



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy
Sutra 16

Vrischika Rasi: 0.29 Tiithi 17

Gulika 12:21PM – 2:08PM
Yama 8:47AM – 10:34AM
Rahu 3:55PM – 5:42PM

Vishakha Until 11:23AM
Variyan Until 4:48AM Wed
Taitila Until 2:40PM
Dvitiya Until 3:09AM Wed

Ganesha: Purple *Sunrise:* 5:13AM
Muruga: White *Sunset:* 7:29PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 11:23AM
Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy
Sun 1 Sutra 17

Vrischika Rasi: 13.01 Tiithi 18

Gulika 10:34AM – 12:21PM
Yama 6:59AM – 8:46AM
Rahu 12:21PM – 2:08PM

Anuradha Until 1:05PM
Parigha* Until 4:56AM Thu
Vanija Until 16:90AM Thu
Tritiya Until 4:48AM Wed

Ganesha: Purple *Sunrise:* 5:11AM
Muruga: White *Sunset:* 7:30PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy
Sun 2 Sutra 18

Vrischika Rasi: 25.17 Tiithi 19

Gulika 8:45AM – 10:33AM
Yama 5:10AM – 6:58AM
Rahu 2:08PM – 3:56PM

Jyeshtha* Until 3:08PM
Shiva Until 5:28AM Fri
Bava Until 5:30PM
Chaturthi* Until 6:30AM Fri

Ganesha: Clear *Sunrise:* 5:10AM
Muruga: White *Sunset:* 7:32PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 3:08PM
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy
Sun 3 Sutra 19

Dhanus Rasi: 7.22 Tiithi 19 – 20

Gulika 6:57AM – 8:45AM
Yama 3:57PM – 5:45PM
Rahu 10:33AM – 12:21PM

Mula* Until 5:59PM
Siddha Until 6:17AM Sat
Kaulava Until 7:39PM
Chaturthi* Until 6:30AM

Ganesha: White *Sunrise:* 5:08AM
Muruga: White *Sunset:* 7:33PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 5:59PM
Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy
Sun 4 Sutra 20

Dhanus Rasi: 19.16 Tiithi 20 – 21

Gulika 5:07AM – 6:55AM
Yama 2:09PM – 3:57PM
Rahu 8:44AM – 10:32AM

Purvashadha* Until 8:59PM
Siddha Until 6:17AM
Gara Until 10:07PM
Panchami Until 8:50AM

Ganesha: White *Sunrise:* 5:07AM
Muruga: White *Sunset:* 7:34PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 8:59PM
Then Routine Work - Marana Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy
Sun 5 Sutra 21

Makara Rasi: 1.05 Tiithi 21 – 22

Gulika 3:58PM – 5:47PM
Yama 12:20PM – 2:09PM
Rahu 5:47PM – 7:35PM

Uttarashadha Until 11:55PM
Sadhya Until 7:18AM
Visti Until 12:42AM Mon
Shashthi* Until 11:23AM

Ganesha: White *Sunrise:* 5:06AM
Muruga: White *Sunset:* 7:35PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga

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Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy
Sun 6 Sutra 22

Makara Rasi: 12.54 Tiithi 22 – 23

Gulika 2:09PM – 3:59PM
Yama 10:31AM – 12:20PM
Rahu 6:53AM – 8:42AM

Shravana Until 3:04AM Tue
Subha Until 8:22AM
Balava Until 3:08AM Tue
Saptami Until 1:56PM

Ganesha: Yellow *Sunrise:* 5:04AM
Muruga: White *Sunset:* 7:37PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 3:04AM Tue
Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Milan, Italy
Sun 7 Sutra 23

Makara Rasi: 24.47 Tiithi 23 – 24

Gulika 12:20PM – 2:10PM
Yama 8:42AM – 10:31AM
Rahu 3:59PM – 5:48PM

Dhanishtha Until 5:40AM Wed
Sukla Until 5:40AM Wed
Gara Until 17:57AM Wed
Ashtami* Until 4:12PM

Ganesha: Yellow *Sunrise:* 5:03AM
Muruga: White *Sunset:* 7:38PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Wednesday, May 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Milan, Italy Sun 8 Sutra 24	
Kumbha Rasi: 6.49	Tithi 24 – 25	Gulika 10:31AM – 12:20PM	Shatabhishak Until 7:30AM Thu	Ganesh: Yellow	<i>Sunrise:</i> 5:02AM	Vilamba 5120	
		Yama 6:51AM – 8:41AM	Brahma Until 9:46AM	Muruga: White	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 4	
		294832369 Rahu 12:20PM – 2:10PM	Vanija Until 6:35AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 5:57PM	Moon – Purple		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM	

2		Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau		Milan, Italy Sun 9 Sutra 25	
Kumbha Rasi: 19.07	Tithi 25	Gulika 8:40AM – 10:30AM	Shatabhishak Until 7:30AM	Ganesh: Yellow	<i>Sunrise:</i> 5:00AM	Vilamba 5120	
		Yama 5:00AM – 6:50AM	Indra Until 9:49AM	Muruga: White	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 4	
		294832369 Rahu 2:10PM – 4:00PM	Vanija Until 6:35AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 7:00PM	Moon – Purple		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM	

3		Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Milan, Italy Sun 10 Sutra 26	
Meena Rasi: 1.46	Tithi 26	Gulika 6:49AM – 8:40AM	Purvaproshtapada* Until 8:55AM	Ganesh: Yellow	<i>Sunrise:</i> 4:59AM	Vilamba 5120	
		Yama 4:01PM – 5:51PM	Vaidhriti* Until 9:14AM	Muruga: White	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 4	
		214832369 Rahu 10:30AM – 12:20PM	Bava Until 7:14AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 7:14PM	Moon – Clear		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM	

4		Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau		Milan, Italy Sun 11 Sutra 27	
Meena Rasi: 14.47	Tithi 27	Gulika 4:58AM – 6:48AM	Uttaraproshtapada Until 9:22AM	Ganesh: Blue	<i>Sunrise:</i> 4:58AM	Vilamba 5120	
		Yama 2:11PM – 4:01PM	Vishkambha* Until 8:01AM	Muruga: White	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 4	
		214932369 Rahu 8:39AM – 10:30AM	Kaulava Until 7:03AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 6:39PM	Moon – Clear		Bhuloka Day	
Until 9:22AM				Vaisaka-Chaitra			
Then Routine Work - Prabalarishta Yoga							

5		Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 12 Sutra 28	
Meena Rasi: 28.16	Tithi 28 – 29	Gulika 4:02PM – 5:53PM	Revati Until 8:53AM	Ganesh: Blue	<i>Sunrise:</i> 4:56AM	Vilamba 5120	
		Yama 12:20PM – 2:11PM	Priti Until 6:10AM	Muruga: White	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 4	
		214932369 Rahu 5:53PM – 7:44PM	Gara Until 6:05AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 5:18PM	Moon – Clear		Bhuloka Day	
Until 8:53AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga		Mother's Day	<i>Pradosha Vrata (Fasting)</i>				

6		Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sun 13 Sutra 29	
Mesha Rasi: 12.08	Tithi 29 – 30	Gulika 2:11PM – 4:03PM	Ashvini Until 8:01AM	Ganesh: Blue	<i>Sunrise:</i> 4:55AM	Vilamba 5120	
Family Home Evening		Yama 10:29AM – 12:20PM	Saubhagya Until 12:51AM Tue	Muruga: White	<i>Sunset:</i> 7:45PM	Moon 4 - Phase 4	
		224932369 Rahu 6:46AM – 8:38AM	Catuspada Until 2:09AM Tue	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:20PM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi			

Retreat Star		Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Milan, Italy Sun 14 Sutra 30	
Mesha Rasi: 26.23	Tithi 30 – 1	Gulika 12:20PM – 2:12PM	Bharani Until 6:28AM	Ganesh: Blue	<i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 8:37AM – 10:29AM	Sobhana Until 9:37PM	Muruga: White	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 4	
		224932369 Rahu 4:03PM – 5:55PM	Kintughna Until 11:29PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 12:51PM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi			

Retreat Star		Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 15 Sutra 31	
Vrishabha Rasi: 10.53	Tithi 1 – 2	Gulika 10:28AM – 12:20PM	Rohini Until 2:20AM Thu	Ganesh: Yellow	<i>Sunrise:</i> 4:53AM	Vilamba 5120	
		Yama 6:45AM – 8:37AM	Athiganda* Until 6:08PM	Muruga: White	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 4	
		235932369 Rahu 12:20PM – 2:12PM	Balava Until 8:33PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 10:01AM	Moon – Yellow		Bhuloka Day	
Until 2:20AM Thu				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1 Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
Vrishabha Rasi: 25.34 Tithi 2 – 3		Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Sun 16 Sutra 32
235932369		Gulika 8:36AM – 10:28AM	Mrigashira Until 12:05AM Fri	Ganesh: Yellow <i>Sunrise:</i> 4:52AM	Vilamba 5120	
Routine Work Marana Yoga		Yama 4:52AM – 6:44AM	Sukarma Until 2:34PM	Muruga: White <i>Sunset:</i> 7:48PM	Moon 4 - Phase 5	
Until 12:05AM Fri		Rahu 2:12PM – 4:04PM	Gara Until 3:58AM Fri	Nataraja: Purple	3rd Phase	
Then Creative Work - Siddha Yoga			Dvitiya Until 7:01AM	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM	

2 Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Milan, Italy
Mithuna Rasi: 10.17 Tithi 4		Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Sun 17 Sutra 33
235932369		Gulika 6:43AM – 8:35AM	Ardra Until 9:46PM	Ganesh: Yellow <i>Sunrise:</i> 4:51AM	Vilamba 5120	
Creative Work Siddha Yoga		Yama 4:05PM – 5:57PM	Dhriti Until 11:00AM	Muruga: White <i>Sunset:</i> 7:50PM	Moon 4 - Phase 5	
		Rahu 10:28AM – 12:20PM	Vanija Until 2:29PM	Nataraja: Purple	3rd Phase	
			Chaturthi* Until 1:00AM Sat	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM	

3 Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
Mithuna Rasi: 24.55 Tithi 5		Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 34
245932369		Gulika 4:50AM – 6:42AM	Punarvasu Until 7:55PM	Ganesh: White <i>Sunrise:</i> 4:50AM	Vilamba 5120	
Creative Work Siddha Yoga		Yama 2:13PM – 4:05PM	Shula* Until 7:32AM	Muruga: White <i>Sunset:</i> 7:51PM	Moon 4 - Phase 5	
		Rahu 8:35AM – 10:28AM	Bava Until 11:37AM	Nataraja: Purple	3rd Phase	
			Panchami Until 10:15PM	Moon – Blue	Devaloka Day	
				Jyeshtha Adhika-Vaikasi		

4 Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Kataka Rasi: 9.23 Tithi 6		Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau				Sun 19 Sutra 35
245932369		Gulika 4:06PM – 5:59PM	Pushya Until 6:13PM	Ganesh: White <i>Sunrise:</i> 4:49AM	Vilamba 5120	
Creative Work Siddha Yoga		Yama 12:20PM – 2:13PM	Vriddhi Until 1:17AM Mon	Muruga: White <i>Sunset:</i> 7:52PM	Moon 4 - Phase 5	
		Rahu 5:59PM – 7:52PM	Kaulava Until 9:00AM	Nataraja: Purple	3rd Phase	
			Shashthi* Until 7:48PM	Moon – Blue	Devaloka Day	
				Jyeshtha Adhika-Vaikasi		

5 Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
Kataka Rasi: 23.37 Tithi 7 – 8		Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 36
245932369		Gulika 2:13PM – 4:07PM	Ashlesha* Until 4:44PM	Ganesh: White <i>Sunrise:</i> 4:48AM	Vilamba 5120	
Family Home Evening		Yama 10:27AM – 12:20PM	Dhruva Until 10:35PM	Muruga: White <i>Sunset:</i> 7:53PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 6:41AM – 8:34AM	Gara Until 6:43AM	Nataraja: Purple	3rd Phase	
Until 4:44PM			Saptami Until 5:42PM	Moon – Blue	Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		

Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
Retreat Star		Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 37
Simha Rasi: 7.37 Tithi 8 – 9		Gulika 12:20PM – 2:14PM	Magha* Until 3:55PM	Ganesh: Clear <i>Sunrise:</i> 4:47AM	Vilamba 5120	
235932369		Yama 8:34AM – 10:27AM	Vyaghata* Until 8:13PM	Muruga: White <i>Sunset:</i> 7:54PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 4:07PM – 6:01PM	Balava Until 4:00PM	Nataraja: Purple	Ashtami	
			Ashtami* Until 14:42AM Wed	Moon – Red	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM	

Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 38
Simha Rasi: 21.21 Tithi 9 – 10		Gulika 10:27AM – 12:20PM	Purvaphalguni Until 3:23PM	Ganesh: Clear <i>Sunrise:</i> 4:46AM	Vilamba 5120	
235932369		Yama 6:40AM – 8:33AM	Harshana Until 6:12PM	Muruga: White <i>Sunset:</i> 7:55PM	Moon 4 - Phase 5	
Creative Work Amrita Yoga		Rahu 12:20PM – 2:14PM	Taitila Until 2:13AM Thu	Nataraja: Purple	Navami	
			Navami* Until 2:42PM	Moon – Red	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 23 Sutra 39 Vilamba 5120
Kanya Rasi: 4.51	Tithi 10 – 11	Gulika 8:33AM – 10:27AM	Uttaraphalguni Until 3:05PM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	
		Yama 4:45AM – 6:39AM	Vajra* Until 4:28PM	Muruga: White	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 6
		255932369 Rahu 2:14PM – 4:08PM	Vanija Until 1:31AM Fri	Nataraja: Purple		4th Phase
	Amrita Yoga		Dashami Until 1:48PM	Moon – Red		
Until 3:05PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatiyata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 24 Sutra 40 Vilamba 5120
Kanya Rasi: 18.08	Tithi 11 – 12	Gulika 6:38AM – 8:32AM	Hasta Until 3:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	
		Yama 4:09PM – 6:03PM	Siddhi Until 3:04PM	Muruga: White	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 6
		266932369 Rahu 10:27AM – 12:21PM	Bava Until 1:12AM Sat	Nataraja: Purple		4th Phase
	Creative Work Amrita Yoga		Bava Until 1:12AM Sat	Moon – Green		
Until 3:28PM			Ekadashi Until 1:18PM	Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatiyata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 25 Sutra 41 Vilamba 5120
Tula Rasi: 1.13	Tithi 12 – 13	Gulika 4:43AM – 6:38AM	Chitra Until 4:05PM	Ganesha: Purple	<i>Sunrise:</i> 4:43AM	
		Yama 2:15PM – 4:09PM	Vyatiyata* Until 1:59PM	Muruga: White	<i>Sunset:</i> 7:58PM	Moon 4 - Phase 6
		366932369 Rahu 8:32AM – 10:26AM	Kaulava Until 1:17AM Sun	Nataraja: Purple		4th Phase
	Routine Work Marana Yoga		Dvadashi Until 1:11PM	Moon – Green		
Until 4:05PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Creative Work - Siddha Yoga						
						<i>Pradosha Vrata</i>

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 26 Sutra 42 Vilamba 5120
Tula Rasi: 14.06	Tithi 13 – 14	Gulika 4:10PM – 6:05PM	Svati Until 4:56PM	Ganesha: Purple	<i>Sunrise:</i> 4:43AM	
		Yama 12:21PM – 2:15PM	Variyan Until 1:11PM	Muruga: White	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 6
		366932369 Rahu 6:05PM – 7:59PM	Gara Until 1:46AM Mon	Nataraja: Purple		4th Phase
	Creative Work Siddha Yoga		Trayodashi Until 1:27PM	Moon – Green		
Until 4:56PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Routine Work - Marana Yoga						

Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Milan, Italy Sun 27 Sutra 43 Vilamba 5120
Copper Retreat Star		Gulika 2:16PM – 4:10PM	Vishakha Until 6:30PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	
Tula Rasi: 26.47	Tithi 14 – 15	Yama 10:26AM – 12:21PM	Parigha* Until 12:44PM	Muruga: White	<i>Sunset:</i> 8:00PM	Moon 4 - Phase 6
Family Home Evening		376932369 Rahu 6:37AM – 8:31AM	Visti Until 2:41AM Tue	Nataraja: Purple		Purnima
	Routine Work Marana Yoga		Chaturdashi* Until 2:09PM	Moon – Orange		
Until 6:30PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga		Vaikasi Visakam				

Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sun 28 Sutra 44 Vilamba 5120
Silver Retreat Star		Gulika 12:21PM – 2:16PM	Anuradha Until 8:22PM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	
Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 8:31AM – 10:26AM	Shiva Until 12:39PM	Muruga: White	<i>Sunset:</i> 8:01PM	Moon 4 - Phase 6
		376932369 Rahu 4:11PM – 6:06PM	Balava Until 4:03AM Wed	Nataraja: Purple		Prathama
	Creative Work Siddha Yoga		Purnima* Until 3:17PM	Moon – Orange		
Until 8:22PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 21.34 Tiithi 16 - 17

387932369

Gulika

10:26AM - 12:21PM

Yama 6:36AM - 8:31AM

Rahu

12:21PM - 2:16PM

Jyeshtha* Until 10:29PM

Siddha Until 12:53PM

Taitila Until 5:51AM Thu

Prathama* Until 4:52PM

Ganesha: Clear

Sunrise: 4:40AM

Muruga: White

Sunset: 8:02PM

Nataraja: Purple

Moon - Orange

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 10:29PM

Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara Karana Dvitiyayam Titau

Milan, Italy

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 3.41 Tiithi 17

386932369

Gulika

8:31AM - 10:26AM

Yama

4:40AM - 6:35AM

Rahu

2:17PM - 4:12PM

Mula* Until 1:19AM Fri

Sadhya Until 1:27PM

Gara Until 6:53PM

Dvitiya Until 6:53PM

Ganesha: White

Sunrise: 4:40AM

Muruga: White

Sunset: 8:03PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 1:19AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 15.39 Tiithi 18

387932369

Gulika

6:35AM - 8:30AM

Yama

4:13PM - 6:08PM

Rahu

10:26AM - 12:21PM

Purvashadha* Until 4:17AM Sat

Subha Until 2:18PM

Vanija Until 8:02AM

Tritiya Until 9:13PM

Ganesha: Yellow

Sunrise: 4:39AM

Muruga: White

Sunset: 8:04PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 27.3 Tiithi 19

387932369

Gulika

4:39AM - 6:34AM

Yama

2:17PM - 4:13PM

Rahu

8:30AM - 10:26AM

Uttarashadha Until 7:15AM Sun

Sukla Until 3:20PM

Bava Until 10:30AM

Chaturthi* Until 11:47PM

Ganesha: Yellow

Sunrise: 4:39AM

Muruga: White

Sunset: 8:05PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 7:15AM Sun

Then Creative Work - Amrita Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 9.17 Tiithi 20

387932369

Gulika

4:14PM - 6:09PM

Yama

12:22PM - 2:18PM

Rahu

6:09PM - 8:05PM

Uttarashadha Until 7:15AM

Brahma Until 4:27PM

Kaulava Until 1:06PM

Panchami Until 2:22AM Mon

Ganesha: Yellow

Sunrise: 4:38AM

Muruga: White

Sunset: 8:05PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 21.05 Tiithi 21

397932369

Gulika

2:18PM - 4:14PM

Yama

10:26AM - 12:22PM

Rahu

6:34AM - 8:30AM

Shravana Until 10:32AM

Indra Until 5:30PM

Gara Until 17:51AM Tue

Shashthi* Until 4:27PM

Ganesha: Blue

Sunrise: 4:38AM

Muruga: White

Sunset: 8:06PM

Nataraja: Purple

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 10:32AM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 2.58 Tiithi 22

397132361

Gulika

12:22PM - 2:18PM

Yama

8:30AM - 10:26AM

Rahu

4:14PM - 6:11PM

Dhanishtha Until 6:45AM Wed

Vaidhriti* Until 6:17PM

Visti Until 5:51PM

Saptami Until 6:45AM Wed

Ganesha: Purple

Sunrise: 4:37AM

Muruga: White

Sunset: 8:07PM

Nataraja: White

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 6:45AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Purvaproshtapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 15 Tiithi 22 - 23

397132361

Gulika

10:26AM - 12:22PM

Yama

6:33AM - 8:30AM

Rahu

12:22PM - 2:19PM

Dhanishtha Until 6:45AM

Vishkambha* Until 6:41PM

Balava Until 7:33PM

Saptami Until 6:45AM

Ganesha: Purple

Sunrise: 4:37AM

Muruga: White

Sunset: 8:08PM

Nataraja: White

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 6:45AM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Kumbha Rasi: 27.17 Tiithi 23 - 24

317132361

Gulika

8:29AM - 10:26AM

Yama

4:36AM - 6:33AM

Rahu

2:19PM - 4:15PM

Purvaproshtapada* Until 5:33PM

Priti Until 6:33PM

Taitila Until 8:33PM

Ashtami* Until 8:08AM

Ganesha: Blue

Sunrise: 4:36AM

Muruga: White

Sunset: 8:08PM

Nataraja: White

Moon - Clear

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Milan, Italy Sun 9 Sutra 54 Vilamba 5120
Meena Rasi: 9.55	Tithi 24 – 25	Gulika 6:33AM – 8:29AM	Uttaraproshtapada Until 6:31PM	Ganesha: Red <i>Sunrise:</i> 4:36AM		
		Yama 4:16PM – 6:12PM	Ayushman Until 5:45PM	Muruga: White <i>Sunset:</i> 8:09PM		Moon 5 - Phase 8 2nd Phase
Creative Work	Siddha Yoga	318132361 Rahu 10:26AM – 12:23PM	Vanija Until 8:44PM	Nataraja: White		
			Navami* Until 8:44AM	Moon – Clear		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 10 Sutra 55 Vilamba 5120
Meena Rasi: 22.57	Tithi 25 – 26	Gulika 4:36AM – 6:33AM	Revati Until 6:29PM	Ganesha: Red <i>Sunrise:</i> 4:36AM		
		Yama 2:20PM – 4:16PM	Saubhagya Until 4:18PM	Muruga: White <i>Sunset:</i> 8:10PM		Moon 5 - Phase 8 2nd Phase
Routine Work	Prabalarishta Yoga	318132361 Rahu 8:29AM – 10:26AM	Bava Until 8:04PM	Nataraja: White		
Until 6:29PM			Dashami Until 8:29AM	Moon – Clear		Bhuloka Day
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 11 Sutra 56 Vilamba 5120
Mesha Rasi: 6.26	Tithi 26 – 27	Gulika 4:17PM – 6:13PM	Ashvini Until 5:58PM	Ganesha: Green <i>Sunrise:</i> 4:36AM		
		Yama 12:23PM – 2:20PM	Sobhana Until 2:13PM	Muruga: White <i>Sunset:</i> 8:10PM		Moon 5 - Phase 8 2nd Phase
Creative Work	Siddha Yoga	328132361 Rahu 6:13PM – 8:10PM	Kaulava Until 6:36PM	Nataraja: White		
Until 5:58PM			Ekadashi* Until 7:25AM	Moon – White		Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Jyeshtha Adhika-Vaikasi		

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Milan, Italy Sun 12 Sutra 57 Vilamba 5120
Mesha Rasi: 20.22	Tithi 28	Gulika 2:20PM – 4:17PM	Bharani Until 4:35PM	Ganesha: Green <i>Sunrise:</i> 4:35AM		
Family Home Evening		Yama 10:26AM – 12:23PM	Athiganda* Until 11:30AM	Muruga: White <i>Sunset:</i> 8:11PM		Moon 5 - Phase 8 2nd Phase
Creative Work	Siddha Yoga	328132361 Rahu 6:32AM – 8:29AM	Gara Until 4:25PM	Nataraja: White		
Until 4:35PM			Trayodashi* Until 3:05AM Tue	Moon – White		Bhuloka Day
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Milan, Italy Sun 13 Sutra 58 Vilamba 5120
Vrishabha Rasi: 4.44	Tithi 29	Gulika 12:23PM – 2:20PM	Krittika Until 2:29PM	Ganesha: Green <i>Sunrise:</i> 4:35AM		
		Yama 8:29AM – 10:26AM	Sukarma Until 8:18AM	Muruga: White <i>Sunset:</i> 8:11PM		Moon 5 - Phase 8 2nd Phase
Creative Work	Siddha Yoga	328132361 Rahu 4:17PM – 6:14PM	Visti Until 1:40PM	Nataraja: White		
Until 2:29PM			Chaturdashi* Until 12:06AM Wed	Moon – White		Bhuloka Day
Then Creative Work - Amrita Yoga				Jyeshtha Adhika-Vaikasi		

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Milan, Italy Sun 14 Sutra 59 Vilamba 5120
Retreat Star		Gulika 10:26AM – 12:24PM	Rohini Until 12:15PM	Ganesha: White <i>Sunrise:</i> 4:35AM		
Vrishabha Rasi: 19.27	Tithi 30	Yama 6:32AM – 8:29AM	Shula* Until 12:52AM Thu	Muruga: White <i>Sunset:</i> 8:12PM		Moon 5 - Phase 8 Amavasya
Creative Work	Siddha Yoga	338132361 Rahu 12:24PM – 2:21PM	Catuspada Until 10:30AM	Nataraja: White		
			Amavasya* Until 8:47PM	Moon – Yellow		Bhuloka Day
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 15 Sutra 60 Vilamba 5120
Retreat Star		Gulika 8:29AM – 10:27AM	Mrigashira Until 9:37AM	Ganesha: Clear <i>Sunrise:</i> 4:35AM		
Mithuna Rasi: 4.23	Tithi 1 – 2	Yama 4:35AM – 6:32AM	Ganda* Until 8:53PM	Muruga: White <i>Sunset:</i> 8:12PM		Moon 5 - Phase 8 Prathama
Routine Work	Marana Yoga	339132361 Rahu 2:21PM – 4:18PM	Kintughna Until 7:03AM	Nataraja: White		
			Prathama* Until 5:16PM	Moon – Yellow		Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM	

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy Sun 16 Sutra 61 Vilamba 5120
Mithuna Rasi: 19.25	Tithi 2 - 3	Gulika 6:32AM - 8:29AM	Ardra Until 6:46AM	Ganesh : Clear	<i>Sunrise:</i> 4:35AM	
		Yama 4:18PM - 6:16PM	Vriddhi Until 4:56PM	Muruga : White	<i>Sunset:</i> 8:13PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	359132361 Rahu 10:27AM - 12:24PM	Taitila Until 12:02AM Sat	Nataraja : White		3rd Phase
			Dvitiya Until 1:44PM	Moon - Yellow		
				Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Milan, Italy Sun 17 Sutra 62 Vilamba 5120
Kataka Rasi: 4.24	Tithi 3 - 4	Gulika 4:35AM - 6:32AM	Pushya Until 1:51AM Sun	Ganesh : Orange	<i>Sunrise:</i> 4:35AM	
		Yama 2:21PM - 4:19PM	Dhruva Until 1:05PM	Muruga : White	<i>Sunset:</i> 8:13PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	349132361 Rahu 8:30AM - 10:27AM	Vanija Until 8:44PM	Nataraja : White		3rd Phase
			Tritiya Until 10:20AM	Moon - Blue		
				Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Milan, Italy Sun 18 Sutra 63 Vilamba 5120
Kataka Rasi: 19.11	Tithi 4 - 5	Gulika 4:19PM - 6:16PM	Ashlesha* Until 11:40PM	Ganesh : Orange	<i>Sunrise:</i> 4:35AM	
		Yama 12:24PM - 2:22PM	Vyaghata* Until 9:28AM	Muruga : White	<i>Sunset:</i> 8:14PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	349132361 Rahu 6:16PM - 8:14PM	Balava Until 4:26AM Mon	Nataraja : White		3rd Phase
Until 11:40PM			Chaturthi* Until 7:11AM	Moon - Blue		
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy Sun 19 Sutra 64 Vilamba 5120
Simha Rasi: 3.42	Tithi 6	Gulika 2:22PM - 4:19PM	Magha* Until 10:14PM	Ganesh : Green	<i>Sunrise:</i> 4:35AM	
Family Home Evening		Yama 10:27AM - 12:25PM	Harshana Until 6:13AM	Muruga : White	<i>Sunset:</i> 8:14PM	Moon 5 - Phase 9
Routine Work	Marana Yoga	359132361 Rahu 6:32AM - 8:30AM	Kaulava Until 3:15PM	Nataraja : White		3rd Phase
Until 10:14PM			Shashthi* Until 2:09AM Tue	Moon - Red		
Then Creative Work - Siddha Yoga				Jyeshtha •Ani	Devaloka Day	

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy Sun 20 Sutra 65 Vilamba 5120
Simha Rasi: 17.52	Tithi 7	Gulika 12:25PM - 2:22PM	Purvaphalguni Until 9:12PM	Ganesh : Green	<i>Sunrise:</i> 4:35AM	
		Yama 8:30AM - 10:27AM	Siddhi Until 12:55AM Wed	Muruga : White	<i>Sunset:</i> 8:14PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	359132361 Rahu 4:20PM - 6:17PM	Gara Until 1:15PM	Nataraja : White		3rd Phase
Until 9:12PM			Saptami Until 12:27AM Wed	Moon - Red		
Then Creative Work - Amrita Yoga				Jyeshtha •Ani	Devaloka Day	

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy Sun 21 Sutra 66 Vilamba 5120
Retreat Star		Gulika 10:28AM - 12:25PM	Uttaraphalguni Until 8:36PM	Ganesh : Green	<i>Sunrise:</i> 4:35AM	
Kanya Rasi: 1.4	Tithi 8	Yama 6:33AM - 8:30AM	Vyatipata* Until 11:01PM	Muruga : White	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 9
Creative Work	Amrita Yoga	359132361 Rahu 12:25PM - 2:22PM	Visti Until 11:49AM	Nataraja : White		Ashtami
Until 8:36PM			Ashtami* Until 11:19PM	Moon - Red		
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Jyeshtha •Ani	Devaloka Day	

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy Sun 22 Sutra 67 Vilamba 5120
Retreat Star		Gulika 8:30AM - 10:28AM	Hasta Until 8:54PM	Ganesh : Red	<i>Sunrise:</i> 4:35AM	
Kanya Rasi: 15.08	Tithi 9	Yama 4:35AM - 6:33AM	Variyan Until 9:33PM	Muruga : White	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 9
Routine Work	Marana Yoga	369132361 Rahu 2:23PM - 4:20PM	Balava Until 11:00AM	Nataraja : White		Navami
Until 8:54PM			Navami* Until 10:47PM	Moon - Green		
Then Creative Work - Siddha Yoga				Jyeshtha •Ani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau				Milan, Italy Sun 23
	Kanya Rasi: 28.16	Tiithi 10	Gulika 6:33AM – 8:31AM	Chitra Until 9:35PM	Ganesh: Green	<i>Sunrise:</i> 4:36AM	Sutra 68 Vilamba 5120
			Yama 4:20PM – 6:18PM	Parigha* Until 8:32PM	Muruga: White	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	361132361 Rahu 10:28AM – 12:25PM	Tailila Until 10:45AM Dashami Until 10:49PM	Nataraja: White Moon – Green		4th Phase Bhuloka Day

2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy Sun 24
	Tula Rasi: 11.08	Tiithi 11	Gulika 4:36AM – 6:33AM	Svati Until 10:38PM	Ganesh: Green	<i>Sunrise:</i> 4:36AM	Sutra 69 Vilamba 5120
			Yama 2:23PM – 4:20PM	Shiva Until 7:58PM	Muruga: White	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	361132361 Rahu 8:31AM – 10:28AM	Vanija Until 11:03AM Ekadashi Until 11:21PM	Nataraja: White Moon – Green		4th Phase Bhuloka Day

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy Sun 25
	Tula Rasi: 23.45	Tiithi 12	Gulika 4:21PM – 6:18PM	Vishakha Until 12:28AM Mon	Ganesh: Red	<i>Sunrise:</i> 4:36AM	Sutra 70 Vilamba 5120
			Yama 12:26PM – 2:23PM	Siddha Until 7:45PM	Muruga: Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	Routine Work	Marana Yoga	371142361 Rahu 6:18PM – 8:15PM	Bava Until 11:50AM Dvadashi Until 12:23AM Mon	Nataraja: White Moon – Orange		4th Phase Devaloka Day

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodashyam Titau				Milan, Italy Sun 26
	Vrischika Rasi: 6.1	Tiithi 13	Gulika 2:23PM – 4:21PM	Anuradha Until 2:33AM Tue	Ganesh: Red	<i>Sunrise:</i> 4:37AM	Sutra 71 Vilamba 5120
	Family Home Evening		Yama 10:29AM – 12:26PM	Sadhya Until 7:52PM	Muruga: Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	371142361 Rahu 6:34AM – 8:31AM	Kaulava Until 1:05PM Trayodashi Until 1:50AM Tue	Nataraja: White Moon – Orange		4th Phase Devaloka Day

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27
	Vrischika Rasi: 18.24	Tiithi 14	Gulika 12:26PM – 2:24PM	Jyeshtha* Until 4:51AM Wed	Ganesh: Red	<i>Sunrise:</i> 4:37AM	Sutra 72 Vilamba 5120
			Yama 8:32AM – 10:29AM	Subha Until 8:20PM	Muruga: Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	Routine Work	Marana Yoga	371142361 Rahu 4:21PM – 6:18PM	Gara Until 2:44PM Chaturdashi* Until 3:40AM Wed	Nataraja: White Moon – Orange		4th Phase Devaloka Day

○	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy Sun 27
	Copper Retreat Star		Gulika 10:29AM – 12:26PM	Mula* Until 7:48AM Thu	Ganesh: Blue	<i>Sunrise:</i> 4:37AM	Sutra 73 Vilamba 5120
	Dhanus Rasi: 0.29	Tiithi 15	Yama 6:35AM – 8:32AM	Sukla Until 9:01PM	Muruga: Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	Routine Work	Marana Yoga	381142361 Rahu 12:26PM – 2:24PM	Visti Until 4:45PM Purnima* Until 5:51AM Thu	Nataraja: White Moon – Light Blue		Purnima Bhuloka Day

○	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Milan, Italy Sun 28
	Silver Retreat Star		Gulika 8:32AM – 10:29AM	Mula* Until 7:48AM	Ganesh: Blue	<i>Sunrise:</i> 4:38AM	Sutra 74 Vilamba 5120
	Dhanus Rasi: 12.26	Tiithi 16	Yama 4:38AM – 6:35AM	Brahma Until 9:57PM	Muruga: Clear	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	381142361 Rahu 2:24PM – 4:21PM	Balava Until 7:03PM Prathama* Until 8:16AM Fri	Nataraja: White Moon – Light Blue		Prathama Bhuloka Day



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy

Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 24.17 Tihi 16 - 17

Gulika 6:35AM - 8:33AM

Yama 4:21PM - 6:18PM

381142361 Rahu 10:30AM - 12:27PM

Purvashadha* Until 10:49AM

Indra Until 11:02PM

Taitila Until 9:34PM

Prathama* Until 8:16AM

Ganesha: Blue

Sunrise: 4:38AM

Muruga: Clear

Sunset: 8:15PM

Nataraja: White

Moon - Light Blue

Jyeshtha*Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 10:49AM

Then Routine Work - Marana Yoga

1 Saturday, June 30, 2018Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 6.05 Tihi 17 - 18

Gulika 4:39AM - 6:36AM

Yama 2:24PM - 4:21PM

381242361 Rahu 8:33AM - 10:30AM

Uttarashadha Until 1:47PM

Vaidhriti* Until 12:09AM Sun

Vanija Until 12:10AM Sun

Dvitiya Until 10:51AM

Ganesha: Blue

Sunrise: 4:39AM

Muruga: Clear

Sunset: 8:15PM

Nataraja: White

Moon - Light Blue

Jyeshtha*Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

2 Sunday, July 1, 2018Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Triliya/Chaturthyam Titau

Milan, Italy

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 17.52 Tihi 18 - 19

Gulika 4:21PM - 6:18PM

Yama 12:27PM - 2:24PM

391242361 Rahu 6:18PM - 8:15PM

Shravana Until 5:06PM

Vishkambha* Until 1:14AM Mon

Bava Until 2:43AM Mon

Tritiya Until 1:26PM

Ganesha: Red

Sunrise: 4:39AM

Muruga: Clear

Sunset: 8:15PM

Nataraja: White

Moon - Purple

Jyeshtha*Ani

Devaloka Day

Creative Work Amrita Yoga

Until 5:06PM

Then Routine Work - Marana Yoga

3 Monday, July 2, 2018Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 29.41 Tihi 19 - 20

Gulika 2:24PM - 4:21PM

Yama 10:30AM - 12:27PM

392242361 Rahu 6:37AM - 8:34AM

Dhanishtha Until 8:05PM

Priti Until 2:10AM Tue

Kaulava Until 5:01AM Tue

Chaturthi* Until 3:53PM

Ganesha: Yellow

Sunrise: 4:40AM

Muruga: Clear

Sunset: 8:15PM

Nataraja: White

Moon - Purple

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Until 5:06PM

Then Routine Work - Marana Yoga

4 Tuesday, July 3, 2018Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Milan, Italy

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 11.35 Tihi 20

Gulika 12:28PM - 2:24PM

Yama 8:34AM - 10:31AM

392242361 Rahu 4:21PM - 6:18PM

Shatabhishak Until 10:34PM

Ayushman Until 2:46AM Wed

Taitila Until 6:00PM

Panchami Until 6:00PM

Ganesha: Yellow

Sunrise: 4:40AM

Muruga: Clear

Sunset: 8:15PM

Nataraja: White

Moon - Purple

Jyeshtha*Ani

Devaloka Day

Routine Work Marana Yoga

Until 6:00PM

Then Routine Work - Marana Yoga

5 Wednesday, July 4, 2018Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 23.4 Tihi 21

Gulika 10:31AM - 12:28PM

Yama 6:38AM - 8:34AM

312242361 Rahu 12:28PM - 2:24PM

Purvaproshtapada* Until 12:53AM Thu

Saubhagya Until 2:58AM Thu

Gara Until 6:55AM

Shashthi* Until 7:38PM

Ganesha: Orange

Sunrise: 4:41AM

Muruga: Clear

Sunset: 8:14PM

Nataraja: White

Moon - Clear

Jyeshtha*Ani

Devaloka Day

Creative Work Amrita Yoga

Until 12:53AM Thu

Then Creative Work - Siddha Yoga

6 Thursday, July 5, 2018Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 5.58 Tihi 22

Gulika 8:35AM - 10:31AM

Yama 4:42AM - 6:38AM

312242361 Rahu 2:24PM - 4:21PM

Uttaraproshtapada Until 2:23AM Fri

Sobhana Until 2:39AM Fri

Visti Until 8:15AM

Saptami Until 8:38PM

Ganesha: Orange

Sunrise: 4:42AM

Muruga: Clear

Sunset: 8:14PM

Nataraja: White

Moon - Clear

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Until 8:38PM

Then Routine Work - Marana Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 18.34 Tihi 23

Gulika 6:39AM - 8:35AM

Yama 4:21PM - 6:17PM

312242361 Rahu 10:32AM - 12:28PM

Revati Until 2:59AM Sat

Athiganda* Until 1:43AM Sat

Balava Until 8:53AM

Ashtami* Until 8:54PM

Ganesha: Orange

Sunrise: 4:42AM

Muruga: Clear

Sunset: 8:14PM

Nataraja: White

Moon - Clear

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Until 8:54PM

Then Routine Work - Marana Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 1.33 Tihi 24

Gulika 4:43AM - 6:39AM

Yama 2:24PM - 4:21PM

422242361 Rahu 8:36AM - 10:32AM

Ashvini Until 3:07AM Sun

Sukarma Until 12:09AM Sun

Taitila Until 8:44AM

Navami* Until 8:21PM

Ganesha: Orange

Sunrise: 4:43AM

Muruga: Clear

Sunset: 8:13PM

Nataraja: White

Moon - White

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Until 3:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time


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1	Sunday, July 8, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau	Milan, Italy Sutra 84 Vilamba 5120
	Mesha Rasi: 14.58 Tihi 25	Gulika 4:21PM – 6:17PM Yama 12:28PM – 2:24PM Rahu 6:17PM – 8:13PM	Sun 9 Moon 6 - Phase 12 2nd Phase
Routine Work Prabalarishta Yoga Until 2:18AM Mon Then Routine Work - Marana Yoga		Bharani Until 2:18AM Mon Dhriti Until 9:58PM Vanija Until 7:48AM Dashami Until 7:01PM	Ganesh: Orange <i>Sunrise:</i> 4:44AM Muruga: Clear <i>Sunset:</i> 8:13PM Nataraja: White Moon – White Jyeshtha•Ani
			Devaloka Day

2	Monday, July 9, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Milan, Italy Sutra 85 Vilamba 5120
	Mesha Rasi: 28.49 Tihi 26 – 27	Gulika 2:24PM – 4:20PM Yama 10:33AM – 12:29PM Rahu 6:41AM – 8:37AM	Sun 10 Moon 6 - Phase 12 2nd Phase
Family Home Evening Routine Work Marana Yoga Until 12:40AM Tue Then Creative Work - Amrita Yoga		Krittika Until 12:40AM Tue Shula* Until 7:10PM Bava Until 6:05AM Ekadashi* Until 4:57PM	Ganesh: Orange <i>Sunrise:</i> 4:45AM Muruga: Clear <i>Sunset:</i> 8:12PM Nataraja: White Moon – White Jyeshtha•Ani
			Devaloka Day

3	Tuesday, July 10, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Milan, Italy Sutra 86 Vilamba 5120
	Vrisshabha Rasi: 13.07 Tihi 27 – 28	Gulika 12:29PM – 2:24PM Yama 8:37AM – 10:33AM Rahu 4:20PM – 6:16PM	Sun 11 Moon 6 - Phase 12 2nd Phase
Creative Work Amrita Yoga Until 10:44PM Then Creative Work - Siddha Yoga		Rohini Until 10:44PM Ganda* Until 3:52PM Gara Until 12:44AM Wed Dvadashi* Until 2:15PM	Ganesh: Light Blue <i>Sunrise:</i> 4:45AM Muruga: Clear <i>Sunset:</i> 8:12PM Nataraja: White Moon – Yellow Jyeshtha•Ani
		<i>Pradosha Vrata (Fasting)</i>	Bhuloka Day Devaloka Time: 12:PM to 3:PM

4	Wednesday, July 11, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Milan, Italy Sutra 87 Vilamba 5120
	Vrisshabha Rasi: 27.49 Tihi 28 – 29	Gulika 10:33AM – 12:29PM Yama 6:42AM – 8:37AM Rahu 12:29PM – 2:24PM	Sun 12 Moon 6 - Phase 12 2nd Phase
Creative Work Siddha Yoga		Mrigashira Until 8:12PM Vridhhi Until 12:11PM Visti Until 9:22PM Trayodashi* Until 11:04AM	Ganesh: Light Blue <i>Sunrise:</i> 4:46AM Muruga: Clear <i>Sunset:</i> 8:11PM Nataraja: White Moon – Yellow Jyeshtha•Ani
			Bhuloka Day Devaloka Time: 12:PM to 3:PM

	Thursday, July 12, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Milan, Italy Sutra 88 Vilamba 5120
	Mithuna Rasi: 12.48 Tihi 29 – 30	Gulika 8:38AM – 10:33AM Yama 4:47AM – 6:42AM Rahu 2:24PM – 4:20PM	Sun 13 Moon 6 - Phase 12 Amavasya
Retreat Star Routine Work Marana Yoga Until 5:17PM Then Creative Work - Amrita Yoga		Ardra Until 5:17PM Dhruva Until 8:12AM Naga Until 3:50AM Fri Chaturdashi* Until 7:33AM	Ganesh: Light Blue <i>Sunrise:</i> 4:47AM Muruga: Clear <i>Sunset:</i> 8:11PM Nataraja: White Moon – Yellow Jyeshtha•Ani
			Bhuloka Day Devaloka Time: 12:PM to 3:PM

Friday, July 13, 2018	Retreat Star	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau	Milan, Italy Sutra 89 Vilamba 5120
	Mithuna Rasi: 27.57 Tihi 1	Gulika 6:43AM – 8:38AM Yama 4:20PM – 6:15PM Rahu 10:34AM – 12:29PM	Sun 14 Moon 6 - Phase 12 Prathama
Creative Work Siddha Yoga Until 2:30PM Then Routine Work - Marana Yoga		Punarvasu Until 2:30PM Harshana Until 11:55PM Kintughna Until 1:58PM Prathama* Until 12:05AM Sat	Ganesh: Purple <i>Sunrise:</i> 4:48AM Muruga: Clear <i>Sunset:</i> 8:10PM Nataraja: White Moon – Blue Ashada•Ani
		Partial Solar Eclipse	Bhuloka Day Devaloka Time: 12:PM to 3:PM

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Milan, Italy Sun 15 Sutra 90	
Kataka Rasi: 13.07	Tithi 2	Gulika 4:49AM – 6:44AM	Pushya Until 11:38AM	Ganesh: Purple	<i>Sunrise:</i> 4:49AM			Vilamba 5120	
		Yama 2:24PM – 4:19PM	Vajra* Until 7:51PM	Muruga: Clear	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 13			
		442242361 Rahu 8:39AM – 10:34AM	Balava Until 10:16AM	Nataraja: White			3rd Phase		
Creative Work	Siddha Yoga	Dvitiya Until 8:28PM		Moon – Blue			Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Until 11:38AM				Ashada*Ani					
Then Routine Work - Marana Yoga									

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatiyata* Yoga Tailita/Vanija Karana Tritiya/Chaturthiyam Titau		Milan, Italy Sun 16 Sutra 91	
Kataka Rasi: 28.08	Tithi 3 – 4	Gulika 4:19PM – 6:14PM	Ashlesha* Until 8:51AM	Ganesh: Purple	<i>Sunrise:</i> 4:50AM			Vilamba 5120	
		Yama 12:29PM – 2:24PM	Siddhi Until 4:02PM	Muruga: Clear	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 13			
		442242361 Rahu 6:14PM – 8:09PM	Tailita Until 6:46AM	Nataraja: White			3rd Phase		
Creative Work	Siddha Yoga	Tritiya Until 5:07PM		Moon – Blue			Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Until 8:51AM				Ashada*Ani					
Then Routine Work - Marana Yoga									

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Balava Karana Chaturthi/Panchamyam Titau		Milan, Italy Sun 17 Sutra 92	
Simha Rasi: 12.53	Tithi 4 – 5	Gulika 2:24PM – 4:19PM	Magha* Until 6:43AM	Ganesh: Purple	<i>Sunrise:</i> 4:51AM			Vilamba 5120	
Family Home Evening		Yama 10:35AM – 12:29PM	Vyatiyata* Until 6:43AM	Muruga: Clear	<i>Sunset:</i> 8:08PM	Moon 6 - Phase 13			
		453242361 Rahu 6:45AM – 8:40AM	Balava Until 11:49AM Tue	Nataraja: White			3rd Phase		
Routine Work	Marana Yoga	Chaturthi* Until 2:12PM		Moon – Red			Bhuloka Day	Devaloka Time: 12:PM to 3:PM	
Until 6:43AM				Ashada*Adi					
Then Creative Work - Siddha Yoga									

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Milan, Italy Sun 18 Sutra 93	
Simha Rasi: 27.17	Tithi 5 – 6	Gulika 12:29PM – 2:24PM	Uttaraphalguni Until 3:39AM Wed	Ganesh: Purple	<i>Sunrise:</i> 4:52AM			Vilamba 5120	
		Yama 8:40AM – 10:35AM	Variyan Until 9:31AM	Muruga: Clear	<i>Sunset:</i> 8:07PM	Moon 6 - Phase 13			
		453242362 Rahu 4:18PM – 6:13PM	Kaulava Until 10:53PM	Nataraja: Clear			3rd Phase		
Creative Work	Amrita Yoga	Panchami Until 11:49AM		Moon – Red			Devaloka Day		
Until 3:39AM Wed				Ashada*Adi					
Then Routine Work - Marana Yoga									

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Milan, Italy Sun 19 Sutra 94	
Kanya Rasi: 11.15	Tithi 6 – 7	Gulika 10:35AM – 12:29PM	Hasta Until 3:20AM Thu	Ganesh: Clear	<i>Sunrise:</i> 4:52AM			Vilamba 5120	
		Yama 6:47AM – 8:41AM	Parigha* Until 7:01AM	Muruga: Clear	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 13			
		463242362 Rahu 12:29PM – 2:24PM	Gara Until 9:31PM	Nataraja: Clear			3rd Phase		
Routine Work	Marana Yoga	Shashthi* Until 10:06AM		Moon – Green			Sivaloka Day		
Until 3:20AM Thu				Ashada*Adi					
Then Creative Work - Siddha Yoga									

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Milan, Italy Sun 20 Sutra 95	
Kanya Rasi: 24.48	Tithi 7 – 8	Gulika 8:41AM – 10:36AM	Chitra Until 3:37AM Fri	Ganesh: Clear	<i>Sunrise:</i> 4:53AM			Vilamba 5120	
		Yama 4:53AM – 6:47AM	Siddha Until 3:45AM Fri	Muruga: Clear	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 13			
		463242362 Rahu 2:24PM – 4:18PM	Vistil Until 8:52PM	Nataraja: Clear			Ashtami		
Creative Work	Siddha Yoga	Saptami Until 9:05AM		Moon – Green			Sivaloka Day		
				Ashada*Adi					

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy Sun 21 Sutra 96	
Tula Rasi: 7.57	Tithi 8 – 9	Gulika 6:48AM – 8:42AM	Svati Until 4:26AM Sat	Ganesh: Clear	<i>Sunrise:</i> 4:54AM			Vilamba 5120	
		Yama 4:17PM – 6:11PM	Sadhya Until 2:58AM Sat	Muruga: Clear	<i>Sunset:</i> 8:05PM	Moon 6 - Phase 13			
		463242362 Rahu 10:36AM – 12:30PM	Balava Until 8:57PM	Nataraja: Clear			Navami		
Creative Work	Siddha Yoga	Ashtami* Until 8:48AM		Moon – Green			Sivaloka Day		
				Ashada*Adi					

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy Sun 22 Sutra 97 Vilamba 5120
	Tula Rasi: 20.44	Tithi 9 – 10	Gulika 4:55AM – 6:49AM	Vishakha Until 6:12AM Sun	Ganesha: White	<i>Sunrise:</i> 4:55AM	
			Yama 2:23PM – 4:17PM	Subha Until 2:44AM Sun	Muruga: Clear	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 14
	473242362	Rahu 8:43AM – 10:36AM		Taitila Until 9:42PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 6:12AM Sun Then Routine Work - Marana Yoga			Navami* Until 9:13AM	Moon – Orange		Devaloka Day	

2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Milan, Italy Sun 23 Sutra 98 Vilamba 5120
	Vrischika Rasi: 3.13	Tithi 10 – 11	Gulika 4:16PM – 6:10PM	Vishakha Until 6:12AM	Ganesha: White	<i>Sunrise:</i> 4:56AM	
			Yama 12:30PM – 2:23PM	Sukla Until 2:54AM Mon	Muruga: Clear	<i>Sunset:</i> 8:03PM	Moon 6 - Phase 14
	473242362	Rahu 6:10PM – 8:03PM		Vanija Until 11:02PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dashami Until 10:17AM	Moon – Orange		Devaloka Day	


3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Milan, Italy Sun 24 Sutra 99 Vilamba 5120
	Vrischika Rasi: 15.28	Tithi 11 – 12	Gulika 2:23PM – 4:16PM	Anuradha Until 8:20AM	Ganesha: White	<i>Sunrise:</i> 4:58AM	
	Family Home Evening		Yama 10:37AM – 12:30PM	Brahma Until 3:26AM Tue	Muruga: Clear	<i>Sunset:</i> 8:02PM	Moon 6 - Phase 14
	473242362	Rahu 6:51AM – 8:44AM		Bava Until 12:52AM Tue	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 11:52AM	Moon – Orange		Devaloka Day	


4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Milan, Italy Sun 25 Sutra 100 Vilamba 5120
	Vrischika Rasi: 27.32	Tithi 12 – 13	Gulika 12:30PM – 2:23PM	Jyeshtha* Until 10:45AM	Ganesha: White	<i>Sunrise:</i> 4:59AM	
			Yama 8:44AM – 10:37AM	Indra Until 4:16AM Wed	Muruga: Clear	<i>Sunset:</i> 8:01PM	Moon 6 - Phase 14
	473242362	Rahu 4:15PM – 6:08PM		Kaulava Until 3:03AM Wed	Nataraja: Clear		4th Phase
Routine Work Marana Yoga Until 10:45AM Then Creative Work - Amrita Yoga			Dvodashi Until 1:54PM	Moon – Orange		Devaloka Day	

Pradosha Vrata

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 26 Sutra 101 Vilamba 5120
	Dhanus Rasi: 9.28	Tithi 13 – 14	Gulika 10:37AM – 12:30PM	Mula* Until 1:48PM	Ganesha: Red	<i>Sunrise:</i> 5:00AM	
			Yama 6:52AM – 8:45AM	Vaidhriti* Until 5:15AM Thu	Muruga: Clear	<i>Sunset:</i> 8:00PM	Moon 6 - Phase 14
	483342362	Rahu 12:30PM – 2:22PM		Gara Until 5:30AM Thu	Nataraja: Clear		4th Phase
Routine Work Marana Yoga Until 1:48PM Then Creative Work - Amrita Yoga			Trayodashi Until 4:14PM	Moon – Light Blue		Sivaloka Day	

6	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 102 Vilamba 5120
	Dhanus Rasi: 21.18	Tithi 14	Gulika 8:45AM – 10:37AM	Purvashadha* Until 4:53PM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	
			Yama 5:01AM – 6:53AM	Vishkambha* Until 6:21AM Fri	Muruga: Clear	<i>Sunset:</i> 7:59PM	Moon 6 - Phase 14
	483342362	Rahu 2:22PM – 4:14PM		Vanija Until 6:46PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 4:53PM Then Routine Work - Marana Yoga			Chaturdashi* Until 6:46PM	Moon – Light Blue		Sivaloka Day	

	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy Sun 28 Sutra 103 Vilamba 5120
	Copper Retreat Star		Gulika 6:54AM – 8:46AM	Uttarashadha Until 7:52PM	Ganesha: Red	<i>Sunrise:</i> 5:02AM	
	Makara Rasi: 3.06	Tithi 15	Yama 4:14PM – 6:06PM	Vishkambha* Until 6:21AM	Muruga: Clear	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 14
	483342362	Rahu 10:38AM – 12:30PM		Visti Until 8:05AM	Nataraja: Clear		Purnima
Routine Work Marana Yoga			Purnima* Until 9:21PM	Moon – Light Blue		Sivaloka Day	

	Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy Sun 29 Sutra 104 Vilamba 5120
	Silver Retreat Star		Gulika 5:03AM – 6:55AM	Shravana Until 11:08PM	Ganesha: Blue	<i>Sunrise:</i> 5:03AM	
	Makara Rasi: 14.53	Tithi 16	Yama 2:21PM – 4:13PM	Priti Until 7:29AM	Muruga: Clear	<i>Sunset:</i> 7:56PM	Moon 6 - Phase 14
	493342362	Rahu 8:46AM – 10:38AM		Balava Until 10:39AM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 11:53PM	Moon – Purple		Devaloka Day	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy
Sun 1
Sutra 105
Vilamba 5120

Makara Rasi: 26.43 Tiithi 17

Gulika 4:12PM – 6:04PM
Yama 12:30PM – 2:21PM
493342362 **Rahu** 6:04PM – 7:55PM

Dhanishtha Until 2:03AM Mon
Ayushman Until 8:29AM
Taitila Until 1:06PM
Dvitiya Until 2:14AM Mon

Ganesha: Blue *Sunrise:* 5:04AM
Muruga: Clear *Sunset:* 7:55PM
Nataraja: Clear
Moon – Purple
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 2:03AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy
Sun 2
Sutra 106
Vilamba 5120

Kumbha Rasi: 8.37 Tiithi 18

Gulika 2:21PM – 4:12PM
Yama 10:39AM – 12:30PM
494342362 **Rahu** 6:56AM – 8:47AM

Shatabhishak Until 4:32AM Tue
Saubhagya Until 9:20AM
Vanija Until 3:19PM
Tritiya Until 4:17AM Tue

Ganesha: Blue *Sunrise:* 5:05AM
Muruga: Clear *Sunset:* 7:54PM
Nataraja: Clear
Moon – Purple
Ashada*Adi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 4:32AM Tue
Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy
Sun 3
Sutra 107
Vilamba 5120

Kumbha Rasi: 20.39 Tiithi 19

Gulika 12:30PM – 2:20PM
Yama 8:48AM – 10:39AM
414342362 **Rahu** 4:11PM – 6:02PM

Purvaprossthapada* Until 6:57AM Wed
Sobhana Until 9:58AM
Bava Until 5:11PM
Chaturthi* Until 5:56AM Wed

Ganesha: White *Sunrise:* 5:06AM
Muruga: Clear *Sunset:* 7:53PM
Nataraja: Clear
Moon – Clear
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 6:57AM Wed
Then Creative Work - Siddha Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Milan, Italy
Sun 4
Sutra 108
Vilamba 5120

Meena Rasi: 2.5 Tiithi 20

Gulika 10:39AM – 12:30PM
Yama 6:58AM – 8:48AM
414342362 **Rahu** 12:30PM – 2:20PM

Purvaprossthapada* Until 6:57AM
Athiganda* Until 10:14AM
Kaulava Until 6:36PM
Panchami Until 7:06AM Thu

Ganesha: White *Sunrise:* 5:07AM
Muruga: Clear *Sunset:* 7:52PM
Nataraja: Clear
Moon – Clear
Ashada*Adi

Devaloka Day

Creative Work Amrita Yoga
Until 6:57AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy
Sun 5
Sutra 109
Vilamba 5120

Meena Rasi: 15.14 Tiithi 20 – 21

Gulika 8:49AM – 10:39AM
Yama 5:09AM – 6:59AM
414342362 **Rahu** 2:20PM – 4:10PM

Uttaraprossthapada Until 8:43AM
Sukarma Until 10:07AM
Gara Until 7:29PM
Panchami Until 7:06AM

Ganesha: White *Sunrise:* 5:09AM
Muruga: Clear *Sunset:* 7:50PM
Nataraja: Clear
Moon – Clear
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy
Sun 6
Sutra 110
Vilamba 5120

Meena Rasi: 27.53 Tiithi 21 – 22

Gulika 7:00AM – 8:50AM
Yama 4:09PM – 5:59PM
414342362 **Rahu** 10:39AM – 12:29PM

Revati Until 9:46AM
Dhriti Until 9:34AM
Visti Until 7:45PM
Shashthi* Until 7:41AM

Ganesha: White *Sunrise:* 5:10AM
Muruga: Clear *Sunset:* 7:49PM
Nataraja: Clear
Moon – Clear
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga
Until 9:46AM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy
Sun 7
Sutra 111
Vilamba 5120

Mesha Rasi: 10.51 Tiithi 22 – 23

Gulika 5:11AM – 7:01AM
Yama 2:19PM – 4:08PM
424342362 **Rahu** 8:50AM – 10:40AM

Ashvini Until 10:30AM
Shula* Until 8:28AM
Balava Until 7:21PM
Saptami Until 7:37AM

Ganesha: Clear *Sunrise:* 5:11AM
Muruga: Clear *Sunset:* 7:48PM
Nataraja: Clear
Moon – White
Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Milan, Italy
Sun 8
Sutra 112
Vilamba 5120

Mesha Rasi: 24.1 Tiithi 23 – 24

Gulika 4:08PM – 5:57PM
Yama 12:29PM – 2:18PM
424342362 **Rahu** 5:57PM – 7:46PM

Bharani Until 10:24AM
Ganda* Until 10:24AM
Gara Until 5:28AM Mon
Ashtami* Until 6:53AM

Ganesha: Clear *Sunrise:* 5:12AM
Muruga: Clear *Sunset:* 7:46PM
Nataraja: Clear
Moon – White
Ashada*Adi

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


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1		Monday, August 6, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Milan, Italy Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 7.53	Tithi 25	Gulika	2:18PM – 4:07PM	Krittika Until 9:29AM	Ganesh: Clear	<i>Sunrise:</i> 5:13AM	
Family Home Evening	424342362	Yama	10:40AM – 12:29PM	Dhruva Until 1:57AM Tue	Muruga: Clear	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	7:02AM – 8:51AM	Vanija Until 4:31PM	Nataraja: Clear		2nd Phase
Until 9:29AM				Dashami Until 3:24AM Tue	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada•Adi		

2		Tuesday, August 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Milan, Italy Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 22	Tithi 26	Gulika	12:29PM – 2:18PM	Rohini Until 8:13AM	Ganesh: Purple	<i>Sunrise:</i> 5:14AM	
	434342362	Yama	8:52AM – 10:40AM	Vyaghata* Until 10:47PM	Muruga: Clear	<i>Sunset:</i> 7:44PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	4:06PM – 5:55PM	Bava Until 2:10PM	Nataraja: Clear		2nd Phase
Until 8:13AM				Ekadashi* Until 12:46AM Wed	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga					Ashada•Adi		

3		Wednesday, August 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Milan, Italy Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 6.29	Tithi 27	Gulika	10:41AM – 12:29PM	Mrigashira Until 6:16AM	Ganesh: Purple	<i>Sunrise:</i> 5:16AM	
	434342362	Yama	7:04AM – 8:52AM	Harshana Until 7:13PM	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Rahu	12:29PM – 2:17PM	Kaulava Until 11:17AM	Nataraja: Clear		2nd Phase
				Dvadashi* Until 9:40PM	Moon – Yellow		Devaloka Day
					Ashada•Adi		

4		Thursday, August 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Milan, Italy Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 21.19	Tithi 28	Gulika	8:53AM – 10:41AM	Punarvasu Until 1:12AM Fri	Ganesh: Light Blue	<i>Sunrise:</i> 5:17AM	
	444342362	Yama	5:17AM – 7:05AM	Vajra* Until 3:21PM	Muruga: Clear	<i>Sunset:</i> 7:41PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	2:17PM – 4:05PM	Gara Until 8:00AM	Nataraja: Clear		2nd Phase
Until 1:12AM Fri				Trayodashi* Until 6:14PM	Moon – Blue		Devaloka Day
Then Routine Work - Marana Yoga					Ashada•Adi		
					<i>Pradosha Vrata (Fasting)</i>		

		Friday, August 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Milan, Italy Sun 13 Sutra 117 Vilamba 5120
Retreat Star		Gulika	7:06AM – 8:53AM	Pushya Until 10:22PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:18AM	
Kataka Rasi: 6.2	Tithi 29 – 30	Yama	4:04PM – 5:51PM	Siddhi Until 11:18AM	Muruga: Clear	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 16
	444342362	Rahu	10:41AM – 12:29PM	Catuspada Until 12:48AM Sat	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Chaturdashi* Until 2:37PM	Moon – Blue		Devaloka Day
					Ashada•Adi		

Retreat Star		Saturday, August 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Milan, Italy Sun 14 Sutra 118 Vilamba 5120
Kataka Rasi: 21.28	Tithi 30 – 1	Gulika	5:19AM – 7:06AM	Ashlesha* Until 7:25PM	Ganesh: Orange	<i>Sunrise:</i> 5:19AM	
	445342362	Yama	2:16PM – 4:03PM	Vyatipata* Until 7:12AM	Muruga: Clear	<i>Sunset:</i> 7:38PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	8:54AM – 10:41AM	Kintughna Until 9:10PM	Nataraja: Clear		Prathama
Until 7:25PM				Amavasya* Until 10:57AM	Moon – Blue		Sivaloka Day
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Sravana•Adi		

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava Karana Prathama/Dvitiyayam Titau				Milan, Italy Sutra 119 Vilamba 5120
Simha Rasi: 6.31	Tithi 1 – 2	Gulika 4:02PM – 5:49PM	Magha* Until 4:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Sun 15
		Yama 12:28PM – 2:15PM	Parigha* Until 11:19PM	Muruga: Clear	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 17
		455342362 Rahu 5:49PM – 7:36PM	Bava Until 7:24AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 7:24AM	Moon – Red		Sivaloka Day
Until 4:56PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Milan, Italy Sutra 120 Vilamba 5120
Simha Rasi: 21.23	Tithi 3	Gulika 2:15PM – 4:01PM	Purvaphalguni Until 2:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Sun 16
Family Home Evening		Yama 10:41AM – 12:28PM	Shiva Until 7:49PM	Muruga: Clear	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 17
		455342362 Rahu 7:08AM – 8:55AM	Tailila Until 2:39PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 24:76	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Milan, Italy Sutra 121 Vilamba 5120
Kanya Rasi: 5.55	Tithi 4	Gulika 12:28PM – 2:14PM	Uttaraphalguni Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Sun 17
		Yama 8:55AM – 10:42AM	Siddha Until 4:44PM	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 17
		455342362 Rahu 4:00PM – 5:47PM	Vanija Until 12:03PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:58PM	Moon – Red		Sivaloka Day
Until 12:42PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy Sutra 122 Vilamba 5120
Kanya Rasi: 20.02	Tithi 5	Gulika 10:42AM – 12:28PM	Hasta Until 8:32PM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	Sun 18
		Yama 7:10AM – 8:56AM	Sadhya Until 2:12PM	Muruga: Clear	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 17
		465342362 Rahu 12:28PM – 2:14PM	Bava Until 10:05AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 9:22PM	Moon – Green		Subha Sivaloka Day
Until 8:32PM Thu		Nag Panchami		Sravana-Adi		
Then Creative Work - Siddha Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Svati Nakshatra Subha/Sukla Yoga Kaulava/Vanija Karana Shashthyam Titau				Milan, Italy Sutra 123 Vilamba 5120
Tula Rasi: 3.43	Tithi 6	Gulika 8:56AM – 10:42AM	Hasta Until 8:32PM	Ganesha: Purple	<i>Sunrise:</i> 5:25AM	Sun 19
		Yama 5:25AM – 7:11AM	Subha Until 11:17AM	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 17
		465342362 Rahu 2:13PM – 3:59PM	Kaulava Until 8:52AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:32PM	Moon – Green		Subha Sivaloka Day
Until 8:32PM				Sravana-Adi		
Then Creative Work - Amrita Yoga						

6 Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy Sutra 124 Vilamba 5120
Tula Rasi: 16.56	Tithi 7	Gulika 7:12AM – 8:57AM	Svati Until 11:30AM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Sun 20
		Yama 3:58PM – 5:43PM	Sukla Until 11:00AM	Muruga: Clear	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 17
		565342362 Rahu 10:42AM – 12:27PM	Gara Until 8:26AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 8:31PM	Moon – Green		Sivaloka Day
				Sravana-Avani		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy Sutra 125 Vilamba 5120
Tula Rasi: 29.45	Tithi 8	Gulika 5:28AM – 7:12AM	Vishakha Until 12:49PM	Ganesha: Purple	<i>Sunrise:</i> 5:28AM	Sun 21
		Yama 2:12PM – 3:57PM	Brahma Until 10:21AM	Muruga: Clear	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 17
		575342362 Rahu 8:57AM – 10:42AM	Visti Until 8:50AM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 9:17PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy Sutra 126 Vilamba 5120
Vrischika Rasi: 12.13	Tithi 9	Gulika 3:56PM – 5:40PM	Anuradha Until 12:47AM Tue Mo	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Sun 22
		Yama 12:27PM – 2:11PM	Indra Until 10:18AM	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 17
		575442362 Rahu 5:40PM – 7:25PM	Balava Until 9:58AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 10:45PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila Karana Dashamyam Titau				Milan, Italy Sun 23 Sutra 127 Vilamba 5120
Vrischika Rasi: 24.23	Tithi 10	Gulika	2:11PM – 3:55PM	Anuradha Until 12:47AM Tue	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 5:30AM Sunset: 7:23PM Moon 7 - Phase 18 4th Phase
Family Home Evening	575442362	Rahu	7:14AM – 8:58AM	Vaidhriti* Until 11:29AM Tue Tailila Until 11:44AM Dashami Until 12:47AM Tue	Sivaloka Day	
Creative Work	Siddha Yoga					
Until 12:47AM Tue						
Then Creative Work - Amrita Yoga						

2 Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 6.23	Tithi 11	Gulika	12:26PM – 2:10PM	Mula* Until 5:46AM Thu Wed	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:31AM Sunset: 7:21PM Moon 7 - Phase 18 4th Phase
Creative Work	Amrita Yoga	Rahu	3:54PM – 5:38PM	Vishkambha* Until 11:29AM Vanija Until 1:58PM Ekadashi Until 2:71AM Wed	Sivaloka Day	
Until 5:46AM Thu Wed						
Then Creative Work - Siddha Yoga						

3 Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 18.14	Tithi 12	Gulika	10:43AM – 12:26PM	Mula* Until 5:46AM Thu	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:32AM Sunset: 7:20PM Moon 7 - Phase 18 4th Phase
Creative Work	Amrita Yoga	Rahu	12:26PM – 2:10PM	Priti Until 13:35AM Thu Bava Until 4:29PM Dvadashi Until 5:46AM Thu	Sivaloka Day	
Until 5:46AM Thu						
Then Routine Work - Marana Yoga						

4 Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau				Milan, Italy Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 0.02	Tithi 13	Gulika	9:00AM – 10:43AM	Uttarashadha Until 2:07AM Fri	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:34AM Sunset: 7:18PM Moon 7 - Phase 18 4th Phase
Routine Work	Marana Yoga	Rahu	2:09PM – 3:52PM	Ayushman Until 1:35PM Kaulava Until 21:38AM Fri Trayodashi Until 13:35AM Thu	Sivaloka Day	
Until 5:19AM Sat						
Then Creative Work - Siddha Yoga						

Pradosha Vrata

5 Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 11.49	Tithi 13 – 14	Gulika	7:18AM – 9:00AM	Shravana Until 5:19AM Sat	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:35AM Sunset: 7:16PM Moon 7 - Phase 18 4th Phase
Routine Work	Marana Yoga	Rahu	10:43AM – 12:26PM	Saubhagya Until 2:39PM Gara Until 9:38PM Trayodashi Until 8:22AM	Subha Sivaloka Day	
Until 5:19AM Sat						
Then Creative Work - Siddha Yoga						

○ Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Milan, Italy Sun 28 Sutra 132 Vilamba 5120
Makara Rasi: 23.4	Tithi 14 – 15	Gulika	5:36AM – 7:18AM	Dhanishtha Until 8:07AM Sun	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:36AM Sunset: 7:15PM Moon 7 - Phase 18 Purnima
Creative Work	Siddha Yoga	Rahu	9:01AM – 10:43AM	Sobhana Until 3:36PM Visti Until 11:58PM Chaturdashi* Until 10:49AM	Subha Sivaloka Day	
Until 5:19AM Sat						
Then Creative Work - Siddha Yoga						

Raksha Bandhan

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sun 29 Sutra 133 Vilamba 5120
Kumbha Rasi: 6	Tithi 15 – 16	Gulika	3:49PM – 5:31PM	Dhanishtha Until 8:07AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:37AM Sunset: 7:13PM Moon 7 - Phase 18 Prathama
Routine Work	Marana Yoga	Rahu	5:31PM – 7:13PM	Athiganda* Until 4:17PM Balava Until 1:58AM Mon Purnima* Until 12:59PM	Subha Sivaloka Day	
Until 8:07AM						
Then Creative Work - Siddha Yoga						

Avani Avittam

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.4 Tihti 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Until 10:25AM

Then Routine Work - Marana Yoga

Gulika 2:06PM – 3:48PM

Yama 10:43AM – 12:25PM

Rahu 7:20AM – 9:02AM

Shatabhishak Until 10:25AM

Sukarma Until 4:43PM

Taitila Until 3:35AM Tue

Prathama* Until 2:48PM

Ganesh: White Sunrise: 5:38AM

Muruga: Clear Sunset: 7:11PM

Nataraja: Clear

Moon – Purple

Sravana-Avani

Subha Sivaloka Day

1 Tuesday, August 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy

Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.54 Tihti 17 – 18

Routine Work Marana Yoga

Until 12:39PM

Then Creative Work - Amrita Yoga

Gulika 12:24PM – 2:06PM

Yama 9:02AM – 10:43AM

Rahu 3:47PM – 5:28PM

Purvaproshtapada* Until 12:39PM

Dhriti Until 4:50PM

Vanija Until 4:46AM Wed

Dvitiya Until 4:12PM

Ganesh: Clear Sunrise: 5:40AM

Muruga: Purple Sunset: 7:09PM

Nataraja: Purple

Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2 Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Milan, Italy

Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 12.19 Tihti 18 – 19

Creative Work Siddha Yoga

Until 2:18PM

Then Routine Work - Marana Yoga

Gulika 10:43AM – 12:24PM

Yama 7:22AM – 9:03AM

Rahu 12:24PM – 2:05PM

Uttaraproshtapada Until 2:18PM

Shula* Until 2:18PM

Balava Until 17:41AM Thu

Tritiya Until 5:10PM

Ganesh: Clear Sunrise: 5:41AM

Muruga: Purple Sunset: 7:07PM

Nataraja: Purple

Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3 Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.56 Tihti 19 – 20

Creative Work Siddha Yoga

Until 3:21PM

Then Creative Work - Amrita Yoga

Gulika 9:03AM – 10:43AM

Yama 5:42AM – 7:23AM

Rahu 2:04PM – 3:45PM

Revati Until 3:21PM

Ganda* Until 3:58PM

Kaulava Until 5:47AM Fri

Chaturthi* Until 5:41PM

Ganesh: Clear Sunrise: 5:42AM

Muruga: Purple Sunset: 7:06PM

Nataraja: Purple

Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4 Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vriddhi/Dhruva Yoga Taitila Karana Panchami/Shashthyam Titau

Milan, Italy

Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.46 Tihti 20 – 21

Creative Work Amrita Yoga

Until 4:16PM

Then Creative Work - Siddha Yoga

Gulika 7:23AM – 9:03AM

Yama 3:44PM – 5:24PM

Rahu 10:43AM – 12:24PM

Ashvini Until 4:16PM

Vriddhi Until 3:01PM

Taitila Until 5:43PM

Panchami Until 5:43PM

Ganesh: Purple Sunrise: 5:43AM

Muruga: Purple Sunset: 7:04PM

Nataraja: Purple

Moon – White

Sravana-Avani

Bhuloka Day

5 Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.5 Tihti 21 – 22

Creative Work Siddha Yoga

Until 4:32PM

Then Creative Work - Amrita Yoga

Gulika 5:45AM – 7:24AM

Yama 2:03PM – 3:43PM

Rahu 9:04AM – 10:44AM

Bharani Until 4:32PM

Dhruva Until 1:40PM

Visti Until 5:17PM

Shashthi* Until 16:20AM Sun

Ganesh: Purple Sunrise: 5:45AM

Muruga: Purple Sunset: 7:02PM

Nataraja: Purple

Moon – White

Sravana-Avani

Bhuloka Day

6 Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 4.1 Tihti 22 – 23

Creative Work Siddha Yoga

Gulika 3:41PM – 5:21PM

Yama 12:23PM – 2:02PM

Rahu 5:21PM – 7:00PM

Krittika Until 4:11PM

Vyaghata* Until 11:55AM

Balava Until 3:41AM Mon

Saptami Until 4:20PM

Ganesh: Purple Sunrise: 5:46AM

Muruga: Purple Sunset: 7:00PM

Nataraja: Purple

Moon – White

Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava Karana Ashtami/Navamyam Titau

Milan, Italy

Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 17.47 Tihti 23 – 24

Family Home Evening

Creative Work Amrita Yoga

Gulika 2:01PM – 3:40PM

Yama 10:44AM – 12:23PM

Rahu 7:26AM – 9:05AM

Rohini Until 3:36PM

Harshana Until 9:47AM

Kaulava Until 2:53PM

Ashtami* Until 2:53PM

Ganesh: Clear Sunrise: 5:47AM

Muruga: Purple Sunset: 6:58PM

Nataraja: Purple

Moon – Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Milan, Italy

Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.43 Tihti 24 – 25

Creative Work Siddha Yoga

Until 2:24PM

Then Routine Work - Marana Yoga

Gulika 12:22PM – 2:01PM

Yama 9:05AM – 10:44AM

Rahu 3:39PM – 5:18PM

Mrigashira Until 2:24PM

Vajra* Until 7:12AM

Vanija Until 12:57PM

Navami* Until 10:33AM Wed

Ganesh: White Sunrise: 5:48AM

Muruga: Purple Sunset: 6:56PM

Nataraja: Purple

Moon – Yellow

Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time


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1		Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti* Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 15.56	Tithi 25 – 26	Gulika	10:44AM – 12:22PM	Ardra Until 12:37PM	Ganesh: White	<i>Sunrise:</i> 5:49AM	
		Yama	7:27AM – 9:06AM	Vyatipata* Until 1:00AM Thu	Muruga: Purple	<i>Sunset:</i> 6:54PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	538452363	Rahu	12:22PM – 2:00PM	Nataraja: Purple		2nd Phase
				Dashami Until 10:33AM	Moon – Yellow		Devaloka Day
					Sravana-Avani		

2		Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 0.26	Tithi 26 – 27	Gulika	9:06AM – 10:44AM	Punarvasu Until 10:43AM	Ganesh: Yellow	<i>Sunrise:</i> 5:51AM	
		Yama	5:51AM – 7:28AM	Variyan Until 9:27PM	Muruga: Purple	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 20
Creative Work	Amrita Yoga	548452363	Rahu	1:59PM – 3:37PM	Nataraja: Purple		2nd Phase
				Kaulava Until 7:46AM	Moon – Blue		Bhuloka Day
				Ekadashi* Until 4:42AM Fri	Sravana-Avani		Devaloka Time: 9:AM to12:PM

3		Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Milan, Italy Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 15.1	Tithi 28	Gulika	7:29AM – 9:06AM	Pushya Until 8:24AM	Ganesh: Yellow	<i>Sunrise:</i> 5:52AM	
		Yama	3:36PM – 5:13PM	Parigha* Until 5:43PM	Muruga: Purple	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 20
Routine Work	Marana Yoga	548452363	Rahu	10:44AM – 12:21PM	Nataraja: Purple		2nd Phase
				Gara Until 3:07PM	Moon – Blue		Bhuloka Day
				Trayodashi* Until 1:28AM Sat	Sravana-Avani		Devaloka Time: 9:AM to12:PM
							<i>Pradosha Vrata (Fasting)</i>

4		Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Milan, Italy Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 0.01	Tithi 29	Gulika	5:53AM – 7:30AM	Magha* Until 3:28AM Sun	Ganesh: Red	<i>Sunrise:</i> 5:53AM	
		Yama	1:58PM – 3:35PM	Shiva Until 1:56PM	Muruga: Purple	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 20
Creative Work	Amrita Yoga	558452363	Rahu	9:07AM – 10:44AM	Nataraja: Purple		2nd Phase
Until 3:28AM Sun				Visti Until 11:50AM	Moon – Red		Bhuloka Day
Then Creative Work - Siddha Yoga				Chaturdashi* Until 10:11PM	Sravana-Avani		Devaloka Time: 9:AM to12:PM

		Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Milan, Italy Sun 13 Sutra 147 Vilamba 5120	
Retreat Star		Gulika	3:34PM – 5:10PM	Purvaphalguni Until 1:08AM Mon	Ganesh: Red	<i>Sunrise:</i> 5:54AM	
Simha Rasi: 14.53	Tithi 30	Yama	12:21PM – 1:57PM	Siddha Until 10:09AM	Muruga: Purple	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	558452363	Rahu	5:10PM – 6:47PM	Nataraja: Purple		Amavasya
				Catuspada Until 8:35AM	Moon – Red		Bhuloka Day
				Amavasya* Until 7:00PM	Sravana-Avani		Devaloka Time: 9:AM to12:PM
							Grandparent's Day

Monday, September 10, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 14 Sutra 148 Vilamba 5120	
Simha Rasi: 29.37	Tithi 1 – 2	Gulika	1:56PM – 3:33PM	Uttaraphalguni Until 10:58PM	Ganesh: Blue	<i>Sunrise:</i> 5:55AM	
Family Home Evening		Yama	10:44AM – 12:20PM	Sadhya Until 6:32AM	Muruga: Purple	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	559452363	Rahu	7:32AM – 9:08AM	Nataraja: Purple		Prathama
				Balava Until 2:46AM Tue	Moon – Red		Bhuloka Day
				Prathama* Until 4:04PM	Bhadrapada-Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy Sun 15
	Kanya Rasi: 14.07	Titithi 2 – 3	Gulika Yama	12:20PM – 1:56PM 9:08AM – 10:44AM	Hasta Until 11:37AM Wed Sukla Until 12:17AM Wed Taitila Until 12:31AM Wed Dvitiya Until 1:34PM	Ganesha: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 5:57AM Sunset: 6:43PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	569452363	Rahu 3:31PM – 5:07PM		Bhuloka Day Bhadrapada-Avani	

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Milan, Italy Sun 16
	Kanya Rasi: 28.16	Titithi 3 – 4	Gulika Yama	10:44AM – 12:20PM 7:33AM – 9:09AM	Hasta Until 11:37AM Brahma Until 9:53PM Vanija Until 10:54PM Tritiya Until 11:37AM	Ganesha: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 5:58AM Sunset: 6:41PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	569452363	Rahu 12:20PM – 1:55PM	Ganesha Chaturthi	Bhuloka Day Bhadrapada-Avani	

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy Sun 17
	Tula Rasi: 11.59	Titithi 4 – 5	Gulika Yama	9:09AM – 10:44AM 5:59AM – 7:34AM	Svati Until 8:12PM Indra Until 8:04PM Bava Until 9:62PM Chaturthi* Until 9:53PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 5:59AM Sunset: 6:39PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Amrita Yoga	569552363	Rahu 1:54PM – 3:29PM		Bhuloka Day Bhadrapada-Avani	Devaloka Time: 9:AM to12:PM
	Until 8:12PM	Then Creative Work - Siddha Yoga					

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy Sun 18
	Tula Rasi: 25.16	Titithi 5 – 6	Gulika Yama	7:35AM – 9:09AM 3:28PM – 5:03PM	Vishakha Until 8:56PM Vaidhriti* Until 6:53PM Kaulava Until 9:59PM Panchami Until 9:53AM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:00AM Sunset: 6:37PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	579552363	Rahu 10:44AM – 12:19PM		Devaloka Day Bhadrapada-Avani	

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy Sun 19
	Vrischika Rasi: 8.08	Titithi 6 – 7	Gulika Yama	6:01AM – 7:36AM 1:53PM – 3:27PM	Anuradha Until 10:18PM Vishkambha* Until 6:22PM Gara Until 10:46PM Shashthi* Until 10:15AM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:01AM Sunset: 6:35PM Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	579552363	Rahu 9:10AM – 10:44AM		Devaloka Day Bhadrapada-Avani	

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy Sun 20
	Retreat Star		Gulika Yama	3:26PM – 5:00PM 12:18PM – 1:52PM	Jyeshtha* Until 12:14AM Mon Priti Until 6:27PM Visti Until 12:17AM Mon Saptami Until 11:25AM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:03AM Sunset: 6:34PM Moon 8 - Phase 21 Ashtami
	Vrischika Rasi: 20.37	Titithi 7 – 8	579552363	Rahu 5:00PM – 6:34PM		Devaloka Day Bhadrapada-Avani	
	Routine Work	Marana Yoga					

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy Sun 21
	Retreat Star		Gulika Yama	1:51PM – 3:25PM 10:44AM – 12:18PM	Mula* Until 3:04AM Tue Ayushman Until 6:59PM Balava Until 2:24AM Tue Ashtami* Until 1:16PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:04AM Sunset: 6:32PM Moon 8 - Phase 21 Navami
	Dhanus Rasi: 2.49	Titithi 8 – 9	589552363	Rahu 7:37AM – 9:11AM		Bhuloka Day Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
	Family Home Evening	Creative Work	Siddha Yoga				

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 14.46	Tithi 9 – 10	Gulika 12:17PM – 1:50PM	Purvashadha* Until 6:06AM Wed	Ganesh: Clear <i>Sunrise: 6:05AM</i>		
		Yama 9:11AM – 10:44AM	Saubhagya Until 7:52PM	Muruga: Purple <i>Sunset: 6:30PM</i>		Moon 8 - Phase 22
		581552363 Rahu 3:24PM – 4:57PM	Taitila Until 4:54AM Wed	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 3:36PM	Moon – Light Blue	Bhuloka Day	
Until 6:06AM Wed				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Milan, Italy Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 26.37	Tithi 10	Gulika 10:44AM – 12:17PM	Purvashadha* Until 6:06AM	Ganesh: Clear <i>Sunrise: 6:06AM</i>		
		Yama 7:39AM – 9:12AM	Sobhana Until 8:56PM	Muruga: Purple <i>Sunset: 6:28PM</i>		Moon 8 - Phase 22
		581552363 Rahu 12:17PM – 1:50PM	Gara Until 6:12PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dashami Until 6:12PM	Moon – Light Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 8.24	Tithi 11	Gulika 9:12AM – 10:44AM	Uttarashadha Until 9:04AM	Ganesh: Clear <i>Sunrise: 6:07AM</i>		
		Yama 6:07AM – 7:40AM	Athiganda* Until 9:58PM	Muruga: Purple <i>Sunset: 6:26PM</i>		Moon 8 - Phase 22
		581552363 Rahu 1:49PM – 3:21PM	Vanija Until 7:32AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 8:48PM	Moon – Light Blue	Bhuloka Day	
Until 9:04AM				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 20.13	Tithi 12	Gulika 7:41AM – 9:12AM	Shravana Until 12:16PM	Ganesh: Purple <i>Sunrise: 6:09AM</i>		
		Yama 3:20PM – 4:52PM	Sukarma Until 10:51PM	Muruga: Purple <i>Sunset: 6:24PM</i>		Moon 8 - Phase 22
		591552363 Rahu 10:44AM – 12:16PM	Bava Until 10:04AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 11:13PM	Moon – Purple	Devaloka Day	
Until 12:16PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 2.08	Tithi 13	Gulika 6:10AM – 7:41AM	Dhanishtha Until 3:01PM	Ganesh: Purple <i>Sunrise: 6:10AM</i>		
		Yama 1:47PM – 3:19PM	Dhriti Until 11:28PM	Muruga: Purple <i>Sunset: 6:22PM</i>		Moon 8 - Phase 22
		591552363 Rahu 9:13AM – 10:44AM	Kaulava Until 12:19PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 1:16AM Sun	Moon – Purple	Devaloka Day	
Until 3:01PM				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 14.13	Tithi 14	Gulika 3:18PM – 4:49PM	Shatabhishak Until 5:11PM	Ganesh: Purple <i>Sunrise: 6:11AM</i>		
		Yama 12:16PM – 1:47PM	Shula* Until 11:42PM	Muruga: Purple <i>Sunset: 6:20PM</i>		Moon 8 - Phase 22
		591552363 Rahu 4:49PM – 6:20PM	Gara Until 2:09PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:51AM Mon	Moon – Purple	Devaloka Day	
				Bhadrapada-Puratasi		
		Chidambaram Abhishekam				
		Kadaitswami Mahasamadhi				

○ Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy Sun 28 Sutra 162 Vilamba 5120
Copper Retreat Star		Gulika 1:46PM – 3:17PM	Purvaproshtapada* Until 4:28AM Wed	Ganesh: Purple <i>Sunrise: 6:12AM</i>		
Kumbha Rasi: 26.29	Tithi 15	Yama 10:45AM – 12:15PM	Ganda* Until 11:34PM	Muruga: Purple <i>Sunset: 6:18PM</i>		Moon 8 - Phase 22
Family Home Evening		511552363 Rahu 7:43AM – 9:14AM	Visti Until 3:28PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Purnima* Until 3:55AM Tue	Moon – Clear	Devaloka Day	
Until 4:28AM Wed Tue				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy Sun 29 Sutra 163 Vilamba 5120
Silver Retreat Star		Gulika 12:15PM – 1:45PM	Purvaproshtapada* Until 4:28AM Wed	Ganesh: Purple <i>Sunrise: 6:14AM</i>		
Meena Rasi: 8.59	Tithi 16	Yama 9:14AM – 10:45AM	Vriddhi Until 10:62PM	Muruga: Purple <i>Sunset: 6:16PM</i>		Moon 8 - Phase 22
		511552363 Rahu 3:16PM – 4:46PM	Balava Until 4:16PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 4:28AM Wed	Moon – Clear	Devaloka Day	
Until 4:28AM Wed				Bhadrapada-Puratasi		
Then Routine Work - Marana Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy

Sutra 164

Vilamba 5120

Meena Rasi: 21.43 Tiithi 17

Gulika 10:45AM – 12:15PM
Yama 7:45AM – 9:15AM
511552363 **Rahu** 12:15PM – 1:44PM

Uttaraproshtapada Until 4:33AM Thu
Dhruva Until 9:66PM
Taitila Until 4:35PM
Dvitiya Until 4:33AM Thu

Ganesh: Purple *Sunrise:* 6:15AM
Muruga: Purple *Sunset:* 6:14PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 4:33AM Thu

Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Triliyayam Titau

Milan, Italy

Sun 1 Sutra 165

Vilamba 5120

Mesha Rasi: 4.4 Tiithi 18

Gulika 9:15AM – 10:45AM
Yama 6:16AM – 7:46AM
521552363 **Rahu** 1:44PM – 3:13PM

Revati Until 4:14AM Fri
Vyaghata* Until 18:79AM Fri
Vanija Until 4:28PM
Tritiya Until 4:14AM Fri

Ganesh: Clear *Sunrise:* 6:16AM
Muruga: Purple *Sunset:* 6:12PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 4:14AM Fri

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy

Sun 2 Sutra 166

Vilamba 5120

Mesha Rasi: 17.49 Tiithi 19

Gulika 7:46AM – 9:16AM
Yama 3:12PM – 4:41PM
622552363 **Rahu** 10:45AM – 12:14PM

Bharani Until 9:55PM
Harshana Until 7:19PM
Bava Until 3:57PM
Chaturthi* Until 3:33AM Sat

Ganesh: Clear *Sunrise:* 6:17AM
Muruga: Purple *Sunset:* 6:10PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy

Sun 3 Sutra 167

Vilamba 5120

Vrisabha Rasi: 1.1 Tiithi 20

Gulika 6:19AM – 7:47AM
Yama 1:42PM – 3:11PM
622552363 **Rahu** 9:16AM – 10:45AM

Krittika Until 9:32PM
Vajra* Until 5:29PM
Kaulava Until 3:06PM
Panchami Until 2:33AM Sun

Ganesh: Clear *Sunrise:* 6:19AM
Muruga: Purple *Sunset:* 6:09PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Bava Karana Shashthyam Titau

Milan, Italy

Sun 4 Sutra 168

Vilamba 5120

Vrisabha Rasi: 14.41 Tiithi 21

Gulika 3:10PM – 4:38PM
Yama 12:13PM – 1:42PM
632552363 **Rahu** 4:38PM – 6:07PM

Rohini Until 9:09PM
Siddhi Until 9:09PM
Gara Until 1:57PM
Shashthi* Until 1:15AM Mon

Ganesh: Purple *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 6:07PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy

Sun 5 Sutra 169

Vilamba 5120

Vrisabha Rasi: 28.23 Tiithi 22

Family Home Evening

Gulika 1:41PM – 3:09PM
Yama 10:45AM – 12:13PM
632552363 **Rahu** 7:49AM – 9:17AM

Mrigashira Until 8:21PM
Vyatipata* Until 1:09PM
Visti Until 12:31PM
Saptami Until 11:40PM

Ganesh: Purple *Sunrise:* 6:21AM
Muruga: Purple *Sunset:* 6:05PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Until 8:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy

Sun 6 Sutra 170

Vilamba 5120

Mithuna Rasi: 12.15 Tiithi 23

Gulika 12:13PM – 1:40PM
Yama 9:17AM – 10:45AM
632552363 **Rahu** 3:08PM – 4:35PM

Ardra Until 7:07PM
Variyan Until 10:38AM
Balava Until 10:48AM
Ashtami* Until 9:49PM

Ganesh: Purple *Sunrise:* 6:22AM
Muruga: Purple *Sunset:* 6:03PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
Ashtami

Bhuloka Day

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy

Sun 7 Sutra 171

Vilamba 5120

Mithuna Rasi: 26.17 Tiithi 24

Gulika 10:45AM – 12:12PM
Yama 7:51AM – 9:18AM
642552363 **Rahu** 12:12PM – 1:39PM

Punarvasu Until 5:54PM
Parigha* Until 7:54AM
Taitila Until 8:49AM
Navami* Until 7:42PM

Ganesh: Clear *Sunrise:* 6:23AM
Muruga: Purple *Sunset:* 6:01PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Moon 9 - Phase 23
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Milan, Italy Sutra 172 Vilamba 5120
Kataka Rasi: 10.3	Tithi 25 – 26	Gulika 9:18AM – 10:45AM	Pushya Until 4:19PM	Ganesh: Clear	<i>Sunrise:</i> 6:25AM	Sun 8
		Yama 6:25AM – 7:52AM	Siddha Until 1:50AM Fri	Muruga: Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 24
		642552363 Rahu 1:39PM – 3:06PM	Vanija Until 6:35AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:21PM	Moon – Blue		Bhuloka Day
Until 4:19PM				Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sutra 173 Vilamba 5120
Kataka Rasi: 24.51	Tithi 26 – 27	Gulika 7:52AM – 9:19AM	Ashlesha* Until 2:24PM	Ganesh: Clear	<i>Sunrise:</i> 6:26AM	Sun 9
		Yama 3:04PM – 4:31PM	Sadhya Until 10:36PM	Muruga: Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
		642552363 Rahu 10:45AM – 12:12PM	Kaulava Until 1:32AM Sat	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 2:49PM	Moon – Blue		Bhuloka Day
				Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sutra 174 Vilamba 5120
Simha Rasi: 9.18	Tithi 27 – 28	Gulika 6:27AM – 7:53AM	Magha* Until 12:40PM	Ganesh: White	<i>Sunrise:</i> 6:27AM	Sun 10
		Yama 1:37PM – 3:03PM	Subha Until 7:18PM	Muruga: Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 24
		652552363 Rahu 9:19AM – 10:45AM	Gara Until 10:53PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 12:11PM	Moon – Red		Bhuloka Day
Until 12:40PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sutra 175 Vilamba 5120
Simha Rasi: 23.47	Tithi 28 – 29	Gulika 3:02PM – 4:28PM	Purvaphalguni Until 10:47AM	Ganesh: White	<i>Sunrise:</i> 6:29AM	Sun 11
		Yama 12:11PM – 1:37PM	Sukla Until 4:01PM	Muruga: Purple	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 24
		652552363 Rahu 4:28PM – 5:54PM	Visti Until 8:17PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:33AM	Moon – Red		Bhuloka Day
Until 10:47AM				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sutra 176 Vilamba 5120
Retreat Star		Gulika 1:36PM – 3:01PM	Uttaraphalguni Until 8:53AM	Ganesh: White	<i>Sunrise:</i> 6:30AM	Sun 12
Kanya Rasi: 8.11	Tithi 29 – 30	Yama 10:46AM – 12:11PM	Brahma Until 12:52PM	Muruga: Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24
Family Home Evening		652552364 Rahu 7:55AM – 9:20AM	Naga Until 4:46AM Tue	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 7:02AM	Moon – Red		Bhuloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM

Tuesday, October 9, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Kintughna* Karana Prathamayam Titau		Milan, Italy Sutra 177 Vilamba 5120
Kanya Rasi: 22.25	Tithi 1	Gulika 12:10PM – 1:35PM	Hasta Until 7:32AM	Ganesh: Red	<i>Sunrise:</i> 6:31AM	Sun 13
		Yama 9:21AM – 10:46AM	Indra Until 9:59AM	Muruga: Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 24
		662652364 Rahu 3:00PM – 4:25PM	Kintughna Until 3:48PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:54AM Wed	Moon – Green		Devaloka Day
		Navaratri Begins		Ashvina-Puratasi		

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dviliyayam Titau		Milan, Italy Sun 14 Sutra 178 Vilamba 5120		
Tula Rasi: 6.23	Tithi 2	Gulika 10:46AM – 12:10PM	Chitra Until 6:28AM	Ganesha: Red	<i>Sunrise:</i> 6:32AM	Muruga: Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25
		Yama 7:57AM – 9:21AM	Vaidhriti* Until 7:25AM	Nataraja: Clear				3rd Phase
		662652364 Rahu 12:10PM – 1:35PM	Balava Until 2:12PM	Moon – Green				
Creative Work	Siddha Yoga		Dvitiya Until 1:36AM Thu	Ashvina•Puratasi			Devaloka Day	
2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Triliyayam Titau		Milan, Italy Sun 15 Sutra 179 Vilamba 5120		
Tula Rasi: 20.01	Tithi 3	Gulika 9:22AM – 10:46AM	Vishakha Until 1:04AM Sat Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Muruga: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 25
		Yama 6:34AM – 7:58AM	Priti Until 3:47AM Fri	Nataraja: Clear				3rd Phase
		672652364 Rahu 1:34PM – 2:58PM	Tailila Until 1:12PM	Moon – Orange				
Creative Work	Siddha Yoga		Tritiya Until 12:57AM Fri	Ashvina•Puratasi			Devaloka Day	
3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Milan, Italy Sun 16 Sutra 180 Vilamba 5120		
Vrischika Rasi: 3.15	Tithi 4	Gulika 7:59AM – 9:22AM	Vishakha Until 1:04AM Sat	Ganesha: White	<i>Sunrise:</i> 6:35AM	Muruga: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25
		Yama 2:57PM – 4:21PM	Ayushman Until 2:49AM Sat	Nataraja: Clear				3rd Phase
		673652364 Rahu 10:46AM – 12:10PM	Vanija Until 12:56PM	Moon – Orange				
Creative Work	Siddha Yoga		Chaturthi* Until 1:04AM Sat	Ashvina•Puratasi			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Milan, Italy Sun 17 Sutra 181 Vilamba 5120		
Vrischika Rasi: 16.06	Tithi 5	Gulika 6:36AM – 8:00AM	Anuradha Until 3:36AM Mon Sun	Ganesha: White	<i>Sunrise:</i> 6:36AM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
		Yama 1:33PM – 2:56PM	Saubhagya Until 2:28AM Sun	Nataraja: Clear				3rd Phase
		673652364 Rahu 9:23AM – 10:46AM	Bava Until 1:27PM	Moon – Orange				
Creative Work	Siddha Yoga		Panchami Until 1:58AM Sun	Ashvina•Puratasi			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Milan, Italy Sun 18 Sutra 182 Vilamba 5120		
Vrischika Rasi: 28.35	Tithi 6	Gulika 2:55PM – 4:18PM	Anuradha Until 3:36AM Mon	Ganesha: White	<i>Sunrise:</i> 6:38AM	Muruga: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
		Yama 12:09PM – 1:32PM	Sobhana Until 2:41AM Mon	Nataraja: Clear				3rd Phase
		673652364 Rahu 4:18PM – 5:41PM	Kaulava Until 2:43PM	Moon – Orange				
Routine Work	Marana Yoga		Shashthi* Until 3:36AM Mon	Ashvina•Puratasi			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 3:36AM Mon								
Then Creative Work - Siddha Yoga								
6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Milan, Italy Sun 19 Sutra 183 Vilamba 5120		
Dhanu Rasi: 10.47	Tithi 7	Gulika 1:32PM – 2:54PM	Mula* Until 11:03AM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Muruga: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
Family Home Evening		Yama 10:46AM – 12:09PM	Athiganda* Until 3:19AM Tue	Nataraja: Clear				3rd Phase
		683652364 Rahu 8:01AM – 9:24AM	Gara Until 4:40PM	Moon – Light Blue				
Creative Work	Siddha Yoga		Saptami Until 5:49AM Tue	Ashvina•Puratasi			Devaloka Day	
Until 11:03AM								
Then Routine Work - Marana Yoga								
Retreat Star		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau		Milan, Italy Sun 20 Sutra 184 Vilamba 5120		
Dhanu Rasi: 22.45	Tithi 8	Gulika 12:09PM – 1:31PM	Purvashadha* Until 1:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
		Yama 9:24AM – 10:47AM	Sukarma Until 4:15AM Wed	Nataraja: Clear				Ashtami
		683652364 Rahu 2:53PM – 4:15PM	Visti Until 7:05PM	Moon – Light Blue				
Creative Work	Siddha Yoga		Ashtami* Until 8:23AM Wed	Ashvina•Puratasi			Devaloka Day	
Until 1:54PM								
Then Routine Work - Prabalarishta Yoga								
Retreat Star		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy Sun 21 Sutra 185 Vilamba 5120		
Makara Rasi: 4.35	Tithi 8 – 9	Gulika 10:47AM – 12:09PM	Uttarashadha Until 4:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	Muruga: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
		Yama 8:03AM – 9:25AM	Dhriti Until 5:17AM Thu	Nataraja: Clear				Navami
		683652364 Rahu 12:09PM – 1:30PM	Balava Until 9:44PM	Moon – Light Blue				
Creative Work	Amrita Yoga		Ashtami* Until 8:23AM	Ashvina•Aipasi			Devaloka Day	
Until 4:49PM								
Then Creative Work - Siddha Yoga								

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Milan, Italy Sun 22 Sutra 186	
Makara Rasi: 16.23	Tithi 9 – 10	Gulika	9:26AM – 10:47AM	Shravana Until 8:05PM	Ganesh: Purple	<i>Sunrise:</i> 6:43AM	Vilamba 5120
		Yama	6:43AM – 8:04AM	Shula* Until 10:55PM Fri	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 26
		693652364 Rahu	1:30PM – 2:51PM	Taitila Until 12:20AM Fri	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Navami* Until 11:02AM	Moon – Purple		
		Vijaya Dasami			Ashvina-Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 23 Sutra 187	
Makara Rasi: 28.14	Tithi 10 – 11	Gulika	8:05AM – 9:26AM	Dhanishtha Until 10:55PM	Ganesh: Purple	<i>Sunrise:</i> 6:44AM	Vilamba 5120
		Yama	2:50PM – 4:11PM	Shula* Until 10:55PM	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 26
		693652364 Rahu	10:47AM – 12:08PM	Visti Until 14:94AM Sat	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dashami Until 1:30PM	Moon – Purple		
					Ashvina-Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 24 Sutra 188	
Kumbha Rasi: 10.13	Tithi 11 – 12	Gulika	6:46AM – 8:06AM	Shatabhishak Until 1:09AM Sun	Ganesh: Purple	<i>Sunrise:</i> 6:46AM	Vilamba 5120
		Yama	1:29PM – 2:49PM	Ganda* Until 6:52AM	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 26
		693652364 Rahu	9:27AM – 10:47AM	Bava Until 4:25AM Sun	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Ekadashi Until 3:34PM	Moon – Purple		
Until 1:09AM Sun					Ashvina-Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga							

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 25 Sutra 189	
Kumbha Rasi: 22.23	Tithi 12 – 13	Gulika	2:48PM – 4:09PM	Purvaproshtapada* Until 3:07AM Mon	Ganesh: White	<i>Sunrise:</i> 6:47AM	Vilamba 5120
		Yama	12:08PM – 1:28PM	Vridhi Until 7:09AM	Muruga: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 26
		613652364 Rahu	4:09PM – 5:29PM	Kaulava Until 5:36AM Mon	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 5:04PM	Moon – Clear		
					Ashvina-Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Pradosha Vrata

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 26 Sutra 190	
Meena Rasi: 4.5	Tithi 13 – 14	Gulika	1:28PM – 2:47PM	Uttaraproshtapada Until 4:19AM Tue	Ganesh: White	<i>Sunrise:</i> 6:48AM	Vilamba 5120
Family Home Evening		Yama	10:48AM – 12:08PM	Dhruva Until 6:56AM	Muruga: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26
		613652364 Rahu	8:08AM – 9:28AM	Gara Until 6:08AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 5:56PM	Moon – Clear		
					Ashvina-Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara Karana Chaturdashyam Titau		Milan, Italy Sun 27 Sutra 191	
Meena Rasi: 17.34	Tithi 14	Gulika	12:08PM – 1:27PM	Revati Until 4:44AM Wed	Ganesh: White	<i>Sunrise:</i> 6:50AM	Vilamba 5120
		Yama	9:29AM – 10:48AM	Vyaghata* Until 6:14AM	Muruga: Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 26
		613652364 Rahu	2:47PM – 4:06PM	Gara Until 6:08AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 6:09PM	Moon – Clear		
Until 4:44AM Wed					Ashvina-Aipasi	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga							

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Milan, Italy Sutra 192	
Copper Retreat Star		Gulika	10:48AM – 12:07PM	Ashvini Until 4:56AM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:51AM	Vilamba 5120
Mesha Rasi: 0.35	Tithi 15 – 16	Yama	8:10AM – 9:29AM	Vajra* Until 3:25AM Thu	Muruga: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 26
		623652364 Rahu	12:07PM – 1:27PM	Visti Until 6:04AM	Nataraja: Clear		Purnima
Routine Work	Marana Yoga			Purnima* Until 5:47PM	Moon – White		
Until 4:56AM Thu					Ashvina-Aipasi	Devaloka Day	
Then Creative Work - Siddha Yoga							

○		Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Milan, Italy Sutra 193	
Silver Retreat Star		Gulika	9:30AM – 10:49AM	Bharani Until 4:32AM Fri	Ganesh: Clear	<i>Sunrise:</i> 6:52AM	Vilamba 5120
Mesha Rasi: 13.55	Tithi 16 – 17	Yama	6:52AM – 8:11AM	Siddhi Until 1:27AM Fri	Muruga: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26
		623652364 Rahu	1:26PM – 2:45PM	Taitila Until 4:21AM Fri	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 4:56PM	Moon – White		
					Ashvina-Aipasi	Devaloka Day	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam TitauMilan, Italy
Sun 1 Sutra 194

Vilamba 5120

Mesha Rasi: 27.29 Tihi 17 – 18

624652364
Gulika 8:12AM – 9:30AM
Yama 2:44PM – 4:02PM
Rahu 10:49AM – 12:07PMKrittika Until 3:40AM Sat
Vyatipata* Until 11:11PM
Vanija Until 2:56AM Sat
Dvitiya Until 3:40PMGanesha: White Sunrise: 6:54AM
Muruga: Purple Sunset: 5:21PM
Nataraja: Clear
Moon – White
Ashvina-AipasiMoon 10 - Phase 27
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 3:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthiyam TitauMilan, Italy
Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 11.15 Tihi 18 – 19

634652364
Gulika 6:55AM – 8:13AM
Yama 1:25PM – 2:43PM
Rahu 9:31AM – 10:49AMRohini Until 2:50AM Sun
Variyan Until 8:42PM
Bava Until 1:17AM Sun
Tritiya Until 2:07PMGanesha: Clear Sunrise: 6:55AM
Muruga: Purple Sunset: 5:19PM
Nataraja: Clear
Moon – Yellow
Ashvina-AipasiMoon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam TitauMilan, Italy
Sun 3 Sutra 196

Vilamba 5120

Vrishabha Rasi: 25.1 Tihi 19 – 20

634652364
Gulika 2:42PM – 4:00PM
Yama 12:07PM – 1:25PM
Rahu 4:00PM – 5:18PMMrigashira Until 1:44AM Mon
Parigha* Until 6:06PM
Kaulava Until 11:29PM
Chaturthi* Until 12:23PMGanesha: Clear Sunrise: 6:56AM
Muruga: Purple Sunset: 5:18PM
Nataraja: Clear
Moon – Yellow
Ashvina-AipasiMoon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam TitauMilan, Italy
Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 9.09 Tihi 20 – 21

Family Home Evening

634652364
Gulika 1:24PM – 2:42PM
Yama 10:50AM – 12:07PM
Rahu 8:15AM – 9:32AMArdra Until 12:23AM Tue
Shiva Until 3:25PM
Gara Until 9:35PM
Panchami Until 10:31AMGanesha: Clear Sunrise: 6:58AM
Muruga: Purple Sunset: 5:16PM
Nataraja: Clear
Moon – Yellow
Ashvina-AipasiMoon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam TitauMilan, Italy
Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 23.11 Tihi 21 – 22

644652364
Gulika 12:07PM – 1:24PM
Yama 9:33AM – 10:50AM
Rahu 2:41PM – 3:58PMPunarvasu Until 11:17PM
Siddha Until 12:40PM
Visti Until 7:38PM
Shashthi* Until 8:36AMGanesha: Purple Sunrise: 6:59AM
Muruga: Purple Sunset: 5:15PM
Nataraja: Clear
Moon – Blue
Ashvina-AipasiMoon 10 - Phase 27
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam TitauMilan, Italy
Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 7.15 Tihi 22 – 23

644662364
Gulika 10:50AM – 12:07PM
Yama 8:17AM – 9:34AM
Rahu 12:07PM – 1:23PMPushya Until 10:01PM
Sadhya Until 9:55AM
Kaulava Until 4:39AM Thu
Saptami Until 6:38AMGanesha: Purple Sunrise: 7:00AM
Muruga: Clear Sunset: 5:13PM
Nataraja: Clear
Moon – Blue
Ashvina-AipasiMoon 10 - Phase 27
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam TitauMilan, Italy
Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 21.2 Tihi 24

644662364
Gulika 9:34AM – 10:51AM
Yama 7:02AM – 8:18AM
Rahu 1:23PM – 2:39PMAshlesha* Until 8:36PM
Subha Until 7:09AM
Taitila Until 3:41PM
Navami* Until 2:40AM FriGanesha: Purple Sunrise: 7:02AM
Muruga: Clear Sunset: 5:12PM
Nataraja: Clear
Moon – Blue
Ashvina-AipasiMoon 10 - Phase 27
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1		Friday, November 2, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Milan, Italy Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 5.25	Tithi 25	Gulika Yama 654662364	8:19AM – 9:35AM 2:39PM – 3:54PM Rahu 10:51AM – 12:07PM	Magha* Until 7:29PM Brahma Until 1:34AM Sat Vanija Until 1:42PM Dashami Until 12:42AM Sat	Ganeshha: Clear Muruga: Clear Nataraja: Clear Moon – Red Ashvina-Aipasi	Sunrise: 7:03AM Sunset: 5:10PM	Moon 10 - Phase 28 2nd Phase	Sivaloka Day
Routine Work Marana Yoga Until 7:29PM Then Creative Work - Siddha Yoga								

2		Saturday, November 3, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Milan, Italy Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 19.29	Tithi 26	Gulika Yama 654762364	7:05AM – 8:20AM 1:22PM – 2:38PM Rahu 9:36AM – 10:51AM	Purvaphalguni Until 6:14PM Indra Until 10:51PM Bava Until 11:45AM Ekadashi* Until 10:46PM	Ganeshha: White Muruga: Clear Nataraja: Clear Moon – Red Ashvina-Aipasi	Sunrise: 7:05AM Sunset: 5:09PM	Moon 10 - Phase 28 2nd Phase	Devaloka Day
Creative Work Siddha Yoga Until 6:14PM Then Routine Work - Marana Yoga								

3		Sunday, November 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Milan, Italy Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 3.31	Tithi 27	Gulika Yama 654762364	2:37PM – 3:52PM 12:07PM – 1:22PM Rahu 3:52PM – 5:07PM	Uttaraphalguni Until 4:57PM Vaidhriti* Until 8:11PM Kaulava Until 9:52AM Dvadashi* Until 8:57PM	Ganeshha: White Muruga: Clear Nataraja: Clear Moon – Red Ashvina-Aipasi	Sunrise: 7:06AM Sunset: 5:07PM	Moon 10 - Phase 28 2nd Phase	Devaloka Day
Creative Work Amrita Yoga								

4		Monday, November 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Milan, Italy Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 17.29	Tithi 28	Gulika Yama 664762364	1:22PM – 2:36PM 10:52AM – 12:07PM Rahu 8:22AM – 9:37AM	Hasta Until 4:07PM Vishkambha* Until 5:40PM Gara Until 8:07AM Trayodashi* Until 7:19PM	Ganeshha: Green Muruga: Clear Nataraja: Clear Moon – Green Ashvina-Aipasi	Sunrise: 7:07AM Sunset: 5:06PM	Moon 10 - Phase 28 2nd Phase	Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 4:07PM Then Routine Work - Prabalarishta Yoga								

5		Tuesday, November 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 1.17	Tithi 29 – 30	Gulika Yama 664762364	12:07PM – 1:21PM 9:38AM – 10:52AM Rahu 2:36PM – 3:50PM	Chitra Until 3:24PM Priti Until 3:24PM Visti Until 6:37AM Chaturdashi* Until 5:58PM	Ganeshha: Green Muruga: Clear Nataraja: Clear Moon – Green Ashvina-Aipasi	Sunrise: 7:09AM Sunset: 5:05PM	Moon 10 - Phase 28 2nd Phase	Devaloka Day
Creative Work Siddha Yoga		Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day						

Retreat Star		Wednesday, November 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Milan, Italy Sun 13 Sutra 206 Vilamba 5120
Tula Rasi: 14.54	Tithi 30 – 1	Gulika Yama 765762364	10:53AM – 12:07PM 8:24AM – 9:39AM Rahu 12:07PM – 1:21PM	Svati Until 2:56PM Ayushman Until 1:25PM Kintughna Until 5:02PM Amavasya* Until 16:37AM Thu	Ganeshha: Clear Muruga: Clear Nataraja: Clear Moon – Green Ashvina-Aipasi	Sunrise: 7:10AM Sunset: 5:04PM	Moon 10 - Phase 28 Amavasya	Sivaloka Day
Creative Work Siddha Yoga								

Retreat Star		Thursday, November 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 14 Sutra 207 Vilamba 5120
Tula Rasi: 28.15	Tithi 1 – 2	Gulika Yama 775762364	9:39AM – 10:53AM 7:12AM – 8:25AM Rahu 1:21PM – 2:35PM	Vishakha Until 3:16PM Saubhagya Until 11:50AM Balava Until 4:39AM Fri Prathama* Until 4:37PM	Ganeshha: Orange Muruga: Clear Nataraja: Clear Moon – Orange Karttika-Aipasi	Sunrise: 7:12AM Sunset: 5:02PM	Moon 10 - Phase 28 Prathama	Sivaloka Day
Creative Work Siddha Yoga		Skanda Shasthi Begins						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Friday, November 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Milan, Italy Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 11.18	Tithi 2 - 3	Gulika 8:27AM - 9:40AM	Anuradha Until 4:02PM	Ganesh: Orange <i>Sunrise:</i> 7:13AM			
		Yama 2:34PM - 3:48PM	Sobhana Until 10:45AM	Muruga: Clear <i>Sunset:</i> 5:01PM		Moon 10 - Phase 29 3rd Phase	
		775762364 Rahu 10:54AM - 12:07PM	Taitila Until 5:12AM Sat	Nataraja: Clear Moon - Orange		Sivaloka Day	
Creative Work	Siddha Yoga		Dvitiya Until 4:49PM	Karttika-Aipasi			
Until 4:02PM							
Then Routine Work - Marana Yoga							

2		Saturday, November 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Milan, Italy Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 24.01	Tithi 3 - 4	Gulika 7:14AM - 8:28AM	Jyeshtha* Until 5:18PM	Ganesh: Orange <i>Sunrise:</i> 7:14AM			
		Yama 1:20PM - 2:33PM	Athiganda* Until 10:08AM	Muruga: Clear <i>Sunset:</i> 5:00PM		Moon 10 - Phase 29 3rd Phase	
		775762364 Rahu 9:41AM - 10:54AM	Vanija Until 6:25AM Sun	Nataraja: Clear Moon - Orange		Sivaloka Day	
Creative Work	Siddha Yoga		Tritiya Until 5:42PM	Karttika-Aipasi			

3		Sunday, November 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Milan, Italy Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 6.26	Tithi 4	Gulika 2:33PM - 3:46PM	Mula* Until 7:31PM	Ganesh: Clear <i>Sunrise:</i> 7:16AM			
		Yama 12:07PM - 1:20PM	Sukarma Until 10:03AM	Muruga: Clear <i>Sunset:</i> 4:59PM		Moon 10 - Phase 29 3rd Phase	
		785762364 Rahu 3:46PM - 4:59PM	Vanija Until 6:25AM	Nataraja: Clear Moon - Light Blue		Sivaloka Day	
Creative Work	Amrita Yoga		Chaturthi* Until 7:15PM	Karttika-Aipasi			
Until 7:31PM							
Then Creative Work - Siddha Yoga							

4		Monday, November 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Milan, Italy Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 18.36	Tithi 5	Gulika 1:20PM - 2:32PM	Purvashadha* Until 10:08PM	Ganesh: Clear <i>Sunrise:</i> 7:17AM			
Family Home Evening		Yama 10:55AM - 12:07PM	Dhriti Until 10:28AM	Muruga: Clear <i>Sunset:</i> 4:58PM		Moon 10 - Phase 29 3rd Phase	
		785762364 Rahu 8:30AM - 9:42AM	Bava Until 8:17AM	Nataraja: Clear Moon - Light Blue		Sivaloka Day	
Routine Work	Marana Yoga		Panchami Until 9:23PM	Karttika-Aipasi			

5		Tuesday, November 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Milan, Italy Sun 19 Sutra 212 Vilamba 5120
Makara Rasi: 0.33	Tithi 6	Gulika 12:07PM - 1:20PM	Uttarashadha Until 12:58AM Wed	Ganesh: Clear <i>Sunrise:</i> 7:19AM			
		Yama 9:43AM - 10:55AM	Shula* Until 11:12AM	Muruga: Clear <i>Sunset:</i> 4:56PM		Moon 10 - Phase 29 3rd Phase	
		785762364 Rahu 2:32PM - 3:44PM	Kaulava Until 10:38AM	Nataraja: Clear Moon - Light Blue		Sivaloka Day	
Routine Work	Prabalarishta Yoga		Shashthi* Until 11:55PM	Karttika-Aipasi			
Until 12:58AM Wed							
Then Creative Work - Siddha Yoga							

6		Wednesday, November 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau	Milan, Italy Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 12.23	Tithi 7	Gulika 10:56AM - 12:08PM	Shravana Until 4:16AM Thu	Ganesh: Purple <i>Sunrise:</i> 7:20AM			
		Yama 8:32AM - 9:44AM	Ganda* Until 12:10PM	Muruga: Clear <i>Sunset:</i> 4:55PM		Moon 10 - Phase 29 3rd Phase	
		795762364 Rahu 12:08PM - 1:20PM	Gara Until 1:18PM	Nataraja: Clear Moon - Purple		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Saptami Until 2:38AM Thu	Karttika-Aipasi			

Retreat Star		Thursday, November 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Milan, Italy Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 24.1	Tithi 8	Gulika 9:45AM - 10:56AM	Dhanishtha Until 7:18AM Fri	Ganesh: Purple <i>Sunrise:</i> 7:21AM			
		Yama 7:21AM - 8:33AM	Vriddhi Until 1:10PM	Muruga: Clear <i>Sunset:</i> 4:54PM		Moon 10 - Phase 29 Ashtami	
		795762364 Rahu 1:19PM - 2:31PM	Visti Until 3:59PM	Nataraja: Clear Moon - Purple		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Ashtami* Until 5:13AM Fri	Karttika-Aipasi			

Retreat Star		Friday, November 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau	Milan, Italy Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 6.01	Tithi 9	Gulika 8:34AM - 9:45AM	Dhanishtha Until 7:18AM	Ganesh: Purple <i>Sunrise:</i> 7:23AM			
		Yama 2:31PM - 3:42PM	Dhruva Until 1:59PM	Muruga: Clear <i>Sunset:</i> 4:53PM		Moon 10 - Phase 29 Navami	
		795762364 Rahu 10:57AM - 12:08PM	Balava Until 6:25PM	Nataraja: Clear Moon - Purple		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Navami* Until 7:27AM Sat	Karttika-Karttikai			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau	Milan, Italy Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 18	Tithi 9 – 10	Gulika 7:24AM – 8:35AM	Shatabhishak Until 9:47AM	Ganesha: Clear	<i>Sunrise:</i> 7:24AM		
		Yama 1:19PM – 2:30PM	Vyaghata* Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 30	
		796762365 Rahu 9:46AM – 10:57AM	Tailila Until 8:23PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 7:27AM	Moon – Purple		Devaloka Day	
Until 9:47AM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Milan, Italy Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 0.13	Tithi 10 – 11	Gulika 2:30PM – 3:41PM	Purvaproshtapada* Until 12:02PM	Ganesha: Red	<i>Sunrise:</i> 7:25AM		
		Yama 12:08PM – 1:19PM	Harshana Until 2:32PM	Muruga: Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 30	
		716762365 Rahu 3:41PM – 4:51PM	Vanija Until 9:41PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 9:06AM	Moon – Clear		Devaloka Day	
Until 12:02PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Milan, Italy Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 12.43	Tithi 11 – 12	Gulika 1:19PM – 2:30PM	Uttaraproshtapada Until 1:25PM	Ganesha: Red	<i>Sunrise:</i> 7:27AM		
Family Home Evening		Yama 10:58AM – 12:09PM	Vajra* Until 2:00PM	Muruga: Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 30	
		716762365 Rahu 8:37AM – 9:48AM	Bava Until 10:15PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 10:02AM	Moon – Clear		Devaloka Day	
				Karttika-Karttikai			

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Milan, Italy Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 25.34	Tithi 12 – 13	Gulika 12:09PM – 1:19PM	Revati Until 1:56PM	Ganesha: Red	<i>Sunrise:</i> 7:28AM		
		Yama 9:48AM – 10:59AM	Siddhi Until 12:53PM	Muruga: Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 30	
		716762365 Rahu 2:29PM – 3:39PM	Kaulava Until 10:03PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 10:13AM	Moon – Clear		Devaloka Day	
				Karttika-Karttikai			
				<i>Pradosha Vrata</i>			

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyalipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Milan, Italy Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 8.48	Tithi 13 – 14	Gulika 10:59AM – 12:09PM	Ashvini Until 2:03PM	Ganesha: Blue	<i>Sunrise:</i> 7:29AM		
		Yama 8:39AM – 9:49AM	Vyalipata* Until 11:13AM	Muruga: Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 30	
		726762365 Rahu 12:09PM – 1:19PM	Gara Until 9:10PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 9:40AM	Moon – White		Bhuloka Day	
Until 2:03PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Milan, Italy Sun 28 Sutra 221 Vilamba 5120
Copper Retreat Star		Gulika 9:50AM – 11:00AM	Bharani Until 1:23PM	Ganesha: Blue	<i>Sunrise:</i> 7:31AM		
Mesha Rasi: 22.24	Tithi 14 – 15	Yama 7:31AM – 8:40AM	Variyan Until 9:01AM	Muruga: Clear	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 30	
		726762365 Rahu 1:19PM – 2:29PM	Visti Until 7:40PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:28AM	Moon – White		Bhuloka Day	
Until 1:23PM		Krittika Deepam		Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prahamayam Titau	Milan, Italy Sun 29 Sutra 222 Vilamba 5120
Silver Retreat Star		Gulika 8:41AM – 9:51AM	Krittika Until 12:05PM	Ganesha: Blue	<i>Sunrise:</i> 7:32AM		
Vrishabha Rasi: 6.2	Tithi 15 – 16	Yama 2:28PM – 3:38PM	Parigha* Until 6:25AM	Muruga: Clear	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 30	
		726762365 Rahu 11:00AM – 12:10PM	Kaulava Until 4:34AM Sat	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 6:43AM	Moon – White		Bhuloka Day	
Until 12:05PM		Vinayaga Viratam Begins		Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Milan, Italy

Sutra 223

Vilamba 5120

Wrishabha Rasi: 20.31 Tihti 17

737762365

Gulika 7:33AM – 8:42AM
Yama 1:19PM – 2:28PM
Rahu 9:52AM – 11:01AM

Rohini Until 11:37PM Sun
Siddha Until 12:19AM Sun
Tailila Until 3:25PM
Dvitiya Until 2:10AM Sun

Ganesha: Red *Sunrise:* 7:33AM
Muruga: Clear *Sunset:* 4:47PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 11:37PM Sun
Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 4.53 Tihti 18

737762365

Gulika 2:28PM – 3:37PM
Yama 12:10PM – 1:19PM
Rahu 3:37PM – 4:46PM

Rohini Until 11:37PM
Sadhya Until 8:62PM
Vanija Until 12:55PM
Tritiya Until 11:37PM

Ganesha: Red *Sunrise:* 7:35AM
Muruga: Clear *Sunset:* 4:46PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 19.2 Tihti 19

737762365

Gulika 1:19PM – 2:28PM
Yama 11:02AM – 12:11PM
Rahu 8:45AM – 9:53AM

Ardra Until 6:57AM
Subha Until 5:45PM
Bava Until 10:21AM
Chaturthi* Until 9:04PM

Ganesha: Red *Sunrise:* 7:36AM
Muruga: Clear *Sunset:* 4:45PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 6:57AM
Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Kaulava Karana Panchamyam Titau

Milan, Italy

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 3.46 Tihti 20

747762365

Gulika 12:11PM – 1:19PM
Yama 9:54AM – 11:02AM
Rahu 2:28PM – 3:36PM

Pushya Until 3:34AM Wed
Sukla Until 2:30PM
Kaulava Until 7:50AM
Panchami Until 6:36PM

Ganesha: Green *Sunrise:* 7:37AM
Muruga: Clear *Sunset:* 4:45PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 18.06 Tihti 21 – 22

747862365

Gulika 11:03AM – 12:11PM
Yama 8:47AM – 9:55AM
Rahu 12:11PM – 1:19PM

Ashlesha* Until 1:55AM Thu
Brahma Until 11:23AM
Visti Until 4:17PM
Shashthi* Until 13:72AM Thu

Ganesha: White *Sunrise:* 7:38AM
Muruga: Clear *Sunset:* 4:44PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:55AM Thu

Then Creative Work - Amrita Yoga

◐

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 2.19 Tihti 22 – 23

757863365

Gulika 9:56AM – 11:04AM
Yama 7:40AM – 8:48AM
Rahu 1:20PM – 2:28PM

Magha* Until 12:46AM Fri
Indra Until 8:27AM
Balava Until 1:17AM Fri
Saptami Until 2:12PM

Ganesha: Clear *Sunrise:* 7:40AM
Muruga: Purple *Sunset:* 4:44PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 12:46AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Milan, Italy

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 16.22 Tihti 23 – 24

757863365

Gulika 8:49AM – 9:56AM
Yama 2:27PM – 3:35PM
Rahu 11:04AM – 12:12PM

Purvaphalguni Until 11:45PM
Vishkambha* Until 11:45PM
Gara Until 10:49AM Sat
Ashtami* Until 12:22PM

Ganesha: Clear *Sunrise:* 7:41AM
Muruga: Purple *Sunset:* 4:43PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Milan, Italy Sun 7 Sutra 230 Vilamba 5120	
Kanya Rasi: 0.16	Tithi 24 – 25	Gulika	7:42AM – 8:49AM	Uttaraphalguni Until 10:50PM	Ganesh: Orange	<i>Sunrise:</i> 7:42AM	
		Yama	1:20PM – 2:27PM	Priti Until 12:50AM Sun	Muruga: Purple	<i>Sunset:</i> 4:43PM	Moon 11 - Phase 32
		758863365 Rahu	9:57AM – 11:05AM	Vanija Until 10:09PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga			Navami* Until 10:49AM	Moon – Red		Bhuloka Day
					Karttika-Karttikai		Devaloka Time: 6:AM to 9:AM

2		Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 8 Sutra 231 Vilamba 5120	
Kanya Rasi: 13.59	Tithi 25 – 26	Gulika	2:27PM – 3:35PM	Hasta Until 10:30PM	Ganesh: Light Blue	<i>Sunrise:</i> 7:43AM	
		Yama	12:13PM – 1:20PM	Ayushman Until 10:43PM	Muruga: Purple	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 32
		768863365 Rahu	3:35PM – 4:42PM	Bava Until 9:01PM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 9:31AM	Moon – Green		Bhuloka Day
Until 10:30PM					Karttika-Karttikai		
Then Creative Work - Siddha Yoga							

3		Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 9 Sutra 232 Vilamba 5120	
Kanya Rasi: 27.32	Tithi 26 – 27	Gulika	1:20PM – 2:28PM	Chitra Until 10:20PM	Ganesh: Light Blue	<i>Sunrise:</i> 7:44AM	
Family Home Evening		Yama	11:06AM – 12:13PM	Saubhagya Until 8:52PM	Muruga: Purple	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 32
		768863365 Rahu	8:51AM – 9:59AM	Kaulava Until 8:11PM	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga			Ekadashi* Until 8:32AM	Moon – Green		Bhuloka Day
Until 10:20PM					Karttika-Karttikai		
Then Creative Work - Amrita Yoga							

4		Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 10 Sutra 233 Vilamba 5120	
Tula Rasi: 10.55	Tithi 27 – 28	Gulika	12:13PM – 1:21PM	Svati Until 10:21PM	Ganesh: Light Blue	<i>Sunrise:</i> 7:45AM	
		Yama	9:59AM – 11:06AM	Sobhana Until 7:17PM	Muruga: Purple	<i>Sunset:</i> 4:42PM	Moon 11 - Phase 32
		768863365 Rahu	2:28PM – 3:35PM	Gara Until 7:41PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 7:52AM	Moon – Green		Bhuloka Day
Until 10:21PM					Karttika-Karttikai		
Then Routine Work - Marana Yoga							<i>Pradosha Vrata (Fasting)</i>

5		Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 11 Sutra 234 Vilamba 5120	
Tula Rasi: 24.05	Tithi 28 – 29	Gulika	11:07AM – 12:14PM	Vishakha Until 11:03PM	Ganesh: Purple	<i>Sunrise:</i> 7:46AM	
		Yama	8:53AM – 10:00AM	Athiganda* Until 6:00PM	Muruga: Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 32
		778863365 Rahu	12:14PM – 1:21PM	Visi Until 7:36PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 7:34AM	Moon – Orange		Bhuloka Day
					Karttika-Karttikai		

Thursday, December 6, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sun 12 Sutra 235 Vilamba 5120	
Vriscika Rasi: 7.03	Tithi 29 – 30	Gulika	10:01AM – 11:08AM	Anuradha Until 12:04AM Fri	Ganesh: Purple	<i>Sunrise:</i> 7:47AM	
		Yama	7:47AM – 8:54AM	Sukarma Until 5:04PM	Muruga: Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 32
		778863365 Rahu	1:21PM – 2:28PM	Catuspada Until 7:59PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 7:42AM	Moon – Orange		Bhuloka Day
Until 12:04AM Fri					Karttika-Karttikai		
Then Routine Work - Marana Yoga							

Friday, December 7, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga* Karana Amavasya/Prathamayam Titau		Milan, Italy Sun 13 Sutra 236 Vilamba 5120	
Vriscika Rasi: 19.47	Tithi 30 – 1	Gulika	8:55AM – 10:02AM	Jyeshtha* Until 1:25AM Sat	Ganesh: Light Blue	<i>Sunrise:</i> 7:48AM	
		Yama	2:28PM – 3:34PM	Dhriti Until 4:33PM	Muruga: Purple	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 32
		779863365 Rahu	11:08AM – 12:15PM	Naga Until 8:20AM	Nataraja: White		Prathama
Routine Work	Marana Yoga			Amavasya* Until 8:20AM	Moon – Orange		Bhuloka Day
Until 1:25AM Sat					Margasira-Karttikai		
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 2.16	Tithi 1 – 2	Gulika 7:49AM – 8:56AM	Mula* Until 3:36AM Sun	Ganesh: Purple <i>Sunrise: 7:49AM</i>			
		Yama 1:22PM – 2:28PM	Shula* Until 4:24PM	Muruga: Purple <i>Sunset: 4:41PM</i>			Moon 11 - Phase 33
		789863365 Rahu 10:02AM – 11:09AM	Balava Until 9:29AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 10:71AM Sun	Moon – Light Blue		Bhuloka Day	
				Margasira-Karttikai			
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Milan, Italy Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 14.32	Tithi 2 – 3	Gulika 2:28PM – 3:35PM	Purvashadha* Until 6:07AM Mon	Ganesh: Purple <i>Sunrise: 7:50AM</i>			
		Yama 12:16PM – 1:22PM	Ganda* Until 4:41PM	Muruga: Purple <i>Sunset: 4:41PM</i>			Moon 11 - Phase 33
		789863365 Rahu 3:35PM – 4:41PM	Taitila Until 12:15AM Mon	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 11:11AM	Moon – Light Blue		Bhuloka Day	
Until 6:07AM Mon				Margasira-Karttikai			
Then Routine Work - Marana Yoga							
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Milan, Italy Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 26.36	Tithi 3 – 4	Gulika 1:22PM – 2:28PM	Purvashadha* Until 6:07AM	Ganesh: Purple <i>Sunrise: 7:51AM</i>			
Family Home Evening		Yama 11:10AM – 12:16PM	Vridhi Until 5:18PM	Muruga: Purple <i>Sunset: 4:41PM</i>			Moon 11 - Phase 33
		789863365 Rahu 8:58AM – 10:04AM	Vanija Until 2:38AM Tue	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 1:22PM	Moon – Light Blue		Bhuloka Day	
				Margasira-Karttikai			
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 8.3	Tithi 4 – 5	Gulika 12:17PM – 1:23PM	Uttarashadha Until 8:51AM	Ganesh: Purple <i>Sunrise: 7:52AM</i>			
		Yama 10:04AM – 11:10AM	Dhruva Until 6:10PM	Muruga: Purple <i>Sunset: 4:41PM</i>			Moon 11 - Phase 33
		789863365 Rahu 2:29PM – 3:35PM	Bava Until 5:18AM Wed	Nataraja: White			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 3:55PM	Moon – Light Blue		Bhuloka Day	
Until 8:51AM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau		Milan, Italy Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 20.19	Tithi 5	Gulika 11:11AM – 12:17PM	Shravana Until 12:08PM	Ganesh: Clear <i>Sunrise: 7:53AM</i>			
		Yama 8:59AM – 10:05AM	Vyaghata* Until 7:10PM	Muruga: Purple <i>Sunset: 4:41PM</i>			Moon 11 - Phase 33
		799863365 Rahu 12:17PM – 1:23PM	Balava Until 6:40PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:40PM	Moon – Purple		Bhuloka Day	
Until 12:08PM				Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga							
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Milan, Italy Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2.05	Tithi 6	Gulika 10:06AM – 11:12AM	Dhanishtha Until 3:17PM	Ganesh: Clear <i>Sunrise: 7:54AM</i>			
		Yama 7:54AM – 9:00AM	Harshana Until 8:09PM	Muruga: Purple <i>Sunset: 4:41PM</i>			Moon 11 - Phase 33
		799863365 Rahu 1:23PM – 2:29PM	Kaulava Until 8:03AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:22PM	Moon – Purple		Bhuloka Day	
				Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM	
Retreat Star		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Milan, Italy Sun 20 Sutra 243 Vilamba 5120	
Kumbha Rasi: 13.55	Tithi 7	Gulika 9:01AM – 10:06AM	Shatabhishak Until 6:04PM	Ganesh: Clear <i>Sunrise: 7:55AM</i>			
		Yama 2:30PM – 3:35PM	Vajra* Until 8:55PM	Muruga: Purple <i>Sunset: 4:41PM</i>			Moon 11 - Phase 33
		799863365 Rahu 11:12AM – 12:18PM	Gara Until 10:40AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:49PM	Moon – Purple		Bhuloka Day	
				Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM	
Retreat Star		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Milan, Italy Sun 21 Sutra 244 Vilamba 5120	
Kumbha Rasi: 25.52	Tithi 8	Gulika 7:56AM – 9:01AM	Purvaproshtapada* Until 8:45PM	Ganesh: Clear <i>Sunrise: 7:56AM</i>			
		Yama 1:24PM – 2:30PM	Siddhi Until 9:21PM	Muruga: Purple <i>Sunset: 4:41PM</i>			Moon 11 - Phase 33
		711863365 Rahu 10:07AM – 11:13AM	Visti Until 12:53PM	Nataraja: White			Ashtami
Routine Work	Marana Yoga		Ashtami* Until 1:45AM Sun	Moon – Clear		Bhuloka Day	
Until 8:45PM				Margasira-Karttikai		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							
Retreat Star		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Milan, Italy Sun 22 Sutra 245 Vilamba 5120	
Meena Rasi: 8.03	Tithi 9	Gulika 2:30PM – 3:36PM	Uttaraproshtapada Until 10:38PM	Ganesh: Purple <i>Sunrise: 7:56AM</i>			
		Yama 12:19PM – 1:25PM	Vyatipata* Until 9:18PM	Muruga: Purple <i>Sunset: 4:42PM</i>			Moon 11 - Phase 33
		811863365 Rahu 3:36PM – 4:42PM	Balava Until 2:30PM	Nataraja: White			Navami
Creative Work	Amrita Yoga		Navami* Until 3:01AM Mon	Moon – Clear		Bhuloka Day	
		Markali Pillaiyar		Margasira-Markali			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1		Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Milan, Italy Sun 23 Sutra 246 Vilamba 5120
Meena Rasi: 20.31	Tithi 10	Gulika	1:25PM – 2:31PM	Revati Until 11:38PM	Ganesh: Purple <i>Sunrise:</i> 7:57AM	
Family Home Evening	811863365	Yama	11:14AM – 12:19PM	Variyan Until 8:38PM	Muruga: Purple <i>Sunset:</i> 4:42PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	9:03AM – 10:08AM	Taitila Until 3:22PM	Nataraja: White	4th Phase
				Dashami Until 3:29AM Tue	Moon – Clear	Bhuloka Day
					Margasira-Markali	

2		Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Milan, Italy Sun 24 Sutra 247 Vilamba 5120
Mesha Rasi: 3.21	Tithi 11	Gulika	12:20PM – 1:26PM	Ashvini Until 12:09AM Wed	Ganesh: Clear <i>Sunrise:</i> 7:58AM	
	821863365	Yama	10:09AM – 11:14AM	Parigha* Until 12:09AM Wed	Muruga: Purple <i>Sunset:</i> 4:42PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	2:31PM – 3:37PM	Vanija Until 3:26PM	Nataraja: White	4th Phase
				Ekadashi Until 3:08AM Wed	Moon – White	Bhuloka Day
		Gita Jayanthi			Margasira-Markali	Devaloka Time: 6:AM to 9:AM

3		Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Milan, Italy Sun 25 Sutra 248 Vilamba 5120
Mesha Rasi: 16.35	Tithi 12	Gulika	11:15AM – 12:20PM	Bharani Until 11:43PM	Ganesh: Clear <i>Sunrise:</i> 7:58AM	
	821863365	Yama	9:04AM – 10:09AM	Shiva Until 5:26PM	Muruga: Purple <i>Sunset:</i> 4:43PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	12:20PM – 1:26PM	Bava Until 2:40PM	Nataraja: White	4th Phase
Until 11:43PM				Dvadashi Until 1:59AM Thu	Moon – White	Bhuloka Day
Then Creative Work - Amrita Yoga					Margasira-Markali	Devaloka Time: 6:AM to 9:AM

4		Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Milan, Italy Sun 26 Sutra 249 Vilamba 5120
Vrishabha Rasi: 0.17	Tithi 13	Gulika	10:10AM – 11:15AM	Krittika Until 10:28PM	Ganesh: Clear <i>Sunrise:</i> 7:59AM	
	821863365	Yama	7:59AM – 9:04AM	Siddha Until 2:56PM	Muruga: Purple <i>Sunset:</i> 4:43PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu	1:26PM – 2:32PM	Kaulava Until 1:09PM	Nataraja: White	4th Phase
				Trayodashi Until 12:08AM Fri	Moon – White	Bhuloka Day
					Margasira-Markali	Devaloka Time: 6:AM to 9:AM
					<i>Pradosha Vrata</i>	

5		Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Milan, Italy Sun 27 Sutra 250 Vilamba 5120
Vrishabha Rasi: 14.23	Tithi 14	Gulika	9:05AM – 10:10AM	Rohini Until 6:52PM Sat	Ganesh: White <i>Sunrise:</i> 8:00AM	
	831863365	Yama	2:32PM – 3:38PM	Sadhya Until 11:56AM	Muruga: Purple <i>Sunset:</i> 4:43PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu	11:16AM – 12:21PM	Gara Until 11:00AM	Nataraja: White	4th Phase
Until 6:52PM Sat				Chaturdashi* Until 9:43PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati			Margasira-Markali	

○		Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Milan, Italy Sun 27 Sutra 251 Vilamba 5120
Copper Retreat Star		Gulika	8:00AM – 9:06AM	Rohini Until 6:52PM	Ganesh: Yellow <i>Sunrise:</i> 8:00AM	
Vrishabha Rasi: 28.5	Tithi 15	Yama	1:27PM – 2:33PM	Subha Until 4:51AM Sun	Muruga: Purple <i>Sunset:</i> 4:44PM	Moon 11 - Phase 34
	831963365	Rahu	10:11AM – 11:17AM	Visti Until 8:21AM	Nataraja: White	Purnima
Creative Work	Siddha Yoga			Purnima* Until 6:52PM	Moon – Yellow	Bhuloka Day
		Day 2 of Pancha Ganapati			Margasira-Markali	Devaloka Time: 9:AM to 12:PM

○		Sunday, December 23, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 27 Sutra 252 Vilamba 5120
Silver Retreat Star		Gulika	2:34PM – 3:39PM	Ardra Until 4:15PM	Ganesh: Yellow <i>Sunrise:</i> 8:01AM	
Mithuna Rasi: 13.34	Tithi 16 – 17	Yama	12:23PM – 1:28PM	Brahma Until 1:00AM Mon	Muruga: Purple <i>Sunset:</i> 4:44PM	Moon 11 - Phase 34
	831963365	Rahu	3:39PM – 4:44PM	Taitila Until 2:09AM Mon	Nataraja: White	Prathama
Creative Work	Siddha Yoga			Prathama* Until 3:45PM	Moon – Yellow	Bhuloka Day
		Day 3 of Pancha Ganapati			Margasira-Markali	Devaloka Time: 9:AM to 12:PM
		Ardra Darshanam				

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 28.26 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Gulika 1:29PM - 2:34PM
Yama 11:17AM - 12:23PM
Rahu 9:06AM - 10:12AM

Day 4 of Pancha Ganapati

Punarvasu Until 1:53PM
Indra Until 9:07PM
Vanija Until 10:55PM

Dvitiya Until 12:31PM

Ganesh: Blue Sunrise: 8:01AM

Muruga: Purple Sunset: 4:45PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Milan, Italy

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 13.19 Tihi 18 - 19

Creative Work Siddha Yoga

Gulika 12:24PM - 1:29PM
Yama 10:12AM - 11:18AM
Rahu 2:35PM - 3:40PM

Day 5 of Pancha Ganapati

Pushya Until 11:25AM
Vaidhriti* Until 5:18PM
Bava Until 7:47PM

Tritiya Until 9:19AM

Ganesh: Yellow Sunrise: 8:01AM

Muruga: Purple Sunset: 4:46PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Milan, Italy

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 28.05 Tihi 19 - 20

Creative Work Siddha Yoga

Gulika 11:18AM - 12:24PM
Yama 9:07AM - 10:13AM
Rahu 12:24PM - 1:30PM

Ashlesha* Until 8:59AM
Vishkambha* Until 1:39PM
Taitila Until 3:31AM Thu

Chaturthi* Until 6:16AM

Ganesh: Yellow Sunrise: 8:02AM

Muruga: Purple Sunset: 4:46PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Milan, Italy

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 12.38 Tihi 21

Creative Work Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

Gulika 10:13AM - 11:19AM
Yama 8:02AM - 9:08AM
Rahu 1:30PM - 2:36PM

Magha* Until 7:08AM
Priti Until 10:17AM
Gara Until 2:18PM

Shashthi* Until 1:10AM Fri

Ganesh: Blue Sunrise: 8:02AM

Muruga: Purple Sunset: 4:47PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Milan, Italy

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 26.55 Tihi 22

Creative Work Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Gulika 9:08AM - 10:14AM
Yama 2:36PM - 3:42PM
Rahu 11:19AM - 12:25PM

Uttaraphalguni Until 4:17AM Sat
Ayushman Until 7:14AM
Visti Until 12:10PM

Saptami Until 11:16PM

Ganesh: Blue Sunrise: 8:02AM

Muruga: Purple Sunset: 4:48PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Milan, Italy

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.53 Tihi 23

Routine Work Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Gulika 8:02AM - 9:08AM
Yama 1:31PM - 2:37PM
Rahu 10:14AM - 11:20AM

Hasta Until 3:50AM Sun
Sobhana Until 2:22AM Sun
Balava Until 10:32AM

Ashtami* Until 9:54PM

Ganesh: Red Sunrise: 8:02AM

Muruga: Purple Sunset: 4:49PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Milan, Italy

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 24.32 Tihi 24

Creative Work Siddha Yoga

Until 3:46AM Mon

Then Creative Work - Amrita Yoga

Gulika 2:38PM - 3:44PM
Yama 12:26PM - 1:32PM
Rahu 3:44PM - 4:49PM

Chitra Until 3:46AM Mon
Athiganda* Until 12:33AM Mon
Taitila Until 9:26AM

Navami* Until 9:04PM

Ganesh: Red Sunrise: 8:03AM

Muruga: Purple Sunset: 4:49PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Milan, Italy

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Milan, Italy Sun 8 Sutra 260 Vilamba 5120
1		Gulika 1:32PM – 2:38PM	Svati Until 4:03AM Tue	Ganesh: Red	<i>Sunrise:</i> 8:03AM	
Tula Rasi: 7.53	Tithi 25	Yama 11:21AM – 12:27PM	Sukarma Until 11:09PM	Muruga: Purple	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 9:09AM – 10:15AM	Vanija Until 8:52AM	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Dashami Until 8:45PM	Moon – Green	Bhuloka Day	
Until 4:03AM Tue				Margasira-Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Bava Karana Ekadashyam Titau				Milan, Italy Sun 9 Sutra 261 Vilamba 5120
2		Gulika 12:27PM – 1:33PM	Vishakha Until 5:08AM Wed	Ganesh: Green	<i>Sunrise:</i> 8:03AM	
Tula Rasi: 20.58	Tithi 26	Yama 10:15AM – 11:21AM	Dhriti Until 10:09PM	Muruga: Purple	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 36
872963366		Rahu 2:39PM – 3:45PM	Bava Until 8:49AM	Nataraja: Green		2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 8:58PM	Moon – Orange	Bhuloka Day	
Until 5:08AM Wed				Margasira-Markali		
Then Creative Work - Siddha Yoga						

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Milan, Italy Sun 10 Sutra 262 Vilamba 5120
3		Gulika 11:21AM – 12:27PM	Anuradha Until 6:31AM Thu	Ganesh: Green	<i>Sunrise:</i> 8:03AM	
Vrischika Rasi: 3.47	Tithi 27	Yama 9:09AM – 10:15AM	Shula* Until 9:31PM	Muruga: Purple	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 36
872963366		Rahu 12:27PM – 1:34PM	Kaulava Until 9:17AM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 9:40PM	Moon – Orange	Bhuloka Day	
Until 6:31AM Thu				Margasira-Markali		
Then Routine Work - Prabalarishta Yoga						

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Milan, Italy Sun 11 Sutra 263 Vilamba 5120
4		Gulika 10:15AM – 11:22AM	Anuradha Until 6:31AM	Ganesh: Green	<i>Sunrise:</i> 8:03AM	
Vrischika Rasi: 16.23	Tithi 28	Yama 8:03AM – 9:09AM	Ganda* Until 9:14PM	Muruga: Purple	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 36
872963366		Rahu 1:34PM – 2:40PM	Gara Until 10:13AM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 10:51PM	Moon – Orange	Bhuloka Day	
Until 6:31AM				Margasira-Markali		
Then Routine Work - Prabalarishta Yoga						
						<i>Pradosha Vrata (Fasting)</i>

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Milan, Italy Sun 12 Sutra 264 Vilamba 5120
5		Gulika 9:09AM – 10:16AM	Jyeshtha* Until 8:12AM	Ganesh: Green	<i>Sunrise:</i> 8:03AM	
Vrischika Rasi: 28.47	Tithi 29	Yama 2:41PM – 3:48PM	Vriddhi Until 9:19PM	Muruga: Purple	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 36
872963366		Rahu 11:22AM – 12:28PM	Visti Until 11:37AM	Nataraja: Green		2nd Phase
Routine Work Marana Yoga			Chaturdashi* Until 12:28AM Sat	Moon – Orange	Bhuloka Day	
Until 8:12AM				Margasira-Markali		
Then Creative Work - Amrita Yoga						

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Milan, Italy Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika 8:03AM – 9:09AM	Mula* Until 10:36AM	Ganesh: White	<i>Sunrise:</i> 8:03AM	
Dhanus Rasi: 11	Tithi 30	Yama 1:35PM – 2:42PM	Dhruva Until 9:40PM	Muruga: Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36
882963366		Rahu 10:16AM – 11:22AM	Catuspada Until 1:27PM	Nataraja: Green		Amavasya
Creative Work Siddha Yoga			Amavasya* Until 2:29AM Sun	Moon – Light Blue	Bhuloka Day	
		Subramuniyaswami Jayanti		Margasira-Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Milan, Italy Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika 2:43PM – 3:49PM	Purvashadha* Until 1:13PM	Ganesh: White	<i>Sunrise:</i> 8:03AM	
Dhanus Rasi: 23.04	Tithi 1	Yama 12:29PM – 1:36PM	Vyaghata* Until 10:18PM	Muruga: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36
882973366		Rahu 3:49PM – 4:56PM	Kintughna Until 3:39PM	Nataraja: Green		Prathama
Creative Work Siddha Yoga			Prathama* Until 4:50AM Mon	Moon – Light Blue	Bhuloka Day	
Until 1:13PM		Partial Solar Eclipse		Pausha-Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Milan, Italy Sun 15 Sutra 267 Vilamba 5120
	Makara Rasi: 4.59	Tithi 2	Gulika	1:37PM – 2:43PM	Uttarashadha Until 3:56PM	Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue	Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Family Home Evening	882973366	Rahu	9:09AM – 10:16AM	Harshana Until 11:09PM Balava Until 6:09PM Dvitiya Until 7:27AM Tue	Sunrise: 8:03AM Sunset: 4:57PM	Moon 12 - Phase 37 3rd Phase
	Routine Work	Marana Yoga					

2	Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy Sun 16 Sutra 268 Vilamba 5120
	Makara Rasi: 16.5	Tithi 2 – 3	Gulika	12:30PM – 1:37PM	Shravana Until 7:12PM	Ganesha: Red Muruga: Clear Nataraja: Green Moon – Purple	Devaloka Day
	893973366		Rahu	2:44PM – 3:51PM	Vajra* Until 12:06AM Wed Taitila Until 8:50PM Dvitiya Until 7:27AM	Sunrise: 8:02AM Sunset: 4:58PM	Moon 12 - Phase 37 3rd Phase
	Creative Work	Siddha Yoga					

3	Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Milan, Italy Sun 17 Sutra 269 Vilamba 5120
	Makara Rasi: 28.37	Tithi 3 – 4	Gulika	11:24AM – 12:31PM	Dhanishtha Until 10:22PM	Ganesha: Red Muruga: Clear Nataraja: Green Moon – Purple	Devaloka Day
	893973366		Rahu	12:31PM – 1:38PM	Siddhi Until 1:06AM Thu Vanija Until 11:36PM Tritiya Until 10:12AM	Sunrise: 8:02AM Sunset: 4:59PM	Moon 12 - Phase 37 3rd Phase
	Routine Work	Prabalarishta Yoga					

4	Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy Sun 18 Sutra 270 Vilamba 5120
	Kumbha Rasi: 10.25	Tithi 4 – 5	Gulika	10:16AM – 11:24AM	Shatabhishak Until 1:16AM Fri	Ganesha: Red Muruga: Clear Nataraja: Green Moon – Purple	Devaloka Day
	893973366		Rahu	1:38PM – 2:46PM	Vyatipata* Until 2:01AM Fri Bava Until 2:15AM Fri Chaturthi* Until 12:55PM	Sunrise: 8:02AM Sunset: 5:00PM	Moon 12 - Phase 37 3rd Phase
	Creative Work	Siddha Yoga					

5	Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy Sun 19 Sutra 271 Vilamba 5120
	Kumbha Rasi: 22.15	Tithi 5 – 6	Gulika	9:09AM – 10:16AM	Purvaproshtapada* Until 4:14AM Sat	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear	Devaloka Day
	813973366		Rahu	11:24AM – 12:31PM	Variyan Until 2:43AM Sat Kaulava Until 4:37AM Sat Panchami Until 3:27PM	Sunrise: 8:01AM Sunset: 5:02PM	Moon 12 - Phase 37 3rd Phase
	Creative Work	Siddha Yoga					

6	Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy Sun 20 Sutra 272 Vilamba 5120
	Meena Rasi: 4.12	Tithi 6 – 7	Gulika	8:01AM – 9:09AM	Uttaraproshtapada Until 6:37AM Sun	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear	Devaloka Day
	813973366		Rahu	10:16AM – 11:24AM	Parigha* Until 3:06AM Sun Gara Until 6:32AM Sun Shashthi* Until 5:37PM	Sunrise: 8:01AM Sunset: 5:03PM	Moon 12 - Phase 37 3rd Phase
	Creative Work	Siddha Yoga					

7	Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy Sun 21 Sutra 273 Vilamba 5120
	Retreat Star		Gulika	2:48PM – 3:56PM	Uttaraproshtapada Until 6:37AM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear	Devaloka Day
	Meena Rasi: 16.2	Tithi 7	Rahu	3:56PM – 5:04PM	Shiva Until 3:02AM Mon Gara Until 6:32AM Saptami Until 7:15PM	Sunrise: 8:01AM Sunset: 5:04PM	Moon 12 - Phase 37 3rd Phase
	Creative Work	Amrita Yoga					

8	Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy Sun 22 Sutra 274 Vilamba 5120
	Retreat Star		Gulika	1:41PM – 2:49PM	Revati Until 8:14AM	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear	Devaloka Day
	Meena Rasi: 28.44	Tithi 8	Rahu	9:08AM – 10:16AM	Siddha Until 2:23AM Tue Visti Until 7:49AM Ashtami* Until 8:10PM	Sunrise: 8:00AM Sunset: 5:05PM	Moon 12 - Phase 37 Ashtami
	Creative Work	Siddha Yoga					

9	Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy Sun 23 Sutra 275 Vilamba 5120
	Retreat Star		Gulika	12:33PM – 1:41PM	Ashvini Until 9:28AM	Ganesha: Purple Muruga: Clear Nataraja: Green Moon – White	Sivaloka Day
	Mesha Rasi: 11.28	Tithi 9	Rahu	2:50PM – 3:58PM	Sadhya Until 1:08AM Wed Balava Until 8:21AM Navami* Until 8:18PM	Sunrise: 8:00AM Sunset: 5:06PM	Moon 12 - Phase 37 Navami
	Creative Work	Siddha Yoga					


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Vanija Karana Dashamyam Titau		Milan, Italy Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 24.35	Tithi 10	Gulika	11:25AM – 12:33PM	Bharani Until 9:43AM	Ganesha: Blue	<i>Sunrise: 7:59AM</i>		
		Yama	9:08AM – 10:16AM	Subha Until 9:43AM	Muruga: Clear	<i>Sunset: 5:08PM</i>	Moon 12 - Phase 38	
		833173366 Rahu	12:33PM – 1:42PM	Taitila Until 8:04AM	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 7:36PM	Moon – White			Sivaloka Day
Until 9:43AM					Pausha*Thai			
Then Creative Work - Amrita Yoga								

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Milan, Italy Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 8.09	Tithi 11	Gulika	10:16AM – 11:25AM	Krittika Until 9:02AM	Ganesha: Blue	<i>Sunrise: 7:58AM</i>		
		Yama	7:58AM – 9:07AM	Sukla Until 8:43PM	Muruga: Clear	<i>Sunset: 5:09PM</i>	Moon 12 - Phase 38	
		833173366 Rahu	1:43PM – 2:51PM	Vanija Until 6:57AM	Nataraja: Green		4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 6:05PM	Moon – White			Sivaloka Day
					Pausha*Thai			

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 22.11	Tithi 12 – 13	Gulika	9:07AM – 10:16AM	Rohini Until 7:54AM	Ganesha: Yellow	<i>Sunrise: 7:58AM</i>		
		Yama	2:52PM – 4:01PM	Brahma Until 5:37PM	Muruga: Clear	<i>Sunset: 5:10PM</i>	Moon 12 - Phase 38	
		833173366 Rahu	11:25AM – 12:34PM	Kaulava Until 2:33AM Sat	Nataraja: Green		4th Phase	
Routine Work	Marana Yoga			Dvadashi Until 3:52PM	Moon – Yellow			Devaloka Day
Until 7:54AM					Pausha*Thai			
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata</i>			

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 6.4	Tithi 13 – 14	Gulika	7:57AM – 9:06AM	Mrigashira Until 6:00AM	Ganesha: Yellow	<i>Sunrise: 7:57AM</i>		
		Yama	1:44PM – 2:53PM	Indra Until 2:05PM	Muruga: Clear	<i>Sunset: 5:12PM</i>	Moon 12 - Phase 38	
		833173366 Rahu	10:16AM – 11:25AM	Taitila Until 1:03PM	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 1:03PM	Moon – Yellow			Devaloka Day
					Pausha*Thai			

		Sunday, January 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Milan, Italy Sun 28 Sutra 280 Vilamba 5120
Copper Retreat Star		Gulika	2:54PM – 4:03PM	Punarvasu Until 12:50AM Mon	Ganesha: White	<i>Sunrise: 7:56AM</i>		
Mithuna Rasi: 21.3	Tithi 14 – 15	Yama	12:35PM – 1:44PM	Vaidhriti* Until 10:09AM	Muruga: Clear	<i>Sunset: 5:13PM</i>	Moon 12 - Phase 38	
		833173366 Rahu	4:03PM – 5:13PM	Visti Until 9:48AM	Nataraja: Green		Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 5:75AM Mon	Moon – Blue			Sivaloka Day
					Pausha*Thai			

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Milan, Italy Sun 28 Sutra 281 Vilamba 5120
Kataka Rasi: 6.35	Tithi 15 – 16	Gulika	1:45PM – 2:55PM	Pushya Until 9:55PM	Ganesha: White	<i>Sunrise: 7:56AM</i>		
Family Home Evening		Yama	11:25AM – 12:35PM	Vishkambha* Until 6:01AM	Muruga: Clear	<i>Sunset: 5:14PM</i>	Moon 12 - Phase 38	
		833173366 Rahu	9:05AM – 10:15AM	Kaulava Until 2:34AM Tue	Nataraja: Green		Prathama	
Creative Work	Siddha Yoga			Purnima* Until 6:15AM	Moon – Blue			Sivaloka Day
					Pausha*Thai			
		Total Lunar Eclipse						
		Thai Pusam						



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy

Sutra 282

Vilamba 5120

Kataka Rasi: 21.46 Tihi 17

844173366

Gulika

12:35PM – 1:45PM

Ashlesha* Until 6:53PM

Ganesha: Clear

Sunrise: 7:55AM

Muruga: Clear

Sunset: 5:16PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

844173366

Rahu

2:55PM – 4:06PM

Taitila Until 12:45PM

Nataraja: Green

Moon – Blue

Devaloka Day

Pausha*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy

Sutra 283

Vilamba 5120

Simha Rasi: 6.54 Tihi 18

854173366

Gulika

11:25AM – 12:36PM

Magha* Until 4:16PM

Ganesha: Purple

Sunrise: 7:54AM

Muruga: Clear

Sunset: 5:17PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

854173366

Rahu

9:04AM – 10:15AM

Saubhagya Until 5:27PM

Nataraja: Green

Moon – Red

Bhuloka Day

Until 4:16PM

Tritiya Until 7:29PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Sutra 284

Vilamba 5120

Simha Rasi: 21.5 Tihi 19 – 20

854173366

Gulika

10:14AM – 11:25AM

Purvaphalguni Until 1:50PM

Ganesha: Purple

Sunrise: 7:53AM

Muruga: Clear

Sunset: 5:18PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

854173366

Rahu

7:53AM – 9:04AM

Sobhana Until 1:40PM

Nataraja: Green

Moon – Red

Bhuloka Day

Kaulava Until 3:03AM Fri

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Chaturthi* Until 4:24PM

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy

Sutra 285

Vilamba 5120

Kanya Rasi: 6.28 Tihi 20 – 21

954173366

Gulika

9:03AM – 10:14AM

Uttaraphalguni Until 11:45AM

Ganesha: Clear

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:20PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

954173366

Rahu

11:25AM – 12:36PM

Athiganda* Until 10:14AM

Nataraja: Green

Moon – Red

Devaloka Day

Until 11:45AM

Gara Until 12:44AM Sat

Pausha*Thai

Then Creative Work - Amrita Yoga

Panchami Until 1:47PM

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sutra 286

Vilamba 5120

Kanya Rasi: 20.41 Tihi 21 – 22

964173366

Gulika

7:51AM – 9:03AM

Hasta Until 10:31AM

Ganesha: Purple

Sunrise: 7:51AM

Muruga: Clear

Sunset: 5:21PM

Moon 1 - Phase 39

Routine Work Marana Yoga

964173366

Rahu

10:14AM – 11:25AM

Sukarma Until 7:18AM

Nataraja: Green

Moon – Green

Bhuloka Day

Visti Until 11:04PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Shashthi* Until 11:48AM

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sutra 287

Vilamba 5120

Tula Rasi: 4.29 Tihi 22 – 23

964173366

Gulika

3:00PM – 4:11PM

Chitra Until 9:51AM

Ganesha: Purple

Sunrise: 7:50AM

Muruga: Clear

Sunset: 5:23PM

Moon 1 - Phase 39

Creative Work Siddha Yoga

964173366

Rahu

4:11PM – 5:23PM

Shula* Until 3:06AM Mon

Nataraja: Green

Moon – Green

Bhuloka Day

Balava Until 10:08PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Saptami Until 10:30AM

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sutra 288

Vilamba 5120

Tula Rasi: 17.52 Tihi 23 – 24

964173366

Gulika

1:49PM – 3:00PM

Svati Until 9:44AM

Ganesha: Purple

Sunrise: 7:49AM

Muruga: Clear

Sunset: 5:24PM

Moon 1 - Phase 39

Family Home Evening

964173366

Rahu

9:01AM – 10:13AM

Ganda* Until 1:52AM Tue

Nataraja: Green

Moon – Green

Bhuloka Day

Until 9:44AM

Taitila Until 9:58PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Ashtami* Until 9:56AM

Then Routine Work - Marana Yoga

1		Tuesday, January 29, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Milan, Italy Sutra 289 Vilamba 5120
Vrischika Rasi: 0.5	Tithi 24 – 25	Gulika	12:37PM – 1:49PM	Vishakha Until 10:40AM	Ganesha: Clear	<i>Sunrise:</i> 7:48AM	Sun 7
		Yama	10:13AM – 11:25AM	Vriddhi Until 1:12AM Wed	Muruga: Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 40
		974173366 Rahu	3:01PM – 4:13PM	Vanija Until 10:30PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Navami* Until 10:07AM	Moon – Orange		Devaloka Day
Until 10:40AM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

2		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Milan, Italy Sutra 290 Vilamba 5120
Vrischika Rasi: 13.29	Tithi 25 – 26	Gulika	11:25AM – 12:37PM	Anuradha Until 12:06PM	Ganesha: Clear	<i>Sunrise:</i> 7:47AM	Sun 8
		Yama	9:00AM – 10:12AM	Dhruva Until 1:00AM Thu	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 40
		974173366 Rahu	12:37PM – 1:50PM	Bava Until 11:42PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 11:00AM	Moon – Orange		Devaloka Day
					Pausha*Thai		

3		Thursday, January 31, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Milan, Italy Sutra 291 Vilamba 5120
Vrischika Rasi: 25.52	Tithi 26 – 27	Gulika	10:12AM – 11:24AM	Jyeshtha* Until 1:57PM	Ganesha: Clear	<i>Sunrise:</i> 7:46AM	Sun 9
		Yama	7:46AM – 8:59AM	Vyaghata* Until 1:13AM Fri	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40
		974173366 Rahu	1:50PM – 3:03PM	Kaulava Until 24:87	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga			Ekadashi* Until 1:00AM Thu	Moon – Orange		Devaloka Day
Until 1:57PM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

4		Friday, February 1, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Milan, Italy Sutra 292 Vilamba 5120
Dhanus Rasi: 8.01	Tithi 27 – 28	Gulika	8:59AM – 10:12AM	Mula* Until 4:35PM	Ganesha: White	<i>Sunrise:</i> 7:46AM	Sun 10
		Yama	3:03PM – 4:16PM	Harshana Until 1:47AM Sat	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40
		984173366 Rahu	11:24AM – 12:37PM	Gara Until 3:38AM Sat	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 2:28PM	Moon – Light Blue		Bhuloka Day
Until 4:35PM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga							

Pradosha Vrata (Fasting)

5		Saturday, February 2, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Milan, Italy Sutra 293 Vilamba 5120
Dhanus Rasi: 20.01	Tithi 28 – 29	Gulika	7:45AM – 8:58AM	Purvashadha* Until 7:23PM	Ganesha: White	<i>Sunrise:</i> 7:45AM	Sun 11
		Yama	1:51PM – 3:04PM	Vajra* Until 2:32AM Sun	Muruga: Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 40
		984173366 Rahu	10:11AM – 11:24AM	Visti Until 6:06AM Sun	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 4:49PM	Moon – Light Blue		Bhuloka Day
Until 7:23PM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

6		Sunday, February 3, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Milan, Italy Sutra 294 Vilamba 5120
Makara Rasi: 1.54	Tithi 29	Gulika	3:04PM – 4:18PM	Uttarashadha Until 10:15PM	Ganesha: Yellow	<i>Sunrise:</i> 7:44AM	Sun 12
		Yama	12:38PM – 1:51PM	Siddhi Until 3:27AM Mon	Muruga: Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 40
		985173366 Rahu	4:18PM – 5:31PM	Visti Until 6:06AM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 7:24PM	Moon – Light Blue		Devaloka Day
					Pausha*Thai		

Retreat Star		Monday, February 4, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Milan, Italy Sutra 295 Vilamba 5120
Makara Rasi: 13.43	Tithi 30	Gulika	1:51PM – 3:05PM	Shravana Until 1:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 7:43AM	Sun 13
Family Home Evening		Yama	11:24AM – 12:38PM	Vyatipata* Until 4:27AM Tue	Muruga: Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 40
		995173367 Rahu	8:56AM – 10:10AM	Catuspada Until 8:46AM	Nataraja: White		Amavasya
Creative Work	Amrita Yoga			Amavasya* Until 10:06PM	Moon – Purple		Devaloka Day
Until 1:32AM Tue					Pausha*Thai		
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, February 5, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau	Milan, Italy Sutra 296 Vilamba 5120
Makara Rasi: 25.31	Tithi 1	Gulika	12:38PM – 1:52PM	Dhanishtha Until 4:39AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:41AM	Sun 14
		Yama	10:10AM – 11:24AM	Variyan Until 5:24AM Wed	Muruga: Clear	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 40
		995173367 Rahu	3:06PM – 4:20PM	Kintughna Until 11:29AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga			Prathama* Until 12:48AM Wed	Moon – Purple		Devaloka Day
					Magha*Thai		

1		Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy Sun 15 Sutra 297 Vilamba 5120
Kumbha Rasi: 7.19	Tithi 2	Gulika	11:23AM – 12:38PM	Shatabhishak Until 7:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:40AM		
		Yama	8:55AM – 10:09AM	Parigha* Until 6:18AM Thu	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	995173367 Rahu	12:38PM – 1:52PM	Balava Until 2:09PM	Nataraja: White		3rd Phase	Devaloka Day
				Dvitiya Until 3:25AM Thu	Moon – Purple			
					Magha-Thai			

2		Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Milan, Italy Sun 16 Sutra 298 Vilamba 5120
Kumbha Rasi: 19.1	Tithi 3	Gulika	10:08AM – 11:23AM	Shatabhishak Until 7:30AM	Ganesha: Red	<i>Sunrise:</i> 7:39AM		
		Yama	7:39AM – 8:54AM	Parigha* Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	995173367 Rahu	1:53PM – 3:07PM	Tailila Until 4:40PM	Nataraja: White		3rd Phase	Devaloka Day
				Tritiya Until 5:50AM Fri	Moon – Purple			
					Magha-Thai			

3		Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthyam Titau				Milan, Italy Sun 17 Sutra 299 Vilamba 5120
Meena Rasi: 1.05	Tithi 4	Gulika	8:53AM – 10:08AM	Purvaprossthapada* Until 10:29AM	Ganesha: Blue	<i>Sunrise:</i> 7:38AM		
		Yama	3:08PM – 4:23PM	Shiva Until 7:03AM	Muruga: Clear	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	915173367 Rahu	11:23AM – 12:38PM	Vanija Until 6:57PM	Nataraja: White		3rd Phase	Sivaloka Day
				Chaturthi* Until 7:57AM Sat	Moon – Clear			
					Magha-Thai			

4		Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy Sun 18 Sutra 300 Vilamba 5120
Meena Rasi: 13.07	Tithi 4 – 5	Gulika	7:36AM – 8:52AM	Uttaraprossthapada Until 1:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:36AM		
		Yama	1:54PM – 3:09PM	Siddha Until 7:33AM	Muruga: Clear	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	915173367 Rahu	10:07AM – 11:23AM	Bava Until 8:54PM	Nataraja: White		3rd Phase	Sivaloka Day
Until 1:01PM				Chaturthi* Until 7:57AM	Moon – Clear			
Then Routine Work - Prabalarishta Yoga					Magha-Thai			

5		Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy Sun 19 Sutra 301 Vilamba 5120
Meena Rasi: 25.18	Tithi 5 – 6	Gulika	3:10PM – 4:26PM	Revati Until 2:59PM	Ganesha: Red	<i>Sunrise:</i> 7:35AM		
		Yama	12:38PM – 1:54PM	Sadhya Until 7:47AM	Muruga: Clear	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 41	
Creative Work	Amrita Yoga	915273367 Rahu	4:26PM – 5:41PM	Kaulava Until 10:23PM	Nataraja: White		3rd Phase	Devaloka Day
Until 2:59PM				Panchami Until 9:41AM	Moon – Clear			
Then Creative Work - Siddha Yoga					Magha-Thai			

6		Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy Sun 20 Sutra 302 Vilamba 5120
Mesha Rasi: 7.41	Tithi 6 – 7	Gulika	1:54PM – 3:10PM	Ashvini Until 4:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:33AM		
Family Home Evening		Yama	11:22AM – 12:38PM	Subha Until 7:38AM	Muruga: Clear	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	925273367 Rahu	8:50AM – 10:06AM	Gara Until 11:18PM	Nataraja: White		3rd Phase	Bhuloka Day
				Shashthi* Until 10:54AM	Moon – White			Devaloka Time: 12:PM to 3:PM
					Magha-Thai			

Retreat Star		Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy Sun 21 Sutra 303 Vilamba 5120
Mesha Rasi: 20.2	Tithi 7 – 8	Gulika	12:38PM – 1:55PM	Bharani Until 5:44PM	Ganesha: Blue	<i>Sunrise:</i> 7:32AM		
		Yama	10:05AM – 11:22AM	Sukla Until 7:00AM	Muruga: Clear	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 41	
Creative Work	Siddha Yoga	925273367 Rahu	3:11PM – 4:28PM	Visti Until 11:32PM	Nataraja: White		Ashtami	Bhuloka Day
				Saptami Until 11:29AM	Moon – White			Devaloka Time: 12:PM to 3:PM
					Magha-Thai			

Retreat Star		Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy Sun 22 Sutra 304 Vilamba 5120
Vrisabha Rasi: 3.2	Tithi 8 – 9	Gulika	11:21AM – 12:38PM	Krittika Until 10:28AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:31AM		
		Yama	8:47AM – 10:04AM	Indra Until 4:07AM Thu	Muruga: Clear	<i>Sunset:</i> 5:46PM	Moon 1 - Phase 41	
Creative Work	Amrita Yoga	926273367 Rahu	12:38PM – 1:55PM	Balava Until 11:02PM	Nataraja: White		Navami	Devaloka Day
Until 10:28AM Thu				Ashtami* Until 11:22AM	Moon – White			
Then Creative Work - Siddha Yoga					Magha-Masi			

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Milan, Italy Sun 23 Sutra 305 Vilamba 5120
Wrishabha Rasi: 16.43	Tithi 9 – 10	Gulika	10:04AM – 11:21AM	Krittika Until 10:28AM	Ganesha: White	<i>Sunrise: 7:29AM</i>	
		Yama	7:29AM – 8:46AM	Vaidhriti* Until 1:45AM Fri	Muruga: Clear	<i>Sunset: 5:47PM</i>	Moon 1 - Phase 42
Routine Work	Marana Yoga	936273367	Rahu	1:55PM – 3:13PM	Nataraja: White		4th Phase
				Taitila Until 9:45PM	Moon – Yellow		Sivaloka Day
				Navami* Until 10:28AM	Magha-Masi		

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Milan, Italy Sun 24 Sutra 306 Vilamba 5120
Mithuna Rasi: 0.33	Tithi 10 – 11	Gulika	8:45AM – 10:03AM	Mrigashira Until 4:22PM	Ganesha: White	<i>Sunrise: 7:28AM</i>	
		Yama	3:13PM – 4:31PM	Vishkambha* Until 10:51PM	Muruga: Clear	<i>Sunset: 5:49PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	936273367	Rahu	11:20AM – 12:38PM	Nataraja: White		4th Phase
				Vanija Until 7:45PM	Moon – Yellow		Sivaloka Day
				Dashami Until 8:49AM	Magha-Masi		

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau	Milan, Italy Sun 25 Sutra 307 Vilamba 5120
Mithuna Rasi: 14.49	Tithi 11 – 12	Gulika	7:26AM – 8:44AM	Ardra Until 2:23PM	Ganesha: White	<i>Sunrise: 7:26AM</i>	
		Yama	1:56PM – 3:14PM	Priti Until 7:26PM	Muruga: Clear	<i>Sunset: 5:50PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	936273367	Rahu	10:02AM – 11:20AM	Nataraja: White		4th Phase
				Balava Until 3:35AM Sun	Moon – Yellow		Sivaloka Day
				Ekadashi Until 6:30AM	Magha-Masi		

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Milan, Italy Sun 26 Sutra 308 Vilamba 5120
Mithuna Rasi: 29.3	Tithi 13	Gulika	3:15PM – 4:33PM	Punarvasu Until 12:09PM	Ganesha: Clear	<i>Sunrise: 7:25AM</i>	
		Yama	12:38PM – 1:56PM	Ayushman Until 3:36PM	Muruga: Clear	<i>Sunset: 5:51PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367	Rahu	4:33PM – 5:51PM	Nataraja: White		4th Phase
				Kaulava Until 1:58PM	Moon – Blue		Devaloka Day
				Trayodashi Until 12:14AM Mon	Magha-Masi		

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Milan, Italy Sun 27 Sutra 309 Vilamba 5120
Kataka Rasi: 14.3	Tithi 14	Gulika	1:57PM – 3:15PM	Pushya Until 9:24AM	Ganesha: Clear	<i>Sunrise: 7:23AM</i>	
Family Home Evening		Yama	11:19AM – 12:38PM	Saubhagya Until 11:29AM	Muruga: Clear	<i>Sunset: 5:53PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367	Rahu	8:42AM – 10:00AM	Nataraja: White		4th Phase
				Gara Until 10:27AM	Moon – Blue		Devaloka Day
				Chaturdashi* Until 8:35PM	Magha-Masi		

Chidambaram Abhishekam

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Milan, Italy Sun 28 Sutra 310 Vilamba 5120
Copper Retreat Star		Gulika	12:38PM – 1:57PM	Ashlesha* Until 6:18AM	Ganesha: Clear	<i>Sunrise: 7:21AM</i>	
Kataka Rasi: 29.43	Tithi 15 – 16	Yama	10:00AM – 11:19AM	Sobhana Until 7:12AM	Muruga: Clear	<i>Sunset: 5:54PM</i>	Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367	Rahu	3:16PM – 4:35PM	Nataraja: White		Purnima
				Visti Until 6:43AM	Moon – Blue		Devaloka Day
				Purnima* Until 4:48PM	Magha-Masi		

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Milan, Italy Sun 29 Sutra 311 Vilamba 5120
Silver Retreat Star		Gulika	11:18AM – 12:38PM	Purvaphalguni Until 12:30AM Thu	Ganesha: Clear	<i>Sunrise: 7:20AM</i>	
Simha Rasi: 14.58	Tithi 16 – 17	Yama	8:39AM – 9:59AM	Sukarma Until 10:38PM	Muruga: Clear	<i>Sunset: 5:56PM</i>	Moon 1 - Phase 42
Creative Work	Amrita Yoga	957273367	Rahu	12:38PM – 1:57PM	Nataraja: White		Prathama
				Taitila Until 11:15PM	Moon – Red		Devaloka Day
				Prathama* Until 1:03PM	Magha-Masi		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara Karana Dvitiya/Tritiyayam Titau

Milan, Italy
Sun 1 Sutra 312

Kanya Rasi: 0.06 Tihi 17 - 18

Gulika 9:58AM - 11:18AM
Yama 7:18AM - 8:38AM
Rahu 1:58PM - 3:17PM

Uttaraphalguni Until 9:46PM
Dhriti Until 6:40PM
Gara Until 9:30AM
Dvitiya Until 9:30AM

Ganesh: Clear Sunrise: 7:18AM
Muruga: Clear Sunset: 5:57PM
Nataraja: White
Moon - Red
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Amrita Yoga
Until 9:46PM
Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Milan, Italy
Sun 2 Sutra 313

Kanya Rasi: 14.58 Tihi 18 - 19

Gulika 8:37AM - 9:57AM
Yama 3:18PM - 4:38PM
Rahu 11:17AM - 12:38PM

Hasta Until 7:47PM
Shula* Until 3:01PM
Balava Until 3:41AM Sat
Tritiya Until 6:20AM

Ganesh: White Sunrise: 7:17AM
Muruga: Clear Sunset: 5:59PM
Nataraja: White
Moon - Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Amrita Yoga
Creative Work
Until 7:47PM
Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Kaulava/Gara Karana Panchamyam Titau

Milan, Italy
Sun 3 Sutra 314

Kanya Rasi: 29.26 Tihi 20

Gulika 7:15AM - 8:36AM
Yama 1:58PM - 3:19PM
Rahu 9:56AM - 11:17AM

Chitra Until 6:16PM
Ganda* Until 6:16PM
Kaulava Until 2:38PM
Panchami Until 1:43AM Sun

Ganesh: White Sunrise: 7:15AM
Muruga: Clear Sunset: 6:00PM
Nataraja: White
Moon - Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Marana Yoga
Routine Work
Until 6:16PM
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy
Sun 4 Sutra 315

Tula Rasi: 13.26 Tihi 21

Gulika 3:19PM - 4:40PM
Yama 12:37PM - 1:58PM
Rahu 4:40PM - 6:01PM

Svati Until 5:21PM
Vridhi Until 9:20AM
Gara Until 1:03PM
Shashthi* Until 12:33AM Mon

Ganesh: White Sunrise: 7:13AM
Muruga: Clear Sunset: 6:01PM
Nataraja: White
Moon - Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Siddha Yoga
Creative Work
Until 5:21PM
Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy
Sun 5 Sutra 316

Tula Rasi: 26.58 Tihi 22

Gulika 1:59PM - 3:20PM
Yama 11:16AM - 12:37PM
Rahu 8:33AM - 9:54AM

Vishakha Until 5:34PM
Dhruva Until 7:25AM
Visti Until 12:18PM
Saptami Until 12:14AM Tue

Ganesh: Yellow Sunrise: 7:12AM
Muruga: Clear Sunset: 6:03PM
Nataraja: White
Moon - Orange
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Marana Yoga
Family Home Evening
Routine Work
Until 5:34PM
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy
Sun 6 Sutra 317

Vrischika Rasi: 10.02 Tihi 23

Gulika 12:37PM - 1:59PM
Yama 9:54AM - 11:15AM
Rahu 3:21PM - 4:42PM

Anuradha Until 6:29PM
Vyaghata* Until 6:11AM
Balava Until 12:26PM
Ashtami* Until 12:47AM Wed

Ganesh: Yellow Sunrise: 7:10AM
Muruga: Clear Sunset: 6:04PM
Nataraja: White
Moon - Orange
Magha-Masi

Moon 2 - Phase 43
Ashtami

Devaloka Day

Siddha Yoga
Creative Work
Until 6:29PM
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy
Sun 7 Sutra 318

Vrischika Rasi: 22.41 Tihi 24

Gulika 11:15AM - 12:37PM
Yama 8:30AM - 9:53AM
Rahu 12:37PM - 1:59PM

Jyeshtha* Until 8:01PM
Vajra* Until 5:39AM Thu
Taitila Until 1:23PM
Navami* Until 2:08AM Thu

Ganesh: Blue Sunrise: 7:08AM
Muruga: Clear Sunset: 6:06PM
Nataraja: White
Moon - Orange
Magha-Masi

Moon 2 - Phase 43
Navami

Sivaloka Day

Siddha Yoga
Creative Work
Until 8:01PM
Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Milan, Italy Sutra 319 Vilamba 5120
Dhanus Rasi: 4.59	Tithi 25	Gulika	9:52AM – 11:14AM	Mula* Until 10:33PM	Ganesha: Red	<i>Sunrise:</i> 7:07AM		
		Yama	7:07AM – 8:29AM	Siddhi Until 6:09AM Fri	Muruga: Clear	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	988273367 Rahu	1:59PM – 3:22PM	Vanija Until 3:05PM	Nataraja: White		2nd Phase	
				Dashami Until 4:07AM Fri	Moon – Light Blue			Devaloka Day
					Magha-Masi			

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Milan, Italy Sutra 320 Vilamba 5120
Dhanus Rasi: 17.03	Tithi 26	Gulika	8:26AM – 9:50AM	Purvashadha* Until 1:22AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:03AM		
		Yama	3:23PM – 4:46PM	Siddhi Until 6:09AM	Muruga: Clear	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 44	
Routine Work	Prabalarishta Yoga	988273367 Rahu	11:13AM – 12:36PM	Bava Until 5:19PM	Nataraja: White		2nd Phase	
Until 1:22AM Sat				Ekadashi* Until 6:34AM Sat	Moon – Light Blue			Devaloka Day
Then Routine Work - Marana Yoga					Magha-Masi			

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Vriyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Milan, Italy Sutra 321 Vilamba 5120
Dhanus Rasi: 28.56	Tithi 26 – 27	Gulika	7:01AM – 8:25AM	Uttarashadha Until 4:19AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:01AM		
		Yama	2:00PM – 3:24PM	Vyatipata* Until 6:59AM	Muruga: Clear	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44	
Routine Work	Marana Yoga	988273367 Rahu	9:49AM – 11:12AM	Kaulava Until 7:55PM	Nataraja: White		2nd Phase	
Until 4:19AM Sun				Ekadashi* Until 6:34AM	Moon – Light Blue			Devaloka Day
Then Creative Work - Amrita Yoga					Magha-Masi			

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Milan, Italy Sutra 322 Vilamba 5120
Makara Rasi: 10.44	Tithi 27 – 28	Gulika	3:24PM – 4:48PM	Shravana Until 7:40AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:59AM		
		Yama	12:36PM – 2:00PM	Vriyan Until 7:58AM	Muruga: Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44	
Creative Work	Amrita Yoga	998273367 Rahu	4:48PM – 6:12PM	Gara Until 10:39PM	Nataraja: White		2nd Phase	
Until 7:40AM Mon				Dvadashi* Until 9:15AM	Moon – Purple			Devaloka Day
Then Creative Work - Siddha Yoga					Magha-Masi			
					<i>Pradosha Vrata (Fasting)</i>			

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Milan, Italy Sutra 323 Vilamba 5120
Makara Rasi: 22.3	Tithi 28 – 29	Gulika	2:00PM – 3:25PM	Shravana Until 7:40AM	Ganesha: Yellow	<i>Sunrise:</i> 6:58AM		
Family Home Evening		Yama	11:11AM – 12:36PM	Parigha* Until 9:02AM	Muruga: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 44	
Creative Work	Amrita Yoga	998273367 Rahu	8:22AM – 9:47AM	Visli Until 1:22AM Tue	Nataraja: White		2nd Phase	
Until 7:40AM				Trayodashi* Until 12:00PM	Moon – Purple			Devaloka Day
Then Creative Work - Siddha Yoga					Magha-Masi			
					Mahasivaratri (Lunar)			
					Mahasivaratri (Solar)			

Retreat Star		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Milan, Italy Sutra 324 Vilamba 5120
Kumbha Rasi: 4.17	Tithi 29 – 30	Gulika	12:36PM – 2:00PM	Dhanishtha Until 10:47AM	Ganesha: Clear	<i>Sunrise:</i> 6:56AM		
		Yama	9:46AM – 11:11AM	Shiva Until 10:03AM	Muruga: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	199273367 Rahu	3:25PM – 4:50PM	Catuspada Until 3:56AM Wed	Nataraja: White		Amavasya	
Until 10:47AM				Chaturdashi* Until 2:39PM	Moon – Purple			Devaloka Day
Then Routine Work - Marana Yoga					Magha-Masi			

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Milan, Italy Sutra 325 Vilamba 5120
Kumbha Rasi: 16.09	Tithi 30 – 1	Gulika	11:10AM – 12:35PM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM		
		Yama	8:19AM – 9:45AM	Siddha Until 10:53AM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	199273367 Rahu	12:35PM – 2:01PM	Kintughna Until 6:14AM Thu	Nataraja: White		Prathama	
Until 1:33PM				Amavasya* Until 5:06PM	Moon – Purple			Devaloka Day
Then Creative Work - Amrita Yoga					Phalguna-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Milan, Italy Sun 15
Kumbha Rasi: 28.07	Tithi 1	Gulika Yama	9:44AM – 11:09AM 6:52AM – 8:18AM	Purvaproshtapada* Until 4:24PM Sadhya Until 11:32AM Kintughna Until 6:14AM Prathama* Until 7:15PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:52AM Sunset: 6:18PM	Sutra 326 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	119373367	Rahu 2:01PM – 3:26PM				Devaloka Day	
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy Sun 16
Meena Rasi: 10.11	Tithi 2	Gulika Yama	8:17AM – 9:43AM 3:27PM – 4:53PM	Uttaraproshtapada Until 6:46PM Subha Until 11:58AM Balava Until 8:13AM Dvitiya Until 9:04PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:50AM Sunset: 6:19PM	Sutra 327 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	119373367	Rahu 11:09AM – 12:35PM				Devaloka Day	
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Milan, Italy Sun 17
Meena Rasi: 22.23	Tithi 3	Gulika Yama	6:49AM – 8:15AM 2:01PM – 3:28PM	Revati Until 8:38PM Sukla Until 12:07PM Taitila Until 9:53AM Tritiya Until 10:33PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:49AM Sunset: 6:21PM	Sutra 328 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Routine Work	Prabalarishta Yoga	119373367	Rahu 9:42AM – 11:08AM				Devaloka Day	
Until 8:38PM								
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day					
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Milan, Italy Sun 18
Mesha Rasi: 4.45	Tithi 4	Gulika Yama	3:28PM – 4:55PM 12:34PM – 2:01PM	Ashvini Until 10:27PM Brahma Until 11:59AM Vanija Until 11:09AM Chaturthi* Until 11:38PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White	Sunrise: 6:47AM Sunset: 6:22PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	129373367	Rahu 4:55PM – 6:22PM				Devaloka Day	
Until 10:27PM								
Then Routine Work - Prabalarishta Yoga								
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy Sun 19
Mesha Rasi: 17.17	Tithi 5	Gulika Yama	2:01PM – 3:29PM 11:07AM – 12:34PM	Bharani Until 11:41PM Indra Until 11:34AM Bava Until 12:01PM Panchami Until 12:16AM Tue	Ganesha: Red Muruga: Clear Nataraja: White Moon – White	Sunrise: 6:45AM Sunset: 6:23PM	Sutra 330 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Family Home Evening		129373367	Rahu 8:12AM – 9:40AM				Devaloka Day	
Creative Work	Siddha Yoga							
Until 11:41PM								
Then Routine Work - Marana Yoga								
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy Sun 20
Vrisabha Rasi: 0.02	Tithi 6	Gulika Yama	12:34PM – 2:02PM 9:38AM – 11:06AM	Krittika Until 12:17AM Wed Vaidhriti* Until 10:45AM Kaulava Until 12:25PM Shashthi* Until 12:24AM Wed	Ganesha: Red Muruga: Clear Nataraja: White Moon – White	Sunrise: 6:43AM Sunset: 6:25PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	129373367	Rahu 3:29PM – 4:57PM				Devaloka Day	
Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy Sun 21
Vrisabha Rasi: 13.01	Tithi 7	Gulika Yama	11:05AM – 12:34PM 8:09AM – 9:37AM	Rohini Until 12:39AM Thu Vishkambha* Until 9:33AM Gara Until 12:17PM Saptami Until 11:59PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow	Sunrise: 6:41AM Sunset: 6:26PM	Sutra 332 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	
Creative Work	Siddha Yoga	131373367	Rahu 12:34PM – 2:02PM				Sivaloka Day	
Until 12:39AM Thu								
Then Routine Work - Marana Yoga								
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Balava Karana Ashtamyam Titau				Milan, Italy Sun 22
Vrisabha Rasi: 26.19	Tithi 8	Gulika Yama	9:36AM – 11:05AM 6:39AM – 8:08AM	Mrigashira Until 12:15AM Fri Priti Until 12:15AM Fri Visti Until 11:33AM Ashtami* Until 10:56PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow	Sunrise: 6:39AM Sunset: 6:27PM	Vilamba 5120 Moon 2 - Phase 45 Ashtami	
Routine Work	Marana Yoga	131373367	Rahu 2:02PM – 3:30PM				Sivaloka Day	
Until 12:15AM Fri								
Then Creative Work - Siddha Yoga								
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy Sun 23
Mithuna Rasi: 9.57	Tithi 9	Gulika Yama	8:06AM – 9:35AM 3:31PM – 5:00PM	Ardra Until 11:07PM Saubhagya Until 3:05AM Sat Balava Until 10:12AM Navami* Until 9:17PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:37AM Sunset: 6:29PM	Vilamba 5120 Moon 2 - Phase 45 Navami	
Creative Work	Siddha Yoga	131373368	Rahu 11:04AM – 12:33PM				Subha Sivaloka Day	
			Karadaiyan Nombu (Tamil Nadu)				Phalgun-Panguni	


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1		Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Milan, Italy Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 23.58	Tithi 10	Gulika	6:36AM – 8:05AM	Punarvasu Until 9:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:36AM		
		Yama	2:02PM – 3:31PM	Sobhana Until 12:00AM Sun	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 46	
		141373368 Rahu	9:34AM – 11:03AM	Taitila Until 8:14AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 7:02PM	Moon – Blue			Sivaloka Day
					Phalguna•Panguni			

2		Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 8.21	Tithi 11 – 12	Gulika	3:32PM – 5:01PM	Pushya Until 7:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:34AM		
		Yama	12:32PM – 2:02PM	Athiganda* Until 8:29PM	Muruga: Clear	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 46	
		141373368 Rahu	5:01PM – 6:31PM	Bava Until 2:45AM Mon	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 4:16PM	Moon – Blue			Sivaloka Day
					Phalguna•Panguni			

3		Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 23.04	Tithi 12 – 13	Gulika	2:02PM – 3:32PM	Ashlesha* Until 5:01PM	Ganesh: Clear	<i>Sunrise:</i> 6:32AM		
Family Home Evening		Yama	11:02AM – 12:32PM	Sukarma Until 4:40PM	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 46	
		141373368 Rahu	8:02AM – 9:32AM	Balava Until 1:07PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 1:07PM	Moon – Blue			Sivaloka Day
Until 5:01PM		Yogaswami Mahasamadhi		<i>Pradosha Vrata</i>	Phalguna•Panguni			
Then Routine Work - Marana Yoga								

4		Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 8.01	Tithi 13 – 14	Gulika	12:32PM – 2:02PM	Magha* Until 2:27PM	Ganesh: White	<i>Sunrise:</i> 6:30AM		
		Yama	9:31AM – 11:01AM	Dhriti Until 12:40PM	Muruga: Clear	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 46	
		151373368 Rahu	3:33PM – 5:03PM	Gara Until 9:41AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 5:68AM Wed	Moon – Red			Subha Sivaloka Day
					Phalguna•Panguni			

		Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija Karana Chaturdashi/Purnimayam Titau				Milan, Italy Sun 28 Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika	11:01AM – 12:32PM	Purvaphalguni Until 11:40AM	Ganesh: White	<i>Sunrise:</i> 6:28AM		
Simha Rasi: 23.05	Tithi 14 – 15	Yama	7:59AM – 9:30AM	Shula* Until 8:34AM	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 46	
		151373368 Rahu	12:32PM – 2:02PM	Vanija Until 6:08AM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga			Chaturdashi* Until 6:08AM	Moon – Red			Subha Sivaloka Day
		Panguni Uttiram			Phalguna•Panguni			
		Holi						

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy Sun 29 Sutra 340 Vilamba 5120		
Silver Retreat Star		Gulika	9:29AM – 11:00AM	Uttaraphalguni Until 8:50AM	Ganesh: White	<i>Sunrise:</i> 6:26AM		
Kanya Rasi: 8.08	Tithi 16	Yama	6:26AM – 7:57AM	Vriddhi Until 12:41AM Fri	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 46	
		151383368 Rahu	2:03PM – 3:34PM	Balava Until 12:57PM	Nataraja: Clear		Prathama	
	Amrita Yoga			Prathama* Until 10:79PM	Moon – Red			Sivaloka Day
Until 8:50AM					Phalguna•Panguni			
Then Routine Work - Marana Yoga								

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam TitauMilan, Italy
Sun 1 Sutra 341

Kanya Rasi: 22.59 Tihi 17

Gulika 7:56AM - 9:28AM
Yama 3:34PM - 5:06PM
Rahu 10:59AM - 12:31PMHasta Until 6:33AM
Dhruva Until 9:08PM
Taitila Until 9:49AM
Dvitiya Until 8:24PMGanesh: Yellow Sunrise: 6:24AM
Muruga: White Sunset: 6:38PM
Nataraja: Clear
Moon - Green
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 6:33AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam TitauMilan, Italy
Sun 2 Sutra 342

Tula Rasi: 7.31 Tihi 18

Gulika 6:22AM - 7:54AM
Yama 2:03PM - 3:35PM
Rahu 9:27AM - 10:59AMSvati Until 3:02AM Sun
Vyaghata* Until 6:03PM
Vanija Until 7:09AM
Tritiya Until 6:02PMGanesh: Blue Sunrise: 6:22AM
Muruga: White Sunset: 6:39PM
Nataraja: Clear
Moon - Green
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 3:02AM Sun

Then Routine Work - Marana Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam TitauMilan, Italy
Sun 3 Sutra 343

Tula Rasi: 21.38 Tihi 19 - 20

Gulika 3:35PM - 5:08PM
Yama 12:30PM - 2:03PM
Rahu 5:08PM - 6:40PMVishakha Until 3:02AM Mon
Harshana Until 3:33PM
Kaulava Until 3:50AM Mon
Chaturthi* Until 4:21PMGanesh: Red Sunrise: 6:20AM
Muruga: White Sunset: 6:40PM
Nataraja: Clear
Moon - Orange
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 2:31AM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam TitauMilan, Italy
Sun 4 Sutra 344

Vrischika Rasi: 5.16 Tihi 20 - 21

Family Home Evening

Gulika 2:03PM - 3:36PM
Yama 10:57AM - 12:30PM
Rahu 7:51AM - 9:24AMAnuradha Until 2:43AM Tue
Vajra* Until 1:41PM
Gara Until 3:24AM Tue
Panchami Until 3:29PMGanesh: Red Sunrise: 6:19AM
Muruga: White Sunset: 6:42PM
Nataraja: Clear
Moon - Orange
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 2:43AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam TitauMilan, Italy
Sun 5 Sutra 345

Vrischika Rasi: 18.26 Tihi 21 - 22

Gulika 12:30PM - 2:03PM
Yama 9:23AM - 10:56AM
Rahu 3:36PM - 5:10PMJyeshtha* Until 3:37AM Wed
Siddhi Until 12:31PM
Visti Until 3:52AM Wed
Shashthi* Until 3:30PMGanesh: Red Sunrise: 6:17AM
Muruga: White Sunset: 6:43PM
Nataraja: Clear
Moon - Orange
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam TitauMilan, Italy
Sun 6 Sutra 346

Dhanus Rasi: 1.09 Tihi 22 - 23

Gulika 10:56AM - 12:29PM
Yama 7:48AM - 9:22AM
Rahu 12:29PM - 2:03PMMula* Until 5:38AM Thu
Vyatipata* Until 12:02PM
Balava Until 5:10AM Thu
Saptami Until 4:24PMGanesh: Green Sunrise: 6:15AM
Muruga: White Sunset: 6:44PM
Nataraja: Clear
Moon - Light Blue
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 5:38AM Thu

Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam TitauMilan, Italy
Sun 7 Sutra 347

Dhanus Rasi: 13.3 Tihi 23

Gulika 9:21AM - 10:55AM
Yama 6:13AM - 7:47AM
Rahu 2:03PM - 3:37PMPurvashadha* Until 8:10AM Fri
Variyan Until 12:09PM
Kaulava Until 6:04PM
Ashtami* Until 6:04PMGanesh: Green Sunrise: 6:13AM
Muruga: White Sunset: 6:45PM
Nataraja: Clear
Moon - Light Blue
Phalgun-PanguniMoon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:10AM Fri

Then Routine Work - Marana Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam TitauMilan, Italy
Sun 8 Sutra 348

Dhanus Rasi: 25.35 Tihi 24

Gulika 7:45AM - 9:20AM
Yama 3:38PM - 5:12PM
Rahu 10:54AM - 12:29PMPurvashadha* Until 8:10AM
Parigha* Until 12:45PM
Taitila Until 7:09AM
Navami* Until 8:19PMGanesh: Green Sunrise: 6:11AM
Muruga: Yellow Sunset: 6:47PM
Nataraja: Purple
Moon - Light Blue
Phalgun-PanguniMoon 3 - Phase 47
Navami

Devaloka Day

Routine Work Prabalarishta Yoga

Until 8:10AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantā Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Milan, Italy Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 7.28	Tithi 25	Gulika	6:09AM – 7:44AM	Uttarashadha Until 10:57AM	Ganesha: Green <i>Sunrise:</i> 6:09AM		
		Yama	2:03PM – 3:38PM	Shiva Until 1:42PM	Muruga: Yellow <i>Sunset:</i> 6:48PM	Moon 3 - Phase 48	
		182383468 Rahu	9:19AM – 10:54AM	Vanija Until 9:36AM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Dashami Until 10:54PM	Moon – Light Blue	Devaloka Day	
Until 10:57AM					Phalgunā•Panguni		
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Milan, Italy Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 19.16	Tithi 26	Gulika	3:39PM – 5:14PM	Shravana Until 2:17PM	Ganesha: Orange <i>Sunrise:</i> 6:07AM		
		Yama	12:28PM – 2:03PM	Siddha Until 2:45PM	Muruga: Yellow <i>Sunset:</i> 6:49PM	Moon 3 - Phase 48	
		192383468 Rahu	5:14PM – 6:49PM	Bava Until 12:17PM	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Ekadashi* Until 1:36AM Mon	Moon – Purple	Sivaloka Day	
Until 2:17PM					Phalgunā•Panguni		
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Milan, Italy Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 1.02	Tithi 27	Gulika	2:03PM – 3:39PM	Dhanishtha Until 5:25PM	Ganesha: Green <i>Sunrise:</i> 6:07AM		
Family Home Evening		Yama	10:53AM – 12:28PM	Sadhya Until 3:47PM	Muruga: Yellow <i>Sunset:</i> 6:49PM	Moon 3 - Phase 48	
		192483468 Rahu	7:42AM – 9:18AM	Kaulava Until 2:56PM	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 4:11AM Tue	Moon – Purple	Subha Sivaloka Day	
					Phalgunā•Panguni		

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau	Milan, Italy Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 12.52	Tithi 28	Gulika	12:28PM – 2:04PM	Shatabhishak Until 8:10PM	Ganesha: Green <i>Sunrise:</i> 6:05AM		
		Yama	9:17AM – 10:52AM	Subha Until 4:41PM	Muruga: Yellow <i>Sunset:</i> 6:51PM	Moon 3 - Phase 48	
		192483468 Rahu	3:39PM – 5:15PM	Gara Until 5:23PM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 6:28AM Wed	Moon – Purple	Subha Sivaloka Day	
					Phalgunā•Panguni		
					<i>Pradosha Vrata (Fasting)</i>		

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Milan, Italy Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 24.49	Tithi 28 – 29	Gulika	10:52AM – 12:28PM	Purvaproshtapada* Until 10:55PM	Ganesha: Orange <i>Sunrise:</i> 6:03AM		
		Yama	7:40AM – 9:16AM	Sukla Until 5:17PM	Muruga: Yellow <i>Sunset:</i> 6:52PM	Moon 3 - Phase 48	
		112483468 Rahu	12:28PM – 2:04PM	Visti Until 7:30PM	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 6:28AM	Moon – Clear	Sivaloka Day	
Until 10:55PM					Phalgunā•Panguni		
Then Creative Work - Siddha Yoga							

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Milan, Italy Sun 14 Sutra 354 Vilamba 5120
Retreat Star		Gulika	9:14AM – 10:51AM	Uttaraproshtapada Until 1:06AM Fri	Ganesha: Orange <i>Sunrise:</i> 6:02AM		
Meena Rasi: 6.55	Tithi 29 – 30	Yama	6:02AM – 7:38AM	Brahma Until 5:36PM	Muruga: Yellow <i>Sunset:</i> 6:53PM	Moon 3 - Phase 48	
		112483468 Rahu	2:04PM – 3:40PM	Catuspada Until 9:11PM	Nataraja: Purple	Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 8:22AM	Moon – Clear	Sivaloka Day	
					Phalgunā•Panguni		

●		Friday, April 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Milan, Italy Sun 15 Sutra 355 Vilamba 5120
Retreat Star		Gulika	7:37AM – 9:13AM	Revati Until 2:42AM Sat	Ganesha: Orange <i>Sunrise:</i> 6:00AM		
Meena Rasi: 19.11	Tithi 30 – 1	Yama	3:41PM – 5:18PM	Indra Until 5:37PM	Muruga: Yellow <i>Sunset:</i> 6:54PM	Moon 3 - Phase 48	
		112483468 Rahu	10:50AM – 12:27PM	Kintughna Until 10:27PM	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 9:51AM	Moon – Clear	Sivaloka Day	
		Yugadhi			Chaitra•Panguni		

1	Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Milan, Italy
	Mesha Rasi: 1.38	Tithi 1 – 2	Gulika 5:58AM – 7:35AM Yama 2:04PM – 3:41PM 123483468 Rahu 9:12AM – 10:50AM	Ashvini Until 4:13AM Sun Vaidhriti* Until 5:15PM Balava Until 11:17PM Prathama* Until 10:54AM	Ganesh: Purple <i>Sunrise:</i> 5:58AM Muruga: Yellow <i>Sunset:</i> 6:56PM Nataraja: Purple Moon – White	Sun 16 Sutra 356 Vilamba 5120 Moon 3 - Phase 49 3rd Phase	
	Creative Work	Siddha Yoga	Chellappaswami Mahasamadhi		Chaitra•Panguni	Devaloka Day	

2	Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy
	Mesha Rasi: 14.16	Tithi 2 – 3	Gulika 3:42PM – 5:19PM Yama 12:26PM – 2:04PM 123483468 Rahu 5:19PM – 6:57PM	Bharani Until 5:12AM Mon Vishkambha* Until 4:36PM Taitila Until 11:42PM Dvitiya Until 11:31AM	Ganesh: Purple <i>Sunrise:</i> 5:56AM Muruga: Yellow <i>Sunset:</i> 6:57PM Nataraja: Purple Moon – White	Sun 17 Sutra 357 Vilamba 5120 Moon 3 - Phase 49 3rd Phase	
	Routine Work	Prabalarishta Yoga			Chaitra•Panguni	Devaloka Day	

3	Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Milan, Italy
	Mesha Rasi: 27.05	Tithi 3 – 4	Gulika 2:04PM – 3:42PM Yama 10:48AM – 12:26PM 123483468 Rahu 7:32AM – 9:10AM	Krittika Until 5:39AM Tue Priti Until 3:40PM Vanija Until 11:45PM Tritiya Until 11:45AM	Ganesh: Purple <i>Sunrise:</i> 5:54AM Muruga: Yellow <i>Sunset:</i> 6:58PM Nataraja: Purple Moon – White	Sun 18 Sutra 358 Vilamba 5120 Moon 3 - Phase 49 3rd Phase	
	Family Home Evening	Marana Yoga			Chaitra•Panguni	Devaloka Day	

4	Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy
	Vrishabha Rasi: 10.05	Tithi 4 – 5	Gulika 12:26PM – 2:04PM Yama 9:09AM – 10:48AM 123483468 Rahu 3:43PM – 5:21PM	Rohini Until 6:03AM Wed Ayushman Until 2:25PM Bava Until 11:26PM Chaturthi* Until 11:37AM	Ganesh: Clear <i>Sunrise:</i> 5:52AM Muruga: Yellow <i>Sunset:</i> 6:59PM Nataraja: Purple Moon – Yellow	Sun 19 Sutra 359 Vilamba 5120 Moon 3 - Phase 49 3rd Phase	
	Creative Work	Amrita Yoga			Chaitra•Panguni	Sivaloka Day	

5	Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy
	Vrishabha Rasi: 23.17	Tithi 5 – 6	Gulika 10:47AM – 12:26PM Yama 7:29AM – 9:08AM 123483468 Rahu 12:26PM – 2:04PM	Rohini Until 6:03AM Saubhagya Until 12:53PM Kaulava Until 10:44PM Panchami Until 11:07AM	Ganesh: Clear <i>Sunrise:</i> 5:50AM Muruga: Yellow <i>Sunset:</i> 7:01PM Nataraja: Purple Moon – Yellow	Sun 20 Sutra 360 Vilamba 5120 Moon 3 - Phase 49 3rd Phase	
	Creative Work	Siddha Yoga			Chaitra•Panguni	Sivaloka Day	

6	Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy
	Mithuna Rasi: 6.41	Tithi 6 – 7	Gulika 9:07AM – 10:46AM Yama 5:49AM – 7:28AM 123483468 Rahu 2:05PM – 3:44PM	Ardra Until 5:16AM Fri Sobhana Until 11:04AM Gara Until 9:39PM Shashthi* Until 10:14AM	Ganesh: Clear <i>Sunrise:</i> 5:49AM Muruga: Yellow <i>Sunset:</i> 7:02PM Nataraja: Purple Moon – Yellow	Sun 21 Sutra 361 Vilamba 5120 Moon 3 - Phase 49 3rd Phase	
	Routine Work	Marana Yoga			Chaitra•Panguni	Sivaloka Day	

☽	Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy
	Mithuna Rasi: 20.19	Tithi 7 – 8	Gulika 7:26AM – 9:06AM Yama 3:44PM – 5:24PM 143483468 Rahu 10:46AM – 12:25PM	Punarvasu Until 7:13AM Sat Athiganda* Until 8:53AM Visti Until 8:08PM Saptami Until 8:56AM	Ganesh: White <i>Sunrise:</i> 5:47AM Muruga: Yellow <i>Sunset:</i> 7:03PM Nataraja: Purple Moon – Blue	Sun 22 Sutra 362 Vilamba 5120 Moon 3 - Phase 49 Ashtami	
	Creative Work	Siddha Yoga			Chaitra•Panguni	Devaloka Day	

☽	Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy
	Kataka Rasi: 4.12	Tithi 8 – 9	Gulika 5:45AM – 7:25AM Yama 2:05PM – 3:45PM 143483468 Rahu 9:05AM – 10:45AM	Punarvasu Until 7:13AM Sukarma Until 3:35AM Sun Balava Until 6:13PM Ashtami* Until 7:13AM	Ganesh: White <i>Sunrise:</i> 5:45AM Muruga: Yellow <i>Sunset:</i> 7:05PM Nataraja: Purple Moon – Blue	Sun 23 Sutra 363 Vilamba 5120 Moon 3 - Phase 49 Navami	
	Creative Work	Siddha Yoga	Sri Rama Navami		Chaitra•Panguni	Devaloka Day	

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 364		Vikarin 5121
Kataka Rasi: 18.21	Tithi 10	Gulika 3:45PM – 5:26PM	Ashlesha* Until 1:19AM Mon	Ganesha: White <i>Sunrise:</i> 5:43AM		
		Yama 12:25PM – 2:05PM	Shula* Until 12:27AM Mon	Muruga: Yellow <i>Sunset:</i> 7:06PM	Moon 3 - Phase 1	
	143483468	Rahu 5:26PM – 7:06PM	Taitila Until 3:55PM	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga				Moon – Blue	Devaloka Day	
Until 1:19AM Mon		Tamil New Year	Dashami Until 2:37AM Mon	Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 1		Vikarin 5121
Simha Rasi: 2.44	Tithi 11	Gulika 2:05PM – 3:46PM	Magha* Until 11:27PM	Ganesha: White <i>Sunrise:</i> 5:41AM		
Family Home Evening		Yama 10:44AM – 12:24PM	Ganda* Until 9:05PM	Muruga: Yellow <i>Sunset:</i> 7:07PM	Moon 3 - Phase 1	
	253483468	Rahu 7:22AM – 9:03AM	Vanija Until 1:16PM	Nataraja: Purple	4th Phase	
Routine Work Marana Yoga				Moon – Red	Devaloka Day	
Until 11:27PM			Ekadashi Until 11:50PM	Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26		Sutra 2		Vikarin 5121
Simha Rasi: 17.19	Tithi 12	Gulika 12:24PM – 2:05PM	Purvaphalguni Until 9:16PM	Ganesha: White <i>Sunrise:</i> 5:40AM		
		Yama 9:02AM – 10:43AM	Vriddhi Until 5:33PM	Muruga: Yellow <i>Sunset:</i> 7:08PM	Moon 3 - Phase 1	
	253483468	Rahu 3:46PM – 5:27PM	Bava Until 10:23AM	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga				Moon – Red	Devaloka Day	
Until 9:16PM			Dvadashi Until 8:52PM	Chaitra•Chaitra		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 3		Vikarin 5121
Kanya Rasi: 2.01	Tithi 13 – 14	Gulika 10:42AM – 12:24PM	Uttaraphalguni Until 6:53PM	Ganesha: White <i>Sunrise:</i> 5:38AM		
		Yama 7:19AM – 9:01AM	Dhruva Until 1:56PM	Muruga: Yellow <i>Sunset:</i> 7:10PM	Moon 3 - Phase 1	
	253483468	Rahu 12:24PM – 2:05PM	Kaulava Until 7:22AM	Nataraja: Purple	4th Phase	
Creative Work Amrita Yoga				Moon – Red	Devaloka Day	
Until 6:53PM			Trayodashi Until 5:50PM	Chaitra•Chaitra		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

○ Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
Copper Retreat Star		Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 4
Kanya Rasi: 16.42	Tithi 14 – 15	Gulika 9:00AM – 10:42AM	Hasta Until 4:51PM	Ganesha: Yellow <i>Sunrise:</i> 5:36AM		
		Yama 5:36AM – 7:18AM	Vyaghata* Until 10:22AM	Muruga: Yellow <i>Sunset:</i> 7:11PM	Moon 3 - Phase 1	
	263483468	Rahu 2:05PM – 3:47PM	Visti Until 1:30AM Fri	Nataraja: Purple	Purnima	
Routine Work Marana Yoga				Moon – Green	Sivaloka Day	
Until 4:51PM		Chitra Purnima (Tamil Nadu)	Chaturdashi* Until 2:53PM	Chaitra•Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Milan, Italy
Silver Retreat Star		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 5
Tula Rasi: 1.17	Tithi 15 – 16	Gulika 7:17AM – 8:59AM	Chitra Until 2:56PM	Ganesha: Yellow <i>Sunrise:</i> 5:34AM		
		Yama 3:48PM – 5:30PM	Harshana Until 6:59AM	Muruga: Yellow <i>Sunset:</i> 7:12PM	Moon 3 - Phase 1	
	263483468	Rahu 10:41AM – 12:23PM	Balava Until 10:57PM	Nataraja: Purple	Prathama	
Creative Work Siddha Yoga				Moon – Green	Sivaloka Day	
			Purnima* Until 12:09PM	Chaitra•Chaitra		