



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
/Anuradha Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden
Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 0.29 Tiithi 17

Gulika 12:06PM – 2:00PM
Yama 8:17AM – 10:11AM
Rahu 3:55PM – 5:49PM

Until 3:09AM Wed
Variyan Until 4:48AM Wed
Taitila Until 2:40PM
Dvitiya Until 3:09AM Wed

Ganesha: Purple *Sunrise:* 4:27AM
Muruga: White *Sunset:* 7:44PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Routine Work Marana Yoga
Until 3:09AM Wed
Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmö, Sweden
Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 13.01 Tiithi 18

Gulika 10:10AM – 12:06PM
Yama 6:20AM – 8:15AM
Rahu 12:06PM – 2:01PM

Vishakha Until 4:34AM Thu
Parigha* Until 4:56AM Thu
Vanija Until 3:49PM
Tritiya Until 4:34AM Thu

Ganesha: Purple *Sunrise:* 4:25AM
Muruga: White *Sunset:* 7:46PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Creative Work Siddha Yoga
Until 4:34AM Thu
Then Routine Work - Prabalarishta Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden
Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 25.17 Tiithi 19

Gulika 8:14AM – 10:10AM
Yama 4:23AM – 6:19AM
Rahu 2:01PM – 3:57PM

Jyeshtha* Until 3:08PM
Shiva Until 5:28AM Fri
Bava Until 19:39AM Fri
Chaturthi* Until 4:56AM Thu

Ganesha: Clear *Sunrise:* 4:23AM
Muruga: White *Sunset:* 7:48PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 3:08PM
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden
Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 7.22 Tiithi 19 – 20

Gulika 6:17AM – 8:13AM
Yama 3:58PM – 5:54PM
Rahu 10:09AM – 12:05PM

Mula* Until 5:59PM
Siddha Until 6:17AM Sat
Kaulava Until 7:39PM
Chaturthi* Until 6:30AM

Ganesha: White *Sunrise:* 4:21AM
Muruga: White *Sunset:* 7:50PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Amrita Yoga
Until 5:59PM
Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden
Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 19.16 Tiithi 20 – 21

Gulika 4:19AM – 6:15AM
Yama 2:02PM – 3:58PM
Rahu 8:12AM – 10:09AM

Purvashadha* Until 8:59PM
Siddha Until 6:17AM
Gara Until 10:07PM
Panchami Until 8:50AM

Ganesha: White *Sunrise:* 4:19AM
Muruga: White *Sunset:* 7:52PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Siddha Yoga
Until 8:59PM
Then Routine Work - Marana Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden
Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Makara Rasi: 1.05 Tiithi 21 – 22

Gulika 3:59PM – 5:56PM
Yama 12:05PM – 2:02PM
Rahu 5:56PM – 7:54PM

Uttarashadha Until 11:55PM
Sadhya Until 7:18AM
Visti Until 12:42AM Mon
Shashthi* Until 6:17AM

Ganesha: White *Sunrise:* 4:17AM
Muruga: White *Sunset:* 7:54PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

Creative Work Amrita Yoga

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden
Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Makara Rasi: 12.54 Tiithi 22 – 23

Family Home Evening

Rahu 6:12AM – 8:10AM

Shravana Until 3:04AM Tue
Subha Until 8:22AM
Balava Until 3:08AM Tue
Saptami Until 1:56PM

Ganesha: Yellow *Sunrise:* 4:15AM
Muruga: White *Sunset:* 7:56PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Until 3:04AM Tue

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden
Sun 8 Sutra 24
Vilamba 5120
Moon 4 - Phase 3
Navami

Makara Rasi: 24.47 Tiithi 23 – 24

Gulika 12:05PM – 2:03PM
Yama 8:09AM – 10:07AM
Rahu 4:01PM – 5:59PM

Dhanishtha Until 5:40AM Wed
Sukla Until 9:14AM
Taitila Until 5:10AM Wed
Ashtami* Until 4:12PM

Ganesha: Yellow *Sunrise:* 4:13AM
Muruga: White *Sunset:* 7:57PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

1		Wednesday, May 9, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Kumbha Rasi: 6.49		Tithi 24 – 25		Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 24	
Creative Work		Siddha Yoga		Gulika	10:06AM – 12:05PM	Shatabhishak Until 7:30AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:11AM	Vilamba 5120
				Yama	6:09AM – 8:08AM	Brahma Until 9:46AM	Muruga: White	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 4
				294832369 Rahu	12:05PM – 2:04PM	Vanija Until 6:35AM Thu	Nataraja: Purple		2nd Phase
						Navami* Until 5:57PM	Moon – Purple		Bhuloka Day
							Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM

2		Thursday, May 10, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
Kumbha Rasi: 19.07		Tithi 25		Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 25	
Creative Work		Siddha Yoga		Gulika	8:07AM – 10:06AM	Shatabhishak Until 7:30AM	Ganesha: Yellow	<i>Sunrise:</i> 4:09AM	Vilamba 5120
				Yama	4:09AM – 6:08AM	Indra Until 9:49AM	Muruga: White	<i>Sunset:</i> 8:01PM	Moon 4 - Phase 4
				294832369 Rahu	2:04PM – 4:03PM	Vanija Until 6:35AM	Nataraja: Purple		2nd Phase
						Dashami Until 7:00PM	Moon – Purple		Bhuloka Day
							Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM

3		Friday, May 11, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
Meena Rasi: 1.46		Tithi 26		Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava Karana Ekadashyam Titau		Sun 10		Sutra 26	
Creative Work		Siddha Yoga		Gulika	6:06AM – 8:06AM	Purvaproshtapada* Until 8:55AM	Ganesha: Yellow	<i>Sunrise:</i> 4:07AM	Vilamba 5120
				Yama	4:04PM – 6:04PM	Vaidhriti* Until 9:14AM	Muruga: White	<i>Sunset:</i> 8:03PM	Moon 4 - Phase 4
				214832369 Rahu	10:05AM – 12:05PM	Bava Until 7:14AM	Nataraja: Purple		2nd Phase
						Ekadashi* Until 7:14PM	Moon – Clear		Bhuloka Day
							Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM

4		Saturday, May 12, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
Meena Rasi: 14.47		Tithi 27		Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 11		Sutra 27	
Creative Work		Siddha Yoga		Gulika	4:05AM – 6:05AM	Uttaraproshtapada Until 9:22AM	Ganesha: Blue	<i>Sunrise:</i> 4:05AM	Vilamba 5120
Until 9:22AM				Yama	2:05PM – 4:05PM	Vishkambha* Until 8:01AM	Muruga: White	<i>Sunset:</i> 8:05PM	Moon 4 - Phase 4
Then Routine Work - Prabalarishta Yoga				214932369 Rahu	8:05AM – 10:05AM	Kaulava Until 7:03AM	Nataraja: Purple		2nd Phase
						Dvadashi* Until 6:39PM	Moon – Clear		Bhuloka Day
							Vaisaka-Chaitra		

5		Sunday, May 13, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Meena Rasi: 28.16		Tithi 28 – 29		Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 28	
Creative Work		Amrita Yoga		Gulika	4:06PM – 6:06PM	Revati Until 3:20PM Mon	Ganesha: Blue	<i>Sunrise:</i> 4:03AM	Vilamba 5120
Until 3:20PM Mon				Yama	12:05PM – 2:05PM	Priti Until 6:10AM	Muruga: White	<i>Sunset:</i> 8:07PM	Moon 4 - Phase 4
Then Creative Work - Siddha Yoga				214932369 Rahu	6:06PM – 8:07PM	Gara Until 6:05AM	Nataraja: Purple		2nd Phase
				Mother's Day		Trayodashi* Until 5:18PM	Moon – Clear		Bhuloka Day
							Vaisaka-Chaitra		
									<i>Pradosha Vrata (Fasting)</i>

6		Monday, May 14, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
Mesha Rasi: 12.08		Tithi 29 – 30		Revati/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 29	
Family Home Evening				Gulika	2:06PM – 4:07PM	Revati Until 3:20PM	Ganesha: Blue	<i>Sunrise:</i> 4:01AM	Vilamba 5120
Creative Work		Siddha Yoga		Yama	10:04AM – 12:05PM	Saubhagya Until 12:51AM Tue	Muruga: White	<i>Sunset:</i> 8:09PM	Moon 4 - Phase 4
				224932369 Rahu	6:02AM – 8:03AM	Catuspada Until 1:69AM Tue	Nataraja: Purple		2nd Phase
						Chaturdashi* Until 6:10AM	Moon – White		Bhuloka Day
							Vaisaka-Vaikasi		

Retreat Star		Tuesday, May 15, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
Mesha Rasi: 26.23		Tithi 30 – 1		Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 30	
Creative Work		Siddha Yoga		Gulika	12:05PM – 2:06PM	Bharani Until 6:28AM	Ganesha: Blue	<i>Sunrise:</i> 3:59AM	Vilamba 5120
				Yama	8:02AM – 10:03AM	Sobhana Until 9:37PM	Muruga: White	<i>Sunset:</i> 8:10PM	Moon 4 - Phase 4
				224932369 Rahu	4:08PM – 6:09PM	Kintughna Until 11:29PM	Nataraja: Purple		Amavasya
						Amavasya* Until 12:51PM	Moon – White		Bhuloka Day
							Vaisaka-Vaikasi		

Retreat Star		Wednesday, May 16, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Vrishabha Rasi: 10.53		Tithi 1 – 2		Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 31	
Creative Work		Siddha Yoga		Gulika	10:03AM – 12:05PM	Rohini Until 2:20AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 3:57AM	Vilamba 5120
Until 2:20AM Thu				Yama	5:59AM – 8:01AM	Athiganda* Until 6:08PM	Muruga: White	<i>Sunset:</i> 8:12PM	Moon 4 - Phase 4
Then Routine Work - Marana Yoga				235932369 Rahu	12:05PM – 2:07PM	Balava Until 8:33PM	Nataraja: Purple		Prathama
						Prathama* Until 10:01AM	Moon – Yellow		Bhuloka Day
							Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1		Thursday, May 17, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Vanija Karana Dvitiya/Tritiyayam Titau	Malmö, Sweden
Vrishabha Rasi: 25.34 Titthi 2 – 3		Gulika 8:00AM – 10:03AM	Mrigashira Until 12:05AM Fri	Ganesh: Yellow <i>Sunrise:</i> 3:56AM	Sun 16	Sutra 32	Vilamba 5120
Routine Work Marana Yoga		Yama 3:56AM – 5:58AM	Sukarma Until 12:05AM Fri	Muruga: White <i>Sunset:</i> 8:14PM	Moon 4 - Phase 5		3rd Phase
Until 12:05AM Fri		235932369 Rahu 2:07PM – 4:09PM	Vanija Until 14:29AM Fri	Nataraja: Purple			
Then Creative Work - Siddha Yoga			Dvitiya Until 7:01AM	Moon – Yellow	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

2		Friday, May 18, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Malmö, Sweden
Mithuna Rasi: 10.17 Titthi 4		Gulika 5:57AM – 7:59AM	Ardra Until 9:46PM	Ganesh: Yellow <i>Sunrise:</i> 3:54AM	Sun 17	Sutra 33	Vilamba 5120
Creative Work Siddha Yoga		Yama 4:10PM – 6:13PM	Dhriti Until 11:00AM	Muruga: White <i>Sunset:</i> 8:16PM	Moon 4 - Phase 5		3rd Phase
		235932369 Rahu 10:02AM – 12:05PM	Vanija Until 2:29PM	Nataraja: Purple			
			Chaturthi* Until 1:00AM Sat	Moon – Yellow	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

3		Saturday, May 19, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau	Malmö, Sweden
Mithuna Rasi: 24.55 Titthi 5		Gulika 3:52AM – 5:55AM	Punarvasu Until 7:55PM	Ganesh: White <i>Sunrise:</i> 3:52AM	Sun 18	Sutra 34	Vilamba 5120
Creative Work Siddha Yoga		Yama 2:08PM – 4:11PM	Shula* Until 7:32AM	Muruga: White <i>Sunset:</i> 8:17PM	Moon 4 - Phase 5		3rd Phase
		245932369 Rahu 7:59AM – 10:02AM	Bava Until 11:37AM	Nataraja: Purple			
			Panchami Until 10:15PM	Moon – Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

4		Sunday, May 20, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau	Malmö, Sweden
Kataka Rasi: 9.23 Titthi 6		Gulika 4:12PM – 6:16PM	Pushya Until 6:13PM	Ganesh: White <i>Sunrise:</i> 3:51AM	Sun 19	Sutra 35	Vilamba 5120
Creative Work Siddha Yoga		Yama 12:05PM – 2:08PM	Vriddhi Until 1:17AM Mon	Muruga: White <i>Sunset:</i> 8:19PM	Moon 4 - Phase 5		3rd Phase
		245932369 Rahu 6:16PM – 8:19PM	Kaulava Until 9:00AM	Nataraja: Purple			
			Shashthi* Until 7:48PM	Moon – Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

5		Monday, May 21, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau	Malmö, Sweden
Kataka Rasi: 23.37 Titthi 7 – 8		Gulika 2:09PM – 4:13PM	Ashlesha* Until 4:44PM	Ganesh: White <i>Sunrise:</i> 3:49AM	Sun 20	Sutra 36	Vilamba 5120
Family Home Evening		Yama 10:01AM – 12:05PM	Dhruva Until 10:35PM	Muruga: White <i>Sunset:</i> 8:21PM	Moon 4 - Phase 5		3rd Phase
Creative Work Siddha Yoga		245932369 Rahu 5:53AM – 7:57AM	Gara Until 6:43AM	Nataraja: Purple			
Until 4:44PM			Saptami Until 5:42PM	Moon – Blue	Devaloka Day		
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			

Retreat Star		Tuesday, May 22, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Malmö, Sweden
Simha Rasi: 7.37 Titthi 8 – 9		Gulika 12:05PM – 2:09PM	Magha* Until 3:55PM	Ganesh: Clear <i>Sunrise:</i> 3:47AM	Sun 21	Sutra 37	Vilamba 5120
Creative Work Siddha Yoga		Yama 7:56AM – 10:01AM	Vyaghata* Until 8:13PM	Muruga: White <i>Sunset:</i> 8:23PM	Moon 4 - Phase 5		Ashtami
		255932369 Rahu 4:14PM – 6:18PM	Balava Until 3:19AM Wed	Nataraja: Purple			
			Ashtami* Until 4:00PM	Moon – Red	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

Retreat Star		Wednesday, May 23, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Malmö, Sweden
Simha Rasi: 21.21 Titthi 9 – 10		Gulika 10:00AM – 12:05PM	Purvaphalguni Until 3:23PM	Ganesh: Clear <i>Sunrise:</i> 3:46AM	Sun 22	Sutra 38	Vilamba 5120
Creative Work Amrita Yoga		Yama 5:51AM – 7:56AM	Harshana Until 3:23PM	Muruga: White <i>Sunset:</i> 8:24PM	Moon 4 - Phase 5		Navami
		255932369 Rahu 12:05PM – 2:10PM	Taitila Until 2:13AM Thu	Nataraja: Purple			
			Navami* Until 2:42PM	Moon – Red	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Malmö, Sweden Sun 23 Sutra 39 Vilamba 5120	
Kanya Rasi: 4.51	Tithi 10 – 11	Gulika 7:55AM – 10:00AM	Uttaraphalguni Until 1:18PM Fri	Ganesha: Clear	<i>Sunrise:</i> 3:45AM		
		Yama 3:45AM – 5:50AM	Vajra* Until 4:28PM	Muruga: White	<i>Sunset:</i> 8:26PM	Moon 4 - Phase 6	
		255932369 Rahu 2:10PM – 4:15PM	Vanija Until 1:31AM Fri	Nataraja: Purple		4th Phase	
	Amrita Yoga		Dashami Until 1:48PM	Moon – Red		Bhuloka Day	
Until 1:18PM Fri				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden Sun 24 Sutra 40 Vilamba 5120	
Kanya Rasi: 18.08	Tithi 11 – 12	Gulika 5:49AM – 7:54AM	Uttaraphalguni Until 1:18PM	Ganesha: Clear	<i>Sunrise:</i> 3:43AM		
		Yama 4:16PM – 6:22PM	Siddhi Until 13:59AM Sat	Muruga: White	<i>Sunset:</i> 8:27PM	Moon 4 - Phase 6	
		266932369 Rahu 10:00AM – 12:05PM	Bava Until 1:12AM Sat	Nataraja: Purple		4th Phase	
	Creative Work Amrita Yoga		Ekadashi Until 1:18PM	Moon – Green		Bhuloka Day	
Until 1:18PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantra Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden Sun 25 Sutra 41 Vilamba 5120	
Tula Rasi: 1.13	Tithi 12 – 13	Gulika 3:42AM – 5:48AM	Chitra Until 4:05PM	Ganesha: Purple	<i>Sunrise:</i> 3:42AM		
		Yama 2:11PM – 4:17PM	Vyatipata* Until 1:59PM	Muruga: White	<i>Sunset:</i> 8:29PM	Moon 4 - Phase 6	
		366932369 Rahu 7:54AM – 9:59AM	Kaulava Until 1:17AM Sun	Nataraja: Purple		4th Phase	
	Routine Work Marana Yoga		Dvadashi Until 13:59AM Sat	Moon – Green		Bhuloka Day	
Until 4:05PM				Jyeshtha Adhika-Vaikasi			
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata</i>							

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden Sun 26 Sutra 42 Vilamba 5120	
Tula Rasi: 14.06	Tithi 13 – 14	Gulika 4:18PM – 6:24PM	Svati Until 4:56PM	Ganesha: Purple	<i>Sunrise:</i> 3:40AM		
		Yama 12:05PM – 2:12PM	Variyan Until 1:11PM	Muruga: White	<i>Sunset:</i> 8:30PM	Moon 4 - Phase 6	
		366932369 Rahu 6:24PM – 8:30PM	Gara Until 1:46AM Mon	Nataraja: Purple		4th Phase	
	Creative Work Siddha Yoga		Trayodashi Until 1:59PM	Moon – Green		Bhuloka Day	
Until 4:56PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden Sun 27 Sutra 43 Vilamba 5120	
Copper Retreat Star		Gulika 2:12PM – 4:19PM	Vishakha Until 6:30PM	Ganesha: Clear	<i>Sunrise:</i> 3:39AM		
Tula Rasi: 26.47	Tithi 14 – 15	Yama 9:59AM – 12:06PM	Parigha* Until 12:44PM	Muruga: White	<i>Sunset:</i> 8:32PM	Moon 4 - Phase 6	
Family Home Evening		376932369 Rahu 5:46AM – 7:52AM	Visti Until 2:41AM Tue	Nataraja: Purple		Purnima	
	Routine Work Marana Yoga		Chaturdashi* Until 2:09PM	Moon – Orange		Bhuloka Day	
Until 6:30PM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Malmö, Sweden Sutra 44 Vilamba 5120	
Silver Retreat Star		Gulika 12:06PM – 2:13PM	Anuradha Until 8:22PM	Ganesha: Clear	<i>Sunrise:</i> 3:38AM		
Vrischika Rasi: 9.17	Tithi 15 – 16	Yama 7:52AM – 9:59AM	Shiva Until 12:39PM	Muruga: White	<i>Sunset:</i> 8:33PM	Moon 4 - Phase 6	
		376932369 Rahu 4:20PM – 6:26PM	Balava Until 4:03AM Wed	Nataraja: Purple		Prathama	
	Creative Work Siddha Yoga		Purnima* Until 3:17PM	Moon – Orange		Bhuloka Day	
Until 8:22PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddha/Sadhya/Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Malmö, Sweden

Sutra 45

Vilamba 5120

Vrischika Rasi: 21.34 Tiithi 16 – 17

Gulika 9:59AM – 12:06PM
Yama 5:44AM – 7:51AM
Rahu 12:06PM – 2:13PM

Jyeshtha* Until 10:29PM
Siddha Until 12:53PM
Taitila Until 5:51AM Thu
Prathama* Until 4:52PM

Ganesha: Clear *Sunrise:* 3:37AM
Muruga: White *Sunset:* 8:35PM
Nataraja: Purple
Moon – Orange

Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 10:29PM

Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha/Yoga Gara Karana Dvitiyayam Titau

Malmö, Sweden

Sun 1 Sutra 46

Vilamba 5120

Dhanus Rasi: 3.41 Tiithi 17

Gulika 7:51AM – 9:58AM
Yama 3:36AM – 5:43AM
Rahu 2:13PM – 4:21PM

Mula* Until 1:19AM Fri
Sadhya Until 1:27PM
Gara Until 6:53PM
Dvitiya Until 6:53PM

Ganesha: White *Sunrise:* 3:36AM
Muruga: White *Sunset:* 8:36PM
Nataraja: Purple
Moon – Light Blue

Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 1:19AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla/Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmö, Sweden

Sun 2 Sutra 47

Vilamba 5120

Dhanus Rasi: 15.39 Tiithi 18

Gulika 5:42AM – 7:50AM
Yama 4:22PM – 6:30PM
Rahu 9:58AM – 12:06PM

Purvashadha* Until 11:47PM Sat
Subha Until 2:18PM
Vanija Until 8:02AM
Tritiya Until 9:13PM

Ganesha: Yellow *Sunrise:* 3:35AM
Muruga: White *Sunset:* 8:38PM
Nataraja: Purple
Moon – Light Blue

Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga
Until 11:47PM Sat

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma/Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden

Sun 3 Sutra 48

Vilamba 5120

Dhanus Rasi: 27.3 Tiithi 19

Gulika 3:34AM – 5:42AM
Yama 2:14PM – 4:22PM
Rahu 7:50AM – 9:58AM

Purvashadha* Until 11:47PM
Sukla Until 16:27AM Sun
Bava Until 10:30AM
Chaturthi* Until 11:47PM

Ganesha: Yellow *Sunrise:* 3:34AM
Muruga: White *Sunset:* 8:39PM
Nataraja: Purple
Moon – Light Blue

Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga
Until 11:47PM

Then Creative Work - Siddha Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra/Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden

Sun 4 Sutra 49

Vilamba 5120

Makara Rasi: 9.17 Tiithi 20

Gulika 4:23PM – 6:32PM
Yama 12:06PM – 2:15PM
Rahu 6:32PM – 8:40PM

Uttarashadha Until 7:15AM
Brahma Until 4:27PM
Kaulava Until 1:06PM
Panchami Until 2:22AM Mon

Ganesha: Yellow *Sunrise:* 3:33AM
Muruga: White *Sunset:* 8:40PM
Nataraja: Purple
Moon – Light Blue

Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara Karana Shashthyam Titau

Malmö, Sweden

Sun 5 Sutra 50

Vilamba 5120

Makara Rasi: 21.05 Tiithi 21

Gulika 2:15PM – 4:24PM
Yama 9:58AM – 12:06PM
Rahu 5:40AM – 7:49AM

Shravana Until 6:45AM Wed Tue
Indra Until 5:30PM
Gara Until 3:37PM
Shashthi* Until 4:46AM Tue

Ganesha: Blue *Sunrise:* 3:32AM
Muruga: White *Sunset:* 8:41PM
Nataraja: Purple
Moon – Purple

Moon 5 - Phase 7
1st Phase

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 6:45AM Wed Tue

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Shatabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Malmö, Sweden

Sun 6 Sutra 51

Vilamba 5120

Kumbha Rasi: 2.58 Tiithi 22

Gulika 12:07PM – 2:16PM
Yama 7:49AM – 9:58AM
Rahu 4:25PM – 6:33PM

Shravana Until 6:45AM Wed
Vaidhriti* Until 1:25PM
Visti Until 19:33AM Wed
Saptami Until 5:30PM

Ganesha: Purple *Sunrise:* 3:31AM
Muruga: White *Sunset:* 8:42PM
Nataraja: White
Moon – Purple

Moon 5 - Phase 7
1st Phase

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 7 Sutra 52

Vilamba 5120

Kumbha Rasi: 15 Tiithi 22 – 23

Gulika 9:58AM – 12:07PM
Yama 5:39AM – 7:48AM
Rahu 12:07PM – 2:16PM

Shatabhishak Until 3:39PM
Vishkambha* Until 6:41PM
Balava Until 7:33PM
Saptami Until 6:45AM

Ganesha: Purple *Sunrise:* 3:30AM
Muruga: White *Sunset:* 8:44PM
Nataraja: White
Moon – Purple

Moon 5 - Phase 7
Ashtami

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 3:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden

Sun 8 Sutra 53

Vilamba 5120

Kumbha Rasi: 27.17 Tiithi 23 – 24

Gulika 7:48AM – 9:58AM
Yama 3:29AM – 5:39AM
Rahu 2:16PM – 4:26PM

Purvaprosarthapada* Until 5:33PM
Priti Until 6:33PM
Taitila Until 8:33PM
Ashtami* Until 8:08AM

Ganesha: Blue *Sunrise:* 3:29AM
Muruga: White *Sunset:* 8:45PM
Nataraja: White
Moon – Clear

Moon 5 - Phase 7
Navami

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, June 8, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau

Malmö, Sweden

Meena Rasi: 9.55 Tihi 24 – 25

Gulika 5:38AM – 7:48AM
Yama 4:26PM – 6:36PM
Rahu 9:58AM – 12:07PM

Uttaraproshtapada Until 6:31PM
Ayushman Until 5:45PM
Vanija Until 8:44PM
Navami* Until 8:44AM

Ganesha: Red *Sunrise:* 3:29AM
Muruga: White *Sunset:* 8:46PM
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Sun 9 Sutra 54
Vilamba 5120
Moon 5 - Phase 8
2nd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

2 Saturday, June 9, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Malmö, Sweden

Meena Rasi: 22.57 Tihi 25 – 26

Gulika 3:28AM – 5:38AM
Yama 2:17PM – 4:27PM
Rahu 7:48AM – 9:58AM

Revati Until 6:29PM
Saubhagya Until 4:18PM
Bava Until 8:04PM
Dashami Until 8:29AM

Ganesha: Red *Sunrise:* 3:28AM
Muruga: White *Sunset:* 8:47PM
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Sun 10 Sutra 55
Vilamba 5120
Moon 5 - Phase 8
2nd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Prabalarishta Yoga
Until 6:29PM
Then Creative Work - Siddha Yoga

3 Sunday, June 10, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Malmö, Sweden

Mesha Rasi: 6.26 Tihi 26 – 27

Gulika 4:27PM – 6:37PM
Yama 12:08PM – 2:17PM
Rahu 6:37PM – 8:47PM

Ashvini Until 5:58PM
Sobhana Until 2:13PM
Kaulava Until 6:36PM
Ekadashi* Until 7:25AM

Ganesha: Green *Sunrise:* 3:28AM
Muruga: White *Sunset:* 8:47PM
Nataraja: White
Moon – White
Jyeshtha Adhika-Vaikasi

Sun 11 Sutra 56
Vilamba 5120
Moon 5 - Phase 8
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 5:58PM
Then Routine Work - Prabalarishta Yoga

4 Monday, June 11, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau

Malmö, Sweden

Mesha Rasi: 20.22 Tihi 28
Family Home Evening

Gulika 2:18PM – 4:28PM
Yama 9:58AM – 12:08PM
Rahu 5:37AM – 7:47AM

Bharani Until 4:35PM
Athiganda* Until 11:30AM
Gara Until 4:25PM
Trayodashi* Until 3:05AM Tue

Ganesha: Green *Sunrise:* 3:27AM
Muruga: White *Sunset:* 8:48PM
Nataraja: White
Moon – White
Jyeshtha Adhika-Vaikasi

Sun 12 Sutra 57
Vilamba 5120
Moon 5 - Phase 8
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 4:35PM
Then Routine Work - Marana Yoga

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Malmö, Sweden

Vrishabha Rasi: 4.44 Tihi 29

Gulika 12:08PM – 2:18PM
Yama 7:47AM – 9:58AM
Rahu 4:28PM – 6:39PM

Krittika Until 2:29PM
Sukarma Until 8:18AM
Visti Until 1:40PM
Chaturdashi* Until 12:06AM Wed

Ganesha: Green *Sunrise:* 3:27AM
Muruga: White *Sunset:* 8:49PM
Nataraja: White
Moon – White
Jyeshtha Adhika-Vaikasi

Sun 13 Sutra 58
Vilamba 5120
Moon 5 - Phase 8
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 2:29PM
Then Creative Work - Amrita Yoga

Wednesday, June 13, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Malmö, Sweden

Vrishabha Rasi: 19.27 Tihi 30

Gulika 9:58AM – 12:08PM
Yama 5:37AM – 7:47AM
Rahu 12:08PM – 2:19PM

Rohini Until 12:15PM
Shula* Until 12:52AM Thu
Catuspada Until 10:30AM
Amavasya* Until 8:47PM

Ganesha: White *Sunrise:* 3:26AM
Muruga: White *Sunset:* 8:50PM
Nataraja: White
Moon – Yellow
Jyeshtha Adhika-Vaikasi

Sun 14 Sutra 59
Vilamba 5120
Moon 5 - Phase 8
Amavasya

Bhuloka Day

Creative Work Siddha Yoga

Thursday, June 14, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau

Malmö, Sweden

Mithuna Rasi: 4.23 Tihi 1 – 2

Gulika 7:47AM – 9:58AM
Yama 3:26AM – 5:37AM
Rahu 2:19PM – 4:29PM

Mrigashira Until 9:37AM
Ganda* Until 8:53PM
Kintughna Until 7:03AM
Prathama* Until 5:16PM

Ganesha: Clear *Sunrise:* 3:26AM
Muruga: White *Sunset:* 8:50PM
Nataraja: White
Moon – Yellow
Jyeshtha-Vaikasi

Sun 15 Sutra 60
Vilamba 5120
Moon 5 - Phase 8
Prathama

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Malmö, Sweden Sun 16 Sutra 61	
Mithuna Rasi: 19.25	Tithi 2 - 3	Gulika 5:36AM - 7:47AM	Ardra Until 6:46AM	Ganesha: Clear	<i>Sunrise:</i> 3:26AM	Vilamba 5120
		Yama 4:30PM - 6:40PM	Vriddhi Until 4:56PM	Muruga: White	<i>Sunset:</i> 8:51PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	359132361 Rahu 9:58AM - 12:08PM	Taitila Until 12:02AM Sat	Nataraja: White		3rd Phase
			Dvitiya Until 1:44PM	Moon - Yellow		
				Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Bava Karana Tritiya/Chaturthyam Titau			Malmö, Sweden Sun 17 Sutra 62	
Kataka Rasi: 4.24	Tithi 3 - 4	Gulika 3:26AM - 5:36AM	Pushya Until 7:11AM Sun	Ganesha: Orange	<i>Sunrise:</i> 3:26AM	Vilamba 5120
		Yama 2:19PM - 4:30PM	Dhruva Until 1:51AM Sun	Muruga: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	349132361 Rahu 7:47AM - 9:58AM	Bava Until 8:44PM	Nataraja: White		3rd Phase
			Tritiya Until 4:56PM	Moon - Blue		
				Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Chaturthi/Panchamyam Titau			Malmö, Sweden Sun 18 Sutra 63	
Kataka Rasi: 19.11	Tithi 4 - 5	Gulika 4:31PM - 6:41PM	Pushya Until 7:11AM	Ganesha: Orange	<i>Sunrise:</i> 3:26AM	Vilamba 5120
		Yama 12:09PM - 2:20PM	Vyaghata* Until 11:40PM	Muruga: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	349132361 Rahu 6:41PM - 8:52PM	Visti Until 7:11AM	Nataraja: White		3rd Phase
Until 7:11AM			Chaturthi* Until 7:11AM	Moon - Blue		
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Shashthiyam Titau			Malmö, Sweden Sun 19 Sutra 64	
Simha Rasi: 3.42	Tithi 6	Gulika 2:20PM - 4:31PM	Ashlesha* Until 2:09AM Tue	Ganesha: Green	<i>Sunrise:</i> 3:26AM	Vilamba 5120
Family Home Evening		Yama 9:58AM - 12:09PM	Harshana Until 10:14PM	Muruga: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9
Routine Work	Marana Yoga	359132361 Rahu 5:36AM - 7:47AM	Kaulava Until 3:15PM	Nataraja: White		3rd Phase
Until 2:09AM Tue			Shashthi* Until 2:09AM Tue	Moon - Red		
Then Creative Work - Siddha Yoga				Jyeshtha•Ani	Devaloka Day	

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau			Malmö, Sweden Sun 20 Sutra 65	
Simha Rasi: 17.52	Tithi 7	Gulika 12:09PM - 2:20PM	Purvaphalguni Until 9:12PM	Ganesha: Green	<i>Sunrise:</i> 3:26AM	Vilamba 5120
		Yama 7:47AM - 9:58AM	Siddhi Until 12:55AM Wed	Muruga: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	359132361 Rahu 4:31PM - 6:42PM	Gara Until 11:49AM Wed	Nataraja: White		3rd Phase
Until 9:12PM			Saptami Until 3:20AM Tue	Moon - Red		
Then Creative Work - Amrita Yoga				Jyeshtha•Ani	Devaloka Day	

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau			Malmö, Sweden Sun 21 Sutra 66	
Retreat Star		Gulika 9:59AM - 12:09PM	Uttaraphalguni Until 8:36PM	Ganesha: Green	<i>Sunrise:</i> 3:26AM	Vilamba 5120
Kanya Rasi: 1.4	Tithi 8	Yama 5:37AM - 7:48AM	Vyatipata* Until 8:36PM	Muruga: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9
Creative Work	Amrita Yoga	359132361 Rahu 12:09PM - 2:20PM	Visti Until 11:00AM Thu	Nataraja: White		Ashtami
Until 8:36PM			Ashtami* Until 12:55AM Wed	Moon - Red		
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Jyeshtha•Ani	Devaloka Day	

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau			Malmö, Sweden Sun 22 Sutra 67	
Retreat Star		Gulika 7:48AM - 9:59AM	Hasta Until 8:54PM	Ganesha: Red	<i>Sunrise:</i> 3:26AM	Vilamba 5120
Kanya Rasi: 15.08	Tithi 9	Yama 3:26AM - 5:37AM	Variyan Until 9:33PM	Muruga: White	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 9
Routine Work	Marana Yoga	369132361 Rahu 2:21PM - 4:32PM	Balava Until 10:45AM Fri	Nataraja: White		Navami
Until 8:54PM			Navami* Until 11:01PM	Moon - Green		
Then Creative Work - Siddha Yoga				Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Malmö, Sweden	
Kanya Rasi: 28.16 Tihti 10		Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 68	
361132361		Gulika 5:37AM – 7:48AM	Chitra Until 11:21PM Sat	Ganesh: Green <i>Sunrise:</i> 3:26AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 4:32PM – 6:43PM	Parigha* Until 8:32PM	Muruga: White <i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
		Rahu 9:59AM – 12:10PM	Taitila Until 10:63AM Sat	Nataraja: White	4th Phase		
			Dashami Until 9:33PM	Moon – Green	Bhuloka Day		
				Jyeshtha-Ani			

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Malmö, Sweden	
Tula Rasi: 11.08 Tihti 11		Chitra/Svati Nakshatra Shiva Yoga Vanija/Bava Karana Ekadashyam Titau				Sun 24 Sutra 69	
361132361		Gulika 3:26AM – 5:37AM	Chitra Until 11:21PM	Ganesh: Green <i>Sunrise:</i> 3:26AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 2:21PM – 4:32PM	Shiva Until 19:45AM Sun	Muruga: White <i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
		Rahu 7:48AM – 9:59AM	Vanija Until 11:50AM Sun	Nataraja: White	4th Phase		
			Ekadashi Until 8:32PM	Moon – Green	Bhuloka Day		
				Jyeshtha-Ani			

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Malmö, Sweden	
Tula Rasi: 23.45 Tihti 12		Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 70	
371142361		Gulika 4:32PM – 6:43PM	Vishakha Until 12:38AM Mon	Ganesh: Red <i>Sunrise:</i> 3:27AM	Vilamba 5120		
Routine Work Marana Yoga		Yama 12:10PM – 2:21PM	Siddha Until 7:45PM	Muruga: Clear <i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
Until 12:28AM Mon		Rahu 6:43PM – 8:54PM	Bava Until 11:50AM	Nataraja: White	4th Phase		
Then Creative Work - Siddha Yoga			Dvadashi Until 12:23AM Mon	Moon – Orange	Devaloka Day		
				Jyeshtha-Ani			

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Malmö, Sweden	
Vrischika Rasi: 6.1 Tihti 13		Anuradha Nakshatra Sadhya Yoga Kaulava Karana Trayodashyam Titau				Sun 26 Sutra 71	
371142361		Gulika 2:21PM – 4:32PM	Anuradha Until 2:33AM Tue	Ganesh: Red <i>Sunrise:</i> 3:27AM	Vilamba 5120		
Family Home Evening		Yama 10:00AM – 12:10PM	Sadhya Until 7:52PM	Muruga: Clear <i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
Creative Work Siddha Yoga		Rahu 5:38AM – 7:49AM	Kaulava Until 1:05PM	Nataraja: White	4th Phase		
Until 2:33AM Tue			Trayodashi Until 1:50AM Tue	Moon – Orange	Devaloka Day		
Then Routine Work - Marana Yoga				Jyeshtha-Ani			
			<i>Pradosha Vrata</i>				

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Malmö, Sweden	
Vrischika Rasi: 18.24 Tihti 14		Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 72	
371142361		Gulika 12:11PM – 2:21PM	Jyeshtha* Until 4:51AM Wed	Ganesh: Red <i>Sunrise:</i> 3:27AM	Vilamba 5120		
Routine Work Marana Yoga		Yama 7:49AM – 10:00AM	Subha Until 8:20PM	Muruga: Clear <i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
		Rahu 4:32PM – 6:43PM	Gara Until 2:44PM	Nataraja: White	4th Phase		
			Chaturdashi* Until 3:40AM Wed	Moon – Orange	Devaloka Day		
				Jyeshtha-Ani			

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Malmö, Sweden	
Copper Retreat Star		Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 73	
Dhanus Rasi: 0.29 Tihti 15						Vilamba 5120	
381142361		Gulika 10:00AM – 12:11PM	Mula* Until 8:16AM Fri Thu	Ganesh: Blue <i>Sunrise:</i> 3:28AM	Moon 5 - Phase 10		
Routine Work Marana Yoga		Yama 5:39AM – 7:49AM	Sukla Until 9:01PM	Muruga: Clear <i>Sunset:</i> 8:54PM	Purnima		
Until 8:16AM Fri Thu		Rahu 12:11PM – 2:22PM	Visti Until 4:45PM	Nataraja: White			
Then Creative Work - Siddha Yoga			Purnima* Until 5:51AM Thu	Moon – Light Blue	Bhuloka Day		
				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM		

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Malmö, Sweden	
Silver Retreat Star		Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Sutra 74	
Dhanus Rasi: 12.26 Tihti 16						Vilamba 5120	
381142361		Gulika 7:50AM – 10:00AM	Mula* Until 8:16AM Fri	Ganesh: Blue <i>Sunrise:</i> 3:29AM	Moon 5 - Phase 10		
Creative Work Siddha Yoga		Yama 3:29AM – 5:39AM	Brahma Until 9:57PM	Muruga: Clear <i>Sunset:</i> 8:54PM	Prathama		
Until 8:16AM Fri		Rahu 2:22PM – 4:32PM	Balava Until 21:34AM Fri	Nataraja: White			
Then Routine Work - Prabalarishta Yoga			Prathama* Until 9:01PM	Moon – Light Blue	Bhuloka Day		
				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Malmö, Sweden

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 24.17 Tihi 16 - 17

Gulika 5:40AM - 7:50AM

Yama 4:32PM - 6:43PM

381142361 Rahu 10:01AM - 12:11PM

Purvashadha* Until 10:49AM

Indra Until 11:02PM

Taitila Until 9:34PM

Prathama* Until 8:16AM

Ganesha: Blue

Sunrise: 3:29AM

Muruga: Clear

Sunset: 8:53PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 10:49AM

Then Routine Work - Marana Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 6.05 Tihi 17 - 18

Gulika 3:30AM - 5:40AM

Yama 2:22PM - 4:32PM

381242361 Rahu 7:51AM - 10:01AM

Uttarashadha Until 1:47PM

Vaidhriti* Until 12:09AM Sun

Vanija Until 12:10AM Sun

Dvitiya Until 10:51AM

Ganesha: Blue

Sunrise: 3:30AM

Muruga: Clear

Sunset: 8:53PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 17.52 Tihi 18 - 19

Gulika 4:32PM - 6:42PM

Yama 12:12PM - 2:22PM

391242361 Rahu 6:42PM - 8:53PM

Shravana Until 5:06PM

Vishkambha* Until 1:14AM Mon

Bava Until 2:43AM Mon

Tritiya Until 1:26PM

Ganesha: Red

Sunrise: 3:31AM

Muruga: Clear

Sunset: 8:53PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 5:06PM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 29.41 Tihi 19 - 20

Gulika 2:22PM - 4:32PM

Yama 10:02AM - 12:12PM

392242361 Rahu 5:42AM - 7:52AM

Dhanishtha Until 8:05PM

Priti Until 2:10AM Tue

Kaulava Until 5:01AM Tue

Chaturthi* Until 3:53PM

Ganesha: Yellow

Sunrise: 3:31AM

Muruga: Clear

Sunset: 8:52PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Malmö, Sweden

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 11.35 Tihi 20

Gulika 12:12PM - 2:22PM

Yama 7:52AM - 10:02AM

392242361 Rahu 4:32PM - 6:42PM

Shatabhishak Until 10:34PM

Ayushman Until 2:46AM Wed

Taitila Until 6:00PM

Panchami Until 6:00PM

Ganesha: Yellow

Sunrise: 3:32AM

Muruga: Clear

Sunset: 8:52PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 23.4 Tihi 21

Gulika 10:02AM - 12:12PM

Yama 5:43AM - 7:53AM

312242361 Rahu 12:12PM - 2:22PM

Purvaproshtapada* Until 12:53AM Thu

Saubhagya Until 2:58AM Thu

Gara Until 7:75AM Thu

Shashthi* Until 2:46AM Wed

Ganesha: Orange

Sunrise: 3:33AM

Muruga: Clear

Sunset: 8:51PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 12:53AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Malmö, Sweden

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 5.58 Tihi 22

Gulika 7:53AM - 10:03AM

Yama 3:34AM - 5:44AM

312242361 Rahu 2:22PM - 4:31PM

Uttaraproshtapada Until 2:23AM Fri

Sobhana Until 2:39AM Fri

Visti Until 8:15AM

Saptami Until 8:38PM

Ganesha: Orange

Sunrise: 3:34AM

Muruga: Clear

Sunset: 8:50PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

D

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Taitila Karana Ashtamyam Titau

Malmö, Sweden

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 18.34 Tihi 23

Gulika 5:45AM - 7:54AM

Yama 4:31PM - 6:40PM

312242361 Rahu 10:03AM - 12:12PM

Revati Until 2:59AM Sat

Athiganda* Until 2:59AM Sat

Balava Until 8:53AM

Ashtami* Until 8:54PM

Ganesha: Orange

Sunrise: 3:35AM

Muruga: Clear

Sunset: 8:50PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 9 Sutra 84

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 1.33 Tihi 24

Gulika 3:36AM - 5:45AM

Yama 2:22PM - 4:31PM

422242361 Rahu 7:54AM - 10:04AM

Ashvini Until 3:07AM Sun

Sukarma Until 12:09AM Sun

Taitila Until 8:44AM

Navami* Until 8:21PM

Ganesha: Orange

Sunrise: 3:36AM

Muruga: Clear

Sunset: 8:49PM

Nataraja: White

Moon - White

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 3:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Malmö, Sweden
Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau					Sun 9 Sutra 84
Mesha Rasi: 14.58	Tithi 25	Gulika 4:30PM – 6:39PM	Bharani Until 2:18AM Mon	Ganesha: Orange <i>Sunrise: 3:37AM</i>	Vilamba 5120
		Yama 12:13PM – 2:22PM	Dhriti Until 9:58PM	Muruga: Clear <i>Sunset: 8:48PM</i>	Moon 6 - Phase 12
	422242361	Rahu 6:39PM – 8:48PM	Vanija Until 7:48AM	Nataraja: White	2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 7:01PM	Moon – White	Devaloka Day
Until 2:18AM Mon				Jyeshtha•Ani	
Then Routine Work - Marana Yoga					

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam			Malmö, Sweden
Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau					Sun 10 Sutra 85
Mesha Rasi: 28.49	Tithi 26 – 27	Gulika 2:21PM – 4:30PM	Krittika Until 12:40AM Tue	Ganesha: Orange <i>Sunrise: 3:39AM</i>	Vilamba 5120
Family Home Evening		Yama 10:04AM – 12:13PM	Shula* Until 7:10PM	Muruga: Clear <i>Sunset: 8:47PM</i>	Moon 6 - Phase 12
	422242361	Rahu 5:47AM – 7:56AM	Bava Until 6:05AM	Nataraja: White	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 4:57PM	Moon – White	Devaloka Day
Until 12:40AM Tue				Jyeshtha•Ani	
Then Creative Work - Amrita Yoga					

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam			Malmö, Sweden
Rohini Nakshatra Ganda*/Vridhhi Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau					Sun 11 Sutra 86
Vrishabha Rasi: 13.07	Tithi 27 – 28	Gulika 12:13PM – 2:21PM	Rohini Until 10:44PM	Ganesha: Light Blue <i>Sunrise: 3:40AM</i>	Vilamba 5120
		Yama 7:56AM – 10:05AM	Ganda* Until 3:52PM	Muruga: Clear <i>Sunset: 8:46PM</i>	Moon 6 - Phase 12
	422242361	Rahu 4:30PM – 6:38PM	Gara Until 12:44AM Wed	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:15PM	Moon – Yellow	Bhuloka Day
Until 10:44PM				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Malmö, Sweden
Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 12 Sutra 87
Vrishabha Rasi: 27.49	Tithi 28 – 29	Gulika 10:05AM – 12:13PM	Mrigashira Until 8:12PM	Ganesha: Light Blue <i>Sunrise: 3:41AM</i>	Vilamba 5120
		Yama 5:49AM – 7:57AM	Vridhhi Until 12:11PM	Muruga: Clear <i>Sunset: 8:45PM</i>	Moon 6 - Phase 12
	422242361	Rahu 12:13PM – 2:21PM	Visti Until 9:22PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:04AM	Moon – Yellow	Bhuloka Day
Until 10:44PM				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga					

Thursdays, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Malmö, Sweden
Retreat Star		Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau			Sun 13 Sutra 88
Mithuna Rasi: 12.48	Tithi 29 – 30	Gulika 7:58AM – 10:06AM	Ardra Until 5:17PM	Ganesha: Light Blue <i>Sunrise: 3:42AM</i>	Vilamba 5120
		Yama 3:42AM – 5:50AM	Dhruva Until 8:12AM	Muruga: Clear <i>Sunset: 8:44PM</i>	Moon 6 - Phase 12
	422242361	Rahu 2:21PM – 4:29PM	Naga Until 3:50AM Fri	Nataraja: White	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 7:33AM	Moon – Yellow	Bhuloka Day
Until 5:17PM				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam			Malmö, Sweden
Retreat Star		Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau			Sun 14 Sutra 89
Mithuna Rasi: 27.57	Tithi 1	Gulika 5:51AM – 7:59AM	Punarvasu Until 2:30PM	Ganesha: Purple <i>Sunrise: 3:44AM</i>	Vilamba 5120
		Yama 4:28PM – 6:36PM	Harshana Until 11:55PM	Muruga: Clear <i>Sunset: 8:43PM</i>	Moon 6 - Phase 12
	422242361	Rahu 10:06AM – 12:13PM	Kintughna Until 1:58PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:05AM Sat	Moon – Blue	Bhuloka Day
Until 2:30PM		Partial Solar Eclipse		Ashada•Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Malmö, Sweden Sun 15 Sutra 90	
Kataka Rasi: 13.07	Tithi 2	Gulika	3:45AM – 5:52AM	Pushya Until 11:38AM	Ganesh: Purple	<i>Sunrise:</i> 3:45AM	Vilamba 5120		
		Yama	2:21PM – 4:28PM	Vajra* Until 7:51PM	Muruga: Clear	<i>Sunset:</i> 8:42PM	Moon 6 - Phase 13		
		442242361 Rahu	7:59AM – 10:06AM	Balava Until 10:16AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 8:28PM	Moon – Blue		Bhuloka Day		
Until 11:38AM					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailita/Vanija Karana Tritiya/Chaturthiyam Titau		Malmö, Sweden Sun 16 Sutra 91	
Kataka Rasi: 28.08	Tithi 3 – 4	Gulika	4:27PM – 6:34PM	Ashlesha* Until 2:12PM Mon	Ganesh: Purple	<i>Sunrise:</i> 3:46AM	Vilamba 5120		
		Yama	12:14PM – 2:20PM	Siddhi Until 4:02PM	Muruga: Clear	<i>Sunset:</i> 8:41PM	Moon 6 - Phase 13		
		442242361 Rahu	6:34PM – 8:41PM	Tailita Until 6:46AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 5:07PM	Moon – Blue		Bhuloka Day		
Until 2:12PM Mon					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Malmö, Sweden Sun 17 Sutra 92	
Simha Rasi: 12.53	Tithi 4 – 5	Gulika	2:20PM – 4:27PM	Ashlesha* Until 2:12PM	Ganesh: Purple	<i>Sunrise:</i> 3:48AM	Vilamba 5120		
Family Home Evening		Yama	10:07AM – 12:14PM	Vyatipata* Until 12:34PM	Muruga: Clear	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 13		
		453242361 Rahu	5:54AM – 8:01AM	Bava Until 12:57AM Tue	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga			Chaturthi* Until 2:12PM	Moon – Red		Bhuloka Day		
Until 2:12PM					Ashada*Adi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava Karana Panchami/Shashthyam Titau		Malmö, Sweden Sun 18 Sutra 93	
Simha Rasi: 27.17	Tithi 5 – 6	Gulika	12:14PM – 2:20PM	Uttaraphalguni Until 10:06AM Wed	Ganesh: Purple	<i>Sunrise:</i> 3:49AM	Vilamba 5120		
		Yama	8:02AM – 10:08AM	Variyan Until 9:31AM	Muruga: Clear	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 13		
		453242362 Rahu	4:26PM – 6:32PM	Balava Until 11:49AM	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga			Panchami Until 11:49AM	Moon – Red		Devaloka Day		
Until 10:06AM Wed					Ashada*Adi				
Then Routine Work - Marana Yoga									

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Malmö, Sweden Sun 19 Sutra 94	
Kanya Rasi: 11.15	Tithi 6 – 7	Gulika	10:08AM – 12:14PM	Uttaraphalguni Until 10:06AM	Ganesh: Clear	<i>Sunrise:</i> 3:51AM	Vilamba 5120		
		Yama	5:57AM – 8:02AM	Parigha* Until 4:66AM Thu	Muruga: Clear	<i>Sunset:</i> 8:37PM	Moon 6 - Phase 13		
		463242362 Rahu	12:14PM – 2:20PM	Gara Until 9:31PM	Nataraja: Clear		3rd Phase		
Routine Work	Marana Yoga			Shashthi* Until 10:06AM	Moon – Green		Sivaloka Day		
Until 10:06AM					Ashada*Adi				
Then Creative Work - Siddha Yoga									

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Malmö, Sweden Sun 20 Sutra 95	
Kanya Rasi: 24.48	Tithi 7 – 8	Gulika	8:03AM – 10:08AM	Chitra Until 3:37AM Fri	Ganesh: Clear	<i>Sunrise:</i> 3:52AM	Vilamba 5120		
		Yama	3:52AM – 5:58AM	Siddha Until 3:45AM Fri	Muruga: Clear	<i>Sunset:</i> 8:35PM	Moon 6 - Phase 13		
		463242362 Rahu	2:19PM – 4:25PM	Vistil Until 8:52PM	Nataraja: Clear		Ashtami		
Creative Work	Siddha Yoga			Saptami Until 9:05AM	Moon – Green		Sivaloka Day		
					Ashada*Adi				

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Malmö, Sweden Sun 21 Sutra 96	
Tula Rasi: 7.57	Tithi 8 – 9	Gulika	5:59AM – 8:04AM	Svati Until 9:13AM Sat	Ganesh: Clear	<i>Sunrise:</i> 3:54AM	Vilamba 5120		
		Yama	4:24PM – 6:29PM	Sadhya Until 2:58AM Sat	Muruga: Clear	<i>Sunset:</i> 8:34PM	Moon 6 - Phase 13		
		463242362 Rahu	10:09AM – 12:14PM	Balava Until 8:57PM	Nataraja: Clear		Navami		
Creative Work	Siddha Yoga			Ashtami* Until 8:48AM	Moon – Green		Sivaloka Day		
					Ashada*Adi				

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Kaulava Karana Navami/Dashamyam Titau		Malmö, Sweden	
Tula Rasi: 20.44	Tithi 9 – 10	Gulika	3:55AM – 6:00AM	Svati Until 9:13AM	Ganesh: White	<i>Sunrise:</i> 3:55AM	Sun 22	Sutra 97	Vilamba 5120
		Yama	2:19PM – 4:23PM	Subha Until 26:54AM Sun	Muruga: Clear	<i>Sunset:</i> 8:32PM			Moon 6 - Phase 14
Creative Work	Siddha Yoga	473242362 Rahu	8:05AM – 10:09AM	Kaulava Until 9:13AM	Nataraja: Clear				4th Phase
				Navami* Until 9:13AM	Moon – Orange			Devaloka Day	
					Ashada*Adi				


2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Malmö, Sweden	
Vrischika Rasi: 3.13	Tithi 10 – 11	Gulika	4:22PM – 6:27PM	Vishakha Until 6:12AM	Ganesh: White	<i>Sunrise:</i> 3:57AM	Sun 23	Sutra 98	Vilamba 5120
		Yama	12:14PM – 2:18PM	Sukla Until 2:54AM Mon	Muruga: Clear	<i>Sunset:</i> 8:31PM			Moon 6 - Phase 14
Routine Work	Marana Yoga	473242362 Rahu	6:27PM – 8:31PM	Vanija Until 11:02PM	Nataraja: Clear				4th Phase
				Dashami Until 10:17AM	Moon – Orange			Devaloka Day	
					Ashada*Adi				


3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vistil*/Bava Karana Ekadashi/Dvodashyam Titau		Malmö, Sweden	
Vrischika Rasi: 15.28	Tithi 11 – 12	Gulika	2:18PM – 4:22PM	Anuradha Until 8:20AM	Ganesh: White	<i>Sunrise:</i> 3:59AM	Sun 24	Sutra 99	Vilamba 5120
Family Home Evening		Yama	10:10AM – 12:14PM	Brahma Until 3:26AM Tue	Muruga: Clear	<i>Sunset:</i> 8:29PM			Moon 6 - Phase 14
Creative Work	Siddha Yoga	473242362 Rahu	6:03AM – 8:06AM	Bava Until 12:52AM Tue	Nataraja: Clear				4th Phase
				Ekadashi Until 11:52AM	Moon – Orange			Devaloka Day	
					Ashada*Adi				

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Malmö, Sweden	
Vrischika Rasi: 27.32	Tithi 12 – 13	Gulika	12:14PM – 2:17PM	Jyeshtha* Until 10:45AM	Ganesh: White	<i>Sunrise:</i> 4:00AM	Sun 25	Sutra 100	Vilamba 5120
		Yama	8:07AM – 10:11AM	Indra Until 4:16AM Wed	Muruga: Clear	<i>Sunset:</i> 8:28PM			Moon 6 - Phase 14
Routine Work	Marana Yoga	473242362 Rahu	4:21PM – 6:24PM	Kaulava Until 2:63AM Wed	Nataraja: Clear				4th Phase
Until 10:45AM				Dvodashi Until 3:26AM Tue	Moon – Orange			Devaloka Day	
Then Creative Work - Amrita Yoga					Ashada*Adi				
					<i>Pradosha Vrata</i>				

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden	
Dhanus Rasi: 9.28	Tithi 13 – 14	Gulika	10:11AM – 12:14PM	Mula* Until 1:48PM	Ganesh: Red	<i>Sunrise:</i> 4:02AM	Sun 26	Sutra 101	Vilamba 5120
		Yama	6:05AM – 8:08AM	Vaidhriti* Until 5:15AM Thu	Muruga: Clear	<i>Sunset:</i> 8:26PM			Moon 6 - Phase 14
Routine Work	Marana Yoga	483342362 Rahu	12:14PM – 2:17PM	Gara Until 5:30AM Thu	Nataraja: Clear				4th Phase
Until 1:48PM				Trayodashi Until 4:14PM	Moon – Light Blue			Sivaloka Day	
Then Creative Work - Amrita Yoga					Ashada*Adi				

6		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturdashyam Titau		Malmö, Sweden	
Dhanus Rasi: 21.18	Tithi 14	Gulika	8:09AM – 10:11AM	Purvashadha* Until 9:21PM Fri	Ganesh: Red	<i>Sunrise:</i> 4:04AM	Sun 27	Sutra 102	Vilamba 5120
		Yama	4:04AM – 6:06AM	Vishkambha* Until 7:52PM Fri	Muruga: Clear	<i>Sunset:</i> 8:24PM			Moon 6 - Phase 14
Creative Work	Siddha Yoga	483342362 Rahu	2:17PM – 4:19PM	Visti Until 7:65AM Fri	Nataraja: Clear				4th Phase
Until 9:21PM Fri				Chaturdashi* Until 5:15AM Thu	Moon – Light Blue			Sivaloka Day	
Then Routine Work - Marana Yoga					Ashada*Adi				

		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Vistil*/Balava Karana Purnimayam Titau		Malmö, Sweden	
Copper Retreat Star		Gulika	6:08AM – 8:10AM	Purvashadha* Until 9:21PM	Ganesh: Red	<i>Sunrise:</i> 4:05AM	Sun 28	Sutra 103	Vilamba 5120
Makara Rasi: 3.06	Tithi 15	Yama	4:18PM – 6:20PM	Vishkambha* Until 7:52PM	Muruga: Clear	<i>Sunset:</i> 8:23PM			Moon 6 - Phase 14
		483342362 Rahu	10:12AM – 12:14PM	Visti Until 10:39AM Sat	Nataraja: Clear				Purnima
Routine Work	Marana Yoga			Purnima* Until 6:21AM Fri	Moon – Light Blue			Sivaloka Day	
					Ashada*Adi				
					Total Lunar Eclipse				
					Satguru Purnima				

		Saturday, July 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Pritil*/Ayushman Yoga Balava/Tailila Karana Prathamayam Titau		Malmö, Sweden	
Silver Retreat Star		Gulika	4:07AM – 6:09AM	Uttarashadha Until 11:53PM	Ganesh: Blue	<i>Sunrise:</i> 4:07AM	Sun 29	Sutra 104	Vilamba 5120
Makara Rasi: 14.53	Tithi 16	Yama	2:16PM – 4:17PM	Priti Until 11:08PM	Muruga: Clear	<i>Sunset:</i> 8:21PM			Moon 6 - Phase 14
		493342362 Rahu	8:11AM – 10:12AM	Balava Until 10:39AM	Nataraja: Clear				Prathama
Creative Work	Siddha Yoga			Prathama* Until 11:53PM	Moon – Purple			Devaloka Day	
					Ashada*Adi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Malmö, Sweden

Makara Rasi: 26.43 Tiithi 17

Gulika 4:17PM – 6:18PM
Yama 12:14PM – 2:15PM
Rahu 6:18PM – 8:19PM

Dhanishtha Until 2:03AM Mon
Ayushman Until 8:29AM
Taitila Until 15:19AM Mon
Dvitiya Until 8:29AM Sun

Ganesha: Blue *Sunrise:* 4:09AM
Muruga: Clear *Sunset:* 8:19PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 2:03AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmö, Sweden
Sun 2 Sutra 106
Vilamba 5120

Kumbha Rasi: 8.37 Tiithi 18
Family Home Evening

Gulika 2:15PM – 4:16PM
Yama 10:13AM – 12:14PM
Rahu 6:12AM – 8:12AM

Shatabhishak Until 4:32AM Tue
Saubhagya Until 9:20AM
Vanija Until 3:19PM
Tritiya Until 4:17AM Tue

Ganesha: Blue *Sunrise:* 4:11AM
Muruga: Clear *Sunset:* 8:17PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 4:32AM Tue
Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Bava Karana Chaturthyam Titau

Malmö, Sweden
Sun 3 Sutra 107
Vilamba 5120

Kumbha Rasi: 20.39 Tiithi 19

Gulika 12:14PM – 2:14PM
Yama 8:13AM – 10:14AM
Rahu 4:15PM – 6:15PM

Purvaproshtapada* Until 6:57AM Wed
Sobhana Until 9:58AM
Bava Until 5:11PM
Chaturthi* Until 5:56AM Wed

Ganesha: White *Sunrise:* 4:13AM
Muruga: Clear *Sunset:* 8:15PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 6:57AM Wed
Then Creative Work - Siddha Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Malmö, Sweden
Sun 4 Sutra 108
Vilamba 5120

Meena Rasi: 2.5 Tiithi 20

Gulika 10:14AM – 12:14PM
Yama 6:14AM – 8:14AM
Rahu 12:14PM – 2:14PM

Purvaproshtapada* Until 6:57AM
Athiganda* Until 10:14AM
Kaulava Until 6:36PM
Panchami Until 7:06AM Thu

Ganesha: White *Sunrise:* 4:14AM
Muruga: Clear *Sunset:* 8:13PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:57AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden
Sun 5 Sutra 109
Vilamba 5120

Meena Rasi: 15.14 Tiithi 20 – 21

Gulika 8:15AM – 10:14AM
Yama 4:16AM – 6:16AM
Rahu 2:13PM – 4:13PM

Uttaraproshtapada Until 7:41AM Fri
Sukarma Until 10:07AM
Gara Until 7:29PM
Panchami Until 7:06AM

Ganesha: White *Sunrise:* 4:16AM
Muruga: Clear *Sunset:* 8:11PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada*/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden
Sun 6 Sutra 110
Vilamba 5120

Meena Rasi: 27.53 Tiithi 21 – 22

Gulika 6:17AM – 8:16AM
Yama 4:12PM – 6:11PM
Rahu 10:15AM – 12:14PM

Uttaraproshtapada Until 7:41AM
Dhriti Until 7:88AM Sat
Visti Until 7:45PM
Shashthi* Until 7:41AM

Ganesha: White *Sunrise:* 4:18AM
Muruga: Clear *Sunset:* 8:09PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 7:41AM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden
Sun 7 Sutra 111
Vilamba 5120

Mesha Rasi: 10.51 Tiithi 22 – 23

Gulika 4:20AM – 6:18AM
Yama 2:12PM – 4:11PM
Rahu 8:17AM – 10:15AM

Ashvini Until 6:53AM Sun
Shula* Until 8:28AM
Balava Until 7:21PM
Saptami Until 7:37AM

Ganesha: Clear *Sunrise:* 4:20AM
Muruga: Clear *Sunset:* 8:07PM
Nataraja: Clear
Moon – White
Ashada•Adi

Moon 7 - Phase 15
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden
Sun 8 Sutra 112
Vilamba 5120

Mesha Rasi: 24.1 Tiithi 23 – 24

Gulika 4:09PM – 6:07PM
Yama 12:14PM – 2:11PM
Rahu 6:07PM – 8:05PM

Ashvini Until 6:53AM
Ganda* Until 4:41AM Mon
Taitila Until 6:16PM
Ashtami* Until 6:53AM

Ganesha: Clear *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 8:05PM
Nataraja: Clear
Moon – White
Ashada•Adi

Moon 7 - Phase 15
Navami

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 6:53AM
Then Creative Work - Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


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1		Monday, August 6, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Malmö, Sweden Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 7.53	Tithi 25	Gulika	2:11PM – 4:08PM	Krittika Until 9:29AM	Ganesh: Clear	<i>Sunrise:</i> 4:23AM	
Family Home Evening	424342362	Yama	10:16AM – 12:13PM	Dhruva Until 1:57AM Tue	Muruga: Clear	<i>Sunset:</i> 8:03PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	6:21AM – 8:18AM	Vanija Until 13:70AM Tue	Nataraja: Clear		2nd Phase
Until 9:29AM				Dashami Until 4:41AM Mon	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada*Adi		

2		Tuesday, August 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Kaulava Karana Ekadashyam Titau	Malmö, Sweden Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 22	Tithi 26	Gulika	12:13PM – 2:10PM	Rohini Until 9:40PM Wed	Ganesh: Purple	<i>Sunrise:</i> 4:25AM	
	434342362	Yama	8:19AM – 10:16AM	Vyaghata* Until 10:47PM	Muruga: Clear	<i>Sunset:</i> 8:01PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	4:07PM – 6:04PM	Bava Until 10:77AM Wed	Nataraja: Clear		2nd Phase
Until 9:40PM Wed				Ekadashi* Until 1:57AM Tue	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga					Ashada*Adi		

3		Wednesday, August 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Malmö, Sweden Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 6.29	Tithi 27	Gulika	10:17AM – 12:13PM	Rohini Until 9:40PM	Ganesh: Purple	<i>Sunrise:</i> 4:27AM	
	434342362	Yama	6:24AM – 8:20AM	Harshana Until 6:73PM	Muruga: Clear	<i>Sunset:</i> 7:59PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Rahu	12:13PM – 2:10PM	Kaulava Until 11:17AM	Nataraja: Clear		2nd Phase
				Dvadashi* Until 9:40PM	Moon – Yellow		Devaloka Day
					Ashada*Adi		

4		Thursday, August 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Malmö, Sweden Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 21.19	Tithi 28	Gulika	8:21AM – 10:17AM	Punarvasu Until 1:12AM Fri	Ganesh: Light Blue	<i>Sunrise:</i> 4:29AM	
	444342362	Yama	4:29AM – 6:25AM	Vajra* Until 3:21PM	Muruga: Clear	<i>Sunset:</i> 7:57PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	2:09PM – 4:05PM	Gara Until 8:00AM	Nataraja: Clear		2nd Phase
Until 1:12AM Fri				Trayodashi* Until 6:14PM	Moon – Blue		Devaloka Day
Then Routine Work - Marana Yoga					Ashada*Adi		
					<i>Pradosha Vrata (Fasting)</i>		

		Friday, August 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Malmö, Sweden Sun 13 Sutra 117 Vilamba 5120
Retreat Star		Gulika	6:26AM – 8:22AM	Pushya Until 10:57AM Sat	Ganesh: Light Blue	<i>Sunrise:</i> 4:31AM	
Kataka Rasi: 6.2	Tithi 29 – 30	Yama	4:04PM – 5:59PM	Siddhi Until 11:18AM	Muruga: Clear	<i>Sunset:</i> 7:55PM	Moon 7 - Phase 16
	444342362	Rahu	10:17AM – 12:13PM	Catuspada Until 12:48AM Sat	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Chaturdashi* Until 3:21PM	Moon – Blue		Devaloka Day
					Ashada*Adi		

5		Saturday, August 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau	Malmö, Sweden Sun 14 Sutra 118 Vilamba 5120
Retreat Star		Gulika	4:33AM – 6:28AM	Pushya Until 10:57AM	Ganesh: Orange	<i>Sunrise:</i> 4:33AM	
Kataka Rasi: 21.28	Tithi 30 – 1	Yama	2:08PM – 4:03PM	Vyalipata* Until 7:25PM	Muruga: Clear	<i>Sunset:</i> 7:53PM	Moon 7 - Phase 16
	445342362	Rahu	8:23AM – 10:18AM	Bava Until 7:24AM Sun	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Amavasya* Until 10:57AM	Moon – Blue		Sivaloka Day
Until 10:57AM					Sravana*Adi		
Then Creative Work - Amrita Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden
Simha Rasi: 6.31	Tithi 1 – 2	Gulika 4:01PM – 5:56PM	Magha* Until 4:56PM	Ganesh: Clear	<i>Sunrise:</i> 4:35AM	Sun 15 Sutra 119
		Yama 12:13PM – 2:07PM	Parigha* Until 4:56PM	Muruga: Clear	<i>Sunset:</i> 7:50PM	Vilamba 5120
		455342362 Rahu 5:56PM – 7:50PM	Kaulava Until 3:67AM Mon	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga		Prathama* Until 7:24AM	Moon – Red		3rd Phase
Until 4:56PM				Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Malmö, Sweden
Simha Rasi: 21.23	Tithi 3	Gulika 2:06PM – 4:00PM	Purvaphalguni Until 2:38PM	Ganesh: Clear	<i>Sunrise:</i> 4:37AM	Sun 16 Sutra 120
Family Home Evening		Yama 10:18AM – 12:12PM	Shiva Until 7:49PM	Muruga: Clear	<i>Sunset:</i> 7:48PM	Vilamba 5120
		455342362 Rahu 6:31AM – 8:24AM	Tailila Until 11:63AM Tue	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga		Tritiya Until 11:19PM	Moon – Red		3rd Phase
				Sravana-Adi		Sivaloka Day

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija Karana Chaturthyam Titau				Malmö, Sweden
Kanya Rasi: 5.55	Tithi 4	Gulika 12:12PM – 2:06PM	Uttaraphalguni Until 9:22PM Wed	Ganesh: Clear	<i>Sunrise:</i> 4:38AM	Sun 17 Sutra 121
		Yama 8:25AM – 10:19AM	Siddha Until 12:42PM	Muruga: Clear	<i>Sunset:</i> 7:46PM	Vilamba 5120
		455342362 Rahu 3:59PM – 5:52PM	Vanija Until 12:03PM	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Amrita Yoga		Chaturthi* Until 10:58PM	Moon – Red		3rd Phase
Until 9:22PM Wed				Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga						

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Panchamyam Titau				Malmö, Sweden
Kanya Rasi: 20.02	Tithi 5	Gulika 10:19AM – 12:12PM	Uttaraphalguni Until 9:22PM	Ganesh: Purple	<i>Sunrise:</i> 4:40AM	Sun 18 Sutra 122
		Yama 6:33AM – 8:26AM	Sadhya Until 11:42AM	Muruga: Clear	<i>Sunset:</i> 7:44PM	Vilamba 5120
		465342362 Rahu 12:12PM – 2:05PM	Bava Until 8:52AM Thu	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga		Panchami Until 14:12AM Wed	Moon – Green		3rd Phase
Until 9:22PM		Nag Panchami		Sravana-Adi		Subha Sivaloka Day
Then Creative Work - Siddha Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava Karana Shashthyam Titau				Malmö, Sweden
Tula Rasi: 3.43	Tithi 6	Gulika 8:27AM – 10:19AM	Chitra Until 11:17AM	Ganesh: Purple	<i>Sunrise:</i> 4:42AM	Sun 19 Sutra 123
		Yama 4:42AM – 6:35AM	Subha Until 12:17PM	Muruga: Clear	<i>Sunset:</i> 7:41PM	Vilamba 5120
		465342362 Rahu 2:04PM – 3:57PM	Kaulava Until 8:52AM	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga		Shashthi* Until 8:32PM	Moon – Green		3rd Phase
Until 11:17AM				Sravana-Adi		Subha Sivaloka Day
Then Creative Work - Amrita Yoga						

6 Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Bava Karana Saptamyam Titau				Malmö, Sweden
Tula Rasi: 16.56	Tithi 7	Gulika 6:36AM – 8:28AM	Svati Until 9:17PM Sat	Ganesh: Clear	<i>Sunrise:</i> 4:44AM	Sun 20 Sutra 124
		Yama 3:55PM – 5:47PM	Sukla Until 11:30AM	Muruga: Clear	<i>Sunset:</i> 7:39PM	Vilamba 5120
		565342362 Rahu 10:20AM – 12:12PM	Gara Until 8:26AM	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga		Saptami Until 8:31PM	Moon – Green		3rd Phase
				Sravana-Avani		Sivaloka Day

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden
Tula Rasi: 29.45	Tithi 8	Gulika 4:46AM – 6:37AM	Svati Until 9:17PM	Ganesh: Purple	<i>Sunrise:</i> 4:46AM	Sun 21 Sutra 125
		Yama 2:03PM – 3:54PM	Brahma Until 9:78AM Sun	Muruga: Clear	<i>Sunset:</i> 7:37PM	Vilamba 5120
		575342362 Rahu 8:29AM – 10:20AM	Visti Until 8:50AM	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga		Ashtami* Until 9:17PM	Moon – Orange		Ashtami
				Sravana-Avani		Subha Sivaloka Day

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden
Vrischika Rasi: 12.13	Tithi 9	Gulika 3:53PM – 5:44PM	Anuradha Until 12:47AM Tue Mo	Ganesh: Clear	<i>Sunrise:</i> 4:48AM	Sun 22 Sutra 126
		Yama 12:11PM – 2:02PM	Indra Until 10:18AM	Muruga: Clear	<i>Sunset:</i> 7:34PM	Vilamba 5120
		575442362 Rahu 5:44PM – 7:34PM	Balava Until 9:58AM	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga		Navami* Until 10:45PM	Moon – Orange		Navami
				Sravana-Avani		Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1		Monday, August 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
Anuradha/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Vanija Karana Dashamyam Titau		Sun 23		Sutra 127		Vilamba 5120		Moon 7 - Phase 18	
Vrischika Rasi: 24.23		Tiithi 10		Gulika 2:01PM – 3:51PM		Anuradha Until 12:47AM Tue		Ganesh: Clear Sunrise: 4:50AM	
Family Home Evening		575442362		Yama 10:21AM – 12:11PM		Vaidhriti* Until 5:00PM		Muruga: Clear Sunset: 7:32PM	
Creative Work		Siddha Yoga		Rahu 6:40AM – 8:30AM		Tailila Until 13:58AM Tue		Nataraja: Clear	
Until 12:47AM Tue						Dashami Until 10:18AM		Moon – Orange	
Then Creative Work - Amrita Yoga								Srivana-Avani	
								Sivaloka Day	

2		Tuesday, August 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Bava Karana Ekadashyam Titau		Sun 24		Sutra 128		Vilamba 5120		Moon 7 - Phase 18	
Dhanus Rasi: 6.23		Tiithi 11		Gulika 12:11PM – 2:00PM		Jyeshtha* Until 3:11AM Wed		Ganesh: Clear Sunrise: 4:52AM	
Creative Work		Amrita Yoga		Yama 8:31AM – 10:21AM		Vishkambha* Until 8:02PM		Muruga: Clear Sunset: 7:30PM	
586442362				Rahu 3:50PM – 5:40PM		Vanija Until 16:29AM Wed		Nataraja: Clear	
						Ekadashi Until 11:29AM Tue		Moon – Light Blue	
								Srivana-Avani	
								Sivaloka Day	

3		Wednesday, August 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Dvadashyam Titau		Sun 25		Sutra 129		Vilamba 5120		Moon 7 - Phase 18	
Dhanus Rasi: 18.14		Tiithi 12		Gulika 10:21AM – 12:10PM		Mula* Until 5:46AM Thu		Ganesh: Clear Sunrise: 4:54AM	
Creative Work		Amrita Yoga		Yama 6:43AM – 8:32AM		Priti Until 11:08PM		Muruga: Clear Sunset: 7:27PM	
Until 5:46AM Thu		586442362		Rahu 12:10PM – 2:00PM		Bava Until 18:66AM Thu		Nataraja: Clear	
Then Routine Work - Marana Yoga						Dvadashi Until 12:31AM Wed		Moon – Light Blue	
								Srivana-Avani	
								Sivaloka Day	

4		Thursday, August 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashyam Titau		Sun 26		Sutra 130		Vilamba 5120		Moon 7 - Phase 18	
Makara Rasi: 0.02		Tiithi 13		Gulika 8:33AM – 10:22AM		Purvashadha* Until 8:22AM Fri		Ganesh: Clear Sunrise: 4:56AM	
Routine Work		Marana Yoga		Yama 4:56AM – 6:44AM		Ayushman Until 2:07AM Fri		Muruga: Clear Sunset: 7:25PM	
586442362				Rahu 1:59PM – 3:47PM		Kaulava Until 21:38AM Fri		Nataraja: Clear	
						Trayodashi Until 13:35AM Thu		Moon – Light Blue	
								Srivana-Avani	
								Sivaloka Day	
								<i>Pradosha Vrata</i>	

5		Friday, August 24, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 131		Vilamba 5120		Moon 7 - Phase 18	
Makara Rasi: 11.49		Tiithi 13 – 14		Gulika 6:46AM – 8:34AM		Shravana Until 5:19AM Sat		Ganesh: White Sunrise: 4:57AM	
Routine Work		Marana Yoga		Yama 3:46PM – 5:34PM		Saubhagya Until 2:39PM		Muruga: Clear Sunset: 7:22PM	
Until 5:19AM Sat		596442362		Rahu 10:22AM – 12:10PM		Gara Until 9:38PM		Nataraja: Clear	
Then Creative Work - Siddha Yoga						Trayodashi Until 8:22AM		Moon – Purple	
								Srivana-Avani	
								Subha Sivaloka Day	

○		Saturday, August 25, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Balava Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 132		Vilamba 5120		Moon 7 - Phase 18	
Makara Rasi: 23.4		Tiithi 14 – 15		Gulika 4:59AM – 6:47AM		Dhanishtha Until 8:07AM Sun		Ganesh: White Sunrise: 4:59AM	
Creative Work		Siddha Yoga		Yama 1:57PM – 3:45PM		Sobhana Until 8:07AM Sun		Muruga: Clear Sunset: 7:20PM	
596442362				Rahu 8:34AM – 10:22AM		Balava Until 25:58AM Sun		Nataraja: Clear	
						Chaturdashi* Until 10:49AM		Moon – Purple	
								Srivana-Avani	
								Subha Sivaloka Day	
								Raksha Bandhan	

○		Sunday, August 26, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 133		Vilamba 5120		Moon 7 - Phase 18	
Kumbha Rasi: 6		Tiithi 15 – 16		Gulika 3:43PM – 5:30PM		Dhanishtha Until 8:07AM		Ganesh: White Sunrise: 5:01AM	
Routine Work		Marana Yoga		Yama 12:09PM – 1:56PM		Athiganda* Until 4:17PM		Muruga: Clear Sunset: 7:17PM	
Until 8:07AM		596442362		Rahu 5:30PM – 7:17PM		Balava Until 1:58AM Mon		Nataraja: Clear	
Then Creative Work - Siddha Yoga						Purnima* Until 12:59PM		Moon – Purple	
								Srivana-Avani	
								Subha Sivaloka Day	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Malmö, Sweden

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.4 Tihi 16 – 17

Family Home Evening

517442363

Gulika 1:56PM – 3:42PM

Yama 10:23AM – 12:09PM

Rahu 6:50AM – 8:36AM

Shatabhishak Until 10:25AM

Sukarma Until 4:43PM

Taitila Until 3:35AM Tue

Prathama* Until 4:17PM

Ganesh: White Sunrise: 5:03AM

Muruga: Clear Sunset: 7:15PM

Nataraja: Clear

Moon – Purple
Sravana-Avani

Subha Sivaloka Day

Then Routine Work - Marana Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.54 Tihi 17 – 18

Routine Work Marana Yoga

517452363

Gulika 12:09PM – 1:55PM

Yama 8:37AM – 10:23AM

Rahu 3:41PM – 5:26PM

Purvaproshtapada* Until 12:39PM

Dhriti Until 12:39PM

Visti Until 4:46AM Wed

Dvitiya Until 4:43PM

Ganesh: Clear Sunrise: 5:05AM

Muruga: Purple Sunset: 7:12PM

Nataraja: Purple

Moon – Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 12:39PM

Then Creative Work - Amrita Yoga

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 12.19 Tihi 18 – 19

Creative Work Siddha Yoga

517452363

Gulika 10:23AM – 12:08PM

Yama 6:52AM – 8:38AM

Rahu 12:08PM – 1:54PM

Uttaraproshtapada Until 2:18PM

Shula* Until 4:34PM

Bava Until 5:30AM Thu

Tritiya Until 16:34AM Wed

Ganesh: Clear Sunrise: 5:07AM

Muruga: Purple Sunset: 7:10PM

Nataraja: Purple

Moon – Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 2:18PM

Then Routine Work - Marana Yoga

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda*/Vridhi Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.56 Tihi 19 – 20

Creative Work Siddha Yoga

517452363

Gulika 8:39AM – 10:23AM

Yama 5:09AM – 6:54AM

Rahu 1:53PM – 3:38PM

Revati Until 3:21PM

Ganda* Until 3:21PM

Taitila Until 17:43AM Fri

Chaturthi* Until 5:41PM

Ganesh: Clear Sunrise: 5:09AM

Muruga: Purple Sunset: 7:07PM

Nataraja: Purple

Moon – Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 3:21PM

Then Creative Work - Amrita Yoga

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.46 Tihi 20 – 21

Creative Work Amrita Yoga

527452363

Gulika 6:55AM – 8:39AM

Yama 3:36PM – 5:21PM

Rahu 10:24AM – 12:08PM

Ashvini Until 5:17PM Sat

Vridhi Until 3:01PM

Gara Until 5:35AM Sat

Panchami Until 5:43PM

Ganesh: Purple Sunrise: 5:11AM

Muruga: Purple Sunset: 7:05PM

Nataraja: Purple

Moon – White
Sravana-Avani

Bhuloka Day

Until 5:17PM Sat

Then Creative Work - Siddha Yoga

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.5 Tihi 21 – 22

Creative Work Siddha Yoga

527452363

Gulika 5:13AM – 6:56AM

Yama 1:51PM – 3:35PM

Rahu 8:40AM – 10:24AM

Ashvini Until 5:17PM

Dhruva Until 4:32PM

Bava Until 15:80AM Sun

Shashthi* Until 5:17PM

Ganesh: Purple Sunrise: 5:13AM

Muruga: Purple Sunset: 7:02PM

Nataraja: Purple

Moon – White
Sravana-Avani

Bhuloka Day

Until 5:17PM

Then Creative Work - Amrita Yoga

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 4.1 Tihi 22 – 23

Creative Work Siddha Yoga

527452363

Gulika 3:34PM – 5:17PM

Yama 12:07PM – 1:50PM

Rahu 5:17PM – 7:00PM

Krittika Until 4:11PM

Vyaghata* Until 11:55AM

Balava Until 3:41AM Mon

Saptami Until 11:55AM Sun

Ganesh: Purple Sunrise: 5:15AM

Muruga: Purple Sunset: 7:00PM

Nataraja: Purple

Moon – White
Sravana-Avani

Bhuloka Day

Until 5:17PM

Then Creative Work - Amrita Yoga

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava Karana Ashtami/Navamyam Titau

Malmö, Sweden

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 17.47 Tihi 23 – 24

Family Home Evening

537452363

Gulika 1:49PM – 3:32PM

Yama 10:24AM – 12:07PM

Rahu 6:59AM – 8:42AM

Rohini Until 3:36PM

Harshana Until 9:47AM

Kaulava Until 2:53PM

Ashtami* Until 2:53PM

Ganesh: Clear Sunrise: 5:16AM

Muruga: Purple Sunset: 6:57PM

Nataraja: Purple

Moon – Yellow
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Malmö, Sweden

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.43 Tihi 24 – 25

Creative Work Siddha Yoga

538452363

Gulika 12:07PM – 1:49PM

Yama 8:42AM – 10:25AM

Rahu 3:31PM – 5:13PM

Mrigashira Until 2:24PM

Vajra* Until 7:12AM

Vanija Until 11:49PM

Navami* Until 12:57PM

Ganesh: White Sunrise: 5:18AM

Muruga: Purple Sunset: 6:55PM

Nataraja: Purple

Moon – Yellow
Sravana-Avani

Devaloka Day

Until 2:24PM

Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time


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1		Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Mithuna Rasi: 15.56		Tihti 25 – 26		Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 143	
Creative Work		Siddha Yoga		Gulika 10:25AM – 12:06PM	Ardra Until 7:46AM Thu	Ganesha: White	<i>Sunrise:</i> 5:20AM
		538452363		Yama 7:02AM – 8:43AM	Vyatipata* Until 1:00AM Thu	Muruga: Purple	<i>Sunset:</i> 6:52PM
				Rahu 12:06PM – 1:48PM	Bava Until 9:13PM	Nataraja: Purple	Moon 8 - Phase 20
					Dashami Until 10:33AM	Moon – Yellow	2nd Phase
						Sravana-Avani	Devaloka Day

2		Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
Kataka Rasi: 0.26		Tihti 26 – 27		Ardra/Pushya Nakshatra Variyan Yoga Balava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 144	
Creative Work		Amrita Yoga		Gulika 8:44AM – 10:25AM	Ardra Until 7:46AM	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM
		548452363		Yama 5:22AM – 7:03AM	Variyan Until 10:43AM	Muruga: Purple	<i>Sunset:</i> 6:50PM
				Rahu 1:47PM – 3:28PM	Balava Until 7:46AM	Nataraja: Purple	Moon 8 - Phase 20
					Ekadashi* Until 7:46AM	Moon – Blue	2nd Phase
						Sravana-Avani	Bhuloka Day
							Devaloka Time: 9:AM to12:PM

3		Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
Kataka Rasi: 15.1		Tihti 28		Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara Karana Trayodashyam Titau		Sun 11 Sutra 145	
Routine Work		Marana Yoga		Gulika 7:04AM – 8:45AM	Pushya Until 8:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM
		548452363		Yama 3:26PM – 5:07PM	Parigha* Until 5:43PM	Muruga: Purple	<i>Sunset:</i> 6:47PM
				Rahu 10:25AM – 12:06PM	Gara Until 3:07PM	Nataraja: Purple	Moon 8 - Phase 20
					Trayodashi* Until 1:28AM Sat	Moon – Blue	2nd Phase
						Sravana-Avani	Bhuloka Day
							Devaloka Time: 9:AM to12:PM
							<i>Pradosha Vrata (Fasting)</i>

4		Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
Simha Rasi: 0.01		Tihti 29		Magha* Nakshatra Shiva/Siddha Yoga Visti* Karana Chaturdashyam Titau		Sun 12 Sutra 146	
Creative Work		Amrita Yoga		Gulika 5:26AM – 7:06AM	Magha* Until 7:00PM Sun	Ganesha: Red	<i>Sunrise:</i> 5:26AM
Until 7:00PM Sun		558452363		Yama 1:45PM – 3:25PM	Shiva Until 3:28AM Sun	Muruga: Purple	<i>Sunset:</i> 6:44PM
Then Creative Work - Siddha Yoga				Rahu 8:46AM – 10:25AM	Visti Until 11:50AM	Nataraja: Purple	Moon 8 - Phase 20
					Chaturdashi* Until 10:11PM	Moon – Red	2nd Phase
						Sravana-Avani	Bhuloka Day
							Devaloka Time: 9:AM to12:PM

		Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Retreat Star				Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 147	
Simha Rasi: 14.53		Tihti 30		Gulika 3:23PM – 5:03PM	Magha* Until 7:00PM	Ganesha: Red	<i>Sunrise:</i> 5:28AM
Creative Work		Siddha Yoga		Yama 12:05PM – 1:44PM	Siddha Until 6:32AM Mon	Muruga: Purple	<i>Sunset:</i> 6:42PM
Until 7:00PM		558452363		Rahu 5:03PM – 6:42PM	Catuspada Until 8:35AM	Nataraja: Purple	Moon 8 - Phase 20
Then Creative Work - Amrita Yoga					Amavasya* Until 7:00PM	Moon – Red	Amavasya
						Sravana-Avani	Bhuloka Day
							Devaloka Time: 9:AM to12:PM
							Grandparent's Day

Monday, September 10, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
Simha Rasi: 29.37		Tihti 1 – 2		Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14 Sutra 148	
Family Home Evening		559452363		Gulika 1:43PM – 3:22PM	Uttaraphalguni Until 10:58PM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM
Creative Work		Siddha Yoga		Yama 10:26AM – 12:05PM	Sadhya Until 6:32AM	Muruga: Purple	<i>Sunset:</i> 6:39PM
				Rahu 7:08AM – 8:47AM	Balava Until 2:46AM Tue	Nataraja: Purple	Moon 8 - Phase 20
					Prathama* Until 4:04PM	Moon – Red	Prathama
						Bhadrapada-Avani	Bhuloka Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Malmö, Sweden	
			Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15	Sutra 149
	Kanya Rasi: 14.07	Tithi 2 – 3	Gulika 12:04PM – 1:42PM	Hasta Until 9:33PM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM	Vilamba 5120	
			Yama 8:48AM – 10:26AM	Sukla Until 12:17AM Wed	Muruga: Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 21	
Creative Work	Siddha Yoga	569452363 Rahu 3:20PM – 4:59PM	Taitila Until 12:31AM Wed	Nataraja: Purple		3rd Phase		
			Dvitiya Until 1:34PM	Moon – Green		Bhuloka Day		
				Bhadrapada-Avani				

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Malmö, Sweden	
			Chitra Nakshatra Brahma Yoga Gara Karana Tritiya/Chaturthyam Titau				Sun 16	Sutra 150
	Kanya Rasi: 28.16	Tithi 3 – 4	Gulika 10:26AM – 12:04PM	Chitra Until 8:35PM	Ganesha: Blue	<i>Sunrise:</i> 5:34AM	Vilamba 5120	
			Yama 7:11AM – 8:49AM	Brahma Until 9:53PM	Muruga: Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 21	
Creative Work	Siddha Yoga	569452363 Rahu 12:04PM – 1:41PM	Gara Until 11:37AM	Nataraja: Purple		3rd Phase		
			Tritiya Until 11:37AM	Moon – Green		Bhuloka Day		
		Ganesha Chaturthi		Bhadrapada-Avani				

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Malmö, Sweden	
			Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Sun 17	Sutra 151
	Tula Rasi: 11.59	Tithi 4 – 5	Gulika 8:49AM – 10:26AM	Svati Until 8:12PM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	Vilamba 5120	
			Yama 5:35AM – 7:12AM	Indra Until 8:12PM	Muruga: Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 21	
Creative Work	Amrita Yoga	569552363 Rahu 1:40PM – 3:17PM	Bava Until 9:62PM	Nataraja: Purple		3rd Phase		
Until 8:12PM			Chaturthi* Until 10:21AM	Moon – Green		Bhuloka Day		
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	Devaloka Time: 9:AM to12:PM			

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Malmö, Sweden	
			Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 18	Sutra 152
	Tula Rasi: 25.16	Tithi 5 – 6	Gulika 7:14AM – 8:50AM	Vishakha Until 8:56PM	Ganesha: White	<i>Sunrise:</i> 5:37AM	Vilamba 5120	
			Yama 3:16PM – 4:52PM	Vaidhriti* Until 8:56PM	Muruga: Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 21	
Creative Work	Siddha Yoga	579552363 Rahu 10:27AM – 12:03PM	Kaulava Until 9:59PM	Nataraja: Purple		3rd Phase		
			Panchami Until 8:04PM	Moon – Orange		Devaloka Day		
				Bhadrapada-Avani				

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Malmö, Sweden	
			Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19	Sutra 153
	Vrischika Rasi: 8.08	Tithi 6 – 7	Gulika 5:39AM – 7:15AM	Anuradha Until 11:25AM Sun	Ganesha: White	<i>Sunrise:</i> 5:39AM	Vilamba 5120	
			Yama 1:39PM – 3:15PM	Vishkambha* Until 6:22PM	Muruga: Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 21	
Creative Work	Siddha Yoga	579552363 Rahu 8:51AM – 10:27AM	Gara Until 10:46PM	Nataraja: Purple		3rd Phase		
			Shashthi* Until 6:53PM	Moon – Orange		Devaloka Day		
				Bhadrapada-Avani				

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Malmö, Sweden	
	Retreat Star		Anuradha/Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20	Sutra 154
	Vrischika Rasi: 20.37	Tithi 7 – 8	Gulika 3:13PM – 4:48PM	Anuradha Until 11:25AM	Ganesha: White	<i>Sunrise:</i> 5:41AM	Vilamba 5120	
			Yama 12:02PM – 1:38PM	Priti Until 18:59AM Mon	Muruga: Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 21	
Routine Work	Marana Yoga	579552363 Rahu 4:48PM – 6:24PM	Visti Until 12:17AM Mon	Nataraja: Purple		Ashtami		
Until 11:25AM			Saptami Until 11:25AM	Moon – Orange		Devaloka Day		
Then Creative Work - Amrita Yoga				Bhadrapada-Avani				

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam				Malmö, Sweden	
	Retreat Star		Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21	Sutra 155
	Dhanus Rasi: 2.49	Tithi 8 – 9	Gulika 1:37PM – 3:12PM	Mula* Until 3:04AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Vilamba 5120	
	Family Home Evening		Yama 10:27AM – 12:02PM	Ayushman Until 6:59PM	Muruga: Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21	
Creative Work	Siddha Yoga	589552363 Rahu 7:18AM – 8:52AM	Balava Until 2:24AM Tue	Nataraja: Purple		Navami		
			Ashtami* Until 1:16PM	Moon – Light Blue		Bhuloka Day		
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time

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1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 14.46	Tithi 9 – 10	Gulika 12:02PM – 1:36PM	Purvashadha* Until 6:06AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:45AM		
		Yama 8:53AM – 10:27AM	Saubhagya Until 6:06AM Wed	Muruga: Purple	<i>Sunset:</i> 6:19PM		Moon 8 - Phase 22
		581552363 Rahu 3:10PM – 4:44PM	Taitila Until 4:54AM Wed	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Navami* Until 3:36PM	Moon – Light Blue		Bhuloka Day	
Until 6:06AM Wed				Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga							

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Malmö, Sweden Sun 23 Sutra 157 Vilamba 5120	
Dhanus Rasi: 26.37	Tithi 10	Gulika 10:28AM – 12:01PM	Purvashadha* Until 8:48PM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:47AM		
		Yama 7:20AM – 8:54AM	Sobhana Until 8:56PM	Muruga: Purple	<i>Sunset:</i> 6:16PM		Moon 8 - Phase 22
		581552363 Rahu 12:01PM – 1:35PM	Gara Until 6:12PM	Nataraja: Purple			4th Phase
Creative Work	Amrita Yoga		Dashami Until 6:12PM	Moon – Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM	

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 8.24	Tithi 11	Gulika 8:55AM – 10:28AM	Purvashadha* Until 8:48PM	Ganesh: Clear	<i>Sunrise:</i> 5:49AM		
		Yama 5:49AM – 7:22AM	Athiganda* Until 9:58PM	Muruga: Purple	<i>Sunset:</i> 6:13PM		Moon 8 - Phase 22
		581552363 Rahu 1:34PM – 3:07PM	Vanija Until 7:32AM	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga		Ekadashi Until 8:48PM	Moon – Light Blue		Bhuloka Day	
Until 8:48PM				Bhadrapada-Puratasi		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 20.13	Tithi 12	Gulika 7:23AM – 8:56AM	Shravana Until 12:16PM	Ganesh: Purple	<i>Sunrise:</i> 5:51AM		
		Yama 3:06PM – 4:38PM	Sukarma Until 10:51PM	Muruga: Purple	<i>Sunset:</i> 6:11PM		Moon 8 - Phase 22
		591552363 Rahu 10:28AM – 12:01PM	Bava Until 10:04AM	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga		Dvadashi Until 11:13PM	Moon – Purple		Devaloka Day	
Until 12:16PM				Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga							

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden Sun 26 Sutra 160 Vilamba 5120	
Kumbha Rasi: 2.08	Tithi 13	Gulika 5:52AM – 7:24AM	Dhanishtha Until 3:01PM	Ganesh: Purple	<i>Sunrise:</i> 5:52AM		
		Yama 1:32PM – 3:04PM	Dhriti Until 11:28PM	Muruga: Purple	<i>Sunset:</i> 6:08PM		Moon 8 - Phase 22
		591552363 Rahu 8:56AM – 10:28AM	Kaulava Until 12:19PM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 1:16AM Sun	Moon – Purple		Devaloka Day	
Until 3:01PM				Bhadrapada-Puratasi			
Then Creative Work - Amrita Yoga							

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 14.13	Tithi 14	Gulika 3:03PM – 4:34PM	Shatabhishak Until 3:55AM Tue Mon	Ganesh: Purple	<i>Sunrise:</i> 5:54AM		
		Yama 12:00PM – 1:31PM	Shula* Until 5:11PM	Muruga: Purple	<i>Sunset:</i> 6:05PM		Moon 8 - Phase 22
		591552363 Rahu 4:34PM – 6:05PM	Gara Until 2:09PM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:51AM Mon	Moon – Purple		Devaloka Day	
				Bhadrapada-Puratasi			
		Chidambaram Abhishekam					
		Kadaitswami Mahasamadhi					

Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden Sutra 162 Vilamba 5120	
Copper Retreat Star		Gulika 1:30PM – 3:01PM	Shatabhishak Until 3:55AM Tue	Ganesh: Purple	<i>Sunrise:</i> 5:56AM		
Kumbha Rasi: 26.29	Tithi 15	Yama 10:29AM – 12:00PM	Ganda* Until 11:34PM	Muruga: Purple	<i>Sunset:</i> 6:03PM		Moon 8 - Phase 22
Family Home Evening		511552363 Rahu 7:27AM – 8:58AM	Visti Until 15:76AM Tue	Nataraja: Purple			Purnima
Routine Work	Marana Yoga		Purnima* Until 11:42PM	Moon – Clear		Devaloka Day	
Until 3:55AM Tue				Bhadrapada-Puratasi			
Then Creative Work - Amrita Yoga							

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden Sutra 163 Vilamba 5120	
Silver Retreat Star		Gulika 11:59AM – 1:29PM	Uttaraproshtapada Until 8:31PM	Ganesh: Purple	<i>Sunrise:</i> 5:58AM		
Meena Rasi: 8.59	Tithi 16	Yama 8:59AM – 10:29AM	Vriddhi Until 11:02PM	Muruga: Purple	<i>Sunset:</i> 6:00PM		Moon 8 - Phase 22
		511552363 Rahu 3:00PM – 4:30PM	Balava Until 4:16PM	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Prathama* Until 4:28AM Wed	Moon – Clear		Devaloka Day	
Until 8:31PM				Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Tailila Karana Dvitiyayam Titau

Malmö, Sweden

Meena Rasi: 21.43 Tiithi 17

511552363

Gulika 10:29AM – 11:59AM
Yama 7:30AM – 8:59AM
Rahu 11:59AM – 1:29PM

Revati Until 4:14AM Fri Thu
Dhruva Until 10:06PM
Tailila Until 4:35PM
Dvitiya Until 4:33AM Thu

Ganesha: Purple *Sunrise:* 6:00AM
Muruga: Purple *Sunset:* 5:58PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Sutra 164
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Vyaghata* Yoga Vanija Karana Tritiyayam Titau

Malmö, Sweden

Mesha Rasi: 4.4 Tiithi 18

521552363

Gulika 9:00AM – 10:29AM
Yama 6:02AM – 7:31AM
Rahu 1:28PM – 2:57PM

Revati Until 4:14AM Fri
Vyaghata* Until 18:79AM Fri
Vanija Until 4:28PM
Tritiya Until 4:14AM Fri

Ganesha: Clear *Sunrise:* 6:02AM
Muruga: Purple *Sunset:* 5:55PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 1 Sutra 165
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 4:14AM Fri
Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Malmö, Sweden

Mesha Rasi: 17.49 Tiithi 19

622552363

Gulika 7:32AM – 9:01AM
Yama 2:55PM – 4:24PM
Rahu 10:30AM – 11:58AM

Bharani Until 9:55PM
Harshana Until 9:55PM
Bava Until 14:66AM Sat
Chaturthi* Until 18:79AM Fri

Ganesha: Clear *Sunrise:* 6:04AM
Muruga: Purple *Sunset:* 5:52PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 2 Sutra 166
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Kaulava/Gara Karana Panchamyam Titau

Malmö, Sweden

Vrisabha Rasi: 1.1 Tiithi 20

622552363

Gulika 6:06AM – 7:34AM
Yama 1:26PM – 2:54PM
Rahu 9:02AM – 10:30AM

Krittika Until 9:32PM
Vajra* Until 5:29PM
Kaulava Until 13:57AM Sun
Panchami Until 7:19PM

Ganesha: Clear *Sunrise:* 6:06AM
Muruga: Purple *Sunset:* 5:50PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 3 Sutra 167
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden

Vrisabha Rasi: 14.41 Tiithi 21

632552363

Gulika 2:52PM – 4:20PM
Yama 11:58AM – 1:25PM
Rahu 4:20PM – 5:47PM

Rohini Until 9:09PM
Siddhi Until 3:26PM
Gara Until 1:57PM
Shashthi* Until 1:15AM Mon

Ganesha: Purple *Sunrise:* 6:08AM
Muruga: Purple *Sunset:* 5:47PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 4 Sutra 168
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti* Karana Saptamyam Titau

Malmö, Sweden

Vrisabha Rasi: 28.23 Tiithi 22

632552363

Gulika 1:24PM – 2:51PM
Yama 10:30AM – 11:57AM
Rahu 7:37AM – 9:03AM

Mrigashira Until 8:21PM
Vyatipata* Until 1:09PM
Visti Until 12:31PM
Saptami Until 11:40PM

Ganesha: Purple *Sunrise:* 6:10AM
Muruga: Purple *Sunset:* 5:45PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 5 Sutra 169
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 8:21PM
Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava Karana Ashtamyam Titau

Malmö, Sweden

Mithuna Rasi: 12.15 Tiithi 23

632552363

Gulika 11:57AM – 1:23PM
Yama 9:04AM – 10:31AM
Rahu 2:50PM – 4:16PM

Ardra Until 7:07PM
Variyan Until 10:38AM
Balava Until 10:48AM
Ashtami* Until 9:49PM

Ganesha: Purple *Sunrise:* 6:12AM
Muruga: Purple *Sunset:* 5:42PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 6 Sutra 170
Vilamba 5120
Moon 9 - Phase 23
Ashtami

Bhuloka Day

Routine Work Marana Yoga
Until 7:07PM
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Malmö, Sweden

Mithuna Rasi: 26.17 Tiithi 24

642552363

Gulika 10:31AM – 11:57AM
Yama 7:39AM – 9:05AM
Rahu 11:57AM – 1:22PM

Punarvasu Until 5:21PM Thu
Parigha* Until 7:54AM
Tailila Until 6:35AM Thu
Navami* Until 10:38AM

Ganesha: Clear *Sunrise:* 6:14AM
Muruga: Purple *Sunset:* 5:40PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Sun 7 Sutra 171
Vilamba 5120
Moon 9 - Phase 23
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Siddha Yoga Vanija Karana Dashami/Ekadashyam Titau		Malmö, Sweden Sun 8 Sutra 172 Vilamba 5120		
Kataka Rasi: 10.3	Tithi 25 – 26	Gulika	9:06AM – 10:31AM	Punarvasu Until 5:21PM	Ganesh: Clear	<i>Sunrise:</i> 6:15AM				
		Yama	6:15AM – 7:41AM	Siddha Until 1:50AM Fri	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24			
		642552363 Rahu	1:21PM – 2:47PM	Vanija Until 6:35AM	Nataraja: Purple		2nd Phase			
Creative Work	Amrita Yoga					Moon – Blue	Bhuloka Day			
Until 5:21PM						Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM			
Then Creative Work - Siddha Yoga										

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 9 Sutra 173 Vilamba 5120		
Kataka Rasi: 24.51	Tithi 26 – 27	Gulika	7:42AM – 9:07AM	Ashlesha* Until 2:24PM	Ganesh: Clear	<i>Sunrise:</i> 6:17AM				
		Yama	2:45PM – 4:10PM	Sadhya Until 10:36PM	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24			
		642552363 Rahu	10:31AM – 11:56AM	Kaulava Until 1:32AM Sat	Nataraja: Purple		2nd Phase			
Routine Work	Marana Yoga					Moon – Blue	Bhuloka Day			
						Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM			

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 10 Sutra 174 Vilamba 5120		
Simha Rasi: 9.18	Tithi 27 – 28	Gulika	6:19AM – 7:43AM	Magha* Until 12:40PM	Ganesh: White	<i>Sunrise:</i> 6:19AM				
		Yama	1:20PM – 2:44PM	Subha Until 12:40PM	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24			
		642552363 Rahu	9:08AM – 10:32AM	Gara Until 10:53PM	Nataraja: Purple		2nd Phase			
Creative Work	Amrita Yoga					Moon – Red	Bhuloka Day			
Until 12:40PM						Bhadrapada-Puratasi				
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata (Fasting)</i>				

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 11 Sutra 175 Vilamba 5120		
Simha Rasi: 23.47	Tithi 28 – 29	Gulika	2:42PM – 4:06PM	Purvaphalguni Until 7:02AM Mon	Ganesh: White	<i>Sunrise:</i> 6:21AM				
		Yama	11:55AM – 1:19PM	Sukla Until 4:01PM	Muruga: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24			
		642552363 Rahu	4:06PM – 5:29PM	Visti Until 8:17PM	Nataraja: Purple		2nd Phase			
Creative Work	Siddha Yoga					Moon – Red	Bhuloka Day			
Until 7:02AM Mon						Bhadrapada-Puratasi				
Then Creative Work - Amrita Yoga										

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Malmö, Sweden Sun 12 Sutra 176 Vilamba 5120		
Retreat Star		Gulika	1:18PM – 2:41PM	Purvaphalguni Until 7:02AM	Ganesh: White	<i>Sunrise:</i> 6:23AM				
Kanya Rasi: 8.11	Tithi 29 – 30	Yama	10:32AM – 11:55AM	Brahma Until 12:52PM	Muruga: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 24			
Family Home Evening		642552364 Rahu	7:46AM – 9:09AM	Naga Until 4:46AM Tue	Nataraja: Clear		Amavasya			
Creative Work	Siddha Yoga					Moon – Red	Bhuloka Day			
		Mahalaya Amavasai (Tamil Nadu)				Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM			

Retreat Star		Tuesday, October 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Kintughna* Karana Prathamayam Titau		Malmö, Sweden Sun 13 Sutra 177 Vilamba 5120		
Kanya Rasi: 22.25	Tithi 1	Gulika	11:55AM – 1:17PM	Hasta Until 7:32AM	Ganesh: Red	<i>Sunrise:</i> 6:25AM				
		Yama	9:10AM – 10:32AM	Indra Until 9:59AM	Muruga: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 24			
		662652364 Rahu	2:40PM – 4:02PM	Kintughna Until 3:48PM	Nataraja: Clear		Prathama			
Creative Work	Siddha Yoga					Moon – Green	Devaloka Day			
		Navaratri Begins				Ashvina-Puratasi				
						Prathama* Until 2:54AM Wed				

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dviliyayam Titau				Malmö, Sweden Sun 14 Sutra 178	
	Tula Rasi: 6.23	Tithi 2	Gulika 10:33AM – 11:55AM	Chitra Until 6:28AM	Ganesha: Red	<i>Sunrise:</i> 6:27AM	Vilamba 5120	
			Yama 7:49AM – 9:11AM	Vaidhriti* Until 7:25AM	Muruga: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	662652364 Rahu 11:55AM – 1:16PM	Balava Until 12:72AM Thu	Nataraja: Clear		3rd Phase	
			Dvitiya Until 9:59AM	Moon – Green		Devaloka Day		
				Ashvina•Puratasi				

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Triliyayam Titau				Malmö, Sweden Sun 15 Sutra 179	
	Tula Rasi: 20.01	Tithi 3	Gulika 9:12AM – 10:33AM	Vishakha Until 6:08AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM	Vilamba 5120	
			Yama 6:29AM – 7:50AM	Priti Until 3:47AM Fri	Muruga: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	673652364 Rahu 1:16PM – 2:37PM	Tailila Until 1:12PM	Nataraja: Clear		3rd Phase	
			Tritiya Until 12:57AM Fri	Moon – Orange		Devaloka Day		
				Ashvina•Puratasi				

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Malmö, Sweden Sun 16 Sutra 180	
	Vrischika Rasi: 3.15	Tithi 4	Gulika 7:52AM – 9:13AM	Vishakha Until 6:08AM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Vilamba 5120	
			Yama 2:35PM – 3:56PM	Ayushman Until 2:49AM Sat	Muruga: Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	673652364 Rahu 10:33AM – 11:54AM	Vanija Until 12:56PM	Nataraja: Clear		3rd Phase	
			Chaturthi* Until 1:04AM Sat	Moon – Orange		Bhuloka Day		
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava Karana Panchamyam Titau				Malmö, Sweden Sun 17 Sutra 181	
	Vrischika Rasi: 16.06	Tithi 5	Gulika 6:33AM – 7:53AM	Anuradha Until 3:36AM Mon Sun	Ganesha: White	<i>Sunrise:</i> 6:33AM	Vilamba 5120	
			Yama 1:14PM – 2:34PM	Saubhagya Until 7:03AM	Muruga: Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	673652364 Rahu 9:13AM – 10:34AM	Bava Until 1:27PM	Nataraja: Clear		3rd Phase	
			Panchami Until 1:58AM Sun	Moon – Orange		Bhuloka Day		
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Mula* Nakshatra Sobhana Yoga Kaulava/Gara Karana Shashthyam Titau				Malmö, Sweden Sun 18 Sutra 182	
	Vrischika Rasi: 28.35	Tithi 6	Gulika 2:33PM – 3:52PM	Anuradha Until 3:36AM Mon	Ganesha: White	<i>Sunrise:</i> 6:35AM	Vilamba 5120	
			Yama 11:54AM – 1:13PM	Sobhana Until 2:41AM Mon	Muruga: Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25	
	Routine Work	Marana Yoga	673652364 Rahu 3:52PM – 5:12PM	Kaulava Until 16:40AM Mon	Nataraja: Clear		3rd Phase	
			Shashthi* Until 2:28AM Sun	Moon – Orange		Bhuloka Day		
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Visti* Karana Saptamyam Titau				Malmö, Sweden Sun 19 Sutra 183	
	Dhanu Rasi: 10.47	Tithi 7	Gulika 1:12PM – 2:31PM	Jyeshtha* Until 5:49AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	Vilamba 5120	
	Family Home Evening		Yama 10:34AM – 11:53AM	Athiganda* Until 11:03AM	Muruga: Purple	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	683652364 Rahu 7:56AM – 9:15AM	Gara Until 18:65AM Tue	Nataraja: Clear		3rd Phase	
			Saptami Until 2:41AM Mon	Moon – Light Blue		Devaloka Day		
				Ashvina•Puratasi				

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Balava Karana Ashtamyam Titau				Malmö, Sweden Sun 20 Sutra 184	
	Retreat Star		Gulika 11:53AM – 1:12PM	Mula* Until 8:23AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Vilamba 5120	
	Dhanu Rasi: 22.45	Tithi 8	Yama 9:16AM – 10:35AM	Sukarma Until 1:54PM	Muruga: Purple	<i>Sunset:</i> 5:07PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	683652364 Rahu 2:30PM – 3:49PM	Visti Until 21:44AM Wed	Nataraja: Clear		Ashtami	
			Ashtami* Until 3:19AM Tue	Moon – Light Blue		Devaloka Day		
			Durga Ashtami	Ashvina•Puratasi				

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Shravana Nakshatra Dhriti Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Malmö, Sweden Sun 21 Sutra 185	
	Retreat Star		Gulika 10:35AM – 11:53AM	Purvashadha* Until 8:23AM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Vilamba 5120	
	Makara Rasi: 4.35	Tithi 8 – 9	Yama 7:59AM – 9:17AM	Dhriti Until 4:49PM	Muruga: Purple	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 25	
	Creative Work	Amrita Yoga	683652364 Rahu 11:53AM – 1:11PM	Kaulava Until 9:44PM	Nataraja: Clear		Navami	
			Ashtami* Until 4:15AM Wed	Moon – Light Blue		Devaloka Day		
			Saraswathi Puja (Tamil Nadu)	Ashvina•Aipasi				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Malmö, Sweden Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 16.23	Tithi 9 – 10	Gulika 9:18AM – 10:35AM	Shravana Until 8:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM	Muruga: Purple	<i>Sunset:</i> 5:02PM
		Yama 6:43AM – 8:01AM	Shula* Until 6:12AM Fri	Nataraja: Clear		Moon 9 - Phase 26	4th Phase
Creative Work	Siddha Yoga	693652364 Rahu 1:10PM – 2:27PM	Taitila Until 12:20AM Fri	Moon – Purple		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
		Vijaya Dasami	Navami* Until 5:17AM Thu	Ashvina-Aipasi			

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Malmö, Sweden Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 28.14	Tithi 10 – 11	Gulika 8:02AM – 9:19AM	Dhanishtha Until 10:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:45AM	Muruga: Purple	<i>Sunset:</i> 5:00PM
		Yama 2:26PM – 3:43PM	Shula* Until 6:12AM	Nataraja: Clear		Moon 9 - Phase 26	4th Phase
Creative Work	Siddha Yoga	693652364 Rahu 10:36AM – 11:52AM	Vanija Until 2:37AM Sat	Moon – Purple		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Dashami Until 1:30PM	Ashvina-Aipasi			

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Visti* Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 10.13	Tithi 11 – 12	Gulika 6:47AM – 8:04AM	Shatabhishak Until 1:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:47AM	Muruga: Purple	<i>Sunset:</i> 4:57PM
		Yama 1:09PM – 2:25PM	Ganda* Until 6:52AM	Nataraja: Clear		Moon 9 - Phase 26	4th Phase
Creative Work	Amrita Yoga	693652364 Rahu 9:20AM – 10:36AM	Visti Until 3:34PM	Moon – Purple		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 1:09AM Sun			Ekadashi Until 3:34PM	Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada* Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 22.23	Tithi 12 – 13	Gulika 2:24PM – 3:39PM	Purvaprossthapada* Until 5:56PM Mon	Ganesha: White	<i>Sunrise:</i> 6:49AM	Muruga: Purple	<i>Sunset:</i> 4:55PM
		Yama 11:52AM – 1:08PM	Vridhi Until 7:09AM	Nataraja: Clear		Moon 9 - Phase 26	4th Phase
Creative Work	Siddha Yoga	613652364 Rahu 3:39PM – 4:55PM	Kaulava Until 5:36AM Mon	Moon – Clear		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Dvadashi Until 5:04PM	Ashvina-Aipasi			
			<i>Pradosha Vrata</i>				

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprossthapada*/Uttarprosthapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 4.5	Tithi 13 – 14	Gulika 1:07PM – 2:22PM	Purvaprossthapada* Until 5:56PM	Ganesha: White	<i>Sunrise:</i> 6:51AM	Muruga: Purple	<i>Sunset:</i> 4:53PM
Family Home Evening		Yama 10:37AM – 11:52AM	Dhruva Until 4:19AM Tue	Nataraja: Clear		Moon 9 - Phase 26	4th Phase
Creative Work	Siddha Yoga	613652364 Rahu 8:06AM – 9:22AM	Vanija Until 17:69AM Tue	Moon – Clear		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Trayodashi Until 5:56PM	Ashvina-Aipasi			

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Chaturdashyam Titau		Malmö, Sweden Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 17.34	Tithi 14	Gulika 11:52AM – 1:06PM	Revati Until 5:47PM Wed	Ganesha: White	<i>Sunrise:</i> 6:53AM	Muruga: Purple	<i>Sunset:</i> 4:50PM
		Yama 9:23AM – 10:37AM	Vyaghata* Until 6:14AM	Nataraja: Clear		Moon 9 - Phase 26	4th Phase
Creative Work	Siddha Yoga	613652364 Rahu 2:21PM – 3:36PM	Gara Until 5:64AM Wed	Moon – Clear		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 5:47PM Wed			Chaturdashi* Until 6:14AM Tue	Ashvina-Aipasi			
Then Routine Work - Marana Yoga							

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Malmö, Sweden Sutra 192 Vilamba 5120	
Copper Retreat Star		Gulika 10:38AM – 11:52AM	Revati Until 5:47PM	Ganesha: Clear	<i>Sunrise:</i> 6:55AM	Muruga: Purple	<i>Sunset:</i> 4:48PM
Mesha Rasi: 0.35	Tithi 15 – 16	Yama 8:09AM – 9:24AM	Vajra* Until 4:56AM Thu	Nataraja: Clear		Moon 9 - Phase 26	Purnima
Routine Work	Marana Yoga	623652364 Rahu 11:52AM – 1:06PM	Visti Until 4:86AM Thu	Moon – White		Devaloka Day	
Until 5:47PM			Purnima* Until 6:14AM	Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

○		Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Malmö, Sweden Sutra 193 Vilamba 5120	
Silver Retreat Star		Gulika 9:25AM – 10:38AM	Ashvini Until 4:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:57AM	Muruga: Purple	<i>Sunset:</i> 4:46PM
Mesha Rasi: 13.55	Tithi 16 – 17	Yama 6:57AM – 8:11AM	Siddhi Until 4:32AM Fri	Nataraja: Clear		Moon 9 - Phase 26	Prathama
Creative Work	Siddha Yoga	623652364 Rahu 1:05PM – 2:19PM	Taitila Until 3:81AM Fri	Moon – White		Devaloka Day	
Until 4:56PM			Prathama* Until 3:25AM Thu	Ashvina-Aipasi			
Then Routine Work - Marana Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 194

Vilamba 5120

Mesha Rasi: 27.29 Tihi 17 - 18

624652364 **Gulika** 8:13AM - 9:25AM **Rahu** 10:38AM - 11:51AM

Yama 2:17PM - 3:30PM

Krittika Until 2:07PM Sat

Ganesha: White *Sunrise:* 7:00AM

Muruga: Purple *Sunset:* 4:43PM

Nataraja: Clear Moon 10 - Phase 27

Moon - White

Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 2:07PM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Varyan Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Malmö, Sweden

Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 11.15 Tihi 18 - 19

634652364 **Gulika** 7:02AM - 8:14AM **Rahu** 9:26AM - 10:39AM

Yama 1:04PM - 2:16PM

Krittika Until 2:07PM

Ganesha: Clear *Sunrise:* 7:02AM

Muruga: Purple *Sunset:* 4:41PM

Nataraja: Clear Moon 10 - Phase 27

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 2:07PM

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 196

Vilamba 5120

Vrishabha Rasi: 25.1 Tihi 19 - 20

634652364 **Gulika** 2:15PM - 3:27PM **Rahu** 3:27PM - 4:39PM

Yama 11:51AM - 1:03PM

Rohini Until 12:23PM

Ganesha: Clear *Sunrise:* 7:04AM

Muruga: Purple *Sunset:* 4:39PM

Nataraja: Clear Moon 10 - Phase 27

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Parigha* Until 1:44AM Mon

Kaulava Until 11:29PM

Chaturthi* Until 12:23PM

Bava Until 1:17AM Sun

Tritiya Until 11:11PM

Panchami Until 10:31AM

Shiva Until 3:25PM

Gara Until 9:35PM

Saptami Until 6:38AM

Siddha Until 9:55AM

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

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Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Malmö, Sweden

Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 9.09 Tihi 20 - 21

634652364 **Gulika** 1:03PM - 2:14PM **Rahu** 8:17AM - 9:28AM

Yama 10:40AM - 11:51AM

Ardra Until 12:23AM Tue

Ganesha: Clear *Sunrise:* 7:06AM

Muruga: Purple *Sunset:* 4:37PM

Nataraja: Clear Moon 10 - Phase 27

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Until 2:40AM Fri

Then Routine Work - Marana Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 23.11 Tihi 21 - 22

644652364 **Gulika** 11:51AM - 1:02PM **Rahu** 2:13PM - 3:24PM

Yama 9:29AM - 10:40AM

Punarvasu Until 11:17PM

Ganesha: Purple *Sunrise:* 7:08AM

Muruga: Purple *Sunset:* 4:35PM

Nataraja: Clear Moon 10 - Phase 27

Moon - Blue

Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Siddha Until 9:55AM

Visti Until 7:38PM

Shashthi* Until 8:36AM

Saptami Until 6:38AM

Siddha Until 9:55AM

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

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Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

5

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 7.15 Tihi 22 - 23

644662364 **Gulika** 10:41AM - 11:51AM **Rahu** 11:51AM - 1:01PM

Yama 8:20AM - 9:30AM

Pushya Until 2:40AM Fri Thu

Ganesha: Purple *Sunrise:* 7:10AM

Muruga: Clear *Sunset:* 4:32PM

Nataraja: Clear Moon 10 - Phase 27

Moon - Blue

Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:40AM Fri

Then Routine Work - Marana Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Navamyam Titau

Malmö, Sweden

Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 21.2 Tihi 24

644662364 **Gulika** 9:31AM - 10:41AM **Rahu** 1:01PM - 2:11PM

Yama 7:12AM - 8:22AM

Pushya Until 2:40AM Fri

Ganesha: Purple *Sunrise:* 7:12AM

Muruga: Clear *Sunset:* 4:30PM

Nataraja: Clear Moon 10 - Phase 27

Moon - Blue

Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:40AM Fri

Then Routine Work - Marana Yoga

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

Taitila Until 13:42AM Fri

Navami* Until 9:55AM

Subha Until 3:81AM Fri

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1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Brahma Yoga Vanija/Bava Karana Dashamyam Titau				Malmö, Sweden Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 5.25	Tithi 25	Gulika 8:23AM – 9:33AM	Ashlesha* Until 12:42AM Sat	Ganesh: Clear	<i>Sunrise:</i> 7:14AM		
		Yama 2:10PM – 3:19PM	Brahma Until 7:29PM	Muruga: Clear	<i>Sunset:</i> 4:28PM		Moon 10 - Phase 28
		654662364 Rahu 10:42AM – 11:51AM	Vanija Until 11:45AM Sat	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Dashami Until 3:81AM Fri	Moon – Red			Sivaloka Day
Until 12:42AM Sat				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava Karana Ekadashyam Titau				Malmö, Sweden Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 19.29	Tithi 26	Gulika 7:16AM – 8:25AM	Purvaphalguni Until 6:14PM	Ganesh: White	<i>Sunrise:</i> 7:16AM		
		Yama 1:00PM – 2:09PM	Indra Until 6:14PM	Muruga: Clear	<i>Sunset:</i> 4:26PM		Moon 10 - Phase 28
		654762364 Rahu 9:34AM – 10:42AM	Bava Until 11:45AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 10:46PM	Moon – Red			Devaloka Day
Until 6:14PM				Ashvina-Aipasi			
Then Routine Work - Marana Yoga							

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Malmö, Sweden Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 3.31	Tithi 27	Gulika 2:08PM – 3:16PM	Uttaraphalguni Until 7:19PM Mon	Ganesh: White	<i>Sunrise:</i> 7:18AM		
		Yama 11:51AM – 12:59PM	Vaidhriti* Until 4:57PM	Muruga: Clear	<i>Sunset:</i> 4:24PM		Moon 10 - Phase 28
		654762364 Rahu 3:16PM – 4:24PM	Kaulava Until 7:67AM Mon	Nataraja: Clear			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 10:51PM	Moon – Red			Devaloka Day
				Ashvina-Aipasi			

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Vishkambha*/Priti Yoga Gara Karana Trayodashyam Titau				Malmö, Sweden Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 17.29	Tithi 28	Gulika 12:59PM – 2:07PM	Uttaraphalguni Until 7:19PM	Ganesh: Green	<i>Sunrise:</i> 7:20AM		
Family Home Evening		Yama 10:43AM – 11:51AM	Vishkambha* Until 4:07PM	Muruga: Clear	<i>Sunset:</i> 4:22PM		Moon 10 - Phase 28
		664762364 Rahu 8:28AM – 9:36AM	Gara Until 8:07AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 7:19PM	Moon – Green			Devaloka Day
Until 7:19PM				Ashvina-Aipasi			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Malmö, Sweden Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 1.17	Tithi 29 – 30	Gulika 11:51AM – 12:58PM	Hasta Until 5:58PM	Ganesh: Green	<i>Sunrise:</i> 7:22AM		
		Yama 9:37AM – 10:44AM	Priti Until 3:25PM	Muruga: Clear	<i>Sunset:</i> 4:20PM		Moon 10 - Phase 28
		664762364 Rahu 2:06PM – 3:13PM	Visti Until 4:88AM Wed	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 15:24AM Tue	Moon – Green			Devaloka Day
				Ashvina-Aipasi			
		Deepavali Hindu Solidarity Day					

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Malmö, Sweden Sun 13 Sutra 206 Vilamba 5120	
Retreat Star		Gulika 10:44AM – 11:51AM	Chitra Until 5:02PM	Ganesh: Clear	<i>Sunrise:</i> 7:24AM		
Tula Rasi: 14.54	Tithi 30 – 1	Yama 8:31AM – 9:38AM	Ayushman Until 2:56PM	Muruga: Clear	<i>Sunset:</i> 4:18PM		Moon 10 - Phase 28
		765762364 Rahu 11:51AM – 12:58PM	Bava Until 16:37AM Thu	Nataraja: Clear			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:02PM	Moon – Green			Sivaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden Sun 14 Sutra 207 Vilamba 5120	
Retreat Star		Gulika 9:39AM – 10:45AM	Vishakha Until 3:16PM	Ganesh: Orange	<i>Sunrise:</i> 7:26AM		
Tula Rasi: 28.15	Tithi 1 – 2	Yama 7:26AM – 8:33AM	Saubhagya Until 11:50AM	Muruga: Clear	<i>Sunset:</i> 4:16PM		Moon 10 - Phase 28
		775762364 Rahu 12:57PM – 2:04PM	Balava Until 4:39AM Fri	Nataraja: Clear			Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:37PM	Moon – Orange			Sivaloka Day
		Skanda Shasthi Begins		Karttika-Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Friday, November 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Malmö, Sweden Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 11.18	Tithi 2 – 3	Gulika	8:34AM – 9:40AM	Anuradha Until 4:02PM	Ganesh: Orange	<i>Sunrise:</i> 7:28AM			
		Yama	2:03PM – 3:09PM	Sobhana Until 10:45AM	Muruga: Clear	<i>Sunset:</i> 4:14PM		Moon 10 - Phase 29	
		775762364 Rahu	10:46AM – 11:51AM	Taitila Until 5:12AM Sat	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 4:49PM	Moon – Orange			Sivaloka Day	
Until 4:02PM					Karttika•Aipasi				
Then Routine Work - Marana Yoga									

2		Saturday, November 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Malmö, Sweden Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 24.01	Tithi 3 – 4	Gulika	7:30AM – 8:36AM	Jyeshtha* Until 5:18PM	Ganesh: Orange	<i>Sunrise:</i> 7:30AM			
		Yama	12:57PM – 2:02PM	Athiganda* Until 10:08AM	Muruga: Clear	<i>Sunset:</i> 4:12PM		Moon 10 - Phase 29	
		775762364 Rahu	9:41AM – 10:46AM	Vanija Until 6:25AM Sun	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Vanija Until 6:25AM Sun	Moon – Orange			Sivaloka Day	
				Tritiya Until 5:42PM	Karttika•Aipasi				

3		Sunday, November 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthiyam Titau		Malmö, Sweden Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 6.26	Tithi 4	Gulika	2:01PM – 3:06PM	Mula* Until 9:23PM Mon	Ganesh: Clear	<i>Sunrise:</i> 7:33AM			
		Yama	11:52AM – 12:56PM	Sukarma Until 10:03AM	Muruga: Clear	<i>Sunset:</i> 4:11PM		Moon 10 - Phase 29	
		785762364 Rahu	3:06PM – 4:11PM	Vanija Until 6:25AM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga			Vanija Until 6:25AM	Moon – Light Blue			Sivaloka Day	
Until 9:23PM Mon				Chaturthi* Until 7:15PM	Karttika•Aipasi				
Then Creative Work - Siddha Yoga									

4		Monday, November 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Malmö, Sweden Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 18.36	Tithi 5	Gulika	12:56PM – 2:00PM	Mula* Until 9:23PM	Ganesh: Clear	<i>Sunrise:</i> 7:35AM			
Family Home Evening		Yama	10:47AM – 11:52AM	Dhriti Until 11:12AM Tue	Muruga: Clear	<i>Sunset:</i> 4:09PM		Moon 10 - Phase 29	
		785762364 Rahu	8:39AM – 9:43AM	Bava Until 8:17AM	Nataraja: Clear			3rd Phase	
Routine Work	Marana Yoga			Bava Until 8:17AM	Moon – Light Blue			Sivaloka Day	
				Panchami Until 9:23PM	Karttika•Aipasi				

5		Tuesday, November 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthiyam Titau		Malmö, Sweden Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 0.33	Tithi 6	Gulika	11:52AM – 12:56PM	Uttarashadha Until 12:58AM Wed	Ganesh: Clear	<i>Sunrise:</i> 7:37AM			
		Yama	9:44AM – 10:48AM	Shula* Until 11:12AM	Muruga: Clear	<i>Sunset:</i> 4:07PM		Moon 10 - Phase 29	
		785762364 Rahu	1:59PM – 3:03PM	Kaulava Until 12:78AM Wed	Nataraja: Clear			3rd Phase	
Routine Work	Prabalarishta Yoga			Kaulava Until 12:78AM Wed	Moon – Light Blue			Sivaloka Day	
Until 12:58AM Wed				Shashthi* Until 11:12AM Tue	Karttika•Aipasi				
Then Creative Work - Siddha Yoga									

6		Wednesday, November 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara Karana Saptamyam Titau		Malmö, Sweden Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 12.23	Tithi 7	Gulika	10:49AM – 11:52AM	Shravana Until 4:16AM Thu	Ganesh: Purple	<i>Sunrise:</i> 7:39AM			
		Yama	8:42AM – 9:45AM	Ganda* Until 4:16AM Thu	Muruga: Clear	<i>Sunset:</i> 4:05PM		Moon 10 - Phase 29	
		795762364 Rahu	11:52AM – 12:55PM	Gara Until 1:18PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga			Gara Until 1:18PM	Moon – Purple			Subha Sivaloka Day	
				Saptami Until 2:38AM Thu	Karttika•Aipasi				

Retreat Star		Thursday, November 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Malmö, Sweden Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 24.1	Tithi 8	Gulika	9:46AM – 10:49AM	Dhanishtha Until 7:18AM Fri	Ganesh: Purple	<i>Sunrise:</i> 7:41AM			
		Yama	7:41AM – 8:44AM	Vriddhi Until 1:10PM	Muruga: Clear	<i>Sunset:</i> 4:04PM		Moon 10 - Phase 29	
		795762364 Rahu	12:55PM – 1:58PM	Visti Until 3:59PM	Nataraja: Clear			Ashtami	
Creative Work	Siddha Yoga			Visti Until 3:59PM	Moon – Purple			Subha Sivaloka Day	
				Ashtami* Until 5:13AM Fri	Karttika•Aipasi				

Retreat Star		Friday, November 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau		Malmö, Sweden Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 6.01	Tithi 9	Gulika	8:45AM – 9:47AM	Dhanishtha Until 7:18AM	Ganesh: Purple	<i>Sunrise:</i> 7:43AM			
		Yama	1:57PM – 3:00PM	Dhruva Until 1:59PM	Muruga: Clear	<i>Sunset:</i> 4:02PM		Moon 10 - Phase 29	
		795762364 Rahu	10:50AM – 11:52AM	Balava Until 6:25PM	Nataraja: Clear			Navami	
Creative Work	Siddha Yoga			Balava Until 6:25PM	Moon – Purple			Subha Sivaloka Day	
				Navami* Until 7:27AM Sat	Karttika•Kartikai				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
Kumbha Rasi: 18		Tithi 9 – 10		796762365		Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau		Sun 23 Sutra 216	
Creative Work		Amrita Yoga		Until 9:06AM Sun		Then Routine Work - Marana Yoga		Vilamba 5120	
		Gulika 7:45AM – 8:47AM		Shatabhishak Until 9:06AM Sun		Ganesh: Clear Sunrise: 7:45AM		Moon 10 - Phase 30	
		Yama 12:54PM – 1:56PM		Vyaghata* Until 2:29PM		Muruga: Clear Sunset: 4:00PM		4th Phase	
		Rahu 9:49AM – 10:51AM		Tailila Until 8:23PM		Nataraja: White		Devaloka Day	
				Navami* Until 7:27AM		Moon – Purple		Karttika-Karttikai	

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Meena Rasi: 0.13		Tithi 10 – 11		716762365		Shatabhishak/Uttaraproshtapada* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 217	
Creative Work		Siddha Yoga		Until 9:06AM		Then Creative Work - Amrita Yoga		Vilamba 5120	
		Gulika 1:56PM – 2:57PM		Shatabhishak Until 9:06AM		Ganesh: Red Sunrise: 7:47AM		Moon 10 - Phase 30	
		Yama 11:53AM – 12:54PM		Harshana Until 2:32PM		Muruga: Clear Sunset: 3:59PM		4th Phase	
		Rahu 2:57PM – 3:59PM		Vanija Until 9:41PM		Nataraja: White		Devaloka Day	
				Dashami Until 9:06AM		Moon – Clear		Karttika-Karttikai	

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
Meena Rasi: 12.43		Tithi 11 – 12		716762365		Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 218	
Creative Work		Siddha Yoga		Family Home Evening		Until 9:06AM		Vilamba 5120	
		Gulika 12:54PM – 1:55PM		Uttaraproshtapada Until 1:25PM		Ganesh: Red Sunrise: 7:49AM		Moon 10 - Phase 30	
		Yama 10:52AM – 11:53AM		Vajra* Until 1:25PM		Muruga: Clear Sunset: 3:57PM		4th Phase	
		Rahu 8:50AM – 9:51AM		Kaulava Until 21:63AM Tue		Nataraja: White		Devaloka Day	
				Ekadashi Until 10:02AM		Moon – Clear		Karttika-Karttikai	

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
Meena Rasi: 25.34		Tithi 12 – 13		716762365		Revati/Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 219	
Creative Work		Siddha Yoga		Until 9:06AM		Then Creative Work - Amrita Yoga		Vilamba 5120	
		Gulika 11:53AM – 12:54PM		Revati Until 9:40AM Wed		Ganesh: Red Sunrise: 7:51AM		Moon 10 - Phase 30	
		Yama 9:52AM – 10:52AM		Siddhi Until 12:53PM		Muruga: Clear Sunset: 3:56PM		4th Phase	
		Rahu 1:54PM – 2:55PM		Kaulava Until 10:03PM		Nataraja: White		Devaloka Day	
				Dvadashi Until 10:13AM		Moon – Clear		Karttika-Karttikai	

Pradosha Vrata

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Mesha Rasi: 8.48		Tithi 13 – 14		726762365		Revati/Bharani Nakshatra Vyatiyata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 220	
Routine Work		Marana Yoga		Until 9:40AM		Then Creative Work - Siddha Yoga		Vilamba 5120	
		Gulika 10:53AM – 11:53AM		Revati Until 9:40AM		Ganesh: Blue Sunrise: 7:52AM		Moon 10 - Phase 30	
		Yama 8:53AM – 9:53AM		Vyatiyata* Until 8:61AM Thu		Muruga: Clear Sunset: 3:54PM		4th Phase	
		Rahu 11:53AM – 12:54PM		Gara Until 9:10PM		Nataraja: White		Devaloka Day	
				Trayodashi Until 9:40AM		Moon – White		Devaloka Time: 12:PM to 3:PM	
						Karttika-Karttikai			

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
Mesha Rasi: 22.24		Tithi 14 – 15		726762365		Ashvini/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 221	
Creative Work		Siddha Yoga		Until 8:28AM		Then Routine Work - Marana Yoga		Vilamba 5120	
		Gulika 9:54AM – 10:54AM		Ashvini Until 8:28AM		Ganesh: Blue Sunrise: 7:54AM		Moon 10 - Phase 30	
		Yama 7:54AM – 8:54AM		Variyan Until 6:25AM Fri		Muruga: Clear Sunset: 3:53PM		Purnima	
		Rahu 12:54PM – 1:53PM		Visti Until 7:40PM		Nataraja: White		Devaloka Day	
				Chaturdashi* Until 8:28AM		Moon – White		Devaloka Time: 12:PM to 3:PM	
						Karttika-Karttikai			

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
Vrishabha Rasi: 6.2		Tithi 15 – 16		726762365		Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prahamayam Titau		Sun 29 Sutra 222	
Creative Work		Siddha Yoga		Until 12:05PM		Then Routine Work - Marana Yoga		Vilamba 5120	
		Gulika 8:56AM – 9:55AM		Krittika Until 12:05PM		Ganesh: Blue Sunrise: 7:56AM		Moon 10 - Phase 30	
		Yama 1:53PM – 2:52PM		Parigha* Until 6:25AM		Muruga: Clear Sunset: 3:52PM		Prathama	
		Rahu 10:55AM – 11:54AM		Kaulava Until 5:42PM		Nataraja: White		Devaloka Day	
				Purnima* Until 6:25AM Fri		Moon – White		Devaloka Time: 12:PM to 3:PM	
						Karttika-Karttikai			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila Karana Dvitiyayam Titau

Malmö, Sweden

Sutra 223

Vilamba 5120

Vrishabha Rasi: 20.31 Tihti 17

737762365

Gulika 7:58AM – 8:57AM
Yama 12:53PM – 1:52PM
Rahu 9:56AM – 10:55AM

Rohini Until 10:42AM
Siddha Until 12:19AM Sun
Taitila Until 3:25PM
Dvitiya Until 2:10AM Sun

Ganesha: Red *Sunrise:* 7:58AM
Muruga: Clear *Sunset:* 3:50PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 10:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija Karana Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 4.53 Tihti 18

737762365

Gulika 1:52PM – 2:51PM
Yama 11:55AM – 12:53PM
Rahu 2:51PM – 3:49PM

Mrigashira Until 9:04PM Mon
Sadhya Until 9:02PM
Vanija Until 12:55PM
Tritiya Until 11:37PM

Ganesha: Red *Sunrise:* 8:00AM
Muruga: Clear *Sunset:* 3:49PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 9:04PM

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 19.2 Tihti 19

737762365

Gulika 12:53PM – 1:51PM
Yama 10:57AM – 11:55AM
Rahu 9:00AM – 9:58AM

Mrigashira Until 9:04PM
Subha Until 5:45PM
Bava Until 10:21AM
Chaturthi* Until 9:04PM

Ganesha: Red *Sunrise:* 8:02AM
Muruga: Clear *Sunset:* 3:48PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 9:04PM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 3.46 Tihti 20

747762365

Gulika 11:55AM – 12:53PM
Yama 9:59AM – 10:57AM
Rahu 1:51PM – 2:49PM

Ardra Until 6:36PM
Sukla Until 10:38AM Wed
Kaulava Until 7:50AM
Panchami Until 6:36PM

Ganesha: Green *Sunrise:* 8:04AM
Muruga: Clear *Sunset:* 3:47PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 18.06 Tihti 21 – 22

747862365

Gulika 10:58AM – 11:56AM
Yama 9:03AM – 10:00AM
Rahu 11:56AM – 12:53PM

Ashlesha* Until 2:12PM Thu
Brahma Until 1:55AM Thu
Bava Until 13:72AM Thu
Shashthi* Until 4:17PM

Ganesha: White *Sunrise:* 8:05AM
Muruga: Clear *Sunset:* 3:46PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:12PM Thu

Then Creative Work - Amrita Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Malmö, Sweden

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 2.19 Tihti 22 – 23

757863365

Gulika 10:01AM – 10:59AM
Yama 8:07AM – 9:04AM
Rahu 12:53PM – 1:50PM

Ashlesha* Until 2:12PM
Indra Until 5:41AM Fri
Balava Until 1:17AM Fri
Sapthami Until 8:27AM Thu

Ganesha: Clear *Sunrise:* 8:07AM
Muruga: Purple *Sunset:* 3:45PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 2:12PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 16.22 Tihti 23 – 24

757863365

Gulika 9:06AM – 10:02AM
Yama 1:50PM – 2:47PM
Rahu 10:59AM – 11:56AM

Purvaphalguni Until 11:45PM
Vishkambha* Until 3:08AM Sat
Taitila Until 11:35PM
Ashtami* Until 12:22PM

Ganesha: Clear *Sunrise:* 8:09AM
Muruga: Purple *Sunset:* 3:44PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Malmö, Sweden Sun 7 Sutra 230 Vilamba 5120
Kanya Rasi: 0.16	Tithi 24 – 25	Gulika 8:10AM – 9:07AM	Uttaraphalguni Until 10:50PM	Ganesha: Orange <i>Sunrise:</i> 8:10AM			
		Yama 12:53PM – 1:50PM	Priti Until 12:50AM Sun	Muruga: Purple <i>Sunset:</i> 3:43PM		Moon 11 - Phase 32	
		758863365 Rahu 10:03AM – 11:00AM	Vanija Until 10:09PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 10:49AM	Moon – Red	Bhuloka Day		
				Karttika-Karttikai	Devaloka Time: 6:AM to 9:AM		

2		Sunday, December 2, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Vistil* Karana Dashami/Ekadashyam Titau	Malmö, Sweden Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 13.59	Tithi 25 – 26	Gulika 1:50PM – 2:46PM	Hasta Until 10:30PM	Ganesha: Light Blue <i>Sunrise:</i> 8:12AM			
		Yama 11:57AM – 12:53PM	Ayushman Until 10:43PM	Muruga: Purple <i>Sunset:</i> 3:42PM		Moon 11 - Phase 32	
		768863365 Rahu 2:46PM – 3:42PM	Vistil Until 9:31AM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 9:31AM	Moon – Green	Bhuloka Day		
Until 10:30PM				Karttika-Karttikai			
Then Creative Work - Siddha Yoga							

3		Monday, December 3, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau	Malmö, Sweden Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 27.32	Tithi 26 – 27	Gulika 12:53PM – 1:49PM	Chitra Until 10:20PM	Ganesha: Light Blue <i>Sunrise:</i> 8:13AM			
Family Home Evening		Yama 11:01AM – 11:57AM	Saubhagya Until 10:20PM	Muruga: Purple <i>Sunset:</i> 3:41PM		Moon 11 - Phase 32	
		768863365 Rahu 9:09AM – 10:05AM	Taitila Until 7:52AM Tue	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga		Ekadashi* Until 8:32AM	Moon – Green	Bhuloka Day		
Until 10:20PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

4		Tuesday, December 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Malmö, Sweden Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 10.55	Tithi 27 – 28	Gulika 11:58AM – 12:54PM	Svati Until 7:34AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 8:15AM			
		Yama 10:06AM – 11:02AM	Sobhana Until 10:21PM	Muruga: Purple <i>Sunset:</i> 3:41PM		Moon 11 - Phase 32	
		768863365 Rahu 1:49PM – 2:45PM	Gara Until 7:41PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 7:52AM	Moon – Green	Bhuloka Day		
Until 7:34AM Wed				Karttika-Karttikai			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Wednesday, December 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau	Malmö, Sweden Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 24.05	Tithi 28 – 29	Gulika 11:03AM – 11:58AM	Svati Until 7:34AM	Ganesha: Purple <i>Sunrise:</i> 8:17AM			
		Yama 9:12AM – 10:07AM	Athiganda* Until 17:04AM Thu	Muruga: Purple <i>Sunset:</i> 3:40PM		Moon 11 - Phase 32	
		778863365 Rahu 11:58AM – 12:54PM	Vistil Until 7:36PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 7:34AM	Moon – Orange	Bhuloka Day		
				Karttika-Karttikai			

●		Thursday, December 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau	Malmö, Sweden Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika 10:08AM – 11:04AM	Anuradha Until 12:04AM Fri	Ganesha: Purple <i>Sunrise:</i> 8:18AM			
Vrischika Rasi: 7.03	Tithi 29 – 30	Yama 8:18AM – 9:13AM	Sukarma Until 12:04AM Fri	Muruga: Purple <i>Sunset:</i> 3:39PM		Moon 11 - Phase 32	
		778863365 Rahu 12:54PM – 1:49PM	Sakuni Until 7:42AM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:42AM	Moon – Orange	Bhuloka Day		
Until 12:04AM Fri				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

Friday, December 7, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga* Karana Amavasya/Prathamayam Titau	Malmö, Sweden Sun 13 Sutra 236 Vilamba 5120
Vrischika Rasi: 19.47	Tithi 30 – 1	Gulika 9:14AM – 10:09AM	Jyeshtha* Until 1:25AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 8:19AM			
		Yama 1:49PM – 2:44PM	Dhriti Until 4:33PM	Muruga: Purple <i>Sunset:</i> 3:39PM		Moon 11 - Phase 32	
		779863365 Rahu 11:04AM – 11:59AM	Naga Until 8:20AM	Nataraja: White		Prathama	
Routine Work	Marana Yoga		Amavasya* Until 8:20AM	Moon – Orange	Bhuloka Day		
Until 1:25AM Sat				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Malmö, Sweden Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 2.16	Tithi 1 – 2	Gulika Yama 789863365	8:21AM – 9:15AM 12:54PM – 1:49PM Rahu 10:10AM – 11:05AM	Mula* Until 11:11AM Sun Shula* Until 4:24PM Balava Until 10:18PM Prathama* Until 9:29AM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 8:21AM Sunset: 3:38PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga						Bhuloka Day
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Malmö, Sweden Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 14.32	Tithi 2 – 3	Gulika Yama 789863365	1:49PM – 2:44PM 12:00PM – 12:55PM Rahu 2:44PM – 3:38PM	Mula* Until 11:11AM Ganda* Until 17:18AM Mon Taitila Until 12:15AM Mon Dvitiya Until 11:11AM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 8:22AM Sunset: 3:38PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga						Bhuloka Day
Until 11:11AM							
Then Creative Work - Amrita Yoga							
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Malmö, Sweden Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 26.36	Tithi 3 – 4	Gulika Yama 789863365	12:55PM – 1:49PM 11:06AM – 12:00PM Rahu 9:18AM – 10:12AM	Purvashadha* Until 6:07AM Vriddhi Until 5:18PM Vanija Until 2:38AM Tue Tritiya Until 1:22PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 8:23AM Sunset: 3:38PM	Moon 11 - Phase 33 3rd Phase
Family Home Evening							Bhuloka Day
Routine Work	Marana Yoga						
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Malmö, Sweden Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 8.3	Tithi 4 – 5	Gulika Yama 789863365	12:01PM – 12:55PM 10:13AM – 11:07AM Rahu 1:49PM – 2:43PM	Uttarashadha Until 8:51AM Dhruva Until 8:51AM Bava Until 5:18AM Wed Chaturthi* Until 3:55PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	Sunrise: 8:24AM Sunset: 3:37PM	Moon 11 - Phase 33 3rd Phase
Routine Work	Prabalarishta Yoga						Bhuloka Day
Until 8:51AM							
Then Creative Work - Siddha Yoga							
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau		Malmö, Sweden Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 20.19	Tithi 5	Gulika Yama 799863365	11:07AM – 12:01PM 9:20AM – 10:14AM Rahu 12:01PM – 12:55PM	Shravana Until 12:08PM Vyaghata* Until 7:10PM Balava Until 6:40PM Panchami Until 6:40PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	Sunrise: 8:26AM Sunset: 3:37PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga						Bhuloka Day
Until 12:08PM							Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga							
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Malmö, Sweden Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2.05	Tithi 6	Gulika Yama 799863365	10:14AM – 11:08AM 8:27AM – 9:20AM Rahu 12:56PM – 1:50PM	Dhanishtha Until 3:17PM Harshana Until 8:09PM Kaulava Until 8:03AM Shashthi* Until 9:22PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	Sunrise: 8:27AM Sunset: 3:37PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga						Bhuloka Day
							Devaloka Time: 6:AM to 9:AM
		Vinayaga Viratam Ends					
Retreat Star		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Malmö, Sweden Sun 20 Sutra 243 Vilamba 5120	
Kumbha Rasi: 13.55	Tithi 7	Gulika Yama 799863365	9:21AM – 10:15AM 1:50PM – 2:43PM Rahu 11:09AM – 12:02PM	Shatabhishak Until 1:45AM Sun Sat Vajra* Until 8:55PM Gara Until 10:40AM Saptami Until 11:49PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	Sunrise: 8:28AM Sunset: 3:37PM	Moon 11 - Phase 33 3rd Phase
Creative Work	Siddha Yoga						Bhuloka Day
							Devaloka Time: 6:AM to 9:AM
Retreat Star		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Malmö, Sweden Sun 21 Sutra 244 Vilamba 5120	
Kumbha Rasi: 25.52	Tithi 8	Gulika Yama 711863365	8:29AM – 9:22AM 12:56PM – 1:50PM Rahu 10:16AM – 11:09AM	Shatabhishak Until 1:45AM Sun Siddhi Until 8:81PM Visti Until 12:53PM Ashtami* Until 1:45AM Sun	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Clear Margasira-Karttikai	Sunrise: 8:29AM Sunset: 3:37PM	Moon 11 - Phase 33 Ashtami
Routine Work	Marana Yoga						Bhuloka Day
Until 1:45AM Sun							Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga							
Retreat Star		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Malmö, Sweden Sun 22 Sutra 245 Vilamba 5120	
Meena Rasi: 8.03	Tithi 9	Gulika Yama 811863365	1:50PM – 2:44PM 12:03PM – 12:57PM Rahu 2:44PM – 3:37PM	Uttaraproshtapada Until 10:38PM Vyatipata* Until 9:18PM Balava Until 2:30PM Navami* Until 3:01AM Mon	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Clear Margasira-Markali	Sunrise: 8:30AM Sunset: 3:37PM	Moon 11 - Phase 33 Navami
Creative Work	Amrita Yoga						Bhuloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila Karana Dashamyam Titau				Malmö, Sweden Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 20.31	Tithi 10	Gulika 12:57PM – 1:51PM	Revati Until 3:08AM Wed Tue	Ganesh: Purple	<i>Sunrise:</i> 8:30AM	
	Family Home Evening	811863365	Yama 11:11AM – 12:04PM	Variyan Until 8:38PM	Muruga: Purple	<i>Sunset:</i> 3:37PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		Rahu 9:24AM – 10:17AM	Taitila Until 3:22PM	Nataraja: White		4th Phase
			Dashami Until 3:29AM Tue	Moon – Clear		Bhuloka Day	
				Margasira*Markali			

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 3.21	Tithi 11	Gulika 12:04PM – 12:58PM	Revati Until 3:08AM Wed	Ganesh: Clear	<i>Sunrise:</i> 8:31AM	
		821863365	Yama 10:18AM – 11:11AM	Parigha* Until 17:26AM Wed	Muruga: Purple	<i>Sunset:</i> 3:38PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		Rahu 1:51PM – 2:44PM	Vanija Until 3:26PM	Nataraja: White		4th Phase
		Gita Jayanthi	Ekadashi Until 3:08AM Wed	Moon – White		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 16.35	Tithi 12	Gulika 11:12AM – 12:05PM	Bharani Until 11:43PM	Ganesh: Clear	<i>Sunrise:</i> 8:32AM	
		821863365	Yama 9:25AM – 10:18AM	Shiva Until 5:26PM	Muruga: Purple	<i>Sunset:</i> 3:38PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		Rahu 12:05PM – 12:58PM	Bava Until 2:40PM	Nataraja: White		4th Phase
Until 11:43PM			Dvadashi Until 1:59AM Thu	Moon – White		Bhuloka Day	
Then Creative Work - Amrita Yoga				Margasira*Markali		Devaloka Time: 6:AM to 9:AM	

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava Karana Trayodashyam Titau				Malmö, Sweden Sun 26 Sutra 249 Vilamba 5120
	Vrisabha Rasi: 0.17	Tithi 13	Gulika 10:19AM – 11:12AM	Krittika Until 10:28PM	Ganesh: Clear	<i>Sunrise:</i> 8:33AM	
		821863365	Yama 8:33AM – 9:26AM	Siddha Until 10:28PM	Muruga: Purple	<i>Sunset:</i> 3:38PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		Rahu 12:59PM – 1:52PM	Kaulava Until 1:09PM	Nataraja: White		4th Phase
			Trayodashi Until 12:08AM Fri	Moon – White		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 6:AM to 9:AM	
				<i>Pradosha Vrata</i>			

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 14.23	Tithi 14	Gulika 9:26AM – 10:20AM	Rohini Until 8:54PM	Ganesh: White	<i>Sunrise:</i> 8:33AM	
		821863365	Yama 1:52PM – 2:46PM	Sadhya Until 11:56AM	Muruga: Purple	<i>Sunset:</i> 3:39PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		Rahu 11:13AM – 12:06PM	Gara Until 11:00AM	Nataraja: White		4th Phase
Until 8:54PM		Day 1 of Pancha Ganapati	Chaturdashi* Until 9:43PM	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira*Markali			

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden Sutra 251 Vilamba 5120
	Copper Retreat Star		Gulika 8:34AM – 9:27AM	Mrigashira Until 6:47PM	Ganesh: Yellow	<i>Sunrise:</i> 8:34AM	
	Vrisabha Rasi: 28.5	Tithi 15	Yama 1:00PM – 1:53PM	Subha Until 8:32AM	Muruga: Purple	<i>Sunset:</i> 3:39PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	821963365	Rahu 10:20AM – 11:13AM	Visti Until 8:21AM	Nataraja: White		Purnima
		Day 2 of Pancha Ganapati	Purnima* Until 6:52PM	Moon – Yellow		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 9:AM to 12:PM	

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Malmö, Sweden Sutra 252 Vilamba 5120
	Silver Retreat Star		Gulika 1:53PM – 2:47PM	Ardra Until 4:15PM	Ganesh: Yellow	<i>Sunrise:</i> 8:34AM	
	Mithuna Rasi: 13.34	Tithi 16 – 17	Yama 12:07PM – 1:00PM	Brahma Until 1:00AM Mon	Muruga: Purple	<i>Sunset:</i> 3:40PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	831963365	Rahu 2:47PM – 3:40PM	Taitila Until 1:69AM Mon	Nataraja: White		Prathama
		Day 3 of Pancha Ganapati	Prathama* Until 8:32AM	Moon – Yellow		Bhuloka Day	
		Ardra Darshanam		Margasira*Markali		Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 28.26 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 1:53PM

Then Creative Work - Siddha Yoga

Gulika 1:01PM - 1:54PM
Yama 11:14AM - 12:07PM
Rahu 9:28AM - 10:21AM

Day 4 of Pancha Ganapati

Punarvasu Until 1:53PM
Indra Until 9:07PM
Vanija Until 10:55PM

Dvitiya Until 12:31PM

Ganesh: Blue Sunrise: 8:35AM

Muruga: Purple Sunset: 3:40PM

Nataraja: White

Moon - Blue

Margasira*Markali

Devaloka Day

Malmö, Sweden

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 13.19 Tihi 18 - 19

Creative Work Siddha Yoga

Gulika 12:08PM - 1:01PM
Yama 10:21AM - 11:15AM
Rahu 1:55PM - 2:48PM

Day 5 of Pancha Ganapati

Pushya Until 11:25AM
Vaidhriti* Until 11:25AM
Kaulava Until 7:47PM

Tritiya Until 9:07PM

Ganesh: Yellow Sunrise: 8:35AM

Muruga: Purple Sunset: 3:41PM

Nataraja: White

Moon - Blue

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Malmö, Sweden

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 28.05 Tihi 19 - 20

Creative Work Siddha Yoga

Gulika 11:15AM - 12:09PM
Yama 9:29AM - 10:22AM
Rahu 12:09PM - 1:02PM

Ashlesha* Until 8:59AM
Vishkambha* Until 8:59AM
Kaulava Until 4:52PM

Chaturthi* Until 13:39AM Wed

Ganesh: Yellow Sunrise: 8:35AM

Muruga: Purple Sunset: 3:42PM

Nataraja: Green

Moon - Blue

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Malmö, Sweden

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 12.38 Tihi 21

Creative Work Amrita Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

Gulika 10:22AM - 11:16AM
Yama 8:35AM - 9:29AM
Rahu 1:02PM - 1:56PM

Magha* Until 7:08AM
Priti Until 10:17AM
Gara Until 2:18PM

Shashthi* Until 1:10AM Fri

Ganesh: Blue Sunrise: 8:35AM

Muruga: Purple Sunset: 3:43PM

Nataraja: Green

Moon - Red

Margasira*Markali

Bhuloka Day

Malmö, Sweden

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 26.55 Tihi 22

Creative Work Siddha Yoga

Until 4:17AM Sat

Then Routine Work - Marana Yoga

Gulika 9:29AM - 10:23AM
Yama 1:57PM - 2:50PM
Rahu 11:16AM - 12:10PM

Uttaraphalguni Until 4:17AM Sat
Ayushman Until 7:14AM
Visti Until 10:32AM Sat

Saptami Until 10:17AM

Ganesh: Blue Sunrise: 8:36AM

Muruga: Purple Sunset: 3:44PM

Nataraja: Green

Moon - Red

Margasira*Markali

Bhuloka Day

Malmö, Sweden

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.53 Tihi 23

Routine Work Marana Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

Gulika 8:36AM - 9:29AM
Yama 1:04PM - 1:57PM
Rahu 10:23AM - 11:16AM

Hasta Until 3:50AM Sun
Sobhana Until 2:22AM Sun
Balava Until 9:26AM Sun

Ashtami* Until 7:14AM

Ganesh: Red Sunrise: 8:36AM

Muruga: Purple Sunset: 3:45PM

Nataraja: Green

Moon - Green

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Malmö, Sweden

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 24.32 Tihi 24

Creative Work Siddha Yoga

Until 3:46AM Mon

Then Creative Work - Amrita Yoga

Gulika 1:58PM - 2:52PM
Yama 12:11PM - 1:04PM
Rahu 2:52PM - 3:46PM

Chitra Until 3:46AM Mon
Athiganda* Until 12:33AM Mon
Taitila Until 9:26AM

Navami* Until 9:04PM

Ganesh: Red Sunrise: 8:36AM

Muruga: Purple Sunset: 3:46PM

Nataraja: Green

Moon - Green

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Malmö, Sweden

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Malmö, Sweden	
		Svati Nakshatra Sukarma Yoga Vanija/Bava Karana Dashamyam Titau				Sun 8 Sutra 260	
1		Gulika	1:05PM – 1:59PM	Svati Until 4:03AM Tue	Ganesh: Red	<i>Sunrise:</i> 8:35AM	Vilamba 5120
Tula Rasi: 7.53	Tithi 25	Yama	11:17AM – 12:11PM	Sukarma Until 4:03AM Tue	Muruga: Purple	<i>Sunset:</i> 3:47PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu	9:29AM – 10:23AM	Vanija Until 8:52AM	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga				Dashami Until 8:45PM	Moon – Green	Bhuloka Day	
Until 4:03AM Tue					Margasira-Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Malmö, Sweden	
		Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 261	
2		Gulika	12:12PM – 1:06PM	Vishakha Until 5:08AM Wed	Ganesh: Green	<i>Sunrise:</i> 8:35AM	Vilamba 5120
Tula Rasi: 20.58	Tithi 26	Yama	10:23AM – 11:17AM	Dhriti Until 10:09PM	Muruga: Purple	<i>Sunset:</i> 3:48PM	Moon 12 - Phase 36
872963366		Rahu	2:00PM – 2:54PM	Bava Until 8:49AM	Nataraja: Green		2nd Phase
Routine Work Marana Yoga				Ekadashi* Until 8:58PM	Moon – Orange	Bhuloka Day	
Until 5:08AM Wed					Margasira-Markali		
Then Creative Work - Siddha Yoga							

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Malmö, Sweden	
		Anuradha Nakshatra Shula* Yoga Kaulava Karana Dvadashyam Titau				Sun 10 Sutra 262	
3		Gulika	11:18AM – 12:12PM	Anuradha Until 6:31AM Thu	Ganesh: Green	<i>Sunrise:</i> 8:35AM	Vilamba 5120
Vrischika Rasi: 3.47	Tithi 27	Yama	9:29AM – 10:24AM	Shula* Until 9:31PM	Muruga: Purple	<i>Sunset:</i> 3:49PM	Moon 12 - Phase 36
872963366		Rahu	12:12PM – 1:06PM	Kaulava Until 9:17AM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga				Dvadashi* Until 9:40PM	Moon – Orange	Bhuloka Day	
Until 6:31AM Thu					Margasira-Markali		
Then Routine Work - Prabalarishta Yoga							

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Malmö, Sweden	
		Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara Karana Trayodashyam Titau				Sun 11 Sutra 263	
4		Gulika	10:24AM – 11:18AM	Anuradha Until 6:31AM	Ganesh: Green	<i>Sunrise:</i> 8:35AM	Vilamba 5120
Vrischika Rasi: 16.23	Tithi 28	Yama	8:35AM – 9:29AM	Ganda* Until 9:14PM	Muruga: Purple	<i>Sunset:</i> 3:50PM	Moon 12 - Phase 36
872963366		Rahu	1:07PM – 2:01PM	Gara Until 10:13AM	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga				Trayodashi* Until 10:51PM	Moon – Orange	Bhuloka Day	
Until 6:31AM					Margasira-Markali		
Then Routine Work - Prabalarishta Yoga							
							<i>Pradosha Vrata (Fasting)</i>

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Malmö, Sweden	
		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti* Karana Chaturdashyam Titau				Sun 12 Sutra 264	
5		Gulika	9:29AM – 10:24AM	Jyeshtha* Until 2:29AM Sun Sat	Ganesh: Green	<i>Sunrise:</i> 8:34AM	Vilamba 5120
Vrischika Rasi: 28.47	Tithi 29	Yama	2:02PM – 2:57PM	Vriddhi Until 9:19PM	Muruga: Purple	<i>Sunset:</i> 3:51PM	Moon 12 - Phase 36
872963366		Rahu	11:18AM – 12:13PM	Visti Until 11:37AM	Nataraja: Green		2nd Phase
Routine Work Marana Yoga				Chaturdashi* Until 12:28AM Sat	Moon – Orange	Bhuloka Day	
Until 2:29AM Sun Sat					Margasira-Markali		
Then Creative Work - Amrita Yoga							

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Malmö, Sweden	
		Jyeshtha*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 265	
Retreat Star		Gulika	8:34AM – 9:29AM	Jyeshtha* Until 2:29AM Sun	Ganesh: White	<i>Sunrise:</i> 8:34AM	Vilamba 5120
Dhanus Rasi: 11	Tithi 30	Yama	1:08PM – 2:03PM	Dhruva Until 9:40PM	Muruga: Purple	<i>Sunset:</i> 3:53PM	Moon 12 - Phase 36
882963366		Rahu	10:24AM – 11:19AM	Catuspada Until 15:39AM Sun	Nataraja: Green		Amavasya
Creative Work Siddha Yoga				Amavasya* Until 9:19PM	Moon – Light Blue	Bhuloka Day	
					Margasira-Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Malmö, Sweden	
		Mula*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 266	
Retreat Star		Gulika	2:04PM – 2:59PM	Mula* Until 4:50AM Mon	Ganesh: White	<i>Sunrise:</i> 8:34AM	Vilamba 5120
Dhanus Rasi: 23.04	Tithi 1	Yama	12:14PM – 1:09PM	Vyaghata* Until 10:18PM	Muruga: Clear	<i>Sunset:</i> 3:54PM	Moon 12 - Phase 36
882973366		Rahu	2:59PM – 3:54PM	Kintughna Until 17:69AM Mon	Nataraja: Green		Prathama
Creative Work Siddha Yoga				Prathama* Until 9:40PM	Moon – Light Blue	Bhuloka Day	
Until 4:50AM Mon					Pausha-Markali	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Malmö, Sweden Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:10PM – 2:05PM	Uttarashadha Until 3:56PM	Ganesh: White	<i>Sunrise:</i> 8:33AM	
Makara Rasi: 4.59	Tithi 2	Yama 11:19AM – 12:14PM	Harshana Until 11:09PM	Muruga: Clear	<i>Sunset:</i> 3:56PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 9:28AM – 10:24AM	Balava Until 6:09PM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:27AM Tue	Moon – Light Blue		
Until 3:56PM				Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:15PM – 1:10PM	Shravana Until 7:12PM	Ganesh: Red	<i>Sunrise:</i> 8:32AM	
Makara Rasi: 16.5	Tithi 2 – 3	Yama 10:24AM – 11:19AM	Vajra* Until 12:06AM Wed	Muruga: Clear	<i>Sunset:</i> 3:57PM	Moon 12 - Phase 37
	893973366	Rahu 2:06PM – 3:02PM	Taitila Until 8:50PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:27AM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Malmö, Sweden Sun 17 Sutra 269 Vilamba 5120
3		Gulika 11:19AM – 12:15PM	Dhanishtha Until 10:22PM	Ganesh: Red	<i>Sunrise:</i> 8:32AM	
Makara Rasi: 28.37	Tithi 3 – 4	Yama 9:28AM – 10:24AM	Siddhi Until 1:06AM Thu	Muruga: Clear	<i>Sunset:</i> 3:59PM	Moon 12 - Phase 37
	893973366	Rahu 12:15PM – 1:11PM	Vanija Until 11:36PM	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 10:12AM	Moon – Purple		
Until 10:22PM				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti* Karana Chaturthi/Panchamyam Titau				Malmö, Sweden Sun 18 Sutra 270 Vilamba 5120
4		Gulika 10:23AM – 11:20AM	Shatabhishak Until 1:16AM Fri	Ganesh: Red	<i>Sunrise:</i> 8:31AM	
Kumbha Rasi: 10.25	Tithi 4 – 5	Yama 8:31AM – 9:27AM	Vyatipata* Until 2:01AM Fri	Muruga: Clear	<i>Sunset:</i> 4:00PM	Moon 12 - Phase 37
	893973366	Rahu 1:12PM – 2:08PM	Visti Until 12:55PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:55PM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Malmö, Sweden Sun 19 Sutra 271 Vilamba 5120
5		Gulika 9:27AM – 10:23AM	Purvaproshtapada* Until 4:14AM Sat	Ganesh: Clear	<i>Sunrise:</i> 8:30AM	
Kumbha Rasi: 22.15	Tithi 5 – 6	Yama 2:09PM – 3:05PM	Variyan Until 2:43AM Sat	Muruga: Clear	<i>Sunset:</i> 4:02PM	Moon 12 - Phase 37
	813973366	Rahu 11:20AM – 12:16PM	Kaulava Until 4:37AM Sat	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:27PM	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Malmö, Sweden Sun 20 Sutra 272 Vilamba 5120
6		Gulika 8:29AM – 9:26AM	Uttaraproshtapada Until 6:37AM Sun	Ganesh: Clear	<i>Sunrise:</i> 8:29AM	
Meena Rasi: 4.12	Tithi 6 – 7	Yama 1:13PM – 2:10PM	Parigha* Until 3:06AM Sun	Muruga: Clear	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 37
	813973366	Rahu 10:23AM – 11:20AM	Gara Until 6:32AM Sun	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 5:37PM	Moon – Clear		
Until 6:37AM Sun				Pausha-Markali	Devaloka Day	
Then Creative Work - Amrita Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Visti* Karana Saptamyam Titau				Malmö, Sweden Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:11PM – 3:08PM	Uttaraproshtapada Until 6:37AM	Ganesh: Clear	<i>Sunrise:</i> 8:28AM	
Meena Rasi: 16.2	Tithi 7	Yama 12:17PM – 1:14PM	Shiva Until 6:37AM	Muruga: Clear	<i>Sunset:</i> 4:05PM	Moon 12 - Phase 37
	813973366	Rahu 3:08PM – 4:05PM	Gara Until 6:32AM	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 7:15PM	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:15PM – 2:12PM	Revati Until 8:18PM Tue	Ganesh: Clear	<i>Sunrise:</i> 8:28AM	
Meena Rasi: 28.44	Tithi 8	Yama 11:20AM – 12:17PM	Siddha Until 2:23AM Tue	Muruga: Clear	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 9:25AM – 10:22AM	Visti Until 7:49AM	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:10PM	Moon – Clear		
		Thai Pongal		Pausha-Thai	Devaloka Day	

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Bharani Nakshatra Sadhya Yoga Balava/Taitila Karana Navamyam Titau				Malmö, Sweden Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:18PM – 1:15PM	Revati Until 8:18PM	Ganesh: Purple	<i>Sunrise:</i> 8:27AM	
Mesha Rasi: 11.28	Tithi 9	Yama 10:22AM – 11:20AM	Sadhya Until 9:28AM	Muruga: Clear	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 37
	823973366	Rahu 2:13PM – 3:11PM	Balava Until 8:21AM	Nataraja: Green		Navami
Creative Work	Siddha Yoga		Navami* Until 8:18PM	Moon – White		
				Pausha-Thai	Sivaloka Day	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


1	Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Malmö, Sweden Sun 24 Sutra 276 Vilamba 5120
	Mesha Rasi: 24.35	Tithi 10	Gulika 11:20AM – 12:18PM Yama 9:24AM – 10:22AM 833173366 Rahu 12:18PM – 1:16PM	Bharani Until 9:43AM Subha Until 11:15PM Taitila Until 6:57AM Thu Dashami Until 1:08AM Wed	Ganesh: Blue Muruga: Clear Nataraja: Green Moon – White Pausha*Thai	<i>Sunrise:</i> 8:25AM <i>Sunset:</i> 4:11PM	Moon 12 - Phase 38 4th Phase Sivaloka Day
	Creative Work Siddha Yoga Until 9:43AM Then Creative Work - Amrita Yoga						

2	Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Bava Karana Ekadashyam Titau				Malmö, Sweden Sun 25 Sutra 277 Vilamba 5120
	Vrishabha Rasi: 8.09	Tithi 11	Gulika 10:21AM – 11:20AM Yama 8:24AM – 9:23AM 833173366 Rahu 1:17PM – 2:15PM	Krittika Until 9:02AM Sukla Until 9:02AM Vanija Until 6:57AM Ekadashi Until 6:05PM	Ganesh: Blue Muruga: Clear Nataraja: Green Moon – White Pausha*Thai	<i>Sunrise:</i> 8:24AM <i>Sunset:</i> 4:12PM	Moon 12 - Phase 38 4th Phase Sivaloka Day
	Routine Work Marana Yoga						

3	Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden Sun 26 Sutra 278 Vilamba 5120
	Vrishabha Rasi: 22.11	Tithi 12 – 13	Gulika 9:22AM – 10:21AM Yama 2:16PM – 3:15PM 833173366 Rahu 11:20AM – 12:19PM	Rohini Until 7:54AM Brahma Until 5:37PM Kaulava Until 2:33AM Sat Dvadashi Until 3:52PM	Ganesh: Yellow Muruga: Clear Nataraja: Green Moon – Yellow Pausha*Thai	<i>Sunrise:</i> 8:23AM <i>Sunset:</i> 4:14PM	Moon 12 - Phase 38 4th Phase Devaloka Day
	Routine Work Marana Yoga Until 7:54AM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>				

4	Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 279 Vilamba 5120
	Mithuna Rasi: 6.4	Tithi 13 – 14	Gulika 8:22AM – 9:21AM Yama 1:18PM – 2:18PM 833173366 Rahu 10:20AM – 11:20AM	Mrigashira Until 9:48AM Sun Indra Until 2:05PM Taitila Until 1:03PM Trayodashi Until 1:03PM	Ganesh: Yellow Muruga: Clear Nataraja: Green Moon – Yellow Pausha*Thai	<i>Sunrise:</i> 8:22AM <i>Sunset:</i> 4:16PM	Moon 12 - Phase 38 4th Phase Devaloka Day
	Creative Work Siddha Yoga						

	Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden Sutra 280 Vilamba 5120
	Copper Retreat Star		Gulika 2:19PM – 3:18PM Yama 12:19PM – 1:19PM 843173366 Rahu 3:18PM – 4:18PM	Mrigashira Until 9:48AM Vaidhriti* Until 5:61AM Mon Visti Until 8:04PM Chaturdashi* Until 9:48AM	Ganesh: White Muruga: Clear Nataraja: Green Moon – Blue Pausha*Thai	<i>Sunrise:</i> 8:21AM <i>Sunset:</i> 4:18PM	Moon 12 - Phase 38 Purnima Sivaloka Day
	Mithuna Rasi: 21.3 Tithi 14 – 15 Creative Work Siddha Yoga						

	Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Malmö, Sweden Sutra 281 Vilamba 5120
	Silver Retreat Star		Gulika 1:20PM – 2:20PM Yama 11:20AM – 12:20PM 843173366 Rahu 9:19AM – 10:19AM	Pushya Until 9:55PM Vishkambha* Until 6:01AM Kaulava Until 2:34AM Tue Purnima* Until 6:15AM	Ganesh: White Muruga: Clear Nataraja: Green Moon – Blue Pausha*Thai	<i>Sunrise:</i> 8:19AM <i>Sunset:</i> 4:20PM	Moon 12 - Phase 38 Prathama Sivaloka Day
	Kataka Rasi: 6.35 Tithi 15 – 16 Family Home Evening Creative Work Siddha Yoga		Total Lunar Eclipse Thai Pusam				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 21.46 Tihi 17

Creative Work Siddha Yoga

Gulika 12:20PM – 1:20PM
Yama 10:19AM – 11:19AM
844173366 **Rahu** 2:21PM – 3:21PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Ashlesha* Until 6:53PM
Ayushman Until 9:32PM
Taitila Until 12:45PM
Dvitiya Until 10:56PM

Ganesha: Clear *Sunrise:* 8:18AM
Muruga: Clear *Sunset:* 4:22PM
Nataraja: Green
Moon – Blue
Pausha*Thai

Malmo, Sweden
Sutra 282
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

1

Wednesday, January 23, 2019

Simha Rasi: 6.54 Tihi 18

Creative Work Siddha Yoga

Until 4:24PM Thu
Then Creative Work - Amrita Yoga

Gulika 11:19AM – 12:20PM
Yama 9:17AM – 10:18AM
854173366 **Rahu** 12:20PM – 1:21PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija Karana Tritiyayam Titau

Magha* Until 4:24PM Thu
Saubhagya Until 5:27PM
Vanija Until 9:12AM
Tritiya Until 7:29PM

Ganesha: Purple *Sunrise:* 8:16AM
Muruga: Clear *Sunset:* 4:24PM
Nataraja: Green
Moon – Red
Pausha*Thai

Malmo, Sweden
Sun 1 Sutra 283
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 21.5 Tihi 19 – 20

Creative Work Siddha Yoga

Gulika 10:18AM – 11:19AM
Yama 8:15AM – 9:16AM
854173366 **Rahu** 1:22PM – 2:23PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Magha* Until 4:24PM
Sobhana Until 9:74AM Fri
Kaulava Until 3:03AM Fri
Chaturthi* Until 4:24PM

Ganesha: Purple *Sunrise:* 8:15AM
Muruga: Clear *Sunset:* 4:26PM
Nataraja: Green
Moon – Red
Pausha*Thai

Malmo, Sweden
Sun 2 Sutra 284
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Kanya Rasi: 6.28 Tihi 20 – 21

Creative Work Siddha Yoga

Until 11:45AM
Then Creative Work - Amrita Yoga

Gulika 9:15AM – 10:17AM
Yama 2:24PM – 3:26PM
954173366 **Rahu** 11:19AM – 12:21PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Uttaraphalguni Until 11:45AM
Athiganda* Until 10:14AM
Gara Until 12:44AM Sat
Panchami Until 1:47PM

Ganesha: Clear *Sunrise:* 8:13AM
Muruga: Clear *Sunset:* 4:28PM
Nataraja: Green
Moon – Red
Pausha*Thai

Malmo, Sweden
Sun 3 Sutra 285
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

4

Saturday, January 26, 2019

Kanya Rasi: 20.41 Tihi 21 – 22

Routine Work Marana Yoga

Gulika 8:12AM – 9:14AM
Yama 1:23PM – 2:25PM
964173366 **Rahu** 10:16AM – 11:19AM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Hasta Until 10:30AM Sun
Sukarma Until 7:18AM
Visti Until 11:04PM
Shashthi* Until 11:48AM

Ganesha: Purple *Sunrise:* 8:12AM
Muruga: Clear *Sunset:* 4:30PM
Nataraja: Green
Moon – Green
Pausha*Thai

Malmo, Sweden
Sun 4 Sutra 286
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Retreat Star

Tula Rasi: 4.29 Tihi 22 – 23

Creative Work Siddha Yoga

Gulika 2:27PM – 3:29PM
Yama 12:21PM – 1:24PM
964173366 **Rahu** 3:29PM – 4:32PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Hasta Until 10:30AM
Shula* Until 2:66AM Mon
Balava Until 10:08PM
Saptami Until 10:30AM

Ganesha: Purple *Sunrise:* 8:10AM
Muruga: Clear *Sunset:* 4:32PM
Nataraja: Green
Moon – Green
Pausha*Thai

Malmo, Sweden
Sun 5 Sutra 287
Vilamba 5120
Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Tula Rasi: 17.52 Tihi 23 – 24

Family Home Evening

Creative Work Amrita Yoga

Until 9:44AM

Then Routine Work - Marana Yoga

Gulika 1:25PM – 2:28PM
Yama 11:18AM – 12:21PM
964173366 **Rahu** 9:12AM – 10:15AM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Svati Until 9:44AM
Ganda* Until 1:52AM Tue
Taitila Until 9:58PM
Ashtami* Until 9:56AM

Ganesha: Purple *Sunrise:* 8:09AM
Muruga: Clear *Sunset:* 4:34PM
Nataraja: Green
Moon – Green
Pausha*Thai

Malmo, Sweden
Sun 6 Sutra 288
Vilamba 5120
Moon 1 - Phase 39
Navami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, January 29, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
Vrischika Rasi: 0.5		Tithi 24 – 25		974173366		Vishakha/Anuradha Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 289 Vilamba 5120	
Routine Work		Marana Yoga		Until 10:40AM		Then Creative Work - Siddha Yoga		Devaloka Day	
		Gulika 12:22PM – 1:25PM		Vishakha Until 10:40AM		Ganesha: Clear Sunrise: 8:07AM			
		Yama 10:14AM – 11:18AM		Vridhhi Until 1:12AM Wed		Muruga: Clear Sunset: 4:36PM		Moon 1 - Phase 40	
		Rahu 2:29PM – 3:33PM		Vanija Until 10:30PM		Nataraja: Green		2nd Phase	
				Navami* Until 10:07AM		Moon – Orange			
						Pausha*Thai			

2		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Vrischika Rasi: 13.29		Tithi 25 – 26		974173366		Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 290 Vilamba 5120	
Creative Work		Siddha Yoga		Until 2:28PM Fri		Then Creative Work - Siddha Yoga		Devaloka Day	
		Gulika 11:18AM – 12:22PM		Anuradha Until 12:06PM		Ganesha: Clear Sunrise: 8:05AM			
		Yama 9:09AM – 10:13AM		Dhruva Until 1:00AM Thu		Muruga: Clear Sunset: 4:38PM		Moon 1 - Phase 40	
		Rahu 12:22PM – 1:26PM		Bava Until 11:42PM		Nataraja: Green		2nd Phase	
				Dashami Until 11:00AM		Moon – Orange			
						Pausha*Thai			

3		Thursday, January 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
Vrischika Rasi: 25.52		Tithi 26 – 27		974173366		Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 291 Vilamba 5120	
Routine Work		Prabalarishta Yoga		Until 2:28PM Fri		Then Creative Work - Siddha Yoga		Devaloka Day	
		Gulika 10:13AM – 11:17AM		Jyeshtha* Until 2:28PM Fri		Ganesha: Clear Sunrise: 8:03AM			
		Yama 8:03AM – 9:08AM		Vyaghata* Until 1:13AM Fri		Muruga: Clear Sunset: 4:40PM		Moon 1 - Phase 40	
		Rahu 1:27PM – 2:31PM		Kaulava Until 1:27AM Fri		Nataraja: Green		2nd Phase	
				Ekadashi* Until 12:30PM		Moon – Orange			
						Pausha*Thai			

4		Friday, February 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
Dhanus Rasi: 8.01		Tithi 27 – 28		984173366		Jyeshtha*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 292 Vilamba 5120	
Creative Work		Amrita Yoga		Until 2:28PM		Then Routine Work - Prabalarishta Yoga		Bhuloka Day	
		Gulika 9:08AM – 10:13AM		Jyeshtha* Until 2:28PM		Ganesha: White Sunrise: 8:03AM			
		Yama 2:31PM – 3:36PM		Harshana Until 1:47AM Sat		Muruga: Clear Sunset: 4:40PM		Moon 1 - Phase 40	
		Rahu 11:17AM – 12:22PM		Gara Until 3:38AM Sat		Nataraja: Green		2nd Phase	
				Dvadashi* Until 2:28PM		Moon – Light Blue			
						Pausha*Thai		Devaloka Time: 12:PM to 3:PM	
								<i>Pradosha Vrata (Fasting)</i>	

5		Saturday, February 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
Dhanus Rasi: 20.01		Tithi 28 – 29		984173366		Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 293 Vilamba 5120	
Creative Work		Siddha Yoga		Until 7:24PM Sun		Then Routine Work - Marana Yoga		Bhuloka Day	
		Gulika 8:02AM – 9:07AM		Purvashadha* Until 7:24PM Sun		Ganesha: White Sunrise: 8:02AM			
		Yama 1:27PM – 2:32PM		Vajra* Until 2:32AM Sun		Muruga: Clear Sunset: 4:42PM		Moon 1 - Phase 40	
		Rahu 10:12AM – 11:17AM		Visti Until 6:06AM Sun		Nataraja: Green		2nd Phase	
				Trayodashi* Until 4:49PM		Moon – Light Blue			
						Pausha*Thai		Devaloka Time: 12:PM to 3:PM	

6		Sunday, February 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Makara Rasi: 1.54		Tithi 29		985173366		Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Visti*/Catuspada* Karana Chaturdashyam Titau		Sun 12 Sutra 294 Vilamba 5120	
Creative Work		Amrita Yoga		Until 10:06PM		Then Creative Work - Siddha Yoga		Devaloka Day	
		Gulika 2:33PM – 3:39PM		Purvashadha* Until 7:24PM		Ganesha: Yellow Sunrise: 8:00AM			
		Yama 12:22PM – 1:28PM		Siddhi Until 10:15PM		Muruga: Clear Sunset: 4:45PM		Moon 1 - Phase 40	
		Rahu 3:39PM – 4:45PM		Visti Until 6:06AM		Nataraja: Green		2nd Phase	
				Chaturdashi* Until 7:24PM		Moon – Light Blue			
						Pausha*Thai			

Monday, February 4, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
Makara Rasi: 13.43		Tithi 30		995173367		Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 295 Vilamba 5120	
Family Home Evening		Creative Work		Amrita Yoga		Until 10:06PM		Then Creative Work - Siddha Yoga	
		Gulika 1:28PM – 2:35PM		Uttarashadha Until 10:06PM		Ganesha: Red Sunrise: 7:58AM			
		Yama 11:16AM – 12:22PM		Vyatipata* Until 3:87AM Tue		Muruga: Clear Sunset: 4:47PM		Moon 1 - Phase 40	
		Rahu 9:04AM – 10:10AM		Catuspada Until 8:46AM		Nataraja: White		Amavasya	
				Amavasya* Until 10:06PM		Moon – Purple			
						Pausha*Thai		Devaloka Day	

Tuesday, February 5, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
Makara Rasi: 25.31		Tithi 1		995173367		Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 296 Vilamba 5120	
Creative Work		Siddha Yoga		Until 10:06PM		Then Creative Work - Siddha Yoga		Devaloka Day	
		Gulika 12:22PM – 1:29PM		Dhanishtha Until 3:25AM Thu Wed		Ganesha: Red Sunrise: 7:56AM			
		Yama 10:09AM – 11:16AM		Variyan Until 5:24AM Wed		Muruga: Clear Sunset: 4:49PM		Moon 1 - Phase 40	
		Rahu 2:36PM – 3:42PM		Kintughna Until 11:29AM		Nataraja: White		Prathama	
				Prathama* Until 12:48AM Wed		Moon – Purple			
						Magha*Thai			

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Balava Karana Dvitiyayam Titau		Malmö, Sweden Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 7.19	Tithi 2	Gulika	11:15AM – 12:23PM	Dhanishtha Until 3:25AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:54AM			
		Yama	9:01AM – 10:08AM	Parigha* Until 6:18AM Thu	Muruga: Clear	<i>Sunset:</i> 4:51PM	Moon 1 - Phase 41		
Creative Work	Siddha Yoga	995173367 Rahu	12:23PM – 1:30PM	Balava Until 2:09PM	Nataraja: White		3rd Phase		
				Dvitiya Until 3:25AM Thu	Moon – Purple			Devaloka Day	
					Magha-Thai				

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trityayam Titau		Malmö, Sweden Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 19.1	Tithi 3	Gulika	10:07AM – 11:15AM	Shatabhishak Until 7:30AM	Ganesha: Red	<i>Sunrise:</i> 7:52AM			
		Yama	7:52AM – 9:00AM	Parigha* Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 4:53PM	Moon 1 - Phase 41		
Creative Work	Siddha Yoga	995173367 Rahu	1:30PM – 2:38PM	Taitila Until 4:40PM	Nataraja: White		3rd Phase		
				Tritiya Until 5:50AM Fri	Moon – Purple			Devaloka Day	
					Magha-Thai				

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthayam Titau		Malmö, Sweden Sun 17 Sutra 299 Vilamba 5120	
Meena Rasi: 1.05	Tithi 4	Gulika	8:58AM – 10:06AM	Purvaproshtapada* Until 10:29AM	Ganesha: Blue	<i>Sunrise:</i> 7:50AM			
		Yama	2:39PM – 3:47PM	Shiva Until 7:03AM	Muruga: Clear	<i>Sunset:</i> 4:55PM	Moon 1 - Phase 41		
Creative Work	Siddha Yoga	915173367 Rahu	11:15AM – 12:23PM	Vanija Until 6:57PM	Nataraja: White		3rd Phase		
				Chaturthi* Until 7:57AM Sat	Moon – Clear			Sivaloka Day	
					Magha-Thai				

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Malmö, Sweden Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 13.07	Tithi 4 – 5	Gulika	7:48AM – 8:57AM	Uttaraproshtapada Until 1:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:48AM			
		Yama	1:31PM – 2:40PM	Siddha Until 1:01PM	Muruga: Clear	<i>Sunset:</i> 4:57PM	Moon 1 - Phase 41		
Creative Work	Siddha Yoga	915173367 Rahu	10:05AM – 11:14AM	Balava Until 9:41AM Sun	Nataraja: White		3rd Phase		
Until 1:01PM				Chaturthi* Until 7:57AM	Moon – Clear			Sivaloka Day	
Then Routine Work - Prabalarishta Yoga					Magha-Thai				

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Malmö, Sweden Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 25.18	Tithi 5 – 6	Gulika	2:41PM – 3:50PM	Revati Until 2:59PM	Ganesha: Red	<i>Sunrise:</i> 7:46AM			
		Yama	12:23PM – 1:32PM	Sadhya Until 2:59PM	Muruga: Clear	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 41		
Creative Work	Amrita Yoga	915273367 Rahu	3:50PM – 5:00PM	Taitila Until 9:83PM	Nataraja: White		3rd Phase		
Until 2:59PM				Panchami Until 7:47AM Sun	Moon – Clear			Devaloka Day	
Then Creative Work - Siddha Yoga					Magha-Thai				

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Malmö, Sweden Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 7.41	Tithi 6 – 7	Gulika	1:32PM – 2:42PM	Ashvini Until 4:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:44AM			
Family Home Evening		Yama	11:13AM – 12:23PM	Subha Until 7:38AM	Muruga: Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 41		
Creative Work	Siddha Yoga	925273367 Rahu	8:54AM – 10:03AM	Gara Until 11:18PM	Nataraja: White		3rd Phase		
				Shashthi* Until 10:54AM	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

Retreat Star		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Malmö, Sweden Sun 21 Sutra 303 Vilamba 5120	
Mesha Rasi: 20.2	Tithi 7 – 8	Gulika	12:23PM – 1:33PM	Bharani Until 5:44PM	Ganesha: Blue	<i>Sunrise:</i> 7:42AM			
		Yama	10:02AM – 11:13AM	Sukla Until 7:00AM	Muruga: Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 41		
Creative Work	Siddha Yoga	925273367 Rahu	2:43PM – 3:54PM	Visti Until 11:32PM	Nataraja: White		Ashtami		
				Saptami Until 11:29AM	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Malmö, Sweden Sun 22 Sutra 304 Vilamba 5120	
Vrisabha Rasi: 3.2	Tithi 8 – 9	Gulika	11:12AM – 12:23PM	Krittika Until 5:52PM	Ganesha: Yellow	<i>Sunrise:</i> 7:40AM			
		Yama	8:50AM – 10:01AM	Indra Until 4:07AM Thu	Muruga: Clear	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 41		
Creative Work	Amrita Yoga	926273367 Rahu	12:23PM – 1:34PM	Balava Until 11:02PM	Nataraja: White		Navami		
Until 5:52PM				Ashtami* Until 11:22AM	Moon – White			Devaloka Day	
Then Creative Work - Siddha Yoga					Magha-Masi				

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
Vrishabha Rasi: 16.43		Tithi 9 – 10		Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Sun 23		Sutra 305	
		Gulika	10:00AM – 11:11AM	Rohini Until 8:49AM Fri	Ganesha: White	Sunrise: 7:38AM			Vilamba 5120
		Yama	7:38AM – 8:49AM	Vaidhriti* Until 5:33PM	Muruga: Clear	Sunset: 5:08PM	Moon 1 - Phase 42		
936273367		Rahu	1:34PM – 2:45PM	Gara Until 8:49AM Fri	Nataraja: White			4th Phase	
Routine Work		Marana Yoga		Navami* Until 10:28AM	Moon – Yellow			Sivaloka Day	
					Magha-Masi				

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
Mithuna Rasi: 0.33		Tithi 10 – 11		Rohini/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Sun 24		Sutra 306	
		Gulika	8:47AM – 9:59AM	Rohini Until 8:49AM	Ganesha: White	Sunrise: 7:35AM			Vilamba 5120
		Yama	2:46PM – 3:58PM	Vishkambha* Until 10:51PM	Muruga: Clear	Sunset: 5:10PM	Moon 1 - Phase 42		
936273367		Rahu	11:11AM – 12:23PM	Vanija Until 7:45PM	Nataraja: White			4th Phase	
Creative Work		Siddha Yoga		Dashami Until 8:49AM	Moon – Yellow			Sivaloka Day	
					Magha-Masi				

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
Mithuna Rasi: 14.49		Tithi 11 – 12		Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 307	
		Gulika	7:33AM – 8:46AM	Ardra Until 2:23PM	Ganesha: White	Sunrise: 7:33AM			Vilamba 5120
		Yama	1:35PM – 2:48PM	Priti Until 7:26PM	Muruga: Clear	Sunset: 5:12PM	Moon 1 - Phase 42		
936273367		Rahu	9:58AM – 11:10AM	Balava Until 3:35AM Sun	Nataraja: White			4th Phase	
Creative Work		Siddha Yoga		Ekadashi Until 6:30AM	Moon – Yellow			Sivaloka Day	
					Magha-Masi				

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Mithuna Rasi: 29.3		Tithi 13		Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 308	
		Gulika	2:49PM – 4:02PM	Punarvasu Until 12:09PM	Ganesha: Clear	Sunrise: 7:31AM			Vilamba 5120
		Yama	12:23PM – 1:36PM	Ayushman Until 3:36PM	Muruga: Clear	Sunset: 5:14PM	Moon 1 - Phase 42		
946273367		Rahu	4:02PM – 5:14PM	Kaulava Until 1:58PM	Nataraja: White			4th Phase	
Creative Work		Siddha Yoga		Trayodashi Until 12:14AM Mon	Moon – Blue			Devaloka Day	
					Magha-Masi				

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
Kataka Rasi: 14.3		Tithi 14		Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 309	
Family Home Evening		Gulika	1:36PM – 2:50PM	Pushya Until 9:24AM	Ganesha: Clear	Sunrise: 7:29AM			Vilamba 5120
946273367		Yama	11:09AM – 12:23PM	Saubhagya Until 11:29AM	Muruga: Clear	Sunset: 5:17PM	Moon 1 - Phase 42		
Creative Work		Rahu	8:42AM – 9:56AM	Gara Until 10:27AM	Nataraja: White			4th Phase	
		Chidambaram Abhishekam		Chaturdashi* Until 8:35PM	Moon – Blue			Devaloka Day	
					Magha-Masi				

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
Copper Retreat Star		Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Sun 28		Sutra 310	
Kataka Rasi: 29.43		Tithi 15 – 16		Ardra/Ashlesha* Until 6:18AM		Ganesha: Clear	Sunrise: 7:26AM	Vilamba 5120	
		Gulika	12:23PM – 1:37PM	Sobhana Until 7:12AM	Muruga: Clear	Sunset: 5:19PM	Moon 1 - Phase 42		
946273367		Yama	9:54AM – 11:09AM	Visti Until 6:43AM	Nataraja: White			Purnima	
Creative Work		Rahu	2:51PM – 4:05PM	Purnima* Until 4:48PM	Moon – Blue			Devaloka Day	
					Magha-Masi				

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Silver Retreat Star		Purvaphalguni Nakshatra Sukarma Yoga Kaulava Karana Prathama/Dvitiyayam Titau				Sun 29		Sutra 311	
Simha Rasi: 14.58		Tithi 16 – 17		Purvaphalguni Until 12:30AM Thu		Ganesha: Clear	Sunrise: 7:24AM	Vilamba 5120	
		Gulika	11:08AM – 12:22PM	Sukarma Until 10:38PM	Muruga: Clear	Sunset: 5:21PM	Moon 1 - Phase 42		
957273367		Yama	8:39AM – 9:53AM	Kaulava Until 1:03PM	Nataraja: White			Prathama	
Creative Work		Rahu	12:22PM – 1:37PM	Prathama* Until 1:03PM	Moon – Red			Devaloka Day	
					Magha-Masi				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 0.06 Tihi 17 - 18

957273367

Gulika 9:52AM - 11:07AM
Yama 7:22AM - 8:37AM
Rahu 1:38PM - 2:53PM

Uttaraphalguni Until 9:46PM
Dhriti Until 6:40PM
Vanija Until 7:53PM
Dvitiya Until 9:30AM

Ganesha: Clear *Sunrise:* 7:22AM
Muruga: Clear *Sunset:* 5:23PM
Nataraja: White
Moon - Red
Magha-Masi

Devaloka Day

Until 9:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 14.58 Tihi 18 - 19

967273367

Gulika 8:35AM - 9:51AM
Yama 2:54PM - 4:09PM
Rahu 11:07AM - 12:22PM

Hasta Until 7:47PM
Shula* Until 3:01PM
Balava Until 3:41AM Sat
Tritiya Until 6:20AM

Ganesha: White *Sunrise:* 7:19AM
Muruga: Clear *Sunset:* 5:25PM
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 7:47PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 29.26 Tihi 20

967273367

Gulika 7:17AM - 8:33AM
Yama 1:38PM - 2:55PM
Rahu 9:50AM - 11:06AM

Chitra Until 6:16PM
Ganda* Until 6:16PM
Kaulava Until 2:38PM
Panchami Until 1:43AM Sun

Ganesha: White *Sunrise:* 7:17AM
Muruga: Clear *Sunset:* 5:27PM
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 6:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 13.26 Tihi 21

967273367

Gulika 2:56PM - 4:12PM
Yama 12:22PM - 1:39PM
Rahu 4:12PM - 5:29PM

Svati Until 5:21PM
Vridhi Until 9:20AM
Gara Until 1:03PM
Shashthi* Until 12:33AM Mon

Ganesha: White *Sunrise:* 7:15AM
Muruga: Clear *Sunset:* 5:29PM
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 5:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 26.58 Tihi 22

977273367

Gulika 1:39PM - 2:57PM
Yama 11:04AM - 12:22PM
Rahu 8:30AM - 9:47AM

Vishakha Until 5:34PM
Dhruva Until 7:25AM
Visti Until 12:18PM
Saptami Until 12:14AM Tue

Ganesha: Yellow *Sunrise:* 7:12AM
Muruga: Clear *Sunset:* 5:31PM
Nataraja: White
Moon - Orange
Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 5:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 10.02 Tihi 23

977273367

Gulika 12:22PM - 1:40PM
Yama 9:46AM - 11:04AM
Rahu 2:58PM - 4:16PM

Anuradha Until 6:29PM
Vyaghata* Until 6:11AM
Balava Until 12:26PM
Ashtami* Until 12:47AM Wed

Ganesha: Yellow *Sunrise:* 7:10AM
Muruga: Clear *Sunset:* 5:33PM
Nataraja: White
Moon - Orange
Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 6:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

6

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 22.41 Tihi 24

978273367

Gulika 11:03AM - 12:22PM
Yama 8:26AM - 9:45AM
Rahu 12:22PM - 1:40PM

Jyeshtha* Until 8:01PM
Vajra* Until 5:39AM Thu
Taitila Until 1:23PM
Navami* Until 2:08AM Thu

Ganesha: Blue *Sunrise:* 7:08AM
Muruga: Clear *Sunset:* 5:36PM
Nataraja: White
Moon - Orange
Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 8:01PM

Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
Dhanus Rasi: 4.59		Mula* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Sutra 319		Vilamba 5120	
Tihti 25		Gulika	9:43AM – 11:02AM	Mula* Until 10:33PM	Ganesha: Red	<i>Sunrise: 7:05AM</i>			
988273367		Yama	7:05AM – 8:24AM	Siddhi Until 6:09AM Fri	Muruga: Clear	<i>Sunset: 5:38PM</i>	Moon 2 - Phase 44		2nd Phase
Creative Work	Siddha Yoga	Rahu	1:40PM – 3:00PM	Vanija Until 17:19AM Fri	Nataraja: White			Devaloka Day	
				Dashami Until 5:39AM Thu	Moon – Light Blue				
					Magha-Masi				

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
Dhanus Rasi: 17.03		Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 320		Vilamba 5120	
Tihti 26		Gulika	8:20AM – 9:41AM	Purvashadha* Until 1:22AM Sat	Ganesha: Red	<i>Sunrise: 7:00AM</i>			
988273367		Yama	3:01PM – 4:22PM	Siddhi Until 6:09AM	Muruga: Clear	<i>Sunset: 5:42PM</i>	Moon 2 - Phase 44		2nd Phase
Routine Work	Prabalarishta Yoga	Rahu	11:01AM – 12:21PM	Bava Until 5:19PM	Nataraja: White			Devaloka Day	
Until 1:22AM Sat				Ekadashi* Until 6:34AM Sat	Moon – Light Blue				
Then Routine Work - Marana Yoga					Magha-Masi				

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
Dhanus Rasi: 28.56		Uttarashadha Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 321		Vilamba 5120	
Tihti 26 – 27		Gulika	6:58AM – 8:19AM	Uttarashadha Until 4:19AM Sun	Ganesha: Red	<i>Sunrise: 6:58AM</i>			
988273367		Yama	1:42PM – 3:02PM	Vyatipata* Until 6:59AM	Muruga: Clear	<i>Sunset: 5:44PM</i>	Moon 2 - Phase 44		2nd Phase
Routine Work	Marana Yoga	Rahu	9:39AM – 11:00AM	Kaulava Until 7:55PM	Nataraja: White			Devaloka Day	
Until 4:19AM Sun				Ekadashi* Until 6:34AM	Moon – Light Blue				
Then Creative Work - Amrita Yoga					Magha-Masi				

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Makara Rasi: 10.44		Shravana Nakshatra Varyan/Parigha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 322		Vilamba 5120	
Tihti 27 – 28		Gulika	3:03PM – 4:25PM	Shravana Until 7:40AM Mon	Ganesha: Yellow	<i>Sunrise: 6:55AM</i>			
988273367		Yama	12:21PM – 1:42PM	Varyan Until 7:58AM	Muruga: Clear	<i>Sunset: 5:46PM</i>	Moon 2 - Phase 44		2nd Phase
Creative Work	Amrita Yoga	Rahu	4:25PM – 5:46PM	Gara Until 10:39PM	Nataraja: White			Devaloka Day	
Until 7:40AM Mon				Dvadashi* Until 9:15AM	Moon – Purple				
Then Creative Work - Siddha Yoga					Magha-Masi				
				<i>Pradosha Vrata (Fasting)</i>					

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
Makara Rasi: 22.3		Shravana/Dhanishtha Nakshatra Parigha* Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 323		Vilamba 5120	
Tihti 28 – 29		Gulika	1:42PM – 3:04PM	Shravana Until 7:40AM	Ganesha: Yellow	<i>Sunrise: 6:53AM</i>			
988273367		Yama	10:59AM – 12:20PM	Parigha* Until 9:02AM	Muruga: Clear	<i>Sunset: 5:48PM</i>	Moon 2 - Phase 44		2nd Phase
Family Home Evening		Rahu	8:15AM – 9:37AM	Visli Until 1:22AM Tue	Nataraja: White			Devaloka Day	
Creative Work	Amrita Yoga			Trayodashi* Until 7:58AM	Moon – Purple				
Until 7:40AM					Magha-Masi				
Then Creative Work - Siddha Yoga									
				Mahasivaratri (Lunar)					
				Mahasivaratri (Solar)					

●		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
Retreat Star		Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 324		Vilamba 5120	
Kumbha Rasi: 4.17		Gulika	12:20PM – 1:43PM	Dhanishtha Until 10:47AM	Ganesha: Clear	<i>Sunrise: 6:50AM</i>			
Tihti 29 – 30		Yama	9:35AM – 10:58AM	Shiva Until 10:03AM	Muruga: Clear	<i>Sunset: 5:50PM</i>	Moon 2 - Phase 44		Amavasya
988273367		Rahu	3:05PM – 4:28PM	Catuspada Until 3:56AM Wed	Nataraja: White			Devaloka Day	
Creative Work	Siddha Yoga			Chaturdashi* Until 2:39PM	Moon – Purple				
Until 10:47AM					Magha-Masi				
Then Routine Work - Marana Yoga									

●		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Retreat Star		Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 325		Vilamba 5120	
Kumbha Rasi: 16.09		Gulika	10:57AM – 12:20PM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise: 6:48AM</i>			
Tihti 30 – 1		Yama	8:11AM – 9:34AM	Siddha Until 10:53AM	Muruga: Clear	<i>Sunset: 5:52PM</i>	Moon 2 - Phase 44		Prathama
988273367		Rahu	12:20PM – 1:43PM	Kintughna Until 6:14AM Thu	Nataraja: White			Devaloka Day	
Creative Work	Siddha Yoga			Amavasya* Until 5:06PM	Moon – Purple				
Until 1:33PM					Phalguna-Masi				
Then Creative Work - Amrita Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Malmö, Sweden Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 28.07	Tithi 1	Gulika Yama	9:33AM – 10:56AM 6:45AM – 8:09AM	Purvaproshtapada* Until 4:24PM Sadhya Until 11:32AM Kintughna Until 6:14AM Prathama* Until 7:15PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:45AM Sunset: 5:54PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	119373367	Rahu 1:43PM – 3:07PM				Devaloka Day
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava Karana Dvitiyayam Titau		Malmö, Sweden Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 10.11	Tithi 2	Gulika Yama	8:07AM – 9:31AM 3:08PM – 4:32PM	Uttaraproshtapada Until 6:46PM Subha Until 11:58AM Balava Until 8:13AM Dvitiya Until 9:04PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:43AM Sunset: 5:56PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	119373367	Rahu 10:55AM – 12:20PM				Devaloka Day
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Visti* Karana Tritiyayam Titau		Malmö, Sweden Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 22.23	Tithi 3	Gulika Yama	6:40AM – 8:05AM 1:44PM – 3:09PM	Revati Until 8:38PM Sukla Until 8:38PM Taitila Until 9:53AM Tritiya Until 10:33PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:40AM Sunset: 5:58PM	Moon 2 - Phase 45 3rd Phase
Routine Work	Prabalarishta Yoga	119373367	Rahu 9:30AM – 10:55AM				Devaloka Day
Until 8:38PM							
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day				
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau		Malmö, Sweden Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 4.45	Tithi 4	Gulika Yama	3:10PM – 4:35PM 12:19PM – 1:44PM	Ashvini Until 12:16AM Tue Mo Brahma Until 11:59AM Vanija Until 11:09AM Chaturthi* Until 11:38PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White	Sunrise: 6:38AM Sunset: 6:00PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	129373367	Rahu 4:35PM – 6:00PM				Devaloka Day
Until 12:16AM Tue Mo							
Then Routine Work - Prabalarishta Yoga							
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Malmö, Sweden Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 17.17	Tithi 5	Gulika Yama	1:45PM – 3:11PM 10:53AM – 12:19PM	Ashvini Until 12:16AM Tue Indra Until 10:45AM Tue Bava Until 12:01PM Panchami Until 12:16AM Tue	Ganesha: Red Muruga: Clear Nataraja: White Moon – White	Sunrise: 6:35AM Sunset: 6:02PM	Moon 2 - Phase 45 3rd Phase
Family Home Evening		129373367	Rahu 8:01AM – 9:27AM				Devaloka Day
Creative Work	Siddha Yoga						
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Malmö, Sweden Sun 20 Sutra 331 Vilamba 5120	
Vrishabha Rasi: 0.02	Tithi 6	Gulika Yama	12:18PM – 1:45PM 9:26AM – 10:52AM	Krittika Until 12:17AM Wed Vaidhriti* Until 10:45AM Kaulava Until 12:25PM Shashthi* Until 12:24AM Wed	Ganesha: Red Muruga: Clear Nataraja: White Moon – White	Sunrise: 6:33AM Sunset: 6:04PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	129373367	Rahu 3:11PM – 4:38PM				Devaloka Day
Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau		Malmö, Sweden Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 13.01	Tithi 7	Gulika Yama	10:51AM – 12:18PM 7:57AM – 9:24AM	Rohini Until 12:39AM Thu Vishkambha* Until 9:33AM Gara Until 12:17PM Saptami Until 11:59PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow	Sunrise: 6:30AM Sunset: 6:06PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	131373367	Rahu 12:18PM – 1:45PM				Sivaloka Day
Until 12:39AM Thu							
Then Routine Work - Marana Yoga							
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau		Malmö, Sweden Sun 22 Sutra 333 Vilamba 5120	
Vrishabha Rasi: 26.19	Tithi 8	Gulika Yama	9:23AM – 10:50AM 6:28AM – 7:55AM	Mrigashira Until 9:17PM Fri Priti Until 7:54AM Visti Until 11:33AM Ashtami* Until 10:56PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow	Sunrise: 6:28AM Sunset: 6:08PM	Moon 2 - Phase 45 Ashtami
Routine Work	Marana Yoga	131373367	Rahu 1:46PM – 3:13PM				Sivaloka Day
Until 9:17PM Fri							
Then Creative Work - Siddha Yoga							
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Malmö, Sweden Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 9.57	Tithi 9	Gulika Yama	7:53AM – 9:21AM 3:14PM – 4:42PM	Mrigashira Until 9:17PM Saubhagya Until 2:65AM Sat Balava Until 10:12AM Navami* Until 9:17PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:25AM Sunset: 6:10PM	Moon 2 - Phase 45 Navami
Creative Work	Siddha Yoga	131373368	Rahu 10:49AM – 12:18PM				Subha Sivaloka Day
			Karadaiyan Nombu (Tamil Nadu)				Phalgun-Panguni


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1		Saturday, March 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
Mithuna Rasi: 23.58		Punarvasu Nakshatra Sobhana Yoga Taitila Karana Dashamyam Titau		Sun 24		Sutra 335		Vilamba 5120	
Tihti 10		Gulika	6:22AM – 7:51AM	Punarvasu Until 9:41PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM			
141373368		Yama	1:46PM – 3:15PM	Sobhana Until 12:00AM Sun	Muruga: Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 46		
Creative Work Siddha Yoga		Rahu	9:20AM – 10:49AM	Taitila Until 8:14AM	Nataraja: Clear			4th Phase	
				Dashami Until 7:02PM	Moon – Blue		Sivaloka Day		
					Phalgunā•Panguni				

2		Sunday, March 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Kataka Rasi: 8.21		Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 336		Vilamba 5120	
Tihti 11 – 12		Gulika	3:16PM – 4:45PM	Pushya Until 7:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM			
141373368		Yama	12:17PM – 1:46PM	Athiganda* Until 8:29PM	Muruga: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 46		
Creative Work Siddha Yoga		Rahu	4:45PM – 6:14PM	Bava Until 2:45AM Mon	Nataraja: Clear			4th Phase	
				Ekadashi Until 4:16PM	Moon – Blue		Sivaloka Day		
					Phalgunā•Panguni				

3		Monday, March 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
Kataka Rasi: 23.04		Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 337		Vilamba 5120	
Tihti 12 – 13		Gulika	1:47PM – 3:17PM	Ashlesha* Until 5:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM			
141373368		Yama	10:47AM – 12:17PM	Sukarma Until 4:40PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46		
Family Home Evening		Rahu	7:47AM – 9:17AM	Kaulava Until 11:26PM	Nataraja: Clear			4th Phase	
Creative Work Siddha Yoga				Dvadashi Until 1:07PM	Moon – Blue		Sivaloka Day		
Until 5:01PM		Yogaswami Mahasamadhi			Phalgunā•Panguni				
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>					

4		Tuesday, March 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
Simha Rasi: 8.01		Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 338		Vilamba 5120	
Tihti 13 – 14		Gulika	12:17PM – 1:47PM	Magha* Until 2:27PM	Ganesha: White	<i>Sunrise:</i> 6:15AM			
151373368		Yama	9:16AM – 10:46AM	Dhriti Until 2:27PM	Muruga: Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46		
Creative Work Siddha Yoga		Rahu	3:17PM – 4:48PM	Visti Until 15:83AM Wed	Nataraja: Clear			4th Phase	
				Trayodashi Until 9:41AM	Moon – Red		Subha Sivaloka Day		
					Phalgunā•Panguni				

		Wednesday, March 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Simha Rasi: 23.05		Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 339		Vilamba 5120	
Tihti 14 – 15		Gulika	10:45AM – 12:16PM	Purvaphalguni Until 11:40AM	Ganesha: White	<i>Sunrise:</i> 6:12AM			
151373368		Yama	7:43AM – 9:14AM	Shula* Until 8:34AM	Muruga: Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46		
Creative Work Amrita Yoga		Rahu	12:16PM – 1:47PM	Bava Until 4:23PM	Nataraja: Clear			Purnima	
		Panguni Uttiram		Chaturdashi* Until 8:34AM Wed	Moon – Red		Subha Sivaloka Day		
		Holi			Phalgunā•Panguni				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Malmö, Sweden			
Kanya Rasi: 8.08		Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 340		Vilamba 5120	
Tihti 16		Gulika	9:13AM – 10:44AM	Uttaraphalguni Until 8:50AM	Ganesha: White	<i>Sunrise:</i> 6:10AM			
151383368		Yama	6:10AM – 7:41AM	Vriddhi Until 12:41AM Fri	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 46		
Amrita Yoga		Rahu	1:48PM – 3:19PM	Balava Until 12:57PM	Nataraja: Clear			Prathama	
Until 8:50AM				Prathama* Until 11:19PM	Moon – Red		Sivaloka Day		
Then Routine Work - Marana Yoga					Phalgunā•Panguni				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Tailila Karana Dvitiyayam Titau

Malmö, Sweden

Sun 1 Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 22.59

Tihti 17

161383368

Gulika

7:39AM - 9:11AM

Hasta Until 6:33AM

Ganesha: Yellow

Sunrise: 6:07AM

Yama

3:20PM - 4:52PM

Dhruva Until 6:33AM

Muruga: White

Sunset: 6:24PM

Rahu

10:43AM - 12:16PM

Tailila Until 9:49AM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Panguni

Creative Work Amrita Yoga

Until 6:33AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Vanija/Bava Karana Tritiyayam Titau

Malmö, Sweden

Sun 2 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 7.31

Tihti 18

162383368

Gulika

6:04AM - 7:37AM

Svati Until 3:02AM Sun

Ganesha: Blue

Sunrise: 6:04AM

Yama

1:48PM - 3:21PM

Vyaghata* Until 3:02AM Sun

Muruga: White

Sunset: 6:26PM

Rahu

9:10AM - 10:43AM

Vanija Until 7:09AM

Nataraja: Clear

Moon - Green

Bhuloka Day

Phalguna-Panguni

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 3:02AM Sun

Then Routine Work - Marana Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 21.38

Tihti 19 - 20

172383368

Gulika

3:22PM - 4:55PM

Vishakha Until 3:29PM Mon

Ganesha: Red

Sunrise: 6:02AM

Yama

12:15PM - 1:48PM

Harshana Until 3:33PM

Muruga: White

Sunset: 6:28PM

Rahu

4:55PM - 6:28PM

Kaulava Until 3:50AM Mon

Nataraja: Clear

Moon - Orange

Devaloka Day

Phalguna-Panguni

Routine Work Marana Yoga

Until 3:29PM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden

Sun 4 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 5.16

Tihti 20 - 21

172383368

Gulika

1:49PM - 3:22PM

Vishakha Until 3:29PM

Ganesha: Red

Sunrise: 5:59AM

Yama

10:41AM - 12:15PM

Vajra* Until 12:31AM Tue

Muruga: White

Sunset: 6:30PM

Rahu

7:33AM - 9:07AM

Gara Until 3:24AM Tue

Nataraja: Clear

Moon - Orange

Devaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Family Home Evening

Until 3:29PM Mon

Then Creative Work - Siddha Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Vistil* Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 18.26

Tihti 21 - 22

172383368

Gulika

12:14PM - 1:49PM

Anuradha Until 3:30PM

Ganesha: Red

Sunrise: 5:57AM

Yama

9:06AM - 10:40AM

Siddhi Until 11:62AM Wed

Muruga: White

Sunset: 6:32PM

Rahu

3:23PM - 4:58PM

Vistil Until 3:52AM Wed

Nataraja: Clear

Moon - Orange

Devaloka Day

Phalguna-Panguni

Routine Work Marana Yoga

Until 3:30PM

Then Creative Work - Amrita Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Dhanus Rasi: 1.09

Tihti 22 - 23

182383368

Gulika

10:39AM - 12:14PM

Mula* Until 5:38AM Thu

Ganesha: Green

Sunrise: 5:54AM

Yama

7:29AM - 9:04AM

Vyatipata* Until 12:02PM

Muruga: White

Sunset: 6:34PM

Rahu

12:14PM - 1:49PM

Balava Until 5:10AM Thu

Nataraja: Clear

Moon - Light Blue

Bhuloka Day

Phalguna-Panguni

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 5:38AM Thu

Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam Titau

Malmö, Sweden

Sun 7 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 13.3

Tihti 23

182383368

Gulika

9:03AM - 10:38AM

Purvashadha* Until 8:10AM Fri

Ganesha: Green

Sunrise: 5:51AM

Yama

5:51AM - 7:27AM

Variyan Until 12:09PM

Muruga: White

Sunset: 6:36PM

Rahu

1:49PM - 3:25PM

Kaulava Until 6:04PM

Nataraja: Clear

Moon - Light Blue

Bhuloka Day

Phalguna-Panguni

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:10AM Fri

Then Routine Work - Marana Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 8 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 25.35

Tihti 24

182383468

Gulika

7:25AM - 9:01AM

Purvashadha* Until 8:10AM

Ganesha: Green

Sunrise: 5:49AM

Yama

3:26PM - 5:02PM

Parigha* Until 12:45PM

Muruga: Yellow

Sunset: 6:38PM

Rahu

10:37AM - 12:14PM

Tailila Until 7:09AM

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Phalguna-Panguni

Routine Work Prabalarishta Yoga

Until 8:10AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantā Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Balava Karana Dashamyam Titau	Malmö, Sweden
Makara Rasi: 7.28	Tithi 25	Gulika	5:46AM – 7:23AM	Uttarashadha Until 10:57AM	Ganesha: Green <i>Sunrise:</i> 5:46AM	Sun 9 Sutra 349	
		Yama	1:50PM – 3:27PM	Shiva Until 10:57AM	Muruga: Yellow <i>Sunset:</i> 6:40PM	Vilamba 5120	
		182383468 Rahu	9:00AM – 10:36AM	Vanija Until 9:36AM	Nataraja: Purple	Moon 3 - Phase 48	
Routine Work	Marana Yoga			Dashami Until 10:54PM	Moon – Light Blue	2nd Phase	
Until 10:57AM					Phalgunā•Panguni	Devaloka Day	
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava Karana Ekadashyam Titau	Malmö, Sweden
Makara Rasi: 19.16	Tithi 26	Gulika	3:28PM – 5:05PM	Shravana Until 2:17PM	Ganesha: Orange <i>Sunrise:</i> 5:44AM	Sun 10 Sutra 350	
		Yama	12:13PM – 1:50PM	Siddha Until 2:45PM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Vilamba 5120	
		192383468 Rahu	5:05PM – 6:42PM	Bava Until 12:17PM	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Amrita Yoga			Ekadashi* Until 1:36AM Mon	Moon – Purple	2nd Phase	
Until 2:17PM					Phalgunā•Panguni	Sivaloka Day	
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Malmö, Sweden
Kumbha Rasi: 1.02	Tithi 27	Gulika	1:50PM – 3:28PM	Dhanishtha Until 5:25PM	Ganesha: Green <i>Sunrise:</i> 5:44AM	Sun 11 Sutra 351	
Family Home Evening		Yama	10:36AM – 12:13PM	Sadhya Until 3:47PM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Vilamba 5120	
		192483468 Rahu	7:21AM – 8:58AM	Kaulava Until 2:56PM	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Dvadashi* Until 4:11AM Tue	Moon – Purple	2nd Phase	
					Phalgunā•Panguni	Subha Sivaloka Day	

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau	Malmö, Sweden
Kumbha Rasi: 12.52	Tithi 28	Gulika	12:13PM – 1:50PM	Shatabhishak Until 8:10PM	Ganesha: Green <i>Sunrise:</i> 5:41AM	Sun 12 Sutra 352	
		Yama	8:57AM – 10:35AM	Subha Until 4:41PM	Muruga: Yellow <i>Sunset:</i> 6:44PM	Vilamba 5120	
		192483468 Rahu	3:28PM – 5:06PM	Gara Until 5:23PM	Nataraja: Purple	Moon 3 - Phase 48	
Routine Work	Marana Yoga			Trayodashi* Until 6:28AM Wed	Moon – Purple	2nd Phase	
					Phalgunā•Panguni	Subha Sivaloka Day	
						<i>Pradosha Vrata (Fasting)</i>	

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Malmö, Sweden
Kumbha Rasi: 24.49	Tithi 28 – 29	Gulika	10:34AM – 12:12PM	Purvaproshtapada* Until 10:55PM	Ganesha: Orange <i>Sunrise:</i> 5:39AM	Sun 13 Sutra 353	
		Yama	7:17AM – 8:55AM	Sukla Until 5:17PM	Muruga: Yellow <i>Sunset:</i> 6:46PM	Vilamba 5120	
		112483468 Rahu	12:12PM – 1:51PM	Visli Until 7:30PM	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Amrita Yoga			Trayodashi* Until 6:28AM	Moon – Clear	2nd Phase	
Until 10:55PM					Phalgunā•Panguni	Sivaloka Day	
Then Creative Work - Siddha Yoga							

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Malmö, Sweden
Retreat Star		Gulika	8:54AM – 10:33AM	Uttaraproshtapada Until 1:06AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:36AM	Sun 14 Sutra 354	
Meena Rasi: 6.55	Tithi 29 – 30	Yama	5:36AM – 7:15AM	Brahma Until 5:36PM	Muruga: Yellow <i>Sunset:</i> 6:48PM	Vilamba 5120	
		112483468 Rahu	1:51PM – 3:30PM	Catuspada Until 9:11PM	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Chaturdashi* Until 8:22AM	Moon – Clear	Amavasya	
					Phalgunā•Panguni	Sivaloka Day	

Friday, April 5, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Malmö, Sweden
Meena Rasi: 19.11	Tithi 30 – 1	Gulika	7:13AM – 8:53AM	Revati Until 10:54AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:33AM	Sun 15 Sutra 355	
		Yama	3:31PM – 5:10PM	Indra Until 5:37PM	Muruga: Yellow <i>Sunset:</i> 6:50PM	Vilamba 5120	
		112483468 Rahu	10:32AM – 12:12PM	Kintughna Until 10:27PM	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Amavasya* Until 9:51AM	Moon – Clear	Prathama	
		Yugadhi			Chaitra•Panguni	Sivaloka Day	

1 Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden
Mesha Rasi: 1.38	Tithi 1 – 2	Gulika 5:31AM – 7:11AM	Revati Until 10:54AM	Ganesh: Purple	<i>Sunrise:</i> 5:31AM	Sun 16 Sutra 356
		Yama 1:52PM – 3:32PM	Vaidhriti* Until 16:36AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:52PM	Vilamba 5120
Creative Work	Siddha Yoga	123483468 Rahu 8:51AM – 10:31AM	Bava Until 10:54AM	Nataraja: Purple		Moon 3 - Phase 49
				Moon – White		3rd Phase
		Chellappaswami Mahasamadhi	Prathama* Until 10:54AM	Chaitra•Panguni		Devaloka Day

2 Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden
Mesha Rasi: 14.16	Tithi 2 – 3	Gulika 3:33PM – 5:13PM	Bharani Until 5:12AM Mon	Ganesh: Purple	<i>Sunrise:</i> 5:28AM	Sun 17 Sutra 357
		Yama 12:11PM – 1:52PM	Vishkambha* Until 4:36PM	Muruga: Yellow	<i>Sunset:</i> 6:54PM	Vilamba 5120
Routine Work	Prabalarishta Yoga	123483468 Rahu 5:13PM – 6:54PM	Taitila Until 11:42PM	Nataraja: Purple		Moon 3 - Phase 49
Until 5:12AM Mon				Moon – White		3rd Phase
Then Routine Work - Marana Yoga			Dvitiya Until 11:31AM	Chaitra•Panguni		Devaloka Day

3 Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Bava Karana Tritiya/Chaturthyam Titau				Malmö, Sweden
Mesha Rasi: 27.05	Tithi 3 – 4	Gulika 1:52PM – 3:33PM	Krittika Until 5:39AM Tue	Ganesh: Purple	<i>Sunrise:</i> 5:26AM	Sun 18 Sutra 358
Family Home Evening		Yama 10:30AM – 12:11PM	Priti Until 5:39AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:56PM	Vilamba 5120
Routine Work	Marana Yoga	123483468 Rahu 7:07AM – 8:48AM	Bava Until 23:26AM Tue	Nataraja: Purple		Moon 3 - Phase 49
Until 5:39AM Tue				Moon – White		3rd Phase
Then Creative Work - Amrita Yoga			Tritiya Until 11:45AM	Chaitra•Panguni		Devaloka Day

4 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Malmö, Sweden
Vrishabha Rasi: 10.05	Tithi 4 – 5	Gulika 12:11PM – 1:52PM	Rohini Until 6:03AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:23AM	Sun 19 Sutra 359
		Yama 8:47AM – 10:29AM	Ayushman Until 2:25PM	Muruga: Yellow	<i>Sunset:</i> 6:58PM	Vilamba 5120
Creative Work	Amrita Yoga	123483468 Rahu 3:34PM – 5:16PM	Bava Until 11:26PM	Nataraja: Purple		Moon 3 - Phase 49
Until 6:03AM Wed				Moon – Yellow		3rd Phase
Then Creative Work - Siddha Yoga			Chaturthi* Until 11:37AM	Chaitra•Panguni		Sivaloka Day

5 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Malmö, Sweden
Vrishabha Rasi: 23.17	Tithi 5 – 6	Gulika 10:28AM – 12:10PM	Rohini Until 10:14AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:21AM	Sun 20 Sutra 360
		Yama 7:03AM – 8:45AM	Saubhagya Until 12:53PM	Muruga: Yellow	<i>Sunset:</i> 7:00PM	Vilamba 5120
Creative Work	Siddha Yoga	123483468 Rahu 12:10PM – 1:53PM	Kaulava Until 10:44PM	Nataraja: Purple		Moon 3 - Phase 49
				Moon – Yellow		3rd Phase
			Panchami Until 11:07AM	Chaitra•Panguni		Sivaloka Day

6 Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Shashthi/Saptamyam Titau				Malmö, Sweden
Mithuna Rasi: 6.41	Tithi 6 – 7	Gulika 8:44AM – 10:27AM	Rohini Until 10:14AM	Ganesh: Clear	<i>Sunrise:</i> 5:18AM	Sun 21 Sutra 361
		Yama 5:18AM – 7:01AM	Sobhana Until 8:53AM Fri	Muruga: Yellow	<i>Sunset:</i> 7:02PM	Vilamba 5120
Routine Work	Marana Yoga	123483468 Rahu 1:53PM – 3:36PM	Taitila Until 10:14AM	Nataraja: Purple		Moon 3 - Phase 49
Until 10:14AM				Moon – Yellow		3rd Phase
Then Creative Work - Amrita Yoga			Shashthi* Until 10:14AM	Chaitra•Panguni		Sivaloka Day

Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Malmö, Sweden
Retreat Star		Gulika 6:59AM – 8:43AM	Punarvasu Until 4:29AM Sat	Ganesh: White	<i>Sunrise:</i> 5:16AM	Sun 22 Sutra 362
Mithuna Rasi: 20.19	Tithi 7 – 8	Yama 3:37PM – 5:20PM	Athiganda* Until 8:53AM	Muruga: Yellow	<i>Sunset:</i> 7:04PM	Vilamba 5120
		143483468 Rahu 10:26AM – 12:10PM	Visti Until 8:08PM	Nataraja: Purple		Moon 3 - Phase 49
Creative Work	Siddha Yoga			Moon – Blue		Ashtami
			Saptami Until 8:56AM	Chaitra•Panguni		Devaloka Day

Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava Karana Ashtami/Navamyam Titau				Malmö, Sweden
Retreat Star		Gulika 5:13AM – 6:57AM	Pushya Until 3:09AM Sun	Ganesh: White	<i>Sunrise:</i> 5:13AM	Sun 23 Sutra 363
Kataka Rasi: 4.12	Tithi 8 – 9	Yama 1:54PM – 3:38PM	Sukarma Until 3:09AM Sun	Muruga: Yellow	<i>Sunset:</i> 7:06PM	Vilamba 5120
		143483468 Rahu 8:41AM – 10:25AM	Bava Until 7:13AM	Nataraja: Purple		Moon 3 - Phase 49
Creative Work	Siddha Yoga			Moon – Blue		Navami
		Sri Rama Navami	Ashtami* Until 7:13AM	Chaitra•Panguni		Devaloka Day

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Malmö, Sweden	
Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 364		Vikarin 5121		
Kataka Rasi: 18.21	Tithi 10	Gulika 3:39PM – 5:23PM	Ashlesha* Until 1:19AM Mon	Ganesha: White <i>Sunrise:</i> 5:11AM		
		Yama 12:09PM – 1:54PM	Shula* Until 1:19AM Mon	Muruga: Yellow <i>Sunset:</i> 7:08PM	Moon 3 - Phase 1	
	143483468	Rahu 5:23PM – 7:08PM	Taitila Until 3:55PM	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga				Moon – Blue	Devaloka Day	
Until 1:19AM Mon		Tamil New Year	Dashami Until 2:37AM Mon	Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam			Malmö, Sweden	
Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25 Sutra 1		Vikarin 5121		
Simha Rasi: 2.44	Tithi 11	Gulika 1:54PM – 3:39PM	Magha* Until 11:27PM	Ganesha: White <i>Sunrise:</i> 5:08AM		
Family Home Evening		Yama 10:24AM – 12:09PM	Ganda* Until 9:05PM	Muruga: Yellow <i>Sunset:</i> 7:10PM	Moon 3 - Phase 1	
	253483468	Rahu 6:53AM – 8:39AM	Vanija Until 1:16PM	Nataraja: Purple	4th Phase	
Routine Work Marana Yoga				Moon – Red	Devaloka Day	
Until 11:27PM			Ekadashi Until 11:50PM	Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Malmö, Sweden	
Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26 Sutra 2		Vikarin 5121		
Simha Rasi: 17.19	Tithi 12	Gulika 12:09PM – 1:54PM	Purvaphalguni Until 9:16PM	Ganesha: White <i>Sunrise:</i> 5:06AM		
		Yama 8:37AM – 10:23AM	Vriddhi Until 5:33PM	Muruga: Yellow <i>Sunset:</i> 7:12PM	Moon 3 - Phase 1	
	253483468	Rahu 3:40PM – 5:26PM	Bava Until 6:82AM Wed	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga				Moon – Red	Devaloka Day	
Until 9:16PM			Dvadashi Until 9:05PM	Chaitra•Chaitra		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Malmö, Sweden	
Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 3		Vikarin 5121		
Kanya Rasi: 2.01	Tithi 13 – 14	Gulika 10:22AM – 12:08PM	Uttaraphalguni Until 6:53PM	Ganesha: White <i>Sunrise:</i> 5:03AM		
		Yama 6:49AM – 8:36AM	Dhruva Until 1:56PM	Muruga: Yellow <i>Sunset:</i> 7:14PM	Moon 3 - Phase 1	
	253483468	Rahu 12:08PM – 1:55PM	Kaulava Until 7:22AM	Nataraja: Purple	4th Phase	
Creative Work Amrita Yoga				Moon – Red	Devaloka Day	
Until 6:53PM			Trayodashi Until 5:50PM	Chaitra•Chaitra		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

○ Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Malmö, Sweden	
Copper Retreat Star		Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 4		
Kanya Rasi: 16.42	Tithi 14 – 15	Gulika 8:34AM – 10:21AM	Hasta Until 12:09PM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:01AM	Vikarin 5121	
		Yama 5:01AM – 6:48AM	Vyaghata* Until 10:22AM	Muruga: Yellow <i>Sunset:</i> 7:16PM	Moon 3 - Phase 1	
	263483468	Rahu 1:55PM – 3:42PM	Visti Until 1:30AM Fri	Nataraja: Purple	Purnima	
Routine Work Marana Yoga				Moon – Green	Sivaloka Day	
Until 12:09PM Fri		Chitra Purnima (Tamil Nadu)	Chaturdashi* Until 2:53PM	Chaitra•Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam			Malmö, Sweden	
Silver Retreat Star		Hasta/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29 Sutra 5		
Tula Rasi: 1.17	Tithi 15 – 16	Gulika 6:46AM – 8:33AM	Hasta Until 12:09PM	Ganesha: Yellow <i>Sunrise:</i> 4:58AM	Vikarin 5121	
		Yama 3:43PM – 5:30PM	Harshana Until 3:51AM Sat	Muruga: Yellow <i>Sunset:</i> 7:18PM	Moon 3 - Phase 1	
	263483468	Rahu 10:21AM – 12:08PM	Balava Until 10:57PM	Nataraja: Purple	Prathama	
Creative Work Siddha Yoga				Moon – Green	Sivaloka Day	
			Purnima* Until 12:09PM	Chaitra•Chaitra		