



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Moscow, Russia

Vishakha/Anuradha Nakshatra Vyatipata* Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau

Sutra 16

Tula Rasi: 29.26 Tihti 17

273832369

Gulika 12:28PM – 2:23PM
Yama 8:39AM – 10:34AM
Rahu 4:18PM – 6:12PM

Vishakha Until 1:23PM
Vyatipata* Until 7:06AM
Tailila Until 4:40PM

Ganesha: Purple *Sunrise:* 4:50AM
Muruga: White *Sunset:* 8:07PM
Nataraja: Purple

Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Routine Work Marana Yoga

Until 1:23PM

Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Moscow, Russia

Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija Karana Tritiyayam Titau

Sun 1 Sutra 17

Vrischika Rasi: 11.58 Tihti 18

273832369

Gulika 10:33AM – 12:28PM
Yama 6:43AM – 8:38AM
Rahu 12:28PM – 2:23PM

Anuradha Until 3:05PM
Variyan Until 6:48AM
Vanija Until 5:49PM

Ganesha: Purple *Sunrise:* 4:48AM
Muruga: White *Sunset:* 8:09PM
Nataraja: Purple

Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 5:23PM

Then Creative Work - Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Moscow, Russia

Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 18

Vrischika Rasi: 24.16 Tihti 18 – 19

274832369

Gulika 8:37AM – 10:32AM
Yama 4:45AM – 6:41AM
Rahu 2:24PM – 4:19PM

Jyeshtha* Until 5:08PM
Parigha* Until 6:56AM
Bava Until 7:30PM

Ganesha: Clear *Sunrise:* 4:45AM
Muruga: White *Sunset:* 8:11PM
Nataraja: Purple

Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Routine Work Prabalarishta Yoga

Until 5:08PM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Moscow, Russia

Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 19

Dhanus Rasi: 6.22 Tihti 19 – 20

284832369

Gulika 6:39AM – 8:36AM
Yama 4:20PM – 6:16PM
Rahu 10:32AM – 12:28PM

Mula* Until 7:59PM
Shiva Until 7:28AM
Kaulava Until 9:39PM

Ganesha: White *Sunrise:* 4:43AM
Muruga: White *Sunset:* 8:13PM
Nataraja: Purple

Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 7:59PM

Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Moscow, Russia

Purvashadha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 20

Dhanus Rasi: 18.17 Tihti 20 – 21

284832369

Gulika 4:41AM – 6:38AM
Yama 2:25PM – 4:21PM
Rahu 8:34AM – 10:31AM

Purvashadha* Until 10:59PM
Siddha Until 8:17AM
Gara Until 12:07AM Sun

Ganesha: White *Sunrise:* 4:41AM
Muruga: White *Sunset:* 8:15PM
Nataraja: Purple

Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 10:59PM

Then Routine Work - Marana Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Moscow, Russia

Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 21

Makara Rasi: 0.07 Tihti 21 – 22

284832369

Gulika 4:22PM – 6:19PM
Yama 12:28PM – 2:25PM
Rahu 6:19PM – 8:16PM

Uttarashadha Until 1:55AM Mon
Sadhya Until 1:55AM Mon
Bava Until 15:56AM Mon

Ganesha: White *Sunrise:* 4:39AM
Muruga: White *Sunset:* 8:16PM
Nataraja: Purple

Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 5:04AM Tue

Then Creative Work - Siddha Yoga

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Moscow, Russia

Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 22

Makara Rasi: 11.55 Tihti 22 – 23

294832369

Gulika 2:25PM – 4:23PM
Yama 10:30AM – 12:28PM
Rahu 6:35AM – 8:32AM

Shravana Until 5:04AM Tue
Subha Until 10:22AM
Balava Until 5:08AM Tue

Ganesha: Yellow *Sunrise:* 4:37AM
Muruga: White *Sunset:* 8:18PM
Nataraja: Purple

Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 5:04AM Tue

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to12:PM

Chidambaram Abhishekam

Saptami Until 3:56PM

7

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Moscow, Russia

Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava Karana Ashtamyam Titau

Sun 7 Sutra 23

Makara Rasi: 23.47 Tihti 23

294832369

Gulika 12:28PM – 2:26PM
Yama 8:31AM – 10:29AM
Rahu 4:24PM – 6:22PM

Dhanishtha Until 7:40AM Wed
Sukla Until 11:14AM
Kaulava Until 6:12PM

Ganesha: Yellow *Sunrise:* 4:35AM
Muruga: White *Sunset:* 8:20PM
Nataraja: Purple

Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Until 5:04AM Tue

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to12:PM

Ashtami* Until 6:12PM

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Moscow, Russia

Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Navamyam Titau

Sun 8 Sutra 24

Kumbha Rasi: 5.49 Tihti 24

294832369

Gulika 10:29AM – 12:28PM
Yama 6:32AM – 8:30AM
Rahu 12:28PM – 2:26PM

Dhanishtha Until 7:40AM
Brahma Until 11:46AM
Tailila Until 7:10AM

Ganesha: Yellow *Sunrise:* 4:33AM
Muruga: White *Sunset:* 8:22PM
Nataraja: Purple

Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Bhuloka Day

Routine Work Prabalarishta Yoga

Until 7:40AM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to12:PM

Navami* Until 7:57PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Thursday, May 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija Karana Dashamyam Titau				Moscow, Russia Sun 9 Sutra 25
Kumbha Rasi: 18.05	Tithi 25	Gulika 8:29AM – 10:28AM	Shatabhishak Until 9:30AM	Ganesha: Yellow	<i>Sunrise:</i> 4:31AM	Vilamba 5120
		Yama 4:31AM – 6:30AM	Indra Until 11:49AM	Muruga: White	<i>Sunset:</i> 8:24PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	294832369 Rahu 2:27PM – 4:26PM	Vanija Until 8:35AM	Nataraja: Purple		2nd Phase
			Dashami Until 9:00PM	Moon – Purple		
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

2 Friday, May 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Moscow, Russia Sun 10 Sutra 26
Meena Rasi: 0.41	Tithi 26	Gulika 6:29AM – 8:28AM	Purvaproshtapada* Until 10:55AM	Ganesha: Yellow	<i>Sunrise:</i> 4:29AM	Vilamba 5120
		Yama 4:27PM – 6:26PM	Vaidhriti* Until 11:14AM	Muruga: White	<i>Sunset:</i> 8:26PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	214832369 Rahu 10:28AM – 12:27PM	Bava Until 9:14AM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 9:14PM	Moon – Clear		
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

3 Saturday, May 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Moscow, Russia Sun 11 Sutra 27
Meena Rasi: 13.41	Tithi 27	Gulika 4:27AM – 6:27AM	Uttaraproshtapada Until 11:22AM	Ganesha: Blue	<i>Sunrise:</i> 4:27AM	Vilamba 5120
		Yama 2:28PM – 4:28PM	Vishkambha* Until 10:01AM	Muruga: White	<i>Sunset:</i> 8:28PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	214932369 Rahu 8:27AM – 10:27AM	Kaulava Until 9:03AM	Nataraja: Purple		2nd Phase
Until 11:22AM			Dvadashi* Until 8:39PM	Moon – Clear		
Then Routine Work - Prabararishta Yoga				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

4 Sunday, May 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Moscow, Russia Sun 12 Sutra 28
Meena Rasi: 27.07	Tithi 28	Gulika 4:29PM – 6:29PM	Revati Until 10:53AM	Ganesha: Blue	<i>Sunrise:</i> 4:25AM	Vilamba 5120
		Yama 12:27PM – 2:28PM	Priti Until 8:10AM	Muruga: White	<i>Sunset:</i> 8:30PM	Moon 4 - Phase 4
Creative Work	Amrita Yoga	214932369 Rahu 6:29PM – 8:30PM	Gara Until 8:05AM	Nataraja: Purple		2nd Phase
Until 10:53AM			Trayodashi* Until 7:18PM	Moon – Clear		
Then Creative Work - Siddha Yoga		Mother's Day		Vaisaka-Chaitra		Bhuloka Day
			<i>Pradosha Vrata (Fasting)</i>			

5 Monday, May 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Visti*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Moscow, Russia Sun 13 Sutra 29
Mesha Rasi: 10.58	Tithi 29 – 30	Gulika 2:28PM – 4:29PM	Ashvini Until 10:01AM	Ganesha: Blue	<i>Sunrise:</i> 4:23AM	Vilamba 5120
Family Home Evening		Yama 10:26AM – 12:27PM	Saubhagya Until 2:51AM Tue	Muruga: White	<i>Sunset:</i> 8:32PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	224932369 Rahu 6:24AM – 8:25AM	Visti Until 6:24AM	Nataraja: Purple		2nd Phase
			Chaturdashy* Until 5:20PM	Moon – White		
				Vaisaka-Chaitra		Bhuloka Day

Tuesday, May 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Moscow, Russia Sun 14 Sutra 30
Retreat Star		Gulika 12:27PM – 2:29PM	Bharani Until 8:28AM	Ganesha: Blue	<i>Sunrise:</i> 4:21AM	Vilamba 5120
Mesha Rasi: 25.11	Tithi 30 – 1	Yama 8:24AM – 10:26AM	Sobhana Until 11:37PM	Muruga: White	<i>Sunset:</i> 8:33PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	224932369 Rahu 4:30PM – 6:32PM	Kintughna Until 1:29AM Wed	Nataraja: Purple		Amavasya
			Amavasya* Until 2:51PM	Moon – White		
				Vaisaka-Vaikasi		Bhuloka Day

Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Moscow, Russia Sun 15 Sutra 31
Retreat Star		Gulika 10:25AM – 12:27PM	Krittika Until 6:22AM	Ganesha: Red	<i>Sunrise:</i> 4:20AM	Vilamba 5120
Vrishabha Rasi: 9.41	Tithi 1 – 2	Yama 6:22AM – 8:23AM	Athiganda* Until 8:08PM	Muruga: White	<i>Sunset:</i> 8:35PM	Moon 4 - Phase 4
Creative Work	Amrita Yoga	225932369 Rahu 12:27PM – 2:29PM	Balava Until 10:33PM	Nataraja: Purple		Prathama
Until 6:22AM			Prathama* Until 12:01PM	Moon – White		
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

1		Thursday, May 17, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Moscow, Russia Sun 16 Sutra 32
Vrishabha Rasi: 24.2	Tithi 2 - 3	Gulika 8:23AM - 10:25AM	Mrigashira Until 2:05AM Fri	Ganesh: Yellow <i>Sunrise:</i> 4:18AM		Vilamba 5120	
		Yama 4:18AM - 6:20AM	Sukarma Until 4:34PM	Muruga: White <i>Sunset:</i> 8:37PM		Moon 4 - Phase 5	
		235932369 Rahu 2:30PM - 4:32PM	Taitila Until 7:30PM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 9:01AM	Moon - Yellow	Bhuloka Day		
Until 2:05AM Fri				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga							

2		Friday, May 18, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Moscow, Russia Sun 17 Sutra 33
Mithuna Rasi: 9.03	Tithi 4	Gulika 6:19AM - 8:22AM	Ardra Until 11:46PM	Ganesh: Yellow <i>Sunrise:</i> 4:16AM		Vilamba 5120	
		Yama 4:33PM - 6:36PM	Dhriti Until 1:00PM	Muruga: White <i>Sunset:</i> 8:39PM		Moon 4 - Phase 5	
		235932369 Rahu 10:25AM - 12:27PM	Vanija Until 4:29PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 3:00AM Sat	Moon - Yellow	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

3		Saturday, May 19, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau	Moscow, Russia Sun 18 Sutra 34
Mithuna Rasi: 23.42	Tithi 5	Gulika 4:14AM - 6:18AM	Punarvasu Until 9:55PM	Ganesh: White <i>Sunrise:</i> 4:14AM		Vilamba 5120	
		Yama 2:31PM - 4:34PM	Shula* Until 9:32AM	Muruga: White <i>Sunset:</i> 8:40PM		Moon 4 - Phase 5	
		245932369 Rahu 8:21AM - 10:24AM	Bava Until 1:37PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 12:15AM Sun	Moon - Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

4		Sunday, May 20, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthiyam Titau	Moscow, Russia Sun 19 Sutra 35
Kataka Rasi: 8.11	Tithi 6	Gulika 4:35PM - 6:39PM	Pushya Until 8:13PM	Ganesh: White <i>Sunrise:</i> 4:13AM		Vilamba 5120	
		Yama 12:28PM - 2:31PM	Ganda* Until 6:16AM	Muruga: White <i>Sunset:</i> 8:42PM		Moon 4 - Phase 5	
		245932369 Rahu 6:39PM - 8:42PM	Kaulava Until 11:00AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 9:48PM	Moon - Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

5		Monday, May 21, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau	Moscow, Russia Sun 20 Sutra 36
Kataka Rasi: 22.26	Tithi 7	Gulika 2:32PM - 4:36PM	Ashlesha* Until 6:44PM	Ganesh: White <i>Sunrise:</i> 4:11AM		Vilamba 5120	
Family Home Evening		Yama 10:23AM - 12:28PM	Dhruva Until 12:35AM Tue	Muruga: White <i>Sunset:</i> 8:44PM		Moon 4 - Phase 5	
		245932369 Rahu 6:15AM - 8:19AM	Gara Until 8:43AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 7:42PM	Moon - Blue	Devaloka Day		
Until 6:44PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, May 22, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau	Moscow, Russia Sun 21 Sutra 37
Simha Rasi: 6.27	Tithi 8	Gulika 12:28PM - 2:32PM	Magha* Until 5:55PM	Ganesh: Clear <i>Sunrise:</i> 4:10AM		Vilamba 5120	
		Yama 8:19AM - 10:23AM	Vyaghata* Until 10:13PM	Muruga: White <i>Sunset:</i> 8:46PM		Moon 4 - Phase 5	
		255932369 Rahu 4:37PM - 6:41PM	Visti Until 6:49AM	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 6:00PM	Moon - Red	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

Retreat Star		Wednesday, May 23, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Moscow, Russia Sun 22 Sutra 38
Simha Rasi: 20.13	Tithi 9 - 10	Gulika 10:23AM - 12:28PM	Purvaphalguni Until 5:23PM	Ganesh: Clear <i>Sunrise:</i> 4:08AM		Vilamba 5120	
		Yama 6:13AM - 8:18AM	Harshana Until 8:12PM	Muruga: White <i>Sunset:</i> 8:47PM		Moon 4 - Phase 5	
		255932369 Rahu 12:28PM - 2:33PM	Taitila Until 4:13AM Thu	Nataraja: Purple		Navami	
Creative Work	Amrita Yoga		Navami* Until 4:42PM	Moon - Red	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Moscow, Russia
Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23		Sutra 39		
Kanya Rasi: 3.44	Tithi 10 – 11	Gulika 8:17AM – 10:22AM	Uttaraphalguni Until 5:05PM	Ganesha: Clear	<i>Sunrise:</i> 4:07AM	Vilamba 5120
		Yama 4:07AM – 6:12AM	Vajra* Until 6:28PM	Muruga: White	<i>Sunset:</i> 8:49PM	Moon 4 - Phase 6
	Amrita Yoga	255932369 Rahu 2:33PM – 4:38PM	Vanija Until 3:31AM Fri	Nataraja: Purple		4th Phase
Until 5:05PM			Dashami Until 3:48PM	Moon – Red		
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to 12:2PM

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Moscow, Russia
Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24		Sutra 40		
Kanya Rasi: 17.02	Tithi 11 – 12	Gulika 6:11AM – 8:17AM	Hasta Until 5:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:05AM	Vilamba 5120
		Yama 4:39PM – 6:45PM	Siddhi Until 5:04PM	Muruga: White	<i>Sunset:</i> 8:50PM	Moon 4 - Phase 6
	Amrita Yoga	266932369 Rahu 10:22AM – 12:28PM	Bava Until 3:12AM Sat	Nataraja: Purple		4th Phase
Creative Work				Moon – Green		
Until 5:28PM			Ekadashi Until 3:18PM	Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Moscow, Russia
Chitra Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25		Sutra 41		
Tula Rasi: 0.08	Tithi 12 – 13	Gulika 4:04AM – 6:10AM	Chitra Until 6:05PM	Ganesha: Purple	<i>Sunrise:</i> 4:04AM	Vilamba 5120
		Yama 2:34PM – 4:40PM	Vyatipata* Until 3:59PM	Muruga: White	<i>Sunset:</i> 8:52PM	Moon 4 - Phase 6
	Marana Yoga	366932369 Rahu 8:16AM – 10:22AM	Kaulava Until 3:17AM Sun	Nataraja: Purple		4th Phase
Routine Work				Moon – Green		
Until 6:05PM			Dvadashi Until 3:11PM	Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Creative Work - Siddha Yoga						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Moscow, Russia
Svati Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26		Sutra 42		
Tula Rasi: 13.02	Tithi 13 – 14	Gulika 4:41PM – 6:47PM	Svati Until 6:56PM	Ganesha: Purple	<i>Sunrise:</i> 4:03AM	Vilamba 5120
		Yama 12:28PM – 2:34PM	Variyan Until 3:11PM	Muruga: White	<i>Sunset:</i> 8:54PM	Moon 4 - Phase 6
	Siddha Yoga	366932369 Rahu 6:47PM – 8:54PM	Gara Until 3:46AM Mon	Nataraja: Purple		4th Phase
Creative Work				Moon – Green		
Until 6:56PM			Trayodashi Until 3:27PM	Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Routine Work - Marana Yoga						

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Moscow, Russia
Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 43		
Tula Rasi: 25.44	Tithi 14 – 15	Gulika 2:35PM – 4:42PM	Vishakha Until 8:30PM	Ganesha: Clear	<i>Sunrise:</i> 4:01AM	Vilamba 5120
Family Home Evening		Yama 10:21AM – 12:28PM	Parigha* Until 2:44PM	Muruga: White	<i>Sunset:</i> 8:55PM	Moon 4 - Phase 6
	Marana Yoga	376932369 Rahu 6:08AM – 8:15AM	Visti Until 4:41AM Tue	Nataraja: Purple		4th Phase
Routine Work				Moon – Orange		
Until 8:30PM			Chaturdashi* Until 4:09PM	Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga		Vaikasi Visakam				

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Moscow, Russia
Copper Retreat Star		Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 44
Vrischika Rasi: 8.14	Tithi 15 – 16	Gulika 12:28PM – 2:35PM	Anuradha Until 10:22PM	Ganesha: Clear	<i>Sunrise:</i> 4:00AM	Vilamba 5120
		Yama 8:14AM – 10:21AM	Shiva Until 2:39PM	Muruga: White	<i>Sunset:</i> 8:56PM	Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 4:42PM – 6:49PM	Balava Until 6:03AM Wed	Nataraja: Purple		Purnima
Creative Work				Moon – Orange		
Until 10:22PM			Purnima* Until 5:17PM	Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Moscow, Russia
Silver Retreat Star		Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 45
Vrischika Rasi: 20.33	Tithi 16	Gulika 10:21AM – 12:28PM	Jyeshtha* Until 12:29AM Thu	Ganesha: Clear	<i>Sunrise:</i> 3:59AM	Vilamba 5120
		Yama 6:06AM – 8:14AM	Siddha Until 2:53PM	Muruga: White	<i>Sunset:</i> 8:58PM	Moon 4 - Phase 6
	Siddha Yoga	376932369 Rahu 12:28PM – 2:36PM	Balava Until 6:03AM	Nataraja: Purple		Prathama
Creative Work				Moon – Orange		
			Prathama* Until 6:52PM	Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvitiyayam Titau

Moscow, Russia

Sun 1 Sutra 46

Vilamba 5120

Dhanus Rasi: 2.41 Tithi 17

Gulika 8:13AM - 10:21AM
Yama 3:58AM - 6:05AM
Rahu 2:36PM - 4:44PM

Mula* Until 3:19AM Fri
Sadhya Until 3:27PM
Tailila Until 7:51AM
Dvitiya Until 8:53PM

Ganesha: White Sunrise: 3:58AM
Muruga: White Sunset: 8:59PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga

Until 3:19AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Moscow, Russia

Sun 2 Sutra 47

Vilamba 5120

Dhanus Rasi: 14.39 Tithi 18

Gulika 6:05AM - 8:13AM
Yama 4:45PM - 6:53PM
Rahu 10:21AM - 12:29PM

Purvashadha* Until 6:17AM Sat
Subha Until 4:18PM
Vanija Until 10:02AM
Tritiya Until 11:13PM

Ganesha: Yellow Sunrise: 3:57AM
Muruga: White Sunset: 9:01PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 6:17AM Sat

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Utarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthiyam Titau

Moscow, Russia

Sun 3 Sutra 48

Vilamba 5120

Dhanus Rasi: 26.31 Tithi 19

Gulika 3:56AM - 6:04AM
Yama 2:37PM - 4:45PM
Rahu 8:12AM - 10:20AM

Purvashadha* Until 6:17AM
Sukla Until 5:20PM
Bava Until 12:30PM
Chaturthi* Until 1:47AM Sun

Ganesha: Yellow Sunrise: 3:56AM
Muruga: White Sunset: 9:02PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 6:17AM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Tailila Karana Panchamyam Titau

Moscow, Russia

Sun 4 Sutra 49

Vilamba 5120

Makara Rasi: 8.18 Tithi 20

Gulika 4:46PM - 6:55PM
Yama 12:29PM - 2:37PM
Rahu 6:55PM - 9:03PM

Uttarashadha Until 9:15AM
Brahma Until 6:27PM
Kaulava Until 3:06PM
Panchami Until 4:22AM Mon

Ganesha: Yellow Sunrise: 3:55AM
Muruga: White Sunset: 9:03PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 5 Sutra 50

Vilamba 5120

Makara Rasi: 20.06 Tithi 21

Gulika 2:38PM - 4:47PM
Yama 10:20AM - 12:29PM
Rahu 6:03AM - 8:11AM

Shravana Until 12:32PM
Indra Until 7:30PM
Gara Until 5:37PM
Shashthi* Until 6:46AM Tue

Ganesha: Blue Sunrise: 3:54AM
Muruga: White Sunset: 9:04PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Family Home Evening

Creative Work Amrita Yoga

Until 12:32PM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia

Sun 6 Sutra 51

Vilamba 5120

Kumbha Rasi: 1.58 Tithi 21 - 22

Gulika 12:29PM - 2:38PM
Yama 8:11AM - 10:20AM
Rahu 4:47PM - 6:56PM

Dhanishtha Until 3:25PM
Vaidhriti* Until 8:17PM
Visti Until 7:51PM
Shashthi* Until 6:46AM

Ganesha: Purple Sunrise: 3:53AM
Muruga: White Sunset: 9:06PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 3:25PM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia

Sun 7 Sutra 52

Vilamba 5120

Kumbha Rasi: 13.59 Tithi 22 - 23

Gulika 10:20AM - 12:29PM
Yama 6:01AM - 8:11AM
Rahu 12:29PM - 2:39PM

Shatabhishak Until 5:39PM
Vishkambha* Until 8:41PM
Balava Until 9:33PM
Saptami Until 8:45AM

Ganesha: Purple Sunrise: 3:52AM
Muruga: White Sunset: 9:07PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Moscow, Russia

Sun 8 Sutra 53

Vilamba 5120

Kumbha Rasi: 26.15 Tithi 23 - 24

Gulika 8:10AM - 10:20AM
Yama 3:51AM - 6:01AM
Rahu 2:39PM - 4:49PM

Purvaproshtapada* Until 7:33PM
Priti Until 8:33PM
Tailila Until 10:33PM
Ashtami* Until 10:08AM

Ganesha: Blue Sunrise: 3:51AM
Muruga: White Sunset: 9:08PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Moscow, Russia
		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54
Meena Rasi: 8.51	Tithi 24 – 25	Gulika 6:00AM – 8:10AM	Uttaraproshtapada Until 8:31PM	Ganesha: Red <i>Sunrise:</i> 3:51AM	Vilamba 5120	
		Yama 4:49PM – 6:59PM	Ayushman Until 8:31PM	Muruga: White <i>Sunset:</i> 9:09PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	318132361 Rahu 10:20AM – 12:30PM	Vanija Until 10:44PM	Nataraja: White	2nd Phase	
			Navami* Until 10:44AM	Moon – Clear	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Moscow, Russia
		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
Meena Rasi: 21.5	Tithi 25 – 26	Gulika 3:50AM – 6:00AM	Revati Until 8:29PM	Ganesha: Red <i>Sunrise:</i> 3:50AM	Vilamba 5120	
		Yama 2:40PM – 4:50PM	Saubhagya Until 6:18PM	Muruga: White <i>Sunset:</i> 9:10PM	Moon 5 - Phase 8	
Routine Work	Prabalarishta Yoga	318132361 Rahu 8:10AM – 10:20AM	Bava Until 10:04PM	Nataraja: White	2nd Phase	
Until 8:29PM			Dashami Until 10:29AM	Moon – Clear	Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Moscow, Russia
		Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
Mesha Rasi: 5.17	Tithi 26 – 27	Gulika 4:50PM – 7:00PM	Ashvini Until 7:58PM	Ganesha: Green <i>Sunrise:</i> 3:50AM	Vilamba 5120	
		Yama 12:30PM – 2:40PM	Sobhana Until 4:13PM	Muruga: White <i>Sunset:</i> 9:11PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 7:00PM – 9:11PM	Kaulava Until 8:36PM	Nataraja: White	2nd Phase	
Until 7:58PM			Ekadashi* Until 9:25AM	Moon – White	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Jyeshtha Adhika-Vaikasi		

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Moscow, Russia
		Bharani Nakshatra Athiganda*/Sukarma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57
Mesha Rasi: 19.11	Tithi 27 – 28	Gulika 2:41PM – 4:51PM	Bharani Until 6:35PM	Ganesha: Green <i>Sunrise:</i> 3:49AM	Vilamba 5120	
Family Home Evening		Yama 10:20AM – 12:30PM	Athiganda* Until 1:30PM	Muruga: White <i>Sunset:</i> 9:11PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 5:59AM – 8:10AM	Gara Until 6:25PM	Nataraja: White	2nd Phase	
Until 6:35PM			Dvadashi* Until 7:34AM	Moon – White	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		
			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Moscow, Russia
		Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 58
Vrishabha Rasi: 3.31	Tithi 29	Gulika 12:30PM – 2:41PM	Krittika Until 4:29PM	Ganesha: Green <i>Sunrise:</i> 3:49AM	Vilamba 5120	
		Yama 8:10AM – 10:20AM	Sukarma Until 10:18AM	Muruga: White <i>Sunset:</i> 9:12PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 4:51PM – 7:02PM	Visti Until 3:40PM	Nataraja: White	2nd Phase	
Until 4:29PM			Chaturdashi* Until 2:06AM Wed	Moon – White	Bhuloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha Adhika-Vaikasi		

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Moscow, Russia
Retreat Star		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59
Vrishabha Rasi: 18.13	Tithi 30	Gulika 10:20AM – 12:31PM	Rohini Until 2:15PM	Ganesha: White <i>Sunrise:</i> 3:48AM	Vilamba 5120	
		Yama 5:59AM – 8:09AM	Dhriti Until 6:43AM	Muruga: White <i>Sunset:</i> 9:13PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	338132361 Rahu 12:31PM – 2:41PM	Catuspada Until 12:30PM	Nataraja: White	Amavasya	
			Amavasya* Until 10:47PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Moscow, Russia
Retreat Star		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60
Mithuna Rasi: 3.08	Tithi 1	Gulika 8:09AM – 10:20AM	Mrigashira Until 11:37AM	Ganesha: Clear <i>Sunrise:</i> 3:48AM	Vilamba 5120	
		Yama 3:48AM – 5:59AM	Ganda* Until 10:53PM	Muruga: White <i>Sunset:</i> 9:14PM	Moon 5 - Phase 8	
Routine Work	Marana Yoga	339132361 Rahu 2:42PM – 4:52PM	Kintughna Until 9:03AM	Nataraja: White	Prathama	
			Prathama* Until 7:16PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM	

1		Friday, June 15, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Moscow, Russia Sun 16 Sutra 61	
Mithuna Rasi: 18.1	Tithi 2 - 3	Gulika	5:59AM - 8:09AM	Ardra Until 8:46AM	Ganesh: Clear	<i>Sunrise:</i> 3:48AM	Vilamba 5120		
		Yama	4:53PM - 7:04PM	Vriddhi Until 6:56PM	Muruga: White	<i>Sunset:</i> 9:14PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	359132361 Rahu	10:20AM - 12:31PM	Taitila Until 2:02AM Sat	Nataraja: White		3rd Phase		
				Dvitiya Until 3:44PM	Moon - Yellow		Bhuloka Day		
					Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM		

2		Saturday, June 16, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Moscow, Russia Sun 17 Sutra 62	
Kataka Rasi: 3.1	Tithi 3 - 4	Gulika	3:48AM - 5:59AM	Punarvasu Until 6:16AM	Ganesh: Orange	<i>Sunrise:</i> 3:48AM	Vilamba 5120		
		Yama	2:42PM - 4:53PM	Dhruva Until 3:05PM	Muruga: White	<i>Sunset:</i> 9:15PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	349132361 Rahu	8:09AM - 10:20AM	Vanija Until 10:44PM	Nataraja: White		3rd Phase		
				Tritiya Until 12:20PM	Moon - Blue		Bhuloka Day		
					Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM		

3		Sunday, June 17, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Moscow, Russia Sun 18 Sutra 63	
Kataka Rasi: 17.58	Tithi 4 - 5	Gulika	4:53PM - 7:04PM	Ashlesha* Until 1:40AM Mon	Ganesh: Orange	<i>Sunrise:</i> 3:48AM	Vilamba 5120		
		Yama	12:31PM - 2:42PM	Vyaghata* Until 11:28AM	Muruga: White	<i>Sunset:</i> 9:15PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	349132361 Rahu	7:04PM - 9:15PM	Bava Until 7:46PM	Nataraja: White		3rd Phase		
Until 1:40AM Mon				Chaturthi* Until 9:11AM	Moon - Blue		Bhuloka Day		
Then Routine Work - Marana Yoga		Father's Day			Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM		

4		Monday, June 18, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau		Moscow, Russia Sun 19 Sutra 64	
Simha Rasi: 2.3	Tithi 5 - 6	Gulika	2:43PM - 4:54PM	Magha* Until 12:14AM Tue	Ganesh: Green	<i>Sunrise:</i> 3:47AM	Vilamba 5120		
Family Home Evening		Yama	10:21AM - 12:32PM	Harshana Until 8:13AM	Muruga: White	<i>Sunset:</i> 9:16PM	Moon 5 - Phase 9		
Routine Work	Marana Yoga	359132361 Rahu	5:59AM - 8:10AM	Taitila Until 4:09AM Tue	Nataraja: White		3rd Phase		
Until 12:14AM Tue				Panchami Until 6:26AM	Moon - Red		Devaloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha-Ani				

5		Tuesday, June 19, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Moscow, Russia Sun 20 Sutra 65	
Simha Rasi: 16.42	Tithi 7	Gulika	12:32PM - 2:43PM	Purvaphalguni Until 11:12PM	Ganesh: Green	<i>Sunrise:</i> 3:47AM	Vilamba 5120		
		Yama	8:10AM - 10:21AM	Siddhi Until 2:55AM Wed	Muruga: White	<i>Sunset:</i> 9:16PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	359132361 Rahu	4:54PM - 7:05PM	Gara Until 3:15PM	Nataraja: White		3rd Phase		
Until 11:12PM				Saptami Until 2:27AM Wed	Moon - Red		Devaloka Day		
Then Creative Work - Amrita Yoga					Jyeshtha-Ani				

Retreat Star		Wednesday, June 20, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Moscow, Russia Sun 21 Sutra 66	
Kanya Rasi: 0.32	Tithi 8	Gulika	10:21AM - 12:32PM	Uttaraphalguni Until 10:36PM	Ganesh: Green	<i>Sunrise:</i> 3:48AM	Vilamba 5120		
		Yama	5:59AM - 8:10AM	Vyatipata* Until 1:01AM Thu	Muruga: White	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 9		
Creative Work	Amrita Yoga	359132361 Rahu	12:32PM - 2:43PM	Visti Until 1:49PM	Nataraja: White		Ashtami		
Until 10:36PM				Ashtami* Until 1:19AM Thu	Moon - Red		Devaloka Day		
Then Routine Work - Marana Yoga		Chidambaram Abhishekam			Jyeshtha-Ani				

Retreat Star		Thursday, June 21, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Moscow, Russia Sun 22 Sutra 67	
Kanya Rasi: 14.01	Tithi 9	Gulika	8:10AM - 10:21AM	Hasta Until 10:54PM	Ganesh: Red	<i>Sunrise:</i> 3:48AM	Vilamba 5120		
		Yama	3:48AM - 5:59AM	Variyan Until 11:33PM	Muruga: White	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 9		
Routine Work	Marana Yoga	369132361 Rahu	2:43PM - 4:55PM	Balava Until 1:00PM	Nataraja: White		Navami		
Until 10:54PM				Navami* Until 12:47AM Fri	Moon - Green		Bhuloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Moscow, Russia
Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau						Sun 23 Sutra 68
Kanya Rasi: 27.11	Tithi 10	Gulika 5:59AM – 8:10AM	Chitra Until 11:35PM	Ganesh: Green	<i>Sunrise:</i> 3:48AM	Vilamba 5120
		Yama 4:55PM – 7:06PM	Parigha* Until 10:32PM	Muruga: White	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 10
		361132361 Rahu 10:21AM – 12:32PM	Tailila Until 12:45PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:49AM Sat	Moon – Green		Bhuloka Day
				Jyeshtha-Ani		

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Moscow, Russia
Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 24 Sutra 69
Tula Rasi: 10.04	Tithi 11	Gulika 3:48AM – 5:59AM	Svati Until 12:38AM Sun	Ganesh: Green	<i>Sunrise:</i> 3:48AM	Vilamba 5120
		Yama 2:44PM – 4:55PM	Shiva Until 9:58PM	Muruga: White	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 10
		361132361 Rahu 8:10AM – 10:22AM	Vanija Until 1:03PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 1:21AM Sun	Moon – Green		Bhuloka Day
Until 12:38AM Sun				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Moscow, Russia
Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau						Sun 25 Sutra 70
Tula Rasi: 22.43	Tithi 12	Gulika 4:55PM – 7:06PM	Vishakha Until 2:28AM Mon	Ganesh: Red	<i>Sunrise:</i> 3:49AM	Vilamba 5120
		Yama 12:33PM – 2:44PM	Siddha Until 9:45PM	Muruga: White	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 10
		371132361 Rahu 7:06PM – 9:17PM	Bava Until 1:50PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 2:23AM Mon	Moon – Orange		Bhuloka Day
Until 2:28AM Mon				Jyeshtha-Ani		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Moscow, Russia
Anuradha Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodashyam Titau						Sun 26 Sutra 71
Vrischika Rasi: 5.08	Tithi 13	Gulika 2:44PM – 4:55PM	Anuradha Until 4:33AM Tue	Ganesh: Red	<i>Sunrise:</i> 3:49AM	Vilamba 5120
Family Home Evening		Yama 10:22AM – 12:33PM	Sadhya Until 9:52PM	Muruga: Clear	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 10
		371142361 Rahu 6:00AM – 8:11AM	Kaulava Until 3:05PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 3:50AM Tue	Moon – Orange		Devaloka Day
Until 4:33AM Tue				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

Pradosha Vrata

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Moscow, Russia
Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau						Sun 27 Sutra 72
Vrischika Rasi: 17.23	Tithi 14	Gulika 12:33PM – 2:44PM	Jyeshtha* Until 6:51AM Wed	Ganesh: Red	<i>Sunrise:</i> 3:49AM	Vilamba 5120
		Yama 8:11AM – 10:22AM	Subha Until 10:20PM	Muruga: Clear	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 10
		371142361 Rahu 4:55PM – 7:06PM	Gara Until 4:44PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 5:40AM Wed	Moon – Orange		Devaloka Day
				Jyeshtha-Ani		

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Moscow, Russia
Copper Retreat Star		Jyeshtha*/Mula* Nakshatra Sukla Yoga Visti* Karana Purnimayam Titau				Sutra 73
Vrischika Rasi: 29.29	Tithi 15	Gulika 10:23AM – 12:33PM	Jyeshtha* Until 6:51AM	Ganesh: Red	<i>Sunrise:</i> 3:50AM	Vilamba 5120
		Yama 6:01AM – 8:12AM	Sukla Until 11:01PM	Muruga: Clear	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 10
		371142361 Rahu 12:33PM – 2:44PM	Visti Until 6:45PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:51AM Thu	Moon – Orange		Devaloka Day
Until 6:51AM				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Moscow, Russia
Silver Retreat Star		Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 74
Dhanus Rasi: 11.26	Tithi 15 – 16	Gulika 8:12AM – 10:23AM	Mula* Until 9:48AM	Ganesh: Blue	<i>Sunrise:</i> 3:51AM	Vilamba 5120
		Yama 3:51AM – 6:01AM	Brahma Until 11:57PM	Muruga: Clear	<i>Sunset:</i> 9:17PM	Moon 5 - Phase 10
		381142361 Rahu 2:44PM – 4:55PM	Balava Until 9:03PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Purnima* Until 7:51AM	Moon – Light Blue		Bhuloka Day
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Moscow, Russia

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 23.18 Tihi 16 – 17

Gulika 6:02AM – 8:12AM

Yama 4:55PM – 7:06PM

Rahu 10:23AM – 12:34PM

Purvashadha* Until 12:49PM

Indra Until 12:49PM

Gara Until 12:51AM Sat

Prathama* Until 10:16AM

Ganesha: Blue

Sunrise: 3:51AM

Muruga: Clear

Sunset: 9:17PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 12:49PM

Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Moscow, Russia

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 5.06 Tihi 17 – 18

Gulika 3:52AM – 6:02AM

Yama 2:45PM – 4:55PM

Rahu 8:13AM – 10:23AM

Uttarashadha Until 3:47PM

Vaidhriti* Until 2:09AM Sun

Vanija Until 2:10AM Sun

Dvitiya Until 12:51PM

Ganesha: Blue

Sunrise: 3:52AM

Muruga: Clear

Sunset: 9:16PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Moscow, Russia

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 16.53 Tihi 18 – 19

Gulika 4:55PM – 7:05PM

Yama 12:34PM – 2:45PM

Rahu 7:05PM – 9:16PM

Shravana Until 7:06PM

Vishkambha* Until 3:14AM Mon

Bava Until 4:43AM Mon

Tritiya Until 3:26PM

Ganesha: Red

Sunrise: 3:53AM

Muruga: Clear

Sunset: 9:16PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 7:06PM

Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 28.41 Tihi 19 – 20

Gulika 2:45PM – 4:55PM

Yama 10:24AM – 12:34PM

Rahu 6:04AM – 8:14AM

Dhanishtha Until 10:05PM

Priti Until 4:10AM Tue

Kaulava Until 7:01AM Tue

Chaturthi* Until 5:53PM

Ganesha: Red

Sunrise: 3:53AM

Muruga: Clear

Sunset: 9:15PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 10.35 Tihi 20

Gulika 12:35PM – 2:45PM

Yama 8:14AM – 10:24AM

Rahu 4:55PM – 7:05PM

Shatabhishak Until 12:34AM Wed

Ayushman Until 4:46AM Wed

Kaulava Until 7:01AM

Panchami Until 8:00PM

Ganesha: Yellow

Sunrise: 3:54AM

Muruga: Clear

Sunset: 9:15PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 12:34AM Wed

Then Creative Work - Amrita Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 22.39 Tihi 21

Gulika 10:25AM – 12:35PM

Yama 6:05AM – 8:15AM

Rahu 12:35PM – 2:45PM

Purvaproshtapada* Until 2:53AM Thu

Saubhagya Until 4:58AM Thu

Gara Until 8:55AM

Shashthi* Until 9:38PM

Ganesha: Orange

Sunrise: 3:55AM

Muruga: Clear

Sunset: 9:14PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 2:53AM Thu

Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Moscow, Russia

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 4.56 Tihi 22

Gulika 8:16AM – 10:25AM

Yama 3:56AM – 6:06AM

Rahu 2:45PM – 4:54PM

Uttaraproshtapada Until 4:23AM Fri

Sobhana Until 4:39AM Fri

Visti Until 10:15AM

Saptami Until 10:38PM

Ganesha: Orange

Sunrise: 3:56AM

Muruga: Clear

Sunset: 9:14PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

D

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 17.31 Tihi 23

Gulika 6:07AM – 8:16AM

Yama 4:54PM – 7:03PM

Rahu 10:26AM – 12:35PM

Revati Until 4:59AM Sat

Athiganda* Until 3:43AM Sat

Balava Until 10:53AM

Ashtami* Until 10:54PM

Ganesha: Orange

Sunrise: 3:57AM

Muruga: Clear

Sunset: 9:13PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Moscow, Russia

Sun 9 Sutra 84

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 0.28 Tihi 24

Gulika 3:58AM – 6:07AM

Yama 2:44PM – 4:54PM

Rahu 8:17AM – 10:26AM

Ashvini Until 5:07AM Sun

Sukarma Until 2:09AM Sun

Taitila Until 10:44AM

Navami* Until 10:21PM

Ganesha: Orange

Sunrise: 3:58AM

Muruga: Clear

Sunset: 9:12PM

Nataraja: White

Moon – White

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 5:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yukstayam				Moscow, Russia
Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 84		
Mesha Rasi: 13.49	Tithi 25	Gulika 4:53PM – 7:02PM	Bharani Until 4:18AM Mon	Ganesh: Orange <i>Sunrise:</i> 3:59AM	Vilamba 5120	
		Yama 12:35PM – 2:44PM	Dhriti Until 11:58PM	Muruga: Clear <i>Sunset:</i> 9:11PM	Moon 6 - Phase 12	
	422242361	Rahu 7:02PM – 9:11PM	Vanija Until 9:48AM	Nataraja: White	2nd Phase	
Routine Work	Prabalarishta Yoga		Dashami Until 9:01PM	Moon – White	Devaloka Day	
Until 4:18AM Mon				Jyeshtha•Ani		
Then Routine Work - Marana Yoga						

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukstayam				Moscow, Russia
Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 85		
Mesha Rasi: 27.38	Tithi 26	Gulika 2:44PM – 4:53PM	Krittika Until 2:40AM Tue	Ganesh: Orange <i>Sunrise:</i> 4:00AM	Vilamba 5120	
Family Home Evening		Yama 10:27AM – 12:35PM	Shula* Until 9:10PM	Muruga: Clear <i>Sunset:</i> 9:10PM	Moon 6 - Phase 12	
	422242361	Rahu 6:09AM – 8:18AM	Bava Until 8:05AM	Nataraja: White	2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 6:57PM	Moon – White	Devaloka Day	
Until 2:40AM Tue				Jyeshtha•Ani		
Then Creative Work - Amrita Yoga						

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukstayam				Moscow, Russia
Rohini Nakshatra Ganda*Vridhhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 86		
Vrisshabha Rasi: 11.55	Tithi 27 – 28	Gulika 12:36PM – 2:44PM	Rohini Until 12:44AM Wed	Ganesh: Light Blue <i>Sunrise:</i> 4:02AM	Vilamba 5120	
		Yama 8:19AM – 10:27AM	Ganda* Until 5:52PM	Muruga: Clear <i>Sunset:</i> 9:09PM	Moon 6 - Phase 12	
	422242361	Rahu 4:53PM – 7:01PM	Gara Until 2:44AM Wed	Nataraja: White	2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 4:15PM	Moon – Yellow	Bhuloka Day	
Until 12:44AM Wed				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukstayam				Moscow, Russia
Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 87		
Vrisshabha Rasi: 26.34	Tithi 28 – 29	Gulika 10:28AM – 12:36PM	Mrigashira Until 10:12PM	Ganesh: Light Blue <i>Sunrise:</i> 4:03AM	Vilamba 5120	
		Yama 6:11AM – 8:19AM	Vridhhi Until 2:11PM	Muruga: Clear <i>Sunset:</i> 9:09PM	Moon 6 - Phase 12	
	422242361	Rahu 12:36PM – 2:44PM	Visti Until 11:22PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:04PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukstayam				Moscow, Russia
Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 88		
Mithuna Rasi: 11.32	Tithi 29 – 30	Gulika 8:20AM – 10:28AM	Ardra Until 7:17PM	Ganesh: Light Blue <i>Sunrise:</i> 4:04AM	Vilamba 5120	
		Yama 4:04AM – 6:12AM	Dhruva Until 10:12AM	Muruga: Clear <i>Sunset:</i> 9:07PM	Moon 6 - Phase 12	
	422242361	Rahu 2:44PM – 4:52PM	Catuspada Until 7:43PM	Nataraja: White	Amavasya	
Routine Work	Marana Yoga		Chaturdashi* Until 9:33AM	Moon – Yellow	Bhuloka Day	
Until 7:17PM				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yukstayam				Moscow, Russia
Retreat Star		Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 89		
Mithuna Rasi: 26.41	Tithi 1	Gulika 6:13AM – 8:21AM	Punarvasu Until 4:30PM	Ganesh: Purple <i>Sunrise:</i> 4:06AM	Vilamba 5120	
		Yama 4:51PM – 6:59PM	Vyaghata* Until 6:04AM	Muruga: Clear <i>Sunset:</i> 9:06PM	Moon 6 - Phase 12	
	422242361	Rahu 10:28AM – 12:36PM	Kintughna Until 3:58PM	Nataraja: White	Prathama	
Creative Work	Siddha Yoga		Prathama* Until 2:05AM Sat	Moon – Blue	Bhuloka Day	
Until 4:30PM		Partial Solar Eclipse		Ashada•Ani	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1 Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Moscow, Russia Sun 15 Sutra 90 Vilamba 5120
Kataka Rasi: 11.51	Tithi 2	Gulika 4:07AM – 6:14AM	Pushya Until 1:38PM	Ganesh: Purple <i>Sunrise:</i> 4:07AM		
		Yama 2:43PM – 4:51PM	Vajra* Until 9:51PM	Muruga: Clear <i>Sunset:</i> 9:05PM	Moon 6 - Phase 13	
		442242361 Rahu 8:21AM – 10:29AM	Balava Until 12:16PM	Nataraja: White	3rd Phase	
Creative Work	Siddha Yoga				Ashada*Ani	Bhuloka Day
Until 1:38PM						Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

2 Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Moscow, Russia Sun 16 Sutra 91 Vilamba 5120
Kataka Rasi: 26.53	Tithi 3	Gulika 4:50PM – 6:57PM	Ashlesha* Until 10:51AM	Ganesh: Purple <i>Sunrise:</i> 4:08AM		
		Yama 12:36PM – 2:43PM	Siddhi Until 6:02PM	Muruga: Clear <i>Sunset:</i> 9:04PM	Moon 6 - Phase 13	
		442242361 Rahu 6:57PM – 9:04PM	Tailila Until 8:46AM	Nataraja: White	3rd Phase	
Creative Work	Siddha Yoga				Moon – Blue	Bhuloka Day
Until 10:51AM					Ashada*Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

3 Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Moscow, Russia Sun 17 Sutra 92 Vilamba 5120
Simha Rasi: 11.4	Tithi 4 – 5	Gulika 2:43PM – 4:49PM	Magha* Until 8:43AM	Ganesh: Purple <i>Sunrise:</i> 4:10AM		
Family Home Evening		Yama 10:30AM – 12:36PM	Vyatipata* Until 2:34PM	Muruga: Clear <i>Sunset:</i> 9:03PM	Moon 6 - Phase 13	
		453242361 Rahu 6:16AM – 8:23AM	Bava Until 2:57AM Tue	Nataraja: White	3rd Phase	
Routine Work	Marana Yoga				Moon – Red	Bhuloka Day
Until 8:43AM					Ashada*Adi	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

4 Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Moscow, Russia Sun 18 Sutra 93 Vilamba 5120
Simha Rasi: 26.06	Tithi 5 – 6	Gulika 12:36PM – 2:43PM	Purvaphalguni Until 6:56AM	Ganesh: Purple <i>Sunrise:</i> 4:11AM		
		Yama 8:24AM – 10:30AM	Varyan Until 11:31AM	Muruga: Clear <i>Sunset:</i> 9:01PM	Moon 6 - Phase 13	
		453242362 Rahu 4:49PM – 6:55PM	Kaulava Until 12:53AM Wed	Nataraja: Clear	3rd Phase	
Creative Work	Siddha Yoga				Moon – Red	Devaloka Day
Until 6:56AM					Ashada*Adi	
Then Creative Work - Amrita Yoga						

5 Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Moscow, Russia Sun 19 Sutra 94 Vilamba 5120
Kanya Rasi: 10.07	Tithi 6 – 7	Gulika 10:30AM – 12:36PM	Hasta Until 5:20AM Thu	Ganesh: Clear <i>Sunrise:</i> 4:13AM		
		Yama 6:19AM – 8:25AM	Parigha* Until 9:01AM	Muruga: Clear <i>Sunset:</i> 9:00PM	Moon 6 - Phase 13	
		463242362 Rahu 12:36PM – 2:42PM	Gara Until 11:31PM	Nataraja: Clear	3rd Phase	
Routine Work	Marana Yoga				Moon – Green	Sivaloka Day
Until 5:20AM Thu					Ashada*Adi	
Then Creative Work - Siddha Yoga						

Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Moscow, Russia Sun 20 Sutra 95 Vilamba 5120
Retreat Star		Gulika 8:25AM – 10:31AM	Chitra Until 5:37AM Fri	Ganesh: Clear <i>Sunrise:</i> 4:14AM		
Kanya Rasi: 23.41	Tithi 7 – 8	Yama 4:14AM – 6:20AM	Shiva Until 7:06AM	Muruga: Clear <i>Sunset:</i> 8:59PM	Moon 6 - Phase 13	
		463242362 Rahu 2:42PM – 4:48PM	Visti Until 10:52PM	Nataraja: Clear	Ashtami	
Creative Work	Siddha Yoga				Moon – Green	Sivaloka Day
					Ashada*Adi	
Saptami Until 11:05AM						

Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Moscow, Russia Sun 21 Sutra 96 Vilamba 5120
Retreat Star		Gulika 6:21AM – 8:26AM	Svati Until 6:26AM Sat	Ganesh: Clear <i>Sunrise:</i> 4:16AM		
Tula Rasi: 6.52	Tithi 8 – 9	Yama 4:47PM – 6:52PM	Sadhya Until 4:58AM Sat	Muruga: Clear <i>Sunset:</i> 8:57PM	Moon 6 - Phase 13	
		463242362 Rahu 10:31AM – 12:37PM	Balava Until 10:57PM	Nataraja: Clear	Navami	
Creative Work	Siddha Yoga				Moon – Green	Sivaloka Day
					Ashada*Adi	
Ashtami* Until 10:48AM						

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Moscow, Russia Sun 22 Sutra 97	
Tula Rasi: 19.41	Tithi 9 – 10	Gulika	4:17AM – 6:22AM	Svati Until 6:26AM	Ganesh: Clear	<i>Sunrise:</i> 4:17AM	Vilamba 5120		
		Yama	2:41PM – 4:46PM	Subha Until 4:44AM Sun	Muruga: Clear	<i>Sunset:</i> 8:56PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	463242362 Rahu	8:27AM – 10:32AM	Taitila Until 11:42PM	Nataraja: Clear		4th Phase		
				Navami* Until 11:13AM	Moon – Green		Sivaloka Day		
					Ashada*Adi				


2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Moscow, Russia Sun 23 Sutra 98	
Vrischika Rasi: 2.11	Tithi 10 – 11	Gulika	4:45PM – 6:50PM	Vishakha Until 8:12AM	Ganesh: White	<i>Sunrise:</i> 4:19AM	Vilamba 5120		
		Yama	12:37PM – 2:41PM	Sukla Until 4:54AM Mon	Muruga: Clear	<i>Sunset:</i> 8:54PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	6:50PM – 8:54PM	Vanija Until 1:02AM Mon	Nataraja: Clear		4th Phase		
				Dashami Until 12:17PM	Moon – Orange		Devaloka Day		
					Ashada*Adi				


3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Moscow, Russia Sun 24 Sutra 99	
Vrischika Rasi: 14.28	Tithi 11 – 12	Gulika	2:41PM – 4:45PM	Anuradha Until 10:20AM	Ganesh: White	<i>Sunrise:</i> 4:21AM	Vilamba 5120		
Family Home Evening		Yama	10:33AM – 12:37PM	Brahma Until 5:26AM Tue	Muruga: Clear	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	473242362 Rahu	6:25AM – 8:29AM	Bava Until 2:52AM Tue	Nataraja: Clear		4th Phase		
				Ekadashi Until 1:52PM	Moon – Orange		Devaloka Day		
					Ashada*Adi				

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Moscow, Russia Sun 25 Sutra 100	
Vrischika Rasi: 26.32	Tithi 12 – 13	Gulika	12:37PM – 2:40PM	Jyeshtha* Until 12:45PM	Ganesh: White	<i>Sunrise:</i> 4:22AM	Vilamba 5120		
		Yama	8:29AM – 10:33AM	Indra Until 6:16AM Wed	Muruga: Clear	<i>Sunset:</i> 8:51PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	4:44PM – 6:47PM	Kaulava Until 5:03AM Wed	Nataraja: Clear		4th Phase		
Until 12:45PM				Dvadashi Until 3:54PM	Moon – Orange		Devaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				
					<i>Pradosha Vrata</i>				

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila Karana Trayodashyam Titau		Moscow, Russia Sun 26 Sutra 101	
Dhanus Rasi: 8.28	Tithi 13	Gulika	10:34AM – 12:37PM	Mula* Until 3:48PM	Ganesh: Red	<i>Sunrise:</i> 4:24AM	Vilamba 5120		
		Yama	6:27AM – 8:30AM	Indra Until 6:16AM	Muruga: Clear	<i>Sunset:</i> 8:49PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 Rahu	12:37PM – 2:40PM	Taitila Until 6:14PM	Nataraja: Clear		4th Phase		
Until 3:48PM				Trayodashi Until 6:14PM	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				

6		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Moscow, Russia Sun 27 Sutra 102	
Dhanus Rasi: 20.19	Tithi 14	Gulika	8:31AM – 10:34AM	Purvashadha* Until 6:53PM	Ganesh: Red	<i>Sunrise:</i> 4:26AM	Vilamba 5120		
		Yama	4:26AM – 6:28AM	Vaidhriti* Until 7:15AM	Muruga: Clear	<i>Sunset:</i> 8:48PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	483342362 Rahu	2:39PM – 4:42PM	Gara Until 7:30AM	Nataraja: Clear		4th Phase		
Until 6:53PM				Chaturdashi* Until 8:46PM	Moon – Light Blue		Sivaloka Day		
Then Routine Work - Marana Yoga					Ashada*Adi				

		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarahadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Moscow, Russia Sun 28 Sutra 103	
Copper Retreat Star		Gulika	6:30AM – 8:32AM	Uttarahadha Until 9:52PM	Ganesh: Red	<i>Sunrise:</i> 4:27AM	Vilamba 5120		
Makara Rasi: 2.07	Tithi 15	Yama	4:41PM – 6:44PM	Vishkambha* Until 8:21AM	Muruga: Clear	<i>Sunset:</i> 8:46PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 Rahu	10:34AM – 12:37PM	Visti Until 10:05AM	Nataraja: Clear		Purnima		
				Purnima* Until 11:21PM	Moon – Light Blue		Sivaloka Day		
					Ashada*Adi				
		Total Lunar Eclipse							
		Satguru Purnima							

		Saturday, July 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Moscow, Russia Sun 29 Sutra 104	
Silver Retreat Star		Gulika	4:29AM – 6:31AM	Shravana Until 1:08AM Sun	Ganesh: Blue	<i>Sunrise:</i> 4:29AM	Vilamba 5120		
Makara Rasi: 13.54	Tithi 16	Yama	2:38PM – 4:40PM	Priti Until 9:29AM	Muruga: Clear	<i>Sunset:</i> 8:44PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	493342362 Rahu	8:33AM – 10:35AM	Balava Until 12:39PM	Nataraja: Clear		Prathama		
				Prathama* Until 1:53AM Sun	Moon – Purple		Devaloka Day		
					Ashada*Adi				
Creative Work	Siddha Yoga								
Until 1:08AM Sun									
Then Routine Work - Marana Yoga									

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Moscow, Russia
Sun 1 Sutra 105
Vilamba 5120

Makara Rasi: 25.44 Tihti 17

Gulika 4:39PM – 6:41PM
Yama 12:37PM – 2:38PM
494342362 Rahu 6:41PM – 8:42PM

Dhanishtha Until 4:03AM Mon
Ayushman Until 10:29AM
Taitila Until 3:06PM
Dvitiya Until 4:14AM Mon

Ganesha: Blue Sunrise: 4:31AM
Muruga: Clear Sunset: 8:42PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Devaloka Day

Routine Work Marana Yoga
Until 4:03AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Moscow, Russia
Sun 2 Sutra 106
Vilamba 5120

Kumbha Rasi: 7.37 Tihti 18
Family Home Evening
Creative Work Siddha Yoga

Gulika 2:38PM – 4:38PM
Yama 10:36AM – 12:37PM
494342362 Rahu 6:34AM – 8:35AM

Shatabhishak Until 6:32AM Tue
Saubhagya Until 11:20AM
Vanija Until 5:19PM
Tritiya Until 6:17AM Tue

Ganesha: Blue Sunrise: 4:33AM
Muruga: Clear Sunset: 8:40PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Devaloka Day

Until 6:32AM Tue
Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Moscow, Russia
Sun 3 Sutra 107
Vilamba 5120

Kumbha Rasi: 19.38 Tihti 18 – 19

Gulika 12:37PM – 2:37PM
Yama 8:36AM – 10:36AM
494342362 Rahu 4:37PM – 6:38PM

Shatabhishak Until 6:32AM
Sobhana Until 11:58AM
Bava Until 7:11PM
Tritiya Until 6:17AM

Ganesha: Blue Sunrise: 4:35AM
Muruga: Clear Sunset: 8:38PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Devaloka Day

Routine Work Marana Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia
Sun 4 Sutra 108
Vilamba 5120

Meena Rasi: 1.49 Tihti 19 – 20

Gulika 10:36AM – 12:36PM
Yama 6:36AM – 8:36AM
414342362 Rahu 12:36PM – 2:36PM

Purvaprossthapada* Until 8:57AM
Athiganda* Until 12:14PM
Kaulava Until 8:36PM
Chaturthi* Until 11:58AM

Ganesha: White Sunrise: 4:36AM
Muruga: Clear Sunset: 8:37PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Devaloka Day

Creative Work Amrita Yoga
Until 8:57AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Moscow, Russia
Sun 5 Sutra 109
Vilamba 5120

Meena Rasi: 14.11 Tihti 20 – 21

Gulika 8:37AM – 10:37AM
Yama 4:38AM – 6:38AM
414342362 Rahu 2:36PM – 4:35PM

Uttaraprossthapada Until 10:43AM
Sukarma Until 12:07PM
Gara Until 9:29PM
Panchami Until 9:06AM

Ganesha: White Sunrise: 4:38AM
Muruga: Clear Sunset: 8:35PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia
Sun 6 Sutra 110
Vilamba 5120

Meena Rasi: 26.49 Tihti 21 – 22

Gulika 6:39AM – 8:38AM
Yama 4:34PM – 6:34PM
414342362 Rahu 10:37AM – 12:36PM

Revati Until 11:46AM
Dhriti Until 11:34AM
Visti Until 9:45PM
Shashthi* Until 9:41AM

Ganesha: White Sunrise: 4:40AM
Muruga: Clear Sunset: 8:33PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Devaloka Day

Creative Work Siddha Yoga
Until 11:46AM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia
Sun 7 Sutra 111
Vilamba 5120

Mesha Rasi: 9.46 Tihti 22 – 23

Gulika 4:42AM – 6:40AM
Yama 2:35PM – 4:33PM
424342362 Rahu 8:39AM – 10:38AM

Ashvini Until 8:53AM Sun
Shula* Until 10:28AM
Balava Until 9:21PM
Saptami Until 9:37AM

Ganesha: Clear Sunrise: 4:42AM
Muruga: Clear Sunset: 8:31PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia
Sun 8 Sutra 112
Vilamba 5120

Mesha Rasi: 23.03 Tihti 23 – 24

Gulika 4:32PM – 6:30PM
Yama 12:36PM – 2:34PM
424342362 Rahu 6:30PM – 8:29PM

Ashvini Until 8:53AM
Ganda* Until 6:41AM Mon
Taitila Until 8:16PM
Ashtami* Until 8:53AM

Ganesha: Clear Sunrise: 4:44AM
Muruga: Clear Sunset: 8:29PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 8:53AM
Then Creative Work - Siddha Yoga

1		Monday, August 6, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Moscow, Russia Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 6.43	Tithi 24 – 25	Gulika	2:34PM – 4:31PM	Krittika Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	
Family Home Evening	424342362	Yama	10:38AM – 12:36PM	Vriddhi Until 6:41AM	Muruga: Clear	<i>Sunset:</i> 8:26PM	
Routine Work	Marana Yoga	Rahu	6:43AM – 8:41AM	Vanija Until 6:31PM	Nataraja: Clear	Moon 7 - Phase 16	
Until 11:29AM				Navami* Until 7:28AM	Moon – White	2nd Phase	
Then Creative Work - Amrita Yoga					Ashada*Adi	Sivaloka Day	

2		Tuesday, August 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Moscow, Russia Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 20.48	Tithi 26	Gulika	12:36PM – 2:33PM	Rohini Until 10:13AM	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	
		Yama	8:42AM – 10:39AM	Vyaghata* Until 12:47AM Wed	Muruga: Clear	<i>Sunset:</i> 8:24PM	
		Rahu	4:30PM – 6:27PM	Bava Until 4:10PM	Nataraja: Clear	Moon 7 - Phase 16	
Creative Work	Amrita Yoga			Ekadashi* Until 2:46AM Wed	Moon – Yellow	2nd Phase	
Until 10:13AM					Ashada*Adi	Devaloka Day	
Then Creative Work - Siddha Yoga							

3		Wednesday, August 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Moscow, Russia Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 5.16	Tithi 27	Gulika	10:39AM – 12:36PM	Mrigashira Until 8:16AM	Ganesha: Purple	<i>Sunrise:</i> 4:49AM	
		Yama	6:46AM – 8:43AM	Harshana Until 9:13PM	Muruga: Clear	<i>Sunset:</i> 8:22PM	
		Rahu	12:36PM – 2:32PM	Kaulava Until 1:17PM	Nataraja: Clear	Moon 7 - Phase 16	
Creative Work	Siddha Yoga			Dvadashi* Until 11:40PM	Moon – Yellow	2nd Phase	
					Ashada*Adi	Devaloka Day	

4		Thursday, August 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Moscow, Russia Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 20.04	Tithi 28	Gulika	8:43AM – 10:40AM	Punarvasu Until 3:12AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 4:51AM	
		Yama	4:51AM – 6:47AM	Vajra* Until 5:21PM	Muruga: Clear	<i>Sunset:</i> 8:20PM	
		Rahu	2:32PM – 4:28PM	Gara Until 10:00AM	Nataraja: Clear	Moon 7 - Phase 16	
Creative Work	Amrita Yoga			Trayodashi* Until 8:14PM	Moon – Blue	2nd Phase	
Until 3:12AM Fri					Ashada*Adi	Devaloka Day	
Then Routine Work - Marana Yoga							

5		Friday, August 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatiyata* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Moscow, Russia Sun 13 Sutra 117 Vilamba 5120
Kataka Rasi: 5.05	Tithi 29 – 30	Gulika	6:49AM – 8:44AM	Pushya Until 12:22AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 4:53AM	
		Yama	4:27PM – 6:22PM	Siddhi Until 1:18PM	Muruga: Clear	<i>Sunset:</i> 8:18PM	
		Rahu	10:40AM – 12:35PM	Visti Until 6:28AM	Nataraja: Clear	Moon 7 - Phase 16	
Routine Work	Marana Yoga			Chaturdashi* Until 4:37PM	Moon – Blue	2nd Phase	
					Ashada*Adi	Devaloka Day	

●		Saturday, August 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Vairyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Moscow, Russia Sun 14 Sutra 118 Vilamba 5120
Retreat Star		Gulika	4:55AM – 6:50AM	Ashlesha* Until 9:25PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:55AM	
Kataka Rasi: 20.12	Tithi 30 – 1	Yama	2:30PM – 4:26PM	Vyatipata* Until 9:12AM	Muruga: Clear	<i>Sunset:</i> 8:16PM	
		Rahu	8:45AM – 10:40AM	Kintughna Until 11:10PM	Nataraja: Clear	Moon 7 - Phase 16	
Routine Work	Marana Yoga			Amavasya* Until 12:57PM	Moon – Blue	Amavasya	
Until 9:25PM					Ashada*Adi	Devaloka Day	
Then Creative Work - Amrita Yoga							

●		Sunday, August 12, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Moscow, Russia Sun 15 Sutra 119 Vilamba 5120
Retreat Star		Gulika	4:24PM – 6:19PM	Magha* Until 6:56PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	
Simha Rasi: 5.16	Tithi 1 – 2	Yama	12:35PM – 2:30PM	Parigha* Until 1:19AM Mon	Muruga: Clear	<i>Sunset:</i> 8:13PM	
		Rahu	6:19PM – 8:13PM	Balava Until 7:44PM	Nataraja: Clear	Moon 7 - Phase 16	
Routine Work	Marana Yoga			Prathama* Until 9:24AM	Moon – Red	Prathama	
Until 6:56PM					Sravana*Adi	Sivaloka Day	
Then Creative Work - Siddha Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Moscow, Russia Sun 16 Sutra 120 Vilamba 5120	
Simha Rasi: 20.09	Tithi 2 - 3	Gulika	2:29PM - 4:23PM	Purvaphalguni Until 4:38PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	
Family Home Evening	455342362	Yama	10:41AM - 12:35PM	Shiva Until 9:49PM	Muruga: Clear	<i>Sunset:</i> 8:11PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Rahu	6:53AM - 8:47AM	Gara Until 3:16AM Tue	Nataraja: Clear		3rd Phase
				Dvitiya Until 6:07AM	Moon - Red		Sivaloka Day
					Sravana-Adi		

2 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Moscow, Russia Sun 17 Sutra 121 Vilamba 5120	
Kanya Rasi: 4.43	Tithi 4	Gulika	12:35PM - 2:28PM	Uttaraphalguni Until 2:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	
	455342362	Yama	8:48AM - 10:41AM	Siddha Until 6:44PM	Muruga: Clear	<i>Sunset:</i> 8:09PM	Moon 7 - Phase 17
Creative Work	Amrita Yoga	Rahu	4:22PM - 6:15PM	Vanija Until 2:03PM	Nataraja: Clear		3rd Phase
Until 2:42PM				Chaturthi* Until 12:58AM Wed	Moon - Red		Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Adi		

3 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Moscow, Russia Sun 18 Sutra 122 Vilamba 5120	
Kanya Rasi: 18.53	Tithi 5	Gulika	10:42AM - 12:35PM	Hasta Until 1:42PM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	
	465342362	Yama	6:56AM - 8:49AM	Sadhya Until 4:12PM	Muruga: Clear	<i>Sunset:</i> 8:07PM	Moon 7 - Phase 17
Routine Work	Marana Yoga	Rahu	12:35PM - 2:28PM	Bava Until 12:05PM	Nataraja: Clear		3rd Phase
Until 1:42PM				Panchami Until 11:22PM	Moon - Green		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Nag Panchami			Sravana-Adi		

4 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Moscow, Russia Sun 19 Sutra 123 Vilamba 5120	
Tula Rasi: 2.35	Tithi 6	Gulika	8:49AM - 10:42AM	Chitra Until 1:17PM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	
	465342362	Yama	5:04AM - 6:57AM	Subha Until 2:17PM	Muruga: Clear	<i>Sunset:</i> 8:04PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Rahu	2:27PM - 4:19PM	Kaulava Until 10:52AM	Nataraja: Clear		3rd Phase
Until 1:17PM				Shashthi* Until 10:32PM	Moon - Green		Subha Sivaloka Day
Then Creative Work - Amrita Yoga					Sravana-Adi		

5 Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Bava Karana Saptamyam Titau				Moscow, Russia Sun 20 Sutra 124 Vilamba 5120	
Tula Rasi: 15.51	Tithi 7	Gulika	6:58AM - 8:50AM	Svati Until 1:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:06AM	
	565342362	Yama	4:18PM - 6:10PM	Sukla Until 1:30PM	Muruga: Clear	<i>Sunset:</i> 8:02PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Rahu	10:42AM - 12:34PM	Gara Until 10:26AM	Nataraja: Clear		3rd Phase
				Saptami Until 10:31PM	Moon - Green		Sivaloka Day
					Sravana-Avani		

6 Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Moscow, Russia Sun 21 Sutra 125 Vilamba 5120	
Retreat Star		Gulika	5:08AM - 7:00AM	Vishakha Until 2:49PM	Ganesha: Purple	<i>Sunrise:</i> 5:08AM	
Tula Rasi: 28.41	Tithi 8	Yama	2:25PM - 4:17PM	Brahma Until 12:21PM	Muruga: Clear	<i>Sunset:</i> 8:00PM	Moon 7 - Phase 17
	575342362	Rahu	8:51AM - 10:43AM	Visti Until 10:50AM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 11:17PM	Moon - Orange		Subha Sivaloka Day
					Sravana-Avani		

7 Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau				Moscow, Russia Sun 22 Sutra 126 Vilamba 5120	
Retreat Star		Gulika	4:16PM - 6:06PM	Anuradha Until 4:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	
Vrischika Rasi: 11.11	Tithi 9	Yama	12:34PM - 2:25PM	Indra Until 12:18PM	Muruga: Clear	<i>Sunset:</i> 7:57PM	Moon 7 - Phase 17
	575442362	Rahu	6:06PM - 7:57PM	Balava Until 11:58AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga			Navami* Until 12:45AM Mon	Moon - Orange		Sivaloka Day
					Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1		Monday, August 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau		Moscow, Russia Sun 23 Sutra 127	
Vrischika Rasi: 23.23	Tithi 10	Gulika	2:24PM – 4:14PM	Jyeshtha* Until 7:00PM	Ganesha: Clear	<i>Sunrise:</i> 5:12AM	Vilamba 5120		
Family Home Evening	575442362	Yama	10:43AM – 12:34PM	Vaidhriti* Until 12:42PM	Muruga: Clear	<i>Sunset:</i> 7:55PM	Moon 7 - Phase 18		
Creative Work	Siddha Yoga	Rahu	7:02AM – 8:53AM	Taitila Until 1:44PM	Nataraja: Clear		4th Phase		
				Dashami Until 2:47AM Tue	Moon – Orange		Sivaloka Day		
					Sravana-Avani				

2		Tuesday, August 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Moscow, Russia Sun 24 Sutra 128	
Dhanus Rasi: 5.23	Tithi 11	Gulika	12:33PM – 2:23PM	Mula* Until 10:02PM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM	Vilamba 5120		
	586442362	Yama	8:54AM – 10:43AM	Vishkambha* Until 1:29PM	Muruga: Clear	<i>Sunset:</i> 7:53PM	Moon 7 - Phase 18		
Creative Work	Amrita Yoga	Rahu	4:13PM – 6:03PM	Vanija Until 3:58PM	Nataraja: Clear		4th Phase		
Until 10:02PM				Vanija Until 3:58PM	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Siddha Yoga				Ekadashi Until 5:11AM Wed	Sravana-Avani				

3		Wednesday, August 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava Karana Dvadashyam Titau		Moscow, Russia Sun 25 Sutra 129	
Dhanus Rasi: 17.15	Tithi 12	Gulika	10:44AM – 12:33PM	Purvashadha* Until 1:08AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Vilamba 5120		
	586442362	Yama	7:05AM – 8:54AM	Priti Until 2:31PM	Muruga: Clear	<i>Sunset:</i> 7:50PM	Moon 7 - Phase 18		
Creative Work	Amrita Yoga	Rahu	12:33PM – 2:22PM	Bava Until 6:29PM	Nataraja: Clear		4th Phase		
Until 1:08AM Thu				Bava Until 6:29PM	Moon – Light Blue		Sivaloka Day		
Then Routine Work - Marana Yoga				Dvadashi Until 7:46AM Thu	Sravana-Avani				

4		Thursday, August 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Moscow, Russia Sun 26 Sutra 130	
Dhanus Rasi: 29.02	Tithi 12 – 13	Gulika	8:55AM – 10:44AM	Uttarashadha Until 4:07AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	Vilamba 5120		
	586442362	Yama	5:18AM – 7:07AM	Ayushman Until 3:35PM	Muruga: Clear	<i>Sunset:</i> 7:48PM	Moon 7 - Phase 18		
Routine Work	Marana Yoga	Rahu	2:22PM – 4:10PM	Kaulava Until 9:06PM	Nataraja: Clear		4th Phase		
				Dvadashi Until 7:46AM	Moon – Light Blue		Sivaloka Day		
					Sravana-Avani				

Pradosha Vrata

5		Friday, August 24, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Moscow, Russia Sun 27 Sutra 131	
Makara Rasi: 10.5	Tithi 13 – 14	Gulika	7:08AM – 8:56AM	Shravana Until 7:19AM Sat	Ganesha: White	<i>Sunrise:</i> 5:20AM	Vilamba 5120		
	596442362	Yama	4:09PM – 5:57PM	Saubhagya Until 4:39PM	Muruga: Clear	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 18		
Routine Work	Marana Yoga	Rahu	10:44AM – 12:32PM	Gara Until 11:38PM	Nataraja: Clear		4th Phase		
Until 7:19AM Sat				Gara Until 11:38PM	Moon – Purple		Subha Sivaloka Day		
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Trayodashi Until 10:22AM	Sravana-Avani				

○		Saturday, August 25, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Moscow, Russia Sutra 132	
Copper Retreat Star		Gulika	5:22AM – 7:09AM	Shravana Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 5:22AM	Vilamba 5120		
Makara Rasi: 22.4	Tithi 14 – 15	Yama	2:20PM – 4:08PM	Sobhana Until 5:36PM	Muruga: Clear	<i>Sunset:</i> 7:43PM	Moon 7 - Phase 18		
	596442362	Rahu	8:57AM – 10:45AM	Visti Until 1:58AM Sun	Nataraja: Clear		Purnima		
Creative Work	Siddha Yoga			Visti Until 1:58AM Sun	Moon – Purple		Subha Sivaloka Day		
		Avani Avittam		Chaturdashi* Until 12:49PM	Sravana-Avani				

○		Sunday, August 26, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava Karana Purnima/Prathamayam Titau		Moscow, Russia Sutra 133	
Silver Retreat Star		Gulika	4:06PM – 5:53PM	Dhanishtha Until 10:07AM	Ganesha: White	<i>Sunrise:</i> 5:24AM	Vilamba 5120		
Kumbha Rasi: 5	Tithi 15 – 16	Yama	12:32PM – 2:19PM	Athiganda* Until 6:17PM	Muruga: Clear	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 18		
	596442362	Rahu	5:53PM – 7:40PM	Bava Until 2:59PM	Nataraja: Clear		Prathama		
Routine Work	Marana Yoga			Bava Until 2:59PM	Moon – Purple		Subha Sivaloka Day		
Until 10:07AM				Purnima* Until 2:59PM	Sravana-Avani				
Then Creative Work - Siddha Yoga									

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Moscow, Russia

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 16.39 Tiithi 16 – 17

Family Home Evening

596442363

Gulika 2:18PM – 4:05PM

Yama 10:45AM – 12:32PM

Rahu 7:12AM – 8:59AM

Shatabhishak Until 12:25PM

Sukarma Until 6:43PM

Taitila Until 5:35AM Tue

Prathama* Until 4:48PM

Ganesh: White Sunrise: 5:25AM

Muruga: Clear Sunset: 7:38PM

Nataraja: Clear

Moon – Purple

Sravana-Avani

Subha Sivaloka Day

Then Routine Work - Marana Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Gara Karana Dvitiyayam Titau

Moscow, Russia

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 28.52 Tiithi 17

Routine Work Marana Yoga

517452363

Gulika 12:31PM – 2:17PM

Yama 8:59AM – 10:45AM

Rahu 4:03PM – 5:49PM

Purvaproshtapada* Until 2:39PM

Dhriti Until 6:50PM

Gara Until 6:12PM

Dvitiya Until 6:12PM

Ganesh: Clear Sunrise: 5:27AM

Muruga: Purple Sunset: 7:35PM

Nataraja: Purple

Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Vanija Karana Tritiyayam Titau

Moscow, Russia

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.16 Tiithi 18

Creative Work Siddha Yoga

517452363

Gulika 10:46AM – 12:31PM

Yama 7:15AM – 9:00AM

Rahu 12:31PM – 2:17PM

Uttaraproshtapada Until 4:18PM

Shula* Until 6:34PM

Vanija Until 6:46AM

Tritiya Until 7:10PM

Ganesh: Clear Sunrise: 5:29AM

Muruga: Purple Sunset: 7:33PM

Nataraja: Purple

Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Chaturthyam Titau

Moscow, Russia

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 23.52 Tiithi 19

Creative Work Siddha Yoga

517452363

Gulika 9:01AM – 10:46AM

Yama 5:31AM – 7:16AM

Rahu 2:16PM – 4:01PM

Revati Until 5:21PM

Ganda* Until 5:58PM

Bava Until 7:30AM

Chaturthi* Until 7:41PM

Ganesh: Clear Sunrise: 5:31AM

Muruga: Purple Sunset: 7:30PM

Nataraja: Purple

Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 6.41 Tiithi 20

Creative Work Amrita Yoga

527452363

Gulika 7:17AM – 9:02AM

Yama 3:59PM – 5:44PM

Rahu 10:46AM – 12:30PM

Ashvini Until 6:16PM

Vridhhi Until 5:01PM

Kaulava Until 7:47AM

Panchami Until 7:43PM

Ganesh: Purple Sunrise: 5:33AM

Muruga: Purple Sunset: 7:28PM

Nataraja: Purple

Moon – White

Sravana-Avani

Bhuloka Day

Then Creative Work - Siddha Yoga

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 19.44 Tiithi 21

Creative Work Siddha Yoga

527452363

Gulika 5:35AM – 7:19AM

Yama 2:14PM – 3:58PM

Rahu 9:03AM – 10:46AM

Bharani Until 6:32PM

Dhruva Until 3:40PM

Gara Until 7:35AM

Shashthi* Until 7:17PM

Ganesh: Purple Sunrise: 5:35AM

Muruga: Purple Sunset: 7:25PM

Nataraja: Purple

Moon – White

Sravana-Avani

Bhuloka Day

Then Creative Work - Amrita Yoga

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Saptamyam Titau

Moscow, Russia

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 3.02 Tiithi 22

Creative Work Siddha Yoga

527452363

Gulika 3:56PM – 5:40PM

Yama 12:30PM – 2:13PM

Rahu 5:40PM – 7:23PM

Krittika Until 6:11PM

Vyaghata* Until 1:55PM

Visti Until 6:53AM

Saptami Until 6:20PM

Ganesh: Purple Sunrise: 5:37AM

Muruga: Purple Sunset: 7:23PM

Nataraja: Purple

Moon – White

Sravana-Avani

Bhuloka Day

Then Creative Work - Amrita Yoga

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava Karana Ashtami/Navamyam Titau

Moscow, Russia

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 16.38 Tiithi 23 – 24

Family Home Evening

537452363

Gulika 2:12PM – 3:55PM

Yama 10:47AM – 12:30PM

Rahu 7:21AM – 9:04AM

Rohini Until 5:36PM

Harshana Until 11:47AM

Kaulava Until 4:53PM

Ashtami* Until 4:53PM

Ganesh: Clear Sunrise: 5:39AM

Muruga: Purple Sunset: 7:20PM

Nataraja: Purple

Moon – Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Moscow, Russia

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 0.32 Tiithi 24 – 25

Creative Work Siddha Yoga

538452363

Gulika 12:29PM – 2:11PM

Yama 9:05AM – 10:47AM

Rahu 3:53PM – 5:36PM

Mrigashira Until 4:24PM

Vajra* Until 9:12AM

Vanija Until 1:49AM Wed

Navami* Until 2:57PM

Ganesh: White Sunrise: 5:41AM

Muruga: Purple Sunset: 7:18PM

Nataraja: Purple

Moon – Yellow

Sravana-Avani

Devaloka Day

Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1		Wednesday, September 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Moscow, Russia Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 14.44	Tithi 25 – 26	Gulika	10:47AM – 12:29PM	Ardra Until 2:37PM	Ganesha: White	<i>Sunrise:</i> 5:43AM			
		Yama	7:24AM – 9:06AM	Siddhi Until 6:16AM	Muruga: Purple	<i>Sunset:</i> 7:15PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga	548452363	Rahu	12:29PM – 2:10PM	Bava Until 11:13PM	Nataraja: Purple		2nd Phase	
				Dashami Until 12:33PM	Moon – Yellow			Devaloka Day	
					Sravana-Avani				

2		Thursday, September 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Moscow, Russia Sun 10 Sutra 144 Vilamba 5120	
Mithuna Rasi: 29.13	Tithi 26 – 27	Gulika	9:06AM – 10:48AM	Punarvasu Until 12:43PM	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM			
		Yama	5:44AM – 7:25AM	Variyan Until 11:27PM	Muruga: Purple	<i>Sunset:</i> 7:13PM		Moon 8 - Phase 20	
Creative Work	Amrita Yoga	548452363	Rahu	2:10PM – 3:51PM	Kaulava Until 8:17PM	Nataraja: Purple		2nd Phase	
				Ekdashi* Until 9:46AM	Moon – Blue			Bhuloka Day	
					Sravana-Avani			Devaloka Time: 9:AM to12:PM	

3		Friday, September 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Moscow, Russia Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 13.56	Tithi 27 – 28	Gulika	7:27AM – 9:07AM	Pushya Until 10:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM			
		Yama	3:49PM – 5:30PM	Parigha* Until 7:43PM	Muruga: Purple	<i>Sunset:</i> 7:10PM		Moon 8 - Phase 20	
Routine Work	Marana Yoga	548452363	Rahu	10:48AM – 12:28PM	Vanija Until 3:28AM Sat	Nataraja: Purple		2nd Phase	
				Dvadashi* Until 6:42AM	Moon – Blue			Bhuloka Day	
					Sravana-Avani			Devaloka Time: 9:AM to12:PM	

Pradosha Vrata (Fasting)

4		Saturday, September 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Moscow, Russia Sun 12 Sutra 146 Vilamba 5120	
Kataka Rasi: 28.47	Tithi 29	Gulika	5:48AM – 7:28AM	Ashlesha* Until 7:49AM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM			
		Yama	2:08PM – 3:48PM	Shiva Until 3:56PM	Muruga: Purple	<i>Sunset:</i> 7:07PM		Moon 8 - Phase 20	
Routine Work	Marana Yoga	548452363	Rahu	9:08AM – 10:48AM	Visti Until 1:50PM	Nataraja: Purple		2nd Phase	
Until 7:49AM				Chaturdashi* Until 12:11AM Sun	Moon – Blue			Bhuloka Day	
Then Creative Work - Amrita Yoga					Sravana-Avani			Devaloka Time: 9:AM to12:PM	

●		Sunday, September 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Moscow, Russia Sun 13 Sutra 147 Vilamba 5120	
Retreat Star		Gulika	3:46PM – 5:25PM	Purvaphalguni Until 3:08AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:50AM			
Simha Rasi: 13.39	Tithi 30	Yama	12:27PM – 2:07PM	Siddha Until 12:09PM	Muruga: Purple	<i>Sunset:</i> 7:05PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga	548452363	Rahu	5:25PM – 7:05PM	Catuspada Until 10:35AM	Nataraja: Purple		Amavasya	
				Amavasya* Until 9:00PM	Moon – Red			Bhuloka Day	
					Sravana-Avani			Devaloka Time: 9:AM to12:PM	

Grandparent's Day

Retreat Star		Monday, September 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Moscow, Russia Sun 14 Sutra 148 Vilamba 5120	
Simha Rasi: 28.24	Tithi 1	Gulika	2:06PM – 3:45PM	Uttaraphalguni Until 3:34PM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:52AM			
Family Home Evening		Yama	10:48AM – 12:27PM	Sadhya Until 8:32AM	Muruga: Purple	<i>Sunset:</i> 7:02PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga	559452363	Rahu	7:31AM – 9:10AM	Kintughna Until 7:31AM	Nataraja: Purple		Prathama	
				Prathama* Until 6:04PM	Moon – Red			Bhuloka Day	
					Bhadrapada-Avani				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Moscow, Russia
			Uttaraphalguni/Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15 Sutra 149
	Kanya Rasi: 12.55	Tithi 2 – 3	Gulika 12:27PM – 2:05PM	Uttaraphalguni Until 3:34PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM		Vilamba 5120
			Yama 9:10AM – 10:49AM	Sukla Until 1:77AM Wed	Muruga: Purple <i>Sunset:</i> 7:00PM		Moon 8 - Phase 21
		569452363 Rahu 3:43PM – 5:21PM	Taitila Until 2:31AM Wed	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 3:34PM	Moon – Green		Bhuloka Day	
				Bhadrapada-Avani			

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Moscow, Russia
			Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sun 16 Sutra 150
	Kanya Rasi: 27.06	Tithi 3 – 4	Gulika 10:49AM – 12:26PM	Chitra Until 10:35PM	Ganesha: Blue <i>Sunrise:</i> 5:56AM		Vilamba 5120
			Yama 7:34AM – 9:11AM	Brahma Until 11:53PM	Muruga: Purple <i>Sunset:</i> 6:57PM		Moon 8 - Phase 21
		569452363 Rahu 12:26PM – 2:04PM	Vanija Until 12:54AM Thu	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 1:37PM	Moon – Green		Bhuloka Day	
				Bhadrapada-Avani			

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Moscow, Russia
			Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Sun 17 Sutra 151
	Tula Rasi: 10.52	Tithi 4 – 5	Gulika 9:12AM – 10:49AM	Svati Until 10:12PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM		Vilamba 5120
			Yama 5:58AM – 7:35AM	Indra Until 10:04PM	Muruga: Purple <i>Sunset:</i> 6:54PM		Moon 8 - Phase 21
		569452363 Rahu 2:03PM – 3:40PM	Bava Until 12:02AM Fri	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 12:21PM	Moon – Green		Bhuloka Day	
Until 10:12PM		Ganesha Chaturthi		Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Moscow, Russia
			Vishakha Nakshatra Vaidhriti* Yoga Balava Karana Panchami/Shashthyam Titau				Sun 18 Sutra 152
	Tula Rasi: 24.11	Tithi 5 – 6	Gulika 7:36AM – 9:13AM	Vishakha Until 10:56PM	Ganesha: White <i>Sunrise:</i> 6:00AM		Vilamba 5120
			Yama 3:39PM – 5:15PM	Vaidhriti* Until 8:53PM	Muruga: Purple <i>Sunset:</i> 6:52PM		Moon 8 - Phase 21
		579552363 Rahu 10:49AM – 12:26PM	Balava Until 11:53AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 11:53AM	Moon – Orange		Devaloka Day	
				Bhadrapada-Avani			

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Moscow, Russia
			Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 153
	Vrischika Rasi: 7.05	Tithi 6 – 7	Gulika 6:02AM – 7:38AM	Anuradha Until 12:18AM Sun	Ganesha: White <i>Sunrise:</i> 6:02AM		Vilamba 5120
			Yama 2:01PM – 3:37PM	Vishkambha* Until 8:22PM	Muruga: Purple <i>Sunset:</i> 6:49PM		Moon 8 - Phase 21
		579552363 Rahu 9:13AM – 10:49AM	Gara Until 12:46AM Sun	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 12:15PM	Moon – Orange		Devaloka Day	
Until 12:18AM Sun				Bhadrapada-Avani			
Then Routine Work - Marana Yoga							

☾	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Moscow, Russia
	Retreat Star		Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 154
	Vrischika Rasi: 19.35	Tithi 7 – 8	Gulika 3:36PM – 5:11PM	Jyeshtha* Until 2:14AM Mon	Ganesha: White <i>Sunrise:</i> 6:03AM		Vilamba 5120
			Yama 12:25PM – 2:00PM	Priti Until 8:27PM	Muruga: Purple <i>Sunset:</i> 6:47PM		Moon 8 - Phase 21
		579552363 Rahu 5:11PM – 6:47PM	Visti Until 2:17AM Mon	Nataraja: Purple		Ashtami	
Routine Work	Marana Yoga		Saptami Until 1:25PM	Moon – Orange		Devaloka Day	
Until 2:14AM Mon				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

☾	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam				Moscow, Russia
	Retreat Star		Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 155
	Dhanus Rasi: 1.48	Tithi 8 – 9	Gulika 1:59PM – 3:34PM	Mula* Until 5:04AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:05AM		Vilamba 5120
			Yama 10:50AM – 12:25PM	Ayushman Until 8:59PM	Muruga: Purple <i>Sunset:</i> 6:44PM		Moon 8 - Phase 21
Family Home Evening		589552363 Rahu 7:40AM – 9:15AM	Balava Until 4:24AM Tue	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 3:16PM	Moon – Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam				Moscow, Russia	
Dhanus Rasi: 13.47 Tihti 9 – 10		Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 156	
581552363		Gulika 12:24PM – 1:59PM	Purvashadha* Until 8:06AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:07AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 9:16AM – 10:50AM	Saubhagya Until 9:52PM	Muruga: Purple <i>Sunset:</i> 6:41PM	Moon 8 - Phase 22		
Until 8:06AM Wed		Rahu 3:33PM – 5:07PM	Taitila Until 6:54AM Wed	Nataraja: Purple	4th Phase		
Then Creative Work - Amrita Yoga					Bhuloka Day		
			Navami* Until 5:36PM	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM		

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam				Moscow, Russia	
Dhanus Rasi: 25.37 Tihti 10		Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 157	
581552363		Gulika 10:50AM – 12:24PM	Purvashadha* Until 8:06AM	Ganesha: Clear <i>Sunrise:</i> 6:09AM	Vilamba 5120		
Creative Work Amrita Yoga		Yama 7:43AM – 9:17AM	Sobhana Until 10:56PM	Muruga: Purple <i>Sunset:</i> 6:39PM	Moon 8 - Phase 22		
		Rahu 12:24PM – 1:58PM	Taitila Until 6:54AM	Nataraja: Purple	4th Phase		
			Dashami Until 8:12PM	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM		

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam				Moscow, Russia	
Makara Rasi: 7.25 Tihti 11		Uttarashadha*/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 158	
581552363		Gulika 9:17AM – 10:50AM	Uttarashadha Until 11:04AM	Ganesha: Clear <i>Sunrise:</i> 6:11AM	Vilamba 5120		
Routine Work Marana Yoga		Yama 6:11AM – 7:44AM	Athiganda* Until 11:58PM	Muruga: Purple <i>Sunset:</i> 6:36PM	Moon 8 - Phase 22		
Until 11:04AM		Rahu 1:57PM – 3:30PM	Vanija Until 9:32AM	Nataraja: Purple	4th Phase		
Then Creative Work - Siddha Yoga					Bhuloka Day		
			Ekadashi Until 10:48PM	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM		

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Moscow, Russia	
Makara Rasi: 19.14 Tihti 12		Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 159	
591552363		Gulika 7:46AM – 9:18AM	Shravana Until 2:16PM	Ganesha: Purple <i>Sunrise:</i> 6:13AM	Vilamba 5120		
Routine Work Marana Yoga		Yama 3:28PM – 5:01PM	Sukarma Until 12:51AM Sat	Muruga: Purple <i>Sunset:</i> 6:33PM	Moon 8 - Phase 22		
Until 2:16PM		Rahu 10:51AM – 12:23PM	Bava Until 12:04PM	Nataraja: Purple	4th Phase		
Then Creative Work - Siddha Yoga					Devaloka Day		
			Dvadashi Until 1:13AM Sat	Bhadrapada-Puratasi			

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Moscow, Russia	
Kumbha Rasi: 1.08 Tihti 13		Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 160	
591552363		Gulika 6:15AM – 7:47AM	Dhanishtha Until 5:01PM	Ganesha: Purple <i>Sunrise:</i> 6:15AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 1:55PM – 3:27PM	Dhriti Until 1:28AM Sun	Muruga: Purple <i>Sunset:</i> 6:31PM	Moon 8 - Phase 22		
Until 5:01PM		Rahu 9:19AM – 10:51AM	Kaulava Until 2:19PM	Nataraja: Purple	4th Phase		
Then Creative Work - Amrita Yoga					Devaloka Day		
			Trayodashi Until 3:16AM Sun	Bhadrapada-Puratasi			
<i>Pradosha Vrata</i>							

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam				Moscow, Russia	
Kumbha Rasi: 13.12 Tihti 14		Shatabhishak Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau				Sun 27 Sutra 161	
591552363		Gulika 3:25PM – 4:57PM	Shatabhishak Until 7:11PM	Ganesha: Purple <i>Sunrise:</i> 6:17AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 12:23PM – 1:54PM	Shula* Until 1:42AM Mon	Muruga: Purple <i>Sunset:</i> 6:28PM	Moon 8 - Phase 22		
Until 5:01PM		Rahu 4:57PM – 6:28PM	Gara Until 4:09PM	Nataraja: Purple	4th Phase		
Then Creative Work - Amrita Yoga					Devaloka Day		
			Chaturdashi* Until 4:51AM Mon	Bhadrapada-Puratasi			
Chidambaram Abhishekam Kadaitswami Mahasamadhi							

○ Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam				Moscow, Russia	
Copper Retreat Star		Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Sun 28 Sutra 162	
Kumbha Rasi: 25.27 Tihti 15						Vilamba 5120	
Family Home Evening		Gulika 1:53PM – 3:24PM	Purvaproshtapada* Until 9:11PM	Ganesha: Purple <i>Sunrise:</i> 6:19AM	Moon 8 - Phase 22		
511552363		Yama 10:51AM – 12:22PM	Ganda* Until 1:34AM Tue	Muruga: Purple <i>Sunset:</i> 6:26PM	Purnima		
Routine Work Marana Yoga		Rahu 7:50AM – 9:20AM	Visti Until 5:28PM	Nataraja: Purple			
Until 9:11PM					Devaloka Day		
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi		

○ Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Moscow, Russia	
Silver Retreat Star		Uttaraproshtapada Nakshatra Vriddhi Yoga Balava Karana Prathamayam Titau				Sun 29 Sutra 163	
Meena Rasi: 7.56 Tihti 16						Vilamba 5120	
511552363		Gulika 12:22PM – 1:52PM	Uttaraproshtapada Until 10:31PM	Ganesha: Purple <i>Sunrise:</i> 6:21AM	Moon 8 - Phase 22		
Creative Work Amrita Yoga		Yama 9:21AM – 10:52AM	Vriddhi Until 1:02AM Wed	Muruga: Purple <i>Sunset:</i> 6:23PM	Prathama		
Until 10:31PM		Rahu 3:22PM – 4:53PM	Balava Until 6:16PM	Nataraja: Purple			
Then Creative Work - Siddha Yoga					Devaloka Day		
			Prathama* Until 6:28AM Wed	Bhadrapada-Puratasi			



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Moscow, Russia

Meena Rasi: 20.38 Tihi 16 – 17

511552363

Gulika 10:52AM – 12:21PM
Yama 7:52AM – 9:22AM
Rahu 12:21PM – 1:51PM

Revati Until 11:14PM
Dhruva Until 12:06AM Thu
Taitila Until 6:35PM
Prathama* Until 6:28AM

Ganesh: Purple *Sunrise:* 6:23AM
Muruga: Purple *Sunset:* 6:20PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Vilamba 164
Moon 9 - Phase 23
1st Phase

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Moscow, Russia

Mesha Rasi: 3.34 Tihi 17 – 18

521552363

Gulika 9:23AM – 10:52AM
Yama 6:24AM – 7:54AM
Rahu 1:50PM – 3:19PM

Ashvini Until 11:50PM
Vyaghata* Until 10:51PM
Vanija Until 6:28PM
Dvitiya Until 6:33AM

Ganesh: Clear *Sunrise:* 6:24AM
Muruga: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 1 Sutra 165
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 11:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Moscow, Russia

Mesha Rasi: 16.43 Tihi 18 – 19

621552363

Gulika 7:55AM – 9:24AM
Yama 3:18PM – 4:47PM
Rahu 10:52AM – 12:21PM

Bharani Until 11:55PM
Harshana Until 9:19PM
Balava Until 5:33AM Sat
Tritiya Until 6:14AM

Ganesh: Purple *Sunrise:* 6:26AM
Muruga: Purple *Sunset:* 6:15PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 2 Sutra 166
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia

Vrisabha Rasi: 0.03 Tihi 20

622552363

Gulika 6:28AM – 7:56AM
Yama 1:49PM – 3:17PM
Rahu 9:24AM – 10:52AM

Krittika Until 11:32PM
Vajra* Until 7:29PM
Kaulava Until 5:06PM
Panchami Until 4:33AM Sun

Ganesh: Clear *Sunrise:* 6:28AM
Muruga: Purple *Sunset:* 6:13PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 3 Sutra 167
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Vrisabha Rasi: 13.34 Tihi 21

632552363

Gulika 3:15PM – 4:43PM
Yama 12:20PM – 1:48PM
Rahu 4:43PM – 6:10PM

Rohini Until 11:09PM
Siddhi Until 5:26PM
Gara Until 3:57PM
Shashthi* Until 3:15AM Mon

Ganesh: Purple *Sunrise:* 6:30AM
Muruga: Purple *Sunset:* 6:10PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 4 Sutra 168
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Saptamyam Titau

Moscow, Russia

Vrisabha Rasi: 27.14 Tihi 22

632552363

Gulika 1:47PM – 3:14PM
Yama 10:53AM – 12:20PM
Rahu 7:59AM – 9:26AM

Mrigashira Until 10:21PM
Vyatipata* Until 3:09PM
Visti Until 2:31PM
Saptami Until 1:40AM Tue

Ganesh: Purple *Sunrise:* 6:32AM
Muruga: Purple *Sunset:* 6:07PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 5 Sutra 169
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 10:21PM

Then Creative Work - Siddha Yoga



Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia

Mithuna Rasi: 11.05 Tihi 23

632552363

Gulika 12:20PM – 1:46PM
Yama 9:27AM – 10:53AM
Rahu 3:12PM – 4:39PM

Ardra Until 9:07PM
Varyan Until 12:38PM
Balava Until 12:48PM
Ashtami* Until 11:49PM

Ganesh: Purple *Sunrise:* 6:34AM
Muruga: Purple *Sunset:* 6:05PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 6 Sutra 170
Vilamba 5120
Moon 9 - Phase 23
Ashtami

Bhuloka Day

Routine Work Marana Yoga

Until 9:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Moscow, Russia

Mithuna Rasi: 25.07 Tihi 24

642552363

Gulika 10:53AM – 12:19PM
Yama 8:02AM – 9:28AM
Rahu 12:19PM – 1:45PM

Punarvasu Until 7:54PM
Parigha* Until 9:54AM
Taitila Until 10:49AM
Navami* Until 9:42PM

Ganesh: Clear *Sunrise:* 6:36AM
Muruga: Purple *Sunset:* 6:02PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Sun 7 Sutra 171
Vilamba 5120
Moon 9 - Phase 23
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


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1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Moscow, Russia Sun 8 Sutra 172	
Kataka Rasi: 9.19	Tithi 25	Gulika	9:28AM – 10:54AM	Pushya Until 6:19PM	Ganesh: Clear	<i>Sunrise:</i> 6:38AM	Vilamba 5120
		Yama	6:38AM – 8:03AM	Shiva Until 6:58AM	Muruga: Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 24
		642552363 Rahu	1:44PM – 3:09PM	Vanija Until 8:35AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 7:21PM	Moon – Blue	Bhuloka Day	
Until 6:19PM					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Moscow, Russia Sun 9 Sutra 173	
Kataka Rasi: 23.39	Tithi 26 – 27	Gulika	8:05AM – 9:29AM	Ashlesha* Until 4:24PM	Ganesh: Clear	<i>Sunrise:</i> 6:40AM	Vilamba 5120
		Yama	3:08PM – 4:33PM	Sadhya Until 12:36AM Sat	Muruga: Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
		642552363 Rahu	10:54AM – 12:19PM	Bava Until 6:08AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 4:49PM	Moon – Blue	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Moscow, Russia Sun 10 Sutra 174	
Simha Rasi: 8.05	Tithi 27 – 28	Gulika	6:42AM – 8:06AM	Magha* Until 2:40PM	Ganesh: White	<i>Sunrise:</i> 6:42AM	Vilamba 5120
		Yama	1:42PM – 3:06PM	Subha Until 9:18PM	Muruga: Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 24
		652552363 Rahu	9:30AM – 10:54AM	Gara Until 12:53AM Sun	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 12:36AM Sat	Moon – Red	Bhuloka Day	
Until 2:40PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Moscow, Russia Sun 11 Sutra 175	
Simha Rasi: 22.34	Tithi 28 – 29	Gulika	3:05PM – 4:29PM	Purvaphalguni Until 12:47PM	Ganesh: White	<i>Sunrise:</i> 6:44AM	Vilamba 5120
		Yama	12:18PM – 1:41PM	Sukla Until 6:01PM	Muruga: Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24
		652552363 Rahu	4:29PM – 5:52PM	Visti Until 10:17PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 11:33AM	Moon – Red	Bhuloka Day	
Until 12:47PM					Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga							

		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Moscow, Russia Sun 12 Sutra 176	
Retreat Star		Gulika	1:41PM – 3:04PM	Uttaraphalguni Until 10:53AM	Ganesh: White	<i>Sunrise:</i> 6:46AM	Vilamba 5120
Kanya Rasi: 6.59	Tithi 29 – 30	Yama	10:55AM – 12:18PM	Brahma Until 2:52PM	Muruga: Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 24
Family Home Evening		652552364 Rahu	8:09AM – 9:32AM	Catuspada Until 7:52PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 9:02AM	Moon – Red	Bhuloka Day	
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM	

Tuesday, October 9, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Moscow, Russia Sun 13 Sutra 177	
Kanya Rasi: 21.14	Tithi 30 – 1	Gulika	12:17PM – 1:40PM	Hasta Until 9:32AM	Ganesh: Red	<i>Sunrise:</i> 6:48AM	Vilamba 5120
		Yama	9:33AM – 10:55AM	Indra Until 11:59AM	Muruga: Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 24
		662652364 Rahu	3:02PM – 4:25PM	Bava Until 4:54AM Wed	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Amavasya* Until 6:46AM	Moon – Green	Devaloka Day	
		Navaratri Begins			Ashvina-Puratasi		

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Moscow, Russia Sun 14 Sutra 178	
Tula Rasi: 5.14	Tithi 2	Gulika 10:55AM – 12:17PM	Chitra Until 8:28AM	Ganesh: Red	<i>Sunrise:</i> 6:50AM		Vilamba 5120
		Yama 8:12AM – 9:33AM	Vaidhriti* Until 9:25AM	Muruga: Purple	<i>Sunset:</i> 5:44PM		Moon 9 - Phase 25
		662652364 Rahu 12:17PM – 1:39PM	Balava Until 4:12PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:36AM Thu	Moon – Green		Devaloka Day	
				Ashvina•Puratasi			
2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau		Moscow, Russia Sun 15 Sutra 179	
Tula Rasi: 18.53	Tithi 3	Gulika 9:34AM – 10:56AM	Svati Until 7:49AM	Ganesh: Red	<i>Sunrise:</i> 6:52AM		Vilamba 5120
		Yama 6:52AM – 8:13AM	Vishkambha* Until 7:19AM	Muruga: Purple	<i>Sunset:</i> 5:42PM		Moon 9 - Phase 25
		662652364 Rahu 1:38PM – 2:59PM	Tailila Until 3:12PM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 2:57AM Fri	Moon – Green		Devaloka Day	
Until 7:49AM				Ashvina•Puratasi			
Then Creative Work - Siddha Yoga							
3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Moscow, Russia Sun 16 Sutra 180	
Vrischika Rasi: 2.1	Tithi 4	Gulika 8:15AM – 9:35AM	Vishakha Until 8:08AM	Ganesh: White	<i>Sunrise:</i> 6:54AM		Vilamba 5120
		Yama 2:58PM – 4:19PM	Ayushman Until 4:49AM Sat	Muruga: Purple	<i>Sunset:</i> 5:39PM		Moon 9 - Phase 25
		673652364 Rahu 10:56AM – 12:17PM	Vanija Until 2:56PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:04AM Sat	Moon – Orange		Bhuloka Day	
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	
4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Moscow, Russia Sun 17 Sutra 181	
Vrischika Rasi: 15.02	Tithi 5	Gulika 6:56AM – 8:16AM	Anuradha Until 9:03AM	Ganesh: White	<i>Sunrise:</i> 6:56AM		Vilamba 5120
		Yama 1:37PM – 2:57PM	Saubhagya Until 4:28AM Sun	Muruga: Purple	<i>Sunset:</i> 5:37PM		Moon 9 - Phase 25
		673652364 Rahu 9:36AM – 10:56AM	Bava Until 3:27PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:58AM Sun	Moon – Orange		Bhuloka Day	
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	
5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Moscow, Russia Sun 18 Sutra 182	
Vrischika Rasi: 27.34	Tithi 6	Gulika 2:55PM – 4:15PM	Jyeshtha* Until 10:33AM	Ganesh: White	<i>Sunrise:</i> 6:58AM		Vilamba 5120
		Yama 12:16PM – 1:36PM	Sobhana Until 4:41AM Mon	Muruga: Purple	<i>Sunset:</i> 5:35PM		Moon 9 - Phase 25
		673652364 Rahu 4:15PM – 5:35PM	Kaulava Until 4:43PM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 5:36AM Mon	Moon – Orange		Bhuloka Day	
Until 10:33AM				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							
6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara Karana Saptamyam Titau		Moscow, Russia Sun 19 Sutra 183	
Dhanus Rasi: 9.47	Tithi 7	Gulika 1:35PM – 2:54PM	Mula* Until 1:03PM	Ganesh: Clear	<i>Sunrise:</i> 7:00AM		Vilamba 5120
Family Home Evening		Yama 10:57AM – 12:16PM	Athiganda* Until 5:19AM Tue	Muruga: Purple	<i>Sunset:</i> 5:32PM		Moon 9 - Phase 25
		683652364 Rahu 8:19AM – 9:38AM	Gara Until 6:40PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:49AM Tue	Moon – Light Blue		Devaloka Day	
Until 1:03PM				Ashvina•Puratasi			
Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Moscow, Russia Sun 20 Sutra 184	
Dhanus Rasi: 21.46	Tithi 7 – 8	Gulika 12:16PM – 1:34PM	Purvashadha* Until 3:54PM	Ganesh: Clear	<i>Sunrise:</i> 7:02AM		Vilamba 5120
		Yama 9:39AM – 10:57AM	Sukarma Until 6:15AM Wed	Muruga: Purple	<i>Sunset:</i> 5:30PM		Moon 9 - Phase 25
		683652364 Rahu 2:53PM – 4:11PM	Visti Until 9:05PM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:49AM	Moon – Light Blue		Devaloka Day	
Until 3:54PM				Ashvina•Puratasi			
Then Routine Work - Prabalarishta Yoga		Durga Ashtami					
Retreat Star		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Moscow, Russia Sun 21 Sutra 185	
Makara Rasi: 4	Tithi 8 – 9	Gulika 10:58AM – 12:15PM	Uttarashadha Until 1:02PM Thu	Ganesh: Clear	<i>Sunrise:</i> 7:04AM		Vilamba 5120
		Yama 8:22AM – 9:40AM	Sukarma Until 6:15AM	Muruga: Purple	<i>Sunset:</i> 5:27PM		Moon 9 - Phase 25
		683652364 Rahu 12:15PM – 1:33PM	Balava Until 11:44PM	Nataraja: Clear			Navami
Creative Work	Amrita Yoga		Ashtami* Until 10:23AM	Moon – Light Blue		Devaloka Day	
Until 1:02PM Thu		Saraswathi Puja (Tamil Nadu)		Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1

Thursday, October 18, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Navami/Ekadashyam Titau

Moscow, Russia

Makara Rasi: 15.24 Tihti 9 – 10

Gulika 9:41AM – 10:58AM
Yama 7:06AM – 8:23AM
Rahu 1:33PM – 2:50PMUttarashadha Until 1:02PM
Dhriti Until 8:12AM Fri
Tailila Until 2:20AM Fri
Navami* Until 1:02PMGanesha: Purple Sunrise: 7:06AM
Muruga: Purple Sunset: 5:25PM
Nataraja: Clear
Moon – Purple
Ashvina-AipasiSun 22 Sutra 186
Vilamba 5120
Moon 9 - Phase 26
4th PhaseBhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Vijaya Dasami

2

Friday, October 19, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Moscow, Russia

Makara Rasi: 27.14 Tihti 10 – 11

Gulika 8:25AM – 9:41AM
Yama 2:49PM – 4:06PM
Rahu 10:58AM – 12:15PMDhanishtha Until 12:55AM Sat
Shula* Until 8:12AM
Vanija Until 4:37AM Sat
Dashami Until 3:30PMGanesha: Purple Sunrise: 7:08AM
Muruga: Purple Sunset: 5:22PM
Nataraja: Clear
Moon – Purple
Ashvina-AipasiSun 23 Sutra 187
Vilamba 5120
Moon 9 - Phase 26
4th PhaseBhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 12:55AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, October 20, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Moscow, Russia

Kumbha Rasi: 9.12 Tihti 11 – 12

Gulika 7:10AM – 8:26AM
Yama 1:31PM – 2:47PM
Rahu 9:42AM – 10:59AMShatabhishak Until 3:09AM Sun
Ganda* Until 8:52AM
Bava Until 6:25AM Sun
Ekadashi Until 5:34PMGanesha: Purple Sunrise: 7:10AM
Muruga: Purple Sunset: 5:20PM
Nataraja: Clear
Moon – Purple
Ashvina-AipasiSun 24 Sutra 188
Vilamba 5120
Moon 9 - Phase 26
4th PhaseBhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 3:09AM Sun

Then Creative Work - Siddha Yoga

4

Sunday, October 21, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau

Moscow, Russia

Kumbha Rasi: 21.22 Tihti 12

Gulika 2:46PM – 4:02PM
Yama 12:15PM – 1:30PM
Rahu 4:02PM – 5:18PMPurvaproshtapada* Until 5:07AM Mon
Vriddhi Until 9:09AM
Bava Until 6:25AM
Dvadashi Until 7:04PMGanesha: White Sunrise: 7:12AM
Muruga: Purple Sunset: 5:18PM
Nataraja: Clear
Moon – Clear
Ashvina-AipasiSun 25 Sutra 189
Vilamba 5120
Moon 9 - Phase 26
4th PhaseBhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

5

Monday, October 22, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Trayodashyam Titau

Moscow, Russia

Meena Rasi: 3.47 Tihti 13

Gulika 1:30PM – 2:45PM
Yama 10:59AM – 12:15PM
Rahu 8:29AM – 9:44AMUttaraproshtapada Until 6:19AM Tue
Dhruva Until 8:56AM
Kaulava Until 7:36AM
Trayodashi Until 7:56PMGanesha: White Sunrise: 7:14AM
Muruga: Purple Sunset: 5:15PM
Nataraja: Clear
Moon – Clear
Ashvina-AipasiSun 26 Sutra 190
Vilamba 5120
Moon 9 - Phase 26
4th PhaseBhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Pradosha Vrata

6

Tuesday, October 23, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau

Moscow, Russia

Meena Rasi: 16.29 Tihti 14

Gulika 12:14PM – 1:29PM
Yama 9:45AM – 11:00AM
Rahu 2:44PM – 3:58PMUttaraproshtapada Until 6:19AM
Vyaghata* Until 8:14AM
Gara Until 8:08AM
Chaturdashi* Until 8:09PMGanesha: White Sunrise: 7:16AM
Muruga: Purple Sunset: 5:13PM
Nataraja: Clear
Moon – Clear
Ashvina-AipasiSun 27 Sutra 191
Vilamba 5120
Moon 9 - Phase 26
4th PhaseBhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 6:19AM

Then Creative Work - Siddha Yoga

O

Wednesday, October 24, 2018

Copper Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau

Moscow, Russia

Meena Rasi: 29.3 Tihti 15

Gulika 11:00AM – 12:14PM
Yama 8:32AM – 9:46AM
Rahu 12:14PM – 1:28PMRevati Until 6:44AM
Harshana Until 7:03AM
Visti Until 8:04AM
Purnima* Until 7:47PMGanesha: White Sunrise: 7:18AM
Muruga: Purple Sunset: 5:11PM
Nataraja: Clear
Moon – Clear
Ashvina-AipasiSutra 192
Vilamba 5120
Moon 9 - Phase 26
PurnimaBhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Thursday, October 25, 2018

Silver Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau

Moscow, Russia

Mesha Rasi: 12.48 Tihti 16

Gulika 9:47AM – 11:01AM
Yama 7:20AM – 8:34AM
Rahu 1:28PM – 2:41PMAshvini Until 6:56AM
Siddhi Until 3:27AM Fri
Balava Until 7:26AM
Prathama* Until 6:56PMGanesha: Clear Sunrise: 7:20AM
Muruga: Purple Sunset: 5:08PM
Nataraja: Clear
Moon – White
Ashvina-AipasiSutra 193
Vilamba 5120
Moon 9 - Phase 26
Prathama

Devaloka Day

Creative Work Amrita Yoga

Until 6:56AM

Then Creative Work - Siddha Yoga



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Tailila/Vanija Karana Dvitiya/Tritiyayam Titau

Moscow, Russia

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mesha Rasi: 26.21 Tihi 17 - 18

624652364

Gulika 8:35AM - 9:48AM
Yama 2:40PM - 3:53PM
Rahu 11:01AM - 12:14PM

Bharani Until 6:32AM
Vyatipata* Until 1:11AM Sat
Tailila Until 6:21AM
Dvitiya Until 5:40PM

Ganesha: White *Sunrise:* 7:22AM
Muruga: Purple *Sunset:* 5:06PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Saturday, October 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Moscow, Russia

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 10.06 Tihi 18 - 19

634652364

Gulika 7:24AM - 8:37AM
Yama 1:26PM - 2:39PM
Rahu 9:49AM - 11:02AM

Rohini Until 4:50AM Sun
Variyan Until 10:42PM
Bava Until 3:17AM Sun
Tritiya Until 4:07PM

Ganesha: Clear *Sunrise:* 7:24AM
Muruga: Purple *Sunset:* 5:04PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 23.59 Tihi 19 - 20

634652364

Gulika 2:38PM - 3:50PM
Yama 12:14PM - 1:26PM
Rahu 3:50PM - 5:01PM

Mrigashira Until 3:44AM Mon
Parigha* Until 8:06PM
Kaulava Until 1:29AM Mon
Chaturthi* Until 2:23PM

Ganesha: Clear *Sunrise:* 7:26AM
Muruga: Purple *Sunset:* 5:01PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Monday, October 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Moscow, Russia

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 7.59 Tihi 20 - 21

634652364

Family Home Evening

Gulika 1:25PM - 2:37PM
Yama 11:02AM - 12:14PM
Rahu 8:40AM - 9:51AM

Ardra Until 2:23AM Tue
Shiva Until 5:25PM
Gara Until 11:35PM
Panchami Until 12:31PM

Ganesha: Clear *Sunrise:* 7:28AM
Muruga: Purple *Sunset:* 4:59PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Tuesday, October 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 22.01 Tihi 21 - 22

644652364

Gulika 12:14PM - 1:25PM
Yama 9:52AM - 11:03AM
Rahu 2:35PM - 3:46PM

Punarvasu Until 1:17AM Wed
Siddha Until 2:40PM
Visti Until 9:38PM
Shashthi* Until 10:36AM

Ganesha: Purple *Sunrise:* 7:30AM
Muruga: Purple *Sunset:* 4:57PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27
Ashtami

Kataka Rasi: 6.05 Tihi 22 - 23

644662364

Gulika 11:03AM - 12:14PM
Yama 8:43AM - 9:53AM
Rahu 12:14PM - 1:24PM

Pushya Until 12:01AM Thu
Sadhya Until 11:55AM
Balava Until 7:40PM
Saptami Until 8:38AM

Ganesha: Purple *Sunrise:* 7:33AM
Muruga: Clear *Sunset:* 4:55PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Moscow, Russia

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27
Navami

Kataka Rasi: 20.1 Tihi 23 - 24

644662364

Gulika 9:54AM - 11:04AM
Yama 7:35AM - 8:44AM
Rahu 1:23PM - 2:33PM

Ashlesha* Until 10:36PM
Subha Until 9:09AM
Gara Until 4:40AM Fri
Ashtami* Until 6:39AM

Ganesha: Purple *Sunrise:* 7:35AM
Muruga: Clear *Sunset:* 4:53PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 10:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Moscow, Russia Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 4.14	Tithi 25	Gulika 8:46AM – 9:55AM	Magha* Until 9:29PM	Ganesh: Clear	<i>Sunrise:</i> 7:37AM	
		Yama 2:32PM – 3:41PM	Sukla Until 6:21AM	Muruga: Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 28
		654662364 Rahu 11:04AM – 12:14PM	Vanija Until 3:42PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 2:42AM Sat	Moon – Red		Sivaloka Day
Until 9:29PM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Moscow, Russia Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 18.19	Tithi 26	Gulika 7:39AM – 8:48AM	Purvaphalguni Until 8:14PM	Ganesh: White	<i>Sunrise:</i> 7:39AM	
		Yama 1:22PM – 2:31PM	Indra Until 12:51AM Sun	Muruga: Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 28
		654762364 Rahu 9:56AM – 11:05AM	Bava Until 1:45PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:46AM Sun	Moon – Red		Devaloka Day
Until 8:14PM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Moscow, Russia Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 2.22	Tithi 27	Gulika 2:30PM – 3:38PM	Uttaraphalguni Until 6:57PM	Ganesh: White	<i>Sunrise:</i> 7:41AM	
		Yama 12:14PM – 1:22PM	Vaidhriti* Until 10:11PM	Muruga: Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 28
		654762364 Rahu 3:38PM – 4:46PM	Kaulava Until 11:52AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 10:57PM	Moon – Red		Devaloka Day
				Ashvina-Aipasi		

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Moscow, Russia Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 16.19	Tithi 28	Gulika 1:21PM – 2:29PM	Hasta Until 6:07PM	Ganesh: Green	<i>Sunrise:</i> 7:43AM	
Family Home Evening		Yama 11:06AM – 12:14PM	Vishkambha* Until 7:40PM	Muruga: Clear	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 28
		664762364 Rahu 8:51AM – 9:58AM	Gara Until 10:07AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:19PM	Moon – Green		Devaloka Day
Until 6:07PM				Ashvina-Aipasi		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Moscow, Russia Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 0.09	Tithi 29	Gulika 12:14PM – 1:21PM	Chitra Until 5:24PM	Ganesh: Green	<i>Sunrise:</i> 7:45AM	
		Yama 9:59AM – 11:07AM	Priti Until 5:24PM	Muruga: Clear	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 28
		664762364 Rahu 2:28PM – 3:35PM	Visti Until 8:37AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:58PM	Moon – Green		Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		
		Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Moscow, Russia Sun 13 Sutra 206 Vilamba 5120
Retreat Star		Gulika 11:07AM – 12:14PM	Svati Until 4:56PM	Ganesh: White	<i>Sunrise:</i> 7:47AM	
Tula Rasi: 13.47	Tithi 30	Yama 8:54AM – 10:00AM	Ayushman Until 3:25PM	Muruga: Clear	<i>Sunset:</i> 4:40PM	Moon 10 - Phase 28
		764762364 Rahu 12:14PM – 1:20PM	Catuspada Until 7:28AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 7:02PM	Moon – Green		Devaloka Day
				Ashvina-Aipasi		

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Moscow, Russia Sun 14 Sutra 207 Vilamba 5120
Retreat Star		Gulika 10:02AM – 11:08AM	Vishakha Until 5:16PM	Ganesh: Orange	<i>Sunrise:</i> 7:49AM	
Tula Rasi: 27.09	Tithi 1	Yama 7:49AM – 8:55AM	Saubhagya Until 1:50PM	Muruga: Clear	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 28
		775762364 Rahu 1:20PM – 2:26PM	Kintughna Until 6:46AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:37PM	Moon – Orange		Sivaloka Day
		Skanda Shasthi Begins		Kartika-Aipasi		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1 Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Moscow, Russia Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 10.13	Tithi 2	Gulika 8:57AM – 10:03AM	Anuradha Until 6:02PM	Ganesh: Orange	<i>Sunrise:</i> 7:51AM	
		Yama 2:25PM – 3:31PM	Sobhana Until 12:45PM	Muruga: Clear	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 29
		775762364 Rahu 11:08AM – 12:14PM	Balava Until 6:39AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:49PM	Moon – Orange		Sivaloka Day
Until 6:02PM				Karttika-Aipasi		
Then Routine Work - Marana Yoga						

2 Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau				Moscow, Russia Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 22.58	Tithi 3	Gulika 7:53AM – 8:58AM	Jyeshtha* Until 7:18PM	Ganesh: Orange	<i>Sunrise:</i> 7:53AM	
		Yama 1:19PM – 2:24PM	Athiganda* Until 12:08PM	Muruga: Clear	<i>Sunset:</i> 4:35PM	Moon 10 - Phase 29
		775762364 Rahu 10:04AM – 11:09AM	Tailila Until 7:12AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 7:42PM	Moon – Orange		Sivaloka Day
				Karttika-Aipasi		

3 Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau				Moscow, Russia Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 5.25	Tithi 4	Gulika 2:24PM – 3:28PM	Mula* Until 9:31PM	Ganesh: Clear	<i>Sunrise:</i> 7:55AM	
		Yama 12:14PM – 1:19PM	Sukarma Until 12:03PM	Muruga: Clear	<i>Sunset:</i> 4:33PM	Moon 10 - Phase 29
		785762364 Rahu 3:28PM – 4:33PM	Vanija Until 8:25AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 9:15PM	Moon – Light Blue		Sivaloka Day
Until 9:31PM				Karttika-Aipasi		
Then Creative Work - Siddha Yoga						

4 Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Moscow, Russia Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 17.35	Tithi 5	Gulika 1:18PM – 2:23PM	Purvashadha* Until 12:08AM Tue	Ganesh: Clear	<i>Sunrise:</i> 7:57AM	
Family Home Evening		Yama 11:10AM – 12:14PM	Dhriti Until 12:28PM	Muruga: Clear	<i>Sunset:</i> 4:31PM	Moon 10 - Phase 29
Routine Work	Marana Yoga	785762364 Rahu 9:02AM – 10:06AM	Bava Until 12:38AM Tue	Nataraja: Clear		3rd Phase
Until 12:08AM Tue			Panchami Until 12:03PM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Prabalarishta Yoga		Skanda Shasthi		Karttika-Aipasi		

5 Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau				Moscow, Russia Sun 19 Sutra 212 Vilamba 5120
Dhanus Rasi: 29.34	Tithi 6	Gulika 12:14PM – 1:18PM	Uttarashadha Until 2:58AM Wed	Ganesh: Clear	<i>Sunrise:</i> 7:59AM	
		Yama 10:07AM – 11:11AM	Shula* Until 1:12PM	Muruga: Clear	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 29
		785762364 Rahu 2:22PM – 3:26PM	Kaulava Until 12:38PM	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Shashthi* Until 1:55AM Wed	Moon – Light Blue		Sivaloka Day
Until 2:58AM Wed				Karttika-Aipasi		
Then Creative Work - Siddha Yoga						

6 Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau				Moscow, Russia Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 11.24	Tithi 7	Gulika 11:11AM – 12:15PM	Shravana Until 6:16AM Thu	Ganesh: Purple	<i>Sunrise:</i> 8:02AM	
		Yama 9:05AM – 10:08AM	Ganda* Until 2:10PM	Muruga: Clear	<i>Sunset:</i> 4:28PM	Moon 10 - Phase 29
		795762364 Rahu 12:15PM – 1:18PM	Gara Until 3:18PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:38AM Thu	Moon – Purple		Subha Sivaloka Day
				Karttika-Aipasi		

Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Moscow, Russia Sun 21 Sutra 214 Vilamba 5120
Retreat Star		Gulika 10:09AM – 11:12AM	Shravana Until 6:16AM	Ganesh: Purple	<i>Sunrise:</i> 8:04AM	
Makara Rasi: 23.11	Tithi 8	Yama 8:04AM – 9:06AM	Vridhhi Until 3:10PM	Muruga: Clear	<i>Sunset:</i> 4:26PM	Moon 10 - Phase 29
		795762364 Rahu 1:17PM – 2:20PM	Visti Until 5:59PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:13AM Fri	Moon – Purple		Subha Sivaloka Day
				Karttika-Aipasi		

Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Moscow, Russia Sun 22 Sutra 215 Vilamba 5120
Retreat Star		Gulika 9:08AM – 10:10AM	Dhanishtha Until 9:18AM	Ganesh: Purple	<i>Sunrise:</i> 8:06AM	
Kumbha Rasi: 5.01	Tithi 8 – 9	Yama 2:20PM – 3:22PM	Dhruva Until 3:59PM	Muruga: Clear	<i>Sunset:</i> 4:24PM	Moon 10 - Phase 29
		795762364 Rahu 11:13AM – 12:15PM	Balava Until 8:25PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 7:13AM	Moon – Purple		Subha Sivaloka Day
				Karttika-Kartikai		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau				Moscow, Russia Sun 23 Sutra 216
	Kumbha Rasi: 16.59 Tithi 9 – 10	796762365	Gulika 8:08AM – 9:09AM Yama 1:17PM – 2:19PM Rahu 10:11AM – 11:13AM	Shatabhishak Until 11:47AM Vyaghata* Until 4:29PM Tailila Until 10:23PM Navami* Until 9:27AM	Ganesha: Clear <i>Sunrise:</i> 8:08AM Muruga: Clear <i>Sunset:</i> 4:23PM Nataraja: White Moon – Purple Karttika-Karttikai	<i>Sunrise:</i> 8:08AM <i>Sunset:</i> 4:23PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Amrita Yoga Until 11:47AM Then Routine Work - Marana Yoga							Devaloka Day

2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Moscow, Russia Sun 24 Sutra 217
	Kumbha Rasi: 29.11 Tithi 10 – 11	716762365	Gulika 2:18PM – 3:20PM Yama 12:15PM – 1:17PM Rahu 3:20PM – 4:21PM	Purvaproshtapada* Until 2:02PM Harshana Until 4:32PM Vanija Until 11:41PM Dashami Until 11:06AM	Ganesha: Red <i>Sunrise:</i> 8:10AM Muruga: Clear <i>Sunset:</i> 4:21PM Nataraja: White Moon – Clear Karttika-Karttikai	<i>Sunrise:</i> 8:10AM <i>Sunset:</i> 4:21PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga Until 2:02PM Then Creative Work - Amrita Yoga							Devaloka Day

3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Moscow, Russia Sun 25 Sutra 218
	Meena Rasi: 11.4 Tithi 11 – 12	716762365	Gulika 1:17PM – 2:18PM Yama 11:14AM – 12:16PM Rahu 9:12AM – 10:13AM	Uttaraproshtapada Until 3:25PM Vajra* Until 4:00PM Bava Until 12:15AM Tue Ekadashi Until 12:02PM	Ganesha: Red <i>Sunrise:</i> 8:11AM Muruga: Clear <i>Sunset:</i> 4:20PM Nataraja: White Moon – Clear Karttika-Karttikai	<i>Sunrise:</i> 8:11AM <i>Sunset:</i> 4:20PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga Family Home Evening							Devaloka Day

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Moscow, Russia Sun 26 Sutra 219
	Meena Rasi: 24.29 Tithi 12 – 13	716762365	Gulika 12:16PM – 1:16PM Yama 10:15AM – 11:15AM Rahu 2:17PM – 3:17PM	Revati Until 3:56PM Siddhi Until 2:53PM Kaulava Until 12:03AM Wed Dvadashi Until 12:13PM	Ganesha: Red <i>Sunrise:</i> 8:13AM Muruga: Clear <i>Sunset:</i> 4:18PM Nataraja: White Moon – Clear Karttika-Karttikai	<i>Sunrise:</i> 8:13AM <i>Sunset:</i> 4:18PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga							Devaloka Day
<i>Pradosha Vrata</i>							

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatiyata*/Varyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Moscow, Russia Sun 27 Sutra 220
	Mesha Rasi: 7.41 Tithi 13 – 14	726762365	Gulika 11:16AM – 12:16PM Yama 9:16AM – 10:16AM Rahu 12:16PM – 1:16PM	Ashvini Until 4:03PM Vyatiyata* Until 1:13PM Gara Until 11:10PM Trayodashi Until 11:40AM	Ganesha: Blue <i>Sunrise:</i> 8:15AM Muruga: Clear <i>Sunset:</i> 4:17PM Nataraja: White Moon – White Karttika-Karttikai	<i>Sunrise:</i> 8:15AM <i>Sunset:</i> 4:17PM	Vilamba 5120 Moon 10 - Phase 30 4th Phase
Routine Work Marana Yoga Until 4:03PM Then Creative Work - Siddha Yoga							Bhuloka Day Devaloka Time: 12:PM to 3:PM

○	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Moscow, Russia Sun 27 Sutra 221	
	Copper Retreat Star		Mesha Rasi: 21.15 Tithi 14 – 15	726762365	Gulika 10:17AM – 11:17AM Yama 8:17AM – 9:17AM Rahu 1:16PM – 2:16PM	Bharani Until 3:23PM Varyan Until 11:01AM Visti Until 9:40PM Chaturdashi* Until 10:28AM	Ganesha: Blue <i>Sunrise:</i> 8:17AM Muruga: Clear <i>Sunset:</i> 4:15PM Nataraja: White Moon – White Karttika-Karttikai	<i>Sunrise:</i> 8:17AM <i>Sunset:</i> 4:15PM
Creative Work Siddha Yoga Until 3:23PM Then Routine Work - Marana Yoga							Bhuloka Day Devaloka Time: 12:PM to 3:PM	

○	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Moscow, Russia Sun 27 Sutra 222	
	Silver Retreat Star		Vrishabha Rasi: 5.1 Tithi 15 – 16	726762365	Gulika 9:19AM – 10:18AM Yama 2:15PM – 3:15PM Rahu 11:17AM – 12:17PM	Krittika Until 6:34AM Sat Parigha* Until 8:25AM Balava Until 7:42PM Purnima* Until 8:43AM	Ganesha: Blue <i>Sunrise:</i> 8:19AM Muruga: Clear <i>Sunset:</i> 4:14PM Nataraja: White Moon – White Karttika-Karttikai	<i>Sunrise:</i> 8:19AM <i>Sunset:</i> 4:14PM
Creative Work Siddha Yoga Until 6:34AM Sat Then Routine Work - Marana Yoga							Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Vinayaga Viratam Begins								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam

Moscow, Russia

Krittika/Mrigashira Nakshatra Siddha Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Sutra 223

Wrishabha Rasi: 19.2 Tihi 16 – 17

737762365

Gulika 8:21AM – 9:20AM
Yama 1:16PM – 2:15PM
Rahu 10:19AM – 11:18AM

Krittika **Until 6:34AM**
Siddha **Until 1:79AM Sun**
Gara **Until 4:10AM Sun**

Ganesha: Red *Sunrise:* 8:21AM
Muruga: Clear *Sunset:* 4:13PM

Moon 11 - Phase 31
1st Phase

Creative Work Amrita Yoga
Until 6:34AM

Krittika Deepam

Prathama* Until 6:34AM

Moon – Yellow
Karttika-Karttikai

Devaloka Day

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam

Moscow, Russia

Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Sun 1 Sutra 224

Mithuna Rasi: 3.41 Tihi 18

737762365

Gulika 2:14PM – 3:13PM
Yama 12:17PM – 1:16PM
Rahu 3:13PM – 4:11PM

Mrigashira **Until 10:56AM**
Sadhya **Until 11:02PM**
Vanija **Until 2:55PM**
Tritiya **Until 1:37AM Mon**

Ganesha: Red *Sunrise:* 8:23AM
Muruga: Clear *Sunset:* 4:11PM

Moon 11 - Phase 31
1st Phase

Creative Work Siddha Yoga

Tritiya **Until 1:37AM Mon**

Moon – Yellow
Karttika-Karttikai

Devaloka Day

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam

Moscow, Russia

Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Sun 2 Sutra 225

Mithuna Rasi: 18.07 Tihi 19

737762365

Gulika 1:16PM – 2:14PM
Yama 11:19AM – 12:17PM
Rahu 9:23AM – 10:21AM

Ardra **Until 8:57AM**
Subha **Until 7:45PM**
Bava **Until 12:21PM**
Chaturthi* **Until 11:04PM**

Ganesha: Red *Sunrise:* 8:25AM
Muruga: Clear *Sunset:* 4:10PM

Moon 11 - Phase 31
1st Phase

Creative Work Siddha Yoga

Chaturthi* **Until 11:04PM**

Moon – Yellow
Karttika-Karttikai

Devaloka Day

Family Home Evening
Until 8:57AM
Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam

Moscow, Russia

Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 3 Sutra 226

Kataka Rasi: 2.34 Tihi 20

747762365

Gulika 12:18PM – 1:16PM
Yama 10:22AM – 11:20AM
Rahu 2:13PM – 3:11PM

Punarvasu **Until 7:16AM**
Sukla **Until 4:30PM**
Kaulava **Until 9:50AM**
Panchami **Until 8:36PM**

Ganesha: Green *Sunrise:* 8:26AM
Muruga: Clear *Sunset:* 4:09PM

Moon 11 - Phase 31
1st Phase

Creative Work Siddha Yoga

Panchami **Until 8:36PM**

Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam

Moscow, Russia

Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 227

Kataka Rasi: 16.55 Tihi 21

747862365

Gulika 11:21AM – 12:18PM
Yama 9:26AM – 10:23AM
Rahu 12:18PM – 1:16PM

Ashlesha* **Until 7:55AM Thu**
Brahma **Until 1:23PM**
Gara **Until 7:26AM**
Shashthi* **Until 6:17PM**

Ganesha: White *Sunrise:* 8:28AM
Muruga: Clear *Sunset:* 4:08PM

Moon 11 - Phase 31
1st Phase

Creative Work Siddha Yoga

Shashthi* **Until 6:17PM**

Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 3:55AM Thu
Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam

Moscow, Russia

Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 5 Sutra 228

Simha Rasi: 1.08 Tihi 22 – 23

757863365

Gulika 10:24AM – 11:21AM
Yama 8:30AM – 9:27AM
Rahu 1:16PM – 2:13PM

Magha* **Until 2:46AM Fri**
Indra **Until 10:27AM**
Balava **Until 3:17AM Fri**
Saptami **Until 4:12PM**

Ganesha: Clear *Sunrise:* 8:30AM
Muruga: Purple *Sunset:* 4:07PM

Moon 11 - Phase 31
1st Phase

Creative Work Amrita Yoga

Saptami **Until 4:12PM**

Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 2:46AM Fri
Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam

Moscow, Russia

Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 6 Sutra 229

Simha Rasi: 15.12 Tihi 23 – 24

757863365

Gulika 9:28AM – 10:25AM
Yama 2:12PM – 3:09PM
Rahu 11:22AM – 12:19PM

Purvaphalguni **Until 1:45AM Sat**
Vaidhriti* **Until 7:41AM**
Taitila **Until 1:35AM Sat**
Ashtami* **Until 2:22PM**

Ganesha: Clear *Sunrise:* 8:32AM
Muruga: Purple *Sunset:* 4:06PM

Moon 11 - Phase 31
Ashtami

Creative Work Siddha Yoga

Ashtami* **Until 2:22PM**

Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 1:45AM Sat
Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam

Moscow, Russia

Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Sun 7 Sutra 230

Simha Rasi: 29.07 Tihi 24 – 25

758863365

Gulika 8:33AM – 9:30AM
Yama 1:16PM – 2:12PM
Rahu 10:26AM – 11:23AM

Uttaraphalguni **Until 12:50AM Sun**
Priti **Until 2:50AM Sun**
Vanija **Until 12:09AM Sun**
Navami* **Until 12:49PM**

Ganesha: Orange *Sunrise:* 8:33AM
Muruga: Purple *Sunset:* 4:05PM

Moon 11 - Phase 31
Navami

Routine Work Marana Yoga

Navami* **Until 12:49PM**

Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 12:50AM Sun
Then Creative Work - Amrita Yoga

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

All times are standard time


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1	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Moscow, Russia Sun 8 Sutra 231
	Kanya Rasi: 12.5	Tithi 25 – 26	Gulika 2:12PM – 3:08PM	Hasta Until 12:30AM Mon	Ganesh: Light Blue <i>Sunrise:</i> 8:35AM		Vilamba 5120
Creative Work Amrita Yoga		768863365	Yama 12:20PM – 1:16PM	Ayushman Until 12:43AM Mon	Muruga: Purple <i>Sunset:</i> 4:04PM		Moon 11 - Phase 32
Until 12:30AM Mon			Rahu 3:08PM – 4:04PM	Bava Until 11:01PM	Nataraja: White		2nd Phase
Then Routine Work - Prabalarishta Yoga				Dashami Until 11:31AM	Moon – Green		Bhuloka Day
					Karttika-Karttikai		

2	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Moscow, Russia Sun 9 Sutra 232
	Kanya Rasi: 26.25	Tithi 26 – 27	Gulika 1:16PM – 2:12PM	Chitra Until 12:20AM Tue	Ganesh: Light Blue <i>Sunrise:</i> 8:37AM		Vilamba 5120
Family Home Evening		768863365	Yama 11:24AM – 12:20PM	Saubhagya Until 10:52PM	Muruga: Purple <i>Sunset:</i> 4:03PM		Moon 11 - Phase 32
Routine Work Prabalarishta Yoga			Rahu 9:32AM – 10:28AM	Kaulava Until 10:11PM	Nataraja: White		2nd Phase
Until 12:20AM Tue				Ekadashi* Until 10:32AM	Moon – Green		Bhuloka Day
Then Creative Work - Siddha Yoga					Karttika-Karttikai		

3	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Moscow, Russia Sun 10 Sutra 233
	Tula Rasi: 9.48	Tithi 27 – 28	Gulika 12:20PM – 1:16PM	Svati Until 12:21AM Wed	Ganesh: Light Blue <i>Sunrise:</i> 8:38AM		Vilamba 5120
Creative Work Siddha Yoga		768863365	Yama 10:29AM – 11:25AM	Sobhana Until 9:17PM	Muruga: Purple <i>Sunset:</i> 4:03PM		Moon 11 - Phase 32
			Rahu 2:12PM – 3:07PM	Gara Until 9:41PM	Nataraja: White		2nd Phase
				Dvadashi* Until 9:52AM	Moon – Green		Bhuloka Day
					Karttika-Karttikai		
<i>Pradosha Vrata (Fasting)</i>							

4	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Moscow, Russia Sun 11 Sutra 234
	Tula Rasi: 23	Tithi 28 – 29	Gulika 11:26AM – 12:21PM	Vishakha Until 1:03AM Thu	Ganesh: Purple <i>Sunrise:</i> 8:40AM		Vilamba 5120
Creative Work Siddha Yoga		778863365	Yama 9:35AM – 10:30AM	Athiganda* Until 8:00PM	Muruga: Purple <i>Sunset:</i> 4:02PM		Moon 11 - Phase 32
			Rahu 12:21PM – 1:16PM	Visti Until 9:36PM	Nataraja: White		2nd Phase
				Trayodashi* Until 9:34AM	Moon – Orange		Bhuloka Day
					Karttika-Karttikai		

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau				Moscow, Russia Sun 12 Sutra 235
	Retreat Star		Gulika 10:31AM – 11:26AM	Anuradha Until 2:04AM Fri	Ganesh: Purple <i>Sunrise:</i> 8:41AM		Vilamba 5120
Vrischika Rasi: 5.59		Tithi 29 – 30	Yama 8:41AM – 9:36AM	Sukarma Until 7:04PM	Muruga: Purple <i>Sunset:</i> 4:02PM		Moon 11 - Phase 32
Creative Work Siddha Yoga		778863365	Rahu 1:16PM – 2:11PM	Sakuni Until 9:42AM	Nataraja: White		Amavasya
Until 2:04AM Fri				Chaturdashi* Until 9:42AM	Moon – Orange		Bhuloka Day
Then Routine Work - Marana Yoga					Karttika-Karttikai		

Friday, December 7, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Moscow, Russia Sun 13 Sutra 236
	Vrischika Rasi: 18.44	Tithi 30 – 1	Gulika 9:37AM – 10:32AM	Jyeshtha* Until 3:25AM Sat	Ganesh: Light Blue <i>Sunrise:</i> 8:42AM		Vilamba 5120
Routine Work Marana Yoga		779863365	Yama 2:11PM – 3:06PM	Dhriti Until 6:33PM	Muruga: Purple <i>Sunset:</i> 4:01PM		Moon 11 - Phase 32
Until 3:25AM Sat			Rahu 11:27AM – 12:22PM	Kintughna Until 10:52PM	Nataraja: White		Prathama
Then Creative Work - Siddha Yoga				Amavasya* Until 10:20AM	Moon – Orange		Bhuloka Day
					Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Moscow, Russia
	Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 246		Vilamba 5120
Meena Rasi: 19.28	Tithi 10	Gulika	1:20PM – 2:13PM	Revati Until 1:38AM Tue	Ganesh: Purple	<i>Sunrise:</i> 8:54AM	
Family Home Evening	811863365	Yama	11:33AM – 12:26PM	Variyan Until 10:38PM	Muruga: Purple	<i>Sunset:</i> 3:59PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	9:47AM – 10:40AM	Taitila Until 5:22PM	Nataraja: White		4th Phase
				Dashami Until 5:29AM Tue	Moon – Clear		Bhuloka Day
					Margasira*Markali		

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Moscow, Russia
	Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 247		Vilamba 5120
Mesha Rasi: 2.16	Tithi 11	Gulika	12:27PM – 1:20PM	Ashvini Until 2:09AM Wed	Ganesh: Clear	<i>Sunrise:</i> 8:54AM	
	821863365	Yama	10:41AM – 11:34AM	Parigha* Until 9:21PM	Muruga: Purple	<i>Sunset:</i> 4:00PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	2:13PM – 3:06PM	Vanija Until 5:26PM	Nataraja: White		4th Phase
				Ekadashi Until 5:08AM Wed	Moon – White		Bhuloka Day
		Vaikuntha Ekadasi			Margasira*Markali		Devaloka Time: 6:AM to 9:AM

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Moscow, Russia
	Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 248		Vilamba 5120
Mesha Rasi: 15.28	Tithi 12	Gulika	11:34AM – 12:27PM	Bharani Until 1:43AM Thu	Ganesh: Clear	<i>Sunrise:</i> 8:55AM	
	821863365	Yama	9:48AM – 10:41AM	Shiva Until 7:26PM	Muruga: Purple	<i>Sunset:</i> 4:00PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	12:27PM – 1:21PM	Bava Until 4:40PM	Nataraja: White		4th Phase
Until 1:43AM Thu				Dvadashi Until 3:59AM Thu	Moon – White		Bhuloka Day
Then Routine Work - Marana Yoga					Margasira*Markali		Devaloka Time: 6:AM to 9:AM

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Moscow, Russia
	Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 249		Vilamba 5120
Mesha Rasi: 29.07	Tithi 13	Gulika	10:42AM – 11:35AM	Krittika Until 12:28AM Fri	Ganesh: Clear	<i>Sunrise:</i> 8:56AM	
	821863365	Yama	8:56AM – 9:49AM	Siddha Until 4:56PM	Muruga: Purple	<i>Sunset:</i> 4:00PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu	1:21PM – 2:14PM	Kaulava Until 3:09PM	Nataraja: White		4th Phase
				Trayodashi Until 2:08AM Fri	Moon – White		Bhuloka Day
					Margasira*Markali		Devaloka Time: 6:AM to 9:AM

Pradosha Vrata

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Moscow, Russia
	Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 250		Vilamba 5120
Vrishabha Rasi: 13.11	Tithi 14	Gulika	9:49AM – 10:42AM	Rohini Until 10:54PM	Ganesh: White	<i>Sunrise:</i> 8:56AM	
	831863365	Yama	2:15PM – 3:08PM	Sadhya Until 1:56PM	Muruga: Purple	<i>Sunset:</i> 4:01PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu	11:35AM – 12:29PM	Gara Until 1:00PM	Nataraja: White		4th Phase
Until 10:54PM				Chaturdashi* Until 11:43PM	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati			Margasira*Markali		

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam				Moscow, Russia
	Copper Retreat Star		Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Sun 27		Sutra 251
Vrishabha Rasi: 27.37	Tithi 15	Gulika	8:57AM – 9:50AM	Mrigashira Until 8:47PM	Ganesh: Yellow	<i>Sunrise:</i> 8:57AM	Vilamba 5120
	831963365	Yama	1:22PM – 2:15PM	Subha Until 10:32AM	Muruga: Purple	<i>Sunset:</i> 4:01PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	10:43AM – 11:36AM	Visti Until 10:21AM	Nataraja: White		Purnima
				Purnima* Until 8:52PM	Moon – Yellow		Bhuloka Day
		Day 2 of Pancha Ganapati			Margasira*Markali		Devaloka Time: 9:AM to 12:PM

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Moscow, Russia
	Silver Retreat Star		Ardra Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 28		Sutra 252
Mithuna Rasi: 12.2	Tithi 16 – 17	Gulika	2:16PM – 3:09PM	Ardra Until 6:15PM	Ganesh: Yellow	<i>Sunrise:</i> 8:57AM	Vilamba 5120
	831963365	Yama	12:30PM – 1:23PM	Sukla Until 6:51AM	Muruga: Purple	<i>Sunset:</i> 4:02PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	3:09PM – 4:02PM	Balava Until 7:21AM	Nataraja: White		Prathama
				Prathama* Until 5:45PM	Moon – Yellow		Bhuloka Day
		Day 3 of Pancha Ganapati			Margasira*Markali		Devaloka Time: 9:AM to 12:PM
		Ardra Darshanam					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Moscow, Russia

Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 253

Mithuna Rasi: 27.11 Tihi 17 - 18

Gulika 1:23PM - 2:16PM

Punarvasu Until 3:53PM

Ganesha: Blue Sunrise: 8:58AM

Vilamba 5120

Family Home Evening

842963365

Yama 11:37AM - 12:30PM

Indra Until 11:07PM

Muruga: Purple Sunset: 4:02PM

Moon 12 - Phase 35

Creative Work Amrita Yoga

Rahu 9:51AM - 10:44AM

Vanija Until 12:55AM Tue

Nataraja: White

1st Phase

Until 3:53PM

Day 4 of Pancha Ganapati

Dvitiya Until 2:31PM

Moon - Blue

Devaloka Day

Then Creative Work - Siddha Yoga

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Moscow, Russia

Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 254

Kataka Rasi: 12.04 Tihi 18 - 19

Gulika 12:31PM - 1:24PM

Pushya Until 1:25PM

Ganesha: Yellow Sunrise: 8:58AM

Vilamba 5120

Creative Work Siddha Yoga

842963365

Yama 10:44AM - 11:37AM

Vaidhriti* Until 7:18PM

Muruga: Purple Sunset: 4:03PM

Moon 12 - Phase 35

Rahu 2:17PM - 3:10PM

Bava Until 9:47PM

Nataraja: White

1st Phase

Day 5 of Pancha Ganapati

Tritiya Until 11:19AM

Moon - Blue

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Moscow, Russia

Ashlesha*/Magha* Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 255

Kataka Rasi: 26.52 Tihi 19 - 20

Gulika 11:38AM - 12:31PM

Ashlesha* Until 10:59AM

Ganesha: Yellow Sunrise: 8:58AM

Vilamba 5120

Creative Work Siddha Yoga

842963366

Yama 9:52AM - 10:45AM

Vishkambha* Until 3:39PM

Muruga: Purple Sunset: 4:04PM

Moon 12 - Phase 35

Rahu 12:31PM - 1:24PM

Kaulava Until 6:52PM

Nataraja: Green

1st Phase

Day 5 of Pancha Ganapati

Chaturthi* Until 8:16AM

Moon - Blue

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Moscow, Russia

Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 256

Simha Rasi: 11.26 Tihi 21

Gulika 10:45AM - 11:38AM

Magha* Until 9:08AM

Ganesha: Blue Sunrise: 8:59AM

Vilamba 5120

Creative Work Amrita Yoga

852963366

Yama 8:59AM - 9:52AM

Priti Until 12:17PM

Muruga: Purple Sunset: 4:05PM

Moon 12 - Phase 35

Rahu 1:25PM - 2:18PM

Gara Until 4:18PM

Nataraja: Green

1st Phase

Until 9:08AM

Shashthi* Until 3:10AM Fri

Moon - Red

Bhuloka Day

Then Creative Work - Siddha Yoga

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Moscow, Russia

Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Sun 5 Sutra 257

Simha Rasi: 25.44 Tihi 22

Gulika 9:52AM - 10:45AM

Purvaphalguni Until 7:33AM

Ganesha: Blue Sunrise: 8:59AM

Vilamba 5120

Creative Work Siddha Yoga

852963366

Yama 2:19PM - 3:12PM

Ayushman Until 9:14AM

Muruga: Purple Sunset: 4:06PM

Moon 12 - Phase 35

Rahu 11:39AM - 12:32PM

Visti Until 2:10PM

Nataraja: Green

1st Phase

Saptami Until 1:16AM Sat

Moon - Red

Bhuloka Day

Then Creative Work - Siddha Yoga

Saturday, December 29, 2018

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Moscow, Russia

Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 258

Kanya Rasi: 9.44 Tihi 23

Gulika 8:59AM - 9:52AM

Uttaraphalguni Until 6:17AM

Ganesha: Blue Sunrise: 8:59AM

Vilamba 5120

Routine Work Marana Yoga

852963366

Yama 1:26PM - 2:20PM

Saubhagya Until 6:35AM

Muruga: Purple Sunset: 4:06PM

Moon 12 - Phase 35

Rahu 10:46AM - 11:39AM

Balava Until 12:32PM

Nataraja: Green

Ashtami

Ashtami* Until 11:54PM

Moon - Red

Bhuloka Day

Then Creative Work - Siddha Yoga

Sunday, December 30, 2018

6

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Moscow, Russia

Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Sun 7 Sutra 259

Kanya Rasi: 23.25 Tihi 24

Gulika 2:20PM - 3:14PM

Chitra Until 10:45PM Mon

Ganesha: Red Sunrise: 8:59AM

Vilamba 5120

Creative Work Siddha Yoga

862963366

Yama 12:33PM - 1:27PM

Athiganda* Until 2:33AM Mon

Muruga: Purple Sunset: 4:07PM

Moon 12 - Phase 35

Rahu 3:14PM - 4:07PM

Taitila Until 11:26AM

Nataraja: Green

Navami

Navami* Until 11:04PM

Moon - Green

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 10:45PM Mon

Then Creative Work - Amrita Yoga

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Moscow, Russia Sun 8 Sutra 260 Vilamba 5120
1		Gulika 1:27PM – 2:21PM	Chitra Until 10:45PM	Ganesh: Red	<i>Sunrise:</i> 8:59AM	
Tula Rasi: 6.47	Tithi 25	Yama 11:40AM – 12:34PM	Sukarma Until 24:09AM Tue	Muruga: Purple	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 9:52AM – 10:46AM	Vanija Until 10:52AM	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Dashami Until 10:45PM	Moon – Green		Bhuloka Day
Until 10:45PM				Margasira*Markali		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Moscow, Russia Sun 9 Sutra 261 Vilamba 5120
2		Gulika 12:34PM – 1:28PM	Svati Until 6:03AM	Ganesh: Red	<i>Sunrise:</i> 8:59AM	
Tula Rasi: 19.53	Tithi 26	Yama 10:46AM – 11:40AM	Dhriti Until 12:09AM Wed	Muruga: Purple	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 36
	862963366	Rahu 2:22PM – 3:16PM	Bava Until 10:49AM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 10:58PM	Moon – Green		Bhuloka Day
Until 6:03AM				Margasira*Markali		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Moscow, Russia Sun 10 Sutra 262 Vilamba 5120
3		Gulika 11:41AM – 12:35PM	Vishakha Until 7:08AM	Ganesh: Green	<i>Sunrise:</i> 8:58AM	
Vrischika Rasi: 2.43	Tithi 27	Yama 9:52AM – 10:46AM	Shula* Until 11:31PM	Muruga: Purple	<i>Sunset:</i> 4:11PM	Moon 12 - Phase 36
	872963366	Rahu 12:35PM – 1:29PM	Kaulava Until 11:17AM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 11:40PM	Moon – Orange		Bhuloka Day
				Margasira*Markali		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Moscow, Russia Sun 11 Sutra 263 Vilamba 5120
4		Gulika 10:47AM – 11:41AM	Anuradha Until 8:31AM	Ganesh: Green	<i>Sunrise:</i> 8:58AM	
Vrischika Rasi: 15.2	Tithi 28	Yama 8:58AM – 9:52AM	Ganda* Until 11:14PM	Muruga: Purple	<i>Sunset:</i> 4:12PM	Moon 12 - Phase 36
	872963366	Rahu 1:29PM – 2:24PM	Gara Until 12:13PM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 12:51AM Fri	Moon – Orange		Bhuloka Day
Until 8:31AM				Margasira*Markali		
Then Routine Work - Prabalarishta Yoga						<i>Pradosha Vrata (Fasting)</i>

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Moscow, Russia Sun 12 Sutra 264 Vilamba 5120
5		Gulika 9:52AM – 10:47AM	Jyeshtha* Until 10:12AM	Ganesh: Green	<i>Sunrise:</i> 8:58AM	
Vrischika Rasi: 27.45	Tithi 29	Yama 2:24PM – 3:19PM	Vriddhi Until 11:19PM	Muruga: Purple	<i>Sunset:</i> 4:13PM	Moon 12 - Phase 36
	872963366	Rahu 11:41AM – 12:36PM	Visti Until 1:37PM	Nataraja: Green		2nd Phase
Routine Work Marana Yoga			Chaturdashi* Until 2:28AM Sat	Moon – Orange		Bhuloka Day
Until 10:12AM				Margasira*Markali		
Then Creative Work - Amrita Yoga						

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Moscow, Russia Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika 8:57AM – 9:52AM	Mula* Until 12:36PM	Ganesh: White	<i>Sunrise:</i> 8:57AM	
Dhanus Rasi: 9.59	Tithi 30	Yama 1:31PM – 2:25PM	Dhruva Until 11:40PM	Muruga: Purple	<i>Sunset:</i> 4:15PM	Moon 12 - Phase 36
	882963366	Rahu 10:47AM – 11:41AM	Catuspada Until 3:27PM	Nataraja: Green		Amavasya
Creative Work Siddha Yoga			Amavasya* Until 4:29AM Sun	Moon – Light Blue		Bhuloka Day
				Margasira*Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Moscow, Russia Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika 2:26PM – 3:21PM	Purvashadha* Until 3:13PM	Ganesh: White	<i>Sunrise:</i> 8:57AM	
Dhanus Rasi: 22.04	Tithi 1	Yama 12:36PM – 1:31PM	Vyaghata* Until 12:18AM Mon	Muruga: Clear	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 36
	882973366	Rahu 3:21PM – 4:16PM	Kintughna Until 5:39PM	Nataraja: Green		Prathama
Creative Work Siddha Yoga			Prathama* Until 6:50AM Mon	Moon – Light Blue		Bhuloka Day
Until 3:13PM				Pausha*Markali		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Moscow, Russia Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:32PM – 2:27PM	Uttarashadha Until 5:56PM	Ganesh: White <i>Sunrise:</i> 8:56AM		
Makara Rasi: 4	Tithi 1 – 2	Yama 11:42AM – 12:37PM	Harshana Until 1:09AM Tue	Muruga: Clear <i>Sunset:</i> 4:18PM		Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 9:51AM – 10:47AM	Balava Until 8:09PM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 6:50AM	Moon – Light Blue	Bhuloka Day	
Until 5:56PM				Pausha-Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Moscow, Russia Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:37PM – 1:33PM	Shravana Until 9:12PM	Ganesh: Red <i>Sunrise:</i> 8:56AM		
Makara Rasi: 15.51	Tithi 2 – 3	Yama 10:47AM – 11:42AM	Vajra* Until 2:06AM Wed	Muruga: Clear <i>Sunset:</i> 4:19PM		Moon 12 - Phase 37
	893973366	Rahu 2:28PM – 3:24PM	Taitila Until 10:50PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:27AM	Moon – Purple	Devaloka Day	
				Pausha-Markali		

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Moscow, Russia Sun 17 Sutra 269 Vilamba 5120
3		Gulika 11:42AM – 12:38PM	Dhanishtha Until 12:22AM Thu	Ganesh: Red <i>Sunrise:</i> 8:55AM		
Makara Rasi: 27.38	Tithi 3 – 4	Yama 9:51AM – 10:46AM	Siddhi Until 3:06AM Thu	Muruga: Clear <i>Sunset:</i> 4:21PM		Moon 12 - Phase 37
	893973366	Rahu 12:38PM – 1:34PM	Vanija Until 1:36AM Thu	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 12:12PM	Moon – Purple	Devaloka Day	
Until 12:22AM Thu				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Moscow, Russia Sun 18 Sutra 270 Vilamba 5120
4		Gulika 10:46AM – 11:42AM	Shatabhishak Until 3:16AM Fri	Ganesh: Red <i>Sunrise:</i> 8:54AM		
Kumbha Rasi: 9.26	Tithi 4 – 5	Yama 8:54AM – 9:50AM	Vyatipata* Until 4:01AM Fri	Muruga: Clear <i>Sunset:</i> 4:22PM		Moon 12 - Phase 37
	893973366	Rahu 1:34PM – 2:30PM	Bava Until 4:15AM Fri	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:55PM	Moon – Purple	Devaloka Day	
				Pausha-Markali		

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Moscow, Russia Sun 19 Sutra 271 Vilamba 5120
5		Gulika 9:50AM – 10:46AM	Purvaproshtapada* Until 6:14AM Sat	Ganesh: Clear <i>Sunrise:</i> 8:53AM		
Kumbha Rasi: 21.16	Tithi 5 – 6	Yama 2:31PM – 3:28PM	Variyan Until 4:43AM Sat	Muruga: Clear <i>Sunset:</i> 4:24PM		Moon 12 - Phase 37
	813973366	Rahu 11:42AM – 12:39PM	Kaulava Until 6:37AM Sat	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:27PM	Moon – Clear	Devaloka Day	
				Pausha-Markali		

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Gara Karana Shashthyam Titau				Moscow, Russia Sun 20 Sutra 272 Vilamba 5120
6		Gulika 8:53AM – 9:49AM	Purvaproshtapada* Until 6:14AM	Ganesh: Clear <i>Sunrise:</i> 8:53AM		
Meena Rasi: 3.12	Tithi 6	Yama 1:36PM – 2:32PM	Parigha* Until 6:14AM	Muruga: Clear <i>Sunset:</i> 4:26PM		Moon 12 - Phase 37
	813973366	Rahu 10:46AM – 11:42AM	Kaulava Until 6:37AM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 7:37PM	Moon – Clear	Devaloka Day	
Until 6:14AM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Moscow, Russia Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:33PM – 3:30PM	Uttaraproshtapada Until 8:37AM	Ganesh: Clear <i>Sunrise:</i> 8:52AM		
Meena Rasi: 15.19	Tithi 7	Yama 12:39PM – 1:36PM	Shiva Until 5:02AM Mon	Muruga: Clear <i>Sunset:</i> 4:27PM		Moon 12 - Phase 37
	813973366	Rahu 3:30PM – 4:27PM	Gara Until 8:32AM	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 9:15PM	Moon – Clear	Devaloka Day	
				Pausha-Markali		

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Moscow, Russia Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:37PM – 2:34PM	Revati Until 10:14AM	Ganesh: Clear <i>Sunrise:</i> 8:51AM		
Meena Rasi: 27.41	Tithi 8	Yama 11:43AM – 12:40PM	Siddha Until 4:23AM Tue	Muruga: Clear <i>Sunset:</i> 4:29PM		Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 9:48AM – 10:45AM	Visti Until 9:49AM	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:10PM	Moon – Clear	Devaloka Day	
				Pausha-Thai		

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Moscow, Russia Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:40PM – 1:38PM	Ashvini Until 11:28AM	Ganesh: Purple <i>Sunrise:</i> 8:50AM		
Mesha Rasi: 10.23	Tithi 9	Yama 10:45AM – 11:43AM	Sadhya Until 3:08AM Wed	Muruga: Clear <i>Sunset:</i> 4:31PM		Moon 12 - Phase 37
	823973366	Rahu 2:35PM – 3:33PM	Balava Until 10:21AM	Nataraja: Green		Navami
Creative Work	Siddha Yoga		Navami* Until 10:18PM	Moon – White	Sivaloka Day	
				Pausha-Thai		


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Moscow, Russia	
Mesha Rasi: 23.28		Bharani Until 11:43AM		Ganesh: Blue		Sunrise: 8:49AM		Sun 24 Sutra 276	
Tihti 10		Subha Until 1:15AM Thu		Muruga: Clear		Sunset: 4:33PM		Vilamba 5120	
823173366		Taitila Until 10:04AM		Nataraja: Green				Moon 12 - Phase 38	
Creative Work Siddha Yoga		Dashami Until 9:36PM		Moon - White				4th Phase	
Until 11:43AM				Pausha*Thai				Sivaloka Day	
Then Creative Work - Amrita Yoga									

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Moscow, Russia	
Vrisabha Rasi: 7		Krittika Until 11:02AM		Ganesh: Blue		Sunrise: 8:47AM		Sun 25 Sutra 277	
Tihti 11		Sukla Until 10:43PM		Muruga: Clear		Sunset: 4:36PM		Vilamba 5120	
823173366		Vanija Until 8:57AM		Nataraja: Green				Moon 12 - Phase 38	
Routine Work Marana Yoga		Ekadashi Until 8:05PM		Moon - White				4th Phase	
				Pausha*Thai				Sivaloka Day	

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Moscow, Russia	
Vrisabha Rasi: 21		Rohini Until 9:54AM		Ganesh: Yellow		Sunrise: 8:46AM		Sun 26 Sutra 278	
Tihti 12 - 13		Brahma Until 7:37PM		Muruga: Clear		Sunset: 4:36PM		Vilamba 5120	
823173366		Bava Until 7:05AM		Nataraja: Green				Moon 12 - Phase 38	
Routine Work Marana Yoga		Dvadashi Until 5:52PM		Moon - Yellow				4th Phase	
Until 9:54AM				Pausha*Thai				Devaloka Day	
Then Creative Work - Siddha Yoga				Pradosha Vrata					

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Moscow, Russia	
Mithuna Rasi: 5.26		Mrigashira Until 7:59AM		Ganesh: Yellow		Sunrise: 8:45AM		Sun 27 Sutra 279	
Tihti 13 - 14		Indra Until 4:05PM		Muruga: Clear		Sunset: 4:38PM		Vilamba 5120	
823173366		Gara Until 1:29AM Sun		Nataraja: Green				Moon 12 - Phase 38	
Creative Work Siddha Yoga		Trayodashi Until 3:03PM		Moon - Yellow				4th Phase	
				Pausha*Thai				Devaloka Day	

		Sunday, January 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		Moscow, Russia	
Copper Retreat Star		Punarvasu Until 2:50AM Mon		Ganesh: White		Sunrise: 8:44AM		Sutra 280	
Mithuna Rasi: 20.15		Vaidhriti* Until 12:09PM		Muruga: Clear		Sunset: 4:40PM		Vilamba 5120	
Tihti 14 - 15		Visti Until 10:04PM		Nataraja: Green				Moon 12 - Phase 38	
823173366		Chaturdashi* Until 11:48AM		Moon - Blue				Purnima	
Creative Work Siddha Yoga				Pausha*Thai				Sivaloka Day	

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Moscow, Russia	
Kataka Rasi: 5.19		Pushya Until 11:55PM		Ganesh: White		Sunrise: 8:42AM		Sutra 281	
Tihti 15 - 16		Vishkambha* Until 8:01AM		Muruga: Clear		Sunset: 4:42PM		Vilamba 5120	
823173366		Balava Until 6:26PM		Nataraja: Green				Moon 12 - Phase 38	
Family Home Evening		Purnima* Until 8:15AM		Moon - Blue				Prathama	
Creative Work Siddha Yoga				Pausha*Thai				Sivaloka Day	
		Total Lunar Eclipse							
		Thai Pusam							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Moscow, Russia

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 20.3 Tihi 17

844173366

Gulika 12:42PM – 1:43PM
Yama 10:42AM – 11:42AM
Rahu 2:43PM – 3:44PM

Ashlesha* Until 8:53PM
Ayushman Until 11:32PM
Taitila Until 2:45PM
Dvitiya Until 12:56AM Wed

Ganesha: Clear *Sunrise:* 8:41AM
Muruga: Clear *Sunset:* 4:44PM
Nataraja: Green
Moon – Blue
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Moscow, Russia

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 5.39 Tihi 18

854173366

Gulika 11:42AM – 12:43PM
Yama 9:40AM – 10:41AM
Rahu 12:43PM – 1:44PM

Magha* Until 6:16PM
Saubhagya Until 7:27PM
Vanija Until 11:12AM
Tritiya Until 9:29PM

Ganesha: Purple *Sunrise:* 8:40AM
Muruga: Clear *Sunset:* 4:46PM
Nataraja: Green
Moon – Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 6:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Moscow, Russia

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 20.37 Tihi 19

854173366

Gulika 10:41AM – 11:42AM
Yama 8:38AM – 9:39AM
Rahu 1:44PM – 2:46PM

Purvaphalguni Until 3:50PM
Sobhana Until 3:40PM
Bava Until 7:54AM
Chaturthi* Until 6:24PM

Ganesha: Purple *Sunrise:* 8:38AM
Muruga: Clear *Sunset:* 4:48PM
Nataraja: Green
Moon – Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Moscow, Russia

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 5.16 Tihi 20 – 21

954173366

Gulika 9:38AM – 10:40AM
Yama 2:47PM – 3:48PM
Rahu 11:42AM – 12:43PM

Uttaraphalguni Until 1:45PM
Athiganda* Until 12:14PM
Gara Until 2:44AM Sat
Panchami Until 3:40PM

Ganesha: Clear *Sunrise:* 8:37AM
Muruga: Clear *Sunset:* 4:50PM
Nataraja: Green
Moon – Red
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 1:45PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 19.31 Tihi 21 – 22

964173366

Gulika 8:35AM – 9:37AM
Yama 1:46PM – 2:48PM
Rahu 10:39AM – 11:41AM

Hasta Until 12:31PM
Sukarma Until 9:18AM
Visti Until 1:04AM Sun
Shashthi* Until 1:48PM

Ganesha: Purple *Sunrise:* 8:35AM
Muruga: Clear *Sunset:* 4:52PM
Nataraja: Green
Moon – Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 3.21 Tihi 22 – 23

964173366

Gulika 2:49PM – 3:52PM
Yama 12:44PM – 1:46PM
Rahu 3:52PM – 4:54PM

Chitra Until 11:51AM
Dhriti Until 6:55AM
Balava Until 12:08AM Mon
Saptami Until 12:30PM

Ganesha: Purple *Sunrise:* 8:33AM
Muruga: Clear *Sunset:* 4:54PM
Nataraja: Green
Moon – Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 16.46 Tihi 23 – 24

964173366

Gulika 1:47PM – 2:50PM
Yama 11:41AM – 12:44PM
Rahu 9:35AM – 10:38AM

Svati Until 11:44AM
Ganda* Until 3:52AM Tue
Taitila Until 11:58PM
Ashtami* Until 11:56AM

Ganesha: Purple *Sunrise:* 8:32AM
Muruga: Clear *Sunset:* 4:56PM
Nataraja: Green
Moon – Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:44AM

Then Routine Work - Marana Yoga

1 Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Moscow, Russia
Tula Rasi: 29.46 Tihi 24 – 25		Vishakha/Anuradha Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7 Sutra 289
		Gulika 12:44PM – 1:48PM	Vishakha Until 12:40PM	Ganesha: Clear <i>Sunrise:</i> 8:30AM		Vilamba 5120
		Yama 10:37AM – 11:41AM	Vridhhi Until 3:12AM Wed	Muruga: Clear <i>Sunset:</i> 4:58PM		Moon 1 - Phase 40
		974173366 Rahu 2:51PM – 3:55PM	Vanija Until 12:30AM Wed	Nataraja: Green		2nd Phase
Routine Work Marana Yoga			Navami* Until 12:07PM	Moon – Orange		Devaloka Day
Until 12:40PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

2 Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Moscow, Russia
Vrischika Rasi: 12.26 Tihi 25 – 26		Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 290
		Gulika 11:40AM – 12:44PM	Anuradha Until 2:06PM	Ganesha: Clear <i>Sunrise:</i> 8:28AM		Vilamba 5120
		Yama 9:32AM – 10:36AM	Dhruva Until 3:00AM Thu	Muruga: Clear <i>Sunset:</i> 5:00PM		Moon 1 - Phase 40
		974173366 Rahu 12:44PM – 1:48PM	Bava Until 1:42AM Thu	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Dashami Until 1:00PM	Moon – Orange		Devaloka Day
				Pausha*Thai		

3 Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Moscow, Russia
Vrischika Rasi: 24.5 Tihi 26 – 27		Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 291
		Gulika 10:35AM – 11:40AM	Jyeshtha* Until 3:57PM	Ganesha: Clear <i>Sunrise:</i> 8:27AM		Vilamba 5120
		Yama 8:27AM – 9:31AM	Vyaghata* Until 3:13AM Fri	Muruga: Clear <i>Sunset:</i> 5:02PM		Moon 1 - Phase 40
		974173366 Rahu 1:49PM – 2:53PM	Kaulava Until 3:27AM Fri	Nataraja: Green		2nd Phase
Routine Work Prabalarishta Yoga			Ekadashi* Until 2:30PM	Moon – Orange		Devaloka Day
Until 3:57PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

4 Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Moscow, Russia
Dhanus Rasi: 7.01 Tihi 27 – 28		Mula* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 292
		Gulika 9:31AM – 10:35AM	Mula* Until 6:35PM	Ganesha: White <i>Sunrise:</i> 8:27AM		Vilamba 5120
		Yama 2:53PM – 3:58PM	Harshana Until 3:47AM Sat	Muruga: Clear <i>Sunset:</i> 5:02PM		Moon 1 - Phase 40
		984173366 Rahu 11:40AM – 12:44PM	Gara Until 5:38AM Sat	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Dvadashi* Until 4:28PM	Moon – Light Blue		Bhuloka Day
Until 6:35PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga						

5 Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Moscow, Russia
Dhanus Rasi: 19.01 Tihi 28		Purvashadha* Nakshatra Vajra* Yoga Vanija Karana Trayodashyam Titau				Sun 11 Sutra 293
		Gulika 8:25AM – 9:30AM	Purvashadha* Until 9:23PM	Ganesha: White <i>Sunrise:</i> 8:25AM		Vilamba 5120
		Yama 1:50PM – 2:55PM	Vajra* Until 4:32AM Sun	Muruga: Clear <i>Sunset:</i> 5:05PM		Moon 1 - Phase 40
		984173366 Rahu 10:35AM – 11:40AM	Vanija Until 6:49PM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 6:49PM	Moon – Light Blue		Bhuloka Day
Until 9:23PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

6 Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Moscow, Russia
Makara Rasi: 0.55 Tihi 29		Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 294
		Gulika 2:56PM – 4:01PM	Uttarashadha Until 12:15AM Mon	Ganesha: White <i>Sunrise:</i> 8:23AM		Vilamba 5120
		Yama 12:45PM – 1:50PM	Siddhi Until 5:27AM Mon	Muruga: Clear <i>Sunset:</i> 5:07PM		Moon 1 - Phase 40
		984173366 Rahu 4:01PM – 5:07PM	Visti Until 8:06AM	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 9:24PM	Moon – Light Blue		Bhuloka Day
				Pausha*Thai		Devaloka Time: 12:PM to 3:PM

Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Moscow, Russia
Retreat Star		Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 295
Makara Rasi: 12.44 Tihi 30		Gulika 1:51PM – 2:57PM	Shravana Until 3:32AM Tue	Ganesha: Red <i>Sunrise:</i> 8:21AM		Vilamba 5120
Family Home Evening		Yama 11:39AM – 12:45PM	Vyatipata* Until 6:27AM Tue	Muruga: Clear <i>Sunset:</i> 5:09PM		Moon 1 - Phase 40
Creative Work Amrita Yoga	995173367	Rahu 9:27AM – 10:33AM	Catuspada Until 10:46AM	Nataraja: White		Amavasya
Until 3:32AM Tue			Amavasya* Until 12:06AM Tue	Moon – Purple		Devaloka Day
Then Creative Work - Siddha Yoga				Pausha*Thai		

Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Moscow, Russia
Retreat Star		Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 296
Makara Rasi: 24.32 Tihi 1		Gulika 12:45PM – 1:51PM	Dhanishtha Until 6:39AM Wed	Ganesha: Red <i>Sunrise:</i> 8:19AM		Vilamba 5120
Creative Work Siddha Yoga		Yama 10:32AM – 11:39AM	Vyatipata* Until 6:27AM	Muruga: Clear <i>Sunset:</i> 5:11PM		Moon 1 - Phase 40
		995173367 Rahu 2:58PM – 4:04PM	Kintughna Until 1:29PM	Nataraja: White		Prathama
			Prathama* Until 2:48AM Wed	Moon – Purple		Devaloka Day
				Magha*Thai		

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Moscow, Russia	
Kumbha Rasi: 6.2		Tithi 2		995173367		Sun 15		Sutra 297	
Routine Work		Prabalarishta Yoga		Until 6:39AM		Then Creative Work - Siddha Yoga			
Gulika	11:38AM – 12:45PM	Dhanishtha	Until 6:39AM	Ganesha:	Red	<i>Sunrise:</i>	8:17AM	Vilamba 5120	
Yama	9:24AM – 10:31AM	Variyan	Until 7:24AM	Muruga:	Clear	<i>Sunset:</i>	5:13PM	Moon 1 - Phase 41	
Rahu	12:45PM – 1:52PM	Balava	Until 4:09PM	Nataraja:	White			3rd Phase	
				Dvitiya	Until 5:25AM Thu	Magha-Thai	Devaloka Day		

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila Karana Tritiyayam Titau		Moscow, Russia	
Kumbha Rasi: 18.1		Tithi 3		995173367		Sun 16		Sutra 298	
Creative Work		Siddha Yoga		Until 6:39AM		Then Creative Work - Siddha Yoga			
Gulika	10:30AM – 11:38AM	Shatabhishak	Until 9:30AM	Ganesha:	Red	<i>Sunrise:</i>	8:15AM	Vilamba 5120	
Yama	8:15AM – 9:23AM	Parigha*	Until 8:18AM	Muruga:	Clear	<i>Sunset:</i>	5:15PM	Moon 1 - Phase 41	
Rahu	1:53PM – 3:00PM	Taitila	Until 6:40PM	Nataraja:	White			3rd Phase	
				Tritiya	Until 7:50AM Fri	Magha-Thai	Devaloka Day		

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Moscow, Russia	
Meena Rasi: 0.05		Tithi 3 – 4		915173367		Sun 17		Sutra 299	
Creative Work		Siddha Yoga		Until 6:39AM		Then Creative Work - Siddha Yoga			
Gulika	9:21AM – 10:29AM	Purvaproshtapada*	Until 12:29PM	Ganesha:	Blue	<i>Sunrise:</i>	8:13AM	Vilamba 5120	
Yama	3:01PM – 4:09PM	Shiva	Until 9:03AM	Muruga:	Clear	<i>Sunset:</i>	5:17PM	Moon 1 - Phase 41	
Rahu	11:37AM – 12:45PM	Vanija	Until 8:57PM	Nataraja:	White			3rd Phase	
				Tritiya	Until 7:50AM	Magha-Thai	Sivaloka Day		

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Moscow, Russia	
Meena Rasi: 12.07		Tithi 4 – 5		915173367		Sun 18		Sutra 300	
Creative Work		Siddha Yoga		Until 3:01PM		Then Routine Work - Prabalarishta Yoga			
Gulika	8:11AM – 9:20AM	Uttaraproshtapada	Until 3:01PM	Ganesha:	Blue	<i>Sunrise:</i>	8:11AM	Vilamba 5120	
Yama	1:54PM – 3:02PM	Siddha	Until 9:33AM	Muruga:	Clear	<i>Sunset:</i>	5:20PM	Moon 1 - Phase 41	
Rahu	10:28AM – 11:37AM	Bava	Until 10:54PM	Nataraja:	White			3rd Phase	
				Chaturthi*	Until 9:57AM	Magha-Thai	Sivaloka Day		

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Moscow, Russia	
Meena Rasi: 24.16		Tithi 5 – 6		915273367		Sun 19		Sutra 301	
Creative Work		Amrita Yoga		Until 4:59PM		Then Creative Work - Siddha Yoga			
Gulika	3:04PM – 4:13PM	Revati	Until 4:59PM	Ganesha:	Red	<i>Sunrise:</i>	8:09AM	Vilamba 5120	
Yama	12:45PM – 1:54PM	Sadhya	Until 9:47AM	Muruga:	Clear	<i>Sunset:</i>	5:22PM	Moon 1 - Phase 41	
Rahu	4:13PM – 5:22PM	Kaulava	Until 12:23AM Mon	Nataraja:	White			3rd Phase	
				Panchami	Until 11:41AM	Magha-Thai	Devaloka Day		

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Moscow, Russia	
Mesha Rasi: 6.39		Tithi 6 – 7		925273367		Sun 20		Sutra 302	
Family Home Evening		Creative Work		Siddha Yoga		Until 4:59PM			
Gulika	1:55PM – 3:05PM	Ashvini	Until 6:45PM	Ganesha:	Blue	<i>Sunrise:</i>	8:07AM	Vilamba 5120	
Yama	11:36AM – 12:45PM	Subha	Until 9:38AM	Muruga:	Clear	<i>Sunset:</i>	5:24PM	Moon 1 - Phase 41	
Rahu	9:17AM – 10:26AM	Gara	Until 1:18AM Tue	Nataraja:	White			3rd Phase	
				Shashthi*	Until 12:54PM	Magha-Thai	Bhuloka Day		
								Devaloka Time: 12:PM to 3:PM	

Retreat Star		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Moscow, Russia	
Mesha Rasi: 19.17		Tithi 7 – 8		925273367		Sun 21		Sutra 303	
Creative Work		Siddha Yoga		Until 4:59PM		Then Creative Work - Siddha Yoga			
Gulika	12:45PM – 1:56PM	Bharani	Until 7:44PM	Ganesha:	Blue	<i>Sunrise:</i>	8:05AM	Vilamba 5120	
Yama	10:25AM – 11:35AM	Sukla	Until 9:00AM	Muruga:	Clear	<i>Sunset:</i>	5:26PM	Moon 1 - Phase 41	
Rahu	3:06PM – 4:16PM	Visti	Until 1:32AM Wed	Nataraja:	White			Ashtami	
				Saptami	Until 1:29PM	Magha-Thai	Bhuloka Day		
								Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Kritika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Moscow, Russia	
Vrisabha Rasi: 2.14		Tithi 8 – 9		926273367		Sun 22		Sutra 304	
Creative Work		Amrita Yoga		Until 7:52PM		Then Creative Work - Siddha Yoga			
Gulika	11:35AM – 12:45PM	Krittika	Until 7:52PM	Ganesha:	Yellow	<i>Sunrise:</i>	8:03AM	Vilamba 5120	
Yama	9:13AM – 10:24AM	Brahma	Until 7:51AM	Muruga:	Clear	<i>Sunset:</i>	5:28PM	Moon 1 - Phase 41	
Rahu	12:45PM – 1:56PM	Balava	Until 1:02AM Thu	Nataraja:	White			Navami	
				Ashtami*	Until 1:22PM	Magha-Masi	Devaloka Day		

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Moscow, Russia Sun 23 Sutra 305 Vilamba 5120
Wrishabha Rasi: 15.35	Tithi 9 – 10	Gulika	10:23AM – 11:34AM	Rohini Until 7:33PM	Ganesh: White	<i>Sunrise:</i> 8:01AM	
		Yama	8:01AM – 9:12AM	Indra Until 6:07AM	Muruga: Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 42
		936273367 Rahu	1:57PM – 3:08PM	Taitila Until 11:45PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga			Navami* Until 12:28PM	Moon – Yellow		Sivaloka Day
					Magha-Masi		

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Moscow, Russia Sun 24 Sutra 306 Vilamba 5120
Wrishabha Rasi: 29.23	Tithi 10 – 11	Gulika	9:10AM – 10:22AM	Mrigashira Until 6:22PM	Ganesh: White	<i>Sunrise:</i> 7:58AM	
		Yama	3:09PM – 4:21PM	Vishkambha* Until 12:51AM Sat	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 42
		936273367 Rahu	11:34AM – 12:45PM	Vanija Until 9:45PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Dashami Until 10:49AM	Moon – Yellow		Sivaloka Day
					Magha-Masi		

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau	Moscow, Russia Sun 25 Sutra 307 Vilamba 5120
Mithuna Rasi: 13.37	Tithi 11 – 12	Gulika	7:56AM – 9:08AM	Ardra Until 4:23PM	Ganesh: White	<i>Sunrise:</i> 7:56AM	
		Yama	1:58PM – 3:10PM	Priti Until 9:26PM	Muruga: Clear	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 42
		936273367 Rahu	10:21AM – 11:33AM	Bava Until 7:07PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 8:30AM	Moon – Yellow		Sivaloka Day
					Magha-Masi		

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Moscow, Russia Sun 26 Sutra 308 Vilamba 5120
Mithuna Rasi: 28.16	Tithi 13	Gulika	3:11PM – 4:24PM	Punarvasu Until 2:09PM	Ganesh: Clear	<i>Sunrise:</i> 7:54AM	
		Yama	12:45PM – 1:58PM	Ayushman Until 5:36PM	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 42
		946273367 Rahu	4:24PM – 5:37PM	Kaulava Until 3:58PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 2:14AM Mon	Moon – Blue		Devaloka Day
					Magha-Masi		

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Bava Karana Chaturdashyam Titau	Moscow, Russia Sun 27 Sutra 309 Vilamba 5120
Kataka Rasi: 13.14	Tithi 14	Gulika	1:59PM – 3:12PM	Pushya Until 11:24AM	Ganesh: Clear	<i>Sunrise:</i> 7:52AM	
Family Home Evening		Yama	11:32AM – 12:45PM	Saubhagya Until 11:24AM	Muruga: Clear	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 42
		946273367 Rahu	9:05AM – 10:18AM	Gara Until 12:27PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 10:35PM	Moon – Blue		Devaloka Day
		Chidambaram Abhishekam			Magha-Masi		

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau	Moscow, Russia Sutra 310 Vilamba 5120
Copper Retreat Star		Gulika	12:45PM – 1:59PM	Ashlesha* Until 8:18AM	Ganesh: Clear	<i>Sunrise:</i> 7:49AM	
Kataka Rasi: 28.26	Tithi 15	Yama	10:17AM – 11:31AM	Sobhana Until 9:12AM	Muruga: Clear	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 42
		946273367 Rahu	3:13PM – 4:27PM	Visti Until 8:43AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga			Purnima* Until 6:48PM	Moon – Blue		Devaloka Day
					Magha-Masi		

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Moscow, Russia Sutra 311 Vilamba 5120
Silver Retreat Star		Gulika	11:31AM – 12:45PM	Purvaphalguni Until 2:30AM Thu	Ganesh: Clear	<i>Sunrise:</i> 7:47AM	
Simha Rasi: 13.42	Tithi 16 – 17	Yama	9:02AM – 10:16AM	Sukarma Until 12:38AM Thu	Muruga: Clear	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 42
		957273367 Rahu	12:45PM – 2:00PM	Taitila Until 1:15AM Thu	Nataraja: White		Prathama
Creative Work	Amrita Yoga			Prathama* Until 3:03PM	Moon – Red		Devaloka Day
					Magha-Masi		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Moscow, Russia

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Simha Rasi: 28.5 Tihi 17 - 18

Gulika 10:15AM - 11:30AM
Yama 7:45AM - 9:00AM
Rahu 2:00PM - 3:15PM

Uttaraphalguni Until 11:46PM
Dhriti Until 11:46PM
Vanija Until 9:53PM
Dvitiya Until 11:30AM

Ganesh: Clear *Sunrise:* 7:45AM
Muruga: Clear *Sunset:* 5:45PM
Nataraja: White
Moon - Red
Magha-Masi

Devaloka Day

Amrita Yoga

Until 11:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Moscow, Russia

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Kanya Rasi: 13.44 Tihi 18 - 19

Gulika 8:58AM - 10:14AM
Yama 3:16PM - 4:32PM
Rahu 11:29AM - 12:45PM

Hasta Until 9:47PM
Shula* Until 5:01PM
Bava Until 6:57PM
Tritiya Until 8:20AM

Ganesh: White *Sunrise:* 7:42AM
Muruga: Clear *Sunset:* 5:47PM
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 9:47PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Kanya Rasi: 28.14 Tihi 20

Gulika 7:40AM - 8:56AM
Yama 2:01PM - 3:17PM
Rahu 10:12AM - 11:29AM

Chitra Until 8:16PM
Ganda* Until 1:53PM
Kaulava Until 4:38PM
Panchami Until 3:43AM Sun

Ganesh: White *Sunrise:* 7:40AM
Muruga: Clear *Sunset:* 5:49PM
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 8:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Tula Rasi: 12.17 Tihi 21

Gulika 3:18PM - 4:35PM
Yama 12:45PM - 2:01PM
Rahu 4:35PM - 5:52PM

Svati Until 7:21PM
Vridhi Until 11:20AM
Gara Until 3:03PM
Shashthi* Until 2:33AM Mon

Ganesh: White *Sunrise:* 7:38AM
Muruga: Clear *Sunset:* 5:52PM
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 7:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Moscow, Russia

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43
1st Phase

Tula Rasi: 25.52 Tihi 22

Gulika 2:02PM - 3:19PM
Yama 11:27AM - 12:44PM
Rahu 8:53AM - 10:10AM

Vishakha Until 7:34PM
Dhruva Until 9:25AM
Visti Until 2:18PM
Saptami Until 2:14AM Tue

Ganesh: Yellow *Sunrise:* 7:35AM
Muruga: Clear *Sunset:* 5:54PM
Nataraja: White
Moon - Orange
Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 7:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43
Ashtami

Vrischika Rasi: 8.58 Tihi 23

Gulika 12:44PM - 2:02PM
Yama 10:09AM - 11:26AM
Rahu 3:20PM - 4:38PM

Anuradha Until 8:29PM
Vyaghata* Until 8:11AM
Balava Until 2:26PM
Ashtami* Until 2:47AM Wed

Ganesh: Yellow *Sunrise:* 7:33AM
Muruga: Clear *Sunset:* 5:56PM
Nataraja: White
Moon - Orange
Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 8:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

6

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Navamyam Titau

Moscow, Russia

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43
Navami

Vrischika Rasi: 21.38 Tihi 24

Gulika 11:26AM - 12:44PM
Yama 8:49AM - 10:07AM
Rahu 12:44PM - 2:03PM

Jyeshtha* Until 10:01PM
Harshana Until 10:01PM
Taitila Until 3:23PM
Navami* Until 4:08AM Thu

Ganesh: Blue *Sunrise:* 7:30AM
Muruga: Clear *Sunset:* 5:58PM
Nataraja: White
Moon - Orange
Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 10:01PM

Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Moscow, Russia Sun 8 Sutra 319	
Dhanus Rasi: 3.58	Tithi 25	Gulika	10:06AM – 11:25AM	Mula* Until 12:33AM Fri	Ganesh: Red	<i>Sunrise:</i> 7:28AM		Vilamba 5120	
		Yama	7:28AM – 8:47AM	Vajra* Until 7:39AM	Muruga: Clear	<i>Sunset:</i> 6:00PM		Moon 2 - Phase 44	
		988273367 Rahu	2:03PM – 3:22PM	Vanija Until 5:05PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 6:07AM Fri	Moon – Light Blue			Devaloka Day	
Until 12:33AM Fri					Magha-Masi				
Then Routine Work - Prabalarishta Yoga									

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Moscow, Russia Sun 9 Sutra 320	
Dhanus Rasi: 16.03	Tithi 25 – 26	Gulika	8:43AM – 10:03AM	Purvashadha* Until 3:22AM Sat	Ganesh: Red	<i>Sunrise:</i> 7:23AM		Vilamba 5120	
		Yama	3:24PM – 4:44PM	Siddhi Until 8:09AM	Muruga: Clear	<i>Sunset:</i> 6:04PM		Moon 2 - Phase 44	
		988273367 Rahu	11:24AM – 12:44PM	Bava Until 7:19PM	Nataraja: White			2nd Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 6:07AM	Moon – Light Blue			Devaloka Day	
Until 3:22AM Sat					Magha-Masi				
Then Routine Work - Marana Yoga									

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava Karana Ekadashi/Dvadashyam Titau		Moscow, Russia Sun 10 Sutra 321	
Dhanus Rasi: 27.57	Tithi 26 – 27	Gulika	7:21AM – 8:41AM	Uttarashadha Until 6:19AM Sun	Ganesh: Red	<i>Sunrise:</i> 7:21AM		Vilamba 5120	
		Yama	2:04PM – 3:25PM	Vyatipata* Until 8:59AM	Muruga: Clear	<i>Sunset:</i> 6:06PM		Moon 2 - Phase 44	
		988273367 Rahu	10:02AM – 11:23AM	Balava Until 8:34AM	Nataraja: White			2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 8:34AM	Moon – Light Blue			Devaloka Day	
Until 6:19AM Sun					Magha-Masi				
Then Creative Work - Amrita Yoga									

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Moscow, Russia Sun 11 Sutra 322	
Makara Rasi: 9.45	Tithi 27 – 28	Gulika	3:26PM – 4:47PM	Uttarashadha Until 6:19AM	Ganesh: Red	<i>Sunrise:</i> 7:18AM		Vilamba 5120	
		Yama	12:43PM – 2:05PM	Variyan Until 9:58AM	Muruga: Clear	<i>Sunset:</i> 6:08PM		Moon 2 - Phase 44	
		988273367 Rahu	4:47PM – 6:08PM	Gara Until 12:39AM Mon	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 11:15AM	Moon – Light Blue			Devaloka Day	
Until 9:40AM					Magha-Masi				
Then Creative Work - Amrita Yoga									

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Moscow, Russia Sun 12 Sutra 323	
Makara Rasi: 21.31	Tithi 28 – 29	Gulika	2:05PM – 3:27PM	Shravana Until 9:40AM	Ganesh: Yellow	<i>Sunrise:</i> 7:16AM		Vilamba 5120	
Family Home Evening		Yama	11:21AM – 12:43PM	Parigha* Until 11:02AM	Muruga: Clear	<i>Sunset:</i> 6:10PM		Moon 2 - Phase 44	
		998273367 Rahu	8:38AM – 9:59AM	Visti Until 3:22AM Tue	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 2:00PM	Moon – Purple			Devaloka Day	
Until 9:40AM					Magha-Masi				
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)							
		Mahasivaratri (Solar)							

6		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau		Moscow, Russia Sun 13 Sutra 324	
Kumbha Rasi: 3.19	Tithi 29 – 30	Gulika	12:43PM – 2:05PM	Dhanishtha Until 12:47PM	Ganesh: Clear	<i>Sunrise:</i> 7:13AM		Vilamba 5120	
		Yama	9:58AM – 11:20AM	Shiva Until 12:03PM	Muruga: Clear	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 44	
		199273367 Rahu	3:28PM – 4:50PM	Sakuni Until 4:39PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 4:39PM	Moon – Purple			Devaloka Day	
Until 12:47PM					Magha-Masi				
Then Routine Work - Marana Yoga									

Retreat Star		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga* Karana Amavasyayam Titau		Moscow, Russia Sun 14 Sutra 325	
Kumbha Rasi: 15.1	Tithi 30	Gulika	11:20AM – 12:43PM	Shatabhishak Until 3:33PM	Ganesh: Clear	<i>Sunrise:</i> 7:11AM		Vilamba 5120	
		Yama	8:34AM – 9:57AM	Siddha Until 12:53PM	Muruga: Clear	<i>Sunset:</i> 6:14PM		Moon 2 - Phase 44	
		199273367 Rahu	12:43PM – 2:06PM	Naga Until 7:06PM	Nataraja: White			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 7:06PM	Moon – Purple			Devaloka Day	
Until 3:33PM					Magha-Masi				
Then Creative Work - Amrita Yoga									

Retreat Star		Thursday, March 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Moscow, Russia Sun 15 Sutra 326	
Kumbha Rasi: 27.07	Tithi 1	Gulika	9:55AM – 11:19AM	Purvaproshtapada* Until 6:24PM	Ganesh: Yellow	<i>Sunrise:</i> 7:08AM		Vilamba 5120	
		Yama	7:08AM – 8:32AM	Sadhya Until 1:32PM	Muruga: Clear	<i>Sunset:</i> 6:17PM		Moon 2 - Phase 44	
		119373367 Rahu	2:06PM – 3:29PM	Kintughna Until 8:14AM	Nataraja: White			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 9:15PM	Moon – Clear			Devaloka Day	
					Phalguna-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Moscow, Russia Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 22.47	Tithi 10	Gulika 6:45AM – 8:14AM	Punarvasu Until 11:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:45AM	
		Yama 2:09PM – 3:37PM	Sobhana Until 2:00AM Sun	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 46
		141373368 Rahu 9:43AM – 11:11AM	Taitila Until 10:14AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:02PM	Moon – Blue		Sivaloka Day
				Phalguna •Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Moscow, Russia Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 7.08	Tithi 11	Gulika 3:38PM – 5:08PM	Pushya Until 9:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:43AM	
		Yama 12:40PM – 2:09PM	Athiganda* Until 10:29PM	Muruga: Clear	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 46
		141373368 Rahu 5:08PM – 6:37PM	Vanija Until 7:44AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:16PM	Moon – Blue		Sivaloka Day
				Phalguna •Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Moscow, Russia Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 21.5	Tithi 12 – 13	Gulika 2:09PM – 3:39PM	Ashlesha* Until 7:01PM	Ganesh: Clear	<i>Sunrise:</i> 6:40AM	
Family Home Evening		Yama 11:10AM – 12:39PM	Sukarma Until 6:40PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 46
		141373368 Rahu 8:10AM – 9:40AM	Kaulava Until 1:26AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:07PM	Moon – Blue		Sivaloka Day
Until 7:01PM		Yogaswami Mahasamadhi		Phalguna •Panguni		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Moscow, Russia Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 6.46	Tithi 13 – 14	Gulika 12:39PM – 2:10PM	Magha* Until 4:27PM	Ganesh: White	<i>Sunrise:</i> 6:37AM	
		Yama 9:38AM – 11:09AM	Dhriti Until 2:40PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 46
		151373368 Rahu 3:40PM – 5:10PM	Gara Until 9:56PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:41AM	Moon – Red		Subha Sivaloka Day
				Phalguna •Panguni		

○ Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Moscow, Russia Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 11:08AM – 12:39PM	Purvaphalguni Until 1:40PM	Ganesh: White	<i>Sunrise:</i> 6:35AM	
Simha Rasi: 21.5	Tithi 14 – 15	Yama 8:06AM – 9:37AM	Shula* Until 10:34AM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46
		151373368 Rahu 12:39PM – 2:10PM	Visti Until 6:23PM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 8:08AM	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna •Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Prathamayam Titau				Moscow, Russia Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 9:35AM – 11:07AM	Uttaraphalguni Until 10:50AM	Ganesh: White	<i>Sunrise:</i> 6:32AM	
Kanya Rasi: 6.53	Tithi 16	Yama 6:32AM – 8:04AM	Ganda* Until 6:31AM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46
		151373368 Rahu 2:10PM – 3:42PM	Balava Until 2:57PM	Nataraja: Clear		Prathama
	Amrita Yoga		Prathama* Until 1:19AM Fri	Moon – Red		Subha Sivaloka Day
Until 10:50AM				Phalguna •Panguni		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Moscow, Russia

Sutra 341

Kanya Rasi: 21.46 Tiithi 17

Gulika 8:02AM – 9:34AM
Yama 3:43PM – 5:15PM
Rahu 11:06AM – 12:38PMHasta Until 8:33AM
Dhruva Until 11:08PM
Tailila Until 11:49AMGanesh: Yellow Sunrise: 6:30AM
Muruga: White Sunset: 6:47PM
Nataraja: ClearMoon 3 - Phase 47
1st PhaseCreative Work Amrita Yoga
Until 8:33AM

Dvitiya Until 10:24PM

Moon – Green
Phalguna•Panguni

Devaloka Day

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Moscow, Russia

Sun 1 Sutra 342

Tula Rasi: 6.19 Tiithi 18

Gulika 6:27AM – 8:00AM
Yama 2:11PM – 3:43PM
Rahu 9:33AM – 11:05AMChitra Until 6:33AM
Vyaghata* Until 8:03PM
Vanija Until 9:09AMGanesh: Blue Sunrise: 6:27AM
Muruga: White Sunset: 6:49PM
Nataraja: ClearMoon 3 - Phase 47
1st PhaseRoutine Work Marana Yoga
Until 6:33AM

Tritiya Until 8:02PM

Moon – Green
Phalguna•Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Then Creative Work - Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthayam Titau

Moscow, Russia

Sun 2 Sutra 343

Tula Rasi: 20.28 Tiithi 19

Gulika 3:44PM – 5:17PM
Yama 12:38PM – 2:11PM
Rahu 5:17PM – 6:51PMVishakha Until 4:31AM Mon
Harshana Until 5:33PM
Bava Until 7:07AMGanesh: Red Sunrise: 6:25AM
Muruga: White Sunset: 6:51PM
Nataraja: ClearMoon 3 - Phase 47
1st PhaseRoutine Work Marana Yoga
Until 4:31AM Mon

Chaturthi* Until 6:21PM

Moon – Orange
Phalguna•Panguni

Devaloka Day

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Moscow, Russia

Sun 3 Sutra 344

Vrischika Rasi: 4.09 Tiithi 20 – 21

Gulika 2:11PM – 3:45PM
Yama 11:03AM – 12:37PM
Rahu 7:56AM – 9:30AMAnuradha Until 4:43AM Tue
Vajra* Until 3:41PM
Gara Until 5:24AM TueGanesh: Red Sunrise: 6:22AM
Muruga: White Sunset: 6:53PM
Nataraja: ClearMoon 3 - Phase 47
1st PhaseFamily Home Evening
Creative Work Siddha Yoga
Until 4:43AM Tue

Panchami Until 5:29PM

Moon – Orange
Phalguna•Panguni

Devaloka Day

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia

Sun 4 Sutra 345

Vrischika Rasi: 17.21 Tiithi 21 – 22

Gulika 12:37PM – 2:11PM
Yama 9:28AM – 11:03AM
Rahu 3:46PM – 5:20PMJyeshtha* Until 5:37AM Wed
Siddhi Until 2:31PM
Visti Until 5:52AM WedGanesh: Red Sunrise: 6:19AM
Muruga: White Sunset: 6:55PM
Nataraja: ClearMoon 3 - Phase 47
1st Phase

Routine Work Marana Yoga

Shashthi* Until 5:30PM

Moon – Orange
Phalguna•Panguni

Devaloka Day

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Saptamyam Titau

Moscow, Russia

Sun 5 Sutra 346

Dhanus Rasi: 0.06 Tiithi 22

Gulika 11:02AM – 12:37PM
Yama 7:52AM – 9:27AM
Rahu 12:37PM – 2:12PMMula* Until 7:38AM Thu
Vyatipata* Until 7:38AM Thu
Kaulava Until 19:64AM ThuGanesh: Green Sunrise: 6:17AM
Muruga: White Sunset: 6:57PM
Nataraja: ClearMoon 3 - Phase 47
1st PhaseRoutine Work Marana Yoga
Until 7:38AM Thu

Saptami Until 6:24PM

Moon – Light Blue
Phalguna•Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia

Sun 6 Sutra 347

Dhanus Rasi: 12.29 Tiithi 23

Gulika 9:25AM – 11:01AM
Yama 6:14AM – 7:50AM
Rahu 2:12PM – 3:48PMMula* Until 7:38AM
Variyan Until 2:09PM
Balava Until 7:10AMGanesh: Green Sunrise: 6:14AM
Muruga: White Sunset: 6:59PM
Nataraja: ClearMoon 3 - Phase 47
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 8:04PM

Moon – Light Blue
Phalguna•Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Moscow, Russia

Sun 7 Sutra 348

Dhanus Rasi: 24.35 Tiithi 24

Gulika 7:48AM – 9:24AM
Yama 3:48PM – 5:25PM
Rahu 11:00AM – 12:36PMPurvashadha* Until 10:10AM
Parigha* Until 2:45PM
Tailila Until 9:09AMGanesh: Green Sunrise: 6:12AM
Muruga: Yellow Sunset: 7:01PM
Nataraja: PurpleMoon 3 - Phase 47
NavamiRoutine Work Prabalarishta Yoga
Until 10:10AM

Navami* Until 10:19PM

Moon – Light Blue
Phalguna•Panguni

Devaloka Day

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Moscow, Russia Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 6.29	Tithi 25	Gulika	6:09AM – 7:46AM	Uttarashadha Until 12:57PM	Ganesha: Green <i>Sunrise:</i> 6:09AM		
		Yama	2:13PM – 3:49PM	Shiva Until 3:42PM	Muruga: Yellow <i>Sunset:</i> 7:03PM	Moon 3 - Phase 48	
		182383468 Rahu	9:22AM – 10:59AM	Vanija Until 11:36AM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Dashami Until 12:54AM Sun	Moon – Light Blue	Devaloka Day	
Until 12:57PM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Moscow, Russia Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 18.17	Tithi 26	Gulika	3:50PM – 5:27PM	Shravana Until 4:17PM	Ganesha: Orange <i>Sunrise:</i> 6:06AM		
		Yama	12:36PM – 2:13PM	Siddha Until 4:45PM	Muruga: Yellow <i>Sunset:</i> 7:05PM	Moon 3 - Phase 48	
		192383468 Rahu	5:27PM – 7:05PM	Bava Until 2:17PM	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Ekadashi* Until 3:36AM Mon	Moon – Purple	Sivaloka Day	
Until 4:17PM					Phalguna•Panguni		
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Tailila Karana Dvadashyam Titau	Moscow, Russia Sun 10 Sutra 351 Vilamba 5120
Kumbha Rasi: 0.04	Tithi 27	Gulika	2:13PM – 3:50PM	Dhanishtha Until 7:25PM	Ganesha: Green <i>Sunrise:</i> 6:06AM		
Family Home Evening		Yama	10:58AM – 12:36PM	Sadhya Until 5:47PM	Muruga: Yellow <i>Sunset:</i> 7:05PM	Moon 3 - Phase 48	
		192483468 Rahu	7:44AM – 9:21AM	Kaulava Until 4:56PM	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 6:11AM Tue	Moon – Purple	Subha Sivaloka Day	
					Phalguna•Panguni		

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Moscow, Russia Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 11.53	Tithi 27 – 28	Gulika	12:35PM – 2:13PM	Shatabhishak Until 10:10PM	Ganesha: Green <i>Sunrise:</i> 6:04AM		
		Yama	9:19AM – 10:57AM	Subha Until 6:41PM	Muruga: Yellow <i>Sunset:</i> 7:07PM	Moon 3 - Phase 48	
		192483468 Rahu	3:51PM – 5:29PM	Gara Until 7:23PM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Dvadashi* Until 6:11AM	Moon – Purple	Subha Sivaloka Day	
					Phalguna•Panguni		
					<i>Pradosha Vrata (Fasting)</i>		

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Moscow, Russia Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 23.49	Tithi 28 – 29	Gulika	10:56AM – 12:35PM	Purvaproshtapada* Until 12:55AM Thu	Ganesha: Orange <i>Sunrise:</i> 6:01AM		
		Yama	7:40AM – 9:18AM	Sukla Until 7:17PM	Muruga: Yellow <i>Sunset:</i> 7:09PM	Moon 3 - Phase 48	
		112483468 Rahu	12:35PM – 2:13PM	Visti Until 9:30PM	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 8:28AM	Moon – Clear	Sivaloka Day	
Until 12:55AM Thu					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Moscow, Russia Sun 13 Sutra 354 Vilamba 5120
Retreat Star		Gulika	9:17AM – 10:56AM	Uttaraproshtapada Until 3:06AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:59AM		
Meena Rasi: 5.53	Tithi 29 – 30	Yama	5:59AM – 7:38AM	Brahma Until 7:36PM	Muruga: Yellow <i>Sunset:</i> 7:11PM	Moon 3 - Phase 48	
		112483468 Rahu	2:14PM – 3:53PM	Catuspada Until 11:11PM	Nataraja: Purple	Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 10:22AM	Moon – Clear	Sivaloka Day	
					Phalguna•Panguni		

Retreat Star		Friday, April 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Moscow, Russia Sun 14 Sutra 355 Vilamba 5120
Meena Rasi: 18.09	Tithi 30 – 1	Gulika	7:36AM – 9:15AM	Revati Until 4:42AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:56AM		
		Yama	3:53PM – 5:33PM	Indra Until 7:37PM	Muruga: Yellow <i>Sunset:</i> 7:13PM	Moon 3 - Phase 48	
		112483468 Rahu	10:55AM – 12:34PM	Kintughna Until 12:27AM Sat	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 11:51AM	Moon – Clear	Sivaloka Day	
		Yugadhi			Chaitra•Panguni		

1	Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Moscow, Russia
	Mesha Rasi: 0.35	Tithi 1 – 2	Gulika 5:53AM – 7:34AM	Ashvini Until 6:13AM Sun	Ganesh: Purple <i>Sunrise:</i> 5:53AM	Sun 15	Sutra 356
	123483468		Yama 2:14PM – 3:54PM	Vaidhriti* Until 7:15PM	Muruga: Yellow <i>Sunset:</i> 7:15PM		Vilamba 5120
Creative Work	Siddha Yoga		Balava Until 1:17AM Sun	Nataraja: Purple		Moon 3 - Phase 49	
Until 6:13AM Sun		Rahu 9:14AM – 10:54AM	Prathama* Until 12:54PM	Moon – White	Devaloka Day		3rd Phase
Then Routine Work - Prabalarishta Yoga		Chellappaswami Mahasamadhi		Chaitra•Panguni			

2	Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Moscow, Russia
	Mesha Rasi: 13.12	Tithi 2 – 3	Gulika 3:55PM – 5:36PM	Ashvini Until 6:13AM	Ganesh: Purple <i>Sunrise:</i> 5:51AM	Sun 16	Sutra 357
	123483468		Yama 12:34PM – 2:14PM	Vishkambha* Until 6:36PM	Muruga: Yellow <i>Sunset:</i> 7:17PM		Vilamba 5120
Creative Work	Siddha Yoga		Taitila Until 1:42AM Mon	Nataraja: Purple		Moon 3 - Phase 49	
Until 6:13AM		Rahu 5:36PM – 7:17PM	Dvitiya Until 1:31PM	Moon – White	Devaloka Day		3rd Phase
Then Routine Work - Prabalarishta Yoga				Chaitra•Panguni			

3	Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Moscow, Russia
	Mesha Rasi: 26.01	Tithi 3 – 4	Gulika 2:15PM – 3:56PM	Bharani Until 7:12AM	Ganesh: Purple <i>Sunrise:</i> 5:48AM	Sun 17	Sutra 358
	123483468		Yama 10:52AM – 12:33PM	Priti Until 5:40PM	Muruga: Yellow <i>Sunset:</i> 7:19PM		Vilamba 5120
Family Home Evening		Rahu 7:30AM – 9:11AM	Vanija Until 1:45AM Tue	Nataraja: Purple		Moon 3 - Phase 49	
Creative Work	Siddha Yoga		Tritiya Until 1:45PM	Moon – White	Devaloka Day		3rd Phase
Until 7:12AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

4	Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Moscow, Russia
	Vrishabha Rasi: 9	Tithi 4 – 5	Gulika 12:33PM – 2:15PM	Krittika Until 7:39AM	Ganesh: Purple <i>Sunrise:</i> 5:46AM	Sun 18	Sutra 359
	123483468		Yama 9:09AM – 10:51AM	Ayushman Until 4:25PM	Muruga: Yellow <i>Sunset:</i> 7:21PM		Vilamba 5120
Creative Work	Siddha Yoga		Bava Until 24:86	Nataraja: Purple		Moon 3 - Phase 49	
Until 7:39AM		Rahu 3:57PM – 5:39PM	Chaturthi* Until 5:40PM	Moon – White	Devaloka Day		3rd Phase
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

5	Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Moscow, Russia
	Vrishabha Rasi: 22.11	Tithi 5 – 6	Gulika 10:50AM – 12:33PM	Rohini Until 8:03AM	Ganesh: Clear <i>Sunrise:</i> 5:43AM	Sun 19	Sutra 360
	123483468		Yama 7:26AM – 9:08AM	Saubhagya Until 2:53PM	Muruga: Yellow <i>Sunset:</i> 7:23PM		Vilamba 5120
Creative Work	Siddha Yoga		Kaulava Until 12:44AM Thu	Nataraja: Purple		Moon 3 - Phase 49	
Until 7:39AM		Rahu 12:33PM – 2:15PM	Panchami Until 1:07PM	Moon – Yellow	Sivaloka Day		3rd Phase
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

6	Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Moscow, Russia
	Mithuna Rasi: 5.34	Tithi 6 – 7	Gulika 9:07AM – 10:50AM	Mrigashira Until 7:56AM	Ganesh: Clear <i>Sunrise:</i> 5:41AM	Sun 20	Sutra 361
	123483468		Yama 5:41AM – 7:24AM	Sobhana Until 1:04PM	Muruga: Yellow <i>Sunset:</i> 7:25PM		Vilamba 5120
Routine Work	Marana Yoga		Gara Until 11:39PM	Nataraja: Purple		Moon 3 - Phase 49	
Until 7:39AM		Rahu 2:16PM – 3:59PM	Shashthi* Until 12:14PM	Moon – Yellow	Sivaloka Day		3rd Phase
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

D	Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Moscow, Russia
	Mithuna Rasi: 19.11	Tithi 7 – 8	Gulika 7:22AM – 9:05AM	Ardra Until 7:16AM	Ganesh: Clear <i>Sunrise:</i> 5:38AM	Sun 21	Sutra 362
	123483468		Yama 3:59PM – 5:43PM	Athiganda* Until 10:53AM	Muruga: Yellow <i>Sunset:</i> 7:27PM		Vilamba 5120
Creative Work	Siddha Yoga		Visti Until 10:08PM	Nataraja: Purple		Moon 3 - Phase 49	
Until 7:39AM		Rahu 10:49AM – 12:32PM	Saptami Until 10:56AM	Moon – Yellow	Sivaloka Day		Ashtami
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

D	Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Moscow, Russia
	Kataka Rasi: 3.02	Tithi 8 – 9	Gulika 5:36AM – 7:20AM	Punarvasu Until 6:29AM	Ganesh: White <i>Sunrise:</i> 5:36AM	Sun 22	Sutra 363
	123483468		Yama 2:16PM – 4:00PM	Sukarma Until 8:23AM	Muruga: Yellow <i>Sunset:</i> 7:28PM		Vilamba 5120
Creative Work	Siddha Yoga		Balava Until 8:13PM	Nataraja: Purple		Moon 3 - Phase 49	
Until 7:39AM		Rahu 9:04AM – 10:48AM	Ashtami* Until 9:13AM	Moon – Blue	Devaloka Day		Navami
Then Creative Work - Amrita Yoga		Sri Rama Navami		Chaitra•Panguni			

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Moscow, Russia
Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Sun 23		Sutra 364		Vikarin 5121
Kataka Rasi: 17.1	Tithi 9 – 10	Gulika 4:01PM – 5:46PM	Ashlesha* Until 3:19AM Mon	Ganesha: White	<i>Sunrise:</i> 5:33AM	
		Yama 12:32PM – 2:16PM	Shula* Until 2:27AM Mon	Muruga: Yellow	<i>Sunset:</i> 7:30PM	Moon 3 - Phase 1
	143483468	Rahu 5:46PM – 7:30PM	Gara Until 4:37AM Mon	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:06AM	Moon – Blue		Devaloka Day
Until 3:19AM Mon		Tamil New Year		Chaitra*Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Moscow, Russia
Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 1		Vikarin 5121
Simha Rasi: 1.31	Tithi 11	Gulika 2:17PM – 4:02PM	Magha* Until 1:27AM Tue	Ganesha: White	<i>Sunrise:</i> 5:31AM	
Family Home Evening		Yama 10:46AM – 12:32PM	Ganda* Until 11:05PM	Muruga: Yellow	<i>Sunset:</i> 7:32PM	Moon 3 - Phase 1
	253483468	Rahu 7:16AM – 9:01AM	Vanija Until 3:16PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 1:50AM Tue	Moon – Red		Devaloka Day
Until 1:27AM Tue				Chaitra*Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Moscow, Russia
Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 2		Vikarin 5121
Simha Rasi: 16.05	Tithi 12	Gulika 12:31PM – 2:17PM	Purvaphalguni Until 11:16PM	Ganesha: White	<i>Sunrise:</i> 5:28AM	
		Yama 9:00AM – 10:46AM	Vriddhi Until 7:33PM	Muruga: Yellow	<i>Sunset:</i> 7:34PM	Moon 3 - Phase 1
	253483468	Rahu 4:03PM – 5:49PM	Bava Until 12:23PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:52PM	Moon – Red		Devaloka Day
Until 11:16PM				Chaitra*Chaitra		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Moscow, Russia
Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 3		Vikarin 5121
Kanya Rasi: 0.47	Tithi 13	Gulika 10:45AM – 12:31PM	Uttaraphalguni Until 8:53PM	Ganesha: White	<i>Sunrise:</i> 5:26AM	
		Yama 7:12AM – 8:58AM	Dhruva Until 3:56PM	Muruga: Yellow	<i>Sunset:</i> 7:36PM	Moon 3 - Phase 1
	253483468	Rahu 12:31PM – 2:17PM	Kaulava Until 9:22AM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 7:50PM	Moon – Red		Devaloka Day
Until 8:53PM				Chaitra*Chaitra		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Moscow, Russia
Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 4		Vikarin 5121
Kanya Rasi: 15.29	Tithi 14 – 15	Gulika 8:57AM – 10:44AM	Hasta Until 6:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	
		Yama 5:23AM – 7:10AM	Vyaghata* Until 12:22PM	Muruga: Yellow	<i>Sunset:</i> 7:38PM	Moon 3 - Phase 1
	263483468	Rahu 2:18PM – 4:05PM	Gara Until 6:22AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:53PM	Moon – Green		Sivaloka Day
Until 6:51PM				Chaitra*Chaitra		
Then Creative Work - Siddha Yoga						

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Moscow, Russia
Copper Retreat Star		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 27		Sutra 4
Tula Rasi: 0.05	Tithi 15 – 16	Gulika 7:08AM – 8:56AM	Chitra Until 4:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM	Vikarin 5121
		Yama 4:06PM – 5:53PM	Harshana Until 8:59AM	Muruga: Yellow	<i>Sunset:</i> 7:40PM	Moon 3 - Phase 1
	263483468	Rahu 10:43AM – 12:31PM	Balava Until 12:57AM Sat	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:09PM	Moon – Green		Sivaloka Day
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
		Hanuman Jayanti				

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Moscow, Russia
Silver Retreat Star		Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 28		Sutra 5
Tula Rasi: 14.26	Tithi 16 – 17	Gulika 5:18AM – 7:06AM	Svati Until 3:17PM	Ganesha: Red	<i>Sunrise:</i> 5:18AM	Vikarin 5121
		Yama 2:18PM – 4:06PM	Siddhi Until 3:09AM Sun	Muruga: Yellow	<i>Sunset:</i> 7:42PM	Moon 3 - Phase 1
	264483468	Rahu 8:54AM – 10:42AM	Taitila Until 10:51PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:49AM	Moon – Green		Sivaloka Day
				Chaitra*Chaitra		