



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Kathmandu, Nepal

Sutra 16

Vilamba 5120

Moon 4 - Phase 3
1st Phase

Tula Rasi: 28.07 Tihi 16 – 17

273832369

Gulika 11:47AM – 1:26PM
Yama 8:29AM – 10:08AM
Rahu 3:05PM – 4:43PM

Vishakha Until 3:53PM
Vyatipata* Until 9:36AM
Taitila Until 7:10PM

Ganesh: Purple
Muruga: White
Nataraja: Purple
Moon – Orange

Sunrise: 5:11AM
Sunset: 6:22PM

Bhuloka Day

Routine Work Marana Yoga
Until 3:53PM
Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 17

Vilamba 5120

Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 10.41 Tihi 17 – 18

273832369

Gulika 10:07AM – 11:46AM
Yama 6:49AM – 8:28AM
Rahu 11:46AM – 1:26PM

Anuradha Until 5:35PM
Variyan Until 9:18AM
Vanija Until 8:19PM
Dvitya Until 7:39AM

Ganesh: Purple
Muruga: White
Nataraja: Purple
Moon – Orange

Sunrise: 5:10AM
Sunset: 6:23PM

Bhuloka Day

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal

Sun 2 Sutra 18

Vilamba 5120

Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 23 Tihi 18 – 19

274832369

Gulika 8:28AM – 10:07AM
Yama 5:09AM – 6:48AM
Rahu 1:26PM – 3:05PM

Jyeshtha* Until 7:38PM
Parigha* Until 9:26AM
Bava Until 10:00PM
Tritiya Until 9:04AM

Ganesh: Clear
Muruga: White
Nataraja: Purple
Moon – Orange

Sunrise: 5:09AM
Sunset: 6:24PM

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 7:38PM
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal

Sun 3 Sutra 19

Vilamba 5120

Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 5.07 Tihi 19 – 20

284832369

Gulika 6:48AM – 8:27AM
Yama 3:05PM – 4:45PM
Rahu 10:07AM – 11:46AM

Mula* Until 10:29PM
Shiva Until 9:58AM
Kaulava Until 12:09AM Sat
Chaturthi* Until 11:00AM

Ganesh: White
Muruga: White
Nataraja: Purple
Moon – Light Blue

Sunrise: 5:08AM
Sunset: 6:24PM

Devaloka Day

Creative Work Amrita Yoga
Until 10:29PM
Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal

Sun 4 Sutra 20

Vilamba 5120

Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 17.03 Tihi 20 – 21

284832369

Gulika 5:08AM – 6:47AM
Yama 1:26PM – 3:05PM
Rahu 8:27AM – 10:07AM

Purvashadha* Until 1:29AM Sun
Siddha Until 10:47AM
Gara Until 2:37AM Sun
Panchami Until 1:20PM

Ganesh: White
Muruga: White
Nataraja: Purple
Moon – Light Blue

Sunrise: 5:08AM
Sunset: 6:25PM

Devaloka Day

Creative Work Siddha Yoga
Until 1:29AM Sun
Then Creative Work - Amrita Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 21

Vilamba 5120

Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 28.53 Tihi 21 – 22

284832369

Gulika 3:06PM – 4:45PM
Yama 11:46AM – 1:26PM
Rahu 4:45PM – 6:25PM

Uttarashadha Until 6:26PM Mon
Sadhya Until 11:48AM
Visti Until 5:12AM Mon
Shashthi* Until 3:53PM

Ganesh: White
Muruga: White
Nataraja: Purple
Moon – Light Blue

Sunrise: 5:07AM
Sunset: 6:25PM

Devaloka Day

Creative Work Amrita Yoga

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 22

Vilamba 5120

Moon 4 - Phase 3
1st Phase

Makara Rasi: 10.41 Tihi 22

294832369

Gulika 1:26PM – 3:06PM
Yama 10:06AM – 11:46AM
Rahu 6:46AM – 8:26AM

Uttarashadha Until 6:26PM
Subha Until 13:44AM Tue
Bava Until 6:26PM
Saptami Until 6:26PM

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon – Purple

Sunrise: 5:06AM
Sunset: 6:26PM

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Family Home Evening
Creative Work Amrita Yoga
Until 6:26PM
Then Creative Work - Siddha Yoga

Retreat Star

Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 23

Vilamba 5120

Moon 4 - Phase 3
Ashtami

Makara Rasi: 22.32 Tihi 23

294832369

Gulika 11:46AM – 1:26PM
Yama 8:26AM – 10:06AM
Rahu 3:06PM – 4:46PM

Shravana Until 7:34AM
Sukla Until 1:44PM
Balava Until 7:38AM
Ashtami* Until 8:42PM

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon – Purple

Sunrise: 5:05AM
Sunset: 6:26PM

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Chidambaram Abhishekam

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal

Sun 8 Sutra 24

Vilamba 5120

Moon 4 - Phase 3
Navami

Kumbha Rasi: 4.33 Tihi 24

294832369

Gulika 10:06AM – 11:46AM
Yama 6:45AM – 8:25AM
Rahu 11:46AM – 1:26PM

Dhanishtha Until 11:30PM Thu
Brahma Until 2:16PM
Taitila Until 9:40AM
Navami* Until 10:27PM

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon – Purple

Sunrise: 5:05AM
Sunset: 6:27PM

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 11:30PM Thu
Then Creative Work - Siddha Yoga

1 Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Purvaprossthapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Kathmandu, Nepal Sun 9 Sutra 25 Vilamba 5120
Kumbha Rasi: 16.47	Tithi 25	Gulika 8:25AM – 10:05AM	Dhanishtha Until 11:30PM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	
		Yama 5:04AM – 6:44AM	Indra Until 2:19PM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4
294832369	Rahu 1:26PM – 3:07PM		Vanija Until 11:05AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:30PM	Moon – Purple		
				Vaisaka-Chaitra		Bhuloka Day Devaloka Time: 9:AM to 12:PM

2 Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 26 Vilamba 5120
Kumbha Rasi: 29.22	Tithi 26	Gulika 6:44AM – 8:25AM	Purvaprossthapada* Until 1:25PM	Ganesha: Yellow	<i>Sunrise:</i> 5:03AM	
		Yama 3:07PM – 4:48PM	Vaidhriti* Until 1:44PM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4
214832369	Rahu 10:05AM – 11:46AM		Bava Until 11:44AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:44PM	Moon – Clear		
				Vaisaka-Chaitra		Bhuloka Day Devaloka Time: 9:AM to 12:PM

3 Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kathmandu, Nepal Sun 11 Sutra 27 Vilamba 5120
Meena Rasi: 12.19	Tithi 27	Gulika 5:03AM – 6:43AM	Uttaraprossthapada Until 1:52PM	Ganesha: Blue	<i>Sunrise:</i> 5:03AM	
		Yama 1:26PM – 3:07PM	Vishkambha* Until 12:31PM	Muruga: White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 4
214932369	Rahu 8:24AM – 10:05AM		Kaulava Until 11:33AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:09PM	Moon – Clear		
Until 1:52PM				Vaisaka-Chaitra		Bhuloka Day
Then Routine Work - Prabararishta Yoga						

4 Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashyam Titau				Kathmandu, Nepal Sun 12 Sutra 28 Vilamba 5120
Meena Rasi: 25.42	Tithi 28	Gulika 3:08PM – 4:48PM	Revati Until 1:23PM	Ganesha: Blue	<i>Sunrise:</i> 5:02AM	
		Yama 11:46AM – 1:27PM	Priti Until 1:23PM	Muruga: White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 4
214932369	Rahu 4:48PM – 6:29PM		Gara Until 10:35AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 9:48PM	Moon – Clear		
Until 1:23PM		Mother's Day		Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 13 Sutra 29 Vilamba 5120
Mesha Rasi: 9.3	Tithi 29	Gulika 1:27PM – 3:08PM	Ashvini Until 12:31PM	Ganesha: Blue	<i>Sunrise:</i> 5:02AM	
Family Home Evening		Yama 10:05AM – 11:46AM	Ayushman Until 8:15AM	Muruga: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 4
224932369	Rahu 6:43AM – 8:24AM		Visti Until 8:54AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:50PM	Moon – White		
				Vaisaka-Chaitra		Bhuloka Day

Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 30 Vilamba 5120
Retreat Star		Gulika 11:46AM – 1:27PM	Bharani Until 10:58AM	Ganesha: Blue	<i>Sunrise:</i> 5:01AM	
Mesha Rasi: 23.41	Tithi 30 – 1	Yama 8:23AM – 10:05AM	Sobhana Until 2:07AM Wed	Muruga: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 4
224932369	Rahu 3:08PM – 4:49PM		Catuspada Until 6:39AM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:21PM	Moon – White		
				Vaisaka-Vaikasi		Bhuloka Day

Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 31 Vilamba 5120
Retreat Star		Gulika 10:04AM – 11:46AM	Krittika Until 8:52AM	Ganesha: Red	<i>Sunrise:</i> 5:00AM	
Vrishabha Rasi: 8.1	Tithi 1 – 2	Yama 6:42AM – 8:23AM	Athiganda* Until 10:38PM	Muruga: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 4
225932369	Rahu 11:46AM – 1:27PM		Balava Until 24:63	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 2:07AM Wed	Moon – White		
Until 8:52AM				Jyeshtha Adhika-Vaikasi		Bhuloka Day Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

1 Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal
Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 16 Sutra 32
Vrishabha Rasi: 22.49 Tithi 2 - 3		Gulika 8:23AM - 10:04AM	Rohini Until 6:50AM	Ganesha: Yellow <i>Sunrise:</i> 5:00AM	Vilamba 5120	
235932369		Yama 5:00AM - 6:41AM	Sukarma Until 7:04PM	Muruga: White <i>Sunset:</i> 6:32PM	Moon 4 - Phase 5	
Routine Work Marana Yoga		Rahu 1:27PM - 3:09PM	Taitila Until 10:00PM	Nataraja: Purple	3rd Phase	
					Bhuloka Day	
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

2 Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal
Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau						Sun 17 Sutra 33
Mithuna Rasi: 7.31 Tithi 3 - 4		Gulika 6:41AM - 8:23AM	Ardra Until 2:16AM Sat	Ganesha: Yellow <i>Sunrise:</i> 4:59AM	Vilamba 5120	
235932369		Yama 3:09PM - 4:51PM	Dhriti Until 3:30PM	Muruga: White <i>Sunset:</i> 6:32PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 10:04AM - 11:46AM	Vanija Until 6:59PM	Nataraja: Purple	3rd Phase	
					Bhuloka Day	
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

3 Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal
Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau						Sun 18 Sutra 34
Mithuna Rasi: 22.11 Tithi 5		Gulika 4:59AM - 6:41AM	Punarvasu Until 12:25AM Sun	Ganesha: White <i>Sunrise:</i> 4:59AM	Vilamba 5120	
245932369		Yama 1:28PM - 3:09PM	Shula* Until 12:02PM	Muruga: White <i>Sunset:</i> 6:33PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 8:22AM - 10:04AM	Bava Until 4:07PM	Nataraja: Purple	3rd Phase	
					Devaloka Day	
					Jyeshtha Adhika-Vaikasi	

4 Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal
Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashthiyam Titau						Sun 19 Sutra 35
Kataka Rasi: 6.41 Tithi 6		Gulika 3:10PM - 4:51PM	Pushya Until 10:43PM	Ganesha: White <i>Sunrise:</i> 4:58AM	Vilamba 5120	
245932369		Yama 11:46AM - 1:28PM	Ganda* Until 8:46AM	Muruga: White <i>Sunset:</i> 6:33PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 4:51PM - 6:33PM	Kaulava Until 1:30PM	Nataraja: Purple	3rd Phase	
					Devaloka Day	
					Jyeshtha Adhika-Vaikasi	

5 Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal
Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau						Sun 20 Sutra 36
Kataka Rasi: 20.58 Tithi 7		Gulika 1:28PM - 3:10PM	Ashlesha* Until 9:14PM	Ganesha: White <i>Sunrise:</i> 4:58AM	Vilamba 5120	
245932369		Yama 10:04AM - 11:46AM	Dhruva Until 3:05AM Tue	Muruga: White <i>Sunset:</i> 6:34PM	Moon 4 - Phase 5	
Family Home Evening		Rahu 6:40AM - 8:22AM	Gara Until 9:19AM Tue	Nataraja: Purple	3rd Phase	
Creative Work Siddha Yoga					Devaloka Day	
Until 9:14PM					Jyeshtha Adhika-Vaikasi	
Then Routine Work - Marana Yoga						

Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal
Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau						Sun 21 Sutra 37
Simha Rasi: 5 Tithi 8		Gulika 11:46AM - 1:28PM	Magha* Until 8:25PM	Ganesha: Clear <i>Sunrise:</i> 4:58AM	Vilamba 5120	
235932369		Yama 8:22AM - 10:04AM	Vyaghata* Until 12:43AM Wed	Muruga: White <i>Sunset:</i> 6:34PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 3:10PM - 4:52PM	Visti Until 9:19AM	Nataraja: Purple	Ashtami	
					Bhuloka Day	
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal
Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau						Sun 22 Sutra 38
Simha Rasi: 18.47 Tithi 9		Gulika 10:04AM - 11:46AM	Purvaphalguni Until 7:53PM	Ganesha: Clear <i>Sunrise:</i> 4:57AM	Vilamba 5120	
235932369		Yama 6:39AM - 8:22AM	Harshana Until 10:42PM	Muruga: White <i>Sunset:</i> 6:35PM	Moon 4 - Phase 5	
Creative Work Amrita Yoga		Rahu 11:46AM - 1:28PM	Balava Until 7:49AM	Nataraja: Purple	Navami	
					Bhuloka Day	
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 39
Kanya Rasi: 2.2	Tithi 10	Gulika 8:21AM – 10:04AM	Uttaraphalguni Until 7:35PM	Ganesha: Clear <i>Sunrise:</i> 4:57AM	Vilamba 5120	
		Yama 4:57AM – 6:39AM	Vajra* Until 8:58PM	Muruga: White <i>Sunset:</i> 6:36PM	Moon 4 - Phase 6	
	Amrita Yoga	255932369 Rahu 1:28PM – 3:11PM	Tailila Until 6:43AM	Nataraja: Purple	4th Phase	
Until 7:35PM			Dashami Until 6:18PM	Moon – Red	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 40
Kanya Rasi: 15.4	Tithi 11 – 12	Gulika 6:39AM – 8:21AM	Hasta Until 7:58PM	Ganesha: Clear <i>Sunrise:</i> 4:56AM	Vilamba 5120	
		Yama 3:11PM – 4:54PM	Siddhi Until 7:34PM	Muruga: White <i>Sunset:</i> 6:36PM	Moon 4 - Phase 6	
	Amrita Yoga	266932369 Rahu 10:04AM – 11:46AM	Vanija Until 6:01AM	Nataraja: Purple	4th Phase	
Creative Work			Ekadashi Until 5:48PM	Moon – Green	Bhuloka Day	
Until 7:58PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 25 Sutra 41
Kanya Rasi: 28.47	Tithi 12 – 13	Gulika 4:56AM – 6:39AM	Chitra Until 8:35PM	Ganesha: Purple <i>Sunrise:</i> 4:56AM	Vilamba 5120	
		Yama 1:29PM – 3:11PM	Vyatipata* Until 6:29PM	Muruga: White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 6	
	Marana Yoga	366932369 Rahu 8:21AM – 10:04AM	Kaulava Until 5:47AM Sun	Nataraja: Purple	4th Phase	
Routine Work			Dvadashi Until 5:41PM	Moon – Green	Bhuloka Day	
Until 8:35PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 26 Sutra 42
Tula Rasi: 11.42	Tithi 13 – 14	Gulika 3:12PM – 4:54PM	Svati Until 9:26PM	Ganesha: Purple <i>Sunrise:</i> 4:56AM	Vilamba 5120	
		Yama 11:46AM – 1:29PM	Varyan Until 5:41PM	Muruga: White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 6	
	Siddha Yoga	366932369 Rahu 4:54PM – 6:37PM	Gara Until 6:16AM Mon	Nataraja: Purple	4th Phase	
Creative Work			Trayodashi Until 5:57PM	Moon – Green	Bhuloka Day	
Until 9:26PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 43
Tula Rasi: 24.26	Tithi 14	Gulika 1:29PM – 3:12PM	Vishakha Until 11:00PM	Ganesha: Clear <i>Sunrise:</i> 4:55AM	Vilamba 5120	
Family Home Evening		Yama 10:04AM – 11:47AM	Parigha* Until 5:14PM	Muruga: White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 6	
	Siddha Yoga	376932369 Rahu 6:38AM – 8:21AM	Gara Until 6:16AM	Nataraja: Purple	4th Phase	
Routine Work			Chaturdashi* Until 6:39PM	Moon – Orange	Bhuloka Day	
Until 11:00PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga		Vaikasi Visakam				

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Kathmandu, Nepal Sun 28 Sutra 44
Copper Retreat Star		Gulika 11:47AM – 1:30PM	Anuradha Until 12:52AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:55AM	Vilamba 5120	
Vrischika Rasi: 6.57	Tithi 15	Yama 8:21AM – 10:04AM	Shiva Until 5:09PM	Muruga: White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 6	
	Siddha Yoga	376932369 Rahu 3:12PM – 4:55PM	Visti Until 7:11AM	Nataraja: Purple	Purnima	
Creative Work			Purnima* Until 7:47PM	Moon – Orange	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sun 29 Sutra 45
Silver Retreat Star		Gulika 10:04AM – 11:47AM	Jyeshtha* Until 2:59AM Thu	Ganesha: Clear <i>Sunrise:</i> 4:55AM	Vilamba 5120	
Vrischika Rasi: 19.17	Tithi 16	Yama 6:38AM – 8:21AM	Siddha Until 5:23PM	Muruga: White <i>Sunset:</i> 6:39PM	Moon 4 - Phase 6	
	Siddha Yoga	376932369 Rahu 11:47AM – 1:30PM	Balava Until 8:33AM	Nataraja: Purple	Prathama	
Creative Work			Prathama* Until 9:22PM	Moon – Orange	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 46

Dhanus Rasi: 1.26 Tithi 17

Gulika 8:21AM - 10:04AM
Yama 4:55AM - 6:38AM
Rahu 1:30PM - 3:13PM

Mula* Until 5:49AM Fri
Sadhya Until 5:57PM
Tailila Until 10:21AM
Dvitiya Until 11:23PM

Ganesh: White Sunrise: 4:55AM
Muruga: White Sunset: 6:39PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 5:49AM Fri
Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Kathmandu, Nepal
Sun 2 Sutra 47

Dhanus Rasi: 13.25 Tithi 18

Gulika 6:38AM - 8:21AM
Yama 3:13PM - 4:57PM
Rahu 10:04AM - 11:47AM

Purvashadha* Until 8:47AM Sat
Subha Until 6:48PM
Vanija Until 12:32PM
Tritiya Until 1:43AM Sat

Ganesh: Yellow Sunrise: 4:54AM
Muruga: White Sunset: 6:40PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga
Until 8:47AM Sat
Then Routine Work - Marana Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal
Sun 3 Sutra 48

Dhanus Rasi: 25.17 Tithi 19

Gulika 4:54AM - 6:37AM
Yama 1:30PM - 3:14PM
Rahu 8:21AM - 10:04AM

Purvashadha* Until 8:47AM
Sukla Until 7:50PM
Bava Until 3:00PM
Chaturthi* Until 4:17AM Sun

Ganesh: Yellow Sunrise: 4:54AM
Muruga: White Sunset: 6:40PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 8:47AM
Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Tailila Karana Panchamyam Titau

Kathmandu, Nepal
Sun 4 Sutra 49

Makara Rasi: 7.05 Tithi 20

Gulika 3:14PM - 4:57PM
Yama 11:47AM - 1:31PM
Rahu 4:57PM - 6:41PM

Uttarashadha Until 11:45AM
Brahma Until 8:57PM
Kaulava Until 5:36PM
Panchami Until 6:52AM Mon

Ganesh: Yellow Sunrise: 4:54AM
Muruga: White Sunset: 6:41PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal
Sun 5 Sutra 50

Makara Rasi: 18.52 Tithi 20 - 21

Gulika 1:31PM - 3:14PM
Yama 10:04AM - 11:48AM
Rahu 6:37AM - 8:21AM

Shravana Until 3:02PM
Indra Until 10:00PM
Gara Until 8:07PM
Panchami Until 6:52AM

Ganesh: Blue Sunrise: 4:54AM
Muruga: White Sunset: 6:41PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 3:02PM
Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 51

Kumbha Rasi: 0.43 Tithi 21 - 22

Gulika 11:48AM - 1:31PM
Yama 8:21AM - 10:04AM
Rahu 3:15PM - 4:58PM

Dhanishtha Until 5:55PM
Vaidhriti* Until 10:47PM
Visti Until 10:21PM
Shashthi* Until 9:16AM

Ganesh: Purple Sunrise: 4:54AM
Muruga: White Sunset: 6:42PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 5:55PM
Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 52

Kumbha Rasi: 12.43 Tithi 22 - 23

Gulika 10:04AM - 11:48AM
Yama 6:37AM - 8:21AM
Rahu 11:48AM - 1:31PM

Shatabhishak Until 8:09PM
Vishkambha* Until 11:11PM
Balava Until 12:03AM Thu
Saptami Until 11:15AM

Ganesh: Purple Sunrise: 4:54AM
Muruga: White Sunset: 6:42PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 8:09PM
Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal
Sun 8 Sutra 53

Kumbha Rasi: 24.58 Tithi 23 - 24

Gulika 8:21AM - 10:04AM
Yama 4:54AM - 6:37AM
Rahu 1:32PM - 3:15PM

Purvaproshtapada* Until 10:03PM
Priti Until 11:03PM
Tailila Until 1:03AM Fri
Ashtami* Until 12:38PM

Ganesh: Blue Sunrise: 4:54AM
Muruga: White Sunset: 6:42PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Navami

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal			
		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau Sun 9 Sutra 54			
Meena Rasi: 7.31	Tithi 24 – 25	Gulika 6:37AM – 8:21AM	Uttaraproshtapada Until 11:01PM	Ganesha: Red <i>Sunrise:</i> 4:54AM	Vilamba 5120
		Yama 3:16PM – 4:59PM	Ayushman Until 10:15PM	Muruga: White <i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
		318132361 Rahu 10:05AM – 11:48AM	Vanija Until 1:14AM Sat	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 1:14PM	Moon – Clear	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Kathmandu, Nepal			
		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 10 Sutra 55			
Meena Rasi: 20.28	Tithi 25 – 26	Gulika 4:53AM – 6:37AM	Revati Until 10:59PM	Ganesha: Red <i>Sunrise:</i> 4:53AM	Vilamba 5120
		Yama 1:32PM – 3:16PM	Saubhagya Until 8:48PM	Muruga: White <i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
		318132361 Rahu 8:21AM – 10:05AM	Bava Until 12:34AM Sun	Nataraja: White	2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 12:59PM	Moon – Clear	Bhuloka Day
Until 10:59PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal			
		Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 11 Sutra 56			
Mesha Rasi: 3.52	Tithi 26 – 27	Gulika 3:16PM – 5:00PM	Ashvini Until 10:28PM	Ganesha: Green <i>Sunrise:</i> 4:53AM	Vilamba 5120
		Yama 11:49AM – 1:32PM	Sobhana Until 6:43PM	Muruga: White <i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
		328132361 Rahu 5:00PM – 6:44PM	Kaulava Until 11:06PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:55AM	Moon – White	Bhuloka Day
Until 10:28PM				Jyeshtha Adhika-Vaikasi	
Then Routine Work - Prabalarishta Yoga					

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Kathmandu, Nepal			
		Bharani Nakshatra Alhiganda*/Sukarma Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau Sun 12 Sutra 57			
Mesha Rasi: 17.43	Tithi 27 – 28	Gulika 1:33PM – 3:16PM	Bharani Until 9:05PM	Ganesha: Green <i>Sunrise:</i> 4:53AM	Vilamba 5120
Family Home Evening		Yama 10:05AM – 11:49AM	Athiganda* Until 4:00PM	Muruga: White <i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
		328132361 Rahu 6:37AM – 8:21AM	Gara Until 8:55PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:04AM	Moon – White	Bhuloka Day
Until 9:05PM				Jyeshtha Adhika-Vaikasi	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal			
		Krittika Nakshatra Sukarma/Dhriti Yoga Vanija Karana Trayodashi/Chaturdashyam Titau Sun 13 Sutra 58			
Vrishabha Rasi: 2.01	Tithi 28 – 29	Gulika 11:49AM – 1:33PM	Krittika Until 6:59PM	Ganesha: Green <i>Sunrise:</i> 4:53AM	Vilamba 5120
		Yama 8:21AM – 10:05AM	Sukarma Until 12:48PM	Muruga: White <i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
		328132361 Rahu 3:17PM – 5:01PM	Vanija Until 7:35AM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 7:35AM	Moon – White	Bhuloka Day
Until 6:59PM				Jyeshtha Adhika-Vaikasi	
Then Creative Work - Amrita Yoga					

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Kathmandu, Nepal			
Retreat Star		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 14 Sutra 59			
Vrishabha Rasi: 16.4	Tithi 30	Gulika 10:05AM – 11:49AM	Rohini Until 4:45PM	Ganesha: White <i>Sunrise:</i> 4:54AM	Vilamba 5120
		Yama 6:37AM – 8:21AM	Dhriti Until 9:13AM	Muruga: White <i>Sunset:</i> 6:45PM	Moon 5 - Phase 8
		338132361 Rahu 11:49AM – 1:33PM	Catuspada Until 3:00PM	Nataraja: White	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:17AM Thu	Moon – Yellow	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Kathmandu, Nepal			
Retreat Star		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna* Karana Prathamayam Titau Sun 15 Sutra 60			
Mithuna Rasi: 1.35	Tithi 1	Gulika 8:21AM – 10:05AM	Mrigashira Until 2:07PM	Ganesha: White <i>Sunrise:</i> 4:54AM	Vilamba 5120
		Yama 4:54AM – 6:38AM	Ganda* Until 1:23AM Fri	Muruga: White <i>Sunset:</i> 6:45PM	Moon 5 - Phase 8
		338132361 Rahu 1:33PM – 3:17PM	Kintughna Until 11:33AM	Nataraja: White	Prathama
Routine Work	Marana Yoga		Prathama* Until 9:46PM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 61	
Mithuna Rasi: 16.36	Tithi 2	Gulika	6:38AM – 8:22AM	Ardra Until 11:16AM	Ganeshha: Clear	<i>Sunrise:</i> 4:54AM	Vilamba 5120		
		Yama	3:18PM – 5:02PM	Vridhhi Until 9:26PM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	339132361 Rahu	10:06AM – 11:50AM	Balava Until 8:01AM	Nataraja: White		3rd Phase		
				Dvitiya Until 6:14PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM		

2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Kathmandu, Nepal Sun 17 Sutra 62	
Kataka Rasi: 2	Tithi 3 – 4	Gulika	4:54AM – 6:38AM	Punarvasu Until 8:46AM	Ganeshha: Orange	<i>Sunrise:</i> 4:54AM	Vilamba 5120		
		Yama	1:34PM – 3:18PM	Dhruva Until 5:35PM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	349132361 Rahu	8:22AM – 10:06AM	Vanija Until 1:14AM Sun	Nataraja: White		3rd Phase		
				Tritiya Until 2:50PM	Moon – Blue		Bhuloka Day		
					Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM		

3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 63	
Kataka Rasi: 16.26	Tithi 4 – 5	Gulika	3:18PM – 5:02PM	Pushya Until 6:21AM	Ganeshha: Orange	<i>Sunrise:</i> 4:54AM	Vilamba 5120		
		Yama	11:50AM – 1:34PM	Vyaghata* Until 1:58PM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	349132361 Rahu	5:02PM – 6:46PM	Bava Until 10:16PM	Nataraja: White		3rd Phase		
				Chaturthi* Until 11:41AM	Moon – Blue		Bhuloka Day		
		Father's Day			Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM		

4		Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Kathmandu, Nepal Sun 19 Sutra 64	
Simha Rasi: 1	Tithi 5 – 6	Gulika	1:34PM – 3:18PM	Magha* Until 2:44AM Tue	Ganeshha: Green	<i>Sunrise:</i> 4:54AM	Vilamba 5120		
Family Home Evening		Yama	10:06AM – 11:50AM	Harshana Until 10:43AM	Muruga: White	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9		
Routine Work	Marana Yoga	359132361 Rahu	6:38AM – 8:22AM	Kaulava Until 7:45PM	Nataraja: White		3rd Phase		
Until 2:44AM Tue				Panchami Until 8:56AM	Moon – Red		Devaloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha•Ani				

5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 65	
Simha Rasi: 15.14	Tithi 6 – 7	Gulika	11:50AM – 1:34PM	Purvaphalguni Until 1:42AM Wed	Ganeshha: Green	<i>Sunrise:</i> 4:54AM	Vilamba 5120		
		Yama	8:22AM – 10:06AM	Vajra* Until 7:50AM	Muruga: White	<i>Sunset:</i> 6:47PM	Moon 5 - Phase 9		
Creative Work	Siddha Yoga	359132361 Rahu	3:19PM – 5:03PM	Vanija Until 4:57AM Wed	Nataraja: White		3rd Phase		
Until 1:42AM Wed				Shashthi* Until 6:39AM	Moon – Red		Devaloka Day		
Then Creative Work - Amrita Yoga					Jyeshtha•Ani				

Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 66	
Simha Rasi: 29.07	Tithi 8	Gulika	10:07AM – 11:51AM	Uttaraphalguni Until 1:06AM Thu	Ganeshha: Green	<i>Sunrise:</i> 4:54AM	Vilamba 5120		
		Yama	6:38AM – 8:23AM	Vyatipata* Until 3:31AM Thu	Muruga: White	<i>Sunset:</i> 6:47PM	Moon 5 - Phase 9		
Creative Work	Amrita Yoga	359132361 Rahu	11:51AM – 1:35PM	Visti Until 4:19PM	Nataraja: White		Ashtami		
Until 1:06AM Thu				Ashtami* Until 3:49AM Thu	Moon – Red		Devaloka Day		
Then Routine Work - Marana Yoga		Chidambaram Abhishekam			Jyeshtha•Ani				

Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 67	
Kanya Rasi: 12.38	Tithi 9	Gulika	8:23AM – 10:07AM	Hasta Until 1:24AM Fri	Ganeshha: Red	<i>Sunrise:</i> 4:55AM	Vilamba 5120		
		Yama	4:55AM – 6:39AM	Variyan Until 2:03AM Fri	Muruga: White	<i>Sunset:</i> 6:47PM	Moon 5 - Phase 9		
Routine Work	Marana Yoga	369132361 Rahu	1:35PM – 3:19PM	Balava Until 3:30PM	Nataraja: White		Navami		
Until 1:24AM Fri				Navami* Until 3:17AM Fri	Moon – Green		Bhuloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 68 Vilamba 5120
Kanya Rasi: 25.5	Tithi 10	Gulika 6:39AM – 8:23AM	Chitra Until 2:05AM Sat	Ganesh: Green <i>Sunrise:</i> 4:55AM	<i>Sunset:</i> 6:47PM	Moon 5 - Phase 10 4th Phase
		Yama 3:19PM – 5:03PM	Parigha* Until 1:02AM Sat	Muruga: White		
		361132361 Rahu 10:07AM – 11:51AM	Taitila Until 3:15PM	Nataraja: White		
Creative Work	Siddha Yoga		Dashami Until 3:19AM Sat	Moon – Green		Bhuloka Day
				Jyeshtha-Ani		

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 8.44	Tithi 11	Gulika 4:55AM – 6:39AM	Svati Until 3:08AM Sun	Ganesh: Green <i>Sunrise:</i> 4:55AM	<i>Sunset:</i> 6:48PM	Moon 5 - Phase 10 4th Phase
		Yama 1:35PM – 3:19PM	Shiva Until 12:28AM Sun	Muruga: White		
		361132361 Rahu 8:23AM – 10:07AM	Vanija Until 3:33PM	Nataraja: White		
Creative Work	Siddha Yoga		Ekadashi Until 3:51AM Sun	Moon – Green		Bhuloka Day
Until 3:08AM Sun				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 21.24	Tithi 12	Gulika 3:20PM – 5:04PM	Vishakha Until 4:58AM Mon	Ganesh: Red <i>Sunrise:</i> 4:55AM	<i>Sunset:</i> 6:48PM	Moon 5 - Phase 10 4th Phase
		Yama 11:52AM – 1:36PM	Siddha Until 12:15AM Mon	Muruga: White		
		371132361 Rahu 5:04PM – 6:48PM	Bava Until 4:20PM	Nataraja: White		
Routine Work	Marana Yoga		Dvadashi Until 4:53AM Mon	Moon – Orange		Bhuloka Day
Until 4:58AM Mon				Jyeshtha-Ani		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 3.51	Tithi 13	Gulika 1:36PM – 3:20PM	Anuradha Until 7:03AM Tue	Ganesh: Red <i>Sunrise:</i> 4:56AM	<i>Sunset:</i> 6:48PM	Moon 5 - Phase 10 4th Phase
Family Home Evening		Yama 10:08AM – 11:52AM	Sadhya Until 12:22AM Tue	Muruga: Clear		
		371142361 Rahu 6:40AM – 8:24AM	Kaulava Until 5:35PM	Nataraja: White		
Creative Work	Siddha Yoga		Trayodashi Until 6:20AM Tue	Moon – Orange		Devaloka Day
Until 7:03AM Tue				Jyeshtha-Ani		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 16.07	Tithi 13 – 14	Gulika 11:52AM – 1:36PM	Anuradha Until 7:03AM	Ganesh: Red <i>Sunrise:</i> 4:56AM	<i>Sunset:</i> 6:48PM	Moon 5 - Phase 10 4th Phase
		Yama 8:24AM – 10:08AM	Subha Until 12:50AM Wed	Muruga: Clear		
		371142361 Rahu 3:20PM – 5:04PM	Gara Until 7:14PM	Nataraja: White		
Creative Work	Siddha Yoga		Trayodashi Until 6:20AM	Moon – Orange		Devaloka Day
Until 7:03AM				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sutra 73 Vilamba 5120
Vrischika Rasi: 28.14	Tithi 14 – 15	Gulika 10:08AM – 11:52AM	Jyeshtha* Until 9:21AM	Ganesh: Red <i>Sunrise:</i> 4:56AM	<i>Sunset:</i> 6:48PM	Moon 5 - Phase 10 Purnima
		Yama 6:40AM – 8:24AM	Sukla Until 9:21AM	Muruga: Clear		
		371142361 Rahu 11:52AM – 1:36PM	Bava Until 9:81AM Thu	Nataraja: White		
Creative Work	Siddha Yoga		Chaturdashi* Until 8:10AM	Moon – Orange		Devaloka Day
Until 9:21AM				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal Sutra 74 Vilamba 5120
Dhanus Rasi: 10.12	Tithi 15 – 16	Gulika 8:24AM – 10:08AM	Mula* Until 12:18PM	Ganesh: Blue <i>Sunrise:</i> 4:56AM	<i>Sunset:</i> 6:48PM	Moon 5 - Phase 10 Prathama
		Yama 4:56AM – 6:40AM	Brahma Until 2:27AM Fri	Muruga: Clear		
		381142361 Rahu 1:36PM – 3:20PM	Balava Until 11:33PM	Nataraja: White		
Creative Work	Siddha Yoga		Purnima* Until 10:21AM	Moon – Light Blue		Bhuloka Day
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 22.04 Tihi 16 - 17

Gulika 6:41AM - 8:25AM

Yama 3:20PM - 5:04PM

381142361 Rahu 10:09AM - 11:53AM

Purvashadha* Until 3:19PM

Indra Until 3:32AM Sat

Taitila Until 2:04AM Sat

Prathama* Until 12:46PM

Ganesha: Blue

Sunrise: 4:57AM

Muruga: Clear

Sunset: 6:48PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 3:19PM

Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 3.52 Tihi 17 - 18

Gulika 4:57AM - 6:41AM

Yama 1:37PM - 3:21PM

381242361 Rahu 8:25AM - 10:09AM

Uttarashadha Until 6:17PM

Vaidhriti* Until 4:39AM Sun

Vanija Until 4:40AM Sun

Dvitiya Until 3:21PM

Ganesha: Blue

Sunrise: 4:57AM

Muruga: Clear

Sunset: 6:48PM

Nataraja: White

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 6:17PM

Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 15.39 Tihi 18 - 19

Gulika 3:21PM - 5:05PM

Yama 11:53AM - 1:37PM

391242361 Rahu 5:05PM - 6:48PM

Shravana Until 9:36PM

Vishkambha* Until 5:44AM Mon

Bava Until 7:13AM Mon

Tritiya Until 5:56PM

Ganesha: Red

Sunrise: 4:57AM

Muruga: Clear

Sunset: 6:48PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 9:36PM

Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 27.28 Tihi 19

Gulika 1:37PM - 3:21PM

Yama 10:09AM - 11:53AM

391242361 Rahu 6:42AM - 8:25AM

Dhanishtha Until 12:35AM Tue

Priti Until 6:40AM Tue

Bava Until 7:13AM

Chaturthi* Until 8:23PM

Ganesha: Red

Sunrise: 4:58AM

Muruga: Clear

Sunset: 6:48PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 12:35AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 9.21 Tihi 20

Gulika 11:53AM - 1:37PM

Yama 8:26AM - 10:10AM

392242361 Rahu 3:21PM - 5:05PM

Shatabhishak Until 3:04AM Wed

Priti Until 6:40AM

Kaulava Until 9:31AM

Panchami Until 10:30PM

Ganesha: Yellow

Sunrise: 4:58AM

Muruga: Clear

Sunset: 6:48PM

Nataraja: White

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 3:04AM Wed

Then Creative Work - Amrita Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 21.23 Tihi 21

Gulika 10:10AM - 11:53AM

Yama 6:42AM - 8:26AM

312242361 Rahu 11:53AM - 1:37PM

Purvaproshtapada* Until 5:23AM Thu

Ayushman Until 7:16AM

Gara Until 11:25AM

Shashthi* Until 12:08AM Thu

Ganesha: Orange

Sunrise: 4:59AM

Muruga: Clear

Sunset: 6:48PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 5:23AM Thu

Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 3.38 Tihi 22

Gulika 8:26AM - 10:10AM

Yama 4:59AM - 6:43AM

312242361 Rahu 1:37PM - 3:21PM

Uttaraproshtapada Until 6:53AM Fri

Saubhagya Until 7:28AM

Visti Until 12:45PM

Saptami Until 1:08AM Fri

Ganesha: Orange

Sunrise: 4:59AM

Muruga: Clear

Sunset: 6:48PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

D

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana/Atthiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 16.11 Tihi 23

Gulika 6:43AM - 8:27AM

Yama 3:21PM - 5:05PM

312242361 Rahu 10:10AM - 11:54AM

Uttaraproshtapada Until 6:53AM

Sobhana Until 7:09AM

Balava Until 1:23PM

Ashtami* Until 1:24AM Sat

Ganesha: Orange

Sunrise: 4:59AM

Muruga: Clear

Sunset: 6:48PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Navamyam Titau

Kathmandu, Nepal

Sun 9 Sutra 84

Vilamba 5120

Moon 6 - Phase 11

Navami

Meena Rasi: 29.05 Tihi 24

Gulika 5:00AM - 6:43AM

Yama 1:38PM - 3:21PM

412242361 Rahu 8:27AM - 10:10AM

Revati Until 7:29AM

Athiganda* Until 6:13AM

Taitila Until 1:14PM

Navami* Until 12:51AM Sun

Ganesha: Green

Sunrise: 5:00AM

Muruga: Clear

Sunset: 6:48PM

Nataraja: White

Moon - Clear

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 7:29AM

Then Creative Work - Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Kathmandu, Nepal
Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visi* Karana Dashamyam Titau					Sun 9 Sutra 84
Mesha Rasi: 12.25	Tithi 25	Gulika 3:21PM – 5:05PM	Ashvini Until 7:37AM	Ganesh: Orange <i>Sunrise:</i> 5:00AM	Vilamba 5120
		Yama 11:54AM – 1:38PM	Dhriti Until 2:28AM Mon	Muruga: Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
	422242361	Rahu 5:05PM – 6:48PM	Vanija Until 12:18PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:31PM	Moon – White	Devaloka Day
Until 7:37AM				Jyeshtha-Ani	
Then Routine Work - Prabararishta Yoga					

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam			Kathmandu, Nepal
Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau					Sun 10 Sutra 85
Mesha Rasi: 26.11	Tithi 26	Gulika 1:38PM – 3:21PM	Bharani Until 6:48AM	Ganesh: Orange <i>Sunrise:</i> 5:01AM	Vilamba 5120
Family Home Evening		Yama 10:11AM – 11:54AM	Shula* Until 11:40PM	Muruga: Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
	422242361	Rahu 6:44AM – 8:27AM	Bava Until 10:35AM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 9:27PM	Moon – White	Devaloka Day
Until 6:48AM				Jyeshtha-Ani	
Then Routine Work - Marana Yoga					

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam			Kathmandu, Nepal
Rohini Nakshatra Ganda* Yoga Kaulava/Gara Karana Dvadashyam Titau					Sun 11 Sutra 86
Vrisabha Rasi: 10.24	Tithi 27	Gulika 11:54AM – 1:38PM	Rohini Until 3:14AM Wed	Ganesh: Light Blue <i>Sunrise:</i> 5:01AM	Vilamba 5120
		Yama 8:28AM – 10:11AM	Ganda* Until 3:14AM Wed	Muruga: Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
	422242361	Rahu 3:21PM – 5:04PM	Kaulava Until 8:11AM	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 6:45PM	Moon – Yellow	Bhuloka Day
Until 3:14AM Wed				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga					

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Kathmandu, Nepal
Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 12 Sutra 87
Vrisabha Rasi: 25.02	Tithi 28 – 29	Gulika 10:11AM – 11:55AM	Mrigashira Until 12:42AM Thu	Ganesh: Light Blue <i>Sunrise:</i> 5:02AM	Vilamba 5120
		Yama 6:45AM – 8:28AM	Vriddhi Until 4:41PM	Muruga: Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
	422242361	Rahu 11:55AM – 1:38PM	Visti Until 1:52AM Thu	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:34PM	Moon – Yellow	Bhuloka Day
Until 12:42AM Thu				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Kathmandu, Nepal
Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 13 Sutra 88
Mithuna Rasi: 9.58	Tithi 29 – 30	Gulika 8:28AM – 10:12AM	Ardra Until 8:20AM Fri	Ganesh: Light Blue <i>Sunrise:</i> 5:02AM	Vilamba 5120
		Yama 5:02AM – 6:45AM	Dhruva Until 12:42PM	Muruga: Clear <i>Sunset:</i> 6:47PM	Moon 6 - Phase 12
	422242361	Rahu 1:38PM – 3:21PM	Catuspada Until 10:13PM	Nataraja: White	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 12:03PM	Moon – Yellow	Bhuloka Day
Until 8:20AM Fri				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam			Kathmandu, Nepal
Retreat Star		Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 14 Sutra 89
Mithuna Rasi: 25.06	Tithi 30 – 1	Gulika 6:46AM – 8:29AM	Ardra Until 8:20AM	Ganesh: Purple <i>Sunrise:</i> 5:03AM	Vilamba 5120
		Yama 3:21PM – 5:04PM	Vyaghata* Until 4:25AM Sat	Muruga: Clear <i>Sunset:</i> 6:47PM	Moon 6 - Phase 12
	422242361	Rahu 10:12AM – 11:55AM	Kintughna Until 6:28PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Amavasya* Until 8:20AM	Moon – Blue	Bhuloka Day
Until 8:20AM		Partial Solar Eclipse		Ashada-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 90 Vilamba 5120
	Kataka Rasi: 10.16	Tithi 2	Gulika 5:03AM – 6:46AM Yama 1:38PM – 3:21PM 442242361 Rahu 8:29AM – 10:12AM	Pushya Until 4:08PM Vajra* Until 4:08PM Balava Until 2:46PM Dvitiya Until 12:58AM Sun	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Blue Ashada*Ani	<i>Sunrise:</i> 5:03AM <i>Sunset:</i> 6:47PM	Moon 6 - Phase 13 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 4:08PM Then Routine Work - Marana Yoga							

2	Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 91 Vilamba 5120
	Kataka Rasi: 25.2	Tithi 3	Gulika 3:21PM – 5:04PM Yama 11:55AM – 1:38PM 442242361 Rahu 5:04PM – 6:47PM	Ashlesha* Until 1:21PM Siddhi Until 8:32PM Tailila Until 11:16AM Tritiya Until 9:37PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Blue Ashada*Ani	<i>Sunrise:</i> 5:03AM <i>Sunset:</i> 6:47PM	Moon 6 - Phase 13 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 1:21PM Then Routine Work - Marana Yoga							

3	Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Misti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 92 Vilamba 5120
	Simha Rasi: 10.09	Tithi 4	Gulika 1:38PM – 3:21PM Yama 10:12AM – 11:55AM 453242361 Rahu 6:47AM – 8:30AM	Magha* Until 11:13AM Vyatipata* Until 5:04PM Vanija Until 8:07AM Chaturthi* Until 6:42PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Red Ashada*Adi	<i>Sunrise:</i> 5:04AM <i>Sunset:</i> 6:46PM	Moon 6 - Phase 13 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM
Family Home Evening Routine Work Marana Yoga Until 11:13AM Then Creative Work - Siddha Yoga							

4	Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Kathmandu, Nepal Sun 18 Sutra 93 Vilamba 5120
	Simha Rasi: 24.37	Tithi 5 – 6	Gulika 11:55AM – 1:38PM Yama 8:30AM – 10:13AM 453242362 Rahu 3:21PM – 5:03PM	Purvaphalguni Until 9:26AM Variyan Until 2:01PM Kaulava Until 3:23AM Wed Panchami Until 4:19PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Ashada*Adi	<i>Sunrise:</i> 5:04AM <i>Sunset:</i> 6:46PM	Moon 6 - Phase 13 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 9:26AM Then Creative Work - Amrita Yoga							

5	Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 19 Sutra 94 Vilamba 5120
	Kanya Rasi: 8.4	Tithi 6 – 7	Gulika 10:13AM – 11:55AM Yama 6:48AM – 8:30AM 453242362 Rahu 11:55AM – 1:38PM	Uttaraphalguni Until 8:09AM Parigha* Until 11:31AM Gara Until 2:01AM Thu Shashthi* Until 2:36PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Ashada*Adi	<i>Sunrise:</i> 5:05AM <i>Sunset:</i> 6:46PM	Moon 6 - Phase 13 3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 8:09AM Then Routine Work - Marana Yoga							

☾	Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 20 Sutra 95 Vilamba 5120
	Kanya Rasi: 22.17	Tithi 7 – 8	Gulika 8:30AM – 10:13AM Yama 5:06AM – 6:48AM 463242362 Rahu 1:38PM – 3:20PM	Hasta Until 7:50AM Shiva Until 7:50AM Bava Until 13:18AM Fri Saptami Until 1:35PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Green Ashada*Adi	<i>Sunrise:</i> 5:06AM <i>Sunset:</i> 6:45PM	Moon 6 - Phase 13 Ashtami Sivaloka Day
Retreat Star Routine Work Marana Yoga Until 7:50AM Then Creative Work - Siddha Yoga							

☽	Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 21 Sutra 96 Vilamba 5120
	Tula Rasi: 5.31	Tithi 8 – 9	Gulika 6:48AM – 8:31AM Yama 3:20PM – 5:02PM 463242362 Rahu 10:13AM – 11:55AM	Chitra Until 8:07AM Siddha Until 8:15AM Balava Until 1:27AM Sat Ashtami* Until 1:18PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Green Ashada*Adi	<i>Sunrise:</i> 5:06AM <i>Sunset:</i> 6:45PM	Moon 6 - Phase 13 Navami Sivaloka Day
Retreat Star Creative Work Siddha Yoga							

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal
	Tula Rasi: 18.22 Tithi 9 – 10		Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 97
	Creative Work Siddha Yoga	Gulika	5:07AM – 6:49AM	Svati Until 8:56AM	Ganesh: Clear	<i>Sunrise:</i> 5:07AM	Vilamba 5120
		Yama	1:38PM – 3:20PM	Sadhya Until 7:28AM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 14
463242362	Rahu	8:31AM – 10:13AM	Taitila Until 2:12AM Sun	Nataraja: Clear		4th Phase	
			Navami* Until 1:43PM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal
	Vrischika Rasi: 0.54 Tithi 10 – 11		Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 98
	Routine Work Marana Yoga	Gulika	3:20PM – 5:02PM	Vishakha Until 10:42AM	Ganesh: White	<i>Sunrise:</i> 5:07AM	Vilamba 5120
		Yama	11:56AM – 1:38PM	Subha Until 7:14AM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 14
473242362	Rahu	5:02PM – 6:44PM	Vanija Until 3:32AM Mon	Nataraja: Clear		4th Phase	
			Dashami Until 2:47PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal
	Vrischika Rasi: 13.11 Tithi 11 – 12		Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Sun 24 Sutra 99
	Family Home Evening	Gulika	1:38PM – 3:20PM	Anuradha Until 12:50PM	Ganesh: White	<i>Sunrise:</i> 5:08AM	Vilamba 5120
		Yama	10:14AM – 11:56AM	Sukla Until 7:24AM	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 14
473242362	Rahu	6:50AM – 8:32AM	Bava Until 5:22AM Tue	Nataraja: Clear		4th Phase	
			Ekadashi Until 4:22PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal
	Vrischika Rasi: 25.17 Tithi 12		Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava Karana Dvodashyam Titau				Sun 25 Sutra 100
	Routine Work Marana Yoga	Gulika	11:56AM – 1:37PM	Jyeshtha* Until 3:15PM	Ganesh: White	<i>Sunrise:</i> 5:08AM	Vilamba 5120
		Yama	8:32AM – 10:14AM	Brahma Until 7:56AM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Moon 6 - Phase 14
473242362	Rahu	3:19PM – 5:01PM	Balava Until 6:24PM	Nataraja: Clear		4th Phase	
			Dvodashi Until 6:24PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal
	Dhanus Rasi: 7.14 Tithi 13		Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Trayodashyam Titau				Sun 26 Sutra 101
	Routine Work Marana Yoga	Gulika	10:14AM – 11:56AM	Mula* Until 6:18PM	Ganesh: Red	<i>Sunrise:</i> 5:09AM	Vilamba 5120
		Yama	6:50AM – 8:32AM	Indra Until 6:18PM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Moon 6 - Phase 14
483342362	Rahu	11:56AM – 1:37PM	Kaulava Until 7:33AM	Nataraja: Clear		4th Phase	
			Trayodashi Until 8:44PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
				<i>Pradosha Vrata</i>			

6	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal
	Dhanus Rasi: 19.05 Tithi 14		Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 102
	Creative Work Siddha Yoga	Gulika	8:32AM – 10:14AM	Purvashadha* Until 1:51AM Sat Fri	Ganesh: Red	<i>Sunrise:</i> 5:09AM	Vilamba 5120
		Yama	5:09AM – 6:51AM	Vaidhriti* Until 9:45AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 14
483342362	Rahu	1:37PM – 3:19PM	Gara Until 10:00AM	Nataraja: Clear		4th Phase	
			Chaturdashi* Until 11:16PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			

	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal
	Makara Rasi: 0.53 Tithi 15		Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 103
	Routine Work Marana Yoga	Gulika	6:51AM – 8:33AM	Purvashadha* Until 1:51AM Sat	Ganesh: Red	<i>Sunrise:</i> 5:10AM	Vilamba 5120
		Yama	3:19PM – 5:00PM	Vishkambha* Until 11:59AM Sat	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 14
483342362	Rahu	10:14AM – 11:56AM	Visti Until 12:35PM	Nataraja: Clear		Purnima	
			Purnima* Until 1:51AM Sat	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
				Total Lunar Eclipse			
				Satguru Purnima			

	Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal
	Makara Rasi: 12.41 Tithi 16		Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 104
	Creative Work Siddha Yoga	Gulika	5:10AM – 6:52AM	Shravana Until 3:38AM Sun	Ganesh: Blue	<i>Sunrise:</i> 5:10AM	Vilamba 5120
		Yama	1:37PM – 3:18PM	Priti Until 11:59AM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 14
493342362	Rahu	8:33AM – 10:14AM	Balava Until 3:09PM	Nataraja: Clear		Prathama	
			Prathama* Until 4:23AM Sun	Moon – Purple		Devaloka Day	
				Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Kathmandu, Nepal

Makara Rasi: 24.29 Tihti 17

Gulika 3:18PM – 4:59PM
Yama 11:56AM – 1:37PM
Rahu 4:59PM – 6:40PM

Dhanishtha Until 6:33AM Mon
Ayushman Until 12:59PM
Taitila Until 5:36PM
Dvitiya Until 6:44AM Mon

Ganesha: Blue *Sunrise:* 5:11AM
Muruga: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Routine Work Marana Yoga
Until 6:33AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal

Kumbha Rasi: 6.23 Tihti 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:37PM – 3:18PM
Yama 10:14AM – 11:56AM
Rahu 6:52AM – 8:33AM

Dhanishtha Until 6:33AM
Saubhagya Until 1:50PM
Vanija Until 7:49PM
Dvitiya Until 6:44AM

Ganesha: Blue *Sunrise:* 5:11AM
Muruga: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 1 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Siddha Yoga

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Kathmandu, Nepal

Kumbha Rasi: 18.23 Tihti 18 – 19
Routine Work Marana Yoga

Gulika 11:55AM – 1:36PM
Yama 8:34AM – 10:15AM
Rahu 3:17PM – 4:58PM

Shatabhishak Until 9:02AM
Sobhana Until 2:28PM
Bava Until 9:41PM
Tritiya Until 8:47AM

Ganesha: Blue *Sunrise:* 5:12AM
Muruga: Clear *Sunset:* 6:39PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Sun 2 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Siddha Yoga

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal

Meena Rasi: 0.32 Tihti 19 – 20
Creative Work Amrita Yoga
Until 11:27AM
Then Creative Work - Siddha Yoga

Gulika 10:15AM – 11:55AM
Yama 6:53AM – 8:34AM
Rahu 11:55AM – 1:36PM

Purvaprossthapada* Until 11:27AM
Athiganda* Until 2:44PM
Kaulava Until 11:06PM
Chaturthi* Until 10:26AM

Ganesha: White *Sunrise:* 5:12AM
Muruga: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 3 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Siddha Yoga

Devaloka Day

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal

Meena Rasi: 12.53 Tihti 20 – 21
Creative Work Siddha Yoga

Gulika 8:34AM – 10:15AM
Yama 5:13AM – 6:54AM
Rahu 1:36PM – 3:17PM

Uttaraprossthapada Until 1:13PM
Sukarma Until 2:37PM
Gara Until 11:59PM
Panchami Until 11:36AM

Ganesha: White *Sunrise:* 5:13AM
Muruga: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 4 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Siddha Yoga

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal

Meena Rasi: 25.29 Tihti 21 – 22
Creative Work Siddha Yoga
Until 2:16PM
Then Creative Work - Amrita Yoga

Gulika 6:54AM – 8:34AM
Yama 3:16PM – 4:57PM
Rahu 10:15AM – 11:55AM

Revati Until 2:16PM
Dhriti Until 2:04PM
Visti Until 12:15AM Sat
Shashthi* Until 12:11PM

Ganesha: White *Sunrise:* 5:13AM
Muruga: Clear *Sunset:* 6:37PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Sun 5 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Then Creative Work - Amrita Yoga

Devaloka Day

6

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal

Mesha Rasi: 8.24 Tihti 22 – 23
Creative Work Siddha Yoga

Gulika 5:14AM – 6:54AM
Yama 1:36PM – 3:16PM
Rahu 8:35AM – 10:15AM

Ashvini Until 3:00PM
Shula* Until 12:58PM
Balava Until 11:51PM
Saptami Until 12:07PM

Ganesha: Clear *Sunrise:* 5:14AM
Muruga: Clear *Sunset:* 6:36PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 6 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Then Creative Work - Siddha Yoga

Sivaloka Day

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal

Mesha Rasi: 21.39 Tihti 23 – 24
Routine Work Prabalarishta Yoga
Until 2:54PM
Then Creative Work - Siddha Yoga

Gulika 3:15PM – 4:56PM
Yama 11:55AM – 1:35PM
Rahu 4:56PM – 6:36PM

Bharani Until 2:54PM
Ganda* Until 11:20AM
Taitila Until 10:46PM
Ashtami* Until 11:23AM

Ganesha: Clear *Sunrise:* 5:14AM
Muruga: Clear *Sunset:* 6:36PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sun 7 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Then Creative Work - Siddha Yoga

Sivaloka Day


1	Monday, August 6, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Kathmandu, Nepal Sun 8 Sutra 113 Vilamba 5120
	Vrishabha Rasi: 5.17 Tihti 24 – 25 Family Home Evening Routine Work Marana Yoga Until 1:59PM Then Creative Work - Amrita Yoga	Gulika 1:35PM – 3:15PM Yama 10:15AM – 11:55AM 424342362 Rahu 6:55AM – 8:35AM	Krittika Until 1:59PM Vridhhi Until 9:11AM Vanija Until 9:01PM Navami* Until 9:58AM

2	Tuesday, August 7, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 9 Sutra 114 Vilamba 5120
	Vrishabha Rasi: 19.19 Tihti 25 – 26 Creative Work Amrita Yoga Until 12:43PM Then Creative Work - Siddha Yoga	Gulika 11:55AM – 1:35PM Yama 8:35AM – 10:15AM 434342362 Rahu 3:15PM – 4:54PM	Rohini Until 12:43PM Dhruva Until 12:43PM Balava Until 4:76AM Wed Dashami Until 7:54AM

3	Wednesday, August 8, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau	Kathmandu, Nepal Sun 10 Sutra 115 Vilamba 5120
	Mithuna Rasi: 3.45 Tihti 27 Creative Work Siddha Yoga	Gulika 10:15AM – 11:55AM Yama 6:56AM – 8:35AM 434342362 Rahu 11:55AM – 1:34PM	Mrigashira Until 10:44PM Thu Harshana Until 10:46AM Kaulava Until 3:47PM Dvodashi* Until 2:10AM Thu

4	Thursday, August 9, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau	Kathmandu, Nepal Sun 11 Sutra 116 Vilamba 5120
	Mithuna Rasi: 18.31 Tihti 28 Routine Work Marana Yoga Until 10:44PM Then Creative Work - Amrita Yoga	Gulika 8:36AM – 10:15AM Yama 5:17AM – 6:56AM 434342362 Rahu 1:34PM – 3:14PM	Mrigashira Until 10:44PM Vajra* Until 7:51PM Gara Until 8:58AM Fri Trayodashi* Until 11:43PM

5	Friday, August 10, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 12 Sutra 117 Vilamba 5120
	Kataka Rasi: 3.31 Tihti 29 Routine Work Marana Yoga	Gulika 6:56AM – 8:36AM Yama 3:13PM – 4:52PM 444342362 Rahu 10:15AM – 11:54AM	Pushya Until 2:52AM Sat Siddhi Until 3:48PM Visti Until 8:58AM Chaturdashy* Until 7:07PM

	Saturday, August 11, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kathmandu, Nepal Sun 13 Sutra 118 Vilamba 5120
	Retreat Star Kataka Rasi: 18.38 Tihti 30 – 1 Routine Work Marana Yoga Until 11:55PM Then Creative Work - Amrita Yoga	Gulika 5:18AM – 6:57AM Yama 1:33PM – 3:13PM 444342362 Rahu 8:36AM – 10:15AM	Ashlesha* Until 11:55PM Vyatipata* Until 11:42AM Kintughna Until 1:40AM Sun Amavasya* Until 3:27PM

6	Sunday, August 12, 2018	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sun 14 Sutra 119 Vilamba 5120
	Simha Rasi: 3.43 Tihti 1 – 2 Routine Work Marana Yoga Until 9:26PM Then Creative Work - Siddha Yoga	Gulika 3:12PM – 4:51PM Yama 11:54AM – 1:33PM 455342362 Rahu 4:51PM – 6:30PM	Magha* Until 9:26PM Varyan Until 7:40AM Balava Until 10:14PM Prathama* Until 11:54AM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 120 Vilamba 5120
	Simha Rasi: 18.37	Tithi 2 - 3	Gulika 1:33PM - 3:12PM	Purvaphalguni Until 7:08PM	Ganesha: Clear	Sunrise: 5:19AM	
	Family Home Evening	455342362	Yama 10:15AM - 11:54AM	Shiva Until 12:19AM Tue	Muruga: Clear	Sunset: 6:29PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	Rahu 6:58AM - 8:36AM	Taitila Until 7:09PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 8:37AM	Moon - Red		Sivaloka Day	
				Sravana-Adi			

2	Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 16 Sutra 121 Vilamba 5120
	Kanya Rasi: 3.13	Tithi 4	Gulika 11:54AM - 1:32PM	Uttaraphalguni Until 5:12PM	Ganesha: Clear	Sunrise: 5:19AM	
	Creative Work	Amrita Yoga	Yama 8:36AM - 10:15AM	Siddha Until 9:14PM	Muruga: Clear	Sunset: 6:28PM	Moon 7 - Phase 17
	Until 5:12PM	455342362	Rahu 3:11PM - 4:50PM	Vanija Until 4:33PM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga			Chaturthi* Until 3:28AM Wed	Moon - Red		Sivaloka Day	
				Sravana-Adi			

3	Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal Sun 17 Sutra 122 Vilamba 5120
	Kanya Rasi: 17.25	Tithi 5	Gulika 10:15AM - 11:54AM	Hasta Until 4:12PM	Ganesha: Purple	Sunrise: 5:20AM	
	Routine Work	Marana Yoga	Yama 6:58AM - 8:37AM	Sadhya Until 6:42PM	Muruga: Clear	Sunset: 6:28PM	Moon 7 - Phase 17
	Until 4:12PM	465342362	Rahu 11:54AM - 1:32PM	Bava Until 2:35PM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga		Nag Panchami	Panchami Until 1:52AM Thu	Moon - Green		Subha Sivaloka Day	
				Sravana-Adi			

4	Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Kathmandu, Nepal Sun 18 Sutra 123 Vilamba 5120
	Tula Rasi: 1.11	Tithi 6	Gulika 8:37AM - 10:15AM	Chitra Until 3:47PM	Ganesha: Purple	Sunrise: 5:20AM	
	Creative Work	Siddha Yoga	Yama 5:20AM - 6:59AM	Subha Until 4:47PM	Muruga: Clear	Sunset: 6:27PM	Moon 7 - Phase 17
	Until 3:47PM	465342362	Rahu 1:32PM - 3:10PM	Kaulava Until 1:22PM	Nataraja: Clear		3rd Phase
Then Creative Work - Amrita Yoga			Shashthi* Until 1:02AM Fri	Moon - Green		Subha Sivaloka Day	
				Sravana-Adi			

5	Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara Karana Saptamyam Titau				Kathmandu, Nepal Sun 19 Sutra 124 Vilamba 5120
	Tula Rasi: 14.29	Tithi 7	Gulika 6:59AM - 8:37AM	Svati Until 4:00PM	Ganesha: Purple	Sunrise: 5:21AM	
	Creative Work	Siddha Yoga	Yama 3:09PM - 4:48PM	Sukla Until 3:30PM	Muruga: Clear	Sunset: 6:26PM	Moon 7 - Phase 17
	Until 4:12PM	465342362	Rahu 10:15AM - 11:53AM	Gara Until 12:56PM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga			Saptami Until 1:01AM Sat	Moon - Green		Subha Sivaloka Day	
				Sravana-Avani			

6	Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 20 Sutra 125 Vilamba 5120
	Retreat Star		Gulika 5:21AM - 6:59AM	Vishakha Until 5:19PM	Ganesha: Purple	Sunrise: 5:21AM	
	Tula Rasi: 27.22	Tithi 8	Yama 1:31PM - 3:09PM	Brahma Until 2:51PM	Muruga: Clear	Sunset: 6:25PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	457342362	Rahu 8:37AM - 10:15AM	Nataraja: Clear		Ashtami
				Moon - Orange		Subha Sivaloka Day	
				Sravana-Avani			

7	Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 21 Sutra 126 Vilamba 5120
	Retreat Star		Gulika 3:08PM - 4:46PM	Anuradha Until 7:12PM	Ganesha: Clear	Sunrise: 5:22AM	
	Vrischika Rasi: 9.54	Tithi 9	Yama 11:53AM - 1:31PM	Indra Until 2:48PM	Muruga: Clear	Sunset: 6:24PM	Moon 7 - Phase 17
	Routine Work	Marana Yoga	575442362	Rahu 4:46PM - 6:24PM	Nataraja: Clear		Navami
				Moon - Orange		Sivaloka Day	
				Sravana-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 22 Sutra 127 Vilamba 5120
1		Gulika 1:30PM – 3:08PM	Jyeshtha* Until 9:30PM	Ganesh: Clear	<i>Sunrise:</i> 5:22AM	
Vrischika Rasi: 22.08	Tithi 10	Yama 10:15AM – 11:53AM	Vaidhriti* Until 3:12PM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 7:00AM – 8:37AM	Tailila Until 4:14PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:17AM Tue	Moon – Orange		Sivaloka Day
				Sravana-Avani		

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau				Kathmandu, Nepal Sun 23 Sutra 128 Vilamba 5120
2		Gulika 11:52AM – 1:30PM	Mula* Until 12:32AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:23AM	
Dhanus Rasi: 4.08	Tithi 11	Yama 8:37AM – 10:15AM	Vishkambha* Until 3:59PM	Muruga: Clear	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 3:07PM – 4:45PM	Vanija Until 20:59AM Wed	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 3:12PM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 129 Vilamba 5120
3		Gulika 10:15AM – 11:52AM	Purvashadha* Until 3:38AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:23AM	
Dhanus Rasi: 16.01	Tithi 11 – 12	Yama 7:00AM – 8:38AM	Priti Until 5:01PM	Muruga: Clear	<i>Sunset:</i> 6:21PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 11:52AM – 1:29PM	Bava Until 8:59PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 7:41AM	Moon – Light Blue		Sivaloka Day
Until 3:38AM Thu				Sravana-Avani		
Then Routine Work - Marana Yoga						

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 25 Sutra 130 Vilamba 5120
4		Gulika 8:38AM – 10:15AM	Uttarashadha Until 6:37AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:24AM	
Dhanus Rasi: 27.49	Tithi 12 – 13	Yama 5:24AM – 7:01AM	Ayushman Until 6:05PM	Muruga: Clear	<i>Sunset:</i> 6:20PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 1:29PM – 3:06PM	Kaulava Until 11:36PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 10:16AM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		
				<i>Pradosha Vrata</i>		

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 26 Sutra 131 Vilamba 5120
5		Gulika 7:01AM – 8:38AM	Uttarashadha Until 6:37AM	Ganesh: Clear	<i>Sunrise:</i> 5:24AM	
Makara Rasi: 10	Tithi 13 – 14	Yama 3:05PM – 4:42PM	Saubhagya Until 7:09PM	Muruga: Clear	<i>Sunset:</i> 6:19PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 10:15AM – 11:52AM	Gara Until 2:08AM Sat	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 12:52PM	Moon – Light Blue		Sivaloka Day
		Chidambaram Abhishekam		Sravana-Avani		

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sun 27 Sutra 132 Vilamba 5120
6		Gulika 5:25AM – 7:01AM	Shravana Until 9:49AM	Ganesh: White	<i>Sunrise:</i> 5:25AM	
Makara Rasi: 21.26	Tithi 14 – 15	Yama 1:28PM – 3:05PM	Sobhana Until 8:06PM	Muruga: Clear	<i>Sunset:</i> 6:18PM	Moon 7 - Phase 18
Family Home Evening	596442362	Rahu 8:38AM – 10:15AM	Visti Until 4:28AM Sun	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:19PM	Moon – Purple		Subha Sivaloka Day
		Avani Avittam		Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal Sutra 133 Vilamba 5120
0		Gulika 3:04PM – 4:40PM	Dhanishtha Until 12:37PM	Ganesh: White	<i>Sunrise:</i> 5:25AM	
Kumbha Rasi: 3.21	Tithi 15 – 16	Yama 11:51AM – 1:27PM	Athiganda* Until 8:47PM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 7 - Phase 18
Copper Retreat Star	596442362	Rahu 4:40PM – 6:17PM	Balava Until 6:28AM Mon	Nataraja: Clear		Purnima
Routine Work	Marana Yoga		Purnima* Until 5:29PM	Moon – Purple		Subha Sivaloka Day
Until 12:37PM		Raksha Bandhan		Sravana-Avani		
Then Creative Work - Siddha Yoga						

Monday, August 27, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashadhapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 134 Vilamba 5120
1		Gulika 1:27PM – 3:03PM	Shatabhishak Until 2:55PM	Ganesh: White	<i>Sunrise:</i> 5:26AM	
Kumbha Rasi: 15.23	Tithi 16	Yama 10:14AM – 11:51AM	Sukarma Until 9:13PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 7 - Phase 18
Family Home Evening	596442362	Rahu 7:02AM – 8:38AM	Balava Until 6:28AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:18PM	Moon – Purple		Subha Sivaloka Day
Until 2:55PM				Sravana-Avani		
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Tailila Karana Dvitiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Kumbha Rasi: 27.35 Tiithi 17

517442363

Gulika 11:50AM - 1:27PM
Yama 8:38AM - 10:14AM
Rahu 3:03PM - 4:39PM

Purvaproshtapada* Until 5:09PM
Dhriti Until 9:20PM
Tailila Until 8:05AM
Dvitiya Until 8:42PM

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
Moon - Clear
Sravana-Avani

Sunrise: 5:26AM
Sunset: 6:15PM

Devaloka Day

Routine Work Marana Yoga

Until 5:09PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shula* Yoga Vanija/Vishti* Karana Tritiyayam Titau

Kathmandu, Nepal

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Meena Rasi: 9.58 Tiithi 18

517452363

Gulika 10:14AM - 11:50AM
Yama 7:02AM - 8:38AM
Rahu 11:50AM - 1:26PM

Uttaraproshtapada Until 6:48PM
Shula* Until 9:04PM
Vanija Until 9:16AM
Tritiya Until 9:40PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon - Clear
Sravana-Avani

Sunrise: 5:27AM
Sunset: 6:14PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:48PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Meena Rasi: 22.33 Tiithi 19

517452363

Gulika 8:38AM - 10:14AM
Yama 5:27AM - 7:03AM
Rahu 1:26PM - 3:01PM

Revati Until 7:51PM
Ganda* Until 8:28PM
Bava Until 10:00AM
Chaturthi* Until 10:11PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon - Clear
Sravana-Avani

Sunrise: 5:27AM
Sunset: 6:13PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:51PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Kathmandu, Nepal

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Mesha Rasi: 5.2 Tiithi 20

527452363

Gulika 7:03AM - 8:38AM
Yama 3:01PM - 4:36PM
Rahu 10:14AM - 11:50AM

Ashvini Until 8:46PM
Vriddhi Until 7:31PM
Kaulava Until 10:17AM
Panchami Until 10:13PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon - White
Sravana-Avani

Sunrise: 5:27AM
Sunset: 6:12PM

Bhuloka Day

Creative Work Amrita Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Mesha Rasi: 18.22 Tiithi 21

527452363

Gulika 5:28AM - 7:03AM
Yama 1:25PM - 3:00PM
Rahu 8:39AM - 10:14AM

Bharani Until 8:02PM
Dhruva Until 6:10PM
Gara Until 10:05AM
Shashthi* Until 9:47PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon - White
Sravana-Avani

Sunrise: 5:28AM
Sunset: 6:10PM

Bhuloka Day

Creative Work Siddha Yoga

Until 9:02PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Kritika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19
1st Phase

Vrishabha Rasi: 1.39 Tiithi 22

527452363

Gulika 2:59PM - 4:34PM
Yama 11:49AM - 1:24PM
Rahu 4:34PM - 6:09PM

Krittika Until 8:41PM
Vyaghata* Until 4:25PM
Visti Until 9:23AM
Saptami Until 8:50PM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon - White
Sravana-Avani

Sunrise: 5:28AM
Sunset: 6:09PM

Bhuloka Day

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19
Ashtami

Vrishabha Rasi: 15.13 Tiithi 23

537452363

Gulika 1:23PM - 2:58PM
Yama 10:14AM - 11:49AM
Rahu 7:04AM - 8:39AM

Rohini Until 8:06PM
Harshana Until 2:17PM
Balava Until 8:11AM
Ashtami* Until 7:23PM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Sunrise: 5:29AM
Sunset: 6:08PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vajra*/Siddhi Yoga Tailila/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19
Navami

Vrishabha Rasi: 29.04 Tiithi 24 - 25

538452363

Gulika 11:48AM - 1:23PM
Yama 8:39AM - 10:13AM
Rahu 2:58PM - 4:32PM

Mrigashira Until 6:54PM
Vajra* Until 11:42AM
Tailila Until 6:30AM
Navami* Until 5:27PM

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Sunrise: 5:29AM
Sunset: 6:07PM

Devaloka Day

Creative Work Siddha Yoga

Until 6:54PM

Then Routine Work - Marana Yoga

1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 13.14	Tithi 25 – 26	Gulika 10:13AM – 11:48AM	Ardra Until 5:07PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	
			Yama 7:04AM – 8:39AM	Siddhi Until 8:46AM	Muruga: Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	548452363 Rahu 11:48AM – 1:22PM	Bava Until 1:43AM Thu Dashami Until 3:03PM	Nataraja: Purple Moon – Yellow		2nd Phase

Devaloka Day

Sravana-Avani

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 144 Vilamba 5120
	Mithuna Rasi: 27.42	Tithi 26 – 27	Gulika 8:39AM – 10:13AM	Punarvasu Until 3:13PM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	
			Yama 5:30AM – 7:05AM	Variyan Until 1:57AM Fri	Muruga: Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 1:22PM – 2:56PM	Kaulava Until 10:47PM Ekadashi* Until 12:16PM	Nataraja: Purple Moon – Blue		2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Sravana-Avani

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 12.23	Tithi 27 – 28	Gulika 7:05AM – 8:39AM	Pushya Until 12:54PM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	
			Yama 2:56PM – 4:30PM	Parigha* Until 10:13PM	Muruga: Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:13AM – 11:47AM	Gara Until 7:37PM Dvadashi* Until 9:12AM	Nataraja: Purple Moon – Blue		2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Pradosha Vrata (Fasting)

Sravana-Avani

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 146 Vilamba 5120
	Kataka Rasi: 27.14	Tithi 29	Gulika 5:31AM – 7:05AM	Ashlesha* Until 10:19AM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	
			Yama 1:21PM – 2:55PM	Shiva Until 6:26PM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 8:39AM – 10:13AM	Visti Until 4:20PM Chaturdashi* Until 2:41AM Sun	Nataraja: Purple Moon – Blue		2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Sravana-Avani

●	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 2:54PM – 4:28PM	Magha* Until 8:34PM Mon	Ganesha: Red	<i>Sunrise:</i> 5:32AM	
	Simha Rasi: 12.06	Tithi 30	Yama 11:47AM – 1:20PM	Siddha Until 2:39PM	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 4:28PM – 6:02PM	Catuspada Until 1:05PM Amavasya* Until 11:30PM	Nataraja: Purple Moon – Red		Amavasya

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Grandparent's Day

Sravana-Avani

●	Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 148 Vilamba 5120
	Retreat Star		Gulika 1:20PM – 2:53PM	Magha* Until 8:34PM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM	
	Simha Rasi: 26.53	Tithi 1	Yama 10:13AM – 11:46AM	Sadhya Until 7:44AM Tue	Muruga: Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 20
	Family Home Evening		559452363 Rahu 7:06AM – 8:39AM	Kintughna Until 10:01AM Prathama* Until 8:34PM	Nataraja: Purple Moon – Red		Prathama

Bhuloka Day

Bhadrapada-Avani

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 11.25	Tithi 2	Gulika 11:46AM – 1:19PM	Hasta Until 7:44AM	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 5:59PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	569452363	Rahu 2:53PM – 4:26PM	Balava Until 7:16AM Dvitiya Until 6:04PM	Bhuloka Day Bhadrapada-Avani	

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Kathmandu, Nepal Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 25.38	Tithi 3 – 4	Gulika 10:12AM – 11:45AM	Chitra Until 1:05AM Thu	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 5:58PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	569452363	Rahu 11:45AM – 1:19PM	Brahma Until 2:23AM Thu Vanija Until 3:24AM Thu Tritiya Until 4:07PM	Bhuloka Day Bhadrapada-Avani	
	Until 1:05AM Thu Then Creative Work - Amrita Yoga						

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 9.27	Tithi 4 – 5	Gulika 8:39AM – 10:12AM	Svati Until 12:42AM Fri	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 5:57PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Amrita Yoga	569452363	Rahu 1:18PM – 2:51PM	Indra Until 12:34AM Fri Bava Until 2:32AM Fri Chaturthi* Until 2:51PM	Bhuloka Day Bhadrapada-Avani	
	Until 12:42AM Fri Then Creative Work - Siddha Yoga						

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Kathmandu, Nepal Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 22.49	Tithi 5 – 6	Gulika 7:07AM – 8:39AM	Vishakha Until 1:26AM Sat	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 5:34AM <i>Sunset:</i> 5:56PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	579552363	Rahu 10:12AM – 11:45AM	Vaidhriti* Until 11:23PM Kaulava Until 2:29AM Sat Panchami Until 2:23PM	Devaloka Day Bhadrapada-Avani	

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 5.45	Tithi 6 – 7	Gulika 5:34AM – 7:07AM	Anuradha Until 2:48AM Sun	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 5:34AM <i>Sunset:</i> 5:55PM	Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga	579552363	Rahu 8:39AM – 10:12AM	Vishkambha* Until 10:52PM Gara Until 3:16AM Sun Shashthi* Until 2:45PM	Devaloka Day Bhadrapada-Avani	
	Until 2:48AM Sun Then Routine Work - Marana Yoga						

6	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 20 Sutra 154 Vilamba 5120
	Vrischika Rasi: 18.19	Tithi 7 – 8	Gulika 2:49PM – 4:21PM	Jyeshtha* Until 4:44AM Mon	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 5:35AM <i>Sunset:</i> 5:53PM	Moon 8 - Phase 21 3rd Phase
	Routine Work	Marana Yoga	579552363	Rahu 4:21PM – 5:53PM	Priti Until 10:57PM Visti Until 4:47AM Mon Saptami Until 3:55PM	Devaloka Day Bhadrapada-Avani	
	Until 4:44AM Mon Then Creative Work - Siddha Yoga						

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:16PM – 2:48PM	Mula* Until 7:34AM Tue	Ganesh: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	<i>Sunrise:</i> 5:35AM <i>Sunset:</i> 5:52PM	Moon 8 - Phase 21 Ashtami
	Dhanu Rasi: 0.32	Tithi 8 – 9	589552363	Rahu 7:07AM – 8:39AM	Ayushman Until 11:29PM Balava Until 6:54AM Tue Ashtami* Until 5:46PM	Bhuloka Day Bhadrapada-Puratasi	Devaloka Time: 9:AM to 12:PM
	Family Home Evening Creative Work Siddha Yoga						

D	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 156 Vilamba 5120
	Retreat Star		Gulika 11:43AM – 1:15PM	Mula* Until 7:34AM	Ganesh: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	<i>Sunrise:</i> 5:36AM <i>Sunset:</i> 5:51PM	Moon 8 - Phase 21 Navami
	Dhanu Rasi: 12.32	Tithi 9	581552363	Rahu 2:47PM – 4:19PM	Saubhagya Until 12:22AM Wed Balava Until 6:54AM Navami* Until 8:06PM	Bhuloka Day Bhadrapada-Puratasi	Devaloka Time: 9:AM to 12:PM
	Creative Work Amrita Yoga Until 7:34AM Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 24.23	Tithi 10	Gulika Yama	10:11AM – 11:43AM 7:08AM – 8:40AM	Purvashadha* Until 10:36AM Sobhana Until 1:26AM Thu Tailila Until 9:24AM Dashami Until 10:42PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:36AM Sunset: 5:50PM Moon 8 - Phase 22 4th Phase
	Creative Work	Amrita Yoga	581552363	Rahu 11:43AM – 1:15PM		Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 9:AM to12:PM

2	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 6.11	Tithi 11	Gulika Yama	8:40AM – 10:11AM 5:36AM – 7:08AM	Uttarashadha Until 1:34PM Athiganda* Until 2:28AM Fri Vanija Until 12:02PM Ekadashi Until 1:18AM Fri	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 5:36AM Sunset: 5:49PM Moon 8 - Phase 22 4th Phase
	Routine Work	Marana Yoga	581552363	Rahu 1:14PM – 2:46PM		Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 9:AM to12:PM

3	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 18	Tithi 12	Gulika Yama	7:08AM – 8:40AM 2:45PM – 4:16PM	Shravana Until 4:46PM Sukarma Until 3:21AM Sat Bava Until 2:34PM Dvadashi Until 3:43AM Sat	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:37AM Sunset: 5:48PM Moon 8 - Phase 22 4th Phase
	Routine Work	Marana Yoga	591552363	Rahu 10:11AM – 11:42AM		Bhadrapada-Puratasi	Devaloka Day

4	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 160 Vilamba 5120
	Makara Rasi: 29.53	Tithi 13	Gulika Yama	5:37AM – 7:09AM 1:13PM – 2:44PM	Dhanishtha Until 7:31PM Dhriti Until 3:58AM Sun Kaulava Until 4:49PM Trayodashi Until 5:46AM Sun	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:37AM Sunset: 5:46PM Moon 8 - Phase 22 4th Phase
	Creative Work	Siddha Yoga	591552363	Rahu 8:40AM – 10:11AM		Bhadrapada-Puratasi	Devaloka Day

Pradosha Vrata

5	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 11.56	Tithi 14	Gulika Yama	2:43PM – 4:14PM 11:42AM – 1:13PM	Shatabhishak Until 9:41PM Shula* Until 4:12AM Mon Gara Until 6:39PM Chaturdashi* Until 7:21AM Mon	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:38AM Sunset: 5:45PM Moon 8 - Phase 22 4th Phase
	Creative Work	Siddha Yoga	591552363	Rahu 4:14PM – 5:45PM		Bhadrapada-Puratasi	Devaloka Day

Kadaitswami Mahasamadhi

○	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sutra 162 Vilamba 5120
	Copper Retreat Star		Gulika Yama	1:12PM – 2:43PM 10:10AM – 11:41AM	Purvaproshtapada* Until 11:41PM Ganda* Until 4:04AM Tue Visti Until 7:58PM Chaturdashi* Until 7:21AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 5:38AM Sunset: 5:44PM Moon 8 - Phase 22 Purnima
	Kumbha Rasi: 24.1	Tithi 14 – 15	511552363	Rahu 7:09AM – 8:40AM		Bhadrapada-Puratasi	Devaloka Day

○	Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal Sutra 163 Vilamba 5120
	Silver Retreat Star		Gulika Yama	11:41AM – 1:11PM 8:40AM – 10:10AM	Uttaraproshtapada Until 1:01AM Wed Vriddhi Until 3:32AM Wed Balava Until 8:46PM Purnima* Until 8:25AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 5:39AM Sunset: 5:43PM Moon 8 - Phase 22 Prathama
	Meena Rasi: 6.37	Tithi 15 – 16	511552363	Rahu 2:42PM – 4:12PM		Bhadrapada-Puratasi	Devaloka Day

Then Routine Work - Marana Yoga



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 19.18 Tihi 16 – 17

511552363

Gulika 10:10AM – 11:41AM
Yama 7:10AM – 8:40AM
Rahu 11:41AM – 1:11PM

Revati Until 1:44AM Thu
Dhruva Until 2:36AM Thu
Taitila Until 9:05PM
Prathama* Until 8:58AM

Ganesh: Purple *Sunrise:* 5:39AM
Muruga: Purple *Sunset:* 5:42PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Until 1:44AM Thu

Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 2.13 Tihi 17 – 18

521552363

Gulika 8:40AM – 10:10AM
Yama 5:40AM – 7:10AM
Rahu 1:10PM – 2:40PM

Ashvini Until 2:20AM Fri
Vyaghata* Until 1:21AM Fri
Vanija Until 8:58PM
Dvitiya Until 9:03AM

Ganesh: Clear *Sunrise:* 5:40AM
Muruga: Purple *Sunset:* 5:41PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 2:20AM Fri

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Kathmandu, Nepal

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 15.2 Tihi 18 – 19

621552363

Gulika 7:10AM – 8:40AM
Yama 2:40PM – 4:10PM
Rahu 10:10AM – 11:40AM

Bharani Until 2:25AM Sat
Harshana Until 11:49PM
Bava Until 8:27PM
Tritiya Until 8:44AM

Ganesh: Purple *Sunrise:* 5:40AM
Muruga: Purple *Sunset:* 5:40PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 2:25AM Sat

Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 28.39 Tihi 19 – 20

622552363

Gulika 5:41AM – 7:10AM
Yama 1:09PM – 2:39PM
Rahu 8:40AM – 10:10AM

Krittika Until 2:02AM Sun
Vajra* Until 9:59PM
Kaulava Until 7:36PM
Chaturthi* Until 8:03AM

Ganesh: Clear *Sunrise:* 5:41AM
Muruga: Purple *Sunset:* 5:38PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 2:02AM Sun

Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 12.08 Tihi 20 – 21

632552363

Gulika 2:38PM – 4:08PM
Yama 11:39AM – 1:09PM
Rahu 4:08PM – 5:37PM

Rohini Until 1:39AM Mon
Siddhi Until 7:56PM
Gara Until 6:27PM
Panchami Until 7:03AM

Ganesh: Purple *Sunrise:* 5:41AM
Muruga: Purple *Sunset:* 5:37PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Until 1:39AM Mon

Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 25.49 Tihi 22

632552363

Gulika 1:08PM – 2:38PM
Yama 10:10AM – 11:39AM
Rahu 7:11AM – 8:40AM

Mrigashira Until 12:51AM Tue
Vyatipata* Until 5:39PM
Visti Until 5:01PM
Saptami Until 4:10AM Tue

Ganesh: Purple *Sunrise:* 5:42AM
Muruga: Purple *Sunset:* 5:36PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 12:51AM Tue

Then Routine Work - Marana Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 9.38 Tihi 23

632552363

Gulika 11:39AM – 1:08PM
Yama 8:40AM – 10:09AM
Rahu 2:37PM – 4:06PM

Ardra Until 11:37PM
Variyan Until 3:08PM
Balava Until 3:18PM
Ashtami* Until 2:19AM Wed

Ganesh: Purple *Sunrise:* 5:42AM
Muruga: Purple *Sunset:* 5:35PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 11:37PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 23.39 Tihi 24

642552363

Gulika 10:09AM – 11:38AM
Yama 7:11AM – 8:40AM
Rahu 11:38AM – 1:07PM

Punarvasu Until 10:24PM
Parigha* Until 12:24PM
Taitila Until 1:19PM
Navami* Until 12:12AM Thu

Ganesh: Clear *Sunrise:* 5:43AM
Muruga: Purple *Sunset:* 5:34PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Kathmandu, Nepal Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 7.49	Tithi 25	Gulika 8:40AM – 10:09AM	Pushya Until 8:49PM	Ganesh: Clear	<i>Sunrise:</i> 5:43AM		
		Yama 5:43AM – 7:12AM	Shiva Until 9:28AM	Muruga: Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 24	
		642552363 Rahu 1:07PM – 2:35PM	Vanija Until 11:05AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 9:51PM	Moon – Blue	Bhuloka Day		
Until 8:49PM				Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Kathmandu, Nepal Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 22.09	Tithi 26	Gulika 7:12AM – 8:41AM	Ashlesha* Until 6:54PM	Ganesh: Clear	<i>Sunrise:</i> 5:44AM		
		Yama 2:35PM – 4:03PM	Siddha Until 6:20AM	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24	
		642552363 Rahu 10:09AM – 11:38AM	Bava Until 8:38AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 7:19PM	Moon – Blue	Bhuloka Day		
				Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM		

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 6.35	Tithi 27 – 28	Gulika 5:44AM – 7:12AM	Magha* Until 5:10PM	Ganesh: White	<i>Sunrise:</i> 5:44AM		
		Yama 1:06PM – 2:34PM	Subha Until 11:48PM	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 24	
		652552363 Rahu 8:41AM – 10:09AM	Kaulava Until 2:83AM Sun	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 6:20AM	Moon – Red	Bhuloka Day		
Until 5:10PM				Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 21.04	Tithi 28 – 29	Gulika 2:33PM – 4:01PM	Purvaphalguni Until 3:17PM	Ganesh: White	<i>Sunrise:</i> 5:45AM		
		Yama 11:37AM – 1:05PM	Sukla Until 8:31PM	Muruga: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24	
		652552363 Rahu 4:01PM – 5:29PM	Visti Until 12:47AM Mon	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 2:03PM	Moon – Red	Bhuloka Day		
Until 3:17PM				Bhadrapada-Puratasi			
Then Creative Work - Amrita Yoga							

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kathmandu, Nepal Sun 12 Sutra 176 Vilamba 5120
Retreat Star		Gulika 1:05PM – 2:33PM	Uttaraphalguni Until 1:23PM	Ganesh: White	<i>Sunrise:</i> 5:45AM		
Kanya Rasi: 5.29	Tithi 29 – 30	Yama 10:09AM – 11:37AM	Brahma Until 5:22PM	Muruga: Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 24	
Family Home Evening		652552364 Rahu 7:13AM – 8:41AM	Catuspada Until 10:22PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:32AM	Moon – Red	Bhuloka Day		
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM		

Tuesday, October 9, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kathmandu, Nepal Sun 13 Sutra 177 Vilamba 5120
Kanya Rasi: 19.46	Tithi 30 – 1	Gulika 11:36AM – 1:04PM	Hasta Until 12:02PM	Ganesh: Red	<i>Sunrise:</i> 5:46AM		
		Yama 8:41AM – 10:09AM	Indra Until 2:29PM	Muruga: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 24	
		662652364 Rahu 2:32PM – 4:00PM	Kintughna Until 8:18PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 9:16AM	Moon – Green	Devaloka Day		
		Navaratri Begins		Ashvina-Puratasi			

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 14 Sutra 178 Vilamba 5120	
	Tula Rasi: 3.47	Tithi 1 – 2	Gulika 10:09AM – 11:36AM	Chitra Until 10:58AM	Ganesha: Red	<i>Sunrise:</i> 5:46AM	Moon 9 - Phase 25	
			Yama 7:14AM – 8:41AM	Vaidhriti* Until 11:55AM	Muruga: Purple	<i>Sunset:</i> 5:26PM	3rd Phase	
	Creative Work	Siddha Yoga	662652364 Rahu 11:36AM – 1:04PM	Balava Until 6:42PM	Nataraja: Clear		Moon – Green	
			Prathama* Until 7:24AM	Ashvina+Puratasi		Devaloka Day		

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 179 Vilamba 5120	
	Tula Rasi: 17.29	Tithi 2 – 3	Gulika 8:41AM – 10:09AM	Svati Until 10:19AM	Ganesha: Red	<i>Sunrise:</i> 5:47AM	Moon 9 - Phase 25	
			Yama 5:47AM – 7:14AM	Vishkambha* Until 9:49AM	Muruga: Purple	<i>Sunset:</i> 5:25PM	3rd Phase	
	Creative Work	Amrita Yoga	662652364 Rahu 1:03PM – 2:31PM	Gara Until 5:27AM Fri	Nataraja: Clear		Moon – Green	
			Dvitiya Until 6:06AM	Ashvina+Puratasi		Devaloka Day		
						Then Creative Work - Siddha Yoga		

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 16 Sutra 180 Vilamba 5120	
	Vrischika Rasi: 0.48	Tithi 4	Gulika 7:14AM – 8:41AM	Vishakha Until 10:38AM	Ganesha: White	<i>Sunrise:</i> 5:47AM	Moon 9 - Phase 25	
			Yama 2:30PM – 3:57PM	Priti Until 8:17AM	Muruga: Purple	<i>Sunset:</i> 5:24PM	3rd Phase	
	Creative Work	Siddha Yoga	673652364 Rahu 10:09AM – 11:36AM	Vanija Until 5:26PM	Nataraja: Clear		Moon – Orange	
			Chaturthi* Until 5:34AM Sat	Ashvina+Puratasi		Bhuloka Day		
						Devaloka Time: 6:PM to 9:PM		

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal Sun 17 Sutra 181 Vilamba 5120	
	Vrischika Rasi: 13.43	Tithi 5	Gulika 5:48AM – 7:15AM	Anuradha Until 11:33AM	Ganesha: White	<i>Sunrise:</i> 5:48AM	Moon 9 - Phase 25	
			Yama 1:02PM – 2:29PM	Ayushman Until 7:19AM	Muruga: Purple	<i>Sunset:</i> 5:23PM	3rd Phase	
	Creative Work	Siddha Yoga	673652364 Rahu 8:42AM – 10:08AM	Bava Until 5:57PM	Nataraja: Clear		Moon – Orange	
			Panchami Until 6:28AM Sun	Ashvina+Puratasi		Bhuloka Day		
						Devaloka Time: 6:PM to 9:PM		

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 18 Sutra 182 Vilamba 5120	
	Vrischika Rasi: 26.16	Tithi 5 – 6	Gulika 2:29PM – 3:55PM	Jyeshtha* Until 1:03PM	Ganesha: White	<i>Sunrise:</i> 5:48AM	Moon 9 - Phase 25	
			Yama 11:35AM – 1:02PM	Saubhagya Until 6:58AM	Muruga: Purple	<i>Sunset:</i> 5:22PM	3rd Phase	
	Routine Work	Marana Yoga	673652364 Rahu 3:55PM – 5:22PM	Kaulava Until 7:13PM	Nataraja: Clear		Moon – Orange	
			Panchami Until 6:28AM	Ashvina+Puratasi		Bhuloka Day		
						Devaloka Time: 6:PM to 9:PM		

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Talitla/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 19 Sutra 183 Vilamba 5120	
	Dhanus Rasi: 8.31	Tithi 6 – 7	Gulika 1:01PM – 2:28PM	Mula* Until 3:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Moon 9 - Phase 25	
	Family Home Evening		Yama 10:08AM – 11:35AM	Sobhana Until 7:11AM	Muruga: Purple	<i>Sunset:</i> 5:21PM	3rd Phase	
	Creative Work	Siddha Yoga	683652364 Rahu 7:15AM – 8:42AM	Gara Until 9:10PM	Nataraja: Clear		Moon – Light Blue	
			Shashthi* Until 8:06AM	Ashvina+Puratasi		Devaloka Day		
						Then Routine Work - Marana Yoga		

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 20 Sutra 184 Vilamba 5120	
	Retreat Star		Gulika 11:35AM – 1:01PM	Purvashadha* Until 6:24PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Moon 9 - Phase 25	
	Dhanus Rasi: 20.31	Tithi 7 – 8	Yama 8:42AM – 10:08AM	Athiganda* Until 7:49AM	Muruga: Purple	<i>Sunset:</i> 5:20PM	Ashtami	
	Creative Work	Siddha Yoga	683652364 Rahu 2:27PM – 3:54PM	Visti Until 11:35PM	Nataraja: Clear		Moon – Light Blue	
			Saptami Until 10:19AM	Ashvina+Puratasi		Devaloka Day		
						Then Routine Work - Prabalarishta Yoga		

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 21 Sutra 185 Vilamba 5120	
	Retreat Star		Gulika 10:08AM – 11:35AM	Uttarashadha Until 9:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Moon 9 - Phase 25	
	Makara Rasi: 2.22	Tithi 8 – 9	Yama 7:16AM – 8:42AM	Sukarma Until 8:45AM	Muruga: Purple	<i>Sunset:</i> 5:19PM	Navami	
	Creative Work	Amrita Yoga	683652364 Rahu 11:35AM – 1:01PM	Balava Until 2:14AM Thu	Nataraja: Clear		Moon – Light Blue	
			Ashtami* Until 12:53PM	Ashvina+Puratasi		Devaloka Day		
						Then Creative Work - Siddha Yoga		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava Karana Navami/Dashmyam Titau				Kathmandu, Nepal Sun 22 Sutra 186	
	Makara Rasi: 14.1	Tithi 9 – 10	Gulika 8:42AM – 10:08AM	Shravana Until 12:35AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:51AM	Vilamba 5120		
			Yama 5:51AM – 7:16AM	Dhriti Until 9:47AM	Muruga: Purple <i>Sunset:</i> 5:18PM	Moon 9 - Phase 26		
	Creative Work	Siddha Yoga	693652364 Rahu 1:00PM – 2:26PM	Kaulava Until 3:32PM	Nataraja: Clear	4th Phase		
		Vijaya Dasami	Navami* Until 3:32PM	Moon – Purple	Bhuloka Day		Devaloka Time: 6:PM to 9:PM	


2	Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashmyam Titau				Kathmandu, Nepal Sun 23 Sutra 187	
	Makara Rasi: 26	Tithi 10	Gulika 7:17AM – 8:43AM	Dhanishtha Until 3:25AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:51AM	Vilamba 5120		
			Yama 2:26PM – 3:51PM	Shula* Until 10:42AM	Muruga: Purple <i>Sunset:</i> 5:17PM	Moon 9 - Phase 26		
	Creative Work	Siddha Yoga	693652364 Rahu 10:08AM – 11:34AM	Gara Until 6:00PM	Nataraja: Clear	4th Phase		
			Dashami Until 6:00PM	Moon – Purple	Bhuloka Day		Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				


3	Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Ekadashmyam Titau				Kathmandu, Nepal Sun 24 Sutra 188	
	Kumbha Rasi: 7.57	Tithi 11	Gulika 5:52AM – 7:17AM	Shatabhishak Until 5:39AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:52AM	Vilamba 5120		
			Yama 1:00PM – 2:25PM	Ganda* Until 11:22AM	Muruga: Purple <i>Sunset:</i> 5:16PM	Moon 9 - Phase 26		
	Creative Work	Amrita Yoga	693652364 Rahu 8:43AM – 10:08AM	Vanija Until 7:07AM	Nataraja: Clear	4th Phase		
			Ekadashi Until 8:04PM	Moon – Purple	Bhuloka Day		Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				

4	Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashmyam Titau				Kathmandu, Nepal Sun 25 Sutra 189	
	Kumbha Rasi: 20.05	Tithi 12	Gulika 2:25PM – 3:50PM	Purvaproshtapada* Until 7:37AM Mon	Ganesha: White <i>Sunrise:</i> 5:52AM	Vilamba 5120		
			Yama 11:34AM – 12:59PM	Vriddhi Until 11:39AM	Muruga: Purple <i>Sunset:</i> 5:15PM	Moon 9 - Phase 26		
	Creative Work	Siddha Yoga	613652364 Rahu 3:50PM – 5:15PM	Bava Until 8:55AM	Nataraja: Clear	4th Phase		
			Dvadashi Until 9:34PM	Moon – Clear	Bhuloka Day		Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				

5	Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashmyam Titau				Kathmandu, Nepal Sun 26 Sutra 190	
	Meena Rasi: 2.28	Tithi 13	Gulika 12:59PM – 2:24PM	Purvaproshtapada* Until 7:37AM	Ganesha: White <i>Sunrise:</i> 5:53AM	Vilamba 5120		
	Family Home Evening		Yama 10:08AM – 11:34AM	Dhruva Until 11:26AM	Muruga: Purple <i>Sunset:</i> 5:14PM	Moon 9 - Phase 26		
	Routine Work	Marana Yoga	613652364 Rahu 7:18AM – 8:43AM	Kaulava Until 10:06AM	Nataraja: Clear	4th Phase		
			Trayodashi Until 10:26PM	Moon – Clear	Bhuloka Day		Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				
				<i>Pradosha Vrata</i>				

6	Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashmyam Titau				Kathmandu, Nepal Sun 27 Sutra 191	
	Meena Rasi: 15.09	Tithi 14	Gulika 11:33AM – 12:58PM	Uttaraproshtapada Until 8:49AM	Ganesha: White <i>Sunrise:</i> 5:53AM	Vilamba 5120		
			Yama 8:43AM – 10:08AM	Vyaghata* Until 10:44AM	Muruga: Purple <i>Sunset:</i> 5:13PM	Moon 9 - Phase 26		
	Creative Work	Amrita Yoga	613652364 Rahu 2:23PM – 3:48PM	Gara Until 10:38AM	Nataraja: Clear	4th Phase		
			Chaturdashi* Until 10:39PM	Moon – Clear	Bhuloka Day		Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				

	Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Kathmandu, Nepal Sutra 192	
	Copper Retreat Star		Gulika 10:09AM – 11:33AM	Revati Until 9:14AM	Ganesha: White <i>Sunrise:</i> 5:54AM	Vilamba 5120		
	Meena Rasi: 28.08	Tithi 15	Yama 7:19AM – 8:44AM	Harshana Until 9:33AM	Muruga: Purple <i>Sunset:</i> 5:13PM	Moon 9 - Phase 26		
	Routine Work	Marana Yoga	613652364 Rahu 11:33AM – 12:58PM	Visti Until 10:34AM	Nataraja: Clear	Purnima		
			Purnima* Until 10:17PM	Moon – Clear	Bhuloka Day		Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				

	Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 193	
	Silver Retreat Star		Gulika 8:44AM – 10:09AM	Ashvini Until 9:26AM	Ganesha: Clear <i>Sunrise:</i> 5:55AM	Vilamba 5120		
	Mesha Rasi: 11.24	Tithi 16	Yama 5:55AM – 7:19AM	Vajra* Until 7:55AM	Muruga: Purple <i>Sunset:</i> 5:12PM	Moon 9 - Phase 26		
	Creative Work	Amrita Yoga	623652364 Rahu 12:58PM – 2:22PM	Balava Until 9:56AM	Nataraja: Clear	Prathama		
			Prathama* Until 9:26PM	Moon – White	Devaloka Day			
				Ashvina-Aipasi				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Tailila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mesha Rasi: 24.55 Tihti 17

624652364

Gulika 7:20AM – 8:44AM
Yama 2:22PM – 3:46PM
Rahu 10:09AM – 11:33AM

Bharani **Until 9:02AM**
Vyatipata* Until 3:41AM Sat
Tailila Until 8:51AM
Dvitiya **Until 8:10PM**

Ganesha: White *Sunrise:* 5:55AM
Muruga: Purple *Sunset:* 5:11PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Kathmandu, Nepal
Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 8.4 Tihti 18

624652364

Gulika 5:56AM – 7:20AM
Yama 12:57PM – 2:22PM
Rahu 8:44AM – 10:09AM

Krittika **Until 8:10AM**
Variyan Until 1:12AM Sun
Vanija Until 7:26AM
Tritiya **Until 6:37PM**

Ganesha: White *Sunrise:* 5:56AM
Muruga: Purple *Sunset:* 5:10PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Vrishabha Rasi: 22.32 Tihti 19 – 20

634652364

Gulika 2:21PM – 3:45PM
Yama 11:33AM – 12:57PM
Rahu 3:45PM – 5:09PM

Rohini **Until 7:20AM**
Parigha* Until 10:36PM
Kaulava Until 3:59AM Mon
Chaturthi* **Until 4:53PM**

Ganesha: Clear *Sunrise:* 5:57AM
Muruga: Purple *Sunset:* 5:09PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal
Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 6.31 Tihti 20 – 21

634652364

Gulika 12:57PM – 2:21PM
Yama 10:09AM – 11:33AM
Rahu 7:21AM – 8:45AM

Mrigashira **Until 6:14AM**
Shiva Until 7:55PM
Gara Until 2:05AM Tue
Panchami **Until 3:01PM**

Ganesha: Clear *Sunrise:* 5:57AM
Muruga: Purple *Sunset:* 5:08PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27
1st Phase

Mithuna Rasi: 20.33 Tihti 21 – 22

644652364

Gulika 11:33AM – 12:56PM
Yama 8:45AM – 10:09AM
Rahu 2:20PM – 3:44PM

Punarvasu **Until 3:47AM Wed**
Siddha Until 5:10PM
Visti Until 12:08AM Wed
Shashthi* **Until 1:06PM**

Ganesha: Purple *Sunrise:* 5:58AM
Muruga: Purple *Sunset:* 5:08PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27
Ashtami

Kataka Rasi: 4.37 Tihti 22 – 23

644662364

Gulika 10:09AM – 11:33AM
Yama 7:22AM – 8:46AM
Rahu 11:33AM – 12:56PM

Pushya **Until 2:31AM Thu**
Sadhya Until 2:25PM
Bava Until 11:08AM
Saptami **Until 11:08AM**

Ganesha: Purple *Sunrise:* 5:59AM
Muruga: Clear *Sunset:* 5:07PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27
Navami

Kataka Rasi: 18.41 Tihti 23 – 24

644662364

Gulika 8:46AM – 10:09AM
Yama 5:59AM – 7:23AM
Rahu 12:56PM – 2:19PM

Ashlesha* **Until 1:06AM Fri**
Subha Until 11:39AM
Tailila Until 8:11PM
Ashtami* **Until 9:09AM**

Ganesha: Purple *Sunrise:* 5:59AM
Muruga: Clear *Sunset:* 5:06PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:06AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Kathmandu, Nepal Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 2.46	Tithi 24 - 25	Gulika 7:23AM - 8:46AM	Magha* Until 11:59PM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	
		Yama 2:19PM - 3:42PM	Sukla Until 8:51AM	Muruga: Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
		654662364 Rahu 10:09AM - 11:33AM	Vanija Until 6:12PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 7:10AM	Moon - Red		Sivaloka Day
Until 11:59PM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 16.51	Tithi 26	Gulika 6:01AM - 7:24AM	Purvaphalguni Until 10:44PM	Ganesha: White	<i>Sunrise:</i> 6:01AM	
		Yama 12:56PM - 2:19PM	Brahma Until 6:04AM	Muruga: Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
		654762364 Rahu 8:47AM - 10:10AM	Bava Until 4:15PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:16AM Sun	Moon - Red		Devaloka Day
Until 10:44PM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 0.54	Tithi 27	Gulika 2:18PM - 3:41PM	Uttaraphalguni Until 11:49PM Mon	Ganesha: White	<i>Sunrise:</i> 6:01AM	
		Yama 11:33AM - 12:55PM	Vaidhriti* Until 12:41AM Mon	Muruga: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
		654762364 Rahu 3:41PM - 5:04PM	Kaulava Until 2:22PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:27AM Mon	Moon - Red		Devaloka Day
				Ashvina-Aipasi		

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 14.52	Tithi 28	Gulika 12:55PM - 2:18PM	Uttaraphalguni Until 11:49PM Mon	Ganesha: Green	<i>Sunrise:</i> 6:02AM	
Family Home Evening		Yama 10:10AM - 11:33AM	Vishkambha* Until 9:70PM	Muruga: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
		664762364 Rahu 7:25AM - 8:47AM	Gara Until 12:37PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:49PM	Moon - Green		Devaloka Day
Until 11:49PM				Ashvina-Aipasi		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 205 Vilamba 5120
Kanya Rasi: 28.43	Tithi 29	Gulika 11:33AM - 12:55PM	Chitra Until 7:54PM	Ganesha: Green	<i>Sunrise:</i> 6:03AM	
		Yama 8:48AM - 10:10AM	Priti Until 7:54PM	Muruga: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
		664762364 Rahu 2:18PM - 3:40PM	Visti Until 11:07AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:28PM	Moon - Green		Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		
		Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 206 Vilamba 5120
Retreat Star		Gulika 10:10AM - 11:33AM	Svati Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 6:03AM	
Tula Rasi: 12.22	Tithi 30	Yama 7:26AM - 8:48AM	Ayushman Until 5:55PM	Muruga: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28
		764762364 Rahu 11:33AM - 12:55PM	Catuspada Until 9:58AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 9:32PM	Moon - Green		Devaloka Day
				Ashvina-Aipasi		

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 207 Vilamba 5120
Retreat Star		Gulika 8:49AM - 10:11AM	Vishakha Until 7:46PM	Ganesha: Orange	<i>Sunrise:</i> 6:04AM	
Tula Rasi: 25.46	Tithi 1	Yama 6:04AM - 7:26AM	Saubhagya Until 4:20PM	Muruga: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28
		775762364 Rahu 12:55PM - 2:17PM	Kintughna Until 9:16AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 9:07PM	Moon - Orange		Sivaloka Day
		Skanda Shasthi Begins		Kartika-Aipasi		

1		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 8.52	Tithi 2	Gulika 7:27AM – 8:49AM	Anuradha Until 8:32PM	Ganesha: Orange	<i>Sunrise:</i> 6:05AM		
		Yama 2:17PM – 3:39PM	Sobhana Until 3:15PM	Muruga: Clear	<i>Sunset:</i> 5:01PM		Moon 10 - Phase 29
		775762364 Rahu 10:11AM – 11:33AM	Balava Until 9:09AM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:19PM	Moon – Orange		Sivaloka Day	
Until 8:32PM				Karttika•Aipasi			
Then Routine Work - Marana Yoga							

2		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 21.4	Tithi 3	Gulika 6:06AM – 7:27AM	Jyeshtha* Until 9:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:06AM		
		Yama 12:55PM – 2:17PM	Athiganda* Until 2:38PM	Muruga: Clear	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 29
		775762364 Rahu 8:49AM – 10:11AM	Tailila Until 9:42AM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:12PM	Moon – Orange		Sivaloka Day	
				Karttika•Aipasi			

3		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Kathmandu, Nepal Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 4.08	Tithi 4	Gulika 2:16PM – 3:38PM	Mula* Until 12:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:06AM		
		Yama 11:33AM – 12:55PM	Sukarma Until 2:33PM	Muruga: Clear	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 29
		785762364 Rahu 3:38PM – 5:00PM	Vanija Until 10:55AM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 11:45PM	Moon – Light Blue		Sivaloka Day	
Until 12:01AM Mon				Karttika•Aipasi			
Then Routine Work - Marana Yoga							

4		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Kathmandu, Nepal Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 16.2	Tithi 5	Gulika 12:55PM – 2:16PM	Purvashadha* Until 4:25AM Wed Tue	Ganesha: Clear	<i>Sunrise:</i> 6:07AM		
Family Home Evening		Yama 10:12AM – 11:33AM	Dhriti Until 2:58PM	Muruga: Clear	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 29
Routine Work	Marana Yoga	785762364 Rahu 7:29AM – 8:50AM	Bava Until 12:47PM	Nataraja: Clear			3rd Phase
Until 4:25AM Wed Tue			Panchami Until 1:53AM Tue	Moon – Light Blue		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Karttika•Aipasi			

5		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau		Kathmandu, Nepal Sun 19 Sutra 212 Vilamba 5120	
Dhanus Rasi: 28.19	Tithi 6	Gulika 11:33AM – 12:55PM	Purvashadha* Until 4:25AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:08AM		
		Yama 8:51AM – 10:12AM	Shula* Until 16:40AM Wed	Muruga: Clear	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 29
		785762364 Rahu 2:16PM – 3:37PM	Kaulava Until 3:08PM	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Shashthi* Until 4:25AM Wed	Moon – Light Blue		Sivaloka Day	
Until 4:25AM Wed				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

6		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhdi Yoga Gara/Vanija Karana Saptamyam Titau		Kathmandu, Nepal Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 10.1	Tithi 7	Gulika 10:12AM – 11:33AM	Uttarashadha Until 7:08AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:09AM		
		Yama 7:30AM – 8:51AM	Ganda* Until 17:40AM Thu	Muruga: Clear	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 29
		795762364 Rahu 11:33AM – 12:55PM	Gara Until 5:48PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:08AM Thu	Moon – Purple		Subha Sivaloka Day	
				Karttika•Aipasi			

Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhdi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 21.58	Tithi 7 – 8	Gulika 8:52AM – 10:13AM	Shravana Until 9:43AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:09AM		
		Yama 6:09AM – 7:30AM	Vridhdi Until 5:40PM	Muruga: Clear	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 29
		795762364 Rahu 12:55PM – 2:16PM	Visti Until 8:29PM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:08AM	Moon – Purple		Subha Sivaloka Day	
				Karttika•Aipasi			

Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 3.47	Tithi 8 – 9	Gulika 7:31AM – 8:52AM	Shravana Until 9:43AM	Ganesha: Purple	<i>Sunrise:</i> 6:10AM		
		Yama 2:16PM – 3:37PM	Dhruva Until 5:89PM	Muruga: Clear	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 29
		795762364 Rahu 10:13AM – 11:34AM	Balava Until 10:55PM	Nataraja: Clear			Navami
Creative Work	Siddha Yoga		Ashtami* Until 9:43AM	Moon – Purple		Subha Sivaloka Day	
				Karttika•Kartikai			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau					Kathmandu, Nepal Sun 23 Sutra 216 Vilamba 5120
	Kumbha Rasi: 15.44 Tithi 9 – 10	Gulika 6:11AM – 7:32AM Yama 12:55PM – 2:16PM Rahu 8:52AM – 10:13AM	Shatabhishak Until 1:36PM Sun Vyaghata* Until 6:59PM Tailila Until 12:53AM Sun Navami* Until 11:57AM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Purple	Sunrise: 6:11AM Sunset: 4:57PM		Moon 10 - Phase 30 4th Phase
	Creative Work Amrita Yoga Until 1:36PM Sun Then Routine Work - Marana Yoga					Devaloka Day	

2	Sunday, November 18, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Uttaraproshtapada* Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau					Kathmandu, Nepal Sun 24 Sutra 217 Vilamba 5120
	Kumbha Rasi: 27.54 Tithi 10 – 11	Gulika 2:15PM – 3:36PM Yama 11:34AM – 12:55PM Rahu 3:36PM – 4:57PM	Shatabhishak Until 1:36PM Harshana Until 6:62PM Vanija Until 2:11AM Mon Dashami Until 1:36PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:12AM Sunset: 4:57PM		Moon 10 - Phase 30 4th Phase
	Creative Work Siddha Yoga Until 1:36PM Then Creative Work - Amrita Yoga					Devaloka Day	

3	Monday, November 19, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau					Kathmandu, Nepal Sun 25 Sutra 218 Vilamba 5120
	Meena Rasi: 10.21 Tithi 11 – 12	Gulika 12:55PM – 2:15PM Yama 10:14AM – 11:34AM Rahu 7:33AM – 8:53AM	Uttaraproshtapada Until 5:55PM Vajra* Until 6:30PM Bava Until 2:45AM Tue Ekadashi Until 2:32PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:12AM Sunset: 4:56PM		Moon 10 - Phase 30 4th Phase
	Family Home Evening Creative Work Siddha Yoga					Devaloka Day	

4	Tuesday, November 20, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Gara Karana Dvadashi/Trayodashyam Titau					Kathmandu, Nepal Sun 26 Sutra 219 Vilamba 5120
	Meena Rasi: 23.08 Tithi 12 – 13	Gulika 11:35AM – 12:55PM Yama 8:54AM – 10:14AM Rahu 2:15PM – 3:36PM	Revati Until 6:26PM Siddhi Until 6:26PM Gara Until 25:40AM Wed Dvadashi Until 2:43PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:13AM Sunset: 4:56PM		Moon 10 - Phase 30 4th Phase
	Creative Work Siddha Yoga					Devaloka Day	
						<i>Pradosha Vrata</i>	

5	Wednesday, November 21, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyalipata*/Varyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau					Kathmandu, Nepal Sun 27 Sutra 220 Vilamba 5120
	Mesha Rasi: 6.17 Tithi 13 – 14	Gulika 10:15AM – 11:35AM Yama 7:34AM – 8:54AM Rahu 11:35AM – 12:55PM	Ashvini Until 6:33PM Vyatipata* Until 3:43PM Gara Until 1:40AM Thu Trayodashi Until 2:10PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	Sunrise: 6:14AM Sunset: 4:56PM		Moon 10 - Phase 30 4th Phase
	Routine Work Marana Yoga Until 6:33PM Then Creative Work - Siddha Yoga					Bhuloka Day Devaloka Time: 12:PM to 3:PM	

○	Thursday, November 22, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau					Kathmandu, Nepal Sun 28 Sutra 221 Vilamba 5120
	Mesha Rasi: 19.49 Tithi 14 – 15	Gulika 8:55AM – 10:15AM Yama 6:15AM – 7:35AM Rahu 12:55PM – 2:15PM	Bharani Until 5:53PM Varyan Until 1:31PM Visti Until 12:10AM Fri Chaturdashi* Until 12:58PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	Sunrise: 6:15AM Sunset: 4:56PM		Moon 10 - Phase 30 Purnima
	Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Marana Yoga					Bhuloka Day Devaloka Time: 12:PM to 3:PM	

○	Friday, November 23, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau					Kathmandu, Nepal Sun 29 Sutra 222 Vilamba 5120
	Vrisabha Rasi: 3.42 Tithi 15 – 16	Gulika 7:35AM – 8:55AM Yama 2:15PM – 3:35PM Rahu 10:15AM – 11:35AM	Krittika Until 9:04AM Sat Parigha* Until 10:55AM Balava Until 10:12PM Purnima* Until 11:13AM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	Sunrise: 6:16AM Sunset: 4:55PM		Moon 10 - Phase 30 Prathama
	Creative Work Siddha Yoga Until 9:04AM Sat Then Routine Work - Marana Yoga					Bhuloka Day Devaloka Time: 12:PM to 3:PM	
		Vinayaga Viratam Begins					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal

Sutra 223

Vilamba 5120

Moon 11 - Phase 31
1st Phase

Vrishabha Rasi: 17.5 Tihi 16 - 17

737762365

Gulika 6:16AM - 7:36AM
Yama 12:56PM - 2:15PM
Rahu 8:56AM - 10:16AM

Krittika **Until 9:04AM**
Shiva **Until 4:49AM** Sun
Taitila **Until 7:55PM**
Prathama* Until 9:04AM

Ganesha: Red *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 4:55PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga
Until 9:04AM
Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31
1st Phase

Mithuna Rasi: 2.11 Tihi 17 - 18

737762365

Gulika 2:15PM - 3:35PM
Yama 11:36AM - 12:56PM
Rahu 3:35PM - 4:55PM

Mrigashira **Until 1:26PM**
Sadhya **Until 1:32AM** Mon
Visti **Until 4:07AM** Mon
Dvitiya **Until 6:40AM**

Ganesha: Red *Sunrise:* 6:17AM
Muruga: Clear *Sunset:* 4:55PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava Karana Chaturthyam Titau

Kathmandu, Nepal

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31
1st Phase

Mithuna Rasi: 16.37 Tihi 19

737762365

Gulika 12:56PM - 2:16PM
Yama 10:17AM - 11:36AM
Rahu 7:37AM - 8:57AM

Ardra **Until 11:27AM**
Subha **Until 11:27AM**
Bava **Until 2:51PM**
Chaturthi* Until 1:34AM Tue

Ganesha: Red *Sunrise:* 6:18AM
Muruga: Clear *Sunset:* 4:55PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 11:27AM
Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31
1st Phase

Kataka Rasi: 1.04 Tihi 20

747762365

Gulika 11:37AM - 12:56PM
Yama 8:58AM - 10:17AM
Rahu 2:16PM - 3:35PM

Punarvasu **Until 9:46AM**
Sukla **Until 7:00PM**
Kaulava **Until 12:20PM**
Panchami **Until 11:06PM**

Ganesha: Green *Sunrise:* 6:19AM
Muruga: Clear *Sunset:* 4:55PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31
1st Phase

Kataka Rasi: 15.25 Tihi 21

747862365

Gulika 10:18AM - 11:37AM
Yama 7:39AM - 8:58AM
Rahu 11:37AM - 12:56PM

Pushya **Until 8:04AM**
Brahma **Until 3:53PM**
Gara **Until 9:56AM**
Shashthi* Until 8:47PM

Ganesha: White *Sunrise:* 6:19AM
Muruga: Clear *Sunset:* 4:55PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31
1st Phase

Kataka Rasi: 29.4 Tihi 22

747863365

Gulika 8:59AM - 10:18AM
Yama 6:20AM - 7:39AM
Rahu 12:57PM - 2:16PM

Ashlesha* Until 6:25AM
Indra **Until 12:57PM**
Visti **Until 7:44AM**
Saptami **Until 6:42PM**

Ganesha: White *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 4:54PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

Until 6:25AM
Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31
Ashtami

Simha Rasi: 13.45 Tihi 23 - 24

757863365

Gulika 7:40AM - 8:59AM
Yama 2:16PM - 3:35PM
Rahu 10:18AM - 11:38AM

Purvaphalguni **Until 3:19PM** Sat
Vaidhriti* **Until 10:11AM**
Taitila **Until 4:05AM** Sat
Ashtami* Until 4:52PM

Ganesha: Clear *Sunrise:* 6:21AM
Muruga: Purple *Sunset:* 4:54PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 3:19PM Sat
Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31
Navami

Simha Rasi: 27.4 Tihi 24 - 25

758863365

Gulika 6:22AM - 7:41AM
Yama 12:57PM - 2:16PM
Rahu 9:00AM - 10:19AM

Purvaphalguni **Until 3:19PM**
Vishkambha* **Until 4:80AM** Sun
Vanija **Until 2:39AM** Sun
Navami* Until 3:19PM

Ganesha: Orange *Sunrise:* 6:22AM
Muruga: Purple *Sunset:* 4:54PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM


Routine Work Marana Yoga


1	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 11.25	Tithi 25 – 26	Gulika 2:16PM – 3:35PM	Hasta Until 3:00AM Mon	Ganesh: Light Blue <i>Sunrise:</i> 6:22AM	Muruga: Purple <i>Sunset:</i> 4:54PM	Moon 11 - Phase 32 2nd Phase
Creative Work Amrita Yoga Until 3:00AM Mon Then Routine Work - Prabalarishta Yoga		768863365	Rahu 3:35PM – 4:54PM	Yama 11:38AM – 12:57PM Ayushman Until 3:13AM Mon Bava Until 1:31AM Mon Dashami Until 2:01PM	Nataraja: White Moon – Green Karttika-Karttikai	Bhuloka Day	

2	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 232 Vilamba 5120
	Kanya Rasi: 25.01	Tithi 26 – 27	Gulika 12:58PM – 2:17PM	Chitra Until 2:50AM Tue	Ganesh: Light Blue <i>Sunrise:</i> 6:23AM	Muruga: Purple <i>Sunset:</i> 4:54PM	Moon 11 - Phase 32 2nd Phase
Family Home Evening Routine Work Prabalarishta Yoga Until 2:50AM Tue Then Creative Work - Siddha Yoga		768863365	Rahu 7:42AM – 9:01AM	Yama 10:20AM – 11:39AM Saubhagya Until 1:22AM Tue Kaulava Until 12:41AM Tue Ekadashi* Until 1:02PM	Nataraja: White Moon – Green Karttika-Karttikai	Bhuloka Day	

3	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 8.25	Tithi 27 – 28	Gulika 11:39AM – 12:58PM	Svati Until 2:51AM Wed	Ganesh: Light Blue <i>Sunrise:</i> 6:24AM	Muruga: Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 2nd Phase
Creative Work Siddha Yoga		768863365	Rahu 2:17PM – 3:36PM	Yama 9:02AM – 10:20AM Sobhana Until 2:51AM Wed Gara Until 11:71PM Dvadashi* Until 12:22PM	Nataraja: White Moon – Green Karttika-Karttikai	Bhuloka Day	
<i>Pradosha Vrata (Fasting)</i>							

4	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 21.38	Tithi 28 – 29	Gulika 10:21AM – 11:40AM	Vishakha Until 3:33AM Thu	Ganesh: Purple <i>Sunrise:</i> 6:25AM	Muruga: Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 2nd Phase
Creative Work Siddha Yoga		778863365	Rahu 11:40AM – 12:58PM	Yama 7:43AM – 9:02AM Athiganda* Until 10:30PM Visti Until 12:06AM Thu Trayodashi* Until 12:04PM	Nataraja: White Moon – Orange Karttika-Karttikai	Bhuloka Day	

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 12 Sutra 235 Vilamba 5120
	Retreat Star		Gulika 9:03AM – 10:21AM	Anuradha Until 4:34AM Fri	Ganesh: Purple <i>Sunrise:</i> 6:25AM	Muruga: Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 Amavasya
Vrischika Rasi: 4.38 Tithi 29 – 30 Creative Work Siddha Yoga Until 4:34AM Fri Then Routine Work - Marana Yoga		778863365	Rahu 12:59PM – 2:17PM	Yama 6:25AM – 7:44AM Sukarma Until 9:34PM Catuspada Until 12:29AM Fri Chaturdashi* Until 12:12PM	Nataraja: White Moon – Orange Karttika-Karttikai	Bhuloka Day	

	Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 13 Sutra 236 Vilamba 5120
	Retreat Star		Gulika 7:45AM – 9:03AM	Jyeshtha* Until 5:55AM Sat	Ganesh: Light Blue <i>Sunrise:</i> 6:26AM	Muruga: Purple <i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 Prathama
Vrischika Rasi: 17.25 Tithi 30 – 1 Routine Work Marana Yoga Until 5:55AM Sat Then Creative Work - Siddha Yoga		779863365	Rahu 10:22AM – 11:40AM	Yama 2:18PM – 3:36PM Dhriti Until 9:03PM Naga Until 12:50PM Amavasya* Until 12:50PM	Nataraja: White Moon – Orange Margasira-Karttikai	Bhuloka Day	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Saturday, December 8, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sun 14 Sutra 237 Vilamba 5120
	Vrischika Rasi: 29.57 Titthi 1 – 2	Gulika 6:27AM – 7:45AM Yama 12:59PM – 2:18PM 799863365 Rahu 9:04AM – 10:22AM	Mula* Until 8:06AM Sun Shula* Until 8:54PM Balava Until 2:48AM Sun Prathama* Until 1:59PM
Creative Work Siddha Yoga		Ganesh: Light Blue <i>Sunrise:</i> 6:27AM Muruga: Purple <i>Sunset:</i> 4:55PM Nataraja: White Moon – Orange Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase
2	Sunday, December 9, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kathmandu, Nepal Sun 15 Sutra 238 Vilamba 5120
	Dhanus Rasi: 12.15 Titthi 2 – 3	Gulika 2:18PM – 3:37PM Yama 11:41AM – 1:00PM 789863365 Rahu 3:37PM – 4:55PM	Mula* Until 5:52PM Mon Ganda* Until 9:11PM Taitila Until 4:45AM Mon Dvitiya Until 3:41PM
Creative Work Amrita Yoga Until 5:52PM Mon Then Creative Work - Siddha Yoga		Ganesh: Purple <i>Sunrise:</i> 6:27AM Muruga: Purple <i>Sunset:</i> 4:55PM Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase
3	Monday, December 10, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Uttarashadha Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kathmandu, Nepal Sun 16 Sutra 239 Vilamba 5120
	Dhanus Rasi: 24.21 Titthi 3 – 4 Family Home Evening	Gulika 1:00PM – 2:19PM Yama 10:23AM – 11:42AM 789863365 Rahu 7:47AM – 9:05AM	Mula* Until 5:52PM Vriddhi Until 9:48PM Vanija Until 7:08AM Tue Tritiya Until 5:52PM
Routine Work Marana Yoga		Ganesh: Purple <i>Sunrise:</i> 6:28AM Muruga: Purple <i>Sunset:</i> 4:55PM Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase
4	Tuesday, December 11, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Visli* Karana Chaturthyam Titau	Kathmandu, Nepal Sun 17 Sutra 240 Vilamba 5120
	Makara Rasi: 6.17 Titthi 4	Gulika 11:42AM – 1:01PM Yama 9:06AM – 10:24AM 789863365 Rahu 2:19PM – 3:37PM	Uttarashadha Until 1:21PM Dhruva Until 10:40PM Vanija Until 7:08AM Chaturthi* Until 8:25PM
Routine Work Prabalarishta Yoga Until 1:21PM Then Creative Work - Siddha Yoga		Ganesh: Purple <i>Sunrise:</i> 6:29AM Muruga: Purple <i>Sunset:</i> 4:56PM Nataraja: White Moon – Light Blue Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase
5	Wednesday, December 12, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava Karana Panchamyam Titau	Kathmandu, Nepal Sun 18 Sutra 241 Vilamba 5120
	Makara Rasi: 18.06 Titthi 5	Gulika 10:24AM – 11:43AM Yama 7:48AM – 9:06AM 799863365 Rahu 11:43AM – 1:01PM	Shravana Until 4:38PM Vyaghata* Until 11:40PM Bava Until 9:48AM Panchami Until 11:10PM
Creative Work Siddha Yoga Until 4:38PM Then Routine Work - Prabalarishta Yoga		Ganesh: Clear <i>Sunrise:</i> 6:29AM Muruga: Purple <i>Sunset:</i> 4:56PM Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM
6	Thursday, December 13, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava Karana Shashthyam Titau	Kathmandu, Nepal Sun 19 Sutra 242 Vilamba 5120
	Makara Rasi: 29.53 Titthi 6	Gulika 9:07AM – 10:25AM Yama 6:30AM – 7:48AM 799863365 Rahu 1:01PM – 2:20PM	Dhanishtha Until 7:47PM Harshana Until 12:39AM Fri Kaulava Until 12:33PM Shashthi* Until 1:52AM Fri
Creative Work Siddha Yoga		Ganesh: Clear <i>Sunrise:</i> 6:30AM Muruga: Purple <i>Sunset:</i> 4:56PM Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM
Vinayaga Viratam Ends			
7	Friday, December 14, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara Karana Saptamyam Titau	Kathmandu, Nepal Sun 20 Sutra 243 Vilamba 5120
	Kumbha Rasi: 11.41 Titthi 7	Gulika 7:49AM – 9:07AM Yama 2:20PM – 3:38PM 799863365 Rahu 10:25AM – 11:44AM	Shatabhishak Until 6:15AM Sun Sat Vajra* Until 10:34PM Gara Until 3:10PM Saptami Until 4:19AM Sat
Creative Work Siddha Yoga		Ganesh: Clear <i>Sunrise:</i> 6:31AM Muruga: Purple <i>Sunset:</i> 4:57PM Nataraja: White Moon – Purple Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM
8	Saturday, December 15, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Kathmandu, Nepal Sun 21 Sutra 244 Vilamba 5120
	Kumbha Rasi: 23.37 Titthi 8	Gulika 6:31AM – 7:50AM Yama 1:02PM – 2:21PM 711863365 Rahu 9:08AM – 10:26AM	Shatabhishak Until 6:15AM Sun Siddhi Until 1:15AM Sun Visti Until 18:60AM Sun Ashtami* Until 1:25AM Sat
Routine Work Marana Yoga Until 6:15AM Sun Then Creative Work - Amrita Yoga		Ganesh: Clear <i>Sunrise:</i> 6:31AM Muruga: Purple <i>Sunset:</i> 4:57PM Nataraja: White Moon – Clear Margasira-Karttikai	Bhuloka Day Moon 11 - Phase 33 Ashtami Devaloka Time: 6:AM to 9:AM
9	Sunday, December 16, 2018	Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau	Kathmandu, Nepal Sun 22 Sutra 245 Vilamba 5120
	Meena Rasi: 5.44 Titthi 8 – 9	Gulika 2:21PM – 3:39PM Yama 11:45AM – 1:03PM 711863365 Rahu 3:39PM – 4:57PM	Uttaraproshtapada Until 3:08AM Mon Vyatipata* Until 3:08AM Mon Kaulava Until 7:00PM Ashtami* Until 1:51AM Sun
Creative Work Amrita Yoga Until 3:08AM Mon Then Creative Work - Siddha Yoga	Markali Pillaiyar	Ganesh: Clear <i>Sunrise:</i> 6:32AM Muruga: Purple <i>Sunset:</i> 4:57PM Nataraja: White Moon – Clear Margasira-Markali	Bhuloka Day Moon 11 - Phase 33 Navami Devaloka Time: 6:AM to 9:AM

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 18.09	Tithi 9 – 10	Gulika 1:03PM – 2:21PM	Revati Until 7:59AM Tue	Ganesh: Purple	Sunrise: 6:33AM	
	Family Home Evening	811863365	Yama 10:27AM – 11:45AM	Variyan Until 1:08AM Tue	Muruga: Purple	Sunset: 4:58PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu 7:51AM – 9:09AM	Taitila Until 7:52PM	Nataraja: White	Moon – Clear	4th Phase
			Navami* Until 7:31AM	Margasira*Markali		Bhuloka Day	

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 0.55	Tithi 10 – 11	Gulika 11:46AM – 1:04PM	Revati Until 7:59AM	Ganesh: Clear	Sunrise: 6:33AM	
	Creative Work	Siddha Yoga	Yama 9:09AM – 10:27AM	Parigha* Until 21:56AM Wed	Muruga: Purple	Sunset: 4:58PM	Moon 11 - Phase 34
	811863365	Rahu 2:22PM – 3:40PM	Vanija Until 7:56PM	Dashedmi Until 1:08AM Tue	Nataraja: White	Moon – White	4th Phase
			Vaikuntha Ekadasi	Margasira*Markali		Bhuloka Day Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Kathmandu, Nepal Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 14.05	Tithi 11 – 12	Gulika 10:28AM – 11:46AM	Ashvini Until 7:38AM	Ganesh: Clear	Sunrise: 6:34AM	
	Creative Work	Siddha Yoga	Yama 7:52AM – 9:10AM	Shiva Until 4:13AM Thu	Muruga: Purple	Sunset: 4:58PM	Moon 11 - Phase 34
	Until 7:38AM	811863365	Rahu 11:46AM – 1:04PM	Bava Until 6:70PM	Nataraja: White	Moon – White	4th Phase
Then Creative Work - Amrita Yoga			Vaikuntha Ekadasi	Margasira*Markali		Bhuloka Day Devaloka Time: 6:AM to 9:AM	

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Balava/Taitila Karana Dvodashi/Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 27.41	Tithi 12 – 13	Gulika 9:10AM – 10:29AM	Bharani Until 6:29AM	Ganesh: Clear	Sunrise: 6:34AM	
	Routine Work	Marana Yoga	Yama 6:34AM – 7:52AM	Siddha Until 2:58AM Fri	Muruga: Purple	Sunset: 4:59PM	Moon 11 - Phase 34
	811863365	Rahu 1:05PM – 2:23PM	Taitila Until 5:39PM	Dvodashi Until 9:56PM	Nataraja: White	Moon – White	4th Phase
			Margasira*Markali		Bhuloka Day Devaloka Time: 6:AM to 9:AM		
<i>Pradosha Vrata</i>							

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 11.42	Tithi 14	Gulika 7:53AM – 9:11AM	Rohini Until 11:22PM Sat	Ganesh: White	Sunrise: 6:35AM	
	Routine Work	Marana Yoga	Yama 2:23PM – 3:41PM	Sadhya Until 1:24AM Sat	Muruga: Purple	Sunset: 4:59PM	Moon 11 - Phase 34
	Until 11:22PM Sat	811863365	Rahu 10:29AM – 11:47AM	Gara Until 12:51AM Sat	Nataraja: White	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga			Day 1 of Pancha Ganapati	Chaturdashi* Until 7:26PM		Bhuloka Day Margasira*Markali	

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Purnimayam Titau				Kathmandu, Nepal Sutra 251 Vilamba 5120
	Copper Retreat Star		Gulika 6:35AM – 7:53AM	Rohini Until 11:22PM	Ganesh: White	Sunrise: 6:35AM	
	Vrisabha Rasi: 26.06	Tithi 15	Yama 1:06PM – 2:24PM	Subha Until 9:21AM Sun	Muruga: Purple	Sunset: 5:00PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	811863365	Rahu 9:11AM – 10:30AM	Nataraja: White	Moon – Yellow	Purnima
			Day 2 of Pancha Ganapati	Purnima* Until 13:02AM Sat		Bhuloka Day Margasira*Markali	

Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 252 Vilamba 5120	
Silver Retreat Star		Gulika 2:24PM – 3:42PM	Ardra Until 5:01PM Mon	Ganesh: Yellow	Sunrise: 6:36AM		
Mithuna Rasi: 10.47	Tithi 16	Yama 11:48AM – 1:06PM	Sukla Until 9:21AM	Muruga: Purple	Sunset: 5:00PM	Moon 11 - Phase 34	
Creative Work	Siddha Yoga	811963365	Rahu 3:42PM – 5:00PM	Nataraja: White	Moon – Yellow	Prathama	
			Day 3 of Pancha Ganapati	Prathama* Until 8:15PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 253

Mithuna Rasi: 25.38 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 5:01PM

Then Creative Work - Siddha Yoga

Gulika 1:07PM - 2:25PM
Yama 10:31AM - 11:49AM
Rahu 7:54AM - 9:12AM

Day 4 of Pancha Ganapati
Ardra Darshanam

Ardra Until 5:01PM
Indra Until 1:37AM Tue
Taitila Until 3:25AM Tue

Dvitiya Until 9:21AM

Ganesha: Blue Sunrise: 6:36AM
Muruga: Purple Sunset: 5:01PM
Nataraja: White
Moon - Blue

Margasira-Markali

Devaloka Day

Tuesday, December 25, 2018

1

Kataka Rasi: 10.32 Tihi 18 - 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal
Sun 2 Sutra 254

Gulika 11:49AM - 1:07PM
Yama 9:13AM - 10:31AM
Rahu 2:25PM - 3:43PM

Day 5 of Pancha Ganapati

Pushya Until 10:46AM Wed
Vaidhriti* Until 3:55PM
Bava Until 11:77PM

Tritiya Until 1:37AM Tue

Ganesha: Blue Sunrise: 6:37AM
Muruga: Purple Sunset: 5:01PM
Nataraja: White
Moon - Blue

Margasira-Markali

Devaloka Day

Wednesday, December 26, 2018

2

Kataka Rasi: 25.2 Tihi 19 - 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 255

Gulika 10:32AM - 11:50AM
Yama 7:55AM - 9:13AM
Rahu 11:50AM - 1:08PM

Day 5 of Pancha Ganapati

Pushya Until 10:46AM
Vishkambha* Until 1:29PM
Kaulava Until 8:82PM

Chaturthi* Until 9:48PM

Ganesha: Yellow Sunrise: 6:37AM
Muruga: Purple Sunset: 5:02PM
Nataraja: Green
Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Simha Rasi: 9.56 Tihi 20 - 21

Creative Work Amrita Yoga

Until 8:01AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila Karana Panchami/Shashthyam Titau

Kathmandu, Nepal
Sun 4 Sutra 256

Gulika 9:14AM - 10:32AM
Yama 6:38AM - 7:56AM
Rahu 1:08PM - 2:26PM

Day 5 of Pancha Ganapati

Ashlesha* Until 8:01AM
Priti Until 2:47PM
Taitila Until 8:01AM

Panchami Until 8:01AM

Ganesha: Blue Sunrise: 6:38AM
Muruga: Purple Sunset: 5:03PM
Nataraja: Green
Moon - Red

Margasira-Markali

Bhuloka Day

Friday, December 28, 2018

4

Simha Rasi: 24.16 Tihi 22

Creative Work Siddha Yoga

Until 3:46AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Saptamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 257

Gulika 7:56AM - 9:14AM
Yama 2:27PM - 3:45PM
Rahu 10:32AM - 11:51AM

Day 5 of Pancha Ganapati

Magha* Until 3:46AM Sat
Ayushman Until 10:03AM
Visti Until 14:62AM Sat

Saptami Until 2:47PM

Ganesha: Blue Sunrise: 6:38AM
Muruga: Purple Sunset: 5:03PM
Nataraja: Green
Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 8.18 Tihi 23

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava Karana Ashtamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 258

Gulika 6:38AM - 7:57AM
Yama 1:09PM - 2:27PM
Rahu 9:15AM - 10:33AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 1:34AM Mon Sun
Saubhagya Until 8:47AM
Balava Until 3:02PM

Ashtami* Until 2:24AM Sun

Ganesha: Blue Sunrise: 6:38AM
Muruga: Purple Sunset: 5:04PM
Nataraja: Green
Moon - Red

Margasira-Markali

Bhuloka Day

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 22 Tihi 24

Creative Work Amrita Yoga

Until 1:34AM Mon

Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Chitra Nakshatra Sobhana/Alhiganda* Yoga Taitila/Vanija Karana Navamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 259

Gulika 2:28PM - 3:46PM
Yama 11:52AM - 1:10PM
Rahu 3:46PM - 5:05PM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 1:34AM Mon
Sobhana Until 8:20AM
Taitila Until 12:82AM Mon

Navami* Until 6:52AM Sun

Ganesha: Red Sunrise: 6:39AM
Muruga: Purple Sunset: 5:05PM
Nataraja: Green
Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Kathmandu, Nepal Sun 8 Sutra 260 Vilamba 5120	
1		Gulika 1:10PM – 2:29PM	Chitra Until 8:16AM	Ganesh: Red	<i>Sunrise:</i> 6:39AM		
Tula Rasi: 5.25	Tithi 25	Yama 10:34AM – 11:52AM	Sukarma Until 3:39AM Tue	Muruga: Purple	<i>Sunset:</i> 5:05PM		Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 7:57AM – 9:16AM	Vanija Until 1:22PM	Nataraja: Green			2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 1:15AM Tue	Moon – Green		Bhuloka Day	
Until 8:16AM				Margasira-Markali		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga							

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 261 Vilamba 5120	
2		Gulika 11:53AM – 1:11PM	Svati Until 2:10AM Thu Wed	Ganesh: Red	<i>Sunrise:</i> 6:39AM		
Tula Rasi: 18.32	Tithi 26	Yama 9:16AM – 10:34AM	Dhriti Until 2:39AM Wed	Muruga: Purple	<i>Sunset:</i> 5:06PM		Moon 12 - Phase 36
	862963366	Rahu 2:29PM – 3:48PM	Bava Until 13:47AM Wed	Nataraja: Green			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:39AM Tue	Moon – Green		Bhuloka Day	
Until 2:10AM Thu Wed				Margasira-Markali		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Anuradha Nakshatra Shula* Yoga Kaulava/Gara Karana Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 262 Vilamba 5120	
3		Gulika 10:35AM – 11:53AM	Svati Until 2:10AM Thu	Ganesh: Green	<i>Sunrise:</i> 6:40AM		
Vrischika Rasi: 1.24	Tithi 27	Yama 7:58AM – 9:16AM	Shula* Until 1:61AM Thu	Muruga: Purple	<i>Sunset:</i> 5:07PM		Moon 12 - Phase 36
	872963366	Rahu 11:53AM – 1:11PM	Kaulava Until 14:43AM Thu	Nataraja: Green			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:39AM Wed	Moon – Orange		Bhuloka Day	
				Margasira-Markali			

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 263 Vilamba 5120	
4		Gulika 9:17AM – 10:35AM	Anuradha Until 4:58AM Sat Fri	Ganesh: Green	<i>Sunrise:</i> 6:40AM		
Vrischika Rasi: 14.02	Tithi 28	Yama 6:40AM – 7:58AM	Ganda* Until 11:01AM	Muruga: Purple	<i>Sunset:</i> 5:07PM		Moon 12 - Phase 36
	872963366	Rahu 1:12PM – 2:30PM	Gara Until 15:67AM Fri	Nataraja: Green			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 1:61AM Thu	Moon – Orange		Bhuloka Day	
Until 4:58AM Sat Fri				Margasira-Markali			
Then Routine Work - Prabalarishta Yoga							

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 264 Vilamba 5120	
5		Gulika 7:59AM – 9:17AM	Anuradha Until 4:58AM Sat	Ganesh: Green	<i>Sunrise:</i> 6:40AM		
Vrischika Rasi: 26.28	Tithi 29	Yama 2:31PM – 3:49PM	Vriddhi Until 1:49AM Sat	Muruga: Purple	<i>Sunset:</i> 5:08PM		Moon 12 - Phase 36
	872963366	Rahu 10:35AM – 11:54AM	Visti Until 4:07PM	Nataraja: Green			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:58AM Sat	Moon – Orange		Bhuloka Day	
Until 4:58AM Sat				Margasira-Markali			
Then Creative Work - Siddha Yoga							

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada* Karana Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 265 Vilamba 5120	
Retreat Star		Gulika 6:40AM – 7:59AM	Mula* Until 3:06PM	Ganesh: White	<i>Sunrise:</i> 6:40AM		
Dhanus Rasi: 8.43	Tithi 30	Yama 1:13PM – 2:32PM	Dhruva Until 3:06PM	Muruga: Purple	<i>Sunset:</i> 5:09PM		Moon 12 - Phase 36
	882963366	Rahu 9:17AM – 10:36AM	Catuspada Until 5:57PM	Nataraja: Green			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 6:59AM Sun	Moon – Light Blue		Bhuloka Day	
				Margasira-Markali			

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 266 Vilamba 5120	
Retreat Star		Gulika 2:32PM – 3:51PM	Purvashadha* Until 5:43PM	Ganesh: White	<i>Sunrise:</i> 6:40AM		
Dhanus Rasi: 20.49	Tithi 30 – 1	Yama 11:55AM – 1:14PM	Vyaghata* Until 5:43PM	Muruga: Clear	<i>Sunset:</i> 5:09PM		Moon 12 - Phase 36
	882973366	Rahu 3:51PM – 5:09PM	Bava Until 8:80AM Mon	Nataraja: Green			Prathama
Creative Work	Siddha Yoga		Amavasya* Until 6:59AM	Moon – Light Blue		Bhuloka Day	
Until 5:43PM				Pausha-Markali		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:14PM – 2:33PM	Uttarashadha Until 8:26PM	Ganesha: White	<i>Sunrise:</i> 6:41AM	
Makara Rasi: 2.46	Tithi 1 – 2	Yama 10:37AM – 11:55AM	Harshana Until 3:39AM Tue	Muruga: Clear	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 7:59AM – 9:18AM	Bava Until 9:20AM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 9:20AM	Moon – Light Blue		
Until 8:26PM				Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 268 Vilamba 5120
2		Gulika 11:56AM – 1:15PM	Shravana Until 11:42PM	Ganesha: Red	<i>Sunrise:</i> 6:41AM	
Makara Rasi: 14.37	Tithi 2 – 3	Yama 9:18AM – 10:37AM	Vajra* Until 4:36AM Wed	Muruga: Clear	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 37
	893973366	Rahu 2:33PM – 3:52PM	Taitila Until 24:80	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:39AM Tue	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 269 Vilamba 5120
3		Gulika 10:37AM – 11:56AM	Dhanishtha Until 2:52AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:41AM	
Makara Rasi: 26.25	Tithi 3 – 4	Yama 8:00AM – 9:18AM	Siddhi Until 2:52AM Thu	Muruga: Clear	<i>Sunset:</i> 5:12PM	Moon 12 - Phase 37
	893973366	Rahu 11:56AM – 1:15PM	Visti Until 16:85AM Thu	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 2:42PM	Moon – Purple		
Until 2:52AM Thu				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 270 Vilamba 5120
4		Gulika 9:19AM – 10:38AM	Shatabhishak Until 7:57PM Fri	Ganesha: Red	<i>Sunrise:</i> 6:41AM	
Kumbha Rasi: 8.12	Tithi 4 – 5	Yama 6:41AM – 8:00AM	Vyatipata* Until 8:44AM Sat Fri	Muruga: Clear	<i>Sunset:</i> 5:12PM	Moon 12 - Phase 37
	893973366	Rahu 1:16PM – 2:34PM	Bava Until 6:45AM Fri	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 5:25PM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Panchamyam Titau				Kathmandu, Nepal Sun 19 Sutra 271 Vilamba 5120
5		Gulika 8:00AM – 9:19AM	Shatabhishak Until 7:57PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	
Kumbha Rasi: 20.01	Tithi 5	Yama 2:35PM – 3:54PM	Vyatipata* Until 8:44AM Sat	Muruga: Clear	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 37
	813973366	Rahu 10:38AM – 11:57AM	Bava Until 8:67AM Sat	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:31AM Fri	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Shashthyam Titau				Kathmandu, Nepal Sun 20 Sutra 272 Vilamba 5120
6		Gulika 6:41AM – 8:00AM	Purvaprosnthapada* Until 11:45PM Sur	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	
Meena Rasi: 1.57	Tithi 6	Yama 1:17PM – 2:36PM	Variyan Until 8:44AM	Muruga: Clear	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 37
	813973366	Rahu 9:19AM – 10:38AM	Kaulava Until 10:62AM Sun	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 7:13AM Sat	Moon – Clear		
Until 11:45PM Sun				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosnthapada*/Revati Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Saptamyam Titau				Kathmandu, Nepal Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:36PM – 3:55PM	Purvaprosnthapada* Until 11:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	
Meena Rasi: 14.03	Tithi 7	Yama 11:58AM – 1:17PM	Parigha* Until 11:07AM	Muruga: Clear	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 37
	813973366	Rahu 3:55PM – 5:15PM	Gara Until 11:79AM Mon	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 7:36AM Sun	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:18PM – 2:37PM	Revati Until 12:48AM Wed Tu	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	
Meena Rasi: 26.23	Tithi 8	Yama 10:39AM – 11:58AM	Shiva Until 12:44PM	Muruga: Clear	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 8:00AM – 9:20AM	Visti Until 12:51AM Tue	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:32AM Mon	Moon – Clear		
				Pausha-Thai	Devaloka Day	
		Thai Pongal				

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Navamyam Titau				Kathmandu, Nepal Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 11:59AM – 1:18PM	Revati Until 12:48AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	
Mesha Rasi: 9.02	Tithi 9	Yama 9:20AM – 10:39AM	Siddha Until 1:58PM	Muruga: Clear	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 37
	823973366	Rahu 2:37PM – 3:57PM	Balava Until 12:51PM	Nataraja: Green		Navami
Creative Work	Siddha Yoga		Navami* Until 12:48AM Wed	Moon – White		
				Pausha-Thai	Sivaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Ashvini/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 276		Vilamba 5120			
Mesha Rasi: 22.05	Tithi 10	Gulika	10:39AM – 11:59AM	Ashvini Until 12:06AM Thu	Ganesh: Blue	<i>Sunrise:</i> 6:41AM			
		Yama	8:00AM – 9:20AM	Subha Until 3:45AM Thu	Muruga: Clear	<i>Sunset:</i> 5:17PM	Moon 12 - Phase 38		
		833173366	Rahu 11:59AM – 1:18PM	Taitila Until 12:34PM	Nataraja: Green			4th Phase	
Creative Work	Siddha Yoga			Dashami Until 12:06AM Thu	Moon – White			Sivaloka Day	
Until 12:06AM Thu					Pausha*Thai				
Then Routine Work - Marana Yoga									

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Bharani/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 277		Vilamba 5120			
Virshabha Rasi: 5.34	Tithi 11	Gulika	9:20AM – 10:40AM	Bharani Until 10:35PM	Ganesh: Blue	<i>Sunrise:</i> 6:41AM			
		Yama	6:41AM – 8:00AM	Sukla Until 24:73	Muruga: Clear	<i>Sunset:</i> 5:18PM	Moon 12 - Phase 38		
		833173366	Rahu 1:19PM – 2:39PM	Vanija Until 11:27AM	Nataraja: Green			4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 10:35PM	Moon – White			Sivaloka Day	
					Pausha*Thai				

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26		Sutra 278		Vilamba 5120			
Virshabha Rasi: 19.31	Tithi 12	Gulika	8:00AM – 9:20AM	Rohini Until 5:33PM Sat	Ganesh: Yellow	<i>Sunrise:</i> 6:41AM			
		Yama	2:39PM – 3:59PM	Brahma Until 10:07PM	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 12 - Phase 38		
		833173366	Rahu 10:40AM – 12:00PM	Bava Until 9:35AM	Nataraja: Green			4th Phase	
Routine Work	Marana Yoga			Dvadashi Until 8:22PM	Moon – Yellow			Devaloka Day	
Until 5:33PM Sat					Pausha*Thai				
Then Creative Work - Siddha Yoga									

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Rohini/Ardra Nakshatra Indra Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 279		Vilamba 5120			
Mithuna Rasi: 3.55	Tithi 13 – 14	Gulika	6:40AM – 8:00AM	Rohini Until 5:33PM	Ganesh: Yellow	<i>Sunrise:</i> 6:40AM			
		Yama	1:20PM – 2:40PM	Indra Until 10:29AM	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 12 - Phase 38		
		833173366	Rahu 9:20AM – 10:40AM	Kaulava Until 3:59AM Sun	Nataraja: Green			4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 10:07PM	Moon – Yellow			Devaloka Day	
					Pausha*Thai				

Pradosha Vrata

		Sunday, January 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Copper Retreat Star		Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 280			
Mithuna Rasi: 18.41	Tithi 14 – 15	Gulika	2:40PM – 4:00PM	Ardra Until 7:57AM	Ganesh: Yellow	<i>Sunrise:</i> 6:40AM			
		Yama	12:00PM – 1:20PM	Vaidhriti* Until 2:39PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 12 - Phase 38		
		833173366	Rahu 4:00PM – 5:20PM	Visti Until 12:34AM Mon	Nataraja: Green			Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 2:18PM	Moon – Yellow			Devaloka Day	
					Pausha*Thai				

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 281		Vilamba 5120			
Kataka Rasi: 3.44	Tithi 15 – 16	Gulika	1:21PM – 2:41PM	Pushya Until 2:25AM Tue	Ganesh: White	<i>Sunrise:</i> 6:40AM			
Family Home Evening		Yama	10:40AM – 12:01PM	Vishkambha* Until 2:25AM Tue	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 12 - Phase 38		
		833173366	Rahu 8:00AM – 9:20AM	Kaulava Until 8:56PM	Nataraja: Green			Prathama	
Creative Work	Siddha Yoga			Purnima* Until 2:39PM	Moon – Blue			Sivaloka Day	
					Pausha*Thai				
		Total Lunar Eclipse							
		Thai Pusam							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 18.55 Tihi 16 – 17

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gulika 12:01PM – 1:21PM
Yama 9:20AM – 10:41AM
Rahu 2:41PM – 4:02PM

Ashlesha* Until 11:23PM
Priti Until 6:16AM
Gara Until 3:26AM Wed
Prathama* Until 7:04AM

Ganesha: Clear *Sunrise:* 6:40AM
Muruga: Clear *Sunset:* 5:22PM
Nataraja: Green
Moon – Blue
Pausha*Thai

Kathmandu, Nepal
Sutra 282
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

1

Wednesday, January 23, 2019

Simha Rasi: 4.05 Tihi 18

Creative Work Siddha Yoga

Until 8:54PM Thu
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visi* Karana Tritiyayam Titau

Gulika 10:41AM – 12:01PM
Yama 8:00AM – 9:20AM
Rahu 12:01PM – 1:21PM

Magha* Until 8:54PM Thu
Saubhagya Until 9:57PM
Vanija Until 1:42PM
Tritiya Until 11:59PM

Ganesha: Purple *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 5:23PM
Nataraja: Green
Moon – Red
Pausha*Thai

Kathmandu, Nepal
Sun 1 Sutra 283
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 19.04 Tihi 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:20AM – 10:41AM
Yama 6:39AM – 8:00AM
Rahu 1:22PM – 2:42PM

Magha* Until 8:54PM
Sobhana Until 6:20PM
Bava Until 10:24AM
Chaturthi* Until 8:54PM

Ganesha: Purple *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 5:23PM
Nataraja: Green
Moon – Red
Pausha*Thai

Kathmandu, Nepal
Sun 2 Sutra 284
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Friday, January 25, 2019

Kanya Rasi: 3.45 Tihi 20

Creative Work Siddha Yoga

Until 4:15PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Gulika 8:00AM – 9:20AM
Yama 2:43PM – 4:04PM
Rahu 10:41AM – 12:02PM

Uttaraphalguni Until 4:15PM
Athiganda* Until 4:15PM
Kaulava Until 7:33AM
Panchami Until 6:17PM

Ganesha: Clear *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 5:24PM
Nataraja: Green
Moon – Red
Pausha*Thai

Kathmandu, Nepal
Sun 3 Sutra 285
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

4

Saturday, January 26, 2019

Kanya Rasi: 18.03 Tihi 21 – 22

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau

Gulika 6:39AM – 7:59AM
Yama 1:23PM – 2:43PM
Rahu 9:20AM – 10:41AM

Hasta Until 3:01PM
Sukarma Until 11:48AM
Visi Until 3:34AM Sun
Shashthi* Until 11:48AM Sat

Ganesha: Purple *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 5:25PM
Nataraja: Green
Moon – Green
Pausha*Thai

Kathmandu, Nepal
Sun 4 Sutra 286
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Tula Rasi: 1.56 Tihi 22 – 23

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Gulika 2:44PM – 4:05PM
Yama 12:02PM – 1:23PM
Rahu 4:05PM – 5:26PM

Chitra Until 2:26PM Mon
Dhriti Until 2:21PM
Kaulava Until 13:86AM Mon
Saptami Until 3:00PM

Ganesha: Purple *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 5:26PM
Nataraja: Green
Moon – Green
Pausha*Thai

Kathmandu, Nepal
Sun 5 Sutra 287
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

D

Monday, January 28, 2019

Retreat Star

Tula Rasi: 15.23 Tihi 23 – 24

Family Home Evening

Creative Work Amrita Yoga

Until 2:26PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:23PM – 2:44PM
Yama 10:41AM – 12:02PM
Rahu 7:59AM – 9:20AM

Chitra Until 2:26PM
Shula* Until 6:22AM Tue
Taitila Until 2:28AM Tue
Ashtami* Until 2:26PM

Ganesha: Purple *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 5:27PM
Nataraja: Green
Moon – Green
Pausha*Thai

Kathmandu, Nepal
Sun 6 Sutra 288
Vilamba 5120
Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Tuesday, January 29, 2019

Retreat Star

Tula Rasi: 28.26 Tihi 24 – 25

Routine Work Marana Yoga

Until 2:37PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Anuradha Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 12:02PM – 1:24PM
Yama 9:20AM – 10:41AM
Rahu 2:45PM – 4:06PM

Svati Until 2:37PM
Ganda* Until 3:10PM
Vanija Until 3:00AM Wed
Navami* Until 6:22AM Tue

Ganesha: Clear *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 5:27PM
Nataraja: Green
Moon – Orange
Pausha*Thai

Kathmandu, Nepal
Sun 7 Sutra 289
Vilamba 5120
Moon 1 - Phase 39
Navami

Devaloka Day

1		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Dhruva Yoga Visti* Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 8 Sutra 290 Vilamba 5120
Vrischika Rasi: 11.08	Tithi 25 - 26	Gulika	10:41AM - 12:03PM	Vishakha Until 3:30PM	Ganesh: Clear	<i>Sunrise: 6:37AM</i>	
		Yama	7:58AM - 9:20AM	Dhruva Until 4:90AM Thu	Muruga: Clear	<i>Sunset: 5:28PM</i>	Moon 1 - Phase 40
Creative Work	Siddha Yoga	984173366	Rahu 12:03PM - 1:24PM	Visti Until 3:30PM	Nataraja: Green		2nd Phase
				Dashami Until 3:30PM	Moon - Orange		Devaloka Day
					Pausha*Thai		

2		Thursday, January 31, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau	Kathmandu, Nepal Sun 9 Sutra 291 Vilamba 5120
Vrischika Rasi: 23.34	Tithi 26 - 27	Gulika	9:20AM - 10:41AM	Anuradha Until 5:00PM	Ganesh: Clear	<i>Sunrise: 6:36AM</i>	
		Yama	6:36AM - 7:58AM	Vyaghata* Until 6:27PM	Muruga: Clear	<i>Sunset: 5:29PM</i>	Moon 1 - Phase 40
Routine Work	Prabalarishta Yoga	984173366	Rahu 1:24PM - 2:46PM	Kaulava Until 5:57AM Fri	Nataraja: Green		2nd Phase
Until 5:00PM				Ekadashi* Until 5:00PM	Moon - Orange		Devaloka Day
Then Creative Work - Siddha Yoga					Pausha*Thai		

3		Friday, February 1, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Taitila Karana Dvodashyam Titau	Kathmandu, Nepal Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 5.45	Tithi 27	Gulika	7:58AM - 9:20AM	Mula* Until 9:05PM	Ganesh: White	<i>Sunrise: 6:36AM</i>	
		Yama	2:46PM - 4:07PM	Harshana Until 6:17AM Sat	Muruga: Clear	<i>Sunset: 5:29PM</i>	Moon 1 - Phase 40
Creative Work	Amrita Yoga	984173366	Rahu 10:41AM - 12:03PM	Taitila Until 7:68AM Sat	Nataraja: Green		2nd Phase
Until 9:05PM				Dvadashi* Until 5:43AM Fri	Moon - Light Blue		Bhuloka Day
Then Routine Work - Prabalarishta Yoga					Pausha*Thai		Devaloka Time: 12:PM to 3:PM

4		Saturday, February 2, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau	Kathmandu, Nepal Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 17.46	Tithi 28	Gulika	6:36AM - 7:58AM	Purvashadha* Until 11:53PM	Ganesh: White	<i>Sunrise: 6:36AM</i>	
		Yama	1:25PM - 2:46PM	Harshana Until 6:17AM	Muruga: Clear	<i>Sunset: 5:30PM</i>	Moon 1 - Phase 40
Creative Work	Siddha Yoga	984173366	Rahu 9:19AM - 10:41AM	Gara Until 8:08AM	Nataraja: Green		2nd Phase
Until 11:53PM				Trayodashi* Until 9:19PM	Moon - Light Blue		Bhuloka Day
Then Routine Work - Marana Yoga					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
					<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, February 3, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 12 Sutra 294 Vilamba 5120
Dhanus Rasi: 29.41	Tithi 29	Gulika	2:47PM - 4:09PM	Uttarashadha Until 2:45AM Mon	Ganesh: White	<i>Sunrise: 6:35AM</i>	
		Yama	12:03PM - 1:25PM	Vajra* Until 7:02AM	Muruga: Clear	<i>Sunset: 5:31PM</i>	Moon 1 - Phase 40
Creative Work	Amrita Yoga	984173366	Rahu 4:09PM - 5:31PM	Visti Until 10:36AM	Nataraja: Green		2nd Phase
				Chaturdashi* Until 11:54PM	Moon - Light Blue		Bhuloka Day
					Pausha*Thai		Devaloka Time: 12:PM to 3:PM

Monday, February 4, 2019		Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kathmandu, Nepal Sun 13 Sutra 295 Vilamba 5120
Makara Rasi: 11.31	Tithi 30	Gulika	1:25PM - 2:47PM	Shravana Until 6:02AM Tue	Ganesh: Red	<i>Sunrise: 6:35AM</i>	
Family Home Evening		Yama	10:41AM - 12:03PM	Siddhi Until 7:57AM	Muruga: Clear	<i>Sunset: 5:31PM</i>	Moon 1 - Phase 40
Creative Work	Amrita Yoga	995173367	Rahu 7:57AM - 9:19AM	Catuspada Until 15:59AM Tue	Nataraja: White		Amavasya
Until 6:02AM Tue				Amavasya* Until 7:02AM	Moon - Purple		Devaloka Day
Then Creative Work - Siddha Yoga					Pausha*Thai		

Tuesday, February 5, 2019		Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Variyan Yoga Kintughna* Karana Prathamayam Titau	Kathmandu, Nepal Sun 14 Sutra 296 Vilamba 5120
Makara Rasi: 23.18	Tithi 1	Gulika	12:03PM - 1:26PM	Shravana Until 6:02AM	Ganesh: Red	<i>Sunrise: 6:34AM</i>	
		Yama	9:19AM - 10:41AM	Vyatipata* Until 8:57AM	Muruga: Clear	<i>Sunset: 5:32PM</i>	Moon 1 - Phase 40
Creative Work	Siddha Yoga	995173367	Rahu 2:48PM - 4:10PM	Kintughna Until 3:59PM	Nataraja: White		Prathama
				Prathama* Until 5:18AM Wed	Moon - Purple		Devaloka Day
					Magha*Thai		

1	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava Karana Dvitiyayam Titau				Kathmandu, Nepal
	Kumbha Rasi: 5.06	Tithi 2	Gulika 10:41AM – 12:03PM Yama 7:56AM – 9:19AM Rahu 12:03PM – 1:26PM	Dhanishtha Until 9:09AM Variyan Until 9:54AM Balava Until 6:39PM Dvitiya Until 7:55AM Thu	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Magha-Thai	<i>Sunrise:</i> 6:34AM <i>Sunset:</i> 5:33PM	Sun 15 Sutra 297 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Routine Work Until 9:09AM Then Creative Work - Siddha Yoga	Prabalarishta Yoga	995173367				Devaloka Day

2	Thursday, February 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal
	Kumbha Rasi: 16.56	Tithi 2 – 3	Gulika 9:18AM – 10:41AM Yama 6:33AM – 7:56AM Rahu 1:26PM – 2:49PM	Shatabhishak Until 12:00PM Parigha* Until 12:00PM Kaulava Until 7:55AM Dvitiya Until 7:55AM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Purple Magha-Thai	<i>Sunrise:</i> 6:33AM <i>Sunset:</i> 5:34PM	Sun 16 Sutra 298 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Creative Work Siddha Yoga		995173367				Devaloka Day

3	Friday, February 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal
	Kumbha Rasi: 28.5	Tithi 3 – 4	Gulika 7:55AM – 9:18AM Yama 2:49PM – 4:12PM Rahu 10:41AM – 12:04PM	Purvaproshtapada* Until 2:59PM Shiva Until 11:33AM Vanija Until 11:27PM Tritiya Until 10:20AM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – Clear Magha-Thai	<i>Sunrise:</i> 6:33AM <i>Sunset:</i> 5:34PM	Sun 17 Sutra 299 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Creative Work Siddha Yoga		915173367				Sivaloka Day

4	Saturday, February 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal
	Meena Rasi: 10.51	Tithi 4 – 5	Gulika 6:32AM – 7:55AM Yama 1:26PM – 2:49PM Rahu 9:18AM – 10:41AM	Uttaraproshtapada Until 2:11PM Sun Siddha Until 12:03PM Bava Until 24:84 Chaturthi* Until 11:33AM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – Clear Magha-Thai	<i>Sunrise:</i> 6:32AM <i>Sunset:</i> 5:35PM	Sun 18 Sutra 300 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Creative Work Until 2:11PM Sun Then Routine Work - Prabalarishta Yoga	Siddha Yoga	915173367				Sivaloka Day

5	Sunday, February 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Kathmandu, Nepal
	Meena Rasi: 23	Tithi 5 – 6	Gulika 2:50PM – 4:13PM Yama 12:04PM – 1:27PM Rahu 4:13PM – 5:36PM	Uttaraproshtapada Until 2:11PM Sadhya Until 7:29PM Taitila Until 2:53AM Mon Panchami Until 12:03PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Magha-Thai	<i>Sunrise:</i> 6:31AM <i>Sunset:</i> 5:36PM	Sun 19 Sutra 301 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Creative Work Until 2:11PM Then Creative Work - Siddha Yoga	Amrita Yoga	915273367				Devaloka Day

6	Monday, February 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal
	Mesha Rasi: 5.21	Tithi 6 – 7	Gulika 1:27PM – 2:50PM Yama 10:40AM – 12:04PM Rahu 7:54AM – 9:17AM	Ashvini Until 9:15PM Subha Until 12:08PM Gara Until 3:48AM Tue Shashthi* Until 3:24PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Magha-Thai	<i>Sunrise:</i> 6:31AM <i>Sunset:</i> 5:37PM	Sun 20 Sutra 302 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Family Home Evening Creative Work Siddha Yoga		925273367				Bhuloka Day Devaloka Time: 12:PM to 3:PM

Retreat Star	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal
	Mesha Rasi: 17.57	Tithi 7 – 8	Gulika 12:04PM – 1:27PM Yama 9:17AM – 10:40AM Rahu 2:51PM – 4:14PM	Bharani Until 10:14PM Sukla Until 11:30AM Vanija Until 3:59PM Saptami Until 3:59PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Magha-Thai	<i>Sunrise:</i> 6:30AM <i>Sunset:</i> 5:37PM	Sun 21 Sutra 303 Vilamba 5120 Moon 1 - Phase 41 3rd Phase
	Creative Work Siddha Yoga		925273367				Bhuloka Day Devaloka Time: 12:PM to 3:PM

Retreat Star	Wednesday, February 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal
	Vrishabha Rasi: 0.52	Tithi 8 – 9	Gulika 10:40AM – 12:04PM Yama 7:53AM – 9:16AM Rahu 12:04PM – 1:27PM	Krittika Until 2:58PM Thu Brahma Until 10:22PM Kaulava Until 2:92AM Thu Ashtami* Until 11:30AM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – White Magha-Masi	<i>Sunrise:</i> 6:29AM <i>Sunset:</i> 5:38PM	Sun 22 Sutra 304 Vilamba 5120 Moon 1 - Phase 41 Ashtami
	Creative Work Until 2:58PM Thu Then Creative Work - Siddha Yoga	Amrita Yoga	926273367				Devaloka Day

Retreat Star	Thursday, February 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kathmandu, Nepal
	Vrishabha Rasi: 14.11	Tithi 9 – 10	Gulika 9:16AM – 10:40AM Yama 6:28AM – 7:52AM Rahu 1:27PM – 2:51PM	Krittika Until 2:58PM Indra Until 6:15AM Fri Taitila Until 2:15AM Fri Navami* Until 2:58PM	Ganesha: White Muruga: Clear Nataraja: White Moon – Yellow Magha-Masi	<i>Sunrise:</i> 6:28AM <i>Sunset:</i> 5:39PM	Sun 23 Sutra 305 Vilamba 5120 Moon 1 - Phase 41 Navami
	Routine Work Marana Yoga		936273367				Sivaloka Day

1	Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 306 Vilamba 5120	
	936273367	Rahu	Gulika 7:52AM – 9:16AM Yama 2:52PM – 4:16PM Rahu 10:40AM – 12:04PM	Mrigashira Until 11:00AM Sat Vaidhriti* Until 8:52PM Visti Until 11:00AM Sat Dashami Until 1:19PM	Ganesha: White Muruga: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 6:28AM Sunset: 5:40PM	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Sivaloka Day
								Kathmandu, Nepal Sun 25 Sutra 307 Vilamba 5120

2	Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 307 Vilamba 5120	
	936273367	Rahu	Gulika 6:27AM – 7:51AM Yama 1:28PM – 2:52PM Rahu 9:15AM – 10:39AM	Mrigashira Until 11:00AM Priti Until 11:56PM Bava Until 9:37PM Ekadashi Until 11:00AM	Ganesha: White Muruga: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 6:27AM Sunset: 5:40PM	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Sivaloka Day
								Kathmandu, Nepal Sun 26 Sutra 308 Vilamba 5120

3	Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 308 Vilamba 5120	
	946273367	Rahu	Gulika 2:52PM – 4:17PM Yama 12:04PM – 1:28PM Rahu 4:17PM – 5:41PM	Punarvasu Until 4:39PM Ayushman Until 8:06PM Kaulava Until 6:28PM Dvadashi Until 8:05AM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 6:26AM Sunset: 5:41PM	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Devaloka Day
								Kathmandu, Nepal Sun 27 Sutra 309 Vilamba 5120

Pradosha Vrata

4	Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 309 Vilamba 5120	
	946273367	Rahu	Gulika 1:28PM – 2:53PM Yama 10:39AM – 12:04PM Rahu 7:50AM – 9:14AM	Pushya Until 1:54PM Saubhagya Until 3:59PM Gara Until 2:57PM Chaturdashi* Until 1:05AM Tue	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 6:25AM Sunset: 5:42PM	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga		Chidambaram Abhishekam					Devaloka Day
								Kathmandu, Nepal Sun 28 Sutra 310 Vilamba 5120

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Purnimayam Titau				Kathmandu, Nepal Sun 28 Sutra 310 Vilamba 5120	
	946273367	Rahu	Gulika 12:03PM – 1:28PM Yama 9:14AM – 10:39AM Rahu 2:53PM – 4:18PM	Ashlesha* Until 5:33PM Wed Sobhana Until 10:48AM Visti Until 11:13AM Purnima* Until 9:18PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 6:25AM Sunset: 5:42PM	Moon 1 - Phase 42 Purnima	
	Creative Work Siddha Yoga							Devaloka Day
								Kathmandu, Nepal Sun 29 Sutra 311 Vilamba 5120

	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Tailila Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 29 Sutra 311 Vilamba 5120	
	957273367	Rahu	Gulika 10:38AM – 12:03PM Yama 7:49AM – 9:14AM Rahu 12:03PM – 1:28PM	Ashlesha* Until 5:33PM Athiganda* Until 7:54AM Balava Until 3:45AM Thu Prathama* Until 7:22AM Wed	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Red Magha-Masi	Sunrise: 6:24AM Sunset: 5:43PM	Moon 1 - Phase 42 Prathama	
	Creative Work Siddha Yoga							Devaloka Day
	Until 5:33PM Then Creative Work - Amrita Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 312

Simha Rasi: 27.17 Tihi 17 - 18

Gulika 9:13AM - 10:38AM
Yama 6:23AM - 7:48AM
Rahu 1:28PM - 2:53PM

Magha* Until 2:00PM
Dhriti Until 2:16AM Fri
Vanija Until 12:23AM Fri
Dvitiya Until 3:08AM Thu

Ganesh: Clear Sunrise: 6:23AM
Muruga: Clear Sunset: 5:44PM
Nataraja: White
Moon - Red
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Amrita Yoga
Until 2:00PM
Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Visti* Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal
Sun 2 Sutra 313

Kanya Rasi: 12.12 Tihi 18 - 19

Gulika 7:47AM - 9:13AM
Yama 2:54PM - 4:19PM
Rahu 10:38AM - 12:03PM

Uttaraphalguni Until 10:50AM
Shula* Until 12:17AM Sat
Visti Until 10:50AM
Tritiya Until 10:50AM

Ganesh: White Sunrise: 6:22AM
Muruga: Clear Sunset: 5:44PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Amrita Yoga
Creative Work
Until 10:50AM
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 314

Kanya Rasi: 26.45 Tihi 19 - 20

Gulika 6:21AM - 7:47AM
Yama 1:29PM - 2:54PM
Rahu 9:12AM - 10:38AM

Chitra Until 10:46PM
Ganda* Until 4:23PM
Kaulava Until 7:08PM
Chaturthi* Until 8:11AM

Ganesh: White Sunrise: 6:21AM
Muruga: Clear Sunset: 5:45PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Marana Yoga
Routine Work
Until 10:46PM
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhhi/Dhruva Yoga Taitila/Visti* Karana Panchami/Shashthyam Titau

Kathmandu, Nepal
Sun 4 Sutra 315

Tula Rasi: 10.51 Tihi 20 - 21

Gulika 2:54PM - 4:20PM
Yama 12:03PM - 1:29PM
Rahu 4:20PM - 5:46PM

Svati Until 9:51PM
Vridhhi Until 9:51PM
Visti Until 16:48AM Mon
Panchami Until 6:13AM

Ganesh: White Sunrise: 6:20AM
Muruga: Clear Sunset: 5:46PM
Nataraja: White
Moon - Green
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Siddha Yoga
Creative Work
Until 9:51PM
Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Balava Karana Saptamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 316

Tula Rasi: 24.28 Tihi 22

Gulika 1:29PM - 2:55PM
Yama 10:37AM - 12:03PM
Rahu 7:45AM - 9:11AM

Vishakha Until 5:17AM Wed Tue
Dhruva Until 10:04PM
Visti Until 16:56AM Tue
Saptami Until 11:55AM Mon

Ganesh: Yellow Sunrise: 6:19AM
Muruga: Clear Sunset: 5:46PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Marana Yoga
Routine Work
Until 5:17AM Wed Tue
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 317

Vrischika Rasi: 7.37 Tihi 23

Gulika 12:03PM - 1:29PM
Yama 9:10AM - 10:37AM
Rahu 2:55PM - 4:21PM

Vishakha Until 5:17AM Wed
Vyaghata* Until 9:69AM Wed
Balava Until 17:53AM Wed
Ashtami* Until 10:41AM Tue

Ganesh: Yellow Sunrise: 6:18AM
Muruga: Clear Sunset: 5:47PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Ashtami

Devaloka Day

Siddha Yoga
Creative Work

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Navamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 318

Vrischika Rasi: 20.2 Tihi 24

Gulika 10:36AM - 12:02PM
Yama 7:44AM - 9:10AM
Rahu 12:02PM - 1:29PM

Jyeshtha* Until 12:31AM Thu
Harshana Until 10:09AM
Taitila Until 18:95AM Thu
Navami* Until 9:69AM Wed

Ganesh: Blue Sunrise: 6:17AM
Muruga: Clear Sunset: 5:48PM
Nataraja: White
Moon - Orange
Magha-Masi

Vilamba 5120
Moon 2 - Phase 43
Navami

Sivaloka Day

Siddha Yoga
Creative Work

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Bava Karana Navami/Dashamyam Titau	Kathmandu, Nepal Sun 8 Sutra 319 Vilamba 5120
Dhanus Rasi: 2.42	Tithi 24 – 25	Gulika	9:09AM – 10:36AM	Mula* Until 8:37AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:16AM	
		Yama	6:16AM – 7:43AM	Vajra* Until 3:03AM Fri	Muruga: Clear	<i>Sunset:</i> 5:48PM	
		988273367 Rahu	1:29PM – 2:55PM	Bava Until 21:49AM Fri	Nataraja: White	Moon 2 - Phase 44	
Creative Work	Siddha Yoga			Navami* Until 6:38AM	Moon – Light Blue	2nd Phase	
Until 8:37AM Fri					Magha-Masi	Devaloka Day	
Then Routine Work - Prabalarishta Yoga							

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 9 Sutra 320 Vilamba 5120
Dhanus Rasi: 14.48	Tithi 25 – 26	Gulika	7:41AM – 9:08AM	Mula* Until 8:37AM	Ganesha: Red	<i>Sunrise:</i> 6:14AM	
		Yama	2:56PM – 4:23PM	Siddhi Until 5:52AM Sat	Muruga: Clear	<i>Sunset:</i> 5:49PM	
		988273367 Rahu	10:35AM – 12:02PM	Visti Until 8:37AM	Nataraja: White	Moon 2 - Phase 44	
Routine Work	Prabalarishta Yoga			Dashami Until 8:37AM	Moon – Light Blue	2nd Phase	
Until 8:37AM					Magha-Masi	Devaloka Day	
Then Routine Work - Marana Yoga							

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 10 Sutra 321 Vilamba 5120
Dhanus Rasi: 26.43	Tithi 26 – 27	Gulika	6:13AM – 7:41AM	Uttarashadha Until 8:49AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:13AM	
		Yama	1:29PM – 2:56PM	Vyatipata* Until 11:29AM	Muruga: Clear	<i>Sunset:</i> 5:50PM	
		988273367 Rahu	9:08AM – 10:35AM	Kaulava Until 12:25AM Sun	Nataraja: White	Moon 2 - Phase 44	
Routine Work	Marana Yoga			Ekadashi* Until 11:04AM	Moon – Light Blue	2nd Phase	
Until 8:49AM Sun					Magha-Masi	Devaloka Day	
Then Creative Work - Amrita Yoga							

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 11 Sutra 322 Vilamba 5120
Makara Rasi: 8.32	Tithi 27 – 28	Gulika	2:56PM – 4:23PM	Uttarashadha Until 4:30PM Mon	Ganesha: Red	<i>Sunrise:</i> 6:12AM	
		Yama	12:02PM – 1:29PM	Varyan Until 12:28PM	Muruga: Clear	<i>Sunset:</i> 5:51PM	
		988273367 Rahu	4:23PM – 5:51PM	Gara Until 3:09AM Mon	Nataraja: White	Moon 2 - Phase 44	
Creative Work	Amrita Yoga			Dvadashi* Until 1:45PM	Moon – Light Blue	2nd Phase	
Until 4:30PM					Magha-Masi	Devaloka Day	
Then Creative Work - Amrita Yoga							

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 12 Sutra 323 Vilamba 5120
Makara Rasi: 20.17	Tithi 28 – 29	Gulika	1:29PM – 2:56PM	Uttarashadha Until 4:30PM	Ganesha: Yellow	<i>Sunrise:</i> 6:11AM	
Family Home Evening		Yama	10:34AM – 12:01PM	Parigha* Until 1:32PM	Muruga: Clear	<i>Sunset:</i> 5:51PM	
		998273367 Rahu	7:39AM – 9:06AM	Visti Until 5:52AM Tue	Nataraja: White	Moon 2 - Phase 44	
Creative Work	Amrita Yoga			Trayodashi* Until 4:30PM	Moon – Purple	2nd Phase	
Until 4:30PM					Magha-Masi	Devaloka Day	
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)					
		Mahasivaratri (Solar)					

6		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 13 Sutra 324 Vilamba 5120
Kumbha Rasi: 2.05	Tithi 29	Gulika	12:01PM – 1:29PM	Dhanishtha Until 3:17PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	
		Yama	9:06AM – 10:33AM	Shiva Until 2:33PM	Muruga: Clear	<i>Sunset:</i> 5:52PM	
		199273367 Rahu	2:56PM – 4:24PM	Sakuni Until 7:09PM	Nataraja: White	Moon 2 - Phase 44	
Creative Work	Siddha Yoga			Chaturdashi* Until 7:09PM	Moon – Purple	2nd Phase	
Until 3:17PM					Magha-Masi	Devaloka Day	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kathmandu, Nepal Sun 14 Sutra 325 Vilamba 5120
Kumbha Rasi: 13.55	Tithi 30	Gulika	10:33AM – 12:01PM	Shatabhishak Until 6:03PM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	
		Yama	7:37AM – 9:05AM	Siddha Until 3:23PM	Muruga: Clear	<i>Sunset:</i> 5:52PM	
		199273367 Rahu	12:01PM – 1:29PM	Catuspada Until 8:26AM	Nataraja: White	Moon 2 - Phase 44	
Creative Work	Siddha Yoga			Amavasya* Until 9:36PM	Moon – Purple	Amavasya	
Until 6:03PM					Magha-Masi	Devaloka Day	
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, March 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau	Kathmandu, Nepal Sun 15 Sutra 326 Vilamba 5120
Kumbha Rasi: 25.52	Tithi 1	Gulika	9:05AM – 10:33AM	Purvaproshtapada* Until 8:54PM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	
		Yama	6:08AM – 7:36AM	Sadhya Until 4:02PM	Muruga: Clear	<i>Sunset:</i> 5:53PM	
		119373367 Rahu	1:29PM – 2:57PM	Kintughna Until 10:44AM	Nataraja: White	Moon 2 - Phase 44	
Creative Work	Siddha Yoga			Prathama* Until 11:45PM	Moon – Clear	Prathama	
Until 6:03PM					Phalguna-Masi	Devaloka Day	
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 7.55	Tithi 2	Gulika 7:36AM – 9:04AM	Uttaraproshtapada Until 11:16PM	Ganesh: Yellow	<i>Sunrise:</i> 6:07AM				
		Yama 2:57PM – 4:25PM	Subha Until 4:28PM	Muruga: Clear	<i>Sunset:</i> 5:54PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367 Rahu 10:32AM – 12:00PM	Balava Until 13:83AM Sat	Nataraja: White				3rd Phase	
			Dvitiya Until 4:02PM	Moon – Clear			Devaloka Day		
				Phalguna-Masi					
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Visti* Karana Tritiyayam Titau				Kathmandu, Nepal Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 20.05	Tithi 3	Gulika 6:06AM – 7:35AM	Revati Until 1:08AM Sun	Ganesh: Yellow	<i>Sunrise:</i> 6:06AM				
		Yama 1:29PM – 2:57PM	Sukla Until 1:08AM Sun	Muruga: Clear	<i>Sunset:</i> 5:54PM			Moon 2 - Phase 45	
Routine Work	Prabalarishta Yoga	119373367 Rahu 9:03AM – 10:32AM	Taitila Until 2:23PM	Nataraja: White				3rd Phase	
Until 1:08AM Sun			Tritiya Until 3:03AM Sun	Moon – Clear			Devaloka Day		
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day		Phalguna-Masi					
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 2.25	Tithi 4	Gulika 2:57PM – 4:26PM	Ashvini Until 2:57AM Mon	Ganesh: Red	<i>Sunrise:</i> 6:05AM				
		Yama 12:00PM – 1:29PM	Brahma Until 4:29PM	Muruga: Clear	<i>Sunset:</i> 5:55PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 4:26PM – 5:55PM	Vanija Until 16:31AM Mon	Nataraja: White				3rd Phase	
			Chaturthi* Until 16:29AM Sun	Moon – White			Devaloka Day		
				Phalguna-Masi					
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau				Kathmandu, Nepal Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 14.55	Tithi 5	Gulika 1:29PM – 2:57PM	Bharani Until 4:54AM Wed Tue	Ganesh: Red	<i>Sunrise:</i> 6:04AM				
Family Home Evening		Yama 10:31AM – 12:00PM	Indra Until 4:11AM Tue	Muruga: Clear	<i>Sunset:</i> 5:55PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 7:33AM – 9:02AM	Bava Until 4:31PM	Nataraja: White				3rd Phase	
			Panchami Until 4:46AM Tue	Moon – White			Devaloka Day		
				Phalguna-Masi					
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kathmandu, Nepal Sun 20 Sutra 331 Vilamba 5120	
Mesha Rasi: 27.37	Tithi 6	Gulika 11:59AM – 1:29PM	Bharani Until 4:54AM Wed	Ganesh: Red	<i>Sunrise:</i> 6:03AM				
		Yama 9:01AM – 10:30AM	Vaidhriti* Until 13:63AM Wed	Muruga: Clear	<i>Sunset:</i> 5:56PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 2:58PM – 4:27PM	Kaulava Until 4:55PM	Nataraja: White				3rd Phase	
			Shashthi* Until 4:54AM Wed	Moon – White			Devaloka Day		
				Phalguna-Masi					
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Kathmandu, Nepal Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 10.34	Tithi 7	Gulika 10:30AM – 11:59AM	Rohini Until 5:09AM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:02AM				
		Yama 7:31AM – 9:01AM	Vishkambha* Until 2:03PM	Muruga: Clear	<i>Sunset:</i> 5:56PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367 Rahu 11:59AM – 1:28PM	Gara Until 4:47PM	Nataraja: White				3rd Phase	
Until 5:09AM Thu			Saptami Until 4:29AM Thu	Moon – Yellow			Sivaloka Day		
Then Routine Work - Marana Yoga				Phalguna-Masi					
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 22 Sutra 333 Vilamba 5120	
Vrishabha Rasi: 23.48	Tithi 8	Gulika 9:00AM – 10:29AM	Mrigashira Until 4:45AM Fri	Ganesh: Purple	<i>Sunrise:</i> 6:01AM				
		Yama 6:01AM – 7:30AM	Priti Until 12:24PM	Muruga: Clear	<i>Sunset:</i> 5:57PM			Moon 2 - Phase 45	
Routine Work	Marana Yoga	131373367 Rahu 1:28PM – 2:58PM	Visti Until 4:03PM	Nataraja: White				Ashtami	
Until 4:45AM Fri			Ashtami* Until 3:26AM Fri	Moon – Yellow			Sivaloka Day		
Then Creative Work - Siddha Yoga				Phalguna-Masi					
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 7.22	Tithi 9	Gulika 7:29AM – 8:59AM	Ardra Until 3:37AM Sat	Ganesh: Purple	<i>Sunrise:</i> 6:00AM				
		Yama 2:58PM – 4:28PM	Ayushman Until 10:14AM	Muruga: Clear	<i>Sunset:</i> 5:57PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373368 Rahu 10:29AM – 11:59AM	Balava Until 12:44AM Sat	Nataraja: Clear				Navami	
			Navami* Until 12:24PM	Moon – Yellow			Subha Sivaloka Day		
		Karadaiyan Nombu (Tamil Nadu)		Phalguna-Panguni					

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1		Saturday, March 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau	Kathmandu, Nepal Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 21.19	Tithi 10	Gulika 5:59AM – 7:29AM	Punarvasu Until 2:11AM Sun	Ganesh: Clear	<i>Sunrise:</i> 5:59AM		
		Yama 1:28PM – 2:58PM	Saubhagya Until 7:35AM	Muruga: Clear	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 46	
		141373368 Rahu 8:58AM – 10:28AM	Taitila Until 12:44PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 11:32PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

2		Sunday, March 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau	Kathmandu, Nepal Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 5.38	Tithi 11	Gulika 2:58PM – 4:28PM	Pushya Until 12:06AM Mon	Ganesh: Clear	<i>Sunrise:</i> 5:58AM		
		Yama 11:58AM – 1:28PM	Athiganda* Until 12:59AM Mon	Muruga: Clear	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 46	
		141373368 Rahu 4:28PM – 5:58PM	Vanija Until 10:14AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:46PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

3		Monday, March 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 20.17	Tithi 12 – 13	Gulika 1:28PM – 2:58PM	Ashlesha* Until 9:31PM	Ganesh: Clear	<i>Sunrise:</i> 5:56AM		
Family Home Evening		Yama 10:27AM – 11:58AM	Sukarma Until 9:10PM	Muruga: Clear	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 46	
		141373368 Rahu 7:27AM – 8:57AM	Bava Until 7:15AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 5:37PM	Moon – Blue		Sivaloka Day	
Until 9:31PM		Yogaswami Mahasamadhi		Phalguna•Panguni			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

4		Tuesday, March 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 5.12	Tithi 13 – 14	Gulika 11:57AM – 1:28PM	Magha* Until 10:38AM Wed	Ganesh: White	<i>Sunrise:</i> 5:55AM		
		Yama 8:56AM – 10:27AM	Dhriti Until 5:10PM	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 46	
		151373368 Rahu 2:58PM – 4:29PM	Gara Until 12:26AM Wed	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 2:11PM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			

		Wednesday, March 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Kathmandu, Nepal Sun 28 Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 10:26AM – 11:57AM	Magha* Until 10:38AM	Ganesh: White	<i>Sunrise:</i> 5:54AM		
Simha Rasi: 20.16	Tithi 14 – 15	Yama 7:25AM – 8:56AM	Shula* Until 8:61AM Thu	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 46	
		151373368 Rahu 11:57AM – 1:28PM	Visti Until 8:53PM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Chaturdashi* Until 10:38AM	Moon – Red		Subha Sivaloka Day	
		Panguni Uttiram		Phalguna•Panguni			
		Holi					

Thursday, March 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau	Kathmandu, Nepal Sun 29 Sutra 340 Vilamba 5120
Kanya Rasi: 5.19	Tithi 15 – 16	Gulika 8:55AM – 10:26AM	Uttaraphalguni Until 12:54AM Sat Fr	Ganesh: White	<i>Sunrise:</i> 5:53AM		
		Yama 5:53AM – 7:24AM	Ganda* Until 9:01AM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 46	
		151373368 Rahu 1:28PM – 2:59PM	Kaulava Until 3:49AM Fri	Nataraja: Clear		Prathama	
			Purnima* Until 7:07AM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			
Amrita Yoga							
Until 12:54AM Sat Fr							
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Chitra Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal

Sutra 341

Vilamba 5120

Kanya Rasi: 20.13

Tithi 17

Gulika

7:23AM – 8:54AM

Uttaraphalguni Until 12:54AM Sat

Ganesha: Yellow

Sunrise: 5:52AM

Yama

2:59PM – 4:30PM

Dhruva Until 1:38AM Sat

Muruga: White

Sunset: 6:01PM

Moon 3 - Phase 47

161383368 Rahu

10:25AM – 11:57AM

Tailila Until 2:19PM

Nataraja: Clear

Moon – Green

Devaloka Day

Creative Work Amrita Yoga

Until 12:54AM Sat

Then Routine Work - Marana Yoga

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Bava Karana Tritiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 342

Vilamba 5120

1

Tula Rasi: 4.49

Tithi 18

Gulika

5:51AM – 7:22AM

Chitra Until 9:03AM

Ganesha: Yellow

Sunrise: 5:51AM

Yama

1:28PM – 2:59PM

Vyaghata* Until 9:03AM

Muruga: White

Sunset: 6:02PM

Moon 3 - Phase 47

161383368 Rahu

8:54AM – 10:25AM

Vanija Until 11:39AM

Nataraja: Clear

Moon – Green

Devaloka Day

Routine Work Marana Yoga

Until 9:03AM

Then Creative Work - Siddha Yoga

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Kathmandu, Nepal

Sun 2 Sutra 343

Vilamba 5120

2

Tula Rasi: 19.01

Tithi 19

Gulika

2:59PM – 4:31PM

Svati Until 7:32AM

Ganesha: Blue

Sunrise: 5:50AM

Yama

11:56AM – 1:28PM

Harshana Until 8:03PM

Muruga: White

Sunset: 6:02PM

Moon 3 - Phase 47

162383368 Rahu

4:31PM – 6:02PM

Bava Until 7:80AM Mon

Nataraja: Clear

Moon – Green

Bhuloka Day

Creative Work Siddha Yoga

Until 7:32AM

Then Routine Work - Marana Yoga

Devaloka Time: 6:PM to 9:PM

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Gara Karana Panchamyam Titau

Kathmandu, Nepal

Sun 3 Sutra 344

Vilamba 5120

3

Vrischika Rasi: 2.45

Tithi 20

Gulika

1:27PM – 2:59PM

Vishakha Until 7:01AM

Ganesha: Red

Sunrise: 5:49AM

Family Home Evening

172383368 Rahu

7:20AM – 8:52AM

Vajra* Until 6:11PM

Muruga: White

Sunset: 6:03PM

Moon 3 - Phase 47

Routine Work Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Kaulava Until 7:54AM Tue

Nataraja: Clear

Moon – Orange

Devaloka Day

Panchami Until 8:03PM

Phalgunapanguni

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Sun 4 Sutra 345

Vilamba 5120

4

Vrischika Rasi: 15.59

Tithi 21

Gulika

11:55AM – 1:27PM

Anuradha Until 8:54PM Wed

Ganesha: Red

Sunrise: 5:48AM

Creative Work Siddha Yoga

Until 8:54PM Wed

Then Routine Work - Marana Yoga

172383368 Rahu

2:59PM – 4:31PM

Siddhi Until 5:01PM

Muruga: White

Sunset: 6:03PM

Moon 3 - Phase 47

Gara Until 8:22AM Wed

Nataraja: Clear

Moon – Orange

Devaloka Day

Shashthi* Until 6:11PM

Phalgunapanguni

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Mula* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 346

Vilamba 5120

5

Vrischika Rasi: 28.47

Tithi 22

Gulika

10:23AM – 11:55AM

Anuradha Until 8:54PM

Ganesha: Red

Sunrise: 5:46AM

Creative Work Siddha Yoga

Until 8:54PM

Then Routine Work - Marana Yoga

172383368 Rahu

7:19AM – 8:51AM

Vyatipata* Until 4:32PM

Muruga: White

Sunset: 6:04PM

Moon 3 - Phase 47

Visti Until 8:22AM

Nataraja: Clear

Moon – Orange

Devaloka Day

Saptami Until 8:54PM

Phalgunapanguni

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 347

Vilamba 5120

Dhanus Rasi: 11.13

Tithi 23

Gulika

8:50AM – 10:22AM

Mula* Until 10:08AM

Ganesha: Green

Sunrise: 5:45AM

Creative Work Siddha Yoga

Until 10:08AM

Then Routine Work - Marana Yoga

182383368 Rahu

1:27PM – 2:59PM

Variyan Until 4:39PM

Muruga: White

Sunset: 6:04PM

Moon 3 - Phase 47

Balava Until 9:40AM

Nataraja: Clear

Moon – Light Blue

Bhuloka Day

Ashtami* Until 10:34PM

Phalgunapanguni

Devaloka Time: 6:PM to 9:PM

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 348

Vilamba 5120

Dhanus Rasi: 23.2

Tithi 24

Gulika

7:17AM – 8:49AM

Purvashadha* Until 12:40PM

Ganesha: Green

Sunrise: 5:44AM

Routine Work Prabalarishta Yoga

Until 12:40PM

Then Routine Work - Marana Yoga

182383468 Rahu

10:22AM – 11:54AM

Parigha* Until 5:15PM

Muruga: Yellow

Sunset: 6:05PM

Moon 3 - Phase 47

Tailila Until 11:39AM

Nataraja: Purple

Moon – Light Blue

Devaloka Day

Navami* Until 12:49AM Sat

Phalgunapanguni

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1 Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantla Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Kathmandu, Nepal Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 5.15	Tithi 25	Gulika 5:43AM – 7:16AM	Uttarashadha Until 3:27PM	Ganesha: Green <i>Sunrise:</i> 5:43AM	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 48 2nd Phase
		Yama 1:27PM – 3:00PM	Shiva Until 6:12PM	Muruga: Yellow		
		182383468 Rahu 8:49AM – 10:21AM	Vanija Until 2:06PM	Nataraja: Purple		
Routine Work	Marana Yoga		Dashami Until 3:24AM Sun	Moon – Light Blue		Devaloka Day
Until 3:27PM				Phalguna•Panguni		
Then Creative Work - Siddha Yoga						

2 Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 17.03	Tithi 26	Gulika 3:00PM – 4:33PM	Shravana Until 6:06AM Mon	Ganesha: Orange <i>Sunrise:</i> 5:42AM	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48 2nd Phase
		Yama 11:54AM – 1:27PM	Siddha Until 7:15PM	Muruga: Yellow		
		192383468 Rahu 4:33PM – 6:06PM	Bava Until 4:47PM	Nataraja: Purple		
Creative Work	Amrita Yoga		Ekadashi* Until 6:06AM Mon	Moon – Purple		Sivaloka Day
Until 6:06AM Mon				Phalguna•Panguni		
Then Routine Work - Marana Yoga						

3 Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Balava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 351 Vilamba 5120
Makara Rasi: 28.5	Tithi 26 – 27	Gulika 1:27PM – 3:00PM	Shravana Until 6:06AM	Ganesha: Green <i>Sunrise:</i> 5:42AM	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48 2nd Phase
Family Home Evening		Yama 10:21AM – 11:54AM	Sadhya Until 20:71AM Tue	Muruga: Yellow		
		192483468 Rahu 7:15AM – 8:48AM	Balava Until 6:06AM	Nataraja: Purple		
Creative Work	Siddha Yoga		Ekadashi* Until 6:06AM	Moon – Purple		Subha Sivaloka Day
				Phalguna•Panguni		

4 Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 10.39	Tithi 27 – 28	Gulika 11:54AM – 1:27PM	Dhanishtha Until 8:41AM	Ganesha: Green <i>Sunrise:</i> 5:41AM	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 48 2nd Phase
		Yama 8:47AM – 10:20AM	Subha Until 21:47AM Wed	Muruga: Yellow		
		192483468 Rahu 3:00PM – 4:33PM	Gara Until 9:53PM	Nataraja: Purple		
Routine Work	Marana Yoga		Dvadashi* Until 8:41AM	Moon – Purple		Subha Sivaloka Day
				Phalguna•Panguni		
				<i>Pradosha Vrata (Fasting)</i>		

5 Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 22.34	Tithi 28 – 29	Gulika 10:20AM – 11:53AM	Purvaproshtapada* Until 3:25AM Thu	Ganesha: Orange <i>Sunrise:</i> 5:40AM	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48 2nd Phase
		Yama 7:13AM – 8:46AM	Sukla Until 9:47PM	Muruga: Yellow		
		112483468 Rahu 11:53AM – 1:27PM	Visti Until 12:00AM Thu	Nataraja: Purple		
Creative Work	Amrita Yoga		Trayodashi* Until 10:58AM	Moon – Clear		Sivaloka Day
Until 3:25AM Thu				Phalguna•Panguni		
Then Creative Work - Siddha Yoga						

Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 354 Vilamba 5120
Meena Rasi: 4.38	Tithi 29 – 30	Gulika 8:46AM – 10:19AM	Uttaraproshtapada Until 5:36AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:39AM	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48 Amavasya
		Yama 5:39AM – 7:12AM	Brahma Until 10:06PM	Muruga: Yellow		
		112483468 Rahu 1:27PM – 3:00PM	Catuspada Until 1:41AM Fri	Nataraja: Purple		
Creative Work	Siddha Yoga		Chaturdashi* Until 12:52PM	Moon – Clear		Sivaloka Day
				Phalguna•Panguni		

Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 355 Vilamba 5120
Meena Rasi: 16.52	Tithi 30 – 1	Gulika 7:11AM – 8:45AM	Revati Until 7:12AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:37AM	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 48 Prathama
		Yama 3:00PM – 4:34PM	Indra Until 10:07PM	Muruga: Yellow		
		112483468 Rahu 10:19AM – 11:53AM	Naga Until 2:21PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Amavasya* Until 2:21PM	Moon – Clear		Sivaloka Day
		Yugadhi		Chaitra•Panguni		

1 Saturday, April 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Kathmandu, Nepal Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 29.17	Tithi 1 – 2	Gulika 5:36AM – 7:10AM Yama 1:26PM – 3:00PM 123483468 Rahu 8:44AM – 10:18AM	Revati Until 7:12AM Vaidhriti* Until 9:45PM Balava Until 3:47AM Sun Prathama* Until 10:07PM	Ganesh: Light Blue <i>Sunrise:</i> 5:36AM Muruga: Yellow <i>Sunset:</i> 6:08PM Nataraja: Purple Moon – Clear Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Routine Work Prabalarishta Yoga Until 7:12AM Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi			

2 Sunday, April 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Kathmandu, Nepal Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.53	Tithi 2 – 3	Gulika 3:00PM – 4:35PM Yama 11:52AM – 1:26PM 123483468 Rahu 4:35PM – 6:09PM	Ashvini Until 8:43AM Vishkambha* Until 9:06PM Taitila Until 4:12AM Mon Dvitiya Until 4:01PM	Ganesh: Purple <i>Sunrise:</i> 5:35AM Muruga: Yellow <i>Sunset:</i> 6:09PM Nataraja: Purple Moon – White Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 8:43AM Then Routine Work - Prabalarishta Yoga					

3 Monday, April 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Kathmandu, Nepal Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.4	Tithi 3 – 4	Gulika 1:26PM – 3:01PM Yama 10:17AM – 11:52AM 123483468 Rahu 7:09AM – 8:43AM	Bharani Until 9:42AM Priti Until 8:10PM Vanija Until 4:15AM Tue Tritiya Until 4:15PM	Ganesh: Purple <i>Sunrise:</i> 5:34AM Muruga: Yellow <i>Sunset:</i> 6:09PM Nataraja: Purple Moon – White Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 9:42AM Then Routine Work - Marana Yoga					

4 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Kathmandu, Nepal Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 7.38	Tithi 4 – 5	Gulika 11:51AM – 1:26PM Yama 8:42AM – 10:17AM 123483468 Rahu 3:01PM – 4:35PM	Krittika Until 10:09AM Ayushman Until 6:55PM Bava Until 3:56AM Wed Chaturthi* Until 4:07PM	Ganesh: Purple <i>Sunrise:</i> 5:33AM Muruga: Yellow <i>Sunset:</i> 6:10PM Nataraja: Purple Moon – White Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 10:09AM Then Creative Work - Amrita Yoga					

5 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kathmandu, Nepal Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 20.48	Tithi 5 – 6	Gulika 10:16AM – 11:51AM Yama 7:07AM – 8:42AM 123483468 Rahu 11:51AM – 1:26PM	Rohini Until 2:44PM Thu Saubhagya Until 5:23PM Kaulava Until 3:14AM Thu Panchami Until 3:37PM	Ganesh: Clear <i>Sunrise:</i> 5:32AM Muruga: Yellow <i>Sunset:</i> 6:10PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Sivaloka Day
Creative Work Siddha Yoga					

6 Thursday, April 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Kathmandu, Nepal Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 4.1	Tithi 6 – 7	Gulika 8:41AM – 10:16AM Yama 5:31AM – 7:06AM 123483468 Rahu 1:26PM – 3:01PM	Rohini Until 2:44PM Sobhana Until 3:34PM Gara Until 2:09AM Fri Shashthi* Until 2:44PM	Ganesh: Clear <i>Sunrise:</i> 5:31AM Muruga: Yellow <i>Sunset:</i> 6:11PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Sivaloka Day
Routine Work Marana Yoga					

7 Friday, April 12, 2019 Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kathmandu, Nepal Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 17.45	Tithi 7 – 8	Gulika 7:05AM – 8:40AM Yama 3:01PM – 4:36PM 123483468 Rahu 10:15AM – 11:51AM	Ardra Until 11:43AM Sat Athiganda* Until 1:23PM Visti Until 12:38AM Sat Saptami Until 1:26PM	Ganesh: Clear <i>Sunrise:</i> 5:30AM Muruga: Yellow <i>Sunset:</i> 6:11PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	Moon 3 - Phase 49 Ashtami Sivaloka Day
Creative Work Siddha Yoga					

8 Saturday, April 13, 2019 Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kathmandu, Nepal Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 1.35	Tithi 8 – 9	Gulika 5:29AM – 7:04AM Yama 1:26PM – 3:01PM 143483468 Rahu 8:40AM – 10:15AM	Ardra Until 11:43AM Sukarma Until 10:53AM Balava Until 10:43PM Ashtami* Until 11:43AM	Ganesh: White <i>Sunrise:</i> 5:29AM Muruga: Yellow <i>Sunset:</i> 6:12PM Nataraja: Purple Moon – Blue Chaitra•Panguni	Moon 3 - Phase 49 Navami Devaloka Day
Creative Work Siddha Yoga		Sri Rama Navami			

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau			Kathmandu, Nepal Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 15.4	Tithi 9 – 10	Gulika 3:01PM – 4:37PM	Pushya Until 7:39AM	Ganesha: White <i>Sunrise:</i> 5:28AM	
		Yama 11:50AM – 1:26PM	Dhriti Until 7:39AM	Muruga: Yellow <i>Sunset:</i> 6:12PM	Moon 3 - Phase 1
Creative Work	Siddha Yoga	143483468 Rahu 4:37PM – 6:12PM	Gara Until 6:67AM Mon	Nataraja: Purple	4th Phase
			Navami* Until 9:36AM	Moon – Blue	
		Tamil New Year		Chaitra*Chaitra	Devaloka Day

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau			Kathmandu, Nepal Sun 24 Sutra 1 Vikarin 5121
Simha Rasi: 0.01	Tithi 10 – 11	Gulika 1:26PM – 3:01PM	Magha* Until 3:57AM Tue	Ganesha: White <i>Sunrise:</i> 5:27AM	
Family Home Evening		Yama 10:14AM – 11:50AM	Ganda* Until 1:35AM Tue	Muruga: Yellow <i>Sunset:</i> 6:13PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 Rahu 7:03AM – 8:38AM	Visti Until 4:20AM Tue	Nataraja: Purple	4th Phase
Until 3:57AM Tue			Dashami Until 7:07AM	Moon – Red	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Day

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau			Kathmandu, Nepal Sun 25 Sutra 2 Vikarin 5121
Simha Rasi: 14.34	Tithi 12	Gulika 11:50AM – 1:26PM	Purvaphalguni Until 1:46AM Wed	Ganesha: White <i>Sunrise:</i> 5:26AM	
		Yama 8:38AM – 10:14AM	Vriddhi Until 10:03PM	Muruga: Yellow <i>Sunset:</i> 6:13PM	Moon 3 - Phase 1
Creative Work	Siddha Yoga	253483468 Rahu 3:02PM – 4:38PM	Bava Until 2:53PM	Nataraja: Purple	4th Phase
Until 1:46AM Wed			Dvadashi Until 1:22AM Wed	Moon – Red	
Then Creative Work - Amrita Yoga				Chaitra*Chaitra	Devaloka Day

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kathmandu, Nepal Sun 26 Sutra 3 Vikarin 5121
Simha Rasi: 29.15	Tithi 13	Gulika 10:13AM – 11:49AM	Uttaraphalguni Until 11:23PM	Ganesha: White <i>Sunrise:</i> 5:25AM	
		Yama 7:01AM – 8:37AM	Dhruva Until 6:26PM	Muruga: Yellow <i>Sunset:</i> 6:14PM	Moon 3 - Phase 1
Creative Work	Amrita Yoga	253483468 Rahu 11:49AM – 1:26PM	Kaulava Until 8:52AM Thu	Nataraja: Purple	4th Phase
Until 11:23PM			Trayodashi Until 10:03PM	Moon – Red	
Then Routine Work - Marana Yoga				Chaitra*Chaitra	Devaloka Day
			<i>Pradosha Vrata</i>		

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau			Kathmandu, Nepal Sun 27 Sutra 4 Vikarin 5121
Kanya Rasi: 13.57	Tithi 14	Gulika 8:36AM – 10:13AM	Hasta Until 9:21PM	Ganesha: Yellow <i>Sunrise:</i> 5:24AM	
		Yama 5:24AM – 7:00AM	Vyaghata* Until 2:52PM	Muruga: Yellow <i>Sunset:</i> 6:15PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	263483468 Rahu 1:25PM – 3:02PM	Gara Until 8:52AM	Nataraja: Purple	4th Phase
Until 9:21PM			Chaturdashi* Until 7:23PM	Moon – Green	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Sivaloka Day

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau			Kathmandu, Nepal Sun 28 Sutra 5 Vikarin 5121
Copper Retreat Star		Gulika 6:59AM – 8:36AM	Chitra Until 7:26PM	Ganesha: Yellow <i>Sunrise:</i> 5:23AM	
Kanya Rasi: 28.34	Tithi 15 – 16	Yama 3:02PM – 4:39PM	Harshana Until 11:29AM	Muruga: Yellow <i>Sunset:</i> 6:15PM	Moon 3 - Phase 1
Creative Work	Siddha Yoga	263483468 Rahu 10:12AM – 11:49AM	Balava Until 6:00AM	Nataraja: Purple	Purnima
			Purnima* Until 4:39PM	Moon – Green	
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra	Sivaloka Day
		Hanuman Jayanti			

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau			Kathmandu, Nepal Sun 29 Sutra 6 Vikarin 5121
Silver Retreat Star		Gulika 5:22AM – 6:58AM	Svati Until 5:47PM	Ganesha: Red <i>Sunrise:</i> 5:22AM	
Tula Rasi: 12.57	Tithi 16 – 17	Yama 1:25PM – 3:02PM	Vajra* Until 8:21AM	Muruga: Yellow <i>Sunset:</i> 6:16PM	Moon 3 - Phase 1
Creative Work	Siddha Yoga	264483468 Rahu 8:35AM – 10:12AM	Taitila Until 1:21AM Sun	Nataraja: Purple	Prathama
			Prathama* Until 2:19PM	Moon – Green	
				Chaitra*Chaitra	Sivaloka Day