



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata\*/Varyan Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Jalandhar, India

Sutra 16

Vilamba 5120

Tula Rasi: 28.07      Tihti 16 – 17

273832369

**Gulika** 12:26PM – 2:06PM  
**Yama** 9:05AM – 10:46AM  
**Rahu** 3:47PM – 5:27PM

**Vishakha** Until 3:53PM  
**Vyatipata\*** Until 9:36AM  
**Taitila** Until 7:10PM  
**Prathama\*** Until 6:47AM

**Ganesh:** Purple      *Sunrise:* 5:45AM  
**Muruga:** White      *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

Routine Work      Marana Yoga  
Until 3:53PM  
Then Creative Work - Siddha Yoga

**1** Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Varyan/Parigha\* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Jalandhar, India

Sun 1      Sutra 17

Vilamba 5120

Vrischika Rasi: 10.41      Tihti 17 – 18

273832369

**Gulika** 10:45AM – 12:26PM  
**Yama** 7:24AM – 9:05AM  
**Rahu** 12:26PM – 2:06PM

**Anuradha** Until 5:35PM  
**Variyan** Until 9:18AM  
**Vanija** Until 8:19PM  
**Dvitya** Until 7:39AM

**Ganesh:** Purple      *Sunrise:* 5:44AM  
**Muruga:** White      *Sunset:* 7:08PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

Creative Work      Siddha Yoga

**2** Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India

Sun 2      Sutra 18

Vilamba 5120

Vrischika Rasi: 23      Tihti 18 – 19

274832369

**Gulika** 9:04AM – 10:45AM  
**Yama** 5:43AM – 7:24AM  
**Rahu** 2:07PM – 3:47PM

**Jyeshtha\*** Until 7:38PM  
**Parigha\*** Until 9:26AM  
**Bava** Until 10:00PM  
**Tritiya** Until 9:04AM

**Ganesh:** Clear      *Sunrise:* 5:43AM  
**Muruga:** White      *Sunset:* 7:09PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work      Prabalarishta Yoga  
Until 7:38PM  
Then Creative Work - Siddha Yoga

**3** Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India

Sun 3      Sutra 19

Vilamba 5120

Dhanus Rasi: 5.07      Tihti 19 – 20

284832369

**Gulika** 7:23AM – 9:04AM  
**Yama** 3:48PM – 5:29PM  
**Rahu** 10:45AM – 12:26PM

**Mula\*** Until 10:29PM  
**Shiva** Until 9:58AM  
**Kaulava** Until 12:09AM Sat  
**Chaturthi\*** Until 11:00AM

**Ganesh:** White      *Sunrise:* 5:42AM  
**Muruga:** White      *Sunset:* 7:09PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Creative Work      Amrita Yoga  
Until 10:29PM  
Then Routine Work - Prabalarishta Yoga

**4** Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India

Sun 4      Sutra 20

Vilamba 5120

Dhanus Rasi: 17.03      Tihti 20 – 21

284832369

**Gulika** 5:41AM – 7:22AM  
**Yama** 2:07PM – 3:48PM  
**Rahu** 9:03AM – 10:44AM

**Purvashadha\*** Until 1:29AM Sun  
**Siddha** Until 10:47AM  
**Gara** Until 2:37AM Sun  
**Panchami** Until 1:20PM

**Ganesh:** White      *Sunrise:* 5:41AM  
**Muruga:** White      *Sunset:* 7:10PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Creative Work      Siddha Yoga  
Until 1:29AM Sun  
Then Creative Work - Amrita Yoga

**5** Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Jalandhar, India

Sun 5      Sutra 21

Vilamba 5120

Dhanus Rasi: 28.53      Tihti 21 – 22

284832369

**Gulika** 3:48PM – 5:29PM  
**Yama** 12:25PM – 2:07PM  
**Rahu** 5:29PM – 7:11PM

**Uttarashadha** Until 4:25AM Mon  
**Sadhya** Until 11:48AM  
**Visti** Until 5:12AM Mon  
**Shashthi\*** Until 3:53PM

**Ganesh:** White      *Sunrise:* 5:40AM  
**Muruga:** White      *Sunset:* 7:11PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Creative Work      Amrita Yoga

**6** Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

Jalandhar, India

Sun 6      Sutra 22

Vilamba 5120

Makara Rasi: 10.41      Tihti 22

294832369

**Gulika** 2:07PM – 3:48PM  
**Yama** 10:44AM – 12:25PM  
**Rahu** 7:21AM – 9:02AM

**Shravana** Until 7:34AM Tue  
**Subha** Until 12:52PM  
**Bava** Until 6:26PM  
**Saptami** Until 6:26PM

**Ganesh:** Yellow      *Sunrise:* 5:39AM  
**Muruga:** White      *Sunset:* 7:12PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Family Home Evening  
Creative Work      Amrita Yoga  
Until 7:34AM Tue  
Then Creative Work - Siddha Yoga

**Retreat Star** Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 7      Sutra 23

Vilamba 5120

Makara Rasi: 22.32      Tihti 23

294832369

**Gulika** 12:25PM – 2:07PM  
**Yama** 9:02AM – 10:44AM  
**Rahu** 3:49PM – 5:30PM

**Shravana** Until 7:34AM  
**Sukla** Until 1:44PM  
**Balava** Until 7:38AM  
**Ashtami\*** Until 8:42PM

**Ganesh:** Yellow      *Sunrise:* 5:38AM  
**Muruga:** White      *Sunset:* 7:12PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work      Siddha Yoga

**Retreat Star** Wednesday, May 9, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 8      Sutra 24

Vilamba 5120

Kumbha Rasi: 4.33      Tihti 24

294832369

**Gulika** 10:43AM – 12:25PM  
**Yama** 7:20AM – 9:01AM  
**Rahu** 12:25PM – 2:07PM

**Dhanishtha** Until 10:10AM  
**Brahma** Until 2:16PM  
**Taitila** Until 9:40AM  
**Navami\*** Until 10:27PM

**Ganesh:** Yellow      *Sunrise:* 5:38AM  
**Muruga:** White      *Sunset:* 7:13PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work      Prabalarishta Yoga  
Until 10:10AM  
Then Creative Work - Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1

Thursday, May 10, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Dashamyam Titau

Jalandhar, India

Kumbha Rasi: 16.47 Tithi 25

Gulika 9:01AM – 10:43AM

Shatabhishak Until 12:00PM

Ganesha: Yellow

Sunrise: 5:37AM

Sun 9 Sutra 25

Vilamba 5120

Yama 5:37AM – 7:19AM

Indra Until 2:19PM

Muruga: White

Sunset: 7:14PM

Moon 4 - Phase 4

294832369 Rahu 2:07PM – 3:49PM

Vanija Until 11:05AM

Nataraja: Purple

2nd Phase

Creative Work Siddha Yoga

Dashami Until 11:30PM

Moon – Purple

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

2

Friday, May 11, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Ekadashyam Titau

Jalandhar, India

Kumbha Rasi: 29.22 Tithi 26

Gulika 7:18AM – 9:01AM

Purvaproshtapada\* Until 1:25PM

Ganesha: Yellow

Sunrise: 5:36AM

Sun 10 Sutra 26

Vilamba 5120

Yama 3:50PM – 5:32PM

Vaidhriti\* Until 1:44PM

Muruga: White

Sunset: 7:14PM

Moon 4 - Phase 4

214832369 Rahu 10:43AM – 12:25PM

Bava Until 11:44AM

Nataraja: Purple

2nd Phase

Creative Work Siddha Yoga

Ekadashi\* Until 11:44PM

Moon – Clear

Vaisaka-Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Saturday, May 12, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau

Jalandhar, India

Meena Rasi: 12.19 Tithi 27

Gulika 5:35AM – 7:18AM

Uttaraproshtapada Until 1:52PM

Ganesha: Blue

Sunrise: 5:35AM

Sun 11 Sutra 27

Vilamba 5120

Yama 2:08PM – 3:50PM

Vishkambha\* Until 12:31PM

Muruga: White

Sunset: 7:15PM

Moon 4 - Phase 4

214932369 Rahu 9:00AM – 10:43AM

Kaulava Until 11:33AM

Nataraja: Purple

2nd Phase

Creative Work Siddha Yoga

Dvadashi\* Until 11:09PM

Moon – Clear

Vaisaka-Chaitra

Bhuloka Day

Until 1:52PM

Then Routine Work - Prabalarishta Yoga

4

Sunday, May 13, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti\* Karana Trayodashyam Titau

Jalandhar, India

Meena Rasi: 25.42 Tithi 28

Gulika 3:50PM – 5:33PM

Revati Until 1:23PM

Ganesha: Blue

Sunrise: 5:35AM

Sun 12 Sutra 28

Vilamba 5120

Yama 12:25PM – 2:08PM

Priti Until 1:23PM

Muruga: White

Sunset: 7:16PM

Moon 4 - Phase 4

214932369 Rahu 5:33PM – 7:16PM

Gara Until 10:35AM

Nataraja: Purple

2nd Phase

Creative Work Amrita Yoga

Trayodashi\* Until 9:48PM

Moon – Clear

Vaisaka-Chaitra

Bhuloka Day

Until 1:23PM

Then Creative Work - Siddha Yoga

Pradosha Vrata (Fasting)

5

Monday, May 14, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau

Jalandhar, India

Mesha Rasi: 9.3 Tithi 29

Gulika 2:08PM – 3:51PM

Ashvini Until 12:31PM

Ganesha: Blue

Sunrise: 5:34AM

Sun 13 Sutra 29

Vilamba 5120

Yama 10:42AM – 12:25PM

Ayushman Until 8:15AM

Muruga: White

Sunset: 7:16PM

Moon 4 - Phase 4

224932369 Rahu 7:17AM – 9:00AM

Visti Until 8:54AM

Nataraja: Purple

2nd Phase

Creative Work Siddha Yoga

Chaturdashi\* Until 7:50PM

Moon – White

Vaisaka-Chaitra

Bhuloka Day

●

Tuesday, May 15, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Sobhana Yoga Catuspada\*/Kintughna\* Karana Amavasya/Prathamayam Titau

Jalandhar, India

Mesha Rasi: 23.41 Tithi 30 – 1

Gulika 12:25PM – 2:08PM

Bharani Until 10:58AM

Ganesha: Blue

Sunrise: 5:33AM

Sun 14 Sutra 30

Vilamba 5120

Yama 8:59AM – 10:42AM

Sobhana Until 2:07AM Wed

Muruga: White

Sunset: 7:17PM

Moon 4 - Phase 4

224932369 Rahu 3:51PM – 5:34PM

Catuspada Until 6:39AM

Nataraja: Purple

Amavasya

Creative Work Siddha Yoga

Amavasya\* Until 5:21PM

Moon – White

Vaisaka-Vaikasi

Bhuloka Day

Wednesday, May 16, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Athiganda\* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Jalandhar, India

Vrishabha Rasi: 8.1 Tithi 1 – 2

Gulika 10:42AM – 12:25PM

Krittika Until 8:52AM

Ganesha: Red

Sunrise: 5:33AM

Sun 15 Sutra 31

Vilamba 5120

Yama 7:16AM – 8:59AM

Athiganda\* Until 10:38PM

Muruga: White

Sunset: 7:18PM

Moon 4 - Phase 4

225932369 Rahu 12:25PM – 2:08PM

Balava Until 1:03AM Thu

Nataraja: Purple

Prathama

Creative Work Amrita Yoga

Prathama\* Until 2:31PM

Moon – White

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Until 8:52AM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to12:PM

<b>1 Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Jalandhar, India Sun 16 Sutra 32
Vrishabha Rasi: 22.49	Tithi 2 - 3	<b>Gulika</b> 8:59AM - 10:42AM	<b>Rohini Until 6:50AM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:32AM	Vilamba 5120
		Yama 5:32AM - 7:15AM	Sukarma Until 7:04PM	<b>Muruga:</b> White <i>Sunset:</i> 7:18PM	Moon 4 - Phase 5
Routine Work	Marana Yoga	235932369 <b>Rahu</b> 2:08PM - 3:52PM	Taitila Until 10:00PM	<b>Nataraja:</b> Purple	3rd Phase
			<b>Dvitiya Until 11:31AM</b>	Moon - Yellow	<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM

<b>2 Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Jalandhar, India Sun 17 Sutra 33
Mithuna Rasi: 7.31	Tithi 3 - 4	<b>Gulika</b> 7:15AM - 8:58AM	<b>Ardra Until 2:16AM Sat</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:31AM	Vilamba 5120
		Yama 3:52PM - 5:36PM	Dhriti Until 3:30PM	<b>Muruga:</b> White <i>Sunset:</i> 7:19PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	235932369 <b>Rahu</b> 10:42AM - 12:25PM	Vanija Until 6:59PM	<b>Nataraja:</b> Purple	3rd Phase
			<b>Tritiya Until 8:28AM</b>	Moon - Yellow	<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM

<b>3 Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau			Jalandhar, India Sun 18 Sutra 34
Mithuna Rasi: 22.11	Tithi 5	<b>Gulika</b> 5:31AM - 7:14AM	<b>Punarvasu Until 12:25AM Sun</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:31AM	Vilamba 5120
		Yama 2:09PM - 3:52PM	Shula* Until 12:02PM	<b>Muruga:</b> White <i>Sunset:</i> 7:20PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 8:58AM - 10:42AM	Bava Until 4:07PM	<b>Nataraja:</b> Purple	3rd Phase
			<b>Panchami Until 2:45AM Sun</b>	Moon - Blue	<b>Devaloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	

<b>4 Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashthiyam Titau			Jalandhar, India Sun 19 Sutra 35
Kataka Rasi: 6.41	Tithi 6	<b>Gulika</b> 3:53PM - 5:37PM	<b>Pushya Until 10:43PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:30AM	Vilamba 5120
		Yama 12:25PM - 2:09PM	Ganda* Until 8:46AM	<b>Muruga:</b> White <i>Sunset:</i> 7:20PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 5:37PM - 7:20PM	Kaulava Until 1:30PM	<b>Nataraja:</b> Purple	3rd Phase
			<b>Shashthi* Until 12:18AM Mon</b>	Moon - Blue	<b>Devaloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	

<b>5 Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau			Jalandhar, India Sun 20 Sutra 36
Kataka Rasi: 20.58	Tithi 7	<b>Gulika</b> 2:09PM - 3:53PM	<b>Ashlesha* Until 9:14PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:30AM	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:41AM - 12:25PM	Dhruva Until 3:05AM Tue	<b>Muruga:</b> White <i>Sunset:</i> 7:21PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 7:14AM - 8:58AM	Gara Until 11:13AM	<b>Nataraja:</b> Purple	3rd Phase
Until 9:14PM			<b>Saptami Until 10:12PM</b>	Moon - Blue	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>	

<b>Retreat Star Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau			Jalandhar, India Sun 21 Sutra 37
Simha Rasi: 5	Tithi 8	<b>Gulika</b> 12:25PM - 2:09PM	<b>Magha* Until 8:25PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:29AM	Vilamba 5120
		Yama 8:57AM - 10:41AM	Vyaghata* Until 12:43AM Wed	<b>Muruga:</b> White <i>Sunset:</i> 7:22PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	255932369 <b>Rahu</b> 3:53PM - 5:38PM	Visti Until 9:19AM	<b>Nataraja:</b> Purple	Ashtami
			<b>Ashtami* Until 8:30PM</b>	Moon - Red	<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM

<b>Retreat Star Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau			Jalandhar, India Sun 22 Sutra 38
Simha Rasi: 18.47	Tithi 9	<b>Gulika</b> 10:41AM - 12:25PM	<b>Purvaphalguni Until 7:53PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:29AM	Vilamba 5120
		Yama 7:13AM - 8:57AM	Harshana Until 10:42PM	<b>Muruga:</b> White <i>Sunset:</i> 7:22PM	Moon 4 - Phase 5
Creative Work	Amrita Yoga	255932369 <b>Rahu</b> 12:25PM - 2:10PM	Balava Until 7:49AM	<b>Nataraja:</b> Purple	Navami
			<b>Navami* Until 7:12PM</b>	Moon - Red	<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 39 Vilamba 5120
Kanya Rasi: 2.2	Tithi 10	<b>Gulika</b> 8:57AM – 10:41AM	<b>Uttaraphalguni</b> Until 7:35PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:28AM	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 6 4th Phase
	Amrita Yoga	Yama 5:28AM – 7:13AM	Vajra* Until 8:58PM	<b>Muruga:</b> White		
	255932369	<b>Rahu</b> 2:10PM – 3:54PM	Tailila Until 6:43AM	<b>Nataraja:</b> Purple		
Until 7:35PM			<b>Dashami</b> Until 6:18PM	Moon – Red		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 24 Sutra 40 Vilamba 5120
Kanya Rasi: 15.4	Tithi 11 – 12	<b>Gulika</b> 7:12AM – 8:57AM	<b>Hasta</b> Until 7:58PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:28AM	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 6 4th Phase
	Amrita Yoga	Yama 3:55PM – 5:39PM	Siddhi Until 7:34PM	<b>Muruga:</b> White		
	266932369	<b>Rahu</b> 10:41AM – 12:26PM	Vanija Until 6:01AM	<b>Nataraja:</b> Purple		
Creative Work			<b>Ekadashi</b> Until 5:48PM	Moon – Green		<b>Bhuloka Day</b>
Until 7:58PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 25 Sutra 41 Vilamba 5120
Kanya Rasi: 28.47	Tithi 12 – 13	<b>Gulika</b> 5:27AM – 7:12AM	<b>Chitra</b> Until 8:35PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:27AM	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 6 4th Phase
	Marana Yoga	Yama 2:10PM – 3:55PM	Vyatipata* Until 6:29PM	<b>Muruga:</b> White		
	366932369	<b>Rahu</b> 8:57AM – 10:41AM	Kaulava Until 5:47AM Sun	<b>Nataraja:</b> Purple		
Routine Work			<b>Dvadashi</b> Until 5:41PM	Moon – Green		<b>Bhuloka Day</b>
Until 8:35PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 26 Sutra 42 Vilamba 5120
Tula Rasi: 11.42	Tithi 13 – 14	<b>Gulika</b> 3:55PM – 5:40PM	<b>Svati</b> Until 9:26PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:27AM	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 6 4th Phase
	Siddha Yoga	Yama 12:26PM – 2:11PM	Varyan Until 5:41PM	<b>Muruga:</b> White		
	366932369	<b>Rahu</b> 5:40PM – 7:25PM	Gara Until 6:16AM Mon	<b>Nataraja:</b> Purple		
Creative Work			<b>Trayodashi</b> Until 5:57PM	Moon – Green		<b>Bhuloka Day</b>
Until 9:26PM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga						

<b>5 Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 43 Vilamba 5120
Tula Rasi: 24.26	Tithi 14	<b>Gulika</b> 2:11PM – 3:56PM	<b>Vishakha</b> Until 11:00PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:27AM	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 6 4th Phase
<b>Family Home Evening</b>		Yama 10:41AM – 12:26PM	Parigha* Until 5:14PM	<b>Muruga:</b> White		
	376932369	<b>Rahu</b> 7:11AM – 8:56AM	Gara Until 6:16AM	<b>Nataraja:</b> Purple		
Routine Work			<b>Chaturdashi*</b> Until 6:39PM	Moon – Orange		<b>Bhuloka Day</b>
Until 11:00PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga		<b>Vaikasi Visakam</b>				

<b>○ Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 44 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:26PM – 2:11PM	<b>Anuradha</b> Until 12:52AM Wed	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:26AM	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 6 Purnima
Vrischika Rasi: 6.57	Tithi 15	Yama 8:56AM – 10:41AM	Shiva Until 5:09PM	<b>Muruga:</b> White		
	376932369	<b>Rahu</b> 3:56PM – 5:41PM	Visti Until 7:11AM	<b>Nataraja:</b> Purple		
Creative Work			<b>Purnima*</b> Until 7:47PM	Moon – Orange		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

<b>Wednesday, May 30, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sutra 45 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:41AM – 12:26PM	<b>Jyeshtha*</b> Until 2:59AM Thu	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:26AM	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 6 Prathama
Vrischika Rasi: 19.17	Tithi 16	Yama 7:11AM – 8:56AM	Siddha Until 5:23PM	<b>Muruga:</b> White		
	376932369	<b>Rahu</b> 12:26PM – 2:11PM	Balava Until 8:33AM	<b>Nataraja:</b> Purple		
Creative Work			<b>Prathama*</b> Until 9:22PM	Moon – Orange		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvitiyayam Titau

Jalandhar, India

Sun 1 Sutra 46

Vilamba 5120

Dhanus Rasi: 1.26 Tithi 17

**Gulika** 8:56AM – 10:41AM  
Yama 5:26AM – 7:11AM  
Rahu 2:11PM – 3:57PM

**Mula\* Until 5:49AM Fri**  
Sadhya Until 5:57PM  
Tailila Until 10:21AM  
Dvitiya Until 11:23PM

**Ganesha:** White *Sunrise:* 5:26AM  
**Muruga:** White *Sunset:* 7:27PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Creative Work Siddha Yoga

Until 5:49AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Jalandhar, India

Sun 2 Sutra 47

Vilamba 5120

Dhanus Rasi: 13.25 Tithi 18

**Gulika** 7:11AM – 8:56AM  
Yama 3:57PM – 5:42PM  
Rahu 10:41AM – 12:26PM

**Purvashadha\* Until 8:47AM Sat**  
Subha Until 6:48PM  
Vanija Until 12:32PM  
Tritiya Until 1:43AM Sat

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruga:** White *Sunset:* 7:28PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 8:47AM Sat

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 3 Sutra 48

Vilamba 5120

Dhanus Rasi: 25.17 Tithi 19

**Gulika** 5:25AM – 7:11AM  
Yama 2:12PM – 3:57PM  
Rahu 8:56AM – 10:41AM

**Purvashadha\* Until 8:47AM**  
Sukla Until 7:50PM  
Bava Until 3:00PM  
Chaturthi\* Until 4:17AM Sun

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruga:** White *Sunset:* 7:28PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 8:47AM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Tailila Karana Panchamyam Titau

Jalandhar, India

Sun 4 Sutra 49

Vilamba 5120

Makara Rasi: 7.05 Tithi 20

**Gulika** 3:58PM – 5:43PM  
Yama 12:27PM – 2:12PM  
Rahu 5:43PM – 7:29PM

**Uttarashadha Until 11:45AM**  
Brahma Until 8:57PM  
Kaulava Until 5:36PM  
Panchami Until 6:52AM Mon

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruga:** White *Sunset:* 7:29PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India

Sun 5 Sutra 50

Vilamba 5120

Makara Rasi: 18.52 Tithi 20 – 21

**Gulika** 2:12PM – 3:58PM  
Yama 10:41AM – 12:27PM  
Rahu 7:10AM – 8:56AM

**Shravana Until 3:02PM**  
Indra Until 10:00PM  
Gara Until 8:07PM  
Panchami Until 6:52AM

**Ganesha:** Blue *Sunrise:* 5:25AM  
**Muruga:** White *Sunset:* 7:29PM  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:02PM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Jalandhar, India

Sun 6 Sutra 51

Vilamba 5120

Kumbha Rasi: 0.43 Tithi 21 – 22

**Gulika** 12:27PM – 2:13PM  
Yama 8:56AM – 10:41AM  
Rahu 3:58PM – 5:44PM

**Dhanishtha Until 5:55PM**  
Vaidhriti\* Until 10:47PM  
Visti Until 10:21PM  
Shashthi\* Until 9:16AM

**Ganesha:** Purple *Sunrise:* 5:25AM  
**Muruga:** White *Sunset:* 7:30PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 5:55PM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India

Sun 7 Sutra 52

Vilamba 5120

Kumbha Rasi: 12.43 Tithi 22 – 23

**Gulika** 10:42AM – 12:27PM  
Yama 7:10AM – 8:56AM  
Rahu 12:27PM – 2:13PM

**Shatabhishak Until 8:09PM**  
Vishkambha\* Until 11:11PM  
Balava Until 12:03AM Thu  
Saptami Until 11:15AM

**Ganesha:** Purple *Sunrise:* 5:24AM  
**Muruga:** White *Sunset:* 7:30PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 8:09PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Jalandhar, India

Sun 8 Sutra 53

Vilamba 5120

Kumbha Rasi: 24.58 Tithi 23 – 24

**Gulika** 8:56AM – 10:42AM  
Yama 5:24AM – 7:10AM  
Rahu 2:13PM – 3:59PM

**Purvaproshtapada\* Until 1:14PM Fri**  
Priti Until 11:03PM  
Tailila Until 1:03AM Fri  
Ashtami\* Until 12:38PM

**Ganesha:** Blue *Sunrise:* 5:24AM  
**Muruga:** White *Sunset:* 7:31PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

# 1 Friday, June 8, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Jalandhar, India

Meena Rasi: 7.31 Tithi 24 – 25

**Gulika** 7:10AM – 8:56AM  
**Yama** 3:59PM – 5:45PM  
**Rahu** 10:42AM – 12:28PM

**Purvaproshtapada\* Until 1:14PM**  
**Ayushman Until 20:48AM Sat**  
**Vanija Until 1:14AM Sat**  
**Navami\* Until 1:14PM**

**Ganesha:** Red *Sunrise: 5:24AM*  
**Muruga:** White *Sunset: 7:31PM*  
**Nataraja:** White  
Moon – Clear

Sun 9 Sutra 54  
Vilamba 5120  
Moon 5 - Phase 8  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

# 2 Saturday, June 9, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Saubhagya Yoga Visti\*/Bava Karana Dashami/Ekadashyam Titau

Jalandhar, India

Meena Rasi: 20.28 Tithi 25 – 26

**Gulika** 5:24AM – 7:10AM  
**Yama** 2:14PM – 4:00PM  
**Rahu** 8:56AM – 10:42AM

**Revati Until 10:59PM**  
**Saubhagya Until 8:48PM**  
**Bava Until 12:34AM Sun**  
**Dashami Until 12:59PM**

**Ganesha:** Red *Sunrise: 5:24AM*  
**Muruga:** White *Sunset: 7:32PM*  
**Nataraja:** White  
Moon – Clear

Sun 10 Sutra 55  
Vilamba 5120  
Moon 5 - Phase 8  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Routine Work Prabalarishta Yoga  
Until 10:59PM  
Then Creative Work - Siddha Yoga

# 3 Sunday, June 10, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Jalandhar, India

Mesha Rasi: 3.52 Tithi 26 – 27

**Gulika** 4:00PM – 5:46PM  
**Yama** 12:28PM – 2:14PM  
**Rahu** 5:46PM – 7:32PM

**Ashvini Until 10:28PM**  
**Sobhana Until 6:43PM**  
**Kaulava Until 11:06PM**  
**Ekadashi\* Until 11:55AM**

**Ganesha:** Green *Sunrise: 5:24AM*  
**Muruga:** White *Sunset: 7:32PM*  
**Nataraja:** White  
Moon – White

Sun 11 Sutra 56  
Vilamba 5120  
Moon 5 - Phase 8  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 10:28PM  
Then Routine Work - Prabalarishta Yoga

# 4 Monday, June 11, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Alhiganda\*/Sukarma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau

Jalandhar, India

Mesha Rasi: 17.43 Tithi 27 – 28  
**Family Home Evening**

**Gulika** 2:14PM – 4:00PM  
**Yama** 10:42AM – 12:28PM  
**Rahu** 7:10AM – 8:56AM

**Bharani Until 9:05PM**  
**Athiganda\* Until 4:00PM**  
**Gara Until 8:55PM**  
**Dvadashi\* Until 10:04AM**

**Ganesha:** Green *Sunrise: 5:24AM*  
**Muruga:** White *Sunset: 7:32PM*  
**Nataraja:** White  
Moon – White

Sun 12 Sutra 57  
Vilamba 5120  
Moon 5 - Phase 8  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 9:05PM  
Then Routine Work - Marana Yoga

*Pradosha Vrata (Fasting)*

# 5 Tuesday, June 12, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Catuspada\* Karana Trayodashi/Chaturdashyam Titau

Jalandhar, India

Vrishabha Rasi: 2.01 Tithi 28 – 29

**Gulika** 12:28PM – 2:14PM  
**Yama** 8:56AM – 10:42AM  
**Rahu** 4:01PM – 5:47PM

**Krittika Until 6:59PM**  
**Sukarma Until 6:59PM**  
**Catuspada Until 15:00AM Wed**  
**Trayodashi\* Until 7:35AM**

**Ganesha:** Green *Sunrise: 5:24AM*  
**Muruga:** White *Sunset: 7:33PM*  
**Nataraja:** White  
Moon – White

Sun 13 Sutra 58  
Vilamba 5120  
Moon 5 - Phase 8  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 6:59PM  
Then Creative Work - Amrita Yoga

# Wednesday, June 13, 2018

**Retreat Star**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Dhriti/Shula\* Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau

Jalandhar, India

Vrishabha Rasi: 16.4 Tithi 30

**Gulika** 10:42AM – 12:29PM  
**Yama** 7:10AM – 8:56AM  
**Rahu** 12:29PM – 2:15PM

**Rohini Until 4:45PM**  
**Dhriti Until 9:13AM**  
**Catuspada Until 3:00PM**  
**Amavasya\* Until 1:17AM Thu**

**Ganesha:** White *Sunrise: 5:24AM*  
**Muruga:** White *Sunset: 7:33PM*  
**Nataraja:** White  
Moon – Yellow

Sun 14 Sutra 59  
Vilamba 5120  
Moon 5 - Phase 8  
Amavasya

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

# Thursday, June 14, 2018

**Retreat Star**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Ganda\* Yoga Kintughna\*/Bava Karana Prathamayam Titau

Jalandhar, India

Mithuna Rasi: 1.35 Tithi 1

**Gulika** 8:56AM – 10:43AM  
**Yama** 5:24AM – 7:10AM  
**Rahu** 2:15PM – 4:01PM

**Mrigashira Until 2:07PM**  
**Ganda\* Until 1:23AM Fri**  
**Kintughna Until 11:33AM**  
**Prathama\* Until 9:46PM**

**Ganesha:** White *Sunrise: 5:24AM*  
**Muruga:** White *Sunset: 7:34PM*  
**Nataraja:** White  
Moon – Yellow

Sun 15 Sutra 60  
Vilamba 5120  
Moon 5 - Phase 8  
Prathama

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

**Jyeshtha-Vaikasi**

<b>1 Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 16 Sutra 61 Vilamba 5120
Mithuna Rasi: 16.36	Tithi 2	<b>Gulika</b> 7:10AM – 8:57AM	<b>Ardra</b> Until 11:16AM	<b>Ganeshha:</b> Clear	<i>Sunrise:</i> 5:24AM	
		Yama 4:01PM – 5:48PM	Vridhhi Until 9:26PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 9
		339132361 <b>Rahu</b> 10:43AM – 12:29PM	Balava Until 8:01AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 6:14PM	Moon – Yellow		
				<b>Jyeshtha•Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>2 Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Jalandhar, India Sun 17 Sutra 62 Vilamba 5120
Kataka Rasi: 2	Tithi 3 – 4	<b>Gulika</b> 5:24AM – 7:10AM	<b>Punarvasu</b> Until 8:46AM	<b>Ganeshha:</b> Orange	<i>Sunrise:</i> 5:24AM	
		Yama 2:15PM – 4:02PM	Dhruva Until 5:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 9
		349132361 <b>Rahu</b> 8:57AM – 10:43AM	Vanija Until 1:14AM Sun	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 2:50PM	Moon – Blue		
				<b>Jyeshtha•Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>3 Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 18 Sutra 63 Vilamba 5120
Kataka Rasi: 16.26	Tithi 4 – 5	<b>Gulika</b> 4:02PM – 5:48PM	<b>Pushya</b> Until 6:21AM	<b>Ganeshha:</b> Orange	<i>Sunrise:</i> 5:24AM	
		Yama 12:29PM – 2:16PM	Vyaghata* Until 1:58PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 9
		349132361 <b>Rahu</b> 5:48PM – 7:35PM	Bava Until 10:16PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Bava</b> Until 10:16PM	Moon – Blue		
			<b>Chaturthi*</b> Until 11:41AM	<b>Jyeshtha•Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
		<b>Father's Day</b>				

<b>4 Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Jalandhar, India Sun 19 Sutra 64 Vilamba 5120
Simha Rasi: 1	Tithi 5 – 6	<b>Gulika</b> 2:16PM – 4:02PM	<b>Magha*</b> Until 2:44AM Tue	<b>Ganeshha:</b> Green	<i>Sunrise:</i> 5:24AM	
<b>Family Home Evening</b>		Yama 10:43AM – 12:30PM	Harshana Until 10:43AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 9
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 7:11AM – 8:57AM	Kaulava Until 7:45PM	<b>Nataraja:</b> White		3rd Phase
Until 2:44AM Tue			<b>Panchami</b> Until 8:56AM	Moon – Red		
Then Creative Work - Siddha Yoga				<b>Jyeshtha•Ani</b>		<b>Devaloka Day</b>

<b>5 Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taila/Vanija Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 20 Sutra 65 Vilamba 5120
Simha Rasi: 15.14	Tithi 6 – 7	<b>Gulika</b> 12:30PM – 2:16PM	<b>Purvaphalguni</b> Until 1:42AM Wed	<b>Ganeshha:</b> Green	<i>Sunrise:</i> 5:25AM	
		Yama 8:57AM – 10:44AM	Vajra* Until 7:50AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 9
		359132361 <b>Rahu</b> 4:02PM – 5:49PM	Vanija Until 4:57AM Wed	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 6:39AM	Moon – Red		
Until 1:42AM Wed				<b>Jyeshtha•Ani</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 66 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 10:44AM – 12:30PM	<b>Uttaraphalguni</b> Until 1:06AM Thu	<b>Ganeshha:</b> Green	<i>Sunrise:</i> 5:25AM	
Simha Rasi: 29.07	Tithi 8	Yama 7:11AM – 8:57AM	Vyatipata* Until 3:31AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 9
		359132361 <b>Rahu</b> 12:30PM – 2:16PM	Visti Until 4:19PM	<b>Nataraja:</b> White		Ashtami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 3:49AM Thu	Moon – Red		
Until 1:06AM Thu				<b>Jyeshtha•Ani</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>				

<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 22 Sutra 67 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:58AM – 10:44AM	<b>Hasta</b> Until 1:24AM Fri	<b>Ganeshha:</b> Red	<i>Sunrise:</i> 5:25AM	
Kanya Rasi: 12.38	Tithi 9	Yama 5:25AM – 7:11AM	Variyan Until 2:03AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 9
		369132361 <b>Rahu</b> 2:17PM – 4:03PM	Balava Until 3:30PM	<b>Nataraja:</b> White		Navami
Routine Work	Marana Yoga		<b>Navami*</b> Until 3:17AM Fri	Moon – Green		
Until 1:24AM Fri				<b>Jyeshtha•Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1 Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 68 Vilamba 5120
Kanya Rasi: 25.5	Tithi 10	<b>Gulika</b> 7:11AM – 8:58AM	<b>Chitra</b> Until 2:05AM Sat	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:25AM	
		Yama 4:03PM – 5:49PM	Parigha* Until 1:02AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10
		361132361 <b>Rahu</b> 10:44AM – 12:30PM	Taitila Until 3:15PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:19AM Sat	Moon – Green		<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>2 Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 8.44	Tithi 11	<b>Gulika</b> 5:25AM – 7:12AM	<b>Svati</b> Until 3:08AM Sun	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:25AM	
		Yama 2:17PM – 4:03PM	Shiva Until 12:28AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10
		361132361 <b>Rahu</b> 8:58AM – 10:44AM	Vanija Until 3:33PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 3:51AM Sun	Moon – Green		<b>Bhuloka Day</b>
Until 3:08AM Sun				<b>Jyeshtha-Ani</b>		
Then Routine Work - Marana Yoga						

<b>3 Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 21.24	Tithi 12	<b>Gulika</b> 4:04PM – 5:50PM	<b>Vishakha</b> Until 4:58AM Mon	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:26AM	
		Yama 12:31PM – 2:17PM	Siddha Until 12:15AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10
		371132361 <b>Rahu</b> 5:50PM – 7:36PM	Bava Until 4:20PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 4:53AM Mon	Moon – Orange		<b>Bhuloka Day</b>
Until 4:58AM Mon				<b>Jyeshtha-Ani</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>4 Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 3.51	Tithi 13	<b>Gulika</b> 2:17PM – 4:04PM	<b>Anuradha</b> Until 7:03AM Tue	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:26AM	
<b>Family Home Evening</b>		Yama 10:45AM – 12:31PM	Sadhya Until 12:22AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10
		371142361 <b>Rahu</b> 7:12AM – 8:59AM	Kaulava Until 5:35PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:20AM Tue	Moon – Orange		<b>Devaloka Day</b>
Until 7:03AM Tue				<b>Jyeshtha-Ani</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

<b>5 Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 16.07	Tithi 13 – 14	<b>Gulika</b> 12:31PM – 2:18PM	<b>Anuradha</b> Until 7:03AM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:26AM	
		Yama 8:59AM – 10:45AM	Subha Until 12:50AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10
		371142361 <b>Rahu</b> 4:04PM – 5:50PM	Gara Until 7:14PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:20AM	Moon – Orange		<b>Devaloka Day</b>
Until 7:03AM				<b>Jyeshtha-Ani</b>		
Then Routine Work - Marana Yoga						

<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India Sutra 73 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:45AM – 12:32PM	<b>Jyeshtha*</b> Until 9:21AM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:27AM	
Vrischika Rasi: 28.14	Tithi 14 – 15	Yama 7:13AM – 8:59AM	Sukla Until 1:31AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10
		371142361 <b>Rahu</b> 12:32PM – 2:18PM	Visti Until 9:15PM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:10AM	Moon – Orange		<b>Devaloka Day</b>
Until 9:21AM				<b>Jyeshtha-Ani</b>		
Then Routine Work - Marana Yoga						

<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 74 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:59AM – 10:46AM	<b>Mula*</b> Until 12:18PM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:27AM	
Dhanus Rasi: 10.12	Tithi 15 – 16	Yama 5:27AM – 7:13AM	Brahma Until 2:27AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10
		381142361 <b>Rahu</b> 2:18PM – 4:04PM	Balava Until 11:33PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:21AM	Moon – Light Blue		<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda







<b>1</b>	<b>Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Jalandhar, India
	Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visi* Karana Dashamyam Titau						Sun 9 Sutra 84
	Mesha Rasi: 12.25	Tithi 25	<b>Gulika</b> 4:05PM – 5:50PM	<b>Ashvini</b> Until 7:37AM	<b>Ganesh:</b> Orange <i>Sunrise: 5:31AM</i>	Vilamba 5120	
	422242361	Rahu	Yama 12:34PM – 2:19PM	Dhriti Until 2:28AM Mon	<b>Muruga:</b> Clear <i>Sunset: 7:36PM</i>	Moon 6 - Phase 12	
Creative Work Siddha Yoga		Vanija Until 12:18PM		<b>Nataraja:</b> White	2nd Phase		
Until 7:37AM		Dashami Until 11:31PM		Moon – White	<b>Devaloka Day</b>		
Then Routine Work - Prabararishta Yoga				<b>Jyeshtha-Ani</b>			

<b>2</b>	<b>Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Jalandhar, India
	Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau						Sun 10 Sutra 85
	Mesha Rasi: 26.11	Tithi 26	<b>Gulika</b> 2:19PM – 4:05PM	<b>Bharani</b> Until 6:48AM	<b>Ganesh:</b> Orange <i>Sunrise: 5:31AM</i>	Vilamba 5120	
	422242361	Rahu	Yama 10:48AM – 12:34PM	Shula* Until 11:40PM	<b>Muruga:</b> Clear <i>Sunset: 7:36PM</i>	Moon 6 - Phase 12	
Family Home Evening		Bava Until 10:35AM		<b>Nataraja:</b> White	2nd Phase		
Creative Work Siddha Yoga		Ekadashi* Until 9:27PM		Moon – White	<b>Devaloka Day</b>		
Until 6:48AM				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Jalandhar, India
	Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau						Sun 11 Sutra 86
	Vrisabha Rasi: 10.24	Tithi 27	<b>Gulika</b> 12:34PM – 2:19PM	<b>Rohini</b> Until 3:14AM Wed	<b>Ganesh:</b> Light Blue <i>Sunrise: 5:32AM</i>	Vilamba 5120	
	422242361	Rahu	Yama 9:03AM – 10:48AM	Ganda* Until 8:22PM	<b>Muruga:</b> Clear <i>Sunset: 7:36PM</i>	Moon 6 - Phase 12	
Creative Work Amrita Yoga		Kaulava Until 8:11AM		<b>Nataraja:</b> White	2nd Phase		
Until 3:14AM Wed		Dvadashi* Until 6:45PM		Moon – Yellow	<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM		

<b>4</b>	<b>Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Jalandhar, India
	Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau						Sun 12 Sutra 87
	Vrisabha Rasi: 25.02	Tithi 28 – 29	<b>Gulika</b> 10:49AM – 12:34PM	<b>Mrigashira</b> Until 12:42AM Thu	<b>Ganesh:</b> Light Blue <i>Sunrise: 5:33AM</i>	Vilamba 5120	
	422242361	Rahu	Yama 7:18AM – 9:03AM	Vriddhi Until 4:41PM	<b>Muruga:</b> Clear <i>Sunset: 7:35PM</i>	Moon 6 - Phase 12	
Creative Work Siddha Yoga		Visti Until 1:52AM Thu		<b>Nataraja:</b> White	2nd Phase		
Until 12:42AM Thu		Trayodashi* Until 3:34PM		Moon – Yellow	<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM		
		<i>Pradosha Vrata (Fasting)</i>					

	<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Jalandhar, India
	Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 88
	Mithuna Rasi: 9.58	Tithi 29 – 30	<b>Gulika</b> 9:04AM – 10:49AM	<b>Ardra</b> Until 9:47PM	<b>Ganesh:</b> Light Blue <i>Sunrise: 5:33AM</i>	Vilamba 5120	
	422242361	Rahu	Yama 5:33AM – 7:18AM	Dhruva Until 12:42PM	<b>Muruga:</b> Clear <i>Sunset: 7:35PM</i>	Moon 6 - Phase 12	
Routine Work Marana Yoga		Catuspada Until 10:13PM		<b>Nataraja:</b> White	Amavasya		
Until 9:47PM		Chaturdashi* Until 12:03PM		Moon – Yellow	<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM		

	<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Jalandhar, India
	Retreat Star		Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 89
	Mithuna Rasi: 25.06	Tithi 30 – 1	<b>Gulika</b> 7:19AM – 9:04AM	<b>Punarvasu</b> Until 7:00PM	<b>Ganesh:</b> Purple <i>Sunrise: 5:34AM</i>	Vilamba 5120	
	422242361	Rahu	Yama 4:04PM – 5:50PM	Vyaghata* Until 8:34AM	<b>Muruga:</b> Clear <i>Sunset: 7:35PM</i>	Moon 6 - Phase 12	
Creative Work Siddha Yoga		Kintughna Until 6:28PM		<b>Nataraja:</b> White	Prathama		
Until 7:00PM		Amavasya* Until 8:20AM		Moon – Blue	<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga		Partial Solar Eclipse		<b>Ashada-Ani</b>	Devaloka Time: 12:PM to 3:PM		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Jalandhar, India	
	Kataka Rasi: 10.16      Tithi 2		Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15      Sutra 90	
Creative Work    Siddha Yoga		<b>Gulika</b> 5:34AM – 7:19AM	<b>Pushya</b> Until 4:08PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:34AM			Vilamba 5120	
Until 4:08PM		Yama        2:19PM – 4:04PM	Vajra*    Until 12:21AM Sun	<b>Muruga:</b> Clear <i>Sunset:</i> 7:34PM			Moon 6 - Phase 13	
Then Routine Work - Marana Yoga		442242361 <b>Rahu</b> 9:04AM – 10:49AM	Balava    Until 2:46PM	<b>Nataraja:</b> White			3rd Phase	
		Dvitiya    Until 12:58AM Sun		Moon – Blue			<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>			Devaloka Time: 12:PM to 3:PM	

<b>2</b>	<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Jalandhar, India	
	Kataka Rasi: 25.2      Tithi 3		Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16      Sutra 91	
Creative Work    Siddha Yoga		<b>Gulika</b> 4:04PM – 5:49PM	<b>Ashlesha*</b> Until 1:21PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:35AM			Vilamba 5120	
Until 1:21PM		Yama        12:34PM – 2:19PM	Siddhi    Until 8:32PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:34PM			Moon 6 - Phase 13	
Then Routine Work - Marana Yoga		442242361 <b>Rahu</b> 5:49PM – 7:34PM	Tailila    Until 11:16AM	<b>Nataraja:</b> White			3rd Phase	
		Tritiya    Until 9:37PM		Moon – Blue			<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>			Devaloka Time: 12:PM to 3:PM	

<b>3</b>	<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Jalandhar, India	
	Simha Rasi: 10.09      Tithi 4		Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chatrthyam Titau				Sun 17      Sutra 92	
Family Home Evening		<b>Gulika</b> 2:19PM – 4:04PM	<b>Magha*</b> Until 11:13AM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:35AM			Vilamba 5120	
Routine Work    Marana Yoga		Yama        10:50AM – 12:35PM	Vyatipata*    Until 5:04PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:34PM			Moon 6 - Phase 13	
Until 11:13AM		453242361 <b>Rahu</b> 7:20AM – 9:05AM	Vanija    Until 8:07AM	<b>Nataraja:</b> White			3rd Phase	
Then Creative Work - Siddha Yoga		Chaturthi*    Until 6:42PM		Moon – Red			<b>Bhuloka Day</b>	
				<b>Ashada*Adi</b>			Devaloka Time: 12:PM to 3:PM	

<b>4</b>	<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Jalandhar, India	
	Simha Rasi: 24.37      Tithi 5 – 6		Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 18      Sutra 93	
Creative Work    Siddha Yoga		<b>Gulika</b> 12:35PM – 2:19PM	<b>Purvaphalguni</b> Until 9:26AM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:36AM			Vilamba 5120	
Until 9:26AM		Yama        9:05AM – 10:50AM	Variyan    Until 2:01PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:33PM			Moon 6 - Phase 13	
Then Creative Work - Amrita Yoga		453242362 <b>Rahu</b> 4:04PM – 5:49PM	Kaulava    Until 3:23AM Wed	<b>Nataraja:</b> Clear			3rd Phase	
		Panchami    Until 4:19PM		Moon – Red			<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>				

<b>5</b>	<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Jalandhar, India	
	Kanya Rasi: 8.4      Tithi 6 – 7		Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Sun 19      Sutra 94	
Creative Work    Amrita Yoga		<b>Gulika</b> 10:50AM – 12:35PM	<b>Uttaraphalguni</b> Until 8:09AM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:36AM			Vilamba 5120	
Until 8:09AM		Yama        7:21AM – 9:06AM	Parigha*    Until 11:31AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:33PM			Moon 6 - Phase 13	
Then Routine Work - Marana Yoga		453242362 <b>Rahu</b> 12:35PM – 2:19PM	Gara    Until 2:01AM Thu	<b>Nataraja:</b> Clear			3rd Phase	
		Shashthi*    Until 2:36PM		Moon – Red			<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>				

<b>☾</b>	<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Jalandhar, India	
	Kanya Rasi: 22.17      Tithi 7 – 8		Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20      Sutra 95	
Retreat Star		<b>Gulika</b> 9:06AM – 10:50AM	<b>Hasta</b> Until 7:50AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:37AM			Vilamba 5120	
Routine Work    Marana Yoga		Yama        5:37AM – 7:21AM	Shiva    Until 9:36AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:33PM			Moon 6 - Phase 13	
Until 7:50AM		463242362 <b>Rahu</b> 2:19PM – 4:04PM	Visti    Until 1:22AM Fri	<b>Nataraja:</b> Clear			Ashtami	
Then Creative Work - Siddha Yoga		Saptami    Until 1:35PM		Moon – Green			<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>				

<b>☽</b>	<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Jalandhar, India	
	Tula Rasi: 5.31      Tithi 8 – 9		Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21      Sutra 96	
Retreat Star		<b>Gulika</b> 7:22AM – 9:06AM	<b>Chitra</b> Until 8:07AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:38AM			Vilamba 5120	
Creative Work    Siddha Yoga		Yama        4:03PM – 5:48PM	Siddha    Until 8:15AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:32PM			Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 10:50AM – 12:35PM	Balava    Until 1:27AM Sat	<b>Nataraja:</b> Clear			Navami	
		Ashtami*    Until 1:18PM		Moon – Green			<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>				

<b>1</b>	<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India
	Tula Rasi: 18.22	Tithi 9 – 10	<b>Gulika</b> 5:38AM – 7:22AM	<b>Svati</b> <b>Until 8:56AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:38AM	Sun 22 Sutra 97
			Yama 2:19PM – 4:03PM	Sadhya <b>Until 7:28AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:32PM	Vilamba 5120
	Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 9:07AM – 10:51AM	Taitila <b>Until 2:12AM Sun</b>	<b>Nataraja:</b> Clear		Moon 6 - Phase 14 4th Phase
			<b>Navami* Until 1:43PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			


<b>2</b>	<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India
	Vrischika Rasi: 0.54	Tithi 10 – 11	<b>Gulika</b> 4:03PM – 5:47PM	<b>Vishakha</b> <b>Until 10:42AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:39AM	Sun 23 Sutra 98
			Yama 12:35PM – 2:19PM	Subha <b>Until 7:14AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:31PM	Vilamba 5120
	Routine Work	Marana Yoga	473242362 <b>Rahu</b> 5:47PM – 7:31PM	Vanija <b>Until 3:32AM Mon</b>	<b>Nataraja:</b> Clear		Moon 6 - Phase 14 4th Phase
			<b>Dashami</b> <b>Until 2:47PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			


<b>3</b>	<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Jalandhar, India
	Vrischika Rasi: 13.11	Tithi 11 – 12	<b>Gulika</b> 2:19PM – 4:03PM	<b>Anuradha</b> <b>Until 12:50PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:39AM	Sun 24 Sutra 99
	<b>Family Home Evening</b>		Yama 10:51AM – 12:35PM	Sukla <b>Until 7:24AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:30PM	Vilamba 5120
	Creative Work	Siddha Yoga	473242362 <b>Rahu</b> 7:23AM – 9:07AM	Bava <b>Until 5:22AM Tue</b>	<b>Nataraja:</b> Clear		Moon 6 - Phase 14 4th Phase
			<b>Ekadashi</b> <b>Until 4:22PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>	<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava Karana Dvodashyam Titau				Jalandhar, India
	Vrischika Rasi: 25.17	Tithi 12	<b>Gulika</b> 12:35PM – 2:19PM	<b>Jyeshtha*</b> <b>Until 3:15PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:40AM	Sun 25 Sutra 100
			Yama 9:07AM – 10:51AM	Brahma <b>Until 7:56AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:30PM	Vilamba 5120
	Routine Work	Marana Yoga	473242362 <b>Rahu</b> 4:02PM – 5:46PM	Balava <b>Until 6:24PM</b>	<b>Nataraja:</b> Clear		Moon 6 - Phase 14 4th Phase
			<b>Dvodashi</b> <b>Until 6:24PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>5</b>	<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India
	Dhanus Rasi: 7.14	Tithi 13	<b>Gulika</b> 10:51AM – 12:35PM	<b>Mula*</b> <b>Until 6:18PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:41AM	Sun 26 Sutra 101
			Yama 7:24AM – 9:08AM	Indra <b>Until 8:46AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:29PM	Vilamba 5120
	Routine Work	Marana Yoga	483342362 <b>Rahu</b> 12:35PM – 2:19PM	Kaulava <b>Until 7:33AM</b>	<b>Nataraja:</b> Clear		Moon 6 - Phase 14 4th Phase
			<b>Trayodashi</b> <b>Until 8:44PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
				<i>Pradosha Vrata</i>			

<b>6</b>	<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India
	Dhanus Rasi: 19.05	Tithi 14	<b>Gulika</b> 9:08AM – 10:52AM	<b>Purvashadha*</b> <b>Until 9:23PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:41AM	Sun 27 Sutra 102
			Yama 5:41AM – 7:25AM	Vaidhriti* <b>Until 9:45AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:29PM	Vilamba 5120
	Creative Work	Siddha Yoga	483342362 <b>Rahu</b> 2:18PM – 4:02PM	Gara <b>Until 10:00AM</b>	<b>Nataraja:</b> Clear		Moon 6 - Phase 14 4th Phase
			<b>Chaturdashi*</b> <b>Until 11:16PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

	<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:25AM – 9:08AM	<b>Uttarashadha</b> <b>Until 12:22AM Sat</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:42AM	Sutra 103
	Makara Rasi: 0.53	Tithi 15	Yama 4:02PM – 5:45PM	Vishkambha* <b>Until 10:51AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:28PM	Vilamba 5120
			483342362 <b>Rahu</b> 10:52AM – 12:35PM	Visti <b>Until 12:35PM</b>	<b>Nataraja:</b> Clear		Moon 6 - Phase 14 Purnima
			<b>Purnima*</b> <b>Until 1:51AM Sat</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
				<b>Total Lunar Eclipse</b>			
				<b>Satguru Purnima</b>			

	<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:42AM – 7:26AM	<b>Shravana</b> <b>Until 3:38AM Sun</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:42AM	Sutra 104
	Makara Rasi: 12.41	Tithi 16	Yama 2:18PM – 4:01PM	Priti <b>Until 11:59AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:27PM	Vilamba 5120
			493342362 <b>Rahu</b> 9:09AM – 10:52AM	Balava <b>Until 3:09PM</b>	<b>Nataraja:</b> Clear		Moon 6 - Phase 14 Prathama
			<b>Prathama*</b> <b>Until 4:23AM Sun</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Jalandhar, India  
Sutra 105

Makara Rasi: 24.29    Tihti 17

**Gulika** 4:01PM – 5:44PM  
Yama 12:35PM – 2:18PM  
494342362 **Rahu** 5:44PM – 7:27PM

**Dhanishtha Until 6:33AM Mon**  
Ayushman Until 12:59PM  
Taitila Until 5:36PM  
**Dvitiya Until 6:44AM Mon**

**Ganesha:** Blue    *Sunrise:* 5:43AM  
**Muruga:** Clear    *Sunset:* 7:27PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 6:33AM Mon  
Then Creative Work - Siddha Yoga

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India  
Sun 1    Sutra 106

Kumbha Rasi: 6.23    Tihti 17 – 18  
**Family Home Evening**  
Creative Work    Siddha Yoga

**Gulika** 2:18PM – 4:00PM  
Yama 10:52AM – 12:35PM  
494342362 **Rahu** 7:27AM – 9:09AM

**Dhanishtha Until 6:33AM**  
Saubhagya Until 1:50PM  
Vanija Until 7:49PM  
**Dvitiya Until 6:44AM**

**Ganesha:** Blue    *Sunrise:* 5:44AM  
**Muruga:** Clear    *Sunset:* 7:26PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaprossthapada\* Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India  
Sun 2    Sutra 107

Kumbha Rasi: 18.23    Tihti 18 – 19  
Routine Work    Marana Yoga

**Gulika** 12:35PM – 2:17PM  
Yama 9:10AM – 10:52AM  
494342362 **Rahu** 4:00PM – 5:43PM

**Shatabhishak Until 9:02AM**  
Sobhana Until 2:28PM  
Bava Until 9:41PM  
**Tritiya Until 8:47AM**

**Ganesha:** Blue    *Sunrise:* 5:44AM  
**Muruga:** Clear    *Sunset:* 7:25PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India  
Sun 3    Sutra 108

Meena Rasi: 0.32    Tihti 19 – 20  
Creative Work    Amrita Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:52AM – 12:35PM  
Yama 7:27AM – 9:10AM  
414342362 **Rahu** 12:35PM – 2:17PM

**Purvaprossthapada\* Until 11:27AM**  
Athiganda\* Until 2:44PM  
Kaulava Until 11:06PM  
**Chaturthi\* Until 10:26AM**

**Ganesha:** White    *Sunrise:* 5:45AM  
**Muruga:** Clear    *Sunset:* 7:25PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprossthapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India  
Sun 4    Sutra 109

Meena Rasi: 12.53    Tihti 20 – 21  
Creative Work    Siddha Yoga

**Gulika** 9:10AM – 10:52AM  
Yama 5:46AM – 7:28AM  
414342362 **Rahu** 2:17PM – 3:59PM

**Uttaraprossthapada Until 1:13PM**  
Sukarma Until 2:37PM  
Gara Until 11:59PM  
**Panchami Until 11:36AM**

**Ganesha:** White    *Sunrise:* 5:46AM  
**Muruga:** Clear    *Sunset:* 7:24PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Jalandhar, India  
Sun 5    Sutra 110

Meena Rasi: 25.29    Tihti 21 – 22  
Creative Work    Siddha Yoga  
Until 2:16PM  
Then Creative Work - Amrita Yoga

**Gulika** 7:28AM – 9:10AM  
Yama 3:59PM – 5:41PM  
414342362 **Rahu** 10:53AM – 12:35PM

**Revati Until 2:16PM**  
Dhriti Until 2:04PM  
Visti Until 12:15AM Sat  
**Shashthi\* Until 12:11PM**

**Ganesha:** White    *Sunrise:* 5:46AM  
**Muruga:** Clear    *Sunset:* 7:23PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India  
Sun 6    Sutra 111

Mesha Rasi: 8.24    Tihti 22 – 23  
Creative Work    Siddha Yoga

**Gulika** 5:47AM – 7:29AM  
Yama 2:16PM – 3:58PM  
424342362 **Rahu** 9:11AM – 10:53AM

**Ashvini Until 3:00PM**  
Shula\* Until 12:58PM  
Balava Until 11:51PM  
**Saptami Until 12:07PM**

**Ganesha:** Clear    *Sunrise:* 5:47AM  
**Muruga:** Clear    *Sunset:* 7:22PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

**Sivaloka Day**

**Sunday, August 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India  
Sun 7    Sutra 112

Mesha Rasi: 21.39    Tihti 23 – 24  
Routine Work    Prabalarishta Yoga  
Until 2:54PM  
Then Creative Work - Siddha Yoga

**Gulika** 3:58PM – 5:40PM  
Yama 12:34PM – 2:16PM  
424342362 **Rahu** 5:40PM – 7:21PM

**Bharani Until 2:54PM**  
Ganda\* Until 11:20AM  
Taitila Until 10:46PM  
**Ashtami\* Until 11:23AM**

**Ganesha:** Clear    *Sunrise:* 5:48AM  
**Muruga:** Clear    *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

Vilamba 5120  
Moon 7 - Phase 15  
Navami

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1 Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Jalandhar, India
Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 113		Vilamba 5120		
<b>Gulika</b>	<b>2:16PM – 3:57PM</b>	<b>Krittika</b>	<b>Until 1:59PM</b>	<b>Ganesh:</b>	Clear	<i>Sunrise:</i> 5:48AM
Vrishabha Rasi: 5.17	Tithi 24 – 25	<b>Yama</b>	10:53AM – 12:34PM	<b>Muruga:</b>	Clear	<i>Sunset:</i> 7:21PM
<b>Family Home Evening</b>	424342362	<b>Rahu</b>	<b>7:30AM – 9:11AM</b>	<b>Nataraja:</b>	Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga	Vanija Until 9:01PM		Moon – White		<b>Sivaloka Day</b>
Until 1:59PM		<b>Navami* Until 9:58AM</b>		<b>Ashada*Adi</b>		
Then Creative Work - Amrita Yoga						

<b>2 Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Jalandhar, India
Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 114		Vilamba 5120		
<b>Gulika</b>	<b>12:34PM – 2:16PM</b>	<b>Rohini</b>	<b>Until 12:43PM</b>	<b>Ganesh:</b>	Purple	<i>Sunrise:</i> 5:49AM
Vrishabha Rasi: 19.19	Tithi 25 – 26	<b>Yama</b>	9:12AM – 10:53AM	<b>Muruga:</b>	Clear	<i>Sunset:</i> 7:20PM
<b>434342362 Rahu</b>	<b>3:57PM – 5:38PM</b>	Dhruva Until 6:27AM		<b>Nataraja:</b>	Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Bava Until 6:40PM		Moon – Yellow		<b>Devaloka Day</b>
Until 12:43PM		<b>Dashami Until 7:54AM</b>		<b>Ashada*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>3 Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Jalandhar, India
Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava Karana Dvodashyam Titau		Sun 10 Sutra 115		Vilamba 5120		
<b>Gulika</b>	<b>10:53AM – 12:34PM</b>	<b>Mrigashira</b>	<b>Until 10:46AM</b>	<b>Ganesh:</b>	Purple	<i>Sunrise:</i> 5:49AM
Mithuna Rasi: 3.45	Tithi 27	<b>Yama</b>	7:31AM – 9:12AM	<b>Muruga:</b>	Clear	<i>Sunset:</i> 7:19PM
<b>434342362 Rahu</b>	<b>12:34PM – 2:15PM</b>	Harshana Until 11:43PM		<b>Nataraja:</b>	Clear	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Kaulava Until 3:47PM		Moon – Yellow		<b>Devaloka Day</b>
		<b>Dvodashi* Until 2:10AM Thu</b>		<b>Ashada*Adi</b>		

<b>4 Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Jalandhar, India
Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 116		Vilamba 5120		
<b>Gulika</b>	<b>9:12AM – 10:53AM</b>	<b>Ardra</b>	<b>Until 8:15AM</b>	<b>Ganesh:</b>	Purple	<i>Sunrise:</i> 5:50AM
Mithuna Rasi: 18.31	Tithi 28	<b>Yama</b>	5:50AM – 7:31AM	<b>Muruga:</b>	Clear	<i>Sunset:</i> 7:18PM
<b>434342362 Rahu</b>	<b>2:15PM – 3:56PM</b>	Vajra* Until 7:51PM		<b>Nataraja:</b>	Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga	Gara Until 12:30PM		Moon – Yellow		<b>Devaloka Day</b>
Until 8:15AM		<b>Trayodashi* Until 10:44PM</b>		<b>Ashada*Adi</b>		
Then Creative Work - Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>				

<b>5 Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Jalandhar, India
Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 117		Vilamba 5120		
<b>Gulika</b>	<b>7:32AM – 9:12AM</b>	<b>Pushya</b>	<b>Until 8:15AM</b>	<b>Ganesh:</b>	Light Blue	<i>Sunrise:</i> 5:51AM
Kataka Rasi: 3.31	Tithi 29	<b>Yama</b>	3:55PM – 5:36PM	<b>Muruga:</b>	Clear	<i>Sunset:</i> 7:17PM
<b>444342362 Rahu</b>	<b>10:53AM – 12:34PM</b>	Siddhi Until 3:48PM		<b>Nataraja:</b>	Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga	Visti Until 8:58AM		Moon – Blue		<b>Devaloka Day</b>
		<b>Chaturdashi* Until 7:07PM</b>		<b>Ashada*Adi</b>		

<b>6 Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Jalandhar, India
<b>Retreat Star</b>		Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 118		
<b>Gulika</b>	<b>5:51AM – 7:32AM</b>	<b>Ashlesha*</b>	<b>Until 11:55PM</b>	<b>Ganesh:</b>	Light Blue	<i>Sunrise:</i> 5:51AM
Kataka Rasi: 18.38	Tithi 30 – 1	<b>Yama</b>	2:14PM – 3:55PM	<b>Muruga:</b>	Clear	<i>Sunset:</i> 7:16PM
<b>444342362 Rahu</b>	<b>9:13AM – 10:53AM</b>	Vyatipata* Until 11:42AM		<b>Nataraja:</b>	Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga	Kintughna Until 1:40AM Sun		Moon – Blue		<b>Devaloka Day</b>
Until 11:55PM		<b>Amavasya* Until 3:27PM</b>		<b>Ashada*Adi</b>		
Then Creative Work - Amrita Yoga		<b>Partial Solar Eclipse</b>				

<b>7 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Jalandhar, India
<b>Retreat Star</b>		Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14 Sutra 119		
<b>Gulika</b>	<b>3:54PM – 5:35PM</b>	<b>Magha*</b>	<b>Until 9:26PM</b>	<b>Ganesh:</b>	Clear	<i>Sunrise:</i> 5:52AM
Simha Rasi: 3.43	Tithi 1 – 2	<b>Yama</b>	12:34PM – 2:14PM	<b>Muruga:</b>	Clear	<i>Sunset:</i> 7:15PM
<b>455342362 Rahu</b>	<b>5:35PM – 7:15PM</b>	Variyan Until 7:40AM		<b>Nataraja:</b>	Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga	Balava Until 10:14PM		Moon – Red		<b>Sivaloka Day</b>
Until 9:26PM		<b>Prathama* Until 11:54AM</b>		<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1</b>	<b>Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India Sun 15 Sutra 120 Vilamba 5120
	Simha Rasi: 18.37	Tithi 2 - 3	<b>Gulika</b> 2:14PM - 3:54PM	<b>Purvaphalguni Until 7:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM	
	<b>Family Home Evening</b>	455342362	Yama 10:53AM - 12:33PM	Shiva Until 12:19AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	<b>Rahu</b> 7:33AM - 9:13AM	Taitila Until 7:09PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 8:37AM</b>	Moon - Red		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>2</b>	<b>Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Jalandhar, India Sun 16 Sutra 121 Vilamba 5120
	Kanya Rasi: 3.13	Tithi 4	<b>Gulika</b> 12:33PM - 2:13PM	<b>Uttaraphalguni Until 5:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM	
	Creative Work	Amrita Yoga	Yama 9:13AM - 10:53AM	Siddha Until 9:14PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 17
	Until 5:12PM	455342362	<b>Rahu</b> 3:53PM - 5:33PM	Vanija Until 4:33PM	<b>Nataraja:</b> Clear		3rd Phase
Then Creative Work - Siddha Yoga			<b>Chaturthi* Until 3:28AM Wed</b>	Moon - Red		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>3</b>	<b>Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Jalandhar, India Sun 17 Sutra 122 Vilamba 5120
	Kanya Rasi: 17.25	Tithi 5	<b>Gulika</b> 10:53AM - 12:33PM	<b>Hasta Until 4:12PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM	
	Routine Work	Marana Yoga	Yama 7:34AM - 9:13AM	Sadhya Until 6:42PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 17
	Until 4:12PM	465342362	<b>Rahu</b> 12:33PM - 2:13PM	Bava Until 2:35PM	<b>Nataraja:</b> Clear		3rd Phase
Then Creative Work - Siddha Yoga		<b>Nag Panchami</b>	<b>Panchami Until 1:52AM Thu</b>	Moon - Green		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>4</b>	<b>Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Jalandhar, India Sun 18 Sutra 123 Vilamba 5120
	Tula Rasi: 1.11	Tithi 6	<b>Gulika</b> 9:14AM - 10:53AM	<b>Chitra Until 3:47PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM	
	Creative Work	Siddha Yoga	Yama 5:55AM - 7:34AM	Subha Until 4:47PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17
	Until 3:47PM	465342362	<b>Rahu</b> 2:12PM - 3:52PM	Kaulava Until 1:22PM	<b>Nataraja:</b> Clear		3rd Phase
Then Creative Work - Amrita Yoga			<b>Shashthi* Until 1:02AM Fri</b>	Moon - Green		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>5</b>	<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Jalandhar, India Sun 19 Sutra 124 Vilamba 5120
	Tula Rasi: 14.29	Tithi 7	<b>Gulika</b> 7:34AM - 9:14AM	<b>Svati Until 4:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM	
	Creative Work	Siddha Yoga	Yama 3:51PM - 5:31PM	Sukla Until 3:30PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 17
	Until 3:47PM	465342362	<b>Rahu</b> 10:53AM - 12:33PM	Gara Until 12:56PM	<b>Nataraja:</b> Clear		3rd Phase
Then Creative Work - Siddha Yoga			<b>Saptami Until 1:01AM Sat</b>	Moon - Green		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>6</b>	<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India Sun 20 Sutra 125 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 5:56AM - 7:35AM	<b>Vishakha Until 5:19PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:56AM	
	Tula Rasi: 27.22	Tithi 8	Yama 2:12PM - 3:51PM	Brahma Until 2:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	575342362	<b>Rahu</b> 9:14AM - 10:53AM	<b>Nataraja:</b> Clear		Ashtami
				Moon - Orange		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>7</b>	<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 21 Sutra 126 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:50PM - 5:29PM	<b>Anuradha Until 7:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	
	Vrischika Rasi: 9.54	Tithi 9	Yama 12:32PM - 2:11PM	Indra Until 2:48PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 17
	Routine Work	Marana Yoga	575442362	<b>Rahu</b> 5:29PM - 7:08PM	<b>Nataraja:</b> Clear		Navami
				Moon - Orange		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 22 Sutra 127 Vilamba 5120
<b>1</b>		<b>Gulika</b> 2:11PM – 3:49PM	<b>Jyeshtha* Until 9:30PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:57AM	
Vrischika Rasi: 22.08	Tithi 10	Yama 10:53AM – 12:32PM	Vaidhriti* Until 3:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 18
<b>Family Home Evening</b>	586442362	<b>Rahu</b> 7:36AM – 9:14AM	Tailila Until 4:14PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 5:17AM Tue</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau				Jalandhar, India Sun 23 Sutra 128 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:32PM – 2:10PM	<b>Mula* Until 12:32AM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:58AM	
Dhanus Rasi: 4.08	Tithi 11	Yama 9:15AM – 10:53AM	Vishkambha* Until 3:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 18
<b>Family Home Evening</b>	586442362	<b>Rahu</b> 3:49PM – 5:27PM	Vanija Until 6:28PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Vanija Until 6:28PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
			<b>Ekadashi Until 7:41AM Wed</b>	<b>Sravana-Avani</b>		

<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 24 Sutra 129 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:53AM – 12:31PM	<b>Purvashadha* Until 3:38AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:58AM	
Dhanus Rasi: 16.01	Tithi 11 – 12	Yama 7:37AM – 9:15AM	Priti Until 5:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 18
<b>Family Home Evening</b>	586442362	<b>Rahu</b> 12:31PM – 2:10PM	Bava Until 8:59PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Bava Until 8:59PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Until 3:38AM Thu			<b>Ekadashi Until 7:41AM</b>	<b>Sravana-Avani</b>		
Then Routine Work - Marana Yoga						

<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 25 Sutra 130 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:15AM – 10:53AM	<b>Uttarashadha Until 6:37AM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:59AM	
Dhanus Rasi: 27.49	Tithi 12 – 13	Yama 5:59AM – 7:37AM	Ayushman Until 6:05PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 18
<b>Family Home Evening</b>	586442362	<b>Rahu</b> 2:09PM – 3:47PM	Kaulava Until 11:36PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Kaulava Until 11:36PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
			<b>Dvadashi Until 10:16AM</b>	<b>Sravana-Avani</b>		
				<i>Pradosha Vrata</i>		

<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 26 Sutra 131 Vilamba 5120
<b>5</b>		<b>Gulika</b> 7:37AM – 9:15AM	<b>Uttarashadha Until 6:37AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:59AM	
Makara Rasi: 10	Tithi 13 – 14	Yama 3:47PM – 5:24PM	Saubhagya Until 7:09PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 18
<b>Family Home Evening</b>	586442362	<b>Rahu</b> 10:53AM – 12:31PM	Gara Until 2:08AM Sat	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Gara Until 2:08AM Sat</b>	Moon – Light Blue		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>	<b>Trayodashi Until 12:52PM</b>	<b>Sravana-Avani</b>		

<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India Sun 27 Sutra 132 Vilamba 5120
<b>6</b>		<b>Gulika</b> 6:00AM – 7:38AM	<b>Shravana Until 9:49AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:00AM	
Makara Rasi: 21.26	Tithi 14 – 15	Yama 2:08PM – 3:46PM	Sobhana Until 8:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 18
<b>Family Home Evening</b>	596442362	<b>Rahu</b> 9:15AM – 10:53AM	Visti Until 4:28AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Visti Until 4:28AM Sun</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Avani Avittam</b>	<b>Chaturdashi* Until 3:19PM</b>	<b>Sravana-Avani</b>		

<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 133 Vilamba 5120
<b>0</b>		<b>Gulika</b> 3:45PM – 5:23PM	<b>Dhanishtha Until 12:37PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:01AM	
Kumbha Rasi: 3.21	Tithi 15 – 16	Yama 12:30PM – 2:08PM	Athiganda* Until 8:47PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 18
<b>Copper Retreat Star</b>	596442362	<b>Rahu</b> 5:23PM – 7:00PM	Balava Until 6:28AM Mon	<b>Nataraja:</b> Clear		Purnima
Routine Work	Marana Yoga		<b>Balava Until 6:28AM Mon</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Until 12:37PM		<b>Raksha Bandhan</b>	<b>Purnima* Until 5:29PM</b>	<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>Monday, August 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashadhapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sutra 134 Vilamba 5120
<b>0</b>		<b>Gulika</b> 2:07PM – 3:44PM	<b>Shatabhishak Until 2:55PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:01AM	
Kumbha Rasi: 15.23	Tithi 16	Yama 10:53AM – 12:30PM	Sukarma Until 9:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 18
<b>Family Home Evening</b>	596442362	<b>Rahu</b> 7:38AM – 9:16AM	Balava Until 6:28AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Balava Until 6:28AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Until 2:55PM			<b>Prathama* Until 7:18PM</b>	<b>Sravana-Avani</b>		
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthpada\*/Uttaraprosarthpada Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Jalandhar, India

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 27.35 Tiithi 17

517442363

**Gulika** 12:30PM – 2:07PM  
**Yama** 9:16AM – 10:53AM  
**Rahu** 3:44PM – 5:21PM

**Purvaprosarthpada\* Until 5:09PM**  
Dhriti Until 9:20PM  
Tailila Until 8:05AM  
Dvitiya Until 8:42PM

**Ganesha:** Clear *Sunrise:* 6:02AM  
**Muruga:** Clear *Sunset:* 6:58PM  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Devaloka Day**

Routine Work Marana Yoga

Until 5:09PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Jalandhar, India

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 9.58 Tiithi 18

517452363

**Gulika** 10:53AM – 12:29PM  
**Yama** 7:39AM – 9:16AM  
**Rahu** 12:29PM – 2:06PM

**Uttaraprosarthpada Until 6:48PM**  
Shula\* Until 9:04PM  
Vanija Until 9:16AM  
Tritiya Until 9:40PM

**Ganesha:** Clear *Sunrise:* 6:02AM  
**Muruga:** Purple *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:48PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 22.33 Tiithi 19

517452363

**Gulika** 9:16AM – 10:53AM  
**Yama** 6:03AM – 7:40AM  
**Rahu** 2:06PM – 3:42PM

**Revati Until 7:51PM**  
Ganda\* Until 8:28PM  
Bava Until 10:00AM  
Chaturthi\* Until 10:11PM

**Ganesha:** Clear *Sunrise:* 6:03AM  
**Muruga:** Purple *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:51PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Jalandhar, India

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 5.2 Tiithi 20

527452363

**Gulika** 7:40AM – 9:16AM  
**Yama** 3:41PM – 5:18PM  
**Rahu** 10:53AM – 12:29PM

**Ashvini Until 8:46PM**  
Vriddhi Until 7:31PM  
Kaulava Until 10:17AM  
Panchami Until 10:13PM

**Ganesha:** Purple *Sunrise:* 6:04AM  
**Muruga:** Purple *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Bhuloka Day**

Creative Work Amrita Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 18.22 Tiithi 21

527452363

**Gulika** 6:04AM – 7:40AM  
**Yama** 2:05PM – 3:41PM  
**Rahu** 9:16AM – 10:52AM

**Bharani Until 8:02PM**  
Dhruva Until 6:10PM  
Gara Until 10:05AM  
Shashthi\* Until 9:47PM

**Ganesha:** Purple *Sunrise:* 6:04AM  
**Muruga:** Purple *Sunset:* 6:53PM  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Bhuloka Day**

Creative Work Siddha Yoga

Until 9:02PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrisabha Rasi: 1.39 Tiithi 22

527452363

**Gulika** 3:40PM – 5:16PM  
**Yama** 12:28PM – 2:04PM  
**Rahu** 5:16PM – 6:52PM

**Krittika Until 8:41PM**  
Vyaghata\* Until 4:25PM  
Visti Until 9:23AM  
Saptami Until 8:50PM

**Ganesha:** Purple *Sunrise:* 6:05AM  
**Muruga:** Purple *Sunset:* 6:52PM  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Bhuloka Day**

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrisabha Rasi: 15.13 Tiithi 23

537452363

**Gulika** 2:04PM – 3:39PM  
**Yama** 10:52AM – 12:28PM  
**Rahu** 7:41AM – 9:17AM

**Rohini Until 8:06PM**  
Harshana Until 2:17PM  
Balava Until 8:11AM  
Ashtami\* Until 7:23PM

**Ganesha:** Clear *Sunrise:* 6:05AM  
**Muruga:** Purple *Sunset:* 6:50PM  
**Nataraja:** Purple  
Moon – Yellow  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Tailila/Visti\* Karana Navami/Dashamyam Titau

Jalandhar, India

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrisabha Rasi: 29.04 Tiithi 24 – 25

538452363

**Gulika** 12:28PM – 2:03PM  
**Yama** 9:17AM – 10:52AM  
**Rahu** 3:38PM – 5:14PM

**Mrigashira Until 6:54PM**  
Vajra\* Until 6:54PM  
Tailila Until 3:79AM Wed  
Navami\* Until 2:17PM

**Ganesha:** White *Sunrise:* 6:06AM  
**Muruga:** Purple *Sunset:* 6:49PM  
**Nataraja:** Purple  
Moon – Yellow  
**Sravana-Avani**

**Devaloka Day**

Creative Work Siddha Yoga

Until 6:54PM

Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Jalandhar, India
	Mithuna Rasi: 13.14	Tithi 25 – 26	<b>Gulika</b>	<b>10:52AM – 12:27PM</b>	<b>Ardra Until 5:07PM</b>	<b>Ganesh:</b> White	Sun 9 Sutra 143
			Yama	7:42AM – 9:17AM	Siddhi Until 8:46AM	<b>Muruga:</b> Purple	Vilamba 5120
	Creative Work	Siddha Yoga	548452363 <b>Rahu</b>	<b>12:27PM – 2:02PM</b>	Bava Until 1:43AM Thu	<b>Nataraja:</b> Purple	Moon 8 - Phase 20
				<b>Dashami Until 3:03PM</b>	Moon – Yellow	<b>Devaloka Day</b>	
					<b>Sravana-Avani</b>		

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India
	Mithuna Rasi: 27.42	Tithi 26 – 27	<b>Gulika</b>	<b>9:17AM – 10:52AM</b>	<b>Punarvasu Until 3:13PM</b>	<b>Ganesh:</b> Yellow	Sun 10 Sutra 144
			Yama	6:07AM – 7:42AM	Variyan Until 1:57AM Fri	<b>Muruga:</b> Purple	Vilamba 5120
	Creative Work	Amrita Yoga	548452363 <b>Rahu</b>	<b>2:02PM – 3:37PM</b>	Kaulava Until 10:47PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20
				<b>Ekadashi* Until 12:16PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
					<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Jalandhar, India
	Kataka Rasi: 12.23	Tithi 27 – 28	<b>Gulika</b>	<b>7:42AM – 9:17AM</b>	<b>Pushya Until 12:54PM</b>	<b>Ganesh:</b> Yellow	Sun 11 Sutra 145
			Yama	3:36PM – 5:11PM	Parigha* Until 10:13PM	<b>Muruga:</b> Purple	Vilamba 5120
	Routine Work	Marana Yoga	548452363 <b>Rahu</b>	<b>10:52AM – 12:27PM</b>	Gara Until 7:37PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20
				<b>Dvadashi* Until 9:12AM</b>	Moon – Blue	<b>Bhuloka Day</b>	
					<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM	

*Pradosha Vrata (Fasting)*

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India
	Kataka Rasi: 27.14	Tithi 29	<b>Gulika</b>	<b>6:08AM – 7:43AM</b>	<b>Ashlesha* Until 10:19AM</b>	<b>Ganesh:</b> Yellow	Sun 12 Sutra 146
			Yama	2:01PM – 3:35PM	Shiva Until 6:26PM	<b>Muruga:</b> Purple	Vilamba 5120
	Routine Work	Marana Yoga	548452363 <b>Rahu</b>	<b>9:17AM – 10:52AM</b>	Visti Until 4:20PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20
				<b>Chaturdashi* Until 2:41AM Sun</b>	Moon – Blue	<b>Bhuloka Day</b>	
					<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM	

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India
	<b>Retreat Star</b>		<b>Gulika</b>	<b>3:34PM – 5:09PM</b>	<b>Magha* Until 7:58AM</b>	<b>Ganesh:</b> Red	Sun 13 Sutra 147
	Simha Rasi: 12.06	Tithi 30	Yama	12:26PM – 2:00PM	Siddha Until 2:39PM	<b>Muruga:</b> Purple	Vilamba 5120
	Routine Work	Marana Yoga	548452363 <b>Rahu</b>	<b>5:09PM – 6:43PM</b>	Catuspada Until 1:05PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20
				<b>Amavasya* Until 11:30PM</b>	Moon – Red	<b>Bhuloka Day</b>	
		<b>Grandparent's Day</b>			<b>Sravana-Avani</b>	Devaloka Time: 9:AM to12:PM	

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Jalandhar, India
	Simha Rasi: 26.53	Tithi 1	<b>Gulika</b>	<b>2:00PM – 3:34PM</b>	<b>Uttaraphalguni Until 3:28AM Tue</b>	<b>Ganesh:</b> Blue	Sun 14 Sutra 148
	<b>Family Home Evening</b>		Yama	10:52AM – 12:26PM	Sadhya Until 11:02AM	<b>Muruga:</b> Purple	Vilamba 5120
	Creative Work	Siddha Yoga	559452363 <b>Rahu</b>	<b>7:43AM – 9:18AM</b>	Kintughna Until 10:01AM	<b>Nataraja:</b> Purple	Moon 8 - Phase 20
				<b>Prathama* Until 8:34PM</b>	Moon – Red	<b>Bhuloka Day</b>	
					<b>Bhadrapada-Avani</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 11.25	Tithi 2	<b>Gulika</b> Yama	12:25PM – 1:59PM 9:18AM – 10:51AM	<b>Hasta</b> Until 2:03AM Wed Subha Until 7:44AM Balava Until 7:16AM Dvitiya Until 6:04PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Green	Sunrise: 6:10AM Sunset: 6:40PM Moon 8 - Phase 21 3rd Phase
	Creative Work Siddha Yoga		569452363	<b>Rahu</b> 3:33PM – 5:07PM			<b>Bhuloka Day</b> Bhadrapada-Avani

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 25.38	Tithi 3 – 4	<b>Gulika</b> Yama	10:51AM – 12:25PM 7:44AM – 9:18AM	<b>Chitra</b> Until 1:05AM Thu Brahma Until 2:23AM Thu Vanija Until 3:24AM Thu Tritiya Until 4:07PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Green	Sunrise: 6:11AM Sunset: 6:39PM Moon 8 - Phase 21 3rd Phase
	Creative Work Siddha Yoga Until 1:05AM Thu Then Creative Work - Amrita Yoga		569452363	<b>Rahu</b> 12:25PM – 1:58PM			<b>Bhuloka Day</b> Bhadrapada-Avani

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 9.27	Tithi 4 – 5	<b>Gulika</b> Yama	9:18AM – 10:51AM 6:11AM – 7:45AM	<b>Svati</b> Until 12:42AM Fri Indra Until 12:34AM Fri Bava Until 2:32AM Fri Chaturthi* Until 2:51PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Green	Sunrise: 6:11AM Sunset: 6:38PM Moon 8 - Phase 21 3rd Phase
	Creative Work Amrita Yoga Until 12:42AM Fri Then Creative Work - Siddha Yoga		569452363	<b>Rahu</b> 1:58PM – 3:31PM	<b>Ganesh Chaturthi</b>		<b>Bhuloka Day</b> Bhadrapada-Avani

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Jalandhar, India Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 22.49	Tithi 5 – 6	<b>Gulika</b> Yama	7:45AM – 9:18AM 3:30PM – 5:03PM	<b>Vishakha</b> Until 1:26AM Sat Vaidhriti* Until 11:23PM Kaulava Until 2:29AM Sat Panchami Until 2:23PM	<b>Ganesh:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	Sunrise: 6:12AM Sunset: 6:36PM Moon 8 - Phase 21 3rd Phase
	Creative Work Siddha Yoga		579552363	<b>Rahu</b> 10:51AM – 12:24PM			<b>Devaloka Day</b> Bhadrapada-Avani

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 5.45	Tithi 6 – 7	<b>Gulika</b> Yama	6:12AM – 7:45AM 1:57PM – 3:29PM	<b>Anuradha</b> Until 3:55PM Sun Vishkambha* Until 10:52PM Gara Until 3:16AM Sun Shashthi* Until 2:45PM	<b>Ganesh:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	Sunrise: 6:12AM Sunset: 6:35PM Moon 8 - Phase 21 3rd Phase
	Creative Work Siddha Yoga Until 3:55PM Sun Then Routine Work - Marana Yoga		579552363	<b>Rahu</b> 9:18AM – 10:51AM			<b>Devaloka Day</b> Bhadrapada-Avani

6	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Jalandhar, India Sun 20 Sutra 154 Vilamba 5120
	Vrischika Rasi: 18.19	Tithi 7 – 8	<b>Gulika</b> Yama	3:29PM – 5:01PM 12:23PM – 1:56PM	<b>Anuradha</b> Until 3:55PM Priti Until 22:89AM Mon Visti Until 4:47AM Mon Saptami Until 3:55PM	<b>Ganesh:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	Sunrise: 6:13AM Sunset: 6:34PM Moon 8 - Phase 21 3rd Phase
	Routine Work Marana Yoga Until 3:55PM Then Creative Work - Amrita Yoga		579552363	<b>Rahu</b> 5:01PM – 6:34PM			<b>Devaloka Day</b> Bhadrapada-Avani

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> Yama	1:55PM – 3:28PM 10:51AM – 12:23PM	<b>Jyeshtha*</b> Until 5:46PM Ayushman Until 23:82AM Tue Balava Until 6:54AM Tue Ashtami* Until 5:46PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue	Sunrise: 6:14AM Sunset: 6:33PM Moon 8 - Phase 21 Ashtami
	Dhanus Rasi: 0.32	Tithi 8 – 9	589552363	<b>Rahu</b> 7:46AM – 9:18AM			<b>Bhuloka Day</b> Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM
	Family Home Evening Creative Work Siddha Yoga Until 5:46PM Then Routine Work - Marana Yoga						

D	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 22 Sutra 156 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> Yama	12:23PM – 1:55PM 9:18AM – 10:51AM	<b>Mula*</b> Until 8:06PM Saubhagya Until 11:82PM Balava Until 6:54AM Navami* Until 8:06PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue	Sunrise: 6:14AM Sunset: 6:31PM Moon 8 - Phase 21 Navami
	Dhanus Rasi: 12.32	Tithi 9	581552363	<b>Rahu</b> 3:27PM – 4:59PM			<b>Bhuloka Day</b> Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM
	Creative Work Amrita Yoga Until 8:06PM Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 24.23	Tithi 10	<b>Gulika</b> 10:50AM – 12:22PM	<b>Purvashadha* Until 10:36AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:15AM	
			Yama 7:47AM – 9:19AM	Sobhana Until 1:26AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 22
	Creative Work	Amrita Yoga	581552363 <b>Rahu</b> 12:22PM – 1:54PM	Tailila Until 9:24AM Dashami Until 10:42PM	Nataraja: Purple Moon – Light Blue		4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>2</b>	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 6.11	Tithi 11	<b>Gulika</b> 9:19AM – 10:50AM	<b>Uttarashadha Until 1:34PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:15AM	
			Yama 6:15AM – 7:47AM	Athiganda* Until 1:34PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 22
	Routine Work	Marana Yoga	581552363 <b>Rahu</b> 1:54PM – 3:25PM	Vanija Until 12:02PM Ekadashi Until 1:18AM Fri	Nataraja: Purple Moon – Light Blue		4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>3</b>	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 18	Tithi 12	<b>Gulika</b> 7:47AM – 9:19AM	<b>Shravana Until 4:46PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:16AM	
			Yama 3:25PM – 4:56PM	Sukarma Until 3:21AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 22
	Routine Work	Marana Yoga	591552363 <b>Rahu</b> 10:50AM – 12:22PM	Bava Until 2:34PM Dvadashi Until 3:43AM Sat	Nataraja: Purple Moon – Purple		4th Phase <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>4</b>	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 160 Vilamba 5120
	Makara Rasi: 29.53	Tithi 13	<b>Gulika</b> 6:16AM – 7:48AM	<b>Dhanishtha Until 7:31PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:16AM	
			Yama 1:52PM – 3:24PM	Dhriti Until 3:58AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 22
	Creative Work	Siddha Yoga	591552363 <b>Rahu</b> 9:19AM – 10:50AM	Kaulava Until 4:49PM Trayodashi Until 5:46AM Sun	Nataraja: Purple Moon – Purple		4th Phase <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>5</b>	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 11.56	Tithi 14	<b>Gulika</b> 3:23PM – 4:54PM	<b>Shatabhishak Until 9:41PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:17AM	
			Yama 12:21PM – 1:52PM	Shula* Until 4:12AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 22
	Creative Work	Siddha Yoga	591552363 <b>Rahu</b> 4:54PM – 6:25PM	Gara Until 6:39PM Chaturdashi* Until 7:21AM Mon	Nataraja: Purple Moon – Purple		4th Phase <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>○</b>	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India Sutra 162 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:51PM – 3:22PM	<b>Purvaproshtapada* Until 11:41PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:18AM	
	Kumbha Rasi: 24.1	Tithi 14 – 15	Yama 10:50AM – 12:21PM	Ganda* Until 4:04AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 22
	Family Home Evening		511552363 <b>Rahu</b> 7:48AM – 9:19AM	Visti Until 7:58PM Chaturdashi* Until 7:21AM	Nataraja: Purple Moon – Clear		Purnima <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>○</b>	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 163 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:20PM – 1:51PM	<b>Uttaraproshtapada Until 1:01AM Wed</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:18AM	
	Meena Rasi: 6.37	Tithi 15 – 16	Yama 9:19AM – 10:50AM	Vriddhi Until 3:32AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 22
	Creative Work	Amrita Yoga	511552363 <b>Rahu</b> 3:21PM – 4:52PM	Balava Until 8:46PM Purnima* Until 8:25AM	Nataraja: Purple Moon – Clear		Prathama <b>Devaloka Day</b> Bhadrapada-Puratasi



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Jalandhar, India

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 19.18 Tihi 16 – 17

Gulika 10:50AM – 12:20PM

Yama 7:49AM – 9:19AM

511552363 Rahu 12:20PM – 1:50PM

Revati Until 9:03AM Thu

Dhruva Until 2:36AM Thu

Taitila Until 9:05PM

Prathama\* Until 8:58AM

Ganesh: Purple Sunrise: 6:19AM

Muruga: Purple Sunset: 6:21PM

Nataraja: Purple

Moon – Clear

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 9:03AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 2.13 Tihi 17 – 18

Gulika 9:19AM – 10:50AM

Yama 6:19AM – 7:49AM

521552363 Rahu 1:50PM – 3:20PM

Revati Until 9:03AM

Vyaghata\* Until 23:49AM Fri

Vanija Until 8:58PM

Dvitiya Until 9:03AM

Ganesh: Clear Sunrise: 6:19AM

Muruga: Purple Sunset: 6:20PM

Nataraja: Purple

Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 9:03AM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 15.2 Tihi 18 – 19

Gulika 7:50AM – 9:20AM

Yama 3:19PM – 4:49PM

621552363 Rahu 10:49AM – 12:19PM

Bharani Until 2:25AM Sat

Harshana Until 11:49PM

Bava Until 8:27PM

Tritiya Until 8:44AM

Ganesh: Purple Sunrise: 6:20AM

Muruga: Purple Sunset: 6:18PM

Nataraja: Purple

Moon – White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 2:25AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 28.39 Tihi 19 – 20

Gulika 6:21AM – 7:50AM

Yama 1:48PM – 3:18PM

622552363 Rahu 9:20AM – 10:49AM

Krittika Until 2:02AM Sun

Vajra\* Until 9:59PM

Kaulava Until 7:36PM

Chaturthi\* Until 8:03AM

Ganesh: Clear Sunrise: 6:21AM

Muruga: Purple Sunset: 6:17PM

Nataraja: Purple

Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 2:02AM Sun

Then Creative Work - Siddha Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 12.08 Tihi 20 – 21

Gulika 3:17PM – 4:47PM

Yama 12:19PM – 1:48PM

632552363 Rahu 4:47PM – 6:16PM

Rohini Until 1:39AM Mon

Siddhi Until 7:56PM

Gara Until 6:27PM

Panchami Until 7:03AM

Ganesh: Purple Sunrise: 6:21AM

Muruga: Purple Sunset: 6:16PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 1:39AM Mon

Then Creative Work - Amrita Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Varyan Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 25.49 Tihi 22

Gulika 1:47PM – 3:16PM

Yama 10:49AM – 12:18PM

632552363 Rahu 7:51AM – 9:20AM

Mrigashira Until 12:51AM Tue

Vyatipata\* Until 5:39PM

Visti Until 5:01PM

Saptami Until 4:10AM Tue

Ganesh: Purple Sunrise: 6:22AM

Muruga: Purple Sunset: 6:15PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 12:51AM Tue

Then Routine Work - Marana Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Varyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 9.38 Tihi 23

Gulika 12:18PM – 1:47PM

Yama 9:20AM – 10:49AM

632552363 Rahu 3:16PM – 4:44PM

Ardra Until 11:37PM

Varyan Until 3:08PM

Balava Until 3:18PM

Ashtami\* Until 2:19AM Wed

Ganesh: Purple Sunrise: 6:22AM

Muruga: Purple Sunset: 6:13PM

Nataraja: Purple

Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 11:37PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 23.39 Tihi 24

Gulika 10:49AM – 12:18PM

Yama 7:52AM – 9:20AM

642552363 Rahu 12:18PM – 1:46PM

Punarvasu Until 10:24PM

Parigha\* Until 12:24PM

Taitila Until 1:19PM

Navami\* Until 12:12AM Thu

Ganesh: Clear Sunrise: 6:23AM

Muruga: Purple Sunset: 6:12PM

Nataraja: Purple

Moon – Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Jalandhar, India Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 7.49	Tithi 25	<b>Gulika</b>	9:21AM – 10:49AM	<b>Pushya</b> Until 8:49PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:24AM			
		Yama	6:24AM – 7:52AM	Shiva Until 9:28AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:11PM		Moon 9 - Phase 24	
		642552363 <b>Rahu</b>	1:46PM – 3:14PM	Vanija Until 11:05AM	<b>Nataraja:</b> Purple			2nd Phase	
Creative Work	Amrita Yoga			<b>Dashami</b> Until 9:51PM	Moon – Blue		<b>Bhuloka Day</b>		
Until 8:49PM					<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Friday, October 5, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Jalandhar, India Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 22.09	Tithi 26	<b>Gulika</b>	7:53AM – 9:21AM	<b>Ashlesha*</b> Until 6:54PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:24AM			
		Yama	3:13PM – 4:41PM	Siddha Until 6:20AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:10PM		Moon 9 - Phase 24	
		642552363 <b>Rahu</b>	10:49AM – 12:17PM	Bava Until 8:38AM	<b>Nataraja:</b> Purple			2nd Phase	
Routine Work	Marana Yoga			<b>Ekadashi*</b> Until 7:19PM	Moon – Blue		<b>Bhuloka Day</b>		
					<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM		

<b>3</b>		<b>Saturday, October 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 6.35	Tithi 27 – 28	<b>Gulika</b>	6:25AM – 7:53AM	<b>Magha*</b> Until 5:10PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:25AM			
		Yama	1:45PM – 3:13PM	Subha Until 11:48PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:08PM		Moon 9 - Phase 24	
		652552363 <b>Rahu</b>	9:21AM – 10:49AM	Kaulava Until 6:02AM	<b>Nataraja:</b> Purple			2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashi*</b> Until 4:41PM	Moon – Red		<b>Bhuloka Day</b>		
Until 5:10PM					<b>Bhadrapada•Puratasi</b>				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>		<b>Sunday, October 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 21.04	Tithi 28 – 29	<b>Gulika</b>	3:12PM – 4:39PM	<b>Purvaphalguni</b> Until 3:17PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:26AM			
		Yama	12:16PM – 1:44PM	Sukla Until 8:31PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:07PM		Moon 9 - Phase 24	
		652552363 <b>Rahu</b>	4:39PM – 6:07PM	Visti Until 12:47AM Mon	<b>Nataraja:</b> Purple			2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi*</b> Until 2:03PM	Moon – Red		<b>Bhuloka Day</b>		
Until 3:17PM					<b>Bhadrapada•Puratasi</b>				
Then Creative Work - Amrita Yoga									

		<b>Monday, October 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Jalandhar, India Sun 12 Sutra 176 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	1:44PM – 3:11PM	<b>Uttaraphalguni</b> Until 1:23PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:26AM			
Kanya Rasi: 5.29	Tithi 29 – 30	Yama	10:49AM – 12:16PM	Brahma Until 5:22PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:06PM		Moon 9 - Phase 24	
<b>Family Home Evening</b>		652552364 <b>Rahu</b>	7:54AM – 9:21AM	Catuspada Until 10:22PM	<b>Nataraja:</b> Clear			Amavasya	
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 11:32AM	Moon – Red		<b>Bhuloka Day</b>		
		<b>Mahalaya Amavasai (Tamil Nadu)</b>			<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM		

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Jalandhar, India Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 19.46	Tithi 30 – 1	<b>Gulika</b>	12:16PM – 1:43PM	<b>Hasta</b> Until 12:02PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:27AM			
		Yama	9:21AM – 10:49AM	Indra Until 2:29PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:05PM		Moon 9 - Phase 24	
		662652364 <b>Rahu</b>	3:10PM – 4:37PM	Kintughna Until 8:18PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga			<b>Amavasya*</b> Until 9:16AM	Moon – Green		<b>Devaloka Day</b>		
		<b>Navaratri Begins</b>			<b>Ashvina•Puratasi</b>				

<b>1</b>		<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Jalandhar, India Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 3.47	Tithi 1 – 2	<b>Gulika</b>	10:49AM – 12:16PM	<b>Chitra</b> Until 10:58AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	
		Yama	7:55AM – 9:22AM	Vaidhriti* Until 11:55AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	662652364 <b>Rahu</b>	12:16PM – 1:43PM	Balava Until 6:42PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Prathama*</b> Until 7:24AM	Moon – Green		<b>Devaloka Day</b>
					<b>Ashvina•Puratasi</b>		

<b>2</b>		<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Jalandhar, India Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 17.29	Tithi 2 – 3	<b>Gulika</b>	9:22AM – 10:49AM	<b>Svati</b> Until 10:19AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	
		Yama	6:28AM – 7:55AM	Vishkambha* Until 9:49AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 25
Creative Work	Amrita Yoga	662652364 <b>Rahu</b>	1:42PM – 3:09PM	Gara Until 5:27AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Until 10:19AM				<b>Dvitiya</b> Until 6:06AM	Moon – Green		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashvina•Puratasi</b>		

<b>3</b>		<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Jalandhar, India Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 0.48	Tithi 4	<b>Gulika</b>	7:55AM – 9:22AM	<b>Vishakha</b> Until 10:38AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM	
		Yama	3:08PM – 4:35PM	Priti Until 8:17AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364 <b>Rahu</b>	10:49AM – 12:15PM	Vanija Until 5:26PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Chaturthi*</b> Until 5:34AM Sat	Moon – Orange		<b>Bhuloka Day</b>
					<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>4</b>		<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Jalandhar, India Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 13.43	Tithi 5	<b>Gulika</b>	6:30AM – 7:56AM	<b>Anuradha</b> Until 11:33AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	
		Yama	1:41PM – 3:07PM	Ayushman Until 7:19AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364 <b>Rahu</b>	9:22AM – 10:48AM	Bava Until 5:57PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Panchami</b> Until 6:28AM Sun	Moon – Orange		<b>Bhuloka Day</b>
					<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>5</b>		<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Jalandhar, India Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 26.16	Tithi 5 – 6	<b>Gulika</b>	3:07PM – 4:33PM	<b>Jyeshtha*</b> Until 11:03PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	
		Yama	12:15PM – 1:41PM	Saubhagya Until 6:58AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 25
Routine Work	Marana Yoga	673652364 <b>Rahu</b>	4:33PM – 5:59PM	Kaulava Until 7:13PM	<b>Nataraja:</b> Clear		3rd Phase
Until 1:03PM				<b>Panchami</b> Until 6:28AM	Moon – Orange		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashvina•Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>6</b>		<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Talitla/Gara Karana Shashthi/Saptamyam Titau		Jalandhar, India Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 8.31	Tithi 6 – 7	<b>Gulika</b>	1:40PM – 3:06PM	<b>Mula*</b> Until 3:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	
<b>Family Home Evening</b>		Yama	10:48AM – 12:14PM	Sobhana Until 7:11AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364 <b>Rahu</b>	7:57AM – 9:23AM	Gara Until 9:10PM	<b>Nataraja:</b> Clear		3rd Phase
Until 3:33PM				<b>Shashthi*</b> Until 8:06AM	Moon – Light Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashvina•Puratasi</b>		

<b>Retreat Star</b>		<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Jalandhar, India Sun 20 Sutra 184 Vilamba 5120	
Dhanus Rasi: 20.31	Tithi 7 – 8	<b>Gulika</b>	12:14PM – 1:40PM	<b>Purvashadha*</b> Until 6:24PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	
		Yama	9:23AM – 10:48AM	Athiganda* Until 7:49AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364 <b>Rahu</b>	3:05PM – 4:31PM	Visti Until 11:35PM	<b>Nataraja:</b> Clear		Ashtami
Until 6:24PM				<b>Saptami</b> Until 10:19AM	Moon – Light Blue		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga		<b>Durga Ashtami</b>			<b>Ashvina•Puratasi</b>		

<b>Retreat Star</b>		<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Jalandhar, India Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 2.22	Tithi 8 – 9	<b>Gulika</b>	10:49AM – 12:14PM	<b>Uttarashadha</b> Until 9:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	
		Yama	7:58AM – 9:23AM	Sukarma Until 8:45AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 25
Creative Work	Amrita Yoga	683652364 <b>Rahu</b>	12:14PM – 1:39PM	Balava Until 2:14AM Thu	<b>Nataraja:</b> Clear		Navami
Until 9:19PM				<b>Ashtami*</b> Until 12:53PM	Moon – Light Blue		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>			<b>Ashvina•Aipasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India Sun 22 Sutra 186	
	Makara Rasi: 14.1	Tithi 9 – 10	<b>Gulika</b> 9:23AM – 10:49AM	<b>Shravana Until 12:35AM Fri</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:33AM	Vilamba 5120		
			Yama 6:33AM – 7:58AM	Dhriti Until 9:47AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:54PM	Moon 9 - Phase 26		
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 1:39PM – 3:04PM	Taitila Until 4:50AM Fri	<b>Nataraja:</b> Clear	4th Phase		
		<b>Vijaya Dasami</b>	<b>Navami* Until 3:32PM</b>	Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM			


<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau				Jalandhar, India Sun 23 Sutra 187	
	Makara Rasi: 26	Tithi 10	<b>Gulika</b> 7:59AM – 9:24AM	<b>Dhanishtha Until 3:25AM Sat</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:34AM	Vilamba 5120		
			Yama 3:03PM – 4:28PM	Shula* Until 10:42AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:53PM	Moon 9 - Phase 26		
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 10:49AM – 12:13PM	Gara Until 6:00PM	<b>Nataraja:</b> Clear	4th Phase		
			<b>Dashami Until 6:00PM</b>	Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM			
				<b>Ashvina-Aipasi</b>				


<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 188	
	Kumbha Rasi: 7.57	Tithi 11	<b>Gulika</b> 6:35AM – 7:59AM	<b>Shatabhishak Until 5:39AM Sun</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:35AM	Vilamba 5120		
			Yama 1:38PM – 3:03PM	Ganda* Until 11:22AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:52PM	Moon 9 - Phase 26		
	Creative Work	Amrita Yoga	693652364 <b>Rahu</b> 9:24AM – 10:49AM	Vanija Until 7:07AM	<b>Nataraja:</b> Clear	4th Phase		
			<b>Ekadashi Until 8:04PM</b>	Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM			
				<b>Ashvina-Aipasi</b>				

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 189	
	Kumbha Rasi: 20.05	Tithi 12	<b>Gulika</b> 3:02PM – 4:27PM	<b>Purvaproshtapada* Until 7:37AM Mon</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:35AM	Vilamba 5120		
			Yama 12:13PM – 1:38PM	Vriddhi Until 11:39AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:51PM	Moon 9 - Phase 26		
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 4:27PM – 5:51PM	Bava Until 8:55AM	<b>Nataraja:</b> Clear	4th Phase		
			<b>Dvadashi Until 9:34PM</b>	Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM			
				<b>Ashvina-Aipasi</b>				

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 190	
	Meena Rasi: 2.28	Tithi 13	<b>Gulika</b> 1:37PM – 3:01PM	<b>Purvaproshtapada* Until 7:37AM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:36AM	Vilamba 5120		
	<b>Family Home Evening</b>		Yama 10:49AM – 12:13PM	Dhruva Until 11:26AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:50PM	Moon 9 - Phase 26		
	Routine Work	Marana Yoga	613652364 <b>Rahu</b> 8:00AM – 9:24AM	Kaulava Until 10:06AM	<b>Nataraja:</b> Clear	4th Phase		
			<b>Trayodashi Until 10:26PM</b>	Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM			
				<b>Ashvina-Aipasi</b>				
				<i>Pradosha Vrata</i>				

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 191	
	Meena Rasi: 15.09	Tithi 14	<b>Gulika</b> 12:13PM – 1:37PM	<b>Uttaraproshtapada Until 8:49AM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:37AM	Vilamba 5120		
			Yama 9:25AM – 10:49AM	Vyaghata* Until 10:44AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:49PM	Moon 9 - Phase 26		
	Creative Work	Amrita Yoga	613652364 <b>Rahu</b> 3:01PM – 4:25PM	Gara Until 10:38AM	<b>Nataraja:</b> Clear	4th Phase		
			<b>Chaturdashi* Until 10:39PM</b>	Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM			
				<b>Ashvina-Aipasi</b>				

	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 192	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:49AM – 12:13PM	<b>Revati Until 9:14AM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:37AM	Vilamba 5120		
	Meena Rasi: 28.08	Tithi 15	Yama 8:01AM – 9:25AM	Harshana Until 9:33AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 26		
	Routine Work	Marana Yoga	613652364 <b>Rahu</b> 12:13PM – 1:37PM	Visti Until 10:34AM	<b>Nataraja:</b> Clear	Purnima		
			<b>Purnima* Until 10:17PM</b>	Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM			
				<b>Ashvina-Aipasi</b>				

	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sutra 193	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:25AM – 10:49AM	<b>Ashvini Until 9:26AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:38AM	Vilamba 5120		
	Mesha Rasi: 11.24	Tithi 16	Yama 6:38AM – 8:02AM	Vajra* Until 7:55AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:47PM	Moon 9 - Phase 26		
	Creative Work	Amrita Yoga	623652364 <b>Rahu</b> 1:36PM – 3:00PM	Balava Until 9:56AM	<b>Nataraja:</b> Clear	Prathama		
			<b>Prathama* Until 9:26PM</b>	Moon – White	<b>Devaloka Day</b>			
				<b>Ashvina-Aipasi</b>				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyatipata\* Yoga Tailila/Gara Karana Dvitiyayam TitauJalandhar, India  
Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 24.55 Tihti 17

624652364

Gulika 8:02AM - 9:26AM  
Yama 2:59PM - 4:23PM  
Rahu 10:49AM - 12:12PMBharani Until 9:02AM  
Vyatipata\* Until 3:41AM Sat  
Tailila Until 8:51AM  
Dvitiya Until 8:10PMGanesha: White Sunrise: 6:39AM  
Muruga: Purple Sunset: 5:46PM  
Nataraja: Clear  
Moon - White  
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti\* Karana Tritiyayam TitauJalandhar, India  
Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 8.4 Tihti 18

624652364

Gulika 6:40AM - 8:03AM  
Yama 1:36PM - 2:59PM  
Rahu 9:26AM - 10:49AMKrittika Until 8:10AM  
Variyan Until 1:12AM Sun  
Vanija Until 7:26AM  
Tritiya Until 6:37PMGanesha: White Sunrise: 6:40AM  
Muruga: Purple Sunset: 5:45PM  
Nataraja: Clear  
Moon - White  
Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam TitauJalandhar, India  
Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 22.32 Tihti 19 - 20

634652364

Gulika 2:58PM - 4:21PM  
Yama 12:12PM - 1:35PM  
Rahu 4:21PM - 5:44PMRohini Until 7:20AM  
Parigha\* Until 10:36PM  
Kaulava Until 3:59AM Mon  
Chaturthi\* Until 4:53PMGanesha: Clear Sunrise: 6:40AM  
Muruga: Purple Sunset: 5:44PM  
Nataraja: Clear  
Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam TitauJalandhar, India  
Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 6.31 Tihti 20 - 21

634652364

Family Home Evening

Gulika 1:35PM - 2:58PM  
Yama 10:49AM - 12:12PM  
Rahu 8:04AM - 9:27AMMrigashira Until 6:14AM  
Shiva Until 7:55PM  
Gara Until 2:05AM Tue  
Panchami Until 3:01PMGanesha: Clear Sunrise: 6:41AM  
Muruga: Purple Sunset: 5:43PM  
Nataraja: Clear  
Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam TitauJalandhar, India  
Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 20.33 Tihti 21 - 22

644652364

Gulika 12:12PM - 1:35PM  
Yama 9:27AM - 10:50AM  
Rahu 2:57PM - 4:20PMPunarvasu Until 3:47AM Wed  
Siddha Until 5:10PM  
Visti Until 12:08AM Wed  
Shashthi\* Until 1:06PMGanesha: Purple Sunrise: 6:42AM  
Muruga: Purple Sunset: 5:42PM  
Nataraja: Clear  
Moon - Blue  
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam TitauJalandhar, India  
Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 4.37 Tihti 22 - 23

644662364

Gulika 10:50AM - 12:12PM  
Yama 8:05AM - 9:27AM  
Rahu 12:12PM - 1:34PMPushya Until 2:31AM Thu  
Sadhya Until 2:25PM  
Balava Until 10:10PM  
Saptami Until 11:08AMGanesha: Purple Sunrise: 6:43AM  
Muruga: Clear Sunset: 5:41PM  
Nataraja: Clear  
Moon - Blue  
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Ashtami/Navamyam TitauJalandhar, India  
Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 18.41 Tihti 23 - 24

644662364

Gulika 9:28AM - 10:50AM  
Yama 6:44AM - 8:06AM  
Rahu 1:34PM - 2:56PMAshlesha\* Until 1:06AM Fri  
Subha Until 11:39AM  
Tailila Until 8:11PM  
Ashtami\* Until 9:09AMGanesha: Purple Sunrise: 6:44AM  
Muruga: Clear Sunset: 5:40PM  
Nataraja: Clear  
Moon - Blue  
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:06AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

<b>1 Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Jalandhar, India Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 2.46	Tithi 24 - 25	<b>Gulika</b> 8:06AM - 9:28AM	<b>Magha* Until 11:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:44AM	
		Yama 2:56PM - 4:18PM	Sukla Until 8:51AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 28
		654662364 <b>Rahu</b> 10:50AM - 12:12PM	Vanija Until 6:12PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 7:10AM</b>	Moon - Red		<b>Sivaloka Day</b>
Until 11:59PM				<b>Ashvina-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 16.51	Tithi 26	<b>Gulika</b> 6:45AM - 8:07AM	<b>Purvaphalguni Until 10:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:45AM	
		Yama 1:34PM - 2:55PM	Brahma Until 6:04AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:39PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 9:29AM - 10:50AM	Bava Until 4:15PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 3:16AM Sun</b>	Moon - Red		<b>Devaloka Day</b>
Until 10:44PM				<b>Ashvina-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>3 Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Jalandhar, India Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 0.54	Tithi 27	<b>Gulika</b> 2:55PM - 4:17PM	<b>Uttaraphalguni Until 9:27PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:46AM	
		Yama 12:12PM - 1:34PM	Vaidhriti* Until 12:41AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:38PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 4:17PM - 5:38PM	Kaulava Until 2:22PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 1:27AM Mon</b>	Moon - Red		<b>Devaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>4 Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 14.52	Tithi 28	<b>Gulika</b> 1:33PM - 2:55PM	<b>Hasta Until 8:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:47AM	
<b>Family Home Evening</b>		Yama 10:51AM - 12:12PM	Vishkambha* Until 10:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:37PM	Moon 10 - Phase 28
		664762364 <b>Rahu</b> 8:08AM - 9:29AM	Gara Until 12:37PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:49PM</b>	Moon - Green		<b>Devaloka Day</b>
Until 8:37PM				<b>Ashvina-Aipasi</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India Sun 12 Sutra 205 Vilamba 5120
Kanya Rasi: 28.43	Tithi 29	<b>Gulika</b> 12:12PM - 1:33PM	<b>Chitra Until 7:54PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:48AM	
		Yama 9:30AM - 10:51AM	Priti Until 7:54PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 28
		664762364 <b>Rahu</b> 2:54PM - 4:15PM	Visti Until 11:07AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:28PM</b>	Moon - Green		<b>Devaloka Day</b>
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>		
		<b>Deepavali Hindu Solidarity Day</b>				

<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India Sun 13 Sutra 206 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 10:51AM - 12:12PM	<b>Svati Until 7:26PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:49AM	
Tula Rasi: 12.22	Tithi 30	Yama 8:09AM - 9:30AM	Ayushman Until 5:55PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 28
		764762364 <b>Rahu</b> 12:12PM - 1:33PM	Catuspada Until 9:58AM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:32PM</b>	Moon - Green		<b>Devaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Jalandhar, India Sun 14 Sutra 207 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:31AM - 10:51AM	<b>Vishakha Until 7:46PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:49AM	
Tula Rasi: 25.46	Tithi 1	Yama 6:49AM - 8:10AM	Saubhagya Until 4:20PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 28
		775762364 <b>Rahu</b> 1:33PM - 2:54PM	Kintughna Until 9:16AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 9:07PM</b>	Moon - Orange		<b>Sivaloka Day</b>
		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>		

<b>1</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Jalandhar, India Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 8.52	Tithi 2	<b>Gulika</b> 8:11AM – 9:31AM	<b>Anuradha</b> Until 8:32PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:50AM		
		Yama 2:53PM – 4:14PM	Sobhana Until 3:15PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:34PM		Moon 10 - Phase 29
		775762364 <b>Rahu</b> 10:52AM – 12:12PM	Balava Until 9:09AM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 9:19PM	Moon – Orange		<b>Sivaloka Day</b>	
Until 8:32PM				<b>Karttika•Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau		Jalandhar, India Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 21.4	Tithi 3	<b>Gulika</b> 6:51AM – 8:11AM	<b>Jyeshtha*</b> Until 9:48PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:51AM		
		Yama 1:33PM – 2:53PM	Athiganda* Until 2:38PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:34PM		Moon 10 - Phase 29
		775762364 <b>Rahu</b> 9:32AM – 10:52AM	Tailila Until 9:42AM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 10:12PM	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			

<b>3</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Jalandhar, India Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 4.08	Tithi 4	<b>Gulika</b> 2:53PM – 4:13PM	<b>Mula*</b> Until 12:01AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:52AM		
		Yama 12:12PM – 1:33PM	Sukarma Until 2:33PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:33PM		Moon 10 - Phase 29
		785762364 <b>Rahu</b> 4:13PM – 5:33PM	Vanija Until 10:55AM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 11:45PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 12:01AM Mon				<b>Karttika•Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Jalandhar, India Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 16.2	Tithi 5	<b>Gulika</b> 1:33PM – 2:52PM	<b>Purvashadha*</b> Until 2:38AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:53AM		
<b>Family Home Evening</b>		Yama 10:53AM – 12:13PM	Dhriti Until 2:58PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:32PM		Moon 10 - Phase 29
Routine Work	Marana Yoga	785762364 <b>Rahu</b> 8:13AM – 9:33AM	Bava Until 12:47PM	<b>Nataraja:</b> Clear			3rd Phase
Until 2:38AM Tue			<b>Panchami</b> Until 1:53AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Karttika•Aipasi</b>			

<b>5</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau		Jalandhar, India Sun 19 Sutra 212 Vilamba 5120	
Dhanus Rasi: 28.19	Tithi 6	<b>Gulika</b> 12:13PM – 1:32PM	<b>Uttarashadha</b> Until 5:28AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM		
		Yama 9:33AM – 10:53AM	Shula* Until 3:42PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:32PM		Moon 10 - Phase 29
		785762364 <b>Rahu</b> 2:52PM – 4:12PM	Kaulava Until 3:08PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Shashthi*</b> Until 4:25AM Wed	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 5:28AM Wed				<b>Karttika•Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau		Jalandhar, India Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 10.1	Tithi 7	<b>Gulika</b> 10:53AM – 12:13PM	<b>Shravana</b> Until 8:46AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:54AM		
		Yama 8:14AM – 9:34AM	Ganda* Until 4:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 10 - Phase 29
		795762364 <b>Rahu</b> 12:13PM – 1:32PM	Gara Until 5:48PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM Thu	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			

<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Jalandhar, India Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 21.58	Tithi 7 – 8	<b>Gulika</b> 9:34AM – 10:54AM	<b>Shravana</b> Until 8:46AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:55AM		
		Yama 6:55AM – 8:15AM	Vridhi Until 5:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 10 - Phase 29
		795762364 <b>Rahu</b> 1:32PM – 2:52PM	Visti Until 8:29PM	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			

<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Jalandhar, India Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 3.47	Tithi 8 – 9	<b>Gulika</b> 8:15AM – 9:35AM	<b>Dhanishtha</b> Until 11:48AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:56AM		
		Yama 2:52PM – 4:11PM	Dhruva Until 6:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:30PM		Moon 10 - Phase 29
		795762364 <b>Rahu</b> 10:54AM – 12:13PM	Balava Until 10:55PM	<b>Nataraja:</b> Clear			Navami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 9:43AM	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Karttika•Karttikai</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Vyaghata* Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau				Jalandhar, India
	Kumbha Rasi: 15.44	Tithi 9 – 10	<b>Gulika</b> 6:57AM – 8:16AM <b>Yama</b> 1:32PM – 2:52PM <b>Rahu</b> 9:35AM – 10:54AM	<b>Shatabhishak</b> Until 2:17PM <b>Vyaghata*</b> Until 6:59PM <b>Tailila</b> Until 12:53AM Sun <b>Navami*</b> Until 11:57AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Karttika-Karttikai</b>	<b>Sunrise:</b> 6:57AM <b>Sunset:</b> 5:30PM	Sun 23 Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Amrita Yoga Until 2:17PM Then Routine Work - Marana Yoga						<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India
	Kumbha Rasi: 27.54	Tithi 10 – 11	<b>Gulika</b> 2:51PM – 4:10PM <b>Yama</b> 12:14PM – 1:32PM <b>Rahu</b> 4:10PM – 5:29PM	<b>Purvaprossthapada*</b> Until 4:32PM <b>Harshana</b> Until 7:02PM <b>Vanija</b> Until 2:11AM Mon <b>Dashami</b> Until 1:36PM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Karttika-Karttikai</b>	<b>Sunrise:</b> 6:58AM <b>Sunset:</b> 5:29PM	Sun 24 Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga Until 4:32PM Then Creative Work - Amrita Yoga						<b>Devaloka Day</b>	

<b>3</b>	<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India
	Meena Rasi: 10.21	Tithi 11 – 12	<b>Gulika</b> 1:33PM – 2:51PM <b>Yama</b> 10:55AM – 12:14PM <b>Rahu</b> 8:18AM – 9:36AM	<b>Uttaraprossthapada</b> Until 5:55PM <b>Vajra*</b> Until 6:30PM <b>Bava</b> Until 2:45AM Tue <b>Ekadashi</b> Until 2:32PM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Karttika-Karttikai</b>	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 5:29PM	Sun 25 Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Family Home Evening Creative Work Siddha Yoga						<b>Devaloka Day</b>	

<b>4</b>	<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India
	Meena Rasi: 23.08	Tithi 12 – 13	<b>Gulika</b> 12:14PM – 1:33PM <b>Yama</b> 9:37AM – 10:55AM <b>Rahu</b> 2:51PM – 4:10PM	<b>Revati</b> Until 6:26PM <b>Siddhi</b> Until 5:23PM <b>Kaulava</b> Until 2:33AM Wed <b>Dvadashi</b> Until 2:43PM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Karttika-Karttikai</b>	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 5:28PM	Sun 26 Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
<i>Pradosha Vrata</i>							

<b>5</b>	<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyalipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India
	Mesha Rasi: 6.17	Tithi 13 – 14	<b>Gulika</b> 10:56AM – 12:14PM <b>Yama</b> 8:19AM – 9:37AM <b>Rahu</b> 12:14PM – 1:33PM	<b>Ashvini</b> Until 6:33PM <b>Vyatipata*</b> Until 3:43PM <b>Gara</b> Until 1:40AM Thu <b>Trayodashi</b> Until 2:10PM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Karttika-Karttikai</b>	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 5:28PM	Sun 27 Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Routine Work Marana Yoga Until 6:33PM Then Creative Work - Siddha Yoga						<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>○</b>	<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Jalandhar, India
	<b>Copper Retreat Star</b>		<b>Gulika</b> 9:38AM – 10:56AM <b>Yama</b> 7:01AM – 8:20AM <b>Rahu</b> 1:33PM – 2:51PM	<b>Bharani</b> Until 5:53PM <b>Variyan</b> Until 1:31PM <b>Visti</b> Until 12:10AM Fri <b>Chaturdashi*</b> Until 12:58PM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Karttika-Karttikai</b>	<b>Sunrise:</b> 7:01AM <b>Sunset:</b> 5:28PM	Sun 28 Sutra 221 Vilamba 5120 Moon 10 - Phase 30 Purnima
Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Marana Yoga						<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>○</b>	<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:20AM – 9:38AM <b>Yama</b> 2:51PM – 4:09PM <b>Rahu</b> 10:57AM – 12:15PM	<b>Krittika</b> Until 4:35PM <b>Parigha*</b> Until 10:55AM <b>Balava</b> Until 10:12PM <b>Purnima*</b> Until 11:13AM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Karttika-Karttikai</b>	<b>Sunrise:</b> 7:02AM <b>Sunset:</b> 5:27PM	Sun 29 Sutra 222 Vilamba 5120 Moon 10 - Phase 30 Prathama
Creative Work Siddha Yoga Until 4:35PM Then Routine Work - Marana Yoga		<b>Krittika Deepam</b> <b>Vinayaga Viratam Begins</b>				<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Jalandhar, India

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrshabha Rasi: 17.5    Tihi 16 - 17

737762365

**Gulika** 7:03AM - 8:21AM  
**Yama** 1:33PM - 2:51PM  
**Rahu** 9:39AM - 10:57AM

**Rohini** Until 3:12PM  
**Shiva** Until 7:59AM  
**Taitila** Until 7:55PM  
**Prathama\* Until 9:04AM**

**Ganesha:** Red    *Sunrise:* 7:03AM  
**Muruga:** Clear    *Sunset:* 5:27PM  
**Nataraja:** White  
Moon - Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 3:12PM  
Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1    Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 2.11    Tihi 17 - 18

737762365

**Gulika** 2:51PM - 4:09PM  
**Yama** 12:15PM - 1:33PM  
**Rahu** 4:09PM - 5:27PM

**Mrigashira** Until 1:26PM  
**Sadhya** Until 1:32AM Mon  
**Visti** Until 4:07AM Mon  
**Dvitiya** Until 6:40AM

**Ganesha:** Red    *Sunrise:* 7:04AM  
**Muruga:** Clear    *Sunset:* 5:27PM  
**Nataraja:** White  
Moon - Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 2    Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 16.37    Tihi 19

737762365

**Gulika** 1:33PM - 2:51PM  
**Yama** 10:58AM - 12:16PM  
**Rahu** 8:22AM - 9:40AM

**Ardra** Until 11:27AM  
**Subha** Until 10:15PM  
**Bava** Until 2:51PM  
**Chaturthi\* Until 1:34AM Tue**

**Ganesha:** Red    *Sunrise:* 7:05AM  
**Muruga:** Clear    *Sunset:* 5:27PM  
**Nataraja:** White  
Moon - Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 11:27AM  
Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 3    Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 1.04    Tihi 20

747762365

**Gulika** 12:16PM - 1:34PM  
**Yama** 9:41AM - 10:58AM  
**Rahu** 2:51PM - 4:09PM

**Punarvasu** Until 9:46AM  
**Sukla** Until 7:00PM  
**Kaulava** Until 12:20PM  
**Panchami** Until 11:06PM

**Ganesha:** Green    *Sunrise:* 7:06AM  
**Muruga:** Clear    *Sunset:* 5:26PM  
**Nataraja:** White  
Moon - Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India

Sun 4    Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 15.25    Tihi 21

747862365

**Gulika** 10:59AM - 12:16PM  
**Yama** 8:24AM - 9:41AM  
**Rahu** 12:16PM - 1:34PM

**Pushya** Until 8:04AM  
**Brahma** Until 3:53PM  
**Gara** Until 9:56AM  
**Shashthi\* Until 8:47PM**

**Ganesha:** White    *Sunrise:* 7:06AM  
**Muruga:** Clear    *Sunset:* 5:26PM  
**Nataraja:** White  
Moon - Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 5    Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 29.4    Tihi 22

747863365

**Gulika** 9:42AM - 10:59AM  
**Yama** 7:07AM - 8:25AM  
**Rahu** 1:34PM - 2:51PM

**Ashlesha\* Until 6:25AM**  
**Indra** Until 12:57PM  
**Visti** Until 7:44AM  
**Saptami** Until 6:42PM

**Ganesha:** White    *Sunrise:* 7:07AM  
**Muruga:** Purple    *Sunset:* 5:26PM  
**Nataraja:** White  
Moon - Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Creative Work    Siddha Yoga  
Until 6:25AM  
Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India

Sun 6    Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 13.45    Tihi 23 - 24

757863365

**Gulika** 8:25AM - 9:43AM  
**Yama** 2:52PM - 4:09PM  
**Rahu** 11:00AM - 12:17PM

**Purvaphalguni** Until 4:15AM Sat  
**Vaidhriti\* Until 10:11AM**  
**Taitila** Until 4:05AM Sat  
**Ashtami\* Until 4:52PM**

**Ganesha:** Clear    *Sunrise:* 7:08AM  
**Muruga:** Purple    *Sunset:* 5:26PM  
**Nataraja:** White  
Moon - Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga  
Until 4:15AM Sat  
Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Jalandhar, India

Sun 7    Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 27.4    Tihi 24 - 25

758863365

**Gulika** 7:09AM - 8:26AM  
**Yama** 1:35PM - 2:52PM  
**Rahu** 9:43AM - 11:00AM

**Uttaraphalguni** Until 3:20AM Sun  
**Vishkambha\* Until 7:38AM**  
**Vanija** Until 2:39AM Sun  
**Navami\* Until 3:19PM**

**Ganesha:** Orange    *Sunrise:* 7:09AM  
**Muruga:** Purple    *Sunset:* 5:26PM  
**Nataraja:** White  
Moon - Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM


Routine Work    Marana Yoga  
Until 3:20AM Sun  
Then Creative Work - Amrita Yoga


<b>1</b>	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Jalandhar, India	
	Kanya Rasi: 11.25    Tihi 25 – 26		Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8    Sutra 231	
			<b>Gulika</b> 2:52PM – 4:09PM	<b>Hasta</b> Until 3:00AM Mon	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:10AM	Vilamba 5120		
			<b>Yama</b> 12:18PM – 1:35PM	<b>Ayushman</b> Until 3:13AM Mon	<b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32		
		768863365 <b>Rahu</b> 4:09PM – 5:26PM	<b>Bava</b> Until 1:31AM Mon	<b>Nataraja:</b> White	2nd Phase			
Creative Work    Amrita Yoga			<b>Dashami</b> Until 2:01PM	<b>Moon – Green</b>	<b>Bhuloka Day</b>			
Until 3:00AM Mon				<b>Karttika-Karttikai</b>				
Then Routine Work - Prabalarishta Yoga								

<b>2</b>	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam				Jalandhar, India	
	Kanya Rasi: 25.01    Tihi 26 – 27		Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9    Sutra 232	
			<b>Gulika</b> 1:35PM – 2:52PM	<b>Chitra</b> Until 2:50AM Tue	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:11AM	Vilamba 5120		
			<b>Yama</b> 11:01AM – 12:18PM	<b>Saubhagya</b> Until 1:22AM Tue	<b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32		
		768863365 <b>Rahu</b> 8:27AM – 9:44AM	<b>Kaulava</b> Until 12:41AM Tue	<b>Nataraja:</b> White	2nd Phase			
Routine Work    Prabalarishta Yoga			<b>Ekadashi*</b> Until 1:02PM	<b>Moon – Green</b>	<b>Bhuloka Day</b>			
Until 2:50AM Tue				<b>Karttika-Karttikai</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam				Jalandhar, India	
	Tula Rasi: 8.25    Tihi 27 – 28		Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10    Sutra 233	
			<b>Gulika</b> 12:19PM – 1:35PM	<b>Svati</b> Until 2:51AM Wed	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:11AM	Vilamba 5120		
			<b>Yama</b> 9:45AM – 11:02AM	<b>Sobhana</b> Until 11:47PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32		
		768863365 <b>Rahu</b> 2:52PM – 4:09PM	<b>Gara</b> Until 12:11AM Wed	<b>Nataraja:</b> White	2nd Phase			
Creative Work    Siddha Yoga			<b>Dvadashi*</b> Until 12:22PM	<b>Moon – Green</b>	<b>Bhuloka Day</b>			
				<b>Karttika-Karttikai</b>				
			<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam				Jalandhar, India	
	Tula Rasi: 21.38    Tihi 28 – 29		Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11    Sutra 234	
			<b>Gulika</b> 11:02AM – 12:19PM	<b>Vishakha</b> Until 3:33AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:12AM	Vilamba 5120		
			<b>Yama</b> 8:29AM – 9:46AM	<b>Athiganda*</b> Until 10:30PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32		
		778863365 <b>Rahu</b> 12:19PM – 1:36PM	<b>Visti</b> Until 12:06AM Thu	<b>Nataraja:</b> White	2nd Phase			
Creative Work    Siddha Yoga			<b>Trayodashi*</b> Until 12:04PM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>			
				<b>Karttika-Karttikai</b>				

	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Jalandhar, India	
	<b>Retreat Star</b>		Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12    Sutra 235	
			<b>Gulika</b> 9:46AM – 11:03AM	<b>Anuradha</b> Until 4:34AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:13AM	Vilamba 5120		
			<b>Yama</b> 7:13AM – 8:30AM	<b>Sukarma</b> Until 9:34PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32		
		778863365 <b>Rahu</b> 1:36PM – 2:53PM	<b>Catuspada</b> Until 12:29AM Fri	<b>Nataraja:</b> White	Amavasya			
Creative Work    Siddha Yoga			<b>Chaturdashi*</b> Until 12:12PM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>			
Until 4:34AM Fri				<b>Karttika-Karttikai</b>				
Then Routine Work - Marana Yoga								

	<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Jalandhar, India	
	<b>Retreat Star</b>		Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13    Sutra 236	
			<b>Gulika</b> 8:30AM – 9:47AM	<b>Jyeshtha*</b> Until 5:55AM Sat	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:14AM	Vilamba 5120		
			<b>Yama</b> 2:53PM – 4:09PM	<b>Dhriti</b> Until 9:03PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM	Moon 11 - Phase 32		
		779863365 <b>Rahu</b> 11:03AM – 12:20PM	<b>Kintughna</b> Until 1:22AM Sat	<b>Nataraja:</b> White	Prathama			
Routine Work    Marana Yoga			<b>Amavasya*</b> Until 12:50PM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>			
Until 5:55AM Sat				<b>Margasira-Karttikai</b>				
Then Creative Work - Siddha Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>	<b>Saturday, December 8, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Jalandhar, India Sun 14 Sutra 237 Vilamba 5120
Vrischika Rasi: 29.57	Tithi 1 – 2	<b>Gulika</b> 7:14AM – 8:31AM <b>Yama</b> 1:37PM – 2:53PM <b>Rahu</b> 9:47AM – 11:04AM	<b>Mula* Until 8:06AM Sun</b> Shula* Until 8:54PM Balava Until 2:48AM Sun <b>Prathama* Until 1:59PM</b>
Creative Work	Siddha Yoga	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 7:14AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM <b>Nataraja:</b> White Moon – Orange <b>Margasira-Karttikai</b>	<b>Bhuloka Day</b>
<hr/>			
<b>2</b>	<b>Sunday, December 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Jalandhar, India Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 12.15	Tithi 2 – 3	<b>Gulika</b> 2:53PM – 4:10PM <b>Yama</b> 12:21PM – 1:37PM <b>Rahu</b> 4:10PM – 5:26PM	<b>Mula* Until 8:06AM</b> Ganda* Until 9:11PM Taitila Until 4:45AM Mon <b>Dvitiya Until 3:41PM</b>
Creative Work	Amrita Yoga	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:15AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Bhuloka Day</b>
Until 8:06AM	Then Creative Work - Siddha Yoga	<hr/>	
<b>3</b>	<b>Monday, December 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Jalandhar, India Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 24.21	Tithi 3 – 4	<b>Gulika</b> 1:37PM – 2:54PM <b>Yama</b> 11:05AM – 12:21PM <b>Rahu</b> 8:32AM – 9:49AM	<b>Purvashadha* Until 10:37AM</b> Vriddhi Until 9:48PM Vanija Until 7:08AM Tue <b>Tritiya Until 5:52PM</b>
<b>Family Home Evening</b>	789863365	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:16AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Bhuloka Day</b>
Routine Work	Marana Yoga	<hr/>	
<b>4</b>	<b>Tuesday, December 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija Karana Chaturthiyam Titau	Jalandhar, India Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 6.17	Tithi 4	<b>Gulika</b> 12:22PM – 1:38PM <b>Yama</b> 9:49AM – 11:05AM <b>Rahu</b> 2:54PM – 4:10PM	<b>Uttarashadha Until 1:21PM</b> Dhruva Until 10:40PM Vanija Until 7:08AM <b>Chaturthi* Until 8:25PM</b>
Routine Work	Prabalarishta Yoga	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:17AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:27PM <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Bhuloka Day</b>
Until 1:21PM	Then Creative Work - Siddha Yoga	<hr/>	
<b>5</b>	<b>Wednesday, December 12, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava Karana Panchamyam Titau	Jalandhar, India Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 18.06	Tithi 5	<b>Gulika</b> 11:06AM – 12:22PM <b>Yama</b> 8:34AM – 9:50AM <b>Rahu</b> 12:22PM – 1:38PM	<b>Shravana Until 4:38PM</b> Vyaghata* Until 11:40PM Bava Until 9:48AM <b>Panchami Until 11:10PM</b>
Creative Work	Siddha Yoga	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:17AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:27PM <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Until 4:38PM	Then Routine Work - Prabalarishta Yoga	<hr/>	
<b>6</b>	<b>Thursday, December 13, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Jalandhar, India Sun 19 Sutra 242 Vilamba 5120
Makara Rasi: 29.53	Tithi 6	<b>Gulika</b> 9:50AM – 11:06AM <b>Yama</b> 7:18AM – 8:34AM <b>Rahu</b> 1:39PM – 2:55PM	<b>Dhanishtha Until 7:47PM</b> Harshana Until 12:39AM Fri Kaulava Until 12:33PM <b>Shashthi* Until 1:52AM Fri</b>
Creative Work	Siddha Yoga	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:18AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:27PM <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
<b>Vinayaga Viratam Ends</b>			
<hr/>			
<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Jalandhar, India Sun 20 Sutra 243 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:35AM – 9:51AM <b>Yama</b> 2:55PM – 4:11PM <b>Rahu</b> 11:07AM – 12:23PM	<b>Shatabhishak Until 10:34PM</b> Vajra* Until 1:25AM Sat Gara Until 3:10PM <b>Saptami Until 4:19AM Sat</b>
Kumbha Rasi: 11.41	Tithi 7	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:19AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:27PM <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga	<hr/>	
<b>1</b>	<b>Saturday, December 15, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Jalandhar, India Sun 21 Sutra 244 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:19AM – 8:35AM <b>Yama</b> 1:40PM – 2:56PM <b>Rahu</b> 9:51AM – 11:07AM	<b>Purvaproshtapada* Until 1:15AM Sun</b> Siddhi Until 1:51AM Sun Visti Until 5:23PM <b>Ashtami* Until 6:15AM Sun</b>
Kumbha Rasi: 23.37	Tithi 8	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:19AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:28PM <b>Nataraja:</b> White Moon – Clear <b>Margasira-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Routine Work	Marana Yoga	<hr/>	
Until 1:15AM Sun	Then Creative Work - Amrita Yoga	<hr/>	
<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Jalandhar, India Sun 22 Sutra 245 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:56PM – 4:12PM <b>Yama</b> 12:24PM – 1:40PM <b>Rahu</b> 4:12PM – 5:28PM	<b>Uttaraproshtapada Until 3:08AM Mon</b> Vyatipata* Until 1:48AM Mon Balava Until 7:00PM <b>Ashtami* Until 6:15AM</b>
Meena Rasi: 5.44	Tithi 8 – 9	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:20AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:28PM <b>Nataraja:</b> White Moon – Clear <b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Creative Work	Amrita Yoga	<hr/>	
Until 3:08AM Mon	Then Creative Work - Siddha Yoga	<hr/>	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 18.09	Tithi 9 – 10	<b>Gulika</b> 1:41PM – 2:56PM	<b>Revati</b> Until 4:08AM Tue	<b>Ganesh:</b> Purple	Sunrise: 7:21AM	
	<b>Family Home Evening</b>	811863365	Yama 11:09AM – 12:25PM	Variyan Until 1:08AM Tue	<b>Muruga:</b> Purple	Sunset: 5:28PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:37AM – 9:53AM	Taitila Until 7:52PM	<b>Nataraja:</b> White	Moon – Clear	4th Phase
			<b>Navami*</b> Until 7:31AM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b>		

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 0.55	Tithi 10 – 11	<b>Gulika</b> 12:25PM – 1:41PM	<b>Ashvini</b> Until 4:39AM Wed	<b>Ganesh:</b> Clear	Sunrise: 7:21AM	
	Creative Work	Siddha Yoga	Yama 9:53AM – 11:09AM	Parigha* Until 11:51PM	<b>Muruga:</b> Purple	Sunset: 5:29PM	Moon 11 - Phase 34
			821863365	<b>Rahu</b> 2:57PM – 4:13PM	Vanija Until 7:56PM	<b>Nataraja:</b> White	Moon – White
			<b>Gita Jayanthi</b>	<b>Dashami</b> Until 7:59AM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 14.05	Tithi 11 – 12	<b>Gulika</b> 11:10AM – 12:26PM	<b>Bharani</b> Until 6:29AM Thu	<b>Ganesh:</b> Clear	Sunrise: 7:22AM	
	Creative Work	Siddha Yoga	Yama 8:38AM – 9:54AM	Shiva Until 9:56PM	<b>Muruga:</b> Purple	Sunset: 5:29PM	Moon 11 - Phase 34
			821863365	<b>Rahu</b> 12:26PM – 1:41PM	Bava Until 7:10PM	<b>Nataraja:</b> White	Moon – White
			Until 6:29AM Thu Then Routine Work - Marana Yoga	<b>Ekadashi</b> Until 7:38AM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 27.41	Tithi 12 – 13	<b>Gulika</b> 9:54AM – 11:10AM	<b>Bharani</b> Until 6:29AM	<b>Ganesh:</b> Clear	Sunrise: 7:22AM	
	Routine Work	Marana Yoga	Yama 7:22AM – 8:38AM	Siddha Until 15:86AM Fri	<b>Muruga:</b> Purple	Sunset: 5:30PM	Moon 11 - Phase 34
			821863365	<b>Rahu</b> 1:42PM – 2:58PM	Taitila Until 4:38AM Fri	<b>Nataraja:</b> White	Moon – White
			<b>Dvadashi</b> Until 6:29AM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM		
<i>Pradosha Vrata</i>							

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 11.42	Tithi 14	<b>Gulika</b> 8:39AM – 9:55AM	<b>Rohini</b> Until 1:24AM Sat	<b>Ganesh:</b> White	Sunrise: 7:23AM	
	Routine Work	Marana Yoga	Yama 2:58PM – 4:14PM	Sadhya Until 4:26PM	<b>Muruga:</b> Purple	Sunset: 5:30PM	Moon 11 - Phase 34
			821863365	<b>Rahu</b> 11:11AM – 12:27PM	Gara Until 3:30PM	<b>Nataraja:</b> White	Moon – Yellow
			<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi*</b> Until 2:13AM Sat	<b>Margasira*Markali</b>	<b>Bhuloka Day</b>	
<b>Pradosha Vrata</b>							

<b>6</b>	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sun 28 Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:23AM – 8:39AM	<b>Mrigashira</b> Until 11:17PM	<b>Ganesh:</b> White	Sunrise: 7:23AM	
	Vrishabha Rasi: 26.06	Tithi 15	Yama 1:43PM – 2:59PM	Subha Until 1:02PM	<b>Muruga:</b> Purple	Sunset: 5:31PM	Moon 11 - Phase 34
			821863365	<b>Rahu</b> 9:55AM – 11:11AM	Visti Until 12:51PM	<b>Nataraja:</b> White	Moon – Yellow
			<b>Day 2 of Pancha Ganapati</b>	<b>Purnima*</b> Until 11:22PM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b>	

<b>7</b>	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Jalandhar, India Sun 29 Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:59PM – 4:15PM	<b>Ardra</b> Until 8:45PM	<b>Ganesh:</b> Yellow	Sunrise: 7:24AM	
	Mithuna Rasi: 10.47	Tithi 16	Yama 12:28PM – 1:43PM	Sukla Until 9:21AM	<b>Muruga:</b> Purple	Sunset: 5:31PM	Moon 11 - Phase 34
			831963365	<b>Rahu</b> 4:15PM – 5:31PM	Balava Until 9:51AM	<b>Nataraja:</b> White	Moon – Yellow
			<b>Day 3 of Pancha Ganapati</b> Ardra Darshanam	<b>Prathama*</b> Until 8:15PM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 25.38 Tihi 17 - 18

Family Home Evening

841963365

Gulika 1:44PM - 3:00PM

Yama 11:12AM - 12:28PM

Rahu 8:40AM - 9:56AM

Punarvasu Until 6:23PM

Indra Until 1:37AM Tue

Taitila Until 6:39AM

Dvitiya Until 5:01PM

Ganesha: Blue Sunrise: 7:24AM

Muruga: Purple Sunset: 5:32PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 6:23PM

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 10.32 Tihi 18 - 19

Creative Work Siddha Yoga

841963365

Gulika 12:29PM - 1:44PM

Yama 9:57AM - 11:13AM

Rahu 3:00PM - 4:16PM

Pushya Until 3:55PM

Vaidhriti\* Until 9:48PM

Bava Until 12:17AM Wed

Tritiya Until 1:49PM

Ganesha: Blue Sunrise: 7:25AM

Muruga: Purple Sunset: 5:32PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Day 5 of Pancha Ganapati

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 25.2 Tihi 19 - 20

Creative Work Siddha Yoga

842963366

Gulika 11:13AM - 12:29PM

Yama 8:41AM - 9:57AM

Rahu 12:29PM - 1:45PM

Ashlesha\* Until 1:29PM

Vishkambha\* Until 6:09PM

Kaulava Until 9:22PM

Chaturthi\* Until 10:46AM

Ganesha: Yellow Sunrise: 7:25AM

Muruga: Purple Sunset: 5:33PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Visti\* Karana Panchami/Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 9.56 Tihi 20 - 21

Creative Work Amrita Yoga

852963366

Gulika 9:58AM - 11:14AM

Yama 7:26AM - 8:42AM

Rahu 1:46PM - 3:02PM

Magha\* Until 11:38AM

Priti Until 11:38AM

Visti Until 16:40AM Fri

Panchami Until 8:01AM

Ganesha: Blue Sunrise: 7:26AM

Muruga: Purple Sunset: 5:33PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Until 11:38AM

Then Creative Work - Siddha Yoga

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 24.16 Tihi 22

Creative Work Siddha Yoga

852963366

Gulika 8:42AM - 9:58AM

Yama 3:02PM - 4:18PM

Rahu 11:14AM - 12:30PM

Purvaphalguni Until 10:03AM

Ayushman Until 11:44AM

Visti Until 4:40PM

Saptami Until 3:46AM Sat

Ganesha: Blue Sunrise: 7:26AM

Muruga: Purple Sunset: 5:34PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 8.18 Tihi 23

Routine Work Marana Yoga

852963366

Gulika 7:26AM - 8:42AM

Yama 1:47PM - 3:03PM

Rahu 9:58AM - 11:14AM

Uttaraphalguni Until 8:47AM

Saubhagya Until 9:05AM

Balava Until 3:02PM

Ashtami\* Until 2:24AM Sun

Ganesha: Blue Sunrise: 7:26AM

Muruga: Purple Sunset: 5:35PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 22 Tihi 24

Creative Work Amrita Yoga

862963366

Gulika 3:03PM - 4:19PM

Yama 12:31PM - 1:47PM

Rahu 4:19PM - 5:35PM

Hasta Until 8:20AM

Sobhana Until 6:52AM

Taitila Until 1:56PM

Navami\* Until 1:34AM Mon

Ganesha: Red Sunrise: 7:27AM

Muruga: Purple Sunset: 5:35PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 8:20AM

Then Creative Work - Siddha Yoga

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Jalandhar, India Sun 8 Sutra 260 Vilamba 5120	
<b>1</b>		<b>Gulika</b>	<b>1:48PM – 3:04PM</b>	<b>Chitra Until 8:16AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:27AM	
Tula Rasi: 5.25	Tithi 25	Yama	11:15AM – 12:32PM	Sukarma Until 3:39AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 12 - Phase 36
<b>Family Home Evening</b>	862963366	<b>Rahu</b>	<b>8:43AM – 9:59AM</b>	Vanija Until 1:22PM	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Prabalarishta Yoga			<b>Dashami Until 1:15AM Tue</b>	Moon – Green		<b>Bhuloka Day</b>
Until 8:16AM					<b>Margasira-Markali</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga							

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India Sun 9 Sutra 261 Vilamba 5120	
<b>2</b>		<b>Gulika</b>	<b>12:32PM – 1:48PM</b>	<b>Svati Until 8:33AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:27AM	
Tula Rasi: 18.32	Tithi 26	Yama	10:00AM – 11:16AM	Dhriti Until 2:39AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 12 - Phase 36
862963366		<b>Rahu</b>	<b>3:04PM – 4:21PM</b>	Bava Until 1:19PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 1:28AM Wed</b>	Moon – Green		<b>Bhuloka Day</b>
Until 8:33AM					<b>Margasira-Markali</b>	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Jalandhar, India Sun 10 Sutra 262 Vilamba 5120	
<b>3</b>		<b>Gulika</b>	<b>11:16AM – 12:32PM</b>	<b>Vishakha Until 9:38AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:27AM	
Vrischika Rasi: 1.24	Tithi 27	Yama	8:44AM – 10:00AM	Shula* Until 2:01AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 12 - Phase 36
872963366		<b>Rahu</b>	<b>12:32PM – 1:49PM</b>	Kaulava Until 1:47PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashi* Until 2:10AM Thu</b>	Moon – Orange		<b>Bhuloka Day</b>
					<b>Margasira-Markali</b>		

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 11 Sutra 263 Vilamba 5120	
<b>4</b>		<b>Gulika</b>	<b>10:00AM – 11:17AM</b>	<b>Anuradha Until 11:01AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:28AM	
Vrischika Rasi: 14.02	Tithi 28	Yama	7:28AM – 8:44AM	Ganda* Until 1:44AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 12 - Phase 36
872963366		<b>Rahu</b>	<b>1:49PM – 3:06PM</b>	Gara Until 2:43PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 3:21AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 11:01AM					<b>Margasira-Markali</b>		
Then Routine Work - Prabalarishta Yoga						<i>Pradosha Vrata (Fasting)</i>	

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India Sun 12 Sutra 264 Vilamba 5120	
<b>5</b>		<b>Gulika</b>	<b>8:44AM – 10:01AM</b>	<b>Jyeshtha* Until 12:42PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:28AM	
Vrischika Rasi: 26.28	Tithi 29	Yama	3:06PM – 4:23PM	Vriddhi Until 1:49AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 12 - Phase 36
872963366		<b>Rahu</b>	<b>11:17AM – 12:33PM</b>	Visti Until 4:07PM	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Marana Yoga			<b>Chaturdashi* Until 4:58AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 12:42PM					<b>Margasira-Markali</b>		
Then Creative Work - Amrita Yoga							

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India Sun 13 Sutra 265 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	<b>7:28AM – 8:44AM</b>	<b>Mula* Until 3:06PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:28AM	
Dhanus Rasi: 8.43	Tithi 30	Yama	1:50PM – 3:07PM	Dhruva Until 2:10AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 12 - Phase 36
882963366		<b>Rahu</b>	<b>10:01AM – 11:17AM</b>	Catuspada Until 5:57PM	<b>Nataraja:</b> Green		Amavasya
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:59AM Sun</b>	Moon – Light Blue		<b>Bhuloka Day</b>
		<b>Subramuniyaswami Jayanti</b>			<b>Margasira-Markali</b>		

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India Sun 14 Sutra 266 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	<b>3:07PM – 4:24PM</b>	<b>Purvashadha* Until 5:43PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:28AM	
Dhanus Rasi: 20.49	Tithi 30 – 1	Yama	12:34PM – 1:51PM	Vyaghata* Until 2:48AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 36
882973366		<b>Rahu</b>	<b>4:24PM – 5:41PM</b>	Kintughna Until 8:09PM	<b>Nataraja:</b> Green		Prathama
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:59AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 5:43PM		<b>Partial Solar Eclipse</b>			<b>Pausha-Markali</b>	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>	<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 267 Vilamba 5120
	Makara Rasi: 2.46	Tithi 1 – 2	<b>Gulika</b> 1:51PM – 3:08PM	<b>Uttarashadha</b> Until 8:26PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:28AM	
<b>Family Home Evening</b>	882973366	<b>Rahu</b> 8:45AM – 10:01AM	Harshana Until 3:39AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 37	
Routine Work	Marana Yoga		Balava Until 10:39PM	<b>Nataraja:</b> Green		3rd Phase	
Until 8:26PM			<b>Prathama*</b> Until 9:20AM	Moon – Light Blue			
Then Creative Work - Amrita Yoga				<b>Pausha-Markali</b>		<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>2</b>	<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India Sun 16 Sutra 268 Vilamba 5120
	Makara Rasi: 14.37	Tithi 2 – 3	<b>Gulika</b> 12:35PM – 1:52PM	<b>Shravana</b> Until 11:42PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:28AM	
<b>Creative Work</b>	Siddha Yoga	893973366	<b>Rahu</b> 3:09PM – 4:25PM	Vajra* Until 4:36AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 37
				Taitila Until 1:20AM Wed	<b>Nataraja:</b> Green		3rd Phase
				<b>Dvitiya</b> Until 11:57AM	Moon – Purple		
					<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>3</b>	<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 17 Sutra 269 Vilamba 5120
	Makara Rasi: 26.25	Tithi 3 – 4	<b>Gulika</b> 11:19AM – 12:36PM	<b>Dhanishtha</b> Until 2:52AM Thu	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:28AM	
<b>Routine Work</b>	Prabalarishta Yoga	893973366	<b>Rahu</b> 12:36PM – 1:52PM	Siddhi Until 5:36AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 37
Until 2:52AM Thu				Vanija Until 4:06AM Thu	<b>Nataraja:</b> Green		3rd Phase
Then Creative Work - Siddha Yoga				<b>Tritiya</b> Until 2:42PM	Moon – Purple		
					<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>4</b>	<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 18 Sutra 270 Vilamba 5120
	Kumbha Rasi: 8.12	Tithi 4 – 5	<b>Gulika</b> 10:02AM – 11:19AM	<b>Shatabhishak</b> Until 5:46AM Fri	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:28AM	
<b>Creative Work</b>	Siddha Yoga	893973366	<b>Rahu</b> 1:53PM – 3:10PM	Vyatipata* Until 6:31AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:44PM	Moon 12 - Phase 37
				Bava Until 6:45AM Fri	<b>Nataraja:</b> Green		3rd Phase
				<b>Chaturthi*</b> Until 5:25PM	Moon – Purple		
					<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>5</b>	<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Jalandhar, India Sun 19 Sutra 271 Vilamba 5120
	Kumbha Rasi: 20.01	Tithi 5	<b>Gulika</b> 8:45AM – 10:02AM	<b>Purvaproshtapada*</b> Until 8:44AM Sat	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:28AM	
<b>Creative Work</b>	Siddha Yoga	813973366	<b>Rahu</b> 11:19AM – 12:36PM	Vyatipata* Until 6:31AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:45PM	Moon 12 - Phase 37
				Bava Until 6:45AM	<b>Nataraja:</b> Green		3rd Phase
				<b>Panchami</b> Until 7:57PM	Moon – Clear		
					<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>6</b>	<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Jalandhar, India Sun 20 Sutra 272 Vilamba 5120
	Meena Rasi: 1.57	Tithi 6	<b>Gulika</b> 7:28AM – 8:45AM	<b>Purvaproshtapada*</b> Until 8:44AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:28AM	
<b>Routine Work</b>	Marana Yoga	813973366	<b>Rahu</b> 10:03AM – 11:20AM	Variyan Until 7:13AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:45PM	Moon 12 - Phase 37
Until 8:44AM				Kaulava Until 9:07AM	<b>Nataraja:</b> Green		3rd Phase
Then Creative Work - Siddha Yoga				<b>Shashthi*</b> Until 10:07PM	Moon – Clear		
					<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>7</b>	<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Jalandhar, India Sun 21 Sutra 273 Vilamba 5120
	Meena Rasi: 14.03	Tithi 7	<b>Gulika</b> 3:12PM – 4:29PM	<b>Uttaraproshtapada</b> Until 11:07AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:28AM	
<b>Creative Work</b>	Amrita Yoga	813973366	<b>Rahu</b> 4:29PM – 5:46PM	Parigha* Until 7:36AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:46PM	Moon 12 - Phase 37
				Gara Until 11:02AM	<b>Nataraja:</b> Green		3rd Phase
				<b>Saptami</b> Until 11:45PM	Moon – Clear		
					<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>8</b>	<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Jalandhar, India Sun 22 Sutra 274 Vilamba 5120
	Meena Rasi: 26.23	Tithi 8	<b>Gulika</b> 1:55PM – 3:12PM	<b>Revati</b> Until 12:44PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:28AM	
<b>Family Home Evening</b>	813973366	<b>Rahu</b> 8:45AM – 10:03AM	Shiva Until 7:32AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 12 - Phase 37	
<b>Creative Work</b>	Siddha Yoga		Visti Until 12:19PM	<b>Nataraja:</b> Green		Ashtami	
				Moon – Clear			
			<b>Thai Pongal</b>	<b>Ashtami*</b> Until 12:40AM Tue	<b>Pausha-Thai</b>		<b>Devaloka Day</b>

<b>9</b>	<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Jalandhar, India Sun 23 Sutra 275 Vilamba 5120
	Mesha Rasi: 9.02	Tithi 9	<b>Gulika</b> 12:38PM – 1:55PM	<b>Ashvini</b> Until 1:58PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:28AM	
<b>Creative Work</b>	Siddha Yoga	823973366	<b>Rahu</b> 3:13PM – 4:30PM	Siddha Until 6:53AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 12 - Phase 37
				Balava Until 12:51PM	<b>Nataraja:</b> Green		Navami
				<b>Navami*</b> Until 12:48AM Wed	Moon – White		
					<b>Pausha-Thai</b>		<b>Sivaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada


<b>1</b>		<b>Wednesday, January 16, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Jalandhar, India	
Mesha Rasi: 22.05		Tithi 10		823173366		Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 276	
		<b>Gulika</b>	<b>11:21AM – 12:38PM</b>	<b>Bharani Until 2:13PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:28AM	Vilamba 5120		
		Yama	8:45AM – 10:03AM	Subha Until 3:45AM Thu	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:49PM	Moon 12 - Phase 38		
Creative Work Siddha Yoga		<b>Rahu</b>	<b>12:38PM – 1:56PM</b>	Taitila Until 12:34PM	<b>Nataraja:</b> Green			4th Phase	
Until 2:13PM				<b>Dashami Until 12:06AM Thu</b>	Moon – White			<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Pausha*Thai</b>					

<b>2</b>		<b>Thursday, January 17, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Jalandhar, India	
Vrishabha Rasi: 5.34		Tithi 11		823173366		Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25 Sutra 277	
		<b>Gulika</b>	<b>10:03AM – 11:21AM</b>	<b>Krittika Until 1:32PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:28AM	Vilamba 5120		
		Yama	7:28AM – 8:45AM	Sukla Until 1:13AM Fri	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:50PM	Moon 12 - Phase 38		
Routine Work Marana Yoga		<b>Rahu</b>	<b>1:56PM – 3:14PM</b>	Vanija Until 11:27AM	<b>Nataraja:</b> Green			4th Phase	
				<b>Ekadashi Until 10:35PM</b>	Moon – White			<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>					

<b>3</b>		<b>Friday, January 18, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Jalandhar, India	
Vrishabha Rasi: 19.31		Tithi 12		823173366		Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26 Sutra 278	
		<b>Gulika</b>	<b>8:45AM – 10:03AM</b>	<b>Rohini Until 12:24PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 7:27AM	Vilamba 5120		
		Yama	3:15PM – 4:33PM	Brahma Until 10:07PM	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:51PM	Moon 12 - Phase 38		
Routine Work Marana Yoga		<b>Rahu</b>	<b>11:21AM – 12:39PM</b>	Bava Until 9:35AM	<b>Nataraja:</b> Green			4th Phase	
Until 12:24PM				<b>Dvadashi Until 8:22PM</b>	Moon – Yellow			<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Pausha*Thai</b>					

<b>4</b>		<b>Saturday, January 19, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Jalandhar, India	
Mithuna Rasi: 3.55		Tithi 13 – 14		823173366		Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 279	
		<b>Gulika</b>	<b>7:27AM – 8:45AM</b>	<b>Mrigashira Until 10:29AM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 7:27AM	Vilamba 5120		
		Yama	1:57PM – 3:15PM	Indra Until 6:35PM	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:52PM	Moon 12 - Phase 38		
Creative Work Siddha Yoga		<b>Rahu</b>	<b>10:03AM – 11:21AM</b>	Kaulava Until 7:03AM	<b>Nataraja:</b> Green			4th Phase	
				<b>Trayodashi Until 5:33PM</b>	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>					

*Pradosha Vrata*

		<b>Sunday, January 20, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		Jalandhar, India	
<b>Copper Retreat Star</b>		Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		823173366				Sutra 280	
Mithuna Rasi: 18.41		Tithi 14 – 15		823173366		Ardra Until 10:45AM Mon		Sun 28 Sutra 280	
		<b>Gulika</b>	<b>3:16PM – 4:34PM</b>	Vaidhriti* Until 2:39PM	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 7:27AM	Vilamba 5120		
		Yama	12:40PM – 1:58PM	Visti Until 12:34AM Mon	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:52PM	Moon 12 - Phase 38		
Creative Work Siddha Yoga		<b>Rahu</b>	<b>4:34PM – 5:52PM</b>	Chaturdashi* Until 2:18PM	<b>Nataraja:</b> Green			Purnima	
				<b>Pausha*Thai</b>				<b>Devaloka Day</b>	

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Jalandhar, India	
Kataka Rasi: 3.44		Tithi 15 – 16		823173366		Ardra/Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 281	
<b>Family Home Evening</b>		<b>Gulika</b>	<b>1:58PM – 3:17PM</b>	<b>Ardra Until 10:45AM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 7:27AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama	11:22AM – 12:40PM	Vishkambha* Until 5:76AM Tue	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:53PM	Moon 12 - Phase 38		
		<b>Rahu</b>	<b>8:45AM – 10:03AM</b>	Balava Until 8:56PM	<b>Nataraja:</b> Green			Prathama	
				<b>Purnima* Until 10:45AM</b>	Moon – Blue			<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>					

Total Lunar Eclipse  
Thai Pusam



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha\* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Jalandhar, India

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 18.55 Tihi 16 - 17

Gulika 12:40PM - 1:59PM  
Yama 10:03AM - 11:22AMAshlesha\* Until 11:23PM  
Priti Until 6:16AMGanesha: Clear Sunrise: 7:26AM  
Muruga: Clear Sunset: 5:54PM

Creative Work Siddha Yoga

844173366 Rahu 3:17PM - 4:36PM

Gara Until 3:26AM Wed

Nataraja: Green

Moon - Blue

Devaloka Day

Pausha\*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Magha\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 4.05 Tihi 18

Gulika 11:22AM - 12:41PM  
Yama 8:45AM - 10:03AMMagha\* Until 8:46PM  
Saubhagya Until 9:57PMGanesha: Purple Sunrise: 7:26AM  
Muruga: Clear Sunset: 5:55PM

Creative Work Siddha Yoga

854173366 Rahu 12:41PM - 1:59PM

Vanija Until 1:42PM

Nataraja: Green

Moon - Red

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 19.04 Tihi 19

Gulika 10:03AM - 11:22AM  
Yama 7:26AM - 8:44AMPurvaphalguni Until 6:20PM  
Sobhana Until 6:10PMGanesha: Purple Sunrise: 7:26AM  
Muruga: Clear Sunset: 5:56PM

Creative Work Siddha Yoga

854173366 Rahu 2:00PM - 3:18PM

Bava Until 7:33AM Fri

Nataraja: Green

Moon - Red

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 3.45 Tihi 20

Gulika 8:44AM - 10:03AM  
Yama 3:19PM - 4:38PMUttaraphalguni Until 4:15PM  
Athiganda\* Until 2:44PMGanesha: Clear Sunrise: 7:25AM  
Muruga: Clear Sunset: 5:57PM

Creative Work Siddha Yoga

954173366 Rahu 11:22AM - 12:41PM

Kaulava Until 7:33AM

Nataraja: Green

Moon - Red

Devaloka Day

Until 4:15PM

Then Creative Work - Amrita Yoga

Pausha\*Thai

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Jalandhar, India

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 18.03 Tihi 21 - 22

Gulika 7:25AM - 8:44AM  
Yama 2:00PM - 3:20PMHasta Until 3:01PM  
Sukarma Until 11:48AMGanesha: Purple Sunrise: 7:25AM  
Muruga: Clear Sunset: 5:58PM

Routine Work Marana Yoga

964173366 Rahu 10:03AM - 11:22AM

Visti Until 3:34AM Sun

Nataraja: Green

Moon - Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

5

Sunday, January 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chitra/Svati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Jalandhar, India

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Tula Rasi: 1.56 Tihi 22 - 23

Gulika 3:20PM - 4:39PM  
Yama 12:41PM - 2:01PMChitra Until 2:21PM  
Dhriti Until 9:25AMGanesha: Purple Sunrise: 7:24AM  
Muruga: Clear Sunset: 5:59PM

Creative Work Siddha Yoga

964173366 Rahu 4:39PM - 5:59PM

Balava Until 2:38AM Mon

Nataraja: Green

Moon - Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

D

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Svati/Vishakha Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Jalandhar, India

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 15.23 Tihi 23 - 24

Gulika 2:01PM - 3:21PM  
Yama 11:22AM - 12:42PMSvati Until 2:14PM  
Shula\* Until 7:36AMGanesha: Purple Sunrise: 7:24AM  
Muruga: Clear Sunset: 6:00PM

Family Home Evening

964173366 Rahu 8:43AM - 10:03AM

Taitila Until 2:28AM Tue

Nataraja: Green

Moon - Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

Creative Work Amrita Yoga

Until 2:14PM

Then Routine Work - Marana Yoga

Tuesday, January 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Vishakha/Anuradha Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Jalandhar, India

Sun 7 Sutra 289

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 28.26 Tihi 24 - 25

Gulika 12:42PM - 2:02PM  
Yama 10:03AM - 11:22AMVishakha Until 3:10PM  
Ganda\* Until 6:22AMGanesha: Clear Sunrise: 7:23AM  
Muruga: Clear Sunset: 6:01PM

Routine Work Marana Yoga

974173366 Rahu 3:21PM - 4:41PM

Vanija Until 3:00AM Wed

Nataraja: Green

Moon - Orange

Devaloka Day

Until 3:10PM

Then Creative Work - Siddha Yoga

Pausha\*Thai

<b>1</b>	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Jalandhar, India Sun 8 Sutra 290 Vilamba 5120
	Vrischika Rasi: 11.08	Tihi 25 – 26	974173366	<b>Gulika</b> 11:22AM – 12:42PM Yama 8:42AM – 10:02AM <b>Rahu</b> 12:42PM – 2:02PM	<b>Anuradha</b> Until 4:36PM Dhruva Until 5:30AM Thu Bava Until 4:12AM Thu <b>Dashami</b> Until 3:30PM	Ganesha: Clear Sunrise: 7:23AM Muruga: Clear Sunset: 6:01PM Nataraja: Green Moon – Orange <b>Pausha*Thai</b>	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

<b>2</b>	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 9 Sutra 291 Vilamba 5120
	Vrischika Rasi: 23.34	Tihi 26 – 27	974173366	<b>Gulika</b> 10:02AM – 11:22AM Yama 7:22AM – 8:42AM <b>Rahu</b> 2:02PM – 3:22PM	<b>Jyeshtha*</b> Until 6:27PM Vyaghata* Until 5:43AM Fri Kaulava Until 5:57AM Fri <b>Ekadashi*</b> Until 5:00PM	Ganesha: Clear Sunrise: 7:22AM Muruga: Clear Sunset: 6:02PM Nataraja: Green Moon – Orange <b>Pausha*Thai</b>	Moon 1 - Phase 40 2nd Phase <b>Devaloka Day</b>
	Routine Work Prabalarishta Yoga Until 6:27PM Then Creative Work - Siddha Yoga						

<b>3</b>	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Taitila Karana Dvadashyam Titau				Jalandhar, India Sun 10 Sutra 292 Vilamba 5120
	Dhanus Rasi: 5.45	Tihi 27	984173366	<b>Gulika</b> 8:42AM – 10:02AM Yama 3:22PM – 4:42PM <b>Rahu</b> 11:22AM – 12:42PM	<b>Mula*</b> Until 9:05PM Harshana Until 6:17AM Sat Taitila Until 6:58PM <b>Dvadashi*</b> Until 6:58PM	Ganesha: White Sunrise: 7:22AM Muruga: Clear Sunset: 6:02PM Nataraja: Green Moon – Light Blue <b>Pausha*Thai</b>	Moon 1 - Phase 40 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Creative Work Amrita Yoga Until 9:05PM Then Routine Work - Prabalarishta Yoga						

<b>4</b>	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Jalandhar, India Sun 11 Sutra 293 Vilamba 5120
	Dhanus Rasi: 17.46	Tihi 28	984173366	<b>Gulika</b> 7:21AM – 8:42AM Yama 2:03PM – 3:23PM <b>Rahu</b> 10:02AM – 11:22AM	<b>Purvashadha*</b> Until 11:53PM Harshana Until 6:17AM Gara Until 8:08AM <b>Trayodashi*</b> Until 9:19PM	Ganesha: White Sunrise: 7:21AM Muruga: Clear Sunset: 6:03PM Nataraja: Green Moon – Light Blue <b>Pausha*Thai</b>	Moon 1 - Phase 40 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Creative Work Siddha Yoga Until 11:53PM Then Routine Work - Marana Yoga		<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Jalandhar, India Sun 12 Sutra 294 Vilamba 5120
	Dhanus Rasi: 29.41	Tihi 29	984173366	<b>Gulika</b> 3:23PM – 4:44PM Yama 12:42PM – 2:03PM <b>Rahu</b> 4:44PM – 6:04PM	<b>Uttarashadha</b> Until 2:45AM Mon Vajra* Until 7:02AM Visti Until 10:36AM <b>Chaturdashi*</b> Until 11:54PM	Ganesha: White Sunrise: 7:21AM Muruga: Clear Sunset: 6:04PM Nataraja: Green Moon – Light Blue <b>Pausha*Thai</b>	Moon 1 - Phase 40 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
	Creative Work Amrita Yoga						

<b>Monday, February 4, 2019</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Jalandhar, India Sun 13 Sutra 295 Vilamba 5120
	Makara Rasi: 11.31	Tihi 30	995173367	<b>Gulika</b> 2:03PM – 3:24PM Yama 11:22AM – 12:43PM <b>Rahu</b> 8:41AM – 10:01AM	<b>Shravana</b> Until 6:02AM Tue Siddhi Until 7:57AM Catuspada Until 1:16PM <b>Amavasya*</b> Until 2:36AM Tue	Ganesha: Red Sunrise: 7:20AM Muruga: Clear Sunset: 6:05PM Nataraja: White Moon – Purple <b>Pausha*Thai</b>	Moon 1 - Phase 40 Amavasya <b>Devaloka Day</b>
	Family Home Evening Creative Work Amrita Yoga Until 6:02AM Tue Then Creative Work - Siddha Yoga						

<b>Tuesday, February 5, 2019</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Jalandhar, India Sun 14 Sutra 296 Vilamba 5120
	Makara Rasi: 23.18	Tihi 1	995173367	<b>Gulika</b> 12:43PM – 2:04PM Yama 10:01AM – 11:22AM <b>Rahu</b> 3:24PM – 4:45PM	<b>Shravana</b> Until 6:02AM Vyatipata* Until 8:57AM Kintughna Until 3:59PM <b>Prathama*</b> Until 5:18AM Wed	Ganesha: Red Sunrise: 7:20AM Muruga: Clear Sunset: 6:06PM Nataraja: White Moon – Purple <b>Magha*Thai</b>	Moon 1 - Phase 40 Prathama <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava Karana Dvitiyayam Titau				Jalandhar, India Sun 15 Sutra 297 Vilamba 5120
	Kumbha Rasi: 5.06	Tithi 2	<b>Gulika</b> 11:22AM – 12:43PM Yama 8:40AM – 10:01AM Rahu 12:43PM – 2:04PM	<b>Dhanishtha Until 9:09AM</b> Variyan Until 9:54AM Balava Until 6:39PM Dvitiya Until 7:55AM Thu	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Magha-Thai</b>	<i>Sunrise:</i> 7:19AM <i>Sunset:</i> 6:07PM	Moon 1 - Phase 41 3rd Phase
	Routine Work Prabalarishta Yoga Until 9:09AM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>				

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Jalandhar, India Sun 16 Sutra 298 Vilamba 5120
	Kumbha Rasi: 16.56	Tithi 2 – 3	<b>Gulika</b> 10:01AM – 11:22AM Yama 7:18AM – 8:39AM Rahu 2:04PM – 3:25PM	<b>Shatabhishak Until 12:00PM</b> Parigha* Until 10:48AM Taitila Until 9:10PM Dvitiya Until 7:55AM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Magha-Thai</b>	<i>Sunrise:</i> 7:18AM <i>Sunset:</i> 6:08PM	Moon 1 - Phase 41 3rd Phase
	Creative Work Siddha Yoga		<b>Devaloka Day</b>				

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Jalandhar, India Sun 17 Sutra 299 Vilamba 5120
	Kumbha Rasi: 28.5	Tithi 3 – 4	<b>Gulika</b> 8:39AM – 10:00AM Yama 3:26PM – 4:47PM Rahu 11:22AM – 12:43PM	<b>Purvaproshtapada* Until 2:59PM</b> Shiva Until 11:33AM Vanija Until 11:27PM Tritiya Until 10:20AM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<i>Sunrise:</i> 7:17AM <i>Sunset:</i> 6:09PM	Moon 1 - Phase 41 3rd Phase
	Creative Work Siddha Yoga		<b>Sivaloka Day</b>				

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Jalandhar, India Sun 18 Sutra 300 Vilamba 5120
	Meena Rasi: 10.51	Tithi 4 – 5	<b>Gulika</b> 7:17AM – 8:38AM Yama 2:05PM – 3:26PM Rahu 10:00AM – 11:21AM	<b>Uttaraproshtapada Until 5:31PM</b> Siddha Until 12:03PM Bava Until 1:24AM Sun Chaturthi* Until 12:27PM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<i>Sunrise:</i> 7:17AM <i>Sunset:</i> 6:09PM	Moon 1 - Phase 41 3rd Phase
	Creative Work Siddha Yoga Until 5:31PM Then Routine Work - Prabalarishta Yoga		<b>Sivaloka Day</b>				

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Jalandhar, India Sun 19 Sutra 301 Vilamba 5120
	Meena Rasi: 23	Tithi 5 – 6	<b>Gulika</b> 3:27PM – 4:48PM Yama 12:43PM – 2:05PM Rahu 4:48PM – 6:10PM	<b>Revati Until 7:29PM</b> Sadhya Until 12:17PM Kaulava Until 2:53AM Mon Panchami Until 2:11PM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<i>Sunrise:</i> 7:16AM <i>Sunset:</i> 6:10PM	Moon 1 - Phase 41 3rd Phase
	Creative Work Amrita Yoga Until 7:29PM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>				

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Jalandhar, India Sun 20 Sutra 302 Vilamba 5120
	Mesha Rasi: 5.21	Tithi 6 – 7	<b>Gulika</b> 2:05PM – 3:27PM Yama 11:21AM – 12:43PM Rahu 8:37AM – 9:59AM	<b>Ashvini Until 9:15PM</b> Subha Until 12:08PM Gara Until 3:48AM Tue Shashthi* Until 3:24PM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Magha-Thai</b>	<i>Sunrise:</i> 7:15AM <i>Sunset:</i> 6:11PM	Moon 1 - Phase 41 3rd Phase
	Family Home Evening Creative Work Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM				

<b>7</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Jalandhar, India Sun 21 Sutra 303 Vilamba 5120
	Mesha Rasi: 17.57	Tithi 7 – 8	<b>Gulika</b> 12:43PM – 2:05PM Yama 9:59AM – 11:21AM Rahu 3:28PM – 4:50PM	<b>Bharani Until 10:14PM</b> Sukla Until 11:30AM Visti Until 4:02AM Wed Saptami Until 3:59PM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Magha-Thai</b>	<i>Sunrise:</i> 7:14AM <i>Sunset:</i> 6:12PM	Moon 1 - Phase 41 3rd Phase
	Creative Work Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM				

<b>8</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Jalandhar, India Sun 22 Sutra 304 Vilamba 5120
	Vrishabha Rasi: 0.52	Tithi 8 – 9	<b>Gulika</b> 11:21AM – 12:43PM Yama 8:36AM – 9:58AM Rahu 12:43PM – 2:06PM	<b>Krittika Until 10:22PM</b> Brahma Until 10:21AM Balava Until 3:32AM Thu Ashtami* Until 3:52PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Magha-Masi</b>	<i>Sunrise:</i> 7:13AM <i>Sunset:</i> 6:13PM	Moon 1 - Phase 41 Ashtami
	Creative Work Amrita Yoga Until 10:22PM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>				

<b>9</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India Sun 23 Sutra 305 Vilamba 5120
	Vrishabha Rasi: 14.11	Tithi 9 – 10	<b>Gulika</b> 9:58AM – 11:20AM Yama 7:13AM – 8:35AM Rahu 2:06PM – 3:28PM	<b>Rohini Until 10:03PM</b> Indra Until 8:37AM Taitila Until 2:15AM Fri Navami* Until 2:58PM	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Yellow <b>Magha-Masi</b>	<i>Sunrise:</i> 7:13AM <i>Sunset:</i> 6:14PM	Moon 1 - Phase 41 Navami
	Routine Work Marana Yoga		<b>Sivaloka Day</b>				

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 306 Vilamba 5120	
	936273367	Rahu	11:20AM – 12:43PM	8:35AM – 9:57AM Mrigashira Until 8:52PM Vaidhriti* Until 6:15AM Vanija Until 12:15AM Sat Dashami Until 1:19PM	Ganesh: White Muruga: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:12AM Sunset: 6:14PM	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							<b>Sivaloka Day</b>

<b>2</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 307 Vilamba 5120	
	936273367	Rahu	9:57AM – 11:20AM	7:11AM – 8:34AM Ardra Until 6:53PM Priti Until 11:56PM Bava Until 9:37PM Ekadashi Until 11:00AM	Ganesh: White Muruga: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:11AM Sunset: 6:15PM	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							<b>Sivaloka Day</b>

<b>3</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 308 Vilamba 5120	
	946273367	Rahu	4:53PM – 6:16PM	3:30PM – 4:53PM Punarvasu Until 4:39PM Ayushman Until 8:06PM Kaulava Until 6:28PM Dvadashi Until 8:05AM	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:10AM Sunset: 6:16PM	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							<b>Devaloka Day</b>
			<i>Pradosha Vrata</i>					

<b>4</b>	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 309 Vilamba 5120	
	946273367	Rahu	8:32AM – 9:56AM	2:06PM – 3:30PM Pushya Until 1:54PM Saubhagya Until 3:59PM Gara Until 2:57PM Chaturdashi* Until 1:05AM Tue	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:09AM Sunset: 6:17PM	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							<b>Devaloka Day</b>
			Chidambaram Abhishekam					

	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Jalandhar, India Sutra 310 Vilamba 5120		
	<b>Copper Retreat Star</b>		946273367	Rahu	3:30PM – 4:54PM	12:43PM – 2:07PM Ashlesha* Until 10:48AM Sobhana Until 11:42AM Visti Until 11:13AM Purnima* Until 9:18PM	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:08AM Sunset: 6:18PM	Moon 1 - Phase 42 Purnima
	Creative Work Siddha Yoga							<b>Devaloka Day</b>	

	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Prathama/Dviliyayam Titau				Jalandhar, India Sutra 311 Vilamba 5120		
	<b>Silver Retreat Star</b>		957273367	Rahu	12:43PM – 2:07PM	11:19AM – 12:43PM Magha* Until 7:54AM Athiganda* Until 7:22AM Balava Until 7:25AM Prathama* Until 5:33PM	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Red Magha-Masi	Sunrise: 7:07AM Sunset: 6:19PM	Moon 1 - Phase 42 Prathama
	Creative Work Siddha Yoga							<b>Devaloka Day</b>	
	Until 7:54AM Then Creative Work - Amrita Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jalandhar, India  
Sun 1 Sutra 312

Simha Rasi: 27.17 Tihi 17 – 18

957273367

**Gulika** 9:54AM – 11:19AM  
Yama 7:06AM – 8:30AM  
Rahu 2:07PM – 3:31PM

**Uttaraphalguni** Until 2:16AM Fri  
Dhriti Until 11:10PM  
Vanija Until 12:23AM Fri  
Dvitiya Until 7:22AM

**Ganesha:** Clear *Sunrise:* 7:06AM  
**Muruga:** Clear *Sunset:* 6:19PM  
**Nataraja:** White  
Moon – Red  
Magha-Masi

Moon 2 - Phase 43  
1st Phase

Devaloka Day

Amrita Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\* Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

Jalandhar, India  
Sun 2 Sutra 313

Kanya Rasi: 12.12 Tihi 18 – 19

967273367

**Gulika** 8:29AM – 9:54AM  
Yama 3:31PM – 4:56PM  
Rahu 11:18AM – 12:43PM

**Hasta** Until 12:17AM Sat  
Shula\* Until 7:31PM  
Bava Until 9:27PM  
Tritiya Until 10:50AM

**Ganesha:** White *Sunrise:* 7:05AM  
**Muruga:** Clear *Sunset:* 6:20PM  
**Nataraja:** White  
Moon – Green  
Magha-Masi

Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 12:17AM Sat

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jalandhar, India  
Sun 3 Sutra 314

Kanya Rasi: 26.45 Tihi 19 – 20

967273367

**Gulika** 7:04AM – 8:29AM  
Yama 2:07PM – 3:32PM  
Rahu 9:53AM – 11:18AM

**Chitra** Until 10:46PM  
Ganda\* Until 4:23PM  
Kaulava Until 7:08PM  
Chaturthi\* Until 8:11AM

**Ganesha:** White *Sunrise:* 7:04AM  
**Muruga:** Clear *Sunset:* 6:21PM  
**Nataraja:** White  
Moon – Green  
Magha-Masi

Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 10:46PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vridhi/Dhruva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Jalandhar, India  
Sun 4 Sutra 315

Tula Rasi: 10.51 Tihi 20 – 21

967273367

**Gulika** 3:32PM – 4:57PM  
Yama 12:42PM – 2:07PM  
Rahu 4:57PM – 6:22PM

**Svati** Until 4:44AM Tue Mon  
Vridhi Until 1:50PM  
Vanija Until 5:03AM Mon  
Panchami Until 6:13AM

**Ganesha:** White *Sunrise:* 7:03AM  
**Muruga:** Clear *Sunset:* 6:22PM  
**Nataraja:** White  
Moon – Green  
Magha-Masi

Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 4:44AM Tue Mon

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India  
Sun 5 Sutra 316

Tula Rasi: 24.28 Tihi 22

977273367

**Gulika** 2:07PM – 3:32PM  
Yama 11:17AM – 12:42PM  
Rahu 8:27AM – 9:52AM

**Svati** Until 4:44AM Tue  
Dhruva Until 10:41AM Tue  
Visti Until 4:48PM  
Saptami Until 4:44AM Tue

**Ganesha:** Yellow *Sunrise:* 7:02AM  
**Muruga:** Clear *Sunset:* 6:23PM  
**Nataraja:** White  
Moon – Orange  
Magha-Masi

Moon 2 - Phase 43  
1st Phase

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 4:44AM Tue

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India  
Sun 6 Sutra 317

Vrischika Rasi: 7.37 Tihi 23

977273367

**Gulika** 12:42PM – 2:07PM  
Yama 9:51AM – 11:17AM  
Rahu 3:33PM – 4:58PM

**Vishakha** Until 5:17AM Wed  
Vyaghata\* Until 9:69AM Wed  
Balava Until 4:56PM  
Ashtami\* Until 5:17AM Wed

**Ganesha:** Yellow *Sunrise:* 7:01AM  
**Muruga:** Clear *Sunset:* 6:23PM  
**Nataraja:** White  
Moon – Orange  
Magha-Masi

Moon 2 - Phase 43  
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India  
Sun 7 Sutra 318

Vrischika Rasi: 20.2 Tihi 24

978273367

**Gulika** 11:16AM – 12:42PM  
Yama 8:25AM – 9:51AM  
Rahu 12:42PM – 2:07PM

**Jyeshtha\*** Until 12:31AM Thu  
Harshana Until 10:09AM  
Taitila Until 5:53PM  
Navami\* Until 6:38AM Thu

**Ganesha:** Blue *Sunrise:* 7:00AM  
**Muruga:** Clear *Sunset:* 6:24PM  
**Nataraja:** White  
Moon – Orange  
Magha-Masi

Moon 2 - Phase 43  
Navami

Sivaloka Day

Creative Work Siddha Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Jalandhar, India Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 2.42	Tithi 24 – 25	<b>Gulika</b>	9:50AM – 11:16AM	<b>Mula* Until 3:03AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:59AM			
		Yama	6:59AM – 8:24AM	Vajra* Until 10:09AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:25PM		Moon 2 - Phase 44	
		988273367 <b>Rahu</b>	2:08PM – 3:33PM	Vanija Until 7:35PM	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Siddha Yoga			<b>Navami* Until 6:38AM</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 3:03AM Fri					<b>Magha-Masi</b>				
Then Routine Work - Prabalarishta Yoga									

<b>2</b>		<b>Friday, March 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashtyam Titau		Jalandhar, India Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 14.48	Tithi 25 – 26	<b>Gulika</b>	8:23AM – 9:49AM	<b>Purvashadha* Until 5:52AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:56AM			
		Yama	3:34PM – 5:00PM	Siddhi Until 10:39AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:26PM		Moon 2 - Phase 44	
		988273367 <b>Rahu</b>	11:15AM – 12:41PM	Bava Until 9:49PM	<b>Nataraja:</b> White			2nd Phase	
Routine Work	Prabalarishta Yoga			<b>Dashami Until 8:37AM</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 5:52AM Sat					<b>Magha-Masi</b>				
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Saturday, March 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Jalandhar, India Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 26.43	Tithi 26 – 27	<b>Gulika</b>	6:55AM – 8:22AM	<b>Uttarashadha Until 8:49AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:55AM			
		Yama	2:08PM – 3:34PM	Vyatipata* Until 11:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:27PM		Moon 2 - Phase 44	
		988273367 <b>Rahu</b>	9:48AM – 11:15AM	Kaulava Until 12:25AM Sun	<b>Nataraja:</b> White			2nd Phase	
Routine Work	Marana Yoga			<b>Ekadashi* Until 11:04AM</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 8:49AM Sun					<b>Magha-Masi</b>				
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Sunday, March 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan/Parigha* Yoga Taitil/Gara Karana Dvadashi/Trayodashyam Titau		Jalandhar, India Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 8.32	Tithi 27 – 28	<b>Gulika</b>	3:34PM – 5:01PM	<b>Uttarashadha Until 8:49AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM			
		Yama	12:41PM – 2:08PM	Varyan Until 12:28PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:28PM		Moon 2 - Phase 44	
		988273367 <b>Rahu</b>	5:01PM – 6:28PM	Gara Until 3:09AM Mon	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 1:45PM</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 8:49AM Sun					<b>Magha-Masi</b>				
Then Creative Work - Amrita Yoga									

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Monday, March 4, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Jalandhar, India Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 20.17	Tithi 28 – 29	<b>Gulika</b>	2:08PM – 3:35PM	<b>Shravana Until 12:10PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:53AM			
<b>Family Home Evening</b>		Yama	11:14AM – 12:41PM	Parigha* Until 1:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:29PM		Moon 2 - Phase 44	
		988273367 <b>Rahu</b>	8:20AM – 9:47AM	Visti Until 5:52AM Tue	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Amrita Yoga			<b>Trayodashi* Until 4:30PM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 12:10PM					<b>Magha-Masi</b>				
Then Creative Work - Siddha Yoga									

<b>6</b>		<b>Tuesday, March 5, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashyam Titau		Jalandhar, India Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 2.05	Tithi 29	<b>Gulika</b>	12:41PM – 2:08PM	<b>Dhanishtha Until 3:17PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:52AM			
		Yama	9:46AM – 11:13AM	Shiva Until 2:33PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:29PM		Moon 2 - Phase 44	
		199273367 <b>Rahu</b>	3:35PM – 5:02PM	Sakuni Until 7:09PM	<b>Nataraja:</b> White			2nd Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 7:09PM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 3:17PM					<b>Magha-Masi</b>				
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Jalandhar, India Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 13.55	Tithi 30	<b>Gulika</b>	11:13AM – 12:40PM	<b>Shatabhishak Until 6:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM			
		Yama	8:18AM – 9:46AM	Siddha Until 3:23PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:30PM		Moon 2 - Phase 44	
		199273367 <b>Rahu</b>	12:40PM – 2:08PM	Catuspada Until 8:26AM	<b>Nataraja:</b> White			Amavasya	
Creative Work	Siddha Yoga			<b>Amavasya* Until 9:36PM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 6:03PM					<b>Magha-Masi</b>				
Then Creative Work - Amrita Yoga									

<b>Retreat Star</b>		<b>Thursday, March 7, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Jalandhar, India Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 25.52	Tithi 1	<b>Gulika</b>	9:45AM – 11:12AM	<b>Purvaproshtapada* Until 8:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:50AM			
		Yama	6:50AM – 8:17AM	Sadhya Until 4:02PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:31PM		Moon 2 - Phase 44	
		119373367 <b>Rahu</b>	2:08PM – 3:35PM	Kintughna Until 12:43AM Fri	<b>Nataraja:</b> White			Prathama	
Creative Work	Siddha Yoga			<b>Prathama* Until 3:23PM</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 6:03PM					<b>Phalguna-Masi</b>				
Then Creative Work - Amrita Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, March 8, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Jalandhar, India Sun 16 Sutra 327	
Meena Rasi: 7.55	Tithi 2	<b>Gulika</b>	<b>8:16AM – 9:44AM</b>	<b>Uttaraproshtapada Until 11:16PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:48AM		Vilamba 5120	
		Yama	3:36PM – 5:03PM	Subha Until 4:28PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:31PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367 <b>Rahu</b>	<b>11:12AM – 12:40PM</b>	Balava Until 12:43PM	<b>Nataraja:</b> White			3rd Phase	
				<b>Dvitiya Until 1:34AM Sat</b>	Moon – Clear				<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>				

<b>2</b>		<b>Saturday, March 9, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau		Jalandhar, India Sun 17 Sutra 328	
Meena Rasi: 20.05	Tithi 3	<b>Gulika</b>	<b>6:47AM – 8:15AM</b>	<b>Revati Until 1:08AM Sun</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:47AM		Vilamba 5120	
		Yama	2:08PM – 3:36PM	Sukla Until 4:37PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:32PM		Moon 2 - Phase 45	
Routine Work	Prabalarishta Yoga	119373367 <b>Rahu</b>	<b>9:43AM – 11:11AM</b>	Taitila Until 2:23PM	<b>Nataraja:</b> White			3rd Phase	
Until 1:08AM Sun				<b>Tritiya Until 3:03AM Sun</b>	Moon – Clear				<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga			<b>Subramuniyaswami Siva Vision Day</b>		<b>Phalguna-Masi</b>				

<b>3</b>		<b>Sunday, March 10, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau		Jalandhar, India Sun 18 Sutra 329	
Mesha Rasi: 2.25	Tithi 4	<b>Gulika</b>	<b>3:36PM – 5:04PM</b>	<b>Ashvini Until 2:57AM Mon</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:46AM		Vilamba 5120	
		Yama	12:39PM – 2:08PM	Brahma Until 4:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:33PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>5:04PM – 6:33PM</b>	Vanija Until 3:39PM	<b>Nataraja:</b> White			3rd Phase	
				<b>Chaturthi* Until 4:08AM Mon</b>	Moon – White				<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>				

<b>4</b>		<b>Monday, March 11, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Jalandhar, India Sun 19 Sutra 330	
Mesha Rasi: 14.55	Tithi 5	<b>Gulika</b>	<b>2:08PM – 3:36PM</b>	<b>Bharani Until 4:11AM Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:45AM		Vilamba 5120	
<b>Family Home Evening</b>		Yama	11:11AM – 12:39PM	Indra Until 4:04PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:33PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>8:13AM – 9:42AM</b>	Bava Until 4:31PM	<b>Nataraja:</b> White			3rd Phase	
				<b>Panchami Until 4:46AM Tue</b>	Moon – White				<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>				

<b>5</b>		<b>Tuesday, March 12, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Jalandhar, India Sun 20 Sutra 331	
Mesha Rasi: 27.37	Tithi 6	<b>Gulika</b>	<b>12:39PM – 2:08PM</b>	<b>Krittika Until 4:47AM Wed</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:44AM		Vilamba 5120	
		Yama	9:41AM – 11:10AM	Vaidhriti* Until 3:15PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:34PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>3:36PM – 5:05PM</b>	Kaulava Until 4:55PM	<b>Nataraja:</b> White			3rd Phase	
				<b>Shashthi* Until 4:54AM Wed</b>	Moon – White				<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>				

<b>6</b>		<b>Wednesday, March 13, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau		Jalandhar, India Sun 21 Sutra 332	
Vrishabha Rasi: 10.34	Tithi 7	<b>Gulika</b>	<b>11:10AM – 12:39PM</b>	<b>Rohini Until 3:26AM Fri Thu</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:42AM		Vilamba 5120	
		Yama	8:11AM – 9:40AM	Vishkambha* Until 2:03PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:35PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367 <b>Rahu</b>	<b>12:39PM – 2:08PM</b>	Gara Until 4:47PM	<b>Nataraja:</b> White			3rd Phase	
Until 3:26AM Fri Thu				<b>Saptami Until 4:29AM Thu</b>	Moon – Yellow				<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Phalguna-Masi</b>				

<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau		Jalandhar, India Sun 22 Sutra 333	
Vrishabha Rasi: 23.48	Tithi 8	<b>Gulika</b>	<b>9:40AM – 11:09AM</b>	<b>Rohini Until 3:26AM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:41AM		Vilamba 5120	
		Yama	6:41AM – 8:10AM	Priti Until 9:74AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:36PM		Moon 2 - Phase 45	
Routine Work	Marana Yoga	131373367 <b>Rahu</b>	<b>2:08PM – 3:37PM</b>	Visti Until 4:03PM	<b>Nataraja:</b> White			Ashtami	
Until 3:26AM Fri				<b>Ashtami* Until 3:26AM Fri</b>	Moon – Yellow				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>				

<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Jalandhar, India Sun 23 Sutra 334	
Mithuna Rasi: 7.22	Tithi 9	<b>Gulika</b>	<b>8:09AM – 9:39AM</b>	<b>Ardra Until 3:37AM Sat</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:40AM		Vilamba 5120	
		Yama	3:37PM – 5:07PM	Ayushman Until 10:14AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:36PM		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373368 <b>Rahu</b>	<b>11:08AM – 12:38PM</b>	Balava Until 2:42PM	<b>Nataraja:</b> Clear			Navami	
				<b>Navami* Until 1:47AM Sat</b>	Moon – Yellow				<b>Subha Sivaloka Day</b>
		<b>Karadaiyan Nombu (Tamil Nadu)</b>			<b>Phalguna-Panguni</b>				


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>		<b>Saturday, March 16, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau	Jalandhar, India Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 21.19	Tithi 10	<b>Gulika</b> 6:39AM – 8:08AM	<b>Punarvasu</b> Until 2:11AM Sun	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:39AM		
		Yama 2:08PM – 3:37PM	Saubhagya Until 7:35AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:38AM – 11:08AM	Taitila Until 12:44PM	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dashami</b> Until 11:32PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna</b> •Panguni			

<b>2</b>		<b>Sunday, March 17, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau	Jalandhar, India Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 5.38	Tithi 11	<b>Gulika</b> 3:37PM – 5:08PM	<b>Pushya</b> Until 12:06AM Mon	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:37AM		
		Yama 12:37PM – 2:07PM	Athiganda* Until 12:59AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 5:08PM – 6:38PM	Vanija Until 10:14AM	<b>Nataraja:</b> Clear		4th Phase	
			<b>Ekadashi</b> Until 8:46PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna</b> •Panguni			

<b>3</b>		<b>Monday, March 18, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau	Jalandhar, India Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 20.17	Tithi 12 – 13	<b>Gulika</b> 2:07PM – 3:38PM	<b>Ashlesha*</b> Until 9:31PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:36AM		
<b>Family Home Evening</b>		Yama 11:07AM – 12:37PM	Sukarma Until 9:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 8:06AM – 9:37AM	Bava Until 7:15AM	<b>Nataraja:</b> Clear		4th Phase	
Until 9:31PM			<b>Dvadashi</b> Until 5:37PM	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Yogaswami Mahasamadhi</b>	<i>Pradosha Vrata</i>	<b>Phalguna</b> •Panguni			

<b>4</b>		<b>Tuesday, March 19, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Jalandhar, India Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 5.12	Tithi 13 – 14	<b>Gulika</b> 12:37PM – 2:07PM	<b>Magha*</b> Until 6:57PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:35AM		
		Yama 9:36AM – 11:06AM	Dhriti Until 5:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:38PM – 5:08PM	Gara Until 12:26AM Wed	<b>Nataraja:</b> Clear		4th Phase	
			<b>Trayodashi</b> Until 2:11PM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna</b> •Panguni			

		<b>Wednesday, March 20, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Jalandhar, India Sun 28 Sutra 339 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:06AM – 12:37PM	<b>Purvaphalguni</b> Until 4:10PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:34AM		
Simha Rasi: 20.16	Tithi 14 – 15	Yama 8:04AM – 9:35AM	Shula* Until 1:04PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 46	
Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:37PM – 2:07PM	Visti Until 8:53PM	<b>Nataraja:</b> Clear		Purnima	
			<b>Chaturdashi*</b> Until 10:38AM	Moon – Red		<b>Subha Sivaloka Day</b>	
		<b>Panguni Uttiram</b>		<b>Phalguna</b> •Panguni			
		<b>Holi</b>					

<b>Thursday, March 21, 2019</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau	Jalandhar, India Sun 29 Sutra 340 Vilamba 5120
Kanya Rasi: 5.19	Tithi 15 – 16	<b>Gulika</b> 9:34AM – 11:05AM	<b>Uttaraphalguni</b> Until 1:20PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:32AM		
		Yama 6:32AM – 8:03AM	Ganda* Until 9:01AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 2 - Phase 46	
	Amrita Yoga	151373368 <b>Rahu</b> 2:07PM – 3:38PM	Kaulava Until 3:49AM Fri	<b>Nataraja:</b> Clear		Prathama	
Until 1:20PM			<b>Purnima*</b> Until 7:07AM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Phalguna</b> •Panguni			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Vanija Karana Dvitiyayam Titau

Jalandhar, India

Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 20.13

Tihti 17

161383368

Gulika

8:02AM - 9:34AM

Hasta Until 11:03AM

Ganesha: Yellow

Sunrise: 6:31AM

Yama

3:38PM - 5:10PM

Dhruva Until 11:03AM

Muruga: White

Sunset: 6:41PM

Rahu

11:05AM - 12:36PM

Taitila Until 2:19PM

Nataraja: Clear

Moon - Green

Devaloka Day

Creative Work Amrita Yoga

Until 11:03AM

Then Creative Work - Siddha Yoga

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Jalandhar, India

Sun 1 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 4.49

Tihti 18

161383368

Gulika

6:30AM - 8:01AM

Chitra Until 9:03AM

Ganesha: Yellow

Sunrise: 6:30AM

Yama

2:07PM - 3:39PM

Vyaghata\* Until 10:33PM

Muruga: White

Sunset: 6:42PM

Rahu

9:33AM - 11:04AM

Vanija Until 11:39AM

Nataraja: Clear

Moon - Green

Devaloka Day

Routine Work Marana Yoga

Until 9:03AM

Then Creative Work - Siddha Yoga

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Jalandhar, India

Sun 2 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 19.01

Tihti 19

162383368

Gulika

3:39PM - 5:10PM

Svati Until 7:32AM

Ganesha: Blue

Sunrise: 6:29AM

Yama

12:35PM - 2:07PM

Harshana Until 8:03PM

Muruga: White

Sunset: 6:42PM

Rahu

5:10PM - 6:42PM

Bava Until 9:37AM

Nataraja: Clear

Moon - Green

Bhuloka Day

Creative Work Siddha Yoga

Until 7:32AM

Then Routine Work - Marana Yoga

Devaloka Time: 6:PM to 9:PM

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Jalandhar, India

Sun 3 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 2.45

Tihti 20

172383368

Gulika

2:07PM - 3:39PM

Vishakha Until 7:01AM

Ganesha: Red

Sunrise: 6:27AM

Yama

11:03AM - 12:35PM

Vajra\* Until 6:11PM

Muruga: White

Sunset: 6:43PM

Rahu

7:59AM - 9:31AM

Kaulava Until 8:20AM

Nataraja: Clear

Moon - Orange

Devaloka Day

Routine Work Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Phalgunapanguni

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Jalandhar, India

Sun 4 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 15.59

Tihti 21

172383368

Gulika

12:35PM - 2:07PM

Anuradha Until 7:13AM

Ganesha: Red

Sunrise: 6:26AM

Yama

9:30AM - 11:03AM

Siddhi Until 5:01PM

Muruga: White

Sunset: 6:43PM

Rahu

3:39PM - 5:11PM

Gara Until 7:54AM

Nataraja: Clear

Moon - Orange

Devaloka Day

Creative Work Siddha Yoga

Until 7:13AM

Then Routine Work - Marana Yoga

Phalgunapanguni

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Vriyan Yoga Visti\*/Bava Karana Saptamyam Titau

Jalandhar, India

Sun 5 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 28.47

Tihti 22

172383368

Gulika

11:02AM - 12:34PM

Jyeshtha\* Until 8:07AM

Ganesha: Red

Sunrise: 6:25AM

Yama

7:57AM - 9:30AM

Vyatipata\* Until 4:32PM

Muruga: White

Sunset: 6:44PM

Rahu

12:34PM - 2:07PM

Visti Until 8:22AM

Nataraja: Clear

Moon - Orange

Devaloka Day

Creative Work Siddha Yoga

Until 8:07AM

Then Routine Work - Marana Yoga

Phalgunapanguni

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vriyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jalandhar, India

Sun 6 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 11.13

Tihti 23

182383368

Gulika

9:29AM - 11:02AM

Mula\* Until 10:08AM

Ganesha: Green

Sunrise: 6:24AM

Yama

6:24AM - 7:56AM

Vriyan Until 4:39PM

Muruga: White

Sunset: 6:45PM

Rahu

2:07PM - 3:39PM

Balava Until 9:40AM

Nataraja: Clear

Moon - Light Blue

Bhuloka Day

Creative Work Siddha Yoga

Ashtami\* Until 10:34PM

Phalgunapanguni

Devaloka Time: 6:PM to 9:PM

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Jalandhar, India

Sun 7 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 23.2

Tihti 24

182383468

Gulika

7:55AM - 9:28AM

Purvashadha\* Until 12:40PM

Ganesha: Green

Sunrise: 6:22AM

Yama

3:40PM - 5:13PM

Parigha\* Until 5:15PM

Muruga: Yellow

Sunset: 6:45PM

Rahu

11:01AM - 12:34PM

Taitila Until 11:39AM

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Routine Work Prabalarishta Yoga

Until 12:40PM

Then Routine Work - Marana Yoga

Navami\* Until 12:49AM Sat

Phalgunapanguni

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1 Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantla Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Jalandhar, India Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 5.15	Tithi 25	<b>Gulika</b> 6:21AM – 7:54AM	<b>Uttarashadha</b> Until 3:27PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:21AM		
		Yama 2:07PM – 3:40PM	Shiva Until 6:12PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:46PM		Moon 3 - Phase 48
		182383468 <b>Rahu</b> 9:27AM – 11:00AM	Vanija Until 2:06PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:24AM Sun	Moon – Light Blue	<b>Devaloka Day</b>	
Until 3:27PM				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2 Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Jalandhar, India Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 17.03	Tithi 26	<b>Gulika</b> 3:40PM – 5:13PM	<b>Shravana</b> Until 6:47PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:20AM		
		Yama 12:33PM – 2:07PM	Siddha Until 7:15PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:47PM		Moon 3 - Phase 48
		192383468 <b>Rahu</b> 5:13PM – 6:47PM	Bava Until 4:47PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 6:06AM Mon	Moon – Purple	<b>Sivaloka Day</b>	
Until 6:47PM				<b>Phalguna•Panguni</b>		
Then Routine Work - Marana Yoga						

<b>3 Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Jalandhar, India Sun 10 Sutra 351 Vilamba 5120
Makara Rasi: 28.5	Tithi 26 – 27	<b>Gulika</b> 2:07PM – 3:40PM	<b>Dhanishtha</b> Until 9:55PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:20AM		
<b>Family Home Evening</b>		Yama 11:00AM – 12:33PM	Sadhya Until 8:17PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:47PM		Moon 3 - Phase 48
		192483468 <b>Rahu</b> 7:53AM – 9:27AM	Kaulava Until 7:26PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:06AM	Moon – Purple	<b>Subha Sivaloka Day</b>	
				<b>Phalguna•Panguni</b>		

<b>4 Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Jalandhar, India Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 10.39	Tithi 27 – 28	<b>Gulika</b> 12:33PM – 2:07PM	<b>Shatabhishak</b> Until 12:40AM Wed	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:19AM		
		Yama 9:26AM – 10:59AM	Subha Until 12:40AM Wed	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:47PM		Moon 3 - Phase 48
		192483468 <b>Rahu</b> 3:40PM – 5:14PM	Gara Until 9:53PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 8:41AM	Moon – Purple	<b>Subha Sivaloka Day</b>	
Until 12:40AM Wed				<b>Phalguna•Panguni</b>		
Then Creative Work - Amrita Yoga						
				<i>Pradosha Vrata (Fasting)</i>		

<b>5 Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Jalandhar, India Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 22.34	Tithi 28 – 29	<b>Gulika</b> 10:59AM – 12:33PM	<b>Purvaproshtapada*</b> Until 12:52PM Thu	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:17AM		
		Yama 7:51AM – 9:25AM	Sukla Until 9:47PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:48PM		Moon 3 - Phase 48
		112483468 <b>Rahu</b> 12:33PM – 2:06PM	Visti Until 12:00AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 10:58AM	Moon – Clear	<b>Sivaloka Day</b>	
Until 12:52PM Thu				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Jalandhar, India Sun 13 Sutra 354 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:24AM – 10:58AM	<b>Purvaproshtapada*</b> Until 12:52PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:16AM		
Meena Rasi: 4.38	Tithi 29 – 30	Yama 6:16AM – 7:50AM	Brahma Until 21:67AM Fri	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:49PM		Moon 3 - Phase 48
		112483468 <b>Rahu</b> 2:06PM – 3:40PM	Catuspada Until 1:41AM Fri	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:52PM	Moon – Clear	<b>Sivaloka Day</b>	
				<b>Phalguna•Panguni</b>		

<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Jalandhar, India Sun 14 Sutra 355 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:49AM – 9:23AM	<b>Revati</b> Until 7:12AM Sat	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:15AM		
Meena Rasi: 16.52	Tithi 30 – 1	Yama 3:41PM – 5:15PM	Indra Until 10:07PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:49PM		Moon 3 - Phase 48
		112483468 <b>Rahu</b> 10:58AM – 12:32PM	Kintughna Until 2:57AM Sat	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:21PM	Moon – Clear	<b>Sivaloka Day</b>	
		<b>Yugadhi</b>		<b>Chaitra•Panguni</b>		

<b>1</b>		<b>Saturday, April 6, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Jalandhar, India Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 29.17	Tithi 1 – 2	<b>Gulika</b> 6:14AM – 7:48AM	<b>Revati Until 7:12AM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:14AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:50PM	Moon 3 - Phase 49 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 2:06PM – 3:41PM	Vaidhriti* Until 9:45PM	<b>Nataraja:</b> Purple	<b>Chaitra-Panguni</b>	<b>Devaloka Day</b>
Until 7:12AM		113483468 <b>Rahu</b> 9:23AM – 10:57AM	Balava Until 3:47AM Sun	Moon – Clear		
Then Creative Work - Siddha Yoga		<b>Chellappaswami Mahasamadhi</b>	<b>Prathama* Until 3:24PM</b>			

<b>2</b>		<b>Sunday, April 7, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Jalandhar, India Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.53	Tithi 2 – 3	<b>Gulika</b> 3:41PM – 5:16PM	<b>Ashvini Until 8:43AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:12AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:51PM	Moon 3 - Phase 49 3rd Phase
Creative Work	Siddha Yoga	Yama 12:31PM – 2:06PM	Vishkambha* Until 9:06PM	<b>Nataraja:</b> Purple	<b>Chaitra-Panguni</b>	<b>Devaloka Day</b>
Until 8:43AM		123483468 <b>Rahu</b> 5:16PM – 6:51PM	Taitila Until 4:12AM Mon	Moon – White		
Then Routine Work - Prabalarishta Yoga			<b>Dvitiya Until 4:01PM</b>			

<b>3</b>		<b>Monday, April 8, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Jalandhar, India Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.4	Tithi 3 – 4	<b>Gulika</b> 2:06PM – 3:41PM	<b>Bharani Until 9:42AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:11AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:51PM	Moon 3 - Phase 49 3rd Phase
<b>Family Home Evening</b>		Yama 10:56AM – 12:31PM	Priti Until 8:10PM	<b>Nataraja:</b> Purple	<b>Chaitra-Panguni</b>	<b>Devaloka Day</b>
Creative Work	Siddha Yoga	123483468 <b>Rahu</b> 7:46AM – 9:21AM	Vanija Until 4:15AM Tue	Moon – White		
Until 9:42AM			<b>Tritiya Until 4:15PM</b>			
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Tuesday, April 9, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Jalandhar, India Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 7.38	Tithi 4 – 5	<b>Gulika</b> 12:31PM – 2:06PM	<b>Krittika Until 10:09AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:10AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:52PM	Moon 3 - Phase 49 3rd Phase
Creative Work	Siddha Yoga	Yama 9:20AM – 10:56AM	Ayushman Until 6:55PM	<b>Nataraja:</b> Purple	<b>Chaitra-Panguni</b>	<b>Devaloka Day</b>
Until 10:09AM		123483468 <b>Rahu</b> 3:41PM – 5:17PM	Bava Until 3:56AM Wed	Moon – White		
Then Creative Work - Amrita Yoga			<b>Chaturthi* Until 4:07PM</b>			

<b>5</b>		<b>Wednesday, April 10, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Jalandhar, India Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 20.48	Tithi 5 – 6	<b>Gulika</b> 10:55AM – 12:31PM	<b>Rohini Until 10:33AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:09AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:53PM	Moon 3 - Phase 49 3rd Phase
Creative Work	Siddha Yoga	Yama 7:44AM – 9:20AM	Saubhagya Until 5:23PM	<b>Nataraja:</b> Purple	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
Until 9:42AM		123483468 <b>Rahu</b> 12:31PM – 2:06PM	Kaulava Until 3:14AM Thu	Moon – Yellow		
			<b>Panchami Until 3:37PM</b>			

<b>6</b>		<b>Thursday, April 11, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Jalandhar, India Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 4.1	Tithi 6 – 7	<b>Gulika</b> 9:19AM – 10:55AM	<b>Mrigashira Until 10:26AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:08AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:53PM	Moon 3 - Phase 49 3rd Phase
Routine Work	Marana Yoga	Yama 6:08AM – 7:43AM	Sobhana Until 3:34PM	<b>Nataraja:</b> Purple	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
Until 10:09AM		123483468 <b>Rahu</b> 2:06PM – 3:42PM	Gara Until 2:09AM Fri	Moon – Yellow		
			<b>Shashthi* Until 2:44PM</b>			

<b>Retreat Star</b>		<b>Friday, April 12, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Jalandhar, India Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 17.45	Tithi 7 – 8	<b>Gulika</b> 7:42AM – 9:18AM	<b>Ardra Until 9:46AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:06AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:54PM	Moon 3 - Phase 49 Ashtami
Creative Work	Siddha Yoga	Yama 3:42PM – 5:18PM	Athiganda* Until 1:23PM	<b>Nataraja:</b> Purple	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
Until 9:42AM		123483468 <b>Rahu</b> 10:54AM – 12:30PM	Visti Until 12:38AM Sat	Moon – Yellow		
			<b>Saptami Until 1:26PM</b>			

<b>Retreat Star</b>		<b>Saturday, April 13, 2019</b>			Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Jalandhar, India Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 1.35	Tithi 8 – 9	<b>Gulika</b> 6:05AM – 7:41AM	<b>Punarvasu Until 8:59AM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:05AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:54PM	Moon 3 - Phase 49 Navami
Creative Work	Siddha Yoga	Yama 2:06PM – 3:42PM	Sukarma Until 10:53AM	<b>Nataraja:</b> Purple	<b>Chaitra-Panguni</b>	<b>Devaloka Day</b>
Until 9:42AM		143483468 <b>Rahu</b> 9:17AM – 10:54AM	Balava Until 10:43PM	Moon – Blue		
		<b>Sri Rama Navami</b>	<b>Ashtami* Until 11:43AM</b>			

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Jalandhar, India Sun 23 Sutra 364
Kataka Rasi: 15.4	Tithi 9 – 10	<b>Gulika</b> 3:42PM – 5:19PM	<b>Pushya</b> Until 7:39AM	<b>Ganesh:</b> White <i>Sunrise:</i> 6:04AM		Vikarin 5121
		Yama 12:30PM – 2:06PM	Dhriti Until 8:05AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:55PM		Moon 3 - Phase 1
Creative Work	Siddha Yoga	143483468 <b>Rahu</b> 5:19PM – 6:55PM	Taitila Until 8:25PM	<b>Nataraja:</b> Purple		4th Phase
			Navami* Until 9:36AM	Moon – Blue		
		Tamil New Year		Chaitra•Chaitra		Devaloka Day

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Jalandhar, India Sun 24 Sutra 1
Simha Rasi: 0.01	Tithi 10 – 11	<b>Gulika</b> 2:06PM – 3:43PM	<b>Magha*</b> Until 3:57AM Tue	<b>Ganesh:</b> White <i>Sunrise:</i> 6:03AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:53AM – 12:29PM	Ganda* Until 1:35AM Tue	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:56PM		Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 <b>Rahu</b> 7:39AM – 9:16AM	Visti Until 4:20AM Tue	<b>Nataraja:</b> Purple		4th Phase
Until 3:57AM Tue			Dashami Until 7:07AM	Moon – Red		
Then Creative Work - Siddha Yoga				Chaitra•Chaitra		Devaloka Day

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Jalandhar, India Sun 25 Sutra 2
Simha Rasi: 14.34	Tithi 12	<b>Gulika</b> 12:29PM – 2:06PM	<b>Purvaphalguni</b> Until 1:46AM Wed	<b>Ganesh:</b> White <i>Sunrise:</i> 6:02AM		Vikarin 5121
		Yama 9:15AM – 10:52AM	Vriddhi Until 10:03PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:56PM		Moon 3 - Phase 1
Creative Work	Siddha Yoga	253483468 <b>Rahu</b> 3:43PM – 5:20PM	Bava Until 2:53PM	<b>Nataraja:</b> Purple		4th Phase
Until 1:46AM Wed			Dvadashi Until 1:22AM Wed	Moon – Red		
Then Creative Work - Amrita Yoga				Chaitra•Chaitra		Devaloka Day

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Jalandhar, India Sun 26 Sutra 3
Simha Rasi: 29.15	Tithi 13	<b>Gulika</b> 10:52AM – 12:29PM	<b>Uttaraphalguni</b> Until 11:23PM	<b>Ganesh:</b> White <i>Sunrise:</i> 6:01AM		Vikarin 5121
		Yama 7:38AM – 9:15AM	Dhruva Until 6:26PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:57PM		Moon 3 - Phase 1
Creative Work	Amrita Yoga	253483468 <b>Rahu</b> 12:29PM – 2:06PM	Kaulava Until 11:52AM	<b>Nataraja:</b> Purple		4th Phase
Until 11:23PM			Trayodashi Until 10:20PM	Moon – Red		
Then Routine Work - Marana Yoga				Chaitra•Chaitra		Devaloka Day
				<i>Pradosha Vrata</i>		

<b>5 Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Jalandhar, India Sun 27 Sutra 4
Kanya Rasi: 13.57	Tithi 14	<b>Gulika</b> 9:14AM – 10:51AM	<b>Hasta</b> Until 9:21PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:59AM		Vikarin 5121
		Yama 5:59AM – 7:37AM	Vyaghata* Until 2:52PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:58PM		Moon 3 - Phase 1
Routine Work	Marana Yoga	263483468 <b>Rahu</b> 2:06PM – 3:43PM	Gara Until 8:52AM	<b>Nataraja:</b> Purple		4th Phase
Until 9:21PM			Chaturdashi* Until 7:23PM	Moon – Green		
Then Creative Work - Siddha Yoga				Chaitra•Chaitra		Sivaloka Day

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Jalandhar, India Sutra 5
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:36AM – 9:13AM	<b>Chitra</b> Until 7:26PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:58AM		Vikarin 5121
Kanya Rasi: 28.34	Tithi 15 – 16	Yama 3:43PM – 5:21PM	Harshana Until 11:29AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:58PM		Moon 3 - Phase 1
		263483468 <b>Rahu</b> 10:51AM – 12:28PM	Balava Until 3:27AM Sat	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:52PM	Moon – Green		
		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra		Sivaloka Day
		Hanuman Jayanti				

<b>Saturday, April 20, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Jalandhar, India Sutra 6
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:57AM – 7:35AM	<b>Svati</b> Until 5:47PM	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:57AM		Vikarin 5121
Tula Rasi: 12.57	Tithi 16 – 17	Yama 2:06PM – 3:44PM	Vajra* Until 8:21AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:59PM		Moon 3 - Phase 1
		264483468 <b>Rahu</b> 9:13AM – 10:50AM	Taitila Until 1:21AM Sun	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:19PM	Moon – Green		
				Chaitra•Chaitra		Sivaloka Day