



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Muscat, Oman

Tula Rasi: 28.54 Tihti 17

273832369

Gulika 12:04PM – 1:41PM
Yama 8:49AM – 10:26AM
Rahu 3:19PM – 4:57PM

Vishakha Until 2:23PM
Vyatipata* Until 8:06AM
Taitila Until 5:40PM

Ganesh: Purple *Sunrise:* 5:34AM
Muruga: White *Sunset:* 6:34PM
Nataraja: Purple

Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga

Until 2:23PM

Then Creative Work - Siddha Yoga

Moon – Orange
Vaisaka-Chaitra **Bhuloka Day**

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Vrischika Rasi: 11.27 Tihti 17 – 18

273832369

Gulika 10:26AM – 12:04PM
Yama 7:11AM – 8:48AM
Rahu 12:04PM – 1:42PM

Anuradha Until 4:05PM
Variyan Until 7:48AM
Vanija Until 6:49PM

Ganesh: Purple *Sunrise:* 5:33AM
Muruga: White *Sunset:* 6:35PM
Nataraja: Purple

Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Dvitiya Until 6:09AM

Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Muscat, Oman

Vrischika Rasi: 23.46 Tihti 18 – 19

274832369

Gulika 8:48AM – 10:26AM
Yama 5:32AM – 7:10AM
Rahu 1:42PM – 3:19PM

Jyeshtha* Until 6:08PM
Parigha* Until 7:56AM
Bava Until 8:30PM

Ganesh: Clear *Sunrise:* 5:32AM
Muruga: White *Sunset:* 6:35PM
Nataraja: Purple

Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga

Until 6:08PM

Then Creative Work - Siddha Yoga

Moon – Orange
Vaisaka-Chaitra **Bhuloka Day**
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Dhanus Rasi: 5.52 Tihti 19 – 20

284832369

Gulika 7:10AM – 8:48AM
Yama 3:20PM – 4:58PM
Rahu 10:26AM – 12:04PM

Mula* Until 8:59PM
Shiva Until 8:28AM
Kaulava Until 10:39PM

Ganesh: White *Sunrise:* 5:31AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple

Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 8:59PM

Then Routine Work - Prabalarishta Yoga

Chaturthi* Until 9:30AM

Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman

Dhanus Rasi: 17.47 Tihti 20 – 21

284832369

Gulika 5:31AM – 7:09AM
Yama 1:42PM – 3:20PM
Rahu 8:47AM – 10:25AM

Purvashadha* Until 11:59PM
Siddha Until 9:17AM
Gara Until 1:07AM Sun

Ganesh: White *Sunrise:* 5:31AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple

Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Until 11:59PM

Then Routine Work - Marana Yoga

Panchami Until 11:50AM

Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Dhanus Rasi: 29.37 Tihti 21 – 22

284832369

Gulika 3:20PM – 4:58PM
Yama 12:03PM – 1:42PM
Rahu 4:58PM – 6:37PM

Uttarashadha Until 2:55AM Mon
Sadhya Until 10:18AM
Visti Until 3:42AM Mon

Ganesh: White *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Purple

Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Shashthi* Until 2:23PM

Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Makara Rasi: 11.25 Tihti 22 – 23

294832369

Gulika 1:42PM – 3:20PM
Yama 10:25AM – 12:03PM
Rahu 7:08AM – 8:46AM

Shravana Until 6:04AM Tue
Subha Until 11:22AM
Balava Until 6:08AM Tue

Ganesh: Yellow *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Purple

Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 6:04AM Tue

Then Creative Work - Siddha Yoga

Saptami Until 4:56PM

Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Retreat Star

Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Makara Rasi: 23.17 Tihti 23

294832369

Gulika 12:03PM – 1:42PM
Yama 8:46AM – 10:25AM
Rahu 3:20PM – 4:59PM

Shravana Until 6:04AM
Sukla Until 12:14PM
Balava Until 7:07AM Wed

Ganesh: Yellow *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Purple

Moon 4 - Phase 3
Ashtami

Creative Work Siddha Yoga

Chidambaram Abhishekam

Ashtami* Until 11:22AM

Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Kumbha Rasi: 5.19 Tihti 24

294832369

Gulika 10:24AM – 12:03PM
Yama 7:07AM – 8:46AM
Rahu 12:03PM – 1:42PM

Dhanishtha Until 8:40AM
Brahma Until 12:46PM
Taitila Until 8:10AM

Ganesh: Yellow *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:38PM
Nataraja: Purple

Moon 4 - Phase 3
Navami

Routine Work Prabalarishta Yoga

Until 8:40AM

Then Creative Work - Siddha Yoga

Navami* Until 8:57PM

Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1

Thursday, May 10, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau

Muscat, Oman

Kumbha Rasi: 17.34 Tithi 25

Gulika 8:45AM – 10:24AM

Shatabhishak Until 10:30AM

Ganesha: Yellow

Sunrise: 5:28AM

Sun 9 Sutra 25

Vilamba 5120

Yama 5:28AM – 7:07AM

Indra Until 12:49PM

Muruga: White

Sunset: 6:38PM

Moon 4 - Phase 4

294832369 Rahu 1:42PM – 3:21PM

Vanija Until 9:35AM

Nataraja: Purple

Moon – Purple

2nd Phase

Creative Work Siddha Yoga

Dashami Until 10:00PM

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

2

Friday, May 11, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau

Muscat, Oman

Meena Rasi: 0.1 Tithi 26

Gulika 7:06AM – 8:45AM

Purvaproshtapada* Until 11:55AM

Ganesha: Yellow

Sunrise: 5:27AM

Sun 10 Sutra 26

Vilamba 5120

Yama 3:21PM – 5:00PM

Vaidhriti* Until 12:14PM

Muruga: White

Sunset: 6:39PM

Moon 4 - Phase 4

214832369 Rahu 10:24AM – 12:03PM

Bava Until 10:14AM

Nataraja: Purple

Moon – Clear

2nd Phase

Creative Work Siddha Yoga

Ekadashi* Until 10:14PM

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Saturday, May 12, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau

Muscat, Oman

Meena Rasi: 13.08 Tithi 27

Gulika 5:27AM – 7:06AM

Uttaraproshtapada Until 12:22PM

Ganesha: Blue

Sunrise: 5:27AM

Sun 11 Sutra 27

Vilamba 5120

Yama 1:42PM – 3:21PM

Vishkambha* Until 11:01AM

Muruga: White

Sunset: 6:39PM

Moon 4 - Phase 4

214932369 Rahu 8:45AM – 10:24AM

Kaulava Until 10:03AM

Nataraja: Purple

Moon – Clear

2nd Phase

Creative Work Siddha Yoga

Dvadashi* Until 9:39PM

Vaisaka-Chaitra

Bhuloka Day

Until 12:22PM

Then Routine Work - Prabalarishta Yoga

4

Sunday, May 13, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara Karana Trayodashyam Titau

Muscat, Oman

Meena Rasi: 26.33 Tithi 28

Gulika 3:21PM – 5:01PM

Revati Until 11:53AM

Ganesha: Blue

Sunrise: 5:26AM

Sun 12 Sutra 28

Vilamba 5120

Yama 12:03PM – 1:42PM

Priti Until 9:10AM

Muruga: White

Sunset: 6:40PM

Moon 4 - Phase 4

214932369 Rahu 5:01PM – 6:40PM

Gara Until 9:05AM

Nataraja: Purple

Moon – Clear

2nd Phase

Creative Work Amrita Yoga

Mother's Day

Trayodashi* Until 8:18PM

Vaisaka-Chaitra

Bhuloka Day

Until 11:53AM

Then Creative Work - Siddha Yoga

Pradosha Vrata (Fasting)

5

Monday, May 14, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Muscat, Oman

Mesha Rasi: 10.23 Tithi 29

Gulika 1:42PM – 3:22PM

Ashvini Until 11:01AM

Ganesha: Blue

Sunrise: 5:26AM

Sun 13 Sutra 29

Vilamba 5120

Yama 10:24AM – 12:03PM

Ayushman Until 6:45AM

Muruga: White

Sunset: 6:40PM

Moon 4 - Phase 4

Family Home Evening 224932369 Rahu 7:05AM – 8:44AM

Visti Until 7:24AM

Nataraja: Purple

Moon – White

2nd Phase

Creative Work Siddha Yoga

Chaturdashi* Until 6:20PM

Vaisaka-Chaitra

Bhuloka Day

●

Tuesday, May 15, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau

Muscat, Oman

Mesha Rasi: 24.35 Tithi 30 – 1

Gulika 12:03PM – 1:42PM

Bharani Until 9:28AM

Ganesha: Blue

Sunrise: 5:25AM

Sun 14 Sutra 30

Vilamba 5120

Yama 8:44AM – 10:24AM

Sobhana Until 12:37AM Wed

Muruga: White

Sunset: 6:41PM

Moon 4 - Phase 4

224932369 Rahu 3:22PM – 5:01PM

Kintughna Until 2:29AM Wed

Nataraja: Purple

Moon – White

Amavasya

Creative Work Siddha Yoga

Amavasya* Until 3:51PM

Vaisaka-Vaikasi

Bhuloka Day

Wednesday, May 16, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Vrishabha Rasi: 9.04 Tithi 1 – 2

Gulika 10:24AM – 12:03PM

Krittika Until 7:22AM

Ganesha: Red

Sunrise: 5:25AM

Sun 15 Sutra 31

Vilamba 5120

Yama 7:04AM – 8:44AM

Athiganda* Until 9:08PM

Muruga: White

Sunset: 6:41PM

Moon 4 - Phase 4

225932369 Rahu 12:03PM – 1:43PM

Balava Until 11:33PM

Nataraja: Purple

Moon – White

Prathama

Creative Work Amrita Yoga

Prathama* Until 1:01PM

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Until 7:22AM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to12:PM

1		Thursday, May 17, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Muscat, Oman	
Vrishabha Rasi: 23.44 Tithi 2 - 3		Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 32	
235932369		Gulika 8:44AM - 10:23AM	Mrigashira Until 3:05AM Fri	Ganesh: Yellow <i>Sunrise:</i> 5:24AM	Vilamba 5120		
Routine Work Marana Yoga		Yama 5:24AM - 7:04AM	Sukarma Until 5:34PM	Muruga: White <i>Sunset:</i> 6:42PM	Moon 4 - Phase 5		
Until 3:05AM Fri		Rahu 1:43PM - 3:22PM	Taitila Until 8:30PM	Nataraja: Purple	3rd Phase		
Then Creative Work - Siddha Yoga		Dvitiya Until 10:01AM			Bhuloka Day		
		Moon - Yellow			Devaloka Time: 9:AM to 12:PM		

2		Friday, May 18, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Muscat, Oman	
Mithuna Rasi: 8.26 Tithi 3 - 4		Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Gara/Visti* Karana Tritiya/Chaturthiyam Titau		Sun 17		Sutra 33	
235932369		Gulika 7:04AM - 8:44AM	Ardra Until 12:46AM Sat	Ganesh: Yellow <i>Sunrise:</i> 5:24AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 3:23PM - 5:02PM	Dhriti Until 2:00PM	Muruga: White <i>Sunset:</i> 6:42PM	Moon 4 - Phase 5		
		Rahu 10:23AM - 12:03PM	Visti Until 4:00AM Sat	Nataraja: Purple	3rd Phase		
		Tritiya Until 6:58AM			Bhuloka Day		
		Moon - Yellow			Devaloka Time: 9:AM to 12:PM		

3		Saturday, May 19, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Muscat, Oman	
Mithuna Rasi: 23.05 Tithi 5		Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 18		Sutra 34	
245932369		Gulika 5:24AM - 7:03AM	Punarvasu Until 10:55PM	Ganesh: White <i>Sunrise:</i> 5:24AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 1:43PM - 3:23PM	Shula* Until 10:32AM	Muruga: White <i>Sunset:</i> 6:43PM	Moon 4 - Phase 5		
		Rahu 8:43AM - 10:23AM	Bava Until 2:37PM	Nataraja: Purple	3rd Phase		
		Panchami Until 1:15AM Sun			Devaloka Day		
		Moon - Blue			Jyeshtha Adhika-Vaikasi		

4		Sunday, May 20, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Muscat, Oman	
Kataka Rasi: 7.35 Tithi 6		Pushya Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthiyam Titau		Sun 19		Sutra 35	
245932369		Gulika 3:23PM - 5:03PM	Pushya Until 9:13PM	Ganesh: White <i>Sunrise:</i> 5:23AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 12:03PM - 1:43PM	Ganda* Until 7:16AM	Muruga: White <i>Sunset:</i> 6:43PM	Moon 4 - Phase 5		
		Rahu 5:03PM - 6:43PM	Kaulava Until 12:00PM	Nataraja: Purple	3rd Phase		
		Shashthi* Until 10:48PM			Devaloka Day		
		Moon - Blue			Jyeshtha Adhika-Vaikasi		

5		Monday, May 21, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Muscat, Oman	
Kataka Rasi: 21.51 Tithi 7		Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 36	
245932369		Gulika 1:43PM - 3:23PM	Ashlesha* Until 7:44PM	Ganesh: White <i>Sunrise:</i> 5:23AM	Vilamba 5120		
Family Home Evening		Yama 10:23AM - 12:03PM	Dhruva Until 1:35AM Tue	Muruga: White <i>Sunset:</i> 6:44PM	Moon 4 - Phase 5		
Creative Work Siddha Yoga		Rahu 7:03AM - 8:43AM	Gara Until 9:43AM	Nataraja: Purple	3rd Phase		
Until 7:44PM		Saptami Until 8:42PM			Devaloka Day		
Then Routine Work - Marana Yoga		Moon - Blue			Jyeshtha Adhika-Vaikasi		

Retreat Star		Tuesday, May 22, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Muscat, Oman	
Simha Rasi: 5.52 Tithi 8		Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 37	
255932369		Gulika 12:03PM - 1:44PM	Magha* Until 6:55PM	Ganesh: Clear <i>Sunrise:</i> 5:22AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 8:43AM - 10:23AM	Vyaghata* Until 11:13PM	Muruga: White <i>Sunset:</i> 6:44PM	Moon 4 - Phase 5		
		Rahu 3:24PM - 5:04PM	Visti Until 7:49AM	Nataraja: Purple	Ashtami		
		Ashtami* Until 7:00PM			Bhuloka Day		
		Moon - Red			Devaloka Time: 9:AM to 12:PM		

Retreat Star		Wednesday, May 23, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Muscat, Oman	
Simha Rasi: 19.39 Tithi 9 - 10		Purvaphalguni Nakshatra Harshana Yoga Balava/Taitila Karana Navami/Dashamyam Titau		Sun 22		Sutra 38	
255932369		Gulika 10:23AM - 12:03PM	Purvaphalguni Until 6:23PM	Ganesh: Clear <i>Sunrise:</i> 5:22AM	Vilamba 5120		
Creative Work Amrita Yoga		Yama 7:02AM - 8:43AM	Harshana Until 9:12PM	Muruga: White <i>Sunset:</i> 6:45PM	Moon 4 - Phase 5		
		Rahu 12:03PM - 1:44PM	Balava Until 4:73AM Thu	Nataraja: Purple	Navami		
		Navami* Until 11:13PM			Bhuloka Day		
		Moon - Red			Devaloka Time: 9:AM to 12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Muscat, Oman Sun 23 Sutra 39
Kanya Rasi: 3.11	Tithi 10 – 11	Gulika 8:43AM – 10:23AM	Uttaraphalguni Until 6:05PM	Ganesh: Clear	<i>Sunrise:</i> 5:22AM	Vilamba 5120
		Yama 5:22AM – 7:02AM	Vajra* Until 7:28PM	Muruga: White	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 6
	Amrita Yoga	255932369 Rahu 1:44PM – 3:24PM	Vanija Until 4:31AM Fri	Nataraja: Purple		4th Phase
Until 6:05PM			Dashami Until 4:48PM	Moon – Red		Bhuloka Day
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 24 Sutra 40
Kanya Rasi: 16.29	Tithi 11 – 12	Gulika 7:02AM – 8:43AM	Hasta Until 6:28PM	Ganesh: Clear	<i>Sunrise:</i> 5:22AM	Vilamba 5120
		Yama 3:25PM – 5:05PM	Siddhi Until 6:04PM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 6
	Amrita Yoga	266932369 Rahu 10:23AM – 12:04PM	Bava Until 4:12AM Sat	Nataraja: Purple		4th Phase
Creative Work			Bava Until 4:12AM Sat	Moon – Green		Bhuloka Day
Until 6:28PM			Ekadashi Until 4:18PM	Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 25 Sutra 41
Kanya Rasi: 29.36	Tithi 12 – 13	Gulika 5:21AM – 7:02AM	Chitra Until 7:05PM	Ganesh: Purple	<i>Sunrise:</i> 5:21AM	Vilamba 5120
		Yama 1:44PM – 3:25PM	Vyatipata* Until 4:59PM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 6
	Marana Yoga	366932369 Rahu 8:42AM – 10:23AM	Kaulava Until 4:17AM Sun	Nataraja: Purple		4th Phase
Routine Work			Dvadashi Until 4:11PM	Moon – Green		Bhuloka Day
Until 7:05PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 26 Sutra 42
Tula Rasi: 12.3	Tithi 13 – 14	Gulika 3:25PM – 5:06PM	Svati Until 7:56PM	Ganesh: Purple	<i>Sunrise:</i> 5:21AM	Vilamba 5120
		Yama 12:04PM – 1:44PM	Variyan Until 4:11PM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 6
	Siddha Yoga	366932369 Rahu 5:06PM – 6:46PM	Gara Until 4:46AM Mon	Nataraja: Purple		4th Phase
Creative Work			Trayodashi Until 4:27PM	Moon – Green		Bhuloka Day
Until 7:56PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sun 27 Sutra 43
Tula Rasi: 25.13	Tithi 14 – 15	Gulika 1:45PM – 3:25PM	Vishakha Until 9:30PM	Ganesh: Clear	<i>Sunrise:</i> 5:21AM	Vilamba 5120
Family Home Evening		Yama 10:23AM – 12:04PM	Parigha* Until 3:44PM	Muruga: White	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 7:02AM – 8:42AM	Visti Until 5:41AM Tue	Nataraja: Purple		4th Phase
Routine Work			Chaturdashi* Until 5:09PM	Moon – Orange		Bhuloka Day
Until 9:30PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava Karana Purnimayam Titau				Muscat, Oman Sutra 44
Copper Retreat Star		Gulika 12:04PM – 1:45PM	Anuradha Until 11:22PM	Ganesh: Clear	<i>Sunrise:</i> 5:21AM	Vilamba 5120
Vrischika Rasi: 7.44	Tithi 15	Yama 8:42AM – 10:23AM	Shiva Until 3:39PM	Muruga: White	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 3:26PM – 5:07PM	Bava Until 6:17PM	Nataraja: Purple		Purnima
Creative Work			Purnima* Until 6:17PM	Moon – Orange		Bhuloka Day
Until 11:22PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman Sutra 45
Silver Retreat Star		Gulika 10:23AM – 12:04PM	Jyeshtha* Until 1:29AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:20AM	Vilamba 5120
Vrischika Rasi: 20.02	Tithi 16	Yama 7:01AM – 8:42AM	Siddha Until 3:53PM	Muruga: White	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 12:04PM – 1:45PM	Balava Until 7:03AM	Nataraja: Purple		Prathama
Creative Work			Prathama* Until 7:52PM	Moon – Orange		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 2.11 Tithi 17

Gulika 8:42AM - 10:23AM
Yama 5:20AM - 7:01AM
Rahu 1:45PM - 3:26PM

Mula* Until 4:19AM Fri
Sadhya Until 4:27PM
Tailila Until 8:51AM
Dvitiya Until 9:53PM

Ganesh: White Sunrise: 5:20AM
Muruga: White Sunset: 6:48PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga

Until 4:19AM Fri

Then Routine Work - Prabalarishta Yoga

1

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija Karana Tritiyayam Titau

Muscat, Oman

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 14.1 Tithi 18

Gulika 7:01AM - 8:42AM
Yama 3:27PM - 5:08PM
Rahu 10:23AM - 12:04PM

Purvashadha* Until 7:17AM Sat
Subha Until 5:18PM
Vanija Until 11:02AM
Tritiya Until 12:13AM Sat

Ganesh: Yellow Sunrise: 5:20AM
Muruga: White Sunset: 6:49PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 7:17AM Sat

Then Routine Work - Marana Yoga

2

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 26.01 Tithi 19

Gulika 5:20AM - 7:01AM
Yama 1:46PM - 3:27PM
Rahu 8:42AM - 10:23AM

Purvashadha* Until 7:17AM
Sukla Until 6:20PM
Bava Until 1:30PM
Chaturthi* Until 2:47AM Sun

Ganesh: Yellow Sunrise: 5:20AM
Muruga: White Sunset: 6:49PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 7:17AM

Then Routine Work - Marana Yoga

3

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Tailila Karana Panchamyam Titau

Muscat, Oman

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 7.49 Tithi 20

Gulika 3:27PM - 5:08PM
Yama 12:05PM - 1:46PM
Rahu 5:08PM - 6:50PM

Uttarashadha Until 10:15AM
Brahma Until 7:27PM
Kaulava Until 4:06PM
Panchami Until 5:22AM Mon

Ganesh: Yellow Sunrise: 5:20AM
Muruga: White Sunset: 6:50PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

4

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara Karana Shashthyam Titau

Muscat, Oman

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 19.37 Tithi 21

Gulika 1:46PM - 3:27PM
Yama 10:24AM - 12:05PM
Rahu 7:01AM - 8:42AM

Shravana Until 1:32PM
Indra Until 8:30PM
Gara Until 6:37PM
Shashthi* Until 7:46AM Tue

Ganesh: Blue Sunrise: 5:20AM
Muruga: White Sunset: 6:50PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 1:32PM

Then Creative Work - Siddha Yoga

5

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 1.28 Tithi 21 - 22

Gulika 12:05PM - 1:46PM
Yama 8:42AM - 10:24AM
Rahu 3:28PM - 5:09PM

Dhanishtha Until 4:25PM
Vaidhriti* Until 9:17PM
Visti Until 8:51PM
Shashthi* Until 7:46AM

Ganesh: Purple Sunrise: 5:20AM
Muruga: White Sunset: 6:50PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 4:25PM

Then Routine Work - Marana Yoga

D

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 13.29 Tithi 22 - 23

Gulika 10:24AM - 12:05PM
Yama 7:01AM - 8:42AM
Rahu 12:05PM - 1:47PM

Shatabhishak Until 6:39PM
Vishkambha* Until 9:41PM
Balava Until 10:33PM
Saptami Until 9:45AM

Ganesh: Purple Sunrise: 5:20AM
Muruga: White Sunset: 6:51PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 6:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Kumbha Rasi: 25.44 Tithi 23 - 24

Gulika 8:43AM - 10:24AM
Yama 5:20AM - 7:01AM
Rahu 1:47PM - 3:28PM

Purvaproshtapada* Until 8:33PM
Priti Until 9:33PM
Tailila Until 11:33PM
Ashtami* Until 11:08AM

Ganesh: Blue Sunrise: 5:20AM
Muruga: White Sunset: 6:51PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Muscat, Oman
		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54
Meena Rasi: 8.19	Tithi 24 – 25	Gulika 7:01AM – 8:43AM	Uttaraproshtapada Until 9:31PM	Ganesha: Red <i>Sunrise:</i> 5:20AM	Vilamba 5120	
		Yama 3:29PM – 5:10PM	Ayushman Until 8:45PM	Muruga: White <i>Sunset:</i> 6:52PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	318132361 Rahu 10:24AM – 12:06PM	Vanija Until 11:44PM	Nataraja: White	2nd Phase	
			Navami* Until 11:44AM	Moon – Clear	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Muscat, Oman
		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
Meena Rasi: 21.17	Tithi 25 – 26	Gulika 5:20AM – 7:01AM	Revati Until 9:29PM	Ganesha: Red <i>Sunrise:</i> 5:20AM	Vilamba 5120	
		Yama 1:47PM – 3:29PM	Saubhagya Until 7:18PM	Muruga: White <i>Sunset:</i> 6:52PM	Moon 5 - Phase 8	
Routine Work	Prabalarishta Yoga	318132361 Rahu 8:43AM – 10:24AM	Bava Until 11:04PM	Nataraja: White	2nd Phase	
Until 9:29PM			Dashami Until 11:29AM	Moon – Clear	Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
		Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
Mesha Rasi: 4.43	Tithi 26 – 27	Gulika 3:29PM – 5:11PM	Ashvini Until 8:58PM	Ganesha: Green <i>Sunrise:</i> 5:20AM	Vilamba 5120	
		Yama 12:06PM – 1:48PM	Sobhana Until 5:13PM	Muruga: White <i>Sunset:</i> 6:52PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 5:11PM – 6:52PM	Kaulava Until 9:36PM	Nataraja: White	2nd Phase	
Until 8:58PM			Ekadashi* Until 10:25AM	Moon – White	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Jyeshtha Adhika-Vaikasi		

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Muscat, Oman
		Bharani Nakshatra Athiganda*/Sukarma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57
Mesha Rasi: 18.36	Tithi 27 – 28	Gulika 1:48PM – 3:29PM	Bharani Until 7:35PM	Ganesha: Green <i>Sunrise:</i> 5:20AM	Vilamba 5120	
Family Home Evening		Yama 10:25AM – 12:06PM	Athiganda* Until 2:30PM	Muruga: White <i>Sunset:</i> 6:53PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 7:01AM – 8:43AM	Gara Until 7:25PM	Nataraja: White	2nd Phase	
Until 7:35PM			Dvadashi* Until 8:34AM	Moon – White	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Muscat, Oman
		Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 58
Vrishabha Rasi: 2.55	Tithi 28 – 29	Gulika 12:06PM – 1:48PM	Krittika Until 5:29PM	Ganesha: Green <i>Sunrise:</i> 5:20AM	Vilamba 5120	
		Yama 8:43AM – 10:25AM	Sukarma Until 11:18AM	Muruga: White <i>Sunset:</i> 6:53PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 3:30PM – 5:11PM	Sakuni Until 3:06AM Wed	Nataraja: White	2nd Phase	
Until 5:29PM			Trayodashi* Until 6:05AM	Moon – White	Bhuloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha Adhika-Vaikasi		

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Muscat, Oman
Retreat Star		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59
Vrishabha Rasi: 17.36	Tithi 30	Gulika 10:25AM – 12:07PM	Rohini Until 8:16PM Thu	Ganesha: White <i>Sunrise:</i> 5:20AM	Vilamba 5120	
		Yama 7:01AM – 8:43AM	Dhriti Until 7:43AM	Muruga: White <i>Sunset:</i> 6:53PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	338132361 Rahu 12:07PM – 1:48PM	Catuspada Until 1:30PM	Nataraja: White	Amavasya	
			Amavasya* Until 11:47PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Muscat, Oman
Retreat Star		Rohini/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60
Mithuna Rasi: 2.31	Tithi 1	Gulika 8:43AM – 10:25AM	Rohini Until 8:16PM	Ganesha: Clear <i>Sunrise:</i> 5:20AM	Vilamba 5120	
		Yama 5:20AM – 7:02AM	Ganda* Until 11:53PM	Muruga: White <i>Sunset:</i> 6:54PM	Moon 5 - Phase 8	
Routine Work	Marana Yoga	339132361 Rahu 1:48PM – 3:30PM	Kintughna Until 10:03AM	Nataraja: White	Prathama	
			Prathama* Until 8:16PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM	

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Muscat, Oman
Mithuna Rasi: 17.32	Tithi 2 - 3	Gulika 7:02AM - 8:43AM	Ardra Until 9:46AM	Ganesh: Clear	<i>Sunrise:</i> 5:20AM	Sun 16 Sutra 61
		Yama 3:30PM - 5:12PM	Vridhhi Until 7:56PM	Muruga: White	<i>Sunset:</i> 6:54PM	Vilamba 5120
339132361	Rahu 10:25AM - 12:07PM		Balava Until 6:31AM	Nataraja: White		Moon 5 - Phase 9
Creative Work	Siddha Yoga		Dvitiya Until 4:44PM	Moon - Yellow		3rd Phase
				Jyeshtha-Ani		Bhuloka Day
						Devaloka Time: 9:AM to 12:PM

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Muscat, Oman
Kataka Rasi: 2.32	Tithi 3 - 4	Gulika 5:20AM - 7:02AM	Punarvasu Until 7:16AM	Ganesh: Orange	<i>Sunrise:</i> 5:20AM	Sun 17 Sutra 62
		Yama 1:49PM - 3:31PM	Dhruva Until 4:05PM	Muruga: White	<i>Sunset:</i> 6:54PM	Vilamba 5120
349132361	Rahu 8:44AM - 10:25AM		Vanija Until 11:44PM	Nataraja: White		Moon 5 - Phase 9
Creative Work	Siddha Yoga		Tritiya Until 1:20PM	Moon - Blue		3rd Phase
				Jyeshtha-Ani		Bhuloka Day
						Devaloka Time: 9:AM to 12:PM

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Muscat, Oman
Kataka Rasi: 17.21	Tithi 4 - 5	Gulika 3:31PM - 5:13PM	Ashlesha* Until 2:40AM Mon	Ganesh: Orange	<i>Sunrise:</i> 5:20AM	Sun 18 Sutra 63
		Yama 12:07PM - 1:49PM	Vyaghata* Until 12:28PM	Muruga: White	<i>Sunset:</i> 6:55PM	Vilamba 5120
349132361	Rahu 5:13PM - 6:55PM		Bava Until 8:46PM	Nataraja: White		Moon 5 - Phase 9
Creative Work	Siddha Yoga		Chaturthi* Until 10:11AM	Moon - Blue		3rd Phase
Until 2:40AM Mon		Father's Day		Jyeshtha-Ani		Bhuloka Day
Then Routine Work - Marana Yoga						Devaloka Time: 9:AM to 12:PM

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Muscat, Oman
Simha Rasi: 1.54	Tithi 5 - 6	Gulika 1:49PM - 3:31PM	Magha* Until 1:14AM Tue	Ganesh: Green	<i>Sunrise:</i> 5:20AM	Sun 19 Sutra 64
Family Home Evening		Yama 10:26AM - 12:08PM	Harshana Until 9:13AM	Muruga: White	<i>Sunset:</i> 6:55PM	Vilamba 5120
359132361	Rahu 7:02AM - 8:44AM		Kaulava Until 6:15PM	Nataraja: White		Moon 5 - Phase 9
Routine Work	Marana Yoga		Panchami Until 7:26AM	Moon - Red		3rd Phase
Until 1:14AM Tue				Jyeshtha-Ani		Devaloka Day
Then Creative Work - Siddha Yoga						

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman
Simha Rasi: 16.07	Tithi 7	Gulika 12:08PM - 1:50PM	Purvaphalguni Until 12:12AM Wed	Ganesh: Green	<i>Sunrise:</i> 5:21AM	Sun 20 Sutra 65
		Yama 8:44AM - 10:26AM	Vajra* Until 6:20AM	Muruga: White	<i>Sunset:</i> 6:55PM	Vilamba 5120
359132361	Rahu 3:31PM - 5:13PM		Gara Until 4:15PM	Nataraja: White		Moon 5 - Phase 9
Creative Work	Siddha Yoga		Saptami Until 3:27AM Wed	Moon - Red		3rd Phase
Until 12:12AM Wed				Jyeshtha-Ani		Devaloka Day
Then Creative Work - Amrita Yoga						

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman
Retreat Star		Gulika 10:26AM - 12:08PM	Uttaraphalguni Until 11:36PM	Ganesh: Green	<i>Sunrise:</i> 5:21AM	Sun 21 Sutra 66
Simha Rasi: 29.58	Tithi 8	Yama 7:03AM - 8:44AM	Vyatipata* Until 2:01AM Thu	Muruga: White	<i>Sunset:</i> 6:55PM	Vilamba 5120
359132361	Rahu 12:08PM - 1:50PM		Visti Until 2:49PM	Nataraja: White		Moon 5 - Phase 9
Creative Work	Amrita Yoga		Ashtami* Until 2:19AM Thu	Moon - Red		Ashtami
Until 11:36PM		Chidambaram Abhishekam		Jyeshtha-Ani		Devaloka Day
Then Routine Work - Marana Yoga						

Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Muscat, Oman
Retreat Star		Gulika 8:45AM - 10:26AM	Hasta Until 11:54PM	Ganesh: Red	<i>Sunrise:</i> 5:21AM	Sun 22 Sutra 67
Kanya Rasi: 13.28	Tithi 9	Yama 5:21AM - 7:03AM	Variyan Until 12:33AM Fri	Muruga: White	<i>Sunset:</i> 6:56PM	Vilamba 5120
369132361	Rahu 1:50PM - 3:32PM		Balava Until 2:00PM	Nataraja: White		Moon 5 - Phase 9
Routine Work	Marana Yoga		Navami* Until 1:47AM Fri	Moon - Green		Navami
Until 11:54PM				Jyeshtha-Ani		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to 12:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau				Muscat, Oman Sun 23 Sutra 68 Vilamba 5120
Kanya Rasi: 26.39	Tithi 10	Gulika 7:03AM – 8:45AM	Chitra Until 12:35AM Sat	Ganesh: Green <i>Sunrise:</i> 5:21AM	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 10 4th Phase
		Yama 3:32PM – 5:14PM	Parigha* Until 11:32PM	Muruga: White		
Creative Work	Siddha Yoga	361132361 Rahu 10:27AM – 12:08PM	Tailila Until 1:45PM	Nataraja: White		
			Dashami Until 1:49AM Sat	Moon – Green		Bhuloka Day
				Jyeshtha-Ani		

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Muscat, Oman Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 9.32	Tithi 11	Gulika 5:21AM – 7:03AM	Svati Until 1:38AM Sun	Ganesh: Green <i>Sunrise:</i> 5:21AM	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 10 4th Phase
		Yama 1:50PM – 3:32PM	Shiva Until 10:58PM	Muruga: White		
Creative Work	Siddha Yoga	361132361 Rahu 8:45AM – 10:27AM	Vanija Until 2:03PM	Nataraja: White		
Until 1:38AM Sun			Ekadashi Until 2:21AM Sun	Moon – Green		Bhuloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Ani		

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 22.11	Tithi 12	Gulika 3:32PM – 5:14PM	Vishakha Until 3:28AM Mon	Ganesh: Red <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 10 4th Phase
		Yama 12:09PM – 1:51PM	Siddha Until 10:45PM	Muruga: White		
Routine Work	Marana Yoga	371132361 Rahu 5:14PM – 6:56PM	Bava Until 2:50PM	Nataraja: White		
Until 3:28AM Mon			Dvadashi Until 3:23AM Mon	Moon – Orange		Bhuloka Day
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Devaloka Time: 6:AM to 9:AM

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 4.38	Tithi 13	Gulika 1:51PM – 3:33PM	Anuradha Until 5:33AM Tue	Ganesh: Red <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 10 4th Phase
Family Home Evening		Yama 10:27AM – 12:09PM	Sadhya Until 10:52PM	Muruga: Clear		
Creative Work	Siddha Yoga	371142361 Rahu 7:04AM – 8:45AM	Kaulava Until 4:05PM	Nataraja: White		
Until 5:33AM Tue			Trayodashi Until 4:50AM Tue	Moon – Orange		Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Ani		

Pradosha Vrata

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 16.53	Tithi 14	Gulika 12:09PM – 1:51PM	Jyeshtha* Until 7:51AM Wed	Ganesh: Red <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 10 4th Phase
		Yama 8:46AM – 10:28AM	Subha Until 11:20PM	Muruga: Clear		
Routine Work	Marana Yoga	371142361 Rahu 3:33PM – 5:15PM	Gara Until 5:44PM	Nataraja: White		
			Chaturdashi* Until 6:40AM Wed	Moon – Orange		Devaloka Day
				Jyeshtha-Ani		

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sutra 73 Vilamba 5120
Copper Retreat Star		Gulika 10:28AM – 12:10PM	Jyeshtha* Until 7:51AM	Ganesh: Red <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 10 Purnima
Vrischika Rasi: 28.59	Tithi 14 – 15	Yama 7:04AM – 8:46AM	Sukla Until 12:01AM Thu	Muruga: Clear		
Creative Work	Siddha Yoga	371142361 Rahu 12:10PM – 1:51PM	Visti Until 7:45PM	Nataraja: White		
Until 7:51AM			Chaturdashi* Until 11:20PM	Moon – Orange		Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Ani		

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Muscat, Oman Sutra 74 Vilamba 5120
Silver Retreat Star		Gulika 8:46AM – 10:28AM	Mula* Until 10:48AM	Ganesh: Blue <i>Sunrise:</i> 5:23AM	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 10 Prathama
Dhanus Rasi: 10.56	Tithi 15 – 16	Yama 5:23AM – 7:04AM	Brahma Until 12:57AM Fri	Muruga: Clear		
Creative Work	Siddha Yoga	381142361 Rahu 1:51PM – 3:33PM	Balava Until 10:03PM	Nataraja: White		
			Purnima* Until 8:51AM	Moon – Light Blue		Bhuloka Day
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 22.49 Tihti 16 – 17

Gulika 7:05AM – 8:46AM
Yama 3:33PM – 5:15PM
Rahu 10:28AM – 12:10PMPurvashadha* Until 1:49PM
Indra Until 2:02AM Sat
Taitila Until 12:34AM SatGanesh: Blue
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-AniSunrise: 5:23AM
Sunset: 6:57PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga
Until 1:49PM
Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 4.37 Tihti 17 – 18

Gulika 5:23AM – 7:05AM
Yama 1:52PM – 3:33PM
Rahu 8:47AM – 10:28AMUttarashadha Until 4:47PM
Vaidhriti* Until 3:09AM Sun
Vanija Until 3:10AM SunGanesh: Blue
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-AniSunrise: 5:23AM
Sunset: 6:57PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 4:47PM
Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Muscat, Oman

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 16.23 Tihti 18 – 19

Gulika 3:34PM – 5:15PM
Yama 12:10PM – 1:52PM
Rahu 5:15PM – 6:57PMShravana Until 8:06PM
Vishkambha* Until 4:14AM Mon
Bava Until 5:43AM MonGanesh: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 5:24AM
Sunset: 6:57PM

Devaloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga
Until 8:06PM
Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava Karana Chaturthiyam Titau

Muscat, Oman

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 28.12 Tihti 19

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:52PM – 3:34PM
Yama 10:29AM – 12:10PM
Rahu 7:06AM – 8:47AMDhanishtha Until 11:05PM
Priti Until 5:10AM Tue
Balava Until 6:53PMGanesh: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 5:24AM
Sunset: 6:57PM

Devaloka Day

Chaturthi* Until 6:53PM

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 10.06 Tihti 20

Gulika 12:11PM – 1:52PM
Yama 8:48AM – 10:29AM
Rahu 3:34PM – 5:15PMShatabhishak Until 1:34AM Wed
Ayushman Until 5:46AM Wed
Kaulava Until 8:01AMGanesh: Yellow
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 5:24AM
Sunset: 6:57PM

Devaloka Day

Panchami Until 9:00PM

Routine Work Marana Yoga
Until 1:34AM Wed
Then Creative Work - Amrita Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 22.08 Tihti 21

Gulika 10:29AM – 12:11PM
Yama 7:06AM – 8:48AM
Rahu 12:11PM – 1:52PMPurvaproshtapada* Until 3:53AM Thu
Saubhagya Until 5:58AM Thu
Gara Until 9:55AMGanesh: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 5:25AM
Sunset: 6:57PM

Devaloka Day

Shashthi* Until 10:38PM

Creative Work Amrita Yoga
Until 3:53AM Thu
Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 4.25 Tihti 22

Gulika 8:48AM – 10:30AM
Yama 5:25AM – 7:07AM
Rahu 1:53PM – 3:34PMUttaraproshtapada Until 5:23AM Fri
Sobhana Until 5:39AM Fri
Visti Until 11:15AMGanesh: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 5:25AM
Sunset: 6:57PM

Devaloka Day

Saptami Until 11:38PM

Creative Work Siddha Yoga

D

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 16.59 Tihti 23

Gulika 7:07AM – 8:48AM
Yama 3:34PM – 5:15PM
Rahu 10:30AM – 12:11PMRevati Until 6:00AM Sat
Athiganda* Until 4:43AM Sat
Balava Until 11:53AMGanesh: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 5:25AM
Sunset: 6:57PM

Devaloka Day

Ashtami* Until 11:54PM

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Meena Rasi: 29.55 Tihti 24

Gulika 5:26AM – 7:07AM
Yama 1:53PM – 3:34PM
Rahu 8:49AM – 10:30AMRevati Until 6:00AM
Sukarma Until 3:09AM Sun
Taitila Until 11:44AMGanesh: Green
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 5:26AM
Sunset: 6:57PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Navami* Until 11:21PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visi* Karana Dashamyam Titau		Sun 9		Sutra 84		
Mesha Rasi: 13.16	Tithi 25	Gulika 3:34PM – 5:15PM	Ashvini Until 6:07AM	Ganesh: Orange <i>Sunrise: 5:26AM</i>	Vilamba 5120	
		Yama 12:12PM – 1:53PM	Dhriti Until 12:58AM Mon	Muruga: Clear <i>Sunset: 6:57PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 5:15PM – 6:57PM	Vanija Until 10:48AM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 10:01PM	Moon – White	Devaloka Day	
Until 6:07AM				Jyeshtha•Ani		
Then Routine Work - Prabararishta Yoga						

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Muscat, Oman
Krittika Nakshatra Shula* Yoga Bava Karana Ekadashyam Titau		Sun 10		Sutra 85		
Mesha Rasi: 27.04	Tithi 26	Gulika 1:53PM – 3:34PM	Krittika Until 3:40AM Tue	Ganesh: Orange <i>Sunrise: 5:27AM</i>	Vilamba 5120	
Family Home Evening		Yama 10:30AM – 12:12PM	Shula* Until 10:10PM	Muruga: Clear <i>Sunset: 6:57PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 7:08AM – 8:49AM	Bava Until 9:05AM	Nataraja: White	2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 7:57PM	Moon – White	Devaloka Day	
Until 3:40AM Tue				Jyeshtha•Ani		
Then Creative Work - Amrita Yoga						

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Muscat, Oman
Rohini Nakshatra Ganda* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 86		
Vrishabha Rasi: 11.19	Tithi 27 – 28	Gulika 12:12PM – 1:53PM	Rohini Until 1:44AM Wed	Ganesh: Light Blue <i>Sunrise: 5:27AM</i>	Vilamba 5120	
		Yama 8:49AM – 10:31AM	Ganda* Until 6:52PM	Muruga: Clear <i>Sunset: 6:57PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 3:34PM – 5:15PM	Kaulava Until 6:41AM	Nataraja: White	2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 5:15PM	Moon – Yellow	Bhuloka Day	
Until 1:44AM Wed				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Muscat, Oman
Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 87		
Vrishabha Rasi: 25.57	Tithi 28 – 29	Gulika 10:31AM – 12:12PM	Mrigashira Until 11:12PM	Ganesh: Light Blue <i>Sunrise: 5:27AM</i>	Vilamba 5120	
		Yama 7:09AM – 8:50AM	Vriddhi Until 3:11PM	Muruga: Clear <i>Sunset: 6:56PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 12:12PM – 1:53PM	Visti Until 12:22AM Thu	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 2:04PM	Moon – Yellow	Bhuloka Day	
Until 1:44AM Wed				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga						

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Muscat, Oman
Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 88
Mithuna Rasi: 10.55	Tithi 29 – 30	Gulika 8:50AM – 10:31AM	Ardra Until 8:17PM	Ganesh: Light Blue <i>Sunrise: 5:28AM</i>	Vilamba 5120	
		Yama 5:28AM – 7:09AM	Dhruva Until 11:12AM	Muruga: Clear <i>Sunset: 6:56PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 1:53PM – 3:34PM	Catuspada Until 8:43PM	Nataraja: White	Amavasya	
Routine Work	Marana Yoga		Chaturdashi* Until 10:33AM	Moon – Yellow	Bhuloka Day	
Until 8:17PM				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Muscat, Oman
Retreat Star		Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Naga* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 89
Mithuna Rasi: 26.03	Tithi 30 – 1	Gulika 7:09AM – 8:50AM	Punarvasu Until 5:30PM	Ganesh: Purple <i>Sunrise: 5:28AM</i>	Vilamba 5120	
		Yama 3:34PM – 5:15PM	Vyaghata* Until 7:04AM	Muruga: Clear <i>Sunset: 6:56PM</i>	Moon 6 - Phase 12	
	422242361	Rahu 10:31AM – 12:12PM	Naga Until 6:50AM	Nataraja: White	Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 6:50AM	Moon – Blue	Bhuloka Day	
Until 5:30PM		Partial Solar Eclipse		Ashada•Ani	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Muscat, Oman Sun 15 Sutra 90	
Kataka Rasi: 11.13	Tithi 2	Gulika	5:29AM – 7:10AM	Pushya Until 2:38PM	Ganesh: Purple	<i>Sunrise:</i> 5:29AM	Vilamba 5120		
		Yama	1:53PM – 3:34PM	Vajra* Until 10:51PM	Muruga: Clear	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 13		
		442242361 Rahu	8:50AM – 10:31AM	Balava Until 1:16PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 11:28PM	Moon – Blue		Bhuloka Day		
Until 2:38PM					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau		Muscat, Oman Sun 16 Sutra 91	
Kataka Rasi: 26.16	Tithi 3	Gulika	3:34PM – 5:15PM	Ashlesha* Until 11:51AM	Ganesh: Purple	<i>Sunrise:</i> 5:29AM	Vilamba 5120		
		Yama	12:12PM – 1:53PM	Siddhi Until 7:02PM	Muruga: Clear	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 13		
		442242361 Rahu	5:15PM – 6:56PM	Tailila Until 9:46AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 8:07PM	Moon – Blue		Bhuloka Day		
Until 11:51AM					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Muscat, Oman Sun 17 Sutra 92	
Simha Rasi: 11.04	Tithi 4 – 5	Gulika	1:53PM – 3:34PM	Magha* Until 9:43AM	Ganesh: Purple	<i>Sunrise:</i> 5:30AM	Vilamba 5120		
Family Home Evening		Yama	10:32AM – 12:13PM	Vyatipata* Until 3:34PM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 6 - Phase 13		
		453242361 Rahu	7:10AM – 8:51AM	Vanija Until 6:37AM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga			Chaturthi* Until 5:12PM	Moon – Red		Bhuloka Day		
Until 9:43AM					Ashada*Adi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Muscat, Oman Sun 18 Sutra 93	
Simha Rasi: 25.3	Tithi 5 – 6	Gulika	12:13PM – 1:53PM	Purvaphalguni Until 7:56AM	Ganesh: Purple	<i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama	8:51AM – 10:32AM	Variyan Until 12:31PM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 6 - Phase 13		
		453242362 Rahu	3:34PM – 5:15PM	Kaulava Until 1:53AM Wed	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Panchami Until 2:49PM	Moon – Red		Devaloka Day		
Until 7:56AM					Ashada*Adi				
Then Creative Work - Amrita Yoga									

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Muscat, Oman Sun 19 Sutra 94	
Kanya Rasi: 9.32	Tithi 6 – 7	Gulika	10:32AM – 12:13PM	Uttaraphalguni Until 6:39AM	Ganesh: Purple	<i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama	7:11AM – 8:52AM	Parigha* Until 10:01AM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 6 - Phase 13		
		453242362 Rahu	12:13PM – 1:53PM	Gara Until 12:31AM Thu	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga			Shashthi* Until 1:06PM	Moon – Red		Devaloka Day		
Until 6:39AM					Ashada*Adi				
Then Routine Work - Marana Yoga									

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Muscat, Oman Sun 20 Sutra 95	
Kanya Rasi: 23.08	Tithi 7 – 8	Gulika	8:52AM – 10:32AM	Hasta Until 6:20AM	Ganesh: Clear	<i>Sunrise:</i> 5:31AM	Vilamba 5120		
		Yama	5:31AM – 7:11AM	Shiva Until 8:06AM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 6 - Phase 13		
		463242362 Rahu	1:53PM – 3:34PM	Visti Until 11:52PM	Nataraja: Clear		Ashtami		
Routine Work	Marana Yoga			Saptami Until 10:01AM	Moon – Green		Sivaloka Day		
Until 6:20AM					Ashada*Adi				
Then Creative Work - Siddha Yoga									

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Muscat, Oman Sun 21 Sutra 96	
Tula Rasi: 6.19	Tithi 8 – 9	Gulika	7:12AM – 8:52AM	Chitra Until 6:37AM	Ganesh: Clear	<i>Sunrise:</i> 5:31AM	Vilamba 5120		
		Yama	3:34PM – 5:14PM	Siddha Until 6:45AM	Muruga: Clear	<i>Sunset:</i> 6:54PM	Moon 6 - Phase 13		
		463242362 Rahu	10:32AM – 12:13PM	Balava Until 11:57PM	Nataraja: Clear		Navami		
Creative Work	Siddha Yoga			Ashtami* Until 11:48AM	Moon – Green		Sivaloka Day		
					Ashada*Adi				

1		Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Muscat, Oman Sun 22 Sutra 97
Tula Rasi: 19.09	Tithi 9 – 10	Gulika	5:32AM – 7:12AM	Svati Until 1:17PM Sun	Ganesh: Clear	<i>Sunrise:</i> 5:32AM	Vilamba 5120	
		Yama	1:53PM – 3:33PM	Subha Until 5:44AM Sun	Muruga: Clear	<i>Sunset:</i> 6:54PM	Moon 6 - Phase 14	
Creative Work	Siddha Yoga	463242362 Rahu	8:52AM – 10:33AM	Tailila Until 12:42AM Sun	Nataraja: Clear		4th Phase	Sivaloka Day
				Navami* Until 12:13PM	Moon – Green			
					Ashada*Adi			

2		Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Muscat, Oman Sun 23 Sutra 98
Vrischika Rasi: 1.4	Tithi 10 – 11	Gulika	3:33PM – 5:13PM	Svati Until 1:17PM	Ganesh: White	<i>Sunrise:</i> 5:32AM	Vilamba 5120	
		Yama	12:13PM – 1:53PM	Sukla Until 5:54AM Mon	Muruga: Clear	<i>Sunset:</i> 6:54PM	Moon 6 - Phase 14	
Routine Work	Marana Yoga	473242362 Rahu	5:13PM – 6:54PM	Vanija Until 2:02AM Mon	Nataraja: Clear		4th Phase	Devaloka Day
				Dashami Until 1:17PM	Moon – Orange			
					Ashada*Adi			

3		Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Muscat, Oman Sun 24 Sutra 99
Vrischika Rasi: 13.57	Tithi 11 – 12	Gulika	1:53PM – 3:33PM	Anuradha Until 11:20AM	Ganesh: White	<i>Sunrise:</i> 5:33AM	Vilamba 5120	
Family Home Evening		Yama	10:33AM – 12:13PM	Brahma Until 6:26AM Tue	Muruga: Clear	<i>Sunset:</i> 6:53PM	Moon 6 - Phase 14	
Creative Work	Siddha Yoga	473242362 Rahu	7:13AM – 8:53AM	Bava Until 3:52AM Tue	Nataraja: Clear		4th Phase	Devaloka Day
				Ekadashi Until 2:52PM	Moon – Orange			
					Ashada*Adi			

4		Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Muscat, Oman Sun 25 Sutra 100
Vrischika Rasi: 26.02	Tithi 12 – 13	Gulika	12:13PM – 1:53PM	Jyeshtha* Until 1:45PM	Ganesh: White	<i>Sunrise:</i> 5:33AM	Vilamba 5120	
		Yama	8:53AM – 10:33AM	Brahma Until 6:26AM	Muruga: Clear	<i>Sunset:</i> 6:53PM	Moon 6 - Phase 14	
Routine Work	Marana Yoga	473242362 Rahu	3:33PM – 5:13PM	Kaulava Until 6:03AM Wed	Nataraja: Clear		4th Phase	Devaloka Day
Until 1:45PM				Dvodashi Until 4:54PM	Moon – Orange			
Then Creative Work - Amrita Yoga					Ashada*Adi			
					<i>Pradosha Vrata</i>			

5		Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 101
Dhanus Rasi: 7.59	Tithi 13	Gulika	10:33AM – 12:13PM	Mula* Until 9:46PM Thu	Ganesh: Red	<i>Sunrise:</i> 5:33AM	Vilamba 5120	
		Yama	7:13AM – 8:53AM	Indra Until 7:16AM	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 6 - Phase 14	
Routine Work	Marana Yoga	483342362 Rahu	12:13PM – 1:53PM	Kaulava Until 6:03AM	Nataraja: Clear		4th Phase	Sivaloka Day
Until 9:46PM Thu				Trayodashi Until 7:14PM	Moon – Light Blue			
Then Creative Work - Amrita Yoga					Ashada*Adi			

6		Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 102
Dhanus Rasi: 19.5	Tithi 14	Gulika	8:53AM – 10:33AM	Mula* Until 9:46PM	Ganesh: Red	<i>Sunrise:</i> 5:34AM	Vilamba 5120	
		Yama	5:34AM – 7:14AM	Vaidhriti* Until 8:81AM Fri	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 6 - Phase 14	
Creative Work	Siddha Yoga	483342362 Rahu	1:53PM – 3:33PM	Gara Until 8:30AM	Nataraja: Clear		4th Phase	Sivaloka Day
Until 9:46PM				Chaturdashi* Until 9:46PM	Moon – Light Blue			
Then Routine Work - Marana Yoga					Ashada*Adi			

○		Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman Sutra 103
Copper Retreat Star		Gulika	7:14AM – 8:54AM	Uttarashadha Until 10:52PM	Ganesh: Red	<i>Sunrise:</i> 5:34AM	Vilamba 5120	
Makara Rasi: 1.38	Tithi 15	Yama	3:32PM – 5:12PM	Vishkambha* Until 9:21AM	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 6 - Phase 14	
		483342362 Rahu	10:33AM – 12:13PM	Visti Until 11:05AM	Nataraja: Clear		Purnima	
Routine Work	Marana Yoga			Purnima* Until 12:21AM Sat	Moon – Light Blue			Sivaloka Day
					Ashada*Adi			
					Total Lunar Eclipse			
					Satguru Purnima			

○		Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman Sutra 104
Silver Retreat Star		Gulika	5:35AM – 7:14AM	Shravana Until 2:08AM Sun	Ganesh: Blue	<i>Sunrise:</i> 5:35AM	Vilamba 5120	
Makara Rasi: 13.25	Tithi 16	Yama	1:53PM – 3:32PM	Priti Until 10:29AM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 6 - Phase 14	
		493342362 Rahu	8:54AM – 10:33AM	Balava Until 1:39PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 2:53AM Sun	Moon – Purple			Devaloka Day
Until 2:08AM Sun					Ashada*Adi			
Then Routine Work - Marana Yoga								

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Muscat, Oman

Makara Rasi: 25.14 Tihti 17

Gulika 3:32PM – 5:11PM
Yama 12:13PM – 1:52PM
494342362 **Rahu** 5:11PM – 6:51PM

Dhanishtha **Until 5:03AM Mon**
Ayushman **Until 11:29AM**
Taitila **Until 4:06PM**
Dvitiya **Until 5:14AM Mon**

Ganesha: Blue *Sunrise: 5:35AM*
Muruga: Clear *Sunset: 6:51PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 5:03AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija Karana Tritiyayam Titau

Muscat, Oman

Kumbha Rasi: 7.08 Tihti 18

Gulika 1:52PM – 3:32PM
Yama 10:34AM – 12:13PM
494342362 **Rahu** 7:15AM – 8:54AM

Shatabhishak **Until 7:32AM Tue**
Saubhagya **Until 12:20PM**
Vanija **Until 6:19PM**
Tritiya **Until 7:17AM Tue**

Ganesha: Blue *Sunrise: 5:36AM*
Muruga: Clear *Sunset: 6:50PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 7:32AM Tue
Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Muscat, Oman

Kumbha Rasi: 19.08 Tihti 18 – 19

Gulika 12:13PM – 1:52PM
Yama 8:54AM – 10:34AM
494342362 **Rahu** 3:31PM – 5:10PM

Shatabhishak **Until 7:32AM**
Sobhana **Until 12:58PM**
Bava **Until 8:11PM**
Tritiya **Until 7:17AM**

Ganesha: Blue *Sunrise: 5:36AM*
Muruga: Clear *Sunset: 6:50PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Meena Rasi: 1.18 Tihti 19 – 20

Gulika 10:34AM – 12:13PM
Yama 7:16AM – 8:55AM
414342362 **Rahu** 12:13PM – 1:52PM

Purvaproshtapada* **Until 9:57AM**
Athiganda* **Until 1:14PM**
Kaulava **Until 9:36PM**
Chaturthi* **Until 8:56AM**

Ganesha: White *Sunrise: 5:37AM*
Muruga: Clear *Sunset: 6:49PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 9:57AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Muscat, Oman

Meena Rasi: 13.4 Tihti 20 – 21

Gulika 8:55AM – 10:34AM
Yama 5:37AM – 7:16AM
414342362 **Rahu** 1:52PM – 3:31PM

Uttaraproshtapada **Until 11:43AM**
Sukarma **Until 1:07PM**
Gara **Until 10:29PM**
Panchami **Until 10:06AM**

Ganesha: White *Sunrise: 5:37AM*
Muruga: Clear *Sunset: 6:49PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Meena Rasi: 26.17 Tihti 21 – 22

Gulika 7:16AM – 8:55AM
Yama 3:30PM – 5:09PM
414342362 **Rahu** 10:34AM – 12:13PM

Revati **Until 12:46PM**
Dhriti **Until 12:34PM**
Visti **Until 10:45PM**
Shashthi* **Until 10:41AM**

Ganesha: White *Sunrise: 5:37AM*
Muruga: Clear *Sunset: 6:48PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 12:46PM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Mesha Rasi: 9.13 Tihti 22 – 23

Gulika 5:38AM – 7:17AM
Yama 1:51PM – 3:30PM
424342362 **Rahu** 8:55AM – 10:34AM

Ashvini **Until 1:30PM**
Shula* **Until 11:28AM**
Balava **Until 9:81PM**
Saptami **Until 12:34PM**

Ganesha: Clear *Sunrise: 5:38AM*
Muruga: Clear *Sunset: 6:47PM*
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman

Mesha Rasi: 22.29 Tihti 23 – 24

Gulika 3:30PM – 5:08PM
Yama 12:12PM – 1:51PM
424342362 **Rahu** 5:08PM – 6:47PM

Bharani **Until 1:24PM**
Ganda* **Until 9:50AM**
Taitila **Until 9:16PM**
Ashtami* **Until 9:53AM**

Ganesha: Clear *Sunrise: 5:38AM*
Muruga: Clear *Sunset: 6:47PM*
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 1:24PM
Then Creative Work - Siddha Yoga

1		Monday, August 6, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara Karana Navami/Dashamyam Titau		Muscat, Oman
Vrishabha Rasi: 6.09 Tihti 24 – 25		Gulika	1:51PM – 3:29PM	Krittika Until 12:29PM	Ganesh: Clear	<i>Sunrise:</i> 5:39AM	Sun 9	Sutra 113
Family Home Evening		Yama	10:34AM – 12:12PM	Vridhhi Until 7:41AM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Vilamba 5120	
Routine Work Marana Yoga		Rahu	7:17AM – 8:56AM	Gara Until 8:28AM	Nataraja: Clear		Moon 7 - Phase 16	
Until 12:29PM		Navami* Until 8:28AM			Moon – White		2nd Phase	
Then Creative Work - Amrita Yoga					Ashada*Adi		Sivaloka Day	

2		Tuesday, August 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Muscat, Oman
Vrishabha Rasi: 20.13 Tihti 25 – 26		Gulika	12:12PM – 1:51PM	Rohini Until 11:13AM	Ganesh: Purple	<i>Sunrise:</i> 5:39AM	Sun 10	Sutra 114
Creative Work Amrita Yoga		Yama	8:56AM – 10:34AM	Vyaghata* Until 1:47AM Wed	Muruga: Clear	<i>Sunset:</i> 6:45PM	Vilamba 5120	
Until 11:13AM		Rahu	3:29PM – 5:07PM	Balava Until 3:46AM Wed	Nataraja: Clear		Moon 7 - Phase 16	
Then Creative Work - Siddha Yoga		Dashami Until 6:24AM			Moon – Yellow		2nd Phase	
					Ashada*Adi		Devaloka Day	

3		Wednesday, August 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukstayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau		Muscat, Oman
Mithuna Rasi: 4.4 Tihti 27		Gulika	10:34AM – 12:12PM	Mrigashira Until 9:16AM	Ganesh: Purple	<i>Sunrise:</i> 5:39AM	Sun 11	Sutra 115
Creative Work Siddha Yoga		Yama	7:18AM – 8:56AM	Harshana Until 10:13PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Vilamba 5120	
		Rahu	12:12PM – 1:50PM	Kaulava Until 2:17PM	Nataraja: Clear		Moon 7 - Phase 16	
		Dvodashi* Until 12:40AM Thu			Moon – Yellow		2nd Phase	
					Ashada*Adi		Devaloka Day	

4		Thursday, August 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukstayam Ardra/Punarvasu Nakshatra Vajra* Yoga Gara Karana Trayodashyam Titau		Muscat, Oman
Mithuna Rasi: 19.26 Tihti 28		Gulika	8:56AM – 10:34AM	Ardra Until 5:37PM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:40AM	Sun 12	Sutra 116
Routine Work Marana Yoga		Yama	5:40AM – 7:18AM	Vajra* Until 6:21PM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Vilamba 5120	
Until 5:37PM Fri		Rahu	1:50PM – 3:28PM	Gara Until 11:00AM	Nataraja: Clear		Moon 7 - Phase 16	
Then Creative Work - Amrita Yoga		Trayodashi* Until 9:14PM			Moon – Yellow		2nd Phase	
					Ashada*Adi		Devaloka Day	
		<i>Pradosha Vrata (Fasting)</i>						

5		Friday, August 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukstayam Ardra/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Muscat, Oman
Kataka Rasi: 4.27 Tihti 29 – 30		Gulika	7:18AM – 8:56AM	Ardra Until 5:37PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:40AM	Sun 13	Sutra 117
Routine Work Marana Yoga		Yama	3:28PM – 5:06PM	Siddhi Until 9:72AM Sat	Muruga: Clear	<i>Sunset:</i> 6:43PM	Vilamba 5120	
		Rahu	10:34AM – 12:12PM	Visti Until 7:28AM	Nataraja: Clear		Moon 7 - Phase 16	
		Chaturdashi* Until 5:37PM			Moon – Blue		2nd Phase	
					Ashada*Adi		Devaloka Day	

6		Saturday, August 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yukstayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Muscat, Oman
Retreat Star		Gulika	5:41AM – 7:18AM	Ashlesha* Until 10:25PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:41AM	Sun 14	Sutra 118
Kataka Rasi: 19.34 Tihti 30 – 1		Yama	1:49PM – 3:27PM	Vyatipata* Until 10:12AM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Vilamba 5120	
Routine Work Marana Yoga		Rahu	8:56AM – 10:34AM	Kintughna Until 12:10AM Sun	Nataraja: Clear		Moon 7 - Phase 16	
Until 10:25PM		Amavasya* Until 1:57PM			Moon – Blue		Amavasya	
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Ashada*Adi		Devaloka Day	

7		Sunday, August 12, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yukstayam Magha* Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Muscat, Oman
Retreat Star		Gulika	3:27PM – 5:04PM	Magha* Until 7:56PM	Ganesh: Clear	<i>Sunrise:</i> 5:41AM	Sun 15	Sutra 119
Simha Rasi: 4.39 Tihti 1 – 2		Yama	12:12PM – 1:49PM	Varyan Until 6:10AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120	
Routine Work Marana Yoga		Rahu	5:04PM – 6:42PM	Balava Until 8:44PM	Nataraja: Clear		Moon 7 - Phase 16	
Until 7:56PM		Prathama* Until 10:24AM			Moon – Red		Prathama	
Then Creative Work - Siddha Yoga					Sravana*Adi		Sivaloka Day	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1		Monday, August 13, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Muscat, Oman Sun 16 Sutra 120 Vilamba 5120	
Simha Rasi: 19.32	Tithi 2 - 3	Gulika	1:49PM - 3:26PM	Purvaphalguni Until 5:38PM	Ganesh: Clear	<i>Sunrise:</i> 5:42AM			
Family Home Evening	455342362	Yama	10:34AM - 12:11PM	Shiva Until 10:49PM	Muruga: Clear	<i>Sunset:</i> 6:41PM		Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu	7:19AM - 8:56AM	Gara Until 4:16AM Tue	Nataraja: Clear			3rd Phase	
				Dvitiya Until 7:07AM	Moon - Red				Sivaloka Day
					Sravana-Adi				

2		Tuesday, August 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau		Muscat, Oman Sun 17 Sutra 121 Vilamba 5120	
Kanya Rasi: 4.07	Tithi 4	Gulika	12:11PM - 1:49PM	Uttaraphalguni Until 3:42PM	Ganesh: Clear	<i>Sunrise:</i> 5:42AM			
	455342362	Yama	8:57AM - 10:34AM	Siddha Until 7:44PM	Muruga: Clear	<i>Sunset:</i> 6:40PM		Moon 7 - Phase 17	
Creative Work	Amrita Yoga	Rahu	3:26PM - 5:03PM	Vanija Until 3:03PM	Nataraja: Clear			3rd Phase	
Until 3:42PM				Chaturthi* Until 1:58AM Wed	Moon - Red				Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Adi				

3		Wednesday, August 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Taitila Karana Panchamyam Titau		Muscat, Oman Sun 18 Sutra 122 Vilamba 5120	
Kanya Rasi: 18.17	Tithi 5	Gulika	10:34AM - 12:11PM	Hasta Until 2:42PM	Ganesh: Purple	<i>Sunrise:</i> 5:42AM			
	455342362	Yama	7:19AM - 8:57AM	Sadhya Until 2:42PM	Muruga: Clear	<i>Sunset:</i> 6:40PM		Moon 7 - Phase 17	
Routine Work	Marana Yoga	Rahu	12:11PM - 1:48PM	Bava Until 1:05PM	Nataraja: Clear			3rd Phase	
Until 2:42PM		Nag Panchami		Panchami Until 12:22AM Thu	Moon - Green				Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Adi				

4		Thursday, August 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Vanija Karana Shashthyam Titau		Muscat, Oman Sun 19 Sutra 123 Vilamba 5120	
Tula Rasi: 2.01	Tithi 6	Gulika	8:57AM - 10:34AM	Chitra Until 2:17PM	Ganesh: Purple	<i>Sunrise:</i> 5:43AM			
	455342362	Yama	5:43AM - 7:20AM	Subha Until 2:17PM	Muruga: Clear	<i>Sunset:</i> 6:39PM		Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu	1:48PM - 3:25PM	Kaulava Until 11:52AM	Nataraja: Clear			3rd Phase	
Until 2:17PM				Shashthi* Until 11:32PM	Moon - Green				Subha Sivaloka Day
Then Creative Work - Amrita Yoga					Sravana-Adi				

5		Friday, August 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara Karana Saptamyam Titau		Muscat, Oman Sun 20 Sutra 124 Vilamba 5120	
Tula Rasi: 15.18	Tithi 7	Gulika	7:20AM - 8:57AM	Svati Until 2:30PM	Ganesh: Clear	<i>Sunrise:</i> 5:43AM			
	565342362	Yama	3:24PM - 5:01PM	Sukla Until 2:00PM	Muruga: Clear	<i>Sunset:</i> 6:38PM		Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu	10:34AM - 12:11PM	Gara Until 11:26AM	Nataraja: Clear			3rd Phase	
				Saptami Until 11:31PM	Moon - Green				Sivaloka Day
					Sravana-Avani				

Retreat Star		Saturday, August 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 125 Vilamba 5120	
Tula Rasi: 28.1	Tithi 8	Gulika	5:43AM - 7:20AM	Vishakha Until 3:49PM	Ganesh: Purple	<i>Sunrise:</i> 5:43AM			
	575342362	Yama	1:47PM - 3:24PM	Brahma Until 1:21PM	Muruga: Clear	<i>Sunset:</i> 6:37PM		Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu	8:57AM - 10:34AM	Visti Until 11:50AM	Nataraja: Clear			Ashtami	
				Ashtami* Until 12:17AM Sun	Moon - Orange				Subha Sivaloka Day
					Sravana-Avani				

Retreat Star		Sunday, August 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau		Muscat, Oman Sun 22 Sutra 126 Vilamba 5120	
Vrischika Rasi: 10.4	Tithi 9	Gulika	3:23PM - 5:00PM	Anuradha Until 5:42PM	Ganesh: Clear	<i>Sunrise:</i> 5:44AM			
	575442362	Yama	12:10PM - 1:47PM	Indra Until 1:18PM	Muruga: Clear	<i>Sunset:</i> 6:36PM		Moon 7 - Phase 17	
Routine Work	Marana Yoga	Rahu	5:00PM - 6:36PM	Balava Until 12:58PM	Nataraja: Clear			Navami	
				Navami* Until 1:45AM Mon	Moon - Orange				Sivaloka Day
					Sravana-Avani				

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Muscat, Oman Sun 23 Sutra 127 Vilamba 5120
1		Gulika 1:46PM – 3:23PM	Jyeshtha* Until 8:00PM	Ganesh: Clear	<i>Sunrise:</i> 5:44AM	
Vrischika Rasi: 22.53	Tithi 10	Yama 10:33AM – 12:10PM	Vaidhriti* Until 1:42PM	Muruga: Clear	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 18
Family Home Evening	575442362	Rahu 7:21AM – 8:57AM	Taitila Until 2:44PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:47AM Tue	Moon – Orange		Sivaloka Day
				Sravana-Avani		

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Muscat, Oman Sun 24 Sutra 128 Vilamba 5120
2		Gulika 12:10PM – 1:46PM	Mula* Until 11:02PM	Ganesh: Clear	<i>Sunrise:</i> 5:45AM	
Dhanus Rasi: 4.53	Tithi 11	Yama 8:57AM – 10:33AM	Vishkambha* Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 18
	586442362	Rahu 3:22PM – 4:58PM	Vanija Until 4:58PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Vanija Until 4:58PM	Moon – Light Blue		Sivaloka Day
Until 11:02PM			Ekadashi Until 6:11AM Wed	Sravana-Avani		
Then Creative Work - Siddha Yoga						

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 129 Vilamba 5120
3		Gulika 10:33AM – 12:09PM	Purvashadha* Until 2:08AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:45AM	
Dhanus Rasi: 16.46	Tithi 11 – 12	Yama 7:21AM – 8:57AM	Priti Until 3:31PM	Muruga: Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 18
	586442362	Rahu 12:09PM – 1:46PM	Bava Until 7:29PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Bava Until 7:29PM	Moon – Light Blue		Sivaloka Day
Until 2:08AM Thu			Ekadashi Until 6:11AM	Sravana-Avani		
Then Routine Work - Marana Yoga						

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 130 Vilamba 5120
4		Gulika 8:57AM – 10:33AM	Uttarashadha Until 5:07AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:45AM	
Dhanus Rasi: 28.33	Tithi 12 – 13	Yama 5:45AM – 7:21AM	Ayushman Until 4:35PM	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 18
	586442362	Rahu 1:45PM – 3:21PM	Kaulava Until 10:06PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Kaulava Until 10:06PM	Moon – Light Blue		Sivaloka Day
			Dvadashi Until 8:46AM	Sravana-Avani		

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 131 Vilamba 5120
5		Gulika 7:21AM – 8:57AM	Shravana Until 8:19AM Sat	Ganesh: White	<i>Sunrise:</i> 5:46AM	
Makara Rasi: 10.2	Tithi 13 – 14	Yama 3:21PM – 4:56PM	Saubhagya Until 5:39PM	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 18
	596442362	Rahu 10:33AM – 12:09PM	Gara Until 12:38AM Sat	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Gara Until 12:38AM Sat	Moon – Purple		Subha Sivaloka Day
Until 8:19AM Sat		Chidambaram Abhishekam	Trayodashi Until 11:22AM	Sravana-Avani		
Then Creative Work - Siddha Yoga						

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sutra 132 Vilamba 5120
○		Gulika 5:46AM – 7:22AM	Shravana Until 8:19AM	Ganesh: White	<i>Sunrise:</i> 5:46AM	
Makara Rasi: 22.1	Tithi 14 – 15	Yama 1:44PM – 3:20PM	Sobhana Until 6:36PM	Muruga: Clear	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 18
	596442362	Rahu 8:57AM – 10:33AM	Visti Until 2:58AM Sun	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Visti Until 2:58AM Sun	Moon – Purple		Subha Sivaloka Day
		Avani Avittam	Chaturdashi* Until 1:49PM	Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Muscat, Oman Sutra 133 Vilamba 5120
○		Gulika 3:19PM – 4:55PM	Dhanishtha Until 11:07AM	Ganesh: White	<i>Sunrise:</i> 5:46AM	
Kumbha Rasi: 4.06	Tithi 15 – 16	Yama 12:08PM – 1:44PM	Athiganda* Until 7:17PM	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 18
	596442362	Rahu 4:55PM – 6:30PM	Balava Until 4:58AM Mon	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Balava Until 4:58AM Mon	Moon – Purple		Subha Sivaloka Day
Until 11:07AM			Purnima* Until 3:59PM	Sravana-Avani		
Then Creative Work - Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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**Monday, August 27, 2018****Gold Retreat Star**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprashthapada* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Sutra 134

Kumbha Rasi: 16.09 Tiithi 16 – 17

Family Home Evening

517452363

Gulika 1:43PM – 3:19PM
Yama 10:33AM – 12:08PM
Rahu 7:22AM – 8:57AM

Shatabhishak Until 1:25PM
Sukarma Until 7:43PM
Taitila Until 6:35AM Tue
Prathama* Until 5:48PM

Ganesh: White *Sunrise:* 5:47AM
Muruga: Clear *Sunset:* 6:29PM
Nataraja: Clear
Moon – Purple

Vilamba 5120
Moon 8 - Phase 19
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 1:25PM
Then Routine Work - Marana Yoga

Tuesday, August 28, 2018Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprashthapada*/Uttaraprashthapada Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Sun 1 Sutra 135

1
Kumbha Rasi: 28.22 Tiithi 17

517452363

Gulika 12:08PM – 1:43PM
Yama 8:57AM – 10:33AM
Rahu 3:18PM – 4:53PM

Purvaprashthapada* Until 3:39PM
Dhriti Until 7:50PM
Taitila Until 6:35AM
Dvitiya Until 7:12PM

Ganesh: Clear *Sunrise:* 5:47AM
Muruga: Purple *Sunset:* 6:29PM
Nataraja: Purple
Moon – Clear

Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 3:39PM
Then Creative Work - Amrita Yoga

Wednesday, August 29, 2018Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprashthapada/Revati Nakshatra Shula* Yoga Vanija/Visi* Karana Tritiyayam Titau

Muscat, Oman

Sun 2 Sutra 136

2
Meena Rasi: 10.45 Tiithi 18

517452363

Gulika 10:32AM – 12:07PM
Yama 7:22AM – 8:57AM
Rahu 12:07PM – 1:43PM

Uttaraprashthapada Until 5:18PM
Shula* Until 7:34PM
Vanija Until 7:46AM
Tritiya Until 8:10PM

Ganesh: Clear *Sunrise:* 5:47AM
Muruga: Purple *Sunset:* 6:29PM
Nataraja: Purple
Moon – Clear

Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 5:18PM
Then Routine Work - Marana Yoga

Thursday, August 30, 2018Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthiyam Titau

Muscat, Oman

Sun 3 Sutra 137

3
Meena Rasi: 23.2 Tiithi 19

517452363

Gulika 8:57AM – 10:32AM
Yama 5:48AM – 7:23AM
Rahu 1:42PM – 3:17PM

Revati Until 6:21PM
Ganda* Until 6:58PM
Bava Until 8:30AM
Chaturthi* Until 8:41PM

Ganesh: Clear *Sunrise:* 5:48AM
Muruga: Purple *Sunset:* 6:27PM
Nataraja: Purple
Moon – Clear

Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 6:21PM
Then Creative Work - Amrita Yoga

Friday, August 31, 2018Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 4 Sutra 138

4
Mesha Rasi: 6.09 Tiithi 20

527452363

Gulika 7:23AM – 8:57AM
Yama 3:16PM – 4:51PM
Rahu 10:32AM – 12:07PM

Ashvini Until 7:16PM
Vriddhi Until 6:01PM
Kaulava Until 8:47AM
Panchami Until 8:43PM

Ganesh: Purple *Sunrise:* 5:48AM
Muruga: Purple *Sunset:* 6:26PM
Nataraja: Purple
Moon – White

Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day**Sravana-Avani**

Creative Work Amrita Yoga
Until 7:16PM
Then Creative Work - Siddha Yoga

Saturday, September 1, 2018Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthiyam Titau

Muscat, Oman

Sun 5 Sutra 139

5
Mesha Rasi: 19.11 Tiithi 21

527452363

Gulika 5:48AM – 7:23AM
Yama 1:41PM – 3:16PM
Rahu 8:57AM – 10:32AM

Bharani Until 7:32PM
Dhruva Until 4:40PM
Gara Until 8:35AM
Shashthi* Until 8:17PM

Ganesh: Purple *Sunrise:* 5:48AM
Muruga: Purple *Sunset:* 6:25PM
Nataraja: Purple
Moon – White

Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day**Sravana-Avani**

Creative Work Siddha Yoga
Until 7:32PM
Then Creative Work - Amrita Yoga

Sunday, September 2, 2018Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visi*/Bava Karana Saptamyam Titau

Muscat, Oman

Sun 6 Sutra 140

6
Vrisabha Rasi: 2.29 Tiithi 22

527452363

Gulika 3:15PM – 4:49PM
Yama 12:06PM – 1:41PM
Rahu 4:49PM – 6:24PM

Krittika Until 7:11PM
Vyaghata* Until 2:55PM
Visi* Until 7:53AM
Saptami Until 7:20PM

Ganesh: Purple *Sunrise:* 5:49AM
Muruga: Purple *Sunset:* 6:24PM
Nataraja: Purple
Moon – White

Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day**Sravana-Avani**

Creative Work Siddha Yoga

Monday, September 3, 2018**Retreat Star**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 7 Sutra 141

Vrisabha Rasi: 16.04 Tiithi 23 – 24
Family Home Evening

537452363

Gulika 1:40PM – 3:14PM
Yama 10:32AM – 12:06PM
Rahu 7:23AM – 8:57AM

Rohini Until 3:57PM Tue
Harshana Until 12:47PM
Balava Until 6:41AM
Ashtami* Until 5:53PM

Ganesh: Clear *Sunrise:* 5:49AM
Muruga: Purple *Sunset:* 6:23PM
Nataraja: Purple
Moon – Yellow

Vilamba 5120
Moon 8 - Phase 19
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Krishna Janmashtami

Tuesday, September 4, 2018**Retreat Star**Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Muscat, Oman

Sun 8 Sutra 142

Vrisabha Rasi: 29.57 Tiithi 24 – 25

538452363

Gulika 12:06PM – 1:40PM
Yama 8:57AM – 10:32AM
Rahu 3:14PM – 4:48PM

Rohini Until 3:57PM
Vajra* Until 6:76AM Wed
Vanija Until 2:49AM Wed
Navami* Until 3:57PM

Ganesh: White *Sunrise:* 5:49AM
Muruga: Purple *Sunset:* 6:22PM
Nataraja: Purple
Moon – Yellow

Vilamba 5120
Moon 8 - Phase 19
Navami

Devaloka Day**Sravana-Avani**

Creative Work Siddha Yoga
Until 3:57PM
Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1		Wednesday, September 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 14.08	Tithi 25 – 26	Gulika	10:31AM – 12:05PM	Ardra Until 3:37PM	Ganesha: White	<i>Sunrise:</i> 5:50AM			
		Yama	7:24AM – 8:57AM	Siddhi Until 7:16AM	Muruga: Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 20		
Creative Work	Siddha Yoga	548452363	Rahu	12:05PM – 1:39PM	Bava Until 12:13AM Thu	Nataraja: Purple	2nd Phase		
				Dashami Until 1:33PM	Moon – Yellow	Devaloka Day			
					Sravana-Avani				

2		Thursday, September 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 10 Sutra 144 Vilamba 5120	
Mithuna Rasi: 28.37	Tithi 26 – 27	Gulika	8:57AM – 10:31AM	Punarvasu Until 1:43PM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM			
		Yama	5:50AM – 7:24AM	Variyan Until 12:27AM Fri	Muruga: Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20		
Creative Work	Amrita Yoga	548452363	Rahu	1:39PM – 3:12PM	Kaulava Until 9:17PM	Nataraja: Purple	2nd Phase		
				Ekadashi* Until 10:46AM	Moon – Blue	Bhuloka Day			
					Sravana-Avani	Devaloka Time: 9:AM to12:PM			

3		Friday, September 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 13.19	Tithi 27 – 28	Gulika	7:24AM – 8:57AM	Pushya Until 11:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM			
		Yama	3:12PM – 4:45PM	Parigha* Until 11:24AM	Muruga: Purple	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 20		
Routine Work	Marana Yoga	548452363	Rahu	10:31AM – 12:05PM	Vanija Until 3:88AM Sat	Nataraja: Purple	2nd Phase		
				Dvadashi* Until 7:42AM	Moon – Blue	Bhuloka Day			
					Sravana-Avani	Devaloka Time: 9:AM to12:PM			

Pradosha Vrata (Fasting)

4		Saturday, September 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Muscat, Oman Sun 12 Sutra 146 Vilamba 5120	
Kataka Rasi: 28.1	Tithi 29	Gulika	5:51AM – 7:24AM	Ashlesha* Until 8:49AM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM			
		Yama	1:38PM – 3:11PM	Shiva Until 4:56PM	Muruga: Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20		
Routine Work	Marana Yoga	548452363	Rahu	8:57AM – 10:31AM	Visti Until 2:50PM	Nataraja: Purple	2nd Phase		
Until 8:49AM				Chaturdashi* Until 1:11AM Sun	Moon – Blue	Bhuloka Day			
Then Creative Work - Amrita Yoga					Sravana-Avani	Devaloka Time: 9:AM to12:PM			

		Sunday, September 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Muscat, Oman Sun 13 Sutra 147 Vilamba 5120	
Retreat Star		Gulika	3:10PM – 4:44PM	Magha* Until 6:28AM	Ganesha: Red	<i>Sunrise:</i> 5:51AM			
Simha Rasi: 13.02	Tithi 30	Yama	12:04PM – 1:37PM	Siddha Until 1:09PM	Muruga: Purple	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 20		
Routine Work	Marana Yoga	548452363	Rahu	4:44PM – 6:17PM	Catuspada Until 11:35AM	Nataraja: Purple	Amavasya		
Until 6:28AM				Amavasya* Until 10:00PM	Moon – Red	Bhuloka Day			
Then Creative Work - Siddha Yoga					Sravana-Avani	Devaloka Time: 9:AM to12:PM			

Grandparent's Day

Monday, September 10, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Muscat, Oman Sun 14 Sutra 148 Vilamba 5120	
Simha Rasi: 27.47	Tithi 1	Gulika	1:37PM – 3:10PM	Uttaraphalguni Until 1:58AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:51AM			
Family Home Evening		Yama	10:30AM – 12:04PM	Sadhya Until 9:32AM	Muruga: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20		
Creative Work	Siddha Yoga	559452363	Rahu	7:24AM – 8:57AM	Kintughna Until 8:31AM	Nataraja: Purple	Prathama		
				Prathama* Until 7:04PM	Moon – Red	Bhuloka Day			
					Bhadrapada-Avani				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1 Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Muscat, Oman Sun 15 Sutra 149 Vilamba 5120
Kanya Rasi: 12.19	Tithi 2 – 3	Gulika 12:03PM – 1:36PM	Hasta Until 12:33AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:52AM		
		Yama 8:57AM – 10:30AM	Subha Until 6:14AM	Muruga: Purple <i>Sunset:</i> 6:15PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	569452363 Rahu 3:09PM – 4:42PM	Taitila Until 3:31AM Wed	Nataraja: Purple		3rd Phase
			Dvitiya Until 4:34PM	Moon – Green	Bhuloka Day	
				Bhadrapada-Avani		

2 Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Muscat, Oman Sun 16 Sutra 150 Vilamba 5120
Kanya Rasi: 26.31	Tithi 3 – 4	Gulika 10:30AM – 12:03PM	Chitra Until 11:35PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM		
		Yama 7:25AM – 8:57AM	Brahma Until 12:53AM Thu	Muruga: Purple <i>Sunset:</i> 6:14PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	569452363 Rahu 12:03PM – 1:36PM	Vanija Until 1:54AM Thu	Nataraja: Purple		3rd Phase
			Tritiya Until 2:37PM	Moon – Green	Bhuloka Day	
				Bhadrapada-Avani		

3 Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Muscat, Oman Sun 17 Sutra 151 Vilamba 5120
Tula Rasi: 10.17	Tithi 4 – 5	Gulika 8:57AM – 10:30AM	Svati Until 11:12PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM		
		Yama 5:52AM – 7:25AM	Indra Until 11:04PM	Muruga: Purple <i>Sunset:</i> 6:13PM		Moon 8 - Phase 21
Creative Work	Amrita Yoga	569452363 Rahu 1:35PM – 3:08PM	Bava Until 1:02AM Fri	Nataraja: Purple		3rd Phase
Until 11:12PM			Chaturthi* Until 1:21PM	Moon – Green	Bhuloka Day	
Then Creative Work - Siddha Yoga		Ganesha Chaturthi		Bhadrapada-Avani		

4 Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava Karana Panchami/Shashthyam Titau				Muscat, Oman Sun 18 Sutra 152 Vilamba 5120
Tula Rasi: 23.38	Tithi 5 – 6	Gulika 7:25AM – 8:57AM	Vishakha Until 11:56PM	Ganesha: White <i>Sunrise:</i> 5:53AM		
		Yama 3:07PM – 4:39PM	Vaidhriti* Until 9:53PM	Muruga: Purple <i>Sunset:</i> 6:12PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	579552363 Rahu 10:30AM – 12:02PM	Balava Until 12:53PM	Nataraja: Purple		3rd Phase
			Panchami Until 12:53PM	Moon – Orange	Devaloka Day	
				Bhadrapada-Avani		

5 Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Muscat, Oman Sun 19 Sutra 153 Vilamba 5120
Vrischika Rasi: 6.33	Tithi 6 – 7	Gulika 5:53AM – 7:25AM	Anuradha Until 1:18AM Sun	Ganesha: White <i>Sunrise:</i> 5:53AM		
		Yama 1:34PM – 3:06PM	Vishkambha* Until 9:22PM	Muruga: Purple <i>Sunset:</i> 6:11PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	579552363 Rahu 8:57AM – 10:30AM	Gara Until 1:46AM Sun	Nataraja: Purple		3rd Phase
Until 1:18AM Sun			Shashthi* Until 1:15PM	Moon – Orange	Devaloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Avani		

☾ Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Muscat, Oman Sun 20 Sutra 154 Vilamba 5120
Retreat Star		Gulika 3:06PM – 4:38PM	Jyeshtha* Until 3:14AM Mon	Ganesha: White <i>Sunrise:</i> 5:53AM		
Vrischika Rasi: 19.05	Tithi 7 – 8	Yama 12:01PM – 1:33PM	Priti Until 9:27PM	Muruga: Purple <i>Sunset:</i> 6:10PM		Moon 8 - Phase 21
Routine Work	Marana Yoga	579552363 Rahu 4:38PM – 6:10PM	Visti Until 3:17AM Mon	Nataraja: Purple		Ashtami
Until 3:14AM Mon			Saptami Until 2:25PM	Moon – Orange	Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Muscat, Oman Sun 21 Sutra 155 Vilamba 5120
Retreat Star		Gulika 1:33PM – 3:05PM	Mula* Until 6:36PM Tue	Ganesha: Clear <i>Sunrise:</i> 5:53AM		
Dhanus Rasi: 1.18	Tithi 8 – 9	Yama 10:29AM – 12:01PM	Ayushman Until 9:59PM	Muruga: Purple <i>Sunset:</i> 6:09PM		Moon 8 - Phase 21
Family Home Evening		589552363 Rahu 7:25AM – 8:57AM	Balava Until 5:24AM Tue	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Ashtami* Until 4:16PM	Moon – Light Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Kaulava Karana Navamyam Titau				Muscat, Oman Sun 22 Sutra 156
Dhanus Rasi: 13.17	Tithi 9	Gulika 12:01PM – 1:32PM	Mula* Until 6:36PM	Ganesh: Clear <i>Sunrise: 5:54AM</i>		Vilamba 5120
		Yama 8:57AM – 10:29AM	Saubhagya Until 10:52PM	Muruga: Purple <i>Sunset: 6:08PM</i>		Moon 8 - Phase 22
		581552363 Rahu 3:04PM – 4:36PM	Kaulava Until 6:36PM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Navami* Until 6:36PM	Moon – Light Blue	Bhuloka Day	
Until 6:36PM				Bhadrapada-Puratasi	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Muscat, Oman Sun 23 Sutra 157
Dhanus Rasi: 25.08	Tithi 10	Gulika 10:29AM – 12:00PM	Purvashadha* Until 9:06AM	Ganesh: Clear <i>Sunrise: 5:54AM</i>		Vilamba 5120
		Yama 7:26AM – 8:57AM	Sobhana Until 11:56PM	Muruga: Purple <i>Sunset: 6:07PM</i>		Moon 8 - Phase 22
		581552363 Rahu 12:00PM – 1:32PM	Tailila Until 7:54AM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Dashami Until 9:12PM	Moon – Light Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to 12:PM	

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Muscat, Oman Sun 24 Sutra 158
Makara Rasi: 6.55	Tithi 11	Gulika 8:57AM – 10:29AM	Uttarashadha Until 12:04PM	Ganesh: Clear <i>Sunrise: 5:54AM</i>		Vilamba 5120
		Yama 5:54AM – 7:26AM	Athiganda* Until 12:58AM Fri	Muruga: Purple <i>Sunset: 6:06PM</i>		Moon 8 - Phase 22
		581552363 Rahu 1:31PM – 3:03PM	Vanija Until 10:32AM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Ekadashi Until 11:48PM	Moon – Light Blue	Bhuloka Day	
Until 12:04PM				Bhadrapada-Puratasi	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 159
Makara Rasi: 18.44	Tithi 12	Gulika 7:26AM – 8:57AM	Shravana Until 3:16PM	Ganesh: Purple <i>Sunrise: 5:55AM</i>		Vilamba 5120
		Yama 3:02PM – 4:33PM	Sukarma Until 1:51AM Sat	Muruga: Purple <i>Sunset: 6:05PM</i>		Moon 8 - Phase 22
		591552363 Rahu 10:28AM – 12:00PM	Bava Until 1:04PM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Dvadashi Until 2:13AM Sat	Moon – Purple	Devaloka Day	
Until 3:16PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 160
Kumbha Rasi: 0.38	Tithi 13	Gulika 5:55AM – 7:26AM	Dhanishtha Until 6:01PM	Ganesh: Purple <i>Sunrise: 5:55AM</i>		Vilamba 5120
		Yama 1:30PM – 3:01PM	Dhriti Until 2:28AM Sun	Muruga: Purple <i>Sunset: 6:04PM</i>		Moon 8 - Phase 22
		591552363 Rahu 8:57AM – 10:28AM	Kaulava Until 3:19PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 4:16AM Sun	Moon – Purple	Devaloka Day	
Until 6:01PM				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 161
Kumbha Rasi: 12.41	Tithi 14	Gulika 3:01PM – 4:32PM	Shatabhishak Until 8:11PM	Ganesh: Purple <i>Sunrise: 5:55AM</i>		Vilamba 5120
		Yama 11:59AM – 1:30PM	Shula* Until 2:42AM Mon	Muruga: Purple <i>Sunset: 6:03PM</i>		Moon 8 - Phase 22
		591552363 Rahu 4:32PM – 6:03PM	Gara Until 5:09PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 5:51AM Mon	Moon – Purple	Devaloka Day	
				Bhadrapada-Puratasi		
		Chidambaram Abhishekam				
		Kadaitswami Mahasamadhi				

Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti* Karana Purnimayam Titau				Muscat, Oman Sutra 162
Copper Retreat Star		Gulika 1:29PM – 3:00PM	Purvaproshtapada* Until 10:11PM	Ganesh: Purple <i>Sunrise: 5:56AM</i>		Vilamba 5120
Kumbha Rasi: 24.56	Tithi 15	Yama 10:28AM – 11:59AM	Ganda* Until 2:34AM Tue	Muruga: Purple <i>Sunset: 6:01PM</i>		Moon 8 - Phase 22
Family Home Evening		511552363 Rahu 7:26AM – 8:57AM	Visti Until 6:28PM	Nataraja: Purple		Purnima
Routine Work Marana Yoga			Purnima* Until 6:55AM Tue	Moon – Clear	Devaloka Day	
Until 10:11PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Muscat, Oman Sutra 163
Silver Retreat Star		Gulika 11:58AM – 1:29PM	Uttaraproshtapada Until 11:31PM	Ganesh: Purple <i>Sunrise: 5:56AM</i>		Vilamba 5120
Meena Rasi: 7.25	Tithi 15 – 16	Yama 8:57AM – 10:28AM	Vriddhi Until 2:02AM Wed	Muruga: Purple <i>Sunset: 6:00PM</i>		Moon 8 - Phase 22
		511552363 Rahu 2:59PM – 4:30PM	Balava Until 7:16PM	Nataraja: Purple		Prathama
Creative Work Amrita Yoga			Purnima* Until 6:55AM	Moon – Clear	Devaloka Day	
Until 11:31PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Meena Rasi: 20.06 Tihi 16 – 17

Gulika 10:28AM – 11:58AM
Yama 7:27AM – 8:57AM
Rahu 11:58AM – 1:28PM

Revati Until 12:14AM Thu
Dhruva Until 1:06AM Thu
Taitila Until 7:35PM
Prathama* Until 7:28AM

Ganesh: Purple *Sunrise:* 5:56AM
Muruga: Purple *Sunset:* 5:59PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Sutra 164
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 12:14AM Thu
Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Mesha Rasi: 3.02 Tihi 17 – 18

Gulika 8:57AM – 10:27AM
Yama 5:57AM – 7:27AM
Rahu 1:28PM – 2:58PM

Ashvini Until 12:50AM Fri
Vyaghata* Until 11:51PM
Vanija Until 7:28PM
Dvitiya Until 7:33AM

Ganesh: Clear *Sunrise:* 5:57AM
Muruga: Purple *Sunset:* 5:59PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 1 Sutra 165
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 12:50AM Fri
Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Muscat, Oman

Mesha Rasi: 16.1 Tihi 18 – 19

Gulika 7:27AM – 8:57AM
Yama 2:57PM – 4:27PM
Rahu 10:27AM – 11:57AM

Bharani Until 12:55AM Sat
Harshana Until 10:19PM
Bava Until 6:57PM
Tritiya Until 7:14AM

Ganesh: Purple *Sunrise:* 5:57AM
Muruga: Purple *Sunset:* 5:57PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 2 Sutra 166
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 12:55AM Sat
Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Mesha Rasi: 29.29 Tihi 19 – 20

Gulika 5:57AM – 7:27AM
Yama 1:27PM – 2:57PM
Rahu 8:57AM – 10:27AM

Krittika Until 12:32AM Sun
Vajra* Until 8:29PM
Kaulava Until 6:06PM
Chaturthi* Until 6:33AM

Ganesh: Clear *Sunrise:* 5:57AM
Muruga: Purple *Sunset:* 5:56PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 3 Sutra 167
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 12:32AM Sun
Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Vrisabha Rasi: 12.59 Tihi 21

Gulika 2:56PM – 4:26PM
Yama 11:57AM – 1:26PM
Rahu 4:26PM – 5:55PM

Rohini Until 12:09AM Mon
Siddhi Until 12:09AM Mon
Gara Until 15:31AM Mon
Shashthi* Until 8:29PM

Ganesh: Purple *Sunrise:* 5:58AM
Muruga: Purple *Sunset:* 5:55PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 4 Sutra 168
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 12:09AM Mon
Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman

Vrisabha Rasi: 26.4 Tihi 22

Gulika 1:26PM – 2:55PM
Yama 10:27AM – 11:56AM
Rahu 7:28AM – 8:57AM

Mrigashira Until 11:21PM
Vyatipata* Until 4:09PM
Visti Until 13:48AM Tue
Saptami Until 6:26PM

Ganesh: Purple *Sunrise:* 5:58AM
Muruga: Purple *Sunset:* 5:54PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 5 Sutra 169
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 11:21PM
Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Mithuna Rasi: 10.31 Tihi 23

Gulika 11:56AM – 1:25PM
Yama 8:57AM – 10:27AM
Rahu 2:55PM – 4:24PM

Ardra Until 10:07PM
Varyan Until 1:38PM
Balava Until 1:48PM
Ashtami* Until 12:49AM Wed

Ganesh: Purple *Sunrise:* 5:58AM
Muruga: Purple *Sunset:* 5:53PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 6 Sutra 170
Vilamba 5120
Moon 9 - Phase 23
Ashtami

Bhuloka Day

Routine Work Marana Yoga
Until 10:07PM
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Mithuna Rasi: 24.32 Tihi 24

Gulika 10:26AM – 11:56AM
Yama 7:28AM – 8:57AM
Rahu 11:56AM – 1:25PM

Punarvasu Until 8:54PM
Parigha* Until 10:54AM
Taitila Until 11:49AM
Navami* Until 10:42PM

Ganesh: Clear *Sunrise:* 5:59AM
Muruga: Purple *Sunset:* 5:52PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Sun 7 Sutra 171
Vilamba 5120
Moon 9 - Phase 23
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Muscat, Oman Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 8.43	Tithi 25	Gulika	8:57AM – 10:26AM	Pushya Until 7:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM			
		Yama	5:59AM – 7:28AM	Shiva Until 7:58AM	Muruga: Purple	<i>Sunset:</i> 5:51PM		Moon 9 - Phase 24	
		642552363 Rahu	1:24PM – 2:53PM	Vanija Until 9:35AM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 8:21PM	Moon – Blue		Bhuloka Day		
Until 7:19PM					Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga									

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*Magha* Nakshatra Sadhya Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 23.03	Tithi 26 – 27	Gulika	7:28AM – 8:57AM	Ashlesha* Until 5:24PM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM			
		Yama	2:53PM – 4:22PM	Sadhya Until 1:36AM Sat	Muruga: Purple	<i>Sunset:</i> 5:50PM		Moon 9 - Phase 24	
		642552363 Rahu	10:26AM – 11:55AM	Bava Until 7:08AM	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 5:49PM	Moon – Blue		Bhuloka Day		
					Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM		

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 7.29	Tithi 27 – 28	Gulika	6:00AM – 7:29AM	Magha* Until 3:40PM	Ganesha: White	<i>Sunrise:</i> 6:00AM			
		Yama	1:23PM – 2:52PM	Subha Until 10:18PM	Muruga: Purple	<i>Sunset:</i> 5:50PM		Moon 9 - Phase 24	
		652552363 Rahu	8:57AM – 10:26AM	Gara Until 1:53AM Sun	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 3:11PM	Moon – Red		Bhuloka Day		
Until 3:40PM					Bhadrapada•Puratasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 21.58	Tithi 28 – 29	Gulika	2:51PM – 4:20PM	Purvaphalguni Until 1:47PM	Ganesha: White	<i>Sunrise:</i> 6:00AM			
		Yama	11:54AM – 1:23PM	Sukla Until 7:01PM	Muruga: Purple	<i>Sunset:</i> 5:49PM		Moon 9 - Phase 24	
		652552363 Rahu	4:20PM – 5:49PM	Vanija Until 12:33PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 12:33PM	Moon – Red		Bhuloka Day		
Until 1:47PM					Bhadrapada•Puratasi				
Then Creative Work - Amrita Yoga									

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Muscat, Oman Sun 12 Sutra 176 Vilamba 5120	
Retreat Star		Gulika	1:22PM – 2:51PM	Uttaraphalguni Until 11:53AM	Ganesha: White	<i>Sunrise:</i> 6:01AM			
Kanya Rasi: 6.23	Tithi 29 – 30	Yama	10:26AM – 11:54AM	Brahma Until 3:52PM	Muruga: Purple	<i>Sunset:</i> 5:48PM		Moon 9 - Phase 24	
Family Home Evening		652552364 Rahu	7:29AM – 8:57AM	Catuspada Until 8:52PM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 10:02AM	Moon – Red		Bhuloka Day		
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM		

Retreat Star		Tuesday, October 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Muscat, Oman Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 20.39	Tithi 30 – 1	Gulika	11:54AM – 1:22PM	Hasta Until 10:32AM	Ganesha: Red	<i>Sunrise:</i> 6:01AM			
		Yama	8:57AM – 10:26AM	Indra Until 12:59PM	Muruga: Purple	<i>Sunset:</i> 5:47PM		Moon 9 - Phase 24	
		662652364 Rahu	2:50PM – 4:18PM	Kintughna Until 6:48PM	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 7:46AM	Moon – Green		Devaloka Day		
		Navaratri Begins			Ashvina•Puratasi				

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Muscat, Oman
	Tula Rasi: 4.39	Tithi 2	Gulika 10:26AM – 11:54AM	Chitra Until 9:28AM	Ganesha: Red <i>Sunrise: 6:01AM</i>	Sun 14	Sutra 178
			Yama 7:29AM – 8:57AM	Vaidhriti* Until 10:25AM	Muruga: Purple <i>Sunset: 5:46PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	662652364 Rahu 11:54AM – 1:22PM	Balava Until 5:12PM	Nataraja: Clear		Moon 9 - Phase 25
			Dvitiya Until 4:36AM Thu	Moon – Green		3rd Phase	
				Ashvina•Puratasi		Devaloka Day	

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Tailila/Vanija Karana Tritiyayam Titau				Muscat, Oman
	Tula Rasi: 18.19	Tithi 3	Gulika 8:58AM – 10:25AM	Svati Until 8:49AM	Ganesha: Red <i>Sunrise: 6:02AM</i>	Sun 15	Sutra 179
			Yama 6:02AM – 7:30AM	Vishkambha* Until 8:49AM	Muruga: Purple <i>Sunset: 5:45PM</i>		Vilamba 5120
	Creative Work	Amrita Yoga	662652364 Rahu 1:21PM – 2:49PM	Taitila Until 4:12PM	Nataraja: Clear		Moon 9 - Phase 25
			Tritiya Until 3:57AM Fri	Moon – Green		3rd Phase	
				Ashvina•Puratasi		Devaloka Day	

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Muscat, Oman
	Vrischika Rasi: 1.37	Tithi 4	Gulika 7:30AM – 8:58AM	Vishakha Until 9:08AM	Ganesha: White <i>Sunrise: 6:02AM</i>	Sun 16	Sutra 180
			Yama 2:48PM – 4:16PM	Priti Until 6:47AM	Muruga: Purple <i>Sunset: 5:44PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	673652364 Rahu 10:25AM – 11:53AM	Vanija Until 3:56PM	Nataraja: Clear		Moon 9 - Phase 25
			Chaturthi* Until 4:04AM Sat	Moon – Orange		3rd Phase	
				Ashvina•Puratasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman
	Vrischika Rasi: 14.31	Tithi 5	Gulika 6:03AM – 7:30AM	Anuradha Until 10:03AM	Ganesha: White <i>Sunrise: 6:03AM</i>	Sun 17	Sutra 181
			Yama 1:20PM – 2:48PM	Saubhagya Until 5:28AM Sun	Muruga: Purple <i>Sunset: 5:43PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	673652364 Rahu 8:58AM – 10:25AM	Bava Until 17:43AM Sun	Nataraja: Clear		Moon 9 - Phase 25
			Panchami Until 6:47AM	Moon – Orange		3rd Phase	
				Ashvina•Puratasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Muscat, Oman
	Vrischika Rasi: 27.03	Tithi 6	Gulika 2:47PM – 4:15PM	Jyeshtha* Until 6:36AM Mon	Ganesha: White <i>Sunrise: 6:03AM</i>	Sun 18	Sutra 182
			Yama 11:53AM – 1:20PM	Sobhana Until 5:41AM Mon	Muruga: Purple <i>Sunset: 5:42PM</i>		Vilamba 5120
	Routine Work	Marana Yoga	673652364 Rahu 4:15PM – 5:42PM	Kaulava Until 5:43PM	Nataraja: Clear		Moon 9 - Phase 25
			Shashthi* Until 6:36AM Mon	Moon – Orange		3rd Phase	
				Ashvina•Puratasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Athiganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Muscat, Oman
	Dhanus Rasi: 9.16	Tithi 6 – 7	Gulika 1:20PM – 2:47PM	Jyeshtha* Until 6:36AM	Ganesha: Clear <i>Sunrise: 6:03AM</i>	Sun 19	Sutra 183
	Family Home Evening		Yama 10:25AM – 11:52AM	Athiganda* Until 6:19AM Tue	Muruga: Purple <i>Sunset: 5:41PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	683652364 Rahu 7:31AM – 8:58AM	Gara Until 7:40PM	Nataraja: Clear		Moon 9 - Phase 25
			Shashthi* Until 6:36AM	Moon – Light Blue		3rd Phase	
				Ashvina•Puratasi		Devaloka Day	

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Muscat, Oman
	Retreat Star		Gulika 11:52AM – 1:19PM	Purvashadha* Until 4:54PM	Ganesha: Clear <i>Sunrise: 6:04AM</i>	Sun 20	Sutra 184
	Dhanus Rasi: 21.16	Tithi 7 – 8	Yama 8:58AM – 10:25AM	Athiganda* Until 6:19AM	Muruga: Purple <i>Sunset: 5:40PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	683652364 Rahu 2:46PM – 4:13PM	Visti Until 10:05PM	Nataraja: Clear		Moon 9 - Phase 25
			Saptami Until 8:49AM	Moon – Light Blue		Ashtami	
				Ashvina•Puratasi		Devaloka Day	

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Muscat, Oman
	Retreat Star		Gulika 10:25AM – 11:52AM	Uttarashadha Until 7:49PM	Ganesha: Clear <i>Sunrise: 6:04AM</i>	Sun 21	Sutra 185
	Makara Rasi: 3.07	Tithi 8 – 9	Yama 7:31AM – 8:58AM	Sukarma Until 7:15AM	Muruga: Purple <i>Sunset: 5:40PM</i>		Vilamba 5120
	Creative Work	Amrita Yoga	683652364 Rahu 11:52AM – 1:19PM	Balava Until 12:44AM Thu	Nataraja: Clear		Moon 9 - Phase 25
			Ashtami* Until 11:23AM	Moon – Light Blue		Navami	
				Ashvina•Aipasi		Devaloka Day	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Muscat, Oman Sun 22 Sutra 186
	Makara Rasi: 14.55	Tithi 9 – 10	Gulika 8:58AM – 10:25AM	Shravana Until 11:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:05AM	Vilamba 5120
			Yama 6:05AM – 7:31AM	Dhriti Until 11:05PM	Muruga: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	693652364 Rahu 1:18PM – 2:45PM	Gara Until 16:30AM Fri	Nataraja: Clear		4th Phase
		Vijaya Dasami	Navami* Until 2:02PM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM	


2	Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Muscat, Oman Sun 23 Sutra 187
	Makara Rasi: 26.44	Tithi 10 – 11	Gulika 7:32AM – 8:58AM	Dhanishtha Until 1:55AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:05AM	Vilamba 5120
			Yama 2:45PM – 4:11PM	Shula* Until 9:12AM	Muruga: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	693652364 Rahu 10:25AM – 11:52AM	Vanija Until 5:37AM Sat	Nataraja: Clear		4th Phase
			Dashami Until 4:30PM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi			


3	Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Ekadashyam Titau				Muscat, Oman Sun 24 Sutra 188
	Kumbha Rasi: 8.42	Tithi 11	Gulika 6:06AM – 7:32AM	Shatabhishak Until 4:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:06AM	Vilamba 5120
			Yama 1:18PM – 2:44PM	Ganda* Until 9:52AM	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 26
	Creative Work	Amrita Yoga	693652364 Rahu 8:58AM – 10:25AM	Visti Until 6:34PM	Nataraja: Clear		4th Phase
			Ekadashi Until 6:34PM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi			

4	Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 189
	Kumbha Rasi: 20.51	Tithi 12	Gulika 2:44PM – 4:10PM	Purvaproshtapada* Until 8:56PM Mon	Ganesha: White	<i>Sunrise:</i> 6:06AM	Vilamba 5120
			Yama 11:51AM – 1:17PM	Vriddhi Until 10:09AM	Muruga: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 26
	Creative Work	Siddha Yoga	613652364 Rahu 4:10PM – 5:36PM	Bava Until 7:25AM	Nataraja: Clear		4th Phase
			Dvadashi Until 8:04PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi			

5	Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 190
	Meena Rasi: 3.16	Tithi 13	Gulika 1:17PM – 2:43PM	Purvaproshtapada* Until 8:56PM	Ganesha: White	<i>Sunrise:</i> 6:07AM	Vilamba 5120
	Family Home Evening		Yama 10:25AM – 11:51AM	Dhruva Until 9:56AM	Muruga: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 26
	Routine Work	Marana Yoga	613652364 Rahu 7:33AM – 8:59AM	Kaulava Until 8:36AM	Nataraja: Clear		4th Phase
			Trayodashi Until 8:56PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi			
				<i>Pradosha Vrata</i>			

6	Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 191
	Meena Rasi: 15.57	Tithi 14	Gulika 11:51AM – 1:17PM	Uttaraproshtapada Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 6:07AM	Vilamba 5120
			Yama 8:59AM – 10:25AM	Vyaghata* Until 9:14AM	Muruga: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 26
	Creative Work	Amrita Yoga	613652364 Rahu 2:43PM – 4:09PM	Gara Until 9:08AM	Nataraja: Clear		4th Phase
			Chaturdashi* Until 9:09PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi			

	Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman Sutra 192
	Meena Rasi: 28.57	Tithi 15	Gulika 10:25AM – 11:51AM	Revati Until 7:44AM	Ganesha: White	<i>Sunrise:</i> 6:08AM	Vilamba 5120
			Yama 7:33AM – 8:59AM	Harshana Until 8:03AM	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 26
	Routine Work	Marana Yoga	613652364 Rahu 11:51AM – 1:17PM	Visti Until 9:04AM	Nataraja: Clear		Purnima
			Purnima* Until 8:47PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi			

	Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Taitila Karana Prathamayam Titau				Muscat, Oman Sutra 193
	Mesha Rasi: 12.14	Tithi 16	Gulika 8:59AM – 10:25AM	Ashvini Until 7:56AM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	Vilamba 5120
			Yama 6:08AM – 7:34AM	Vajra* Until 7:56AM	Muruga: Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 26
	Creative Work	Amrita Yoga	623652364 Rahu 1:16PM – 2:42PM	Balava Until 8:26AM	Nataraja: Clear		Prathama
			Prathama* Until 7:56PM	Moon – White		Devaloka Day	
				Ashvina-Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Tailila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 25.47 Tihti 17

624652364

Gulika 7:34AM - 9:00AM

Yama 2:41PM - 4:07PM

Rahu 10:25AM - 11:50AM

Bharani Until 7:32AM

Vyatipata* Until 2:11AM Sat

Tailila Until 7:21AM

Dvitiya Until 6:40PM

Ganesha: White Sunrise: 6:09AM

Muruga: Purple Sunset: 5:32PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Varyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Muscat, Oman

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 9.31 Tihti 18 - 19

624652364

Gulika 6:09AM - 7:34AM

Yama 1:16PM - 2:41PM

Rahu 9:00AM - 10:25AM

Krittika Until 6:40AM

Varyan Until 11:42PM

Bava Until 4:17AM Sun

Tritiya Until 5:07PM

Ganesha: White Sunrise: 6:09AM

Muruga: Purple Sunset: 5:32PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 23.25 Tihti 19 - 20

634652364

Gulika 2:41PM - 4:06PM

Yama 11:50AM - 1:15PM

Rahu 4:06PM - 5:31PM

Mrigashira Until 4:44AM Mon

Parigha* Until 9:06PM

Kaulava Until 2:29AM Mon

Chaturthi* Until 3:23PM

Ganesha: Clear Sunrise: 6:10AM

Muruga: Purple Sunset: 5:31PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 7.24 Tihti 20 - 21

634652364

Gulika 1:15PM - 2:40PM

Yama 10:25AM - 11:50AM

Rahu 7:35AM - 9:00AM

Ardra Until 3:23AM Tue

Shiva Until 6:25PM

Gara Until 12:35AM Tue

Panchami Until 1:31PM

Ganesha: Clear Sunrise: 6:10AM

Muruga: Purple Sunset: 5:30PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 21.26 Tihti 21 - 22

644652364

Gulika 11:50AM - 2:15PM

Yama 9:00AM - 10:25AM

Rahu 2:40PM - 4:05PM

Punarvasu Until 2:17AM Wed

Siddha Until 3:40PM

Visti Until 10:38PM

Shashthi* Until 11:36AM

Ganesha: Purple Sunrise: 6:11AM

Muruga: Purple Sunset: 5:30PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 5.3 Tihti 22 - 23

644662364

Gulika 10:25AM - 11:50AM

Yama 7:36AM - 9:01AM

Rahu 11:50AM - 1:15PM

Pushya Until 1:01AM Thu

Sadhya Until 12:55PM

Balava Until 8:40PM

Saptami Until 9:38AM

Ganesha: Purple Sunrise: 6:11AM

Muruga: Clear Sunset: 5:29PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 19.34 Tihti 23 - 24

644662364

Gulika 9:01AM - 10:25AM

Yama 6:12AM - 7:36AM

Rahu 1:15PM - 2:39PM

Ashlesha* Until 11:36PM

Subha Until 10:09AM

Tailila Until 6:41PM

Ashtami* Until 7:39AM

Ganesha: Purple Sunrise: 6:12AM

Muruga: Clear Sunset: 5:28PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 11:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, November 2, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Vanija Karana Dashamyam Titau		Muscat, Oman Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 3.39	Tithi 25	Gulika 7:37AM – 9:01AM	Magha* Until 10:29PM	Ganesh: Clear	<i>Sunrise:</i> 6:12AM				
		Yama 2:39PM – 4:03PM	Sukla Until 10:29PM	Muruga: Clear	<i>Sunset:</i> 5:28PM				Moon 10 - Phase 28
		654662364 Rahu 10:26AM – 11:50AM	Vanija Until 4:42PM	Nataraja: Clear					2nd Phase
Routine Work	Marana Yoga		Dashami Until 3:42AM Sat	Moon – Red				Sivaloka Day	
Until 10:29PM				Ashvina-Aipasi					
Then Creative Work - Siddha Yoga									

2		Saturday, November 3, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Muscat, Oman Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 17.44	Tithi 26	Gulika 6:13AM – 7:37AM	Purvaphalguni Until 9:14PM	Ganesh: White	<i>Sunrise:</i> 6:13AM				
		Yama 1:14PM – 2:39PM	Indra Until 1:51AM Sun	Muruga: Clear	<i>Sunset:</i> 5:27PM				Moon 10 - Phase 28
		654762364 Rahu 9:01AM – 10:26AM	Bava Until 2:45PM	Nataraja: Clear					2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:46AM Sun	Moon – Red				Devaloka Day	
Until 9:14PM				Ashvina-Aipasi					
Then Routine Work - Marana Yoga									

3		Sunday, November 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Muscat, Oman Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 1.46	Tithi 27	Gulika 2:38PM – 4:03PM	Uttaraphalguni Until 7:57PM	Ganesh: White	<i>Sunrise:</i> 6:13AM				
		Yama 11:50AM – 1:14PM	Vaidhriti* Until 11:11PM	Muruga: Clear	<i>Sunset:</i> 5:27PM				Moon 10 - Phase 28
		654762364 Rahu 4:03PM – 5:27PM	Kaulava Until 12:52PM	Nataraja: Clear					2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 11:57PM	Moon – Red				Devaloka Day	
				Ashvina-Aipasi					

4		Monday, November 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Muscat, Oman Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 15.44	Tithi 28	Gulika 1:14PM – 2:38PM	Hasta Until 8:58PM Tue	Ganesh: Green	<i>Sunrise:</i> 6:14AM				
Family Home Evening		Yama 10:26AM – 11:50AM	Vishkambha* Until 8:40PM	Muruga: Clear	<i>Sunset:</i> 5:26PM				Moon 10 - Phase 28
		664762364 Rahu 7:38AM – 9:02AM	Gara Until 11:07AM	Nataraja: Clear					2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:19PM	Moon – Green				Devaloka Day	
Until 8:58PM Tue				Ashvina-Aipasi					
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>						

5		Tuesday, November 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Visti* Karana Chaturdashyam Titau		Muscat, Oman Sun 12 Sutra 205 Vilamba 5120	
Kanya Rasi: 29.34	Tithi 29	Gulika 11:50AM – 1:14PM	Hasta Until 8:58PM	Ganesh: Green	<i>Sunrise:</i> 6:15AM				
		Yama 9:02AM – 10:26AM	Priti Until 6:25PM	Muruga: Clear	<i>Sunset:</i> 5:26PM				Moon 10 - Phase 28
		664762364 Rahu 2:38PM – 4:02PM	Visti Until 9:37AM	Nataraja: Clear					2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:58PM	Moon – Green				Devaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi					

Retreat Star		Wednesday, November 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Muscat, Oman Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 13.13	Tithi 30	Gulika 10:26AM – 11:50AM	Svati Until 5:56PM	Ganesh: White	<i>Sunrise:</i> 6:15AM				
		Yama 7:39AM – 9:03AM	Ayushman Until 4:25PM	Muruga: Clear	<i>Sunset:</i> 5:25PM				Moon 10 - Phase 28
		764762364 Rahu 11:50AM – 1:14PM	Catuspada Until 8:28AM	Nataraja: Clear					Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 8:02PM	Moon – Green				Devaloka Day	
				Ashvina-Aipasi					

Retreat Star		Thursday, November 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Muscat, Oman Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 26.36	Tithi 1	Gulika 9:03AM – 10:27AM	Vishakha Until 6:16PM	Ganesh: Orange	<i>Sunrise:</i> 6:16AM				
		Yama 6:16AM – 7:39AM	Saubhagya Until 2:50PM	Muruga: Clear	<i>Sunset:</i> 5:25PM				Moon 10 - Phase 28
		775762364 Rahu 1:14PM – 2:37PM	Kintughna Until 7:46AM	Nataraja: Clear					Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:37PM	Moon – Orange				Sivaloka Day	
		Skanda Shasthi Begins		Kartika-Aipasi					

1		Friday, November 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Muscat, Oman Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 9.41	Tithi 2	Gulika	7:40AM – 9:03AM	Anuradha Until 7:02PM	Ganesh: Orange	<i>Sunrise:</i> 6:16AM			
		Yama	2:37PM – 4:01PM	Sobhana Until 1:45PM	Muruga: Clear	<i>Sunset:</i> 5:24PM		Moon 10 - Phase 29	
		775762364 Rahu	10:27AM – 11:50AM	Balava Until 7:39AM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 7:49PM	Moon – Orange			Sivaloka Day	
Until 7:02PM					Karttika•Aipasi				
Then Routine Work - Marana Yoga									

2		Saturday, November 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau		Muscat, Oman Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 22.27	Tithi 3	Gulika	6:17AM – 7:40AM	Jyeshtha* Until 8:18PM	Ganesh: Orange	<i>Sunrise:</i> 6:17AM			
		Yama	1:14PM – 2:37PM	Athiganda* Until 1:08PM	Muruga: Clear	<i>Sunset:</i> 5:24PM		Moon 10 - Phase 29	
		775762364 Rahu	9:04AM – 10:27AM	Tailila Until 8:12AM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Tritiya Until 8:42PM	Moon – Orange			Sivaloka Day	
					Karttika•Aipasi				

3		Sunday, November 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Muscat, Oman Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 4.55	Tithi 4	Gulika	2:37PM – 4:00PM	Mula* Until 10:31PM	Ganesh: Clear	<i>Sunrise:</i> 6:18AM			
		Yama	11:50AM – 1:14PM	Sukarma Until 1:03PM	Muruga: Clear	<i>Sunset:</i> 5:23PM		Moon 10 - Phase 29	
		785762364 Rahu	4:00PM – 5:23PM	Vanija Until 9:25AM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga			Chaturthi* Until 10:15PM	Moon – Light Blue			Sivaloka Day	
Until 10:31PM					Karttika•Aipasi				
Then Creative Work - Siddha Yoga									

4		Monday, November 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Muscat, Oman Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 17.05	Tithi 5	Gulika	1:14PM – 2:37PM	Purvashadha* Until 1:08AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:18AM			
Family Home Evening		Yama	10:28AM – 11:51AM	Dhriti Until 1:28PM	Muruga: Clear	<i>Sunset:</i> 5:23PM		Moon 10 - Phase 29	
Routine Work	Marana Yoga	785762364 Rahu	7:41AM – 9:04AM	Bava Until 11:17AM	Nataraja: Clear			3rd Phase	
Until 1:08AM Tue				Panchami Until 12:23AM Tue	Moon – Light Blue			Sivaloka Day	
Then Routine Work - Prabalarishta Yoga					Karttika•Aipasi				

5		Tuesday, November 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau		Muscat, Oman Sun 19 Sutra 212 Vilamba 5120	
Dhanus Rasi: 29.04	Tithi 6	Gulika	11:51AM – 1:14PM	Uttarashadha Until 3:58AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:19AM			
		Yama	9:05AM – 10:28AM	Shula* Until 2:12PM	Muruga: Clear	<i>Sunset:</i> 5:23PM		Moon 10 - Phase 29	
		785762364 Rahu	2:37PM – 4:00PM	Kaulava Until 1:38PM	Nataraja: Clear			3rd Phase	
Routine Work	Prabalarishta Yoga			Shashthi* Until 2:55AM Wed	Moon – Light Blue			Sivaloka Day	
Until 3:58AM Wed					Karttika•Aipasi				
Then Creative Work - Siddha Yoga									

6		Wednesday, November 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau		Muscat, Oman Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 10.54	Tithi 7	Gulika	10:28AM – 11:51AM	Shravana Until 7:16AM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:20AM			
		Yama	7:42AM – 9:05AM	Ganda* Until 3:10PM	Muruga: Clear	<i>Sunset:</i> 5:22PM		Moon 10 - Phase 29	
		795762364 Rahu	11:51AM – 1:14PM	Gara Until 4:18PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Saptami Until 5:38AM Thu	Moon – Purple			Subha Sivaloka Day	
					Karttika•Aipasi				

Retreat Star		Thursday, November 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Visti*/Balava Karana Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 22.42	Tithi 8	Gulika	9:06AM – 10:28AM	Shravana Until 7:16AM	Ganesh: Purple	<i>Sunrise:</i> 6:20AM			
		Yama	6:20AM – 7:43AM	Vridhi Until 7:16AM	Muruga: Clear	<i>Sunset:</i> 5:22PM		Moon 10 - Phase 29	
		795762364 Rahu	1:14PM – 2:36PM	Visti Until 6:59PM	Nataraja: Clear			Ashtami	
Creative Work	Siddha Yoga			Ashtami* Until 8:13AM Fri	Moon – Purple			Subha Sivaloka Day	
					Karttika•Aipasi				

Retreat Star		Friday, November 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Muscat, Oman Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 4.32	Tithi 8 – 9	Gulika	7:43AM – 9:06AM	Dhanishtha Until 10:18AM	Ganesh: Purple	<i>Sunrise:</i> 6:21AM			
		Yama	2:36PM – 3:59PM	Dhruva Until 4:59PM	Muruga: Clear	<i>Sunset:</i> 5:22PM		Moon 10 - Phase 29	
		795762364 Rahu	10:29AM – 11:51AM	Balava Until 9:25PM	Nataraja: Clear			Navami	
Creative Work	Siddha Yoga			Ashtami* Until 8:13AM	Moon – Purple			Subha Sivaloka Day	
					Karttika•Kartikai				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau		Muscat, Oman Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 16.29	Tithi 9 – 10	Gulika 6:22AM – 7:44AM	Shatabhishak Until 12:47PM	Ganesh: Clear	<i>Sunrise:</i> 6:22AM			
		Yama 1:14PM – 2:36PM	Vyaghata* Until 5:29PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 30		
		Rahu 9:06AM – 10:29AM	Tailita Until 11:23PM	Nataraja: White		4th Phase		
Creative Work	Amrita Yoga					Moon – Purple	Devaloka Day	
Until 12:47PM						Karttika-Karttikai		
Then Routine Work - Marana Yoga								

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 24 Sutra 217 Vilamba 5120
Kumbha Rasi: 28.4	Tithi 10 – 11	Gulika 2:36PM – 3:59PM	Purvaprossthapada* Until 1:02PM Mon	Ganesh: Red	<i>Sunrise:</i> 6:22AM			
		Yama 11:52AM – 1:14PM	Harshana Until 5:32PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 30		
		Rahu 3:59PM – 5:21PM	Vanija Until 12:41AM Mon	Nataraja: White		4th Phase		
Creative Work	Siddha Yoga					Moon – Clear	Devaloka Day	
Until 1:02PM Mon						Karttika-Karttikai		
Then Creative Work - Amrita Yoga								

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprossthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 11.08	Tithi 11 – 12	Gulika 1:14PM – 2:36PM	Purvaprossthapada* Until 1:02PM	Ganesh: Red	<i>Sunrise:</i> 6:23AM			
Family Home Evening		Yama 10:30AM – 11:52AM	Vajra* Until 5:00PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 30		
		Rahu 7:45AM – 9:07AM	Bava Until 1:15AM Tue	Nataraja: White		4th Phase		
Creative Work	Siddha Yoga					Moon – Clear	Devaloka Day	
						Karttika-Karttikai		

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 23.56	Tithi 12 – 13	Gulika 11:52AM – 1:14PM	Revati Until 4:56PM	Ganesh: Red	<i>Sunrise:</i> 6:24AM			
		Yama 9:08AM – 10:30AM	Siddhi Until 3:53PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 30		
		Rahu 2:36PM – 3:58PM	Kaulava Until 1:03AM Wed	Nataraja: White		4th Phase		
Creative Work	Siddha Yoga					Moon – Clear	Devaloka Day	
						Karttika-Karttikai		
						<i>Pradosha Vrata</i>		

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatiyata*/Varyan Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 7.08	Tithi 13 – 14	Gulika 10:30AM – 11:52AM	Ashvini Until 5:03PM	Ganesh: Blue	<i>Sunrise:</i> 6:24AM			
		Yama 7:46AM – 9:08AM	Vyatiyata* Until 2:13PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 30		
		Rahu 11:52AM – 1:14PM	Gara Until 12:10AM Thu	Nataraja: White		4th Phase		
Routine Work	Marana Yoga					Moon – White	Bhuloka Day	
Until 5:03PM						Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga								

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Muscat, Oman Sutra 221 Vilamba 5120
Copper Retreat Star		Gulika 9:09AM – 10:31AM	Bharani Until 4:23PM	Ganesh: Blue	<i>Sunrise:</i> 6:25AM			
Mesha Rasi: 20.41	Tithi 14 – 15	Yama 6:25AM – 7:47AM	Varyan Until 12:01PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 30		
		Rahu 1:14PM – 2:36PM	Visti Until 10:40PM	Nataraja: White		Purnima		
Creative Work	Siddha Yoga					Moon – White	Bhuloka Day	
Until 4:23PM						Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Muscat, Oman Sutra 222 Vilamba 5120
Silver Retreat Star		Gulika 7:47AM – 9:09AM	Krittika Until 3:05PM	Ganesh: Blue	<i>Sunrise:</i> 6:26AM			
Vrishabha Rasi: 4.34	Tithi 15 – 16	Yama 2:36PM – 3:58PM	Parigha* Until 9:25AM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 30		
		Rahu 10:31AM – 11:53AM	Balava Until 8:42PM	Nataraja: White		Prathama		
Creative Work	Siddha Yoga					Moon – White	Bhuloka Day	
Until 3:05PM		Krittika Deepam	Purnima* Until 9:43AM	Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga		Vinayaga Viratam Begins						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrshabha Rasi: 18.44 Tihi 16 - 17

737762365

Gulika 6:26AM - 7:48AM
Yama 1:15PM - 2:36PM
Rahu 9:10AM - 10:31AM

Rohini Until 1:42PM
Shiva Until 6:29AM
Taitila Until 6:25PM
Prathama* Until 7:34AM

Ganesha: Red *Sunrise:* 6:26AM
Muruga: Clear *Sunset:* 5:20PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 1:42PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 3.05 Tihi 18

737762365

Gulika 2:37PM - 3:58PM
Yama 11:53AM - 1:15PM
Rahu 3:58PM - 5:20PM

Mrigashira Until 11:56AM
Sadhya Until 12:02AM Mon
Vanija Until 3:55PM
Tritiya Until 2:37AM Mon

Ganesha: Red *Sunrise:* 6:27AM
Muruga: Clear *Sunset:* 5:20PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 9:57AM

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthiyam Titau

Muscat, Oman

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 17.31 Tihi 19

737762365

Gulika 1:15PM - 2:37PM
Yama 10:32AM - 11:54AM
Rahu 7:49AM - 9:11AM

Ardra Until 9:57AM
Subha Until 8:45PM
Bava Until 10:50AM Tue
Chaturthi* Until 12:02AM Mon

Ganesha: Red *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 5:20PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 9:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 1.58 Tihi 20

747762365

Gulika 11:54AM - 1:15PM
Yama 9:11AM - 10:33AM
Rahu 2:37PM - 3:58PM

Punarvasu Until 8:16AM
Sukla Until 5:30PM
Kaulava Until 10:50AM
Panchami Until 9:36PM

Ganesha: Green *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 5:20PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 16.19 Tihi 21

747862365

Gulika 10:33AM - 11:54AM
Yama 7:50AM - 9:12AM
Rahu 11:54AM - 1:16PM

Pushya Until 5:12PM Thu
Brahma Until 2:23PM
Gara Until 8:26AM
Shashthi* Until 7:17PM

Ganesha: White *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 5:20PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Simha Rasi: 0.33 Tihi 22 - 23

757863365

Gulika 9:12AM - 10:33AM
Yama 6:30AM - 7:51AM
Rahu 1:16PM - 2:37PM

Pushya Until 5:12PM
Indra Until 8:41AM Fri
Visti Until 6:14AM
Saptami Until 5:12PM

Ganesha: Clear *Sunrise:* 6:30AM
Muruga: Purple *Sunset:* 5:20PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 5:12PM

Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 14.37 Tihi 23 - 24

757863365

Gulika 7:52AM - 9:13AM
Yama 2:37PM - 3:59PM
Rahu 10:34AM - 11:55AM

Purvaphalguni Until 2:45AM Sat
Vaidhriti* Until 8:41AM
Taitila Until 2:35AM Sat
Ashtami* Until 3:22PM

Ganesha: Clear *Sunrise:* 6:30AM
Muruga: Purple *Sunset:* 5:20PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 2:45AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Vishkambha*/Prili Yoga Gara Karana Navami/Dashamyam Titau

Muscat, Oman

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 28.32 Tihi 24 - 25

758863365

Gulika 6:31AM - 7:52AM
Yama 1:16PM - 2:38PM
Rahu 9:13AM - 10:34AM

Uttaraphalguni Until 1:50AM Sun
Vishkambha* Until 6:08AM
Gara Until 1:49PM
Navami* Until 1:49PM

Ganesha: Orange *Sunrise:* 6:31AM
Muruga: Purple *Sunset:* 5:20PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 1:50AM Sun


Then Creative Work - Amrita Yoga


1	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Muscat, Oman Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 12.16 Tithi 25 – 26 Creative Work Amrita Yoga Until 1:30AM Mon Then Routine Work - Prabalarishta Yoga	768863365 Gulika 2:38PM – 3:59PM Yama 11:56AM – 1:17PM Rahu 3:59PM – 5:20PM	Hasta Until 1:30AM Mon Ayushman Until 1:43AM Mon Bava Until 12:01AM Mon Dashami Until 12:31PM	Ganesh : Light Blue <i>Sunrise: 6:32AM</i> Muruga : Purple <i>Sunset: 5:20PM</i> Nataraja : White Moon – Green Karttika-Karttikai	Bhuloka Day	Moon 11 - Phase 32 2nd Phase	

2	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 9 Sutra 232 Vilamba 5120
	Kanya Rasi: 25.51 Tithi 26 – 27 Family Home Evening Routine Work Prabalarishta Yoga Until 1:20AM Tue Then Creative Work - Siddha Yoga	768863365 Gulika 1:17PM – 2:38PM Yama 10:35AM – 11:56AM Rahu 7:53AM – 9:14AM	Chitra Until 1:20AM Tue Saubhagya Until 11:52PM Kaulava Until 11:11PM Ekadashi* Until 11:32AM	Ganesh : Light Blue <i>Sunrise: 6:32AM</i> Muruga : Purple <i>Sunset: 5:20PM</i> Nataraja : White Moon – Green Karttika-Karttikai	Bhuloka Day	Moon 11 - Phase 32 2nd Phase	

3	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 9.15 Tithi 27 – 28 Creative Work Siddha Yoga	768863365 Gulika 11:57AM – 1:17PM Yama 9:15AM – 10:36AM Rahu 2:38PM – 3:59PM	Svati Until 1:21AM Wed Sobhana Until 10:17PM Gara Until 10:41PM Dvadashi* Until 10:52AM	Ganesh : Light Blue <i>Sunrise: 6:34AM</i> Muruga : Purple <i>Sunset: 5:20PM</i> Nataraja : White Moon – Green Karttika-Karttikai	Bhuloka Day	Moon 11 - Phase 32 2nd Phase	
	<i>Pradosha Vrata (Fasting)</i>						

4	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 22.27 Tithi 28 – 29 Creative Work Siddha Yoga	778863365 Gulika 10:36AM – 11:57AM Yama 7:55AM – 9:15AM Rahu 11:57AM – 1:18PM	Vishakha Until 2:03AM Thu Athiganda* Until 9:00PM Visti Until 10:36PM Trayodashi* Until 10:34AM	Ganesh : Purple <i>Sunrise: 6:34AM</i> Muruga : Purple <i>Sunset: 5:20PM</i> Nataraja : White Moon – Orange Karttika-Karttikai	Bhuloka Day	Moon 11 - Phase 32 2nd Phase	

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman Sun 12 Sutra 235 Vilamba 5120	
	Retreat Star		Vrischika Rasi: 5.26 Tithi 29 – 30 Creative Work Siddha Yoga Until 3:04AM Fri Then Routine Work - Marana Yoga	778863365 Gulika 9:16AM – 10:37AM Yama 6:35AM – 7:55AM Rahu 1:18PM – 2:39PM	Anuradha Until 3:04AM Fri Sukarma Until 8:04PM Catuspada Until 10:59PM Chaturdashi* Until 10:42AM	Ganesh : Purple <i>Sunrise: 6:35AM</i> Muruga : Purple <i>Sunset: 5:20PM</i> Nataraja : White Moon – Orange Karttika-Karttikai	Bhuloka Day	Moon 11 - Phase 32 Amavasya

	Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman Sun 13 Sutra 236 Vilamba 5120	
	Retreat Star		Vrischika Rasi: 18.12 Tithi 30 – 1 Routine Work Marana Yoga Until 4:25AM Sat Then Creative Work - Siddha Yoga	779863365 Gulika 7:56AM – 9:17AM Yama 2:39PM – 4:00PM Rahu 10:37AM – 11:58AM	Jyeshtha* Until 4:25AM Sat Dhriti Until 7:33PM Kintughna Until 11:52PM Amavasya* Until 11:20AM	Ganesh : Light Blue <i>Sunrise: 6:35AM</i> Muruga : Purple <i>Sunset: 5:21PM</i> Nataraja : White Moon – Orange Margasira-Karttikai	Bhuloka Day	Moon 11 - Phase 32 Prathama

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Muscat, Oman Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 0.43	Tithi 1 – 2	Gulika Yama 789863365	6:36AM – 7:56AM 1:19PM – 2:40PM Rahu 9:17AM – 10:38AM	Mula* Until 6:36AM Sun Shula* Until 6:36AM Sun Balava Until 24:78 Prathama* Until 12:29PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 6:36AM Sunset: 5:21PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Creative Work Siddha Yoga							
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Muscat, Oman Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 13.01	Tithi 2 – 3	Gulika Yama 789863365	2:40PM – 4:00PM 11:59AM – 1:19PM Rahu 4:00PM – 5:21PM	Mula* Until 6:36AM Ganda* Until 7:41PM Taitila Until 3:15AM Mon Dvitiya Until 2:11PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 6:36AM Sunset: 5:21PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Creative Work Amrita Yoga Until 6:36AM Then Creative Work - Siddha Yoga							
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara Karana Tritiya/Chaturthyam Titau		Muscat, Oman Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 25.06	Tithi 3 – 4	Gulika Yama 789863365	1:20PM – 2:40PM 10:39AM – 11:59AM Rahu 7:58AM – 9:18AM	Purvashadha* Until 9:07AM Vriddhi Until 8:18PM Gara Until 4:22PM Tritiya Until 4:22PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 6:37AM Sunset: 5:21PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Family Home Evening Routine Work Marana Yoga							
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti* Karana Chaturthyam Titau		Muscat, Oman Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 7.01	Tithi 4	Gulika Yama 789863365	12:00PM – 1:20PM 9:19AM – 10:39AM Rahu 2:41PM – 4:01PM	Uttarashadha Until 9:40PM Wed Dhruva Until 9:10PM Visti Until 6:55PM Chaturthi* Until 6:55PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 6:38AM Sunset: 5:22PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Routine Work Prabalarishta Yoga Until 9:40PM Wed Then Creative Work - Siddha Yoga							
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Vyaghata* Yoga Bava Karana Panchamyam Titau		Muscat, Oman Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 18.5	Tithi 5	Gulika Yama 799863365	10:40AM – 12:00PM 7:59AM – 9:19AM Rahu 12:00PM – 1:21PM	Uttarashadha Until 9:40PM Vyaghata* Until 10:10PM Bava Until 8:18AM Panchami Until 9:40PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	Sunrise: 6:38AM Sunset: 5:22PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Until 9:40PM Then Routine Work - Prabalarishta Yoga							
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Muscat, Oman Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 0.37	Tithi 6	Gulika Yama 799863365	9:20AM – 10:40AM 6:39AM – 7:59AM Rahu 1:21PM – 2:41PM	Dhanishtha Until 6:17PM Harshana Until 11:09PM Kaulava Until 11:03AM Shashthi* Until 12:22AM Fri	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	Sunrise: 6:39AM Sunset: 5:22PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga							
		Vinayaga Viratam Ends					
7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Muscat, Oman Sun 20 Sutra 243 Vilamba 5120	
Retreat Star		Gulika Yama 799863365	8:00AM – 9:20AM 2:42PM – 4:02PM Rahu 10:41AM – 12:01PM	Shatabhishak Until 9:04PM Vajra* Until 11:55PM Gara Until 15:53AM Sat Saptami Until 11:09PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	Sunrise: 6:40AM Sunset: 5:22PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 12.26 Tithi 7 Creative Work Siddha Yoga							
8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 244 Vilamba 5120	
Retreat Star		Gulika Yama 711863365	6:40AM – 8:01AM 1:22PM – 2:42PM Rahu 9:21AM – 10:41AM	Purvaprosarthapada* Until 6:01AM Mon Siddhi Until 12:21AM Sun Visti Until 3:53PM Ashtami* Until 4:45AM Sun	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Clear Margasira-Karttikai	Sunrise: 6:40AM Sunset: 5:23PM	Moon 11 - Phase 33 Ashtami Bhuloka Day Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga Until 6:01AM Mon Sun Then Creative Work - Siddha Yoga							
9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Navamyam Titau		Muscat, Oman Sun 22 Sutra 245 Vilamba 5120	
Retreat Star		Gulika Yama 711863365	2:43PM – 4:03PM 12:02PM – 1:22PM Rahu 4:03PM – 5:23PM	Purvaprosarthapada* Until 6:01AM Mon Vyalipata* Until 22:98AM Mon Balava Until 5:30PM Navami* Until 6:01AM Mon	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Clear Margasira-Markali	Sunrise: 6:41AM Sunset: 5:23PM	Moon 11 - Phase 33 Navami Bhuloka Day Devaloka Time: 6:AM to 9:AM
Meena Rasi: 6.31 Tithi 9 Creative Work Amrita Yoga Until 6:01AM Mon Then Creative Work - Siddha Yoga		Markali Pillaiyar					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Muscat, Oman Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 18.56	Tithi 9 – 10	Gulika 1:23PM – 2:43PM	Revati Until 2:38AM Tue	Ganesh: Purple	Sunrise: 6:41AM	
	Family Home Evening	811863365	Yama 10:42AM – 12:03PM	Variyan Until 11:38PM	Muruga: Purple	Sunset: 5:24PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu 8:02AM – 9:22AM	Taitila Until 6:22PM	Nataraja: White	Moon – Clear	4th Phase
			Navami* Until 6:01AM	Margasira*Markali	Bhuloka Day		

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Muscat, Oman Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 1.43	Tithi 10 – 11	Gulika 12:03PM – 1:23PM	Ashvini Until 3:09AM Wed	Ganesh: Clear	Sunrise: 6:42AM	
	Creative Work	Siddha Yoga	Yama 9:22AM – 10:43AM	Parigha* Until 10:21PM	Muruga: Purple	Sunset: 5:24PM	Moon 11 - Phase 34
	821863365	Rahu 2:44PM – 4:04PM	Vanija Until 6:26PM	Nataraja: White	Moon – White	Bhuloka Day	
			Gita Jayanthi	Dashami Until 6:29AM	Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 14.55	Tithi 11 – 12	Gulika 10:43AM – 12:04PM	Bharani Until 2:43AM Thu	Ganesh: Clear	Sunrise: 6:42AM	
	Creative Work	Siddha Yoga	Yama 8:03AM – 9:23AM	Shiva Until 8:26PM	Muruga: Purple	Sunset: 5:25PM	Moon 11 - Phase 34
	821863365	Rahu 12:04PM – 1:24PM	Balava Until 4:59AM Thu	Nataraja: White	Moon – White	Bhuloka Day	
			Ekadashi Until 6:08AM	Margasira*Markali	Devaloka Time: 6:AM to 9:AM		
			Then Routine Work - Marana Yoga				

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 28.32	Tithi 13	Gulika 9:24AM – 10:44AM	Krittika Until 1:28AM Fri	Ganesh: Clear	Sunrise: 6:43AM	
	Routine Work	Marana Yoga	Yama 6:43AM – 8:03AM	Siddha Until 5:56PM	Muruga: Purple	Sunset: 5:25PM	Moon 11 - Phase 34
	821863365	Rahu 1:24PM – 2:44PM	Kaulava Until 14:00AM Fri	Nataraja: White	Moon – White	Bhuloka Day	
			Trayodashi Until 8:26PM	Margasira*Markali	Devaloka Time: 6:AM to 9:AM		
			<i>Pradosha Vrata</i>				

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 12.35	Tithi 14	Gulika 8:04AM – 9:24AM	Rohini Until 11:54PM	Ganesh: White	Sunrise: 6:44AM	
	Routine Work	Marana Yoga	Yama 2:45PM – 4:05PM	Sadhya Until 2:56PM	Muruga: Purple	Sunset: 5:25PM	Moon 11 - Phase 34
	821863365	Rahu 10:44AM – 12:05PM	Gara Until 10:81AM Sat	Nataraja: White	Moon – Yellow	Bhuloka Day	
			Day 1 of Pancha Ganapati	Chaturdashi* Until 5:56PM	Margasira*Markali	Devaloka Time: 9:AM to 12:PM	
			Then Creative Work - Siddha Yoga				

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman Sun 28 Sutra 251 Vilamba 5120
	Copper Retreat Star		Gulika 6:44AM – 8:04AM	Mrigashira Until 9:47PM	Ganesh: Yellow	Sunrise: 6:44AM	
	Vrishabha Rasi: 27.01	Tithi 15	Yama 1:25PM – 2:45PM	Subha Until 11:32AM	Muruga: Purple	Sunset: 5:26PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	821963365	Rahu 9:25AM – 10:45AM	Nataraja: White	Moon – Yellow	Purnima
			Day 2 of Pancha Ganapati	Purnima* Until 9:52PM	Margasira*Markali	Bhuloka Day	

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava Karana Prathamayam Titau				Muscat, Oman Sun 29 Sutra 252 Vilamba 5120
	Silver Retreat Star		Gulika 2:46PM – 4:06PM	Ardra Until 7:15PM	Ganesh: Yellow	Sunrise: 6:45AM	
	Mithuna Rasi: 11.43	Tithi 16	Yama 12:06PM – 1:26PM	Sukla Until 7:51AM	Muruga: Purple	Sunset: 5:26PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	831963365	Rahu 4:06PM – 5:26PM	Nataraja: White	Moon – Yellow	Prathama
			Day 3 of Pancha Ganapati	Prathama* Until 6:45PM	Margasira*Markali	Bhuloka Day	
			Ardra Darshanam				
			Devaloka Time: 9:AM to 12:PM				

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Muscat, Oman

Mithuna Rasi: 26.34 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 4:53PM

Then Creative Work - Siddha Yoga

Gulika 1:26PM - 2:47PM
Yama 10:46AM - 12:06PM
Rahu 8:05AM - 9:26AM

Day 4 of Pancha Ganapati

Punarvasu Until 4:53PM
Indra Until 12:07AM Tue
Vanija Until 1:55AM Tue

Dvitiya Until 3:31PM

Ganesha: Blue Sunrise: 6:45AM

Muruga: Purple Sunset: 5:27PM

Nataraja: White

Moon - Blue

Margasira-Markali

Sun 1 Sutra 253
Vilamba 5120

Moon 12 - Phase 35
1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Muscat, Oman

Kataka Rasi: 11.27 Tihi 18 - 19

Creative Work Siddha Yoga

Until 4:53PM

Then Creative Work - Siddha Yoga

Gulika 12:07PM - 1:27PM
Yama 9:26AM - 10:46AM
Rahu 2:47PM - 4:07PM

Day 5 of Pancha Ganapati

Pushya Until 2:25PM
Vaidhriti* Until 8:18PM
Bava Until 10:47PM

Tritiya Until 12:19PM

Ganesha: Blue Sunrise: 6:45AM

Muruga: Purple Sunset: 5:28PM

Nataraja: White

Moon - Blue

Margasira-Markali

Sun 2 Sutra 254
Vilamba 5120

Moon 12 - Phase 35
1st Phase

Devaloka Day

2

Wednesday, December 26, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Muscat, Oman

Kataka Rasi: 26.14 Tihi 19 - 20

Creative Work Siddha Yoga

Until 4:53PM

Then Creative Work - Siddha Yoga

Gulika 10:47AM - 12:07PM
Yama 8:06AM - 9:26AM
Rahu 12:07PM - 1:27PM

Day 5 of Pancha Ganapati

Ashlesha* Until 11:59AM
Vishkambha* Until 4:39PM
Kaulava Until 7:52PM

Chaturthi* Until 9:16AM

Ganesha: Yellow Sunrise: 6:46AM

Muruga: Purple Sunset: 5:28PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Sun 3 Sutra 255
Vilamba 5120

Moon 12 - Phase 35
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Muscat, Oman

Simha Rasi: 10.5 Tihi 20 - 21

Creative Work Amrita Yoga

Until 10:08AM

Then Creative Work - Siddha Yoga

Gulika 9:27AM - 10:47AM
Yama 6:46AM - 8:07AM
Rahu 1:28PM - 2:48PM

Day 5 of Pancha Ganapati

Magha* Until 10:08AM
Priti Until 10:08AM
Visti Until 14:70AM Fri

Panchami Until 6:31AM

Ganesha: Blue Sunrise: 6:46AM

Muruga: Purple Sunset: 5:29PM

Nataraja: Green

Moon - Red

Margasira-Markali

Sun 4 Sutra 256
Vilamba 5120

Moon 12 - Phase 35
1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Muscat, Oman

Simha Rasi: 25.09 Tihi 22

Creative Work Siddha Yoga

Until 4:53PM

Then Creative Work - Siddha Yoga

Gulika 8:07AM - 9:27AM
Yama 2:49PM - 4:09PM
Rahu 10:48AM - 12:08PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 8:33AM
Ayushman Until 10:14AM
Visti Until 3:10PM

Saptami Until 2:16AM Sat

Ganesha: Blue Sunrise: 6:47AM

Muruga: Purple Sunset: 5:29PM

Nataraja: Green

Moon - Red

Margasira-Markali

Sun 5 Sutra 257
Vilamba 5120

Moon 12 - Phase 35
1st Phase

Bhuloka Day

5

Saturday, December 29, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Muscat, Oman

Kanya Rasi: 9.1 Tihi 23

Routine Work Marana Yoga

Until 4:53PM

Then Creative Work - Siddha Yoga

Gulika 6:47AM - 8:07AM
Yama 1:29PM - 2:49PM
Rahu 9:28AM - 10:48AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 7:17AM
Saubhagya Until 7:35AM
Balava Until 1:32PM

Ashtami* Until 12:54AM Sun

Ganesha: Blue Sunrise: 6:47AM

Muruga: Purple Sunset: 5:30PM

Nataraja: Green

Moon - Red

Margasira-Markali

Sun 6 Sutra 258
Vilamba 5120

Moon 12 - Phase 35
Ashtami

Bhuloka Day

6

Sunday, December 30, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Muscat, Oman

Kanya Rasi: 22.51 Tihi 24

Creative Work Amrita Yoga

Until 11:45PM Mon

Then Creative Work - Siddha Yoga

Gulika 2:50PM - 4:10PM
Yama 12:09PM - 1:29PM
Rahu 4:10PM - 5:30PM

Day 5 of Pancha Ganapati

Hasta Until 11:45PM Mon
Athiganda* Until 3:33AM Mon
Taitila Until 12:26PM

Navami* Until 12:04AM Mon

Ganesha: Red Sunrise: 6:48AM

Muruga: Purple Sunset: 5:30PM

Nataraja: Green

Moon - Green

Margasira-Markali

Sun 7 Sutra 259
Vilamba 5120

Moon 12 - Phase 35
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Muscat, Oman	
		Hasta/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 260	
1		Gulika	1:30PM – 2:50PM	Hasta Until 11:45PM	Ganesha: Red	Sunrise: 6:48AM	Vilamba 5120
Tula Rasi: 6.14	Tithi 25	Yama	10:49AM – 12:09PM	Sukarma Until 1:69AM Tue	Muruga: Purple	Sunset: 5:31PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu	8:08AM – 9:29AM	Vanija Until 11:52AM	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga			Dashami Until 11:45PM	Moon – Green	Bhuloka Day	
Until 11:45PM					Margasira*Markali	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga							

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Muscat, Oman	
		Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 261	
2		Gulika	12:10PM – 1:30PM	Svati Until 7:03AM	Ganesha: Red	Sunrise: 6:48AM	Vilamba 5120
Tula Rasi: 19.2	Tithi 26	Yama	9:29AM – 10:50AM	Dhriti Until 1:09AM Wed	Muruga: Purple	Sunset: 5:32PM	Moon 12 - Phase 36
862963366		Rahu	2:51PM – 4:11PM	Bava Until 11:49AM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Bava Until 11:49AM	Moon – Green	Bhuloka Day	
Until 7:03AM				Ekadashi* Until 11:58PM	Margasira*Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Muscat, Oman	
		Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 262	
3		Gulika	10:50AM – 12:10PM	Vishakha Until 8:08AM	Ganesha: Green	Sunrise: 6:48AM	Vilamba 5120
Vrischika Rasi: 2.11	Tithi 27	Yama	8:09AM – 9:29AM	Shula* Until 8:08AM	Muruga: Purple	Sunset: 5:32PM	Moon 12 - Phase 36
872963366		Rahu	12:10PM – 1:31PM	Kaulava Until 12:17PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 12:40AM Thu	Moon – Orange	Bhuloka Day	
					Margasira*Markali		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Muscat, Oman	
		Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 263	
4		Gulika	9:30AM – 10:50AM	Anuradha Until 9:31AM	Ganesha: Green	Sunrise: 6:49AM	Vilamba 5120
Vrischika Rasi: 14.49	Tithi 28	Yama	6:49AM – 8:09AM	Ganda* Until 12:14AM Fri	Muruga: Purple	Sunset: 5:33PM	Moon 12 - Phase 36
872963366		Rahu	1:31PM – 2:52PM	Gara Until 1:13PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 1:51AM Fri	Moon – Orange	Bhuloka Day	
Until 9:31AM					Margasira*Markali		
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata (Fasting)</i>			

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Muscat, Oman	
		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 264	
5		Gulika	8:10AM – 9:30AM	Jyeshtha* Until 11:12AM	Ganesha: Green	Sunrise: 6:49AM	Vilamba 5120
Vrischika Rasi: 27.14	Tithi 29	Yama	2:53PM – 4:13PM	Vriddhi Until 12:19AM Sat	Muruga: Purple	Sunset: 5:34PM	Moon 12 - Phase 36
872963366		Rahu	10:51AM – 12:11PM	Visti Until 2:37PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Chaturdashi* Until 3:28AM Sat	Moon – Orange	Bhuloka Day	
Until 11:12AM					Margasira*Markali		
Then Creative Work - Amrita Yoga							

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Muscat, Oman	
		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 265	
Retreat Star		Gulika	6:49AM – 8:10AM	Mula* Until 1:36PM	Ganesha: White	Sunrise: 6:49AM	Vilamba 5120
Dhanus Rasi: 9.29	Tithi 30	Yama	1:32PM – 2:53PM	Dhruva Until 12:40AM Sun	Muruga: Purple	Sunset: 5:34PM	Moon 12 - Phase 36
882963366		Rahu	9:31AM – 10:51AM	Catuspada Until 4:27PM	Nataraja: Green		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 5:29AM Sun	Moon – Light Blue	Bhuloka Day	
		Subramuniyaswami Jayanti			Margasira*Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Muscat, Oman	
		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna* Karana Prathamayam Titau				Sun 14 Sutra 266	
Retreat Star		Gulika	2:54PM – 4:14PM	Purvashadha* Until 4:13PM	Ganesha: White	Sunrise: 6:50AM	Vilamba 5120
Dhanus Rasi: 21.34	Tithi 1	Yama	12:12PM – 1:33PM	Vyaghata* Until 1:18AM Mon	Muruga: Clear	Sunset: 5:35PM	Moon 12 - Phase 36
882973366		Rahu	4:14PM – 5:35PM	Kintughna Until 6:39PM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga			Prathama* Until 7:50AM Mon	Moon – Light Blue	Bhuloka Day	
Until 4:13PM		Partial Solar Eclipse			Pausha*Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Muscat, Oman Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:33PM – 2:54PM	Uttarashadha Until 6:56PM	Ganesh: White	<i>Sunrise:</i> 6:50AM	
Makara Rasi: 3.3	Tithi 1 – 2	Yama 10:52AM – 12:13PM	Harshana Until 2:09AM Tue	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 8:10AM – 9:31AM	Balava Until 9:09PM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 7:50AM	Moon – Light Blue		
Until 6:56PM				Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Muscat, Oman Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:13PM – 1:34PM	Shravana Until 10:12PM	Ganesh: Red	<i>Sunrise:</i> 6:50AM	
Makara Rasi: 15.21	Tithi 2 – 3	Yama 9:32AM – 10:52AM	Vajra* Until 3:06AM Wed	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 12 - Phase 37
893973366		Rahu 2:55PM – 4:16PM	Taitila Until 11:50PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 10:27AM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Muscat, Oman Sun 17 Sutra 269 Vilamba 5120
3		Gulika 10:53AM – 12:14PM	Dhanishtha Until 1:22AM Thu	Ganesh: Red	<i>Sunrise:</i> 6:50AM	
Makara Rasi: 27.09	Tithi 3 – 4	Yama 8:11AM – 9:32AM	Siddhi Until 4:06AM Thu	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 12 - Phase 37
893973366		Rahu 12:14PM – 1:34PM	Vanija Until 2:36AM Thu	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 1:12PM	Moon – Purple		
Until 1:22AM Thu				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Muscat, Oman Sun 18 Sutra 270 Vilamba 5120
4		Gulika 9:32AM – 10:53AM	Shatabhishak Until 4:16AM Fri	Ganesh: Red	<i>Sunrise:</i> 6:50AM	
Kumbha Rasi: 8.56	Tithi 4 – 5	Yama 6:50AM – 8:11AM	Vyatipata* Until 5:01AM Fri	Muruga: Clear	<i>Sunset:</i> 5:38PM	Moon 12 - Phase 37
893973366		Rahu 1:35PM – 2:56PM	Bava Until 5:15AM Fri	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:55PM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchamyam Titau				Muscat, Oman Sun 19 Sutra 271 Vilamba 5120
5		Gulika 8:11AM – 9:32AM	Purvaproshtapada* Until 7:14AM Sat	Ganesh: Clear	<i>Sunrise:</i> 6:50AM	
Kumbha Rasi: 20.46	Tithi 5	Yama 2:56PM – 4:17PM	Variyan Until 7:14AM Sat	Muruga: Clear	<i>Sunset:</i> 5:38PM	Moon 12 - Phase 37
813973366		Rahu 10:53AM – 12:14PM	Kaulava Until 7:37AM Sat	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:27PM	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Muscat, Oman Sun 20 Sutra 272 Vilamba 5120
6		Gulika 6:50AM – 8:11AM	Purvaproshtapada* Until 7:14AM	Ganesh: Clear	<i>Sunrise:</i> 6:50AM	
Meena Rasi: 2.42	Tithi 6	Yama 1:36PM – 2:57PM	Parigha* Until 6:06AM Sun	Muruga: Clear	<i>Sunset:</i> 5:39PM	Moon 12 - Phase 37
813973366		Rahu 9:33AM – 10:54AM	Kaulava Until 7:37AM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 8:37PM	Moon – Clear		
Until 7:14AM				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:58PM – 4:19PM	Uttaraproshtapada Until 9:37AM	Ganesh: Clear	<i>Sunrise:</i> 6:50AM	
Meena Rasi: 14.49	Tithi 7	Yama 12:15PM – 1:36PM	Parigha* Until 6:06AM	Muruga: Clear	<i>Sunset:</i> 5:40PM	Moon 12 - Phase 37
813973366		Rahu 4:19PM – 5:40PM	Gara Until 9:32AM	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 10:15PM	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:37PM – 2:58PM	Revati Until 11:14AM	Ganesh: Clear	<i>Sunrise:</i> 6:50AM	
Meena Rasi: 27.1	Tithi 8	Yama 10:54AM – 12:16PM	Shiva Until 6:02AM	Muruga: Clear	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 8:12AM – 9:33AM	Visti Until 11:21AM Tue	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:06AM	Moon – Clear		
				Pausha-Thai	Devaloka Day	
		Thai Pongal				

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Taitila Karana Navamyam Titau				Muscat, Oman Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:16PM – 1:37PM	Ashvini Until 12:28PM	Ganesh: Purple	<i>Sunrise:</i> 6:50AM	
Mesha Rasi: 9.5	Tithi 9	Yama 9:33AM – 10:55AM	Sadhya Until 12:28PM	Muruga: Clear	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 37
823973366		Rahu 2:59PM – 4:20PM	Balava Until 11:21AM	Nataraja: Green		Navami
Creative Work	Siddha Yoga		Navami* Until 11:18PM	Moon – White		
				Pausha-Thai	Sivaloka Day	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Muscat, Oman	
Mesha Rasi: 22.55		Tithi 10		Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 276	
		Gulika	10:55AM – 12:16PM	Bharani Until 12:43PM	Ganesha: Blue	Sunrise: 6:50AM	Vilamba 5120		
		Yama	8:12AM – 9:33AM	Subha Until 2:15AM Thu	Muruga: Clear	Sunset: 5:42PM	Moon 12 - Phase 38		
Creative Work		833173366	Rahu	12:16PM – 1:38PM	Nataraja: Green			4th Phase	
Until 12:43PM				Taitila Until 11:04AM	Moon – White	Sivaloka Day			
Then Creative Work - Amrita Yoga				Dashami Until 10:36PM	Pausha*Thai				

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Muscat, Oman	
Vrishabha Rasi: 6.26		Tithi 11		Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 277	
		Gulika	9:34AM – 10:55AM	Krittika Until 12:02PM	Ganesha: Blue	Sunrise: 6:50AM	Vilamba 5120		
		Yama	6:50AM – 8:12AM	Sukla Until 11:43PM	Muruga: Clear	Sunset: 5:43PM	Moon 12 - Phase 38		
Routine Work		833173366	Rahu	1:38PM – 3:00PM	Nataraja: Green			4th Phase	
Marana Yoga				Vanija Until 9:57AM	Moon – White	Sivaloka Day			
				Ekadashi Until 9:05PM	Pausha*Thai				

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Muscat, Oman	
Vrishabha Rasi: 20.25		Tithi 12		Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26		Sutra 278	
		Gulika	8:12AM – 9:34AM	Rohini Until 4:03PM Sat	Ganesha: Yellow	Sunrise: 6:50AM	Vilamba 5120		
		Yama	3:00PM – 4:22PM	Brahma Until 8:37PM	Muruga: Clear	Sunset: 5:44PM	Moon 12 - Phase 38		
Routine Work		833173366	Rahu	10:55AM – 12:17PM	Nataraja: Green			4th Phase	
Marana Yoga				Bava Until 8:05AM	Moon – Yellow	Devaloka Day			
Until 4:03PM Sat				Dvadashi Until 6:52PM	Pausha*Thai				
Then Creative Work - Siddha Yoga									

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Muscat, Oman	
Mithuna Rasi: 4.5		Tithi 13 – 14		Rohini/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 279	
		Gulika	6:50AM – 8:12AM	Rohini Until 4:03PM	Ganesha: Yellow	Sunrise: 6:50AM	Vilamba 5120		
		Yama	1:39PM – 3:01PM	Indra Until 4:65PM	Muruga: Clear	Sunset: 5:44PM	Moon 12 - Phase 38		
Creative Work		833173366	Rahu	9:34AM – 10:56AM	Nataraja: Green			4th Phase	
Siddha Yoga				Gara Until 2:29AM Sun	Moon – Yellow	Devaloka Day			
				Trayodashi Until 4:03PM	Pausha*Thai				
				<i>Pradosha Vrata</i>					

		Sunday, January 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		Muscat, Oman	
Copper Retreat Star		Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 28		Sutra 280	
Mithuna Rasi: 19.38		Tithi 14 – 15		Ardra Until 6:27AM		Ganesha: Yellow	Sunrise: 6:50AM	Vilamba 5120	
		Gulika	3:01PM – 4:23PM	Vaidhriti* Until 1:09PM	Muruga: Clear	Sunset: 5:45PM	Moon 12 - Phase 38		
Creative Work		833173366	Rahu	4:23PM – 5:45PM	Nataraja: Green			Purnima	
Siddha Yoga				Visti Until 11:04PM	Moon – Yellow	Devaloka Day			
				Chaturdashi* Until 12:48PM	Pausha*Thai				

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Muscat, Oman	
Kataka Rasi: 4.41		Tithi 15 – 16		Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 281	
Family Home Evening		Gulika	1:40PM – 3:02PM	Pushya Until 12:55AM Tue	Ganesha: White	Sunrise: 6:50AM	Vilamba 5120		
		Yama	10:56AM – 12:18PM	Vishkambha* Until 9:01AM	Muruga: Clear	Sunset: 5:46PM	Moon 12 - Phase 38		
Creative Work		833173366	Rahu	8:12AM – 9:34AM	Nataraja: Green			Prathama	
Siddha Yoga				Balava Until 7:26PM	Moon – Blue	Sivaloka Day			
				Purnima* Until 9:15AM	Pausha*Thai				
		Total Lunar Eclipse							
		Thai Pusam							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Kataka Rasi: 19.52 Tihti 17

Gulika 12:18PM – 1:40PM
Yama 9:34AM – 10:56AM
Rahu 3:02PM – 4:24PM

Ashlesha* Until 9:53PM
Ayushman Until 12:32AM Wed
Taitila Until 3:45PM
Dvitiya Until 1:56AM Wed

Ganesha: Clear *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 5:46PM
Nataraja: Green
Moon – Blue
Pausha*Thai

Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Wednesday, January 23, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman

Simha Rasi: 5.01 Tihti 18

Gulika 10:56AM – 12:18PM
Yama 8:12AM – 9:34AM
Rahu 12:18PM – 1:41PM

Magha* Until 7:16PM
Saubhagya Until 8:27PM
Vanija Until 8:54AM Thu
Tritiya Until 12:32AM Wed

Ganesha: Purple *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 5:47PM
Nataraja: Green
Moon – Red
Pausha*Thai

Sun 1 Sutra 283
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 7:16PM

Then Creative Work - Amrita Yoga

Thursday, January 24, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthiyam Titau

Muscat, Oman

Simha Rasi: 19.59 Tihti 19

Gulika 9:34AM – 10:56AM
Yama 6:50AM – 8:12AM
Rahu 1:41PM – 3:03PM

Purvaphalguni Until 4:50PM
Sobhana Until 4:40PM
Bava Until 8:54AM
Chaturthi* Until 7:24PM

Ganesha: Purple *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 5:48PM
Nataraja: Green
Moon – Red
Pausha*Thai

Sun 2 Sutra 284
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Friday, January 25, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Panchami/Shashthiyam Titau

Muscat, Oman

Kanya Rasi: 4.39 Tihti 20 – 21

Gulika 8:12AM – 9:34AM
Yama 3:04PM – 4:26PM
Rahu 10:57AM – 12:19PM

Uttaraphalguni Until 2:45PM
Athiganda* Until 1:14PM
Kaulava Until 6:03AM
Panchami Until 4:47PM

Ganesha: Clear *Sunrise:* 6:49AM
Muruga: Clear *Sunset:* 5:49PM
Nataraja: Green
Moon – Red
Pausha*Thai

Sun 3 Sutra 285
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 2:45PM

Then Creative Work - Amrita Yoga

Saturday, January 26, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Kanya Rasi: 18.56 Tihti 21 – 22

Gulika 6:49AM – 8:12AM
Yama 1:42PM – 3:04PM
Rahu 9:34AM – 10:57AM

Hasta Until 1:31PM
Sukarma Until 10:18AM
Visti Until 2:04AM Sun
Shashthi* Until 2:48PM

Ganesha: Purple *Sunrise:* 6:49AM
Muruga: Clear *Sunset:* 5:49PM
Nataraja: Green
Moon – Green
Pausha*Thai

Sun 4 Sutra 286
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Sunday, January 27, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Tula Rasi: 2.47 Tihti 22 – 23

Gulika 3:05PM – 4:27PM
Yama 12:19PM – 1:42PM
Rahu 4:27PM – 5:50PM

Chitra Until 12:51PM
Dhriti Until 7:55AM
Balava Until 24:68
Saptami Until 10:18AM

Ganesha: Purple *Sunrise:* 6:49AM
Muruga: Clear *Sunset:* 5:50PM
Nataraja: Green
Moon – Green
Pausha*Thai

Sun 5 Sutra 287
Vilamba 5120
Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman

Tula Rasi: 16.13 Tihti 23 – 24

Gulika 1:42PM – 3:05PM
Yama 10:57AM – 12:20PM
Rahu 8:11AM – 9:34AM

Svati Until 12:44PM
Shula* Until 6:06AM
Taitila Until 12:58AM Tue
Ashtami* Until 12:56PM

Ganesha: Purple *Sunrise:* 6:49AM
Muruga: Clear *Sunset:* 5:51PM
Nataraja: Green
Moon – Green
Pausha*Thai

Sun 6 Sutra 288
Vilamba 5120
Moon 1 - Phase 39
Navami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 12:44PM

Then Routine Work - Marana Yoga

1 Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Muscat, Oman Sun 7 Sutra 289 Vilamba 5120
Tula Rasi: 29.14	Tithi 24 – 25	Gulika Yama	12:20PM – 1:43PM 9:34AM – 10:57AM	Vishakha Until 1:40PM Vriddhi Until 4:12AM Wed Vanija Until 1:30AM Wed Navami* Until 1:07PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 6:48AM Sunset: 5:51PM Moon 1 - Phase 40 2nd Phase
Routine Work	Marana Yoga	974173366	Rahu 3:06PM – 4:28PM			Devaloka Day
Until 1:40PM Then Creative Work - Siddha Yoga						

2 Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti* Karana Dashami/Ekadashyam Titau				Muscat, Oman Sun 8 Sutra 290 Vilamba 5120
Vrischika Rasi: 11.55	Tithi 25 – 26	Gulika Yama	10:57AM – 12:20PM 8:11AM – 9:34AM	Anuradha Until 3:06PM Dhruva Until 4:00AM Thu Visti Until 2:00PM Dashami Until 2:00PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 6:48AM Sunset: 5:52PM Moon 1 - Phase 40 2nd Phase
Creative Work	Siddha Yoga	974173366	Rahu 12:20PM – 1:43PM			Devaloka Day

3 Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 9 Sutra 291 Vilamba 5120
Vrischika Rasi: 24.19	Tithi 26 – 27	Gulika Yama	9:34AM – 10:57AM 6:48AM – 8:11AM	Jyeshtha* Until 4:57PM Vyaghata* Until 4:13AM Fri Kaulava Until 4:27AM Fri Ekadashi* Until 3:30PM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Orange Pausha*Thai	Sunrise: 6:48AM Sunset: 5:53PM Moon 1 - Phase 40 2nd Phase
Routine Work	Prabalarishta Yoga	974173366	Rahu 1:43PM – 3:06PM			Devaloka Day
Until 4:57PM Then Creative Work - Siddha Yoga						

4 Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 6.3	Tithi 27 – 28	Gulika Yama	8:11AM – 9:34AM 3:06PM – 4:30PM	Mula* Until 7:35PM Harshana Until 4:47AM Sat Gara Until 6:38AM Sat Dvadashi* Until 5:28PM	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 6:48AM Sunset: 5:53PM Moon 1 - Phase 40 2nd Phase
Creative Work	Amrita Yoga	984173366	Rahu 10:57AM – 12:20PM			Bhuloka Day Devaloka Time: 12:PM to 3:PM
Until 7:35PM Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata (Fasting)</i>				

5 Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Muscat, Oman Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 18.31	Tithi 28	Gulika Yama	6:47AM – 8:10AM 1:44PM – 3:07PM	Purvashadha* Until 10:24PM Sun Vajra* Until 5:32AM Sun Gara Until 6:38AM Trayodashi* Until 7:49PM	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 6:47AM Sunset: 5:53PM Moon 1 - Phase 40 2nd Phase
Creative Work	Siddha Yoga	984173366	Rahu 9:34AM – 10:57AM			Bhuloka Day Devaloka Time: 12:PM to 3:PM
Until 10:24PM Sun Then Routine Work - Marana Yoga						

6 Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman Sun 12 Sutra 294 Vilamba 5120
Makara Rasi: 0.25	Tithi 29	Gulika Yama	3:07PM – 4:31PM 12:20PM – 1:44PM	Purvashadha* Until 10:24PM Siddhi Until 6:27AM Mon Visti Until 9:06AM Chaturdashi* Until 10:24PM	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausha*Thai	Sunrise: 6:47AM Sunset: 5:54PM Moon 1 - Phase 40 2nd Phase
Creative Work	Amrita Yoga	984173366	Rahu 4:31PM – 5:54PM			Bhuloka Day Devaloka Time: 12:PM to 3:PM

Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Muscat, Oman Sun 13 Sutra 295 Vilamba 5120
Retreat Star		Gulika Yama	1:44PM – 3:08PM 10:57AM – 12:21PM	Shravana Until 4:32AM Tue Siddhi Until 6:27AM Catuspada Until 11:46AM Amavasya* Until 1:06AM Tue	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Pausha*Thai	Sunrise: 6:46AM Sunset: 5:55PM Moon 1 - Phase 40 Amavasya
Makara Rasi: 12.14	Tithi 30	995173367	Rahu 8:10AM – 9:33AM			Devaloka Day
Family Home Evening Creative Work Amrita Yoga Until 4:32AM Tue Then Creative Work - Siddha Yoga						

Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyatipata*/Vriyan Yoga Kintughna* Karana Prathamayam Titau				Muscat, Oman Sun 14 Sutra 296 Vilamba 5120
Retreat Star		Gulika Yama	12:21PM – 1:44PM 9:33AM – 10:57AM	Dhanishtha Until 7:39AM Wed Vyatipata* Until 7:27AM Kintughna Until 2:29PM Prathama* Until 3:48AM Wed	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Magha*Thai	Sunrise: 6:46AM Sunset: 5:55PM Moon 1 - Phase 40 Prathama
Makara Rasi: 24.02	Tithi 1	995173367	Rahu 3:08PM – 4:32PM			Devaloka Day
Creative Work Siddha Yoga						

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Muscat, Oman
Kumbha Rasi: 5.5	Tithi 2	Gulika	10:57AM – 12:21PM	Dhanishtha Until 7:39AM	Ganesh: Red	<i>Sunrise:</i> 6:45AM	Sun 15	Sutra 297
		Yama	8:09AM – 9:33AM	Variyan Until 8:24AM	Muruga: Clear	<i>Sunset:</i> 5:56PM		Vilamba 5120
		995173367 Rahu	12:21PM – 1:45PM	Balava Until 5:09PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Routine Work	Prabalarishta Yoga			Dvitiya Until 6:25AM Thu	Moon – Purple		Devaloka Day	
Until 7:39AM					Magha-Thai			
Then Creative Work - Siddha Yoga								

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvproshthapada* Nakshatra Parigha* Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Muscat, Oman
Kumbha Rasi: 17.41	Tithi 2 – 3	Gulika	9:33AM – 10:57AM	Shatabhishak Until 10:30AM	Ganesh: Red	<i>Sunrise:</i> 6:45AM	Sun 16	Sutra 298
		Yama	6:45AM – 8:09AM	Parigha* Until 9:18AM	Muruga: Clear	<i>Sunset:</i> 5:57PM		Vilamba 5120
		995173367 Rahu	1:45PM – 3:09PM	Taitila Until 7:40PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 6:25AM	Moon – Purple		Devaloka Day	
					Magha-Thai			

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvproshthapada*/Uttarproshthapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Muscat, Oman
Kumbha Rasi: 29.35	Tithi 3 – 4	Gulika	8:09AM – 9:33AM	Purvproshthapada* Until 1:29PM	Ganesh: Blue	<i>Sunrise:</i> 6:44AM	Sun 17	Sutra 299
		Yama	3:09PM – 4:33PM	Shiva Until 10:03AM	Muruga: Clear	<i>Sunset:</i> 5:57PM		Vilamba 5120
		915173367 Rahu	10:57AM – 12:21PM	Vanija Until 9:57PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 8:50AM	Moon – Clear		Sivaloka Day	
					Magha-Thai			

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Muscat, Oman
Meena Rasi: 12	Tithi 4 – 5	Gulika	6:44AM – 8:08AM	Uttarproshthapada Until 4:01PM	Ganesh: Blue	<i>Sunrise:</i> 6:44AM	Sun 18	Sutra 300
		Yama	1:45PM – 3:09PM	Siddha Until 10:33AM	Muruga: Clear	<i>Sunset:</i> 5:58PM		Vilamba 5120
		915173367 Rahu	9:32AM – 10:57AM	Bava Until 11:54PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 10:57AM	Moon – Clear		Sivaloka Day	
Until 4:01PM					Magha-Thai			
Then Routine Work - Prabalarishta Yoga								

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Muscat, Oman
Meena Rasi: 23.46	Tithi 5 – 6	Gulika	3:10PM – 4:34PM	Revati Until 5:59PM	Ganesh: Red	<i>Sunrise:</i> 6:43AM	Sun 19	Sutra 301
		Yama	12:21PM – 1:45PM	Sadhya Until 10:47AM	Muruga: Clear	<i>Sunset:</i> 5:58PM		Vilamba 5120
		915273367 Rahu	4:34PM – 5:58PM	Kaulava Until 1:23AM Mon	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Amrita Yoga			Panchami Until 12:41PM	Moon – Clear		Devaloka Day	
Until 5:59PM					Magha-Thai			
Then Creative Work - Siddha Yoga								

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Muscat, Oman
Mesha Rasi: 6.07	Tithi 6 – 7	Gulika	1:46PM – 3:10PM	Ashvini Until 7:45PM	Ganesh: Blue	<i>Sunrise:</i> 6:43AM	Sun 20	Sutra 302
Family Home Evening		Yama	10:56AM – 12:21PM	Subha Until 10:38AM	Muruga: Clear	<i>Sunset:</i> 5:59PM		Vilamba 5120
		925273367 Rahu	8:07AM – 9:32AM	Gara Until 2:18AM Tue	Nataraja: White		Moon 1 - Phase 41	3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 1:54PM	Moon – White		Bhuloka Day	
					Magha-Thai		Devaloka Time: 12:PM to 3:PM	

Retreat Star		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija Karana Saptami/Ashtamyam Titau		Muscat, Oman
Mesha Rasi: 18.45	Tithi 7 – 8	Gulika	12:21PM – 1:46PM	Bharani Until 8:44PM	Ganesh: Blue	<i>Sunrise:</i> 6:42AM	Sun 21	Sutra 303
		Yama	9:32AM – 10:56AM	Sukla Until 10:00AM	Muruga: Clear	<i>Sunset:</i> 6:00PM		Vilamba 5120
		925273367 Rahu	3:10PM – 4:35PM	Vanija Until 2:29PM	Nataraja: White		Moon 1 - Phase 41	Ashtami
Creative Work	Siddha Yoga			Saptami Until 2:29PM	Moon – White		Bhuloka Day	
					Magha-Thai		Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Muscat, Oman
Vrisabha Rasi: 1.41	Tithi 8 – 9	Gulika	10:56AM – 12:21PM	Krittika Until 8:52PM	Ganesh: Yellow	<i>Sunrise:</i> 6:42AM	Sun 22	Sutra 304
		Yama	8:07AM – 9:31AM	Brahma Until 8:51AM	Muruga: Clear	<i>Sunset:</i> 6:00PM		Vilamba 5120
		926273367 Rahu	12:21PM – 1:46PM	Balava Until 2:02AM Thu	Nataraja: White		Moon 1 - Phase 41	Navami
Creative Work	Amrita Yoga			Ashtami* Until 2:22PM	Moon – White		Devaloka Day	
Until 8:52PM					Magha-Masi			
Then Creative Work - Siddha Yoga								

1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Muscat, Oman	
Vrishabha Rasi: 15.02		Tithi 9 – 10		Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava Karana Navami/Dashamyam Titau		Sun 23		Sutra 305	
936273367		Gulika	9:31AM – 10:56AM	Rohini Until 8:33PM	Ganesha: White	<i>Sunrise:</i> 6:41AM	Vilamba 5120		
Routine Work		Yama	6:41AM – 8:06AM	Indra Until 7:07AM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 42		
Marana Yoga		Rahu	1:46PM – 3:11PM	Kaulava Until 1:28PM	Nataraja: White		4th Phase		
				Navami* Until 1:28PM	Moon – Yellow		Sivaloka Day		
					Magha-Masi				

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Muscat, Oman	
Vrishabha Rasi: 28.47		Tithi 10 – 11		Mrigashira Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 306	
936273367		Gulika	8:06AM – 9:31AM	Mrigashira Until 7:22PM	Ganesha: White	<i>Sunrise:</i> 6:40AM	Vilamba 5120		
Creative Work		Yama	3:11PM – 4:36PM	Vishkambha* Until 1:51AM Sat	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 42		
Siddha Yoga		Rahu	10:56AM – 12:21PM	Vanija Until 10:45PM	Nataraja: White		4th Phase		
				Dashami Until 11:49AM	Moon – Yellow		Sivaloka Day		
					Magha-Masi				

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Muscat, Oman	
Mithuna Rasi: 13.01		Tithi 11 – 12		Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 307	
936273367		Gulika	6:40AM – 8:05AM	Ardra Until 5:23PM	Ganesha: White	<i>Sunrise:</i> 6:40AM	Vilamba 5120		
Creative Work		Yama	1:46PM – 3:12PM	Priti Until 10:26PM	Muruga: Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 42		
Siddha Yoga		Rahu	9:30AM – 10:56AM	Bava Until 8:07PM	Nataraja: White		4th Phase		
				Ekadashi Until 9:30AM	Moon – Yellow		Sivaloka Day		
					Magha-Masi				

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Muscat, Oman	
Mithuna Rasi: 27.38		Tithi 12 – 13		Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 308	
946273367		Gulika	3:12PM – 4:37PM	Punarvasu Until 3:09PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Vilamba 5120		
Creative Work		Yama	12:21PM – 1:46PM	Ayushman Until 6:36PM	Muruga: Clear	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 42		
Siddha Yoga		Rahu	4:37PM – 6:03PM	Taitila Until 3:14AM Mon	Nataraja: White		4th Phase		
				Dvadashi Until 6:35AM	Moon – Blue		Devaloka Day		
					Magha-Masi				

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Muscat, Oman	
Kataka Rasi: 12.37		Tithi 14		Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara Karana Chaturdashyam Titau		Sun 27		Sutra 309	
946273367		Gulika	1:46PM – 3:12PM	Pushya Until 12:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Vilamba 5120		
Family Home Evening		Yama	10:55AM – 12:21PM	Saubhagya Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 42		
Creative Work		Rahu	8:04AM – 9:30AM	Gara Until 1:27PM	Nataraja: White		4th Phase		
Siddha Yoga				Chidambaram Abhishekam	Moon – Blue		Devaloka Day		
				Chaturdashi* Until 11:35PM	Magha-Masi				

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Muscat, Oman	
Kataka Rasi: 27.49		Tithi 15		Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 310	
946273367		Gulika	12:21PM – 1:47PM	Ashlesha* Until 9:18AM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Vilamba 5120		
Creative Work		Yama	9:29AM – 10:55AM	Sobhana Until 10:12AM	Muruga: Clear	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 42		
Siddha Yoga		Rahu	3:12PM – 4:38PM	Visti Until 9:43AM	Nataraja: White		Purnima		
				Purnima* Until 7:48PM	Moon – Blue		Devaloka Day		
					Magha-Masi				

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Muscat, Oman	
Simha Rasi: 13.04		Tithi 16 – 17		Magha*/Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Sun 29		Sutra 311	
957273367		Gulika	10:55AM – 12:21PM	Magha* Until 6:24AM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	Vilamba 5120		
Creative Work		Yama	8:03AM – 9:29AM	Sukarma Until 1:38AM Thu	Muruga: Clear	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 42		
Siddha Yoga		Rahu	12:21PM – 1:47PM	Taitila Until 2:15AM Thu	Nataraja: White		Prathama		
Until 6:24AM				Prathama* Until 4:03PM	Moon – Red		Devaloka Day		
Then Creative Work - Amrita Yoga					Magha-Masi				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Simha Rasi: 28.13 Tihi 17 – 18

Amrita Yoga

967273367

Gulika 9:28AM – 10:55AM
Yama 6:36AM – 8:02AM
Rahu 1:47PM – 3:13PM

Uttaraphalguni Until 12:46AM Fri
Dhriti Until 9:40PM
Vanija Until 10:53PM
Dvitiya Until 12:30PM

Ganesha: Clear *Sunrise:* 6:36AM
Muruga: Clear *Sunset:* 6:05PM
Nataraja: White
 Moon – Red
Magha-Masi

Muscat, Oman
 Sun 1 Sutra 312
 Vilamba 5120
 Moon 2 - Phase 43
 1st Phase

Devaloka Day

Friday, February 22, 2019

1

Kanya Rasi: 13.07 Tihi 18 – 19

Creative Work Amrita Yoga

Until 10:47PM

Then Creative Work - Siddha Yoga

967273367

Gulika 8:02AM – 9:28AM
Yama 3:13PM – 4:39PM
Rahu 10:54AM – 12:20PM

Maha Sankatahara Chaturthi

Hasta Until 10:47PM
Shula* Until 10:47PM
Bava Until 7:57PM
Tritiya Until 9:20AM

Ganesha: White *Sunrise:* 6:36AM
Muruga: Clear *Sunset:* 6:05PM
Nataraja: White
 Moon – Green
Magha-Masi

Muscat, Oman
 Sun 2 Sutra 313
 Vilamba 5120
 Moon 2 - Phase 43
 1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Saturday, February 23, 2019

2

Kanya Rasi: 27.39 Tihi 19 – 20

Routine Work Marana Yoga

Until 9:16PM

Then Creative Work - Siddha Yoga

967273367

Gulika 6:35AM – 8:01AM
Yama 1:47PM – 3:13PM
Rahu 9:28AM – 10:54AM

Chitra Until 9:16PM
Ganda* Until 2:53PM
Taitila Until 4:43AM Sun
Chaturthi* Until 6:41AM

Ganesha: White *Sunrise:* 6:35AM
Muruga: Clear *Sunset:* 6:06PM
Nataraja: White
 Moon – Green
Magha-Masi

Muscat, Oman
 Sun 3 Sutra 314
 Vilamba 5120
 Moon 2 - Phase 43
 1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Sunday, February 24, 2019

3

Tula Rasi: 11.43 Tihi 21

Creative Work Siddha Yoga

Until 8:21PM

Then Routine Work - Marana Yoga

967273367

Gulika 3:13PM – 4:40PM
Yama 12:20PM – 1:47PM
Rahu 4:40PM – 6:06PM

Svati Until 8:21PM
Vridhhi Until 12:20PM
Gara Until 4:03PM
Shashthi* Until 3:33AM Mon

Ganesha: White *Sunrise:* 6:34AM
Muruga: Clear *Sunset:* 6:06PM
Nataraja: White
 Moon – Green
Magha-Masi

Muscat, Oman
 Sun 4 Sutra 315
 Vilamba 5120
 Moon 2 - Phase 43
 1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Monday, February 25, 2019

4

Tula Rasi: 25.18 Tihi 22

Family Home Evening

Routine Work Marana Yoga

Until 3:47AM Wed Tue

Then Creative Work - Siddha Yoga

977273367

Gulika 1:47PM – 3:14PM
Yama 10:53AM – 12:20PM
Rahu 8:00AM – 9:27AM

Vishakha Until 3:47AM Wed Tue
Dhruva Until 10:25AM
Visti Until 3:18PM
Saptami Until 3:14AM Tue

Ganesha: Yellow *Sunrise:* 6:33AM
Muruga: Clear *Sunset:* 6:07PM
Nataraja: White
 Moon – Orange
Magha-Masi

Muscat, Oman
 Sun 5 Sutra 316
 Vilamba 5120
 Moon 2 - Phase 43
 1st Phase

Devaloka Day

Tuesday, February 26, 2019

5

Retreat Star

Vrischika Rasi: 8.25 Tihi 23

Creative Work Siddha Yoga

977273367

Gulika 12:20PM – 1:47PM
Yama 9:26AM – 10:53AM
Rahu 3:14PM – 4:41PM

Vishakha Until 3:47AM Wed
Vyaghata* Until 8:39AM Wed
Balava Until 3:26PM
Ashtami* Until 3:47AM Wed

Ganesha: Yellow *Sunrise:* 6:32AM
Muruga: Clear *Sunset:* 6:07PM
Nataraja: White
 Moon – Orange
Magha-Masi

Muscat, Oman
 Sun 6 Sutra 317
 Vilamba 5120
 Moon 2 - Phase 43
 Ashtami

Devaloka Day

Wednesday, February 27, 2019

Retreat Star

Vrischika Rasi: 21.07 Tihi 24

Creative Work Siddha Yoga

Until 11:01PM

Then Routine Work - Marana Yoga

978273367

Gulika 10:53AM – 12:20PM
Yama 7:59AM – 9:26AM
Rahu 12:20PM – 1:47PM

Jyeshtha* Until 11:01PM
Harshana Until 8:39AM
Taitila Until 4:23PM
Navami* Until 5:08AM Thu

Ganesha: Blue *Sunrise:* 6:32AM
Muruga: Clear *Sunset:* 6:08PM
Nataraja: White
 Moon – Orange
Magha-Masi

Muscat, Oman
 Sun 7 Sutra 318
 Vilamba 5120
 Moon 2 - Phase 43
 Navami

Sivaloka Day

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija Karana Dashamyam Titau		Muscat, Oman Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 3.28	Tithi 25	Gulika	9:25AM – 10:52AM	Mula* Until 1:33AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:31AM			
		Yama	6:31AM – 7:58AM	Vajra* Until 8:39AM	Muruga: Clear	<i>Sunset:</i> 6:08PM		Moon 2 - Phase 44	
		988273367 Rahu	1:47PM – 3:14PM	Vanija Until 6:05PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 7:07AM Fri	Moon – Light Blue			Devaloka Day	
Until 1:33AM Fri					Magha-Masi				
Then Routine Work - Prabalarishta Yoga									

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 15.33	Tithi 25 – 26	Gulika	7:57AM – 9:24AM	Purvashadha* Until 4:22AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:29AM			
		Yama	3:14PM – 4:42PM	Siddhi Until 9:09AM	Muruga: Clear	<i>Sunset:</i> 6:09PM		Moon 2 - Phase 44	
		988273367 Rahu	10:52AM – 12:19PM	Bava Until 8:19PM	Nataraja: White			2nd Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 7:07AM	Moon – Light Blue			Devaloka Day	
Until 4:22AM Sat					Magha-Masi				
Then Routine Work - Marana Yoga									

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 27.28	Tithi 26 – 27	Gulika	6:28AM – 7:56AM	Uttarashadha Until 7:19AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:28AM			
		Yama	1:47PM – 3:14PM	Vyatipata* Until 7:19AM Sun	Muruga: Clear	<i>Sunset:</i> 6:10PM		Moon 2 - Phase 44	
		988273367 Rahu	9:24AM – 10:51AM	Taitila Until 11:75AM Sun	Nataraja: White			2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 9:34AM	Moon – Light Blue			Devaloka Day	
Until 7:19AM Sun					Magha-Masi				
Then Creative Work - Amrita Yoga									

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 9.16	Tithi 27 – 28	Gulika	3:15PM – 4:42PM	Uttarashadha Until 7:19AM	Ganesha: Red	<i>Sunrise:</i> 6:27AM			
		Yama	12:19PM – 1:47PM	Variyan Until 10:58AM	Muruga: Clear	<i>Sunset:</i> 6:10PM		Moon 2 - Phase 44	
		988273367 Rahu	4:42PM – 6:10PM	Gara Until 1:39AM Mon	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 12:15PM	Moon – Light Blue			Devaloka Day	
					Magha-Masi				

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 21.02	Tithi 28 – 29	Gulika	1:47PM – 3:15PM	Shravana Until 10:40AM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM			
Family Home Evening		Yama	10:51AM – 12:19PM	Parigha* Until 12:02PM	Muruga: Clear	<i>Sunset:</i> 6:11PM		Moon 2 - Phase 44	
		998273367 Rahu	7:55AM – 9:23AM	Visti Until 4:22AM Tue	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 3:00PM	Moon – Purple			Devaloka Day	
Until 10:40AM					Magha-Masi				
Then Creative Work - Siddha Yoga									

6		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Muscat, Oman Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 2.49	Tithi 29 – 30	Gulika	12:18PM – 1:47PM	Dhanishtha Until 1:47PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM			
		Yama	9:22AM – 10:50AM	Shiva Until 1:03PM	Muruga: Clear	<i>Sunset:</i> 6:11PM		Moon 2 - Phase 44	
		199273367 Rahu	3:15PM – 4:43PM	Catuspada Until 6:56AM Wed	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 5:39PM	Moon – Purple			Devaloka Day	
Until 1:47PM					Magha-Masi				
Then Routine Work - Marana Yoga									

Retreat Star		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Muscat, Oman Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 14.4	Tithi 30	Gulika	10:50AM – 12:18PM	Shatabhishak Until 4:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM			
		Yama	7:53AM – 9:21AM	Siddha Until 1:53PM	Muruga: Clear	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 44	
		199273367 Rahu	12:18PM – 1:47PM	Catuspada Until 6:56AM	Nataraja: White			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 8:06PM	Moon – Purple			Devaloka Day	
Until 4:33PM					Magha-Masi				
Then Creative Work - Amrita Yoga									

Retreat Star		Thursday, March 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Muscat, Oman Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 26.37	Tithi 1	Gulika	9:21AM – 10:49AM	Purvaproshtapada* Until 7:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM			
		Yama	6:24AM – 7:52AM	Sadhya Until 2:32PM	Muruga: Clear	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 44	
		119373367 Rahu	1:47PM – 3:15PM	Kintughna Until 9:14AM	Nataraja: White			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 10:15PM	Moon – Clear			Devaloka Day	
					Phalguna-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla/Yoga Balava Karana Dvitiyayam Titau				Muscat, Oman Sun 16 Sutra 327	
Meena Rasi: 8.4	Tithi 2	Gulika	7:52AM – 9:20AM	Uttaraproshtapada Until 9:46PM	Ganesh: Yellow	<i>Sunrise:</i> 6:23AM		Vilamba 5120	
		Yama	3:15PM – 4:44PM	Subha Until 2:58PM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367	Rahu 10:49AM – 12:18PM	Balava Until 11:13AM	Nataraja: White			3rd Phase	
				Dvitiya Until 12:04AM Sat	Moon – Clear		Devaloka Day		
					Phalguna-Masi				
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Muscat, Oman Sun 17 Sutra 328	
Meena Rasi: 20.52	Tithi 3	Gulika	6:22AM – 7:51AM	Revati Until 11:38PM	Ganesh: Yellow	<i>Sunrise:</i> 6:22AM		Vilamba 5120	
		Yama	1:46PM – 3:15PM	Sukla Until 3:07PM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 2 - Phase 45	
Routine Work	Prabalarishta Yoga	119373367	Rahu 9:20AM – 10:49AM	Tailila Until 12:53PM	Nataraja: White			3rd Phase	
Until 11:38PM				Tritiya Until 1:33AM Sun	Moon – Clear		Devaloka Day		
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day		Phalguna-Masi				
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Muscat, Oman Sun 18 Sutra 329	
Mesha Rasi: 3.12	Tithi 4	Gulika	3:15PM – 4:44PM	Ashvini Until 1:27AM Mon	Ganesh: Red	<i>Sunrise:</i> 6:21AM		Vilamba 5120	
		Yama	12:17PM – 1:46PM	Brahma Until 2:59PM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367	Rahu 4:44PM – 6:13PM	Vanija Until 14:61AM Mon	Nataraja: White			3rd Phase	
				Chaturthi* Until 3:07PM	Moon – White		Devaloka Day		
					Phalguna-Masi				
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman Sun 19 Sutra 330	
Mesha Rasi: 15.43	Tithi 5	Gulika	1:46PM – 3:15PM	Bharani Until 2:41AM Tue	Ganesh: Red	<i>Sunrise:</i> 6:20AM		Vilamba 5120	
Family Home Evening		Yama	10:48AM – 12:17PM	Indra Until 2:34PM	Muruga: Clear	<i>Sunset:</i> 6:14PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367	Rahu 7:49AM – 9:19AM	Bava Until 3:01PM	Nataraja: White			3rd Phase	
				Panchami Until 3:16AM Tue	Moon – White		Devaloka Day		
					Phalguna-Masi				
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Muscat, Oman Sun 20 Sutra 331	
Mesha Rasi: 28.25	Tithi 6	Gulika	12:17PM – 1:46PM	Krittika Until 3:17AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:19AM		Vilamba 5120	
		Yama	9:18AM – 10:47AM	Vaidhriti* Until 1:45PM	Muruga: Clear	<i>Sunset:</i> 6:14PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367	Rahu 3:15PM – 4:45PM	Kaulava Until 3:25PM	Nataraja: White			3rd Phase	
				Shashthi* Until 3:24AM Wed	Moon – White		Devaloka Day		
					Phalguna-Masi				
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman Sun 21 Sutra 332	
Vrishabha Rasi: 11.23	Tithi 7	Gulika	10:47AM – 12:16PM	Rohini Until 3:39AM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:18AM		Vilamba 5120	
		Yama	7:48AM – 9:17AM	Vishkambha* Until 12:33PM	Muruga: Clear	<i>Sunset:</i> 6:15PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367	Rahu 12:16PM – 1:46PM	Gara Until 3:17PM	Nataraja: White			3rd Phase	
Until 3:39AM Thu				Saptami Until 2:59AM Thu	Moon – Yellow		Sivaloka Day		
Then Routine Work - Marana Yoga					Phalguna-Masi				
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman Sun 22 Sutra 333	
Vrishabha Rasi: 24.38	Tithi 8	Gulika	9:17AM – 10:46AM	Mrigashira Until 3:15AM Fri	Ganesh: Purple	<i>Sunrise:</i> 6:17AM		Vilamba 5120	
		Yama	6:17AM – 7:47AM	Priti Until 10:54AM	Muruga: Clear	<i>Sunset:</i> 6:15PM		Moon 2 - Phase 45	
Routine Work	Marana Yoga	131373367	Rahu 1:46PM – 3:16PM	Visti Until 2:33PM	Nataraja: White			Ashtami	
Until 3:15AM Fri				Ashtami* Until 1:56AM Fri	Moon – Yellow		Sivaloka Day		
Then Creative Work - Siddha Yoga					Phalguna-Masi				
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Muscat, Oman Sun 23 Sutra 334	
Mithuna Rasi: 8.14	Tithi 9	Gulika	7:46AM – 9:16AM	Ardra Until 2:07AM Sat	Ganesh: Purple	<i>Sunrise:</i> 6:16AM		Vilamba 5120	
		Yama	3:16PM – 4:46PM	Ayushman Until 8:44AM	Muruga: Clear	<i>Sunset:</i> 6:15PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373368	Rahu 10:46AM – 12:16PM	Balava Until 1:12PM	Nataraja: Clear			Navami	
				Navami* Until 12:17AM Sat	Moon – Yellow		Subha Sivaloka Day		
			Karadaiyan Nombu (Tamil Nadu)		Phalguna-Panguni				

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

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1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Muscat, Oman Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 22.11	Tithi 10	Gulika 6:15AM – 7:45AM	Punarvasu Until 12:41AM Sun	Ganesh: Clear	<i>Sunrise:</i> 6:15AM	
		Yama 1:46PM – 3:16PM	Saubhagya Until 6:05AM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 9:15AM – 10:46AM	Tailila Until 11:14AM	Nataraja: Clear		4th Phase
			Dashami Until 10:02PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Muscat, Oman Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 6.32	Tithi 11	Gulika 3:16PM – 4:46PM	Pushya Until 10:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:14AM	
		Yama 12:15PM – 1:46PM	Athiganda* Until 11:29PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 4:46PM – 6:16PM	Vanija Until 8:44AM	Nataraja: Clear		4th Phase
			Ekadashi Until 7:16PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 21.13	Tithi 12 – 13	Gulika 1:45PM – 3:16PM	Ashlesha* Until 8:01PM	Ganesh: Clear	<i>Sunrise:</i> 6:13AM	
Family Home Evening		Yama 10:45AM – 12:15PM	Sukarma Until 7:40PM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 7:44AM – 9:14AM	Kaulava Until 2:26AM Tue	Nataraja: Clear		4th Phase
Until 8:01PM			Dvadashi Until 4:07PM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga		Yogaswami Mahasamadhi		Phalguna•Panguni		
			<i>Pradosha Vrata</i>			

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 6.08	Tithi 13 – 14	Gulika 12:15PM – 1:45PM	Magha* Until 5:27PM	Ganesh: White	<i>Sunrise:</i> 6:12AM	
		Yama 9:14AM – 10:44AM	Dhriti Until 3:40PM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	151373368 Rahu 3:16PM – 4:46PM	Gara Until 10:56PM	Nataraja: Clear		4th Phase
			Trayodashi Until 12:41PM	Moon – Red		Subha Sivaloka Day
				Phalguna•Panguni		

○ Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 10:44AM – 12:14PM	Purvaphalguni Until 2:40PM	Ganesh: White	<i>Sunrise:</i> 6:11AM	
Simha Rasi: 21.13	Tithi 14 – 15	Yama 7:42AM – 9:13AM	Shula* Until 11:34AM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Amrita Yoga	151373368 Rahu 12:14PM – 1:45PM	Vanija Until 9:08AM	Nataraja: Clear		Purnima
			Chaturdashi* Until 9:08AM	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna•Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 9:12AM – 10:43AM	Uttaraphalguni Until 11:50AM	Ganesh: White	<i>Sunrise:</i> 6:11AM	
Kanya Rasi: 6.16	Tithi 16	Yama 6:11AM – 7:41AM	Ganda* Until 7:31AM	Muruga: Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
		151373368 Rahu 1:45PM – 3:16PM	Balava Until 3:57PM	Nataraja: Clear		Prathama
Amrita Yoga			Prathama* Until 2:19AM Fri	Moon – Red		Subha Sivaloka Day
Until 11:50AM				Phalguna•Panguni		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Kanya Rasi: 21.08 Tihti 17

Gulika 7:41AM - 9:12AM
Yama 3:16PM - 4:47PM
Rahu 10:43AM - 12:14PMHasta Until 9:33AM
Dhruva Until 12:08AM Sat
Taitila Until 12:49PM
Dvitiya Until 11:24PMGanesha: Yellow Sunrise: 6:10AM
Muruga: White Sunset: 6:18PM
Nataraja: Clear
Moon - Green
Phalguna-PanguniSutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 9:33AM
Then Creative Work - Siddha Yoga

Saturday, March 23, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman

Tula Rasi: 5.43 Tihti 18

Gulika 6:09AM - 7:40AM
Yama 1:45PM - 3:16PM
Rahu 9:11AM - 10:42AMChitra Until 7:33AM
Vyaghata* Until 9:03PM
Vanija Until 10:09AM
Tritiya Until 9:02PMGanesha: Yellow Sunrise: 6:09AM
Muruga: White Sunset: 6:19PM
Nataraja: Clear
Moon - Green
Phalguna-PanguniSun 1 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 7:33AM
Then Creative Work - Siddha Yoga

Sunday, March 24, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman

Tula Rasi: 19.53 Tihti 19

Gulika 3:16PM - 4:48PM
Yama 12:13PM - 1:45PM
Rahu 4:48PM - 6:19PMSvati Until 6:02AM
Harshana Until 6:33PM
Bava Until 8:07AM
Chaturthi* Until 7:21PMGanesha: Blue Sunrise: 6:08AM
Muruga: White Sunset: 6:19PM
Nataraja: Clear
Moon - Green
Phalguna-PanguniSun 2 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 6:02AM
Then Routine Work - Marana Yoga

Monday, March 25, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Vrischika Rasi: 3.35 Tihti 20

Gulika 1:45PM - 3:16PM
Yama 10:41AM - 12:13PM
Rahu 7:38AM - 9:10AMAnuradha Until 5:43AM Tue
Vajra* Until 4:41PM
Kaulava Until 6:50AM
Panchami Until 6:29PMGanesha: Red Sunrise: 6:07AM
Muruga: White Sunset: 6:19PM
Nataraja: Clear
Moon - Orange
Phalguna-PanguniSun 3 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 5:43AM Tue
Then Routine Work - Marana Yoga

Tuesday, March 26, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Vrischika Rasi: 16.49 Tihti 21

Gulika 12:13PM - 1:44PM
Yama 9:09AM - 10:41AM
Rahu 3:16PM - 4:48PMJyeshtha* Until 6:37AM Wed
Siddhi Until 3:31PM
Gara Until 6:24AM
Shashthi* Until 6:30PMGanesha: Red Sunrise: 6:06AM
Muruga: White Sunset: 6:20PM
Nataraja: Clear
Moon - Orange
Phalguna-PanguniSun 4 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

Wednesday, March 27, 2019

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Vriyan Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman

Vrischika Rasi: 29.35 Tihti 22

Gulika 10:40AM - 12:12PM
Yama 7:37AM - 9:08AM
Rahu 12:12PM - 1:44PMJyeshtha* Until 6:37AM
Vyatipata* Until 3:02PM
Visti Until 6:52AM
Saptami Until 7:24PMGanesha: Red Sunrise: 6:05AM
Muruga: White Sunset: 6:20PM
Nataraja: Clear
Moon - Orange
Phalguna-PanguniSun 5 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 6:37AM
Then Routine Work - Marana Yoga

Thursday, March 28, 2019

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Dhanus Rasi: 11.59 Tihti 23

Gulika 9:08AM - 10:40AM
Yama 6:04AM - 7:36AM
Rahu 1:44PM - 3:16PMMula* Until 8:38AM
Variyan Until 3:09PM
Balava Until 8:10AM
Ashtami* Until 9:04PMGanesha: Green Sunrise: 6:04AM
Muruga: White Sunset: 6:20PM
Nataraja: Clear
Moon - Light Blue
Phalguna-PanguniSun 6 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Dhanus Rasi: 24.05 Tihti 24

Gulika 7:35AM - 9:07AM
Yama 3:16PM - 4:49PM
Rahu 10:39AM - 12:12PMPurvashadha* Until 11:10AM
Parigha* Until 3:45PM
Taitila Until 10:09AM
Navami* Until 11:19PMGanesha: Green Sunrise: 6:03AM
Muruga: Yellow Sunset: 6:21PM
Nataraja: Purple
Moon - Light Blue
Phalguna-PanguniSun 7 Sutra 348
Vilamba 5120
Moon 3 - Phase 47
Navami

Devaloka Day

Routine Work Prabalarishta Yoga
Until 11:10AM
Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Muscat, Oman Sun 8 Sutra 349	
Makara Rasi: 5.59	Tithi 25	Gulika	6:02AM – 7:34AM	Uttarashadha Until 1:57PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM		Vilamba 5120	
		Yama	1:44PM – 3:16PM	Shiva Until 4:42PM	Muruga: Yellow	<i>Sunset:</i> 6:21PM		Moon 3 - Phase 48	
		Rahu	9:07AM – 10:39AM	Vanija Until 12:36PM	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga			Dashami Until 1:54AM Sun	Moon – Light Blue			Devaloka Day	
Until 1:57PM					Phalguna•Panguni				
Then Creative Work - Siddha Yoga									

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Muscat, Oman Sun 9 Sutra 350	
Makara Rasi: 17.47	Tithi 26	Gulika	3:16PM – 4:49PM	Shravana Until 5:17PM	Ganesha: Orange	<i>Sunrise:</i> 6:01AM		Vilamba 5120	
		Yama	12:11PM – 1:44PM	Siddha Until 5:45PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 48	
		Rahu	4:49PM – 6:22PM	Bava Until 3:17PM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Ekadashi* Until 4:36AM Mon	Moon – Purple			Sivaloka Day	
Until 5:17PM					Phalguna•Panguni				
Then Routine Work - Marana Yoga									

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvadashyam Titau		Muscat, Oman Sun 10 Sutra 351	
Makara Rasi: 29.34	Tithi 27	Gulika	1:44PM – 3:16PM	Dhanishtha Until 8:25PM	Ganesha: Green	<i>Sunrise:</i> 6:01AM		Vilamba 5120	
Family Home Evening		Yama	10:39AM – 12:11PM	Sadhya Until 6:47PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 48	
		Rahu	7:33AM – 9:06AM	Kaulava Until 5:56PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 7:11AM Tue	Moon – Purple			Subha Sivaloka Day	
					Phalguna•Panguni				

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 11 Sutra 352	
Kumbha Rasi: 11.23	Tithi 27 – 28	Gulika	12:11PM – 1:44PM	Shatabhishak Until 11:10PM	Ganesha: Green	<i>Sunrise:</i> 6:00AM		Vilamba 5120	
		Yama	9:05AM – 10:38AM	Subha Until 11:10PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 48	
		Rahu	3:16PM – 4:49PM	Gara Until 7:83PM	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga			Dvadashi* Until 7:11AM	Moon – Purple			Subha Sivaloka Day	
					Phalguna•Panguni				
					<i>Pradosha Vrata (Fasting)</i>				

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 12 Sutra 353	
Kumbha Rasi: 23.19	Tithi 28 – 29	Gulika	10:38AM – 12:11PM	Purvaproshtapada* Until 1:55AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:59AM		Vilamba 5120	
		Yama	7:32AM – 9:05AM	Sukla Until 8:17PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 48	
		Rahu	12:11PM – 1:43PM	Visti Until 10:30PM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 9:28AM	Moon – Clear			Sivaloka Day	
Until 1:55AM Thu					Phalguna•Panguni				
Then Creative Work - Siddha Yoga									

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Muscat, Oman Sun 13 Sutra 354	
Retreat Star		Gulika	9:04AM – 10:37AM	Uttaraproshtapada Until 4:06AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:58AM		Vilamba 5120	
Meena Rasi: 5.23	Tithi 29 – 30	Yama	5:58AM – 7:31AM	Brahma Until 8:36PM	Muruga: Yellow	<i>Sunset:</i> 6:23PM		Moon 3 - Phase 48	
		Rahu	1:43PM – 3:16PM	Catuspada Until 12:11AM Fri	Nataraja: Purple			Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 11:22AM	Moon – Clear			Sivaloka Day	
					Phalguna•Panguni				

Friday, April 5, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Muscat, Oman Sun 14 Sutra 355	
Meena Rasi: 17.38	Tithi 30 – 1	Gulika	7:30AM – 9:03AM	Revati Until 5:42AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:57AM		Vilamba 5120	
		Yama	3:17PM – 4:50PM	Indra Until 8:37PM	Muruga: Yellow	<i>Sunset:</i> 6:23PM		Moon 3 - Phase 48	
		Rahu	10:37AM – 12:10PM	Kintughna Until 1:27AM Sat	Nataraja: Purple			Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 12:51PM	Moon – Clear			Sivaloka Day	
		Yugadhi			Chaitra•Panguni				

1 Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Muscat, Oman Sun 15 Sutra 356 Vilamba 5120
Mesha Rasi: 0.04	Tithi 1 – 2	Gulika 5:56AM – 7:29AM	Ashvini Until 7:13AM Sun	Ganesh: Purple <i>Sunrise:</i> 5:56AM		
		Yama 1:43PM – 3:17PM	Vaidhriti* Until 8:15PM	Muruga: Yellow <i>Sunset:</i> 6:23PM		Moon 3 - Phase 49
		123483468 Rahu 9:03AM – 10:36AM	Balava Until 2:17AM Sun	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Prathama* Until 1:54PM	Moon – White	Devaloka Day	
Until 7:13AM Sun		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Routine Work - Prabalarishta Yoga						

2 Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Muscat, Oman Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 12.4	Tithi 2 – 3	Gulika 3:17PM – 4:50PM	Ashvini Until 7:13AM	Ganesh: Purple <i>Sunrise:</i> 5:55AM		
		Yama 12:09PM – 1:43PM	Vishkambha* Until 7:36PM	Muruga: Yellow <i>Sunset:</i> 6:24PM		Moon 3 - Phase 49
		123483468 Rahu 4:50PM – 6:24PM	Taitila Until 2:42AM Mon	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 2:31PM	Moon – White	Devaloka Day	
Until 7:13AM				Chaitra•Panguni		
Then Routine Work - Prabalarishta Yoga						

3 Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturchayam Titau				Muscat, Oman Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 25.28	Tithi 3 – 4	Gulika 1:43PM – 3:17PM	Bharani Until 8:12AM	Ganesh: Purple <i>Sunrise:</i> 5:54AM		
Family Home Evening		Yama 10:35AM – 12:09PM	Priti Until 6:40PM	Muruga: Yellow <i>Sunset:</i> 6:24PM		Moon 3 - Phase 49
		123483468 Rahu 7:28AM – 9:02AM	Vanija Until 2:45AM Tue	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 2:45PM	Moon – White	Devaloka Day	
Until 8:12AM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

4 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Muscat, Oman Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 8.28	Tithi 4 – 5	Gulika 12:09PM – 1:43PM	Krittika Until 8:39AM	Ganesh: Purple <i>Sunrise:</i> 5:53AM		
		Yama 9:01AM – 10:35AM	Ayushman Until 5:25PM	Muruga: Yellow <i>Sunset:</i> 6:25PM		Moon 3 - Phase 49
		123483468 Rahu 3:17PM – 4:51PM	Bava Until 2:26AM Wed	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Chaturchi* Until 2:37PM	Moon – White	Devaloka Day	
Until 8:39AM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

5 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Muscat, Oman Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 21.38	Tithi 5 – 6	Gulika 10:34AM – 12:09PM	Rohini Until 9:03AM	Ganesh: Clear <i>Sunrise:</i> 5:52AM		
		Yama 7:26AM – 9:00AM	Saubhagya Until 3:53PM	Muruga: Yellow <i>Sunset:</i> 6:25PM		Moon 3 - Phase 49
		123483468 Rahu 12:09PM – 1:43PM	Kaulava Until 1:44AM Thu	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Panchami Until 2:07PM	Moon – Yellow	Sivaloka Day	
				Chaitra•Panguni		

6 Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Muscat, Oman Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 5	Tithi 6 – 7	Gulika 9:00AM – 10:34AM	Mrigashira Until 8:56AM	Ganesh: Clear <i>Sunrise:</i> 5:51AM		
		Yama 5:51AM – 7:25AM	Sobhana Until 2:04PM	Muruga: Yellow <i>Sunset:</i> 6:25PM		Moon 3 - Phase 49
		123483468 Rahu 1:43PM – 3:17PM	Gara Until 12:39AM Fri	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Shashthi* Until 1:14PM	Moon – Yellow	Sivaloka Day	
				Chaitra•Panguni		

Retreat Star Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Muscat, Oman Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 18.37	Tithi 7 – 8	Gulika 7:25AM – 8:59AM	Ardra Until 8:16AM	Ganesh: Clear <i>Sunrise:</i> 5:50AM		
		Yama 3:17PM – 4:51PM	Athiganda* Until 11:53AM	Muruga: Yellow <i>Sunset:</i> 6:26PM		Moon 3 - Phase 49
		123483468 Rahu 10:34AM – 12:08PM	Visti Until 11:08PM	Nataraja: Purple		Ashtami
Creative Work Siddha Yoga			Saptami Until 11:56AM	Moon – Yellow	Sivaloka Day	
				Chaitra•Panguni		

Retreat Star Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Muscat, Oman Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 2.27	Tithi 8 – 9	Gulika 5:49AM – 7:24AM	Punarvasu Until 7:29AM	Ganesh: White <i>Sunrise:</i> 5:49AM		
		Yama 1:42PM – 3:17PM	Sukarma Until 9:23AM	Muruga: Yellow <i>Sunset:</i> 6:26PM		Moon 3 - Phase 49
		143483468 Rahu 8:58AM – 10:33AM	Balava Until 9:13PM	Nataraja: Purple		Navami
Creative Work Siddha Yoga			Ashtami* Until 10:13AM	Moon – Blue	Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

www.gurudeva.org/panchang

1

Sunday, April 14, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam

Muscat, Oman

Kataka Rasi: 16.34 Tithi 9 - 10

Gulika 3:17PM - 4:52PM
Yama 12:07PM - 1:42PM
Rahu 4:52PM - 6:27PM

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Pushya Until 6:09AM
Dhriti Until 6:35AM
Kaulava Until 8:06AM
Navami* Until 8:06AM

Ganesha: White Sunrise: 5:48AM
Muruga: Yellow Sunset: 6:27PM
Nataraja: Purple
Moon - Blue
Chaitra*Chaitra

Sun 23 Sutra 364
Vikarin 5121
Moon 3 - Phase 1
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Tamil New Year

2

Monday, April 15, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau

Muscat, Oman

Simha Rasi: 0.55 Tithi 11

Gulika 1:42PM - 3:17PM
Yama 10:32AM - 12:07PM
Rahu 7:22AM - 8:57AM

253483468

Magha* Until 2:27AM Tue
Ganda* Until 12:05AM Tue
Vanija Until 4:16PM
Ekadashi Until 2:50AM Tue

Ganesha: White Sunrise: 5:47AM
Muruga: Yellow Sunset: 6:27PM
Nataraja: Purple
Moon - Red
Chaitra*Chaitra

Sun 24 Sutra 1
Vikarin 5121
Moon 3 - Phase 1
4th Phase

Devaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 2:27AM Tue
Then Creative Work - Siddha Yoga

3

Tuesday, April 16, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau

Muscat, Oman

Simha Rasi: 15.29 Tithi 12

Gulika 12:07PM - 1:42PM
Yama 8:57AM - 10:32AM
Rahu 3:17PM - 4:52PM

253483468

Purvaphalguni Until 12:16AM Wed
Vriddhi Until 8:33PM
Bava Until 1:23PM
Dvadashi Until 11:52PM

Ganesha: White Sunrise: 5:47AM
Muruga: Yellow Sunset: 6:27PM
Nataraja: Purple
Moon - Red
Chaitra*Chaitra

Sun 25 Sutra 2
Vikarin 5121
Moon 3 - Phase 1
4th Phase

Devaloka Day

Creative Work Siddha Yoga
Until 12:16AM Wed
Then Creative Work - Amrita Yoga

4

Wednesday, April 17, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau

Muscat, Oman

Kanya Rasi: 0.1 Tithi 13

Gulika 10:31AM - 12:07PM
Yama 7:21AM - 8:56AM
Rahu 12:07PM - 1:42PM

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Uttaraphalguni Until 9:53PM
Dhruva Until 4:56PM
Kaulava Until 10:22AM
Trayodashi Until 8:50PM

Ganesha: White Sunrise: 5:46AM
Muruga: Yellow Sunset: 6:28PM
Nataraja: Purple
Moon - Red
Chaitra*Chaitra

Sun 26 Sutra 3
Vikarin 5121
Moon 3 - Phase 1
4th Phase

Devaloka Day

Creative Work Amrita Yoga
Until 9:53PM
Then Routine Work - Marana Yoga

Pradosha Vrata

5

Thursday, April 18, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau

Muscat, Oman

Kanya Rasi: 14.52 Tithi 14 - 15

Gulika 8:56AM - 10:31AM
Yama 5:45AM - 7:20AM
Rahu 1:42PM - 3:17PM

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Hasta Until 7:51PM
Vyaghata* Until 1:22PM
Gara Until 7:22AM
Chaturdashi* Until 5:53PM

Ganesha: Yellow Sunrise: 5:45AM
Muruga: Yellow Sunset: 6:28PM
Nataraja: Purple
Moon - Green
Chaitra*Chaitra

Sun 27 Sutra 4
Vikarin 5121
Moon 3 - Phase 1
4th Phase

Sivaloka Day

Routine Work Marana Yoga
Until 7:51PM
Then Creative Work - Siddha Yoga

O

Friday, April 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Muscat, Oman

Kanya Rasi: 29.28 Tithi 15 - 16

Gulika 7:19AM - 8:55AM
Yama 3:17PM - 4:53PM
Rahu 10:31AM - 12:06PM

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Chitra Until 5:56PM
Harshana Until 9:59AM
Balava Until 1:57AM Sat
Purnima* Until 3:09PM

Ganesha: Yellow Sunrise: 5:44AM
Muruga: Yellow Sunset: 6:29PM
Nataraja: Purple
Moon - Green
Chaitra*Chaitra

Sutra 5
Vikarin 5121
Moon 3 - Phase 1
Purnima

Sivaloka Day

Creative Work Siddha Yoga

Chitra Purnima (Tamil Nadu)
Hanuman Jayanti

Saturday, April 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Muscat, Oman

Tula Rasi: 13.5 Tithi 16 - 17

Gulika 5:43AM - 7:19AM
Yama 1:42PM - 3:17PM
Rahu 8:55AM - 10:30AM

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Svati Until 4:17PM
Vajra* Until 6:51AM
Taitila Until 11:51PM
Prathama* Until 12:49PM

Ganesha: Red Sunrise: 5:43AM
Muruga: Yellow Sunset: 6:29PM
Nataraja: Purple
Moon - Green
Chaitra*Chaitra

Sutra 6
Vikarin 5121
Moon 3 - Phase 1
Prathama

Sivaloka Day

Creative Work Siddha Yoga