



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Variyan Yoga Taitila/Vanija Karana Dvitiyayam Titau

Edmonton, Canada  
Sun 1 Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 4.41    Tihti 17  
273832369  
Creative Work    Siddha Yoga

**Gulika** 12:31PM – 2:24PM  
Yama 8:45AM – 10:38AM  
**Rahu** 4:16PM – 6:09PM

**Anuradha Until 5:05AM Wed**  
Variyan Until 5:05AM Wed  
Taitila Until 6:40AM  
**Dvitiya Until 7:09PM**

**Ganesha:** Purple    *Sunrise:* 4:59AM  
**Muruga:** White    *Sunset:* 8:02PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Edmonton, Canada  
Sun 2 Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 17.07    Tihti 18  
273832369  
Creative Work    Siddha Yoga

**Gulika** 10:37AM – 12:31PM  
Yama 6:50AM – 8:44AM  
**Rahu** 12:31PM – 2:24PM

**Jyeshtha\* Until 7:08AM Thu**  
Parigha\* Until 8:56PM  
Vanija Until 7:49AM  
**Tritiya Until 8:34PM**

**Ganesha:** Purple    *Sunrise:* 4:57AM  
**Muruga:** White    *Sunset:* 8:04PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Edmonton, Canada  
Sun 3 Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 29.2    Tihti 19  
274832369  
Routine Work    Prabalarishta Yoga  
Until 7:08AM  
Then Creative Work - Siddha Yoga

**Gulika** 8:43AM – 10:37AM  
Yama 4:55AM – 6:49AM  
**Rahu** 2:24PM – 4:18PM

**Jyeshtha\* Until 7:08AM**  
Shiva Until 9:28PM  
Bava Until 9:30AM  
**Chaturthi\* Until 10:30PM**

**Ganesha:** Clear    *Sunrise:* 4:55AM  
**Muruga:** White    *Sunset:* 8:06PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava Karana Panchamyam Titau

Edmonton, Canada  
Sun 4 Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 11.2    Tihti 20  
284832369  
Creative Work    Amrita Yoga  
Until 9:59AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 6:47AM – 8:42AM  
Yama 4:19PM – 6:13PM  
**Rahu** 10:36AM – 12:30PM

**Mula\* Until 9:59AM**  
Siddha Until 10:17PM  
Kaulava Until 11:39AM  
**Panchami Until 12:50AM Sat**

**Ganesha:** White    *Sunrise:* 4:53AM  
**Muruga:** White    *Sunset:* 8:08PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Edmonton, Canada  
Sun 5 Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 23.13    Tihti 21  
284832369  
Creative Work    Siddha Yoga  
Until 12:59PM  
Then Routine Work - Marana Yoga

**Gulika** 4:51AM – 6:46AM  
Yama 2:25PM – 4:20PM  
**Rahu** 8:41AM – 10:36AM

**Purvashadha\* Until 12:59PM**  
Sadhya Until 11:18PM  
Gara Until 2:07PM  
**Shashthi\* Until 3:23AM Sun**

**Ganesha:** White    *Sunrise:* 4:51AM  
**Muruga:** White    *Sunset:* 8:09PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Edmonton, Canada  
Sun 6 Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Makara Rasi: 5.02    Tihti 22  
284832369  
Creative Work    Amrita Yoga

**Gulika** 4:21PM – 6:16PM  
Yama 12:30PM – 2:25PM  
**Rahu** 6:16PM – 8:11PM

**Uttarashadha Until 3:55PM**  
Subha Until 12:22AM Mon  
Visti Until 4:42PM  
**Saptami Until 5:56AM Mon**

**Ganesha:** White    *Sunrise:* 4:49AM  
**Muruga:** White    *Sunset:* 8:11PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Balava Karana Ashtamyam Titau

Edmonton, Canada  
Sun 7 Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

Makara Rasi: 16.51    Tihti 23  
294832369  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 7:04PM  
Then Creative Work - Siddha Yoga

**Gulika** 2:26PM – 4:21PM  
Yama 10:34AM – 12:30PM  
**Rahu** 6:43AM – 8:39AM

**Shravana Until 7:04PM**  
Sukla Until 1:14AM Tue  
Balava Until 7:08PM  
**Ashtami\* Until 8:12AM Tue**

**Ganesha:** Yellow    *Sunrise:* 4:47AM  
**Muruga:** White    *Sunset:* 8:13PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Edmonton, Canada  
Sun 8 Sutra 24  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

Makara Rasi: 28.46    Tihti 23 – 24  
294832369  
Creative Work    Siddha Yoga  
Until 9:57AM Wed  
Then Routine Work - Marana Yoga

**Gulika** 12:30PM – 2:26PM  
Yama 8:38AM – 10:34AM  
**Rahu** 4:22PM – 6:18PM

**Dhanishtha Until 9:57AM Wed**  
Brahma Until 1:46AM Wed  
Taitila Until 8:70PM  
**Ashtami\* Until 1:14AM Tue**

**Ganesha:** Yellow    *Sunrise:* 4:46AM  
**Muruga:** White    *Sunset:* 8:15PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

|                                  |               |                               |                          |                                |                         |  |                             |                                    |  |
|----------------------------------|---------------|-------------------------------|--------------------------|--------------------------------|-------------------------|--|-----------------------------|------------------------------------|--|
| <b>1</b>                         |               | <b>Wednesday, May 9, 2018</b> |                          |                                |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                             | Edmonton, Canada<br>Sun 8 Sutra 24 |  |
| Kumbha Rasi: 10.53               | Tithi 24 – 25 | <b>Gulika</b>                 | <b>10:33AM – 12:30PM</b> | <b>Dhanishtha Until 9:57AM</b> | <b>Ganesha: Yellow</b>  | <i>Sunrise: 4:44AM</i>   | Vilamba 5120                |                                    |  |
|                                  |               | Yama                          | 6:40AM – 8:37AM          | Indra Until 1:49AM Thu         | <b>Muruga: White</b>    | <i>Sunset: 8:16PM</i>  | Moon 4 - Phase 4            |                                    |  |
|                                  |               | 294832369 <b>Rahu</b>         | <b>12:30PM – 2:27PM</b>  | Vanija Until 10:35PM           | <b>Nataraja: Purple</b> |  | 2nd Phase                   |                                    |  |
| Creative Work                    | Siddha Yoga   |                               |                          | <b>Navami* Until 9:57AM</b>    | Moon – Purple           |  | <b>Bhuloka Day</b>          |                                    |  |
| Until 9:57AM                     |               |                               |                          |                                | <b>Vaisaka-Chaitra</b>  |  | Devaloka Time: 9:AM to12:PM |                                    |  |
| Then Creative Work - Amrita Yoga |               |                               |                          |                                |                         |  |                             |                                    |  |

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| <b>2</b>                         |               | <b>Thursday, May 10, 2018</b> |                         |  |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti* Karana Dashami/Ekadashyam Titau |                             | Edmonton, Canada<br>Sun 9 Sutra 25 |  |
| Kumbha Rasi: 23.17               | Tithi 25 – 26 | <b>Gulika</b>                 | <b>8:36AM – 10:33AM</b> | <b>Purvaproshtapada* Until 12:55AM Fri</b> | <b>Ganesha: Yellow</b>  | <i>Sunrise: 4:42AM</i>  | Vilamba 5120                |                                    |  |
|                                  |               | Yama                          | 4:42AM – 6:39AM         | Vaidhriti* Until 1:14AM Fri                | <b>Muruga: White</b>    | <i>Sunset: 8:18PM</i>   | Moon 4 - Phase 4            |                                    |  |
|                                  |               | 214832369 <b>Rahu</b>         | <b>2:27PM – 4:24PM</b>  | Visti Until 11:00AM                        | <b>Nataraja: Purple</b> |   | 2nd Phase                   |                                    |  |
| Creative Work                    | Siddha Yoga   |                               |                         | <b>Dashami Until 11:00AM</b>               | Moon – Clear            |   | <b>Bhuloka Day</b>          |                                    |  |
| Until 9:57AM                     |               |                               |                         |  | <b>Vaisaka-Chaitra</b>  |   | Devaloka Time: 9:AM to12:PM |                                    |  |
| Then Creative Work - Amrita Yoga |               |                               |                         |  |                         |   |                             |                                    |  |

|  |               |                             |                          |   |                         |  |                    |                                     |  |
|--|---------------|-----------------------------|--------------------------|---|-------------------------|--|--------------------|-------------------------------------|--|
| <b>3</b>                               |               | <b>Friday, May 11, 2018</b> |                          |   |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                    | Edmonton, Canada<br>Sun 10 Sutra 26 |  |
| Meena Rasi: 6.04                       | Tithi 26 – 27 | <b>Gulika</b>               | <b>6:38AM – 8:35AM</b>   | <b>Uttaraproshtapada Until 1:22AM Sat</b> | <b>Ganesha: Blue</b>    | <i>Sunrise: 4:40AM</i>   | Vilamba 5120       |                                     |  |
|  |               | Yama                        | 4:25PM – 6:22PM          | Vishkambha* Until 12:01AM Sat             | <b>Muruga: White</b>    | <i>Sunset: 8:20PM</i>  | Moon 4 - Phase 4   |                                     |  |
|  |               | 214932369 <b>Rahu</b>       | <b>10:32AM – 12:30PM</b> | Kaulava Until 11:03PM                     | <b>Nataraja: Purple</b> |  | 2nd Phase          |                                     |  |
| Creative Work                          | Siddha Yoga   |                             |                          | <b>Ekadashi* Until 11:14AM</b>            | Moon – Clear            |  | <b>Bhuloka Day</b> |                                     |  |
| Until 1:22AM Sat                       |               |                             |                          |   | <b>Vaisaka-Chaitra</b>  |  |                    |                                     |  |
| Then Routine Work - Prabalarishta Yoga |               |                             |                          |   |                         |  |                    |                                     |  |

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|----------------------------------|--------------------|-------------------------------|-------------------------|--------------------------------|-------------------------|---|---------------------------------|-------------------------------------|--|
| <b>4</b>                         |                    | <b>Saturday, May 12, 2018</b> |                         |                                |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Priti Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau |                                 | Edmonton, Canada<br>Sun 11 Sutra 27 |  |
| Meena Rasi: 19.14                | Tithi 27 – 28      | <b>Gulika</b>                 | <b>4:38AM – 6:36AM</b>  | <b>Revati Until 9:18AM Sun</b> | <b>Ganesha: Blue</b>    | <i>Sunrise: 4:38AM</i>  | Vilamba 5120                    |                                     |  |
|                                  |                    | Yama                          | 2:28PM – 4:26PM         | Priti Until 12:53AM Sun        | <b>Muruga: White</b>    | <i>Sunset: 8:21PM</i>   | Moon 4 - Phase 4                |                                     |  |
|                                  |                    | 214932369 <b>Rahu</b>         | <b>8:34AM – 10:32AM</b> | Vanija Until 9:18AM Sun        | <b>Nataraja: Purple</b> |   | 2nd Phase                       |                                     |  |
| Routine Work                     | Prabalarishta Yoga |                               |                         | <b>Dvadashi* Until 10:39AM</b> | Moon – Clear            |   | <b>Bhuloka Day</b>              |                                     |  |
| Until 9:18AM Sun                 |                    |                               |                         |                                | <b>Vaisaka-Chaitra</b>  |   |                                 |                                     |  |
| Then Creative Work - Siddha Yoga |                    |                               |                         |                                |                         |   | <i>Pradosha Vrata (Fasting)</i> |                                     |  |

|  |               |                             |                        |                                 |                         |  |                    |                                     |  |
|--|---------------|-----------------------------|------------------------|---------------------------------|-------------------------|--|--------------------|-------------------------------------|--|
| <b>5</b>                               |               | <b>Sunday, May 13, 2018</b> |                        |                                 |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                    | Edmonton, Canada<br>Sun 12 Sutra 28 |  |
| Mesha Rasi: 2.5                        | Tithi 28 – 29 | <b>Gulika</b>               | <b>4:26PM – 6:25PM</b> | <b>Revati Until 9:18AM</b>      | <b>Ganesha: Blue</b>    | <i>Sunrise: 4:37AM</i>   | Vilamba 5120       |                                     |  |
|  |               | Yama                        | 12:30PM – 2:28PM       | Ayushman Until 12:01AM Mon      | <b>Muruga: White</b>    | <i>Sunset: 8:23PM</i>  | Moon 4 - Phase 4   |                                     |  |
|  |               | 224932369 <b>Rahu</b>       | <b>6:25PM – 8:23PM</b> | Visti Until 7:84PM              | <b>Nataraja: Purple</b> |  | 2nd Phase          |                                     |  |
| Creative Work                          | Siddha Yoga   |                             |                        | <b>Trayodashi* Until 9:18AM</b> | Moon – White            |  | <b>Bhuloka Day</b> |                                     |  |
| Until 9:18AM                           |               |                             |                        |                                 | <b>Vaisaka-Chaitra</b>  |  |                    |                                     |  |
| Then Routine Work - Prabalarishta Yoga |               |                             |                        |                                 |                         |  |                    |                                     |  |

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|---------------------------------|---------------|-----------------------|------------------------|----------------------------------|-------------------------|---|--------------------|-------------------------------------|--|
| <b>Monday, May 14, 2018</b>     |               | <b>Retreat Star</b>   |                        |                                  |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                    | Edmonton, Canada<br>Sun 13 Sutra 29 |  |
| Mesha Rasi: 16.51               | Tithi 29 – 30 | <b>Gulika</b>         | <b>2:29PM – 4:27PM</b> | <b>Bharani Until 10:28PM</b>     | <b>Ganesha: Blue</b>    | <i>Sunrise: 4:35AM</i>  | Vilamba 5120       |                                     |  |
| <b>Family Home Evening</b>      |               | Yama                  | 10:31AM – 12:30PM      | Saubhagya Until 4:51PM           | <b>Muruga: White</b>    | <i>Sunset: 8:25PM</i>   | Moon 4 - Phase 4   |                                     |  |
| Creative Work                   | Siddha Yoga   | 224932369 <b>Rahu</b> | <b>6:34AM – 8:32AM</b> | Catuspada Until 6:09PM           | <b>Nataraja: Purple</b> |   | Amavasya           |                                     |  |
| Until 10:28PM                   |               |                       |                        | <b>Chaturdashi* Until 7:20AM</b> | Moon – White            |   | <b>Bhuloka Day</b> |                                     |  |
| Then Routine Work - Marana Yoga |               |                       |                        |                                  | <b>Vaisaka-Vaikasi</b>  |   |                    |                                     |  |

|                                  |             |                       |                         |                                   |                                |   |                             |                                     |  |
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| <b>Tuesday, May 15, 2018</b>     |             | <b>Retreat Star</b>   |                         |                                   |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau |                             | Edmonton, Canada<br>Sun 14 Sutra 30 |  |
| Vrishabha Rasi: 1.11             | Tithi 1     | <b>Gulika</b>         | <b>12:30PM – 2:29PM</b> | <b>Krittika Until 8:22PM</b>      | <b>Ganesha: Red</b>            | <i>Sunrise: 4:33AM</i>  | Vilamba 5120                |                                     |  |
|                                  |             | Yama                  | 8:32AM – 10:31AM        | Sobhana Until 1:37PM              | <b>Muruga: White</b>           | <i>Sunset: 8:26PM</i>   | Moon 4 - Phase 4            |                                     |  |
|                                  |             | 225932369 <b>Rahu</b> | <b>4:28PM – 6:27PM</b>  | Kintughna Until 3:29PM            | <b>Nataraja: Purple</b>        |   | Prathama                    |                                     |  |
| Creative Work                    | Siddha Yoga |                       |                         | <b>Prathama* Until 2:01AM Wed</b> | Moon – White                   |   | <b>Bhuloka Day</b>          |                                     |  |
| Until 8:22PM                     |             |                       |                         |                                   | <b>Jyeshtha Adhika-Vaikasi</b> |   | Devaloka Time: 9:AM to12:PM |                                     |  |
| Then Creative Work - Amrita Yoga |             |                       |                         |                                   |                                |   |                             |                                     |  |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

|                       |             |                                |                          |   |                                |                                     |                    |
|-----------------------|-------------|--------------------------------|--------------------------|---|--------------------------------|-------------------------------------|--------------------|
| <b>1</b>              |             | <b>Wednesday, May 16, 2018</b> |                          | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Athiganda*/Sukarma Yoga Balava Karana Dvitiyayam Titau |                                | Edmonton, Canada<br>Sun 15 Sutra 31 |                    |
| Vrishabha Rasi: 15.46 | Tithi 2     | <b>Gulika</b>                  | <b>10:30AM – 12:30PM</b> | <b>Rohini Until 6:20PM</b>  | <b>Ganesh:</b> Yellow          | <b>Sunrise:</b> 4:32AM              | Vilamba 5120       |
|                       |             | Yama                           | 6:31AM – 8:31AM          | Athiganda* Until 10:08AM  | <b>Muruga:</b> White           | <b>Sunset:</b> 8:28PM               | Moon 4 - Phase 5   |
|                       |             | 235932369 <b>Rahu</b>          | <b>12:30PM – 2:29PM</b>  | Balava Until 12:33PM  | <b>Nataraja:</b> Purple        |                                     | 3rd Phase          |
| Creative Work         | Siddha Yoga |                                |                          | <b>Dvitiya Until 11:01PM</b>  | Moon – Yellow                  |                                     | <b>Bhuloka Day</b> |
|                       |             |                                |                          |   | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to12:PM         |                    |

|                    |             |                               |                         |  |                                |                                     |                    |
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| <b>2</b>           |             | <b>Thursday, May 17, 2018</b> |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau |                                | Edmonton, Canada<br>Sun 16 Sutra 32 |                    |
| Mithuna Rasi: 0.28 | Tithi 3     | <b>Gulika</b>                 | <b>8:30AM – 10:30AM</b> | <b>Mrigashira Until 5:00PM Fri</b>   | <b>Ganesh:</b> Yellow          | <b>Sunrise:</b> 4:30AM              | Vilamba 5120       |
|                    |             | Yama                          | 4:30AM – 6:30AM         | Sukarma Until 6:34AM   | <b>Muruga:</b> White           | <b>Sunset:</b> 8:30PM               | Moon 4 - Phase 5   |
|                    |             | 235932369 <b>Rahu</b>         | <b>2:30PM – 4:30PM</b>  | Taitila Until 6:29AM Fri   | <b>Nataraja:</b> Purple        |                                     | 3rd Phase          |
| Routine Work       | Marana Yoga |                               |                         | <b>Tritiya Until 10:08AM</b>   | Moon – Yellow                  |                                     | <b>Bhuloka Day</b> |
|                    |             |                               |                         |  | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to12:PM         |                    |

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| <b>3</b>           |             | <b>Friday, May 18, 2018</b> |                          | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira/Punarvasu Nakshatra Shula* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau |                                | Edmonton, Canada<br>Sun 17 Sutra 33 |                    |
| Mithuna Rasi: 15.1 | Tithi 4 – 5 | <b>Gulika</b>               | <b>6:29AM – 8:29AM</b>   | <b>Mrigashira Until 5:00PM</b>   | <b>Ganesh:</b> Yellow          | <b>Sunrise:</b> 4:29AM              | Vilamba 5120       |
|                    |             | Yama                        | 4:31PM – 6:31PM          | Shula* Until 1:46PM  | <b>Muruga:</b> White           | <b>Sunset:</b> 8:31PM               | Moon 4 - Phase 5   |
|                    |             | 235932369 <b>Rahu</b>       | <b>10:30AM – 12:30PM</b> | Vanija Until 6:29AM  | <b>Nataraja:</b> Purple        |                                     | 3rd Phase          |
| Creative Work      | Siddha Yoga |                             |                          | <b>Chaturthi* Until 5:00PM</b>   | Moon – Yellow                  |                                     | <b>Bhuloka Day</b> |
|                    |             |                             |                          |  | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to12:PM         |                    |

|                     |             |                               |                         |   |                                |                                     |                     |
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| <b>4</b>            |             | <b>Saturday, May 19, 2018</b> |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                                | Edmonton, Canada<br>Sun 18 Sutra 34 |                     |
| Mithuna Rasi: 29.46 | Tithi 5 – 6 | <b>Gulika</b>                 | <b>4:27AM – 6:28AM</b>  | <b>Ardra Until 2:15PM</b>   | <b>Ganesh:</b> White           | <b>Sunrise:</b> 4:27AM              | Vilamba 5120        |
|                     |             | Yama                          | 2:31PM – 4:31PM         | Ganda* Until 7:76PM   | <b>Muruga:</b> White           | <b>Sunset:</b> 8:33PM               | Moon 4 - Phase 5    |
|                     |             | 245932369 <b>Rahu</b>         | <b>8:29AM – 10:29AM</b> | Kaulava Until 24:60   | <b>Nataraja:</b> Purple        |                                     | 3rd Phase           |
| Creative Work       | Siddha Yoga |                               |                         | <b>Panchami Until 11:32PM</b>   | Moon – Blue                    |                                     | <b>Devaloka Day</b> |
|                     |             |                               |                         |   | <b>Jyeshtha Adhika-Vaikasi</b> |                                     |                     |

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| <b>5</b>           |             | <b>Sunday, May 20, 2018</b> |                        | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                | Edmonton, Canada<br>Sun 19 Sutra 35 |                     |
| Kataka Rasi: 14.09 | Tithi 6 – 7 | <b>Gulika</b>               | <b>4:32PM – 6:33PM</b> | <b>Pushya Until 10:13AM</b>   | <b>Ganesh:</b> White           | <b>Sunrise:</b> 4:26AM              | Vilamba 5120        |
|                    |             | Yama                        | 12:30PM – 2:31PM       | Vriddhi Until 5:17PM  | <b>Muruga:</b> White           | <b>Sunset:</b> 8:34PM               | Moon 4 - Phase 5    |
|                    |             | 245932369 <b>Rahu</b>       | <b>6:33PM – 8:34PM</b> | Gara Until 10:43PM  | <b>Nataraja:</b> Purple        |                                     | 3rd Phase           |
| Creative Work      | Siddha Yoga |                             |                        | <b>Shashthi* Until 11:48AM</b>  | Moon – Blue                    |                                     | <b>Devaloka Day</b> |
|                    |             |                             |                        |   | <b>Jyeshtha Adhika-Vaikasi</b> |                                     |                     |

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| <b>Monday, May 21, 2018</b>     |             | <b>Retreat Star</b>   |                        | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Sapthami/Ashtamyam Titau |                                | Edmonton, Canada<br>Sun 20 Sutra 36 |                     |
| Kataka Rasi: 28.19              | Tithi 7 – 8 | <b>Gulika</b>         | <b>2:31PM – 4:33PM</b> | <b>Ashlesha* Until 8:44AM</b>   | <b>Ganesh:</b> White           | <b>Sunrise:</b> 4:24AM              | Vilamba 5120        |
| <b>Family Home Evening</b>      |             | Yama                  | 10:29AM – 12:30PM      | Dhruva Until 2:35PM   | <b>Muruga:</b> White           | <b>Sunset:</b> 8:36PM               | Moon 4 - Phase 5    |
| Creative Work                   | Siddha Yoga | 245932369 <b>Rahu</b> | <b>6:26AM – 8:27AM</b> | Visti Until 8:49PM  | <b>Nataraja:</b> Purple        |                                     | Ashtami             |
| Until 8:44AM                    |             |                       |                        | <b>Saptami Until 9:42AM</b>   | Moon – Blue                    |                                     | <b>Devaloka Day</b> |
| Then Routine Work - Marana Yoga |             |                       |                        |   | <b>Jyeshtha Adhika-Vaikasi</b> |                                     |                     |

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| <b>Tuesday, May 22, 2018</b> |             | <b>Retreat Star</b>   |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                | Edmonton, Canada<br>Sun 21 Sutra 37 |                    |
| Simha Rasi: 12.13            | Tithi 8 – 9 | <b>Gulika</b>         | <b>12:30PM – 2:32PM</b> | <b>Magha* Until 7:55AM</b>   | <b>Ganesh:</b> Clear           | <b>Sunrise:</b> 4:23AM              | Vilamba 5120       |
|                              |             | Yama                  | 8:27AM – 10:28AM        | Vyaghata* Until 12:13PM  | <b>Muruga:</b> White           | <b>Sunset:</b> 8:37PM               | Moon 4 - Phase 5   |
|                              |             | 255932369 <b>Rahu</b> | <b>4:34PM – 6:35PM</b>  | Balava Until 7:19PM  | <b>Nataraja:</b> Purple        |                                     | Navami             |
| Creative Work                | Siddha Yoga |                       |                         | <b>Ashtami* Until 8:00AM</b>   | Moon – Red                     |                                     | <b>Bhuloka Day</b> |
|                              |             |                       |                         |  | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to12:PM         |                    |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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|                   |              |                                |                          |                                   |                                |   |                    |                                     |  |
|-------------------|--------------|--------------------------------|--------------------------|-----------------------------------|--------------------------------|---|--------------------|-------------------------------------|--|
| <b>1</b>          |              | <b>Wednesday, May 23, 2018</b> |                          |                                   |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                    | Edmonton, Canada<br>Sun 22 Sutra 38 |  |
| Simha Rasi: 25.53 | Tithi 9 – 10 | <b>Gulika</b>                  | <b>10:28AM – 12:30PM</b> | <b>Purvaphalguni Until 7:23AM</b> | <b>Ganesh:</b> Clear           | <i>Sunrise:</i> 4:22AM  | Vilamba 5120       |                                     |  |
|                   |              | Yama                           | 6:24AM – 8:26AM          | Harshana Until 10:12AM            | <b>Muruga:</b> White           | <i>Sunset:</i> 8:39PM   | Moon 4 - Phase 6   |                                     |  |
| Creative Work     | Amrita Yoga  | 255932369                      | <b>Rahu</b>              | <b>12:30PM – 2:32PM</b>           | <b>Nataraja:</b> Purple        |   | 4th Phase          |                                     |  |
|                   |              |                                |                          | Taitila Until 6:13PM              | Moon – Red                     |   | <b>Bhuloka Day</b> |                                     |  |
|                   |              |                                |                          | <b>Navami* Until 6:42AM</b>       | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to 12:PM  |                    |                                     |  |

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| <b>2</b>                        |             | <b>Thursday, May 24, 2018</b> |                         |                                    |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau |                    | Edmonton, Canada<br>Sun 23 Sutra 39 |  |
| Kanya Rasi: 9.19                | Tithi 11    | <b>Gulika</b>                 | <b>8:25AM – 10:28AM</b> | <b>Uttaraphalguni Until 7:05AM</b> | <b>Ganesh:</b> Clear           | <i>Sunrise:</i> 4:20AM   | Vilamba 5120       |                                     |  |
|                                 |             | Yama                          | 4:20AM – 6:23AM         | Vajra* Until 8:28AM                | <b>Muruga:</b> White           | <i>Sunset:</i> 8:40PM  | Moon 4 - Phase 6   |                                     |  |
|                                 |             | 255932369                     | <b>Rahu</b>             | <b>2:33PM – 4:35PM</b>             | <b>Nataraja:</b> Purple        |  | 4th Phase          |                                     |  |
|                                 | Amrita Yoga |                               |                         | Vanija Until 5:31PM                | Moon – Red                     |  | <b>Bhuloka Day</b> |                                     |  |
| Until 7:05AM                    |             |                               |                         | <b>Ekadashi Until 5:18AM Fri</b>   | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to 12:PM   |                    |                                     |  |
| Then Routine Work - Marana Yoga |             |                               |                         |                                    |                                |  |                    |                                     |  |

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| <b>3</b>                         |             | <b>Friday, May 25, 2018</b> |                        |                              |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddhi/Vyalipata* Yoga Bava/Kaulava Karana Dvadashyam Titau |                    | Edmonton, Canada<br>Sun 24 Sutra 40 |  |
| Kanya Rasi: 22.31                | Tithi 12    | <b>Gulika</b>               | <b>6:22AM – 8:25AM</b> | <b>Hasta Until 7:28AM</b>    | <b>Ganesh:</b> Purple          | <i>Sunrise:</i> 4:19AM   | Vilamba 5120       |                                     |  |
|                                  |             | Yama                        | 4:36PM – 6:39PM        | Siddhi Until 7:28AM          | <b>Muruga:</b> White           | <i>Sunset:</i> 8:42PM  | Moon 4 - Phase 6   |                                     |  |
|                                  |             | 366932369                   | <b>Rahu</b>            | <b>10:28AM – 12:30PM</b>     | <b>Nataraja:</b> Purple        |  | 4th Phase          |                                     |  |
|                                  | Amrita Yoga |                             |                        | Bava Until 17:17AM Sat       | Moon – Green                   |  | <b>Bhuloka Day</b> |                                     |  |
| Until 7:28AM                     |             |                             |                        | <b>Dvadashi Until 8:28AM</b> | <b>Jyeshtha Adhika-Vaikasi</b> |  |                    |                                     |  |
| Then Creative Work - Siddha Yoga |             |                             |                        |                              |                                |  |                    |                                     |  |

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| <b>4</b>                         |             | <b>Saturday, May 26, 2018</b> |                        |                                    |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau |                    | Edmonton, Canada<br>Sun 25 Sutra 41 |  |
| Tula Rasi: 5.32                  | Tithi 13    | <b>Gulika</b>                 | <b>4:18AM – 6:21AM</b> | <b>Chitra Until 8:05AM</b>         | <b>Ganesh:</b> Purple          | <i>Sunrise:</i> 4:18AM  | Vilamba 5120       |                                     |  |
|                                  |             | Yama                          | 2:34PM – 4:37PM        | Variyan Until 6:00AM               | <b>Muruga:</b> White           | <i>Sunset:</i> 8:43PM   | Moon 4 - Phase 6   |                                     |  |
|                                  |             | 366932369                     | <b>Rahu</b>            | <b>8:24AM – 10:27AM</b>            | <b>Nataraja:</b> Purple        |   | 4th Phase          |                                     |  |
|                                  | Marana Yoga |                               |                        | Kaulava Until 5:17PM               | Moon – Green                   |   | <b>Bhuloka Day</b> |                                     |  |
| Until 8:05AM                     |             |                               |                        | <b>Trayodashi Until 5:27AM Sun</b> | <b>Jyeshtha Adhika-Vaikasi</b> |   |                    |                                     |  |
| Then Creative Work - Siddha Yoga |             |                               |                        | <i>Pradosha Vrata</i>              |                                |   |                    |                                     |  |

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| <b>5</b>                        |             | <b>Sunday, May 27, 2018</b> |                        |                                      |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau |                    | Edmonton, Canada<br>Sun 26 Sutra 42 |  |
| Tula Rasi: 18.21                | Tithi 14    | <b>Gulika</b>               | <b>4:37PM – 6:41PM</b> | <b>Svati Until 8:56AM</b>            | <b>Ganesh:</b> Purple          | <i>Sunrise:</i> 4:17AM  | Vilamba 5120       |                                     |  |
|                                 |             | Yama                        | 12:31PM – 2:34PM       | Parigha* Until 8:56AM                | <b>Muruga:</b> White           | <i>Sunset:</i> 8:44PM   | Moon 4 - Phase 6   |                                     |  |
|                                 |             | 366932369                   | <b>Rahu</b>            | <b>6:41PM – 8:44PM</b>               | <b>Nataraja:</b> Purple        |   | 4th Phase          |                                     |  |
|                                 | Siddha Yoga |                             |                        | Gara Until 5:46PM                    | Moon – Green                   |   | <b>Bhuloka Day</b> |                                     |  |
| Until 8:56AM                    |             |                             |                        | <b>Chaturdashi* Until 6:09AM Mon</b> | <b>Jyeshtha Adhika-Vaikasi</b> |   |                    |                                     |  |
| Then Routine Work - Marana Yoga |             |                             |                        | <b>Vaikasi Visakam</b>               |                                |   |                    |                                     |  |

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| <b>○</b>                         |               | <b>Monday, May 28, 2018</b> |                        |                                  |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                    | Edmonton, Canada<br>Sun 27 Sutra 43 |  |
| <b>Copper Retreat Star</b>       |               | <b>Gulika</b>               | <b>2:34PM – 4:38PM</b> | <b>Vishakha Until 10:30AM</b>    | <b>Ganesh:</b> Clear           | <i>Sunrise:</i> 4:16AM  | Vilamba 5120       |                                     |  |
| Vrischika Rasi: 0.58             | Tithi 14 – 15 | Yama                        | 10:27AM – 12:31PM      | Shiva Until 4:39AM Tue           | <b>Muruga:</b> White           | <i>Sunset:</i> 8:46PM   | Moon 4 - Phase 6   |                                     |  |
| <b>Family Home Evening</b>       |               | 376932369                   | <b>Rahu</b>            | <b>6:19AM – 8:23AM</b>           | <b>Nataraja:</b> Purple        |   | Purnima            |                                     |  |
|                                  | Marana Yoga   |                             |                        | Visti Until 6:41PM               | Moon – Orange                  |   | <b>Bhuloka Day</b> |                                     |  |
| Until 10:30AM                    |               |                             |                        | <b>Chaturdashi* Until 6:09AM</b> | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 6:AM to 9:AM   |                    |                                     |  |
| Then Creative Work - Siddha Yoga |               |                             |                        |                                  |                                |   |                    |                                     |  |

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| <b>○</b>                        |               | <b>Tuesday, May 29, 2018</b> |                         |                               |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                    | Edmonton, Canada<br>Sun 28 Sutra 44 |  |
| <b>Silver Retreat Star</b>      |               | <b>Gulika</b>                | <b>12:31PM – 2:35PM</b> | <b>Anuradha Until 12:22PM</b> | <b>Ganesh:</b> Clear           | <i>Sunrise:</i> 4:15AM  | Vilamba 5120       |                                     |  |
| Vrischika Rasi: 13.23           | Tithi 15 – 16 | Yama                         | 8:23AM – 10:27AM        | Siddha Until 4:53AM Wed       | <b>Muruga:</b> White           | <i>Sunset:</i> 8:47PM   | Moon 4 - Phase 6   |                                     |  |
|                                 |               | 376932369                    | <b>Rahu</b>             | <b>4:39PM – 6:43PM</b>        | <b>Nataraja:</b> Purple        |   | Prathama           |                                     |  |
|                                 | Siddha Yoga   |                              |                         | Balava Until 8:03PM           | Moon – Orange                  |   | <b>Bhuloka Day</b> |                                     |  |
| Until 12:22PM                   |               |                              |                         | <b>Purnima* Until 7:17AM</b>  | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 6:AM to 9:AM   |                    |                                     |  |
| Then Routine Work - Marana Yoga |               |                              |                         |                               |                                |   |                    |                                     |  |



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| <b>1 Friday, June 8, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Dashamyam Titau |  |                                |                             | Edmonton, Canada<br>Sun 9 Sutra 54<br>Vilamba 5120 |
| Meena Rasi: 14.13             | Tithi 25    | <b>Gulika</b> 6:13AM – 8:20AM   | <b>Uttaraproshtapada</b> Until 10:31AM | <b>Ganesha:</b> Red            | <i>Sunrise:</i> 4:07AM      |  |
|                               |             | Yama 4:45PM – 6:51PM  | Ayushman Until 10:31AM                 | <b>Muruga:</b> White           | <i>Sunset:</i> 8:58PM       | Moon 5 - Phase 8                                   |
|                               |             | 318132361 <b>Rahu</b> 10:26AM – 12:32PM   | Vanija Until 11:64AM Sat               | <b>Nataraja:</b> White         |                             | 2nd Phase  |
| Creative Work                 | Siddha Yoga |   | <b>Dashami</b> Until 10:33AM           | Moon – Clear                   |                             | <b>Bhuloka Day</b>                                 |
|                               |             |   |  | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 6:AM to 9:AM |  |

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| <b>2 Saturday, June 9, 2018</b>  |                    | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau |                                |                                |                             | Edmonton, Canada<br>Sun 10 Sutra 55<br>Vilamba 5120 |
| Meena Rasi: 27.23                | Tithi 26           | <b>Gulika</b> 4:06AM – 6:13AM   | <b>Revati</b> Until 9:34PM Sun | <b>Ganesha:</b> Red            | <i>Sunrise:</i> 4:06AM      |   |
|                                  |                    | Yama 2:39PM – 4:46PM  | Saubhagya Until 8:18AM         | <b>Muruga:</b> White           | <i>Sunset:</i> 8:59PM       | Moon 5 - Phase 8                                    |
|                                  |                    | 318132361 <b>Rahu</b> 8:19AM – 10:26AM  | Bava Until 12:04PM             | <b>Nataraja:</b> White         |                             | 2nd Phase   |
| Routine Work                     | Prabalarishta Yoga |   | <b>Ekadashi*</b> Until 11:25PM | Moon – Clear                   |                             | <b>Bhuloka Day</b>                                  |
| Until 9:34PM Sun                 |                    |   |                                | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 6:AM to 9:AM |   |
| Then Creative Work - Siddha Yoga |                    |   |                                |                                |                             |   |

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| <b>3 Sunday, June 10, 2018</b>         |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati/Bharani Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Dvodashyam Titau |                               |                                |                        | Edmonton, Canada<br>Sun 11 Sutra 56<br>Vilamba 5120 |
| Mesha Rasi: 11.01                      | Tithi 27    | <b>Gulika</b> 4:46PM – 6:53PM  | <b>Revati</b> Until 9:34PM    | <b>Ganesha:</b> Green          | <i>Sunrise:</i> 4:06AM |   |
|  |             | Yama 12:33PM – 2:39PM  | Sobhana Until 3:30AM Mon      | <b>Muruga:</b> White           | <i>Sunset:</i> 8:59PM  | Moon 5 - Phase 8                                    |
|  |             | 328132361 <b>Rahu</b> 6:53PM – 8:59PM  | Kaulava Until 10:36AM         | <b>Nataraja:</b> White         |                        | 2nd Phase   |
| Creative Work                          | Siddha Yoga |  | <b>Dvadashi*</b> Until 9:34PM | Moon – White                   |                        | <b>Bhuloka Day</b>                                  |
| Until 9:34PM                           |             |  |                               | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |
| Then Routine Work - Prabalarishta Yoga |             |  |                               |                                |                        |   |

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| <b>4 Monday, June 11, 2018</b>  |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau |                                     |                                |                        | Edmonton, Canada<br>Sun 12 Sutra 57<br>Vilamba 5120 |
| Mesha Rasi: 25.07               | Tithi 28    | <b>Gulika</b> 2:40PM – 4:47PM  | <b>Bharani</b> Until 4:06PM Tue     | <b>Ganesha:</b> Green          | <i>Sunrise:</i> 4:05AM |   |
| <b>Family Home Evening</b>      |             | Yama 10:26AM – 12:33PM   | Sukarma Until 12:18AM Tue           | <b>Muruga:</b> White           | <i>Sunset:</i> 9:00PM  | Moon 5 - Phase 8                                    |
|                                 |             | 328132361 <b>Rahu</b> 6:12AM – 8:19AM  | Gara Until 5:40AM Tue               | <b>Nataraja:</b> White         |                        | 2nd Phase   |
| Creative Work                   | Siddha Yoga |  | <b>Trayodashi*</b> Until 3:30AM Mon | Moon – White                   |                        | <b>Bhuloka Day</b>                                  |
| Until 4:06PM Tue                |             |  |                                     | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |
| Then Routine Work - Marana Yoga |             |  |                                     |                                |                        |   |

*Pradosha Vrata (Fasting)*

|                                  |               |   |                                  |                                |                        |   |
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| <b>5 Tuesday, June 12, 2018</b>  |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani/Rohini Nakshatra Dhriti Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau |                                  |                                |                        | Edmonton, Canada<br>Sun 13 Sutra 58<br>Vilamba 5120 |
| Vrishabha Rasi: 9.37             | Tithi 29 – 30 | <b>Gulika</b> 12:33PM – 2:40PM  | <b>Bharani</b> Until 4:06PM      | <b>Ganesha:</b> Green          | <i>Sunrise:</i> 4:05AM |   |
|                                  |               | Yama 8:19AM – 10:26AM   | Dhriti Until 6:29AM              | <b>Muruga:</b> White           | <i>Sunset:</i> 9:01PM  | Moon 5 - Phase 8                                    |
|                                  |               | 328132361 <b>Rahu</b> 4:47PM – 6:54PM   | Sakuni Until 4:06PM              | <b>Nataraja:</b> White         |                        | 2nd Phase   |
| Creative Work                    | Siddha Yoga   |   | <b>Chaturdashi*</b> Until 4:06PM | Moon – White                   |                        | <b>Bhuloka Day</b>                                  |
| Until 4:06PM                     |               |   |                                  | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |
| Then Creative Work - Amrita Yoga |               |   |                                  |                                |                        |   |

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| <b>Wednesday, June 13, 2018</b> |              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                               |                                |                        | Edmonton, Canada<br>Sun 14 Sutra 59<br>Vilamba 5120 |
| <b>Retreat Star</b>             |              | <b>Gulika</b> 10:26AM – 12:33PM   | <b>Krittika</b> Until 12:47PM | <b>Ganesha:</b> White          | <i>Sunrise:</i> 4:05AM |   |
| Vrishabha Rasi: 24.25           | Tithi 30 – 1 | Yama 6:12AM – 8:19AM  | Shula* Until 12:53AM Thu      | <b>Muruga:</b> White           | <i>Sunset:</i> 9:02PM  | Moon 5 - Phase 8                                    |
|                                 |              | 338132361 <b>Rahu</b> 12:33PM – 2:40PM  | Kintughna Until 10:63PM       | <b>Nataraja:</b> White         |                        | Amavasya  |
| Creative Work                   | Siddha Yoga  |   | <b>Amavasya*</b> Until 8:43PM | Moon – Yellow                  |                        | <b>Bhuloka Day</b>                                  |
|                                 |              |   |                               | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |

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| <b>Thursday, June 14, 2018</b>   |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                |                        |                              | Edmonton, Canada<br>Sun 15 Sutra 60<br>Vilamba 5120 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 8:19AM – 10:26AM  | <b>Mrigashira</b> Until 9:16AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:05AM       |   |
| Mithuna Rasi: 9.24               | Tithi 1 – 2 | Yama 4:05AM – 6:12AM  | Ganda* Until 8:56AM Fri        | <b>Muruga:</b> White   | <i>Sunset:</i> 9:02PM        | Moon 5 - Phase 8                                    |
|                                  |             | 339132361 <b>Rahu</b> 2:41PM – 4:48PM   | Balava Until 7:31PM            | <b>Nataraja:</b> White |                              | Prathama  |
| Routine Work                     | Marana Yoga |   | <b>Prathama*</b> Until 9:16AM  | Moon – Yellow          |                              | <b>Bhuloka Day</b>                                  |
| Until 9:16AM                     |             |   |                                | <b>Jyeshtha-Ani</b>    | Devaloka Time: 9:AM to 12:PM |   |
| Then Creative Work - Amrita Yoga |             |   |                                |                        |                              |   |

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| <b>1 Friday, June 15, 2018</b>  |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Tritiyayam Titau |                                 |                        |                        | Edmonton, Canada<br>Sun 16 Sutra 61 |
| Mithuna Rasi: 24.26             | Tithi 3     | <b>Gulika</b> 6:12AM – 8:19AM  | <b>Punarvasu</b> Until 8:16PM   | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:05AM | Vilamba 5120                        |
|                                 |             | Yama 4:48PM – 6:55PM   | Vriddhi Until 8:56AM            | <b>Muruga:</b> White   | <i>Sunset:</i> 9:03PM  | Moon 5 - Phase 9                    |
|                                 |             | 349132361 <b>Rahu</b> 10:26AM – 12:34PM  | Tailila Until 12:44AM Sat       | <b>Nataraja:</b> White |                        | 3rd Phase                           |
| Creative Work                   | Siddha Yoga |  | <b>Tritiya</b> Until 8:56AM Fri | Moon – Blue            |                        |                                     |
| Until 8:16PM                    |             |  |                                 | <b>Jyeshtha•Ani</b>    | <b>Bhuloka Day</b>     | Devaloka Time: 9:AM to12:PM         |
| Then Routine Work - Marana Yoga |             |  |                                 |                        |                        |                                     |

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| <b>2 Saturday, June 16, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Vanija Karana Chaturthiyam Titau |                                 |                        |                        | Edmonton, Canada<br>Sun 17 Sutra 62 |
| Kataka Rasi: 9.21                | Tithi 4     | <b>Gulika</b> 4:04AM – 6:12AM  | <b>Pushya</b> Until 5:51PM      | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:04AM | Vilamba 5120                        |
|                                  |             | Yama 2:41PM – 4:49PM   | Vyaghata* Until 1:28AM Sun      | <b>Muruga:</b> White   | <i>Sunset:</i> 9:03PM  | Moon 5 - Phase 9                    |
|                                  |             | 349132361 <b>Rahu</b> 8:19AM – 10:26AM   | Vanija Until 12:44PM            | <b>Nataraja:</b> White |                        | 3rd Phase                           |
| Creative Work                    | Siddha Yoga |  | <b>Chaturthi*</b> Until 11:11PM | Moon – Blue            |                        |                                     |
| Until 5:51PM                     |             |  |                                 | <b>Jyeshtha•Ani</b>    | <b>Bhuloka Day</b>     | Devaloka Time: 9:AM to12:PM         |
| Then Routine Work - Marana Yoga  |             |  |                                 |                        |                        |                                     |

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| <b>3 Sunday, June 17, 2018</b>  |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau |                               |                        |                        | Edmonton, Canada<br>Sun 18 Sutra 63 |
| Kataka Rasi: 24.04              | Tithi 5     | <b>Gulika</b> 4:49PM – 6:56PM  | <b>Ashlesha*</b> Until 3:40PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:04AM | Vilamba 5120                        |
|                                 |             | Yama 12:34PM – 2:41PM  | Harshana Until 10:13PM        | <b>Muruga:</b> White   | <i>Sunset:</i> 9:04PM  | Moon 5 - Phase 9                    |
|                                 |             | 349132361 <b>Rahu</b> 6:56PM – 9:04PM  | Bava Until 9:46AM             | <b>Nataraja:</b> White |                        | 3rd Phase                           |
| Creative Work                   | Siddha Yoga |  | <b>Panchami</b> Until 8:26PM  | Moon – Blue            |                        |                                     |
| Until 3:40PM                    |             | <b>Father's Day</b>  |                               | <b>Jyeshtha•Ani</b>    | <b>Bhuloka Day</b>     | Devaloka Time: 9:AM to12:PM         |
| Then Routine Work - Marana Yoga |             |  |                               |                        |                        |                                     |

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| <b>4 Monday, June 18, 2018</b>   |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava Karana Shashthyam Titau |                               |                        |                        | Edmonton, Canada<br>Sun 19 Sutra 64 |
| Simha Rasi: 8.28                 | Tithi 6     | <b>Gulika</b> 2:42PM – 4:49PM   | <b>Magha*</b> Until 2:14PM    | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:04AM | Vilamba 5120                        |
| <b>Family Home Evening</b>       |             | Yama 10:27AM – 12:34PM  | Vajra* Until 2:14PM           | <b>Muruga:</b> White   | <i>Sunset:</i> 9:04PM  | Moon 5 - Phase 9                    |
| Routine Work                     | Marana Yoga | 359132361 <b>Rahu</b> 6:12AM – 8:19AM   | Kaulava Until 7:15AM          | <b>Nataraja:</b> White |                        | 3rd Phase                           |
| Until 2:14PM                     |             |   | <b>Shashthi*</b> Until 6:09PM | Moon – Red             |                        |                                     |
| Then Creative Work - Siddha Yoga |             |   |                               | <b>Jyeshtha•Ani</b>    | <b>Devaloka Day</b>    |                                     |

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| <b>5 Tuesday, June 19, 2018</b>  |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Saptami/Ashtamyam Titau |                                   |                        |                        | Edmonton, Canada<br>Sun 20 Sutra 65 |
| Simha Rasi: 22.31                | Tithi 7 – 8 | <b>Gulika</b> 12:34PM – 2:42PM  | <b>Purvaphalguni</b> Until 1:12PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:04AM | Vilamba 5120                        |
|                                  |             | Yama 8:19AM – 10:27AM   | Siddhi Until 4:55PM               | <b>Muruga:</b> White   | <i>Sunset:</i> 9:04PM  | Moon 5 - Phase 9                    |
|                                  |             | 359132361 <b>Rahu</b> 4:49PM – 6:57PM   | Vanija Until 4:27PM               | <b>Nataraja:</b> White |                        | 3rd Phase                           |
| Creative Work                    | Siddha Yoga |   | <b>Saptami</b> Until 4:27PM       | Moon – Red             |                        |                                     |
| Until 1:12PM                     |             |   |                                   | <b>Jyeshtha•Ani</b>    | <b>Devaloka Day</b>    |                                     |
| Then Creative Work - Amrita Yoga |             |   |                                   |                        |                        |                                     |

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| <b>Wednesday, June 20, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                     |                        |                        | Edmonton, Canada<br>Sun 21 Sutra 66 |
| <b>Retreat Star</b>             |             | <b>Gulika</b> 10:27AM – 12:35PM  | <b>Uttaraphalguni</b> Until 12:36PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:05AM | Vilamba 5120                        |
| Kanya Rasi: 6.12                | Tithi 8 – 9 | Yama 6:12AM – 8:20AM   | Vyatipata* Until 3:01PM             | <b>Muruga:</b> White   | <i>Sunset:</i> 9:05PM  | Moon 5 - Phase 9                    |
|                                 |             | 359132361 <b>Rahu</b> 12:35PM – 2:42PM   | Balava Until 3:00AM Thu             | <b>Nataraja:</b> White |                        | Ashtami                             |
| Creative Work                   | Amrita Yoga |  | <b>Ashtami*</b> Until 4:55PM        | Moon – Red             |                        |                                     |
| Until 12:36PM                   |             | <b>Chidambaram Abhishekam</b>  |                                     | <b>Jyeshtha•Ani</b>    | <b>Devaloka Day</b>    |                                     |
| Then Routine Work - Marana Yoga |             |  |                                     |                        |                        |                                     |

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| <b>Thursday, June 21, 2018</b>   |              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava Karana Navami/Dashamyam Titau |                             |                        |                        | Edmonton, Canada<br>Sun 22 Sutra 67 |
| <b>Retreat Star</b>              |              | <b>Gulika</b> 8:20AM – 10:27AM  | <b>Hasta</b> Until 12:54PM  | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:05AM | Vilamba 5120                        |
| Kanya Rasi: 19.33                | Tithi 9 – 10 | Yama 4:05AM – 6:12AM  | Variyan Until 12:54PM       | <b>Muruga:</b> White   | <i>Sunset:</i> 9:05PM  | Moon 5 - Phase 9                    |
|                                  |              | 369132361 <b>Rahu</b> 2:42PM – 4:50PM   | Kaulava Until 2:47PM        | <b>Nataraja:</b> White |                        | Navami                              |
| Routine Work                     | Marana Yoga  |   | <b>Navami*</b> Until 2:47PM | Moon – Green           |                        |                                     |
| Until 12:54PM                    |              |   |                             | <b>Jyeshtha•Ani</b>    | <b>Bhuloka Day</b>     | Devaloka Time: 9:AM to12:PM         |
| Then Creative Work - Siddha Yoga |              |   |                             |                        |                        |                                     |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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|                                |               |  |                             |                        |                        |                    |
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| <b>1 Friday, June 22, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |                             |                        |                        | Edmonton, Canada   |
|                                |               | Chitra/Svati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau           |                             |                        |                        | Sun 23 Sutra 68    |
| Tula Rasi: 2.35                | Tithi 10 – 11 | <b>Gulika</b> 6:13AM – 8:20AM  | <b>Chitra</b> Until 1:35PM  | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:05AM | Vilamba 5120       |
|                                |               | Yama 4:50PM – 6:58PM   | Parigha* Until 12:32PM      | <b>Muruga:</b> White   | <i>Sunset:</i> 9:05PM  | Moon 5 - Phase 10  |
|                                |               | 361132361 <b>Rahu</b> 10:28AM – 12:35PM  | Vanija Until 3:03AM Sat     | <b>Nataraja:</b> White |                        | 4th Phase          |
| Creative Work                  | Siddha Yoga   |  | <b>Dashami</b> Until 2:49PM | Moon – Green           |                        | <b>Bhuloka Day</b> |
|                                |               |  |                             | <b>Jyeshtha-Ani</b>    |                        |                    |

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| <b>2 Saturday, June 23, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |                              |                        |                        | Edmonton, Canada   |
|                                  |               | Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau          |                              |                        |                        | Sun 24 Sutra 69    |
| Tula Rasi: 15.22                 | Tithi 11 – 12 | <b>Gulika</b> 4:05AM – 6:13AM  | <b>Svati</b> Until 2:38PM    | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:05AM | Vilamba 5120       |
|                                  |               | Yama 2:43PM – 4:50PM   | Shiva Until 11:58AM          | <b>Muruga:</b> White   | <i>Sunset:</i> 9:05PM  | Moon 5 - Phase 10  |
|                                  |               | 361132361 <b>Rahu</b> 8:20AM – 10:28AM   | Bava Until 3:50AM Sun        | <b>Nataraja:</b> White |                        | 4th Phase          |
| Creative Work                    | Siddha Yoga   |  | <b>Ekadashi</b> Until 3:21PM | Moon – Green           |                        | <b>Bhuloka Day</b> |
|                                  |               |  |                              | <b>Jyeshtha-Ani</b>    |                        |                    |

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| <b>3 Sunday, June 24, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam |                              |                        |                        | Edmonton, Canada    |
|                                |               | Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashi/Trayodashyam Titau         |                              |                        |                        | Sun 25 Sutra 70     |
| Tula Rasi: 27.55               | Tithi 12 – 13 | <b>Gulika</b> 4:50PM – 6:58PM  | <b>Vishakha</b> Until 4:28PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:06AM | Vilamba 5120        |
|                                |               | Yama 12:35PM – 2:43PM  | Siddha Until 4:28PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 9:05PM  | Moon 5 - Phase 10   |
|                                |               | 371142361 <b>Rahu</b> 6:58PM – 9:05PM  | Balava Until 4:23PM          | <b>Nataraja:</b> White |                        | 4th Phase           |
| Routine Work                   | Marana Yoga   |  | <b>Dvadashi</b> Until 4:23PM | Moon – Orange          |                        | <b>Devaloka Day</b> |
|                                |               |  |                              | <b>Jyeshtha-Ani</b>    |                        |                     |

*Pradosha Vrata*

|                                |               |   |                                     |                        |                        |                     |
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| <b>4 Monday, June 25, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam |                                     |                        |                        | Edmonton, Canada    |
|                                |               | Anuradha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau         |                                     |                        |                        | Sun 26 Sutra 71     |
| Vrischika Rasi: 10.16          | Tithi 13 – 14 | <b>Gulika</b> 2:43PM – 4:50PM   | <b>Anuradha</b> Until 6:33PM        | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:06AM | Vilamba 5120        |
| <b>Family Home Evening</b>     |               | Yama 10:28AM – 12:36PM  | Sadhya Until 11:52AM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 9:05PM  | Moon 5 - Phase 10   |
|                                |               | 371142361 <b>Rahu</b> 6:13AM – 8:21AM   | Gara Until 6:44AM Tue               | <b>Nataraja:</b> White |                        | 4th Phase           |
| Creative Work                  | Siddha Yoga   |   | <b>Trayodashi</b> Until 11:52AM Mon | Moon – Orange          |                        | <b>Devaloka Day</b> |
|                                |               |   |                                     | <b>Jyeshtha-Ani</b>    |                        |                     |

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| <b>5 Tuesday, June 26, 2018</b>  |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam |                                   |                        |                        | Edmonton, Canada    |
|                                  |             | Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Bava Karana Chaturdashyam Titau                          |                                   |                        |                        | Sun 27 Sutra 72     |
| Vrischika Rasi: 22.26            | Tithi 14    | <b>Gulika</b> 12:36PM – 2:43PM   | <b>Jyeshtha*</b> Until 9:51PM Wed | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:06AM | Vilamba 5120        |
|                                  |             | Yama 8:21AM – 10:29AM  | Subha Until 8:51PM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 9:05PM  | Moon 5 - Phase 10   |
|                                  |             | 371142361 <b>Rahu</b> 4:51PM – 6:58PM  | Gara Until 6:44AM                 | <b>Nataraja:</b> White |                        | 4th Phase           |
| Routine Work                     | Marana Yoga |  | <b>Chaturdashi*</b> Until 7:40PM  | Moon – Orange          |                        | <b>Devaloka Day</b> |
| Until 9:51PM Wed                 |             |  |                                   | <b>Jyeshtha-Ani</b>    |                        |                     |
| Then Creative Work - Amrita Yoga |             |  |                                   |                        |                        |                     |

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| <b>Wednesday, June 27, 2018</b>  |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam |                               |                        |                        | Edmonton, Canada             |
| <b>Copper Retreat Star</b>       |             | Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Visti* Karana Purnimayam Titau                       |                               |                        |                        | Sutra 73                     |
| Dhanus Rasi: 4.29                | Tithi 15    | <b>Gulika</b> 10:29AM – 12:36PM  | <b>Jyeshtha*</b> Until 9:51PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:07AM | Vilamba 5120                 |
|                                  |             | Yama 6:14AM – 8:22AM   | Sukla Until 13:57AM Thu       | <b>Muruga:</b> Clear   | <i>Sunset:</i> 9:05PM  | Moon 5 - Phase 10            |
|                                  |             | 381142361 <b>Rahu</b> 12:36PM – 2:43PM   | Visti Until 8:45AM            | <b>Nataraja:</b> White |                        | Purnima                      |
| Routine Work                     | Marana Yoga |  | <b>Purnima*</b> Until 9:51PM  | Moon – Light Blue      |                        | <b>Bhuloka Day</b>           |
| Until 9:51PM                     |             |  |                               | <b>Jyeshtha-Ani</b>    |                        | Devaloka Time: 12:PM to 3:PM |
| Then Creative Work - Amrita Yoga |             |  |                               |                        |                        |                              |

|                                 |             |   |                                      |                        |                        |                              |
|---------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|------------------------------|
| <b>Thursday, June 28, 2018</b>  |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam |                                      |                        |                        | Edmonton, Canada             |
| <b>Silver Retreat Star</b>      |             | Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau                  |                                      |                        |                        | Sutra 74                     |
| Dhanus Rasi: 16.23              | Tithi 16    | <b>Gulika</b> 8:22AM – 10:29AM  | <b>Purvashadha*</b> Until 2:49AM Fri | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:08AM | Vilamba 5120                 |
|                                 |             | Yama 4:08AM – 6:15AM  | Brahma Until 1:57PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 9:05PM  | Moon 5 - Phase 10            |
|                                 |             | 381142361 <b>Rahu</b> 2:43PM – 4:51PM   | Balava Until 13:34AM Fri             | <b>Nataraja:</b> White |                        | Prathama                     |
| Creative Work                   | Siddha Yoga |   | <b>Prathama*</b> Until 13:57AM Thu   | Moon – Light Blue      |                        | <b>Bhuloka Day</b>           |
| Until 2:49AM Fri                |             |   |                                      | <b>Jyeshtha-Ani</b>    |                        | Devaloka Time: 12:PM to 3:PM |
| Then Routine Work - Marana Yoga |             |   |                                      |                        |                        |                              |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

All times are standard time

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuklayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Edmonton, Canada

Sun 1 Sutra 75

Vilamba 5120

Dhanus Rasi: 28.13 Tiithi 17

381142361  
Gulika 6:15AM – 8:22AM  
Yama 4:51PM – 6:58PM  
Rahu 10:29AM – 12:36PMUttarashadha Until 5:26AM Sun Sat  
Indra Until 3:02PM  
Taitila Until 1:34PM  
Dvitiya Until 2:51AM SatGanesh: Blue Sunrise: 4:08AM  
Muruga: Clear Sunset: 9:05PM  
Nataraja: White  
Moon – Light Blue  
Jyeshtha-AniMoon 6 - Phase 11  
1st PhaseBhuloka Day  
Devaloka Time: 12:PM to 3:PMRoutine Work Marana Yoga  
Until 5:26AM Sun Sat  
Then Creative Work - Siddha Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuklayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Edmonton, Canada

Sun 2 Sutra 76

Vilamba 5120

Makara Rasi: 10.01 Tiithi 18

391242361  
Gulika 4:09AM – 6:16AM  
Yama 2:44PM – 4:51PM  
Rahu 8:23AM – 10:30AMUttarashadha Until 5:26AM Sun  
Vaidhriti\* Until 17:14AM Sun  
Vanija Until 4:10PM  
Tritiya Until 5:26AM SunGanesh: Red Sunrise: 4:09AM  
Muruga: Clear Sunset: 9:04PM  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniMoon 6 - Phase 11  
1st Phase

Devaloka Day

Creative Work Siddha Yoga  
Until 5:26AM Sun  
Then Routine Work - Marana Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuklayam  
Shravana/Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Bava/Kaulava Karana Chaturthyam Titau

Edmonton, Canada

Sun 3 Sutra 77

Vilamba 5120

Makara Rasi: 21.47 Tiithi 19

391242361  
Gulika 4:50PM – 6:57PM  
Yama 12:37PM – 2:44PM  
Rahu 6:57PM – 9:04PMShravana Until 7:53AM Mon  
Vishkambha\* Until 9:06AM  
Bava Until 6:43PM  
Chaturthi\* Until 7:53AM MonGanesh: Red Sunrise: 4:10AM  
Muruga: Clear Sunset: 9:04PM  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniMoon 6 - Phase 11  
1st Phase

Devaloka Day

Creative Work Amrita Yoga  
Until 7:53AM Mon  
Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuklayam  
Shravana/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Edmonton, Canada

Sun 4 Sutra 78

Vilamba 5120

Kumbha Rasi: 3.38 Tiithi 19 – 20

Family Home Evening

392242361  
Gulika 2:44PM – 4:50PM  
Yama 10:30AM – 12:37PM  
Rahu 6:17AM – 8:24AMShravana Until 7:53AM  
Priti Until 6:10PM  
Kaulava Until 8:61PM  
Chaturthi\* Until 18:10AM MonGanesh: Yellow Sunrise: 4:10AM  
Muruga: Clear Sunset: 9:04PM  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniMoon 6 - Phase 11  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuklayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Edmonton, Canada

Sun 5 Sutra 79

Vilamba 5120

Kumbha Rasi: 15.35 Tiithi 20 – 21

392242361  
Gulika 12:37PM – 2:44PM  
Yama 8:24AM – 10:31AM  
Rahu 4:50PM – 6:57PMShatabhishak Until 11:38AM Wed  
Ayushman Until 2:34PM  
Gara Until 10:55PM  
Panchami Until 6:10PMGanesh: Yellow Sunrise: 4:11AM  
Muruga: Clear Sunset: 9:03PM  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniMoon 6 - Phase 11  
1st Phase

Devaloka Day

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuklayam  
Shatabhishak/Uttaraproshtapada Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Edmonton, Canada

Sun 6 Sutra 80

Vilamba 5120

Kumbha Rasi: 27.44 Tiithi 21 – 22

312242361  
Gulika 10:31AM – 12:37PM  
Yama 6:18AM – 8:25AM  
Rahu 12:37PM – 2:44PMShatabhishak Until 11:38AM  
Saubhagya Until 4:53PM  
Visti Until 11:75PM  
Shashthi\* Until 6:46PMGanesh: Orange Sunrise: 4:12AM  
Muruga: Clear Sunset: 9:03PM  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniMoon 6 - Phase 11  
1st Phase

Devaloka Day

Creative Work Amrita Yoga  
Until 11:38AM  
Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuklayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Edmonton, Canada

Sun 7 Sutra 81

Vilamba 5120

Meena Rasi: 10.08 Tiithi 22 – 23

312242361  
Gulika 8:25AM – 10:31AM  
Yama 4:13AM – 6:19AM  
Rahu 2:44PM – 4:50PMPurvaproshtapada\* Until 12:38PM  
Sobhana Until 6:23PM  
Balava Until 12:53AM Fri  
Saptami Until 6:58PMGanesh: Orange Sunrise: 4:13AM  
Muruga: Clear Sunset: 9:02PM  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniMoon 6 - Phase 11  
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuklayam  
Uttaraproshtapada\*/Revati Nakshatra Athiganda\*/Sukarma Yoga Kaulava Karana Ashtami/Navamyam Titau

Edmonton, Canada

Sun 8 Sutra 82

Vilamba 5120

Meena Rasi: 22.52 Tiithi 23 – 24

412242361  
Gulika 6:20AM – 8:26AM  
Yama 4:50PM – 6:56PM  
Rahu 10:32AM – 12:38PMUttaraproshtapada Until 12:54PM  
Athiganda\* Until 6:59PM  
Kaulava Until 12:54PM  
Ashtami\* Until 12:54PMGanesh: Green Sunrise: 4:14AM  
Muruga: Clear Sunset: 9:02PM  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniMoon 6 - Phase 11  
NavamiBhuloka Day  
Devaloka Time: 12:PM to 3:PMCreative Work Siddha Yoga  
Until 12:54PM  
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

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|                  |  |                               |  |                        |  |  |  |                                |  |
|------------------|--|-------------------------------|--|------------------------|--|--|--|--------------------------------|--|
| <b>1</b>         |  | <b>Saturday, July 7, 2018</b> |  |                        |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam |  | Edmonton, Canada               |  |
| Mesha Rasi: 5.58 |  | Tithi 24 – 25                 |  | 422242361              |  | Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Gara Karana Navami/Dashamyam Titau                    |  | Sun 9 Sutra 83                 |  |
| Creative Work    |  | Siddha Yoga                   |  | Gulika 4:15AM – 6:21AM |  | Revati Until 12:21PM   |  | Ganesh: Orange Sunrise: 4:15AM |  |
|                  |  |                               |  | Yama 2:44PM – 4:49PM   |  | Sukarma Until 7:07PM   |  | Muruga: Clear Sunset: 9:01PM   |  |
|                  |  |                               |  | Rahu 8:26AM – 10:32AM  |  | Gara Until 12:21PM   |  | Nataraja: White                |  |
|                  |  |                               |  |                        |  | Navami* Until 12:21PM  |  | Moon – White                   |  |
|                  |  |                               |  |                        |  |  |  | Jyeshtha*Ani                   |  |
|                  |  |                               |  |                        |  |  |  | Devaloka Day                   |  |

|                                  |  |                             |  |                        |  |  |  |                                |  |
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| <b>2</b>                         |  | <b>Sunday, July 8, 2018</b> |  |                        |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam |  | Edmonton, Canada               |  |
| Mesha Rasi: 19.32                |  | Tithi 25 – 26               |  | 422242361              |  | Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau           |  | Sun 10 Sutra 84                |  |
| Routine Work                     |  | Prabalarishta Yoga          |  | Gulika 4:49PM – 6:55PM |  | Ashvini Until 11:01AM  |  | Ganesh: Orange Sunrise: 4:16AM |  |
| Until 11:01AM                    |  |                             |  | Yama 12:38PM – 2:43PM  |  | Dhriti Until 6:18PM  |  | Muruga: Clear Sunset: 9:00PM   |  |
| Then Creative Work - Siddha Yoga |  |                             |  | Rahu 6:55PM – 9:00PM   |  | Bava Until 10:05PM   |  | Nataraja: White                |  |
|                                  |  |                             |  |                        |  | Dashami Until 13:58AM Sun  |  | Moon – White                   |  |
|                                  |  |                             |  |                        |  |  |  | Jyeshtha*Ani                   |  |
|                                  |  |                             |  |                        |  |  |  | Devaloka Day                   |  |

|                                  |  |                             |  |                        |  |   |  |                                |  |
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| <b>3</b>                         |  | <b>Monday, July 9, 2018</b> |  |                        |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam |  | Edmonton, Canada               |  |
| Vrishabha Rasi: 3.32             |  | Tithi 26 – 27               |  | 422242361              |  | Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau      |  | Sun 11 Sutra 85                |  |
| Family Home Evening              |  | Marana Yoga                 |  | Gulika 2:43PM – 4:49PM |  | Krittika Until 6:15AM Tue   |  | Ganesh: Orange Sunrise: 4:17AM |  |
| Routine Work                     |  |                             |  | Yama 10:33AM – 12:38PM |  | Shula* Until 4:40PM   |  | Muruga: Clear Sunset: 8:59PM   |  |
| Until 6:15AM Tue                 |  |                             |  | Rahu 6:22AM – 8:27AM   |  | Kaulava Until 7:41PM  |  | Nataraja: White                |  |
| Then Creative Work - Amrita Yoga |  |                             |  |                        |  | Ekadashi* Until 11:10AM Mon   |  | Moon – White                   |  |
|                                  |  |                             |  |                        |  |   |  | Jyeshtha*Ani                   |  |
|                                  |  |                             |  |                        |  |   |  | Devaloka Day                   |  |

|                                  |  |                               |  |                         |  |  |  |                                    |  |
|----------------------------------|--|-------------------------------|--|-------------------------|--|--|--|------------------------------------|--|
| <b>4</b>                         |  | <b>Tuesday, July 10, 2018</b> |  |                         |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam |  | Edmonton, Canada                   |  |
| Vrishabha Rasi: 17.58            |  | Tithi 27 – 28                 |  | 422242361               |  | Krittika/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau   |  | Sun 12 Sutra 86                    |  |
| Creative Work                    |  | Amrita Yoga                   |  | Gulika 12:38PM – 2:43PM |  | Krittika Until 6:15AM  |  | Ganesh: Light Blue Sunrise: 4:18AM |  |
| Until 6:15AM                     |  |                               |  | Yama 8:28AM – 10:33AM   |  | Ganda* Until 3:71AM Wed  |  | Muruga: Clear Sunset: 8:58PM       |  |
| Then Creative Work - Siddha Yoga |  |                               |  | Rahu 4:48PM – 6:53PM    |  | Vanija Until 4:44PM  |  | Nataraja: White                    |  |
|                                  |  |                               |  |                         |  | Dvadashi* Until 7:52AM Tue   |  | Moon – Yellow                      |  |
|                                  |  |                               |  |                         |  |  |  | Jyeshtha*Ani                       |  |
|                                  |  |                               |  |                         |  |  |  | Bhuloka Day                        |  |
|                                  |  |                               |  |                         |  |  |  | Devaloka Time: 12:PM to 3:PM       |  |

|                    |  |                                 |  |                          |  |  |  |                                    |  |
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| <b>5</b>           |  | <b>Wednesday, July 11, 2018</b> |  |                          |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam |  | Edmonton, Canada                   |  |
| Mithuna Rasi: 2.47 |  | Tithi 29                        |  | 422242361                |  | Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Catuspada* Karana Chaturdashyam Titau                |  | Sun 13 Sutra 87                    |  |
| Creative Work      |  | Siddha Yoga                     |  | Gulika 10:34AM – 12:38PM |  | Mrigashira Until 7:50PM Thu  |  | Ganesh: Light Blue Sunrise: 4:19AM |  |
|                    |  |                                 |  | Yama 6:24AM – 8:29AM     |  | Dhruva Until 12:12AM Thu   |  | Muruga: Clear Sunset: 8:58PM       |  |
|                    |  |                                 |  | Rahu 12:38PM – 2:43PM    |  | Visti Until 9:43AM Thu   |  | Nataraja: White                    |  |
|                    |  |                                 |  |                          |  | Chaturdashi* Until 3:71AM Wed  |  | Moon – Yellow                      |  |
|                    |  |                                 |  |                          |  |  |  | Jyeshtha*Ani                       |  |
|                    |  |                                 |  |                          |  |  |  | Bhuloka Day                        |  |
|                    |  |                                 |  |                          |  |  |  | Devaloka Time: 12:PM to 3:PM       |  |

|                                  |  |                                |  |                         |  |   |  |                                    |  |
|----------------------------------|--|--------------------------------|--|-------------------------|--|---|--|------------------------------------|--|
| <b>●</b>                         |  | <b>Thursday, July 12, 2018</b> |  |                         |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam |  | Edmonton, Canada                   |  |
| Mithuna Rasi: 17.5               |  | Tithi 30                       |  | 422242361               |  | Mrigashira/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau      |  | Sun 14 Sutra 88                    |  |
| Retreat Star                     |  | Marana Yoga                    |  | Gulika 8:29AM – 10:34AM |  | Mrigashira Until 7:50PM   |  | Ganesh: Light Blue Sunrise: 4:20AM |  |
| Routine Work                     |  |                                |  | Yama 4:20AM – 6:25AM    |  | Vyaghata* Until 9:17AM  |  | Muruga: Clear Sunset: 8:57PM       |  |
| Until 7:50PM                     |  |                                |  | Rahu 2:43PM – 4:48PM    |  | Catuspada Until 5:58AM Fri  |  | Nataraja: White                    |  |
| Then Creative Work - Amrita Yoga |  |                                |  |                         |  | Amavasya* Until 12:12AM Thu   |  | Moon – Yellow                      |  |
|                                  |  |                                |  |                         |  |   |  | Jyeshtha*Ani                       |  |
|                                  |  |                                |  |                         |  |   |  | Bhuloka Day                        |  |
|                                  |  |                                |  |                         |  |   |  | Devaloka Time: 12:PM to 3:PM       |  |

|                                 |  |                              |  |                        |  |  |  |                                |  |
|---------------------------------|--|------------------------------|--|------------------------|--|--|--|--------------------------------|--|
| <b>●</b>                        |  | <b>Friday, July 13, 2018</b> |  |                        |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |  | Edmonton, Canada               |  |
| Kataka Rasi: 3.01               |  | Tithi 1 – 2                  |  | 422242361              |  | Ardra/Pushya Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau        |  | Sun 15 Sutra 89                |  |
| Retreat Star                    |  | Siddha Yoga                  |  | Gulika 6:26AM – 8:30AM |  | Ardra Until 4:05PM   |  | Ganesh: Purple Sunrise: 4:21AM |  |
| Creative Work                   |  |                              |  | Yama 4:47PM – 6:51PM   |  | Harshana Until 6:30AM  |  | Muruga: Clear Sunset: 8:56PM   |  |
| Until 4:05PM                    |  |                              |  | Rahu 10:34AM – 12:39PM |  | Kaulava Until 2:16AM Sat   |  | Nataraja: White                |  |
| Then Routine Work - Marana Yoga |  |                              |  | Partial Solar Eclipse  |  | Prathama* Until 8:04PM   |  | Moon – Blue                    |  |
|                                 |  |                              |  |                        |  |  |  | Ashada*Ani                     |  |
|                                 |  |                              |  |                        |  |  |  | Bhuloka Day                    |  |
|                                 |  |                              |  |                        |  |  |  | Devaloka Time: 12:PM to 3:PM   |  |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

|                    |  |                                  |                  |  |                        |  |                   |                    |  |
|--------------------|--|----------------------------------|------------------|--|------------------------|--|-------------------|--------------------|--|
| <b>1</b>           |  | <b>Saturday, July 14, 2018</b>   |                  |  |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |                   | Edmonton, Canada   |  |
| Kataka Rasi: 18.08 |  | Tithi 2 - 3                      |                  | Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau |                        | Sun 16   |                   | Sutra 90           |  |
| 442242361          |  | <b>Gulika</b>                    | 4:23AM - 6:27AM  | <b>Ashlesha* Until 12:51AM Sun</b>   | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:23AM   | Vilamba 5120      |                    |  |
| Routine Work       |  | <b>Yama</b>                      | 2:43PM - 4:47PM  | Vajra* Until 11:51AM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:55PM  | Moon 6 - Phase 13 |                    |  |
| Marana Yoga        |  | <b>Rahu</b>                      | 8:31AM - 10:35AM | Tailita Until 10:46PM  | <b>Nataraja:</b> White | Moon - Blue  |                   | 3rd Phase          |  |
|                    |  | <b>Dvitiya Until 11:51AM Sat</b> |                  |  |                        | <b>Ashada*Ani</b>  |                   | <b>Bhuloka Day</b> |  |
|                    |  |                                  |                  |  |                        | Devaloka Time: 12:PM to 3:PM   |                   |                    |  |

|                                  |  |                              |                  |   |                        |  |                   |                    |  |
|----------------------------------|--|------------------------------|------------------|---|------------------------|--|-------------------|--------------------|--|
| <b>2</b>                         |  | <b>Sunday, July 15, 2018</b> |                  |   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam |                   | Edmonton, Canada   |  |
| Simha Rasi: 3.05                 |  | Tithi 3 - 4                  |                  | Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                        | Sun 17   |                   | Sutra 91           |  |
| 453242361                        |  | <b>Gulika</b>                | 4:46PM - 6:50PM  | <b>Magha* Until 6:12AM Mon</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:24AM   | Vilamba 5120      |                    |  |
| Routine Work                     |  | <b>Yama</b>                  | 12:39PM - 2:42PM | Siddhi Until 10:43PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:54PM  | Moon 6 - Phase 13 |                    |  |
| Marana Yoga                      |  | <b>Rahu</b>                  | 6:50PM - 8:54PM  | Vanija Until 7:37PM   | <b>Nataraja:</b> White | Moon - Red   |                   | 3rd Phase          |  |
| Until 6:12AM Mon                 |  | <b>Tritiya Until 11:51AM</b> |                  |   |                        | <b>Ashada*Ani</b>  |                   | <b>Bhuloka Day</b> |  |
| Then Creative Work - Siddha Yoga |  |                              |                  |   |                        | Devaloka Time: 12:PM to 3:PM   |                   |                    |  |

|                     |  |                                |                   |   |                        |  |                   |                    |  |
|---------------------|--|--------------------------------|-------------------|---|------------------------|--|-------------------|--------------------|--|
| <b>3</b>            |  | <b>Monday, July 16, 2018</b>   |                   |   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam |                   | Edmonton, Canada   |  |
| Simha Rasi: 17.44   |  | Tithi 4 - 5                    |                   | Magha* Nakshatra Variyan Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau |                        | Sun 18   |                   | Sutra 92           |  |
| 453242361           |  | <b>Gulika</b>                  | 2:42PM - 4:46PM   | <b>Magha* Until 6:12AM</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:25AM   | Vilamba 5120      |                    |  |
| Family Home Evening |  | <b>Yama</b>                    | 10:35AM - 12:39PM | Variyan Until 8:56PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:52PM  | Moon 6 - Phase 13 |                    |  |
| Creative Work       |  | <b>Rahu</b>                    | 6:29AM - 8:32AM   | Balava Until 3:49AM Tue   | <b>Nataraja:</b> White | Moon - Red   |                   | 3rd Phase          |  |
| Siddha Yoga         |  | <b>Chaturthi* Until 6:12AM</b> |                   |   |                        | <b>Ashada*Adi</b>  |                   | <b>Bhuloka Day</b> |  |
|                     |  |                                |                   |   |                        | Devaloka Time: 12:PM to 3:PM   |                   |                    |  |

|                                  |  |                                   |                  |   |                        |   |                   |                     |  |
|----------------------------------|--|-----------------------------------|------------------|---|------------------------|---|-------------------|---------------------|--|
| <b>4</b>                         |  | <b>Tuesday, July 17, 2018</b>     |                  |   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam |                   | Edmonton, Canada    |  |
| Kanya Rasi: 1.59                 |  | Tithi 6                           |                  | Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Tailita Karana Shashthiyam Titau |                        | Sun 19  |                   | Sutra 93            |  |
| 453242362                        |  | <b>Gulika</b>                     | 12:39PM - 2:42PM | <b>Uttaraphalguni Until 1:05AM Thu Wed</b>                                      | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:27AM  | Vilamba 5120      |                     |  |
| Creative Work                    |  | <b>Yama</b>                       | 8:33AM - 10:36AM | Parigha* Until 7:39PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:51PM   | Moon 6 - Phase 13 |                     |  |
| Amrita Yoga                      |  | <b>Rahu</b>                       | 4:45PM - 6:48PM  | Kaulava Until 2:53PM  | <b>Nataraja:</b> Clear | Moon - Red  |                   | 3rd Phase           |  |
| Until 1:05AM Thu Wed             |  | <b>Shashthi* Until 2:06AM Wed</b> |                  |   |                        | <b>Ashada*Adi</b>   |                   | <b>Devaloka Day</b> |  |
| Then Creative Work - Siddha Yoga |  |                                   |                  |   |                        |   |                   |                     |  |

|                                  |  |                                 |                   |  |                        |   |                   |                     |  |
|----------------------------------|--|---------------------------------|-------------------|--|------------------------|---|-------------------|---------------------|--|
| <b>5</b>                         |  | <b>Wednesday, July 18, 2018</b> |                   |  |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam |                   | Edmonton, Canada    |  |
| Kanya Rasi: 15.49                |  | Tithi 7                         |                   | Uttaraphalguni/Hasta Nakshatra Shiva Yoga Gara/Visti* Karana Saptamyam Titau |                        | Sun 20  |                   | Sutra 94            |  |
| 463242362                        |  | <b>Gulika</b>                   | 10:36AM - 12:39PM | <b>Uttaraphalguni Until 1:05AM Thu</b>                                       | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:28AM  | Vilamba 5120      |                     |  |
| Routine Work                     |  | <b>Yama</b>                     | 6:31AM - 8:33AM   | Shiva Until 7:20PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:50PM   | Moon 6 - Phase 13 |                     |  |
| Marana Yoga                      |  | <b>Rahu</b>                     | 12:39PM - 2:42PM  | Gara Until 12:52AM Thu   | <b>Nataraja:</b> Clear | Moon - Green  |                   | 3rd Phase           |  |
| Until 1:05AM Thu                 |  | <b>Saptami Until 11:01PM</b>    |                   |  |                        | <b>Ashada*Adi</b>   |                   | <b>Sivaloka Day</b> |  |
| Then Creative Work - Siddha Yoga |  |                                 |                   |  |                        |   |                   |                     |  |

|                     |  |                                |                  |   |                        |  |                   |                     |  |
|---------------------|--|--------------------------------|------------------|---|------------------------|--|-------------------|---------------------|--|
| <b>Retreat Star</b> |  | <b>Thursday, July 19, 2018</b> |                  |   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam |                   | Edmonton, Canada    |  |
| Kanya Rasi: 29.14   |  | Tithi 8                        |                  | Hasta/Chitra Nakshatra Siddha Yoga Visti*/Balava Karana Ashtamyam Titau |                        | Sun 21   |                   | Sutra 95            |  |
| 463242362           |  | <b>Gulika</b>                  | 8:34AM - 10:37AM | <b>Hasta Until 12:48AM Fri</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:29AM   | Vilamba 5120      |                     |  |
| Creative Work       |  | <b>Yama</b>                    | 4:29AM - 6:32AM  | Siddha Until 7:45PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:49PM  | Moon 6 - Phase 13 |                     |  |
| Siddha Yoga         |  | <b>Rahu</b>                    | 2:41PM - 4:44PM  | Visti Until 12:57AM Fri   | <b>Nataraja:</b> Clear | Moon - Green   |                   | Ashtami             |  |
|                     |  | <b>Ashtami* Until 9:06PM</b>   |                  |   |                        | <b>Ashada*Adi</b>  |                   | <b>Sivaloka Day</b> |  |
|                     |  |                                |                  |   |                        |  |                   |                     |  |

|                     |  |                                 |                   |  |                        |   |                   |                     |  |
|---------------------|--|---------------------------------|-------------------|--|------------------------|---|-------------------|---------------------|--|
| <b>Retreat Star</b> |  | <b>Friday, July 20, 2018</b>    |                   |  |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam |                   | Edmonton, Canada    |  |
| Tula Rasi: 12.14    |  | Tithi 9                         |                   | Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau |                        | Sun 22  |                   | Sutra 96            |  |
| 463242362           |  | <b>Gulika</b>                   | 6:33AM - 8:35AM   | <b>Svati Until 8:26PM</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:31AM  | Vilamba 5120      |                     |  |
| Creative Work       |  | <b>Yama</b>                     | 4:43PM - 6:45PM   | Sadhya Until 6:58PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:47PM   | Moon 6 - Phase 13 |                     |  |
| Siddha Yoga         |  | <b>Rahu</b>                     | 10:37AM - 12:39PM | Balava Until 12:57PM   | <b>Nataraja:</b> Clear | Moon - Green  |                   | Navami              |  |
|                     |  | <b>Navami* Until 1:13AM Sat</b> |                   |  |                        | <b>Ashada*Adi</b>   |                   | <b>Sivaloka Day</b> |  |
|                     |  |                                 |                   |  |                        |   |                   |                     |  |

|                  |  |                                |  |   |                                      |   |                        |                   |                     |
|------------------|--|--------------------------------|--|---|--------------------------------------|---|------------------------|-------------------|---------------------|
| <b>1</b>         |  | <b>Saturday, July 21, 2018</b> |  |   |                                      | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Edmonton, Canada  |                     |
| Tula Rasi: 24.56 |  | Tiithi 10                      |  | Vishakha Nakshatra Subha Yoga Tailila/Vanija Karana Dashamyam Titau |                                      | Sun 23  |                        | Sutra 97          |                     |
| Creative Work    |  | Siddha Yoga                    |  | <b>Gulika</b> 4:32AM – 6:34AM                                       | <b>Vishakha Until 3:52AM Mon Sun</b> | <b>Ganesh:</b> White  | <i>Sunrise:</i> 4:32AM | Vilamba 5120      |                     |
|                  |  |                                |  | Yama 2:41PM – 4:43PM  | Subha Until 6:44PM                   | <b>Muruga:</b> Clear  | <i>Sunset:</i> 8:46PM  | Moon 6 - Phase 14 |                     |
|                  |  | 473242362                      |  | <b>Rahu</b> 8:36AM – 10:37AM  | Tailila Until 14:62AM Sun            | <b>Nataraja:</b> Clear  |                        |                   | 4th Phase           |
|                  |  |                                |  |   | <b>Dashami Until 6:58PM</b>          | Moon – Orange   |                        |                   | <b>Devaloka Day</b> |
|                  |  |                                |  |   |                                      | <b>Ashada•Adi</b>   |                        |                   |                     |

|                                  |  |                              |  |   |                                  |   |                        |                   |                     |
|----------------------------------|--|------------------------------|--|---|----------------------------------|---|------------------------|-------------------|---------------------|
| <b>2</b>                         |  | <b>Sunday, July 22, 2018</b> |  |   |                                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        | Edmonton, Canada  |                     |
| Vrischika Rasi: 7.2              |  | Tiithi 11                    |  | Vishakha/Anuradha Nakshatra Sukla Yoga Vanija Karana Ekadashyam Titau |                                  | Sun 24  |                        | Sutra 98          |                     |
| Routine Work                     |  | Marana Yoga                  |  | <b>Gulika</b> 4:42PM – 6:43PM   | <b>Vishakha Until 3:52AM Mon</b> | <b>Ganesh:</b> White  | <i>Sunrise:</i> 4:34AM | Vilamba 5120      |                     |
| Until 3:52AM Mon                 |  |                              |  | Yama 12:39PM – 2:41PM   | Sukla Until 12:20AM Mon          | <b>Muruga:</b> Clear  | <i>Sunset:</i> 8:45PM  | Moon 6 - Phase 14 |                     |
| Then Creative Work - Siddha Yoga |  | 473242362                    |  | <b>Rahu</b> 6:43PM – 8:45PM   | Vanija Until 3:02PM              | <b>Nataraja:</b> Clear  |                        |                   | 4th Phase           |
|                                  |  |                              |  |   | <b>Ekadashi Until 3:52AM Mon</b> | Moon – Orange   |                        |                   | <b>Devaloka Day</b> |
|                                  |  |                              |  |   |                                  | <b>Ashada•Adi</b>   |                        |                   |                     |

|                                  |  |                              |  |   |                                  |  |                        |                   |                     |
|----------------------------------|--|------------------------------|--|---|----------------------------------|--|------------------------|-------------------|---------------------|
| <b>3</b>                         |  | <b>Monday, July 23, 2018</b> |  |   |                                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Edmonton, Canada  |                     |
| Vrischika Rasi: 19.31            |  | Tiithi 12                    |  | Anuradha/Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau |                                  | Sun 25   |                        | Sutra 99          |                     |
| <b>Family Home Evening</b>       |  |                              |  | <b>Gulika</b> 2:40PM – 4:41PM   | <b>Anuradha Until 5:54AM Tue</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:35AM | Vilamba 5120      |                     |
| Creative Work                    |  | Siddha Yoga                  |  | Yama 10:38AM – 12:39PM  | Brahma Until 19:76AM Tue         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:43PM  | Moon 6 - Phase 14 |                     |
| Until 5:54AM Tue                 |  | 473242362                    |  | <b>Rahu</b> 6:36AM – 8:37AM   | Bava Until 4:52PM                | <b>Nataraja:</b> Clear   |                        |                   | 4th Phase           |
| Then Creative Work - Amrita Yoga |  |                              |  |   | <b>Dvadashi Until 5:54AM Tue</b> | Moon – Orange  |                        |                   | <b>Devaloka Day</b> |
|                                  |  |                              |  |   |                                  | <b>Ashada•Adi</b>  |                        |                   |                     |

|                   |  |                               |  |  |                                    |   |                        |                   |                     |
|-------------------|--|-------------------------------|--|--|------------------------------------|---|------------------------|-------------------|---------------------|
| <b>4</b>          |  | <b>Tuesday, July 24, 2018</b> |  |  |                                    | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam |                        | Edmonton, Canada  |                     |
| Dhanus Rasi: 1.31 |  | Tiithi 13                     |  | Jyeshtha*/Mula* Nakshatra Indra Yoga Kaulava Karana Trayodashyam Titau |                                    | Sun 26  |                        | Sutra 100         |                     |
| Creative Work     |  | Amrita Yoga                   |  | <b>Gulika</b> 12:39PM – 2:40PM   | <b>Jyeshtha* Until 8:14AM Wed</b>  | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 4:37AM | Vilamba 5120      |                     |
|                   |  |                               |  | Yama 8:38AM – 10:39AM  | Indra Until 20:75AM Wed            | <b>Muruga:</b> Clear  | <i>Sunset:</i> 8:42PM  | Moon 6 - Phase 14 |                     |
|                   |  | 483242362                     |  | <b>Rahu</b> 4:41PM – 6:41PM  | Kaulava Until 7:03PM               | <b>Nataraja:</b> Clear  |                        |                   | 4th Phase           |
|                   |  |                               |  |  | <b>Trayodashi Until 8:14AM Wed</b> | Moon – Light Blue   |                        |                   | <b>Sivaloka Day</b> |
|                   |  |                               |  |  |                                    | <b>Ashada•Adi</b>   |                        |                   |                     |
|                   |  |                               |  |  |                                    | <i>Pradosha Vrata</i>   |                        |                   |                     |

|                                 |  |                                 |  |   |                                       |   |                        |                   |                     |
|---------------------------------|--|---------------------------------|--|---|---------------------------------------|---|------------------------|-------------------|---------------------|
| <b>5</b>                        |  | <b>Wednesday, July 25, 2018</b> |  |   |                                       | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Edmonton, Canada  |                     |
| Dhanus Rasi: 13.25              |  | Tiithi 13 – 14                  |  | Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |                                       | Sun 27  |                        | Sutra 101         |                     |
| Creative Work                   |  | Amrita Yoga                     |  | <b>Gulika</b> 10:39AM – 12:39PM   | <b>Purvashadha* Until 10:46AM Thu</b> | <b>Ganesh:</b> Red  | <i>Sunrise:</i> 4:38AM | Vilamba 5120      |                     |
| Until 10:46AM Thu               |  |                                 |  | Yama 6:38AM – 8:39AM  | Vaidhriti* Until 9:15PM               | <b>Muruga:</b> Clear  | <i>Sunset:</i> 8:40PM  | Moon 6 - Phase 14 |                     |
| Then Routine Work - Marana Yoga |  | 483342362                       |  | <b>Rahu</b> 12:39PM – 2:39PM  | Gara Until 9:30PM                     | <b>Nataraja:</b> Clear  |                        |                   | 4th Phase           |
|                                 |  |                                 |  |   | <b>Trayodashi Until 20:75AM Wed</b>   | Moon – Light Blue   |                        |                   | <b>Sivaloka Day</b> |
|                                 |  |                                 |  |   |                                       | <b>Ashada•Adi</b>   |                        |                   |                     |

|                                 |  |                                |  |  |                                       |  |                        |                   |                     |
|---------------------------------|--|--------------------------------|--|--|---------------------------------------|--|------------------------|-------------------|---------------------|
| <b>○</b>                        |  | <b>Thursday, July 26, 2018</b> |  |  |                                       | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam |                        | Edmonton, Canada  |                     |
| <b>Copper Retreat Star</b>      |  |                                |  | Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau |                                       | Sun 28   |                        | Sutra 102         |                     |
| Dhanus Rasi: 25.14              |  | Tiithi 14 – 15                 |  | <b>Gulika</b> 8:39AM – 10:39AM   | <b>Purvashadha* Until 10:46AM Thu</b> | <b>Ganesh:</b> Red   | <i>Sunrise:</i> 4:40AM | Vilamba 5120      |                     |
| Creative Work                   |  | Siddha Yoga                    |  | Yama 4:40AM – 6:40AM   | Vishkambha* Until 8:53AM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:39PM  | Moon 6 - Phase 14 |                     |
| Until 10:46AM                   |  | 483342362                      |  | <b>Rahu</b> 2:39PM – 4:39PM  | Visti Until 11:65PM                   | <b>Nataraja:</b> Clear   |                        |                   | Purnima             |
| Then Routine Work - Marana Yoga |  |                                |  |  | <b>Chaturdashi* Until 9:15PM</b>      | Moon – Light Blue  |                        |                   | <b>Sivaloka Day</b> |
|                                 |  |                                |  | <b>Satguru Purnima</b>   |                                       | <b>Ashada•Adi</b>  |                        |                   |                     |

|                            |  |                              |  |   |                                      |   |                        |                   |                     |
|----------------------------|--|------------------------------|--|---|--------------------------------------|---|------------------------|-------------------|---------------------|
| <b>○</b>                   |  | <b>Friday, July 27, 2018</b> |  |   |                                      | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam |                        | Edmonton, Canada  |                     |
| <b>Silver Retreat Star</b> |  |                              |  | Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                      | Sun 29  |                        | Sutra 103         |                     |
| Makara Rasi: 7.02          |  | Tiithi 15 – 16               |  | <b>Gulika</b> 6:41AM – 8:40AM   | <b>Uttarashadha Until 3:53PM Sat</b> | <b>Ganesh:</b> Red  | <i>Sunrise:</i> 4:41AM | Vilamba 5120      |                     |
| Routine Work               |  | Marana Yoga                  |  | Yama 4:38PM – 6:38PM  | Priti Until 11:52AM                  | <b>Muruga:</b> Clear  | <i>Sunset:</i> 8:37PM  | Moon 6 - Phase 14 |                     |
|                            |  | 483342362                    |  | <b>Rahu</b> 10:40AM – 12:39PM   | Balava Until 2:39AM Sat              | <b>Nataraja:</b> Clear  |                        |                   | Prathama            |
|                            |  |                              |  |   | <b>Purnima* Until 10:21PM</b>        | Moon – Light Blue   |                        |                   | <b>Sivaloka Day</b> |
|                            |  |                              |  | <b>Total Lunar Eclipse</b>  |                                      | <b>Ashada•Adi</b>   |                        |                   |                     |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mania Vasara Yuktayam  
Uttarashadha/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Edmonton, Canada

Sutra 104

Vilamba 5120

Moon 7 - Phase 15  
1st Phase

Makara Rasi: 18.49    Tihti 16 - 17

493342362

**Gulika** 4:43AM - 6:42AM  
**Yama** 2:38PM - 4:37PM  
**Rahu** 8:41AM - 10:40AM

**Uttarashadha** Until 3:53PM  
Ayushman Until 3:08PM  
Taitila Until 4:66AM Sun  
**Prathama\*** Until 11:29PM

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Purple  
**Ashada\*Adi**

*Sunrise:* 4:43AM  
*Sunset:* 8:36PM

**Devaloka Day**

Creative Work    Siddha Yoga

1

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiyayam Titau

Edmonton, Canada

Sun 1    Sutra 105

Vilamba 5120

Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 0.4    Tihti 17

493342362

**Gulika** 4:37PM - 6:35PM  
**Yama** 12:39PM - 2:38PM  
**Rahu** 6:35PM - 8:34PM

**Shravana** Until 6:14PM  
Saubhagya Until 6:03PM  
Vanija Until 7:19AM Mon  
**Dvitiya** Until 12:29AM Sun

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Purple  
**Ashada\*Adi**

*Sunrise:* 4:44AM  
*Sunset:* 8:34PM

**Devaloka Day**

Routine Work    Marana Yoga  
Until 6:14PM  
Then Creative Work - Siddha Yoga

2

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Vanija Karana Tritiyayam Titau

Edmonton, Canada

Sun 2    Sutra 106

Vilamba 5120

Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 12.37    Tihti 18

494342362

**Gulika** 2:37PM - 4:36PM  
**Yama** 10:41AM - 12:39PM  
**Rahu** 6:44AM - 8:43AM

**Shatabhishak** Until 8:32PM  
Sobhana Until 8:32PM  
Vanija Until 7:19AM  
**Tritiya** Until 8:17PM

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Purple  
**Ashada\*Adi**

*Sunrise:* 4:46AM  
*Sunset:* 8:32PM

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 8:32PM  
Then Routine Work - Marana Yoga

3

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Bava Karana Chaturthyam Titau

Edmonton, Canada

Sun 3    Sutra 107

Vilamba 5120

Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 24.41    Tihti 19

414342362

**Gulika** 12:39PM - 2:37PM  
**Yama** 8:43AM - 10:41AM  
**Rahu** 4:35PM - 6:33PM

**Purvaproshtapada\*** Until 11:06PM We  
Athiganda\* Until 10:57PM  
Bava Until 9:11AM  
**Chaturthi\*** Until 9:56PM

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Clear  
**Ashada\*Adi**

*Sunrise:* 4:48AM  
*Sunset:* 8:30PM

**Devaloka Day**

Routine Work    Marana Yoga  
Until 11:06PM Wed  
Then Creative Work - Amrita Yoga

4

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Gara Karana Panchamyam Titau

Edmonton, Canada

Sun 4    Sutra 108

Vilamba 5120

Moon 7 - Phase 15  
1st Phase

Meena Rasi: 6.56    Tihti 20

414342362

**Gulika** 10:42AM - 12:39PM  
**Yama** 6:47AM - 8:44AM  
**Rahu** 12:39PM - 2:36PM

**Purvaproshtapada\*** Until 11:06PM  
Sukarma Until 12:43AM Thu  
Kaulava Until 10:36AM  
**Panchami** Until 11:06PM

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Clear  
**Ashada\*Adi**

*Sunrise:* 4:49AM  
*Sunset:* 8:29PM

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 11:06PM  
Then Routine Work - Marana Yoga

5

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Gara/Visti\* Karana Shashthyam Titau

Edmonton, Canada

Sun 5    Sutra 109

Vilamba 5120

Moon 7 - Phase 15  
1st Phase

Meena Rasi: 19.25    Tihti 21

414342362

**Gulika** 8:45AM - 10:42AM  
**Yama** 4:51AM - 6:48AM  
**Rahu** 2:36PM - 4:33PM

**Uttaraproshtapada** Until 11:41PM  
Dhriti Until 1:46AM Fri  
Gara Until 11:29AM  
**Shashthi\*** Until 11:41PM

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Clear  
**Ashada\*Adi**

*Sunrise:* 4:51AM  
*Sunset:* 8:27PM

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 11:41PM  
Then Creative Work - Amrita Yoga

6

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau

Edmonton, Canada

Sun 6    Sutra 110

Vilamba 5120

Moon 7 - Phase 15  
1st Phase

Mesha Rasi: 2.1    Tihti 22

424342362

**Gulika** 6:49AM - 8:46AM  
**Yama** 4:32PM - 6:29PM  
**Rahu** 10:42AM - 12:39PM

**Revati** Until 11:37PM  
Shula\* Until 22:50AM Sat  
Visti Until 11:45AM  
**Saptami** Until 11:37PM

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - White  
**Ashada\*Adi**

*Sunrise:* 4:53AM  
*Sunset:* 8:25PM

**Sivaloka Day**

Creative Work    Amrita Yoga  
Until 11:37PM  
Then Creative Work - Siddha Yoga

Retreat Star

Saturday, August 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\* Yoga Balava Karana Ashtamyam Titau

Edmonton, Canada

Sun 7    Sutra 111

Vilamba 5120

Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 15.15    Tihti 23

424342362

**Gulika** 4:54AM - 6:50AM  
**Yama** 2:35PM - 4:31PM  
**Rahu** 8:46AM - 10:43AM

**Ashvini** Until 10:53PM  
Ganda\* Until 2:24AM Sun  
Balava Until 11:21AM  
**Ashtami\*** Until 10:53PM

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - White  
**Ashada\*Adi**

*Sunrise:* 4:54AM  
*Sunset:* 8:23PM

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 10:53PM  
Then Creative Work - Amrita Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vriddhi Yoga Taitila Karana Navamyam Titau

Edmonton, Canada

Sun 8    Sutra 112

Vilamba 5120

Moon 7 - Phase 15  
Navami

Mesha Rasi: 28.42    Tihti 24

424342362

**Gulika** 4:30PM - 6:26PM  
**Yama** 12:39PM - 2:34PM  
**Rahu** 6:26PM - 8:21PM

**Bharani** Until 9:28PM  
Vriddhi Until 17:57AM Mon  
Taitila Until 10:16AM  
**Navami\*** Until 9:28PM

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - White  
**Ashada\*Adi**

*Sunrise:* 4:56AM  
*Sunset:* 8:21PM

**Sivaloka Day**


Creative Work    Siddha Yoga

|                            |             |                               |                   |                                  |                        |  |   |
|----------------------------|-------------|-------------------------------|-------------------|----------------------------------|------------------------|--|---|
| <b>1</b>                   |             | <b>Monday, August 6, 2018</b> |                   |                                  |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Dashamyam Titau | Edmonton, Canada<br>Sun 9 Sutra 113<br>Vilamba 5120 |
| Vrishabha Rasi: 12.32      | Tithi 25    | <b>Gulika</b>                 | 2:34PM – 4:29PM   | <b>Krittika</b> Until 7:24PM     | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:58AM   |   |
| <b>Family Home Evening</b> | 434342362   | Yama                          | 10:43AM – 12:39PM | Dhruva Until 12:13AM Tue         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:19PM  |   |
| Creative Work              | Amrita Yoga | <b>Rahu</b>                   | 6:53AM – 8:48AM   | Vanija Until 5:70AM Tue          | <b>Nataraja:</b> Clear | Moon 7 - Phase 16  |   |
|                            |             |                               |                   | <b>Dashami</b> Until 17:57AM Mon | Moon – Yellow          | 2nd Phase  |   |
|                            |             |                               |                   |                                  | <b>Ashada•Adi</b>      | <b>Devaloka Day</b>  |   |

|                                 |               |                                |                  |                                    |                        |   |  |
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| <b>2</b>                        |               | <b>Tuesday, August 7, 2018</b> |                  |                                    |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau | Edmonton, Canada<br>Sun 10 Sutra 114<br>Vilamba 5120 |
| Vrishabha Rasi: 26.47           | Tithi 26 – 27 | <b>Gulika</b>                  | 12:38PM – 2:33PM | <b>Mrigashira</b> Until 1:40PM Wed | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:59AM  |  |
|                                 | 434342362     | Yama                           | 8:49AM – 10:44AM | Vyaghata* Until 10:16PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:18PM   |  |
| Creative Work                   | Siddha Yoga   | <b>Rahu</b>                    | 4:28PM – 6:23PM  | Bava Until 2:77AM Wed              | <b>Nataraja:</b> Clear | Moon 7 - Phase 16   |  |
| Until 1:40PM Wed                |               |                                |                  | <b>Ekadashi*</b> Until 14:47AM Tue | Moon – Yellow          | 2nd Phase   |  |
| Then Routine Work - Marana Yoga |               |                                |                  |                                    | <b>Ashada•Adi</b>      | <b>Devaloka Day</b>   |  |

|                     |               |                                  |                   |                                    |                                 |  |  |
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| <b>3</b>            |               | <b>Wednesday, August 8, 2018</b> |                   |                                    |                                 | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | Edmonton, Canada<br>Sun 11 Sutra 115<br>Vilamba 5120 |
| Mithuna Rasi: 11.24 | Tithi 27 – 28 | <b>Gulika</b>                    | 10:44AM – 12:38PM | <b>Mrigashira</b> Until 1:40PM     | <b>Ganesh:</b> Purple           | <i>Sunrise:</i> 5:01AM   |  |
|                     | 434342362     | Yama                             | 6:55AM – 8:50AM   | Harshana Until 6:81AM Thu          | <b>Muruga:</b> Clear            | <i>Sunset:</i> 8:16PM  |  |
| Creative Work       | Siddha Yoga   | <b>Rahu</b>                      | 12:38PM – 2:33PM  | Gara Until 12:00PM                 | <b>Nataraja:</b> Clear          | Moon 7 - Phase 16  |  |
|                     |               |                                  |                   | <b>Dvadashi*</b> Until 11:13AM Wed | Moon – Yellow                   | 2nd Phase  |  |
|                     |               |                                  |                   |                                    | <b>Ashada•Adi</b>               | <b>Devaloka Day</b>  |  |
|                     |               |                                  |                   |                                    | <i>Pradosha Vrata (Fasting)</i> |  |  |

|                     |               |                                 |                  |                                     |                           |   |  |
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| <b>4</b>            |               | <b>Thursday, August 9, 2018</b> |                  |                                     |                           | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ardra/Pushya Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau | Edmonton, Canada<br>Sun 12 Sutra 116<br>Vilamba 5120 |
| Mithuna Rasi: 26.18 | Tithi 28 – 29 | <b>Gulika</b>                   | 8:50AM – 10:44AM | <b>Ardra</b> Until 10:14AM          | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 5:03AM  |  |
|                     | 444342362     | Yama                            | 5:03AM – 6:57AM  | Vajra* Until 3:18AM Fri             | <b>Muruga:</b> Clear      | <i>Sunset:</i> 8:14PM   |  |
| Creative Work       | Amrita Yoga   | <b>Rahu</b>                     | 2:32PM – 4:26PM  | Visli Until 8:28PM                  | <b>Nataraja:</b> Clear    | Moon 7 - Phase 16   |  |
|                     |               |                                 |                  | <b>Trayodashi*</b> Until 6:81AM Thu | Moon – Blue               | 2nd Phase   |  |
|                     |               |                                 |                  |                                     | <b>Ashada•Adi</b>         | <b>Devaloka Day</b>   |  |

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|  |               | <b>Friday, August 10, 2018</b> |                   |                                      |                           | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Punarvasu/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Edmonton, Canada<br>Sun 13 Sutra 117<br>Vilamba 5120 |
| <b>Retreat Star</b>   |               | <b>Gulika</b>                  | 6:58AM – 8:51AM   | <b>Punarvasu</b> Until 6:37AM        | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 5:04AM   |  |
| Kataka Rasi: 11.23  | Tithi 29 – 30 | Yama                           | 4:25PM – 6:18PM   | Vyatipata* Until 10:72PM             | <b>Muruga:</b> Clear      | <i>Sunset:</i> 8:12PM  |  |
|   | 444342362     | <b>Rahu</b>                    | 10:45AM – 12:38PM | Catuspada Until 4:48PM               | <b>Nataraja:</b> Clear    | Moon 7 - Phase 16  |  |
| Routine Work  | Marana Yoga   |                                |                   | <b>Chaturdashi*</b> Until 3:18AM Fri | Moon – Blue               | Amavasya   |  |
|   |               |                                |                   |                                      | <b>Ashada•Adi</b>         | <b>Devaloka Day</b>  |  |

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| <b>Retreat Star</b>              |             | <b>Saturday, August 11, 2018</b> |                  |                                |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Magha* Nakshatra Variyan Yoga Kintughna* Karana Prathamayam Titau | Edmonton, Canada<br>Sun 14 Sutra 118<br>Vilamba 5120 |
| Kataka Rasi: 26.3                | Tithi 1     | <b>Gulika</b>                    | 5:06AM – 6:59AM  | <b>Pushya</b> Until 11:24PM    | <b>Ganesh:</b> Orange  | <i>Sunrise:</i> 5:06AM  |  |
|                                  | 445342362   | Yama                             | 2:31PM – 4:24PM  | Variyan Until 11:25AM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:10PM   |  |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                      | 8:52AM – 10:45AM | Kintughna Until 1:10PM         | <b>Nataraja:</b> Clear | Moon 7 - Phase 16   |  |
| Until 11:24PM                    |             |                                  |                  | <b>Prathama*</b> Until 11:24PM | Moon – Blue            | Prathama  |  |
| Then Creative Work - Amrita Yoga |             | <b>Partial Solar Eclipse</b>     |                  |                                | <b>Sravana•Adi</b>     | <b>Sivaloka Day</b>   |  |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

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|--|---------|---|--|--|---|---|
| <b>1 Sunday, August 12, 2018</b>   |         | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Gara Karana Dvitiyayam Titau |  |  |   | Edmonton, Canada<br>Sun 15 Sutra 119<br>Vilamba 5120  |
| Simha Rasi: 11.3   | Tithi 2 | <b>Gulika</b> 4:23PM – 6:15PM<br>Yama 12:38PM – 2:30PM<br>Rahu 6:15PM – 8:08PM  | <b>Magha* Until 5:16PM Mon</b><br>Parigha* Until 8:56AM<br>Balava Until 9:44AM<br>Dvitiya Until 8:07PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:08AM<br><i>Sunset:</i> 8:08PM | Moon 7 - Phase 17<br>3rd Phase<br><b>Sivaloka Day</b> |
| Routine Work Marana Yoga<br>Until 5:16PM Mon<br>Then Creative Work - Siddha Yoga |         |   |  |  |   |   |

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| <b>2 Monday, August 13, 2018</b>                 |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Visti* Karana Tritiya/Chaturthiyam Titau |   |  |   | Edmonton, Canada<br>Sun 16 Sutra 120<br>Vilamba 5120  |
| Simha Rasi: 26.16                                | Tithi 3 – 4 | <b>Gulika</b> 2:29PM – 4:21PM<br>Yama 10:45AM – 12:37PM<br>Rahu 7:01AM – 8:53AM  | <b>Magha* Until 5:16PM</b><br>Shiva Until 6:38AM<br>Taitila Until 3:63AM Tue<br>Tritiya Until 11:49AM Mon | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:09AM<br><i>Sunset:</i> 8:05PM | Moon 7 - Phase 17<br>3rd Phase<br><b>Sivaloka Day</b> |
| Family Home Evening<br>Creative Work Siddha Yoga |             |  |   |  |   |   |

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| <b>3 Tuesday, August 14, 2018</b>         |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau |   |   |   | Edmonton, Canada<br>Sun 17 Sutra 121<br>Vilamba 5120        |
| Kanya Rasi: 10.4                          | Tithi 4 – 5 | <b>Gulika</b> 12:37PM – 2:29PM<br>Yama 8:54AM – 10:46AM<br>Rahu 4:20PM – 6:12PM   | <b>Hasta Until 1:22PM Wed</b><br>Siddha Until 3:42AM Wed<br>Balava Until 13:22AM Wed<br>Chaturthi* Until 2:58PM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:11AM<br><i>Sunset:</i> 8:03PM | Moon 7 - Phase 17<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
| Creative Work Siddha Yoga<br>Nag Panchami |             |   |   |   |   |   |

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|-------------------------------------|-------------|---|--|---|---|---|
| <b>4 Wednesday, August 15, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  |   |   | Edmonton, Canada<br>Sun 18 Sutra 122<br>Vilamba 5120        |
| Kanya Rasi: 24.38                   | Tithi 5 – 6 | <b>Gulika</b> 10:46AM – 12:37PM<br>Yama 7:04AM – 8:55AM<br>Rahu 12:37PM – 2:28PM  | <b>Hasta Until 1:22PM</b><br>Sadhya Until 3:17AM Thu<br>Kaulava Until 12:52AM Thu<br>Panchami Until 6:12AM Wed | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:13AM<br><i>Sunset:</i> 8:01PM | Moon 7 - Phase 17<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
| Creative Work Siddha Yoga           |             |   |  |   |   |   |

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| <b>5 Thursday, August 16, 2018</b>   |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Sukla Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau |  |   |   | Edmonton, Canada<br>Sun 19 Sutra 123<br>Vilamba 5120        |
| Tula Rasi: 8.1   | Tithi 6 – 7 | <b>Gulika</b> 8:56AM – 10:46AM<br>Yama 5:15AM – 7:05AM<br>Rahu 2:27PM – 4:18PM  | <b>Svati Until 12:31PM Fri</b><br>Sukla Until 3:30AM Fri<br>Vanija Until 11:86PM<br>Shashthi* Until 4:17AM Thu | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Sravana-Avani</b> | <i>Sunrise:</i> 5:15AM<br><i>Sunset:</i> 7:59PM | Moon 7 - Phase 17<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
| Creative Work Amrita Yoga<br>Until 12:31PM Fri<br>Then Creative Work - Siddha Yoga |             |   |  |   |   |   |

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| <b>Friday, August 17, 2018</b>                            |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma Yoga Vanija Karana Saptami/Ashtamyam Titau |   |  |   | Edmonton, Canada<br>Sun 20 Sutra 124<br>Vilamba 5120      |
| <b>Retreat Star</b>                                       |  | <b>Gulika</b> 7:06AM – 8:57AM<br>Yama 4:17PM – 6:07PM<br>Rahu 10:47AM – 12:37PM   | <b>Svati Until 12:31PM</b><br>Brahma Until 25:78AM Sat<br>Vanija Until 12:31PM<br>Saptami Until 12:31PM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Sravana-Avani</b> | <i>Sunrise:</i> 5:16AM<br><i>Sunset:</i> 7:57PM | Moon 7 - Phase 17<br>Ashtami<br><b>Subha Sivaloka Day</b> |
| Tula Rasi: 21.15 Tithi 7 – 8<br>Creative Work Siddha Yoga |  |   |   |  |   |   |

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| <b>Saturday, August 18, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau |   |  |   | Edmonton, Canada<br>Sun 21 Sutra 125<br>Vilamba 5120     |
| <b>Retreat Star</b>  |  | <b>Gulika</b> 5:18AM – 7:08AM<br>Yama 2:26PM – 4:16PM<br>Rahu 8:57AM – 10:47AM   | <b>Anuradha Until 2:45PM Sun</b><br>Indra Until 2:18AM Sun<br>Balava Until 1:58AM Sun<br>Ashtami* Until 25:78AM Sat | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Sravana-Avani</b> | <i>Sunrise:</i> 5:18AM<br><i>Sunset:</i> 7:55PM | Moon 7 - Phase 17<br>Navami<br><b>Subha Sivaloka Day</b> |
| Vrischika Rasi: 3.56 Tithi 8 – 9<br>Creative Work Siddha Yoga<br>Until 2:45PM Sun<br>Then Routine Work - Marana Yoga |  |  |   |  |   |  |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

|                                  |              |   |                                    |                        |                        |  |
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| <b>1 Sunday, August 19, 2018</b> |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                    |                        |                        | Edmonton, Canada<br>Sun 22 Sutra 126<br>Vilamba 5120 |
| Vrischika Rasi: 16.18            | Tithi 9 – 10 | <b>Gulika</b> 4:14PM – 6:04PM   | <b>Anuradha</b> Until 2:45PM       | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:20AM |  |
|                                  |              | <b>Yama</b> 12:36PM – 2:25PM  | <b>Vaidhriti*</b> Until 2:42AM Mon | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:53PM  | Moon 7 - Phase 18                                    |
|                                  |              | <b>Rahu</b> 6:04PM – 7:53PM   | <b>Taitila</b> Until 3:44AM Mon    | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                     | Marana Yoga  |   | <b>Navami*</b> Until 2:18AM Sun    | Moon – Orange          |                        | <b>Sivaloka Day</b>                                  |
|                                  |              |   |                                    | <b>Sravana-Avani</b>   |                        |  |

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| <b>2 Monday, August 20, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                   |                        |                        | Edmonton, Canada<br>Sun 23 Sutra 127<br>Vilamba 5120 |
| Vrischika Rasi: 28.25            | Tithi 10 – 11 | <b>Gulika</b> 2:25PM – 4:13PM  | <b>Jyeshtha*</b> Until 7:11PM Tue | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:22AM |  |
| <b>Family Home Evening</b>       |               | <b>Yama</b> 10:47AM – 12:36PM  | <b>Vishkambha*</b> Until 9:00AM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:50PM  | Moon 7 - Phase 18                                    |
|                                  |               | <b>Rahu</b> 7:10AM – 8:59AM  | <b>Vanija</b> Until 5:58AM Tue    | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                    | Siddha Yoga   |  | <b>Dashami</b> Until 2:42AM Mon   | Moon – Orange          |                        | <b>Sivaloka Day</b>                                  |
|                                  |               |  |                                   | <b>Sravana-Avani</b>   |                        |  |

|                                   |             |   |                               |                        |                        |  |
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| <b>3 Tuesday, August 21, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha*/Purvashadha* Nakshatra Priti Yoga Visti* Karana Ekadashyam Titau |                               |                        |                        | Edmonton, Canada<br>Sun 24 Sutra 128<br>Vilamba 5120 |
| Dhanus Rasi: 10.2                 | Tithi 11    | <b>Gulika</b> 12:36PM – 2:24PM  | <b>Jyeshtha*</b> Until 7:11PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:23AM |  |
|                                   |             | <b>Yama</b> 9:00AM – 10:48AM  | <b>Priti</b> Until 12:02PM    | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:48PM  | Moon 7 - Phase 18                                    |
|                                   |             | <b>Rahu</b> 4:12PM – 6:00PM   | <b>Visti</b> Until 7:11PM     | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                     | Amrita Yoga |   | <b>Ekadashi</b> Until 7:11PM  | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                                  |
| Until 7:11PM                      |             |   |                               | <b>Sravana-Avani</b>   |                        |  |
| Then Creative Work - Siddha Yoga  |             |   |                               |                        |                        |  |

|                                     |             |  |                              |                        |                        |  |
|-------------------------------------|-------------|--|------------------------------|------------------------|------------------------|--|
| <b>4 Wednesday, August 22, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula*/Uttarashadha Nakshatra Ayushman Yoga Bava Karana Dvadashyam Titau |                              |                        |                        | Edmonton, Canada<br>Sun 25 Sutra 129<br>Vilamba 5120 |
| Dhanus Rasi: 22.1                   | Tithi 12    | <b>Gulika</b> 10:48AM – 12:35PM  | <b>Mula*</b> Until 9:46PM    | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:25AM |  |
|                                     |             | <b>Yama</b> 7:13AM – 9:00AM  | <b>Ayushman</b> Until 3:08PM | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:46PM  | Moon 7 - Phase 18                                    |
|                                     |             | <b>Rahu</b> 12:35PM – 2:23PM   | <b>Bava</b> Until 8:29AM     | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                       | Amrita Yoga |  | <b>Dvadashi</b> Until 9:46PM | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                                  |
|                                     |             |  |                              | <b>Sravana-Avani</b>   |                        |  |

|                                    |             |  |                                       |                        |                        |  |
|------------------------------------|-------------|--|---------------------------------------|------------------------|------------------------|--|
| <b>5 Thursday, August 23, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                       |                        |                        | Edmonton, Canada<br>Sun 26 Sutra 130<br>Vilamba 5120 |
| Makara Rasi: 3.57                  | Tithi 13    | <b>Gulika</b> 9:01AM – 10:48AM   | <b>Purvashadha*</b> Until 12:22AM Fri | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:27AM |  |
|                                    |             | <b>Yama</b> 5:27AM – 7:14AM  | <b>Saubhagya</b> Until 9:19PM Fri     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:44PM  | Moon 7 - Phase 18                                    |
|                                    |             | <b>Rahu</b> 2:22PM – 4:09PM  | <b>Kaulava</b> Until 11:06AM          | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                       | Marana Yoga |  | <b>Trayodashi</b> Until 12:22AM Fri   | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                                  |
|                                    |             |  |                                       | <b>Sravana-Avani</b>   |                        |  |
|                                    |             |  |                                       | <i>Pradosha Vrata</i>  |                        |  |

|                                  |             |   |                                      |                        |                        |  |
|----------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|--|
| <b>6 Friday, August 24, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Gara Karana Chaturdashyam Titau |                                      |                        |                        | Edmonton, Canada<br>Sun 27 Sutra 131<br>Vilamba 5120 |
| Makara Rasi: 15.46               | Tithi 14    | <b>Gulika</b> 7:15AM – 9:02AM   | <b>Uttarashadha</b> Until 2:49AM Sat | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:28AM |  |
|                                  |             | <b>Yama</b> 4:08PM – 5:55PM   | <b>Saubhagya</b> Until 9:19PM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:41PM  | Moon 7 - Phase 18                                    |
|                                  |             | <b>Rahu</b> 10:48AM – 12:35PM   | <b>Gara</b> Until 1:38PM             | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                     | Marana Yoga |   | <b>Chaturdashi*</b> Until 2:49AM Sat | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                            |
| Until 2:49AM Sat                 |             | <b>Chidambaram Abhishekam</b>   |                                      | <b>Sravana-Avani</b>   |                        |  |
| Then Creative Work - Siddha Yoga |             |   |                                      |                        |                        |  |

|                                    |             |  |                                  |                        |                        |  |
|------------------------------------|-------------|--|----------------------------------|------------------------|------------------------|--|
| <b>7 Saturday, August 25, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnimayam Titau |                                  |                        |                        | Edmonton, Canada<br>Sun 28 Sutra 132<br>Vilamba 5120 |
| <b>Copper Retreat Star</b>         |             | <b>Gulika</b> 5:30AM – 7:16AM  | <b>Shravana</b> Until 4:59AM Sun | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:30AM |  |
| Makara Rasi: 27.37                 | Tithi 15    | <b>Yama</b> 2:21PM – 4:07PM  | <b>Sobhana</b> Until 12:07AM Sun | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:39PM  | Moon 7 - Phase 18                                    |
|                                    |             | <b>Rahu</b> 9:02AM – 10:49AM   | <b>Visti</b> Until 17:58AM Sun   | <b>Nataraja:</b> Clear |                        | Purnima  |
| Creative Work                      | Siddha Yoga |  | <b>Purnima*</b> Until 7:36AM Sat | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                            |
|                                    |             | <b>Raksha Bandhan</b>  |                                  | <b>Sravana-Avani</b>   |                        |  |

|                                  |             |  |                                    |                        |                        |  |
|----------------------------------|-------------|--|------------------------------------|------------------------|------------------------|--|
| <b>8 Sunday, August 26, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava Karana Prathamayam Titau |                                    |                        |                        | Edmonton, Canada<br>Sun 29 Sutra 133<br>Vilamba 5120 |
| <b>Silver Retreat Star</b>       |             | <b>Gulika</b> 4:06PM – 5:51PM  | <b>Dhanishtha</b> Until 6:48AM Mon | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:32AM |  |
| Kumbha Rasi: 10                  | Tithi 16    | <b>Yama</b> 12:34PM – 2:20PM   | <b>Athiganda*</b> Until 8:43AM Mon | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:37PM  | Moon 7 - Phase 18                                    |
|                                  |             | <b>Rahu</b> 5:51PM – 7:37PM  | <b>Balava</b> Until 5:58PM         | <b>Nataraja:</b> Clear |                        | Prathama   |
| Creative Work                    | Siddha Yoga |  | <b>Prathama*</b> Until 6:48AM Mon  | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                            |
| Until 6:48AM Mon                 |             | <b>Avani Avittam</b>   |                                    | <b>Sravana-Avani</b>   |                        |  |
| Then Routine Work - Marana Yoga  |             |  |                                    |                        |                        |  |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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**Monday, August 27, 2018**

**Gold Retreat Star**

Kumbha Rasi: 21.43 Tihi 16 – 17

Family Home Evening

Routine Work Marana Yoga

Until 6:48AM

Then Creative Work - Siddha Yoga

**Gulika** 2:19PM – 4:04PM  
**Yama** 10:49AM – 12:34PM  
**Rahu** 7:19AM – 9:04AM

**Shatabhishak** Until 6:48AM  
 Sukarma Until 4:39AM Tue  
 Tailila Until 7:35PM  
**Prathama\*** Until 8:43AM Mon

**Ganesh:** White *Sunrise:* 5:34AM  
**Muruga:** Clear *Sunset:* 7:35PM  
**Nataraja:** Purple  
 Moon – Clear  
**Sravana-Avani**

Edmonton, Canada  
 Sutra 134  
 Vilamba 5120  
 Moon 8 - Phase 19  
 1st Phase

**Sivaloka Day**

**1**

**Tuesday, August 28, 2018**

Meena Rasi: 4.01 Tihi 17 – 18

Creative Work Amrita Yoga

Until 9:10AM Wed

Then Routine Work - Marana Yoga

**Gulika** 12:34PM – 2:18PM  
**Yama** 9:05AM – 10:49AM  
**Rahu** 4:03PM – 5:48PM

**Uttaraproshtapada** Until 9:10AM Wed  
 Dhriti Until 6:18AM Wed  
 Visti Until 8:46PM  
**Dvitiya** Until 8:50AM Tue

**Ganesh:** Clear *Sunrise:* 5:35AM  
**Muruga:** Purple *Sunset:* 7:32PM  
**Nataraja:** Purple  
 Moon – Clear  
**Sravana-Avani**

Edmonton, Canada  
 Sun 1 Sutra 135  
 Vilamba 5120  
 Moon 8 - Phase 19  
 1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**2**

**Wednesday, August 29, 2018**

Meena Rasi: 16.3 Tihi 18 – 19

Creative Work Siddha Yoga

Until 9:41AM Thu

Then Routine Work - Marana Yoga

**Gulika** 10:49AM – 12:34PM  
**Yama** 7:21AM – 9:05AM  
**Rahu** 12:34PM – 2:18PM

**Uttaraproshtapada** Until 9:41AM Thu  
 Shula\* Until 8:34AM  
 Bava Until 9:30PM  
**Tritiya** Until 8:34AM Wed

**Ganesh:** Clear *Sunrise:* 5:37AM  
**Muruga:** Purple *Sunset:* 7:30PM  
**Nataraja:** Purple  
 Moon – Clear  
**Sravana-Avani**

Edmonton, Canada  
 Sun 2 Sutra 136  
 Vilamba 5120  
 Moon 8 - Phase 19  
 1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**3**

**Thursday, August 30, 2018**

Meena Rasi: 29.11 Tihi 19 – 20

Creative Work Siddha Yoga

Until 9:41AM

Then Creative Work - Amrita Yoga

**Gulika** 9:06AM – 10:50AM  
**Yama** 5:39AM – 7:22AM  
**Rahu** 2:17PM – 4:00PM

**Uttaraproshtapada** Until 9:41AM  
 Ganda\* Until 7:21AM  
 Balava Until 9:41AM  
**Chaturthi\*** Until 9:41AM

**Ganesh:** Clear *Sunrise:* 5:39AM  
**Muruga:** Purple *Sunset:* 7:28PM  
**Nataraja:** Purple  
 Moon – Clear  
**Sravana-Avani**

Edmonton, Canada  
 Sun 3 Sutra 137  
 Vilamba 5120  
 Moon 8 - Phase 19  
 1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**4**

**Friday, August 31, 2018**

Mesha Rasi: 12.05 Tihi 20 – 21

Creative Work Amrita Yoga

Until 9:17AM Sat

Then Creative Work - Siddha Yoga

**Gulika** 7:24AM – 9:07AM  
**Yama** 3:59PM – 5:42PM  
**Rahu** 10:50AM – 12:33PM

**Ashvini** Until 9:17AM Sat  
 Vriddhi Until 8:16AM  
 Gara Until 9:35PM  
**Panchami** Until 7:01AM Fri

**Ganesh:** Purple *Sunrise:* 5:41AM  
**Muruga:** Purple *Sunset:* 7:25PM  
**Nataraja:** Purple  
 Moon – White  
**Sravana-Avani**

Edmonton, Canada  
 Sun 4 Sutra 138  
 Vilamba 5120  
 Moon 8 - Phase 19  
 1st Phase

**Bhuloka Day**

**5**

**Saturday, September 1, 2018**

Mesha Rasi: 25.15 Tihi 21 – 22

Creative Work Siddha Yoga

Until 9:17AM

Then Creative Work - Amrita Yoga

**Gulika** 5:42AM – 7:25AM  
**Yama** 2:15PM – 3:58PM  
**Rahu** 9:07AM – 10:50AM

**Ashvini** Until 9:17AM  
 Vyaghata\* Until 8:32AM  
 Bava Until 8:53PM  
**Shashthi\*** Until 5:40AM Sat

**Ganesh:** Purple *Sunrise:* 5:42AM  
**Muruga:** Purple *Sunset:* 7:23PM  
**Nataraja:** Purple  
 Moon – White  
**Sravana-Avani**

Edmonton, Canada  
 Sun 5 Sutra 139  
 Vilamba 5120  
 Moon 8 - Phase 19  
 1st Phase

**Bhuloka Day**

**D**

**Sunday, September 2, 2018**

**Retreat Star**

Vrishabha Rasi: 8.4 Tihi 22 – 23

Creative Work Siddha Yoga

**Gulika** 3:56PM – 5:38PM  
**Yama** 12:32PM – 2:14PM  
**Rahu** 5:38PM – 7:20PM

**Bharani** Until 8:20AM  
 Harshana Until 8:11AM  
 Bava Until 8:20AM  
**Saptami** Until 8:20AM

**Ganesh:** Purple *Sunrise:* 5:44AM  
**Muruga:** Purple *Sunset:* 7:20PM  
**Nataraja:** Purple  
 Moon – White  
**Sravana-Avani**

Edmonton, Canada  
 Sun 6 Sutra 140  
 Vilamba 5120  
 Moon 8 - Phase 19  
 Ashtami

**Bhuloka Day**

Krishna Janmashtami

**Monday, September 3, 2018**

**Retreat Star**

Vrishabha Rasi: 22.23 Tihi 23 – 24

Family Home Evening

Creative Work Amrita Yoga

**Gulika** 2:13PM – 3:55PM  
**Yama** 10:50AM – 12:32PM  
**Rahu** 7:27AM – 9:09AM

**Krittika** Until 6:53AM  
 Vajra\* Until 7:36AM  
 Gara Until 4:57AM Tue  
**Ashtami\*** Until 6:53AM

**Ganesh:** White *Sunrise:* 5:46AM  
**Muruga:** Purple *Sunset:* 7:18PM  
**Nataraja:** Purple  
 Moon – Yellow  
**Sravana-Avani**

Edmonton, Canada  
 Sun 7 Sutra 141  
 Vilamba 5120  
 Moon 8 - Phase 19  
 Navami

**Devaloka Day**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

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|                                 |             |                                       |                                |                         |                        |  |   |
|---------------------------------|-------------|---------------------------------------|--------------------------------|-------------------------|------------------------|--|---|
| <b>1</b>                        |             | <b>Tuesday, September 4, 2018</b>     |                                |                         |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Siddhi Yoga Vanija/Bava Karana Dashamyam Titau | Edmonton, Canada<br>Sun 8 Sutra 142<br>Vilamba 5120 |
| Mithuna Rasi: 6.25              | Tithi 25    | <b>Gulika</b> 12:32PM – 2:13PM        | <b>Mrigashira</b> Until 6:24AM | <b>Ganesh:</b> White    | <i>Sunrise:</i> 5:48AM |  |   |
|                                 |             | Yama 9:10AM – 10:51AM                 | Siddhi Until 8:16PM            | <b>Muruga:</b> Purple   | <i>Sunset:</i> 7:16PM  | Moon 8 - Phase 20  |   |
|                                 |             | 538452363 <b>Rahu</b> 3:54PM – 5:35PM | Vanija Until 12:73AM Wed       | <b>Nataraja:</b> Purple |                        | 2nd Phase  |   |
| Creative Work                   | Siddha Yoga |                                       | <b>Dashami</b> Until 11:12PM   | Moon – Yellow           |                        | <b>Devaloka Day</b>  |   |
| Until 6:24AM                    |             |                                       |                                | <b>Sravana-Avani</b>    |                        |  |   |
| Then Routine Work - Marana Yoga |             |                                       |                                |                         |                        |  |   |

|                                  |             |  |                                   |                         |                        |  |   |
|----------------------------------|-------------|--|-----------------------------------|-------------------------|------------------------|--|---|
| <b>2</b>                         |             | <b>Wednesday, September 5, 2018</b>    |                                   |                         |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau | Edmonton, Canada<br>Sun 9 Sutra 143<br>Vilamba 5120 |
| Mithuna Rasi: 20.44              | Tithi 26    | <b>Gulika</b> 10:51AM – 12:31PM        | <b>Punarvasu</b> Until 2:43AM Thu | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 5:49AM |  |   |
|                                  |             | Yama 7:30AM – 9:10AM                   | Vyatipata* Until 5:00PM           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 7:13PM  | Moon 8 - Phase 20  |   |
|                                  |             | 548452363 <b>Rahu</b> 12:31PM – 2:12PM | Bava Until 1:13PM                 | <b>Nataraja:</b> Purple |                        | 2nd Phase  |   |
| Creative Work                    | Siddha Yoga |  | <b>Ekadashi*</b> Until 11:46PM    | Moon – Blue             |                        | <b>Bhuloka Day</b>   |   |
| Until 2:43AM Thu                 |             |  |                                   | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM  |   |
| Then Creative Work - Amrita Yoga |             |  |                                   |                         |                        |  |   |

|                                 |             |                                       |                                |                         |                        |   |  |
|---------------------------------|-------------|---------------------------------------|--------------------------------|-------------------------|------------------------|---|--|
| <b>3</b>                        |             | <b>Thursday, September 6, 2018</b>    |                                |                         |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Dvadashyam Titau | Edmonton, Canada<br>Sun 10 Sutra 144<br>Vilamba 5120 |
| Kataka Rasi: 5.2                | Tithi 27    | <b>Gulika</b> 9:11AM – 10:51AM        | <b>Pushya</b> Until 5:28PM Fri | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 5:51AM |   |  |
|                                 |             | Yama 5:51AM – 7:31AM                  | Variyan Until 1:27PM           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 7:11PM  | Moon 8 - Phase 20   |  |
|                                 |             | 548452363 <b>Rahu</b> 2:11PM – 3:51PM | Kaulava Until 6:67AM Fri       | <b>Nataraja:</b> Purple |                        | 2nd Phase   |  |
| Creative Work                   | Amrita Yoga |                                       | <b>Dvadashi*</b> Until 5:00PM  | Moon – Blue             |                        | <b>Bhuloka Day</b>  |  |
| Until 5:28PM Fri                |             |                                       |                                | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM   |  |
| Then Routine Work - Marana Yoga |             |                                       |                                |                         |                        |   |  |

|                    |               |   |                                 |                         |                        |   |  |
|--------------------|---------------|---|---------------------------------|-------------------------|------------------------|---|--|
| <b>4</b>           |               | <b>Friday, September 7, 2018</b>        |                                 |                         |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau | Edmonton, Canada<br>Sun 11 Sutra 145<br>Vilamba 5120 |
| Kataka Rasi: 20.07 | Tithi 28 – 29 | <b>Gulika</b> 7:32AM – 9:12AM           | <b>Pushya</b> Until 5:28PM      | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 5:53AM |   |  |
|                    |               | Yama 3:50PM – 5:29PM                    | Parigha* Until 9:49PM           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 7:08PM  | Moon 8 - Phase 20   |  |
|                    |               | 548452363 <b>Rahu</b> 10:51AM – 12:31PM | Gara Until 3:50AM Sat           | <b>Nataraja:</b> Purple |                        | 2nd Phase   |  |
| Routine Work       | Marana Yoga   |   | <b>Trayodashi*</b> Until 1:27PM | Moon – Blue             |                        | <b>Bhuloka Day</b>  |  |
|                    |               |   |                                 | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM   |  |
|                    |               |   |                                 |                         |                        |   |  |

*Pradosha Vrata (Fasting)*

|                                  |               |  |                                  |                         |                        |   |  |
|----------------------------------|---------------|--|----------------------------------|-------------------------|------------------------|---|--|
| <b>●</b>                         |               | <b>Saturday, September 8, 2018</b>     |                                  |                         |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Edmonton, Canada<br>Sun 12 Sutra 146<br>Vilamba 5120 |
| <b>Retreat Star</b>              |               | <b>Gulika</b> 5:54AM – 7:33AM          | <b>Magha*</b> Until 11:00AM Sun  | <b>Ganesh:</b> Red      | <i>Sunrise:</i> 5:54AM |   |  |
| Simha Rasi: 4.59                 | Tithi 29 – 30 | Yama 2:09PM – 3:48PM                   | Siddha Until 2:09AM Sun          | <b>Muruga:</b> Purple   | <i>Sunset:</i> 7:06PM  | Moon 8 - Phase 20   |  |
|                                  |               | 558452363 <b>Rahu</b> 9:12AM – 10:51AM | Catuspada Until 12:35AM Sun      | <b>Nataraja:</b> Purple |                        | Amavasya  |  |
| Creative Work                    | Amrita Yoga   |  | <b>Chaturdashi*</b> Until 2:11PM | Moon – Red              |                        | <b>Bhuloka Day</b>  |  |
| Until 11:00AM Sun                |               |  |                                  | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM   |  |
| Then Creative Work - Siddha Yoga |               |  |                                  |                         |                        |   |  |

|                                  |              |                                       |                                |                         |                        |   |  |
|----------------------------------|--------------|---------------------------------------|--------------------------------|-------------------------|------------------------|---|--|
| <b>●</b>                         |              | <b>Sunday, September 9, 2018</b>      |                                |                         |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha*/Uttaraphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Edmonton, Canada<br>Sun 13 Sutra 147<br>Vilamba 5120 |
| <b>Retreat Star</b>              |              | <b>Gulika</b> 3:47PM – 5:25PM         | <b>Magha*</b> Until 11:00AM    | <b>Ganesh:</b> Red      | <i>Sunrise:</i> 5:56AM |   |  |
| Simha Rasi: 19.49                | Tithi 30 – 1 | Yama 12:30PM – 2:08PM                 | Sadhya Until 10:32PM           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 7:04PM  | Moon 8 - Phase 20   |  |
|                                  |              | 558452363 <b>Rahu</b> 5:25PM – 7:04PM | Kintughna Until 9:31PM         | <b>Nataraja:</b> Purple |                        | Prathama  |  |
| Creative Work                    | Siddha Yoga  |                                       | <b>Amavasya*</b> Until 11:00AM | Moon – Red              |                        | <b>Bhuloka Day</b>  |  |
| Until 11:00AM                    |              |                                       |                                | <b>Bhadrapada-Avani</b> |                        | Devaloka Time: 9:AM to12:PM   |  |
| Then Creative Work - Amrita Yoga |              | <b>Grandparent's Day</b>              |                                |                         |                        |   |  |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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|          |                                   |             |   |                                    |                         |                        |                                      |
|----------|-----------------------------------|-------------|---|------------------------------------|-------------------------|------------------------|--------------------------------------|
| <b>1</b> | <b>Monday, September 10, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava Karana Prathama/Dvitiyayam Titau |                                    |                         |                        | Edmonton, Canada<br>Sun 14 Sutra 148 |
|          | Kanya Rasi: 4.29                  | Tithi 1 – 2 | <b>Gulika</b><br>2:07PM – 3:45PM  | <b>Uttaraphalguni</b> Until 2:58PM | <b>Ganesh:</b> Blue     | <i>Sunrise:</i> 5:58AM | Vilamba 5120                         |
|          | <b>Family Home Evening</b>        | 559452363   | Yama<br>10:52AM – 12:30PM   | Subha Until 7:14PM                 | <b>Muruga:</b> Purple   | <i>Sunset:</i> 7:01PM  | Moon 8 - Phase 21                    |
|          | Creative Work                     | Siddha Yoga | <b>Rahu</b><br>7:36AM – 9:14AM  | Bava Until 8:04AM                  | <b>Nataraja:</b> Purple |                        | 3rd Phase                            |
|          |                                   |             | <b>Prathama*</b> Until 8:04AM   | Moon – Red                         |                         | <b>Bhuloka Day</b>     |                                      |
|          |                                   |             |   | <b>Bhadrapada-Avani</b>            |                         |                        |                                      |

|          |                                    |             |   |                                |                       |                        |                                      |
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| <b>2</b> | <b>Tuesday, September 11, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila Karana Tritiyayam Titau |                                |                       |                        | Edmonton, Canada<br>Sun 15 Sutra 149 |
|          | Kanya Rasi: 18.52                  | Tithi 3     | <b>Gulika</b><br>12:29PM – 2:07PM   | <b>Hasta</b> Until 1:33PM      | <b>Ganesh:</b> Blue   | <i>Sunrise:</i> 6:00AM | Vilamba 5120                         |
|          | Creative Work                      | Siddha Yoga | Yama<br>9:14AM – 10:52AM  | Sukla Until 4:17PM             | <b>Muruga:</b> Purple | <i>Sunset:</i> 6:59PM  | Moon 8 - Phase 21                    |
|          |                                    |             | 569452363   | <b>Rahu</b><br>3:44PM – 5:21PM | Taitila Until 4:31PM  |                        | 3rd Phase                            |
|          |                                    |             | <b>Tritiya</b> Until 3:37AM Wed   | Moon – Green                   |                       | <b>Bhuloka Day</b>     |                                      |
|          |                                    |             |   | <b>Bhadrapada-Avani</b>        |                       |                        |                                      |

|          |                                      |             |   |                                    |                       |                        |                                      |
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| <b>3</b> | <b>Wednesday, September 12, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturtham Titau |                                    |                       |                        | Edmonton, Canada<br>Sun 16 Sutra 150 |
|          | Tula Rasi: 2.53                      | Tithi 4     | <b>Gulika</b><br>10:52AM – 12:29PM  | <b>Chitra</b> Until 12:35PM        | <b>Ganesh:</b> Blue   | <i>Sunrise:</i> 6:01AM | Vilamba 5120                         |
|          | Creative Work                        | Siddha Yoga | Yama<br>7:38AM – 9:15AM   | Brahma Until 1:53PM                | <b>Muruga:</b> Purple | <i>Sunset:</i> 6:56PM  | Moon 8 - Phase 21                    |
|          |                                      |             | 569452363   | <b>Rahu</b><br>12:29PM – 2:06PM    | Vanija Until 2:54PM   |                        | 3rd Phase                            |
|          |                                      |             | <b>Ganesh Chaturthi</b>   | <b>Chaturthi*</b> Until 2:21AM Thu | Moon – Green          | <b>Bhuloka Day</b>     |                                      |
|          |                                      |             |   | <b>Bhadrapada-Avani</b>            |                       |                        |                                      |

|                                  |                                     |             |   |                                |                       |                              |                                      |
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| <b>4</b>                         | <b>Thursday, September 13, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava Karana Panchamyam Titau |                                |                       |                              | Edmonton, Canada<br>Sun 17 Sutra 151 |
|                                  | Tula Rasi: 16.28                    | Tithi 5     | <b>Gulika</b><br>9:16AM – 10:52AM   | <b>Svati</b> Until 12:12PM     | <b>Ganesh:</b> Yellow | <i>Sunrise:</i> 6:03AM       | Vilamba 5120                         |
|                                  | Creative Work                       | Amrita Yoga | Yama<br>6:03AM – 7:39AM   | Indra Until 12:04PM            | <b>Muruga:</b> Purple | <i>Sunset:</i> 6:54PM        | Moon 8 - Phase 21                    |
|                                  | Until 12:12PM                       |             | 569552363   | <b>Rahu</b><br>2:05PM – 3:41PM | Bava Until 2:02PM     |                              | 3rd Phase                            |
| Then Creative Work - Siddha Yoga |                                     |             | <b>Panchami</b> Until 1:53AM Fri  | Moon – Green                   |                       | <b>Bhuloka Day</b>           |                                      |
|                                  |                                     |             |   | <b>Bhadrapada-Avani</b>        |                       | Devaloka Time: 9:AM to 12:PM |                                      |

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| <b>5</b> | <b>Friday, September 14, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Shashthyam Titau |                                  |                       |                        | Edmonton, Canada<br>Sun 18 Sutra 152 |
|          | Tula Rasi: 29.36                  | Tithi 6     | <b>Gulika</b><br>7:41AM – 9:16AM   | <b>Vishakha</b> Until 12:56PM    | <b>Ganesh:</b> White  | <i>Sunrise:</i> 6:05AM | Vilamba 5120                         |
|          | Creative Work                     | Siddha Yoga | Yama<br>3:40PM – 5:16PM  | Vaidhriti* Until 10:53AM         | <b>Muruga:</b> Purple | <i>Sunset:</i> 6:51PM  | Moon 8 - Phase 21                    |
|          |                                   |             | 579552363  | <b>Rahu</b><br>10:52AM – 12:28PM | Kaulava Until 1:59PM  |                        | 3rd Phase                            |
|          |                                   |             | <b>Shashthi*</b> Until 2:15AM Sat  | Moon – Orange                    |                       | <b>Devaloka Day</b>    |                                      |
|          |                                   |             |  | <b>Bhadrapada-Avani</b>          |                       |                        |                                      |

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| <b>6</b> | <b>Saturday, September 15, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara Karana Saptamyam Titau |                                 |                       |                        | Edmonton, Canada<br>Sun 19 Sutra 153 |
|          | Vrischika Rasi: 12.2                | Tithi 7     | <b>Gulika</b><br>6:07AM – 7:42AM   | <b>Anuradha</b> Until 2:18PM    | <b>Ganesh:</b> White  | <i>Sunrise:</i> 6:07AM | Vilamba 5120                         |
|          | Creative Work                       | Siddha Yoga | Yama<br>2:03PM – 3:38PM  | Vishkambha* Until 10:22AM       | <b>Muruga:</b> Purple | <i>Sunset:</i> 6:49PM  | Moon 8 - Phase 21                    |
|          |                                     |             | 579552363  | <b>Rahu</b><br>9:17AM – 10:52AM | Gara Until 2:46PM     |                        | 3rd Phase                            |
|          |                                     |             | <b>Saptami</b> Until 3:25AM Sun  | Moon – Orange                   |                       | <b>Devaloka Day</b>    |                                      |
|          |                                     |             |  | <b>Bhadrapada-Avani</b>         |                       |                        |                                      |

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| <b>D</b>                         | <b>Sunday, September 16, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Balava Karana Ashtamyam Titau |                                       |                         |                        | Edmonton, Canada<br>Sun 20 Sutra 154 |
|                                  | <b>Retreat Star</b>               |             | <b>Gulika</b><br>3:37PM – 5:12PM  | <b>Jyeshtha*</b> Until 7:36AM Tue Mon | <b>Ganesh:</b> White    | <i>Sunrise:</i> 6:08AM | Vilamba 5120                         |
|                                  | Vrischika Rasi: 24.43             | Tithi 8     | Yama<br>12:27PM – 2:02PM  | Priti Until 4:14PM                    | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:47PM  | Moon 8 - Phase 21                    |
|                                  | Routine Work                      | Marana Yoga | 579552363   | <b>Rahu</b><br>5:12PM – 6:47PM        | Visti Until 18:24AM Mon |                        | Ashtami                              |
| Until 7:36AM Tue Mon             |                                   |             | <b>Ashtami*</b> Until 10:22AM   | Moon – Orange                         |                         | <b>Devaloka Day</b>    |                                      |
| Then Creative Work - Amrita Yoga |                                   |             |   | <b>Bhadrapada-Puratasi</b>            |                         |                        |                                      |

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| <b>D</b>      | <b>Monday, September 17, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Balava/Taitila Karana Navamyam Titau |                                   |                         |                              | Edmonton, Canada<br>Sun 21 Sutra 155 |
|               | <b>Retreat Star</b>               |           | <b>Gulika</b><br>2:01PM – 3:36PM   | <b>Jyeshtha*</b> Until 7:36AM Tue | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 6:10AM       | Vilamba 5120                         |
|               | Dhanus Rasi: 6.49                 | Tithi 9   | Yama<br>10:53AM – 12:27PM  | Ayushman Until 11:52AM Tue        | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:44PM        | Moon 8 - Phase 21                    |
|               | <b>Family Home Evening</b>        | 589552363 | <b>Rahu</b><br>7:44AM – 9:19AM   | Balava Until 20:54AM Tue          | <b>Nataraja:</b> Purple |                              | Navami                               |
| Creative Work | Siddha Yoga                       |           | <b>Navami*</b> Until 10:59AM Mon   | Moon – Light Blue                 |                         | <b>Bhuloka Day</b>           |                                      |
|               |                                   |           |  | <b>Bhadrapada-Puratasi</b>        |                         | Devaloka Time: 9:AM to 12:PM |                                      |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

|                                       |              |  |                                    |                            |                              |                   |
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| <b>1</b> Tuesday, September 18, 2018  |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashyam Titau |                                    |                            |                              | Edmonton, Canada  |
| Dhanus Rasi: 18.44                    | Tithi 9 – 10 | <b>Gulika</b> 12:27PM – 2:00PM   | <b>Mula* Until 7:36AM</b>          | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 6:12AM       | Sun 22 Sutra 156  |
|                                       |              | <b>Yama</b> 9:19AM – 10:53AM   | <b>Saubhagya Until 12:56AM Wed</b> | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:42PM        | Vilamba 5120      |
|                                       |              | <b>Rahu</b> 3:34PM – 5:08PM  | <b>Taitila Until 8:54PM</b>        | <b>Nataraja:</b> Purple    |                              | Moon 8 - Phase 22 |
| Creative Work                         | Siddha Yoga  |  | <b>Navami* Until 7:36AM</b>        | <b>Moon – Light Blue</b>   |                              | 4th Phase         |
| Until 7:36AM                          |              |  |                                    | <b>Bhadrapada-Puratasi</b> | <b>Bhuloka Day</b>           |                   |
| Then Routine Work - Prabarishtha Yoga |              |  |                                    |                            | Devaloka Time: 9:AM to 12:PM |                   |

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| <b>2</b> Wednesday, September 19, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                       |                            |                              | Edmonton, Canada  |
| Makara Rasi: 0.32                      | Tithi 10 – 11 | <b>Gulika</b> 10:53AM – 12:26PM   | <b>Uttarashadha Until 12:48PM Thu</b> | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 6:13AM       | Sun 23 Sutra 157  |
|  |               | <b>Yama</b> 7:47AM – 9:20AM   | <b>Sobhana Until 12:56PM</b>          | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:39PM        | Vilamba 5120      |
|  |               | <b>Rahu</b> 12:26PM – 2:00PM  | <b>Vanija Until 11:32PM</b>           | <b>Nataraja:</b> Purple    |                              | Moon 8 - Phase 22 |
| Creative Work                          | Amrita Yoga   |   | <b>Vanija Until 11:32PM</b>           | <b>Moon – Light Blue</b>   |                              | 4th Phase         |
| Until 12:48PM Thu                      |               |   | <b>Dashami Until 12:56AM Wed</b>      | <b>Bhadrapada-Puratasi</b> | <b>Bhuloka Day</b>           |                   |
| Then Creative Work - Siddha Yoga       |               |   |                                       |                            | Devaloka Time: 9:AM to 12:PM |                   |

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| <b>3</b> Thursday, September 20, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau |                                     |                            |                        | Edmonton, Canada  |
| Makara Rasi: 12.2                     | Tithi 11 – 12 | <b>Gulika</b> 9:21AM – 10:53AM  | <b>Uttarashadha Until 12:48PM</b>   | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 6:15AM | Sun 24 Sutra 158  |
|                                       |               | <b>Yama</b> 6:15AM – 7:48AM   | <b>Athiganda* Until 14:51AM Fri</b> | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:37PM  | Vilamba 5120      |
|                                       |               | <b>Rahu</b> 1:59PM – 3:31PM   | <b>Bava Until 1:64AM Fri</b>        | <b>Nataraja:</b> Purple    |                        | Moon 8 - Phase 22 |
| Creative Work                         | Siddha Yoga   |   | <b>Ekadashi Until 12:56PM</b>       | <b>Moon – Purple</b>       |                        | 4th Phase         |
| Until 12:48PM Thu                     |               |   |                                     | <b>Bhadrapada-Puratasi</b> | <b>Devaloka Day</b>    |                   |
| Then Creative Work - Siddha Yoga      |               |   |                                     |                            |                        |                   |

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| <b>4</b> Friday, September 21, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau |                                    |                            |                        | Edmonton, Canada  |
| Makara Rasi: 24.11                  | Tithi 12 – 13 | <b>Gulika</b> 7:49AM – 9:21AM   | <b>Dhanishtha Until 7:01AM Sat</b> | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 6:17AM | Sun 25 Sutra 159  |
|                                     |               | <b>Yama</b> 3:30PM – 5:02PM   | <b>Sukarma Until 7:01AM Sat</b>    | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:34PM  | Vilamba 5120      |
|                                     |               | <b>Rahu</b> 10:53AM – 12:26PM   | <b>Taitila Until 16:76AM Sat</b>   | <b>Nataraja:</b> Purple    |                        | Moon 8 - Phase 22 |
| Creative Work                       | Siddha Yoga   |   | <b>Dvadashi Until 3:13PM</b>       | <b>Moon – Purple</b>       |                        | 4th Phase         |
| Until 7:01AM Sat                    |               |   |                                    | <b>Bhadrapada-Puratasi</b> | <b>Devaloka Day</b>    |                   |
| Then Creative Work - Amrita Yoga    |               |   |                                    |                            |                        |                   |

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| <b>5</b> Saturday, September 22, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau |                                     |                            |                        | Edmonton, Canada  |
| Kumbha Rasi: 6.08                     | Tithi 13 – 14 | <b>Gulika</b> 6:19AM – 7:50AM  | <b>Dhanishtha Until 7:01AM</b>      | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 6:19AM | Sun 26 Sutra 160  |
|                                       |               | <b>Yama</b> 1:57PM – 3:29PM  | <b>Dhriti Until 7:01AM</b>          | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:32PM  | Vilamba 5120      |
|                                       |               | <b>Rahu</b> 9:22AM – 10:54AM   | <b>Vanija Until 5:69AM Sun</b>      | <b>Nataraja:</b> Purple    |                        | Moon 8 - Phase 22 |
| Creative Work                         | Siddha Yoga   |  | <b>Trayodashi Until 15:28AM Sat</b> | <b>Moon – Purple</b>       |                        | 4th Phase         |
| Until 7:01AM                          |               | <b>Kadaitswami Mahasamadhi</b>   |                                     | <b>Bhadrapada-Puratasi</b> | <b>Devaloka Day</b>    |                   |
| Then Creative Work - Amrita Yoga      |               |  |                                     |                            |                        |                   |

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| <b>6</b> Sunday, September 23, 2018 |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvashrothapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                            |                        | Edmonton, Canada  |
| Kumbha Rasi: 18.17                  | Tithi 14    | <b>Gulika</b> 3:27PM – 4:58PM   | <b>Shatabhishak Until 7:55PM Mon</b> | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 6:20AM | Sun 27 Sutra 161  |
|                                     |             | <b>Yama</b> 12:25PM – 1:56PM  | <b>Shula* Until 3:42PM</b>           | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:30PM  | Vilamba 5120      |
|                                     |             | <b>Rahu</b> 4:58PM – 6:30PM   | <b>Gara Until 6:09AM</b>             | <b>Nataraja:</b> Purple    |                        | Moon 8 - Phase 22 |
| Creative Work                       | Siddha Yoga |   | <b>Chaturdashi* Until 6:51PM</b>     | <b>Moon – Purple</b>       |                        | 4th Phase         |
| Until 7:01AM                        |             | <b>Chidambaram Abhishekam</b>   |                                      | <b>Bhadrapada-Puratasi</b> | <b>Devaloka Day</b>    |                   |
| Then Creative Work - Siddha Yoga    |             |   |                                      |                            |                        |                   |

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| <b>Monday, September 24, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak/Uttarashrothapada Nakshatra Ganda*/Vridhhi Yoga Vistil*/Bava Karana Purnimayam Titau |                                  |                            |                        | Edmonton, Canada  |
| <b>Copper Retreat Star</b>        |             | <b>Gulika</b> 1:55PM – 3:26PM   | <b>Shatabhishak Until 7:55PM</b> | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 6:22AM | Sutra 162         |
| Meena Rasi: 0.37                  | Tithi 15    | <b>Yama</b> 10:54AM – 12:25PM   | <b>Ganda* Until 3:34PM</b>       | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:27PM  | Vilamba 5120      |
| <b>Family Home Evening</b>        |             | <b>Rahu</b> 7:53AM – 9:23AM   | <b>Visti Until 7:76AM Tue</b>    | <b>Nataraja:</b> Purple    |                        | Moon 8 - Phase 22 |
| Routine Work                      | Marana Yoga |   | <b>Purnima* Until 3:42PM</b>     | <b>Moon – Clear</b>        |                        | Purnima           |
| Until 7:55PM                      |             |   |                                  | <b>Bhadrapada-Puratasi</b> | <b>Devaloka Day</b>    |                   |
| Then Creative Work - Siddha Yoga  |             |   |                                  |                            |                        |                   |

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| <b>Tuesday, September 25, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashrothapada*/Revati Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau |                                       |                            |                        | Edmonton, Canada  |
| <b>Silver Retreat Star</b>         |             | <b>Gulika</b> 12:24PM – 1:54PM  | <b>Purvashrothapada* Until 8:28PM</b> | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 6:24AM | Sutra 163         |
| Meena Rasi: 13.12                  | Tithi 16    | <b>Yama</b> 9:24AM – 10:54AM  | <b>Vridhhi Until 2:62PM</b>           | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:25PM  | Vilamba 5120      |
|                                    |             | <b>Rahu</b> 3:24PM – 4:55PM   | <b>Balava Until 8:16AM</b>            | <b>Nataraja:</b> Purple    |                        | Moon 8 - Phase 22 |
| Creative Work                      | Amrita Yoga |   | <b>Prathama* Until 8:28PM</b>         | <b>Moon – Clear</b>        |                        | Prathama          |
| Until 8:28PM                       |             |   |                                       | <b>Bhadrapada-Puratasi</b> | <b>Devaloka Day</b>    |                   |
| Then Creative Work - Siddha Yoga   |             |   |                                       |                            |                        |                   |



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Visti\* Karana Dvitiyayam Titau

Edmonton, Canada  
Sun 1 Sutra 164

Meena Rasi: 26 Tihi 17

Gulika 10:54AM - 12:24PM

Uttaraproshtapada Until 8:33PM

Ganesh: Purple Sunrise: 6:26AM

Vilamba 5120

Yama 7:55AM - 9:25AM

Dhruva Until 1:14PM

Muruga: Purple Sunset: 6:22PM

Moon 9 - Phase 23

511552363 Rahu 12:24PM - 1:53PM

Taitila Until 8:35AM

Nataraja: Purple

1st Phase

Routine Work Marana Yoga

Dvitiya Until 8:33PM

Moon - Clear  
Bhadrapada-Puratasi

Devaloka Day

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Balava Karana Tritiyayam Titau

Edmonton, Canada  
Sun 2 Sutra 165

Mesha Rasi: 9.01 Tihi 18

Gulika 9:25AM - 10:55AM

Revati Until 8:14PM

Ganesh: Purple Sunrise: 6:29AM

Vilamba 5120

Yama 6:27AM - 7:56AM

Vyaghata\* Until 1:50PM

Muruga: Purple Sunset: 6:20PM

Moon 9 - Phase 23

621552363 Rahu 1:53PM - 3:22PM

Vanija Until 7:57AM Fri

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Tritiya Until 12:51AM Thu

Moon - White  
Bhadrapada-Puratasi

Devaloka Day

Until 8:14PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Kaulava Karana Chaturthyayam Titau

Edmonton, Canada  
Sun 3 Sutra 166

Mesha Rasi: 22.15 Tihi 19

Gulika 7:58AM - 9:26AM

Ashvini Until 7:33PM

Ganesh: Clear Sunrise: 6:29AM

Vilamba 5120

Yama 3:20PM - 4:49PM

Harshana Until 9:29AM Sat

Muruga: Purple Sunset: 6:17PM

Moon 9 - Phase 23

622552363 Rahu 10:55AM - 12:23PM

Bava Until 6:66AM Sat

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 11:19AM Fri

Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Vanija Karana Panchamyam Titau

Edmonton, Canada  
Sun 4 Sutra 167

Vrisabha Rasi: 5.4 Tihi 20

Gulika 6:31AM - 7:59AM

Krittika Until 5:15PM Sun

Ganesh: Clear Sunrise: 6:31AM

Vilamba 5120

Yama 1:51PM - 3:19PM

Vajra\* Until 1:32PM

Muruga: Purple Sunset: 6:15PM

Moon 9 - Phase 23

622552363 Rahu 9:27AM - 10:55AM

Kaulava Until 5:57AM Sun

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Panchami Until 9:29AM Sat

Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Edmonton, Canada  
Sun 5 Sutra 168

Vrisabha Rasi: 19.14 Tihi 21 - 22

Gulika 3:18PM - 4:46PM

Krittika Until 5:15PM

Ganesh: Purple Sunrise: 6:33AM

Vilamba 5120

Yama 12:23PM - 1:50PM

Siddhi Until 4:69AM Mon

Muruga: Purple Sunset: 6:12PM

Moon 9 - Phase 23

632552363 Rahu 4:45PM - 6:12PM

Visti Until 4:31AM Mon

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 5:15PM

Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Ardra Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Edmonton, Canada  
Sun 6 Sutra 169

Mithuna Rasi: 2.59 Tihi 22 - 23

Gulika 1:49PM - 3:16PM

Rohini Until 3:40PM

Ganesh: Purple Sunrise: 6:34AM

Vilamba 5120

Family Home Evening

632552363 Rahu 8:01AM - 9:28AM

Variyan Until 2:38AM Tue

Muruga: Purple Sunset: 6:10PM

Moon 9 - Phase 23

Creative Work Amrita Yoga

Balava Until 2:48AM Tue

Nataraja: Purple

1st Phase

Until 3:40PM

Saptami Until 3:40PM

Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Edmonton, Canada  
Sun 7 Sutra 170

Mithuna Rasi: 16.55 Tihi 23 - 24

Gulika 12:22PM - 1:48PM

Ardra Until 11:07AM

Ganesh: Purple Sunrise: 6:36AM

Vilamba 5120

Yama 9:29AM - 10:55AM

Parigha\* Until 11:54PM

Muruga: Purple Sunset: 6:08PM

Moon 9 - Phase 23

632552363 Rahu 3:15PM - 4:41PM

Taitila Until 12:49AM Wed

Nataraja: Purple

Ashtami

Routine Work Marana Yoga

Ashtami\* Until 1:49PM

Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Until 11:07AM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Edmonton, Canada  
Sun 8 Sutra 171

Kataka Rasi: 1.01 Tihi 24 - 25

Gulika 10:56AM - 12:22PM

Punarvasu Until 9:54AM

Ganesh: Clear Sunrise: 6:38AM

Vilamba 5120

Yama 8:04AM - 9:30AM

Shiva Until 8:58PM

Muruga: Purple Sunset: 6:05PM

Moon 9 - Phase 23

642552363 Rahu 12:22PM - 1:48PM

Vanija Until 10:35PM

Nataraja: Purple

Navami

Creative Work Siddha Yoga

Navami\* Until 11:42AM

Moon - Blue  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

|                                  |               |                                  |                         |   |                            |   |                             |
|----------------------------------|---------------|----------------------------------|-------------------------|---|----------------------------|---|-----------------------------|
| <b>1</b>                         |               | <b>Thursday, October 4, 2018</b> |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                            | Edmonton, Canada<br>Sun 9 Sutra 172<br>Vilamba 5120 |                             |
| Kataka Rasi: 15.16               | Tithi 25 – 26 | <b>Gulika</b>                    | <b>9:31AM – 10:56AM</b> | <b>Pushya Until 8:19AM</b>  | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 6:40AM                              |                             |
|                                  |               | Yama                             | 6:40AM – 8:05AM         | Siddha Until 5:50PM   | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:03PM                               | Moon 9 - Phase 24           |
|                                  |               | 642552363 <b>Rahu</b>            | <b>1:47PM – 3:12PM</b>  | Bava Until 8:08PM   | <b>Nataraja:</b> Purple    |   | 2nd Phase                   |
| Creative Work                    | Amrita Yoga   |                                  |                         | <b>Dashami Until 9:21AM</b>   | Moon – Blue                |   | <b>Bhuloka Day</b>          |
| Until 8:19AM                     |               |                                  |                         |   | <b>Bhadrapada-Puratasi</b> |   | Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Siddha Yoga |               |                                  |                         |   |                            |   |                             |

|                   |               |                                |                          |   |                            |  |                             |
|-------------------|---------------|--------------------------------|--------------------------|---|----------------------------|--|-----------------------------|
| <b>2</b>          |               | <b>Friday, October 5, 2018</b> |                          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau |                            | Edmonton, Canada<br>Sun 10 Sutra 173<br>Vilamba 5120 |                             |
| Kataka Rasi: 29.4 | Tithi 26 – 27 | <b>Gulika</b>                  | <b>8:06AM – 9:31AM</b>   | <b>Ashlesha* Until 6:24AM</b>   | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 6:42AM                               |                             |
|                   |               | Yama                           | 3:11PM – 4:36PM          | Sadhya Until 2:36PM   | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:00PM                                | Moon 9 - Phase 24           |
|                   |               | 642552363 <b>Rahu</b>          | <b>10:56AM – 12:21PM</b> | Taitila Until 4:11AM Sat  | <b>Nataraja:</b> Purple    |  | 2nd Phase                   |
| Routine Work      | Marana Yoga   |                                |                          | <b>Ekadashi* Until 6:49AM</b>   | Moon – Blue                |  | <b>Bhuloka Day</b>          |
|                   |               |                                |                          |   | <b>Bhadrapada-Puratasi</b> |  | Devaloka Time: 6:AM to 9:AM |

|                                  |             |                                  |                         |   |                            |  |                    |
|----------------------------------|-------------|----------------------------------|-------------------------|---|----------------------------|--|--------------------|
| <b>3</b>                         |             | <b>Saturday, October 6, 2018</b> |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Trayodashyam Titau |                            | Edmonton, Canada<br>Sun 11 Sutra 174<br>Vilamba 5120 |                    |
| Simha Rasi: 14.08                | Tithi 28    | <b>Gulika</b>                    | <b>6:43AM – 8:08AM</b>  | <b>Purvaphalguni Until 2:47AM Sun</b>   | <b>Ganesh:</b> White       | <i>Sunrise:</i> 6:43AM                               |                    |
|                                  |             | Yama                             | 1:45PM – 3:09PM         | Subha Until 2:47AM Sun  | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:58PM                                | Moon 9 - Phase 24  |
|                                  |             | 652552363 <b>Rahu</b>            | <b>9:32AM – 10:56AM</b> | Gara Until 2:53PM   | <b>Nataraja:</b> Purple    |  | 2nd Phase          |
| Creative Work                    | Siddha Yoga |                                  |                         | <b>Trayodashi* Until 1:33AM Sun</b>   | Moon – Red                 |  | <b>Bhuloka Day</b> |
| Until 2:47AM Sun                 |             |                                  |                         |   | <b>Bhadrapada-Puratasi</b> |  |                    |
| Then Creative Work - Amrita Yoga |             |                                  |                         | <i>Pradosha Vrata (Fasting)</i>   |                            |  |                    |

|                                  |             |                                |                        |  |                            |  |                             |
|----------------------------------|-------------|--------------------------------|------------------------|--|----------------------------|--|-----------------------------|
| <b>4</b>                         |             | <b>Sunday, October 7, 2018</b> |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Catuspada* Karana Chaturdashyam Titau |                            | Edmonton, Canada<br>Sun 12 Sutra 175<br>Vilamba 5120 |                             |
| Simha Rasi: 28.35                | Tithi 29    | <b>Gulika</b>                  | <b>3:08PM – 4:32PM</b> | <b>Uttaraphalguni Until 12:53AM Mon</b>  | <b>Ganesh:</b> White       | <i>Sunrise:</i> 6:45AM                               |                             |
|                                  |             | Yama                           | 12:20PM – 1:44PM       | Sukla Until 12:53AM Mon  | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:56PM                                | Moon 9 - Phase 24           |
|                                  |             | 652552364 <b>Rahu</b>          | <b>4:32PM – 5:56PM</b> | Visti Until 9:52AM Mon   | <b>Nataraja:</b> Clear     |  | 2nd Phase                   |
| Creative Work                    | Amrita Yoga |                                |                        | <b>Chaturdashi* Until 8:01AM Sun</b>   | Moon – Red                 |  | <b>Bhuloka Day</b>          |
| Until 12:53AM Mon                |             |                                |                        |  | <b>Bhadrapada-Puratasi</b> |  | Devaloka Time: 6:PM to 9:PM |
| Then Creative Work - Siddha Yoga |             |                                |                        |  |                            |  |                             |

|   |             |                                       |                        |  |                            |  |                     |
|---|-------------|---------------------------------------|------------------------|--|----------------------------|--|---------------------|
|  |             | <b>Monday, October 8, 2018</b>        |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                            | Edmonton, Canada<br>Sun 13 Sutra 176<br>Vilamba 5120 |                     |
| <b>Retreat Star</b>   |             | <b>Gulika</b>                         | <b>1:43PM – 3:07PM</b> | <b>Hasta Until 11:32PM</b>   | <b>Ganesh:</b> Red         | <i>Sunrise:</i> 6:47AM                               |                     |
| Kanya Rasi: 12.57   | Tithi 30    | Yama                                  | 10:57AM – 12:20PM      | Indra Until 1:59AM Tue   | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:53PM                                | Moon 9 - Phase 24   |
| <b>Family Home Evening</b>  |             | 662652364 <b>Rahu</b>                 | <b>8:10AM – 9:34AM</b> | Catuspada Until 9:52AM   | <b>Nataraja:</b> Clear     |  | Amavasya            |
| Creative Work   | Siddha Yoga |                                       |                        | <b>Amavasya* Until 8:46PM</b>  | Moon – Green               |  | <b>Devaloka Day</b> |
| Until 11:32PM   |             |                                       |                        |  | <b>Bhadrapada-Puratasi</b> |  |                     |
| Then Routine Work - Prabalarishta Yoga  |             | <b>Mahalaya Amavasai (Tamil Nadu)</b> |                        |  |                            |  |                     |

|                                 |             |                         |                         |  |                         |  |                     |
|---------------------------------|-------------|-------------------------|-------------------------|--|-------------------------|--|---------------------|
| <b>Tuesday, October 9, 2018</b> |             | <b>Retreat Star</b>     |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau |                         | Edmonton, Canada<br>Sun 14 Sutra 177<br>Vilamba 5120 |                     |
| Kanya Rasi: 27.06               | Tithi 1     | <b>Gulika</b>           | <b>12:20PM – 1:43PM</b> | <b>Chitra Until 5:36PM Wed</b>   | <b>Ganesh:</b> Red      | <i>Sunrise:</i> 6:49AM                               |                     |
|                                 |             | Yama                    | 9:34AM – 10:57AM        | Vaidhriti* Until 11:25PM   | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:51PM                                | Moon 9 - Phase 24   |
|                                 |             | 662652364 <b>Rahu</b>   | <b>3:05PM – 4:28PM</b>  | Kintughna Until 5:72AM Wed   | <b>Nataraja:</b> Clear  |  | Prathama            |
| Creative Work                   | Siddha Yoga |                         |                         | <b>Prathama* Until 1:59AM Tue</b>  | Moon – Green            |  | <b>Devaloka Day</b> |
|                                 |             |                         |                         |  | <b>Ashvina-Puratasi</b> |  |                     |
|                                 |             | <b>Navaratri Begins</b> |                         |  |                         |  |                     |

|          |                                    |             |   |                            |                        |                        |                   |
|----------|------------------------------------|-------------|---|----------------------------|------------------------|------------------------|-------------------|
| <b>1</b> | <b>Wednesday, October 10, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Vishkambha* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau |                            |                        |                        | Edmonton, Canada  |
|          | Tula Rasi: 10.58                   | Tithi 2 – 3 | <b>Gulika</b> 10:57AM – 12:20PM   | <b>Chitra</b> Until 5:36PM | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 6:51AM | Sun 15 Sutra 178  |
|          |                                    |             | Yama 8:13AM – 9:35AM  | Vishkambha* Until 9:49PM   | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:49PM  | Vilamba 5120      |
|          | Creative Work                      | Siddha Yoga | 662652364 <b>Rahu</b> 12:20PM – 1:42PM  | Balava Until 6:12AM        | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 25 |
|          |                                    |             | Dvitiya Until 5:36PM  | Moon – Green               |                        | 3rd Phase              |                   |
|          |                                    |             |   | <b>Ashvina•Puratasi</b>    |                        | <b>Devaloka Day</b>    |                   |

|          |                                   |             |   |                               |                        |                             |                   |
|----------|-----------------------------------|-------------|---|-------------------------------|------------------------|-----------------------------|-------------------|
| <b>2</b> | <b>Thursday, October 11, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Prili Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                               |                        |                             | Edmonton, Canada  |
|          | Tula Rasi: 24.28                  | Tithi 3 – 4 | <b>Gulika</b> 9:36AM – 10:58AM  | <b>Vishakha</b> Until 10:08PM | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:52AM      | Sun 16 Sutra 179  |
|          |                                   |             | Yama 6:52AM – 8:14AM  | Priti Until 7:47PM            | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:46PM       | Vilamba 5120      |
|          | Creative Work                     | Siddha Yoga | 673652364 <b>Rahu</b> 1:41PM – 3:03PM   | Vanija Until 4:56AM Fri       | <b>Nataraja:</b> Clear |                             | Moon 9 - Phase 25 |
|          |                                   |             | Tritiya Until 4:57PM  | Moon – Orange                 |                        | 3rd Phase                   |                   |
|          |                                   |             |   | <b>Ashvina•Puratasi</b>       |                        | <b>Bhuloka Day</b>          |                   |
|          |                                   |             |   |                               |                        | Devaloka Time: 6:PM to 9:PM |                   |

|          |                                 |             |   |                               |                        |                             |                   |
|----------|---------------------------------|-------------|---|-------------------------------|------------------------|-----------------------------|-------------------|
| <b>3</b> | <b>Friday, October 12, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                               |                        |                             | Edmonton, Canada  |
|          | Vrischika Rasi: 7.35            | Tithi 4 – 5 | <b>Gulika</b> 8:15AM – 9:37AM   | <b>Anuradha</b> Until 11:03PM | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:54AM      | Sun 17 Sutra 180  |
|          |                                 |             | Yama 3:02PM – 4:23PM  | Ayushman Until 6:49PM         | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:44PM       | Vilamba 5120      |
|          | Creative Work                   | Siddha Yoga | 673652364 <b>Rahu</b> 10:58AM – 12:19PM   | Bava Until 5:27AM Sat         | <b>Nataraja:</b> Clear |                             | Moon 9 - Phase 25 |
|          |                                 |             | Chaturthi* Until 5:04PM   | Moon – Orange                 |                        | 3rd Phase                   |                   |
|          |                                 |             |   | <b>Ashvina•Puratasi</b>       |                        | <b>Bhuloka Day</b>          |                   |
|          |                                 |             |   |                               |                        | Devaloka Time: 6:PM to 9:PM |                   |

|          |                                   |             |   |                                    |                        |                             |                   |
|----------|-----------------------------------|-------------|---|------------------------------------|------------------------|-----------------------------|-------------------|
| <b>4</b> | <b>Saturday, October 13, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                    |                        |                             | Edmonton, Canada  |
|          | Vrischika Rasi: 20.18             | Tithi 5 – 6 | <b>Gulika</b> 6:56AM – 8:17AM   | <b>Jyeshtha*</b> Until 12:33AM Sun | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:56AM      | Sun 18 Sutra 181  |
|          |                                   |             | Yama 1:40PM – 3:00PM  | Saubhagya Until 6:28PM             | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:42PM       | Vilamba 5120      |
|          | Creative Work                     | Siddha Yoga | 673652364 <b>Rahu</b> 9:37AM – 10:58AM  | Kaulava Until 6:43AM Sun           | <b>Nataraja:</b> Clear |                             | Moon 9 - Phase 25 |
|          |                                   |             | Panchami Until 5:58PM   | Moon – Orange                      |                        | 3rd Phase                   |                   |
|          |                                   |             |   | <b>Ashvina•Puratasi</b>            |                        | <b>Bhuloka Day</b>          |                   |
|          |                                   |             |   |                                    |                        | Devaloka Time: 6:PM to 9:PM |                   |

|          |                                 |             |   |                               |                        |                        |                   |
|----------|---------------------------------|-------------|---|-------------------------------|------------------------|------------------------|-------------------|
| <b>5</b> | <b>Sunday, October 14, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau |                               |                        |                        | Edmonton, Canada  |
|          | Dhanus Rasi: 2.41               | Tithi 6     | <b>Gulika</b> 2:59PM – 4:19PM   | <b>Mula*</b> Until 9:49PM Mon | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:58AM | Sun 19 Sutra 182  |
|          |                                 |             | Yama 12:19PM – 1:39PM   | Sobhana Until 6:41PM          | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:39PM  | Vilamba 5120      |
|          | Creative Work                   | Amrita Yoga | 683652364 <b>Rahu</b> 4:19PM – 5:39PM   | Kaulava Until 6:43AM          | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 25 |
|          |                                 |             | Shashthi* Until 7:36PM  | Moon – Light Blue             |                        | 3rd Phase              |                   |
|          |                                 |             |   | <b>Ashvina•Puratasi</b>       |                        | <b>Devaloka Day</b>    |                   |
|          |                                 |             |   |                               |                        |                        |                   |

|          |                                 |             |   |                              |                        |                        |                   |
|----------|---------------------------------|-------------|---|------------------------------|------------------------|------------------------|-------------------|
| <b>6</b> | <b>Monday, October 15, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau |                              |                        |                        | Edmonton, Canada  |
|          | Dhanus Rasi: 14.47              | Tithi 7     | <b>Gulika</b> 1:38PM – 2:58PM   | <b>Mula*</b> Until 9:49PM    | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:00AM | Sun 20 Sutra 183  |
|          | Family Home Evening             |             | Yama 10:59AM – 12:18PM  | Athiganda* Until 19:75AM Tue | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:37PM  | Vilamba 5120      |
|          | Routine Work                    | Marana Yoga | 683652364 <b>Rahu</b> 8:19AM – 9:39AM   | Gara Until 8:40AM            | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 25 |
|          |                                 |             | Saptami Until 9:49PM  | Moon – Light Blue            |                        | 3rd Phase              |                   |
|          |                                 |             |   | <b>Ashvina•Puratasi</b>      |                        | <b>Devaloka Day</b>    |                   |
|          |                                 |             |   |                              |                        |                        |                   |

|          |                                  |         |   |                                      |                        |                        |                   |
|----------|----------------------------------|---------|---|--------------------------------------|------------------------|------------------------|-------------------|
| <b>D</b> | <b>Tuesday, October 16, 2018</b> |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau |                                      |                        |                        | Edmonton, Canada  |
|          | <b>Retreat Star</b>              |         | <b>Gulika</b> 12:18PM – 1:37PM  | <b>Uttarashadha</b> Until 8:49AM Wed | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:01AM | Sun 21 Sutra 184  |
|          | Dhanus Rasi: 26.43               | Tithi 8 | Yama 9:40AM – 10:59AM   | Sukarma Until 8:15PM                 | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:35PM  | Vilamba 5120      |
|          |                                  |         | 683652364 <b>Rahu</b> 2:57PM – 4:16PM   | Visti Until 11:05AM                  | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 25 |
|          |                                  |         | Ashtami* Until 12:23AM Wed  | Moon – Light Blue                    |                        | Ashtami                |                   |
|          |                                  |         |   | <b>Ashvina•Puratasi</b>              |                        | <b>Devaloka Day</b>    |                   |
|          |                                  |         |   |                                      |                        |                        |                   |

|          |                                    |         |  |                                  |                        |                        |                   |
|----------|------------------------------------|---------|--|----------------------------------|------------------------|------------------------|-------------------|
| <b>D</b> | <b>Wednesday, October 17, 2018</b> |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |                                  |                        |                        | Edmonton, Canada  |
|          | <b>Retreat Star</b>                |         | <b>Gulika</b> 10:59AM – 12:18PM  | <b>Uttarashadha</b> Until 8:49AM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:03AM | Sun 22 Sutra 185  |
|          | Makara Rasi: 8.31                  | Tithi 9 | Yama 8:22AM – 9:41AM   | Dhriti Until 8:49AM              | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:33PM  | Vilamba 5120      |
|          |                                    |         | 683652364 <b>Rahu</b> 12:18PM – 1:37PM   | Balava Until 16:20AM Thu         | <b>Nataraja:</b> Clear |                        | Moon 9 - Phase 25 |
|          |                                    |         | Navami* Until 8:15PM   | Moon – Light Blue                |                        | Navami                 |                   |
|          |                                    |         |  | <b>Ashvina•Aipasi</b>            |                        | <b>Devaloka Day</b>    |                   |
|          |                                    |         |  |                                  |                        |                        |                   |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

|                                     |             |   |                                 |   |                       |  |
|-------------------------------------|-------------|---|---------------------------------|---|-----------------------|--|
| <b>1 Thursday, October 18, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shula* Yoga Taitila Karana Dashamyam Titau |                                 |   |                       | Edmonton, Canada<br>Sun 23 Sutra 186<br>Vilamba 5120 |
| Makara Rasi: 20.19                  | Tithi 10    | <b>Gulika</b> 9:41AM – 11:00AM  | <b>Shravana Until 12:05PM</b>   | <b>Ganesha:</b> Purple <i>Sunrise: 7:05AM</i> | <i>Sunset: 5:30PM</i> | Moon 9 - Phase 26<br>4th Phase                       |
|                                     |             | Yama 7:05AM – 8:23AM  | Shula* Until 10:12PM            | <b>Muruga:</b> Purple                         |                       |  |
|                                     |             | 693652364 <b>Rahu</b> 1:36PM – 2:54PM   | Taitila Until 4:20PM            | <b>Nataraja:</b> Clear                        |                       |  |
| Creative Work                       | Siddha Yoga |   | <b>Dashami Until 5:30AM Fri</b> | Moon – Purple                                 |                       | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM    |
|                                     |             | <b>Vijaya Dasami</b>  |                                 | <b>Ashvina-Aipasi</b>                         |                       |  |

|                                   |             |   |                                  |   |                       |  |
|-----------------------------------|-------------|---|----------------------------------|---|-----------------------|--|
| <b>2 Friday, October 19, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau |                                  |   |                       | Edmonton, Canada<br>Sun 24 Sutra 187<br>Vilamba 5120 |
| Kumbha Rasi: 2.12                 | Tithi 11    | <b>Gulika</b> 8:25AM – 9:42AM   | <b>Dhanishtha Until 2:55PM</b>   | <b>Ganesha:</b> Purple <i>Sunrise: 7:07AM</i> | <i>Sunset: 5:28PM</i> | Moon 9 - Phase 26<br>4th Phase                       |
|                                   |             | Yama 2:53PM – 4:11PM  | Ganda* Until 2:55PM              | <b>Muruga:</b> Purple                         |                       |  |
|                                   |             | 693652364 <b>Rahu</b> 11:00AM – 12:18PM   | Vanija Until 6:37PM              | <b>Nataraja:</b> Clear                        |                       |  |
| Creative Work                     | Siddha Yoga |   | <b>Ekadashi Until 7:34AM Sat</b> | Moon – Purple                                 |                       | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM    |
|                                   |             |   |                                  | <b>Ashvina-Aipasi</b>                         |                       |  |

|                                     |               |  |                                  |   |                       |  |
|-------------------------------------|---------------|--|----------------------------------|---|-----------------------|--|
| <b>3 Saturday, October 20, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                  |   |                       | Edmonton, Canada<br>Sun 25 Sutra 188<br>Vilamba 5120 |
| Kumbha Rasi: 14.14                  | Tithi 11 – 12 | <b>Gulika</b> 7:09AM – 8:26AM  | <b>Shatabhishak Until 5:09PM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 7:09AM</i> | <i>Sunset: 5:26PM</i> | Moon 9 - Phase 26<br>4th Phase                       |
|                                     |               | Yama 1:35PM – 2:52PM   | Vriddhi Until 11:09PM            | <b>Muruga:</b> Purple                         |                       |  |
|                                     |               | 693652364 <b>Rahu</b> 9:43AM – 11:00AM   | Bava Until 8:25PM                | <b>Nataraja:</b> Clear                        |                       |  |
| Creative Work                       | Amrita Yoga   |  | <b>Ekadashi Until 7:34AM</b>     | Moon – Purple                                 |                       | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM    |
| Until 5:09PM                        |               |  |                                  | <b>Ashvina-Aipasi</b>                         |                       |  |
| Then Routine Work - Marana Yoga     |               |  |                                  |   |                       |  |

|                                   |               |   |                                       |  |                       |  |
|-----------------------------------|---------------|---|---------------------------------------|--|-----------------------|--|
| <b>4 Sunday, October 21, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                       |  |                       | Edmonton, Canada<br>Sun 26 Sutra 189<br>Vilamba 5120 |
| Kumbha Rasi: 26.3                 | Tithi 12 – 13 | <b>Gulika</b> 2:51PM – 4:07PM   | <b>Purvaproshtapada* Until 7:07PM</b> | <b>Ganesha:</b> White <i>Sunrise: 7:11AM</i> | <i>Sunset: 5:24PM</i> | Moon 9 - Phase 26<br>4th Phase                       |
|                                   |               | Yama 12:17PM – 1:34PM   | Dhruva Until 10:56PM                  | <b>Muruga:</b> Purple                        |                       |  |
|                                   |               | 613652364 <b>Rahu</b> 4:07PM – 5:24PM   | Kaulava Until 9:36PM                  | <b>Nataraja:</b> Clear                       |                       |  |
| Creative Work                     | Siddha Yoga   |   | <b>Dvadashi Until 11:09PM</b>         | Moon – Clear                                 |                       | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM    |
| Until 7:07PM                      |               |   |                                       | <b>Ashvina-Aipasi</b>                        |                       |  |
| Then Creative Work - Amrita Yoga  |               |   |                                       |  |                       |  |

|                                   |               |  |                                       |  |                       |  |
|-----------------------------------|---------------|--|---------------------------------------|--|-----------------------|--|
| <b>5 Monday, October 22, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyaghata* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau |                                       |  |                       | Edmonton, Canada<br>Sun 27 Sutra 190<br>Vilamba 5120 |
| Meena Rasi: 9.02                  | Tithi 13 – 14 | <b>Gulika</b> 1:33PM – 2:49PM  | <b>Uttaraproshtapada Until 8:19PM</b> | <b>Ganesha:</b> White <i>Sunrise: 7:13AM</i> | <i>Sunset: 5:22PM</i> | Moon 9 - Phase 26<br>4th Phase                       |
| <b>Family Home Evening</b>        |               | Yama 11:01AM – 12:17PM   | Vyaghata* Until 8:19PM                | <b>Muruga:</b> Purple                        |                       |  |
|                                   |               | 613652364 <b>Rahu</b> 8:29AM – 9:45AM  | Vanija Until 9:69AM Tue               | <b>Nataraja:</b> Clear                       |                       |  |
| Creative Work                     | Siddha Yoga   |  | <b>Trayodashi Until 9:56AM</b>        | Moon – Clear                                 |                       | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM    |
|                                   |               |  |                                       | <b>Ashvina-Aipasi</b>                        |                       |  |

|                                    |               |  |                                   |  |                       |   |
|------------------------------------|---------------|--|-----------------------------------|--|-----------------------|---|
| <b>○ Tuesday, October 23, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                   |  |                       | Edmonton, Canada<br>Sutra 191<br>Vilamba 5120     |
| <b>Copper Retreat Star</b>         |               | <b>Gulika</b> 12:17PM – 1:33PM   | <b>Revati Until 8:44PM</b>        | <b>Ganesha:</b> White <i>Sunrise: 7:15AM</i> | <i>Sunset: 5:19PM</i> | Moon 9 - Phase 26<br>Purnima                      |
| Meena Rasi: 21.52                  | Tithi 14 – 15 | Yama 9:46AM – 11:01AM  | Harshana Until 9:03PM             | <b>Muruga:</b> Purple                        |                       |   |
|                                    |               | 613652364 <b>Rahu</b> 2:48PM – 4:04PM  | Visti Until 10:04PM               | <b>Nataraja:</b> Clear                       |                       |   |
| Creative Work                      | Siddha Yoga   |  | <b>Chaturdashi* Until 10:09AM</b> | Moon – Clear                                 |                       | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |
|                                    |               |  |                                   | <b>Ashvina-Aipasi</b>                        |                       |   |

|                                    |               |  |                              |  |                       |   |
|------------------------------------|---------------|--|------------------------------|--|-----------------------|---|
| <b>Wednesday, October 24, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                              |  |                       | Edmonton, Canada<br>Sutra 192<br>Vilamba 5120 |
| <b>Silver Retreat Star</b>         |               | <b>Gulika</b> 11:02AM – 12:17PM  | <b>Ashvini Until 8:56PM</b>  | <b>Ganesha:</b> Clear <i>Sunrise: 7:16AM</i> | <i>Sunset: 5:17PM</i> | Moon 9 - Phase 26<br>Prathama                 |
| Mesha Rasi: 5                      | Tithi 15 – 16 | Yama 8:31AM – 9:47AM   | Vajra* Until 7:25PM          | <b>Muruga:</b> Purple                        |                       |   |
|                                    |               | 623652364 <b>Rahu</b> 12:17PM – 1:32PM   | Balava Until 9:26PM          | <b>Nataraja:</b> Clear                       |                       |   |
| Routine Work                       | Marana Yoga   |  | <b>Purnima* Until 9:47AM</b> | Moon – White                                 |                       | <b>Devaloka Day</b>                           |
| Until 8:56PM                       |               |  |                              | <b>Ashvina-Aipasi</b>                        |                       |   |
| Then Creative Work - Siddha Yoga   |               |  |                              |  |                       |   |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam

Edmonton, Canada

Bharani Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sutra 193

Mesha Rasi: 18.25    Tihi 16 – 17

**Gulika** 9:47AM – 11:02AM

**Bharani** Until 8:32PM

**Ganesha:** Clear    *Sunrise:* 7:18AM

Vilamba 5120

Yama 7:18AM – 8:33AM

Siddhi Until 5:27PM

**Muruga:** Purple    *Sunset:* 5:15PM

Moon 10 - Phase 27

623652364 **Rahu** 1:31PM – 2:46PM

Taitila Until 8:21PM

**Nataraja:** Clear

1st Phase

Creative Work    Siddha Yoga

**Prathama\* Until 8:56AM**

Moon – White  
**Ashvina-Aipasi**

**Devaloka Day**

Until 8:32PM

Then Routine Work - Marana Yoga

Friday, October 26, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam

Edmonton, Canada

Krittika Nakshatra Vyatipata\*/Vriyan Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Sun 1    Sutra 194

Vrishabha Rasi: 2.04    Tihi 17 – 18

**Gulika** 8:34AM – 9:48AM

**Krittika** Until 7:40PM

**Ganesha:** White    *Sunrise:* 7:20AM

Vilamba 5120

Yama 2:45PM – 3:59PM

Vyatipata\* Until 3:11PM

**Muruga:** Purple    *Sunset:* 5:13PM

Moon 10 - Phase 27

624652364 **Rahu** 11:02AM – 12:17PM

Vanija Until 6:56PM

**Nataraja:** Clear

1st Phase

Creative Work    Siddha Yoga

**Dvitiya Until 7:40AM**

Moon – White  
**Ashvina-Aipasi**

**Sivaloka Day**

Until 7:40PM

Then Routine Work - Marana Yoga

Saturday, October 27, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam

Edmonton, Canada

Rohini Nakshatra Vriyan/Parigha\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Sun 2    Sutra 195

Vrishabha Rasi: 15.52    Tihi 18 – 19

**Gulika** 7:22AM – 8:36AM

**Rohini** Until 6:50PM

**Ganesha:** Clear    *Sunrise:* 7:22AM

Vilamba 5120

Yama 1:30PM – 2:44PM

Vriyan Until 12:42PM

**Muruga:** Purple    *Sunset:* 5:11PM

Moon 10 - Phase 27

634652364 **Rahu** 9:49AM – 11:03AM

Balava Until 4:23AM Sun

**Nataraja:** Clear

1st Phase

Creative Work    Amrita Yoga

**Tritiya Until 6:07AM**

Moon – Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Until 6:50PM

Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam

Edmonton, Canada

Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 3    Sutra 196

Vrishabha Rasi: 29.49    Tihi 20

**Gulika** 2:43PM – 3:56PM

**Mrigashira** Until 5:44PM

**Ganesha:** Clear    *Sunrise:* 7:24AM

Vilamba 5120

Yama 12:16PM – 1:30PM

Parigha\* Until 10:06AM

**Muruga:** Purple    *Sunset:* 5:09PM

Moon 10 - Phase 27

634652364 **Rahu** 3:56PM – 5:09PM

Kaulava Until 3:29PM

**Nataraja:** Clear

1st Phase

Creative Work    Siddha Yoga

**Panchami Until 2:31AM Mon**

Moon – Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Monday, October 29, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam

Edmonton, Canada

Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4    Sutra 197

Mithuna Rasi: 13.5    Tihi 21

**Gulika** 1:29PM – 2:42PM

**Ardra** Until 10:38PM Tue

**Ganesha:** Clear    *Sunrise:* 7:26AM

Vilamba 5120

Family Home Evening    634652364

Yama 11:04AM – 12:16PM

Shiva Until 7:25AM

**Muruga:** Purple    *Sunset:* 5:07PM

Moon 10 - Phase 27

Creative Work    Siddha Yoga

**Rahu** 8:38AM – 9:51AM

Gara Until 1:35PM

**Nataraja:** Clear

1st Phase

Until 10:38PM Tue

**Shashthi\* Until 12:36AM Tue**

Moon – Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Then Creative Work - Amrita Yoga

Tuesday, October 30, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam

Edmonton, Canada

Ardra/Pushya Nakshatra Sadhya Yoga Visti\* Karana Saptamyam Titau

Sun 5    Sutra 198

Mithuna Rasi: 27.53    Tihi 22

**Gulika** 12:16PM – 1:28PM

**Ardra** Until 10:38PM

**Ganesha:** Purple    *Sunrise:* 7:28AM

Vilamba 5120

Yama 9:52AM – 11:04AM

Sadhya Until 1:55AM Wed

**Muruga:** Clear    *Sunset:* 5:05PM

Moon 10 - Phase 27

644662364 **Rahu** 2:41PM – 3:53PM

Visti Until 11:38AM

**Nataraja:** Clear

1st Phase

Creative Work    Siddha Yoga

**Saptami Until 10:38PM**

Moon – Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam

Edmonton, Canada

Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6    Sutra 199

Kataka Rasi: 11.57    Tihi 23

**Gulika** 11:05AM – 12:16PM

**Pushya** Until 2:01PM

**Ganesha:** Purple    *Sunrise:* 7:30AM

Vilamba 5120

Creative Work    Siddha Yoga

Yama 8:41AM – 9:53AM

Subha Until 11:09PM

**Muruga:** Clear    *Sunset:* 5:03PM

Moon 10 - Phase 27

644662364 **Rahu** 12:16PM – 1:28PM

Balava Until 9:40AM

**Nataraja:** Clear

Ashtami

**Ashtami\* Until 8:39PM**

Moon – Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam

Edmonton, Canada

Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Sun 7    Sutra 200

Kataka Rasi: 26.02    Tihi 24

**Gulika** 9:54AM – 11:05AM

**Ashlesha\*** Until 12:36PM

**Ganesha:** Purple    *Sunrise:* 7:32AM

Vilamba 5120

Creative Work    Siddha Yoga

Yama 7:32AM – 8:43AM

Sukla Until 8:21PM

**Muruga:** Clear    *Sunset:* 5:01PM

Moon 10 - Phase 27

644662364 **Rahu** 1:27PM – 2:39PM

Taitila Until 5:42AM Fri

**Nataraja:** Clear

Navami

**Navami\* Until 11:09PM**

Moon – Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Until 12:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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|   |               |  |   |  |  |
|---|---------------|--|---|--|--|
| <b>1 Friday, November 2, 2018</b>   |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |   |  | Edmonton, Canada<br>Sun 8 Sutra 201<br>Vilamba 5120    |
| Simha Rasi: 10.07   | Tithi 25 – 26 | <b>Gulika</b> 8:44AM – 9:55AM<br>Yama 2:38PM – 3:48PM<br>654762364 <b>Rahu</b> 11:06AM – 12:16PM   | <b>Magha* Until 11:29AM</b><br>Brahma Until 5:34PM<br>Bava Until 3:45AM Sat<br>Dashami Until 4:42PM | <b>Ganesha:</b> White <i>Sunrise:</i> 7:33AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:59PM<br><b>Nataraja:</b> Clear<br>Moon – Red<br>Ashvina•Aipasi | Moon 10 - Phase 28<br>2nd Phase<br><b>Devaloka Day</b> |
| Routine Work Marana Yoga<br>Until 11:29AM<br>Then Creative Work - Siddha Yoga |               |  |   |  |  |

|   |               |  |  |  |  |
|---|---------------|--|--|--|--|
| <b>2 Saturday, November 3, 2018</b>   |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  |  | Edmonton, Canada<br>Sun 9 Sutra 202<br>Vilamba 5120    |
| Simha Rasi: 24.1  | Tithi 26 – 27 | <b>Gulika</b> 7:35AM – 8:46AM<br>Yama 1:26PM – 2:37PM<br>654762364 <b>Rahu</b> 9:56AM – 11:06AM  | <b>Purvaphalguni Until 10:14AM</b><br>Indra Until 2:51PM<br>Kaulava Until 1:52AM Sun<br>Ekadashi* Until 2:46PM | <b>Ganesha:</b> White <i>Sunrise:</i> 7:35AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:57PM<br><b>Nataraja:</b> Clear<br>Moon – Red<br>Ashvina•Aipasi | Moon 10 - Phase 28<br>2nd Phase<br><b>Devaloka Day</b> |
| Creative Work Siddha Yoga<br>Until 10:14AM<br>Then Routine Work - Marana Yoga |               |  |  |  |  |

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| <b>3 Sunday, November 4, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau |   |  | Edmonton, Canada<br>Sun 10 Sutra 203<br>Vilamba 5120   |
| Kanya Rasi: 8.11                  | Tithi 27 – 28 | <b>Gulika</b> 2:36PM – 3:46PM<br>Yama 12:16PM – 1:26PM<br>654762364 <b>Rahu</b> 3:46PM – 4:55PM  | <b>Uttaraphalguni Until 8:57AM</b><br>Vaidhriti* Until 12:11PM<br>Gara Until 12:07AM Mon<br>Dvadashi* Until 12:57PM | <b>Ganesha:</b> White <i>Sunrise:</i> 7:37AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:55PM<br><b>Nataraja:</b> Clear<br>Moon – Red<br>Ashvina•Aipasi | Moon 10 - Phase 28<br>2nd Phase<br><b>Devaloka Day</b> |
| Creative Work Amrita Yoga         |               | <i>Pradosha Vrata (Fasting)</i>  |   |  |  |

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| <b>4 Monday, November 5, 2018</b>  |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija Karana Trayodashi/Chaturdashyam Titau |  |  | Edmonton, Canada<br>Sun 11 Sutra 204<br>Vilamba 5120   |
| Kanya Rasi: 22.06  | Tithi 28 – 29 | <b>Gulika</b> 1:26PM – 2:35PM<br>Yama 11:07AM – 12:16PM<br>664762364 <b>Rahu</b> 8:48AM – 9:58AM  | <b>Hasta Until 8:07AM</b><br>Vishkambha* Until 9:40AM<br>Vanija Until 11:19AM<br>Trayodashi* Until 11:19AM | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:39AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:53PM<br><b>Nataraja:</b> Clear<br>Moon – Green<br>Ashvina•Aipasi | Moon 10 - Phase 28<br>2nd Phase<br><b>Devaloka Day</b> |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 8:07AM<br>Then Routine Work - Prabalarishta Yoga |               | Subramuniyaswami Mahasamadhi<br>Deepavali Hindu Solidarity Day  |  |  |  |

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| <b>Retreat Star</b>       |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |   |  | Edmonton, Canada<br>Sun 12 Sutra 205<br>Vilamba 5120  |
| Tula Rasi: 5.51           | Tithi 29 – 30 | <b>Gulika</b> 12:16PM – 1:25PM<br>Yama 9:59AM – 11:07AM<br>664762364 <b>Rahu</b> 2:34PM – 3:43PM   | <b>Chitra Until 9:02AM Wed</b><br>Priti Until 7:24AM<br>Catuspada Until 9:28PM<br>Chaturdashi* Until 9:58AM | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:41AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM<br><b>Nataraja:</b> Clear<br>Moon – Green<br>Ashvina•Aipasi | Moon 10 - Phase 28<br>Amavasya<br><b>Devaloka Day</b> |
| Creative Work Siddha Yoga |               |  |   |  |   |

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| <b>Retreat Star</b>       |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Vishakha Nakshatra Saubhagya Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau |   |   | Edmonton, Canada<br>Sun 13 Sutra 206<br>Vilamba 5120  |
| Tula Rasi: 19.23          | Tithi 30 – 1 | <b>Gulika</b> 11:08AM – 12:16PM<br>Yama 8:51AM – 10:00AM<br>765762364 <b>Rahu</b> 12:16PM – 1:25PM  | <b>Chitra Until 9:02AM</b><br>Saubhagya Until 6:56AM<br>Bava Until 8:37AM Thu<br>Amavasya* Until 9:02AM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:43AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:50PM<br><b>Nataraja:</b> Clear<br>Moon – Green<br>Karttika•Aipasi | Moon 10 - Phase 28<br>Prathama<br><b>Sivaloka Day</b> |
| Creative Work Siddha Yoga |              | Skanda Shasthi Begins   |   |   |   |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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| <b>1</b>                               |                    | <b>Thursday, November 8, 2018</b>   |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau          | Edmonton, Canada<br>Sun 14 Sutra 207<br>Vilamba 5120         |
| Vrischika Rasi: 2.38                   | Tithi 1 – 2        | <b>Gulika</b> 10:01AM – 11:09AM<br><b>Yama</b> 7:45AM – 8:53AM<br><b>Rahu</b> 1:24PM – 2:32PM   | <b>Vishakha Until 7:16AM</b><br>Sobhana Until 2:45AM Fri<br>Balava Until 8:39PM<br><b>Prathama* Until 8:37AM</b>            | <b>Ganesh:</b> Orange <i>Sunrise: 7:45AM</i><br><b>Muruga:</b> Clear <i>Sunset: 4:48PM</i><br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Karttika•Aipasi</b>                               | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work                          | Siddha Yoga        | 775762364   |   |   |  |
| <b>2</b>                               |                    | <b>Friday, November 9, 2018</b>   |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau     | Edmonton, Canada<br>Sun 15 Sutra 208<br>Vilamba 5120         |
| Vrischika Rasi: 15.34                  | Tithi 2 – 3        | <b>Gulika</b> 8:54AM – 10:02AM<br><b>Yama</b> 2:31PM – 3:39PM<br><b>Rahu</b> 11:09AM – 12:17PM  | <b>Anuradha Until 9:42AM Sat</b><br>Athiganda* Until 8:02AM<br>Gara Until 9:42AM Sat<br><b>Dvitiya Until 8:49AM</b>         | <b>Ganesh:</b> Orange <i>Sunrise: 7:47AM</i><br><b>Muruga:</b> Clear <i>Sunset: 4:46PM</i><br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Karttika•Aipasi</b>                               | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work                          | Siddha Yoga        | 775762364   |   |   |  |
| Until 9:42AM Sat                       |                    |   |   |   |  |
| Then Routine Work - Marana Yoga        |                    |   |   |   |  |
| <b>3</b>                               |                    | <b>Saturday, November 10, 2018</b>  |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau             | Edmonton, Canada<br>Sun 16 Sutra 209<br>Vilamba 5120         |
| Vrischika Rasi: 28.11                  | Tithi 3 – 4        | <b>Gulika</b> 7:49AM – 8:56AM<br><b>Yama</b> 1:24PM – 2:31PM<br><b>Rahu</b> 10:03AM – 11:10AM   | <b>Anuradha Until 9:42AM</b><br>Sukarma Until 1:63AM Sun<br>Vanija Until 10:25PM<br><b>Tritiya Until 9:42AM</b>             | <b>Ganesh:</b> Orange <i>Sunrise: 7:49AM</i><br><b>Muruga:</b> Clear <i>Sunset: 4:45PM</i><br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Karttika•Aipasi</b>                               | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work                          | Siddha Yoga        | 775762364   |   |   |  |
| <b>4</b>                               |                    | <b>Sunday, November 11, 2018</b>  |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti* Karana Chaturthi/Panchamyam Titau             | Edmonton, Canada<br>Sun 17 Sutra 210<br>Vilamba 5120         |
| Dhanus Rasi: 10.31                     | Tithi 4 – 5        | <b>Gulika</b> 2:30PM – 3:36PM<br><b>Yama</b> 12:17PM – 1:23PM<br><b>Rahu</b> 3:36PM – 4:43PM    | <b>Mula* Until 11:31AM</b><br>Dhriti Until 2:28AM Mon<br>Visti Until 11:15AM<br><b>Chaturthi* Until 11:15AM</b>             | <b>Ganesh:</b> Clear <i>Sunrise: 7:50AM</i><br><b>Muruga:</b> Clear <i>Sunset: 4:43PM</i><br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Karttika•Aipasi</b>                            | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work                          | Amrita Yoga        | 785762364   |   |   |  |
| Until 11:31AM                          |                    |   |   |   |  |
| Then Creative Work - Siddha Yoga       |                    |   |   |   |  |
| <b>5</b>                               |                    | <b>Monday, November 12, 2018</b>  |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau | Edmonton, Canada<br>Sun 18 Sutra 211<br>Vilamba 5120         |
| Dhanus Rasi: 22.36                     | Tithi 5 – 6        | <b>Gulika</b> 1:23PM – 2:29PM<br><b>Yama</b> 11:11AM – 12:17PM<br><b>Rahu</b> 8:58AM – 10:05AM  | <b>Purvashadha* Until 2:08PM</b><br>Shula* Until 3:12AM Tue<br>Kaulava Until 2:38AM Tue<br><b>Panchami Until 2:28AM Mon</b> | <b>Ganesh:</b> Clear <i>Sunrise: 7:52AM</i><br><b>Muruga:</b> Clear <i>Sunset: 4:41PM</i><br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Karttika•Aipasi</b>                            | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Family Home Evening                    |                    | 785762364   |   |   |  |
| Routine Work                           | Marana Yoga        |   |   |   |  |
| <b>6</b>                               |                    | <b>Tuesday, November 13, 2018</b>   |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau    | Edmonton, Canada<br>Sun 19 Sutra 212<br>Vilamba 5120         |
| Makara Rasi: 4.3                       | Tithi 6 – 7        | <b>Gulika</b> 12:17PM – 1:23PM<br><b>Yama</b> 10:06AM – 11:11AM<br><b>Rahu</b> 2:28PM – 3:34PM  | <b>Uttarashadha Until 4:58PM</b><br>Ganda* Until 4:10AM Wed<br>Gara Until 4:78AM Wed<br><b>Shashthi* Until 3:12AM Tue</b>   | <b>Ganesh:</b> Clear <i>Sunrise: 7:54AM</i><br><b>Muruga:</b> Clear <i>Sunset: 4:40PM</i><br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Karttika•Aipasi</b>                            | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Routine Work                           | Prabalarishta Yoga | 785762364   |   |   |  |
| Until 4:58PM                           |                    |   |   |   |  |
| Then Creative Work - Siddha Yoga       |                    |   |   |   |  |
|  |                    | <b>Wednesday, November 14, 2018</b>   |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Vriddhi Yoga Vanija Karana Saptamyam Titau                                 | Edmonton, Canada<br>Sun 20 Sutra 213<br>Vilamba 5120         |
| <b>Retreat Star</b>                    |                    | <b>Gulika</b> 11:12AM – 12:17PM<br><b>Yama</b> 9:01AM – 10:07AM<br><b>Rahu</b> 12:17PM – 1:22PM | <b>Shravana Until 8:16PM</b><br>Vriddhi Until 5:10AM Thu<br>Vanija Until 6:38PM<br><b>Saptami Until 6:38PM</b>              | <b>Ganesh:</b> Purple <i>Sunrise: 7:56AM</i><br><b>Muruga:</b> Clear <i>Sunset: 4:38PM</i><br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Karttika•Aipasi</b>                               | Moon 10 - Phase 29<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
| Makara Rasi: 16.19                     | Tithi 7            | 795762364   |   |   |  |
| Creative Work                          | Siddha Yoga        |   |   |   |  |
| Until 8:16PM                           |                    |   |   |   |  |
| Then Routine Work - Prabalarishta Yoga |                    |   |   |   |  |
| <b>Retreat Star</b>                    |                    | <b>Thursday, November 15, 2018</b>  |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau                            | Edmonton, Canada<br>Sun 21 Sutra 214<br>Vilamba 5120         |
| Makara Rasi: 28.07                     | Tithi 8            | <b>Gulika</b> 10:08AM – 11:12AM<br><b>Yama</b> 7:58AM – 9:03AM<br><b>Rahu</b> 1:22PM – 2:27PM   | <b>Dhanishtha Until 11:18PM</b><br>Dhruva Until 5:59AM Fri<br>Visti Until 7:59AM<br><b>Ashtami* Until 9:13PM</b>            | <b>Ganesh:</b> Purple <i>Sunrise: 7:58AM</i><br><b>Muruga:</b> Clear <i>Sunset: 4:37PM</i><br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Karttika•Aipasi</b>                               | Moon 10 - Phase 29<br>Ashtami<br><b>Subha Sivaloka Day</b>   |
| Creative Work                          | Siddha Yoga        | 795762364   |   |   |  |
| <b>Retreat Star</b>                    |                    | <b>Friday, November 16, 2018</b>  |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau               | Edmonton, Canada<br>Sun 22 Sutra 215<br>Vilamba 5120         |
| Kumbha Rasi: 9.59                      | Tithi 9            | <b>Gulika</b> 9:04AM – 10:09AM<br><b>Yama</b> 2:26PM – 3:31PM<br><b>Rahu</b> 11:13AM – 12:18PM  | <b>Shatabhishak Until 1:47AM Sat</b><br>Vyaghata* Until 6:29AM Sat<br>Balava Until 10:25AM<br><b>Navami* Until 11:27PM</b>  | <b>Ganesh:</b> Purple <i>Sunrise: 8:00AM</i><br><b>Muruga:</b> Clear <i>Sunset: 4:35PM</i><br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Karttika•Kartikai</b>                             | Moon 10 - Phase 29<br>Navami<br><b>Sivaloka Day</b>          |
| Creative Work                          | Siddha Yoga        | 795762365   |   |   |  |
| Until 1:47AM Sat                       |                    |   |   |   |  |
| Then Routine Work - Marana Yoga        |                    |   |   |   |  |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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| <b>1 Saturday, November 17, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau |  |  |  | Edmonton, Canada<br>Sun 23 Sutra 216<br>Vilamba 5120 |
| Kumbha Rasi: 22.02                   | Tithi 10    | <b>Gulika</b> 8:02AM – 9:06AM   | <b>Purvaprossthapada*</b> Until 2:02AM Mon | <b>Ganesh:</b> Red <i>Sunrise:</i> 8:02AM  |  |  |
|                                      |             | Yama 1:22PM – 2:26PM  | Vyaghata* Until 6:29AM                     | <b>Muruga:</b> Clear <i>Sunset:</i> 4:34PM |  | Moon 10 - Phase 30                                   |
|                                      |             | 716762365 <b>Rahu</b> 10:10AM – 11:14AM   | Tailila Until 12:23PM                      | <b>Nataraja:</b> White                     |  | 4th Phase  |
| Routine Work                         | Marana Yoga |   | <b>Dashami</b> Until 1:06AM Sun            | Moon – Clear                               |  | <b>Devaloka Day</b>                                  |
| Until 2:02AM Mon Sun                 |             |   |  | <b>Karttika-Karttikai</b>                  |  |  |
| Then Creative Work - Amrita Yoga     |             |   |  |  |  |  |

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| <b>2 Sunday, November 18, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau |  |  |  | Edmonton, Canada<br>Sun 24 Sutra 217<br>Vilamba 5120 |
| Meena Rasi: 4.2                    | Tithi 11    | <b>Gulika</b> 2:25PM – 3:29PM   | <b>Purvaprossthapada*</b> Until 2:02AM Mon | <b>Ganesh:</b> Red <i>Sunrise:</i> 8:03AM  |  |  |
|                                    |             | Yama 12:18PM – 1:22PM   | Harshana Until 6:00AM Mon                  | <b>Muruga:</b> Clear <i>Sunset:</i> 4:32PM |  | Moon 10 - Phase 30                                   |
|                                    |             | 716762365 <b>Rahu</b> 3:29PM – 4:32PM   | Vanija Until 1:41PM                        | <b>Nataraja:</b> White                     |  | 4th Phase  |
| Creative Work                      | Amrita Yoga |   | <b>Ekadashi</b> Until 2:02AM Mon           | Moon – Clear                               |  | <b>Devaloka Day</b>                                  |
| Until 2:02AM Mon                   |             |   |  | <b>Karttika-Karttikai</b>                  |  |  |
| Then Creative Work - Siddha Yoga   |             |   |  |  |  |  |

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| <b>3 Monday, November 19, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau |                                  |  |  | Edmonton, Canada<br>Sun 25 Sutra 218<br>Vilamba 5120 |
| Meena Rasi: 16.58                  | Tithi 12    | <b>Gulika</b> 1:21PM – 2:25PM   | <b>Revati</b> Until 5:56AM Tue   | <b>Ganesh:</b> Red <i>Sunrise:</i> 8:05AM  |  |  |
| <b>Family Home Evening</b>         |             | Yama 11:15AM – 12:18PM  | Vajra* Until 6:00AM              | <b>Muruga:</b> Clear <i>Sunset:</i> 4:31PM |  | Moon 10 - Phase 30                                   |
|                                    |             | 716762365 <b>Rahu</b> 9:08AM – 10:12AM  | Bava Until 2:15PM                | <b>Nataraja:</b> White                     |  | 4th Phase  |
| Creative Work                      | Siddha Yoga |   | <b>Dvadashi</b> Until 2:13AM Tue | Moon – Clear                               |  | <b>Devaloka Day</b>                                  |
|                                    |             |   |                                  | <b>Karttika-Karttikai</b>                  |  |  |
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| <b>4 Tuesday, November 20, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Trayodashyam Titau |                                    |  |  | Edmonton, Canada<br>Sun 26 Sutra 219<br>Vilamba 5120 |
| Meena Rasi: 29.56                   | Tithi 13    | <b>Gulika</b> 12:18PM – 1:21PM   | <b>Ashvini</b> Until 6:03AM Wed    | <b>Ganesh:</b> Red <i>Sunrise:</i> 8:07AM  |  |  |
|                                     |             | Yama 10:13AM – 11:16AM   | Vyatipata* Until 3:13AM Wed        | <b>Muruga:</b> Clear <i>Sunset:</i> 4:30PM |  | Moon 10 - Phase 30                                   |
|                                     |             | 716762365 <b>Rahu</b> 2:24PM – 3:27PM  | Kaulava Until 2:03PM               | <b>Nataraja:</b> White                     |  | 4th Phase  |
| Creative Work                       | Siddha Yoga |  | <b>Trayodashi</b> Until 1:40AM Wed | Moon – Clear                               |  | <b>Devaloka Day</b>                                  |
|                                     |             |  |                                    | <b>Karttika-Karttikai</b>                  |  |  |
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*Pradosha Vrata*

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|---------------------------------------|-------------|--|---------------------------------------|--|--|--|
| <b>5 Wednesday, November 21, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau |                                       |  |  | Edmonton, Canada<br>Sun 27 Sutra 220<br>Vilamba 5120 |
| Mesha Rasi: 13.17                     | Tithi 14    | <b>Gulika</b> 11:16AM – 12:19PM  | <b>Ashvini</b> Until 6:03AM           | <b>Ganesh:</b> Blue <i>Sunrise:</i> 8:09AM |  |  |
|                                       |             | Yama 9:11AM – 10:14AM  | Variyan Until 1:01AM Thu              | <b>Muruga:</b> Clear <i>Sunset:</i> 4:29PM |  | Moon 10 - Phase 30                                   |
|                                       |             | 726762365 <b>Rahu</b> 12:19PM – 1:21PM   | Gara Until 1:10PM                     | <b>Nataraja:</b> White                     |  | 4th Phase  |
| Routine Work                          | Marana Yoga |  | <b>Chaturdashi*</b> Until 12:28AM Thu | Moon – White                               |  | <b>Bhuloka Day</b>                                   |
| Until 6:03AM                          |             |  |                                       | <b>Karttika-Karttikai</b>                  |  | Devaloka Time: 12:PM to 3:PM                         |
| Then Creative Work - Siddha Yoga      |             |  |                                       |  |  |  |

|                                    |             |   |                                  |  |  |   |
|------------------------------------|-------------|---|----------------------------------|--|--|---|
| <b>Thursday, November 22, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Parigha* Yoga Visti* Karana Purnimayam Titau |                                  |  |  | Edmonton, Canada<br>Sutra 221<br>Vilamba 5120 |
| <b>Copper Retreat Star</b>         |             | <b>Gulika</b> 10:15AM – 11:17AM   | <b>Krittika</b> Until 4:05AM Fri | <b>Ganesh:</b> Blue <i>Sunrise:</i> 8:10AM |  |   |
| Mesha Rasi: 27.01                  | Tithi 15    | Yama 8:10AM – 9:13AM  | Parigha* Until 10:25PM           | <b>Muruga:</b> Clear <i>Sunset:</i> 4:27PM |  | Moon 10 - Phase 30                            |
|                                    |             | 726762365 <b>Rahu</b> 1:21PM – 2:23PM   | Visti Until 11:40AM              | <b>Nataraja:</b> White                     |  | Purnima                                       |
| Routine Work                       | Marana Yoga |   | <b>Purnima*</b> Until 10:43PM    | Moon – White                               |  | <b>Bhuloka Day</b>                            |
|                                    |             |   |                                  | <b>Karttika-Karttikai</b>                  |  | Devaloka Time: 12:PM to 3:PM                  |
|                                    |             | <b>Krittika Deepam</b>  |                                  |  |  |   |

|                                  |             |  |                                |  |  |   |
|----------------------------------|-------------|--|--------------------------------|--|--|---|
| <b>Friday, November 23, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau |                                |  |  | Edmonton, Canada<br>Sutra 222<br>Vilamba 5120 |
| <b>Silver Retreat Star</b>       |             | <b>Gulika</b> 9:14AM – 10:16AM   | <b>Rohini</b> Until 2:42AM Sat | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 8:12AM |  |   |
| Vrishabha Rasi: 11.02            | Tithi 16    | Yama 2:23PM – 3:24PM   | Shiva Until 7:29PM             | <b>Muruga:</b> Clear <i>Sunset:</i> 4:26PM   |  | Moon 10 - Phase 30                            |
|                                  |             | 736762365 <b>Rahu</b> 11:17AM – 12:19PM  | Balava Until 6:85AM Sat        | <b>Nataraja:</b> White                       |  | Prathama                                      |
| Routine Work                     | Marana Yoga |  | <b>Prathama*</b> Until 10:25PM | Moon – Yellow                                |  | <b>Devaloka Day</b>                           |
| Until 2:42AM Sat                 |             |  |                                | <b>Karttika-Karttikai</b>                    |  |   |
| Then Creative Work - Siddha Yoga |             | <b>Vinayaga Viratam Begins</b>   |                                |  |  |   |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Edmonton, Canada  
Sun 1 Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 25.18 Tihi 17

737762365

**Gulika** 8:14AM – 9:15AM  
**Yama** 1:21PM – 2:22PM  
**Rahu** 10:17AM – 11:18AM

**Mrigashira Until 12:56AM Sun**  
Siddha Until 4:19PM  
Taitila Until 4:55AM Sun  
**Dvitiya Until 7:29PM**

**Ganesha:** Red *Sunrise: 8:14AM*  
**Muruga:** Clear *Sunset: 4:25PM*  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Edmonton, Canada  
Sun 2 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 9.42 Tihi 18 – 19

737762365

**Gulika** 2:22PM – 3:23PM  
**Yama** 12:20PM – 1:21PM  
**Rahu** 3:23PM – 4:24PM

**Ardra Until 10:57PM**  
Sadhya Until 1:02PM  
Bava Until 2:21AM Mon  
**Tritiya Until 3:37PM**

**Ganesha:** Red *Sunrise: 8:16AM*  
**Muruga:** Clear *Sunset: 4:24PM*  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Edmonton, Canada  
Sun 3 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 24.08 Tihi 19 – 20

747762365

**Gulika** 1:21PM – 2:22PM  
**Yama** 11:19AM – 12:20PM  
**Rahu** 9:18AM – 10:19AM

**Punarvasu Until 10:36AM Tue**  
Subha Until 9:16PM  
Taitila Until 10:36AM Tue  
**Chaturthi\* Until 1:04PM**

**Ganesha:** Green *Sunrise: 8:17AM*  
**Muruga:** Clear *Sunset: 4:23PM*  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:36AM Tue

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Edmonton, Canada  
Sun 4 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 8.33 Tihi 20 – 21

747862365

**Gulika** 12:20PM – 1:21PM  
**Yama** 10:20AM – 11:20AM  
**Rahu** 2:21PM – 3:22PM

**Punarvasu Until 10:36AM**  
Sukla Until 2:83AM Wed  
Gara Until 9:26PM  
**Panchami Until 10:36AM**

**Ganesha:** White *Sunrise: 8:19AM*  
**Muruga:** Clear *Sunset: 4:22PM*  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Edmonton, Canada  
Sun 5 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 22.52 Tihi 21 – 22

747863365

**Gulika** 11:21AM – 12:21PM  
**Yama** 9:21AM – 10:21AM  
**Rahu** 12:21PM – 1:21PM

**Ashlesha\* Until 5:55PM**  
Indra Until 12:27AM Thu  
Visti Until 7:14PM  
**Shashthi\* Until 8:17AM**

**Ganesha:** White *Sunrise: 8:20AM*  
**Muruga:** Purple *Sunset: 4:21PM*  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Edmonton, Canada  
Sun 6 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 7.01 Tihi 22 – 23

757863365

**Gulika** 10:22AM – 11:21AM  
**Yama** 8:22AM – 9:22AM  
**Rahu** 1:21PM – 2:21PM

**Magha\* Until 4:46PM**  
Vaidhriti\* Until 4:46PM  
Kaulava Until 3:82AM Fri  
**Saptami Until 6:12AM**

**Ganesha:** Clear *Sunrise: 8:22AM*  
**Muruga:** Purple *Sunset: 4:20PM*  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 4:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Edmonton, Canada  
Sun 7 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 21.01 Tihi 24

758863365

**Gulika** 9:23AM – 10:23AM  
**Yama** 2:21PM – 3:20PM  
**Rahu** 11:22AM – 12:22PM

**Purvaphalguni Until 3:45PM**  
Vishkambha\* Until 7:08PM  
Taitila Until 3:35PM  
**Navami\* Until 2:49AM Sat**

**Ganesha:** Orange *Sunrise: 8:24AM*  
**Muruga:** Purple *Sunset: 4:20PM*  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

|                  |             |                                   |                          |  |                           |  |                             |                                     |  |
|------------------|-------------|-----------------------------------|--------------------------|--|---------------------------|--|-----------------------------|-------------------------------------|--|
| <b>1</b>         |             | <b>Saturday, December 1, 2018</b> |                          |  |                           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau |                             | Edmonton, Canada<br>Sun 8 Sutra 230 |  |
| Kanya Rasi: 4.51 | Tithi 25    | <b>Gulika</b>                     | <b>8:25AM – 9:24AM</b>   | <b>Uttaraphalguni Until 12:32AM Mon Su</b> | <b>Ganesha: Orange</b>    | <i>Sunrise: 8:25AM</i>   | Vilamba 5120                |                                     |  |
|                  |             | Yama                              | 1:21PM – 2:20PM          | Priti Until 4:50PM                         | <b>Muruga: Purple</b>     | <i>Sunset: 4:19PM</i>  | Moon 11 - Phase 32          |                                     |  |
|                  |             | 758863365 <b>Rahu</b>             | <b>10:23AM – 11:23AM</b> | Vanija Until 2:09PM                        | <b>Nataraja: White</b>    |  | 2nd Phase                   |                                     |  |
| Routine Work     | Marana Yoga |                                   |                          | <b>Dashami Until 1:31AM Sun</b>            | Moon – Red                |  | <b>Bhuloka Day</b>          |                                     |  |
|                  |             |                                   |                          |  | <b>Karttika-Karttikai</b> |  | Devaloka Time: 6:AM to 9:AM |                                     |  |

|  |             |                                 |                        |   |                            |  |                    |                                     |  |
|--|-------------|---------------------------------|------------------------|---|----------------------------|--|--------------------|-------------------------------------|--|
| <b>2</b>                               |             | <b>Sunday, December 2, 2018</b> |                        |   |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau |                    | Edmonton, Canada<br>Sun 9 Sutra 231 |  |
| Kanya Rasi: 18.31                      | Tithi 26    | <b>Gulika</b>                   | <b>2:20PM – 3:19PM</b> | <b>Uttaraphalguni Until 12:32AM Mon</b> | <b>Ganesha: Light Blue</b> | <i>Sunrise: 8:27AM</i>   | Vilamba 5120       |                                     |  |
|  |             | Yama                            | 12:22PM – 1:21PM       | Ayushman Until 2:43PM                   | <b>Muruga: Purple</b>      | <i>Sunset: 4:18PM</i>  | Moon 11 - Phase 32 |                                     |  |
|  |             | 768863365 <b>Rahu</b>           | <b>3:19PM – 4:18PM</b> | Bava Until 1:01PM                       | <b>Nataraja: White</b>     |  | 2nd Phase          |                                     |  |
| Creative Work                          | Amrita Yoga |                                 |                        | <b>Ekadashi* Until 12:32AM Mon</b>      | Moon – Green               |  | <b>Bhuloka Day</b> |                                     |  |
| Until 12:32AM Mon                      |             |                                 |                        |   | <b>Karttika-Karttikai</b>  |  |                    |                                     |  |
| Then Routine Work - Prabalarishta Yoga |             |                                 |                        |   |                            |  |                    |                                     |  |

|                                  |                    |                                 |                         |                                 |                            |   |                    |                                      |  |
|----------------------------------|--------------------|---------------------------------|-------------------------|---------------------------------|----------------------------|---|--------------------|--------------------------------------|--|
| <b>3</b>                         |                    | <b>Monday, December 3, 2018</b> |                         |                                 |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau |                    | Edmonton, Canada<br>Sun 10 Sutra 232 |  |
| Tula Rasi: 2.01                  | Tithi 27           | <b>Gulika</b>                   | <b>1:21PM – 2:20PM</b>  | <b>Chitra Until 11:34PM Tue</b> | <b>Ganesha: Light Blue</b> | <i>Sunrise: 8:28AM</i>  | Vilamba 5120       |                                      |  |
| <b>Family Home Evening</b>       |                    | Yama                            | 11:24AM – 12:23PM       | Saubhagya Until 12:52PM         | <b>Muruga: Purple</b>      | <i>Sunset: 4:17PM</i>   | Moon 11 - Phase 32 |                                      |  |
|                                  |                    | 768863365 <b>Rahu</b>           | <b>9:27AM – 10:25AM</b> | Kaulava Until 12:11PM           | <b>Nataraja: White</b>     |   | 2nd Phase          |                                      |  |
| Routine Work                     | Prabalarishta Yoga |                                 |                         | <b>Dvadashi* Until 11:52PM</b>  | Moon – Green               |   | <b>Bhuloka Day</b> |                                      |  |
| Until 11:34PM Tue                |                    |                                 |                         |                                 | <b>Karttika-Karttikai</b>  |   |                    |                                      |  |
| Then Creative Work - Amrita Yoga |                    |                                 |                         |                                 |                            |   |                    |                                      |  |

|                                 |             |                                  |                         |                                  |                            |  |                                 |                                      |  |
|---------------------------------|-------------|----------------------------------|-------------------------|----------------------------------|----------------------------|--|---------------------------------|--------------------------------------|--|
| <b>4</b>                        |             | <b>Tuesday, December 4, 2018</b> |                         |                                  |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Chitra/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau |                                 | Edmonton, Canada<br>Sun 11 Sutra 233 |  |
| Tula Rasi: 15.19                | Tithi 28    | <b>Gulika</b>                    | <b>12:23PM – 1:22PM</b> | <b>Chitra Until 11:34PM Tue</b>  | <b>Ganesha: Light Blue</b> | <i>Sunrise: 8:29AM</i>   | Vilamba 5120                    |                                      |  |
|                                 |             | Yama                             | 10:26AM – 11:25AM       | Sobhana Until 10:00AM Wed        | <b>Muruga: Purple</b>      | <i>Sunset: 4:17PM</i>  | Moon 11 - Phase 32              |                                      |  |
|                                 |             | 768863365 <b>Rahu</b>            | <b>2:20PM – 3:18PM</b>  | Gara Until 11:36AM Wed           | <b>Nataraja: White</b>     |  | 2nd Phase                       |                                      |  |
| Creative Work                   | Siddha Yoga |                                  |                         | <b>Trayodashi* Until 12:52PM</b> | Moon – Green               |  | <b>Bhuloka Day</b>              |                                      |  |
| Until 11:34PM Tue               |             |                                  |                         |                                  | <b>Karttika-Karttikai</b>  |  |                                 |                                      |  |
| Then Routine Work - Marana Yoga |             |                                  |                         |                                  |                            |  | <i>Pradosha Vrata (Fasting)</i> |                                      |  |

|                  |             |                                    |                          |                                   |                           |  |                    |                                      |  |
|------------------|-------------|------------------------------------|--------------------------|-----------------------------------|---------------------------|--|--------------------|--------------------------------------|--|
| <b>5</b>         |             | <b>Wednesday, December 5, 2018</b> |                          |                                   |                           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visli*/Sakuni* Karana Chaturdashyam Titau |                    | Edmonton, Canada<br>Sun 12 Sutra 234 |  |
| Tula Rasi: 28.26 | Tithi 29    | <b>Gulika</b>                      | <b>11:25AM – 12:24PM</b> | <b>Vishakha Until 3:03PM</b>      | <b>Ganesha: Purple</b>    | <i>Sunrise: 8:31AM</i>   | Vilamba 5120       |                                      |  |
|                  |             | Yama                               | 9:29AM – 10:27AM         | Athiganda* Until 10:00AM          | <b>Muruga: Purple</b>     | <i>Sunset: 4:16PM</i>  | Moon 11 - Phase 32 |                                      |  |
|                  |             | 778863365 <b>Rahu</b>              | <b>12:24PM – 1:22PM</b>  | Visli Until 11:36AM               | <b>Nataraja: White</b>    |  | 2nd Phase          |                                      |  |
| Creative Work    | Siddha Yoga |                                    |                          | <b>Chaturdashi* Until 11:42PM</b> | Moon – Orange             |  | <b>Bhuloka Day</b> |                                      |  |
|                  |             |                                    |                          |                                   | <b>Karttika-Karttikai</b> |  |                    |                                      |  |

|  |             |                                   |                          |                                    |                           |  |                    |                                      |  |
|--|-------------|-----------------------------------|--------------------------|------------------------------------|---------------------------|--|--------------------|--------------------------------------|--|
| <b>●</b>                               |             | <b>Thursday, December 6, 2018</b> |                          |                                    |                           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                    | Edmonton, Canada<br>Sun 13 Sutra 235 |  |
| <b>Retreat Star</b>                    |             | <b>Gulika</b>                     | <b>10:28AM – 11:26AM</b> | <b>Anuradha Until 4:04PM</b>       | <b>Ganesha: Purple</b>    | <i>Sunrise: 8:32AM</i>   | Vilamba 5120       |                                      |  |
| Vrischika Rasi: 11.19                  | Tithi 30    | Yama                              | 8:32AM – 9:30AM          | Sukarma Until 9:04AM               | <b>Muruga: Purple</b>     | <i>Sunset: 4:16PM</i>  | Moon 11 - Phase 32 |                                      |  |
|  |             | 778863365 <b>Rahu</b>             | <b>1:22PM – 2:20PM</b>   | Catuspada Until 11:59AM            | <b>Nataraja: White</b>    |  | Amavasya           |                                      |  |
| Creative Work                          | Siddha Yoga |                                   |                          | <b>Amavasya* Until 12:20AM Fri</b> | Moon – Orange             |  | <b>Bhuloka Day</b> |                                      |  |
| Until 4:04PM                           |             |                                   |                          |                                    | <b>Karttika-Karttikai</b> |  |                    |                                      |  |
| Then Routine Work - Prabalarishta Yoga |             |                                   |                          |                                    |                           |  |                    |                                      |  |

|                                  |             |                       |                          |                                   |                            |  |                    |                                      |  |
|----------------------------------|-------------|-----------------------|--------------------------|-----------------------------------|----------------------------|--|--------------------|--------------------------------------|--|
| <b>Friday, December 7, 2018</b>  |             | <b>Retreat Star</b>   |                          |                                   |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau |                    | Edmonton, Canada<br>Sun 14 Sutra 236 |  |
| Vrischika Rasi: 23.58            | Tithi 1     | <b>Gulika</b>         | <b>9:31AM – 10:29AM</b>  | <b>Jyeshtha* Until 5:25PM</b>     | <b>Ganesha: Light Blue</b> | <i>Sunrise: 8:33AM</i>   | Vilamba 5120       |                                      |  |
|                                  |             | Yama                  | 2:20PM – 3:18PM          | Dhriti Until 8:33AM               | <b>Muruga: Purple</b>      | <i>Sunset: 4:16PM</i>  | Moon 11 - Phase 32 |                                      |  |
|                                  |             | 779863365 <b>Rahu</b> | <b>11:27AM – 12:24PM</b> | Kintughna Until 12:52PM           | <b>Nataraja: White</b>     |  | Prathama           |                                      |  |
| Routine Work                     | Marana Yoga |                       |                          | <b>Prathama* Until 1:29AM Sat</b> | Moon – Orange              |  | <b>Bhuloka Day</b> |                                      |  |
| Until 5:25PM                     |             |                       |                          |                                   | <b>Margasira-Karttikai</b> |  |                    |                                      |  |
| Then Creative Work - Amrita Yoga |             |                       |                          |                                   |                            |  |                    |                                      |  |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

|  |                                     |  |   |
|--|-------------------------------------|--|---|
| <b>1</b>                               | <b>Saturday, December 8, 2018</b>   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Shula*/Ganda* Yoga Balava Karana Dvitiyayam Titau   | Edmonton, Canada<br>Sun 15 Sutra 237<br>Vilamba 5120  |
| Dhanus Rasi: 6.23                      | Tithi 2                             | <b>Gulika</b> 8:35AM – 9:32AM<br>Yama 1:22PM – 2:20PM<br>789863365 <b>Rahu</b> 10:30AM – 11:27AM   | <b>Mula* Until 7:36PM</b><br>Shula* Until 8:24AM<br>Balava Until 2:18PM<br>Dvitiya Until 3:11AM Sun   |
| Creative Work                          | Siddha Yoga                         |  | <b>Ganesh:</b> Purple <i>Sunrise:</i> 8:35AM<br><b>Muruga:</b> Purple <i>Sunset:</i> 4:15PM<br><b>Nataraja:</b> White<br>Moon – Light Blue<br>Margasira-Karttikai |
|  |                                     |  | <b>Bhuloka Day</b><br>Moon 11 - Phase 33<br>3rd Phase   |
| <b>2</b>                               | <b>Sunday, December 9, 2018</b>     | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Tritiyayam Titau                            | Edmonton, Canada<br>Sun 16 Sutra 238<br>Vilamba 5120  |
| Dhanus Rasi: 18.35                     | Tithi 3                             | <b>Gulika</b> 2:20PM – 3:17PM<br>Yama 12:25PM – 1:23PM<br>789863365 <b>Rahu</b> 3:17PM – 4:15PM  | <b>Purvashadha* Until 10:07PM</b><br>Ganda* Until 8:41AM<br>Taitila Until 4:15PM<br>Tritiya Until 5:22AM Mon  |
| Creative Work                          | Siddha Yoga                         |  | <b>Ganesh:</b> Purple <i>Sunrise:</i> 8:36AM<br><b>Muruga:</b> Purple <i>Sunset:</i> 4:15PM<br><b>Nataraja:</b> White<br>Moon – Light Blue<br>Margasira-Karttikai |
| Until 10:07PM                          |                                     |  | <b>Bhuloka Day</b><br>Moon 11 - Phase 33<br>3rd Phase   |
| Then Creative Work - Amrita Yoga       |                                     |  |   |
| <b>3</b>                               | <b>Monday, December 10, 2018</b>    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha Nakshatra Vridhi/Dhruva Yoga Vanija Karana Chaturthyam Titau                                  | Edmonton, Canada<br>Sun 17 Sutra 239<br>Vilamba 5120  |
| Makara Rasi: 0.35                      | Tithi 4                             | <b>Gulika</b> 1:23PM – 2:20PM<br>Yama 11:29AM – 12:26PM<br>789863365 <b>Rahu</b> 9:34AM – 10:31AM  | <b>Uttarashadha Until 12:51AM Tue</b><br>Vridhi Until 9:18AM<br>Vanija Until 6:38PM<br>Chaturthi* Until 7:55AM Tue  |
| <b>Family Home Evening</b>             |                                     |  | <b>Ganesh:</b> Purple <i>Sunrise:</i> 8:37AM<br><b>Muruga:</b> Purple <i>Sunset:</i> 4:15PM<br><b>Nataraja:</b> White<br>Moon – Light Blue<br>Margasira-Karttikai |
| Routine Work                           | Marana Yoga                         |  | <b>Bhuloka Day</b><br>Moon 11 - Phase 33<br>3rd Phase   |
| Until 12:51AM Tue                      |                                     |  |   |
| Then Creative Work - Siddha Yoga       |                                     |  |   |
| <b>4</b>                               | <b>Tuesday, December 11, 2018</b>   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                  | Edmonton, Canada<br>Sun 18 Sutra 240<br>Vilamba 5120  |
| Makara Rasi: 12.26                     | Tithi 4 – 5                         | <b>Gulika</b> 12:26PM – 1:23PM<br>Yama 10:32AM – 11:29AM<br>799863365 <b>Rahu</b> 2:20PM – 3:17PM  | <b>Shravana Until 4:08AM Wed</b><br>Dhruva Until 10:10AM<br>Bava Until 8:78PM<br>Chaturthi* Until 9:18AM  |
| Creative Work                          | Siddha Yoga                         |  | <b>Ganesh:</b> Clear <i>Sunrise:</i> 8:38AM<br><b>Muruga:</b> Purple <i>Sunset:</i> 4:14PM<br><b>Nataraja:</b> White<br>Moon – Purple<br>Margasira-Karttikai      |
| Until 4:08AM Wed                       |                                     |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM   |
| Then Routine Work - Prabalarishta Yoga |                                     |  |   |
| <b>5</b>                               | <b>Wednesday, December 12, 2018</b> | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau              | Edmonton, Canada<br>Sun 19 Sutra 241<br>Vilamba 5120  |
| Makara Rasi: 24.14                     | Tithi 5 – 6                         | <b>Gulika</b> 11:30AM – 12:27PM<br>Yama 9:36AM – 10:33AM<br>799863365 <b>Rahu</b> 12:27PM – 1:24PM   | <b>Dhanishtha Until 7:17AM Thu</b><br>Vyaghata* Until 11:10AM<br>Kaulava Until 12:03AM Thu<br>Panchami Until 10:40AM  |
| Routine Work                           | Prabalarishta Yoga                  |  | <b>Ganesh:</b> Clear <i>Sunrise:</i> 8:39AM<br><b>Muruga:</b> Purple <i>Sunset:</i> 4:14PM<br><b>Nataraja:</b> White<br>Moon – Purple<br>Margasira-Karttikai      |
| Until 7:17AM Thu                       |                                     |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM   |
| Then Creative Work - Siddha Yoga       |                                     |  |   |
| <b>6</b>                               | <b>Thursday, December 13, 2018</b>  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau      | Edmonton, Canada<br>Sun 20 Sutra 242<br>Vilamba 5120  |
| Kumbha Rasi: 6.01                      | Tithi 6 – 7                         | <b>Gulika</b> 10:34AM – 11:30AM<br>Yama 8:40AM – 9:37AM<br>799863365 <b>Rahu</b> 1:24PM – 2:21PM   | <b>Dhanishtha Until 7:17AM</b><br>Harshana Until 7:17AM<br>Vanija Until 15:49AM Fri<br>Shashthi* Until 1:22PM   |
| Creative Work                          | Siddha Yoga                         |  | <b>Ganesh:</b> Clear <i>Sunrise:</i> 8:40AM<br><b>Muruga:</b> Purple <i>Sunset:</i> 4:14PM<br><b>Nataraja:</b> White<br>Moon – Purple<br>Margasira-Karttikai      |
|  |                                     |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM   |
|  |                                     | Vinayaga Viratam Ends  |   |
| <b>7</b>                               | <b>Friday, December 14, 2018</b>    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak/Purvaprosnthapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | Edmonton, Canada<br>Sun 21 Sutra 243<br>Vilamba 5120  |
| Kumbha Rasi: 17.53                     | Tithi 7 – 8                         | <b>Gulika</b> 9:38AM – 10:34AM<br>Yama 2:21PM – 3:18PM<br>799863365 <b>Rahu</b> 11:31AM – 12:28PM  | <b>Shatabhishak Until 5:45PM Sat</b><br>Vajra* Until 12:55PM<br>Visti Until 4:53AM Sat<br>Saptami Until 3:49PM  |
| Creative Work                          | Siddha Yoga                         |  | <b>Ganesh:</b> Clear <i>Sunrise:</i> 8:41AM<br><b>Muruga:</b> Purple <i>Sunset:</i> 4:14PM<br><b>Nataraja:</b> White<br>Moon – Purple<br>Margasira-Karttikai      |
|  |                                     |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM   |
|  |                                     |  |   |
| <b>8</b>                               | <b>Saturday, December 15, 2018</b>  | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Uttaraprosnthapada Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau   | Edmonton, Canada<br>Sun 22 Sutra 244<br>Vilamba 5120  |
| Kumbha Rasi: 29.54                     | Tithi 8 – 9                         | <b>Gulika</b> 8:42AM – 9:39AM<br>Yama 1:25PM – 2:21PM<br>711863365 <b>Rahu</b> 10:35AM – 11:32AM   | <b>Shatabhishak Until 5:45PM</b><br>Siddhi Until 0:81PM<br>Balava Until 6:30AM Sun<br>Ashtami* Until 5:45PM   |
| Routine Work                           | Marana Yoga                         |  | <b>Ganesh:</b> Clear <i>Sunrise:</i> 8:42AM<br><b>Muruga:</b> Purple <i>Sunset:</i> 4:14PM<br><b>Nataraja:</b> White<br>Moon – Clear<br>Margasira-Markali         |
| Until 5:45PM                           |                                     | <b>Markali Pillaiyar</b>   | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM   |
| Then Creative Work - Siddha Yoga       |                                     |  |   |
| <b>9</b>                               | <b>Sunday, December 16, 2018</b>    | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraprosnthapada/Revati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Navamyam Titau             | Edmonton, Canada<br>Sun 23 Sutra 245<br>Vilamba 5120  |
| Meena Rasi: 12.1                       | Tithi 9                             | <b>Gulika</b> 2:22PM – 3:18PM<br>Yama 12:29PM – 1:25PM<br>811863365 <b>Rahu</b> 3:18PM – 4:15PM  | <b>Uttaraprosnthapada Until 2:38PM</b><br>Vyatipata* Until 1:18PM<br>Balava Until 6:30AM<br>Navami* Until 7:01PM  |
| Creative Work                          | Amrita Yoga                         |  | <b>Ganesh:</b> Purple <i>Sunrise:</i> 8:43AM<br><b>Muruga:</b> Purple <i>Sunset:</i> 4:15PM<br><b>Nataraja:</b> White<br>Moon – Clear<br>Margasira-Markali        |
|  |                                     |  | <b>Bhuloka Day</b><br>Moon 11 - Phase 33<br>Navami  |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time


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|                            |             |                                  |                   |                                |  |   |  |
|----------------------------|-------------|----------------------------------|-------------------|--------------------------------|--|---|--|
| <b>1</b>                   |             | <b>Monday, December 17, 2018</b> |                   |                                |  | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau | Edmonton, Canada<br>Sun 24 Sutra 246<br>Vilamba 5120 |
| Meena Rasi: 24.45          | Tithi 10    | <b>Gulika</b>                    | 1:26PM – 2:22PM   | <b>Revati Until 7:08PM Tue</b> | <b>Ganesh:</b> Purple <i>Sunrise: 8:44AM</i> |   |  |
| <b>Family Home Evening</b> | 811863365   | Yama                             | 11:33AM – 12:29PM | Variyan Until 12:38PM          | <b>Muruga:</b> Purple <i>Sunset: 4:15PM</i>  | Moon 11 - Phase 34  |  |
| Creative Work              | Siddha Yoga | <b>Rahu</b>                      | 9:40AM – 10:36AM  | Taitila Until 7:22AM           | <b>Nataraja:</b> White                       | 4th Phase   |  |
|                            |             |                                  |                   | <b>Dashami Until 7:29PM</b>    | Moon – Clear                                 | <b>Bhuloka Day</b>  |  |
|                            |             |                                  |                   |                                | <b>Margasira*Markali</b>                     |   |  |

|                  |             |                                   |                   |                              |   |  |  |
|------------------|-------------|-----------------------------------|-------------------|------------------------------|---|--|--|
| <b>2</b>         |             | <b>Tuesday, December 18, 2018</b> |                   |                              |   | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati/Bharani Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau | Edmonton, Canada<br>Sun 25 Sutra 247<br>Vilamba 5120 |
| Mesha Rasi: 7.43 | Tithi 11    | <b>Gulika</b>                     | 12:30PM – 1:26PM  | <b>Revati Until 7:08PM</b>   | <b>Ganesh:</b> Clear <i>Sunrise: 8:44AM</i> |  |  |
|                  | 821863365   | Yama                              | 10:37AM – 11:33AM | Parigha* Until 9:26AM Wed    | <b>Muruga:</b> Purple <i>Sunset: 4:15PM</i> | Moon 11 - Phase 34   |  |
| Creative Work    | Siddha Yoga | <b>Rahu</b>                       | 2:22PM – 3:19PM   | Vanija Until 7:26AM          | <b>Nataraja:</b> White                      | 4th Phase  |  |
|                  |             |                                   |                   | <b>Ekadashi Until 7:08PM</b> | Moon – White                                | <b>Bhuloka Day</b>   |  |
|                  |             | <b>Gita Jayanthi</b>              |                   |                              | <b>Margasira*Markali</b>                    | Devaloka Time: 6:AM to 9:AM  |  |

|                                  |               |                                     |                   |                              |   |  |  |
|----------------------------------|---------------|-------------------------------------|-------------------|------------------------------|---|--|--|
| <b>3</b>                         |               | <b>Wednesday, December 19, 2018</b> |                   |                              |   | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau | Edmonton, Canada<br>Sun 26 Sutra 248<br>Vilamba 5120 |
| Mesha Rasi: 21.07                | Tithi 12 – 13 | <b>Gulika</b>                       | 11:34AM – 12:30PM | <b>Bharani Until 3:43PM</b>  | <b>Ganesh:</b> Clear <i>Sunrise: 8:45AM</i> |  |  |
|                                  | 821863365     | Yama                                | 9:41AM – 10:38AM  | Shiva Until 9:26AM           | <b>Muruga:</b> Purple <i>Sunset: 4:15PM</i> | Moon 11 - Phase 34   |  |
| Creative Work                    | Siddha Yoga   | <b>Rahu</b>                         | 12:30PM – 1:27PM  | Bava Until 6:40AM            | <b>Nataraja:</b> White                      | 4th Phase  |  |
| Until 3:43PM                     |               |                                     |                   | <b>Dvadashi Until 5:59PM</b> | Moon – White                                | <b>Bhuloka Day</b>   |  |
| Then Creative Work - Amrita Yoga |               |                                     |                   |                              | <b>Margasira*Markali</b>                    | Devaloka Time: 6:AM to 9:AM  |  |
|                                  |               |                                     |                   | <i>Pradosha Vrata</i>        |   |  |  |

|                     |               |                                    |                   |                                |   |  |  |
|---------------------|---------------|------------------------------------|-------------------|--------------------------------|---|--|--|
| <b>4</b>            |               | <b>Thursday, December 20, 2018</b> |                   |                                |   | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Edmonton, Canada<br>Sun 27 Sutra 249<br>Vilamba 5120 |
| Vrisabha Rasi: 4.56 | Tithi 13 – 14 | <b>Gulika</b>                      | 10:38AM – 11:34AM | <b>Krittika Until 2:28PM</b>   | <b>Ganesh:</b> Clear <i>Sunrise: 8:46AM</i> |  |  |
|                     | 821863365     | Yama                               | 8:46AM – 9:42AM   | Siddha Until 6:56AM            | <b>Muruga:</b> Purple <i>Sunset: 4:16PM</i> | Moon 11 - Phase 34   |  |
| Routine Work        | Marana Yoga   | <b>Rahu</b>                        | 1:27PM – 2:23PM   | Gara Until 3:00AM Fri          | <b>Nataraja:</b> White                      | 4th Phase  |  |
|                     |               |                                    |                   | <b>Trayodashi Until 4:08PM</b> | Moon – White                                | <b>Bhuloka Day</b>   |  |
|                     |               |                                    |                   |                                | <b>Margasira*Markali</b>                    | Devaloka Time: 6:AM to 9:AM  |  |

|   |               |                                  |                   |                                  |   |  |   |
|---|---------------|----------------------------------|-------------------|----------------------------------|---|--|---|
|  |               | <b>Friday, December 21, 2018</b> |                   |                                  |   | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Edmonton, Canada<br>Sutra 250<br>Vilamba 5120 |
| Vrisabha Rasi: 19.1   | Tithi 14 – 15 | <b>Gulika</b>                    | 9:42AM – 10:39AM  | <b>Rohini Until 10:52AM Sat</b>  | <b>Ganesh:</b> White <i>Sunrise: 8:46AM</i> |  |   |
|   | 831863365     | Yama                             | 2:24PM – 3:20PM   | Subha Until 12:32AM Sat          | <b>Muruga:</b> Purple <i>Sunset: 4:16PM</i> | Moon 11 - Phase 34   |   |
| Routine Work  | Marana Yoga   | <b>Rahu</b>                      | 11:35AM – 12:31PM | Visti Until 12:21AM Sat          | <b>Nataraja:</b> White                      | Purnima  |   |
| Until 10:52AM Sat   |               |                                  |                   | <b>Chaturdashi* Until 1:43PM</b> | Moon – Yellow                               | <b>Bhuloka Day</b>   |   |
| Then Creative Work - Siddha Yoga  |               | <b>Day 1 of Pancha Ganapati</b>  |                   |                                  | <b>Margasira*Markali</b>                    |  |   |

|   |               |                                    |                   |                               |  |   |   |
|---|---------------|------------------------------------|-------------------|-------------------------------|--|---|---|
|  |               | <b>Saturday, December 22, 2018</b> |                   |                               |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Rohini/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Edmonton, Canada<br>Sutra 251<br>Vilamba 5120 |
| Mithuna Rasi: 3.43  | Tithi 15 – 16 | <b>Gulika</b>                      | 8:47AM – 9:43AM   | <b>Rohini Until 10:52AM</b>   | <b>Ganesh:</b> Yellow <i>Sunrise: 8:47AM</i> |   |   |
|   | 831963365     | Yama                               | 1:28PM – 2:24PM   | Sukla Until 8:51PM            | <b>Muruga:</b> Purple <i>Sunset: 4:17PM</i>  | Moon 11 - Phase 34  |   |
| Creative Work   | Siddha Yoga   | <b>Rahu</b>                        | 10:39AM – 11:36AM | Balava Until 9:21PM           | <b>Nataraja:</b> White                       | Prathama  |   |
|   |               |                                    |                   | <b>Purnima* Until 10:52AM</b> | Moon – Yellow                                | <b>Bhuloka Day</b>  |   |
|   |               | <b>Day 2 of Pancha Ganapati</b>    |                   |                               | <b>Margasira*Markali</b>                     | Devaloka Time: 9:AM to 12:PM  |   |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Sunday, December 23, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Edmonton, Canada

Sutra 252

Vilamba 5120

Moon 12 - Phase 35  
1st Phase

Mithuna Rasi: 18.31    Tihi 16 – 17

831963365

**Gulika**    2:25PM – 3:21PM  
**Yama**      12:32PM – 1:29PM  
**Rahu**       3:21PM – 4:17PM

**Ardra Until 8:15AM**  
Brahma Until 5:00PM  
Taitila Until 6:09PM

**Ganesha:** Yellow    *Sunrise:* 8:47AM  
**Muruga:** Purple      *Sunset:* 4:17PM  
**Nataraja:** White  
Moon – Yellow

**Margasira\*Markali**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Day 3 of Pancha Ganapati  
Ardra Darshanam

**Monday, December 24, 2018**

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra/Vaidhriti\* Yoga Vanija/Bava Karana Triliyayam Titau

Edmonton, Canada

Sun 1    Sutra 253

Vilamba 5120

Moon 12 - Phase 35  
1st Phase

Kataka Rasi: 3.23    Tihi 18

841963365

Family Home Evening

Creative Work    Siddha Yoga

**Gulika**    1:29PM – 2:25PM  
**Yama**      11:36AM – 12:33PM  
**Rahu**       9:44AM – 10:40AM

**Pushya Until 3:25AM Tue**  
Indra Until 3:25AM Tue  
Vanija Until 2:55PM

**Ganesha:** Blue      *Sunrise:* 8:48AM  
**Muruga:** Purple      *Sunset:* 4:18PM  
**Nataraja:** White  
Moon – Blue

**Margasira\*Markali**

**Devaloka Day**

Day 4 of Pancha Ganapati

**Tuesday, December 25, 2018**

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Edmonton, Canada

Sun 2    Sutra 254

Vilamba 5120

Moon 12 - Phase 35  
1st Phase

Kataka Rasi: 18.15    Tihi 19

842963365

Creative Work    Siddha Yoga

**Gulika**    12:33PM – 1:30PM  
**Yama**      10:41AM – 11:37AM  
**Rahu**       2:26PM – 3:22PM

**Ashlesha\* Until 12:59AM Wed**  
Vaidhriti\* Until 9:18AM  
Bava Until 11:47AM

**Ganesha:** Yellow    *Sunrise:* 8:48AM  
**Muruga:** Purple      *Sunset:* 4:19PM  
**Nataraja:** White  
Moon – Blue

**Margasira\*Markali**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Day 5 of Pancha Ganapati

**Wednesday, December 26, 2018**

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Edmonton, Canada

Sun 3    Sutra 255

Vilamba 5120

Moon 12 - Phase 35  
1st Phase

Simha Rasi: 2.58    Tihi 20

852963366

Creative Work    Siddha Yoga

Until 11:08PM

Then Creative Work - Amrita Yoga

**Gulika**    11:37AM – 12:34PM  
**Yama**      9:45AM – 10:41AM  
**Rahu**       12:34PM – 1:30PM

**Magha\* Until 11:08PM**  
Priti Until 2:17AM Thu  
Kaulava Until 8:52AM  
**Panchami Until 7:31PM**

**Ganesha:** Blue      *Sunrise:* 8:48AM  
**Muruga:** Purple      *Sunset:* 4:20PM  
**Nataraja:** Green  
Moon – Red

**Margasira\*Markali**

**Bhuloka Day**

**Thursday, December 27, 2018**

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman Yoga Gara/Visi\* Karana Shashthi/Saptamyam Titau

Edmonton, Canada

Sun 4    Sutra 256

Vilamba 5120

Moon 12 - Phase 35  
1st Phase

Simha Rasi: 17.26    Tihi 21 – 22

852963366

Creative Work    Siddha Yoga

**Gulika**    10:41AM – 11:38AM  
**Yama**      8:48AM – 9:45AM  
**Rahu**       1:31PM – 2:27PM

**Purvaphalguni Until 9:33PM**  
Ayushman Until 11:14PM  
Gara Until 6:18AM  
**Shashthi\* Until 5:10PM**

**Ganesha:** Blue      *Sunrise:* 8:48AM  
**Muruga:** Purple      *Sunset:* 4:20PM  
**Nataraja:** Green  
Moon – Red

**Margasira\*Markali**

**Bhuloka Day**

**Friday, December 28, 2018**

5

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Edmonton, Canada

Sun 5    Sutra 257

Vilamba 5120

Moon 12 - Phase 35  
1st Phase

Kanya Rasi: 1.37    Tihi 22 – 23

852963366

Creative Work    Siddha Yoga

Until 8:17PM

Then Creative Work - Amrita Yoga

**Gulika**    9:45AM – 10:42AM  
**Yama**      2:28PM – 3:25PM  
**Rahu**       11:38AM – 12:35PM

**Uttaraphalguni Until 8:17PM**  
Saubhagya Until 8:35PM  
Balava Until 2:32AM Sat  
**Saptami Until 3:16PM**

**Ganesha:** Blue      *Sunrise:* 8:48AM  
**Muruga:** Purple      *Sunset:* 4:21PM  
**Nataraja:** Green  
Moon – Red

**Margasira\*Markali**

**Bhuloka Day**

**Saturday, December 29, 2018**

6

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Edmonton, Canada

Sun 6    Sutra 258

Vilamba 5120

Moon 12 - Phase 35  
Ashtami

Kanya Rasi: 15.28    Tihi 23 – 24

862963366

Routine Work    Marana Yoga

**Gulika**    8:49AM – 9:45AM  
**Yama**      1:32PM – 2:29PM  
**Rahu**       10:42AM – 11:39AM

**Hasta Until 7:50PM**  
Sobhana Until 6:22PM  
Taitila Until 1:26AM Sun  
**Ashtami\* Until 1:54PM**

**Ganesha:** Red        *Sunrise:* 8:49AM  
**Muruga:** Purple      *Sunset:* 4:22PM  
**Nataraja:** Green  
Moon – Green

**Margasira\*Markali**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Sunday, December 30, 2018**

7

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Edmonton, Canada

Sun 7    Sutra 259

Vilamba 5120

Moon 12 - Phase 35  
Navami

Kanya Rasi: 29.01    Tihi 24 – 25

862963366

Creative Work    Siddha Yoga

**Gulika**    2:29PM – 3:26PM  
**Yama**      12:36PM – 1:33PM  
**Rahu**       3:26PM – 4:23PM

**Chitra Until 7:46PM**  
Athiganda\* Until 4:33PM  
Vanija Until 12:52AM Mon  
**Navami\* Until 1:04PM**

**Ganesha:** Red        *Sunrise:* 8:49AM  
**Muruga:** Purple      *Sunset:* 4:23PM  
**Nataraja:** Green  
Moon – Green

**Margasira\*Markali**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

|                                 |  |   |                              |                              |                          |   |                    |                  |  |
|---------------------------------|--|---|------------------------------|------------------------------|--------------------------|---|--------------------|------------------|--|
| <b>1</b>                        |  | <b>Monday, December 31, 2018</b>  |                              |                              |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam |                    | Edmonton, Canada |  |
|                                 |  | Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                              |                              |                          | Sun 8   |                    | Sutra 260        |  |
|                                 |  | <b>Gulika</b>   | <b>1:33PM – 2:30PM</b>       | <b>Svati Until 8:03PM</b>    | <b>Ganesha: Red</b>      | <i>Sunrise: 8:49AM</i>  | Vilamba 5120       |                  |  |
| Tula Rasi: 12.16                |  |   | Yama 11:39AM – 12:36PM       | Sukarma Until 3:09PM         | <b>Muruga: Purple</b>    | <i>Sunset: 4:24PM</i>   | Moon 12 - Phase 36 |                  |  |
| <b>Family Home Evening</b>      |  | 862963366   | <b>Rahu 9:45AM – 10:42AM</b> | Bava Until 12:49AM Tue       | <b>Nataraja: Green</b>   |   | 2nd Phase          |                  |  |
| Creative Work Amrita Yoga       |  |   |                              | <b>Dashami Until 12:45PM</b> | Moon – Green             |   | <b>Bhuloka Day</b> |                  |  |
| Until 8:03PM                    |  |   |                              |                              | <b>Margasira*Markali</b> | Devaloka Time: 6:AM to 9:AM   |                    |                  |  |
| Then Routine Work - Marana Yoga |  |   |                              |                              |                          |   |                    |                  |  |

|                                  |  |   |                             |                                |                          |  |                    |                  |  |
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| <b>2</b>                         |  | <b>Tuesday, January 1, 2019</b>   |                             |                                |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam |                    | Edmonton, Canada |  |
|                                  |  | Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                             |                                |                          | Sun 9  |                    | Sutra 261        |  |
|                                  |  | <b>Gulika</b>   | <b>12:37PM – 1:34PM</b>     | <b>Vishakha Until 9:08PM</b>   | <b>Ganesha: Green</b>    | <i>Sunrise: 8:48AM</i>   | Vilamba 5120       |                  |  |
| Tula Rasi: 25.16                 |  |   | Yama 10:43AM – 11:40AM      | Dhriti Until 2:09PM            | <b>Muruga: Purple</b>    | <i>Sunset: 4:25PM</i>  | Moon 12 - Phase 36 |                  |  |
| <b>Family Home Evening</b>       |  | 872963366   | <b>Rahu 2:31PM – 3:28PM</b> | Kaulava Until 1:17AM Wed       | <b>Nataraja: Green</b>   |  | 2nd Phase          |                  |  |
| Routine Work Marana Yoga         |  |   |                             | <b>Ekadashi* Until 12:58PM</b> | Moon – Orange            |  | <b>Bhuloka Day</b> |                  |  |
| Until 9:08PM                     |  |   |                             |                                | <b>Margasira*Markali</b> | Devaloka Time: 6:AM to 9:AM  |                    |                  |  |
| Then Creative Work - Siddha Yoga |  |   |                             |                                |                          |  |                    |                  |  |

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| <b>3</b>                   |  | <b>Wednesday, January 2, 2019</b>   |                              |                                  |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam |                    | Edmonton, Canada |  |
|                            |  | Anuradha Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau |                              |                                  |                          | Sun 10   |                    | Sutra 262        |  |
|                            |  | <b>Gulika</b>   | <b>11:40AM – 12:37PM</b>     | <b>Anuradha Until 2:51PM Thu</b> | <b>Ganesha: Green</b>    | <i>Sunrise: 8:48AM</i>   | Vilamba 5120       |                  |  |
| Vrischika Rasi: 8.01       |  |   | Yama 9:46AM – 10:43AM        | Shula* Until 1:31PM              | <b>Muruga: Purple</b>    | <i>Sunset: 4:26PM</i>  | Moon 12 - Phase 36 |                  |  |
| <b>Family Home Evening</b> |  | 872963366   | <b>Rahu 12:37PM – 1:35PM</b> | Gara Until 2:13AM Thu            | <b>Nataraja: Green</b>   |  | 2nd Phase          |                  |  |
| Creative Work Siddha Yoga  |  |   |                              | <b>Dvadashi* Until 1:40PM</b>    | Moon – Orange            |  | <b>Bhuloka Day</b> |                  |  |
|                            |  |   |                              |                                  | <b>Margasira*Markali</b> | Devaloka Time: 6:AM to 9:AM  |                    |                  |  |
|                            |  |   |                              |                                  |                          |  |                    |                  |  |

*Pradosha Vrata (Fasting)*

|                                  |  |   |                             |                                 |                          |   |                    |                  |  |
|----------------------------------|--|---|-----------------------------|---------------------------------|--------------------------|---|--------------------|------------------|--|
| <b>4</b>                         |  | <b>Thursday, January 3, 2019</b>  |                             |                                 |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam |                    | Edmonton, Canada |  |
|                                  |  | Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                             |                                 |                          | Sun 11  |                    | Sutra 263        |  |
|                                  |  | <b>Gulika</b>   | <b>10:43AM – 11:40AM</b>    | <b>Anuradha Until 2:51PM</b>    | <b>Ganesha: Green</b>    | <i>Sunrise: 8:48AM</i>  | Vilamba 5120       |                  |  |
| Vrischika Rasi: 20.32            |  |   | Yama 8:48AM – 9:45AM        | Ganda* Until 13:19AM Fri        | <b>Muruga: Purple</b>    | <i>Sunset: 4:27PM</i>   | Moon 12 - Phase 36 |                  |  |
| <b>Family Home Evening</b>       |  | 872963366   | <b>Rahu 1:35PM – 2:33PM</b> | Visti Until 3:37AM Fri          | <b>Nataraja: Green</b>   |   | 2nd Phase          |                  |  |
| Routine Work Prabalarishta Yoga  |  |   |                             | <b>Trayodashi* Until 2:51PM</b> | Moon – Orange            |   | <b>Bhuloka Day</b> |                  |  |
| Until 2:51PM                     |  |   |                             |                                 | <b>Margasira*Markali</b> | Devaloka Time: 6:AM to 9:AM   |                    |                  |  |
| Then Creative Work - Siddha Yoga |  |   |                             |                                 |                          |   |                    |                  |  |

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| <b>5</b>                               |  | <b>Friday, January 4, 2019</b>   |                               |                                  |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam |                    | Edmonton, Canada |  |
|  |  | Jyeshtha*/Mula* Nakshatra Vridhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                               |                                  |                          | Sun 12   |                    | Sutra 264        |  |
|  |  | <b>Gulika</b>  | <b>9:45AM – 10:43AM</b>       | <b>Jyeshtha* Until 4:28PM</b>    | <b>Ganesha: White</b>    | <i>Sunrise: 8:48AM</i>   | Vilamba 5120       |                  |  |
| Dhanus Rasi: 2.52                      |  |  | Yama 2:33PM – 3:31PM          | Vridhi Until 13:40AM Sat         | <b>Muruga: Purple</b>    | <i>Sunset: 4:29PM</i>  | Moon 12 - Phase 36 |                  |  |
| <b>Family Home Evening</b>             |  | 882963366  | <b>Rahu 11:41AM – 12:38PM</b> | Catuspada Until 5:27AM Sat       | <b>Nataraja: Green</b>   |  | 2nd Phase          |                  |  |
| Creative Work Amrita Yoga              |  |  |                               | <b>Chaturdashi* Until 4:28PM</b> | Moon – Light Blue        |  | <b>Bhuloka Day</b> |                  |  |
| Until 4:28PM                           |  |  |                               |                                  | <b>Margasira*Markali</b> | Devaloka Time: 12:PM to 3:PM   |                    |                  |  |
| Then Routine Work - Prabalarishta Yoga |  |  |                               |                                  |                          |  |                    |                  |  |

|                                  |  |                                  |                               |                                      |                          |  |                    |                  |  |
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| <b>●</b>                         |  | <b>Saturday, January 5, 2019</b> |                               |                                      |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam |                    | Edmonton, Canada |  |
|                                  |  | <b>Retreat Star</b>              |                               |                                      |                          | Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Naga* Karana Amavasyayam Titau                    |                    | Sun 13           |  |
|                                  |  | <b>Gulika</b>                    | <b>8:47AM – 9:45AM</b>        | <b>Purvashadha* Until 5:13AM Sun</b> | <b>Ganesha: White</b>    | <i>Sunrise: 8:47AM</i>   | Vilamba 5120       |                  |  |
| Dhanus Rasi: 15.02               |  |                                  | Yama 1:37PM – 2:34PM          | Dhruva Until 1:40PM                  | <b>Muruga: Clear</b>     | <i>Sunset: 4:30PM</i>  | Moon 12 - Phase 36 |                  |  |
| <b>Family Home Evening</b>       |  | 882973366                        | <b>Rahu 10:43AM – 11:41AM</b> | Naga Until 6:29PM                    | <b>Nataraja: Green</b>   |  | Amavasya           |                  |  |
| Creative Work Siddha Yoga        |  |                                  |                               | <b>Amavasya* Until 6:29PM</b>        | Moon – Light Blue        |  | <b>Bhuloka Day</b> |                  |  |
| Until 5:13AM Sun                 |  |                                  |                               |                                      | <b>Margasira*Markali</b> | Devaloka Time: 12:PM to 3:PM   |                    |                  |  |
| Then Creative Work - Amrita Yoga |  |                                  |                               |                                      |                          |  |                    |                  |  |

|                            |  |                                |                             |                                      |                        |  |                    |                  |  |
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| <b>●</b>                   |  | <b>Sunday, January 6, 2019</b> |                             |                                      |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam |                    | Edmonton, Canada |  |
|                            |  | <b>Retreat Star</b>            |                             |                                      |                        | Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau      |                    | Sun 14           |  |
|                            |  | <b>Gulika</b>                  | <b>2:35PM – 3:33PM</b>      | <b>Uttarashadha Until 7:56AM Mon</b> | <b>Ganesha: White</b>  | <i>Sunrise: 8:47AM</i>   | Vilamba 5120       |                  |  |
| Dhanus Rasi: 27.03         |  |                                | Yama 12:39PM – 1:37PM       | Vyaghata* Until 2:18PM               | <b>Muruga: Clear</b>   | <i>Sunset: 4:31PM</i>  | Moon 12 - Phase 36 |                  |  |
| <b>Family Home Evening</b> |  | 882973366                      | <b>Rahu 3:33PM – 4:31PM</b> | Kintughna Until 7:39AM               | <b>Nataraja: Green</b> |  | Prathama           |                  |  |
| Creative Work Amrita Yoga  |  |                                |                             | <b>Prathama* Until 8:50PM</b>        | Moon – Light Blue      |  | <b>Bhuloka Day</b> |                  |  |
|                            |  |                                |                             |                                      | <b>Pausha*Markali</b>  | Devaloka Time: 12:PM to 3:PM   |                    |                  |  |
|                            |  |                                |                             |                                      |                        |  |                    |                  |  |

Partial Solar Eclipse

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                  |             |                                |                   |                                  |                        |  |  |
|----------------------------------|-------------|--------------------------------|-------------------|----------------------------------|------------------------|--|--|
| <b>1</b>                         |             | <b>Monday, January 7, 2019</b> |                   |                                  |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Edmonton, Canada<br>Sun 15 Sutra 267<br>Vilamba 5120 |
| Makara Rasi: 8.57                | Tithi 2     | <b>Gulika</b>                  | 1:38PM – 2:36PM   | <b>Uttarashadha</b> Until 7:56AM | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 8:47AM   |  |
| <b>Family Home Evening</b>       | 883973366   | Yama                           | 11:41AM – 12:40PM | Harshana Until 3:09PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:33PM  |  |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                    | 9:45AM – 10:43AM  | Balava Until 12:50AM Tue         | <b>Nataraja:</b> Green | Moon 12 - Phase 37   |  |
| Until 7:56AM                     |             |                                |                   | <b>Dvitiya</b> Until 2:18PM      | Moon – Light Blue      | <b>Devaloka Day</b>  |  |
| Then Creative Work - Amrita Yoga |             |                                |                   |                                  | <b>Pausha-Markali</b>  |  |  |

|                    |             |                                 |                   |                               |                        |   |  |
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| <b>2</b>           |             | <b>Tuesday, January 8, 2019</b> |                   |                               |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau | Edmonton, Canada<br>Sun 16 Sutra 268<br>Vilamba 5120 |
| Makara Rasi: 20.46 | Tithi 3     | <b>Gulika</b>                   | 12:40PM – 1:39PM  | <b>Shravana</b> Until 11:12AM | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 8:46AM  |  |
|                    | 893973366   | Yama                            | 10:43AM – 11:42AM | Vajra* Until 4:06PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:34PM   |  |
| Creative Work      | Siddha Yoga | <b>Rahu</b>                     | 2:37PM – 3:36PM   | Tailila Until 15:36AM Wed     | <b>Nataraja:</b> Green | Moon 12 - Phase 37  |  |
|                    |             |                                 |                   | <b>Tritiya</b> Until 3:09PM   | Moon – Purple          | <b>Devaloka Day</b>   |  |
|                    |             |                                 |                   |                               | <b>Pausha-Markali</b>  |   |  |

|                                  |                    |                                   |                   |                                    |                        |  |  |
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| <b>3</b>                         |                    | <b>Wednesday, January 9, 2019</b> |                   |                                    |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthayam Titau | Edmonton, Canada<br>Sun 17 Sutra 269<br>Vilamba 5120 |
| Kumbha Rasi: 2.33                | Tithi 4            | <b>Gulika</b>                     | 11:42AM – 12:40PM | <b>Dhanishtha</b> Until 2:22PM     | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 8:45AM   |  |
|                                  | 893973366          | Yama                              | 9:44AM – 10:43AM  | Siddhi Until 5:06PM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:36PM  |  |
| Routine Work                     | Prabalarishta Yoga | <b>Rahu</b>                       | 12:40PM – 1:39PM  | Vanija Until 3:36PM                | <b>Nataraja:</b> Green | Moon 12 - Phase 37   |  |
| Until 2:22PM                     |                    |                                   |                   | <b>Chaturthi*</b> Until 4:55AM Thu | Moon – Purple          | <b>Devaloka Day</b>  |  |
| Then Creative Work - Siddha Yoga |                    |                                   |                   |                                    | <b>Pausha-Markali</b>  |  |  |

|                    |             |                                   |                   |                                  |                        |  |  |
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| <b>4</b>           |             | <b>Thursday, January 10, 2019</b> |                   |                                  |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Bava Karana Panchamyam Titau | Edmonton, Canada<br>Sun 18 Sutra 270<br>Vilamba 5120 |
| Kumbha Rasi: 14.21 | Tithi 5     | <b>Gulika</b>                     | 10:43AM – 11:42AM | <b>Shatabhishak</b> Until 5:16PM | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 8:45AM   |  |
|                    | 893973366   | Yama                              | 8:45AM – 9:44AM   | Vyatipata* Until 6:01PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:37PM  |  |
| Creative Work      | Siddha Yoga | <b>Rahu</b>                       | 1:40PM – 2:39PM   | Bava Until 6:15PM                | <b>Nataraja:</b> Green | Moon 12 - Phase 37   |  |
|                    |             |                                   |                   | <b>Panchami</b> Until 7:27AM Fri | Moon – Purple          | <b>Devaloka Day</b>  |  |
|                    |             |                                   |                   |                                  | <b>Pausha-Markali</b>  |  |  |

|                    |             |                                 |                   |                                       |                        |  |  |
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| <b>5</b>           |             | <b>Friday, January 11, 2019</b> |                   |                                       |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Edmonton, Canada<br>Sun 19 Sutra 271<br>Vilamba 5120 |
| Kumbha Rasi: 26.13 | Tithi 5 – 6 | <b>Gulika</b>                   | 9:43AM – 10:43AM  | <b>Purvaproshtapada*</b> Until 8:14PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 8:44AM   |  |
|                    | 813973366   | Yama                            | 2:40PM – 3:39PM   | Variyan Until 6:43PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:38PM  |  |
| Creative Work      | Siddha Yoga | <b>Rahu</b>                     | 11:42AM – 12:41PM | Kaulava Until 8:37PM                  | <b>Nataraja:</b> Green | Moon 12 - Phase 37   |  |
|                    |             |                                 |                   | <b>Panchami</b> Until 7:27AM          | Moon – Clear           | <b>Devaloka Day</b>  |  |
|                    |             |                                 |                   |                                       | <b>Pausha-Markali</b>  |  |  |

|  |             |                                   |                   |  |                        |  |  |
|--|-------------|-----------------------------------|-------------------|--|------------------------|--|--|
| <b>6</b>                               |             | <b>Saturday, January 12, 2019</b> |                   |  |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | Edmonton, Canada<br>Sun 20 Sutra 272<br>Vilamba 5120 |
| Meena Rasi: 8.13                       | Tithi 6 – 7 | <b>Gulika</b>                     | 8:43AM – 9:43AM   | <b>Uttaraproshtapada</b> Until 10:37PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 8:43AM   |  |
|  | 813973366   | Yama                              | 1:41PM – 2:41PM   | Parigha* Until 7:06PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:40PM  |  |
| Creative Work                          | Siddha Yoga | <b>Rahu</b>                       | 10:43AM – 11:42AM | Gara Until 10:32PM                     | <b>Nataraja:</b> Green | Moon 12 - Phase 37   |  |
| Until 10:37PM                          |             |                                   |                   | <b>Shashthi*</b> Until 9:37AM          | Moon – Clear           | <b>Devaloka Day</b>  |  |
| Then Routine Work - Prabalarishta Yoga |             |                                   |                   |  | <b>Pausha-Markali</b>  |  |  |

|                                  |             |                                 |                  |                                 |                        |  |  |
|----------------------------------|-------------|---------------------------------|------------------|---------------------------------|------------------------|--|--|
| <b>☾</b>                         |             | <b>Sunday, January 13, 2019</b> |                  |                                 |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | Edmonton, Canada<br>Sun 21 Sutra 273<br>Vilamba 5120 |
| <b>Retreat Star</b>              |             | <b>Gulika</b>                   | 2:42PM – 3:42PM  | <b>Revati</b> Until 12:14AM Mon | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 8:43AM   |  |
| Meena Rasi: 20.26                | Tithi 7 – 8 | Yama                            | 12:42PM – 1:42PM | Shiva Until 7:02PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:42PM  |  |
|                                  | 813973366   | <b>Rahu</b>                     | 3:42PM – 4:42PM  | Visti Until 11:49PM             | <b>Nataraja:</b> Green | Moon 12 - Phase 37   |  |
| Creative Work                    | Amrita Yoga |                                 |                  | <b>Saptami</b> Until 11:15AM    | Moon – Clear           | <b>Devaloka Day</b>  |  |
| Until 12:14AM Mon                |             |                                 |                  |                                 | <b>Pausha-Markali</b>  | Ashtami  |  |
| Then Creative Work - Siddha Yoga |             |                                 |                  |                                 |                        |  |  |

|                            |             |                                 |                   |                                 |                        |  |  |
|----------------------------|-------------|---------------------------------|-------------------|---------------------------------|------------------------|--|--|
| <b>☽</b>                   |             | <b>Monday, January 14, 2019</b> |                   |                                 |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Edmonton, Canada<br>Sun 22 Sutra 274<br>Vilamba 5120 |
| <b>Retreat Star</b>        |             | <b>Gulika</b>                   | 1:43PM – 2:43PM   | <b>Ashvini</b> Until 1:28AM Tue | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 8:42AM   |  |
| Mesha Rasi: 2.56           | Tithi 8 – 9 | Yama                            | 11:42AM – 12:42PM | Siddha Until 1:28AM Tue         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:43PM  |  |
| <b>Family Home Evening</b> | 823973366   | <b>Rahu</b>                     | 9:42AM – 10:42AM  | Balava Until 12:21AM Tue        | <b>Nataraja:</b> Green | Moon 12 - Phase 37   |  |
| Creative Work              | Siddha Yoga |                                 |                   | <b>Ashtami*</b> Until 7:02PM    | Moon – White           | <b>Sivaloka Day</b>  |  |
|                            |             | <b>Thai Pongal</b>              |                   |                                 | <b>Pausha-Thai</b>     | Navami   |  |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang

|                                  |              |                                       |                                 |                        |                        |   |  |
|----------------------------------|--------------|---------------------------------------|---------------------------------|------------------------|------------------------|---|--|
| <b>1</b>                         |              | <b>Tuesday, January 15, 2019</b>      |                                 |                        |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Sadhya/Subha Yoga Gara/Bava Karana Navami/Dashamyam Titau | Edmonton, Canada<br>Sun 23 Sutra 275<br>Vilamba 5120 |
| Mesha Rasi: 15.47                | Tithi 9 – 10 | <b>Gulika</b> 12:43PM – 1:43PM        | <b>Bharani</b> Until 1:43AM Wed | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 8:41AM |   |  |
|                                  |              | Yama 10:42AM – 11:42AM                | Sadhya Until 5:08PM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:45PM  | Moon 12 - Phase 38  |  |
|                                  |              | 823973366 <b>Rahu</b> 2:44PM – 3:44PM | Taitila Until 12:04AM Wed       | <b>Nataraja:</b> Green |                        | 4th Phase   |  |
| Creative Work                    | Siddha Yoga  |                                       | <b>Navami*</b> Until 12:18PM    | Moon – White           |                        | <b>Sivaloka Day</b>   |  |
| Until 1:43AM Wed                 |              |                                       |                                 | <b>Pausha*Thai</b>     |                        |   |  |
| Then Creative Work - Amrita Yoga |              |                                       |                                 |                        |                        |   |  |

|                                 |               |  |                                  |                        |                        |   |  |
|---------------------------------|---------------|--|----------------------------------|------------------------|------------------------|---|--|
| <b>2</b>                        |               | <b>Wednesday, January 16, 2019</b>     |                                  |                        |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Subha/Sukla Yoga Gara/Bava Karana Dashami/Ekadashyam Titau | Edmonton, Canada<br>Sun 24 Sutra 276<br>Vilamba 5120 |
| Mesha Rasi: 29.03               | Tithi 10 – 11 | <b>Gulika</b> 11:42AM – 12:43PM        | <b>Krittika</b> Until 1:02AM Thu | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 8:40AM |   |  |
|                                 |               | Yama 9:41AM – 10:42AM                  | Subha Until 1:02AM Thu           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:47PM  | Moon 12 - Phase 38  |  |
|                                 |               | 823173366 <b>Rahu</b> 12:43PM – 1:44PM | Bava Until 20:65AM Thu           | <b>Nataraja:</b> Green |                        | 4th Phase   |  |
| Creative Work                   | Amrita Yoga   |  | <b>Dashami</b> Until 11:36AM     | Moon – White           |                        | <b>Sivaloka Day</b>   |  |
| Until 1:02AM Thu                |               |  |                                  | <b>Pausha*Thai</b>     |                        |   |  |
| Then Routine Work - Marana Yoga |               |  |                                  |                        |                        |   |  |

|                      |               |                                       |                               |                        |                        |  |  |
|----------------------|---------------|---------------------------------------|-------------------------------|------------------------|------------------------|--|--|
| <b>3</b>             |               | <b>Thursday, January 17, 2019</b>     |                               |                        |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Edmonton, Canada<br>Sun 25 Sutra 277<br>Vilamba 5120 |
| Vrisabha Rasi: 12.47 | Tithi 11 – 12 | <b>Gulika</b> 10:41AM – 11:42AM       | <b>Rohini</b> Until 11:54PM   | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 8:39AM |  |  |
|                      |               | Yama 8:39AM – 9:40AM                  | Sukla Until 12:43PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:48PM  | Moon 12 - Phase 38   |  |
|                      |               | 833173366 <b>Rahu</b> 1:45PM – 2:46PM | Bava Until 9:05PM             | <b>Nataraja:</b> Green |                        | 4th Phase  |  |
| Routine Work         | Marana Yoga   |                                       | <b>Ekadashi</b> Until 10:05AM | Moon – Yellow          |                        | <b>Devaloka Day</b>  |  |
|                      |               |                                       |                               | <b>Pausha*Thai</b>     |                        |  |  |

|                      |               |   |                                |                        |                        |  |  |
|----------------------|---------------|---|--------------------------------|------------------------|------------------------|--|--|
| <b>4</b>             |               | <b>Friday, January 18, 2019</b>         |                                |                        |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Edmonton, Canada<br>Sun 26 Sutra 278<br>Vilamba 5120 |
| Vrisabha Rasi: 26.58 | Tithi 12 – 13 | <b>Gulika</b> 9:39AM – 10:41AM          | <b>Mrigashira</b> Until 9:59PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 8:38AM |  |  |
|                      |               | Yama 2:47PM – 3:48PM                    | Brahma Until 9:37AM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:50PM  | Moon 12 - Phase 38   |  |
|                      |               | 833173366 <b>Rahu</b> 11:42AM – 12:44PM | Kaulava Until 6:33PM           | <b>Nataraja:</b> Green |                        | 4th Phase  |  |
| Creative Work        | Siddha Yoga   |   | <b>Dvadashi</b> Until 7:52AM   | Moon – Yellow          |                        | <b>Devaloka Day</b>  |  |
|                      |               |   |                                | <b>Pausha*Thai</b>     |                        |  |  |
|                      |               |   |                                | <i>Pradosha Vrata</i>  |                        |  |  |

|                     |             |   |                                      |                        |                        |  |  |
|---------------------|-------------|---|--------------------------------------|------------------------|------------------------|--|--|
| <b>5</b>            |             | <b>Saturday, January 19, 2019</b>       |                                      |                        |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Chaturdashyam Titau | Edmonton, Canada<br>Sun 27 Sutra 279<br>Vilamba 5120 |
| Mithuna Rasi: 11.34 | Tithi 14    | <b>Gulika</b> 8:37AM – 9:39AM           | <b>Ardra</b> Until 7:27PM            | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 8:37AM |  |  |
|                     |             | Yama 1:46PM – 2:48PM                    | Indra Until 7:27PM                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:52PM  | Moon 12 - Phase 38   |  |
|                     |             | 833173366 <b>Rahu</b> 10:40AM – 11:42AM | Gara Until 3:29PM                    | <b>Nataraja:</b> Green |                        | 4th Phase  |  |
| Creative Work       | Siddha Yoga |   | <b>Chaturdashi*</b> Until 1:48AM Sun | Moon – Yellow          |                        | <b>Devaloka Day</b>  |  |
|                     |             |   |                                      | <b>Pausha*Thai</b>     |                        |  |  |

|                            |             |                                       |                                   |                        |                        |   |   |
|----------------------------|-------------|---------------------------------------|-----------------------------------|------------------------|------------------------|---|---|
| <b>○</b>                   |             | <b>Sunday, January 20, 2019</b>       |                                   |                        |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau | Edmonton, Canada<br>Sutra 280<br>Vilamba 5120 |
| <b>Copper Retreat Star</b> |             | <b>Gulika</b> 2:49PM – 3:51PM         | <b>Punarvasu</b> Until 6:34PM Mon | <b>Ganesha:</b> White  | <i>Sunrise:</i> 8:36AM |   |   |
| Mithuna Rasi: 26.3         | Tithi 15    | Yama 12:45PM – 1:47PM                 | Vishkambha* Until 10:01PM         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:53PM  | Moon 12 - Phase 38  |   |
|                            |             | 843173366 <b>Rahu</b> 3:51PM – 4:53PM | Visti Until 12:04PM               | <b>Nataraja:</b> Green |                        | Purnima   |   |
| Creative Work              | Siddha Yoga |                                       | <b>Purnima*</b> Until 10:15PM     | Moon – Blue            |                        | <b>Sivaloka Day</b>   |   |
|                            |             | <b>Thai Pusam</b>                     |                                   | <b>Pausha*Thai</b>     |                        |   |   |

|                                 |             |  |                               |                        |                        |   |   |
|---------------------------------|-------------|--|-------------------------------|------------------------|------------------------|---|---|
| <b>Monday, January 21, 2019</b> |             | <b>Silver Retreat Star</b>             |                               |                        |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Gara Karana Prathamayam Titau | Edmonton, Canada<br>Sutra 281<br>Vilamba 5120 |
| Kataka Rasi: 11.38              | Tithi 16    | <b>Gulika</b> 1:47PM – 2:50PM          | <b>Punarvasu</b> Until 6:34PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 8:34AM |   |   |
| <b>Family Home Evening</b>      |             | Yama 11:42AM – 12:45PM                 | Priti Until 1:55PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:55PM  | Moon 12 - Phase 38  |   |
|                                 |             | 843173366 <b>Rahu</b> 9:37AM – 10:40AM | Balava Until 8:26AM           | <b>Nataraja:</b> Green |                        | Prathama  |   |
| Creative Work                   | Siddha Yoga |  | <b>Prathama*</b> Until 6:34PM | Moon – Blue            |                        | <b>Sivaloka Day</b>   |   |
|                                 |             | <b>Total Lunar Eclipse</b>             |                               | <b>Pausha*Thai</b>     |                        |   |   |



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha\*/Magha\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Edmonton, Canada

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 26.5      Tihi 17 - 18

844173366

**Gulika** 12:45PM - 1:48PM  
Yama 10:39AM - 11:42AM  
**Rahu** 2:51PM - 3:54PM

**Ashlesha\* Until 10:53AM**  
Ayushman Until 1:32PM  
Vanija Until 1:12AM Wed  
Dvitiya Until 2:56PM

**Ganesha:** Clear      *Sunrise:* 8:33AM  
**Muruga:** Clear      *Sunset:* 4:57PM  
**Nataraja:** Green  
Moon - Blue  
Pausha\*Thai

Devaloka Day

Creative Work      Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Edmonton, Canada

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 11.55      Tihi 18 - 19

854173366

**Gulika** 11:42AM - 12:45PM  
Yama 9:35AM - 10:39AM  
**Rahu** 12:45PM - 1:49PM

**Magha\* Until 8:16AM**  
Saubhagya Until 9:27AM  
Bava Until 9:54PM  
Tritiya Until 11:29AM

**Ganesha:** Purple      *Sunrise:* 8:32AM  
**Muruga:** Clear      *Sunset:* 4:59PM  
**Nataraja:** Green  
Moon - Red  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work      Siddha Yoga

Until 8:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Uttaraphalguni Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Edmonton, Canada

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 26.45      Tihi 19 - 20

954173366

**Gulika** 10:38AM - 11:42AM  
Yama 8:30AM - 9:34AM  
**Rahu** 1:49PM - 2:53PM

**Uttaraphalguni Until 3:45AM Fri**  
Athiganda\* Until 2:14AM Fri  
Kaulava Until 7:03PM  
Chaturthi\* Until 8:24AM

**Ganesha:** Clear      *Sunrise:* 8:30AM  
**Muruga:** Clear      *Sunset:* 5:01PM  
**Nataraja:** Green  
Moon - Red  
Pausha\*Thai

Devaloka Day

Amrita Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Edmonton, Canada

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 11.15      Tihi 21

964173366

**Gulika** 9:33AM - 10:37AM  
Yama 2:54PM - 3:58PM  
**Rahu** 11:42AM - 12:46PM

**Hasta Until 2:31AM Sat**  
Sukarma Until 11:18PM  
Gara Until 4:44PM  
Shashthi\* Until 3:48AM Sat

**Ganesha:** Purple      *Sunrise:* 8:29AM  
**Muruga:** Clear      *Sunset:* 5:03PM  
**Nataraja:** Green  
Moon - Green  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work      Amrita Yoga

Until 2:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

Edmonton, Canada

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 25.2      Tihi 22

964173366

**Gulika** 8:28AM - 9:32AM  
Yama 1:51PM - 2:55PM  
**Rahu** 10:37AM - 11:41AM

**Chitra Until 1:51AM Sun**  
Dhriti Until 8:55PM  
Visti Until 3:04PM  
Saptami Until 2:30AM Sun

**Ganesha:** Purple      *Sunrise:* 8:28AM  
**Muruga:** Clear      *Sunset:* 5:05PM  
**Nataraja:** Green  
Moon - Green  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work      Marana Yoga

Until 1:51AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Edmonton, Canada

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 8.59      Tihi 23

964173366

**Gulika** 2:56PM - 4:01PM  
Yama 12:46PM - 1:51PM  
**Rahu** 4:01PM - 5:06PM

**Svati Until 1:44AM Mon**  
Shula\* Until 7:06PM  
Balava Until 2:08PM  
Ashtami\* Until 1:56AM Mon

**Ganesha:** Purple      *Sunrise:* 8:26AM  
**Muruga:** Clear      *Sunset:* 5:06PM  
**Nataraja:** Green  
Moon - Green  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work      Siddha Yoga

Until 1:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Vishakha Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

Edmonton, Canada

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 22.13      Tihi 24

974173366

**Gulika** 1:52PM - 2:57PM  
Yama 11:41AM - 12:47PM  
**Rahu** 9:30AM - 10:36AM

**Vishakha Until 2:40AM Tue**  
Ganda\* Until 5:52PM  
Taitila Until 14:30AM Tue  
Navami\* Until 7:06PM

**Ganesha:** Clear      *Sunrise:* 8:25AM  
**Muruga:** Clear      *Sunset:* 5:08PM  
**Nataraja:** Green  
Moon - Orange  
Pausha\*Thai

Devaloka Day

Routine Work      Marana Yoga

Until 2:40AM Tue

Then Creative Work - Siddha Yoga

Retreat Star

Family Home Evening

|  |  |                                  |  |           |  |  |  |                                |  |
|--|--|----------------------------------|--|-----------|--|--|--|--------------------------------|--|
| <b>1</b>   |  | <b>Tuesday, January 29, 2019</b> |  |           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam |  | Edmonton, Canada               |  |
| Anuradha Nakshatra Vridhhi/Dhruva Yoga Vanija Karana Dashamyam Titau |  | Sun 8                            |  | Sutra 289 |  | Vilamba 5120   |  | Moon 1 - Phase 40              |  |
| Vrischika Rasi: 5.05   |  | Tihti 25                         |  | 974173366 |  | Rahu   |  | 2nd Phase                      |  |
| Creative Work  |  | Siddha Yoga                      |  | Gulika    |  | 12:47PM - 1:53PM   |  | Anuradha Until 4:06AM Wed      |  |
|  |  |                                  |  | Yama      |  | 10:35AM - 11:41AM  |  | Vridhhi Until 4:06AM Wed       |  |
|  |  |                                  |  | Rahu      |  | 2:58PM - 4:04PM  |  | Vanija Until 2:30PM            |  |
|  |  |                                  |  |           |  |  |  | Dashami Until 3:00AM Wed       |  |
|  |  |                                  |  |           |  |  |  | Ganesha: Clear Sunrise: 8:23AM |  |
|  |  |                                  |  |           |  |  |  | Muruga: Clear Sunset: 5:10PM   |  |
|  |  |                                  |  |           |  |  |  | Nataraja: Green Moon - Orange  |  |
|  |  |                                  |  |           |  |  |  | Pausha*Thai                    |  |
|  |  |                                  |  |           |  |  |  | Devaloka Day                   |  |

|   |  |                                    |  |           |  |  |  |                                |  |
|---|--|------------------------------------|--|-----------|--|--|--|--------------------------------|--|
| <b>2</b>  |  | <b>Wednesday, January 30, 2019</b> |  |           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam |  | Edmonton, Canada               |  |
| Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau |  | Sun 9                              |  | Sutra 290 |  | Vilamba 5120   |  | Moon 1 - Phase 40              |  |
| Vrischika Rasi: 17.38   |  | Tihti 26                           |  | 974173366 |  | Rahu   |  | 2nd Phase                      |  |
| Creative Work   |  | Siddha Yoga                        |  | Gulika    |  | 11:41AM - 12:47PM  |  | Jyeshtha* Until 5:57AM Thu     |  |
|   |  |                                    |  | Yama      |  | 9:28AM - 10:34AM   |  | Dhruva Until 5:00PM            |  |
|   |  |                                    |  | Rahu      |  | 12:47PM - 1:53PM   |  | Bava Until 3:42PM              |  |
|   |  |                                    |  |           |  |  |  | Ekadashi* Until 4:30AM Thu     |  |
|   |  |                                    |  |           |  |  |  | Ganesha: Clear Sunrise: 8:22AM |  |
|   |  |                                    |  |           |  |  |  | Muruga: Clear Sunset: 5:12PM   |  |
|   |  |                                    |  |           |  |  |  | Nataraja: Green Moon - Orange  |  |
|   |  |                                    |  |           |  |  |  | Pausha*Thai                    |  |
|   |  |                                    |  |           |  |  |  | Devaloka Day                   |  |

|  |  |                                   |  |           |  |   |  |                                |  |
|--|--|-----------------------------------|--|-----------|--|---|--|--------------------------------|--|
| <b>3</b>   |  | <b>Thursday, January 31, 2019</b> |  |           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam |  | Edmonton, Canada               |  |
| Mula* Nakshatra Vyaghata*/Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau |  | Sun 10                            |  | Sutra 291 |  | Vilamba 5120  |  | Moon 1 - Phase 40              |  |
| Vrischika Rasi: 29.56  |  | Tihti 27                          |  | 974173366 |  | Rahu  |  | 2nd Phase                      |  |
| Creative Work  |  | Siddha Yoga                       |  | Gulika    |  | 10:33AM - 11:40AM   |  | Mula* Until 8:35AM Fri         |  |
| Until 8:35AM Fri   |  |                                   |  | Yama      |  | 8:20AM - 9:27AM   |  | Vyaghata* Until 5:13PM         |  |
| Then Routine Work - Prabalarishta Yoga   |  |                                   |  | Rahu      |  | 1:54PM - 3:01PM   |  | Kaulava Until 5:27PM           |  |
|  |  |                                   |  |           |  |   |  | Dvadashi* Until 6:28AM Fri     |  |
|  |  |                                   |  |           |  |   |  | Ganesha: Clear Sunrise: 8:20AM |  |
|  |  |                                   |  |           |  |   |  | Muruga: Clear Sunset: 5:14PM   |  |
|  |  |                                   |  |           |  |   |  | Nataraja: Green Moon - Orange  |  |
|  |  |                                   |  |           |  |   |  | Pausha*Thai                    |  |
|  |  |                                   |  |           |  |   |  | Devaloka Day                   |  |

|   |  |                                 |  |           |  |  |  |                                   |  |
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| <b>4</b>  |  | <b>Friday, February 1, 2019</b> |  |           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam |  | Edmonton, Canada                  |  |
| Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |  | Sun 11                          |  | Sutra 292 |  | Vilamba 5120   |  | Moon 1 - Phase 40                 |  |
| Dhanus Rasi: 12.02  |  | Tihti 27 - 28                   |  | 984173366 |  | Rahu   |  | 2nd Phase                         |  |
| Creative Work   |  | Amrita Yoga                     |  | Gulika    |  | 9:27AM - 10:33AM   |  | Mula* Until 8:35AM                |  |
| Until 8:35AM  |  |                                 |  | Yama      |  | 3:01PM - 4:07PM  |  | Harshana Until 5:47PM             |  |
| Then Routine Work - Prabalarishta Yoga  |  |                                 |  | Rahu      |  | 11:40AM - 12:47PM  |  | Gara Until 7:38PM                 |  |
|   |  |                                 |  |           |  |  |  | Dvadashi* Until 6:28AM            |  |
|   |  |                                 |  |           |  |  |  | Ganesha: White Sunrise: 8:20AM    |  |
|   |  |                                 |  |           |  |  |  | Muruga: Clear Sunset: 5:14PM      |  |
|   |  |                                 |  |           |  |  |  | Nataraja: Green Moon - Light Blue |  |
|   |  |                                 |  |           |  |  |  | Pausha*Thai                       |  |
|   |  |                                 |  |           |  |  |  | Bhuloka Day                       |  |
|   |  |                                 |  |           |  |  |  | Devaloka Time: 12:PM to 3:PM      |  |

|   |  |                                   |  |           |  |  |  |                                   |  |
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| <b>5</b>  |  | <b>Saturday, February 2, 2019</b> |  |           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam |  | Edmonton, Canada                  |  |
| Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |  | Sun 12                            |  | Sutra 293 |  | Vilamba 5120   |  | Moon 1 - Phase 40                 |  |
| Dhanus Rasi: 23.59  |  | Tihti 28 - 29                     |  | 984173366 |  | Rahu   |  | 2nd Phase                         |  |
| Creative Work   |  | Siddha Yoga                       |  | Gulika    |  | 8:18AM - 9:26AM  |  | Purvashadha* Until 11:23AM        |  |
| Until 11:23AM   |  |                                   |  | Yama      |  | 1:54PM - 3:02PM  |  | Vajra* Until 6:32PM               |  |
| Then Routine Work - Marana Yoga   |  |                                   |  | Rahu      |  | 10:33AM - 11:40AM  |  | Visti Until 10:06PM               |  |
|   |  |                                   |  |           |  |  |  | Trayodashi* Until 8:49AM          |  |
|   |  |                                   |  |           |  |  |  | Ganesha: White Sunrise: 8:18AM    |  |
|   |  |                                   |  |           |  |  |  | Muruga: Clear Sunset: 5:16PM      |  |
|   |  |                                   |  |           |  |  |  | Nataraja: Green Moon - Light Blue |  |
|   |  |                                   |  |           |  |  |  | Pausha*Thai                       |  |
|   |  |                                   |  |           |  |  |  | Bhuloka Day                       |  |
|   |  |                                   |  |           |  |  |  | Devaloka Time: 12:PM to 3:PM      |  |

|   |  |                                 |  |           |  |  |  |                                   |  |
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| <b>●</b>  |  | <b>Sunday, February 3, 2019</b> |  |           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam |  | Edmonton, Canada                  |  |
| Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  | Sun 13                          |  | Sutra 294 |  | Vilamba 5120   |  | Moon 1 - Phase 40                 |  |
| Makara Rasi: 5.5  |  | Tihti 29 - 30                   |  | 985173367 |  | Rahu   |  | Amavasya                          |  |
| Creative Work   |  | Amrita Yoga                     |  | Gulika    |  | 3:03PM - 4:10PM  |  | Uttarashadha Until 2:15PM         |  |
|   |  |                                 |  | Yama      |  | 12:47PM - 1:55PM   |  | Siddhi Until 7:27PM               |  |
|   |  |                                 |  | Rahu      |  | 4:10PM - 5:18PM  |  | Catuspada Until 12:46AM Mon       |  |
|   |  |                                 |  |           |  |  |  | Chaturdashi* Until 11:24AM        |  |
|   |  |                                 |  |           |  |  |  | Ganesha: Yellow Sunrise: 8:17AM   |  |
|   |  |                                 |  |           |  |  |  | Muruga: Clear Sunset: 5:18PM      |  |
|   |  |                                 |  |           |  |  |  | Nataraja: White Moon - Light Blue |  |
|   |  |                                 |  |           |  |  |  | Pausha*Thai                       |  |
|   |  |                                 |  |           |  |  |  | Devaloka Day                      |  |

|  |  |                                 |  |           |  |   |  |                               |  |
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| <b>Retreat Star</b>  |  | <b>Monday, February 4, 2019</b> |  |           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam |  | Edmonton, Canada              |  |
| Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |  | Sun 14                          |  | Sutra 295 |  | Vilamba 5120  |  | Moon 1 - Phase 40             |  |
| Makara Rasi: 17.39   |  | Tihti 30 - 1                    |  | 995173367 |  | Rahu  |  | Prathama                      |  |
| Family Home Evening  |  |                                 |  | Gulika    |  | 1:56PM - 3:04PM   |  | Shravana Until 5:32PM         |  |
| Creative Work  |  | Amrita Yoga                     |  | Yama      |  | 11:39AM - 12:47PM   |  | Vyatipata* Until 8:27PM       |  |
| Until 5:32PM   |  |                                 |  | Rahu      |  | 9:23AM - 10:31AM  |  | Kintughna Until 3:29AM Tue    |  |
| Then Creative Work - Siddha Yoga   |  |                                 |  |           |  |   |  | Amavasya* Until 2:06PM        |  |
|  |  |                                 |  |           |  |   |  | Ganesha: Red Sunrise: 8:15AM  |  |
|  |  |                                 |  |           |  |   |  | Muruga: Clear Sunset: 5:20PM  |  |
|  |  |                                 |  |           |  |   |  | Nataraja: White Moon - Purple |  |
|  |  |                                 |  |           |  |   |  | Magha*Thai                    |  |
|  |  |                                 |  |           |  |   |  | Devaloka Day                  |  |

|                                 |             |                           |                   |                                    |                        |   |                     |  |  |
|---------------------------------|-------------|---------------------------|-------------------|------------------------------------|------------------------|---|---------------------|--|--|
| <b>1</b>                        |             | Tuesday, February 5, 2019 |                   |                                    |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                     | Edmonton, Canada<br>Sun 15 Sutra 296<br>Vilamba 5120 |  |
| Makara Rasi: 29.27              | Tithi 1 - 2 | <b>Gulika</b>             | 12:48PM - 1:56PM  | <b>Dhanishtha</b> Until 7:25PM Wed | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 8:13AM  |                     |  |  |
|                                 |             | <b>Yama</b>               | 10:30AM - 11:39AM | Variyan Until 9:24PM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:22PM   | Moon 1 - Phase 41   |  |  |
|                                 |             | <b>Rahu</b>               | 3:05PM - 4:13PM   | Balava Until 5:69AM Wed            | <b>Nataraja:</b> White |   | 3rd Phase           |  |  |
| Creative Work                   | Siddha Yoga |                           |                   | <b>Prathama* Until 8:27PM</b>      | <b>Moon - Purple</b>   |   | <b>Devaloka Day</b> |  |  |
| Until 7:25PM Wed                |             |                           |                   |                                    | <b>Magha-Thai</b>      |   |                     |  |  |
| Then Routine Work - Marana Yoga |             |                           |                   |                                    |                        |   |                     |  |  |

|                                  |             |                             |                   |                                |                        |  |                     |  |  |
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| <b>2</b>                         |             | Wednesday, February 6, 2019 |                   |                                |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                     | Edmonton, Canada<br>Sun 16 Sutra 297<br>Vilamba 5120 |  |
| Kumbha Rasi: 11.16               | Tithi 2     | <b>Gulika</b>               | 11:39AM - 12:48PM | <b>Dhanishtha</b> Until 7:25PM | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 8:11AM   |                     |  |  |
|                                  |             | <b>Yama</b>                 | 9:20AM - 10:30AM  | Parigha* Until 22:63AM Thu     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:24PM  | Moon 1 - Phase 41   |  |  |
|                                  |             | <b>Rahu</b>                 | 12:48PM - 1:57PM  | Balava Until 6:09AM            | <b>Nataraja:</b> White |  | 3rd Phase           |  |  |
| Creative Work                    | Siddha Yoga |                             |                   | <b>Dvitiya Until 7:25PM</b>    | <b>Moon - Purple</b>   |  | <b>Devaloka Day</b> |  |  |
| Until 7:25PM                     |             |                             |                   |                                | <b>Magha-Thai</b>      |  |                     |  |  |
| Then Creative Work - Amrita Yoga |             |                             |                   |                                |                        |  |                     |  |  |

|                    |             |                            |                   |   |                        |  |                     |  |  |
|--------------------|-------------|----------------------------|-------------------|---|------------------------|--|---------------------|--|--|
| <b>3</b>           |             | Thursday, February 7, 2019 |                   |   |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau |                     | Edmonton, Canada<br>Sun 17 Sutra 298<br>Vilamba 5120 |  |
| Kumbha Rasi: 23.08 | Tithi 3     | <b>Gulika</b>              | 10:29AM - 11:38AM | <b>Purvaproshtapada* Until 2:29AM</b> Fri | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 8:10AM   |                     |  |  |
|                    |             | <b>Yama</b>                | 8:10AM - 9:19AM   | Shiva Until 11:03PM                       | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:26PM  | Moon 1 - Phase 41   |  |  |
|                    |             | <b>Rahu</b>                | 1:57PM - 3:07PM   | Taitila Until 8:40AM                      | <b>Nataraja:</b> White |  | 3rd Phase           |  |  |
| Creative Work      | Siddha Yoga |                            |                   | <b>Tritiya Until 9:50PM</b>               | <b>Moon - Clear</b>    |  | <b>Sivaloka Day</b> |  |  |
|                    |             |                            |                   |   | <b>Magha-Thai</b>      |  |                     |  |  |

|  |             |                          |                   |   |                        |   |                     |  |  |
|--|-------------|--------------------------|-------------------|---|------------------------|---|---------------------|--|--|
| <b>4</b>                               |             | Friday, February 8, 2019 |                   |   |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Siddha Yoga Vanija/Visi* Karana Chaturthyam Titau |                     | Edmonton, Canada<br>Sun 18 Sutra 299<br>Vilamba 5120 |  |
| Meena Rasi: 5.05                       | Tithi 4     | <b>Gulika</b>            | 9:18AM - 10:28AM  | <b>Uttaraproshtapada Until 5:01AM</b> Sat | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 8:08AM  |                     |  |  |
|  |             | <b>Yama</b>              | 3:08PM - 4:18PM   | Siddha Until 11:33PM                      | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:28PM   | Moon 1 - Phase 41   |  |  |
|  |             | <b>Rahu</b>              | 11:38AM - 12:48PM | Vanija Until 10:57AM                      | <b>Nataraja:</b> White |   | 3rd Phase           |  |  |
| Creative Work                          | Siddha Yoga |                          |                   | <b>Chaturthi* Until 11:57PM</b>           | <b>Moon - Clear</b>    |   | <b>Sivaloka Day</b> |  |  |
| Until 5:01AM Sat                       |             |                          |                   |   | <b>Magha-Thai</b>      |   |                     |  |  |
| Then Routine Work - Prabalarishta Yoga |             |                          |                   |   |                        |   |                     |  |  |

|                                  |                    |                            |                   |                                  |                        |  |                     |  |  |
|----------------------------------|--------------------|----------------------------|-------------------|----------------------------------|------------------------|--|---------------------|--|--|
| <b>5</b>                         |                    | Saturday, February 9, 2019 |                   |                                  |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau |                     | Edmonton, Canada<br>Sun 19 Sutra 300<br>Vilamba 5120 |  |
| Meena Rasi: 17.09                | Tithi 5            | <b>Gulika</b>              | 8:06AM - 9:16AM   | <b>Revati Until 6:59AM</b>       | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 8:06AM   |                     |  |  |
|                                  |                    | <b>Yama</b>                | 1:58PM - 3:09PM   | Sadhya Until 11:47PM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:30PM  | Moon 1 - Phase 41   |  |  |
|                                  |                    | <b>Rahu</b>                | 10:27AM - 11:37AM | Bava Until 12:54PM               | <b>Nataraja:</b> White |  | 3rd Phase           |  |  |
| Routine Work                     | Prabalarishta Yoga |                            |                   | <b>Panchami Until 1:41AM Sun</b> | <b>Moon - Clear</b>    |  | <b>Devaloka Day</b> |  |  |
| Until 6:59AM Sun                 |                    |                            |                   |                                  | <b>Magha-Thai</b>      |  |                     |  |  |
| Then Creative Work - Siddha Yoga |                    |                            |                   |                                  |                        |  |                     |  |  |

|                                  |             |                           |                  |                                   |                        |   |                     |  |  |
|----------------------------------|-------------|---------------------------|------------------|-----------------------------------|------------------------|---|---------------------|--|--|
| <b>6</b>                         |             | Sunday, February 10, 2019 |                  |                                   |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau |                     | Edmonton, Canada<br>Sun 20 Sutra 301<br>Vilamba 5120 |  |
| Meena Rasi: 29.24                | Tithi 6     | <b>Gulika</b>             | 3:10PM - 4:21PM  | <b>Revati Until 6:59AM</b>        | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 8:04AM  |                     |  |  |
|                                  |             | <b>Yama</b>               | 12:48PM - 1:59PM | Subha Until 11:38PM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:32PM   | Moon 1 - Phase 41   |  |  |
|                                  |             | <b>Rahu</b>               | 4:21PM - 5:32PM  | Kaulava Until 2:23PM              | <b>Nataraja:</b> White |   | 3rd Phase           |  |  |
| Creative Work                    | Amrita Yoga |                           |                  | <b>Shashthi* Until 2:54AM Mon</b> | <b>Moon - Clear</b>    |   | <b>Devaloka Day</b> |  |  |
| Until 6:59AM                     |             |                           |                  |                                   | <b>Magha-Thai</b>      |   |                     |  |  |
| Then Creative Work - Siddha Yoga |             |                           |                  |                                   |                        |   |                     |  |  |

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|----------------------------------|-------------|---------------------|-------------------|---------------------------------|------------------------|--|------------------------------|--|--|
| <b>Monday, February 11, 2019</b> |             | <b>Retreat Star</b> |                   |                                 |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau |                              | Edmonton, Canada<br>Sun 21 Sutra 302<br>Vilamba 5120 |  |
| Mesha Rasi: 11.52                | Tithi 7     | <b>Gulika</b>       | 1:59PM - 3:11PM   | <b>Ashvini Until 8:45AM</b>     | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 8:02AM   |                              |  |  |
| <b>Family Home Evening</b>       |             | <b>Yama</b>         | 11:36AM - 12:48PM | Sukla Until 11:00PM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:34PM  | Moon 1 - Phase 41            |  |  |
|                                  |             | <b>Rahu</b>         | 9:14AM - 10:25AM  | Gara Until 3:18PM               | <b>Nataraja:</b> White |  | 3rd Phase                    |  |  |
| Creative Work                    | Siddha Yoga |                     |                   | <b>Saptami Until 3:29AM Tue</b> | <b>Moon - White</b>    |  | <b>Bhuloka Day</b>           |  |  |
|                                  |             |                     |                   |                                 | <b>Magha-Thai</b>      |  | Devaloka Time: 12:PM to 3:PM |  |  |

|                                   |             |                     |                   |                                  |                        |   |                              |  |  |
|-----------------------------------|-------------|---------------------|-------------------|----------------------------------|------------------------|---|------------------------------|--|--|
| <b>Tuesday, February 12, 2019</b> |             | <b>Retreat Star</b> |                   |                                  |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau |                              | Edmonton, Canada<br>Sun 22 Sutra 303<br>Vilamba 5120 |  |
| Mesha Rasi: 24.38                 | Tithi 8     | <b>Gulika</b>       | 12:48PM - 2:00PM  | <b>Bharani Until 9:44AM</b>      | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 8:00AM  |                              |  |  |
|                                   |             | <b>Yama</b>         | 10:24AM - 11:36AM | Brahma Until 9:44AM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:36PM   | Moon 1 - Phase 41            |  |  |
|                                   |             | <b>Rahu</b>         | 3:12PM - 4:24PM   | Visti Until 3:32PM               | <b>Nataraja:</b> White |   | Ashtami                      |  |  |
| Creative Work                     | Siddha Yoga |                     |                   | <b>Ashtami* Until 3:22AM Wed</b> | <b>Moon - White</b>    |   | <b>Bhuloka Day</b>           |  |  |
|                                   |             |                     |                   |                                  | <b>Magha-Masi</b>      |   | Devaloka Time: 12:PM to 3:PM |  |  |

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|-------------------------------------|-------------|---------------------|-------------------|---------------------------------|------------------------|---|---------------------|--|--|
| <b>Wednesday, February 13, 2019</b> |             | <b>Retreat Star</b> |                   |                                 |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau |                     | Edmonton, Canada<br>Sun 23 Sutra 304<br>Vilamba 5120 |  |
| Vrishabha Rasi: 7.45                | Tithi 9     | <b>Gulika</b>       | 11:35AM - 12:48PM | <b>Krittika Until 9:52AM</b>    | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 7:58AM  |                     |  |  |
|                                     |             | <b>Yama</b>         | 9:11AM - 10:23AM  | Indra Until 8:07PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:38PM   | Moon 1 - Phase 41   |  |  |
|                                     |             | <b>Rahu</b>         | 12:48PM - 2:00PM  | Balava Until 3:02PM             | <b>Nataraja:</b> White |   | Navami              |  |  |
| Creative Work                       | Amrita Yoga |                     |                   | <b>Navami* Until 2:28AM Thu</b> | <b>Moon - White</b>    |   | <b>Devaloka Day</b> |  |  |
| Until 9:52AM                        |             |                     |                   |                                 | <b>Magha-Masi</b>      |   |                     |  |  |
| Then Creative Work - Siddha Yoga    |             |                     |                   |                                 |                        |   |                     |  |  |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

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| <b>1</b>                 |  | <b>Thursday, February 14, 2019</b>  |  |  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau | Edmonton, Canada<br>Sun 24 Sutra 305<br>Vilamba 5120 |
| 936273367                |  | <b>Gulika</b> 10:22AM – 11:35AM<br><b>Yama</b> 7:56AM – 9:09AM<br><b>Rahu</b> 2:01PM – 3:14PM | <b>Rohini Until 9:33AM</b><br>Vaidhriti* Until 5:45PM<br>Taitila Until 1:45PM<br>Dashami Until 12:49AM Fri | <b>Ganesh:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:56AM<br><b>Sunset:</b> 5:40PM | Moon 1 - Phase 42<br>4th Phase   |  |
| Rohini Rasi: 21.17       |  | Tihti 10  |  |  |   |  |  |
| Routine Work Marana Yoga |  |   |  |  |   | <b>Sivaloka Day</b>  |  |

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| <b>2</b>                  |  | <b>Friday, February 15, 2019</b>   |  |  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau | Edmonton, Canada<br>Sun 25 Sutra 306<br>Vilamba 5120 |
| 936273367                 |  | <b>Gulika</b> 9:08AM – 10:21AM<br><b>Yama</b> 3:15PM – 4:28PM<br><b>Rahu</b> 11:34AM – 12:48PM | <b>Mrigashira Until 8:22AM</b><br>Vishkambha* Until 2:51PM<br>Vanija Until 11:45AM<br>Ekadashi Until 10:30PM | <b>Ganesh:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:54AM<br><b>Sunset:</b> 5:42PM | Moon 1 - Phase 42<br>4th Phase  |  |
| Mithuna Rasi: 5.16        |  | Tihti 11   |  |  |   |   |  |
| Creative Work Siddha Yoga |  |  |  |  |   | <b>Sivaloka Day</b>   |  |

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| <b>3</b>                  |  | <b>Saturday, February 16, 2019</b>  |  |  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau | Edmonton, Canada<br>Sun 26 Sutra 307<br>Vilamba 5120 |
| 936273367                 |  | <b>Gulika</b> 7:52AM – 9:06AM<br><b>Yama</b> 2:02PM – 3:16PM<br><b>Rahu</b> 10:20AM – 11:34AM | <b>Ardra Until 6:23AM</b><br>Priti Until 11:26AM<br>Bava Until 9:07AM<br>Dvadashi Until 7:35PM | <b>Ganesh:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:52AM<br><b>Sunset:</b> 5:43PM | Moon 1 - Phase 42<br>4th Phase  |  |
| Mithuna Rasi: 19.4        |  | Tihti 12  |  |  |   |   |  |
| Creative Work Siddha Yoga |  |   |  |  |   | <b>Sivaloka Day</b>   |  |

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| <b>4</b>                  |  | <b>Sunday, February 17, 2019</b>   |  |  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau | Edmonton, Canada<br>Sun 27 Sutra 308<br>Vilamba 5120 |
| 946273367                 |  | <b>Gulika</b> 3:17PM – 4:31PM<br><b>Yama</b> 12:48PM – 2:02PM<br><b>Rahu</b> 4:31PM – 5:45PM | <b>Pushya Until 1:24AM Mon</b><br>Ayushman Until 1:24AM Mon<br>Vanija Until 12:35AM Mon<br>Trayodashi Until 4:14PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:50AM<br><b>Sunset:</b> 5:45PM | Moon 1 - Phase 42<br>4th Phase  |  |
| Kataka Rasi: 4.28         |  | Tihti 13 – 14  |  |  |   |   |  |
| Creative Work Siddha Yoga |  |  |  |  |   | <b>Devaloka Day</b>   |  |

*Pradosha Vrata*

|                                  |  |  |  |  |   |   |   |
|----------------------------------|--|--|--|--|---|---|---|
| <b>Monday, February 18, 2019</b> |  | <b>Copper Retreat Star</b>   |  |  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Edmonton, Canada<br>Sutra 309<br>Vilamba 5120 |
| 946273367                        |  | <b>Gulika</b> 2:03PM – 3:18PM<br><b>Yama</b> 11:33AM – 12:48PM<br><b>Rahu</b> 9:03AM – 10:18AM | <b>Ashlesha* Until 10:18PM</b><br>Sobhana Until 11:12PM<br>Visti Until 10:43PM<br>Chaturdashi* Until 12:35PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:48AM<br><b>Sunset:</b> 5:47PM | Moon 1 - Phase 42<br>Purnima  |   |
| Kataka Rasi: 19.34               |  | Tihti 14 – 15  |  |  |   |   |   |
| Family Home Evening              |  |  |  |  |   | <b>Devaloka Day</b>   |   |
| Creative Work Siddha Yoga        |  |  |  |  |   |   |   |
| Until 10:18PM                    |  | Chidambaram Abhishekam   |  |  |   |   |   |
| Then Routine Work - Marana Yoga  |  |  |  |  |   |   |   |

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| <b>Tuesday, February 19, 2019</b> |  | <b>Silver Retreat Star</b>   |   |  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Athiganda* Yoga Bava Karana Purnima/Prathamayam Titau | Edmonton, Canada<br>Sutra 310<br>Vilamba 5120 |
| 956273367                         |  | <b>Gulika</b> 12:48PM – 2:03PM<br><b>Yama</b> 10:17AM – 11:32AM<br><b>Rahu</b> 3:18PM – 4:34PM | <b>Magha* Until 7:24PM</b><br>Athiganda* Until 7:24PM<br>Bava Until 8:48AM<br>Purnima* Until 8:48AM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:46AM<br><b>Sunset:</b> 5:49PM | Moon 1 - Phase 42<br>Prathama  |   |
| Simha Rasi: 4.48                  |  | Tihti 15 – 16  |   |  |   |  |   |
| Creative Work Siddha Yoga         |  |  |   |  |   | <b>Sivaloka Day</b>  |   |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Tailila/Vanija Karana Dvitiyayam Titau

Edmonton, Canada

Sutra 311

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 20.02      Tihti 17

957273367

**Gulika** 11:32AM – 12:48PM  
**Yama** 9:00AM – 10:16AM  
**Rahu** 12:48PM – 2:03PM

**Purvaphalguni Until 4:30PM**  
Sukarma Until 4:30PM  
Tailila Until 3:15PM  
**Dvitiya Until 1:30AM Thu**

**Ganesha:** Clear      *Sunrise:* 7:44AM  
**Muruga:** Clear      *Sunset:* 5:51PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

**Devaloka Day**

Creative Work      Amrita Yoga

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Edmonton, Canada

Sun 1      Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 5.05      Tihti 18

957273367

**Gulika** 10:14AM – 11:31AM  
**Yama** 7:42AM – 8:58AM  
**Rahu** 2:04PM – 3:20PM

**Uttaraphalguni Until 1:46PM**  
Dhriti Until 10:40AM  
Vanija Until 11:53AM  
**Tritiya Until 10:20PM**

**Ganesha:** Clear      *Sunrise:* 7:42AM  
**Muruga:** Clear      *Sunset:* 5:53PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

**Devaloka Day**

Until 1:46PM  
Then Routine Work - Marana Yoga

Amrita Yoga

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Kaulava Karana Chaturthyam Titau

Edmonton, Canada

Sun 2      Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 19.5      Tihti 19

967273367

**Gulika** 8:56AM – 10:13AM  
**Yama** 3:21PM – 4:38PM  
**Rahu** 11:30AM – 12:47PM

**Hasta Until 11:47AM**  
Shula\* Until 11:47AM  
Bava Until 8:57AM  
**Chaturthi\* Until 7:41PM**

**Ganesha:** White      *Sunrise:* 7:39AM  
**Muruga:** Clear      *Sunset:* 5:55PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 11:47AM  
Then Creative Work - Siddha Yoga

Amrita Yoga

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Edmonton, Canada

Sun 3      Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 4.1      Tihti 20 – 21

967273367

**Gulika** 7:37AM – 8:54AM  
**Yama** 2:05PM – 3:22PM  
**Rahu** 10:12AM – 11:30AM

**Chitra Until 10:16AM**  
Vriddhi Until 1:20AM Sun  
Kaulava Until 6:38AM  
**Panchami Until 5:43PM**

**Ganesha:** White      *Sunrise:* 7:37AM  
**Muruga:** Clear      *Sunset:* 5:57PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 10:16AM  
Then Creative Work - Siddha Yoga

Marana Yoga

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Edmonton, Canada

Sun 4      Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 18.01      Tihti 21 – 22

967273367

**Gulika** 3:23PM – 4:41PM  
**Yama** 12:47PM – 2:05PM  
**Rahu** 4:41PM – 5:59PM

**Svati Until 9:21AM**  
Dhruva Until 11:25PM  
Visti Until 4:18AM Mon  
**Shashthi\* Until 4:33PM**

**Ganesha:** White      *Sunrise:* 7:35AM  
**Muruga:** Clear      *Sunset:* 5:59PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 9:21AM  
Then Routine Work - Marana Yoga

Siddha Yoga

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Edmonton, Canada

Sun 5      Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Vrischika Rasi: 1.22      Tihti 22 – 23

977273367

**Gulika** 2:05PM – 3:24PM  
**Yama** 11:28AM – 12:47PM  
**Rahu** 8:51AM – 10:10AM

**Vishakha Until 9:34AM**  
Vyaghata\* Until 10:11PM  
Balava Until 4:26AM Tue  
**Saptami Until 4:14PM**

**Ganesha:** Yellow      *Sunrise:* 7:33AM  
**Muruga:** Clear      *Sunset:* 6:01PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Devaloka Day**

Until 9:34AM  
Then Creative Work - Siddha Yoga

Marana Yoga

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Edmonton, Canada

Sun 6      Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 14.17      Tihti 23 – 24

978273367

**Gulika** 12:47PM – 2:06PM  
**Yama** 10:09AM – 11:28AM  
**Rahu** 3:25PM – 4:44PM

**Anuradha Until 10:29AM**  
Harshana Until 9:39PM  
Tailila Until 5:23AM Wed  
**Ashtami\* Until 4:47PM**

**Ganesha:** Blue      *Sunrise:* 7:31AM  
**Muruga:** Clear      *Sunset:* 6:03PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Sivaloka Day**

Until 10:29AM  
Then Routine Work - Marana Yoga

Siddha Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Gara Karana Navamyam Titau

Edmonton, Canada

Sun 7      Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 26.49      Tihti 24

978273367

**Gulika** 11:27AM – 12:47PM  
**Yama** 8:48AM – 10:07AM  
**Rahu** 12:47PM – 2:06PM

**Jyeshtha\* Until 12:01PM**  
Vajra\* Until 9:39PM  
Gara Until 6:08PM  
**Navami\* Until 6:08PM**

**Ganesha:** Blue      *Sunrise:* 7:28AM  
**Muruga:** Clear      *Sunset:* 6:05PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Sivaloka Day**

Until 12:01PM  
Then Routine Work - Marana Yoga

Siddha Yoga

|                   |  |                                    |  |   |                             |   |                        |                     |  |
|-------------------|--|------------------------------------|--|---|-----------------------------|---|------------------------|---------------------|--|
| <b>1</b>          |  | <b>Thursday, February 28, 2019</b> |  |   |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam |                        | Edmonton, Canada    |  |
| Dhanus Rasi: 9.02 |  | Tithi 25                           |  | Mula* Purvashadha* Nakshatra Siddhi Yoga Vanija/Bava Karana Dashamyam Titau |                             | Sun 8   |                        | Sutra 319           |  |
| Creative Work     |  | Siddha Yoga                        |  | <b>Gulika</b> 10:06AM – 11:26AM   | <b>Mula* Until 2:33PM</b>   | <b>Ganesh:</b> Red  | <i>Sunrise:</i> 7:26AM | Vilamba 5120        |  |
|                   |  |                                    |  | Yama 7:26AM – 8:46AM  | Siddhi Until 2:33PM         | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:07PM  | Moon 2 - Phase 44   |  |
|                   |  | 988273367                          |  | <b>Rahu</b> 2:06PM – 3:27PM   | Vanija Until 7:05AM         | <b>Nataraja:</b> White  |                        | 2nd Phase           |  |
|                   |  |                                    |  |   | <b>Dashami Until 8:07PM</b> | Moon – Light Blue   |                        | <b>Devaloka Day</b> |  |
|                   |  |                                    |  |   |                             | <b>Magha-Masi</b>   |                        |                     |  |

|                                 |  |                              |  |  |                                  |  |                        |                     |  |
|---------------------------------|--|------------------------------|--|--|----------------------------------|--|------------------------|---------------------|--|
| <b>2</b>                        |  | <b>Friday, March 1, 2019</b> |  |  |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam |                        | Edmonton, Canada    |  |
| Dhanus Rasi: 21.01              |  | Tithi 26                     |  | Purvashadha* Uttarakshadha Nakshatra Vyalipata* Yoga Bava/Balava Karana Ekadashyam Titau |                                  | Sun 9  |                        | Sutra 320           |  |
| Routine Work                    |  | Prabalarishta Yoga           |  | <b>Gulika</b> 8:43AM – 10:04AM   | <b>Purvashadha* Until 5:22PM</b> | <b>Ganesh:</b> Red   | <i>Sunrise:</i> 7:22AM | Vilamba 5120        |  |
| Until 5:22PM                    |  |                              |  | Yama 3:28PM – 4:49PM   | Vyalipata* Until 10:59PM         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:11PM  | Moon 2 - Phase 44   |  |
| Then Routine Work - Marana Yoga |  | 988273367                    |  | <b>Rahu</b> 11:25AM – 12:46PM  | Bava Until 9:19AM                | <b>Nataraja:</b> White   |                        | 2nd Phase           |  |
|                                 |  |                              |  |  | <b>Ekadashi* Until 10:34PM</b>   | Moon – Light Blue  |                        | <b>Devaloka Day</b> |  |
|                                 |  |                              |  |  |                                  | <b>Magha-Masi</b>  |                        |                     |  |

|                                  |  |                                |  |  |   |  |                        |                     |  |
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| <b>3</b>                         |  | <b>Saturday, March 2, 2019</b> |  |  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam |                        | Edmonton, Canada    |  |
| Makara Rasi: 2.53                |  | Tithi 27                       |  | Uttarakshadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau |   | Sun 10   |                        | Sutra 321           |  |
| Routine Work                     |  | Marana Yoga                    |  | <b>Gulika</b> 7:19AM – 8:41AM  | <b>Uttarakshadha Until 4:00AM Mon Sun</b> | <b>Ganesh:</b> Red   | <i>Sunrise:</i> 7:19AM | Vilamba 5120        |  |
| Until 4:00AM Mon Sun             |  |                                |  | Yama 2:07PM – 3:29PM   | Variyan Until 11:58PM                     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:12PM  | Moon 2 - Phase 44   |  |
| Then Creative Work - Siddha Yoga |  | 988273367                      |  | <b>Rahu</b> 10:03AM – 11:24AM  | Kaulava Until 11:55AM                     | <b>Nataraja:</b> White   |                        | 2nd Phase           |  |
|                                  |  |                                |  |  | <b>Dvadashi* Until 1:15AM Sun</b>         | Moon – Light Blue  |                        | <b>Devaloka Day</b> |  |
|                                  |  |                                |  |  |   | <b>Magha-Masi</b>  |                        |                     |  |

|                                  |  |                              |  |   |                                       |  |                        |                     |  |
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| <b>4</b>                         |  | <b>Sunday, March 3, 2019</b> |  |   |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                        | Edmonton, Canada    |  |
| Makara Rasi: 14.4                |  | Tithi 28                     |  | Uttarakshadha/Shravana Nakshatra Parigha* Yoga Gara Karana Trayodashyam Titau |                                       | Sun 11   |                        | Sutra 322           |  |
| Creative Work                    |  | Amrita Yoga                  |  | <b>Gulika</b> 3:30PM – 4:52PM   | <b>Uttarakshadha Until 4:00AM Mon</b> | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 7:17AM | Vilamba 5120        |  |
| Until 4:00AM Mon                 |  |                              |  | Yama 12:46PM – 2:08PM   | Parigha* Until 24:62                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:14PM  | Moon 2 - Phase 44   |  |
| Then Creative Work - Siddha Yoga |  | 988273367                    |  | <b>Rahu</b> 4:52PM – 6:14PM   | Gara Until 2:39PM                     | <b>Nataraja:</b> White   |                        | 2nd Phase           |  |
|                                  |  |                              |  |   | <b>Trayodashi* Until 4:00AM Mon</b>   | Moon – Purple  |                        | <b>Devaloka Day</b> |  |
|                                  |  |                              |  |   |                                       | <b>Magha-Masi</b>  |                        |                     |  |
|                                  |  |                              |  |   | <i>Pradosha Vrata (Fasting)</i>       |  |                        |                     |  |

|                                 |  |                              |  |   |                                      |   |                        |                     |  |
|---------------------------------|--|------------------------------|--|---|--------------------------------------|---|------------------------|---------------------|--|
| <b>5</b>                        |  | <b>Monday, March 4, 2019</b> |  |   |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam |                        | Edmonton, Canada    |  |
| Makara Rasi: 26.26              |  | Tithi 29                     |  | Dhanishtha Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                                      | Sun 12  |                        | Sutra 323           |  |
| Family Home Evening             |  |                              |  | <b>Gulika</b> 2:08PM – 3:31PM   | <b>Dhanishtha Until 2:47AM Tue</b>   | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 7:15AM | Vilamba 5120        |  |
| Creative Work                   |  | Siddha Yoga                  |  | Yama 11:23AM – 12:45PM  | Shiva Until 2:03AM Tue               | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:16PM  | Moon 2 - Phase 44   |  |
| Until 2:47AM Tue                |  | 988273367                    |  | <b>Rahu</b> 8:37AM – 10:00AM  | Visti Until 5:22PM                   | <b>Nataraja:</b> White  |                        | 2nd Phase           |  |
| Then Routine Work - Marana Yoga |  |                              |  |   | <b>Chaturdashi* Until 6:39AM Tue</b> | Moon – Purple   |                        | <b>Devaloka Day</b> |  |
|                                 |  |                              |  |   |                                      | <b>Magha-Masi</b>   |                        |                     |  |

|                                  |  |                               |  |  |                                      |  |                        |                     |  |
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| <b>Retreat Star</b>              |  | <b>Tuesday, March 5, 2019</b> |  |  |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam |                        | Edmonton, Canada    |  |
| Kumbha Rasi: 8.14                |  | Tithi 29 – 30                 |  | Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                      | Sun 13   |                        | Sutra 324           |  |
| Routine Work                     |  | Marana Yoga                   |  | <b>Gulika</b> 12:45PM – 2:08PM   | <b>Shatabhishak Until 5:33AM Wed</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:12AM | Vilamba 5120        |  |
| Until 5:33AM Wed                 |  |                               |  | Yama 9:59AM – 11:22AM  | Siddha Until 2:53AM Wed              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:18PM  | Moon 2 - Phase 44   |  |
| Then Creative Work - Amrita Yoga |  | 988273367                     |  | <b>Rahu</b> 3:32PM – 4:55PM  | Catuspada Until 7:56PM               | <b>Nataraja:</b> White   |                        | Amavasya            |  |
|                                  |  |                               |  |  | <b>Chaturdashi* Until 6:39AM</b>     | Moon – Purple  |                        | <b>Devaloka Day</b> |  |
|                                  |  |                               |  |  |                                      | <b>Magha-Masi</b>  |                        |                     |  |
|                                  |  |                               |  |  |                                      |  |                        |                     |  |
|                                  |  |                               |  |  |                                      |  |                        |                     |  |

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|----------------------------------|--|---------------------------------|--|--|---|--|------------------------|---------------------|--|
| <b>Retreat Star</b>              |  | <b>Wednesday, March 6, 2019</b> |  |  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Edmonton, Canada    |  |
| Kumbha Rasi: 20.08               |  | Tithi 30 – 1                    |  | Purvaproshtapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |   | Sun 14   |                        | Sutra 325           |  |
| Creative Work                    |  | Amrita Yoga                     |  | <b>Gulika</b> 11:21AM – 12:45PM  | <b>Purvaproshtapada* Until 8:24AM Thu</b> | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 7:10AM | Vilamba 5120        |  |
| Until 8:24AM Thu                 |  |                                 |  | Yama 8:34AM – 9:57AM   | Sadya Until 3:32AM Thu                    | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:20PM  | Moon 2 - Phase 44   |  |
| Then Creative Work - Siddha Yoga |  | 988273367                       |  | <b>Rahu</b> 12:45PM – 2:09PM   | Kintughna Until 10:14PM                   | <b>Nataraja:</b> White   |                        | Prathama            |  |
|                                  |  |                                 |  |  | <b>Amavasya* Until 9:06AM</b>             | Moon – Clear   |                        | <b>Devaloka Day</b> |  |
|                                  |  |                                 |  |  |   | <b>Phalgun-Masi</b>  |                        |                     |  |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

|  |                    |  |   |   |   |  |                           |
|--|--------------------|--|---|---|---|--|---------------------------|
| <b>1</b>                               |                    | <b>Thursday, March 7, 2019</b>   |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   | Edmonton, Canada<br>Sun 15 Sutra 326<br>Vilamba 5120 |                           |
| Meena Rasi: 2.07                       | Tithi 1 – 2        | <b>Gulika</b> 9:56AM – 11:20AM<br>Yama 7:08AM – 8:32AM<br>Rahu 2:09PM – 3:33PM   | <b>Purvaproshtapada* Until 8:24AM</b><br>Subha Until 3:58AM Fri<br>Balava Until 12:13AM Fri<br><b>Prathama* Until 11:15AM</b> | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Phalguna-Masi</b>  | <b>Sunrise:</b> 7:08AM<br><b>Sunset:</b> 6:22PM | Moon 2 - Phase 45<br>3rd Phase                       | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga        | 119373367  |   |   |   |  |                           |
| <b>2</b>                               |                    | <b>Friday, March 8, 2019</b>   |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau       |   | Edmonton, Canada<br>Sun 16 Sutra 327<br>Vilamba 5120 |                           |
| Meena Rasi: 14.14                      | Tithi 2 – 3        | <b>Gulika</b> 8:30AM – 9:55AM<br>Yama 3:34PM – 4:59PM<br>Rahu 11:20AM – 12:44PM  | <b>Uttaraproshtapada Until 10:46AM</b><br>Sukla Until 4:07AM Sat<br>Taitila Until 1:53AM Sat<br><b>Dvitiya Until 1:04PM</b>   | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Phalguna-Masi</b>  | <b>Sunrise:</b> 7:05AM<br><b>Sunset:</b> 6:24PM | Moon 2 - Phase 45<br>3rd Phase                       | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga        | 119373367  |   |   |   |  |                           |
| <b>3</b>                               |                    | <b>Saturday, March 9, 2019</b>   |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau                  |   | Edmonton, Canada<br>Sun 17 Sutra 328<br>Vilamba 5120 |                           |
| Meena Rasi: 26.29                      | Tithi 3 – 4        | <b>Gulika</b> 7:03AM – 8:28AM<br>Yama 2:10PM – 3:35PM<br>Rahu 9:54AM – 11:19AM   | <b>Revati Until 12:38PM</b><br>Brahma Until 3:59AM Sun<br>Vanija Until 3:09AM Sun<br><b>Tritiya Until 2:33PM</b>              | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Phalguna-Masi</b>  | <b>Sunrise:</b> 7:03AM<br><b>Sunset:</b> 6:26PM | Moon 2 - Phase 45<br>3rd Phase                       | <b>Devaloka Day</b>       |
| Routine Work                           | Prabalarishta Yoga | 119373367  |   |   |   |  |                           |
| Until 12:38PM                          |                    |  |   |   |   |  |                           |
| Then Creative Work - Siddha Yoga       |                    |  | <b>Subramuniyaswami Siva Vision Day</b>   |   |   |  |                           |
| <b>4</b>                               |                    | <b>Sunday, March 10, 2019</b>  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                  |   | Edmonton, Canada<br>Sun 18 Sutra 329<br>Vilamba 5120 |                           |
| Mesha Rasi: 8.55                       | Tithi 4 – 5        | <b>Gulika</b> 3:36PM – 5:02PM<br>Yama 12:44PM – 2:10PM<br>Rahu 5:02PM – 6:27PM   | <b>Ashvini Until 2:27PM</b><br>Indra Until 3:34AM Mon<br>Bava Until 4:01AM Mon<br><b>Chaturthi* Until 3:38PM</b>              | <b>Ganesha:</b> Red<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White<br><b>Phalguna-Masi</b>   | <b>Sunrise:</b> 7:01AM<br><b>Sunset:</b> 6:27PM | Moon 2 - Phase 45<br>3rd Phase                       | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga        | 129373367  |   |   |   |  |                           |
| Until 2:27PM                           |                    |  |   |   |   |  |                           |
| Then Routine Work - Prabalarishta Yoga |                    |  |   |   |   |  |                           |
| <b>5</b>                               |                    | <b>Monday, March 11, 2019</b>  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau          |   | Edmonton, Canada<br>Sun 19 Sutra 330<br>Vilamba 5120 |                           |
| Mesha Rasi: 21.31                      | Tithi 5 – 6        | <b>Gulika</b> 2:10PM – 3:37PM<br>Yama 11:17AM – 12:44PM<br>Rahu 8:25AM – 9:51AM  | <b>Bharani Until 3:41PM</b><br>Vaidhriti* Until 2:45AM Tue<br>Kaulava Until 4:25AM Tue<br><b>Panchami Until 4:16PM</b>        | <b>Ganesha:</b> Red<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White<br><b>Phalguna-Masi</b>   | <b>Sunrise:</b> 6:58AM<br><b>Sunset:</b> 6:29PM | Moon 2 - Phase 45<br>3rd Phase                       | <b>Devaloka Day</b>       |
| Family Home Evening                    |                    | 129373367  |   |   |   |  |                           |
| Creative Work                          | Siddha Yoga        |  |   |   |   |  |                           |
| Until 3:41PM                           |                    |  |   |   |   |  |                           |
| Then Routine Work - Marana Yoga        |                    |  |   |   |   |  |                           |
| <b>6</b>                               |                    | <b>Tuesday, March 12, 2019</b>   |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vishkamba* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau            |   | Edmonton, Canada<br>Sun 20 Sutra 331<br>Vilamba 5120 |                           |
| Vrisabha Rasi: 4.2                     | Tithi 6 – 7        | <b>Gulika</b> 12:43PM – 2:10PM<br>Yama 9:50AM – 11:17AM<br>Rahu 3:37PM – 5:04PM  | <b>Krittika Until 4:17PM</b><br>Vishkamba* Until 1:33AM Wed<br>Gara Until 4:17AM Wed<br><b>Shashthi* Until 4:24PM</b>         | <b>Ganesha:</b> Red<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White<br><b>Phalguna-Masi</b>   | <b>Sunrise:</b> 6:56AM<br><b>Sunset:</b> 6:31PM | Moon 2 - Phase 45<br>3rd Phase                       | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga        | 129373367  |   |   |   |  |                           |
| Until 4:17PM                           |                    |  |   |   |   |  |                           |
| Then Creative Work - Amrita Yoga       |                    |  |   |   |   |  |                           |
|  |                    | <b>Wednesday, March 13, 2019</b>   |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                 |   | Edmonton, Canada<br>Sun 21 Sutra 332<br>Vilamba 5120 |                           |
| <b>Retreat Star</b>                    |                    | <b>Gulika</b> 11:16AM – 12:43PM<br>Yama 8:21AM – 9:48AM<br>Rahu 12:43PM – 2:11PM | <b>Rohini Until 4:39PM</b><br>Priti Until 11:54PM<br>Visti Until 3:33AM Thu<br><b>Saptami Until 3:59PM</b>                    | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Phalguna-Masi</b>   | <b>Sunrise:</b> 6:53AM<br><b>Sunset:</b> 6:33PM | Moon 2 - Phase 45<br>3rd Phase                       | <b>Sivaloka Day</b>       |
| Vrisabha Rasi: 17.25                   | Tithi 7 – 8        | 131373367  |   |   |   |  |                           |
| Creative Work                          | Siddha Yoga        |  |   |   |   |  |                           |
|  |                    | <b>Thursday, March 14, 2019</b>  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau                    |   | Edmonton, Canada<br>Sun 22 Sutra 333<br>Vilamba 5120 |                           |
| <b>Retreat Star</b>                    |                    | <b>Gulika</b> 9:47AM – 11:15AM<br>Yama 6:51AM – 8:19AM<br>Rahu 2:11PM – 3:39PM   | <b>Mrigashira Until 4:15PM</b><br>Ayushman Until 9:44PM<br>Balava Until 2:12AM Fri<br><b>Ashtami* Until 2:56PM</b>            | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Phalguna-Panguni</b>  | <b>Sunrise:</b> 6:51AM<br><b>Sunset:</b> 6:35PM | Moon 2 - Phase 45<br>Ashtami                         | <b>Sivaloka Day</b>       |
| Mithuna Rasi: 0.49                     | Tithi 8 – 9        | 131373367  |   |   |   |  |                           |
| Routine Work                           | Marana Yoga        |  | <b>Karadaiyan Nombu (Tamil Nadu)</b>  |   |   |  |                           |
|  |                    | <b>Friday, March 15, 2019</b>  |   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau               |   | Edmonton, Canada<br>Sun 23 Sutra 334<br>Vilamba 5120 |                           |
| <b>Retreat Star</b>                    |                    | <b>Gulika</b> 8:17AM – 9:46AM<br>Yama 3:40PM – 5:08PM<br>Rahu 11:14AM – 12:43PM  | <b>Ardra Until 3:07PM</b><br>Saubhagya Until 7:05PM<br>Taitila Until 12:14AM Sat<br><b>Navami* Until 1:17PM</b>               | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Phalguna-Panguni</b>  | <b>Sunrise:</b> 6:49AM<br><b>Sunset:</b> 6:37PM | Moon 2 - Phase 45<br>Navami                          | <b>Subha Sivaloka Day</b> |
| Mithuna Rasi: 14.35                    | Tithi 9 – 10       | 131373367  |   |   |   |  |                           |
| Creative Work                          | Siddha Yoga        |  |   |   |   |  |                           |


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

|                     |               |  |                               |                          |                        |  |                     |  |
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| <b>1</b>            |               | <b>Saturday, March 16, 2019</b>        |                               |                          |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Bava Karana Dashami/Ekodashyam Titau |                     | Edmonton, Canada<br>Sun 24 Sutra 335<br>Vilamba 5120 |
| Mithuna Rasi: 28.43 | Tithi 10 – 11 | <b>Gulika</b> 6:46AM – 8:15AM          | <b>Punarvasu</b> Until 1:41PM | <b>Ganesh:</b> Clear     | <i>Sunrise:</i> 6:46AM |  |                     |  |
|                     |               | Yama 2:11PM – 3:40PM                   | Sobhana Until 1:41PM          | <b>Muruga:</b> Clear     | <i>Sunset:</i> 6:39PM  |  |                     | Moon 2 - Phase 46                                    |
| Creative Work       | Siddha Yoga   | 141373368 <b>Rahu</b> 9:44AM – 11:13AM | Bava Until 18:45AM Sun        | <b>Nataraja:</b> Clear   |                        |  |                     | 4th Phase  |
|                     |               |  | <b>Dashami</b> Until 11:02AM  | Moon – Blue              |                        |  | <b>Sivaloka Day</b> |  |
|                     |               |  |                               | <b>Phalguna</b> •Panguni |                        |  |                     |  |

|                    |               |                                       |                              |                          |                        |  |                     |  |
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| <b>2</b>           |               | <b>Sunday, March 17, 2019</b>         |                              |                          |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti* Karana Ekadashi/Dvodashyam Titau |                     | Edmonton, Canada<br>Sun 25 Sutra 336<br>Vilamba 5120 |
| Kataka Rasi: 13.13 | Tithi 11 – 12 | <b>Gulika</b> 3:41PM – 5:11PM         | <b>Pushya</b> Until 11:36AM  | <b>Ganesh:</b> Clear     | <i>Sunrise:</i> 6:44AM |  |                     |  |
|                    |               | Yama 12:42PM – 2:12PM                 | Athiganda* Until 12:29PM     | <b>Muruga:</b> Clear     | <i>Sunset:</i> 6:40PM  |  |                     | Moon 2 - Phase 46                                    |
| Creative Work      | Siddha Yoga   | 141373368 <b>Rahu</b> 5:11PM – 6:40PM | Visti Until 8:16AM           | <b>Nataraja:</b> Clear   |                        |  |                     | 4th Phase  |
|                    |               |                                       | <b>Ekadashi</b> Until 8:16AM | Moon – Blue              |                        |  | <b>Sivaloka Day</b> |  |
|                    |               |                                       |                              | <b>Phalguna</b> •Panguni |                        |  |                     |  |

|                                 |             |                                       |                                    |                          |                        |   |                     |  |
|---------------------------------|-------------|---------------------------------------|------------------------------------|--------------------------|------------------------|---|---------------------|--|
| <b>3</b>                        |             | <b>Monday, March 18, 2019</b>         |                                    |                          |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau |                     | Edmonton, Canada<br>Sun 26 Sutra 337<br>Vilamba 5120 |
| Kataka Rasi: 28.02              | Tithi 13    | <b>Gulika</b> 2:12PM – 3:42PM         | <b>Ashlesha*</b> Until 9:01AM      | <b>Ganesh:</b> Clear     | <i>Sunrise:</i> 6:41AM |   |                     |  |
| <b>Family Home Evening</b>      |             | Yama 11:12AM – 12:42PM                | Sukarma Until 8:40AM               | <b>Muruga:</b> Clear     | <i>Sunset:</i> 6:42PM  |   |                     | Moon 2 - Phase 46                                    |
| Creative Work                   | Siddha Yoga | 141373368 <b>Rahu</b> 8:11AM – 9:42AM | Kaulava Until 3:26PM               | <b>Nataraja:</b> Clear   |                        |   |                     | 4th Phase  |
| Until 9:01AM                    |             |                                       | <b>Trayodashi</b> Until 1:41AM Tue | Moon – Blue              |                        |   | <b>Sivaloka Day</b> |  |
| Then Routine Work - Marana Yoga |             | <b>Yogaswami Mahasamadhi</b>          | <i>Pradosha Vrata</i>              | <b>Phalguna</b> •Panguni |                        |   |                     |  |

|                   |             |                                       |                                   |                          |                        |   |                           |  |
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| <b>4</b>          |             | <b>Tuesday, March 19, 2019</b>        |                                   |                          |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau |                           | Edmonton, Canada<br>Sun 27 Sutra 338<br>Vilamba 5120 |
| Simha Rasi: 13.02 | Tithi 14    | <b>Gulika</b> 12:41PM – 2:12PM        | <b>Magha*</b> Until 6:27AM        | <b>Ganesh:</b> White     | <i>Sunrise:</i> 6:39AM |   |                           |  |
|                   |             | Yama 9:40AM – 11:11AM                 | Shula* Until 12:34AM Wed          | <b>Muruga:</b> Clear     | <i>Sunset:</i> 6:44PM  |   |                           | Moon 2 - Phase 46                                    |
| Creative Work     | Siddha Yoga | 151373368 <b>Rahu</b> 3:43PM – 5:13PM | Gara Until 11:56AM                | <b>Nataraja:</b> Clear   |                        |   |                           | 4th Phase  |
|                   |             |                                       | <b>Chaturdashi*</b> Until 10:08PM | Moon – Red               |                        |   | <b>Subha Sivaloka Day</b> |  |
|                   |             |                                       |                                   | <b>Phalguna</b> •Panguni |                        |   |                           |  |

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|  |             | <b>Wednesday, March 20, 2019</b>       |   |                          |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau |                           | Edmonton, Canada<br>Sun 28 Sutra 339<br>Vilamba 5120 |
| <b>Copper Retreat Star</b>  |             | <b>Gulika</b> 11:10AM – 12:41PM        | <b>Uttaraphalguni</b> Until 12:50AM Thu | <b>Ganesh:</b> White     | <i>Sunrise:</i> 6:37AM |  |                           |  |
| Simha Rasi: 28.07   | Tithi 15    | Yama 8:08AM – 9:39AM                   | Ganda* Until 8:31PM                     | <b>Muruga:</b> Clear     | <i>Sunset:</i> 6:46PM  |  |                           | Moon 2 - Phase 46                                    |
| Creative Work   | Amrita Yoga | 151373368 <b>Rahu</b> 12:41PM – 2:12PM | Visti Until 8:23AM                      | <b>Nataraja:</b> Clear   |                        |  |                           | Purnima  |
| Until 12:50AM Thu   |             |  | <b>Purnima*</b> Until 6:37PM            | Moon – Red               |                        |  | <b>Subha Sivaloka Day</b> |  |
| Then Routine Work - Marana Yoga   |             | <b>Panguni Uttiram</b>                 |   | <b>Phalguna</b> •Panguni |                        |  |                           |  |
|   |             | <b>Holi</b>                            |   |                          |                        |  |                           |  |

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|----------------------------------|---------------|---------------------------------------|-------------------------------|--------------------------|------------------------|---|---------------------|--|
| <b>Thursday, March 21, 2019</b>  |               | <b>Silver Retreat Star</b>            |                               |                          |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                     | Edmonton, Canada<br>Sun 29 Sutra 340<br>Vilamba 5120 |
| Kanya Rasi: 13.07                | Tithi 16 – 17 | <b>Gulika</b> 9:37AM – 11:09AM        | <b>Hasta</b> Until 10:33PM    | <b>Ganesh:</b> Yellow    | <i>Sunrise:</i> 6:34AM |   |                     |  |
|                                  |               | Yama 6:34AM – 8:06AM                  | Vriddhi Until 4:41PM          | <b>Muruga:</b> White     | <i>Sunset:</i> 6:48PM  |   |                     | Moon 2 - Phase 46                                    |
| Routine Work                     | Marana Yoga   | 161383368 <b>Rahu</b> 2:13PM – 3:44PM | Taitila Until 1:49AM Fri      | <b>Nataraja:</b> Clear   |                        |   |                     | Prathama   |
| Until 10:33PM                    |               |                                       | <b>Prathama*</b> Until 3:19PM | Moon – Green             |                        |   | <b>Devaloka Day</b> |  |
| Then Creative Work - Siddha Yoga |               |                                       |                               | <b>Phalguna</b> •Panguni |                        |   |                     |  |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Edmonton, Canada

Sun 1 Sutra 341

Vilamba 5120

Moon 3 - Phase 47  
1st Phase

Kanya Rasi: 27.52 Tihi 17 - 18

Gulika 8:04AM - 9:36AM

Chitra Until 10:02AM Sat

Ganesha: Yellow Sunrise: 6:32AM

Yama 3:45PM - 5:17PM

Dhruva Until 1:08PM

Muruga: White Sunset: 6:50PM

162383368 Rahu 11:08AM - 12:41PM

Vanija Until 11:09PM

Nataraja: Clear

Creative Work Siddha Yoga

Dvitiya Until 12:24PM

Moon - Green

Devaloka Day

Phalguna-Panguni

## 1 Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Balava Karana Tritiya/Chaturthiyam Titau

Edmonton, Canada

Sun 2 Sutra 342

Vilamba 5120

Moon 3 - Phase 47  
1st Phase

Tula Rasi: 12.16 Tihi 18 - 19

Gulika 6:29AM - 8:02AM

Chitra Until 10:02AM

Ganesha: Blue Sunrise: 6:29AM

Yama 2:13PM - 3:46PM

Vyaghata\* Until 7:02PM

Muruga: White Sunset: 6:51PM

162383368 Rahu 9:35AM - 11:08AM

Balava Until 7:81AM Sun

Nataraja: Clear

Creative Work Siddha Yoga

Tritiya Until 10:02AM

Moon - Green

Bhuloka Day

Phalguna-Panguni

Devaloka Time: 6:PM to 9:PM

## 2 Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Edmonton, Canada

Sun 3 Sutra 343

Vilamba 5120

Moon 3 - Phase 47  
1st Phase

Tula Rasi: 26.14 Tihi 19 - 20

Gulika 3:47PM - 5:20PM

Vishakha Until 6:31PM

Ganesha: Red Sunrise: 6:27AM

Yama 12:40PM - 2:13PM

Harshana Until 7:33AM

Muruga: White Sunset: 6:53PM

172383368 Rahu 5:20PM - 6:53PM

Kaulava Until 7:50PM

Nataraja: Clear

Routine Work Marana Yoga

Chaturthi\* Until 8:21AM

Moon - Orange

Devaloka Day

Phalguna-Panguni

## 3 Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Edmonton, Canada

Sun 4 Sutra 344

Vilamba 5120

Moon 3 - Phase 47  
1st Phase

Vrischika Rasi: 9.42 Tihi 20 - 21

Gulika 2:14PM - 3:47PM

Anuradha Until 6:43PM

Ganesha: Red Sunrise: 6:24AM

Family Home Evening

Yama 11:06AM - 12:40PM

Siddhi Until 4:31AM Tue

Muruga: White Sunset: 6:55PM

172383368 Rahu 7:58AM - 9:32AM

Gara Until 7:24PM

Nataraja: Clear

Creative Work Siddha Yoga

Panchami Until 7:29AM

Moon - Orange

Devaloka Day

Phalguna-Panguni

## 4 Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Edmonton, Canada

Sun 5 Sutra 345

Vilamba 5120

Moon 3 - Phase 47  
1st Phase

Vrischika Rasi: 22.43 Tihi 21 - 22

Gulika 12:39PM - 2:14PM

Jyeshtha\* Until 7:37PM

Ganesha: Red Sunrise: 6:22AM

Yama 9:31AM - 11:05AM

Vyatipata\* Until 4:02AM Wed

Muruga: White Sunset: 6:57PM

172383368 Rahu 3:48PM - 5:22PM

Visti Until 7:52PM

Nataraja: Clear

Routine Work Marana Yoga

Shashthi\* Until 7:30AM

Moon - Orange

Devaloka Day

Phalguna-Panguni

Until 7:37PM

Then Creative Work - Amrita Yoga

## Wednesday, March 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Variyan Yoga Bava Karana Saptami/Ashtamyam Titau

Edmonton, Canada

Sun 6 Sutra 346

Vilamba 5120

Moon 3 - Phase 47  
Ashtami

Dhanus Rasi: 5.18 Tihi 22 - 23

Gulika 11:04AM - 12:39PM

Mula\* Until 10:04AM Thu

Ganesha: Green Sunrise: 6:20AM

Yama 7:54AM - 9:29AM

Variyan Until 4:09AM Thu

Muruga: White Sunset: 6:59PM

182383368 Rahu 12:39PM - 2:14PM

Bava Until 8:24AM

Nataraja: Clear

Routine Work Marana Yoga

Saptami Until 8:24AM

Moon - Light Blue

Bhuloka Day

Phalguna-Panguni

Devaloka Time: 6:PM to 9:PM

Until 10:04AM Thu

Then Creative Work - Amrita Yoga

## Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Edmonton, Canada

Sun 7 Sutra 347

Vilamba 5120

Moon 3 - Phase 47  
Navami

Dhanus Rasi: 17.34 Tihi 23 - 24

Gulika 9:28AM - 11:03AM

Mula\* Until 10:04AM

Ganesha: Green Sunrise: 6:17AM

Yama 6:17AM - 7:53AM

Parigha\* Until 4:45AM Fri

Muruga: White Sunset: 7:00PM

182383368 Rahu 2:14PM - 3:50PM

Taitila Until 11:09PM

Nataraja: Clear

Creative Work Siddha Yoga

Ashtami\* Until 10:04AM

Moon - Light Blue

Bhuloka Day

Phalguna-Panguni

Devaloka Time: 6:PM to 9:PM

Until 10:04AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|          |  |               |  |  |   |   |   |  |
|----------|--|---------------|--|--|---|---|---|--|
| <b>1</b> | <b>Friday, March 29, 2019</b>  |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau |  |   |   | Edmonton, Canada<br>Sun 8 Sutra 348<br>Vilamba 5120 |  |
|          | Dhanus Rasi: 29.34   | Tithi 24 – 25 | <b>Gulika</b> 7:51AM – 9:27AM<br>Yama 3:50PM – 5:26PM<br>182383468 <b>Rahu</b> 11:03AM – 12:38PM   | <b>Uttarashadha Until 2:57AM Sat</b><br>Shiva Until 5:42AM Sat<br>Vanija Until 1:36AM Sat<br>Navami* Until 12:19PM | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:15AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 7:02PM<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br>Phalguna•Panguni | <b>Devaloka Day</b><br>Moon 3 - Phase 48<br>2nd Phase |   |  |
|          | Routine Work Marana Yoga<br>Until 2:57AM Sat<br>Then Creative Work - Siddha Yoga |               |  |  |   |   |   |  |


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|----------|--|---------------|--|--|--|---|---|--|
| <b>2</b> | <b>Saturday, March 30, 2019</b>  |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam<br>Shravana Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  |  |   | Edmonton, Canada<br>Sun 9 Sutra 349<br>Vilamba 5120 |  |
|          | Makara Rasi: 11.24   | Tithi 25 – 26 | <b>Gulika</b> 6:12AM – 7:49AM<br>Yama 2:15PM – 3:51PM<br>192383468 <b>Rahu</b> 9:25AM – 11:02AM  | <b>Shravana Until 6:17AM Sun</b><br>Siddha Until 6:17AM Sun<br>Bava Until 4:17AM Sun<br>Dashami Until 2:54PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:12AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 7:04PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | <b>Sivaloka Day</b><br>Moon 3 - Phase 48<br>2nd Phase |   |  |
|          | Creative Work Siddha Yoga<br>Until 6:17AM Sun<br>Then Routine Work - Marana Yoga |               |  |  |  |   |   |  |


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|----------|--|---------------|---|--|--|---|--|--|
| <b>3</b> | <b>Sunday, March 31, 2019</b>  |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau |  |  |   | Edmonton, Canada<br>Sun 10 Sutra 350<br>Vilamba 5120 |  |
|          | Makara Rasi: 23.11   | Tithi 26 – 27 | <b>Gulika</b> 3:52PM – 5:29PM<br>Yama 12:38PM – 2:15PM<br>192383468 <b>Rahu</b> 5:29PM – 7:06PM   | <b>Shravana Until 6:17AM</b><br>Siddha Until 6:17AM<br>Taitila Until 19:71AM Mon<br>Ekadashi* Until 5:36PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:10AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 7:06PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | <b>Sivaloka Day</b><br>Moon 3 - Phase 48<br>2nd Phase |  |  |
|          | Creative Work Amrita Yoga<br>Until 6:17AM<br>Then Routine Work - Marana Yoga |               |   |  |  |   |  |  |

|          |                              |          |   |   |   |   |  |  |
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| <b>4</b> | <b>Monday, April 1, 2019</b> |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau |   |   |   | Edmonton, Canada<br>Sun 11 Sutra 351<br>Vilamba 5120 |  |
|          | Kumbha Rasi: 4.58            | Tithi 27 | <b>Gulika</b> 2:15PM – 3:52PM<br>Yama 11:01AM – 12:38PM<br>192483468 <b>Rahu</b> 7:47AM – 9:24AM  | <b>Dhanishtha Until 9:25AM</b><br>Sadhya Until 7:47AM<br>Kaulava Until 6:56AM<br>Dvadashi* Until 8:11PM | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:10AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 7:06PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | <b>Subha Sivaloka Day</b><br>Moon 3 - Phase 48<br>2nd Phase |  |  |
|          | Creative Work Siddha Yoga    |          |   |   |   |   |  |  |

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| <b>5</b> | <b>Tuesday, April 2, 2019</b> |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Trayodashyam Titau |  |   |   | Edmonton, Canada<br>Sun 12 Sutra 352<br>Vilamba 5120 |  |
|          | Kumbha Rasi: 16.5             | Tithi 28 | <b>Gulika</b> 12:38PM – 2:15PM<br>Yama 9:23AM – 11:00AM<br>192483468 <b>Rahu</b> 3:53PM – 5:30PM   | <b>Shatabhishak Until 12:10PM</b><br>Subha Until 12:10PM<br>Gara Until 9:23AM<br>Trayodashi* Until 10:28PM | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:07AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 7:08PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | <b>Subha Sivaloka Day</b><br>Moon 3 - Phase 48<br>2nd Phase |  |  |
|          | Routine Work Marana Yoga      |          | <i>Pradosha Vrata (Fasting)</i>  |  |   |   |  |  |

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| <b>6</b> | <b>Wednesday, April 3, 2019</b>   |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |  |   |   | Edmonton, Canada<br>Sun 13 Sutra 353<br>Vilamba 5120 |  |
|          | Kumbha Rasi: 28.5   | Tithi 29 | <b>Gulika</b> 10:59AM – 12:37PM<br>Yama 7:43AM – 9:21AM<br>112483468 <b>Rahu</b> 12:37PM – 2:15PM  | <b>Purvaproshtapada* Until 2:55PM</b><br>Sukla Until 9:17AM<br>Visti Until 11:30AM<br>Chaturdashi* Until 12:22AM Thu | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:05AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 7:09PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Phalguna•Panguni | <b>Sivaloka Day</b><br>Moon 3 - Phase 48<br>2nd Phase |  |  |
|          | Creative Work Amrita Yoga<br>Until 2:55PM<br>Then Creative Work - Siddha Yoga |          |  |  |   |   |  |  |

|   |                                |  |   |  |   |  |  |  |
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|  | <b>Thursday, April 4, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau |  |   |  | Edmonton, Canada<br>Sun 14 Sutra 354<br>Vilamba 5120 |  |
|   | <b>Retreat Star</b>            |  | <b>Gulika</b> 9:20AM – 10:58AM<br>Yama 6:03AM – 7:41AM<br>112483468 <b>Rahu</b> 2:16PM – 3:54PM   | <b>Uttaraproshtapada Until 5:06PM</b><br>Brahma Until 9:36AM<br>Catuspada Until 1:11PM<br>Amavasya* Until 1:51AM Fri | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:03AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 7:11PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Phalguna•Panguni | <b>Sivaloka Day</b><br>Moon 3 - Phase 48<br>Amavasya |  |  |
|   | Creative Work Siddha Yoga      |  |   |  |   |  |  |  |

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|---|---|--|--|--|--|--|--|--|
|  | <b>Friday, April 5, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau |  |  |  | Edmonton, Canada<br>Sun 15 Sutra 355<br>Vilamba 5120 |  |
|   | <b>Retreat Star</b>   |  | <b>Gulika</b> 7:39AM – 9:18AM<br>Yama 3:55PM – 5:34PM<br>113483468 <b>Rahu</b> 10:58AM – 12:37PM   | <b>Revati Until 6:42PM</b><br>Indra Until 9:37AM<br>Kintughna Until 2:27PM<br>Prathama* Until 2:54AM Sat | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:00AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 7:13PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Chaitra•Panguni | <b>Devaloka Day</b><br>Moon 3 - Phase 48<br>Prathama |  |  |
|   | Creative Work Siddha Yoga<br>Until 6:42PM<br>Then Creative Work - Amrita Yoga |  | <b>Yugadhi</b>   |  |  |  |  |  |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

|          |                                |                            |  |                             |  |                   |                  |
|----------|--------------------------------|----------------------------|--|-----------------------------|--|-------------------|------------------|
| <b>1</b> | <b>Saturday, April 6, 2019</b> |                            | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                             |  |                   | Edmonton, Canada |
|          | Mesha Rasi: 5.49               | Tithi 2                    | <b>Gulika</b> 5:58AM – 7:38AM  | <b>Ashvini</b> Until 8:13PM | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:58AM | Sun 16            | Sutra 356        |
|          |                                |                            | Yama 2:16PM – 3:56PM   | Vaidhriti* Until 9:15AM     | <b>Muruga:</b> Yellow <i>Sunset:</i> 7:15PM  |                   | Vilamba 5120     |
|          | Creative Work                  | Siddha Yoga                | 123483468 <b>Rahu</b> 9:17AM – 10:57AM   | Balava Until 3:17PM         | <b>Nataraja:</b> Purple<br>Moon – White      | Moon 3 - Phase 49 | 3rd Phase        |
|          |                                | Chellappaswami Mahasamadhi | <b>Dvitiya</b> Until 3:31AM Sun  | <b>Chaitra-Panguni</b>      | <b>Devaloka Day</b>                          |                   |                  |

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| <b>2</b> | <b>Sunday, April 7, 2019</b> |                                  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau |                             |  |                   | Edmonton, Canada |
|          | Mesha Rasi: 18.31            | Tithi 3                          | <b>Gulika</b> 3:56PM – 5:37PM   | <b>Bharani</b> Until 9:12PM | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:56AM | Sun 17            | Sutra 357        |
|          |                              |                                  | Yama 12:36PM – 2:16PM   | Vishkambha* Until 8:36AM    | <b>Muruga:</b> Yellow <i>Sunset:</i> 7:17PM  |                   | Vilamba 5120     |
|          | Routine Work                 | Prabalarishta Yoga               | 123483468 <b>Rahu</b> 5:37PM – 7:17PM   | Taitila Until 3:42PM        | <b>Nataraja:</b> Purple<br>Moon – White      | Moon 3 - Phase 49 | 3rd Phase        |
|          |                              | Then Creative Work - Siddha Yoga | <b>Tritiya</b> Until 3:45AM Mon   | <b>Chaitra-Panguni</b>      | <b>Devaloka Day</b>                          |                   |                  |

|          |                              |                                  |   |                              |  |                   |                  |
|----------|------------------------------|----------------------------------|---|------------------------------|--|-------------------|------------------|
| <b>3</b> | <b>Monday, April 8, 2019</b> |                                  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Priti/Ayushman Yoga Vanija Karana Chaturthyam Titau |                              |  |                   | Edmonton, Canada |
|          | Vrishabha Rasi: 1.24         | Tithi 4                          | <b>Gulika</b> 2:16PM – 3:57PM   | <b>Krittika</b> Until 9:39PM | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:53AM | Sun 18            | Sutra 358        |
|          | <b>Family Home Evening</b>   |                                  | Yama 10:55AM – 12:36PM  | Priti Until 7:40AM           | <b>Muruga:</b> Yellow <i>Sunset:</i> 7:19PM  |                   | Vilamba 5120     |
|          | Routine Work                 | Marana Yoga                      | 123483468 <b>Rahu</b> 7:34AM – 9:14AM   | Vanija Until 3:45PM          | <b>Nataraja:</b> Purple<br>Moon – White      | Moon 3 - Phase 49 | 3rd Phase        |
|          |                              | Then Creative Work - Amrita Yoga | <b>Chaturthi*</b> Until 3:37AM Tue  | <b>Chaitra-Panguni</b>       | <b>Devaloka Day</b>                          |                   |                  |

|          |                               |                                  |   |                             |   |                   |                  |
|----------|-------------------------------|----------------------------------|---|-----------------------------|---|-------------------|------------------|
| <b>4</b> | <b>Tuesday, April 9, 2019</b> |                                  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Ayushman/Saubhagya Yoga Bava Karana Panchamyam Titau |                             |   |                   | Edmonton, Canada |
|          | Vrishabha Rasi: 14.28         | Tithi 5                          | <b>Gulika</b> 12:36PM – 2:17PM  | <b>Rohini</b> Until 10:03PM | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:51AM | Sun 19            | Sutra 359        |
|          |                               |                                  | Yama 9:13AM – 10:54AM   | Ayushman Until 6:25AM       | <b>Muruga:</b> Yellow <i>Sunset:</i> 7:20PM |                   | Vilamba 5120     |
|          | Creative Work                 | Amrita Yoga                      | 123483468 <b>Rahu</b> 3:58PM – 5:39PM   | Bava Until 3:26PM           | <b>Nataraja:</b> Purple<br>Moon – Yellow    | Moon 3 - Phase 49 | 3rd Phase        |
|          |                               | Then Creative Work - Siddha Yoga | <b>Panchami</b> Until 3:07AM Wed  | <b>Chaitra-Panguni</b>      | <b>Sivaloka Day</b>                         |                   |                  |

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| <b>5</b> | <b>Wednesday, April 10, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashtyam Titau |                                |   |                   | Edmonton, Canada |
|          | Vrishabha Rasi: 27.44            | Tithi 6     | <b>Gulika</b> 10:54AM – 12:35PM  | <b>Mrigashira</b> Until 9:56PM | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:48AM | Sun 20            | Sutra 360        |
|          |                                  |             | Yama 7:30AM – 9:12AM   | Sobhana Until 3:04AM Thu       | <b>Muruga:</b> Yellow <i>Sunset:</i> 7:22PM |                   | Vilamba 5120     |
|          | Creative Work                    | Siddha Yoga | 123483468 <b>Rahu</b> 12:35PM – 2:17PM   | Kaulava Until 2:44PM           | <b>Nataraja:</b> Purple<br>Moon – Yellow    | Moon 3 - Phase 49 | 3rd Phase        |
|          |                                  |             | <b>Shashthi*</b> Until 2:14AM Thu  | <b>Chaitra-Panguni</b>         | <b>Sivaloka Day</b>                         |                   |                  |

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| <b>6</b> | <b>Thursday, April 11, 2019</b> |                                  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau |                           |   |                   | Edmonton, Canada |
|          | Mithuna Rasi: 11.13             | Tithi 7                          | <b>Gulika</b> 9:11AM – 10:53AM  | <b>Ardra</b> Until 9:16PM | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:46AM | Sun 21            | Sutra 361        |
|          |                                 |                                  | Yama 5:46AM – 7:28AM  | Athiganda* Until 9:16PM   | <b>Muruga:</b> Yellow <i>Sunset:</i> 7:24PM |                   | Vilamba 5120     |
|          | Routine Work                    | Marana Yoga                      | 123483468 <b>Rahu</b> 2:17PM – 3:59PM   | Gara Until 1:39PM         | <b>Nataraja:</b> Purple<br>Moon – Yellow    | Moon 3 - Phase 49 | 3rd Phase        |
|          |                                 | Then Creative Work - Amrita Yoga | <b>Saptami</b> Until 12:56AM Fri  | <b>Chaitra-Panguni</b>    | <b>Sivaloka Day</b>                         |                   |                  |

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| <b>D</b> | <b>Friday, April 12, 2019</b> |                                 | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau |                               |   |                   | Edmonton, Canada |
|          | <b>Retreat Star</b>           |                                 | <b>Gulika</b> 7:26AM – 9:09AM   | <b>Punarvasu</b> Until 8:29PM | <b>Ganesh:</b> White <i>Sunrise:</i> 5:44AM | Sun 22            | Sutra 362        |
|          | Mithuna Rasi: 24.55           | Tithi 8                         | Yama 4:00PM – 5:43PM  | Sukarma Until 10:23PM         | <b>Muruga:</b> Yellow <i>Sunset:</i> 7:26PM |                   | Vilamba 5120     |
|          | Creative Work                 | Siddha Yoga                     | 143483468 <b>Rahu</b> 10:52AM – 12:35PM   | Visti Until 12:08PM           | <b>Nataraja:</b> Purple<br>Moon – Blue      | Moon 3 - Phase 49 | Ashtami          |
|          |                               | Then Routine Work - Marana Yoga | <b>Ashtami*</b> Until 11:13PM   | <b>Chaitra-Panguni</b>        | <b>Devaloka Day</b>                         |                   |                  |

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| <b>D</b> | <b>Saturday, April 13, 2019</b> |                                 | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |                            |   |                   | Edmonton, Canada |
|          | <b>Retreat Star</b>             |                                 | <b>Gulika</b> 5:41AM – 7:25AM   | <b>Pushya</b> Until 7:09PM | <b>Ganesh:</b> White <i>Sunrise:</i> 5:41AM | Sun 23            | Sutra 363        |
|          | Kataka Rasi: 8.53               | Tithi 9                         | Yama 2:18PM – 4:01PM  | Dhriti Until 7:35PM        | <b>Muruga:</b> Yellow <i>Sunset:</i> 7:28PM |                   | Vilamba 5120     |
|          | Creative Work                   | Siddha Yoga                     | 143483468 <b>Rahu</b> 9:08AM – 10:51AM  | Balava Until 10:13AM       | <b>Nataraja:</b> Purple<br>Moon – Blue      | Moon 3 - Phase 49 | Navami           |
|          |                                 | Then Routine Work - Marana Yoga | <b>Navami*</b> Until 9:06PM   | <b>Chaitra-Panguni</b>     | <b>Devaloka Day</b>                         |                   |                  |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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| <b>1 Sunday, April 14, 2019</b> |             | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau |                               |                         |                        | Edmonton, Canada<br>Sun 24 Sutra 364<br>Vikarin 5121 |
| Kataka Rasi: 23.07              | Tithi 10    | <b>Gulika</b> 4:02PM – 5:46PM   | <b>Ashlesha* Until 5:19PM</b> | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 5:39AM |  |
|                                 |             | Yama 12:34PM – 2:18PM   | Shula* Until 4:27PM           | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 7:29PM  | Moon 3 - Phase 1                                     |
|                                 |             | 243483468 <b>Rahu</b> 5:46PM – 7:29PM   | Taitila Until 7:55AM          | <b>Nataraja:</b> Purple |                        | 4th Phase  |
| Creative Work                   | Siddha Yoga |   | <b>Dashami Until 6:37PM</b>   | Moon – Blue             |                        | <b>Sivaloka Day</b>                                  |
| Until 5:19PM                    |             | <b>Tamil New Year</b>   |                               | <b>Chaitra•Chaitra</b>  |                        |  |
| Then Routine Work - Marana Yoga |             |   |                               |                         |                        |  |

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| <b>2 Monday, April 15, 2019</b>  |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Visti* Karana Ekadashi/Dvadashyam Titau |                              |                         |                        | Edmonton, Canada<br>Sun 25 Sutra 1<br>Vikarin 5121 |
| Simha Rasi: 7.34                 | Tithi 11 – 12 | <b>Gulika</b> 2:18PM – 4:03PM  | <b>Magha* Until 3:27PM</b>   | <b>Ganesh:</b> White    | <i>Sunrise:</i> 5:37AM |  |
| <b>Family Home Evening</b>       |               | Yama 10:50AM – 12:34PM   | Ganda* Until 1:05PM          | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 7:31PM  | Moon 3 - Phase 1                                   |
|                                  |               | 253483468 <b>Rahu</b> 7:21AM – 9:05AM  | Visti Until 3:50PM           | <b>Nataraja:</b> Purple |                        | 4th Phase  |
| Routine Work                     | Marana Yoga   |  | <b>Ekadashi Until 3:50PM</b> | Moon – Red              |                        | <b>Devaloka Day</b>                                |
| Until 3:27PM                     |               |  |                              | <b>Chaitra•Chaitra</b>  |                        |  |
| Then Creative Work - Siddha Yoga |               |  |                              |                         |                        |  |

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| <b>3 Tuesday, April 16, 2019</b> |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                   |                         |                        | Edmonton, Canada<br>Sun 26 Sutra 2<br>Vikarin 5121 |
| Simha Rasi: 22.12                | Tithi 12 – 13 | <b>Gulika</b> 12:34PM – 2:19PM  | <b>Purvaphalguni Until 1:16PM</b> | <b>Ganesh:</b> White    | <i>Sunrise:</i> 5:34AM |  |
|                                  |               | Yama 9:04AM – 10:49AM   | Vridhi Until 9:33AM               | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 7:33PM  | Moon 3 - Phase 1                                   |
|                                  |               | 253483468 <b>Rahu</b> 4:03PM – 5:48PM   | Kaulava Until 11:22PM             | <b>Nataraja:</b> Purple |                        | 4th Phase  |
| Creative Work                    | Siddha Yoga   |   | <b>Dvadashi Until 12:52PM</b>     | Moon – Red              |                        | <b>Devaloka Day</b>                                |
| Until 1:16PM                     |               |   |                                   | <b>Chaitra•Chaitra</b>  |                        |  |
| Then Creative Work - Amrita Yoga |               |   | <i>Pradosha Vrata</i>             |                         |                        |  |

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| <b>4 Wednesday, April 17, 2019</b> |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |  |                         |                        | Edmonton, Canada<br>Sun 27 Sutra 3<br>Vikarin 5121 |
| Kanya Rasi: 6.55                   | Tithi 13 – 14 | <b>Gulika</b> 10:48AM – 12:33PM  | <b>Uttaraphalguni Until 6:53AM Thu</b> | <b>Ganesh:</b> White    | <i>Sunrise:</i> 5:32AM |  |
|                                    |               | Yama 7:17AM – 9:03AM   | Vyaghata* Until 2:22AM Thu             | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 7:35PM  | Moon 3 - Phase 1                                   |
|                                    |               | 253483468 <b>Rahu</b> 12:33PM – 2:19PM   | Gara Until 8:22PM                      | <b>Nataraja:</b> Purple |                        | 4th Phase  |
| Creative Work                      | Amrita Yoga   |  | <b>Trayodashi Until 9:50AM</b>         | Moon – Red              |                        | <b>Devaloka Day</b>                                |
| Until 6:53AM Thu                   |               |  |  | <b>Chaitra•Chaitra</b>  |                        |  |
| Then Routine Work - Marana Yoga    |               |  |  |                         |                        |  |

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| <b>○ Thursday, April 18, 2019</b> |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Chitra Nakshatra Harshana Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau |                                    |                         |                        | Edmonton, Canada<br>Sutra 4<br>Vikarin 5121 |
| <b>Copper Retreat Star</b>        |               | <b>Gulika</b> 9:02AM – 10:47AM   | <b>Uttaraphalguni Until 6:53AM</b> | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 5:30AM |   |
| Kanya Rasi: 21.35                 | Tithi 14 – 15 | Yama 5:30AM – 7:16AM   | Harshana Until 10:59PM             | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 7:37PM  | Moon 3 - Phase 1                            |
|                                   |               | 263483468 <b>Rahu</b> 2:19PM – 4:05PM  | Bava Until 4:09AM Fri              | <b>Nataraja:</b> Purple |                        | Purnima                                     |
| Routine Work                      | Marana Yoga   |  | <b>Chaturdashi* Until 6:53AM</b>   | Moon – Green            |                        | <b>Sivaloka Day</b>                         |
| Until 6:53AM                      |               | <b>Chitra Purnima (Tamil Nadu)</b>   |                                    | <b>Chaitra•Chaitra</b>  |                        |   |
| Then Creative Work - Siddha Yoga  |               | <b>Hanuman Jayanti</b>   |                                    |                         |                        |   |

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| <b>Friday, April 19, 2019</b> |             | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau |                                   |                         |                        | Edmonton, Canada<br>Sutra 5<br>Vikarin 5121 |
| <b>Silver Retreat Star</b>    |             | <b>Gulika</b> 7:14AM – 9:00AM  | <b>Chitra Until 6:56AM</b>        | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 5:28AM |   |
| Tula Rasi: 6.05               | Tithi 16    | Yama 4:06PM – 5:52PM   | Vajra* Until 7:51PM               | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 7:38PM  | Moon 3 - Phase 1                            |
|                               |             | 263483468 <b>Rahu</b> 10:47AM – 12:33PM  | Balava Until 2:57PM               | <b>Nataraja:</b> Purple |                        | Prathama                                    |
| Creative Work                 | Siddha Yoga |  | <b>Prathama* Until 1:49AM Sat</b> | Moon – Green            |                        | <b>Sivaloka Day</b>                         |
|                               |             |  |                                   | <b>Chaitra•Chaitra</b>  |                        |   |