



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Varyan Yoga Taitila Karana Dvitiyayam Titau

Kingston, Jamaica
Sutra 16
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 3.38 Tiithi 17
Creative Work Siddha Yoga

Gulika 12:03PM – 1:39PM
Yama 8:51AM – 10:27AM
Rahu 3:15PM – 4:51PM

Anuradha Until 7:05AM Wed
Varyan Until 10:48PM
Taitila Until 8:40AM
Dvitiya Until 9:09PM

Ganesha: Purple *Sunrise:* 5:39AM
Muruga: White *Sunset:* 6:27PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 16.06 Tiithi 18
Creative Work Siddha Yoga

Gulika 10:27AM – 12:03PM
Yama 7:15AM – 8:51AM
Rahu 12:03PM – 1:39PM

Anuradha Until 7:05AM
Parigha* Until 10:56PM
Vanija Until 9:49AM
Tritiya Until 10:34PM

Ganesha: Purple *Sunrise:* 5:39AM
Muruga: White *Sunset:* 6:27PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica
Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 28.19 Tiithi 19
Routine Work Prabalarishta Yoga
Until 9:08AM
Then Creative Work - Siddha Yoga

Gulika 8:51AM – 10:27AM
Yama 5:38AM – 7:14AM
Rahu 1:39PM – 3:15PM

Jyeshtha* Until 9:08AM
Shiva Until 11:28PM
Bava Until 11:30AM
Chaturthi* Until 12:30AM Fri

Ganesha: Clear *Sunrise:* 5:38AM
Muruga: White *Sunset:* 6:28PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 10.21 Tiithi 20
Creative Work Amrita Yoga
Until 11:59AM
Then Routine Work - Prabalarishta Yoga

Gulika 7:14AM – 8:50AM
Yama 3:15PM – 4:52PM
Rahu 10:27AM – 12:03PM

Mula* Until 11:59AM
Siddha Until 12:17AM Sat
Kaulava Until 1:39PM
Panchami Until 2:50AM Sat

Ganesha: White *Sunrise:* 5:38AM
Muruga: White *Sunset:* 6:28PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica
Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 22.14 Tiithi 21
Creative Work Siddha Yoga
Until 2:59PM
Then Routine Work - Marana Yoga

Gulika 5:37AM – 7:14AM
Yama 1:39PM – 3:15PM
Rahu 8:50AM – 10:26AM

Purvashadha* Until 2:59PM
Sadhya Until 1:18AM Sun
Gara Until 4:07PM
Shashthi* Until 5:23AM Sun

Ganesha: White *Sunrise:* 5:37AM
Muruga: White *Sunset:* 6:28PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti* Karana Saptamyam Titau

Kingston, Jamaica
Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Makara Rasi: 4.02 Tiithi 22
Creative Work Amrita Yoga

Gulika 3:16PM – 4:52PM
Yama 12:03PM – 1:39PM
Rahu 4:52PM – 6:29PM

Uttarashadha Until 5:55PM
Subha Until 2:22AM Mon
Visti Until 6:42PM
Saptami Until 7:56AM Mon

Ganesha: White *Sunrise:* 5:37AM
Muruga: White *Sunset:* 6:29PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Makara Rasi: 15.52 Tiithi 22 – 23
Family Home Evening
Creative Work Amrita Yoga
Until 9:04PM
Then Creative Work - Siddha Yoga

Gulika 1:39PM – 3:16PM
Yama 10:26AM – 12:03PM
Rahu 7:13AM – 8:49AM

Shravana Until 9:04PM
Sukla Until 3:14AM Tue
Balava Until 9:08PM
Saptami Until 7:56AM

Ganesha: Yellow *Sunrise:* 5:36AM
Muruga: White *Sunset:* 6:29PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Navami

Makara Rasi: 27.46 Tiithi 23 – 24
Creative Work Siddha Yoga
Until 11:40PM
Then Routine Work - Marana Yoga

Gulika 12:03PM – 1:39PM
Yama 8:49AM – 10:26AM
Rahu 3:16PM – 4:53PM

Dhanishtha Until 11:40PM
Brahma Until 3:46AM Wed
Taitila Until 11:10PM
Ashtami* Until 10:12AM

Ganesha: Yellow *Sunrise:* 5:36AM
Muruga: White *Sunset:* 6:29PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1		Wednesday, May 9, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 24	
Kumbha Rasi: 9.52	Tithi 24 – 25	Gulika	10:26AM – 12:02PM	Shatabhishak Until 1:30AM Thu	Ganesh: Yellow	<i>Sunrise:</i> 5:35AM	Vilamba 5120		
		Yama	7:12AM – 8:49AM	Indra Until 3:49AM Thu	Muruga: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 4		
		294832369 Rahu	12:02PM – 1:39PM	Vanija Until 12:35AM Thu	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Navami* Until 11:57AM	Moon – Purple		Bhuloka Day		
					Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM		

2		Thursday, May 10, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 25	
Kumbha Rasi: 22.15	Tithi 25 – 26	Gulika	8:49AM – 10:26AM	Purvaproshtapada* Until 2:55AM Fri	Ganesh: Yellow	<i>Sunrise:</i> 5:35AM	Vilamba 5120		
		Yama	5:35AM – 7:12AM	Vaidhriti* Until 3:14AM Fri	Muruga: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 4		
		214832369 Rahu	1:39PM – 3:16PM	Bava Until 1:14AM Fri	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Dashami Until 1:00PM	Moon – Clear		Bhuloka Day		
					Vaisaka-Chaitra		Devaloka Time: 9:AM to 12:PM		

3		Friday, May 11, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 26	
Meena Rasi: 4.59	Tithi 26 – 27	Gulika	7:12AM – 8:48AM	Uttaraproshtapada Until 3:22AM Sat	Ganesh: Blue	<i>Sunrise:</i> 5:35AM	Vilamba 5120		
		Yama	3:16PM – 4:53PM	Vishkambha* Until 2:01AM Sat	Muruga: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 4		
		214932369 Rahu	10:25AM – 12:02PM	Kaulava Until 1:03AM Sat	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Ekadashi* Until 1:14PM	Moon – Clear		Bhuloka Day		
Until 3:22AM Sat					Vaisaka-Chaitra				
Then Routine Work - Prabalarishta Yoga									

4		Saturday, May 12, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 27	
Meena Rasi: 18.07	Tithi 27 – 28	Gulika	5:34AM – 7:11AM	Revati Until 11:18AM Sun	Ganesh: Blue	<i>Sunrise:</i> 5:34AM	Vilamba 5120		
		Yama	1:39PM – 3:16PM	Priti Until 12:10AM Sun	Muruga: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 4		
		214932369 Rahu	8:48AM – 10:25AM	Gara Until 12:05AM Sun	Nataraja: Purple		2nd Phase		
Routine Work	Prabalarishta Yoga			Dvadashi* Until 12:39PM	Moon – Clear		Bhuloka Day		
Until 11:18AM Sun					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Sunday, May 13, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 28	
Mesha Rasi: 1.41	Tithi 28 – 29	Gulika	3:17PM – 4:54PM	Revati Until 11:18AM	Ganesh: Blue	<i>Sunrise:</i> 5:34AM	Vilamba 5120		
		Yama	12:02PM – 1:39PM	Ayushman Until 18:51AM Mon	Muruga: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 4		
		224932369 Rahu	4:54PM – 6:31PM	Visti Until 10:24PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 11:18AM	Moon – White		Bhuloka Day		
Until 11:18AM					Vaisaka-Chaitra				
Then Routine Work - Prabalarishta Yoga				Mother's Day					

Monday, May 14, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 29	
Mesha Rasi: 15.4	Tithi 29 – 30	Gulika	1:40PM – 3:17PM	Bharani Until 12:28AM Tue	Ganesh: Blue	<i>Sunrise:</i> 5:33AM	Vilamba 5120		
Family Home Evening		Yama	10:25AM – 12:02PM	Saubhagya Until 6:51PM	Muruga: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 4		
		224932369 Rahu	7:11AM – 8:48AM	Catuspada Until 8:09PM	Nataraja: Purple		Amavasya		
Creative Work	Siddha Yoga			Chaturdashi* Until 9:20AM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi				

Tuesday, May 15, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 30	
Mesha Rasi: 29.59	Tithi 30 – 1	Gulika	12:02PM – 1:40PM	Krittika Until 10:22PM	Ganesh: Red	<i>Sunrise:</i> 5:33AM	Vilamba 5120		
		Yama	8:48AM – 10:25AM	Sobhana Until 3:37PM	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 4		
		225932369 Rahu	3:17PM – 4:54PM	Bava Until 4:01AM Wed	Nataraja: Purple		Prathama		
Creative Work	Siddha Yoga			Amavasya* Until 6:51AM	Moon – White		Bhuloka Day		
Until 10:22PM					Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga									

1	Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 31
	Vrishabha Rasi: 14.33	Tithi 2	Gulika 10:25AM – 12:02PM	Rohini Until 8:20PM	Ganesh: Yellow	<i>Sunrise:</i> 5:33AM	Vilamba 5120
	235932369	Rahu 12:02PM – 1:40PM	Yama 7:10AM – 8:48AM	Athiganda* Until 12:08PM	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga		Balava Until 2:33PM	Nataraja: Purple		3rd Phase
			Dvitiya Until 1:01AM Thu	Moon – Yellow	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	
				Jyeshtha Adhika-Vaikasi			

2	Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 32
	Vrishabha Rasi: 29.15	Tithi 3	Gulika 8:47AM – 10:25AM	Mrigashira Until 6:05PM	Ganesh: Yellow	<i>Sunrise:</i> 5:32AM	Vilamba 5120
	235932369	Rahu 1:40PM – 3:17PM	Yama 5:32AM – 7:10AM	Sukarma Until 8:34AM	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 5
	Routine Work	Marana Yoga		Taila Until 11:30AM	Nataraja: Purple		3rd Phase
			Tritiya Until 9:58PM	Moon – Yellow	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	
				Jyeshtha Adhika-Vaikasi			

3	Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Kingston, Jamaica Sun 17 Sutra 33
	Mithuna Rasi: 13.57	Tithi 4	Gulika 7:10AM – 8:47AM	Ardra Until 4:15PM Sat	Ganesh: Yellow	<i>Sunrise:</i> 5:32AM	Vilamba 5120
	235932369	Rahu 10:25AM – 12:02PM	Yama 3:18PM – 4:55PM	Shula* Until 1:32AM Sat	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga		Vanija Until 8:29AM	Nataraja: Purple		3rd Phase
			Chaturthi* Until 7:00PM	Moon – Yellow	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	
				Jyeshtha Adhika-Vaikasi			

4	Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica Sun 18 Sutra 34
	Mithuna Rasi: 28.33	Tithi 5 – 6	Gulika 5:32AM – 7:09AM	Ardra Until 4:15PM	Ganesh: White	<i>Sunrise:</i> 5:32AM	Vilamba 5120
	245932369	Rahu 8:47AM – 10:25AM	Yama 1:40PM – 3:18PM	Ganda* Until 9:76PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga		Kaulava Until 3:00AM Sun	Nataraja: Purple		3rd Phase
			Panchami Until 4:15PM	Moon – Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

5	Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Vriddhi Yoga Taila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 19 Sutra 35
	Kataka Rasi: 12.58	Tithi 6 – 7	Gulika 3:18PM – 4:56PM	Punarvasu Until 1:48PM	Ganesh: White	<i>Sunrise:</i> 5:32AM	Vilamba 5120
	245932369	Rahu 4:56PM – 6:33PM	Yama 12:03PM – 1:40PM	Vriddhi Until 7:17PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga		Gara Until 12:43AM Mon	Nataraja: Purple		3rd Phase
			Shashthi* Until 1:48PM	Moon – Blue	Devaloka Day		
				Jyeshtha Adhika-Vaikasi			

D	Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau				Kingston, Jamaica Sun 20 Sutra 36
	Retreat Star		Gulika 1:40PM – 3:18PM	Ashlesha* Until 10:44AM	Ganesh: White	<i>Sunrise:</i> 5:31AM	Vilamba 5120
	Kataka Rasi: 27.08	Tithi 7 – 8	Yama 10:25AM – 12:03PM	Dhruva Until 4:35PM	Muruga: White	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 5
	245932369	Rahu 7:09AM – 8:47AM	Rahu 7:09AM – 8:47AM	Visti Until 10:49PM	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga		Saptami Until 11:42AM	Moon – Blue	Devaloka Day		
Until 10:44AM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

D	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 21 Sutra 37
	Retreat Star		Gulika 12:03PM – 1:41PM	Magha* Until 9:55AM	Ganesh: Clear	<i>Sunrise:</i> 5:31AM	Vilamba 5120
	Simha Rasi: 11.04	Tithi 8 – 9	Yama 8:47AM – 10:25AM	Vyaghata* Until 2:13PM	Muruga: White	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 5
	245932369	Rahu 3:18PM – 4:56PM	Rahu 3:18PM – 4:56PM	Balava Until 9:19PM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Ashtami* Until 4:35PM	Moon – Red	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	
				Jyeshtha Adhika-Vaikasi			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 22 Sutra 38
	Simha Rasi: 24.45	Tithi 9 – 10	Gulika 10:25AM – 12:03PM	Purvaphalguni Until 9:23AM	Ganesh: Clear	<i>Sunrise:</i> 5:31AM	Vilamba 5120
			Yama 7:09AM – 8:47AM	Harshana Until 12:12PM	Muruga: White	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 6
	Creative Work	Amrita Yoga	255932369 Rahu 12:03PM – 1:41PM	Taitila Until 7:73PM	Nataraja: Purple		4th Phase
			Navami* Until 2:13PM	Moon – Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	

2	Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 23 Sutra 39
	Kanya Rasi: 8.12	Tithi 10 – 11	Gulika 8:47AM – 10:25AM	Uttaraphalguni Until 9:05AM	Ganesh: Clear	<i>Sunrise:</i> 5:31AM	Vilamba 5120
			Yama 5:31AM – 7:09AM	Vajra* Until 10:28AM	Muruga: White	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 6
		Amrita Yoga	255932369 Rahu 1:41PM – 3:19PM	Vanija Until 7:31PM	Nataraja: Purple		4th Phase
			Dashami Until 7:48AM	Moon – Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	

3	Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 24 Sutra 40
	Kanya Rasi: 21.26	Tithi 11 – 12	Gulika 7:09AM – 8:47AM	Hasta Until 9:28AM	Ganesh: Purple	<i>Sunrise:</i> 5:30AM	Vilamba 5120
			Yama 3:19PM – 4:57PM	Siddhi Until 9:04AM	Muruga: White	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 6
			366932369 Rahu 10:25AM – 12:03PM	Visti Until 7:18AM	Nataraja: Purple		4th Phase
			Ekadashi Until 7:18AM	Moon – Green		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

4	Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manu Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 25 Sutra 41
	Tula Rasi: 4.28	Tithi 12 – 13	Gulika 5:30AM – 7:08AM	Chitra Until 10:05AM	Ganesh: Purple	<i>Sunrise:</i> 5:30AM	Vilamba 5120
			Yama 1:41PM – 3:19PM	Vyatipata* Until 7:59AM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 6
			366932369 Rahu 8:47AM – 10:25AM	Kaulava Until 7:17PM	Nataraja: Purple		4th Phase
			Dvadashi Until 7:11AM	Moon – Green		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

Pradosha Vrata

5	Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 26 Sutra 42
	Tula Rasi: 17.17	Tithi 13 – 14	Gulika 3:20PM – 4:58PM	Svati Until 10:56AM	Ganesh: Purple	<i>Sunrise:</i> 5:30AM	Vilamba 5120
			Yama 12:03PM – 1:41PM	Variyan Until 7:11AM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 6
			366932369 Rahu 4:58PM – 6:36PM	Gara Until 7:46PM	Nataraja: Purple		4th Phase
			Trayodashi Until 7:27AM	Moon – Green		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

Monday, May 28, 2018	Copper Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sun 27 Sutra 43
	Tula Rasi: 29.56	Tithi 14 – 15	Gulika 1:42PM – 3:20PM	Vishakha Until 12:30PM	Ganesh: Clear	<i>Sunrise:</i> 5:30AM	Vilamba 5120
	Family Home Evening		Yama 10:25AM – 12:03PM	Parigha* Until 6:44AM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 6
			376932369 Rahu 7:08AM – 8:47AM	Visti Until 8:41PM	Nataraja: Purple		Purnima
			Chaturdashi* Until 8:09AM	Moon – Orange		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	

Tuesday, May 29, 2018	Silver Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sun 28 Sutra 44
	Vrischika Rasi: 12.22	Tithi 15 – 16	Gulika 12:03PM – 1:42PM	Anuradha Until 2:22PM	Ganesh: Clear	<i>Sunrise:</i> 5:30AM	Vilamba 5120
			Yama 8:47AM – 10:25AM	Shiva Until 6:39AM	Muruga: White	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 6
			376932369 Rahu 3:20PM – 4:58PM	Balava Until 10:03PM	Nataraja: Purple		Prathama
			Purnima* Until 9:17AM	Moon – Orange		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Suntra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 24.37 Tithi 16 - 17

Gulika 10:25AM - 12:03PM

Jyeshtha* Until 4:29PM

Ganesha: Clear Sunrise: 5:30AM

Yama 7:08AM - 8:47AM

Siddha Until 6:53AM

Muruga: White Sunset: 6:37PM

376932369 Rahu 12:03PM - 1:42PM

Taitila Until 11:51PM

Nataraja: Purple

Moon - Orange

Bhuloka Day

Creative Work Siddha Yoga

Until 4:29PM

Then Routine Work - Marana Yoga

Devaloka Time: 6:AM to 9:AM

1

Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Suntra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 6.41 Tithi 17 - 18

Gulika 8:47AM - 10:25AM

Mula* Until 3:13PM Fri

Ganesha: White Sunrise: 5:30AM

Yama 5:30AM - 7:08AM

Sadhya Until 7:27AM

Muruga: White Sunset: 6:38PM

386932369 Rahu 1:42PM - 3:21PM

Vanija Until 1:62AM Fri

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Creative Work Siddha Yoga

Until 3:13PM

Then Routine Work - Marana Yoga

Devaloka Time: 9:AM to 12:PM

2

Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 2 Suntra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 18.37 Tithi 18 - 19

Gulika 7:08AM - 8:47AM

Mula* Until 3:13PM

Ganesha: Yellow Sunrise: 5:30AM

Yama 3:21PM - 4:59PM

Subha Until 9:20AM Sat

Muruga: White Sunset: 6:38PM

387932369 Rahu 10:25AM - 12:04PM

Bava Until 4:30AM Sat

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Routine Work Prabalarishta Yoga

Until 3:13PM

Then Routine Work - Marana Yoga

Devaloka Time: 9:AM to 12:PM

3

Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Suntra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 0.27 Tithi 19 - 20

Gulika 5:30AM - 7:08AM

Uttarashadha Until 1:15AM Sun

Ganesha: Yellow Sunrise: 5:30AM

Yama 1:43PM - 3:21PM

Sukla Until 9:20AM

Muruga: White Sunset: 6:38PM

387932369 Rahu 8:47AM - 10:25AM

Kaulava Until 7:06AM Sun

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Routine Work Marana Yoga

Until 1:15AM Sun

Then Creative Work - Amrita Yoga

Devaloka Time: 9:AM to 12:PM

4

Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 4 Suntra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 12.14 Tithi 20

Gulika 3:21PM - 5:00PM

Shravana Until 4:32AM Mon

Ganesha: Blue Sunrise: 5:30AM

Yama 12:04PM - 1:43PM

Brahma Until 10:27AM

Muruga: White Sunset: 6:39PM

397932369 Rahu 5:00PM - 6:39PM

Kaulava Until 7:06AM

Nataraja: Purple

Moon - Purple

Devaloka Day

Creative Work Amrita Yoga

Until 4:32AM Mon

Then Creative Work - Siddha Yoga

Jyeshtha Adhika-Vaikasi

5

Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 5 Suntra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 24.02 Tithi 21

Gulika 1:43PM - 3:22PM

Dhanishtha Until 7:25AM Tue

Ganesha: Blue Sunrise: 5:29AM

Family Home Evening

Yama 10:26AM - 12:04PM

Indra Until 11:30AM

Muruga: White Sunset: 6:39PM

Creative Work Siddha Yoga

397932369 Rahu 7:08AM - 8:47AM

Gara Until 9:37AM

Nataraja: Purple

Moon - Purple

Devaloka Day

Until 7:25AM Tue

Then Routine Work - Marana Yoga

Shashthi* Until 10:46PM

Jyeshtha Adhika-Vaikasi

6

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 6 Suntra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 5.57 Tithi 22

Gulika 12:04PM - 1:43PM

Dhanishtha Until 7:25AM

Ganesha: Purple Sunrise: 5:29AM

Yama 8:47AM - 10:26AM

Vaidhriti* Until 12:17PM

Muruga: White Sunset: 6:39PM

397132361 Rahu 3:22PM - 5:01PM

Visti Until 11:51AM

Nataraja: White

Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Until 7:25AM

Then Routine Work - Marana Yoga

Saptami Until 12:45AM Wed

Jyeshtha Adhika-Vaikasi

D

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 7 Suntra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 18.02 Tithi 23

Gulika 10:26AM - 12:05PM

Shatabhishak Until 9:39AM

Ganesha: Purple Sunrise: 5:29AM

Yama 7:08AM - 8:47AM

Vishkambha* Until 12:41PM

Muruga: White Sunset: 6:40PM

397132361 Rahu 12:05PM - 1:43PM

Balava Until 1:33PM

Nataraja: White

Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Until 9:39AM

Then Creative Work - Amrita Yoga

Ashtami* Until 2:08AM Thu

Jyeshtha Adhika-Vaikasi

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 8 Suntra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Meena Rasi: 0.25 Tithi 24

Gulika 8:47AM - 10:26AM

Purvaprosarthapada* Until 11:33AM

Ganesha: Blue Sunrise: 5:30AM

Yama 5:30AM - 7:08AM

Priti Until 12:33PM

Muruga: White Sunset: 6:40PM

317132361 Rahu 1:44PM - 3:22PM

Taitila Until 2:33PM

Nataraja: White

Moon - Clear

Devaloka Day

Creative Work Siddha Yoga

Navami* Until 2:44AM Fri

Jyeshtha Adhika-Vaikasi

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Kingston, Jamaica Sun 9 Sutra 54
Meena Rasi: 13.08	Tithi 25	Gulika 7:08AM – 8:47AM	Uttaraproshtapada Until 12:31PM	Ganesha: Red	<i>Sunrise:</i> 5:30AM	Vilamba 5120
		Yama 3:23PM – 5:01PM	Ayushman Until 11:45AM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	318132361 Rahu 10:26AM – 12:05PM	Vanija Until 2:44PM	Nataraja: White		2nd Phase
			Dashami Until 2:29AM Sat	Moon – Clear		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica Sun 10 Sutra 55
Meena Rasi: 26.16	Tithi 26	Gulika 5:30AM – 7:09AM	Revati Until 12:29PM	Ganesha: Red	<i>Sunrise:</i> 5:30AM	Vilamba 5120
		Yama 1:44PM – 3:23PM	Saubhagya Until 10:18AM	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8
Routine Work	Prabalarishta Yoga	318132361 Rahu 8:47AM – 10:26AM	Bava Until 2:04PM	Nataraja: White		2nd Phase
Until 12:29PM			Ekadashi* Until 1:25AM Sun	Moon – Clear		Bhuloka Day
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kingston, Jamaica Sun 11 Sutra 56
Mesha Rasi: 9.52	Tithi 27	Gulika 3:23PM – 5:02PM	Ashvini Until 11:58AM	Ganesha: Green	<i>Sunrise:</i> 5:30AM	Vilamba 5120
		Yama 12:05PM – 1:44PM	Sobhana Until 8:13AM	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	328132361 Rahu 5:02PM – 6:41PM	Kaulava Until 12:36PM	Nataraja: White		2nd Phase
Until 11:58AM			Dvadashi* Until 11:34PM	Moon – White		Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Jyeshtha Adhika-Vaikasi		

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Visti* Karana Trayodashyam Titau				Kingston, Jamaica Sun 12 Sutra 57
Mesha Rasi: 23.55	Tithi 28	Gulika 1:44PM – 3:23PM	Bharani Until 10:35AM	Ganesha: Green	<i>Sunrise:</i> 5:30AM	Vilamba 5120
Family Home Evening		Yama 10:27AM – 12:06PM	Sukarma Until 10:35AM	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	328132361 Rahu 7:09AM – 8:48AM	Gara Until 10:25AM	Nataraja: White		2nd Phase
Until 10:35AM			Trayodashi* Until 9:05PM	Moon – White		Bhuloka Day
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi		

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 13 Sutra 58
Vrishabha Rasi: 8.23	Tithi 29	Gulika 12:06PM – 1:45PM	Krittika Until 8:29AM	Ganesha: Green	<i>Sunrise:</i> 5:30AM	Vilamba 5120
		Yama 8:48AM – 10:27AM	Dhriti Until 10:43PM	Muruga: White	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	328132361 Rahu 3:24PM – 5:03PM	Visti Until 7:40AM	Nataraja: White		2nd Phase
Until 8:29AM			Chaturdashi* Until 6:06PM	Moon – White		Bhuloka Day
Then Creative Work - Amrita Yoga				Jyeshtha Adhika-Vaikasi		

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 59
Retreat Star		Gulika 10:27AM – 12:06PM	Rohini Until 6:15AM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Vilamba 5120
Vrishabha Rasi: 23.1	Tithi 30 – 1	Yama 7:09AM – 8:48AM	Shula* Until 6:52PM	Muruga: White	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	338132361 Rahu 12:06PM – 1:45PM	Kintughna Until 1:03AM Thu	Nataraja: White		Amavasya
			Amavasya* Until 2:47PM	Moon – Yellow		Bhuloka Day
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhdi Yoga Bava/Taitila Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 60
Retreat Star		Gulika 8:48AM – 10:27AM	Ardra Until 12:46AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Vilamba 5120
Mithuna Rasi: 8.09	Tithi 1 – 2	Yama 5:30AM – 7:09AM	Ganda* Until 12:46AM Fri	Muruga: White	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8
Routine Work	Marana Yoga	339132361 Rahu 1:45PM – 3:24PM	Taitila Until 17:62AM Fri	Nataraja: White		Prathama
Until 12:46AM Fri			Prathama* Until 11:16AM	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM	

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 61 Vilamba 5120 Moon 5 - Phase 9 3rd Phase
Mithuna Rasi: 23.11	Tithi 2 - 3	Gulika 7:09AM - 8:48AM	Punarvasu Until 10:16PM	Ganesh: Orange	<i>Sunrise:</i> 5:30AM	
		Yama 3:24PM - 5:03PM	Vriddhi Until 10:56AM	Muruga: White	<i>Sunset:</i> 6:42PM	
		349132361 Rahu 10:27AM - 12:06PM	Taitila Until 6:02PM	Nataraja: White		
Creative Work	Siddha Yoga		Dvitiya Until 7:44AM	Moon - Blue		Bhuloka Day
Until 10:16PM				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Kingston, Jamaica Sun 17 Sutra 62 Vilamba 5120 Moon 5 - Phase 9 3rd Phase
Kataka Rasi: 8.07	Tithi 4	Gulika 5:30AM - 7:09AM	Pushya Until 7:51PM	Ganesh: Orange	<i>Sunrise:</i> 5:30AM	
		Yama 1:46PM - 3:25PM	Dhruva Until 7:05AM	Muruga: White	<i>Sunset:</i> 6:43PM	
		349132361 Rahu 8:48AM - 10:28AM	Vanija Until 2:44PM	Nataraja: White		
Creative Work	Siddha Yoga		Chaturthi* Until 1:11AM Sun	Moon - Blue		Bhuloka Day
Until 7:51PM				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 63 Vilamba 5120 Moon 5 - Phase 9 3rd Phase
Kataka Rasi: 22.51	Tithi 5	Gulika 3:25PM - 5:04PM	Ashlesha* Until 5:40PM	Ganesh: Orange	<i>Sunrise:</i> 5:31AM	
		Yama 12:07PM - 1:46PM	Harshana Until 12:13AM Mon	Muruga: White	<i>Sunset:</i> 6:43PM	
		349132361 Rahu 5:04PM - 6:43PM	Bava Until 11:46AM	Nataraja: White		
Creative Work	Siddha Yoga		Panchami Until 10:26PM	Moon - Blue		Bhuloka Day
Until 5:40PM		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica Sun 19 Sutra 64 Vilamba 5120 Moon 5 - Phase 9 3rd Phase
Simha Rasi: 7.16	Tithi 6	Gulika 1:46PM - 3:25PM	Magha* Until 4:14PM	Ganesh: Green	<i>Sunrise:</i> 5:31AM	
Family Home Evening		Yama 10:28AM - 12:07PM	Vajra* Until 9:20PM	Muruga: White	<i>Sunset:</i> 6:43PM	
Routine Work	Marana Yoga	359132361 Rahu 7:10AM - 8:49AM	Kaulava Until 9:15AM	Nataraja: White		
Until 4:14PM			Shashthi* Until 8:09PM	Moon - Red		Devaloka Day
Then Creative Work - Siddha Yoga						

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 65 Vilamba 5120 Moon 5 - Phase 9 3rd Phase
Simha Rasi: 21.21	Tithi 7	Gulika 12:07PM - 1:46PM	Purvaphalguni Until 3:12PM	Ganesh: Green	<i>Sunrise:</i> 5:31AM	
		Yama 8:49AM - 10:28AM	Siddhi Until 6:55PM	Muruga: White	<i>Sunset:</i> 6:44PM	
		359132361 Rahu 3:25PM - 5:04PM	Gara Until 7:15AM	Nataraja: White		
Creative Work	Siddha Yoga		Saptami Until 6:27PM	Moon - Red		Devaloka Day
Until 3:12PM				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 21 Sutra 66 Vilamba 5120 Moon 5 - Phase 9 Ashtami
Retreat Star		Gulika 10:28AM - 12:07PM	Uttaraphalguni Until 2:36PM	Ganesh: Green	<i>Sunrise:</i> 5:31AM	
Kanya Rasi: 5.04	Tithi 8 - 9	Yama 7:10AM - 8:49AM	Vyatipata* Until 5:01PM	Muruga: White	<i>Sunset:</i> 6:44PM	
		359132361 Rahu 12:07PM - 1:47PM	Balava Until 5:00AM Thu	Nataraja: White		
Creative Work	Amrita Yoga		Ashtami* Until 5:19PM	Moon - Red		Devaloka Day
Until 2:36PM		Chidambaram Abhishekam		Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 22 Sutra 67 Vilamba 5120 Moon 5 - Phase 9 Navami
Retreat Star		Gulika 8:49AM - 10:29AM	Hasta Until 2:54PM	Ganesh: Red	<i>Sunrise:</i> 5:31AM	
Kanya Rasi: 18.27	Tithi 9 - 10	Yama 5:31AM - 7:10AM	Variyan Until 3:33PM	Muruga: White	<i>Sunset:</i> 6:44PM	
		369132361 Rahu 1:47PM - 3:26PM	Taitila Until 4:45AM Fri	Nataraja: White		
Routine Work	Marana Yoga		Navami* Until 4:47PM	Moon - Green		Bhuloka Day
Until 2:54PM				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 23 Sutra 68 Vilamba 5120
Tula Rasi: 1.31	Tithi 10 - 11	Gulika 7:11AM - 8:50AM	Chitra Until 3:35PM	Ganesh: Green	<i>Sunrise:</i> 5:32AM	
		Yama 3:26PM - 5:05PM	Parigha* Until 2:32PM	Muruga: White	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 10
		361132361 Rahu 10:29AM - 12:08PM	Vanija Until 5:03AM Sat	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:49PM	Moon - Green		Bhuloka Day
				Jyeshtha-Ani		

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 14.19	Tithi 11 - 12	Gulika 5:32AM - 7:11AM	Svati Until 4:38PM	Ganesh: Green	<i>Sunrise:</i> 5:32AM	
		Yama 1:47PM - 3:26PM	Shiva Until 1:58PM	Muruga: White	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 10
		361132361 Rahu 8:50AM - 10:29AM	Bava Until 5:50AM Sun	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 5:21PM	Moon - Green		Bhuloka Day
				Jyeshtha-Ani		

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 26.52	Tithi 12	Gulika 3:26PM - 5:05PM	Vishakha Until 6:28PM	Ganesh: Red	<i>Sunrise:</i> 5:32AM	
		Yama 12:08PM - 1:47PM	Siddha Until 1:45PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 10
		371142361 Rahu 5:05PM - 6:45PM	Balava Until 6:23PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 6:23PM	Moon - Orange		Devaloka Day
				Jyeshtha-Ani		

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 9.14	Tithi 13	Gulika 1:48PM - 3:27PM	Anuradha Until 8:33PM	Ganesh: Red	<i>Sunrise:</i> 5:32AM	
Family Home Evening		Yama 10:29AM - 12:08PM	Sadhya Until 1:52PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 10
		371142361 Rahu 7:11AM - 8:50AM	Kaulava Until 7:05AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:50PM	Moon - Orange		Devaloka Day
				Jyeshtha-Ani		

Pradosha Vrata

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 21.26	Tithi 14	Gulika 12:09PM - 1:48PM	Jyeshtha* Until 10:51PM	Ganesh: Red	<i>Sunrise:</i> 5:33AM	
		Yama 8:51AM - 10:30AM	Subha Until 2:20PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 10
		371142361 Rahu 3:27PM - 5:06PM	Gara Until 8:44AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 9:40PM	Moon - Orange		Devaloka Day
Until 10:51PM				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica Sutra 73 Vilamba 5120
Copper Retreat Star		Gulika 10:30AM - 12:09PM	Mula* Until 1:48AM Thu	Ganesh: Blue	<i>Sunrise:</i> 5:33AM	
Dhanus Rasi: 3.29	Tithi 15	Yama 7:12AM - 8:51AM	Sukla Until 3:01PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 10
		381142361 Rahu 12:09PM - 1:48PM	Visti Until 12:63AM Thu	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 2:20PM	Moon - Light Blue		Bhuloka Day
Until 1:48AM Thu				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica Sutra 74 Vilamba 5120
Silver Retreat Star		Gulika 8:51AM - 10:30AM	Purvashadha* Until 4:49AM Fri	Ganesh: Blue	<i>Sunrise:</i> 5:33AM	
Dhanus Rasi: 15.24	Tithi 16	Yama 5:33AM - 7:12AM	Brahma Until 3:57PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 10
		381142361 Rahu 1:48PM - 3:27PM	Balava Until 1:03PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:16AM Fri	Moon - Light Blue		Bhuloka Day
Until 4:49AM Fri				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 27.14 Tihti 17

381142361

Gulika 7:12AM – 8:51AM

Yama 3:27PM – 5:06PM

Rahu 10:30AM – 12:09PM

Uttarashadha Until 7:47AM Sat

Indra Until 5:02PM

Taitila Until 3:34PM

Dvitiya Until 4:51AM Sat

Ganesha: Blue

Sunrise: 5:33AM

Muruga: Clear

Sunset: 6:45PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 7:47AM Sat

Then Creative Work - Siddha Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Vanija Karana Tritiyayam Titau

Kingston, Jamaica

Sun 2 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 9.02 Tihti 18

381242361

Gulika 5:34AM – 7:13AM

Yama 1:48PM – 3:27PM

Rahu 8:52AM – 10:31AM

Uttarashadha Until 7:47AM

Vaidhriti* Until 6:09PM

Vanija Until 6:10PM

Tritiya Until 7:26AM Sun

Ganesha: Blue

Sunrise: 5:34AM

Muruga: Clear

Sunset: 6:45PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 7:47AM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 3 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 20.49 Tihti 18 – 19

391242361

Gulika 3:28PM – 5:07PM

Yama 12:10PM – 1:49PM

Rahu 5:07PM – 6:45PM

Shravana Until 11:06AM

Vishkambha* Until 7:14PM

Bava Until 8:43PM

Tritiya Until 7:26AM

Ganesha: Red

Sunrise: 5:34AM

Muruga: Clear

Sunset: 6:45PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 11:06AM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 4 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 2.39 Tihti 19 – 20

392242361

Gulika 1:49PM – 3:28PM

Yama 10:31AM – 12:10PM

Rahu 7:13AM – 8:52AM

Dhanishtha Until 2:05PM

Priti Until 8:10PM

Kaulava Until 11:01PM

Chaturthi* Until 9:53AM

Ganesha: Yellow

Sunrise: 5:34AM

Muruga: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 5 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 14.35 Tihti 20 – 21

392242361

Gulika 12:10PM – 1:49PM

Yama 8:52AM – 10:31AM

Rahu 3:28PM – 5:07PM

Shatabhishak Until 4:34PM

Ayushman Until 8:46PM

Gara Until 12:55AM Wed

Panchami Until 12:00PM

Ganesha: Yellow

Sunrise: 5:35AM

Muruga: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 6 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 26.43 Tihti 21 – 22

312242361

Gulika 10:31AM – 12:10PM

Yama 7:14AM – 8:53AM

Rahu 12:10PM – 1:49PM

Purvaproshtapada* Until 6:53PM

Saubhagya Until 8:58PM

Visti Until 2:15AM Thu

Shashthi* Until 1:38PM

Ganesha: Orange

Sunrise: 5:35AM

Muruga: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 6:53PM

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 7 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 9.05 Tihti 22 – 23

312242361

Gulika 8:53AM – 10:32AM

Yama 5:35AM – 7:14AM

Rahu 1:49PM – 3:28PM

Uttaraproshtapada Until 8:23PM

Sobhana Until 8:39PM

Balava Until 2:53AM Fri

Saptami Until 2:38PM

Ganesha: Orange

Sunrise: 5:35AM

Muruga: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 8 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Navami

Meena Rasi: 21.47 Tihti 23 – 24

412242361

Gulika 7:14AM – 8:53AM

Yama 3:28PM – 5:07PM

Rahu 10:32AM – 12:11PM

Revati Until 8:59PM

Athiganda* Until 7:43PM

Taitila Until 2:44AM Sat

Ashtami* Until 2:54PM

Ganesha: Green

Sunrise: 5:35AM

Muruga: Clear

Sunset: 6:46PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 8:59PM

Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1		Saturday, July 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Kingston, Jamaica Sun 9 Sutra 83 Vilamba 5120
Mesha Rasi: 4.52	Tithi 24 – 25	Gulika 5:36AM – 7:15AM	Ashvini Until 9:07PM	Ganesh: Orange <i>Sunrise: 5:36AM</i>			
		Yama 1:49PM – 3:28PM	Sukarma Until 6:09PM	Muruga: Clear <i>Sunset: 6:46PM</i>		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	422242361 Rahu 8:53AM – 10:32AM	Vanija Until 1:48AM Sun	Nataraja: White		2nd Phase	
			Navami* Until 2:21PM	Moon – White			
				Jyeshtha-Ani		Devaloka Day	

2		Sunday, July 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Kingston, Jamaica Sun 10 Sutra 84 Vilamba 5120
Mesha Rasi: 18.23	Tithi 25 – 26	Gulika 3:28PM – 5:07PM	Bharani Until 8:18PM	Ganesh: Orange <i>Sunrise: 5:36AM</i>			
		Yama 12:11PM – 1:50PM	Dhriti Until 3:58PM	Muruga: Clear <i>Sunset: 6:46PM</i>		Moon 6 - Phase 12	
Routine Work	Prabalarishta Yoga	422242361 Rahu 5:07PM – 6:46PM	Bava Until 12:05AM Mon	Nataraja: White		2nd Phase	
Until 8:18PM			Dashami Until 1:01PM	Moon – White			
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Devaloka Day	

3		Monday, July 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kingston, Jamaica Sun 11 Sutra 85 Vilamba 5120
Vrishabha Rasi: 2.21	Tithi 26 – 27	Gulika 1:50PM – 3:28PM	Krittika Until 6:40PM	Ganesh: Orange <i>Sunrise: 5:36AM</i>			
Family Home Evening		Yama 10:32AM – 12:11PM	Shula* Until 1:10PM	Muruga: Clear <i>Sunset: 6:46PM</i>		Moon 6 - Phase 12	
Routine Work	Marana Yoga	422242361 Rahu 7:15AM – 8:54AM	Kaulava Until 9:41PM	Nataraja: White		2nd Phase	
Until 6:40PM			Ekadashi* Until 10:57AM	Moon – White			
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		Devaloka Day	

4		Tuesday, July 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 12 Sutra 86 Vilamba 5120
Vrishabha Rasi: 16.46	Tithi 27 – 28	Gulika 12:11PM – 1:50PM	Rohini Until 4:44PM	Ganesh: Light Blue <i>Sunrise: 5:37AM</i>			
		Yama 8:54AM – 10:33AM	Ganda* Until 9:52AM	Muruga: Clear <i>Sunset: 6:46PM</i>		Moon 6 - Phase 12	
Creative Work	Amrita Yoga	422242361 Rahu 3:28PM – 5:07PM	Gara Until 6:44PM	Nataraja: White		2nd Phase	
Until 4:44PM			Dvadashi* Until 8:15AM	Moon – Yellow			
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>			Devaloka Time: 12:PM to 3:PM	

5		Wednesday, July 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kingston, Jamaica Sun 13 Sutra 87 Vilamba 5120
Mithuna Rasi: 1.32	Tithi 29	Gulika 10:33AM – 12:11PM	Mrigashira Until 2:12PM	Ganesh: Light Blue <i>Sunrise: 5:37AM</i>			
		Yama 7:16AM – 8:54AM	Vridhi Until 6:11AM	Muruga: Clear <i>Sunset: 6:45PM</i>		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	422242361 Rahu 12:11PM – 1:50PM	Visti Until 3:22PM	Nataraja: White		2nd Phase	
			Chaturdashi* Until 1:33AM Thu	Moon – Yellow			
				Jyeshtha-Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

Retreat Star		Thursday, July 12, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kingston, Jamaica Sun 14 Sutra 88 Vilamba 5120
Mithuna Rasi: 16.34	Tithi 30	Gulika 8:54AM – 10:33AM	Ardra Until 11:17AM	Ganesh: Light Blue <i>Sunrise: 5:38AM</i>			
		Yama 5:38AM – 7:16AM	Vyaghata* Until 10:04PM	Muruga: Clear <i>Sunset: 6:45PM</i>		Moon 6 - Phase 12	
Routine Work	Marana Yoga	422242361 Rahu 1:50PM – 3:28PM	Catuspada Until 11:43AM	Nataraja: White		Amavasya	
Until 11:17AM			Amavasya* Until 9:50PM	Moon – Yellow			
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

Retreat Star		Friday, July 13, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau	Kingston, Jamaica Sun 15 Sutra 89 Vilamba 5120
Kataka Rasi: 1.44	Tithi 1	Gulika 7:16AM – 8:55AM	Punarvasu Until 8:30AM	Ganesh: Purple <i>Sunrise: 5:38AM</i>			
		Yama 3:28PM – 5:07PM	Harshana Until 5:55PM	Muruga: Clear <i>Sunset: 6:45PM</i>		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	422242361 Rahu 10:33AM – 12:12PM	Kintughna Until 7:58AM	Nataraja: White		Prathama	
Until 8:30AM			Prathama* Until 6:05PM	Moon – Blue			
Then Routine Work - Marana Yoga		Partial Solar Eclipse		Ashada-Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		Kingston, Jamaica	
Kataka Rasi: 16.53		Titthi 2 - 3		Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 90	
442242361		Gulika	5:38AM - 7:17AM	Ashlesha* Until 2:51AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:38AM	Vilamba 5120		
Routine Work		Yama	1:50PM - 3:28PM	Vajra* Until 1:51PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13		
Marana Yoga		Rahu	8:55AM - 10:33AM	Tailila Until 12:46AM Sun	Nataraja: White		3rd Phase		
		Dvitiya Until 2:28PM				Moon - Blue	Bhuloka Day		
						Ashada*Ani	Devaloka Time: 12:PM to 3:PM		

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kingston, Jamaica	
Simha Rasi: 1.51		Titthi 3 - 4		Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 17		Sutra 91	
452242361		Gulika	3:28PM - 5:07PM	Magha* Until 12:43AM Mon	Ganesh: Light Blue	<i>Sunrise:</i> 5:39AM	Vilamba 5120		
Routine Work		Yama	12:12PM - 1:50PM	Siddhi Until 10:02AM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13		
Marana Yoga		Rahu	5:07PM - 6:45PM	Vanija Until 9:37PM	Nataraja: White		3rd Phase		
Until 12:43AM Mon		Tritiya Until 11:07AM				Moon - Red	Bhuloka Day		
Then Creative Work - Siddha Yoga						Ashada*Ani	Devaloka Time: 12:PM to 3:PM		

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Kingston, Jamaica	
Simha Rasi: 16.31		Titthi 4 - 5		Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 92	
453242361		Gulika	1:50PM - 3:28PM	Purvaphalguni Until 10:56PM	Ganesh: Purple	<i>Sunrise:</i> 5:39AM	Vilamba 5120		
Family Home Evening		Yama	10:34AM - 12:12PM	Vyatipata* Until 6:34AM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13		
Creative Work		Rahu	7:17AM - 8:55AM	Bava Until 6:57PM	Nataraja: White		3rd Phase		
Siddha Yoga		Chaturthi* Until 8:12AM				Moon - Red	Bhuloka Day		
						Ashada*Adi	Devaloka Time: 12:PM to 3:PM		

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Kingston, Jamaica	
Kanya Rasi: 0.49		Titthi 6		Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Tailila Karana Shashthiyam Titau		Sun 19		Sutra 93	
453242362		Gulika	12:12PM - 1:50PM	Uttaraphalguni Until 3:05AM Thu Wed	Ganesh: Purple	<i>Sunrise:</i> 5:39AM	Vilamba 5120		
Creative Work		Yama	8:56AM - 10:34AM	Parigha* Until 1:01AM Wed	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13		
Amrita Yoga		Rahu	3:28PM - 5:07PM	Kaulava Until 4:53PM	Nataraja: Clear		3rd Phase		
Until 3:05AM Thu Wed		Shashthi* Until 4:06AM Wed				Moon - Red	Devaloka Day		
Then Creative Work - Siddha Yoga						Ashada*Adi			

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Kingston, Jamaica	
Kanya Rasi: 14.41		Titthi 7		Uttaraphalguni/Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 94	
463242362		Gulika	10:34AM - 12:12PM	Uttaraphalguni Until 3:05AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:40AM	Vilamba 5120		
Routine Work		Yama	7:18AM - 8:56AM	Shiva Until 10:66PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 13		
Marana Yoga		Rahu	12:12PM - 1:50PM	Gara Until 3:31PM	Nataraja: Clear		3rd Phase		
Until 3:05AM Thu		Saptami Until 3:05AM Thu				Moon - Green	Sivaloka Day		
Then Creative Work - Siddha Yoga						Ashada*Adi			

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Kingston, Jamaica	
Kanya Rasi: 28.07		Titthi 8		Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 95	
463242362		Gulika	8:56AM - 10:34AM	Chitra Until 9:37PM	Ganesh: Clear	<i>Sunrise:</i> 5:40AM	Vilamba 5120		
Creative Work		Yama	5:40AM - 7:18AM	Siddha Until 9:45PM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 13		
Siddha Yoga		Rahu	1:50PM - 3:28PM	Visti Until 2:52PM	Nataraja: Clear		Ashtami		
Until 9:37PM		Ashtami* Until 2:48AM Fri				Moon - Green	Sivaloka Day		
Then Creative Work - Amrita Yoga						Ashada*Adi			

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Kingston, Jamaica	
Tula Rasi: 11.1		Titthi 9		Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 96	
463242362		Gulika	7:18AM - 8:56AM	Svati Until 10:26PM	Ganesh: Clear	<i>Sunrise:</i> 5:40AM	Vilamba 5120		
Creative Work		Yama	3:28PM - 5:06PM	Sadhya Until 8:58PM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 13		
Siddha Yoga		Rahu	10:34AM - 12:12PM	Balava Until 2:57PM	Nataraja: Clear		Navami		
		Navami* Until 3:13AM Sat				Moon - Green	Sivaloka Day		
						Ashada*Adi			

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Tailila/Gara Karana Dashamyam Titau				Kingston, Jamaica
	Tula Rasi: 23.53	Tithi 10	Gulika 5:41AM – 7:19AM	Vishakha Until 12:12AM Sun	Ganesha: White	<i>Sunrise:</i> 5:41AM	Sun 23 Sutra 97
			Yama 1:50PM – 3:28PM	Subha Until 8:44PM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Vilamba 5120
		473242362 Rahu 8:56AM – 10:34AM	Tailila Until 3:42PM	Nataraja: Clear		Moon 6 - Phase 14	
Creative Work	Siddha Yoga		Dashami Until 4:17AM Sun	Moon – Orange		4th Phase	
Until 12:12AM Sun				Ashada•Adi		Devaloka Day	
Then Routine Work - Marana Yoga							

2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Kingston, Jamaica
	Vrischika Rasi: 6.18	Tithi 11	Gulika 3:28PM – 5:06PM	Anuradha Until 2:20AM Mon	Ganesha: White	<i>Sunrise:</i> 5:41AM	Sun 24 Sutra 98
			Yama 12:12PM – 1:50PM	Sukla Until 8:54PM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Vilamba 5120
		473242362 Rahu 5:06PM – 6:44PM	Vanija Until 5:02PM	Nataraja: Clear		Moon 6 - Phase 14	
Routine Work	Marana Yoga		Ekadashi Until 5:52AM Mon	Moon – Orange		4th Phase	
Until 2:20AM Mon				Ashada•Adi		Devaloka Day	
Then Creative Work - Siddha Yoga							

3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau				Kingston, Jamaica
	Vrischika Rasi: 18.3	Tithi 12	Gulika 1:50PM – 3:28PM	Jyeshtha* Until 4:45AM Tue	Ganesha: White	<i>Sunrise:</i> 5:41AM	Sun 25 Sutra 99
			Yama 10:35AM – 12:12PM	Brahma Until 9:26PM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Vilamba 5120
Family Home Evening		473242362 Rahu 7:19AM – 8:57AM	Bava Until 6:52PM	Nataraja: Clear		Moon 6 - Phase 14	
Creative Work	Siddha Yoga		Dvadashi Until 7:54AM Tue	Moon – Orange		4th Phase	
Until 4:45AM Tue				Ashada•Adi		Devaloka Day	
Then Creative Work - Amrita Yoga							

4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica
	Dhanus Rasi: 0.32	Tithi 12 – 13	Gulika 12:12PM – 1:50PM	Mula* Until 7:48AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM	Sun 26 Sutra 100
			Yama 8:57AM – 10:35AM	Indra Until 10:16PM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Vilamba 5120
		483242362 Rahu 3:28PM – 5:05PM	Kaulava Until 9:03PM	Nataraja: Clear		Moon 6 - Phase 14	
Creative Work	Amrita Yoga		Dvadashi Until 7:54AM	Moon – Light Blue		4th Phase	
				Ashada•Adi		Sivaloka Day	

Pradosha Vrata

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica
	Dhanus Rasi: 12.26	Tithi 13 – 14	Gulika 10:35AM – 12:12PM	Mula* Until 7:48AM	Ganesha: Red	<i>Sunrise:</i> 5:42AM	Sun 27 Sutra 101
			Yama 7:20AM – 8:57AM	Vaidhriti* Until 11:15PM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Vilamba 5120
		483342362 Rahu 12:12PM – 1:50PM	Gara Until 11:30PM	Nataraja: Clear		Moon 6 - Phase 14	
Routine Work	Marana Yoga		Trayodashi Until 10:14AM	Moon – Light Blue		4th Phase	
Until 7:48AM				Ashada•Adi		Sivaloka Day	
Then Creative Work - Amrita Yoga							

○	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica
	Copper Retreat Star		Gulika 8:57AM – 10:35AM	Purvashadha* Until 10:53AM	Ganesha: Red	<i>Sunrise:</i> 5:42AM	Sun 27 Sutra 102
	Dhanus Rasi: 24.16	Tithi 14 – 15	Yama 5:42AM – 7:20AM	Vishkambha* Until 12:21AM Fri	Muruga: Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120
		483342362 Rahu 1:50PM – 3:27PM	Visti Until 2:05AM Fri	Nataraja: Clear		Moon 6 - Phase 14	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:46PM	Moon – Light Blue		Purnima	
Until 10:53AM		Satguru Purnima		Ashada•Adi		Sivaloka Day	
Then Routine Work - Marana Yoga							

○	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica
	Silver Retreat Star		Gulika 7:20AM – 8:57AM	Uttarashadha Until 1:52PM	Ganesha: Red	<i>Sunrise:</i> 5:43AM	Sun 28 Sutra 103
	Makara Rasi: 6.02	Tithi 15 – 16	Yama 3:27PM – 5:05PM	Priti Until 1:29AM Sat	Muruga: Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120
		483342362 Rahu 10:35AM – 12:12PM	Balava Until 4:39AM Sat	Nataraja: Clear		Moon 6 - Phase 14	
Routine Work	Marana Yoga		Purnima* Until 3:21PM	Moon – Light Blue		Prathama	
		Total Lunar Eclipse		Ashada•Adi		Sivaloka Day	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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Saturday, July 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mania Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Sutra 104

Vilamba 5120

Moon 7 - Phase 15
1st Phase

Makara Rasi: 17.5 Tihti 16 - 17

493342362

Gulika 5:43AM - 7:20AM
Yama 1:50PM - 3:27PM
Rahu 8:58AM - 10:35AM

Shravana Until 5:08PM
Ayushman Until 2:29AM Sun
Taitila Until 7:06AM Sun
Prathama* Until 5:53PM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon - Purple
Ashada*Adi

Sunrise: 5:43AM
Sunset: 6:42PM

Devaloka Day

Creative Work Siddha Yoga

Sunday, July 29, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 105

Vilamba 5120

Moon 7 - Phase 15
1st Phase

Makara Rasi: 29.41 Tihti 17

493342362

Gulika 3:27PM - 5:04PM
Yama 12:12PM - 1:50PM
Rahu 5:04PM - 6:41PM

Dhanishtha Until 8:03PM
Saubhagya Until 3:20AM Mon
Taitila Until 7:06AM
Dvitiya Until 8:14PM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon - Purple
Ashada*Adi

Sunrise: 5:43AM
Sunset: 6:41PM

Devaloka Day

Routine Work Marana Yoga

Until 8:03PM

Then Creative Work - Siddha Yoga

Monday, July 30, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica

Sun 2 Sutra 106

Vilamba 5120

Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 11.37 Tihti 18

494342362

Gulika 1:49PM - 3:27PM
Yama 10:35AM - 12:12PM
Rahu 7:21AM - 8:58AM

Shatabhishak Until 10:32PM
Sobhana Until 3:58AM Tue
Vanija Until 9:19AM
Tritiya Until 10:17PM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon - Purple
Ashada*Adi

Sunrise: 5:44AM
Sunset: 6:41PM

Devaloka Day

Creative Work Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

Tuesday, July 31, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica

Sun 3 Sutra 107

Vilamba 5120

Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 23.41 Tihti 19

414342362

Gulika 12:12PM - 1:49PM
Yama 8:58AM - 10:35AM
Rahu 3:26PM - 5:03PM

Purvaprosarthapada* Until 12:57AM We
Athiganda* Until 4:14AM Wed
Bava Until 11:11AM
Chaturthi* Until 11:56PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon - Clear
Ashada*Adi

Sunrise: 5:44AM
Sunset: 6:40PM

Devaloka Day

Routine Work Marana Yoga

Until 12:57AM Wed

Then Creative Work - Siddha Yoga

Wednesday, August 1, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 4 Sutra 108

Vilamba 5120

Moon 7 - Phase 15
1st Phase

Meena Rasi: 5.55 Tihti 20

414342362

Gulika 10:35AM - 12:12PM
Yama 7:21AM - 8:58AM
Rahu 12:12PM - 1:49PM

Uttaraprosarthapada Until 2:43AM Thu
Sukarma Until 4:07AM Thu
Kaulava Until 12:36PM
Panchami Until 1:06AM Thu

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon - Clear
Ashada*Adi

Sunrise: 5:44AM
Sunset: 6:40PM

Devaloka Day

Creative Work Siddha Yoga

Thursday, August 2, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 5 Sutra 109

Vilamba 5120

Moon 7 - Phase 15
1st Phase

Meena Rasi: 18.22 Tihti 21

414342362

Gulika 8:58AM - 10:35AM
Yama 5:45AM - 7:21AM
Rahu 1:49PM - 3:26PM

Revati Until 3:46AM Fri
Dhriti Until 3:34AM Fri
Gara Until 1:29PM
Shashthi* Until 1:41AM Fri

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon - Clear
Ashada*Adi

Sunrise: 5:45AM
Sunset: 6:40PM

Devaloka Day

Creative Work Siddha Yoga

Until 3:46AM Fri

Then Creative Work - Amrita Yoga

Friday, August 3, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 6 Sutra 110

Vilamba 5120

Moon 7 - Phase 15
1st Phase

Mesha Rasi: 1.06 Tihti 22

424342362

Gulika 7:22AM - 8:58AM
Yama 3:26PM - 5:02PM
Rahu 10:35AM - 12:12PM

Ashvini Until 4:30AM Sat
Shula* Until 2:28AM Sat
Visti Until 1:45PM
Saptami Until 1:37AM Sat

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon - White
Ashada*Adi

Sunrise: 5:45AM
Sunset: 6:39PM

Sivaloka Day

Creative Work Amrita Yoga

Until 4:30AM Sat

Then Creative Work - Siddha Yoga

Saturday, August 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 7 Sutra 111

Vilamba 5120

Moon 7 - Phase 15
Ashtami

Mesha Rasi: 14.09 Tihti 23

424342362

Gulika 5:45AM - 7:22AM
Yama 1:49PM - 3:25PM
Rahu 8:59AM - 10:35AM

Bharani Until 4:24AM Sun
Ganda* Until 12:50AM Sun
Balava Until 1:21PM
Ashtami* Until 12:53AM Sun

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon - White
Ashada*Adi

Sunrise: 5:45AM
Sunset: 6:39PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 8 Sutra 112

Vilamba 5120

Moon 7 - Phase 15
Navami

Mesha Rasi: 27.34 Tihti 24

424342362

Gulika 3:25PM - 5:02PM
Yama 12:12PM - 1:48PM
Rahu 5:02PM - 6:38PM

Krittika Until 3:29AM Mon
Vriddhi Until 10:41PM
Taitila Until 12:16PM
Navami* Until 11:28PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon - White
Ashada*Adi

Sunrise: 5:45AM
Sunset: 6:38PM

Sivaloka Day

Creative Work Siddha Yoga

Until 3:29AM Mon


Then Creative Work - Amrita Yoga

1		Monday, August 6, 2018			Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Kingston, Jamaica Sun 9 Sutra 113 Vilamba 5120	
Vrishabha Rasi: 11.22		Tithi 25		Gulika 1:48PM – 3:25PM	Rohini Until 2:13AM Tue	Ganesh: Purple	<i>Sunrise:</i> 5:46AM	
Family Home Evening		434342362		Yama 10:35AM – 12:12PM	Dhruva Until 7:57PM	Muruga: Clear	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 16
Creative Work Amrita Yoga		Rahu 7:22AM – 8:59AM		Vanija Until 7:70AM Tue		Nataraja: Clear		2nd Phase
Until 2:13AM Tue				Dashami Until 10:41PM		Moon – Yellow	Devaloka Day	
Then Creative Work - Siddha Yoga						Ashada•Adi		

2		Tuesday, August 7, 2018			Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 10 Sutra 114 Vilamba 5120	
Vrishabha Rasi: 25.35		Tithi 26		Gulika 12:12PM – 1:48PM	Mrigashira Until 12:16AM Wed	Ganesh: Purple	<i>Sunrise:</i> 5:46AM	
Creative Work Siddha Yoga		434342362		Yama 8:59AM – 10:35AM	Vyaghata* Until 4:47PM	Muruga: Clear	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 16
		Rahu 3:24PM – 5:01PM		Bava Until 8:10AM		Nataraja: Clear		2nd Phase
				Ekadashi* Until 6:46PM		Moon – Yellow	Devaloka Day	
						Ashada•Adi		

3		Wednesday, August 8, 2018			Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 115 Vilamba 5120	
Mithuna Rasi: 10.1		Tithi 27 – 28		Gulika 10:35AM – 12:11PM	Ardra Until 9:45PM	Ganesh: Purple	<i>Sunrise:</i> 5:46AM	
Creative Work Siddha Yoga		434342362		Yama 7:23AM – 8:59AM	Harshana Until 1:13PM	Muruga: Clear	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 16
		Rahu 12:11PM – 1:48PM		Gara Until 2:00AM Thu		Nataraja: Clear		2nd Phase
				Dvadashi* Until 3:40PM		Moon – Yellow	Devaloka Day	
						Ashada•Adi		
						<i>Pradosha Vrata (Fasting)</i>		

4		Thursday, August 9, 2018			Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 116 Vilamba 5120	
Mithuna Rasi: 25.03		Tithi 28 – 29		Gulika 8:59AM – 10:35AM	Punarvasu Until 7:12PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:47AM	
Creative Work Amrita Yoga		444342362		Yama 5:47AM – 7:23AM	Vajra* Until 9:21AM	Muruga: Clear	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 16
		Rahu 1:47PM – 3:24PM		Visti Until 10:28PM		Nataraja: Clear		2nd Phase
				Trayodashi* Until 12:14PM		Moon – Blue	Devaloka Day	
						Ashada•Adi		

		Friday, August 10, 2018			Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyalipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 117 Vilamba 5120	
Retreat Star		Kataka Rasi: 10.07		Gulika 7:23AM – 8:59AM	Pushya Until 4:22PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:47AM	
		Tithi 29 – 30		Yama 3:23PM – 4:59PM	Vyatipata* Until 1:12AM Sat	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 16
Routine Work Marana Yoga		444342362		Rahu 10:35AM – 12:11PM	Catuspada Until 6:48PM	Nataraja: Clear		Amavasya
				Chaturdashi* Until 8:37AM		Moon – Blue	Devaloka Day	
						Ashada•Adi		

Retreat Star		Saturday, August 11, 2018			Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 118 Vilamba 5120	
Kataka Rasi: 25.14		Tithi 1		Gulika 5:47AM – 7:23AM	Ashlesha* Until 1:25PM	Ganesh: Orange	<i>Sunrise:</i> 5:47AM	
Routine Work Marana Yoga		445342362		Yama 1:47PM – 3:23PM	Variyan Until 9:10PM	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 16
Until 1:25PM		Rahu 8:59AM – 10:35AM		Kintughna Until 3:10PM		Nataraja: Clear		Prathama
Then Creative Work - Amrita Yoga		Partial Solar Eclipse		Prathama* Until 1:24AM Sun		Moon – Blue	Sivaloka Day	
						Sravana•Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.16	Tithi 2	Gulika 3:23PM – 4:58PM	Magha* Until 10:56AM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	
		Yama 12:11PM – 1:47PM	Parigha* Until 5:19PM	Muruga: Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 17
		455342362 Rahu 4:58PM – 6:34PM	Balava Until 11:44AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red		Sivaloka Day
Until 10:56AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.03	Tithi 3	Gulika 1:46PM – 3:22PM	Purvaphalguni Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM	
Family Home Evening		Yama 10:35AM – 12:11PM	Shiva Until 1:49PM	Muruga: Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 17
		455342362 Rahu 7:23AM – 8:59AM	Tailila Until 8:39AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 7:16PM	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 9.29	Tithi 4 – 5	Gulika 12:10PM – 1:46PM	Uttaraphalguni Until 6:42AM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM	
		Yama 8:59AM – 10:35AM	Siddha Until 10:44AM	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 17
		455342362 Rahu 3:22PM – 4:57PM	Vanija Until 6:03AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 4:58PM	Moon – Red		Sivaloka Day
Until 6:42AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Kingston, Jamaica Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 23.3	Tithi 5 – 6	Gulika 10:35AM – 12:10PM	Chitra Until 5:17AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	
		Yama 7:24AM – 8:59AM	Sadhya Until 8:12AM	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
		455342362 Rahu 12:10PM – 1:46PM	Kaulava Until 2:52AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:22PM	Moon – Green		Subha Sivaloka Day
Until 5:17AM Thu		Nag Panchami		Sravana-Adi		
Then Creative Work - Amrita Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.04	Tithi 6 – 7	Gulika 8:59AM – 10:35AM	Svati Until 5:30AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	
		Yama 5:48AM – 7:24AM	Subha Until 6:17AM	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
		455342362 Rahu 1:46PM – 3:21PM	Gara Until 2:26AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:32PM	Moon – Green		Subha Sivaloka Day
Until 5:30AM Fri				Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica Sun 20 Sutra 124 Vilamba 5120
Retreat Star		Gulika 7:24AM – 8:59AM	Vishakha Until 6:49AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	
Tula Rasi: 20.1	Tithi 7 – 8	Yama 3:21PM – 4:56PM	Brahma Until 4:21AM Sat	Muruga: Clear	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 17
		575342362 Rahu 10:35AM – 12:10PM	Visti Until 2:50AM Sat	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 2:31PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 21 Sutra 125 Vilamba 5120
Retreat Star		Gulika 5:49AM – 7:24AM	Vishakha Until 6:49AM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	
Vrischika Rasi: 2.53	Tithi 8 – 9	Yama 1:45PM – 3:20PM	Indra Until 4:18AM Sun	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 17
		575342362 Rahu 8:59AM – 10:34AM	Balava Until 3:58AM Sun	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 3:17PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 15.17	Tithi 9 – 10	Gulika 3:20PM – 4:55PM	Anuradha Until 8:42AM	Ganesh: Clear	<i>Sunrise:</i> 5:49AM	
		Yama 12:09PM – 1:45PM	Vaidhriti* Until 4:42AM Mon	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 18
		575442362 Rahu 4:55PM – 6:30PM	Taitila Until 5:44AM Mon	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Navami* Until 4:45PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

2 Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 127 Vilamba 5120
Vrischika Rasi: 27.25	Tithi 10	Gulika 1:44PM – 3:19PM	Jyeshtha* Until 11:00AM	Ganesh: Clear	<i>Sunrise:</i> 5:49AM	
Family Home Evening		Yama 10:34AM – 12:09PM	Vishkambha* Until 5:29AM Tue	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 18
		575442362 Rahu 7:24AM – 8:59AM	Gara Until 6:47PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:47PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

3 Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 9.21	Tithi 11	Gulika 12:09PM – 1:44PM	Mula* Until 2:02PM	Ganesh: Clear	<i>Sunrise:</i> 5:49AM	
		Yama 8:59AM – 10:34AM	Priti Until 6:31AM Wed	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 18
		586442362 Rahu 3:19PM – 4:54PM	Vanija Until 7:58AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 9:11PM	Moon – Light Blue		Sivaloka Day
Until 2:02PM				Sravana-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashtyam Titau				Kingston, Jamaica Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 21.11	Tithi 12	Gulika 10:34AM – 12:09PM	Purvashadha* Until 5:08PM	Ganesh: Clear	<i>Sunrise:</i> 5:50AM	
		Yama 7:24AM – 8:59AM	Priti Until 6:31AM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 18
		586442362 Rahu 12:09PM – 1:43PM	Bava Until 10:29AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dvadashti Until 11:46PM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		

5 Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 2.58	Tithi 13	Gulika 8:59AM – 10:34AM	Uttarashadha Until 8:07PM	Ganesh: Clear	<i>Sunrise:</i> 5:50AM	
		Yama 5:50AM – 7:25AM	Ayushman Until 7:35AM	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 18
		586442362 Rahu 1:43PM – 3:18PM	Kaulava Until 1:06PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 2:22AM Fri	Moon – Light Blue		Sivaloka Day
Until 8:07PM				Sravana-Avani		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>		

6 Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 14.46	Tithi 14	Gulika 7:25AM – 8:59AM	Shravana Until 11:19PM	Ganesh: White	<i>Sunrise:</i> 5:50AM	
		Yama 3:17PM – 4:52PM	Saubhagya Until 8:39AM	Muruga: Clear	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 18
		596442362 Rahu 10:34AM – 12:08PM	Gara Until 3:38PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:49AM Sat	Moon – Purple		Subha Sivaloka Day
Until 11:19PM				Sravana-Avani		
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam				

○ Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica Sun 27 Sutra 132 Vilamba 5120
Copper Retreat Star		Gulika 5:50AM – 7:25AM	Dhanishtha Until 2:07AM Sun	Ganesh: White	<i>Sunrise:</i> 5:50AM	
Makara Rasi: 26.38	Tithi 15	Yama 1:42PM – 3:17PM	Sobhana Until 9:36AM	Muruga: Clear	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 18
		596442362 Rahu 8:59AM – 10:33AM	Visti Until 5:58PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:59AM Sun	Moon – Purple		Subha Sivaloka Day
		Avani Avittam		Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sun 28 Sutra 133 Vilamba 5120
Silver Retreat Star		Gulika 3:16PM – 4:50PM	Shatabhishak Until 4:25AM Mon	Ganesh: White	<i>Sunrise:</i> 5:50AM	
Kumbha Rasi: 9	Tithi 15 – 16	Yama 12:08PM – 1:42PM	Athiganda* Until 10:17AM	Muruga: Clear	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 18
		596442362 Rahu 4:50PM – 6:25PM	Balava Until 7:58PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:59AM	Moon – Purple		Subha Sivaloka Day
Until 4:25AM Mon				Sravana-Avani		
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam

Kingston, Jamaica

Kumbha Rasi: 20.43 Tihi 16 – 17

Family Home Evening

Routine Work Marana Yoga

Until 6:39AM Tue

Then Creative Work - Amrita Yoga

Gulika 1:41PM – 3:16PM
Yama 10:33AM – 12:07PM
Rahu 7:25AM – 8:59AM

Purvaproshtapada* Until 6:39AM Tue
Sukarma Until 10:43AM
Taitila Until 9:35PM
Prathama* Until 8:48AM

Ganesh: White
Muruga: Clear
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:51AM
Sunset: 6:24PM

Sutra 134
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Sivaloka Day

1

Tuesday, August 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Meena Rasi: 2.59 Tihi 17 – 18

Routine Work Marana Yoga

Until 6:39AM

Then Creative Work - Amrita Yoga

Gulika 12:07PM – 1:41PM
Yama 8:59AM – 10:33AM
Rahu 3:15PM – 4:49PM

Purvaproshtapada* Until 6:39AM
Dhriti Until 10:50AM
Vanija Until 10:46PM
Dvitiya Until 10:12AM

Ganesh: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:51AM
Sunset: 6:23PM

Sun 1 Sutra 135
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Visti* Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Meena Rasi: 15.27 Tihi 18 – 19

Creative Work Siddha Yoga

Until 8:18AM

Then Routine Work - Marana Yoga

Gulika 10:33AM – 12:07PM
Yama 7:25AM – 8:59AM
Rahu 12:07PM – 1:41PM

Uttaraproshtapada Until 8:18AM
Shula* Until 10:34AM
Visti Until 11:10AM
Tritiya Until 11:10AM

Ganesh: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:51AM
Sunset: 6:22PM

Sun 2 Sutra 136
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Meena Rasi: 28.07 Tihi 19 – 20

Creative Work Siddha Yoga

Until 9:21AM

Then Creative Work - Amrita Yoga

Gulika 8:59AM – 10:33AM
Yama 5:51AM – 7:25AM
Rahu 1:40PM – 3:14PM

Revati Until 9:21AM
Ganda* Until 9:58AM
Kaulava Until 11:47PM
Chaturthi* Until 11:41AM

Ganesh: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:51AM
Sunset: 6:22PM

Sun 3 Sutra 137
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Mesha Rasi: 11.01 Tihi 20 – 21

Creative Work Amrita Yoga

Until 10:16AM

Then Creative Work - Siddha Yoga

Gulika 7:25AM – 8:59AM
Yama 3:13PM – 4:47PM
Rahu 10:32AM – 12:06PM

Ashvini Until 10:16AM
Vriddhi Until 9:01AM
Gara Until 11:35PM
Panchami Until 11:43AM

Ganesh: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:51AM
Sunset: 6:21PM

Sun 4 Sutra 138
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

5

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Mesha Rasi: 24.08 Tihi 21 – 22

Creative Work Siddha Yoga

Until 10:32AM

Then Creative Work - Amrita Yoga

Gulika 5:52AM – 7:25AM
Yama 1:39PM – 3:13PM
Rahu 8:59AM – 10:32AM

Bharani Until 10:32AM
Dhruva Until 7:40AM
Visti Until 10:53PM
Shashthi* Until 11:17AM

Ganesh: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:52AM
Sunset: 6:20PM

Sun 5 Sutra 139
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

6

Sunday, September 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Vrishabha Rasi: 7.32 Tihi 22 – 23

Creative Work Siddha Yoga

Gulika 3:12PM – 4:46PM
Yama 12:05PM – 1:39PM
Rahu 4:46PM – 6:19PM

Krittika Until 10:11AM
Harshana Until 3:47AM Mon
Balava Until 9:41PM
Saptami Until 10:20AM

Ganesh: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:52AM
Sunset: 6:19PM

Sun 6 Sutra 140
Vilamba 5120
Moon 8 - Phase 19
Ashtami

Bhuloka Day

Krishna Janmashtami

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Vrishabha Rasi: 21.14 Tihi 23 – 24

Family Home Evening

Creative Work Amrita Yoga

Gulika 1:38PM – 3:12PM
Yama 10:32AM – 12:05PM
Rahu 7:25AM – 8:59AM

Rohini Until 9:36AM
Vajra* Until 1:12AM Tue
Taitila Until 8:00PM
Ashtami* Until 8:53AM

Ganesh: White
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Sunrise: 5:52AM
Sunset: 6:18PM

Sun 7 Sutra 141
Vilamba 5120
Moon 8 - Phase 19
Navami

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

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1		Tuesday, September 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visti* Karana Navami/Dashmyam Titau		Kingston, Jamaica Sun 8 Sutra 142 Vilamba 5120	
Mithuna Rasi: 5.14	Tithi 24 – 25	Gulika	12:05PM – 1:38PM	Mrigashira Until 8:24AM	Ganesh: White	<i>Sunrise:</i> 5:52AM			
		Yama	8:58AM – 10:32AM	Siddhi Until 10:16PM	Muruga: Purple	<i>Sunset:</i> 6:18PM		Moon 8 - Phase 20	
		538452363 Rahu	3:11PM – 4:44PM	Visti Until 4:33AM Wed	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Navami* Until 6:57AM	Moon – Yellow			Devaloka Day	
Until 8:24AM					Sravana-Avani				
Then Routine Work - Marana Yoga									

2		Wednesday, September 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 19.32	Tithi 26	Gulika	10:31AM – 12:04PM	Ardra Until 6:37AM	Ganesh: White	<i>Sunrise:</i> 5:52AM			
		Yama	7:25AM – 8:58AM	Vyatipata* Until 7:00PM	Muruga: Purple	<i>Sunset:</i> 6:17PM		Moon 8 - Phase 20	
		538452363 Rahu	12:04PM – 1:38PM	Bava Until 3:13PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 1:46AM Thu	Moon – Yellow			Devaloka Day	
					Sravana-Avani				

3		Thursday, September 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 4.06	Tithi 27	Gulika	8:58AM – 10:31AM	Pushya Until 2:24AM Fri	Ganesh: Yellow	<i>Sunrise:</i> 5:52AM			
		Yama	5:52AM – 7:25AM	Variyan Until 3:27PM	Muruga: Purple	<i>Sunset:</i> 6:16PM		Moon 8 - Phase 20	
		548452363 Rahu	1:37PM – 3:10PM	Kaulava Until 12:17PM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 10:42PM	Moon – Blue			Bhuloka Day	
Until 2:24AM Fri					Sravana-Avani			Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga									

4		Friday, September 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 18.52	Tithi 28	Gulika	7:25AM – 8:58AM	Ashlesha* Until 11:49PM	Ganesh: Yellow	<i>Sunrise:</i> 5:53AM			
		Yama	3:09PM – 4:42PM	Parigha* Until 11:43AM	Muruga: Purple	<i>Sunset:</i> 6:15PM		Moon 8 - Phase 20	
		548452363 Rahu	10:31AM – 12:04PM	Gara Until 9:07AM	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 7:28PM	Moon – Blue			Bhuloka Day	
					Sravana-Avani			Devaloka Time: 9:AM to12:PM	

Pradosha Vrata (Fasting)

5		Saturday, September 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 3.44	Tithi 29 – 30	Gulika	5:53AM – 7:25AM	Magha* Until 9:28PM	Ganesh: Red	<i>Sunrise:</i> 5:53AM			
		Yama	1:36PM – 3:09PM	Shiva Until 7:56AM	Muruga: Purple	<i>Sunset:</i> 6:14PM		Moon 8 - Phase 20	
		558452363 Rahu	8:58AM – 10:31AM	Catuspada Until 2:35AM Sun	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Chaturdashi* Until 4:11PM	Moon – Red			Bhuloka Day	
Until 9:28PM					Sravana-Avani			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga									

●		Sunday, September 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 13 Sutra 147 Vilamba 5120	
Retreat Star		Gulika	3:08PM – 4:41PM	Purvaphalguni Until 7:08PM	Ganesh: Red	<i>Sunrise:</i> 5:53AM			
Simha Rasi: 18.35	Tithi 30 – 1	Yama	12:03PM – 1:36PM	Sadhya Until 12:32AM Mon	Muruga: Purple	<i>Sunset:</i> 6:13PM		Moon 8 - Phase 20	
		558452363 Rahu	4:41PM – 6:13PM	Kintughna Until 11:31PM	Nataraja: Purple			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 1:00PM	Moon – Red			Bhuloka Day	
Until 7:08PM					Sravana-Avani			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga									

●		Monday, September 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kingston, Jamaica Sun 14 Sutra 148 Vilamba 5120	
Retreat Star		Gulika	1:35PM – 3:08PM	Uttaraphalguni Until 4:58PM	Ganesh: Blue	<i>Sunrise:</i> 5:53AM			
Kanya Rasi: 3.16	Tithi 1 – 2	Yama	10:30AM – 12:03PM	Subha Until 9:14PM	Muruga: Purple	<i>Sunset:</i> 6:13PM		Moon 8 - Phase 20	
Family Home Evening		559452363 Rahu	7:25AM – 8:58AM	Balava Until 8:46PM	Nataraja: Purple			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 10:04AM	Moon – Red			Bhuloka Day	
					Bhadrapada-Avani				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 17.41	Tithi 2 - 3	569452363	Gulika 12:02PM - 1:35PM Yama 8:58AM - 10:30AM Rahu 3:07PM - 4:39PM	Hasta Until 3:33PM Sukla Until 6:17PM Tailila Until 6:31PM Dvitiya Until 7:34AM	Ganesh : Blue <i>Sunrise: 5:53AM</i> Muruga : Purple <i>Sunset: 6:12PM</i> Nataraja : Purple Moon - Green Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Bhuloka Day
	Creative Work Siddha Yoga						

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija Karana Chaturthayam Titau				Kingston, Jamaica Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 1.44	Tithi 4	569452363	Gulika 10:30AM - 12:02PM Yama 7:25AM - 8:58AM Rahu 12:02PM - 1:34PM	Chitra Until 2:35PM Brahma Until 3:53PM Vanija Until 4:54PM Chaturthi* Until 4:21AM Thu	Ganesh : Blue <i>Sunrise: 5:53AM</i> Muruga : Purple <i>Sunset: 6:11PM</i> Nataraja : Purple Moon - Green Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Bhuloka Day
	Creative Work Siddha Yoga						

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 15.21	Tithi 5	569552363	Gulika 8:58AM - 10:30AM Yama 5:53AM - 7:26AM Rahu 1:34PM - 3:06PM	Svati Until 2:12PM Indra Until 2:04PM Bava Until 4:02PM Panchami Until 3:53AM Fri	Ganesh : Yellow <i>Sunrise: 5:53AM</i> Muruga : Purple <i>Sunset: 6:10PM</i> Nataraja : Purple Moon - Green Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
	Creative Work Amrita Yoga Until 2:12PM Then Creative Work - Siddha Yoga						

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Kingston, Jamaica Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 28.32	Tithi 6	579552363	Gulika 7:26AM - 8:57AM Yama 3:05PM - 4:37PM Rahu 10:29AM - 12:01PM	Vishakha Until 2:56PM Vaidhriti* Until 12:53PM Kaulava Until 3:59PM Shashthi* Until 4:15AM Sat	Ganesh : White <i>Sunrise: 5:54AM</i> Muruga : Purple <i>Sunset: 6:09PM</i> Nataraja : Purple Moon - Orange Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 11.17	Tithi 7	579552363	Gulika 5:54AM - 7:26AM Yama 1:33PM - 3:05PM Rahu 8:57AM - 10:29AM	Anuradha Until 4:18PM Vishkambha* Until 12:22PM Gara Until 4:46PM Saptami Until 5:25AM Sun	Ganesh : White <i>Sunrise: 5:54AM</i> Muruga : Purple <i>Sunset: 6:08PM</i> Nataraja : Purple Moon - Orange Bhadrapada-Avani	Moon 8 - Phase 21 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau				Kingston, Jamaica Sun 20 Sutra 154 Vilamba 5120		
	Retreat Star		Vrischika Rasi: 23.41	Tithi 8	579552363	Gulika 3:04PM - 4:36PM Yama 12:01PM - 1:32PM Rahu 4:36PM - 6:07PM	Jyeshtha* Until 6:14PM Priti Until 12:27PM Visti Until 6:17PM Ashtami* Until 7:16AM Mon	Ganesh : White <i>Sunrise: 5:54AM</i> Muruga : Purple <i>Sunset: 6:07PM</i> Nataraja : Purple Moon - Orange Bhadrapada-Puratasi	Moon 8 - Phase 21 Ashtami Devaloka Day
	Routine Work Marana Yoga Until 6:14PM Then Creative Work - Amrita Yoga								

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 21 Sutra 155 Vilamba 5120		
	Retreat Star		Dhanus Rasi: 5.49	Tithi 8 - 9	589552363	Gulika 1:32PM - 3:03PM Yama 10:29AM - 12:00PM Rahu 7:26AM - 8:57AM	Mula* Until 9:04PM Ayushman Until 12:59PM Balava Until 8:24PM Ashtami* Until 7:16AM	Ganesh : Clear <i>Sunrise: 5:54AM</i> Muruga : Purple <i>Sunset: 6:07PM</i> Nataraja : Purple Moon - Light Blue Bhadrapada-Puratasi	Moon 8 - Phase 21 Navami Bhuloka Day Devaloka Time: 9:AM to12:PM
	Family Home Evening Creative Work Siddha Yoga Until 9:04PM Then Routine Work - Marana Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau				Kingston, Jamaica Sun 22 Sutra 156 Vilamba 5120
	Dhanus Rasi: 17.44	Tithi 9 – 10	Gulika 12:00PM – 1:31PM Yama 8:57AM – 10:29AM Rahu 3:03PM – 4:34PM	Purvashadha* Untill 12:06AM Wed Saubhagya Untill 1:52PM Taitila Untill 10:54PM Navami* Untill 9:36AM	Ganesha: Clear <i>Sunrise: 5:54AM</i> Muruga: Purple <i>Sunset: 6:06PM</i> Nataraja: Purple Moon – Light Blue	Bhuloka Day Devaloka Time: 9:AM to 12:PM	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga Untill 12:06AM Wed Then Creative Work - Amrita Yoga						


2	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 29.34	Tithi 10 – 11	Gulika 10:28AM – 12:00PM Yama 7:26AM – 8:57AM Rahu 12:00PM – 1:31PM	Uttarashadha Untill 3:04AM Thu Sobhana Untill 2:56PM Vanija Untill 1:32AM Thu Dashami Untill 1:52PM	Ganesha: Clear <i>Sunrise: 5:54AM</i> Muruga: Purple <i>Sunset: 6:05PM</i> Nataraja: Purple Moon – Light Blue	Bhuloka Day Devaloka Time: 9:AM to 12:PM	Moon 8 - Phase 22 4th Phase
	Creative Work Amrita Yoga Untill 3:04AM Thu Then Creative Work - Siddha Yoga						


3	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 11.21	Tithi 11 – 12	Gulika 8:57AM – 10:28AM Yama 5:54AM – 7:26AM Rahu 1:30PM – 3:02PM	Shravana Untill 6:16AM Fri Athiganda* Untill 3:58PM Bava Untill 4:04AM Fri Ekadashi Untill 2:48PM	Ganesha: Purple <i>Sunrise: 5:54AM</i> Muruga: Purple <i>Sunset: 6:04PM</i> Nataraja: Purple Moon – Purple	Devaloka Day Bhadrapada-Puratasi	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga						

4	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 23.11	Tithi 12 – 13	Gulika 7:26AM – 8:57AM Yama 3:01PM – 4:32PM Rahu 10:28AM – 11:59AM	Shravana Untill 6:16AM Sukarma Untill 4:51PM Kaulava Untill 6:19AM Sat Dvadashi Untill 5:13PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruga: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Purple	Devaloka Day Bhadrapada-Puratasi	Moon 8 - Phase 22 4th Phase
	Routine Work Marana Yoga Untill 6:16AM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>				

5	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 160 Vilamba 5120
	Kumbha Rasi: 5.08	Tithi 13	Gulika 5:55AM – 7:26AM Yama 1:29PM – 3:00PM Rahu 8:57AM – 10:28AM	Dhanishtha Untill 9:01AM Dhriti Untill 5:28PM Kaulava Untill 6:19AM Trayodashi Untill 7:16PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruga: Purple <i>Sunset: 6:02PM</i> Nataraja: Purple Moon – Purple	Devaloka Day Bhadrapada-Puratasi	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga Untill 9:01AM Then Creative Work - Amrita Yoga		Chidambaram Abhishekam Kadaitswami Mahasamadhi				

6	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 17.16	Tithi 14	Gulika 3:00PM – 4:31PM Yama 11:58AM – 1:29PM Rahu 4:31PM – 6:01PM	Shatabhishak Untill 11:11AM Shula* Untill 5:42PM Gara Untill 8:09AM Chaturdashi* Untill 8:51PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruga: Purple <i>Sunset: 6:01PM</i> Nataraja: Purple Moon – Purple	Devaloka Day Bhadrapada-Puratasi	Moon 8 - Phase 22 4th Phase
	Creative Work Siddha Yoga						

	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica Sutra 162 Vilamba 5120
	Copper Retreat Star		Gulika 1:29PM – 2:59PM Yama 10:27AM – 11:58AM Rahu 7:26AM – 8:56AM	Purvaprosarthapada* Untill 1:11PM Ganda* Untill 5:34PM Visti Untill 9:28AM Purnima* Untill 9:55PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruga: Purple <i>Sunset: 6:01PM</i> Nataraja: Purple Moon – Clear	Devaloka Day Bhadrapada-Puratasi	Moon 8 - Phase 22 Purnima
	Kumbha Rasi: 29.35 Tithi 15 Family Home Evening Routine Work Marana Yoga Untill 1:11PM Then Creative Work - Siddha Yoga						

	Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica Sutra 163 Vilamba 5120
	Silver Retreat Star		Gulika 11:57AM – 1:28PM Yama 8:56AM – 10:27AM Rahu 2:59PM – 4:29PM	Uttaraprosarthapada Untill 2:31PM Vridhi Untill 5:02PM Balava Untill 10:16AM Prathama* Untill 10:28PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruga: Purple <i>Sunset: 6:00PM</i> Nataraja: Purple Moon – Clear	Devaloka Day Bhadrapada-Puratasi	Moon 8 - Phase 22 Prathama
	Meena Rasi: 12.08 Tithi 16 Creative Work Amrita Yoga Untill 2:31PM Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23 1st Phase

Meena Rasi: 24.55 Tihti 17

511552363

Gulika 10:27AM - 11:57AM
Yama 7:26AM - 8:56AM
Rahu 11:57AM - 1:28PM

Revati Until 3:14PM
Dhruva Until 4:06PM
Taitila Until 10:35AM

Ganesh: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 5:59PM
Nataraja: Purple

Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23 1st Phase

Mesha Rasi: 7.56 Tihti 18

621552363

Gulika 8:56AM - 10:26AM
Yama 5:56AM - 7:26AM
Rahu 1:27PM - 2:57PM

Ashvini Until 3:50PM
Vyaghata* Until 2:51PM
Vanija Until 10:28AM

Ganesh: Purple Sunrise: 5:56AM
Muruga: Purple Sunset: 5:58PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23 1st Phase

Mesha Rasi: 21.08 Tihti 19

622552363

Gulika 7:26AM - 8:56AM
Yama 2:57PM - 4:27PM
Rahu 10:26AM - 11:56AM

Bharani Until 3:55PM
Harshana Until 1:19PM
Bava Until 9:57AM

Ganesh: Clear Sunrise: 5:56AM
Muruga: Purple Sunset: 5:57PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Vanija Karana Panchamyam Titau

Kingston, Jamaica Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23 1st Phase

Vrisabha Rasi: 4.32 Tihti 20

622552363

Gulika 5:56AM - 7:26AM
Yama 1:26PM - 2:56PM
Rahu 8:56AM - 10:26AM

Krittika Until 3:32PM
Vajra* Until 3:32PM
Kaulava Until 9:06AM

Ganesh: Clear Sunrise: 5:56AM
Muruga: Purple Sunset: 5:56PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Panchami Until 8:33PM

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23 1st Phase

Vrisabha Rasi: 18.06 Tihti 21

632552363

Gulika 2:56PM - 4:26PM
Yama 11:56AM - 1:26PM
Rahu 4:26PM - 5:56PM

Rohini Until 3:09PM
Siddhi Until 9:26AM
Gara Until 7:57AM

Ganesh: Purple Sunrise: 5:56AM
Muruga: Purple Sunset: 5:56PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Shashthi* Until 7:15PM

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23 1st Phase

Mithuna Rasi: 1.5 Tihti 22 - 23

632552363

Gulika 1:25PM - 2:55PM
Yama 10:26AM - 11:55AM
Rahu 7:26AM - 8:56AM

Mrigashira Until 2:21PM
Vyatipata* Until 2:21PM
Visti Until 4:48AM Tue

Ganesh: Purple Sunrise: 5:56AM
Muruga: Purple Sunset: 5:55PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 2:21PM

Then Creative Work - Siddha Yoga

Saptami Until 9:26AM

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23 Ashtami

Mithuna Rasi: 15.45 Tihti 23 - 24

632552363

Gulika 11:55AM - 1:25PM
Yama 8:56AM - 10:25AM
Rahu 2:55PM - 4:24PM

Ardra Until 1:07PM
Parigha* Until 1:54AM Wed
Taitila Until 2:49AM Wed

Ganesh: Purple Sunrise: 5:56AM
Muruga: Purple Sunset: 5:54PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 1:07PM

Then Creative Work - Siddha Yoga

Ashtami* Until 3:49PM

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kingston, Jamaica Sun 8 Sutra 171

Vilamba 5120

Moon 9 - Phase 23 Navami

Mithuna Rasi: 29.5 Tihti 24 - 25

642552363

Gulika 10:25AM - 11:55AM
Yama 7:26AM - 8:56AM
Rahu 11:55AM - 1:24PM

Punarvasu Until 11:54AM
Shiva Until 10:58PM
Vanija Until 12:35AM Thu

Ganesh: Clear Sunrise: 5:57AM
Muruga: Purple Sunset: 5:53PM
Nataraja: Purple

Moon - Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Navami* Until 1:42PM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Kingston, Jamaica Sun 9 Sutra 172 Vilamba 5120
Kataka Rasi: 14.04	Tithi 25 – 26	Gulika	8:56AM – 10:25AM	Pushya Until 10:19AM	Ganesh: Clear	<i>Sunrise: 5:57AM</i>	
		Yama	5:57AM – 7:26AM	Siddha Until 7:50PM	Muruga: Purple	<i>Sunset: 5:52PM</i>	
		642552363 Rahu	1:24PM – 2:53PM	Bava Until 10:08PM	Nataraja: Purple	Moon 9 - Phase 24 2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 11:21AM	Moon – Blue	Bhuloka Day	
Until 10:19AM					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kingston, Jamaica Sun 10 Sutra 173 Vilamba 5120
Kataka Rasi: 28.28	Tithi 26 – 27	Gulika	7:26AM – 8:56AM	Ashlesha* Until 8:24AM	Ganesh: Clear	<i>Sunrise: 5:57AM</i>	
		Yama	2:53PM – 4:22PM	Sadhya Until 4:36PM	Muruga: Purple	<i>Sunset: 5:51PM</i>	
		642552363 Rahu	10:25AM – 11:54AM	Kaulava Until 7:32PM	Nataraja: Purple	Moon 9 - Phase 24 2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 8:49AM	Moon – Blue	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 11 Sutra 174 Vilamba 5120
Simha Rasi: 12.55	Tithi 27 – 28	Gulika	5:57AM – 7:26AM	Magha* Until 6:40AM	Ganesh: White	<i>Sunrise: 5:57AM</i>	
		Yama	1:23PM – 2:52PM	Subha Until 1:18PM	Muruga: Purple	<i>Sunset: 5:51PM</i>	
		652552363 Rahu	8:56AM – 10:25AM	Vanija Until 3:33AM Sun	Nataraja: Purple	Moon 9 - Phase 24 2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 6:11AM	Moon – Red	Bhuloka Day	
Until 6:40AM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kingston, Jamaica Sun 12 Sutra 175 Vilamba 5120
Simha Rasi: 27.23	Tithi 29	Gulika	2:52PM – 4:21PM	Uttaraphalguni Until 2:53AM Mon	Ganesh: White	<i>Sunrise: 5:57AM</i>	
		Yama	11:54AM – 1:23PM	Sukla Until 10:01AM	Muruga: Purple	<i>Sunset: 5:50PM</i>	
		652552364 Rahu	4:21PM – 5:50PM	Visti Until 2:17PM	Nataraja: Clear	Moon 9 - Phase 24 2nd Phase	
Creative Work	Amrita Yoga			Chaturdashi* Until 1:02AM Mon	Moon – Red	Bhuloka Day	
Until 2:53AM Mon					Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

Monday, October 8, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kingston, Jamaica Sun 13 Sutra 176 Vilamba 5120
Kanya Rasi: 11.46	Tithi 30	Gulika	1:22PM – 2:51PM	Hasta Until 1:32AM Tue	Ganesh: Red	<i>Sunrise: 5:58AM</i>	
Family Home Evening		Yama	10:24AM – 11:53AM	Brahma Until 6:52AM	Muruga: Purple	<i>Sunset: 5:49PM</i>	
		662652364 Rahu	7:27AM – 8:56AM	Catuspada Until 11:52AM	Nataraja: Clear	Moon 9 - Phase 24 Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 10:46PM	Moon – Green	Devaloka Day	
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi		

Tuesday, October 9, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau	Kingston, Jamaica Sun 14 Sutra 177 Vilamba 5120
Kanya Rasi: 25.56	Tithi 1	Gulika	11:53AM – 1:22PM	Chitra Until 12:28AM Wed	Ganesh: Red	<i>Sunrise: 5:58AM</i>	
		Yama	8:55AM – 10:24AM	Vaidhriti* Until 1:25AM Wed	Muruga: Purple	<i>Sunset: 5:48PM</i>	
		662652364 Rahu	2:51PM – 4:19PM	Kintughna Until 9:48AM	Nataraja: Clear	Moon 9 - Phase 24 Prathama	
Creative Work	Siddha Yoga			Prathama* Until 8:54PM	Moon – Green	Devaloka Day	
		Navaratri Begins			Ashvina-Puratasi		

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 178 Vilamba 5120	
Tula Rasi: 9.49	Tithi 2	Gulika 7:27AM - 8:55AM	Svati Until 11:49PM	Ganesh: Red <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25 3rd Phase	
Creative Work	Siddha Yoga	Rahu 11:53AM - 1:21PM	Vishkambha* Until 11:19PM Balava Until 8:12AM Dvitiya Until 7:36PM	Muruga: Purple <i>Sunrise:</i> 5:48PM	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25 3rd Phase	
				Nataraja: Clear Moon - Green	Devaloka Day Ashvina•Puratasi		
2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 179 Vilamba 5120	
Tula Rasi: 23.21	Tithi 3	Gulika 8:55AM - 10:24AM	Vishakha Until 12:08AM Fri	Ganesh: Yellow <i>Sunrise:</i> 5:58AM	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25 3rd Phase	
Creative Work	Siddha Yoga	Rahu 1:21PM - 2:50PM	Priti Until 9:47PM Tailila Until 7:12AM Tritiya Until 6:57PM	Muruga: Purple <i>Sunrise:</i> 5:47PM	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25 3rd Phase	
				Nataraja: Clear Moon - Orange	Devaloka Day Ashvina•Puratasi		
3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau		Kingston, Jamaica Sun 17 Sutra 180 Vilamba 5120	
Vrischika Rasi: 6.3	Tithi 4	Gulika 7:27AM - 8:55AM	Anuradha Until 1:03AM Sat	Ganesh: White <i>Sunrise:</i> 5:59AM	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 25 3rd Phase	
Creative Work	Siddha Yoga	Rahu 10:24AM - 11:52AM	Ayushman Until 8:49PM Vanija Until 6:56AM Chaturthi* Until 7:04PM	Muruga: Purple <i>Sunrise:</i> 5:46PM	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 25 3rd Phase	
				Nataraja: Clear Moon - Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM Ashvina•Puratasi		
4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava Karana Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 181 Vilamba 5120	
Vrischika Rasi: 19.16	Tithi 5	Gulika 5:59AM - 7:27AM	Jyeshtha* Until 2:33AM Sun	Ganesh: White <i>Sunrise:</i> 5:59AM	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25 3rd Phase	
Creative Work	Siddha Yoga	Rahu 8:55AM - 10:24AM	Saubhagya Until 8:28PM Bava Until 7:27AM Panchami Until 7:58PM	Muruga: Purple <i>Sunrise:</i> 5:45PM	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25 3rd Phase	
Until 2:33AM Sun Then Creative Work - Amrita Yoga				Nataraja: Clear Moon - Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM Ashvina•Puratasi		
5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Kingston, Jamaica Sun 19 Sutra 182 Vilamba 5120	
Dhanus Rasi: 1.4	Tithi 6	Gulika 2:48PM - 4:16PM	Mula* Until 5:03AM Mon	Ganesh: Clear <i>Sunrise:</i> 5:59AM	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25 3rd Phase	
Creative Work	Amrita Yoga	Rahu 4:16PM - 5:45PM	Sobhana Until 8:41PM Kaulava Until 8:43AM Shashthi* Until 9:36PM	Muruga: Purple <i>Sunrise:</i> 5:45PM	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25 3rd Phase	
Until 5:03AM Mon Then Routine Work - Marana Yoga				Nataraja: Clear Moon - Light Blue	Devaloka Day Ashvina•Puratasi		
6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Kingston, Jamaica Sun 20 Sutra 183 Vilamba 5120	
Dhanus Rasi: 13.47	Tithi 7	Gulika 1:20PM - 2:48PM	Purvashadha* Until 7:54AM Tue	Ganesh: Clear <i>Sunrise:</i> 5:59AM	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25 3rd Phase	
Family Home Evening		Rahu 7:27AM - 8:55AM	Athiganda* Until 9:19PM Gara Until 10:40AM Saptami Until 11:49PM	Muruga: Purple <i>Sunrise:</i> 5:44PM	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25 3rd Phase	
Routine Work Marana Yoga Until 7:54AM Tue Then Routine Work - Prabalarishta Yoga				Nataraja: Clear Moon - Light Blue	Devaloka Day Ashvina•Puratasi		
Retreat Star		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 184 Vilamba 5120	
Dhanus Rasi: 25.43	Tithi 8	Gulika 11:51AM - 1:19PM	Purvashadha* Until 7:54AM	Ganesh: Clear <i>Sunrise:</i> 6:00AM	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25 Ashtami	
Creative Work	Siddha Yoga	Rahu 2:47PM - 4:15PM	Sukarma Until 10:15PM Visti Until 1:05PM Ashtami* Until 2:23AM Wed	Muruga: Purple <i>Sunrise:</i> 5:43PM	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25 Ashtami	
Until 7:54AM Then Routine Work - Prabalarishta Yoga		Durga Ashtami		Nataraja: Clear Moon - Light Blue	Devaloka Day Ashvina•Puratasi		
Retreat Star		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 185 Vilamba 5120	
Makara Rasi: 7.32	Tithi 9	Gulika 10:23AM - 11:51AM	Uttarashadha Until 10:49AM	Ganesh: Clear <i>Sunrise:</i> 6:00AM	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25 Navami	
Creative Work	Amrita Yoga	Rahu 11:51AM - 1:19PM	Dhriti Until 11:17PM Balava Until 3:44PM Navami* Until 5:02AM Thu	Muruga: Purple <i>Sunrise:</i> 5:42PM	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25 Navami	
Until 10:49AM Then Creative Work - Siddha Yoga		Saraswathi Puja (Tamil Nadu)		Nataraja: Clear Moon - Light Blue	Devaloka Day Ashvina•Aipasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1 Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Taitila Karana Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 186 Vilamba 5120
Makara Rasi: 19.2	Tithi 10	Gulika 8:56AM – 10:23AM	Shravana Until 2:05PM	Ganesha: Purple <i>Sunrise:</i> 6:00AM	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 26 4th Phase
		Yama 6:00AM – 7:28AM	Shula* Until 12:12AM Fri	Muruga: Purple		
		693652364 Rahu 1:19PM – 2:46PM	Taitila Until 6:20PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 7:30AM Fri	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		Vijaya Dasami		Ashvina-Aipasi		

2 Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 187 Vilamba 5120
Kumbha Rasi: 1.13	Tithi 10 – 11	Gulika 7:28AM – 8:56AM	Dhanishtha Until 4:55PM	Ganesha: Purple <i>Sunrise:</i> 6:00AM	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 26 4th Phase
		Yama 2:46PM – 4:14PM	Ganda* Until 12:52AM Sat	Muruga: Purple		
		693652364 Rahu 10:23AM – 11:51AM	Vanija Until 8:37PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 12:12AM Fri	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

3 Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 188 Vilamba 5120
Kumbha Rasi: 13.14	Tithi 11 – 12	Gulika 6:01AM – 7:28AM	Shatabhishak Until 7:09PM	Ganesha: Purple <i>Sunrise:</i> 6:01AM	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 26 4th Phase
		Yama 1:18PM – 2:46PM	Vriddhi Until 1:09AM Sun	Muruga: Purple		
		693652364 Rahu 8:56AM – 10:23AM	Bava Until 10:25PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Ekadashi Until 9:34AM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 7:09PM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

4 Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 189 Vilamba 5120
Kumbha Rasi: 25.28	Tithi 12 – 13	Gulika 2:45PM – 4:12PM	Purvaproshtapada* Until 11:56AM Mon	Ganesha: White <i>Sunrise:</i> 6:01AM	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 26 4th Phase
		Yama 11:50AM – 1:18PM	Dhruva Until 12:56AM Mon	Muruga: Purple		
		613652364 Rahu 4:12PM – 5:40PM	Kaulava Until 11:36PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dvadashi Until 11:04AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 11:56AM Mon				Ashvina-Aipasi		
Then Creative Work - Amrita Yoga						

5 Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 190 Vilamba 5120
Meena Rasi: 7.59	Tithi 13 – 14	Gulika 1:18PM – 2:45PM	Purvaproshtapada* Until 11:56AM	Ganesha: White <i>Sunrise:</i> 6:01AM	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:23AM – 11:50AM	Vyaghata* Until 11:74PM	Muruga: Purple		
		613652364 Rahu 7:29AM – 8:56AM	Gara Until 12:08AM Tue	Nataraja: Clear		
Creative Work	Siddha Yoga		Trayodashi Until 11:56AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

○ Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sun 27 Sutra 191 Vilamba 5120
Copper Retreat Star		Gulika 11:50AM – 1:17PM	Revati Until 10:44PM	Ganesha: White <i>Sunrise:</i> 6:02AM	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 20.47	Tithi 14 – 15	Yama 8:56AM – 10:23AM	Harshana Until 11:03PM	Muruga: Purple		
		613652364 Rahu 2:44PM – 4:11PM	Visti Until 12:04AM Wed	Nataraja: Clear		
Creative Work	Siddha Yoga		Chaturdashi* Until 12:09PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sun 27 Sutra 192 Vilamba 5120
Silver Retreat Star		Gulika 10:23AM – 11:50AM	Ashvini Until 10:56PM	Ganesha: Clear <i>Sunrise:</i> 6:02AM	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 26 Prathama
Mesha Rasi: 3.54	Tithi 15 – 16	Yama 7:29AM – 8:56AM	Vajra* Until 9:25PM	Muruga: Purple		
		623652364 Rahu 11:50AM – 1:17PM	Balava Until 11:26PM	Nataraja: Clear		
Routine Work	Marana Yoga		Purnima* Until 11:47AM	Moon – White		Devaloka Day
Until 10:56PM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.17 Tihi 16 - 17

624652364

Gulika 8:56AM - 10:23AM
Yama 6:02AM - 7:29AM
Rahu 1:17PM - 2:44PM

Bharani Until 10:32PM
Siddhi Until 7:27PM
Taitila Until 10:21PM
Prathama* Until 10:56AM

Ganesha: Clear *Sunrise:* 6:02AM
Muruga: Purple *Sunset:* 5:37PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga
Until 10:32PM
Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 0.55 Tihi 17 - 18

624652364

Gulika 7:30AM - 8:56AM
Yama 2:43PM - 4:10PM
Rahu 10:23AM - 11:50AM

Krittika Until 9:40PM
Vyatipata* Until 5:11PM
Vanija Until 8:56PM
Dvitiya Until 9:40AM

Ganesha: White *Sunrise:* 6:03AM
Muruga: Purple *Sunset:* 5:37PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga
Until 9:40PM
Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 14.43 Tihi 18 - 19

634652364

Gulika 6:03AM - 7:30AM
Yama 1:16PM - 2:43PM
Rahu 8:56AM - 10:23AM

Rohini Until 8:50PM
Variyan Until 2:42PM
Bava Until 7:17PM
Tritiya Until 8:07AM

Ganesha: Clear *Sunrise:* 6:03AM
Muruga: Purple *Sunset:* 5:36PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga
Until 8:50PM
Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 28.39 Tihi 19 - 20

634652364

Gulika 2:43PM - 4:09PM
Yama 11:50AM - 1:16PM
Rahu 4:09PM - 5:36PM

Mrigashira Until 7:44PM
Parigha* Until 12:06PM
Taitila Until 4:31AM Mon
Chaturthi* Until 6:23AM

Ganesha: Clear *Sunrise:* 6:03AM
Muruga: Purple *Sunset:* 5:36PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Gara/Visti* Karana Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 12.4 Tihi 21

634652364

Gulika 1:16PM - 2:42PM
Yama 10:23AM - 11:50AM
Rahu 7:30AM - 8:57AM

Ardra Until 6:23PM
Shiva Until 6:23PM
Gara Until 3:35PM
Shashthi* Until 2:36AM Tue

Ganesha: Clear *Sunrise:* 6:04AM
Muruga: Purple *Sunset:* 5:35PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 26.42 Tihi 22

644662364

Gulika 11:49AM - 1:16PM
Yama 8:57AM - 10:23AM
Rahu 2:42PM - 4:08PM

Punarvasu Until 5:17PM
Siddha Until 6:40AM
Visti Until 1:38PM
Saptami Until 12:38AM Wed

Ganesha: Purple *Sunrise:* 6:04AM
Muruga: Clear *Sunset:* 5:35PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 10.46 Tihi 23

644662364

Gulika 10:23AM - 11:49AM
Yama 7:31AM - 8:57AM
Rahu 11:49AM - 1:16PM

Pushya Until 4:01PM
Subha Until 1:09AM Thu
Balava Until 11:40AM
Ashtami* Until 10:39PM

Ganesha: Purple *Sunrise:* 6:05AM
Muruga: Clear *Sunset:* 5:34PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 10:39PM
Then Creative Work - Amrita Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 24.51 Tihi 24

644662364

Gulika 8:57AM - 10:23AM
Yama 6:05AM - 7:31AM
Rahu 1:16PM - 2:42PM

Ashlesha* Until 2:36PM
Sukla Until 10:21PM
Taitila Until 9:41AM
Navami* Until 8:40PM

Ganesha: Purple *Sunrise:* 6:05AM
Muruga: Clear *Sunset:* 5:34PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 2:36PM
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Kingston, Jamaica Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 8.56	Tithi 25	Gulika 7:31AM – 8:57AM	Magha* Until 1:29PM	Ganesh: Clear	<i>Sunrise:</i> 6:05AM	
		Yama 2:41PM – 4:07PM	Brahma Until 7:34PM	Muruga: Clear	<i>Sunset:</i> 5:33PM	Moon 10 - Phase 28
		654662364 Rahu 10:23AM – 11:49AM	Vanija Until 7:42AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 6:42PM	Moon – Red		Sivaloka Day
Until 1:29PM				Ashvina•Aipasi		
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 23	Tithi 26 – 27	Gulika 6:06AM – 7:32AM	Purvaphalguni Until 12:14PM	Ganesh: White	<i>Sunrise:</i> 6:06AM	
		Yama 1:15PM – 2:41PM	Indra Until 12:14PM	Muruga: Clear	<i>Sunset:</i> 5:33PM	Moon 10 - Phase 28
		654762364 Rahu 8:58AM – 10:24AM	Taitila Until 14:57AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 4:46PM	Moon – Red		Devaloka Day
Until 12:14PM				Ashvina•Aipasi		
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 7.01	Tithi 27 – 28	Gulika 2:41PM – 4:07PM	Uttaraphalguni Until 10:57AM	Ganesh: White	<i>Sunrise:</i> 6:06AM	
		Yama 11:49AM – 1:15PM	Vaidhriti* Until 2:11PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 28
		654762364 Rahu 4:07PM – 5:32PM	Gara Until 2:07AM Mon	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:57PM	Moon – Red		Devaloka Day
				Ashvina•Aipasi		

Pradosha Vrata (Fasting)

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 20.57	Tithi 28 – 29	Gulika 1:15PM – 2:41PM	Hasta Until 10:07AM	Ganesh: Green	<i>Sunrise:</i> 6:07AM	
Family Home Evening		Yama 10:24AM – 11:49AM	Vishkambha* Until 11:40AM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 28
		664762364 Rahu 7:32AM – 8:58AM	Visti Until 12:37AM Tue	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 1:19PM	Moon – Green		Devaloka Day
Until 10:07AM		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi		
Then Routine Work - Prabalarishta Yoga		Deepavali Hindu Solidarity Day				

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kingston, Jamaica Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 4.43	Tithi 29 – 30	Gulika 11:49AM – 1:15PM	Chitra Until 9:24AM	Ganesh: Green	<i>Sunrise:</i> 6:07AM	
		Yama 8:58AM – 10:24AM	Priti Until 9:24AM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 28
		664762364 Rahu 2:41PM – 4:06PM	Catuspada Until 11:28PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 11:58AM	Moon – Green		Devaloka Day
				Ashvina•Aipasi		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Kingston, Jamaica Sun 13 Sutra 206 Vilamba 5120
Tula Rasi: 18.16	Tithi 30 – 1	Gulika 10:24AM – 11:50AM	Svati Until 8:56AM	Ganesh: Clear	<i>Sunrise:</i> 6:08AM	
		Yama 7:33AM – 8:59AM	Ayushman Until 8:56AM	Muruga: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 28
		765762364 Rahu 11:50AM – 1:15PM	Bava Until 10:37AM Thu	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 11:02AM	Moon – Green		Sivaloka Day
		Skanda Shasthi Begins		Kartika•Aipasi		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kingston, Jamaica Sun 14 Sutra 207 Vilamba 5120
Vrischika Rasi: 1.32	Tithi 1 – 2	Gulika 8:59AM – 10:24AM Yama 6:08AM – 7:34AM Rahu 1:15PM – 2:40PM	Vishakha Until 9:16AM Sobhana Until 4:45AM Fri Balava Until 10:39PM Prathama* Until 10:37AM	Ganesha: Orange <i>Sunrise: 6:08AM</i> Muruga: Clear <i>Sunset: 5:31PM</i> Nataraja: Clear Moon – Orange Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga	775762364			
2		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kingston, Jamaica Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 14.31	Tithi 2 – 3	Gulika 7:34AM – 8:59AM Yama 2:40PM – 4:05PM Rahu 10:24AM – 11:50AM	Anuradha Until 10:02AM Athiganda* Until 4:08AM Sat Taitila Until 11:12PM Dvitiya Until 10:49AM	Ganesha: Orange <i>Sunrise: 6:09AM</i> Muruga: Clear <i>Sunset: 5:31PM</i> Nataraja: Clear Moon – Orange Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga	775762364			
Until 10:02AM					
Then Routine Work - Marana Yoga					
3		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kingston, Jamaica Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 27.09	Tithi 3 – 4	Gulika 6:09AM – 7:34AM Yama 1:15PM – 2:40PM Rahu 8:59AM – 10:25AM	Jyeshtha* Until 11:18AM Sukarma Until 4:03AM Sun Vanija Until 12:25AM Sun Tritiya Until 11:42AM	Ganesha: Orange <i>Sunrise: 6:09AM</i> Muruga: Clear <i>Sunset: 5:30PM</i> Nataraja: Clear Moon – Orange Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga	775762364			
Then Routine Work - Marana Yoga					
4		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kingston, Jamaica Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 9.3	Tithi 4 – 5	Gulika 2:40PM – 4:05PM Yama 11:50AM – 1:15PM Rahu 4:05PM – 5:30PM	Mula* Until 1:31PM Dhriti Until 4:28AM Mon Bava Until 2:17AM Mon Chaturthi* Until 1:15PM	Ganesha: Clear <i>Sunrise: 6:10AM</i> Muruga: Clear <i>Sunset: 5:30PM</i> Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Creative Work	Amrita Yoga	785762364			
Until 1:31PM					
Then Creative Work - Siddha Yoga					
5		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kingston, Jamaica Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 21.36	Tithi 5 – 6	Gulika 1:15PM – 2:40PM Yama 10:25AM – 11:50AM Rahu 7:35AM – 9:00AM	Purvashadha* Until 4:08PM Shula* Until 5:12AM Tue Kaulava Until 4:38AM Tue Panchami Until 3:23PM	Ganesha: Clear <i>Sunrise: 6:10AM</i> Muruga: Clear <i>Sunset: 5:30PM</i> Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Family Home Evening		785762364			
Routine Work	Marana Yoga				
Then Routine Work - Marana Yoga					
6		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kingston, Jamaica Sun 19 Sutra 212 Vilamba 5120
Makara Rasi: 3.31	Tithi 6 – 7	Gulika 11:50AM – 1:15PM Yama 9:00AM – 10:25AM Rahu 2:40PM – 4:05PM	Uttarashadha Until 6:58PM Ganda* Until 6:10AM Wed Gara Until 7:18AM Wed Shashthi* Until 5:55PM	Ganesha: Clear <i>Sunrise: 6:11AM</i> Muruga: Clear <i>Sunset: 5:30PM</i> Nataraja: Clear Moon – Light Blue Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Sivaloka Day
Routine Work	Prabalarishta Yoga	785762364			
Until 6:58PM					
Then Creative Work - Siddha Yoga					
		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau	Kingston, Jamaica Sun 20 Sutra 213 Vilamba 5120
Retreat Star		Gulika 10:25AM – 11:50AM Yama 7:36AM – 9:01AM Rahu 11:50AM – 1:15PM	Shravana Until 10:16PM Ganda* Until 6:10AM Gara Until 7:18AM Saptami Until 8:38PM	Ganesha: Purple <i>Sunrise: 6:11AM</i> Muruga: Clear <i>Sunset: 5:29PM</i> Nataraja: Clear Moon – Purple Karttika•Aipasi	Moon 10 - Phase 29 3rd Phase Subha Sivaloka Day
Makara Rasi: 15.2	Tithi 7	795762364			
Creative Work	Siddha Yoga				
Until 10:16PM					
Then Routine Work - Prabalarishta Yoga					
Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Kingston, Jamaica Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 27.07	Tithi 8	Gulika 9:01AM – 10:26AM Yama 6:12AM – 7:36AM Rahu 1:15PM – 2:40PM	Dhanishtha Until 1:18AM Fri Vridhhi Until 7:10AM Visti Until 9:59AM Ashtami* Until 11:13PM	Ganesha: Purple <i>Sunrise: 6:12AM</i> Muruga: Clear <i>Sunset: 5:29PM</i> Nataraja: Clear Moon – Purple Karttika•Aipasi	Moon 10 - Phase 29 Ashtami Subha Sivaloka Day
Creative Work	Siddha Yoga	795762364			
Then Routine Work - Prabalarishta Yoga					
Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau	Kingston, Jamaica Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 8.59	Tithi 9	Gulika 7:37AM – 9:01AM Yama 2:40PM – 4:04PM Rahu 10:26AM – 11:51AM	Shatabhishak Until 3:47AM Sat Dhruva Until 7:59AM Balava Until 12:25PM Navami* Until 1:27AM Sat	Ganesha: Purple <i>Sunrise: 6:12AM</i> Muruga: Clear <i>Sunset: 5:29PM</i> Nataraja: Clear Moon – Purple Karttika•Kartikai	Moon 10 - Phase 29 Navami Subha Sivaloka Day
Creative Work	Siddha Yoga	795762364			
Until 3:47AM Sat					
Then Routine Work - Marana Yoga					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 216 Vilamba 5120
	Kumbha Rasi: 21.02	Tiithi 10	Gulika 6:13AM – 7:37AM Yama 1:15PM – 2:40PM Rahu 9:02AM – 10:26AM	Purvaprossthapada* Until 6:02AM Sun Vyaghata* Until 8:29AM Tailila Until 15:41AM Sun Dashami Until 7:59AM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 5:29PM	Moon 10 - Phase 30 4th Phase
	Routine Work Marana Yoga Until 6:02AM Sun Then Creative Work - Amrita Yoga				Devaloka Day Karttika-Karttikai		


2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 217 Vilamba 5120
	Meena Rasi: 3.19	Tiithi 11	Gulika 2:40PM – 4:04PM Yama 11:51AM – 1:15PM Rahu 4:04PM – 5:29PM	Purvaprossthapada* Until 6:02AM Harshana Until 8:32AM Vanija Until 3:41PM Ekadashi Until 4:02AM Mon	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 5:29PM	Moon 10 - Phase 30 4th Phase
	Creative Work Siddha Yoga Until 6:02AM Then Creative Work - Amrita Yoga				Devaloka Day Karttika-Karttikai		


3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 218 Vilamba 5120
	Meena Rasi: 15.54	Tiithi 12	Gulika 1:16PM – 2:40PM Yama 10:27AM – 11:51AM Rahu 7:38AM – 9:03AM	Uttaraprossthapada Until 7:25AM Vajra* Until 8:00AM Bava Until 4:15PM Dvadashi Until 4:13AM Tue	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 5:29PM	Moon 10 - Phase 30 4th Phase
	Family Home Evening Creative Work Siddha Yoga				Devaloka Day Karttika-Karttikai		

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 219 Vilamba 5120
	Meena Rasi: 28.5	Tiithi 13	Gulika 11:51AM – 1:16PM Yama 9:03AM – 10:27AM Rahu 2:40PM – 4:04PM	Revati Until 7:56AM Siddhi Until 6:53AM Kaulava Until 4:03PM Trayodashi Until 3:40AM Wed	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 5:29PM	Moon 10 - Phase 30 4th Phase
	Creative Work Siddha Yoga				Devaloka Day Karttika-Karttikai		

Pradosha Vrata

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 220 Vilamba 5120
	Mesha Rasi: 12.1	Tiithi 14	Gulika 10:28AM – 11:52AM Yama 7:39AM – 9:03AM Rahu 11:52AM – 1:16PM	Ashvini Until 7:03AM Variyan Until 3:01AM Thu Gara Until 3:10PM Chaturdashi* Until 2:28AM Thu	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	<i>Sunrise:</i> 6:15AM <i>Sunset:</i> 5:28PM	Moon 10 - Phase 30 4th Phase
	Routine Work Marana Yoga Until 8:03AM Then Creative Work - Siddha Yoga				Bhuloka Day Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM

	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica Sun 27 Sutra 221 Vilamba 5120		
	Copper Retreat Star		Mesha Rasi: 25.51	Tiithi 15	Gulika 9:04AM – 10:28AM Yama 6:16AM – 7:40AM Rahu 1:16PM – 2:40PM	Bharani Until 7:23AM Parigha* Until 12:25AM Fri Visti Until 1:40PM Purnima* Until 12:43AM Fri	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 5:28PM	Moon 10 - Phase 30 Purnima
	Creative Work Siddha Yoga Until 7:23AM Then Routine Work - Marana Yoga				Bhuloka Day Krittika Deepam		Devaloka Time: 12:PM to 3:PM		

	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica Sun 27 Sutra 222 Vilamba 5120		
	Silver Retreat Star		Vrishabha Rasi: 9.52	Tiithi 16	Gulika 7:40AM – 9:04AM Yama 2:40PM – 4:04PM Rahu 10:28AM – 11:52AM	Krittika Until 6:05AM Shiva Until 9:29PM Balava Until 11:42AM Prathama* Until 10:34PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 5:28PM	Moon 10 - Phase 30 Prathama
	Creative Work Siddha Yoga Until 6:05AM Then Routine Work - Marana Yoga				Bhuloka Day Vinayaga Viratam Begins		Devaloka Time: 12:PM to 3:PM		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sutra 223

Vrishabha Rasi: 24.06 Tihi 17

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Gulika 6:17AM – 7:41AM
Yama 1:16PM – 2:40PM
Rahu 9:05AM – 10:29AM

Mrigashira Until 2:56AM Sun
Siddha Until 6:19PM
Taitila Until 9:25AM
Dvitiya Until 8:10PM

Ganesha: Red *Sunrise:* 6:17AM
Muruga: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 1 Sutra 224

Mithuna Rasi: 8.29 Tihi 18 – 19

737762365

Gulika 2:41PM – 4:04PM
Yama 11:53AM – 1:17PM
Rahu 4:04PM – 5:28PM

Ardra Until 12:57AM Mon
Sadhya Until 3:02PM
Vanija Until 6:55AM
Tritiya Until 5:37PM

Ganesha: Red *Sunrise:* 6:17AM
Muruga: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 2 Sutra 225

Mithuna Rasi: 22.56 Tihi 19 – 20

747762365

Gulika 1:17PM – 2:41PM
Yama 10:29AM – 11:53AM
Rahu 7:42AM – 9:06AM

Punarvasu Until 11:16PM
Subha Until 11:45AM
Balava Until 3:04PM
Chaturthi* Until 3:04PM

Ganesha: Green *Sunrise:* 6:18AM
Muruga: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 3 Sutra 226

Kataka Rasi: 7.21 Tihi 20 – 21

747862365

Gulika 11:53AM – 1:17PM
Yama 9:06AM – 10:30AM
Rahu 2:41PM – 4:05PM

Pushya Until 9:34PM
Sukla Until 8:30AM
Gara Until 11:26PM
Panchami Until 12:36PM

Ganesha: White *Sunrise:* 6:19AM
Muruga: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 4 Sutra 227

Kataka Rasi: 21.4 Tihi 21 – 22

747863365

Gulika 10:30AM – 11:54AM
Yama 7:43AM – 9:06AM
Rahu 11:54AM – 1:18PM

Ashlesha* Until 7:55PM
Indra Until 2:27AM Thu
Visti Until 9:14PM
Shashthi* Until 10:17AM

Ganesha: White *Sunrise:* 6:19AM
Muruga: Purple *Sunset:* 5:29PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 5 Sutra 228

Simha Rasi: 5.5 Tihi 22 – 23

757863365

Gulika 9:07AM – 10:31AM
Yama 6:20AM – 7:43AM
Rahu 1:18PM – 2:41PM

Magha* Until 6:46PM
Vaidhriti* Until 11:41PM
Balava Until 7:17PM
Saptami Until 8:12AM

Ganesha: Clear *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 5:29PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 6 Sutra 229

Simha Rasi: 19.52 Tihi 23 – 24

758863365

Gulika 7:44AM – 9:07AM
Yama 2:42PM – 4:05PM
Rahu 10:31AM – 11:55AM

Purvaphalguni Until 5:45PM
Vishkambha* Until 9:08PM
Gara Until 4:49AM Sat
Ashtami* Until 6:22AM

Ganesha: Orange *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 5:29PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1	Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Kingston, Jamaica Sun 7 Sutra 230 Vilamba 5120
	Kanya Rasi: 3.42	Tithi 25	Gulika 6:21AM – 7:44AM	Uttaraphalguni Until 4:50PM	Ganesh: Orange <i>Sunrise:</i> 6:21AM	Muruga: Purple <i>Sunset:</i> 5:29PM	Moon 11 - Phase 32 2nd Phase
			Yama 1:18PM – 2:42PM	Priti Until 6:50PM			
	758863365		Rahu 9:08AM – 10:31AM	Vanija Until 4:09PM	Bhuloka Day Moon – Red Karttika-Karttikai		Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga				Dashami Until 3:31AM Sun			

2	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 17.23	Tithi 26	Gulika 2:42PM – 4:06PM	Hasta Until 4:30PM	Ganesh: Light Blue <i>Sunrise:</i> 6:22AM	Muruga: Purple <i>Sunset:</i> 5:29PM	Moon 11 - Phase 32 2nd Phase
			Yama 11:55AM – 1:19PM	Ayushman Until 4:43PM			
	768863365		Rahu 4:06PM – 5:29PM	Bava Until 3:01PM	Bhuloka Day Moon – Green Karttika-Karttikai		
Creative Work Amrita Yoga Until 4:30PM Then Creative Work - Siddha Yoga				Ekadashi* Until 2:32AM Mon			

3	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kingston, Jamaica Sun 9 Sutra 232 Vilamba 5120
	Tula Rasi: 0.53	Tithi 27	Gulika 1:19PM – 2:42PM	Chitra Until 4:20PM	Ganesh: Light Blue <i>Sunrise:</i> 6:22AM	Muruga: Purple <i>Sunset:</i> 5:29PM	Moon 11 - Phase 32 2nd Phase
			Yama 10:32AM – 11:56AM	Saubhagya Until 2:52PM			
	768863365		Rahu 7:46AM – 9:09AM	Kaulava Until 2:11PM	Bhuloka Day Moon – Green Karttika-Karttikai		
Family Home Evening Routine Work Prabalarishta Yoga Until 4:20PM Then Creative Work - Amrita Yoga				Dvadashi* Until 1:52AM Tue			

4	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 14.13	Tithi 28	Gulika 11:56AM – 1:19PM	Svati Until 4:21PM	Ganesh: Light Blue <i>Sunrise:</i> 6:23AM	Muruga: Purple <i>Sunset:</i> 5:29PM	Moon 11 - Phase 32 2nd Phase
			Yama 9:09AM – 10:33AM	Sobhana Until 1:17PM			
	768863365		Rahu 2:43PM – 4:06PM	Gara Until 1:41PM	Bhuloka Day Moon – Green Karttika-Karttikai		
Creative Work Siddha Yoga Until 4:21PM Then Routine Work - Marana Yoga				Trayodashi* Until 1:34AM Wed		<i>Pradosha Vrata (Fasting)</i>	

5	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 27.21	Tithi 29	Gulika 10:33AM – 11:56AM	Vishakha Until 5:03PM	Ganesh: Purple <i>Sunrise:</i> 6:23AM	Muruga: Purple <i>Sunset:</i> 5:30PM	Moon 11 - Phase 32 2nd Phase
			Yama 7:47AM – 9:10AM	Athiganda* Until 12:00PM			
	778863365		Rahu 11:56AM – 1:20PM	Visti Until 1:36PM	Bhuloka Day Moon – Orange Karttika-Karttikai		
Creative Work Siddha Yoga				Chaturdashi* Until 1:42AM Thu			

●	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 12 Sutra 235 Vilamba 5120
	Retreat Star		Gulika 9:10AM – 10:34AM	Anuradha Until 6:04PM	Ganesh: Purple <i>Sunrise:</i> 6:24AM	Muruga: Purple <i>Sunset:</i> 5:30PM	Moon 11 - Phase 32 Amavasya
	Vrischika Rasi: 10.15	Tithi 30	Yama 6:24AM – 7:47AM	Sukarma Until 11:04AM			
	778863365		Rahu 1:20PM – 2:43PM	Catuspada Until 1:59PM	Bhuloka Day Moon – Orange Karttika-Karttikai		
Creative Work Siddha Yoga Until 6:04PM Then Routine Work - Prabalarishta Yoga				Amavasya* Until 2:20AM Fri			

●	Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 13 Sutra 236 Vilamba 5120
	Retreat Star		Gulika 7:48AM – 9:11AM	Jyeshtha* Until 7:25PM	Ganesh: Light Blue <i>Sunrise:</i> 6:25AM	Muruga: Purple <i>Sunset:</i> 5:30PM	Moon 11 - Phase 32 Prathama
	Vrischika Rasi: 22.56	Tithi 1	Yama 2:44PM – 4:07PM	Dhriti Until 10:33AM			
	779863365		Rahu 10:34AM – 11:57AM	Kintughna Until 2:52PM	Bhuloka Day Moon – Orange Margasira-Karttikai		
Routine Work Marana Yoga Until 7:25PM Then Creative Work - Amrita Yoga				Prathama* Until 3:29AM Sat			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 5.22	Tithi 2	Gulika	6:25AM – 7:48AM	Mula* Until 9:36PM	Ganesh: Purple	<i>Sunrise:</i> 6:25AM			
		Yama	1:21PM – 2:44PM	Shula* Until 10:24AM	Muruga: Purple	<i>Sunset:</i> 5:30PM		Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	789863365	Rahu	9:11AM – 10:35AM	Nataraja: White				
				Balava Until 4:18PM	Moon – Light Blue		Bhuloka Day		
				Dvitiya Until 5:11AM Sun	Margasira*Karttikai				
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Taitila Karana Tritiyayam Titau				Kingston, Jamaica Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 17.34	Tithi 3	Gulika	2:44PM – 4:08PM	Purvashadha* Until 12:07AM Mon	Ganesh: Purple	<i>Sunrise:</i> 6:26AM			
		Yama	11:58AM – 1:21PM	Ganda* Until 10:41AM	Muruga: Purple	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	789863365	Rahu	4:08PM – 5:31PM	Nataraja: White				
Until 12:07AM Mon				Taitila Until 6:15PM	Moon – Light Blue		Bhuloka Day		
Then Routine Work - Marana Yoga				Tritiya Until 7:22AM Mon	Margasira*Karttikai				
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kingston, Jamaica Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 29.35	Tithi 3 – 4	Gulika	1:22PM – 2:45PM	Uttarashadha Until 2:51AM Tue	Ganesh: Purple	<i>Sunrise:</i> 6:26AM			
Family Home Evening		Yama	10:36AM – 11:59AM	Vridhi Until 11:18AM	Muruga: Purple	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 33	3rd Phase
Routine Work	Marana Yoga	789863365	Rahu	7:49AM – 9:13AM	Nataraja: White				
Until 2:51AM Tue				Vanija Until 8:38PM	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Siddha Yoga				Tritiya Until 7:22AM	Margasira*Karttikai				
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 11.28	Tithi 4 – 5	Gulika	11:59AM – 1:22PM	Shravana Until 6:08AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:27AM			
		Yama	9:13AM – 10:36AM	Dhruva Until 12:10PM	Muruga: Purple	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	799863365	Rahu	2:45PM – 4:08PM	Nataraja: White				
Until 6:08AM Wed				Bava Until 11:18PM	Moon – Purple		Bhuloka Day		
Then Routine Work - Prabalarishta Yoga				Chaturthi* Until 9:55AM	Margasira*Karttikai		Devaloka Time: 6:AM to 9:AM		
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 23.15	Tithi 5 – 6	Gulika	10:37AM – 12:00PM	Shravana Until 6:08AM	Ganesh: Clear	<i>Sunrise:</i> 6:28AM			
		Yama	7:51AM – 9:14AM	Vyaghata* Until 1:10PM	Muruga: Purple	<i>Sunset:</i> 5:32PM		Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	799863365	Rahu	12:00PM – 1:23PM	Nataraja: White				
Until 6:08AM				Kaulava Until 2:03AM Thu	Moon – Purple		Bhuloka Day		
Then Routine Work - Prabalarishta Yoga				Panchami Until 12:40PM	Margasira*Karttikai		Devaloka Time: 6:AM to 9:AM		
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 5.02	Tithi 6 – 7	Gulika	9:14AM – 10:37AM	Dhanishtha Until 9:17AM	Ganesh: Clear	<i>Sunrise:</i> 6:28AM			
		Yama	6:28AM – 7:51AM	Harshana Until 2:09PM	Muruga: Purple	<i>Sunset:</i> 5:32PM		Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	799863365	Rahu	1:23PM – 2:46PM	Nataraja: White				
				Gara Until 4:40AM Fri	Moon – Purple		Bhuloka Day		
				Shashthi* Until 3:22PM	Margasira*Karttikai		Devaloka Time: 6:AM to 9:AM		
Vinayaga Viratam Ends									
Retreat Star		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica Sun 20 Sutra 243 Vilamba 5120	
Kumbha Rasi: 16.53	Tithi 7 – 8	Gulika	7:52AM – 9:15AM	Shatabhishak Until 12:04PM	Ganesh: Clear	<i>Sunrise:</i> 6:29AM			
		Yama	2:47PM – 4:09PM	Vajra* Until 2:55PM	Muruga: Purple	<i>Sunset:</i> 5:32PM		Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	799863365	Rahu	10:38AM – 12:01PM	Nataraja: White				
				Visti Until 6:53AM Sat	Moon – Purple		Bhuloka Day		
				Saptami Until 5:49PM	Margasira*Karttikai		Devaloka Time: 6:AM to 9:AM		
Retreat Star		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 244 Vilamba 5120	
Kumbha Rasi: 28.53	Tithi 8	Gulika	6:29AM – 7:52AM	Purvaproshtapada* Until 2:45PM	Ganesh: Clear	<i>Sunrise:</i> 6:29AM			
		Yama	1:24PM – 2:47PM	Siddhi Until 3:21PM	Muruga: Purple	<i>Sunset:</i> 5:33PM		Moon 11 - Phase 33	Ashtami
Routine Work	Marana Yoga	711863365	Rahu	9:15AM – 10:38AM	Nataraja: White				
Until 2:45PM				Visti Until 6:53AM	Moon – Clear		Bhuloka Day		
Then Creative Work - Siddha Yoga				Ashtami* Until 7:45PM	Margasira*Markali		Devaloka Time: 6:AM to 9:AM		
Retreat Star		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 245 Vilamba 5120	
Meena Rasi: 11.08	Tithi 9	Gulika	2:47PM – 4:10PM	Uttaraproshtapada Until 4:38PM	Ganesh: Purple	<i>Sunrise:</i> 6:30AM			
		Yama	12:02PM – 1:24PM	Vyatipata* Until 3:18PM	Muruga: Purple	<i>Sunset:</i> 5:33PM		Moon 11 - Phase 33	Navami
Creative Work	Amrita Yoga	811863365	Rahu	4:10PM – 5:33PM	Nataraja: White				
				Balava Until 8:30AM	Moon – Clear		Bhuloka Day		
				Navami* Until 9:01PM	Margasira*Markali				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1		Monday, December 17, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau		Kingston, Jamaica Sun 23 Sutra 246 Vilamba 5120	
Meena Rasi: 23.41	Tithi 10	Gulika	1:25PM – 2:48PM	Revati Until 5:38PM	Ganesh: Purple	<i>Sunrise:</i> 6:30AM			
Family Home Evening	811863365	Yama	10:39AM – 12:02PM	Variyan Until 2:38PM	Muruga: Purple	<i>Sunset:</i> 5:34PM		Moon 11 - Phase 34	
Creative Work	Siddha Yoga	Rahu	7:53AM – 9:16AM	Taitila Until 9:22AM	Nataraja: White			4th Phase	
				Dashami Until 9:29PM	Moon – Clear			Bhuloka Day	
					Margasira*Markali				

2		Tuesday, December 18, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Kingston, Jamaica Sun 24 Sutra 247 Vilamba 5120	
Mesha Rasi: 6.37	Tithi 11	Gulika	12:03PM – 1:25PM	Ashvini Until 6:09PM	Ganesh: Clear	<i>Sunrise:</i> 6:31AM			
	821863365	Yama	9:17AM – 10:40AM	Parigha* Until 1:21PM	Muruga: Purple	<i>Sunset:</i> 5:34PM		Moon 11 - Phase 34	
Creative Work	Siddha Yoga	Rahu	2:48PM – 4:11PM	Vanija Until 9:26AM	Nataraja: White			4th Phase	
				Ekadashi Until 9:08PM	Moon – White			Bhuloka Day	
		Gita Jayanthi			Margasira*Markali			Devaloka Time: 6:AM to 9:AM	

3		Wednesday, December 19, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Kingston, Jamaica Sun 25 Sutra 248 Vilamba 5120	
Mesha Rasi: 19.58	Tithi 12	Gulika	10:40AM – 12:03PM	Bharani Until 5:43PM	Ganesh: Clear	<i>Sunrise:</i> 6:31AM			
	821863365	Yama	7:54AM – 9:17AM	Shiva Until 11:26AM	Muruga: Purple	<i>Sunset:</i> 5:35PM		Moon 11 - Phase 34	
Creative Work	Siddha Yoga	Rahu	12:03PM – 1:26PM	Bava Until 8:40AM	Nataraja: White			4th Phase	
Until 5:43PM				Dvadashi Until 7:59PM	Moon – White			Bhuloka Day	
Then Creative Work - Amrita Yoga					Margasira*Markali			Devaloka Time: 6:AM to 9:AM	

4		Thursday, December 20, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kingston, Jamaica Sun 26 Sutra 249 Vilamba 5120	
Vrishabha Rasi: 3.46	Tithi 13	Gulika	9:18AM – 10:41AM	Krittika Until 4:28PM	Ganesh: Clear	<i>Sunrise:</i> 6:32AM			
	821863365	Yama	6:32AM – 7:55AM	Siddha Until 8:56AM	Muruga: Purple	<i>Sunset:</i> 5:35PM		Moon 11 - Phase 34	
Routine Work	Marana Yoga	Rahu	1:26PM – 2:49PM	Kaulava Until 7:09AM	Nataraja: White			4th Phase	
				Trayodashi Until 6:08PM	Moon – White			Bhuloka Day	
					Margasira*Markali			Devaloka Time: 6:AM to 9:AM	

Pradosha Vrata

5		Friday, December 21, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kingston, Jamaica Sun 27 Sutra 250 Vilamba 5120	
Vrishabha Rasi: 17.58	Tithi 14 – 15	Gulika	7:55AM – 9:18AM	Rohini Until 2:54PM	Ganesh: White	<i>Sunrise:</i> 6:32AM			
	821863365	Yama	2:50PM – 4:13PM	Subha Until 2:32AM Sat	Muruga: Purple	<i>Sunset:</i> 5:36PM		Moon 11 - Phase 34	
Routine Work	Marana Yoga	Rahu	10:41AM – 12:04PM	Visti Until 2:21AM Sat	Nataraja: White			4th Phase	
Until 2:54PM				Chaturdashi* Until 3:43PM	Moon – Yellow			Bhuloka Day	
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati			Margasira*Markali				

○		Saturday, December 22, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kingston, Jamaica Sutra 251 Vilamba 5120	
Mithuna Rasi: 2.3	Tithi 15 – 16	Gulika	6:33AM – 7:56AM	Mrigashira Until 12:47PM	Ganesh: Yellow	<i>Sunrise:</i> 6:33AM			
	831963365	Yama	1:27PM – 2:50PM	Sukla Until 10:51PM	Muruga: Purple	<i>Sunset:</i> 5:36PM		Moon 11 - Phase 34	
Creative Work	Siddha Yoga	Rahu	9:19AM – 10:42AM	Balava Until 11:21PM	Nataraja: White			Purnima	
				Purnima* Until 12:52PM	Moon – Yellow			Bhuloka Day	
		Day 2 of Pancha Ganapati			Margasira*Markali			Devaloka Time: 9:AM to 12:PM	

○		Sunday, December 23, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Kingston, Jamaica Sutra 252 Vilamba 5120	
Mithuna Rasi: 17.16	Tithi 16 – 17	Gulika	2:51PM – 4:14PM	Ardra Until 10:15AM	Ganesh: Yellow	<i>Sunrise:</i> 6:33AM			
	831963365	Yama	12:05PM – 1:28PM	Brahma Until 7:00PM	Muruga: Purple	<i>Sunset:</i> 5:37PM		Moon 11 - Phase 34	
Creative Work	Siddha Yoga	Rahu	4:14PM – 5:37PM	Taitila Until 8:09PM	Nataraja: White			Prathama	
				Prathama* Until 9:45AM	Moon – Yellow			Bhuloka Day	
		Day 3 of Pancha Ganapati			Margasira*Markali			Devaloka Time: 9:AM to 12:PM	
		Ardra Darshanam							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tihi 17 – 18

Family Home Evening

Creative Work Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Dvitiya/Tritiyam Titau

Gulika 1:28PM – 2:51PM

Yama 10:43AM – 12:06PM

Rahu 7:57AM – 9:20AM

Day 4 of Pancha Ganapati

Punarvasu Until 7:53AM

Indra Until 3:07PM

Visti Until 3:19AM Tue

Dvitiya Until 6:31AM

Ganesha: Blue Sunrise: 6:34AM

Muruga: Purple Sunset: 5:37PM

Nataraja: White

Moon – Blue

Margasira*Markali

Kingston, Jamaica

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 17.01 Tihi 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 12:06PM – 1:29PM

Yama 9:20AM – 10:43AM

Rahu 2:52PM – 4:15PM

Day 5 of Pancha Ganapati

Ashlesha* Until 2:59AM Wed

Vaidhriti* Until 11:18AM

Bava Until 1:47PM

Chaturthi* Until 12:16AM Wed

Ganesha: Yellow Sunrise: 6:34AM

Muruga: Purple Sunset: 5:38PM

Nataraja: White

Moon – Blue

Margasira*Markali

Kingston, Jamaica

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Simha Rasi: 1.44 Tihi 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:44AM – 12:07PM

Yama 7:58AM – 9:21AM

Rahu 12:07PM – 1:29PM

Day 5 of Pancha Ganapati

Magha* Until 1:08AM Thu

Vishkambha* Until 7:39AM

Kaulava Until 10:52AM

Panchami Until 9:31PM

Ganesha: Blue Sunrise: 6:35AM

Muruga: Purple Sunset: 5:38PM

Nataraja: Green

Moon – Red

Margasira*Markali

Kingston, Jamaica

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

3

Thursday, December 27, 2018

Simha Rasi: 16.14 Tihi 21

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 9:21AM – 10:44AM

Yama 6:35AM – 7:58AM

Rahu 1:30PM – 2:53PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 11:33PM

Ayushman Until 1:14AM Fri

Gara Until 8:18AM

Shashthi* Until 7:10PM

Ganesha: Blue Sunrise: 6:35AM

Muruga: Purple Sunset: 5:39PM

Nataraja: Green

Moon – Red

Margasira*Markali

Kingston, Jamaica

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Kanya Rasi: 0.26 Tihi 22 – 23

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:59AM – 9:22AM

Yama 2:53PM – 4:16PM

Rahu 10:45AM – 12:08PM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 10:17PM

Saubhagya Until 10:35PM

Visti Until 6:10AM

Saptami Until 5:16PM

Ganesha: Blue Sunrise: 6:36AM

Muruga: Purple Sunset: 5:39PM

Nataraja: Green

Moon – Red

Margasira*Markali

Kingston, Jamaica

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tihi 23 – 24

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:36AM – 7:59AM

Yama 1:31PM – 2:54PM

Rahu 9:22AM – 10:45AM

Day 5 of Pancha Ganapati

Hasta Until 9:50PM

Sobhana Until 8:22PM

Taitila Until 3:26AM Sun

Ashtami* Until 3:54PM

Ganesha: Red Sunrise: 6:36AM

Muruga: Purple Sunset: 5:40PM

Nataraja: Green

Moon – Green

Margasira*Markali

Kingston, Jamaica

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tihi 24 – 25

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 2:54PM – 4:17PM

Yama 12:08PM – 1:31PM

Rahu 4:17PM – 5:40PM

Day 5 of Pancha Ganapati

Chitra Until 9:46PM

Athiganda* Until 6:33PM

Vanija Until 2:52AM Mon

Navami* Until 3:04PM

Ganesha: Red Sunrise: 6:36AM

Muruga: Purple Sunset: 5:40PM

Nataraja: Green

Moon – Green

Margasira*Markali

Kingston, Jamaica

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 8 Sutra 260 Vilamba 5120
1		Gulika 1:32PM – 2:55PM	Svati Until 10:03PM	Ganesh: Red	<i>Sunrise:</i> 6:37AM	
Tula Rasi: 11.11	Tithi 25 – 26	Yama 10:46AM – 12:09PM	Sukarma Until 5:09PM	Muruga: Purple	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 8:00AM – 9:23AM	Bava Until 2:49AM Tue	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Dashami Until 2:45PM	Moon – Green	Bhuloka Day	
Until 10:03PM				Margasira-Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 9 Sutra 261 Vilamba 5120
2		Gulika 12:09PM – 1:32PM	Vishakha Until 3:40PM Wed	Ganesh: Green	<i>Sunrise:</i> 6:37AM	
Tula Rasi: 24.11	Tithi 26 – 27	Yama 9:23AM – 10:46AM	Dhriti Until 4:09PM	Muruga: Purple	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 36
872963366		Rahu 2:56PM – 4:19PM	Kaulava Until 3:17AM Wed	Nataraja: Green		2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 2:58PM	Moon – Orange	Bhuloka Day	
Until 3:40PM Wed				Margasira-Markali		
Then Creative Work - Siddha Yoga						

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 10 Sutra 262 Vilamba 5120
3		Gulika 10:47AM – 12:10PM	Vishakha Until 3:40PM	Ganesh: Green	<i>Sunrise:</i> 6:38AM	
Vrischika Rasi: 6.57	Tithi 27 – 28	Yama 8:01AM – 9:24AM	Shula* Until 14:74AM Thu	Muruga: Purple	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 36
872963366		Rahu 12:10PM – 1:33PM	Gara Until 4:13AM Thu	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 3:40PM	Moon – Orange	Bhuloka Day	
				Margasira-Markali		

Pradosha Vrata (Fasting)

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 11 Sutra 263 Vilamba 5120
4		Gulika 9:24AM – 10:47AM	Jyeshtha* Until 2:12AM Fri	Ganesh: Green	<i>Sunrise:</i> 6:38AM	
Vrischika Rasi: 19.3	Tithi 28 – 29	Yama 6:38AM – 8:01AM	Ganda* Until 3:14PM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 36
872963366		Rahu 1:34PM – 2:57PM	Visti Until 5:37AM Fri	Nataraja: Green		2nd Phase
Routine Work Prabalarishta Yoga			Trayodashi* Until 4:51PM	Moon – Orange	Bhuloka Day	
Until 2:12AM Fri				Margasira-Markali		
Then Creative Work - Amrita Yoga						

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vridhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 264 Vilamba 5120
5		Gulika 8:01AM – 9:25AM	Mula* Until 4:36AM Sat	Ganesh: White	<i>Sunrise:</i> 6:38AM	
Dhanus Rasi: 1.51	Tithi 29	Yama 2:57PM – 4:20PM	Vridhi Until 3:19PM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 36
882963366		Rahu 10:48AM – 12:11PM	Sakuni Until 6:28PM	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 6:28PM	Moon – Light Blue	Bhuloka Day	
Until 4:36AM Sat				Margasira-Markali		
Then Creative Work - Siddha Yoga						

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika 6:38AM – 8:02AM	Purvashadha* Until 7:13AM Sun	Ganesh: White	<i>Sunrise:</i> 6:38AM	
Dhanus Rasi: 14.02	Tithi 30	Yama 1:34PM – 2:58PM	Dhruva Until 3:40PM	Muruga: Clear	<i>Sunset:</i> 5:44PM	Moon 12 - Phase 36
882973366		Rahu 9:25AM – 10:48AM	Catuspada Until 7:27AM	Nataraja: Green		Amavasya
Creative Work Siddha Yoga			Amavasya* Until 8:29PM	Moon – Light Blue	Bhuloka Day	
Until 7:13AM Sun		Subramuniyaswami Jayanti		Margasira-Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika 2:58PM – 4:21PM	Purvashadha* Until 1:27AM Tue Mon	Ganesh: White	<i>Sunrise:</i> 6:39AM	
Dhanus Rasi: 26.03	Tithi 1	Yama 12:12PM – 1:35PM	Vyaghata* Until 4:18PM	Muruga: Clear	<i>Sunset:</i> 5:45PM	Moon 12 - Phase 36
882973366		Rahu 4:21PM – 5:45PM	Kintughna Until 9:39AM	Nataraja: Green		Prathama
Creative Work Siddha Yoga			Prathama* Until 10:50PM	Moon – Light Blue	Bhuloka Day	
Until 1:27AM Tue Mon		Partial Solar Eclipse		Pausha-Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:35PM – 2:59PM	Purvashadha* Until 1:27AM Tue	Ganesh: White <i>Sunrise:</i> 6:39AM		
Makara Rasi: 7.58	Tithi 2	Yama 10:49AM – 12:12PM	Harshana Until 4:69PM	Muruga: Clear <i>Sunset:</i> 5:45PM		Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 8:02AM – 9:26AM	Balava Until 12:09PM	Nataraja: Green		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 1:27AM Tue	Moon – Light Blue	Bhuloka Day	
Until 1:27AM Tue				Pausha-Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:13PM – 1:36PM	Shravana Until 1:12PM	Ganesh: Red <i>Sunrise:</i> 6:39AM		
Makara Rasi: 19.47	Tithi 3	Yama 9:26AM – 10:49AM	Vajra* Until 6:06PM	Muruga: Clear <i>Sunset:</i> 5:46PM		Moon 12 - Phase 37
893973366		Rahu 2:59PM – 4:23PM	Taitila Until 2:50PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 4:12AM Wed	Moon – Purple	Devaloka Day	
				Pausha-Markali		

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Kingston, Jamaica Sun 17 Sutra 269 Vilamba 5120
3		Gulika 10:50AM – 12:13PM	Dhanishtha Until 4:22PM	Ganesh: Red <i>Sunrise:</i> 6:39AM		
Kumbha Rasi: 1.34	Tithi 4	Yama 8:03AM – 9:26AM	Siddhi Until 7:06PM	Muruga: Clear <i>Sunset:</i> 5:47PM		Moon 12 - Phase 37
893973366		Rahu 12:13PM – 1:36PM	Vanija Until 5:36PM	Nataraja: Green		3rd Phase
Routine Work Prabalarishta Yoga			Chaturthi* Until 6:55AM Thu	Moon – Purple	Devaloka Day	
Until 4:22PM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 270 Vilamba 5120
4		Gulika 9:27AM – 10:50AM	Shatabhishak Until 7:16PM	Ganesh: Red <i>Sunrise:</i> 6:40AM		
Kumbha Rasi: 13.22	Tithi 4 – 5	Yama 6:40AM – 8:03AM	Vyatipata* Until 8:01PM	Muruga: Clear <i>Sunset:</i> 5:47PM		Moon 12 - Phase 37
893973366		Rahu 1:37PM – 3:00PM	Bava Until 8:15PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 6:55AM	Moon – Purple	Devaloka Day	
				Pausha-Markali		

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica Sun 19 Sutra 271 Vilamba 5120
5		Gulika 8:03AM – 9:27AM	Purvaproshtapada* Until 10:14PM	Ganesh: Clear <i>Sunrise:</i> 6:40AM		
Kumbha Rasi: 25.13	Tithi 5 – 6	Yama 3:01PM – 4:24PM	Variyan Until 8:43PM	Muruga: Clear <i>Sunset:</i> 5:48PM		Moon 12 - Phase 37
813973366		Rahu 10:50AM – 12:14PM	Kaulava Until 10:37PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Panchami Until 9:27AM	Moon – Clear	Devaloka Day	
				Pausha-Markali		

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 272 Vilamba 5120
6		Gulika 6:40AM – 8:04AM	Uttaraproshtapada Until 12:37AM Sun	Ganesh: Clear <i>Sunrise:</i> 6:40AM		
Meena Rasi: 7.13	Tithi 6 – 7	Yama 1:38PM – 3:01PM	Parigha* Until 9:06PM	Muruga: Clear <i>Sunset:</i> 5:48PM		Moon 12 - Phase 37
813973366		Rahu 9:27AM – 10:51AM	Gara Until 12:32AM Sun	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 11:37AM	Moon – Clear	Devaloka Day	
Until 12:37AM Sun				Pausha-Markali		
Then Creative Work - Amrita Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 3:02PM – 4:25PM	Revati Until 2:14AM Mon	Ganesh: Clear <i>Sunrise:</i> 6:40AM		
Meena Rasi: 19.25	Tithi 7 – 8	Yama 12:15PM – 1:38PM	Shiva Until 9:02PM	Muruga: Clear <i>Sunset:</i> 5:49PM		Moon 12 - Phase 37
813973366		Rahu 4:25PM – 5:49PM	Visti Until 1:49AM Mon	Nataraja: Green		Ashtami
Creative Work Amrita Yoga			Saptami Until 1:15PM	Moon – Clear	Devaloka Day	
Until 2:14AM Mon				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:39PM – 3:02PM	Ashvini Until 3:28AM Tue	Ganesh: Purple <i>Sunrise:</i> 6:40AM		
Mesha Rasi: 1.53	Tithi 8 – 9	Yama 10:51AM – 12:15PM	Siddha Until 8:23PM	Muruga: Clear <i>Sunset:</i> 5:50PM		Moon 12 - Phase 37
823973366		Rahu 8:04AM – 9:28AM	Balava Until 2:21AM Tue	Nataraja: Green		Navami
Creative Work Siddha Yoga			Ashtami* Until 2:10PM	Moon – White	Sivaloka Day	
		Thai Pongal		Pausha-Thai		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Tuesday, January 15, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kingston, Jamaica Sun 23 Sutra 275 Vilamba 5120
	Mesha Rasi: 14.42 Tithi 9 – 10	Gulika 12:15PM – 1:39PM Yama 9:28AM – 10:52AM 823973366 Rahu 3:03PM – 4:27PM	Bharani Until 3:43AM Wed Sadhya Until 7:08PM Taitila Until 2:04AM Wed Navami* Until 2:18PM

Creative Work Siddha Yoga
Until 3:43AM Wed
Then Creative Work - Amrita Yoga

Ganesha: Purple <i>Sunrise:</i> 6:40AM	Muruga: Clear <i>Sunset:</i> 5:50PM	Nataraja: Green Moon – White	Sivaloka Day
		Pausha*Thai	

2	Wednesday, January 16, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kingston, Jamaica Sun 24 Sutra 276 Vilamba 5120
	Mesha Rasi: 27.56 Tithi 10 – 11	Gulika 10:52AM – 12:16PM Yama 8:04AM – 9:28AM 823173366 Rahu 12:16PM – 1:40PM	Krittika Until 3:02AM Thu Subha Until 5:15PM Vanija Until 12:57AM Thu Dashami Until 1:36PM

Creative Work Amrita Yoga
Until 3:02AM Thu
Then Routine Work - Marana Yoga

Ganesha: Blue <i>Sunrise:</i> 6:40AM	Muruga: Clear <i>Sunset:</i> 5:51PM	Nataraja: Green Moon – White	Sivaloka Day
		Pausha*Thai	

3	Thursday, January 17, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kingston, Jamaica Sun 25 Sutra 277 Vilamba 5120
	Vrisabha Rasi: 11.37 Tithi 11 – 12	Gulika 9:28AM – 10:52AM Yama 6:40AM – 8:04AM 833173366 Rahu 1:40PM – 3:04PM	Rohini Until 1:54AM Fri Sukla Until 2:43PM Bava Until 11:05PM Ekadashi Until 12:05PM

Routine Work Marana Yoga
Until 1:54AM Fri
Then Creative Work - Siddha Yoga

Ganesha: Yellow <i>Sunrise:</i> 6:40AM	Muruga: Clear <i>Sunset:</i> 5:52PM	Nataraja: Green Moon – Yellow	Devaloka Day
		Pausha*Thai	

4	Friday, January 18, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 26 Sutra 278 Vilamba 5120
	Vrisabha Rasi: 25.46 Tithi 12 – 13	Gulika 8:04AM – 9:28AM Yama 3:04PM – 4:28PM 833173366 Rahu 10:52AM – 12:16PM	Mrigashira Until 11:59PM Brahma Until 11:37AM Kaulava Until 8:33PM Dvadashi Until 9:52AM

Creative Work Siddha Yoga

Pradosha Vrata

Ganesha: Yellow <i>Sunrise:</i> 6:41AM	Muruga: Clear <i>Sunset:</i> 5:52PM	Nataraja: Green Moon – Yellow	Devaloka Day
		Pausha*Thai	

5	Saturday, January 19, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Visti* Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 27 Sutra 279 Vilamba 5120
	Mithuna Rasi: 10.2 Tithi 13 – 14	Gulika 6:41AM – 8:05AM Yama 1:41PM – 3:05PM 833173366 Rahu 9:29AM – 10:53AM	Ardra Until 9:27PM Indra Until 9:27PM Visti Until 13:64AM Sun Trayodashi Until 7:03AM

Creative Work Siddha Yoga

Ganesha: Yellow <i>Sunrise:</i> 6:41AM	Muruga: Clear <i>Sunset:</i> 5:53PM	Nataraja: Green Moon – Yellow	Devaloka Day
		Pausha*Thai	

○	Sunday, January 20, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau	Kingston, Jamaica Sutra 280 Vilamba 5120
	Mithuna Rasi: 25.15 Tithi 15	Gulika 3:05PM – 4:29PM Yama 12:17PM – 1:41PM 843173366 Rahu 4:29PM – 5:53PM	Punarvasu Until 6:50PM Vishkambha* Until 12:01AM Mon Visti Until 2:04PM Purnima* Until 12:15AM Mon

Creative Work Siddha Yoga

Ganesha: White <i>Sunrise:</i> 6:41AM	Muruga: Clear <i>Sunset:</i> 5:53PM	Nataraja: Green Moon – Blue	Sivaloka Day
		Pausha*Thai	

○	Monday, January 21, 2019	Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau	Kingston, Jamaica Sutra 281 Vilamba 5120
	Kataka Rasi: 10.22 Tithi 16	Gulika 1:41PM – 3:06PM Yama 10:53AM – 12:17PM 843173366 Rahu 8:05AM – 9:29AM	Pushya Until 3:55PM Priti Until 7:46PM Balava Until 10:26AM Prathama* Until 8:34PM

Family Home Evening Siddha Yoga

Total Lunar Eclipse
Thai Pusam

Ganesha: White <i>Sunrise:</i> 6:41AM	Muruga: Clear <i>Sunset:</i> 5:54PM	Nataraja: Green Moon – Blue	Sivaloka Day
		Pausha*Thai	



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha*/Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitiya/Tritiyam Titau

Kingston, Jamaica

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 25.34 Tihi 17 - 18

844173366

Gulika

12:18PM - 1:42PM

Ashlesha* Until 12:53PM

Ganesha: Clear

Sunrise: 6:40AM

Yama

9:29AM - 10:53AM

Ayushman Until 3:32PM

Muruga: Clear

Sunset: 5:55PM

Rahu

3:06PM - 4:30PM

Taitila Until 6:45AM

Nataraja: Green

Moon - Blue

Devaloka Day

Creative Work Siddha Yoga

Dvitiya Until 4:56PM

Pausha*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Kingston, Jamaica

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 10.4 Tihi 18 - 19

854173366

Gulika

10:53AM - 12:18PM

Magha* Until 10:16AM

Ganesha: Purple

Sunrise: 6:40AM

Yama

8:05AM - 9:29AM

Saubhagya Until 11:27AM

Muruga: Clear

Sunset: 5:55PM

Rahu

12:18PM - 1:42PM

Bava Until 11:54PM

Nataraja: Green

Moon - Red

Bhuloka Day

Creative Work Siddha Yoga

Tritiya Until 1:29PM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 10:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 25.32 Tihi 19 - 20

954173366

Gulika

9:29AM - 10:54AM

Purvaphalguni Until 7:50AM

Ganesha: Clear

Sunrise: 6:40AM

Yama

6:40AM - 8:05AM

Sobhana Until 7:40AM

Muruga: Clear

Sunset: 5:56PM

Rahu

1:43PM - 3:07PM

Kaulava Until 9:03PM

Nataraja: Green

Moon - Red

Devaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 10:24AM

Pausha*Thai

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 10.04 Tihi 20 - 21

964173366

Gulika

8:05AM - 9:29AM

Hasta Until 4:31AM Sat

Ganesha: Purple

Sunrise: 6:40AM

Yama

3:07PM - 4:32PM

Sukarma Until 1:18AM Sat

Muruga: Clear

Sunset: 5:56PM

Rahu

10:54AM - 12:18PM

Gara Until 6:44PM

Nataraja: Green

Moon - Green

Bhuloka Day

Creative Work Amrita Yoga

Panchami Until 7:47AM

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 4:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 24.11 Tihi 22

964173366

Gulika

6:40AM - 8:05AM

Chitra Until 3:51AM Sun

Ganesha: Purple

Sunrise: 6:40AM

Yama

1:43PM - 3:08PM

Dhriti Until 10:55PM

Muruga: Clear

Sunset: 5:57PM

Rahu

9:29AM - 10:54AM

Visti Until 5:04PM

Nataraja: Green

Moon - Green

Bhuloka Day

Routine Work Marana Yoga

Saptami Until 4:30AM Sun

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 7.52 Tihi 23

964173366

Gulika

3:08PM - 4:33PM

Svati Until 4:07AM Tue Mon

Ganesha: Purple

Sunrise: 6:40AM

Yama

12:19PM - 1:43PM

Shula* Until 9:06PM

Muruga: Clear

Sunset: 5:58PM

Rahu

4:33PM - 5:58PM

Balava Until 4:08PM

Nataraja: Green

Moon - Green

Bhuloka Day

Creative Work Siddha Yoga

Ashtami* Until 3:56AM Mon

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Until 4:07AM Tue Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Svati/Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 21.08 Tihi 24

974173366

Gulika

1:44PM - 3:09PM

Svati Until 4:07AM Tue

Ganesha: Clear

Sunrise: 6:40AM

Family Home Evening

Yama

10:54AM - 12:19PM

Ganda* Until 18:72AM Tue

Muruga: Clear

Sunset: 5:58PM

Routine Work Marana Yoga

Rahu

8:05AM - 9:29AM

Taitila Until 3:58PM

Nataraja: Green

Moon - Orange

Devaloka Day

Until 4:07AM Tue

Then Creative Work - Siddha Yoga

Navami* Until 4:07AM Tue

Pausha*Thai

1		Tuesday, January 29, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vridhhi Yoga Vanija/Visli* Karana Dashamyam Titau	Kingston, Jamaica Sun 8 Sutra 289 Vilamba 5120
Vrischika Rasi: 4.02	Tithi 25	Gulika	12:19PM – 1:44PM	Anuradha Until 6:06AM Wed	Ganesh: Clear	<i>Sunrise: 6:40AM</i>	
		Yama	9:29AM – 10:54AM	Vridhhi Until 7:12PM	Muruga: Clear	<i>Sunset: 5:59PM</i>	
Creative Work	Siddha Yoga	974173366	Rahu	3:09PM – 4:34PM	Nataraja: Green	Moon 1 - Phase 40 2nd Phase	
				Dashami Until 5:00AM Wed	Moon – Orange	Devaloka Day	
					Pausha*Thai		

2		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau	Kingston, Jamaica Sun 9 Sutra 290 Vilamba 5120
Vrischika Rasi: 16.36	Tithi 26	Gulika	10:54AM – 12:19PM	Anuradha Until 6:06AM	Ganesh: Clear	<i>Sunrise: 6:39AM</i>	
		Yama	8:04AM – 9:29AM	Dhruva Until 7:00PM	Muruga: Clear	<i>Sunset: 5:59PM</i>	
Creative Work	Siddha Yoga	974173366	Rahu	12:19PM – 1:44PM	Nataraja: Green	Moon 1 - Phase 40 2nd Phase	
				Bava Until 5:42PM	Moon – Orange	Devaloka Day	
				Ekadashi* Until 6:30AM Thu	Pausha*Thai		

3		Thursday, January 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kingston, Jamaica Sun 10 Sutra 291 Vilamba 5120
Vrischika Rasi: 28.55	Tithi 26 – 27	Gulika	9:29AM – 10:54AM	Jyeshtha* Until 7:57AM	Ganesh: Clear	<i>Sunrise: 6:39AM</i>	
		Yama	6:39AM – 8:04AM	Vyaghata* Until 7:13PM	Muruga: Clear	<i>Sunset: 6:00PM</i>	
Routine Work	Prabalarishta Yoga	974173366	Rahu	1:45PM – 3:10PM	Nataraja: Green	Moon 1 - Phase 40 2nd Phase	
Until 7:57AM				Kaulava Until 7:27PM	Moon – Orange	Devaloka Day	
Then Creative Work - Siddha Yoga				Ekadashi* Until 6:30AM	Pausha*Thai		

4		Friday, February 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 11 Sutra 292 Vilamba 5120
Dhanus Rasi: 11.02	Tithi 27 – 28	Gulika	8:04AM – 9:29AM	Mula* Until 10:35AM	Ganesh: White	<i>Sunrise: 6:39AM</i>	
		Yama	3:10PM – 4:35PM	Harshana Until 7:47PM	Muruga: Clear	<i>Sunset: 6:00PM</i>	
Creative Work	Amrita Yoga	984173366	Rahu	10:54AM – 12:19PM	Nataraja: Green	Moon 1 - Phase 40 2nd Phase	
Until 10:35AM				Gara Until 9:38PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Dvadashi* Until 8:28AM	Pausha*Thai	Devaloka Time: 12:PM to 3:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, February 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 12 Sutra 293 Vilamba 5120
Dhanus Rasi: 22.59	Tithi 28 – 29	Gulika	6:39AM – 8:04AM	Purvashadha* Until 1:24PM Sun	Ganesh: White	<i>Sunrise: 6:39AM</i>	
		Yama	1:45PM – 3:10PM	Vajra* Until 8:32PM	Muruga: Clear	<i>Sunset: 6:00PM</i>	
Creative Work	Siddha Yoga	984173366	Rahu	9:29AM – 10:54AM	Nataraja: Green	Moon 1 - Phase 40 2nd Phase	
Until 1:24PM Sun				Visli Until 12:06AM Sun	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Marana Yoga				Trayodashi* Until 10:49AM	Pausha*Thai	Devaloka Time: 12:PM to 3:PM	

●		Sunday, February 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kingston, Jamaica Sun 13 Sutra 294 Vilamba 5120
Retreat Star		Gulika	3:10PM – 4:36PM	Purvashadha* Until 1:24PM	Ganesh: Yellow	<i>Sunrise: 6:39AM</i>	
Makara Rasi: 4.52	Tithi 29 – 30	Yama	12:20PM – 1:45PM	Siddhi Until 9:27PM	Muruga: Clear	<i>Sunset: 6:01PM</i>	
Creative Work	Amrita Yoga	985173367	Rahu	4:36PM – 6:01PM	Nataraja: White	Moon 1 - Phase 40 Amavasya	
				Catuspada Until 2:46AM Mon	Moon – Light Blue	Devaloka Day	
				Chaturdashi* Until 1:24PM	Pausha*Thai		

Monday, February 4, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kingston, Jamaica Sun 14 Sutra 295 Vilamba 5120
Makara Rasi: 16.4	Tithi 30 – 1	Gulika	1:45PM – 3:11PM	Shravana Until 7:32PM	Ganesh: Red	<i>Sunrise: 6:38AM</i>	
Family Home Evening		Yama	10:54AM – 12:20PM	Vyatipata* Until 10:27PM	Muruga: Clear	<i>Sunset: 6:01PM</i>	
Creative Work	Amrita Yoga	995173367	Rahu	8:04AM – 9:29AM	Nataraja: White	Moon 1 - Phase 40 Prathama	
Until 7:32PM				Kintughna Until 5:29AM Tue	Moon – Purple	Devaloka Day	
Then Creative Work - Siddha Yoga				Amavasya* Until 4:06PM	Magha*Thai		

1		Tuesday, February 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyian Yoga Bava Karana Prathamayam Titau		Kingston, Jamaica Sun 15 Sutra 296 Vilamba 5120	
Makara Rasi: 28.28	Tithi 1	Gulika	12:20PM – 1:45PM	Dhanishtha Until 10:39PM	Ganesh: Red	<i>Sunrise:</i> 6:38AM			
		Yama	9:29AM – 10:54AM	Variyan Until 11:24PM	Muruga: Clear	<i>Sunset:</i> 6:02PM		Moon 1 - Phase 41	
		995173367 Rahu	3:11PM – 4:36PM	Bava Until 6:48PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Prathama* Until 6:48PM	Moon – Purple			Devaloka Day	
Until 10:39PM					Magha-Thai				
Then Routine Work - Marana Yoga									

2		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 16 Sutra 297 Vilamba 5120	
Kumbha Rasi: 10.16	Tithi 2	Gulika	10:54AM – 12:20PM	Shatabhishak Until 1:30AM Thu	Ganesh: Red	<i>Sunrise:</i> 6:38AM			
		Yama	8:03AM – 9:29AM	Parigha* Until 12:18AM Thu	Muruga: Clear	<i>Sunset:</i> 6:02PM		Moon 1 - Phase 41	
		995173367 Rahu	12:20PM – 1:46PM	Balava Until 8:09AM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 9:25PM	Moon – Purple			Devaloka Day	
					Magha-Thai				

3		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau		Kingston, Jamaica Sun 17 Sutra 298 Vilamba 5120	
Kumbha Rasi: 22.08	Tithi 3	Gulika	9:29AM – 10:54AM	Purvaproshtapada* Until 4:29AM Fri	Ganesh: Blue	<i>Sunrise:</i> 6:37AM			
		Yama	6:37AM – 8:03AM	Shiva Until 1:03AM Fri	Muruga: Clear	<i>Sunset:</i> 6:03PM		Moon 1 - Phase 41	
		915173367 Rahu	1:46PM – 3:12PM	Taitila Until 10:40AM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Tritiya Until 11:50PM	Moon – Clear			Sivaloka Day	
					Magha-Thai				

4		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha Yoga Vanija/Visi* Karana Chaturthyam Titau		Kingston, Jamaica Sun 18 Sutra 299 Vilamba 5120	
Meena Rasi: 4.05	Tithi 4	Gulika	8:03AM – 9:29AM	Uttaraproshtapada Until 7:01AM Sat	Ganesh: Blue	<i>Sunrise:</i> 6:37AM			
		Yama	3:12PM – 4:38PM	Siddha Until 1:33AM Sat	Muruga: Clear	<i>Sunset:</i> 6:03PM		Moon 1 - Phase 41	
		915173367 Rahu	10:54AM – 12:20PM	Vanija Until 12:57PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Chaturthi* Until 1:57AM Sat	Moon – Clear			Sivaloka Day	
Until 7:01AM Sat					Magha-Thai				
Then Routine Work - Prabalarishta Yoga									

5		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 19 Sutra 300 Vilamba 5120	
Meena Rasi: 16.08	Tithi 5	Gulika	6:37AM – 8:03AM	Uttaraproshtapada Until 7:01AM	Ganesh: Red	<i>Sunrise:</i> 6:37AM			
		Yama	1:46PM – 3:12PM	Sadhya Until 7:01AM	Muruga: Clear	<i>Sunset:</i> 6:04PM		Moon 1 - Phase 41	
		915273367 Rahu	9:28AM – 10:54AM	Bava Until 2:54PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Panchami Until 3:41AM Sun	Moon – Clear			Devaloka Day	
Until 7:01AM					Magha-Thai				
Then Routine Work - Prabalarishta Yoga									

6		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Kingston, Jamaica Sun 20 Sutra 301 Vilamba 5120	
Meena Rasi: 28.22	Tithi 6	Gulika	3:12PM – 4:38PM	Revati Until 8:59AM	Ganesh: Red	<i>Sunrise:</i> 6:36AM			
		Yama	12:20PM – 1:46PM	Subha Until 1:38AM Mon	Muruga: Clear	<i>Sunset:</i> 6:04PM		Moon 1 - Phase 41	
		915273367 Rahu	4:38PM – 6:04PM	Kaulava Until 4:23PM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga			Shashthi* Until 4:54AM Mon	Moon – Clear			Devaloka Day	
Until 8:59AM					Magha-Thai				
Then Creative Work - Siddha Yoga									

Monday, February 11, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Kingston, Jamaica Sun 21 Sutra 302 Vilamba 5120	
Mesha Rasi: 10.49	Tithi 7	Gulika	1:46PM – 3:13PM	Ashvini Until 10:45AM	Ganesh: Blue	<i>Sunrise:</i> 6:36AM			
Family Home Evening		Yama	10:54AM – 12:20PM	Sukla Until 1:00AM Tue	Muruga: Clear	<i>Sunset:</i> 6:05PM		Moon 1 - Phase 41	
		925273367 Rahu	8:02AM – 9:28AM	Gara Until 5:18PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Saptami Until 5:29AM Tue	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

Tuesday, February 12, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 22 Sutra 303 Vilamba 5120	
Mesha Rasi: 23.34	Tithi 8	Gulika	12:20PM – 1:47PM	Bharani Until 11:44AM	Ganesh: Blue	<i>Sunrise:</i> 6:35AM			
		Yama	9:28AM – 10:54AM	Brahma Until 11:51PM	Muruga: Clear	<i>Sunset:</i> 6:05PM		Moon 1 - Phase 41	
		925273367 Rahu	3:13PM – 4:39PM	Visti Until 5:32PM	Nataraja: White			Ashtami	
Creative Work	Siddha Yoga			Ashtami* Until 5:22AM Wed	Moon – White			Bhuloka Day	
					Magha-Masi			Devaloka Time: 12:PM to 3:PM	

Wednesday, February 13, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Kingston, Jamaica Sun 23 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 6.38	Tithi 9	Gulika	10:54AM – 12:20PM	Krittika Until 11:52AM	Ganesh: Yellow	<i>Sunrise:</i> 6:35AM			
		Yama	8:01AM – 9:28AM	Indra Until 10:07PM	Muruga: Clear	<i>Sunset:</i> 6:06PM		Moon 1 - Phase 41	
		926273367 Rahu	12:20PM – 1:47PM	Balava Until 5:02PM	Nataraja: White			Navami	
Creative Work	Amrita Yoga			Navami* Until 4:28AM Thu	Moon – White			Devaloka Day	
Until 11:52AM					Magha-Masi				
Then Creative Work - Siddha Yoga									

1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau	Kingston, Jamaica Sun 24 Sutra 305 Vilamba 5120
936273367	Gulika	9:27AM – 10:54AM	Rohini Until 11:33AM	Ganesh: White	<i>Sunrise:</i> 6:34AM		
	Yama	6:34AM – 8:01AM	Vaidhriti* Until 7:45PM	Muruga: Clear	<i>Sunset:</i> 6:06PM	Moon 1 - Phase 42	
	Rahu	1:47PM – 3:13PM	Taitila Until 3:45PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Dashami Until 2:49AM Fri	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	Kingston, Jamaica Sun 25 Sutra 306 Vilamba 5120
936273367	Gulika	8:01AM – 9:27AM	Mrigashira Until 10:22AM	Ganesh: White	<i>Sunrise:</i> 6:34AM		
	Yama	3:13PM – 4:40PM	Vishkambha* Until 4:51PM	Muruga: Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 42	
	Rahu	10:54AM – 12:20PM	Vanija Until 1:45PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:30AM Sat	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvodashyam Titau	Kingston, Jamaica Sun 26 Sutra 307 Vilamba 5120
936273367	Gulika	6:33AM – 8:00AM	Ardra Until 8:23AM	Ganesh: White	<i>Sunrise:</i> 6:33AM		
	Yama	1:47PM – 3:14PM	Priti Until 1:26PM	Muruga: Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 42	
	Rahu	9:27AM – 10:54AM	Bava Until 11:07AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvodashi Until 9:35PM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kingston, Jamaica Sun 27 Sutra 308 Vilamba 5120
946273367	Gulika	3:14PM – 4:41PM	Punarvasu Until 6:09AM	Ganesh: Clear	<i>Sunrise:</i> 6:33AM		
	Yama	12:20PM – 1:47PM	Ayushman Until 9:36AM	Muruga: Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 42	
	Rahu	4:41PM – 6:07PM	Kaulava Until 7:58AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:14PM	Moon – Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata

○		Monday, February 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Kingston, Jamaica Sutra 309 Vilamba 5120
Copper Retreat Star		Gulika	1:47PM – 3:14PM	Ashlesha* Until 12:18AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:32AM	
Kataka Rasi: 18.17	Tithi 14 – 15	Yama	10:53AM – 12:20PM	Sobhana Until 1:12AM Tue	Muruga: Clear	<i>Sunset:</i> 6:08PM	
Family Home Evening	946273367	Rahu	7:59AM – 9:26AM	Visti Until 12:43AM Tue	Nataraja: White	Moon 1 - Phase 42	
Creative Work	Siddha Yoga				Moon – Blue	Purnima	
		Chidambaram Abhishekam		Chaturdashi* Until 2:35PM	Magha-Masi	Devaloka Day	

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kingston, Jamaica Sutra 310 Vilamba 5120
Silver Retreat Star		Gulika	12:20PM – 1:47PM	Magha* Until 9:24PM	Ganesh: Purple	<i>Sunrise:</i> 6:32AM	
Simha Rasi: 3.32	Tithi 15 – 16	Yama	9:26AM – 10:53AM	Athiganda* Until 8:52PM	Muruga: Clear	<i>Sunset:</i> 6:08PM	
956273367		Rahu	3:14PM – 4:41PM	Balava Until 8:55PM	Nataraja: White	Moon 1 - Phase 42	
Creative Work	Siddha Yoga				Moon – Red	Prathama	
				Purnima* Until 10:48AM	Magha-Masi	Sivaloka Day	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Sutra 311

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 18.46 Tihi 16 - 17

957273367

Gulika 10:53AM - 12:20PM
Yama 7:58AM - 9:26AM
Rahu 12:20PM - 1:47PM

Purvaphalguni Until 6:30PM
Sukarma Until 4:38PM
Gara Until 3:30AM Thu
Prathama* Until 7:03AM

Ganesha: Clear *Sunrise:* 6:31AM
Muruga: Clear *Sunset:* 6:09PM
Nataraja: White
Moon - Red
Magha-Masi

Devaloka Day

Creative Work Amrita Yoga

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 3.5 Tihi 18

957273367

Gulika 9:25AM - 10:53AM
Yama 6:31AM - 7:58AM
Rahu 1:47PM - 3:14PM

Uttaraphalguni Until 3:46PM
Dhriti Until 12:40PM
Vanija Until 1:53PM
Tritiya Until 12:20AM Fri

Ganesha: Clear *Sunrise:* 6:31AM
Muruga: Clear *Sunset:* 6:09PM
Nataraja: White
Moon - Red
Magha-Masi

Devaloka Day

Until 3:46PM
Then Routine Work - Marana Yoga

Amrita Yoga

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava Karana Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 18.37 Tihi 19

967273367

Gulika 7:58AM - 9:25AM
Yama 3:15PM - 4:42PM
Rahu 10:52AM - 12:20PM

Hasta Until 1:47PM
Shula* Until 9:01AM
Bava Until 10:57AM
Chaturthi* Until 9:41PM

Ganesha: White *Sunrise:* 6:30AM
Muruga: Clear *Sunset:* 6:09PM
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:47PM
Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Tailita Karana Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 2.59 Tihi 20

967273367

Gulika 6:29AM - 7:57AM
Yama 1:47PM - 3:15PM
Rahu 9:25AM - 10:52AM

Chitra Until 12:16PM
Vriddhi Until 3:20AM Sun
Kaulava Until 8:38AM
Panchami Until 7:43PM

Ganesha: White *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 6:10PM
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 12:16PM
Then Creative Work - Siddha Yoga

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 16.52 Tihi 21

967273367

Gulika 3:15PM - 4:42PM
Yama 12:19PM - 1:47PM
Rahu 4:42PM - 6:10PM

Svati Until 11:21AM
Dhruva Until 1:25AM Mon
Gara Until 7:03AM
Shashthi* Until 6:33PM

Ganesha: White *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 6:10PM
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 11:21AM
Then Routine Work - Marana Yoga

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Vrischika Rasi: 0.17 Tihi 22

977273367

Gulika 1:47PM - 3:15PM
Yama 10:52AM - 12:19PM
Rahu 7:56AM - 9:24AM

Vishakha Until 11:34AM
Vyaghata* Until 12:11AM Tue
Visti Until 6:18AM
Saptami Until 6:14PM

Ganesha: Yellow *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 6:10PM
Nataraja: White
Moon - Orange
Magha-Masi

Devaloka Day

Routine Work Marana Yoga
Until 11:34AM
Then Creative Work - Siddha Yoga

Family Home Evening

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 13.14 Tihi 23

978273367

Gulika 12:19PM - 1:47PM
Yama 9:23AM - 10:51AM
Rahu 3:15PM - 4:43PM

Anuradha Until 12:29PM
Harshana Until 11:39PM
Balava Until 6:26AM
Ashtami* Until 6:47PM

Ganesha: Blue *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 6:11PM
Nataraja: White
Moon - Orange
Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga
Until 12:29PM
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Tailita/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 25.47 Tihi 24

978273367

Gulika 10:51AM - 12:19PM
Yama 7:55AM - 9:23AM
Rahu 12:19PM - 1:47PM

Jyeshtha* Until 2:01PM
Vajra* Until 11:39PM
Tailita Until 7:23AM
Navami* Until 8:08PM

Ganesha: Blue *Sunrise:* 6:27AM
Muruga: Clear *Sunset:* 6:11PM
Nataraja: White
Moon - Orange
Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga
Until 2:01PM
Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau	Kingston, Jamaica Sun 8 Sutra 319 Vilamba 5120
Dhanus Rasi: 8.01	Tithi 25	Gulika	9:23AM – 10:51AM	Mula* Until 4:33PM	Ganesha: Red Sunrise: 6:26AM		
		Yama	6:26AM – 7:54AM	Siddhi Until 12:09AM Fri	Muruga: Clear Sunset: 6:11PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	988273367 Rahu	1:47PM – 3:15PM	Vanija Until 9:05AM	Nataraja: White	2nd Phase	
				Dashami Until 10:07PM	Moon – Light Blue Magha-Masi	Devaloka Day	

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau	Kingston, Jamaica Sun 9 Sutra 320 Vilamba 5120
Dhanus Rasi: 20.02	Tithi 26	Gulika	7:53AM – 9:22AM	Purvashadha* Until 7:22PM	Ganesha: Red Sunrise: 6:25AM		
		Yama	3:15PM – 4:44PM	Vyatipata* Until 12:59AM Sat	Muruga: Clear Sunset: 6:12PM	Moon 2 - Phase 44	
Routine Work	Prabalarishta Yoga	988273367 Rahu	10:50AM – 12:18PM	Bava Until 11:19AM	Nataraja: White	2nd Phase	
Until 7:22PM				Ekadashi* Until 12:34AM Sat	Moon – Light Blue Magha-Masi	Devaloka Day	
Then Routine Work - Marana Yoga							

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau	Kingston, Jamaica Sun 10 Sutra 321 Vilamba 5120
Makara Rasi: 1.53	Tithi 27	Gulika	6:24AM – 7:53AM	Uttarashadha Until 10:19PM	Ganesha: Red Sunrise: 6:24AM		
		Yama	1:47PM – 3:15PM	Variyan Until 1:58AM Sun	Muruga: Clear Sunset: 6:12PM	Moon 2 - Phase 44	
Routine Work	Marana Yoga	988273367 Rahu	9:21AM – 10:50AM	Kaulava Until 1:55PM	Nataraja: White	2nd Phase	
Until 10:19PM				Dvadashi* Until 3:15AM Sun	Moon – Light Blue Magha-Masi	Devaloka Day	
Then Creative Work - Siddha Yoga							

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau	Kingston, Jamaica Sun 11 Sutra 322 Vilamba 5120
Makara Rasi: 13.41	Tithi 28	Gulika	3:15PM – 4:44PM	Shravana Until 1:40AM Mon	Ganesha: Yellow Sunrise: 6:24AM		
		Yama	12:18PM – 1:47PM	Parigha* Until 3:02AM Mon	Muruga: Clear Sunset: 6:13PM	Moon 2 - Phase 44	
Creative Work	Amrita Yoga	998273367 Rahu	4:44PM – 6:13PM	Gara Until 4:39PM	Nataraja: White	2nd Phase	
Until 1:40AM Mon				Trayodashi* Until 6:00AM Mon	Moon – Purple Magha-Masi	Devaloka Day	
Then Creative Work - Siddha Yoga							
					<i>Pradosha Vrata (Fasting)</i>		

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 12 Sutra 323 Vilamba 5120
Makara Rasi: 25.27	Tithi 28 – 29	Gulika	1:47PM – 3:15PM	Dhanishtha Until 4:47AM Tue	Ganesha: Yellow Sunrise: 6:23AM		
Family Home Evening		Yama	10:49AM – 12:18PM	Shiva Until 4:03AM Tue	Muruga: Clear Sunset: 6:13PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	998273367 Rahu	7:52AM – 9:20AM	Visti Until 7:22PM	Nataraja: White	2nd Phase	
Until 4:47AM Tue				Trayodashi* Until 6:00AM	Moon – Purple Magha-Masi	Devaloka Day	
Then Routine Work - Marana Yoga		Mahasivaratri (Lunar)					
		Mahasivaratri (Solar)					

●		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kingston, Jamaica Sun 13 Sutra 324 Vilamba 5120
Retreat Star		Gulika	12:18PM – 1:47PM	Shatabhishak Until 7:33AM Wed	Ganesha: Clear Sunrise: 6:22AM		
Kumbha Rasi: 7.15	Tithi 29 – 30	Yama	9:20AM – 10:49AM	Siddha Until 4:53AM Wed	Muruga: Clear Sunset: 6:13PM	Moon 2 - Phase 44	
Routine Work	Marana Yoga	199273367 Rahu	3:15PM – 4:44PM	Catuspada Until 9:56PM	Nataraja: White	Amavasya	
Until 7:33AM Wed				Chaturdashi* Until 8:39AM	Moon – Purple Magha-Masi	Devaloka Day	
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sadya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kingston, Jamaica Sun 14 Sutra 325 Vilamba 5120
Kumbha Rasi: 19.08	Tithi 30 – 1	Gulika	10:48AM – 12:17PM	Shatabhishak Until 7:33AM	Ganesha: White Sunrise: 6:21AM		
		Yama	7:50AM – 9:19AM	Sadya Until 5:32AM Thu	Muruga: Clear Sunset: 6:13PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	199373367 Rahu	12:17PM – 1:46PM	Kintughna Until 12:14AM Thu	Nataraja: White	Prathama	
Until 7:33AM				Amavasya* Until 11:06AM	Moon – Purple Phalgun-Masi	Sivaloka Day	
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 326 Vilamba 5120	
Meena Rasi: 1.07	Tithi 1 – 2	Gulika Yama 119373367 Rahu	9:19AM – 10:48AM 6:21AM – 7:50AM 1:46PM – 3:15PM	Purvaproshtapada* Until 10:24AM Subha Until 5:58AM Fri Balava Until 2:13AM Fri Prathama* Until 1:15PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:21AM Sunset: 6:14PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 13.13	Tithi 2 – 3	Gulika Yama 119373367 Rahu	7:49AM – 9:18AM 3:15PM – 4:45PM 10:48AM – 12:17PM	Uttaraproshtapada Until 12:46PM Sukla Until 6:07AM Sat Taitila Until 3:53AM Sat Dvitiya Until 3:04PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:20AM Sunset: 6:14PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kingston, Jamaica Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 25.28	Tithi 3 – 4	Gulika Yama 119373367 Rahu	6:19AM – 7:49AM 1:46PM – 3:15PM 9:18AM – 10:47AM	Revati Until 2:38PM Sukla Until 6:07AM Vanija Until 5:09AM Sun Tritiya Until 4:33PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:19AM Sunset: 6:14PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Routine Work	Prabalarishta Yoga						
Until 2:38PM							
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day					
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 7.52	Tithi 4 – 5	Gulika Yama 129373367 Rahu	3:15PM – 4:45PM 12:16PM – 1:46PM 4:45PM – 6:14PM	Ashvini Until 4:27PM Indra Until 6:00AM Bava Until 6:01AM Mon Chaturthi* Until 5:38PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	Sunrise: 6:18AM Sunset: 6:14PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 4:27PM							
Then Routine Work - Prabalarishta Yoga							
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 20.27	Tithi 5	Gulika Yama 129373367 Rahu	1:46PM – 3:15PM 10:47AM – 12:16PM 7:47AM – 9:17AM	Bharani Until 5:41PM Vaidhriti* Until 4:45AM Tue Bava Until 6:01AM Panchami Until 6:16PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	Sunrise: 6:18AM Sunset: 6:15PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Family Home Evening							
Creative Work	Siddha Yoga						
Until 5:41PM							
Then Routine Work - Marana Yoga							
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Kingston, Jamaica Sun 20 Sutra 331 Vilamba 5120	
Vrishabha Rasi: 3.15	Tithi 6	Gulika Yama 129373367 Rahu	12:16PM – 1:46PM 9:16AM – 10:46AM 3:15PM – 4:45PM	Krittika Until 6:17PM Vishkambha* Until 3:33AM Wed Kaulava Until 6:25AM Shashthi* Until 6:24PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	Sunrise: 6:17AM Sunset: 6:15PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 6:17PM							
Then Creative Work - Amrita Yoga							
		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 332 Vilamba 5120	
Retreat Star		Gulika Yama 131373367 Rahu	10:46AM – 12:16PM 7:46AM – 9:16AM 12:16PM – 1:46PM	Rohini Until 6:39PM Priti Until 1:54AM Thu Gara Until 6:17AM Saptami Until 5:59PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalguna-Masi	Sunrise: 6:16AM Sunset: 6:15PM	Moon 2 - Phase 45 3rd Phase Sivaloka Day
Vrishabha Rasi: 16.19	Tithi 7 – 8						
Creative Work	Siddha Yoga						
7		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 333 Vilamba 5120	
Retreat Star		Gulika Yama 131373367 Rahu	9:15AM – 10:45AM 6:15AM – 7:45AM 1:45PM – 3:15PM	Mrigashira Until 6:15PM Ayushman Until 11:44PM Balava Until 4:12AM Fri Ashtami* Until 4:56PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalguna-Panguni	Sunrise: 6:15AM Sunset: 6:15PM	Moon 2 - Phase 45 Ashtami Sivaloka Day
Vrishabha Rasi: 29.41	Tithi 8 – 9						
Routine Work	Marana Yoga						
		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 23 Sutra 334 Vilamba 5120	
Retreat Star		Gulika Yama 131373367 Rahu	7:45AM – 9:15AM 3:15PM – 4:46PM 10:45AM – 12:15PM	Ardra Until 5:07PM Saubhagya Until 9:05PM Taitila Until 2:14AM Sat Navami* Until 3:17PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Phalguna-Panguni	Sunrise: 6:14AM Sunset: 6:16PM	Moon 2 - Phase 45 Navami Subha Sivaloka Day
Mithuna Rasi: 13.25	Tithi 9 – 10						
Creative Work	Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 27.32	Tithi 10 – 11	Gulika 6:14AM – 7:44AM	Punarvasu Until 3:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:14AM	
		Yama 1:45PM – 3:15PM	Sobhana Until 6:00PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 9:14AM – 10:45AM	Vanija Until 11:44PM	Nataraja: Clear		4th Phase
			Dashami Until 1:02PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 12	Tithi 11 – 12	Gulika 3:15PM – 4:46PM	Pushya Until 1:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:13AM	
		Yama 12:15PM – 1:45PM	Athiganda* Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 4:46PM – 6:16PM	Bava Until 8:45PM	Nataraja: Clear		4th Phase
			Ekadashi Until 10:16AM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 26.47	Tithi 12 – 13	Gulika 1:45PM – 3:15PM	Ashlesha* Until 11:01AM	Ganesh: Clear	<i>Sunrise:</i> 6:12AM	
Family Home Evening		Yama 10:44AM – 12:14PM	Sukarma Until 10:40AM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 7:43AM – 9:13AM	Taitila Until 3:41AM Tue	Nataraja: Clear		4th Phase
Until 11:01AM			Dvadashi Until 7:07AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga		Yogaswami Mahasamadhi	<i>Pradosha Vrata</i>	Phalguna•Panguni		

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 11.47	Tithi 14	Gulika 12:14PM – 1:45PM	Magha* Until 8:27AM	Ganesh: White	<i>Sunrise:</i> 6:11AM	
		Yama 9:13AM – 10:43AM	Dhriti Until 6:40AM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	151373368 Rahu 3:15PM – 4:46PM	Gara Until 1:56PM	Nataraja: Clear		4th Phase
			Chaturdashi* Until 12:08AM Wed	Moon – Red		Subha Sivaloka Day
				Phalguna•Panguni		

Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 10:43AM – 12:14PM	Uttaraphalguni Until 2:50AM Thu	Ganesh: White	<i>Sunrise:</i> 6:10AM	
Simha Rasi: 26.52	Tithi 15	Yama 7:41AM – 9:12AM	Ganda* Until 10:31PM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Amrita Yoga	151373368 Rahu 12:14PM – 1:44PM	Visti Until 10:23AM	Nataraja: Clear		Purnima
Until 2:50AM Thu			Purnima* Until 8:37PM	Moon – Red		Subha Sivaloka Day
Then Routine Work - Marana Yoga		Panguni Uttiram		Phalguna•Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 9:11AM – 10:42AM	Hasta Until 12:33AM Fri	Ganesh: Yellow	<i>Sunrise:</i> 6:10AM	
Kanya Rasi: 11.52	Tithi 16 – 17	Yama 6:10AM – 7:41AM	Vriddhi Until 6:41PM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Routine Work	Marana Yoga	161383368 Rahu 1:44PM – 3:15PM	Balava Until 6:57AM	Nataraja: Clear		Prathama
Until 12:33AM Fri			Prathama* Until 5:19PM	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga				Phalguna•Panguni		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam

Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 341

Kanya Rasi: 26.39 Tihi 17 - 18

Gulika 7:40AM - 9:11AM

Chitra Until 10:33PM

Ganesha: Yellow Sunrise: 6:09AM

Vilamba 5120

Yama 3:15PM - 4:46PM

Dhruva Until 3:08PM

Muruga: White Sunset: 6:17PM

Moon 3 - Phase 47

162383368 Rahu 10:42AM - 12:13PM

Vanija Until 1:09AM Sat

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 2:24PM

Moon - Green
Phalguna-Panguni

Devaloka Day

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam

Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Kingston, Jamaica

Sun 2 Sutra 342

Tula Rasi: 11.05 Tihi 18 - 19

Gulika 6:08AM - 7:39AM

Svati Until 9:02PM

Ganesha: Blue Sunrise: 6:08AM

Vilamba 5120

Yama 1:44PM - 3:15PM

Vyaghata* Until 12:03PM

Muruga: White Sunset: 6:17PM

Moon 3 - Phase 47

162383368 Rahu 9:10AM - 10:42AM

Bava Until 11:07PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:02PM

Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam

Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 343

Tula Rasi: 25.05 Tihi 19 - 20

Gulika 3:15PM - 4:46PM

Vishakha Until 8:31PM

Ganesha: Red Sunrise: 6:07AM

Vilamba 5120

Yama 12:12PM - 1:44PM

Harshana Until 9:33AM

Muruga: White Sunset: 6:18PM

Moon 3 - Phase 47

172383368 Rahu 4:46PM - 6:18PM

Kaulava Until 9:50PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 10:21AM

Moon - Orange
Phalguna-Panguni

Devaloka Day

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam

Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Kingston, Jamaica

Sun 4 Sutra 344

Vrischika Rasi: 9 Tihi 20 - 21

Gulika 1:44PM - 3:15PM

Anuradha Until 8:43PM

Ganesha: Red Sunrise: 6:06AM

Vilamba 5120

Family Home Evening

Yama 10:41AM - 12:12PM

Vajra* Until 7:41AM

Muruga: White Sunset: 6:18PM

Moon 3 - Phase 47

172383368 Rahu 7:38AM - 9:09AM

Gara Until 9:24PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 9:29AM

Moon - Orange
Phalguna-Panguni

Devaloka Day

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 345

Vrischika Rasi: 21.39 Tihi 21 - 22

Gulika 12:12PM - 1:43PM

Jyeshtha* Until 9:37PM

Ganesha: Red Sunrise: 6:06AM

Vilamba 5120

Yama 9:09AM - 10:40AM

Siddhi Until 6:31AM

Muruga: White Sunset: 6:18PM

Moon 3 - Phase 47

172383368 Rahu 3:15PM - 4:47PM

Visti Until 9:52PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi* Until 9:30AM

Moon - Orange
Phalguna-Panguni

Devaloka Day

Until 9:37PM

Then Creative Work - Amrita Yoga

D

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 346

Retreat Star

Dhanus Rasi: 4.16 Tihi 22 - 23

Gulika 10:40AM - 12:12PM

Mula* Until 11:38PM

Ganesha: Green Sunrise: 6:05AM

Vilamba 5120

Yama 7:36AM - 9:08AM

Vyatipata* Until 6:02AM

Muruga: White Sunset: 6:18PM

Moon 3 - Phase 47

182383368 Rahu 12:12PM - 1:43PM

Balava Until 11:10PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Saptami Until 10:24AM

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 11:38PM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 347

Retreat Star

Dhanus Rasi: 16.33 Tihi 23 - 24

Gulika 9:08AM - 10:39AM

Purvashadha* Until 2:10AM Fri

Ganesha: Green Sunrise: 6:04AM

Vilamba 5120

Yama 6:04AM - 7:36AM

Variyan Until 6:09AM

Muruga: White Sunset: 6:18PM

Moon 3 - Phase 47

182383368 Rahu 1:43PM - 3:15PM

Taitila Until 1:09AM Fri

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 12:04PM

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 2:10AM Fri

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Friday, March 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashyam Titau				Kingston, Jamaica
	Dhanus Rasi: 28.34	Tithi 24 – 25	Gulika 7:35AM – 9:07AM Yama 3:15PM – 4:47PM 192383468 Rahu 10:39AM – 12:11PM	Uttarashadha Until 4:54PM Sat Parigha* Until 6:45AM Vanija Until 3:36AM Sat Navami* Until 2:19PM	Ganesha: Green <i>Sunrise:</i> 6:03AM Muruga: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Light Blue Phalguna•Panguni	Sun 8 Sutra 348 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Devaloka Day
	Routine Work Marana Yoga Until 4:54PM Sat Then Creative Work - Siddha Yoga						


2	Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica
	Makara Rasi: 10.25	Tithi 25 – 26	Gulika 6:02AM – 7:34AM Yama 1:43PM – 3:15PM 192383468 Rahu 9:06AM – 10:39AM	Uttarashadha Until 4:54PM Shiva Until 8:45AM Sun Bava Until 6:17AM Sun Dashami Until 4:54PM	Ganesha: Orange <i>Sunrise:</i> 6:02AM Muruga: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Purple Phalguna•Panguni	Sun 9 Sutra 349 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Sivaloka Day
	Creative Work Siddha Yoga						


3	Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica
	Makara Rasi: 22.12	Tithi 26	Gulika 3:15PM – 4:47PM Yama 12:10PM – 1:43PM 192383468 Rahu 4:47PM – 6:19PM	Shravana Until 8:17AM Siddha Until 8:45AM Bava Until 6:17AM Ekadashi* Until 7:36PM	Ganesha: Orange <i>Sunrise:</i> 6:01AM Muruga: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Purple Phalguna•Panguni	Sun 10 Sutra 350 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Sivaloka Day
	Creative Work Amrita Yoga Until 8:17AM Then Routine Work - Marana Yoga						

4	Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Dvadashyam Titau				Kingston, Jamaica
	Kumbha Rasi: 3.59	Tithi 27	Gulika 1:43PM – 3:15PM Yama 10:38AM – 12:10PM 192483468 Rahu 7:34AM – 9:06AM	Dhanishtha Until 11:25AM Sadhya Until 9:47AM Kaulava Until 8:56AM Dvadashi* Until 10:11PM	Ganesha: Green <i>Sunrise:</i> 6:01AM Muruga: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Purple Phalguna•Panguni	Sun 11 Sutra 351 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Subha Sivaloka Day
	Family Home Evening Creative Work Siddha Yoga						

5	Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica
	Kumbha Rasi: 15.51	Tithi 28	Gulika 12:10PM – 1:42PM Yama 9:05AM – 10:38AM 192483468 Rahu 3:15PM – 4:47PM	Shatabhishak Until 2:10PM Subha Until 10:41AM Gara Until 11:23AM Trayodashi* Until 12:28AM Wed	Ganesha: Green <i>Sunrise:</i> 6:01AM Muruga: Yellow <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Purple Phalguna•Panguni	Sun 12 Sutra 352 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Subha Sivaloka Day
	Routine Work Marana Yoga		<i>Pradosha Vrata (Fasting)</i>				

6	Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica
	Kumbha Rasi: 27.49	Tithi 29	Gulika 10:37AM – 12:10PM Yama 7:32AM – 9:05AM 112483468 Rahu 12:10PM – 1:42PM	Purvaproshtapada* Until 4:55PM Sukla Until 11:17AM Visti Until 1:30PM Chaturdashi* Until 2:22AM Thu	Ganesha: Orange <i>Sunrise:</i> 6:00AM Muruga: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Clear Phalguna•Panguni	Sun 13 Sutra 353 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Sivaloka Day
	Creative Work Amrita Yoga Until 4:55PM Then Creative Work - Siddha Yoga						

	Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica
	Retreat Star		Gulika 9:04AM – 10:37AM Yama 5:59AM – 7:32AM 112483468 Rahu 1:42PM – 3:15PM	Uttaraproshtapada Until 7:06PM Brahma Until 11:36AM Catuspada Until 3:11PM Amavasya* Until 3:51AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:59AM Muruga: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Clear Phalguna•Panguni	Sun 14 Sutra 354 Vilamba 5120 Moon 3 - Phase 48 Amavasya	Sivaloka Day
	Meena Rasi: 9.58 Tithi 30 Creative Work Siddha Yoga						

	Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica
	Retreat Star		Gulika 7:31AM – 9:04AM Yama 3:15PM – 4:47PM 113483468 Rahu 10:36AM – 12:09PM	Revati Until 8:42PM Indra Until 11:37AM Kintughna Until 4:27PM Prathama* Until 4:54AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM Muruga: Yellow <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Clear Chaitra•Panguni	Sun 15 Sutra 355 Vilamba 5120 Moon 3 - Phase 48 Prathama	Devaloka Day
	Meena Rasi: 22.16 Tithi 1 Creative Work Siddha Yoga Until 8:42PM Then Creative Work - Amrita Yoga		Yugadhi				

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Saturday, April 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 16 Sutra 356 Vilamba 5120	
Mesha Rasi: 4.46	Tithi 2	Gulika 5:57AM - 7:30AM	Ashvini Until 10:13PM	Ganesh: Purple	Sunrise: 5:57AM	Muruga: Yellow	Sunset: 6:20PM	Moon 3 - Phase 49	3rd Phase
Creative Work	Siddha Yoga	Yama 1:42PM - 3:14PM	Vaidhriti* Until 11:15AM	Nataraja: Purple					
		123483468 Rahu 9:03AM - 10:36AM	Balava Until 5:17PM	Moon - White					
		Chellappaswami Mahasamadhi	Dvitiya Until 5:31AM Sun	Chaitra-Panguni				Devaloka Day	

2		Sunday, April 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau		Kingston, Jamaica Sun 17 Sutra 357 Vilamba 5120	
Mesha Rasi: 17.27	Tithi 3	Gulika 3:14PM - 4:47PM	Bharani Until 5:37AM Tue Mon	Ganesh: Purple	Sunrise: 5:57AM	Muruga: Yellow	Sunset: 6:20PM	Moon 3 - Phase 49	3rd Phase
Routine Work	Prabalarishta Yoga	Yama 12:09PM - 1:41PM	Vishkambha* Until 10:36AM	Nataraja: Purple					
Until 5:37AM Tue Mon		123483468 Rahu 4:47PM - 6:20PM	Taitila Until 5:42PM	Moon - White					
Then Creative Work - Siddha Yoga			Tritiya Until 5:45AM Mon	Chaitra-Panguni				Devaloka Day	

3		Monday, April 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Kingston, Jamaica Sun 18 Sutra 358 Vilamba 5120	
Vrishabha Rasi: 0.19	Tithi 4	Gulika 1:41PM - 3:14PM	Bharani Until 5:37AM Tue	Ganesh: Purple	Sunrise: 5:56AM	Muruga: Yellow	Sunset: 6:21PM	Moon 3 - Phase 49	3rd Phase
Family Home Evening		Yama 10:35AM - 12:08PM	Priti Until 8:25AM Tue	Nataraja: Purple					
Routine Work	Marana Yoga	123483468 Rahu 7:29AM - 9:02AM	Vanija Until 5:45PM	Moon - White					
Until 5:37AM Tue			Chaturthi* Until 5:37AM Tue	Chaitra-Panguni				Devaloka Day	
Then Creative Work - Amrita Yoga									

4		Tuesday, April 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 19 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 13.22	Tithi 5	Gulika 12:08PM - 1:41PM	Rohini Until 12:03AM Wed	Ganesh: Clear	Sunrise: 5:55AM	Muruga: Yellow	Sunset: 6:21PM	Moon 3 - Phase 49	3rd Phase
Creative Work	Amrita Yoga	Yama 9:02AM - 10:35AM	Ayushman Until 8:25AM	Nataraja: Purple					
Until 12:03AM Wed		123483468 Rahu 3:14PM - 4:48PM	Bava Until 5:26PM	Moon - Yellow					
Then Creative Work - Siddha Yoga			Panchami Until 5:07AM Wed	Chaitra-Panguni				Sivaloka Day	

5		Wednesday, April 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau		Kingston, Jamaica Sun 20 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 26.37	Tithi 6	Gulika 10:34AM - 12:08PM	Mrigashira Until 11:56PM	Ganesh: Clear	Sunrise: 5:54AM	Muruga: Yellow	Sunset: 6:21PM	Moon 3 - Phase 49	3rd Phase
Creative Work	Siddha Yoga	Yama 7:28AM - 9:01AM	Saubhagya Until 6:53AM	Nataraja: Purple					
		123483468 Rahu 12:08PM - 1:41PM	Kaulava Until 4:44PM	Moon - Yellow					
			Shashthi* Until 4:14AM Thu	Chaitra-Panguni				Sivaloka Day	

6		Thursday, April 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Kingston, Jamaica Sun 21 Sutra 361 Vilamba 5120	
Mithuna Rasi: 10.05	Tithi 7	Gulika 9:01AM - 10:34AM	Ardra Until 11:16PM	Ganesh: Clear	Sunrise: 5:54AM	Muruga: Yellow	Sunset: 6:21PM	Moon 3 - Phase 49	3rd Phase
Routine Work	Marana Yoga	Yama 5:54AM - 7:27AM	Athiganda* Until 2:53AM Fri	Nataraja: Purple					
Until 11:16PM		123483468 Rahu 1:41PM - 3:14PM	Gara Until 3:39PM	Moon - Yellow					
Then Creative Work - Amrita Yoga			Saptami Until 2:56AM Fri	Chaitra-Panguni				Sivaloka Day	

D		Friday, April 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 22 Sutra 362 Vilamba 5120	
Mithuna Rasi: 23.46	Tithi 8	Gulika 7:26AM - 9:00AM	Punarvasu Until 10:29PM	Ganesh: White	Sunrise: 5:53AM	Muruga: Yellow	Sunset: 6:21PM	Moon 3 - Phase 49	Ashtami
Creative Work	Siddha Yoga	Yama 3:14PM - 4:48PM	Sukarma Until 12:23AM Sat	Nataraja: Purple					
Until 10:29PM		143483468 Rahu 10:34AM - 12:07PM	Visti Until 2:08PM	Moon - Blue					
Then Routine Work - Marana Yoga			Ashtami* Until 1:13AM Sat	Chaitra-Panguni				Devaloka Day	

D		Saturday, April 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Kingston, Jamaica Sun 23 Sutra 363 Vilamba 5120	
Kataka Rasi: 7.43	Tithi 9	Gulika 5:52AM - 7:26AM	Pushya Until 9:09PM	Ganesh: White	Sunrise: 5:52AM	Muruga: Yellow	Sunset: 6:22PM	Moon 3 - Phase 49	Navami
Creative Work	Siddha Yoga	Yama 1:41PM - 3:14PM	Dhriti Until 9:35PM	Nataraja: Purple					
Until 9:09PM		143483468 Rahu 8:59AM - 10:33AM	Balava Until 12:13PM	Moon - Blue					
Then Routine Work - Marana Yoga		Sri Rama Navami	Navami* Until 11:06PM	Chaitra-Panguni				Devaloka Day	

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kingston, Jamaica
Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 364		Vikarin 5121		
Kataka Rasi: 21.55	Tithi 10	Gulika 3:14PM – 4:48PM	Ashlesha* Until 7:19PM	Ganesh: Clear	<i>Sunrise:</i> 5:51AM	
		Yama 12:07PM – 1:40PM	Shula* Until 6:27PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
	243483468	Rahu 4:48PM – 6:22PM	Taitila Until 9:55AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:37PM	Moon – Blue		Sivaloka Day
Until 7:19PM		Tamil New Year		Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Kingston, Jamaica
Magha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 1		Vikarin 5121		
Simha Rasi: 6.22	Tithi 11 – 12	Gulika 1:40PM – 3:14PM	Magha* Until 5:27PM	Ganesh: White	<i>Sunrise:</i> 5:51AM	
Family Home Evening		Yama 10:32AM – 12:06PM	Ganda* Until 3:05PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
	253483468	Rahu 7:25AM – 8:58AM	Vanija Until 7:16AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 5:50PM	Moon – Red		Devaloka Day
Until 5:27PM				Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Kingston, Jamaica
Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 2		Vikarin 5121		
Simha Rasi: 20.59	Tithi 12 – 13	Gulika 12:06PM – 1:40PM	Purvaphalguni Until 3:16PM	Ganesh: White	<i>Sunrise:</i> 5:50AM	
		Yama 8:58AM – 10:32AM	Vridhhi Until 11:33AM	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
	253483468	Rahu 3:14PM – 4:48PM	Kaulava Until 1:22AM Wed	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:52PM	Moon – Red		Devaloka Day
Until 3:16PM				Chaitra•Chaitra		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Kingston, Jamaica
Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 3		Vikarin 5121		
Kanya Rasi: 5.41	Tithi 13 – 14	Gulika 10:32AM – 12:06PM	Uttaraphalguni Until 12:53PM	Ganesh: White	<i>Sunrise:</i> 5:49AM	
		Yama 7:23AM – 8:57AM	Dhruva Until 7:56AM	Muruga: Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
	253483468	Rahu 12:06PM – 1:40PM	Gara Until 10:22PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 11:50AM	Moon – Red		Devaloka Day
Until 12:53PM				Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Kingston, Jamaica
Copper Retreat Star		Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 4		Vikarin 5121
Kanya Rasi: 20.22	Tithi 14 – 15	Gulika 8:57AM – 10:31AM	Hasta Until 10:51AM	Ganesh: Yellow	<i>Sunrise:</i> 5:48AM	
		Yama 5:48AM – 7:23AM	Harshana Until 12:59AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
	263483468	Rahu 1:40PM – 3:14PM	Visti Until 7:30PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 8:53AM	Moon – Green		Sivaloka Day
Until 10:51AM		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Kingston, Jamaica
Silver Retreat Star		Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29 Sutra 5		Vikarin 5121
Tula Rasi: 4.53	Tithi 15 – 16	Gulika 7:22AM – 8:57AM	Chitra Until 8:56AM	Ganesh: Yellow	<i>Sunrise:</i> 5:48AM	
		Yama 3:14PM – 4:49PM	Vajra* Until 9:51PM	Muruga: Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
	263483468	Rahu 10:31AM – 12:05PM	Kaulava Until 3:49AM Sat	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:09AM	Moon – Green		Sivaloka Day
				Chaitra•Chaitra		