



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 16

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Tula Rasi: 27.5

Tihti 16 - 17

273832369

Gulika

1:24PM - 3:07PM

Vishakha Until 4:23PM

Ganesh: Purple

Sunrise: 6:30AM

Yama

9:57AM - 11:40AM

Vyatipata* Until 10:06AM

Muruga: White

Sunset: 8:17PM

Rahu

4:50PM - 6:34PM

Taitila Until 7:40PM

Nataraja: Purple

Moon - Orange

Bhuloka Day

Vaisaka-Chaitra

Routine Work Marana Yoga

Until 4:23PM

Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 17

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 10.25

Tihti 17 - 18

273832369

Gulika

11:40AM - 1:23PM

Anuradha Until 6:05PM

Ganesh: Purple

Sunrise: 6:29AM

Yama

8:12AM - 9:56AM

Variyan Until 9:48AM

Muruga: White

Sunset: 8:18PM

Rahu

1:23PM - 3:07PM

Vanija Until 8:49PM

Nataraja: Purple

Moon - Orange

Bhuloka Day

Vaisaka-Chaitra

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 18

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 22.44

Tihti 18 - 19

274832369

Gulika

9:55AM - 11:39AM

Jyeshtha* Until 8:08PM

Ganesh: Clear

Sunrise: 6:28AM

Yama

6:28AM - 8:12AM

Parigha* Until 9:56AM

Muruga: White

Sunset: 8:19PM

Rahu

3:07PM - 4:51PM

Bava Until 10:30PM

Nataraja: Purple

Moon - Orange

Bhuloka Day

Vaisaka-Chaitra

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 8:08PM

Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 19

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 4.52

Tihti 19 - 20

284832369

Gulika

8:11AM - 9:55AM

Mula* Until 10:59PM

Ganesh: White

Sunrise: 6:27AM

Yama

4:51PM - 6:36PM

Shiva Until 10:28AM

Muruga: White

Sunset: 8:20PM

Rahu

11:39AM - 1:23PM

Kaulava Until 12:39AM Sat

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Vaisaka-Chaitra

Creative Work Amrita Yoga

Until 10:59PM

Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 20

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 16.48

Tihti 20 - 21

284832369

Gulika

6:25AM - 8:10AM

Purvashadha* Until 1:59AM Sun

Ganesh: White

Sunrise: 6:25AM

Yama

3:07PM - 4:52PM

Siddha Until 11:17AM

Muruga: White

Sunset: 8:21PM

Rahu

9:54AM - 11:39AM

Gara Until 3:07AM Sun

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Vaisaka-Chaitra

Creative Work Siddha Yoga

Until 1:59AM Sun

Then Creative Work - Amrita Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 21

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 28.38

Tihti 21 - 22

284832369

Gulika

4:52PM - 6:37PM

Uttarashadha Until 4:55AM Mon

Ganesh: White

Sunrise: 6:24AM

Yama

1:23PM - 3:08PM

Sadhya Until 12:18PM

Muruga: White

Sunset: 8:22PM

Rahu

6:37PM - 8:22PM

Visti Until 5:42AM Mon

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Vaisaka-Chaitra

Creative Work Amrita Yoga

Shashthi* Until 4:23PM

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 22

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Makara Rasi: 10.26

Tihti 22

294832369

Gulika

3:08PM - 4:53PM

Shravana Until 8:04AM Tue

Ganesh: Yellow

Sunrise: 6:23AM

Yama

11:38AM - 1:23PM

Subha Until 1:22PM

Muruga: White

Sunset: 8:23PM

Rahu

8:08AM - 9:53AM

Bava Until 6:56PM

Nataraja: Purple

Moon - Purple

Bhuloka Day

Vaisaka-Chaitra

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 8:04AM Tue

Then Creative Work - Siddha Yoga

D

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 23

Vilamba 5120

Moon 4 - Phase 3

Ashtami

Makara Rasi: 22.17

Tihti 23

294832369

Gulika

1:23PM - 3:08PM

Shravana Until 8:04AM

Ganesh: Yellow

Sunrise: 6:22AM

Yama

9:53AM - 11:38AM

Sukla Until 2:14PM

Muruga: White

Sunset: 8:24PM

Rahu

4:53PM - 6:38PM

Balava Until 8:08AM

Nataraja: Purple

Moon - Purple

Bhuloka Day

Vaisaka-Chaitra

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Chidambaram Abhishekam

Ashtami* Until 9:12PM

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 24

Vilamba 5120

Moon 4 - Phase 3

Navami

Kumbha Rasi: 4.18

Tihti 24

294832369

Gulika

11:37AM - 1:23PM

Dhanishtha Until 10:40AM

Ganesh: Yellow

Sunrise: 6:21AM

Yama

8:07AM - 9:52AM

Brahma Until 2:46PM

Muruga: White

Sunset: 8:24PM

Rahu

1:23PM - 3:08PM

Taitila Until 10:10AM

Nataraja: Purple

Moon - Purple

Bhuloka Day

Vaisaka-Chaitra

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 10:40AM

Then Creative Work - Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1 Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikastan Sun 9 Sutra 25 Vilamba 5120
Kumbha Rasi: 16.32	Tithi 25	Gulika 9:51AM – 11:37AM	Shatabhishak Until 12:30PM	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM	
		Yama 6:20AM – 8:06AM	Indra Until 2:49PM	Muruga: White	<i>Sunset:</i> 8:25PM	Moon 4 - Phase 4
		294832369 Rahu 3:08PM – 4:54PM	Vanija Until 11:35AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:00AM Fri	Moon – Purple		
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

2 Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikastan Sun 10 Sutra 26 Vilamba 5120
Kumbha Rasi: 29.05	Tithi 26	Gulika 8:05AM – 9:51AM	Purvaproshtapada* Until 1:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	
		Yama 4:54PM – 6:40PM	Vaidhriti* Until 2:14PM	Muruga: White	<i>Sunset:</i> 8:26PM	Moon 4 - Phase 4
		214832369 Rahu 11:37AM – 1:23PM	Bava Until 12:14PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:14AM Sat	Moon – Clear		
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

3 Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Dvadashyam Titau				Dushanbe, Tajikastan Sun 11 Sutra 27 Vilamba 5120
Meena Rasi: 12.02	Tithi 27	Gulika 6:18AM – 8:04AM	Uttaraproshtapada Until 2:22PM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	
		Yama 3:09PM – 4:55PM	Vishkambha* Until 1:01PM	Muruga: White	<i>Sunset:</i> 8:27PM	Moon 4 - Phase 4
		214932369 Rahu 9:50AM – 11:37AM	Kaulava Until 12:03PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:39PM	Moon – Clear		
Until 2:22PM				Vaisaka-Chaitra		Bhuloka Day
Then Routine Work - Prabararishta Yoga						

4 Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikastan Sun 12 Sutra 28 Vilamba 5120
Meena Rasi: 25.25	Tithi 28	Gulika 4:55PM – 6:42PM	Revati Until 1:53PM	Ganesha: Blue	<i>Sunrise:</i> 6:17AM	
		Yama 1:23PM – 3:09PM	Priti Until 11:10AM	Muruga: White	<i>Sunset:</i> 8:28PM	Moon 4 - Phase 4
		214932369 Rahu 6:42PM – 8:28PM	Gara Until 11:05AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 10:18PM	Moon – Clear		
Until 1:53PM		Mother's Day		Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikastan Sun 13 Sutra 29 Vilamba 5120
Mesha Rasi: 9.13	Tithi 29	Gulika 3:09PM – 4:56PM	Ashvini Until 1:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	
Family Home Evening		Yama 11:36AM – 1:23PM	Ayushman Until 8:45AM	Muruga: White	<i>Sunset:</i> 8:29PM	Moon 4 - Phase 4
		224932369 Rahu 8:03AM – 9:49AM	Visti Until 9:24AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:20PM	Moon – White		
				Vaisaka-Chaitra		Bhuloka Day

Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikastan Sun 14 Sutra 30 Vilamba 5120
Retreat Star		Gulika 1:23PM – 3:09PM	Bharani Until 11:28AM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM	
Mesha Rasi: 23.23	Tithi 30 – 1	Yama 9:49AM – 11:36AM	Sobhana Until 2:37AM Wed	Muruga: White	<i>Sunset:</i> 8:30PM	Moon 4 - Phase 4
		224932369 Rahu 4:56PM – 6:43PM	Catuspada Until 7:09AM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:51PM	Moon – White		
				Vaisaka-Vaikasi		Bhuloka Day

Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikastan Sun 15 Sutra 31 Vilamba 5120
Retreat Star		Gulika 11:36AM – 1:23PM	Krittika Until 9:22AM	Ganesha: Red	<i>Sunrise:</i> 6:15AM	
Vrishabha Rasi: 7.51	Tithi 1 – 2	Yama 8:02AM – 9:49AM	Athiganda* Until 11:08PM	Muruga: White	<i>Sunset:</i> 8:31PM	Moon 4 - Phase 4
		225932369 Rahu 1:23PM – 3:10PM	Balava Until 1:33AM Thu	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:01PM	Moon – White		
Until 9:22AM				Jyeshtha Adhika-Vaikasi		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM

1		Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Dushanbe, Tajikastan Sun 16 Sutra 32 Vilamba 5120
Vrishabha Rasi: 22.3	Tithi 2 - 3	Gulika 9:48AM - 11:35AM	Rohini Until 7:20AM	Ganesha: Yellow <i>Sunrise:</i> 6:14AM	
		Yama 6:14AM - 8:01AM	Sukarma Until 7:34PM	Muruga: White <i>Sunset:</i> 8:32PM	Moon 4 - Phase 5
Routine Work	Marana Yoga	235932369 Rahu 3:10PM - 4:57PM	Taitila Until 10:30PM	Nataraja: Purple	3rd Phase
			Dvitiya Until 12:01PM	Moon - Yellow	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

2		Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Bava Karana Tritiya/Chaturthyam Titau	Dushanbe, Tajikastan Sun 17 Sutra 33 Vilamba 5120
Mithuna Rasi: 7.13	Tithi 3 - 4	Gulika 8:00AM - 9:48AM	Ardra Until 2:46AM Sat	Ganesha: Yellow <i>Sunrise:</i> 6:13AM	
		Yama 4:58PM - 6:45PM	Dhriti Until 2:46AM Sat	Muruga: White <i>Sunset:</i> 8:32PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	235932369 Rahu 11:35AM - 1:23PM	Bava Until 16:37AM Sat	Nataraja: Purple	3rd Phase
			Tritiya Until 8:58AM	Moon - Yellow	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

3		Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau	Dushanbe, Tajikastan Sun 18 Sutra 34 Vilamba 5120
Mithuna Rasi: 21.52	Tithi 4 - 5	Gulika 6:12AM - 8:00AM	Punarvasu Until 12:55AM Sun	Ganesha: White <i>Sunrise:</i> 6:12AM	
		Yama 3:10PM - 4:58PM	Shula* Until 12:32PM	Muruga: White <i>Sunset:</i> 8:33PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	245932369 Rahu 9:47AM - 11:35AM	Balava Until 4:37PM	Nataraja: Purple	3rd Phase
			Chaturthi* Until 12:32AM Sat	Moon - Blue	Devaloka Day
				Jyeshtha Adhika-Vaikasi	

4		Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau	Dushanbe, Tajikastan Sun 19 Sutra 35 Vilamba 5120
Kataka Rasi: 6.23	Tithi 6	Gulika 4:58PM - 6:46PM	Pushya Until 11:13PM	Ganesha: White <i>Sunrise:</i> 6:11AM	
		Yama 1:23PM - 3:11PM	Ganda* Until 9:16AM	Muruga: White <i>Sunset:</i> 8:34PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	245932369 Rahu 6:46PM - 8:34PM	Kaulava Until 2:00PM	Nataraja: Purple	3rd Phase
			Shashthi* Until 12:48AM Mon	Moon - Blue	Devaloka Day
				Jyeshtha Adhika-Vaikasi	

5		Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau	Dushanbe, Tajikastan Sun 20 Sutra 36 Vilamba 5120
Kataka Rasi: 20.4	Tithi 7	Gulika 3:11PM - 4:59PM	Ashlesha* Until 9:44PM	Ganesha: White <i>Sunrise:</i> 6:11AM	
Family Home Evening		Yama 11:35AM - 1:23PM	Vridhi Until 6:17AM	Muruga: White <i>Sunset:</i> 8:35PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	245932369 Rahu 7:59AM - 9:47AM	Gara Until 11:43AM	Nataraja: Purple	3rd Phase
Until 9:44PM			Saptami Until 10:42PM	Moon - Blue	Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	

Retreat Star		Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau	Dushanbe, Tajikastan Sun 21 Sutra 37 Vilamba 5120
Simha Rasi: 4.43	Tithi 8	Gulika 1:23PM - 3:11PM	Magha* Until 8:55PM	Ganesha: Clear <i>Sunrise:</i> 6:10AM	
		Yama 9:46AM - 11:35AM	Vyaghata* Until 1:13AM Wed	Muruga: White <i>Sunset:</i> 8:36PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	255932369 Rahu 4:59PM - 6:48PM	Visti Until 9:49AM	Nataraja: Purple	Ashtami
			Ashtami* Until 9:00PM	Moon - Red	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

Retreat Star		Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau	Dushanbe, Tajikastan Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 18.31	Tithi 9	Gulika 11:35AM - 1:23PM	Purvaphalguni Until 8:23PM	Ganesha: Clear <i>Sunrise:</i> 6:09AM	
		Yama 7:58AM - 9:46AM	Harshana Until 11:12PM	Muruga: White <i>Sunset:</i> 8:37PM	Moon 4 - Phase 5
Creative Work	Amrita Yoga	255932369 Rahu 1:23PM - 3:11PM	Balava Until 8:19AM	Nataraja: Purple	Navami
			Navami* Until 7:42PM	Moon - Red	Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1 Thursday, May 24, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				Dushanbe, Tajikastan Sun 23 Sutra 39
Kanya Rasi: 2.04	Tithi 10	Gulika 9:46AM – 11:34AM	Uttaraphalguni Until 8:05PM	Ganesh: Clear <i>Sunrise:</i> 6:09AM	Vilamba 5120	
		Yama 6:09AM – 7:57AM	Vajra* Until 9:28PM	Muruga: White <i>Sunset:</i> 8:37PM		Moon 4 - Phase 6
	Amrita Yoga	255932369 Rahu 3:12PM – 5:00PM	Tailila Until 7:13AM	Nataraja: Purple		4th Phase
Until 8:05PM			Dashami Until 6:48PM	Moon – Red		Bhuloka Day
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Friday, May 25, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikastan Sun 24 Sutra 40
Kanya Rasi: 15.23	Tithi 11	Gulika 7:57AM – 9:46AM	Hasta Until 8:28PM	Ganesh: Clear <i>Sunrise:</i> 6:08AM	Vilamba 5120	
		Yama 5:01PM – 6:49PM	Siddhi Until 8:04PM	Muruga: White <i>Sunset:</i> 8:38PM		Moon 4 - Phase 6
	Amrita Yoga	266932369 Rahu 11:34AM – 1:23PM	Vanija Until 6:31AM	Nataraja: Purple		4th Phase
Creative Work			Ekadashi Until 6:18PM	Moon – Green		Bhuloka Day
Until 8:28PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Saturday, May 26, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikastan Sun 25 Sutra 41
Kanya Rasi: 28.31	Tithi 12	Gulika 6:07AM – 7:56AM	Chitra Until 9:05PM	Ganesh: Purple <i>Sunrise:</i> 6:07AM	Vilamba 5120	
		Yama 3:12PM – 5:01PM	Vyatipata* Until 6:59PM	Muruga: White <i>Sunset:</i> 8:39PM		Moon 4 - Phase 6
	Marana Yoga	366932369 Rahu 9:45AM – 11:34AM	Bava Until 6:12AM	Nataraja: Purple		4th Phase
Routine Work			Dvadashi Until 6:11PM	Moon – Green		Bhuloka Day
Until 9:05PM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

4 Sunday, May 27, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan Yoga Kaulava/Tailila Karana Trayodashyam Titau				Dushanbe, Tajikastan Sun 26 Sutra 42
Tula Rasi: 11.26	Tithi 13	Gulika 5:02PM – 6:51PM	Svati Until 9:56PM	Ganesh: Purple <i>Sunrise:</i> 6:07AM	Vilamba 5120	
		Yama 1:23PM – 3:12PM	Varyan Until 6:11PM	Muruga: White <i>Sunset:</i> 8:40PM		Moon 4 - Phase 6
	Siddha Yoga	366932369 Rahu 6:51PM – 8:40PM	Kaulava Until 6:17AM	Nataraja: Purple		4th Phase
Creative Work			Trayodashi Until 6:27PM	Moon – Green		Bhuloka Day
Until 9:56PM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

5 Monday, May 28, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikastan Sun 27 Sutra 43
Tula Rasi: 24.1	Tithi 14	Gulika 3:13PM – 5:02PM	Vishakha Until 11:30PM	Ganesh: Clear <i>Sunrise:</i> 6:06AM	Vilamba 5120	
Family Home Evening		Yama 11:34AM – 1:23PM	Parigha* Until 5:44PM	Muruga: White <i>Sunset:</i> 8:41PM		Moon 4 - Phase 6
	Marana Yoga	376932369 Rahu 7:56AM – 9:45AM	Gara Until 6:46AM	Nataraja: Purple		4th Phase
Routine Work			Chaturdashi* Until 7:09PM	Moon – Orange		Bhuloka Day
Until 11:30PM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

○ Tuesday, May 29, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikastan Sutra 44
Copper Retreat Star		Gulika 1:24PM – 3:13PM	Anuradha Until 1:22AM Wed	Ganesh: Clear <i>Sunrise:</i> 6:06AM	Vilamba 5120	
Vrischika Rasi: 6.41	Tithi 15	Yama 9:45AM – 11:34AM	Shiva Until 5:39PM	Muruga: White <i>Sunset:</i> 8:41PM		Moon 4 - Phase 6
		376932369 Rahu 5:02PM – 6:52PM	Visti Until 7:41AM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:17PM	Moon – Orange		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

Wednesday, May 30, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikastan Sutra 45
Silver Retreat Star		Gulika 11:34AM – 1:24PM	Jyeshtha* Until 3:29AM Thu	Ganesh: Clear <i>Sunrise:</i> 6:05AM	Vilamba 5120	
Vrischika Rasi: 19.01	Tithi 16	Yama 7:55AM – 9:44AM	Siddha Until 5:53PM	Muruga: White <i>Sunset:</i> 8:42PM		Moon 4 - Phase 6
		376932369 Rahu 1:24PM – 3:13PM	Balava Until 9:03AM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 9:52PM	Moon – Orange		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 1.1 Tihi 17

Gulika 9:44AM - 11:34AM

Yama 6:05AM - 7:55AM

Rahu 3:14PM - 5:03PM

Mula* Until 6:19AM Fri

Sadhya Until 6:27PM

Tailila Until 10:51AM

Dvitiya Until 11:53PM

Ganesha: White Sunrise: 6:05AM

Muruga: White Sunset: 8:43PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga

Until 6:19AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 13.1 Tihi 18

Gulika 7:54AM - 9:44AM

Yama 5:04PM - 6:54PM

Rahu 11:34AM - 1:24PM

Mula* Until 6:19AM

Subha Until 7:18PM

Vanija Until 1:02PM

Tritiya Until 2:13AM Sat

Ganesha: White Sunrise: 6:04AM

Muruga: White Sunset: 8:43PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Amrita Yoga

Until 6:19AM

Then Routine Work - Prabalarishta Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 25.02 Tihi 19

Gulika 6:04AM - 7:54AM

Yama 3:14PM - 5:04PM

Rahu 9:44AM - 11:34AM

Purvashadha* Until 9:17AM

Sukla Until 8:20PM

Bava Until 3:30PM

Chaturthi* Until 4:47AM Sun

Ganesha: Yellow Sunrise: 6:04AM

Muruga: White Sunset: 8:44PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 9:17AM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava Karana Panchamyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 6.5 Tihi 20

Gulika 5:05PM - 6:55PM

Yama 1:24PM - 3:14PM

Rahu 6:55PM - 8:45PM

Uttarashadha Until 12:15PM

Brahma Until 9:27PM

Kaulava Until 6:06PM

Panchami Until 7:22AM Mon

Ganesha: Yellow Sunrise: 6:04AM

Muruga: White Sunset: 8:45PM

Nataraja: Purple

Moon - Light Blue

Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 18.37 Tihi 20 - 21

Gulika 3:15PM - 5:05PM

Yama 11:34AM - 1:24PM

Rahu 7:54AM - 9:44AM

Shravana Until 3:32PM

Indra Until 10:30PM

Gara Until 8:37PM

Panchami Until 7:22AM

Ganesha: Blue Sunrise: 6:03AM

Muruga: White Sunset: 8:45PM

Nataraja: Purple

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:32PM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 0.28 Tihi 21 - 22

Gulika 1:25PM - 3:15PM

Yama 9:44AM - 11:34AM

Rahu 5:05PM - 6:56PM

Dhanishtha Until 6:25PM

Vaidhriti* Until 11:17PM

Visti Until 10:51PM

Shashthi* Until 9:46AM

Ganesha: Purple Sunrise: 6:03AM

Muruga: White Sunset: 8:46PM

Nataraja: White

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 6:25PM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 12.28 Tihi 22 - 23

Gulika 11:34AM - 1:25PM

Yama 7:53AM - 9:44AM

Rahu 1:25PM - 3:15PM

Shatabhishak Until 8:39PM

Vishkambha* Until 11:41PM

Balava Until 12:33AM Thu

Saptami Until 11:45AM

Ganesha: Purple Sunrise: 6:03AM

Muruga: White Sunset: 8:47PM

Nataraja: White

Moon - Purple

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 8:39PM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan
Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Kumbha Rasi: 24.42 Tihi 23 - 24

Gulika 9:44AM - 11:34AM

Yama 6:03AM - 7:53AM

Rahu 3:16PM - 5:06PM

Purvaproshtapada* Until 10:33PM

Priti Until 11:33PM

Tailila Until 1:33AM Fri

Ashtami* Until 1:08PM

Ganesha: Blue Sunrise: 6:03AM

Muruga: White Sunset: 8:47PM

Nataraja: White

Moon - Clear

Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Dushanbe, Tajikastan	
Meena Rasi: 7.15 Tihi 24 – 25		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54	
328132361		Gulika 7:53AM – 9:44AM	Uttaraproshtapada Until 11:31PM	Ganesha: Red <i>Sunrise:</i> 6:02AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 5:06PM – 6:57PM	Ayushman Until 10:45PM	Muruga: White <i>Sunset:</i> 8:48PM	Moon 5 - Phase 8		
		Rahu 11:34AM – 1:25PM	Vanija Until 1:44AM Sat	Nataraja: White	2nd Phase		
			Navami* Until 1:44PM	Moon – Clear	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Dushanbe, Tajikastan	
Meena Rasi: 20.11 Tihi 25 – 26		Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55	
328132361		Gulika 6:02AM – 7:53AM	Revati Until 11:29PM	Ganesha: Red <i>Sunrise:</i> 6:02AM	Vilamba 5120		
Routine Work Prabalarishta Yoga		Yama 3:16PM – 5:07PM	Saubhagya Until 9:18PM	Muruga: White <i>Sunset:</i> 8:48PM	Moon 5 - Phase 8		
Until 11:29PM		Rahu 9:44AM – 11:34AM	Bava Until 1:04AM Sun	Nataraja: White	2nd Phase		
Then Creative Work - Siddha Yoga			Dashami Until 1:29PM	Moon – Clear	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Dushanbe, Tajikastan	
Mesha Rasi: 3.35 Tihi 26 – 27		Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56	
328132361		Gulika 5:07PM – 6:58PM	Ashvini Until 10:58PM	Ganesha: Green <i>Sunrise:</i> 6:02AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 1:25PM – 3:16PM	Sobhana Until 7:13PM	Muruga: White <i>Sunset:</i> 8:49PM	Moon 5 - Phase 8		
Until 10:58PM		Rahu 6:58PM – 8:49PM	Kaulava Until 11:36PM	Nataraja: White	2nd Phase		
Then Routine Work - Prabalarishta Yoga			Ekadashi* Until 12:25PM	Moon – White	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi			

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Dushanbe, Tajikastan	
Mesha Rasi: 17.26 Tihi 27 – 28		Bharani Nakshatra Athiganda*/Sukarma Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57	
328132361		Gulika 3:17PM – 5:08PM	Bharani Until 9:35PM	Ganesha: Green <i>Sunrise:</i> 6:02AM	Vilamba 5120		
Family Home Evening		Yama 11:35AM – 1:26PM	Athiganda* Until 4:30PM	Muruga: White <i>Sunset:</i> 8:49PM	Moon 5 - Phase 8		
Creative Work Siddha Yoga		Rahu 7:53AM – 9:44AM	Gara Until 9:25PM	Nataraja: White	2nd Phase		
Until 9:35PM			Dvadashi* Until 10:34AM	Moon – White	Bhuloka Day		
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			
			<i>Pradosha Vrata (Fasting)</i>				

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Dushanbe, Tajikastan	
Vrishabha Rasi: 1.43 Tihi 28 – 29		Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 58	
328132361		Gulika 1:26PM – 3:17PM	Krittika Until 7:29PM	Ganesha: Green <i>Sunrise:</i> 6:02AM	Vilamba 5120		
Creative Work Siddha Yoga		Yama 9:44AM – 11:35AM	Sukarma Until 1:18PM	Muruga: White <i>Sunset:</i> 8:50PM	Moon 5 - Phase 8		
Until 7:29PM		Rahu 5:08PM – 6:59PM	Visti Until 6:40PM	Nataraja: White	2nd Phase		
Then Creative Work - Amrita Yoga			Trayodashi* Until 8:05AM	Moon – White	Bhuloka Day		
				Jyeshtha Adhika-Vaikasi			

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Dushanbe, Tajikastan	
Retreat Star		Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59	
Vrishabha Rasi: 16.22 Tihi 30		328132361				Vilamba 5120	
Creative Work Siddha Yoga		Gulika 11:35AM – 1:26PM	Rohini Until 5:15PM	Ganesha: White <i>Sunrise:</i> 6:02AM	Moon 5 - Phase 8		
		Yama 7:53AM – 9:44AM	Dhriti Until 9:43AM	Muruga: White <i>Sunset:</i> 8:50PM	Amavasya		
		Rahu 1:26PM – 3:17PM	Catuspada Until 3:30PM	Nataraja: White	Bhuloka Day		
			Amavasya* Until 1:47AM Thu	Moon – Yellow			
				Jyeshtha Adhika-Vaikasi			

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Dushanbe, Tajikastan	
Retreat Star		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60	
Mithuna Rasi: 1.16 Tihi 1		328132361				Vilamba 5120	
Routine Work Marana Yoga		Gulika 9:44AM – 11:35AM	Mrigashira Until 2:37PM	Ganesha: White <i>Sunrise:</i> 6:02AM	Moon 5 - Phase 8		
		Yama 6:02AM – 7:53AM	Ganda* Until 1:53AM Fri	Muruga: White <i>Sunset:</i> 8:51PM	Prathama		
		Rahu 3:17PM – 5:09PM	Kintughna Until 12:03PM	Nataraja: White	Bhuloka Day		
			Prathama* Until 10:16PM	Moon – Yellow			
				Jyeshtha-Vaikasi			

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikastan Sun 16 Sutra 61 Vilamba 5120
Mithuna Rasi: 16.17	Tithi 2	Gulika 7:53AM – 9:44AM	Ardra Until 11:46AM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	
		Yama 5:09PM – 7:00PM	Vridhhi Until 9:56PM	Muruga: White	<i>Sunset:</i> 8:51PM	Moon 5 - Phase 9
339132361	Rahu 11:35AM – 1:26PM		Balava Until 8:31AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:44PM	Moon – Yellow		Bhuloka Day
				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau				Dushanbe, Tajikastan Sun 17 Sutra 62 Vilamba 5120
Kataka Rasi: 1.17	Tithi 3 – 4	Gulika 6:02AM – 7:53AM	Punarvasu Until 9:16AM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM	
		Yama 3:18PM – 5:09PM	Dhruva Until 6:05PM	Muruga: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9
349132361	Rahu 9:44AM – 11:35AM		Vanija Until 1:44AM Sun	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 3:20PM	Moon – Blue		Bhuloka Day
				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikastan Sun 18 Sutra 63 Vilamba 5120
Kataka Rasi: 16.08	Tithi 4 – 5	Gulika 5:09PM – 7:01PM	Pushya Until 6:51AM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM	
		Yama 1:27PM – 3:18PM	Vyaghata* Until 2:28PM	Muruga: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9
349132361	Rahu 7:01PM – 8:52PM		Bava Until 10:46PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:11PM	Moon – Blue		Bhuloka Day
		Father's Day		Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikastan Sun 19 Sutra 64 Vilamba 5120
Simha Rasi: 0.42	Tithi 5 – 6	Gulika 3:18PM – 5:10PM	Magha* Until 3:14AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:02AM	
Family Home Evening		Yama 11:36AM – 1:27PM	Harshana Until 11:13AM	Muruga: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9
359132361	Rahu 7:53AM – 9:45AM		Kaulava Until 8:15PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Panchami Until 9:26AM	Moon – Red		Devaloka Day
Until 3:14AM Tue				Jyeshtha•Ani		
Then Creative Work - Siddha Yoga						

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Tailala/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikastan Sun 20 Sutra 65 Vilamba 5120
Simha Rasi: 14.56	Tithi 6 – 7	Gulika 1:27PM – 3:19PM	Purvaphalguni Until 2:12AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:02AM	
		Yama 9:45AM – 11:36AM	Vajra* Until 8:20AM	Muruga: White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9
359132361	Rahu 5:10PM – 7:01PM		Gara Until 6:15PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:09AM	Moon – Red		Devaloka Day
Until 2:12AM Wed				Jyeshtha•Ani		
Then Creative Work - Amrita Yoga						

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikastan Sun 21 Sutra 66 Vilamba 5120
Retreat Star		Gulika 11:36AM – 1:28PM	Uttaraphalguni Until 1:36AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:02AM	
Simha Rasi: 28.5	Tithi 8	Yama 7:54AM – 9:45AM	Vyatipata* Until 4:01AM Thu	Muruga: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9
359132361	Rahu 1:28PM – 3:19PM		Visti Until 4:49PM	Nataraja: White		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 4:19AM Thu	Moon – Red		Devaloka Day
Until 1:36AM Thu		Chidambaram Abhishekam		Jyeshtha•Ani		
Then Routine Work - Marana Yoga						

Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikastan Sun 22 Sutra 67 Vilamba 5120
Retreat Star		Gulika 9:45AM – 11:36AM	Hasta Until 1:54AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:02AM	
Kanya Rasi: 12.22	Tithi 9	Yama 6:02AM – 7:54AM	Variyan Until 2:33AM Fri	Muruga: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9
369132361	Rahu 3:19PM – 5:10PM		Balava Until 4:00PM	Nataraja: White		Navami
Routine Work	Marana Yoga		Navami* Until 3:47AM Fri	Moon – Green		Bhuloka Day
Until 1:54AM Fri				Jyeshtha•Ani		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1		Friday, June 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau		Dushanbe, Tajikastan Sun 23 Sutra 68 Vilamba 5120	
Kanya Rasi: 25.34	Tithi 10	Gulika	7:54AM – 9:45AM	Chitra Until 2:35AM Sat	Ganesh: Green	<i>Sunrise:</i> 6:03AM			
		Yama	5:11PM – 7:02PM	Parigha* Until 1:32AM Sat	Muruga: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 10		
Creative Work	Siddha Yoga	361132361 Rahu	11:37AM – 1:28PM	Tailila Until 3:45PM	Nataraja: White		4th Phase		
				Dashami Until 3:49AM Sat	Moon – Green		Bhuloka Day		
					Jyeshtha-Ani				

2		Saturday, June 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Dushanbe, Tajikastan Sun 24 Sutra 69 Vilamba 5120	
Tula Rasi: 8.28	Tithi 11	Gulika	6:03AM – 7:54AM	Svati Until 3:38AM Sun	Ganesh: Green	<i>Sunrise:</i> 6:03AM			
		Yama	3:19PM – 5:11PM	Shiva Until 12:58AM Sun	Muruga: White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 10		
Creative Work	Siddha Yoga	361132361 Rahu	9:46AM – 11:37AM	Vanija Until 4:03PM	Nataraja: White		4th Phase		
Until 3:38AM Sun				Ekadashi Until 4:21AM Sun	Moon – Green		Bhuloka Day		
Then Routine Work - Marana Yoga					Jyeshtha-Ani				

3		Sunday, June 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Dushanbe, Tajikastan Sun 25 Sutra 70 Vilamba 5120	
Tula Rasi: 21.08	Tithi 12	Gulika	5:11PM – 7:02PM	Vishakha Until 5:28AM Mon	Ganesh: Red	<i>Sunrise:</i> 6:03AM			
		Yama	1:28PM – 3:20PM	Siddha Until 12:45AM Mon	Muruga: White	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
Routine Work	Marana Yoga	371132361 Rahu	7:02PM – 8:54PM	Bava Until 4:50PM	Nataraja: White		4th Phase		
Until 5:28AM Mon				Dvadashi Until 5:23AM Mon	Moon – Orange		Bhuloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha-Ani		Devaloka Time: 6:AM to 9:AM		

4		Monday, June 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava Karana Trayodashyam Titau		Dushanbe, Tajikastan Sun 26 Sutra 71 Vilamba 5120	
Vrischika Rasi: 4	Tithi 13	Gulika	3:20PM – 5:11PM	Anuradha Until 7:33AM Tue	Ganesh: Red	<i>Sunrise:</i> 6:03AM			
Family Home Evening		Yama	11:37AM – 1:29PM	Sadhya Until 12:52AM Tue	Muruga: Clear	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
Creative Work	Siddha Yoga	371142361 Rahu	7:55AM – 9:46AM	Kaulava Until 6:05PM	Nataraja: White		4th Phase		
Until 7:33AM Tue				Trayodashi Until 6:50AM Tue	Moon – Orange		Devaloka Day		
Then Routine Work - Marana Yoga					Jyeshtha-Ani				

5		Tuesday, June 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikastan Sun 27 Sutra 72 Vilamba 5120	
Vrischika Rasi: 15.52	Tithi 13 – 14	Gulika	1:29PM – 3:20PM	Anuradha Until 7:33AM	Ganesh: Red	<i>Sunrise:</i> 6:04AM			
		Yama	9:46AM – 11:38AM	Subha Until 1:20AM Wed	Muruga: Clear	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
Creative Work	Siddha Yoga	371142361 Rahu	5:11PM – 7:02PM	Gara Until 7:44PM	Nataraja: White		4th Phase		
Until 7:33AM				Trayodashi Until 6:50AM	Moon – Orange		Devaloka Day		
Then Routine Work - Marana Yoga					Jyeshtha-Ani				

○		Wednesday, June 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Dushanbe, Tajikastan Sutra 73 Vilamba 5120	
Copper Retreat Star		Gulika	11:38AM – 1:29PM	Jyeshtha* Until 9:51AM	Ganesh: Red	<i>Sunrise:</i> 6:04AM			
Vrischika Rasi: 27.59	Tithi 14 – 15	Yama	7:55AM – 9:47AM	Sukla Until 2:01AM Thu	Muruga: Clear	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
Creative Work	Siddha Yoga	371142361 Rahu	1:29PM – 3:20PM	Visti Until 9:45PM	Nataraja: White		Purnima		
Until 9:51AM				Chaturdashi* Until 8:40AM	Moon – Orange		Devaloka Day		
Then Routine Work - Marana Yoga					Jyeshtha-Ani				

○		Thursday, June 28, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Dushanbe, Tajikastan Sutra 74 Vilamba 5120	
Silver Retreat Star		Gulika	9:47AM – 11:38AM	Mula* Until 12:48PM	Ganesh: Blue	<i>Sunrise:</i> 6:05AM			
Dhanus Rasi: 9.57	Tithi 15 – 16	Yama	6:05AM – 7:56AM	Brahma Until 2:57AM Fri	Muruga: Clear	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 10		
Creative Work	Siddha Yoga	381142361 Rahu	3:20PM – 5:11PM	Balava Until 12:03AM Fri	Nataraja: White		Prathama		
				Purnima* Until 10:51AM	Moon – Light Blue		Bhuloka Day		
					Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM		



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 75

Dhanus Rasi: 21.49 Tihti 16 – 17

Gulika 7:56AM – 9:47AM
Yama 5:12PM – 7:03PM
Rahu 11:38AM – 1:29PMPurvashadha* Until 3:49PM
Indra Until 4:02AM Sat
Taitila Until 2:34AM Sat
Prathama* Until 1:16PMGanesha: Blue
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-AniSunrise: 6:05AM
Sunset: 8:54PMMoon 6 - Phase 11
1st PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PMRoutine Work Prabalarishta Yoga
Until 3:49PM
Then Routine Work - Marana Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 76

Makara Rasi: 3.38 Tihti 17 – 18

Gulika 6:05AM – 7:56AM
Yama 3:21PM – 5:12PM
Rahu 9:47AM – 11:38AMUttarashadha Until 6:47PM
Vaidhriti* Until 5:09AM Sun
Vanija Until 5:10AM Sun
Dvitiya Until 3:51PMGanesha: Blue
Muruga: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-AniSunrise: 6:05AM
Sunset: 8:54PMMoon 6 - Phase 11
1st PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PMRoutine Work Marana Yoga
Until 6:47PM
Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 77

Makara Rasi: 15.25 Tihti 18

Gulika 5:12PM – 7:03PM
Yama 1:30PM – 3:21PM
Rahu 7:03PM – 8:54PMShravana Until 8:53PM Mon
Vishkambha* Until 7:10AM Tue Mon
Visti Until 6:26PM
Tritiya Until 6:26PMGanesha: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 6:06AM
Sunset: 8:54PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 8:53PM Mon
Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 78

Makara Rasi: 27.13 Tihti 19

Gulika 3:21PM – 5:12PM
Yama 11:39AM – 1:30PM
Rahu 7:57AM – 9:48AMShravana Until 8:53PM
Vishkambha* Until 7:10AM Tue
Bava Until 7:43AM
Chaturthi* Until 8:53PMGanesha: Red
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 6:06AM
Sunset: 8:54PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 79

Kumbha Rasi: 9.06 Tihti 20

Gulika 1:30PM – 3:21PM
Yama 9:48AM – 11:39AM
Rahu 5:12PM – 7:03PMShatabhishak Until 3:34AM Wed
Priti Until 7:10AM
Kaulava Until 10:01AM
Panchami Until 11:00PMGanesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Purple
Jyeshtha-AniSunrise: 6:07AM
Sunset: 8:53PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 3:34AM Wed
Then Creative Work - Amrita Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 80

Kumbha Rasi: 21.08 Tihti 21

Gulika 11:40AM – 1:30PM
Yama 7:58AM – 9:49AM
Rahu 1:30PM – 3:21PMPurvaproshtapada* Until 5:53AM Thu
Ayushman Until 7:46AM
Gara Until 11:55AM
Shashthi* Until 12:38AM ThuGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 6:07AM
Sunset: 8:53PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 5:53AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 81

Meena Rasi: 3.23 Tihti 22

Gulika 9:49AM – 11:40AM
Yama 6:08AM – 7:58AM
Rahu 3:21PM – 5:12PMUttaraproshtapada Until 7:23AM Fri
Saubhagya Until 7:58AM
Visti Until 1:15PM
Saptami Until 1:38AM FriGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 6:08AM
Sunset: 8:53PMMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 82

Meena Rasi: 15.55 Tihti 23

Gulika 7:59AM – 9:49AM
Yama 5:12PM – 7:02PM
Rahu 11:40AM – 1:31PMUttaraproshtapada Until 7:23AM
Sobhana Until 7:39AM
Balava Until 1:53PM
Ashtami* Until 1:54AM SatGanesha: Orange
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 6:08AM
Sunset: 8:53PMMoon 6 - Phase 11
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 83

Meena Rasi: 28.49 Tihti 24

Gulika 6:09AM – 7:59AM
Yama 3:21PM – 5:12PM
Rahu 9:50AM – 11:40AMRevati Until 7:59AM
Athiganda* Until 6:43AM
Taitila Until 1:44PM
Navami* Until 1:21AM SunGanesha: Green
Muruga: Clear
Nataraja: White
Moon – Clear
Jyeshtha-AniSunrise: 6:09AM
Sunset: 8:53PMMoon 6 - Phase 11
NavamiBhuloka Day
Devaloka Time: 12:PM to 3:PMRoutine Work Prabalarishta Yoga
Until 7:59AM
Then Creative Work - Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Dushanbe, Tajikastan
Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau					Sun 9 Sutra 84
Mesha Rasi: 12.08	Tithi 25	Gulika 5:12PM – 7:02PM	Ashvini Until 8:07AM	Ganesh: Orange <i>Sunrise: 6:09AM</i>	Vilamba 5120
		Yama 1:31PM – 3:21PM	Dhriti Until 2:58AM Mon	Muruga: Clear <i>Sunset: 8:52PM</i>	Moon 6 - Phase 12
	422242361	Rahu 7:02PM – 8:52PM	Vanija Until 12:48PM	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Dashami Until 12:01AM Mon	Moon – White	Devaloka Day
Until 8:07AM				Jyeshtha-Ani	
Then Routine Work - Prabarishtha Yoga					

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam			Dushanbe, Tajikastan
Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau					Sun 10 Sutra 85
Mesha Rasi: 25.53	Tithi 26	Gulika 3:21PM – 5:12PM	Bharani Until 7:18AM	Ganesh: Orange <i>Sunrise: 6:10AM</i>	Vilamba 5120
Family Home Evening		Yama 11:41AM – 1:31PM	Shula* Until 12:10AM Tue	Muruga: Clear <i>Sunset: 8:52PM</i>	Moon 6 - Phase 12
	422242361	Rahu 8:00AM – 9:51AM	Bava Until 11:05AM	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 9:57PM	Moon – White	Devaloka Day
Until 7:18AM				Jyeshtha-Ani	
Then Routine Work - Marana Yoga					

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam			Dushanbe, Tajikastan
Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau					Sun 11 Sutra 86
Vrishabha Rasi: 10.06	Tithi 27	Gulika 1:31PM – 3:21PM	Rohini Until 3:44AM Wed	Ganesh: Light Blue <i>Sunrise: 6:11AM</i>	Vilamba 5120
		Yama 9:51AM – 11:41AM	Ganda* Until 8:52PM	Muruga: Clear <i>Sunset: 8:52PM</i>	Moon 6 - Phase 12
	422242361	Rahu 5:11PM – 7:02PM	Kaulava Until 8:41AM	Nataraja: White	2nd Phase
Creative Work Amrita Yoga			Dvadashi* Until 7:15PM	Moon – Yellow	Bhuloka Day
Until 3:44AM Wed				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga					

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Dushanbe, Tajikastan
Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 12 Sutra 87
Vrishabha Rasi: 24.43	Tithi 28 – 29	Gulika 11:41AM – 1:31PM	Mrigashira Until 1:12AM Thu	Ganesh: Light Blue <i>Sunrise: 6:11AM</i>	Vilamba 5120
		Yama 8:01AM – 9:51AM	Vriddhi Until 5:11PM	Muruga: Clear <i>Sunset: 8:51PM</i>	Moon 6 - Phase 12
	422242361	Rahu 1:31PM – 3:21PM	Visti Until 2:22AM Thu	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 4:04PM	Moon – Yellow	Bhuloka Day
Until 1:12AM Thu				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Dushanbe, Tajikastan
Retreat Star		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 13 Sutra 88
Mithuna Rasi: 9.4	Tithi 29 – 30	Gulika 9:52AM – 11:42AM	Ardra Until 10:17PM	Ganesh: Light Blue <i>Sunrise: 6:12AM</i>	Vilamba 5120
		Yama 6:12AM – 8:02AM	Dhruva Until 1:12PM	Muruga: Clear <i>Sunset: 8:51PM</i>	Moon 6 - Phase 12
	422242361	Rahu 3:21PM – 5:11PM	Catuspada Until 10:43PM	Nataraja: White	Amavasya
Routine Work Marana Yoga			Chaturdashi* Until 12:33PM	Moon – Yellow	Bhuloka Day
Until 10:17PM				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam			Dushanbe, Tajikastan
Retreat Star		Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 14 Sutra 89
Mithuna Rasi: 24.47	Tithi 30 – 1	Gulika 8:02AM – 9:52AM	Punarvasu Until 7:30PM	Ganesh: Purple <i>Sunrise: 6:13AM</i>	Vilamba 5120
		Yama 5:11PM – 7:01PM	Vyaghata* Until 9:04AM	Muruga: Clear <i>Sunset: 8:51PM</i>	Moon 6 - Phase 12
	422242361	Rahu 11:42AM – 1:32PM	Kintughna Until 6:58PM	Nataraja: White	Prathama
Creative Work Siddha Yoga			Amavasya* Until 8:50AM	Moon – Blue	Bhuloka Day
Until 7:30PM		Partial Solar Eclipse		Ashada-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

1	Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikastan Sun 15 Sutra 90 Vilamba 5120
	Kataka Rasi: 9.58	Tithi 2	Gulika 6:13AM – 8:03AM Yama 3:21PM – 5:11PM 442242361 Rahu 9:53AM – 11:42AM	Pushya Until 4:38PM Vajra* Until 12:51AM Sun Balava Until 3:16PM Dvitiya Until 1:28AM Sun	Ganesha: Purple <i>Sunrise: 6:13AM</i> Muruga: Clear <i>Sunset: 8:50PM</i> Nataraja: White Moon – Blue Ashada*Ani	Bhuloka Day Devaloka Time: 12:PM to 3:PM	Moon 6 - Phase 13 3rd Phase
Creative Work Siddha Yoga Until 4:38PM Then Routine Work - Marana Yoga							

2	Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikastan Sun 16 Sutra 91 Vilamba 5120
	Kataka Rasi: 25.01	Tithi 3	Gulika 5:11PM – 7:00PM Yama 1:32PM – 3:21PM 442242361 Rahu 7:00PM – 8:50PM	Ashlesha* Until 1:51PM Siddhi Until 9:02PM Tailila Until 11:46AM Tritiya Until 10:07PM	Ganesha: Purple <i>Sunrise: 6:14AM</i> Muruga: Clear <i>Sunset: 8:50PM</i> Nataraja: White Moon – Blue Ashada*Ani	Bhuloka Day Devaloka Time: 12:PM to 3:PM	Moon 6 - Phase 13 3rd Phase
Creative Work Siddha Yoga Until 1:51PM Then Routine Work - Marana Yoga							

3	Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Misti* Karana Chaturthyam Titau				Dushanbe, Tajikastan Sun 17 Sutra 92 Vilamba 5120
	Simha Rasi: 9.5	Tithi 4	Gulika 3:21PM – 5:10PM Yama 11:43AM – 1:32PM 453242361 Rahu 8:04AM – 9:53AM	Magha* Until 11:43AM Vyatipata* Until 5:34PM Vanija Until 8:37AM Chaturthi* Until 7:12PM	Ganesha: Purple <i>Sunrise: 6:15AM</i> Muruga: Clear <i>Sunset: 8:49PM</i> Nataraja: White Moon – Red Ashada*Adi	Bhuloka Day Devaloka Time: 12:PM to 3:PM	Moon 6 - Phase 13 3rd Phase
Family Home Evening Routine Work Marana Yoga Until 11:43AM Then Creative Work - Siddha Yoga							

4	Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Dushanbe, Tajikastan Sun 18 Sutra 93 Vilamba 5120
	Simha Rasi: 24.19	Tithi 5 – 6	Gulika 1:32PM – 3:21PM Yama 9:54AM – 11:43AM 453242362 Rahu 5:10PM – 6:59PM	Purvaphalguni Until 9:56AM Variyan Until 2:31PM Kaulava Until 3:53AM Wed Panchami Until 4:49PM	Ganesha: Purple <i>Sunrise: 6:16AM</i> Muruga: Clear <i>Sunset: 8:48PM</i> Nataraja: Clear Moon – Red Ashada*Adi	Devaloka Day	Moon 6 - Phase 13 3rd Phase
Creative Work Siddha Yoga Until 9:56AM Then Creative Work - Amrita Yoga							

5	Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikastan Sun 19 Sutra 94 Vilamba 5120
	Kanya Rasi: 8.23	Tithi 6 – 7	Gulika 11:43AM – 1:32PM Yama 8:05AM – 9:54AM 453242362 Rahu 1:32PM – 3:21PM	Uttaraphalguni Until 8:39AM Parigha* Until 12:01PM Gara Until 2:31AM Thu Shashthi* Until 3:06PM	Ganesha: Purple <i>Sunrise: 6:16AM</i> Muruga: Clear <i>Sunset: 8:48PM</i> Nataraja: Clear Moon – Red Ashada*Adi	Devaloka Day	Moon 6 - Phase 13 3rd Phase
Creative Work Amrita Yoga Until 8:39AM Then Routine Work - Marana Yoga							

☾	Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikastan Sun 20 Sutra 95 Vilamba 5120
	Retreat Star		Gulika 9:55AM – 11:43AM Yama 6:17AM – 8:06AM 463242362 Rahu 3:21PM – 5:10PM	Hasta Until 8:20AM Shiva Until 10:06AM Visti Until 1:52AM Fri Saptami Until 2:05PM	Ganesha: Clear <i>Sunrise: 6:17AM</i> Muruga: Clear <i>Sunset: 8:47PM</i> Nataraja: Clear Moon – Green Ashada*Adi	Sivaloka Day	Moon 6 - Phase 13 Ashtami
Routine Work Marana Yoga Until 8:20AM Then Creative Work - Siddha Yoga							

☽	Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikastan Sun 21 Sutra 96 Vilamba 5120
	Retreat Star		Gulika 8:06AM – 9:55AM Yama 5:09PM – 6:58PM 463242362 Rahu 11:44AM – 1:32PM	Chitra Until 8:37AM Siddha Until 8:45AM Balava Until 1:57AM Sat Ashtami* Until 1:48PM	Ganesha: Clear <i>Sunrise: 6:18AM</i> Muruga: Clear <i>Sunset: 8:47PM</i> Nataraja: Clear Moon – Green Ashada*Adi	Sivaloka Day	Moon 6 - Phase 13 Navami
Creative Work Siddha Yoga							

1 Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikastan Sun 22 Sutra 97 Vilamba 5120
Tula Rasi: 18.06	Tithi 9 - 10	Gulika 6:19AM - 8:07AM	Svati Until 9:26AM	Ganesh: Clear	<i>Sunrise:</i> 6:19AM	
		Yama 3:21PM - 5:09PM	Sadhya Until 7:58AM	Muruga: Clear	<i>Sunset:</i> 8:46PM	Moon 6 - Phase 14
Creative Work	Siddha Yoga	463242362 Rahu 9:55AM - 11:44AM	Taitila Until 2:42AM Sun	Nataraja: Clear		4th Phase
			Navami* Until 2:13PM	Moon - Green		Sivaloka Day
				Ashada*Adi		

2 Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikastan Sun 23 Sutra 98 Vilamba 5120
Vrischika Rasi: 0.38	Tithi 10 - 11	Gulika 5:09PM - 6:57PM	Vishakha Until 11:12AM	Ganesh: White	<i>Sunrise:</i> 6:19AM	
		Yama 1:32PM - 3:21PM	Subha Until 7:44AM	Muruga: Clear	<i>Sunset:</i> 8:45PM	Moon 6 - Phase 14
Routine Work	Marana Yoga	473242362 Rahu 6:57PM - 8:45PM	Vanija Until 4:02AM Mon	Nataraja: Clear		4th Phase
			Dashami Until 3:17PM	Moon - Orange		Devaloka Day
				Ashada*Adi		

3 Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikastan Sun 24 Sutra 99 Vilamba 5120
Vrischika Rasi: 12.56	Tithi 11 - 12	Gulika 3:20PM - 5:08PM	Anuradha Until 1:20PM	Ganesh: White	<i>Sunrise:</i> 6:20AM	
Family Home Evening		Yama 11:44AM - 1:32PM	Sukla Until 7:54AM	Muruga: Clear	<i>Sunset:</i> 8:44PM	Moon 6 - Phase 14
Creative Work	Siddha Yoga	473242362 Rahu 8:08AM - 9:56AM	Bava Until 5:52AM Tue	Nataraja: Clear		4th Phase
			Ekadashi Until 4:52PM	Moon - Orange		Devaloka Day
				Ashada*Adi		

4 Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava Karana Dvadashyam Titau				Dushanbe, Tajikastan Sun 25 Sutra 100 Vilamba 5120
Vrischika Rasi: 25.02	Tithi 12	Gulika 1:32PM - 3:20PM	Jyeshtha* Until 3:45PM	Ganesh: White	<i>Sunrise:</i> 6:21AM	
		Yama 9:57AM - 11:45AM	Brahma Until 8:26AM	Muruga: Clear	<i>Sunset:</i> 8:44PM	Moon 6 - Phase 14
Routine Work	Marana Yoga	473242362 Rahu 5:08PM - 6:56PM	Balava Until 6:54PM	Nataraja: Clear		4th Phase
Until 3:45PM			Dvadashi Until 6:54PM	Moon - Orange		Devaloka Day
Then Creative Work - Amrita Yoga				Ashada*Adi		

5 Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikastan Sun 26 Sutra 101 Vilamba 5120
Dhanus Rasi: 6.59	Tithi 13	Gulika 11:45AM - 1:32PM	Mula* Until 6:48PM	Ganesh: Red	<i>Sunrise:</i> 6:22AM	
		Yama 8:09AM - 9:57AM	Indra Until 9:16AM	Muruga: Clear	<i>Sunset:</i> 8:43PM	Moon 6 - Phase 14
Routine Work	Marana Yoga	483342362 Rahu 1:32PM - 3:20PM	Kaulava Until 8:03AM	Nataraja: Clear		4th Phase
Until 6:48PM			Trayodashi Until 9:14PM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashada*Adi		
				<i>Pradosha Vrata</i>		

6 Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikastan Sun 27 Sutra 102 Vilamba 5120
Dhanus Rasi: 18.5	Tithi 14	Gulika 9:57AM - 11:45AM	Purvashadha* Until 9:53PM	Ganesh: Red	<i>Sunrise:</i> 6:23AM	
		Yama 6:23AM - 8:10AM	Vaidhriti* Until 10:15AM	Muruga: Clear	<i>Sunset:</i> 8:42PM	Moon 6 - Phase 14
Creative Work	Siddha Yoga	483342362 Rahu 3:20PM - 5:07PM	Gara Until 10:30AM	Nataraja: Clear		4th Phase
Until 9:53PM			Chaturdashi* Until 11:46PM	Moon - Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga				Ashada*Adi		

Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikastan Sutra 103 Vilamba 5120
Copper Retreat Star		Gulika 8:11AM - 9:58AM	Uttarashadha Until 12:52AM Sat	Ganesh: Red	<i>Sunrise:</i> 6:23AM	
Makara Rasi: 0.38	Tithi 15	Yama 5:07PM - 6:54PM	Vishkambha* Until 11:21AM	Muruga: Clear	<i>Sunset:</i> 8:41PM	Moon 6 - Phase 14
		483342362 Rahu 11:45AM - 1:32PM	Visti Until 1:05PM	Nataraja: Clear		Purnima
Routine Work	Marana Yoga		Purnima* Until 2:21AM Sat	Moon - Light Blue		Sivaloka Day
Until 12:52AM Sat				Ashada*Adi		
Then Creative Work - Siddha Yoga		Total Lunar Eclipse				
		Satguru Purnima				

Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikastan Sutra 104 Vilamba 5120
Silver Retreat Star		Gulika 6:24AM - 8:11AM	Shravana Until 4:08AM Sun	Ganesh: Blue	<i>Sunrise:</i> 6:24AM	
Makara Rasi: 12.26	Tithi 16	Yama 3:19PM - 5:06PM	Priti Until 12:29PM	Muruga: Clear	<i>Sunset:</i> 8:40PM	Moon 6 - Phase 14
		493342362 Rahu 9:58AM - 11:45AM	Balava Until 3:39PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:53AM Sun	Moon - Purple		Devaloka Day
Until 4:08AM Sun				Ashada*Adi		
Then Routine Work - Marana Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila Karana Dvitiyayam Titau

Dushanbe, Tajikastan
Sutra 105
Vilamba 5120

Makara Rasi: 24.15 Tihti 17

Gulika 5:06PM – 6:53PM
Yama 1:32PM – 3:19PM
493342362 **Rahu** 6:53PM – 8:40PM

Dhanishtha Until 7:03AM Mon
Ayushman Until 1:29PM
Taitila Until 6:06PM
Dvitiya Until 7:14AM Mon

Ganesha: Blue *Sunrise:* 6:25AM
Muruga: Clear *Sunset:* 8:40PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Devaloka Day

Routine Work Marana Yoga
Until 7:03AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikastan
Sun 1 Sutra 106
Vilamba 5120

Kumbha Rasi: 6.08 Tihti 17 – 18
Family Home Evening
494342362 **Rahu** 8:13AM – 9:59AM
Creative Work Siddha Yoga

Gulika 3:19PM – 5:05PM
Yama 11:46AM – 1:32PM
Rahu 8:13AM – 9:59AM

Dhanishtha Until 7:03AM
Saubhagya Until 2:20PM
Vanija Until 8:19PM
Dvitiya Until 7:14AM

Ganesha: Blue *Sunrise:* 6:26AM
Muruga: Clear *Sunset:* 8:39PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Devaloka Day

Routine Work Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikastan
Sun 2 Sutra 107
Vilamba 5120

Kumbha Rasi: 18.08 Tihti 18 – 19
494342362 **Rahu** 5:05PM – 6:51PM
Routine Work Marana Yoga

Gulika 1:32PM – 3:19PM
Yama 10:00AM – 11:46AM
Rahu 5:05PM – 6:51PM

Shatabhishak Until 9:32AM
Sobhana Until 2:58PM
Bava Until 10:11PM
Tritiya Until 9:17AM

Ganesha: Blue *Sunrise:* 6:27AM
Muruga: Clear *Sunset:* 8:38PM
Nataraja: Clear
Moon – Purple
Ashada•Adi

Devaloka Day

Routine Work Marana Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikastan
Sun 3 Sutra 108
Vilamba 5120

Meena Rasi: 0.17 Tihti 19 – 20
414342362 **Rahu** 1:32PM – 3:18PM
Creative Work Amrita Yoga

Gulika 11:46AM – 1:32PM
Yama 8:14AM – 10:00AM
Rahu 1:32PM – 3:18PM

Purvaproshtapada* Until 11:57AM
Athiganda* Until 3:14PM
Kaulava Until 11:36PM
Chaturthi* Until 10:56AM

Ganesha: White *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 8:37PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Devaloka Day

Until 11:57AM
Then Creative Work - Siddha Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikastan
Sun 4 Sutra 109
Vilamba 5120

Meena Rasi: 12.38 Tihti 20 – 21
414342362 **Rahu** 3:18PM – 5:04PM
Creative Work Siddha Yoga

Gulika 10:00AM – 11:46AM
Yama 6:29AM – 8:14AM
Rahu 3:18PM – 5:04PM

Uttaraproshtapada Until 1:43PM
Sukarma Until 3:07PM
Gara Until 12:29AM Fri
Panchami Until 12:06PM

Ganesha: White *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 8:36PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Devaloka Day

Creative Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikastan
Sun 5 Sutra 110
Vilamba 5120

Meena Rasi: 25.14 Tihti 21 – 22
414342362 **Rahu** 11:46AM – 1:32PM
Creative Work Siddha Yoga

Gulika 8:15AM – 10:01AM
Yama 5:03PM – 6:49PM
Rahu 11:46AM – 1:32PM

Revati Until 2:46PM
Dhriti Until 2:34PM
Visti Until 12:45AM Sat
Shashthi* Until 12:41PM

Ganesha: White *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 8:35PM
Nataraja: Clear
Moon – Clear
Ashada•Adi

Devaloka Day

Until 2:46PM
Then Creative Work - Amrita Yoga

D

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikastan
Sun 6 Sutra 111
Vilamba 5120

Mesha Rasi: 8.07 Tihti 22 – 23
424342362 **Rahu** 10:01AM – 11:47AM
Creative Work Siddha Yoga

Gulika 6:30AM – 8:16AM
Yama 3:17PM – 5:03PM
Rahu 10:01AM – 11:47AM

Ashvini Until 3:30PM
Shula* Until 1:28PM
Balava Until 12:21AM Sun
Saptami Until 12:37PM

Ganesha: Clear *Sunrise:* 6:30AM
Muruga: Clear *Sunset:* 8:34PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikastan
Sun 7 Sutra 112
Vilamba 5120

Mesha Rasi: 21.22 Tihti 23 – 24
424342362 **Rahu** 6:47PM – 8:33PM
Routine Work Prabalarishta Yoga

Gulika 5:02PM – 6:47PM
Yama 1:32PM – 3:17PM
Rahu 6:47PM – 8:33PM

Bharani Until 3:24PM
Ganda* Until 11:50AM
Taitila Until 11:16PM
Ashtami* Until 11:53AM

Ganesha: Clear *Sunrise:* 6:31AM
Muruga: Clear *Sunset:* 8:33PM
Nataraja: Clear
Moon – White
Ashada•Adi

Sivaloka Day

Until 3:24PM
Then Creative Work - Siddha Yoga

Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikastan Sun 8 Sutra 113 Vilamba 5120
1		Gulika 3:17PM – 5:02PM	Krittika Until 2:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	
Vrishabha Rasi: 4.59	Tithi 24 – 25	Yama 11:47AM – 1:32PM	Vridhhi Until 9:41AM	Muruga: Clear	<i>Sunset:</i> 8:31PM	Moon 7 - Phase 16
Family Home Evening	424342362	Rahu 8:17AM – 10:02AM	Vanija Until 9:31PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 10:28AM	Moon – White		Sivaloka Day
Until 2:29PM				Ashada*Adi		
Then Creative Work - Amrita Yoga						

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikastan Sun 9 Sutra 114 Vilamba 5120
2		Gulika 1:32PM – 3:16PM	Rohini Until 1:13PM	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	
Vrishabha Rasi: 19.01	Tithi 25 – 26	Yama 10:02AM – 11:47AM	Dhruva Until 6:57AM	Muruga: Clear	<i>Sunset:</i> 8:30PM	Moon 7 - Phase 16
434342362		Rahu 5:01PM – 6:46PM	Bava Until 7:10PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 8:24AM	Moon – Yellow		Devaloka Day
Until 1:13PM				Ashada*Adi		
Then Creative Work - Siddha Yoga						

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukstayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau				Dushanbe, Tajikastan Sun 10 Sutra 115 Vilamba 5120
3		Gulika 11:47AM – 1:32PM	Mrigashira Until 11:16AM	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	
Mithuna Rasi: 3.26	Tithi 27	Yama 8:18AM – 10:03AM	Harshana Until 12:13AM Thu	Muruga: Clear	<i>Sunset:</i> 8:29PM	Moon 7 - Phase 16
434342362		Rahu 1:32PM – 3:16PM	Kaulava Until 4:17PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:40AM Thu	Moon – Yellow		Devaloka Day
				Ashada*Adi		

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukstayam Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikastan Sun 11 Sutra 116 Vilamba 5120
4		Gulika 10:03AM – 11:47AM	Ardra Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 6:35AM	
Mithuna Rasi: 18.12	Tithi 28	Yama 6:35AM – 8:19AM	Vajra* Until 8:21PM	Muruga: Clear	<i>Sunset:</i> 8:28PM	Moon 7 - Phase 16
434342362		Rahu 3:16PM – 5:00PM	Gara Until 1:00PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 11:14PM	Moon – Yellow		Devaloka Day
Until 8:45AM				Ashada*Adi		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>		

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukstayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikastan Sun 12 Sutra 117 Vilamba 5120
5		Gulika 8:19AM – 10:03AM	Punarvasu Until 6:12AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:36AM	
Kataka Rasi: 3.12	Tithi 29	Yama 4:59PM – 6:43PM	Siddhi Until 4:18PM	Muruga: Clear	<i>Sunset:</i> 8:27PM	Moon 7 - Phase 16
444342362		Rahu 11:47AM – 1:31PM	Visti Until 9:28AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:37PM	Moon – Blue		Devaloka Day
Until 6:12AM				Ashada*Adi		
Then Routine Work - Marana Yoga						

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yukstayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikastan Sun 13 Sutra 118 Vilamba 5120
Retreat Star		Gulika 6:36AM – 8:20AM	Ashlesha* Until 12:25AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:36AM	
Kataka Rasi: 18.19	Tithi 30 – 1	Yama 3:15PM – 4:58PM	Vyatipata* Until 12:12PM	Muruga: Clear	<i>Sunset:</i> 8:26PM	Moon 7 - Phase 16
444342362		Rahu 10:04AM – 11:47AM	Kintughna Until 2:10AM Sun	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 3:57PM	Moon – Blue		Devaloka Day
		Partial Solar Eclipse		Ashada*Adi		

Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yukstayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikastan Sun 14 Sutra 119 Vilamba 5120
Retreat Star		Gulika 4:58PM – 6:41PM	Magha* Until 9:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	
Simha Rasi: 3.24	Tithi 1 – 2	Yama 1:31PM – 3:14PM	Variyan Until 8:10AM	Muruga: Clear	<i>Sunset:</i> 8:24PM	Moon 7 - Phase 16
455342362		Rahu 6:41PM – 8:24PM	Balava Until 10:44PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 12:24PM	Moon – Red		Sivaloka Day
Until 9:56PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1	Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Dushanbe, Tajikastan	
			Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15 Sutra 120	
	Simha Rasi: 18.19	Tithi 2 - 3	Gulika 3:14PM - 4:57PM	Purvaphalguni Until 7:38PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Vilamba 5120	
	Family Home Evening	455342362	Yama 11:48AM - 1:31PM	Shiva Until 12:49AM Tue	Muruga: Clear	<i>Sunset:</i> 8:23PM	Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu 8:21AM - 10:04AM	Taitila Until 7:39PM	Nataraja: Clear		3rd Phase		
			Dvitiya Until 9:07AM	Moon - Red		Sivaloka Day		
				Sravana-Adi				

2	Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Dushanbe, Tajikastan	
			Uttaraphalguni/Hasta Nakshatra Siddha Yoga Gara/Visti* Karana Tritiya/Chaturthayam Titau				Sun 16 Sutra 121	
	Kanya Rasi: 2.55	Tithi 3 - 4	Gulika 1:31PM - 3:13PM	Uttaraphalguni Until 5:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Vilamba 5120	
		455342362	Yama 10:05AM - 11:48AM	Siddha Until 9:44PM	Muruga: Clear	<i>Sunset:</i> 8:22PM	Moon 7 - Phase 17	
Creative Work	Amrita Yoga	Rahu 4:56PM - 6:39PM	Visti Until 3:58AM Wed	Nataraja: Clear		3rd Phase		
Until 5:42PM			Tritiya Until 6:16AM	Moon - Red		Sivaloka Day		
				Sravana-Adi				
Then Creative Work - Siddha Yoga								

3	Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Dushanbe, Tajikastan	
			Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Sun 17 Sutra 122	
	Kanya Rasi: 17.08	Tithi 5	Gulika 11:48AM - 1:30PM	Hasta Until 4:42PM	Ganesha: Purple	<i>Sunrise:</i> 6:40AM	Vilamba 5120	
		465342362	Yama 8:23AM - 10:05AM	Sadhya Until 7:12PM	Muruga: Clear	<i>Sunset:</i> 8:21PM	Moon 7 - Phase 17	
Routine Work	Marana Yoga	Rahu 1:30PM - 3:13PM	Bava Until 3:05PM	Nataraja: Clear		3rd Phase		
Until 4:42PM			Panchami Until 2:22AM Thu	Moon - Green		Subha Sivaloka Day		
			Nag Panchami	Sravana-Adi				
Then Creative Work - Siddha Yoga								

4	Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Dushanbe, Tajikastan	
			Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthiyam Titau				Sun 18 Sutra 123	
	Tula Rasi: 0.54	Tithi 6	Gulika 10:06AM - 11:48AM	Chitra Until 4:17PM	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	Vilamba 5120	
		465342362	Yama 6:41AM - 8:23AM	Subha Until 5:17PM	Muruga: Clear	<i>Sunset:</i> 8:19PM	Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu 3:12PM - 4:55PM	Kaulava Until 1:52PM	Nataraja: Clear		3rd Phase		
Until 4:17PM			Shashthi* Until 1:32AM Fri	Moon - Green		Subha Sivaloka Day		
				Sravana-Adi				
Then Creative Work - Amrita Yoga								

5	Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Dushanbe, Tajikastan	
			Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Sun 19 Sutra 124	
	Tula Rasi: 14.13	Tithi 7	Gulika 8:24AM - 10:06AM	Svati Until 4:30PM	Ganesha: Purple	<i>Sunrise:</i> 6:42AM	Vilamba 5120	
		465342362	Yama 4:54PM - 6:36PM	Sukla Until 4:00PM	Muruga: Clear	<i>Sunset:</i> 8:18PM	Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu 11:48AM - 1:30PM	Gara Until 1:26PM	Nataraja: Clear		3rd Phase		
			Saptami Until 1:31AM Sat	Moon - Green		Subha Sivaloka Day		
				Sravana-Avani				

6	Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Dushanbe, Tajikastan	
	Retreat Star		Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 20 Sutra 125	
	Tula Rasi: 27.07	Tithi 8	Gulika 6:43AM - 8:24AM	Vishakha Until 5:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM	Vilamba 5120	
		575342362	Yama 3:12PM - 4:53PM	Brahma Until 3:21PM	Muruga: Clear	<i>Sunset:</i> 8:17PM	Moon 7 - Phase 17	
Creative Work	Siddha Yoga	Rahu 10:06AM - 11:48AM	Visti Until 1:50PM	Nataraja: Clear		Ashtami		
			Ashtami* Until 2:17AM Sun	Moon - Orange		Subha Sivaloka Day		
				Sravana-Avani				

7	Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Dushanbe, Tajikastan	
	Retreat Star		Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Sun 21 Sutra 126	
	Vrischika Rasi: 9.38	Tithi 9	Gulika 4:52PM - 6:34PM	Anuradha Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Vilamba 5120	
		575442362	Yama 1:30PM - 3:11PM	Indra Until 3:18PM	Muruga: Clear	<i>Sunset:</i> 8:15PM	Moon 7 - Phase 17	
Routine Work	Marana Yoga	Rahu 6:34PM - 8:15PM	Balava Until 2:58PM	Nataraja: Clear		Navami		
			Navami* Until 3:45AM Mon	Moon - Orange		Sivaloka Day		
				Sravana-Avani				

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Dushanbe, Tajikastan Sun 22 Sutra 127 Vilamba 5120
1		Gulika 3:10PM – 4:52PM	Jyeshtha* Until 10:00PM	Ganesh: Clear	<i>Sunrise:</i> 6:44AM	
Vrischika Rasi: 21.52	Tithi 10	Yama 11:48AM – 1:29PM	Vaidhriti* Until 3:42PM	Muruga: Clear	<i>Sunset:</i> 8:14PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 8:26AM – 10:07AM	Tailila Until 4:44PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:47AM Tue	Moon – Orange		Sivaloka Day
				Sravana-Avani		

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau				Dushanbe, Tajikastan Sun 23 Sutra 128 Vilamba 5120
2		Gulika 1:29PM – 3:10PM	Mula* Until 1:02AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:45AM	
Dhanus Rasi: 3.53	Tithi 11	Yama 10:07AM – 11:48AM	Vishkambha* Until 4:29PM	Muruga: Clear	<i>Sunset:</i> 8:13PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 4:51PM – 6:32PM	Vanija Until 6:58PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Vanija Until 6:58PM	Moon – Light Blue		Sivaloka Day
			Ekadashi Until 8:11AM Wed	Sravana-Avani		

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikastan Sun 24 Sutra 129 Vilamba 5120
3		Gulika 11:48AM – 1:29PM	Purvashadha* Until 4:08AM Thu	Ganesh: Clear	<i>Sunrise:</i> 6:46AM	
Dhanus Rasi: 15.46	Tithi 11 – 12	Yama 8:27AM – 10:07AM	Priti Until 5:31PM	Muruga: Clear	<i>Sunset:</i> 8:11PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 1:29PM – 3:09PM	Bava Until 9:29PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Bava Until 9:29PM	Moon – Light Blue		Sivaloka Day
Until 4:08AM Thu			Ekadashi Until 8:11AM	Sravana-Avani		
Then Routine Work - Marana Yoga						

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikastan Sun 25 Sutra 130 Vilamba 5120
4		Gulika 10:08AM – 11:48AM	Uttarashadha Until 7:07AM Fri	Ganesh: Clear	<i>Sunrise:</i> 6:47AM	
Dhanus Rasi: 27.34	Tithi 12 – 13	Yama 6:47AM – 8:27AM	Ayushman Until 6:35PM	Muruga: Clear	<i>Sunset:</i> 8:10PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 3:09PM – 4:49PM	Kaulava Until 12:06AM Fri	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 10:46AM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		
				<i>Pradosha Vrata</i>		

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikastan Sun 26 Sutra 131 Vilamba 5120
5		Gulika 8:28AM – 10:08AM	Uttarashadha Until 7:07AM	Ganesh: Clear	<i>Sunrise:</i> 6:48AM	
Magara Rasi: 9.22	Tithi 13 – 14	Yama 4:48PM – 6:29PM	Saubhagya Until 7:39PM	Muruga: Clear	<i>Sunset:</i> 8:09PM	Moon 7 - Phase 18
Family Home Evening	586442362	Rahu 11:48AM – 1:28PM	Gara Until 2:38AM Sat	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 1:22PM	Moon – Light Blue		Sivaloka Day
		Chidambaram Abhishekam		Sravana-Avani		

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikastan Sun 27 Sutra 132 Vilamba 5120
6		Gulika 6:49AM – 8:29AM	Shravana Until 10:19AM	Ganesh: White	<i>Sunrise:</i> 6:49AM	
Magara Rasi: 21.11	Tithi 14 – 15	Yama 3:08PM – 4:48PM	Sobhana Until 8:36PM	Muruga: Clear	<i>Sunset:</i> 8:07PM	Moon 7 - Phase 18
Family Home Evening	596442362	Rahu 10:08AM – 11:48AM	Visti Until 4:58AM Sun	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:49PM	Moon – Purple		Subha Sivaloka Day
		Avani Avittam		Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikastan Sutra 133 Vilamba 5120
○		Gulika 4:47PM – 6:26PM	Dhanishtha Until 1:07PM	Ganesh: White	<i>Sunrise:</i> 6:50AM	
Kumbha Rasi: 3.06	Tithi 15 – 16	Yama 1:28PM – 3:07PM	Athiganda* Until 9:17PM	Muruga: Clear	<i>Sunset:</i> 8:06PM	Moon 7 - Phase 18
Copper Retreat Star	596442362	Rahu 6:26PM – 8:06PM	Balava Until 6:58AM Mon	Nataraja: Clear		Purnima
Routine Work	Marana Yoga		Purnima* Until 5:59PM	Moon – Purple		Subha Sivaloka Day
Until 1:07PM		Raksha Bandhan		Sravana-Avani		
Then Creative Work - Siddha Yoga						

Monday, August 27, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashadhapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikastan Sutra 134 Vilamba 5120
○		Gulika 3:07PM – 4:46PM	Shatabhishak Until 3:25PM	Ganesh: White	<i>Sunrise:</i> 6:51AM	
Kumbha Rasi: 15.08	Tithi 16	Yama 11:48AM – 1:27PM	Sukarma Until 9:43PM	Muruga: Clear	<i>Sunset:</i> 8:04PM	Moon 7 - Phase 18
Family Home Evening	596442362	Rahu 8:30AM – 10:09AM	Balava Until 6:58AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:48PM	Moon – Purple		Subha Sivaloka Day
Until 3:25PM				Sravana-Avani		
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikastan

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 27.2 Tiithi 17

517442363

Gulika 1:27PM - 3:06PM
Yama 10:09AM - 11:48AM
Rahu 4:45PM - 6:24PM

Purvaproshtapada* Until 5:39PM
Dhriti Until 9:50PM
Tailila Until 8:35AM
Dvitiya Until 9:12PM

Ganesha: Clear Sunrise: 6:51AM
Muruga: Clear Sunset: 8:03PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Devaloka Day

Routine Work Marana Yoga

Until 5:39PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikastan

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 9.43 Tiithi 18

517452363

Gulika 11:48AM - 1:27PM
Yama 8:31AM - 10:10AM
Rahu 1:27PM - 3:05PM

Uttaraproshtapada Until 7:18PM
Shula* Until 9:34PM
Vanija Until 9:46AM
Tritiya Until 10:10PM

Ganesha: Clear Sunrise: 6:52AM
Muruga: Purple Sunset: 8:01PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:18PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikastan

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 22.17 Tiithi 19

517452363

Gulika 10:10AM - 11:48AM
Yama 6:53AM - 8:32AM
Rahu 3:05PM - 4:43PM

Revati Until 8:21PM
Ganda* Until 8:58PM
Bava Until 10:30AM
Chaturthi* Until 10:41PM

Ganesha: Clear Sunrise: 6:53AM
Muruga: Purple Sunset: 8:00PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 8:21PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Dushanbe, Tajikastan

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 5.04 Tiithi 20

527452363

Gulika 8:32AM - 10:10AM
Yama 4:42PM - 6:20PM
Rahu 11:48AM - 1:26PM

Ashvini Until 9:16PM
Vriddhi Until 8:01PM
Kaulava Until 10:35AM Sat
Panchami Until 8:58PM

Ganesha: Purple Sunrise: 6:54AM
Muruga: Purple Sunset: 7:58PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Creative Work Amrita Yoga

Until 9:16PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikastan

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 18.05 Tiithi 21

527452363

Gulika 6:55AM - 8:33AM
Yama 3:04PM - 4:41PM
Rahu 10:10AM - 11:48AM

Bharani Until 9:32PM
Dhruva Until 6:40PM
Gara Until 10:35AM
Shashthi* Until 10:17PM

Ganesha: Purple Sunrise: 6:55AM
Muruga: Purple Sunset: 7:57PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 9:32PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Kritika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikastan

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrisabha Rasi: 1.22 Tiithi 22

527452363

Gulika 4:40PM - 6:18PM
Yama 1:26PM - 3:03PM
Rahu 6:18PM - 7:55PM

Krittika Until 9:11PM
Vyaghata* Until 4:55PM
Visti Until 9:53AM
Saptami Until 9:20PM

Ganesha: Purple Sunrise: 6:56AM
Muruga: Purple Sunset: 7:55PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikastan

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrisabha Rasi: 14.55 Tiithi 23

537452363

Gulika 3:02PM - 4:40PM
Yama 11:48AM - 1:25PM
Rahu 8:34AM - 10:11AM

Rohini Until 8:36PM
Harshana Until 2:47PM
Balava Until 8:41AM
Ashtami* Until 7:53PM

Ganesha: Clear Sunrise: 6:57AM
Muruga: Purple Sunset: 7:54PM
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Family Home Evening

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vajra*/Siddhi Yoga Tailila/Vanija Karana Navami/Dashamyam Titau

Dushanbe, Tajikastan

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrisabha Rasi: 28.47 Tiithi 24 - 25

538452363

Gulika 1:25PM - 3:02PM
Yama 10:11AM - 11:48AM
Rahu 4:39PM - 6:16PM

Mrigashira Until 7:24PM
Vajra* Until 12:12PM
Tailila Until 7:00AM
Navami* Until 5:57PM

Ganesha: White Sunrise: 6:58AM
Muruga: Purple Sunset: 7:52PM
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Devaloka Day

Creative Work Siddha Yoga

Until 7:24PM

Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time


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1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 12.57	Tithi 25 – 26	Gulika 11:48AM – 1:25PM	Ardra Until 5:37PM	Ganesha: White	<i>Sunrise:</i> 6:58AM	
			Yama 8:35AM – 10:12AM	Siddhi Until 9:16AM	Muruga: Purple	<i>Sunset:</i> 7:51PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 Rahu 1:25PM – 3:01PM	Visti Until 3:33PM	Nataraja: Purple		2nd Phase
			Dashami Until 3:33PM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Varyian Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 144 Vilamba 5120
	Mithuna Rasi: 27.24	Tithi 26 – 27	Gulika 10:12AM – 11:48AM	Punarvasu Until 3:43PM	Ganesha: Yellow	<i>Sunrise:</i> 6:59AM	
			Yama 6:59AM – 8:36AM	Vyatipata* Until 6:00AM	Muruga: Purple	<i>Sunset:</i> 7:49PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 3:01PM – 4:37PM	Kaulava Until 12:46PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 9:42AM Fri	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 12.05	Tithi 27 – 28	Gulika 8:36AM – 10:12AM	Pushya Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 7:00AM	
			Yama 4:36PM – 6:12PM	Parigha* Until 10:43PM	Muruga: Purple	<i>Sunset:</i> 7:48PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 11:48AM – 1:24PM	Gara Until 8:07PM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 9:42AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 146 Vilamba 5120
	Kataka Rasi: 26.55	Tithi 28 – 29	Gulika 7:01AM – 8:37AM	Ashlesha* Until 10:49AM	Ganesha: Yellow	<i>Sunrise:</i> 7:01AM	
			Yama 2:59PM – 4:35PM	Shiva Until 6:56PM	Muruga: Purple	<i>Sunset:</i> 7:46PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:12AM – 11:48AM	Sakuni Until 3:11AM Sun	Nataraja: Purple		2nd Phase
			Trayodashi* Until 6:28AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				Until 10:49AM Then Creative Work - Amrita Yoga			

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 4:34PM – 6:09PM	Magha* Until 8:28AM	Ganesha: Red	<i>Sunrise:</i> 7:02AM	
	Simha Rasi: 11.47	Tithi 30	Yama 1:23PM – 2:59PM	Siddha Until 3:09PM	Muruga: Purple	<i>Sunset:</i> 7:45PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	558452363 Rahu 6:09PM – 7:45PM	Catuspada Until 1:35PM	Nataraja: Purple		Amavasya
			Amavasya* Until 12:00AM Mon	Moon – Red		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				Grandparent's Day			
				Until 8:28AM Then Creative Work - Siddha Yoga			

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 26.34	Tithi 1	Gulika 2:58PM – 4:33PM	Purvaphalguni Until 6:08AM	Ganesha: Blue	<i>Sunrise:</i> 7:03AM	
	Family Home Evening		Yama 11:48AM – 1:23PM	Sadhya Until 11:32AM	Muruga: Purple	<i>Sunset:</i> 7:43PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 Rahu 8:38AM – 10:13AM	Kintughna Until 10:31AM	Nataraja: Purple		Prathama
			Prathama* Until 9:04PM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikastan Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 11.07	Tithi 2	Gulika Yama	1:23PM – 2:57PM 10:13AM – 11:48AM	Hasta Until 2:33AM Wed Subha Until 8:14AM Balava Until 7:46AM Dvitiya Until 6:34PM	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 7:04AM Sunset: 7:42PM Moon 8 - Phase 21 3rd Phase
			569452363	Rahu 4:32PM – 6:07PM			Bhuloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga						

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Dushanbe, Tajikastan Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 25.21	Tithi 3 – 4	Gulika Yama	11:48AM – 1:22PM 8:39AM – 10:13AM	Chitra Until 1:35AM Thu Brahma Until 2:53AM Thu Vanija Until 3:54AM Thu Tritiya Until 4:37PM	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 7:04AM Sunset: 7:40PM Moon 8 - Phase 21 3rd Phase
			569452363	Rahu 1:22PM – 2:57PM			Bhuloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga Until 1:35AM Thu Then Creative Work - Amrita Yoga						

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikastan Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 9.1	Tithi 4 – 5	Gulika Yama	10:14AM – 11:48AM 7:05AM – 8:39AM	Svati Until 1:12AM Fri Indra Until 1:04AM Fri Bava Until 3:02AM Fri Chaturthi* Until 3:21PM	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Green	Sunrise: 7:05AM Sunset: 7:38PM Moon 8 - Phase 21 3rd Phase
			569452363	Rahu 2:56PM – 4:30PM			Bhuloka Day Bhadrapada-Avani
	Creative Work Amrita Yoga Until 1:12AM Fri Then Creative Work - Siddha Yoga						

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikastan Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 22.32	Tithi 5 – 6	Gulika Yama	8:40AM – 10:14AM 4:29PM – 6:03PM	Vishakha Until 1:56AM Sat Vaidhriti* Until 11:53PM Kaulava Until 2:59AM Sat Panchami Until 2:53PM	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 7:06AM Sunset: 7:37PM Moon 8 - Phase 21 3rd Phase
			579552363	Rahu 11:48AM – 1:21PM			Devaloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga						

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikastan Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 5.29	Tithi 6 – 7	Gulika Yama	7:07AM – 8:41AM 2:55PM – 4:28PM	Anuradha Until 3:18AM Sun Vishkambha* Until 11:22PM Gara Until 3:46AM Sun Shashthi* Until 3:15PM	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 7:07AM Sunset: 7:35PM Moon 8 - Phase 21 3rd Phase
			579552363	Rahu 10:14AM – 11:48AM			Devaloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga Until 3:18AM Sun Then Routine Work - Marana Yoga						

6	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikastan Sun 20 Sutra 154 Vilamba 5120
	Vrischika Rasi: 18.03	Tithi 7 – 8	Gulika Yama	4:27PM – 6:00PM 1:21PM – 2:54PM	Jyeshtha* Until 5:14AM Mon Priti Until 11:27PM Visti Until 5:17AM Mon Saptami Until 4:25PM	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 7:08AM Sunset: 7:34PM Moon 8 - Phase 21 3rd Phase
			579552363	Rahu 6:00PM – 7:34PM			Devaloka Day Bhadrapada-Avani
	Routine Work Marana Yoga Until 5:14AM Mon Then Creative Work - Siddha Yoga						

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava Karana Ashtamyam Titau				Dushanbe, Tajikastan Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika Yama	2:53PM – 4:26PM 11:48AM – 1:20PM	Mula* Until 8:04AM Tue Ayushman Until 11:59PM Bava Until 6:16PM Ashtami* Until 6:16PM	Ganesh: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 7:09AM Sunset: 7:32PM Moon 8 - Phase 21 Ashtami
	Dhanu Rasi: 0.17	Tithi 8	589552363	Rahu 8:42AM – 10:15AM			Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM
	Family Home Evening Creative Work Siddha Yoga						

D	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikastan Sun 22 Sutra 156 Vilamba 5120
	Retreat Star		Gulika Yama	1:20PM – 2:53PM 10:15AM – 11:47AM	Mula* Until 8:04AM Saubhagya Until 12:52AM Wed Balava Until 7:24AM Navami* Until 8:36PM	Ganesh: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 7:10AM Sunset: 7:30PM Moon 8 - Phase 21 Navami
	Dhanu Rasi: 12.17	Tithi 9	581552363	Rahu 4:25PM – 5:58PM			Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM
	Creative Work Amrita Yoga Until 8:04AM Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Dushanbe, Tajikastan Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 24.09	Tithi 10	Gulika Yama	11:47AM – 1:20PM 8:43AM – 10:15AM	Purvashadha* Until 11:06AM Sobhana Until 1:56AM Thu Tailila Until 9:54AM Dashami Until 11:12PM	Ganesh: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 7:11AM Sunset: 7:29PM Moon 8 - Phase 22 4th Phase
			581552363	Rahu 1:20PM – 2:52PM			Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Creative Work Amrita Yoga						

2	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikastan Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 5.56	Tithi 11	Gulika Yama	10:15AM – 11:47AM 7:11AM – 8:43AM	Uttarashadha Until 2:04PM Athiganda* Until 2:58AM Fri Vanija Until 12:32PM Ekadashi Until 1:48AM Fri	Ganesh: Clear Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 7:11AM Sunset: 7:27PM Moon 8 - Phase 22 4th Phase
			581552363	Rahu 2:51PM – 4:23PM			Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Routine Work Marana Yoga Until 2:04PM Then Creative Work - Siddha Yoga						

3	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvodashyam Titau				Dushanbe, Tajikastan Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 17.45	Tithi 12	Gulika Yama	8:44AM – 10:16AM 4:22PM – 5:54PM	Shravana Until 5:16PM Sukarma Until 3:51AM Sat Bava Until 3:04PM Dvadashi Until 4:13AM Sat	Ganesh: Purple Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 7:12AM Sunset: 7:26PM Moon 8 - Phase 22 4th Phase
			591552363	Rahu 11:47AM – 1:19PM			Devaloka Day
	Routine Work Marana Yoga Until 5:16PM Then Creative Work - Siddha Yoga						

4	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau				Dushanbe, Tajikastan Sun 26 Sutra 160 Vilamba 5120
	Makara Rasi: 29.38	Tithi 13	Gulika Yama	7:13AM – 8:45AM 2:50PM – 4:21PM	Dhanishtha Until 8:01PM Dhriti Until 4:28AM Sun Kaulava Until 5:19PM Trayodashi Until 6:16AM Sun	Ganesh: Purple Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 7:13AM Sunset: 7:24PM Moon 8 - Phase 22 4th Phase
			591552363	Rahu 10:16AM – 11:47AM			Devaloka Day
	Creative Work Siddha Yoga Until 8:01PM Then Creative Work - Amrita Yoga		<i>Pradosha Vrata</i>				

5	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikastan Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 11.41	Tithi 13 – 14	Gulika Yama	4:20PM – 5:51PM 1:18PM – 2:49PM	Shatabhishak Until 10:11PM Shula* Until 4:42AM Mon Gara Until 7:09PM Trayodashi Until 6:16AM	Ganesh: Purple Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 7:14AM Sunset: 7:23PM Moon 8 - Phase 22 4th Phase
			591552363	Rahu 5:51PM – 7:23PM			Devaloka Day
	Creative Work Siddha Yoga		Chidambaram Abhishekam Kadaitswami Mahasamadhi				

○	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikastan Sutra 162 Vilamba 5120
	Copper Retreat Star		Gulika Yama	2:49PM – 4:19PM 11:47AM – 1:18PM	Purvaproshtapada* Until 12:11AM Tue Ganda* Until 4:34AM Tue Visti Until 8:28PM Chaturdashi* Until 7:51AM	Ganesh: Purple Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 7:15AM Sunset: 7:21PM Moon 8 - Phase 22 Purnima
			511552363	Rahu 8:46AM – 10:16AM			Devaloka Day
	Kumbha Rasi: 23.55 Tithi 14 – 15 Family Home Evening Routine Work Marana Yoga Until 12:11AM Tue Then Creative Work - Amrita Yoga						

○	Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikastan Sutra 163 Vilamba 5120
	Silver Retreat Star		Gulika Yama	1:18PM – 2:48PM 10:17AM – 11:47AM	Uttaraproshtapada Until 1:31AM Wed Vriddhi Until 4:02AM Wed Balava Until 9:16PM Purnima* Until 8:55AM	Ganesh: Purple Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 7:16AM Sunset: 7:19PM Moon 8 - Phase 22 Prathama
			511552363	Rahu 4:18PM – 5:49PM			Devaloka Day
	Meena Rasi: 6.22 Tithi 15 – 16 Creative Work Amrita Yoga Until 1:31AM Wed Then Routine Work - Marana Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Dhruva Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikastan

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 19.02 Tihi 16 - 17

511552363

Gulika 11:47AM - 1:17PM
Yama 8:47AM - 10:17AM
Rahu 1:17PM - 2:47PM

Revati Until 2:14AM Thu
Dhruva Until 2:14AM Thu
Gara Until 9:33AM Thu
Prathama* Until 9:28AM

Ganesh: Purple Sunrise: 7:17AM
Muruga: Purple Sunset: 7:18PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga
Until 2:14AM Thu
Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikastan

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 1.56 Tihi 17 - 18

521552363

Gulika 10:17AM - 11:47AM
Yama 7:18AM - 8:47AM
Rahu 2:47PM - 4:17PM

Ashvini Until 2:50AM Fri
Vyaghata* Until 1:51AM Fri
Vanija Until 9:28PM
Dvitiya Until 9:33AM

Ganesh: Clear Sunrise: 7:18AM
Muruga: Purple Sunset: 7:16PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 2:50AM Fri
Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikastan

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 15.04 Tihi 18 - 19

621552363

Gulika 8:48AM - 10:18AM
Yama 4:16PM - 5:45PM
Rahu 11:47AM - 1:17PM

Bharani Until 2:55AM Sat
Harshana Until 12:19AM Sat
Bava Until 8:57PM
Tritiya Until 9:14AM

Ganesh: Purple Sunrise: 7:19AM
Muruga: Purple Sunset: 7:15PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga
Until 2:55AM Sat
Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Kritika Nakshatra Vajra* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikastan

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 28.22 Tihi 19 - 20

622552363

Gulika 7:19AM - 8:49AM
Yama 2:45PM - 4:15PM
Rahu 10:18AM - 11:47AM

Krittika Until 2:32AM Sun
Vajra* Until 2:32AM Sun
Taitila Until 7:33AM Sun
Chaturthi* Until 8:33AM

Ganesh: Clear Sunrise: 7:19AM
Muruga: Purple Sunset: 7:13PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 2:32AM Sun
Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikastan

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 11.52 Tihi 20 - 21

632552363

Gulika 4:14PM - 5:43PM
Yama 1:16PM - 2:45PM
Rahu 5:43PM - 7:12PM

Rohini Until 2:09AM Mon
Siddhi Until 8:26PM
Gara Until 6:57PM
Panchami Until 7:33AM

Ganesh: Purple Sunrise: 7:20AM
Muruga: Purple Sunset: 7:12PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga
Until 2:09AM Mon
Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyatipata* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikastan

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 25.31 Tihi 21 - 22

632552363

Gulika 2:44PM - 4:13PM
Yama 11:47AM - 1:16PM
Rahu 8:50AM - 10:18AM

Mrigashira Until 1:21AM Tue
Vyatipata* Until 6:09PM
Bava Until 4:40AM Tue
Shashthi* Until 6:15AM

Ganesh: Purple Sunrise: 7:21AM
Muruga: Purple Sunset: 7:10PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 1:21AM Tue
Then Routine Work - Marana Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikastan

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 9.21 Tihi 23

632552363

Gulika 1:15PM - 2:44PM
Yama 10:19AM - 11:47AM
Rahu 4:12PM - 5:40PM

Ardra Until 12:07AM Wed
Varyan Until 3:38PM
Balava Until 3:48PM
Ashtami* Until 2:49AM Wed

Ganesh: Purple Sunrise: 7:22AM
Muruga: Purple Sunset: 7:08PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga
Until 12:07AM Wed
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikastan

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 23.21 Tihi 24

642552363

Gulika 11:47AM - 1:15PM
Yama 8:51AM - 10:19AM
Rahu 1:15PM - 2:43PM

Punarvasu Until 10:54PM
Parigha* Until 12:54PM
Taitila Until 1:49PM
Navami* Until 12:42AM Thu

Ganesh: Clear Sunrise: 7:23AM
Muruga: Purple Sunset: 7:07PM
Nataraja: Purple
Moon - Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1 Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikastan Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 7.32	Tithi 25	Gulika 10:19AM – 11:47AM	Pushya Until 9:19PM	Ganesh: Clear	<i>Sunrise:</i> 7:24AM	
		Yama 7:24AM – 8:52AM	Shiva Until 9:58AM	Muruga: Purple	<i>Sunset:</i> 7:05PM	Moon 9 - Phase 24
		642552363 Rahu 2:42PM – 4:10PM	Vanija Until 11:35AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 10:21PM	Moon – Blue		Bhuloka Day
Until 9:19PM				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

2 Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikastan Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 21.51	Tithi 26	Gulika 8:52AM – 10:20AM	Ashlesha* Until 7:24PM	Ganesh: Clear	<i>Sunrise:</i> 7:25AM	
		Yama 4:09PM – 5:36PM	Siddha Until 6:50AM	Muruga: Purple	<i>Sunset:</i> 7:04PM	Moon 9 - Phase 24
		642552363 Rahu 11:47AM – 1:14PM	Bava Until 9:08AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 7:49PM	Moon – Blue		Bhuloka Day
				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM

3 Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikastan Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 6.17	Tithi 27 – 28	Gulika 7:26AM – 8:53AM	Magha* Until 5:40PM	Ganesh: White	<i>Sunrise:</i> 7:26AM	
		Yama 2:41PM – 4:08PM	Subha Until 12:18AM Sun	Muruga: Purple	<i>Sunset:</i> 7:02PM	Moon 9 - Phase 24
		652552363 Rahu 10:20AM – 11:47AM	Kaulava Until 6:32AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 5:11PM	Moon – Red		Bhuloka Day
Until 5:40PM				Bhadrapada•Puratasi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikastan Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 20.46	Tithi 28 – 29	Gulika 4:07PM – 5:34PM	Purvaphalguni Until 3:47PM	Ganesh: White	<i>Sunrise:</i> 7:27AM	
		Yama 1:14PM – 2:40PM	Sukla Until 9:01PM	Muruga: Purple	<i>Sunset:</i> 7:01PM	Moon 9 - Phase 24
		652552363 Rahu 5:34PM – 7:01PM	Visti Until 1:17AM Mon	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 2:33PM	Moon – Red		Bhuloka Day
Until 3:47PM				Bhadrapada•Puratasi		
Then Creative Work - Amrita Yoga						

Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikastan Sun 12 Sutra 176 Vilamba 5120
Retreat Star		Gulika 2:40PM – 4:06PM	Uttaraphalguni Until 1:53PM	Ganesh: White	<i>Sunrise:</i> 7:28AM	
Kanya Rasi: 5.11	Tithi 29 – 30	Yama 11:47AM – 1:13PM	Brahma Until 5:52PM	Muruga: Purple	<i>Sunset:</i> 6:59PM	Moon 9 - Phase 24
Family Home Evening		652552364 Rahu 8:54AM – 10:21AM	Sakuni Until 12:02PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 12:02PM	Moon – Red		Bhuloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM

Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikastan Sun 13 Sutra 177 Vilamba 5120
Retreat Star		Gulika 1:13PM – 2:39PM	Hasta Until 12:32PM	Ganesh: Red	<i>Sunrise:</i> 7:29AM	
Kanya Rasi: 19.28	Tithi 30 – 1	Yama 10:21AM – 11:47AM	Indra Until 2:59PM	Muruga: Purple	<i>Sunset:</i> 6:58PM	Moon 9 - Phase 24
		662652364 Rahu 4:05PM – 5:32PM	Kintughna Until 9:46AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 7:54AM Wed	Moon – Green		Devaloka Day
		Navaratri Begins		Ashvina•Puratasi		

1		Wednesday, October 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Dushanbe, Tajikastan Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 3.3	Titithi 1 – 2	Gulika	11:47AM – 1:13PM	Chitra Until 11:28AM	Ganesha: Red	<i>Sunrise:</i> 7:30AM			
		Yama	8:55AM – 10:21AM	Vaidhriti* Until 12:25PM	Muruga: Purple	<i>Sunset:</i> 6:56PM	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	662652364 Rahu	1:13PM – 2:39PM	Balava Until 7:12PM	Nataraja: Clear		3rd Phase		
				Prathama* Until 7:54AM	Moon – Green		Devaloka Day		
					Ashvina•Puratasi				

2		Thursday, October 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Dvitiya/Tritiyayam Titau		Dushanbe, Tajikastan Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 17.12	Titithi 2 – 3	Gulika	10:22AM – 11:47AM	Svati Until 10:49AM	Ganesha: Red	<i>Sunrise:</i> 7:30AM			
		Yama	7:30AM – 8:56AM	Vishkambha* Until 10:19AM	Muruga: Purple	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 25		
Creative Work	Amrita Yoga	662652364 Rahu	2:38PM – 4:04PM	Kaulava Until 6:36AM	Nataraja: Clear		3rd Phase		
Until 10:49AM				Dvitiya Until 6:36AM	Moon – Green		Devaloka Day		
Then Creative Work - Siddha Yoga					Ashvina•Puratasi				

3		Friday, October 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija Karana Chaturthyam Titau		Dushanbe, Tajikastan Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 0.31	Titithi 4	Gulika	8:57AM – 10:22AM	Vishakha Until 11:08AM	Ganesha: White	<i>Sunrise:</i> 7:31AM			
		Yama	4:03PM – 5:28PM	Priti Until 8:47AM	Muruga: Purple	<i>Sunset:</i> 6:53PM	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	673652364 Rahu	11:47AM – 1:12PM	Vanija Until 5:56PM	Nataraja: Clear		3rd Phase		
				Chaturthi* Until 5:64AM Sat	Moon – Orange		Bhuloka Day		
					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

4		Saturday, October 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Dushanbe, Tajikastan Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 13.27	Titithi 4 – 5	Gulika	7:32AM – 8:57AM	Anuradha Until 12:03PM	Ganesha: White	<i>Sunrise:</i> 7:32AM			
		Yama	2:37PM – 4:02PM	Ayushman Until 7:49AM	Muruga: Purple	<i>Sunset:</i> 6:52PM	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	673652364 Rahu	10:22AM – 11:47AM	Bava Until 6:04AM	Nataraja: Clear		3rd Phase		
				Chaturthi* Until 6:58AM Sun	Moon – Orange		Bhuloka Day		
					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

5		Sunday, October 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Dushanbe, Tajikastan Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 26.01	Titithi 5 – 6	Gulika	4:01PM – 5:26PM	Jyeshtha* Until 1:33PM	Ganesha: White	<i>Sunrise:</i> 7:33AM			
		Yama	1:12PM – 2:37PM	Saubhagya Until 1:33PM	Muruga: Purple	<i>Sunset:</i> 6:50PM	Moon 9 - Phase 25		
Routine Work	Marana Yoga	673652364 Rahu	5:26PM – 6:50PM	Taitila Until 7:43PM	Nataraja: Clear		3rd Phase		
Until 1:33PM				Panchami Until 7:49AM	Moon – Orange		Bhuloka Day		
Then Creative Work - Amrita Yoga					Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM		

6		Monday, October 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau		Dushanbe, Tajikastan Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 8.16	Titithi 6 – 7	Gulika	2:36PM – 4:00PM	Mula* Until 4:03PM	Ganesha: Clear	<i>Sunrise:</i> 7:34AM			
Family Home Evening		Yama	11:47AM – 1:12PM	Sobhana Until 4:03PM	Muruga: Purple	<i>Sunset:</i> 6:49PM	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	683652364 Rahu	8:59AM – 10:23AM	Vanija Until 10:49AM Tue	Nataraja: Clear		3rd Phase		
Until 4:03PM				Shashthi* Until 8:36AM	Moon – Light Blue		Devaloka Day		
Then Routine Work - Marana Yoga					Ashvina•Puratasi				

D		Tuesday, October 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Dushanbe, Tajikastan Sun 20 Sutra 184 Vilamba 5120	
Retreat Star		Gulika	1:11PM – 2:35PM	Purvashadha* Until 6:54PM	Ganesha: Clear	<i>Sunrise:</i> 7:35AM			
Dhanus Rasi: 20.16	Titithi 7 – 8	Yama	10:23AM – 11:47AM	Athiganda* Until 8:19AM	Muruga: Purple	<i>Sunset:</i> 6:48PM	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	683652364 Rahu	4:00PM – 5:24PM	Visti Until 12:05AM Wed	Nataraja: Clear		Ashtami		
Until 6:54PM				Saptami Until 10:49AM	Moon – Light Blue		Devaloka Day		
Then Routine Work - Prabalarishta Yoga		Durga Ashtami			Ashvina•Puratasi				

W		Wednesday, October 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Dushanbe, Tajikastan Sun 21 Sutra 185 Vilamba 5120	
Retreat Star		Gulika	11:48AM – 1:11PM	Uttarashadha Until 9:49PM	Ganesha: Clear	<i>Sunrise:</i> 7:36AM			
Makara Rasi: 2.08	Titithi 8 – 9	Yama	9:00AM – 10:24AM	Sukarma Until 9:15AM	Muruga: Purple	<i>Sunset:</i> 6:46PM	Moon 9 - Phase 25		
Creative Work	Amrita Yoga	683652364 Rahu	1:11PM – 2:35PM	Balava Until 2:44AM Thu	Nataraja: Clear		Navami		
Until 9:49PM				Ashtami* Until 1:23PM	Moon – Light Blue		Devaloka Day		
Then Creative Work - Siddha Yoga		Saraswathi Puja (Tamil Nadu)			Ashvina•Aipasi				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikastan Sun 22 Sutra 186 Vilamba 5120	
	Makara Rasi: 13.55	Tithi 9 - 10	Gulika 10:24AM - 11:48AM	Shravana Until 1:05AM Fri	Ganesha: Purple	<i>Sunrise:</i> 7:37AM	Moon 9 - Phase 26	
			Yama 7:37AM - 9:01AM	Dhriti Until 10:17AM	Muruga: Purple	<i>Sunset:</i> 6:45PM	4th Phase	
	Creative Work	Siddha Yoga	693652364 Rahu 2:34PM - 3:58PM	Taitila Until 5:20AM Fri	Nataraja: Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
		Vijaya Dasami		Navami* Until 4:02PM	Ashvina-Aipasi			


2	Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau				Dushanbe, Tajikastan Sun 23 Sutra 187 Vilamba 5120	
	Makara Rasi: 25.45	Tithi 10	Gulika 9:01AM - 10:25AM	Dhanishtha Until 3:55AM Sat	Ganesha: Purple	<i>Sunrise:</i> 7:38AM	Moon 9 - Phase 26	
			Yama 3:57PM - 5:20PM	Shula* Until 11:12AM	Muruga: Purple	<i>Sunset:</i> 6:43PM	4th Phase	
	Creative Work	Siddha Yoga	693652364 Rahu 11:48AM - 1:11PM	Gara Until 6:30PM	Nataraja: Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
			Dashami Until 6:30PM	Ashvina-Aipasi				


3	Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikastan Sun 24 Sutra 188 Vilamba 5120	
	Kumbha Rasi: 7.42	Tithi 11	Gulika 7:39AM - 9:02AM	Shatabhishak Until 6:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 7:39AM	Moon 9 - Phase 26	
			Yama 2:34PM - 3:56PM	Ganda* Until 11:52AM	Muruga: Purple	<i>Sunset:</i> 6:42PM	4th Phase	
	Creative Work	Amrita Yoga	693652364 Rahu 10:25AM - 11:48AM	Vanija Until 7:37AM	Nataraja: Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
			Ekadashi Until 8:34PM	Ashvina-Aipasi				

4	Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikastan Sun 25 Sutra 189 Vilamba 5120	
	Kumbha Rasi: 19.5	Tithi 12	Gulika 3:56PM - 5:18PM	Shatabhishak Until 6:09AM	Ganesha: Purple	<i>Sunrise:</i> 7:40AM	Moon 9 - Phase 26	
			Yama 1:11PM - 2:33PM	Vridhi Until 12:09PM	Muruga: Purple	<i>Sunset:</i> 6:41PM	4th Phase	
	Creative Work	Siddha Yoga	693652364 Rahu 5:18PM - 6:41PM	Bava Until 9:25AM	Nataraja: Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
			Dvadashi Until 10:04PM	Ashvina-Aipasi				

5	Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosithapada*/Uttaraprosithapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikastan Sun 26 Sutra 190 Vilamba 5120	
	Meena Rasi: 2.13	Tithi 13	Gulika 2:33PM - 3:55PM	Purvaprosithapada* Until 8:07AM	Ganesha: White	<i>Sunrise:</i> 7:41AM	Moon 9 - Phase 26	
	Family Home Evening		Yama 11:48AM - 1:10PM	Dhruva Until 11:56AM	Muruga: Purple	<i>Sunset:</i> 6:39PM	4th Phase	
	Routine Work	Marana Yoga	613652364 Rahu 9:04AM - 10:26AM	Kaulava Until 10:36AM	Nataraja: Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
			Trayodashi Until 10:56PM	Ashvina-Aipasi				
			<i>Pradosha Vrata</i>					

6	Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosithapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikastan Sun 27 Sutra 191 Vilamba 5120	
	Meena Rasi: 14.53	Tithi 14	Gulika 1:10PM - 2:32PM	Uttaraprosithapada Until 9:19AM	Ganesha: White	<i>Sunrise:</i> 7:42AM	Moon 9 - Phase 26	
			Yama 10:26AM - 11:48AM	Vyaghata* Until 11:14AM	Muruga: Purple	<i>Sunset:</i> 6:38PM	4th Phase	
	Creative Work	Amrita Yoga	613652364 Rahu 3:54PM - 5:16PM	Gara Until 11:08AM	Nataraja: Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
			Chaturdashi* Until 11:09PM	Ashvina-Aipasi				

	Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikastan Sutra 192 Vilamba 5120	
	Copper Retreat Star		Gulika 11:48AM - 1:10PM	Revati Until 9:44AM	Ganesha: White	<i>Sunrise:</i> 7:43AM	Moon 9 - Phase 26	
	Meena Rasi: 27.51	Tithi 15	Yama 9:05AM - 10:27AM	Harshana Until 10:03AM	Muruga: Purple	<i>Sunset:</i> 6:37PM	Purnima	
	Routine Work	Marana Yoga	613652364 Rahu 1:10PM - 2:32PM	Visti Until 11:04AM	Nataraja: Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
			Purnima* Until 10:47PM	Ashvina-Aipasi				

	Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikastan Sutra 193 Vilamba 5120	
	Silver Retreat Star		Gulika 10:27AM - 11:49AM	Ashvini Until 9:56AM	Ganesha: Clear	<i>Sunrise:</i> 7:44AM	Moon 9 - Phase 26	
	Mesha Rasi: 11.07	Tithi 16	Yama 7:44AM - 9:06AM	Vajra* Until 8:25AM	Muruga: Purple	<i>Sunset:</i> 6:36PM	Prathama	
	Creative Work	Amrita Yoga	623652364 Rahu 2:31PM - 3:53PM	Balava Until 10:26AM	Nataraja: Clear		Devaloka Day	
			Prathama* Until 9:56PM	Ashvina-Aipasi				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikastan

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 24.38 Tihti 17

624652364

Gulika 9:06AM – 10:28AM
Yama 3:52PM – 5:13PM
Rahu 11:49AM – 1:10PM

Bharani **Until 9:32AM**
Siddhi **Until 6:27AM**
Taitila **Until 9:21AM**
Dvitiya **Until 8:40PM**

Ganesha: White *Sunrise: 7:45AM*
Muruga: Purple *Sunset: 6:34PM*
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Varyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikastan

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 8.22 Tihti 18

624652364

Gulika 7:46AM – 9:07AM
Yama 2:31PM – 3:51PM
Rahu 10:28AM – 11:49AM

Krittika **Until 8:40AM**
Varyan **Until 1:42AM Sun**
Vanija **Until 7:56AM**
Tritiya **Until 7:07PM**

Ganesha: White *Sunrise: 7:46AM*
Muruga: Purple *Sunset: 6:33PM*
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikastan

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 22.15 Tihti 19 – 20

634652364

Gulika 3:51PM – 5:11PM
Yama 1:10PM – 2:30PM
Rahu 5:11PM – 6:32PM

Rohini **Until 7:50AM**
Parigha* **Until 11:06PM**
Bava **Until 6:17AM**
Chaturthi* **Until 5:23PM**

Ganesha: Clear *Sunrise: 7:47AM*
Muruga: Purple *Sunset: 6:32PM*
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikastan

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 6.14 Tihti 20 – 21

634652364

Gulika 2:30PM – 3:50PM
Yama 11:49AM – 1:10PM
Rahu 9:09AM – 10:29AM

Mrigashira **Until 6:44AM**
Shiva **Until 8:25PM**
Gara **Until 2:35AM Tue**
Panchami **Until 3:31PM**

Ganesha: Clear *Sunrise: 7:49AM*
Muruga: Purple *Sunset: 6:31PM*
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 6:44AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikastan

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 20.16 Tihti 21 – 22

644652364

Gulika 1:10PM – 2:30PM
Yama 10:30AM – 11:50AM
Rahu 3:49PM – 5:09PM

Punarvasu **Until 4:17AM Wed**
Siddha **Until 5:40PM**
Visti **Until 12:38AM Wed**
Shashthi* **Until 1:36PM**

Ganesha: Purple *Sunrise: 7:50AM*
Muruga: Purple *Sunset: 6:29PM*
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikastan

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 4.19 Tihti 22 – 23

644662364

Gulika 11:50AM – 1:09PM
Yama 9:10AM – 10:30AM
Rahu 1:09PM – 2:29PM

Pushya **Until 3:01AM Thu**
Sadhya **Until 2:55PM**
Balava **Until 10:40PM**
Saptami **Until 11:38AM**

Ganesha: Purple *Sunrise: 7:51AM*
Muruga: Clear *Sunset: 6:28PM*
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikastan

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 18.24 Tihti 23 – 24

644662364

Gulika 10:31AM – 11:50AM
Yama 7:52AM – 9:11AM
Rahu 2:29PM – 3:48PM

Ashlesha* **Until 1:36AM Fri**
Subha **Until 12:09PM**
Taitila **Until 8:41PM**
Ashtami* **Until 9:39AM**

Ganesha: Purple *Sunrise: 7:52AM*
Muruga: Clear *Sunset: 6:27PM*
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:36AM Fri

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Dushanbe, Tajikastan Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 2.29	Tithi 24 - 25	Gulika 9:12AM - 10:31AM Yama 3:48PM - 5:07PM 654662364 Rahu 11:50AM - 1:09PM	Magha* Until 12:29AM Sat Sukla Until 9:21AM Vanija Until 6:42PM Navami* Until 7:40AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon - Red Ashvina-Aipasi	<i>Sunrise:</i> 7:53AM <i>Sunset:</i> 6:26PM	Moon 10 - Phase 28 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 12:29AM Sat Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava Karana Ekadashmyam Titau				Dushanbe, Tajikastan Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 16.34	Tithi 26	Gulika 7:54AM - 9:13AM Yama 2:28PM - 3:47PM 654762364 Rahu 10:32AM - 11:51AM	Purvaphalguni Until 11:14PM Brahma Until 6:34AM Bava Until 4:45PM Ekadashi* Until 3:46AM Sun	Ganesha: White Muruga: Clear Nataraja: Clear Moon - Red Ashvina-Aipasi	<i>Sunrise:</i> 7:54AM <i>Sunset:</i> 6:25PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 11:14PM Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashmyam Titau				Dushanbe, Tajikastan Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 1	Tithi 27	Gulika 3:47PM - 5:05PM Yama 1:09PM - 2:28PM 654762364 Rahu 5:05PM - 6:24PM	Uttaraphalguni Until 9:57PM Vaidhriti* Until 1:11AM Mon Kaulava Until 2:52PM Dvadashi* Until 1:57AM Mon	Ganesha: White Muruga: Clear Nataraja: Clear Moon - Red Ashvina-Aipasi	<i>Sunrise:</i> 7:55AM <i>Sunset:</i> 6:24PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Amrita Yoga						

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashmyam Titau				Dushanbe, Tajikastan Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 14.35	Tithi 28	Gulika 2:28PM - 3:46PM Yama 11:51AM - 1:09PM 664762364 Rahu 9:14AM - 10:33AM	Hasta Until 9:07PM Vishkambha* Until 10:40PM Gara Until 1:07PM Trayodashi* Until 12:19AM Tue	Ganesha: Green Muruga: Clear Nataraja: Clear Moon - Green Ashvina-Aipasi	<i>Sunrise:</i> 7:56AM <i>Sunset:</i> 6:23PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 9:07PM Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata (Fasting)</i>				

5 Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashmyam Titau				Dushanbe, Tajikastan Sun 12 Sutra 205 Vilamba 5120
Kanya Rasi: 28.26	Tithi 29	Gulika 1:09PM - 2:28PM Yama 10:33AM - 11:51AM 664762364 Rahu 3:46PM - 5:04PM	Chitra Until 8:24PM Priti Until 8:24PM Visti Until 11:37AM Chaturdashi* Until 10:58PM	Ganesha: Green Muruga: Clear Nataraja: Clear Moon - Green Ashvina-Aipasi	<i>Sunrise:</i> 7:57AM <i>Sunset:</i> 6:22PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Siddha Yoga		Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day				

Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikastan Sun 13 Sutra 206 Vilamba 5120
Retreat Star		Gulika 11:52AM - 1:10PM Yama 9:16AM - 10:34AM 764762364 Rahu 1:10PM - 2:27PM	Svati Until 7:56PM Ayushman Until 6:25PM Catuspada Until 10:28AM Amavasya* Until 10:02PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon - Green Ashvina-Aipasi	<i>Sunrise:</i> 7:58AM <i>Sunset:</i> 6:21PM	Moon 10 - Phase 28 Amavasya Devaloka Day
Tula Rasi: 12.05 Tithi 30 Creative Work Siddha Yoga						

Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikastan Sun 14 Sutra 207 Vilamba 5120
Retreat Star		Gulika 10:34AM - 11:52AM Yama 7:59AM - 9:17AM 775762364 Rahu 2:27PM - 3:45PM	Vishakha Until 8:16PM Saubhagya Until 4:50PM Kintughna Until 9:46AM Prathama* Until 9:37PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon - Orange Kartika-Aipasi	<i>Sunrise:</i> 7:59AM <i>Sunset:</i> 6:20PM	Moon 10 - Phase 28 Prathama Sivaloka Day
Tula Rasi: 25.29 Tithi 1 Creative Work Siddha Yoga		Skanda Shasthi Begins				

1		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Dushanbe, Tajikastan Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 9	Tithi 2	Gulika Yama	9:18AM – 10:35AM 3:44PM – 5:02PM	Anuradha Until 9:02PM Sobhana Until 3:45PM Balava Until 9:39AM Dvitiya Until 9:49PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 8:00AM Sunset: 6:19PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	775762364	Rahu 11:52AM – 1:10PM				Sivaloka Day Karttika-Aipasi
Until 9:02PM		Then Routine Work - Marana Yoga					

2		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau		Dushanbe, Tajikastan Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 21.24	Tithi 3	Gulika Yama	8:01AM – 9:18AM 2:27PM – 3:44PM	Jyeshtha* Until 10:18PM Athiganda* Until 3:08PM Tailila Until 10:12AM Tritiya Until 10:42PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 8:01AM Sunset: 6:18PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	775762364	Rahu 10:36AM – 11:53AM				Sivaloka Day Karttika-Aipasi
Until 9:02PM		Then Routine Work - Marana Yoga					

3		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Dushanbe, Tajikastan Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 3.53	Tithi 4	Gulika Yama	3:44PM – 5:00PM 1:10PM – 2:27PM	Mula* Until 2:23AM Tue Mon Sukarma Until 3:03PM Vanija Until 11:25AM Chaturthi* Until 12:15AM Mon	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 8:02AM Sunset: 6:17PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Amrita Yoga	785762364	Rahu 5:00PM – 6:17PM				Sivaloka Day Karttika-Aipasi
Until 2:23AM Tue Mon		Then Routine Work - Marana Yoga					

4		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Dushanbe, Tajikastan Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 16.05	Tithi 5	Gulika Yama	2:27PM – 3:43PM 11:53AM – 1:10PM	Mula* Until 2:23AM Tue Dhriti Until 16:12AM Tue Bava Until 1:17PM Panchami Until 2:23AM Tue	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 8:04AM Sunset: 6:16PM	Moon 10 - Phase 29 3rd Phase
Family Home Evening		785762364	Rahu 9:20AM – 10:37AM				Sivaloka Day Karttika-Aipasi
Routine Work Marana Yoga		Until 2:23AM Tue		Then Routine Work - Prabalarishta Yoga			

5		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau		Dushanbe, Tajikastan Sun 19 Sutra 212 Vilamba 5120	
Dhanus Rasi: 28.04	Tithi 6	Gulika Yama	1:10PM – 2:26PM 10:37AM – 11:54AM	Uttarashadha Until 5:58AM Wed Shula* Until 4:12PM Kaulava Until 3:38PM Shashthi* Until 4:55AM Wed	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 8:05AM Sunset: 6:16PM	Moon 10 - Phase 29 3rd Phase
Routine Work	Prabalarishta Yoga	785762364	Rahu 3:43PM – 4:59PM				Sivaloka Day Karttika-Aipasi
Until 5:58AM Wed		Then Creative Work - Siddha Yoga					

6		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara Karana Saptamyam Titau		Dushanbe, Tajikastan Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 9.55	Tithi 7	Gulika Yama	11:54AM – 1:10PM 9:22AM – 10:38AM	Shravana Until 9:16AM Thu Ganda* Until 5:10PM Gara Until 6:18PM Saptami Until 7:38AM Thu	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 8:06AM Sunset: 6:15PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	785762364	Rahu 1:10PM – 2:26PM				Sivaloka Day Karttika-Aipasi
Until 9:02PM		Then Routine Work - Marana Yoga					

Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Dushanbe, Tajikastan Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 21.43	Tithi 7 – 8	Gulika Yama	10:39AM – 11:55AM 8:07AM – 9:23AM	Shravana Until 9:16AM Vridhhi Until 6:10PM Visti Until 8:59PM Saptami Until 7:38AM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 8:07AM Sunset: 6:14PM	Moon 10 - Phase 29 Ashtami
Creative Work	Siddha Yoga	795762364	Rahu 2:26PM – 3:42PM				Subha Sivaloka Day Karttika-Aipasi
Until 9:02PM		Then Routine Work - Marana Yoga					

Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Dushanbe, Tajikastan Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 3.32	Tithi 8 – 9	Gulika Yama	9:24AM – 10:39AM 3:42PM – 4:58PM	Dhanishtha Until 12:18PM Dhruva Until 6:59PM Balava Until 11:25PM Ashtami* Until 10:13AM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 8:08AM Sunset: 6:13PM	Moon 10 - Phase 29 Navami
Creative Work	Siddha Yoga	795762364	Rahu 11:55AM – 1:11PM				Subha Sivaloka Day Karttika-Kartikai
Until 9:02PM		Then Routine Work - Marana Yoga					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Vyaghata* Yoga Kaulava/Tailita Karana Navami/Dashmyam Titau				Dushanbe, Tajikastan Sun 23 Sutra 216 Vilamba 5120
	Kumbha Rasi: 15.29	Tithi 9 – 10	Gulika 8:09AM – 9:24AM Yama 2:26PM – 3:42PM Rahu 10:40AM – 11:55AM	Shatabhishak Until 2:47PM Vyaghata* Until 7:29PM Tailita Until 1:23AM Sun Navami* Until 12:27PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Purple Karttika-Karttikai	Sunrise: 8:09AM Sunset: 6:13PM	Moon 10 - Phase 30 4th Phase Devaloka Day
Creative Work Amrita Yoga Until 2:47PM Then Routine Work - Marana Yoga							

2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikastan Sun 24 Sutra 217 Vilamba 5120
	Kumbha Rasi: 27.38	Tithi 10 – 11	Gulika 3:41PM – 4:57PM Yama 1:11PM – 2:26PM Rahu 4:57PM – 6:12PM	Purvaprossthapada* Until 5:02PM Harshana Until 7:32PM Vanija Until 2:41AM Mon Dashami Until 2:06PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 8:10AM Sunset: 6:12PM	Moon 10 - Phase 30 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 5:02PM Then Creative Work - Amrita Yoga							

3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikastan Sun 25 Sutra 218 Vilamba 5120
	Meena Rasi: 10.05	Tithi 11 – 12	Gulika 2:26PM – 3:41PM Yama 11:56AM – 1:11PM Rahu 9:26AM – 10:41AM	Uttaraprossthapada Until 6:25PM Vajra* Until 7:00PM Bava Until 3:15AM Tue Ekadashi Until 3:02PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 8:11AM Sunset: 6:11PM	Moon 10 - Phase 30 4th Phase Devaloka Day
Creative Work Siddha Yoga							

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikastan Sun 26 Sutra 219 Vilamba 5120
	Meena Rasi: 22.52	Tithi 12 – 13	Gulika 1:11PM – 2:26PM Yama 10:42AM – 11:57AM Rahu 3:41PM – 4:56PM	Revati Until 6:56PM Siddhi Until 5:53PM Kaulava Until 3:03AM Wed Dvadashi Until 3:13PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 8:12AM Sunset: 6:11PM	Moon 10 - Phase 30 4th Phase Devaloka Day
Creative Work Siddha Yoga <i>Pradosha Vrata</i>							

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyalipata*/Variyan Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikastan Sun 27 Sutra 220 Vilamba 5120
	Mesha Rasi: 6.01	Tithi 13 – 14	Gulika 11:57AM – 1:12PM Yama 9:28AM – 10:42AM Rahu 1:12PM – 2:26PM	Ashvini Until 7:03PM Vyatipata* Until 4:13PM Gara Until 2:10AM Thu Trayodashi Until 2:40PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Karttika-Karttikai	Sunrise: 8:13AM Sunset: 6:10PM	Moon 10 - Phase 30 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM
Routine Work Marana Yoga Until 7:03PM Then Creative Work - Siddha Yoga							

○	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikastan Sun 28 Sutra 221 Vilamba 5120
	Mesha Rasi: 19.32	Tithi 14 – 15	Gulika 10:43AM – 11:58AM Yama 8:14AM – 9:29AM Rahu 2:26PM – 3:41PM	Bharani Until 6:23PM Variyan Until 2:01PM Visti Until 12:40AM Fri Chaturdashi* Until 1:28PM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Karttika-Karttikai	Sunrise: 8:14AM Sunset: 6:09PM	Moon 10 - Phase 30 Purnima Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 6:23PM Then Routine Work - Marana Yoga							

○	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikastan Sun 29 Sutra 222 Vilamba 5120
	Vrishabha Rasi: 3.24	Tithi 15 – 16	Gulika 9:30AM – 10:44AM Yama 3:41PM – 4:55PM Rahu 11:58AM – 1:12PM	Krittika Until 5:05PM Parigha* Until 11:25AM Balava Until 10:42PM Purnima* Until 11:43AM	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Karttika-Karttikai	Sunrise: 8:15AM Sunset: 6:09PM	Moon 10 - Phase 30 Prathama Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 5:05PM Then Routine Work - Marana Yoga Krittika Deepam Vinayaga Viratam Begins							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikastan

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrshabha Rasi: 17.33 Tihi 16 - 17

737762365

Gulika 8:16AM - 9:30AM
Yama 2:26PM - 3:40PM
Rahu 10:44AM - 11:58AM

Rohini Until 3:42PM
Shiva Until 8:29AM
Taitila Until 8:25PM
Prathama* Until 9:34AM

Ganesha: Red Sunrise: 8:16AM
Muruga: Clear Sunset: 6:08PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga
Until 3:42PM
Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikastan

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 1.53 Tihi 17 - 18

737762365

Gulika 3:40PM - 4:54PM
Yama 1:13PM - 2:27PM
Rahu 4:54PM - 6:08PM

Mrigashira Until 1:56PM
Sadhya Until 2:02AM Mon
Visti Until 4:37AM Mon
Dvitiya Until 7:10AM

Ganesha: Red Sunrise: 8:18AM
Muruga: Clear Sunset: 6:08PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikastan

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 16.19 Tihi 19

737762365

Gulika 2:27PM - 3:40PM
Yama 11:59AM - 1:13PM
Rahu 9:32AM - 10:46AM

Ardra Until 11:57AM
Subha Until 10:45PM
Bava Until 3:21PM
Chaturthi* Until 2:04AM Tue

Ganesha: Red Sunrise: 8:19AM
Muruga: Clear Sunset: 6:08PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 11:57AM
Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikastan

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 0.46 Tihi 20

747762365

Gulika 1:13PM - 2:27PM
Yama 10:47AM - 12:00PM
Rahu 3:40PM - 4:54PM

Punarvasu Until 10:16AM
Sukla Until 7:30PM
Kaulava Until 12:50PM
Panchami Until 11:36PM

Ganesha: Green Sunrise: 8:20AM
Muruga: Clear Sunset: 6:07PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikastan

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 15.07 Tihi 21

747862365

Gulika 12:00PM - 1:14PM
Yama 9:34AM - 10:47AM
Rahu 1:14PM - 2:27PM

Pushya Until 8:34AM
Brahma Until 4:23PM
Gara Until 10:26AM
Shashthi* Until 9:17PM

Ganesha: White Sunrise: 8:21AM
Muruga: Clear Sunset: 6:07PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikastan

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 29.22 Tihi 22

747863365

Gulika 10:48AM - 12:01PM
Yama 8:22AM - 9:35AM
Rahu 2:27PM - 3:40PM

Ashlesha* Until 5:22PM Fri
Indra Until 1:27PM
Visti Until 8:14AM
Saptami Until 7:12PM

Ganesha: White Sunrise: 8:22AM
Muruga: Purple Sunset: 6:07PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga
Until 5:22PM Fri
Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikastan

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 13.28 Tihi 23 - 24

757863365

Gulika 9:36AM - 10:49AM
Yama 3:40PM - 4:53PM
Rahu 12:01PM - 1:14PM

Ashlesha* Until 5:22PM
Vaidhriti* Until 7:68AM Sat
Balava Until 6:17AM
Ashtami* Until 5:22PM

Ganesha: Clear Sunrise: 8:23AM
Muruga: Purple Sunset: 6:06PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Dushanbe, Tajikastan

Sun 7 Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 27.23 Tihi 24 - 25

758863365

Gulika 8:24AM - 9:36AM
Yama 2:28PM - 3:40PM
Rahu 10:49AM - 12:02PM

Uttaraphalguni Until 3:50AM Sun
Vishkambha* Until 8:08AM
Vanija Until 3:09AM Sun
Navami* Until 3:49PM

Ganesha: Orange Sunrise: 8:24AM
Muruga: Purple Sunset: 6:06PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 3:50AM Sun
Then Creative Work - Amrita Yoga

1 Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Dushanbe, Tajikastan Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 11.08	Tithi 25 – 26	Gulika 3:41PM – 4:53PM	Hasta Until 3:30AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 8:25AM	
		Yama 1:15PM – 2:28PM	Ayushman Until 3:43AM Mon	Muruga: Purple <i>Sunset:</i> 6:06PM	Moon 11 - Phase 32
		768863365 Rahu 4:53PM – 6:06PM	Bava Until 2:01AM Mon	Nataraja: White	2nd Phase
Creative Work Amrita Yoga			Dashami Until 2:31PM	Moon – Green	Bhuloka Day
Until 3:30AM Mon				Karttika-Karttikai	
Then Routine Work - Prabalarishta Yoga					

2 Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Dushanbe, Tajikastan Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 24.43	Tithi 26 – 27	Gulika 2:28PM – 3:41PM	Chitra Until 3:20AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 8:25AM	
Family Home Evening		Yama 12:03PM – 1:16PM	Saubhagya Until 1:52AM Tue	Muruga: Purple <i>Sunset:</i> 6:06PM	Moon 11 - Phase 32
Routine Work Prabalarishta Yoga		768863365 Rahu 9:38AM – 10:51AM	Kaulava Until 1:11AM Tue	Nataraja: White	2nd Phase
Until 3:20AM Tue			Ekadashi* Until 1:32PM	Moon – Green	Bhuloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai	

3 Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Dushanbe, Tajikastan Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 8.08	Tithi 27 – 28	Gulika 1:16PM – 2:28PM	Svati Until 3:21AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 8:26AM	
		Yama 10:51AM – 12:04PM	Sobhana Until 12:17AM Wed	Muruga: Purple <i>Sunset:</i> 6:06PM	Moon 11 - Phase 32
		768863365 Rahu 3:41PM – 4:53PM	Gara Until 12:41AM Wed	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 12:52PM	Moon – Green	Bhuloka Day
				Karttika-Karttikai	
				<i>Pradosha Vrata (Fasting)</i>	

4 Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Dushanbe, Tajikastan Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 21.22	Tithi 28 – 29	Gulika 12:04PM – 1:16PM	Vishakha Until 4:03AM Thu	Ganesha: Purple <i>Sunrise:</i> 8:27AM	
		Yama 9:40AM – 10:52AM	Athiganda* Until 11:00PM	Muruga: Purple <i>Sunset:</i> 6:05PM	Moon 11 - Phase 32
		778863365 Rahu 1:16PM – 2:29PM	Visti Until 12:36AM Thu	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 12:34PM	Moon – Orange	Bhuloka Day
				Karttika-Karttikai	

Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Dushanbe, Tajikastan Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika 10:53AM – 12:05PM	Anuradha Until 5:04AM Fri	Ganesha: Purple <i>Sunrise:</i> 8:28AM	
Vrischika Rasi: 4.22	Tithi 29 – 30	Yama 8:28AM – 9:40AM	Sukarma Until 10:04PM	Muruga: Purple <i>Sunset:</i> 6:05PM	Moon 11 - Phase 32
		778863365 Rahu 2:29PM – 3:41PM	Catuspada Until 12:59AM Fri	Nataraja: White	Amavasya
Creative Work Siddha Yoga			Chaturdashi* Until 12:42PM	Moon – Orange	Bhuloka Day
Until 5:04AM Fri				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Dushanbe, Tajikastan Sun 13 Sutra 236 Vilamba 5120
Retreat Star		Gulika 9:41AM – 10:53AM	Jyeshtha* Until 6:25AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 8:29AM	
Vrischika Rasi: 17.09	Tithi 30 – 1	Yama 3:41PM – 4:53PM	Dhriti Until 9:33PM	Muruga: Purple <i>Sunset:</i> 6:05PM	Moon 11 - Phase 32
		779863365 Rahu 12:05PM – 1:17PM	Kintughna Until 1:52AM Sat	Nataraja: White	Prathama
Routine Work Marana Yoga			Amavasya* Until 1:20PM	Moon – Orange	Bhuloka Day
Until 6:25AM Sat				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikastan Sun 23 Sutra 246 Vilamba 5120
1	Meena Rasi: 17.53 Tihti 9 – 10 Family Home Evening Creative Work Siddha Yoga	Gulika 2:33PM – 3:45PM Yama 12:11PM – 1:22PM Rahu 9:48AM – 10:59AM	Revati Until 4:38AM Tue Variyan Until 1:38AM Tue Taitila Until 8:22PM Navami* Until 8:01AM	Ganesh: Purple <i>Sunrise:</i> 8:37AM Muruga: Purple <i>Sunset:</i> 6:07PM Nataraja: White Moon – Clear Margasira*Markali	<i>Sunrise:</i> 8:37AM <i>Sunset:</i> 6:07PM Moon 11 - Phase 34 4th Phase Bhuloka Day	
Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikastan Sun 24 Sutra 247 Vilamba 5120
2	Mesha Rasi: 0.38 Tihti 10 – 11 Creative Work Siddha Yoga	Gulika 1:22PM – 2:34PM Yama 11:00AM – 12:11PM Rahu 3:45PM – 4:56PM	Ashvini Until 5:09AM Wed Parigha* Until 12:21AM Wed Vanija Until 8:26PM Dashami Until 8:29AM	Ganesh: Clear <i>Sunrise:</i> 8:37AM Muruga: Purple <i>Sunset:</i> 6:07PM Nataraja: White Moon – White Margasira*Markali	<i>Sunrise:</i> 8:37AM <i>Sunset:</i> 6:07PM Moon 11 - Phase 34 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikastan Sun 25 Sutra 248 Vilamba 5120
3	Mesha Rasi: 13.48 Tihti 11 – 12 Creative Work Siddha Yoga Until 4:43AM Thu Then Routine Work - Marana Yoga	Gulika 12:12PM – 1:23PM Yama 9:49AM – 11:01AM Rahu 1:23PM – 2:34PM	Bharani Until 4:43AM Thu Shiva Until 10:26PM Bava Until 7:40PM Ekadashi Until 8:08AM	Ganesh: Clear <i>Sunrise:</i> 8:38AM Muruga: Purple <i>Sunset:</i> 6:08PM Nataraja: White Moon – White Margasira*Markali	<i>Sunrise:</i> 8:38AM <i>Sunset:</i> 6:08PM Moon 11 - Phase 34 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikastan Sun 26 Sutra 249 Vilamba 5120
4	Mesha Rasi: 27.23 Tihti 12 – 13 Routine Work Marana Yoga	Gulika 11:01AM – 12:12PM Yama 8:39AM – 9:50AM Rahu 2:35PM – 3:46PM	Krittika Until 3:28AM Fri Siddha Until 7:56PM Kaulava Until 6:09PM Dvadashi Until 6:59AM	Ganesh: Clear <i>Sunrise:</i> 8:39AM Muruga: Purple <i>Sunset:</i> 6:08PM Nataraja: White Moon – White Margasira*Markali	<i>Sunrise:</i> 8:39AM <i>Sunset:</i> 6:08PM Moon 11 - Phase 34 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM	
<i>Pradosha Vrata</i>						
Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikastan Sun 27 Sutra 250 Vilamba 5120
5	Vrishabha Rasi: 11.25 Tihti 14 Routine Work Marana Yoga Until 1:54AM Sat Then Creative Work - Siddha Yoga	Gulika 9:50AM – 11:02AM Yama 3:46PM – 4:58PM Rahu 12:13PM – 1:24PM	Rohini Until 1:54AM Sat Sadhya Until 4:56PM Gara Until 4:00PM Chaturdashi* Until 2:43AM Sat	Ganesh: White <i>Sunrise:</i> 8:39AM Muruga: Purple <i>Sunset:</i> 6:09PM Nataraja: White Moon – Yellow Margasira*Markali	<i>Sunrise:</i> 8:39AM <i>Sunset:</i> 6:09PM Moon 11 - Phase 34 4th Phase Bhuloka Day	
Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikastan Sutra 251 Vilamba 5120
○	Copper Retreat Star Vrishabha Rasi: 25.48 Tihti 15 Creative Work Siddha Yoga	Gulika 8:40AM – 9:51AM Yama 2:36PM – 3:47PM Rahu 11:02AM – 12:13PM	Mrigashira Until 11:47PM Subha Until 1:32PM Visti Until 1:21PM Purnima* Until 11:52PM	Ganesh: White <i>Sunrise:</i> 8:40AM Muruga: Purple <i>Sunset:</i> 6:09PM Nataraja: White Moon – Yellow Margasira*Markali	<i>Sunrise:</i> 8:40AM <i>Sunset:</i> 6:09PM Moon 11 - Phase 34 Purnima Bhuloka Day	
Sunday, December 23, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikastan Sutra 252 Vilamba 5120
○	Silver Retreat Star Mithuna Rasi: 10.29 Tihti 16 Creative Work Siddha Yoga	Gulika 3:47PM – 4:59PM Yama 1:25PM – 2:36PM Rahu 4:59PM – 6:10PM	Ardra Until 9:15PM Sukla Until 9:51AM Balava Until 10:21AM Prathama* Until 8:45PM	Ganesh: Yellow <i>Sunrise:</i> 8:40AM Muruga: Purple <i>Sunset:</i> 6:10PM Nataraja: White Moon – Yellow Margasira*Markali	<i>Sunrise:</i> 8:40AM <i>Sunset:</i> 6:10PM Moon 11 - Phase 34 Prathama Bhuloka Day Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Dushanbe, Tajikastan

Punarvasu Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 253

Mithuna Rasi: 25.2 Tihi 17 - 18

Gulika 2:37PM - 3:48PM

Punarvasu Until 6:53PM

Ganesha: Blue Sunrise: 8:41AM

Vilamba 5120

Family Home Evening

841963365

Yama 12:14PM - 1:25PM

Brahma Until 6:00AM

Muruga: Purple Sunset: 6:10PM

Moon 12 - Phase 35

Creative Work Amrita Yoga

Rahu 9:52AM - 11:03AM

Taitila Until 7:09AM

Nataraja: White

1st Phase

Until 6:53PM

Day 4 of Pancha Ganapati

Dvitiya Until 5:31PM

Moon - Blue

Devaloka Day

Then Creative Work - Siddha Yoga

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Dushanbe, Tajikastan

Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 254

Kataka Rasi: 10.13 Tihi 18 - 19

Gulika 1:26PM - 2:37PM

Pushya Until 4:25PM

Ganesha: Blue Sunrise: 8:41AM

Vilamba 5120

Creative Work Siddha Yoga

841963365

Yama 11:04AM - 12:15PM

Vaidhriti* Until 10:18PM

Muruga: Purple Sunset: 6:11PM

Moon 12 - Phase 35

Until 6:53PM

Day 5 of Pancha Ganapati

Bava Until 12:47AM Wed

Nataraja: White

1st Phase

Devaloka Day

Then Creative Work - Siddha Yoga

Day 5 of Pancha Ganapati

Tritiya Until 2:19PM

Moon - Blue

Margasira*Markali

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Dushanbe, Tajikastan

Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 255

Kataka Rasi: 25.01 Tihi 19 - 20

Gulika 12:15PM - 1:26PM

Ashlesha* Until 1:59PM

Ganesha: Yellow Sunrise: 8:41AM

Vilamba 5120

Creative Work Siddha Yoga

842963366

Yama 9:53AM - 11:04AM

Vishkambha* Until 1:59PM

Muruga: Purple Sunset: 6:12PM

Moon 12 - Phase 35

Until 6:53PM

Day 5 of Pancha Ganapati

Kaulava Until 9:52PM

Nataraja: Green

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Dushanbe, Tajikastan

Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 256

Simha Rasi: 9.38 Tihi 20 - 21

Gulika 11:04AM - 12:16PM

Magha* Until 12:08PM

Ganesha: Blue Sunrise: 8:42AM

Vilamba 5120

Creative Work Amrita Yoga

852963366

Yama 8:42AM - 9:53AM

Priti Until 3:17PM

Muruga: Purple Sunset: 6:12PM

Moon 12 - Phase 35

Until 12:08PM

Day 5 of Pancha Ganapati

Gara Until 7:18PM

Nataraja: Green

1st Phase

Bhuloka Day

Then Creative Work - Siddha Yoga

Day 5 of Pancha Ganapati

Panchami Until 8:31AM

Moon - Red

Margasira*Markali

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Dushanbe, Tajikastan

Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 257

Simha Rasi: 23.58 Tihi 21 - 22

Gulika 9:53AM - 11:05AM

Purvaphalguni Until 10:33AM

Ganesha: Blue Sunrise: 8:42AM

Vilamba 5120

Creative Work Siddha Yoga

852963366

Yama 3:50PM - 5:02PM

Ayushman Until 12:14PM

Muruga: Purple Sunset: 6:13PM

Moon 12 - Phase 35

Until 6:53PM

Day 5 of Pancha Ganapati

Bava Until 4:16AM Sat

Nataraja: Green

1st Phase

Bhuloka Day

Moon - Red

Margasira*Markali

Saturday, December 29, 2018

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Dushanbe, Tajikastan

Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 258

Kanya Rasi: 8.01 Tihi 23

Gulika 8:42AM - 9:54AM

Uttaraphalguni Until 9:17AM

Ganesha: Blue Sunrise: 8:42AM

Vilamba 5120

Routine Work Marana Yoga

852963366

Yama 2:39PM - 3:51PM

Saubhagya Until 9:35AM

Muruga: Purple Sunset: 6:14PM

Moon 12 - Phase 35

Until 6:53PM

Day 5 of Pancha Ganapati

Balava Until 3:32PM

Nataraja: Green

Ashtami

Bhuloka Day

Ashtami* Until 2:54AM Sun

Moon - Red

Margasira*Markali

Sunday, December 30, 2018

6

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Dushanbe, Tajikastan

Hasta/Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Sun 7 Sutra 259

Kanya Rasi: 21.43 Tihi 24

Gulika 3:51PM - 5:03PM

Hasta Until 8:50AM

Ganesha: Red Sunrise: 8:43AM

Vilamba 5120

Creative Work Amrita Yoga

862963366

Yama 1:28PM - 2:40PM

Sobhana Until 7:22AM

Muruga: Purple Sunset: 6:14PM

Moon 12 - Phase 35

Until 8:50AM

Day 5 of Pancha Ganapati

Taitila Until 2:26PM

Nataraja: Green

Navami

Bhuloka Day

Then Creative Work - Siddha Yoga

Day 5 of Pancha Ganapati

Navami* Until 2:04AM Mon

Moon - Green

Margasira*Markali

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikastan Sun 8 Sutra 260 Vilamba 5120
1		Gulika 2:40PM – 3:52PM	Chitra Until 8:46AM	Ganesh: Red <i>Sunrise:</i> 8:43AM		
Tula Rasi: 5.08	Tithi 25	Yama 12:17PM – 1:29PM	Sukarma Until 4:09AM Tue	Muruga: Purple <i>Sunset:</i> 6:15PM		Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 9:54AM – 11:06AM	Vanija Until 1:52PM	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 1:45AM Tue	Moon – Green	Bhuloka Day	
Until 8:46AM				Margasira-Markali	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga						

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikastan Sun 9 Sutra 261 Vilamba 5120
2		Gulika 1:29PM – 2:41PM	Svati Until 9:03AM	Ganesh: Red <i>Sunrise:</i> 8:43AM		
Tula Rasi: 18.16	Tithi 26	Yama 11:06AM – 12:18PM	Dhriti Until 3:09AM Wed	Muruga: Purple <i>Sunset:</i> 6:16PM		Moon 12 - Phase 36
	862963366	Rahu 3:53PM – 5:04PM	Bava Until 1:49PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Bava Until 1:49PM	Moon – Green	Bhuloka Day	
Until 9:03AM			Ekadashi* Until 1:58AM Wed	Margasira-Markali	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikastan Sun 10 Sutra 262 Vilamba 5120
3		Gulika 12:18PM – 1:30PM	Vishakha Until 10:08AM	Ganesh: Green <i>Sunrise:</i> 8:43AM		
Vrischika Rasi: 1.08	Tithi 27	Yama 9:55AM – 11:07AM	Shula* Until 2:31AM Thu	Muruga: Purple <i>Sunset:</i> 6:17PM		Moon 12 - Phase 36
	872963366	Rahu 1:30PM – 2:42PM	Kaulava Until 2:17PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:40AM Thu	Moon – Orange	Bhuloka Day	
				Margasira-Markali		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikastan Sun 11 Sutra 263 Vilamba 5120
4		Gulika 11:07AM – 12:19PM	Anuradha Until 11:31AM	Ganesh: Green <i>Sunrise:</i> 8:43AM		
Vrischika Rasi: 13.46	Tithi 28	Yama 8:43AM – 9:55AM	Ganda* Until 2:14AM Fri	Muruga: Purple <i>Sunset:</i> 6:17PM		Moon 12 - Phase 36
	872963366	Rahu 2:42PM – 3:54PM	Gara Until 3:13PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:51AM Fri	Moon – Orange	Bhuloka Day	
Until 11:31AM				Margasira-Markali		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikastan Sun 12 Sutra 264 Vilamba 5120
5		Gulika 9:55AM – 11:07AM	Jyeshtha* Until 1:12PM	Ganesh: Green <i>Sunrise:</i> 8:43AM		
Vrischika Rasi: 26.13	Tithi 29	Yama 3:55PM – 5:06PM	Vriddhi Until 2:19AM Sat	Muruga: Purple <i>Sunset:</i> 6:18PM		Moon 12 - Phase 36
	872963366	Rahu 12:19PM – 1:31PM	Visti Until 4:37PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 5:28AM Sat	Moon – Orange	Bhuloka Day	
Until 1:12PM				Margasira-Markali		
Then Creative Work - Amrita Yoga						

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada* Karana Amavasyayam Titau				Dushanbe, Tajikastan Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika 8:44AM – 9:55AM	Mula* Until 3:36PM	Ganesh: White <i>Sunrise:</i> 8:44AM		
Dhanus Rasi: 8.28	Tithi 30	Yama 2:43PM – 3:55PM	Dhruva Until 2:40AM Sun	Muruga: Purple <i>Sunset:</i> 6:19PM		Moon 12 - Phase 36
	882963366	Rahu 11:07AM – 12:19PM	Catuspada Until 6:27PM	Nataraja: Green		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 7:29AM Sun	Moon – Light Blue	Bhuloka Day	
		Subramuniyaswami Jayanti		Margasira-Markali		

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prahamayam Titau				Dushanbe, Tajikastan Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika 3:56PM – 5:08PM	Purvashadha* Until 6:13PM	Ganesh: White <i>Sunrise:</i> 8:44AM		
Dhanus Rasi: 20.34	Tithi 30 – 1	Yama 1:32PM – 2:44PM	Vyaghata* Until 3:18AM Mon	Muruga: Clear <i>Sunset:</i> 6:20PM		Moon 12 - Phase 36
	882973366	Rahu 5:08PM – 6:20PM	Kintughna Until 8:39PM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 7:29AM	Moon – Light Blue	Bhuloka Day	
Until 6:13PM		Partial Solar Eclipse		Pausha-Markali	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikastan Sun 15 Sutra 267 Vilamba 5120
1		Gulika 2:44PM – 3:57PM	Uttarashadha Until 8:56PM	Ganesh: White	<i>Sunrise:</i> 8:44AM	
Makara Rasi: 2.31	Tithi 1 – 2	Yama 12:20PM – 1:32PM	Harshana Until 4:09AM Tue	Muruga: Clear	<i>Sunset:</i> 6:21PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 9:56AM – 11:08AM	Balava Until 11:09PM	Nataraja: Green		3rd Phase
Routine Work Marana Yoga			Prathama* Until 9:50AM	Moon – Light Blue		
Until 8:56PM				Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikastan Sun 16 Sutra 268 Vilamba 5120
2		Gulika 1:33PM – 2:45PM	Shravana Until 12:12AM Wed	Ganesh: Red	<i>Sunrise:</i> 8:43AM	
Makara Rasi: 14.22	Tithi 2 – 3	Yama 11:08AM – 12:20PM	Vajra* Until 5:06AM Wed	Muruga: Clear	<i>Sunset:</i> 6:22PM	Moon 12 - Phase 37
	893973366	Rahu 3:57PM – 5:10PM	Taitila Until 1:50AM Wed	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 12:27PM	Moon – Purple		
Until 12:12AM Wed				Pausha-Markali	Devaloka Day	
Then Routine Work - Prabalarishta Yoga						

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Dushanbe, Tajikastan Sun 17 Sutra 269 Vilamba 5120
3		Gulika 12:21PM – 1:33PM	Dhanishtha Until 3:22AM Thu	Ganesh: Red	<i>Sunrise:</i> 8:43AM	
Makara Rasi: 26.1	Tithi 3 – 4	Yama 9:56AM – 11:08AM	Siddhi Until 6:06AM Thu	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 12 - Phase 37
	893973366	Rahu 1:33PM – 2:46PM	Vanija Until 4:36AM Thu	Nataraja: Green		3rd Phase
Routine Work Prabalarishta Yoga			Tritiya Until 3:12PM	Moon – Purple		
Until 3:22AM Thu				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikastan Sun 18 Sutra 270 Vilamba 5120
4		Gulika 11:08AM – 12:21PM	Shatabhishak Until 6:16AM Fri	Ganesh: Red	<i>Sunrise:</i> 8:43AM	
Kumbha Rasi: 7.57	Tithi 4 – 5	Yama 8:43AM – 9:56AM	Siddhi Until 6:06AM	Muruga: Clear	<i>Sunset:</i> 6:24PM	Moon 12 - Phase 37
	893973366	Rahu 2:46PM – 3:59PM	Bava Until 7:15AM Fri	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 5:55PM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikastan Sun 19 Sutra 271 Vilamba 5120
5		Gulika 9:56AM – 11:09AM	Shatabhishak Until 6:16AM	Ganesh: Red	<i>Sunrise:</i> 8:43AM	
Kumbha Rasi: 19.47	Tithi 5	Yama 3:59PM – 5:12PM	Vyatipata* Until 7:01AM	Muruga: Clear	<i>Sunset:</i> 6:25PM	Moon 12 - Phase 37
	893973366	Rahu 12:21PM – 1:34PM	Bava Until 7:15AM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Panchami Until 8:27PM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Dushanbe, Tajikastan Sun 20 Sutra 272 Vilamba 5120
6		Gulika 8:43AM – 9:56AM	Purvaproshtapada* Until 9:14AM	Ganesh: Clear	<i>Sunrise:</i> 8:43AM	
Meena Rasi: 1.42	Tithi 6	Yama 2:47PM – 4:00PM	Variyan Until 7:43AM	Muruga: Clear	<i>Sunset:</i> 6:26PM	Moon 12 - Phase 37
	813973366	Rahu 11:09AM – 12:21PM	Kaulava Until 9:37AM	Nataraja: Green		3rd Phase
Routine Work Marana Yoga			Shashthi* Until 10:37PM	Moon – Clear		
Until 9:14AM				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikastan Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 4:01PM – 5:14PM	Uttaraproshtapada Until 11:37AM	Ganesh: Clear	<i>Sunrise:</i> 8:43AM	
Meena Rasi: 13.47	Tithi 7	Yama 1:35PM – 2:48PM	Parigha* Until 8:06AM	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 12 - Phase 37
	813973366	Rahu 5:14PM – 6:27PM	Gara Until 11:32AM	Nataraja: Green		3rd Phase
Creative Work Amrita Yoga			Saptami Until 12:15AM Mon	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikastan Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 2:48PM – 4:01PM	Revati Until 1:14PM	Ganesh: Clear	<i>Sunrise:</i> 8:42AM	
Meena Rasi: 26.07	Tithi 8	Yama 12:22PM – 1:35PM	Shiva Until 8:02AM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 12 - Phase 37
Family Home Evening	813973366	Rahu 9:56AM – 11:09AM	Visti Until 12:49PM	Nataraja: Green		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 1:10AM Tue	Moon – Clear		
				Pausha-Thai	Devaloka Day	
		Thai Pongal				

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikastan Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 1:35PM – 2:49PM	Ashvini Until 2:28PM	Ganesh: Purple	<i>Sunrise:</i> 8:42AM	
Mesha Rasi: 8.46	Tithi 9	Yama 11:09AM – 12:22PM	Siddha Until 7:23AM	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 12 - Phase 37
	823973366	Rahu 4:02PM – 5:15PM	Balava Until 1:21PM	Nataraja: Green		Navami
Creative Work Siddha Yoga			Navami* Until 1:18AM Wed	Moon – White		
				Pausha-Thai	Sivaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


1		Wednesday, January 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dashamyam Titau		Dushanbe, Tajikastan Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 21.49	Tithi 10	Gulika	12:22PM – 1:36PM	Bharani Until 2:43PM	Ganesha: Blue	<i>Sunrise:</i> 8:42AM			
		Yama	9:55AM – 11:09AM	Sadhya Until 6:08AM	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 12 - Phase 38		
		823173366 Rahu	1:36PM – 2:49PM	Tailila Until 1:04PM	Nataraja: Green		4th Phase		
Creative Work	Siddha Yoga					Moon – White	Sivaloka Day		
Until 2:43PM						Pausha*Thai			
Then Creative Work - Amrita Yoga									

2		Thursday, January 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Dushanbe, Tajikastan Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 5.17	Tithi 11	Gulika	11:09AM – 12:22PM	Krittika Until 2:02PM	Ganesha: Blue	<i>Sunrise:</i> 8:41AM			
		Yama	8:41AM – 9:55AM	Sukla Until 1:43AM Fri	Muruga: Clear	<i>Sunset:</i> 6:31PM	Moon 12 - Phase 38		
		823173366 Rahu	2:50PM – 4:04PM	Vanija Until 11:57AM	Nataraja: Green		4th Phase		
Routine Work	Marana Yoga					Moon – White	Sivaloka Day		
						Pausha*Thai			

3		Friday, January 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvodashyam Titau		Dushanbe, Tajikastan Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 19.14	Tithi 12	Gulika	9:55AM – 11:09AM	Rohini Until 12:54PM	Ganesha: Yellow	<i>Sunrise:</i> 8:41AM			
		Yama	4:04PM – 5:18PM	Brahma Until 10:37PM	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 12 - Phase 38		
		823173366 Rahu	12:23PM – 1:37PM	Bava Until 10:05AM	Nataraja: Green		4th Phase		
Routine Work	Marana Yoga					Moon – Yellow	Devaloka Day		
Until 12:54PM						Pausha*Thai			
Then Creative Work - Siddha Yoga									

4		Saturday, January 19, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau		Dushanbe, Tajikastan Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 3.37	Tithi 13	Gulika	8:41AM – 9:55AM	Mrigashira Until 10:59AM	Ganesha: Yellow	<i>Sunrise:</i> 8:41AM			
		Yama	2:51PM – 4:05PM	Indra Until 7:05PM	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 12 - Phase 38		
		823173366 Rahu	11:09AM – 12:23PM	Kaulava Until 7:33AM	Nataraja: Green		4th Phase		
Creative Work	Siddha Yoga					Moon – Yellow	Devaloka Day		
						Pausha*Thai			

Pradosha Vrata

		Sunday, January 20, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Dushanbe, Tajikastan Sutra 280 Vilamba 5120	
Copper Retreat Star		Gulika	4:06PM – 5:20PM	Ardra Until 8:27AM	Ganesha: Yellow	<i>Sunrise:</i> 8:40AM			
Mithuna Rasi: 18.23	Tithi 14 – 15	Yama	1:37PM – 2:51PM	Vaidhriti* Until 3:09PM	Muruga: Clear	<i>Sunset:</i> 6:34PM	Moon 12 - Phase 38		
		823173366 Rahu	5:20PM – 6:34PM	Visti Until 1:04AM Mon	Nataraja: Green		Purnima		
Creative Work	Siddha Yoga					Moon – Yellow	Devaloka Day		
						Pausha*Thai			

Monday, January 21, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Dushanbe, Tajikastan Sutra 281 Vilamba 5120	
Kataka Rasi: 3.25	Tithi 15 – 16	Gulika	2:52PM – 4:06PM	Pushya Until 2:55AM Tue	Ganesha: White	<i>Sunrise:</i> 8:40AM			
Family Home Evening		Yama	12:23PM – 1:37PM	Vishkambha* Until 11:01AM	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 12 - Phase 38		
		823173366 Rahu	9:54AM – 11:09AM	Balava Until 9:26PM	Nataraja: Green		Prathama		
Creative Work	Siddha Yoga					Moon – Blue	Sivaloka Day		
						Pausha*Thai			

Total Lunar Eclipse
Thai Pusam



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikastan

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 18.36 Tihi 16 - 17

844173366

Gulika 1:38PM - 2:52PM
Yama 11:08AM - 12:23PM
Rahu 4:07PM - 5:22PM

Ashlesha* Until 11:53PM
Priti Until 6:46AM
Gara Until 3:56AM Wed
Prathama* Until 7:34AM

Ganesha: Clear *Sunrise:* 8:39AM
Muruga: Clear *Sunset:* 6:36PM
Nataraja: Green
Moon - Blue
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikastan

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 3.46 Tihi 18

854173366

Gulika 12:23PM - 1:38PM
Yama 9:53AM - 11:08AM
Rahu 1:38PM - 2:53PM

Magha* Until 9:16PM
Saubhagya Until 10:27PM
Vanija Until 2:12PM
Tritiya Until 12:29AM Thu

Ganesha: Purple *Sunrise:* 8:39AM
Muruga: Clear *Sunset:* 6:37PM
Nataraja: Green
Moon - Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 9:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikastan

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 18.45 Tihi 19

854173366

Gulika 11:08AM - 12:23PM
Yama 8:38AM - 9:53AM
Rahu 2:53PM - 4:08PM

Purvaphalguni Until 6:50PM
Sobhana Until 6:40PM
Bava Until 10:54AM
Chaturthi* Until 9:24PM

Ganesha: Purple *Sunrise:* 8:38AM
Muruga: Clear *Sunset:* 6:39PM
Nataraja: Green
Moon - Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikastan

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 3.26 Tihi 20

954173366

Gulika 9:53AM - 11:08AM
Yama 4:09PM - 5:24PM
Rahu 12:23PM - 1:39PM

Uttaraphalguni Until 4:45PM
Athiganda* Until 3:14PM
Kaulava Until 8:03AM
Panchami Until 6:47PM

Ganesha: Clear *Sunrise:* 8:37AM
Muruga: Clear *Sunset:* 6:40PM
Nataraja: Green
Moon - Red
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 4:45PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikastan

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 17.46 Tihi 21 - 22

964173366

Gulika 8:37AM - 9:52AM
Yama 2:54PM - 4:10PM
Rahu 11:08AM - 12:23PM

Hasta Until 3:31PM
Sukarma Until 12:18PM
Visti Until 4:04AM Sun
Shashthi* Until 4:48PM

Ganesha: Purple *Sunrise:* 8:37AM
Muruga: Clear *Sunset:* 6:41PM
Nataraja: Green
Moon - Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikastan

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Tula Rasi: 1.38 Tihi 22 - 23

964173366

Gulika 4:10PM - 5:26PM
Yama 1:39PM - 2:55PM
Rahu 5:26PM - 6:42PM

Chitra Until 2:51PM
Dhriti Until 9:55AM
Balava Until 3:08AM Mon
Saptami Until 3:30PM

Ganesha: Purple *Sunrise:* 8:36AM
Muruga: Clear *Sunset:* 6:42PM
Nataraja: Green
Moon - Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

D

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikastan

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 15.06 Tihi 23 - 24

964173366

Gulika 2:55PM - 4:11PM
Yama 12:23PM - 1:39PM
Rahu 9:51AM - 11:07AM

Svati Until 2:44PM
Shula* Until 8:06AM
Taitila Until 2:58AM Tue
Ashtami* Until 2:56PM

Ganesha: Purple *Sunrise:* 8:35AM
Muruga: Clear *Sunset:* 6:43PM
Nataraja: Green
Moon - Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 2:44PM

Then Routine Work - Marana Yoga

Tuesday, January 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Vishakha/Anuradha Nakshatra Ganda*/Nridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Dushanbe, Tajikastan

Sun 7 Sutra 289

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 28.1 Tihi 24 - 25

974173366

Gulika 1:39PM - 2:56PM
Yama 11:07AM - 12:23PM
Rahu 4:12PM - 5:28PM

Vishakha Until 3:40PM
Ganda* Until 6:52AM
Vanija Until 3:30AM Wed
Navami* Until 3:07PM

Ganesha: Clear *Sunrise:* 8:34AM
Muruga: Clear *Sunset:* 6:44PM
Nataraja: Green
Moon - Orange
Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 3:40PM

Then Creative Work - Siddha Yoga

1	Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikastan Sun 8 Sutra 290 Vilamba 5120
	Vrischika Rasi: 10.53	Tithi 25 – 26	Gulika 2:23PM – 1:40PM	Anuradha Until 5:06PM	Ganesh: Clear	<i>Sunrise:</i> 8:34AM	
			Yama 9:50AM – 11:07AM	Vriddhi Until 6:12AM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	974173366 Rahu 1:40PM – 2:56PM	Bava Until 4:42AM Thu Dashami Until 4:00PM	Nataraja: Green Moon – Orange		2nd Phase

Devaloka Day

2	Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikastan Sun 9 Sutra 291 Vilamba 5120
	Vrischika Rasi: 23.18	Tithi 26 – 27	Gulika 11:06AM – 12:23PM	Jyeshtha* Until 6:57PM	Ganesh: Clear	<i>Sunrise:</i> 8:33AM	
			Yama 8:33AM – 9:50AM	Dhruva Until 6:00AM	Muruga: Clear	<i>Sunset:</i> 6:47PM	Moon 1 - Phase 40
	Routine Work	Prabalarishta Yoga	974173366 Rahu 2:56PM – 4:13PM	Kaulava Until 6:27AM Fri Ekadashi* Until 5:30PM	Nataraja: Green Moon – Orange		2nd Phase

Devaloka Day

3	Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikastan Sun 10 Sutra 292 Vilamba 5120
	Dhanus Rasi: 5.3	Tithi 27	Gulika 9:50AM – 11:06AM	Mula* Until 9:35PM	Ganesh: White	<i>Sunrise:</i> 8:33AM	
			Yama 4:13PM – 5:30PM	Vyaghata* Until 6:13AM	Muruga: Clear	<i>Sunset:</i> 6:47PM	Moon 1 - Phase 40
	Creative Work	Amrita Yoga	984173366 Rahu 12:23PM – 1:40PM	Kaulava Until 6:27AM Dvadashi* Until 7:28PM	Nataraja: Green Moon – Light Blue		2nd Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4	Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikastan Sun 11 Sutra 293 Vilamba 5120
	Dhanus Rasi: 17.31	Tithi 28	Gulika 8:32AM – 9:49AM	Purvashadha* Until 12:23AM Sun	Ganesh: White	<i>Sunrise:</i> 8:32AM	
			Yama 2:57PM – 4:14PM	Harshana Until 6:47AM	Muruga: Clear	<i>Sunset:</i> 6:48PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	984173366 Rahu 11:06AM – 12:23PM	Gara Until 8:38AM Trayodashi* Until 9:49PM	Nataraja: Green Moon – Light Blue		2nd Phase

Bhuloka Day


Devaloka Time: 12:PM to 3:PM

Pradosha Vrata (Fasting)

5	Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikastan Sun 12 Sutra 294 Vilamba 5120
	Dhanus Rasi: 29.26	Tithi 29	Gulika 4:14PM – 5:32PM	Uttarashadha Until 3:15AM Mon	Ganesh: White	<i>Sunrise:</i> 8:31AM	
			Yama 1:40PM – 2:57PM	Vajra* Until 7:32AM	Muruga: Clear	<i>Sunset:</i> 6:49PM	Moon 1 - Phase 40
	Creative Work	Amrita Yoga	984173366 Rahu 5:32PM – 6:49PM	Visti Until 11:06AM Chaturdashi* Until 12:24AM Mon	Nataraja: Green Moon – Light Blue		2nd Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

	Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikastan Sun 13 Sutra 295 Vilamba 5120
	Retreat Star		Gulika 2:58PM – 4:15PM	Shravana Until 6:32AM Tue	Ganesh: Red	<i>Sunrise:</i> 8:30AM	
	Makara Rasi: 11.16	Tithi 30	Yama 12:23PM – 1:40PM	Siddhi Until 8:27AM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 1 - Phase 40
	Family Home Evening		995173367 Rahu 9:48AM – 11:05AM	Catuspada Until 1:46PM Amavasya* Until 3:06AM Tue	Nataraja: White Moon – Purple		Amavasya

Devaloka Day

	Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikastan Sun 14 Sutra 296 Vilamba 5120
	Retreat Star		Gulika 1:40PM – 2:58PM	Shravana Until 6:32AM	Ganesh: Red	<i>Sunrise:</i> 8:29AM	
	Makara Rasi: 23.04	Tithi 1	Yama 11:05AM – 12:23PM	Vyatipata* Until 9:27AM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	995173367 Rahu 4:16PM – 5:33PM	Kintughna Until 4:29PM Prathama* Until 5:48AM Wed	Nataraja: White Moon – Purple		Prathama

Devaloka Day

1		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava Karana Dvitiyayam Titau		Dushanbe, Tajikastan Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 4.52	Tithi 2	Gulika	12:22PM – 1:40PM	Dhanishtha Until 9:39AM	Ganesha: Red	<i>Sunrise:</i> 8:28AM			
		Yama	9:46AM – 11:04AM	Variyan Until 10:24AM	Muruga: Clear	<i>Sunset:</i> 6:52PM		Moon 1 - Phase 41	
		995173367 Rahu	1:40PM – 2:58PM	Balava Until 7:09PM	Nataraja: White			3rd Phase	
Routine Work	Prabalarishta Yoga			Dvitiya Until 8:25AM Thu	Moon – Purple			Devaloka Day	
Until 9:39AM					Magha-Thai				
Then Creative Work - Siddha Yoga									

2		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Dushanbe, Tajikastan Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 16.41	Tithi 2 – 3	Gulika	11:04AM – 12:22PM	Shatabhishak Until 12:30PM	Ganesha: Red	<i>Sunrise:</i> 8:27AM			
		Yama	8:27AM – 9:46AM	Parigha* Until 11:18AM	Muruga: Clear	<i>Sunset:</i> 6:53PM		Moon 1 - Phase 41	
		995173367 Rahu	2:59PM – 4:17PM	Taitila Until 9:40PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 8:25AM	Moon – Purple			Devaloka Day	
					Magha-Thai				

3		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Dushanbe, Tajikastan Sun 17 Sutra 299 Vilamba 5120	
Kumbha Rasi: 28.35	Tithi 3 – 4	Gulika	9:45AM – 11:03AM	Purvaproshtapada* Until 3:29PM	Ganesha: Blue	<i>Sunrise:</i> 8:26AM			
		Yama	4:17PM – 5:36PM	Shiva Until 12:03PM	Muruga: Clear	<i>Sunset:</i> 6:54PM		Moon 1 - Phase 41	
		915173367 Rahu	12:22PM – 1:40PM	Vanija Until 11:57PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Tritiya Until 10:50AM	Moon – Clear			Sivaloka Day	
					Magha-Thai				

4		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Dushanbe, Tajikastan Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 11	Tithi 4 – 5	Gulika	8:25AM – 9:44AM	Uttaraproshtapada Until 6:01PM	Ganesha: Blue	<i>Sunrise:</i> 8:25AM			
		Yama	2:59PM – 4:18PM	Siddha Until 12:33PM	Muruga: Clear	<i>Sunset:</i> 6:56PM		Moon 1 - Phase 41	
		915173367 Rahu	11:03AM – 12:22PM	Bava Until 1:54AM Sun	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Chaturthi* Until 12:57PM	Moon – Clear			Sivaloka Day	
Until 6:01PM					Magha-Thai				
Then Routine Work - Prabalarishta Yoga									

5		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Dushanbe, Tajikastan Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 22.44	Tithi 5 – 6	Gulika	4:19PM – 5:38PM	Revati Until 7:59PM	Ganesha: Red	<i>Sunrise:</i> 8:24AM			
		Yama	1:41PM – 3:00PM	Sadhya Until 12:47PM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Moon 1 - Phase 41	
		915273367 Rahu	5:38PM – 6:57PM	Kaulava Until 3:23AM Mon	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga			Panchami Until 2:41PM	Moon – Clear			Devaloka Day	
Until 7:59PM					Magha-Thai				
Then Creative Work - Siddha Yoga									

6		Monday, February 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Dushanbe, Tajikastan Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 5.05	Tithi 6 – 7	Gulika	3:00PM – 4:19PM	Ashvini Until 9:45PM	Ganesha: Blue	<i>Sunrise:</i> 8:23AM			
Family Home Evening		Yama	12:21PM – 1:41PM	Subha Until 12:38PM	Muruga: Clear	<i>Sunset:</i> 6:58PM		Moon 1 - Phase 41	
		925273367 Rahu	9:43AM – 11:02AM	Gara Until 4:18AM Tue	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Shashthi* Until 3:54PM	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

		Tuesday, February 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Dushanbe, Tajikastan Sun 21 Sutra 303 Vilamba 5120	
Retreat Star		Gulika	1:41PM – 3:00PM	Bharani Until 10:44PM	Ganesha: Blue	<i>Sunrise:</i> 8:22AM			
Mesha Rasi: 17.41	Tithi 7 – 8	Yama	11:01AM – 12:21PM	Sukla Until 12:00PM	Muruga: Clear	<i>Sunset:</i> 6:59PM		Moon 1 - Phase 41	
		925273367 Rahu	4:20PM – 5:39PM	Visti Until 4:32AM Wed	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Saptami Until 4:29PM	Moon – White			Bhuloka Day	
					Magha-Thai			Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, February 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Dushanbe, Tajikastan Sun 22 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 1	Tithi 8 – 9	Gulika	12:21PM – 1:41PM	Krittika Until 10:52PM	Ganesha: Yellow	<i>Sunrise:</i> 8:21AM			
		Yama	9:41AM – 11:01AM	Brahma Until 10:51AM	Muruga: Clear	<i>Sunset:</i> 7:00PM		Moon 1 - Phase 41	
		926273367 Rahu	1:41PM – 3:00PM	Balava Until 4:02AM Thu	Nataraja: White			Ashtami	
Creative Work	Amrita Yoga			Ashtami* Until 4:22PM	Moon – White			Devaloka Day	
Until 10:52PM					Magha-Masi				
Then Creative Work - Siddha Yoga									

Retreat Star		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Dushanbe, Tajikastan Sun 23 Sutra 305 Vilamba 5120	
Vrishabha Rasi: 13.54	Tithi 9 – 10	Gulika	11:00AM – 12:20PM	Rohini Until 10:33PM	Ganesha: White	<i>Sunrise:</i> 8:20AM			
		Yama	8:20AM – 9:40AM	Indra Until 9:07AM	Muruga: Clear	<i>Sunset:</i> 7:01PM		Moon 1 - Phase 41	
		936273367 Rahu	3:01PM – 4:21PM	Taitila Until 2:45AM Fri	Nataraja: White			Navami	
Routine Work	Marana Yoga			Navami* Until 3:28PM	Moon – Yellow			Sivaloka Day	
					Magha-Masi				

1	Friday, February 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 306 Vilamba 5120	
	Vrishabha Rasi: 27.38	Titithi 10 – 11	936273367	Gulika 9:39AM – 11:00AM Yama 4:21PM – 5:42PM Rahu 12:20PM – 1:41PM	Mrigashira Until 9:22PM Vaidhriti* Until 6:45AM Vanija Until 12:45AM Sat Dashami Until 9:07AM	Ganesh: White Sunrise: 8:19AM Muruga: Clear Sunset: 7:02PM Nataraja: White Moon – Yellow Magha-Masi	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Sivaloka Day
								Sivaloka Day

2	Saturday, February 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 307 Vilamba 5120	
	Mithuna Rasi: 11.49	Titithi 11 – 12	936273367	Gulika 8:18AM – 9:38AM Yama 3:01PM – 4:22PM Rahu 10:59AM – 12:20PM	Ardra Until 7:23PM Priti Until 12:26AM Sun Bava Until 10:07PM Ekadashi Until 11:30AM	Ganesh: White Sunrise: 8:18AM Muruga: Clear Sunset: 7:03PM Nataraja: White Moon – Yellow Magha-Masi	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Sivaloka Day
								Sivaloka Day

3	Sunday, February 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 308 Vilamba 5120	
	Mithuna Rasi: 26.25	Titithi 12 – 13	946273367	Gulika 4:23PM – 5:44PM Yama 1:41PM – 3:02PM Rahu 5:44PM – 7:05PM	Punarvasu Until 5:09PM Ayushman Until 8:36PM Kaulava Until 6:58PM Dvadashi Until 8:35AM	Ganesh: Clear Sunrise: 8:17AM Muruga: Clear Sunset: 7:05PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Devaloka Day
								Devaloka Day

Pradosha Vrata

4	Monday, February 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 309 Vilamba 5120	
	Kataka Rasi: 11.22	Titithi 14	946273367	Gulika 3:02PM – 4:23PM Yama 12:19PM – 1:40PM Rahu 9:37AM – 10:58AM	Pushya Until 2:24PM Saubhagya Until 4:29PM Gara Until 3:27PM Chaturdashi* Until 1:35AM Tue	Ganesh: Clear Sunrise: 8:15AM Muruga: Clear Sunset: 7:06PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 4th Phase	
	Creative Work Siddha Yoga							Devaloka Day
								Devaloka Day

Chidambaram Abhishekam

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 310 Vilamba 5120		
	Copper Retreat Star		Kataka Rasi: 26.32	Titithi 15	946273367	Gulika 1:40PM – 3:02PM Yama 10:57AM – 12:19PM Rahu 4:24PM – 5:45PM	Ashlesha* Until 11:18AM Sobhana Until 12:12PM Visti Until 11:43AM Purnima* Until 9:48PM	Ganesh: Clear Sunrise: 8:14AM Muruga: Clear Sunset: 7:07PM Nataraja: White Moon – Blue Magha-Masi	Moon 1 - Phase 42 Purnima
	Creative Work Siddha Yoga							Devaloka Day	
								Devaloka Day	

	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 311 Vilamba 5120		
	Silver Retreat Star		Simha Rasi: 11.47	Titithi 16	957273367	Gulika 12:18PM – 1:40PM Yama 9:35AM – 10:57AM Rahu 1:40PM – 3:02PM	Magha* Until 8:24AM Athiganda* Until 7:52AM Balava Until 7:55AM Prathama* Until 6:03PM	Ganesh: Clear Sunrise: 8:13AM Muruga: Clear Sunset: 7:08PM Nataraja: White Moon – Red Magha-Masi	Moon 1 - Phase 42 Prathama
	Creative Work Siddha Yoga							Devaloka Day	
								Devaloka Day	

Until 8:24AM
Then Creative Work - Amrita Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikastan
Sun 1 Sutra 312

Simha Rasi: 26.58 Tihi 17 – 18

Gulika 10:56AM – 12:18PM
Yama 8:12AM – 9:34AM
Rahu 3:02PM – 4:25PM

Uttaraphalguni Until 2:46AM Fri
Dhriti Until 11:40PM
Vanija Until 2:30PM
Dvitiya Until 10:80AM Fri

Ganesha: Clear *Sunrise:* 8:12AM
Muruga: Clear *Sunset:* 7:09PM
Nataraja: White
Moon – Red
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Amrita Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Dushanbe, Tajikastan
Sun 2 Sutra 313

Kanya Rasi: 11.53 Tihi 18 – 19

Gulika 9:33AM – 10:55AM
Yama 4:25PM – 5:47PM
Rahu 12:18PM – 1:40PM

Hasta Until 12:47AM Sat
Shula* Until 8:01PM
Bava Until 9:57PM
Tritiya Until 11:20AM

Ganesha: White *Sunrise:* 8:10AM
Muruga: Clear *Sunset:* 7:10PM
Nataraja: White
Moon – Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 12:47AM Sat

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikastan
Sun 3 Sutra 314

Kanya Rasi: 26.27 Tihi 19 – 20

Gulika 8:09AM – 9:32AM
Yama 3:03PM – 4:25PM
Rahu 10:54AM – 12:17PM

Chitra Until 11:16PM
Ganda* Until 4:53PM
Kaulava Until 7:38PM
Chaturthi* Until 8:41AM

Ganesha: White *Sunrise:* 8:09AM
Muruga: Clear *Sunset:* 7:11PM
Nataraja: White
Moon – Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikastan
Sun 4 Sutra 315

Tula Rasi: 10.34 Tihi 20 – 21

Gulika 4:26PM – 5:49PM
Yama 1:40PM – 3:03PM
Rahu 5:49PM – 7:12PM

Svati Until 10:21PM
Vridhi Until 2:20PM
Gara Until 6:03PM
Panchami Until 6:43AM

Ganesha: White *Sunrise:* 8:08AM
Muruga: Clear *Sunset:* 7:12PM
Nataraja: White
Moon – Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 10:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikastan
Sun 5 Sutra 316

Tula Rasi: 24.11 Tihi 22

Gulika 3:03PM – 4:26PM
Yama 12:16PM – 1:40PM
Rahu 9:30AM – 10:53AM

Vishakha Until 10:34PM
Dhruva Until 12:25PM
Visti Until 5:18PM
Saptami Until 5:14AM Tue

Ganesha: Yellow *Sunrise:* 8:06AM
Muruga: Clear *Sunset:* 7:13PM
Nataraja: White
Moon – Orange
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Family Home Evening Marana Yoga

Until 10:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

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Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikastan
Sun 6 Sutra 317

Vrischika Rasi: 7.2 Tihi 23

Gulika 1:40PM – 3:03PM
Yama 10:52AM – 12:16PM
Rahu 4:27PM – 5:51PM

Anuradha Until 11:29PM
Vyaghata* Until 11:11AM
Balava Until 17:83AM Wed
Ashtami* Until 12:25PM

Ganesha: Yellow *Sunrise:* 8:05AM
Muruga: Clear *Sunset:* 7:14PM
Nataraja: White
Moon – Orange
Magha-Masi

Moon 2 - Phase 43
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 11:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila Karana Navamyam Titau

Dushanbe, Tajikastan
Sun 7 Sutra 318

Vrischika Rasi: 20.04 Tihi 24

Gulika 12:15PM – 1:39PM
Yama 9:28AM – 10:51AM
Rahu 1:39PM – 3:03PM

Jyeshtha* Until 1:01AM Thu
Harshana Until 10:39AM
Taitila Until 6:23PM
Navami* Until 7:08AM Thu

Ganesha: Blue *Sunrise:* 8:04AM
Muruga: Clear *Sunset:* 7:15PM
Nataraja: White
Moon – Orange
Magha-Masi

Moon 2 - Phase 43
Navami

Sivaloka Day

Creative Work Siddha Yoga

1		Thursday, February 28, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Dushanbe, Tajikastan Sun 8 Sutra 319 Vilamba 5120		
Dhanus Rasi: 2.27	Tithi 24 – 25	Gulika	10:51AM – 12:15PM	Mula* Until 3:33AM Fri	Ganesh: Red	<i>Sunrise:</i> 8:02AM				
		Yama	8:02AM – 9:26AM	Vajra* Until 10:39AM	Muruga: Clear	<i>Sunset:</i> 7:16PM	Moon 2 - Phase 44			
		988273367 Rahu	3:04PM – 4:28PM	Vanija Until 7:08AM	Nataraja: White		2nd Phase			
Creative Work	Siddha Yoga					Moon – Light Blue	Devaloka Day			
Until 3:33AM Fri						Magha-Masi				
Then Routine Work - Prabalarishta Yoga										

2		Friday, March 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Dushanbe, Tajikastan Sun 9 Sutra 320 Vilamba 5120		
Dhanus Rasi: 14.33	Tithi 25 – 26	Gulika	9:24AM – 10:49AM	Purvashadha* Until 6:22AM Sat	Ganesh: Red	<i>Sunrise:</i> 7:59AM				
		Yama	4:29PM – 5:53PM	Siddhi Until 11:09AM	Muruga: Clear	<i>Sunset:</i> 7:18PM	Moon 2 - Phase 44			
		988273367 Rahu	12:14PM – 1:39PM	Bava Until 10:19PM	Nataraja: White		2nd Phase			
Routine Work	Prabalarishta Yoga					Moon – Light Blue	Devaloka Day			
Until 6:22AM Sat						Magha-Masi				
Then Routine Work - Marana Yoga										

3		Saturday, March 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Utarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Dushanbe, Tajikastan Sun 10 Sutra 321 Vilamba 5120		
Dhanus Rasi: 26.28	Tithi 26 – 27	Gulika	7:58AM – 9:23AM	Purvashadha* Until 2:15PM Sun	Ganesh: Red	<i>Sunrise:</i> 7:58AM				
		Yama	3:04PM – 4:29PM	Vyatipata* Until 11:59AM	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 2 - Phase 44			
		988273367 Rahu	10:48AM – 12:14PM	Kaulava Until 12:55AM Sun	Nataraja: White		2nd Phase			
Creative Work	Siddha Yoga					Moon – Light Blue	Devaloka Day			
Until 2:15PM Sun						Magha-Masi				
Then Routine Work - Marana Yoga										

4		Sunday, March 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Shravana Nakshatra Variyan/Parigha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikastan Sun 11 Sutra 322 Vilamba 5120		
Makara Rasi: 8.17	Tithi 27 – 28	Gulika	4:29PM – 5:55PM	Purvashadha* Until 2:15PM	Ganesh: Red	<i>Sunrise:</i> 7:57AM				
		Yama	1:38PM – 3:04PM	Variyan Until 12:58PM	Muruga: Clear	<i>Sunset:</i> 7:20PM	Moon 2 - Phase 44			
		988273367 Rahu	5:55PM – 7:20PM	Gara Until 3:39AM Mon	Nataraja: White		2nd Phase			
Creative Work	Amrita Yoga					Moon – Light Blue	Devaloka Day			
Until 12:40PM						Magha-Masi				
Then Routine Work - Marana Yoga										
<i>Pradosha Vrata (Fasting)</i>										

5		Monday, March 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikastan Sun 12 Sutra 323 Vilamba 5120			
Makara Rasi: 20.03	Tithi 28 – 29	Gulika	3:04PM – 4:30PM	Shravana Until 12:40PM	Ganesh: Yellow	<i>Sunrise:</i> 7:55AM					
Family Home Evening		Yama	12:12PM – 1:38PM	Parigha* Until 2:02PM	Muruga: Clear	<i>Sunset:</i> 7:21PM	Moon 2 - Phase 44				
		988273367 Rahu	9:21AM – 10:47AM	Visti Until 6:22AM Tue	Nataraja: White		2nd Phase				
Creative Work	Amrita Yoga					Moon – Purple	Devaloka Day				
Until 12:40PM						Magha-Masi					
Then Creative Work - Siddha Yoga											
		Mahasivaratri (Lunar)		Trayodashi* Until 5:00PM							
		Mahasivaratri (Solar)									

6		Tuesday, March 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Dushanbe, Tajikastan Sun 13 Sutra 324 Vilamba 5120		
Kumbha Rasi: 1.5	Tithi 29	Gulika	1:38PM – 3:04PM	Dhanishtha Until 3:47PM	Ganesh: White	<i>Sunrise:</i> 7:54AM				
		Yama	10:46AM – 12:12PM	Shiva Until 3:03PM	Muruga: Clear	<i>Sunset:</i> 7:22PM	Moon 2 - Phase 44			
		999273367 Rahu	4:30PM – 5:56PM	Visti Until 6:22AM	Nataraja: White		2nd Phase			
Creative Work	Siddha Yoga					Moon – Purple	Bhuloka Day			
Until 3:47PM						Magha-Masi	Devaloka Time: 12:PM to 3:PM			
Then Routine Work - Marana Yoga										

Retreat Star		Wednesday, March 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Dushanbe, Tajikastan Sun 14 Sutra 325 Vilamba 5120		
Kumbha Rasi: 13.4	Tithi 30	Gulika	12:11PM – 1:38PM	Shatabhishak Until 6:33PM	Ganesh: Clear	<i>Sunrise:</i> 7:52AM				
		Yama	9:19AM – 10:45AM	Siddha Until 3:53PM	Muruga: Clear	<i>Sunset:</i> 7:23PM	Moon 2 - Phase 44			
		199273367 Rahu	1:38PM – 3:04PM	Catuspada Until 8:56AM	Nataraja: White		Amavasya			
Creative Work	Siddha Yoga					Moon – Purple	Devaloka Day			
Until 6:33PM						Magha-Masi				
Then Creative Work - Amrita Yoga										

Retreat Star		Thursday, March 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Dushanbe, Tajikastan Sun 15 Sutra 326 Vilamba 5120		
Kumbha Rasi: 25.37	Tithi 1	Gulika	10:44AM – 12:11PM	Purvaproshtapada* Until 9:24PM	Ganesh: Yellow	<i>Sunrise:</i> 7:51AM				
		Yama	7:51AM – 9:17AM	Sadhya Until 4:32PM	Muruga: Clear	<i>Sunset:</i> 7:24PM	Moon 2 - Phase 44			
		119373367 Rahu	3:04PM – 4:31PM	Kintughna Until 11:14AM	Nataraja: White		Prathama			
Creative Work	Siddha Yoga					Moon – Clear	Devaloka Day			
						Phalguna-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau			Dushanbe, Tajikastan Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 7.39	Tithi 2	Gulika	9:16AM – 10:43AM	Uttaraproshtapada Until 11:46PM	Ganesh: Yellow	<i>Sunrise:</i> 7:49AM		
		Yama	4:31PM – 5:58PM	Subha Until 4:58PM	Muruga: Clear	<i>Sunset:</i> 7:25PM		Moon 2 - Phase 45
Creative Work	Siddha Yoga	119373367 Rahu	12:10PM – 1:37PM	Balava Until 1:13PM	Nataraja: White			3rd Phase
				Dvitiya Until 2:04AM Sat	Moon – Clear		Devaloka Day	
					Phalguna-Masi			

2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau			Dushanbe, Tajikastan Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 19.5	Tithi 3	Gulika	7:48AM – 9:15AM	Revati Until 1:38AM Sun	Ganesh: Yellow	<i>Sunrise:</i> 7:48AM		
		Yama	3:04PM – 4:32PM	Sukla Until 5:07PM	Muruga: Clear	<i>Sunset:</i> 7:26PM		Moon 2 - Phase 45
Routine Work	Prabalarishta Yoga	119373367 Rahu	10:42AM – 12:10PM	Taitila Until 2:53PM	Nataraja: White			3rd Phase
Until 1:38AM Sun				Tritiya Until 3:33AM Sun	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day		Phalguna-Masi			

3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau			Dushanbe, Tajikastan Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 2.1	Tithi 4	Gulika	4:32PM – 6:00PM	Ashvini Until 3:27AM Mon	Ganesh: Red	<i>Sunrise:</i> 7:46AM		
		Yama	1:37PM – 3:05PM	Brahma Until 4:59PM	Muruga: Clear	<i>Sunset:</i> 7:27PM		Moon 2 - Phase 45
Creative Work	Siddha Yoga	129373367 Rahu	6:00PM – 7:27PM	Vanija Until 4:09PM	Nataraja: White			3rd Phase
				Chaturthi* Until 4:38AM Mon	Moon – White		Devaloka Day	
					Phalguna-Masi			

4		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau			Dushanbe, Tajikastan Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 14.4	Tithi 5	Gulika	3:05PM – 4:33PM	Bharani Until 4:41AM Tue	Ganesh: Red	<i>Sunrise:</i> 7:45AM		
Family Home Evening		Yama	12:09PM – 1:37PM	Indra Until 4:34PM	Muruga: Clear	<i>Sunset:</i> 7:28PM		Moon 2 - Phase 45
Creative Work	Siddha Yoga	129373367 Rahu	9:13AM – 10:41AM	Bava Until 5:01PM	Nataraja: White			3rd Phase
				Panchami Until 5:16AM Tue	Moon – White		Devaloka Day	
					Phalguna-Masi			

5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau			Dushanbe, Tajikastan Sun 20 Sutra 331 Vilamba 5120	
Mesha Rasi: 27.21	Tithi 6	Gulika	1:36PM – 3:05PM	Krittika Until 4:59AM Thu Wed	Ganesh: Red	<i>Sunrise:</i> 7:43AM		
		Yama	10:40AM – 12:08PM	Vaidhriti* Until 3:45PM	Muruga: Clear	<i>Sunset:</i> 7:29PM		Moon 2 - Phase 45
Creative Work	Siddha Yoga	129373367 Rahu	4:33PM – 6:01PM	Kaulava Until 5:25PM	Nataraja: White			3rd Phase
				Shashthi* Until 5:24AM Wed	Moon – White		Devaloka Day	
					Phalguna-Masi			

6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau			Dushanbe, Tajikastan Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 10.17	Tithi 7	Gulika	12:07PM – 1:36PM	Krittika Until 4:59AM Thu	Ganesh: Purple	<i>Sunrise:</i> 7:42AM		
		Yama	9:10AM – 10:39AM	Vishkambha* Until 12:54AM Thu	Muruga: Clear	<i>Sunset:</i> 7:30PM		Moon 2 - Phase 45
Creative Work	Siddha Yoga	131373367 Rahu	1:36PM – 3:05PM	Gara Until 5:17PM	Nataraja: White			3rd Phase
Until 4:59AM Thu				Saptami Until 4:59AM Thu	Moon – Yellow		Sivaloka Day	
Then Routine Work - Marana Yoga					Phalguna-Masi			

Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau			Dushanbe, Tajikastan Sun 22 Sutra 333 Vilamba 5120	
Vrishabha Rasi: 23.31	Tithi 8	Gulika	10:38AM – 12:07PM	Mrigashira Until 5:15AM Fri	Ganesh: Purple	<i>Sunrise:</i> 7:40AM		
		Yama	7:40AM – 9:09AM	Priti Until 12:54PM	Muruga: Clear	<i>Sunset:</i> 7:31PM		Moon 2 - Phase 45
Routine Work	Marana Yoga	131373367 Rahu	3:05PM – 4:34PM	Visti Until 4:33PM	Nataraja: White			Ashtami
Until 5:15AM Fri				Ashtami* Until 3:56AM Fri	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga					Phalguna-Masi			

Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau			Dushanbe, Tajikastan Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 7.05	Tithi 9	Gulika	9:08AM – 10:37AM	Ardra Until 4:07AM Sat	Ganesh: Purple	<i>Sunrise:</i> 7:39AM		
		Yama	4:34PM – 6:03PM	Ayushman Until 10:44AM	Muruga: Clear	<i>Sunset:</i> 7:32PM		Moon 2 - Phase 45
Creative Work	Siddha Yoga	131373367 Rahu	12:06PM – 1:36PM	Balava Until 3:12PM	Nataraja: White			Navami
				Navami* Until 2:17AM Sat	Moon – Yellow		Sivaloka Day	
		Karadaiyan Nombu (Tamil Nadu)			Phalguna-Panguni			

1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikastan Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 21.01	Tithi 10	Gulika 7:37AM – 9:07AM	Punarvasu Until 2:41AM Sun	Ganesh: Clear	<i>Sunrise:</i> 7:37AM	
		Yama 3:05PM – 4:34PM	Saubhagya Until 8:05AM	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 10:36AM – 12:06PM	Taitila Until 1:14PM	Nataraja: Clear		4th Phase
			Dashami Until 12:02AM Sun	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikastan Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 5.19	Tithi 11	Gulika 4:35PM – 6:04PM	Pushya Until 12:36AM Mon	Ganesh: Clear	<i>Sunrise:</i> 7:36AM	
		Yama 1:35PM – 3:05PM	Athiganda* Until 1:29AM Mon	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 6:04PM – 7:34PM	Vanija Until 10:44AM	Nataraja: Clear		4th Phase
			Ekadashi Until 9:16PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikastan Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 19.59	Tithi 12	Gulika 3:05PM – 4:35PM	Ashlesha* Until 10:01PM	Ganesh: Clear	<i>Sunrise:</i> 7:34AM	
Family Home Evening		Yama 12:05PM – 1:35PM	Sukarma Until 9:40PM	Muruga: Clear	<i>Sunset:</i> 7:35PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 9:04AM – 10:34AM	Bava Until 7:45AM	Nataraja: Clear		4th Phase
Until 10:01PM			Dvadashi Until 6:07PM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga		Yogaswami Mahasamadhi		Phalguna•Panguni		

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikastan Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 4.53	Tithi 13 – 14	Gulika 1:34PM – 3:05PM	Magha* Until 7:27PM	Ganesh: White	<i>Sunrise:</i> 7:33AM	
		Yama 10:33AM – 12:04PM	Dhriti Until 5:40PM	Muruga: Clear	<i>Sunset:</i> 7:36PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	151373368 Rahu 4:35PM – 6:06PM	Gara Until 12:56AM Wed	Nataraja: Clear		4th Phase
			Trayodashi Until 2:41PM	Moon – Red		Subha Sivaloka Day
				Phalguna•Panguni		

Pradosha Vrata

○ Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikastan Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 12:03PM – 1:34PM	Purvaphalguni Until 4:40PM	Ganesh: White	<i>Sunrise:</i> 7:31AM	
Simha Rasi: 19.57	Tithi 14 – 15	Yama 9:02AM – 10:33AM	Shula* Until 1:34PM	Muruga: Clear	<i>Sunset:</i> 7:37PM	Moon 2 - Phase 46
Creative Work	Amrita Yoga	151373368 Rahu 1:34PM – 3:05PM	Visti Until 9:23PM	Nataraja: Clear		Purnima
			Chaturdashi* Until 11:08AM	Moon – Red		Subha Sivaloka Day
		Panguni Uttiram		Phalguna•Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikastan Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 10:32AM – 12:03PM	Uttaraphalguni Until 1:50PM	Ganesh: White	<i>Sunrise:</i> 7:29AM	
Kanya Rasi: 5.01	Tithi 15 – 16	Yama 7:29AM – 9:01AM	Ganda* Until 9:31AM	Muruga: Clear	<i>Sunset:</i> 7:38PM	Moon 2 - Phase 46
		151373368 Rahu 3:05PM – 4:36PM	Kaulava Until 4:19AM Fri	Nataraja: Clear		Prathama
			Purnima* Until 7:37AM	Moon – Red		Subha Sivaloka Day
				Phalguna•Panguni		

Until 1:50PM
Then Routine Work - Marana Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikastan

Sutra 341

Kanya Rasi: 19.55 Tihti 17

Gulika 8:59AM - 10:31AM
Yama 4:36PM - 6:08PM
161383368 Rahu 12:02PM - 1:33PMHasta Until 11:33AM
Dhruva Until 2:08AM Sat
Taitila Until 2:49PM
Dvitiya Until 1:24AM SatGanesha: Yellow Sunrise: 7:28AM
Muruga: White Sunset: 7:39PM
Nataraja: Clear
Moon - Green
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 11:33AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikastan

Sun 1 Sutra 342

Tula Rasi: 4.31 Tihti 18

Gulika 7:26AM - 8:58AM
Yama 3:05PM - 4:37PM
161383368 Rahu 10:30AM - 12:01PMChitra Until 9:33AM
Vyaghata* Until 11:03PM
Vanija Until 12:09PM
Tritiya Until 11:02PMGanesha: Yellow Sunrise: 7:26AM
Muruga: White Sunset: 7:40PM
Nataraja: Clear
Moon - Green
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 9:33AM

Then Creative Work - Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Dushanbe, Tajikastan

Sun 2 Sutra 343

Tula Rasi: 18.44 Tihti 19

Gulika 4:37PM - 6:09PM
Yama 1:33PM - 3:05PM
162383368 Rahu 6:09PM - 7:41PMSvati Until 8:02AM
Harshana Until 8:33PM
Bava Until 10:07AM
Chaturthi* Until 9:21PMGanesha: Blue Sunrise: 7:25AM
Muruga: White Sunset: 7:41PM
Nataraja: Clear
Moon - Green
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:02AM

Then Routine Work - Marana Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikastan

Sun 3 Sutra 344

Vrischika Rasi: 2.28 Tihti 20

Family Home Evening

Gulika 3:05PM - 4:37PM
Yama 12:00PM - 1:33PM
172383368 Rahu 8:56AM - 10:28AMVishakha Until 7:31AM
Vajra* Until 6:41PM
Kaulava Until 8:50AM
Panchami Until 8:29PMGanesha: Red Sunrise: 7:23AM
Muruga: White Sunset: 7:42PM
Nataraja: Clear
Moon - Orange
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:31AM

Then Creative Work - Siddha Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikastan

Sun 4 Sutra 345

Vrischika Rasi: 15.43 Tihti 21

Gulika 1:32PM - 3:05PM
Yama 10:27AM - 12:00PM
172383368 Rahu 4:38PM - 6:10PMAnuradha Until 7:43AM
Siddhi Until 5:31PM
Gara Until 8:24AM
Shashthi* Until 8:30PMGanesha: Red Sunrise: 7:22AM
Muruga: White Sunset: 7:43PM
Nataraja: Clear
Moon - Orange
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 7:43AM

Then Routine Work - Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Vriyan Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikastan

Sun 5 Sutra 346

Vrischika Rasi: 28.32 Tihti 22

Gulika 11:59AM - 1:32PM
Yama 8:53AM - 10:26AM
172383368 Rahu 1:32PM - 3:05PMJyeshtha* Until 8:37AM
Vyatipata* Until 5:02PM
Visti Until 8:52AM
Saptami Until 9:24PMGanesha: Red Sunrise: 7:20AM
Muruga: White Sunset: 7:44PM
Nataraja: Clear
Moon - Orange
Phalgun-PanguniMoon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:37AM

Then Routine Work - Marana Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikastan

Sun 6 Sutra 347

Dhanus Rasi: 10.58 Tihti 23

Gulika 10:25AM - 11:58AM
Yama 7:19AM - 8:52AM
182383368 Rahu 3:05PM - 4:38PMMula* Until 10:38AM
Variyan Until 5:09PM
Balava Until 10:10AM
Ashtami* Until 11:04PMGanesha: Green Sunrise: 7:19AM
Muruga: White Sunset: 7:45PM
Nataraja: Clear
Moon - Light Blue
Phalgun-PanguniMoon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Visti* Karana Navamyam Titau

Dushanbe, Tajikastan

Sun 7 Sutra 348

Dhanus Rasi: 23.05 Tihti 24

Gulika 8:51AM - 10:24AM
Yama 4:39PM - 6:12PM
182383468 Rahu 11:58AM - 1:31PMPurvashadha* Until 1:10PM
Parigha* Until 1:10PM
Taitila Until 12:09PM
Navami* Until 1:19AM SatGanesha: Green Sunrise: 7:17AM
Muruga: Yellow Sunset: 7:46PM
Nataraja: Purple
Moon - Light Blue
Phalgun-PanguniMoon 3 - Phase 47
Navami

Devaloka Day

Routine Work Prabalarishta Yoga

Until 1:10PM

Then Routine Work - Marana Yoga

1		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mantla Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau	Dushanbe, Tajikastan Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 5	Tithi 25	Gulika	7:16AM – 8:49AM	Uttarashadha Until 3:57PM	Ganesha: Green Sunrise: 7:16AM		
		Yama	3:05PM – 4:39PM	Shiva Until 6:42PM	Muruga: Yellow Sunset: 7:47PM	Moon 3 - Phase 48	
		182383468 Rahu	10:23AM – 11:57AM	Vanija Until 2:36PM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Dashami Until 3:54AM Sun	Moon – Light Blue	Devaloka Day	
Until 3:57PM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau	Dushanbe, Tajikastan Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 16.49	Tithi 26	Gulika	4:39PM – 6:13PM	Shravana Until 7:17PM	Ganesha: Orange Sunrise: 7:14AM		
		Yama	1:31PM – 3:05PM	Siddha Until 7:45PM	Muruga: Yellow Sunset: 7:48PM	Moon 3 - Phase 48	
		192383468 Rahu	6:13PM – 7:48PM	Bava Until 5:17PM	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Ekadashi* Until 6:36AM Mon	Moon – Purple	Sivaloka Day	
Until 7:17PM					Phalguna•Panguni		
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Dushanbe, Tajikastan Sun 10 Sutra 351 Vilamba 5120
Makara Rasi: 28.35	Tithi 26 – 27	Gulika	3:05PM – 4:39PM	Dhanishtha Until 10:25PM	Ganesha: Green Sunrise: 7:14AM		
Family Home Evening		Yama	11:57AM – 1:31PM	Sadhya Until 8:47PM	Muruga: Yellow Sunset: 7:48PM	Moon 3 - Phase 48	
		192483468 Rahu	8:48AM – 10:22AM	Kaulava Until 7:56PM	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 6:36AM	Moon – Purple	Subha Sivaloka Day	
					Phalguna•Panguni		

4		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Dushanbe, Tajikastan Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 10.24	Tithi 27 – 28	Gulika	1:30PM – 3:05PM	Shatabhishak Until 1:10AM Wed	Ganesha: Green Sunrise: 7:12AM		
		Yama	10:21AM – 11:56AM	Subha Until 9:41PM	Muruga: Yellow Sunset: 7:48PM	Moon 3 - Phase 48	
		192483468 Rahu	4:39PM – 6:14PM	Gara Until 10:23PM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Dvadashi* Until 9:11AM	Moon – Purple	Subha Sivaloka Day	
Until 1:10AM Wed					Phalguna•Panguni		
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata (Fasting)</i>		

5		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Dushanbe, Tajikastan Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 22.19	Tithi 28 – 29	Gulika	11:55AM – 1:30PM	Purvaproshtapada* Until 3:55AM Thu	Ganesha: Orange Sunrise: 7:11AM		
		Yama	8:46AM – 10:21AM	Sukla Until 10:17PM	Muruga: Yellow Sunset: 7:49PM	Moon 3 - Phase 48	
		112483468 Rahu	1:30PM – 3:05PM	Visti Until 12:30AM Thu	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 11:28AM	Moon – Clear	Sivaloka Day	
Until 3:55AM Thu					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Dushanbe, Tajikastan Sun 13 Sutra 354 Vilamba 5120
Retreat Star		Gulika	10:20AM – 11:55AM	Uttaraproshtapada Until 6:06AM Fri	Ganesha: Orange Sunrise: 7:09AM		
Meena Rasi: 4.23	Tithi 29 – 30	Yama	7:09AM – 8:45AM	Brahma Until 10:36PM	Muruga: Yellow Sunset: 7:50PM	Moon 3 - Phase 48	
		112483468 Rahu	3:05PM – 4:40PM	Catuspada Until 2:11AM Fri	Nataraja: Purple	Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:22PM	Moon – Clear	Sivaloka Day	
					Phalguna•Panguni		

●		Friday, April 5, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revali Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Dushanbe, Tajikastan Sun 14 Sutra 355 Vilamba 5120
Retreat Star		Gulika	8:43AM – 10:19AM	Uttaraproshtapada Until 6:06AM	Ganesha: Orange Sunrise: 7:08AM		
Meena Rasi: 16.36	Tithi 30 – 1	Yama	4:40PM – 6:16PM	Indra Until 10:37PM	Muruga: Yellow Sunset: 7:51PM	Moon 3 - Phase 48	
		112483468 Rahu	11:54AM – 1:30PM	Kintughna Until 3:27AM Sat	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 2:51PM	Moon – Clear	Sivaloka Day	
		Yugadhi			Chaitra•Panguni		

1 Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Dushanbe, Tajikastan Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 29.01	Tithi 1 – 2	Gulika 7:06AM – 8:42AM Yama 3:05PM – 4:41PM 113483468 Rahu 10:18AM – 11:54AM	Revati Until 7:42AM Vaidhriti* Until 10:15PM Balava Until 4:17AM Sun Prathama* Until 3:54PM	Ganesh: Light Blue <i>Sunrise:</i> 7:06AM Muruga: Yellow <i>Sunset:</i> 7:52PM Nataraja: Purple Moon – Clear Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Routine Work Prabalarishta Yoga Until 7:42AM Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi			

2 Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Dushanbe, Tajikastan Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.37	Tithi 2 – 3	Gulika 4:41PM – 6:17PM Yama 1:29PM – 3:05PM 123483468 Rahu 6:17PM – 7:53PM	Ashvini Until 4:45PM Mon Vishkambha* Until 9:36PM Taitila Until 4:42AM Mon Dvitiya Until 4:31PM	Ganesh: Purple <i>Sunrise:</i> 7:05AM Muruga: Yellow <i>Sunset:</i> 7:53PM Nataraja: Purple Moon – White Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 4:45PM Mon Then Routine Work - Prabalarishta Yoga					

3 Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Dushanbe, Tajikastan Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.24	Tithi 3 – 4	Gulika 3:05PM – 4:41PM Yama 11:52AM – 1:29PM 123483468 Rahu 8:40AM – 10:16AM	Ashvini Until 4:45PM Priti Until 8:40PM Vanija Until 4:45AM Tue Tritiya Until 4:45PM	Ganesh: Purple <i>Sunrise:</i> 7:03AM Muruga: Yellow <i>Sunset:</i> 7:54PM Nataraja: Purple Moon – White Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 4:45PM Then Routine Work - Marana Yoga					

4 Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Dushanbe, Tajikastan Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 7.22	Tithi 4 – 5	Gulika 1:28PM – 3:05PM Yama 10:15AM – 11:52AM 123483468 Rahu 4:42PM – 6:18PM	Krittika Until 10:39AM Ayushman Until 7:25PM Bava Until 4:26AM Wed Chaturthi* Until 4:37PM	Ganesh: Purple <i>Sunrise:</i> 7:02AM Muruga: Yellow <i>Sunset:</i> 7:55PM Nataraja: Purple Moon – White Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 10:39AM Then Creative Work - Amrita Yoga					

5 Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Dushanbe, Tajikastan Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 20.31	Tithi 5 – 6	Gulika 11:51AM – 1:28PM Yama 8:37AM – 10:14AM 133483468 Rahu 1:28PM – 3:05PM	Rohini Until 11:03AM Saubhagya Until 5:53PM Kaulava Until 3:44AM Thu Panchami Until 4:07PM	Ganesh: Clear <i>Sunrise:</i> 7:00AM Muruga: Yellow <i>Sunset:</i> 7:56PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Sivaloka Day
Creative Work Siddha Yoga					

6 Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Dushanbe, Tajikastan Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 3.53	Tithi 6 – 7	Gulika 10:13AM – 11:51AM Yama 6:59AM – 8:36AM 133483468 Rahu 3:05PM – 4:42PM	Mrigashira Until 10:56AM Sobhana Until 4:04PM Gara Until 2:39AM Fri Shashthi* Until 3:14PM	Ganesh: Clear <i>Sunrise:</i> 6:59AM Muruga: Yellow <i>Sunset:</i> 7:57PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	Moon 3 - Phase 49 3rd Phase Sivaloka Day
Routine Work Marana Yoga					

Friday, April 12, 2019 Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Dushanbe, Tajikastan Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 17.28	Tithi 7 – 8	Gulika 8:35AM – 10:12AM Yama 4:43PM – 6:20PM 133483468 Rahu 11:50AM – 1:28PM	Ardra Until 10:16AM Athiganda* Until 1:53PM Visti Until 1:08AM Sat Saptami Until 1:56PM	Ganesh: Clear <i>Sunrise:</i> 6:57AM Muruga: Yellow <i>Sunset:</i> 7:58PM Nataraja: Purple Moon – Yellow Chaitra•Panguni	Moon 3 - Phase 49 Ashtami Sivaloka Day
Creative Work Siddha Yoga					

Saturday, April 13, 2019 Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Dushanbe, Tajikastan Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 1.17	Tithi 8 – 9	Gulika 6:56AM – 8:34AM Yama 3:05PM – 4:43PM 143483468 Rahu 10:12AM – 11:49AM	Punarvasu Until 9:29AM Sukarma Until 11:23AM Balava Until 11:13PM Ashtami* Until 12:13PM	Ganesh: White <i>Sunrise:</i> 6:56AM Muruga: Yellow <i>Sunset:</i> 7:59PM Nataraja: Purple Moon – Blue Chaitra•Panguni	Moon 3 - Phase 49 Navami Devaloka Day
Creative Work Siddha Yoga		Sri Rama Navami			

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikastan Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 15.23	Tithi 9 – 10	Gulika 4:43PM – 6:22PM	Pushya Until 8:09AM	Ganesha: White <i>Sunrise:</i> 6:54AM	<i>Sunset:</i> 8:00PM	Moon 3 - Phase 1 4th Phase
Creative Work	Siddha Yoga	Yama 1:27PM – 3:05PM	Dhriti Until 8:35AM	Muruga: Yellow		
		143483468 Rahu 6:22PM – 8:00PM	Taitila Until 8:55PM	Nataraja: Purple		
			Navami* Until 10:06AM	Moon – Blue		Devaloka Day
		Tamil New Year		Chaitra*Chaitra		

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikastan Sun 24 Sutra 1 Vikarin 5121
Kataka Rasi: 29.43	Tithi 10 – 11	Gulika 3:05PM – 4:44PM	Ashlesha* Until 6:19AM	Ganesha: Clear <i>Sunrise:</i> 6:53AM	<i>Sunset:</i> 8:01PM	Moon 3 - Phase 1 4th Phase
Family Home Evening		Yama 11:48AM – 1:27PM	Ganda* Until 2:05AM Tue	Muruga: Yellow		
Creative Work	Siddha Yoga	243483468 Rahu 8:31AM – 10:10AM	Vanija Until 6:16PM	Nataraja: Purple		
Until 6:19AM			Dashami Until 7:37AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga				Chaitra*Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikastan Sun 25 Sutra 2 Vikarin 5121
Simha Rasi: 14.16	Tithi 12	Gulika 1:27PM – 3:05PM	Purvaphalguni Until 2:16AM Wed	Ganesha: White <i>Sunrise:</i> 6:52AM	<i>Sunset:</i> 8:02PM	Moon 3 - Phase 1 4th Phase
Creative Work	Siddha Yoga	Yama 10:09AM – 11:48AM	Vriddhi Until 10:33PM	Muruga: Yellow		
Until 2:16AM Wed		253483468 Rahu 4:44PM – 6:23PM	Bava Until 3:23PM	Nataraja: Purple		
Then Creative Work - Amrita Yoga			Dvadashi Until 1:52AM Wed	Moon – Red		Devaloka Day
				Chaitra*Chaitra		

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikastan Sun 26 Sutra 3 Vikarin 5121
Simha Rasi: 28.56	Tithi 13	Gulika 11:47AM – 1:26PM	Uttaraphalguni Until 11:53PM	Ganesha: White <i>Sunrise:</i> 6:50AM	<i>Sunset:</i> 8:03PM	Moon 3 - Phase 1 4th Phase
Creative Work	Amrita Yoga	Yama 8:29AM – 10:08AM	Dhruva Until 6:56PM	Muruga: Yellow		
Until 11:53PM		253483468 Rahu 1:26PM – 3:05PM	Kaulava Until 12:22PM	Nataraja: Purple		
Then Routine Work - Marana Yoga			Trayodashi Until 10:50PM	Moon – Red		Devaloka Day
				Chaitra*Chaitra		
			<i>Pradosha Vrata</i>			

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikastan Sun 27 Sutra 4 Vikarin 5121
Kanya Rasi: 13.39	Tithi 14	Gulika 10:07AM – 11:47AM	Hasta Until 9:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:49AM	<i>Sunset:</i> 8:03PM	Moon 3 - Phase 1 4th Phase
Routine Work	Marana Yoga	Yama 6:49AM – 8:28AM	Vyaghata* Until 3:22PM	Muruga: Yellow		
Until 9:51PM		263483468 Rahu 3:05PM – 4:45PM	Gara Until 9:22AM	Nataraja: Purple		
Then Creative Work - Siddha Yoga			Chaturdashi* Until 7:53PM	Moon – Green		Sivaloka Day
				Chaitra*Chaitra		

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikastan Sun 28 Sutra 5 Vikarin 5121
Kanya Rasi: 28.16	Tithi 15 – 16	Gulika 8:27AM – 10:07AM	Chitra Until 7:56PM	Ganesha: Yellow <i>Sunrise:</i> 6:47AM	<i>Sunset:</i> 8:04PM	Moon 3 - Phase 1 Purnima
Creative Work	Siddha Yoga	Yama 4:45PM – 6:25PM	Harshana Until 11:59AM	Muruga: Yellow		
		263483468 Rahu 11:46AM – 1:26PM	Visti Until 6:30AM	Nataraja: Purple		
			Purnima* Until 5:09PM	Moon – Green		Sivaloka Day
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
		Hanuman Jayanti				

Saturday, April 20, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikastan Sun 29 Sutra 6 Vikarin 5121
Tula Rasi: 12.4	Tithi 16 – 17	Gulika 6:46AM – 8:26AM	Svati Until 6:17PM	Ganesha: Red <i>Sunrise:</i> 6:46AM	<i>Sunset:</i> 8:05PM	Moon 3 - Phase 1 Prathama
Creative Work	Siddha Yoga	Yama 3:06PM – 4:45PM	Vajra* Until 8:51AM	Muruga: Yellow		
		264483468 Rahu 10:06AM – 11:46AM	Taitila Until 1:51AM Sun	Nataraja: Purple		
			Prathama* Until 2:49PM	Moon – Green		Sivaloka Day
				Chaitra*Chaitra		