishekam		Ashtami* Until 1:19AM Thu	
								Moon – Red	
								Jyeshtha•Ani	
								Devaloka Day	

Retreat Star		Thursday, June 21, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
Kanya Rasi: 14.01		Titthi 9		Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 67	
Routine Work		Marana Yoga		369132361		Gulika 9:35AM – 11:05AM		Hasta Until 10:54PM	
Until 10:54PM						Yama 6:34AM – 8:04AM		Variyan Until 11:33PM	
Then Creative Work - Siddha Yoga						Rahu 2:06PM – 3:37PM		Balava Until 1:00PM	
								Navami* Until 12:47AM Fri	
								Moon – Green	
								Jyeshtha•Ani	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau				Nairobi, Kenya Sun 23
	Kanya Rasi: 27.11	Tithi 10	Gulika 8:05AM – 9:35AM	Chitra Until 11:35PM	Ganesh: Green	<i>Sunrise:</i> 6:34AM	Sutra 68
			Yama 3:37PM – 5:07PM	Parigha* Until 10:32PM	Muruga: White	<i>Sunset:</i> 6:38PM	Vilamba 5120
	Creative Work	Siddha Yoga	361132361 Rahu 11:05AM – 12:36PM	Tailila Until 12:45PM	Nataraja: White		Moon 5 - Phase 10
			Dashami Until 12:49AM Sat	Moon – Green		4th Phase	
				Jyeshtha-Ani		Bhuloka Day	

2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Nairobi, Kenya Sun 24
	Tula Rasi: 10.04	Tithi 11	Gulika 6:34AM – 8:05AM	Svati Until 12:38AM Sun	Ganesh: Green	<i>Sunrise:</i> 6:34AM	Sutra 69
			Yama 2:07PM – 3:37PM	Shiva Until 9:58PM	Muruga: White	<i>Sunset:</i> 6:38PM	Vilamba 5120
	Creative Work	Siddha Yoga	361132361 Rahu 9:35AM – 11:06AM	Vanija Until 1:03PM	Nataraja: White		Moon 5 - Phase 10
			Ekadashi Until 1:21AM Sun	Moon – Green		4th Phase	
				Jyeshtha-Ani		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Nairobi, Kenya Sun 25
	Tula Rasi: 22.43	Tithi 12	Gulika 3:37PM – 5:08PM	Vishakha Until 3:50AM Tue Mon	Ganesh: Red	<i>Sunrise:</i> 6:35AM	Sutra 70
			Yama 12:36PM – 2:07PM	Siddha Until 9:45PM	Muruga: White	<i>Sunset:</i> 6:38PM	Vilamba 5120
	Routine Work	Marana Yoga	371132361 Rahu 5:08PM – 6:38PM	Bava Until 1:50PM	Nataraja: White		Moon 5 - Phase 10
			Dvadashi Until 2:23AM Mon	Moon – Orange		4th Phase	
				Jyeshtha-Ani		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodashyam Titau				Nairobi, Kenya Sun 26
	Vrischika Rasi: 5.08	Tithi 13	Gulika 2:07PM – 3:37PM	Vishakha Until 3:50AM Tue	Ganesh: Red	<i>Sunrise:</i> 6:35AM	Sutra 71
	Family Home Evening		Yama 11:06AM – 12:37PM	Sadhya Until 21:80AM Tue	Muruga: Clear	<i>Sunset:</i> 6:38PM	Vilamba 5120
	Creative Work	Siddha Yoga	371142361 Rahu 8:05AM – 9:36AM	Kaulava Until 3:05PM	Nataraja: White		Moon 5 - Phase 10
			Trayodashi Until 3:50AM Tue	Moon – Orange		4th Phase	
				Jyeshtha-Ani		Devaloka Day	
						Pradosha Vrata	

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Nairobi, Kenya Sun 27
	Vrischika Rasi: 17.23	Tithi 14	Gulika 12:37PM – 2:07PM	Jyeshtha* Until 6:51AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:35AM	Sutra 72
			Yama 9:36AM – 11:06AM	Subha Until 10:20PM	Muruga: Clear	<i>Sunset:</i> 6:38PM	Vilamba 5120
	Routine Work	Marana Yoga	371142361 Rahu 3:38PM – 5:08PM	Gara Until 4:44PM	Nataraja: White		Moon 5 - Phase 10
			Chaturdashi* Until 5:40AM Wed	Moon – Orange		4th Phase	
				Jyeshtha-Ani		Devaloka Day	

○	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Visti* Karana Purnimayam Titau				Nairobi, Kenya Sun 27
	Copper Retreat Star		Gulika 11:07AM – 12:37PM	Jyeshtha* Until 6:51AM	Ganesh: Red	<i>Sunrise:</i> 6:35AM	Sutra 73
	Vrischika Rasi: 29.29	Tithi 15	Yama 8:06AM – 9:36AM	Sukla Until 11:01PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Vilamba 5120
	Creative Work	Siddha Yoga	371142361 Rahu 12:37PM – 2:07PM	Visti Until 6:45PM	Nataraja: White		Moon 5 - Phase 10
			Purnima* Until 7:51AM Thu	Moon – Orange		Purnima	
				Jyeshtha-Ani		Devaloka Day	

○	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya Sun 28
	Silver Retreat Star		Gulika 9:36AM – 11:07AM	Mula* Until 9:48AM	Ganesh: Blue	<i>Sunrise:</i> 6:36AM	Sutra 74
	Dhanus Rasi: 11.26	Tithi 15 – 16	Yama 6:36AM – 8:06AM	Brahma Until 11:57PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Vilamba 5120
	Creative Work	Siddha Yoga	381142361 Rahu 2:08PM – 3:38PM	Balava Until 9:03PM	Nataraja: White		Moon 5 - Phase 10
			Purnima* Until 7:51AM	Moon – Light Blue		Prathama	
				Jyeshtha-Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Suntra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 23.18 Tihti 16 – 17

Gulika 8:06AM – 9:37AM

Yama 3:38PM – 5:09PM

381142361 Rahu 11:07AM – 12:37PM

Purvashadha* Until 12:49PM

Indra Until 1:02AM Sat

Taitila Until 11:34PM

Prathama* Until 10:16AM

Ganesha: Blue

Sunrise: 6:36AM

Muruga: Clear

Sunset: 6:39PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 12:49PM

Then Routine Work - Marana Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Suntra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 5.06 Tihti 17 – 18

Gulika 6:36AM – 8:06AM

Yama 2:08PM – 3:38PM

381242361 Rahu 9:37AM – 11:07AM

Uttarashadha Until 3:47PM

Vaidhriti* Until 2:09AM Sun

Vanija Until 2:10AM Sun

Dvitiya Until 12:51PM

Ganesha: Blue

Sunrise: 6:36AM

Muruga: Clear

Sunset: 6:39PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya

Sun 2 Suntra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 16.53 Tihti 18 – 19

Gulika 3:39PM – 5:09PM

Yama 12:38PM – 2:08PM

391242361 Rahu 5:09PM – 6:39PM

Shravana Until 7:06PM

Vishkambha* Until 3:14AM Mon

Bava Until 4:43AM Mon

Tritiya Until 3:26PM

Ganesha: Red

Sunrise: 6:36AM

Muruga: Clear

Sunset: 6:39PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 7:06PM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Suntra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 28.41 Tihti 19 – 20

Gulika 2:08PM – 3:39PM

Yama 11:08AM – 12:38PM

391242361 Rahu 8:07AM – 9:37AM

Dhanishtha Until 10:05PM

Priti Until 4:10AM Tue

Kaulava Until 7:01AM Tue

Chaturthi* Until 5:53PM

Ganesha: Red

Sunrise: 6:36AM

Muruga: Clear

Sunset: 6:40PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 4 Suntra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 10.35 Tihti 20

Gulika 12:38PM – 2:09PM

Yama 9:37AM – 11:08AM

392242361 Rahu 3:39PM – 5:09PM

Shatabhishak Until 12:34AM Wed

Ayushman Until 4:46AM Wed

Kaulava Until 7:01AM

Panchami Until 8:00PM

Ganesha: Yellow

Sunrise: 6:36AM

Muruga: Clear

Sunset: 6:40PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 12:34AM Wed

Then Creative Work - Amrita Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 5 Suntra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 22.39 Tihti 21

Gulika 11:08AM – 12:38PM

Yama 8:07AM – 9:38AM

312242361 Rahu 12:38PM – 2:09PM

Purvaproshtapada* Until 2:53AM Thu

Saubhagya Until 4:58AM Thu

Gara Until 8:55AM

Shashthi* Until 9:38PM

Ganesha: Orange

Sunrise: 6:37AM

Muruga: Clear

Sunset: 6:40PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 2:53AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 6 Suntra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 4.56 Tihti 22

Gulika 9:38AM – 11:08AM

Yama 6:37AM – 8:07AM

312242361 Rahu 2:09PM – 3:39PM

Uttaraproshtapada Until 4:23AM Fri

Sobhana Until 4:39AM Fri

Visti Until 10:15AM

Saptami Until 10:38PM

Ganesha: Orange

Sunrise: 6:37AM

Muruga: Clear

Sunset: 6:40PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 7 Suntra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 17.31 Tihti 23

Gulika 8:07AM – 9:38AM

Yama 3:40PM – 5:10PM

312242361 Rahu 11:08AM – 12:39PM

Revati Until 4:59AM Sat

Athiganda* Until 3:43AM Sat

Balava Until 10:53AM

Ashtami* Until 10:54PM

Ganesha: Orange

Sunrise: 6:37AM

Muruga: Clear

Sunset: 6:40PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 8 Suntra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 0.28 Tihti 24

Gulika 6:37AM – 8:08AM

Yama 2:09PM – 3:40PM

422242361 Rahu 9:38AM – 11:08AM

Ashvini Until 5:07AM Sun

Sukarma Until 2:09AM Sun

Taitila Until 10:44AM

Navami* Until 10:21PM

Ganesha: Orange

Sunrise: 6:37AM

Muruga: Clear

Sunset: 6:41PM

Nataraja: White

Moon – White

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 5:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

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1	Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya Sun 9 Sutra 84 Vilamba 5120
	Mesha Rasi: 13.49	Tithi 25	Gulika 3:40PM – 5:10PM	Bharani Until 4:18AM Mon	Ganesh: Orange <i>Sunrise: 6:37AM</i>		
			Yama 12:39PM – 2:09PM	Dhriti Until 11:58PM	Muruga: Clear <i>Sunset: 6:41PM</i>		Moon 6 - Phase 12 2nd Phase

422242361 **Rahu** 5:10PM – 6:41PM
Vanija Until 9:48AM
Dashami Until 9:01PM
Nataraja: White
Moon – White
Jyeshtha•Ani
Devaloka Day

Routine Work Prabalarishta Yoga
Until 4:18AM Mon
Then Routine Work - Marana Yoga

2	Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 10 Sutra 85 Vilamba 5120
	Mesha Rasi: 27.38	Tithi 26	Gulika 2:10PM – 3:40PM	Krittika Until 2:40AM Tue	Ganesh: Orange <i>Sunrise: 6:37AM</i>		
	Family Home Evening		Yama 11:09AM – 12:39PM	Shula* Until 9:10PM	Muruga: Clear <i>Sunset: 6:41PM</i>		Moon 6 - Phase 12 2nd Phase

422242361 **Rahu** 8:08AM – 9:38AM
Bava Until 8:05AM
Ekadashi* Until 6:57PM
Nataraja: White
Moon – White
Jyeshtha•Ani
Devaloka Day

Routine Work Marana Yoga
Until 2:40AM Tue
Then Creative Work - Amrita Yoga

3	Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 11 Sutra 86 Vilamba 5120
	Vrishabha Rasi: 11.55	Tithi 27 – 28	Gulika 12:39PM – 2:10PM	Rohini Until 12:44AM Wed	Ganesh: Light Blue <i>Sunrise: 6:38AM</i>		
			Yama 9:38AM – 11:09AM	Ganda* Until 5:52PM	Muruga: Clear <i>Sunset: 6:41PM</i>		Moon 6 - Phase 12 2nd Phase

422242361 **Rahu** 3:40PM – 5:11PM
Gara Until 2:44AM Wed
Dvadashi* Until 4:15PM
Nataraja: White
Moon – Yellow
Jyeshtha•Ani
Devaloka Time: 12:PM to 3:PM


Creative Work Amrita Yoga
Until 12:44AM Wed
Then Creative Work - Siddha Yoga

Pradosha Vrata (Fasting)

4	Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 12 Sutra 87 Vilamba 5120
	Vrishabha Rasi: 26.34	Tithi 28 – 29	Gulika 11:09AM – 12:39PM	Mrigashira Until 10:12PM	Ganesh: Light Blue <i>Sunrise: 6:38AM</i>		
			Yama 8:08AM – 9:39AM	Vridhhi Until 2:11PM	Muruga: Clear <i>Sunset: 6:41PM</i>		Moon 6 - Phase 12 2nd Phase


422242361 **Rahu** 12:39PM – 2:10PM
Visti Until 11:22PM
Trayodashi* Until 1:04PM
Nataraja: White
Moon – Yellow
Jyeshtha•Ani
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

	Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 88 Vilamba 5120
	Retreat Star		Gulika 9:39AM – 11:09AM	Ardra Until 7:17PM	Ganesh: Light Blue <i>Sunrise: 6:38AM</i>		
	Mithuna Rasi: 11.32	Tithi 29 – 30	Yama 6:38AM – 8:08AM	Dhruva Until 10:12AM	Muruga: Clear <i>Sunset: 6:41PM</i>		Moon 6 - Phase 12 Amavasya

422242361 **Rahu** 2:10PM – 3:40PM
Catuspada Until 7:43PM
Chaturdashi* Until 9:33AM
Nataraja: White
Moon – Yellow
Jyeshtha•Ani
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 7:17PM
Then Creative Work - Amrita Yoga

	Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 89 Vilamba 5120
	Retreat Star		Gulika 8:08AM – 9:39AM	Punarvasu Until 4:30PM	Ganesh: Purple <i>Sunrise: 6:38AM</i>		
	Mithuna Rasi: 26.41	Tithi 1	Yama 3:41PM – 5:11PM	Vyaghata* Until 6:04AM	Muruga: Clear <i>Sunset: 6:41PM</i>		Moon 6 - Phase 12 Prathama

422242361 **Rahu** 11:09AM – 12:40PM
Kintughna Until 3:58PM
Prathama* Until 2:05AM Sat
Nataraja: White
Moon – Blue
Ashada•Ani
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 4:30PM
Then Routine Work - Marana Yoga

Partial Solar Eclipse

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
Kataka Rasi: 11.51		Tithi 2		Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 90	
		Gulika	6:38AM – 8:09AM	Pushya Until 1:38PM	Ganesh: Purple	<i>Sunrise:</i> 6:38AM	Vilamba 5120		
		Yama	2:10PM – 3:41PM	Vajra* Until 9:51PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		442242361	Rahu 9:39AM – 11:09AM	Balava Until 12:16PM	Nataraja: White		3rd Phase		
Until 1:38PM				Dvitiya Until 10:28PM	Moon – Blue		Bhuloka Day		
Then Routine Work - Marana Yoga					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
Kataka Rasi: 26.53		Tithi 3		Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 16		Sutra 91	
		Gulika	3:41PM – 5:11PM	Ashlesha* Until 10:51AM	Ganesh: Purple	<i>Sunrise:</i> 6:38AM	Vilamba 5120		
		Yama	12:40PM – 2:10PM	Siddhi Until 6:02PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		442242361	Rahu 5:11PM – 6:42PM	Tailila Until 8:46AM	Nataraja: White		3rd Phase		
Until 10:51AM				Tritiya Until 7:07PM	Moon – Blue		Bhuloka Day		
Then Routine Work - Marana Yoga					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
Simha Rasi: 11.4		Tithi 4 – 5		Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 92	
Family Home Evening		Gulika	2:10PM – 3:41PM	Magha* Until 8:43AM	Ganesh: Purple	<i>Sunrise:</i> 6:38AM	Vilamba 5120		
Routine Work Marana Yoga		453242361	Yama 11:10AM – 12:40PM	Vyatipata* Until 2:34PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
Until 8:43AM			Rahu 8:09AM – 9:39AM	Bava Until 2:57AM Tue	Nataraja: White		3rd Phase		
Then Creative Work - Siddha Yoga				Chaturthi* Until 4:12PM	Moon – Red		Bhuloka Day		
					Ashada*Adi		Devaloka Time: 12:PM to 3:PM		

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
Simha Rasi: 26.06		Tithi 5 – 6		Purvaphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 18		Sutra 93	
		Gulika	12:40PM – 2:11PM	Purvaphalguni Until 6:56AM	Ganesh: Purple	<i>Sunrise:</i> 6:38AM	Vilamba 5120		
		Yama	9:39AM – 11:10AM	Variyan Until 11:31AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		453242362	Rahu 3:41PM – 5:11PM	Kaulava Until 12:53AM Wed	Nataraja: Clear		3rd Phase		
Until 6:56AM				Panchami Until 1:49PM	Moon – Red		Devaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
Kanya Rasi: 10.07		Tithi 6 – 7		Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 94	
		Gulika	11:10AM – 12:40PM	Hasta Until 5:20AM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:38AM	Vilamba 5120		
		Yama	8:09AM – 9:39AM	Parigha* Until 9:01AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
Routine Work Marana Yoga		463242362	Rahu 12:40PM – 2:11PM	Gara Until 11:31PM	Nataraja: Clear		3rd Phase		
Until 5:20AM Thu				Shashthi* Until 12:06PM	Moon – Green		Sivaloka Day		
Then Creative Work - Siddha Yoga					Ashada*Adi				

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
Kanya Rasi: 23.41		Tithi 7 – 8		Chitra Nakshatra Shiva/Siddha Yoga Vanija Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 95	
		Gulika	9:39AM – 11:10AM	Chitra Until 5:37AM Fri	Ganesh: Clear	<i>Sunrise:</i> 6:38AM	Vilamba 5120		
		Yama	6:38AM – 8:09AM	Shiva Until 7:06AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		463242362	Rahu 2:11PM – 3:41PM	Vanija Until 11:05AM	Nataraja: Clear		Ashtami		
				Saptami Until 11:05AM	Moon – Green		Sivaloka Day		
					Ashada*Adi				

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
Tula Rasi: 6.52		Tithi 8 – 9		Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 96	
		Gulika	8:09AM – 9:39AM	Svati Until 6:26AM Sat	Ganesh: Clear	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
		Yama	3:41PM – 5:12PM	Sadhya Until 4:58AM Sat	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		463242362	Rahu 11:10AM – 12:40PM	Balava Until 10:57PM	Nataraja: Clear		Navami		
				Ashtami* Until 10:48AM	Moon – Green		Sivaloka Day		
					Ashada*Adi				

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Nairobi, Kenya Sun 22 Sutra 97	
Tula Rasi: 19.41	Tithi 9 – 10	Gulika	6:39AM – 8:09AM	Svati Until 6:26AM	Ganesh: Clear	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
		Yama	2:11PM – 3:41PM	Subha Until 4:44AM Sun	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	463242362	Rahu 9:39AM – 11:10AM	Taitila Until 11:42PM	Nataraja: Clear		4th Phase		
				Navami* Until 11:13AM	Moon – Green		Sivaloka Day		
					Ashada*Adi				


2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Nairobi, Kenya Sun 23 Sutra 98	
Vrischika Rasi: 2.11	Tithi 10 – 11	Gulika	3:41PM – 5:12PM	Vishakha Until 8:12AM	Ganesh: White	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
		Yama	12:40PM – 2:11PM	Sukla Until 4:54AM Mon	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362	Rahu 5:12PM – 6:42PM	Vanija Until 1:02AM Mon	Nataraja: Clear		4th Phase		
				Dashami Until 12:17PM	Moon – Orange		Devaloka Day		
					Ashada*Adi				


3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Nairobi, Kenya Sun 24 Sutra 99	
Vrischika Rasi: 14.28	Tithi 11 – 12	Gulika	2:11PM – 3:41PM	Anuradha Until 10:20AM	Ganesh: White	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
Family Home Evening		Yama	11:10AM – 12:40PM	Brahma Until 5:26AM Tue	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	473242362	Rahu 8:09AM – 9:40AM	Bava Until 2:52AM Tue	Nataraja: Clear		4th Phase		
				Ekadashi Until 1:52PM	Moon – Orange		Devaloka Day		
					Ashada*Adi				

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Nairobi, Kenya Sun 25 Sutra 100	
Vrischika Rasi: 26.32	Tithi 12 – 13	Gulika	12:41PM – 2:11PM	Jyeshtha* Until 12:45PM	Ganesh: White	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
		Yama	9:40AM – 11:10AM	Indra Until 6:16AM Wed	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362	Rahu 3:41PM – 5:12PM	Kaulava Until 5:03AM Wed	Nataraja: Clear		4th Phase		
Until 12:45PM				Dvodashi Until 3:54PM	Moon – Orange		Devaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				
					<i>Pradosha Vrata</i>				

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila Karana Trayodashyam Titau		Nairobi, Kenya Sun 26 Sutra 101	
Dhanus Rasi: 8.28	Tithi 13	Gulika	11:10AM – 12:41PM	Mula* Until 3:48PM	Ganesh: Red	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
		Yama	8:09AM – 9:40AM	Indra Until 6:16AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362	Rahu 12:41PM – 2:11PM	Taitila Until 6:14PM	Nataraja: Clear		4th Phase		
Until 3:48PM				Trayodashi Until 6:14PM	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				

6		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Nairobi, Kenya Sun 27 Sutra 102	
Dhanus Rasi: 20.19	Tithi 14	Gulika	9:40AM – 11:10AM	Purvashadha* Until 6:53PM	Ganesh: Red	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
		Yama	6:39AM – 8:09AM	Vaidhriti* Until 7:15AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	483342362	Rahu 2:11PM – 3:41PM	Gara Until 7:30AM	Nataraja: Clear		4th Phase		
Until 6:53PM				Chaturdashi* Until 8:46PM	Moon – Light Blue		Sivaloka Day		
Then Routine Work - Marana Yoga					Ashada*Adi				

		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Nairobi, Kenya Sun 28 Sutra 103	
Copper Retreat Star		Gulika	8:09AM – 9:40AM	Uttarashadha Until 9:52PM	Ganesh: Red	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
Makara Rasi: 2.07	Tithi 15	Yama	3:41PM – 5:12PM	Vishkambha* Until 8:21AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14		
		483342362	Rahu 11:10AM – 12:41PM	Visti Until 10:05AM	Nataraja: Clear		Purnima		
Routine Work	Marana Yoga			Purnima* Until 11:21PM	Moon – Light Blue		Sivaloka Day		
					Ashada*Adi				
					Total Lunar Eclipse				
					Satguru Purnima				

		Saturday, July 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Nairobi, Kenya Sun 29 Sutra 104	
Silver Retreat Star		Gulika	6:39AM – 8:09AM	Shravana Until 1:08AM Sun	Ganesh: Blue	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
Makara Rasi: 13.54	Tithi 16	Yama	2:11PM – 3:41PM	Priti Until 9:29AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14		
		493342362	Rahu 9:40AM – 11:10AM	Balava Until 12:39PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 1:53AM Sun	Moon – Purple		Devaloka Day		
Until 1:08AM Sun					Ashada*Adi				
Then Routine Work - Marana Yoga									

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Nairobi, Kenya

Makara Rasi: 25.44 Tihti 17

Gulika 3:41PM – 5:12PM
Yama 12:40PM – 2:11PM
Rahu 5:12PM – 6:42PM

Dhanishtha **Until 4:03AM Mon**
Ayushman Until 10:29AM
Taitila Until 3:06PM
Dvitiya Until 4:14AM Mon

Ganesha: Blue *Sunrise: 6:39AM*
Muruga: Clear *Sunset: 6:42PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 4:03AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Kumbha Rasi: 7.37 Tihti 18

Gulika 2:11PM – 3:41PM
Yama 11:10AM – 12:40PM
Rahu 8:09AM – 9:39AM

Shatabhishak **Until 6:32AM Tue**
Saubhagya Until 11:20AM
Vanija Until 5:19PM
Tritiya Until 6:17AM Tue

Ganesha: Blue *Sunrise: 6:39AM*
Muruga: Clear *Sunset: 6:42PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 6:32AM Tue
Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Nairobi, Kenya

Kumbha Rasi: 19.38 Tihti 18 – 19

Gulika 12:40PM – 2:11PM
Yama 9:39AM – 11:10AM
Rahu 3:41PM – 5:12PM

Shatabhishak **Until 6:32AM**
Sobhana Until 11:58AM
Bava Until 7:11PM
Tritiya Until 6:17AM

Ganesha: Blue *Sunrise: 6:38AM*
Muruga: Clear *Sunset: 6:42PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Meena Rasi: 1.49 Tihti 19 – 20

Gulika 11:10AM – 12:40PM
Yama 8:09AM – 9:39AM
Rahu 12:40PM – 2:11PM

Purvaprossthapada* Until 8:57AM
Athiganda* Until 12:14PM
Kaulava Until 8:36PM
Chaturthi* Until 7:56AM

Ganesha: White *Sunrise: 6:38AM*
Muruga: Clear *Sunset: 6:42PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 8:57AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Meena Rasi: 14.11 Tihti 20 – 21

Gulika 9:39AM – 11:10AM
Yama 6:38AM – 8:09AM
Rahu 2:11PM – 3:41PM

Uttaraprossthapada Until 10:43AM
Sukarma Until 12:07PM
Gara Until 9:29PM
Panchami Until 9:06AM

Ganesha: White *Sunrise: 6:38AM*
Muruga: Clear *Sunset: 6:42PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Meena Rasi: 26.49 Tihti 21 – 22

Gulika 8:09AM – 9:39AM
Yama 3:41PM – 5:12PM
Rahu 11:10AM – 12:40PM

Revati Until 11:46AM
Dhriti Until 11:34AM
Visti Until 9:45PM
Shashthi* Until 9:41AM

Ganesha: White *Sunrise: 6:38AM*
Muruga: Clear *Sunset: 6:42PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 11:46AM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Mesha Rasi: 9.46 Tihti 22 – 23

Gulika 6:38AM – 8:09AM
Yama 2:11PM – 3:41PM
Rahu 9:39AM – 11:10AM

Ashvini Until 12:30PM
Shula* Until 10:28AM
Balava Until 9:21PM
Saptami Until 9:37AM

Ganesha: Clear *Sunrise: 6:38AM*
Muruga: Clear *Sunset: 6:42PM*
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Mesha Rasi: 23.03 Tihti 23 – 24

Gulika 3:41PM – 5:12PM
Yama 12:40PM – 2:11PM
Rahu 5:12PM – 6:42PM

Bharani Until 12:24PM
Ganda* Until 8:50AM
Taitila Until 8:16PM
Ashtami* Until 8:53AM

Ganesha: Clear *Sunrise: 6:38AM*
Muruga: Clear *Sunset: 6:42PM*
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 12:24PM
Then Creative Work - Siddha Yoga

1 Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9 Sutra 113		Vilamba 5120		
Vrishabha Rasi: 6.43 Tihti 24 – 25		Gulika 2:10PM – 3:41PM	Krittika Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	
Family Home Evening 424342362		Yama 11:09AM – 12:40PM	Vriddhi Until 6:41AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 16
Routine Work Marana Yoga		Rahu 8:08AM – 9:39AM	Vanija Until 6:31PM	Nataraja: Clear		2nd Phase
Until 11:29AM			Navami* Until 7:28AM	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashada*Adi		

2 Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 114		Vilamba 5120		
Vrishabha Rasi: 20.48 Tihti 26		Gulika 12:40PM – 2:10PM	Rohini Until 10:13AM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM	
434342362		Yama 9:39AM – 11:09AM	Vyaghata* Until 12:47AM Wed	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 16
Creative Work Amrita Yoga		Rahu 3:41PM – 5:11PM	Bava Until 4:10PM	Nataraja: Clear		2nd Phase
Until 10:13AM			Ekadashi* Until 2:46AM Wed	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga				Ashada*Adi		

3 Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 115		Vilamba 5120		
Mithuna Rasi: 5.16 Tihti 27		Gulika 11:09AM – 12:40PM	Mrigashira Until 8:16AM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM	
434342362		Yama 8:08AM – 9:39AM	Harshana Until 9:13PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 16
Creative Work Siddha Yoga		Rahu 12:40PM – 2:10PM	Kaulava Until 1:17PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 11:40PM	Moon – Yellow		Devaloka Day
				Ashada*Adi		

4 Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 116		Vilamba 5120		
Mithuna Rasi: 20.04 Tihti 28		Gulika 9:39AM – 11:09AM	Punarvasu Until 3:12AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 6:37AM	
444342362		Yama 6:37AM – 8:08AM	Vajra* Until 5:21PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 16
Creative Work Amrita Yoga		Rahu 2:10PM – 3:41PM	Gara Until 10:00AM	Nataraja: Clear		2nd Phase
Until 3:12AM Fri			Trayodashi* Until 8:14PM	Moon – Blue		Devaloka Day
Then Routine Work - Marana Yoga				Ashada*Adi		
				<i>Pradosha Vrata (Fasting)</i>		

5 Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
Pushya Nakshatra Siddhi/Vyatiyata* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 117		Vilamba 5120		
Kataka Rasi: 5.05 Tihti 29 – 30		Gulika 8:08AM – 9:38AM	Pushya Until 12:57PM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 6:37AM	
444342362		Yama 3:40PM – 5:11PM	Siddhi Until 1:18PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 16
Routine Work Marana Yoga		Rahu 11:09AM – 12:39PM	Visti Until 6:28AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 4:37PM	Moon – Blue		Devaloka Day
				Ashada*Adi		

6 Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 118		Vilamba 5120		
Kataka Rasi: 20.12 Tihti 30 – 1		Gulika 6:37AM – 8:08AM	Pushya Until 12:57PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:37AM	
444342362		Yama 2:10PM – 3:40PM	Vyalipata* Until 4:70AM Sun	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 16
Routine Work Marana Yoga		Rahu 9:38AM – 11:09AM	Kintughna Until 11:10PM	Nataraja: Clear		Amavasya
Until 12:57PM			Amavasya* Until 12:57PM	Moon – Blue		Devaloka Day
Then Creative Work - Amrita Yoga		Partial Solar Eclipse		Ashada*Adi		

7 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Magha* Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 119		Vilamba 5120		
Simha Rasi: 5.16 Tihti 1 – 2		Gulika 3:40PM – 5:11PM	Magha* Until 6:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	
455342362		Yama 12:39PM – 2:10PM	Parigha* Until 1:19AM Mon	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 16
Routine Work Marana Yoga		Rahu 5:11PM – 6:41PM	Balava Until 7:44PM	Nataraja: Clear		Prathama
Until 6:56PM			Prathama* Until 9:24AM	Moon – Red		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana*Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya Sun 16 Sutra 120 Vilamba 5120
	Simha Rasi: 20.09	Tithi 2 - 3	Gulika 2:09PM - 3:40PM	Purvaphalguni Until 4:38PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	
	Family Home Evening	455342362	Yama 11:08AM - 12:39PM	Shiva Until 9:49PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	Rahu 8:07AM - 9:38AM	Gara Until 4:39PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 1:19AM Mon	Moon - Red		Sivaloka Day	
				Sravana-Adi			

2	Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Nairobi, Kenya Sun 17 Sutra 121 Vilamba 5120
	Kanya Rasi: 4.43	Tithi 4	Gulika 12:39PM - 2:09PM	Uttaraphalguni Until 11:22PM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	
	Creative Work	Amrita Yoga	Yama 9:38AM - 11:08AM	Siddha Until 6:44PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
	Until 11:22PM Wed	455342362	Rahu 3:40PM - 5:10PM	Vanija Until 2:03PM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga			Chaturthi* Until 12:58AM Wed	Moon - Red		Sivaloka Day	
				Sravana-Adi			

3	Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya Sun 18 Sutra 122 Vilamba 5120
	Kanya Rasi: 18.53	Tithi 5	Gulika 11:08AM - 12:39PM	Uttaraphalguni Until 11:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:36AM	
	Routine Work	Marana Yoga	Yama 8:07AM - 9:37AM	Sadhya Until 3:72PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
	Until 11:22PM	455342362	Rahu 12:39PM - 2:09PM	Bava Until 12:05PM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga		Nag Panchami	Panchami Until 11:22PM	Moon - Green		Subha Sivaloka Day	
				Sravana-Adi			

4	Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtyam Titau				Nairobi, Kenya Sun 19 Sutra 123 Vilamba 5120
	Tula Rasi: 2.35	Tithi 6	Gulika 9:37AM - 11:08AM	Chitra Until 1:17PM	Ganesha: Purple	<i>Sunrise:</i> 6:36AM	
	Creative Work	Siddha Yoga	Yama 6:36AM - 8:07AM	Subha Until 2:17PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
	Until 1:17PM	455342362	Rahu 2:09PM - 3:39PM	Kaulava Until 10:52AM	Nataraja: Clear		3rd Phase
Then Creative Work - Amrita Yoga			Shashthi* Until 10:32PM	Moon - Green		Subha Sivaloka Day	
				Sravana-Adi			

5	Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya Sun 20 Sutra 124 Vilamba 5120
	Tula Rasi: 15.51	Tithi 7	Gulika 8:06AM - 9:37AM	Svati Until 1:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	
	Creative Work	Siddha Yoga	Yama 3:39PM - 5:10PM	Sukla Until 1:00PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
	Until 1:17PM	455342362	Rahu 11:08AM - 12:38PM	Gara Until 10:26AM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga			Saptami Until 10:31PM	Moon - Green		Sivaloka Day	
				Sravana-Avani			

D	Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya Sun 21 Sutra 125 Vilamba 5120
	Retreat Star		Gulika 6:36AM - 8:06AM	Vishakha Until 2:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:36AM	
	Tula Rasi: 28.41	Tithi 8	Yama 2:09PM - 3:39PM	Brahma Until 12:21PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	455342362	Rahu 9:37AM - 11:07AM	Nataraja: Clear		Ashtami
Then Creative Work - Siddha Yoga			Visti Until 10:50AM	Moon - Orange		Subha Sivaloka Day	
			Ashtami* Until 11:17PM	Sravana-Avani			

D	Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya Sun 22 Sutra 126 Vilamba 5120
	Retreat Star		Gulika 3:39PM - 5:09PM	Anuradha Until 4:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	
	Vrischika Rasi: 11.11	Tithi 9	Yama 12:38PM - 2:08PM	Indra Until 12:18PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
	Routine Work	Marana Yoga	455442362	Rahu 5:09PM - 6:40PM	Nataraja: Clear		Navami
Then Creative Work - Siddha Yoga			Balava Until 11:58AM	Moon - Orange		Sivaloka Day	
			Navami* Until 12:45AM Mon	Sravana-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Nairobi, Kenya Sun 23 Sutra 127 Vilamba 5120
1		Gulika	2:08PM – 3:39PM	Jyeshtha* Until 7:00PM	Ganesha: Clear <i>Sunrise: 6:35AM</i>	
Vrischika Rasi: 23.23	Tithi 10	Yama	11:07AM – 12:37PM	Vaidhriti* Until 12:42PM	Muruga: Clear <i>Sunset: 6:40PM</i>	Moon 7 - Phase 18
Family Home Evening	575442362	Rahu	8:06AM – 9:36AM	Tailila Until 1:44PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga			Dashami Until 2:47AM Tue	Moon – Orange	Sivaloka Day
					Sravana-Avani	

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 128 Vilamba 5120
2		Gulika	12:37PM – 2:08PM	Mula* Until 10:02PM	Ganesha: Clear <i>Sunrise: 6:35AM</i>	
Dhanus Rasi: 5.23	Tithi 11	Yama	9:36AM – 11:07AM	Vishkambha* Until 1:29PM	Muruga: Clear <i>Sunset: 6:40PM</i>	Moon 7 - Phase 18
	586442362	Rahu	3:38PM – 5:09PM	Vanija Until 3:58PM	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga			Vanija Until 3:58PM	Moon – Light Blue	Sivaloka Day
Until 10:02PM				Ekadashi Until 5:11AM Wed		
Then Creative Work - Siddha Yoga					Sravana-Avani	

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava Karana Dvadashyam Titau				Nairobi, Kenya Sun 25 Sutra 129 Vilamba 5120
3		Gulika	11:06AM – 12:37PM	Purvashadha* Until 1:08AM Thu	Ganesha: Clear <i>Sunrise: 6:35AM</i>	
Dhanus Rasi: 17.15	Tithi 12	Yama	8:05AM – 9:36AM	Priti Until 2:31PM	Muruga: Clear <i>Sunset: 6:39PM</i>	Moon 7 - Phase 18
	586442362	Rahu	12:37PM – 2:08PM	Bava Until 6:29PM	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga			Bava Until 6:29PM	Moon – Light Blue	Sivaloka Day
Until 1:08AM Thu				Dvadashi Until 7:46AM Thu		
Then Routine Work - Marana Yoga					Sravana-Avani	

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 130 Vilamba 5120
4		Gulika	9:36AM – 11:06AM	Uttarashadha Until 4:07AM Fri	Ganesha: Clear <i>Sunrise: 6:34AM</i>	
Dhanus Rasi: 29.02	Tithi 12 – 13	Yama	6:34AM – 8:05AM	Ayushman Until 3:35PM	Muruga: Clear <i>Sunset: 6:39PM</i>	Moon 7 - Phase 18
	586442362	Rahu	2:07PM – 3:38PM	Kaulava Until 9:06PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga			Kaulava Until 9:06PM	Moon – Light Blue	Sivaloka Day
				Dvadashi Until 7:46AM		
					Sravana-Avani	

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 131 Vilamba 5120
5		Gulika	8:05AM – 9:35AM	Shravana Until 7:19AM Sat	Ganesha: White <i>Sunrise: 6:34AM</i>	
Makara Rasi: 10.5	Tithi 13 – 14	Yama	3:38PM – 5:08PM	Saubhagya Until 4:39PM	Muruga: Clear <i>Sunset: 6:39PM</i>	Moon 7 - Phase 18
	596442362	Rahu	11:06AM – 12:36PM	Gara Until 11:38PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga			Gara Until 11:38PM	Moon – Purple	Subha Sivaloka Day
Until 7:19AM Sat		Chidambaram Abhishekam		Trayodashi Until 10:22AM		
Then Creative Work - Siddha Yoga					Sravana-Avani	

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya Sutra 132 Vilamba 5120
○	Copper Retreat Star	Gulika	6:34AM – 8:04AM	Shravana Until 7:19AM	Ganesha: White <i>Sunrise: 6:34AM</i>	
Makara Rasi: 22.4	Tithi 14 – 15	Yama	2:07PM – 3:37PM	Sobhana Until 5:36PM	Muruga: Clear <i>Sunset: 6:39PM</i>	Moon 7 - Phase 18
	596442362	Rahu	9:35AM – 11:06AM	Visti Until 1:58AM Sun	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga			Visti Until 1:58AM Sun	Moon – Purple	Subha Sivaloka Day
		Avani Avittam		Chaturdashi* Until 12:49PM		
					Sravana-Avani	

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya Sutra 133 Vilamba 5120
Silver Retreat Star		Gulika	3:37PM – 5:08PM	Dhanishtha Until 10:07AM	Ganesha: White <i>Sunrise: 6:33AM</i>	
Kumbha Rasi: 5	Tithi 15 – 16	Yama	12:36PM – 2:07PM	Athiganda* Until 10:07AM	Muruga: Clear <i>Sunset: 6:38PM</i>	Moon 7 - Phase 18
	596442362	Rahu	5:08PM – 6:38PM	Balava Until 3:58AM Mon	Nataraja: Clear	Prathama
Routine Work	Marana Yoga			Balava Until 3:58AM Mon	Moon – Purple	Subha Sivaloka Day
Until 10:07AM				Purnima* Until 2:59PM		
Then Creative Work - Siddha Yoga					Sravana-Avani	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma Yoga Kaulava Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 16.39 Tiithi 16 - 17

Family Home Evening

596442363

Gulika 2:06PM - 3:37PM

Yama 11:05AM - 12:36PM

Rahu 8:04AM - 9:34AM

Shatabhishak Until 12:25PM

Sukarma Until 6:43PM

Kaulava Until 4:48PM

Prathama* Until 4:48PM

Ganesha: White

Sunrise: 6:33AM

Muruga: Clear

Sunset: 6:38PM

Nataraja: Clear

Moon - Purple

Sravana-Avani

Subha Sivaloka Day

Then Routine Work - Marana Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti Yoga Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 28.52 Tiithi 17

Routine Work Marana Yoga

Until 2:39PM

Then Creative Work - Amrita Yoga

517452363

Gulika 12:35PM - 2:06PM

Yama 9:34AM - 11:05AM

Rahu 3:37PM - 5:07PM

Purvaproshtapada* Until 2:39PM

Dhriti Until 6:50PM

Gara Until 6:12PM

Dvitiya Until 6:12PM

Ganesha: Clear

Sunrise: 6:33AM

Muruga: Purple

Sunset: 6:38PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.16 Tiithi 18

Creative Work Siddha Yoga

Until 4:18PM

Then Routine Work - Marana Yoga

517452363

Gulika 11:04AM - 12:35PM

Yama 8:03AM - 9:34AM

Rahu 12:35PM - 2:06PM

Uttaraproshtapada Until 4:18PM

Shula* Until 6:34PM

Vanija Until 6:46AM

Tritiya Until 7:10PM

Ganesha: Clear

Sunrise: 6:33AM

Muruga: Purple

Sunset: 6:38PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 23.52 Tiithi 19

Creative Work Siddha Yoga

Until 5:21PM

Then Creative Work - Amrita Yoga

517452363

Gulika 9:33AM - 11:04AM

Yama 6:32AM - 8:03AM

Rahu 2:05PM - 3:36PM

Revati Until 5:21PM

Ganda* Until 5:58PM

Bava Until 7:30AM

Chaturthi* Until 7:41PM

Ganesha: Clear

Sunrise: 6:32AM

Muruga: Purple

Sunset: 6:37PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 6.41 Tiithi 20

Creative Work Amrita Yoga

Until 6:16PM

Then Creative Work - Siddha Yoga

527452363

Gulika 8:03AM - 9:33AM

Yama 3:36PM - 5:06PM

Rahu 11:04AM - 12:34PM

Ashvini Until 6:16PM

Vridhhi Until 5:01PM

Kaulava Until 7:47AM

Panchami Until 7:43PM

Ganesha: Purple

Sunrise: 6:32AM

Muruga: Purple

Sunset: 6:37PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 19.44 Tiithi 21

Creative Work Siddha Yoga

Until 6:32PM

Then Creative Work - Amrita Yoga

527452363

Gulika 6:32AM - 8:02AM

Yama 2:05PM - 3:35PM

Rahu 9:33AM - 11:03AM

Bharani Until 6:32PM

Dhruva Until 3:40PM

Gara Until 7:35AM

Shashthi* Until 7:17PM

Ganesha: Purple

Sunrise: 6:32AM

Muruga: Purple

Sunset: 6:37PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Kritika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 3.02 Tiithi 22

Creative Work Siddha Yoga

527452363

Gulika 3:35PM - 5:06PM

Yama 12:34PM - 2:04PM

Rahu 5:06PM - 6:36PM

Krittika Until 6:11PM

Vyaghata* Until 1:55PM

Visti Until 6:53AM

Saptami Until 6:20PM

Ganesha: Purple

Sunrise: 6:31AM

Muruga: Purple

Sunset: 6:36PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 16.38 Tiithi 23 - 24

Family Home Evening

537452363

Gulika 2:04PM - 3:35PM

Yama 11:03AM - 12:34PM

Rahu 8:02AM - 9:32AM

Rohini Until 5:36PM

Harshana Until 11:47AM

Taitila Until 4:00AM Tue

Ashtami* Until 4:53PM

Ganesha: Clear

Sunrise: 6:31AM

Muruga: Purple

Sunset: 6:36PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 0.32 Tiithi 24 - 25

Creative Work Siddha Yoga

Until 4:24PM

Then Routine Work - Marana Yoga

538452363

Gulika 12:33PM - 2:04PM

Yama 9:32AM - 11:03AM

Rahu 3:35PM - 5:05PM

Mrigashira Until 4:24PM

Vajra* Until 9:12AM

Vanija Until 1:49AM Wed

Navami* Until 2:57PM

Ganesha: White

Sunrise: 6:30AM

Muruga: Purple

Sunset: 6:36PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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1		Wednesday, September 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Nairobi, Kenya Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 14.44	Tithi 25 – 26	Gulika	11:02AM – 12:33PM	Ardra Until 2:37PM	Ganesha: White	<i>Sunrise:</i> 6:30AM			
		Yama	8:01AM – 9:31AM	Siddhi Until 6:16AM	Muruga: Purple	<i>Sunset:</i> 6:36PM			Moon 8 - Phase 20
Creative Work	Siddha Yoga	548452363	Rahu	12:33PM – 2:04PM	Bava Until 11:13PM	Nataraja: Purple			2nd Phase
				Dashami Until 12:33PM	Moon – Yellow			Devaloka Day	
					Sravana-Avani				

2		Thursday, September 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Nairobi, Kenya Sun 10 Sutra 144 Vilamba 5120	
Mithuna Rasi: 29.13	Tithi 26 – 27	Gulika	9:31AM – 11:02AM	Punarvasu Until 12:43PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM			
		Yama	6:30AM – 8:00AM	Variyan Until 11:27PM	Muruga: Purple	<i>Sunset:</i> 6:35PM			Moon 8 - Phase 20
Creative Work	Amrita Yoga	548452363	Rahu	2:03PM – 3:34PM	Kaulava Until 8:17PM	Nataraja: Purple			2nd Phase
				Ekdashi* Until 9:46AM	Moon – Blue			Bhuloka Day	
					Sravana-Avani			Devaloka Time: 9:AM to12:PM	

3		Friday, September 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 13.56	Tithi 27 – 28	Gulika	8:00AM – 9:31AM	Pushya Until 10:24AM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM			
		Yama	3:34PM – 5:04PM	Parigha* Until 7:43PM	Muruga: Purple	<i>Sunset:</i> 6:35PM			Moon 8 - Phase 20
Routine Work	Marana Yoga	548452363	Rahu	11:01AM – 12:32PM	Vanija Until 3:28AM Sat	Nataraja: Purple			2nd Phase
				Dvadashi* Until 6:42AM	Moon – Blue			Bhuloka Day	
					Sravana-Avani			Devaloka Time: 9:AM to12:PM	

Pradosha Vrata (Fasting)

4		Saturday, September 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Nairobi, Kenya Sun 12 Sutra 146 Vilamba 5120	
Kataka Rasi: 28.47	Tithi 29	Gulika	6:29AM – 8:00AM	Ashlesha* Until 7:49AM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM			
		Yama	2:03PM – 3:33PM	Shiva Until 3:56PM	Muruga: Purple	<i>Sunset:</i> 6:35PM			Moon 8 - Phase 20
Routine Work	Marana Yoga	548452363	Rahu	9:30AM – 11:01AM	Visti Until 1:50PM	Nataraja: Purple			2nd Phase
Until 7:49AM				Chaturdashi* Until 12:11AM Sun	Moon – Blue			Bhuloka Day	
Then Creative Work - Amrita Yoga					Sravana-Avani			Devaloka Time: 9:AM to12:PM	

		Sunday, September 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Nairobi, Kenya Sun 13 Sutra 147 Vilamba 5120	
Retreat Star		Gulika	3:33PM – 5:04PM	Purvaphalguni Until 3:08AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:29AM			
Simha Rasi: 13.39	Tithi 30	Yama	12:31PM – 2:02PM	Siddha Until 12:09PM	Muruga: Purple	<i>Sunset:</i> 6:34PM			Moon 8 - Phase 20
Creative Work	Siddha Yoga	548452363	Rahu	5:04PM – 6:34PM	Catuspada Until 10:35AM	Nataraja: Purple			Amavasya
				Amavasya* Until 9:00PM	Moon – Red			Bhuloka Day	
					Sravana-Avani			Devaloka Time: 9:AM to12:PM	

Grandparent's Day

Monday, September 10, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Kaulava Karana Prathamayam Titau		Nairobi, Kenya Sun 14 Sutra 148 Vilamba 5120	
Simha Rasi: 28.24	Tithi 1	Gulika	2:02PM – 3:33PM	Uttaraphalguni Until 12:58AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:28AM			
Family Home Evening		Yama	11:00AM – 12:31PM	Sadhya Until 12:58AM Tue	Muruga: Purple	<i>Sunset:</i> 6:34PM			Moon 8 - Phase 20
Creative Work	Siddha Yoga	548452363	Rahu	7:59AM – 9:30AM	Kintughna Until 7:31AM	Nataraja: Purple			Prathama
				Prathama* Until 6:04PM	Moon – Red			Bhuloka Day	
					Bhadrapada-Avani				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 12.55	Titthi 2 – 3	569452363	Gulika 2:31PM – 2:02PM Yama 9:29AM – 11:00AM Rahu 3:32PM – 5:03PM	Hasta Until 11:33PM Sukla Until 2:17AM Wed Taitila Until 2:31AM Wed Dvitiya Until 3:34PM	Ganesha: Blue <i>Sunrise:</i> 6:28AM Muruga: Purple <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – Green Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Bhuloka Day
	Creative Work Siddha Yoga						
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2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nairobi, Kenya Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 27.06	Titthi 3 – 4	569452363	Gulika 11:00AM – 12:30PM Yama 7:58AM – 9:29AM Rahu 12:30PM – 2:01PM	Chitra Until 12:21PM Thu Brahma Until 11:53PM Vanija Until 12:54AM Thu Tritiya Until 1:37PM	Ganesha: Blue <i>Sunrise:</i> 6:28AM Muruga: Purple <i>Sunset:</i> 6:33PM Nataraja: Purple Moon – Green Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Bhuloka Day
	Creative Work Siddha Yoga						
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3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 10.52	Titthi 4 – 5	569452363	Gulika 9:29AM – 10:59AM Yama 6:27AM – 7:58AM Rahu 2:01PM – 3:32PM	Chitra Until 12:21PM Indra Until 10:12PM Bava Until 11:62PM Chaturthi* Until 12:21PM	Ganesha: Blue <i>Sunrise:</i> 6:27AM Muruga: Purple <i>Sunset:</i> 6:33PM Nataraja: Purple Moon – Green Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Bhuloka Day
	Creative Work Amrita Yoga Until 12:21PM Then Creative Work - Siddha Yoga		Ganesha Chaturthi				
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4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 24.11	Titthi 5 – 6	579552363	Gulika 7:58AM – 9:28AM Yama 3:31PM – 5:02PM Rahu 10:59AM – 12:30PM	Vishakha Until 10:56PM Vaidhriti* Until 10:56PM Kaulava Until 11:59PM Panchami Until 11:53AM	Ganesha: White <i>Sunrise:</i> 6:27AM Muruga: Purple <i>Sunset:</i> 6:33PM Nataraja: Purple Moon – Orange Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						
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5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 7.05	Titthi 6 – 7	579552363	Gulika 6:26AM – 7:57AM Yama 2:00PM – 3:31PM Rahu 9:28AM – 10:59AM	Anuradha Until 1:25PM Sun Vishkambha* Until 12:18AM Sun Gara Until 12:46AM Sun Shashthi* Until 12:15PM	Ganesha: White <i>Sunrise:</i> 6:26AM Muruga: Purple <i>Sunset:</i> 6:32PM Nataraja: Purple Moon – Orange Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 1:25PM Sun Then Routine Work - Marana Yoga						
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D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya Sun 20 Sutra 154 Vilamba 5120		
	Retreat Star		Vrischika Rasi: 19.35	Titthi 7 – 8	579552363	Gulika 3:31PM – 5:01PM Yama 12:29PM – 2:00PM Rahu 5:01PM – 6:32PM	Anuradha Until 1:25PM Priti Until 20:59AM Mon Visti Until 1:77AM Mon Saptami Until 8:22PM	Ganesha: White <i>Sunrise:</i> 6:26AM Muruga: Purple <i>Sunset:</i> 6:32PM Nataraja: Purple Moon – Orange Bhadrapada-Avani	Moon 8 - Phase 21 Ashtami Devaloka Day
	Routine Work Marana Yoga Until 1:25PM Then Creative Work - Amrita Yoga								
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M	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya Sun 21 Sutra 155 Vilamba 5120		
	Retreat Star		Dhanus Rasi: 1.48	Titthi 8 – 9	589552363	Gulika 1:59PM – 3:30PM Yama 10:58AM – 12:29PM Rahu 7:56AM – 9:27AM	Mula* Until 5:04AM Tue Ayushman Until 8:59PM Balava Until 4:24AM Tue Ashtami* Until 3:16PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM Muruga: Purple <i>Sunset:</i> 6:32PM Nataraja: Purple Moon – Light Blue Bhadrapada-Puratasi	Moon 8 - Phase 21 Navami Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Family Home Evening Creative Work Siddha Yoga								
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With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time

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1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Dhanus Rasi: 13.47 Tihti 9 – 10		Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 156
		Gulika	12:28PM – 1:59PM	Purvashadha* Until 8:06AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:25AM	Vilamba 5120
		Yama	9:27AM – 10:58AM	Saubhagya Until 9:52PM	Muruga: Purple <i>Sunset:</i> 6:31PM	Moon 8 - Phase 22
	581552363	Rahu	3:30PM – 5:01PM	Taitila Until 6:54AM Wed	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Navami* Until 5:36PM	Bhuloka Day	
Until 8:06AM Wed					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
Dhanus Rasi: 25.37 Tihti 10		Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 157
		Gulika	10:57AM – 12:28PM	Purvashadha* Until 8:06AM	Ganesha: Clear <i>Sunrise:</i> 6:25AM	Vilamba 5120
		Yama	7:56AM – 9:26AM	Sobhana Until 10:56PM	Muruga: Purple <i>Sunset:</i> 6:31PM	Moon 8 - Phase 22
	581552363	Rahu	12:28PM – 1:59PM	Taitila Until 6:54AM	Nataraja: Purple	4th Phase
Creative Work Amrita Yoga				Dashami Until 8:12PM	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
Makara Rasi: 7.25 Tihti 11		Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 158
		Gulika	9:26AM – 10:57AM	Uttarashadha Until 1:13AM Sat Fri	Ganesha: Clear <i>Sunrise:</i> 6:24AM	Vilamba 5120
		Yama	6:24AM – 7:55AM	Athiganda* Until 11:58PM	Muruga: Purple <i>Sunset:</i> 6:31PM	Moon 8 - Phase 22
	581552363	Rahu	1:58PM – 3:29PM	Vanija Until 9:32AM	Nataraja: Purple	4th Phase
Routine Work Marana Yoga				Ekadashi Until 10:48PM	Bhuloka Day	
Until 1:13AM Sat Fri					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
Makara Rasi: 19.14 Tihti 12		Uttarashadha/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 159
		Gulika	7:55AM – 9:26AM	Uttarashadha Until 1:13AM Sat	Ganesha: Purple <i>Sunrise:</i> 6:24AM	Vilamba 5120
		Yama	3:29PM – 5:00PM	Sukarma Until 12:51AM Sat	Muruga: Purple <i>Sunset:</i> 6:30PM	Moon 8 - Phase 22
	591552363	Rahu	10:56AM – 12:27PM	Bava Until 12:04PM	Nataraja: Purple	4th Phase
Routine Work Marana Yoga				Dvadashi Until 1:13AM Sat	Devaloka Day	
Until 1:13AM Sat					Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga						

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
Kumbha Rasi: 1.08 Tihti 13		Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 160
		Gulika	6:24AM – 7:54AM	Dhanishtha Until 5:01PM	Ganesha: Purple <i>Sunrise:</i> 6:24AM	Vilamba 5120
		Yama	1:58PM – 3:29PM	Dhriti Until 1:28AM Sun	Muruga: Purple <i>Sunset:</i> 6:30PM	Moon 8 - Phase 22
	591552363	Rahu	9:25AM – 10:56AM	Kaulava Until 2:19PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Trayodashi Until 3:16AM Sun	Devaloka Day	
Until 5:01PM					Bhadrapada-Puratasi	
Then Creative Work - Amrita Yoga						<i>Pradosha Vrata</i>

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Kumbha Rasi: 13.12 Tihti 14		Shatabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 161
		Gulika	3:28PM – 4:59PM	Shatabhishak Until 5:55AM Tue Mon	Ganesha: Purple <i>Sunrise:</i> 6:23AM	Vilamba 5120
		Yama	12:27PM – 1:57PM	Shula* Until 1:42AM Mon	Muruga: Purple <i>Sunset:</i> 6:30PM	Moon 8 - Phase 22
	591552363	Rahu	4:59PM – 6:30PM	Gara Until 4:09PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Chaturdashi* Until 4:51AM Mon	Devaloka Day	
					Bhadrapada-Puratasi	
		Chidambaram Abhishekam				
		Kadaitswami Mahasamadhi				

Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Copper Retreat Star		Shatabhishak/Purvaprosnthapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 162
Kumbha Rasi: 25.27 Tihti 15		Gulika	1:57PM – 3:28PM	Shatabhishak Until 5:55AM Tue	Ganesha: Purple <i>Sunrise:</i> 6:23AM	Vilamba 5120
Family Home Evening	511552363	Yama	10:55AM – 12:26PM	Ganda* Until 1:34AM Tue	Muruga: Purple <i>Sunset:</i> 6:29PM	Moon 8 - Phase 22
Routine Work Marana Yoga		Rahu	7:54AM – 9:25AM	Visti Until 17:76AM Tue	Nataraja: Purple	Purnima
Until 5:55AM Tue				Purnima* Until 1:42AM Mon	Devaloka Day	
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Silver Retreat Star		Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vriddhi Yoga Balava Karana Prathamayam Titau				Sutra 163
Meena Rasi: 7.56 Tihti 16		Gulika	12:26PM – 1:57PM	Purvaprosnthapada* Until 6:28AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:23AM	Vilamba 5120
		Yama	9:24AM – 10:55AM	Vriddhi Until 24:62	Muruga: Purple <i>Sunset:</i> 6:29PM	Moon 8 - Phase 22
	511552363	Rahu	3:28PM – 4:58PM	Balava Until 6:16PM	Nataraja: Purple	Prathama
Creative Work Amrita Yoga				Prathama* Until 6:28AM Wed	Devaloka Day	
Until 6:28AM Wed					Bhadrapada-Puratasi	
Then Routine Work - Marana Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 20.38 Tihi 16 – 17

511552363

Gulika 10:55AM – 12:26PM
Yama 7:53AM – 9:24AM
Rahu 12:26PM – 1:56PM

Revati Until 11:14PM
Dhruva Until 12:06AM Thu
Taitila Until 6:35PM
Prathama* Until 6:28AM

Ganesh: Purple *Sunrise:* 6:22AM
Muruga: Purple *Sunset:* 6:29PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 3.34 Tihi 17 – 18

521552363

Gulika 9:23AM – 10:54AM
Yama 6:22AM – 7:53AM
Rahu 1:56PM – 3:27PM

Ashvini Until 11:50PM
Vyaghata* Until 10:51PM
Vanija Until 6:28PM
Dvitiya Until 6:33AM

Ganesh: Clear *Sunrise:* 6:22AM
Muruga: Purple *Sunset:* 6:29PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 11:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti* Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 16.43 Tihi 18 – 19

621552363

Gulika 7:52AM – 9:23AM
Yama 3:27PM – 4:57PM
Rahu 10:54AM – 12:25PM

Bharani Until 11:55PM
Harshana Until 9:19PM
Visti Until 6:14AM
Tritiya Until 6:14AM

Ganesh: Purple *Sunrise:* 6:21AM
Muruga: Purple *Sunset:* 6:28PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 0.03 Tihi 20

622552363

Gulika 6:21AM – 7:52AM
Yama 1:55PM – 3:26PM
Rahu 9:23AM – 10:54AM

Krittika Until 11:32PM
Vajra* Until 11:32PM
Kaulava Until 5:06PM
Panchami Until 4:33AM Sun

Ganesh: Clear *Sunrise:* 6:21AM
Muruga: Purple *Sunset:* 6:28PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 13.34 Tihi 21

632552363

Gulika 3:26PM – 4:57PM
Yama 12:24PM – 1:55PM
Rahu 4:57PM – 6:28PM

Rohini Until 11:09PM
Siddhi Until 5:26PM
Gara Until 3:57PM
Shashthi* Until 3:15AM Mon

Ganesh: Purple *Sunrise:* 6:21AM
Muruga: Purple *Sunset:* 6:28PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 27.14 Tihi 22

632552363

Gulika 1:55PM – 3:26PM
Yama 10:53AM – 12:24PM
Rahu 7:51AM – 9:22AM

Mrigashira Until 10:21PM
Vyatipata* Until 3:09PM
Visti Until 12:48AM Tue
Saptami Until 5:26PM

Ganesh: Purple *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 6:27PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 10:21PM

Then Creative Work - Siddha Yoga



Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 11.05 Tihi 23

632552363

Gulika 12:24PM – 1:54PM
Yama 9:22AM – 10:53AM
Rahu 3:25PM – 4:56PM

Ardra Until 9:07PM
Varyan Until 12:38PM
Balava Until 12:48PM
Ashtami* Until 11:49PM

Ganesh: Purple *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 6:27PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 9:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 25.07 Tihi 24

642552363

Gulika 10:52AM – 12:23PM
Yama 7:51AM – 9:21AM
Rahu 12:23PM – 1:54PM

Punarvasu Until 7:54PM
Parigha* Until 7:54PM
Taitila Until 10:49AM
Navami* Until 9:42PM

Ganesh: Clear *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 6:27PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Bava Karana Dashamyam Titau		Nairobi, Kenya Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 9.19	Tithi 25	Gulika	9:21AM – 10:52AM	Pushya Until 6:19PM	Ganesh: Clear	<i>Sunrise:</i> 6:19AM			
		Yama	6:19AM – 7:50AM	Shiva Until 6:19PM	Muruga: Purple	<i>Sunset:</i> 6:27PM		Moon 9 - Phase 24	
		642552363 Rahu	1:54PM – 3:25PM	Vanija Until 8:35AM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 7:21PM	Moon – Blue		Bhuloka Day		
Until 6:19PM					Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga									

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava Karana Ekadashi/Dvadashyam Titau		Nairobi, Kenya Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 23.39	Tithi 26 – 27	Gulika	7:50AM – 9:21AM	Ashlesha* Until 4:24PM	Ganesh: Clear	<i>Sunrise:</i> 6:19AM			
		Yama	3:24PM – 4:55PM	Sadhya Until 12:36AM Sat	Muruga: Purple	<i>Sunset:</i> 6:26PM		Moon 9 - Phase 24	
		642552363 Rahu	10:52AM – 12:23PM	Bava Until 6:08AM	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 4:49PM	Moon – Blue		Bhuloka Day		
					Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM		

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 8.05	Tithi 27 – 28	Gulika	6:19AM – 7:50AM	Magha* Until 2:40PM	Ganesh: White	<i>Sunrise:</i> 6:18AM			
		Yama	1:53PM – 3:24PM	Subha Until 9:18PM	Muruga: Purple	<i>Sunset:</i> 6:26PM		Moon 9 - Phase 24	
		652552363 Rahu	9:20AM – 10:51AM	Gara Until 12:53AM Sun	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 2:11PM	Moon – Red		Bhuloka Day		
Until 2:40PM					Bhadrapada-Puratasi				
Then Creative Work - Siddha Yoga									
					<i>Pradosha Vrata (Fasting)</i>				

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 22.34	Tithi 28 – 29	Gulika	3:24PM – 4:55PM	Purvaphalguni Until 12:47PM	Ganesh: White	<i>Sunrise:</i> 6:18AM			
		Yama	12:22PM – 1:53PM	Sukla Until 12:47PM	Muruga: Purple	<i>Sunset:</i> 6:26PM		Moon 9 - Phase 24	
		652552363 Rahu	4:55PM – 6:26PM	Visti Until 9:77PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 9:18PM	Moon – Red		Bhuloka Day		
Until 12:47PM					Bhadrapada-Puratasi				
Then Creative Work - Amrita Yoga									

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Nairobi, Kenya Sun 12 Sutra 176 Vilamba 5120	
Retreat Star		Gulika	1:53PM – 3:24PM	Uttaraphalguni Until 10:53AM	Ganesh: White	<i>Sunrise:</i> 6:18AM			
Kanya Rasi: 6.59	Tithi 29 – 30	Yama	10:51AM – 12:22PM	Brahma Until 2:52PM	Muruga: Purple	<i>Sunset:</i> 6:25PM		Moon 9 - Phase 24	
Family Home Evening		652552364 Rahu	7:49AM – 9:20AM	Catuspada Until 7:52PM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 9:02AM	Moon – Red		Bhuloka Day		
					Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM		
		Mahalaya Amavasai (Tamil Nadu)							

Retreat Star		Tuesday, October 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Nairobi, Kenya Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 21.14	Tithi 30 – 1	Gulika	12:21PM – 1:52PM	Hasta Until 9:32AM	Ganesh: Red	<i>Sunrise:</i> 6:18AM			
		Yama	9:20AM – 10:50AM	Indra Until 11:59AM	Muruga: Purple	<i>Sunset:</i> 6:25PM		Moon 9 - Phase 24	
		662652364 Rahu	3:23PM – 4:54PM	Bava Until 4:54AM Wed	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 6:46AM	Moon – Green		Devaloka Day		
					Ashvina-Puratasi				
		Navaratri Begins							

1		Wednesday, October 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Nairobi, Kenya Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 5.14	Tithi 2	Gulika	10:50AM – 12:21PM	Chitra Until 8:28AM	Ganesha: Red	<i>Sunrise: 6:17AM</i>			
		Yama	7:48AM – 9:19AM	Vaidhriti* Until 9:25AM	Muruga: Purple	<i>Sunset: 6:25PM</i>	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	662652364	Rahu	12:21PM – 1:52PM	Nataraja: Clear		3rd Phase		
				Balava Until 4:12PM	Moon – Green		Devaloka Day		
				Dvitiya Until 3:36AM Thu	Ashvina•Puratasi				

2		Thursday, October 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau		Nairobi, Kenya Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 18.53	Tithi 3	Gulika	9:19AM – 10:50AM	Svati Until 3:04AM Sat Fri	Ganesha: Red	<i>Sunrise: 6:17AM</i>			
		Yama	6:17AM – 7:48AM	Vishkambha* Until 7:19AM	Muruga: Purple	<i>Sunset: 6:25PM</i>	Moon 9 - Phase 25		
Creative Work	Amrita Yoga	662652364	Rahu	1:52PM – 3:23PM	Nataraja: Clear		3rd Phase		
Until 3:04AM Sat Fri				Taitila Until 3:12PM	Moon – Green		Devaloka Day		
Then Creative Work - Siddha Yoga				Tritiya Until 2:57AM Fri	Ashvina•Puratasi				

3		Friday, October 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Nairobi, Kenya Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 2.1	Tithi 4	Gulika	7:48AM – 9:19AM	Svati Until 3:04AM Sat	Ganesha: White	<i>Sunrise: 6:17AM</i>			
		Yama	3:23PM – 4:54PM	Ayushman Until 4:49AM Sat	Muruga: Purple	<i>Sunset: 6:25PM</i>	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	673652364	Rahu	10:50AM – 12:21PM	Nataraja: Clear		3rd Phase		
				Vanija Until 2:56PM	Moon – Orange		Bhuloka Day		
				Chaturthi* Until 3:04AM Sat	Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

4		Saturday, October 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava Karana Panchamyam Titau		Nairobi, Kenya Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 15.02	Tithi 5	Gulika	6:16AM – 7:47AM	Anuradha Until 9:03AM	Ganesha: White	<i>Sunrise: 6:16AM</i>			
		Yama	1:51PM – 3:22PM	Saubhagya Until 4:28AM Sun	Muruga: Purple	<i>Sunset: 6:24PM</i>	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	673652364	Rahu	9:18AM – 10:49AM	Nataraja: Clear		3rd Phase		
				Bava Until 3:27PM	Moon – Orange		Bhuloka Day		
				Panchami Until 3:58AM Sun	Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

5		Sunday, October 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau		Nairobi, Kenya Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 27.34	Tithi 6	Gulika	3:22PM – 4:53PM	Jyeshtha* Until 7:49AM Tue Mon	Ganesha: White	<i>Sunrise: 6:16AM</i>			
		Yama	12:20PM – 1:51PM	Sobhana Until 4:41AM Mon	Muruga: Purple	<i>Sunset: 6:24PM</i>	Moon 9 - Phase 25		
Routine Work	Marana Yoga	673652364	Rahu	4:53PM – 6:24PM	Nataraja: Clear		3rd Phase		
Until 7:49AM Tue Mon				Kaulava Until 4:43PM	Moon – Orange		Bhuloka Day		
Then Creative Work - Amrita Yoga				Shashthi* Until 5:36AM Mon	Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

6		Monday, October 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Athiganda* Yoga Gara Karana Saptamyam Titau		Nairobi, Kenya Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 9.47	Tithi 7	Gulika	1:51PM – 3:22PM	Jyeshtha* Until 7:49AM Tue	Ganesha: Clear	<i>Sunrise: 6:16AM</i>			
Family Home Evening		Yama	10:49AM – 12:20PM	Athiganda* Until 5:19AM Tue	Muruga: Purple	<i>Sunset: 6:24PM</i>	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	683652364	Rahu	7:47AM – 9:18AM	Nataraja: Clear		3rd Phase		
				Gara Until 20:65AM Tue	Moon – Light Blue		Devaloka Day		
				Saptami Until 4:41AM Mon	Ashvina•Puratasi				

Retreat Star		Tuesday, October 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija Karana Saptami/Ashtamyam Titau		Nairobi, Kenya Sun 20 Sutra 184 Vilamba 5120	
Dhanus Rasi: 21.46	Tithi 7 – 8	Gulika	12:20PM – 1:51PM	Purvashadha* Until 3:54PM	Ganesha: Clear	<i>Sunrise: 6:16AM</i>			
		Yama	9:18AM – 10:49AM	Sukarma Until 6:15AM Wed	Muruga: Purple	<i>Sunset: 6:24PM</i>	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	683652364	Rahu	3:22PM – 4:53PM	Nataraja: Clear		Ashtami		
Until 3:54PM				Vanija Until 7:49AM	Moon – Light Blue		Devaloka Day		
Then Routine Work - Prabalarishta Yoga				Saptami Until 7:49AM	Ashvina•Puratasi				

Retreat Star		Wednesday, October 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Nairobi, Kenya Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 4	Tithi 8 – 9	Gulika	10:48AM – 12:19PM	Uttarashadha Until 6:49PM	Ganesha: Clear	<i>Sunrise: 6:15AM</i>			
		Yama	7:46AM – 9:17AM	Sukarma Until 6:15AM	Muruga: Purple	<i>Sunset: 6:24PM</i>	Moon 9 - Phase 25		
Creative Work	Amrita Yoga	683652364	Rahu	12:19PM – 1:51PM	Nataraja: Clear		Navami		
Until 6:49PM				Balava Until 11:44PM	Moon – Light Blue		Devaloka Day		
Then Creative Work - Siddha Yoga				Ashtami* Until 10:23AM	Ashvina•Aipasi				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Nairobi, Kenya Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 15.24	Tithi 9 – 10	Gulika	9:17AM – 10:48AM	Shravana Until 3:30PM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:15AM			
		Yama	6:15AM – 7:46AM	Dhriti Until 7:17AM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 26		
Creative Work	Siddha Yoga	693652364	Rahu	1:50PM – 3:21PM	Nataraja: Clear		4th Phase		
			Vijaya Dasami	Navami* Until 1:02PM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

2		Friday, October 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Nairobi, Kenya Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 27.14	Tithi 10 – 11	Gulika	7:46AM – 9:17AM	Shravana Until 3:30PM	Ganesha: Purple	<i>Sunrise:</i> 6:15AM			
		Yama	3:21PM – 4:52PM	Shula* Until 8:52AM Sat	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 26		
Creative Work	Siddha Yoga	693652364	Rahu	10:48AM – 12:19PM	Nataraja: Clear		4th Phase		
				Dashami Until 3:30PM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM		


3		Saturday, October 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Nairobi, Kenya Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 9.12	Tithi 11 – 12	Gulika	6:15AM – 7:46AM	Shatabhishak Until 3:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:15AM			
		Yama	1:50PM – 3:21PM	Ganda* Until 8:52AM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 26		
Creative Work	Amrita Yoga	693652364	Rahu	9:17AM – 10:48AM	Nataraja: Clear		4th Phase		
Until 3:09AM Sun				Bava Until 6:25AM Sun	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga				Ekadashi Until 5:34PM	Ashvina-Aipasi				

4		Sunday, October 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Nairobi, Kenya Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 21.22	Tithi 12	Gulika	3:21PM – 4:52PM	Purvaprosarthapada* Until 5:07AM Mon	Ganesha: White	<i>Sunrise:</i> 6:15AM			
		Yama	12:19PM – 1:50PM	Vriddhi Until 9:09AM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 26		
Creative Work	Siddha Yoga	613652364	Rahu	4:52PM – 6:23PM	Nataraja: Clear		4th Phase		
				Bava Until 6:25AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
				Dvadashi Until 7:04PM	Ashvina-Aipasi				

5		Monday, October 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Nairobi, Kenya Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 3.47	Tithi 13	Gulika	1:50PM – 3:21PM	Uttaraprosarthapada Until 8:09PM Tue	Ganesha: White	<i>Sunrise:</i> 6:14AM			
Family Home Evening		Yama	10:48AM – 12:19PM	Dhruva Until 8:56AM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 26		
Creative Work	Siddha Yoga	613652364	Rahu	7:45AM – 9:16AM	Nataraja: Clear		4th Phase		
				Kaulava Until 7:68AM Tue	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
				Trayodashi Until 9:09AM	Ashvina-Aipasi				

Pradosha Vrata

6		Tuesday, October 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vyaghata*/Harshana Yoga Gara Karana Chaturdashyam Titau		Nairobi, Kenya Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 16.29	Tithi 14	Gulika	12:18PM – 1:50PM	Uttaraprosarthapada Until 8:09PM	Ganesha: White	<i>Sunrise:</i> 6:14AM			
		Yama	9:16AM – 10:47AM	Vyaghata* Until 7:74AM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 26		
Creative Work	Amrita Yoga	613652364	Rahu	3:21PM – 4:52PM	Nataraja: Clear		4th Phase		
Until 8:09PM				Gara Until 8:08AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga				Chaturdashi* Until 8:09PM	Ashvina-Aipasi				

		Wednesday, October 24, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau		Nairobi, Kenya Sutra 192 Vilamba 5120	
Meena Rasi: 29.3	Tithi 15	Gulika	10:47AM – 12:18PM	Revati Until 6:44AM	Ganesha: White	<i>Sunrise:</i> 6:14AM			
		Yama	7:45AM – 9:16AM	Harshana Until 7:03AM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 26		
Routine Work	Marana Yoga	613652364	Rahu	12:18PM – 1:49PM	Nataraja: Clear		Purnima		
				Visti Until 8:04AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
				Purnima* Until 7:47PM	Ashvina-Aipasi				

○		Thursday, October 25, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Balava Karana Prathamayam Titau		Nairobi, Kenya Sutra 193 Vilamba 5120	
Mesha Rasi: 12.48	Tithi 16	Gulika	9:16AM – 10:47AM	Ashvini Until 6:56AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM			
		Yama	6:14AM – 7:45AM	Siddhi Until 3:27AM Fri	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 26		
Creative Work	Amrita Yoga	623652364	Rahu	1:49PM – 3:20PM	Nataraja: Clear		Prathama		
Until 6:56AM				Balava Until 7:26AM	Moon – White		Devaloka Day		
Then Creative Work - Siddha Yoga				Prathama* Until 6:56PM	Ashvina-Aipasi				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Tailila/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 194

Vilamba 5120

Mesha Rasi: 26.21 Tihi 17 - 18

Gulika 7:45AM - 9:16AM

Bharani Until 6:32AM

Ganesha: White Sunrise: 6:14AM

Yama 3:20PM - 4:51PM

Vyatipata* Until 1:11AM Sat

Muruga: Purple Sunset: 6:22PM

Moon 10 - Phase 27

624652364 Rahu 10:47AM - 12:18PM

Tailila Until 6:21AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 5:40PM

Moon - White
Ashvina-Aipasi

Sivaloka Day

Saturday, October 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 10.06 Tihi 18 - 19

Gulika 6:14AM - 7:45AM

Rohini Until 4:50AM Sun

Ganesha: Clear Sunrise: 6:14AM

Yama 1:49PM - 3:20PM

Variyan Until 4:50AM Sun

Muruga: Purple Sunset: 6:22PM

Moon 10 - Phase 27

634652364 Rahu 9:16AM - 10:47AM

Bava Until 2:77AM Sun

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Tritiya Until 4:07PM

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 196

Vilamba 5120

Vrishabha Rasi: 23.59 Tihi 19 - 20

Gulika 3:20PM - 4:51PM

Mrigashira Until 3:44AM Mon

Ganesha: Clear Sunrise: 6:13AM

Yama 12:18PM - 1:49PM

Parigha* Until 8:06PM

Muruga: Purple Sunset: 6:22PM

Moon 10 - Phase 27

634652364 Rahu 4:51PM - 6:22PM

Balava Until 2:23PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 2:23PM

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Monday, October 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 7.59 Tihi 20 - 21

Gulika 1:49PM - 3:20PM

Ardra Until 2:23AM Tue

Ganesha: Clear Sunrise: 6:13AM

Family Home Evening

Yama 10:47AM - 12:18PM

Shiva Until 5:25PM

Muruga: Purple Sunset: 6:22PM

Moon 10 - Phase 27

634652364 Rahu 7:44AM - 9:16AM

Gara Until 11:35PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 12:31PM

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Tuesday, October 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 22.01 Tihi 21 - 22

Gulika 12:18PM - 1:49PM

Punarvasu Until 1:17AM Wed

Ganesha: Purple Sunrise: 6:13AM

Yama 9:15AM - 10:47AM

Siddha Until 2:40PM

Muruga: Purple Sunset: 6:22PM

Moon 10 - Phase 27

644652364 Rahu 3:20PM - 4:51PM

Visti Until 9:38PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 10:36AM

Moon - Blue
Ashvina-Aipasi

Sivaloka Day

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 6.05 Tihi 22 - 23

Gulika 10:47AM - 12:18PM

Pushya Until 12:01AM Thu

Ganesha: Purple Sunrise: 6:13AM

Yama 7:44AM - 9:15AM

Sadhya Until 11:55AM

Muruga: Clear Sunset: 6:22PM

Moon 10 - Phase 27

644662364 Rahu 12:18PM - 1:49PM

Balava Until 7:40PM

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Saptami Until 8:38AM

Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 20.1 Tihi 23 - 24

Gulika 9:15AM - 10:47AM

Ashlesha* Until 10:36PM

Ganesha: Purple Sunrise: 6:13AM

Yama 6:13AM - 7:44AM

Subha Until 9:09AM

Muruga: Clear Sunset: 6:22PM

Moon 10 - Phase 27

644662364 Rahu 1:49PM - 3:20PM

Gara Until 4:40AM Fri

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 6:39AM

Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Until 10:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya
Simha Rasi: 4.14	Tithi 25	Gulika 7:44AM – 9:15AM	Magha* Until 9:29PM	Ganesh: Clear	<i>Sunrise:</i> 6:13AM	Sun 8 Sutra 201
		Yama 3:20PM – 4:51PM	Sukla Until 6:21AM	Muruga: Clear	<i>Sunset:</i> 6:22PM	Vilamba 5120
		654662364 Rahu 10:46AM – 12:18PM	Vanija Until 3:42PM	Nataraja: Clear		Moon 10 - Phase 28
Routine Work	Marana Yoga		Dashami Until 2:42AM Sat	Moon – Red		2nd Phase
Until 9:29PM				Ashvina-Aipasi		Sivaloka Day
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya
Simha Rasi: 18.19	Tithi 26	Gulika 6:13AM – 7:44AM	Purvaphalguni Until 8:14PM	Ganesh: White	<i>Sunrise:</i> 6:13AM	Sun 9 Sutra 202
		Yama 1:49PM – 3:20PM	Indra Until 12:51AM Sun	Muruga: Clear	<i>Sunset:</i> 6:22PM	Vilamba 5120
		654762364 Rahu 9:15AM – 10:46AM	Bava Until 1:45PM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Ekadashi* Until 12:46AM Sun	Moon – Red		2nd Phase
Until 8:14PM				Ashvina-Aipasi		Devaloka Day
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Nairobi, Kenya
Kanya Rasi: 2.22	Tithi 27	Gulika 3:20PM – 4:51PM	Uttaraphalguni Until 6:57PM	Ganesh: White	<i>Sunrise:</i> 6:13AM	Sun 10 Sutra 203
		Yama 12:18PM – 1:49PM	Vaidhriti* Until 10:11PM	Muruga: Clear	<i>Sunset:</i> 6:22PM	Vilamba 5120
		654762364 Rahu 4:51PM – 6:22PM	Kaulava Until 11:52AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Amrita Yoga		Dvadashi* Until 10:57PM	Moon – Red		2nd Phase
				Ashvina-Aipasi		Devaloka Day

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara Karana Trayodashyam Titau				Nairobi, Kenya
Kanya Rasi: 16.19	Tithi 28	Gulika 1:49PM – 3:20PM	Hasta Until 7:58PM Tue	Ganesh: Green	<i>Sunrise:</i> 6:13AM	Sun 11 Sutra 204
Family Home Evening		Yama 10:46AM – 12:18PM	Vishkambha* Until 7:40PM	Muruga: Clear	<i>Sunset:</i> 6:22PM	Vilamba 5120
		664762364 Rahu 7:44AM – 9:15AM	Gara Until 10:07AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Trayodashi* Until 9:19PM	Moon – Green		2nd Phase
Until 7:58PM Tue				Ashvina-Aipasi		Devaloka Day
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya
Tula Rasi: 0.09	Tithi 29	Gulika 12:18PM – 1:49PM	Hasta Until 7:58PM	Ganesh: Green	<i>Sunrise:</i> 6:13AM	Sun 12 Sutra 205
		Yama 9:15AM – 10:46AM	Priti Until 5:25PM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Vilamba 5120
		664762364 Rahu 3:20PM – 4:51PM	Visti Until 8:37AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Chaturdashi* Until 7:58PM	Moon – Green		2nd Phase
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi		Devaloka Day

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya
Retreat Star		Gulika 10:47AM – 12:18PM	Chitra Until 7:02PM	Ganesh: White	<i>Sunrise:</i> 6:13AM	Sun 13 Sutra 206
Tula Rasi: 13.47	Tithi 30	Yama 7:44AM – 9:15AM	Ayushman Until 13:50AM Thu	Muruga: Clear	<i>Sunset:</i> 6:23PM	Vilamba 5120
		764762364 Rahu 12:18PM – 1:49PM	Catuspada Until 7:28AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Amavasya* Until 7:02PM	Moon – Green		Amavasya
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		Devaloka Day

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya
Retreat Star		Gulika 9:15AM – 10:47AM	Vishakha Until 5:16PM	Ganesh: Orange	<i>Sunrise:</i> 6:13AM	Sun 14 Sutra 207
Tula Rasi: 27.09	Tithi 1	Yama 6:13AM – 7:44AM	Saubhagya Until 1:50PM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Vilamba 5120
		775762364 Rahu 1:49PM – 3:20PM	Kintughna Until 6:46AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Prathama* Until 6:37PM	Moon – Orange		Prathama
		Skanda Shasthi Begins		Karttika-Aipasi		Sivaloka Day

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1 Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 10.13	Tithi 2	Gulika 7:44AM – 9:15AM	Anuradha Until 6:02PM	Ganesh: Orange <i>Sunrise: 6:13AM</i>		
		Yama 3:20PM – 4:52PM	Sobhana Until 12:45PM	Muruga: Clear <i>Sunset: 6:23PM</i>		Moon 10 - Phase 29
		775762364 Rahu 10:47AM – 12:18PM	Balava Until 6:39AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:49PM	Moon – Orange		Sivaloka Day
Until 6:02PM				Karttika•Aipasi		
Then Routine Work - Marana Yoga						

2 Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau				Nairobi, Kenya Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 22.58	Tithi 3	Gulika 6:13AM – 7:44AM	Jyeshtha* Until 7:18PM	Ganesh: Orange <i>Sunrise: 6:13AM</i>		
		Yama 1:49PM – 3:20PM	Athiganda* Until 12:08PM	Muruga: Clear <i>Sunset: 6:23PM</i>		Moon 10 - Phase 29
		775762364 Rahu 9:15AM – 10:47AM	Tailila Until 7:12AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 7:42PM	Moon – Orange		Sivaloka Day
				Karttika•Aipasi		

3 Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau				Nairobi, Kenya Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 5.25	Tithi 4	Gulika 3:21PM – 4:52PM	Mula* Until 9:31PM	Ganesh: Clear <i>Sunrise: 6:13AM</i>		
		Yama 12:18PM – 1:49PM	Sukarma Until 12:03PM	Muruga: Clear <i>Sunset: 6:23PM</i>		Moon 10 - Phase 29
		785762364 Rahu 4:52PM – 6:23PM	Vanija Until 8:25AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 9:15PM	Moon – Light Blue		Sivaloka Day
Until 9:31PM				Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

4 Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 17.35	Tithi 5	Gulika 1:49PM – 3:21PM	Purvashadha* Until 12:08AM Tue	Ganesh: Clear <i>Sunrise: 6:13AM</i>		
Family Home Evening		Yama 10:47AM – 12:18PM	Dhriti Until 12:28PM	Muruga: Clear <i>Sunset: 6:23PM</i>		Moon 10 - Phase 29
Routine Work	Marana Yoga	785762364 Rahu 7:44AM – 9:16AM	Bava Until 10:17AM	Nataraja: Clear		3rd Phase
Until 12:08AM Tue			Panchami Until 11:23PM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Karttika•Aipasi		

5 Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau				Nairobi, Kenya Sun 19 Sutra 212 Vilamba 5120
Dhanus Rasi: 29.34	Tithi 6	Gulika 12:18PM – 1:50PM	Uttarashadha Until 2:58AM Wed	Ganesh: Clear <i>Sunrise: 6:13AM</i>		
		Yama 9:16AM – 10:47AM	Shula* Until 1:12PM	Muruga: Clear <i>Sunset: 6:23PM</i>		Moon 10 - Phase 29
		785762364 Rahu 3:21PM – 4:52PM	Kaulava Until 12:38PM	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Shashthi* Until 1:55AM Wed	Moon – Light Blue		Sivaloka Day
Until 2:58AM Wed				Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

6 Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Visti* Karana Saptamyam Titau				Nairobi, Kenya Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 11.24	Tithi 7	Gulika 10:47AM – 12:18PM	Shravana Until 6:16AM Thu	Ganesh: Purple <i>Sunrise: 6:13AM</i>		
		Yama 7:45AM – 9:16AM	Ganda* Until 6:16AM Thu	Muruga: Clear <i>Sunset: 6:24PM</i>		Moon 10 - Phase 29
		795762364 Rahu 12:18PM – 1:50PM	Gara Until 3:18PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:38AM Thu	Moon – Purple		Subha Sivaloka Day
				Karttika•Aipasi		

Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya Sun 21 Sutra 214 Vilamba 5120
Retreat Star		Gulika 9:16AM – 10:47AM	Shravana Until 6:16AM	Ganesh: Purple <i>Sunrise: 6:13AM</i>		
Makara Rasi: 23.11	Tithi 8	Yama 6:13AM – 7:45AM	Vridhi Until 3:10PM	Muruga: Clear <i>Sunset: 6:24PM</i>		Moon 10 - Phase 29
		795762364 Rahu 1:50PM – 3:21PM	Visti Until 5:59PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:13AM Fri	Moon – Purple		Subha Sivaloka Day
				Karttika•Aipasi		

Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava Karana Ashtami/Navamyam Titau				Nairobi, Kenya Sun 22 Sutra 215 Vilamba 5120
Retreat Star		Gulika 7:45AM – 9:16AM	Dhanishtha Until 9:27AM Sat	Ganesh: Purple <i>Sunrise: 6:14AM</i>		
Kumbha Rasi: 5.01	Tithi 8 – 9	Yama 3:21PM – 4:53PM	Dhruva Until 3:59PM	Muruga: Clear <i>Sunset: 6:24PM</i>		Moon 10 - Phase 29
		795762364 Rahu 10:47AM – 12:19PM	Bava Until 7:13AM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 7:13AM	Moon – Purple		Subha Sivaloka Day
				Karttika•Kartikai		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1

Saturday, November 17, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam
Dhanishtha/Purvaprosarthapada* Nakshatra Vyaghata/Harshana Yoga Kaulava Karana Navami/Dashamam Titau

Nairobi, Kenya

Kumbha Rasi: 16.59 Tithi 9 - 10

Gulika 6:14AM - 7:45AM
Yama 1:50PM - 3:22PM
Rahu 9:16AM - 10:48AMDhanishtha Until 9:27AM
Vyaghata* Until 3:89PM
Kaulava Until 9:27AM
Navami* Until 9:27AMGanesha: Clear Sunrise: 6:14AM
Muruga: Clear Sunset: 6:24PM
Nataraja: White
Moon - Purple
Karttika-KarttikaiSun 23 Sutra 216
Vilamba 5120
Moon 10 - Phase 30
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 9:27AM
Then Routine Work - Marana Yoga

2

Sunday, November 18, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Gara Karana Dashami/Ekadashyam Titau

Nairobi, Kenya

Kumbha Rasi: 29.11 Tithi 10 - 11

Gulika 3:22PM - 4:53PM
Yama 12:19PM - 1:50PM
Rahu 4:53PM - 6:24PMPurvaprosarthapada* Until 2:02PM
Harshana Until 4:32PM
Gara Until 11:06AM
Dashami Until 11:06AMGanesha: Red Sunrise: 6:14AM
Muruga: Clear Sunset: 6:24PM
Nataraja: White
Moon - Clear
Karttika-KarttikaiSun 24 Sutra 217
Vilamba 5120
Moon 10 - Phase 30
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 2:02PM
Then Creative Work - Amrita Yoga

3

Monday, November 19, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Nairobi, Kenya

Meena Rasi: 11.4 Tithi 11 - 12

Gulika 1:51PM - 3:22PM
Yama 10:48AM - 12:19PM
Rahu 7:45AM - 9:17AMUttaraprosarthapada Until 3:25PM
Vajra* Until 4:00PM
Bava Until 12:15AM Tue
Ekadashi Until 12:02PMGanesha: Red Sunrise: 6:14AM
Muruga: Clear Sunset: 6:25PM
Nataraja: White
Moon - Clear
Karttika-KarttikaiSun 25 Sutra 218
Vilamba 5120
Moon 10 - Phase 30
4th Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, November 20, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Nairobi, Kenya

Meena Rasi: 24.29 Tithi 12 - 13

Gulika 12:20PM - 1:51PM
Yama 9:17AM - 10:48AM
Rahu 3:22PM - 4:54PMRevati Until 3:56PM
Siddhi Until 2:53PM
Kaulava Until 12:03AM Wed
Dvadashi Until 12:13PMGanesha: Red Sunrise: 6:14AM
Muruga: Clear Sunset: 6:25PM
Nataraja: White
Moon - Clear
Karttika-KarttikaiSun 26 Sutra 219
Vilamba 5120
Moon 10 - Phase 30
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Pradosha Vrata

5

Wednesday, November 21, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyatiyata*/Varyan Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau

Nairobi, Kenya

Mesha Rasi: 7.41 Tithi 13 - 14

Gulika 10:49AM - 12:20PM
Yama 7:46AM - 9:17AM
Rahu 12:20PM - 1:51PMAshvini Until 4:03PM
Vyatiyata* Until 1:13PM
Gara Until 11:10PM
Trayodashi Until 11:40AMGanesha: Blue Sunrise: 6:15AM
Muruga: Clear Sunset: 6:25PM
Nataraja: White
Moon - White
Karttika-KarttikaiSun 27 Sutra 220
Vilamba 5120
Moon 10 - Phase 30
4th Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 4:03PM
Then Creative Work - Siddha Yoga

O

Thursday, November 22, 2018

Copper Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Nairobi, Kenya

Mesha Rasi: 21.15 Tithi 14 - 15

Gulika 9:17AM - 10:49AM
Yama 6:15AM - 7:46AM
Rahu 1:51PM - 3:23PMBharani Until 3:23PM
Varyan Until 11:01AM
Visti Until 9:40PM
Chaturdashi* Until 10:28AMGanesha: Blue Sunrise: 6:15AM
Muruga: Clear Sunset: 6:25PM
Nataraja: White
Moon - White
Karttika-KarttikaiSutra 221
Vilamba 5120
Moon 10 - Phase 30
Purnima

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 3:23PM
Then Routine Work - Marana Yoga

Friday, November 23, 2018

Silver Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Nairobi, Kenya

Vrishabha Rasi: 5.1 Tithi 15 - 16

Gulika 7:46AM - 9:18AM
Yama 3:23PM - 4:54PM
Rahu 10:49AM - 12:20PMKrittika Until 2:05PM
Parigha* Until 8:25AM
Balava Until 7:42PM
Purnima* Until 8:43AMGanesha: Blue Sunrise: 6:15AM
Muruga: Clear Sunset: 6:26PM
Nataraja: White
Moon - White
Karttika-KarttikaiSutra 222
Vilamba 5120
Moon 10 - Phase 30
Prathama

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 2:05PM
Then Routine Work - Marana YogaKrittika Deepam
Vinayaga Viratam Begins



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 19.2 Tihti 16 - 17

737762365

Gulika 6:15AM - 7:47AM
Yama 1:52PM - 3:23PM
Rahu 9:18AM - 10:49AM

Rohini Until 12:42PM
Siddha Until 2:19AM Sun
Gara Until 4:10AM Sun
Prathama* Until 6:34AM

Ganesha: Red *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga
Until 12:42PM
Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 3.41 Tihti 18

737762365

Gulika 3:24PM - 4:55PM
Yama 12:21PM - 1:52PM
Rahu 4:55PM - 6:26PM

Mrigashira Until 10:56AM
Sadhya Until 11:02PM
Vanija Until 2:55PM
Tritiya Until 1:37AM Mon

Ganesha: Red *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 8:57AM
Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 18.07 Tihti 19

737762365

Gulika 1:53PM - 3:24PM
Yama 10:50AM - 12:21PM
Rahu 7:47AM - 9:19AM

Ardra Until 8:57AM
Subha Until 7:45PM
Bava Until 9:50AM Tue
Chaturthi* Until 11:02PM

Ganesha: Red *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 8:57AM
Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 2.34 Tihti 20

747762365

Gulika 12:22PM - 1:53PM
Yama 9:19AM - 10:50AM
Rahu 3:24PM - 4:56PM

Punarvasu Until 7:16AM
Sukla Until 4:30PM
Kaulava Until 9:50AM
Panchami Until 8:36PM

Ganesha: Green *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 8:57AM
Then Creative Work - Amrita Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Gara Karana Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 16.55 Tihti 21

747862365

Gulika 10:51AM - 12:22PM
Yama 7:48AM - 9:19AM
Rahu 12:22PM - 1:53PM

Ashlesha* Until 3:55AM Thu
Brahma Until 1:23PM
Gara Until 7:26AM
Shashthi* Until 6:17PM

Ganesha: White *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 3:55AM Thu
Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Simha Rasi: 1.08 Tihti 22 - 23

757863365

Gulika 9:19AM - 10:51AM
Yama 6:17AM - 7:48AM
Rahu 1:54PM - 3:25PM

Magha* Until 2:46AM Fri
Indra Until 10:27AM
Balava Until 3:17AM Fri
Saptami Until 1:23PM

Ganesha: Clear *Sunrise:* 6:17AM
Muruga: Purple *Sunset:* 6:28PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 2:46AM Fri
Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 15.12 Tihti 23 - 24

757863365

Gulika 7:48AM - 9:20AM
Yama 3:25PM - 4:57PM
Rahu 10:51AM - 12:23PM

Purvaphalguni Until 1:45AM Sat
Vaidhriti* Until 7:41AM
Taitila Until 1:35AM Sat
Ashtami* Until 10:27AM

Ganesha: Clear *Sunrise:* 6:17AM
Muruga: Purple *Sunset:* 6:28PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 1:45AM Sat
Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Gara/Visti* Karana Navami/Dashamyam Titau

Nairobi, Kenya

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 29.07 Tihti 24 - 25

758863365

Gulika 6:17AM - 7:49AM
Yama 1:54PM - 3:26PM
Rahu 9:20AM - 10:52AM

Uttaraphalguni Until 12:50AM Sun
Priti Until 12:50AM Sun
Visti Until 10:91AM Sun
Navami* Until 12:49PM

Ganesha: Orange *Sunrise:* 6:17AM
Muruga: Purple *Sunset:* 6:29PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM


Routine Work Marana Yoga
Until 12:50AM Sun
Then Creative Work - Amrita Yoga

1	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
	Kanya Rasi: 12.5 Tihi 25 – 26		Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 231
	768863365		Gulika 3:26PM – 4:58PM	Hasta Until 12:30AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:18AM	Vilamba 5120	
Creative Work Amrita Yoga		Yama 12:23PM – 1:55PM	Ayushman Until 12:43AM Mon	Muruga: Purple <i>Sunset:</i> 6:29PM	Moon 11 - Phase 32		
Until 12:30AM Mon		Rahu 4:58PM – 6:29PM	Bava Until 10:61PM	Nataraja: White	2nd Phase		
Then Routine Work - Prabalarishta Yoga		Dashami Until 2:50AM Sun			Moon – Green	Bhuloka Day	
			Karttika-Karttikai				

2	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
	Kanya Rasi: 26.25 Tihi 26 – 27		Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 232
	768863365		Gulika 1:55PM – 3:27PM	Chitra Until 12:20AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 6:18AM	Vilamba 5120	
Family Home Evening		Yama 10:52AM – 12:24PM	Saubhagya Until 10:52PM	Muruga: Purple <i>Sunset:</i> 6:29PM	Moon 11 - Phase 32		
Routine Work Prabalarishta Yoga		Rahu 7:50AM – 9:21AM	Kaulava Until 10:11PM	Nataraja: White	2nd Phase		
Until 12:20AM Tue		Ekadashi* Until 10:32AM			Moon – Green	Bhuloka Day	
Then Creative Work - Siddha Yoga		Karttika-Karttikai					

3	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
	Tula Rasi: 9.48 Tihi 27 – 28		Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 233
	768863365		Gulika 12:24PM – 1:56PM	Svati Until 12:21AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM	Vilamba 5120	
Creative Work Siddha Yoga		Yama 9:21AM – 10:53AM	Sobhana Until 9:17PM	Muruga: Purple <i>Sunset:</i> 6:30PM	Moon 11 - Phase 32		
		Rahu 3:27PM – 4:58PM	Gara Until 9:41PM	Nataraja: White	2nd Phase		
		Dvadashi* Until 9:52AM			Moon – Green	Bhuloka Day	
			Karttika-Karttikai				
<i>Pradosha Vrata (Fasting)</i>							

4	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
	Tula Rasi: 23 Tihi 28 – 29		Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 234
	778863365		Gulika 10:53AM – 12:25PM	Vishakha Until 1:03AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:19AM	Vilamba 5120	
Creative Work Siddha Yoga		Yama 7:50AM – 9:22AM	Athiganda* Until 8:00PM	Muruga: Purple <i>Sunset:</i> 6:30PM	Moon 11 - Phase 32		
		Rahu 12:25PM – 1:56PM	Visti Until 9:36PM	Nataraja: White	2nd Phase		
		Trayodashi* Until 9:34AM			Moon – Orange	Bhuloka Day	
			Karttika-Karttikai				

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
	Retreat Star		Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 235
	Vrischika Rasi: 5.59 Tihi 29 – 30		778863365				Vilamba 5120
Creative Work Siddha Yoga		Gulika 9:22AM – 10:54AM	Anuradha Until 2:04AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:19AM	Moon 11 - Phase 32		
Until 2:04AM Fri		Yama 6:19AM – 7:51AM	Sukarma Until 7:04PM	Muruga: Purple <i>Sunset:</i> 6:31PM	Amavasya		
Then Routine Work - Marana Yoga		Rahu 1:56PM – 3:28PM	Catuspada Until 9:59PM	Nataraja: White			
		Chaturdashi* Until 9:42AM			Moon – Orange	Bhuloka Day	
			Karttika-Karttikai				

Friday, December 7, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
	Vrischika Rasi: 18.44 Tihi 30 – 1		Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 236
	779863365		Gulika 7:51AM – 9:23AM	Jyeshtha* Until 3:25AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:20AM	Vilamba 5120	
Routine Work Marana Yoga		Yama 3:28PM – 5:00PM	Dhriti Until 6:33PM	Muruga: Purple <i>Sunset:</i> 6:31PM	Moon 11 - Phase 32		
Until 3:25AM Sat		Rahu 10:54AM – 12:25PM	Kintughna Until 10:52PM	Nataraja: White	Prathama		
Then Creative Work - Siddha Yoga		Amavasya* Until 10:20AM			Moon – Orange	Bhuloka Day	
			Margasira-Karttikai				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Monday, December 17, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau	Nairobi, Kenya Sun 23 Sutra 246 Vilamba 5120
Meena Rasi: 19.28	Tithi 10	Gulika	2:01PM – 3:33PM	Revati Until 1:38AM Tue	Ganesh: Purple	<i>Sunrise:</i> 6:24AM	
Family Home Evening	811863365	Yama	10:59AM – 12:30PM	Variyan Until 1:38AM Tue	Muruga: Purple	<i>Sunset:</i> 6:36PM	
Creative Work	Siddha Yoga	Rahu	7:56AM – 9:27AM	Taitila Until 5:22PM	Nataraja: White	Moon 11 - Phase 34	
				Dashami Until 5:29AM Tue	Moon – Clear	Bhuloka Day	
					Margasira-Markali		

2		Tuesday, December 18, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau	Nairobi, Kenya Sun 24 Sutra 247 Vilamba 5120
Mesha Rasi: 2.16	Tithi 11	Gulika	12:30PM – 2:02PM	Ashvini Until 2:09AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:25AM	
	821863365	Yama	9:28AM – 10:59AM	Parigha* Until 9:21PM	Muruga: Purple	<i>Sunset:</i> 6:36PM	
Creative Work	Siddha Yoga	Rahu	3:33PM – 5:05PM	Vanija Until 5:26PM	Nataraja: White	Moon 11 - Phase 34	
				Ekadashi Until 5:08AM Wed	Moon – White	Bhuloka Day	
		Vaikuntha Ekadasi			Margasira-Markali	Devaloka Time: 6:AM to 9:AM	

3		Wednesday, December 19, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau	Nairobi, Kenya Sun 25 Sutra 248 Vilamba 5120
Mesha Rasi: 15.28	Tithi 12	Gulika	11:00AM – 12:31PM	Bharani Until 1:43AM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:25AM	
	821863365	Yama	7:57AM – 9:28AM	Shiva Until 1:43AM Thu	Muruga: Purple	<i>Sunset:</i> 6:37PM	
Creative Work	Siddha Yoga	Rahu	12:31PM – 2:02PM	Bava Until 4:40PM	Nataraja: White	Moon 11 - Phase 34	
Until 1:43AM Thu				Dvadashi Until 3:59AM Thu	Moon – White	Bhuloka Day	
Then Routine Work - Marana Yoga					Margasira-Markali	Devaloka Time: 6:AM to 9:AM	

4		Thursday, December 20, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Nairobi, Kenya Sun 26 Sutra 249 Vilamba 5120
Mesha Rasi: 29.07	Tithi 13	Gulika	9:29AM – 11:00AM	Krittika Until 12:28AM Fri	Ganesh: Clear	<i>Sunrise:</i> 6:26AM	
	821863365	Yama	6:26AM – 7:57AM	Siddha Until 4:56PM	Muruga: Purple	<i>Sunset:</i> 6:37PM	
Routine Work	Marana Yoga	Rahu	2:03PM – 3:34PM	Kaulava Until 1:00PM	Nataraja: White	Moon 11 - Phase 34	
				Trayodashi Until 7:26PM	Moon – White	Bhuloka Day	
					Margasira-Markali	Devaloka Time: 6:AM to 9:AM	

Pradosha Vrata

5		Friday, December 21, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Bava Karana Chaturdashyam Titau	Nairobi, Kenya Sun 27 Sutra 250 Vilamba 5120
Vrishabha Rasi: 13.11	Tithi 14	Gulika	7:58AM – 9:29AM	Rohini Until 10:54PM	Ganesh: White	<i>Sunrise:</i> 6:26AM	
	831863365	Yama	3:35PM – 5:06PM	Sadhya Until 10:54PM	Muruga: Purple	<i>Sunset:</i> 6:38PM	
Routine Work	Marana Yoga	Rahu	11:01AM – 12:32PM	Gara Until 1:00PM	Nataraja: White	Moon 11 - Phase 34	
Until 10:54PM				Chaturdashi* Until 11:43PM	Moon – Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati			Margasira-Markali		

○		Saturday, December 22, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau	Nairobi, Kenya Sun 28 Sutra 251 Vilamba 5120
Copper Retreat Star		Gulika	6:27AM – 7:58AM	Mrigashira Until 5:45PM Sun	Ganesh: Yellow	<i>Sunrise:</i> 6:27AM	
Vrishabha Rasi: 27.37	Tithi 15	Yama	2:04PM – 3:35PM	Subha Until 10:32AM	Muruga: Purple	<i>Sunset:</i> 6:38PM	
	831963365	Rahu	9:30AM – 11:01AM	Visti Until 10:21AM	Nataraja: White	Moon 11 - Phase 34	
Creative Work	Siddha Yoga			Purnima* Until 8:52PM	Moon – Yellow	Bhuloka Day	
		Day 2 of Pancha Ganapati			Margasira-Markali	Devaloka Time: 9:AM to 12:PM	

○		Sunday, December 23, 2018				Vilamba Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau	Nairobi, Kenya Sun 29 Sutra 252 Vilamba 5120
Silver Retreat Star		Gulika	3:36PM – 5:07PM	Mrigashira Until 5:45PM	Ganesh: Yellow	<i>Sunrise:</i> 6:27AM	
Mithuna Rasi: 12.2	Tithi 16 – 17	Yama	12:33PM – 2:04PM	Sukla Until 3:00AM Mon	Muruga: Purple	<i>Sunset:</i> 6:39PM	
	831963365	Rahu	5:07PM – 6:39PM	Balava Until 7:21AM	Nataraja: White	Moon 11 - Phase 34	
Creative Work	Siddha Yoga			Prathama* Until 5:45PM	Moon – Yellow	Bhuloka Day	
		Day 3 of Pancha Ganapati			Margasira-Markali	Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 27.11 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 3:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:05PM - 3:36PM

Yama 11:02AM - 12:33PM

Rahu 7:59AM - 9:31AM

Day 4 of Pancha Ganapati

Punarvasu Until 3:53PM

Indra Until 11:07PM

Vanija Until 12:55AM Tue

Dvitiya Until 2:31PM

Ganesha: Blue Sunrise: 6:28AM

Muruga: Purple Sunset: 6:39PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Nairobi, Kenya

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 12.04 Tihi 18 - 19

Creative Work Siddha Yoga

Until 3:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:34PM - 2:05PM

Yama 9:31AM - 11:03AM

Rahu 3:37PM - 5:08PM

Day 5 of Pancha Ganapati

Pushya Until 1:25PM

Vaidhriti* Until 7:18PM

Bava Until 9:47PM

Tritiya Until 11:19AM

Ganesha: Yellow Sunrise: 6:28AM

Muruga: Purple Sunset: 6:40PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Nairobi, Kenya

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 26.52 Tihi 19 - 20

Creative Work Siddha Yoga

Until 3:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Ashlesha*/Magha* Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:03AM - 12:34PM

Yama 8:00AM - 9:32AM

Rahu 12:34PM - 2:06PM

Day 5 of Pancha Ganapati

Ashlesha* Until 10:59AM

Vishkambha* Until 3:39PM

Kaulava Until 6:52PM

Chaturthi* Until 8:16AM

Ganesha: Yellow Sunrise: 6:29AM

Muruga: Purple Sunset: 6:40PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Nairobi, Kenya

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 11.26 Tihi 21

Creative Work Amrita Yoga

Until 1:16AM Sat Fri

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:32AM - 11:04AM

Yama 6:29AM - 8:01AM

Rahu 2:06PM - 3:38PM

Day 5 of Pancha Ganapati

Magha* Until 1:16AM Sat Fri

Priti Until 12:17PM

Gara Until 4:18PM

Shashthi* Until 3:10AM Fri

Ganesha: Blue Sunrise: 6:29AM

Muruga: Purple Sunset: 6:41PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Nairobi, Kenya

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 25.44 Tihi 22

Creative Work Siddha Yoga

Until 1:16AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Magha*/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:01AM - 9:33AM

Yama 3:38PM - 5:10PM

Rahu 11:04AM - 12:35PM

Day 5 of Pancha Ganapati

Magha* Until 1:16AM Sat

Ayushman Until 8:44AM

Visti Until 2:10PM

Saptami Until 1:16AM Sat

Ganesha: Blue Sunrise: 6:30AM

Muruga: Purple Sunset: 6:41PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Nairobi, Kenya

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 9.44 Tihi 23

Routine Work Marana Yoga

Until 3:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:30AM - 8:02AM

Yama 2:07PM - 3:39PM

Rahu 9:33AM - 11:04AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 6:17AM

Saubhagya Until 6:35AM

Balava Until 12:32PM

Ashtami* Until 11:54PM

Ganesha: Blue Sunrise: 6:30AM

Muruga: Purple Sunset: 6:42PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Nairobi, Kenya

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

6

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 23.25 Tihi 24

Creative Work Siddha Yoga

Until 5:46AM Mon

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:39PM - 5:11PM

Yama 12:36PM - 2:08PM

Rahu 5:11PM - 6:42PM

Day 5 of Pancha Ganapati

Chitra Until 5:46AM Mon

Athiganda* Until 2:33AM Mon

Taitila Until 11:26AM

Navami* Until 11:04PM

Ganesha: Red Sunrise: 6:31AM

Muruga: Purple Sunset: 6:42PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Nairobi, Kenya

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Nairobi, Kenya	
Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau						Sun 8 Sutra 260	
1		Gulika	2:08PM – 3:40PM	Svati Until 6:03AM Tue	Ganesh: Red	<i>Sunrise:</i> 6:31AM	Vilamba 5120
Tula Rasi: 6.47	Tithi 25	Yama	11:05AM – 12:37PM	Sukarma Until 1:09AM Tue	Muruga: Purple	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu	8:03AM – 9:34AM	Vanija Until 10:49AM Tue	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga				Dashami Until 2:33AM Mon	Moon – Green	Bhuloka Day	
Until 6:03AM Tue					Margasira*Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya	
Svati/Vishakha Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashyam Titau						Sun 9 Sutra 261	
2		Gulika	12:37PM – 2:09PM	Svati Until 6:03AM	Ganesh: Red	<i>Sunrise:</i> 6:32AM	Vilamba 5120
Tula Rasi: 19.53	Tithi 26	Yama	9:35AM – 11:06AM	Dhriti Until 6:03AM	Muruga: Purple	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 36
862963366		Rahu	3:40PM – 5:12PM	Bava Until 10:49AM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga				Bhuloka Day	Moon – Green	Devaloka Time: 6:AM to 9:AM	
Until 6:03AM				Ekadashi* Until 10:58PM	Margasira*Markali		
Then Routine Work - Marana Yoga							

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Nairobi, Kenya	
Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau						Sun 10 Sutra 262	
3		Gulika	11:06AM – 12:38PM	Vishakha Until 7:08AM	Ganesh: Green	<i>Sunrise:</i> 6:32AM	Vilamba 5120
Vrischika Rasi: 2.43	Tithi 27	Yama	8:04AM – 9:35AM	Shula* Until 11:31PM	Muruga: Purple	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 36
872963366		Rahu	12:38PM – 2:09PM	Kaulava Until 11:17AM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga				Dvadashi* Until 11:40PM	Moon – Orange	Bhuloka Day	
					Margasira*Markali		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Nairobi, Kenya	
Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau						Sun 11 Sutra 263	
4		Gulika	9:35AM – 11:07AM	Anuradha Until 8:31AM	Ganesh: Green	<i>Sunrise:</i> 6:33AM	Vilamba 5120
Vrischika Rasi: 15.2	Tithi 28	Yama	6:33AM – 8:04AM	Ganda* Until 11:14PM	Muruga: Purple	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 36
872963366		Rahu	2:10PM – 3:41PM	Gara Until 12:13PM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga				Trayodashi* Until 12:51AM Fri	Moon – Orange	Bhuloka Day	
Until 8:31AM					Margasira*Markali		
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata (Fasting)</i>			

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya	
Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau						Sun 12 Sutra 264	
5		Gulika	8:05AM – 9:36AM	Jyeshtha* Until 10:12AM	Ganesh: Green	<i>Sunrise:</i> 6:33AM	Vilamba 5120
Vrischika Rasi: 27.45	Tithi 29	Yama	3:42PM – 5:13PM	Vriddhi Until 11:19PM	Muruga: Purple	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 36
872963366		Rahu	11:07AM – 12:39PM	Visti Until 1:37PM	Nataraja: Green		2nd Phase
Routine Work Marana Yoga				Chaturdashi* Until 2:28AM Sat	Moon – Orange	Bhuloka Day	
Until 10:12AM					Margasira*Markali		
Then Creative Work - Amrita Yoga							

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Nairobi, Kenya	
Retreat Star		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 265	
6		Gulika	6:34AM – 8:05AM	Mula* Until 12:36PM	Ganesh: White	<i>Sunrise:</i> 6:34AM	Vilamba 5120
Dhanus Rasi: 9.59	Tithi 30	Yama	2:11PM – 3:42PM	Dhruva Until 11:40PM	Muruga: Purple	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 36
882963366		Rahu	9:36AM – 11:08AM	Catuspada Until 17:39AM Sun	Nataraja: Green		Amavasya
Creative Work Siddha Yoga				Amavasya* Until 11:19PM	Moon – Light Blue	Bhuloka Day	
		Subramuniyaswami Jayanti			Margasira*Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya	
Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 266	
7		Gulika	3:43PM – 5:14PM	Purvashadha* Until 3:13PM	Ganesh: White	<i>Sunrise:</i> 6:34AM	Vilamba 5120
Dhanus Rasi: 22.04	Tithi 1	Yama	12:40PM – 2:11PM	Vyaghata* Until 12:18AM Mon	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 36
882973366		Rahu	5:14PM – 6:45PM	Kintughna Until 5:39PM	Nataraja: Green		Prathama
Creative Work Siddha Yoga				Prathama* Until 6:50AM Mon	Moon – Light Blue	Bhuloka Day	
Until 3:13PM		Partial Solar Eclipse			Pausha*Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 15 Sutra 267 Vilamba 5120
1		Gulika 2:12PM – 3:43PM	Uttarashadha Until 9:27AM Tue	Ganesh: White <i>Sunrise:</i> 6:34AM		
Makara Rasi: 4	Tithi 1 – 2	Yama 11:09AM – 12:40PM	Harshana Until 1:09AM Tue	Muruga: Clear <i>Sunset:</i> 6:46PM		Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 8:06AM – 9:37AM	Balava Until 8:09PM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 6:50AM	Moon – Light Blue	Bhuloka Day	
Until 9:27AM Tue				Pausha-Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:41PM – 2:12PM	Uttarashadha Until 9:27AM	Ganesh: Red <i>Sunrise:</i> 6:35AM		
Makara Rasi: 15.51	Tithi 2 – 3	Yama 9:38AM – 11:09AM	Vajra* Until 1:66AM Wed	Muruga: Clear <i>Sunset:</i> 6:46PM		Moon 12 - Phase 37
	893973366	Rahu 3:43PM – 5:15PM	Taitila Until 10:50PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:27AM	Moon – Purple	Devaloka Day	
				Pausha-Markali		

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nairobi, Kenya Sun 17 Sutra 269 Vilamba 5120
3		Gulika 11:10AM – 12:41PM	Dhanishtha Until 12:22AM Thu	Ganesh: Red <i>Sunrise:</i> 6:35AM		
Makara Rasi: 27.38	Tithi 3 – 4	Yama 8:07AM – 9:38AM	Siddhi Until 3:06AM Thu	Muruga: Clear <i>Sunset:</i> 6:47PM		Moon 12 - Phase 37
	893973366	Rahu 12:41PM – 2:12PM	Vanija Until 1:36AM Thu	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 12:12PM	Moon – Purple	Devaloka Day	
Until 12:22AM Thu				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya Sun 18 Sutra 270 Vilamba 5120
4		Gulika 9:39AM – 11:10AM	Shatabhishak Until 5:27PM Fri	Ganesh: Red <i>Sunrise:</i> 6:36AM		
Kumbha Rasi: 9.26	Tithi 4 – 5	Yama 6:36AM – 8:07AM	Vyatipata* Until 4:01AM Fri	Muruga: Clear <i>Sunset:</i> 6:47PM		Moon 12 - Phase 37
	893973366	Rahu 2:13PM – 3:44PM	Bava Until 4:15AM Fri	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:55PM	Moon – Purple	Devaloka Day	
				Pausha-Markali		

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya Sun 19 Sutra 271 Vilamba 5120
5		Gulika 8:08AM – 9:39AM	Shatabhishak Until 5:27PM	Ganesh: Clear <i>Sunrise:</i> 6:36AM		
Kumbha Rasi: 21.16	Tithi 5 – 6	Yama 3:45PM – 5:16PM	Variyan Until 28:66AM Sat	Muruga: Clear <i>Sunset:</i> 6:47PM		Moon 12 - Phase 37
	813973366	Rahu 11:10AM – 12:42PM	Kaulava Until 6:37AM Sat	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:27PM	Moon – Clear	Devaloka Day	
				Pausha-Markali		

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Gara Karana Shashthyam Titau				Nairobi, Kenya Sun 20 Sutra 272 Vilamba 5120
6		Gulika 6:37AM – 8:08AM	Purvaproshtapada* Until 6:14AM	Ganesh: Clear <i>Sunrise:</i> 6:37AM		
Meena Rasi: 3.12	Tithi 6	Yama 2:14PM – 3:45PM	Parigha* Until 5:06AM Sun	Muruga: Clear <i>Sunset:</i> 6:48PM		Moon 12 - Phase 37
	813973366	Rahu 9:39AM – 11:11AM	Kaulava Until 7:92AM Sun	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 28:66AM Sat	Moon – Clear	Devaloka Day	
Until 6:14AM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 3:45PM – 5:17PM	Uttaraproshtapada Until 8:37AM	Ganesh: Clear <i>Sunrise:</i> 6:37AM		
Meena Rasi: 15.19	Tithi 7	Yama 12:43PM – 2:14PM	Shiva Until 5:02AM Mon	Muruga: Clear <i>Sunset:</i> 6:48PM		Moon 12 - Phase 37
	813973366	Rahu 5:17PM – 6:48PM	Gara Until 8:32AM	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 9:15PM	Moon – Clear	Devaloka Day	
				Pausha-Markali		

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti* Karana Ashtamyam Titau				Nairobi, Kenya Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 2:14PM – 3:46PM	Revati Until 10:14AM	Ganesh: Clear <i>Sunrise:</i> 6:37AM		
Meena Rasi: 27.41	Tithi 8	Yama 11:12AM – 12:43PM	Siddha Until 4:23AM Tue	Muruga: Clear <i>Sunset:</i> 6:48PM		Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 8:09AM – 9:40AM	Visti Until 9:49AM	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:10PM	Moon – Clear	Devaloka Day	
				Pausha-Thai		

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:43PM – 2:15PM	Ashvini Until 11:28AM	Ganesh: Purple <i>Sunrise:</i> 6:38AM		
Mesha Rasi: 10.23	Tithi 9	Yama 9:41AM – 11:12AM	Sadhya Until 3:08AM Wed	Muruga: Clear <i>Sunset:</i> 6:49PM		Moon 12 - Phase 37
	823973366	Rahu 3:46PM – 5:17PM	Balava Until 9:64AM Wed	Nataraja: Green		Navami
Creative Work	Siddha Yoga		Navami* Until 4:23AM Tue	Moon – White	Sivaloka Day	
				Pausha-Thai		


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Tailila/Gara Karana Dashamyam Titau		Nairobi, Kenya Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 23.28	Tithi 10	Gulika	11:12AM – 12:44PM	Bharani Until 11:43AM	Ganesh: Blue	<i>Sunrise:</i> 6:38AM			
		Yama	8:10AM – 9:41AM	Subha Until 1:15AM Thu	Muruga: Clear	<i>Sunset:</i> 6:49PM		Moon 12 - Phase 38	4th Phase
		833173366 Rahu	12:44PM – 2:15PM	Taitila Until 10:04AM	Nataraja: Green				
Creative Work	Siddha Yoga			Dashami Until 9:36PM	Moon – White			Sivaloka Day	
Until 11:43AM					Pausha*Thai				
Then Creative Work - Amrita Yoga									

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Nairobi, Kenya Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 7	Tithi 11	Gulika	9:41AM – 11:13AM	Krittika Until 11:02AM	Ganesh: Blue	<i>Sunrise:</i> 6:39AM			
		Yama	6:39AM – 8:10AM	Sukla Until 10:43PM	Muruga: Clear	<i>Sunset:</i> 6:49PM		Moon 12 - Phase 38	4th Phase
		833173366 Rahu	2:15PM – 3:47PM	Vanija Until 8:57AM	Nataraja: Green				
Routine Work	Marana Yoga			Ekadashi Until 8:05PM	Moon – White			Sivaloka Day	
					Pausha*Thai				

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 21	Tithi 12 – 13	Gulika	8:10AM – 9:42AM	Rohini Until 9:54AM	Ganesh: Yellow	<i>Sunrise:</i> 6:39AM			
		Yama	3:47PM – 5:18PM	Brahma Until 7:37PM	Muruga: Clear	<i>Sunset:</i> 6:50PM		Moon 12 - Phase 38	4th Phase
		833173366 Rahu	11:13AM – 12:44PM	Bava Until 7:05AM	Nataraja: Green				
Routine Work	Marana Yoga			Dvadashi Until 5:52PM	Moon – Yellow			Devaloka Day	
Until 9:54AM					Pausha*Thai				
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata</i>				

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 5.26	Tithi 13 – 14	Gulika	6:39AM – 8:11AM	Mrigashira Until 7:59AM	Ganesh: Yellow	<i>Sunrise:</i> 6:39AM			
		Yama	2:16PM – 3:47PM	Indra Until 4:05PM	Muruga: Clear	<i>Sunset:</i> 6:50PM		Moon 12 - Phase 38	4th Phase
		833173366 Rahu	9:42AM – 11:13AM	Gara Until 1:29AM Sun	Nataraja: Green				
Creative Work	Siddha Yoga			Trayodashi Until 3:03PM	Moon – Yellow			Devaloka Day	
					Pausha*Thai				

		Sunday, January 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Nairobi, Kenya Sutra 280 Vilamba 5120	
Copper Retreat Star		Gulika	3:48PM – 5:19PM	Punarvasu Until 2:50AM Mon	Ganesh: White	<i>Sunrise:</i> 6:40AM			
Mithuna Rasi: 20.15	Tithi 14 – 15	Yama	12:45PM – 2:16PM	Vaidhriti* Until 12:09PM	Muruga: Clear	<i>Sunset:</i> 6:50PM		Moon 12 - Phase 38	Purnima
		833173366 Rahu	5:19PM – 6:50PM	Visti Until 9:64PM	Nataraja: Green				
Creative Work	Siddha Yoga			Chaturdashi* Until 4:05PM	Moon – Blue			Sivaloka Day	
					Pausha*Thai				

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Nairobi, Kenya Sutra 281 Vilamba 5120	
Kataka Rasi: 5.19	Tithi 15 – 16	Gulika	2:17PM – 3:48PM	Pushya Until 11:55PM	Ganesh: White	<i>Sunrise:</i> 6:40AM			
Family Home Evening		Yama	11:14AM – 12:45PM	Vishkambha* Until 8:01AM	Muruga: Clear	<i>Sunset:</i> 6:51PM		Moon 12 - Phase 38	Prathama
		833173366 Rahu	8:11AM – 9:43AM	Balava Until 6:26PM	Nataraja: Green				
Creative Work	Siddha Yoga			Purnima* Until 8:15AM	Moon – Blue			Sivaloka Day	
					Pausha*Thai				
		Total Lunar Eclipse							
		Thai Pusam							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Tailila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 20.3 Tihi 17

844173366 Rahu 3:48PM - 5:19PM

Gulika 12:46PM - 2:17PM

Yama 9:43AM - 11:14AM

Ashlesha* Until 8:53PM

Ayushman Until 11:32PM

Taitila Until 2:45PM

Dvitiya Until 12:56AM Wed

Ganesha: Clear Sunrise: 6:40AM

Muruga: Clear Sunset: 6:51PM

Nataraja: Green

Moon - Blue

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Wednesday, January 23, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 5.39 Tihi 18

854173366 Rahu 12:46PM - 2:17PM

Gulika 11:14AM - 12:46PM

Yama 8:12AM - 9:43AM

Magha* Until 6:24PM Thu

Saubhagya Until 7:27PM

Vanija Until 11:12AM

Tritiya Until 9:29PM

Ganesha: Purple Sunrise: 6:41AM

Muruga: Clear Sunset: 6:51PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 6:24PM Thu

Then Creative Work - Amrita Yoga

Thursday, January 24, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthiyam Titau

Nairobi, Kenya

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 20.37 Tihi 19

854173366 Rahu 2:17PM - 3:49PM

Gulika 9:43AM - 11:15AM

Yama 6:41AM - 8:12AM

Magha* Until 6:24PM

Sobhana Until 11:74AM Fri

Bava Until 7:54AM

Chaturthi* Until 6:24PM

Ganesha: Purple Sunrise: 6:41AM

Muruga: Clear Sunset: 6:51PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Friday, January 25, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Nairobi, Kenya

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 5.16 Tihi 20 - 21

954173366 Rahu 11:15AM - 12:46PM

Gulika 8:12AM - 9:44AM

Yama 3:49PM - 5:20PM

Uttaraphalguni Until 1:45PM

Athiganda* Until 12:14PM

Gara Until 2:44AM Sat

Panchami Until 3:47PM

Ganesha: Clear Sunrise: 6:41AM

Muruga: Clear Sunset: 6:51PM

Nataraja: Green

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 1:45PM

Then Creative Work - Amrita Yoga

Saturday, January 26, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 19.31 Tihi 21 - 22

964173366 Rahu 9:44AM - 11:15AM

Gulika 6:41AM - 8:13AM

Yama 2:18PM - 3:49PM

Hasta Until 12:30PM Sun

Sukarma Until 9:18AM

Visti Until 1:04AM Sun

Shashthi* Until 1:48PM

Ganesha: Purple Sunrise: 6:41AM

Muruga: Clear Sunset: 6:52PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Sunday, January 27, 2019

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 3.21 Tihi 22 - 23

964173366 Rahu 5:21PM - 6:52PM

Gulika 3:49PM - 5:21PM

Yama 12:47PM - 2:18PM

Hasta Until 12:30PM

Dhriti Until 4:66AM Mon

Balava Until 12:08AM Mon

Saptami Until 12:30PM

Ganesha: Purple Sunrise: 6:42AM

Muruga: Clear Sunset: 6:52PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 16.46 Tihi 23 - 24

964173366 Rahu 8:13AM - 9:44AM

Gulika 2:18PM - 3:49PM

Yama 11:16AM - 12:47PM

Svati Until 11:44AM

Ganda* Until 3:52AM Tue

Taitila Until 11:58PM

Ashtami* Until 11:56AM

Ganesha: Purple Sunrise: 6:42AM

Muruga: Clear Sunset: 6:52PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:44AM

Then Routine Work - Marana Yoga

1 Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 7 Sutra 289 Vilamba 5120
Tula Rasi: 29.46	Tithi 24 – 25	Gulika 12:47PM – 2:18PM	Vishakha Until 12:40PM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	
		Yama 9:45AM – 11:16AM	Vriddhi Until 3:12AM Wed	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 1 - Phase 40
		974173366 Rahu 3:50PM – 5:21PM	Vanija Until 12:30AM Wed	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga		Navami* Until 12:07PM	Moon – Orange		Devaloka Day
Until 12:40PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

2 Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 8 Sutra 290 Vilamba 5120
Vrischika Rasi: 12.26	Tithi 25 – 26	Gulika 11:16AM – 12:47PM	Anuradha Until 2:30PM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	
		Yama 8:13AM – 9:45AM	Dhruva Until 3:00AM Thu	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 1 - Phase 40
		974173366 Rahu 12:47PM – 2:19PM	Bava Until 1:42AM Thu	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:00PM	Moon – Orange		Devaloka Day
				Pausha*Thai		

3 Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 9 Sutra 291 Vilamba 5120
Vrischika Rasi: 24.5	Tithi 26 – 27	Gulika 9:45AM – 11:16AM	Anuradha Until 2:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	
		Yama 6:42AM – 8:14AM	Vyaghata* Until 2:73AM Fri	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 1 - Phase 40
		974173366 Rahu 2:19PM – 3:50PM	Kaulava Until 3:27AM Fri	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 2:30PM	Moon – Orange		Devaloka Day
Until 2:30PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

4 Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 7.01	Tithi 27 – 28	Gulika 8:14AM – 9:45AM	Mula* Until 6:35PM	Ganesha: White	<i>Sunrise:</i> 6:42AM	
		Yama 3:50PM – 5:21PM	Harshana Until 3:47AM Sat	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 1 - Phase 40
		984173366 Rahu 11:16AM – 12:47PM	Gara Until 5:38AM Sat	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 4:28PM	Moon – Light Blue		Bhuloka Day
Until 6:35PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga						

5 Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 19.01	Tithi 28	Gulika 6:43AM – 8:14AM	Purvashadha* Until 9:23PM	Ganesha: White	<i>Sunrise:</i> 6:43AM	
		Yama 2:19PM – 3:50PM	Vajra* Until 4:32AM Sun	Muruga: Clear	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
		984173366 Rahu 9:45AM – 11:16AM	Vanija Until 6:49PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:49PM	Moon – Light Blue		Bhuloka Day
Until 9:23PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

6 Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 12 Sutra 294 Vilamba 5120
Makara Rasi: 0.55	Tithi 29	Gulika 3:50PM – 5:21PM	Uttarashadha Until 12:15AM Mon	Ganesha: White	<i>Sunrise:</i> 6:43AM	
		Yama 12:48PM – 2:19PM	Siddhi Until 5:27AM Mon	Muruga: Clear	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
		984173366 Rahu 5:21PM – 6:53PM	Visti Until 8:06AM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 9:24PM	Moon – Light Blue		Bhuloka Day
				Pausha*Thai		Devaloka Time: 12:PM to 3:PM

Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 295 Vilamba 5120
Retreat Star		Gulika 2:19PM – 3:50PM	Shravana Until 3:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:43AM	
Makara Rasi: 12.44	Tithi 30	Yama 11:17AM – 12:48PM	Vyatipata* Until 6:39AM Wed Tue	Muruga: Clear	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
Family Home Evening		995173367 Rahu 8:14AM – 9:45AM	Catuspada Until 10:46AM	Nataraja: White		Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 12:06AM Tue	Moon – Purple		Devaloka Day
Until 3:32AM Tue				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyatipata*/Vriyan Yoga Kintughna*/Balava Karana Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 296 Vilamba 5120
Retreat Star		Gulika 12:48PM – 2:19PM	Dhanishtha Until 6:39AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:43AM	
Makara Rasi: 24.32	Tithi 1	Yama 9:45AM – 11:17AM	Vyatipata* Until 6:39AM Wed	Muruga: Clear	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
		995173367 Rahu 3:50PM – 5:22PM	Kintughna Until 1:29PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:48AM Wed	Moon – Purple		Devaloka Day
				Magha*Thai		

1	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya
	Kumbha Rasi: 6.2	Tithi 2	Gulika 11:17AM – 12:48PM Yama 8:14AM – 9:46AM Rahu 12:48PM – 2:19PM	Dhanishtha Until 6:39AM Variyan Until 7:24AM Balava Until 4:09PM Dvitiya Until 5:25AM Thu	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Magha-Thai	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 6:53PM	Sun 15 Sutra 297 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Routine Work Until 6:39AM Then Creative Work - Siddha Yoga	Prabalarishta Yoga	995173367				Devaloka Day

2	Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila Karana Tritiyayam Titau				Nairobi, Kenya
	Kumbha Rasi: 18.1	Tithi 3	Gulika 9:46AM – 11:17AM Yama 6:43AM – 8:14AM Rahu 2:19PM – 3:50PM	Shatabhishak Until 9:30AM Parigha* Until 8:18AM Taitila Until 6:40PM Tritiya Until 7:50AM Fri	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Magha-Thai	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 6:53PM	Sun 16 Sutra 298 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Creative Work Until 11:41AM Then Creative Work - Siddha Yoga	Siddha Yoga	995173367				Devaloka Day

3	Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nairobi, Kenya
	Meena Rasi: 0.05	Tithi 3 – 4	Gulika 8:15AM – 9:46AM Yama 3:51PM – 5:22PM Rahu 11:17AM – 12:48PM	Purvaproshtapada* Until 12:29PM Shiva Until 9:03AM Vanija Until 8:57PM Tritiya Until 7:50AM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – Clear Magha-Thai	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 6:53PM	Sun 17 Sutra 299 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Creative Work Until 11:41AM Then Routine Work - Prabalarishta Yoga	Siddha Yoga	915173367				Sivaloka Day

4	Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya
	Meena Rasi: 12.07	Tithi 4 – 5	Gulika 6:43AM – 8:15AM Yama 2:19PM – 3:51PM Rahu 9:46AM – 11:17AM	Uttaraproshtapada Until 11:41AM Sun Siddha Until 9:33AM Bava Until 10:54PM Chaturthi* Until 9:57AM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – Clear Magha-Thai	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 6:53PM	Sun 18 Sutra 300 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Creative Work Until 11:41AM Then Routine Work - Prabalarishta Yoga	Siddha Yoga	915173367				Sivaloka Day

5	Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Nairobi, Kenya
	Meena Rasi: 24.16	Tithi 5 – 6	Gulika 3:51PM – 5:22PM Yama 12:48PM – 2:19PM Rahu 5:22PM – 6:53PM	Uttaraproshtapada Until 11:41AM Sadhya Until 4:59PM Taitila Until 12:54AM Mon Panchami Until 11:41AM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Magha-Thai	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Sun 19 Sutra 301 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Creative Work Until 11:41AM Then Creative Work - Siddha Yoga	Amrita Yoga	915273367				Devaloka Day

6	Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya
	Mesha Rasi: 6.39	Tithi 6 – 7	Gulika 2:19PM – 3:51PM Yama 11:17AM – 12:48PM Rahu 8:15AM – 9:46AM	Ashvini Until 6:45PM Subha Until 9:38AM Gara Until 1:18AM Tue Shashthi* Until 12:54PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Magha-Thai	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Sun 20 Sutra 302 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Family Home Evening Creative Work	Siddha Yoga	925273367				Bhuloka Day Devaloka Time: 12:PM to 3:PM

D	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya
	Mesha Rasi: 19.17	Tithi 7 – 8	Gulika 12:48PM – 2:19PM Yama 9:46AM – 11:17AM Rahu 3:51PM – 5:22PM	Bharani Until 7:44PM Sukla Until 9:00AM Visti Until 1:32AM Wed Saptami Until 1:29PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Magha-Thai	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Sun 21 Sutra 303 Vilamba 5120 Moon 1 - Phase 41 Ashtami
	Creative Work Until 7:52PM Then Creative Work - Siddha Yoga	Siddha Yoga	925273367				Bhuloka Day Devaloka Time: 12:PM to 3:PM

D	Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya
	Vrisabha Rasi: 2.14	Tithi 8 – 9	Gulika 11:17AM – 12:48PM Yama 8:15AM – 9:46AM Rahu 12:48PM – 2:19PM	Krittika Until 7:52PM Brahma Until 7:51AM Balava Until 1:02AM Thu Ashtami* Until 1:22PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – White Magha-Masi	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:53PM	Sun 22 Sutra 304 Vilamba 5120 Moon 1 - Phase 41 Navami
	Creative Work Until 7:52PM Then Creative Work - Siddha Yoga	Amrita Yoga	926273367				Devaloka Day

1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava Karana Navami/Dashamyam Titau	Nairobi, Kenya Sun 23 Sutra 305 Vilamba 5120
936273367	Gulika	9:46AM – 11:17AM	Rohini Until 7:33PM	Ganesha: White	<i>Sunrise: 6:44AM</i>		
	Yama	6:44AM – 8:15AM	Indra Until 6:07AM	Muruga: Clear	<i>Sunset: 6:53PM</i>	Moon 1 - Phase 42	
	Rahu	2:19PM – 3:51PM	Kaulava Until 12:28PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Navami* Until 12:28PM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sun 24 Sutra 306 Vilamba 5120
936273367	Gulika	8:15AM – 9:46AM	Mrigashira Until 8:30AM Sat	Ganesha: White	<i>Sunrise: 6:44AM</i>		
	Yama	3:51PM – 5:22PM	Vishkambha* Until 12:51AM Sat	Muruga: Clear	<i>Sunset: 6:53PM</i>	Moon 1 - Phase 42	
	Rahu	11:17AM – 12:48PM	Vanija Until 9:45PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 10:49AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Priti Yoga Visti* Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sun 25 Sutra 307 Vilamba 5120
936273367	Gulika	6:44AM – 8:15AM	Mrigashira Until 8:30AM	Ganesha: White	<i>Sunrise: 6:44AM</i>		
	Yama	2:19PM – 3:50PM	Priti Until 9:26PM	Muruga: Clear	<i>Sunset: 6:53PM</i>	Moon 1 - Phase 42	
	Rahu	9:46AM – 11:17AM	Visti Until 8:30AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:30AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Nairobi, Kenya Sun 26 Sutra 308 Vilamba 5120
946273367	Gulika	3:50PM – 5:21PM	Punarvasu Until 2:09PM	Ganesha: Clear	<i>Sunrise: 6:44AM</i>		
	Yama	12:48PM – 2:19PM	Ayushman Until 5:36PM	Muruga: Clear	<i>Sunset: 6:53PM</i>	Moon 1 - Phase 42	
	Rahu	5:21PM – 6:53PM	Kaulava Until 3:58PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 2:14AM Mon	Moon – Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Nairobi, Kenya Sun 27 Sutra 309 Vilamba 5120
946273367	Gulika	2:19PM – 3:50PM	Pushya Until 11:24AM	Ganesha: Clear	<i>Sunrise: 6:44AM</i>		
	Yama	11:17AM – 12:48PM	Saubhagya Until 1:29PM	Muruga: Clear	<i>Sunset: 6:53PM</i>	Moon 1 - Phase 42	
	Rahu	8:15AM – 9:46AM	Gara Until 12:27PM	Nataraja: White		4th Phase	
Family Home Evening	Siddha Yoga		Chaturdashi* Until 10:35PM	Moon – Blue		Devaloka Day	
	Chidambaram Abhishekam			Magha-Masi			

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau	Nairobi, Kenya Sutra 310 Vilamba 5120
Copper Retreat Star		Gulika	12:48PM – 2:19PM	Ashlesha* Until 8:18AM	Ganesha: Clear	<i>Sunrise: 6:44AM</i>	
946273367		Yama	9:46AM – 11:17AM	Sobhana Until 9:12AM	Muruga: Clear	<i>Sunset: 6:52PM</i>	
		Rahu	3:50PM – 5:21PM	Visti Until 8:43AM	Nataraja: White	Moon 1 - Phase 42	
Creative Work	Siddha Yoga			Purnima* Until 6:48PM	Moon – Blue	Purnima	
					Magha-Masi	Devaloka Day	

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Nairobi, Kenya Sutra 311 Vilamba 5120
Silver Retreat Star		Gulika	11:17AM – 12:48PM	Purvaphalguni Until 2:30AM Thu	Ganesha: Clear	<i>Sunrise: 6:44AM</i>	
957273367		Yama	8:15AM – 9:46AM	Sukarma Until 12:38AM Thu	Muruga: Clear	<i>Sunset: 6:52PM</i>	
		Rahu	12:48PM – 2:19PM	Taitila Until 1:15AM Thu	Nataraja: White	Moon 1 - Phase 42	
Creative Work	Amrita Yoga			Prathama* Until 3:03PM	Moon – Red	Prathama	
					Magha-Masi	Devaloka Day	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 312

Vilamba 5120

Simha Rasi: 28.5 Tihi 17 - 18

Gulika 9:46AM - 11:17AM

Uttaraphalguni Until 11:46PM

Ganesh: Clear Sunrise: 6:44AM

Yama 6:44AM - 8:15AM

Dhriti Until 8:40PM

Muruga: Clear Sunset: 6:52PM

Moon 2 - Phase 43

957273367 Rahu 2:19PM - 3:50PM

Vanija Until 9:53PM

Nataraja: White

1st Phase

Amrita Yoga

Dvitiya Until 11:30AM

Moon - Red
Magha-Masi

Devaloka Day

Until 11:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 313

Vilamba 5120

Kanya Rasi: 13.44 Tihi 18 - 19

Gulika 8:15AM - 9:46AM

Hasta Until 9:47PM

Ganesh: White Sunrise: 6:43AM

Yama 3:50PM - 5:21PM

Shula* Until 5:01PM

Muruga: Clear Sunset: 6:52PM

Moon 2 - Phase 43

967273367 Rahu 11:17AM - 12:48PM

Bava Until 6:57PM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Tritiya Until 8:40PM

Moon - Green
Magha-Masi

Bhuloka Day

Until 9:47PM

Then Creative Work - Siddha Yoga

Devaloka Time: 12:PM to 3:PM

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 314

Vilamba 5120

Kanya Rasi: 28.14 Tihi 20

Gulika 6:43AM - 8:14AM

Chitra Until 8:16PM

Ganesh: White Sunrise: 6:43AM

Yama 2:19PM - 3:50PM

Ganda* Until 1:53PM

Muruga: Clear Sunset: 6:52PM

Moon 2 - Phase 43

967273367 Rahu 9:46AM - 11:17AM

Kaulava Until 4:38PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Panchami Until 3:43AM Sun

Moon - Green
Magha-Masi

Bhuloka Day

Until 8:16PM

Then Creative Work - Siddha Yoga

Devaloka Time: 12:PM to 3:PM

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Shashtyam Titau

Nairobi, Kenya

Sun 4 Sutra 315

Vilamba 5120

Tula Rasi: 12.17 Tihi 21

Gulika 3:50PM - 5:21PM

Svati Until 7:21PM

Ganesh: White Sunrise: 6:43AM

Yama 12:47PM - 2:19PM

Vridhhi Until 11:20AM

Muruga: Clear Sunset: 6:52PM

Moon 2 - Phase 43

967273367 Rahu 5:21PM - 6:52PM

Gara Until 3:03PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashti* Until 2:33AM Mon

Moon - Green
Magha-Masi

Bhuloka Day

Until 7:21PM

Then Routine Work - Marana Yoga

Devaloka Time: 12:PM to 3:PM

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 316

Vilamba 5120

Tula Rasi: 25.52 Tihi 22

Gulika 2:18PM - 3:49PM

Vishakha Until 7:34PM

Ganesh: Yellow Sunrise: 6:43AM

Yama 11:16AM - 12:47PM

Dhruva Until 9:25AM

Muruga: Clear Sunset: 6:51PM

Moon 2 - Phase 43

Family Home Evening 977273367 Rahu 8:14AM - 9:45AM

Visti Until 2:18PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Saptami Until 2:14AM Tue

Moon - Orange
Magha-Masi

Devaloka Day

Until 7:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

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Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 317

Vilamba 5120

Vrischika Rasi: 8.58 Tihi 23

Gulika 12:47PM - 2:18PM

Anuradha Until 8:29PM

Ganesh: Yellow Sunrise: 6:43AM

Yama 9:45AM - 11:16AM

Vyaghata* Until 8:11AM

Muruga: Clear Sunset: 6:51PM

Moon 2 - Phase 43

977273367 Rahu 3:49PM - 5:20PM

Balava Until 14:83AM Wed

Nataraja: White

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 9:25AM

Moon - Orange
Magha-Masi

Devaloka Day

Until 8:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila Karana Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 318

Vilamba 5120

Vrischika Rasi: 21.38 Tihi 24

Gulika 11:16AM - 12:47PM

Jyeshtha* Until 6:07AM Fri Thu

Ganesh: Blue Sunrise: 6:43AM

Yama 8:14AM - 9:45AM

Harshana Until 7:39AM

Muruga: Clear Sunset: 6:51PM

Moon 2 - Phase 43

978273367 Rahu 12:47PM - 2:18PM

Taitila Until 3:23PM

Nataraja: White

Navami

Creative Work Siddha Yoga

Navami* Until 4:08AM Thu

Moon - Orange
Magha-Masi

Sivaloka Day

Until 6:07AM Fri Thu

Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
Dhanus Rasi: 3.58		Tithi 25		988273367		Gulika 9:45AM – 11:16AM		Sun 8 Sutra 319	
Creative Work		Siddha Yoga		Rahu 2:18PM – 3:49PM		Jyeshtha* Until 6:07AM Fri		Vilamba 5120	
Until 6:07AM Fri		Then Routine Work - Prabalarishta Yoga		Yama 6:43AM – 8:14AM		Vajra* Until 7:69AM Fri		Moon 2 - Phase 44	
						Vanija Until 5:05PM		2nd Phase	
						Dashami Until 6:07AM Fri		Devaloka Day	
						Ganesha: Red		Sunrise: 6:43AM	
						Muruga: Clear		Sunset: 6:51PM	
						Nataraja: White			
						Moon – Light Blue			
						Magha-Masi			

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
Dhanus Rasi: 16.03		Tithi 25 – 26		988273367		Gulika 8:14AM – 9:45AM		Sun 9 Sutra 320	
Routine Work		Prabalarishta Yoga		Rahu 11:16AM – 12:47PM		Purvashadha* Until 3:22AM Sat		Vilamba 5120	
Until 3:22AM Sat		Then Routine Work - Marana Yoga		Yama 3:48PM – 5:19PM		Siddhi Until 8:09AM		Moon 2 - Phase 44	
						Bava Until 7:19PM		2nd Phase	
						Dashami Until 6:07AM		Devaloka Day	
						Ganesha: Red		Sunrise: 6:43AM	
						Muruga: Clear		Sunset: 6:50PM	
						Nataraja: White			
						Moon – Light Blue			
						Magha-Masi			

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
Dhanus Rasi: 27.57		Tithi 26 – 27		988273367		Gulika 6:42AM – 8:13AM		Sun 10 Sutra 321	
Routine Work		Marana Yoga		Rahu 9:44AM – 11:15AM		Uttarashadha Until 6:19AM Sun		Vilamba 5120	
Until 6:19AM Sun		Then Creative Work - Amrita Yoga		Yama 2:17PM – 3:48PM		Vyatipata* Until 8:59AM		Moon 2 - Phase 44	
						Kaulava Until 9:55PM		2nd Phase	
						Ekadashi* Until 8:34AM		Devaloka Day	
						Ganesha: Red		Sunrise: 6:42AM	
						Muruga: Clear		Sunset: 6:50PM	
						Nataraja: White			
						Moon – Light Blue			
						Magha-Masi			

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
Makara Rasi: 9.45		Tithi 27 – 28		988273367		Gulika 3:48PM – 5:19PM		Sun 11 Sutra 322	
Creative Work		Amrita Yoga		Rahu 5:19PM – 6:50PM		Uttarashadha Until 6:19AM		Vilamba 5120	
Until 9:40AM		Then Routine Work - Marana Yoga		Yama 12:46PM – 2:17PM		Variyan Until 9:58AM		Moon 2 - Phase 44	
						Gara Until 12:39AM Mon		2nd Phase	
						Dvadashi* Until 11:15AM		Devaloka Day	
						Ganesha: Red		Sunrise: 6:42AM	
						Muruga: Clear		Sunset: 6:50PM	
						Nataraja: White			
						Moon – Light Blue			
						Magha-Masi			

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
Makara Rasi: 21.31		Tithi 28 – 29		988273367		Gulika 2:17PM – 3:48PM		Sun 12 Sutra 323	
Family Home Evening		Creative Work		Rahu 8:13AM – 9:44AM		Shravana Until 9:40AM		Vilamba 5120	
Until 9:40AM		Then Creative Work - Siddha Yoga		Yama 11:15AM – 12:46PM		Parigha* Until 11:02AM		Moon 2 - Phase 44	
						Visti Until 3:22AM Tue		2nd Phase	
						Trayodashi* Until 2:00PM		Devaloka Day	
						Mahasivaratri (Lunar)			
						Mahasivaratri (Solar)			
						Ganesha: Yellow		Sunrise: 6:42AM	
						Muruga: Clear		Sunset: 6:50PM	
						Nataraja: White			
						Moon – Purple			
						Magha-Masi			

6		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
Kumbha Rasi: 3.19		Tithi 29 – 30		199273367		Gulika 12:46PM – 2:17PM		Sun 13 Sutra 324	
Creative Work		Siddha Yoga		Rahu 3:48PM – 5:19PM		Dhanishtha Until 12:47PM		Vilamba 5120	
Until 12:47PM		Then Routine Work - Marana Yoga		Yama 9:44AM – 11:15AM		Shiva Until 12:03PM		Moon 2 - Phase 44	
						Catuspada Until 5:56AM Wed		2nd Phase	
						Chaturdashi* Until 4:39PM		Devaloka Day	
						Ganesha: Clear		Sunrise: 6:42AM	
						Muruga: Clear		Sunset: 6:49PM	
						Nataraja: White			
						Moon – Purple			
						Magha-Masi			

Retreat Star		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
Kumbha Rasi: 15.1		Tithi 30		199273367		Gulika 11:15AM – 12:45PM		Sun 14 Sutra 325	
Creative Work		Siddha Yoga		Rahu 12:45PM – 2:16PM		Shatabhishak Until 3:33PM		Vilamba 5120	
Until 3:33PM		Then Creative Work - Amrita Yoga		Yama 8:13AM – 9:44AM		Siddha Until 12:53PM		Moon 2 - Phase 44	
						Naga Until 7:06PM		Amavasya	
						Amavasya* Until 7:06PM		Devaloka Day	
						Ganesha: Clear		Sunrise: 6:42AM	
						Muruga: Clear		Sunset: 6:49PM	
						Nataraja: White			
						Moon – Purple			
						Magha-Masi			

Retreat Star		Thursday, March 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
Kumbha Rasi: 27.07		Tithi 1		119373367		Gulika 9:43AM – 11:14AM		Sun 15 Sutra 326	
Creative Work		Siddha Yoga		Rahu 2:16PM – 3:47PM		Purvaproshtapada* Until 6:24PM		Vilamba 5120	
Until 3:33PM		Then Creative Work - Amrita Yoga		Yama 6:41AM – 8:12AM		Sadhya Until 1:32PM		Moon 2 - Phase 44	
						Kintughna Until 8:14AM		Prathama	
						Prathama* Until 9:15PM		Devaloka Day	
						Ganesha: Yellow		Sunrise: 6:41AM	
						Muruga: Clear		Sunset: 6:49PM	
						Nataraja: White			
						Moon – Clear			
						Phalguna-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1		Friday, March 8, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Nairobi, Kenya Sun 16 Sutra 327	
Meena Rasi: 9.1	Tithi 2	Gulika	8:12AM – 9:43AM	Uttaraproshtapada Until 8:46PM	Ganesh: Yellow	<i>Sunrise:</i> 6:41AM		Vilamba 5120	
		Yama	3:47PM – 5:18PM	Subha Until 1:58PM	Muruga: Clear	<i>Sunset:</i> 6:49PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367 Rahu	11:14AM – 12:45PM	Balava Until 10:13AM	Nataraja: White			3rd Phase	
				Dvitiya Until 11:04PM	Moon – Clear				Devaloka Day
					Phalguna-Masi				

2		Saturday, March 9, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau		Nairobi, Kenya Sun 17 Sutra 328	
Meena Rasi: 21.22	Tithi 3	Gulika	6:41AM – 8:12AM	Revati Until 10:38PM	Ganesh: Yellow	<i>Sunrise:</i> 6:41AM		Vilamba 5120	
		Yama	2:16PM – 3:47PM	Sukla Until 2:07PM	Muruga: Clear	<i>Sunset:</i> 6:48PM		Moon 2 - Phase 45	
Routine Work	Prabalarishta Yoga	119373367 Rahu	9:43AM – 11:14AM	Taitila Until 11:53AM	Nataraja: White			3rd Phase	
Until 10:38PM				Tritiya Until 12:33AM Sun	Moon – Clear				Devaloka Day
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day		Phalguna-Masi				

3		Sunday, March 10, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau		Nairobi, Kenya Sun 18 Sutra 329	
Mesha Rasi: 3.43	Tithi 4	Gulika	3:46PM – 5:17PM	Ashvini Until 12:27AM Mon	Ganesh: Red	<i>Sunrise:</i> 6:41AM		Vilamba 5120	
		Yama	12:44PM – 2:15PM	Brahma Until 1:59PM	Muruga: Clear	<i>Sunset:</i> 6:48PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu	5:17PM – 6:48PM	Vanija Until 1:09PM	Nataraja: White			3rd Phase	
				Chaturthi* Until 1:38AM Mon	Moon – White				Devaloka Day
					Phalguna-Masi				

4		Monday, March 11, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava Karana Panchamyam Titau		Nairobi, Kenya Sun 19 Sutra 330	
Mesha Rasi: 16.14	Tithi 5	Gulika	2:15PM – 3:46PM	Bharani Until 2:24AM Wed Tue	Ganesh: Red	<i>Sunrise:</i> 6:41AM		Vilamba 5120	
Family Home Evening		Yama	11:13AM – 12:44PM	Indra Until 1:34PM	Muruga: Clear	<i>Sunset:</i> 6:48PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu	8:12AM – 9:42AM	Bava Until 2:01PM	Nataraja: White			3rd Phase	
				Panchami Until 2:16AM Tue	Moon – White				Devaloka Day
					Phalguna-Masi				

5		Tuesday, March 12, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Nairobi, Kenya Sun 20 Sutra 331	
Mesha Rasi: 28.58	Tithi 6	Gulika	12:44PM – 2:15PM	Bharani Until 2:24AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:40AM		Vilamba 5120	
		Yama	9:42AM – 11:13AM	Vaidhriti* Until 11:33AM Wed	Muruga: Clear	<i>Sunset:</i> 6:48PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu	3:46PM – 5:17PM	Kaulava Until 2:25PM	Nataraja: White			3rd Phase	
				Shashthi* Until 2:24AM Wed	Moon – White				Devaloka Day
					Phalguna-Masi				

6		Wednesday, March 13, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau		Nairobi, Kenya Sun 21 Sutra 332	
Vrishabha Rasi: 11.56	Tithi 7	Gulika	11:13AM – 12:44PM	Rohini Until 2:39AM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:40AM		Vilamba 5120	
		Yama	8:11AM – 9:42AM	Vishkambha* Until 11:33AM	Muruga: Clear	<i>Sunset:</i> 6:47PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367 Rahu	12:44PM – 2:15PM	Gara Until 2:17PM	Nataraja: White			3rd Phase	
Until 2:39AM Thu				Saptami Until 1:59AM Thu	Moon – Yellow				Sivaloka Day
Then Routine Work - Marana Yoga					Phalguna-Masi				

Retreat Star		Thursday, March 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau		Nairobi, Kenya Sun 22 Sutra 333	
Vrishabha Rasi: 25.11	Tithi 8	Gulika	9:42AM – 11:13AM	Mrigashira Until 2:15AM Fri	Ganesh: Purple	<i>Sunrise:</i> 6:40AM		Vilamba 5120	
		Yama	6:40AM – 8:11AM	Priti Until 9:54AM	Muruga: Clear	<i>Sunset:</i> 6:47PM		Moon 2 - Phase 45	
Routine Work	Marana Yoga	131373367 Rahu	2:14PM – 3:45PM	Visti Until 1:33PM	Nataraja: White			Ashtami	
Until 2:15AM Fri				Ashtami* Until 12:56AM Fri	Moon – Yellow				Sivaloka Day
Then Creative Work - Siddha Yoga					Phalguna-Masi				

Retreat Star		Friday, March 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Nairobi, Kenya Sun 23 Sutra 334	
Mithuna Rasi: 8.48	Tithi 9	Gulika	8:11AM – 9:41AM	Ardra Until 1:07AM Sat	Ganesh: Purple	<i>Sunrise:</i> 6:40AM		Vilamba 5120	
		Yama	3:45PM – 5:16PM	Ayushman Until 7:44AM	Muruga: Clear	<i>Sunset:</i> 6:47PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373368 Rahu	11:12AM – 12:43PM	Balava Until 12:12PM	Nataraja: Clear			Navami	
				Navami* Until 11:17PM	Moon – Yellow				Subha Sivaloka Day
		Karadaiyan Nombu (Tamil Nadu)			Phalguna-Panguni				

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Nairobi, Kenya Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 22.47	Tithi 10	Gulika 6:39AM – 8:10AM	Punarvasu Until 6:16PM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	
		Yama 2:14PM – 3:45PM	Sobhana Until 2:00AM Sun	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 2 - Phase 46
		141373368 Rahu 9:41AM – 11:12AM	Taitila Until 10:14AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:02PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Nairobi, Kenya Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 7.08	Tithi 11	Gulika 3:44PM – 5:15PM	Punarvasu Until 6:16PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	
		Yama 12:43PM – 2:13PM	Athiganda* Until 9:89PM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 2 - Phase 46
		141373368 Rahu 5:15PM – 6:46PM	Vanija Until 7:44AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:16PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 21.5	Tithi 12 – 13	Gulika 2:13PM – 3:44PM	Ashlesha* Until 7:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	
Family Home Evening		Yama 11:11AM – 12:42PM	Sukarma Until 6:40PM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 2 - Phase 46
		141373368 Rahu 8:10AM – 9:41AM	Kaulava Until 1:26AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:07PM	Moon – Blue		Sivaloka Day
Until 7:01PM		Yogaswami Mahasamadhi		Phalguna•Panguni		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 6.46	Tithi 13 – 14	Gulika 12:42PM – 2:13PM	Magha* Until 4:27PM	Ganesha: White	<i>Sunrise:</i> 6:39AM	
		Yama 9:40AM – 11:11AM	Dhriti Until 2:40PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46
		151373368 Rahu 3:44PM – 5:14PM	Gara Until 9:56PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:41AM	Moon – Red		Subha Sivaloka Day
				Phalguna•Panguni		

○ Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya Sun 28 Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 11:11AM – 12:42PM	Purvaphalguni Until 1:40PM	Ganesha: White	<i>Sunrise:</i> 6:38AM	
Simha Rasi: 21.5	Tithi 14 – 15	Yama 8:09AM – 9:40AM	Shula* Until 10:34AM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46
		151373368 Rahu 12:42PM – 2:13PM	Visti Until 6:23PM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 8:08AM	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna•Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Prathamayam Titau				Nairobi, Kenya Sun 29 Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 9:40AM – 11:11AM	Uttaraphalguni Until 10:50AM	Ganesha: White	<i>Sunrise:</i> 6:38AM	
Kanya Rasi: 6.53	Tithi 16	Yama 6:38AM – 8:09AM	Ganda* Until 6:31AM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46
		151373368 Rahu 2:12PM – 3:43PM	Balava Until 2:57PM	Nataraja: Clear		Prathama
	Amrita Yoga		Prathama* Until 1:19AM Fri	Moon – Red		Subha Sivaloka Day
Until 10:50AM				Phalguna•Panguni		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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Friday, March 22, 2019
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sutra 341

Kanya Rasi: 21.46 Tiithi 17

Gulika 8:09AM – 9:39AM
Yama 3:43PM – 5:14PM
Rahu 11:10AM – 12:41PM

Hasta Until 8:02PM Sat
Dhruva Until 11:08PM
Tailila Until 11:49AM
Dvitiya Until 10:24PM

Ganesh: Yellow *Sunrise:* 6:38AM
Muruga: White *Sunset:* 6:44PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Creative Work Amrita Yoga
Until 8:02PM Sat
Then Creative Work - Siddha Yoga

Devaloka Day

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 342

Tula Rasi: 6.19 Tiithi 18

Gulika 6:38AM – 8:08AM
Yama 2:12PM – 3:42PM
Rahu 9:39AM – 11:10AM

Hasta Until 8:02PM
Vyaghata* Until 7:63PM
Vanija Until 9:09AM
Tritiya Until 8:02PM

Ganesh: Blue *Sunrise:* 6:38AM
Muruga: White *Sunset:* 6:44PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Routine Work Marana Yoga
Until 8:02PM
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthiyam Titau

Nairobi, Kenya
Sun 2 Sutra 343

Tula Rasi: 20.28 Tiithi 19

Gulika 3:42PM – 5:13PM
Yama 12:41PM – 2:11PM
Rahu 5:13PM – 6:44PM

Vishakha Until 5:29PM Mon
Harshana Until 5:33PM
Bava Until 7:07AM
Chaturthi* Until 6:21PM

Ganesh: Red *Sunrise:* 6:37AM
Muruga: White *Sunset:* 6:44PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Routine Work Marana Yoga
Until 5:29PM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 3 Sutra 344

Vrischika Rasi: 4.09 Tiithi 20 – 21

Family Home Evening

Creative Work Siddha Yoga

Gulika 2:11PM – 3:42PM
Yama 11:09AM – 12:40PM
Rahu 8:08AM – 9:39AM

Vishakha Until 5:29PM
Vajra* Until 14:31AM Tue
Gara Until 5:24AM Tue
Panchami Until 5:29PM

Ganesh: Red *Sunrise:* 6:37AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Devaloka Day

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 4 Sutra 345

Vrischika Rasi: 17.21 Tiithi 21 – 22

Gulika 12:40PM – 2:11PM
Yama 9:38AM – 11:09AM
Rahu 3:41PM – 5:12PM

Jyeshtha* Until 5:37AM Wed
Siddhi Until 2:31PM
Visti Until 5:52AM Wed
Shashthi* Until 5:30PM

Ganesh: Red *Sunrise:* 6:37AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Routine Work Marana Yoga

Devaloka Day

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 346

Dhanus Rasi: 0.06 Tiithi 22

Gulika 11:09AM – 12:40PM
Yama 8:07AM – 9:38AM
Rahu 12:40PM – 2:10PM

Mula* Until 7:38AM Thu
Vyatipata* Until 2:02PM
Bava Until 6:24PM
Saptami Until 6:24PM

Ganesh: Green *Sunrise:* 6:37AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 47
1st Phase

Routine Work Marana Yoga
Until 7:38AM Thu
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 347

Dhanus Rasi: 12.29 Tiithi 23

Gulika 9:38AM – 11:09AM
Yama 6:36AM – 8:07AM
Rahu 2:10PM – 3:41PM

Mula* Until 7:38AM
Variyan Until 2:09PM
Balava Until 7:10AM
Ashtami* Until 8:04PM

Ganesh: Green *Sunrise:* 6:36AM
Muruga: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 47
Ashtami

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 348

Dhanus Rasi: 24.35 Tiithi 24

Gulika 8:07AM – 9:37AM
Yama 3:40PM – 5:11PM
Rahu 11:08AM – 12:39PM

Purvashadha* Until 10:10AM
Parigha* Until 2:45PM
Tailila Until 9:09AM
Navami* Until 10:19PM

Ganesh: Green *Sunrise:* 6:36AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 47
Navami

Routine Work Prabalarishta Yoga
Until 10:10AM
Then Routine Work - Marana Yoga

Devaloka Day

1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Nairobi, Kenya Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 6.29	Tithi 25	Gulika 6:36AM – 8:06AM	Uttarashadha Until 12:57PM	Ganesha: Green	<i>Sunrise:</i> 6:36AM		
		Yama 2:09PM – 3:40PM	Shiva Until 3:42PM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 48	
		182383468 Rahu 9:37AM – 11:08AM	Vanija Until 11:36AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 12:54AM Sun	Moon – Light Blue		Devaloka Day	
Until 12:57PM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Nairobi, Kenya Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 18.17	Tithi 26	Gulika 3:40PM – 5:11PM	Shravana Until 6:11AM Tue Mon	Ganesha: Orange	<i>Sunrise:</i> 6:35AM		
		Yama 12:38PM – 2:09PM	Siddha Until 4:45PM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
		192383468 Rahu 5:11PM – 6:41PM	Bava Until 2:17PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 3:36AM Mon	Moon – Purple		Sivaloka Day	
Until 6:11AM Tue Mon				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Nairobi, Kenya Sun 10 Sutra 351 Vilamba 5120
Kumbha Rasi: 0.04	Tithi 27	Gulika 2:09PM – 3:40PM	Shravana Until 6:11AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:35AM		
Family Home Evening		Yama 11:08AM – 12:38PM	Sadhya Until 18:41AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
		192483468 Rahu 8:06AM – 9:37AM	Kaulava Until 4:56PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 6:11AM Tue	Moon – Purple		Subha Sivaloka Day	
Until 6:11AM Tue				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Nairobi, Kenya Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 11.53	Tithi 27 – 28	Gulika 12:38PM – 2:09PM	Shatabhishak Until 10:10PM	Ganesha: Green	<i>Sunrise:</i> 6:35AM		
		Yama 9:37AM – 11:07AM	Subha Until 6:41PM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
		192483468 Rahu 3:40PM – 5:10PM	Gara Until 7:23PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 6:11AM	Moon – Purple		Subha Sivaloka Day	
				Phalguna•Panguni			

Pradosha Vrata (Fasting)

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Nairobi, Kenya Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 23.49	Tithi 28 – 29	Gulika 11:07AM – 12:38PM	Purvaproshtapada* Until 12:55AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:35AM		
		Yama 8:06AM – 9:36AM	Sukla Until 7:17PM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
		112483468 Rahu 12:38PM – 2:09PM	Visti Until 9:30PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 8:28AM	Moon – Clear		Sivaloka Day	
Until 12:55AM Thu				Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Nairobi, Kenya Sun 13 Sutra 354 Vilamba 5120
Retreat Star		Gulika 9:36AM – 11:07AM	Uttaraproshtapada Until 3:06AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:35AM		
Meena Rasi: 5.53	Tithi 29 – 30	Yama 6:35AM – 8:05AM	Brahma Until 7:36PM	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 48	
		112483468 Rahu 2:08PM – 3:39PM	Catuspada Until 11:11PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:22AM	Moon – Clear		Sivaloka Day	
				Phalguna•Panguni			

Friday, April 5, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Nairobi, Kenya Sun 14 Sutra 355 Vilamba 5120
Meena Rasi: 18.09	Tithi 30 – 1	Gulika 8:05AM – 9:36AM	Revati Until 4:42AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:34AM		
		Yama 3:39PM – 5:09PM	Indra Until 7:37PM	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 48	
		112483468 Rahu 11:06AM – 12:37PM	Kintughna Until 12:27AM Sat	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 11:51AM	Moon – Clear		Sivaloka Day	
		Yugadhi		Chaitra•Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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1 Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 15 Sutra 356 Vilamba 5120
Mesha Rasi: 0.35	Tithi 1 – 2	Gulika 6:34AM – 8:05AM	Ashvini Until 6:13AM Sun	Ganesha: Purple <i>Sunrise:</i> 6:34AM	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49 3rd Phase
		Yama 2:08PM – 3:38PM	Vaidhriti* Until 7:15PM	Muruga: Yellow		
		123483468 Rahu 9:36AM – 11:06AM	Balava Until 1:17AM Sun	Nataraja: Purple		
Creative Work Siddha Yoga			Prathama* Until 12:54PM	Moon – White		Devaloka Day
Until 6:13AM Sun		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Routine Work - Prabalarishta Yoga						

2 Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 13.12	Tithi 2 – 3	Gulika 3:38PM – 5:09PM	Ashvini Until 6:13AM	Ganesha: Purple <i>Sunrise:</i> 6:34AM	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49 3rd Phase
		Yama 12:37PM – 2:07PM	Vishkambha* Until 6:36PM	Muruga: Yellow		
		123483468 Rahu 5:09PM – 6:39PM	Taitila Until 1:42AM Mon	Nataraja: Purple		
Creative Work Siddha Yoga			Dvitiya Until 7:15PM	Moon – White		Devaloka Day
Until 6:13AM				Chaitra•Panguni		
Then Routine Work - Prabalarishta Yoga						

3 Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nairobi, Kenya Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 26.01	Tithi 3 – 4	Gulika 2:07PM – 3:38PM	Bharani Until 7:12AM	Ganesha: Purple <i>Sunrise:</i> 6:34AM	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49 3rd Phase
Family Home Evening		Yama 11:06AM – 12:36PM	Priti Until 5:40PM	Muruga: Yellow		
		123483468 Rahu 8:04AM – 9:35AM	Vanija Until 1:45AM Tue	Nataraja: Purple		
Creative Work Siddha Yoga			Tritiya Until 1:45PM	Moon – White		Devaloka Day
Until 7:12AM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

4 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti* Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya Sun 18 Sutra 359 Vilamba 5120
Vrisabha Rasi: 9	Tithi 4 – 5	Gulika 12:36PM – 2:07PM	Krittika Until 7:39AM	Ganesha: Purple <i>Sunrise:</i> 6:33AM	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49 3rd Phase
		Yama 9:35AM – 11:05AM	Ayushman Until 4:25PM	Muruga: Yellow		
		123483468 Rahu 3:37PM – 5:08PM	Visti Until 1:37PM	Nataraja: Purple		
Creative Work Siddha Yoga			Chaturthi* Until 1:37PM	Moon – White		Devaloka Day
Until 7:39AM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

5 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya Sun 19 Sutra 360 Vilamba 5120
Vrisabha Rasi: 22.11	Tithi 5 – 6	Gulika 11:05AM – 12:36PM	Rohini Until 8:03AM	Ganesha: Clear <i>Sunrise:</i> 6:33AM	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 3rd Phase
		Yama 8:04AM – 9:34AM	Saubhagya Until 2:53PM	Muruga: Yellow		
		123483468 Rahu 12:36PM – 2:06PM	Kaulava Until 12:44AM Thu	Nataraja: Purple		
Creative Work Siddha Yoga			Panchami Until 1:07PM	Moon – Yellow		Sivaloka Day
				Chaitra•Panguni		

6 Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 5.34	Tithi 6 – 7	Gulika 9:34AM – 11:05AM	Mrigashira Until 10:56AM Fri	Ganesha: Clear <i>Sunrise:</i> 6:33AM	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 3rd Phase
		Yama 6:33AM – 8:03AM	Sobhana Until 1:04PM	Muruga: Yellow		
		123483468 Rahu 2:06PM – 3:37PM	Gara Until 11:39PM	Nataraja: Purple		
Routine Work Marana Yoga			Shashthi* Until 12:14PM	Moon – Yellow		Sivaloka Day
				Chaitra•Panguni		

Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya Sun 21 Sutra 362 Vilamba 5120
Retreat Star		Gulika 8:03AM – 9:34AM	Mrigashira Until 10:56AM	Ganesha: Clear <i>Sunrise:</i> 6:33AM	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 Ashtami
Mithuna Rasi: 19.11	Tithi 7 – 8	Yama 3:37PM – 5:07PM	Athiganda* Until 10:53AM	Muruga: Yellow		
		123483468 Rahu 11:05AM – 12:35PM	Visti Until 10:08PM	Nataraja: Purple		
Creative Work Siddha Yoga			Saptami Until 10:56AM	Moon – Yellow		Sivaloka Day
				Chaitra•Panguni		

Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya Sun 22 Sutra 363 Vilamba 5120
Retreat Star		Gulika 6:32AM – 8:03AM	Punarvasu Until 6:29AM	Ganesha: White <i>Sunrise:</i> 6:32AM	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 Navami
Kataka Rasi: 3.02	Tithi 8 – 9	Yama 2:06PM – 3:36PM	Sukarma Until 8:23AM	Muruga: Yellow		
		123483468 Rahu 9:34AM – 11:04AM	Balava Until 8:13PM	Nataraja: Purple		
Creative Work Siddha Yoga			Ashtami* Until 9:13AM	Moon – Blue		Devaloka Day
		Sri Rama Navami		Chaitra•Panguni		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Sun 23		Sutra 364		Vikarin 5121
Kataka Rasi: 17.1	Tithi 9 – 10	Gulika 3:36PM – 5:07PM	Ashlesha* Until 3:19AM Mon	Ganesha: White <i>Sunrise:</i> 6:32AM		
		Yama 12:35PM – 2:05PM	Shula* Until 2:27AM Mon	Muruga: Yellow <i>Sunset:</i> 6:37PM	Moon 3 - Phase 1	
	143483468	Rahu 5:07PM – 6:37PM	Gara Until 4:37AM Mon	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga	Tamil New Year		Moon – Blue	Devaloka Day	
Until 3:19AM Mon		Navami* Until 7:06AM		Chaitra*Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 1		Vikarin 5121
Simha Rasi: 1.31	Tithi 11	Gulika 2:05PM – 3:36PM	Magha* Until 10:52PM Tue	Ganesha: White <i>Sunrise:</i> 6:32AM		
Family Home Evening		Yama 11:04AM – 12:34PM	Ganda* Until 11:05PM	Muruga: Yellow <i>Sunset:</i> 6:37PM	Moon 3 - Phase 1	
	253483468	Rahu 8:03AM – 9:33AM	Vanija Until 3:16PM	Nataraja: Purple	4th Phase	
Routine Work	Marana Yoga	Ekadashi Until 1:50AM Tue		Moon – Red	Devaloka Day	
Until 10:52PM Tue		Chaitra*Chaitra				
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 2		Vikarin 5121
Simha Rasi: 16.05	Tithi 12	Gulika 12:34PM – 2:05PM	Magha* Until 10:52PM	Ganesha: White <i>Sunrise:</i> 6:32AM		
		Yama 9:33AM – 11:04AM	Vriddhi Until 15:56AM Wed	Muruga: Yellow <i>Sunset:</i> 6:37PM	Moon 3 - Phase 1	
	253483468	Rahu 3:35PM – 5:06PM	Bava Until 12:23PM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga	Dvadashi Until 10:52PM		Moon – Red	Devaloka Day	
Until 10:52PM		Chaitra*Chaitra				
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 3		Vikarin 5121
Kanya Rasi: 0.47	Tithi 13	Gulika 11:03AM – 12:34PM	Uttaraphalguni Until 8:53PM	Ganesha: White <i>Sunrise:</i> 6:31AM		
		Yama 8:02AM – 9:33AM	Dhruva Until 3:56PM	Muruga: Yellow <i>Sunset:</i> 6:36PM	Moon 3 - Phase 1	
	253483468	Rahu 12:34PM – 2:05PM	Kaulava Until 9:22AM	Nataraja: Purple	4th Phase	
Creative Work	Amrita Yoga	Trayodashi Until 7:50PM		Moon – Red	Devaloka Day	
Until 8:53PM		Chaitra*Chaitra				
Then Routine Work - Marana Yoga		<i>Pradosha Vrata</i>				

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 4		Vikarin 5121
Kanya Rasi: 15.29	Tithi 14 – 15	Gulika 9:32AM – 11:03AM	Hasta Until 6:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:31AM		
		Yama 6:31AM – 8:02AM	Vyaghata* Until 12:22PM	Muruga: Yellow <i>Sunset:</i> 6:36PM	Moon 3 - Phase 1	
	263483468	Rahu 2:04PM – 3:35PM	Gara Until 6:22AM	Nataraja: Purple	4th Phase	
Routine Work	Marana Yoga	Chaturdashi* Until 4:53PM		Moon – Green	Sivaloka Day	
Until 6:51PM		Chaitra*Chaitra				
Then Creative Work - Siddha Yoga						

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
Copper Retreat Star		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 27		Sutra 4
Tula Rasi: 0.05	Tithi 15 – 16	Gulika 8:02AM – 9:32AM	Chitra Until 4:56PM	Ganesha: Yellow <i>Sunrise:</i> 6:31AM	Vikarin 5121	
		Yama 3:35PM – 5:05PM	Harshana Until 8:59AM	Muruga: Yellow <i>Sunset:</i> 6:36PM	Moon 3 - Phase 1	
	263483468	Rahu 11:03AM – 12:33PM	Balava Until 12:57AM Sat	Nataraja: Purple	Purnima	
Creative Work	Siddha Yoga	Purnima* Until 2:09PM		Moon – Green	Sivaloka Day	
		Chaitra*Chaitra				
		Chitra Purnima (Tamil Nadu) Hanuman Jayanti				

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
Silver Retreat Star		Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 28		Sutra 6
Tula Rasi: 14.26	Tithi 16 – 17	Gulika 6:31AM – 8:01AM	Svati Until 3:17PM	Ganesha: Red <i>Sunrise:</i> 6:31AM	Vikarin 5121	
		Yama 2:04PM – 3:34PM	Siddhi Until 3:09AM Sun	Muruga: Yellow <i>Sunset:</i> 6:36PM	Moon 3 - Phase 1	
	264483468	Rahu 9:32AM – 11:03AM	Taitila Until 10:51PM	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga	Prathama* Until 11:49AM		Moon – Green	Sivaloka Day	
		Chaitra*Chaitra				