



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Kottayam, India
Sutra 16

Tula Rasi: 28.07 Tihi 16 – 17

Gulika 12:22PM – 1:55PM
Yama 9:15AM – 10:49AM
273832369 **Rahu** 3:29PM – 5:02PM

Vishakha Until 3:53PM
Vyatipata* Until 9:36AM
Taitila Until 7:10PM
Prathama* Until 6:47AM

Ganesh: Purple *Sunrise:* 6:08AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga
Until 3:53PM
Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dvityiya/Tritiyayam Titau

Kottayam, India
Sun 1 Sutra 17

Vrischika Rasi: 10.41 Tihi 17 – 18

Gulika 10:48AM – 12:22PM
Yama 7:42AM – 9:15AM
273832369 **Rahu** 12:22PM – 1:55PM

Anuradha Until 5:35PM
Variyan Until 9:18AM
Vanija Until 8:19PM
Dvityiya Until 7:39AM

Ganesh: Purple *Sunrise:* 6:08AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kottayam, India
Sun 2 Sutra 18

Vrischika Rasi: 23 Tihi 18 – 19

Gulika 9:15AM – 10:48AM
Yama 6:08AM – 7:41AM
274832369 **Rahu** 1:55PM – 3:29PM

Jyeshtha* Until 7:38PM
Parigha* Until 9:26AM
Bava Until 10:00PM
Tritiya Until 9:04AM

Ganesh: Clear *Sunrise:* 6:08AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga
Until 7:38PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kottayam, India
Sun 3 Sutra 19

Dhanus Rasi: 5.07 Tihi 19 – 20

Gulika 7:41AM – 9:15AM
Yama 3:29PM – 5:02PM
284832369 **Rahu** 10:48AM – 12:22PM

Mula* Until 10:29PM
Shiva Until 9:58AM
Kaulava Until 12:09AM Sat
Chaturthi* Until 11:00AM

Ganesh: White *Sunrise:* 6:07AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga
Until 10:29PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kottayam, India
Sun 4 Sutra 20

Dhanus Rasi: 17.03 Tihi 20 – 21

Gulika 6:07AM – 7:41AM
Yama 1:55PM – 3:29PM
284832369 **Rahu** 9:14AM – 10:48AM

Purvashadha* Until 1:29AM Sun
Siddha Until 10:47AM
Gara Until 2:37AM Sun
Panchami Until 1:20PM

Ganesh: White *Sunrise:* 6:07AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 1:29AM Sun
Then Creative Work - Amrita Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kottayam, India
Sun 5 Sutra 21

Dhanus Rasi: 28.53 Tihi 21 – 22

Gulika 3:29PM – 5:02PM
Yama 12:21PM – 1:55PM
284832369 **Rahu** 5:02PM – 6:36PM

Uttarashadha Until 4:25AM Mon
Sadhya Until 11:48AM
Visti Until 5:12AM Mon
Shashthi* Until 3:53PM

Ganesh: White *Sunrise:* 6:07AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

Kottayam, India
Sun 6 Sutra 22

Makara Rasi: 10.41 Tihi 22

Gulika 1:55PM – 3:29PM
Yama 10:48AM – 12:21PM
294832369 **Rahu** 7:40AM – 9:14AM

Shravana Until 7:34AM Tue
Subha Until 12:52PM
Bava Until 6:26PM
Saptami Until 6:26PM

Ganesh: Yellow *Sunrise:* 6:07AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga
Until 7:34AM Tue
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

7

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India
Sun 7 Sutra 23

Makara Rasi: 22.32 Tihi 23

Gulika 12:21PM – 1:55PM
Yama 9:14AM – 10:48AM
294832369 **Rahu** 3:29PM – 5:03PM

Shravana Until 7:34AM
Sukla Until 1:44PM
Balava Until 7:38AM
Ashtami* Until 8:42PM

Ganesh: Yellow *Sunrise:* 6:06AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Siddha Yoga

Chidambaram Abhishekam

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Kottayam, India
Sun 8 Sutra 24

Kumbha Rasi: 4.33 Tihi 24

Gulika 10:47AM – 12:21PM
Yama 7:40AM – 9:14AM
294832369 **Rahu** 12:21PM – 1:55PM

Dhanishtha Until 10:10AM
Brahma Until 2:16PM
Taitila Until 9:40AM
Navami* Until 10:27PM

Ganesh: Yellow *Sunrise:* 6:06AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Routine Work Prabalarishta Yoga
Until 10:10AM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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|---------------------------------|-------------|---|---------------------------------------|-------------------------|------------------------|-----------------------------------|--|
| 1 Thursday, May 10, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Kottayam, India Sun 9 Sutra 25 | |
| Kumbha Rasi: 16.47 | Tithi 25 | Gulika 9:13AM – 10:47AM | Shatabhishak Until 11:44PM Fri | Ganesha: Yellow | <i>Sunrise:</i> 6:06AM | Vilamba 5120 | |
| | | Yama 6:06AM – 7:40AM | Indra Until 2:19PM | Muruga: White | <i>Sunset:</i> 6:37PM | Moon 4 - Phase 4 | |
| | | 294832369 Rahu 1:55PM – 3:29PM | Vanija Until 11:05AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 11:30PM | Moon – Purple | | | |
| | | | | Vaisaka-Chaitra | | Bhuloka Day | |
| | | | | | | Devaloka Time: 9:AM to12:PM | |

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|-------------------------------|-------------|--|-----------------------------------|-------------------------|------------------------|------------------------------------|--|
| 2 Friday, May 11, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak/Uttaraproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau | | | | Kottayam, India Sun 10 Sutra 26 | |
| Kumbha Rasi: 29.22 | Tithi 26 | Gulika 7:39AM – 9:13AM | Shatabhishak Until 11:44PM | Ganesha: Yellow | <i>Sunrise:</i> 6:06AM | Vilamba 5120 | |
| | | Yama 3:29PM – 5:03PM | Vaidhriti* Until 1:44PM | Muruga: White | <i>Sunset:</i> 6:37PM | Moon 4 - Phase 4 | |
| | | 214832369 Rahu 10:47AM – 12:21PM | Bava Until 11:44AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Ekadashi* Until 11:44PM | Moon – Clear | | | |
| | | | | Vaisaka-Chaitra | | Bhuloka Day | |
| | | | | | | Devaloka Time: 9:AM to12:PM | |

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|--|-------------|--|---------------------------------------|-------------------------|------------------------|------------------------------------|--|
| 3 Saturday, May 12, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Kottayam, India Sun 11 Sutra 27 | |
| Meena Rasi: 12.19 | Tithi 27 | Gulika 6:05AM – 7:39AM | Uttaraproshtapada Until 1:52PM | Ganesha: Blue | <i>Sunrise:</i> 6:05AM | Vilamba 5120 | |
| | | Yama 1:55PM – 3:29PM | Vishkambha* Until 12:31PM | Muruga: White | <i>Sunset:</i> 6:37PM | Moon 4 - Phase 4 | |
| | | 214932369 Rahu 9:13AM – 10:47AM | Kaulava Until 11:33AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dvadashi* Until 11:09PM | Moon – Clear | | | |
| Until 1:52PM | | | | Vaisaka-Chaitra | | Bhuloka Day | |
| Then Routine Work - Prabararishta Yoga | | | | | | | |

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|----------------------------------|-------------|---|---------------------------------|-------------------------|------------------------|------------------------------------|--|
| 4 Sunday, May 13, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Kottayam, India Sun 12 Sutra 28 | |
| Meena Rasi: 25.42 | Tithi 28 | Gulika 3:29PM – 5:03PM | Revati Until 1:23PM | Ganesha: Blue | <i>Sunrise:</i> 6:05AM | Vilamba 5120 | |
| | | Yama 12:21PM – 1:55PM | Priti Until 10:40AM | Muruga: White | <i>Sunset:</i> 6:37PM | Moon 4 - Phase 4 | |
| | | 214932369 Rahu 5:03PM – 6:37PM | Gara Until 10:35AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Trayodashi* Until 9:48PM | Moon – Clear | | | |
| Until 1:23PM | | Mother's Day | | Vaisaka-Chaitra | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 Monday, May 14, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Kottayam, India Sun 13 Sutra 29 | |
| Mesha Rasi: 9.3 | Tithi 29 | Gulika 1:55PM – 3:29PM | Ashvini Until 12:31PM | Ganesha: Blue | <i>Sunrise:</i> 6:05AM | Vilamba 5120 | |
| Family Home Evening | | Yama 10:47AM – 12:21PM | Ayushman Until 8:15AM | Muruga: White | <i>Sunset:</i> 6:37PM | Moon 4 - Phase 4 | |
| | | 224932369 Rahu 7:39AM – 9:13AM | Visti Until 8:54AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 7:50PM | Moon – White | | | |
| | | | | Vaisaka-Chaitra | | Bhuloka Day | |

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| ● Tuesday, May 15, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Kottayam, India Sun 14 Sutra 30 | |
| Retreat Star | | Gulika 12:21PM – 1:55PM | Bharani Until 10:58AM | Ganesha: Blue | <i>Sunrise:</i> 6:05AM | Vilamba 5120 | |
| Mesha Rasi: 23.41 | Tithi 30 – 1 | Yama 9:13AM – 10:47AM | Sobhana Until 2:07AM Wed | Muruga: White | <i>Sunset:</i> 6:38PM | Moon 4 - Phase 4 | |
| | | 224932369 Rahu 3:29PM – 5:03PM | Catuspada Until 6:39AM | Nataraja: Purple | | Amavasya | |
| Creative Work | Siddha Yoga | | Amavasya* Until 5:21PM | Moon – White | | | |
| | | | | Vaisaka-Vaikasi | | Bhuloka Day | |

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| Wednesday, May 16, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Kottayam, India Sun 15 Sutra 31 | |
| Retreat Star | | Gulika 10:47AM – 12:21PM | Krittika Until 8:52AM | Ganesha: Red | <i>Sunrise:</i> 6:05AM | Vilamba 5120 | |
| Vrishabha Rasi: 8.1 | Tithi 1 – 2 | Yama 7:39AM – 9:13AM | Athiganda* Until 10:38PM | Muruga: White | <i>Sunset:</i> 6:38PM | Moon 4 - Phase 4 | |
| | | 225932369 Rahu 12:21PM – 1:55PM | Balava Until 1:03AM Thu | Nataraja: Purple | | Prathama | |
| Creative Work | Amrita Yoga | | Prathama* Until 2:31PM | Moon – White | | | |
| Until 8:52AM | | | | Jyeshtha Adhika-Vaikasi | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | Devaloka Time: 9:AM to12:PM | |

1

Thursday, May 17, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam

Kottayam, India

Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Sun 16 Sutra 32

Gulika 9:13AM - 10:47AM

Rohini Until 6:50AM

Ganesh: Yellow Sunrise: 6:04AM

Vilamba 5120

Vrishabha Rasi: 22.49 Tithi 2 - 3

Yama 6:04AM - 7:39AM

Sukarma Until 7:04PM

Muruga: White Sunset: 6:38PM

Moon 4 - Phase 5

235932369 Rahu 1:55PM - 3:30PM

Taitila Until 10:00PM

Nataraja: Purple

3rd Phase

Routine Work Marana Yoga

Dvitiya Until 11:31AM

Moon - Yellow

Bhuloka Day

Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

2

Friday, May 18, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam

Kottayam, India

Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau

Sun 17 Sutra 33

Gulika 7:38AM - 9:13AM

Ardra Until 2:16AM Sat

Ganesh: Yellow Sunrise: 6:04AM

Vilamba 5120

Mithuna Rasi: 7.31 Tithi 3 - 4

Yama 3:30PM - 5:04PM

Dhriti Until 3:30PM

Muruga: White Sunset: 6:38PM

Moon 4 - Phase 5

235932369 Rahu 10:47AM - 12:21PM

Vanija Until 6:59PM

Nataraja: Purple

3rd Phase

Creative Work Siddha Yoga

Tritiya Until 8:28AM

Moon - Yellow

Bhuloka Day

Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

3

Saturday, May 19, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam

Kottayam, India

Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau

Sun 18 Sutra 34

Gulika 6:04AM - 7:38AM

Punarvasu Until 12:25AM Sun

Ganesh: White Sunrise: 6:04AM

Vilamba 5120

Mithuna Rasi: 22.11 Tithi 5

Yama 1:56PM - 3:30PM

Shula* Until 12:02PM

Muruga: White Sunset: 6:38PM

Moon 4 - Phase 5

245932369 Rahu 9:13AM - 10:47AM

Bava Until 4:07PM

Nataraja: Purple

3rd Phase

Creative Work Siddha Yoga

Panchami Until 2:45AM Sun

Moon - Blue

Devaloka Day

Jyeshtha Adhika-Vaikasi

4

Sunday, May 20, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam

Kottayam, India

Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashthayam Titau

Sun 19 Sutra 35

Gulika 3:30PM - 5:04PM

Pushya Until 10:43PM

Ganesh: White Sunrise: 6:04AM

Vilamba 5120

Kataka Rasi: 6.41 Tithi 6

Yama 12:21PM - 1:56PM

Ganda* Until 8:46AM

Muruga: White Sunset: 6:39PM

Moon 4 - Phase 5

245932369 Rahu 5:04PM - 6:39PM

Kaulava Until 1:30PM

Nataraja: Purple

3rd Phase

Creative Work Siddha Yoga

Shashthi* Until 12:18AM Mon

Moon - Blue

Devaloka Day

Jyeshtha Adhika-Vaikasi

5

Monday, May 21, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam

Kottayam, India

Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau

Sun 20 Sutra 36

Gulika 1:56PM - 3:30PM

Ashlesha* Until 9:14PM

Ganesh: White Sunrise: 6:04AM

Vilamba 5120

Kataka Rasi: 20.58 Tithi 7

Yama 10:47AM - 12:21PM

Dhruva Until 3:05AM Tue

Muruga: White Sunset: 6:39PM

Moon 4 - Phase 5

Family Home Evening 245932369 Rahu 7:38AM - 9:13AM

Gara Until 11:13AM

Nataraja: Purple

3rd Phase

Creative Work Siddha Yoga

Saptami Until 10:12PM

Moon - Blue

Devaloka Day

Jyeshtha Adhika-Vaikasi

Until 9:14PM
Then Routine Work - Marana Yoga

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Tuesday, May 22, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam

Kottayam, India

Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau

Sun 21 Sutra 37

Gulika 12:21PM - 1:56PM

Magha* Until 8:25PM

Ganesh: Clear Sunrise: 6:04AM

Vilamba 5120

Simha Rasi: 5 Tithi 8

Yama 9:13AM - 10:47AM

Vyaghata* Until 12:43AM Wed

Muruga: White Sunset: 6:39PM

Moon 4 - Phase 5

Creative Work Siddha Yoga 245932369 Rahu 3:30PM - 5:05PM

Visti Until 9:19AM

Nataraja: Purple

Ashtami

Ashtami* Until 8:30PM

Moon - Red

Bhuloka Day

Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

Wednesday, May 23, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam

Kottayam, India

Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau

Sun 22 Sutra 38

Gulika 10:47AM - 12:21PM

Purvaphalguni Until 7:53PM

Ganesh: Clear Sunrise: 6:04AM

Vilamba 5120

Simha Rasi: 18.47 Tithi 9

Yama 7:38AM - 9:13AM

Harshana Until 10:42PM

Muruga: White Sunset: 6:39PM

Moon 4 - Phase 5

Creative Work Amrita Yoga 245932369 Rahu 12:21PM - 1:56PM

Balava Until 7:49AM

Nataraja: Purple

Navami

Navami* Until 7:12PM

Moon - Red

Bhuloka Day

Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvitiyayam Titau

Kottayam, India

Sun 1 Sutra 46

Vilamba 5120

Dhanus Rasi: 1.26 Tithi 17

Gulika 9:13AM - 10:48AM

Mula* Until 5:49AM Fri

Ganesh: White Sunrise: 6:04AM

Yama 6:04AM - 7:38AM

Sadhya Until 5:57PM

Muruga: White Sunset: 6:41PM

Moon 5 - Phase 7

386932369 Rahu 1:57PM - 3:32PM

Tailila Until 10:21AM

Nataraja: Purple

1st Phase

Moon - Light Blue

Bhuloka Day

Creative Work Siddha Yoga

Until 5:49AM Fri

Dvitiya Until 11:23PM

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Uttarashadha Nakshatra Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Kottayam, India

Sun 2 Sutra 47

Vilamba 5120

Dhanus Rasi: 13.25 Tithi 18

Gulika 7:38AM - 9:13AM

Purvashadha* Until 8:47AM Sat

Ganesh: Yellow Sunrise: 6:04AM

Yama 3:32PM - 5:07PM

Subha Until 6:48PM

Muruga: White Sunset: 6:41PM

Moon 5 - Phase 7

387932369 Rahu 10:48AM - 12:23PM

Vanija Until 12:32PM

Nataraja: Purple

1st Phase

Moon - Light Blue

Bhuloka Day

Routine Work Prabalarishta Yoga

Until 8:47AM Sat

Tritiya Until 1:43AM Sat

Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Kottayam, India

Sun 3 Sutra 48

Vilamba 5120

Dhanus Rasi: 25.17 Tithi 19

Gulika 6:04AM - 7:38AM

Purvashadha* Until 8:47AM

Ganesh: Yellow Sunrise: 6:04AM

Yama 1:57PM - 3:32PM

Sukla Until 7:50PM

Muruga: White Sunset: 6:42PM

Moon 5 - Phase 7

387932369 Rahu 9:13AM - 10:48AM

Bava Until 3:00PM

Nataraja: Purple

1st Phase

Moon - Light Blue

Bhuloka Day

Creative Work Siddha Yoga

Until 8:47AM

Chaturthi* Until 4:17AM Sun

Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Tailila Karana Panchamyam Titau

Kottayam, India

Sun 4 Sutra 49

Vilamba 5120

Makara Rasi: 7.05 Tithi 20

Gulika 3:32PM - 5:07PM

Uttarashadha Until 11:45AM

Ganesh: Yellow Sunrise: 6:04AM

Yama 12:23PM - 1:58PM

Brahma Until 8:57PM

Muruga: White Sunset: 6:42PM

Moon 5 - Phase 7

387932369 Rahu 5:07PM - 6:42PM

Kaulava Until 5:36PM

Nataraja: Purple

1st Phase

Moon - Light Blue

Bhuloka Day

Creative Work Amrita Yoga

Panchami Until 6:52AM Mon

Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kottayam, India

Sun 5 Sutra 50

Vilamba 5120

Makara Rasi: 18.52 Tithi 20 - 21

Gulika 1:58PM - 3:33PM

Shravana Until 3:02PM

Ganesh: Blue Sunrise: 6:04AM

Yama 10:48AM - 12:23PM

Indra Until 10:00PM

Muruga: White Sunset: 6:42PM

Moon 5 - Phase 7

Family Home Evening

397932369 Rahu 7:39AM - 9:13AM

Gara Until 8:07PM

Nataraja: Purple

1st Phase

Moon - Purple

Devaloka Day

Creative Work Amrita Yoga

Until 3:02PM

Panchami Until 6:52AM

Jyeshtha Adhika-Vaikasi

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Vanija Karana Shashthi/Saptamyam Titau

Kottayam, India

Sun 6 Sutra 51

Vilamba 5120

Kumbha Rasi: 0.43 Tithi 21 - 22

Gulika 12:23PM - 1:58PM

Dhanishtha Until 5:55PM

Ganesh: Purple Sunrise: 6:04AM

Yama 9:13AM - 10:48AM

Vaidhriti* Until 10:47PM

Muruga: White Sunset: 6:43PM

Moon 5 - Phase 7

397132361 Rahu 3:33PM - 5:08PM

Vanija Until 9:16AM

Nataraja: White

1st Phase

Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Until 5:55PM

Shashthi* Until 9:16AM

Jyeshtha Adhika-Vaikasi

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

6

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kottayam, India

Sun 7 Sutra 52

Vilamba 5120

Kumbha Rasi: 12.43 Tithi 22 - 23

Gulika 10:48AM - 12:23PM

Shatabhishak Until 12:38PM Thu

Ganesh: Purple Sunrise: 6:04AM

Yama 7:39AM - 9:14AM

Vishkambha* Until 11:11PM

Muruga: White Sunset: 6:43PM

Moon 5 - Phase 7

397132361 Rahu 12:23PM - 1:58PM

Balava Until 12:03AM Thu

Nataraja: White

Ashtami

Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Until 12:38PM Thu

Saptami Until 11:15AM

Jyeshtha Adhika-Vaikasi

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

7

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kottayam, India

Sun 8 Sutra 53

Vilamba 5120

Kumbha Rasi: 24.58 Tithi 23 - 24

Gulika 9:14AM - 10:49AM

Shatabhishak Until 12:38PM

Ganesh: Blue Sunrise: 6:04AM

Yama 6:04AM - 7:39AM

Priti Until 10:63PM

Muruga: White Sunset: 6:43PM

Moon 5 - Phase 7

317132361 Rahu 1:58PM - 3:33PM

Tailila Until 1:03AM Fri

Nataraja: White

Navami

Moon - Clear

Devaloka Day

Creative Work Siddha Yoga

Ashtami* Until 12:38PM

Jyeshtha Adhika-Vaikasi

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|-------------------------------|---------------|---|---------------------------------------|--------------------------------|-----------------------------|--------------------|
| 1 Friday, June 8, 2018 | | Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Kottayam, India |
| | | Uttaraproshtpada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau | | | | Sun 9 Sutra 54 |
| Meena Rasi: 7.31 | Tithi 24 – 25 | Gulika 7:39AM – 9:14AM | Uttaraproshtpada Until 11:01PM | Ganesha: Red | <i>Sunrise:</i> 6:04AM | Vilamba 5120 |
| | | Yama 3:34PM – 5:08PM | Ayushman Until 10:15PM | Muruga: White | <i>Sunset:</i> 6:43PM | Moon 5 - Phase 8 |
| | | 318132361 Rahu 10:49AM – 12:24PM | Vanija Until 1:14AM Sat | Nataraja: White | | 2nd Phase |
| Creative Work | Siddha Yoga | | Navami* Until 1:14PM | Moon – Clear | | Bhuloka Day |
| | | | | Jyeshtha Adhika-Vaikasi | Devaloka Time: 6:AM to 9:AM | |

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| 2 Saturday, June 9, 2018 | | Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Kottayam, India |
| | | Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Sun 10 Sutra 55 |
| Meena Rasi: 20.28 | Tithi 25 – 26 | Gulika 6:04AM – 7:39AM | Revati Until 10:59PM | Ganesha: Red | <i>Sunrise:</i> 6:04AM | Vilamba 5120 |
| | | Yama 1:59PM – 3:34PM | Saubhagya Until 8:48PM | Muruga: White | <i>Sunset:</i> 6:44PM | Moon 5 - Phase 8 |
| | | 318132361 Rahu 9:14AM – 10:49AM | Bava Until 12:34AM Sun | Nataraja: White | | 2nd Phase |
| Routine Work | Prabalarishta Yoga | | Dashami Until 12:59PM | Moon – Clear | | Bhuloka Day |
| Until 10:59PM | | | | Jyeshtha Adhika-Vaikasi | Devaloka Time: 6:AM to 9:AM | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 3 Sunday, June 10, 2018 | | Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Kottayam, India |
| | | Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Sun 11 Sutra 56 |
| Mesha Rasi: 3.52 | Tithi 26 – 27 | Gulika 3:34PM – 5:09PM | Ashvini Until 10:28PM | Ganesha: Green | <i>Sunrise:</i> 6:04AM | Vilamba 5120 |
| | | Yama 12:24PM – 1:59PM | Sobhana Until 6:43PM | Muruga: White | <i>Sunset:</i> 6:44PM | Moon 5 - Phase 8 |
| | | 328132361 Rahu 5:09PM – 6:44PM | Kaulava Until 11:06PM | Nataraja: White | | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 11:55AM | Moon – White | | Bhuloka Day |
| Until 10:28PM | | | | Jyeshtha Adhika-Vaikasi | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| 4 Monday, June 11, 2018 | | Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Kottayam, India |
| | | Bharani Nakshatra Alhiganda*/Sukarma Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau | | | | Sun 12 Sutra 57 |
| Mesha Rasi: 17.43 | Tithi 27 – 28 | Gulika 1:59PM – 3:34PM | Bharani Until 9:05PM | Ganesha: Green | <i>Sunrise:</i> 6:04AM | Vilamba 5120 |
| Family Home Evening | | Yama 10:49AM – 12:24PM | Athiganda* Until 4:00PM | Muruga: White | <i>Sunset:</i> 6:44PM | Moon 5 - Phase 8 |
| | | 328132361 Rahu 7:39AM – 9:14AM | Gara Until 8:55PM | Nataraja: White | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dvadashi* Until 10:04AM | Moon – White | | Bhuloka Day |
| Until 9:05PM | | | | Jyeshtha Adhika-Vaikasi | | |
| Then Routine Work - Marana Yoga | | | | | | |

Pradosha Vrata (Fasting)

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| 5 Tuesday, June 12, 2018 | | Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Kottayam, India |
| | | Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Catuspada* Karana Trayodashi/Chaturdashyam Titau | | | | Sun 13 Sutra 58 |
| Vrishabha Rasi: 2.01 | Tithi 28 – 29 | Gulika 12:24PM – 1:59PM | Krittika Until 6:59PM | Ganesha: Green | <i>Sunrise:</i> 6:05AM | Vilamba 5120 |
| | | Yama 9:15AM – 10:50AM | Sukarma Until 6:59PM | Muruga: White | <i>Sunset:</i> 6:44PM | Moon 5 - Phase 8 |
| | | 328132361 Rahu 3:34PM – 5:09PM | Catuspada Until 15:00AM Wed | Nataraja: White | | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 7:35AM | Moon – White | | Bhuloka Day |
| Until 6:59PM | | | | Jyeshtha Adhika-Vaikasi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Wednesday, June 13, 2018 | | Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Kottayam, India |
| | | Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Sun 14 Sutra 59 |
| Vrishabha Rasi: 16.4 | Tithi 30 | Gulika 10:50AM – 12:25PM | Rohini Until 4:45PM | Ganesha: White | <i>Sunrise:</i> 6:05AM | Vilamba 5120 |
| | | Yama 7:40AM – 9:15AM | Dhriti Until 9:13AM | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 5 - Phase 8 |
| | | 338132361 Rahu 12:25PM – 2:00PM | Catuspada Until 3:00PM | Nataraja: White | | Amavasya |
| Creative Work | Siddha Yoga | | Amavasya* Until 1:17AM Thu | Moon – Yellow | | Bhuloka Day |
| | | | | Jyeshtha Adhika-Vaikasi | | |

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| Thursday, June 14, 2018 | | Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam | | | | Kottayam, India |
| | | Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Sun 15 Sutra 60 |
| Mithuna Rasi: 1.35 | Tithi 1 | Gulika 9:15AM – 10:50AM | Mrigashira Until 2:07PM | Ganesha: White | <i>Sunrise:</i> 6:05AM | Vilamba 5120 |
| | | Yama 6:05AM – 7:40AM | Ganda* Until 1:23AM Fri | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 5 - Phase 8 |
| | | 338132361 Rahu 2:00PM – 3:35PM | Kintughna Until 11:33AM | Nataraja: White | | Prathama |
| Routine Work | Marana Yoga | | Prathama* Until 9:46PM | Moon – Yellow | | Bhuloka Day |
| | | | | Jyeshtha-Vaikasi | | |

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|--------------------------------|-------------|--|-----------------------------|------------------------|------------------------|------------------------------------|--|
| 1 Friday, June 15, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Kottayam, India Sun 16 Sutra 61 | |
| Mithuna Rasi: 16.36 | Tithi 2 | Gulika 7:40AM – 9:15AM | Ardra Until 11:16AM | Ganesh: Clear | <i>Sunrise:</i> 6:05AM | Vilamba 5120 | |
| | | Yama 3:35PM – 5:10PM | Vridhhi Until 9:26PM | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 5 - Phase 9 | |
| Creative Work | Siddha Yoga | 339132361 Rahu 10:50AM – 12:25PM | Balava Until 8:01AM | Nataraja: White | | 3rd Phase | |
| | | | Dvitiya Until 6:14PM | Moon – Yellow | | Bhuloka Day | |
| | | | | Jyeshtha •Ani | | Devaloka Time: 9:AM to12:PM | |

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| 2 Saturday, June 16, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | | | Kottayam, India Sun 17 Sutra 62 | |
| Kataka Rasi: 2 | Tithi 3 – 4 | Gulika 6:05AM – 7:40AM | Punarvasu Until 8:46AM | Ganesh: Orange | <i>Sunrise:</i> 6:05AM | Vilamba 5120 | |
| | | Yama 2:00PM – 3:35PM | Dhruva Until 5:35PM | Muruga: White | <i>Sunset:</i> 6:45PM | Moon 5 - Phase 9 | |
| Creative Work | Siddha Yoga | 349132361 Rahu 9:15AM – 10:50AM | Vanija Until 1:14AM Sun | Nataraja: White | | 3rd Phase | |
| | | | Tritiya Until 2:50PM | Moon – Blue | | Bhuloka Day | |
| | | | | Jyeshtha •Ani | | Devaloka Time: 9:AM to12:PM | |

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|--------------------------------|-------------|--|---------------------------------|------------------------|------------------------|------------------------------------|--|
| 3 Sunday, June 17, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau | | | | Kottayam, India Sun 18 Sutra 63 | |
| Kataka Rasi: 16.26 | Tithi 4 – 5 | Gulika 3:36PM – 5:11PM | Pushya Until 6:21AM | Ganesh: Orange | <i>Sunrise:</i> 6:05AM | Vilamba 5120 | |
| | | Yama 12:26PM – 2:01PM | Vyaghata* Until 1:58PM | Muruga: White | <i>Sunset:</i> 6:46PM | Moon 5 - Phase 9 | |
| Creative Work | Siddha Yoga | 349132361 Rahu 5:11PM – 6:46PM | Bava Until 10:16PM | Nataraja: White | | 3rd Phase | |
| | | | Chaturthi* Until 11:41AM | Moon – Blue | | Bhuloka Day | |
| | | Father's Day | | Jyeshtha •Ani | | Devaloka Time: 9:AM to12:PM | |

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|----------------------------------|-------------|--|--------------------------------|------------------------|------------------------|------------------------------------|--|
| 4 Monday, June 18, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | | | Kottayam, India Sun 19 Sutra 64 | |
| Simha Rasi: 1 | Tithi 5 – 6 | Gulika 2:01PM – 3:36PM | Magha* Until 2:44AM Tue | Ganesh: Green | <i>Sunrise:</i> 6:06AM | Vilamba 5120 | |
| Family Home Evening | | Yama 10:51AM – 12:26PM | Harshana Until 10:43AM | Muruga: White | <i>Sunset:</i> 6:46PM | Moon 5 - Phase 9 | |
| Routine Work | Marana Yoga | 359132361 Rahu 7:41AM – 9:16AM | Kaulava Until 7:45PM | Nataraja: White | | 3rd Phase | |
| Until 2:44AM Tue | | | Panchami Until 8:56AM | Moon – Red | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Jyeshtha •Ani | | | |

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|----------------------------------|-------------|--|---------------------------------------|------------------------|------------------------|------------------------------------|--|
| 5 Tuesday, June 19, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taila/Vanija Karana Shashthi/Saptamyam Titau | | | | Kottayam, India Sun 20 Sutra 65 | |
| Simha Rasi: 15.14 | Tithi 6 – 7 | Gulika 12:26PM – 2:01PM | Purvaphalguni Until 1:42AM Wed | Ganesh: Green | <i>Sunrise:</i> 6:06AM | Vilamba 5120 | |
| | | Yama 9:16AM – 10:51AM | Vajra* Until 7:50AM | Muruga: White | <i>Sunset:</i> 6:46PM | Moon 5 - Phase 9 | |
| Creative Work | Siddha Yoga | 359132361 Rahu 3:36PM – 5:11PM | Vanija Until 4:57AM Wed | Nataraja: White | | 3rd Phase | |
| Until 1:42AM Wed | | | Shashthi* Until 6:39AM | Moon – Red | | Devaloka Day | |
| Then Creative Work - Amrita Yoga | | | | Jyeshtha •Ani | | | |

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|---------------------------------|-------------|--|--|------------------------|------------------------|------------------------------------|--|
| Wednesday, June 20, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Kottayam, India Sun 21 Sutra 66 | |
| Retreat Star | | Gulika 10:51AM – 12:26PM | Uttaraphalguni Until 1:06AM Thu | Ganesh: Green | <i>Sunrise:</i> 6:06AM | Vilamba 5120 | |
| Simha Rasi: 29.07 | Tithi 8 | Yama 7:41AM – 9:16AM | Vyatipata* Until 3:31AM Thu | Muruga: White | <i>Sunset:</i> 6:46PM | Moon 5 - Phase 9 | |
| Creative Work | Amrita Yoga | 359132361 Rahu 12:26PM – 2:01PM | Visti Until 4:19PM | Nataraja: White | | Ashtami | |
| Until 1:06AM Thu | | | Ashtami* Until 3:49AM Thu | Moon – Red | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | Chidambaram Abhishekam | | Jyeshtha •Ani | | | |

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|----------------------------------|-------------|---|---------------------------------|------------------------|------------------------|------------------------------------|--|
| Thursday, June 21, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau | | | | Kottayam, India Sun 22 Sutra 67 | |
| Retreat Star | | Gulika 9:16AM – 10:51AM | Hasta Until 1:24AM Fri | Ganesh: Red | <i>Sunrise:</i> 6:06AM | Vilamba 5120 | |
| Kanya Rasi: 12.38 | Tithi 9 | Yama 6:06AM – 7:41AM | Variyan Until 2:03AM Fri | Muruga: White | <i>Sunset:</i> 6:47PM | Moon 5 - Phase 9 | |
| Routine Work | Marana Yoga | 369132361 Rahu 2:01PM – 3:36PM | Balava Until 3:30PM | Nataraja: White | | Navami | |
| Until 1:24AM Fri | | | Navami* Until 3:17AM Fri | Moon – Green | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | Jyeshtha •Ani | | Devaloka Time: 9:AM to12:PM | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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| 1 Friday, June 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau | | | | Kottayam, India Sun 23 Sutra 68 Vilamba 5120 | |
| Kanya Rasi: 25.5 | Tithi 10 | Gulika 7:42AM – 9:17AM | Chitra Until 2:05AM Sat | Ganesh: Green | <i>Sunrise:</i> 6:06AM | Moon 5 - Phase 10 | |
| | | Yama 3:37PM – 5:12PM | Parigha* Until 1:02AM Sat | Muruga: White | <i>Sunset:</i> 6:47PM | 4th Phase | |
| Creative Work | Siddha Yoga | 361132361 Rahu 10:52AM – 12:27PM | Taitila Until 3:15PM | Nataraja: White | | Moon – Green | |
| | | | Dashami Until 3:19AM Sat | Moon – Green | | Bhuloka Day | |
| | | | | Jyeshtha-Ani | | | |

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|----------------------------------|-------------|--|----------------------------------|------------------------|------------------------|--|--|
| 2 Saturday, June 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Kottayam, India Sun 24 Sutra 69 Vilamba 5120 | |
| Tula Rasi: 8.44 | Tithi 11 | Gulika 6:07AM – 7:42AM | Svati Until 3:08AM Sun | Ganesh: Green | <i>Sunrise:</i> 6:07AM | Moon 5 - Phase 10 | |
| | | Yama 2:02PM – 3:37PM | Shiva Until 12:28AM Sun | Muruga: White | <i>Sunset:</i> 6:47PM | 4th Phase | |
| Creative Work | Siddha Yoga | 361132361 Rahu 9:17AM – 10:52AM | Vanija Until 3:33PM | Nataraja: White | | Moon – Green | |
| Until 3:08AM Sun | | | Ekadashi Until 3:51AM Sun | Moon – Green | | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | Jyeshtha-Ani | | | |

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| 3 Sunday, June 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau | | | | Kottayam, India Sun 25 Sutra 70 Vilamba 5120 | |
| Tula Rasi: 21.24 | Tithi 12 | Gulika 3:37PM – 5:12PM | Vishakha Until 4:58AM Mon | Ganesh: Red | <i>Sunrise:</i> 6:07AM | Moon 5 - Phase 10 | |
| | | Yama 12:27PM – 2:02PM | Siddha Until 12:15AM Mon | Muruga: White | <i>Sunset:</i> 6:47PM | 4th Phase | |
| Routine Work | Marana Yoga | 371132361 Rahu 5:12PM – 6:47PM | Bava Until 4:20PM | Nataraja: White | | Moon – Orange | |
| Until 4:58AM Mon | | | Dvadashi Until 4:53AM Mon | Moon – Orange | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | Jyeshtha-Ani | | Devaloka Time: 6:AM to 9:AM | |

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| 4 Monday, June 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Kottayam, India Sun 26 Sutra 71 Vilamba 5120 | |
| Vrischika Rasi: 3.51 | Tithi 13 | Gulika 2:02PM – 3:37PM | Anuradha Until 7:03AM Tue | Ganesh: Red | <i>Sunrise:</i> 6:07AM | Moon 5 - Phase 10 | |
| Family Home Evening | | Yama 10:52AM – 12:27PM | Sadhya Until 12:22AM Tue | Muruga: Clear | <i>Sunset:</i> 6:47PM | 4th Phase | |
| Creative Work | Siddha Yoga | 371142361 Rahu 7:42AM – 9:17AM | Kaulava Until 18:74AM Tue | Nataraja: White | | Moon – Orange | |
| Until 7:03AM Tue | | | Trayodashi Until 12:15AM Mon | Moon – Orange | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Jyeshtha-Ani | | <i>Pradosha Vrata</i> | |

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|---------------------------------|---------------|--|--------------------------------|------------------------|------------------------|--|--|
| 5 Tuesday, June 26, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Kottayam, India Sun 27 Sutra 72 Vilamba 5120 | |
| Vrischika Rasi: 16.07 | Tithi 13 – 14 | Gulika 12:27PM – 2:02PM | Anuradha Until 7:03AM | Ganesh: Red | <i>Sunrise:</i> 6:07AM | Moon 5 - Phase 10 | |
| | | Yama 9:17AM – 10:52AM | Subha Until 12:50AM Wed | Muruga: Clear | <i>Sunset:</i> 6:48PM | 4th Phase | |
| Creative Work | Siddha Yoga | 371142361 Rahu 3:37PM – 5:13PM | Gara Until 7:14PM | Nataraja: White | | Moon – Orange | |
| Until 7:03AM | | | Trayodashi Until 6:20AM | Moon – Orange | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Jyeshtha-Ani | | | |

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|---------------------------------|---------------|--|----------------------------------|------------------------|------------------------|---|--|
| Wednesday, June 27, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Kottayam, India Sutra 73 Vilamba 5120 | |
| Vrischika Rasi: 28.14 | Tithi 14 – 15 | Gulika 10:53AM – 12:28PM | Jyeshtha* Until 9:21AM | Ganesh: Red | <i>Sunrise:</i> 6:08AM | Moon 5 - Phase 10 | |
| | | Yama 7:43AM – 9:18AM | Sukla Until 1:31AM Thu | Muruga: Clear | <i>Sunset:</i> 6:48PM | Purnima | |
| Creative Work | Siddha Yoga | 371142361 Rahu 12:28PM – 2:03PM | Visti Until 9:15PM | Nataraja: White | | Moon – Orange | |
| Until 9:21AM | | | Chaturdashi* Until 8:10AM | Moon – Orange | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Jyeshtha-Ani | | | |

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|--------------------------------|---------------|--|-------------------------------|------------------------|------------------------|---|--|
| Thursday, June 28, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Kottayam, India Sutra 74 Vilamba 5120 | |
| Dhanus Rasi: 10.12 | Tithi 15 – 16 | Gulika 9:18AM – 10:53AM | Mula* Until 12:18PM | Ganesh: Blue | <i>Sunrise:</i> 6:08AM | Moon 5 - Phase 10 | |
| | | Yama 6:08AM – 7:43AM | Brahma Until 2:27AM Fri | Muruga: Clear | <i>Sunset:</i> 6:48PM | Prathama | |
| Creative Work | Siddha Yoga | 381142361 Rahu 2:03PM – 3:38PM | Balava Until 11:33PM | Nataraja: White | | Moon – Light Blue | |
| | | | Purnima* Until 10:21AM | Moon – Light Blue | | Bhuloka Day | |
| | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Kottayam, India

Sutra 75

Vilamba 5120

Dhanus Rasi: 22.04 Tihi 16 – 17

Gulika 7:43AM – 9:18AM

Purvashadha* Until 3:19PM

Ganesh: Blue

Sunrise: 6:08AM

Moon 6 - Phase 11

Yama 3:38PM – 5:13PM

Indra Until 3:19PM

Muruga: Clear

Sunset: 6:48PM

1st Phase

381142361 Rahu 10:53AM – 12:28PM

Gara Until 14:81AM Sat

Nataraja: White

Moon – Light Blue

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 3:19PM

Then Routine Work - Marana Yoga

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kottayam, India

Sun 1 Sutra 76

Vilamba 5120

Makara Rasi: 3.52 Tihi 17 – 18

Gulika 6:08AM – 7:43AM

Uttarashadha Until 6:17PM

Ganesh: Blue

Sunrise: 6:08AM

Moon 6 - Phase 11

Yama 2:03PM – 3:38PM

Vaidhriti* Until 4:39AM Sun

Muruga: Clear

Sunset: 6:48PM

1st Phase

381242361 Rahu 9:18AM – 10:53AM

Vanija Until 4:40AM Sun

Nataraja: White

Moon – Light Blue

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 6:17PM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kottayam, India

Sun 2 Sutra 77

Vilamba 5120

Makara Rasi: 15.39 Tihi 18 – 19

Gulika 3:38PM – 5:13PM

Shravana Until 9:36PM

Ganesh: Red

Sunrise: 6:09AM

Moon 6 - Phase 11

Yama 12:28PM – 2:03PM

Vishkambha* Until 5:44AM Mon

Muruga: Clear

Sunset: 6:48PM

1st Phase

391242361 Rahu 5:13PM – 6:48PM

Bava Until 7:13AM Mon

Nataraja: White

Moon – Purple

Devaloka Day

Creative Work Amrita Yoga

Until 9:36PM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

Kottayam, India

Sun 3 Sutra 78

Vilamba 5120

Makara Rasi: 27.28 Tihi 19

Gulika 2:04PM – 3:39PM

Dhanishtha Until 12:35AM Tue

Ganesh: Red

Sunrise: 6:09AM

Moon 6 - Phase 11

Yama 10:54AM – 12:29PM

Priti Until 6:40AM Tue

Muruga: Clear

Sunset: 6:48PM

1st Phase

Family Home Evening

391242361 Rahu 7:44AM – 9:19AM

Bava Until 7:13AM

Nataraja: White

Moon – Purple

Devaloka Day

Creative Work Siddha Yoga

Until 12:35AM Tue

Then Routine Work - Marana Yoga

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India

Sun 4 Sutra 79

Vilamba 5120

Kumbha Rasi: 9.21 Tihi 20

Gulika 12:29PM – 2:04PM

Shatabhishak Until 3:04AM Wed

Ganesh: Yellow

Sunrise: 6:09AM

Moon 6 - Phase 11

Yama 9:19AM – 10:54AM

Priti Until 6:40AM

Muruga: Clear

Sunset: 6:49PM

1st Phase

392242361 Rahu 3:39PM – 5:14PM

Kaulava Until 9:31AM

Nataraja: White

Moon – Purple

Devaloka Day

Routine Work Marana Yoga

Until 3:04AM Wed

Then Creative Work - Amrita Yoga

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Kottayam, India

Sun 5 Sutra 80

Vilamba 5120

Kumbha Rasi: 21.23 Tihi 21

Gulika 10:54AM – 12:29PM

Purvaproshtapada* Until 5:23AM Thu

Ganesh: Orange

Sunrise: 6:09AM

Moon 6 - Phase 11

Yama 7:44AM – 9:19AM

Ayushman Until 7:16AM

Muruga: Clear

Sunset: 6:49PM

1st Phase

312242361 Rahu 12:29PM – 2:04PM

Gara Until 11:25AM

Nataraja: White

Moon – Clear

Devaloka Day

Creative Work Amrita Yoga

Until 5:23AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Kottayam, India

Sun 6 Sutra 81

Vilamba 5120

Meena Rasi: 3.38 Tihi 22

Gulika 9:19AM – 10:54AM

Uttaraproshtapada Until 6:53AM Fri

Ganesh: Orange

Sunrise: 6:10AM

Moon 6 - Phase 11

Yama 6:10AM – 7:44AM

Saubhagya Until 7:28AM

Muruga: Clear

Sunset: 6:49PM

1st Phase

312242361 Rahu 2:04PM – 3:39PM

Visti Until 12:45PM

Nataraja: White

Moon – Clear

Devaloka Day

Creative Work Siddha Yoga

Saptami Until 1:08AM Fri

Jyeshtha-Ani

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India

Sun 7 Sutra 82

Vilamba 5120

Meena Rasi: 16.11 Tihi 23

Gulika 7:45AM – 9:20AM

Uttaraproshtapada Until 6:53AM

Ganesh: Orange

Sunrise: 6:10AM

Moon 6 - Phase 11

Yama 3:39PM – 5:14PM

Sobhana Until 7:09AM

Muruga: Clear

Sunset: 6:49PM

Ashtami

312242361 Rahu 10:54AM – 12:29PM

Balava Until 1:23PM

Nataraja: White

Moon – Clear

Devaloka Day

Creative Work Siddha Yoga

Ashtami* Until 1:24AM Sat

Jyeshtha-Ani

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Kottayam, India

Sun 8 Sutra 83

Vilamba 5120

Meena Rasi: 29.05 Tihi 24

Gulika 6:10AM – 7:45AM

Revati Until 7:29AM

Ganesh: Green

Sunrise: 6:10AM

Moon 6 - Phase 11

Yama 2:04PM – 3:39PM

Athiganda* Until 6:13AM

Muruga: Clear

Sunset: 6:49PM

Navami

412242361 Rahu 9:20AM – 10:55AM

Taitila Until 1:14PM

Nataraja: White

Moon – Clear

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 7:29AM

Then Creative Work - Siddha Yoga

Navami* Until 12:51AM Sun

Jyeshtha-Ani

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 Sunday, July 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | Kottayam, India | |
| Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visi* Karana Dashamyam Titau | | Sun 9 | | Sutra 84 | | |
| Mesha Rasi: 12.25 | Tithi 25 | Gulika 3:39PM – 5:14PM | Ashvini Until 7:37AM | Ganesh: Orange | <i>Sunrise:</i> 6:10AM | |
| | | Yama 12:30PM – 2:05PM | Dhriti Until 2:28AM Mon | Muruga: Clear | <i>Sunset:</i> 6:49PM | |
| | 422242361 | Rahu 5:14PM – 6:49PM | Vanija Until 12:18PM | Nataraja: White | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | | Dashami Until 11:31PM | Moon – White | 2nd Phase | |
| Until 7:37AM | | | | Jyeshtha•Ani | Devaloka Day | |
| Then Routine Work - Prabararishta Yoga | | | | | | |

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| 2 Monday, July 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam | | | Kottayam, India | |
| Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau | | Sun 10 | | Sutra 85 | | |
| Mesha Rasi: 26.11 | Tithi 26 | Gulika 2:05PM – 3:39PM | Bharani Until 6:48AM | Ganesh: Orange | <i>Sunrise:</i> 6:11AM | |
| Family Home Evening | | Yama 10:55AM – 12:30PM | Shula* Until 11:40PM | Muruga: Clear | <i>Sunset:</i> 6:49PM | |
| | 422242361 | Rahu 7:45AM – 9:20AM | Bava Until 10:35AM | Nataraja: White | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | | Ekadashi* Until 9:27PM | Moon – White | 2nd Phase | |
| Until 6:48AM | | | | Jyeshtha•Ani | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 3 Tuesday, July 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam | | | Kottayam, India | |
| Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Sun 11 | | Sutra 86 | | |
| Vrishabha Rasi: 10.24 | Tithi 27 | Gulika 12:30PM – 2:05PM | Rohini Until 3:14AM Wed | Ganesh: Light Blue | <i>Sunrise:</i> 6:11AM | |
| | | Yama 9:20AM – 10:55AM | Ganda* Until 8:22PM | Muruga: Clear | <i>Sunset:</i> 6:49PM | |
| | 422242361 | Rahu 3:40PM – 5:14PM | Kaulava Until 8:11AM | Nataraja: White | Moon 6 - Phase 12 | |
| Creative Work | Amrita Yoga | | Dvadashi* Until 6:45PM | Moon – Yellow | 2nd Phase | |
| Until 3:14AM Wed | | | | Jyeshtha•Ani | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | | Devaloka Time: 12:PM to 3:PM | |

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| 4 Wednesday, July 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam | | | Kottayam, India | |
| Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Sun 12 | | Sutra 87 | | |
| Vrishabha Rasi: 25.02 | Tithi 28 – 29 | Gulika 10:55AM – 12:30PM | Mrigashira Until 12:42AM Thu | Ganesh: Light Blue | <i>Sunrise:</i> 6:11AM | |
| | | Yama 7:46AM – 9:21AM | Vriddhi Until 4:41PM | Muruga: Clear | <i>Sunset:</i> 6:49PM | |
| | 422242361 | Rahu 12:30PM – 2:05PM | Visti Until 1:52AM Thu | Nataraja: White | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 3:34PM | Moon – Yellow | 2nd Phase | |
| Until 12:42AM Thu | | | | Jyeshtha•Ani | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | | Devaloka Time: 12:PM to 3:PM | |
| | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| Thursday, July 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam | | | Kottayam, India | |
| Retreat Star | | Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 13 | | |
| Mithuna Rasi: 9.58 | Tithi 29 – 30 | Gulika 9:21AM – 10:56AM | Ardra Until 9:47PM | Ganesh: Light Blue | <i>Sunrise:</i> 6:11AM | |
| | | Yama 6:11AM – 7:46AM | Dhruva Until 12:42PM | Muruga: Clear | <i>Sunset:</i> 6:49PM | |
| | 422242361 | Rahu 2:05PM – 3:40PM | Catuspada Until 10:13PM | Nataraja: White | Moon 6 - Phase 12 | |
| Routine Work | Marana Yoga | | Chaturdashi* Until 12:03PM | Moon – Yellow | Amavasya | |
| Until 9:47PM | | | | Jyeshtha•Ani | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | | Devaloka Time: 12:PM to 3:PM | |

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| Friday, July 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | | Kottayam, India | |
| Retreat Star | | Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 14 | | |
| Mithuna Rasi: 25.06 | Tithi 30 – 1 | Gulika 7:46AM – 9:21AM | Punarvasu Until 7:00PM | Ganesh: Purple | <i>Sunrise:</i> 6:12AM | |
| | | Yama 3:40PM – 5:15PM | Vyaghata* Until 8:34AM | Muruga: Clear | <i>Sunset:</i> 6:49PM | |
| | 422242361 | Rahu 10:56AM – 12:30PM | Kintughna Until 6:28PM | Nataraja: White | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | | Amavasya* Until 8:20AM | Moon – Blue | Prathama | |
| Until 7:00PM | | Partial Solar Eclipse | | Ashada•Ani | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | | Devaloka Time: 12:PM to 3:PM | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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| 1 | Saturday, July 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Kottayam, India Sun 15 Sutra 90 | |
| | Kataka Rasi: 10.16 | Tithi 2 | Gulika 6:12AM – 7:46AM Yama 2:05PM – 3:40PM 442242361 Rahu 9:21AM – 10:56AM | Pushya Until 4:08PM Vajra* Until 12:21AM Sun Balava Until 2:46PM Dvitiya Until 12:58AM Sun | Ganesh: Purple Muruga: Clear Nataraja: White Moon – Blue Ashada*Ani | <i>Sunrise:</i> 6:12AM <i>Sunset:</i> 6:49PM | Vilamba 5120 Moon 6 - Phase 13 3rd Phase | Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| Creative Work Siddha Yoga Until 4:08PM Then Routine Work - Marana Yoga | | | | | | | | |

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| 2 | Sunday, July 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Kottayam, India Sun 16 Sutra 91 | |
| | Kataka Rasi: 25.2 | Tithi 3 | Gulika 3:40PM – 5:15PM Yama 12:31PM – 2:05PM 442242361 Rahu 5:15PM – 6:49PM | Ashlesha* Until 1:21PM Siddhi Until 8:32PM Taitila Until 11:16AM Tritiya Until 9:37PM | Ganesh: Purple Muruga: Clear Nataraja: White Moon – Blue Ashada*Ani | <i>Sunrise:</i> 6:12AM <i>Sunset:</i> 6:49PM | Vilamba 5120 Moon 6 - Phase 13 3rd Phase | Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| Creative Work Siddha Yoga Until 1:21PM Then Routine Work - Marana Yoga | | | | | | | | |

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| 3 | Monday, July 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Misti* Karana Chaturthyam Titau | | | | Kottayam, India Sun 17 Sutra 92 | |
| | Simha Rasi: 10.09 | Tithi 4 | Gulika 2:05PM – 3:40PM Yama 10:56AM – 12:31PM 453242361 Rahu 7:47AM – 9:21AM | Magha* Until 11:13AM Vyatipata* Until 5:04PM Vanija Until 8:07AM Chaturthi* Until 6:42PM | Ganesh: Purple Muruga: Clear Nataraja: White Moon – Red Ashada*Adi | <i>Sunrise:</i> 6:12AM <i>Sunset:</i> 6:49PM | Vilamba 5120 Moon 6 - Phase 13 3rd Phase | Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| Family Home Evening Routine Work Marana Yoga Until 11:13AM Then Creative Work - Siddha Yoga | | | | | | | | |

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| 4 | Tuesday, July 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | | | Kottayam, India Sun 18 Sutra 93 | |
| | Simha Rasi: 24.37 | Tithi 5 – 6 | Gulika 12:31PM – 2:05PM Yama 9:22AM – 10:56AM 453242362 Rahu 3:40PM – 5:15PM | Purvaphalguni Until 9:26AM Variyan Until 2:01PM Kaulava Until 3:23AM Wed Panchami Until 4:19PM | Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red Ashada*Adi | <i>Sunrise:</i> 6:12AM <i>Sunset:</i> 6:49PM | Vilamba 5120 Moon 6 - Phase 13 3rd Phase | Devaloka Day |
| Creative Work Siddha Yoga Until 9:26AM Then Creative Work - Amrita Yoga | | | | | | | | |

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| 5 | Wednesday, July 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila Karana Shashthi/Saptamyam Titau | | | | Kottayam, India Sun 19 Sutra 94 | |
| | Kanya Rasi: 8.4 | Tithi 6 – 7 | Gulika 10:56AM – 12:31PM Yama 7:47AM – 9:22AM 453242362 Rahu 12:31PM – 2:05PM | Uttaraphalguni Until 8:09AM Parigha* Until 11:31AM Taitila Until 2:36PM Shashthi* Until 2:36PM | Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red Ashada*Adi | <i>Sunrise:</i> 6:13AM <i>Sunset:</i> 6:49PM | Vilamba 5120 Moon 6 - Phase 13 3rd Phase | Devaloka Day |
| Creative Work Amrita Yoga Until 8:09AM Then Routine Work - Marana Yoga | | | | | | | | |

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|--|--------------------------------|-------------|---|---|---|---|--|---------------------|
| Retreat Star | Thursday, July 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Kottayam, India Sun 20 Sutra 95 | |
| | Kanya Rasi: 22.17 | Tithi 7 – 8 | Gulika 9:22AM – 10:56AM Yama 6:13AM – 7:47AM 463242362 Rahu 2:05PM – 3:40PM | Hasta Until 7:50AM Shiva Until 9:36AM Visti Until 1:22AM Fri Saptami Until 1:35PM | Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Green Ashada*Adi | <i>Sunrise:</i> 6:13AM <i>Sunset:</i> 6:49PM | Vilamba 5120 Moon 6 - Phase 13 Ashtami | Sivaloka Day |
| Routine Work Marana Yoga Until 7:50AM Then Creative Work - Siddha Yoga | | | | | | | | |

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|---------------------------|------------------------------|-------------|--|---|---|---|---|---------------------|
| Retreat Star | Friday, July 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Kottayam, India Sun 21 Sutra 96 | |
| | Tula Rasi: 5.31 | Tithi 8 – 9 | Gulika 7:48AM – 9:22AM Yama 3:40PM – 5:14PM 463242362 Rahu 10:57AM – 12:31PM | Chitra Until 8:07AM Siddha Until 8:15AM Balava Until 1:27AM Sat Ashtami* Until 1:18PM | Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Green Ashada*Adi | <i>Sunrise:</i> 6:13AM <i>Sunset:</i> 6:49PM | Vilamba 5120 Moon 6 - Phase 13 Navami | Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | | |

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|------------------|--------------|--------------------------------|------------------|---|------------------------|------------------------|--|------------------------------------|---------------------|
| 1 | | Saturday, July 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Kottayam, India Sun 22 Sutra 97 | |
| Tula Rasi: 18.22 | Tithi 9 - 10 | Gulika | 6:13AM - 7:48AM | Svati Until 8:56AM | Ganesha: Clear | <i>Sunrise:</i> 6:13AM | | Vilamba 5120 | |
| | | Yama | 2:06PM - 3:40PM | Sadhya Until 7:28AM | Muruga: Clear | <i>Sunset:</i> 6:49PM | | Moon 6 - Phase 14 | |
| Creative Work | Siddha Yoga | 463242362 Rahu | 9:22AM - 10:57AM | Taitila Until 2:12AM Sun | Nataraja: Clear | | | 4th Phase | |
| | | | | Navami* Until 1:43PM | Moon - Green | | | | Sivaloka Day |
| | | | | | Ashada*Adi | | | | |


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|----------------------|---------------|------------------------------|------------------|---|------------------------|------------------------|--|------------------------------------|---------------------|
| 2 | | Sunday, July 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Kottayam, India Sun 23 Sutra 98 | |
| Vrischika Rasi: 0.54 | Tithi 10 - 11 | Gulika | 3:40PM - 5:14PM | Vishakha Until 10:42AM | Ganesha: White | <i>Sunrise:</i> 6:14AM | | Vilamba 5120 | |
| | | Yama | 12:31PM - 2:06PM | Subha Until 7:14AM | Muruga: Clear | <i>Sunset:</i> 6:49PM | | Moon 6 - Phase 14 | |
| Routine Work | Marana Yoga | 473242362 Rahu | 5:14PM - 6:49PM | Vanija Until 3:32AM Mon | Nataraja: Clear | | | 4th Phase | |
| | | | | Dashami Until 2:47PM | Moon - Orange | | | | Devaloka Day |
| | | | | | Ashada*Adi | | | | |


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|----------------------------|---------------|------------------------------|-------------------|--|------------------------|------------------------|--|------------------------------------|---------------------|
| 3 | | Monday, July 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti* Karana Ekadashi/Dvadashyam Titau | | | | Kottayam, India Sun 24 Sutra 99 | |
| Vrischika Rasi: 13.11 | Tithi 11 - 12 | Gulika | 2:06PM - 3:40PM | Anuradha Until 12:50PM | Ganesha: White | <i>Sunrise:</i> 6:14AM | | Vilamba 5120 | |
| Family Home Evening | | Yama | 10:57AM - 12:31PM | Sukla Until 7:24AM | Muruga: Clear | <i>Sunset:</i> 6:49PM | | Moon 6 - Phase 14 | |
| Creative Work | Siddha Yoga | 473242362 Rahu | 7:48AM - 9:22AM | Visti Until 4:22PM | Nataraja: Clear | | | 4th Phase | |
| | | | | Ekadashi Until 4:22PM | Moon - Orange | | | | Devaloka Day |
| | | | | | Ashada*Adi | | | | |

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| 4 | | Tuesday, July 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Dvadashyam Titau | | | | Kottayam, India Sun 25 Sutra 100 | |
| Vrischika Rasi: 25.17 | Tithi 12 | Gulika | 12:31PM - 2:06PM | Jyeshtha* Until 3:15PM | Ganesha: White | <i>Sunrise:</i> 6:14AM | | Vilamba 5120 | |
| | | Yama | 9:23AM - 10:57AM | Brahma Until 3:15PM | Muruga: Clear | <i>Sunset:</i> 6:48PM | | Moon 6 - Phase 14 | |
| Routine Work | Marana Yoga | 473242362 Rahu | 3:40PM - 5:14PM | Taitila Until 20:44AM Wed | Nataraja: Clear | | | 4th Phase | |
| Until 3:15PM | | | | Dvadashi Until 6:24PM | Moon - Orange | | | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | | Ashada*Adi | | | | |

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| 5 | | Wednesday, July 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Kottayam, India Sun 26 Sutra 101 | |
| Dhanus Rasi: 7.14 | Tithi 13 | Gulika | 10:57AM - 12:31PM | Mula* Until 6:18PM | Ganesha: Red | <i>Sunrise:</i> 6:14AM | | Vilamba 5120 | |
| | | Yama | 7:48AM - 9:23AM | Indra Until 8:46AM | Muruga: Clear | <i>Sunset:</i> 6:48PM | | Moon 6 - Phase 14 | |
| Routine Work | Marana Yoga | 483342362 Rahu | 12:31PM - 2:05PM | Kaulava Until 10:00AM Thu | Nataraja: Clear | | | 4th Phase | |
| Until 6:18PM | | | | Trayodashi Until 8:46AM Wed | Moon - Light Blue | | | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | | Ashada*Adi | | | | |
| | | | | | <i>Pradosha Vrata</i> | | | | |

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| 6 | | Thursday, July 26, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Kottayam, India Sun 27 Sutra 102 | |
| Dhanus Rasi: 19.05 | Tithi 14 | Gulika | 9:23AM - 10:57AM | Purvashadha* Until 9:23PM | Ganesha: Red | <i>Sunrise:</i> 6:14AM | | Vilamba 5120 | |
| | | Yama | 6:14AM - 7:48AM | Vaidhriti* Until 9:45AM | Muruga: Clear | <i>Sunset:</i> 6:48PM | | Moon 6 - Phase 14 | |
| Creative Work | Siddha Yoga | 483342362 Rahu | 2:05PM - 3:40PM | Gara Until 10:00AM | Nataraja: Clear | | | 4th Phase | |
| Until 9:23PM | | | | Chaturdashi* Until 11:16PM | Moon - Light Blue | | | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | | Ashada*Adi | | | | |

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|  | | Friday, July 27, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau | | | | Kottayam, India Sun 28 Sutra 103 | |
| Makara Rasi: 0.53 | Tithi 15 | Gulika | 7:49AM - 9:23AM | Uttarashadha Until 12:22AM Sat | Ganesha: Red | <i>Sunrise:</i> 6:14AM | | Vilamba 5120 | |
| | | Yama | 3:40PM - 5:14PM | Vishkambha* Until 10:51AM | Muruga: Clear | <i>Sunset:</i> 6:48PM | | Moon 6 - Phase 14 | |
| Routine Work | Marana Yoga | 483342362 Rahu | 10:57AM - 12:31PM | Visti Until 12:35PM | Nataraja: Clear | | | Purnima | |
| Until 12:22AM Sat | | | | Purnima* Until 1:51AM Sat | Moon - Light Blue | | | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Ashada*Adi | | | | |
| | | | | | Total Lunar Eclipse | | | | |
| | | | | | Satguru Purnima | | | | |

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|---|-------------|--------------------------------|------------------|--|------------------------|------------------------|--|-------------------------------------|---------------------|
|  | | Saturday, July 28, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Kottayam, India Sun 29 Sutra 104 | |
| Makara Rasi: 12.41 | Tithi 16 | Gulika | 6:15AM - 7:49AM | Shravana Until 3:38AM Sun | Ganesha: Blue | <i>Sunrise:</i> 6:15AM | | Vilamba 5120 | |
| | | Yama | 2:05PM - 3:39PM | Priti Until 11:59AM | Muruga: Clear | <i>Sunset:</i> 6:48PM | | Moon 6 - Phase 14 | |
| Creative Work | Siddha Yoga | 493342362 Rahu | 9:23AM - 10:57AM | Balava Until 3:09PM | Nataraja: Clear | | | Prathama | |
| Until 3:38AM Sun | | | | Prathama* Until 4:23AM Sun | Moon - Purple | | | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | | Ashada*Adi | | | | |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Kottayam, India

Makara Rasi: 24.29 Tihti 17

Gulika 3:39PM – 5:13PM
Yama 12:31PM – 2:05PM
Rahu 5:13PM – 6:48PM

Dhanishtha Until 6:44AM Mon
Ayushman Until 12:59PM
Taitila Until 5:36PM
Dvitiya Until 6:44AM Mon

Ganesha: Blue *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Routine Work Marana Yoga
Until 6:44AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Kottayam, India

Kumbha Rasi: 6.23 Tihti 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Gulika 2:05PM – 3:39PM
Yama 10:57AM – 12:31PM
Rahu 7:49AM – 9:23AM

Dhanishtha Until 8:47AM Tue
Saubhagya Until 1:50PM
Vanija Until 7:49PM
Dvitiya Until 6:44AM

Ganesha: Blue *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 6:47PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 1 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Siddha Yoga

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritya/Chaturthiyam Titau

Kottayam, India

Kumbha Rasi: 18.23 Tihti 18 – 19
Routine Work Marana Yoga

Gulika 12:31PM – 2:05PM
Yama 9:23AM – 10:57AM
Rahu 3:39PM – 5:13PM

Dhanishtha Until 8:47AM
Sobhana Until 2:28PM
Bava Until 9:41PM
Tritiya Until 8:47AM

Ganesha: Blue *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 6:47PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 2 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Siddha Yoga

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttarprosthapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kottayam, India

Meena Rasi: 0.32 Tihti 19 – 20
Creative Work Amrita Yoga
Until 11:27AM
Then Creative Work - Siddha Yoga

Gulika 10:57AM – 12:31PM
Yama 7:49AM – 9:23AM
Rahu 12:31PM – 2:05PM

Purvaprossthapada* Until 11:27AM
Athiganda* Until 2:44PM
Kaulava Until 11:06PM
Chaturthi* Until 10:26AM

Ganesha: White *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 6:47PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 3 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Siddha Yoga

Devaloka Day

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarprosthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Kottayam, India

Meena Rasi: 12.53 Tihti 20 – 21
Creative Work Siddha Yoga

Gulika 9:23AM – 10:57AM
Yama 6:15AM – 7:49AM
Rahu 2:05PM – 3:39PM

Uttarprosthapada Until 1:13PM
Sukarma Until 2:37PM
Gara Until 11:59PM
Panchami Until 11:36AM

Ganesha: White *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 6:47PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 4 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Siddha Yoga

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kottayam, India

Meena Rasi: 25.29 Tihti 21 – 22
Creative Work Siddha Yoga
Until 2:16PM
Then Creative Work - Amrita Yoga

Gulika 7:49AM – 9:23AM
Yama 3:39PM – 5:13PM
Rahu 10:57AM – 12:31PM

Revati Until 2:16PM
Dhriti Until 2:04PM
Visti Until 12:15AM Sat
Shashthi* Until 12:11PM

Ganesha: White *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 6:46PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 5 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Amrita Yoga

Devaloka Day

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kottayam, India

Mesha Rasi: 8.24 Tihti 22 – 23
Creative Work Siddha Yoga

Gulika 6:16AM – 7:49AM
Yama 2:05PM – 3:38PM
Rahu 9:23AM – 10:57AM

Ashvini Until 11:23AM Sun
Shula* Until 12:58PM
Balava Until 11:51PM
Saptami Until 2:04PM

Ganesha: Clear *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 6:46PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 6 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Then Creative Work - Siddha Yoga

Sivaloka Day

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kottayam, India

Mesha Rasi: 21.39 Tihti 23 – 24
Routine Work Prabalarishta Yoga
Until 11:23AM
Then Creative Work - Siddha Yoga

Gulika 3:38PM – 5:12PM
Yama 12:31PM – 2:04PM
Rahu 5:12PM – 6:46PM

Ashvini Until 11:23AM
Ganda* Until 8:71AM Mon
Taitila Until 10:46PM
Ashtami* Until 11:23AM

Ganesha: Clear *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 6:46PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 7 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Then Creative Work - Siddha Yoga

Sivaloka Day


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|----------------------------------|---------------|--|-------------------|----------------------------------|------------------------|------------------------|---------------------|
| Monday, August 6, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Kottayam, India | |
| 1 | | Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Sun 8 | Sutra 113 |
| Vrishabha Rasi: 5.17 | Tithi 24 – 25 | Gulika | 2:04PM – 3:38PM | Krittika Until 7:54AM Tue | Ganesh: Clear | <i>Sunrise:</i> 6:16AM | Vilamba 5120 |
| Family Home Evening | 424342362 | Yama | 10:57AM – 12:31PM | Vriddhi Until 9:11AM | Muruga: Clear | <i>Sunset:</i> 6:46PM | Moon 7 - Phase 16 |
| Routine Work | Marana Yoga | Rahu | 7:49AM – 9:23AM | Vanija Until 9:01PM | Nataraja: Clear | | 2nd Phase |
| Until 7:54AM Tue | | | | Navami* Until 9:58AM | Moon – White | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | | Ashada*Adi | | |

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| Tuesday, August 7, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Kottayam, India | |
| 2 | | Krittika/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Sun 9 | Sutra 114 |
| Vrishabha Rasi: 19.19 | Tithi 25 – 26 | Gulika | 12:31PM – 2:04PM | Krittika Until 7:54AM | Ganesh: Purple | <i>Sunrise:</i> 6:16AM | Vilamba 5120 |
| | | Yama | 9:23AM – 10:57AM | Dhruva Until 2:77AM Wed | Muruga: Clear | <i>Sunset:</i> 6:45PM | Moon 7 - Phase 16 |
| | | 434342362 | Rahu | 3:38PM – 5:12PM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Amrita Yoga | | | Bava Until 6:40PM | Moon – Yellow | | Devaloka Day |
| Until 7:54AM | | | | Dashami Until 7:54AM | Ashada*Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Wednesday, August 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Kottayam, India | |
| 3 | | Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau | | | | Sun 10 | Sutra 115 |
| Mithuna Rasi: 3.45 | Tithi 27 | Gulika | 10:57AM – 12:30PM | Mrigashira Until 10:46AM | Ganesh: Purple | <i>Sunrise:</i> 6:16AM | Vilamba 5120 |
| | | Yama | 7:50AM – 9:23AM | Harshana Until 10:46AM | Muruga: Clear | <i>Sunset:</i> 6:45PM | Moon 7 - Phase 16 |
| | | 434342362 | Rahu | 12:30PM – 2:04PM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Kaulava Until 3:47PM | Moon – Yellow | | Devaloka Day |
| | | | | Dvodashi* Until 2:10AM Thu | Ashada*Adi | | |
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| Thursday, August 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Kottayam, India | |
| 4 | | Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 11 | Sutra 116 |
| Mithuna Rasi: 18.31 | Tithi 28 | Gulika | 9:23AM – 10:57AM | Ardra Until 7:07PM Fri | Ganesh: Purple | <i>Sunrise:</i> 6:16AM | Vilamba 5120 |
| | | Yama | 6:16AM – 7:50AM | Vajra* Until 7:51PM | Muruga: Clear | <i>Sunset:</i> 6:45PM | Moon 7 - Phase 16 |
| | | 434342362 | Rahu | 2:04PM – 3:37PM | Nataraja: Clear | | 2nd Phase |
| Routine Work | Marana Yoga | | | Gara Until 12:30PM | Moon – Yellow | | Devaloka Day |
| Until 7:07PM Fri | | | | Trayodashi* Until 10:44PM | Ashada*Adi | | |
| Then Creative Work - Amrita Yoga | | | | | | | |
| | | | | | <i>Pradosha Vrata (Fasting)</i> | | |

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|--------------------------------|-------------|---|-----------------|----------------------------------|---------------------------|------------------------|---------------------|
| Friday, August 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Kottayam, India | |
| 5 | | Ardra/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Sun 12 | Sutra 117 |
| Kataka Rasi: 3.31 | Tithi 29 | Gulika | 7:50AM – 9:23AM | Ardra Until 7:07PM | Ganesh: Light Blue | <i>Sunrise:</i> 6:16AM | Vilamba 5120 |
| | | Yama | 3:37PM – 5:11PM | Siddhi Until 11:42AM Sat | Muruga: Clear | <i>Sunset:</i> 6:44PM | Moon 7 - Phase 16 |
| | | 444342362 | Rahu | 10:57AM – 12:30PM | Nataraja: Clear | | 2nd Phase |
| Routine Work | Marana Yoga | | | Visti Until 8:58AM | Moon – Blue | | Devaloka Day |
| | | | | Chaturdashi* Until 7:07PM | Ashada*Adi | | |
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| Saturday, August 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Kottayam, India | |
|  | Retreat Star | Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Sun 13 | Sutra 118 |
| Kataka Rasi: 18.38 | Tithi 30 – 1 | Gulika | 6:16AM – 7:50AM | Ashlesha* Until 11:55PM | Ganesh: Light Blue | <i>Sunrise:</i> 6:16AM | Vilamba 5120 |
| | | Yama | 2:03PM – 3:37PM | Vyatipata* Until 11:42AM | Muruga: Clear | <i>Sunset:</i> 6:44PM | Moon 7 - Phase 16 |
| | | 444342362 | Rahu | 9:23AM – 10:56AM | Nataraja: Clear | | Amavasya |
| Routine Work | Marana Yoga | | | Kintughna Until 1:40AM Sun | Moon – Blue | | Devaloka Day |
| Until 11:55PM | | | | Amavasya* Until 3:27PM | Ashada*Adi | | |
| Then Creative Work - Amrita Yoga | | | | | | | |
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| Sunday, August 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Kottayam, India | |
| Retreat Star | | Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Sun 14 | Sutra 119 |
| Simha Rasi: 3.43 | Tithi 1 – 2 | Gulika | 3:37PM – 5:10PM | Magha* Until 9:26PM | Ganesh: Clear | <i>Sunrise:</i> 6:16AM | Vilamba 5120 |
| | | Yama | 12:30PM – 2:03PM | Variyan Until 7:40AM | Muruga: Clear | <i>Sunset:</i> 6:43PM | Moon 7 - Phase 16 |
| | | 455342362 | Rahu | 5:10PM – 6:43PM | Nataraja: Clear | | Prathama |
| Routine Work | Marana Yoga | | | Balava Until 9:74PM | Moon – Red | | Sivaloka Day |
| Until 9:26PM | | | | Prathama* Until 11:42AM | Sravana*Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
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Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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|----------|--------------------------------|-------------|--|-----------------------------------|------------------------|---------------------|---|
| 1 | Monday, August 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau | | | | Kottayam, India Sun 15 Sutra 120 Vilamba 5120 |
| | Simha Rasi: 18.37 | Tithi 2 - 3 | Gulika 2:03PM - 3:36PM | Purvaphalguni Until 7:08PM | Ganesha: Clear | Sunrise: 6:16AM | |
| | Family Home Evening | 455342362 | Yama 10:56AM - 12:30PM | Shiva Until 12:19AM Tue | Muruga: Clear | Sunset: 6:43PM | Moon 7 - Phase 17 |
| | Creative Work | Siddha Yoga | Rahu 7:50AM - 9:23AM | Taitila Until 7:09PM | Nataraja: Clear | | 3rd Phase |
| | | | Dvitiya Until 8:37AM | Moon - Red | | Sivaloka Day | |
| | | | | Sravana-Adi | | | |

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|----------------------|----------------------------------|--------------------------------|---|--|-----------------------|---------------------|---|
| 2 | Tuesday, August 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau | | | | Kottayam, India Sun 16 Sutra 121 Vilamba 5120 |
| | Kanya Rasi: 3.13 | Tithi 4 | Gulika 12:29PM - 2:03PM | Uttaraphalguni Until 1:52AM Thu Wed | Ganesha: Clear | Sunrise: 6:16AM | |
| | Creative Work | Amrita Yoga | Yama 9:23AM - 10:56AM | Siddha Until 9:14PM | Muruga: Clear | Sunset: 6:43PM | Moon 7 - Phase 17 |
| | 455342362 | Rahu 3:36PM - 5:09PM | Vanija Until 4:33PM | Nataraja: Clear | | | 3rd Phase |
| Until 1:52AM Thu Wed | Then Creative Work - Siddha Yoga | | Chaturthi* Until 3:28AM Wed | Moon - Red | | Sivaloka Day | |
| | | | | Sravana-Adi | | | |

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|------------------|-----------------------------------|---------------------------------|--|--|------------------------|---------------------------|---|
| 3 | Wednesday, August 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau | | | | Kottayam, India Sun 17 Sutra 122 Vilamba 5120 |
| | Kanya Rasi: 17.25 | Tithi 5 | Gulika 10:56AM - 12:29PM | Uttaraphalguni Until 1:52AM Thu | Ganesha: Purple | Sunrise: 6:16AM | |
| | Routine Work | Marana Yoga | Yama 7:50AM - 9:23AM | Sadhya Until 6:42PM | Muruga: Clear | Sunset: 6:42PM | Moon 7 - Phase 17 |
| | 455342362 | Rahu 12:29PM - 2:02PM | Bava Until 2:35PM | Nataraja: Clear | | | 3rd Phase |
| Until 1:52AM Thu | Then Creative Work - Siddha Yoga | Nag Panchami | Panchami Until 1:52AM Thu | Moon - Green | | Subha Sivaloka Day | |
| | | | | Sravana-Adi | | | |

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| 4 | Thursday, August 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Kottayam, India Sun 18 Sutra 123 Vilamba 5120 |
| | Tula Rasi: 1.11 | Tithi 6 | Gulika 9:23AM - 10:56AM | Chitra Until 3:47PM | Ganesha: Purple | Sunrise: 6:16AM | |
| | Creative Work | Siddha Yoga | Yama 6:16AM - 7:50AM | Subha Until 4:47PM | Muruga: Clear | Sunset: 6:42PM | Moon 7 - Phase 17 |
| | 455342362 | Rahu 2:02PM - 3:35PM | Kaulava Until 1:22PM | Nataraja: Clear | | | 3rd Phase |
| Until 3:47PM | Then Creative Work - Amrita Yoga | | Shashthi* Until 1:02AM Fri | Moon - Green | | Subha Sivaloka Day | |
| | | | | Sravana-Adi | | | |

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| 5 | Friday, August 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau | | | | Kottayam, India Sun 19 Sutra 124 Vilamba 5120 |
| | Tula Rasi: 14.29 | Tithi 7 | Gulika 7:49AM - 9:23AM | Svati Until 1:47AM Sun Sat | Ganesha: Purple | Sunrise: 6:16AM | |
| | Creative Work | Siddha Yoga | Yama 3:35PM - 5:08PM | Sukla Until 3:30PM | Muruga: Clear | Sunset: 6:41PM | Moon 7 - Phase 17 |
| | 455342362 | Rahu 10:56AM - 12:29PM | Gara Until 12:56PM | Nataraja: Clear | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 1:01AM Sat | Moon - Green | | Subha Sivaloka Day | |
| | | | | Sravana-Avani | | | |

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| 6 | Saturday, August 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Kottayam, India Sun 20 Sutra 125 Vilamba 5120 |
| | Retreat Star | | Gulika 6:16AM - 7:49AM | Svati Until 1:47AM Sun | Ganesha: Purple | Sunrise: 6:16AM | |
| | Tula Rasi: 27.22 | Tithi 8 | Yama 2:02PM - 3:35PM | Brahma Until 14:48AM Sun | Muruga: Clear | Sunset: 6:41PM | Moon 7 - Phase 17 |
| | 575342362 | Rahu 9:23AM - 10:56AM | Visti Until 1:20PM | Nataraja: Clear | | | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 1:47AM Sun | Moon - Orange | | Subha Sivaloka Day | |
| Until 1:47AM Sun | Then Routine Work - Marana Yoga | | | Sravana-Avani | | | |

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| 7 | Sunday, August 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau | | | | Kottayam, India Sun 21 Sutra 126 Vilamba 5120 |
| | Retreat Star | | Gulika 3:34PM - 5:07PM | Anuradha Until 7:12PM | Ganesha: Clear | Sunrise: 6:16AM | |
| | Vrischika Rasi: 9.54 | Tithi 9 | Yama 12:28PM - 2:01PM | Indra Until 2:48PM | Muruga: Clear | Sunset: 6:40PM | Moon 7 - Phase 17 |
| | 575442362 | Rahu 5:07PM - 6:40PM | Balava Until 15:74AM Mon | Nataraja: Clear | | | Navami |
| Routine Work | Marana Yoga | | Navami* Until 14:48AM Sun | Moon - Orange | | Sivaloka Day | |
| | | | | Sravana-Avani | | | |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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| Monday, August 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau | | | | Kottayam, India Sun 22 Sutra 127 Vilamba 5120 |
| 1 | | Gulika 2:01PM – 3:34PM | Jyeshtha* Until 9:30PM | Ganesh: Clear | <i>Sunrise:</i> 6:16AM | |
| Vrischika Rasi: 22.08 | Tithi 10 | Yama 10:55AM – 12:28PM | Vaidhriti* Until 3:12PM | Muruga: Clear | <i>Sunset:</i> 6:40PM | Moon 7 - Phase 18 |
| Family Home Evening | 575442362 | Rahu 7:49AM – 9:22AM | Tailila Until 4:14PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 5:17AM Tue | Moon – Orange | | Sivaloka Day |
| | | | | Sravana-Avani | | |

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|---------------------------------|-------------|--|----------------------------------|------------------------|------------------------|---|
| Tuesday, August 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau | | | | Kottayam, India Sun 23 Sutra 128 Vilamba 5120 |
| 2 | | Gulika 12:28PM – 2:01PM | Mula* Until 12:32AM Wed | Ganesh: Clear | <i>Sunrise:</i> 6:16AM | |
| Dhanus Rasi: 4.08 | Tithi 11 | Yama 9:22AM – 10:55AM | Vishkambha* Until 12:32AM Wed | Muruga: Clear | <i>Sunset:</i> 6:39PM | Moon 7 - Phase 18 |
| Family Home Evening | 586442362 | Rahu 3:34PM – 5:07PM | Vanija Until 6:28PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | Ekadashi Until 7:41AM Wed | Moon – Light Blue | | Sivaloka Day |
| | | | | Sravana-Avani | | |

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| Wednesday, August 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Kottayam, India Sun 24 Sutra 129 Vilamba 5120 |
| 3 | | Gulika 10:55AM – 12:28PM | Purvashadha* Until 3:38AM Thu | Ganesh: Clear | <i>Sunrise:</i> 6:16AM | |
| Dhanus Rasi: 16.01 | Tithi 11 – 12 | Yama 7:49AM – 9:22AM | Priti Until 5:01PM | Muruga: Clear | <i>Sunset:</i> 6:39PM | Moon 7 - Phase 18 |
| Family Home Evening | 586442362 | Rahu 12:28PM – 2:01PM | Bava Until 8:59PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | Ekadashi Until 7:41AM | Moon – Light Blue | | Sivaloka Day |
| Until 3:38AM Thu | | | | Sravana-Avani | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|---------------|--|--------------------------------------|------------------------|------------------------|---|
| Thursday, August 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Kottayam, India Sun 25 Sutra 130 Vilamba 5120 |
| 4 | | Gulika 9:22AM – 10:55AM | Uttarashadha Until 6:37AM Fri | Ganesh: Clear | <i>Sunrise:</i> 6:16AM | |
| Dhanus Rasi: 27.49 | Tithi 12 – 13 | Yama 6:16AM – 7:49AM | Ayushman Until 6:05PM | Muruga: Clear | <i>Sunset:</i> 6:39PM | Moon 7 - Phase 18 |
| Family Home Evening | 586442362 | Rahu 2:00PM – 3:33PM | Kaulava Until 11:36PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Dvadashi Until 10:16AM | Moon – Light Blue | | Sivaloka Day |
| | | | | Sravana-Avani | | |
| | | | | <i>Pradosha Vrata</i> | | |

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|--------------------------------|---------------|--|----------------------------------|------------------------|------------------------|---|
| Friday, August 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Kottayam, India Sun 26 Sutra 131 Vilamba 5120 |
| 5 | | Gulika 7:49AM – 9:22AM | Uttarashadha Until 6:37AM | Ganesh: Clear | <i>Sunrise:</i> 6:16AM | |
| Makara Rasi: 10 | Tithi 13 – 14 | Yama 3:33PM – 5:05PM | Saubhagya Until 7:09PM | Muruga: Clear | <i>Sunset:</i> 6:38PM | Moon 7 - Phase 18 |
| Family Home Evening | 586442362 | Rahu 10:54AM – 12:27PM | Gara Until 2:08AM Sat | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Until 12:52PM | Moon – Light Blue | | Sivaloka Day |
| | | Chidambaram Abhishekam | | Sravana-Avani | | |

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| Saturday, August 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Kottayam, India Sun 27 Sutra 132 Vilamba 5120 |
| 6 | | Gulika 6:16AM – 7:49AM | Shravana Until 9:49AM | Ganesh: White | <i>Sunrise:</i> 6:16AM | |
| Makara Rasi: 21.26 | Tithi 14 – 15 | Yama 2:00PM – 3:32PM | Sobhana Until 8:06PM | Muruga: Clear | <i>Sunset:</i> 6:38PM | Moon 7 - Phase 18 |
| Family Home Evening | 596442362 | Rahu 9:22AM – 10:54AM | Visti Until 4:28AM Sun | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 3:19PM | Moon – Purple | | Subha Sivaloka Day |
| | | Avani Avittam | | Sravana-Avani | | |

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|----------------------------------|---------------|--|---------------------------------|------------------------|------------------------|--|
| Sunday, August 26, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava Karana Purnima/Prathamayam Titau | | | | Kottayam, India Sutra 133 Vilamba 5120 |
| ○ | | Gulika 3:32PM – 5:04PM | Dhanishtha Until 12:37PM | Ganesh: White | <i>Sunrise:</i> 6:16AM | |
| Copper Retreat Star | | Yama 12:27PM – 1:59PM | Athiganda* Until 8:47PM | Muruga: Clear | <i>Sunset:</i> 6:37PM | Moon 7 - Phase 18 |
| Kumbha Rasi: 3.21 | Tithi 15 – 16 | Rahu 5:04PM – 6:37PM | Bava Until 5:29PM | Nataraja: Clear | | Purnima |
| Routine Work | Marana Yoga | | Purnima* Until 5:29PM | Moon – Purple | | Subha Sivaloka Day |
| Until 12:37PM | | Raksha Bandhan | | Sravana-Avani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|---------------------------------|-------------|--|----------------------------------|------------------------|------------------------|--|
| Monday, August 27, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashadhapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Kottayam, India Sutra 134 Vilamba 5120 |
| ○ | | Gulika 1:59PM – 3:31PM | Shatabhishak Until 2:55PM | Ganesh: White | <i>Sunrise:</i> 6:16AM | |
| Silver Retreat Star | | Yama 10:54AM – 12:26PM | Sukarma Until 9:13PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | Moon 7 - Phase 18 |
| Kumbha Rasi: 15.23 | Tithi 16 | Rahu 7:49AM – 9:21AM | Balava Until 6:28AM | Nataraja: Clear | | Prathama |
| Family Home Evening | 596442362 | | Prathama* Until 7:18PM | Moon – Purple | | Subha Sivaloka Day |
| Creative Work | Siddha Yoga | | | Sravana-Avani | | |
| Until 2:55PM | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Hajur Veda

All times are standard time

www.gurudev.org/panchang



Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Kottayam, India

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 27.35 Tiithi 17

517442363

Gulika 12:26PM – 1:59PM
Yama 9:21AM – 10:54AM
Rahu 3:31PM – 5:03PM

Purvaproshtapada* Until 5:09PM
Dhriti Until 9:20PM
Tailila Until 8:05AM
Dvitiya Until 8:42PM

Ganesha: Clear *Sunrise: 6:16AM*
Muruga: Clear *Sunset: 6:36PM*
Nataraja: Purple
Moon – Clear

Sravana-Avani

Devaloka Day

Routine Work Marana Yoga

Until 5:09PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Vanija Karana Tritiyayam Titau

Kottayam, India

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 9.58 Tiithi 18

517452363

Gulika 10:53AM – 12:26PM
Yama 7:49AM – 9:21AM
Rahu 12:26PM – 1:58PM

Uttaraproshtapada Until 6:48PM
Shula* Until 9:04PM
Vanija Until 9:16AM
Tritiya Until 9:40PM

Ganesha: Clear *Sunrise: 6:16AM*
Muruga: Purple *Sunset: 6:35PM*
Nataraja: Purple
Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:48PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Kottayam, India

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 22.33 Tiithi 19

517452363

Gulika 9:21AM – 10:53AM
Yama 6:16AM – 7:48AM
Rahu 1:58PM – 3:30PM

Revati Until 7:51PM
Ganda* Until 8:28PM
Bava Until 10:00AM
Chaturthi* Until 10:11PM

Ganesha: Clear *Sunrise: 6:16AM*
Muruga: Purple *Sunset: 6:35PM*
Nataraja: Purple
Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:51PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Kottayam, India

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 5.2 Tiithi 20

527452363

Gulika 7:48AM – 9:21AM
Yama 3:30PM – 5:02PM
Rahu 10:53AM – 12:25PM

Ashvini Until 8:46PM
Vriddhi Until 7:31PM
Kaulava Until 10:17AM
Panchami Until 10:13PM

Ganesha: Purple *Sunrise: 6:16AM*
Muruga: Purple *Sunset: 6:34PM*
Nataraja: Purple
Moon – White

Sravana-Avani

Bhuloka Day

Creative Work Amrita Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Kottayam, India

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 18.22 Tiithi 21

527452363

Gulika 6:16AM – 7:48AM
Yama 1:57PM – 3:29PM
Rahu 9:20AM – 10:53AM

Bharani Until 8:02PM
Dhruva Until 6:10PM
Gara Until 10:05AM
Shashthi* Until 9:47PM

Ganesha: Purple *Sunrise: 6:16AM*
Muruga: Purple *Sunset: 6:34PM*
Nataraja: Purple
Moon – White

Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 9:02PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Kottayam, India

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrisabha Rasi: 1.39 Tiithi 22

527452363

Gulika 3:29PM – 5:01PM
Yama 12:25PM – 1:57PM
Rahu 5:01PM – 6:33PM

Krittika Until 8:41PM
Vyaghata* Until 4:25PM
Visti Until 9:23AM
Saptami Until 8:50PM

Ganesha: Purple *Sunrise: 6:16AM*
Muruga: Purple *Sunset: 6:33PM*
Nataraja: Purple
Moon – White

Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Gara Karana Ashtamyam Titau

Kottayam, India

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrisabha Rasi: 15.13 Tiithi 23

537452363

Gulika 1:56PM – 3:28PM
Yama 10:52AM – 12:24PM
Rahu 7:48AM – 9:20AM

Rohini Until 8:06PM
Harshana Until 8:06PM
Balava Until 8:11AM
Ashtami* Until 7:23PM

Ganesha: Clear *Sunrise: 6:16AM*
Muruga: Purple *Sunset: 6:33PM*
Nataraja: Purple
Moon – Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Tailila/Vanija Karana Navami/Dashamyam Titau

Kottayam, India

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrisabha Rasi: 29.04 Tiithi 24 – 25

538452363

Gulika 12:24PM – 1:56PM
Yama 9:20AM – 10:52AM
Rahu 3:28PM – 5:00PM

Mrigashira Until 6:54PM
Vajra* Until 11:42AM
Tailila Until 6:30AM
Navami* Until 5:27PM

Ganesha: White *Sunrise: 6:16AM*
Muruga: Purple *Sunset: 6:32PM*
Nataraja: Purple
Moon – Yellow

Sravana-Avani

Devaloka Day

Creative Work Siddha Yoga

Until 6:54PM

Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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|---|-------------------------------------|---------------|---|---|--|------------------------|--|
| 1 | Wednesday, September 5, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Kottayam, India Sun 9 Sutra 143 Vilamba 5120 |
| | Mithuna Rasi: 13.14 | Tithi 25 – 26 | Gulika 10:52AM – 12:24PM | Ardra Until 5:07PM | Ganesha: White | <i>Sunrise:</i> 6:16AM | |
| | | | Yama 7:48AM – 9:20AM | Siddhi Until 8:46AM | Muruga: Purple | <i>Sunset:</i> 6:31PM | Moon 8 - Phase 20 |
| | Creative Work | Siddha Yoga | 548452363 Rahu 12:24PM – 1:56PM | Bava Until 1:43AM Thu Dashami Until 3:03PM | Nataraja: Purple Moon – Yellow | | 2nd Phase |
| | | | | | | | Devaloka Day |

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|---|------------------------------------|---------------|---|---|--|------------------------|---|
| 2 | Thursday, September 6, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau | | | | Kottayam, India Sun 10 Sutra 144 Vilamba 5120 |
| | Mithuna Rasi: 27.42 | Tithi 26 – 27 | Gulika 9:19AM – 10:51AM | Punarvasu Until 3:13PM | Ganesha: Yellow | <i>Sunrise:</i> 6:16AM | |
| | | | Yama 6:16AM – 7:47AM | Variyan Until 3:13PM | Muruga: Purple | <i>Sunset:</i> 6:31PM | Moon 8 - Phase 20 |
| | Creative Work | Amrita Yoga | 548452363 Rahu 1:55PM – 3:27PM | Taitila Until 8:72AM Fri Ekadashi* Until 12:16PM | Nataraja: Purple Moon – Blue | | 2nd Phase |
| | | | | | | | Bhuloka Day Devaloka Time: 9:AM to12:PM |

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|---|----------------------------------|---------------|---|---|--|------------------------|---|
| 3 | Friday, September 7, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Kottayam, India Sun 11 Sutra 145 Vilamba 5120 |
| | Kataka Rasi: 12.23 | Tithi 27 – 28 | Gulika 7:47AM – 9:19AM | Pushya Until 12:54PM | Ganesha: Yellow | <i>Sunrise:</i> 6:15AM | |
| | | | Yama 3:27PM – 4:58PM | Parigha* Until 10:13PM | Muruga: Purple | <i>Sunset:</i> 6:30PM | Moon 8 - Phase 20 |
| | Routine Work | Marana Yoga | 548452363 Rahu 10:51AM – 12:23PM | Gara Until 7:37PM Dvadashi* Until 9:12AM | Nataraja: Purple Moon – Blue | | 2nd Phase |
| | | | | | | | Bhuloka Day Devaloka Time: 9:AM to12:PM |

Pradosha Vrata (Fasting)

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|---|------------------------------------|-------------|--|---|--|------------------------|---|
| 4 | Saturday, September 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Kottayam, India Sun 12 Sutra 146 Vilamba 5120 |
| | Kataka Rasi: 27.14 | Tithi 29 | Gulika 6:15AM – 7:47AM | Ashlesha* Until 10:19AM | Ganesha: Yellow | <i>Sunrise:</i> 6:15AM | |
| | | | Yama 1:54PM – 3:26PM | Shiva Until 10:19AM | Muruga: Purple | <i>Sunset:</i> 6:30PM | Moon 8 - Phase 20 |
| | Routine Work | Marana Yoga | 548452363 Rahu 9:19AM – 10:51AM | Visti Until 4:20PM Chaturdashi* Until 2:41AM Sun | Nataraja: Purple Moon – Blue | | 2nd Phase |
| | | | | | | | Bhuloka Day Devaloka Time: 9:AM to12:PM |

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|---|----------------------------------|-------------|--|---|---------------------------------------|------------------------|---|
| ● | Sunday, September 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Kottayam, India Sun 13 Sutra 147 Vilamba 5120 |
| | Retreat Star | | Gulika 3:26PM – 4:57PM | Magha* Until 7:58AM | Ganesha: Red | <i>Sunrise:</i> 6:15AM | |
| | Simha Rasi: 12.06 | Tithi 30 | Yama 12:22PM – 1:54PM | Siddha Until 2:39PM | Muruga: Purple | <i>Sunset:</i> 6:29PM | Moon 8 - Phase 20 |
| | Routine Work | Marana Yoga | 548452363 Rahu 4:57PM – 6:29PM | Catuspada Until 1:05PM Amavasya* Until 11:30PM | Nataraja: Purple Moon – Red | | Amavasya |
| | | | | | | | Bhuloka Day Devaloka Time: 9:AM to12:PM |

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| ● | Monday, September 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Kottayam, India Sun 14 Sutra 148 Vilamba 5120 |
| | Retreat Star | | Gulika 1:53PM – 3:25PM | Uttaraphalguni Until 6:04PM Tue | Ganesha: Blue | <i>Sunrise:</i> 6:15AM | |
| | Simha Rasi: 26.53 | Tithi 1 | Yama 10:50AM – 12:22PM | Sadhya Until 11:02AM | Muruga: Purple | <i>Sunset:</i> 6:28PM | Moon 8 - Phase 20 |
| | Family Home Evening | | 559452363 Rahu 7:47AM – 9:19AM | Kintughna Until 10:01AM Prathama* Until 8:34PM | Nataraja: Purple Moon – Red | | Prathama |
| | | | | | | | Bhuloka Day Bhadrapada-Avani |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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| 1 | Tuesday, September 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Kottayam, India Sun 15 Sutra 149 Vilamba 5120 | |
| | Kanya Rasi: 11.25 | Tithi 2 | Gulika 12:21PM – 1:53PM | Uttaraphalguni Until 6:04PM | Ganesha: Blue <i>Sunrise:</i> 6:15AM | Muruga: Purple <i>Sunset:</i> 6:28PM | Moon 8 - Phase 21 3rd Phase | |
| | Creative Work | Siddha Yoga | Yama 9:18AM – 10:50AM | Subha Until 4:47AM Wed | Nataraja: Purple | Bhuloka Day | | |
| | | | 569452363 Rahu 3:25PM – 4:56PM | Balava Until 4:61AM Wed | Moon – Green | Bhadrapada-Avani | | |
| | | | Dvitiya Until 11:02AM | | | | | |

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| 2 | Wednesday, September 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | Kottayam, India Sun 16 Sutra 150 Vilamba 5120 | |
| | Kanya Rasi: 25.38 | Tithi 3 – 4 | Gulika 10:50AM – 12:21PM | Hasta Until 4:07PM | Ganesha: Blue <i>Sunrise:</i> 6:15AM | Muruga: Purple <i>Sunset:</i> 6:27PM | Moon 8 - Phase 21 3rd Phase | |
| | Creative Work | Siddha Yoga | Yama 7:47AM – 9:18AM | Brahma Until 2:23AM Thu | Nataraja: Purple | Bhuloka Day | | |
| | | | 569452363 Rahu 12:21PM – 1:53PM | Vanija Until 3:24AM Thu | Moon – Green | Bhadrapada-Avani | | |
| | | | Tritiya Until 4:07PM | | | | | |

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| 3 | Thursday, September 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Kottayam, India Sun 17 Sutra 151 Vilamba 5120 | |
| | Tula Rasi: 9.27 | Tithi 4 – 5 | Gulika 9:18AM – 10:49AM | Chitra Until 2:51PM | Ganesha: Blue <i>Sunrise:</i> 6:15AM | Muruga: Purple <i>Sunset:</i> 6:27PM | Moon 8 - Phase 21 3rd Phase | |
| | Creative Work | Amrita Yoga | Yama 6:15AM – 7:46AM | Indra Until 22:83AM Fri | Nataraja: Purple | Bhuloka Day | | |
| | Until 2:51PM | | 569452363 Rahu 1:52PM – 3:24PM | Bava Until 2:32AM Fri | Moon – Green | Bhadrapada-Avani | | |
| Then Creative Work - Siddha Yoga | | | Chaturthi* Until 2:51PM | | | | | |

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| 4 | Friday, September 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Kottayam, India Sun 18 Sutra 152 Vilamba 5120 | |
| | Tula Rasi: 22.49 | Tithi 5 – 6 | Gulika 7:46AM – 9:18AM | Vishakha Until 1:26AM Sat | Ganesha: White <i>Sunrise:</i> 6:15AM | Muruga: Purple <i>Sunset:</i> 6:26PM | Moon 8 - Phase 21 3rd Phase | |
| | Creative Work | Siddha Yoga | Yama 3:23PM – 4:55PM | Vaidhriti* Until 11:23PM | Nataraja: Purple | Devaloka Day | | |
| | | | 579552363 Rahu 10:49AM – 12:20PM | Kaulava Until 2:29AM Sat | Moon – Orange | Bhadrapada-Avani | | |
| | | | Panchami Until 2:23PM | | | | | |

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|---------------------------------|-------------------------------------|-------------|---|----------------------------------|--|---|---|--|
| 5 | Saturday, September 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taila/Gara Karana Shashthi/Saptamyam Titau | | | | Kottayam, India Sun 19 Sutra 153 Vilamba 5120 | |
| | Vrischika Rasi: 5.45 | Tithi 6 – 7 | Gulika 6:15AM – 7:46AM | Anuradha Until 2:48AM Sun | Ganesha: White <i>Sunrise:</i> 6:15AM | Muruga: Purple <i>Sunset:</i> 6:25PM | Moon 8 - Phase 21 3rd Phase | |
| | Creative Work | Siddha Yoga | Yama 1:51PM – 3:23PM | Vishkambha* Until 10:52PM | Nataraja: Purple | Devaloka Day | | |
| | Until 2:48AM Sun | | 579552363 Rahu 9:17AM – 10:49AM | Gara Until 3:16AM Sun | Moon – Orange | Bhadrapada-Avani | | |
| Then Routine Work - Marana Yoga | | | Shashthi* Until 2:45PM | | | | | |

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| 6 | Sunday, September 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Kottayam, India Sun 20 Sutra 154 Vilamba 5120 | |
| | Vrischika Rasi: 18.19 | Tithi 7 – 8 | Gulika 3:22PM – 4:54PM | Jyeshtha* Until 4:44AM Mon | Ganesha: White <i>Sunrise:</i> 6:15AM | Muruga: Purple <i>Sunset:</i> 6:25PM | Moon 8 - Phase 21 3rd Phase | |
| | Routine Work | Marana Yoga | Yama 12:20PM – 1:51PM | Priti Until 4:44AM Mon | Nataraja: Purple | Devaloka Day | | |
| | Until 4:44AM Mon | | 579552363 Rahu 4:54PM – 6:25PM | Visti Until 4:47AM Mon | Moon – Orange | Bhadrapada-Avani | | |
| Then Creative Work - Siddha Yoga | | | Saptami Until 3:55PM | | | | | |

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|---------------------------|-----------------------------------|-------------|---|-------------------------------|--|---|---|--|
| D | Monday, September 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Kottayam, India Sun 21 Sutra 155 Vilamba 5120 | |
| | Retreat Star | | Gulika 1:51PM – 3:22PM | Mula* Until 8:06PM Tue | Ganesha: Clear <i>Sunrise:</i> 6:15AM | Muruga: Purple <i>Sunset:</i> 6:24PM | Moon 8 - Phase 21 Ashtami | |
| | Dhanu Rasi: 0.32 | Tithi 8 – 9 | Yama 10:48AM – 12:19PM | Ayushman Until 11:29PM | Nataraja: Purple | Bhuloka Day | | |
| | Family Home Evening | | 589552363 Rahu 7:46AM – 9:17AM | Balava Until 6:54AM Tue | Moon – Light Blue | Bhadrapada-Puratasi | | |
| Creative Work Siddha Yoga | | | Ashtami* Until 5:46PM | | Devaloka Time: 9:AM to 12:PM | | | |

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| D | Tuesday, September 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau | | | | Kottayam, India Sun 22 Sutra 156 Vilamba 5120 | |
| | Retreat Star | | Gulika 12:19PM – 1:50PM | Mula* Until 8:06PM | Ganesha: Clear <i>Sunrise:</i> 6:14AM | Muruga: Purple <i>Sunset:</i> 6:24PM | Moon 8 - Phase 21 Navami | |
| | Dhanu Rasi: 12.32 | Tithi 9 | Yama 9:17AM – 10:48AM | Saubhagya Until 11:82PM | Nataraja: Purple | Bhuloka Day | | |
| | Creative Work | Amrita Yoga | 581552363 Rahu 3:21PM – 4:52PM | Balava Until 6:54AM | Moon – Light Blue | Bhadrapada-Puratasi | | |
| Until 8:06PM | | | Navami* Until 8:06PM | | Devaloka Time: 9:AM to 12:PM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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|----------|--------------------------------------|-------------|--|---|---------------------------------------|------------------------|---|
| 1 | Wednesday, September 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau | | | | Kottayam, India Sun 23 Sutra 157 Vilamba 5120 |
| | Dhanus Rasi: 24.23 | Tithi 10 | Gulika 10:48AM – 12:19PM | Purvashadha* Until 10:36AM | Ganesh: Clear | <i>Sunrise:</i> 6:14AM | |
| | | | Yama 7:45AM – 9:16AM | Sobhana Until 1:26AM Thu | Muruga: Purple | <i>Sunset:</i> 6:23PM | Moon 8 - Phase 22 |
| | Creative Work | Amrita Yoga | 581552363 Rahu 12:19PM – 1:50PM | Tailila Until 9:24AM Dashami Until 10:42PM | Nataraja: Purple Moon – Light Blue | | 4th Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM |

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|----------|-------------------------------------|-------------|---|---|---------------------------------------|------------------------|---|
| 2 | Thursday, September 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Kottayam, India Sun 24 Sutra 158 Vilamba 5120 |
| | Makara Rasi: 6.11 | Tithi 11 | Gulika 9:16AM – 10:47AM | Uttarashadha Until 1:34PM | Ganesh: Clear | <i>Sunrise:</i> 6:14AM | |
| | | | Yama 6:14AM – 7:45AM | Athiganda* Until 2:28AM Fri | Muruga: Purple | <i>Sunset:</i> 6:22PM | Moon 8 - Phase 22 |
| | Routine Work | Marana Yoga | 581552363 Rahu 1:49PM – 3:20PM | Vanija Until 12:02PM Ekadashi Until 1:18AM Fri | Nataraja: Purple Moon – Light Blue | | 4th Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM |

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|----------|-----------------------------------|-------------|---|--|-----------------------------------|------------------------|---|
| 3 | Friday, September 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau | | | | Kottayam, India Sun 25 Sutra 159 Vilamba 5120 |
| | Makara Rasi: 18 | Tithi 12 | Gulika 7:45AM – 9:16AM | Shravana Until 4:46PM | Ganesh: Purple | <i>Sunrise:</i> 6:14AM | |
| | | | Yama 3:20PM – 4:51PM | Sukarma Until 3:21AM Sat | Muruga: Purple | <i>Sunset:</i> 6:22PM | Moon 8 - Phase 22 |
| | Routine Work | Marana Yoga | 591552363 Rahu 10:47AM – 12:18PM | Bava Until 2:34PM Dvadashi Until 3:43AM Sat | Nataraja: Purple Moon – Purple | | 4th Phase Devaloka Day Bhadrapada-Puratasi |

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|----------|-------------------------------------|-------------|---|---|-----------------------------------|------------------------|---|
| 4 | Saturday, September 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau | | | | Kottayam, India Sun 26 Sutra 160 Vilamba 5120 |
| | Makara Rasi: 29.53 | Tithi 13 | Gulika 6:14AM – 7:45AM | Dhanishtha Until 7:31PM | Ganesh: Purple | <i>Sunrise:</i> 6:14AM | |
| | | | Yama 1:48PM – 3:19PM | Dhriti Until 7:31PM | Muruga: Purple | <i>Sunset:</i> 6:21PM | Moon 8 - Phase 22 |
| | Creative Work | Siddha Yoga | 591552363 Rahu 9:16AM – 10:47AM | Kaulava Until 4:49PM Trayodashi Until 5:46AM Sun | Nataraja: Purple Moon – Purple | | 4th Phase Devaloka Day Bhadrapada-Puratasi |

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|----------|-----------------------------------|-------------|---|--|-----------------------------------|------------------------|---|
| 5 | Sunday, September 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau | | | | Kottayam, India Sun 27 Sutra 161 Vilamba 5120 |
| | Kumbha Rasi: 11.56 | Tithi 14 | Gulika 3:19PM – 4:50PM | Shatabhishak Until 9:41PM | Ganesh: Purple | <i>Sunrise:</i> 6:14AM | |
| | | | Yama 12:17PM – 1:48PM | Shula* Until 4:12AM Mon | Muruga: Purple | <i>Sunset:</i> 6:21PM | Moon 8 - Phase 22 |
| | Creative Work | Siddha Yoga | 591552363 Rahu 4:50PM – 6:21PM | Gara Until 6:39PM Chaturdashi* Until 7:21AM Mon | Nataraja: Purple Moon – Purple | | 4th Phase Devaloka Day Bhadrapada-Puratasi |

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|----------|-----------------------------------|---------------|--|--|----------------------------------|------------------------|---|
| ○ | Monday, September 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija Karana Chaturdashi/Purnimayam Titau | | | | Kottayam, India Sutra 162 Vilamba 5120 |
| | Copper Retreat Star | | Gulika 1:48PM – 3:18PM | Purvaproshtapada* Until 8:25AM Tue | Ganesh: Purple | <i>Sunrise:</i> 6:14AM | |
| | Kumbha Rasi: 24.1 | Tithi 14 – 15 | Yama 10:46AM – 12:17PM | Ganda* Until 4:04AM Tue | Muruga: Purple | <i>Sunset:</i> 6:20PM | Moon 8 - Phase 22 |
| | Family Home Evening | | 511552363 Rahu 7:45AM – 9:15AM | Vanija Until 7:21AM Chaturdashi* Until 7:21AM | Nataraja: Purple Moon – Clear | | Purnima Devaloka Day Bhadrapada-Puratasi |

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|----------|------------------------------------|---------------|---|--|----------------------------------|------------------------|--|
| ○ | Tuesday, September 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Bava Karana Purnima/Prathamayam Titau | | | | Kottayam, India Sutra 163 Vilamba 5120 |
| | Silver Retreat Star | | Gulika 12:17PM – 1:47PM | Purvaproshtapada* Until 8:25AM | Ganesh: Purple | <i>Sunrise:</i> 6:14AM | |
| | Meena Rasi: 6.37 | Tithi 15 – 16 | Yama 9:15AM – 10:46AM | Vriddhi Until 3:32AM Wed | Muruga: Purple | <i>Sunset:</i> 6:19PM | Moon 8 - Phase 22 |
| | Creative Work | Amrita Yoga | 511552363 Rahu 3:18PM – 4:49PM | Bava Until 8:25AM Purnima* Until 8:25AM | Nataraja: Purple Moon – Clear | | Prathama Devaloka Day Bhadrapada-Puratasi |



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kottayam, India

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 19.18 Tihi 16 - 17

511552363

Gulika

10:46AM - 12:16PM

Revati Until 1:44AM Thu

Ganesh: Purple

Sunrise: 6:14AM

Yama

7:44AM - 9:15AM

Dhruva Until 2:36AM Thu

Muruga: Purple

Sunset: 6:19PM

Rahu

12:16PM - 1:47PM

Taitila Until 9:05PM

Nataraja: Purple

Devaloka Day

Moon - Clear
Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 1:44AM Thu

Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kottayam, India

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 2.13 Tihi 17 - 18

521552363

Gulika

9:15AM - 10:45AM

Ashvini Until 8:44AM Fri

Ganesh: Clear

Sunrise: 6:14AM

Yama

6:14AM - 7:44AM

Vyaghata* Until 1:21AM Fri

Muruga: Purple

Sunset: 6:18PM

Rahu

1:46PM - 3:17PM

Vanija Until 8:58PM

Nataraja: Purple

Bhuloka Day

Moon - White
Bhadrapada-Puratasi

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 8:44AM Fri

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kottayam, India

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 15.2 Tihi 18 - 19

621552363

Gulika

7:44AM - 9:14AM

Ashvini Until 8:44AM

Ganesh: Purple

Sunrise: 6:13AM

Yama

3:17PM - 4:47PM

Harshana Until 21:59AM Sat

Muruga: Purple

Sunset: 6:18PM

Rahu

10:45AM - 12:16PM

Bava Until 8:27PM

Nataraja: Purple

Devaloka Day

Moon - White
Bhadrapada-Puratasi

Creative Work Siddha Yoga

Tritiya Until 8:44AM

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Balava Karana Chaturthi/Panchamyam Titau

Kottayam, India

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 28.39 Tihi 19 - 20

622552363

Gulika

6:13AM - 7:44AM

Bharani Until 8:03AM

Ganesh: Clear

Sunrise: 6:13AM

Yama

1:46PM - 3:16PM

Vajra* Until 19:56AM Sun

Muruga: Purple

Sunset: 6:17PM

Rahu

9:14AM - 10:45AM

Balava Until 8:03AM

Nataraja: Purple

Bhuloka Day

Moon - White
Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Chaturthi* Until 8:03AM

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kottayam, India

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 12.08 Tihi 20 - 21

632552363

Gulika

3:16PM - 4:46PM

Krittika Until 7:03AM

Ganesh: Purple

Sunrise: 6:13AM

Yama

12:15PM - 1:45PM

Siddhi Until 17:39AM Mon

Muruga: Purple

Sunset: 6:16PM

Rahu

4:46PM - 6:16PM

Gara Until 6:27PM

Nataraja: Purple

Bhuloka Day

Moon - Yellow
Bhadrapada-Puratasi

Creative Work Siddha Yoga

Panchami Until 7:03AM

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Kottayam, India

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 25.49 Tihi 22

632552363

Gulika

1:45PM - 3:15PM

Mrigashira Until 12:51AM Tue

Ganesh: Purple

Sunrise: 6:13AM

Family Home Evening

Yama

10:44AM - 12:15PM

Vyatipata* Until 5:39PM

Muruga: Purple

Sunset: 6:16PM

Rahu

7:44AM - 9:14AM

Visti Until 5:01PM

Nataraja: Purple

Bhuloka Day

Moon - Yellow
Bhadrapada-Puratasi

Creative Work Amrita Yoga

Saptami Until 4:10AM Tue

Until 12:51AM Tue

Then Routine Work - Marana Yoga

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 9.38 Tihi 23

632552363

Gulika

12:14PM - 1:44PM

Ardra Until 11:37PM

Ganesh: Purple

Sunrise: 6:13AM

Routine Work Marana Yoga

Yama

9:14AM - 10:44AM

Variyan Until 3:08PM

Muruga: Purple

Sunset: 6:15PM

Rahu

3:15PM - 4:45PM

Balava Until 3:18PM

Nataraja: Purple

Bhuloka Day

Moon - Yellow
Bhadrapada-Puratasi

Until 11:37PM

Then Creative Work - Siddha Yoga

Ashtami* Until 2:19AM Wed

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Navamyam Titau

Kottayam, India

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 23.39 Tihi 24

642552363

Gulika

10:44AM - 12:14PM

Punarvasu Until 10:24PM

Ganesh: Clear

Sunrise: 6:13AM

Creative Work Siddha Yoga

Yama

7:43AM - 9:13AM

Parigha* Until 10:24PM

Muruga: Purple

Sunset: 6:15PM

Rahu

12:14PM - 1:44PM

Taitila Until 1:19PM

Nataraja: Purple

Bhuloka Day

Moon - Blue
Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Navami* Until 12:12AM Thu

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

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|----------------------------------|-------------|---------------------------------------|-----------------------------|----------------------------|-----------------------------|---|--|
| 1 | | Thursday, October 4, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau | Kottayam, India Sun 8 Sutra 172 Vilamba 5120 |
| Kataka Rasi: 7.49 | Tithi 25 | Gulika 9:13AM – 10:43AM | Pushya Until 8:49PM | Ganesh: Clear | <i>Sunrise:</i> 6:13AM | | |
| | | Yama 6:13AM – 7:43AM | Shiva Until 9:28AM | Muruga: Purple | <i>Sunset:</i> 6:14PM | Moon 9 - Phase 24 | |
| | | 642552363 Rahu 1:44PM – 3:14PM | Vanija Until 11:05AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Dashami Until 9:51PM | Moon – Blue | Bhuloka Day | | |
| Until 8:49PM | | | | Bhadrapada-Puratasi | Devaloka Time: 6:AM to 9:AM | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Friday, October 5, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau | Kottayam, India Sun 9 Sutra 173 Vilamba 5120 |
| Kataka Rasi: 22.09 | Tithi 26 | Gulika 7:43AM – 9:13AM | Ashlesha* Until 6:54PM | Ganesh: Clear | <i>Sunrise:</i> 6:13AM | | |
| | | Yama 3:13PM – 4:43PM | Siddha Until 6:20AM | Muruga: Purple | <i>Sunset:</i> 6:14PM | Moon 9 - Phase 24 | |
| | | 642552363 Rahu 10:43AM – 12:13PM | Bava Until 8:38AM | Nataraja: Purple | | 2nd Phase | |
| Routine Work | Marana Yoga | | Ekadashi* Until 7:19PM | Moon – Blue | Bhuloka Day | | |
| | | | | Bhadrapada-Puratasi | Devaloka Time: 6:AM to 9:AM | | |

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| 3 | | Saturday, October 6, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau | Kottayam, India Sun 10 Sutra 174 Vilamba 5120 |
| Simha Rasi: 6.35 | Tithi 27 – 28 | Gulika 6:13AM – 7:43AM | Magha* Until 5:10PM | Ganesh: White | <i>Sunrise:</i> 6:13AM | | |
| | | Yama 1:43PM – 3:13PM | Subha Until 11:48PM | Muruga: Purple | <i>Sunset:</i> 6:13PM | Moon 9 - Phase 24 | |
| | | 652552363 Rahu 9:13AM – 10:43AM | Kaulava Until 6:02AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Dvadashi* Until 4:41PM | Moon – Red | Bhuloka Day | | |
| Until 5:10PM | | | | Bhadrapada-Puratasi | | | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 4 | | Sunday, October 7, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Kottayam, India Sun 11 Sutra 175 Vilamba 5120 |
| Simha Rasi: 21.04 | Tithi 28 – 29 | Gulika 3:13PM – 4:42PM | Purvaphalguni Until 3:17PM | Ganesh: White | <i>Sunrise:</i> 6:13AM | | |
| | | Yama 12:13PM – 1:43PM | Sukla Until 8:31PM | Muruga: Purple | <i>Sunset:</i> 6:12PM | Moon 9 - Phase 24 | |
| | | 652552363 Rahu 4:42PM – 6:12PM | Visti Until 12:47AM Mon | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 2:03PM | Moon – Red | Bhuloka Day | | |
| Until 3:17PM | | | | Bhadrapada-Puratasi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| ● | | Monday, October 8, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Kottayam, India Sun 12 Sutra 176 Vilamba 5120 |
| Retreat Star | | Gulika 1:42PM – 3:12PM | Uttaraphalguni Until 1:23PM | Ganesh: White | <i>Sunrise:</i> 6:13AM | | |
| Kanya Rasi: 5.29 | Tithi 29 – 30 | Yama 10:43AM – 12:12PM | Brahma Until 5:22PM | Muruga: Purple | <i>Sunset:</i> 6:12PM | Moon 9 - Phase 24 | |
| Family Home Evening | | 652552364 Rahu 7:43AM – 9:13AM | Catuspada Until 10:22PM | Nataraja: Clear | | Amavasya | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 11:32AM | Moon – Red | Bhuloka Day | | |
| | | Mahalaya Amavasai (Tamil Nadu) | | Bhadrapada-Puratasi | Devaloka Time: 6:PM to 9:PM | | |

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| Retreat Star | | Tuesday, October 9, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Kottayam, India Sun 13 Sutra 177 Vilamba 5120 |
| Kanya Rasi: 19.46 | Tithi 30 – 1 | Gulika 12:12PM – 1:42PM | Hasta Until 12:02PM | Ganesh: Red | <i>Sunrise:</i> 6:13AM | | |
| | | Yama 9:12AM – 10:42AM | Indra Until 2:29PM | Muruga: Purple | <i>Sunset:</i> 6:11PM | Moon 9 - Phase 24 | |
| | | 662652364 Rahu 3:12PM – 4:42PM | Kintughna Until 8:18PM | Nataraja: Clear | | Prathama | |
| Creative Work | Siddha Yoga | | Amavasya* Until 9:16AM | Moon – Green | Devaloka Day | | |
| | | Navaratri Begins | | Ashvina-Puratasi | | | |

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| 1 | | Wednesday, October 10, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti/Vishkambha* Yoga Bava/Tailila Karana Prathama/Dvitiyayam Titau | | Kottayam, India Sun 14 Sutra 178 | |
| Tula Rasi: 3.47 | Tithi 1 – 2 | Gulika | 10:42AM – 12:12PM | Chitra Until 10:58AM | Ganesh: Red | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | | |
| | | Yama | 7:43AM – 9:12AM | Vaidhriti* Until 10:58AM | Muruga: Purple | <i>Sunset:</i> 6:11PM | Moon 9 - Phase 25 | | |
| Creative Work | Siddha Yoga | 662652364 Rahu | 12:12PM – 1:42PM | Tailila Until 17:42AM Thu | Nataraja: Clear | | 3rd Phase | | |
| | | | | Prathama* Until 7:24AM | Moon – Green | | Devaloka Day | | |
| | | | | | Ashvina•Puratasi | | | | |

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| 2 | | Thursday, October 11, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau | | Kottayam, India Sun 15 Sutra 179 | |
| Tula Rasi: 17.29 | Tithi 2 – 3 | Gulika | 9:12AM – 10:42AM | Svati Until 5:34AM Sat Fri | Ganesh: Red | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | | |
| | | Yama | 6:13AM – 7:43AM | Vishkambha* Until 9:49AM | Muruga: Purple | <i>Sunset:</i> 6:10PM | Moon 9 - Phase 25 | | |
| Creative Work | Amrita Yoga | 662652364 Rahu | 1:41PM – 3:11PM | Gara Until 5:27AM Fri | Nataraja: Clear | | 3rd Phase | | |
| Until 5:34AM Sat Fri | | | | Dvitiya Until 6:06AM | Moon – Green | | Devaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | Ashvina•Puratasi | | | | |

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| 3 | | Friday, October 12, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Anuradha Nakshatra Priti/Ayushman Yoga Vanija Karana Chaturthyam Titau | | Kottayam, India Sun 16 Sutra 180 | |
| Vrischika Rasi: 0.48 | Tithi 4 | Gulika | 7:42AM – 9:12AM | Svati Until 5:34AM Sat | Ganesh: White | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | | |
| | | Yama | 3:11PM – 4:40PM | Priti Until 6:79AM Sat | Muruga: Purple | <i>Sunset:</i> 6:10PM | Moon 9 - Phase 25 | | |
| Creative Work | Siddha Yoga | 673652364 Rahu | 10:42AM – 12:11PM | Vanija Until 5:26PM | Nataraja: Clear | | 3rd Phase | | |
| | | | | Chaturthi* Until 5:34AM Sat | Moon – Orange | | Bhuloka Day | | |
| | | | | | Ashvina•Puratasi | | Devaloka Time: 6:PM to 9:PM | | |

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| 4 | | Saturday, October 13, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau | | Kottayam, India Sun 17 Sutra 181 | |
| Vrischika Rasi: 13.43 | Tithi 5 | Gulika | 6:13AM – 7:42AM | Anuradha Until 11:33AM | Ganesh: White | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | | |
| | | Yama | 1:41PM – 3:10PM | Ayushman Until 7:19AM | Muruga: Purple | <i>Sunset:</i> 6:09PM | Moon 9 - Phase 25 | | |
| Creative Work | Siddha Yoga | 673652364 Rahu | 9:12AM – 10:42AM | Bava Until 5:57PM | Nataraja: Clear | | 3rd Phase | | |
| | | | | Panchami Until 6:28AM Sun | Moon – Orange | | Bhuloka Day | | |
| | | | | | Ashvina•Puratasi | | Devaloka Time: 6:PM to 9:PM | | |

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| 5 | | Sunday, October 14, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Kottayam, India Sun 18 Sutra 182 | |
| Vrischika Rasi: 26.16 | Tithi 5 – 6 | Gulika | 3:10PM – 4:39PM | Jyeshtha* Until 1:03PM | Ganesh: White | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | | |
| | | Yama | 12:11PM – 1:40PM | Saubhagya Until 6:58AM | Muruga: Purple | <i>Sunset:</i> 6:09PM | Moon 9 - Phase 25 | | |
| Routine Work | Marana Yoga | 673652364 Rahu | 4:39PM – 6:09PM | Kaulava Until 7:13PM | Nataraja: Clear | | 3rd Phase | | |
| Until 1:03PM | | | | Panchami Until 6:28AM | Moon – Orange | | Bhuloka Day | | |
| Then Creative Work - Amrita Yoga | | | | | Ashvina•Puratasi | | Devaloka Time: 6:PM to 9:PM | | |

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| 6 | | Monday, October 15, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | Kottayam, India Sun 19 Sutra 183 | |
| Dhanus Rasi: 8.31 | Tithi 6 – 7 | Gulika | 1:40PM – 3:09PM | Mula* Until 3:33PM | Ganesh: Clear | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | | |
| Family Home Evening | | Yama | 10:41AM – 12:11PM | Sobhana Until 7:11AM | Muruga: Purple | <i>Sunset:</i> 6:08PM | Moon 9 - Phase 25 | | |
| Creative Work | Siddha Yoga | 683652364 Rahu | 7:42AM – 9:12AM | Gara Until 9:10PM | Nataraja: Clear | | 3rd Phase | | |
| Until 3:33PM | | | | Shashthi* Until 6:58AM | Moon – Light Blue | | Devaloka Day | | |
| Then Routine Work - Marana Yoga | | | | | Ashvina•Puratasi | | | | |

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| Retreat Star | | Tuesday, October 16, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Kottayam, India Sun 20 Sutra 184 | |
| Dhanus Rasi: 20.31 | Tithi 7 – 8 | Gulika | 12:10PM – 1:40PM | Purvashadha* Until 6:24PM | Ganesh: Clear | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | | |
| | | Yama | 9:12AM – 10:41AM | Athiganda* Until 7:49AM | Muruga: Purple | <i>Sunset:</i> 6:08PM | Moon 9 - Phase 25 | | |
| Creative Work | Siddha Yoga | 683652364 Rahu | 3:09PM – 4:39PM | Visti Until 11:35PM | Nataraja: Clear | | Ashtami | | |
| Until 6:24PM | | | | Saptami Until 10:19AM | Moon – Light Blue | | Devaloka Day | | |
| Then Routine Work - Prabalarishta Yoga | | Durga Ashtami | | | Ashvina•Puratasi | | | | |

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| Retreat Star | | Wednesday, October 17, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau | | Kottayam, India Sun 21 Sutra 185 | |
| Makara Rasi: 2.22 | Tithi 8 – 9 | Gulika | 10:41AM – 12:10PM | Uttarashadha Until 9:19PM | Ganesh: Clear | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | | |
| | | Yama | 7:42AM – 9:12AM | Sukarma Until 9:19PM | Muruga: Purple | <i>Sunset:</i> 6:07PM | Moon 9 - Phase 25 | | |
| Creative Work | Amrita Yoga | 683652364 Rahu | 12:10PM – 1:39PM | Kaulava Until 14:92AM Thu | Nataraja: Clear | | Navami | | |
| Until 9:19PM | | | | Ashtami* Until 12:53PM | Moon – Light Blue | | Devaloka Day | | |
| Then Creative Work - Siddha Yoga | | Saraswathi Puja (Tamil Nadu) | | | Ashvina•Aipasi | | | | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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| 1 | Thursday, October 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Kottayam, India Sun 22 Sutra 186 | |
| | Makara Rasi: 14.1 | Tithi 9 – 10 | Gulika 9:11AM – 10:41AM | Shravana Until 12:35AM Fri | Ganesha: Purple | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | |
| | | | Yama 6:13AM – 7:42AM | Dhriti Until 9:47AM | Muruga: Purple | <i>Sunset:</i> 6:07PM | Moon 9 - Phase 26 | |
| | Creative Work | Siddha Yoga | 693652364 Rahu 1:39PM – 3:08PM | Taitila Until 4:50AM Fri | Nataraja: Clear | | 4th Phase | |
| | | Vijaya Dasami | Navami* Until 3:32PM | Moon – Purple | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | |


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| 2 | Friday, October 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau | | | | Kottayam, India Sun 23 Sutra 187 | |
| | Makara Rasi: 26 | Tithi 10 | Gulika 7:42AM – 9:11AM | Dhanishtha Until 3:25AM Sat | Ganesha: Purple | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | |
| | | | Yama 3:08PM – 4:37PM | Shula* Until 10:42AM | Muruga: Purple | <i>Sunset:</i> 6:07PM | Moon 9 - Phase 26 | |
| | Creative Work | Siddha Yoga | 693652364 Rahu 10:41AM – 12:10PM | Gara Until 6:00PM | Nataraja: Clear | | 4th Phase | |
| | | | Dashami Until 6:00PM | Moon – Purple | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | |
| | | | | Ashvina-Aipasi | | | | |


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| 3 | Saturday, October 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Kottayam, India Sun 24 Sutra 188 | |
| | Kumbha Rasi: 7.57 | Tithi 11 | Gulika 6:13AM – 7:42AM | Shatabhishak Until 5:39AM Sun | Ganesha: Purple | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | |
| | | | Yama 1:39PM – 3:08PM | Ganda* Until 11:22AM | Muruga: Purple | <i>Sunset:</i> 6:06PM | Moon 9 - Phase 26 | |
| | Creative Work | Amrita Yoga | 693652364 Rahu 9:11AM – 10:40AM | Vanija Until 7:07AM | Nataraja: Clear | | 4th Phase | |
| | | | Ekadashi Until 8:04PM | Moon – Purple | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | |
| | | | | Ashvina-Aipasi | | | | |

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|----------|---------------------------------|-------------|---|---|------------------------|---|-------------------------------------|--|
| 4 | Sunday, October 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau | | | | Kottayam, India Sun 25 Sutra 189 | |
| | Kumbha Rasi: 20.05 | Tithi 12 | Gulika 3:08PM – 4:37PM | Purvaproshtapada* Until 7:37AM Mon | Ganesha: White | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | |
| | | | Yama 12:09PM – 1:39PM | Vriddhi Until 11:39AM | Muruga: Purple | <i>Sunset:</i> 6:06PM | Moon 9 - Phase 26 | |
| | Creative Work | Siddha Yoga | 613652364 Rahu 4:37PM – 6:06PM | Bava Until 8:55AM | Nataraja: Clear | | 4th Phase | |
| | | | Dvadashi Until 9:34PM | Moon – Clear | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | |
| | | | | Ashvina-Aipasi | | | | |

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|----------|---------------------------------|-------------|--|---------------------------------------|------------------------|---|-------------------------------------|--|
| 5 | Monday, October 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava Karana Trayodashyam Titau | | | | Kottayam, India Sun 26 Sutra 190 | |
| | Meena Rasi: 2.28 | Tithi 13 | Gulika 1:38PM – 3:07PM | Purvaproshtapada* Until 7:37AM | Ganesha: White | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | |
| | Family Home Evening | | Yama 10:40AM – 12:09PM | Dhruva Until 11:26AM | Muruga: Purple | <i>Sunset:</i> 6:05PM | Moon 9 - Phase 26 | |
| | Routine Work | Marana Yoga | 613652364 Rahu 7:42AM – 9:11AM | Kaulava Until 10:06AM | Nataraja: Clear | | 4th Phase | |
| | | | Trayodashi Until 10:26PM | Moon – Clear | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | |
| | | | | Ashvina-Aipasi | | | | |
| | | | | <i>Pradosha Vrata</i> | | | | |

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| 6 | Tuesday, October 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Kottayam, India Sun 27 Sutra 191 | |
| | Meena Rasi: 15.09 | Tithi 14 | Gulika 12:09PM – 1:38PM | Uttaraproshtapada Until 10:17PM Wed | Ganesha: White | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | |
| | | | Yama 9:11AM – 10:40AM | Vyaghata* Until 10:44AM | Muruga: Purple | <i>Sunset:</i> 6:05PM | Moon 9 - Phase 26 | |
| | Creative Work | Amrita Yoga | 613652364 Rahu 3:07PM – 4:36PM | Gara Until 10:38AM | Nataraja: Clear | | 4th Phase | |
| | | | Chaturdashi* Until 10:39PM | Moon – Clear | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | |
| | | | | Ashvina-Aipasi | | | | |

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|  | Wednesday, October 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Kottayam, India Sutra 192 | |
| | Meena Rasi: 28.08 | Tithi 15 | Gulika 10:40AM – 12:09PM | Uttaraproshtapada Until 10:17PM | Ganesha: White | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | |
| | | | Yama 7:42AM – 9:11AM | Harshana Until 9:33AM | Muruga: Purple | <i>Sunset:</i> 6:05PM | Moon 9 - Phase 26 | |
| | Routine Work | Marana Yoga | 613652364 Rahu 12:09PM – 1:38PM | Visti Until 10:34AM | Nataraja: Clear | | Purnima | |
| | | | Purnima* Until 10:17PM | Moon – Clear | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | |
| | | | | Ashvina-Aipasi | | | | |

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|  | Thursday, October 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Kottayam, India Sutra 193 | |
| | Mesha Rasi: 11.24 | Tithi 16 | Gulika 9:11AM – 10:40AM | Ashvini Until 9:26AM | Ganesha: Clear | <i>Sunrise:</i> 6:13AM | Vilamba 5120 | |
| | | | Yama 6:13AM – 7:42AM | Vajra* Until 7:55AM | Muruga: Purple | <i>Sunset:</i> 6:04PM | Moon 9 - Phase 26 | |
| | Creative Work | Amrita Yoga | 623652364 Rahu 1:38PM – 3:07PM | Balava Until 9:56AM | Nataraja: Clear | | Prathama | |
| | | | Prathama* Until 9:26PM | Moon – White | | Devaloka Day | | |
| | | | | Ashvina-Aipasi | | | | |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Tailila/Gara Karana Dvitiyayam Titau

Kottayam, India

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mesha Rasi: 24.55 Tihti 17

624652364

Gulika 7:42AM – 9:11AM
Yama 3:06PM – 4:35PM
Rahu 10:40AM – 12:09PM

Bharani Until 9:02AM
Vyatipata* Until 3:41AM Sat
Tailila Until 8:51AM
Dvitiya Until 8:10PM

Ganesha: White *Sunrise:* 6:14AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Saturday, October 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Varyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Kottayam, India

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 8.4 Tihti 18

624652364

Gulika 6:14AM – 7:42AM
Yama 1:37PM – 3:06PM
Rahu 9:11AM – 10:40AM

Krittika Until 8:10AM
Varyan Until 1:12AM Sun
Vanija Until 7:26AM
Tritiya Until 6:37PM

Ganesha: White *Sunrise:* 6:14AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Sunday, October 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kottayam, India

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 22.32 Tihti 19 – 20

634652364

Gulika 3:06PM – 4:35PM
Yama 12:09PM – 1:37PM
Rahu 4:35PM – 6:03PM

Rohini Until 7:20AM
Parigha* Until 10:36PM
Kaulava Until 3:59AM Mon
Chaturthi* Until 4:53PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruga: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Monday, October 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kottayam, India

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 6.31 Tihti 20 – 21

634652364

Gulika 1:37PM – 3:06PM
Yama 10:40AM – 12:08PM
Rahu 7:43AM – 9:11AM

Mrigashira Until 6:14AM
Shiva Until 7:55PM
Gara Until 2:05AM Tue
Panchami Until 3:01PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruga: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

Tuesday, October 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kottayam, India

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 20.33 Tihti 21 – 22

644652364

Gulika 12:08PM – 1:37PM
Yama 9:11AM – 10:40AM
Rahu 3:06PM – 4:34PM

Punarvasu Until 3:47AM Wed
Siddha Until 5:10PM
Visti Until 12:08AM Wed
Shashthi* Until 1:06PM

Ganesha: Purple *Sunrise:* 6:14AM
Muruga: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kottayam, India

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27
Ashtami

Kataka Rasi: 4.37 Tihti 22 – 23

644662364

Gulika 10:40AM – 12:08PM
Yama 7:43AM – 9:11AM
Rahu 12:08PM – 1:37PM

Pushya Until 2:31AM Thu
Sadhya Until 2:25PM
Balava Until 10:10PM
Saptami Until 11:08AM

Ganesha: Purple *Sunrise:* 6:14AM
Muruga: Clear *Sunset:* 6:02PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kottayam, India

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27
Navami

Kataka Rasi: 18.41 Tihti 23 – 24

644662364

Gulika 9:11AM – 10:40AM
Yama 6:15AM – 7:43AM
Rahu 1:37PM – 3:05PM

Ashlesha* Until 1:06AM Fri
Subha Until 11:39AM
Tailila Until 8:11PM
Ashtami* Until 9:09AM

Ganesha: Purple *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 6:02PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:06AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

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|-----------------------------------|---------------|---|-----------------------------|------------------------|------------------------|--|---------------------|
| 1 Friday, November 2, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau | | | | Kottayam, India Sun 8 Sutra 201 Vilamba 5120 | |
| Simha Rasi: 2.46 | Tithi 24 - 25 | Gulika 7:43AM - 9:12AM | Magha* Until 11:59PM | Ganesha: Clear | <i>Sunrise:</i> 6:15AM | | |
| | | Yama 3:05PM - 4:34PM | Sukla Until 8:51AM | Muruga: Clear | <i>Sunset:</i> 6:02PM | | Moon 10 - Phase 28 |
| | | 654662364 Rahu 10:40AM - 12:08PM | Vanija Until 6:12PM | Nataraja: Clear | | | 2nd Phase |
| Routine Work | Marana Yoga | | Navami* Until 7:10AM | Moon - Red | | | Sivaloka Day |
| Until 11:59PM | | | | Ashvina-Aipasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 Saturday, November 3, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Ekadashyam Titau | | | | Kottayam, India Sun 9 Sutra 202 Vilamba 5120 | |
| Simha Rasi: 16.51 | Tithi 26 | Gulika 6:15AM - 7:43AM | Purvaphalguni Until 10:44PM | Ganesha: White | <i>Sunrise:</i> 6:15AM | | |
| | | Yama 1:37PM - 3:05PM | Brahma Until 10:44PM | Muruga: Clear | <i>Sunset:</i> 6:02PM | | Moon 10 - Phase 28 |
| | | 654762364 Rahu 9:12AM - 10:40AM | Bava Until 4:15PM | Nataraja: Clear | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 3:16AM Sun | Moon - Red | | | Devaloka Day |
| Until 10:44PM | | | | Ashvina-Aipasi | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 3 Sunday, November 4, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Kottayam, India Sun 10 Sutra 203 Vilamba 5120 | |
| Kanya Rasi: 0.54 | Tithi 27 | Gulika 3:05PM - 4:33PM | Uttaraphalguni Until 9:27PM | Ganesha: White | <i>Sunrise:</i> 6:15AM | | |
| | | Yama 12:08PM - 1:37PM | Vaidhriti* Until 12:41AM Mon | Muruga: Clear | <i>Sunset:</i> 6:01PM | | Moon 10 - Phase 28 |
| | | 654762364 Rahu 4:33PM - 6:01PM | Kaulava Until 2:22PM | Nataraja: Clear | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dvadashi* Until 1:27AM Mon | Moon - Red | | | Devaloka Day |
| | | | | Ashvina-Aipasi | | | |

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| 4 Monday, November 5, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Kottayam, India Sun 11 Sutra 204 Vilamba 5120 | |
| Kanya Rasi: 14.52 | Tithi 28 | Gulika 1:37PM - 3:05PM | Hasta Until 8:37PM | Ganesha: Green | <i>Sunrise:</i> 6:15AM | | |
| Family Home Evening | | Yama 10:40AM - 12:08PM | Vishkambha* Until 10:10PM | Muruga: Clear | <i>Sunset:</i> 6:01PM | | Moon 10 - Phase 28 |
| | | 664762364 Rahu 7:44AM - 9:12AM | Gara Until 12:37PM | Nataraja: Clear | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 11:49PM | Moon - Green | | | Devaloka Day |
| Until 8:37PM | | | | Ashvina-Aipasi | | | |
| Then Routine Work - Prabalarishta Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 Tuesday, November 6, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Kottayam, India Sun 12 Sutra 205 Vilamba 5120 | |
| Kanya Rasi: 28.43 | Tithi 29 | Gulika 12:08PM - 1:37PM | Chitra Until 7:54PM | Ganesha: Green | <i>Sunrise:</i> 6:16AM | | |
| | | Yama 9:12AM - 10:40AM | Priti Until 7:54PM | Muruga: Clear | <i>Sunset:</i> 6:01PM | | Moon 10 - Phase 28 |
| | | 664762364 Rahu 3:05PM - 4:33PM | Visti Until 11:07AM | Nataraja: Clear | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 10:28PM | Moon - Green | | | Devaloka Day |
| | | Subramuniyaswami Mahasamadhi | | Ashvina-Aipasi | | | |
| | | Deepavali Hindu Solidarity Day | | | | | |

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| Wednesday, November 7, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Kottayam, India Sun 13 Sutra 206 Vilamba 5120 | |
| Retreat Star | | Gulika 10:40AM - 12:08PM | Svati Until 7:26PM | Ganesha: White | <i>Sunrise:</i> 6:16AM | | |
| Tula Rasi: 12.22 | Tithi 30 | Yama 7:44AM - 9:12AM | Ayushman Until 5:55PM | Muruga: Clear | <i>Sunset:</i> 6:01PM | | Moon 10 - Phase 28 |
| | | 764762364 Rahu 12:08PM - 1:37PM | Catuspada Until 9:58AM | Nataraja: Clear | | | Amavasya |
| Creative Work | Siddha Yoga | | Amavasya* Until 9:32PM | Moon - Green | | | Devaloka Day |
| | | | | Ashvina-Aipasi | | | |

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| Thursday, November 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Kottayam, India Sun 14 Sutra 207 Vilamba 5120 | |
| Retreat Star | | Gulika 9:12AM - 10:40AM | Vishakha Until 7:46PM | Ganesha: Orange | <i>Sunrise:</i> 6:16AM | | |
| Tula Rasi: 25.46 | Tithi 1 | Yama 6:16AM - 7:44AM | Saubhagya Until 4:20PM | Muruga: Clear | <i>Sunset:</i> 6:01PM | | Moon 10 - Phase 28 |
| | | 775762364 Rahu 1:37PM - 3:05PM | Kintughna Until 9:16AM | Nataraja: Clear | | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 9:07PM | Moon - Orange | | | Sivaloka Day |
| | | Skanda Shasthi Begins | | Kartika-Aipasi | | | |

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| 1 Friday, November 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Kottayam, India Sun 15 Sutra 208 Vilamba 5120 |
| Vrischika Rasi: 8.52 | Tithi 2 | Gulika 7:44AM – 9:12AM | Anuradha Until 8:32PM | Ganesh: Orange <i>Sunrise: 6:16AM</i> | Muruga: Clear <i>Sunset: 6:01PM</i> | Moon 10 - Phase 29 3rd Phase |
| Creative Work | Siddha Yoga | Yama 3:05PM – 4:33PM | Sobhana Until 3:15PM | Nataraja: Clear | | Sivaloka Day |
| Until 8:32PM | | 775762364 Rahu 10:40AM – 12:09PM | Balava Until 9:09AM | Moon – Orange | | Karttika•Aipasi |
| Then Routine Work - Marana Yoga | | | Dvitiya Until 9:19PM | | | |

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| 2 Saturday, November 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau | | | | Kottayam, India Sun 16 Sutra 209 Vilamba 5120 |
| Vrischika Rasi: 21.4 | Tithi 3 | Gulika 6:17AM – 7:45AM | Jyeshtha* Until 9:48PM | Ganesh: Orange <i>Sunrise: 6:17AM</i> | Muruga: Clear <i>Sunset: 6:01PM</i> | Moon 10 - Phase 29 3rd Phase |
| Creative Work | Siddha Yoga | Yama 1:37PM – 3:05PM | Athiganda* Until 2:38PM | Nataraja: Clear | | Sivaloka Day |
| 775762364 Rahu 9:13AM – 10:41AM | | | Tailila Until 9:42AM | Moon – Orange | | Karttika•Aipasi |
| | | | Tritiya Until 10:12PM | | | |

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| 3 Sunday, November 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Kottayam, India Sun 17 Sutra 210 Vilamba 5120 |
| Dhanus Rasi: 4.08 | Tithi 4 | Gulika 3:05PM – 4:33PM | Mula* Until 12:01AM Mon | Ganesh: Clear <i>Sunrise: 6:17AM</i> | Muruga: Clear <i>Sunset: 6:00PM</i> | Moon 10 - Phase 29 3rd Phase |
| Creative Work | Amrita Yoga | Yama 12:09PM – 1:37PM | Sukarma Until 2:33PM | Nataraja: Clear | | Sivaloka Day |
| Until 12:01AM Mon | | 785762364 Rahu 4:33PM – 6:00PM | Vanija Until 10:55AM | Moon – Light Blue | | Karttika•Aipasi |
| Then Routine Work - Marana Yoga | | | Chaturthi* Until 11:45PM | | | |

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| 4 Monday, November 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau | | | | Kottayam, India Sun 18 Sutra 211 Vilamba 5120 |
| Dhanus Rasi: 16.2 | Tithi 5 | Gulika 1:37PM – 3:05PM | Purvashadha* Until 2:38AM Tue | Ganesh: Clear <i>Sunrise: 6:17AM</i> | Muruga: Clear <i>Sunset: 6:00PM</i> | Moon 10 - Phase 29 3rd Phase |
| Family Home Evening | | Yama 10:41AM – 12:09PM | Dhriti Until 2:58PM | Nataraja: Clear | | Sivaloka Day |
| Routine Work | Marana Yoga | 785762364 Rahu 7:45AM – 9:13AM | Bava Until 12:47PM | Moon – Light Blue | | Karttika•Aipasi |
| Until 2:38AM Tue | | | Panchami Until 1:53AM Tue | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| 5 Tuesday, November 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau | | | | Kottayam, India Sun 19 Sutra 212 Vilamba 5120 |
| Dhanus Rasi: 28.19 | Tithi 6 | Gulika 12:09PM – 1:37PM | Uttarashadha Until 5:28AM Wed | Ganesh: Clear <i>Sunrise: 6:18AM</i> | Muruga: Clear <i>Sunset: 6:00PM</i> | Moon 10 - Phase 29 3rd Phase |
| Routine Work | Prabalarishta Yoga | Yama 9:13AM – 10:41AM | Shula* Until 3:42PM | Nataraja: Clear | | Sivaloka Day |
| Until 5:28AM Wed | | 785762364 Rahu 3:05PM – 4:33PM | Kaulava Until 3:08PM | Moon – Light Blue | | Karttika•Aipasi |
| Then Creative Work - Siddha Yoga | | | Shashthi* Until 4:25AM Wed | | | |
| | | Skanda Shasthi | | | | |

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|--|-------------|---|----------------------------------|--|--|---|
| 6 Wednesday, November 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara Karana Saptamyam Titau | | | | Kottayam, India Sun 20 Sutra 213 Vilamba 5120 |
| Makara Rasi: 10.1 | Tithi 7 | Gulika 10:41AM – 12:09PM | Shravana Until 8:46AM Thu | Ganesh: Purple <i>Sunrise: 6:18AM</i> | Muruga: Clear <i>Sunset: 6:00PM</i> | Moon 10 - Phase 29 3rd Phase |
| Creative Work | Siddha Yoga | Yama 7:46AM – 9:13AM | Ganda* Until 4:40PM | Nataraja: Clear | | Subha Sivaloka Day |
| 795762364 Rahu 12:09PM – 1:37PM | | | Gara Until 5:48PM | Moon – Purple | | Karttika•Aipasi |
| | | | Saptami Until 7:08AM Thu | | | |

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|------------------------------------|-------------|--|------------------------------|--|--|---|
| Thursday, November 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Kottayam, India Sun 21 Sutra 214 Vilamba 5120 |
| Retreat Star | | Gulika 9:14AM – 10:41AM | Shravana Until 8:46AM | Ganesh: Purple <i>Sunrise: 6:18AM</i> | Muruga: Clear <i>Sunset: 6:00PM</i> | Moon 10 - Phase 29 Ashtami |
| Makara Rasi: 21.58 | Tithi 7 – 8 | Yama 6:18AM – 7:46AM | Vridhi Until 5:40PM | Nataraja: Clear | | Subha Sivaloka Day |
| Creative Work | Siddha Yoga | 795762364 Rahu 1:37PM – 3:05PM | Visti Until 8:29PM | Moon – Purple | | Karttika•Aipasi |
| | | | Saptami Until 7:08AM | | | |

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|----------------------------------|-------------|--|-------------------------------------|--|--|---|
| Friday, November 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Kottayam, India Sun 22 Sutra 215 Vilamba 5120 |
| Retreat Star | | Gulika 7:46AM – 9:14AM | Dhanishtha Until 11:57AM Sat | Ganesh: Purple <i>Sunrise: 6:19AM</i> | Muruga: Clear <i>Sunset: 6:00PM</i> | Moon 10 - Phase 29 Navami |
| Kumbha Rasi: 3.47 | Tithi 8 – 9 | Yama 3:05PM – 4:33PM | Dhruva Until 6:29PM | Nataraja: Clear | | Subha Sivaloka Day |
| Creative Work | Siddha Yoga | 795762364 Rahu 10:42AM – 12:09PM | Balava Until 10:55PM | Moon – Purple | | Karttika•Kartikai |
| | | | Ashtami* Until 9:43AM | | | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


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|--|------------------------------------|---|---|--|--|
| 1 | Saturday, November 17, 2018 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Purvaprosarthapada* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau | | | Kottayam, India |
| | Kumbha Rasi: 15.44 Tithi 9 – 10 | Gulika 6:19AM – 7:47AM Yama 1:37PM – 3:05PM Rahu 9:14AM – 10:42AM | Dhanishtha Until 11:57AM Vyaghata* Until 6:59PM Taitila Until 12:53AM Sun Navami* Until 6:29PM | Ganesha: Clear <i>Sunrise:</i> 6:19AM Muruga: Clear <i>Sunset:</i> 6:00PM Nataraja: White Moon – Purple Karttika-Karttikai | Sun 23 Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase |
| Creative Work Amrita Yoga Until 11:57AM Then Routine Work - Marana Yoga | | | | | Devaloka Day |


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|--|-------------------------------------|--|--|---|--|
| 2 | Sunday, November 18, 2018 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | Kottayam, India |
| | Kumbha Rasi: 27.54 Tithi 10 – 11 | Gulika 3:05PM – 4:33PM Yama 12:10PM – 1:37PM Rahu 4:33PM – 6:00PM | Purvaprosarthapada* Until 4:32PM Harshana Until 7:02PM Vanija Until 2:11AM Mon Dashami Until 1:36PM | Ganesha: Red <i>Sunrise:</i> 6:19AM Muruga: Clear <i>Sunset:</i> 6:00PM Nataraja: White Moon – Clear Karttika-Karttikai | Sun 24 Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase |
| Creative Work Siddha Yoga Until 4:32PM Then Creative Work - Amrita Yoga | | | | | Devaloka Day |

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|---|------------------------------------|--|---|---|--|
| 3 | Monday, November 19, 2018 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | Kottayam, India |
| | Meena Rasi: 10.21 Tithi 11 – 12 | Gulika 1:38PM – 3:05PM Yama 10:42AM – 12:10PM Rahu 7:47AM – 9:15AM | Uttaraprosarthapada Until 2:43PM Tue Vajra* Until 6:30PM Bava Until 2:45AM Tue Ekadashi Until 2:32PM | Ganesha: Red <i>Sunrise:</i> 6:20AM Muruga: Clear <i>Sunset:</i> 6:00PM Nataraja: White Moon – Clear Karttika-Karttikai | Sun 25 Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase |
| Family Home Evening Creative Work Siddha Yoga | | | | | Devaloka Day |

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|------------------------------|------------------------------------|---|---|---|--|
| 4 | Tuesday, November 20, 2018 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | Kottayam, India |
| | Meena Rasi: 23.08 Tithi 12 – 13 | Gulika 12:10PM – 1:38PM Yama 9:15AM – 10:43AM Rahu 3:05PM – 4:33PM | Uttaraprosarthapada Until 2:43PM Siddhi Until 15:43AM Wed Kaulava Until 2:33AM Wed Dvadashi Until 2:43PM | Ganesha: Red <i>Sunrise:</i> 6:20AM Muruga: Clear <i>Sunset:</i> 6:00PM Nataraja: White Moon – Clear Karttika-Karttikai | Sun 26 Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase |
| Creative Work Siddha Yoga | | | | | Devaloka Day |
| <i>Pradosha Vrata</i> | | | | | |

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|---|-------------------------------------|---|--|--|--|
| 5 | Wednesday, November 21, 2018 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Varyan Yoga Taitila Karana Trayodashi/Chaturdashyam Titau | | | Kottayam, India |
| | Mesha Rasi: 6.17 Tithi 13 – 14 | Gulika 10:43AM – 12:10PM Yama 7:48AM – 9:15AM Rahu 12:10PM – 1:38PM | Ashvini Until 6:33PM Vyatipata* Until 3:43PM Taitila Until 2:10PM Trayodashi Until 2:10PM | Ganesha: Blue <i>Sunrise:</i> 6:20AM Muruga: Clear <i>Sunset:</i> 6:01PM Nataraja: White Moon – White Karttika-Karttikai | Sun 27 Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase |
| Routine Work Marana Yoga Until 6:33PM Then Creative Work - Siddha Yoga | | | | | Bhuloka Day Devaloka Time: 12:PM to 3:PM |

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|--|------------------------------------|---|---|--|--|
|  | Thursday, November 22, 2018 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | Kottayam, India |
| | Mesha Rasi: 19.49 Tithi 14 – 15 | Gulika 9:16AM – 10:43AM Yama 6:21AM – 7:48AM Rahu 1:38PM – 3:06PM | Bharani Until 11:13AM Fri Varyan Until 1:31PM Visti Until 12:10AM Fri Chaturdashi* Until 12:58PM | Ganesha: Blue <i>Sunrise:</i> 6:21AM Muruga: Clear <i>Sunset:</i> 6:01PM Nataraja: White Moon – White Karttika-Karttikai | Sun 28 Sutra 221 Vilamba 5120 Moon 10 - Phase 30 Purnima |
| Creative Work Siddha Yoga Until 11:13AM Fri Then Routine Work - Marana Yoga | | | | | Bhuloka Day Devaloka Time: 12:PM to 3:PM |

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|---|--------------------------------------|--|--|--|---|--|
|  | Friday, November 23, 2018 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | Kottayam, India | |
| | Vrisabha Rasi: 3.42 Tithi 15 – 16 | Gulika 7:49AM – 9:16AM Yama 3:06PM – 4:33PM Rahu 10:44AM – 12:11PM | Bharani Until 11:13AM Parigha* Until 7:59AM Sat Balava Until 10:12PM Purnima* Until 11:13AM | Ganesha: Blue <i>Sunrise:</i> 6:21AM Muruga: Clear <i>Sunset:</i> 6:01PM Nataraja: White Moon – White Karttika-Karttikai | Sun 29 Sutra 222 Vilamba 5120 Moon 10 - Phase 30 Prathama | |
| Creative Work Siddha Yoga Until 11:13AM Then Routine Work - Marana Yoga | | Krittika Deepam Vinayaga Viratam Begins | | | | Bhuloka Day Devaloka Time: 12:PM to 3:PM |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kottayam, India

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrishabha Rasi: 17.5 Tihi 16 - 17

737762365

Gulika 6:22AM - 7:49AM

Yama 1:39PM - 3:06PM

Rahu 9:17AM - 10:44AM

Krittika Until 9:04AM

Shiva Until 4:49AM Sun

Taitila Until 7:55PM

Prathama* Until 9:04AM

Ganesha: Red *Sunrise:* 6:22AM

Muruga: Clear *Sunset:* 6:01PM

Nataraja: White

Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 9:04AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Kottayam, India

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 2.11 Tihi 17 - 18

737762365

Gulika 3:06PM - 4:34PM

Yama 12:12PM - 1:39PM

Rahu 4:34PM - 6:01PM

Mrigashira Until 1:26PM

Sadhya Until 1:32AM Mon

Visti Until 4:07AM Mon

Dvitiya Until 6:40AM

Ganesha: Red *Sunrise:* 6:22AM

Muruga: Clear *Sunset:* 6:01PM

Nataraja: White

Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 11:27AM

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Kottayam, India

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 16.37 Tihi 19

737762365

Gulika 1:39PM - 3:07PM

Yama 10:45AM - 12:12PM

Rahu 7:50AM - 9:17AM

Ardra Until 11:27AM

Subha Until 10:15PM

Bava Until 2:51PM

Chaturthi* Until 1:34AM Tue

Ganesha: Red *Sunrise:* 6:23AM

Muruga: Clear *Sunset:* 6:01PM

Nataraja: White

Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 11:27AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 1.04 Tihi 20

747762365

Gulika 12:12PM - 1:40PM

Yama 9:18AM - 10:45AM

Rahu 3:07PM - 4:34PM

Punarvasu Until 9:46AM

Sukla Until 7:00PM

Kaulava Until 12:20PM

Panchami Until 11:06PM

Ganesha: Green *Sunrise:* 6:23AM

Muruga: Clear *Sunset:* 6:01PM

Nataraja: White

Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Kottayam, India

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 15.25 Tihi 21

747862365

Gulika 10:45AM - 12:13PM

Yama 7:51AM - 9:18AM

Rahu 12:13PM - 1:40PM

Pushya Until 8:04AM

Brahma Until 3:53PM

Gara Until 9:56AM

Shashthi* Until 8:47PM

Ganesha: White *Sunrise:* 6:24AM

Muruga: Clear *Sunset:* 6:02PM

Nataraja: White

Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Kaulava Karana Saptamyam Titau

Kottayam, India

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 29.4 Tihi 22

747863365

Gulika 9:18AM - 10:46AM

Yama 6:24AM - 7:51AM

Rahu 1:40PM - 3:07PM

Ashlesha* Until 6:25AM

Indra Until 6:25AM

Visti Until 7:44AM

Saptami Until 6:42PM

Ganesha: White *Sunrise:* 6:24AM

Muruga: Purple *Sunset:* 6:02PM

Nataraja: White

Moon - Blue
Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kottayam, India

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 13.45 Tihi 23 - 24

757863365

Gulika 7:52AM - 9:19AM

Yama 3:08PM - 4:35PM

Rahu 10:46AM - 12:13PM

Purvaphalguni Until 4:15AM Sat

Vaidhriti* Until 10:11AM

Taitila Until 3:65AM Sat

Ashtami* Until 10:11AM Fri

Ganesha: Clear *Sunrise:* 6:24AM

Muruga: Purple *Sunset:* 6:02PM

Nataraja: White

Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:15AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kottayam, India

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 27.4 Tihi 24 - 25

758863365

Gulika 6:25AM - 7:52AM

Yama 1:41PM - 3:08PM

Rahu 9:19AM - 10:46AM

Uttaraphalguni Until 3:20AM Sun

Vishkambha* Until 7:38AM

Vanija Until 2:39AM Sun

Navami* Until 3:19PM

Ganesha: Orange *Sunrise:* 6:25AM

Muruga: Purple *Sunset:* 6:02PM

Nataraja: White

Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 3:20AM Sun


Then Creative Work - Amrita Yoga


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|----------|---|---|--|--|--------------------|---------------------------------|--|
| 1 | Sunday, December 2, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Kottayam, India Sun 8 Sutra 231 Vilamba 5120 |
| | Kanya Rasi: 11.25 Tithi 25 – 26 Creative Work Amrita Yoga Until 3:00AM Mon Then Routine Work - Prabalarishta Yoga | 768863365 Gulika 3:08PM – 4:35PM Yama 12:14PM – 1:41PM Rahu 4:35PM – 6:03PM | Hasta Until 3:00AM Mon Ayushman Until 3:13AM Mon Bava Until 1:31AM Mon Dashami Until 2:01PM | Ganesh : Light Blue <i>Sunrise: 6:25AM</i> Muruga : Purple <i>Sunset: 6:03PM</i> Nataraja : White Moon – Green Karttika-Karttikai | Bhuloka Day | Moon 11 - Phase 32 2nd Phase | |

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| 2 | Monday, December 3, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Kottayam, India Sun 9 Sutra 232 Vilamba 5120 |
| | Kanya Rasi: 25.01 Tithi 26 – 27 Family Home Evening Routine Work Prabalarishta Yoga Until 2:50AM Tue Then Creative Work - Siddha Yoga | 768863365 Gulika 1:41PM – 3:09PM Yama 10:47AM – 12:14PM Rahu 7:53AM – 9:20AM | Chitra Until 2:50AM Tue Saubhagya Until 1:22AM Tue Kaulava Until 12:41AM Tue Ekadashi* Until 1:02PM | Ganesh : Light Blue <i>Sunrise: 6:26AM</i> Muruga : Purple <i>Sunset: 6:03PM</i> Nataraja : White Moon – Green Karttika-Karttikai | Bhuloka Day | Moon 11 - Phase 32 2nd Phase | |

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| 3 | Tuesday, December 4, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Kottayam, India Sun 10 Sutra 233 Vilamba 5120 |
| | Tula Rasi: 8.25 Tithi 27 – 28 Creative Work Siddha Yoga | 768863365 Gulika 12:15PM – 1:42PM Yama 9:21AM – 10:48AM Rahu 3:09PM – 4:36PM | Svati Until 2:51AM Wed Sobhana Until 11:47PM Gara Until 12:11AM Wed Dvadashi* Until 12:22PM | Ganesh : Light Blue <i>Sunrise: 6:26AM</i> Muruga : Purple <i>Sunset: 6:03PM</i> Nataraja : White Moon – Green Karttika-Karttikai | Bhuloka Day | Moon 11 - Phase 32 2nd Phase | |
| | <i>Pradosha Vrata (Fasting)</i> | | | | | | |

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| 4 | Wednesday, December 5, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Kottayam, India Sun 11 Sutra 234 Vilamba 5120 |
| | Tula Rasi: 21.38 Tithi 28 – 29 Creative Work Siddha Yoga | 778863365 Gulika 10:48AM – 12:15PM Yama 7:54AM – 9:21AM Rahu 12:15PM – 1:42PM | Vishakha Until 3:33AM Thu Athiganda* Until 10:30PM Visti Until 12:06AM Thu Trayodashi* Until 12:04PM | Ganesh : Purple <i>Sunrise: 6:27AM</i> Muruga : Purple <i>Sunset: 6:03PM</i> Nataraja : White Moon – Orange Karttika-Karttikai | Bhuloka Day | Moon 11 - Phase 32 2nd Phase | |

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|  | Thursday, December 6, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Kottayam, India Sun 12 Sutra 235 Vilamba 5120 | |
| | Retreat Star | | Vrischika Rasi: 4.38 Tithi 29 – 30 Creative Work Siddha Yoga Until 4:34AM Fri Then Routine Work - Marana Yoga | 778863365 Gulika 9:22AM – 10:49AM Yama 6:27AM – 7:54AM Rahu 1:43PM – 3:10PM | Anuradha Until 4:34AM Fri Sukarma Until 9:34PM Catuspada Until 12:29AM Fri Chaturdashi* Until 12:12PM | Ganesh : Purple <i>Sunrise: 6:27AM</i> Muruga : Purple <i>Sunset: 6:04PM</i> Nataraja : White Moon – Orange Karttika-Karttikai | Bhuloka Day | Moon 11 - Phase 32 Amavasya |

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|  | Friday, December 7, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Kottayam, India Sun 13 Sutra 236 Vilamba 5120 | |
| | Retreat Star | | Vrischika Rasi: 17.25 Tithi 30 – 1 Routine Work Marana Yoga Until 5:55AM Sat Then Creative Work - Siddha Yoga | 779863365 Gulika 7:55AM – 9:22AM Yama 3:10PM – 4:37PM Rahu 10:49AM – 12:16PM | Jyeshtha* Until 5:55AM Sat Dhriti Until 9:03PM Kintughna Until 1:22AM Sat Amavasya* Until 12:50PM | Ganesh : Light Blue <i>Sunrise: 6:28AM</i> Muruga : Purple <i>Sunset: 6:04PM</i> Nataraja : White Moon – Orange Margasira-Karttikai | Bhuloka Day | Moon 11 - Phase 32 Prathama |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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|--|--------------------|---|---|---|--|---|---------------------------------|
| 1 | | Saturday, December 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Kottayam, India Sun 14 Sutra 237 Vilamba 5120 | |
| Vrischika Rasi: 29.57 | Tithi 1 - 2 | Gulika 6:28AM - 7:55AM Yama 1:43PM - 3:10PM 799863365 Rahu 9:22AM - 10:49AM | Mula* Until 8:06AM Sun Shula* Until 8:06AM Sun Balava Until 2:48AM Sun Prathama* Until 1:59PM | Ganesh: Light Blue <i>Sunrise:</i> 6:28AM Muruga: Purple <i>Sunset:</i> 6:04PM Nataraja: White Moon - Orange Margasira-Karttikai | | | Moon 11 - Phase 33 3rd Phase |
| Creative Work | Siddha Yoga | | | | | | Bhuloka Day |
| 2 | | Sunday, December 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Kottayam, India Sun 15 Sutra 238 Vilamba 5120 | |
| Dhanus Rasi: 12.15 | Tithi 2 - 3 | Gulika 3:11PM - 4:38PM Yama 12:17PM - 1:44PM 789863365 Rahu 4:38PM - 6:05PM | Mula* Until 8:06AM Ganda* Until 9:11PM Taitila Until 4:45AM Mon Dvitiya Until 3:41PM | Ganesh: Purple <i>Sunrise:</i> 6:29AM Muruga: Purple <i>Sunset:</i> 6:05PM Nataraja: White Moon - Light Blue Margasira-Karttikai | | | Moon 11 - Phase 33 3rd Phase |
| Creative Work | Amrita Yoga | | | | | | Bhuloka Day |
| Until 8:06AM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| 3 | | Monday, December 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Kottayam, India Sun 16 Sutra 239 Vilamba 5120 | |
| Dhanus Rasi: 24.21 | Tithi 3 - 4 | Gulika 1:44PM - 3:11PM Yama 10:50AM - 12:17PM 789863365 Rahu 7:56AM - 9:23AM | Purvashadha* Until 10:37AM Vriddhi Until 9:48PM Vanija Until 7:08AM Tue Tritiya Until 5:52PM | Ganesh: Purple <i>Sunrise:</i> 6:30AM Muruga: Purple <i>Sunset:</i> 6:05PM Nataraja: White Moon - Light Blue Margasira-Karttikai | | | Moon 11 - Phase 33 3rd Phase |
| Family Home Evening | | | | | | | Bhuloka Day |
| Routine Work | Marana Yoga | | | | | | |
| 4 | | Tuesday, December 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Visli* Karana Chaturthyam Titau | | Kottayam, India Sun 17 Sutra 240 Vilamba 5120 | |
| Makara Rasi: 6.17 | Tithi 4 | Gulika 12:18PM - 1:45PM Yama 9:24AM - 10:51AM 789863365 Rahu 3:12PM - 4:39PM | Uttarashadha Until 1:21PM Dhruva Until 10:40PM Vanija Until 7:08AM Chaturthi* Until 8:25PM | Ganesh: Purple <i>Sunrise:</i> 6:30AM Muruga: Purple <i>Sunset:</i> 6:06PM Nataraja: White Moon - Light Blue Margasira-Karttikai | | | Moon 11 - Phase 33 3rd Phase |
| Routine Work | Prabalarishta Yoga | | | | | | Bhuloka Day |
| Until 1:21PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| 5 | | Wednesday, December 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau | | Kottayam, India Sun 18 Sutra 241 Vilamba 5120 | |
| Makara Rasi: 18.06 | Tithi 5 | Gulika 10:51AM - 12:18PM Yama 7:57AM - 9:24AM 799863365 Rahu 12:18PM - 1:45PM | Shravana Until 4:38PM Vyaghata* Until 11:40PM Bava Until 9:48AM Panchami Until 11:10PM | Ganesh: Clear <i>Sunrise:</i> 6:31AM Muruga: Purple <i>Sunset:</i> 6:06PM Nataraja: White Moon - Purple Margasira-Karttikai | | | Moon 11 - Phase 33 3rd Phase |
| Creative Work | Siddha Yoga | | | | | | Bhuloka Day |
| Until 4:38PM | | | | | | | Devaloka Time: 6:AM to 9:AM |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |
| 6 | | Thursday, December 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau | | Kottayam, India Sun 19 Sutra 242 Vilamba 5120 | |
| Makara Rasi: 29.53 | Tithi 6 | Gulika 9:25AM - 10:52AM Yama 6:31AM - 7:58AM 799863365 Rahu 1:46PM - 3:13PM | Dhanishtha Until 7:47PM Harshana Until 12:39AM Fri Kaulava Until 12:33PM Shashthi* Until 1:52AM Fri | Ganesh: Clear <i>Sunrise:</i> 6:31AM Muruga: Purple <i>Sunset:</i> 6:06PM Nataraja: White Moon - Purple Margasira-Karttikai | | | Moon 11 - Phase 33 3rd Phase |
| Creative Work | Siddha Yoga | | | | | | Bhuloka Day |
| | | | | | | | Devaloka Time: 6:AM to 9:AM |
| | | Vinayaga Viratam Ends | | | | | |
| 7 | | Friday, December 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau | | Kottayam, India Sun 20 Sutra 243 Vilamba 5120 | |
| Retreat Star | | Gulika 7:58AM - 9:25AM Yama 3:13PM - 4:40PM 799863365 Rahu 10:52AM - 12:19PM | Shatabhishak Until 10:34PM Vajra* Until 1:25AM Sat Gara Until 3:10PM Saptami Until 4:19AM Sat | Ganesh: Clear <i>Sunrise:</i> 6:32AM Muruga: Purple <i>Sunset:</i> 6:07PM Nataraja: White Moon - Purple Margasira-Karttikai | | | Moon 11 - Phase 33 3rd Phase |
| Kumbha Rasi: 11.41 | Tithi 7 | | | | | | Bhuloka Day |
| Creative Work | Siddha Yoga | | | | | | Devaloka Time: 6:AM to 9:AM |
| 8 | | Saturday, December 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau | | Kottayam, India Sun 21 Sutra 244 Vilamba 5120 | |
| Retreat Star | | Gulika 6:32AM - 7:59AM Yama 1:47PM - 3:13PM 711863365 Rahu 9:26AM - 10:53AM | Purvaproshtapada* Until 1:15AM Sun Siddhi Until 1:51AM Sun Visti Until 5:23PM Ashtami* Until 6:15AM Sun | Ganesh: Clear <i>Sunrise:</i> 6:32AM Muruga: Purple <i>Sunset:</i> 6:07PM Nataraja: White Moon - Clear Margasira-Karttikai | | | Moon 11 - Phase 33 Ashtami |
| Kumbha Rasi: 23.37 | Tithi 8 | | | | | | Bhuloka Day |
| Routine Work | Marana Yoga | | | | | | Devaloka Time: 6:AM to 9:AM |
| Until 1:15AM Sun | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |
| 9 | | Sunday, December 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Kottayam, India Sun 22 Sutra 245 Vilamba 5120 | |
| Retreat Star | | Gulika 3:14PM - 4:41PM Yama 12:20PM - 1:47PM 711863365 Rahu 4:41PM - 6:08PM | Uttaraproshtapada Until 3:08AM Mon Vyatipata* Until 1:48AM Mon Balava Until 7:00PM Ashtami* Until 6:15AM | Ganesh: Clear <i>Sunrise:</i> 6:33AM Muruga: Purple <i>Sunset:</i> 6:08PM Nataraja: White Moon - Clear Margasira-Markali | | | Moon 11 - Phase 33 Navami |
| Meena Rasi: 5.44 | Tithi 8 - 9 | | | | | | Bhuloka Day |
| Creative Work | Amrita Yoga | Markali Pillaiyar | | | | | Devaloka Time: 6:AM to 9:AM |
| Until 3:08AM Mon | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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| 1 | Monday, December 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Kottayam, India Sun 23 Sutra 246 Vilamba 5120 |
| | Meena Rasi: 18.09 | Tithi 9 – 10 | Gulika 1:48PM – 3:14PM | Revati Until 4:08AM Tue | Ganesh: Purple | <i>Sunrise:</i> 6:33AM | |
| Family Home Evening | 811863365 | Yama 10:54AM – 12:21PM | Variyan Until 1:08AM Tue | Muruga: Purple | <i>Sunset:</i> 6:08PM | Moon 11 - Phase 34 | |
| Creative Work Siddha Yoga | | Rahu 8:00AM – 9:27AM | Taitila Until 7:52PM | Nataraja: White | | 4th Phase | |
| | | | Navami* Until 7:31AM | Moon – Clear | | Bhuloka Day | |
| | | | | Margasira*Markali | | | |

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| 2 | Tuesday, December 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Kottayam, India Sun 24 Sutra 247 Vilamba 5120 |
| | Mesha Rasi: 0.55 | Tithi 10 – 11 | Gulika 12:21PM – 1:48PM | Ashvini Until 4:39AM Wed | Ganesh: Clear | <i>Sunrise:</i> 6:34AM | |
| | 821863365 | Yama 9:27AM – 10:54AM | Parigha* Until 11:51PM | Muruga: Purple | <i>Sunset:</i> 6:09PM | Moon 11 - Phase 34 | |
| Creative Work Siddha Yoga | | Rahu 3:15PM – 4:42PM | Vanija Until 7:56PM | Nataraja: White | | 4th Phase | |
| | | | Dashami Until 7:59AM | Moon – White | | Bhuloka Day | |
| | | Gita Jayanthi | | Margasira*Markali | | Devaloka Time: 6:AM to 9:AM | |

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| 3 | Wednesday, December 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Kottayam, India Sun 25 Sutra 248 Vilamba 5120 |
| | Mesha Rasi: 14.05 | Tithi 11 – 12 | Gulika 10:55AM – 12:22PM | Bharani Until 4:13AM Thu | Ganesh: Clear | <i>Sunrise:</i> 6:34AM | |
| | 821863365 | Yama 8:01AM – 9:28AM | Shiva Until 9:56PM | Muruga: Purple | <i>Sunset:</i> 6:09PM | Moon 11 - Phase 34 | |
| Creative Work Siddha Yoga | | Rahu 12:22PM – 1:49PM | Bava Until 7:10PM | Nataraja: White | | 4th Phase | |
| Until 4:13AM Thu | | | Ekadashi Until 7:38AM | Moon – White | | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | Margasira*Markali | | Devaloka Time: 6:AM to 9:AM | |

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| 4 | Thursday, December 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau | | | | Kottayam, India Sun 26 Sutra 249 Vilamba 5120 |
| | Mesha Rasi: 27.41 | Tithi 12 – 13 | Gulika 9:28AM – 10:55AM | Krittika Until 2:58AM Fri | Ganesh: Clear | <i>Sunrise:</i> 6:35AM | |
| | 821863365 | Yama 6:35AM – 8:02AM | Siddha Until 7:26PM | Muruga: Purple | <i>Sunset:</i> 6:10PM | Moon 11 - Phase 34 | |
| Routine Work Marana Yoga | | Rahu 1:49PM – 3:16PM | Taitila Until 4:38AM Fri | Nataraja: White | | 4th Phase | |
| | | | Dvadashi Until 6:29AM | Moon – White | | Bhuloka Day | |
| | | | | Margasira*Markali | | Devaloka Time: 6:AM to 9:AM | |

Pradosha Vrata

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| 5 | Friday, December 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Kottayam, India Sun 27 Sutra 250 Vilamba 5120 |
| | Vrishabha Rasi: 11.42 | Tithi 14 | Gulika 8:02AM – 9:29AM | Rohini Until 1:24AM Sat | Ganesh: White | <i>Sunrise:</i> 6:35AM | |
| | 821863365 | Yama 3:16PM – 4:43PM | Sadhya Until 4:26PM | Muruga: Purple | <i>Sunset:</i> 6:10PM | Moon 11 - Phase 34 | |
| Routine Work Marana Yoga | | Rahu 10:56AM – 12:23PM | Gara Until 3:30PM | Nataraja: White | | 4th Phase | |
| Until 1:24AM Sat | | | Chaturdashi* Until 2:13AM Sat | Moon – Yellow | | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | Day 1 of Pancha Ganapati | | Margasira*Markali | | | |

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| ○ | Saturday, December 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau | | | | Kottayam, India Sutra 251 Vilamba 5120 |
| | Copper Retreat Star | | Gulika 6:36AM – 8:03AM | Mrigashira Until 11:17PM | Ganesh: White | <i>Sunrise:</i> 6:36AM | |
| Vrishabha Rasi: 26.06 | Tithi 15 | Yama 1:50PM – 3:17PM | Subha Until 1:02PM | Muruga: Purple | <i>Sunset:</i> 6:11PM | Moon 11 - Phase 34 | |
| | 821863365 | Rahu 9:29AM – 10:56AM | Visti Until 12:51PM | Nataraja: White | | Purnima | |
| Creative Work Siddha Yoga | | | Purnima* Until 11:22PM | Moon – Yellow | | Bhuloka Day | |
| | | Day 2 of Pancha Ganapati | | Margasira*Markali | | | |

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| ○ | Sunday, December 23, 2018 | | Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Kottayam, India Sutra 252 Vilamba 5120 |
| | Silver Retreat Star | | Gulika 3:17PM – 4:44PM | Ardra Until 5:01PM Mon | Ganesh: Yellow | <i>Sunrise:</i> 6:36AM | |
| Mithuna Rasi: 10.47 | Tithi 16 | Yama 12:24PM – 1:50PM | Sukla Until 9:21AM | Muruga: Purple | <i>Sunset:</i> 6:11PM | Moon 11 - Phase 34 | |
| | 831963365 | Rahu 4:44PM – 6:11PM | Balava Until 9:51AM | Nataraja: White | | Prathama | |
| Creative Work Siddha Yoga | | | Prathama* Until 8:15PM | Moon – Yellow | | Bhuloka Day | |
| | | Day 3 of Pancha Ganapati | | Margasira*Markali | | Devaloka Time: 9:AM to 12:PM | |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 25.38 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 5:01PM

Then Creative Work - Siddha Yoga

Gulika 1:51PM - 3:18PM
Yama 10:57AM - 12:24PM
Rahu 8:04AM - 9:30AM

Day 4 of Pancha Ganapati
Ardra Darshanam

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyam Titau

Ardra Until 5:01PM
Indra Until 1:37AM Tue
Taitila Until 6:39AM

Dvitiya Until 5:01PM

Ganesha: Blue Sunrise: 6:37AM

Muruga: Purple Sunset: 6:12PM

Nataraja: White

Moon - Blue
Margasira-Markali

Kottayam, India

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 10.32 Tihi 18 - 19

Creative Work Siddha Yoga

Gulika 12:25PM - 1:52PM
Yama 9:31AM - 10:58AM
Rahu 3:18PM - 4:45PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Pushya Until 3:55PM
Vaidhriti* Until 9:48PM
Bava Until 12:17AM Wed

Tritiya Until 1:49PM

Ganesha: Blue Sunrise: 6:37AM

Muruga: Purple Sunset: 6:12PM

Nataraja: White

Moon - Blue
Margasira-Markali

Kottayam, India

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

2

Wednesday, December 26, 2018

Kataka Rasi: 25.2 Tihi 19 - 20

Creative Work Siddha Yoga

Gulika 10:58AM - 12:25PM
Yama 8:05AM - 9:31AM
Rahu 12:25PM - 1:52PM

Ashlesha* Until 1:29PM
Vishkambha* Until 6:09PM
Kaulava Until 9:22PM

Chaturthi* Until 10:46AM

Ganesha: Yellow Sunrise: 6:38AM

Muruga: Purple Sunset: 6:13PM

Nataraja: Green

Moon - Blue
Margasira-Markali

Kottayam, India

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Simha Rasi: 9.56 Tihi 20 - 21

Creative Work Amrita Yoga

Until 11:38AM

Then Creative Work - Siddha Yoga

Gulika 9:32AM - 10:59AM
Yama 6:38AM - 8:05AM
Rahu 1:53PM - 3:19PM

Magha* Until 11:38AM
Priti Until 2:47PM
Gara Until 6:48PM

Panchami Until 8:01AM

Ganesha: Blue Sunrise: 6:38AM

Muruga: Purple Sunset: 6:13PM

Nataraja: Green

Moon - Red
Margasira-Markali

Kottayam, India

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Simha Rasi: 24.16 Tihi 22

Creative Work Siddha Yoga

Gulika 8:05AM - 9:32AM
Yama 3:20PM - 4:47PM
Rahu 10:59AM - 12:26PM

Purvaphalguni Until 10:03AM
Ayushman Until 11:44AM
Visti Until 4:40PM

Saptami Until 3:46AM Sat

Ganesha: Blue Sunrise: 6:39AM

Muruga: Purple Sunset: 6:14PM

Nataraja: Green

Moon - Red
Margasira-Markali

Kottayam, India

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 8.18 Tihi 23

Routine Work Marana Yoga

Gulika 6:39AM - 8:06AM
Yama 1:54PM - 3:20PM
Rahu 9:33AM - 11:00AM

Uttaraphalguni Until 8:47AM
Saubhagya Until 9:05AM
Balava Until 3:02PM

Ashtami* Until 2:24AM Sun

Ganesha: Blue Sunrise: 6:39AM

Muruga: Purple Sunset: 6:14PM

Nataraja: Green

Moon - Red
Margasira-Markali

Kottayam, India

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 22 Tihi 24

Creative Work Amrita Yoga

Until 8:20AM

Then Creative Work - Siddha Yoga

Gulika 3:21PM - 4:48PM
Yama 12:27PM - 1:54PM
Rahu 4:48PM - 6:15PM

Hasta Until 8:20AM
Sobhana Until 6:52AM
Taitila Until 1:56PM

Navami* Until 1:34AM Mon

Ganesha: Red Sunrise: 6:39AM

Muruga: Purple Sunset: 6:15PM

Nataraja: Green

Moon - Green
Margasira-Markali

Kottayam, India

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

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|----------------------------------|--------------------|---|-------------------|---------------------------------|--------------------------|--|--------------------|
| Monday, December 31, 2018 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Bava Karana Dashamyam Titau | | | | Kottayam, India Sun 8 Sutra 260 Vilamba 5120 | |
| 1 | | Gulika | 1:55PM – 3:21PM | Chitra Until 8:16AM | Ganesh: Red | <i>Sunrise:</i> 6:40AM | |
| Tula Rasi: 5.25 | Tithi 25 | Yama | 11:01AM – 12:28PM | Sukarma Until 8:16AM | Muruga: Purple | <i>Sunset:</i> 6:15PM | Moon 12 - Phase 36 |
| Family Home Evening | 862963366 | Rahu | 8:07AM – 9:34AM | Vanija Until 1:22PM | Nataraja: Green | | 2nd Phase |
| Routine Work | Prabalarishta Yoga | | | Dashami Until 1:15AM Tue | Moon – Green | Bhuloka Day | |
| Until 8:16AM | | | | | Margasira-Markali | Devaloka Time: 6:AM to 9:AM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| Tuesday, January 1, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashyam Titau | | | | Kottayam, India Sun 9 Sutra 261 Vilamba 5120 | |
| 2 | | Gulika | 12:28PM – 1:55PM | Svati Until 8:33AM | Ganesh: Red | <i>Sunrise:</i> 6:40AM | |
| Tula Rasi: 18.32 | Tithi 26 | Yama | 9:34AM – 11:01AM | Dhriti Until 8:33AM | Muruga: Purple | <i>Sunset:</i> 6:16PM | Moon 12 - Phase 36 |
| 862963366 | | Rahu | 3:22PM – 4:49PM | Bava Until 1:19PM | Nataraja: Green | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Bhuloka Day | Moon – Green | Devaloka Time: 6:AM to 9:AM | |
| Until 8:33AM | | | | Ekadashi* Until 1:28AM Wed | Margasira-Markali | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| Wednesday, January 2, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Kottayam, India Sun 10 Sutra 262 Vilamba 5120 | |
| 3 | | Gulika | 11:02AM – 12:29PM | Vishakha Until 3:21AM Fri Thu | Ganesh: Green | <i>Sunrise:</i> 6:41AM | |
| Vrischika Rasi: 1.24 | Tithi 27 | Yama | 8:08AM – 9:35AM | Shula* Until 2:01AM Thu | Muruga: Purple | <i>Sunset:</i> 6:16PM | Moon 12 - Phase 36 |
| 872963366 | | Rahu | 12:29PM – 1:55PM | Kaulava Until 1:47PM | Nataraja: Green | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Dvadashi* Until 2:10AM Thu | Moon – Orange | Bhuloka Day | |
| | | | | | Margasira-Markali | | |

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|----------------------------------|-------------|---|------------------|-------------------------------------|--------------------------|---|--------------------|
| Thursday, January 3, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Kottayam, India Sun 11 Sutra 263 Vilamba 5120 | |
| 4 | | Gulika | 9:35AM – 11:02AM | Vishakha Until 3:21AM Fri | Ganesh: Green | <i>Sunrise:</i> 6:41AM | |
| Vrischika Rasi: 14.02 | Tithi 28 | Yama | 6:41AM – 8:08AM | Ganda* Until 1:44AM Fri | Muruga: Purple | <i>Sunset:</i> 6:17PM | Moon 12 - Phase 36 |
| 872963366 | | Rahu | 1:56PM – 3:23PM | Gara Until 2:43PM | Nataraja: Green | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Trayodashi* Until 3:21AM Fri | Moon – Orange | Bhuloka Day | |
| Until 3:21AM Fri | | | | | Margasira-Markali | | |
| Then Routine Work - Marana Yoga | | | | | | | |

Pradosha Vrata (Fasting)

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|----------------------------------|-------------|--|-------------------|--------------------------------------|--------------------------|---|--------------------|
| Friday, January 4, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Kottayam, India Sun 12 Sutra 264 Vilamba 5120 | |
| 5 | | Gulika | 8:09AM – 9:35AM | Jyeshtha* Until 12:42PM | Ganesh: Green | <i>Sunrise:</i> 6:42AM | |
| Vrischika Rasi: 26.28 | Tithi 29 | Yama | 3:23PM – 4:50PM | Vriddhi Until 1:49AM Sat | Muruga: Purple | <i>Sunset:</i> 6:17PM | Moon 12 - Phase 36 |
| 872963366 | | Rahu | 11:02AM – 12:29PM | Visti Until 4:07PM | Nataraja: Green | | 2nd Phase |
| Routine Work | Marana Yoga | | | Chaturdashi* Until 4:58AM Sat | Moon – Orange | Bhuloka Day | |
| Until 12:42PM | | | | | Margasira-Markali | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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|----------------------------------|-------------|--|------------------|-----------------------------------|--------------------------|---|--------------------|
| Saturday, January 5, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Kottayam, India Sun 13 Sutra 265 Vilamba 5120 | |
| Retreat Star | | Gulika | 6:42AM – 8:09AM | Mula* Until 3:06PM | Ganesh: White | <i>Sunrise:</i> 6:42AM | |
| Dhanus Rasi: 8.43 | Tithi 30 | Yama | 1:57PM – 3:24PM | Dhruva Until 2:10AM Sun | Muruga: Purple | <i>Sunset:</i> 6:18PM | Moon 12 - Phase 36 |
| 882963366 | | Rahu | 9:36AM – 11:03AM | Catuspada Until 5:57PM | Nataraja: Green | | Amavasya |
| Creative Work | Siddha Yoga | | | Amavasya* Until 6:59AM Sun | Moon – Light Blue | Bhuloka Day | |
| | | Subramuniyaswami Jayanti | | | Margasira-Markali | | |

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|----------------------------------|--------------|---|------------------|----------------------------------|------------------------|---|--------------------|
| Sunday, January 6, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Kottayam, India Sun 14 Sutra 266 Vilamba 5120 | |
| Retreat Star | | Gulika | 3:24PM – 4:51PM | Purvashadha* Until 5:43PM | Ganesh: White | <i>Sunrise:</i> 6:42AM | |
| Dhanus Rasi: 20.49 | Tithi 30 – 1 | Yama | 12:30PM – 1:57PM | Vyaghata* Until 2:48AM Mon | Muruga: Clear | <i>Sunset:</i> 6:18PM | Moon 12 - Phase 36 |
| 882973366 | | Rahu | 4:51PM – 6:18PM | Kintughna Until 8:09PM | Nataraja: Green | | Prathama |
| Creative Work | Siddha Yoga | | | Amavasya* Until 6:59AM | Moon – Light Blue | Bhuloka Day | |
| Until 5:43PM | | Partial Solar Eclipse | | | Pausha-Markali | Devaloka Time: 12:PM to 3:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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|----------------------------------|-------------|--|----------------------------------|------------------------|------------------------|---|
| Monday, January 7, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Kottayam, India Sun 15 Sutra 267 Vilamba 5120 |
| 1 | | Gulika 1:58PM – 3:25PM | Uttarashadha Until 8:26PM | Ganesha: White | <i>Sunrise:</i> 6:43AM | |
| Makara Rasi: 2.46 | Tithi 1 – 2 | Yama 11:04AM – 12:31PM | Harshana Until 3:39AM Tue | Muruga: Clear | <i>Sunset:</i> 6:19PM | Moon 12 - Phase 37 |
| Family Home Evening | 882973366 | Rahu 8:10AM – 9:37AM | Balava Until 10:39PM | Nataraja: Green | | 3rd Phase |
| Routine Work | Marana Yoga | | Prathama* Until 9:20AM | Moon – Light Blue | | |
| Until 8:26PM | | | | Pausha-Markali | Bhuloka Day | Devaloka Time: 12:PM to 3:PM |
| Then Creative Work - Amrita Yoga | | | | | | |

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|---------------------------------|-------------|--|-------------------------------|------------------------|------------------------|---|
| Tuesday, January 8, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Kottayam, India Sun 16 Sutra 268 Vilamba 5120 |
| 2 | | Gulika 12:31PM – 1:58PM | Shravana Until 11:42PM | Ganesha: Red | <i>Sunrise:</i> 6:43AM | |
| Makara Rasi: 14.37 | Tithi 2 – 3 | Yama 9:37AM – 11:04AM | Vajra* Until 4:36AM Wed | Muruga: Clear | <i>Sunset:</i> 6:20PM | Moon 12 - Phase 37 |
| | 893973366 | Rahu 3:25PM – 4:52PM | Taitila Until 1:20AM Wed | Nataraja: Green | | 3rd Phase |
| Creative Work | Siddha Yoga | | Dvitiya Until 11:57AM | Moon – Purple | | |
| | | | | Pausha-Markali | Devaloka Day | |

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|-----------------------------------|--------------------|---|------------------------------------|------------------------|------------------------|---|
| Wednesday, January 9, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | Kottayam, India Sun 17 Sutra 269 Vilamba 5120 |
| 3 | | Gulika 11:05AM – 12:32PM | Dhanishtha Until 2:52AM Thu | Ganesha: Red | <i>Sunrise:</i> 6:43AM | |
| Makara Rasi: 26.25 | Tithi 3 – 4 | Yama 8:10AM – 9:37AM | Siddhi Until 5:36AM Thu | Muruga: Clear | <i>Sunset:</i> 6:20PM | Moon 12 - Phase 37 |
| | 893973366 | Rahu 12:32PM – 1:59PM | Vanija Until 4:06AM Thu | Nataraja: Green | | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Tritiya Until 2:42PM | Moon – Purple | | |
| Until 2:52AM Thu | | | | Pausha-Markali | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|-----------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|---|
| Thursday, January 10, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Kottayam, India Sun 18 Sutra 270 Vilamba 5120 |
| 4 | | Gulika 9:38AM – 11:05AM | Shatabhishak Until 5:46AM Fri | Ganesha: Red | <i>Sunrise:</i> 6:44AM | |
| Kumbha Rasi: 8.12 | Tithi 4 – 5 | Yama 6:44AM – 8:11AM | Vyatipata* Until 6:31AM Fri | Muruga: Clear | <i>Sunset:</i> 6:21PM | Moon 12 - Phase 37 |
| | 893973366 | Rahu 1:59PM – 3:26PM | Bava Until 6:45AM Fri | Nataraja: Green | | 3rd Phase |
| Creative Work | Siddha Yoga | | Chaturthi* Until 5:25PM | Moon – Purple | | |
| | | | | Pausha-Markali | Devaloka Day | |

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|---------------------------------|-------------|---|---|------------------------|------------------------|---|
| Friday, January 11, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau | | | | Kottayam, India Sun 19 Sutra 271 Vilamba 5120 |
| 5 | | Gulika 8:11AM – 9:38AM | Purvaproshtapada* Until 8:44AM Sat | Ganesha: Clear | <i>Sunrise:</i> 6:44AM | |
| Kumbha Rasi: 20.01 | Tithi 5 | Yama 3:27PM – 4:54PM | Vyatipata* Until 6:31AM | Muruga: Clear | <i>Sunset:</i> 6:21PM | Moon 12 - Phase 37 |
| | 813973366 | Rahu 11:05AM – 12:32PM | Bava Until 6:45AM | Nataraja: Green | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 7:57PM | Moon – Clear | | |
| | | | | Pausha-Markali | Devaloka Day | |

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|-----------------------------------|-------------|---|--|------------------------|------------------------|---|
| Saturday, January 12, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Kottayam, India Sun 20 Sutra 272 Vilamba 5120 |
| 6 | | Gulika 6:44AM – 8:11AM | Purvaproshtapada* Until 11:45PM Sur | Ganesha: Clear | <i>Sunrise:</i> 6:44AM | |
| Meena Rasi: 1.57 | Tithi 6 | Yama 2:00PM – 3:27PM | Variyan Until 7:13AM | Muruga: Clear | <i>Sunset:</i> 6:22PM | Moon 12 - Phase 37 |
| | 813973366 | Rahu 9:39AM – 11:06AM | Kaulava Until 9:07AM | Nataraja: Green | | 3rd Phase |
| Routine Work | Marana Yoga | | Shashthi* Until 10:07PM | Moon – Clear | | |
| Until 11:45PM Sun | | | | Pausha-Markali | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|---------------------------------|-------------|---|--|------------------------|------------------------|---|
| Sunday, January 13, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau | | | | Kottayam, India Sun 21 Sutra 273 Vilamba 5120 |
| Retreat Star | | Gulika 3:28PM – 4:55PM | Purvaproshtapada* Until 11:45PM Mon | Ganesha: Clear | <i>Sunrise:</i> 6:44AM | |
| Meena Rasi: 14.03 | Tithi 7 | Yama 12:33PM – 2:00PM | Parigha* Until 7:32AM Mon | Muruga: Clear | <i>Sunset:</i> 6:22PM | Moon 12 - Phase 37 |
| | 813973366 | Rahu 4:55PM – 6:22PM | Gara Until 11:02AM | Nataraja: Green | | 3rd Phase |
| Creative Work | Amrita Yoga | | Saptami Until 11:45PM | Moon – Clear | | |
| | | | | Pausha-Markali | Devaloka Day | |

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|---------------------------------|-------------|--|-----------------------------------|------------------------|------------------------|---|
| Monday, January 14, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Kottayam, India Sun 22 Sutra 274 Vilamba 5120 |
| Retreat Star | | Gulika 2:01PM – 3:28PM | Revati Until 12:44PM | Ganesha: Clear | <i>Sunrise:</i> 6:45AM | |
| Meena Rasi: 26.23 | Tithi 8 | Yama 11:06AM – 12:34PM | Shiva Until 7:32AM | Muruga: Clear | <i>Sunset:</i> 6:23PM | Moon 12 - Phase 37 |
| Family Home Evening | 813973366 | Rahu 8:12AM – 9:39AM | Visti Until 12:19PM | Nataraja: Green | | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 12:40AM Tue | Moon – Clear | | |
| | | | | Pausha-Thai | Devaloka Day | |
| | | Thai Pongal | | | | |

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| Tuesday, January 15, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau | | | | Kottayam, India Sun 23 Sutra 275 Vilamba 5120 |
| Retreat Star | | Gulika 12:34PM – 2:01PM | Ashvini Until 1:58PM | Ganesha: Purple | <i>Sunrise:</i> 6:45AM | |
| Mesha Rasi: 9.02 | Tithi 9 | Yama 9:39AM – 11:07AM | Siddha Until 6:53AM | Muruga: Clear | <i>Sunset:</i> 6:23PM | Moon 12 - Phase 37 |
| | 823973366 | Rahu 3:29PM – 4:56PM | Balava Until 12:51PM | Nataraja: Green | | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 12:48AM Wed | Moon – White | | |
| | | | | Pausha-Thai | Sivaloka Day | |


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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|----------------------------------|-------------|------------------------------------|--------------------------|----------------------------------|--|---|---|
| 1 | | Wednesday, January 16, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau | Kottayam, India Sun 24 Sutra 276 Vilamba 5120 |
| Mesha Rasi: 22.05 | Tithi 10 | Gulika | 11:07AM – 12:34PM | Bharani Until 2:13PM | Ganesh: Blue <i>Sunrise: 6:45AM</i> | | |
| | | Yama | 8:12AM – 9:40AM | Subha Until 3:45AM Thu | Muruga: Clear <i>Sunset: 6:24PM</i> | Moon 12 - Phase 38 | |
| | | 823173366 Rahu | 12:34PM – 2:02PM | Taitila Until 12:34PM | Nataraja: Green | 4th Phase | |
| Creative Work | Siddha Yoga | | | Dashami Until 12:06AM Thu | Moon – White | Sivaloka Day | |
| Until 2:13PM | | | | | Pausha*Thai | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 2 | | Thursday, January 17, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau | Kottayam, India Sun 25 Sutra 277 Vilamba 5120 |
| Vrishabha Rasi: 5.34 | Tithi 11 | Gulika | 9:40AM – 11:07AM | Krittika Until 1:32PM | Ganesh: Blue <i>Sunrise: 6:45AM</i> | | |
| | | Yama | 6:45AM – 8:13AM | Sukla Until 1:13AM Fri | Muruga: Clear <i>Sunset: 6:24PM</i> | Moon 12 - Phase 38 | |
| | | 823173366 Rahu | 2:02PM – 3:29PM | Vanija Until 11:27AM | Nataraja: Green | 4th Phase | |
| Routine Work | Marana Yoga | | | Ekadashi Until 10:35PM | Moon – White | Sivaloka Day | |
| | | | | | Pausha*Thai | | |

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| 3 | | Friday, January 18, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau | Kottayam, India Sun 26 Sutra 278 Vilamba 5120 |
| Vrishabha Rasi: 19.31 | Tithi 12 | Gulika | 8:13AM – 9:40AM | Rohini Until 12:24PM | Ganesh: Yellow <i>Sunrise: 6:46AM</i> | | |
| | | Yama | 3:30PM – 4:57PM | Brahma Until 10:07PM | Muruga: Clear <i>Sunset: 6:25PM</i> | Moon 12 - Phase 38 | |
| | | 823173366 Rahu | 11:08AM – 12:35PM | Bava Until 9:35AM | Nataraja: Green | 4th Phase | |
| Routine Work | Marana Yoga | | | Dvadashi Until 8:22PM | Moon – Yellow | Devaloka Day | |
| Until 12:24PM | | | | | Pausha*Thai | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|--------------------|---------------|-----------------------------------|-------------------------|------------------------------------|--|--|---|
| 4 | | Saturday, January 19, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau | Kottayam, India Sun 27 Sutra 279 Vilamba 5120 |
| Mithuna Rasi: 3.55 | Tithi 13 – 14 | Gulika | 6:46AM – 8:13AM | Mrigashira Until 2:18PM Sun | Ganesh: Yellow <i>Sunrise: 6:46AM</i> | | |
| | | Yama | 2:03PM – 3:30PM | Indra Until 6:35PM | Muruga: Clear <i>Sunset: 6:25PM</i> | Moon 12 - Phase 38 | |
| | | 823173366 Rahu | 9:41AM – 11:08AM | Kaulava Until 7:03AM | Nataraja: Green | 4th Phase | |
| Creative Work | Siddha Yoga | | | Trayodashi Until 5:33PM | Moon – Yellow | Devaloka Day | |
| | | | | | Pausha*Thai | | |
| | | | | | <i>Pradosha Vrata</i> | | |

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|---|---------------|---------------------------------|------------------------|----------------------------------|--|--|--|
|  | | Sunday, January 20, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Kottayam, India Sutra 280 Vilamba 5120 |
| Copper Retreat Star | | Gulika | 3:31PM – 4:58PM | Mrigashira Until 2:18PM | Ganesh: Yellow <i>Sunrise: 6:46AM</i> | | |
| Mithuna Rasi: 18.41 | Tithi 14 – 15 | Yama | 12:36PM – 2:03PM | Vaidhriti* Until 2:39PM | Muruga: Clear <i>Sunset: 6:25PM</i> | Moon 12 - Phase 38 | |
| | | 823173366 Rahu | 4:58PM – 6:25PM | Visti Until 12:34AM Mon | Nataraja: Green | Purnima | |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 2:18PM | Moon – Yellow | Devaloka Day | |
| | | | | | Pausha*Thai | | |

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|---------------------------------|---------------|----------------------------|------------------------|--------------------------------|---|---|--|
| Monday, January 21, 2019 | | Silver Retreat Star | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Kottayam, India Sutra 281 Vilamba 5120 |
| Kataka Rasi: 3.44 | Tithi 15 – 16 | Gulika | 2:03PM – 3:31PM | Pushya Until 2:25AM Tue | Ganesh: White <i>Sunrise: 6:46AM</i> | | |
| Family Home Evening | | Yama | 11:08AM – 12:36PM | Vishkambha* Until 10:31AM | Muruga: Clear <i>Sunset: 6:26PM</i> | Moon 12 - Phase 38 | |
| | | 823173366 Rahu | 8:14AM – 9:41AM | Balava Until 8:56PM | Nataraja: Green | Prathama | |
| Creative Work | Siddha Yoga | | | Purnima* Until 10:45AM | Moon – Blue | Sivaloka Day | |
| | | | | | Pausha*Thai | | |
| | | Total Lunar Eclipse | | | | | |
| | | Thai Pusam | | | | | |



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Kottayam, India

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 18.55 Tihi 16 - 17

844173366

Gulika 12:36PM - 2:04PM
Yama 9:41AM - 11:09AM
Rahu 3:31PM - 4:59PM

Ashlesha* Until 11:23PM
Priti Until 6:16AM
Gara Until 3:26AM Wed
Prathama* Until 7:04AM

Ganesha: Clear *Sunrise:* 6:46AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: Green
Moon - Blue
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Kottayam, India

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 4.05 Tihi 18

854173366

Gulika 11:09AM - 12:37PM
Yama 8:14AM - 9:41AM
Rahu 12:37PM - 2:04PM

Magha* Until 8:46PM
Saubhagya Until 9:57PM
Vanija Until 1:42PM
Tritiya Until 11:59PM

Ganesha: Purple *Sunrise:* 6:46AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: Green
Moon - Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 8:46PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Kottayam, India

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 19.04 Tihi 19

854173366

Gulika 9:42AM - 11:09AM
Yama 6:46AM - 8:14AM
Rahu 2:04PM - 3:32PM

Purvaphalguni Until 6:20PM
Sobhana Until 6:10PM
Bava Until 10:24AM
Chaturthi* Until 8:54PM

Ganesha: Purple *Sunrise:* 6:46AM
Muruga: Clear *Sunset:* 6:27PM
Nataraja: Green
Moon - Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 3.45 Tihi 20

954173366

Gulika 8:14AM - 9:42AM
Yama 3:32PM - 5:00PM
Rahu 11:09AM - 12:37PM

Uttaraphalguni Until 4:15PM
Athiganda* Until 2:44PM
Kaulava Until 7:33AM
Panchami Until 6:17PM

Ganesha: Clear *Sunrise:* 6:46AM
Muruga: Clear *Sunset:* 6:28PM
Nataraja: Green
Moon - Red
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 4:15PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kottayam, India

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 18.03 Tihi 21 - 22

964173366

Gulika 6:46AM - 8:14AM
Yama 2:05PM - 3:33PM
Rahu 9:42AM - 11:10AM

Hasta Until 3:01PM
Sukarma Until 11:48AM
Visti Until 3:34AM Sun
Shashthi* Until 4:18PM

Ganesha: Purple *Sunrise:* 6:46AM
Muruga: Clear *Sunset:* 6:28PM
Nataraja: Green
Moon - Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kottayam, India

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Tula Rasi: 1.56 Tihi 22 - 23

964173366

Gulika 3:33PM - 5:01PM
Yama 12:37PM - 2:05PM
Rahu 5:01PM - 6:28PM

Chitra Until 2:21PM
Dhriti Until 9:25AM
Balava Until 2:38AM Mon
Saptami Until 3:00PM

Ganesha: Purple *Sunrise:* 6:47AM
Muruga: Clear *Sunset:* 6:28PM
Nataraja: Green
Moon - Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

D

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kottayam, India

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 15.23 Tihi 23 - 24

964173366

Gulika 2:05PM - 3:33PM
Yama 11:10AM - 12:38PM
Rahu 8:14AM - 9:42AM

Svati Until 2:14PM
Shula* Until 7:36AM
Taitila Until 2:28AM Tue
Ashtami* Until 2:26PM

Ganesha: Purple *Sunrise:* 6:47AM
Muruga: Clear *Sunset:* 6:29PM
Nataraja: Green
Moon - Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 2:14PM

Then Routine Work - Marana Yoga

Tuesday, January 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Ganda*/Nridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kottayam, India

Sun 7 Sutra 289

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 28.26 Tihi 24 - 25

974173366

Gulika 12:38PM - 2:06PM
Yama 9:42AM - 11:10AM
Rahu 3:33PM - 5:01PM

Vishakha Until 3:10PM
Ganda* Until 6:22AM
Vanija Until 3:00AM Wed
Navami* Until 2:37PM

Ganesha: Clear *Sunrise:* 6:47AM
Muruga: Clear *Sunset:* 6:29PM
Nataraja: Green
Moon - Orange
Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 3:10PM

Then Creative Work - Siddha Yoga


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|---------------|--|-------------------|--|-----------------|-----------------|-------------------|-----------------|--|
| 1 | Wednesday, January 30, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Kottayam, India | |
| | Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau | | Sun 8 | | Sutra 290 | | Vilamba 5120 | |
| | Gulika | 11:10AM - 12:38PM | Anuradha Until 4:36PM | Ganeshha: Clear | Sunrise: 6:47AM | | | |
| | Yama | 8:14AM - 9:42AM | Dhruva Until 5:30AM Thu | Muruga: Clear | Sunset: 6:29PM | Moon 1 - Phase 40 | | |
| 974173366 | Rahu | 12:38PM - 2:06PM | Bava Until 4:12AM Thu | Nataraja: Green | 2nd Phase | | | |
| Creative Work | Siddha Yoga | | Dashami Until 3:30PM | Moon - Orange | Devaloka Day | | | |
| | | | | Pausha*Thai | | | | |

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|----------------------------------|--|------------------|---|-----------------|-----------------|-------------------|-----------------|--|
| 2 | Thursday, January 31, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Kottayam, India | |
| | Jyeshtha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Sun 9 | | Sutra 291 | | Vilamba 5120 | |
| | Gulika | 9:42AM - 11:10AM | Jyeshtha* Until 6:27PM | Ganeshha: Clear | Sunrise: 6:47AM | | | |
| | Yama | 6:47AM - 8:14AM | Vyaghata* Until 5:43AM Fri | Muruga: Clear | Sunset: 6:30PM | Moon 1 - Phase 40 | | |
| 974173366 | Rahu | 2:06PM - 3:34PM | Kaulava Until 5:57AM Fri | Nataraja: Green | 2nd Phase | | | |
| Routine Work | Prabalarishta Yoga | | Ekadashi* Until 5:00PM | Moon - Orange | Devaloka Day | | | |
| Until 6:27PM | | | | Pausha*Thai | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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|--|---|-------------------|--|-------------------|------------------------------|-------------------|-----------------|--|
| 3 | Friday, February 1, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Kottayam, India | |
| | Mula* Nakshatra Harshana Yoga Taitila Karana Dvadashyam Titau | | Sun 10 | | Sutra 292 | | Vilamba 5120 | |
| | Gulika | 8:14AM - 9:42AM | Mula* Until 9:05PM | Ganeshha: White | Sunrise: 6:47AM | | | |
| | Yama | 3:34PM - 5:02PM | Harshana Until 6:17AM Sat | Muruga: Clear | Sunset: 6:30PM | Moon 1 - Phase 40 | | |
| 984173366 | Rahu | 11:10AM - 12:38PM | Taitila Until 6:58PM | Nataraja: Green | 2nd Phase | | | |
| Creative Work | Amrita Yoga | | Dvadashi* Until 6:58PM | Moon - Light Blue | Bhuloka Day | | | |
| Until 9:05PM | | | | Pausha*Thai | Devaloka Time: 12:PM to 3:PM | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | |

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| 4 | Saturday, February 2, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Kottayam, India | |
| | Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau | | Sun 11 | | Sutra 293 | | Vilamba 5120 | |
| | Gulika | 6:46AM - 8:14AM | Purvashadha* Until 11:53PM | Ganeshha: White | Sunrise: 6:46AM | | | |
| | Yama | 2:06PM - 3:34PM | Harshana Until 6:17AM | Muruga: Clear | Sunset: 6:30PM | Moon 1 - Phase 40 | | |
| 984173366 | Rahu | 9:42AM - 11:10AM | Gara Until 8:08AM | Nataraja: Green | 2nd Phase | | | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 9:19PM | Moon - Light Blue | Bhuloka Day | | | |
| Until 11:53PM | | | | Pausha*Thai | Devaloka Time: 12:PM to 3:PM | | | |
| Then Routine Work - Marana Yoga | | | | Pradosha Vrata (Fasting) | | | | |

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| 5 | Sunday, February 3, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Kottayam, India | |
| | Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Sun 12 | | Sutra 294 | | Vilamba 5120 | |
| | Gulika | 3:34PM - 5:03PM | Uttarashadha Until 2:45AM Mon | Ganeshha: White | Sunrise: 6:46AM | | | |
| | Yama | 12:38PM - 2:06PM | Vajra* Until 7:02AM | Muruga: Clear | Sunset: 6:31PM | Moon 1 - Phase 40 | | |
| 984173366 | Rahu | 5:03PM - 6:31PM | Visti Until 10:36AM | Nataraja: Green | 2nd Phase | | | |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 11:54PM | Moon - Light Blue | Bhuloka Day | | | |
| | | | | Pausha*Thai | Devaloka Time: 12:PM to 3:PM | | | |

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|  | Monday, February 4, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Kottayam, India | |
| | Retreat Star | | Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Sun 13 | | Sutra 295 | |
| | Gulika | 2:07PM - 3:35PM | Shravana Until 6:02AM Tue | Ganeshha: Red | Sunrise: 6:46AM | Vilamba 5120 | | |
| | Yama | 11:11AM - 12:39PM | Siddhi Until 7:57AM | Muruga: Clear | Sunset: 6:31PM | Moon 1 - Phase 40 | | |
| 995173367 | Rahu | 8:14AM - 9:42AM | Catuspada Until 1:16PM | Nataraja: White | Amavasya | | | |
| Makara Rasi: 11.31 | Tithi 30 | | Amavasya* Until 2:36AM Tue | Moon - Purple | Devaloka Day | | | |
| Family Home Evening | | | | Pausha*Thai | | | | |
| Creative Work | Amrita Yoga | | | | | | | |
| Until 6:02AM Tue | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| Retreat Star | Tuesday, February 5, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Kottayam, India | |
| | Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau | | Sun 14 | | Sutra 296 | | Vilamba 5120 | |
| | Gulika | 12:39PM - 2:07PM | Shravana Until 6:02AM | Ganeshha: Red | Sunrise: 6:46AM | | | |
| | Yama | 9:42AM - 11:11AM | Vyatipata* Until 8:57AM | Muruga: Clear | Sunset: 6:31PM | Moon 1 - Phase 40 | | |
| 995173367 | Rahu | 3:35PM - 5:03PM | Kintughna Until 3:59PM | Nataraja: White | Prathama | | | |
| Creative Work | Siddha Yoga | | Prathama* Until 5:18AM Wed | Moon - Purple | Devaloka Day | | | |
| | | | | Magha*Thai | | | | |

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| 1 | | Wednesday, February 6, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava Karana Dvitiyayam Titau | Kottayam, India Sun 15 Sutra 297 Vilamba 5120 |
| Kumbha Rasi: 5.06 | Tithi 2 | Gulika 11:11AM – 12:39PM | Dhanishtha Until 9:09AM | Ganesha: Red | <i>Sunrise:</i> 6:46AM | | |
| | | Yama 8:14AM – 9:42AM | Variyan Until 9:54AM | Muruga: Clear | <i>Sunset:</i> 6:31PM | Moon 1 - Phase 41 | |
| | | 995173367 Rahu 12:39PM – 2:07PM | Balava Until 6:39PM | Nataraja: White | | 3rd Phase | |
| Routine Work | Prabalarishta Yoga | | Dvitiya Until 7:55AM Thu | Moon – Purple | | Devaloka Day | |
| Until 9:09AM | | | | Magha-Thai | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Thursday, February 7, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | Kottayam, India Sun 16 Sutra 298 Vilamba 5120 |
| Kumbha Rasi: 16.56 | Tithi 2 – 3 | Gulika 9:42AM – 11:11AM | Shatabhishak Until 12:00PM | Ganesha: Red | <i>Sunrise:</i> 6:46AM | | |
| | | Yama 6:46AM – 8:14AM | Parigha* Until 10:48AM | Muruga: Clear | <i>Sunset:</i> 6:32PM | Moon 1 - Phase 41 | |
| | | 995173367 Rahu 2:07PM – 3:35PM | Taitila Until 9:10PM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Dvitiya Until 7:55AM | Moon – Purple | | Devaloka Day | |
| | | | | Magha-Thai | | | |

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| 3 | | Friday, February 8, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | Kottayam, India Sun 17 Sutra 299 Vilamba 5120 |
| Kumbha Rasi: 28.5 | Tithi 3 – 4 | Gulika 8:14AM – 9:42AM | Purvaproshtapada* Until 12:27PM Sat | Ganesha: Blue | <i>Sunrise:</i> 6:46AM | | |
| | | Yama 3:35PM – 5:04PM | Shiva Until 11:33AM | Muruga: Clear | <i>Sunset:</i> 6:32PM | Moon 1 - Phase 41 | |
| | | 915173367 Rahu 11:11AM – 12:39PM | Vanija Until 11:27PM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Tritiya Until 10:20AM | Moon – Clear | | Sivaloka Day | |
| | | | | Magha-Thai | | | |

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|--|-------------|--|--|------------------------|------------------------|---|---|
| 4 | | Saturday, February 9, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau | Kottayam, India Sun 18 Sutra 300 Vilamba 5120 |
| Meena Rasi: 10.51 | Tithi 4 – 5 | Gulika 6:46AM – 8:14AM | Purvaproshtapada* Until 12:27PM | Ganesha: Blue | <i>Sunrise:</i> 6:46AM | | |
| | | Yama 2:07PM – 3:36PM | Siddha Until 11:77AM Sun | Muruga: Clear | <i>Sunset:</i> 6:32PM | Moon 1 - Phase 41 | |
| | | 915173367 Rahu 9:42AM – 11:11AM | Bava Until 1:24AM Sun | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Chaturthi* Until 12:27PM | Moon – Clear | | Sivaloka Day | |
| Until 12:27PM | | | | Magha-Thai | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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| 5 | | Sunday, February 10, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Kottayam, India Sun 19 Sutra 301 Vilamba 5120 |
| Meena Rasi: 23 | Tithi 5 – 6 | Gulika 3:36PM – 5:04PM | Revati Until 7:29PM | Ganesha: Red | <i>Sunrise:</i> 6:46AM | | |
| | | Yama 12:39PM – 2:07PM | Sadhya Until 12:17PM | Muruga: Clear | <i>Sunset:</i> 6:33PM | Moon 1 - Phase 41 | |
| | | 915273367 Rahu 5:04PM – 6:33PM | Kaulava Until 2:53AM Mon | Nataraja: White | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Panchami Until 2:11PM | Moon – Clear | | Devaloka Day | |
| Until 7:29PM | | | | Magha-Thai | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|----------------------------|-------------|---------------------------------------|-------------------------------|------------------------|------------------------|--|---|
| 6 | | Monday, February 11, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | Kottayam, India Sun 20 Sutra 302 Vilamba 5120 |
| Mesha Rasi: 5.21 | Tithi 6 – 7 | Gulika 2:07PM – 3:36PM | Ashvini Until 9:15PM | Ganesha: Blue | <i>Sunrise:</i> 6:45AM | | |
| Family Home Evening | | Yama 11:11AM – 12:39PM | Subha Until 12:08PM | Muruga: Clear | <i>Sunset:</i> 6:33PM | Moon 1 - Phase 41 | |
| | | 925273367 Rahu 8:14AM – 9:42AM | Gara Until 3:48AM Tue | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 3:24PM | Moon – White | | Bhuloka Day | |
| | | | | Magha-Thai | | Devaloka Time: 12:PM to 3:PM | |

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|---------------------|-------------|---------------------------------------|------------------------------|------------------------|------------------------|---|---|
| | | Tuesday, February 12, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau | Kottayam, India Sun 21 Sutra 303 Vilamba 5120 |
| Retreat Star | | Gulika 12:39PM – 2:08PM | Bharani Until 10:14PM | Ganesha: Blue | <i>Sunrise:</i> 6:45AM | | |
| Mesha Rasi: 17.57 | Tithi 7 – 8 | Yama 9:42AM – 11:11AM | Sukla Until 11:30AM | Muruga: Clear | <i>Sunset:</i> 6:33PM | Moon 1 - Phase 41 | |
| | | 925273367 Rahu 3:36PM – 5:05PM | Visiti Until 4:02AM Wed | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Saptami Until 3:59PM | Moon – White | | Bhuloka Day | |
| | | | | Magha-Thai | | Devaloka Time: 12:PM to 3:PM | |

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| Retreat Star | | Wednesday, February 13, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Kottayam, India Sun 22 Sutra 304 Vilamba 5120 |
| Vrisabha Rasi: 0.52 | Tithi 8 – 9 | Gulika 11:11AM – 12:39PM | Krittika Until 10:22PM | Ganesha: Yellow | <i>Sunrise:</i> 6:45AM | | |
| | | Yama 8:13AM – 9:42AM | Brahma Until 10:21AM | Muruga: Clear | <i>Sunset:</i> 6:33PM | Moon 1 - Phase 41 | |
| | | 926273367 Rahu 12:39PM – 2:08PM | Balava Until 3:32AM Thu | Nataraja: White | | Ashtami | |
| Creative Work | Amrita Yoga | | Ashtami* Until 3:52PM | Moon – White | | Devaloka Day | |
| Until 10:22PM | | | | Magha-Masi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Retreat Star | | Thursday, February 14, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Kottayam, India Sun 23 Sutra 305 Vilamba 5120 |
| Vrisabha Rasi: 14.11 | Tithi 9 – 10 | Gulika 9:42AM – 11:10AM | Rohini Until 10:03PM | Ganesha: White | <i>Sunrise:</i> 6:45AM | | |
| | | Yama 6:45AM – 8:13AM | Indra Until 8:37AM | Muruga: Clear | <i>Sunset:</i> 6:33PM | Moon 1 - Phase 41 | |
| | | 936273367 Rahu 2:08PM – 3:36PM | Taitila Until 2:15AM Fri | Nataraja: White | | Navami | |
| Routine Work | Marana Yoga | | Navami* Until 2:58PM | Moon – Yellow | | Sivaloka Day | |
| | | | | Magha-Masi | | | |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang

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| 1 | Friday, February 15, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Kottayam, India Sun 24 Sutra 306 Vilamba 5120 |
| | 936273367 | Rahu | 11:10AM – 12:39PM | Mrigashira Until 8:52PM Vaidhriti* Until 6:15AM Vanija Until 12:15AM Sat Dashami Until 1:19PM | Ganesh: White Muruga: Clear Nataraja: White Moon – Yellow Magha-Masi | Sunrise: 6:44AM Sunset: 6:34PM | Moon 1 - Phase 42 4th Phase |
| | Creative Work | Siddha Yoga | | | | | Sivaloka Day |
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| 2 | Saturday, February 16, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Kottayam, India Sun 25 Sutra 307 Vilamba 5120 |
| | 936273367 | Rahu | 9:42AM – 11:10AM | Ardra Until 6:53PM Priti Until 11:56PM Bava Until 9:37PM Ekadashi Until 11:00AM | Ganesh: White Muruga: Clear Nataraja: White Moon – Yellow Magha-Masi | Sunrise: 6:44AM Sunset: 6:34PM | Moon 1 - Phase 42 4th Phase |
| | Creative Work | Siddha Yoga | | | | | Sivaloka Day |
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| 3 | Sunday, February 17, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Kottayam, India Sun 26 Sutra 308 Vilamba 5120 |
| | 946273367 | Rahu | 5:05PM – 6:34PM | Punarvasu Until 4:39PM Ayushman Until 8:06PM Kaulava Until 6:28PM Dvadashi Until 8:05AM | Ganesh: Clear Muruga: Clear Nataraja: White Moon – Blue Magha-Masi | Sunrise: 6:44AM Sunset: 6:34PM | Moon 1 - Phase 42 4th Phase |
| | Creative Work | Siddha Yoga | | | | | Devaloka Day |
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Pradosha Vrata

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|----------|----------------------------------|-------------|--|---|--|-----------------------------------|---|
| 4 | Monday, February 18, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Kottayam, India Sun 27 Sutra 309 Vilamba 5120 |
| | 946273367 | Rahu | 8:12AM – 9:41AM | Pushya Until 1:54PM Saubhagya Until 3:59PM Gara Until 2:57PM Chaturdashi* Until 1:05AM Tue | Ganesh: Clear Muruga: Clear Nataraja: White Moon – Blue Magha-Masi | Sunrise: 6:44AM Sunset: 6:34PM | Moon 1 - Phase 42 4th Phase |
| | Creative Work | Siddha Yoga | | | | | Devaloka Day |
| | | | | | | | |

Chidambaram Abhishekam

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|----------|-----------------------------------|-------------|---|------|-----------------|--|--|-----------------------------------|------------------------------|
| ○ | Tuesday, February 19, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Kottayam, India Sutra 310 Vilamba 5120 | | |
| | Copper Retreat Star | | 946273367 | Rahu | 3:37PM – 5:05PM | Ashlesha* Until 10:48AM Sobhana Until 11:42AM Visti Until 11:13AM Purnima* Until 9:18PM | Ganesh: Clear Muruga: Clear Nataraja: White Moon – Blue Magha-Masi | Sunrise: 6:43AM Sunset: 6:34PM | Moon 1 - Phase 42 Purnima |
| | Creative Work | Siddha Yoga | | | | | | Devaloka Day | |
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|----------|-------------------------------------|-------------|--|------|------------------|---|---|-----------------------------------|-------------------------------|
| ○ | Wednesday, February 20, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Prathama/Dvililyayam Titau | | | | Kottayam, India Sutra 311 Vilamba 5120 | | |
| | Silver Retreat Star | | 957273367 | Rahu | 12:39PM – 2:08PM | Magha* Until 7:54AM Athiganda* Until 7:22AM Balava Until 7:25AM Prathama* Until 5:33PM | Ganesh: Clear Muruga: Clear Nataraja: White Moon – Red Magha-Masi | Sunrise: 6:43AM Sunset: 6:35PM | Moon 1 - Phase 42 Prathama |
| | Creative Work | Siddha Yoga | | | | | | Devaloka Day | |
| | | | | | | | | | |

Until 7:54AM
Then Creative Work - Amrita Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kottayam, India

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 27.17 Tihi 17 - 18

967273367

Gulika 9:41AM - 11:10AM
Yama 6:43AM - 8:12AM
Rahu 2:08PM - 3:37PM

Uttaraphalguni Until 2:16AM Fri
Dhriti Until 11:10PM
Vanija Until 12:23AM Fri
Dvitiya Until 2:00PM

Ganesha: Clear *Sunrise: 6:43AM*
Muruga: Clear *Sunset: 6:35PM*
Nataraja: White
Moon - Red

Magha-Masi

Devaloka Day

Amrita Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Kottayam, India

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 12.12 Tihi 18 - 19

967273367

Gulika 8:11AM - 9:40AM
Yama 3:37PM - 5:06PM
Rahu 11:09AM - 12:39PM

Hasta Until 12:17AM Sat
Shula* Until 7:31PM
Bava Until 9:27PM
Tritiya Until 10:50AM

Ganesha: White *Sunrise: 6:42AM*
Muruga: Clear *Sunset: 6:35PM*
Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 12:17AM Sat

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kottayam, India

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 26.45 Tihi 19 - 20

967273367

Gulika 6:42AM - 8:11AM
Yama 2:08PM - 3:37PM
Rahu 9:40AM - 11:09AM

Chitra Until 10:46PM
Ganda* Until 4:23PM
Kaulava Until 7:08PM
Chaturthi* Until 8:11AM

Ganesha: White *Sunrise: 6:42AM*
Muruga: Clear *Sunset: 6:35PM*
Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 10:46PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Kottayam, India

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 10.51 Tihi 20 - 21

967273367

Gulika 3:37PM - 5:06PM
Yama 12:38PM - 2:07PM
Rahu 5:06PM - 6:35PM

Svati Until 9:51PM
Vridhi Until 1:50PM
Vanija Until 5:03AM Mon
Panchami Until 6:13AM

Ganesha: White *Sunrise: 6:42AM*
Muruga: Clear *Sunset: 6:35PM*
Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 9:51PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Kottayam, India

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 24.28 Tihi 22

977273367

Gulika 2:07PM - 3:37PM
Yama 11:09AM - 12:38PM
Rahu 8:10AM - 9:40AM

Vishakha Until 10:04PM
Dhruva Until 11:55AM
Visti Until 4:48PM
Saptami Until 4:44AM Tue

Ganesha: Yellow *Sunrise: 6:41AM*
Muruga: Clear *Sunset: 6:35PM*
Nataraja: White
Moon - Orange

Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 10:04PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 7.37 Tihi 23

977273367

Gulika 12:38PM - 2:07PM
Yama 9:39AM - 11:09AM
Rahu 3:37PM - 5:06PM

Anuradha Until 10:59PM
Vyaghata* Until 10:41AM
Balava Until 4:56PM
Ashtami* Until 5:17AM Wed

Ganesha: Yellow *Sunrise: 6:41AM*
Muruga: Clear *Sunset: 6:35PM*
Nataraja: White
Moon - Orange

Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 10:59PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

6

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Kottayam, India

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 20.2 Tihi 24

978273367

Gulika 11:08AM - 12:38PM
Yama 8:10AM - 9:39AM
Rahu 12:38PM - 2:07PM

Jyeshtha* Until 12:31AM Thu
Harshana Until 10:09AM
Taitila Until 5:53PM
Navami* Until 6:38AM Thu

Ganesha: Blue *Sunrise: 6:40AM*
Muruga: Clear *Sunset: 6:35PM*
Nataraja: White
Moon - Orange

Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

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|--|---------------|------------------------------------|------------------|-------------------------------|------------------------|--|--|--|--|
| 1 | | Thursday, February 28, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Kottayam, India Sun 8 Sutra 319 Vilamba 5120 | |
| Dhanus Rasi: 2.42 | Tithi 24 – 25 | Gulika | 9:39AM – 11:08AM | Mula* Until 3:03AM Fri | Ganesh: Red | <i>Sunrise:</i> 6:40AM | | | |
| | | Yama | 6:40AM – 8:09AM | Vajra* Until 10:09AM | Muruga: Clear | <i>Sunset:</i> 6:35PM | | Moon 2 - Phase 44 | |
| | | 988273367 Rahu | 2:07PM – 3:37PM | Vanija Until 7:35PM | Nataraja: White | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Navami* Until 6:38AM | Moon – Light Blue | | | Devaloka Day | |
| Until 3:03AM Fri | | | | | Magha-Masi | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | | |

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| 2 | | Friday, March 1, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashtyam Titau | | Kottayam, India Sun 9 Sutra 320 Vilamba 5120 | |
| Dhanus Rasi: 14.48 | Tithi 25 – 26 | Gulika | 8:09AM – 9:38AM | Purvashadha* Until 5:52AM Sat | Ganesh: Red | <i>Sunrise:</i> 6:39AM | | | |
| | | Yama | 3:36PM – 5:06PM | Siddhi Until 10:39AM | Muruga: Clear | <i>Sunset:</i> 6:36PM | | Moon 2 - Phase 44 | |
| | | 988273367 Rahu | 11:08AM – 12:37PM | Bava Until 9:49PM | Nataraja: White | | | 2nd Phase | |
| Routine Work | Prabalarishta Yoga | | | Dashami Until 8:37AM | Moon – Light Blue | | | Devaloka Day | |
| Until 5:52AM Sat | | | | | Magha-Masi | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Saturday, March 2, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Kottayam, India Sun 10 Sutra 321 Vilamba 5120 | |
| Dhanus Rasi: 26.43 | Tithi 26 – 27 | Gulika | 6:39AM – 8:08AM | Uttarashadha Until 8:49AM Sun | Ganesh: Red | <i>Sunrise:</i> 6:39AM | | | |
| | | Yama | 2:07PM – 3:36PM | Vyatipata* Until 11:29AM | Muruga: Clear | <i>Sunset:</i> 6:36PM | | Moon 2 - Phase 44 | |
| | | 988273367 Rahu | 9:38AM – 11:08AM | Kaulava Until 12:25AM Sun | Nataraja: White | | | 2nd Phase | |
| Routine Work | Marana Yoga | | | Ekadashi* Until 11:04AM | Moon – Light Blue | | | Devaloka Day | |
| Until 8:49AM Sun | | | | | Magha-Masi | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 4 | | Sunday, March 3, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | Kottayam, India Sun 11 Sutra 322 Vilamba 5120 | |
| Makara Rasi: 8.32 | Tithi 27 – 28 | Gulika | 3:36PM – 5:06PM | Uttarashadha Until 8:49AM | Ganesh: Red | <i>Sunrise:</i> 6:38AM | | | |
| | | Yama | 12:37PM – 2:07PM | Varyan Until 12:28PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | | Moon 2 - Phase 44 | |
| | | 988273367 Rahu | 5:06PM – 6:36PM | Gara Until 3:09AM Mon | Nataraja: White | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | | Dvadashi* Until 1:45PM | Moon – Light Blue | | | Devaloka Day | |
| | | | | | Magha-Masi | | | | |
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Pradosha Vrata (Fasting)

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|----------------------------------|---------------|------------------------------|-------------------|---------------------------------|------------------------|---|--|---|--|
| 5 | | Monday, March 4, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Kottayam, India Sun 12 Sutra 323 Vilamba 5120 | |
| Makara Rasi: 20.17 | Tithi 28 – 29 | Gulika | 2:06PM – 3:36PM | Shravana Until 12:10PM | Ganesh: Yellow | <i>Sunrise:</i> 6:38AM | | | |
| Family Home Evening | | Yama | 11:07AM – 12:37PM | Parigha* Until 1:32PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | | Moon 2 - Phase 44 | |
| | | 988273367 Rahu | 8:07AM – 9:37AM | Visti Until 5:52AM Tue | Nataraja: White | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | | Trayodashi* Until 4:30PM | Moon – Purple | | | Devaloka Day | |
| Until 12:10PM | | | | | Magha-Masi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 6 | | Tuesday, March 5, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashyam Titau | | Kottayam, India Sun 13 Sutra 324 Vilamba 5120 | |
| Kumbha Rasi: 2.05 | Tithi 29 | Gulika | 12:36PM – 2:06PM | Dhanishtha Until 3:17PM | Ganesh: Clear | <i>Sunrise:</i> 6:37AM | | | |
| | | Yama | 9:37AM – 11:07AM | Shiva Until 2:33PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | | Moon 2 - Phase 44 | |
| | | 199273367 Rahu | 3:36PM – 5:06PM | Sakuni Until 7:09PM | Nataraja: White | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 7:09PM | Moon – Purple | | | Devaloka Day | |
| Until 3:17PM | | | | | Magha-Masi | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| Retreat Star | | Wednesday, March 6, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Kottayam, India Sun 14 Sutra 325 Vilamba 5120 | |
| Kumbha Rasi: 13.55 | Tithi 30 | Gulika | 11:06AM – 12:36PM | Shatabhishak Until 6:03PM | Ganesh: Clear | <i>Sunrise:</i> 6:37AM | | | |
| | | Yama | 8:07AM – 9:37AM | Siddha Until 3:23PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | | Moon 2 - Phase 44 | |
| | | 199273367 Rahu | 12:36PM – 2:06PM | Catuspada Until 8:26AM | Nataraja: White | | | Amavasya | |
| Creative Work | Siddha Yoga | | | Amavasya* Until 9:36PM | Moon – Purple | | | Devaloka Day | |
| Until 6:03PM | | | | | Magha-Masi | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| Retreat Star | | Thursday, March 7, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau | | Kottayam, India Sun 15 Sutra 326 Vilamba 5120 | |
| Kumbha Rasi: 25.52 | Tithi 1 | Gulika | 9:36AM – 11:06AM | Purvaproshtapada* Until 8:54PM | Ganesh: Yellow | <i>Sunrise:</i> 6:36AM | | | |
| | | Yama | 6:36AM – 8:06AM | Sadhya Until 4:02PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | | Moon 2 - Phase 44 | |
| | | 119373367 Rahu | 2:06PM – 3:36PM | Kintughna Until 10:44AM | Nataraja: White | | | Prathama | |
| Creative Work | Siddha Yoga | | | Prathama* Until 11:45PM | Moon – Clear | | | Devaloka Day | |
| | | | | | Phalguna-Masi | | | | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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| 1 | | Friday, March 8, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | Kottayam, India Sun 16 Sutra 327 | |
| Meena Rasi: 7.55 | Tithi 2 | Gulika 8:06AM – 9:36AM | Uttaraproshtapada Until 11:16PM | Ganesh: Yellow | <i>Sunrise:</i> 6:36AM | Vilamba 5120 | | |
| | | Yama 3:36PM – 5:06PM | Subha Until 4:28PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | Moon 2 - Phase 45 | | |
| Creative Work | Siddha Yoga | 119373367 Rahu 11:06AM – 12:36PM | Balava Until 12:43PM | Nataraja: White | | 3rd Phase | | |
| | | | Dvitiya Until 1:34AM Sat | Moon – Clear | | Devaloka Day | | |
| | | | | Phalguna-Masi | | | | |
| 2 | | Saturday, March 9, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau | | | Kottayam, India Sun 17 Sutra 328 | |
| Meena Rasi: 20.05 | Tithi 3 | Gulika 6:35AM – 8:05AM | Revati Until 1:08AM Sun | Ganesh: Yellow | <i>Sunrise:</i> 6:35AM | Vilamba 5120 | | |
| | | Yama 2:06PM – 3:36PM | Sukla Until 4:37PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | Moon 2 - Phase 45 | | |
| Routine Work | Prabalarishta Yoga | 119373367 Rahu 9:35AM – 11:05AM | Taitila Until 2:23PM | Nataraja: White | | 3rd Phase | | |
| Until 1:08AM Sun | | | Tritiya Until 3:03AM Sun | Moon – Clear | | Devaloka Day | | |
| Then Creative Work - Siddha Yoga | | Subramuniyaswami Siva Vision Day | | Phalguna-Masi | | | | |
| 3 | | Sunday, March 10, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau | | | Kottayam, India Sun 18 Sutra 329 | |
| Mesha Rasi: 2.25 | Tithi 4 | Gulika 3:36PM – 5:06PM | Ashvini Until 2:57AM Mon | Ganesh: Red | <i>Sunrise:</i> 6:35AM | Vilamba 5120 | | |
| | | Yama 12:35PM – 2:05PM | Brahma Until 4:29PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | Moon 2 - Phase 45 | | |
| Creative Work | Siddha Yoga | 129373367 Rahu 5:06PM – 6:36PM | Vanija Until 3:39PM | Nataraja: White | | 3rd Phase | | |
| | | | Chaturthi* Until 4:08AM Mon | Moon – White | | Devaloka Day | | |
| | | | | Phalguna-Masi | | | | |
| 4 | | Monday, March 11, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau | | | Kottayam, India Sun 19 Sutra 330 | |
| Mesha Rasi: 14.55 | Tithi 5 | Gulika 2:05PM – 3:35PM | Bharani Until 4:11AM Tue | Ganesh: Red | <i>Sunrise:</i> 6:34AM | Vilamba 5120 | | |
| Family Home Evening | | Yama 11:05AM – 12:35PM | Indra Until 4:11AM Tue | Muruga: Clear | <i>Sunset:</i> 6:36PM | Moon 2 - Phase 45 | | |
| Creative Work | Siddha Yoga | 129373367 Rahu 8:04AM – 9:35AM | Bava Until 4:31PM | Nataraja: White | | 3rd Phase | | |
| | | | Panchami Until 4:46AM Tue | Moon – White | | Devaloka Day | | |
| | | | | Phalguna-Masi | | | | |
| 5 | | Tuesday, March 12, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | Kottayam, India Sun 20 Sutra 331 | |
| Mesha Rasi: 27.37 | Tithi 6 | Gulika 12:35PM – 2:05PM | Krittika Until 4:47AM Wed | Ganesh: Red | <i>Sunrise:</i> 6:34AM | Vilamba 5120 | | |
| | | Yama 9:34AM – 11:05AM | Vaidhriti* Until 3:15PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | Moon 2 - Phase 45 | | |
| Creative Work | Siddha Yoga | 129373367 Rahu 3:35PM – 5:06PM | Kaulava Until 4:55PM | Nataraja: White | | 3rd Phase | | |
| | | | Shashthi* Until 4:54AM Wed | Moon – White | | Devaloka Day | | |
| | | | | Phalguna-Masi | | | | |
| 6 | | Wednesday, March 13, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau | | | Kottayam, India Sun 21 Sutra 332 | |
| Vrishabha Rasi: 10.34 | Tithi 7 | Gulika 11:04AM – 12:35PM | Rohini Until 5:09AM Thu | Ganesh: Purple | <i>Sunrise:</i> 6:33AM | Vilamba 5120 | | |
| | | Yama 8:04AM – 9:34AM | Vishkambha* Until 2:03PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | Moon 2 - Phase 45 | | |
| Creative Work | Siddha Yoga | 131373367 Rahu 12:35PM – 2:05PM | Gara Until 4:47PM | Nataraja: White | | 3rd Phase | | |
| Until 5:09AM Thu | | | Saptami Until 4:29AM Thu | Moon – Yellow | | Sivaloka Day | | |
| Then Routine Work - Marana Yoga | | | | Phalguna-Masi | | | | |
| Retreat Star | | Thursday, March 14, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau | | | Kottayam, India Sun 22 Sutra 333 | |
| Vrishabha Rasi: 23.48 | Tithi 8 | Gulika 9:33AM – 11:04AM | Mrigashira Until 4:45AM Fri | Ganesh: Purple | <i>Sunrise:</i> 6:33AM | Vilamba 5120 | | |
| | | Yama 6:33AM – 8:03AM | Priti Until 12:24PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | Moon 2 - Phase 45 | | |
| Routine Work | Marana Yoga | 131373367 Rahu 2:05PM – 3:35PM | Visti Until 4:03PM | Nataraja: White | | Ashtami | | |
| Until 4:45AM Fri | | | Ashtami* Until 3:26AM Fri | Moon – Yellow | | Sivaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | Phalguna-Masi | | | | |
| Retreat Star | | Friday, March 15, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau | | | Kottayam, India Sun 23 Sutra 334 | |
| Mithuna Rasi: 7.22 | Tithi 9 | Gulika 8:03AM – 9:33AM | Ardra Until 3:37AM Sat | Ganesh: Purple | <i>Sunrise:</i> 6:32AM | Vilamba 5120 | | |
| | | Yama 3:35PM – 5:05PM | Ayushman Until 10:14AM | Muruga: Clear | <i>Sunset:</i> 6:36PM | Moon 2 - Phase 45 | | |
| Creative Work | Siddha Yoga | 131373368 Rahu 11:04AM – 12:34PM | Balava Until 2:42PM | Nataraja: Clear | | Navami | | |
| | | | Navami* Until 1:47AM Sat | Moon – Yellow | | Subha Sivaloka Day | | |
| | | Karadaiyan Nombu (Tamil Nadu) | | Phalguna-Panguni | | | | |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time


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|---------------------|-------------|---------------------------------|------------------|-----------------------------------|-------------------------|---|---|
| 1 | | Saturday, March 16, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau | Kottayam, India Sun 24 Sutra 335 Vilamba 5120 |
| Mithuna Rasi: 21.19 | Tithi 10 | Gulika | 6:32AM – 8:02AM | Punarvasu Until 2:11AM Sun | Ganesh: Clear | <i>Sunrise:</i> 6:32AM | |
| | | Yama | 2:04PM – 3:35PM | Saubhagya Until 7:35AM | Muruga: Clear | <i>Sunset:</i> 6:36PM | |
| | | 141373368 Rahu | 9:33AM – 11:03AM | Taitila Until 12:44PM | Nataraja: Clear | Moon 2 - Phase 46 4th Phase | |
| Creative Work | Siddha Yoga | | | Dashami Until 11:32PM | Moon – Blue | Sivaloka Day | |
| | | | | | Phalguna•Panguni | | |

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| 2 | | Sunday, March 17, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau | Kottayam, India Sun 25 Sutra 336 Vilamba 5120 |
| Kataka Rasi: 5.38 | Tithi 11 | Gulika | 3:35PM – 5:05PM | Pushya Until 12:06AM Mon | Ganesh: Clear | <i>Sunrise:</i> 6:31AM | |
| | | Yama | 12:33PM – 2:04PM | Athiganda* Until 12:59AM Mon | Muruga: Clear | <i>Sunset:</i> 6:36PM | |
| | | 141373368 Rahu | 5:05PM – 6:36PM | Vanija Until 10:14AM | Nataraja: Clear | Moon 2 - Phase 46 4th Phase | |
| Creative Work | Siddha Yoga | | | Ekadashi Until 8:46PM | Moon – Blue | Sivaloka Day | |
| | | | | | Phalguna•Panguni | | |

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| 3 | | Monday, March 18, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau | Kottayam, India Sun 26 Sutra 337 Vilamba 5120 |
| Kataka Rasi: 20.17 | Tithi 12 – 13 | Gulika | 2:04PM – 3:34PM | Ashlesha* Until 9:31PM | Ganesh: Clear | <i>Sunrise:</i> 6:31AM | |
| Family Home Evening | | Yama | 11:02AM – 12:33PM | Sukarma Until 9:10PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | |
| | | 141373368 Rahu | 8:01AM – 9:32AM | Bava Until 7:15AM | Nataraja: Clear | Moon 2 - Phase 46 4th Phase | |
| Creative Work | Siddha Yoga | | | Dvadashi Until 5:37PM | Moon – Blue | Sivaloka Day | |
| Until 9:31PM | | Yogaswami Mahasamadhi | | | Phalguna•Panguni | | |
| Then Routine Work - Marana Yoga | | | | <i>Pradosha Vrata</i> | | | |

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| 4 | | Tuesday, March 19, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Kottayam, India Sun 27 Sutra 338 Vilamba 5120 |
| Simha Rasi: 5.12 | Tithi 13 – 14 | Gulika | 12:33PM – 2:04PM | Magha* Until 6:57PM | Ganesh: White | <i>Sunrise:</i> 6:30AM | |
| | | Yama | 9:31AM – 11:02AM | Dhriti Until 5:10PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | |
| | | 151373368 Rahu | 3:34PM – 5:05PM | Gara Until 12:26AM Wed | Nataraja: Clear | Moon 2 - Phase 46 4th Phase | |
| Creative Work | Siddha Yoga | | | Trayodashi Until 2:11PM | Moon – Red | Subha Sivaloka Day | |
| | | | | | Phalguna•Panguni | | |

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|  | | Wednesday, March 20, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Kottayam, India Sutra 339 Vilamba 5120 |
| Copper Retreat Star | | Gulika | 11:02AM – 12:33PM | Purvaphalguni Until 4:10PM | Ganesh: White | <i>Sunrise:</i> 6:29AM | |
| Simha Rasi: 20.16 | Tithi 14 – 15 | Yama | 8:00AM – 9:31AM | Shula* Until 1:04PM | Muruga: Clear | <i>Sunset:</i> 6:36PM | |
| | | 151373368 Rahu | 12:33PM – 2:03PM | Visti Until 8:53PM | Nataraja: Clear | Moon 2 - Phase 46 Purnima | |
| Creative Work | Amrita Yoga | | | Chaturdashi* Until 10:38AM | Moon – Red | Subha Sivaloka Day | |
| | | Panguni Uttiram | | | Phalguna•Panguni | | |
| | | Holi | | | | | |

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| Thursday, March 21, 2019 | | Silver Retreat Star | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau | Kottayam, India Sutra 340 Vilamba 5120 |
| Kanya Rasi: 5.19 | Tithi 15 – 16 | Gulika | 9:31AM – 11:01AM | Uttaraphalguni Until 1:20PM | Ganesh: White | <i>Sunrise:</i> 6:29AM | |
| | | Yama | 6:29AM – 8:00AM | Ganda* Until 9:01AM | Muruga: Clear | <i>Sunset:</i> 6:36PM | |
| | | 151373368 Rahu | 2:03PM – 3:34PM | Kaulava Until 3:49AM Fri | Nataraja: Clear | Moon 2 - Phase 46 Prathama | |
| | | | | Purnima* Until 7:07AM | Moon – Red | Subha Sivaloka Day | |
| Until 1:20PM | | | | | Phalguna•Panguni | | |
| Then Routine Work - Marana Yoga | | | | | | | |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Kottayam, India

Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 20.13 Tihti 17

Gulika 7:59AM - 9:30AM
Yama 3:34PM - 5:05PM
161383368 Rahu 11:01AM - 12:32PMHasta Until 11:03AM
Dhruva Until 1:38AM Sat
Taitila Until 2:19PM
Dvitiya Until 12:54AM SatGanesh: Yellow Sunrise: 6:28AM
Muruga: White Sunset: 6:36PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 11:03AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Kottayam, India

Sun 1 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 4.49 Tihti 18

Gulika 6:28AM - 7:59AM
Yama 2:03PM - 3:34PM
161383368 Rahu 9:30AM - 11:01AMChitra Until 9:03AM
Vyaghata* Until 10:33PM
Vanija Until 11:39AM
Tritiya Until 10:32PMGanesh: Yellow Sunrise: 6:28AM
Muruga: White Sunset: 6:35PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 9:03AM

Then Creative Work - Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthayam Titau

Kottayam, India

Sun 2 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 19.01 Tihti 19

Gulika 3:33PM - 5:04PM
Yama 12:31PM - 2:02PM
162383368 Rahu 5:04PM - 6:35PMSvati Until 7:32AM
Harshana Until 8:03PM
Bava Until 9:37AM
Chaturthi* Until 8:51PMGanesh: Blue Sunrise: 6:27AM
Muruga: White Sunset: 6:35PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 7:32AM

Then Routine Work - Marana Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India

Sun 3 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 2.45 Tihti 20

Family Home Evening

Gulika 2:02PM - 3:33PM
Yama 11:00AM - 12:31PM
172383368 Rahu 7:58AM - 9:29AMVishakha Until 7:01AM
Vajra* Until 6:11PM
Kaulava Until 8:20AM
Panchami Until 7:59PMGanesh: Red Sunrise: 6:27AM
Muruga: White Sunset: 6:35PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Kottayam, India

Sun 4 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 15.59 Tihti 21

Gulika 12:31PM - 2:02PM
Yama 9:28AM - 11:00AM
172383368 Rahu 3:33PM - 5:04PMAnuradha Until 7:13AM
Siddhi Until 5:01PM
Gara Until 7:54AM
Shashthi* Until 8:00PMGanesh: Red Sunrise: 6:26AM
Muruga: White Sunset: 6:35PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 7:13AM

Then Routine Work - Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Vriyan Yoga Visti*/Bava Karana Saptamyam Titau

Kottayam, India

Sun 5 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 28.47 Tihti 22

Gulika 10:59AM - 12:30PM
Yama 7:57AM - 9:28AM
172383368 Rahu 12:30PM - 2:02PMJyeshtha* Until 8:07AM
Vyatipata* Until 4:32PM
Visti Until 8:22AM
Saptami Until 8:54PMGanesh: Red Sunrise: 6:26AM
Muruga: White Sunset: 6:35PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 8:07AM

Then Routine Work - Marana Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vriyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India

Sun 6 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 11.13 Tihti 23

Gulika 9:28AM - 10:59AM
Yama 6:25AM - 7:56AM
182383368 Rahu 2:01PM - 3:33PMMula* Until 12:49AM Sat Fr
Vriyan Until 4:39PM
Balava Until 9:40AM
Ashtami* Until 10:34PMGanesh: Green Sunrise: 6:25AM
Muruga: White Sunset: 6:35PM
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Kottayam, India

Sun 7 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 23.2 Tihti 24

Gulika 7:56AM - 9:27AM
Yama 3:33PM - 5:04PM
182383468 Rahu 10:58AM - 12:30PMMula* Until 12:49AM Sat
Parigha* Until 4:75PM
Taitila Until 11:39AM
Navami* Until 12:49AM SatGanesh: Green Sunrise: 6:24AM
Muruga: Yellow Sunset: 6:35PM
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 12:49AM Sat

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|----------------------------------|-------------|---------------------------------|------------------|----------------------------------|--|---|--|
| 1 | | Saturday, March 30, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantla Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau | Kottayam, India Sun 8 Sutra 349 Vilamba 5120 |
| Makara Rasi: 5.15 | Tithi 25 | Gulika | 6:24AM – 7:55AM | Uttarashadha Until 3:27PM | Ganesha: Green <i>Sunrise:</i> 6:24AM | Moon 3 - Phase 48 | |
| | | Yama | 2:01PM – 3:32PM | Shiva Until 6:12PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | 2nd Phase | |
| | | 182383468 Rahu | 9:27AM – 10:58AM | Vanija Until 2:06PM | Nataraja: Purple | | |
| Routine Work | Marana Yoga | | | Dashami Until 3:24AM Sun | Moon – Light Blue | Devaloka Day | |
| Until 3:27PM | | | | | Phalguna•Panguni | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|---------------------------------|-------------|-------------------------------|------------------|------------------------------|---|--|--|
| 2 | | Sunday, March 31, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashi/Dvadashyam Titau | Kottayam, India Sun 9 Sutra 350 Vilamba 5120 |
| Makara Rasi: 17.03 | Tithi 26 | Gulika | 3:32PM – 5:04PM | Shravana Until 6:47PM | Ganesha: Orange <i>Sunrise:</i> 6:23AM | Moon 3 - Phase 48 | |
| | | Yama | 12:29PM – 2:01PM | Siddha Until 7:15PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | 2nd Phase | |
| | | 192383468 Rahu | 5:04PM – 6:35PM | Bava Until 4:47PM | Nataraja: Purple | | |
| Creative Work | Amrita Yoga | | | Ekadashi* Until 6:06AM Mon | Moon – Purple | Sivaloka Day | |
| Until 6:47PM | | | | | Phalguna•Panguni | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 3 | | Monday, April 1, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Kottayam, India Sun 10 Sutra 351 Vilamba 5120 |
| Makara Rasi: 28.5 | Tithi 26 – 27 | Gulika | 2:01PM – 3:32PM | Dhanishtha Until 9:55PM | Ganesha: Green <i>Sunrise:</i> 6:23AM | Moon 3 - Phase 48 | |
| Family Home Evening | | Yama | 10:58AM – 12:29PM | Sadhya Until 8:17PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | 2nd Phase | |
| | | 192483468 Rahu | 7:55AM – 9:26AM | Kaulava Until 7:26PM | Nataraja: Purple | | |
| Creative Work | Siddha Yoga | | | Ekadashi* Until 6:06AM | Moon – Purple | Subha Sivaloka Day | |
| | | | | | Phalguna•Panguni | | |

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| 4 | | Tuesday, April 2, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | Kottayam, India Sun 11 Sutra 352 Vilamba 5120 |
| Kumbha Rasi: 10.39 | Tithi 27 – 28 | Gulika | 12:29PM – 2:00PM | Shatabhishak Until 12:40AM Wed | Ganesha: Green <i>Sunrise:</i> 6:23AM | Moon 3 - Phase 48 | |
| | | Yama | 9:26AM – 10:57AM | Subha Until 9:11PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | 2nd Phase | |
| | | 192483468 Rahu | 3:32PM – 5:04PM | Gara Until 9:53PM | Nataraja: Purple | | |
| Routine Work | Marana Yoga | | | Dvadashi* Until 8:41AM | Moon – Purple | Subha Sivaloka Day | |
| Until 12:40AM Wed | | | | | Phalguna•Panguni | | |
| Then Creative Work - Amrita Yoga | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 | | Wednesday, April 3, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Kottayam, India Sun 12 Sutra 353 Vilamba 5120 |
| Kumbha Rasi: 22.34 | Tithi 28 – 29 | Gulika | 10:57AM – 12:29PM | Purvaproshtapada* Until 3:25AM Thu | Ganesha: Orange <i>Sunrise:</i> 6:22AM | Moon 3 - Phase 48 | |
| | | Yama | 7:54AM – 9:25AM | Sukla Until 9:47PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | 2nd Phase | |
| | | 112483468 Rahu | 12:29PM – 2:00PM | Visti Until 12:00AM Thu | Nataraja: Purple | | |
| Creative Work | Amrita Yoga | | | Trayodashi* Until 10:58AM | Moon – Clear | Sivaloka Day | |
| Until 3:25AM Thu | | | | | Phalguna•Panguni | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| ● | | Thursday, April 4, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Kottayam, India Sun 13 Sutra 354 Vilamba 5120 |
| Retreat Star | | Gulika | 9:25AM – 10:57AM | Uttaraproshtapada Until 5:36AM Fri | Ganesha: Orange <i>Sunrise:</i> 6:22AM | Moon 3 - Phase 48 | |
| Meena Rasi: 4.38 | Tithi 29 – 30 | Yama | 6:22AM – 7:53AM | Brahma Until 10:06PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | Amavasya | |
| | | 112483468 Rahu | 2:00PM – 3:32PM | Catuspada Until 1:41AM Fri | Nataraja: Purple | | |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 12:52PM | Moon – Clear | Sivaloka Day | |
| | | | | | Phalguna•Panguni | | |

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| Retreat Star | | Friday, April 5, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Kottayam, India Sun 14 Sutra 355 Vilamba 5120 |
| Meena Rasi: 16.52 | Tithi 30 – 1 | Gulika | 7:53AM – 9:25AM | Revati Until 7:12AM Sat | Ganesha: Orange <i>Sunrise:</i> 6:21AM | Moon 3 - Phase 48 | |
| | | Yama | 3:31PM – 5:03PM | Indra Until 10:07PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | Prathama | |
| | | 112483468 Rahu | 10:56AM – 12:28PM | Kintughna Until 2:57AM Sat | Nataraja: Purple | | |
| Creative Work | Siddha Yoga | | | Amavasya* Until 2:21PM | Moon – Clear | Sivaloka Day | |
| | | Yugadhi | | | Chaitra•Panguni | | |

| 1 Saturday, April 6, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiya Titau | | | Kottayam, India Sun 15 Sutra 356 Vilamba 5120 | |
|----------------------------------|--------------------|---|-------------------------------|---------------------------|---|---------------------|
| Meena Rasi: 29.17 | Tithi 1 – 2 | Gulika 6:21AM – 7:52AM | Revati Until 7:12AM | Ganesh: Light Blue | <i>Sunrise:</i> 6:21AM | |
| | | Yama 2:00PM – 3:31PM | Vaidhriti* Until 9:45PM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | Moon 3 - Phase 49 |
| | | 113483468 Rahu 9:24AM – 10:56AM | Balava Until 3:47AM Sun | Nataraja: Purple | | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Prathama* Until 3:24PM | Moon – Clear | | Devaloka Day |
| Until 7:12AM | | Chellappaswami Mahasamadhi | | Chaitra•Panguni | | |
| Then Creative Work - Siddha Yoga | | | | | | |

| 2 Sunday, April 7, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | Kottayam, India Sun 16 Sutra 357 Vilamba 5120 | |
|--|-------------|---|-----------------------------|-------------------------|---|---------------------|
| Mesha Rasi: 11.53 | Tithi 2 – 3 | Gulika 3:31PM – 5:03PM | Ashvini Until 8:43AM | Ganesh: Purple | <i>Sunrise:</i> 6:20AM | |
| | | Yama 12:27PM – 1:59PM | Vishkambha* Until 9:06PM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | Moon 3 - Phase 49 |
| | | 123483468 Rahu 5:03PM – 6:35PM | Taitila Until 4:12AM Mon | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Dvitiya Until 4:01PM | Moon – White | | Devaloka Day |
| Until 8:43AM | | | | Chaitra•Panguni | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

| 3 Monday, April 8, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | Kottayam, India Sun 17 Sutra 358 Vilamba 5120 | |
|---------------------------------|-------------|--|-----------------------------|-------------------------|---|---------------------|
| Mesha Rasi: 24.4 | Tithi 3 – 4 | Gulika 1:59PM – 3:31PM | Bharani Until 9:42AM | Ganesh: Purple | <i>Sunrise:</i> 6:19AM | |
| Family Home Evening | | Yama 10:55AM – 12:27PM | Priti Until 8:10PM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | Moon 3 - Phase 49 |
| | | 123483468 Rahu 7:51AM – 9:23AM | Vanija Until 4:15AM Tue | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 4:15PM | Moon – White | | Devaloka Day |
| Until 9:42AM | | | | Chaitra•Panguni | | |
| Then Routine Work - Marana Yoga | | | | | | |

| 4 Tuesday, April 9, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti* Karana Chaturthi/Panchamyam Titau | | | Kottayam, India Sun 18 Sutra 359 Vilamba 5120 | |
|----------------------------------|-------------|---|--------------------------------|-------------------------|---|---------------------|
| Vrishabha Rasi: 7.38 | Tithi 4 – 5 | Gulika 12:27PM – 1:59PM | Krittika Until 10:09AM | Ganesh: Purple | <i>Sunrise:</i> 6:19AM | |
| | | Yama 9:23AM – 10:55AM | Ayushman Until 6:55PM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | Moon 3 - Phase 49 |
| | | 123483468 Rahu 3:31PM – 5:03PM | Visti Until 4:07PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Chaturthi* Until 4:07PM | Moon – White | | Devaloka Day |
| Until 10:09AM | | | | Chaitra•Panguni | | |
| Then Creative Work - Amrita Yoga | | | | | | |

| 5 Wednesday, April 10, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | Kottayam, India Sun 19 Sutra 360 Vilamba 5120 | |
|-----------------------------|-------------|---|------------------------------|-------------------------|---|---------------------|
| Vrishabha Rasi: 20.48 | Tithi 5 – 6 | Gulika 10:55AM – 12:27PM | Rohini Until 10:33AM | Ganesh: Clear | <i>Sunrise:</i> 6:18AM | |
| | | Yama 7:50AM – 9:22AM | Saubhagya Until 5:23PM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | Moon 3 - Phase 49 |
| | | 133483468 Rahu 12:27PM – 1:59PM | Kaulava Until 3:14AM Thu | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 3:37PM | Moon – Yellow | | Sivaloka Day |
| | | | | Chaitra•Panguni | | |
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| 6 Thursday, April 11, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | Kottayam, India Sun 20 Sutra 361 Vilamba 5120 | |
|----------------------------|-------------|---|---------------------------------|-------------------------|---|---------------------|
| Mithuna Rasi: 4.1 | Tithi 6 – 7 | Gulika 9:22AM – 10:54AM | Mrigashira Until 10:26AM | Ganesh: Clear | <i>Sunrise:</i> 6:18AM | |
| | | Yama 6:18AM – 7:50AM | Sobhana Until 3:34PM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | Moon 3 - Phase 49 |
| | | 133483468 Rahu 1:58PM – 3:31PM | Gara Until 2:09AM Fri | Nataraja: Purple | | 3rd Phase |
| Routine Work | Marana Yoga | | Shashthi* Until 2:44PM | Moon – Yellow | | Sivaloka Day |
| | | | | Chaitra•Panguni | | |
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| Friday, April 12, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | Kottayam, India Sun 21 Sutra 362 Vilamba 5120 | |
|------------------------|-------------|---|-----------------------------|-------------------------|---|---------------------|
| Retreat Star | | Gulika 7:49AM – 9:22AM | Ardra Until 9:46AM | Ganesh: Clear | <i>Sunrise:</i> 6:17AM | |
| Mithuna Rasi: 17.45 | Tithi 7 – 8 | Yama 3:30PM – 5:03PM | Athiganda* Until 1:23PM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | Moon 3 - Phase 49 |
| | | 133483468 Rahu 10:54AM – 12:26PM | Visti Until 12:38AM Sat | Nataraja: Purple | | Ashtami |
| Creative Work | Siddha Yoga | | Saptami Until 1:26PM | Moon – Yellow | | Sivaloka Day |
| | | | | Chaitra•Panguni | | |
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| Saturday, April 13, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | Kottayam, India Sun 22 Sutra 363 Vilamba 5120 | |
|--------------------------|-------------|---|-------------------------------|-------------------------|---|---------------------|
| Retreat Star | | Gulika 6:17AM – 7:49AM | Punarvasu Until 8:59AM | Ganesh: White | <i>Sunrise:</i> 6:17AM | |
| Kataka Rasi: 1.35 | Tithi 8 – 9 | Yama 1:58PM – 3:30PM | Sukarma Until 10:53AM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | Moon 3 - Phase 49 |
| | | 143483468 Rahu 9:21AM – 10:54AM | Balava Until 10:43PM | Nataraja: Purple | | Navami |
| Creative Work | Siddha Yoga | | Ashtami* Until 11:43AM | Moon – Blue | | Devaloka Day |
| | | Sri Rama Navami | | Chaitra•Panguni | | |
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| 1 Sunday, April 14, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Kottayam, India Sun 23 Sutra 364 |
| Kataka Rasi: 15.4 | Tithi 9 – 10 | Gulika 3:30PM – 5:02PM | Pushya Until 7:39AM | Ganesh: White <i>Sunrise:</i> 6:16AM | | Vikarin 5121 |
| | | Yama 12:26PM – 1:58PM | Dhriti Until 8:05AM | Muruga: Yellow <i>Sunset:</i> 6:35PM | | Moon 3 - Phase 1 |
| Creative Work | Siddha Yoga | 143483468 Rahu 5:02PM – 6:35PM | Taitila Until 8:25PM | Nataraja: Purple | | 4th Phase |
| | | | Navami* Until 9:36AM | Moon – Blue | | |
| | | Tamil New Year | | Chaitra*Chaitra | | Devaloka Day |

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| 2 Monday, April 15, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau | | | | Kottayam, India Sun 24 Sutra 1 |
| Simha Rasi: 0.01 | Tithi 10 – 11 | Gulika 1:58PM – 3:30PM | Magha* Until 3:57AM Tue | Ganesh: White <i>Sunrise:</i> 6:16AM | | Vikarin 5121 |
| Family Home Evening | | Yama 10:53AM – 12:25PM | Ganda* Until 1:35AM Tue | Muruga: Yellow <i>Sunset:</i> 6:35PM | | Moon 3 - Phase 1 |
| Routine Work | Marana Yoga | 253483468 Rahu 7:48AM – 9:21AM | Visti Until 4:20AM Tue | Nataraja: Purple | | 4th Phase |
| Until 3:57AM Tue | | | Dashami Until 7:07AM | Moon – Red | | |
| Then Creative Work - Siddha Yoga | | | | Chaitra*Chaitra | | Devaloka Day |

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| 3 Tuesday, April 16, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau | | | | Kottayam, India Sun 25 Sutra 2 |
| Simha Rasi: 14.34 | Tithi 12 | Gulika 12:25PM – 1:57PM | Purvaphalguni Until 1:46AM Wed | Ganesh: White <i>Sunrise:</i> 6:15AM | | Vikarin 5121 |
| | | Yama 9:20AM – 10:53AM | Vriddhi Until 10:03PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | | Moon 3 - Phase 1 |
| Creative Work | Siddha Yoga | 253483468 Rahu 3:30PM – 5:02PM | Bava Until 2:53PM | Nataraja: Purple | | 4th Phase |
| Until 1:46AM Wed | | | Dvadashi Until 1:22AM Wed | Moon – Red | | |
| Then Creative Work - Amrita Yoga | | | | Chaitra*Chaitra | | Devaloka Day |

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| 4 Wednesday, April 17, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Kottayam, India Sun 26 Sutra 3 |
| Simha Rasi: 29.15 | Tithi 13 | Gulika 10:52AM – 12:25PM | Uttaraphalguni Until 11:23PM | Ganesh: White <i>Sunrise:</i> 6:15AM | | Vikarin 5121 |
| | | Yama 7:47AM – 9:20AM | Dhruva Until 6:26PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | | Moon 3 - Phase 1 |
| Creative Work | Amrita Yoga | 253483468 Rahu 12:25PM – 1:57PM | Kaulava Until 11:52AM | Nataraja: Purple | | 4th Phase |
| Until 11:23PM | | | Trayodashi Until 10:20PM | Moon – Red | | |
| Then Routine Work - Marana Yoga | | | | Chaitra*Chaitra | | Devaloka Day |
| | | | | <i>Pradosha Vrata</i> | | |

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| 5 Thursday, April 18, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Kottayam, India Sun 27 Sutra 4 |
| Kanya Rasi: 13.57 | Tithi 14 | Gulika 9:19AM – 10:52AM | Hasta Until 9:21PM | Ganesh: Yellow <i>Sunrise:</i> 6:14AM | | Vikarin 5121 |
| | | Yama 6:14AM – 7:47AM | Vyaghata* Until 2:52PM | Muruga: Yellow <i>Sunset:</i> 6:35PM | | Moon 3 - Phase 1 |
| Routine Work | Marana Yoga | 263483468 Rahu 1:57PM – 3:30PM | Gara Until 8:52AM | Nataraja: Purple | | 4th Phase |
| Until 9:21PM | | | Chaturdashi* Until 7:23PM | Moon – Green | | |
| Then Creative Work - Siddha Yoga | | | | Chaitra*Chaitra | | Sivaloka Day |

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| Friday, April 19, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau | | | | Kottayam, India Sun 28 Sutra 5 |
| Copper Retreat Star | | Gulika 7:46AM – 9:19AM | Chitra Until 7:26PM | Ganesh: Yellow <i>Sunrise:</i> 6:14AM | | Vikarin 5121 |
| Kanya Rasi: 28.34 | Tithi 15 – 16 | Yama 3:30PM – 5:02PM | Harshana Until 11:29AM | Muruga: Yellow <i>Sunset:</i> 6:35PM | | Moon 3 - Phase 1 |
| | | 263483468 Rahu 10:52AM – 12:24PM | Balava Until 6:00AM | Nataraja: Purple | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 4:39PM | Moon – Green | | |
| | | Chitra Purnima (Tamil Nadu) | | Chaitra*Chaitra | | Sivaloka Day |
| | | Hanuman Jayanti | | | | |

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|---------------------------------|---------------|---|-------------------------------|---|--|-----------------------------------|
| Saturday, April 20, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau | | | | Kottayam, India Sun 29 Sutra 6 |
| Silver Retreat Star | | Gulika 6:13AM – 7:46AM | Svati Until 5:47PM | Ganesh: Red <i>Sunrise:</i> 6:13AM | | Vikarin 5121 |
| Tula Rasi: 12.57 | Tithi 16 – 17 | Yama 1:57PM – 3:29PM | Vajra* Until 8:21AM | Muruga: Yellow <i>Sunset:</i> 6:35PM | | Moon 3 - Phase 1 |
| | | 264483468 Rahu 9:19AM – 10:51AM | Taitila Until 1:21AM Sun | Nataraja: Purple | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 2:19PM | Moon – Green | | |
| | | | | Chaitra*Chaitra | | Sivaloka Day |