



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey
Sutra 16

Tula Rasi: 29.58 Tihi 17

Gulika 12:03PM – 1:48PM
Yama 8:34AM – 10:18AM
Rahu 3:32PM – 5:17PM

Vishakha Until 12:23PM
Vyatipata* Until 6:06AM
Taitila Until 3:40PM
Dvitiya Until 4:09AM Wed

Ganesha: Purple *Sunrise:* 5:04AM
Muruga: White *Sunset:* 7:02PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga
Until 12:23PM
Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey
Sun 1 Sutra 17

Vrischika Rasi: 12.29 Tihi 18

Gulika 10:18AM – 12:03PM
Yama 6:48AM – 8:33AM
Rahu 12:03PM – 1:48PM

Anuradha Until 2:05PM
Parigha* Until 5:56AM Thu
Vanija Until 4:49PM
Tritiya Until 5:34AM Thu

Ganesha: Purple *Sunrise:* 5:03AM
Muruga: White *Sunset:* 7:03PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava Karana Chaturthyam Titau

Istanbul, Turkey
Sun 2 Sutra 18

Vrischika Rasi: 24.47 Tihi 19

Gulika 8:32AM – 10:18AM
Yama 5:02AM – 6:47AM
Rahu 1:48PM – 3:33PM

Jyeshtha* Until 4:08PM
Shiva Until 6:28AM Fri
Bava Until 6:30PM
Chaturthi* Until 7:30AM Fri

Ganesha: Clear *Sunrise:* 5:02AM
Muruga: White *Sunset:* 7:04PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga
Until 4:08PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey
Sun 3 Sutra 19

Dhanus Rasi: 6.52 Tihi 19 – 20

Gulika 6:46AM – 8:32AM
Yama 3:34PM – 5:19PM
Rahu 10:17AM – 12:03PM

Mula* Until 6:59PM
Shiva Until 6:28AM
Kaulava Until 8:39PM
Chaturthi* Until 7:30AM

Ganesha: White *Sunrise:* 5:01AM
Muruga: White *Sunset:* 7:05PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga
Until 6:59PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey
Sun 4 Sutra 20

Dhanus Rasi: 18.47 Tihi 20 – 21

Gulika 4:59AM – 6:45AM
Yama 1:49PM – 3:34PM
Rahu 8:31AM – 10:17AM

Purvashadha* Until 9:59PM
Siddha Until 7:17AM
Gara Until 11:07PM
Panchami Until 9:50AM

Ganesha: White *Sunrise:* 4:59AM
Muruga: White *Sunset:* 7:06PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga
Until 9:59PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey
Sun 5 Sutra 21

Makara Rasi: 1 Tihi 21 – 22

Gulika 3:35PM – 5:21PM
Yama 12:03PM – 1:49PM
Rahu 5:21PM – 7:07PM

Uttarashadha Until 12:55AM Mon
Sadhya Until 8:18AM
Visti Until 1:42AM Mon
Shashthi* Until 12:23PM

Ganesha: White *Sunrise:* 4:58AM
Muruga: White *Sunset:* 7:07PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey
Sun 6 Sutra 22

Makara Rasi: 12.25 Tihi 22 – 23

Gulika 1:49PM – 3:35PM
Yama 10:16AM – 12:03PM
Rahu 6:43AM – 8:30AM

Shravana Until 4:04AM Tue
Subha Until 9:22AM
Balava Until 4:08AM Tue
Saptami Until 2:56PM

Ganesha: Yellow *Sunrise:* 4:57AM
Muruga: White *Sunset:* 7:08PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Amrita Yoga
Until 4:04AM Tue
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey
Sun 7 Sutra 23

Makara Rasi: 24.17 Tihi 23 – 24

Gulika 12:02PM – 1:49PM
Yama 8:29AM – 10:16AM
Rahu 3:36PM – 5:22PM

Dhanishtha Until 6:40AM Wed
Sukla Until 10:14AM
Taitila Until 6:10AM Wed
Ashtami* Until 5:12PM

Ganesha: Yellow *Sunrise:* 4:56AM
Muruga: White *Sunset:* 7:09PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Wednesday, May 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Navamyam Titau				Istanbul, Turkey Sun 8 Sutra 24	
Kumbha Rasi: 6.19	Tithi 24	Gulika 10:15AM – 12:02PM	Dhanishtha Until 6:40AM	Ganesh: Yellow <i>Sunrise:</i> 4:55AM	Vilamba 5120		
		Yama 6:42AM – 8:29AM	Brahma Until 10:46AM	Muruga: White <i>Sunset:</i> 7:10PM	Moon 4 - Phase 4		
		294832369 Rahu 12:02PM – 1:49PM	Tailila Until 6:10AM	Nataraja: Purple	2nd Phase		
Routine Work	Prabalarishta Yoga		Navami* Until 6:57PM	Moon – Purple	Bhuloka Day		
Until 6:40AM				Vaisaka-Chaitra	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga							

2 Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Istanbul, Turkey Sun 9 Sutra 25	
Kumbha Rasi: 18.36	Tithi 25	Gulika 8:28AM – 10:15AM	Shatabhishak Until 8:30AM	Ganesh: Yellow <i>Sunrise:</i> 4:54AM	Vilamba 5120		
		Yama 4:54AM – 6:41AM	Indra Until 10:49AM	Muruga: White <i>Sunset:</i> 7:11PM	Moon 4 - Phase 4		
		294832369 Rahu 1:50PM – 3:37PM	Vanija Until 7:35AM	Nataraja: Purple	2nd Phase		
Creative Work	Siddha Yoga		Dashami Until 8:00PM	Moon – Purple	Bhuloka Day		
				Vaisaka-Chaitra	Devaloka Time: 9:AM to 12:PM		

3 Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey Sun 10 Sutra 26	
Meena Rasi: 1.13	Tithi 26	Gulika 6:40AM – 8:27AM	Purvaproshtapada* Until 9:55AM	Ganesh: Yellow <i>Sunrise:</i> 4:52AM	Vilamba 5120		
		Yama 3:37PM – 5:25PM	Vaidhriti* Until 10:14AM	Muruga: White <i>Sunset:</i> 7:12PM	Moon 4 - Phase 4		
		214832369 Rahu 10:15AM – 12:02PM	Bava Until 8:14AM	Nataraja: Purple	2nd Phase		
Creative Work	Siddha Yoga		Ekadashi* Until 8:14PM	Moon – Clear	Bhuloka Day		
				Vaisaka-Chaitra	Devaloka Time: 9:AM to 12:PM		

4 Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau				Istanbul, Turkey Sun 11 Sutra 27	
Meena Rasi: 14.14	Tithi 27	Gulika 4:51AM – 6:39AM	Uttaraproshtapada Until 10:22AM	Ganesh: Blue <i>Sunrise:</i> 4:51AM	Vilamba 5120		
		Yama 1:50PM – 3:38PM	Vishkambha* Until 9:01AM	Muruga: White <i>Sunset:</i> 7:13PM	Moon 4 - Phase 4		
		214932369 Rahu 8:27AM – 10:15AM	Kaulava Until 8:03AM	Nataraja: Purple	2nd Phase		
Creative Work	Siddha Yoga		Dvadashi* Until 7:39PM	Moon – Clear	Bhuloka Day		
Until 10:22AM				Vaisaka-Chaitra			
Then Routine Work - Prabalarishta Yoga							

5 Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Istanbul, Turkey Sun 12 Sutra 28	
Meena Rasi: 27.41	Tithi 28	Gulika 3:38PM – 5:26PM	Revati Until 9:53AM	Ganesh: Blue <i>Sunrise:</i> 4:50AM	Vilamba 5120		
		Yama 12:02PM – 1:50PM	Priti Until 7:10AM	Muruga: White <i>Sunset:</i> 7:14PM	Moon 4 - Phase 4		
		214932369 Rahu 5:26PM – 7:14PM	Gara Until 7:05AM	Nataraja: Purple	2nd Phase		
Creative Work	Amrita Yoga		Trayodashi* Until 6:18PM	Moon – Clear	Bhuloka Day		
Until 9:53AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga		Mother's Day	<i>Pradosha Vrata (Fasting)</i>				

6 Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey Sun 13 Sutra 29	
Mesha Rasi: 11.33	Tithi 29 – 30	Gulika 1:50PM – 3:39PM	Ashvini Until 9:01AM	Ganesh: Blue <i>Sunrise:</i> 4:49AM	Vilamba 5120		
Family Home Evening		Yama 10:14AM – 12:02PM	Saubhagya Until 1:51AM Tue	Muruga: White <i>Sunset:</i> 7:15PM	Moon 4 - Phase 4		
		224932369 Rahu 6:38AM – 8:26AM	Catuspada Until 3:09AM Tue	Nataraja: Purple	2nd Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 4:20PM	Moon – White	Bhuloka Day		
				Vaisaka-Chaitra			

Retreat Star Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey Sun 14 Sutra 30	
Mesha Rasi: 25.47	Tithi 30 – 1	Gulika 12:02PM – 1:51PM	Bharani Until 7:28AM	Ganesh: Blue <i>Sunrise:</i> 4:48AM	Vilamba 5120		
		Yama 8:25AM – 10:14AM	Sobhana Until 10:37PM	Muruga: White <i>Sunset:</i> 7:16PM	Moon 4 - Phase 4		
		224932369 Rahu 3:39PM – 5:28PM	Kintughna Until 12:29AM Wed	Nataraja: Purple	Amavasya		
Creative Work	Siddha Yoga		Amavasya* Until 1:51PM	Moon – White	Bhuloka Day		
				Vaisaka-Vaikasi			

Retreat Star Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey Sun 15 Sutra 31	
Vrishabha Rasi: 10.17	Tithi 1 – 2	Gulika 10:14AM – 12:02PM	Rohini Until 3:20AM Thu	Ganesh: Yellow <i>Sunrise:</i> 4:47AM	Vilamba 5120		
		Yama 6:36AM – 8:25AM	Athiganda* Until 7:08PM	Muruga: White <i>Sunset:</i> 7:17PM	Moon 4 - Phase 4		
		235932369 Rahu 12:02PM – 1:51PM	Balava Until 9:33PM	Nataraja: Purple	Prathama		
Creative Work	Siddha Yoga		Prathama* Until 11:01AM	Moon – Yellow	Bhuloka Day		
Until 3:20AM Thu				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga							

1 Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Istanbul, Turkey
Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 16 Sutra 32
Vrishabha Rasi: 24.58 Tithi 2 - 3		Gulika 8:24AM - 10:13AM	Mrigashira Until 1:05AM Fri	Ganesh: Yellow <i>Sunrise:</i> 4:46AM	Vilamba 5120	
235932369		Yama 4:46AM - 6:35AM	Sukarma Until 3:34PM	Muruga: White <i>Sunset:</i> 7:18PM	Moon 4 - Phase 5	
Routine Work Marana Yoga		Rahu 1:51PM - 3:40PM	Taitila Until 6:30PM	Nataraja: Purple	3rd Phase	
Until 1:05AM Fri					Bhuloka Day	
Then Creative Work - Siddha Yoga					Devaloka Time: 9:AM to 12:PM	

2 Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey
Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau						Sun 17 Sutra 33
Mithuna Rasi: 9.4 Tithi 4		Gulika 6:35AM - 8:24AM	Ardra Until 10:46PM	Ganesh: Yellow <i>Sunrise:</i> 4:46AM	Vilamba 5120	
235932369		Yama 3:41PM - 5:30PM	Dhriti Until 12:00PM	Muruga: White <i>Sunset:</i> 7:19PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 10:13AM - 12:02PM	Vanija Until 3:29PM	Nataraja: Purple	3rd Phase	
					Bhuloka Day	
					Devaloka Time: 9:AM to 12:PM	

3 Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Istanbul, Turkey
Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau						Sun 18 Sutra 34
Mithuna Rasi: 24.18 Tithi 5		Gulika 4:45AM - 6:34AM	Punarvasu Until 8:55PM	Ganesh: White <i>Sunrise:</i> 4:45AM	Vilamba 5120	
245932369		Yama 1:52PM - 3:41PM	Shula* Until 8:32AM	Muruga: White <i>Sunset:</i> 7:20PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 8:23AM - 10:13AM	Bava Until 12:37PM	Nataraja: Purple	3rd Phase	
					Devaloka Day	
					Devaloka Time: 9:AM to 12:PM	

4 Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey
Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau						Sun 19 Sutra 35
Kataka Rasi: 8.47 Tithi 6		Gulika 3:42PM - 5:31PM	Pushya Until 7:13PM	Ganesh: White <i>Sunrise:</i> 4:44AM	Vilamba 5120	
245932369		Yama 12:02PM - 1:52PM	Vriddhi Until 2:17AM Mon	Muruga: White <i>Sunset:</i> 7:21PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 5:31PM - 7:21PM	Kaulava Until 10:00AM	Nataraja: Purple	3rd Phase	
					Devaloka Day	
					Devaloka Time: 9:AM to 12:PM	

5 Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau						Sun 20 Sutra 36
Kataka Rasi: 23.02 Tithi 7		Gulika 1:52PM - 3:42PM	Ashlesha* Until 5:44PM	Ganesh: White <i>Sunrise:</i> 4:43AM	Vilamba 5120	
245932369		Yama 10:13AM - 12:02PM	Dhruva Until 11:35PM	Muruga: White <i>Sunset:</i> 7:22PM	Moon 4 - Phase 5	
Family Home Evening		Rahu 6:33AM - 8:23AM	Gara Until 7:43AM	Nataraja: Purple	3rd Phase	
Creative Work Siddha Yoga					Devaloka Day	
Until 5:44PM					Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

Retreat Star Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey
Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Sun 21 Sutra 37
Simha Rasi: 7.02 Tithi 8 - 9		Gulika 12:03PM - 1:53PM	Magha* Until 4:55PM	Ganesh: Clear <i>Sunrise:</i> 4:42AM	Vilamba 5120	
255932369		Yama 8:22AM - 10:12AM	Vyaghata* Until 9:13PM	Muruga: White <i>Sunset:</i> 7:23PM	Moon 4 - Phase 5	
Creative Work Siddha Yoga		Rahu 3:43PM - 5:33PM	Balava Until 4:19AM Wed	Nataraja: Purple	Ashtami	
					Bhuloka Day	
					Devaloka Time: 9:AM to 12:PM	

Retreat Star Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Istanbul, Turkey
Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau						Sun 22 Sutra 38
Simha Rasi: 20.47 Tithi 9 - 10		Gulika 10:12AM - 12:03PM	Purvaphalguni Until 4:23PM	Ganesh: Clear <i>Sunrise:</i> 4:41AM	Vilamba 5120	
255932369		Yama 6:32AM - 8:22AM	Harshana Until 7:12PM	Muruga: White <i>Sunset:</i> 7:24PM	Moon 4 - Phase 5	
Creative Work Amrita Yoga		Rahu 12:03PM - 1:53PM	Taitila Until 3:13AM Thu	Nataraja: Purple	Navami	
					Bhuloka Day	
					Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang

1

Thursday, May 24, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam

Istanbul, Turkey

Kanya Rasi: 4.18 Tilthi 10 – 11

Gulika 8:22AM – 10:12AM

Uttaraphalguni Until 2:18PM Fri

Ganesha: Clear Sunrise: 4:41AM

Sun 23 Sutra 39

Vilamba 5120

Yama 4:41AM – 6:31AM

Vajra* Until 5:28PM

Muruga: White Sunset: 7:25PM

Moon 4 - Phase 6

255932369 Rahu 1:53PM – 3:44PM

Vanija Until 2:31AM Fri

Nataraja: Purple

4th Phase

Amrita Yoga

Dashami Until 2:48PM

Moon – Red

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Until 2:18PM Fri

Then Routine Work - Marana Yoga

2

Friday, May 25, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Istanbul, Turkey

Kanya Rasi: 17.35 Tilthi 11 – 12

Gulika 6:31AM – 8:21AM

Uttaraphalguni Until 2:18PM

Ganesha: Clear Sunrise: 4:40AM

Sun 24 Sutra 40

Vilamba 5120

Yama 3:44PM – 5:35PM

Siddhi Until 14:59AM Sat

Muruga: White Sunset: 7:25PM

Moon 4 - Phase 6

266932369 Rahu 10:12AM – 12:03PM

Bava Until 2:12AM Sat

Nataraja: Purple

4th Phase

Creative Work Amrita Yoga

Ekadashi Until 2:18PM

Moon – Green

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 2:18PM

Then Creative Work - Siddha Yoga

3

Saturday, May 26, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantra Vasara Yuktayam
Hasta/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Istanbul, Turkey

Tula Rasi: 0.41 Tilthi 12 – 13

Gulika 4:39AM – 6:30AM

Hasta Until 2:11PM

Ganesha: Purple Sunrise: 4:39AM

Sun 25 Sutra 41

Vilamba 5120

Yama 1:54PM – 3:45PM

Vyatipata* Until 14:11AM Sun

Muruga: White Sunset: 7:26PM

Moon 4 - Phase 6

366932369 Rahu 8:21AM – 10:12AM

Kaulava Until 2:17AM Sun

Nataraja: Purple

4th Phase

Routine Work Marana Yoga

Dvadashi Until 2:11PM

Moon – Green

Bhuloka Day

Until 2:11PM

Then Creative Work - Siddha Yoga

Pradosha Vrata

4

Sunday, May 27, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Chitra/Vishakha Nakshatra Variyan/Parigha* Yoga Talita/Vanija Karana Trayodashi/Chaturdashyam Titau

Istanbul, Turkey

Tula Rasi: 13.34 Tilthi 13 – 14

Gulika 3:45PM – 5:36PM

Chitra Until 2:27PM

Ganesha: Purple Sunrise: 4:39AM

Sun 26 Sutra 42

Vilamba 5120

Yama 12:03PM – 1:54PM

Variyan Until 5:56PM

Muruga: White Sunset: 7:27PM

Moon 4 - Phase 6

366932369 Rahu 5:36PM – 7:27PM

Vanija Until 14:69AM Mon

Nataraja: Purple

4th Phase

Creative Work Siddha Yoga

Trayodashi Until 2:27PM

Moon – Green

Bhuloka Day

Until 2:27PM

Then Routine Work - Marana Yoga

Jyeshtha Adhika-Vaikasi

O

Monday, May 28, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Istanbul, Turkey

Tula Rasi: 26.16 Tilthi 14 – 15

Gulika 1:54PM – 3:46PM

Vishakha Until 4:17PM Tue

Ganesha: Clear Sunrise: 4:38AM

Sun 27 Sutra 43

Vilamba 5120

Yama 10:12AM – 12:03PM

Parigha* Until 1:44PM

Muruga: White Sunset: 7:28PM

Moon 4 - Phase 6

Family Home Evening 376932369 Rahu 6:29AM – 8:21AM

Visti Until 3:41AM Tue

Nataraja: Purple

Purnima

Routine Work Marana Yoga

Chaturdashi* Until 3:09PM

Moon – Orange

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 4:17PM Tue

Then Creative Work - Siddha Yoga

Tuesday, May 29, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau

Istanbul, Turkey

Vrischika Rasi: 8.46 Tilthi 15 – 16

Gulika 12:03PM – 1:55PM

Vishakha Until 4:17PM

Ganesha: Clear Sunrise: 4:38AM

Sun 28 Sutra 44

Vilamba 5120

Yama 8:20AM – 10:12AM

Shiva Until 9:22PM

Muruga: White Sunset: 7:29PM

Moon 4 - Phase 6

376932369 Rahu 3:46PM – 5:37PM

Kaulava Until 17:52AM Wed

Nataraja: Purple

Prathama

Creative Work Siddha Yoga

Purnima* Until 4:17PM

Moon – Orange

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 4:17PM

Then Routine Work - Marana Yoga

Vaikasi Visakam

Jyeshtha Adhika-Vaikasi



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Istanbul, Turkey

Vrischika Rasi: 21.04 Tithi 16 – 17

387932369

Gulika 10:12AM – 12:03PM
Yama 6:29AM – 8:20AM
Rahu 12:03PM – 1:55PM

Jyeshtha* Until 11:29PM
Siddha Until 11:29PM
Gara Until 19:53AM Thu
Prathama* Until 5:52PM

Ganesha: Clear Sunrise: 4:37AM
Muruga: White Sunset: 7:30PM
Nataraja: Purple
Moon – Orange

Sutra 45
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 11:29PM
Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Tailila/Visti* Karana Dvitiyayam Titau

Istanbul, Turkey

Dhanus Rasi: 3.11 Tithi 17

386932369

Gulika 8:20AM – 10:12AM
Yama 4:36AM – 6:28AM
Rahu 1:55PM – 3:47PM

Mula* Until 2:19AM Fri
Sadhya Until 2:19AM Fri
Tailila Until 8:62AM Fri
Dvitiya Until 14:27AM Thu

Ganesha: White Sunrise: 4:36AM
Muruga: White Sunset: 7:30PM
Nataraja: Purple
Moon – Light Blue

Sun 1 Sutra 46
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 2:19AM Fri
Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Dhanus Rasi: 15.09 Tithi 18

387932369

Gulika 6:28AM – 8:20AM
Yama 3:47PM – 5:39PM
Rahu 10:12AM – 12:04PM

Purvashadha* Until 5:17AM Sat
Subha Until 3:18PM
Vanija Until 9:02AM
Tritiya Until 10:13PM

Ganesha: Yellow Sunrise: 4:36AM
Muruga: White Sunset: 7:31PM
Nataraja: Purple
Moon – Light Blue

Sun 2 Sutra 47
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga
Until 5:17AM Sat
Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Istanbul, Turkey

Dhanus Rasi: 27 Tithi 19

387932369

Gulika 4:36AM – 6:28AM
Yama 1:56PM – 3:48PM
Rahu 8:20AM – 10:12AM

Uttarashadha Until 8:15AM Sun
Sukla Until 4:20PM
Bava Until 13:66AM Sun
Chaturthi* Until 3:18PM

Ganesha: Yellow Sunrise: 4:36AM
Muruga: White Sunset: 7:32PM
Nataraja: Purple
Moon – Light Blue

Sun 3 Sutra 48
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga
Until 8:15AM Sun
Then Creative Work - Amrita Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Panchamyam Titau

Istanbul, Turkey

Makara Rasi: 8.48 Tithi 20

387932369

Gulika 3:48PM – 5:40PM
Yama 12:04PM – 1:56PM
Rahu 5:40PM – 7:33PM

Uttarashadha Until 8:15AM
Brahma Until 5:27PM
Kaulava Until 2:06PM
Panchami Until 3:22AM Mon

Ganesha: Yellow Sunrise: 4:35AM
Muruga: White Sunset: 7:33PM
Nataraja: Purple
Moon – Light Blue

Sun 4 Sutra 49
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Makara Rasi: 20.35 Tithi 21

397932369

Gulika 1:56PM – 3:49PM
Yama 10:12AM – 12:04PM
Rahu 6:27AM – 8:19AM

Shravana Until 11:32AM
Indra Until 6:30PM
Gara Until 4:37PM
Shashthi* Until 5:46AM Tue

Ganesha: Blue Sunrise: 4:35AM
Muruga: White Sunset: 7:33PM
Nataraja: Purple
Moon – Purple

Sun 5 Sutra 50
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day
Devaloka Time: 9:AM to 12:PM

Family Home Evening
Creative Work Amrita Yoga
Until 11:32AM
Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Visti* Karana Saptamyam Titau

Istanbul, Turkey

Kumbha Rasi: 2.28 Tithi 22

397132361

Gulika 12:04PM – 1:57PM
Yama 8:19AM – 10:12AM
Rahu 3:49PM – 5:42PM

Dhanishtha Until 2:25PM
Vaidhriti* Until 7:17PM
Visti Until 6:51PM
Saptami Until 7:45AM Wed

Ganesha: Purple Sunrise: 4:34AM
Muruga: White Sunset: 7:34PM
Nataraja: White
Moon – Purple

Sun 6 Sutra 51
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 2:25PM
Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkamba* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Kumbha Rasi: 14.29 Tithi 22 – 23

397132361

Gulika 10:12AM – 12:04PM
Yama 6:27AM – 8:19AM
Rahu 12:04PM – 1:57PM

Shatabhishak Until 4:39PM
Vishkamba* Until 7:41PM
Balava Until 8:33PM
Saptami Until 7:45AM

Ganesha: Purple Sunrise: 4:34AM
Muruga: White Sunset: 7:35PM
Nataraja: White
Moon – Purple

Sun 7 Sutra 52
Vilamba 5120
Moon 5 - Phase 7
Ashtami

Devaloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 4:39PM
Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Kumbha Rasi: 26.46 Tithi 23 – 24

317132361

Gulika 8:19AM – 10:12AM
Yama 4:34AM – 6:27AM
Rahu 1:57PM – 3:50PM

Purvaproshtapada* Until 6:33PM
Priti Until 7:33PM
Tailila Until 9:33PM
Ashtami* Until 9:08AM

Ganesha: Blue Sunrise: 4:34AM
Muruga: White Sunset: 7:35PM
Nataraja: White
Moon – Clear

Sun 8 Sutra 53
Vilamba 5120
Moon 5 - Phase 7
Navami

Devaloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey
Uttaraproshtpada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Sun 9		Sutra 54		
Meena Rasi: 9.23	Tithi 24 – 25	Gulika 6:26AM – 8:19AM	Uttaraproshtpada Until 7:31PM	Ganesha: Red <i>Sunrise:</i> 4:34AM	Vilamba 5120	
		Yama 3:50PM – 5:43PM	Ayushman Until 6:45PM	Muruga: White <i>Sunset:</i> 7:36PM	Moon 5 - Phase 8	
		318132361 Rahu 10:12AM – 12:05PM	Vanija Until 9:44PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 9:44AM	Moon – Clear	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Istanbul, Turkey
Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Sutra 55		
Meena Rasi: 22.23	Tithi 25 – 26	Gulika 4:33AM – 6:26AM	Revati Until 7:29PM	Ganesha: Red <i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 1:58PM – 3:51PM	Saubhagya Until 5:18PM	Muruga: White <i>Sunset:</i> 7:36PM	Moon 5 - Phase 8	
		318132361 Rahu 8:19AM – 10:12AM	Bava Until 9:04PM	Nataraja: White	2nd Phase	
Routine Work	Prabalarishta Yoga		Dashami Until 9:29AM	Moon – Clear	Bhuloka Day	
Until 7:29PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey
Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11		Sutra 56		
Mesha Rasi: 5.52	Tithi 26 – 27	Gulika 3:51PM – 5:44PM	Ashvini Until 6:58PM	Ganesha: Green <i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 12:05PM – 1:58PM	Sobhana Until 3:13PM	Muruga: White <i>Sunset:</i> 7:37PM	Moon 5 - Phase 8	
		328132361 Rahu 5:44PM – 7:37PM	Kaulava Until 7:36PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:25AM	Moon – White	Bhuloka Day	
Until 6:58PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Prabalarishta Yoga						

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 57		
Mesha Rasi: 19.47	Tithi 27 – 28	Gulika 1:58PM – 3:51PM	Bharani Until 5:35PM	Ganesha: Green <i>Sunrise:</i> 4:33AM	Vilamba 5120	
Family Home Evening		Yama 10:12AM – 12:05PM	Athiganda* Until 12:30PM	Muruga: White <i>Sunset:</i> 7:38PM	Moon 5 - Phase 8	
		328132361 Rahu 6:26AM – 8:19AM	Vanija Until 4:05AM Tue	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 6:34AM	Moon – White	Bhuloka Day	
Until 5:35PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey
Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 58		
Vrishabha Rasi: 4.08	Tithi 29	Gulika 12:05PM – 1:59PM	Krittika Until 3:29PM	Ganesha: Green <i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 8:19AM – 10:12AM	Sukarma Until 9:18AM	Muruga: White <i>Sunset:</i> 7:38PM	Moon 5 - Phase 8	
		328132361 Rahu 3:52PM – 5:45PM	Visti Until 2:40PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:06AM Wed	Moon – White	Bhuloka Day	
Until 3:29PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Amrita Yoga						

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Istanbul, Turkey
Retreat Star		Sun 14		Sutra 59		
Vrishabha Rasi: 18.5	Tithi 30	Gulika 10:12AM – 12:06PM	Rohini Until 1:15PM	Ganesha: White <i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 6:26AM – 8:19AM	Shula* Until 1:52AM Thu	Muruga: White <i>Sunset:</i> 7:38PM	Moon 5 - Phase 8	
		338132361 Rahu 12:06PM – 1:59PM	Catuspada Until 11:30AM	Nataraja: White	Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 9:47PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Istanbul, Turkey
Retreat Star		Sun 15		Sutra 60		
Mithuna Rasi: 3.46	Tithi 1	Gulika 8:19AM – 10:13AM	Mrigashira Until 2:44PM Fri	Ganesha: Clear <i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 4:33AM – 6:26AM	Ganda* Until 9:53PM	Muruga: White <i>Sunset:</i> 7:39PM	Moon 5 - Phase 8	
		339132361 Rahu 1:59PM – 3:52PM	Kintughna Until 8:03AM	Nataraja: White	Prathama	
Routine Work	Marana Yoga		Prathama* Until 6:16PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM	

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey Sun 16 Sutra 61	
Mithuna Rasi: 18.48	Tithi 2 - 3	Gulika 6:26AM - 8:19AM	Mrigashira Until 2:44PM	Ganesh: Clear	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 3:53PM - 5:46PM	Vriddhi Until 5:56PM	Muruga: White	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 9	
		339132361 Rahu 10:13AM - 12:06PM	Taitila Until 1:02AM Sat	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 2:44PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Istanbul, Turkey Sun 17 Sutra 62	
Kataka Rasi: 3.47	Tithi 3 - 4	Gulika 4:33AM - 6:26AM	Ardra Until 11:20AM	Ganesh: Orange	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 2:00PM - 3:53PM	Dhruva Until 9:88AM Sun	Muruga: White	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 9	
		349132361 Rahu 8:20AM - 10:13AM	Vanija Until 9:44PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 11:20AM	Moon - Blue		Bhuloka Day	
Until 11:20AM				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey Sun 18 Sutra 63	
Kataka Rasi: 18.35	Tithi 4 - 5	Gulika 3:53PM - 5:47PM	Ashlesha* Until 3:09AM Tue Mon	Ganesh: Orange	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 12:07PM - 2:00PM	Vyaghata* Until 10:28AM	Muruga: White	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 9	
		349132361 Rahu 5:47PM - 7:40PM	Bava Until 6:46PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 8:11AM	Moon - Blue		Bhuloka Day	
Until 3:09AM Tue Mon		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey Sun 19 Sutra 64	
Simha Rasi: 3.06	Tithi 6	Gulika 2:00PM - 3:54PM	Ashlesha* Until 3:09AM Tue	Ganesh: Green	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
Family Home Evening		Yama 10:13AM - 12:07PM	Harshana Until 4:20AM Tue	Muruga: White	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 Rahu 6:26AM - 8:20AM	Kaulava Until 4:15PM	Nataraja: White		3rd Phase	
Until 3:09AM Tue			Shashthi* Until 3:09AM Tue	Moon - Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey Sun 20 Sutra 65	
Simha Rasi: 17.17	Tithi 7	Gulika 12:07PM - 2:00PM	Purvaphalguni Until 10:12PM	Ganesh: Green	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
		Yama 8:20AM - 10:13AM	Siddhi Until 1:55AM Wed	Muruga: White	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 9	
		359132361 Rahu 3:54PM - 5:47PM	Gara Until 2:15PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 1:27AM Wed	Moon - Red		Devaloka Day	
Until 10:12PM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey Sun 21 Sutra 66	
Retreat Star		Gulika 10:14AM - 12:07PM	Uttaraphalguni Until 9:36PM	Ganesh: Green	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
Kanya Rasi: 1.07	Tithi 8	Yama 6:27AM - 8:20AM	Vyatipata* Until 12:01AM Thu	Muruga: White	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 9	
		359132361 Rahu 12:07PM - 2:01PM	Visti Until 12:49PM	Nataraja: White		Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 12:19AM Thu	Moon - Red		Devaloka Day	
Until 9:36PM		Chidambaram Abhishekam		Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey Sun 22 Sutra 67	
Retreat Star		Gulika 8:20AM - 10:14AM	Hasta Until 9:54PM	Ganesh: Red	<i>Sunrise:</i> 4:33AM	Vilamba 5120	
Kanya Rasi: 14.35	Tithi 9	Yama 4:33AM - 6:27AM	Variyan Until 10:33PM	Muruga: White	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 9	
		369132361 Rahu 2:01PM - 3:54PM	Balava Until 12:00PM	Nataraja: White		Navami	
Routine Work	Marana Yoga		Navami* Until 11:47PM	Moon - Green		Bhuloka Day	
Until 9:54PM				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudev.org/panchang

1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey	
		Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 68	
		Gulika	6:27AM – 8:21AM	Chitra Until 10:35PM	Ganesh: Green	<i>Sunrise:</i> 4:34AM	Vilamba 5120
Kanya Rasi: 27.44 Tiithi 10		Yama	3:54PM – 5:48PM	Parigha* Until 9:32PM	Muruga: White	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 10
		361132361 Rahu	10:14AM – 12:08PM	Taitila Until 11:45AM	Nataraja: White		4th Phase
Creative Work Siddha Yoga						Bhuloka Day	
						Jyeshtha-Ani	

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Istanbul, Turkey	
		Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 69	
		Gulika	4:34AM – 6:27AM	Svati Until 11:38PM	Ganesh: Green	<i>Sunrise:</i> 4:34AM	Vilamba 5120
Tula Rasi: 11 Tiithi 11		Yama	2:01PM – 3:55PM	Shiva Until 8:58PM	Muruga: White	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
		361132361 Rahu	8:21AM – 10:14AM	Vanija Until 12:03PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga						Bhuloka Day	
						Jyeshtha-Ani	

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey	
		Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 70	
		Gulika	3:55PM – 5:48PM	Vishakha Until 1:28AM Mon	Ganesh: Red	<i>Sunrise:</i> 4:34AM	Vilamba 5120
Tula Rasi: 23.14 Tiithi 12		Yama	12:08PM – 2:01PM	Siddha Until 8:45PM	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
		371142361 Rahu	5:48PM – 7:42PM	Bava Until 12:50PM	Nataraja: White		4th Phase
Routine Work Marana Yoga						Devaloka Day	
Until 1:28AM Mon							
Then Creative Work - Siddha Yoga							

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Istanbul, Turkey	
		Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 71	
		Gulika	2:02PM – 3:55PM	Anuradha Until 4:40AM Wed Tue	Ganesh: Red	<i>Sunrise:</i> 4:35AM	Vilamba 5120
Vrischika Rasi: 5.39 Tiithi 13		Yama	10:15AM – 12:08PM	Sadhya Until 8:52PM	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
Family Home Evening		371142361 Rahu	6:28AM – 8:21AM	Kaulava Until 2:05PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga						Devaloka Day	
Until 4:40AM Wed Tue							
Then Routine Work - Marana Yoga							

Pradosha Vrata

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey	
		Anuradha/Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 72	
		Gulika	12:08PM – 2:02PM	Anuradha Until 4:40AM Wed	Ganesh: Red	<i>Sunrise:</i> 4:35AM	Vilamba 5120
Vrischika Rasi: 17.53 Tiithi 14		Yama	8:22AM – 10:15AM	Subha Until 5:51AM Wed	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
		371142361 Rahu	3:55PM – 5:49PM	Gara Until 3:44PM	Nataraja: White		4th Phase
Routine Work Marana Yoga						Devaloka Day	
						Jyeshtha-Ani	

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Istanbul, Turkey	
Copper Retreat Star		Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 73	
		Gulika	10:15AM – 12:09PM	Mula* Until 8:48AM Thu	Ganesh: Red	<i>Sunrise:</i> 4:35AM	Vilamba 5120
Vrischika Rasi: 29.59 Tiithi 15		Yama	6:29AM – 8:22AM	Sukla Until 8:48AM Thu	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
		371142361 Rahu	12:09PM – 2:02PM	Visti Until 5:45PM	Nataraja: White		Purnima
Routine Work Marana Yoga						Devaloka Day	
Until 8:48AM Thu							
Then Creative Work - Siddha Yoga							

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Istanbul, Turkey	
Silver Retreat Star		Mula*/Purvashadha* Nakshatra Brahma Yoga Bava Karana Purnima/Prathamayam Titau				Sutra 74	
		Gulika	8:22AM – 10:15AM	Mula* Until 8:48AM	Ganesh: Blue	<i>Sunrise:</i> 4:36AM	Vilamba 5120
Dhanus Rasi: 11.56 Tiithi 15 – 16		Yama	4:36AM – 6:29AM	Brahma Until 10:57PM	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 10
		381142361 Rahu	2:02PM – 3:55PM	Bava Until 6:51AM	Nataraja: White		Prathama
Creative Work Siddha Yoga						Bhuloka Day	
						Jyeshtha-Ani	

Devaloka Time: 12:PM to 3:PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1	Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey	
	Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 84		Vilamba 5120	
Mesha Rasi: 14.23	Tithi 25	Gulika 3:55PM – 5:48PM	Bharani Until 3:18AM Mon	Ganesh: Orange	<i>Sunrise:</i> 4:41AM	Moon 6 - Phase 12		2nd Phase
		Yama 12:11PM – 2:03PM	Dhriti Until 10:58PM	Muruga: Clear	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 12		2nd Phase
		422242361 Rahu 5:48PM – 7:40PM	Vanija Until 8:48AM	Nataraja: White		Moon – White		Devaloka Day
Routine Work	Prabalarishta Yoga		Dashami Until 8:01PM	Moon – White				
Until 3:18AM Mon				Jyeshtha•Ani				
Then Routine Work - Marana Yoga								

2	Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Istanbul, Turkey	
	Krittika Nakshatra Shula* Yoga Bava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 85		Vilamba 5120	
Mesha Rasi: 28.14	Tithi 26 – 27	Gulika 2:03PM – 3:55PM	Krittika Until 3:15PM Tue	Ganesh: Orange	<i>Sunrise:</i> 4:42AM	Moon 6 - Phase 12		2nd Phase
Family Home Evening		Yama 10:18AM – 12:11PM	Shula* Until 8:10PM	Muruga: Clear	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 12		2nd Phase
		422242361 Rahu 6:34AM – 8:26AM	Bava Until 7:05AM	Nataraja: White		Moon – White		Devaloka Day
Routine Work	Marana Yoga		Ekadashi* Until 5:57PM	Moon – White				
Until 3:15PM Tue				Jyeshtha•Ani				
Then Creative Work - Amrita Yoga								

3	Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey	
	Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 86		Vilamba 5120	
Vrishabha Rasi: 12.31	Tithi 27 – 28	Gulika 12:11PM – 2:03PM	Krittika Until 3:15PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:42AM	Moon 6 - Phase 12		2nd Phase
		Yama 8:27AM – 10:19AM	Ganda* Until 12:71AM Wed	Muruga: Clear	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 12		2nd Phase
		422242361 Rahu 3:55PM – 5:47PM	Gara Until 1:44AM Wed	Nataraja: White		Moon – Yellow		Bhuloka Day
Creative Work	Amrita Yoga		Dvadashi* Until 8:10PM	Moon – Yellow		Devaloka Time: 12:PM to 3:PM		
Until 3:15PM				Jyeshtha•Ani				
Then Creative Work - Siddha Yoga								

4	Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Istanbul, Turkey	
	Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 87		Vilamba 5120	
Vrishabha Rasi: 27.11	Tithi 28 – 29	Gulika 10:19AM – 12:11PM	Mrigashira Until 9:12PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:43AM	Moon 6 - Phase 12		2nd Phase
		Yama 6:35AM – 8:27AM	Vridhi Until 1:11PM	Muruga: Clear	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 12		2nd Phase
		422242361 Rahu 12:11PM – 2:03PM	Visti Until 10:22PM	Nataraja: White		Moon – Yellow		Bhuloka Day
Creative Work	Siddha Yoga		Trayodashi* Until 12:04PM	Moon – Yellow		Devaloka Time: 12:PM to 3:PM		
				Jyeshtha•Ani				

	Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Istanbul, Turkey	
	Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 88	
Mithuna Rasi: 12.1	Tithi 29 – 30	Gulika 8:27AM – 10:19AM	Ardra Until 6:17PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:44AM	Moon 6 - Phase 12		Amavasya
		Yama 4:44AM – 6:36AM	Dhruva Until 9:12AM	Muruga: Clear	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 12		Amavasya
		422242361 Rahu 2:03PM – 3:55PM	Catuspada Until 6:43PM	Nataraja: White		Moon – Yellow		Bhuloka Day
Routine Work	Marana Yoga		Chaturdashi* Until 8:33AM	Moon – Yellow		Devaloka Time: 12:PM to 3:PM		
Until 6:17PM				Jyeshtha•Ani				
Then Creative Work - Amrita Yoga								

Friday, July 13, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey	
	Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 89		Vilamba 5120	
Mithuna Rasi: 27.19	Tithi 1	Gulika 6:36AM – 8:28AM	Punarvasu Until 3:30PM	Ganesh: Purple	<i>Sunrise:</i> 4:44AM	Moon 6 - Phase 12		Prathama
		Yama 3:55PM – 5:46PM	Harshana Until 12:55AM Sat	Muruga: Clear	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 12		Prathama
		422242361 Rahu 10:20AM – 12:11PM	Kintughna Until 2:58PM	Nataraja: White		Moon – Blue		Bhuloka Day
Creative Work	Siddha Yoga		Prathama* Until 1:05AM Sat	Moon – Blue		Devaloka Time: 12:PM to 3:PM		
Until 3:30PM		Partial Solar Eclipse		Ashada•Ani				
Then Routine Work - Marana Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Istanbul, Turkey
	Kataka Rasi: 12.29 Tithi 2		Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 90
			Gulika 4:45AM – 6:37AM	Pushya Until 12:38PM	Ganesha: Purple <i>Sunrise:</i> 4:45AM	Vilamba 5120	
			Yama 2:03PM – 3:54PM	Vajra* Until 8:51PM	Muruga: Clear <i>Sunset:</i> 7:37PM	Moon 6 - Phase 13	
		442242361	Rahu 8:28AM – 10:20AM	Balava Until 11:16AM	Nataraja: White	3rd Phase	
				Dvitiya Until 9:28PM	Moon – Blue		
					Ashada*Ani	Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

2	Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey
	Kataka Rasi: 27.31 Tithi 3		Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 91
			Gulika 3:54PM – 5:45PM	Ashlesha* Until 9:51AM	Ganesha: Purple <i>Sunrise:</i> 4:46AM	Vilamba 5120	
			Yama 12:11PM – 2:03PM	Siddhi Until 5:02PM	Muruga: Clear <i>Sunset:</i> 7:37PM	Moon 6 - Phase 13	
		442242361	Rahu 5:45PM – 7:37PM	Tailila Until 7:46AM	Nataraja: White	3rd Phase	
				Tritiya Until 6:07PM	Moon – Blue		
					Ashada*Ani	Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

3	Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
	Simha Rasi: 12.17 Tithi 4 – 5		Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Sun 17 Sutra 92
			Gulika 2:03PM – 3:54PM	Magha* Until 7:43AM	Ganesha: Purple <i>Sunrise:</i> 4:47AM	Vilamba 5120	
			Yama 10:20AM – 12:11PM	Vyatipata* Until 1:34PM	Muruga: Clear <i>Sunset:</i> 7:36PM	Moon 6 - Phase 13	
		453242361	Rahu 6:38AM – 8:29AM	Bava Until 1:57AM Tue	Nataraja: White	3rd Phase	
				Chaturthi* Until 3:12PM	Moon – Red		
					Ashada*Adi	Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

4	Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey
	Simha Rasi: 26.41 Tithi 5 – 6		Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 18 Sutra 93
			Gulika 12:12PM – 2:03PM	Uttaraphalguni Until 4:39AM Wed	Ganesha: Purple <i>Sunrise:</i> 4:48AM	Vilamba 5120	
			Yama 8:30AM – 10:21AM	Variyan Until 10:31AM	Muruga: Clear <i>Sunset:</i> 7:36PM	Moon 6 - Phase 13	
		453242362	Rahu 3:54PM – 5:45PM	Kaulava Until 11:53PM	Nataraja: Clear	3rd Phase	
				Panchami Until 12:49PM	Moon – Red		
					Ashada*Adi	Devaloka Day	

5	Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Istanbul, Turkey
	Kanya Rasi: 10.41 Tithi 6 – 7		Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 94
			Gulika 10:21AM – 12:12PM	Hasta Until 10:05AM Thu	Ganesha: Clear <i>Sunrise:</i> 4:48AM	Vilamba 5120	
			Yama 6:39AM – 8:30AM	Parigha* Until 8:01AM	Muruga: Clear <i>Sunset:</i> 7:35PM	Moon 6 - Phase 13	
		463242362	Rahu 12:12PM – 2:02PM	Gara Until 10:31PM	Nataraja: Clear	3rd Phase	
				Shashthi* Until 10:31AM	Moon – Green		
					Ashada*Adi	Sivaloka Day	

☾	Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Istanbul, Turkey
	Retreat Star		Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 95
			Gulika 8:30AM – 10:21AM	Hasta Until 10:05AM	Ganesha: Clear <i>Sunrise:</i> 4:49AM	Vilamba 5120	
			Yama 4:49AM – 6:40AM	Shiva Until 4:45AM Fri	Muruga: Clear <i>Sunset:</i> 7:34PM	Moon 6 - Phase 13	
		463242362	Rahu 2:02PM – 3:53PM	Visti Until 9:52PM	Nataraja: Clear	Ashtami	
				Saptami Until 10:05AM	Moon – Green		
					Ashada*Adi	Sivaloka Day	

☽	Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey
	Retreat Star		Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 96
			Gulika 6:40AM – 8:31AM	Svati Until 5:26AM Sat	Ganesha: Clear <i>Sunrise:</i> 4:50AM	Vilamba 5120	
			Yama 3:53PM – 5:43PM	Sadhya Until 3:58AM Sat	Muruga: Clear <i>Sunset:</i> 7:34PM	Moon 6 - Phase 13	
		463242362	Rahu 10:21AM – 12:12PM	Balava Until 9:57PM	Nataraja: Clear	Navami	
				Ashtami* Until 9:48AM	Moon – Green		
					Ashada*Adi	Sivaloka Day	

1 Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey Sun 22 Sutra 97
Tula Rasi: 20.13	Tithi 9 – 10	Gulika 4:51AM – 6:41AM	Vishakha Until 7:12AM Sun	Ganesh: White <i>Sunrise:</i> 4:51AM	Vilamba 5120	
		Yama 2:02PM – 3:52PM	Subha Until 3:44AM Sun	Muruga: Clear <i>Sunset:</i> 7:33PM	Moon 6 - Phase 14	
		473242362 Rahu 8:31AM – 10:22AM	Taitila Until 10:42PM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga		Navami* Until 3:58AM Sat	Moon – Orange		Devaloka Day
Until 7:12AM Sun				Ashada*Adi		
Then Routine Work - Marana Yoga						

2 Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Istanbul, Turkey Sun 23 Sutra 98
Vrischika Rasi: 2.43	Tithi 10 – 11	Gulika 3:52PM – 5:42PM	Vishakha Until 7:12AM	Ganesh: White <i>Sunrise:</i> 4:52AM	Vilamba 5120	
		Yama 12:12PM – 2:02PM	Sukla Until 3:54AM Mon	Muruga: Clear <i>Sunset:</i> 7:32PM	Moon 6 - Phase 14	
		473242362 Rahu 5:42PM – 7:32PM	Vanija Until 12:02AM Mon	Nataraja: Clear	4th Phase	
Routine Work	Marana Yoga		Dashami Until 11:17AM	Moon – Orange		Devaloka Day
				Ashada*Adi		

3 Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Istanbul, Turkey Sun 24 Sutra 99
Vrischika Rasi: 14.58	Tithi 11 – 12	Gulika 2:02PM – 3:52PM	Anuradha Until 9:20AM	Ganesh: White <i>Sunrise:</i> 4:53AM	Vilamba 5120	
Family Home Evening		Yama 10:22AM – 12:12PM	Brahma Until 4:26AM Tue	Muruga: Clear <i>Sunset:</i> 7:31PM	Moon 6 - Phase 14	
		473242362 Rahu 6:42AM – 8:32AM	Bava Until 1:52AM Tue	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:52PM	Moon – Orange		Devaloka Day
				Ashada*Adi		

4 Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Istanbul, Turkey Sun 25 Sutra 100
Vrischika Rasi: 27.02	Tithi 12 – 13	Gulika 12:12PM – 2:02PM	Jyeshtha* Until 11:45AM	Ganesh: White <i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 8:33AM – 10:22AM	Indra Until 5:16AM Wed	Muruga: Clear <i>Sunset:</i> 7:30PM	Moon 6 - Phase 14	
		473242362 Rahu 3:51PM – 5:41PM	Kaulava Until 4:03AM Wed	Nataraja: Clear	4th Phase	
Routine Work	Marana Yoga		Dvodashi Until 2:54PM	Moon – Orange		Devaloka Day
Until 11:45AM				Ashada*Adi		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>		

5 Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey Sun 26 Sutra 101
Dhanus Rasi: 8.58	Tithi 13 – 14	Gulika 10:23AM – 12:12PM	Mula* Until 2:48PM	Ganesh: Red <i>Sunrise:</i> 4:54AM	Vilamba 5120	
		Yama 6:44AM – 8:33AM	Vaidhriti* Until 6:15AM Thu	Muruga: Clear <i>Sunset:</i> 7:29PM	Moon 6 - Phase 14	
		483342362 Rahu 12:12PM – 2:01PM	Gara Until 6:30AM Thu	Nataraja: Clear	4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 5:14PM	Moon – Light Blue		Sivaloka Day
Until 2:48PM				Ashada*Adi		
Then Creative Work - Amrita Yoga						

6 Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 102
Dhanus Rasi: 20.49	Tithi 14	Gulika 8:34AM – 10:23AM	Purvashadha* Until 5:53PM	Ganesh: Red <i>Sunrise:</i> 4:55AM	Vilamba 5120	
		Yama 4:55AM – 6:45AM	Vaidhriti* Until 6:15AM	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 6 - Phase 14	
		483342362 Rahu 2:01PM – 3:50PM	Gara Until 6:30AM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:46PM	Moon – Light Blue		Sivaloka Day
Until 5:53PM				Ashada*Adi		
Then Routine Work - Marana Yoga						

Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey Sun 28 Sutra 103
Copper Retreat Star		Gulika 6:45AM – 8:34AM	Uttarashadha Until 8:52PM	Ganesh: Red <i>Sunrise:</i> 4:56AM	Vilamba 5120	
Makara Rasi: 2.37	Tithi 15	Yama 3:50PM – 5:39PM	Vishkambha* Until 7:21AM	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 6 - Phase 14	
		483342362 Rahu 10:23AM – 12:12PM	Visti Until 9:05AM	Nataraja: Clear	Purnima	
Routine Work	Marana Yoga		Purnima* Until 10:21PM	Moon – Light Blue		Sivaloka Day
				Ashada*Adi		
		Total Lunar Eclipse				
		Satguru Purnima				

Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Istanbul, Turkey Sun 29 Sutra 104
Silver Retreat Star		Gulika 4:57AM – 6:46AM	Shravana Until 12:08AM Sun	Ganesh: Blue <i>Sunrise:</i> 4:57AM	Vilamba 5120	
Makara Rasi: 14.24	Tithi 16	Yama 2:01PM – 3:49PM	Priti Until 8:29AM	Muruga: Clear <i>Sunset:</i> 7:27PM	Moon 6 - Phase 14	
		493342362 Rahu 8:35AM – 10:23AM	Balava Until 11:39AM	Nataraja: Clear	Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:53AM Sun	Moon – Purple		Devaloka Day
Until 12:08AM Sun				Ashada*Adi		
Then Routine Work - Marana Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Istanbul, Turkey

Makara Rasi: 26.13 Tiithi 17

Gulika 3:49PM – 5:37PM
Yama 12:12PM – 2:00PM
Rahu 5:37PM – 7:26PM

Dhanishtha Until 3:03AM Mon
 Ayushman Until 9:29AM
 Taitila Until 2:06PM
Dvitiya Until 3:14AM Mon

Ganesha: Blue *Sunrise:* 4:58AM
Muruga: Clear *Sunset:* 7:26PM
Nataraja: Clear
 Moon – Purple
Ashada•Adi

Sun 1 Sutra 105
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Devaloka Day

Routine Work Marana Yoga
 Until 3:03AM Mon
 Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
 Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Kumbha Rasi: 8.07 Tiithi 18

Gulika 2:00PM – 3:48PM
Yama 10:24AM – 12:12PM
Rahu 6:47AM – 8:35AM

Shatabhishak Until 6:56AM Wed Tue
 Saubhagya Until 10:20AM
 Vanija Until 4:19PM
Tritiya Until 5:17AM Tue

Ganesha: Blue *Sunrise:* 4:59AM
Muruga: Clear *Sunset:* 7:25PM
Nataraja: Clear
 Moon – Purple
Ashada•Adi

Sun 2 Sutra 106
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Devaloka Day

Family Home Evening
 Creative Work Siddha Yoga
 Until 6:56AM Wed Tue
 Then Routine Work - Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
 Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Bava Karana Chaturthiyam Titau

Istanbul, Turkey

Kumbha Rasi: 20.08 Tiithi 19

Gulika 12:12PM – 2:00PM
Yama 8:36AM – 10:24AM
Rahu 3:48PM – 5:36PM

Shatabhishak Until 6:56AM Wed
 Sobhana Until 10:74AM Wed
 Bava Until 6:11PM
Chaturthi* Until 6:56AM Wed

Ganesha: White *Sunrise:* 5:00AM
Muruga: Clear *Sunset:* 7:24PM
Nataraja: Clear
 Moon – Clear
Ashada•Adi

Sun 3 Sutra 107
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Devaloka Day

Routine Work Marana Yoga
 Until 6:56AM Wed
 Then Creative Work - Siddha Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Meena Rasi: 2.19 Tiithi 19 – 20

Gulika 10:24AM – 12:12PM
Yama 6:49AM – 8:36AM
Rahu 12:12PM – 1:59PM

Purvaproshtapada* Until 7:57AM
 Athiganda* Until 11:14AM
 Kaulava Until 7:36PM
Chaturthi* Until 6:56AM

Ganesha: White *Sunrise:* 5:01AM
Muruga: Clear *Sunset:* 7:22PM
Nataraja: Clear
 Moon – Clear
Ashada•Adi

Sun 4 Sutra 108
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Devaloka Day

Creative Work Amrita Yoga
 Until 7:57AM
 Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
 Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey

Meena Rasi: 14.43 Tiithi 20 – 21

Gulika 8:37AM – 10:24AM
Yama 5:02AM – 6:49AM
Rahu 1:59PM – 3:47PM

Uttaraproshtapada Until 9:43AM
 Sukarma Until 11:07AM
 Gara Until 8:29PM
Panchami Until 8:06AM

Ganesha: White *Sunrise:* 5:02AM
Muruga: Clear *Sunset:* 7:21PM
Nataraja: Clear
 Moon – Clear
Ashada•Adi

Sun 5 Sutra 109
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
 Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Meena Rasi: 27.22 Tiithi 21 – 22

Gulika 6:50AM – 8:37AM
Yama 3:46PM – 5:33PM
Rahu 10:24AM – 12:12PM

Revati Until 10:46AM
 Dhriti Until 10:34AM
 Vanija Until 8:41AM
Shashthi* Until 8:41AM

Ganesha: White *Sunrise:* 5:03AM
Muruga: Clear *Sunset:* 7:20PM
Nataraja: Clear
 Moon – Clear
Ashada•Adi

Sun 6 Sutra 110
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Devaloka Day

Creative Work Siddha Yoga
 Until 10:46AM
 Then Creative Work - Amrita Yoga

6

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
 Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Mesha Rasi: 10.19 Tiithi 22 – 23

Gulika 5:04AM – 6:51AM
Yama 1:58PM – 3:45PM
Rahu 8:38AM – 10:25AM

Ashvini Until 11:30AM
 Shula* Until 9:28AM
 Balava Until 7:81PM
Saptami Until 10:34AM

Ganesha: Clear *Sunrise:* 5:04AM
Muruga: Clear *Sunset:* 7:19PM
Nataraja: Clear
 Moon – White
Ashada•Adi

Sun 7 Sutra 111
 Vilamba 5120
 Moon 7 - Phase 15
 Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Mesha Rasi: 23.37 Tiithi 23 – 24

Gulika 3:45PM – 5:31PM
Yama 12:11PM – 1:58PM
Rahu 5:31PM – 7:18PM

Bharani Until 11:24AM
 Ganda* Until 7:50AM
 Taitila Until 7:16PM
Ashtami* Until 7:53AM

Ganesha: Clear *Sunrise:* 5:05AM
Muruga: Clear *Sunset:* 7:18PM
Nataraja: Clear
 Moon – White
Ashada•Adi

Sun 8 Sutra 112
 Vilamba 5120
 Moon 7 - Phase 15
 Navami

Sivaloka Day

Routine Work Prabalarishta Yoga
 Until 11:24AM
 Then Creative Work - Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
1		Krittika/Rohini Nakshatra Dhruva Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Sun 9 Sutra 113
Vrishabha Rasi: 7.18	Tithi 24 – 25	Gulika	1:58PM – 3:44PM	Krittika Until 10:29AM	Ganesh: Clear	<i>Sunrise:</i> 5:06AM
Family Home Evening	424342362	Yama	10:25AM – 12:11PM	Dhruva Until 2:57AM Tue	Muruga: Clear	<i>Sunset:</i> 7:17PM
Routine Work	Marana Yoga	Rahu	6:52AM – 8:39AM	Visti Until 4:24AM Tue	Nataraja: Clear	Moon 7 - Phase 16
Until 10:29AM				Navami* Until 6:28AM	Moon – White	2nd Phase
Then Creative Work - Amrita Yoga				Navami* Until 6:28AM	Ashada*Adi	Sivaloka Day

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey
2		Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 114
Vrishabha Rasi: 21.24	Tithi 26	Gulika	12:11PM – 1:57PM	Rohini Until 9:13AM	Ganesh: Purple	<i>Sunrise:</i> 5:07AM
		Yama	8:39AM – 10:25AM	Vyaghata* Until 11:47PM	Muruga: Clear	<i>Sunset:</i> 7:15PM
		Rahu	3:43PM – 5:29PM	Bava Until 3:10PM	Nataraja: Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga			Ekadashi* Until 1:46AM Wed	Moon – Yellow	2nd Phase
Until 9:13AM				Ekadashi* Until 1:46AM Wed	Ashada*Adi	Devaloka Day
Then Creative Work - Siddha Yoga						

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Istanbul, Turkey
3		Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava Karana Dvadashyam Titau				Sun 11 Sutra 115
Mithuna Rasi: 5.53	Tithi 27	Gulika	10:25AM – 12:11PM	Mrigashira Until 7:16AM	Ganesh: Purple	<i>Sunrise:</i> 5:08AM
		Yama	6:54AM – 8:39AM	Harshana Until 7:16AM	Muruga: Clear	<i>Sunset:</i> 7:14PM
		Rahu	12:11PM – 1:57PM	Kaulava Until 12:17PM	Nataraja: Clear	Moon 7 - Phase 16
Creative Work	Siddha Yoga			Dvadashi* Until 10:40PM	Moon – Yellow	2nd Phase
				Dvadashi* Until 10:40PM	Ashada*Adi	Devaloka Day

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Istanbul, Turkey
4		Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Sakuni* Karana Trayodashyam Titau				Sun 12 Sutra 116
Mithuna Rasi: 20.41	Tithi 28	Gulika	8:40AM – 10:25AM	Punarvasu Until 2:12AM Fri	Ganesh: Light Blue	<i>Sunrise:</i> 5:09AM
		Yama	5:09AM – 6:54AM	Vajra* Until 2:12AM Fri	Muruga: Clear	<i>Sunset:</i> 7:13PM
		Rahu	1:56PM – 3:42PM	Gara Until 5:28AM Fri	Nataraja: Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga			Trayodashi* Until 8:13PM	Moon – Blue	2nd Phase
Until 2:12AM Fri				Trayodashi* Until 8:13PM	Ashada*Adi	Devaloka Day
Then Routine Work - Marana Yoga						

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey
5		Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 117
Kataka Rasi: 5.43	Tithi 29 – 30	Gulika	6:55AM – 8:40AM	Pushya Until 11:22PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:10AM
		Yama	3:41PM – 5:26PM	Siddhi Until 12:18PM	Muruga: Clear	<i>Sunset:</i> 7:12PM
		Rahu	10:26AM – 12:11PM	Catuspada Until 1:48AM Sat	Nataraja: Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			Chaturdashi* Until 3:37PM	Moon – Blue	2nd Phase
				Chaturdashi* Until 3:37PM	Ashada*Adi	Devaloka Day

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Istanbul, Turkey
Retreat Star		Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 118
Kataka Rasi: 20.5	Tithi 30 – 1	Gulika	5:11AM – 6:56AM	Ashlesha* Until 8:25PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:11AM
		Yama	1:56PM – 3:41PM	Vyatipata* Until 8:25PM	Muruga: Clear	<i>Sunset:</i> 7:10PM
		Rahu	8:41AM – 10:26AM	Naga Until 11:57AM	Nataraja: Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			Amavasya* Until 11:57AM	Moon – Blue	Amavasya
Until 8:25PM				Amavasya* Until 11:57AM	Ashada*Adi	Devaloka Day
Then Creative Work - Amrita Yoga						

Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey
Retreat Star		Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 119
Simha Rasi: 5.54	Tithi 1 – 2	Gulika	3:40PM – 5:24PM	Magha* Until 5:56PM	Ganesh: Clear	<i>Sunrise:</i> 5:12AM
		Yama	12:10PM – 1:55PM	Parigha* Until 5:56PM	Muruga: Clear	<i>Sunset:</i> 7:09PM
		Rahu	5:24PM – 7:09PM	Kaulava Until 4:67AM Mon	Nataraja: Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			Prathama* Until 8:24AM	Moon – Red	Prathama
Until 5:56PM				Prathama* Until 8:24AM	Sravana*Adi	Sivaloka Day
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila Karana Tritiyayam Titau				Istanbul, Turkey Sun 16 Sutra 120 Vilamba 5120
	Simha Rasi: 20.46	Tithi 3	Gulika 1:55PM – 3:39PM	Purvaphalguni Until 3:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:13AM	
	Family Home Evening	455342362	Yama 10:26AM – 12:10PM	Shiva Until 8:49PM	Muruga: Clear	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 17
	Creative Work Siddha Yoga		Rahu 6:57AM – 8:42AM	Taitila Until 3:39PM	Nataraja: Clear		3rd Phase
			Tritiya Until 2:16AM Tue	Moon – Red		Sivaloka Day	
				Sravana-Adi			

2	Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthiyam Titau				Istanbul, Turkey Sun 17 Sutra 121 Vilamba 5120
	Kanya Rasi: 5.19	Tithi 4	Gulika 12:10PM – 1:54PM	Uttaraphalguni Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM	
	Creative Work Amrita Yoga	455342362	Yama 8:42AM – 10:26AM	Siddha Until 5:44PM	Muruga: Clear	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 17
	Until 1:42PM		Rahu 3:38PM – 5:22PM	Vanija Until 1:03PM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga			Chaturthi* Until 11:58PM	Moon – Red		Sivaloka Day	
				Sravana-Adi			

3	Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey Sun 18 Sutra 122 Vilamba 5120
	Kanya Rasi: 19.28	Tithi 5	Gulika 10:26AM – 12:10PM	Hasta Until 12:42PM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	
	Routine Work Marana Yoga	455342362	Yama 6:59AM – 8:42AM	Sadhya Until 3:12PM	Muruga: Clear	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 17
	Until 12:42PM		Rahu 12:10PM – 1:54PM	Bava Until 11:05AM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga		Nag Panchami	Panchami Until 10:22PM	Moon – Green		Subha Sivaloka Day	
				Sravana-Adi			

4	Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtyam Titau				Istanbul, Turkey Sun 19 Sutra 123 Vilamba 5120
	Tula Rasi: 3.09	Tithi 6	Gulika 8:43AM – 10:26AM	Chitra Until 9:31PM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:16AM	
	Creative Work Siddha Yoga	455342362	Yama 5:16AM – 6:59AM	Subha Until 1:17PM	Muruga: Clear	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 17
	Until 9:31PM Fri		Rahu 1:53PM – 3:37PM	Kaulava Until 9:52AM	Nataraja: Clear		3rd Phase
Then Creative Work - Amrita Yoga			Shashthi* Until 9:32PM	Moon – Green		Subha Sivaloka Day	
				Sravana-Adi			

5	Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey Sun 20 Sutra 124 Vilamba 5120
	Tula Rasi: 16.23	Tithi 7	Gulika 7:00AM – 8:43AM	Chitra Until 9:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	
	Creative Work Siddha Yoga	565342362	Yama 3:36PM – 5:19PM	Sukla Until 10:81AM Sat	Muruga: Clear	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 17
	Until 9:31PM Fri		Rahu 10:26AM – 12:09PM	Gara Until 9:26AM	Nataraja: Clear		3rd Phase
Then Creative Work - Siddha Yoga			Saptami Until 9:31PM	Moon – Green		Sivaloka Day	
				Sravana-Avani			

D	Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey Sun 21 Sutra 125 Vilamba 5120
	Retreat Star		Gulika 5:18AM – 7:01AM	Vishakha Until 11:45PM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	
	Tula Rasi: 29.13	Tithi 8	Yama 1:52PM – 3:35PM	Brahma Until 11:21AM	Muruga: Clear	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 17
	Creative Work Siddha Yoga	575342362	Rahu 8:44AM – 10:26AM	Visti Until 9:50AM	Nataraja: Clear		Ashtami
Then Creative Work - Siddha Yoga			Ashtami* Until 10:17PM	Moon – Orange		Subha Sivaloka Day	
				Sravana-Avani			

D	Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey Sun 22 Sutra 126 Vilamba 5120
	Retreat Star		Gulika 3:34PM – 5:17PM	Vishakha Until 11:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	
	Vrischika Rasi: 11.42	Tithi 9	Yama 12:09PM – 1:52PM	Indra Until 11:42AM Mon	Muruga: Clear	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 17
	Routine Work Marana Yoga	575442362	Rahu 5:17PM – 6:59PM	Balava Until 10:58AM	Nataraja: Clear		Navami
Then Creative Work - Siddha Yoga			Navami* Until 11:45PM	Moon – Orange		Sivaloka Day	
				Sravana-Avani			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Vanija Karana Dashamyam Titau				Istanbul, Turkey Sun 23 Sutra 127 Vilamba 5120
1	Vrischika Rasi: 23.53 Tihti 10 Family Home Evening Creative Work Siddha Yoga Until 1:47AM Tue Then Creative Work - Amrita Yoga	Gulika 1:51PM – 3:33PM Yama 10:27AM – 12:09PM Rahu 7:02AM – 8:44AM	Anuradha Until 1:47AM Tue Vaidhriti* Until 6:00PM Tailila Until 12:44PM Dashami Until 1:47AM Tue	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange Sravana-Avani	<i>Sunrise:</i> 5:20AM <i>Sunset:</i> 6:58PM	Moon 7 - Phase 18 4th Phase Sivaloka Day

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey Sun 24 Sutra 128 Vilamba 5120
2	Dhanus Rasi: 5.53 Tihti 11 586442362 Creative Work Amrita Yoga Until 6:46AM Thu Wed Then Creative Work - Siddha Yoga	Gulika 12:09PM – 1:51PM Yama 8:45AM – 10:27AM Rahu 3:32PM – 5:14PM	Mula* Until 6:46AM Thu Wed Vishkambha* Until 12:29PM Vanija Until 2:58PM Ekadashi Until 4:11AM Wed	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue Sravana-Avani	<i>Sunrise:</i> 5:21AM <i>Sunset:</i> 6:56PM	Moon 7 - Phase 18 4th Phase Sivaloka Day

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Dvadashyam Titau				Istanbul, Turkey Sun 25 Sutra 129 Vilamba 5120
3	Dhanus Rasi: 17.44 Tihti 12 586442362 Creative Work Amrita Yoga Until 6:46AM Thu Then Routine Work - Marana Yoga	Gulika 10:27AM – 12:08PM Yama 7:03AM – 8:45AM Rahu 12:08PM – 1:50PM	Mula* Until 6:46AM Thu Priti Until 12:08AM Thu Bava Until 5:29PM Dvadashi Until 6:46AM Thu	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue Sravana-Avani	<i>Sunrise:</i> 5:22AM <i>Sunset:</i> 6:55PM	Moon 7 - Phase 18 4th Phase Sivaloka Day

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 130 Vilamba 5120
4	Dhanus Rasi: 29.32 Tihti 12 – 13 586442362 Routine Work Marana Yoga Until 6:46AM Then Creative Work - Siddha Yoga	Gulika 8:45AM – 10:27AM Yama 5:23AM – 7:04AM Rahu 1:49PM – 3:31PM	Purvashadha* Until 6:46AM Ayushman Until 15:39AM Fri Kaulava Until 7:66PM Dvadashi Until 14:35AM Thu	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue Sravana-Avani	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:53PM	Moon 7 - Phase 18 4th Phase Sivaloka Day

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 131 Vilamba 5120
5	Makara Rasi: 11.2 Tihti 13 – 14 596442362 Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga	Gulika 7:05AM – 8:46AM Yama 3:30PM – 5:11PM Rahu 10:27AM – 12:08PM	Uttarashadha* Until 9:22AM Saubhagya Until 16:36AM Sat Gara Until 10:38PM Trayodashi Until 9:22AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Purple Sravana-Avani	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:52PM	Moon 7 - Phase 18 4th Phase Subha Sivaloka Day

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey Sun 27 Sutra 132 Vilamba 5120
0	Copper Retreat Star Makara Rasi: 23.1 Tihti 14 – 15 596442362 Creative Work Siddha Yoga	Gulika 5:25AM – 7:05AM Yama 1:48PM – 3:29PM Rahu 8:46AM – 10:27AM	Shravana Until 11:49AM Sobhana Until 4:36PM Visti Until 12:58AM Sun Chaturdashi* Until 11:49AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Purple Sravana-Avani	<i>Sunrise:</i> 5:25AM <i>Sunset:</i> 6:50PM	Moon 7 - Phase 18 Purnima Subha Sivaloka Day

Avani Avittam

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey Sun 28 Sutra 133 Vilamba 5120
0	Silver Retreat Star Kumbha Rasi: 5.06 Tihti 15 – 16 596442362 Routine Work Marana Yoga Until 9:07AM Then Creative Work - Siddha Yoga	Gulika 3:28PM – 5:08PM Yama 12:07PM – 1:48PM Rahu 5:08PM – 6:49PM	Dhanishtha Until 9:07AM Athiganda* Until 5:17PM Balava Until 2:58AM Mon Purnima* Until 1:59PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Purple Sravana-Avani	<i>Sunrise:</i> 5:26AM <i>Sunset:</i> 6:49PM	Moon 7 - Phase 18 Prathama Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.1 Tihi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

Until 11:25AM

Then Routine Work - Marana Yoga

Gulika 1:47PM - 3:27PM
Yama 10:27AM - 12:07PM
Rahu 7:07AM - 8:47AM

Shatabhishak Until 11:25AM
Sukarma Until 5:43PM
Taitila Until 4:35AM Tue

Prathama* Until 5:17PM

Ganesh: White Sunrise: 5:27AM
Muruga: Clear Sunset: 6:47PM
Nataraja: Clear

Moon - Purple
Sravana-Avani

Subha Sivaloka Day

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.23 Tihi 17 - 18

Routine Work Marana Yoga

Until 1:39PM

Then Creative Work - Amrita Yoga

Gulika 12:07PM - 1:46PM
Yama 8:47AM - 10:27AM
Rahu 3:26PM - 5:06PM

Purvaproshtapada* Until 1:39PM
Dhriti Until 5:50PM
Vanija Until 5:46AM Wed

Dvitiya Until 5:12PM

Ganesh: Clear Sunrise: 5:28AM
Muruga: Purple Sunset: 6:46PM
Nataraja: Purple

Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shula*/Ganda* Yoga Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.47 Tihi 18

Creative Work Siddha Yoga

Until 3:18PM

Then Routine Work - Marana Yoga

Gulika 10:27AM - 12:06PM
Yama 7:08AM - 8:48AM
Rahu 12:06PM - 1:46PM

Uttaraproshtapada Until 3:18PM
Shula* Until 5:34PM
Visti Until 6:10PM

Tritiya Until 6:10PM

Ganesh: Clear Sunrise: 5:29AM
Muruga: Purple Sunset: 6:44PM
Nataraja: Purple

Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda*/Vridhi Yoga Bava/Taitila Karana Chaturthiyam Titau

Istanbul, Turkey

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.24 Tihi 19

Creative Work Siddha Yoga

Until 4:21PM

Then Creative Work - Amrita Yoga

Gulika 8:48AM - 10:27AM
Yama 5:30AM - 7:09AM
Rahu 1:45PM - 3:24PM

Revati Until 4:21PM
Ganda* Until 4:21PM
Bava Until 6:47AM Fri

Chaturthi* Until 5:34PM

Ganesh: Clear Sunrise: 5:30AM
Muruga: Purple Sunset: 6:42PM
Nataraja: Purple

Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.13 Tihi 20

Creative Work Amrita Yoga

Until 5:16PM

Then Creative Work - Siddha Yoga

Gulika 7:10AM - 8:48AM
Yama 3:23PM - 5:02PM
Rahu 10:27AM - 12:06PM

Ashvini Until 5:16PM
Vridhi Until 4:01PM
Kaulava Until 6:47AM

Panchami Until 6:43PM

Ganesh: Purple Sunrise: 5:31AM
Muruga: Purple Sunset: 6:41PM
Nataraja: Purple

Moon - White
Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.17 Tihi 21

Creative Work Siddha Yoga

Until 5:20PM Sun

Then Creative Work - Amrita Yoga

Gulika 5:32AM - 7:10AM
Yama 1:44PM - 3:22PM
Rahu 8:49AM - 10:27AM

Bharani Until 5:20PM Sun
Dhruva Until 2:40PM
Gara Until 6:35AM

Shashthi* Until 6:17PM

Ganesh: Purple Sunrise: 5:32AM
Muruga: Purple Sunset: 6:39PM
Nataraja: Purple

Moon - White
Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 3.37 Tihi 22 - 23

Creative Work Siddha Yoga

Gulika 3:21PM - 4:59PM
Yama 12:05PM - 1:43PM
Rahu 4:59PM - 6:38PM

Bharani Until 5:20PM
Vyaghata* Until 10:47AM Mon
Balava Until 4:41AM Mon

Saptami Until 2:40PM

Ganesh: Purple Sunrise: 5:33AM
Muruga: Purple Sunset: 6:38PM
Nataraja: Purple

Moon - White
Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 17.13 Tihi 23 - 24

Family Home Evening

Creative Work Amrita Yoga

Gulika 1:43PM - 3:20PM
Yama 10:27AM - 12:05PM
Rahu 7:12AM - 8:49AM

Rohini Until 4:36PM
Harshana Until 10:47AM
Kaulava Until 3:53PM

Ashtami* Until 3:53PM

Ganesh: Clear Sunrise: 5:34AM
Muruga: Purple Sunset: 6:36PM
Nataraja: Purple

Moon - Yellow
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Istanbul, Turkey

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.07 Tihi 24 - 25

Creative Work Siddha Yoga

Until 3:24PM

Then Routine Work - Marana Yoga

Gulika 12:04PM - 1:42PM
Yama 8:50AM - 10:27AM
Rahu 3:19PM - 4:57PM

Mrigashira Until 3:24PM
Vajra* Until 8:12AM
Vanija Until 12:49AM Wed

Navami* Until 1:57PM

Ganesh: White Sunrise: 5:35AM
Muruga: Purple Sunset: 6:34PM
Nataraja: Purple

Moon - Yellow
Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

www.gurudev.org/panchang

1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Istanbul, Turkey Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.2	Tithi 25 – 26	Gulika 10:27AM – 12:04PM	Ardra Until 1:37PM	Ganesha: White	<i>Sunrise:</i> 5:36AM	
			Yama 7:13AM – 8:50AM	Vyatipata* Until 2:00AM Thu	Muruga: Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 Rahu 12:04PM – 1:41PM	Bava Until 10:13PM	Nataraja: Purple		2nd Phase
			Dashami Until 11:33AM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey Sun 10 Sutra 144 Vilamba 5120
	Mithuna Rasi: 29.5	Tithi 26 – 27	Gulika 8:50AM – 10:27AM	Punarvasu Until 11:43AM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	
			Yama 5:37AM – 7:13AM	Variyan Until 10:27PM	Muruga: Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 1:41PM – 3:17PM	Kaulava Until 7:17PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 8:46AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Istanbul, Turkey Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 14.33	Tithi 28	Gulika 7:14AM – 8:51AM	Pushya Until 9:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM	
			Yama 3:16PM – 4:53PM	Parigha* Until 6:43PM	Muruga: Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:27AM – 12:03PM	Gara Until 4:07PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 2:28AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Istanbul, Turkey Sun 12 Sutra 146 Vilamba 5120
	Kataka Rasi: 29.24	Tithi 29	Gulika 5:39AM – 7:15AM	Ashlesha* Until 6:49AM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM	
			Yama 1:39PM – 3:15PM	Shiva Until 2:56PM	Muruga: Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 8:51AM – 10:27AM	Visti Until 12:50PM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 11:11PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				Then Creative Work - Amrita Yoga			

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Istanbul, Turkey Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 3:14PM – 4:50PM	Purvaphalguni Until 2:08AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:40AM	
	Simha Rasi: 14.16	Tithi 30	Yama 12:03PM – 1:39PM	Siddha Until 11:09AM	Muruga: Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 Rahu 4:50PM – 6:26PM	Catuspada Until 9:35AM	Nataraja: Purple		Amavasya
			Amavasya* Until 8:00PM	Moon – Red		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
			Grandparent's Day				

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.01	Tithi 1 – 2	Gulika 1:38PM – 3:13PM	Uttaraphalguni Until 2:34PM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:41AM	
	Family Home Evening		Yama 10:27AM – 12:02PM	Sadhya Until 7:32AM	Muruga: Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 Rahu 7:16AM – 8:52AM	Kintughna Until 3:46AM Tue	Nataraja: Purple		Prathama
			Prathama* Until 11:09AM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1		Tuesday, September 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Istanbul, Turkey Sun 15 Sutra 149 Vilamba 5120
Kanya Rasi: 13.31	Tithi 2 – 3	Gulika	12:02PM – 1:37PM	Uttaraphalguni Until 2:34PM	Ganesh: Blue	<i>Sunrise:</i> 5:42AM	
		Yama	8:52AM – 10:27AM	Sukla Until 10:33PM	Muruga: Purple	<i>Sunset:</i> 6:23PM	
Creative Work	Siddha Yoga	569452363 Rahu	3:12PM – 4:47PM	Taitila Until 1:31AM Wed	Nataraja: Purple	Moon 8 - Phase 21	
				Dvitiya Until 2:34PM	Moon – Green	3rd Phase	
					Bhadrapada-Avani	Bhuloka Day	

2		Wednesday, September 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Istanbul, Turkey Sun 16 Sutra 150 Vilamba 5120
Kanya Rasi: 27.41	Tithi 3 – 4	Gulika	10:27AM – 12:02PM	Chitra Until 11:21AM Thu	Ganesh: Blue	<i>Sunrise:</i> 5:43AM	
		Yama	7:17AM – 8:52AM	Brahma Until 10:53PM	Muruga: Purple	<i>Sunset:</i> 6:21PM	
Creative Work	Siddha Yoga	569452363 Rahu	12:02PM – 1:37PM	Vanija Until 11:54PM	Nataraja: Purple	Moon 8 - Phase 21	
				Tritiya Until 12:37PM	Moon – Green	3rd Phase	
					Bhadrapada-Avani	Bhuloka Day	

3		Thursday, September 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Istanbul, Turkey Sun 17 Sutra 151 Vilamba 5120
Tula Rasi: 11.25	Tithi 4 – 5	Gulika	8:53AM – 10:27AM	Chitra Until 11:21AM	Ganesh: Blue	<i>Sunrise:</i> 5:44AM	
		Yama	5:44AM – 7:18AM	Indra Until 9:12PM	Muruga: Purple	<i>Sunset:</i> 6:19PM	
Creative Work	Amrita Yoga	569452363 Rahu	1:36PM – 3:10PM	Bava Until 10:62PM	Nataraja: Purple	Moon 8 - Phase 21	
Until 11:21AM				Chaturthi* Until 10:53PM	Moon – Green	3rd Phase	
Then Creative Work - Siddha Yoga		Ganesh Chaturthi			Bhadrapada-Avani	Bhuloka Day	

4		Friday, September 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Istanbul, Turkey Sun 18 Sutra 152 Vilamba 5120
Tula Rasi: 24.44	Tithi 5 – 6	Gulika	7:19AM – 8:53AM	Vishakha Until 11:15AM Sat	Ganesh: White	<i>Sunrise:</i> 5:45AM	
		Yama	3:09PM – 4:43PM	Vaidhriti* Until 7:53PM	Muruga: Purple	<i>Sunset:</i> 6:17PM	
Creative Work	Siddha Yoga	579552363 Rahu	10:27AM – 12:01PM	Kaulava Until 10:59PM	Nataraja: Purple	Moon 8 - Phase 21	
				Panchami Until 9:04PM	Moon – Orange	3rd Phase	
					Bhadrapada-Avani	Devaloka Day	

5		Saturday, September 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Istanbul, Turkey Sun 19 Sutra 153 Vilamba 5120
Vrischika Rasi: 7.37	Tithi 6 – 7	Gulika	5:46AM – 7:19AM	Vishakha Until 11:15AM	Ganesh: White	<i>Sunrise:</i> 5:46AM	
		Yama	1:34PM – 3:08PM	Vishkambha* Until 11:18PM	Muruga: Purple	<i>Sunset:</i> 6:16PM	
Creative Work	Siddha Yoga	579552363 Rahu	8:53AM – 10:27AM	Gara Until 11:46PM	Nataraja: Purple	Moon 8 - Phase 21	
				Shashthi* Until 11:15AM	Moon – Orange	3rd Phase	
					Bhadrapada-Avani	Devaloka Day	

Retreat Star		Sunday, September 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Istanbul, Turkey Sun 20 Sutra 154 Vilamba 5120
Vrischika Rasi: 20.07	Tithi 7 – 8	Gulika	3:07PM – 4:41PM	Jyeshtha* Until 1:14AM Mon	Ganesh: White	<i>Sunrise:</i> 5:47AM	
		Yama	12:00PM – 1:34PM	Priti Until 7:27PM	Muruga: Purple	<i>Sunset:</i> 6:14PM	
Routine Work	Marana Yoga	579552363 Rahu	4:41PM – 6:14PM	Visti Until 1:17AM Mon	Nataraja: Purple	Moon 8 - Phase 21	
Until 1:14AM Mon				Saptami Until 12:25PM	Moon – Orange	Ashtami	
Then Creative Work - Siddha Yoga					Bhadrapada-Avani	Devaloka Day	

Retreat Star		Monday, September 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Istanbul, Turkey Sun 21 Sutra 155 Vilamba 5120
Dhanus Rasi: 2.18	Tithi 8 – 9	Gulika	1:33PM – 3:06PM	Mula* Until 4:04AM Tue	Ganesh: Clear	<i>Sunrise:</i> 5:48AM	
Family Home Evening		Yama	10:27AM – 12:00PM	Ayushman Until 7:59PM	Muruga: Purple	<i>Sunset:</i> 6:12PM	
Creative Work	Siddha Yoga	589552363 Rahu	7:21AM – 8:54AM	Balava Until 3:24AM Tue	Nataraja: Purple	Moon 8 - Phase 21	
				Ashtami* Until 2:16PM	Moon – Light Blue	Navami	
					Bhadrapada-Puratasi	Bhuloka Day	
					Devaloka Time: 9:AM to 12:PM		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 14.17	Tithi 9 – 10	Gulika 12:00PM – 1:32PM	Purvashadha* Until 7:06AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:49AM		
		Yama 8:54AM – 10:27AM	Saubhagya Until 8:52PM	Muruga: Purple	<i>Sunset:</i> 6:11PM		Moon 8 - Phase 22
		581552363 Rahu 3:05PM – 4:38PM	Taitila Until 5:54AM Wed	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:59PM	Moon – Light Blue		Bhuloka Day	
Until 7:06AM Wed				Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Istanbul, Turkey Sun 23 Sutra 157 Vilamba 5120	
Dhanus Rasi: 26.07	Tithi 10	Gulika 10:27AM – 11:59AM	Purvashadha* Until 7:06AM	Ganesh: Clear	<i>Sunrise:</i> 5:50AM		
		Yama 7:22AM – 8:54AM	Sobhana Until 9:56PM	Muruga: Purple	<i>Sunset:</i> 6:09PM		Moon 8 - Phase 22
		581552363 Rahu 11:59AM – 1:32PM	Gara Until 7:12PM	Nataraja: Purple			4th Phase
Creative Work	Amrita Yoga		Dashami Until 7:12PM	Moon – Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 7.55	Tithi 11	Gulika 8:55AM – 10:27AM	Uttarashadha Until 10:04AM	Ganesh: Clear	<i>Sunrise:</i> 5:51AM		
		Yama 5:51AM – 7:23AM	Athiganda* Until 10:58PM	Muruga: Purple	<i>Sunset:</i> 6:07PM		Moon 8 - Phase 22
		581552363 Rahu 1:31PM – 3:03PM	Vanija Until 8:32AM	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga		Ekadashi Until 9:48PM	Moon – Light Blue		Bhuloka Day	
Until 10:04AM				Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Istanbul, Turkey Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 19.43	Tithi 12	Gulika 7:23AM – 8:55AM	Shravana Until 1:16PM	Ganesh: Purple	<i>Sunrise:</i> 5:52AM		
		Yama 3:02PM – 4:34PM	Sukarma Until 11:51PM	Muruga: Purple	<i>Sunset:</i> 6:05PM		Moon 8 - Phase 22
		591552363 Rahu 10:27AM – 11:59AM	Bava Until 13:19AM Sat	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga		Dvadashi Until 10:58PM	Moon – Purple		Devaloka Day	
Until 1:16PM				Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga							

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 160 Vilamba 5120	
Kumbha Rasi: 1.38	Tithi 13	Gulika 5:53AM – 7:24AM	Dhanishtha Until 4:01PM	Ganesh: Purple	<i>Sunrise:</i> 5:53AM		
		Yama 1:30PM – 3:01PM	Dhriti Until 12:28AM Sun	Muruga: Purple	<i>Sunset:</i> 6:04PM		Moon 8 - Phase 22
		591552363 Rahu 8:55AM – 10:27AM	Kaulava Until 14:69AM Sun	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:51PM	Moon – Purple		Devaloka Day	
Until 4:01PM		Chidambaram Abhishekam		Bhadrapada-Puratasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 13.43	Tithi 14	Gulika 3:00PM – 4:31PM	Shatabhishak Until 6:11PM	Ganesh: Purple	<i>Sunrise:</i> 5:54AM		
		Yama 11:58AM – 1:29PM	Shula* Until 12:42AM Mon	Muruga: Purple	<i>Sunset:</i> 6:02PM		Moon 8 - Phase 22
		591552363 Rahu 4:31PM – 6:02PM	Gara Until 3:09PM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:51AM Mon	Moon – Purple		Devaloka Day	
		Kadaitswami Mahasamadhi		Bhadrapada-Puratasi			

Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey Sutra 162 Vilamba 5120	
Copper Retreat Star		Gulika 1:28PM – 2:59PM	Purvaproshtapada* Until 8:11PM	Ganesh: Purple	<i>Sunrise:</i> 5:55AM		
Kumbha Rasi: 25.58	Tithi 15	Yama 10:27AM – 11:57AM	Ganda* Until 12:34AM Tue	Muruga: Purple	<i>Sunset:</i> 6:00PM		Moon 8 - Phase 22
Family Home Evening		511552363 Rahu 7:25AM – 8:56AM	Visti Until 4:28PM	Nataraja: Purple			Purnima
Routine Work	Marana Yoga		Purnima* Until 4:55AM Tue	Moon – Clear		Devaloka Day	
Until 8:11PM				Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga							

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Istanbul, Turkey Sutra 163 Vilamba 5120	
Silver Retreat Star		Gulika 11:57AM – 1:28PM	Uttaraproshtapada Until 9:31PM	Ganesh: Purple	<i>Sunrise:</i> 5:56AM		
Meena Rasi: 8.27	Tithi 16	Yama 8:56AM – 10:27AM	Vriddhi Until 12:02AM Wed	Muruga: Purple	<i>Sunset:</i> 5:59PM		Moon 8 - Phase 22
		511552363 Rahu 2:58PM – 4:28PM	Balava Until 5:16PM	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Prathama* Until 5:28AM Wed	Moon – Clear		Devaloka Day	
Until 9:31PM				Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Meena Rasi: 21.1 Tihti 17

Gulika 10:27AM - 11:57AM
Yama 7:27AM - 8:57AM
Rahu 11:57AM - 1:27PM

Revati Until 10:14PM
Dhruva Until 11:06PM
Tailila Until 5:35PM

Ganesh: Purple Sunrise: 5:57AM
Muruga: Purple Sunset: 5:57PM
Nataraja: Purple

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Routine Work Marana Yoga

Dvitiya Until 5:33AM Thu

Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Mesha Rasi: 4.07 Tihti 18

Gulika 8:57AM - 10:27AM
Yama 5:58AM - 7:27AM
Rahu 1:26PM - 2:56PM

Ashvini Until 10:50PM
Vyaghata* Until 9:51PM
Vanija Until 5:28PM

Ganesh: Clear Sunrise: 5:58AM
Muruga: Purple Sunset: 5:55PM
Nataraja: Purple

Sun 1 Sutra 165
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga

Tritiya Until 5:14AM Fri

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Until 10:50PM
Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Istanbul, Turkey

Mesha Rasi: 17.16 Tihti 19

Gulika 7:28AM - 8:57AM
Yama 2:55PM - 4:24PM
Rahu 10:27AM - 11:56AM

Bharani Until 3:33AM Sun Sat
Harshana Until 8:19PM
Bava Until 4:57PM

Ganesh: Clear Sunrise: 5:59AM
Muruga: Purple Sunset: 5:54PM
Nataraja: Purple

Sun 2 Sutra 166
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 4:33AM Sat

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vajra* Yoga Kaulava/Tailila Karana Panchamyam Titau

Istanbul, Turkey

Vrisabha Rasi: 0.37 Tihti 20

Gulika 6:00AM - 7:29AM
Yama 1:25PM - 2:54PM
Rahu 8:58AM - 10:27AM

Bharani Until 3:33AM Sun
Vajra* Until 15:86AM Sun
Kaulava Until 4:06PM

Ganesh: Clear Sunrise: 6:00AM
Muruga: Purple Sunset: 5:52PM
Nataraja: Purple

Sun 3 Sutra 167
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga

Panchami Until 3:33AM Sun

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 3:33AM Sun
Then Creative Work - Siddha Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Vrisabha Rasi: 14.07 Tihti 21

Gulika 2:53PM - 4:22PM
Yama 11:55AM - 1:24PM
Rahu 4:22PM - 5:50PM

Krittika Until 2:15AM Mon
Siddhi Until 13:69AM Mon
Gara Until 2:57PM

Ganesh: Purple Sunrise: 6:01AM
Muruga: Purple Sunset: 5:50PM
Nataraja: Purple

Sun 4 Sutra 168
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga

Shashthi* Until 2:15AM Mon

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 2:15AM Mon
Then Creative Work - Amrita Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti* Karana Saptamyam Titau

Istanbul, Turkey

Vrisabha Rasi: 27.49 Tihti 22

Gulika 1:23PM - 2:52PM
Yama 10:27AM - 11:55AM
Rahu 7:30AM - 8:58AM

Mrigashira Until 9:21PM
Vyatipata* Until 2:09PM
Visti Until 1:31PM

Ganesh: Purple Sunrise: 6:02AM
Muruga: Purple Sunset: 5:49PM
Nataraja: Purple

Sun 5 Sutra 169
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga

Saptami Until 12:40AM Tue

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 9:21PM
Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Mithuna Rasi: 11.4 Tihti 23

Gulika 11:55AM - 1:23PM
Yama 8:59AM - 10:27AM
Rahu 2:51PM - 4:19PM

Ardra Until 8:07PM
Variyan Until 11:38AM
Balava Until 11:48AM

Ganesh: Purple Sunrise: 6:03AM
Muruga: Purple Sunset: 5:47PM
Nataraja: Purple

Sun 6 Sutra 170
Vilamba 5120
Moon 9 - Phase 23
Ashtami

Routine Work Marana Yoga

Ashtami* Until 10:49PM

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Until 8:07PM
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Istanbul, Turkey

Mithuna Rasi: 25.42 Tihti 24

Gulika 10:27AM - 11:54AM
Yama 7:31AM - 8:59AM
Rahu 11:54AM - 1:22PM

Punarvasu Until 6:54PM
Parigha* Until 8:54AM
Tailila Until 7:35AM Thu

Ganesh: Clear Sunrise: 6:04AM
Muruga: Purple Sunset: 5:45PM
Nataraja: Purple

Sun 7 Sutra 171
Vilamba 5120
Moon 9 - Phase 23
Navami

Creative Work Siddha Yoga

Navami* Until 11:38AM

Moon - Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashamyam Titau		Istanbul, Turkey Sun 8 Sutra 172	
Kataka Rasi: 9.54	Tithi 25	Gulika	8:59AM – 10:27AM	Pushya Until 5:19PM	Ganesh: Clear	<i>Sunrise:</i> 6:05AM	Vilamba 5120		
		Yama	6:05AM – 7:32AM	Siddha Until 5:19PM	Muruga: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 24		
		642552363 Rahu	1:22PM – 2:49PM	Vanija Until 7:35AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dashami Until 6:21PM	Moon – Blue		Bhuloka Day		
Until 5:19PM					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM			
Then Creative Work - Siddha Yoga									

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 9 Sutra 173	
Kataka Rasi: 24.15	Tithi 26 – 27	Gulika	7:33AM – 9:00AM	Ashlesha* Until 3:24PM	Ganesh: Clear	<i>Sunrise:</i> 6:06AM	Vilamba 5120		
		Yama	2:48PM – 4:15PM	Sadhya Until 11:36PM	Muruga: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 24		
		642552363 Rahu	10:27AM – 11:54AM	Kaulava Until 2:32AM Sat	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga			Ekadashi* Until 3:49PM	Moon – Blue		Bhuloka Day		
					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM			

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Istanbul, Turkey Sun 10 Sutra 174	
Simha Rasi: 8.42	Tithi 27 – 28	Gulika	6:07AM – 7:34AM	Magha* Until 1:40PM	Ganesh: White	<i>Sunrise:</i> 6:07AM	Vilamba 5120		
		Yama	1:20PM – 2:47PM	Subha Until 1:40PM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24		
		652552363 Rahu	9:00AM – 10:27AM	Gara Until 11:53PM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dvadashi* Until 11:36PM	Moon – Red		Bhuloka Day		
Until 1:40PM					Bhadrapada-Puratasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 11 Sutra 175	
Simha Rasi: 23.1	Tithi 28 – 29	Gulika	2:46PM – 4:12PM	Purvaphalguni Until 11:47AM	Ganesh: White	<i>Sunrise:</i> 6:08AM	Vilamba 5120		
		Yama	11:53AM – 1:20PM	Sukla Until 5:01PM	Muruga: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 24		
		652552363 Rahu	4:12PM – 5:39PM	Visti Until 8:77PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 8:18PM	Moon – Red		Bhuloka Day		
Until 11:47AM					Bhadrapada-Puratasi				
Then Creative Work - Amrita Yoga									

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Istanbul, Turkey Sun 12 Sutra 176	
Retreat Star		Gulika	1:19PM – 2:45PM	Uttaraphalguni Until 9:53AM	Ganesh: White	<i>Sunrise:</i> 6:09AM	Vilamba 5120		
Kanya Rasi: 7.35	Tithi 29 – 30	Yama	10:27AM – 11:53AM	Brahma Until 1:52PM	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24		
Family Home Evening		652552364 Rahu	7:35AM – 9:01AM	Catuspada Until 6:52PM	Nataraja: Clear		Amavasya		
Creative Work	Siddha Yoga			Chaturdashi* Until 8:02AM	Moon – Red		Bhuloka Day		
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM			

Tuesday, October 9, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau		Istanbul, Turkey Sun 13 Sutra 177	
Kanya Rasi: 21.5	Tithi 1	Gulika	11:53AM – 1:18PM	Hasta Until 8:32AM	Ganesh: Red	<i>Sunrise:</i> 6:10AM	Vilamba 5120		
		Yama	9:01AM – 10:27AM	Indra Until 10:59AM	Muruga: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24		
		662652364 Rahu	2:44PM – 4:10PM	Kintughna Until 4:48PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 3:54AM Wed	Moon – Green		Devaloka Day		
		Navaratri Begins			Ashvina-Puratasi				

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey Sun 14 Sutra 178	
	Tula Rasi: 5.49	Tithi 2	Gulika 10:27AM – 11:52AM	Chitra Until 7:28AM	Ganesha: Red	<i>Sunrise:</i> 6:11AM	Vilamba 5120	
			Yama 7:36AM – 9:02AM	Vaidhriti* Until 8:25AM	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	662652364 Rahu 11:52AM – 1:18PM	Balava Until 3:12PM	Nataraja: Clear		3rd Phase	
			Dvitiya Until 2:36AM Thu	Moon – Green		Devaloka Day		
				Ashvina•Puratasi				

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Tailila Karana Tritiyayam Titau				Istanbul, Turkey Sun 15 Sutra 179	
	Tula Rasi: 19.27	Tithi 3	Gulika 9:02AM – 10:27AM	Svati Until 6:49AM	Ganesha: Red	<i>Sunrise:</i> 6:12AM	Vilamba 5120	
			Yama 6:12AM – 7:37AM	Vishkambha* Until 6:19AM	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25	
	Creative Work	Amrita Yoga	662652364 Rahu 1:17PM – 2:42PM	Tailila Until 2:12PM	Nataraja: Clear		3rd Phase	
			Tritiya Until 1:57AM Fri	Moon – Green		Devaloka Day		
				Ashvina•Puratasi				

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Bava Karana Chaturthyam Titau				Istanbul, Turkey Sun 16 Sutra 180	
	Vrischika Rasi: 2.42	Tithi 4	Gulika 7:38AM – 9:03AM	Vishakha Until 7:08AM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Vilamba 5120	
			Yama 2:41PM – 4:06PM	Ayushman Until 7:08AM	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	673652364 Rahu 10:27AM – 11:52AM	Vanija Until 1:56PM	Nataraja: Clear		3rd Phase	
			Chaturthi* Until 2:04AM Sat	Moon – Orange		Bhuloka Day		
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey Sun 17 Sutra 181	
	Vrischika Rasi: 15.34	Tithi 5	Gulika 6:14AM – 7:39AM	Anuradha Until 8:03AM	Ganesha: White	<i>Sunrise:</i> 6:14AM	Vilamba 5120	
			Yama 1:16PM – 2:40PM	Saubhagya Until 3:28AM Sun	Muruga: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	673652364 Rahu 9:03AM – 10:27AM	Bava Until 2:27PM	Nataraja: Clear		3rd Phase	
			Panchami Until 2:58AM Sun	Moon – Orange		Bhuloka Day		
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau				Istanbul, Turkey Sun 18 Sutra 182	
	Vrischika Rasi: 28.05	Tithi 6	Gulika 2:39PM – 4:03PM	Jyeshtha* Until 9:33AM	Ganesha: White	<i>Sunrise:</i> 6:15AM	Vilamba 5120	
			Yama 11:51AM – 1:15PM	Sobhana Until 3:41AM Mon	Muruga: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 25	
	Routine Work	Marana Yoga	673652364 Rahu 4:03PM – 5:27PM	Kaulava Until 3:43PM	Nataraja: Clear		3rd Phase	
			Shashthi* Until 4:36AM Mon	Moon – Orange		Bhuloka Day		
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey Sun 19 Sutra 183	
	Dhanus Rasi: 10.17	Tithi 7	Gulika 1:15PM – 2:39PM	Mula* Until 12:03PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Vilamba 5120	
	Family Home Evening		Yama 10:28AM – 11:51AM	Athiganda* Until 12:03PM	Muruga: Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	683652364 Rahu 7:40AM – 9:04AM	Gara Until 5:40PM	Nataraja: Clear		3rd Phase	
			Saptami Until 6:49AM Tue	Moon – Light Blue		Devaloka Day		
				Ashvina•Puratasi				

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Istanbul, Turkey Sun 20 Sutra 184	
	Retreat Star		Gulika 11:51AM – 1:14PM	Purvashadha* Until 2:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Vilamba 5120	
	Dhanus Rasi: 22.16	Tithi 7 – 8	Yama 9:04AM – 10:28AM	Sukarma Until 5:15AM Wed	Muruga: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 25	
	Creative Work	Siddha Yoga	683652364 Rahu 2:38PM – 4:01PM	Visti Until 8:05PM	Nataraja: Clear		Ashtami	
			Saptami Until 6:49AM	Moon – Light Blue		Devaloka Day		
			Durga Ashtami	Ashvina•Puratasi				

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey Sun 21 Sutra 185	
	Retreat Star		Gulika 10:28AM – 11:51AM	Uttarashadha Until 5:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Vilamba 5120	
	Makara Rasi: 4.06	Tithi 8 – 9	Yama 7:42AM – 9:05AM	Dhriti Until 6:17AM Thu	Muruga: Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25	
	Creative Work	Amrita Yoga	683652364 Rahu 11:51AM – 1:14PM	Balava Until 10:44PM	Nataraja: Clear		Navami	
			Ashtami* Until 5:15AM Wed	Moon – Light Blue		Devaloka Day		
			Saraswathi Puja (Tamil Nadu)	Ashvina•Aipasi				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1 Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau			Istanbul, Turkey
Makara Rasi: 15.53	Tithi 9 – 10	Gulika 9:05AM – 10:28AM	Shravana Until 9:05PM	Ganesh: Purple <i>Sunrise:</i> 6:20AM	Sun 22 Sutra 186
		Yama 6:20AM – 7:43AM	Dhriti Until 6:17AM	Muruga: Purple <i>Sunset:</i> 5:21PM	Vilamba 5120
		693652364 Rahu 1:13PM – 2:36PM	Tailila Until 1:20AM Fri	Nataraja: Clear	Moon 9 - Phase 26
Creative Work	Siddha Yoga		Navami* Until 12:02PM	Moon – Purple	4th Phase
		Vijaya Dasami		Ashvina-Aipasi	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

2 Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Shatabhishak Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Istanbul, Turkey
Makara Rasi: 27.44	Tithi 10 – 11	Gulika 7:43AM – 9:06AM	Dhanishtha Until 11:55PM	Ganesh: Purple <i>Sunrise:</i> 6:21AM	Sun 23 Sutra 187
		Yama 2:35PM – 3:57PM	Shula* Until 7:12AM	Muruga: Purple <i>Sunset:</i> 5:20PM	Vilamba 5120
		693652364 Rahu 10:28AM – 11:50AM	Vanija Until 3:37AM Sat	Nataraja: Clear	Moon 9 - Phase 26
Creative Work	Siddha Yoga		Dashami Until 2:30PM	Moon – Purple	4th Phase
				Ashvina-Aipasi	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

3 Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Ekadashi/Dvodashyam Titau			Istanbul, Turkey
Kumbha Rasi: 9.42	Tithi 11 – 12	Gulika 6:22AM – 7:44AM	Shatabhishak Until 2:09AM Sun	Ganesh: Purple <i>Sunrise:</i> 6:22AM	Sun 24 Sutra 188
		Yama 1:12PM – 2:34PM	Ganda* Until 7:52AM	Muruga: Purple <i>Sunset:</i> 5:18PM	Vilamba 5120
		693652364 Rahu 9:06AM – 10:28AM	Visti Until 4:34PM	Nataraja: Clear	Moon 9 - Phase 26
Creative Work	Amrita Yoga		Ekadashi Until 4:34PM	Moon – Purple	4th Phase
Until 2:09AM Sun				Ashvina-Aipasi	Bhuloka Day
Then Creative Work - Siddha Yoga					Devaloka Time: 6:PM to 9:PM

4 Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Purvaprossthapada* Nakshatra Vriddhi/Dhruva Yoga Balava Karana Dvodashyam Titau			Istanbul, Turkey
Kumbha Rasi: 21.52	Tithi 12	Gulika 2:33PM – 3:55PM	Purvaprossthapada* Until 4:07AM Mon	Ganesh: White <i>Sunrise:</i> 6:23AM	Sun 25 Sutra 189
		Yama 11:50AM – 1:12PM	Vriddhi Until 8:09AM	Muruga: Purple <i>Sunset:</i> 5:17PM	Vilamba 5120
		613652364 Rahu 3:55PM – 5:17PM	Balava Until 6:04PM	Nataraja: Clear	Moon 9 - Phase 26
Creative Work	Siddha Yoga		Dvodashi Until 6:04PM	Moon – Clear	4th Phase
				Ashvina-Aipasi	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

5 Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Uttaraprossthapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Trayodashyam Titau			Istanbul, Turkey
Meena Rasi: 4.18	Tithi 13	Gulika 1:11PM – 2:33PM	Uttaraprossthapada Until 5:19AM Tue	Ganesh: White <i>Sunrise:</i> 6:24AM	Sun 26 Sutra 190
Family Home Evening		Yama 10:29AM – 11:50AM	Dhruva Until 7:56AM	Muruga: Purple <i>Sunset:</i> 5:15PM	Vilamba 5120
		613652364 Rahu 7:46AM – 9:07AM	Kaulava Until 6:36AM	Nataraja: Clear	Moon 9 - Phase 26
Creative Work	Siddha Yoga		Trayodashi Until 6:56PM	Moon – Clear	4th Phase
				Ashvina-Aipasi	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

Pradosha Vrata

6 Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau			Istanbul, Turkey
Meena Rasi: 17.01	Tithi 14	Gulika 11:50AM – 1:11PM	Revati Until 5:44AM Wed	Ganesh: White <i>Sunrise:</i> 6:25AM	Sun 27 Sutra 191
		Yama 9:08AM – 10:29AM	Vyaghata* Until 7:14AM	Muruga: Purple <i>Sunset:</i> 5:14PM	Vilamba 5120
		613652364 Rahu 2:32PM – 3:53PM	Gara Until 7:08AM	Nataraja: Clear	Moon 9 - Phase 26
Creative Work	Siddha Yoga		Chaturdashi* Until 7:09PM	Moon – Clear	4th Phase
Until 5:44AM Wed				Ashvina-Aipasi	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 6:PM to 9:PM

Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau			Istanbul, Turkey
Copper Retreat Star		Gulika 10:29AM – 11:50AM	Ashvini Until 5:56AM Thu	Ganesh: Clear <i>Sunrise:</i> 6:27AM	Sutra 192
Mesha Rasi: 0.03	Tithi 15	Yama 7:47AM – 9:08AM	Harshana Until 6:03AM	Muruga: Purple <i>Sunset:</i> 5:13PM	Vilamba 5120
		623652364 Rahu 11:50AM – 1:10PM	Visti Until 7:04AM	Nataraja: Clear	Moon 9 - Phase 26
Routine Work	Marana Yoga		Purnima* Until 6:47PM	Moon – White	Purnima
Until 5:56AM Thu				Ashvina-Aipasi	Devaloka Day
Then Creative Work - Siddha Yoga					

Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Bharani Nakshatra Siddhi Yoga Balava/Tailila Karana Prathama/Dvitiyayam Titau			Istanbul, Turkey
Silver Retreat Star		Gulika 9:09AM – 10:29AM	Bharani Until 5:32AM Fri	Ganesh: Clear <i>Sunrise:</i> 6:28AM	Sutra 193
Mesha Rasi: 13.22	Tithi 16 – 17	Yama 6:28AM – 7:48AM	Siddhi Until 2:27AM Fri	Muruga: Purple <i>Sunset:</i> 5:11PM	Vilamba 5120
		623652364 Rahu 1:10PM – 2:30PM	Balava Until 6:26AM	Nataraja: Clear	Moon 9 - Phase 26
Creative Work	Siddha Yoga		Prathama* Until 5:56PM	Moon – White	Prathama
				Ashvina-Aipasi	Devaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 194

Vilamba 5120

Mesha Rasi: 26.55 Tihi 17 - 18

Gulika 7:49AM - 9:09AM
Yama 2:30PM - 3:50PM
Rahu 10:29AM - 11:49AM

Krittika Until 4:40AM Sat
Vyatipata* Until 12:11AM Sat
Vanija Until 3:56AM Sat
Dvitiya Until 4:40PM

Ganesha: White Sunrise: 6:29AM
Muruga: Purple Sunset: 5:10PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 4:40AM Sat
Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Istanbul, Turkey

Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 10.4 Tihi 18 - 19

Gulika 6:30AM - 7:50AM
Yama 1:09PM - 2:29PM
Rahu 9:10AM - 10:29AM

Rohini Until 3:50AM Sun
Variyan Until 9:42PM
Bava Until 2:17AM Sun
Tritiya Until 12:11AM Sat

Ganesha: Clear Sunrise: 6:30AM
Muruga: Purple Sunset: 5:09PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 3:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 196

Vilamba 5120

Vrishabha Rasi: 24.35 Tihi 19 - 20

Gulika 2:28PM - 3:48PM
Yama 11:49AM - 1:09PM
Rahu 3:48PM - 5:07PM

Mrigashira Until 2:44AM Mon
Parigha* Until 7:06PM
Kaulava Until 12:29AM Mon
Chaturthi* Until 1:23PM

Ganesha: Clear Sunrise: 6:31AM
Muruga: Purple Sunset: 5:07PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Istanbul, Turkey

Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 8.34 Tihi 20 - 21

Family Home Evening

Gulika 1:08PM - 2:28PM
Yama 10:30AM - 11:49AM
Rahu 7:52AM - 9:11AM

Ardra Until 1:23AM Tue
Shiva Until 4:25PM
Gara Until 10:35PM
Panchami Until 11:31AM

Ganesha: Clear Sunrise: 6:32AM
Muruga: Purple Sunset: 5:06PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 22.36 Tihi 21 - 22

Gulika 11:49AM - 1:08PM
Yama 9:11AM - 10:30AM
Rahu 2:27PM - 3:46PM

Punarvasu Until 12:17AM Wed
Siddha Until 1:40PM
Visti Until 8:38PM
Shashthi* Until 9:36AM

Ganesha: Purple Sunrise: 6:34AM
Muruga: Purple Sunset: 5:05PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 6.4 Tihi 22 - 23

Gulika 10:30AM - 11:49AM
Yama 7:53AM - 9:12AM
Rahu 11:49AM - 1:08PM

Pushya Until 11:01PM
Sadhya Until 10:55AM
Balava Until 6:40PM
Saptami Until 7:38AM

Ganesha: Purple Sunrise: 6:35AM
Muruga: Clear Sunset: 5:03PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Moon 10 - Phase 27
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 20.45 Tihi 24

Gulika 9:12AM - 10:31AM
Yama 6:36AM - 7:54AM
Rahu 1:07PM - 2:26PM

Ashlesha* Until 9:36PM
Subha Until 9:36PM
Taitila Until 4:41PM
Navami* Until 3:40AM Fri

Ganesha: Purple Sunrise: 6:36AM
Muruga: Clear Sunset: 5:02PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Moon 10 - Phase 27
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:36PM
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Istanbul, Turkey
Simha Rasi: 4.5	Tithi 25	Gulika 7:55AM – 9:13AM	Magha* Until 8:29PM	Ganesh: Clear	<i>Sunrise:</i> 6:37AM	Sun 8 Sutra 201
		Yama 2:25PM – 3:43PM	Brahma Until 2:34AM Sat	Muruga: Clear	<i>Sunset:</i> 5:01PM	Vilamba 5120
		654662364 Rahu 10:31AM – 11:49AM	Vanija Until 2:42PM	Nataraja: Clear		Moon 10 - Phase 28
Routine Work	Marana Yoga		Dashami Until 1:42AM Sat	Moon – Red		2nd Phase
Until 8:29PM				Ashvina-Aipasi		Sivaloka Day
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey
Simha Rasi: 18.54	Tithi 26	Gulika 6:38AM – 7:56AM	Purvaphalguni Until 7:14PM	Ganesh: White	<i>Sunrise:</i> 6:38AM	Sun 9 Sutra 202
		Yama 1:07PM – 2:24PM	Indra Until 11:51PM	Muruga: Clear	<i>Sunset:</i> 5:00PM	Vilamba 5120
		654762364 Rahu 9:14AM – 10:31AM	Bava Until 12:45PM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Ekadashi* Until 11:46PM	Moon – Red		2nd Phase
Until 7:14PM				Ashvina-Aipasi		Devaloka Day
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Istanbul, Turkey
Kanya Rasi: 2.56	Tithi 27	Gulika 2:24PM – 3:41PM	Uttaraphalguni Until 5:57PM	Ganesh: White	<i>Sunrise:</i> 6:39AM	Sun 10 Sutra 203
		Yama 11:49AM – 1:06PM	Vaidhriti* Until 9:11PM	Muruga: Clear	<i>Sunset:</i> 4:59PM	Vilamba 5120
		654762364 Rahu 3:41PM – 4:59PM	Kaulava Until 10:52AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Amrita Yoga		Dvadashi* Until 9:57PM	Moon – Red		2nd Phase
				Ashvina-Aipasi		Devaloka Day

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Istanbul, Turkey
Kanya Rasi: 16.54	Tithi 28	Gulika 1:06PM – 2:23PM	Hasta Until 5:07PM	Ganesh: Green	<i>Sunrise:</i> 6:41AM	Sun 11 Sutra 204
Family Home Evening		Yama 10:32AM – 11:49AM	Vishkambha* Until 6:40PM	Muruga: Clear	<i>Sunset:</i> 4:57PM	Vilamba 5120
		664762364 Rahu 7:58AM – 9:15AM	Gara Until 9:07AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Trayodashi* Until 8:19PM	Moon – Green		2nd Phase
Until 5:07PM				Ashvina-Aipasi		Devaloka Day
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Istanbul, Turkey
Tula Rasi: 0.43	Tithi 29	Gulika 11:49AM – 1:06PM	Chitra Until 4:24PM	Ganesh: Green	<i>Sunrise:</i> 6:42AM	Sun 12 Sutra 205
		Yama 9:15AM – 10:32AM	Priti Until 4:24PM	Muruga: Clear	<i>Sunset:</i> 4:56PM	Vilamba 5120
		664762364 Rahu 2:23PM – 3:39PM	Visti Until 7:37AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Chaturdashi* Until 6:58PM	Moon – Green		2nd Phase
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		Devaloka Day
		Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Bava Karana Amavasyayam Titau				Istanbul, Turkey
Retreat Star		Gulika 10:33AM – 11:49AM	Svati Until 3:56PM	Ganesh: White	<i>Sunrise:</i> 6:43AM	Sun 13 Sutra 206
Tula Rasi: 14.2	Tithi 30	Yama 8:00AM – 9:16AM	Ayushman Until 3:56PM	Muruga: Clear	<i>Sunset:</i> 4:55PM	Vilamba 5120
		764762364 Rahu 11:49AM – 1:06PM	Catuspada Until 6:28AM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Amavasya* Until 6:02PM	Moon – Green		Amavasya
				Ashvina-Aipasi		Devaloka Day

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey
Retreat Star		Gulika 9:17AM – 10:33AM	Vishakha Until 4:16PM	Ganesh: Orange	<i>Sunrise:</i> 6:44AM	Sun 14 Sutra 207
Tula Rasi: 27.42	Tithi 1 – 2	Yama 6:44AM – 8:00AM	Saubhagya Until 12:50PM	Muruga: Clear	<i>Sunset:</i> 4:54PM	Vilamba 5120
		775762364 Rahu 1:05PM – 2:22PM	Balava Until 5:39AM Fri	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Prathama* Until 5:37PM	Moon – Orange		Prathama
		Skanda Shasthi Begins		Karttika-Aipasi		Sivaloka Day

1	Friday, November 9, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau	Istanbul, Turkey Sun 15 Sutra 208 Vilamba 5120
	Vrischika Rasi: 10.46 Tithi 2 - 3	Gulika 8:01AM - 9:17AM Yama 2:21PM - 3:37PM Rahu 10:33AM - 11:49AM	Anuradha Until 5:02PM Sobhana Until 5:02PM Gara Until 18:42AM Sat Dvitiya Until 5:49PM
	Creative Work Siddha Yoga Until 5:02PM Then Routine Work - Marana Yoga	Ganesh: Orange <i>Sunrise: 6:45AM</i> Muruga: Clear <i>Sunset: 4:53PM</i> Nataraja: Clear Moon - Orange Karttika-Aipasi	Sivaloka Day Moon 10 - Phase 29 3rd Phase

2	Saturday, November 10, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau	Istanbul, Turkey Sun 16 Sutra 209 Vilamba 5120
	Vrischika Rasi: 23.3 Tithi 3	Gulika 6:47AM - 8:02AM Yama 1:05PM - 2:21PM Rahu 9:18AM - 10:34AM	Jyeshtha* Until 6:18PM Athiganda* Until 11:08AM Taitila Until 6:12AM Tritiya Until 6:42PM
	Creative Work Siddha Yoga	Ganesh: Orange <i>Sunrise: 6:47AM</i> Muruga: Clear <i>Sunset: 4:52PM</i> Nataraja: Clear Moon - Orange Karttika-Aipasi	Sivaloka Day Moon 10 - Phase 29 3rd Phase

3	Sunday, November 11, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Istanbul, Turkey Sun 17 Sutra 210 Vilamba 5120
	Dhanus Rasi: 5.56 Tithi 4	Gulika 2:20PM - 3:36PM Yama 11:49AM - 1:05PM Rahu 3:36PM - 4:51PM	Mula* Until 8:31PM Sukarma Until 11:03AM Vanija Until 7:25AM Chaturthi* Until 8:15PM
	Creative Work Amrita Yoga Until 8:31PM Then Creative Work - Siddha Yoga	Ganesh: Clear <i>Sunrise: 6:48AM</i> Muruga: Clear <i>Sunset: 4:51PM</i> Nataraja: Clear Moon - Light Blue Karttika-Aipasi	Sivaloka Day Moon 10 - Phase 29 3rd Phase

4	Monday, November 12, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Istanbul, Turkey Sun 18 Sutra 211 Vilamba 5120
	Dhanus Rasi: 18.06 Tithi 5 Family Home Evening	Gulika 1:05PM - 2:20PM Yama 10:34AM - 11:50AM Rahu 8:04AM - 9:19AM	Purvashadha* Until 11:08PM Dhriti Until 11:28AM Bava Until 9:17AM Panchami Until 10:23PM
	Routine Work Marana Yoga	Ganesh: Clear <i>Sunrise: 6:49AM</i> Muruga: Clear <i>Sunset: 4:50PM</i> Nataraja: Clear Moon - Light Blue Karttika-Aipasi	Sivaloka Day Moon 10 - Phase 29 3rd Phase

5	Tuesday, November 13, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthyam Titau	Istanbul, Turkey Sun 19 Sutra 212 Vilamba 5120
	Makara Rasi: 0.04 Tithi 6	Gulika 11:50AM - 1:05PM Yama 9:20AM - 10:35AM Rahu 2:19PM - 3:34PM	Uttarashadha Until 1:58AM Wed Shula* Until 1:58AM Wed Kaulava Until 11:38AM Shashthi* Until 12:55AM Wed
	Routine Work Prabalarishta Yoga Until 1:58AM Wed Then Creative Work - Siddha Yoga	Ganesh: Clear <i>Sunrise: 6:50AM</i> Muruga: Clear <i>Sunset: 4:49PM</i> Nataraja: Clear Moon - Light Blue Karttika-Aipasi	Sivaloka Day Moon 10 - Phase 29 3rd Phase

6	Wednesday, November 14, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau	Istanbul, Turkey Sun 20 Sutra 213 Vilamba 5120
	Makara Rasi: 11.53 Tithi 7	Gulika 10:35AM - 11:50AM Yama 8:06AM - 9:21AM Rahu 11:50AM - 1:04PM	Shravana Until 5:16AM Thu Ganda* Until 1:10PM Gara Until 2:18PM Saptami Until 3:38AM Thu
	Creative Work Siddha Yoga	Ganesh: Purple <i>Sunrise: 6:51AM</i> Muruga: Clear <i>Sunset: 4:48PM</i> Nataraja: Clear Moon - Purple Karttika-Aipasi	Subha Sivaloka Day Moon 10 - Phase 29 3rd Phase

D	Thursday, November 15, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Balava Karana Ashtamyam Titau	Istanbul, Turkey Sun 21 Sutra 214 Vilamba 5120
	Retreat Star	Gulika 9:21AM - 10:36AM Yama 6:53AM - 8:07AM Rahu 1:04PM - 2:19PM	Dhanishtha Until 8:18AM Fri Vriddhi Until 8:18AM Fri Visti Until 4:59PM Ashtami* Until 6:13AM Fri
	Makara Rasi: 23.41 Tithi 8 Creative Work Siddha Yoga	Ganesh: Purple <i>Sunrise: 6:53AM</i> Muruga: Clear <i>Sunset: 4:47PM</i> Nataraja: Clear Moon - Purple Karttika-Aipasi	Subha Sivaloka Day Moon 10 - Phase 29 Ashtami

	Friday, November 16, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Istanbul, Turkey Sun 22 Sutra 215 Vilamba 5120
	Retreat Star	Gulika 8:08AM - 9:22AM Yama 2:18PM - 3:32PM Rahu 10:36AM - 11:50AM	Dhanishtha Until 8:18AM Dhruva Until 2:59PM Balava Until 7:25PM Ashtami* Until 6:13AM
	Kumbha Rasi: 5.31 Tithi 8 - 9 Creative Work Siddha Yoga	Ganesh: Purple <i>Sunrise: 6:54AM</i> Muruga: Clear <i>Sunset: 4:47PM</i> Nataraja: Clear Moon - Purple Karttika-Kartikai	Subha Sivaloka Day Moon 10 - Phase 29 Navami

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau				Istanbul, Turkey Sun 23 Sutra 216 Vilamba 5120	
	Kumbha Rasi: 17.3	Tithi 9 – 10	Gulika 6:55AM – 8:09AM Yama 1:04PM – 2:18PM Rahu 9:23AM – 10:37AM	Shatabhishak Until 10:06AM Sun Vyaghata* Until 3:29PM Tailila Until 9:23PM Navami* Until 8:27AM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Purple	Sunrise: 6:55AM Sunset: 4:46PM	Moon 10 - Phase 30 4th Phase Devaloka Day	
Creative Work Amrita Yoga Until 10:06AM Sun Then Routine Work - Marana Yoga								

2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Uttaraproshtapada* Nakshatra Harshana/Vajra* Yoga Gara Karana Dashami/Ekadashyam Titau				Istanbul, Turkey Sun 24 Sutra 217 Vilamba 5120	
	Kumbha Rasi: 29.41	Tithi 10 – 11	Gulika 2:18PM – 3:31PM Yama 11:51AM – 1:04PM Rahu 3:31PM – 4:45PM	Shatabhishak Until 10:06AM Harshana Until 1:02PM Gara Until 10:06AM Dashami Until 10:06AM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:56AM Sunset: 4:45PM	Moon 10 - Phase 30 4th Phase Devaloka Day	
Creative Work Siddha Yoga Until 10:06AM Then Creative Work - Amrita Yoga								

3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey Sun 25 Sutra 218 Vilamba 5120	
	Meena Rasi: 12.11	Tithi 11 – 12	Gulika 1:04PM – 2:18PM Yama 10:37AM – 11:51AM Rahu 8:11AM – 9:24AM	Uttaraproshtapada Until 2:25PM Vajra* Until 3:00PM Bava Until 11:15PM Ekadashi Until 11:02AM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:57AM Sunset: 4:44PM	Moon 10 - Phase 30 4th Phase Devaloka Day	
Creative Work Siddha Yoga								

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 219 Vilamba 5120	
	Meena Rasi: 25.02	Tithi 12 – 13	Gulika 11:51AM – 1:04PM Yama 9:25AM – 10:38AM Rahu 2:17PM – 3:30PM	Revati Until 2:56PM Siddhi Until 1:53PM Kaulava Until 11:03PM Dvadashi Until 11:13AM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear	Sunrise: 6:58AM Sunset: 4:44PM	Moon 10 - Phase 30 4th Phase Devaloka Day	
Creative Work Siddha Yoga			<i>Pradosha Vrata</i>					

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaltipata*/Varyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 220 Vilamba 5120	
	Mesha Rasi: 8.14	Tithi 13 – 14	Gulika 10:38AM – 11:51AM Yama 8:13AM – 9:25AM Rahu 11:51AM – 1:04PM	Ashvini Until 3:03PM Vyaltipata* Until 12:13PM Gara Until 10:10PM Trayodashi Until 10:40AM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	Sunrise: 7:00AM Sunset: 4:43PM	Moon 10 - Phase 30 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Routine Work Marana Yoga Until 3:03PM Then Creative Work - Siddha Yoga								

○	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey Sun 28 Sutra 221 Vilamba 5120	
	Mesha Rasi: 21.5	Tithi 14 – 15	Gulika 9:26AM – 10:39AM Yama 7:01AM – 8:13AM Rahu 1:04PM – 2:17PM	Bharani Until 2:23PM Varyan Until 10:01AM Visti Until 8:40PM Chaturdashi* Until 9:28AM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	Sunrise: 7:01AM Sunset: 4:42PM	Moon 10 - Phase 30 Purnima Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Creative Work Siddha Yoga Until 2:23PM Then Routine Work - Marana Yoga			Krittika Deepam					

○	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey Sun 29 Sutra 222 Vilamba 5120	
	Vrishabha Rasi: 5.44	Tithi 15 – 16	Gulika 8:14AM – 9:27AM Yama 2:17PM – 3:29PM Rahu 10:39AM – 11:52AM	Krittika Until 1:05PM Parigha* Until 7:25AM Balava Until 6:42PM Purnima* Until 7:43AM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White	Sunrise: 7:02AM Sunset: 4:42PM	Moon 10 - Phase 30 Prathama Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Creative Work Siddha Yoga Until 1:05PM Then Routine Work - Marana Yoga			Vinayaga Viratam Begins					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrshabha Rasi: 19.56 Tihti 17

737762365

Gulika 7:03AM – 8:15AM
Yama 1:04PM – 2:17PM
Rahu 9:28AM – 10:40AM

Rohini Until 11:42AM
Siddha Until 1:19AM Sun
Taitila Until 4:25PM
Dvitiya Until 3:10AM Sun

Ganesha: Red *Sunrise: 7:03AM*
Muruga: Clear *Sunset: 4:41PM*
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga
Until 11:42AM
Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.17 Tihti 18

737762365

Gulika 2:17PM – 3:29PM
Yama 11:52AM – 1:04PM
Rahu 3:29PM – 4:41PM

Mrigashira Until 9:56AM
Sadhya Until 9:56AM
Vanija Until 10:81AM Mon
Tritiya Until 1:19AM Sun

Ganesha: Red *Sunrise: 7:04AM*
Muruga: Clear *Sunset: 4:41PM*
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava Karana Chaturthyam Titau

Istanbul, Turkey

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 18.44 Tihti 19

737762365

Gulika 1:05PM – 2:16PM
Yama 10:41AM – 11:53AM
Rahu 8:17AM – 9:29AM

Ardra Until 7:36PM Tue
Subha Until 6:45PM
Bava Until 11:21AM
Chaturthi* Until 10:04PM

Ganesha: Red *Sunrise: 7:05AM*
Muruga: Clear *Sunset: 4:40PM*
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 7:36PM Tue
Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.1 Tihti 20

747762365

Gulika 11:53AM – 1:05PM
Yama 9:30AM – 10:41AM
Rahu 2:16PM – 3:28PM

Ardra Until 7:36PM
Sukla Until 3:30PM
Kaulava Until 8:50AM
Panchami Until 7:36PM

Ganesha: Green *Sunrise: 7:06AM*
Muruga: Clear *Sunset: 4:40PM*
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 17.31 Tihti 21 – 22

747862365

Gulika 10:42AM – 11:53AM
Yama 8:19AM – 9:30AM
Rahu 11:53AM – 1:05PM

Ashlesha* Until 2:55AM Thu
Brahma Until 12:23PM
Gara Until 6:26AM
Shashthi* Until 5:17PM

Ganesha: White *Sunrise: 7:07AM*
Muruga: Clear *Sunset: 4:39PM*
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:55AM Thu
Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Simha Rasi: 1.44 Tihti 22 – 23

757863365

Gulika 9:31AM – 10:42AM
Yama 7:09AM – 8:20AM
Rahu 1:05PM – 2:16PM

Magha* Until 1:46AM Fri
Indra Until 9:27AM
Bava Until 3:12PM
Saptami Until 3:12PM

Ganesha: Clear *Sunrise: 7:09AM*
Muruga: Purple *Sunset: 4:39PM*
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 1:46AM Fri
Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 15.47 Tihti 23 – 24

757863365

Gulika 8:21AM – 9:32AM
Yama 2:16PM – 3:27PM
Rahu 10:43AM – 11:54AM

Purvaphalguni Until 12:45AM Sat
Vaidhriti* Until 6:41AM
Taitila Until 12:35AM Sat
Ashtami* Until 1:22PM

Ganesha: Clear *Sunrise: 7:10AM*
Muruga: Purple *Sunset: 4:39PM*
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 12:45AM Sat
Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Istanbul, Turkey

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 29.41 Tihti 24 – 25

758863365

Gulika 7:11AM – 8:22AM
Yama 1:05PM – 2:16PM
Rahu 9:33AM – 10:43AM

Uttaraphalguni Until 11:50PM
Priti Until 1:50AM Sun
Vanija Until 10:69PM
Navami* Until 6:41AM

Ganesha: Orange *Sunrise: 7:11AM*
Muruga: Purple *Sunset: 4:38PM*
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

1 Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Istanbul, Turkey Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 13.25	Tithi 25 – 26	Gulika 2:16PM – 3:27PM	Hasta Until 11:30PM	Ganesh: Light Blue <i>Sunrise:</i> 7:12AM		
		Yama 11:55AM – 1:06PM	Ayushman Until 11:43PM	Muruga: Purple <i>Sunset:</i> 4:38PM		Moon 11 - Phase 32
		Rahu 3:27PM – 4:38PM	Bava Until 10:01PM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 10:31AM	Moon – Green		Bhuloka Day
Until 11:30PM				Karttika-Karttikai		
Then Creative Work - Siddha Yoga						

2 Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 26.58	Tithi 26 – 27	Gulika 1:06PM – 2:16PM	Chitra Until 11:20PM	Ganesh: Light Blue <i>Sunrise:</i> 7:13AM		
Family Home Evening		Yama 10:45AM – 11:55AM	Saubhagya Until 9:52PM	Muruga: Purple <i>Sunset:</i> 4:38PM		Moon 11 - Phase 32
		Rahu 8:23AM – 9:34AM	Kaulava Until 9:11PM	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 9:32AM	Moon – Green		Bhuloka Day
Until 11:20PM				Karttika-Karttikai		
Then Creative Work - Amrita Yoga						

3 Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 10.21	Tithi 27 – 28	Gulika 11:56AM – 1:06PM	Svati Until 11:21PM	Ganesh: Light Blue <i>Sunrise:</i> 7:14AM		
		Yama 9:35AM – 10:45AM	Sobhana Until 8:17PM	Muruga: Purple <i>Sunset:</i> 4:38PM		Moon 11 - Phase 32
		Rahu 2:17PM – 3:27PM	Gara Until 8:41PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:52AM	Moon – Green		Bhuloka Day
Until 11:21PM				Karttika-Karttikai		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 23.32	Tithi 28 – 29	Gulika 10:46AM – 11:56AM	Vishakha Until 12:03AM Thu	Ganesh: Purple <i>Sunrise:</i> 7:15AM		
		Yama 8:25AM – 9:35AM	Athiganda* Until 7:00PM	Muruga: Purple <i>Sunset:</i> 4:37PM		Moon 11 - Phase 32
		Rahu 11:56AM – 1:06PM	Visti Until 8:36PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:34AM	Moon – Orange		Bhuloka Day
				Karttika-Karttikai		

Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika 9:36AM – 10:46AM	Anuradha Until 1:04AM Fri	Ganesh: Purple <i>Sunrise:</i> 7:16AM		
Vrischika Rasi: 6.31	Tithi 29 – 30	Yama 7:16AM – 8:26AM	Sukarma Until 6:04PM	Muruga: Purple <i>Sunset:</i> 4:37PM		Moon 11 - Phase 32
		Rahu 1:07PM – 2:17PM	Catuspada Until 8:59PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 8:42AM	Moon – Orange		Bhuloka Day
Until 1:04AM Fri				Karttika-Karttikai		
Then Routine Work - Marana Yoga						

Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey Sun 13 Sutra 236 Vilamba 5120
Retreat Star		Gulika 8:27AM – 9:37AM	Jyeshtha* Until 2:25AM Sat	Ganesh: Light Blue <i>Sunrise:</i> 7:17AM		
Vrischika Rasi: 19.15	Tithi 30 – 1	Yama 2:17PM – 3:27PM	Dhriti Until 5:33PM	Muruga: Purple <i>Sunset:</i> 4:37PM		Moon 11 - Phase 32
		Rahu 10:47AM – 11:57AM	Kintughna Until 9:52PM	Nataraja: White		Prathama
Routine Work	Marana Yoga		Amavasya* Until 9:20AM	Moon – Orange		Bhuloka Day
Until 2:25AM Sat				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

1		Saturday, December 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Istanbul, Turkey Sun 14 Sutra 237	
Dhanus Rasi: 1.46	Tithi 1 – 2	Gulika 7:17AM – 8:27AM	Mula* Until 4:36AM Sun	Ganesh: Purple Sunrise: 7:18AM				Vilamba 5120	
		Yama 1:07PM – 2:17PM	Shula* Until 5:24PM	Muruga: Purple Sunset: 4:37PM				Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	789863365 Rahu 9:37AM – 10:47AM	Balava Until 11:18PM	Nataraja: White Moon – Light Blue					Bhuloka Day
			Prathama* Until 10:29AM	Margasira-Karttikai					
2		Sunday, December 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Istanbul, Turkey Sun 15 Sutra 238	
Dhanus Rasi: 14.02	Tithi 2 – 3	Gulika 2:18PM – 3:27PM	Purvashadha* Until 7:07AM Mon	Ganesh: Purple Sunrise: 7:18AM				Vilamba 5120	
		Yama 11:58AM – 1:08PM	Ganda* Until 5:41PM	Muruga: Purple Sunset: 4:37PM				Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	789863365 Rahu 3:27PM – 4:37PM	Taitila Until 1:15AM Mon	Nataraja: White Moon – Light Blue					Bhuloka Day
Until 7:07AM Mon			Dvitiya Until 12:11PM	Margasira-Karttikai					
Then Routine Work - Marana Yoga									
3		Monday, December 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Istanbul, Turkey Sun 16 Sutra 239	
Dhanus Rasi: 26.06	Tithi 3 – 4	Gulika 1:08PM – 2:18PM	Purvashadha* Until 4:55PM Tue	Ganesh: Purple Sunrise: 7:19AM				Vilamba 5120	
Family Home Evening		Yama 10:48AM – 11:58AM	Vridhi Until 6:18PM	Muruga: Purple Sunset: 4:37PM				Moon 11 - Phase 33	3rd Phase
Routine Work	Marana Yoga	789863365 Rahu 8:29AM – 9:39AM	Vanija Until 3:38AM Tue	Nataraja: White Moon – Light Blue					Bhuloka Day
			Tritiya Until 2:22PM	Margasira-Karttikai					
4		Tuesday, December 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Istanbul, Turkey Sun 17 Sutra 240	
Makara Rasi: 8.01	Tithi 4 – 5	Gulika 11:59AM – 1:08PM	Purvashadha* Until 4:55PM	Ganesh: Purple Sunrise: 7:20AM				Vilamba 5120	
		Yama 9:39AM – 10:49AM	Dhruva Until 6:70PM	Muruga: Purple Sunset: 4:37PM				Moon 11 - Phase 33	3rd Phase
Routine Work	Prabalarishta Yoga	789863365 Rahu 2:18PM – 3:28PM	Bava Until 6:18AM Wed	Nataraja: White Moon – Light Blue					Bhuloka Day
Until 4:55PM			Chaturthi* Until 4:55PM	Margasira-Karttikai					
Then Creative Work - Siddha Yoga									
5		Wednesday, December 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Istanbul, Turkey Sun 18 Sutra 241	
Makara Rasi: 19.49	Tithi 5	Gulika 10:50AM – 11:59AM	Shravana Until 1:08PM	Ganesh: Clear Sunrise: 7:21AM				Vilamba 5120	
		Yama 8:30AM – 9:40AM	Vyaghata* Until 8:10PM	Muruga: Purple Sunset: 4:37PM				Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	799863365 Rahu 11:59AM – 1:09PM	Bava Until 6:18AM	Nataraja: White Moon – Purple					Bhuloka Day
Until 1:08PM			Panchami Until 7:40PM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga									
6		Thursday, December 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Istanbul, Turkey Sun 19 Sutra 242	
Kumbha Rasi: 2	Tithi 6	Gulika 9:41AM – 10:50AM	Dhanishtha Until 4:17PM	Ganesh: Clear Sunrise: 7:22AM				Vilamba 5120	
		Yama 7:22AM – 8:31AM	Harshana Until 9:09PM	Muruga: Purple Sunset: 4:38PM				Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	799863365 Rahu 1:09PM – 2:19PM	Kaulava Until 9:03AM	Nataraja: White Moon – Purple					Bhuloka Day
			Shashthi* Until 10:22PM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM	
			Vinayaga Viratam Ends						
Retreat Star		Friday, December 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Visti* Karana Saptamyam Titau		Istanbul, Turkey Sun 20 Sutra 243	
Kumbha Rasi: 13.25	Tithi 7	Gulika 8:32AM – 9:41AM	Shatabhishak Until 7:04PM	Ganesh: Clear Sunrise: 7:22AM				Vilamba 5120	
		Yama 2:19PM – 3:28PM	Vajra* Until 9:55PM	Muruga: Purple Sunset: 4:38PM				Moon 11 - Phase 33	3rd Phase
Creative Work	Siddha Yoga	799863365 Rahu 10:51AM – 12:00PM	Gara Until 13:53AM Sat	Nataraja: White Moon – Purple					Bhuloka Day
			Saptami Until 9:09PM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM	
Retreat Star		Saturday, December 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Istanbul, Turkey Sun 21 Sutra 244	
Kumbha Rasi: 25.22	Tithi 8	Gulika 7:23AM – 8:33AM	Purvaproshtapada* Until 9:45PM	Ganesh: Clear Sunrise: 7:23AM				Vilamba 5120	
		Yama 1:10PM – 2:19PM	Siddhi Until 10:21PM	Muruga: Purple Sunset: 4:38PM				Moon 11 - Phase 33	Ashtami
Routine Work	Marana Yoga	711863365 Rahu 9:42AM – 10:51AM	Visti Until 1:53PM	Nataraja: White Moon – Clear					Bhuloka Day
Until 9:45PM			Ashtami* Until 2:45AM Sun	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga									
Retreat Star		Sunday, December 16, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Istanbul, Turkey Sun 22 Sutra 245	
Meena Rasi: 7.32	Tithi 9	Gulika 2:20PM – 3:29PM	Uttaraproshtapada Until 11:38PM	Ganesh: Purple Sunrise: 7:24AM				Vilamba 5120	
		Yama 12:01PM – 1:10PM	Vyatipata* Until 10:18PM	Muruga: Purple Sunset: 4:38PM				Moon 11 - Phase 33	Navami
Creative Work	Amrita Yoga	811863365 Rahu 3:29PM – 4:38PM	Balava Until 16:22AM Mon	Nataraja: White Moon – Clear					Bhuloka Day
		Markali Pillaiyar	Navami* Until 10:21PM	Margasira-Markali					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1		Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau	Istanbul, Turkey Sun 23 Sutra 246 Vilamba 5120
Meena Rasi: 19.59	Tithi 10	Gulika 1:11PM – 2:20PM	Revati Until 12:38AM Tue	Ganesh: Purple <i>Sunrise:</i> 7:25AM	
Family Home Evening	811863365	Yama 10:52AM – 12:02PM	Variyan Until 9:38PM	Muruga: Purple <i>Sunset:</i> 4:39PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu 8:34AM – 9:43AM	Taitila Until 4:22PM	Nataraja: White	4th Phase
			Dashami Until 4:29AM Tue	Moon – Clear	Bhuloka Day
				Margasira-Markali	
2		Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau	Istanbul, Turkey Sun 24 Sutra 247 Vilamba 5120
Mesha Rasi: 2.48	Tithi 11	Gulika 12:02PM – 1:11PM	Ashvini Until 1:09AM Wed	Ganesh: Clear <i>Sunrise:</i> 7:25AM	
	821863365	Yama 9:44AM – 10:53AM	Parigha* Until 8:21PM	Muruga: Purple <i>Sunset:</i> 4:39PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu 2:21PM – 3:30PM	Vanija Until 4:26PM	Nataraja: White	4th Phase
			Ekadashi Until 4:08AM Wed	Moon – White	Bhuloka Day
		Vaikuntha Ekadasi		Margasira-Markali	Devaloka Time: 6:AM to 9:AM
3		Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava Karana Dvadashyam Titau	Istanbul, Turkey Sun 25 Sutra 248 Vilamba 5120
Mesha Rasi: 16.02	Tithi 12	Gulika 10:53AM – 12:03PM	Bharani Until 12:43AM Thu	Ganesh: Clear <i>Sunrise:</i> 7:26AM	
	821863365	Yama 8:35AM – 9:44AM	Shiva Until 6:26PM	Muruga: Purple <i>Sunset:</i> 4:39PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu 12:03PM – 1:12PM	Bava Until 3:40PM	Nataraja: White	4th Phase
Until 12:43AM Thu			Dvadashi Until 2:59AM Thu	Moon – White	Bhuloka Day
Then Routine Work - Marana Yoga				Margasira-Markali	Devaloka Time: 6:AM to 9:AM
4		Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Istanbul, Turkey Sun 26 Sutra 249 Vilamba 5120
Mesha Rasi: 29.42	Tithi 13	Gulika 9:45AM – 10:54AM	Krittika Until 11:28PM	Ganesh: Clear <i>Sunrise:</i> 7:26AM	
	821863365	Yama 7:26AM – 8:36AM	Siddha Until 3:56PM	Muruga: Purple <i>Sunset:</i> 4:40PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu 1:12PM – 2:21PM	Kaulava Until 2:09PM	Nataraja: White	4th Phase
			Trayodashi Until 1:08AM Fri	Moon – White	Bhuloka Day
				Margasira-Markali	Devaloka Time: 6:AM to 9:AM
			<i>Pradosha Vrata</i>		
5		Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau	Istanbul, Turkey Sun 27 Sutra 250 Vilamba 5120
Vrishabha Rasi: 13.47	Tithi 14	Gulika 8:36AM – 9:45AM	Rohini Until 9:54PM	Ganesh: White <i>Sunrise:</i> 7:27AM	
	831963365	Yama 2:22PM – 3:31PM	Sadhya Until 12:56PM	Muruga: Purple <i>Sunset:</i> 4:40PM	Moon 11 - Phase 34
Routine Work	Marana Yoga	Rahu 10:54AM – 12:04PM	Gara Until 12:00PM	Nataraja: White	4th Phase
Until 9:54PM			Chaturdashi* Until 10:43PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati		Margasira-Markali	
○		Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau	Istanbul, Turkey Sutra 251 Vilamba 5120
Vrishabha Rasi: 28.14	Tithi 15	Gulika 7:27AM – 8:37AM	Mrigashira Until 7:47PM	Ganesh: Yellow <i>Sunrise:</i> 7:27AM	
	831963365	Yama 1:13PM – 2:22PM	Subha Until 9:32AM	Muruga: Purple <i>Sunset:</i> 4:41PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu 9:46AM – 10:55AM	Visti Until 9:21AM	Nataraja: White	Purnima
			Purnima* Until 7:52PM	Moon – Yellow	Bhuloka Day
		Day 2 of Pancha Ganapati		Margasira-Markali	Devaloka Time: 9:AM to 12:PM
○		Sunday, December 23, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau	Istanbul, Turkey Sutra 252 Vilamba 5120
Mithuna Rasi: 12.56	Tithi 16 – 17	Gulika 2:23PM – 3:32PM	Ardra Until 5:15PM	Ganesh: Yellow <i>Sunrise:</i> 7:28AM	
	831963365	Yama 12:05PM – 1:14PM	Brahma Until 2:00AM Mon	Muruga: Purple <i>Sunset:</i> 4:41PM	Moon 11 - Phase 34
Creative Work	Siddha Yoga	Rahu 3:32PM – 4:41PM	Balava Until 6:21AM	Nataraja: White	Prathama
			Prathama* Until 4:45PM	Moon – Yellow	Bhuloka Day
		Day 3 of Pancha Ganapati		Margasira-Markali	Devaloka Time: 9:AM to 12:PM
		Ardra Darshanam			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 27.49 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 2:53PM

Then Creative Work - Siddha Yoga

842963366

Gulika 1:14PM - 2:24PM
Yama 10:56AM - 12:05PM
Rahu 8:38AM - 9:47AM

Day 4 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Punarvasu Until 2:53PM
Indra Until 10:07PM
Vanija Until 11:55PM

Dvitiya Until 1:31PM

Ganesh: Blue Sunrise: 7:28AM

Muruga: Purple Sunset: 4:42PM

Nataraja: White

Moon - Blue

Margasira-Markali

Istanbul, Turkey

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 12.41 Tihi 18 - 19

Creative Work Siddha Yoga

842963366

Gulika 12:06PM - 1:15PM
Yama 9:47AM - 10:56AM
Rahu 2:24PM - 3:33PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Pushya Until 12:25PM
Vaidhriti* Until 12:25PM
Bava Until 8:47PM

Tritiya Until 10:19AM

Ganesh: Yellow Sunrise: 7:29AM

Muruga: Purple Sunset: 4:43PM

Nataraja: White

Moon - Blue

Margasira-Markali

Istanbul, Turkey

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Kataka Rasi: 27.28 Tihi 19 - 20

Creative Work Siddha Yoga

842963366

Gulika 10:57AM - 12:06PM
Yama 8:38AM - 9:48AM
Rahu 12:06PM - 1:15PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Chatrthi/Panchamyam Titau

Ashlesha* Until 9:59AM
Vishkambha* Until 2:39PM
Taitila Until 4:31AM Thu
Chatrthi* Until 7:16AM

Ganesh: Yellow Sunrise: 7:29AM

Muruga: Purple Sunset: 4:43PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Istanbul, Turkey

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Simha Rasi: 12.02 Tihi 21

Creative Work Amrita Yoga

Until 8:08AM

Then Creative Work - Siddha Yoga

852963366

Gulika 9:48AM - 10:57AM
Yama 7:29AM - 8:39AM
Rahu 1:16PM - 2:25PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Magha* Until 8:08AM
Priti Until 11:17AM
Gara Until 3:18PM
Shashthi* Until 2:10AM Fri

Ganesh: Blue Sunrise: 7:29AM

Muruga: Purple Sunset: 4:44PM

Nataraja: Green

Moon - Red

Margasira-Markali

Istanbul, Turkey

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Simha Rasi: 26.2 Tihi 22

Creative Work Siddha Yoga

852963366

Gulika 8:39AM - 9:48AM
Yama 2:26PM - 3:35PM
Rahu 10:58AM - 12:07PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Saptamyam Titau

Purvaphalguni Until 6:33AM
Ayushman Until 6:33AM
Visti Until 1:10PM
Saptami Until 12:16AM Sat

Ganesh: Blue Sunrise: 7:30AM

Muruga: Purple Sunset: 4:45PM

Nataraja: Green

Moon - Red

Margasira-Markali

Istanbul, Turkey

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.19 Tihi 23

Routine Work Marana Yoga

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

862963366

Gulika 7:30AM - 8:39AM
Yama 1:17PM - 2:26PM
Rahu 9:49AM - 10:58AM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Hasta Until 4:50AM Sun
Sobhana Until 3:22AM Sun
Balava Until 11:32AM
Ashtami* Until 10:54PM

Ganesh: Red Sunrise: 7:30AM

Muruga: Purple Sunset: 4:45PM

Nataraja: Green

Moon - Green

Margasira-Markali

Istanbul, Turkey

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

6

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 23.59 Tihi 24

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Creative Work - Amrita Yoga

862963366

Gulika 2:27PM - 3:37PM
Yama 12:08PM - 1:18PM
Rahu 3:37PM - 4:46PM

Day 5 of Pancha Ganapati

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Chitra Until 4:46AM Mon
Athiganda* Until 1:33AM Mon
Taitila Until 10:26AM
Navami* Until 10:04PM

Ganesh: Red Sunrise: 7:30AM

Muruga: Purple Sunset: 4:46PM

Nataraja: Green

Moon - Green

Margasira-Markali

Istanbul, Turkey

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Istanbul, Turkey	
Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 260		Vilamba 5120	
1		Gulika	1:18PM – 2:28PM	Svati Until 5:03AM Tue	Ganesh: Red	<i>Sunrise:</i> 7:30AM	
Tula Rasi: 7.2	Tithi 25	Yama	10:59AM – 12:09PM	Sukarma Until 12:09AM Tue	Muruga: Purple	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu	8:40AM – 9:50AM	Vanija Until 9:52AM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 9:45PM	Moon – Green	Bhuloka Day	
Until 5:03AM Tue					Margasira*Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey	
Vishakha Nakshatra Dhriti Yoga Bava Karana Ekadashyam Titau		Sun 9		Sutra 261		Vilamba 5120	
2		Gulika	12:09PM – 1:19PM	Vishakha Until 6:08AM Wed	Ganesh: Green	<i>Sunrise:</i> 7:31AM	
Tula Rasi: 20.25	Tithi 26	Yama	9:50AM – 10:59AM	Dhriti Until 6:08AM Wed	Muruga: Purple	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 36
872963366		Rahu	2:28PM – 3:38PM	Bava Until 9:49AM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 9:58PM	Moon – Orange	Bhuloka Day	
Until 6:08AM Wed					Margasira*Markali		
Then Creative Work - Siddha Yoga							

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Istanbul, Turkey	
Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 10		Sutra 262		Vilamba 5120	
3		Gulika	11:00AM – 12:10PM	Vishakha Until 6:08AM	Ganesh: Green	<i>Sunrise:</i> 7:31AM	
Vrischika Rasi: 3.15	Tithi 27	Yama	8:40AM – 9:50AM	Shula* Until 10:31PM	Muruga: Purple	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 36
872963366		Rahu	12:10PM – 1:19PM	Kaulava Until 10:73AM Thu	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Dvodashi* Until 11:09PM	Moon – Orange	Bhuloka Day	
					Margasira*Markali		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Istanbul, Turkey	
Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara Karana Trayodashyam Titau		Sun 11		Sutra 263		Vilamba 5120	
4		Gulika	9:50AM – 11:00AM	Anuradha Until 7:31AM	Ganesh: Green	<i>Sunrise:</i> 7:31AM	
Vrischika Rasi: 15.52	Tithi 28	Yama	7:31AM – 8:41AM	Ganda* Until 10:14PM	Muruga: Purple	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 36
872963366		Rahu	1:20PM – 2:30PM	Gara Until 11:13AM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 11:51PM	Moon – Orange	Bhuloka Day	
Until 7:31AM					Margasira*Markali		
Then Routine Work - Prabalarishta Yoga							

Pradosha Vrata (Fasting)

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey	
Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 264		Vilamba 5120	
5		Gulika	8:41AM – 9:51AM	Jyeshtha* Until 9:12AM	Ganesh: Green	<i>Sunrise:</i> 7:31AM	
Vrischika Rasi: 28.16	Tithi 29	Yama	2:30PM – 3:40PM	Vriddhi Until 10:19PM	Muruga: Purple	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 36
872963366		Rahu	11:01AM – 12:11PM	Visti Until 12:37PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Chaturdashi* Until 1:28AM Sat	Moon – Orange	Bhuloka Day	
Until 9:12AM					Margasira*Markali		
Then Creative Work - Amrita Yoga							

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Istanbul, Turkey	
Retreat Star		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Sutra 265	
Dhanus Rasi: 10.29	Tithi 30	Gulika	7:31AM – 8:41AM	Mula* Until 11:36AM	Ganesh: White	<i>Sunrise:</i> 7:31AM	Vilamba 5120
		Yama	1:21PM – 2:31PM	Dhruva Until 10:40PM	Muruga: Purple	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 36
882963366		Rahu	9:51AM – 11:01AM	Catuspada Until 2:27PM	Nataraja: Green		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 3:29AM Sun	Moon – Light Blue	Bhuloka Day	
		Subramuniyaswami Jayanti			Margasira*Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey	
Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 266	
Dhanus Rasi: 22.34	Tithi 1	Gulika	2:32PM – 3:42PM	Purvashadha* Until 2:13PM	Ganesh: White	<i>Sunrise:</i> 7:31AM	Vilamba 5120
		Yama	12:11PM – 1:22PM	Vyaghata* Until 11:18PM	Muruga: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 36
882973366		Rahu	3:42PM – 4:52PM	Kintughna Until 4:39PM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga			Prathama* Until 5:50AM Mon	Moon – Light Blue	Bhuloka Day	
Until 2:13PM		Partial Solar Eclipse			Pausha*Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Istanbul, Turkey
	Makara Rasi: 4.3	Tithi 2	Gulika 1:22PM – 2:32PM	Uttarashadha Until 4:56PM	Ganesha: White	<i>Sunrise:</i> 7:31AM	Sun 15 Sutra 267
Family Home Evening		882973366	Rahu 8:41AM – 9:51AM	Harshana Until 12:09AM Tue	Muruga: Clear	<i>Sunset:</i> 4:53PM	Vilamba 5120
Routine Work Marana Yoga				Balava Until 7:09PM	Nataraja: Green		Moon 12 - Phase 37
Until 4:56PM				Dvitiya Until 8:27AM Tue	Moon – Light Blue		3rd Phase
Then Creative Work - Amrita Yoga					Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

2	Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey
	Makara Rasi: 16.2	Tithi 2 – 3	Gulika 12:12PM – 1:23PM	Shravana Until 8:12PM	Ganesha: Red	<i>Sunrise:</i> 7:31AM	Sun 16 Sutra 268
Creative Work Siddha Yoga		893973366	Rahu 2:33PM – 3:44PM	Vajra* Until 1:06AM Wed	Muruga: Clear	<i>Sunset:</i> 4:54PM	Vilamba 5120
				Taitila Until 9:50PM	Nataraja: Green		Moon 12 - Phase 37
				Dvitiya Until 8:27AM	Moon – Purple		3rd Phase
					Pausha-Markali	Devaloka Day	

3	Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Istanbul, Turkey
	Makara Rasi: 28.08	Tithi 3 – 4	Gulika 11:02AM – 12:13PM	Dhanishtha Until 11:22PM	Ganesha: Red	<i>Sunrise:</i> 7:31AM	Sun 17 Sutra 269
Routine Work Prabalarishta Yoga		893973366	Rahu 12:13PM – 1:23PM	Siddhi Until 2:06AM Thu	Muruga: Clear	<i>Sunset:</i> 4:55PM	Vilamba 5120
Until 11:22PM				Vanija Until 12:36AM Thu	Nataraja: Green		Moon 12 - Phase 37
Then Creative Work - Siddha Yoga				Tritiya Until 11:12AM	Moon – Purple		3rd Phase
					Pausha-Markali	Devaloka Day	

4	Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey
	Kumbha Rasi: 9.55	Tithi 4 – 5	Gulika 9:52AM – 11:02AM	Shatabhishak Until 2:16AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:30AM	Sun 18 Sutra 270
Creative Work Siddha Yoga		893973366	Rahu 1:24PM – 2:35PM	Vyatipata* Until 3:01AM Fri	Muruga: Clear	<i>Sunset:</i> 4:56PM	Vilamba 5120
				Bava Until 3:15AM Fri	Nataraja: Green		Moon 12 - Phase 37
				Chaturthi* Until 1:55PM	Moon – Purple		3rd Phase
					Pausha-Markali	Devaloka Day	

5	Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Istanbul, Turkey
	Kumbha Rasi: 21.45	Tithi 5 – 6	Gulika 8:41AM – 9:52AM	Purvaproshtapada* Until 5:14AM Sat	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	Sun 19 Sutra 271
Creative Work Siddha Yoga		813973366	Rahu 11:03AM – 12:14PM	Variyan Until 3:43AM Sat	Muruga: Clear	<i>Sunset:</i> 4:57PM	Vilamba 5120
				Kaulava Until 5:37AM Sat	Nataraja: Green		Moon 12 - Phase 37
				Panchami Until 4:27PM	Moon – Clear		3rd Phase
					Pausha-Markali	Devaloka Day	

6	Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthyam Titau				Istanbul, Turkey
	Meena Rasi: 3.42	Tithi 6	Gulika 7:30AM – 8:41AM	Uttaraproshtapada Until 7:37AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	Sun 20 Sutra 272
Creative Work Siddha Yoga		813973366	Rahu 9:52AM – 11:03AM	Parigha* Until 4:06AM Sun	Muruga: Clear	<i>Sunset:</i> 4:58PM	Vilamba 5120
Until 7:37AM Sun				Taitila Until 6:37PM	Nataraja: Green		Moon 12 - Phase 37
Then Creative Work - Amrita Yoga				Shashthi* Until 6:37PM	Moon – Clear		3rd Phase
					Pausha-Markali	Devaloka Day	

Sunday, January 13, 2019	Retreat Star		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey
	Meena Rasi: 15.5	Tithi 7	Gulika 2:37PM – 3:48PM	Uttaraproshtapada Until 7:37AM	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	Sun 21 Sutra 273
Creative Work Amrita Yoga		813973366	Rahu 3:48PM – 4:59PM	Shiva Until 4:02AM Mon	Muruga: Clear	<i>Sunset:</i> 4:59PM	Vilamba 5120
				Gara Until 7:32AM	Nataraja: Green		Moon 12 - Phase 37
				Saptami Until 8:15PM	Moon – Clear		3rd Phase
					Pausha-Markali	Devaloka Day	

Monday, January 14, 2019	Retreat Star		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey
	Meena Rasi: 28.13	Tithi 8	Gulika 1:26PM – 2:38PM	Revati Until 9:18PM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:29AM	Sun 22 Sutra 274
Family Home Evening		813973366	Rahu 8:41AM – 9:52AM	Siddha Until 3:23AM Tue	Muruga: Clear	<i>Sunset:</i> 5:00PM	Vilamba 5120
Creative Work Siddha Yoga				Visti Until 8:49AM	Nataraja: Green		Moon 12 - Phase 37
				Ashtami* Until 9:10PM	Moon – Clear		Ashtami
					Pausha-Thai	Devaloka Day	

Tuesday, January 15, 2019	Retreat Star		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey
	Mesha Rasi: 10.55	Tithi 9	Gulika 12:15PM – 1:27PM	Sadhya Until 9:18PM	Ganesha: Purple	<i>Sunrise:</i> 7:29AM	Sun 23 Sutra 275
Creative Work Siddha Yoga		823973366	Rahu 2:38PM – 3:50PM	Sadhya Until 1:68AM Wed	Muruga: Clear	<i>Sunset:</i> 5:01PM	Vilamba 5120
				Balava Until 9:21AM	Nataraja: Green		Moon 12 - Phase 37
				Navami* Until 9:18PM	Moon – White		Navami
					Pausha-Thai	Sivaloka Day	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

1	Wednesday, January 16, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Tailila/Gara Karana Dashamyam Titau	Istanbul, Turkey
	Sun 24	Sutra 276	Vilamba 5120
Mesha Rasi: 24.01	Tithi 10	Gulika 11:04AM – 12:15PM Yama 8:40AM – 9:52AM 823173366 Rahu 12:15PM – 1:27PM	Bharani Until 10:43AM Subha Until 12:15AM Thu Tailila Until 9:04AM Dashami Until 8:36PM
Creative Work Until 10:43AM Then Creative Work - Amrita Yoga		Ganesh: Blue <i>Sunrise:</i> 7:28AM Muruga: Clear <i>Sunset:</i> 5:03PM Nataraja: Green Moon – White Pausha*Thai	Sivaloka Day

2	Thursday, January 17, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau	Istanbul, Turkey
	Sun 25	Sutra 277	Vilamba 5120
Virshabha Rasi: 7.35	Tithi 11	Gulika 9:52AM – 11:04AM Yama 7:28AM – 8:40AM 823173366 Rahu 1:28PM – 2:40PM	Krittika Until 10:02AM Sukla Until 9:43PM Vanija Until 7:57AM Ekadashi Until 7:05PM
Routine Work Marana Yoga		Ganesh: Blue <i>Sunrise:</i> 7:28AM Muruga: Clear <i>Sunset:</i> 5:04PM Nataraja: Green Moon – White Pausha*Thai	Sivaloka Day

3	Friday, January 18, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau	Istanbul, Turkey
	Sun 26	Sutra 278	Vilamba 5120
Virshabha Rasi: 21.35	Tithi 12 – 13	Gulika 8:40AM – 9:52AM Yama 2:41PM – 3:53PM 823173366 Rahu 11:04AM – 12:16PM	Rohini Until 8:54AM Brahma Until 6:37PM Bava Until 6:05AM Dvadashi Until 4:52PM
Routine Work Until 8:54AM Then Creative Work - Siddha Yoga		Ganesh: Yellow <i>Sunrise:</i> 7:27AM Muruga: Clear <i>Sunset:</i> 5:05PM Nataraja: Green Moon – Yellow Pausha*Thai	Devaloka Day
		<i>Pradosha Vrata</i>	

4	Saturday, January 19, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Istanbul, Turkey
	Sun 27	Sutra 279	Vilamba 5120
Mithuna Rasi: 6.03	Tithi 13 – 14	Gulika 7:27AM – 8:39AM Yama 1:29PM – 2:41PM 823173366 Rahu 9:52AM – 11:04AM	Mrigashira Until 10:48AM Sun Indra Until 3:05PM Gara Until 12:29AM Sun Trayodashi Until 2:03PM
Creative Work Siddha Yoga		Ganesh: Yellow <i>Sunrise:</i> 7:27AM Muruga: Clear <i>Sunset:</i> 5:06PM Nataraja: Green Moon – Yellow Pausha*Thai	Devaloka Day

	Sunday, January 20, 2019	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Istanbul, Turkey
	Sun 28	Sutra 280	Vilamba 5120
Mithuna Rasi: 20.52	Tithi 14 – 15	Gulika 2:42PM – 3:55PM Yama 12:17PM – 1:29PM 823173366 Rahu 3:55PM – 5:07PM	Mrigashira Until 10:48AM Vaidhriti* Until 6:61AM Mon Visti Until 9:04PM Chaturdashi* Until 10:48AM
Creative Work Siddha Yoga		Ganesh: White <i>Sunrise:</i> 7:26AM Muruga: Clear <i>Sunset:</i> 5:07PM Nataraja: Green Moon – Blue Pausha*Thai	Sivaloka Day

Monday, January 21, 2019	Silver Retreat Star	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau	Istanbul, Turkey
	Sun 28	Sutra 281	Vilamba 5120
Kataka Rasi: 5.57	Tithi 15 – 16	Gulika 1:30PM – 2:43PM Yama 11:04AM – 12:17PM 823173366 Rahu 8:39AM – 9:51AM	Pushya Until 10:55PM Vishkambha* Until 7:01AM Kaulava Until 3:34AM Tue Purnima* Until 7:15AM
Family Home Evening Creative Work Siddha Yoga		Ganesh: White <i>Sunrise:</i> 7:26AM Muruga: Clear <i>Sunset:</i> 5:08PM Nataraja: Green Moon – Blue Pausha*Thai	Sivaloka Day
		Total Lunar Eclipse Thai Pusam	



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Tailila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Sutra 282

Vilamba 5120

Kataka Rasi: 21.08 Tihi 17

844173366

Gulika 11:17PM – 1:30PM
Yama 9:51AM – 11:04AM
Rahu 2:43PM – 3:57PM

Ashlesha* Until 8:29PM Wed
Ayushman Until 10:32PM
Tailila Until 1:45PM
Dvitiya Until 11:56PM

Ganesha: Clear *Sunrise:* 7:25AM
Muruga: Clear *Sunset:* 5:10PM
Nataraja: Green
Moon – Blue
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Purvaphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Triliyayam Titau

Istanbul, Turkey

Sun 1 Sutra 283

Vilamba 5120

Simha Rasi: 6.16 Tihi 18

854173366

Gulika 11:04AM – 12:18PM
Yama 8:38AM – 9:51AM
Rahu 12:18PM – 1:31PM

Ashlesha* Until 8:29PM
Saubhagya Until 6:27PM
Vanija Until 10:12AM
Tritiya Until 8:29PM

Ganesha: Purple *Sunrise:* 7:25AM
Muruga: Clear *Sunset:* 5:11PM
Nataraja: Green
Moon – Red
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 8:29PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 2 Sutra 284

Vilamba 5120

Simha Rasi: 21.13 Tihi 19 – 20

854173366

Gulika 9:51AM – 11:04AM
Yama 7:24AM – 8:37AM
Rahu 1:31PM – 2:45PM

Purvaphalguni Until 2:47PM Fri
Sobhana Until 2:40PM
Bava Until 6:54AM
Chaturthi* Until 5:24PM

Ganesha: Purple *Sunrise:* 7:24AM
Muruga: Clear *Sunset:* 5:12PM
Nataraja: Green
Moon – Red
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Tailila/Vanija Karana Panchami/Shashthyam Titau

Istanbul, Turkey

Sun 3 Sutra 285

Vilamba 5120

Kanya Rasi: 5.52 Tihi 20 – 21

954173366

Gulika 8:37AM – 9:51AM
Yama 2:46PM – 3:59PM
Rahu 11:04AM – 12:18PM

Purvaphalguni Until 2:47PM
Athiganda* Until 12:45PM
Vanija Until 12:48AM Sat
Panchami Until 2:47PM

Ganesha: Clear *Sunrise:* 7:23AM
Muruga: Clear *Sunset:* 5:13PM
Nataraja: Green
Moon – Red
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 2:47PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhrili Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 4 Sutra 286

Vilamba 5120

Kanya Rasi: 20.06 Tihi 21 – 22

964173366

Gulika 7:22AM – 8:36AM
Yama 1:32PM – 2:46PM
Rahu 9:50AM – 11:04AM

Hasta Until 11:31AM
Sukarma Until 8:18AM
Visti Until 12:04AM Sun
Shashthi* Until 12:48PM

Ganesha: Purple *Sunrise:* 7:22AM
Muruga: Clear *Sunset:* 5:14PM
Nataraja: Green
Moon – Green
Pausha*Thai

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 5 Sutra 287

Vilamba 5120

Tula Rasi: 3.55 Tihi 22 – 23

964173366

Gulika 2:47PM – 4:01PM
Yama 12:19PM – 1:33PM
Rahu 4:01PM – 5:16PM

Chitra Until 10:51AM
Shula* Until 4:06AM Mon
Balava Until 10:68PM
Saptami Until 8:18AM

Ganesha: Purple *Sunrise:* 7:22AM
Muruga: Clear *Sunset:* 5:16PM
Nataraja: Green
Moon – Green
Pausha*Thai

Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 6 Sutra 288

Vilamba 5120

Tula Rasi: 17.19 Tihi 23 – 24

964173366

Gulika 1:33PM – 2:48PM
Yama 11:04AM – 12:19PM
Rahu 8:35AM – 9:50AM

Svati Until 10:44AM
Ganda* Until 2:52AM Tue
Tailila Until 10:58PM
Ashtami* Until 10:56AM

Ganesha: Purple *Sunrise:* 7:21AM
Muruga: Clear *Sunset:* 5:17PM
Nataraja: Green
Moon – Green
Pausha*Thai

Moon 1 - Phase 39
Navami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:44AM

Then Routine Work - Marana Yoga

1	Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey	
	Vishakha/Anuradha Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 289				Vilamba 5120	
Vrischika Rasi: 0.18 Tithi 24 – 25		Gulika 12:19PM – 1:34PM	Vishakha Until 11:40AM	Ganesha: Clear	<i>Sunrise:</i> 7:20AM			
		Yama 9:49AM – 11:04AM	Vridhhi Until 2:12AM Wed	Muruga: Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 40		
974173366		Rahu 2:49PM – 4:03PM	Vanija Until 11:30PM	Nataraja: Green		2nd Phase		
Routine Work Marana Yoga		Navami* Until 11:07AM		Moon – Orange	Devaloka Day			
Until 11:40AM				Pausha*Thai				
Then Creative Work - Siddha Yoga								


2	Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Istanbul, Turkey	
	Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 290				Vilamba 5120	
Vrischika Rasi: 12.58 Tithi 25 – 26		Gulika 11:04AM – 12:19PM	Anuradha Until 1:30PM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:19AM			
		Yama 8:34AM – 9:49AM	Dhruva Until 2:00AM Thu	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 40		
974173366		Rahu 12:19PM – 1:34PM	Bava Until 12:42AM Thu	Nataraja: Green		2nd Phase		
Creative Work Siddha Yoga		Dashami Until 12:00PM		Moon – Orange	Devaloka Day			
				Pausha*Thai				

3	Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Istanbul, Turkey	
	Anuradha/Mula* Nakshatra Vyaghata* Yoga Balava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 291				Vilamba 5120	
Vrischika Rasi: 25.21 Tithi 26 – 27		Gulika 9:49AM – 11:04AM	Anuradha Until 1:30PM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM			
		Yama 7:18AM – 8:33AM	Vyaghata* Until 1:73AM Fri	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 40		
974173366		Rahu 1:35PM – 2:50PM	Balava Until 1:30PM	Nataraja: Green		2nd Phase		
Routine Work Prabalarishta Yoga		Ekadashi* Until 1:30PM		Moon – Orange	Devaloka Day			
Until 1:30PM				Pausha*Thai				
Then Creative Work - Siddha Yoga								

4	Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey	
	Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 292				Vilamba 5120	
Dhanus Rasi: 7.31 Tithi 27 – 28		Gulika 8:33AM – 9:49AM	Mula* Until 5:35PM	Ganesha: White	<i>Sunrise:</i> 7:18AM			
		Yama 2:50PM – 4:05PM	Harshana Until 2:47AM Sat	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 40		
984173366		Rahu 11:04AM – 12:19PM	Gara Until 4:38AM Sat	Nataraja: Green		2nd Phase		
Creative Work Amrita Yoga		Dvadashi* Until 3:28PM		Moon – Light Blue	Bhuloka Day			
Until 5:35PM				Pausha*Thai	Devaloka Time: 12:PM to 3:PM			
Then Routine Work - Prabalarishta Yoga								

5	Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Istanbul, Turkey	
	Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 293				Vilamba 5120	
Dhanus Rasi: 19.31 Tithi 28 – 29		Gulika 7:17AM – 8:33AM	Purvashadha* Until 8:23PM	Ganesha: White	<i>Sunrise:</i> 7:17AM			
		Yama 1:35PM – 2:51PM	Vajra* Until 3:32AM Sun	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 40		
984173366		Rahu 9:48AM – 11:04AM	Visti Until 7:06AM Sun	Nataraja: Green		2nd Phase		
Creative Work Siddha Yoga		Trayodashi* Until 5:49PM		Moon – Light Blue	Bhuloka Day			
Until 8:23PM				Pausha*Thai	Devaloka Time: 12:PM to 3:PM			
Then Routine Work - Marana Yoga								

6	Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey	
	Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 294				Vilamba 5120	
Makara Rasi: 1.24 Tithi 29		Gulika 2:51PM – 4:07PM	Uttarashadha Until 11:15PM	Ganesha: Yellow	<i>Sunrise:</i> 7:16AM			
		Yama 12:20PM – 1:35PM	Siddhi Until 4:27AM Mon	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 40		
985173366		Rahu 4:07PM – 5:23PM	Visti Until 7:06AM	Nataraja: Green		2nd Phase		
Creative Work Amrita Yoga		Chaturdashi* Until 8:24PM		Moon – Light Blue	Devaloka Day			
				Pausha*Thai				

	Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Istanbul, Turkey	
	Retreat Star		Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 295		Vilamba 5120	
Makara Rasi: 13.14 Tithi 30		Gulika 1:36PM – 2:52PM	Shravana Until 2:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 7:15AM			
Family Home Evening		Yama 11:04AM – 12:20PM	Vyatipata* Until 5:27AM Tue	Muruga: Clear	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 40		
995173367		Rahu 8:31AM – 9:47AM	Catuspada Until 9:46AM	Nataraja: White		Amavasya		
Creative Work Amrita Yoga		Amavasya* Until 11:06PM		Moon – Purple	Devaloka Day			
Until 2:32AM Tue				Pausha*Thai				
Then Creative Work - Siddha Yoga								

7	Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey	
	Retreat Star		Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 296		Vilamba 5120	
Makara Rasi: 25.01 Tithi 1		Gulika 12:20PM – 1:36PM	Dhanishtha Until 5:39AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:14AM			
		Yama 9:47AM – 11:03AM	Variyan Until 8:30AM Thu Wed	Muruga: Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 40		
995173367		Rahu 2:53PM – 4:09PM	Kintughna Until 12:29PM	Nataraja: White		Prathama		
Creative Work Siddha Yoga		Prathama* Until 1:48AM Wed		Moon – Purple	Devaloka Day			
				Magha*Thai				

1		Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Taitila Karana Dvitiyayam Titau		Istanbul, Turkey	
Kumbha Rasi: 6.5	Tithi 2	Gulika 11:03AM – 12:20PM	Shatabhishak Until 8:30AM Thu	Ganesh: Red	<i>Sunrise:</i> 7:13AM	Sun 15	Sutra 297
		Yama 8:30AM – 9:47AM	Variyan Until 8:30AM Thu	Muruga: Clear	<i>Sunset:</i> 5:27PM		Vilamba 5120
Creative Work	Siddha Yoga	995173367 Rahu 12:20PM – 1:37PM	Balava Until 3:09PM	Nataraja: White			Moon 1 - Phase 41
			Dvitiya Until 4:25AM Thu	Moon – Purple			3rd Phase
				Magha-Thai			Devaloka Day

2		Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trityayam Titau		Istanbul, Turkey	
Kumbha Rasi: 18.4	Tithi 3	Gulika 9:46AM – 11:03AM	Shatabhishak Until 8:30AM	Ganesh: Red	<i>Sunrise:</i> 7:12AM	Sun 16	Sutra 298
		Yama 7:12AM – 8:29AM	Parigha* Until 7:18AM	Muruga: Clear	<i>Sunset:</i> 5:28PM		Vilamba 5120
Creative Work	Siddha Yoga	995173367 Rahu 1:37PM – 2:54PM	Taitila Until 5:40PM	Nataraja: White			Moon 1 - Phase 41
			Tritiya Until 6:50AM Fri	Moon – Purple			3rd Phase
				Magha-Thai			Devaloka Day

3		Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau		Istanbul, Turkey	
Meena Rasi: 0.35	Tithi 3 – 4	Gulika 8:28AM – 9:46AM	Purvaprosarthapada* Until 11:29AM	Ganesh: Blue	<i>Sunrise:</i> 7:11AM	Sun 17	Sutra 299
		Yama 2:55PM – 4:12PM	Shiva Until 8:03AM	Muruga: Clear	<i>Sunset:</i> 5:29PM		Vilamba 5120
Creative Work	Siddha Yoga	915173367 Rahu 11:03AM – 12:20PM	Vanija Until 7:57PM	Nataraja: White			Moon 1 - Phase 41
			Tritiya Until 6:50AM	Moon – Clear			3rd Phase
				Magha-Thai			Sivaloka Day

4		Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Istanbul, Turkey	
Meena Rasi: 12.37	Tithi 4 – 5	Gulika 7:10AM – 8:27AM	Uttaraprosarthapada Until 2:01PM	Ganesh: Blue	<i>Sunrise:</i> 7:10AM	Sun 18	Sutra 300
		Yama 1:38PM – 2:55PM	Siddha Until 8:33AM	Muruga: Clear	<i>Sunset:</i> 5:31PM		Vilamba 5120
Creative Work	Siddha Yoga	915173367 Rahu 9:45AM – 11:03AM	Bava Until 9:54PM	Nataraja: White			Moon 1 - Phase 41
Until 2:01PM			Chaturthi* Until 8:57AM	Moon – Clear			3rd Phase
Then Routine Work - Prabalarishta Yoga				Magha-Thai			Sivaloka Day

5		Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Istanbul, Turkey	
Meena Rasi: 24.47	Tithi 5 – 6	Gulika 2:56PM – 4:14PM	Revati Until 3:59PM	Ganesh: Red	<i>Sunrise:</i> 7:09AM	Sun 19	Sutra 301
		Yama 12:20PM – 1:38PM	Sadhya Until 8:47AM	Muruga: Clear	<i>Sunset:</i> 5:32PM		Vilamba 5120
Creative Work	Amrita Yoga	915273367 Rahu 4:14PM – 5:32PM	Kaulava Until 11:23PM	Nataraja: White			Moon 1 - Phase 41
Until 3:59PM			Panchami Until 10:41AM	Moon – Clear			3rd Phase
Then Creative Work - Siddha Yoga				Magha-Thai			Devaloka Day

6		Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Istanbul, Turkey	
Mesha Rasi: 7.1	Tithi 6 – 7	Gulika 1:38PM – 2:57PM	Ashvini Until 5:45PM	Ganesh: Blue	<i>Sunrise:</i> 7:07AM	Sun 20	Sutra 302
Family Home Evening		Yama 11:02AM – 12:20PM	Subha Until 8:38AM	Muruga: Clear	<i>Sunset:</i> 5:33PM		Vilamba 5120
Creative Work	Siddha Yoga	925273367 Rahu 8:26AM – 9:44AM	Gara Until 12:18AM Tue	Nataraja: White			Moon 1 - Phase 41
			Shashthi* Until 11:54AM	Moon – White			3rd Phase
				Magha-Thai			Bhuloka Day
							Devaloka Time: 12:PM to 3:PM

Retreat Star		Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Istanbul, Turkey	
Mesha Rasi: 19.49	Tithi 7 – 8	Gulika 12:20PM – 1:39PM	Bharani Until 6:44PM	Ganesh: Blue	<i>Sunrise:</i> 7:06AM	Sun 21	Sutra 303
		Yama 9:43AM – 11:02AM	Sukla Until 8:00AM	Muruga: Clear	<i>Sunset:</i> 5:34PM		Vilamba 5120
Creative Work	Siddha Yoga	925273367 Rahu 2:57PM – 4:16PM	Visti Until 12:32AM Wed	Nataraja: White			Moon 1 - Phase 41
			Saptami Until 12:29PM	Moon – White			Ashtami
				Magha-Thai			Bhuloka Day
							Devaloka Time: 12:PM to 3:PM

Retreat Star		Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Kritika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Istanbul, Turkey	
Vrisabha Rasi: 2.47	Tithi 8 – 9	Gulika 11:01AM – 12:20PM	Krittika Until 6:52PM	Ganesh: Yellow	<i>Sunrise:</i> 7:05AM	Sun 22	Sutra 304
		Yama 8:24AM – 9:43AM	Brahma Until 6:51AM	Muruga: Clear	<i>Sunset:</i> 5:36PM		Vilamba 5120
Creative Work	Amrita Yoga	926273367 Rahu 12:20PM – 1:39PM	Balava Until 12:02AM Thu	Nataraja: White			Moon 1 - Phase 41
Until 6:52PM			Ashtami* Until 12:22PM	Moon – White			Navami
Then Creative Work - Siddha Yoga				Magha-Masi			Devaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang

1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Istanbul, Turkey	
Vrishabha Rasi: 16.1		Tithi 9 – 10		Rohini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Sutra 305	
936273367		Gulika	9:42AM – 11:01AM	Rohini Until 9:49AM Fri	Ganesha: White	<i>Sunrise: 7:04AM</i>	Vilamba 5120		
Routine Work		Yama	7:04AM – 8:23AM	Vaidhriti* Until 2:45AM Fri	Muruga: Clear	<i>Sunset: 5:37PM</i>	Moon 1 - Phase 42		
Marana Yoga		Rahu	1:39PM – 2:58PM	Taitila Until 10:45PM	Nataraja: White		4th Phase		
				Navami* Until 11:28AM	Moon – Yellow		Sivaloka Day		
					Magha-Masi				

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Istanbul, Turkey	
Vrishabha Rasi: 29.58		Tithi 10 – 11		Rohini/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 306	
936273367		Gulika	8:22AM – 9:41AM	Rohini Until 9:49AM	Ganesha: White	<i>Sunrise: 7:02AM</i>	Vilamba 5120		
Creative Work		Yama	2:59PM – 4:19PM	Vishkambha* Until 11:51PM	Muruga: Clear	<i>Sunset: 5:38PM</i>	Moon 1 - Phase 42		
Siddha Yoga		Rahu	11:01AM – 12:20PM	Vanija Until 8:45PM	Nataraja: White		4th Phase		
				Dashami Until 2:45AM Fri	Moon – Yellow		Sivaloka Day		
					Magha-Masi				

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Istanbul, Turkey	
Mithuna Rasi: 14.13		Tithi 11 – 12		Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 307	
936273367		Gulika	7:01AM – 8:21AM	Ardra Until 1:14AM Mon Sun	Ganesha: White	<i>Sunrise: 7:01AM</i>	Vilamba 5120		
Creative Work		Yama	1:40PM – 3:00PM	Priti Until 8:26PM	Muruga: Clear	<i>Sunset: 5:39PM</i>	Moon 1 - Phase 42		
Siddha Yoga		Rahu	9:41AM – 11:00AM	Bava Until 6:07PM	Nataraja: White		4th Phase		
				Ekadashi Until 7:30AM	Moon – Yellow		Sivaloka Day		
					Magha-Masi				

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Istanbul, Turkey	
Mithuna Rasi: 28.53		Tithi 13		Ardra/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau		Sun 26		Sutra 308	
946273367		Gulika	3:00PM – 4:20PM	Ardra Until 1:14AM Mon	Ganesha: Clear	<i>Sunrise: 7:00AM</i>	Vilamba 5120		
Creative Work		Yama	12:20PM – 1:40PM	Ayushman Until 1:09PM	Muruga: Clear	<i>Sunset: 5:40PM</i>	Moon 1 - Phase 42		
Siddha Yoga		Rahu	4:20PM – 5:40PM	Kaulava Until 2:58PM	Nataraja: White		4th Phase		
				Trayodashi Until 1:14AM Mon	Moon – Blue		Devaloka Day		
					Magha-Masi				

Pradosha Vrata

5		Monday, February 18, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Istanbul, Turkey	
Kataka Rasi: 13.52		Tithi 14		Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 309	
946273367		Gulika	1:40PM – 3:01PM	Pushya Until 10:24AM	Ganesha: Clear	<i>Sunrise: 6:59AM</i>	Vilamba 5120		
Family Home Evening		Yama	11:00AM – 12:20PM	Saubhagya Until 12:29PM	Muruga: Clear	<i>Sunset: 5:42PM</i>	Moon 1 - Phase 42		
Creative Work		Rahu	8:19AM – 9:39AM	Gara Until 11:27AM	Nataraja: White		4th Phase		
Siddha Yoga				Chidambaram Abhishekam	Moon – Blue		Devaloka Day		
				Chaturdashi* Until 9:35PM	Magha-Masi				

○		Tuesday, February 19, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Istanbul, Turkey	
Copper Retreat Star		Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Sun 28		Sutra 310	
Kataka Rasi: 29.05		Tithi 15 – 16				Sun 28		Sutra 310	
946273367		Gulika	12:20PM – 1:41PM	Ashlesha* Until 7:18AM	Ganesha: Clear	<i>Sunrise: 6:57AM</i>	Vilamba 5120		
Creative Work		Yama	9:39AM – 10:59AM	Sobhana Until 8:12AM	Muruga: Clear	<i>Sunset: 5:43PM</i>	Moon 1 - Phase 42		
Siddha Yoga		Rahu	3:01PM – 4:22PM	Visti Until 7:43AM	Nataraja: White		Purnima		
				Purnima* Until 5:48PM	Moon – Blue		Devaloka Day		
					Magha-Masi				

○		Wednesday, February 20, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Istanbul, Turkey	
Silver Retreat Star		Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sun 29		Sutra 311	
Simha Rasi: 14.2		Tithi 16 – 17				Sun 29		Sutra 311	
957273367		Gulika	10:59AM – 12:20PM	Purvaphalguni Until 1:30AM Thu	Ganesha: Clear	<i>Sunrise: 6:56AM</i>	Vilamba 5120		
Creative Work		Yama	8:17AM – 9:38AM	Sukarma Until 1:30AM Thu	Muruga: Clear	<i>Sunset: 5:44PM</i>	Moon 1 - Phase 42		
Amrita Yoga		Rahu	12:20PM – 1:41PM	Taitila Until 11:75PM	Nataraja: White		Prathama		
				Prathama* Until 2:03PM	Moon – Red		Devaloka Day		
					Magha-Masi				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 29.28 Tihi 17 - 18

957273367

Gulika 9:37AM - 10:58AM
Yama 6:54AM - 8:16AM
Rahu 1:41PM - 3:03PM

Uttaraphalguni Until 10:46PM
Dhriti Until 10:46PM
Vanija Until 8:53PM
Dvitiya Until 10:30AM

Ganesha: Clear *Sunrise: 6:54AM*
Muruga: Clear *Sunset: 5:45PM*
Nataraja: White
Moon - Red

Magha-Masi

Devaloka Day

Amrita Yoga

Until 10:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti* Karana Tritiya/Chaturthiyam Titau

Istanbul, Turkey

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 14.21 Tihi 18 - 19

967273367

Gulika 8:15AM - 9:36AM
Yama 3:03PM - 4:25PM
Rahu 10:58AM - 12:20PM

Hasta Until 8:47PM
Shula* Until 4:01PM
Visti Until 7:20AM
Tritiya Until 7:20AM

Ganesha: White *Sunrise: 6:53AM*
Muruga: Clear *Sunset: 5:46PM*
Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Amrita Yoga

Until 8:47PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 28.5 Tihi 20

967273367

Gulika 6:52AM - 8:14AM
Yama 1:42PM - 3:04PM
Rahu 9:36AM - 10:58AM

Chitra Until 1:33AM Mon Sun
Ganda* Until 12:53PM
Kaulava Until 3:38PM
Panchami Until 2:43AM Sun

Ganesha: White *Sunrise: 6:52AM*
Muruga: Clear *Sunset: 5:48PM*
Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Marana Yoga

Until 1:33AM Mon Sun

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Vridhi/Dhruva Yoga Gara/Visti* Karana Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 12.52 Tihi 21

967273367

Gulika 3:04PM - 4:26PM
Yama 12:19PM - 1:42PM
Rahu 4:26PM - 5:49PM

Chitra Until 1:33AM Mon
Vridhi Until 6:21PM
Gara Until 2:03PM
Shashthi* Until 1:33AM Mon

Ganesha: White *Sunrise: 6:50AM*
Muruga: Clear *Sunset: 5:49PM*
Nataraja: White
Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Siddha Yoga

Until 1:33AM Mon

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 26.25 Tihi 22

977273367

Gulika 1:42PM - 3:05PM
Yama 10:57AM - 12:19PM
Rahu 8:11AM - 9:34AM

Vishakha Until 6:34PM
Dhruva Until 8:25AM
Visti Until 13:26AM Tue
Saptami Until 8:25AM Mon

Ganesha: Yellow *Sunrise: 6:49AM*
Muruga: Clear *Sunset: 5:50PM*
Nataraja: White
Moon - Orange

Magha-Masi

Devaloka Day

Marana Yoga

Until 6:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 9.29 Tihi 23

977273367

Gulika 12:19PM - 1:42PM
Yama 9:33AM - 10:56AM
Rahu 3:05PM - 4:28PM

Anuradha Until 3:08AM Thu Wed
Vyaghata* Until 7:11AM
Balava Until 13:83AM Wed
Ashtami* Until 8:25AM

Ganesha: Yellow *Sunrise: 6:47AM*
Muruga: Clear *Sunset: 5:51PM*
Nataraja: White
Moon - Orange

Magha-Masi

Devaloka Day

Siddha Yoga

Until 3:08AM Thu Wed

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila Karana Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 22.1 Tihi 24

978273367

Gulika 10:56AM - 12:19PM
Yama 8:09AM - 9:32AM
Rahu 12:19PM - 1:42PM

Anuradha Until 3:08AM Thu
Harshana Until 6:39AM Thu
Taitila Until 2:23PM
Navami* Until 3:08AM Thu

Ganesha: Blue *Sunrise: 6:46AM*
Muruga: Clear *Sunset: 5:52PM*
Nataraja: White
Moon - Orange

Magha-Masi

Sivaloka Day

Siddha Yoga

Until 3:08AM Thu

Then Routine Work - Marana Yoga

1	Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Bava Karana Dashamyam Titau				Istanbul, Turkey Sun 8 Sutra 319
	Dhanus Rasi: 4.29	Tithi 25	Gulika 9:32AM – 10:55AM	Mula* Until 11:33PM	Ganesha: Red	<i>Sunrise:</i> 6:44AM	Vilamba 5120
			Yama 6:44AM – 8:08AM	Vajra* Until 6:39AM	Muruga: Clear	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	988273367 Rahu 1:43PM – 3:06PM	Vanija Until 18:19AM Fri	Nataraja: White		2nd Phase
			Dashami Until 6:39AM Thu	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

2	Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ekadashyam Titau				Istanbul, Turkey Sun 9 Sutra 320
	Dhanus Rasi: 16.33	Tithi 26	Gulika 8:05AM – 9:30AM	Purvashadha* Until 2:22AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:41AM	Vilamba 5120
			Yama 3:07PM – 4:31PM	Siddhi Until 7:09AM	Muruga: Clear	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 44
	Routine Work	Prabalarishta Yoga	988273367 Rahu 10:54AM – 12:18PM	Bava Until 6:19PM	Nataraja: White		2nd Phase
			Ekadashi* Until 7:34AM Sat	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

3	Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey Sun 10 Sutra 321
	Dhanus Rasi: 28.26	Tithi 26 – 27	Gulika 6:40AM – 8:04AM	Uttarashadha Until 5:19AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:40AM	Vilamba 5120
			Yama 1:43PM – 3:08PM	Vyatipata* Until 7:59AM	Muruga: Clear	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 44
	Routine Work	Marana Yoga	988273367 Rahu 9:29AM – 10:54AM	Kaulava Until 8:55PM	Nataraja: White		2nd Phase
			Ekadashi* Until 7:09AM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

4	Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey Sun 11 Sutra 322
	Makara Rasi: 10.14	Tithi 27 – 28	Gulika 3:08PM – 4:33PM	Shravana Until 8:40AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Vilamba 5120
			Yama 12:18PM – 1:43PM	Varyan Until 8:58AM	Muruga: Clear	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 44
	Creative Work	Amrita Yoga	998273367 Rahu 4:33PM – 5:58PM	Gara Until 11:39PM	Nataraja: White		2nd Phase
			Dvadashi* Until 10:15AM	Moon – Purple		Devaloka Day	
				Magha-Masi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey Sun 12 Sutra 323
	Makara Rasi: 22.01	Tithi 28 – 29	Gulika 1:43PM – 3:09PM	Shravana Until 8:40AM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM	Vilamba 5120
	Family Home Evening		Yama 10:53AM – 12:18PM	Parigha* Until 8:40AM	Muruga: Clear	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 44
	Creative Work	Amrita Yoga	998273367 Rahu 8:02AM – 9:27AM	Sakuni Until 15:39AM Tue	Nataraja: White		2nd Phase
			Trayodashi* Until 1:00PM	Moon – Purple		Devaloka Day	
				Magha-Masi			
				Mahasivaratri (Lunar)			
				Mahasivaratri (Solar)			

6	Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey Sun 13 Sutra 324
	Kumbha Rasi: 3.48	Tithi 29 – 30	Gulika 12:18PM – 1:43PM	Dhanishtha Until 11:47AM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Vilamba 5120
			Yama 9:26AM – 10:52AM	Shiva Until 11:47AM	Muruga: Clear	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	199273367 Rahu 3:09PM – 4:35PM	Sakuni Until 3:39PM	Nataraja: White		2nd Phase
			Chaturdashi* Until 3:39PM	Moon – Purple		Devaloka Day	
				Magha-Masi			

	Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga* Karana Amavasyayam Titau				Istanbul, Turkey Sun 14 Sutra 325
	Retreat Star		Gulika 10:51AM – 12:17PM	Shatabhishak Until 2:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	Vilamba 5120
	Kumbha Rasi: 15.4	Tithi 30	Yama 7:59AM – 9:25AM	Siddha Until 11:53AM	Muruga: Clear	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	199273367 Rahu 12:17PM – 1:43PM	Naga Until 6:06PM	Nataraja: White		Amavasya
			Amavasya* Until 6:06PM	Moon – Purple		Devaloka Day	
				Magha-Masi			

	Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna* Karana Prathamayam Titau				Istanbul, Turkey Sun 15 Sutra 326
	Retreat Star		Gulika 9:24AM – 10:51AM	Purvaproshtapada* Until 5:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Vilamba 5120
	Kumbha Rasi: 27.37	Tithi 1	Yama 6:32AM – 7:58AM	Sadhya Until 12:32PM	Muruga: Clear	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	119373367 Rahu 1:44PM – 3:10PM	Kintughna Until 7:14AM	Nataraja: White		Prathama
			Prathama* Until 8:15PM	Moon – Clear		Devaloka Day	
				Phalguna-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla/Gara Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey Sun 16 Sutra 327	
Meena Rasi: 9.4	Tithi 2	Gulika 7:57AM – 9:24AM	Uttaraproshtapada Until 7:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM			Vilamba 5120	
		Yama 3:10PM – 4:37PM	Subha Until 12:58PM	Muruga: Clear	<i>Sunset:</i> 6:04PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367 Rahu 10:50AM – 12:17PM	Balava Until 10:53AM Sat	Nataraja: White				3rd Phase	
			Dvitiya Until 12:32PM	Moon – Clear			Devaloka Day		
				Phalguna-Masi					
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Istanbul, Turkey Sun 17 Sutra 328	
Meena Rasi: 21.53	Tithi 3	Gulika 6:29AM – 7:56AM	Revati Until 12:38AM Mon Su	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM			Vilamba 5120	
		Yama 1:44PM – 3:11PM	Sukla Until 1:07PM	Muruga: Clear	<i>Sunset:</i> 6:05PM			Moon 2 - Phase 45	
Routine Work	Prabalarishta Yoga	119373367 Rahu 9:23AM – 10:50AM	Taitila Until 10:53AM	Nataraja: White				3rd Phase	
Until 12:38AM Mon Su			Tritiya Until 11:33PM	Moon – Clear			Devaloka Day		
Then Creative Work - Siddha Yoga				Phalguna-Masi					
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthyam Titau				Istanbul, Turkey Sun 18 Sutra 329	
Mesha Rasi: 4.14	Tithi 4	Gulika 3:11PM – 4:39PM	Revati Until 12:38AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:27AM			Vilamba 5120	
		Yama 12:16PM – 1:44PM	Brahma Until 11:27PM	Muruga: Clear	<i>Sunset:</i> 6:06PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 4:39PM – 6:06PM	Vanija Until 12:61AM Mon	Nataraja: White				3rd Phase	
			Chaturthi* Until 1:07PM	Moon – White			Devaloka Day		
				Phalguna-Masi					
		Subramuniyaswami Siva Vision Day							
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey Sun 19 Sutra 330	
Mesha Rasi: 16.46	Tithi 5	Gulika 1:44PM – 3:12PM	Bharani Until 12:41AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:25AM			Vilamba 5120	
Family Home Evening		Yama 10:48AM – 12:16PM	Indra Until 12:34PM	Muruga: Clear	<i>Sunset:</i> 6:07PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 7:53AM – 9:21AM	Bava Until 1:01PM	Nataraja: White				3rd Phase	
			Panchami Until 1:16AM Tue	Moon – White			Devaloka Day		
				Phalguna-Masi					
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey Sun 20 Sutra 331	
Mesha Rasi: 29.29	Tithi 6	Gulika 12:16PM – 1:44PM	Krittika Until 1:17AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:24AM			Vilamba 5120	
		Yama 9:20AM – 10:48AM	Vaidhriti* Until 11:45AM	Muruga: Clear	<i>Sunset:</i> 6:08PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu 3:12PM – 4:40PM	Kaulava Until 1:25PM	Nataraja: White				3rd Phase	
			Shashthi* Until 1:24AM Wed	Moon – White			Devaloka Day		
				Phalguna-Masi					
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey Sun 21 Sutra 332	
Vrishabha Rasi: 12.28	Tithi 7	Gulika 10:47AM – 12:16PM	Rohini Until 1:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:22AM			Vilamba 5120	
		Yama 7:50AM – 9:19AM	Vishkambha* Until 10:33AM	Muruga: Clear	<i>Sunset:</i> 6:09PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367 Rahu 12:16PM – 1:44PM	Gara Until 1:17PM	Nataraja: White				3rd Phase	
Until 1:39AM Thu			Saptami Until 12:59AM Thu	Moon – Yellow			Sivaloka Day		
Then Routine Work - Marana Yoga				Phalguna-Masi					
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey Sun 22 Sutra 333	
Vrishabha Rasi: 25.45	Tithi 8	Gulika 9:18AM – 10:47AM	Mrigashira Until 1:15AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:20AM			Vilamba 5120	
		Yama 6:20AM – 7:49AM	Priti Until 8:54AM	Muruga: Clear	<i>Sunset:</i> 6:10PM			Moon 2 - Phase 45	
Routine Work	Marana Yoga	131373367 Rahu 1:44PM – 3:13PM	Visti Until 12:33PM	Nataraja: White				Ashtami	
Until 1:15AM Fri			Ashtami* Until 11:56PM	Moon – Yellow			Sivaloka Day		
Then Creative Work - Siddha Yoga				Phalguna-Masi					
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey Sun 23 Sutra 334	
Mithuna Rasi: 9.23	Tithi 9	Gulika 7:48AM – 9:17AM	Ardra Until 12:07AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:19AM			Vilamba 5120	
		Yama 3:13PM – 4:42PM	Ayushman Until 6:44AM	Muruga: Clear	<i>Sunset:</i> 6:12PM			Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373368 Rahu 10:46AM – 12:15PM	Balava Until 11:12AM	Nataraja: Clear				Navami	
			Navami* Until 10:17PM	Moon – Yellow			Subha Sivaloka Day		
		Karadaiyan Nombu (Tamil Nadu)		Phalguna-Panguni					

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 23.22	Tithi 10	Gulika 6:17AM – 7:47AM	Punarvasu Until 10:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:17AM	
		Yama 1:44PM – 3:14PM	Sobhana Until 1:00AM Sun	Muruga: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 46
141373368	Rahu 9:16AM – 10:45AM		Taitila Until 9:14AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:02PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 7.44	Tithi 11 – 12	Gulika 3:14PM – 4:44PM	Pushya Until 8:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:15AM	
		Yama 12:15PM – 1:44PM	Athiganda* Until 9:29PM	Muruga: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 46
141373368	Rahu 4:44PM – 6:14PM		Vanija Until 6:44AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 5:16PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 22.27	Tithi 12 – 13	Gulika 1:44PM – 3:15PM	Ashlesha* Until 6:01PM	Ganesh: Clear	<i>Sunrise:</i> 6:14AM	
Family Home Evening		Yama 10:44AM – 12:14PM	Sukarma Until 5:40PM	Muruga: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 46
141373368	Rahu 7:44AM – 9:14AM		Kaulava Until 12:26AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:29PM	Moon – Blue		Sivaloka Day
Until 6:01PM		Yogaswami Mahasamadhi		Phalguna•Panguni		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Visti* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 7.23	Tithi 13 – 14	Gulika 12:14PM – 1:44PM	Magha* Until 3:27PM	Ganesh: White	<i>Sunrise:</i> 6:12AM	
		Yama 9:13AM – 10:44AM	Dhriti Until 3:27PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
151373368	Rahu 3:15PM – 4:45PM		Visti Until 16:83AM Wed	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:41AM	Moon – Red		Subha Sivaloka Day
				Phalguna•Panguni		

○ Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 10:43AM – 12:14PM	Purvaphalguni Until 12:19AM Fri Th	Ganesh: White	<i>Sunrise:</i> 6:10AM	
Simha Rasi: 22.28	Tithi 14 – 15	Yama 7:41AM – 9:12AM	Shula* Until 9:34AM	Muruga: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
151373368	Rahu 12:14PM – 1:45PM		Vanija Until 7:08AM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 7:08AM	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna•Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Istanbul, Turkey Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 9:11AM – 10:42AM	Purvaphalguni Until 12:19AM Fri	Ganesh: White	<i>Sunrise:</i> 6:09AM	
Kanya Rasi: 7.31	Tithi 16	Yama 6:09AM – 7:40AM	Vriddhi Until 1:41AM Fri	Muruga: White	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
151383368	Rahu 1:45PM – 3:16PM		Balava Until 1:57PM	Nataraja: Clear		Prathama
Amrita Yoga			Prathama* Until 12:19AM Fri	Moon – Red		Sivaloka Day
				Phalguna•Panguni		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudev.org/panchang



Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Kanya Rasi: 22.22 Tihti 17

Gulika 7:39AM – 9:10AM
Yama 3:16PM – 4:48PM
Rahu 10:42AM – 12:13PMHasta Until 7:33AM
Dhruva Until 10:08PM
Tailila Until 10:49AM
Dvitiya Until 9:24PMGanesha: Yellow Sunrise: 6:07AM
Muruga: White Sunset: 6:19PM
Nataraja: Clear
Moon – Green
Phalguna-PanguniSutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 7:33AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Tula Rasi: 6.55 Tihti 18

Gulika 6:05AM – 7:37AM
Yama 1:45PM – 3:16PM
Rahu 9:09AM – 10:41AMSvati Until 4:02AM Sun
Vyaghata* Until 7:03PM
Vanija Until 6:07AM Sun
Tritiya Until 10:08PMGanesha: Blue Sunrise: 6:05AM
Muruga: White Sunset: 6:20PM
Nataraja: Clear
Moon – Green
Phalguna-PanguniSun 1 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 4:02AM Sun

Then Routine Work - Marana Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Tula Rasi: 21.03 Tihti 19 – 20

Gulika 3:17PM – 4:49PM
Yama 12:12PM – 1:45PM
Rahu 4:49PM – 6:21PMVishakha Until 3:31AM Mon
Harshana Until 4:33PM
Bava Until 6:07AM
Chaturthi* Until 5:21PMGanesha: Red Sunrise: 6:04AM
Muruga: White Sunset: 6:21PM
Nataraja: Clear
Moon – Orange
Phalguna-PanguniSun 2 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 3:31AM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Istanbul, Turkey

Vrischika Rasi: 4.43 Tihti 20 – 21

Gulika 1:45PM – 3:17PM
Yama 10:40AM – 12:12PM
Rahu 7:35AM – 9:07AMAnuradha Until 3:43AM Tue
Vajra* Until 2:41PM
Gara Until 4:24AM Tue
Panchami Until 4:29PMGanesha: Red Sunrise: 6:02AM
Muruga: White Sunset: 6:22PM
Nataraja: Clear
Moon – Orange
Phalguna-PanguniSun 3 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 3:43AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Vrischika Rasi: 17.53 Tihti 21 – 22

Gulika 12:12PM – 1:45PM
Yama 9:06AM – 10:39AM
Rahu 3:18PM – 4:51PMJyeshtha* Until 4:37AM Wed
Siddhi Until 1:31PM
Visti Until 4:52AM Wed
Shashthi* Until 4:30PMGanesha: Red Sunrise: 6:00AM
Muruga: White Sunset: 6:23PM
Nataraja: Clear
Moon – Orange
Phalguna-PanguniSun 4 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Dhanus Rasi: 0.38 Tihti 22 – 23

Gulika 10:38AM – 12:12PM
Yama 7:32AM – 9:05AM
Rahu 12:12PM – 1:45PMMula* Until 6:38AM Thu
Vyatipata* Until 1:02PM
Balava Until 6:10AM Thu
Saptami Until 5:24PMGanesha: Green Sunrise: 5:59AM
Muruga: White Sunset: 6:24PM
Nataraja: Clear
Moon – Light Blue
Phalguna-PanguniSun 5 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 6:38AM Thu

Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Gara Karana Ashtamyam Titau

Istanbul, Turkey

Dhanus Rasi: 13 Tihti 23

Gulika 9:04AM – 10:38AM
Yama 5:57AM – 7:31AM
Rahu 1:45PM – 3:18PMMula* Until 6:38AM
Variyan Until 6:38AM
Balava Until 6:10AM
Ashtami* Until 7:04PMGanesha: Green Sunrise: 5:57AM
Muruga: White Sunset: 6:26PM
Nataraja: Clear
Moon – Light Blue
Phalguna-PanguniSun 6 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Tailila/Visti* Karana Navamyam Titau

Istanbul, Turkey

Dhanus Rasi: 25.05 Tihti 24

Gulika 7:29AM – 9:03AM
Yama 3:19PM – 4:53PM
Rahu 10:37AM – 12:11PMPurvashadha* Until 9:10AM
Parigha* Until 9:10AM
Tailila Until 8:09AM
Navami* Until 9:19PMGanesha: Green Sunrise: 5:55AM
Muruga: Yellow Sunset: 6:27PM
Nataraja: Purple
Moon – Light Blue
Phalguna-PanguniSun 7 Sutra 348
Vilamba 5120
Moon 3 - Phase 47
Navami

Devaloka Day

Routine Work Prabalarishta Yoga

Until 9:10AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudev.org/panchang

1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Istanbul, Turkey Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 6.58	Tithi 25	Gulika	5:54AM – 7:28AM	Uttarashadha Until 11:57AM	Ganesha: Green <i>Sunrise:</i> 5:54AM		
		Yama	1:45PM – 3:19PM	Shiva Until 2:42PM	Muruga: Yellow <i>Sunset:</i> 6:28PM	Moon 3 - Phase 48	
		182383468 Rahu	9:02AM – 10:36AM	Vanija Until 10:36AM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Dashami Until 11:54PM	Moon – Light Blue	Devaloka Day	
Until 11:57AM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Taitila Karana Ekadashyam Titau	Istanbul, Turkey Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 18.46	Tithi 26	Gulika	3:20PM – 4:54PM	Shravana Until 3:17PM	Ganesha: Orange <i>Sunrise:</i> 5:52AM		
		Yama	12:10PM – 1:45PM	Siddha Until 3:17PM	Muruga: Yellow <i>Sunset:</i> 6:29PM	Moon 3 - Phase 48	
		192383468 Rahu	4:54PM – 6:29PM	Bava Until 1:17PM	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Ekadashi* Until 2:36AM Mon	Moon – Purple	Sivaloka Day	
Until 3:17PM					Phalguna•Panguni		
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Dvadashyam Titau	Istanbul, Turkey Sun 10 Sutra 351 Vilamba 5120
Kumbha Rasi: 0.33	Tithi 27	Gulika	1:45PM – 3:20PM	Dhanishtha Until 6:25PM	Ganesha: Green <i>Sunrise:</i> 5:52AM		
Family Home Evening		Yama	10:36AM – 12:10PM	Sadhya Until 6:25PM	Muruga: Yellow <i>Sunset:</i> 6:29PM	Moon 3 - Phase 48	
		192483468 Rahu	7:27AM – 9:01AM	Kaulava Until 3:56PM	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 5:11AM Tue	Moon – Purple	Subha Sivaloka Day	
					Phalguna•Panguni		

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Trayodashyam Titau	Istanbul, Turkey Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 12.23	Tithi 28	Gulika	12:10PM – 1:45PM	Shatabhishak Until 9:10PM	Ganesha: Green <i>Sunrise:</i> 5:50AM		
		Yama	9:00AM – 10:35AM	Subha Until 9:10PM	Muruga: Yellow <i>Sunset:</i> 6:30PM	Moon 3 - Phase 48	
		192483468 Rahu	3:20PM – 4:55PM	Gara Until 6:23PM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 7:28AM Wed	Moon – Purple	Subha Sivaloka Day	
					Phalguna•Panguni		
					<i>Pradosha Vrata (Fasting)</i>		

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Istanbul, Turkey Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 24.19	Tithi 28 – 29	Gulika	10:34AM – 12:10PM	Purvaproshtapada* Until 11:55PM	Ganesha: Orange <i>Sunrise:</i> 5:49AM		
		Yama	7:24AM – 8:59AM	Sukla Until 6:17PM	Muruga: Yellow <i>Sunset:</i> 6:31PM	Moon 3 - Phase 48	
		112483468 Rahu	12:10PM – 1:45PM	Visti Until 8:30PM	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 7:28AM	Moon – Clear	Sivaloka Day	
Until 11:55PM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Istanbul, Turkey Sun 13 Sutra 354 Vilamba 5120
Retreat Star		Gulika	8:58AM – 10:34AM	Uttaraproshtapada Until 2:06AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:47AM		
Meena Rasi: 6.24	Tithi 29 – 30	Yama	5:47AM – 7:23AM	Brahma Until 6:36PM	Muruga: Yellow <i>Sunset:</i> 6:32PM	Moon 3 - Phase 48	
		112483468 Rahu	1:45PM – 3:21PM	Catuspada Until 10:11PM	Nataraja: Purple	Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 9:22AM	Moon – Clear	Sivaloka Day	
					Phalguna•Panguni		

Friday, April 5, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Istanbul, Turkey Sun 14 Sutra 355 Vilamba 5120
Meena Rasi: 18.4	Tithi 30 – 1	Gulika	7:21AM – 8:57AM	Revati Until 11:54AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:45AM		
		Yama	3:21PM – 4:57PM	Indra Until 6:37PM	Muruga: Yellow <i>Sunset:</i> 6:33PM	Moon 3 - Phase 48	
		112483468 Rahu	10:33AM – 12:09PM	Kintughna Until 11:27PM	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 10:51AM	Moon – Clear	Sivaloka Day	
		Yugadhi			Chaitra•Panguni		

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey Sun 15 Sutra 356 Vilamba 5120
Mesha Rasi: 1.06	Tithi 1 – 2	Gulika 5:44AM – 7:20AM Yama 1:45PM – 3:21PM 123483468 Rahu 8:56AM – 10:33AM	Revati Until 11:54AM Vaidhriti* Until 17:36AM Sun Balava Until 11:77PM Prathama* Until 6:37PM	Ganesh: Purple <i>Sunrise:</i> 5:44AM Muruga: Yellow <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – White Chaitra•Panguni	<i>Sunrise:</i> 5:44AM <i>Sunset:</i> 6:34PM	Moon 3 - Phase 49 3rd Phase Devaloka Day
Creative Work	Siddha Yoga	Chellappaswami Mahasamadhi				

2 Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 13.44	Tithi 2 – 3	Gulika 3:22PM – 4:58PM Yama 12:09PM – 1:45PM 123483468 Rahu 4:58PM – 6:35PM	Ashvini Until 12:31PM Vishkambha* Until 16:40AM Mon Kaulava Until 12:31PM Dvitiya Until 12:31PM	Ganesh: Purple <i>Sunrise:</i> 5:42AM Muruga: Yellow <i>Sunset:</i> 6:35PM Nataraja: Purple Moon – White Chaitra•Panguni	<i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:35PM	Moon 3 - Phase 49 3rd Phase Devaloka Day
Routine Work	Prabalarishta Yoga					
Until 12:31PM						
Then Creative Work - Siddha Yoga						

3 Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara Karana Tritiya/Chaturthyam Titau				Istanbul, Turkey Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 26.33	Tithi 3 – 4	Gulika 1:45PM – 3:22PM Yama 10:31AM – 12:08PM 123483468 Rahu 7:17AM – 8:54AM	Bharani Until 12:45PM Priti Until 6:12AM Gara Until 12:45PM Tritiya Until 12:45PM	Ganesh: Purple <i>Sunrise:</i> 5:40AM Muruga: Yellow <i>Sunset:</i> 6:36PM Nataraja: Purple Moon – White Chaitra•Panguni	<i>Sunrise:</i> 5:40AM <i>Sunset:</i> 6:36PM	Moon 3 - Phase 49 3rd Phase Devaloka Day
Family Home Evening						
Creative Work	Siddha Yoga					
Until 12:45PM						
Then Routine Work - Marana Yoga						

4 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 9.33	Tithi 4 – 5	Gulika 12:08PM – 1:45PM Yama 8:53AM – 10:31AM 123483468 Rahu 3:23PM – 5:00PM	Krittika Until 6:39AM Ayushman Until 3:25PM Bava Until 11:86PM Chaturthi* Until 15:25AM Tue	Ganesh: Purple <i>Sunrise:</i> 5:39AM Muruga: Yellow <i>Sunset:</i> 6:37PM Nataraja: Purple Moon – White Chaitra•Panguni	<i>Sunrise:</i> 5:39AM <i>Sunset:</i> 6:37PM	Moon 3 - Phase 49 3rd Phase Devaloka Day
Creative Work	Siddha Yoga					
Until 6:39AM						
Then Creative Work - Amrita Yoga						

5 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Gara Karana Panchami/Shashthyam Titau				Istanbul, Turkey Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 22.44	Tithi 5 – 6	Gulika 10:30AM – 12:08PM Yama 7:15AM – 8:52AM 123483468 Rahu 12:08PM – 1:45PM	Rohini Until 11:14AM Thu Saubhagya Until 7:03AM Gara Until 11:44PM Panchami Until 3:25PM	Ganesh: Clear <i>Sunrise:</i> 5:37AM Muruga: Yellow <i>Sunset:</i> 6:38PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	<i>Sunrise:</i> 5:37AM <i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga					

6 Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Ardra Nakshatra Sobhana/Athiganda* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Istanbul, Turkey Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 6.08	Tithi 6 – 7	Gulika 8:52AM – 10:30AM Yama 5:36AM – 7:14AM 123483468 Rahu 1:45PM – 3:23PM	Rohini Until 11:14AM Sobhana Until 11:64AM Gara Until 10:39PM Shashthi* Until 12:04AM Thu	Ganesh: Clear <i>Sunrise:</i> 5:36AM Muruga: Yellow <i>Sunset:</i> 6:39PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	<i>Sunrise:</i> 5:36AM <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49 3rd Phase Sivaloka Day
Routine Work	Marana Yoga					

7 Friday, April 12, 2019 Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Istanbul, Turkey Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 19.45	Tithi 7 – 8	Gulika 7:12AM – 8:51AM Yama 3:24PM – 5:02PM 123483468 Rahu 10:29AM – 12:07PM	Ardra Until 6:16AM Athiganda* Until 9:53AM Visti Until 9:08PM Saptami Until 9:56AM	Ganesh: Clear <i>Sunrise:</i> 5:34AM Muruga: Yellow <i>Sunset:</i> 6:40PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	<i>Sunrise:</i> 5:34AM <i>Sunset:</i> 6:40PM	Moon 3 - Phase 49 Ashtami Sivaloka Day
Creative Work	Siddha Yoga					

8 Saturday, April 13, 2019 Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 3.37	Tithi 8 – 9	Gulika 5:32AM – 7:11AM Yama 1:46PM – 3:24PM 143483468 Rahu 8:50AM – 10:28AM	Pushya Until 4:09AM Sun Sukarma Until 7:23AM Balava Until 7:13PM Ashtami* Until 8:13AM	Ganesh: White <i>Sunrise:</i> 5:32AM Muruga: Yellow <i>Sunset:</i> 6:41PM Nataraja: Purple Moon – Blue Chaitra•Panguni	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:41PM	Moon 3 - Phase 49 Navami Devaloka Day
Creative Work	Siddha Yoga	Sri Rama Navami				

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey
Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Sun 23		Sutra 364		Vikarin 5121
Kataka Rasi: 17.45	Tithi 9 - 10	Gulika 3:25PM - 5:04PM	Ashlesha* Until 2:19AM Mon	Ganesha: White	<i>Sunrise:</i> 5:31AM	
		Yama 12:07PM - 1:46PM	Shula* Until 1:27AM Mon	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 1
	143483468	Rahu 5:04PM - 6:42PM	Gara Until 3:37AM Mon	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:06AM	Moon - Blue		Devaloka Day
Until 2:19AM Mon		Tamil New Year		Chaitra*Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
Magha* Nakshatra Ganda* Yoga Vanija Karana Ekadashyam Titau		Sun 24		Sutra 1		Vikarin 5121
Simha Rasi: 2.08	Tithi 11	Gulika 1:46PM - 3:25PM	Magha* Until 12:27AM Tue	Ganesha: White	<i>Sunrise:</i> 5:29AM	
Family Home Evening		Yama 10:27AM - 12:06PM	Ganda* Until 10:05PM	Muruga: Yellow	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 1
	253483468	Rahu 7:09AM - 8:48AM	Vanija Until 2:16PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 12:50AM Tue	Moon - Red		Devaloka Day
Until 12:27AM Tue				Chaitra*Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey
Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 2		Vikarin 5121
Simha Rasi: 16.42	Tithi 12	Gulika 12:06PM - 1:46PM	Purvaphalguni Until 6:50PM Wed	Ganesha: White	<i>Sunrise:</i> 5:28AM	
		Yama 8:47AM - 10:27AM	Vriddhi Until 6:33PM	Muruga: Yellow	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 1
	253483468	Rahu 3:25PM - 5:05PM	Bava Until 11:23AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:52PM	Moon - Red		Devaloka Day
Until 6:50PM Wed				Chaitra*Chaitra		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Istanbul, Turkey
Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava Karana Trayodashyam Titau		Sun 26		Sutra 3		Vikarin 5121
Kanya Rasi: 1.23	Tithi 13	Gulika 10:26AM - 12:06PM	Purvaphalguni Until 6:50PM	Ganesha: White	<i>Sunrise:</i> 5:26AM	
		Yama 7:06AM - 8:46AM	Dhruva Until 7:53PM	Muruga: Yellow	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 1
	253483468	Rahu 12:06PM - 1:46PM	Kaulava Until 8:22AM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 6:50PM	Moon - Red		Devaloka Day
Until 6:50PM				Chaitra*Chaitra		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Istanbul, Turkey
Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 4		Vikarin 5121
Kanya Rasi: 16.05	Tithi 14 - 15	Gulika 8:45AM - 10:25AM	Hasta Until 5:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	
		Yama 5:25AM - 7:05AM	Vyaghata* Until 11:22AM	Muruga: Yellow	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 1
	263483468	Rahu 1:46PM - 3:26PM	Visti Until 1:90AM Fri	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 11:22AM Thu	Moon - Green		Sivaloka Day
Until 5:51PM				Chaitra*Chaitra		
Then Creative Work - Siddha Yoga						

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey
Copper Retreat Star		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava Karana Purnima/Prathamayam Titau		Sun 27		Sutra 5
Tula Rasi: 0.41	Tithi 15 - 16	Gulika 7:04AM - 8:44AM	Chitra Until 10:49AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	Vikarin 5121
		Yama 3:27PM - 5:07PM	Harshana Until 3:56PM	Muruga: Yellow	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 1
	263483468	Rahu 10:25AM - 12:05PM	Bava Until 1:09PM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:09PM	Moon - Green		Sivaloka Day
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
		Hanuman Jayanti				

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Istanbul, Turkey
Silver Retreat Star		Chitra/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 28		Sutra 6
Tula Rasi: 15.02	Tithi 16 - 17	Gulika 5:22AM - 7:03AM	Chitra Until 10:49AM	Ganesha: Red	<i>Sunrise:</i> 5:22AM	Vikarin 5121
		Yama 1:46PM - 3:27PM	Siddhi Until 1:69AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 1
	264483468	Rahu 8:43AM - 10:24AM	Taitila Until 9:51PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:51AM Sat	Moon - Green		Sivaloka Day
				Chaitra*Chaitra		