



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia
Sutra 16

Tula Rasi: 29.58 Tiithi 17

Gulika 12:04PM – 1:31PM
Yama 9:11AM – 10:38AM
273832369 **Rahu** 2:58PM – 4:24PM

Vishakha Until 12:23PM
Vyatipata* Until 6:06AM
Taitila Until 3:40PM
Dvitiya Until 4:09AM Wed

Ganesha: Purple *Sunrise:* 6:18AM
Muruga: White *Sunset:* 5:51PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 12:23PM
Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 17

Vrischika Rasi: 12.29 Tiithi 18

Gulika 10:38AM – 12:04PM
Yama 7:44AM – 9:11AM
273832369 **Rahu** 12:04PM – 1:31PM

Anuradha Until 2:05PM
Parigha* Until 5:56AM Thu
Vanija Until 4:49PM
Tritiya Until 5:34AM Thu

Ganesha: Purple *Sunrise:* 6:18AM
Muruga: White *Sunset:* 5:51PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava Karana Chaturthyam Titau

Lusaka, Zambia
Sun 2 Sutra 18

Vrischika Rasi: 24.47 Tiithi 19

Gulika 9:11AM – 10:38AM
Yama 6:18AM – 7:45AM
274832369 **Rahu** 1:31PM – 2:57PM

Jyeshtha* Until 4:08PM
Shiva Until 6:28AM Fri
Bava Until 6:30PM
Chaturthi* Until 7:30AM Fri

Ganesha: Clear *Sunrise:* 6:18AM
Muruga: White *Sunset:* 5:50PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 4:08PM
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 19

Dhanus Rasi: 6.52 Tiithi 19 – 20

Gulika 7:45AM – 9:11AM
Yama 2:57PM – 4:23PM
284832369 **Rahu** 10:38AM – 12:04PM

Mula* Until 6:59PM
Shiva Until 6:28AM
Kaulava Until 8:39PM
Chaturthi* Until 7:30AM

Ganesha: White *Sunrise:* 6:18AM
Muruga: White *Sunset:* 5:50PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:59PM
Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia
Sun 4 Sutra 20

Dhanus Rasi: 18.47 Tiithi 20 – 21

Gulika 6:19AM – 7:45AM
Yama 1:30PM – 2:57PM
284832369 **Rahu** 9:11AM – 10:38AM

Purvashadha* Until 9:59PM
Siddha Until 7:17AM
Gara Until 11:07PM
Panchami Until 9:50AM

Ganesha: White *Sunrise:* 6:19AM
Muruga: White *Sunset:* 5:49PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 9:59PM
Then Routine Work - Marana Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia
Sun 5 Sutra 21

Makara Rasi: 1 Tiithi 21 – 22

Gulika 2:56PM – 4:23PM
Yama 12:04PM – 1:30PM
284832369 **Rahu** 4:23PM – 5:49PM

Uttarashadha Until 12:55AM Mon
Sadhya Until 8:18AM
Visti Until 1:42AM Mon
Shashthi* Until 12:23PM

Ganesha: White *Sunrise:* 6:19AM
Muruga: White *Sunset:* 5:49PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia
Sun 6 Sutra 22

Makara Rasi: 12.25 Tiithi 22 – 23

Family Home Evening

294832369 **Rahu** 7:45AM – 9:11AM

Shravana Until 4:04AM Tue
Subha Until 9:22AM
Balava Until 4:08AM Tue
Saptami Until 2:56PM

Ganesha: Yellow *Sunrise:* 6:19AM
Muruga: White *Sunset:* 5:49PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Until 4:04AM Tue
Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia
Sun 7 Sutra 23

Makara Rasi: 24.17 Tiithi 23 – 24

Gulika 12:04PM – 1:30PM
Yama 9:12AM – 10:38AM
294832369 **Rahu** 2:56PM – 4:22PM

Dhanishtha Until 6:40AM Wed
Sukla Until 10:14AM
Taitila Until 6:10AM Wed
Ashtami* Until 5:12PM

Ganesha: Yellow *Sunrise:* 6:19AM
Muruga: White *Sunset:* 5:48PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

1		Wednesday, May 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Navamyam Titau				Lusaka, Zambia Sun 8 Sutra 24	
Kumbha Rasi: 6.19	Tithi 24	Gulika	10:38AM – 12:04PM	Dhanishtha Until 6:40AM	Ganesh: Yellow	<i>Sunrise:</i> 6:20AM	Vilamba 5120		
		Yama	7:46AM – 9:12AM	Brahma Until 10:46AM	Muruga: White	<i>Sunset:</i> 5:48PM	Moon 4 - Phase 4		
		294832369 Rahu	12:04PM – 1:30PM	Taitila Until 6:10AM	Nataraja: Purple		2nd Phase		
Routine Work	Prabalarishta Yoga			Navami* Until 6:57PM	Moon – Purple		Bhuloka Day		
Until 6:40AM					Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga									

2		Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Lusaka, Zambia Sun 9 Sutra 25	
Kumbha Rasi: 18.36	Tithi 25	Gulika	9:12AM – 10:38AM	Shatabhishak Until 8:30AM	Ganesh: Yellow	<i>Sunrise:</i> 6:20AM	Vilamba 5120		
		Yama	6:20AM – 7:46AM	Indra Until 10:49AM	Muruga: White	<i>Sunset:</i> 5:47PM	Moon 4 - Phase 4		
		294832369 Rahu	1:30PM – 2:56PM	Vanija Until 7:35AM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Dashami Until 8:00PM	Moon – Purple		Bhuloka Day		
					Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM		

3		Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 10 Sutra 26	
Meena Rasi: 1.13	Tithi 26	Gulika	7:46AM – 9:12AM	Purvaproshtapada* Until 9:55AM	Ganesh: Yellow	<i>Sunrise:</i> 6:20AM	Vilamba 5120		
		Yama	2:55PM – 4:21PM	Vaidhriti* Until 10:14AM	Muruga: White	<i>Sunset:</i> 5:47PM	Moon 4 - Phase 4		
		214832369 Rahu	10:38AM – 12:04PM	Bava Until 7:63AM Sat	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Ekadashi* Until 10:49AM	Moon – Clear		Bhuloka Day		
					Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM		

4		Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lusaka, Zambia Sun 11 Sutra 27	
Meena Rasi: 14.14	Tithi 27	Gulika	6:20AM – 7:46AM	Uttaraproshtapada Until 10:22AM	Ganesh: Blue	<i>Sunrise:</i> 6:20AM	Vilamba 5120		
		Yama	1:29PM – 2:55PM	Vishkambha* Until 9:01AM	Muruga: White	<i>Sunset:</i> 5:47PM	Moon 4 - Phase 4		
		214932369 Rahu	9:12AM – 10:38AM	Kaulava Until 8:03AM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Dvadashi* Until 7:39PM	Moon – Clear		Bhuloka Day		
Until 10:22AM					Vaisaka-Chaitra				
Then Routine Work - Prabalarishta Yoga									

5		Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia Sun 12 Sutra 28	
Meena Rasi: 27.41	Tithi 28	Gulika	2:55PM – 4:21PM	Revati Until 9:53AM	Ganesh: Blue	<i>Sunrise:</i> 6:21AM	Vilamba 5120		
		Yama	12:04PM – 1:29PM	Priti Until 7:10AM	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 4		
		214932369 Rahu	4:21PM – 5:46PM	Gara Until 7:05AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Trayodashi* Until 6:18PM	Moon – Clear		Bhuloka Day		
Until 9:53AM					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

6		Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 29	
Mesha Rasi: 11.33	Tithi 29 – 30	Gulika	1:29PM – 2:55PM	Ashvini Until 9:01AM	Ganesh: Blue	<i>Sunrise:</i> 6:21AM	Vilamba 5120		
Family Home Evening		Yama	10:38AM – 12:04PM	Saubhagya Until 1:51AM Tue	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 4		
		224932369 Rahu	7:47AM – 9:12AM	Catuspada Until 3:09AM Tue	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 4:20PM	Moon – White		Bhuloka Day		
					Vaisaka-Chaitra				

Retreat Star		Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia Sun 14 Sutra 30	
Mesha Rasi: 25.47	Tithi 30 – 1	Gulika	12:04PM – 1:29PM	Bharani Until 7:28AM	Ganesh: Blue	<i>Sunrise:</i> 6:21AM	Vilamba 5120		
		Yama	9:12AM – 10:38AM	Sobhana Until 10:37PM	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 4		
		224932369 Rahu	2:55PM – 4:20PM	Kintughna Until 12:29AM Wed	Nataraja: Purple		Amavasya		
Creative Work	Siddha Yoga			Amavasya* Until 1:51PM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi				

Retreat Star		Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 15 Sutra 31	
Vrishabha Rasi: 10.17	Tithi 1 – 2	Gulika	10:38AM – 12:04PM	Rohini Until 3:20AM Thu	Ganesh: Yellow	<i>Sunrise:</i> 6:22AM	Vilamba 5120		
		Yama	7:47AM – 9:13AM	Athiganda* Until 7:08PM	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 4		
		235932369 Rahu	12:04PM – 1:29PM	Balava Until 9:33PM	Nataraja: Purple		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 11:01AM	Moon – Yellow		Bhuloka Day		
Until 3:20AM Thu					Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga									

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1		Thursday, May 17, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Lusaka, Zambia Sun 16 Sutra 32
Vrishabha Rasi: 24.58	Tithi 2 - 3	Gulika 9:13AM - 10:38AM	Mrigashira Until 1:05AM Fri	Ganesh: Yellow <i>Sunrise:</i> 6:22AM		Vilamba 5120	
		Yama 6:22AM - 7:47AM	Sukarma Until 3:34PM	Muruga: White <i>Sunset:</i> 5:45PM		Moon 4 - Phase 5	
		235932369 Rahu 1:29PM - 2:54PM	Taitila Until 6:30PM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 7:08PM	Moon - Yellow	Bhuloka Day		
Until 1:05AM Fri				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga							

2		Friday, May 18, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Lusaka, Zambia Sun 17 Sutra 33
Mithuna Rasi: 9.4	Tithi 4	Gulika 7:48AM - 9:13AM	Ardra Until 10:46PM	Ganesh: Yellow <i>Sunrise:</i> 6:22AM		Vilamba 5120	
		Yama 2:54PM - 4:20PM	Dhriti Until 12:00PM	Muruga: White <i>Sunset:</i> 5:45PM		Moon 4 - Phase 5	
		235932369 Rahu 10:38AM - 12:04PM	Vanija Until 3:29PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 2:00AM Sat	Moon - Yellow	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

3		Saturday, May 19, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau	Lusaka, Zambia Sun 18 Sutra 34
Mithuna Rasi: 24.18	Tithi 5	Gulika 6:22AM - 7:48AM	Punarvasu Until 8:55PM	Ganesh: White <i>Sunrise:</i> 6:22AM		Vilamba 5120	
		Yama 1:29PM - 2:54PM	Shula* Until 8:32AM	Muruga: White <i>Sunset:</i> 5:45PM		Moon 4 - Phase 5	
		245932369 Rahu 9:13AM - 10:38AM	Bava Until 12:37PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 11:15PM	Moon - Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

4		Sunday, May 20, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau	Lusaka, Zambia Sun 19 Sutra 35
Kataka Rasi: 8.47	Tithi 6	Gulika 2:54PM - 4:19PM	Pushya Until 7:13PM	Ganesh: White <i>Sunrise:</i> 6:23AM		Vilamba 5120	
		Yama 12:04PM - 1:29PM	Vriddhi Until 2:17AM Mon	Muruga: White <i>Sunset:</i> 5:45PM		Moon 4 - Phase 5	
		245932369 Rahu 4:19PM - 5:45PM	Kaulava Until 7:43AM Mon	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 8:32AM	Moon - Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

5		Monday, May 21, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau	Lusaka, Zambia Sun 20 Sutra 36
Kataka Rasi: 23.02	Tithi 7	Gulika 1:29PM - 2:54PM	Ashlesha* Until 5:44PM	Ganesh: White <i>Sunrise:</i> 6:23AM		Vilamba 5120	
Family Home Evening		Yama 10:39AM - 12:04PM	Dhruva Until 11:35PM	Muruga: White <i>Sunset:</i> 5:45PM		Moon 4 - Phase 5	
		245932369 Rahu 7:48AM - 9:13AM	Gara Until 7:43AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 6:42PM	Moon - Blue	Devaloka Day		
Until 5:44PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, May 22, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Lusaka, Zambia Sun 21 Sutra 37
Simha Rasi: 7.02	Tithi 8 - 9	Gulika 12:04PM - 1:29PM	Magha* Until 4:55PM	Ganesh: Clear <i>Sunrise:</i> 6:23AM		Vilamba 5120	
		Yama 9:14AM - 10:39AM	Vyaghata* Until 9:13PM	Muruga: White <i>Sunset:</i> 5:44PM		Moon 4 - Phase 5	
		255932369 Rahu 2:54PM - 4:19PM	Balava Until 4:19AM Wed	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 5:00PM	Moon - Red	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

Retreat Star		Wednesday, May 23, 2018				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Lusaka, Zambia Sun 22 Sutra 38
Simha Rasi: 20.47	Tithi 9 - 10	Gulika 10:39AM - 12:04PM	Purvaphalguni Until 4:23PM	Ganesh: Clear <i>Sunrise:</i> 6:24AM		Vilamba 5120	
		Yama 7:49AM - 9:14AM	Harshana Until 7:12PM	Muruga: White <i>Sunset:</i> 5:44PM		Moon 4 - Phase 5	
		255932369 Rahu 12:04PM - 1:29PM	Taitila Until 3:13AM Thu	Nataraja: Purple		Navami	
Creative Work	Amrita Yoga		Navami* Until 3:42PM	Moon - Red	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 23 Sutra 39 Vilamba 5120	
Kanya Rasi: 4.18	Tithi 10 – 11	Gulika 9:14AM – 10:39AM	Uttaraphalguni Until 4:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Moon 4 - Phase 6	
		Yama 6:24AM – 7:49AM	Vajra* Until 5:28PM	Muruga: White	<i>Sunset:</i> 5:44PM	4th Phase	
		255932369 Rahu 1:29PM – 2:54PM	Vanija Until 2:31AM Fri	Nataraja: Purple			
	Amrita Yoga		Dashami Until 2:48PM	Moon – Red		Bhuloka Day	
Until 4:05PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 24 Sutra 40 Vilamba 5120	
Kanya Rasi: 17.35	Tithi 11 – 12	Gulika 7:49AM – 9:14AM	Hasta Until 4:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Moon 4 - Phase 6	
		Yama 2:54PM – 4:19PM	Siddhi Until 4:04PM	Muruga: White	<i>Sunset:</i> 5:44PM	4th Phase	
		266932369 Rahu 10:39AM – 12:04PM	Bava Until 2:12AM Sat	Nataraja: Purple			
	Creative Work Amrita Yoga		Ekadashi Until 2:18PM	Moon – Green		Bhuloka Day	
Until 4:28PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantra Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 25 Sutra 41 Vilamba 5120	
Tula Rasi: 0.41	Tithi 12 – 13	Gulika 6:25AM – 7:50AM	Chitra Until 5:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Moon 4 - Phase 6	
		Yama 1:29PM – 2:54PM	Vyatipata* Until 2:59PM	Muruga: White	<i>Sunset:</i> 5:44PM	4th Phase	
		366932369 Rahu 9:14AM – 10:39AM	Kaulava Until 2:17AM Sun	Nataraja: Purple			
	Routine Work Marana Yoga		Dvadashi Until 2:11PM	Moon – Green		Bhuloka Day	
Until 5:05PM				Jyeshtha Adhika-Vaikasi			
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata</i>							

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 26 Sutra 42 Vilamba 5120	
Tula Rasi: 13.34	Tithi 13 – 14	Gulika 2:54PM – 4:19PM	Svati Until 5:56PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Moon 4 - Phase 6	
		Yama 12:04PM – 1:29PM	Variyan Until 2:11PM	Muruga: White	<i>Sunset:</i> 5:44PM	4th Phase	
		366932369 Rahu 4:19PM – 5:44PM	Gara Until 2:46AM Mon	Nataraja: Purple			
	Creative Work Siddha Yoga		Trayodashi Until 2:27PM	Moon – Green		Bhuloka Day	
Until 5:56PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

Monday, May 28, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sun 27 Sutra 43 Vilamba 5120	
Copper Retreat Star		Gulika 1:29PM – 2:54PM	Vishakha Until 7:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Moon 4 - Phase 6	
Tula Rasi: 26.16	Tithi 14 – 15	Yama 10:40AM – 12:04PM	Parigha* Until 1:44PM	Muruga: White	<i>Sunset:</i> 5:44PM	Purnima	
Family Home Evening		376932369 Rahu 7:50AM – 9:15AM	Visti Until 3:41AM Tue	Nataraja: Purple			
	Routine Work Marana Yoga		Chaturdashi* Until 3:09PM	Moon – Orange		Bhuloka Day	
Until 7:30PM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

Tuesday, May 29, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 44 Vilamba 5120	
Silver Retreat Star		Gulika 12:05PM – 1:29PM	Anuradha Until 9:22PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Moon 4 - Phase 6	
Vrischika Rasi: 8.46	Tithi 15 – 16	Yama 9:15AM – 10:40AM	Shiva Until 1:39PM	Muruga: White	<i>Sunset:</i> 5:44PM	Prathama	
		376932369 Rahu 2:54PM – 4:19PM	Balava Until 5:03AM Wed	Nataraja: Purple			
	Creative Work Siddha Yoga		Purnima* Until 4:17PM	Moon – Orange		Bhuloka Day	
Until 9:22PM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lusaka, Zambia

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 21.04 Tihti 16 - 17

387932369

Gulika

10:40AM - 12:05PM

Yama

7:51AM - 9:15AM

Rahu

12:05PM - 1:29PM

Jyeshtha* Until 11:29PM

Siddha Until 1:53PM

Taitila Until 6:51AM Thu

Prathama* Until 5:52PM

Ganesh: Clear

Sunrise: 6:26AM

Muruga: White

Sunset: 5:44PM

Nataraja: Purple

Moon - Orange

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 11:29PM

Then Routine Work - Marana Yoga

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Taitila Karana Dvitiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 3.11 Tihti 17

386932369

Gulika

9:16AM - 10:40AM

Yama

6:26AM - 7:51AM

Rahu

1:30PM - 2:54PM

Mula* Until 2:19AM Fri

Sadhya Until 2:27PM

Taitila Until 6:51AM

Dvitiya Until 7:53PM

Ganesh: White

Sunrise: 6:26AM

Muruga: White

Sunset: 5:43PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Siddha Yoga

Until 2:19AM Fri

Then Routine Work - Prabalarishta Yoga

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 15.09 Tihti 18

387932369

Gulika

7:51AM - 9:16AM

Yama

2:54PM - 4:19PM

Rahu

10:40AM - 12:05PM

Purvashadha* Until 5:17AM Sat

Subha Until 3:18PM

Vanija Until 9:02AM

Tritiya Until 10:13PM

Ganesh: Yellow

Sunrise: 6:27AM

Muruga: White

Sunset: 5:43PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Jyeshtha Adhika-Vaikasi

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 5:17AM Sat

Then Routine Work - Marana Yoga

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 27 Tihti 19

387932369

Gulika

6:27AM - 7:51AM

Yama

1:30PM - 2:54PM

Rahu

9:16AM - 10:41AM

Uttarashadha Until 8:15AM Sun

Sukla Until 4:20PM

Bava Until 11:30AM

Chaturthi* Until 12:47AM Sun

Ganesh: Yellow

Sunrise: 6:27AM

Muruga: White

Sunset: 5:43PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Jyeshtha Adhika-Vaikasi

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 8:15AM Sun

Then Creative Work - Amrita Yoga

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 8.48 Tihti 20

387932369

Gulika

2:54PM - 4:19PM

Yama

12:05PM - 1:30PM

Rahu

4:19PM - 5:43PM

Uttarashadha Until 8:15AM

Brahma Until 5:27PM

Kaulava Until 2:06PM

Panchami Until 3:22AM Mon

Ganesh: Yellow

Sunrise: 6:27AM

Muruga: White

Sunset: 5:43PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Jyeshtha Adhika-Vaikasi

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 20.35 Tihti 21

397932369

Gulika

1:30PM - 2:54PM

Yama

10:41AM - 12:06PM

Rahu

7:52AM - 9:17AM

Shravana Until 11:32AM

Indra Until 6:30PM

Gara Until 4:37PM

Shashthi* Until 5:46AM Tue

Ganesh: Blue

Sunrise: 6:28AM

Muruga: White

Sunset: 5:43PM

Nataraja: Purple

Moon - Purple

Devaloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Amrita Yoga

Until 11:32AM

Then Creative Work - Siddha Yoga

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Visti* Karana Saptamyam Titau

Lusaka, Zambia

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 2.28 Tihti 22

397132361

Gulika

12:06PM - 1:30PM

Yama

9:17AM - 10:41AM

Rahu

2:55PM - 4:19PM

Dhanishtha Until 7:45AM Wed

Vaidhriti* Until 7:17PM

Visti Until 6:51PM

Saptami Until 7:45AM Wed

Ganesh: Purple

Sunrise: 6:28AM

Muruga: White

Sunset: 5:44PM

Nataraja: White

Moon - Purple

Devaloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Siddha Yoga

Until 7:45AM Wed

Then Routine Work - Marana Yoga

Retreat Star

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Purvaproshtapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 14.29 Tihti 22 - 23

397132361

Gulika

10:41AM - 12:06PM

Yama

7:53AM - 9:17AM

Rahu

12:06PM - 1:30PM

Dhanishtha Until 7:45AM

Vishkambha* Until 7:41PM

Balava Until 8:33PM

Saptami Until 7:45AM

Ganesh: Purple

Sunrise: 6:28AM

Muruga: White

Sunset: 5:44PM

Nataraja: White

Moon - Purple

Devaloka Day

Jyeshtha Adhika-Vaikasi

Creative Work Siddha Yoga

Until 7:45AM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Kumbha Rasi: 26.46 Tihti 23 - 24

317132361

Gulika

9:17AM - 10:42AM

Yama

6:28AM - 7:53AM

Rahu

1:30PM - 2:55PM

Purvaproshtapada* Until 6:33PM

Priti Until 7:33PM

Taitila Until 9:33PM

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Lusaka, Zambia	
Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Sun 9		Sutra 54		Vilamba 5120	
Meena Rasi: 9.23	Tithi 24 – 25	Gulika 7:53AM – 9:18AM	Uttaraproshtapada Until 7:31PM	Ganesha: Red	<i>Sunrise:</i> 6:29AM		
		Yama 2:55PM – 4:19PM	Ayushman Until 6:45PM	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	318132361 Rahu 10:42AM – 12:06PM	Vanija Until 9:44PM	Nataraja: White		2nd Phase	
			Navami* Until 9:44AM	Moon – Clear		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Lusaka, Zambia	
Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Sutra 55		Vilamba 5120	
Meena Rasi: 22.23	Tithi 25 – 26	Gulika 6:29AM – 7:53AM	Revati Until 7:29PM	Ganesha: Red	<i>Sunrise:</i> 6:29AM		
		Yama 1:31PM – 2:55PM	Saubhagya Until 5:18PM	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Routine Work	Prabalarishta Yoga	318132361 Rahu 9:18AM – 10:42AM	Bava Until 9:04PM	Nataraja: White		2nd Phase	
Until 7:29PM			Dashami Until 9:29AM	Moon – Clear		Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Lusaka, Zambia	
Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11		Sutra 56		Vilamba 5120	
Mesha Rasi: 5.52	Tithi 26 – 27	Gulika 2:55PM – 4:20PM	Ashvini Until 6:58PM	Ganesha: Green	<i>Sunrise:</i> 6:29AM		
		Yama 12:07PM – 1:31PM	Sobhana Until 3:13PM	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 4:20PM – 5:44PM	Kaulava Until 7:36PM	Nataraja: White		2nd Phase	
Until 6:58PM			Ekadashi* Until 8:25AM	Moon – White		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Jyeshtha Adhika-Vaikasi			

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Lusaka, Zambia	
Bharani/Kritika Nakshatra Athiganda*/Sukarma Yoga Tailita/Vanija Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 57		Vilamba 5120	
Mesha Rasi: 19.47	Tithi 27 – 28	Gulika 1:31PM – 2:55PM	Bharani Until 1:06AM Wed Tue	Ganesha: Green	<i>Sunrise:</i> 6:30AM		
Family Home Evening		Yama 10:43AM – 12:07PM	Athiganda* Until 12:30PM	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 7:54AM – 9:18AM	Vanija Until 4:05AM Tue	Nataraja: White		2nd Phase	
Until 1:06AM Wed Tue			Dvadashi* Until 6:34AM	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			
				<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Lusaka, Zambia	
Bharani/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 58		Vilamba 5120	
Vrishabha Rasi: 4.08	Tithi 29	Gulika 12:07PM – 1:31PM	Bharani Until 1:06AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:30AM		
		Yama 9:19AM – 10:43AM	Sukarma Until 5:43AM Wed	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 2:56PM – 4:20PM	Visti Until 2:40PM	Nataraja: White		2nd Phase	
			Chaturdashi* Until 1:06AM Wed	Moon – White		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Lusaka, Zambia	
Retreat Star		Sun 14		Sutra 59		Vilamba 5120	
Vrishabha Rasi: 18.5	Tithi 30	Gulika 10:43AM – 12:07PM	Rohini Until 1:15PM	Ganesha: White	<i>Sunrise:</i> 6:30AM		
		Yama 7:55AM – 9:19AM	Shula* Until 1:52AM Thu	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	338132361 Rahu 12:07PM – 1:31PM	Catuspada Until 11:30AM	Nataraja: White		Amavasya	
			Amavasya* Until 9:47PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Lusaka, Zambia	
Retreat Star		Sun 15		Sutra 60		Vilamba 5120	
Mithuna Rasi: 3.46	Tithi 1	Gulika 9:19AM – 10:43AM	Mrigashira Until 10:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM		
		Yama 6:31AM – 7:55AM	Ganda* Until 9:53PM	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Routine Work	Marana Yoga	339132361 Rahu 1:32PM – 2:56PM	Kintughna Until 8:03AM	Nataraja: White		Prathama	
			Prathama* Until 6:16PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM		

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lusaka, Zambia Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 18.48	Tithi 2 - 3	Gulika 7:55AM - 9:19AM	Ardra Until 7:46AM	Ganesh: Clear	<i>Sunrise:</i> 6:31AM		
		Yama 2:56PM - 4:20PM	Vriddhi Until 5:56PM	Muruga: White	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 Rahu 10:43AM - 12:08PM	Taitila Until 1:02AM Sat	Nataraja: White		3rd Phase	
			Dvitiya Until 2:44PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha •Ani		Devaloka Time: 9:AM to12:PM	

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Lusaka, Zambia Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 3.47	Tithi 3 - 4	Gulika 6:31AM - 7:55AM	Pushya Until 2:51AM Sun	Ganesh: Orange	<i>Sunrise:</i> 6:31AM		
		Yama 1:32PM - 2:56PM	Dhruva Until 2:05PM	Muruga: White	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 9:19AM - 10:44AM	Vanija Until 9:44PM	Nataraja: White		3rd Phase	
			Tritiya Until 11:20AM	Moon - Blue		Bhuloka Day	
				Jyeshtha •Ani		Devaloka Time: 9:AM to12:PM	

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 18.35	Tithi 4 - 5	Gulika 2:56PM - 4:21PM	Ashlesha* Until 12:40AM Mon	Ganesh: Orange	<i>Sunrise:</i> 6:31AM		
		Yama 12:08PM - 1:32PM	Vyaghata* Until 10:28AM	Muruga: White	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 Rahu 4:21PM - 5:45PM	Bava Until 6:46PM	Nataraja: White		3rd Phase	
Until 12:40AM Mon			Chaturthi* Until 8:11AM	Moon - Blue		Bhuloka Day	
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha •Ani		Devaloka Time: 9:AM to12:PM	

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Lusaka, Zambia Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.06	Tithi 6	Gulika 1:33PM - 2:57PM	Magha* Until 11:14PM	Ganesh: Green	<i>Sunrise:</i> 6:32AM		
Family Home Evening		Yama 10:44AM - 12:08PM	Harshana Until 7:13AM	Muruga: White	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 Rahu 7:56AM - 9:20AM	Kaulava Until 4:15PM	Nataraja: White		3rd Phase	
Until 11:14PM			Shashthi* Until 3:09AM Tue	Moon - Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha •Ani			

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.17	Tithi 7	Gulika 12:09PM - 1:33PM	Purvaphalguni Until 10:12PM	Ganesh: Green	<i>Sunrise:</i> 6:32AM		
		Yama 9:20AM - 10:44AM	Siddhi Until 1:55AM Wed	Muruga: White	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 Rahu 2:57PM - 4:21PM	Gara Until 12:49AM Wed	Nataraja: White		3rd Phase	
Until 10:12PM			Saptami Until 7:13AM	Moon - Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha •Ani			

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 21 Sutra 66 Vilamba 5120	
Retreat Star		Gulika 10:45AM - 12:09PM	Uttaraphalguni Until 9:36PM	Ganesh: Green	<i>Sunrise:</i> 6:32AM		
Kanya Rasi: 1.07	Tithi 8	Yama 7:56AM - 9:20AM	Vyatipata* Until 12:01AM Thu	Muruga: White	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 Rahu 12:09PM - 1:33PM	Visti Until 12:49PM	Nataraja: White		Ashtami	
Until 9:36PM			Ashtami* Until 12:19AM Thu	Moon - Red		Devaloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Jyeshtha •Ani			

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 67 Vilamba 5120	
Retreat Star		Gulika 9:21AM - 10:45AM	Hasta Until 9:54PM	Ganesh: Red	<i>Sunrise:</i> 6:32AM		
Kanya Rasi: 14.35	Tithi 9	Yama 6:32AM - 7:56AM	Variyan Until 10:33PM	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 Rahu 1:33PM - 2:57PM	Balava Until 12:00PM	Nataraja: White		Navami	
Until 9:54PM			Navami* Until 11:47PM	Moon - Green		Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha •Ani		Devaloka Time: 9:AM to12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 68 Vilamba 5120	
Kanya Rasi: 27.44	Tithi 10	Gulika 7:57AM – 9:21AM	Chitra Until 10:35PM	Ganesh: Green	<i>Sunrise:</i> 6:33AM		
		Yama 2:58PM – 4:22PM	Parigha* Until 9:32PM	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 10	
		361132361 Rahu 10:45AM – 12:09PM	Taitila Until 11:45AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 11:49PM	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 69 Vilamba 5120	
Tula Rasi: 11	Tithi 11	Gulika 6:33AM – 7:57AM	Svati Until 11:38PM	Ganesh: Green	<i>Sunrise:</i> 6:33AM		
		Yama 1:34PM – 2:58PM	Shiva Until 8:58PM	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 10	
		361132361 Rahu 9:21AM – 10:45AM	Vanija Until 12:03PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:21AM Sun	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 70 Vilamba 5120	
Tula Rasi: 23.14	Tithi 12	Gulika 2:58PM – 4:22PM	Vishakha Until 1:28AM Mon	Ganesh: Red	<i>Sunrise:</i> 6:33AM		
		Yama 12:10PM – 1:34PM	Siddha Until 8:45PM	Muruga: Clear	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 10	
		371142361 Rahu 4:22PM – 5:46PM	Bava Until 12:50PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 1:23AM Mon	Moon – Orange		Devaloka Day	
Until 1:28AM Mon				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 71 Vilamba 5120	
Vrischika Rasi: 5.39	Tithi 13	Gulika 1:34PM – 2:58PM	Anuradha Until 3:33AM Tue	Ganesh: Red	<i>Sunrise:</i> 6:33AM		
Family Home Evening		Yama 10:46AM – 12:10PM	Sadhya Until 8:52PM	Muruga: Clear	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10	
		371142361 Rahu 7:57AM – 9:21AM	Kaulava Until 2:05PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 2:50AM Tue	Moon – Orange		Devaloka Day	
Until 3:33AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 72 Vilamba 5120	
Vrischika Rasi: 17.53	Tithi 14	Gulika 12:10PM – 1:34PM	Jyeshtha* Until 5:51AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:33AM		
		Yama 9:22AM – 10:46AM	Subha Until 9:20PM	Muruga: Clear	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10	
		371142361 Rahu 2:58PM – 4:23PM	Gara Until 3:44PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 4:40AM Wed	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sutra 73 Vilamba 5120	
Copper Retreat Star		Gulika 10:46AM – 12:10PM	Mula* Until 8:48AM Thu	Ganesh: Red	<i>Sunrise:</i> 6:33AM		
Vrischika Rasi: 29.59	Tithi 15	Yama 7:58AM – 9:22AM	Sukla Until 10:01PM	Muruga: Clear	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10	
		371142361 Rahu 12:10PM – 1:34PM	Visti Until 19:63AM Thu	Nataraja: White		Purnima	
Routine Work	Marana Yoga		Purnima* Until 9:20PM	Moon – Orange		Devaloka Day	
Until 8:48AM Thu				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 74 Vilamba 5120	
Silver Retreat Star		Gulika 9:22AM – 10:46AM	Mula* Until 8:48AM	Ganesh: Blue	<i>Sunrise:</i> 6:34AM		
Dhanus Rasi: 11.56	Tithi 15 – 16	Yama 6:34AM – 7:58AM	Brahma Until 10:57PM	Muruga: Clear	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10	
		381142361 Rahu 1:35PM – 2:59PM	Balava Until 8:03PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 6:51AM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lusaka, Zambia

Suntra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 23.47 Tihi 16 – 17

Gulika 7:58AM – 9:22AM

Yama 2:59PM – 4:23PM

3811242361 Rahu 10:46AM – 12:11PM

Purvashadha* Until 11:49AM

Indra Until 12:02AM Sat

Taitila Until 10:34PM

Prathama* Until 9:16AM

Ganesha: Blue

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:48PM

Nataraja: White

Moon – Light Blue

Jyeshtha*Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 11:49AM

Then Routine Work - Marana Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Suntra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 5.35 Tihi 17 – 18

Gulika 6:34AM – 7:58AM

Yama 1:35PM – 2:59PM

381242361 Rahu 9:22AM – 10:47AM

Uttarashadha Until 2:47PM

Vaidhriti* Until 1:09AM Sun

Vanija Until 1:10AM Sun

Dvitiya Until 11:51AM

Ganesha: Blue

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:48PM

Nataraja: White

Moon – Light Blue

Jyeshtha*Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 2:47PM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lusaka, Zambia

Sun 2 Suntra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 17.22 Tihi 18 – 19

Gulika 3:00PM – 4:24PM

Yama 12:11PM – 1:35PM

391242361 Rahu 4:24PM – 5:48PM

Shravana Until 6:06PM

Vishkambha* Until 6:06PM

Bava Until 3:43AM Mon

Tritiya Until 2:26PM

Ganesha: Red

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:48PM

Nataraja: White

Moon – Purple

Jyeshtha*Ani

Devaloka Day

Creative Work Amrita Yoga

Until 6:06PM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Suntra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 29.11 Tihi 19 – 20

Gulika 1:36PM – 3:00PM

Yama 10:47AM – 12:11PM

391242361 Rahu 7:58AM – 9:23AM

Dhanishtha Until 9:05PM

Priti Until 3:10AM Tue

Kaulava Until 6:01AM Tue

Chaturthi* Until 4:53PM

Ganesha: Red

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:48PM

Nataraja: White

Moon – Purple

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 4 Suntra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 11.05 Tihi 20

Gulika 12:11PM – 1:36PM

Yama 9:23AM – 10:47AM

392242361 Rahu 3:00PM – 4:24PM

Shatabhishak Until 11:34PM

Ayushman Until 3:46AM Wed

Kaulava Until 6:01AM

Panchami Until 7:00PM

Ganesha: Yellow

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:49PM

Nataraja: White

Moon – Purple

Jyeshtha*Ani

Devaloka Day

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 5 Suntra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 23.1 Tihi 21

Gulika 10:47AM – 12:12PM

Yama 7:59AM – 9:23AM

312242361 Rahu 12:12PM – 1:36PM

Purvaproshtapada* Until 1:53AM Thu

Saubhagya Until 3:58AM Thu

Gara Until 7:55AM

Shashthi* Until 8:38PM

Ganesha: Orange

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:49PM

Nataraja: White

Moon – Clear

Jyeshtha*Ani

Devaloka Day

Creative Work Amrita Yoga

Until 1:53AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti* Karana Saptamyam Titau

Lusaka, Zambia

Sun 6 Suntra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 5.27 Tihi 22

Gulika 9:23AM – 10:47AM

Yama 6:34AM – 7:59AM

312242361 Rahu 1:36PM – 3:01PM

Uttaraproshtapada Until 3:23AM Fri

Sobhana Until 3:23AM Fri

Visti Until 9:15AM

Saptami Until 9:38PM

Ganesha: Orange

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:49PM

Nataraja: White

Moon – Clear

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 7 Suntra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 18.02 Tihi 23

Gulika 7:59AM – 9:23AM

Yama 3:01PM – 4:25PM

312242361 Rahu 10:48AM – 12:12PM

Revati Until 3:59AM Sat

Athiganda* Until 2:43AM Sat

Balava Until 9:53AM

Ashtami* Until 9:54PM

Ganesha: Orange

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:50PM

Nataraja: White

Moon – Clear

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 8 Suntra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 1 Tihi 24

Gulika 6:34AM – 7:59AM

Yama 1:37PM – 3:01PM

422242361 Rahu 9:23AM – 10:48AM

Ashvini Until 4:07AM Sun

Sukarma Until 1:09AM Sun

Taitila Until 9:44AM

Navami* Until 9:21PM

Ganesha: Orange

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:50PM

Nataraja: White

Moon – White

Jyeshtha*Ani

Devaloka Day

Creative Work Siddha Yoga

Until 4:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Lusaka, Zambia	
Bharani Nakshatra Dhriti Yoga Vanija/Bava Karana Dashamyam Titau					Sun 9 Sutra 84	
Mesha Rasi: 14.23 Tihi 25		Gulika 3:01PM – 4:26PM	Bharani Until 3:18AM Mon	Ganesha: Orange <i>Sunrise:</i> 6:34AM	Vilamba 5120	
		Yama 12:12PM – 1:37PM	Dhriti Until 3:18AM Mon	Muruga: Clear <i>Sunset:</i> 5:50PM	Moon 6 - Phase 12	
422242361		Rahu 4:26PM – 5:50PM	Vanija Until 8:48AM	Nataraja: White	2nd Phase	
Routine Work Prabalarishta Yoga					Devaloka Day	
Until 3:18AM Mon					Moon – White	
Then Routine Work - Marana Yoga					Jyeshtha•Ani	

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam			Lusaka, Zambia	
Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau					Sun 10 Sutra 85	
Mesha Rasi: 28.14 Tihi 26 – 27		Gulika 1:37PM – 3:01PM	Krittika Until 1:40AM Tue	Ganesha: Orange <i>Sunrise:</i> 6:34AM	Vilamba 5120	
Family Home Evening		Yama 10:48AM – 12:12PM	Shula* Until 8:10PM	Muruga: Clear <i>Sunset:</i> 5:51PM	Moon 6 - Phase 12	
422242361		Rahu 7:59AM – 9:23AM	Bava Until 7:05AM	Nataraja: White	2nd Phase	
Routine Work Marana Yoga					Devaloka Day	
Until 1:40AM Tue					Moon – White	
Then Creative Work - Amrita Yoga					Jyeshtha•Ani	

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam			Lusaka, Zambia	
Rohini Nakshatra Ganda* Vridhhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau					Sun 11 Sutra 86	
Vrishabha Rasi: 12.31 Tihi 27 – 28		Gulika 12:13PM – 1:37PM	Rohini Until 11:44PM	Ganesha: Light Blue <i>Sunrise:</i> 6:34AM	Vilamba 5120	
		Yama 9:24AM – 10:48AM	Ganda* Until 4:52PM	Muruga: Clear <i>Sunset:</i> 5:51PM	Moon 6 - Phase 12	
422242361		Rahu 3:02PM – 4:26PM	Gara Until 1:44AM Wed	Nataraja: White	2nd Phase	
Creative Work Amrita Yoga					Bhuloka Day	
Until 11:44PM					Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga					Jyeshtha•Ani	
					<i>Pradosha Vrata (Fasting)</i>	

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Lusaka, Zambia	
Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 12 Sutra 87	
Vrishabha Rasi: 27.11 Tihi 28 – 29		Gulika 10:48AM – 12:13PM	Mrigashira Until 9:12PM	Ganesha: Light Blue <i>Sunrise:</i> 6:34AM	Vilamba 5120	
		Yama 7:59AM – 9:24AM	Vridhhi Until 1:11PM	Muruga: Clear <i>Sunset:</i> 5:51PM	Moon 6 - Phase 12	
422242361		Rahu 12:13PM – 1:37PM	Visti Until 10:22PM	Nataraja: White	2nd Phase	
Creative Work Siddha Yoga					Bhuloka Day	
					Devaloka Time: 12:PM to 3:PM	
					Jyeshtha•Ani	

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Lusaka, Zambia	
Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 13 Sutra 88	
Mithuna Rasi: 12.1 Tihi 29 – 30		Gulika 9:24AM – 10:48AM	Ardra Until 6:17PM	Ganesha: Light Blue <i>Sunrise:</i> 6:34AM	Vilamba 5120	
		Yama 6:34AM – 7:59AM	Dhruva Until 9:12AM	Muruga: Clear <i>Sunset:</i> 5:51PM	Moon 6 - Phase 12	
422242361		Rahu 1:38PM – 3:02PM	Catuspada Until 6:43PM	Nataraja: White	Amavasya	
Routine Work Marana Yoga					Bhuloka Day	
Until 6:17PM					Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga					Jyeshtha•Ani	

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam			Lusaka, Zambia	
Retreat Star		Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau			Sun 14 Sutra 89	
Mithuna Rasi: 27.19 Tihi 1		Gulika 7:59AM – 9:24AM	Punarvasu Until 3:30PM	Ganesha: Purple <i>Sunrise:</i> 6:34AM	Vilamba 5120	
		Yama 3:02PM – 4:27PM	Harshana Until 12:55AM Sat	Muruga: Clear <i>Sunset:</i> 5:52PM	Moon 6 - Phase 12	
422242361		Rahu 10:48AM – 12:13PM	Kintughna Until 2:58PM	Nataraja: White	Prathama	
Creative Work Siddha Yoga					Bhuloka Day	
Until 3:30PM					Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga					Ashada•Ani	
					Partial Solar Eclipse	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lusaka, Zambia Sun 15 Sutra 90 Vilamba 5120	
Kataka Rasi: 12.29	Tithi 2	Gulika	6:34AM – 7:59AM	Pushya Until 12:38PM	Ganesh: Purple	<i>Sunrise:</i> 6:34AM			
		Yama	1:38PM – 3:03PM	Vajra* Until 8:51PM	Muruga: Clear	<i>Sunset:</i> 5:52PM	Moon 6 - Phase 13		
		442242361 Rahu	9:24AM – 10:48AM	Balava Until 11:16AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Moon – Blue	Bhuloka Day		Devaloka Time: 12:PM to 3:PM
Until 12:38PM						Ashada*Ani			
Then Routine Work - Marana Yoga									

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 91 Vilamba 5120	
Kataka Rasi: 27.31	Tithi 3	Gulika	3:03PM – 4:28PM	Ashlesha* Until 9:51AM	Ganesh: Purple	<i>Sunrise:</i> 6:34AM			
		Yama	12:13PM – 1:38PM	Siddhi Until 5:02PM	Muruga: Clear	<i>Sunset:</i> 5:52PM	Moon 6 - Phase 13		
		442242361 Rahu	4:28PM – 5:52PM	Taitila Until 7:46AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Moon – Blue	Bhuloka Day		Devaloka Time: 12:PM to 3:PM
Until 9:51AM						Ashada*Ani			
Then Routine Work - Marana Yoga									

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 17 Sutra 92 Vilamba 5120	
Simha Rasi: 12.17	Tithi 4 – 5	Gulika	1:38PM – 3:03PM	Magha* Until 12:49PM Tue	Ganesh: Purple	<i>Sunrise:</i> 6:34AM			
Family Home Evening		Yama	10:49AM – 12:13PM	Vyatipata* Until 1:34PM	Muruga: Clear	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13		
		453242361 Rahu	7:59AM – 9:24AM	Bava Until 1:57AM Tue	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga					Moon – Red	Bhuloka Day		Devaloka Time: 12:PM to 3:PM
Until 12:49PM Tue						Ashada*Adi			
Then Creative Work - Siddha Yoga									

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lusaka, Zambia Sun 18 Sutra 93 Vilamba 5120	
Simha Rasi: 26.41	Tithi 5 – 6	Gulika	12:13PM – 1:38PM	Magha* Until 12:49PM	Ganesh: Purple	<i>Sunrise:</i> 6:34AM			
		Yama	9:24AM – 10:49AM	Variyan Until 7:61AM Wed	Muruga: Clear	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13		
		453242362 Rahu	3:03PM – 4:28PM	Kaulava Until 11:53PM	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga					Moon – Red	Devaloka Day		
Until 12:49PM						Ashada*Adi			
Then Creative Work - Siddha Yoga									

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau		Lusaka, Zambia Sun 19 Sutra 94 Vilamba 5120	
Kanya Rasi: 10.41	Tithi 6 – 7	Gulika	10:49AM – 12:14PM	Hasta Until 4:20AM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:34AM			
		Yama	7:59AM – 9:24AM	Parigha* Until 4:20AM Thu	Muruga: Clear	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13		
		463242362 Rahu	12:14PM – 1:38PM	Vanija Until 9:65AM Thu	Nataraja: Clear		3rd Phase		
Routine Work	Marana Yoga					Moon – Green	Sivaloka Day		
Until 4:20AM Thu						Ashada*Adi			
Then Creative Work - Siddha Yoga									

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lusaka, Zambia Sun 20 Sutra 95 Vilamba 5120	
Kanya Rasi: 24.15	Tithi 7 – 8	Gulika	9:24AM – 10:49AM	Chitra Until 4:37AM Fri	Ganesh: Clear	<i>Sunrise:</i> 6:34AM			
		Yama	6:34AM – 7:59AM	Shiva Until 6:06AM	Muruga: Clear	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13		
		463242362 Rahu	1:39PM – 3:04PM	Visti Until 9:52PM	Nataraja: Clear		Ashtami		
Creative Work	Siddha Yoga					Moon – Green	Sivaloka Day		
						Ashada*Adi			

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lusaka, Zambia Sun 21 Sutra 96 Vilamba 5120	
Tula Rasi: 7.25	Tithi 8 – 9	Gulika	7:59AM – 9:24AM	Svati Until 5:26AM Sat	Ganesh: Clear	<i>Sunrise:</i> 6:34AM			
		Yama	3:04PM – 4:29PM	Sadhya Until 3:58AM Sat	Muruga: Clear	<i>Sunset:</i> 5:54PM	Moon 6 - Phase 13		
		463242362 Rahu	10:49AM – 12:14PM	Balava Until 9:57PM	Nataraja: Clear		Navami		
Creative Work	Siddha Yoga					Moon – Green	Sivaloka Day		
						Ashada*Adi			

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 22 Sutra 97	
	Tula Rasi: 20.13	Tithi 9 – 10	Gulika 6:33AM – 7:58AM	Vishakha Until 11:17AM Sun	Ganesh: White <i>Sunrise:</i> 6:33AM	Muruga: Clear <i>Sunset:</i> 5:54PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase	
	473242362		Rahu 9:24AM – 10:49AM	Subha Until 3:44AM Sun	Nataraja: Clear Moon – Orange	Devaloka Day		
	Creative Work Siddha Yoga Until 11:17AM Sun Then Routine Work - Marana Yoga		Taitila Until 10:42PM Navami* Until 10:13AM		Ashada*Adi			

2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 23 Sutra 98	
	Vrischika Rasi: 2.43	Tithi 10 – 11	Gulika 3:04PM – 4:29PM	Vishakha Until 12:52PM Mon	Ganesh: White <i>Sunrise:</i> 6:33AM	Muruga: Clear <i>Sunset:</i> 5:54PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase	
	473242362		Rahu 4:29PM – 5:54PM	Sukla Until 3:54AM Mon	Nataraja: Clear Moon – Orange	Devaloka Day		
	Routine Work Marana Yoga		Vanija Until 12:02AM Mon Dashami Until 11:17AM		Ashada*Adi			

3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 24 Sutra 99	
	Vrischika Rasi: 14.58	Tithi 11 – 12	Gulika 1:39PM – 3:04PM	Vishakha Until 12:52PM	Ganesh: White <i>Sunrise:</i> 6:33AM	Muruga: Clear <i>Sunset:</i> 5:55PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase	
	473242362		Rahu 7:58AM – 9:23AM	Brahma Until 4:26AM Tue	Nataraja: Clear Moon – Orange	Devaloka Day		
	Family Home Evening Creative Work Siddha Yoga		Bava Until 1:52AM Tue Ekadashi Until 12:52PM		Ashada*Adi			

4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Mula* Nakshatra Indra Yoga Balava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 25 Sutra 100	
	Vrischika Rasi: 27.02	Tithi 12 – 13	Gulika 12:14PM – 1:39PM	Anuradha Until 2:54PM	Ganesh: White <i>Sunrise:</i> 6:33AM	Muruga: Clear <i>Sunset:</i> 5:55PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase	
	473242362		Rahu 3:04PM – 4:30PM	Indra Until 4:76AM Wed	Nataraja: Clear Moon – Orange	Devaloka Day		
	Routine Work Marana Yoga Until 2:54PM Then Creative Work - Amrita Yoga		Balava Until 2:54PM Dvadashi Until 2:54PM		Ashada*Adi		Pradosha Vrata	

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 26 Sutra 101	
	Dhanus Rasi: 8.58	Tithi 13 – 14	Gulika 10:49AM – 12:14PM	Mula* Until 2:48PM	Ganesh: Red <i>Sunrise:</i> 6:33AM	Muruga: Clear <i>Sunset:</i> 5:55PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase	
	483342362		Rahu 12:14PM – 1:39PM	Vaidhriti* Until 6:15AM Thu	Nataraja: Clear Moon – Light Blue	Sivaloka Day		
	Routine Work Marana Yoga Until 2:48PM Then Creative Work - Amrita Yoga		Taitila Until 5:14PM Trayodashi Until 5:14PM		Ashada*Adi			

6	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 102	
	Dhanus Rasi: 20.49	Tithi 14	Gulika 9:23AM – 10:48AM	Purvashadha* Until 5:53PM	Ganesh: Red <i>Sunrise:</i> 6:32AM	Muruga: Clear <i>Sunset:</i> 5:55PM	Vilamba 5120 Moon 6 - Phase 14 4th Phase	
	483342362		Rahu 1:39PM – 3:05PM	Vaidhriti* Until 6:15AM	Nataraja: Clear Moon – Light Blue	Sivaloka Day		
	Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Marana Yoga		Gara Until 6:30AM Chaturdashi* Until 7:46PM		Ashada*Adi			

	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti* Karana Purnimayam Titau				Lusaka, Zambia Sun 28 Sutra 103	
	Makara Rasi: 2.37	Tithi 15	Gulika 7:58AM – 9:23AM	Uttarashadha Until 8:52PM	Ganesh: Red <i>Sunrise:</i> 6:32AM	Muruga: Clear <i>Sunset:</i> 5:56PM	Vilamba 5120 Moon 6 - Phase 14 Purnima	
	483342362		Rahu 10:48AM – 12:14PM	Vishkambha* Until 8:52PM	Nataraja: Clear Moon – Light Blue	Sivaloka Day		
	Routine Work Marana Yoga		Visti Until 9:05AM Purnima* Until 10:21PM		Ashada*Adi			

	Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sun 29 Sutra 104	
	Makara Rasi: 14.24	Tithi 16	Gulika 6:32AM – 7:57AM	Shravana Until 12:08AM Sun	Ganesh: Blue <i>Sunrise:</i> 6:32AM	Muruga: Clear <i>Sunset:</i> 5:56PM	Vilamba 5120 Moon 6 - Phase 14 Prathama	
	493342362		Rahu 9:23AM – 10:48AM	Priti Until 8:29AM	Nataraja: Clear Moon – Purple	Devaloka Day		
	Creative Work Siddha Yoga Until 12:08AM Sun Then Routine Work - Marana Yoga		Balava Until 11:39AM Prathama* Until 12:53AM Sun		Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Lusaka, Zambia

Makara Rasi: 26.13 Tihti 17

Gulika 3:05PM – 4:31PM
Yama 12:14PM – 1:39PM
Rahu 4:31PM – 5:56PM

Dhanishtha Until 3:03AM Mon
Ayushman Until 9:29AM
Taitila Until 2:06PM
Dvitiya Until 3:14AM Mon

Ganesha: Blue *Sunrise: 6:31AM*
Muruga: Clear *Sunset: 5:56PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 3:03AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Kumbha Rasi: 8.07 Tihti 18

Gulika 1:39PM – 3:05PM
Yama 10:48AM – 12:14PM
Rahu 7:57AM – 9:22AM

Shatabhishak Until 5:32AM Tue
Saubhagya Until 10:20AM
Vanija Until 4:19PM
Tritiya Until 5:17AM Tue

Ganesha: Blue *Sunrise: 6:31AM*
Muruga: Clear *Sunset: 5:56PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 5:32AM Tue
Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Bava Karana Chaturthyam Titau

Lusaka, Zambia

Kumbha Rasi: 20.08 Tihti 19

Gulika 12:14PM – 1:40PM
Yama 9:22AM – 10:48AM
Rahu 3:05PM – 4:31PM

Purvaproshtapada* Until 7:57AM Wed
Sobhana Until 10:58AM
Bava Until 6:11PM
Chaturthi* Until 6:56AM Wed

Ganesha: White *Sunrise: 6:31AM*
Muruga: Clear *Sunset: 5:57PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 7:57AM Wed
Then Creative Work - Siddha Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Meena Rasi: 2.19 Tihti 19 – 20

Gulika 10:48AM – 12:14PM
Yama 7:56AM – 9:22AM
Rahu 12:14PM – 1:40PM

Purvaproshtapada* Until 7:57AM
Athiganda* Until 11:14AM
Kaulava Until 7:36PM
Chaturthi* Until 6:56AM

Ganesha: White *Sunrise: 6:30AM*
Muruga: Clear *Sunset: 5:57PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 7:57AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Meena Rasi: 14.43 Tihti 20 – 21

Gulika 9:22AM – 10:48AM
Yama 6:30AM – 7:56AM
Rahu 1:40PM – 3:05PM

Uttaraproshtapada Until 9:43AM
Sukarma Until 11:07AM
Gara Until 8:29PM
Panchami Until 8:06AM

Ganesha: White *Sunrise: 6:30AM*
Muruga: Clear *Sunset: 5:57PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Meena Rasi: 27.22 Tihti 21 – 22

Gulika 7:56AM – 9:22AM
Yama 3:05PM – 4:31PM
Rahu 10:48AM – 12:14PM

Revati Until 10:46AM
Dhriti Until 10:34AM
Visti Until 8:45PM
Shashthi* Until 8:41AM

Ganesha: White *Sunrise: 6:30AM*
Muruga: Clear *Sunset: 5:57PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 10:46AM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Mesha Rasi: 10.19 Tihti 22 – 23

Gulika 6:29AM – 7:55AM
Yama 1:40PM – 3:06PM
Rahu 9:21AM – 10:47AM

Ashvini Until 11:30AM
Shula* Until 9:28AM
Balava Until 8:21PM
Saptami Until 8:37AM

Ganesha: Clear *Sunrise: 6:29AM*
Muruga: Clear *Sunset: 5:58PM*
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Mesha Rasi: 23.37 Tihti 23 – 24

Gulika 3:06PM – 4:32PM
Yama 12:13PM – 1:40PM
Rahu 4:32PM – 5:58PM

Bharani Until 11:24AM
Ganda* Until 7:50AM
Taitila Until 7:16PM
Ashtami* Until 7:53AM

Ganesha: Clear *Sunrise: 6:29AM*
Muruga: Clear *Sunset: 5:58PM*
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 11:24AM
Then Creative Work - Siddha Yoga

1 Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Lusaka, Zambia	
Krittika/Rohini Nakshatra Dhruva Yoga Gara/Visti* Karana Navami/Dashamyam Titau		Sun 9 Sutra 113				Vilamba 5120	
Vrishabha Rasi: 7.18 Tihti 24 – 25		Gulika 1:39PM – 3:06PM	Krittika Until 10:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM		
Family Home Evening 424342362		Yama 10:47AM – 12:13PM	Dhruva Until 2:57AM Tue	Muruga: Clear	<i>Sunset:</i> 5:58PM	Moon 7 - Phase 16	
Routine Work Marana Yoga		Rahu 7:55AM – 9:21AM	Visti Until 4:24AM Tue	Nataraja: Clear	Moon – White		
Until 10:29AM		Navami* Until 6:28AM			Sivaloka Day		
Then Creative Work - Amrita Yoga							

2 Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Lusaka, Zambia	
Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 114				Vilamba 5120	
Vrishabha Rasi: 21.24 Tihti 26		Gulika 12:13PM – 1:39PM	Rohini Until 10:40PM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:28AM		
434342362		Yama 9:21AM – 10:47AM	Vyaghata* Until 11:47PM	Muruga: Clear	<i>Sunset:</i> 5:58PM	Moon 7 - Phase 16	
Creative Work Amrita Yoga		Rahu 3:06PM – 4:32PM	Bava Until 3:10PM	Nataraja: Clear	Moon – Yellow		
Until 10:40PM Wed		Ekadashi* Until 1:46AM Wed			Devaloka Day		
Then Creative Work - Siddha Yoga							

3 Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Lusaka, Zambia	
Rohini/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 115				Vilamba 5120	
Mithuna Rasi: 5.53 Tihti 27		Gulika 10:47AM – 12:13PM	Rohini Until 10:40PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM		
434342362		Yama 7:54AM – 9:20AM	Harshana Until 7:73PM	Muruga: Clear	<i>Sunset:</i> 5:58PM	Moon 7 - Phase 16	
Creative Work Siddha Yoga		Rahu 12:13PM – 1:39PM	Kaulava Until 12:17PM	Nataraja: Clear	Moon – Yellow		
		Dvadashi* Until 10:40PM			Devaloka Day		

4 Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Lusaka, Zambia	
Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 116				Vilamba 5120	
Mithuna Rasi: 20.41 Tihti 28		Gulika 9:20AM – 10:46AM	Punarvasu Until 2:12AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM		
444342362		Yama 6:27AM – 7:54AM	Vajra* Until 4:21PM	Muruga: Clear	<i>Sunset:</i> 5:59PM	Moon 7 - Phase 16	
Creative Work Amrita Yoga		Rahu 1:39PM – 3:06PM	Gara Until 9:00AM	Nataraja: Clear	Moon – Blue		
Until 2:12AM Fri		Trayodashi* Until 7:14PM			Devaloka Day		
Then Routine Work - Marana Yoga		<i>Pradosha Vrata (Fasting)</i>					

5 Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Lusaka, Zambia	
Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 117				Vilamba 5120	
Kataka Rasi: 5.43 Tihti 29 – 30		Gulika 7:53AM – 9:20AM	Pushya Until 11:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM		
444342362		Yama 3:06PM – 4:32PM	Siddhi Until 12:18PM	Muruga: Clear	<i>Sunset:</i> 5:59PM	Moon 7 - Phase 16	
Routine Work Marana Yoga		Rahu 10:46AM – 12:13PM	Catuspada Until 1:48AM Sat	Nataraja: Clear	Moon – Blue		
		Chaturdashi* Until 3:37PM			Devaloka Day		

6 Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Lusaka, Zambia	
Ashlesha* Nakshatra Vyatipata*/Vairyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 118				Vilamba 5120	
Kataka Rasi: 20.5 Tihti 30 – 1		Gulika 6:26AM – 7:53AM	Ashlesha* Until 8:25PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:26AM		
444342362		Yama 1:39PM – 3:06PM	Vyatipata* Until 8:12AM	Muruga: Clear	<i>Sunset:</i> 5:59PM	Moon 7 - Phase 16	
Routine Work Marana Yoga		Rahu 9:19AM – 10:46AM	Kintughna Until 10:10PM	Nataraja: Clear	Moon – Blue		
Until 8:25PM		Amavasya* Until 11:57AM			Devaloka Day		
Then Creative Work - Amrita Yoga		Partial Solar Eclipse					

7 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lusaka, Zambia	
Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 119				Vilamba 5120	
Simha Rasi: 5.54 Tihti 1 – 2		Gulika 3:06PM – 4:33PM	Magha* Until 5:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM		
455342362		Yama 12:12PM – 1:39PM	Parigha* Until 12:19AM Mon	Muruga: Clear	<i>Sunset:</i> 5:59PM	Moon 7 - Phase 16	
Routine Work Marana Yoga		Rahu 4:33PM – 5:59PM	Balava Until 6:44PM	Nataraja: Clear	Moon – Red		
Until 5:56PM		Prathama* Until 8:24AM			Sivaloka Day		
Then Creative Work - Siddha Yoga		Sravana-Adi					

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Lusaka, Zambia Sun 16 Sutra 120 Vilamba 5120
	Simha Rasi: 20.46	Tithi 3	Gulika 1:39PM – 3:06PM	Purvaphalguni Until 3:38PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	
	Family Home Evening	455342362	Yama 10:46AM – 12:12PM	Shiva Until 8:49PM	Muruga: Clear	<i>Sunset:</i> 5:59PM	Moon 7 - Phase 17
	Creative Work Siddha Yoga		Rahu 7:52AM – 9:19AM	Taitila Until 3:39PM	Nataraja: Clear		3rd Phase
			Tritiya Until 2:16AM Tue	Moon – Red		Sivaloka Day	
				Sravana-Adi			

2	Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthiyam Titau				Lusaka, Zambia Sun 17 Sutra 121 Vilamba 5120
	Kanya Rasi: 5.19	Tithi 4	Gulika 12:12PM – 1:39PM	Uttaraphalguni Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	
		455342362	Yama 9:18AM – 10:45AM	Siddha Until 5:44PM	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17
	Creative Work Amrita Yoga		Rahu 3:06PM – 4:33PM	Vanija Until 1:03PM	Nataraja: Clear		3rd Phase
Until 1:42PM			Chaturthi* Until 11:58PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Sravana-Adi			

3	Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 18 Sutra 122 Vilamba 5120
	Kanya Rasi: 19.28	Tithi 5	Gulika 10:45AM – 12:12PM	Hasta Until 12:42PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	
		455342362	Yama 7:51AM – 9:18AM	Sadhya Until 3:12PM	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17
	Routine Work Marana Yoga		Rahu 12:12PM – 1:39PM	Bava Until 11:05AM	Nataraja: Clear		3rd Phase
Until 12:42PM			Panchami Until 10:22PM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga		Nag Panchami		Sravana-Adi			

4	Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Lusaka, Zambia Sun 19 Sutra 123 Vilamba 5120
	Tula Rasi: 3.09	Tithi 6	Gulika 9:18AM – 10:45AM	Chitra Until 12:17PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	
		455342362	Yama 6:24AM – 7:51AM	Subha Until 1:17PM	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17
	Creative Work Siddha Yoga		Rahu 1:39PM – 3:06PM	Kaulava Until 9:52AM	Nataraja: Clear		3rd Phase
Until 12:17PM			Shashthi* Until 9:32PM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Sravana-Adi			

5	Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia Sun 20 Sutra 124 Vilamba 5120
	Tula Rasi: 16.23	Tithi 7	Gulika 7:50AM – 9:17AM	Svati Until 12:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	
		565342362	Yama 3:06PM – 4:33PM	Sukla Until 12:00PM	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17
	Creative Work Siddha Yoga		Rahu 10:44AM – 12:12PM	Gara Until 9:26AM	Nataraja: Clear		3rd Phase
			Saptami Until 9:31PM	Moon – Green		Sivaloka Day	
				Sravana-Avani			

6	Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 21 Sutra 125 Vilamba 5120
	Tula Rasi: 29.13	Tithi 8	Gulika 6:22AM – 7:50AM	Vishakha Until 1:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	
		575342362	Yama 1:39PM – 3:06PM	Brahma Until 11:21AM	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17
	Creative Work Siddha Yoga		Rahu 9:17AM – 10:44AM	Visti Until 9:50AM	Nataraja: Clear		Ashtami
			Ashtami* Until 10:17PM	Moon – Orange		Subha Sivaloka Day	
				Sravana-Avani			

7	Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 126 Vilamba 5120
	Vrischika Rasi: 11.42	Tithi 9	Gulika 3:06PM – 4:33PM	Anuradha Until 1:47AM Tue Mon	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	
		575442362	Yama 12:11PM – 1:38PM	Indra Until 11:18AM	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17
	Routine Work Marana Yoga		Rahu 4:33PM – 6:00PM	Balava Until 10:58AM	Nataraja: Clear		Navami
			Navami* Until 11:45PM	Moon – Orange		Sivaloka Day	
				Sravana-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 127 Vilamba 5120
1		Gulika 1:38PM – 3:06PM	Anuradha Until 1:47AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	
Vrischika Rasi: 23.53	Tithi 10	Yama 10:43AM – 12:11PM	Vaidhriti* Until 12:29AM Tue	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 18
Family Home Evening	575442362	Rahu 7:49AM – 9:16AM	Taitila Until 12:44PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Dashami Until 1:47AM Tue	Moon – Orange		Sivaloka Day
Until 1:47AM Tue				Sravana-Avani		
Then Creative Work - Amrita Yoga						

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 128 Vilamba 5120
2		Gulika 12:11PM – 1:38PM	Mula* Until 9:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	
Dhanus Rasi: 5.53	Tithi 11	Yama 9:16AM – 10:43AM	Vishkambha* Until 12:29PM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Creative Work Amrita Yoga	586442362	Rahu 3:06PM – 4:33PM	Vanija Until 2:58PM	Nataraja: Clear		4th Phase
Until 9:02PM			Vanija Until 2:58PM	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga			Ekadashi Until 4:11AM Wed	Sravana-Avani		

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 129 Vilamba 5120
3		Gulika 10:43AM – 12:10PM	Purvashadha* Until 12:08AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	
Dhanus Rasi: 17.44	Tithi 12	Yama 7:48AM – 9:15AM	Priti Until 1:31PM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Creative Work Amrita Yoga	586442362	Rahu 12:10PM – 1:38PM	Bava Until 5:29PM	Nataraja: Clear		4th Phase
Until 12:08AM Thu			Dvadashi Until 6:46AM Thu	Moon – Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga				Sravana-Avani		

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 130 Vilamba 5120
4		Gulika 9:15AM – 10:42AM	Uttarashadha Until 3:07AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	
Dhanus Rasi: 29.32	Tithi 12 – 13	Yama 6:19AM – 7:47AM	Ayushman Until 2:35PM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Routine Work Marana Yoga	586442362	Rahu 1:38PM – 3:05PM	Kaulava Until 7:66PM	Nataraja: Clear		4th Phase
Until 6:19AM Sat			Dvadashi Until 1:31PM	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani		

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 131 Vilamba 5120
5		Gulika 7:46AM – 9:14AM	Shravana Until 6:19AM Sat	Ganesha: White	<i>Sunrise:</i> 6:19AM	
Makara Rasi: 11.2	Tithi 13 – 14	Yama 3:05PM – 4:33PM	Saubhagya Until 3:39PM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Routine Work Marana Yoga	596442362	Rahu 10:42AM – 12:10PM	Gara Until 10:38PM	Nataraja: Clear		4th Phase
Until 6:19AM Sat			Trayodashi Until 9:22AM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Sravana-Avani		

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sun 27 Sutra 131 Vilamba 5120
0		Gulika 6:18AM – 7:46AM	Shravana Until 6:19AM	Ganesha: White	<i>Sunrise:</i> 6:18AM	
Makara Rasi: 23.1	Tithi 14 – 15	Yama 1:37PM – 3:05PM	Sobhana Until 4:36PM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Creative Work Siddha Yoga	596442362	Rahu 9:14AM – 10:42AM	Visti Until 12:58AM Sun	Nataraja: Clear		Purnima
Until 6:19AM Sat			Chaturdashi* Until 11:49AM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Avani Avittam		Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sun 28 Sutra 133 Vilamba 5120
0		Gulika 3:05PM – 4:33PM	Dhanishtha Until 9:07AM	Ganesha: White	<i>Sunrise:</i> 6:17AM	
Kumbha Rasi: 5.06	Tithi 15 – 16	Yama 12:09PM – 1:37PM	Athiganda* Until 5:17PM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Routine Work Marana Yoga	596442362	Rahu 4:33PM – 6:01PM	Balava Until 2:58AM Mon	Nataraja: Clear		Prathama
Until 9:07AM			Purnima* Until 1:59PM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lusaka, Zambia

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.1 Tihi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

Until 11:25AM

Then Routine Work - Marana Yoga

Gulika 1:37PM - 3:05PM
Yama 10:41AM - 12:09PM
Rahu 7:45AM - 9:13AM

Shatabhishak Until 11:25AM
Sukarma Until 5:43PM
Taitila Until 4:35AM Tue

Prathama* Until 3:48PM

Ganesha: White Sunrise: 6:17AM
Muruga: Clear Sunset: 6:01PM
Nataraja: Clear

Moon - Purple
Sravana-Avani

Subha Sivaloka Day

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.23 Tihi 17 - 18

Routine Work Marana Yoga

Until 1:39PM

Then Creative Work - Amrita Yoga

Gulika 12:09PM - 1:37PM
Yama 9:12AM - 10:41AM
Rahu 3:05PM - 4:33PM

Purvaproshtapada* Until 1:39PM
Dhriti Until 5:50PM
Vanija Until 5:46AM Wed

Dvitiya Until 5:12PM

Ganesha: Clear Sunrise: 6:16AM
Muruga: Purple Sunset: 6:01PM
Nataraja: Purple

Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shula*/Ganda* Yoga Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.47 Tihi 18

Creative Work Siddha Yoga

Until 3:18PM

Then Routine Work - Marana Yoga

Gulika 10:40AM - 12:08PM
Yama 7:44AM - 9:12AM
Rahu 12:08PM - 1:37PM

Uttaraproshtapada Until 3:18PM
Shula* Until 5:34PM
Visti Until 6:10PM

Tritiya Until 6:10PM

Ganesha: Clear Sunrise: 6:15AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Purple

Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.24 Tihi 19

Creative Work Siddha Yoga

Until 6:43PM Fri

Then Creative Work - Amrita Yoga

Gulika 9:11AM - 10:40AM
Yama 6:15AM - 7:43AM
Rahu 1:37PM - 3:05PM

Revati Until 6:43PM Fri
Ganda* Until 4:58PM
Bava Until 6:30AM

Chaturthi* Until 6:41PM

Ganesha: Clear Sunrise: 6:15AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Purple

Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Bharani Nakshatra Vridhi/Dhruva Yoga Kaulava Karana Panchamyam Titau

Lusaka, Zambia

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.13 Tihi 20

Creative Work Amrita Yoga

Until 6:43PM

Then Creative Work - Siddha Yoga

Gulika 7:42AM - 9:11AM
Yama 3:05PM - 4:33PM
Rahu 10:39AM - 12:08PM

Revati Until 6:43PM
Vridhi Until 14:40AM Sat
Kaulava Until 6:47AM

Panchami Until 6:43PM

Ganesha: Purple Sunrise: 6:14AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Purple

Moon - White
Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.17 Tihi 21

Creative Work Siddha Yoga

Until 5:32PM

Then Creative Work - Amrita Yoga

Gulika 6:13AM - 7:42AM
Yama 1:36PM - 3:05PM
Rahu 9:10AM - 10:39AM

Bharani Until 5:32PM
Dhruva Until 2:40PM
Gara Until 5:53AM Sun

Shashthi* Until 14:40AM Sat

Ganesha: Purple Sunrise: 6:13AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Purple

Moon - White
Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 3.37 Tihi 22 - 23

Creative Work Siddha Yoga

Gulika 3:05PM - 4:33PM
Yama 12:07PM - 1:36PM
Rahu 4:33PM - 6:02PM

Krittika Until 5:11PM
Vyaghata* Until 12:55PM
Balava Until 4:41AM Mon

Saptami Until 5:20PM

Ganesha: Purple Sunrise: 6:13AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Purple

Moon - White
Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 17.13 Tihi 23 - 24

Family Home Evening

Creative Work Amrita Yoga

Gulika 1:36PM - 3:04PM
Yama 10:38AM - 12:07PM
Rahu 7:41AM - 9:09AM

Rohini Until 4:36PM
Harshana Until 10:47AM
Taitila Until 3:00AM Tue

Ashtami* Until 3:53PM

Ganesha: Clear Sunrise: 6:12AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Purple

Moon - Yellow
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lusaka, Zambia

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.07 Tihi 24 - 25

Creative Work Siddha Yoga

Until 3:24PM

Then Routine Work - Marana Yoga

Gulika 12:07PM - 1:35PM
Yama 9:09AM - 10:38AM
Rahu 3:04PM - 4:33PM

Mrigashira Until 3:24PM
Vajra* Until 8:12AM
Vanija Until 12:49AM Wed

Navami* Until 1:57PM

Ganesha: White Sunrise: 6:11AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Purple

Moon - Yellow
Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

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1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.2	Tithi 25 – 26	Gulika 10:37AM – 12:06PM	Ardra Until 1:37PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
			Yama 7:39AM – 9:08AM	Vyatipata* Until 2:00AM Thu	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 Rahu 12:06PM – 1:35PM	Bava Until 10:13PM	Nataraja: Purple		2nd Phase
			Dashami Until 11:33AM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 10 Sutra 144 Vilamba 5120
	Mithuna Rasi: 29.5	Tithi 26 – 27	Gulika 9:08AM – 10:37AM	Punarvasu Until 11:43AM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM	
			Yama 6:10AM – 7:39AM	Variyan Until 10:27PM	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 1:35PM – 3:04PM	Kaulava Until 7:17PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 8:46AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 14.33	Tithi 28	Gulika 7:38AM – 9:07AM	Pushya Until 9:24AM	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM	
			Yama 3:04PM – 4:33PM	Parigha* Until 6:43PM	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:36AM – 12:06PM	Gara Until 4:07PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 2:28AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 146 Vilamba 5120
	Kataka Rasi: 29.24	Tithi 29	Gulika 6:08AM – 7:37AM	Ashlesha* Until 6:49AM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	
			Yama 1:34PM – 3:04PM	Shiva Until 2:56PM	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 9:07AM – 10:36AM	Visti Until 12:50PM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 11:11PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				Then Creative Work - Amrita Yoga			

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada* Karana Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 3:04PM – 4:33PM	Purvaphalguni Until 2:08AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:07AM	
	Simha Rasi: 14.16	Tithi 30	Yama 12:05PM – 1:34PM	Siddha Until 11:09AM	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 Rahu 4:33PM – 6:02PM	Catuspada Until 9:35AM	Nataraja: Purple		Amavasya
			Amavasya* Until 8:00PM	Moon – Red		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				Grandparent's Day			

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.01	Tithi 1 – 2	Gulika 1:34PM – 3:03PM	Uttaraphalguni Until 11:58PM	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	
	Family Home Evening		Yama 10:35AM – 12:05PM	Sadhya Until 7:32AM	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 Rahu 7:36AM – 9:06AM	Kintughna Until 6:31AM	Nataraja: Purple		Prathama
			Prathama* Until 5:04PM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiayam Titau				Lusaka, Zambia Sun 15 Sutra 149 Vilamba 5120		
	Kanya Rasi: 13.31	Tiithi 2 – 3	Gulika Yama	12:04PM – 1:34PM 9:05AM – 10:35AM	Hasta Sukla	Until 10:33PM Until 1:17AM Wed	Ganesh: Blue Muruga: Purple Nataraja: Purple	Sunrise: 6:06AM Sunset: 6:03PM	Moon 8 - Phase 21 3rd Phase
	Creative Work Siddha Yoga		569452363	Rahu 3:03PM – 4:33PM	Taitila Until 1:31AM Wed Dvitiya Until 2:34PM		Bhuloka Day Bhadrapada-Avani		

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara Karana Tritiya/Chaturthyam Titau				Lusaka, Zambia Sun 16 Sutra 150 Vilamba 5120		
	Kanya Rasi: 27.41	Tiithi 3 – 4	Gulika Yama	10:34AM – 12:04PM 7:35AM – 9:04AM	Chitra Brahma	Until 9:35PM Until 10:53PM	Ganesh: Blue Muruga: Purple Nataraja: Purple	Sunrise: 6:05AM Sunset: 6:03PM	Moon 8 - Phase 21 3rd Phase
	Creative Work Siddha Yoga		569452363	Rahu 12:04PM – 1:34PM	Gara Until 12:37PM Tritiya Until 12:37PM		Bhuloka Day Bhadrapada-Avani		

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia Sun 17 Sutra 151 Vilamba 5120		
	Tula Rasi: 11.25	Tiithi 4 – 5	Gulika Yama	9:04AM – 10:34AM 6:04AM – 7:34AM	Svati Indra	Until 9:12PM Until 9:04PM	Ganesh: Blue Muruga: Purple Nataraja: Purple	Sunrise: 6:04AM Sunset: 6:03PM	Moon 8 - Phase 21 3rd Phase
	Creative Work Amrita Yoga Until 9:12PM Then Creative Work - Siddha Yoga		569452363	Rahu 1:33PM – 3:03PM	Bava Until 11:02PM Chaturthi* Until 11:21AM		Bhuloka Day Bhadrapada-Avani		

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lusaka, Zambia Sun 18 Sutra 152 Vilamba 5120		
	Tula Rasi: 24.44	Tiithi 5 – 6	Gulika Yama	7:33AM – 9:03AM 3:03PM – 4:33PM	Vishakha Vaidhriti*	Until 9:56PM Until 7:53PM	Ganesh: White Muruga: Purple Nataraja: Purple	Sunrise: 6:04AM Sunset: 6:03PM	Moon 8 - Phase 21 3rd Phase
	Creative Work Siddha Yoga		579552363	Rahu 10:33AM – 12:03PM	Kaulava Until 10:59PM Panchami Until 10:53AM		Devaloka Day Bhadrapada-Avani		

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lusaka, Zambia Sun 19 Sutra 153 Vilamba 5120		
	Vrischika Rasi: 7.37	Tiithi 6 – 7	Gulika Yama	6:03AM – 7:33AM 1:33PM – 3:03PM	Anuradha Vishkambha*	Until 11:18PM Until 7:22PM	Ganesh: White Muruga: Purple Nataraja: Purple	Sunrise: 6:03AM Sunset: 6:03PM	Moon 8 - Phase 21 3rd Phase
	Creative Work Siddha Yoga		579552363	Rahu 9:03AM – 10:33AM	Gara Until 11:46PM Shashthi* Until 11:15AM		Devaloka Day Bhadrapada-Avani		

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lusaka, Zambia Sun 20 Sutra 154 Vilamba 5120		
	Retreat Star		Gulika Yama	3:03PM – 4:33PM 12:02PM – 1:33PM	Jyeshtha* Priti	Until 1:14AM Mon Until 7:27PM	Ganesh: White Muruga: Purple Nataraja: Purple	Sunrise: 6:02AM Sunset: 6:03PM	Moon 8 - Phase 21 Ashtami
	Routine Work Marana Yoga Until 1:14AM Mon Then Creative Work - Siddha Yoga		579552363	Rahu 4:33PM – 6:03PM	Visti Until 1:17AM Mon Saptami Until 12:25PM		Devaloka Day Bhadrapada-Avani		

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lusaka, Zambia Sun 21 Sutra 155 Vilamba 5120		
	Retreat Star		Gulika Yama	1:32PM – 3:02PM 10:32AM – 12:02PM	Mula* Ayushman	Until 4:04AM Tue Until 7:59PM	Ganesh: Clear Muruga: Purple Nataraja: Purple	Sunrise: 6:01AM Sunset: 6:03PM	Moon 8 - Phase 21 Navami
	Dhanus Rasi: 2.18 Family Home Evening Creative Work Siddha Yoga		589552363	Rahu 7:31AM – 9:02AM	Balava Until 3:24AM Tue Ashtami* Until 2:16PM		Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 14.17	Tithi 9 – 10	Gulika	12:02PM – 1:32PM	Purvashadha* Until 7:06AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	
		Yama	9:01AM – 10:31AM	Saubhagya Until 8:52PM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
		581552363 Rahu	3:02PM – 4:33PM	Taitila Until 5:54AM Wed	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Navami* Until 4:36PM	Moon – Light Blue		Bhuloka Day
Until 7:06AM Wed					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 157 Vilamba 5120	
Dhanus Rasi: 26.07	Tithi 10	Gulika	10:31AM – 12:01PM	Purvashadha* Until 7:06AM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	
		Yama	7:30AM – 9:00AM	Sobhana Until 9:56PM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
		581552363 Rahu	12:01PM – 1:32PM	Gara Until 7:12PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Dashami Until 7:12PM	Moon – Light Blue		Bhuloka Day
					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 7.55	Tithi 11	Gulika	9:00AM – 10:30AM	Uttarashadha Until 10:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	
		Yama	5:59AM – 7:29AM	Athiganda* Until 10:58PM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
		581552363 Rahu	1:32PM – 3:02PM	Vanija Until 8:32AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Ekadashi Until 9:48PM	Moon – Light Blue		Bhuloka Day
Until 10:04AM					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 19.43	Tithi 12	Gulika	7:29AM – 8:59AM	Shravana Until 2:16AM Sun Sat	Ganesha: Purple	<i>Sunrise:</i> 5:58AM	
		Yama	3:02PM – 4:33PM	Sukarma Until 11:51PM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
		591552363 Rahu	10:30AM – 12:01PM	Bava Until 11:04AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Dvadashi Until 12:13AM Sat	Moon – Purple		Devaloka Day
Until 2:16AM Sun Sat					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 160 Vilamba 5120	
Kumbha Rasi: 1.38	Tithi 13	Gulika	5:57AM – 7:28AM	Shravana Until 2:16AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	
		Yama	1:31PM – 3:02PM	Dhriti Until 12:28AM Sun	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
		591552363 Rahu	8:59AM – 10:30AM	Kaulava Until 1:19PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 2:16AM Sun	Moon – Purple		Devaloka Day
					Bhadrapada-Puratasi		

Pradosha Vrata

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 13.43	Tithi 14	Gulika	3:02PM – 4:32PM	Shatabhishak Until 6:11PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	
		Yama	12:00PM – 1:31PM	Shula* Until 12:42AM Mon	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
		591552363 Rahu	4:32PM – 6:03PM	Gara Until 15:88AM Mon	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 12:28AM Sun	Moon – Purple		Devaloka Day
					Bhadrapada-Puratasi		
		Chidambaram Abhishekam					
		Kadaitswami Mahasamadhi					

○ Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sutra 162 Vilamba 5120	
Copper Retreat Star		Gulika	1:31PM – 3:01PM	Purvaproshtapada* Until 8:11PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	
Kumbha Rasi: 25.58	Tithi 15	Yama	10:29AM – 12:00PM	Ganda* Until 12:34AM Tue	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
Family Home Evening		511552363 Rahu	7:27AM – 8:58AM	Visti Until 4:28PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga			Purnima* Until 4:55AM Tue	Moon – Clear		Devaloka Day
Until 8:11PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sutra 163 Vilamba 5120	
Silver Retreat Star		Gulika	11:59AM – 1:30PM	Uttaraproshtapada Until 9:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	
Meena Rasi: 8.27	Tithi 16	Yama	8:57AM – 10:28AM	Vriddhi Until 12:02AM Wed	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
		511552363 Rahu	3:01PM – 4:32PM	Balava Until 5:16PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Prathama* Until 5:28AM Wed	Moon – Clear		Devaloka Day
Until 9:31PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Meena Rasi: 21.1 Tiithi 17

511552363

Gulika 10:28AM – 11:59AM
Yama 7:25AM – 8:57AM
Rahu 11:59AM – 1:30PM

Revati Until 10:14PM
Dhruva Until 11:06PM
Tailila Until 5:35PM
Dvitiya Until 5:33AM Thu

Ganesha: Purple *Sunrise:* 5:54AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Mesha Rasi: 4.07 Tiithi 18

521552363

Gulika 8:56AM – 10:27AM
Yama 5:53AM – 7:25AM
Rahu 1:30PM – 3:01PM

Ashvini Until 10:50PM
Vyaghata* Until 9:51PM
Vanija Until 5:28PM
Tritiya Until 5:14AM Fri

Ganesha: Clear *Sunrise:* 5:53AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 1 Sutra 165
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 10:50PM
Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia

Mesha Rasi: 17.16 Tiithi 19

622552363

Gulika 7:24AM – 8:55AM
Yama 3:01PM – 4:32PM
Rahu 10:27AM – 11:58AM

Bharani Until 10:55PM
Harshana Until 8:19PM
Bava Until 4:57PM
Chaturthi* Until 4:33AM Sat

Ganesha: Clear *Sunrise:* 5:53AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 2 Sutra 166
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Kaulava/Tailila Karana Panchamyam Titau

Lusaka, Zambia

Vrisabha Rasi: 0.37 Tiithi 20

622552363

Gulika 5:52AM – 7:23AM
Yama 1:29PM – 3:01PM
Rahu 8:55AM – 10:26AM

Krittika Until 10:32PM
Vajra* Until 6:29PM
Kaulava Until 4:06PM
Panchami Until 3:33AM Sun

Ganesha: Clear *Sunrise:* 5:52AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 3 Sutra 167
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Vrisabha Rasi: 14.07 Tiithi 21

632552363

Gulika 3:01PM – 4:32PM
Yama 11:58AM – 1:29PM
Rahu 4:32PM – 6:04PM

Rohini Until 10:09PM
Siddhi Until 4:26PM
Gara Until 2:57PM
Shashthi* Until 2:15AM Mon

Ganesha: Purple *Sunrise:* 5:51AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 4 Sutra 168
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia

Vrisabha Rasi: 27.49 Tiithi 22

632552363

Gulika 1:29PM – 3:01PM
Yama 10:26AM – 11:57AM
Rahu 7:22AM – 8:54AM

Mrigashira Until 9:21PM
Vyatipata* Until 2:09PM
Visti Until 1:31PM
Saptami Until 12:40AM Tue

Ganesha: Purple *Sunrise:* 5:50AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 5 Sutra 169
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 9:21PM
Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Mithuna Rasi: 11.4 Tiithi 23

632552363

Gulika 11:57AM – 1:29PM
Yama 8:53AM – 10:25AM
Rahu 3:00PM – 4:32PM

Ardra Until 8:07PM
Variyan Until 11:38AM
Balava Until 11:48AM
Ashtami* Until 10:49PM

Ganesha: Purple *Sunrise:* 5:50AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 6 Sutra 170
Vilamba 5120
Moon 9 - Phase 23
Ashtami

Bhuloka Day

Routine Work Marana Yoga
Until 8:07PM
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Tailila/Vanija Karana Navamyam Titau

Lusaka, Zambia

Mithuna Rasi: 25.42 Tiithi 24

642552363

Gulika 10:25AM – 11:57AM
Yama 7:21AM – 8:53AM
Rahu 11:57AM – 1:28PM

Punarvasu Until 6:54PM
Parigha* Until 6:54PM
Tailila Until 9:49AM
Navami* Until 8:42PM

Ganesha: Clear *Sunrise:* 5:49AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Sun 7 Sutra 171
Vilamba 5120
Moon 9 - Phase 23
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 9.54	Tithi 25	Gulika	8:52AM – 10:24AM	Pushya Until 3:49PM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:48AM			
		Yama	5:48AM – 7:20AM	Siddha Until 2:50AM Fri	Muruga: Purple	<i>Sunset:</i> 6:04PM		Moon 9 - Phase 24	
		642552363 Rahu	1:28PM – 3:00PM	Vanija Until 7:35AM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 6:21PM	Moon – Blue		Bhuloka Day		
Until 3:49PM Fri					Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga									

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 24.15	Tithi 26 – 27	Gulika	7:20AM – 8:52AM	Pushya Until 3:49PM	Ganesh: Clear	<i>Sunrise:</i> 5:47AM			
		Yama	3:00PM – 4:32PM	Sadhya Until 3:24PM	Muruga: Purple	<i>Sunset:</i> 6:04PM		Moon 9 - Phase 24	
		642552363 Rahu	10:24AM – 11:56AM	Kaulava Until 1:92AM Sat	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 3:49PM	Moon – Blue		Bhuloka Day		
					Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM		

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 8.42	Tithi 27 – 28	Gulika	5:47AM – 7:19AM	Ashlesha* Until 1:11PM	Ganesh: White	<i>Sunrise:</i> 5:47AM			
		Yama	1:28PM – 3:00PM	Subha Until 7:78PM	Muruga: Purple	<i>Sunset:</i> 6:05PM		Moon 9 - Phase 24	
		652552363 Rahu	8:51AM – 10:23AM	Gara Until 11:53PM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 1:11PM	Moon – Red		Bhuloka Day		
Until 1:11PM					Bhadrapada-Puratasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 23.1	Tithi 28 – 29	Gulika	3:00PM – 4:32PM	Purvaphalguni Until 11:47AM	Ganesh: White	<i>Sunrise:</i> 5:46AM			
		Yama	11:55AM – 1:28PM	Sukla Until 5:01PM	Muruga: Purple	<i>Sunset:</i> 6:05PM		Moon 9 - Phase 24	
		652552363 Rahu	4:32PM – 6:05PM	Visti Until 9:17PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 10:33AM	Moon – Red		Bhuloka Day		
Until 11:47AM					Bhadrapada-Puratasi				
Then Creative Work - Amrita Yoga									

●		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lusaka, Zambia Sun 12 Sutra 176 Vilamba 5120	
Retreat Star		Gulika	1:28PM – 3:00PM	Uttaraphalguni Until 9:53AM	Ganesh: White	<i>Sunrise:</i> 5:45AM			
Kanya Rasi: 7.35	Tithi 29 – 30	Yama	10:23AM – 11:55AM	Brahma Until 1:52PM	Muruga: Purple	<i>Sunset:</i> 6:05PM		Moon 9 - Phase 24	
Family Home Evening		652552364 Rahu	7:18AM – 8:50AM	Catuspada Until 6:52PM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 8:02AM	Moon – Red		Bhuloka Day		
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM		

Retreat Star		Tuesday, October 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 21.5	Tithi 1	Gulika	11:55AM – 1:27PM	Hasta Until 8:32AM	Ganesh: Red	<i>Sunrise:</i> 5:45AM			
		Yama	8:50AM – 10:22AM	Indra Until 10:59AM	Muruga: Purple	<i>Sunset:</i> 6:05PM		Moon 9 - Phase 24	
		662652364 Rahu	3:00PM – 4:32PM	Kintughna Until 4:48PM	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 3:54AM Wed	Moon – Green		Devaloka Day		
		Navaratri Begins			Ashvina-Puratasi				

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lusaka, Zambia Sun 14 Sutra 178	
	Tula Rasi: 5.49	Tithi 2	Gulika 10:22AM – 11:55AM	Chitra Until 7:28AM	Ganesh: Red <i>Sunrise: 5:44AM</i>	Vilamba 5120		
			Yama 7:17AM – 8:49AM	Vaidhriti* Until 8:25AM	Muruga: Purple <i>Sunset: 6:05PM</i>	Moon 9 - Phase 25		
	Creative Work	Siddha Yoga	662652364 Rahu 11:55AM – 1:27PM	Balava Until 3:12PM	Nataraja: Clear	3rd Phase		
			Dvitiya Until 2:36AM Thu	Moon – Green	Devaloka Day			
				Ashvina•Puratasi				

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau				Lusaka, Zambia Sun 15 Sutra 179	
	Tula Rasi: 19.27	Tithi 3	Gulika 8:49AM – 10:21AM	Svati Until 6:49AM	Ganesh: Red <i>Sunrise: 5:43AM</i>	Vilamba 5120		
			Yama 5:43AM – 7:16AM	Vishkambha* Until 6:19AM	Muruga: Purple <i>Sunset: 6:05PM</i>	Moon 9 - Phase 25		
	Creative Work	Amrita Yoga	662652364 Rahu 1:27PM – 3:00PM	Tailila Until 2:12PM	Nataraja: Clear	3rd Phase		
			Tritiya Until 1:57AM Fri	Moon – Green	Devaloka Day			
				Ashvina•Puratasi				

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Lusaka, Zambia Sun 16 Sutra 180	
	Vrischika Rasi: 2.42	Tithi 4	Gulika 7:15AM – 8:48AM	Vishakha Until 7:08AM	Ganesh: White <i>Sunrise: 5:43AM</i>	Vilamba 5120		
			Yama 3:00PM – 4:33PM	Ayushman Until 3:49AM Sat	Muruga: Purple <i>Sunset: 6:05PM</i>	Moon 9 - Phase 25		
	Creative Work	Siddha Yoga	673652364 Rahu 10:21AM – 11:54AM	Vanija Until 1:56PM	Nataraja: Clear	3rd Phase		
			Chaturthi* Until 2:04AM Sat	Moon – Orange	Bhuloka Day			
				Ashvina•Puratasi	Devaloka Time: 6:PM to 9:PM			

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 17 Sutra 181	
	Vrischika Rasi: 15.34	Tithi 5	Gulika 5:42AM – 7:15AM	Anuradha Until 8:03AM	Ganesh: White <i>Sunrise: 5:42AM</i>	Vilamba 5120		
			Yama 1:27PM – 3:00PM	Saubhagya Until 3:28AM Sun	Muruga: Purple <i>Sunset: 6:06PM</i>	Moon 9 - Phase 25		
	Creative Work	Siddha Yoga	673652364 Rahu 8:48AM – 10:21AM	Bava Until 2:27PM	Nataraja: Clear	3rd Phase		
			Panchami Until 2:58AM Sun	Moon – Orange	Bhuloka Day			
				Ashvina•Puratasi	Devaloka Time: 6:PM to 9:PM			

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau				Lusaka, Zambia Sun 18 Sutra 182	
	Vrischika Rasi: 28.05	Tithi 6	Gulika 3:00PM – 4:33PM	Jyeshtha* Until 9:33AM	Ganesh: White <i>Sunrise: 5:41AM</i>	Vilamba 5120		
			Yama 11:54AM – 1:27PM	Sobhana Until 3:41AM Mon	Muruga: Purple <i>Sunset: 6:06PM</i>	Moon 9 - Phase 25		
	Routine Work	Marana Yoga	673652364 Rahu 4:33PM – 6:06PM	Kaulava Until 3:43PM	Nataraja: Clear	3rd Phase		
			Shashthi* Until 4:36AM Mon	Moon – Orange	Bhuloka Day			
				Ashvina•Puratasi	Devaloka Time: 6:PM to 9:PM			

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia Sun 19 Sutra 183	
	Dhanu Rasi: 10.17	Tithi 7	Gulika 1:26PM – 3:00PM	Mula* Until 12:03PM	Ganesh: Clear <i>Sunrise: 5:41AM</i>	Vilamba 5120		
	Family Home Evening		Yama 10:20AM – 11:53AM	Athiganda* Until 4:19AM Tue	Muruga: Purple <i>Sunset: 6:06PM</i>	Moon 9 - Phase 25		
	Creative Work	Siddha Yoga	683652364 Rahu 7:14AM – 8:47AM	Gara Until 5:40PM	Nataraja: Clear	3rd Phase		
			Saptami Until 6:49AM Tue	Moon – Light Blue	Devaloka Day			
				Ashvina•Puratasi				

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lusaka, Zambia Sun 20 Sutra 184	
	Retreat Star		Gulika 11:53AM – 1:26PM	Purvashadha* Until 9:23AM Wed	Ganesh: Clear <i>Sunrise: 5:40AM</i>	Vilamba 5120		
	Dhanu Rasi: 22.16	Tithi 7 – 8	Yama 8:46AM – 10:20AM	Sukarma Until 5:15AM Wed	Muruga: Purple <i>Sunset: 6:06PM</i>	Moon 9 - Phase 25		
	Creative Work	Siddha Yoga	683652364 Rahu 3:00PM – 4:33PM	Visti Until 8:05PM	Nataraja: Clear	Ashtami		
			Saptami Until 6:49AM	Moon – Light Blue	Devaloka Day			
				Ashvina•Puratasi				

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lusaka, Zambia Sun 21 Sutra 185	
	Retreat Star		Gulika 10:19AM – 11:53AM	Purvashadha* Until 9:23AM	Ganesh: Clear <i>Sunrise: 5:39AM</i>	Vilamba 5120		
	Makara Rasi: 4.06	Tithi 8 – 9	Yama 7:13AM – 8:46AM	Dhriti Until 6:17AM Thu	Muruga: Purple <i>Sunset: 6:06PM</i>	Moon 9 - Phase 25		
	Creative Work	Amrita Yoga	683652364 Rahu 11:53AM – 1:26PM	Balava Until 10:44PM	Nataraja: Clear	Navami		
			Ashtami* Until 9:23AM	Moon – Light Blue	Devaloka Day			
				Ashvina•Aipasi				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 26.55 Tihi 17 - 18

624652364 Rahu 10:17AM - 11:51AM

Gulika 7:09AM - 8:43AM

Yama 3:00PM - 4:34PM

Krittika Until 4:40AM Sat

Vyatipata* Until 12:11AM Sat

Vanija Until 3:56AM Sat

Dvitiya Until 4:40PM

Ganesha: White Sunrise: 5:34AM

Muruga: Purple Sunset: 6:09PM

Nataraja: Clear

Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 4:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Lusaka, Zambia

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 10.4 Tihi 18 - 19

634652364 Rahu 8:43AM - 10:17AM

Gulika 5:34AM - 7:08AM

Yama 1:26PM - 3:00PM

Rohini Until 3:50AM Sun

Variyan Until 9:42PM

Bava Until 2:17AM Sun

Tritiya Until 3:07PM

Ganesha: Clear Sunrise: 5:34AM

Muruga: Purple Sunset: 6:09PM

Nataraja: Clear

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 24.35 Tihi 19 - 20

634652364 Rahu 4:35PM - 6:09PM

Gulika 3:00PM - 4:35PM

Yama 11:51AM - 1:26PM

Mrigashira Until 2:44AM Mon

Parigha* Until 7:06PM

Balava Until 1:23PM

Chaturthi* Until 1:23PM

Ganesha: Clear Sunrise: 5:33AM

Muruga: Purple Sunset: 6:09PM

Nataraja: Clear

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Lusaka, Zambia

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 8.34 Tihi 20 - 21

Family Home Evening

634652364 Rahu 7:07AM - 8:42AM

Gulika 1:26PM - 3:00PM

Yama 10:17AM - 11:51AM

Ardra Until 1:23AM Tue

Shiva Until 4:25PM

Gara Until 10:35PM

Panchami Until 11:31AM

Ganesha: Clear Sunrise: 5:33AM

Muruga: Purple Sunset: 6:10PM

Nataraja: Clear

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 22.36 Tihi 21 - 22

644652364 Rahu 3:01PM - 4:35PM

Gulika 11:51AM - 1:26PM

Yama 8:42AM - 10:16AM

Punarvasu Until 12:17AM Wed

Siddha Until 1:40PM

Visti Until 8:38PM

Shashthi* Until 9:36AM

Ganesha: Purple Sunrise: 5:32AM

Muruga: Purple Sunset: 6:10PM

Nataraja: Clear

Moon - Blue
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 6.4 Tihi 22 - 23

644662364 Rahu 11:51AM - 1:26PM

Gulika 10:16AM - 11:51AM

Yama 7:07AM - 8:41AM

Pushya Until 11:01PM

Sadhya Until 10:55AM

Balava Until 6:40PM

Saptami Until 7:38AM

Ganesha: Purple Sunrise: 5:32AM

Muruga: Clear Sunset: 6:10PM

Nataraja: Clear

Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 20.45 Tihi 24

644662364 Rahu 1:26PM - 3:01PM

Gulika 8:41AM - 10:16AM

Yama 5:31AM - 7:06AM

Ashlesha* Until 9:36PM

Subha Until 8:09AM

Taitila Until 4:41PM

Navami* Until 3:40AM Fri

Ganesha: Purple Sunrise: 5:31AM

Muruga: Clear Sunset: 6:11PM

Nataraja: Clear

Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Lusaka, Zambia Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 4.5	Tithi 25	Gulika 7:06AM – 8:41AM	Magha* Until 8:29PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM		
		Yama 3:01PM – 4:36PM	Brahma Until 2:34AM Sat	Muruga: Clear	<i>Sunset:</i> 6:11PM		Moon 10 - Phase 28
		654662364 Rahu 10:16AM – 11:51AM	Vanija Until 2:42PM	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Dashami Until 1:42AM Sat	Moon – Red		Sivaloka Day	
Until 8:29PM				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 18.54	Tithi 26	Gulika 5:31AM – 7:06AM	Purvaphalguni Until 7:14PM	Ganesha: White	<i>Sunrise:</i> 5:31AM		
		Yama 1:26PM – 3:01PM	Indra Until 11:51PM	Muruga: Clear	<i>Sunset:</i> 6:11PM		Moon 10 - Phase 28
		654762364 Rahu 8:41AM – 10:16AM	Bava Until 12:45PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:46PM	Moon – Red		Devaloka Day	
Until 7:14PM				Ashvina-Aipasi			
Then Routine Work - Marana Yoga							

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lusaka, Zambia Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 2.56	Tithi 27	Gulika 3:01PM – 4:37PM	Uttaraphalguni Until 5:57PM	Ganesha: White	<i>Sunrise:</i> 5:30AM		
		Yama 11:51AM – 1:26PM	Vaidhriti* Until 9:11PM	Muruga: Clear	<i>Sunset:</i> 6:12PM		Moon 10 - Phase 28
		654762364 Rahu 4:37PM – 6:12PM	Kaulava Until 10:52AM	Nataraja: Clear			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 9:57PM	Moon – Red		Devaloka Day	
				Ashvina-Aipasi			

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 16.54	Tithi 28	Gulika 1:26PM – 3:02PM	Hasta Until 5:07PM	Ganesha: Green	<i>Sunrise:</i> 5:30AM		
Family Home Evening		Yama 10:16AM – 11:51AM	Vishkambha* Until 6:40PM	Muruga: Clear	<i>Sunset:</i> 6:12PM		Moon 10 - Phase 28
		664762364 Rahu 7:05AM – 8:40AM	Gara Until 9:07AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:19PM	Moon – Green		Devaloka Day	
Until 5:07PM				Ashvina-Aipasi			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 0.43	Tithi 29	Gulika 11:51AM – 1:26PM	Chitra Until 4:24PM	Ganesha: Green	<i>Sunrise:</i> 5:30AM		
		Yama 8:40AM – 10:16AM	Priti Until 4:24PM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 10 - Phase 28
		664762364 Rahu 3:02PM – 4:37PM	Visti Until 7:37AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:58PM	Moon – Green		Devaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			
		Deepavali Hindu Solidarity Day					

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 206 Vilamba 5120	
Retreat Star		Gulika 10:16AM – 11:51AM	Svati Until 3:56PM	Ganesha: White	<i>Sunrise:</i> 5:29AM		
Tula Rasi: 14.2	Tithi 30	Yama 7:05AM – 8:40AM	Ayushman Until 2:25PM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 10 - Phase 28
		764762364 Rahu 11:51AM – 1:27PM	Catuspada Until 5:46AM Thu	Nataraja: Clear			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:24PM	Moon – Green		Devaloka Day	
				Ashvina-Aipasi			

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 14 Sutra 207 Vilamba 5120	
Retreat Star		Gulika 8:40AM – 10:16AM	Vishakha Until 5:49PM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:29AM		
Tula Rasi: 27.42	Tithi 1 – 2	Yama 5:29AM – 7:05AM	Saubhagya Until 12:50PM	Muruga: Clear	<i>Sunset:</i> 6:13PM		Moon 10 - Phase 28
		775762364 Rahu 1:27PM – 3:02PM	Balava Until 5:39AM Fri	Nataraja: Clear			Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:37PM	Moon – Orange		Sivaloka Day	
		Skanda Shasthi Begins		Karttika-Aipasi			

1

Friday, November 9, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam

Lusaka, Zambia

Vishakha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau

Sun 15 Sutra 208

Vrischika Rasi: 10.46 Tithi 2 - 3

Gulika 7:04AM - 8:40AM

Vishakha Until 5:49PM

Ganesha: Orange

Sunrise: 5:29AM

Vilamba 5120

Yama 3:03PM - 4:38PM

Sobhana Until 11:08AM Sat

Muruga: Clear

Sunset: 6:14PM

Moon 10 - Phase 29

775762364 Rahu 10:16AM - 11:51AM

Taitila Until 6:12AM Sat

Nataraja: Clear

3rd Phase

Creative Work Siddha Yoga

Dvitiya Until 5:49PM

Moon - Orange

Sivaloka Day

Until 5:49PM

Then Routine Work - Marana Yoga

2

Saturday, November 10, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam

Lusaka, Zambia

Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyam Titau

Sun 16 Sutra 209

Vrischika Rasi: 23.3 Tithi 3

Gulika 5:28AM - 7:04AM

Jyeshtha* Until 6:18PM

Ganesha: Orange

Sunrise: 5:28AM

Vilamba 5120

Yama 1:27PM - 3:03PM

Athiganda* Until 11:08AM

Muruga: Clear

Sunset: 6:14PM

Moon 10 - Phase 29

775762364 Rahu 8:40AM - 10:16AM

Taitila Until 6:12AM

Nataraja: Clear

3rd Phase

Creative Work Siddha Yoga

Tritiya Until 6:42PM

Moon - Orange

Sivaloka Day

Until 8:31PM

Then Creative Work - Marana Yoga

3

Sunday, November 11, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam

Lusaka, Zambia

Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau

Sun 17 Sutra 210

Dhanus Rasi: 5.56 Tithi 4

Gulika 3:03PM - 4:39PM

Mula* Until 8:31PM

Ganesha: Clear

Sunrise: 5:28AM

Vilamba 5120

Yama 11:51AM - 1:27PM

Sukarma Until 11:03AM

Muruga: Clear

Sunset: 6:15PM

Moon 10 - Phase 29

785762364 Rahu 4:39PM - 6:15PM

Vanija Until 7:25AM

Nataraja: Clear

3rd Phase

Creative Work Amrita Yoga

Chaturthi* Until 8:15PM

Moon - Light Blue

Sivaloka Day

Until 8:31PM

Then Creative Work - Siddha Yoga

4

Monday, November 12, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam

Lusaka, Zambia

Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau

Sun 18 Sutra 211

Dhanus Rasi: 18.06 Tithi 5

Gulika 1:27PM - 3:03PM

Purvashadha* Until 11:08PM

Ganesha: Clear

Sunrise: 5:28AM

Vilamba 5120

Family Home Evening

Yama 10:16AM - 11:52AM

Dhriti Until 11:28AM

Muruga: Clear

Sunset: 6:15PM

Moon 10 - Phase 29

785762364 Rahu 7:04AM - 8:40AM

Bava Until 9:17AM

Nataraja: Clear

3rd Phase

Routine Work Marana Yoga

Panchami Until 10:23PM

Moon - Light Blue

Sivaloka Day

Until 8:31PM

Then Creative Work - Siddha Yoga

5

Tuesday, November 13, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam

Lusaka, Zambia

Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashtham Titau

Sun 19 Sutra 212

Makara Rasi: 0.04 Tithi 6

Gulika 11:52AM - 1:28PM

Uttarashadha Until 1:58AM Wed

Ganesha: Clear

Sunrise: 5:28AM

Vilamba 5120

Yama 8:40AM - 10:16AM

Shula* Until 1:58AM Wed

Muruga: Clear

Sunset: 6:16PM

Moon 10 - Phase 29

785762364 Rahu 3:04PM - 4:40PM

Kaulava Until 11:38AM

Nataraja: Clear

3rd Phase

Routine Work Prabalarishta Yoga

Shashthi* Until 12:55AM Wed

Moon - Light Blue

Sivaloka Day

Until 1:58AM Wed

Then Creative Work - Siddha Yoga

6

Wednesday, November 14, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam

Lusaka, Zambia

Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau

Sun 20 Sutra 213

Makara Rasi: 11.53 Tithi 7

Gulika 10:16AM - 11:52AM

Shravana Until 5:16AM Thu

Ganesha: Purple

Sunrise: 5:28AM

Vilamba 5120

Yama 7:04AM - 8:40AM

Ganda* Until 1:10PM

Muruga: Clear

Sunset: 6:16PM

Moon 10 - Phase 29

795762364 Rahu 11:52AM - 1:28PM

Gara Until 2:18PM

Nataraja: Clear

3rd Phase

Creative Work Siddha Yoga

Saptami Until 3:38AM Thu

Moon - Purple

Subha Sivaloka Day

Until 8:31PM

Then Creative Work - Siddha Yoga

D

Thursday, November 15, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam

Lusaka, Zambia

Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau

Sun 21 Sutra 214

Makara Rasi: 23.41 Tithi 8

Gulika 8:40AM - 10:16AM

Dhanishtha Until 8:18AM Fri

Ganesha: Purple

Sunrise: 5:27AM

Vilamba 5120

Yama 5:27AM - 7:04AM

Vriddhi Until 2:10PM

Muruga: Clear

Sunset: 6:17PM

Moon 10 - Phase 29

795762364 Rahu 1:28PM - 3:04PM

Visti Until 4:59PM

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:13AM Fri

Moon - Purple

Subha Sivaloka Day

Until 8:31PM

Then Creative Work - Siddha Yoga

Friday, November 16, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam

Lusaka, Zambia

Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Sun 22 Sutra 215

Kumbha Rasi: 5.31 Tithi 8 - 9

Gulika 7:03AM - 8:40AM

Dhanishtha Until 8:18AM

Ganesha: Purple

Sunrise: 5:27AM

Vilamba 5120

Yama 3:05PM - 4:41PM

Dhruva Until 2:59PM

Muruga: Clear

Sunset: 6:17PM

Moon 10 - Phase 29

795762364 Rahu 10:16AM - 11:52AM

Balava Until 7:25PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 6:13AM

Moon - Purple

Subha Sivaloka Day

Until 8:31PM

Then Creative Work - Siddha Yoga

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 23 Sutra 216 Vilamba 5120	
Kumbha Rasi: 17.3	Tithi 9 – 10	Gulika	5:27AM – 7:03AM	Shatabhishak Until 10:47AM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM			
		Yama	1:29PM – 3:05PM	Vyaghata* Until 3:29PM	Muruga: Clear	<i>Sunset:</i> 6:18PM		Moon 10 - Phase 30	
		796762365 Rahu	8:40AM – 10:16AM	Tailila Until 9:23PM	Nataraja: White			4th Phase	
Creative Work	Amrita Yoga			Navami* Until 8:27AM	Moon – Purple			Devaloka Day	
Until 10:47AM					Karttika-Karttikai				
Then Routine Work - Marana Yoga									

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Gara Karana Dashami/Ekadashyam Titau		Lusaka, Zambia Sun 24 Sutra 217 Vilamba 5120	
Kumbha Rasi: 29.41	Tithi 10 – 11	Gulika	3:05PM – 4:42PM	Purvaprossthapada* Until 1:02PM	Ganesha: Red	<i>Sunrise:</i> 5:27AM			
		Yama	11:53AM – 1:29PM	Harshana Until 3:32PM	Muruga: Clear	<i>Sunset:</i> 6:18PM		Moon 10 - Phase 30	
		716762365 Rahu	4:42PM – 6:18PM	Gara Until 10:06AM	Nataraja: White			4th Phase	
Creative Work	Siddha Yoga			Dashami Until 10:06AM	Moon – Clear			Devaloka Day	
Until 1:02PM					Karttika-Karttikai				
Then Creative Work - Amrita Yoga									

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 25 Sutra 218 Vilamba 5120	
Meena Rasi: 12.11	Tithi 11 – 12	Gulika	1:29PM – 3:06PM	Uttaraprossthapada Until 11:13AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:27AM			
Family Home Evening		Yama	10:16AM – 11:53AM	Vajra* Until 3:00PM	Muruga: Clear	<i>Sunset:</i> 6:19PM		Moon 10 - Phase 30	
		716762365 Rahu	7:03AM – 8:40AM	Bava Until 11:15PM	Nataraja: White			4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 11:02AM	Moon – Clear			Devaloka Day	
					Karttika-Karttikai				

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprossthapada*/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Balava Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 26 Sutra 219 Vilamba 5120	
Meena Rasi: 25.02	Tithi 12 – 13	Gulika	11:53AM – 1:29PM	Uttaraprossthapada Until 11:13AM	Ganesha: Red	<i>Sunrise:</i> 5:27AM			
		Yama	8:40AM – 10:16AM	Siddhi Until 11:73AM Wed	Muruga: Clear	<i>Sunset:</i> 6:19PM		Moon 10 - Phase 30	
		716762365 Rahu	3:06PM – 4:43PM	Balava Until 11:13AM	Nataraja: White			4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 11:13AM	Moon – Clear			Devaloka Day	
					Karttika-Karttikai				
					<i>Pradosha Vrata</i>				

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyalipata*/Varyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 27 Sutra 220 Vilamba 5120	
Mesha Rasi: 8.14	Tithi 13 – 14	Gulika	10:17AM – 11:53AM	Ashvini Until 3:03PM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM			
		Yama	7:03AM – 8:40AM	Vyatipata* Until 12:13PM	Muruga: Clear	<i>Sunset:</i> 6:20PM		Moon 10 - Phase 30	
		726762365 Rahu	11:53AM – 1:30PM	Gara Until 10:10PM	Nataraja: White			4th Phase	
Routine Work	Marana Yoga			Trayodashi Until 10:40AM	Moon – White			Bhuloka Day	
Until 3:03PM					Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Lusaka, Zambia Sun 28 Sutra 221 Vilamba 5120	
Copper Retreat Star		Gulika	8:40AM – 10:17AM	Bharani Until 2:23PM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM			
Mesha Rasi: 21.5	Tithi 14 – 15	Yama	5:27AM – 7:03AM	Varyan Until 10:01AM	Muruga: Clear	<i>Sunset:</i> 6:20PM		Moon 10 - Phase 30	
		726762365 Rahu	1:30PM – 3:07PM	Visti Until 8:40PM	Nataraja: White			Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 9:28AM	Moon – White			Bhuloka Day	
Until 2:23PM		Krittika Deepam			Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Lusaka, Zambia Sun 29 Sutra 222 Vilamba 5120	
Silver Retreat Star		Gulika	7:04AM – 8:40AM	Krittika Until 1:05PM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM			
Vrishabha Rasi: 5.44	Tithi 15 – 16	Yama	3:07PM – 4:44PM	Parigha* Until 7:25AM	Muruga: Clear	<i>Sunset:</i> 6:21PM		Moon 10 - Phase 30	
		726762365 Rahu	10:17AM – 11:54AM	Balava Until 6:42PM	Nataraja: White			Prathama	
Creative Work	Siddha Yoga			Purnima* Until 7:43AM	Moon – White			Bhuloka Day	
Until 1:05PM		Vinayaga Viratam Begins			Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 19.56 Tiithi 17

737762365

Gulika 5:27AM – 7:04AM

Yama 1:31PM – 3:08PM

Rahu 8:40AM – 10:17AM

Rohini Until 11:42AM

Siddha Until 1:19AM Sun

Taitila Until 4:25PM

Dvitiya Until 3:10AM Sun

Ganesha: Red *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:21PM

Nataraja: White

Moon – Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 11:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.17 Tiithi 18

737762365

Gulika 3:08PM – 4:45PM

Yama 11:54AM – 1:31PM

Rahu 4:45PM – 6:22PM

Mrigashira Until 9:56AM

Sadhya Until 9:56AM

Vanija Until 1:55PM

Tritiya Until 12:37AM Mon

Ganesha: Red *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:22PM

Nataraja: White

Moon – Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 18.44 Tiithi 19

737762365

Gulika 1:32PM – 3:08PM

Yama 10:18AM – 11:55AM

Rahu 7:04AM – 8:41AM

Ardra Until 7:57AM

Subha Until 6:45PM

Bava Until 11:21AM

Chaturthi* Until 10:04PM

Ganesha: Red *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:22PM

Nataraja: White

Moon – Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 7:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.1 Tiithi 20

747762365

Gulika 11:55AM – 1:32PM

Yama 8:41AM – 10:18AM

Rahu 3:09PM – 4:46PM

Punarvasu Until 6:16AM

Sukla Until 3:30PM

Kaulava Until 8:50AM

Panchami Until 7:36PM

Ganesha: Green *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:23PM

Nataraja: White

Moon – Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 17.31 Tiithi 21 – 22

747862365

Gulika 10:18AM – 11:55AM

Yama 7:04AM – 8:41AM

Rahu 11:55AM – 1:32PM

Ashlesha* Until 2:55AM Thu

Brahma Until 12:23PM

Gara Until 6:26AM

Shashthi* Until 5:17PM

Ganesha: White *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:23PM

Nataraja: White

Moon – Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Simha Rasi: 1.44 Tiithi 22 – 23

757863365

Gulika 8:41AM – 10:18AM

Yama 5:27AM – 7:04AM

Rahu 1:33PM – 3:10PM

Magha* Until 1:22PM Fri

Indra Until 9:27AM

Balava Until 2:17AM Fri

Saptami Until 3:12PM

Ganesha: Clear *Sunrise:* 5:27AM

Muruga: Purple *Sunset:* 6:24PM

Nataraja: White

Moon – Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 1:22PM Fri

Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 15.47 Tiithi 23 – 24

757863365

Gulika 7:04AM – 8:42AM

Yama 3:10PM – 4:47PM

Rahu 10:19AM – 11:56AM

Magha* Until 1:22PM

Vaidhriti* Until 3:68AM Sat

Taitila Until 12:35AM Sat

Ashtami* Until 1:22PM

Ganesha: Clear *Sunrise:* 5:27AM

Muruga: Purple *Sunset:* 6:25PM

Nataraja: White

Moon – Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lusaka, Zambia

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 29.41 Tiithi 24 – 25

758863365

Gulika 5:27AM – 7:05AM

Yama 1:34PM – 3:11PM

Rahu 8:42AM – 10:19AM

Uttaraphalguni Until 11:50PM

Priti Until 1:50AM Sun

Vanija Until 11:09PM

Navami* Until 11:49AM

Ganesha: Orange *Sunrise:* 5:27AM

Muruga: Purple *Sunset:* 6:25PM

Nataraja: White

Moon – Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

1 Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam			Lusaka, Zambia	
Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 231		Vilamba 5120		
Kanya Rasi: 13.25	Tithi 25 – 26	Gulika 3:11PM – 4:48PM	Hasta Until 11:30PM	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM		
		Yama 11:57AM – 1:34PM	Ayushman Until 11:43PM	Muruga: Purple <i>Sunset:</i> 6:26PM	Moon 11 - Phase 32	
	768863365	Rahu 4:48PM – 6:26PM	Bava Until 10:01PM	Nataraja: White	2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 10:31AM	Moon – Green	Bhuloka Day	
Until 11:30PM				Karttika-Karttikai		
Then Creative Work - Siddha Yoga						

2 Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam			Lusaka, Zambia	
Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 232		Vilamba 5120		
Kanya Rasi: 26.58	Tithi 26 – 27	Gulika 1:34PM – 3:12PM	Chitra Until 8:52AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM		
Family Home Evening		Yama 10:20AM – 11:57AM	Saubhagya Until 9:52PM	Muruga: Purple <i>Sunset:</i> 6:26PM	Moon 11 - Phase 32	
	768863365	Rahu 7:05AM – 8:42AM	Kaulava Until 9:11PM	Nataraja: White	2nd Phase	
Routine Work	Prabalarishta Yoga		Ekadashi* Until 9:32AM	Moon – Green	Bhuloka Day	
Until 8:52AM Tue				Karttika-Karttikai		
Then Creative Work - Amrita Yoga						

3 Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam			Lusaka, Zambia	
Chitra/Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 233		Vilamba 5120		
Tula Rasi: 10.21	Tithi 27 – 28	Gulika 11:57AM – 1:35PM	Chitra Until 8:52AM	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM		
		Yama 8:43AM – 10:20AM	Sobhana Until 18:60AM Wed	Muruga: Purple <i>Sunset:</i> 6:27PM	Moon 11 - Phase 32	
	768863365	Rahu 3:12PM – 4:50PM	Gara Until 8:41PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 8:52AM	Moon – Green	Bhuloka Day	
Until 8:52AM				Karttika-Karttikai		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam			Lusaka, Zambia	
Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 234		Vilamba 5120		
Tula Rasi: 23.32	Tithi 28 – 29	Gulika 10:20AM – 11:58AM	Vishakha Until 12:03AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:28AM		
		Yama 7:06AM – 8:43AM	Athiganda* Until 7:00PM	Muruga: Purple <i>Sunset:</i> 6:27PM	Moon 11 - Phase 32	
	778863365	Rahu 11:58AM – 1:35PM	Visti Until 8:36PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 8:34AM	Moon – Orange	Bhuloka Day	
Until 8:52AM				Karttika-Karttikai		

Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam			Lusaka, Zambia	
Retreat Star		Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 235		
Vrischika Rasi: 6.31	Tithi 29 – 30	Gulika 8:43AM – 10:21AM	Anuradha Until 1:04AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:28AM		
		Yama 5:28AM – 7:06AM	Sukarma Until 6:04PM	Muruga: Purple <i>Sunset:</i> 6:28PM	Moon 11 - Phase 32	
	778863365	Rahu 1:36PM – 3:13PM	Catuspada Until 8:59PM	Nataraja: White	Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:42AM	Moon – Orange	Bhuloka Day	
Until 1:04AM Fri				Karttika-Karttikai		
Then Routine Work - Marana Yoga						

Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam			Lusaka, Zambia	
Retreat Star		Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 236		
Vrischika Rasi: 19.15	Tithi 30 – 1	Gulika 7:06AM – 8:44AM	Jyeshtha* Until 2:25AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 5:29AM		
		Yama 3:14PM – 4:51PM	Dhriti Until 5:33PM	Muruga: Purple <i>Sunset:</i> 6:29PM	Moon 11 - Phase 32	
	779863365	Rahu 10:21AM – 11:59AM	Kintughna Until 9:52PM	Nataraja: White	Prathama	
Routine Work	Marana Yoga		Amavasya* Until 9:20AM	Moon – Orange	Bhuloka Day	
Until 2:25AM Sat				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Lusaka, Zambia
Dhanus Rasi: 1.46	Tithi 1 – 2	Gulika 5:29AM – 7:07AM	Mula* Until 4:36AM Sun	Ganesh: Purple <i>Sunrise:</i> 5:29AM	Sun 14	Sutra 237	
		Yama 1:37PM – 3:14PM	Shula* Until 5:24PM	Muruga: Purple <i>Sunset:</i> 6:29PM		Vilamba 5120	
		789863365 Rahu 8:44AM – 10:22AM	Balava Until 10:78PM	Nataraja: White		Moon 11 - Phase 33	
Creative Work	Siddha Yoga		Prathama* Until 5:33PM	Moon – Light Blue		3rd Phase	
				Margasira-Karttikai	Bhuloka Day		
2		Sunday, December 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Lusaka, Zambia
Dhanus Rasi: 14.02	Tithi 2 – 3	Gulika 3:15PM – 4:52PM	Purvashadha* Until 2:22PM Mon	Ganesh: Purple <i>Sunrise:</i> 5:29AM	Sun 15	Sutra 238	
		Yama 12:00PM – 1:37PM	Ganda* Until 5:41PM	Muruga: Purple <i>Sunset:</i> 6:30PM		Vilamba 5120	
		789863365 Rahu 4:52PM – 6:30PM	Taitila Until 1:15AM Mon	Nataraja: White		Moon 11 - Phase 33	
Creative Work	Siddha Yoga		Dvitiya Until 12:11PM	Moon – Light Blue		3rd Phase	
Until 2:22PM Mon				Margasira-Karttikai	Bhuloka Day		
Then Routine Work - Marana Yoga							
3		Monday, December 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturchayam Titau	Lusaka, Zambia
Dhanus Rasi: 26.06	Tithi 3 – 4	Gulika 1:38PM – 3:15PM	Purvashadha* Until 2:22PM	Ganesh: Purple <i>Sunrise:</i> 5:30AM	Sun 16	Sutra 239	
Family Home Evening		Yama 10:22AM – 12:00PM	Vridhi Until 6:18PM	Muruga: Purple <i>Sunset:</i> 6:30PM		Vilamba 5120	
		789863365 Rahu 7:07AM – 8:45AM	Vanija Until 3:38AM Tue	Nataraja: White		Moon 11 - Phase 33	
Routine Work	Marana Yoga		Tritiya Until 2:22PM	Moon – Light Blue		3rd Phase	
				Margasira-Karttikai	Bhuloka Day		
4		Tuesday, December 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Lusaka, Zambia
Makara Rasi: 8.01	Tithi 4 – 5	Gulika 12:00PM – 1:38PM	Uttarashadha Until 9:51AM	Ganesh: Purple <i>Sunrise:</i> 5:30AM	Sun 17	Sutra 240	
		Yama 8:45AM – 10:23AM	Dhruva Until 9:51AM	Muruga: Purple <i>Sunset:</i> 6:31PM		Vilamba 5120	
		789863365 Rahu 3:16PM – 4:53PM	Bava Until 6:18AM Wed	Nataraja: White		Moon 11 - Phase 33	
Routine Work	Prabalarishta Yoga		Chaturthi* Until 4:55PM	Moon – Light Blue		3rd Phase	
Until 9:51AM				Margasira-Karttikai	Bhuloka Day		
Then Creative Work - Siddha Yoga							
5		Wednesday, December 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shrivana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Lusaka, Zambia
Makara Rasi: 19.49	Tithi 5	Gulika 10:23AM – 12:01PM	Shravana Until 1:08PM	Ganesh: Clear <i>Sunrise:</i> 5:30AM	Sun 18	Sutra 241	
		Yama 7:08AM – 8:46AM	Vyaghata* Until 8:10PM	Muruga: Purple <i>Sunset:</i> 6:32PM		Vilamba 5120	
		799863365 Rahu 12:01PM – 1:39PM	Bava Until 6:18AM	Nataraja: White		Moon 11 - Phase 33	
Creative Work	Siddha Yoga		Panchami Until 7:40PM	Moon – Purple		3rd Phase	
Until 1:08PM				Margasira-Karttikai	Bhuloka Day		
Then Routine Work - Prabalarishta Yoga					Devaloka Time: 6:AM to 9:AM		
6		Thursday, December 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Kaulava Karana Shashthyam Titau	Lusaka, Zambia
Kumbha Rasi: 2	Tithi 6	Gulika 8:46AM – 10:24AM	Dhanishtha Until 4:17PM	Ganesh: Clear <i>Sunrise:</i> 5:31AM	Sun 19	Sutra 242	
		Yama 5:31AM – 7:08AM	Harshana Until 9:09PM	Muruga: Purple <i>Sunset:</i> 6:32PM		Vilamba 5120	
		799863365 Rahu 1:39PM – 3:17PM	Kaulava Until 9:03AM	Nataraja: White		Moon 11 - Phase 33	
Creative Work	Siddha Yoga		Shashthi* Until 10:22PM	Moon – Purple		3rd Phase	
				Margasira-Karttikai	Bhuloka Day		
					Devaloka Time: 6:AM to 9:AM		
		Vinayaga Viratam Ends					
Retreat Star		Friday, December 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Lusaka, Zambia
Kumbha Rasi: 13.25	Tithi 7	Gulika 7:09AM – 8:46AM	Shatabhishak Until 7:04PM	Ganesh: Clear <i>Sunrise:</i> 5:31AM	Sun 20	Sutra 243	
		Yama 3:17PM – 4:55PM	Vajra* Until 9:55PM	Muruga: Purple <i>Sunset:</i> 6:33PM		Vilamba 5120	
		799863365 Rahu 10:24AM – 12:02PM	Gara Until 11:40AM	Nataraja: White		Moon 11 - Phase 33	
Creative Work	Siddha Yoga		Saptami Until 12:49AM Sat	Moon – Purple		3rd Phase	
				Margasira-Karttikai	Bhuloka Day		
					Devaloka Time: 6:AM to 9:AM		
Retreat Star		Saturday, December 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Lusaka, Zambia
Kumbha Rasi: 25.22	Tithi 8	Gulika 5:32AM – 7:09AM	Purvaproshtapada* Until 9:45PM	Ganesh: Clear <i>Sunrise:</i> 5:32AM	Sun 21	Sutra 244	
		Yama 1:40PM – 3:18PM	Siddhi Until 10:21PM	Muruga: Purple <i>Sunset:</i> 6:33PM		Vilamba 5120	
		711863365 Rahu 8:47AM – 10:25AM	Visti Until 1:53PM	Nataraja: White		Moon 11 - Phase 33	
Routine Work	Marana Yoga		Ashtami* Until 2:45AM Sun	Moon – Clear		Ashtami	
Until 9:45PM				Margasira-Karttikai	Bhuloka Day		
Then Creative Work - Siddha Yoga					Devaloka Time: 6:AM to 9:AM		
Retreat Star		Sunday, December 16, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau	Lusaka, Zambia
Meena Rasi: 7.32	Tithi 9	Gulika 3:18PM – 4:56PM	Uttaraproshtapada Until 11:38PM	Ganesh: Purple <i>Sunrise:</i> 5:32AM	Sun 22	Sutra 245	
		Yama 12:03PM – 1:41PM	Vyatipata* Until 10:18PM	Muruga: Purple <i>Sunset:</i> 6:34PM		Vilamba 5120	
		811863365 Rahu 4:56PM – 6:34PM	Balava Until 3:30PM	Nataraja: White		Moon 11 - Phase 33	
Creative Work	Amrita Yoga		Navami* Until 4:01AM Mon	Moon – Clear		Navami	
		Markali Pillaiyar		Margasira-Markali	Bhuloka Day		

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1		Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Lusaka, Zambia Sun 23 Sutra 246 Vilamba 5120	
Meena Rasi: 19.59	Tithi 10	Gulika	1:41PM – 3:19PM	Revati Until 12:38AM Tue	Ganesh: Purple	<i>Sunrise:</i> 5:32AM	
Family Home Evening	811863365	Yama	10:26AM – 12:03PM	Variyan Until 9:38PM	Muruga: Purple	<i>Sunset:</i> 6:34PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	7:10AM – 8:48AM	Taitila Until 4:22PM	Nataraja: White		4th Phase
				Dashami Until 4:29AM Tue	Moon – Clear		Bhuloka Day
					Margasira*Markali		
2		Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Lusaka, Zambia Sun 24 Sutra 247 Vilamba 5120	
Mesha Rasi: 2.48	Tithi 11	Gulika	12:04PM – 1:42PM	Ashvini Until 1:09AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:33AM	
	821863365	Yama	8:48AM – 10:26AM	Parigha* Until 8:21PM	Muruga: Purple	<i>Sunset:</i> 6:35PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	3:19PM – 4:57PM	Vanija Until 4:26PM	Nataraja: White		4th Phase
				Ekadashi Until 4:08AM Wed	Moon – White		Bhuloka Day
		Vaikuntha Ekadasi			Margasira*Markali		Devaloka Time: 6:AM to 9:AM
3		Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau		Lusaka, Zambia Sun 25 Sutra 248 Vilamba 5120	
Mesha Rasi: 16.02	Tithi 12	Gulika	10:27AM – 12:04PM	Bharani Until 12:43AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:33AM	
	821863365	Yama	7:11AM – 8:49AM	Shiva Until 6:26PM	Muruga: Purple	<i>Sunset:</i> 6:35PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	12:04PM – 1:42PM	Bava Until 3:40PM	Nataraja: White		4th Phase
Until 12:43AM Thu				Dvadashi Until 2:59AM Thu	Moon – White		Bhuloka Day
Then Routine Work - Marana Yoga					Margasira*Markali		Devaloka Time: 6:AM to 9:AM
4		Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Lusaka, Zambia Sun 26 Sutra 249 Vilamba 5120	
Mesha Rasi: 29.42	Tithi 13	Gulika	8:49AM – 10:27AM	Krittika Until 11:28PM	Ganesh: Clear	<i>Sunrise:</i> 5:34AM	
	821863365	Yama	5:34AM – 7:11AM	Siddha Until 3:56PM	Muruga: Purple	<i>Sunset:</i> 6:36PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu	1:43PM – 3:20PM	Kaulava Until 2:09PM	Nataraja: White		4th Phase
				Trayodashi Until 1:08AM Fri	Moon – White		Bhuloka Day
					Margasira*Markali		Devaloka Time: 6:AM to 9:AM
					<i>Pradosha Vrata</i>		
5		Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Lusaka, Zambia Sun 27 Sutra 250 Vilamba 5120	
Vrishabha Rasi: 13.47	Tithi 14	Gulika	7:12AM – 8:50AM	Rohini Until 9:54PM	Ganesh: White	<i>Sunrise:</i> 5:34AM	
	831863365	Yama	3:21PM – 4:59PM	Sadhya Until 12:56PM	Muruga: Purple	<i>Sunset:</i> 6:36PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu	10:28AM – 12:05PM	Gara Until 12:00PM	Nataraja: White		4th Phase
Until 9:54PM				Chaturdashi* Until 10:43PM	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati			Margasira*Markali		
○		Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Lusaka, Zambia Sun 28 Sutra 251 Vilamba 5120	
Vrishabha Rasi: 28.14	Tithi 15	Gulika	5:35AM – 7:12AM	Mrigashira Until 7:47PM	Ganesh: Yellow	<i>Sunrise:</i> 5:35AM	
	831963365	Yama	1:44PM – 3:21PM	Subha Until 9:32AM	Muruga: Purple	<i>Sunset:</i> 6:37PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	8:50AM – 10:28AM	Visti Until 9:21AM	Nataraja: White		Purnima
				Purnima* Until 7:52PM	Moon – Yellow		Bhuloka Day
		Day 2 of Pancha Ganapati			Margasira*Markali		Devaloka Time: 9:AM to 12:PM
○		Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Lusaka, Zambia Sun 29 Sutra 252 Vilamba 5120	
Mithuna Rasi: 12.56	Tithi 16 – 17	Gulika	3:22PM – 5:00PM	Ardra Until 5:15PM	Ganesh: Yellow	<i>Sunrise:</i> 5:35AM	
	831963365	Yama	12:06PM – 1:44PM	Brahma Until 2:00AM Mon	Muruga: Purple	<i>Sunset:</i> 6:37PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	5:00PM – 6:37PM	Balava Until 6:21AM	Nataraja: White		Prathama
				Prathama* Until 4:45PM	Moon – Yellow		Bhuloka Day
		Day 3 of Pancha Ganapati			Margasira*Markali		Devaloka Time: 9:AM to 12:PM
		Ardra Darshanam					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 27.49 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 2:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:45PM - 3:22PM

Yama 10:29AM - 12:07PM

Rahu 7:13AM - 8:51AM

Day 4 of Pancha Ganapati

Punarvasu Until 2:53PM

Indra Until 2:53PM

Vanija Until 11:55PM

Dvitiya Until 1:31PM

Ganesha: Blue

Sunrise: 5:36AM

Muruga: Purple

Sunset: 6:38PM

Nataraja: White

Moon - Blue

Margasira-Markali

Lusaka, Zambia

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 12.41 Tihi 18 - 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:07PM - 1:45PM

Yama 8:52AM - 10:29AM

Rahu 3:23PM - 5:01PM

Day 5 of Pancha Ganapati

Pushya Until 7:16AM Wed

Vaidhriti* Until 6:18PM

Bava Until 8:47PM

Tritiya Until 10:19AM

Ganesha: Yellow

Sunrise: 5:36AM

Muruga: Purple

Sunset: 6:38PM

Nataraja: White

Moon - Blue

Margasira-Markali

Lusaka, Zambia

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Kataka Rasi: 27.28 Tihi 19 - 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Pushya/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Gulika 10:30AM - 12:08PM

Yama 7:15AM - 8:52AM

Rahu 12:08PM - 1:45PM

Day 5 of Pancha Ganapati

Pushya Until 7:16AM

Vishkambha* Until 2:39PM

Taitila Until 4:31AM Thu

Chaturthi* Until 7:16AM

Ganesha: Yellow

Sunrise: 5:37AM

Muruga: Purple

Sunset: 6:39PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Lusaka, Zambia

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Simha Rasi: 12.02 Tihi 21

Creative Work Amrita Yoga

Until 8:08AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:53AM - 10:31AM

Yama 5:37AM - 7:15AM

Rahu 1:46PM - 3:24PM

Day 5 of Pancha Ganapati

Magha* Until 8:08AM

Priti Until 11:17AM

Gara Until 3:18PM

Shashthi* Until 2:10AM Fri

Ganesha: Blue

Sunrise: 5:37AM

Muruga: Purple

Sunset: 6:39PM

Nataraja: Green

Moon - Red

Margasira-Markali

Lusaka, Zambia

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Simha Rasi: 26.2 Tihi 22

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:16AM - 8:53AM

Yama 3:24PM - 5:02PM

Rahu 10:31AM - 12:09PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 6:33AM

Ayushman Until 8:14AM

Visti Until 1:10PM

Saptami Until 12:16AM Sat

Ganesha: Blue

Sunrise: 5:38AM

Muruga: Purple

Sunset: 6:40PM

Nataraja: Green

Moon - Red

Margasira-Markali

Lusaka, Zambia

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.19 Tihi 23

Routine Work Marana Yoga

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 5:38AM - 7:16AM

Yama 1:47PM - 3:25PM

Rahu 8:54AM - 10:32AM

Day 5 of Pancha Ganapati

Hasta Until 4:50AM Sun

Sobhana Until 3:22AM Sun

Balava Until 11:32AM

Ashtami* Until 10:54PM

Ganesha: Red

Sunrise: 5:38AM

Muruga: Purple

Sunset: 6:40PM

Nataraja: Green

Moon - Green

Margasira-Markali

Lusaka, Zambia

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

6

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 23.59 Tihi 24

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:25PM - 5:03PM

Yama 12:10PM - 1:47PM

Rahu 5:03PM - 6:40PM

Day 5 of Pancha Ganapati

Chitra Until 4:46AM Mon

Athiganda* Until 1:33AM Mon

Taitila Until 10:26AM

Navami* Until 10:04PM

Ganesha: Red

Sunrise: 5:39AM

Muruga: Purple

Sunset: 6:40PM

Nataraja: Green

Moon - Green

Margasira-Markali

Lusaka, Zambia

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1		Monday, December 31, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 260 Vilamba 5120	
Tula Rasi: 7.2	Tithi 25	Gulika	1:48PM – 3:25PM	Svati Until 5:03AM Tue	Ganesh: Red	<i>Sunrise:</i> 5:40AM			
Family Home Evening	862963366	Yama	10:33AM – 12:10PM	Sukarma Until 12:09AM Tue	Muruga: Purple	<i>Sunset:</i> 6:41PM		Moon 12 - Phase 36	
Creative Work Amrita Yoga		Rahu	7:17AM – 8:55AM	Vanija Until 9:52AM	Nataraja: Green			2nd Phase	
Until 5:03AM Tue				Dashami Until 9:45PM	Moon – Green		Bhuloka Day		
Then Routine Work - Marana Yoga					Margasira-Markali		Devaloka Time: 6:AM to 9:AM		

2		Tuesday, January 1, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Lusaka, Zambia Sun 9 Sutra 261 Vilamba 5120	
Tula Rasi: 20.25	Tithi 26	Gulika	12:11PM – 1:48PM	Vishakha Until 6:08AM Wed	Ganesh: Green	<i>Sunrise:</i> 5:40AM			
	872963366	Yama	8:55AM – 10:33AM	Dhriti Until 11:09PM	Muruga: Purple	<i>Sunset:</i> 6:41PM		Moon 12 - Phase 36	
Routine Work Marana Yoga		Rahu	3:26PM – 5:04PM	Bava Until 9:49AM	Nataraja: Green			2nd Phase	
Until 6:08AM Wed				Ekadashi* Until 9:58PM	Moon – Orange		Bhuloka Day		
Then Creative Work - Siddha Yoga					Margasira-Markali				

3		Wednesday, January 2, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lusaka, Zambia Sun 10 Sutra 262 Vilamba 5120	
Vrischika Rasi: 3.15	Tithi 27	Gulika	10:34AM – 12:11PM	Vishakha Until 6:08AM	Ganesh: Green	<i>Sunrise:</i> 5:41AM			
	872963366	Yama	7:18AM – 8:56AM	Shula* Until 10:31PM	Muruga: Purple	<i>Sunset:</i> 6:42PM		Moon 12 - Phase 36	
Creative Work Siddha Yoga		Rahu	12:11PM – 1:49PM	Kaulava Until 10:17AM	Nataraja: Green			2nd Phase	
				Dvadashi* Until 10:40PM	Moon – Orange		Bhuloka Day		
					Margasira-Markali				

4		Thursday, January 3, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 263 Vilamba 5120	
Vrischika Rasi: 15.52	Tithi 28	Gulika	8:56AM – 10:34AM	Anuradha Until 7:31AM	Ganesh: Green	<i>Sunrise:</i> 5:41AM			
	872963366	Yama	5:41AM – 7:19AM	Ganda* Until 10:14PM	Muruga: Purple	<i>Sunset:</i> 6:42PM		Moon 12 - Phase 36	
Creative Work Siddha Yoga		Rahu	1:49PM – 3:27PM	Gara Until 11:13AM	Nataraja: Green			2nd Phase	
Until 7:31AM				Trayodashi* Until 11:51PM	Moon – Orange		Bhuloka Day		
Then Routine Work - Prabalarishta Yoga					Margasira-Markali				

5		Friday, January 4, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 264 Vilamba 5120	
Vrischika Rasi: 28.16	Tithi 29	Gulika	7:19AM – 8:57AM	Jyeshtha* Until 9:12AM	Ganesh: Green	<i>Sunrise:</i> 5:42AM			
	872963366	Yama	3:27PM – 5:05PM	Vriddhi Until 10:19PM	Muruga: Purple	<i>Sunset:</i> 6:42PM		Moon 12 - Phase 36	
Routine Work Marana Yoga		Rahu	10:34AM – 12:12PM	Visti Until 12:37PM	Nataraja: Green			2nd Phase	
Until 9:12AM				Chaturdashi* Until 1:28AM Sat	Moon – Orange		Bhuloka Day		
Then Creative Work - Amrita Yoga					Margasira-Markali				

Retreat Star		Saturday, January 5, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 265 Vilamba 5120	
Dhanus Rasi: 10.29	Tithi 30	Gulika	5:42AM – 7:20AM	Mula* Until 11:36AM	Ganesh: White	<i>Sunrise:</i> 5:42AM			
	882963366	Yama	1:50PM – 3:27PM	Dhruva Until 11:36AM	Muruga: Purple	<i>Sunset:</i> 6:43PM		Moon 12 - Phase 36	
Creative Work Siddha Yoga		Rahu	8:57AM – 10:35AM	Catuspada Until 2:27PM	Nataraja: Green			Amavasya	
				Amavasya* Until 3:29AM Sun	Moon – Light Blue		Bhuloka Day		
		Subramuniyaswami Jayanti			Margasira-Markali				

Retreat Star		Sunday, January 6, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 266 Vilamba 5120	
Dhanus Rasi: 22.34	Tithi 1	Gulika	3:28PM – 5:05PM	Purvashadha* Until 2:13PM	Ganesh: White	<i>Sunrise:</i> 5:43AM			
	882973366	Yama	12:13PM – 1:50PM	Vyaghata* Until 11:18PM	Muruga: Clear	<i>Sunset:</i> 6:43PM		Moon 12 - Phase 36	
Creative Work Siddha Yoga		Rahu	5:05PM – 6:43PM	Kintughna Until 4:39PM	Nataraja: Green			Prathama	
Until 2:13PM				Prathama* Until 5:50AM Mon	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Pausha-Markali		Devaloka Time: 12:PM to 3:PM		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Lusaka, Zambia Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:51PM – 3:28PM	Uttarashadha Until 4:56PM	Ganesh: White	<i>Sunrise:</i> 5:44AM	
Makara Rasi: 4.3	Tithi 2	Yama 10:36AM – 12:13PM	Harshana Until 12:09AM Tue	Muruga: Clear	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 7:21AM – 8:59AM	Balava Until 7:09PM	Nataraja: Green		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 8:27AM Tue	Moon – Light Blue		
Until 4:56PM				Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lusaka, Zambia Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:14PM – 1:51PM	Shravana Until 8:12PM	Ganesh: Red	<i>Sunrise:</i> 5:44AM	
Makara Rasi: 16.2	Tithi 2 – 3	Yama 8:59AM – 10:36AM	Vajra* Until 1:06AM Wed	Muruga: Clear	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 37
	893973366	Rahu 3:29PM – 5:06PM	Taitila Until 9:50PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 8:27AM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lusaka, Zambia Sun 17 Sutra 269 Vilamba 5120
3		Gulika 10:37AM – 12:14PM	Dhanishtha Until 11:22PM	Ganesh: Red	<i>Sunrise:</i> 5:45AM	
Makara Rasi: 28.08	Tithi 3 – 4	Yama 7:22AM – 9:00AM	Siddhi Until 2:06AM Thu	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 37
	893973366	Rahu 12:14PM – 1:52PM	Vanija Until 12:36AM Thu	Nataraja: Green		3rd Phase
Routine Work Prabalarishta Yoga			Tritiya Until 11:12AM	Moon – Purple		
Until 11:22PM				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia Sun 18 Sutra 270 Vilamba 5120
4		Gulika 9:00AM – 10:37AM	Shatabhishak Until 2:16AM Fri	Ganesh: Red	<i>Sunrise:</i> 5:45AM	
Kumbha Rasi: 9.55	Tithi 4 – 5	Yama 5:45AM – 7:23AM	Vyatipata* Until 3:01AM Fri	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 37
	893973366	Rahu 1:52PM – 3:29PM	Bava Until 3:15AM Fri	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 1:55PM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lusaka, Zambia Sun 19 Sutra 271 Vilamba 5120
5		Gulika 7:23AM – 9:01AM	Purvaproshtapada* Until 5:14AM Sat	Ganesh: Clear	<i>Sunrise:</i> 5:46AM	
Kumbha Rasi: 21.45	Tithi 5 – 6	Yama 3:30PM – 5:07PM	Variyan Until 3:43AM Sat	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 37
	813973366	Rahu 10:38AM – 12:15PM	Kaulava Until 5:37AM Sat	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Panchami Until 4:27PM	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthyam Titau				Lusaka, Zambia Sun 20 Sutra 272 Vilamba 5120
6		Gulika 5:47AM – 7:24AM	Uttaraproshtapada Until 7:37AM Sun	Ganesh: Clear	<i>Sunrise:</i> 5:47AM	
Meena Rasi: 3.42	Tithi 6	Yama 1:53PM – 3:30PM	Parigha* Until 4:06AM Sun	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 37
	813973366	Rahu 9:01AM – 10:38AM	Taitila Until 6:37PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 6:37PM	Moon – Clear		
Until 7:37AM Sun				Pausha-Markali	Devaloka Day	
Then Creative Work - Amrita Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Visti* Karana Saptamyam Titau				Lusaka, Zambia Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 3:30PM – 5:07PM	Uttaraproshtapada Until 7:37AM	Ganesh: Clear	<i>Sunrise:</i> 5:47AM	
Meena Rasi: 15.5	Tithi 7	Yama 12:16PM – 1:53PM	Shiva Until 7:37AM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 37
	813973366	Rahu 5:07PM – 6:44PM	Gara Until 7:32AM	Nataraja: Green		3rd Phase
Creative Work Amrita Yoga			Saptami Until 8:15PM	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:53PM – 3:30PM	Revati Until 9:14AM	Ganesh: Clear	<i>Sunrise:</i> 5:48AM	
Meena Rasi: 28.13	Tithi 8	Yama 10:39AM – 12:16PM	Siddha Until 3:23AM Tue	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 7:25AM – 9:02AM	Visti Until 8:49AM	Nataraja: Green		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 9:10PM	Moon – Clear		
				Pausha-Thai	Devaloka Day	
		Thai Pongal				

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:17PM – 1:54PM	Ashvini Until 10:28AM	Ganesh: Purple	<i>Sunrise:</i> 5:48AM	
Mesha Rasi: 10.55	Tithi 9	Yama 9:02AM – 10:40AM	Sadhya Until 2:08AM Wed	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 37
	823973366	Rahu 3:31PM – 5:08PM	Balava Until 9:21AM	Nataraja: Green		Navami
Creative Work Siddha Yoga			Navami* Until 9:18PM	Moon – White		
				Pausha-Thai	Sivaloka Day	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Wednesday, January 16, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila Karana Dashamyam Titau		Lusaka, Zambia
			Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 24.01	Tithi 10	Gulika 10:40AM – 12:17PM Yama 7:26AM – 9:03AM 823173366 Rahu 12:17PM – 1:54PM	Bharani Until 10:43AM Subha Until 12:15AM Thu Taitila Until 9:04AM Dashami Until 8:36PM	Ganesh: Blue <i>Sunrise:</i> 5:49AM Muruga: Clear <i>Sunset:</i> 6:45PM Nataraja: Green Moon – White Pausha*Thai
Creative Work Until 10:43AM Then Creative Work - Amrita Yoga	Siddha Yoga			Sivaloka Day

2	Thursday, January 17, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Lusaka, Zambia
			Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 7.35	Tithi 11	Gulika 9:03AM – 10:40AM Yama 5:50AM – 7:27AM 823173366 Rahu 1:54PM – 3:31PM	Krittika Until 10:02AM Sukla Until 9:43PM Vanija Until 7:57AM Ekadashi Until 7:05PM	Ganesh: Blue <i>Sunrise:</i> 5:50AM Muruga: Clear <i>Sunset:</i> 6:45PM Nataraja: Green Moon – White Pausha*Thai
Routine Work Until 8:54AM Then Creative Work - Marana Yoga	Marana Yoga			Sivaloka Day

3	Friday, January 18, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia
			Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 21.35	Tithi 12 – 13	Gulika 7:27AM – 9:04AM Yama 3:31PM – 5:08PM 823173366 Rahu 10:41AM – 12:18PM	Rohini Until 8:54AM Brahma Until 6:37PM Bava Until 6:05AM Dvadashi Until 4:52PM	Ganesh: Yellow <i>Sunrise:</i> 5:50AM Muruga: Clear <i>Sunset:</i> 6:45PM Nataraja: Green Moon – Yellow Pausha*Thai
Routine Work Until 8:54AM Then Creative Work - Siddha Yoga	Marana Yoga			Devaloka Day
			<i>Pradosha Vrata</i>	

4	Saturday, January 19, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia
			Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 6.03	Tithi 13 – 14	Gulika 5:51AM – 7:28AM Yama 1:55PM – 3:31PM 823173366 Rahu 9:04AM – 10:41AM	Mrigashira Until 6:59AM Indra Until 3:05PM Gara Until 12:29AM Sun Trayodashi Until 6:37PM	Ganesh: Yellow <i>Sunrise:</i> 5:51AM Muruga: Clear <i>Sunset:</i> 6:45PM Nataraja: Green Moon – Yellow Pausha*Thai
Creative Work Until 8:54AM Then Creative Work - Siddha Yoga	Siddha Yoga			Devaloka Day

	Sunday, January 20, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Lusaka, Zambia
			Sun 28 Sutra 280 Vilamba 5120	
Mithuna Rasi: 20.52	Tithi 14 – 15	Gulika 3:32PM – 5:08PM Yama 12:18PM – 1:55PM 823173366 Rahu 5:08PM – 6:45PM	Punarvasu Until 1:50AM Mon Vaidhriti* Until 11:09AM Visti Until 9:04PM Chaturdashi* Until 10:48AM	Ganesh: White <i>Sunrise:</i> 5:51AM Muruga: Clear <i>Sunset:</i> 6:45PM Nataraja: Green Moon – Blue Pausha*Thai
Creative Work Until 8:54AM Then Creative Work - Siddha Yoga	Siddha Yoga			Sivaloka Day

Monday, January 21, 2019	Silver Retreat Star	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Lusaka, Zambia
			Sun 28 Sutra 281 Vilamba 5120	
Kataka Rasi: 5.57	Tithi 15 – 16	Gulika 1:55PM – 3:32PM Yama 10:42AM – 12:18PM 823173366 Rahu 7:29AM – 9:05AM	Pushya Until 10:55PM Vishkambha* Until 7:01AM Kaulava Until 3:34AM Tue Purnima* Until 7:15AM	Ganesh: White <i>Sunrise:</i> 5:52AM Muruga: Clear <i>Sunset:</i> 6:45PM Nataraja: Green Moon – Blue Pausha*Thai
Family Home Evening Creative Work Until 8:54AM Then Creative Work - Siddha Yoga	Siddha Yoga			Sivaloka Day
		Total Lunar Eclipse Thai Pusam		



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Tailila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sutra 282

Vilamba 5120

Kataka Rasi: 21.08 Tihi 17

844173366

Gulika

12:19PM - 1:55PM

Ashlesha* Until 8:29PM Wed

Ganesha: Clear

Sunrise: 5:52AM

Muruga: Clear

Sunset: 6:45PM

Moon 1 - Phase 39

1st Phase

Creative Work Siddha Yoga

Yama

9:06AM - 10:42AM

Ayushman Until 10:32PM

Nataraja: Green

Moon - Blue

Devaloka Day

Rahu

3:32PM - 5:08PM

Taitila Until 1:45PM

Pausha*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Purvaphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Triliyayam Titau

Lusaka, Zambia

Sun 1 Sutra 283

Vilamba 5120

Simha Rasi: 6.16 Tihi 18

854173366

Gulika

10:43AM - 12:19PM

Ashlesha* Until 8:29PM

Ganesha: Purple

Sunrise: 5:53AM

Muruga: Clear

Sunset: 6:45PM

Moon 1 - Phase 39

1st Phase

Creative Work Siddha Yoga

Yama

7:30AM - 9:06AM

Saubhagya Until 6:27PM

Nataraja: Green

Moon - Red

Bhuloka Day

Until 8:29PM

Vanija Until 10:12AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Amrita Yoga

Rahu

12:19PM - 1:55PM

Tritiya Until 8:29PM

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 2 Sutra 284

Vilamba 5120

Simha Rasi: 21.13 Tihi 19 - 20

854173366

Gulika

9:06AM - 10:43AM

Purvaphalguni Until 2:50PM

Ganesha: Purple

Sunrise: 5:54AM

Muruga: Clear

Sunset: 6:45PM

Moon 1 - Phase 39

1st Phase

Creative Work Siddha Yoga

Yama

5:54AM - 7:30AM

Sobhana Until 2:40PM

Nataraja: Green

Moon - Red

Bhuloka Day

Until 8:29PM

Bava Until 6:54AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Amrita Yoga

Rahu

1:56PM - 3:32PM

Chaturthi* Until 5:24PM

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 3 Sutra 285

Vilamba 5120

Kanya Rasi: 5.52 Tihi 20 - 21

954173366

Gulika

7:30AM - 9:07AM

Uttaraphalguni Until 12:45PM

Ganesha: Clear

Sunrise: 5:54AM

Muruga: Clear

Sunset: 6:45PM

Moon 1 - Phase 39

1st Phase

Creative Work Siddha Yoga

Yama

3:32PM - 5:08PM

Athiganda* Until 11:14AM

Nataraja: Green

Moon - Red

Devaloka Day

Until 12:45PM

Gara Until 1:44AM Sat

Pausha*Thai

Then Creative Work - Amrita Yoga

Rahu

10:43AM - 12:19PM

Panchami Until 2:40PM

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhrili Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 4 Sutra 286

Vilamba 5120

Kanya Rasi: 20.06 Tihi 21 - 22

964173366

Gulika

5:55AM - 7:31AM

Hasta Until 11:31AM

Ganesha: Purple

Sunrise: 5:55AM

Muruga: Clear

Sunset: 6:45PM

Moon 1 - Phase 39

1st Phase

Routine Work Marana Yoga

Yama

1:56PM - 3:32PM

Sukarma Until 8:18AM

Nataraja: Green

Moon - Green

Bhuloka Day

Until 12:45PM

Visti Until 12:04AM Sun

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Amrita Yoga

Rahu

9:07AM - 10:43AM

Shashthi* Until 12:48PM

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 5 Sutra 287

Vilamba 5120

Tula Rasi: 3.55 Tihi 22 - 23

964173366

Gulika

3:32PM - 5:08PM

Chitra Until 10:51AM

Ganesha: Purple

Sunrise: 5:55AM

Muruga: Clear

Sunset: 6:45PM

Moon 1 - Phase 39

Ashtami

Creative Work Siddha Yoga

Yama

12:20PM - 1:56PM

Shula* Until 4:06AM Mon

Nataraja: Green

Moon - Green

Bhuloka Day

Until 12:45PM

Balava Until 11:08PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Then Creative Work - Amrita Yoga

Rahu

5:08PM - 6:45PM

Saptami Until 11:30AM

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 6 Sutra 288

Vilamba 5120

Tula Rasi: 17.19 Tihi 23 - 24

964173366

Gulika

1:56PM - 3:32PM

Svati Until 10:44AM

Ganesha: Purple

Sunrise: 5:56AM

Muruga: Clear

Sunset: 6:45PM

Moon 1 - Phase 39

Navami

Creative Work Amrita Yoga

Yama

10:44AM - 12:20PM

Ganda* Until 2:52AM Tue

Nataraja: Green

Moon - Green

Bhuloka Day

Until 10:44AM

Taitila Until 10:58PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Then Routine Work - Marana Yoga

Rahu

7:32AM - 9:08AM

Ashtami* Until 10:56AM

1		Tuesday, January 29, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Lusaka, Zambia Sun 7 Sutra 289 Vilamba 5120
Vrischika Rasi: 0.18	Tithi 24 – 25	Gulika	12:20PM – 1:56PM	Vishakha Until 11:40AM	Ganesh: Clear	<i>Sunrise:</i> 5:56AM	
		Yama	9:08AM – 10:44AM	Vriddhi Until 2:12AM Wed	Muruga: Clear	<i>Sunset:</i> 6:44PM	
		974173366 Rahu	3:32PM – 5:08PM	Vanija Until 11:30PM	Nataraja: Green	Moon 1 - Phase 40	
Routine Work	Marana Yoga			Navami* Until 11:07AM	Moon – Orange	2nd Phase	
Until 11:40AM					Pausha*Thai	Devaloka Day	
Then Creative Work - Siddha Yoga							

2		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Lusaka, Zambia Sun 8 Sutra 290 Vilamba 5120
Vrischika Rasi: 12.58	Tithi 25 – 26	Gulika	10:45AM – 12:20PM	Anuradha Until 1:06PM	Ganesh: Clear	<i>Sunrise:</i> 5:57AM	
		Yama	7:33AM – 9:09AM	Dhruva Until 2:00AM Thu	Muruga: Clear	<i>Sunset:</i> 6:44PM	
		974173366 Rahu	12:20PM – 1:56PM	Bava Until 12:42AM Thu	Nataraja: Green	Moon 1 - Phase 40	
Creative Work	Siddha Yoga			Dashami Until 12:00PM	Moon – Orange	2nd Phase	
					Pausha*Thai	Devaloka Day	

3		Thursday, January 31, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Lusaka, Zambia Sun 9 Sutra 291 Vilamba 5120
Vrischika Rasi: 25.21	Tithi 26 – 27	Gulika	9:09AM – 10:45AM	Jyeshtha* Until 2:57PM	Ganesh: Clear	<i>Sunrise:</i> 5:57AM	
		Yama	5:57AM – 7:33AM	Vyaghata* Until 2:13AM Fri	Muruga: Clear	<i>Sunset:</i> 6:44PM	
		974173366 Rahu	1:56PM – 3:32PM	Kaulava Until 2:27AM Fri	Nataraja: Green	Moon 1 - Phase 40	
Routine Work	Prabalarishta Yoga			Ekadashi* Until 1:30PM	Moon – Orange	2nd Phase	
Until 2:57PM					Pausha*Thai	Devaloka Day	
Then Creative Work - Siddha Yoga							

4		Friday, February 1, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Lusaka, Zambia Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 7.31	Tithi 27 – 28	Gulika	7:33AM – 9:09AM	Mula* Until 5:35PM	Ganesh: White	<i>Sunrise:</i> 5:57AM	
		Yama	3:32PM – 5:08PM	Harshana Until 2:47AM Sat	Muruga: Clear	<i>Sunset:</i> 6:44PM	
		984173366 Rahu	10:45AM – 12:21PM	Gara Until 4:38AM Sat	Nataraja: Green	Moon 1 - Phase 40	
Creative Work	Amrita Yoga			Dvadashi* Until 3:28PM	Moon – Light Blue	2nd Phase	
Until 5:35PM					Pausha*Thai	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga						Devaloka Time: 12:PM to 3:PM	

Pradosha Vrata (Fasting)

5		Saturday, February 2, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Lusaka, Zambia Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 19.31	Tithi 28 – 29	Gulika	5:58AM – 7:33AM	Purvashadha* Until 8:23PM	Ganesh: White	<i>Sunrise:</i> 5:58AM	
		Yama	1:57PM – 3:32PM	Vajra* Until 8:23PM	Muruga: Clear	<i>Sunset:</i> 6:44PM	
		984173366 Rahu	9:09AM – 10:45AM	Visti Until 6:66AM Sun	Nataraja: Green	Moon 1 - Phase 40	
Creative Work	Siddha Yoga			Trayodashi* Until 2:47AM Sat	Moon – Light Blue	2nd Phase	
Until 8:23PM					Pausha*Thai	Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 12:PM to 3:PM	

6		Sunday, February 3, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Lusaka, Zambia Sun 12 Sutra 294 Vilamba 5120
Makara Rasi: 1.24	Tithi 29	Gulika	3:32PM – 5:08PM	Uttarashadha Until 11:15PM	Ganesh: Yellow	<i>Sunrise:</i> 5:58AM	
		Yama	12:21PM – 1:57PM	Siddhi Until 4:27AM Mon	Muruga: Clear	<i>Sunset:</i> 6:44PM	
		985173366 Rahu	5:08PM – 6:44PM	Visti Until 7:06AM	Nataraja: Green	Moon 1 - Phase 40	
Creative Work	Amrita Yoga			Chaturdashi* Until 8:24PM	Moon – Light Blue	2nd Phase	
					Pausha*Thai	Devaloka Day	

Monday, February 4, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Lusaka, Zambia Sun 13 Sutra 295 Vilamba 5120
Makara Rasi: 13.14	Tithi 30	Gulika	1:57PM – 3:32PM	Shravana Until 2:32AM Tue	Ganesh: Red	<i>Sunrise:</i> 5:59AM	
Family Home Evening		Yama	10:45AM – 12:21PM	Vyatipata* Until 5:27AM Tue	Muruga: Clear	<i>Sunset:</i> 6:43PM	
		995173367 Rahu	7:34AM – 9:10AM	Catuspada Until 9:46AM	Nataraja: White	Moon 1 - Phase 40	
Creative Work	Amrita Yoga			Amavasya* Until 11:06PM	Moon – Purple	Amavasya	
Until 2:32AM Tue					Pausha*Thai	Devaloka Day	
Then Creative Work - Siddha Yoga							

Tuesday, February 5, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau	Lusaka, Zambia Sun 14 Sutra 296 Vilamba 5120
Makara Rasi: 25.01	Tithi 1	Gulika	12:21PM – 1:57PM	Dhanishtha Until 5:39AM Wed	Ganesh: Red	<i>Sunrise:</i> 5:59AM	
		Yama	9:10AM – 10:46AM	Variyan Until 6:24AM Wed	Muruga: Clear	<i>Sunset:</i> 6:43PM	
		995173367 Rahu	3:32PM – 5:08PM	Kintughna Until 12:29PM	Nataraja: White	Moon 1 - Phase 40	
Creative Work	Siddha Yoga			Prathama* Until 1:48AM Wed	Moon – Purple	Prathama	
					Magha*Thai	Devaloka Day	

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lusaka, Zambia Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 6.5	Tithi 2	Gulika	10:46AM – 12:21PM	Shatabhishak Until 8:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:00AM			
		Yama	7:35AM – 9:10AM	Variyan Until 6:24AM	Muruga: Clear	<i>Sunset:</i> 6:43PM		Moon 1 - Phase 41	
		995173367 Rahu	12:21PM – 1:57PM	Balava Until 3:09PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 4:25AM Thu	Moon – Purple			Devaloka Day	
					Magha-Thai				

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Trityayam Titau		Lusaka, Zambia Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 18.4	Tithi 3	Gulika	9:11AM – 10:46AM	Shatabhishak Until 8:30AM	Ganesha: Red	<i>Sunrise:</i> 6:00AM			
		Yama	6:00AM – 7:35AM	Parigha* Until 7:18AM	Muruga: Clear	<i>Sunset:</i> 6:43PM		Moon 1 - Phase 41	
		995173367 Rahu	1:57PM – 3:32PM	Taitila Until 5:40PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Tritiya Until 6:50AM Fri	Moon – Purple			Devaloka Day	
					Magha-Thai				

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau		Lusaka, Zambia Sun 17 Sutra 299 Vilamba 5120	
Meena Rasi: 0.35	Tithi 3 – 4	Gulika	7:36AM – 9:11AM	Purvaprossthapada* Until 11:29AM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM			
		Yama	3:32PM – 5:07PM	Shiva Until 8:03AM	Muruga: Clear	<i>Sunset:</i> 6:42PM		Moon 1 - Phase 41	
		915173367 Rahu	10:46AM – 12:21PM	Vanija Until 7:57PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Tritiya Until 6:50AM	Moon – Clear			Sivaloka Day	
					Magha-Thai				

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 12.37	Tithi 4 – 5	Gulika	6:01AM – 7:36AM	Uttaraprossthapada Until 2:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:01AM			
		Yama	1:57PM – 3:32PM	Siddha Until 8:33AM	Muruga: Clear	<i>Sunset:</i> 6:42PM		Moon 1 - Phase 41	
		915173367 Rahu	9:11AM – 10:46AM	Bava Until 9:54PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Chaturthi* Until 8:57AM	Moon – Clear			Sivaloka Day	
Until 2:01PM					Magha-Thai				
Then Routine Work - Prabalarishta Yoga									

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lusaka, Zambia Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 24.47	Tithi 5 – 6	Gulika	3:32PM – 5:07PM	Revati Until 3:59PM	Ganesha: Red	<i>Sunrise:</i> 6:01AM			
		Yama	12:21PM – 1:56PM	Sadhya Until 8:47AM	Muruga: Clear	<i>Sunset:</i> 6:42PM		Moon 1 - Phase 41	
		915273367 Rahu	5:07PM – 6:42PM	Kaulava Until 11:23PM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga			Panchami Until 10:41AM	Moon – Clear			Devaloka Day	
Until 3:59PM					Magha-Thai				
Then Creative Work - Siddha Yoga									

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Lusaka, Zambia Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 7.1	Tithi 6 – 7	Gulika	1:56PM – 3:31PM	Ashvini Until 5:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM			
Family Home Evening		Yama	10:47AM – 12:21PM	Subha Until 8:38AM	Muruga: Clear	<i>Sunset:</i> 6:41PM		Moon 1 - Phase 41	
		925273367 Rahu	7:37AM – 9:12AM	Gara Until 11:78PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Shashthi* Until 8:47AM	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

Retreat Star		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lusaka, Zambia Sun 21 Sutra 303 Vilamba 5120	
Mesha Rasi: 19.49	Tithi 7 – 8	Gulika	12:21PM – 1:56PM	Bharani Until 6:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM			
		Yama	9:12AM – 10:47AM	Sukla Until 8:00AM	Muruga: Clear	<i>Sunset:</i> 6:41PM		Moon 1 - Phase 41	
		925273367 Rahu	3:31PM – 5:06PM	Visti Until 12:32AM Wed	Nataraja: White			Ashtami	
Creative Work	Siddha Yoga			Saptami Until 12:29PM	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lusaka, Zambia Sun 22 Sutra 304 Vilamba 5120	
Vrisabha Rasi: 2.47	Tithi 8 – 9	Gulika	10:47AM – 12:21PM	Krittika Until 6:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:03AM			
		Yama	7:37AM – 9:12AM	Brahma Until 6:51AM	Muruga: Clear	<i>Sunset:</i> 6:40PM		Moon 1 - Phase 41	
		926273367 Rahu	12:21PM – 1:56PM	Balava Until 12:02AM Thu	Nataraja: White			Navami	
Creative Work	Amrita Yoga			Ashtami* Until 12:22PM	Moon – White			Devaloka Day	
Until 6:52PM					Magha-Masi				
Then Creative Work - Siddha Yoga									

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Lusaka, Zambia Sun 23 Sutra 305 Vilamba 5120
Wrishabha Rasi: 16.1	Tithi 9 – 10	Gulika 9:12AM – 10:47AM	Rohini Until 6:33PM	Ganesh: White	<i>Sunrise:</i> 6:03AM		
		Yama 6:03AM – 7:38AM	Vaidhriti* Until 2:45AM Fri	Muruga: Clear	<i>Sunset:</i> 6:40PM		Moon 1 - Phase 42
Routine Work	Marana Yoga	936273367 Rahu 1:56PM – 3:31PM	Taitila Until 10:45PM	Nataraja: White			4th Phase
			Navami* Until 11:28AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Lusaka, Zambia Sun 24 Sutra 306 Vilamba 5120
Wrishabha Rasi: 29.58	Tithi 10 – 11	Gulika 7:38AM – 9:12AM	Mrigashira Until 5:22PM	Ganesh: White	<i>Sunrise:</i> 6:03AM		
		Yama 3:31PM – 5:05PM	Vishkambha* Until 11:51PM	Muruga: Clear	<i>Sunset:</i> 6:40PM		Moon 1 - Phase 42
Creative Work	Siddha Yoga	936273367 Rahu 10:47AM – 12:21PM	Vanija Until 8:45PM	Nataraja: White			4th Phase
			Dashami Until 9:49AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti* Karana Ekadashi/Dvodashyam Titau	Lusaka, Zambia Sun 25 Sutra 307 Vilamba 5120
Mithuna Rasi: 14.13	Tithi 11 – 12	Gulika 6:04AM – 7:38AM	Ardra Until 3:23PM	Ganesh: White	<i>Sunrise:</i> 6:04AM		
		Yama 1:56PM – 3:30PM	Priti Until 8:26PM	Muruga: Clear	<i>Sunset:</i> 6:39PM		Moon 1 - Phase 42
Creative Work	Siddha Yoga	936273367 Rahu 9:13AM – 10:47AM	Visti Until 7:30AM	Nataraja: White			4th Phase
			Ekadashi Until 7:30AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Lusaka, Zambia Sun 26 Sutra 308 Vilamba 5120
Mithuna Rasi: 28.53	Tithi 13	Gulika 3:30PM – 5:04PM	Punarvasu Until 1:09PM	Ganesh: Clear	<i>Sunrise:</i> 6:04AM		
		Yama 12:21PM – 1:56PM	Ayushman Until 4:36PM	Muruga: Clear	<i>Sunset:</i> 6:39PM		Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367 Rahu 5:04PM – 6:39PM	Kaulava Until 2:58PM	Nataraja: White			4th Phase
			Trayodashi Until 1:14AM Mon	Moon – Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Lusaka, Zambia Sun 27 Sutra 309 Vilamba 5120
Kataka Rasi: 13.52	Tithi 14	Gulika 1:56PM – 3:30PM	Pushya Until 10:24AM	Ganesh: Clear	<i>Sunrise:</i> 6:04AM		
Family Home Evening		Yama 10:47AM – 12:21PM	Saubhagya Until 12:29PM	Muruga: Clear	<i>Sunset:</i> 6:38PM		Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367 Rahu 7:39AM – 9:13AM	Gara Until 7:43AM Tue	Nataraja: White			4th Phase
			Chaturdashi* Until 4:36PM	Moon – Blue		Devaloka Day	
		Chidambaram Abhishekam		Magha-Masi			

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Lusaka, Zambia Sutra 310 Vilamba 5120
Copper Retreat Star		Gulika 12:21PM – 1:55PM	Ashlesha* Until 7:18AM	Ganesh: Clear	<i>Sunrise:</i> 6:05AM		
Kataka Rasi: 29.05	Tithi 15 – 16	Yama 9:13AM – 10:47AM	Sobhana Until 7:18AM	Muruga: Clear	<i>Sunset:</i> 6:38PM		Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367 Rahu 3:29PM – 5:04PM	Visti Until 7:43AM	Nataraja: White			Purnima
			Purnima* Until 5:48PM	Moon – Blue		Devaloka Day	
				Magha-Masi			

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Lusaka, Zambia Sutra 311 Vilamba 5120
Silver Retreat Star		Gulika 10:47AM – 12:21PM	Purvaphalguni Until 1:30AM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:05AM		
Simha Rasi: 14.2	Tithi 16 – 17	Yama 7:39AM – 9:13AM	Sukarma Until 11:38PM	Muruga: Clear	<i>Sunset:</i> 6:37PM		Moon 1 - Phase 42
Creative Work	Amrita Yoga	957273367 Rahu 12:21PM – 1:55PM	Taitila Until 12:15AM Thu	Nataraja: White			Prathama
			Prathama* Until 2:03PM	Moon – Red		Devaloka Day	
				Magha-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 312

Simha Rasi: 29.28 Tihi 17 - 18

Gulika 9:13AM - 10:47AM
Yama 6:05AM - 7:39AM
Rahu 1:55PM - 3:29PM

Uttaraphalguni Until 10:46PM
Dhriti Until 7:40PM
Vanija Until 8:53PM
Dvitiya Until 10:30AM

Ganesh: Clear Sunrise: 6:05AM
Muruga: Clear Sunset: 6:37PM
Nataraja: White
Moon - Red
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Amrita Yoga
Until 10:46PM
Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Lusaka, Zambia
Sun 2 Sutra 313

Kanya Rasi: 14.21 Tihi 18 - 19

Gulika 7:39AM - 9:13AM
Yama 3:29PM - 5:02PM
Rahu 10:47AM - 12:21PM

Hasta Until 8:47PM
Shula* Until 4:01PM
Balava Until 4:41AM Sat
Tritiya Until 7:20AM

Ganesh: White Sunrise: 6:06AM
Muruga: Clear Sunset: 6:36PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Amrita Yoga
Creative Work
Until 8:47PM
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 314

Kanya Rasi: 28.5 Tihi 20

Gulika 6:06AM - 7:40AM
Yama 1:55PM - 3:28PM
Rahu 9:13AM - 10:47AM

Chitra Until 7:16PM
Ganda* Until 12:53PM
Kaulava Until 3:38PM
Panchami Until 2:43AM Sun

Ganesh: White Sunrise: 6:06AM
Muruga: Clear Sunset: 6:36PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Marana Yoga
Routine Work
Until 7:16PM
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia
Sun 4 Sutra 315

Tula Rasi: 12.52 Tihi 21

Gulika 3:28PM - 5:02PM
Yama 12:21PM - 1:54PM
Rahu 5:02PM - 6:35PM

Svati Until 1:14AM Tue Mon
Vridhhi Until 10:20AM
Gara Until 2:03PM
Shashthi* Until 1:33AM Mon

Ganesh: White Sunrise: 6:06AM
Muruga: Clear Sunset: 6:35PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Siddha Yoga
Creative Work
Until 1:14AM Tue Mon
Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia
Sun 5 Sutra 316

Tula Rasi: 26.25 Tihi 22

Gulika 1:54PM - 3:28PM
Yama 10:47AM - 12:21PM
Rahu 7:40AM - 9:14AM

Svati Until 1:14AM Tue
Dhruva Until 6:71AM Tue
Visti Until 1:18PM
Saptami Until 1:14AM Tue

Ganesh: Yellow Sunrise: 6:06AM
Muruga: Clear Sunset: 6:35PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Marana Yoga
Routine Work
Until 1:14AM Tue
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 6 Sutra 317

Vrischika Rasi: 9.29 Tihi 23

Gulika 12:20PM - 1:54PM
Yama 9:14AM - 10:47AM
Rahu 3:27PM - 5:01PM

Anuradha Until 7:29PM
Vyaghata* Until 7:11AM
Balava Until 1:26PM
Ashtami* Until 1:47AM Wed

Ganesh: Yellow Sunrise: 6:07AM
Muruga: Clear Sunset: 6:34PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Ashtami

Devaloka Day

Siddha Yoga
Creative Work
Until 7:29PM
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 7 Sutra 318

Vrischika Rasi: 22.1 Tihi 24

Gulika 10:47AM - 12:20PM
Yama 7:40AM - 9:14AM
Rahu 12:20PM - 1:54PM

Jyeshtha* Until 9:01PM
Harshana Until 6:39AM
Taitila Until 2:23PM
Navami* Until 3:08AM Thu

Ganesh: Blue Sunrise: 6:07AM
Muruga: Clear Sunset: 6:33PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Navami

Sivaloka Day

Siddha Yoga
Creative Work
Until 9:01PM
Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija Karana Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 4.29	Tithi 25	Gulika Yama 988273367	9:14AM – 10:47AM 6:07AM – 7:40AM Rahu 1:53PM – 3:26PM	Mula* Until 11:33PM Vajra* Until 6:39AM Vanija Until 4:05PM Dashami Until 5:07AM Fri	Ganesha: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:07AM Sunset: 6:33PM	Moon 2 - Phase 44 2nd Phase
Creative Work	Siddha Yoga						Devaloka Day
2		Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ekadashyam Titau		Lusaka, Zambia Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 16.33	Tithi 26	Gulika Yama 988273367	7:41AM – 9:14AM 3:26PM – 4:59PM Rahu 10:47AM – 12:20PM	Purvashadha* Until 2:22AM Sat Siddhi Until 7:09AM Bava Until 6:19PM Ekadashi* Until 7:34AM Sat	Ganesha: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:08AM Sunset: 6:32PM	Moon 2 - Phase 44 2nd Phase
Routine Work	Prabalarishta Yoga						Devaloka Day
Until 2:22AM Sat							
Then Routine Work - Marana Yoga							
3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 28.26	Tithi 26 – 27	Gulika Yama 988273367	6:08AM – 7:41AM 1:52PM – 3:25PM Rahu 9:14AM – 10:47AM	Uttarashadha Until 10:15AM Sun Vyatipata* Until 7:59AM Kaulava Until 8:55PM Ekadashi* Until 7:34AM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:08AM Sunset: 6:31PM	Moon 2 - Phase 44 2nd Phase
Routine Work	Marana Yoga						Devaloka Day
Until 10:15AM Sun							
Then Creative Work - Amrita Yoga							
4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 10.14	Tithi 27 – 28	Gulika Yama 998273367	3:25PM – 4:58PM 12:19PM – 1:52PM Rahu 4:58PM – 6:30PM	Uttarashadha Until 10:15AM Varyan Until 9:62AM Mon Gara Until 11:39PM Dvadashi* Until 10:15AM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:08AM Sunset: 6:30PM	Moon 2 - Phase 44 2nd Phase
Creative Work	Amrita Yoga						Devaloka Day
Until 10:15AM							
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata (Fasting)</i>			
5		Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 22.01	Tithi 28 – 29	Gulika Yama 998273367	1:52PM – 3:24PM 10:46AM – 12:19PM Rahu 7:41AM – 9:14AM	Shravana Until 8:40AM Parigha* Until 10:02AM Visti Until 2:22AM Tue Trayodashi* Until 1:00PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:08AM Sunset: 6:30PM	Moon 2 - Phase 44 2nd Phase
Family Home Evening							Devaloka Day
Creative Work	Amrita Yoga						
Until 8:40AM							
Then Creative Work - Siddha Yoga							
6		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 3.48	Tithi 29 – 30	Gulika Yama 199273367	12:19PM – 1:51PM 9:14AM – 10:46AM Rahu 3:24PM – 4:57PM	Dhanishtha Until 11:47AM Shiva Until 11:47AM Naga Until 17:66AM Wed Chaturdashi* Until 3:39PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:09AM Sunset: 6:29PM	Moon 2 - Phase 44 2nd Phase
Creative Work	Siddha Yoga						Devaloka Day
Until 11:47AM							
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Siddha/Sadhya Yoga Naga* Karana Amavasyayam Titau		Lusaka, Zambia Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 15.4	Tithi 30	Gulika Yama 199273367	10:46AM – 12:19PM 7:41AM – 9:14AM Rahu 12:19PM – 1:51PM	Shatabhishak Until 2:33PM Siddha Until 11:53AM Naga Until 6:06PM Amavasya* Until 6:06PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:09AM Sunset: 6:28PM	Moon 2 - Phase 44 Amavasya
Creative Work	Siddha Yoga						Devaloka Day
Until 2:33PM							
Then Creative Work - Amrita Yoga							
Retreat Star		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada*/Uttaraproshtpada Nakshatra Sadhya/Subha Yoga Kintughna* Karana Prathamayam Titau		Lusaka, Zambia Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 27.37	Tithi 1	Gulika Yama 119373367	9:14AM – 10:46AM 6:09AM – 7:41AM Rahu 1:51PM – 3:23PM	Purvaproshtpada* Until 5:24PM Sadhya Until 12:32PM Kintughna Until 7:14AM Prathama* Until 8:15PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:09AM Sunset: 6:28PM	Moon 2 - Phase 44 Prathama
Creative Work	Siddha Yoga						Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lusaka, Zambia Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 9.4	Tithi 2	Gulika 7:41AM – 9:14AM	Uttaraproshtapada Until 7:46PM	Ganesh: Yellow	<i>Sunrise:</i> 6:09AM				
		Yama 3:23PM – 4:55PM	Subha Until 12:58PM	Muruga: Clear	<i>Sunset:</i> 6:27PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367 Rahu 10:46AM – 12:18PM	Balava Until 10:53AM Sat Dvitiya Until 12:32PM	Nataraja: White Moon – Clear				3rd Phase	Devaloka Day
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Lusaka, Zambia Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 21.53	Tithi 3	Gulika 6:09AM – 7:42AM	Revati Until 9:38PM	Ganesh: Yellow	<i>Sunrise:</i> 6:09AM				
		Yama 1:50PM – 3:22PM	Sukla Until 1:07PM	Muruga: Clear	<i>Sunset:</i> 6:26PM			Moon 2 - Phase 45	
Routine Work	Prabalarishta Yoga	119373367 Rahu 9:14AM – 10:46AM	Tailila Until 10:53AM Tritiya Until 11:33PM	Nataraja: White Moon – Clear				3rd Phase	Devaloka Day
Until 9:38PM				Phalguna-Masi					
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day							
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Lusaka, Zambia Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 4.14	Tithi 4	Gulika 3:22PM – 4:54PM	Ashvini Until 11:27PM	Ganesh: Red	<i>Sunrise:</i> 6:10AM				
		Yama 12:18PM – 1:50PM	Brahma Until 12:59PM	Muruga: Clear	<i>Sunset:</i> 6:26PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 4:54PM – 6:26PM	Vanija Until 12:09PM Chaturthi* Until 12:38AM Mon	Nataraja: White Moon – White				3rd Phase	Devaloka Day
Until 11:27PM				Phalguna-Masi					
Then Routine Work - Prabalarishta Yoga									
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 16.46	Tithi 5	Gulika 1:49PM – 3:21PM	Bharani Until 1:24AM Wed Tue	Ganesh: Red	<i>Sunrise:</i> 6:10AM				
Family Home Evening		Yama 10:45AM – 12:17PM	Indra Until 12:34PM	Muruga: Clear	<i>Sunset:</i> 6:25PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 7:42AM – 9:14AM	Bava Until 1:01PM Panchami Until 1:16AM Tue	Nataraja: White Moon – White				3rd Phase	Devaloka Day
				Phalguna-Masi					
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Lusaka, Zambia Sun 20 Sutra 331 Vilamba 5120	
Mesha Rasi: 29.29	Tithi 6	Gulika 12:17PM – 1:49PM	Bharani Until 1:24AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:10AM				
		Yama 9:14AM – 10:45AM	Vaidhriti* Until 10:33AM Wed	Muruga: Clear	<i>Sunset:</i> 6:24PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 3:21PM – 4:53PM	Kaulava Until 1:25PM Shashthi* Until 1:24AM Wed	Nataraja: White Moon – White				3rd Phase	Devaloka Day
				Phalguna-Masi					
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara Karana Saptamyam Titau				Lusaka, Zambia Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 12.28	Tithi 7	Gulika 10:45AM – 12:17PM	Rohini Until 11:56PM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:10AM				
		Yama 7:42AM – 9:13AM	Vishkambha* Until 10:33AM	Muruga: Clear	<i>Sunset:</i> 6:24PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367 Rahu 12:17PM – 1:49PM	Gara Until 1:17PM Saptami Until 12:59AM Thu	Nataraja: White Moon – Yellow				3rd Phase	Sivaloka Day
Until 11:56PM Thu				Phalguna-Masi					
Then Routine Work - Marana Yoga									
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 22 Sutra 333 Vilamba 5120	
Vrishabha Rasi: 25.45	Tithi 8	Gulika 9:13AM – 10:45AM	Rohini Until 11:56PM	Ganesh: Purple	<i>Sunrise:</i> 6:10AM				
		Yama 6:10AM – 7:42AM	Priti Until 6:44AM Fri	Muruga: Clear	<i>Sunset:</i> 6:23PM			Moon 2 - Phase 45	
Routine Work	Marana Yoga	131373367 Rahu 1:48PM – 3:20PM	Visti Until 12:33PM Ashtami* Until 11:56PM	Nataraja: White Moon – Yellow				Ashtami	Sivaloka Day
				Phalguna-Masi					
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 9.23	Tithi 9	Gulika 7:42AM – 9:13AM	Ardra Until 12:07AM Sat	Ganesh: Purple	<i>Sunrise:</i> 6:10AM				
		Yama 3:19PM – 4:51PM	Ayushman Until 6:44AM	Muruga: Clear	<i>Sunset:</i> 6:22PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373368 Rahu 10:45AM – 12:16PM	Balava Until 11:12AM Navami* Until 10:17PM	Nataraja: Clear Moon – Yellow				Navami	Subha Sivaloka Day
				Phalguna-Panguni					
		Karadayyan Nombu (Tamil Nadu)							

1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 23.22	Tithi 10	Gulika 6:11AM – 7:42AM	Punarvasu Until 10:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:11AM	
		Yama 1:47PM – 3:19PM	Sobhana Until 1:00AM Sun	Muruga: Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 9:13AM – 10:45AM	Taitila Until 9:14AM	Nataraja: Clear		4th Phase
			Dashami Until 8:02PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 7.44	Tithi 11 – 12	Gulika 3:18PM – 4:50PM	Pushya Until 8:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:11AM	
		Yama 12:16PM – 1:47PM	Athiganda* Until 9:29PM	Muruga: Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 4:50PM – 6:21PM	Vanija Until 6:44AM	Nataraja: Clear		4th Phase
			Ekadashi Until 5:16PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 22.27	Tithi 12 – 13	Gulika 1:47PM – 3:18PM	Ashlesha* Until 6:01PM	Ganesh: Clear	<i>Sunrise:</i> 6:11AM	
Family Home Evening		Yama 10:44AM – 12:15PM	Sukarma Until 5:40PM	Muruga: Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 7:42AM – 9:13AM	Kaulava Until 12:26AM Tue	Nataraja: Clear		4th Phase
Until 6:01PM			Dvadashi Until 2:07PM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga		Yogaswami Mahasamadhi	<i>Pradosha Vrata</i>	Phalguna•Panguni		

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 7.23	Tithi 13 – 14	Gulika 12:15PM – 1:46PM	Magha* Until 3:27PM	Ganesh: White	<i>Sunrise:</i> 6:11AM	
		Yama 9:13AM – 10:44AM	Dhriti Until 1:40PM	Muruga: Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	151373368 Rahu 3:17PM – 4:48PM	Gara Until 8:56PM	Nataraja: Clear		4th Phase
			Trayodashi Until 10:41AM	Moon – Red		Subha Sivaloka Day
				Phalguna•Panguni		

○ Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 10:44AM – 12:15PM	Purvaphalguni Until 12:40PM	Ganesh: White	<i>Sunrise:</i> 6:11AM	
Simha Rasi: 22.28	Tithi 14 – 15	Yama 7:42AM – 9:13AM	Shula* Until 9:34AM	Muruga: Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
		151373368 Rahu 12:15PM – 1:46PM	Bava Until 3:37AM Thu	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 7:08AM	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna•Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 9:13AM – 10:44AM	Uttaraphalguni Until 9:24PM Fri	Ganesh: White	<i>Sunrise:</i> 6:11AM	
Kanya Rasi: 7.31	Tithi 16	Yama 6:11AM – 7:42AM	Vriddhi Until 1:41AM Fri	Muruga: White	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
		151383368 Rahu 1:45PM – 3:16PM	Balava Until 1:57PM	Nataraja: Clear		Prathama
Amrita Yoga			Prathama* Until 12:19AM Fri	Moon – Red		Sivaloka Day
Until 9:24PM Fri				Phalguna•Panguni		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 22.22 Tihti 17

Gulika 7:42AM - 9:13AM
Yama 3:16PM - 4:46PM
Rahu 10:44AM - 12:14PMUttaraphalguni Until 9:24PM
Dhruva Until 9:68PM
Taitila Until 10:49AMGanesha: Yellow Sunrise: 6:11AM
Muruga: White Sunset: 6:17PM
Nataraja: ClearCreative Work Amrita Yoga
Until 9:24PM

Dvitiya Until 9:24PM

Moon - Green
Phalguna-Panguni

Devaloka Day

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Hasta/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 6.55 Tihti 18

Gulika 6:12AM - 7:42AM
Yama 1:45PM - 3:15PM
Rahu 9:13AM - 10:43AMHasta Until 7:02PM
Vyaghata* Until 16:33AM Sun
Vanija Until 8:09AMGanesha: Blue Sunrise: 6:12AM
Muruga: White Sunset: 6:16PM
Nataraja: Clear

Creative Work Siddha Yoga

Tritiya Until 7:02PM

Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 2 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 21.03 Tihti 19 - 20

Gulika 3:15PM - 4:45PM
Yama 12:14PM - 1:44PM
Rahu 4:45PM - 6:16PMVishakha Until 3:31AM Mon
Harshana Until 4:33PM
Bava Until 6:07AMGanesha: Red Sunrise: 6:12AM
Muruga: White Sunset: 6:16PM
Nataraja: Clear

Routine Work Marana Yoga

Chaturthi* Until 5:21PM

Moon - Orange
Phalguna-Panguni

Devaloka Day

Until 3:31AM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila Karana Panchami/Shashtyam Titau

Lusaka, Zambia

Sun 3 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 4.43 Tihti 20 - 21

Gulika 1:44PM - 3:14PM
Yama 10:43AM - 12:13PM
Rahu 7:42AM - 9:13AMAnuradha Until 3:43AM Tue
Vajra* Until 3:43AM Tue
Taitila Until 4:29PMGanesha: Red Sunrise: 6:12AM
Muruga: White Sunset: 6:15PM
Nataraja: Clear

Creative Work Siddha Yoga

Panchami Until 4:29PM

Moon - Orange
Phalguna-Panguni

Devaloka Day

Until 3:43AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 4 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 17.53 Tihti 21 - 22

Gulika 12:13PM - 1:43PM
Yama 9:13AM - 10:43AM
Rahu 3:14PM - 4:44PMJyeshtha* Until 4:37AM Wed
Siddhi Until 1:31PM
Vanija Until 4:30PMGanesha: Red Sunrise: 6:12AM
Muruga: White Sunset: 6:14PM
Nataraja: Clear

Routine Work Marana Yoga

Shashthi* Until 4:30PM

Moon - Orange
Phalguna-Panguni

Devaloka Day

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 5 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Dhanus Rasi: 0.38 Tihti 22 - 23

Gulika 10:43AM - 12:13PM
Yama 7:42AM - 9:12AM
Rahu 12:13PM - 1:43PMMula* Until 6:38AM Thu
Vyatipata* Until 6:38AM Thu
Kaulava Until 18:64AM ThuGanesha: Green Sunrise: 6:12AM
Muruga: White Sunset: 6:13PM
Nataraja: Clear

Routine Work Marana Yoga

Saptami Until 5:24PM

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 13 Tihti 23

Gulika 9:12AM - 10:42AM
Yama 6:12AM - 7:42AM
Rahu 1:43PM - 3:13PMMula* Until 6:38AM
Variyan Until 1:09PM
Balava Until 6:10AMGanesha: Green Sunrise: 6:12AM
Muruga: White Sunset: 6:13PM
Nataraja: Clear

Creative Work Siddha Yoga

Ashtami* Until 7:04PM

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 25.05 Tihti 24

Gulika 7:42AM - 9:12AM
Yama 3:12PM - 4:42PM
Rahu 10:42AM - 12:12PMPurvashadha* Until 11:54PM Sat
Parigha* Until 1:45PM
Taitila Until 8:09AMGanesha: Green Sunrise: 6:12AM
Muruga: Yellow Sunset: 6:12PM
Nataraja: Purple

Routine Work Prabalarishta Yoga

Navami* Until 9:19PM

Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Until 11:54PM Sat

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1 Saturday, March 30, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Purvashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Lusaka, Zambia Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 6.58	Tithi 25	Gulika 6:12AM – 7:42AM	Purvashadha* Until 11:54PM	Ganesha: Green <i>Sunrise:</i> 6:12AM	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 48 2nd Phase
		Yama 1:42PM – 3:12PM	Shiva Until 2:42PM	Muruga: Yellow		
		182383468 Rahu 9:12AM – 10:42AM	Vanija Until 12:77AM Sun	Nataraja: Purple		
Routine Work	Marana Yoga		Dashami Until 1:45PM	Moon – Light Blue		Devaloka Day
Until 11:54PM				Phalguna•Panguni		
Then Creative Work - Siddha Yoga						

2 Sunday, March 31, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 18.46	Tithi 26	Gulika 3:11PM – 4:41PM	Shravana Until 3:17PM	Ganesha: Orange <i>Sunrise:</i> 6:13AM	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 48 2nd Phase
		Yama 12:12PM – 1:41PM	Siddha Until 3:45PM	Muruga: Yellow		
		192383468 Rahu 4:41PM – 6:11PM	Bava Until 1:17PM	Nataraja: Purple		
Creative Work	Amrita Yoga		Ekadashi* Until 2:36AM Mon	Moon – Purple		Sivaloka Day
Until 3:17PM				Phalguna•Panguni		
Then Routine Work - Marana Yoga						

3 Monday, April 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Tailila Karana Dvadashyam Titau				Lusaka, Zambia Sun 10 Sutra 351 Vilamba 5120
Kumbha Rasi: 0.33	Tithi 27	Gulika 1:41PM – 3:11PM	Dhanishtha Until 7:28AM Wed Tue	Ganesha: Green <i>Sunrise:</i> 6:13AM	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 48 2nd Phase
Family Home Evening		Yama 10:42AM – 12:12PM	Sadhya Until 4:47PM	Muruga: Yellow		
		192483468 Rahu 7:42AM – 9:12AM	Kaulava Until 3:56PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Dvadashi* Until 5:11AM Tue	Moon – Purple		Subha Sivaloka Day
				Phalguna•Panguni		

4 Tuesday, April 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Gara Karana Trayodashyam Titau				Lusaka, Zambia Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 12.23	Tithi 28	Gulika 12:11PM – 1:41PM	Dhanishtha Until 7:28AM Wed	Ganesha: Green <i>Sunrise:</i> 6:13AM	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 48 2nd Phase
		Yama 9:12AM – 10:42AM	Subha Until 18:17AM Wed	Muruga: Yellow		
		192483468 Rahu 3:11PM – 4:40PM	Gara Until 6:23PM	Nataraja: Purple		
Routine Work	Marana Yoga		Trayodashi* Until 7:28AM Wed	Moon – Purple		Subha Sivaloka Day
Until 7:28AM Wed				Phalguna•Panguni		
Then Creative Work - Amrita Yoga						
				<i>Pradosha Vrata (Fasting)</i>		

5 Wednesday, April 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 24.19	Tithi 28 – 29	Gulika 10:41AM – 12:11PM	Purvaproshtapada* Until 11:55PM	Ganesha: Orange <i>Sunrise:</i> 6:13AM	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 48 2nd Phase
		Yama 7:42AM – 9:12AM	Sukla Until 6:17PM	Muruga: Yellow		
		112483468 Rahu 12:11PM – 1:40PM	Visti Until 8:30PM	Nataraja: Purple		
Creative Work	Amrita Yoga		Trayodashi* Until 7:28AM	Moon – Clear		Sivaloka Day
Until 11:55PM				Phalguna•Panguni		
Then Creative Work - Siddha Yoga						

Thursday, April 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 354 Vilamba 5120
Meena Rasi: 6.24	Tithi 29 – 30	Gulika 9:12AM – 10:41AM	Uttaraproshtapada Until 2:06AM Fri	Ganesha: Orange <i>Sunrise:</i> 6:13AM	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 48 Amavasya
		Yama 6:13AM – 7:42AM	Brahma Until 6:36PM	Muruga: Yellow		
		112483468 Rahu 1:40PM – 3:10PM	Catuspada Until 10:11PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Chaturdashi* Until 9:22AM	Moon – Clear		Sivaloka Day
				Phalguna•Panguni		

Friday, April 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia Sun 14 Sutra 355 Vilamba 5120
Meena Rasi: 18.4	Tithi 30 – 1	Gulika 7:42AM – 9:12AM	Revati Until 3:42AM Sat	Ganesha: Orange <i>Sunrise:</i> 6:13AM	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 48 Prathama
		Yama 3:09PM – 4:38PM	Indra Until 3:42AM Sat	Muruga: Yellow		
		112483468 Rahu 10:41AM – 12:10PM	Kintughna Until 10:87PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Amavasya* Until 10:51AM	Moon – Clear		Sivaloka Day
		Yugadhi		Chaitra•Panguni		

1		Saturday, April 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lusaka, Zambia Sun 15 Sutra 356 Vilamba 5120	
Mesha Rasi: 1.06	Tithi 1 – 2	Gulika 6:13AM – 7:42AM	Ashvini Until 5:13AM Sun	Ganesh: Purple	<i>Sunrise:</i> 6:13AM				
		Yama 1:39PM – 3:09PM	Vaidhriti* Until 6:15PM	Muruga: Yellow	<i>Sunset:</i> 6:07PM			Moon 3 - Phase 49	
		123483468 Rahu 9:12AM – 10:41AM	Balava Until 12:17AM Sun	Nataraja: Purple				3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 11:54AM	Moon – White				Devaloka Day	
Until 5:13AM Sun		Chellappaswami Mahasamadhi		Chaitra•Panguni					
Then Routine Work - Prabalarishta Yoga									

2		Sunday, April 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 357 Vilamba 5120	
Mesha Rasi: 13.44	Tithi 2 – 3	Gulika 3:08PM – 4:37PM	Bharani Until 6:12AM Mon	Ganesh: Purple	<i>Sunrise:</i> 6:13AM				
		Yama 12:10PM – 1:39PM	Vishkambha* Until 5:36PM	Muruga: Yellow	<i>Sunset:</i> 6:06PM			Moon 3 - Phase 49	
		123483468 Rahu 4:37PM – 6:06PM	Taitila Until 12:42AM Mon	Nataraja: Purple				3rd Phase	
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:31PM	Moon – White				Devaloka Day	
Until 6:12AM Mon				Chaitra•Panguni					
Then Routine Work - Marana Yoga									

3		Monday, April 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lusaka, Zambia Sun 17 Sutra 358 Vilamba 5120	
Mesha Rasi: 26.33	Tithi 3 – 4	Gulika 1:39PM – 3:08PM	Bharani Until 6:12AM	Ganesh: Purple	<i>Sunrise:</i> 6:13AM				
Family Home Evening		Yama 10:40AM – 12:10PM	Priti Until 4:40PM	Muruga: Yellow	<i>Sunset:</i> 6:06PM			Moon 3 - Phase 49	
		123483468 Rahu 7:42AM – 9:11AM	Vanija Until 12:45AM Tue	Nataraja: Purple				3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 12:45PM	Moon – White				Devaloka Day	
Until 6:12AM				Chaitra•Panguni					
Then Routine Work - Marana Yoga									

4		Tuesday, April 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 9.33	Tithi 4 – 5	Gulika 12:09PM – 1:38PM	Krittika Until 6:39AM	Ganesh: Purple	<i>Sunrise:</i> 6:14AM				
		Yama 9:11AM – 10:40AM	Ayushman Until 3:25PM	Muruga: Yellow	<i>Sunset:</i> 6:05PM			Moon 3 - Phase 49	
		123483468 Rahu 3:07PM – 4:36PM	Bava Until 12:26AM Wed	Nataraja: Purple				3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 12:37PM	Moon – White				Devaloka Day	
Until 6:39AM				Chaitra•Panguni					
Then Creative Work - Amrita Yoga									

5		Wednesday, April 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lusaka, Zambia Sun 19 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 22.44	Tithi 5 – 6	Gulika 10:40AM – 12:09PM	Rohini Until 7:03AM	Ganesh: Clear	<i>Sunrise:</i> 6:14AM				
		Yama 7:42AM – 9:11AM	Saubhagya Until 1:53PM	Muruga: Yellow	<i>Sunset:</i> 6:04PM			Moon 3 - Phase 49	
		123483468 Rahu 12:09PM – 1:38PM	Kaulava Until 11:44PM	Nataraja: Purple				3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 3:25PM	Moon – Yellow				Sivaloka Day	
				Chaitra•Panguni					

6		Thursday, April 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lusaka, Zambia Sun 20 Sutra 361 Vilamba 5120	
Mithuna Rasi: 6.08	Tithi 6 – 7	Gulika 9:11AM – 10:40AM	Mrigashira Until 6:56AM	Ganesh: Clear	<i>Sunrise:</i> 6:14AM				
		Yama 6:14AM – 7:43AM	Sobhana Until 12:04PM	Muruga: Yellow	<i>Sunset:</i> 6:04PM			Moon 3 - Phase 49	
		123483468 Rahu 1:37PM – 3:06PM	Gara Until 10:39PM	Nataraja: Purple				3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 11:14AM	Moon – Yellow				Sivaloka Day	
				Chaitra•Panguni					

Retreat Star		Friday, April 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lusaka, Zambia Sun 21 Sutra 362 Vilamba 5120	
Mithuna Rasi: 19.45	Tithi 7 – 8	Gulika 7:43AM – 9:11AM	Ardra Until 6:16AM	Ganesh: Clear	<i>Sunrise:</i> 6:14AM				
		Yama 3:06PM – 4:34PM	Athiganda* Until 9:53AM	Muruga: Yellow	<i>Sunset:</i> 6:03PM			Moon 3 - Phase 49	
		123483468 Rahu 10:40AM – 12:08PM	Visti Until 9:08PM	Nataraja: Purple				Ashtami	
Creative Work	Siddha Yoga		Saptami Until 9:56AM	Moon – Yellow				Sivaloka Day	
				Chaitra•Panguni					

Retreat Star		Saturday, April 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lusaka, Zambia Sun 22 Sutra 363 Vilamba 5120	
Kataka Rasi: 3.37	Tithi 8 – 9	Gulika 6:14AM – 7:43AM	Pushya Until 4:09AM Sun	Ganesh: White	<i>Sunrise:</i> 6:14AM				
		Yama 1:37PM – 3:05PM	Sukarma Until 7:23AM	Muruga: Yellow	<i>Sunset:</i> 6:02PM			Moon 3 - Phase 49	
		123483468 Rahu 9:11AM – 10:40AM	Balava Until 7:13PM	Nataraja: Purple				Navami	
Creative Work	Siddha Yoga		Ashtami* Until 8:13AM	Moon – Blue				Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni					

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 17.45	Tithi 9 – 10	Gulika 3:05PM – 4:33PM	Ashlesha* Until 2:19AM Mon	Ganesha: White <i>Sunrise:</i> 6:14AM		
		Yama 12:08PM – 1:36PM	Shula* Until 1:27AM Mon	Muruga: Yellow <i>Sunset:</i> 6:02PM		Moon 3 - Phase 1
		143483468 Rahu 4:33PM – 6:02PM	Gara Until 3:37AM Mon	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Navami* Until 6:06AM	Moon – Blue	Devaloka Day	
Until 2:19AM Mon		Tamil New Year		Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 1 Vikarin 5121
Simha Rasi: 2.08	Tithi 11	Gulika 1:36PM – 3:04PM	Magha* Until 12:27AM Tue	Ganesha: White <i>Sunrise:</i> 6:14AM		
Family Home Evening		Yama 10:39AM – 12:08PM	Ganda* Until 10:05PM	Muruga: Yellow <i>Sunset:</i> 6:01PM		Moon 3 - Phase 1
		253483468 Rahu 7:43AM – 9:11AM	Vanija Until 2:16PM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Ekadashi Until 12:50AM Tue	Moon – Red	Devaloka Day	
Until 12:27AM Tue				Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 2 Vikarin 5121
Simha Rasi: 16.42	Tithi 12	Gulika 12:07PM – 1:36PM	Purvaphalguni Until 10:16PM	Ganesha: White <i>Sunrise:</i> 6:15AM		
		Yama 9:11AM – 10:39AM	Vriddhi Until 6:33PM	Muruga: Yellow <i>Sunset:</i> 6:00PM		Moon 3 - Phase 1
		253483468 Rahu 3:04PM – 4:32PM	Bava Until 11:23AM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 9:52PM	Moon – Red	Devaloka Day	
Until 10:16PM				Chaitra•Chaitra		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 3 Vikarin 5121
Kanya Rasi: 1.23	Tithi 13	Gulika 10:39AM – 12:07PM	Uttaraphalguni Until 7:53PM	Ganesha: White <i>Sunrise:</i> 6:15AM		
		Yama 7:43AM – 9:11AM	Dhruva Until 2:56PM	Muruga: Yellow <i>Sunset:</i> 6:00PM		Moon 3 - Phase 1
		253483468 Rahu 12:07PM – 1:35PM	Kaulava Until 8:22AM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Trayodashi Until 6:50PM	Moon – Red	Devaloka Day	
Until 7:53PM				Chaitra•Chaitra		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sun 27 Sutra 4 Vikarin 5121
Kanya Rasi: 16.05	Tithi 14 – 15	Gulika 9:11AM – 10:39AM	Hasta Until 5:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:15AM		
		Yama 6:15AM – 7:43AM	Vyaghata* Until 11:22AM	Muruga: Yellow <i>Sunset:</i> 5:59PM		Moon 3 - Phase 1
		263483468 Rahu 1:35PM – 3:03PM	Visti Until 2:30AM Fri	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Chaturdashi* Until 3:53PM	Moon – Green	Sivaloka Day	
Until 5:51PM				Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sun 28 Sutra 5 Vikarin 5121
Copper Retreat Star		Gulika 7:43AM – 9:11AM	Chitra Until 3:56PM	Ganesha: Yellow <i>Sunrise:</i> 6:15AM		
Tula Rasi: 0.41	Tithi 15 – 16	Yama 3:02PM – 4:30PM	Harshana Until 7:59AM	Muruga: Yellow <i>Sunset:</i> 5:58PM		Moon 3 - Phase 1
		263483468 Rahu 10:39AM – 12:07PM	Balava Until 11:57PM	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Purnima* Until 1:09PM	Moon – Green	Sivaloka Day	
		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra		
		Hanuman Jayanti				

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 29 Sutra 6 Vikarin 5121
Silver Retreat Star		Gulika 6:15AM – 7:43AM	Svati Until 2:17PM	Ganesha: Red <i>Sunrise:</i> 6:15AM		
Tula Rasi: 15.02	Tithi 16 – 17	Yama 1:34PM – 3:02PM	Siddhi Until 2:09AM Sun	Muruga: Yellow <i>Sunset:</i> 5:58PM		Moon 3 - Phase 1
		264483468 Rahu 9:11AM – 10:39AM	Taitila Until 9:51PM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 10:49AM	Moon – Green	Sivaloka Day	
				Chaitra•Chaitra		