



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Lucknow, India

Tula Rasi: 28.07 Tihi 16 – 17

273832369

Gulika 12:05PM – 1:44PM
Yama 8:48AM – 10:26AM
Rahu 3:22PM – 5:01PM

Vishakha Until 3:53PM
Vyatipata* Until 9:36AM
Taitila Until 6:70PM
Prathama* Until

Ganesh: Purple *Sunrise:* 5:31AM
Muruga: White *Sunset:* 6:40PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga
Until 3:53PM
Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Dvityiya/Tritiyayam Titau

Lucknow, India

Vrischika Rasi: 10.41 Tihi 17 – 18

273832369

Gulika 10:26AM – 12:05PM
Yama 7:09AM – 8:47AM
Rahu 12:05PM – 1:44PM

Anuradha Until 5:35PM
Variyan Until 9:18AM
Vanija Until 8:19PM
Dvityiya Until 7:39AM

Ganesh: Purple *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:40PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India

Vrischika Rasi: 23 Tihi 18 – 19

274832369

Gulika 8:47AM – 10:26AM
Yama 5:29AM – 7:08AM
Rahu 1:44PM – 3:23PM

Jyeshtha* Until 7:38PM
Parigha* Until 9:26AM
Bava Until 10:00PM
Tritiya Until 9:04AM

Ganesh: Clear *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:41PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga
Until 7:38PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India

Dhanus Rasi: 5.07 Tihi 19 – 20

284832369

Gulika 7:07AM – 8:47AM
Yama 3:23PM – 5:02PM
Rahu 10:26AM – 12:05PM

Mula* Until 10:29PM
Shiva Until 9:58AM
Kaulava Until 12:09AM Sat
Chaturthi* Until 11:00AM

Ganesh: White *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:41PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga
Until 10:29PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila Karana Panchami/Shashthyam Titau

Lucknow, India

Dhanus Rasi: 17.03 Tihi 20 – 21

284832369

Gulika 5:28AM – 7:07AM
Yama 1:44PM – 3:23PM
Rahu 8:46AM – 10:25AM

Purvashadha* Until 1:29AM Sun
Siddha Until 10:47AM
Taitila Until 1:20PM
Panchami Until 1:20PM

Ganesh: White *Sunrise:* 5:28AM
Muruga: White *Sunset:* 6:42PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 1:29AM Sun
Then Creative Work - Amrita Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lucknow, India

Dhanus Rasi: 28.53 Tihi 21 – 22

284832369

Gulika 3:24PM – 5:03PM
Yama 12:05PM – 1:44PM
Rahu 5:03PM – 6:42PM

Uttarashadha Until 4:25AM Mon
Sadhya Until 11:48AM
Visti Until 5:12AM Mon
Shashthi* Until 3:53PM

Ganesh: White *Sunrise:* 5:27AM
Muruga: White *Sunset:* 6:42PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

Lucknow, India

Makara Rasi: 10.41 Tihi 22

294832369

Gulika 1:44PM – 3:24PM
Yama 10:25AM – 12:05PM
Rahu 7:06AM – 8:45AM

Shravana Until 7:34AM Tue
Subha Until 12:52PM
Bava Until 6:26PM
Saptami Until 6:26PM

Ganesh: Yellow *Sunrise:* 5:26AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Family Home Evening
Creative Work Amrita Yoga
Until 7:34AM Tue
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Retreat Star

Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Ashtamyam Titau

Lucknow, India

Makara Rasi: 22.32 Tihi 23

294832369

Gulika 12:04PM – 1:44PM
Yama 8:45AM – 10:25AM
Rahu 3:24PM – 5:04PM

Shravana Until 7:34AM
Sukla Until 1:44PM
Balava Until 9:40AM Wed
Ashtami* Until 12:52PM

Ganesh: Yellow *Sunrise:* 5:25AM
Muruga: White *Sunset:* 6:44PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Wednesday, May 9, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Kumbha Rasi: 4.33 Tihi 24

294832369

Gulika 10:24AM – 12:04PM
Yama 7:05AM – 8:45AM
Rahu 12:04PM – 1:44PM

Dhanishtha Until 11:30PM Thu
Brahma Until 2:16PM
Taitila Until 9:40AM
Navami* Until 10:27PM

Ganesh: Yellow *Sunrise:* 5:25AM
Muruga: White *Sunset:* 6:44PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sun 8 Sutra 24
Vilamba 5120
Moon 4 - Phase 3
Navami

Routine Work Prabalarishta Yoga
Until 11:30PM Thu
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Thursday, May 10, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Lucknow, India	
Kumbha Rasi: 16.47		Dhanishtha/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija Karana Dashamyam Titau		Sun 9		Sutra 25	
Creative Work		Gulika	8:44AM – 10:24AM	Dhanishtha Until 11:30PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Vilamba 5120
Siddha Yoga		Yama	5:24AM – 7:04AM	Indra Until 2:19PM	Muruga: White	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 4
		294832369 Rahu	1:44PM – 3:24PM	Vanija Until 11:05AM	Nataraja: Purple		2nd Phase
				Dashami Until 11:30PM	Moon – Purple		
					Vaisaka-Chaitra	Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

2		Friday, May 11, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Lucknow, India	
Kumbha Rasi: 29.22		Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Tailila Karana Ekadashyam Titau		Sun 10		Sutra 26	
Creative Work		Gulika	7:04AM – 8:44AM	Purvaproshtapada* Until 1:25PM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	Vilamba 5120
Siddha Yoga		Yama	3:25PM – 5:05PM	Vaidhriti* Until 1:25PM	Muruga: White	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 4
		214832369 Rahu	10:24AM – 12:04PM	Bava Until 11:44AM	Nataraja: Purple		2nd Phase
				Ekadashi* Until 11:44PM	Moon – Clear		
					Vaisaka-Chaitra	Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

3		Saturday, May 12, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Lucknow, India	
Meena Rasi: 12.19		Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 11		Sutra 27	
Creative Work		Gulika	5:23AM – 7:03AM	Uttaraproshtapada Until 1:52PM	Ganesha: Blue	<i>Sunrise:</i> 5:23AM	Vilamba 5120
Siddha Yoga		Yama	1:45PM – 3:25PM	Vishkambha* Until 12:31PM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 4
Until 1:52PM		214932369 Rahu	8:44AM – 10:24AM	Kaulava Until 11:33AM	Nataraja: Purple		2nd Phase
Then Routine Work - Prabararishta Yoga				Dvadashi* Until 11:09PM	Moon – Clear		
					Vaisaka-Chaitra	Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

4		Sunday, May 13, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Lucknow, India	
Meena Rasi: 25.42		Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 28	
Creative Work		Gulika	3:25PM – 5:06PM	Revati Until 1:23PM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM	Vilamba 5120
Amrita Yoga		Yama	12:04PM – 1:45PM	Priti Until 10:40AM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 4
Until 1:23PM		214932369 Rahu	5:06PM – 6:46PM	Gara Until 10:35AM	Nataraja: Purple		2nd Phase
Then Creative Work - Siddha Yoga				Trayodashi* Until 9:48PM	Moon – Clear		
		Mother's Day			Vaisaka-Chaitra	Bhuloka Day	
				<i>Pradosha Vrata (Fasting)</i>		Devaloka Time: 9:AM to12:PM	

5		Monday, May 14, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Lucknow, India	
Mesha Rasi: 9.3		Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 29	
Family Home Evening		Gulika	1:45PM – 3:26PM	Ashvini Until 12:31PM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM	Vilamba 5120
Creative Work		Yama	10:24AM – 12:04PM	Ayushman Until 8:15AM	Muruga: White	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 4
Siddha Yoga		224932369 Rahu	7:02AM – 8:43AM	Visti Until 8:54AM	Nataraja: Purple		2nd Phase
				Chaturdashi* Until 7:50PM	Moon – White		
					Vaisaka-Chaitra	Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

Retreat Star		Tuesday, May 15, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Lucknow, India	
Mesha Rasi: 23.41		Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 30	
Creative Work		Gulika	12:04PM – 1:45PM	Bharani Until 10:58AM	Ganesha: Blue	<i>Sunrise:</i> 5:21AM	Vilamba 5120
Siddha Yoga		Yama	8:43AM – 10:23AM	Sobhana Until 2:07AM Wed	Muruga: White	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 4
		224932369 Rahu	3:26PM – 5:07PM	Catuspada Until 6:39AM	Nataraja: Purple		Amavasya
				Amavasya* Until 5:21PM	Moon – White		
					Vaisaka-Vaikasi	Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

Retreat Star		Wednesday, May 16, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Lucknow, India	
Vrishabha Rasi: 8.1		Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 31	
Creative Work		Gulika	10:23AM – 12:04PM	Krittika Until 8:52AM	Ganesha: Red	<i>Sunrise:</i> 5:21AM	Vilamba 5120
Amrita Yoga		Yama	7:02AM – 8:42AM	Athiganda* Until 10:38PM	Muruga: White	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 4
Until 8:52AM		225932369 Rahu	12:04PM – 1:45PM	Balava Until 1:03AM Thu	Nataraja: Purple		Prathama
Then Creative Work - Siddha Yoga				Prathama* Until 2:31PM	Moon – White		
					Jyeshtha Adhika-Vaikasi	Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

1 Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Lucknow, India
Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 16 Sutra 32
Vrishabha Rasi: 22.49 Tithi 2 - 3		Gulika 8:42AM - 10:23AM	Rohini Until 6:50AM	Ganesh: Yellow <i>Sunrise:</i> 5:20AM	Vilamba 5120	
235932369		Yama 5:20AM - 7:01AM	Sukarma Until 7:04PM	Muruga: White <i>Sunset:</i> 6:48PM	Moon 4 - Phase 5	
Routine Work Marana Yoga		Rahu 1:45PM - 3:26PM	Taitila Until 10:00PM	Nataraja: Purple	3rd Phase	
		Dvitiya Until 11:31AM		Moon - Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Lucknow, India
Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau						Sun 17 Sutra 33
Mithuna Rasi: 7.31 Tithi 3 - 4		Gulika 7:01AM - 8:42AM	Ardra Until 2:45AM Sun Sat	Ganesh: Yellow <i>Sunrise:</i> 5:20AM	Vilamba 5120	
235932369		Yama 3:27PM - 5:08PM	Dhriti Until 3:30PM	Muruga: White <i>Sunset:</i> 6:49PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 10:23AM - 12:04PM	Vanija Until 6:59PM	Nataraja: Purple	3rd Phase	
		Tritiya Until 8:28AM		Moon - Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

3 Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Lucknow, India
Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau						Sun 18 Sutra 34
Mithuna Rasi: 22.11 Tithi 5		Gulika 5:19AM - 7:00AM	Ardra Until 2:45AM Sun	Ganesh: White <i>Sunrise:</i> 5:19AM	Vilamba 5120	
245932369		Yama 1:46PM - 3:27PM	Shula* Until 8:46AM Sun	Muruga: White <i>Sunset:</i> 6:50PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 8:42AM - 10:23AM	Bava Until 4:07PM	Nataraja: Purple	3rd Phase	
		Panchami Until 2:45AM Sun		Moon - Blue	Devaloka Day	
				Jyeshtha Adhika-Vaikasi		

4 Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lucknow, India
Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashthiyam Titau						Sun 19 Sutra 35
Kataka Rasi: 6.41 Tithi 6		Gulika 3:27PM - 5:09PM	Pushya Until 10:43PM	Ganesh: White <i>Sunrise:</i> 5:19AM	Vilamba 5120	
245932369		Yama 12:04PM - 1:46PM	Ganda* Until 8:46AM	Muruga: White <i>Sunset:</i> 6:50PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 5:09PM - 6:50PM	Kaulava Until 1:30PM	Nataraja: Purple	3rd Phase	
		Shashthi* Until 12:18AM Mon		Moon - Blue	Devaloka Day	
				Jyeshtha Adhika-Vaikasi		

5 Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Lucknow, India
Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau						Sun 20 Sutra 36
Kataka Rasi: 20.58 Tithi 7		Gulika 1:46PM - 3:28PM	Ashlesha* Until 9:14PM	Ganesh: White <i>Sunrise:</i> 5:18AM	Vilamba 5120	
245932369		Yama 10:23AM - 12:04PM	Dhruva Until 3:05AM Tue	Muruga: White <i>Sunset:</i> 6:51PM	Moon 4 - Phase 5	
Family Home Evening		Rahu 7:00AM - 8:41AM	Gara Until 11:13AM	Nataraja: Purple	3rd Phase	
Creative Work Siddha Yoga		Saptami Until 10:12PM		Moon - Blue	Devaloka Day	
Until 9:14PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Lucknow, India
Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau						Sun 21 Sutra 37
Simha Rasi: 5 Tithi 8		Gulika 12:05PM - 1:46PM	Magha* Until 8:25PM	Ganesh: Clear <i>Sunrise:</i> 5:18AM	Vilamba 5120	
235932369		Yama 8:41AM - 10:23AM	Vyaghata* Until 12:43AM Wed	Muruga: White <i>Sunset:</i> 6:51PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 3:28PM - 5:10PM	Visti Until 9:19AM	Nataraja: Purple	Ashtami	
		Ashtami* Until 8:30PM		Moon - Red	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Lucknow, India
Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau						Sun 22 Sutra 38
Simha Rasi: 18.47 Tithi 9		Gulika 10:23AM - 12:05PM	Purvaphalguni Until 7:53PM	Ganesh: Clear <i>Sunrise:</i> 5:17AM	Vilamba 5120	
235932369		Yama 6:59AM - 8:41AM	Harshana Until 10:42PM	Muruga: White <i>Sunset:</i> 6:52PM	Moon 4 - Phase 5	
Creative Work Amrita Yoga		Rahu 12:05PM - 1:46PM	Balava Until 7:49AM	Nataraja: Purple	Navami	
		Navami* Until 7:12PM		Moon - Red	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Lucknow, India
Kanya Rasi: 2.2		Uttaraphalguni Nakshatra Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 39
Tihi 10		Gulika 8:41AM – 10:23AM	Uttaraphalguni Until 7:35PM	Ganesh: Clear	<i>Sunrise:</i> 5:17AM	Vilamba 5120
Amrita Yoga		Yama 5:17AM – 6:59AM	Vajra* Until 8:58PM	Muruga: White	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 6
255932369		Rahu 1:47PM – 3:28PM	Taitila Until 6:43AM	Nataraja: Purple		4th Phase
Until 7:35PM			Dashami Until 6:18PM	Moon – Red	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Lucknow, India
Kanya Rasi: 15.4		Hasta Nakshatra Siddhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 40
Tihi 11 – 12		Gulika 6:59AM – 8:41AM	Hasta Until 7:58PM	Ganesh: Clear	<i>Sunrise:</i> 5:17AM	Vilamba 5120
Amrita Yoga		Yama 3:29PM – 5:11PM	Siddhi Until 7:34PM	Muruga: White	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 6
266932369		Rahu 10:23AM – 12:05PM	Vanija Until 6:01AM	Nataraja: Purple		4th Phase
Creative Work			Ekadashi Until 5:48PM	Moon – Green	Bhuloka Day	
Until 7:58PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Lucknow, India
Kanya Rasi: 28.47		Chitra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 41
Tihi 12 – 13		Gulika 5:16AM – 6:59AM	Chitra Until 8:35PM	Ganesh: Purple	<i>Sunrise:</i> 5:16AM	Vilamba 5120
Marana Yoga		Yama 1:47PM – 3:29PM	Vyatipata* Until 6:29PM	Muruga: White	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 6
366932369		Rahu 8:41AM – 10:23AM	Kaulava Until 5:47AM Sun	Nataraja: Purple		4th Phase
Routine Work			Dvadashi Until 5:41PM	Moon – Green	Bhuloka Day	
Until 8:35PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lucknow, India
Tula Rasi: 11.42		Svati Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 42
Tihi 13 – 14		Gulika 3:29PM – 5:12PM	Svati Until 6:39PM Mon	Ganesh: Purple	<i>Sunrise:</i> 5:16AM	Vilamba 5120
Siddha Yoga		Yama 12:05PM – 1:47PM	Varyan Until 5:41PM	Muruga: White	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 6
366932369		Rahu 5:12PM – 6:54PM	Gara Until 6:16AM Mon	Nataraja: Purple		4th Phase
Creative Work			Trayodashi Until 5:57PM	Moon – Green	Bhuloka Day	
Until 6:39PM Mon				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Lucknow, India
Tula Rasi: 24.26		Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 43
Tihi 14		Gulika 1:47PM – 3:30PM	Svati Until 6:39PM	Ganesh: Clear	<i>Sunrise:</i> 5:16AM	Vilamba 5120
Family Home Evening		Yama 10:23AM – 12:05PM	Parigha* Until 17:09AM Tue	Muruga: White	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 6
376932369		Rahu 6:58AM – 8:40AM	Gara Until 6:16AM	Nataraja: Purple		4th Phase
Routine Work			Chaturdashi* Until 6:39PM	Moon – Orange	Bhuloka Day	
Until 6:39PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Lucknow, India
Copper Retreat Star		Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 44
Vrischika Rasi: 6.57		Gulika 12:05PM – 1:48PM	Anuradha Until 12:52AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:16AM	Vilamba 5120
Tihi 15		Yama 8:40AM – 10:23AM	Shiva Until 5:09PM	Muruga: White	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 6
376932369		Rahu 3:30PM – 5:12PM	Visti Until 7:11AM	Nataraja: Purple		Purnima
Creative Work			Purnima* Until 7:47PM	Moon – Orange	Bhuloka Day	
Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Lucknow, India
Silver Retreat Star		Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 45
Vrischika Rasi: 19.17		Gulika 10:23AM – 12:05PM	Jyeshtha* Until 2:59AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:15AM	Vilamba 5120
Tihi 16		Yama 6:58AM – 8:40AM	Siddha Until 5:23PM	Muruga: White	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 6
376932369		Rahu 12:05PM – 1:48PM	Balava Until 8:33AM	Nataraja: Purple		Prathama
Creative Work			Prathama* Until 9:22PM	Moon – Orange	Bhuloka Day	
Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvitiyayam Titau

Lucknow, India

Sun 1 Sutra 46

Vilamba 5120

Dhanus Rasi: 1.26 Tithi 17

Gulika 8:40AM – 10:23AM
Yama 5:15AM – 6:58AM
Rahu 1:48PM – 3:31PM

Mula* Until 5:49AM Fri
Sadhya Until 5:57PM
Tailila Until 10:21AM
Dvitiya Until 11:23PM

Ganesh: White *Sunrise:* 5:15AM
Muruga: White *Sunset:* 6:56PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga

Until 5:49AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Lucknow, India

Sun 2 Sutra 47

Vilamba 5120

Dhanus Rasi: 13.25 Tithi 18

Gulika 6:58AM – 8:40AM
Yama 3:31PM – 5:14PM
Rahu 10:23AM – 12:06PM

Purvashadha* Until 8:47AM Sat
Subha Until 6:48PM
Vanija Until 12:32PM
Tritiya Until 1:43AM Sat

Ganesh: Yellow *Sunrise:* 5:15AM
Muruga: White *Sunset:* 6:56PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 8:47AM Sat

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India

Sun 3 Sutra 48

Vilamba 5120

Dhanus Rasi: 25.17 Tithi 19

Gulika 5:15AM – 6:57AM
Yama 1:49PM – 3:31PM
Rahu 8:40AM – 10:23AM

Purvashadha* Until 8:47AM
Sukla Until 7:50PM
Bava Until 3:00PM
Chaturthi* Until 4:17AM Sun

Ganesh: Yellow *Sunrise:* 5:15AM
Muruga: White *Sunset:* 6:57PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 8:47AM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Tailila Karana Panchamyam Titau

Lucknow, India

Sun 4 Sutra 49

Vilamba 5120

Makara Rasi: 7.05 Tithi 20

Gulika 3:32PM – 5:14PM
Yama 12:06PM – 1:49PM
Rahu 5:14PM – 6:57PM

Uttarashadha Until 11:45AM
Brahma Until 8:57PM
Kaulava Until 5:36PM
Panchami Until 6:52AM Mon

Ganesh: Yellow *Sunrise:* 5:15AM
Muruga: White *Sunset:* 6:57PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India

Sun 5 Sutra 50

Vilamba 5120

Makara Rasi: 18.52 Tithi 20 – 21

Gulika 1:49PM – 3:32PM
Yama 10:23AM – 12:06PM
Rahu 6:57AM – 8:40AM

Shravana Until 3:02PM
Indra Until 10:00PM
Gara Until 8:07PM
Panchami Until 6:52AM

Ganesh: Blue *Sunrise:* 5:14AM
Muruga: White *Sunset:* 6:58PM
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:02PM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lucknow, India

Sun 6 Sutra 51

Vilamba 5120

Kumbha Rasi: 0.43 Tithi 21 – 22

Gulika 12:06PM – 1:49PM
Yama 8:40AM – 10:23AM
Rahu 3:32PM – 5:15PM

Dhanishtha Until 5:55PM
Vaidhriti* Until 10:47PM
Visti Until 10:21PM
Shashthi* Until 9:16AM

Ganesh: Purple *Sunrise:* 5:14AM
Muruga: White *Sunset:* 6:58PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 5:55PM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lucknow, India

Sun 7 Sutra 52

Vilamba 5120

Kumbha Rasi: 12.43 Tithi 22 – 23

Gulika 10:23AM – 12:06PM
Yama 6:57AM – 8:40AM
Rahu 12:06PM – 1:49PM

Shatabhishak Until 8:09PM
Vishkambha* Until 11:11PM
Balava Until 12:03AM Thu
Saptami Until 11:15AM

Ganesh: Purple *Sunrise:* 5:14AM
Muruga: White *Sunset:* 6:59PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 8:09PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Lucknow, India

Sun 8 Sutra 53

Vilamba 5120

Kumbha Rasi: 24.58 Tithi 23 – 24

Gulika 8:40AM – 10:23AM
Yama 5:14AM – 6:57AM
Rahu 1:50PM – 3:33PM

Purvaproshtapada* Until 10:03PM
Priti Until 11:03PM
Tailila Until 1:03AM Fri
Ashtami* Until 12:38PM

Ganesh: Blue *Sunrise:* 5:14AM
Muruga: White *Sunset:* 6:59PM
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 1:03AM Fri

Then Routine Work - Marana Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Lucknow, India
		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54
Meena Rasi: 7.31	Tithi 24 – 25	Gulika 6:57AM – 8:40AM	Uttaraproshtapada Until 11:01PM	Ganesha: Red <i>Sunrise:</i> 5:14AM	Vilamba 5120	
		Yama 3:33PM – 5:16PM	Ayushman Until 10:15PM	Muruga: White <i>Sunset:</i> 6:59PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	318132361 Rahu 10:24AM – 12:07PM	Vanija Until 1:14AM Sat	Nataraja: White	2nd Phase	
			Navami* Until 1:14PM	Moon – Clear	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Lucknow, India
		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
Meena Rasi: 20.28	Tithi 25 – 26	Gulika 5:14AM – 6:57AM	Revati Until 10:59PM	Ganesha: Red <i>Sunrise:</i> 5:14AM	Vilamba 5120	
		Yama 1:50PM – 3:33PM	Saubhagya Until 8:48PM	Muruga: White <i>Sunset:</i> 7:00PM	Moon 5 - Phase 8	
Routine Work	Prabalarishta Yoga	318132361 Rahu 8:41AM – 10:24AM	Bava Until 12:34AM Sun	Nataraja: White	2nd Phase	
Until 10:59PM			Dashami Until 10:15PM	Moon – Clear	Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Lucknow, India
		Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
Mesha Rasi: 3.52	Tithi 26 – 27	Gulika 3:34PM – 5:17PM	Ashvini Until 10:28PM	Ganesha: Green <i>Sunrise:</i> 5:14AM	Vilamba 5120	
		Yama 12:07PM – 1:50PM	Sobhana Until 6:43PM	Muruga: White <i>Sunset:</i> 7:00PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 5:17PM – 7:00PM	Kaulava Until 11:06PM	Nataraja: White	2nd Phase	
Until 10:28PM			Ekadashi* Until 11:55AM	Moon – White	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Jyeshtha Adhika-Vaikasi		

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Lucknow, India
		Bharani Nakshatra Alhiganda*/Sukarma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57
Mesha Rasi: 17.43	Tithi 27 – 28	Gulika 1:51PM – 3:34PM	Bharani Until 9:05PM	Ganesha: Green <i>Sunrise:</i> 5:14AM	Vilamba 5120	
Family Home Evening		Yama 10:24AM – 12:07PM	Athiganda* Until 4:00PM	Muruga: White <i>Sunset:</i> 7:01PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 6:57AM – 8:41AM	Gara Until 8:55PM	Nataraja: White	2nd Phase	
Until 9:05PM			Dvadashi* Until 6:43PM	Moon – White	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		
			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Lucknow, India
		Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 58
Vrishabha Rasi: 2.01	Tithi 28 – 29	Gulika 12:08PM – 1:51PM	Krittika Until 6:59PM	Ganesha: Green <i>Sunrise:</i> 5:14AM	Vilamba 5120	
		Yama 8:41AM – 10:24AM	Sukarma Until 12:48PM	Muruga: White <i>Sunset:</i> 7:01PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 Rahu 3:34PM – 5:18PM	Visti Until 5:70PM	Nataraja: White	2nd Phase	
Until 6:59PM			Trayodashi* Until 4:00PM	Moon – White	Bhuloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha Adhika-Vaikasi		

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Lucknow, India
Retreat Star		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Sun 14 Sutra 59
Vrishabha Rasi: 16.4	Tithi 30	Gulika 10:24AM – 12:08PM	Rohini Until 4:45PM	Ganesha: White <i>Sunrise:</i> 5:14AM	Vilamba 5120	
		Yama 6:58AM – 8:41AM	Dhriti Until 4:45PM	Muruga: White <i>Sunset:</i> 7:01PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	338132361 Rahu 12:08PM – 1:51PM	Catuspada Until 3:00PM	Nataraja: White	Amavasya	
			Amavasya* Until 1:17AM Thu	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Lucknow, India
Retreat Star		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathamayam Titau				Sun 15 Sutra 60
Mithuna Rasi: 1.35	Tithi 1	Gulika 8:41AM – 10:25AM	Mrigashira Until 2:07PM	Ganesha: White <i>Sunrise:</i> 5:14AM	Vilamba 5120	
		Yama 5:14AM – 6:58AM	Ganda* Until 2:07PM	Muruga: White <i>Sunset:</i> 7:02PM	Moon 5 - Phase 8	
Routine Work	Marana Yoga	338132361 Rahu 1:51PM – 3:35PM	Kintughna Until 11:33AM	Nataraja: White	Prathama	
			Prathama* Until 9:46PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi		

1		Friday, June 15, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lucknow, India Sun 16 Sutra 61	
Mithuna Rasi: 16.36	Tithi 2	Gulika	6:58AM – 8:41AM	Ardra Until 11:16AM	Ganesh: Clear	<i>Sunrise:</i> 5:14AM	Vilamba 5120		
		Yama	3:35PM – 5:19PM	Vridhhi Until 9:26PM	Muruga: White	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	339132361 Rahu	10:25AM – 12:08PM	Balava Until 8:01AM	Nataraja: White		3rd Phase		
				Dvitiya Until 6:14PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM		

2		Saturday, June 16, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Lucknow, India Sun 17 Sutra 62	
Kataka Rasi: 2	Tithi 3 – 4	Gulika	5:14AM – 6:58AM	Punarvasu Until 8:46AM	Ganesh: Orange	<i>Sunrise:</i> 5:14AM	Vilamba 5120		
		Yama	1:52PM – 3:35PM	Dhruva Until 5:35PM	Muruga: White	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	349132361 Rahu	8:41AM – 10:25AM	Vanija Until 1:14AM Sun	Nataraja: White		3rd Phase		
				Tritiya Until 2:50PM	Moon – Blue		Bhuloka Day		
					Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM		

3		Sunday, June 17, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lucknow, India Sun 18 Sutra 63	
Kataka Rasi: 16.26	Tithi 4 – 5	Gulika	3:36PM – 5:19PM	Pushya Until 6:21AM	Ganesh: Orange	<i>Sunrise:</i> 5:15AM	Vilamba 5120		
		Yama	12:09PM – 1:52PM	Vyaghata* Until 1:58PM	Muruga: White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	349132361 Rahu	5:19PM – 7:03PM	Bava Until 10:16PM	Nataraja: White		3rd Phase		
				Chaturthi* Until 11:41AM	Moon – Blue		Bhuloka Day		
					Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM		

4		Monday, June 18, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Lucknow, India Sun 19 Sutra 64	
Simha Rasi: 1	Tithi 5 – 6	Gulika	1:52PM – 3:36PM	Magha* Until 2:44AM Tue	Ganesh: Green	<i>Sunrise:</i> 5:15AM	Vilamba 5120		
Family Home Evening		Yama	10:25AM – 12:09PM	Harshana Until 10:43AM	Muruga: White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9		
Routine Work	Marana Yoga	359132361 Rahu	6:58AM – 8:42AM	Kaulava Until 7:45PM	Nataraja: White		3rd Phase		
Until 2:44AM Tue				Panchami Until 8:56AM	Moon – Red		Devaloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha•Ani				

5		Tuesday, June 19, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taila/Vanija Karana Shashthi/Saptamyam Titau		Lucknow, India Sun 20 Sutra 65	
Simha Rasi: 15.14	Tithi 6 – 7	Gulika	12:09PM – 1:53PM	Purvaphalguni Until 1:42AM Wed	Ganesh: Green	<i>Sunrise:</i> 5:15AM	Vilamba 5120		
		Yama	8:42AM – 10:25AM	Vajra* Until 7:50AM	Muruga: White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	359132361 Rahu	3:36PM – 5:20PM	Vanija Until 4:57AM Wed	Nataraja: White		3rd Phase		
Until 1:42AM Wed				Shashthi* Until 6:39AM	Moon – Red		Devaloka Day		
Then Creative Work - Amrita Yoga					Jyeshtha•Ani				

Retreat Star		Wednesday, June 20, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Lucknow, India Sun 21 Sutra 66	
Simha Rasi: 29.07	Tithi 8	Gulika	10:26AM – 12:09PM	Uttaraphalguni Until 1:06AM Thu	Ganesh: Green	<i>Sunrise:</i> 5:15AM	Vilamba 5120		
		Yama	6:59AM – 8:42AM	Vyatipata* Until 3:31AM Thu	Muruga: White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9		
Creative Work	Amrita Yoga	359132361 Rahu	12:09PM – 1:53PM	Visti Until 4:19PM	Nataraja: White		Ashtami		
Until 1:06AM Thu				Ashtami* Until 3:49AM Thu	Moon – Red		Devaloka Day		
Then Routine Work - Marana Yoga					Jyeshtha•Ani				

Retreat Star		Thursday, June 21, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Lucknow, India Sun 22 Sutra 67	
Kanya Rasi: 12.38	Tithi 9	Gulika	8:42AM – 10:26AM	Hasta Until 1:24AM Fri	Ganesh: Red	<i>Sunrise:</i> 5:15AM	Vilamba 5120		
		Yama	5:15AM – 6:59AM	Variyan Until 2:03AM Fri	Muruga: White	<i>Sunset:</i> 7:04PM	Moon 5 - Phase 9		
Routine Work	Marana Yoga	369132361 Rahu	1:53PM – 3:37PM	Balava Until 3:30PM	Nataraja: White		Navami		
Until 1:24AM Fri				Navami* Until 3:17AM Fri	Moon – Green		Bhuloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Lucknow, India
Kanya Rasi: 25.5	Tithi 10	Gulika 6:59AM – 8:43AM	Chitra Until 2:05AM Sat	Ganesh: Green	<i>Sunrise:</i> 5:15AM	Sun 23 Sutra 68
		Yama 3:37PM – 5:20PM	Parigha* Until 1:02AM Sat	Muruga: White	<i>Sunset:</i> 7:04PM	Vilamba 5120
		Rahu 10:26AM – 12:10PM	Taitila Until 3:15PM	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga		Dashami Until 3:19AM Sat	Moon – Green		4th Phase
				Jyeshtha-Ani		Bhuloka Day

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India
Tula Rasi: 8.44	Tithi 11	Gulika 5:16AM – 6:59AM	Svati Until 3:08AM Sun	Ganesh: Green	<i>Sunrise:</i> 5:16AM	Sun 24 Sutra 69
		Yama 1:53PM – 3:37PM	Shiva Until 12:28AM Sun	Muruga: White	<i>Sunset:</i> 7:04PM	Vilamba 5120
		Rahu 8:43AM – 10:26AM	Vanija Until 3:33PM	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga		Ekadashi Until 3:51AM Sun	Moon – Green		4th Phase
Until 3:08AM Sun				Jyeshtha-Ani		Bhuloka Day
Then Routine Work - Marana Yoga						

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Lucknow, India
Tula Rasi: 21.24	Tithi 12	Gulika 3:37PM – 5:21PM	Vishakha Until 4:58AM Mon	Ganesh: Red	<i>Sunrise:</i> 5:16AM	Sun 25 Sutra 70
		Yama 12:10PM – 1:54PM	Siddha Until 12:15AM Mon	Muruga: White	<i>Sunset:</i> 7:04PM	Vilamba 5120
		Rahu 5:21PM – 7:04PM	Bava Until 4:20PM	Nataraja: White		Moon 5 - Phase 10
Routine Work	Marana Yoga		Dvadashi Until 4:53AM Mon	Moon – Orange		4th Phase
Until 4:58AM Mon				Jyeshtha-Ani		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 6:AM to 9:AM

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava Karana Trayodashyam Titau				Lucknow, India
Vrischika Rasi: 3.51	Tithi 13	Gulika 1:54PM – 3:37PM	Anuradha Until 7:03AM Tue	Ganesh: Red	<i>Sunrise:</i> 5:16AM	Sun 26 Sutra 71
Family Home Evening		Yama 10:27AM – 12:10PM	Sadhya Until 12:22AM Tue	Muruga: Clear	<i>Sunset:</i> 7:04PM	Vilamba 5120
		Rahu 7:00AM – 8:43AM	Kaulava Until 5:35PM	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga		Trayodashi Until 6:20AM Tue	Moon – Orange		4th Phase
Until 7:03AM Tue				Jyeshtha-Ani		Devaloka Day
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
Vrischika Rasi: 16.07	Tithi 13 – 14	Gulika 12:10PM – 1:54PM	Anuradha Until 7:03AM	Ganesh: Red	<i>Sunrise:</i> 5:16AM	Sun 27 Sutra 72
		Yama 8:43AM – 10:27AM	Subha Until 12:50AM Wed	Muruga: Clear	<i>Sunset:</i> 7:04PM	Vilamba 5120
		Rahu 3:37PM – 5:21PM	Gara Until 7:14PM	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga		Trayodashi Until 6:20AM	Moon – Orange		4th Phase
Until 7:03AM				Jyeshtha-Ani		Devaloka Day
Then Routine Work - Marana Yoga						

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India
Copper Retreat Star		Gulika 10:27AM – 12:11PM	Jyeshtha* Until 9:21AM	Ganesh: Red	<i>Sunrise:</i> 5:17AM	Sutra 73
Vrischika Rasi: 28.14	Tithi 14 – 15	Yama 7:00AM – 8:44AM	Sukla Until 1:31AM Thu	Muruga: Clear	<i>Sunset:</i> 7:05PM	Vilamba 5120
		Rahu 12:11PM – 1:54PM	Visti Until 9:15PM	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga		Chaturdashi* Until 8:10AM	Moon – Orange		Purnima
Until 9:21AM				Jyeshtha-Ani		Devaloka Day
Then Routine Work - Marana Yoga						

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India
Silver Retreat Star		Gulika 8:44AM – 10:27AM	Mula* Until 12:18PM	Ganesh: Blue	<i>Sunrise:</i> 5:17AM	Sutra 74
Dhanus Rasi: 10.12	Tithi 15 – 16	Yama 5:17AM – 7:01AM	Brahma Until 2:27AM Fri	Muruga: Clear	<i>Sunset:</i> 7:05PM	Vilamba 5120
		Rahu 1:54PM – 3:38PM	Balava Until 11:33PM	Nataraja: White		Moon 5 - Phase 10
Creative Work	Siddha Yoga		Purnima* Until 10:21AM	Moon – Light Blue		Prathama
				Jyeshtha-Ani		Bhuloka Day
						Devaloka Time: 12:PM to 3:PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lucknow, India

Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 22.04 Tihi 16 – 17

Gulika 7:01AM – 8:44AM

Purvashadha* Until 3:19PM

Ganesh: Blue

Sunrise: 5:17AM

Yama 3:38PM – 5:21PM

Indra Until 3:32AM Sat

Muruga: Clear

Sunset: 7:05PM

381142361

Rahu 10:28AM – 12:11PM

Taitila Until 2:04AM Sat

Nataraja: White

Moon – Light Blue

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 3:19PM

Then Routine Work - Marana Yoga

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 3.52 Tihi 17 – 18

Gulika 5:18AM – 7:01AM

Uttarashadha Until 6:17PM

Ganesh: Blue

Sunrise: 5:18AM

Yama 1:55PM – 3:38PM

Vaidhriti* Until 4:39AM Sun

Muruga: Clear

Sunset: 7:05PM

381242361

Rahu 8:45AM – 10:28AM

Vanija Until 4:40AM Sun

Nataraja: White

Moon – Light Blue

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 6:17PM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 15.39 Tihi 18 – 19

Gulika 3:38PM – 5:22PM

Shravana Until 9:36PM

Ganesh: Red

Sunrise: 5:18AM

Yama 12:11PM – 1:55PM

Vishkambha* Until 5:44AM Mon

Muruga: Clear

Sunset: 7:05PM

391242361

Rahu 5:22PM – 7:05PM

Bava Until 7:13AM Mon

Nataraja: White

Moon – Purple

Devaloka Day

Creative Work Amrita Yoga

Until 9:36PM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 27.28 Tihi 19

Gulika 1:55PM – 3:38PM

Dhanishtha Until 12:35AM Tue

Ganesh: Red

Sunrise: 5:18AM

Yama 10:28AM – 12:12PM

Priti Until 6:40AM Tue

Muruga: Clear

Sunset: 7:05PM

391242361

Rahu 7:02AM – 8:45AM

Bava Until 7:13AM

Nataraja: White

Moon – Purple

Devaloka Day

Creative Work Siddha Yoga

Until 12:35AM Tue

Then Routine Work - Marana Yoga

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava Karana Panchamyam Titau

Lucknow, India

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 9.21 Tihi 20

Gulika 12:12PM – 1:55PM

Shatabhishak Until 3:04AM Wed

Ganesh: Yellow

Sunrise: 5:19AM

Yama 8:45AM – 10:29AM

Priti Until 6:40AM

Muruga: Clear

Sunset: 7:05PM

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Rahu 3:38PM – 5:22PM

Kaulava Until 9:31AM

Nataraja: White

Moon – Purple

Devaloka Day

Routine Work Marana Yoga

Until 3:04AM Wed

Then Creative Work - Amrita Yoga

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Lucknow, India

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 21.23 Tihi 21

Gulika 10:29AM – 12:12PM

Purvaproshtapada* Until 5:23AM Thu

Ganesh: Orange

Sunrise: 5:19AM

Yama 7:02AM – 8:46AM

Ayushman Until 7:16AM

Muruga: Clear

Sunset: 7:05PM

312242361

Rahu 12:12PM – 1:55PM

Gara Until 11:25AM

Nataraja: White

Moon – Clear

Devaloka Day

Creative Work Amrita Yoga

Until 5:23AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 3.38 Tihi 22

Gulika 8:46AM – 10:29AM

Uttaraproshtapada Until 6:53AM Fri

Ganesh: Orange

Sunrise: 5:20AM

Yama 5:20AM – 7:03AM

Saubhagya Until 7:28AM

Muruga: Clear

Sunset: 7:05PM

312242361

Rahu 1:55PM – 3:39PM

Visti Until 12:45PM

Nataraja: White

Moon – Clear

Devaloka Day

Creative Work Siddha Yoga

Saptami Until 1:08AM Fri

Jyeshtha-Ani

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 16.11 Tihi 23

Gulika 7:03AM – 8:46AM

Uttaraproshtapada Until 6:53AM

Ganesh: Orange

Sunrise: 5:20AM

Yama 3:39PM – 5:22PM

Sobhana Until 7:09AM

Muruga: Clear

Sunset: 7:05PM

312242361

Rahu 10:29AM – 12:12PM

Balava Until 1:23PM

Nataraja: White

Moon – Clear

Devaloka Day

Creative Work Siddha Yoga

Ashtami* Until 1:24AM Sat

Jyeshtha-Ani

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Meena Rasi: 29.05 Tihi 24

Gulika 5:20AM – 7:03AM

Revati Until 7:29AM

Ganesh: Green

Sunrise: 5:20AM

Yama 1:56PM – 3:39PM

Athiganda* Until 6:13AM

Muruga: Clear

Sunset: 7:05PM

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Rahu 8:46AM – 10:29AM

Taitila Until 1:14PM

Nataraja: White

Moon – Clear

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 7:29AM

Then Creative Work - Siddha Yoga

Navami* Until 12:51AM Sun

Jyeshtha-Ani

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1	Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visli* Karana Dashamyam Titau				Lucknow, India Sun 9 Sutra 84
	Mesha Rasi: 12.25	Tithi 25	Gulika 3:39PM – 5:22PM	Ashvini Until 7:37AM	Ganesh: Orange <i>Sunrise:</i> 5:21AM		Vilamba 5120
			Yama 12:13PM – 1:56PM	Dhriti Until 2:28AM Mon	Muruga: Clear <i>Sunset:</i> 7:05PM		Moon 6 - Phase 12
			422242361 Rahu 5:22PM – 7:05PM	Vanija Until 12:18PM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Dashami Until 11:31PM	Moon – White		Devaloka Day	
Until 7:37AM				Jyeshtha-Ani			
Then Routine Work - Prabarishtha Yoga							

2	Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Lucknow, India Sun 10 Sutra 85
	Mesha Rasi: 26.11	Tithi 26	Gulika 1:56PM – 3:39PM	Bharani Until 6:48AM	Ganesh: Orange <i>Sunrise:</i> 5:21AM		Vilamba 5120
	Family Home Evening		Yama 10:30AM – 12:13PM	Shula* Until 11:40PM	Muruga: Clear <i>Sunset:</i> 7:04PM		Moon 6 - Phase 12
			422242361 Rahu 7:04AM – 8:47AM	Bava Until 10:35AM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 9:27PM	Moon – White		Devaloka Day	
Until 6:48AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

3	Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lucknow, India Sun 11 Sutra 86
	Vrishabha Rasi: 10.24	Tithi 27	Gulika 12:13PM – 1:56PM	Rohini Until 3:14AM Wed	Ganesh: Light Blue <i>Sunrise:</i> 5:22AM		Vilamba 5120
			Yama 8:47AM – 10:30AM	Ganda* Until 8:22PM	Muruga: Clear <i>Sunset:</i> 7:04PM		Moon 6 - Phase 12
			422242361 Rahu 3:39PM – 5:21PM	Kaulava Until 8:11AM	Nataraja: White		2nd Phase
Creative Work Amrita Yoga			Dvadashi* Until 6:45PM	Moon – Yellow		Bhuloka Day	
Until 3:14AM Wed				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

4	Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lucknow, India Sun 12 Sutra 87
	Vrishabha Rasi: 25.02	Tithi 28 – 29	Gulika 10:30AM – 12:13PM	Mrigashira Until 12:42AM Thu	Ganesh: Light Blue <i>Sunrise:</i> 5:22AM		Vilamba 5120
			Yama 7:05AM – 8:48AM	Vriddhi Until 4:41PM	Muruga: Clear <i>Sunset:</i> 7:04PM		Moon 6 - Phase 12
			422242361 Rahu 12:13PM – 1:56PM	Visti Until 1:52AM Thu	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 3:34PM	Moon – Yellow		Bhuloka Day	
Until 12:42AM Thu				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

	Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lucknow, India Sun 13 Sutra 88
	Retreat Star		Gulika 8:48AM – 10:31AM	Ardra Until 9:47PM	Ganesh: Light Blue <i>Sunrise:</i> 5:23AM		Vilamba 5120
	Mithuna Rasi: 9.58	Tithi 29 – 30	Yama 5:23AM – 7:05AM	Dhruva Until 12:42PM	Muruga: Clear <i>Sunset:</i> 7:04PM		Moon 6 - Phase 12
			422242361 Rahu 1:56PM – 3:39PM	Catuspada Until 10:13PM	Nataraja: White		Amavasya
Routine Work Marana Yoga			Chaturdashi* Until 12:03PM	Moon – Yellow		Bhuloka Day	
Until 9:47PM				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

	Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India Sun 14 Sutra 89
	Retreat Star		Gulika 7:06AM – 8:48AM	Punarvasu Until 7:00PM	Ganesh: Purple <i>Sunrise:</i> 5:23AM		Vilamba 5120
	Mithuna Rasi: 25.06	Tithi 30 – 1	Yama 3:39PM – 5:21PM	Vyaghata* Until 8:34AM	Muruga: Clear <i>Sunset:</i> 7:04PM		Moon 6 - Phase 12
			422242361 Rahu 10:31AM – 12:13PM	Kintughna Until 6:28PM	Nataraja: White		Prathama
Creative Work Siddha Yoga			Amavasya* Until 8:20AM	Moon – Blue		Bhuloka Day	
Until 7:00PM		Partial Solar Eclipse		Ashada-Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lucknow, India
	Kataka Rasi: 10.16	Tithi 2	Gulika 5:24AM – 7:06AM Yama 1:56PM – 3:38PM 442242361 Rahu 8:48AM – 10:31AM	Pushya Until 4:08PM Vajra* Until 12:21AM Sun Balava Until 2:46PM Dvitiya Until 12:58AM Sun	Ganesh: Purple <i>Sunrise: 5:24AM</i> Muruga: Clear <i>Sunset: 7:03PM</i> Nataraja: White Moon – Blue Ashada*Ani	Sun 15 Sutra 90 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 4:08PM Then Routine Work - Marana Yoga							

2	Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Lucknow, India
	Kataka Rasi: 25.2	Tithi 3	Gulika 3:38PM – 5:21PM Yama 12:14PM – 1:56PM 442242361 Rahu 5:21PM – 7:03PM	Ashlesha* Until 1:21PM Siddhi Until 1:21PM Tailila Until 11:16AM Tritiya Until 9:37PM	Ganesh: Purple <i>Sunrise: 5:24AM</i> Muruga: Clear <i>Sunset: 7:03PM</i> Nataraja: White Moon – Blue Ashada*Ani	Sun 16 Sutra 91 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 1:21PM Then Routine Work - Marana Yoga							

3	Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Misti* Karana Chaturthyam Titau				Lucknow, India
	Simha Rasi: 10.09	Tithi 4	Gulika 1:56PM – 3:38PM Yama 10:31AM – 12:14PM 453242361 Rahu 7:07AM – 8:49AM	Magha* Until 11:13AM Vyatipata* Until 5:04PM Vanija Until 8:07AM Chaturthi* Until 6:42PM	Ganesh: Purple <i>Sunrise: 5:24AM</i> Muruga: Clear <i>Sunset: 7:03PM</i> Nataraja: White Moon – Red Ashada*Adi	Sun 17 Sutra 92 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Family Home Evening Routine Work Marana Yoga Until 11:13AM Then Creative Work - Siddha Yoga							

4	Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Lucknow, India
	Simha Rasi: 24.37	Tithi 5 – 6	Gulika 12:14PM – 1:56PM Yama 8:49AM – 10:32AM 453242362 Rahu 3:38PM – 5:20PM	Purvaphalguni Until 9:26AM Variyan Until 2:01PM Kaulava Until 3:23AM Wed Panchami Until 4:19PM	Ganesh: Purple <i>Sunrise: 5:25AM</i> Muruga: Clear <i>Sunset: 7:03PM</i> Nataraja: Clear Moon – Red Ashada*Adi	Sun 18 Sutra 93 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Devaloka Day
Creative Work Siddha Yoga Until 9:26AM Then Creative Work - Amrita Yoga							

5	Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Lucknow, India
	Kanya Rasi: 8.4	Tithi 6 – 7	Gulika 10:32AM – 12:14PM Yama 7:08AM – 8:50AM 453242362 Rahu 12:14PM – 1:56PM	Uttaraphalguni Until 8:09AM Parigha* Until 11:31AM Gara Until 2:01AM Thu Shashthi* Until 2:36PM	Ganesh: Purple <i>Sunrise: 5:25AM</i> Muruga: Clear <i>Sunset: 7:02PM</i> Nataraja: Clear Moon – Red Ashada*Adi	Sun 19 Sutra 94 Vilamba 5120 Moon 6 - Phase 13 3rd Phase	Devaloka Day
Creative Work Amrita Yoga Until 8:09AM Then Routine Work - Marana Yoga							

☾	Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lucknow, India
	Retreat Star		Gulika 8:50AM – 10:32AM Yama 5:26AM – 7:08AM 463242362 Rahu 1:56PM – 3:38PM	Hasta Until 7:50AM Shiva Until 9:36AM Visti Until 1:22AM Fri Saptami Until 1:35PM	Ganesh: Clear <i>Sunrise: 5:26AM</i> Muruga: Clear <i>Sunset: 7:02PM</i> Nataraja: Clear Moon – Green Ashada*Adi	Sun 20 Sutra 95 Vilamba 5120 Moon 6 - Phase 13 Ashtami	Sivaloka Day
Kanya Rasi: 22.17		Tithi 7 – 8					
Routine Work Marana Yoga Until 7:50AM Then Creative Work - Siddha Yoga							

☽	Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Lucknow, India
	Retreat Star		Gulika 7:08AM – 8:50AM Yama 3:38PM – 5:20PM 463242362 Rahu 10:32AM – 12:14PM	Chitra Until 8:07AM Siddha Until 8:07AM Kaulava Until 13:43AM Sat Ashtami* Until 1:18PM	Ganesh: Clear <i>Sunrise: 5:26AM</i> Muruga: Clear <i>Sunset: 7:02PM</i> Nataraja: Clear Moon – Green Ashada*Adi	Sun 21 Sutra 96 Vilamba 5120 Moon 6 - Phase 13 Navami	Sivaloka Day
Tula Rasi: 5.31		Tithi 8 – 9					
Creative Work Siddha Yoga							

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lucknow, India Sun 22 Sutra 97	
Tula Rasi: 18.22	Tithi 9 – 10	Gulika	5:27AM – 7:09AM	Svati Until 8:56AM	Ganesh: Clear	<i>Sunrise:</i> 5:27AM	Vilamba 5120		
		Yama	1:56PM – 3:38PM	Sadhya Until 7:28AM	Muruga: Clear	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	463242362 Rahu	8:50AM – 10:32AM	Taitila Until 2:12AM Sun	Nataraja: Clear		4th Phase		
				Navami* Until 1:43PM	Moon – Green		Sivaloka Day		
					Ashada*Adi				


2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lucknow, India Sun 23 Sutra 98	
Vrischika Rasi: 0.54	Tithi 10 – 11	Gulika	3:37PM – 5:19PM	Vishakha Until 10:42AM	Ganesh: White	<i>Sunrise:</i> 5:27AM	Vilamba 5120		
		Yama	12:14PM – 1:56PM	Subha Until 7:14AM	Muruga: Clear	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	5:19PM – 7:01PM	Vanija Until 3:32AM Mon	Nataraja: Clear		4th Phase		
				Dashami Until 2:47PM	Moon – Orange		Devaloka Day		
					Ashada*Adi				


3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lucknow, India Sun 24 Sutra 99	
Vrischika Rasi: 13.11	Tithi 11 – 12	Gulika	1:56PM – 3:37PM	Anuradha Until 12:50PM	Ganesh: White	<i>Sunrise:</i> 5:28AM	Vilamba 5120		
Family Home Evening		Yama	10:33AM – 12:14PM	Sukla Until 7:24AM	Muruga: Clear	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	473242362 Rahu	7:09AM – 8:51AM	Bava Until 5:22AM Tue	Nataraja: Clear		4th Phase		
				Ekadashi Until 4:22PM	Moon – Orange		Devaloka Day		
					Ashada*Adi				

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava Karana Dvadashyam Titau		Lucknow, India Sun 25 Sutra 100	
Vrischika Rasi: 25.17	Tithi 12	Gulika	12:14PM – 1:56PM	Jyeshtha* Until 3:15PM	Ganesh: White	<i>Sunrise:</i> 5:28AM	Vilamba 5120		
		Yama	8:51AM – 10:33AM	Brahma Until 7:56AM	Muruga: Clear	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 Rahu	3:37PM – 5:18PM	Balava Until 6:24PM	Nataraja: Clear		4th Phase		
Until 3:15PM				Dvadashi Until 6:24PM	Moon – Orange		Devaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Lucknow, India Sun 26 Sutra 101	
Dhanus Rasi: 7.14	Tithi 13	Gulika	10:33AM – 12:14PM	Mula* Until 6:18PM	Ganesh: Red	<i>Sunrise:</i> 5:29AM	Vilamba 5120		
		Yama	7:10AM – 8:52AM	Indra Until 8:46AM	Muruga: Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 Rahu	12:14PM – 1:55PM	Kaulava Until 7:33AM	Nataraja: Clear		4th Phase		
Until 6:18PM				Trayodashi Until 8:44PM	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga					Ashada*Adi				
					<i>Pradosha Vrata</i>				

6		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Chaturdashyam Titau		Lucknow, India Sun 27 Sutra 102	
Dhanus Rasi: 19.05	Tithi 14	Gulika	8:52AM – 10:33AM	Purvashadha* Until 9:23PM	Ganesh: Red	<i>Sunrise:</i> 5:29AM	Vilamba 5120		
		Yama	5:29AM – 7:11AM	Vaidhriti* Until 9:23PM	Muruga: Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	483342362 Rahu	1:55PM – 3:37PM	Gara Until 10:00AM	Nataraja: Clear		4th Phase		
Until 9:23PM				Chaturdashi* Until 11:16PM	Moon – Light Blue		Sivaloka Day		
Then Routine Work - Marana Yoga					Ashada*Adi				

		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Balava Karana Purnimayam Titau		Lucknow, India Sun 28 Sutra 103	
Makara Rasi: 0.53	Tithi 15	Gulika	7:11AM – 8:52AM	Uttarashadha Until 12:22AM Sat	Ganesh: Red	<i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama	3:36PM – 5:17PM	Vishkambha* Until 12:22AM Sat	Muruga: Clear	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 Rahu	10:33AM – 12:14PM	Visti Until 12:35PM	Nataraja: Clear		Purnima		
Until 12:22AM Sat				Purnima* Until 1:51AM Sat	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Siddha Yoga					Ashada*Adi				
					Total Lunar Eclipse				
					Satguru Purnima				

		Saturday, July 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava Karana Prathamayam Titau		Lucknow, India Sun 29 Sutra 104	
Makara Rasi: 12.41	Tithi 16	Gulika	5:30AM – 7:11AM	Shravana Until 3:38AM Sun	Ganesh: Blue	<i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama	1:55PM – 3:36PM	Priti Until 11:59AM	Muruga: Clear	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	493342362 Rahu	8:52AM – 10:33AM	Balava Until 3:09PM	Nataraja: Clear		Prathama		
Until 3:38AM Sun				Prathama* Until 4:23AM Sun	Moon – Purple		Devaloka Day		
Then Routine Work - Marana Yoga					Ashada*Adi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Lucknow, India

Makara Rasi: 24.29 Tihti 17

Gulika 3:36PM – 5:16PM
Yama 12:14PM – 1:55PM
494342362 **Rahu** 5:16PM – 6:57PM

Dhanishtha **Until 6:33AM Mon**
Ayushman **Until 12:59PM**
Taitila **Until 5:36PM**
Dvitiya **Until 6:44AM Mon**

Ganesha: Blue *Sunrise: 5:31AM*
Muruga: Clear *Sunset: 6:57PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 6:33AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Kumbha Rasi: 6.23 Tihti 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:55PM – 3:35PM
Yama 10:33AM – 12:14PM
494342362 **Rahu** 7:12AM – 8:53AM

Dhanishtha **Until 6:33AM**
Saubhagya **Until 1:50PM**
Vanija **Until 7:49PM**
Dvitiya **Until 6:44AM**

Ganesha: Blue *Sunrise: 5:31AM*
Muruga: Clear *Sunset: 6:57PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 1 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India

Kumbha Rasi: 18.23 Tihti 18 – 19
Routine Work Marana Yoga

Gulika 12:14PM – 1:55PM
Yama 8:53AM – 10:34AM
494342362 **Rahu** 3:35PM – 5:16PM

Shatabhishak **Until 9:02AM**
Sobhana **Until 2:28PM**
Bava **Until 9:41PM**
Tritiya **Until 8:47AM**

Ganesha: Blue *Sunrise: 5:32AM*
Muruga: Clear *Sunset: 6:56PM*
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 2 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India

Meena Rasi: 0.32 Tihti 19 – 20
Creative Work Amrita Yoga

Gulika 10:34AM – 12:14PM
Yama 7:13AM – 8:53AM
414342362 **Rahu** 12:14PM – 1:54PM

Purvaproshtapada* **Until 11:27AM**
Athiganda* **Until 2:44PM**
Kaulava **Until 11:06PM**
Chaturthi* **Until 10:26AM**

Ganesha: White *Sunrise: 5:33AM*
Muruga: Clear *Sunset: 6:55PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 3 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Until 11:27AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India

Meena Rasi: 12.53 Tihti 20 – 21
Creative Work Siddha Yoga

Gulika 8:53AM – 10:34AM
Yama 5:33AM – 7:13AM
414342362 **Rahu** 1:54PM – 3:34PM

Uttaraproshtapada **Until 1:13PM**
Sukarma **Until 2:37PM**
Gara **Until 11:59PM**
Panchami **Until 11:36AM**

Ganesha: White *Sunrise: 5:33AM*
Muruga: Clear *Sunset: 6:55PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 4 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lucknow, India

Meena Rasi: 25.29 Tihti 21 – 22
Creative Work Siddha Yoga

Gulika 7:14AM – 8:54AM
Yama 3:34PM – 5:14PM
414342362 **Rahu** 10:34AM – 12:14PM

Revati **Until 2:16PM**
Dhriti **Until 2:04PM**
Visti **Until 12:15AM Sat**
Shashthi* **Until 12:11PM**

Ganesha: White *Sunrise: 5:34AM*
Muruga: Clear *Sunset: 6:54PM*
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 5 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Devaloka Day

Until 2:16PM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lucknow, India

Mesha Rasi: 8.24 Tihti 22 – 23
Creative Work Siddha Yoga

Gulika 5:34AM – 7:14AM
Yama 1:54PM – 3:34PM
424342362 **Rahu** 8:54AM – 10:34AM

Ashvini **Until 3:00PM**
Shula* **Until 12:58PM**
Balava **Until 11:51PM**
Saptami **Until 12:07PM**

Ganesha: Clear *Sunrise: 5:34AM*
Muruga: Clear *Sunset: 6:53PM*
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 6 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Sivaloka Day

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lucknow, India

Mesha Rasi: 21.39 Tihti 23 – 24
Routine Work Prabalarishta Yoga

Gulika 3:33PM – 5:13PM
Yama 12:14PM – 1:53PM
424342362 **Rahu** 5:13PM – 6:53PM

Bharani **Until 2:54PM**
Ganda* **Until 11:20AM**
Taitila **Until 10:46PM**
Ashtami* **Until 11:23AM**

Ganesha: Clear *Sunrise: 5:35AM*
Muruga: Clear *Sunset: 6:53PM*
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 7 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Sivaloka Day

Until 2:54PM
Then Creative Work - Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang


Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Lucknow, India
1		Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Sun 8 Sutra 113
Vrishabha Rasi: 5.17	Tithi 24 – 25	Gulika 1:53PM – 3:33PM	Krittika Until 1:59PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Vilamba 5120
Family Home Evening	424342362	Yama 10:34AM – 12:14PM	Vridhhi Until 1:59PM	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu 7:15AM – 8:54AM	Visti Until 7:54AM Tue	Nataraja: Clear		2nd Phase
Until 1:59PM			Navami* Until 9:58AM	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashada*Adi		

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Lucknow, India
2		Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 114
Vrishabha Rasi: 19.19	Tithi 25 – 26	Gulika 12:13PM – 1:53PM	Rohini Until 12:43PM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM	Vilamba 5120
	434342362	Yama 8:54AM – 10:34AM	Dhruva Until 12:43PM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu 3:32PM – 5:12PM	Balava Until 4:76AM Wed	Nataraja: Clear		2nd Phase
Until 12:43PM			Dashami Until 7:54AM	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga				Ashada*Adi		

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Lucknow, India
3		Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau				Sun 10 Sutra 115
Mithuna Rasi: 3.45	Tithi 27	Gulika 10:34AM – 12:13PM	Mrigashira Until 10:46AM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM	Vilamba 5120
	434342362	Yama 7:15AM – 8:55AM	Harshana Until 11:43PM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Rahu 12:13PM – 1:53PM	Kaulava Until 3:47PM	Nataraja: Clear		2nd Phase
			Dvodashi* Until 2:10AM Thu	Moon – Yellow		Devaloka Day
				Ashada*Adi		

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Lucknow, India
4		Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 116
Mithuna Rasi: 18.31	Tithi 28	Gulika 8:55AM – 10:34AM	Ardra Until 7:07PM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:37AM	Vilamba 5120
	434342362	Yama 5:37AM – 7:16AM	Vajra* Until 8:15AM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu 1:52PM – 3:32PM	Gara Until 12:30PM	Nataraja: Clear		2nd Phase
Until 7:07PM Fri			Trayodashi* Until 10:44PM	Moon – Yellow		Devaloka Day
Then Creative Work - Amrita Yoga				Ashada*Adi		
				<i>Pradosha Vrata (Fasting)</i>		

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Lucknow, India
5		Ardra/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 117
Kataka Rasi: 3.31	Tithi 29	Gulika 7:16AM – 8:55AM	Ardra Until 7:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:37AM	Vilamba 5120
	444342362	Yama 3:31PM – 5:10PM	Siddhi Until 11:42AM Sat	Muruga: Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu 10:34AM – 12:13PM	Visti Until 8:58AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 7:07PM	Moon – Blue		Devaloka Day
				Ashada*Adi		

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Lucknow, India
	Retreat Star	Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 118
Kataka Rasi: 18.38	Tithi 30 – 1	Gulika 5:38AM – 7:16AM	Ashlesha* Until 11:55PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:38AM	Vilamba 5120
	444342362	Yama 1:52PM – 3:31PM	Vyatipata* Until 11:42AM	Muruga: Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu 8:55AM – 10:34AM	Kintughna Until 1:40AM Sun	Nataraja: Clear		Amavasya
Until 11:55PM			Amavasya* Until 3:27PM	Moon – Blue		Devaloka Day
Then Creative Work - Amrita Yoga		Partial Solar Eclipse		Ashada*Adi		

Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Lucknow, India
Retreat Star		Magha* Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 119
Simha Rasi: 3.43	Tithi 1 – 2	Gulika 3:30PM – 5:09PM	Magha* Until 9:26PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Vilamba 5120
	455342362	Yama 12:13PM – 1:51PM	Varyan Until 7:40AM	Muruga: Clear	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu 5:09PM – 6:47PM	Balava Until 10:14PM	Nataraja: Clear		Prathama
Until 9:26PM			Prathama* Until 11:54AM	Moon – Red		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana*Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lucknow, India
	Simha Rasi: 18.37	Tithi 2 - 3	Gulika 1:51PM - 3:30PM	Purvaphalguni Until 7:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	Sun 15 Sutra 120
	Family Home Evening	455342362	Yama 10:34AM - 12:13PM	Shiva Until 12:19AM Tue	Muruga: Clear	<i>Sunset:</i> 6:47PM	Vilamba 5120
	Creative Work Siddha Yoga		Rahu 7:17AM - 8:56AM	Taitila Until 7:09PM	Nataraja: Clear		Moon 7 - Phase 17
			Dvitiya Until 8:37AM	Moon - Red		3rd Phase	
				Sravana-Adi		Sivaloka Day	

2	Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Lucknow, India
	Kanya Rasi: 3.13	Tithi 4	Gulika 12:12PM - 1:51PM	Uttaraphalguni Until 5:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	Sun 16 Sutra 121
		455342362	Yama 8:56AM - 10:34AM	Siddha Until 9:14PM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Vilamba 5120
	Creative Work Amrita Yoga		Rahu 3:29PM - 5:07PM	Vanija Until 4:33PM	Nataraja: Clear		Moon 7 - Phase 17
Until 5:12PM			Chaturthi* Until 3:28AM Wed	Moon - Red		3rd Phase	
Then Creative Work - Siddha Yoga				Sravana-Adi		Sivaloka Day	

3	Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Lucknow, India
	Kanya Rasi: 17.25	Tithi 5	Gulika 10:34AM - 12:12PM	Hasta Until 4:12PM	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	Sun 17 Sutra 122
		465342362	Yama 7:18AM - 8:56AM	Sadhya Until 6:42PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Vilamba 5120
	Routine Work Marana Yoga		Rahu 12:12PM - 1:50PM	Bava Until 2:35PM	Nataraja: Clear		Moon 7 - Phase 17
Until 4:12PM			Panchami Until 1:52AM Thu	Moon - Green		3rd Phase	
Then Creative Work - Siddha Yoga		Nag Panchami		Sravana-Adi		Subha Sivaloka Day	

4	Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Lucknow, India
	Tula Rasi: 1.11	Tithi 6	Gulika 8:56AM - 10:34AM	Chitra Until 3:47PM	Ganesha: Purple	<i>Sunrise:</i> 5:40AM	Sun 18 Sutra 123
		465342362	Yama 5:40AM - 7:18AM	Subha Until 4:47PM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Vilamba 5120
	Creative Work Siddha Yoga		Rahu 1:50PM - 3:28PM	Kaulava Until 1:22PM	Nataraja: Clear		Moon 7 - Phase 17
Until 3:47PM			Shashthi* Until 1:02AM Fri	Moon - Green		3rd Phase	
Then Creative Work - Amrita Yoga				Sravana-Adi		Subha Sivaloka Day	

5	Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Bava Karana Saptamyam Titau				Lucknow, India
	Tula Rasi: 14.29	Tithi 7	Gulika 7:18AM - 8:56AM	Svati Until 4:00PM	Ganesha: Purple	<i>Sunrise:</i> 5:40AM	Sun 19 Sutra 124
		465342362	Yama 3:27PM - 5:05PM	Sukla Until 4:00PM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Vilamba 5120
	Creative Work Siddha Yoga		Rahu 10:34AM - 12:12PM	Gara Until 12:56PM	Nataraja: Clear		Moon 7 - Phase 17
			Saptami Until 1:01AM Sat	Moon - Green		3rd Phase	
				Sravana-Avani		Subha Sivaloka Day	

6	Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Kaulava Karana Ashtamyam Titau				Lucknow, India
	Retreat Star		Gulika 5:41AM - 7:19AM	Vishakha Until 5:19PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	Sun 20 Sutra 125
	Tula Rasi: 27.22	Tithi 8	Yama 1:49PM - 3:27PM	Brahma Until 5:19PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120
		575342362	Rahu 8:56AM - 10:34AM	Visti Until 1:20PM	Nataraja: Clear		Moon 7 - Phase 17
Creative Work Siddha Yoga			Ashtami* Until 1:47AM Sun	Moon - Orange		Ashtami	
				Sravana-Avani		Subha Sivaloka Day	

7	Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Lucknow, India
	Retreat Star		Gulika 3:26PM - 5:04PM	Anuradha Until 7:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:41AM	Sun 21 Sutra 126
	Vrischika Rasi: 9.54	Tithi 9	Yama 12:11PM - 1:49PM	Indra Until 2:48PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Vilamba 5120
		575442362	Rahu 5:04PM - 6:41PM	Balava Until 2:28PM	Nataraja: Clear		Moon 7 - Phase 17
Routine Work Marana Yoga			Navami* Until 3:15AM Mon	Moon - Orange		Navami	
				Sravana-Avani		Sivaloka Day	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Lucknow, India
1		Gulika	1:48PM – 3:26PM	Jyeshtha* Until 9:30PM	Ganesh: Clear	<i>Sunrise:</i> 5:42AM
Vrischika Rasi: 22.08	Tithi 10	Yama	10:34AM – 12:11PM	Vaidhriti* Until 3:12PM	Muruga: Clear	<i>Sunset:</i> 6:40PM
Family Home Evening	575442362	Rahu	7:19AM – 8:56AM	Tailila Until 4:14PM	Nataraja: Clear	Moon 7 - Phase 18
Creative Work	Siddha Yoga			Dashami Until 5:17AM Tue	Moon – Orange	Sivaloka Day
					Sravana-Avani	

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau				Lucknow, India
2		Gulika	12:11PM – 1:48PM	Mula* Until 12:32AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:42AM
Dhanus Rasi: 4.08	Tithi 11	Yama	8:57AM – 10:34AM	Vishkambha* Until 3:59PM	Muruga: Clear	<i>Sunset:</i> 6:39PM
Family Home Evening	586442362	Rahu	3:25PM – 5:02PM	Vanija Until 6:28PM	Nataraja: Clear	Moon 7 - Phase 18
Creative Work	Amrita Yoga			Ekadashi Until 7:41AM Wed	Moon – Light Blue	Sivaloka Day
					Sravana-Avani	

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
3		Gulika	10:34AM – 12:11PM	Purvashadha* Until 3:38AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:43AM
Dhanus Rasi: 16.01	Tithi 11 – 12	Yama	7:20AM – 8:57AM	Priti Until 5:01PM	Muruga: Clear	<i>Sunset:</i> 6:38PM
Family Home Evening	586442362	Rahu	12:11PM – 1:48PM	Bava Until 8:59PM	Nataraja: Clear	Moon 7 - Phase 18
Creative Work	Amrita Yoga			Ekadashi Until 7:41AM	Moon – Light Blue	Sivaloka Day
Until 3:38AM Thu					Sravana-Avani	
Then Routine Work - Marana Yoga						

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lucknow, India
4		Gulika	8:57AM – 10:34AM	Uttarashadha Until 6:37AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:43AM
Dhanus Rasi: 27.49	Tithi 12 – 13	Yama	5:43AM – 7:20AM	Ayushman Until 6:05PM	Muruga: Clear	<i>Sunset:</i> 6:37PM
Family Home Evening	586442362	Rahu	1:47PM – 3:24PM	Kaulava Until 11:36PM	Nataraja: Clear	Moon 7 - Phase 18
Routine Work	Marana Yoga			Dvadashi Until 10:16AM	Moon – Light Blue	Sivaloka Day
					Sravana-Avani	
					<i>Pradosha Vrata</i>	

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
5		Gulika	7:20AM – 8:57AM	Uttarashadha Until 6:37AM	Ganesh: Clear	<i>Sunrise:</i> 5:44AM
Makara Rasi: 10	Tithi 13 – 14	Yama	3:23PM – 5:00PM	Saubhagya Until 7:09PM	Muruga: Clear	<i>Sunset:</i> 6:37PM
Family Home Evening	586442362	Rahu	10:33AM – 12:10PM	Gara Until 2:08AM Sat	Nataraja: Clear	Moon 7 - Phase 18
Routine Work	Marana Yoga			Trayodashi Until 12:52PM	Moon – Light Blue	Sivaloka Day
		Chidambaram Abhishekam			Sravana-Avani	

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India
6		Gulika	5:44AM – 7:21AM	Shravana Until 9:49AM	Ganesh: White	<i>Sunrise:</i> 5:44AM
Makara Rasi: 21.26	Tithi 14 – 15	Yama	1:46PM – 3:23PM	Sobhana Until 8:06PM	Muruga: Clear	<i>Sunset:</i> 6:36PM
Family Home Evening	596442362	Rahu	8:57AM – 10:33AM	Visti Until 4:28AM Sun	Nataraja: Clear	Moon 7 - Phase 18
Creative Work	Siddha Yoga			Chaturdashi* Until 3:19PM	Moon – Purple	Subha Sivaloka Day
		Avani Avittam			Sravana-Avani	

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India
○		Gulika	3:22PM – 4:58PM	Dhanishtha Until 12:37PM	Ganesh: White	<i>Sunrise:</i> 5:45AM
Copper Retreat Star		Yama	12:10PM – 1:46PM	Athiganda* Until 8:47PM	Muruga: Clear	<i>Sunset:</i> 6:35PM
Kumbha Rasi: 3.21	Tithi 15 – 16	Rahu	4:58PM – 6:35PM	Balava Until 6:28AM Mon	Nataraja: Clear	Moon 7 - Phase 18
Routine Work	Marana Yoga			Purnima* Until 5:29PM	Moon – Purple	Subha Sivaloka Day
Until 12:37PM		Raksha Bandhan			Sravana-Avani	
Then Creative Work - Siddha Yoga						

Monday, August 27, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashadhapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Lucknow, India
○		Gulika	1:45PM – 3:21PM	Shatabhishak Until 2:55PM	Ganesh: White	<i>Sunrise:</i> 5:45AM
Silver Retreat Star		Yama	10:33AM – 12:09PM	Sukarma Until 9:13PM	Muruga: Clear	<i>Sunset:</i> 6:34PM
Kumbha Rasi: 15.23	Tithi 16	Rahu	7:21AM – 8:57AM	Balava Until 6:28AM	Nataraja: Clear	Moon 7 - Phase 18
Family Home Evening	596442362			Prathama* Until 7:18PM	Moon – Purple	Subha Sivaloka Day
Creative Work	Siddha Yoga				Sravana-Avani	
Until 2:55PM						
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Lucknow, India

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 27.35 Tiithi 17

517442363

Gulika 12:09PM – 1:45PM
Yama 8:57AM – 10:33AM
Rahu 3:21PM – 4:57PM

Purvaprosarthapada* Until 5:09PM
Dhriti Until 9:20PM
Tailila Until 8:05AM
Dvitiya Until 8:42PM

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:45AM
Sunset: 6:32PM

Devaloka Day

Routine Work Marana Yoga

Until 5:09PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada Nakshatra Shula* Yoga Vanija/Visli* Karana Tritiyayam Titau

Lucknow, India

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 9.58 Tiithi 18

517452363

Gulika 10:33AM – 12:09PM
Yama 7:22AM – 8:57AM
Rahu 12:09PM – 1:44PM

Uttaraprosarthapada Until 6:48PM
Shula* Until 9:04PM
Vanija Until 9:16AM
Tritiya Until 9:40PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:46AM
Sunset: 6:31PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:48PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 22.33 Tiithi 19

517452363

Gulika 8:57AM – 10:33AM
Yama 5:46AM – 7:22AM
Rahu 1:44PM – 3:19PM

Revati Until 7:51PM
Ganda* Until 8:28PM
Bava Until 10:00AM
Chaturthi* Until 10:11PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:46AM
Sunset: 6:30PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:51PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Lucknow, India

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 5.2 Tiithi 20

527452363

Gulika 7:22AM – 8:57AM
Yama 3:19PM – 4:54PM
Rahu 10:33AM – 12:08PM

Ashvini Until 9:47PM Sat
Vriddhi Until 7:31PM
Kaulava Until 10:17AM
Panchami Until 10:13PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:47AM
Sunset: 6:29PM

Bhuloka Day

Creative Work Amrita Yoga

Until 9:47PM Sat

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Lucknow, India

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 18.22 Tiithi 21

527452363

Gulika 5:47AM – 7:22AM
Yama 1:43PM – 3:18PM
Rahu 8:57AM – 10:33AM

Ashvini Until 9:47PM
Dhruva Until 16:25AM Sun
Gara Until 10:05AM
Shashthi* Until 9:47PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:47AM
Sunset: 6:28PM

Bhuloka Day

Creative Work Siddha Yoga

Until 9:47PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visli*/Kaulava Karana Saptamyam Titau

Lucknow, India

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrisabha Rasi: 1.39 Tiithi 22

527452363

Gulika 3:17PM – 4:52PM
Yama 12:07PM – 1:42PM
Rahu 4:52PM – 6:27PM

Krittika Until 8:41PM
Vyaghata* Until 8:41PM
Visli Until 7:71AM Mon
Saptami Until 16:25AM Sun

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:48AM
Sunset: 6:27PM

Bhuloka Day

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrisabha Rasi: 15.13 Tiithi 23

537452363

Gulika 1:42PM – 3:17PM
Yama 10:32AM – 12:07PM
Rahu 7:23AM – 8:58AM

Rohini Until 8:06PM
Harshana Until 2:17PM
Balava Until 8:11AM
Ashtami* Until 7:23PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Sunrise: 5:48AM
Sunset: 6:26PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Tailila/Vanija Karana Navami/Dashamyam Titau

Lucknow, India

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrisabha Rasi: 29.04 Tiithi 24 – 25

538452363

Gulika 12:07PM – 1:41PM
Yama 8:58AM – 10:32AM
Rahu 3:16PM – 4:51PM

Mrigashira Until 6:54PM
Vajra* Until 11:42AM
Tailila Until 6:30AM
Navami* Until 5:27PM

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Sunrise: 5:48AM
Sunset: 6:25PM

Devaloka Day

Creative Work Siddha Yoga

Until 6:54PM

Then Routine Work - Marana Yoga

1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipata* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Lucknow, India
	Mithuna Rasi: 13.14	Tithi 25 – 26	Gulika	10:32AM – 12:06PM	Ardra Until 5:07PM	Ganesh: White	Sun 9 Sutra 143
			Yama	7:23AM – 8:58AM	Siddhi Until 5:07PM	Sunrise: 5:49AM	Vilamba 5120
	Creative Work	Siddha Yoga	548452363 Rahu	12:06PM – 1:41PM	Balava Until 11:76AM Thu	Sunset: 6:24PM	Moon 8 - Phase 20 2nd Phase
			Dashami Until 3:03PM				Devaloka Day
			Sravana-Avani				

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Lucknow, India
	Mithuna Rasi: 27.42	Tithi 26 – 27	Gulika	8:58AM – 10:32AM	Punarvasu Until 3:13PM	Ganesh: Yellow	Sun 10 Sutra 144
			Yama	5:49AM – 7:24AM	Variyan Until 3:13PM	Sunrise: 5:49AM	Vilamba 5120
	Creative Work	Amrita Yoga	548452363 Rahu	1:40PM – 3:15PM	Taitila Until 8:72AM Fri	Sunset: 6:23PM	Moon 8 - Phase 20 2nd Phase
			Ekadashi* Until 12:16PM				Bhuloka Day
			Sravana-Avani				Devaloka Time: 9:AM to12:PM

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Kataka Rasi: 12.23	Tithi 27 – 28	Gulika	7:24AM – 8:58AM	Pushya Until 12:54PM	Ganesh: Yellow	Sun 11 Sutra 145
			Yama	3:14PM – 4:48PM	Parigha* Until 10:13PM	Sunrise: 5:50AM	Vilamba 5120
	Routine Work	Marana Yoga	548452363 Rahu	10:32AM – 12:06PM	Gara Until 7:37PM	Sunset: 6:22PM	Moon 8 - Phase 20 2nd Phase
			Dvadashi* Until 9:12AM				Bhuloka Day
			Sravana-Avani				Devaloka Time: 9:AM to12:PM
<i>Pradosha Vrata (Fasting)</i>							

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India
	Kataka Rasi: 27.14	Tithi 29	Gulika	5:50AM – 7:24AM	Ashlesha* Until 10:19AM	Ganesh: Yellow	Sun 12 Sutra 146
			Yama	1:39PM – 3:13PM	Shiva Until 6:26PM	Sunrise: 5:50AM	Vilamba 5120
	Routine Work	Marana Yoga	548452363 Rahu	8:58AM – 10:32AM	Visti Until 4:20PM	Sunset: 6:21PM	Moon 8 - Phase 20 2nd Phase
Until 10:19AM					Chaturdashi* Until 2:41AM Sun	Sravana-Avani	Bhuloka Day
Then Creative Work - Amrita Yoga							Devaloka Time: 9:AM to12:PM

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lucknow, India
	Retreat Star		Gulika	3:12PM – 4:46PM	Magha* Until 7:58AM	Ganesh: Red	Sun 13 Sutra 147
	Simha Rasi: 12.06	Tithi 30	Yama	12:05PM – 1:39PM	Siddha Until 2:39PM	Sunrise: 5:51AM	Vilamba 5120
	Routine Work	Marana Yoga	548452363 Rahu	4:46PM – 6:20PM	Catuspada Until 9:61AM Mon	Sunset: 6:20PM	Moon 8 - Phase 20 Amavasya
Until 7:58AM		Grandparent's Day			Amavasya* Until 6:26PM	Sravana-Avani	Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 9:AM to12:PM

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Lucknow, India
	Simha Rasi: 26.53	Tithi 1	Gulika	1:38PM – 3:12PM	Uttaraphalguni Until 3:28AM Tue	Ganesh: Blue	Sun 14 Sutra 148
	Family Home Evening		Yama	10:31AM – 12:05PM	Sadhya Until 11:02AM	Sunrise: 5:51AM	Vilamba 5120
	Creative Work	Siddha Yoga	559452363 Rahu	7:24AM – 8:58AM	Kintughna Until 10:01AM	Sunset: 6:18PM	Moon 8 - Phase 20 Prathama
			Prathama* Until 8:34PM				Bhuloka Day
			Bhadrapada-Avani				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lucknow, India Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 11.25	Tithi 2	Gulika Yama	12:04PM – 1:38PM 8:58AM – 10:31AM	Hasta Until 7:44AM Subha Until 7:44AM Balava Until 7:16AM Dvitiya Until 6:04PM	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 5:51AM Sunset: 6:17PM Moon 8 - Phase 21 3rd Phase
			569452363	Rahu 3:11PM – 4:44PM			Bhuloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga						

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lucknow, India Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 25.38	Tithi 3 – 4	Gulika Yama	10:31AM – 12:04PM 7:25AM – 8:58AM	Chitra Until 1:05AM Thu Brahma Until 2:23AM Thu Vanija Until 3:24AM Thu Tritiya Until 4:07PM	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 5:52AM Sunset: 6:16PM Moon 8 - Phase 21 3rd Phase
			569452363	Rahu 12:04PM – 1:37PM			Bhuloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga Until 1:05AM Thu Then Creative Work - Amrita Yoga						

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Lucknow, India Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 9.27	Tithi 4 – 5	Gulika Yama	8:58AM – 10:31AM 5:52AM – 7:25AM	Svati Until 12:42AM Fri Indra Until 12:34AM Fri Bava Until 2:32AM Fri Chaturthi* Until 2:51PM	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 5:52AM Sunset: 6:15PM Moon 8 - Phase 21 3rd Phase
			569452363	Rahu 1:37PM – 3:09PM			Bhuloka Day Bhadrapada-Avani
	Creative Work Amrita Yoga Until 12:42AM Fri Then Creative Work - Siddha Yoga						

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lucknow, India Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 22.49	Tithi 5 – 6	Gulika Yama	7:25AM – 8:58AM 3:09PM – 4:41PM	Vishakha Until 1:26AM Sat Vaidhriti* Until 1:26AM Sat Kaulava Until 2:29AM Sat Panchami Until 2:23PM	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:53AM Sunset: 6:14PM Moon 8 - Phase 21 3rd Phase
			579552363	Rahu 10:31AM – 12:03PM			Devaloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga						

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Lucknow, India Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 5.45	Tithi 6 – 7	Gulika Yama	5:53AM – 7:26AM 1:35PM – 3:08PM	Anuradha Until 2:48AM Sun Vishkambha* Until 10:52PM Gara Until 3:16AM Sun Shashthi* Until 2:45PM	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:53AM Sunset: 6:13PM Moon 8 - Phase 21 3rd Phase
			579552363	Rahu 8:58AM – 10:31AM			Devaloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga Until 2:48AM Sun Then Routine Work - Marana Yoga						

6	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lucknow, India Sun 20 Sutra 154 Vilamba 5120
	Vrischika Rasi: 18.19	Tithi 7 – 8	Gulika Yama	3:07PM – 4:39PM 12:03PM – 1:35PM	Jyeshtha* Until 4:44AM Mon Priti Until 10:57PM Visti Until 4:47AM Mon Saptami Until 3:55PM	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:53AM Sunset: 6:12PM Moon 8 - Phase 21 3rd Phase
			579552363	Rahu 4:39PM – 6:12PM			Devaloka Day Bhadrapada-Avani
	Routine Work Marana Yoga Until 4:44AM Mon Then Creative Work - Siddha Yoga						

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lucknow, India Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika Yama	1:34PM – 3:06PM 10:30AM – 12:02PM	Mula* Until 7:34AM Tue Ayushman Until 11:29PM Balava Until 6:54AM Tue Ashtami* Until 5:46PM	Ganesh: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:54AM Sunset: 6:11PM Moon 8 - Phase 21 Ashtami
			589552363	Rahu 7:26AM – 8:58AM			Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM
	Dhanus Rasi: 0.32 Family Home Evening Creative Work Siddha Yoga						

D	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Lucknow, India Sun 22 Sutra 156 Vilamba 5120
	Retreat Star		Gulika Yama	12:02PM – 1:34PM 8:58AM – 10:30AM	Mula* Until 7:34AM Saubhagya Until 12:22AM Wed Balava Until 6:54AM Navami* Until 8:06PM	Ganesh: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:54AM Sunset: 6:10PM Moon 8 - Phase 21 Navami
			581552363	Rahu 3:06PM – 4:38PM			Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM
	Dhanus Rasi: 12.32 Creative Work Amrita Yoga Until 7:34AM Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Wednesday, September 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Lucknow, India	
Dhanus Rasi: 24.23		Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau		Sun 23		Sutra 157	
Tihti 10		Gulika	10:30AM – 12:02PM	Purvashadha* Until 10:36AM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Vilamba 5120
581552363		Yama	7:26AM – 8:58AM	Sobhana Until 1:26AM Thu	Muruga: Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 22
Creative Work Amrita Yoga		Rahu	12:02PM – 1:33PM	Tailila Until 9:24AM	Nataraja: Purple		4th Phase
				Dashami Until 10:42PM	Moon – Light Blue	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2		Thursday, September 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Lucknow, India	
Makara Rasi: 6.11		Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashyam Titau		Sun 24		Sutra 158	
Tihti 11		Gulika	8:58AM – 10:30AM	Uttarashadha Until 1:34PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Vilamba 5120
581552363		Yama	5:55AM – 7:27AM	Athiganda* Until 1:34PM	Muruga: Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 22
Routine Work Marana Yoga		Rahu	1:33PM – 3:04PM	Vanija Until 12:02PM	Nataraja: Purple		4th Phase
Until 1:34PM				Ekadashi Until 1:18AM Fri	Moon – Light Blue	Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3		Friday, September 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Lucknow, India	
Makara Rasi: 18		Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 159	
Tihti 12		Gulika	7:27AM – 8:58AM	Shravana Until 4:46PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	Vilamba 5120
591552363		Yama	3:03PM – 4:35PM	Sukarma Until 4:46PM	Muruga: Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 22
Routine Work Marana Yoga		Rahu	10:30AM – 12:01PM	Bava Until 2:34PM	Nataraja: Purple		4th Phase
Until 4:46PM				Dvadashi Until 3:43AM Sat	Moon – Purple	Devaloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi		

4		Saturday, September 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Lucknow, India	
Makara Rasi: 29.53		Dhanishtha Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau		Sun 26		Sutra 160	
Tihti 13		Gulika	5:56AM – 7:27AM	Dhanishtha Until 7:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	Vilamba 5120
591552363		Yama	1:32PM – 3:03PM	Dhriti Until 3:58AM Sun	Muruga: Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 22
Creative Work Siddha Yoga		Rahu	8:58AM – 10:29AM	Kaulava Until 4:49PM	Nataraja: Purple		4th Phase
Until 7:31PM				Trayodashi Until 5:46AM Sun	Moon – Purple	Devaloka Day	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>	Bhadrapada-Puratasi		

5		Sunday, September 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Lucknow, India	
Kumbha Rasi: 11.56		Shatabhishak Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau		Sun 27		Sutra 161	
Tihti 14		Gulika	3:02PM – 4:33PM	Shatabhishak Until 9:41PM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	Vilamba 5120
591552363		Yama	12:00PM – 1:31PM	Shula* Until 4:12AM Mon	Muruga: Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 22
Creative Work Siddha Yoga		Rahu	4:33PM – 6:04PM	Gara Until 6:39PM	Nataraja: Purple		4th Phase
		Kadaitswami Mahasamadhi		Chaturdashi* Until 7:21AM Mon	Moon – Purple	Devaloka Day	
					Bhadrapada-Puratasi		

○		Monday, September 24, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Lucknow, India	
Copper Retreat Star		Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 162	
Kumbha Rasi: 24.1		Gulika	1:31PM – 3:01PM	Purvaproshtapada* Until 11:41PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Vilamba 5120
Tihti 14 – 15		Yama	10:29AM – 12:00PM	Ganda* Until 4:04AM Tue	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
Family Home Evening		Rahu	7:28AM – 8:58AM	Visti Until 7:58PM	Nataraja: Purple		Purnima
Routine Work Marana Yoga				Chaturdashi* Until 7:21AM	Moon – Clear	Devaloka Day	
Until 11:41PM		Chidambaram Abhishekam			Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

○		Tuesday, September 25, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Lucknow, India	
Silver Retreat Star		Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 163	
Meena Rasi: 6.37		Gulika	11:59AM – 1:30PM	Uttaraproshtapada Until 1:01AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Vilamba 5120
Tihti 15 – 16		Yama	8:58AM – 10:29AM	Vriddhi Until 3:32AM Wed	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 22
581552363		Rahu	3:01PM – 4:31PM	Balava Until 8:46PM	Nataraja: Purple		Prathama
Creative Work Amrita Yoga				Purnima* Until 8:25AM	Moon – Clear	Devaloka Day	
Until 1:01AM Wed					Bhadrapada-Puratasi		
Then Routine Work - Marana Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lucknow, India

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 19.18 Tihi 16 - 17

511552363

Gulika 10:29AM - 11:59AM
Yama 7:28AM - 8:58AM
Rahu 11:59AM - 1:29PM

Revati Until 1:44AM Thu
Dhruva Until 2:36AM Thu
Taitila Until 9:05PM
Prathama* Until 8:58AM

Ganesh: Purple Sunrise: 5:58AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga
Until 1:44AM Thu
Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 2.13 Tihi 17 - 18

521552363

Gulika 8:58AM - 10:29AM
Yama 5:58AM - 7:28AM
Rahu 1:29PM - 2:59PM

Ashvini Until 2:20AM Fri
Vyaghata* Until 1:21AM Fri
Vanija Until 8:58PM
Dvitiya Until 9:03AM

Ganesh: Clear Sunrise: 5:58AM
Muruga: Purple Sunset: 5:59PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 2:20AM Fri
Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 15.2 Tihi 18 - 19

621552363

Gulika 7:29AM - 8:59AM
Yama 2:58PM - 4:28PM
Rahu 10:28AM - 11:58AM

Bharani Until 8:03AM Sat
Harshana Until 11:49PM
Bava Until 8:27PM
Tritiya Until 8:44AM

Ganesh: Purple Sunrise: 5:59AM
Muruga: Purple Sunset: 5:58PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga
Until 8:03AM Sat
Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 28.39 Tihi 19 - 20

622552363

Gulika 5:59AM - 7:29AM
Yama 1:28PM - 2:58PM
Rahu 8:59AM - 10:28AM

Bharani Until 8:03AM
Vajra* Until 19:56AM Sun
Kaulava Until 7:36PM
Chaturthi* Until 11:49PM

Ganesh: Clear Sunrise: 5:59AM
Muruga: Purple Sunset: 5:57PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 12.08 Tihi 20 - 21

632552363

Gulika 2:57PM - 4:26PM
Yama 11:58AM - 1:27PM
Rahu 4:26PM - 5:56PM

Rohini Until 4:10AM Tue Mon
Siddhi Until 7:56PM
Gara Until 6:27PM
Panchami Until 7:03AM

Ganesh: Purple Sunrise: 5:59AM
Muruga: Purple Sunset: 5:56PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga
Until 4:10AM Tue Mon
Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyatipata*/Varian Yoga Visti*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 25.49 Tihi 22

632552363

Gulika 1:27PM - 2:56PM
Yama 10:28AM - 11:57AM
Rahu 7:29AM - 8:59AM

Rohini Until 4:10AM Tue
Vyatipata* Until 14:68AM Tue
Visti Until 5:01PM
Saptami Until 4:10AM Tue

Ganesh: Purple Sunrise: 6:00AM
Muruga: Purple Sunset: 5:55PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 4:10AM Tue
Then Routine Work - Marana Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 9.38 Tihi 23

632552363

Gulika 11:57AM - 1:26PM
Yama 8:59AM - 10:28AM
Rahu 2:55PM - 4:25PM

Mrigashira Until 2:19AM Wed
Variyan Until 11:84AM Wed
Balava Until 3:18PM
Ashtami* Until 2:19AM Wed

Ganesh: Purple Sunrise: 6:00AM
Muruga: Purple Sunset: 5:54PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga
Until 2:19AM Wed
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 23.39 Tihi 24

642552363

Gulika 10:28AM - 11:57AM
Yama 7:30AM - 8:59AM
Rahu 11:57AM - 1:26PM

Punarvasu Until 10:24PM
Parigha* Until 12:24PM
Taitila Until 1:19PM
Navami* Until 12:12AM Thu

Ganesh: Clear Sunrise: 6:01AM
Muruga: Purple Sunset: 5:53PM
Nataraja: Purple
Moon - Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Lucknow, India Sun 8 Sutra 172	
Kataka Rasi: 7.49	Tithi 25	Gulika	8:59AM – 10:28AM	Pushya Until 8:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:01AM	Vilamba 5120		
		Yama	6:01AM – 7:30AM	Shiva Until 9:28AM	Muruga: Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24		
		642552363 Rahu	1:25PM – 2:54PM	Vanija Until 11:05AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dashami Until 9:51PM	Moon – Blue		Bhuloka Day		
Until 8:49PM					Bhadrapada •Puratasi	Devaloka Time: 6:AM to 9:AM			
Then Creative Work - Siddha Yoga									

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Lucknow, India Sun 9 Sutra 173	
Kataka Rasi: 22.09	Tithi 26	Gulika	7:30AM – 8:59AM	Ashlesha* Until 6:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	Vilamba 5120		
		Yama	2:53PM – 4:22PM	Siddha Until 6:20AM	Muruga: Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24		
		642552363 Rahu	10:28AM – 11:56AM	Bava Until 5:62AM Sat	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga			Ekadashi* Until 9:28AM	Moon – Blue		Bhuloka Day		
					Bhadrapada •Puratasi	Devaloka Time: 6:AM to 9:AM			

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Lucknow, India Sun 10 Sutra 174	
Simha Rasi: 6.35	Tithi 27 – 28	Gulika	6:02AM – 7:31AM	Magha* Until 5:10PM	Ganesha: White	<i>Sunrise:</i> 6:02AM	Vilamba 5120		
		Yama	1:24PM – 2:53PM	Subha Until 11:48PM	Muruga: Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 24		
		652552363 Rahu	8:59AM – 10:27AM	Kaulava Until 6:02AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dvadashi* Until 4:41PM	Moon – Red		Bhuloka Day		
Until 5:10PM					Bhadrapada •Puratasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 11 Sutra 175	
Simha Rasi: 21.04	Tithi 28 – 29	Gulika	2:52PM – 4:20PM	Purvaphalguni Until 3:17PM	Ganesha: White	<i>Sunrise:</i> 6:03AM	Vilamba 5120		
		Yama	11:56AM – 1:24PM	Sukla Until 8:31PM	Muruga: Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 24		
		652552363 Rahu	4:20PM – 5:48PM	Visti Until 12:47AM Mon	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 2:03PM	Moon – Red		Bhuloka Day		
Until 3:17PM					Bhadrapada •Puratasi				
Then Creative Work - Amrita Yoga									

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lucknow, India Sun 12 Sutra 176	
Retreat Star		Gulika	1:23PM – 2:51PM	Uttaraphalguni Until 1:23PM	Ganesha: White	<i>Sunrise:</i> 6:03AM	Vilamba 5120		
Kanya Rasi: 5.29	Tithi 29 – 30	Yama	10:27AM – 11:55AM	Brahma Until 5:22PM	Muruga: Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 24		
Family Home Evening		652552364 Rahu	7:31AM – 8:59AM	Catuspada Until 10:22PM	Nataraja: Clear		Amavasya		
Creative Work	Siddha Yoga			Chaturdashi* Until 11:32AM	Moon – Red		Bhuloka Day		
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada •Puratasi	Devaloka Time: 6:PM to 9:PM			

Retreat Star		Tuesday, October 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lucknow, India Sun 13 Sutra 177	
Kanya Rasi: 19.46	Tithi 30 – 1	Gulika	11:55AM – 1:23PM	Hasta Until 12:02PM	Ganesha: Red	<i>Sunrise:</i> 6:04AM	Vilamba 5120		
		Yama	8:59AM – 10:27AM	Indra Until 2:29PM	Muruga: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 24		
		662652364 Rahu	2:51PM – 4:19PM	Kintughna Until 8:18PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga			Amavasya* Until 9:16AM	Moon – Green		Devaloka Day		
		Navaratri Begins			Ashvina •Puratasi				

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Taitila Karana Prathama/Dvitiyayam Titau		Lucknow, India Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 3.47	Tithi 1 – 2	Gulika	10:27AM – 11:55AM	Chitra Until 10:58AM	Ganesh: Red	<i>Sunrise:</i> 6:04AM	
		Yama	7:32AM – 8:59AM	Vaidhriti* Until 10:58AM	Muruga: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	662652364 Rahu	11:55AM – 1:22PM	Taitila Until 6:42PM	Nataraja: Clear		3rd Phase
				Prathama* Until 2:29PM	Moon – Green		Devaloka Day
					Ashvina•Puratasi		

2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Lucknow, India Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 17.29	Tithi 2 – 3	Gulika	9:00AM – 10:27AM	Svati Until 10:19AM	Ganesh: Red	<i>Sunrise:</i> 6:05AM	
		Yama	6:05AM – 7:32AM	Vishkambha* Until 9:49AM	Muruga: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25
Creative Work	Amrita Yoga	662652364 Rahu	1:22PM – 2:49PM	Gara Until 5:27AM Fri	Nataraja: Clear		3rd Phase
Until 10:19AM				Dvitiya Until 6:06AM	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga					Ashvina•Puratasi		

3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Chaturthyam Titau		Lucknow, India Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 0.48	Tithi 4	Gulika	7:32AM – 9:00AM	Vishakha Until 6:28AM Sun Sat	Ganesh: White	<i>Sunrise:</i> 6:05AM	
		Yama	2:49PM – 4:16PM	Priti Until 10:38AM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364 Rahu	10:27AM – 11:54AM	Vanija Until 5:26PM	Nataraja: Clear		3rd Phase
				Chaturthi* Until 5:34AM Sat	Moon – Orange		Bhuloka Day
					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM

4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava Karana Panchamyam Titau		Lucknow, India Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 13.43	Tithi 5	Gulika	6:06AM – 7:33AM	Vishakha Until 6:28AM Sun	Ganesh: White	<i>Sunrise:</i> 6:06AM	
		Yama	1:21PM – 2:48PM	Ayushman Until 11:33AM	Muruga: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364 Rahu	9:00AM – 10:27AM	Bava Until 5:57PM	Nataraja: Clear		3rd Phase
Until 6:28AM Sun				Panchami Until 6:28AM Sun	Moon – Orange		Bhuloka Day
Then Routine Work - Marana Yoga					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM

5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lucknow, India Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 26.16	Tithi 5 – 6	Gulika	2:48PM – 4:14PM	Jyeshtha* Until 1:03PM	Ganesh: White	<i>Sunrise:</i> 6:06AM	
		Yama	11:54AM – 1:21PM	Saubhagya Until 6:58AM	Muruga: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
Routine Work	Marana Yoga	673652364 Rahu	4:14PM – 5:41PM	Kaulava Until 7:13PM	Nataraja: Clear		3rd Phase
Until 1:03PM				Panchami Until 6:28AM	Moon – Orange		Bhuloka Day
Then Creative Work - Amrita Yoga					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM

6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Shashthi/Saptamyam Titau		Lucknow, India Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 8.31	Tithi 6 – 7	Gulika	1:20PM – 2:47PM	Mula* Until 3:33PM	Ganesh: Clear	<i>Sunrise:</i> 6:07AM	
Family Home Evening		Yama	10:27AM – 11:54AM	Sobhana Until 7:11AM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364 Rahu	7:33AM – 9:00AM	Taitila Until 8:06AM	Nataraja: Clear		3rd Phase
Until 3:33PM				Shashthi* Until 8:06AM	Moon – Light Blue		Devaloka Day
Then Routine Work - Marana Yoga					Ashvina•Puratasi		

Retreat Star		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lucknow, India Sun 20 Sutra 184 Vilamba 5120	
Dhanus Rasi: 20.31	Tithi 7 – 8	Gulika	11:53AM – 1:20PM	Purvashadha* Until 6:24PM	Ganesh: Clear	<i>Sunrise:</i> 6:07AM	
		Yama	9:00AM – 10:27AM	Athiganda* Until 7:49AM	Muruga: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364 Rahu	2:46PM – 4:13PM	Visti Until 11:35PM	Nataraja: Clear		Ashtami
Until 6:24PM				Saptami Until 7:11AM	Moon – Light Blue		Devaloka Day
Then Routine Work - Prabalarishta Yoga		Durga Ashtami			Ashvina•Puratasi		

Retreat Star		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lucknow, India Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 2.22	Tithi 8 – 9	Gulika	10:27AM – 11:53AM	Uttarashadha Until 9:19PM	Ganesh: Clear	<i>Sunrise:</i> 6:08AM	
		Yama	7:34AM – 9:00AM	Sukarma Until 8:45AM	Muruga: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 25
Creative Work	Amrita Yoga	683652364 Rahu	11:53AM – 1:19PM	Balava Until 2:14AM Thu	Nataraja: Clear		Navami
Until 9:19PM		Saraswathi Puja (Tamil Nadu)		Ashtami* Until 12:53PM	Moon – Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga					Ashvina•Aipasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1 Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lucknow, India Sun 22 Sutra 186 Vilamba 5120
Makara Rasi: 14.1	Tithi 9 – 10	Gulika 9:01AM – 10:27AM	Shravana Until 12:35AM Fri	Ganesh: Purple <i>Sunrise:</i> 6:08AM	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 26 4th Phase
		Yama 6:08AM – 7:34AM	Dhriti Until 9:47AM	Muruga: Purple		
		693652364 Rahu 1:19PM – 2:45PM	Taitila Until 4:50AM Fri	Nataraja: Clear		
Creative Work	Siddha Yoga		Navami* Until 3:32PM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		Vijaya Dasami		Ashvina-Aipasi		

2 Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau				Lucknow, India Sun 23 Sutra 187 Vilamba 5120
Makara Rasi: 26	Tithi 10	Gulika 7:35AM – 9:01AM	Dhanishtha Until 3:25AM Sat	Ganesh: Purple <i>Sunrise:</i> 6:09AM	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 26 4th Phase
		Yama 2:45PM – 4:11PM	Shula* Until 10:42AM	Muruga: Purple		
		693652364 Rahu 10:27AM – 11:53AM	Gara Until 6:00PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 6:00PM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 3:25AM Sat				Ashvina-Aipasi		
Then Creative Work - Amrita Yoga						

3 Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India Sun 24 Sutra 188 Vilamba 5120
Kumbha Rasi: 7.57	Tithi 11	Gulika 6:09AM – 7:35AM	Shatabhishak Until 5:39AM Sun	Ganesh: Purple <i>Sunrise:</i> 6:09AM	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 26 4th Phase
		Yama 1:18PM – 2:44PM	Ganda* Until 11:22AM	Muruga: Purple		
		693652364 Rahu 9:01AM – 10:27AM	Vanija Until 7:07AM	Nataraja: Clear		
Creative Work	Amrita Yoga		Ekadashi Until 8:04PM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 5:39AM Sun				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

4 Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Bava/Taitila Karana Dvadashyam Titau				Lucknow, India Sun 25 Sutra 189 Vilamba 5120
Kumbha Rasi: 20.05	Tithi 12	Gulika 2:44PM – 4:09PM	Purvaproshtapada* Until 7:37AM Mon	Ganesh: White <i>Sunrise:</i> 6:10AM	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 26 4th Phase
		Yama 11:52AM – 1:18PM	Vriddhi Until 7:37AM Mon	Muruga: Purple		
		613652364 Rahu 4:09PM – 5:35PM	Bava Until 8:55AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dvadashi Until 9:34PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

5 Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Vanija Karana Trayodashyam Titau				Lucknow, India Sun 26 Sutra 190 Vilamba 5120
Meena Rasi: 2.28	Tithi 13	Gulika 1:18PM – 2:43PM	Purvaproshtapada* Until 7:37AM	Ganesh: White <i>Sunrise:</i> 6:11AM	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:27AM – 11:52AM	Dhruva Until 7:37AM	Muruga: Purple		
		613652364 Rahu 7:36AM – 9:01AM	Kaulava Until 10:06AM	Nataraja: Clear		
Routine Work	Marana Yoga		Trayodashi Until 10:26PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 7:37AM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

6 Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Lucknow, India Sun 27 Sutra 191 Vilamba 5120
Meena Rasi: 15.09	Tithi 14	Gulika 11:52AM – 1:17PM	Uttaraproshtapada Until 8:49AM	Ganesh: White <i>Sunrise:</i> 6:11AM	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 26 4th Phase
		Yama 9:02AM – 10:27AM	Vyaghata* Until 10:44AM	Muruga: Purple		
		613652364 Rahu 2:42PM – 4:08PM	Gara Until 10:38AM	Nataraja: Clear		
Creative Work	Amrita Yoga		Chaturdashi* Until 10:39PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 8:49AM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Lucknow, India Sutra 192 Vilamba 5120
Copper Retreat Star		Gulika 10:27AM – 11:52AM	Revati Until 9:14AM	Ganesh: White <i>Sunrise:</i> 6:12AM	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 28.08	Tithi 15	Yama 7:37AM – 9:02AM	Harshana Until 9:33AM	Muruga: Purple		
		613652364 Rahu 11:52AM – 1:17PM	Visti Until 10:34AM	Nataraja: Clear		
Routine Work	Marana Yoga		Purnima* Until 10:17PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Lucknow, India Sutra 193 Vilamba 5120
Silver Retreat Star		Gulika 9:02AM – 10:27AM	Ashvini Until 9:26AM	Ganesh: Clear <i>Sunrise:</i> 6:12AM	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 26 Prathama
Mesha Rasi: 11.24	Tithi 16	Yama 6:12AM – 7:37AM	Vajra* Until 7:55AM	Muruga: Purple		
		623652364 Rahu 1:17PM – 2:41PM	Balava Until 9:56AM	Nataraja: Clear		
Creative Work	Amrita Yoga		Prathama* Until 9:26PM	Moon – White		Devaloka Day
Until 9:26AM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Tailila Karana Dvitiyayam Titau

Lucknow, India

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 24.55 Tihti 17

624652364

Gulika 7:38AM - 9:02AM

Yama 2:41PM - 4:06PM

Rahu 10:27AM - 11:52AM

Bharani Until 9:02AM

Vyatipata* Until 3:41AM Sat

Tailila Until 8:51AM

Dvitiya Until 8:10PM

Ganesha: White Sunrise: 6:13AM

Muruga: Purple Sunset: 5:30PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Lucknow, India

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 8.4 Tihti 18

624652364

Gulika 6:14AM - 7:38AM

Yama 1:16PM - 2:41PM

Rahu 9:03AM - 10:27AM

Krittika Until 8:10AM

Variyan Until 1:12AM Sun

Vanija Until 7:26AM

Tritiya Until 6:37PM

Ganesha: White Sunrise: 6:14AM

Muruga: Purple Sunset: 5:30PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 22.32 Tihti 19 - 20

634652364

Gulika 2:40PM - 4:04PM

Yama 11:51AM - 1:16PM

Rahu 4:04PM - 5:29PM

Rohini Until 7:20AM

Parigha* Until 10:36PM

Kaulava Until 3:59AM Mon

Chaturthi* Until 4:53PM

Ganesha: Clear Sunrise: 6:14AM

Muruga: Purple Sunset: 5:29PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 6.31 Tihti 20 - 21

634652364

Gulika 1:16PM - 2:40PM

Yama 10:27AM - 11:51AM

Rahu 7:39AM - 9:03AM

Mrigashira Until 6:14AM

Shiva Until 7:55PM

Gara Until 2:05AM Tue

Panchami Until 3:01PM

Ganesha: Clear Sunrise: 6:15AM

Muruga: Purple Sunset: 5:28PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lucknow, India

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 20.33 Tihti 21 - 22

644652364

Gulika 11:51AM - 1:15PM

Yama 9:03AM - 10:27AM

Rahu 2:39PM - 4:03PM

Punarvasu Until 3:47AM Wed

Siddha Until 5:10PM

Visti Until 12:08AM Wed

Shashthi* Until 1:06PM

Ganesha: Purple Sunrise: 6:15AM

Muruga: Purple Sunset: 5:27PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Tailila Karana Saptami/Ashtamyam Titau

Lucknow, India

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 4.37 Tihti 22 - 23

644662364

Gulika 10:27AM - 11:51AM

Yama 7:40AM - 9:04AM

Rahu 11:51AM - 1:15PM

Pushya Until 2:31AM Thu

Sadhya Until 2:31AM Thu

Tailila Until 19:71AM Thu

Saptami Until 11:08AM

Ganesha: Purple Sunrise: 6:16AM

Muruga: Clear Sunset: 5:27PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Lucknow, India

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 18.41 Tihti 23 - 24

644662364

Gulika 9:04AM - 10:28AM

Yama 6:17AM - 7:40AM

Rahu 1:15PM - 2:39PM

Ashlesha* Until 1:06AM Fri

Subha Until 11:39AM

Tailila Until 8:11PM

Ashtami* Until 9:09AM

Ganesha: Purple Sunrise: 6:17AM

Muruga: Clear Sunset: 5:26PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:06AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara Karana Navami/Dashmyam Titau				Lucknow, India
Simha Rasi: 2.46	Tithi 24 - 25	Gulika 7:41AM - 9:04AM	Magha* Until 11:59PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Sun 8 Sutra 201
		Yama 2:38PM - 4:02PM	Sukla Until 8:51AM	Muruga: Clear	<i>Sunset:</i> 5:25PM	Vilamba 5120
		654662364 Rahu 10:28AM - 11:51AM	Gara Until 7:10AM	Nataraja: Clear		Moon 10 - Phase 28
Routine Work	Marana Yoga		Navami* Until 7:10AM	Moon - Red		2nd Phase
Until 11:59PM				Ashvina-Aipasi		Sivaloka Day
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Ekadashyam Titau				Lucknow, India
Simha Rasi: 16.51	Tithi 26	Gulika 6:18AM - 7:41AM	Purvaphalguni Until 10:44PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Sun 9 Sutra 202
		Yama 1:15PM - 2:38PM	Brahma Until 6:04AM	Muruga: Clear	<i>Sunset:</i> 5:24PM	Vilamba 5120
		654762364 Rahu 9:05AM - 10:28AM	Bava Until 14:22AM Sun	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Ekadashi* Until 8:51AM	Moon - Red		2nd Phase
Until 10:44PM				Ashvina-Aipasi		Devaloka Day
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lucknow, India
Kanya Rasi: 0.54	Tithi 27	Gulika 2:38PM - 4:01PM	Uttaraphalguni Until 9:27PM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Sun 10 Sutra 203
		Yama 11:51AM - 1:14PM	Vaidhriti* Until 12:41AM Mon	Muruga: Clear	<i>Sunset:</i> 5:24PM	Vilamba 5120
		654762364 Rahu 4:01PM - 5:24PM	Kaulava Until 2:22PM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Amrita Yoga		Dvadashi* Until 1:27AM Mon	Moon - Red		2nd Phase
				Ashvina-Aipasi		Devaloka Day

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Lucknow, India
Kanya Rasi: 14.52	Tithi 28	Gulika 1:14PM - 2:37PM	Hasta Until 8:37PM	Ganesha: Green	<i>Sunrise:</i> 6:19AM	Sun 11 Sutra 204
Family Home Evening		Yama 10:28AM - 11:51AM	Vishkambha* Until 10:10PM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Vilamba 5120
		664762364 Rahu 7:42AM - 9:05AM	Gara Until 12:37PM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Trayodashi* Until 11:49PM	Moon - Green		2nd Phase
Until 8:37PM				Ashvina-Aipasi		Devaloka Day
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India
Kanya Rasi: 28.43	Tithi 29	Gulika 11:51AM - 1:14PM	Chitra Until 7:54PM	Ganesha: Green	<i>Sunrise:</i> 6:20AM	Sun 12 Sutra 205
		Yama 9:06AM - 10:28AM	Priti Until 7:54PM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Vilamba 5120
		664762364 Rahu 2:37PM - 4:00PM	Visti Until 11:07AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Chaturdashi* Until 10:28PM	Moon - Green		2nd Phase
				Ashvina-Aipasi		Devaloka Day
		Subramuniyaswami Mahasamadhi				
		Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lucknow, India
Retreat Star		Gulika 10:29AM - 11:51AM	Svati Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Sun 13 Sutra 206
Tula Rasi: 12.22	Tithi 30	Yama 7:43AM - 9:06AM	Ayushman Until 5:55PM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Vilamba 5120
		764762364 Rahu 11:51AM - 1:14PM	Catuspada Until 9:58AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Amavasya* Until 9:32PM	Moon - Green		Amavasya
				Ashvina-Aipasi		Devaloka Day

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Lucknow, India
Retreat Star		Gulika 9:06AM - 10:29AM	Vishakha Until 7:46PM	Ganesha: Orange	<i>Sunrise:</i> 6:21AM	Sun 14 Sutra 207
Tula Rasi: 25.46	Tithi 1	Yama 6:21AM - 7:44AM	Saubhagya Until 4:20PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Vilamba 5120
		775762364 Rahu 1:14PM - 2:36PM	Kintughna Until 9:16AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Prathama* Until 9:07PM	Moon - Orange		Prathama
				Karttika-Aipasi		Sivaloka Day
		Skanda Shasthi Begins				

1 Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lucknow, India Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 8.52	Tithi 2	Gulika 7:44AM – 9:07AM	Anuradha Until 8:32PM	Ganesh: Orange <i>Sunrise:</i> 6:22AM	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 29 3rd Phase
		Yama 2:36PM – 3:58PM	Sobhana Until 3:15PM	Muruga: Clear		
		775762364 Rahu 10:29AM – 11:51AM	Balava Until 9:09AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dvitiya Until 9:19PM	Moon – Orange		Sivaloka Day
Until 8:32PM				Karttika•Aipasi		
Then Routine Work - Marana Yoga						

2 Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau				Lucknow, India Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 21.4	Tithi 3	Gulika 6:23AM – 7:45AM	Jyeshtha* Until 9:48PM	Ganesh: Orange <i>Sunrise:</i> 6:23AM	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29 3rd Phase
		Yama 1:14PM – 2:36PM	Athiganda* Until 2:38PM	Muruga: Clear		
		775762364 Rahu 9:07AM – 10:29AM	Tailila Until 9:42AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Tritiya Until 10:12PM	Moon – Orange		Sivaloka Day
				Karttika•Aipasi		

3 Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau				Lucknow, India Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 4.08	Tithi 4	Gulika 2:36PM – 3:58PM	Mula* Until 12:01AM Mon	Ganesh: Clear <i>Sunrise:</i> 6:24AM	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 29 3rd Phase
		Yama 11:52AM – 1:14PM	Sukarma Until 2:33PM	Muruga: Clear		
		785762364 Rahu 3:58PM – 5:20PM	Vanija Until 10:55AM	Nataraja: Clear		
Creative Work	Amrita Yoga		Chaturthi* Until 11:45PM	Moon – Light Blue		Sivaloka Day
Until 12:01AM Mon				Karttika•Aipasi		
Then Routine Work - Marana Yoga						

4 Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Tailila Karana Panchamyam Titau				Lucknow, India Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 16.2	Tithi 5	Gulika 1:14PM – 2:36PM	Purvashadha* Until 2:38AM Tue	Ganesh: Clear <i>Sunrise:</i> 6:24AM	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29 3rd Phase
Family Home Evening		Yama 10:30AM – 11:52AM	Dhriti Until 2:38AM Tue	Muruga: Clear		
Routine Work	Marana Yoga	785762364 Rahu 7:46AM – 9:08AM	Bava Until 12:47PM	Nataraja: Clear		
Until 2:38AM Tue			Panchami Until 1:53AM Tue	Moon – Light Blue		Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Karttika•Aipasi		

5 Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau				Lucknow, India Sun 19 Sutra 212 Vilamba 5120
Dhanus Rasi: 28.19	Tithi 6	Gulika 11:52AM – 1:14PM	Uttarashadha Until 5:28AM Wed	Ganesh: Clear <i>Sunrise:</i> 6:25AM	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 29 3rd Phase
		Yama 9:08AM – 10:30AM	Shula* Until 3:42PM	Muruga: Clear		
		785762364 Rahu 2:35PM – 3:57PM	Kaulava Until 3:08PM	Nataraja: Clear		
Routine Work	Prabalarishta Yoga		Shashthi* Until 4:25AM Wed	Moon – Light Blue		Sivaloka Day
Until 5:28AM Wed		Skanda Shasthi		Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

6 Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara Karana Saptamyam Titau				Lucknow, India Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 10.1	Tithi 7	Gulika 10:30AM – 11:52AM	Shravana Until 8:46AM Thu	Ganesh: Purple <i>Sunrise:</i> 6:26AM	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 29 3rd Phase
		Yama 7:47AM – 9:09AM	Ganda* Until 4:40PM	Muruga: Clear		
		795762364 Rahu 11:52AM – 1:14PM	Gara Until 5:48PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Saptami Until 7:08AM Thu	Moon – Purple		Subha Sivaloka Day
				Karttika•Aipasi		

Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lucknow, India Sun 21 Sutra 214 Vilamba 5120
Retreat Star		Gulika 9:09AM – 10:31AM	Shravana Until 8:46AM	Ganesh: Purple <i>Sunrise:</i> 6:26AM	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 29 Ashtami
Makara Rasi: 21.58	Tithi 7 – 8	Yama 6:26AM – 7:48AM	Vridhi Until 5:40PM	Muruga: Clear		
		795762364 Rahu 1:14PM – 2:35PM	Visti Until 8:29PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Saptami Until 7:08AM	Moon – Purple		Subha Sivaloka Day
				Karttika•Aipasi		

Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lucknow, India Sun 22 Sutra 215 Vilamba 5120
Retreat Star		Gulika 7:48AM – 9:10AM	Dhanishtha Until 11:48AM	Ganesh: Purple <i>Sunrise:</i> 6:27AM	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 29 Navami
Kumbha Rasi: 3.47	Tithi 8 – 9	Yama 2:35PM – 3:56PM	Dhruva Until 6:29PM	Muruga: Clear		
		795762364 Rahu 10:31AM – 11:52AM	Balava Until 10:55PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Ashtami* Until 9:43AM	Moon – Purple		Subha Sivaloka Day
				Karttika•Kartikai		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata* Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau				Lucknow, India
	Kumbha Rasi: 15.44	Tithi 9 – 10	796762365	Gulika Yama Rahu	6:28AM – 7:49AM 1:14PM – 2:35PM 9:10AM – 10:31AM	Shatabhishak Until 2:17PM Vyaghata* Until 6:59PM Tailila Until 12:53AM Sun Navami* Until 11:57AM	Sun 23 Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Amrita Yoga Until 2:17PM Then Routine Work - Marana Yoga			Ganesha: Clear Sunrise: 6:28AM Muruga: Clear Sunset: 5:17PM Nataraja: White Moon – Purple Karttika-Karttikai				Devaloka Day

2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lucknow, India
	Kumbha Rasi: 27.54	Tithi 10 – 11	716762365	Gulika Yama Rahu	2:35PM – 3:56PM 11:53AM – 1:14PM 3:56PM – 5:17PM	Purvaprosarthapada* Until 4:32PM Harshana Until 4:32PM Vanija Until 1:71AM Mon Dashami Until 6:59PM	Sun 24 Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga Until 4:32PM Then Creative Work - Amrita Yoga			Ganesha: Red Sunrise: 6:29AM Muruga: Clear Sunset: 5:17PM Nataraja: White Moon – Clear Karttika-Karttikai				Devaloka Day

3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
	Meena Rasi: 10.21	Tithi 11 – 12	716762365	Gulika Yama Rahu	1:14PM – 2:35PM 10:32AM – 11:53AM 7:50AM – 9:11AM	Uttaraprosarthapada Until 5:55PM Vajra* Until 6:30PM Bava Until 2:45AM Tue Ekadashi Until 2:32PM	Sun 25 Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga Family Home Evening			Ganesha: Red Sunrise: 6:29AM Muruga: Clear Sunset: 5:17PM Nataraja: White Moon – Clear Karttika-Karttikai				Devaloka Day

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Meena Rasi: 23.08	Tithi 12 – 13	716762365	Gulika Yama Rahu	11:53AM – 1:14PM 9:12AM – 10:32AM 2:35PM – 3:56PM	Revati Until 6:26PM Siddhi Until 5:23PM Kaulava Until 2:33AM Wed Dvadashi Until 6:30PM	Sun 26 Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga			Ganesha: Red Sunrise: 6:30AM Muruga: Clear Sunset: 5:16PM Nataraja: White Moon – Clear Karttika-Karttikai				Devaloka Day
<i>Pradosha Vrata</i>							

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyalipata*/Varyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Mesha Rasi: 6.17	Tithi 13 – 14	726762365	Gulika Yama Rahu	10:33AM – 11:53AM 7:52AM – 9:12AM 11:53AM – 1:14PM	Ashvini Until 6:33PM Vyatipata* Until 3:43PM Gara Until 1:40AM Thu Trayodashi Until 2:10PM	Sun 27 Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Routine Work Marana Yoga Until 6:33PM Then Creative Work - Siddha Yoga			Ganesha: Blue Sunrise: 6:31AM Muruga: Clear Sunset: 5:16PM Nataraja: White Moon – White Karttika-Karttikai				Bhuloka Day Devaloka Time: 12:PM to 3:PM

○	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India	
	Copper Retreat Star		Mesha Rasi: 19.49	Tithi 14 – 15	726762365	Gulika Yama Rahu	9:13AM – 10:33AM 6:32AM – 7:52AM 1:14PM – 2:35PM	Bharani Until 5:53PM Varyan Until 1:31PM Visti Until 12:10AM Fri Chaturdashi* Until 12:58PM
Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Marana Yoga			Ganesha: Blue Sunrise: 6:32AM Muruga: Clear Sunset: 5:16PM Nataraja: White Moon – White Karttika-Karttikai				Bhuloka Day Devaloka Time: 12:PM to 3:PM	

○	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prahamayam Titau				Lucknow, India	
	Silver Retreat Star		Vrisabha Rasi: 3.42	Tithi 15 – 16	726762365	Gulika Yama Rahu	7:53AM – 9:13AM 2:35PM – 3:55PM 10:34AM – 11:54AM	Krittika Until 4:35PM Parigha* Until 4:35PM Kaulava Until 8:64AM Sat Purnima* Until 11:13AM
Creative Work Siddha Yoga Until 4:35PM Then Routine Work - Marana Yoga			Krittika Deepam Vinayaga Viratam Begins				Ganesha: Blue Sunrise: 6:32AM Muruga: Clear Sunset: 5:16PM Nataraja: White Moon – White Karttika-Karttikai	Bhuloka Day Devaloka Time: 12:PM to 3:PM

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Lucknow, India

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 17.5 Tihi 16 - 17

737762365

Gulika 6:33AM - 7:53AM
Yama 1:15PM - 2:35PM
Rahu 9:14AM - 10:34AM

Rohini Until 3:12PM
Shiva Until 3:12PM
Gara Until 6:40AM Sun
Prathama* Until 9:04AM

Ganesha: Red *Sunrise:* 6:33AM
Muruga: Clear *Sunset:* 5:15PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga
Until 3:12PM
Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 2.11 Tihi 17 - 18

737762365

Gulika 2:35PM - 3:55PM
Yama 11:55AM - 1:15PM
Rahu 3:55PM - 5:15PM

Mrigashira Until 1:26PM
Sadhya Until 1:32AM Mon
Visti Until 4:07AM Mon
Dvitiya Until 6:40AM

Ganesha: Red *Sunrise:* 6:34AM
Muruga: Clear *Sunset:* 5:15PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 16.37 Tihi 19

737762365

Gulika 1:15PM - 2:35PM
Yama 10:35AM - 11:55AM
Rahu 7:55AM - 9:15AM

Ardra Until 11:27AM
Subha Until 10:15PM
Bava Until 2:51PM
Chaturthi* Until 1:34AM Tue

Ganesha: Red *Sunrise:* 6:35AM
Muruga: Clear *Sunset:* 5:15PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 11:27AM
Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 1.04 Tihi 20

747762365

Gulika 11:55AM - 1:15PM
Yama 9:15AM - 10:35AM
Rahu 2:35PM - 3:55PM

Punarvasu Until 8:47PM Wed
Sukla Until 7:00PM
Kaulava Until 12:20PM
Panchami Until 11:06PM

Ganesha: Green *Sunrise:* 6:35AM
Muruga: Clear *Sunset:* 5:15PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Brahma/Indra Yoga Gara Karana Shashthyam Titau

Lucknow, India

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 15.25 Tihi 21

747862365

Gulika 10:36AM - 11:56AM
Yama 7:56AM - 9:16AM
Rahu 11:56AM - 1:15PM

Punarvasu Until 8:47PM
Brahma Until 3:53PM
Gara Until 9:56AM
Shashthi* Until 8:47PM

Ganesha: White *Sunrise:* 6:36AM
Muruga: Clear *Sunset:* 5:15PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 29.4 Tihi 22

747863365

Gulika 9:16AM - 10:36AM
Yama 6:37AM - 7:57AM
Rahu 1:16PM - 2:35PM

Ashlesha* Until 6:25AM
Indra Until 12:57PM
Visti Until 5:47AM Fri
Saptami Until 3:53PM

Ganesha: White *Sunrise:* 6:37AM
Muruga: Purple *Sunset:* 5:15PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

Until 6:25AM
Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lucknow, India

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 13.45 Tihi 23 - 24

757863365

Gulika 7:57AM - 9:17AM
Yama 2:36PM - 3:55PM
Rahu 10:37AM - 11:56AM

Purvaphalguni Until 4:15AM Sat
Vaidhriti* Until 10:11AM
Taitila Until 4:05AM Sat
Ashtami* Until 4:52PM

Ganesha: Clear *Sunrise:* 6:38AM
Muruga: Purple *Sunset:* 5:15PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:15AM Sat
Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lucknow, India

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 27.4 Tihi 24 - 25

758863365

Gulika 6:38AM - 7:58AM
Yama 1:16PM - 2:36PM
Rahu 9:17AM - 10:37AM

Uttaraphalguni Until 2:01PM Sun
Vishkambha* Until 7:38AM
Vanija Until 2:39AM Sun
Navami* Until 3:19PM

Ganesha: Orange *Sunrise:* 6:38AM
Muruga: Purple *Sunset:* 5:15PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 2:01PM Sun
Then Creative Work - Amrita Yoga

1	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India
	Kanya Rasi: 11.25	Tithi 25 – 26	768863365	Gulika 2:36PM – 3:55PM Yama 11:57AM – 1:16PM Rahu 3:55PM – 5:15PM	Uttaraphalguni Until 2:01PM Ayushman Until 3:13AM Mon Bava Until 1:31AM Mon Dashami Until 2:01PM	Ganesh: Light Blue Sunrise: 6:39AM Muruga: Purple Sunset: 5:15PM Nataraja: White Moon – Green Karttika-Karttikai	Sun 8 Sutra 231 Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Creative Work Amrita Yoga						Bhuloka Day	
Until 2:01PM							
Then Creative Work - Siddha Yoga							

2	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
	Kanya Rasi: 25.01	Tithi 26 – 27	768863365	Gulika 1:17PM – 2:36PM Yama 10:38AM – 11:57AM Rahu 7:59AM – 9:19AM	Hasta Until 1:02PM Saubhagya Until 23:47AM Tue Kaulava Until 12:41AM Tue Ekadashi* Until 1:02PM	Ganesh: Light Blue Sunrise: 6:40AM Muruga: Purple Sunset: 5:15PM Nataraja: White Moon – Green Karttika-Karttikai	Sun 9 Sutra 232 Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Routine Work Prabalarishta Yoga						Bhuloka Day	
Until 1:02PM							
Then Creative Work - Amrita Yoga							

3	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Tula Rasi: 8.25	Tithi 27 – 28	768863365	Gulika 11:58AM – 1:17PM Yama 9:19AM – 10:38AM Rahu 2:36PM – 3:56PM	Svati Until 2:51AM Wed Sobhana Until 11:47PM Gara Until 12:11AM Wed Dvadashi* Until 12:22PM	Ganesh: Light Blue Sunrise: 6:41AM Muruga: Purple Sunset: 5:15PM Nataraja: White Moon – Green Karttika-Karttikai	Sun 10 Sutra 233 Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Creative Work Siddha Yoga						Bhuloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Tula Rasi: 21.38	Tithi 28 – 29	778863365	Gulika 10:39AM – 11:58AM Yama 8:00AM – 9:20AM Rahu 11:58AM – 1:17PM	Vishakha Until 3:33AM Thu Athiganda* Until 10:30PM Visti Until 12:06AM Thu Trayodashi* Until 12:04PM	Ganesh: Purple Sunrise: 6:41AM Muruga: Purple Sunset: 5:15PM Nataraja: White Moon – Orange Karttika-Karttikai	Sun 11 Sutra 234 Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Creative Work Siddha Yoga						Bhuloka Day	

●	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lucknow, India	
	Retreat Star		Vrischika Rasi: 4.38	Tithi 29 – 30	778863365	Gulika 9:20AM – 10:39AM Yama 6:42AM – 8:01AM Rahu 1:18PM – 2:37PM	Anuradha Until 4:34AM Fri Sukarma Until 9:34PM Catuspada Until 12:29AM Fri Chaturdashi* Until 10:30PM	Ganesh: Purple Sunrise: 6:42AM Muruga: Purple Sunset: 5:15PM Nataraja: White Moon – Orange Karttika-Karttikai
Creative Work Siddha Yoga						Bhuloka Day		
Until 4:34AM Fri								
Then Routine Work - Marana Yoga								

●	Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India	
	Retreat Star		Vrischika Rasi: 17.25	Tithi 30 – 1	779863365	Gulika 8:02AM – 9:21AM Yama 2:37PM – 3:56PM Rahu 10:40AM – 11:59AM	Jyeshtha* Until 5:55AM Sat Dhriti Until 5:55AM Sat Kintughna Until 1:22AM Sat Amavasya* Until 12:50PM	Ganesh: Light Blue Sunrise: 6:43AM Muruga: Purple Sunset: 5:15PM Nataraja: White Moon – Orange Margasira-Karttikai
Routine Work Marana Yoga						Bhuloka Day		
Until 5:55AM Sat								
Then Creative Work - Siddha Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Lucknow, India Sun 14 Sutra 237 Vilamba 5120		
Vrischika Rasi: 29.57	Tithi 1 - 2	Gulika 6:43AM - 8:02AM	Mula* Until 8:06AM Sun	Ganesh: Light Blue	<i>Sunrise:</i> 6:43AM	Muruga: Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33 3rd Phase	
Creative Work	Siddha Yoga	799863365 Rahu 9:21AM - 10:40AM	Shula* Until 8:54PM Balava Until 2:48AM Sun Prathama* Until 1:59PM	Nataraja: White Moon - Orange Margasira-Karttikai	Bhuloka Day				
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Lucknow, India Sun 15 Sutra 238 Vilamba 5120		
Dhanus Rasi: 12.15	Tithi 2 - 3	Gulika 2:38PM - 3:57PM	Mula* Until 8:06AM	Ganesh: Purple	<i>Sunrise:</i> 6:44AM	Muruga: Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33 3rd Phase	
Creative Work	Amrita Yoga	789863365 Rahu 3:57PM - 5:16PM	Ganda* Until 9:11PM Taitila Until 4:45AM Mon Dvitiya Until 3:41PM	Nataraja: White Moon - Light Blue Margasira-Karttikai	Bhuloka Day				
Until 8:06AM	Then Creative Work - Siddha Yoga								
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Lucknow, India Sun 16 Sutra 239 Vilamba 5120		
Dhanus Rasi: 24.21	Tithi 3 - 4	Gulika 1:19PM - 2:38PM	Purvashadha* Until 10:37AM	Ganesh: Purple	<i>Sunrise:</i> 6:45AM	Muruga: Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33 3rd Phase	
Family Home Evening		789863365 Rahu 8:04AM - 9:23AM	Vriddhi Until 10:37AM Vanija Until 6:68AM Tue Tritiya Until 5:52PM	Nataraja: White Moon - Light Blue Margasira-Karttikai	Bhuloka Day				
Routine Work	Marana Yoga								
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Visli* Karana Chaturthyam Titau			Lucknow, India Sun 17 Sutra 240 Vilamba 5120		
Makara Rasi: 6.17	Tithi 4	Gulika 12:01PM - 1:20PM	Uttarashadha Until 1:21PM	Ganesh: Purple	<i>Sunrise:</i> 6:45AM	Muruga: Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33 3rd Phase	
Routine Work	Prabalarishta Yoga	789863365 Rahu 2:39PM - 3:57PM	Dhruva Until 10:40PM Vanija Until 7:08AM Chaturthi* Until 8:25PM	Nataraja: White Moon - Light Blue Margasira-Karttikai	Bhuloka Day				
Until 1:21PM	Then Creative Work - Siddha Yoga								
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau			Lucknow, India Sun 18 Sutra 241 Vilamba 5120		
Makara Rasi: 18.06	Tithi 5	Gulika 10:42AM - 12:01PM	Shravana Until 4:38PM	Ganesh: Clear	<i>Sunrise:</i> 6:46AM	Muruga: Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33 3rd Phase	
Creative Work	Siddha Yoga	799863365 Rahu 12:01PM - 1:20PM	Vyaghata* Until 11:40PM Bava Until 9:48AM Panchami Until 11:10PM	Nataraja: White Moon - Purple Margasira-Karttikai	Bhuloka Day Devaloka Time: 6:AM to 9:AM				
Until 4:38PM	Then Routine Work - Prabalarishta Yoga								
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthiyam Titau			Lucknow, India Sun 19 Sutra 242 Vilamba 5120		
Makara Rasi: 29.53	Tithi 6	Gulika 9:24AM - 10:43AM	Dhanishtha Until 7:47PM	Ganesh: Clear	<i>Sunrise:</i> 6:47AM	Muruga: Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 33 3rd Phase	
Creative Work	Siddha Yoga	799863365 Rahu 1:21PM - 2:39PM	Harshana Until 12:39AM Fri Kaulava Until 12:33PM Shashthi* Until 1:52AM Fri	Nataraja: White Moon - Purple Margasira-Karttikai	Bhuloka Day Devaloka Time: 6:AM to 9:AM				
Vinayaga Viratam Ends									
Retreat Star		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau			Lucknow, India Sun 20 Sutra 243 Vilamba 5120		
Kumbha Rasi: 11.41	Tithi 7	Gulika 8:06AM - 9:25AM	Shatabhishak Until 10:34PM	Ganesh: Clear	<i>Sunrise:</i> 6:47AM	Muruga: Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 33 3rd Phase	
Creative Work	Siddha Yoga	799863365 Rahu 10:43AM - 12:02PM	Vajra* Until 1:25AM Sat Gara Until 3:10PM Saptami Until 4:19AM Sat	Nataraja: White Moon - Purple Margasira-Karttikai	Bhuloka Day Devaloka Time: 6:AM to 9:AM				
Retreat Star									
Retreat Star		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau			Lucknow, India Sun 21 Sutra 244 Vilamba 5120		
Kumbha Rasi: 23.37	Tithi 8	Gulika 6:48AM - 8:07AM	Purvaproshtapada* Until 1:15AM Sun	Ganesh: Clear	<i>Sunrise:</i> 6:48AM	Muruga: Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 33 Ashtami	
Routine Work	Marana Yoga	711863365 Rahu 9:25AM - 10:44AM	Siddhi Until 1:51AM Sun Visti Until 5:23PM Ashtami* Until 6:15AM Sun	Nataraja: White Moon - Clear Margasira-Karttikai	Bhuloka Day Devaloka Time: 6:AM to 9:AM				
Until 1:15AM Sun	Then Creative Work - Amrita Yoga								
Retreat Star		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Lucknow, India Sun 22 Sutra 245 Vilamba 5120		
Meena Rasi: 5.44	Tithi 8 - 9	Gulika 2:41PM - 3:59PM	Uttaraproshtapada Until 3:08AM Mon	Ganesh: Clear	<i>Sunrise:</i> 6:49AM	Muruga: Purple	<i>Sunset:</i> 5:18PM	Moon 11 - Phase 33 Navami	
Creative Work	Amrita Yoga	711863365 Rahu 3:59PM - 5:18PM	Vyatipata* Until 1:48AM Mon Balava Until 7:00PM Ashtami* Until 6:15AM	Nataraja: White Moon - Clear Margasira-Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM				
Until 3:08AM Mon	Then Creative Work - Siddha Yoga	Markali Pillaiyar							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava Karana Navami/Dashamyam Titau				Lucknow, India Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 18.09	Tithi 9 – 10	Gulika	1:22PM – 2:41PM	Revati Until 4:08AM Tue	Ganesh: Purple <i>Sunrise:</i> 6:49AM	
	Family Home Evening	811863365	Yama	10:45AM – 12:04PM	Variyan Until 4:08AM Tue	Muruga: Purple <i>Sunset:</i> 5:18PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu	8:08AM – 9:26AM	Kaulava Until 7:31AM	Nataraja: White	4th Phase
				Navami* Until 7:31AM	Moon – Clear	Bhuloka Day	
					Margasira*Markali		

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lucknow, India Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 0.55	Tithi 10 – 11	Gulika	12:04PM – 1:23PM	Ashvini Until 4:39AM Wed	Ganesh: Clear <i>Sunrise:</i> 6:50AM	
		821863365	Yama	9:27AM – 10:46AM	Parigha* Until 11:51PM	Muruga: Purple <i>Sunset:</i> 5:19PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu	2:41PM – 4:00PM	Vanija Until 7:56PM	Nataraja: White	4th Phase
				Dashami Until 7:59AM	Moon – White	Bhuloka Day	
		Gita Jayanthi			Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti* Karana Ekadashi/Dvodashyam Titau				Lucknow, India Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 14.05	Tithi 11 – 12	Gulika	10:46AM – 12:05PM	Bharani Until 4:13AM Thu	Ganesh: Clear <i>Sunrise:</i> 6:50AM	
		821863365	Yama	8:09AM – 9:27AM	Shiva Until 9:56PM	Muruga: Purple <i>Sunset:</i> 5:19PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu	12:05PM – 1:23PM	Visti Until 7:38AM	Nataraja: White	4th Phase
				Ekadashi Until 7:38AM	Moon – White	Bhuloka Day	
					Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava Karana Dvodashi/Trayodashyam Titau				Lucknow, India Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 27.41	Tithi 12 – 13	Gulika	9:28AM – 10:47AM	Krittika Until 2:13AM Sat Fri	Ganesh: Clear <i>Sunrise:</i> 6:51AM	
		821863365	Yama	6:51AM – 8:09AM	Siddha Until 7:26PM	Muruga: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 34
	Routine Work	Marana Yoga	Rahu	1:24PM – 2:42PM	Balava Until 6:29AM	Nataraja: White	4th Phase
				Dvodashi Until 6:29AM	Moon – White	Bhuloka Day	
					Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

Pradosha Vrata

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Lucknow, India Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 11.42	Tithi 14	Gulika	8:10AM – 9:29AM	Krittika Until 2:13AM Sat	Ganesh: White <i>Sunrise:</i> 6:51AM	
		831863365	Yama	2:43PM – 4:01PM	Sadhya Until 12:62AM Sat	Muruga: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 34
	Routine Work	Marana Yoga	Rahu	10:47AM – 12:06PM	Gara Until 3:30PM	Nataraja: White	4th Phase
				Chaturdashi* Until 2:13AM Sat	Moon – Yellow	Bhuloka Day	
		Day 1 of Pancha Ganapati			Margasira*Markali		

O	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Lucknow, India Sun 27 Sutra 251 Vilamba 5120
	Copper Retreat Star		Gulika	6:52AM – 8:10AM	Mrigashira Until 11:17PM	Ganesh: White <i>Sunrise:</i> 6:52AM	
	Vrishabha Rasi: 26.06	Tithi 15	Yama	1:25PM – 2:43PM	Subha Until 1:02PM	Muruga: Purple <i>Sunset:</i> 5:20PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu	9:29AM – 10:48AM	Visti Until 12:51PM	Nataraja: White	Purnima
				Purnima* Until 11:22PM	Moon – Yellow	Bhuloka Day	
		Day 2 of Pancha Ganapati			Margasira*Markali		

Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Lucknow, India Sutra 252 Vilamba 5120
Silver Retreat Star		Gulika	2:44PM – 4:02PM	Ardra Until 5:01PM Mon	Ganesh: Yellow <i>Sunrise:</i> 6:52AM	
Mithuna Rasi: 10.47	Tithi 16	Yama	12:07PM – 1:25PM	Sukla Until 9:21AM	Muruga: Purple <i>Sunset:</i> 5:21PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu	4:02PM – 5:21PM	Balava Until 9:51AM	Nataraja: White	Prathama
				Prathama* Until 8:15PM	Moon – Yellow	Bhuloka Day
		Day 3 of Pancha Ganapati			Margasira*Markali	Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 25.38 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 5:01PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:26PM - 2:44PM

Yama 10:49AM - 12:07PM

Rahu 8:11AM - 9:30AM

Day 4 of Pancha Ganapati
Ardra Darshanam

Ardra Until 5:01PM

Indra Until 1:37AM Tue

Taitila Until 6:39AM

Dvitiya Until 5:01PM

Ganesha: Blue Sunrise: 6:53AM

Muruga: Purple Sunset: 5:22PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Lucknow, India

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 10.32 Tihi 18 - 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:08PM - 1:26PM

Yama 9:30AM - 10:49AM

Rahu 2:45PM - 4:03PM

Day 5 of Pancha Ganapati

Pushya Until 10:46AM Wed

Vaidhriti* Until 9:48PM

Bava Until 12:17AM Wed

Tritiya Until 1:49PM

Ganesha: Blue Sunrise: 6:53AM

Muruga: Purple Sunset: 5:22PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Lucknow, India

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 25.2 Tihi 19 - 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yuktayam
Pushya/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:50AM - 12:08PM

Yama 8:12AM - 9:31AM

Rahu 12:08PM - 1:27PM

Day 5 of Pancha Ganapati

Pushya Until 10:46AM

Vishkambha* Until 5:69PM

Kaulava Until 9:22PM

Chaturthi* Until 10:46AM

Ganesha: Yellow Sunrise: 6:54AM

Muruga: Purple Sunset: 5:23PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Lucknow, India

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 9.56 Tihi 20 - 21

Creative Work Amrita Yoga

Until 11:38AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila Karana Panchami/Shashthyam Titau

Gulika 9:31AM - 10:50AM

Yama 6:54AM - 8:13AM

Rahu 1:27PM - 2:46PM

Day 5 of Pancha Ganapati

Magha* Until 11:38AM

Priti Until 2:47PM

Taitila Until 8:01AM

Panchami Until 8:01AM

Ganesha: Blue Sunrise: 6:54AM

Muruga: Purple Sunset: 5:23PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Lucknow, India

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 24.16 Tihi 22

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti* Karana Saptamyam Titau

Gulika 8:13AM - 9:32AM

Yama 2:47PM - 4:05PM

Rahu 10:51AM - 12:09PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 10:03AM

Ayushman Until 11:44AM

Visti Until 4:40PM

Saptami Until 3:46AM Sat

Ganesha: Blue Sunrise: 6:55AM

Muruga: Purple Sunset: 5:24PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Lucknow, India

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 8.18 Tihi 23

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Ashtamyam Titau

Gulika 6:55AM - 8:14AM

Yama 1:28PM - 2:47PM

Rahu 9:32AM - 10:51AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 8:47AM

Saubhagya Until 8:47AM

Balava Until 3:02PM

Ashtami* Until 2:24AM Sun

Ganesha: Blue Sunrise: 6:55AM

Muruga: Purple Sunset: 5:24PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Lucknow, India

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 22 Tihi 24

Creative Work Amrita Yoga

Until 8:20AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:48PM - 4:06PM

Yama 12:10PM - 1:29PM

Rahu 4:06PM - 5:25PM

Day 5 of Pancha Ganapati

Hasta Until 8:20AM

Sobhana Until 6:52AM

Taitila Until 1:56PM

Navami* Until 1:34AM Mon

Ganesha: Red Sunrise: 6:55AM

Muruga: Purple Sunset: 5:25PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Lucknow, India

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Lucknow, India
1					Sun 8	Sutra 260
Tula Rasi: 5.25	Tithi 25	Gulika	1:29PM – 2:48PM	Chitra Until 8:16AM	Ganesh: Red	<i>Sunrise:</i> 6:56AM
Family Home Evening	862963366	Yama	10:52AM – 12:11PM	Sukarma Until 3:39AM Tue	Muruga: Purple	<i>Sunset:</i> 5:26PM
Routine Work	Prabalarishta Yoga	Rahu	8:14AM – 9:33AM	Vanija Until 1:22PM	Nataraja: Green	Moon 12 - Phase 36
Until 8:16AM				Dashami Until 1:15AM Tue	Moon – Green	2nd Phase
Then Creative Work - Amrita Yoga					Margasira-Markali	Bhuloka Day
						Devaloka Time: 6:AM to 9:AM

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava Karana Ekadashyam Titau				Lucknow, India
2					Sun 9	Sutra 261
Tula Rasi: 18.32	Tithi 26	Gulika	12:11PM – 1:30PM	Svati Until 8:33AM	Ganesh: Red	<i>Sunrise:</i> 6:56AM
	862963366	Yama	9:34AM – 10:52AM	Dhriti Until 2:39AM Wed	Muruga: Purple	<i>Sunset:</i> 5:26PM
Creative Work	Siddha Yoga	Rahu	2:49PM – 4:08PM	Bava Until 1:19PM	Nataraja: Green	Moon 12 - Phase 36
Until 8:33AM				Ekadashi* Until 1:28AM Wed	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga					Margasira-Markali	Bhuloka Day
						Devaloka Time: 6:AM to 9:AM

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lucknow, India
3					Sun 10	Sutra 262
Vrischika Rasi: 1.24	Tithi 27	Gulika	10:53AM – 12:12PM	Vishakha Until 9:38AM	Ganesh: Green	<i>Sunrise:</i> 6:56AM
	872963366	Yama	8:15AM – 9:34AM	Shula* Until 2:01AM Thu	Muruga: Purple	<i>Sunset:</i> 5:27PM
Creative Work	Siddha Yoga	Rahu	12:12PM – 1:30PM	Kaulava Until 1:47PM	Nataraja: Green	Moon 12 - Phase 36
Until 8:33AM				Dvadashi* Until 2:10AM Thu	Moon – Orange	2nd Phase
Then Routine Work - Marana Yoga					Margasira-Markali	Bhuloka Day
						Devaloka Time: 6:AM to 9:AM

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Lucknow, India
4					Sun 11	Sutra 263
Vrischika Rasi: 14.02	Tithi 28	Gulika	9:34AM – 10:53AM	Anuradha Until 11:01AM	Ganesh: Green	<i>Sunrise:</i> 6:56AM
	872963366	Yama	6:56AM – 8:15AM	Ganda* Until 1:44AM Fri	Muruga: Purple	<i>Sunset:</i> 5:28PM
Creative Work	Siddha Yoga	Rahu	1:31PM – 2:50PM	Gara Until 2:43PM	Nataraja: Green	Moon 12 - Phase 36
Until 11:01AM				Trayodashi* Until 3:21AM Fri	Moon – Orange	2nd Phase
Then Routine Work - Prabalarishta Yoga					Margasira-Markali	Bhuloka Day
						<i>Pradosha Vrata (Fasting)</i>

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India
5					Sun 12	Sutra 264
Vrischika Rasi: 26.28	Tithi 29	Gulika	8:16AM – 9:35AM	Jyeshtha* Until 12:42PM	Ganesh: Green	<i>Sunrise:</i> 6:57AM
	872963366	Yama	2:50PM – 4:09PM	Vriddhi Until 1:49AM Sat	Muruga: Purple	<i>Sunset:</i> 5:28PM
Routine Work	Marana Yoga	Rahu	10:54AM – 12:13PM	Visti Until 4:07PM	Nataraja: Green	Moon 12 - Phase 36
Until 12:42PM				Chaturdashi* Until 4:58AM Sat	Moon – Orange	2nd Phase
Then Creative Work - Amrita Yoga					Margasira-Markali	Bhuloka Day
						Devaloka Time: 6:AM to 9:AM

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lucknow, India
Retreat Star					Sun 13	Sutra 265
Dhanus Rasi: 8.43	Tithi 30	Gulika	6:57AM – 8:16AM	Mula* Until 3:06PM	Ganesh: White	<i>Sunrise:</i> 6:57AM
	882963366	Yama	1:32PM – 2:51PM	Dhruva Until 2:10AM Sun	Muruga: Purple	<i>Sunset:</i> 5:29PM
Creative Work	Siddha Yoga	Rahu	9:35AM – 10:54AM	Catuspada Until 5:57PM	Nataraja: Green	Moon 12 - Phase 36
Until 5:43PM				Amavasya* Until 6:59AM Sun	Moon – Light Blue	Amavasya
Then Creative Work - Amrita Yoga		Subramuniyaswami Jayanti			Margasira-Markali	Bhuloka Day
						Devaloka Time: 12:PM to 3:PM

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India
Retreat Star					Sun 14	Sutra 266
Dhanus Rasi: 20.49	Tithi 30 – 1	Gulika	2:52PM – 4:11PM	Purvashadha* Until 5:43PM	Ganesh: White	<i>Sunrise:</i> 6:57AM
	882973366	Yama	12:13PM – 1:33PM	Vyaghata* Until 2:48AM Mon	Muruga: Clear	<i>Sunset:</i> 5:30PM
Creative Work	Siddha Yoga	Rahu	4:11PM – 5:30PM	Kintughna Until 7:69PM	Nataraja: Green	Moon 12 - Phase 36
Until 5:43PM				Amavasya* Until 2:10AM Sun	Moon – Light Blue	Prathama
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Pausha-Markali	Bhuloka Day
						Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lucknow, India Sun 15 Sutra 267 Vilamba 5120	
1		Gulika 1:33PM – 2:52PM	Uttarashadha Until 11:57AM Tue	Ganesh: White	<i>Sunrise:</i> 6:57AM		
Makara Rasi: 2.46	Tithi 1 – 2	Yama 10:55AM – 12:14PM	Harshana Until 3:39AM Tue	Muruga: Clear	<i>Sunset:</i> 5:31PM		Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 8:16AM – 9:36AM	Balava Until 10:39PM	Nataraja: Green			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 9:20AM	Moon – Light Blue		Bhuloka Day	
Until 11:57AM Tue				Pausha-Markali		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Lucknow, India Sun 16 Sutra 268 Vilamba 5120	
2		Gulika 12:14PM – 1:34PM	Uttarashadha Until 11:57AM	Ganesh: Red	<i>Sunrise:</i> 6:57AM		
Makara Rasi: 14.37	Tithi 2 – 3	Yama 9:36AM – 10:55AM	Vajra* Until 11:42PM	Muruga: Clear	<i>Sunset:</i> 5:31PM		Moon 12 - Phase 37
	893973366	Rahu 2:53PM – 4:12PM	Kaulava Until 11:57AM	Nataraja: Green			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 11:57AM	Moon – Purple		Devaloka Day	
				Pausha-Markali			

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lucknow, India Sun 17 Sutra 269 Vilamba 5120	
3		Gulika 10:55AM – 12:15PM	Dhanishtha Until 2:52AM Thu	Ganesh: Red	<i>Sunrise:</i> 6:57AM		
Makara Rasi: 26.25	Tithi 3 – 4	Yama 8:17AM – 9:36AM	Siddhi Until 5:36AM Thu	Muruga: Clear	<i>Sunset:</i> 5:32PM		Moon 12 - Phase 37
	893973366	Rahu 12:15PM – 1:34PM	Vanija Until 4:06AM Thu	Nataraja: Green			3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 2:42PM	Moon – Purple		Devaloka Day	
Until 2:52AM Thu				Pausha-Markali			
Then Creative Work - Siddha Yoga							

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lucknow, India Sun 18 Sutra 270 Vilamba 5120	
4		Gulika 9:36AM – 10:56AM	Shatabhishak Until 5:46AM Fri	Ganesh: Red	<i>Sunrise:</i> 6:58AM		
Kumbha Rasi: 8.12	Tithi 4 – 5	Yama 6:58AM – 8:17AM	Vyatipata* Until 6:31AM Fri	Muruga: Clear	<i>Sunset:</i> 5:33PM		Moon 12 - Phase 37
	893973366	Rahu 1:35PM – 2:54PM	Bava Until 6:45AM Fri	Nataraja: Green			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 5:25PM	Moon – Purple		Devaloka Day	
				Pausha-Markali			

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Lucknow, India Sun 19 Sutra 271 Vilamba 5120	
5		Gulika 8:17AM – 9:37AM	Purvaproshtapada* Until 10:07PM Sat	Ganesh: Clear	<i>Sunrise:</i> 6:58AM		
Kumbha Rasi: 20.01	Tithi 5	Yama 2:55PM – 4:14PM	Vyatipata* Until 6:31AM	Muruga: Clear	<i>Sunset:</i> 5:34PM		Moon 12 - Phase 37
	813973366	Rahu 10:56AM – 12:16PM	Bava Until 6:45AM	Nataraja: Green			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:57PM	Moon – Clear		Devaloka Day	
				Pausha-Markali			

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Lucknow, India Sun 20 Sutra 272 Vilamba 5120	
6		Gulika 6:58AM – 8:17AM	Purvaproshtapada* Until 10:07PM	Ganesh: Clear	<i>Sunrise:</i> 6:58AM		
Meena Rasi: 1.57	Tithi 6	Yama 1:36PM – 2:55PM	Variyan Until 7:36AM Sun	Muruga: Clear	<i>Sunset:</i> 5:34PM		Moon 12 - Phase 37
	813973366	Rahu 9:37AM – 10:56AM	Kaulava Until 9:07AM	Nataraja: Green			3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 10:07PM	Moon – Clear		Devaloka Day	
Until 10:07PM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Lucknow, India Sun 21 Sutra 273 Vilamba 5120	
Retreat Star		Gulika 2:56PM – 4:15PM	Uttaraproshtapada Until 11:07AM	Ganesh: Clear	<i>Sunrise:</i> 6:58AM		
Meena Rasi: 14.03	Tithi 7	Yama 12:16PM – 1:36PM	Parigha* Until 7:36AM	Muruga: Clear	<i>Sunset:</i> 5:35PM		Moon 12 - Phase 37
	813973366	Rahu 4:15PM – 5:35PM	Gara Until 11:02AM	Nataraja: Green			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 11:45PM	Moon – Clear		Devaloka Day	
				Pausha-Markali			

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Lucknow, India Sun 22 Sutra 274 Vilamba 5120	
Retreat Star		Gulika 1:37PM – 2:56PM	Revati Until 12:44PM	Ganesh: Clear	<i>Sunrise:</i> 6:58AM		
Meena Rasi: 26.23	Tithi 8	Yama 10:57AM – 12:17PM	Shiva Until 7:32AM	Muruga: Clear	<i>Sunset:</i> 5:36PM		Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 8:17AM – 9:37AM	Visti Until 12:19PM	Nataraja: Green			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:40AM Tue	Moon – Clear		Devaloka Day	
				Pausha-Thai			

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Lucknow, India Sun 23 Sutra 275 Vilamba 5120	
Retreat Star		Gulika 12:17PM – 1:37PM	Ashvini Until 1:58PM	Ganesh: Purple	<i>Sunrise:</i> 6:58AM		
Mesha Rasi: 9.02	Tithi 9	Yama 9:37AM – 10:57AM	Siddha Until 6:53AM	Muruga: Clear	<i>Sunset:</i> 5:37PM		Moon 12 - Phase 37
	823973366	Rahu 2:57PM – 4:17PM	Balava Until 12:51PM	Nataraja: Green			Navami
Creative Work	Siddha Yoga		Navami* Until 12:48AM Wed	Moon – White		Sivaloka Day	
				Pausha-Thai			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Lucknow, India	
Mesha Rasi: 22.05		Tithi 10		Bharani Until 2:13PM		Ganesh: Blue		Sunrise: 6:58AM	
Creative Work		Siddha Yoga		Subha Until 3:45AM Thu		Muruga: Clear		Sunset: 5:37PM	
Until 2:13PM		823173366		Taitila Until 12:34PM		Nataraja: Green		Moon 12 - Phase 38	
Then Creative Work - Amrita Yoga		Rahu		Dashami Until 12:06AM Thu		Moon - White		4th Phase	
		Gulika		10:57AM - 12:17PM		Pausha*Thai		Sivaloka Day	
		Yama		8:18AM - 9:38AM					
		Rahu		12:17PM - 1:37PM					

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Lucknow, India	
Vrisabha Rasi: 5.34		Tithi 11		Krittika Until 1:32PM		Ganesh: Blue		Sunrise: 6:57AM	
Routine Work		Marana Yoga		Sukla Until 1:13AM Fri		Muruga: Clear		Sunset: 5:38PM	
Until 12:24PM		823173366		Vanija Until 11:27AM		Nataraja: Green		Moon 12 - Phase 38	
Then Creative Work - Amrita Yoga		Rahu		Ekadashi Until 10:35PM		Moon - White		4th Phase	
		Gulika		9:38AM - 10:58AM		Pausha*Thai		Sivaloka Day	
		Yama		6:57AM - 8:18AM					
		Rahu		1:38PM - 2:58PM					

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Lucknow, India	
Vrisabha Rasi: 19.31		Tithi 12		Rohini Until 12:24PM		Ganesh: Yellow		Sunrise: 6:57AM	
Routine Work		Marana Yoga		Brahma Until 10:07PM		Muruga: Clear		Sunset: 5:39PM	
Until 12:24PM		823173366		Bava Until 9:35AM		Nataraja: Green		Moon 12 - Phase 38	
Then Creative Work - Siddha Yoga		Rahu		Dvadashi Until 8:22PM		Moon - Yellow		4th Phase	
		Gulika		8:18AM - 9:38AM		Pausha*Thai		Devaloka Day	
		Yama		2:59PM - 4:19PM					
		Rahu		10:58AM - 12:18PM					

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Lucknow, India	
Mithuna Rasi: 3.55		Tithi 13 - 14		Mrigashira Until 10:29AM		Ganesh: Yellow		Sunrise: 6:57AM	
Creative Work		Siddha Yoga		Indra Until 6:35PM		Muruga: Clear		Sunset: 5:40PM	
Until 12:24PM		823173366		Kaulava Until 7:03AM		Nataraja: Green		Moon 12 - Phase 38	
Then Creative Work - Siddha Yoga		Rahu		Trayodashi Until 5:33PM		Moon - Yellow		4th Phase	
		Gulika		6:57AM - 8:18AM		Pausha*Thai		Devaloka Day	
		Yama		1:39PM - 2:59PM					
		Rahu		9:38AM - 10:58AM					

Pradosha Vrata

		Sunday, January 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		Lucknow, India	
Copper Retreat Star		Tithi 14 - 15		Ardra Until 7:57AM		Ganesh: Yellow		Sunrise: 6:57AM	
Mithuna Rasi: 18.41		823173366		Vaidhriti* Until 2:39PM		Muruga: Clear		Sunset: 5:41PM	
Creative Work		Siddha Yoga		Visti Until 12:34AM Mon		Nataraja: Green		Moon 12 - Phase 38	
Until 12:24PM		Rahu		Chaturdashi* Until 6:35PM		Moon - Yellow		Purnima	
		Gulika		3:00PM - 4:20PM		Pausha*Thai		Devaloka Day	
		Yama		12:19PM - 1:39PM					
		Rahu		4:20PM - 5:41PM					

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Lucknow, India	
Kataka Rasi: 3.44		Tithi 15 - 16		Pushya Until 2:25AM Tue		Ganesh: White		Sunrise: 6:57AM	
Family Home Evening		823173366		Vishkambha* Until 10:31AM		Muruga: Clear		Sunset: 5:41PM	
Creative Work		Siddha Yoga		Balava Until 8:56PM		Nataraja: Green		Moon 12 - Phase 38	
Until 12:24PM		Rahu		Purnima* Until 10:45AM		Moon - Blue		Prathama	
		Gulika		1:40PM - 3:00PM		Pausha*Thai		Sivaloka Day	
		Yama		10:59AM - 12:19PM					
		Rahu		8:17AM - 9:38AM					
		Total Lunar Eclipse							
		Thai Pusam							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 18.55 Tihi 16 – 17

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gulika 12:19PM – 1:40PM
Yama 9:38AM – 10:59AM
Rahu 3:01PM – 4:21PM

Ashlesha* Until 11:23PM
Priti Until 6:16AM
Gara Until 3:26AM Wed
Prathama* Until 7:04AM

Ganesha: Clear *Sunrise:* 6:57AM
Muruga: Clear *Sunset:* 5:42PM
Nataraja: Green
Moon – Blue
Pausha*Thai

Lucknow, India
Sutra 282
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

1

Wednesday, January 23, 2019

Simha Rasi: 4.05 Tihi 18

Creative Work Siddha Yoga

Until 8:46PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:59AM – 12:20PM
Yama 8:17AM – 9:38AM
Rahu 12:20PM – 1:40PM

Magha* Until 8:46PM
Saubhagya Until 9:57PM
Vanija Until 1:42PM
Tritiya Until 11:59PM

Ganesha: Purple *Sunrise:* 6:56AM
Muruga: Clear *Sunset:* 5:43PM
Nataraja: Green
Moon – Red
Pausha*Thai

Lucknow, India
Sun 1 Sutra 283
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 19.04 Tihi 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:38AM – 10:59AM
Yama 6:56AM – 8:17AM
Rahu 1:41PM – 3:02PM

Purvaphalguni Until 6:20PM
Sobhana Until 6:20PM
Bava Until 10:24AM
Chaturthi* Until 8:54PM

Ganesha: Purple *Sunrise:* 6:56AM
Muruga: Clear *Sunset:* 5:44PM
Nataraja: Green
Moon – Red
Pausha*Thai

Lucknow, India
Sun 2 Sutra 284
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Kanya Rasi: 3.45 Tihi 20

Creative Work Siddha Yoga

Until 4:15PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitilla Karana Panchamyam Titau

Gulika 8:17AM – 9:38AM
Yama 3:02PM – 4:23PM
Rahu 10:59AM – 12:20PM

Uttaraphalguni Until 4:15PM
Athiganda* Until 2:44PM
Kaulava Until 7:33AM
Panchami Until 6:17PM

Ganesha: Clear *Sunrise:* 6:56AM
Muruga: Clear *Sunset:* 5:44PM
Nataraja: Green
Moon – Red
Pausha*Thai

Lucknow, India
Sun 3 Sutra 285
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

4

Saturday, January 26, 2019

Kanya Rasi: 18.03 Tihi 21 – 22

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 6:56AM – 8:17AM
Yama 1:42PM – 3:03PM
Rahu 9:38AM – 10:59AM

Hasta Until 3:01PM
Sukarma Until 11:48AM
Visti Until 3:34AM Sun
Shashthi* Until 4:18PM

Ganesha: Purple *Sunrise:* 6:56AM
Muruga: Clear *Sunset:* 5:45PM
Nataraja: Green
Moon – Green
Pausha*Thai

Lucknow, India
Sun 4 Sutra 286
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Tula Rasi: 1.56 Tihi 22 – 23

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:03PM – 4:25PM
Yama 12:21PM – 1:42PM
Rahu 4:25PM – 5:46PM

Chitra Until 2:21PM
Dhriti Until 9:25AM
Balava Until 2:38AM Mon
Saptami Until 3:00PM

Ganesha: Purple *Sunrise:* 6:55AM
Muruga: Clear *Sunset:* 5:46PM
Nataraja: Green
Moon – Green
Pausha*Thai

Lucknow, India
Sun 5 Sutra 287
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

D

Monday, January 28, 2019

Retreat Star

Tula Rasi: 15.23 Tihi 23 – 24

Family Home Evening

Creative Work Amrita Yoga

Until 2:14PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava Karana Ashtami/Navamyam Titau

Gulika 1:42PM – 3:04PM
Yama 10:59AM – 12:21PM
Rahu 8:16AM – 9:38AM

Svati Until 2:14PM
Shula* Until 7:36AM
Kaulava Until 2:26PM
Ashtami* Until 2:26PM

Ganesha: Purple *Sunrise:* 6:55AM
Muruga: Clear *Sunset:* 5:47PM
Nataraja: Green
Moon – Green
Pausha*Thai

Lucknow, India
Sun 6 Sutra 288
Vilamba 5120
Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Tuesday, January 29, 2019

Retreat Star

Tula Rasi: 28.26 Tihi 24 – 25

Routine Work Marana Yoga

Until 3:10PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Ganda*/Nridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 12:21PM – 1:43PM
Yama 9:38AM – 10:59AM
Rahu 3:04PM – 4:26PM

Vishakha Until 3:10PM
Ganda* Until 6:22AM
Vanija Until 3:00AM Wed
Navami* Until 2:37PM

Ganesha: Clear *Sunrise:* 6:54AM
Muruga: Clear *Sunset:* 5:48PM
Nataraja: Green
Moon – Orange
Pausha*Thai

Lucknow, India
Sun 7 Sutra 289
Vilamba 5120
Moon 1 - Phase 39
Navami

Devaloka Day

1		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Lucknow, India	
Vrischika Rasi: 11.08 Tihi 25 – 26		Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Sutra 290		Vilamba 5120	
Creative Work Siddha Yoga		Gulika	10:59AM – 12:21PM	Anuradha Until 4:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM			
		Yama	8:16AM – 9:38AM	Dhruva Until 5:30AM Thu	Muruga: Clear	<i>Sunset:</i> 5:48PM	Moon 1 - Phase 40		
		974173366 Rahu	12:21PM – 1:43PM	Bava Until 4:12AM Thu	Nataraja: Green			2nd Phase	
		Dashami Until 3:30PM				Moon – Orange	Devaloka Day		
						Pausha*Thai			

2		Thursday, January 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Lucknow, India	
Vrischika Rasi: 23.34 Tihi 26 – 27		Jyeshtha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Sutra 291		Vilamba 5120	
Routine Work Prabalarishta Yoga		Gulika	9:37AM – 10:59AM	Jyeshtha* Until 6:27PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM			
Until 6:27PM		Yama	6:54AM – 8:16AM	Vyaghata* Until 6:27PM	Muruga: Clear	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 40		
Then Creative Work - Siddha Yoga		974173366 Rahu	1:43PM – 3:05PM	Kaulava Until 5:57AM Fri	Nataraja: Green			2nd Phase	
		Ekadashi* Until 5:00PM				Moon – Orange	Devaloka Day		
						Pausha*Thai			

3		Friday, February 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Lucknow, India	
Dhanus Rasi: 5.45 Tihi 27		Mula* Nakshatra Harshana Yoga Taitila Karana Dvadashyam Titau		Sun 10		Sutra 292		Vilamba 5120	
Creative Work Amrita Yoga		Gulika	8:16AM – 9:37AM	Mula* Until 9:05PM	Ganesha: White	<i>Sunrise:</i> 6:54AM			
Until 9:05PM		Yama	3:05PM – 4:27PM	Harshana Until 6:17AM Sat	Muruga: Clear	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 40		
Then Routine Work - Prabalarishta Yoga		984173366 Rahu	10:59AM – 12:21PM	Taitila Until 6:58PM	Nataraja: Green			2nd Phase	
		Dvadashi* Until 6:58PM				Moon – Light Blue	Bhuloka Day		
						Pausha*Thai	Devaloka Time: 12:PM to 3:PM		

4		Saturday, February 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Lucknow, India	
Dhanus Rasi: 17.46 Tihi 28		Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 293		Vilamba 5120	
Creative Work Siddha Yoga		Gulika	6:53AM – 8:15AM	Purvashadha* Until 11:54PM Sun	Ganesha: White	<i>Sunrise:</i> 6:53AM			
Until 11:54PM Sun		Yama	1:44PM – 3:06PM	Harshana Until 6:17AM	Muruga: Clear	<i>Sunset:</i> 5:50PM	Moon 1 - Phase 40		
Then Routine Work - Marana Yoga		984173366 Rahu	9:37AM – 10:59AM	Gara Until 8:08AM	Nataraja: Green			2nd Phase	
		Trayodashi* Until 9:19PM				Moon – Light Blue	Bhuloka Day		
						Pausha*Thai	Devaloka Time: 12:PM to 3:PM		
						<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, February 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Lucknow, India	
Dhanus Rasi: 29.41 Tihi 29		Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 294		Vilamba 5120	
Creative Work Amrita Yoga		Gulika	3:06PM – 4:28PM	Purvashadha* Until 11:54PM	Ganesha: White	<i>Sunrise:</i> 6:53AM			
Until 6:02AM Tue		Yama	12:22PM – 1:44PM	Vajra* Until 7:57AM Mon	Muruga: Clear	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 40		
Then Creative Work - Siddha Yoga		984173366 Rahu	4:28PM – 5:51PM	Visti Until 10:36AM	Nataraja: Green			2nd Phase	
		Chaturdashi* Until 11:54PM				Moon – Light Blue	Bhuloka Day		
						Pausha*Thai	Devaloka Time: 12:PM to 3:PM		

Monday, February 4, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Lucknow, India	
Makara Rasi: 11.31 Tihi 30		Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Sutra 295		Vilamba 5120	
Family Home Evening		Gulika	1:44PM – 3:07PM	Shravana Until 6:02AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:52AM			
Creative Work Amrita Yoga		Yama	10:59AM – 12:22PM	Siddhi Until 7:57AM	Muruga: Clear	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 40		
Until 6:02AM Tue		995173367 Rahu	8:15AM – 9:37AM	Catuspada Until 1:16PM	Nataraja: White			Amavasya	
Then Creative Work - Siddha Yoga		Amavasya* Until 2:36AM Tue				Moon – Purple	Devaloka Day		
						Pausha*Thai			

Tuesday, February 5, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Lucknow, India	
Makara Rasi: 23.18 Tihi 1		Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 296		Vilamba 5120	
Creative Work Siddha Yoga		Gulika	12:22PM – 1:44PM	Shravana Until 6:02AM	Ganesha: Red	<i>Sunrise:</i> 6:52AM			
Until 6:02AM Tue		Yama	9:37AM – 10:59AM	Vyatipata* Until 8:57AM	Muruga: Clear	<i>Sunset:</i> 5:52PM	Moon 1 - Phase 40		
Then Creative Work - Siddha Yoga		995173367 Rahu	3:07PM – 4:30PM	Kintughna Until 3:59PM	Nataraja: White			Prathama	
		Prathama* Until 5:18AM Wed				Moon – Purple	Devaloka Day		
						Magha*Thai			

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava Karana Dvitiyayam Titau		Lucknow, India Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 5.06	Tithi 2	Gulika	10:59AM – 12:22PM	Dhanishtha Until 9:09AM	Ganesh: Red	<i>Sunrise:</i> 6:51AM			
		Yama	8:14AM – 9:37AM	Variyan Until 9:54AM	Muruga: Clear	<i>Sunset:</i> 5:53PM	Moon 1 - Phase 41		
		995173367 Rahu	12:22PM – 1:45PM	Balava Until 6:39PM	Nataraja: White		3rd Phase		
Routine Work	Prabalarishta Yoga			Dvitiya Until 7:55AM Thu	Magha-Thai	Devaloka Day			
Until 9:09AM									
Then Creative Work - Siddha Yoga									

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lucknow, India Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 16.56	Tithi 2 – 3	Gulika	9:36AM – 10:59AM	Shatabhishak Until 12:00PM	Ganesh: Red	<i>Sunrise:</i> 6:50AM			
		Yama	6:50AM – 8:13AM	Parigha* Until 10:48AM	Muruga: Clear	<i>Sunset:</i> 5:54PM	Moon 1 - Phase 41		
		995173367 Rahu	1:45PM – 3:08PM	Taitila Until 9:10PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 7:55AM	Magha-Thai	Devaloka Day			

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lucknow, India Sun 17 Sutra 299 Vilamba 5120	
Kumbha Rasi: 28.5	Tithi 3 – 4	Gulika	8:13AM – 9:36AM	Purvaproshtapada* Until 2:59PM	Ganesh: Blue	<i>Sunrise:</i> 6:50AM			
		Yama	3:08PM – 4:31PM	Shiva Until 11:33AM	Muruga: Clear	<i>Sunset:</i> 5:54PM	Moon 1 - Phase 41		
		915173367 Rahu	10:59AM – 12:22PM	Vanija Until 11:27PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 10:20AM	Magha-Thai	Sivaloka Day			

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Lucknow, India Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 10.51	Tithi 4 – 5	Gulika	6:49AM – 8:13AM	Uttaraproshtapada Until 5:31PM	Ganesh: Blue	<i>Sunrise:</i> 6:49AM			
		Yama	1:45PM – 3:09PM	Siddha Until 5:31PM	Muruga: Clear	<i>Sunset:</i> 5:55PM	Moon 1 - Phase 41		
		915173367 Rahu	9:36AM – 10:59AM	Balava Until 13:71AM Sun	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Chaturthi* Until 12:27PM	Magha-Thai	Sivaloka Day			
Until 5:31PM									
Then Routine Work - Prabalarishta Yoga									

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lucknow, India Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 23	Tithi 5 – 6	Gulika	3:09PM – 4:32PM	Revati Until 7:29PM	Ganesh: Red	<i>Sunrise:</i> 6:49AM			
		Yama	12:22PM – 1:46PM	Sadhya Until 12:17PM	Muruga: Clear	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 41		
		915273367 Rahu	4:32PM – 5:56PM	Kaulava Until 2:53AM Mon	Nataraja: White		3rd Phase		
Creative Work	Amrita Yoga			Panchami Until 2:11PM	Magha-Thai	Devaloka Day			
Until 7:29PM									
Then Creative Work - Siddha Yoga									

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lucknow, India Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 5.21	Tithi 6 – 7	Gulika	1:46PM – 3:09PM	Ashvini Until 9:15PM	Ganesh: Blue	<i>Sunrise:</i> 6:48AM			
Family Home Evening		Yama	10:59AM – 12:22PM	Subha Until 12:08PM	Muruga: Clear	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 41		
		925273367 Rahu	8:12AM – 9:35AM	Gara Until 3:48AM Tue	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Shashthi* Until 3:24PM	Magha-Thai	Bhuloka Day			
						Devaloka Time: 12:PM to 3:PM			

		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		Lucknow, India Sun 21 Sutra 303 Vilamba 5120	
Retreat Star		Gulika	12:22PM – 1:46PM	Bharani Until 10:14PM	Ganesh: Blue	<i>Sunrise:</i> 6:47AM			
Mesha Rasi: 17.57	Tithi 7 – 8	Yama	9:35AM – 10:59AM	Sukla Until 10:14PM	Muruga: Clear	<i>Sunset:</i> 5:57PM	Moon 1 - Phase 41		
		925273367 Rahu	3:10PM – 4:33PM	Bava Until 15:52AM Wed	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Saptami Until 3:59PM	Magha-Thai	Bhuloka Day			
						Devaloka Time: 12:PM to 3:PM			

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava Karana Ashtami/Navamyam Titau		Lucknow, India Sun 22 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 0.52	Tithi 8 – 9	Gulika	10:58AM – 12:22PM	Krittika Until 10:22PM	Ganesh: Yellow	<i>Sunrise:</i> 6:47AM			
		Yama	8:11AM – 9:34AM	Brahma Until 10:21AM	Muruga: Clear	<i>Sunset:</i> 5:58PM	Moon 1 - Phase 41		
		926273367 Rahu	12:22PM – 1:46PM	Bava Until 3:52PM	Nataraja: White		Ashtami		
Creative Work	Amrita Yoga			Ashtami* Until 3:52PM	Magha-Masi	Devaloka Day			
Until 10:22PM									
Then Creative Work - Siddha Yoga									

Retreat Star		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lucknow, India Sun 23 Sutra 305 Vilamba 5120	
Vrishabha Rasi: 14.11	Tithi 9 – 10	Gulika	9:34AM – 10:58AM	Rohini Until 10:03PM	Ganesh: White	<i>Sunrise:</i> 6:46AM			
		Yama	6:46AM – 8:10AM	Indra Until 8:37AM	Muruga: Clear	<i>Sunset:</i> 5:59PM	Moon 1 - Phase 41		
		936273367 Rahu	1:46PM – 3:10PM	Taitila Until 2:15AM Fri	Nataraja: White		Navami		
Routine Work	Marana Yoga			Navami* Until 2:58PM	Magha-Masi	Sivaloka Day			

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

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1	Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Dashami/Ekadashyam Titau				Lucknow, India Sun 24 Sutra 306 Vilamba 5120
	Gulika	8:09AM – 9:34AM	Mrigashira Until 8:52PM	Ganesh:	White	Sunrise: 6:45AM	
	Yama	3:11PM – 4:35PM	Vaidhriti* Until 6:15AM	Muruga:	Clear	Sunset: 5:59PM	Moon 1 - Phase 42
	936273367 Rahu	10:58AM – 12:22PM	Gara Until 1:19PM	Nataraja:	White		4th Phase
Creative Work Siddha Yoga			Dashami Until 1:19PM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

2	Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lucknow, India Sun 25 Sutra 307 Vilamba 5120
	Gulika	6:44AM – 8:09AM	Ardra Until 6:53PM	Ganesh:	White	Sunrise: 6:44AM	
	Yama	1:47PM – 3:11PM	Priti Until 11:56PM	Muruga:	Clear	Sunset: 6:00PM	Moon 1 - Phase 42
	936273367 Rahu	9:33AM – 10:58AM	Bava Until 9:37PM	Nataraja:	White		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 11:00AM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

3	Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lucknow, India Sun 26 Sutra 308 Vilamba 5120
	Gulika	3:11PM – 4:36PM	Punarvasu Until 1:05AM Tue Mon	Ganesh:	Clear	Sunrise: 6:44AM	
	Yama	12:22PM – 1:47PM	Ayushman Until 8:06PM	Muruga:	Clear	Sunset: 6:01PM	Moon 1 - Phase 42
	946273367 Rahu	4:36PM – 6:01PM	Kaulava Until 6:28PM	Nataraja:	White		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 8:05AM	Moon – Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata

4	Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Lucknow, India Sun 27 Sutra 309 Vilamba 5120
	Gulika	1:47PM – 3:12PM	Punarvasu Until 1:05AM Tue	Ganesh:	Clear	Sunrise: 6:43AM	
	Yama	10:57AM – 12:22PM	Saubhagya Until 3:59PM	Muruga:	Clear	Sunset: 6:01PM	Moon 1 - Phase 42
	946273367 Rahu	8:08AM – 9:32AM	Gara Until 2:57PM	Nataraja:	White		4th Phase
Creative Work Siddha Yoga		Chidambaram Abhishekam	Chaturdashi* Until 1:05AM Tue	Moon – Blue		Devaloka Day	
				Magha-Masi			

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Lucknow, India Sutra 310 Vilamba 5120	
	Copper Retreat Star		Gulika	12:22PM – 1:47PM	Ashlesha* Until 10:48AM	Ganesh:	Clear	Sunrise: 6:42AM
	Kataka Rasi: 26.51	Tiithi 15	Yama	9:32AM – 10:57AM	Sobhana Until 11:42AM	Muruga:	Clear	Sunset: 6:02PM
	946273367 Rahu	3:12PM – 4:37PM	Visti Until 11:13AM	Nataraja:	White		Moon 1 - Phase 42 Purnima	
Creative Work Siddha Yoga			Purnima* Until 9:18PM	Moon – Blue		Devaloka Day		
				Magha-Masi				

	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Prathama/Dviliyayam Titau				Lucknow, India Sutra 311 Vilamba 5120	
	Silver Retreat Star		Gulika	10:57AM – 12:22PM	Magha* Until 7:54AM	Ganesh:	Clear	Sunrise: 6:41AM
	Simha Rasi: 12.07	Tiithi 16 – 17	Yama	8:06AM – 9:32AM	Athiganda* Until 7:22AM	Muruga:	Clear	Sunset: 6:02PM
	957273367 Rahu	12:22PM – 1:47PM	Balava Until 3:45AM Thu	Nataraja:	White		Moon 1 - Phase 42 Prathama	
Creative Work Siddha Yoga			Prathama* Until 11:42AM	Moon – Red		Devaloka Day		
Until 7:54AM Then Creative Work - Amrita Yoga				Magha-Masi				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam

Lucknow, India

Simha Rasi: 27.17 Tihi 17 – 18

957273367

Gulika 9:31AM – 10:56AM
Yama 6:40AM – 8:06AM
Rahu 1:47PM – 3:12PM

Uttaraphalguni Until 2:16AM Fri
Dhriti Until 11:10PM
Vanija Until 12:23AM Fri
Dvitiya Until 2:00PM

Ganesha: Clear *Sunrise:* 6:40AM
Muruga: Clear *Sunset:* 6:03PM
Nataraja: White
Moon – Red
Magha-Masi

Sun 1 Sutra 312
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Amrita Yoga

Devaloka Day

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam

Lucknow, India

Kanya Rasi: 12.12 Tihi 18 – 19

967273367

Gulika 8:05AM – 9:31AM
Yama 3:13PM – 4:38PM
Rahu 10:56AM – 12:22PM

Hasta Until 12:17AM Sat
Shula* Until 7:31PM
Visti Until 10:50AM
Tritiya Until 10:50AM

Ganesha: White *Sunrise:* 6:40AM
Muruga: Clear *Sunset:* 6:04PM
Nataraja: White
Moon – Green
Magha-Masi

Sun 2 Sutra 313
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Creative Work Amrita Yoga

Until 12:17AM Sat

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam

Lucknow, India

Kanya Rasi: 26.45 Tihi 19 – 20

967273367

Gulika 6:39AM – 8:04AM
Yama 1:47PM – 3:13PM
Rahu 9:30AM – 10:56AM

Chitra Until 10:46PM
Ganda* Until 4:23PM
Kaulava Until 7:08PM
Chaturthi* Until 8:11AM

Ganesha: White *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 6:04PM
Nataraja: White
Moon – Green
Magha-Masi

Sun 3 Sutra 314
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Routine Work Marana Yoga

Until 10:46PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Lucknow, India

Tula Rasi: 10.51 Tihi 20 – 21

967273367

Gulika 3:13PM – 4:39PM
Yama 12:21PM – 1:47PM
Rahu 4:39PM – 6:05PM

Svati Until 9:51PM
Vridhhi Until 1:50PM
Vanija Until 5:03AM Mon
Panchami Until 6:13AM

Ganesha: White *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 6:05PM
Nataraja: White
Moon – Green
Magha-Masi

Sun 4 Sutra 315
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Creative Work Siddha Yoga

Until 9:51PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam

Lucknow, India

Tula Rasi: 24.28 Tihi 22

977273367

Gulika 1:47PM – 3:13PM
Yama 10:55AM – 12:21PM
Rahu 8:03AM – 9:29AM

Vishakha Until 10:04PM
Dhruva Until 11:55AM
Visti Until 4:48PM
Saptami Until 4:44AM Tue

Ganesha: Yellow *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 6:06PM
Nataraja: White
Moon – Orange
Magha-Masi

Sun 5 Sutra 316
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Family Home Evening

Routine Work Marana Yoga

Until 10:04PM

Then Creative Work - Siddha Yoga

Devaloka Day

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam

Lucknow, India

Vrischika Rasi: 7.37 Tihi 23

977273367

Gulika 12:21PM – 1:47PM
Yama 9:29AM – 10:55AM
Rahu 3:14PM – 4:40PM

Anuradha Until 10:59PM
Vyaghata* Until 10:41AM
Balava Until 4:56PM
Ashtami* Until 5:17AM Wed

Ganesha: Yellow *Sunrise:* 6:36AM
Muruga: Clear *Sunset:* 6:06PM
Nataraja: White
Moon – Orange
Magha-Masi

Sun 6 Sutra 317
Vilamba 5120
Moon 2 - Phase 43
Ashtami

Creative Work Siddha Yoga

Until 10:59PM

Then Routine Work - Marana Yoga

Devaloka Day

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam

Lucknow, India

Vrischika Rasi: 20.2 Tihi 24

978273367

Gulika 10:55AM – 12:21PM
Yama 8:02AM – 9:28AM
Rahu 12:21PM – 1:47PM

Jyeshtha* Until 12:31AM Thu
Harshana Until 10:09AM
Taitila Until 5:53PM
Navami* Until 6:38AM Thu

Ganesha: Blue *Sunrise:* 6:35AM
Muruga: Clear *Sunset:* 6:07PM
Nataraja: White
Moon – Orange
Magha-Masi

Sun 7 Sutra 318
Vilamba 5120
Moon 2 - Phase 43
Navami

Creative Work Siddha Yoga

Sivaloka Day

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lucknow, India Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 2.42	Tithi 24 – 25	Gulika	9:28AM – 10:54AM	Mula* Until 3:03AM Fri	Ganesh: Red	<i>Sunrise:</i> 6:34AM			
		Yama	6:34AM – 8:01AM	Vajra* Until 10:09AM	Muruga: Clear	<i>Sunset:</i> 6:07PM		Moon 2 - Phase 44	
		988273367 Rahu	1:47PM – 3:14PM	Vanija Until 7:35PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Navami* Until 6:38AM	Moon – Light Blue			Devaloka Day	
Until 3:03AM Fri					Magha-Masi				
Then Routine Work - Prabalarishta Yoga									

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Lucknow, India Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 14.48	Tithi 25 – 26	Gulika	7:59AM – 9:26AM	Purvashadha* Until 5:52AM Sat	Ganesh: Red	<i>Sunrise:</i> 6:32AM			
		Yama	3:15PM – 4:42PM	Siddhi Until 10:39AM	Muruga: Clear	<i>Sunset:</i> 6:09PM		Moon 2 - Phase 44	
		988273367 Rahu	10:53AM – 12:20PM	Bava Until 9:49PM	Nataraja: White			2nd Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 8:37AM	Moon – Light Blue			Devaloka Day	
Until 5:52AM Sat					Magha-Masi				
Then Routine Work - Marana Yoga									

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lucknow, India Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 26.43	Tithi 26 – 27	Gulika	6:31AM – 7:59AM	Uttarashadha Until 1:45PM Sun	Ganesh: Red	<i>Sunrise:</i> 6:31AM			
		Yama	1:48PM – 3:15PM	Vyatipata* Until 11:29AM	Muruga: Clear	<i>Sunset:</i> 6:09PM		Moon 2 - Phase 44	
		988273367 Rahu	9:26AM – 10:53AM	Kaulava Until 12:25AM Sun	Nataraja: White			2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 11:04AM	Moon – Light Blue			Devaloka Day	
Until 1:45PM Sun					Magha-Masi				
Then Creative Work - Amrita Yoga									

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lucknow, India Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 8.32	Tithi 27 – 28	Gulika	3:15PM – 4:42PM	Uttarashadha Until 1:45PM	Ganesh: Red	<i>Sunrise:</i> 6:30AM			
		Yama	12:20PM – 1:48PM	Varyan Until 11:88AM	Muruga: Clear	<i>Sunset:</i> 6:10PM		Moon 2 - Phase 44	
		988273367 Rahu	4:42PM – 6:10PM	Gara Until 3:09AM Mon	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 1:45PM	Moon – Light Blue			Devaloka Day	
Until 12:10PM					Magha-Masi				
Then Creative Work - Amrita Yoga									

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 20.17	Tithi 28 – 29	Gulika	1:47PM – 3:15PM	Shravana Until 12:10PM	Ganesh: Yellow	<i>Sunrise:</i> 6:29AM			
Family Home Evening		Yama	10:52AM – 12:20PM	Parigha* Until 1:32PM	Muruga: Clear	<i>Sunset:</i> 6:10PM		Moon 2 - Phase 44	
		998273367 Rahu	7:57AM – 9:25AM	Visti Until 5:52AM Tue	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 4:30PM	Moon – Purple			Devaloka Day	
Until 12:10PM					Magha-Masi				
Then Creative Work - Siddha Yoga									

6		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashyam Titau		Lucknow, India Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 2.05	Tithi 29	Gulika	12:20PM – 1:47PM	Dhanishtha Until 3:17PM	Ganesh: Clear	<i>Sunrise:</i> 6:29AM			
		Yama	9:24AM – 10:52AM	Shiva Until 2:33PM	Muruga: Clear	<i>Sunset:</i> 6:11PM		Moon 2 - Phase 44	
		199273367 Rahu	3:15PM – 4:43PM	Sakuni Until 7:09PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 7:09PM	Moon – Purple			Devaloka Day	
Until 3:17PM					Magha-Masi				
Then Routine Work - Marana Yoga									

Retreat Star		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lucknow, India Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 13.55	Tithi 30	Gulika	10:51AM – 12:19PM	Shatabhishak Until 6:03PM	Ganesh: Clear	<i>Sunrise:</i> 6:28AM			
		Yama	7:55AM – 9:23AM	Siddha Until 3:23PM	Muruga: Clear	<i>Sunset:</i> 6:11PM		Moon 2 - Phase 44	
		199273367 Rahu	12:19PM – 1:47PM	Catuspada Until 8:26AM	Nataraja: White			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 9:36PM	Moon – Purple			Devaloka Day	
Until 6:03PM					Magha-Masi				
Then Creative Work - Amrita Yoga									

Retreat Star		Thursday, March 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Lucknow, India Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 25.52	Tithi 1	Gulika	9:23AM – 10:51AM	Purvaproshtapada* Until 8:54PM	Ganesh: Yellow	<i>Sunrise:</i> 6:26AM			
		Yama	6:26AM – 7:55AM	Sadhya Until 4:02PM	Muruga: Clear	<i>Sunset:</i> 6:12PM		Moon 2 - Phase 44	
		119373367 Rahu	1:47PM – 3:16PM	Kintughna Until 10:44AM	Nataraja: White			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 11:45PM	Moon – Clear			Devaloka Day	
					Phalguna-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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1		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lucknow, India Sun 16 Sutra 327	
Meena Rasi: 7.55	Tithi 2	Gulika 7:54AM – 9:22AM	Uttaraproshtapada Until 11:16PM	Ganesh: Yellow	<i>Sunrise:</i> 6:25AM			Vilamba 5120	
		Yama 3:16PM – 4:44PM	Subha Until 4:28PM	Muruga: Clear	<i>Sunset:</i> 6:12PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367 Rahu 10:51AM – 12:19PM	Balava Until 12:43PM	Nataraja: White				3rd Phase	
			Dvitiya Until 1:34AM Sat	Moon – Clear			Devaloka Day		
				Phalguna-Masi					
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Lucknow, India Sun 17 Sutra 328	
Meena Rasi: 20.05	Tithi 3	Gulika 6:24AM – 7:53AM	Revati Until 1:08AM Sun	Ganesh: Yellow	<i>Sunrise:</i> 6:24AM			Vilamba 5120	
		Yama 1:47PM – 3:16PM	Sukla Until 4:37PM	Muruga: Clear	<i>Sunset:</i> 6:13PM			Moon 2 - Phase 45	
Routine Work	Prabalarishta Yoga	119373367 Rahu 9:22AM – 10:50AM	Taitila Until 2:23PM	Nataraja: White				3rd Phase	
Until 1:08AM Sun			Tritiya Until 3:03AM Sun	Moon – Clear			Devaloka Day		
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day		Phalguna-Masi					
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Lucknow, India Sun 18 Sutra 329	
Mesha Rasi: 2.25	Tithi 4	Gulika 3:16PM – 4:45PM	Ashvini Until 2:57AM Mon	Ganesh: Red	<i>Sunrise:</i> 6:23AM			Vilamba 5120	
		Yama 12:18PM – 1:47PM	Brahma Until 4:29PM	Muruga: Clear	<i>Sunset:</i> 6:14PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 4:45PM – 6:14PM	Vanija Until 3:39PM	Nataraja: White				3rd Phase	
			Chaturthi* Until 4:08AM Mon	Moon – White			Devaloka Day		
				Phalguna-Masi					
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Lucknow, India Sun 19 Sutra 330	
Mesha Rasi: 14.55	Tithi 5	Gulika 1:47PM – 3:16PM	Bharani Until 4:11AM Tue	Ganesh: Red	<i>Sunrise:</i> 6:22AM			Vilamba 5120	
Family Home Evening		Yama 10:49AM – 12:18PM	Indra Until 4:04PM	Muruga: Clear	<i>Sunset:</i> 6:14PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 7:51AM – 9:20AM	Bava Until 4:31PM	Nataraja: White				3rd Phase	
			Panchami Until 4:46AM Tue	Moon – White			Devaloka Day		
				Phalguna-Masi					
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Lucknow, India Sun 20 Sutra 331	
Mesha Rasi: 27.37	Tithi 6	Gulika 12:18PM – 1:47PM	Krittika Until 4:47AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:21AM			Vilamba 5120	
		Yama 9:20AM – 10:49AM	Vaidhriti* Until 3:15PM	Muruga: Clear	<i>Sunset:</i> 6:15PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 3:16PM – 4:45PM	Kaulava Until 4:55PM	Nataraja: White				3rd Phase	
			Shashthi* Until 4:54AM Wed	Moon – White			Devaloka Day		
				Phalguna-Masi					
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Lucknow, India Sun 21 Sutra 332	
Vrishabha Rasi: 10.34	Tithi 7	Gulika 10:48AM – 12:18PM	Rohini Until 5:09AM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:20AM			Vilamba 5120	
		Yama 7:50AM – 9:19AM	Vishkambha* Until 2:03PM	Muruga: Clear	<i>Sunset:</i> 6:15PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367 Rahu 12:18PM – 1:47PM	Gara Until 4:47PM	Nataraja: White				3rd Phase	
Until 5:09AM Thu			Saptami Until 4:29AM Thu	Moon – Yellow			Sivaloka Day		
Then Routine Work - Marana Yoga				Phalguna-Masi					
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Lucknow, India Sun 22 Sutra 333	
Vrishabha Rasi: 23.48	Tithi 8	Gulika 9:18AM – 10:48AM	Mrigashira Until 4:45AM Fri	Ganesh: Purple	<i>Sunrise:</i> 6:19AM			Vilamba 5120	
		Yama 6:19AM – 7:49AM	Priti Until 12:24PM	Muruga: Clear	<i>Sunset:</i> 6:16PM			Moon 2 - Phase 45	
Routine Work	Marana Yoga	131373367 Rahu 1:47PM – 3:17PM	Visti Until 4:03PM	Nataraja: White				Ashtami	
Until 4:45AM Fri			Ashtami* Until 3:26AM Fri	Moon – Yellow			Sivaloka Day		
Then Creative Work - Siddha Yoga				Phalguna-Masi					
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Lucknow, India Sun 23 Sutra 334	
Mithuna Rasi: 7.22	Tithi 9	Gulika 7:48AM – 9:18AM	Ardra Until 3:37AM Sat	Ganesh: Purple	<i>Sunrise:</i> 6:18AM			Vilamba 5120	
		Yama 3:17PM – 4:46PM	Ayushman Until 10:14AM	Muruga: Clear	<i>Sunset:</i> 6:16PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373368 Rahu 10:47AM – 12:17PM	Balava Until 2:42PM	Nataraja: Clear				Navami	
			Navami* Until 1:47AM Sat	Moon – Yellow			Subha Sivaloka Day		
		Karadaiyan Nombu (Tamil Nadu)		Phalguna-Panguni					

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1		Saturday, March 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Lucknow, India	
Mithuna Rasi: 21.19		Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 335		Vilamba 5120	
Tihti 10		Gulika	6:17AM – 7:47AM	Punarvasu Until 2:11AM Sun	Ganesh: Clear	<i>Sunrise:</i> 6:17AM			
141373368		Yama	1:47PM – 3:17PM	Saubhagya Until 7:35AM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	Rahu	9:17AM – 10:47AM	Taitila Until 12:44PM	Nataraja: Clear			4th Phase	
				Dashami Until 11:32PM	Moon – Blue		Sivaloka Day		
					Phalguna•Panguni				

2		Sunday, March 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Lucknow, India	
Kataka Rasi: 5.38		Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 336		Vilamba 5120	
Tihti 11		Gulika	3:17PM – 4:47PM	Pushya Until 12:06AM Mon	Ganesh: Clear	<i>Sunrise:</i> 6:16AM			
141373368		Yama	12:17PM – 1:47PM	Athiganda* Until 12:59AM Mon	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	Rahu	4:47PM – 6:17PM	Vanija Until 10:14AM	Nataraja: Clear			4th Phase	
				Ekadashi Until 8:46PM	Moon – Blue		Sivaloka Day		
					Phalguna•Panguni				

3		Monday, March 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Lucknow, India	
Kataka Rasi: 20.17		Ashlesha* Nakshatra Sukarma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 337		Vilamba 5120	
Tihti 12 – 13		Gulika	1:47PM – 3:17PM	Ashlesha* Until 9:31PM	Ganesh: Clear	<i>Sunrise:</i> 6:15AM			
141373368		Yama	10:46AM – 12:16PM	Sukarma Until 9:31PM	Muruga: Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46		
Family Home Evening		Rahu	7:45AM – 9:16AM	Bava Until 3:56AM Tue	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga	Yogaswami Mahasamadhi		Dvadashi Until 12:59AM Mon	Moon – Blue		Sivaloka Day		
Until 9:31PM					Phalguna•Panguni				
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>					

4		Tuesday, March 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Lucknow, India	
Simha Rasi: 5.12		Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 338		Vilamba 5120	
Tihti 13 – 14		Gulika	12:16PM – 1:47PM	Magha* Until 6:57PM	Ganesh: White	<i>Sunrise:</i> 6:14AM			
151373368		Yama	9:15AM – 10:45AM	Dhriti Until 5:10PM	Muruga: Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	Rahu	3:17PM – 4:48PM	Gara Until 12:26AM Wed	Nataraja: Clear			4th Phase	
				Trayodashi Until 2:11PM	Moon – Red		Subha Sivaloka Day		
					Phalguna•Panguni				

		Wednesday, March 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Lucknow, India	
Copper Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 339		Vilamba 5120	
Simha Rasi: 20.16		Gulika	10:45AM – 12:16PM	Purvaphalguni Until 4:10PM	Ganesh: White	<i>Sunrise:</i> 6:13AM			
Tihti 14 – 15		Yama	7:44AM – 9:14AM	Shula* Until 1:04PM	Muruga: Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46		
151373368		Rahu	12:16PM – 1:46PM	Visti Until 8:53PM	Nataraja: Clear			Purnima	
Creative Work	Amrita Yoga	Panguni Uttiram		Chaturdashi* Until 10:38AM	Moon – Red		Subha Sivaloka Day		
		Holi			Phalguna•Panguni				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Lucknow, India			
Silver Retreat Star		Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 340		Vilamba 5120	
Kanya Rasi: 5.19		Gulika	9:14AM – 10:44AM	Uttaraphalguni Until 1:20PM	Ganesh: White	<i>Sunrise:</i> 6:12AM			
Tihti 15 – 16		Yama	6:12AM – 7:43AM	Ganda* Until 9:01AM	Muruga: Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46		
151373368		Rahu	1:46PM – 3:17PM	Kaulava Until 3:49AM Fri	Nataraja: Clear			Prathama	
Amrita Yoga				Purnima* Until 7:07AM	Moon – Red		Subha Sivaloka Day		
Until 1:20PM					Phalguna•Panguni				
Then Routine Work - Marana Yoga									

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Lucknow, India

Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 20.13 Tihti 17

Gulika 7:42AM - 9:13AM
Yama 3:17PM - 4:48PM
Rahu 10:44AM - 12:15PMHasta Until 11:03AM
Dhruva Until 1:38AM Sat
Taitila Until 2:19PM
Dvitiya Until 12:54AM SatGanesha: Yellow Sunrise: 6:11AM
Muruga: White Sunset: 6:20PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 11:03AM

Then Creative Work - Siddha Yoga

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 4.49 Tihti 18

Gulika 6:10AM - 7:41AM
Yama 1:46PM - 3:17PM
Rahu 9:12AM - 10:43AMChitra Until 9:03AM
Vyaghata* Until 10:33PM
Vanija Until 9:37AM Sun
Tritiya Until 1:38AM SatGanesha: Yellow Sunrise: 6:10AM
Muruga: White Sunset: 6:20PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 9:03AM

Then Creative Work - Siddha Yoga

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Lucknow, India

Sun 2 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 19.01 Tihti 19

Gulika 3:18PM - 4:49PM
Yama 12:15PM - 1:46PM
Rahu 4:49PM - 6:21PMSvati Until 7:32AM
Harshana Until 8:03PM
Bava Until 9:37AM
Chaturthi* Until 8:51PMGanesha: Blue Sunrise: 6:08AM
Muruga: White Sunset: 6:21PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 7:32AM

Then Routine Work - Marana Yoga

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India

Sun 3 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 2.45 Tihti 20

Family Home Evening

Gulika 1:46PM - 3:18PM
Yama 10:42AM - 12:14PM
Rahu 7:39AM - 9:11AMVishakha Until 7:01AM
Vajra* Until 6:11PM
Kaulava Until 8:20AM
Panchami Until 7:59PMGanesha: Red Sunrise: 6:07AM
Muruga: White Sunset: 6:21PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Bava Karana Shashthyam Titau

Lucknow, India

Sun 4 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 15.59 Tihti 21

Gulika 12:14PM - 1:46PM
Yama 9:10AM - 10:42AM
Rahu 3:18PM - 4:50PMAnuradha Until 7:13AM
Siddhi Until 7:13AM
Gara Until 7:54AM
Shashthi* Until 8:00PMGanesha: Red Sunrise: 6:06AM
Muruga: White Sunset: 6:22PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 7:13AM

Then Routine Work - Marana Yoga

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Vriyan Yoga Visti*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 5 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 28.47 Tihti 22

Gulika 10:41AM - 12:14PM
Yama 7:37AM - 9:09AM
Rahu 12:14PM - 1:46PMJyeshtha* Until 8:07AM
Vyatipata* Until 4:32PM
Visti Until 8:22AM
Saptami Until 8:54PMGanesha: Red Sunrise: 6:05AM
Muruga: White Sunset: 6:22PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 8:07AM

Then Routine Work - Marana Yoga

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vriyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 6 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 11.13 Tihti 23

Gulika 9:09AM - 10:41AM
Yama 6:04AM - 7:36AM
Rahu 1:46PM - 3:18PMMula* Until 10:08AM
Vriyan Until 4:39PM
Balava Until 9:40AM
Ashtami* Until 10:34PMGanesha: Green Sunrise: 6:04AM
Muruga: White Sunset: 6:23PM
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila Karana Navamyam Titau

Lucknow, India

Sun 7 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 23.2 Tihti 24

Gulika 7:35AM - 9:08AM
Yama 3:18PM - 4:50PM
Rahu 10:40AM - 12:13PMPurvashadha* Until 12:40PM
Parigha* Until 5:15PM
Taitila Until 11:39AM
Navami* Until 12:49AM SatGanesha: Green Sunrise: 6:03AM
Muruga: Yellow Sunset: 6:23PM
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 12:40PM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantla Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau	Lucknow, India
Makara Rasi: 5.15	Tithi 25	Gulika	6:02AM – 7:35AM	Uttarashadha Until 3:27PM	Ganesha: Green <i>Sunrise:</i> 6:02AM	Sun 8 Sutra 349	
		Yama	1:45PM – 3:18PM	Shiva Until 6:12PM	Muruga: Yellow <i>Sunset:</i> 6:23PM	Vilamba 5120	
		182383468 Rahu	9:07AM – 10:40AM	Vanija Until 2:06PM	Nataraja: Purple	Moon 3 - Phase 48	
Routine Work	Marana Yoga			Dashami Until 3:24AM Sun	Moon – Light Blue	2nd Phase	
Until 3:27PM					Phalguna•Panguni	Devaloka Day	
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashi/Dvadashyam Titau	Lucknow, India
Makara Rasi: 17.03	Tithi 26	Gulika	3:18PM – 4:51PM	Shravana Until 6:47PM	Ganesha: Orange <i>Sunrise:</i> 6:01AM	Sun 9 Sutra 350	
		Yama	12:12PM – 1:45PM	Siddha Until 7:15PM	Muruga: Yellow <i>Sunset:</i> 6:24PM	Vilamba 5120	
		192383468 Rahu	4:51PM – 6:24PM	Bava Until 4:47PM	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Amrita Yoga			Ekadashi* Until 6:06AM Mon	Moon – Purple	2nd Phase	
Until 6:47PM					Phalguna•Panguni	Sivaloka Day	
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Lucknow, India
Makara Rasi: 28.5	Tithi 26 – 27	Gulika	1:45PM – 3:18PM	Dhanishtha Until 9:55PM	Ganesha: Green <i>Sunrise:</i> 6:01AM	Sun 10 Sutra 351	
Family Home Evening		Yama	10:39AM – 12:12PM	Sadhya Until 8:17PM	Muruga: Yellow <i>Sunset:</i> 6:24PM	Vilamba 5120	
		192483468 Rahu	7:34AM – 9:07AM	Kaulava Until 7:26PM	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Ekadashi* Until 6:06AM	Moon – Purple	2nd Phase	
					Phalguna•Panguni	Subha Sivaloka Day	

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Lucknow, India
Kumbha Rasi: 10.39	Tithi 27 – 28	Gulika	12:12PM – 1:45PM	Shatabhishak Until 12:40AM Wed	Ganesha: Green <i>Sunrise:</i> 6:00AM	Sun 11 Sutra 352	
		Yama	9:06AM – 10:39AM	Subha Until 9:11PM	Muruga: Yellow <i>Sunset:</i> 6:24PM	Vilamba 5120	
		192483468 Rahu	3:18PM – 4:51PM	Gara Until 9:53PM	Nataraja: Purple	Moon 3 - Phase 48	
Routine Work	Marana Yoga			Dvadashi* Until 8:41AM	Moon – Purple	2nd Phase	
Until 12:40AM Wed					Phalguna•Panguni	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Lucknow, India
Kumbha Rasi: 22.34	Tithi 28 – 29	Gulika	10:39AM – 12:12PM	Purvaproshtapada* Until 3:25AM Thu	Ganesha: Orange <i>Sunrise:</i> 5:59AM	Sun 12 Sutra 353	
		Yama	7:32AM – 9:05AM	Sukla Until 9:47PM	Muruga: Yellow <i>Sunset:</i> 6:25PM	Vilamba 5120	
		112483468 Rahu	12:12PM – 1:45PM	Visti Until 12:00AM Thu	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Amrita Yoga			Trayodashi* Until 10:58AM	Moon – Clear	2nd Phase	
Until 3:25AM Thu					Phalguna•Panguni	Sivaloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Lucknow, India
Meena Rasi: 4.38	Tithi 29 – 30	Gulika	9:05AM – 10:38AM	Uttaraproshtapada Until 5:36AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:58AM	Sun 13 Sutra 354	
		Yama	5:58AM – 7:31AM	Brahma Until 10:06PM	Muruga: Yellow <i>Sunset:</i> 6:25PM	Vilamba 5120	
		112483468 Rahu	1:45PM – 3:18PM	Catuspada Until 1:41AM Fri	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:52PM	Moon – Clear	Amavasya	
					Phalguna•Panguni	Sivaloka Day	

Retreat Star		Friday, April 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Lucknow, India
Meena Rasi: 16.52	Tithi 30 – 1	Gulika	7:30AM – 9:04AM	Revati Until 7:12AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:57AM	Sun 14 Sutra 355	
		Yama	3:19PM – 4:52PM	Indra Until 10:07PM	Muruga: Yellow <i>Sunset:</i> 6:26PM	Vilamba 5120	
		112483468 Rahu	10:38AM – 12:11PM	Kintughna Until 2:57AM Sat	Nataraja: Purple	Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Amavasya* Until 2:21PM	Moon – Clear	Prathama	
		Yugadhi			Chaitra•Panguni	Sivaloka Day	

1 Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Lucknow, India
Mesha Rasi: 29.17	Tithi 1 – 2	Gulika 5:55AM – 7:29AM	Revati Until 7:12AM	Ganesh: Light Blue <i>Sunrise:</i> 5:55AM	Sun 15 Sutra 356
		Yama 1:45PM – 3:19PM	Vaidhriti* Until 9:45PM	Muruga: Yellow <i>Sunset:</i> 6:26PM	Vilamba 5120
		113483468 Rahu 9:03AM – 10:37AM	Balava Until 3:47AM Sun	Nataraja: Purple	Moon 3 - Phase 49
Routine Work	Prabalarishta Yoga		Prathama* Until 3:24PM	Moon – Clear	3rd Phase
Until 7:12AM		Chellappaswami Mahasamadhi		Chaitra•Panguni	Devaloka Day
Then Creative Work - Siddha Yoga					

2 Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Lucknow, India
Mesha Rasi: 11.53	Tithi 2 – 3	Gulika 3:19PM – 4:53PM	Ashvini Until 8:43AM	Ganesh: Purple <i>Sunrise:</i> 5:54AM	Sun 16 Sutra 357
		Yama 12:11PM – 1:45PM	Vishkambha* Until 9:06PM	Muruga: Yellow <i>Sunset:</i> 6:27PM	Vilamba 5120
		123483468 Rahu 4:53PM – 6:27PM	Taitila Until 4:12AM Mon	Nataraja: Purple	Moon 3 - Phase 49
Creative Work	Siddha Yoga		Dvitiya Until 4:01PM	Moon – White	3rd Phase
Until 8:43AM				Chaitra•Panguni	Devaloka Day
Then Routine Work - Prabalarishta Yoga					

3 Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Lucknow, India
Mesha Rasi: 24.4	Tithi 3 – 4	Gulika 1:45PM – 3:19PM	Bharani Until 9:42AM	Ganesh: Purple <i>Sunrise:</i> 5:53AM	Sun 17 Sutra 358
Family Home Evening		Yama 10:36AM – 12:10PM	Priti Until 8:10PM	Muruga: Yellow <i>Sunset:</i> 6:27PM	Vilamba 5120
		123483468 Rahu 7:28AM – 9:02AM	Vanija Until 4:15AM Tue	Nataraja: Purple	Moon 3 - Phase 49
Creative Work	Siddha Yoga		Tritiya Until 4:15PM	Moon – White	3rd Phase
Until 9:42AM				Chaitra•Panguni	Devaloka Day
Then Routine Work - Marana Yoga					

4 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Lucknow, India
Vrishabha Rasi: 7.38	Tithi 4 – 5	Gulika 12:10PM – 1:44PM	Krittika Until 10:09AM	Ganesh: Purple <i>Sunrise:</i> 5:52AM	Sun 18 Sutra 359
		Yama 9:01AM – 10:36AM	Ayushman Until 6:55PM	Muruga: Yellow <i>Sunset:</i> 6:28PM	Vilamba 5120
		123483468 Rahu 3:19PM – 4:53PM	Bava Until 3:56AM Wed	Nataraja: Purple	Moon 3 - Phase 49
Creative Work	Siddha Yoga		Chaturthi* Until 4:07PM	Moon – White	3rd Phase
Until 10:09AM				Chaitra•Panguni	Devaloka Day
Then Creative Work - Amrita Yoga					

5 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Lucknow, India
Vrishabha Rasi: 20.48	Tithi 5 – 6	Gulika 10:35AM – 12:10PM	Rohini Until 10:33AM	Ganesh: Clear <i>Sunrise:</i> 5:51AM	Sun 19 Sutra 360
		Yama 7:26AM – 9:00AM	Saubhagya Until 5:23PM	Muruga: Yellow <i>Sunset:</i> 6:28PM	Vilamba 5120
		133483468 Rahu 12:10PM – 1:44PM	Kaulava Until 3:14AM Thu	Nataraja: Purple	Moon 3 - Phase 49
Creative Work	Siddha Yoga		Panchami Until 3:37PM	Moon – Yellow	3rd Phase
				Chaitra•Panguni	Sivaloka Day

6 Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Lucknow, India
Mithuna Rasi: 4.1	Tithi 6 – 7	Gulika 9:00AM – 10:35AM	Mrigashira Until 10:26AM	Ganesh: Clear <i>Sunrise:</i> 5:50AM	Sun 20 Sutra 361
		Yama 5:50AM – 7:25AM	Sobhana Until 3:34PM	Muruga: Yellow <i>Sunset:</i> 6:29PM	Vilamba 5120
		133483468 Rahu 1:44PM – 3:19PM	Gara Until 2:09AM Fri	Nataraja: Purple	Moon 3 - Phase 49
Routine Work	Marana Yoga		Shashthi* Until 2:44PM	Moon – Yellow	3rd Phase
				Chaitra•Panguni	Sivaloka Day

Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau			Lucknow, India
Retreat Star		Gulika 7:24AM – 8:59AM	Ardra Until 9:46AM	Ganesh: Clear <i>Sunrise:</i> 5:49AM	Sun 21 Sutra 362
Mithuna Rasi: 17.45	Tithi 7 – 8	Yama 3:19PM – 4:54PM	Athiganda* Until 9:46AM	Muruga: Yellow <i>Sunset:</i> 6:29PM	Vilamba 5120
		133483468 Rahu 10:34AM – 12:09PM	Bava Until 11:43AM Sat	Nataraja: Purple	Moon 3 - Phase 49
Creative Work	Siddha Yoga		Saptami Until 1:26PM	Moon – Yellow	Ashtami
				Chaitra•Panguni	Sivaloka Day

Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Lucknow, India
Retreat Star		Gulika 5:48AM – 7:23AM	Punarvasu Until 8:59AM	Ganesh: White <i>Sunrise:</i> 5:48AM	Sun 22 Sutra 363
Kataka Rasi: 1.35	Tithi 8 – 9	Yama 1:44PM – 3:19PM	Sukarma Until 10:53AM	Muruga: Yellow <i>Sunset:</i> 6:30PM	Vilamba 5120
		143483468 Rahu 8:59AM – 10:34AM	Balava Until 10:43PM	Nataraja: Purple	Moon 3 - Phase 49
Creative Work	Siddha Yoga		Ashtami* Until 11:43AM	Moon – Blue	Navami
		Sri Rama Navami		Chaitra•Panguni	Devaloka Day

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Lucknow, India			
Kataka Rasi: 15.4 Tithi 9 – 10		Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 364			
Creative Work Siddha Yoga		Gulika 3:19PM – 4:55PM	Pushya Until 7:39AM	Ganesha: White <i>Sunrise:</i> 5:47AM	Vikarin 5121
		Yama 12:09PM – 1:44PM	Dhriti Until 8:05AM	Muruga: Yellow <i>Sunset:</i> 6:30PM	Moon 3 - Phase 1
		143483468 Rahu 4:55PM – 6:30PM	Taitila Until 8:25PM	Nataraja: Purple	4th Phase
		Tamil New Year	Navami* Until 9:36AM	Moon – Blue	Devaloka Day
				Chaitra•Chaitra	

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Lucknow, India			
Simha Rasi: 0.01 Tithi 10 – 11		Magha* Nakshatra Ganda* Yoga Gara/Visti* Karana Dashami/Ekodashyam Titau Sun 24 Sutra 1			
Family Home Evening		Gulika 1:44PM – 3:20PM	Magha* Until 3:57AM Tue	Ganesha: White <i>Sunrise:</i> 5:46AM	Vikarin 5121
Routine Work Marana Yoga		Yama 10:33AM – 12:08PM	Ganda* Until 1:35AM Tue	Muruga: Yellow <i>Sunset:</i> 6:31PM	Moon 3 - Phase 1
Until 3:57AM Tue		253483468 Rahu 7:22AM – 8:57AM	Visti Until 4:20AM Tue	Nataraja: Purple	4th Phase
Then Creative Work - Siddha Yoga			Dashami Until 7:07AM	Moon – Red	Devaloka Day
				Chaitra•Chaitra	

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Lucknow, India			
Simha Rasi: 14.34 Tithi 12		Purvaphalguni Nakshatra Vriddhi Yoga Bava Karana Dvadashyam Titau Sun 25 Sutra 2			
Creative Work Siddha Yoga		Gulika 12:08PM – 1:44PM	Purvaphalguni Until 1:46AM Wed	Ganesha: White <i>Sunrise:</i> 5:45AM	Vikarin 5121
Until 1:46AM Wed		Yama 8:57AM – 10:32AM	Vriddhi Until 10:03PM	Muruga: Yellow <i>Sunset:</i> 6:31PM	Moon 3 - Phase 1
Then Creative Work - Amrita Yoga		253483468 Rahu 3:20PM – 4:55PM	Bava Until 2:53PM	Nataraja: Purple	4th Phase
			Dvadashi Until 1:22AM Wed	Moon – Red	Devaloka Day
				Chaitra•Chaitra	

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Lucknow, India			
Simha Rasi: 29.15 Tithi 13		Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 3			
Creative Work Amrita Yoga		Gulika 10:32AM – 12:08PM	Uttaraphalguni Until 11:23PM	Ganesha: White <i>Sunrise:</i> 5:44AM	Vikarin 5121
Until 11:23PM		Yama 7:20AM – 8:56AM	Dhruva Until 6:26PM	Muruga: Yellow <i>Sunset:</i> 6:32PM	Moon 3 - Phase 1
Then Routine Work - Marana Yoga		253483468 Rahu 12:08PM – 1:44PM	Kaulava Until 11:52AM	Nataraja: Purple	4th Phase
			Trayodashi Until 10:20PM	Moon – Red	Devaloka Day
				Chaitra•Chaitra	
			<i>Pradosha Vrata</i>		

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Lucknow, India			
Kanya Rasi: 13.57 Tithi 14		Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 4			
Routine Work Marana Yoga		Gulika 8:55AM – 10:32AM	Hasta Until 9:21PM	Ganesha: Yellow <i>Sunrise:</i> 5:43AM	Vikarin 5121
Until 9:21PM		Yama 5:43AM – 7:19AM	Vyaghata* Until 2:52PM	Muruga: Yellow <i>Sunset:</i> 6:32PM	Moon 3 - Phase 1
Then Creative Work - Siddha Yoga		263483468 Rahu 1:44PM – 3:20PM	Gara Until 8:52AM	Nataraja: Purple	4th Phase
			Chaturdashi* Until 7:23PM	Moon – Green	Sivaloka Day
				Chaitra•Chaitra	

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Lucknow, India			
Copper Retreat Star		Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 5			
Kanya Rasi: 28.34 Tithi 15 – 16		Gulika 7:19AM – 8:55AM	Chitra Until 7:26PM	Ganesha: Yellow <i>Sunrise:</i> 5:42AM	Vikarin 5121
Creative Work Siddha Yoga		Yama 3:20PM – 4:56PM	Harshana Until 11:29AM	Muruga: Yellow <i>Sunset:</i> 6:33PM	Moon 3 - Phase 1
		263483468 Rahu 10:31AM – 12:07PM	Balava Until 6:00AM	Nataraja: Purple	Purnima
			Purnima* Until 4:39PM	Moon – Green	Sivaloka Day
		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra	
		Hanuman Jayanti			

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Lucknow, India			
Silver Retreat Star		Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau Sun 29 Sutra 6			
Tula Rasi: 12.57 Tithi 16 – 17		Gulika 5:41AM – 7:18AM	Svati Until 5:47PM	Ganesha: Red <i>Sunrise:</i> 5:41AM	Vikarin 5121
Creative Work Siddha Yoga		Yama 1:44PM – 3:20PM	Vajra* Until 8:21AM	Muruga: Yellow <i>Sunset:</i> 6:33PM	Moon 3 - Phase 1
		264483468 Rahu 8:54AM – 10:31AM	Taitila Until 1:21AM Sun	Nataraja: Purple	Prathama
			Prathama* Until 2:19PM	Moon – Green	Sivaloka Day
				Chaitra•Chaitra	