



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Vanija Karana Prathama/Dvitiyayam Titau

Chennai, India

Sutra 16

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Tula Rasi: 28.07      Tihti 16 – 17

273832369

**Gulika** 12:07PM – 1:41PM  
**Yama** 8:58AM – 10:32AM  
**Rahu** 3:15PM – 4:50PM

**Vishakha Until 3:53PM**  
**Vyatipata\* Until 3:53PM**  
**Vanija Until 20:19AM Wed**  
**Prathama\* Until 6:47AM**

**Ganesha:** Purple      *Sunrise:* 5:49AM  
**Muruga:** White      *Sunset:* 6:24PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

Routine Work      Marana Yoga  
Until 3:53PM  
Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1      Sutra 17

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 10.41      Tihti 17 – 18

273832369

**Gulika** 10:32AM – 12:06PM  
**Yama** 7:23AM – 8:57AM  
**Rahu** 12:06PM – 1:41PM

**Anuradha Until 5:35PM**  
**Variyan Until 9:18AM**  
**Vanija Until 8:19PM**  
**Dvitiya Until 7:39AM**

**Ganesha:** Purple      *Sunrise:* 5:48AM  
**Muruga:** White      *Sunset:* 6:25PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

Creative Work      Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India

Sun 2      Sutra 18

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 23      Tihti 18 – 19

274832369

**Gulika** 8:57AM – 10:32AM  
**Yama** 5:48AM – 7:23AM  
**Rahu** 1:41PM – 3:16PM

**Jyeshtha\* Until 7:38PM**  
**Parigha\* Until 9:26AM**  
**Bava Until 10:00PM**  
**Tritiya Until 9:04AM**

**Ganesha:** Clear      *Sunrise:* 5:48AM  
**Muruga:** White      *Sunset:* 6:25PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work      Prabalarishta Yoga  
Until 7:38PM  
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3      Sutra 19

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 5.07      Tihti 19 – 20

284832369

**Gulika** 7:22AM – 8:57AM  
**Yama** 3:16PM – 4:50PM  
**Rahu** 10:32AM – 12:06PM

**Mula\* Until 10:29PM**  
**Shiva Until 9:58AM**  
**Kaulava Until 12:09AM Sat**  
**Chaturthi\* Until 11:00AM**

**Ganesha:** White      *Sunrise:* 5:48AM  
**Muruga:** White      *Sunset:* 6:25PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Creative Work      Amrita Yoga  
Until 10:29PM  
Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4      Sutra 20

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 17.03      Tihti 20 – 21

284832369

**Gulika** 5:47AM – 7:22AM  
**Yama** 1:41PM – 3:16PM  
**Rahu** 8:57AM – 10:31AM

**Purvashadha\* Until 3:53PM Sun**  
**Siddha Until 10:47AM**  
**Gara Until 2:37AM Sun**  
**Panchami Until 9:58AM**

**Ganesha:** White      *Sunrise:* 5:47AM  
**Muruga:** White      *Sunset:* 6:25PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Creative Work      Siddha Yoga  
Until 3:53PM Sun  
Then Creative Work - Amrita Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 5      Sutra 21

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 28.53      Tihti 21 – 22

284832369

**Gulika** 3:16PM – 4:51PM  
**Yama** 12:06PM – 1:41PM  
**Rahu** 4:51PM – 6:25PM

**Purvashadha\* Until 3:53PM**  
**Sadhya Until 12:52AM Mon**  
**Visti Until 5:12AM Mon**  
**Shashthi\* Until 3:53PM**

**Ganesha:** White      *Sunrise:* 5:47AM  
**Muruga:** White      *Sunset:* 6:25PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Creative Work      Amrita Yoga

6

Monday, May 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

Chennai, India

Sun 6      Sutra 22

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Makara Rasi: 10.41      Tihti 22

294832369

**Gulika** 1:41PM – 3:16PM  
**Yama** 10:31AM – 12:06PM  
**Rahu** 7:21AM – 8:56AM

**Shravana Until 8:42PM Tue**  
**Subha Until 12:52PM**  
**Bava Until 6:26PM**  
**Saptami Until 6:26PM**

**Ganesha:** Yellow      *Sunrise:* 5:46AM  
**Muruga:** White      *Sunset:* 6:26PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Family Home Evening  
Creative Work      Amrita Yoga  
Until 8:42PM Tue  
Then Creative Work - Siddha Yoga

Retreat Star

Tuesday, May 8, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 7      Sutra 23

Vilamba 5120

Moon 4 - Phase 3

Ashtami

Makara Rasi: 22.32      Tihti 23

294832369

**Gulika** 12:06PM – 1:41PM  
**Yama** 8:56AM – 10:31AM  
**Rahu** 3:16PM – 4:51PM

**Shravana Until 8:42PM**  
**Sukla Until 1:44PM**  
**Balava Until 9:40AM Wed**  
**Ashtami\* Until 12:52PM**

**Ganesha:** Yellow      *Sunrise:* 5:46AM  
**Muruga:** White      *Sunset:* 6:26PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work      Siddha Yoga

Chidambaram Abhishekam

Wednesday, May 9, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Navamyam Titau

Chennai, India

Sun 8      Sutra 24

Vilamba 5120

Moon 4 - Phase 3

Navami

Kumbha Rasi: 4.33      Tihti 24

294832369

**Gulika** 10:31AM – 12:06PM  
**Yama** 7:21AM – 8:56AM  
**Rahu** 12:06PM – 1:41PM

**Dhanishtha Until 10:10AM**  
**Brahma Until 2:16PM**  
**Tailila Until 10:65AM Thu**  
**Navami\* Until 1:44PM**

**Ganesha:** Yellow      *Sunrise:* 5:46AM  
**Muruga:** White      *Sunset:* 6:26PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work      Prabalarishta Yoga  
Until 10:10AM  
Then Creative Work - Siddha Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1

Thursday, May 10, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Dashamyam Titau

Chennai, India

Kumbha Rasi: 16.47 Tithi 25

Gulika 8:56AM – 10:31AM  
Yama 5:45AM – 7:20AM  
Rahu 1:41PM – 3:16PMShatabhishak Until 12:00PM  
Indra Until 2:19PM  
Vanija Until 11:05AM  
Dashami Until 11:30PMGanesha: Yellow Sunrise: 5:45AM  
Muruga: White Sunset: 6:26PM  
Nataraja: Purple  
Moon – Purple  
Vaisaka-ChaitraSun 9 Sutra 25  
Vilamba 5120  
Moon 4 - Phase 4  
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

2

Friday, May 11, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava Karana Ekadashyam Titau

Chennai, India

Kumbha Rasi: 29.22 Tithi 26

Gulika 7:20AM – 8:55AM  
Yama 3:16PM – 4:51PM  
Rahu 10:31AM – 12:06PMPurvaprosarthapada\* Until 11:09PM Sat  
Vaidhriti\* Until 1:25PM  
Bava Until 11:44AM  
Ekadashi\* Until 11:44PMGanesha: Yellow Sunrise: 5:45AM  
Muruga: White Sunset: 6:26PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-ChaitraSun 10 Sutra 26  
Vilamba 5120  
Moon 4 - Phase 4  
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

3

Saturday, May 12, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaprosarthapada\*/Revati Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau

Chennai, India

Meena Rasi: 12.19 Tithi 27

Gulika 5:45AM – 7:20AM  
Yama 1:41PM – 3:16PM  
Rahu 8:55AM – 10:31AMPurvaprosarthapada\* Until 11:09PM  
Vishkambha\* Until 10:40AM Sun  
Kaulava Until 11:33AM  
Dvadashi\* Until 11:09PMGanesha: Blue Sunrise: 5:45AM  
Muruga: White Sunset: 6:27PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-ChaitraSun 11 Sutra 27  
Vilamba 5120  
Moon 4 - Phase 4  
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 11:09PM  
Then Routine Work - Prabararishta Yoga

4

Sunday, May 13, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau

Chennai, India

Meena Rasi: 25.42 Tithi 28

Gulika 3:16PM – 4:52PM  
Yama 12:06PM – 1:41PM  
Rahu 4:52PM – 6:27PMRevati Until 1:23PM  
Priti Until 10:40AM  
Gara Until 10:35AM  
Trayodashi\* Until 9:48PMGanesha: Blue Sunrise: 5:45AM  
Muruga: White Sunset: 6:27PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-ChaitraSun 12 Sutra 28  
Vilamba 5120  
Moon 4 - Phase 4  
2nd Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 1:23PM  
Then Creative Work - Siddha Yoga

Pradosha Vrata (Fasting)

5

Monday, May 14, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau

Chennai, India

Mesha Rasi: 9.3 Tithi 29

Family Home Evening

Gulika 1:41PM – 3:16PM  
Yama 10:30AM – 12:06PM  
Rahu 7:20AM – 8:55AMAshvini Until 12:31PM  
Ayushman Until 8:15AM  
Visti Until 8:54AM  
Chaturdashi\* Until 7:50PMGanesha: Blue Sunrise: 5:44AM  
Muruga: White Sunset: 6:27PM  
Nataraja: Purple  
Moon – White  
Vaisaka-ChaitraSun 13 Sutra 29  
Vilamba 5120  
Moon 4 - Phase 4  
2nd Phase

Bhuloka Day

Creative Work Siddha Yoga

●

Tuesday, May 15, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Sobhana Yoga Catuspada\*/Kintughna\* Karana Amavasya/Prathamayam Titau

Chennai, India

Mesha Rasi: 23.41 Tithi 30 – 1

Gulika 12:06PM – 1:41PM  
Yama 8:55AM – 10:30AM  
Rahu 3:17PM – 4:52PMBharani Until 2:31PM Wed  
Sobhana Until 2:07AM Wed  
Catuspada Until 6:39AM  
Amavasya\* Until 5:21PMGanesha: Blue Sunrise: 5:44AM  
Muruga: White Sunset: 6:27PM  
Nataraja: Purple  
Moon – White  
Vaisaka-VaikasiSun 14 Sutra 30  
Vilamba 5120  
Moon 4 - Phase 4  
Amavasya

Bhuloka Day

Creative Work Siddha Yoga

Wednesday, May 16, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Bharani/Rohini Nakshatra Athiganda\* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Chennai, India

Vrishabha Rasi: 8.1 Tithi 1 – 2

Gulika 10:30AM – 12:06PM  
Yama 7:19AM – 8:55AM  
Rahu 12:06PM – 1:41PMBharani Until 2:31PM  
Athiganda\* Until 8:52AM  
Balava Until 24:63  
Prathama\* Until 2:07AM WedGanesha: Red Sunrise: 5:44AM  
Muruga: White Sunset: 6:28PM  
Nataraja: Purple  
Moon – White  
Jyeshtha Adhika-VaikasiSun 15 Sutra 31  
Vilamba 5120  
Moon 4 - Phase 4  
Prathama

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Until 2:31PM  
Then Creative Work - Siddha Yoga

<b>1 Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Chennai, India Sun 16 Sutra 32 Vilamba 5120
Vrishabha Rasi: 22.49 Tithi 2 - 3 235932369 Routine Work Marana Yoga	<b>Gulika</b>	8:55AM - 10:30AM	<b>Rohini Until 8:28AM Fri</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:44AM	
	<b>Yama</b>	5:44AM - 7:19AM	Sukarma Until 7:04PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 5
	<b>Rahu</b>	1:41PM - 3:17PM	Taitila Until 10:00PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya Until 11:31AM</b>	Moon - Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

<b>2 Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Ardra Nakshatra Dhriti/Shula* Yoga Gara Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 17 Sutra 33 Vilamba 5120
Mithuna Rasi: 7.31 Tithi 3 - 4 235932369 Creative Work Siddha Yoga	<b>Gulika</b>	7:19AM - 8:55AM	<b>Rohini Until 8:28AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:43AM	
	<b>Yama</b>	3:17PM - 4:53PM	Dhriti Until 2:16AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 5
	<b>Rahu</b>	10:30AM - 12:06PM	Gara Until 8:28AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritiya Until 8:28AM</b>	Moon - Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

<b>3 Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Panchamyam Titau				Chennai, India Sun 18 Sutra 34 Vilamba 5120
Mithuna Rasi: 22.11 Tithi 5 245932369 Creative Work Siddha Yoga	<b>Gulika</b>	5:43AM - 7:19AM	<b>Ardra Until 2:45AM Sun</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:43AM	
	<b>Yama</b>	1:41PM - 3:17PM	Shula* Until 12:25AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 5
	<b>Rahu</b>	8:54AM - 10:30AM	Bava Until 12:90AM Sun	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami Until 12:02AM Sat</b>	Moon - Blue		<b>Devaloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>4 Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda*/Vridhi Yoga Kaulava Karana Shashthyam Titau				Chennai, India Sun 19 Sutra 35 Vilamba 5120
Kataka Rasi: 6.41 Tithi 6 245932369 Creative Work Siddha Yoga	<b>Gulika</b>	3:17PM - 4:53PM	<b>Punarvasu Until 12:18AM Mon</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:43AM	
	<b>Yama</b>	12:06PM - 1:42PM	Ganda* Until 10:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 5
	<b>Rahu</b>	4:53PM - 6:29PM	Kaulava Until 1:30PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi* Until 12:18AM Mon</b>	Moon - Blue		<b>Devaloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>5 Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Chennai, India Sun 20 Sutra 36 Vilamba 5120
Kataka Rasi: 20.58 Tithi 7 Family Home Evening 245932369 Creative Work Siddha Yoga Until 9:14PM Then Routine Work - Marana Yoga	<b>Gulika</b>	1:42PM - 3:17PM	<b>Ashlesha* Until 9:14PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:43AM	
	<b>Yama</b>	10:30AM - 12:06PM	Dhruva Until 3:05AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 5
	<b>Rahu</b>	7:19AM - 8:54AM	Gara Until 11:13AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Saptami Until 10:12PM</b>	Moon - Blue		<b>Devaloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Retreat Star Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Chennai, India Sun 21 Sutra 37 Vilamba 5120
Simha Rasi: 5 Tithi 8 255932369 Creative Work Siddha Yoga	<b>Gulika</b>	12:06PM - 1:42PM	<b>Magha* Until 7:12PM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:43AM	
	<b>Yama</b>	8:54AM - 10:30AM	Vyaghata* Until 12:43AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 5
	<b>Rahu</b>	3:18PM - 4:54PM	Visti Until 9:19AM	<b>Nataraja:</b> Purple		Ashtami
			<b>Ashtami* Until 8:30PM</b>	Moon - Red		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

<b>Retreat Star Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 18.47 Tithi 9 255932369 Creative Work Amrita Yoga	<b>Gulika</b>	10:30AM - 12:06PM	<b>Magha* Until 7:12PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:42AM	
	<b>Yama</b>	7:18AM - 8:54AM	Harshana Until 10:42PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 5
	<b>Rahu</b>	12:06PM - 1:42PM	Balava Until 7:49AM	<b>Nataraja:</b> Purple		Navami
			<b>Navami* Until 7:12PM</b>	Moon - Red		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Chennai, India
Kanya Rasi: 2.2		Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23	Sutra 39	
Tithi 10		<b>Gulika</b>	8:54AM – 10:30AM	<b>Purvaphalguni Until 6:18PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:42AM
Amrita Yoga		Yama	5:42AM – 7:18AM	Vajra* Until 8:58PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:30PM
Until 6:18PM		255932369 <b>Rahu</b>	1:42PM – 3:18PM	Taitila Until 6:43AM	<b>Nataraja:</b> Purple	Moon 4 - Phase 6
Then Routine Work - Marana Yoga				Dashami Until 6:18PM	Moon – Red	4th Phase
					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 9:AM to 12:PM	

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Chennai, India
Kanya Rasi: 15.4		Hasta Nakshatra Siddhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24	Sutra 40	
Tithi 11 – 12		<b>Gulika</b>	7:18AM – 8:54AM	<b>Hasta Until 7:58PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:42AM
Amrita Yoga		Yama	3:18PM – 4:54PM	Siddhi Until 7:34PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:30PM
Creative Work		266932369 <b>Rahu</b>	10:30AM – 12:06PM	Vanija Until 6:01AM	<b>Nataraja:</b> Purple	Moon 4 - Phase 6
Until 7:58PM				Ekadashi Until 5:48PM	Moon – Green	4th Phase
Then Creative Work - Siddha Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 6:AM to 9:AM	

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Chennai, India
Kanya Rasi: 28.47		Chitra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25	Sutra 41	
Tithi 12 – 13		<b>Gulika</b>	5:42AM – 7:18AM	<b>Chitra Until 8:35PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:42AM
Marana Yoga		Yama	1:42PM – 3:18PM	Vyatipata* Until 6:29PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:31PM
Routine Work		366932369 <b>Rahu</b>	8:54AM – 10:30AM	Kaulava Until 5:47AM Sun	<b>Nataraja:</b> Purple	Moon 4 - Phase 6
Until 8:35PM				Dvadashi Until 7:34PM	Moon – Green	4th Phase
Then Creative Work - Siddha Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 9:AM to 12:PM	

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Chennai, India
Tula Rasi: 11.42		Svati Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26	Sutra 42	
Tithi 13 – 14		<b>Gulika</b>	3:19PM – 4:55PM	<b>Svati Until 9:26PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:42AM
Siddha Yoga		Yama	12:06PM – 1:43PM	Varyan Until 5:41PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:31PM
Creative Work		366932369 <b>Rahu</b>	4:55PM – 6:31PM	Gara Until 6:16AM Mon	<b>Nataraja:</b> Purple	Moon 4 - Phase 6
Until 9:26PM				Trayodashi Until 5:57PM	Moon – Green	4th Phase
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 6:AM to 9:AM	

<b>5 Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Chennai, India
Tula Rasi: 24.26		Vishakha Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27	Sutra 43	
Tithi 14		<b>Gulika</b>	1:43PM – 3:19PM	<b>Vishakha Until 11:00PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:42AM
Family Home Evening		Yama	10:30AM – 12:07PM	Parigha* Until 5:14PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:31PM
Routine Work		376932369 <b>Rahu</b>	7:18AM – 8:54AM	Gara Until 6:16AM	<b>Nataraja:</b> Purple	Moon 4 - Phase 6
Until 11:00PM				Chaturdashi* Until 6:39PM	Moon – Orange	4th Phase
Then Creative Work - Siddha Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 6:AM to 9:AM	

<b>○ Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Chennai, India
<b>Copper Retreat Star</b>		Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Sun 27	Sutra 44	
Vrischika Rasi: 6.57		<b>Gulika</b>	12:07PM – 1:43PM	<b>Anuradha Until 12:52AM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:42AM
Tithi 15		Yama	8:54AM – 10:30AM	Shiva Until 5:09PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:31PM
Creative Work		376932369 <b>Rahu</b>	3:19PM – 4:55PM	Visti Until 7:11AM	<b>Nataraja:</b> Purple	Moon 4 - Phase 6
Siddha Yoga				Purnima* Until 7:47PM	Moon – Orange	Purnima
					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 6:AM to 9:AM	

<b>Wednesday, May 30, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Chennai, India
<b>Silver Retreat Star</b>		Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 27	Sutra 45	
Vrischika Rasi: 19.17		<b>Gulika</b>	10:31AM – 12:07PM	<b>Jyeshtha* Until 2:59AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:42AM
Tithi 16		Yama	7:18AM – 8:54AM	Siddha Until 5:23PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:32PM
Creative Work		376932369 <b>Rahu</b>	12:07PM – 1:43PM	Balava Until 8:33AM	<b>Nataraja:</b> Purple	Moon 4 - Phase 6
Siddha Yoga				Prathama* Until 9:22PM	Moon – Orange	Prathama
					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 6:AM to 9:AM	



Thursday, May 31, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvitiyayam Titau

Chennai, India

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 1.26 Tithi 17

**Gulika** 8:54AM - 10:31AM  
Yama 5:42AM - 7:18AM  
Rahu 1:43PM - 3:19PM

**Mula\* Until 5:49AM Fri**  
Sadhya Until 5:57PM  
Tailila Until 10:21AM  
Dvitiya Until 11:23PM

**Ganesha:** White *Sunrise:* 5:42AM  
**Muruga:** White *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Creative Work Siddha Yoga

Until 5:49AM Fri

Then Routine Work - Prabalarishta Yoga

Friday, June 1, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Chennai, India

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 13.25 Tithi 18

**Gulika** 7:18AM - 8:54AM  
Yama 3:20PM - 4:56PM  
Rahu 10:31AM - 12:07PM

**Purvashadha\* Until 8:47AM Sat**  
Subha Until 6:48PM  
Vanija Until 12:32PM  
Tritiya Until 1:43AM Sat

**Ganesha:** Yellow *Sunrise:* 5:42AM  
**Muruga:** White *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 8:47AM Sat

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 25.17 Tithi 19

**Gulika** 5:42AM - 7:18AM  
Yama 1:44PM - 3:20PM  
Rahu 8:55AM - 10:31AM

**Purvashadha\* Until 8:47AM**  
Sukla Until 7:50PM  
Bava Until 3:00PM  
Chaturthi\* Until 4:17AM Sun

**Ganesha:** Yellow *Sunrise:* 5:42AM  
**Muruga:** White *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 8:47AM

Then Routine Work - Marana Yoga

Sunday, June 3, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava Karana Panchamyam Titau

Chennai, India

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 7.05 Tithi 20

**Gulika** 3:20PM - 4:57PM  
Yama 12:07PM - 1:44PM  
Rahu 4:57PM - 6:33PM

**Uttarashadha Until 11:45AM**  
Brahma Until 8:57PM  
Kaulava Until 5:36PM  
Panchami Until 6:52AM Mon

**Ganesha:** Yellow *Sunrise:* 5:42AM  
**Muruga:** White *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Monday, June 4, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra Yoga Tailila/Vanija Karana Panchami/Shashthyam Titau

Chennai, India

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 18.52 Tithi 20 - 21

**Gulika** 1:44PM - 3:20PM  
Yama 10:31AM - 12:08PM  
Rahu 7:18AM - 8:55AM

**Shravana Until 3:02PM**  
Indra Until 3:02PM  
Vanija Until 9:16AM Tue  
Panchami Until 6:52AM

**Ganesha:** Blue *Sunrise:* 5:42AM  
**Muruga:** White *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon - Purple  
**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 3:02PM

Then Creative Work - Siddha Yoga

Tuesday, June 5, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 0.43 Tithi 21 - 22

**Gulika** 12:08PM - 1:44PM  
Yama 8:55AM - 10:31AM  
Rahu 3:21PM - 4:57PM

**Dhanishtha Until 11:15AM Wed**  
Vaidhriti\* Until 10:47PM  
Visti Until 10:21PM  
Shashthi\* Until 9:16AM

**Ganesha:** Purple *Sunrise:* 5:42AM  
**Muruga:** White *Sunset:* 6:34PM  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:15AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 12.43 Tithi 22 - 23

**Gulika** 10:31AM - 12:08PM  
Yama 7:18AM - 8:55AM  
Rahu 12:08PM - 1:44PM

**Dhanishtha Until 11:15AM**  
Vishkambha\* Until 11:11PM  
Balava Until 12:03AM Thu  
Saptami Until 11:15AM

**Ganesha:** Purple *Sunrise:* 5:42AM  
**Muruga:** White *Sunset:* 6:34PM  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:15AM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Kumbha Rasi: 24.58 Tithi 23 - 24

**Gulika** 8:55AM - 10:32AM  
Yama 5:42AM - 7:19AM  
Rahu 1:45PM - 3:21PM

**Purvaproshtapada\* Until 10:03PM**  
Priti Until 10:03PM  
Tailila Until 24:63  
Ashtami\* Until 12:38PM

**Ganesha:** Blue *Sunrise:* 5:42AM  
**Muruga:** White *Sunset:* 6:34PM  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Chennai, India
Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Sun 9		Sutra 54		
Meena Rasi: 7.31	Tithi 24 – 25	<b>Gulika</b> 7:19AM – 8:55AM	<b>Uttaraproshtapada</b> Until 11:01PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:42AM	Vilamba 5120
		Yama 3:21PM – 4:58PM	Ayushman Until 10:15PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 8
		318132361 <b>Rahu</b> 10:32AM – 12:08PM	Vanija Until 1:14AM Sat	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 1:14PM	Moon – Clear		
				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Chennai, India
Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Sutra 55		
Meena Rasi: 20.28	Tithi 25 – 26	<b>Gulika</b> 5:42AM – 7:19AM	<b>Revati</b> Until 10:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:42AM	Vilamba 5120
		Yama 1:45PM – 3:22PM	Saubhagya Until 8:48PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 8
		318132361 <b>Rahu</b> 8:55AM – 10:32AM	Bava Until 12:34AM Sun	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 12:59PM	Moon – Clear		
Until 10:59PM				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Chennai, India
Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11		Sutra 56		
Mesha Rasi: 3.52	Tithi 26 – 27	<b>Gulika</b> 3:22PM – 4:58PM	<b>Ashvini</b> Until 10:04AM Mon	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:42AM	Vilamba 5120
		Yama 12:09PM – 1:45PM	Sobhana Until 6:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 8
		328132361 <b>Rahu</b> 4:58PM – 6:35PM	Kaulava Until 11:06PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 11:55AM	Moon – White		
Until 10:04AM Mon				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga						

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Chennai, India
Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 57		
Mesha Rasi: 17.43	Tithi 27 – 28	<b>Gulika</b> 1:45PM – 3:22PM	<b>Ashvini</b> Until 10:04AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:42AM	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:32AM – 12:09PM	Athiganda* Until 9:05PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 8
		328132361 <b>Rahu</b> 7:19AM – 8:56AM	Taitila Until 10:04AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 10:04AM	Moon – White		
Until 10:04AM				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga						
						<i>Pradosha Vrata (Fasting)</i>

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Chennai, India
Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Catuspada* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 58		
Vrishabha Rasi: 2.01	Tithi 28 – 29	<b>Gulika</b> 12:09PM – 1:46PM	<b>Bharani</b> Until 7:35AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:43AM	Vilamba 5120
		Yama 8:56AM – 10:32AM	Sukarma Until 6:59PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 8
		328132361 <b>Rahu</b> 3:22PM – 4:59PM	Catuspada Until 15:00AM Wed	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 7:35AM	Moon – White		
Until 7:35AM				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Chennai, India
<b>Retreat Star</b>		Krittika/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada* Karana Amavasyayam Titau		Sun 14		Sutra 59
Vrishabha Rasi: 16.4	Tithi 30	<b>Gulika</b> 10:33AM – 12:09PM	<b>Krittika</b> Until 1:17AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM	Vilamba 5120
		Yama 7:19AM – 8:56AM	Dhriti Until 4:82AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 8
		338132361 <b>Rahu</b> 12:09PM – 1:46PM	Catuspada Until 3:00PM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 1:17AM Thu	Moon – Yellow		
Until 1:17AM Thu				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga						

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Chennai, India
<b>Retreat Star</b>		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna* Karana Prathamayam Titau		Sun 15		Sutra 60
Mithuna Rasi: 1.35	Tithi 1	<b>Gulika</b> 8:56AM – 10:33AM	<b>Mrigashira</b> Until 2:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM	Vilamba 5120
		Yama 5:43AM – 7:19AM	Ganda* Until 2:07PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 8
		338132361 <b>Rahu</b> 1:46PM – 3:23PM	Kintughna Until 11:33AM	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 9:46PM	Moon – Yellow		
				<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>	

<b>1 Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India Sun 16 Sutra 61 Vilamba 5120
Mithuna Rasi: 16.36	Tithi 2	<b>Gulika</b> 7:20AM – 8:56AM	<b>Ardra</b> Until 11:16AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:43AM	
		Yama 3:23PM – 5:00PM	Vridhhi Until 9:26PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 9
		339132361 <b>Rahu</b> 10:33AM – 12:10PM	Balava Until 8:01AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 6:14PM	Moon – Yellow		
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>2 Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 17 Sutra 62 Vilamba 5120
Kataka Rasi: 2	Tithi 3 – 4	<b>Gulika</b> 5:43AM – 7:20AM	<b>Punarvasu</b> Until 8:46AM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:43AM	
		Yama 1:47PM – 3:23PM	Dhruva Until 5:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9
		349132361 <b>Rahu</b> 8:56AM – 10:33AM	Gara Until 2:50PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 2:50PM	Moon – Blue		
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>3 Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 18 Sutra 63 Vilamba 5120
Kataka Rasi: 16.26	Tithi 4 – 5	<b>Gulika</b> 3:23PM – 5:00PM	<b>Pushya</b> Until 8:56AM Mon	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:43AM	
		Yama 12:10PM – 1:47PM	Vyaghata* Until 1:58PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9
		349132361 <b>Rahu</b> 5:00PM – 6:37PM	Bava Until 9:76PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 5:35PM	Moon – Blue		
		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>4 Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Magha* Nakshatra Harshana/Vajra* Yoga Balava/Gara Karana Panchami/Shashthiyam Titau				Chennai, India Sun 19 Sutra 64 Vilamba 5120
Simha Rasi: 1	Tithi 5 – 6	<b>Gulika</b> 1:47PM – 3:24PM	<b>Pushya</b> Until 8:56AM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:43AM	
<b>Family Home Evening</b>		Yama 10:34AM – 12:10PM	Harshana Until 2:44AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 7:20AM – 8:57AM	Gara Until 17:45AM Tue	<b>Nataraja:</b> White		3rd Phase
Until 8:56AM			<b>Panchami</b> Until 8:56AM	Moon – Red		
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>

<b>5 Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Chennai, India Sun 20 Sutra 65 Vilamba 5120
Simha Rasi: 15.14	Tithi 6 – 7	<b>Gulika</b> 12:11PM – 1:47PM	<b>Purvaphalguni</b> Until 1:42AM Wed	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:44AM	
		Yama 8:57AM – 10:34AM	Vajra* Until 7:50AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9
		359132361 <b>Rahu</b> 3:24PM – 5:01PM	Vanija Until 4:57AM Wed	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 6:39AM	Moon – Red		
Until 1:42AM Wed				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Chennai, India Sun 21 Sutra 66 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 10:34AM – 12:11PM	<b>Uttaraphalguni</b> Until 1:06AM Thu	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:44AM	
Simha Rasi: 29.07	Tithi 8	Yama 7:21AM – 8:57AM	Vyatipata* Until 3:31AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 9
		359132361 <b>Rahu</b> 12:11PM – 1:47PM	Visti Until 4:19PM	<b>Nataraja:</b> White		Ashtami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 3:49AM Thu	Moon – Red		
Until 1:06AM Thu		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava Karana Navamyam Titau				Chennai, India Sun 22 Sutra 67 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:58AM – 10:34AM	<b>Hasta</b> Until 1:24AM Fri	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:44AM	
Kanya Rasi: 12.38	Tithi 9	Yama 5:44AM – 7:21AM	Variyan Until 1:24AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 9
		369132361 <b>Rahu</b> 1:48PM – 3:24PM	Balava Until 3:30PM	<b>Nataraja:</b> White		Navami
Routine Work	Marana Yoga		<b>Navami*</b> Until 3:17AM Fri	Moon – Green		
Until 1:24AM Fri				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1 Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Tailila/Gara Karana Dashamyam Titau				Chennai, India
Kanya Rasi: 25.5	Tithi 10	<b>Gulika</b> 7:21AM – 8:58AM	<b>Chitra</b> Until 2:05AM Sat	<b>Ganesh:</b> Green <i>Sunrise:</i> 5:44AM	Sun 23	Sutra 68
		Yama 3:25PM – 5:01PM	Parigha* Until 1:02AM Sat	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM		Vilamba 5120
Creative Work	Siddha Yoga	361132361 <b>Rahu</b> 10:34AM – 12:11PM	Tailila Until 15:33AM Sat	<b>Nataraja:</b> White		Moon 5 - Phase 10
			<b>Dashami</b> Until 2:03AM Fri	Moon – Green		4th Phase
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>

<b>2 Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India
Tula Rasi: 8.44	Tithi 11	<b>Gulika</b> 5:45AM – 7:21AM	<b>Svati</b> Until 3:08AM Sun	<b>Ganesh:</b> Green <i>Sunrise:</i> 5:45AM	Sun 24	Sutra 69
		Yama 1:48PM – 3:25PM	Shiva Until 12:28AM Sun	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM		Vilamba 5120
Creative Work	Siddha Yoga	361132361 <b>Rahu</b> 8:58AM – 10:35AM	Vanija Until 3:33PM	<b>Nataraja:</b> White		Moon 5 - Phase 10
Until 3:08AM Sun			<b>Ekadashi</b> Until 3:51AM Sun	Moon – Green		4th Phase
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>

<b>3 Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Chennai, India
Tula Rasi: 21.24	Tithi 12	<b>Gulika</b> 3:25PM – 5:02PM	<b>Vishakha</b> Until 4:58AM Mon	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:45AM	Sun 25	Sutra 70
		Yama 12:12PM – 1:48PM	Siddha Until 12:15AM Mon	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM		Vilamba 5120
Routine Work	Marana Yoga	371132361 <b>Rahu</b> 5:02PM – 6:38PM	Bava Until 4:20PM	<b>Nataraja:</b> White		Moon 5 - Phase 10
Until 4:58AM Mon			<b>Dvadashi</b> Until 4:53AM Mon	Moon – Orange		4th Phase
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>
						Devaloka Time: 6:AM to 9:AM

<b>4 Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodashyam Titau				Chennai, India
Vrischika Rasi: 3.51	Tithi 13	<b>Gulika</b> 1:49PM – 3:25PM	<b>Anuradha</b> Until 7:03AM Tue	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:45AM	Sun 26	Sutra 71
<b>Family Home Evening</b>		Yama 10:35AM – 12:12PM	Sadhya Until 12:22AM Tue	<b>Muruga:</b> Clear <i>Sunset:</i> 6:39PM		Vilamba 5120
Creative Work	Siddha Yoga	371142361 <b>Rahu</b> 7:22AM – 8:58AM	Kaulava Until 5:35PM	<b>Nataraja:</b> White		Moon 5 - Phase 10
Until 7:03AM Tue			<b>Trayodashi</b> Until 6:20AM Tue	Moon – Orange		4th Phase
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>
						<i>Pradosha Vrata</i>

<b>5 Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India
Vrischika Rasi: 16.07	Tithi 13 – 14	<b>Gulika</b> 12:12PM – 1:49PM	<b>Anuradha</b> Until 7:03AM	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:45AM	Sun 27	Sutra 72
		Yama 8:59AM – 10:35AM	Subha Until 12:50AM Wed	<b>Muruga:</b> Clear <i>Sunset:</i> 6:39PM		Vilamba 5120
Creative Work	Siddha Yoga	371142361 <b>Rahu</b> 3:25PM – 5:02PM	Gara Until 7:14PM	<b>Nataraja:</b> White		Moon 5 - Phase 10
Until 7:03AM			<b>Trayodashi</b> Until 6:20AM	Moon – Orange		4th Phase
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>

<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija Karana Chaturdashi/Purnimayam Titau				Chennai, India
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:36AM – 12:12PM	<b>Jyeshtha*</b> Until 9:21AM	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:45AM	Sun 27	Sutra 73
Vrischika Rasi: 28.14	Tithi 14 – 15	Yama 7:22AM – 8:59AM	Sukla Until 1:31AM Thu	<b>Muruga:</b> Clear <i>Sunset:</i> 6:39PM		Vilamba 5120
		371142361 <b>Rahu</b> 12:12PM – 1:49PM	Vanija Until 8:10AM	<b>Nataraja:</b> White		Moon 5 - Phase 10
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:10AM	Moon – Orange		Purnima
Until 9:21AM				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Chennai, India
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:59AM – 10:36AM	<b>Mula*</b> Until 12:18PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 5:46AM	Sun 28	Sutra 74
Dhanus Rasi: 10.12	Tithi 15 – 16	Yama 5:46AM – 7:22AM	Brahma Until 12:18PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:39PM		Vilamba 5120
		381142361 <b>Rahu</b> 1:49PM – 3:26PM	Kaulava Until 12:46AM Fri	<b>Nataraja:</b> White		Moon 5 - Phase 10
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:21AM	Moon – Light Blue		Prathama
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>
						Devaloka Time: 12:PM to 3:PM





Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chennai, India

Dhanus Rasi: 22.04    Tihti 16 – 17

Gulika    7:23AM – 8:59AM  
Yama      3:26PM – 5:03PM  
Rahu      10:36AM – 12:13PMPurvashadha\* Until 3:19PM  
Indra Until 3:32AM Sat  
Taitila Until 2:04AM Sat  
Prathama\* Until 12:46PMGanesha: Blue    Sunrise: 5:46AM  
Muruga: Clear     Sunset: 6:39PM  
Nataraja: White  
Moon – Light Blue  
Jyeshtha-AniSunrise: 5:46AM  
Sunset: 6:39PMVilamba 5120  
Moon 6 - Phase 11  
1st PhaseBhuloka Day  
Devaloka Time: 12:PM to 3:PMRoutine Work    Prabalarishta Yoga  
Until 3:19PM  
Then Routine Work - Marana Yoga**1 Saturday, June 30, 2018**Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Makara Rasi: 3.52    Tihti 17 – 18

Gulika    5:46AM – 7:23AM  
Yama      1:49PM – 3:26PM  
Rahu      9:00AM – 10:36AMUttarashadha Until 5:56PM Sun  
Vaidhriti\* Until 4:39AM Sun  
Vanija Until 4:40AM Sun  
Dvitiya Until 3:21PMGanesha: Blue    Sunrise: 5:46AM  
Muruga: Clear     Sunset: 6:39PM  
Nataraja: White  
Moon – Light Blue  
Jyeshtha-AniSunrise: 5:46AM  
Sunset: 6:39PMSun 1    Sutra 76  
Vilamba 5120  
Moon 6 - Phase 11  
1st PhaseBhuloka Day  
Devaloka Time: 12:PM to 3:PMRoutine Work    Marana Yoga  
Until 5:56PM Sun  
Then Creative Work - Siddha Yoga**2 Sunday, July 1, 2018**Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vishkambha\* Yoga Visti\* Karana Tritiya/Chaturthyam Titau

Chennai, India

Makara Rasi: 15.39    Tihti 18 – 19

Gulika    3:26PM – 5:03PM  
Yama      12:13PM – 1:50PM  
Rahu      5:03PM – 6:40PMUttarashadha Until 5:56PM  
Vishkambha\* Until 5:44AM Mon  
Visti Until 5:56PM  
Tritiya Until 5:56PMGanesha: Red      Sunrise: 5:47AM  
Muruga: Clear      Sunset: 6:40PM  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniSunrise: 5:47AM  
Sunset: 6:40PMSun 2    Sutra 77  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Devaloka Day

Creative Work    Amrita Yoga  
Until 5:56PM  
Then Routine Work - Marana Yoga**3 Monday, July 2, 2018**Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Makara Rasi: 27.28    Tihti 19

Gulika    1:50PM – 3:26PM  
Yama      10:37AM – 12:13PM  
Rahu      7:23AM – 9:00AMDhanishtha Until 12:35AM Tue  
Priti Until 6:40AM Tue  
Bava Until 9:31AM Tue  
Chaturthi\* Until 5:44AM MonGanesha: Red      Sunrise: 5:47AM  
Muruga: Clear      Sunset: 6:40PM  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniSunrise: 5:47AM  
Sunset: 6:40PMSun 3    Sutra 78  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Devaloka Day

Family Home Evening  
Creative Work    Siddha Yoga  
Until 12:35AM Tue  
Then Routine Work - Marana Yoga**4 Tuesday, July 3, 2018**Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Kumbha Rasi: 9.21    Tihti 20

Gulika    12:13PM – 1:50PM  
Yama      9:00AM – 10:37AM  
Rahu      3:27PM – 5:03PMShatabhishak Until 12:08AM Thu We  
Priti Until 6:40AM  
Kaulava Until 9:31AM  
Panchami Until 10:30PMGanesha: Yellow   Sunrise: 5:47AM  
Muruga: Clear      Sunset: 6:40PM  
Nataraja: White  
Moon – Purple  
Jyeshtha-AniSunrise: 5:47AM  
Sunset: 6:40PMSun 4    Sutra 79  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Devaloka Day

Routine Work    Marana Yoga  
Until 12:08AM Thu We  
Then Creative Work - Amrita Yoga**5 Wednesday, July 4, 2018**Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Gara/Visti\* Karana Shashthyam Titau

Chennai, India

Kumbha Rasi: 21.23    Tihti 21

Gulika    10:37AM – 12:14PM  
Yama      7:24AM – 9:00AM  
Rahu      12:14PM – 1:50PMShatabhishak Until 12:08AM Thu  
Ayushman Until 5:23AM Thu  
Gara Until 11:25AM  
Shashthi\* Until 12:08AM ThuGanesha: Orange   Sunrise: 5:47AM  
Muruga: Clear      Sunset: 6:40PM  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniSunrise: 5:47AM  
Sunset: 6:40PMSun 5    Sutra 80  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Devaloka Day

Creative Work    Amrita Yoga  
Until 12:08AM Thu  
Then Creative Work - Siddha Yoga**6 Thursday, July 5, 2018**Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Chennai, India

Meena Rasi: 3.38    Tihti 22

Gulika    9:01AM – 10:37AM  
Yama      5:48AM – 7:24AM  
Rahu      1:50PM – 3:27PMUttaraproshtapada Until 6:53AM Fri  
Saubhagya Until 7:28AM  
Visti Until 12:45PM  
Saptami Until 1:08AM FriGanesha: Orange   Sunrise: 5:48AM  
Muruga: Clear      Sunset: 6:40PM  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniSunrise: 5:48AM  
Sunset: 6:40PMSun 6    Sutra 81  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Devaloka Day

Creative Work    Siddha Yoga

**Friday, July 6, 2018**

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Meena Rasi: 16.11    Tihti 23

Gulika    7:24AM – 9:01AM  
Yama      3:27PM – 5:03PM  
Rahu      10:37AM – 12:14PMUttaraproshtapada Until 6:53AM  
Sobhana Until 7:09AM  
Balava Until 1:23PM  
Ashtami\* Until 1:24AM SatGanesha: Orange   Sunrise: 5:48AM  
Muruga: Clear      Sunset: 6:40PM  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniSunrise: 5:48AM  
Sunset: 6:40PMSun 7    Sutra 82  
Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Devaloka Day

Creative Work    Siddha Yoga

**Saturday, July 7, 2018**

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Taitila Karana Navamyam Titau

Chennai, India

Meena Rasi: 29.05    Tihti 24

Gulika    5:48AM – 7:25AM  
Yama      1:51PM – 3:27PM  
Rahu      9:01AM – 10:38AMRevati Until 11:31PM Sun  
Athiganda\* Until 6:13AM  
Taitila Until 1:14PM  
Navami\* Until 12:51AM SunGanesha: Green    Sunrise: 5:48AM  
Muruga: Clear      Sunset: 6:40PM  
Nataraja: White  
Moon – Clear  
Jyeshtha-AniSunrise: 5:48AM  
Sunset: 6:40PMSun 8    Sutra 83  
Vilamba 5120  
Moon 6 - Phase 11  
NavamiBhuloka Day  
Devaloka Time: 12:PM to 3:PMRoutine Work    Prabalarishta Yoga  
Until 11:31PM Sun  
Then Creative Work - Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time


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<b>1</b>	<b>Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Chennai, India
	Revati/Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 84		Vilamba 5120
Mesha Rasi: 12.25	Tithi 25	<b>Gulika</b> 3:27PM – 5:04PM	<b>Revati Until 11:31PM</b>	<b>Ganesh:</b> Orange <i>Sunrise: 5:48AM</i>			
		Yama 12:14PM – 1:51PM	Dhriti Until 1:88AM Mon	<b>Muruga:</b> Clear <i>Sunset: 6:40PM</i>	Moon 6 - Phase 12		
	422242361	<b>Rahu</b> 5:04PM – 6:40PM	Vanija Until 12:18PM	<b>Nataraja:</b> White	2nd Phase		
Creative Work Siddha Yoga			<b>Dashami Until 11:31PM</b>	Moon – White	<b>Devaloka Day</b>		
Until 11:31PM				<b>Jyeshtha-Ani</b>			
Then Routine Work - Prabararishta Yoga							

<b>2</b>	<b>Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Chennai, India
	Bharani/Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashyam Titau		Sun 10		Sutra 85		Vilamba 5120
Mesha Rasi: 26.11	Tithi 26	<b>Gulika</b> 1:51PM – 3:27PM	<b>Bharani Until 6:48AM</b>	<b>Ganesh:</b> Orange <i>Sunrise: 5:49AM</i>			
<b>Family Home Evening</b>		Yama 10:38AM – 12:14PM	Shula* Until 6:48AM	<b>Muruga:</b> Clear <i>Sunset: 6:40PM</i>	Moon 6 - Phase 12		
	422242361	<b>Rahu</b> 7:25AM – 9:02AM	Bava Until 10:35AM	<b>Nataraja:</b> White	2nd Phase		
Creative Work Siddha Yoga			<b>Ekadashi* Until 9:27PM</b>	Moon – White	<b>Devaloka Day</b>		
Until 6:48AM				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Chennai, India
	Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11		Sutra 86		Vilamba 5120
Vrishabha Rasi: 10.24	Tithi 27	<b>Gulika</b> 12:15PM – 1:51PM	<b>Rohini Until 3:14AM Wed</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 5:49AM</i>			
		Yama 9:02AM – 10:38AM	Ganda* Until 8:22PM	<b>Muruga:</b> Clear <i>Sunset: 6:40PM</i>	Moon 6 - Phase 12		
	422242361	<b>Rahu</b> 3:27PM – 5:04PM	Kaulava Until 8:11AM	<b>Nataraja:</b> White	2nd Phase		
Creative Work Amrita Yoga			<b>Dvadashi* Until 6:45PM</b>	Moon – Yellow	<b>Bhuloka Day</b>		
Until 3:14AM Wed				<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Chennai, India
	Mrigashira Nakshatra Vriddhi/Dhruva Yoga Vanija Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 87		Vilamba 5120
Vrishabha Rasi: 25.02	Tithi 28 – 29	<b>Gulika</b> 10:38AM – 12:15PM	<b>Mrigashira Until 12:42AM Thu</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 5:49AM</i>			
		Yama 7:26AM – 9:02AM	Vriddhi Until 4:41PM	<b>Muruga:</b> Clear <i>Sunset: 6:40PM</i>	Moon 6 - Phase 12		
	422242361	<b>Rahu</b> 12:15PM – 1:51PM	Vanija Until 3:34PM	<b>Nataraja:</b> White	2nd Phase		
Creative Work Siddha Yoga			<b>Trayodashi* Until 3:34PM</b>	Moon – Yellow	<b>Bhuloka Day</b>		
Until 12:42AM Thu				<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

	<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Chennai, India
	<b>Retreat Star</b>		Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 88
Mithuna Rasi: 9.58	Tithi 29 – 30	<b>Gulika</b> 9:02AM – 10:38AM	<b>Ardra Until 9:47PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 5:50AM</i>			Vilamba 5120
		Yama 5:50AM – 7:26AM	Dhruva Until 9:47PM	<b>Muruga:</b> Clear <i>Sunset: 6:40PM</i>	Moon 6 - Phase 12		
	422242361	<b>Rahu</b> 1:51PM – 3:27PM	Sakuni Until 12:03PM	<b>Nataraja:</b> White	Amavasya		
Routine Work Marana Yoga			<b>Chaturdashi* Until 12:03PM</b>	Moon – Yellow	<b>Bhuloka Day</b>		
Until 9:47PM				<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Amrita Yoga							

<b>Friday, July 13, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Chennai, India
			Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 89
Mithuna Rasi: 25.06	Tithi 30 – 1	<b>Gulika</b> 7:26AM – 9:02AM	<b>Punarvasu Until 7:00PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:50AM</i>			Vilamba 5120
		Yama 3:27PM – 5:04PM	Vyaghata* Until 8:34AM	<b>Muruga:</b> Clear <i>Sunset: 6:40PM</i>	Moon 6 - Phase 12		
	422242361	<b>Rahu</b> 10:39AM – 12:15PM	Kintughna Until 6:28PM	<b>Nataraja:</b> White	Prathama		
Creative Work Siddha Yoga			<b>Amavasya* Until 8:20AM</b>	Moon – Blue	<b>Bhuloka Day</b>		
Until 7:00PM		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Chennai, India Sun 15 Sutra 90 Vilamba 5120		
Kataka Rasi: 10.16	Tithi 2	<b>Gulika</b>	5:50AM – 7:26AM	<b>Pushya</b> <b>Until 9:37PM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM				
		Yama	1:51PM – 3:28PM	Vajra* <b>Until 12:21AM Sun</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 13			
		442242361 <b>Rahu</b>	9:03AM – 10:39AM	Balava <b>Until 10:76AM Sun</b>	<b>Nataraja:</b> White		3rd Phase			
Creative Work	Siddha Yoga					Moon – Blue	<b>Bhuloka Day</b>			
Until 9:37PM Sun						<b>Ashada*Ani</b>	Devaloka Time: 12:PM to 3:PM			
Then Routine Work - Marana Yoga										

<b>2</b>		<b>Sunday, July 15, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Chennai, India Sun 16 Sutra 91 Vilamba 5120		
Kataka Rasi: 25.2	Tithi 3	<b>Gulika</b>	3:28PM – 5:04PM	<b>Pushya</b> <b>Until 9:37PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM				
		Yama	12:15PM – 1:51PM	Siddhi <b>Until 8:32PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 13			
		442242361 <b>Rahu</b>	5:04PM – 6:40PM	Taitila <b>Until 11:16AM</b>	<b>Nataraja:</b> White		3rd Phase			
Creative Work	Siddha Yoga					Moon – Blue	<b>Bhuloka Day</b>			
Until 9:37PM						<b>Ashada*Ani</b>	Devaloka Time: 12:PM to 3:PM			
Then Routine Work - Marana Yoga										

<b>3</b>		<b>Monday, July 16, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Vistil* Karana Chaturthiyam Titau		Chennai, India Sun 17 Sutra 92 Vilamba 5120		
Simha Rasi: 10.09	Tithi 4	<b>Gulika</b>	1:51PM – 3:28PM	<b>Ashlesha*</b> <b>Until 6:42PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:51AM				
<b>Family Home Evening</b>		Yama	10:39AM – 12:15PM	Vyatipata* <b>Until 4:64PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 13			
		453242361 <b>Rahu</b>	7:27AM – 9:03AM	Vanija <b>Until 8:07AM</b>	<b>Nataraja:</b> White		3rd Phase			
Routine Work	Marana Yoga					Moon – Red	<b>Bhuloka Day</b>			
Until 6:42PM						<b>Ashada*Adi</b>	Devaloka Time: 12:PM to 3:PM			
Then Creative Work - Siddha Yoga										

<b>4</b>		<b>Tuesday, July 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava Karana Panchami/Shashthiyam Titau		Chennai, India Sun 18 Sutra 93 Vilamba 5120		
Simha Rasi: 24.37	Tithi 5 – 6	<b>Gulika</b>	12:15PM – 1:51PM	<b>Purvaphalguni</b> <b>Until 9:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:51AM				
		Yama	9:03AM – 10:39AM	Variyan <b>Until 2:01PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 13			
		453242362 <b>Rahu</b>	3:28PM – 5:04PM	Balava <b>Until 4:19PM</b>	<b>Nataraja:</b> Clear		3rd Phase			
Creative Work	Siddha Yoga					Moon – Red	<b>Devaloka Day</b>			
Until 9:26AM						<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga										

<b>5</b>		<b>Wednesday, July 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Chennai, India Sun 19 Sutra 94 Vilamba 5120		
Kanya Rasi: 8.4	Tithi 6 – 7	<b>Gulika</b>	10:39AM – 12:15PM	<b>Uttaraphalguni</b> <b>Until 1:35PM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:51AM				
		Yama	7:27AM – 9:03AM	Parigha* <b>Until 11:31AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 13			
		453242362 <b>Rahu</b>	12:15PM – 1:51PM	Gara <b>Until 2:01AM Thu</b>	<b>Nataraja:</b> Clear		3rd Phase			
Creative Work	Amrita Yoga					Moon – Red	<b>Devaloka Day</b>			
Until 1:35PM Thu						<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga										

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Chennai, India Sun 20 Sutra 95 Vilamba 5120		
Kanya Rasi: 22.17	Tithi 7 – 8	<b>Gulika</b>	9:03AM – 10:39AM	<b>Uttaraphalguni</b> <b>Until 1:35PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM				
		Yama	5:51AM – 7:27AM	Shiva <b>Until 9:36AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 13			
		463242362 <b>Rahu</b>	1:52PM – 3:28PM	Visti <b>Until 24:82</b>	<b>Nataraja:</b> Clear		Ashtami			
Routine Work	Marana Yoga					Moon – Green	<b>Sivaloka Day</b>			
Until 1:35PM						<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga										

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Chennai, India Sun 21 Sutra 96 Vilamba 5120		
Tula Rasi: 5.31	Tithi 8 – 9	<b>Gulika</b>	7:28AM – 9:04AM	<b>Chitra</b> <b>Until 8:07AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM				
		Yama	3:27PM – 5:03PM	Siddha <b>Until 8:15AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 13			
		463242362 <b>Rahu</b>	10:40AM – 12:16PM	Balava <b>Until 1:27AM Sat</b>	<b>Nataraja:</b> Clear		Navami			
Creative Work	Siddha Yoga					Moon – Green	<b>Sivaloka Day</b>			
						<b>Ashada*Adi</b>				

<b>1</b>		<b>Saturday, July 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Chennai, India Sun 22 Sutra 97
Tula Rasi: 18.22	Tithi 9 - 10	<b>Gulika</b> 5:52AM - 7:28AM	<b>Svati</b> Until 8:56AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:52AM	Vilamba 5120		
		Yama 1:52PM - 3:27PM	Sadhya Until 7:28AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 9:04AM - 10:40AM	Taitila Until 2:12AM Sun	<b>Nataraja:</b> Clear		4th Phase		
			<b>Navami*</b> Until 1:43PM	Moon - Green		<b>Sivaloka Day</b>		
				<b>Ashada*Adi</b>				


<b>2</b>		<b>Sunday, July 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Chennai, India Sun 23 Sutra 98
Vrischika Rasi: 0.54	Tithi 10 - 11	<b>Gulika</b> 3:27PM - 5:03PM	<b>Vishakha</b> Until 4:22PM Mon	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:52AM	Vilamba 5120		
		Yama 12:16PM - 1:52PM	Subha Until 7:14AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 <b>Rahu</b> 5:03PM - 6:39PM	Vanija Until 3:32AM Mon	<b>Nataraja:</b> Clear		4th Phase		
			<b>Dashami</b> Until 2:47PM	Moon - Orange		<b>Devaloka Day</b>		
				<b>Ashada*Adi</b>				


<b>3</b>		<b>Monday, July 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Chennai, India Sun 24 Sutra 99
Vrischika Rasi: 13.11	Tithi 11 - 12	<b>Gulika</b> 1:51PM - 3:27PM	<b>Vishakha</b> Until 4:22PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:53AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama 10:40AM - 12:16PM	Sukla Until 7:56AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	473242362 <b>Rahu</b> 7:28AM - 9:04AM	Bava Until 5:22AM Tue	<b>Nataraja:</b> Clear		4th Phase		
			<b>Ekadashi</b> Until 4:22PM	Moon - Orange		<b>Devaloka Day</b>		
				<b>Ashada*Adi</b>				

<b>4</b>		<b>Tuesday, July 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava Karana Dvadashyam Titau		Chennai, India Sun 25 Sutra 100
Vrischika Rasi: 25.17	Tithi 12	<b>Gulika</b> 12:16PM - 1:51PM	<b>Jyeshtha*</b> Until 3:15PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:53AM	Vilamba 5120		
		Yama 9:04AM - 10:40AM	Brahma Until 7:56AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	473242362 <b>Rahu</b> 3:27PM - 5:03PM	Balava Until 7:33AM Wed	<b>Nataraja:</b> Clear		4th Phase		
Until 3:15PM			<b>Dvadashi</b> Until 7:56AM Tue	Moon - Orange		<b>Devaloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Ashada*Adi</b>				

<b>5</b>		<b>Wednesday, July 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Chennai, India Sun 26 Sutra 101
Dhanus Rasi: 7.14	Tithi 13	<b>Gulika</b> 10:40AM - 12:16PM	<b>Mula*</b> Until 6:18PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:53AM	Vilamba 5120		
		Yama 7:29AM - 9:04AM	Indra Until 8:46AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14		
Routine Work	Marana Yoga	483342362 <b>Rahu</b> 12:16PM - 1:51PM	Kaulava Until 7:33AM	<b>Nataraja:</b> Clear		4th Phase		
Until 6:18PM			<b>Trayodashi</b> Until 8:44PM	Moon - Light Blue		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Ashada*Adi</b>				
				<i>Pradosha Vrata</i>				

<b>6</b>		<b>Thursday, July 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Chennai, India Sun 27 Sutra 102
Dhanus Rasi: 19.05	Tithi 14	<b>Gulika</b> 9:05AM - 10:40AM	<b>Purvashadha*</b> Until 9:23PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:53AM	Vilamba 5120		
		Yama 5:53AM - 7:29AM	Vaidhriti* Until 9:45AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14		
Creative Work	Siddha Yoga	483342362 <b>Rahu</b> 1:51PM - 3:27PM	Gara Until 10:00AM	<b>Nataraja:</b> Clear		4th Phase		
Until 9:23PM			<b>Chaturdashi*</b> Until 11:16PM	Moon - Light Blue		<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga				<b>Ashada*Adi</b>				

		<b>Friday, July 27, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Chennai, India Sun 28 Sutra 103
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:29AM - 9:05AM	<b>Uttarashadha</b> Until 12:22AM Sat	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:54AM	Vilamba 5120		
Makara Rasi: 0.53	Tithi 15	Yama 3:27PM - 5:02PM	Vishkambha* Until 10:51AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14		
		483342362 <b>Rahu</b> 10:40AM - 12:16PM	Visti Until 14:69AM Sat	<b>Nataraja:</b> Clear		Purnima		
Routine Work	Marana Yoga		<b>Purnima*</b> Until 9:45AM	Moon - Light Blue		<b>Sivaloka Day</b>		
Until 12:22AM Sat				<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga		<b>Total Lunar Eclipse</b>						
		<b>Satguru Purnima</b>						

		<b>Saturday, July 28, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Chennai, India Sun 29 Sutra 104
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:54AM - 7:29AM	<b>Shravana</b> Until 3:38AM Sun	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:54AM	Vilamba 5120		
Makara Rasi: 12.41	Tithi 16	Yama 1:51PM - 3:27PM	Priti Until 11:59AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14		
		493342362 <b>Rahu</b> 9:05AM - 10:40AM	Balava Until 3:09PM	<b>Nataraja:</b> Clear		Prathama		
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:23AM Sun	Moon - Purple		<b>Devaloka Day</b>		
Until 3:38AM Sun				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila Karana Dvitiyayam Titau

Chennai, India  
Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 24.29    Tihti 17

**Gulika** 3:27PM – 5:02PM  
Yama 12:16PM – 1:51PM  
493342362 **Rahu** 5:02PM – 6:37PM

**Dhanishtha Until 6:44AM Mon**  
Ayushman Until 12:59PM  
Taitila Until 5:36PM  
**Dvitiya Until 6:44AM Mon**

**Ganesha:** Blue    *Sunrise:* 5:54AM  
**Muruga:** Clear    *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

**Devaloka Day**

Routine Work    Marana Yoga  
Until 6:44AM Mon  
Then Creative Work - Siddha Yoga

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India  
Sun 1    Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 6.23    Tihti 17 – 18  
**Family Home Evening**  
Creative Work    Siddha Yoga

**Gulika** 1:51PM – 3:26PM  
Yama 10:40AM – 12:16PM  
494342362 **Rahu** 7:30AM – 9:05AM

**Dhanishtha Until 6:44AM**  
Saubhagya Until 1:50PM  
Vanija Until 7:49PM  
**Dvitiya Until 6:44AM**

**Ganesha:** Blue    *Sunrise:* 5:54AM  
**Muruga:** Clear    *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Dvarana Tritiya/Chaturthiyam Titau

Chennai, India  
Sun 2    Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 18.23    Tihti 18 – 19  
Routine Work    Marana Yoga

**Gulika** 12:16PM – 1:51PM  
Yama 9:05AM – 10:40AM  
494342362 **Rahu** 3:26PM – 5:02PM

**Shatabhishak Until 9:02AM**  
Sobhana Until 2:28PM  
Bava Until 9:41PM  
**Tritiya Until 8:47AM**

**Ganesha:** Blue    *Sunrise:* 5:54AM  
**Muruga:** Clear    *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Balava/Gara Karana Chaturthi/Panchamyam Titau

Chennai, India  
Sun 3    Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 0.32    Tihti 19 – 20  
Creative Work    Amrita Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:40AM – 12:16PM  
Yama 7:30AM – 9:05AM  
414342362 **Rahu** 12:16PM – 1:51PM

**Purvaproshtapada\* Until 11:27AM**  
Athiganda\* Until 11:27AM  
Gara Until 23:59AM Thu  
**Chaturthi\* Until 10:26AM**

**Ganesha:** White    *Sunrise:* 5:55AM  
**Muruga:** Clear    *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila Karana Panchami/Shashthiyam Titau

Chennai, India  
Sun 4    Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 12.53    Tihti 20 – 21  
Creative Work    Siddha Yoga

**Gulika** 9:05AM – 10:40AM  
Yama 5:55AM – 7:30AM  
414342362 **Rahu** 1:51PM – 3:26PM

**Uttaraproshtapada Until 1:13PM**  
Sukarma Until 2:37PM  
Taitila Until 11:36AM  
**Panchami Until 11:36AM**

**Ganesha:** White    *Sunrise:* 5:55AM  
**Muruga:** Clear    *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Chennai, India  
Sun 5    Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 25.29    Tihti 21 – 22  
Creative Work    Siddha Yoga  
Until 2:16PM  
Then Creative Work - Amrita Yoga

**Gulika** 7:30AM – 9:05AM  
Yama 3:26PM – 5:01PM  
414342362 **Rahu** 10:40AM – 12:15PM

**Revati Until 2:16PM**  
Dhriti Until 2:04PM  
Visti Until 12:15AM Sat  
**Shashthi\* Until 12:11PM**

**Ganesha:** White    *Sunrise:* 5:55AM  
**Muruga:** Clear    *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India  
Sun 6    Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 8.24    Tihti 22 – 23  
Creative Work    Siddha Yoga

**Gulika** 5:55AM – 7:30AM  
Yama 1:50PM – 3:25PM  
424342362 **Rahu** 9:05AM – 10:40AM

**Ashvini Until 3:00PM**  
Shula\* Until 12:58PM  
Balava Until 11:51PM  
**Saptami Until 12:07PM**

**Ganesha:** Clear    *Sunrise:* 5:55AM  
**Muruga:** Clear    *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

**Sivaloka Day**

**Sunday, August 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhi Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Chennai, India  
Sun 7    Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 21.39    Tihti 23 – 24  
Routine Work    Prabalarishta Yoga  
Until 2:54PM  
Then Creative Work - Siddha Yoga

**Gulika** 3:25PM – 5:00PM  
Yama 12:15PM – 1:50PM  
424342362 **Rahu** 5:00PM – 6:35PM

**Bharani Until 2:54PM**  
Ganda\* Until 2:54PM  
Gara Until 9:58AM Mon  
**Ashtami\* Until 11:23AM**

**Ganesha:** Clear    *Sunrise:* 5:55AM  
**Muruga:** Clear    *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

**Sivaloka Day**

<b>1 Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara Karana Navami/Dashmyam Titau				Chennai, India Sun 8 Sutra 113 Vilamba 5120
Vrishabha Rasi: 5.17	Tithi 24 – 25	<b>Gulika</b> 1:50PM – 3:25PM	<b>Krittika</b> Until 1:59PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:56AM	
<b>Family Home Evening</b>	424342362	Yama 10:40AM – 12:15PM	Vridhhi Until 9:11AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	<b>Rahu</b> 7:30AM – 9:05AM	Gara Until 9:58AM	<b>Nataraja:</b> Clear		2nd Phase
Until 1:59PM			<b>Navami*</b> Until 9:58AM	Moon – White		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada*Adi</b>		

<b>2 Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Chennai, India Sun 9 Sutra 114 Vilamba 5120
Vrishabha Rasi: 19.19	Tithi 25 – 26	<b>Gulika</b> 12:15PM – 1:50PM	<b>Rohini</b> Until 12:43PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:56AM	
	434342362	Yama 9:05AM – 10:40AM	Dhruva Until 6:27AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	<b>Rahu</b> 3:25PM – 5:00PM	Bava Until 6:40PM	<b>Nataraja:</b> Clear		2nd Phase
Until 12:43PM			<b>Dashami</b> Until 7:54AM	Moon – Yellow		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>		

<b>3 Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau				Chennai, India Sun 10 Sutra 115 Vilamba 5120
Mithuna Rasi: 3.45	Tithi 27	<b>Gulika</b> 10:40AM – 12:15PM	<b>Mrigashira</b> Until 10:46AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:56AM	
	434342362	Yama 7:31AM – 9:05AM	Harshana Until 11:43PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	<b>Rahu</b> 12:15PM – 1:50PM	Kaulava Until 3:47PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 2:10AM Thu	Moon – Yellow		<b>Devaloka Day</b>
				<b>Ashada*Adi</b>		

<b>4 Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Chennai, India Sun 11 Sutra 116 Vilamba 5120
Mithuna Rasi: 18.31	Tithi 28	<b>Gulika</b> 9:05AM – 10:40AM	<b>Ardra</b> Until 7:07PM Fri	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:56AM	
	434342362	Yama 5:56AM – 7:31AM	Vajra* Until 8:15AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	<b>Rahu</b> 1:49PM – 3:24PM	Gara Until 12:30PM	<b>Nataraja:</b> Clear		2nd Phase
Until 7:07PM Fri			<b>Trayodashi*</b> Until 10:44PM	Moon – Yellow		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada*Adi</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5 Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chennai, India Sun 12 Sutra 117 Vilamba 5120
Kataka Rasi: 3.31	Tithi 29	<b>Gulika</b> 7:31AM – 9:05AM	<b>Ardra</b> Until 7:07PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:56AM	
	444342362	Yama 3:24PM – 4:58PM	Siddhi Until 11:42AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	<b>Rahu</b> 10:40AM – 12:15PM	Visti Until 8:58AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi*</b> Until 7:07PM	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada*Adi</b>		

<b>6 Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Chennai, India Sun 13 Sutra 118 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:56AM – 7:31AM	<b>Ashlesha*</b> Until 11:55PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:56AM	
Kataka Rasi: 18.38	Tithi 30 – 1	Yama 1:49PM – 3:24PM	Vyatipata* Until 11:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 9:05AM – 10:40AM	Kintughna Until 1:40AM Sun	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 3:27PM	Moon – Blue		<b>Devaloka Day</b>
Until 11:55PM		<b>Partial Solar Eclipse</b>		<b>Ashada*Adi</b>		
Then Creative Work - Amrita Yoga						

<b>7 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Chennai, India Sun 14 Sutra 119 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:23PM – 4:58PM	<b>Magha*</b> Until 9:26PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:57AM	
Simha Rasi: 3.43	Tithi 1 – 2	Yama 12:14PM – 1:49PM	Variyan Until 7:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 16
	455342362	<b>Rahu</b> 4:58PM – 6:32PM	Balava Until 10:14PM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 11:54AM	Moon – Red		<b>Sivaloka Day</b>
Until 9:26PM				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	<b>Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava Karana Dvitiya/Tritiyayam Titau				Chennai, India Sun 15 Sutra 120 Vilamba 5120
	Simha Rasi: 18.37	Tithi 2 - 3	<b>Gulika</b> 1:49PM - 3:23PM	<b>Purvaphalguni</b> Until 3:28AM Wed Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	
	<b>Family Home Evening</b>	455342362	Yama 10:40AM - 12:14PM	Shiva Until 12:19AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
	Creative Work Siddha Yoga		<b>Rahu</b> 7:31AM - 9:05AM	Kaulava Until 8:37AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 8:37AM	Moon - Red		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

2	<b>Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Chennai, India Sun 16 Sutra 121 Vilamba 5120
	Kanya Rasi: 3.13	Tithi 4	<b>Gulika</b> 12:14PM - 1:48PM	<b>Purvaphalguni</b> Until 3:28AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	
		455342362	Yama 9:05AM - 10:40AM	Siddha Until 5:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 17
	Creative Work Amrita Yoga		<b>Rahu</b> 3:23PM - 4:57PM	Vanija Until 4:33PM	<b>Nataraja:</b> Clear		3rd Phase
Until 3:28AM Wed			<b>Chaturthi*</b> Until 3:28AM Wed	Moon - Red		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Sravana-Adi</b>			

3	<b>Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India Sun 17 Sutra 122 Vilamba 5120
	Kanya Rasi: 17.25	Tithi 5	<b>Gulika</b> 10:40AM - 12:14PM	<b>Hasta</b> Until 1:02AM Fri Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:57AM	
		455342362	Yama 7:31AM - 9:05AM	Sadhya Until 6:42PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 17
	Routine Work Marana Yoga		<b>Rahu</b> 12:14PM - 1:48PM	Bava Until 2:35PM	<b>Nataraja:</b> Clear		3rd Phase
Until 1:02AM Fri Thu			<b>Panchami</b> Until 1:52AM Thu	Moon - Green		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>			

4	<b>Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Svati Nakshatra Subha/Sukla Yoga Kaulava Karana Shashthyam Titau				Chennai, India Sun 18 Sutra 123 Vilamba 5120
	Tula Rasi: 1.11	Tithi 6	<b>Gulika</b> 9:05AM - 10:39AM	<b>Hasta</b> Until 1:02AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:57AM	
		455342362	Yama 5:57AM - 7:31AM	Subha Until 4:47PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 17
	Creative Work Siddha Yoga		<b>Rahu</b> 1:48PM - 3:22PM	Kaulava Until 1:22PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> Until 1:02AM Fri	Moon - Green		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

5	<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Chennai, India Sun 19 Sutra 124 Vilamba 5120
	Tula Rasi: 14.29	Tithi 7	<b>Gulika</b> 7:31AM - 9:05AM	<b>Chitra</b> Until 1:01AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:57AM	
		455342362	Yama 3:22PM - 4:56PM	Sukla Until 14:51AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 17
	Creative Work Siddha Yoga		<b>Rahu</b> 10:39AM - 12:13PM	Gara Until 12:56PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> Until 1:01AM Sat	Moon - Green		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

D	<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Chennai, India Sun 20 Sutra 125 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 5:57AM - 7:31AM	<b>Vishakha</b> Until 5:19PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:57AM	
	Tula Rasi: 27.22	Tithi 8	Yama 1:47PM - 3:21PM	Brahma Until 2:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 17
		575342362	<b>Rahu</b> 9:05AM - 10:39AM	Visti Until 1:20PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 1:47AM Sun	Moon - Orange		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

D	<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Tailita Karana Navamyam Titau				Chennai, India Sun 21 Sutra 126 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:21PM - 4:55PM	<b>Anuradha</b> Until 7:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	
	Vrischika Rasi: 9.54	Tithi 9	Yama 12:13PM - 1:47PM	Indra Until 7:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 17
		575442362	<b>Rahu</b> 4:55PM - 6:29PM	Balava Until 2:28PM	<b>Nataraja:</b> Clear		Navami
Routine Work Marana Yoga			<b>Navami*</b> Until 3:15AM Mon	Moon - Orange		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Chennai, India
<b>1</b>		<b>Gulika</b> 1:47PM – 3:20PM	<b>Jyeshtha* Until 9:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	Sun 22 Sutra 127
Vrischika Rasi: 22.08	Tithi 10	Yama 10:39AM – 12:13PM	Vaidhriti* Until 3:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:28PM	Vilamba 5120
<b>Family Home Evening</b>	575442362	<b>Rahu</b> 7:31AM – 9:05AM	Tailila Until 4:14PM	<b>Nataraja:</b> Clear		Moon 7 - Phase 18
Creative Work	Siddha Yoga		<b>Dashami Until 5:17AM Tue</b>	Moon – Orange		4th Phase
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>

<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau				Chennai, India
<b>2</b>		<b>Gulika</b> 12:12PM – 1:46PM	<b>Mula* Until 7:41AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 23 Sutra 128
Dhanus Rasi: 4.08	Tithi 11	Yama 9:05AM – 10:39AM	Vishkambha* Until 3:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:27PM	Vilamba 5120
<b>Family Home Evening</b>	586442362	<b>Rahu</b> 3:20PM – 4:54PM	Vanija Until 6:28PM	<b>Nataraja:</b> Clear		Moon 7 - Phase 18
Creative Work	Amrita Yoga		<b>Ekadashi Until 7:41AM Wed</b>	Moon – Light Blue		4th Phase
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>

<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India
<b>3</b>		<b>Gulika</b> 10:39AM – 12:12PM	<b>Mula* Until 7:41AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 24 Sutra 129
Dhanus Rasi: 16.01	Tithi 11 – 12	Yama 7:31AM – 9:05AM	Priti Until 3:38AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:27PM	Vilamba 5120
<b>Family Home Evening</b>	586442362	<b>Rahu</b> 12:12PM – 1:46PM	Kaulava Until 8:59PM	<b>Nataraja:</b> Clear		Moon 7 - Phase 18
Creative Work	Amrita Yoga		<b>Ekadashi Until 3:59PM</b>	Moon – Light Blue		4th Phase
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>

<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India
<b>4</b>		<b>Gulika</b> 9:05AM – 10:38AM	<b>Purvashadha* Until 10:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 25 Sutra 130
Dhanus Rasi: 27.49	Tithi 12 – 13	Yama 5:58AM – 7:31AM	Ayushman Until 18:69AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:26PM	Vilamba 5120
<b>Family Home Evening</b>	586442362	<b>Rahu</b> 1:46PM – 3:19PM	Kaulava Until 11:36PM	<b>Nataraja:</b> Clear		Moon 7 - Phase 18
Routine Work	Marana Yoga		<b>Dvadashi Until 18:05AM Thu</b>	Moon – Light Blue		4th Phase
Until 10:16AM				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>

<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India
<b>5</b>		<b>Gulika</b> 7:31AM – 9:05AM	<b>Uttarashadha Until 6:37AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 26 Sutra 131
Makara Rasi: 10	Tithi 13 – 14	Yama 3:19PM – 4:52PM	Saubhagya Until 7:09PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:26PM	Vilamba 5120
<b>Family Home Evening</b>	586442362	<b>Rahu</b> 10:38AM – 12:12PM	Gara Until 2:08AM Sat	<b>Nataraja:</b> Clear		Moon 7 - Phase 18
Routine Work	Marana Yoga		<b>Trayodashi Until 12:52PM</b>	Moon – Light Blue		4th Phase
		<b>Chidambaram Abhishekam</b>		<b>Sravana-Avani</b>		<b>Sivaloka Day</b>

<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chennai, India
<b>6</b>		<b>Gulika</b> 5:58AM – 7:31AM	<b>Shravana Until 9:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Sun 27 Sutra 132
Makara Rasi: 21.26	Tithi 14 – 15	Yama 1:45PM – 3:18PM	Sobhana Until 8:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:25PM	Vilamba 5120
<b>Family Home Evening</b>	596442362	<b>Rahu</b> 9:05AM – 10:38AM	Visti Until 4:28AM Sun	<b>Nataraja:</b> Clear		Moon 7 - Phase 18
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:19PM</b>	Moon – Purple		4th Phase
		<b>Avani Avittam</b>		<b>Sravana-Avani</b>		<b>Subha Sivaloka Day</b>

<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chennai, India
<b>○</b>		<b>Gulika</b> 3:18PM – 4:51PM	<b>Dhanishtha Until 12:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Sutra 133
<b>Copper Retreat Star</b>		Yama 12:11PM – 1:44PM	Athiganda* Until 12:37PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:24PM	Vilamba 5120
Kumbha Rasi: 3.21	Tithi 15 – 16	<b>Rahu</b> 4:51PM – 6:24PM	Balava Until 5:88AM Mon	<b>Nataraja:</b> Clear		Moon 7 - Phase 18
Routine Work	Marana Yoga		<b>Purnima* Until 5:29PM</b>	Moon – Purple		Purnima
Until 12:37PM		<b>Raksha Bandhan</b>		<b>Sravana-Avani</b>		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>Monday, August 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashrothapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Chennai, India
<b>○</b>		<b>Gulika</b> 1:44PM – 3:17PM	<b>Shatabhishak Until 2:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Sutra 134
<b>Silver Retreat Star</b>		Yama 10:38AM – 12:11PM	Sukarma Until 9:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:24PM	Vilamba 5120
Kumbha Rasi: 15.23	Tithi 16	<b>Rahu</b> 7:31AM – 9:04AM	Balava Until 6:28AM	<b>Nataraja:</b> Clear		Moon 7 - Phase 18
<b>Family Home Evening</b>	596442362		<b>Prathama* Until 7:18PM</b>	Moon – Purple		Prathama
Creative Work	Siddha Yoga			<b>Sravana-Avani</b>		<b>Subha Sivaloka Day</b>
Until 2:55PM						
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

Chennai, India

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 27.35 Tithi 17

517442363

**Gulika** 12:11PM - 1:44PM  
**Yama** 9:04AM - 10:37AM  
**Rahu** 3:17PM - 4:50PM

**Purvaprosarthapada\* Until 5:09PM**  
Dhriti Until 9:20PM  
Tailila Until 8:05AM  
Dvitiya Until 8:42PM

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Purple  
Moon - Clear  
**Sravana-Avani**

**Sunrise:** 5:58AM  
**Sunset:** 6:23PM

**Devaloka Day**

Routine Work Marana Yoga

Until 5:09PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Chennai, India

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 9.58 Tithi 18

517452363

**Gulika** 10:37AM - 12:10PM  
**Yama** 7:31AM - 9:04AM  
**Rahu** 12:10PM - 1:43PM

**Uttaraprosarthapada Until 6:48PM**  
Shula\* Until 9:04PM  
Vanija Until 9:16AM  
Tritiya Until 9:40PM

**Ganesha:** Clear  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon - Clear  
**Sravana-Avani**

**Sunrise:** 5:58AM  
**Sunset:** 6:23PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:48PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Ganda\* Yoga Bava/Kaulava Karana Chaturthyam Titau

Chennai, India

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 22.33 Tithi 19

517452363

**Gulika** 9:04AM - 10:37AM  
**Yama** 5:58AM - 7:31AM  
**Rahu** 1:43PM - 3:16PM

**Revati Until 7:51PM**  
Ganda\* Until 8:28PM  
Bava Until 10:17AM Fri  
Chaturthi\* Until 9:04PM

**Ganesha:** Clear  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon - Clear  
**Sravana-Avani**

**Sunrise:** 5:58AM  
**Sunset:** 6:22PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:51PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Chennai, India

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 5.2 Tithi 20

527452363

**Gulika** 7:31AM - 9:04AM  
**Yama** 3:15PM - 4:48PM  
**Rahu** 10:37AM - 12:10PM

**Ashvini Until 8:46PM**  
Vriddhi Until 7:31PM  
Kaulava Until 10:17AM  
Panchami Until 10:13PM

**Ganesha:** Purple  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon - White  
**Sravana-Avani**

**Sunrise:** 5:58AM  
**Sunset:** 6:21PM

**Bhuloka Day**

Creative Work Amrita Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 18.22 Tithi 21

527452363

**Gulika** 5:58AM - 7:31AM  
**Yama** 1:42PM - 3:15PM  
**Rahu** 9:04AM - 10:37AM

**Bharani Until 9:02PM**  
Dhruva Until 9:02PM  
Gara Until 10:05AM  
Shashthi\* Until 9:47PM

**Ganesha:** Purple  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon - White  
**Sravana-Avani**

**Sunrise:** 5:58AM  
**Sunset:** 6:21PM

**Bhuloka Day**

Creative Work Siddha Yoga

Until 9:02PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Visti\* Karana Saptamyam Titau

Chennai, India

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrisabha Rasi: 1.39 Tithi 22

527452363

**Gulika** 3:14PM - 4:47PM  
**Yama** 12:09PM - 1:42PM  
**Rahu** 4:47PM - 6:20PM

**Krittika Until 8:41PM**  
Vyaghata\* Until 4:25PM  
Visti Until 9:23AM  
Saptami Until 8:50PM

**Ganesha:** Purple  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon - White  
**Sravana-Avani**

**Sunrise:** 5:58AM  
**Sunset:** 6:20PM

**Bhuloka Day**

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrisabha Rasi: 15.13 Tithi 23

537452363

**Gulika** 1:41PM - 3:14PM  
**Yama** 10:36AM - 12:09PM  
**Rahu** 7:31AM - 9:03AM

**Rohini Until 8:06PM**  
Harshana Until 2:17PM  
Balava Until 6:30AM Tue  
Ashtami\* Until 4:25PM

**Ganesha:** Clear  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon - Yellow  
**Sravana-Avani**

**Sunrise:** 5:58AM  
**Sunset:** 6:19PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Krishna Janmashtami

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Tailila/Vanija Karana Navami/Dashamyam Titau

Chennai, India

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrisabha Rasi: 29.04 Tithi 24 - 25

538452363

**Gulika** 12:08PM - 1:41PM  
**Yama** 9:03AM - 10:36AM  
**Rahu** 3:13PM - 4:46PM

**Mrigashira Until 6:54PM**  
Vajra\* Until 11:42AM  
Tailila Until 6:30AM  
Navami\* Until 5:27PM

**Ganesha:** White  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon - Yellow  
**Sravana-Avani**

**Sunrise:** 5:58AM  
**Sunset:** 6:19PM

**Devaloka Day**

Creative Work Siddha Yoga

Until 6:54PM

Then Routine Work - Marana Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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1	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyalipata* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Chennai, India
	Mithuna Rasi: 13.14	Tithi 25 – 26	538452363	<b>Gulika</b> 10:36AM – 12:08PM Yama 7:31AM – 9:03AM <b>Rahu</b> 12:08PM – 1:41PM	<b>Ardra Until 12:16PM Thu</b> Siddhi Until 5:07PM Balava Until 11:76AM Thu Dashami Until 3:03PM	Ganesh: White Muruga: Purple Nataraja: Purple Moon – Yellow Sravana-Avani	Sun 9 Sutra 143 Vilamba 5120 Moon 8 - Phase 20 2nd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

2	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Pushya Nakshatra Variyan Yoga Balava Karana Ekadashi/Dvadashyam Titau				Chennai, India
	Mithuna Rasi: 27.42	Tithi 26 – 27	548452363	<b>Gulika</b> 9:03AM – 10:35AM Yama 5:58AM – 7:31AM <b>Rahu</b> 1:40PM – 3:12PM	<b>Ardra Until 12:16PM</b> Variyan Until 1:57AM Fri Balava Until 12:16PM Ekadashi* Until 12:16PM	Ganesh: Yellow Muruga: Purple Nataraja: Purple Moon – Blue Sravana-Avani	Sun 10 Sutra 144 Vilamba 5120 Moon 8 - Phase 20 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Creative Work	Amrita Yoga					

3	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Kataka Rasi: 12.23	Tithi 27 – 28	548452363	<b>Gulika</b> 7:31AM – 9:03AM Yama 3:12PM – 4:44PM <b>Rahu</b> 10:35AM – 12:07PM	<b>Pushya Until 12:54PM</b> Parigha* Until 10:13PM Gara Until 7:37PM Dvadashi* Until 9:12AM	Ganesh: Yellow Muruga: Purple Nataraja: Purple Moon – Blue Sravana-Avani	Sun 11 Sutra 145 Vilamba 5120 Moon 8 - Phase 20 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Routine Work	Marana Yoga					

*Pradosha Vrata (Fasting)*

4	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chennai, India
	Kataka Rasi: 27.14	Tithi 29	548452363	<b>Gulika</b> 5:58AM – 7:31AM Yama 1:39PM – 3:11PM <b>Rahu</b> 9:03AM – 10:35AM	<b>Ashlesha* Until 10:19AM</b> Shiva Until 6:26PM Visti Until 4:20PM Chaturdashi* Until 2:41AM Sun	Ganesh: Yellow Muruga: Purple Nataraja: Purple Moon – Blue Sravana-Avani	Sun 12 Sutra 146 Vilamba 5120 Moon 8 - Phase 20 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Routine Work	Marana Yoga					
	Until 10:19AM	Then Creative Work - Amrita Yoga					

●	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada* Karana Amavasyayam Titau				Chennai, India
	<b>Retreat Star</b>		558452363	<b>Gulika</b> 3:11PM – 4:43PM Yama 12:07PM – 1:39PM <b>Rahu</b> 4:43PM – 6:15PM	<b>Magha* Until 7:58AM</b> Siddha Until 2:39PM Catuspada Until 1:05PM Amavasya* Until 11:30PM	Ganesh: Red Muruga: Purple Nataraja: Purple Moon – Red Sravana-Avani	Sun 13 Sutra 147 Vilamba 5120 Moon 8 - Phase 20 Amavasya <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Simha Rasi: 12.06	Tithi 30					
	Routine Work	Marana Yoga					

●	<b>Monday, September 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna* Karana Prathamayam Titau				Chennai, India
	<b>Retreat Star</b>		559452363	<b>Gulika</b> 1:38PM – 3:10PM Yama 10:34AM – 12:06PM <b>Rahu</b> 7:30AM – 9:02AM	<b>Uttaraphalguni Until 3:28AM Tue</b> Sadhya Until 11:02AM Kintughna Until 10:01AM Prathama* Until 8:34PM	Ganesh: Blue Muruga: Purple Nataraja: Purple Moon – Red Bhadrapada-Avani	Sun 14 Sutra 148 Vilamba 5120 Moon 8 - Phase 20 Prathama <b>Bhuloka Day</b>
	Simha Rasi: 26.53	Tithi 1					
	Family Home Evening	Siddha Yoga					

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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<b>1</b> Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India Sun 15 Sutra 149 Vilamba 5120
Kanya Rasi: 11.25	Tithi 2	<b>Gulika</b> 12:06PM – 1:38PM	<b>Hasta</b> Until 2:03AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:14PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama 9:02AM – 10:34AM	Subha Until 7:44AM	<b>Nataraja:</b> Purple		
		569452363 <b>Rahu</b> 3:10PM – 4:42PM	Balava Until 7:16AM	Moon – Green		<b>Bhuloka Day</b>
			<b>Dvitiya</b> Until 6:04PM	<b>Bhadrapada-Avani</b>		

<b>2</b> Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 16 Sutra 150 Vilamba 5120
Kanya Rasi: 25.38	Tithi 3 – 4	<b>Gulika</b> 10:34AM – 12:06PM	<b>Chitra</b> Until 1:05AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:13PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama 7:30AM – 9:02AM	Brahma Until 1:05AM Thu	<b>Nataraja:</b> Purple		
		569452363 <b>Rahu</b> 12:06PM – 1:38PM	Vanija Until 3:24AM Thu	Moon – Green		<b>Bhuloka Day</b>
			<b>Tritiya</b> Until 4:07PM	<b>Bhadrapada-Avani</b>		
Until 1:05AM Thu						
Then Creative Work - Amrita Yoga						

<b>3</b> Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 17 Sutra 151 Vilamba 5120
Tula Rasi: 9.27	Tithi 4 – 5	<b>Gulika</b> 9:02AM – 10:34AM	<b>Svati</b> Until 12:42AM Fri	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:12PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Amrita Yoga	Yama 5:58AM – 7:30AM	Indra Until 12:42AM Fri	<b>Nataraja:</b> Purple		
		569452363 <b>Rahu</b> 1:37PM – 3:09PM	Bava Until 1:92AM Fri	Moon – Green		<b>Bhuloka Day</b>
			<b>Chaturthi*</b> Until 2:51PM	<b>Bhadrapada-Avani</b>		
Until 12:42AM Fri						
Then Creative Work - Siddha Yoga						

<b>4</b> Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Chennai, India Sun 18 Sutra 152 Vilamba 5120
Tula Rasi: 22.49	Tithi 5 – 6	<b>Gulika</b> 7:30AM – 9:02AM	<b>Vishakha</b> Until 2:45PM Sat	<b>Ganesha:</b> White <i>Sunrise:</i> 5:58AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:12PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama 3:08PM – 4:40PM	Vaidhriti* Until 11:23PM	<b>Nataraja:</b> Purple		
		579552363 <b>Rahu</b> 10:33AM – 12:05PM	Kaulava Until 2:29AM Sat	Moon – Orange		<b>Devaloka Day</b>
			<b>Panchami</b> Until 2:23PM	<b>Bhadrapada-Avani</b>		

<b>5</b> Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Chennai, India Sun 19 Sutra 153 Vilamba 5120
Vrischika Rasi: 5.45	Tithi 6 – 7	<b>Gulika</b> 5:58AM – 7:30AM	<b>Vishakha</b> Until 2:45PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:58AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:11PM	Moon 8 - Phase 21 3rd Phase
Creative Work	Siddha Yoga	Yama 1:36PM – 3:08PM	Vishkambha* Until 22:57AM Sun	<b>Nataraja:</b> Purple		
		579552363 <b>Rahu</b> 9:01AM – 10:33AM	Gara Until 3:16AM Sun	Moon – Orange		<b>Devaloka Day</b>
			<b>Shashthi*</b> Until 2:45PM	<b>Bhadrapada-Avani</b>		

<b>6</b> Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Chennai, India Sun 20 Sutra 154 Vilamba 5120
Vrischika Rasi: 18.19	Tithi 7 – 8	<b>Gulika</b> 3:07PM – 4:39PM	<b>Jyeshtha*</b> Until 4:44AM Mon	<b>Ganesha:</b> White <i>Sunrise:</i> 5:58AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21 3rd Phase
Routine Work	Marana Yoga	Yama 12:04PM – 1:36PM	Priti Until 10:57PM	<b>Nataraja:</b> Purple		
		579552363 <b>Rahu</b> 4:39PM – 6:10PM	Visti Until 4:47AM Mon	Moon – Orange		<b>Devaloka Day</b>
			<b>Saptami</b> Until 3:55PM	<b>Bhadrapada-Avani</b>		
Until 4:44AM Mon						
Then Creative Work - Siddha Yoga						

<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sun 21 Sutra 155 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:35PM – 3:07PM	<b>Mula*</b> Until 7:34AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:58AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21 Ashtami
Dhanus Rasi: 0.32	Tithi 8 – 9	Yama 10:33AM – 12:04PM	Ayushman Until 11:29PM	<b>Nataraja:</b> Purple		
<b>Family Home Evening</b>		589552363 <b>Rahu</b> 7:30AM – 9:01AM	Balava Until 6:54AM Tue	Moon – Light Blue		<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:46PM	<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to 12:PM

<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 22 Sutra 156 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:35PM	<b>Mula*</b> Until 10:42PM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:58AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21 Navami
Dhanus Rasi: 12.32	Tithi 9	Yama 9:01AM – 10:32AM	Saubhagya Until 12:22AM Wed	<b>Nataraja:</b> Purple		
		581552363 <b>Rahu</b> 3:06PM – 4:37PM	Balava Until 6:54AM	Moon – Light Blue		<b>Bhuloka Day</b>
Creative Work	Amrita Yoga		<b>Navami*</b> Until 8:06PM	<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to 12:PM
Until 10:42PM Wed						
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, September 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau	Chennai, India Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 24.23	Tithi 10	<b>Gulika</b>	<b>10:32AM – 12:03PM</b>	<b>Mula* Until 10:42PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:58AM	
		Yama	7:30AM – 9:01AM	Sobhana Until 24:86	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:08PM	
		581552363 <b>Rahu</b>	<b>12:03PM – 1:34PM</b>	Taitila Until 9:24AM	<b>Nataraja:</b> Purple	Moon 8 - Phase 22	
Creative Work	Amrita Yoga			Dashami Until 10:42PM	Moon – Light Blue	4th Phase	
					<b>Bhadrpada-Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Thursday, September 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau	Chennai, India Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 6.11	Tithi 11	<b>Gulika</b>	<b>9:01AM – 10:32AM</b>	<b>Uttarashadha Until 1:34PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:58AM	
		Yama	5:58AM – 7:29AM	Athiganda* Until 2:28AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:07PM	
		581552363 <b>Rahu</b>	<b>1:34PM – 3:05PM</b>	Vanija Until 12:02PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 22	
Routine Work	Marana Yoga			Ekadashi Until 1:18AM Fri	Moon – Light Blue	4th Phase	
Until 1:34PM					<b>Bhadrpada-Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, September 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau	Chennai, India Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 18	Tithi 12	<b>Gulika</b>	<b>7:29AM – 9:00AM</b>	<b>Shravana Until 4:46PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:58AM	
		Yama	3:05PM – 4:36PM	Sukarma Until 3:21AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:07PM	
		581552363 <b>Rahu</b>	<b>10:31AM – 12:02PM</b>	Bava Until 2:34PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 22	
Routine Work	Marana Yoga			Dvadashi Until 3:43AM Sat	Moon – Purple	4th Phase	
Until 4:46PM					<b>Bhadrpada-Puratasi</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, September 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Chennai, India Sun 26 Sutra 160 Vilamba 5120
Makara Rasi: 29.53	Tithi 13	<b>Gulika</b>	<b>5:58AM – 7:29AM</b>	<b>Dhanishtha Until 7:31PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:58AM	
		Yama	1:33PM – 3:04PM	Dhriti Until 3:58AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:06PM	
		581552363 <b>Rahu</b>	<b>9:00AM – 10:31AM</b>	Kaulava Until 4:49PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 22	
Creative Work	Siddha Yoga			Trayodashi Until 5:46AM Sun	Moon – Purple	4th Phase	
Until 7:31PM					<b>Bhadrpada-Puratasi</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Sunday, September 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau	Chennai, India Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 11.56	Tithi 14	<b>Gulika</b>	<b>3:03PM – 4:34PM</b>	<b>Shatabhishak Until 9:41PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:58AM	
		Yama	12:02PM – 1:33PM	Shula* Until 4:12AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:05PM	
		581552363 <b>Rahu</b>	<b>4:34PM – 6:05PM</b>	Gara Until 6:39PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 22	
Creative Work	Siddha Yoga			Chaturdashi* Until 7:21AM Mon	Moon – Purple	4th Phase	
		<b>Kadaitswami Mahasamadhi</b>			<b>Bhadrpada-Puratasi</b>	<b>Devaloka Day</b>	

<b>○</b>		<b>Monday, September 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Chennai, India Sutra 162 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>1:32PM – 3:03PM</b>	<b>Purvaproshtapada* Until 11:41PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:58AM	
Kumbha Rasi: 24.1	Tithi 14 – 15	Yama	10:31AM – 12:01PM	Ganda* Until 4:04AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:04PM	
<b>Family Home Evening</b>		581552363 <b>Rahu</b>	<b>7:29AM – 9:00AM</b>	Visti Until 7:58PM	<b>Nataraja:</b> Purple	Moon 8 - Phase 22	
Routine Work	Marana Yoga			Chaturdashi* Until 7:21AM	Moon – Clear	Purnima	
Until 11:41PM		<b>Chidambaram Abhishekam</b>			<b>Bhadrpada-Puratasi</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Tuesday, September 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava Karana Purnima/Prathamayam Titau	Chennai, India Sutra 163 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>12:01PM – 1:32PM</b>	<b>Uttaraproshtapada Until 1:01AM Wed</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:58AM	
Meena Rasi: 6.37	Tithi 15 – 16	Yama	9:00AM – 10:30AM	Vriddhi Until 3:32AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:04PM	
		581552363 <b>Rahu</b>	<b>3:02PM – 4:33PM</b>	Bava Until 8:25AM	<b>Nataraja:</b> Purple	Moon 8 - Phase 22	
Creative Work	Amrita Yoga			Purnima* Until 8:25AM	Moon – Clear	Prathama	
Until 1:01AM Wed					<b>Bhadrpada-Puratasi</b>	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Kaulava Karana Prathama/Dvitiyayam Titau

Chennai, India

Sutra 164

Vilamba 5120

Meena Rasi: 19.18    Tihi 16 – 17

**Gulika** 10:30AM – 12:01PM

Yama 7:29AM – 9:00AM

511552363 **Rahu** 12:01PM – 1:31PM

**Revati** Until 1:44AM Thu

Dhruva Until 2:36AM Thu

Kaulava Until 8:58AM

**Prathama\*** Until 8:58AM

**Ganesh:** Purple    *Sunrise:* 5:58AM

**Muruga:** Purple    *Sunset:* 6:03PM

**Nataraja:** Purple

Moon – Clear

**Devaloka Day**

**Bhadrapada-Puratasi**

Routine Work    Marana Yoga

Until 1:44AM Thu

Then Creative Work - Amrita Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Gara Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1    Sutra 165

Vilamba 5120

Mesha Rasi: 2.13    Tihi 17 – 18

**Gulika** 8:59AM – 10:30AM

Yama 5:58AM – 7:29AM

521552363 **Rahu** 1:31PM – 3:01PM

**Ashvini** Until 2:20AM Fri

Vyaghata\* Until 2:20AM Fri

Gara Until 9:03AM

**Dvitiya** Until 9:03AM

**Ganesh:** Clear    *Sunrise:* 5:58AM

**Muruga:** Purple    *Sunset:* 6:02PM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 9:AM to 12:PM

Creative Work    Amrita Yoga

Until 2:20AM Fri

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Chennai, India

Sun 2    Sutra 166

Vilamba 5120

Mesha Rasi: 15.2    Tihi 18 – 19

**Gulika** 7:29AM – 8:59AM

Yama 3:01PM – 4:31PM

621552363 **Rahu** 10:30AM – 12:00PM

**Bharani** Until 2:25AM Sat

Harshana Until 2:25AM Sat

Balava Until 7:87PM

**Tritiya** Until 1:21AM Fri

**Ganesh:** Purple    *Sunrise:* 5:58AM

**Muruga:** Purple    *Sunset:* 6:02PM

**Nataraja:** Purple

Moon – White

**Devaloka Day**

**Bhadrapada-Puratasi**

Creative Work    Siddha Yoga

Until 2:25AM Sat

Then Creative Work - Amrita Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3    Sutra 167

Vilamba 5120

Mesha Rasi: 28.39    Tihi 19 – 20

**Gulika** 5:59AM – 7:29AM

Yama 1:30PM – 3:00PM

622552363 **Rahu** 8:59AM – 10:29AM

**Krittika** Until 2:02AM Sun

Vajra\* Until 2:02AM Sun

Taitila Until 6:63AM Sun

**Chaturthi\*** Until 8:03AM

**Ganesh:** Clear    *Sunrise:* 5:59AM

**Muruga:** Purple    *Sunset:* 6:01PM

**Nataraja:** Purple

Moon – White

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga

Until 2:02AM Sun

Then Creative Work - Siddha Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4    Sutra 168

Vilamba 5120

Vrishabha Rasi: 12.08    Tihi 20 – 21

**Gulika** 3:00PM – 4:30PM

Yama 11:59AM – 1:30PM

632552363 **Rahu** 4:30PM – 6:00PM

**Rohini** Until 1:39AM Mon

Siddhi Until 1:39AM Mon

Vanija Until 5:45AM Mon

**Panchami** Until 7:03AM

**Ganesh:** Purple    *Sunrise:* 5:59AM

**Muruga:** Purple    *Sunset:* 6:00PM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Creative Work    Siddha Yoga

Until 1:39AM Mon

Then Creative Work - Amrita Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Varyan Yoga Visti\*/Bava Karana Saptamyam Titau

Chennai, India

Sun 5    Sutra 169

Vilamba 5120

Vrishabha Rasi: 25.49    Tihi 22

**Gulika** 1:29PM – 2:59PM

Yama 10:29AM – 11:59AM

632552363 **Rahu** 7:29AM – 8:59AM

**Mrigashira** Until 12:51AM Tue

Vyatipata\* Until 5:39PM

Visti Until 5:01PM

**Saptami** Until 4:10AM Tue

**Ganesh:** Purple    *Sunrise:* 5:59AM

**Muruga:** Purple    *Sunset:* 6:00PM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Creative Work    Amrita Yoga

Until 12:51AM Tue

Then Routine Work - Marana Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Varyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6    Sutra 170

Vilamba 5120

Mithuna Rasi: 9.38    Tihi 23

**Gulika** 11:59AM – 1:29PM

Yama 8:59AM – 10:29AM

632552363 **Rahu** 2:59PM – 4:29PM

**Ardra** Until 11:37PM

Varyan Until 3:08PM

Balava Until 3:18PM

**Ashtami\*** Until 2:19AM Wed

**Ganesh:** Purple    *Sunrise:* 5:59AM

**Muruga:** Purple    *Sunset:* 5:59PM

**Nataraja:** Purple

Moon – Yellow

**Bhuloka Day**

**Bhadrapada-Puratasi**

Routine Work    Marana Yoga

Until 11:37PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 7    Sutra 171

Vilamba 5120

Mithuna Rasi: 23.39    Tihi 24

**Gulika** 10:28AM – 11:58AM

Yama 7:29AM – 8:59AM

642552363 **Rahu** 11:58AM – 1:28PM

**Punarvasu** Until 10:24PM

Parigha\* Until 12:24PM

Taitila Until 1:19PM

**Navami\*** Until 12:12AM Thu

**Ganesh:** Clear    *Sunrise:* 5:59AM

**Muruga:** Purple    *Sunset:* 5:58PM

**Nataraja:** Purple

Moon – Blue

**Bhuloka Day**

**Bhadrapada-Puratasi**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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<b>1 Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Chennai, India Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 7.49	Tithi 25	<b>Gulika</b> 8:58AM – 10:28AM	<b>Pushya</b> Until 8:49PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:59AM	
		Yama 5:59AM – 7:29AM	Shiva Until 9:28AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 24
		642552363 <b>Rahu</b> 1:28PM – 2:58PM	Vanija Until 11:05AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 9:51PM	Moon – Blue	<b>Bhuloka Day</b>	
Until 8:49PM				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>2 Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 22.09	Tithi 26	<b>Gulika</b> 7:29AM – 8:58AM	<b>Ashlesha*</b> Until 6:54PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:59AM	
		Yama 2:57PM – 4:27PM	Siddha Until 6:20AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
		642552363 <b>Rahu</b> 10:28AM – 11:58AM	Bava Until 8:38AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 7:19PM	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM	

<b>3 Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 6.35	Tithi 27 – 28	<b>Gulika</b> 5:59AM – 7:28AM	<b>Magha*</b> Until 2:03PM Sun	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:59AM	
		Yama 1:27PM – 2:57PM	Subha Until 11:48PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 24
		652552363 <b>Rahu</b> 8:58AM – 10:28AM	Kaulava Until 6:02AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 4:41PM	Moon – Red	<b>Bhuloka Day</b>	
Until 2:03PM Sun				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4 Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 21.04	Tithi 28 – 29	<b>Gulika</b> 2:56PM – 4:26PM	<b>Magha*</b> Until 2:03PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:59AM	
		Yama 11:57AM – 1:27PM	Sukla Until 8:31PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 24
		652552363 <b>Rahu</b> 4:26PM – 5:56PM	Visti Until 12:47AM Mon	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 2:03PM	Moon – Red	<b>Bhuloka Day</b>	
Until 2:03PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Monday, October 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Kintughna* Karana Chaturdashi/Amavasyayam Titau				Chennai, India Sun 12 Sutra 176 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:26PM – 2:56PM	<b>Purvaphalguni</b> Until 11:32AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:59AM	
Kanya Rasi: 5.29	Tithi 29 – 30	Yama 10:27AM – 11:57AM	Brahma Until 1:23PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 24
<b>Family Home Evening</b>		652552364 <b>Rahu</b> 7:28AM – 8:58AM	Kintughna Until 19:78AM Tue	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:32AM	Moon – Red	<b>Bhuloka Day</b>	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM	

<b>Tuesday, October 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Naga*/Balava Karana Amavasya/Prathamayam Titau				Chennai, India Sun 13 Sutra 177 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 11:57AM – 1:26PM	<b>Hasta</b> Until 12:02PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:59AM	
Kanya Rasi: 19.46	Tithi 30 – 1	Yama 8:58AM – 10:27AM	Indra Until 12:02PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 24
		662652364 <b>Rahu</b> 2:55PM – 4:25PM	Balava Until 18:42AM Wed	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 9:16AM	Moon – Green	<b>Devaloka Day</b>	
		<b>Navaratri Begins</b>		<b>Ashvina-Puratasi</b>		

<b>1</b>		<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava Karana Prathama/Dvitiyayam Titau				Chennai, India Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 3.47	Tithi 1 – 2	<b>Gulika</b>	<b>10:27AM – 11:56AM</b>	<b>Chitra Until 10:58AM</b>	<b>Ganesha: Red</b>	<b>Sunrise: 5:59AM</b>			
		Yama	7:28AM – 8:58AM	Vaidhriti* Until 11:55AM	<b>Muruga: Purple</b>	<b>Sunset: 5:54PM</b>			Moon 9 - Phase 25
Creative Work	Siddha Yoga	662652364	<b>Rahu</b>	<b>11:56AM – 1:26PM</b>	Nataraja: Clear				3rd Phase
				Bava Until 7:24AM	Moon – Green			<b>Devaloka Day</b>	
				<b>Prathama* Until 7:24AM</b>	<b>Ashvina•Puratasi</b>				
<b>2</b>		<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Chennai, India Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 17.29	Tithi 2 – 3	<b>Gulika</b>	<b>8:58AM – 10:27AM</b>	<b>Svati Until 10:19AM</b>	<b>Ganesha: Red</b>	<b>Sunrise: 5:59AM</b>			
		Yama	5:59AM – 7:28AM	Vishkambha* Until 9:49AM	<b>Muruga: Purple</b>	<b>Sunset: 5:53PM</b>			Moon 9 - Phase 25
Creative Work	Amrita Yoga	662652364	<b>Rahu</b>	<b>1:25PM – 2:55PM</b>	Nataraja: Clear				3rd Phase
Until 10:19AM				Gara Until 5:27AM Fri	Moon – Green			<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Dvitiya Until 6:06AM</b>	<b>Ashvina•Puratasi</b>				
<b>3</b>		<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Chennai, India Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 0.48	Tithi 4	<b>Gulika</b>	<b>7:28AM – 8:58AM</b>	<b>Vishakha Until 10:38AM</b>	<b>Ganesha: White</b>	<b>Sunrise: 5:59AM</b>			
		Yama	2:54PM – 4:23PM	Priti Until 8:17AM	<b>Muruga: Purple</b>	<b>Sunset: 5:52PM</b>			Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364	<b>Rahu</b>	<b>10:27AM – 11:56AM</b>	Nataraja: Clear				3rd Phase
				Vanija Until 5:26PM	Moon – Orange			<b>Bhuloka Day</b>	
				<b>Chaturthi* Until 5:34AM Sat</b>	<b>Ashvina•Puratasi</b>			<b>Devaloka Time: 6:PM to 9:PM</b>	
<b>4</b>		<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 13.43	Tithi 5	<b>Gulika</b>	<b>5:59AM – 7:28AM</b>	<b>Anuradha Until 11:33AM</b>	<b>Ganesha: White</b>	<b>Sunrise: 5:59AM</b>			
		Yama	1:25PM – 2:54PM	Ayushman Until 7:19AM	<b>Muruga: Purple</b>	<b>Sunset: 5:52PM</b>			Moon 9 - Phase 25
Creative Work	Siddha Yoga	673652364	<b>Rahu</b>	<b>8:57AM – 10:27AM</b>	Nataraja: Clear				3rd Phase
				Bava Until 5:57PM	Moon – Orange			<b>Bhuloka Day</b>	
				<b>Panchami Until 6:28AM Sun</b>	<b>Ashvina•Puratasi</b>			<b>Devaloka Time: 6:PM to 9:PM</b>	
<b>5</b>		<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Chennai, India Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 26.16	Tithi 5 – 6	<b>Gulika</b>	<b>2:53PM – 4:23PM</b>	<b>Jyeshtha* Until 1:03PM</b>	<b>Ganesha: White</b>	<b>Sunrise: 5:59AM</b>			
		Yama	11:55AM – 1:24PM	Saubhagya Until 6:58AM	<b>Muruga: Purple</b>	<b>Sunset: 5:51PM</b>			Moon 9 - Phase 25
Routine Work	Marana Yoga	673652364	<b>Rahu</b>	<b>4:22PM – 5:51PM</b>	Nataraja: Clear				3rd Phase
Until 1:03PM				Kaulava Until 7:13PM	Moon – Orange			<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Panchami Until 6:28AM</b>	<b>Ashvina•Puratasi</b>			<b>Devaloka Time: 6:PM to 9:PM</b>	
<b>6</b>		<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Talila/Gara Karana Shashthi/Saptamyam Titau				Chennai, India Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 8.31	Tithi 6 – 7	<b>Gulika</b>	<b>1:24PM – 2:53PM</b>	<b>Mula* Until 3:33PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 6:00AM</b>			
<b>Family Home Evening</b>		Yama	10:26AM – 11:55AM	Sobhana Until 7:11AM	<b>Muruga: Purple</b>	<b>Sunset: 5:51PM</b>			Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364	<b>Rahu</b>	<b>7:28AM – 8:57AM</b>	Nataraja: Clear				3rd Phase
Until 3:33PM				Gara Until 9:10PM	Moon – Light Blue			<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Shashthi* Until 8:06AM</b>	<b>Ashvina•Puratasi</b>				
<b>Retreat Star</b>		<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Chennai, India Sun 20 Sutra 184 Vilamba 5120	
Dhanus Rasi: 20.31	Tithi 7 – 8	<b>Gulika</b>	<b>11:55AM – 1:24PM</b>	<b>Purvashadha* Until 12:53PM Wed</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 6:00AM</b>			
		Yama	8:57AM – 10:26AM	Athiganda* Until 7:49AM	<b>Muruga: Purple</b>	<b>Sunset: 5:50PM</b>			Moon 9 - Phase 25
Creative Work	Siddha Yoga	683652364	<b>Rahu</b>	<b>2:53PM – 4:21PM</b>	Nataraja: Clear				Ashtami
Until 12:53PM Wed				Visti Until 11:35PM	Moon – Light Blue			<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Saptami Until 10:19AM</b>	<b>Ashvina•Puratasi</b>				
<b>Retreat Star</b>		<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 2.22	Tithi 8 – 9	<b>Gulika</b>	<b>10:26AM – 11:55AM</b>	<b>Purvashadha* Until 12:53PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 6:00AM</b>			
		Yama	7:29AM – 8:57AM	Sukarma Until 9:19PM	<b>Muruga: Purple</b>	<b>Sunset: 5:50PM</b>			Moon 9 - Phase 25
Creative Work	Amrita Yoga	683652364	<b>Rahu</b>	<b>11:55AM – 1:23PM</b>	Nataraja: Clear				Navami
Until 12:53PM				Balava Until 1:74AM Thu	Moon – Light Blue			<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashtami* Until 7:49AM</b>	<b>Ashvina•Aipasi</b>				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Chennai, India Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 14.1	Tithi 9 - 10	<b>Gulika</b> 8:57AM - 10:26AM	<b>Shravana Until 6:00PM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:00AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:49PM
		Yama 6:00AM - 7:29AM	Dhriti Until 12:35AM Fri	<b>Nataraja:</b> Clear			Moon 9 - Phase 26
		693652364 <b>Rahu</b> 1:23PM - 2:52PM	Taitila Until 4:50AM Fri				4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:47AM Thu</b>			<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		<b>Vijaya Dasami</b>					

<b>2</b>		<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau		Chennai, India Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 26	Tithi 10	<b>Gulika</b> 7:29AM - 8:57AM	<b>Shravana Until 6:00PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:00AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:48PM
		Yama 2:51PM - 4:20PM	Shula* Until 10:82AM Sat	<b>Nataraja:</b> Clear			Moon 9 - Phase 26
		693652364 <b>Rahu</b> 10:26AM - 11:54AM	Gara Until 6:00PM				4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 6:00PM</b>			<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>3</b>		<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Chennai, India Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 7.57	Tithi 11	<b>Gulika</b> 6:00AM - 7:29AM	<b>Shatabhishak Until 5:39AM Sun</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:00AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:48PM
		Yama 1:23PM - 2:51PM	Ganda* Until 11:22AM	<b>Nataraja:</b> Clear			Moon 9 - Phase 26
		693652364 <b>Rahu</b> 8:57AM - 10:26AM	Vanija Until 7:07AM				4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 8:04PM</b>			<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Until 5:39AM Sun							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Chennai, India Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 20.05	Tithi 12	<b>Gulika</b> 2:51PM - 4:19PM	<b>Purvaproshtapada* Until 7:37AM Mon</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:00AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:47PM
		Yama 11:54AM - 1:22PM	Vriddhi Until 11:39AM	<b>Nataraja:</b> Clear			Moon 9 - Phase 26
		613652364 <b>Rahu</b> 4:19PM - 5:47PM	Bava Until 8:55AM				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 9:34PM</b>			<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>5</b>		<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Vanija Karana Trayodashyam Titau		Chennai, India Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 2.28	Tithi 13	<b>Gulika</b> 1:22PM - 2:50PM	<b>Purvaproshtapada* Until 7:37AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:01AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:47PM
<b>Family Home Evening</b>		Yama 10:26AM - 11:54AM	Dhruva Until 7:37AM	<b>Nataraja:</b> Clear			Moon 9 - Phase 26
		613652364 <b>Rahu</b> 7:29AM - 8:57AM	Kaulava Until 10:38AM Tue				4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 11:39AM</b>			<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Until 7:37AM							
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Chennai, India Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 15.09	Tithi 14	<b>Gulika</b> 11:54AM - 1:22PM	<b>Uttarproshthapada Until 8:49AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:01AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:46PM
		Yama 8:57AM - 10:25AM	Vyaghata* Until 10:44AM	<b>Nataraja:</b> Clear			Moon 9 - Phase 26
		613652364 <b>Rahu</b> 2:50PM - 4:18PM	Gara Until 10:34AM Wed				4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 10:44AM Tue</b>			<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Until 8:49AM							
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti* Karana Purnimayam Titau		Chennai, India Sutra 192 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:25AM - 11:54AM	<b>Revati Until 9:14AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:01AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:46PM
Meena Rasi: 28.08	Tithi 15	Yama 7:29AM - 8:57AM	Harshana Until 9:14AM	<b>Nataraja:</b> Clear			Moon 9 - Phase 26
		613652364 <b>Rahu</b> 11:54AM - 1:22PM	Visti Until 10:34AM				Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 10:17PM</b>			<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>○</b>		<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Chennai, India Sutra 193 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:57AM - 10:25AM	<b>Ashvini Until 9:26AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:01AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:46PM
Mesha Rasi: 11.24	Tithi 16	Yama 6:01AM - 7:29AM	Vajra* Until 7:55AM	<b>Nataraja:</b> Clear			Moon 9 - Phase 26
		623652364 <b>Rahu</b> 1:21PM - 2:49PM	Balava Until 8:51AM Fri				Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 7:55AM Thu</b>			<b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>
Until 9:26AM							
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam

Chennai, India

Bharani/Krittika Nakshatra Vyatipata\* Yoga Taitila/Vanija Karana Dvitiyayam Titau

Sun 1 Sutra 194

Mesha Rasi: 24.55 Tihti 17

Gulika 7:29AM - 8:57AM

Bharani Until 6:37PM Sat

Ganesha: White Sunrise: 6:01AM

Vilamba 5120

Yama 2:49PM - 4:17PM

Vyatipata\* Until 9:02AM

Muruga: Purple Sunset: 5:45PM

Moon 10 - Phase 27

624652364 Rahu 10:25AM - 11:53AM

Taitila Until 7:26AM Sat

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 7:55AM

Moon - White  
Ashvina-Aipasi

Sivaloka Day

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam

Chennai, India

Bharani/Rohini Nakshatra Variyan Yoga Vanija/Bava Karana Tritiyayam Titau

Sun 2 Sutra 195

Vrishabha Rasi: 8.4 Tihti 18

Gulika 6:02AM - 7:30AM

Bharani Until 6:37PM

Ganesha: White Sunrise: 6:02AM

Vilamba 5120

Yama 1:21PM - 2:49PM

Variyan Until 1:12AM Sun

Muruga: Purple Sunset: 5:45PM

Moon 10 - Phase 27

624652364 Rahu 8:57AM - 10:25AM

Vanija Until 5:47AM Sun

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Tritiya Until 3:41AM Sat

Moon - White  
Ashvina-Aipasi

Sivaloka Day

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chennai, India

Rohini/Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 196

Vrishabha Rasi: 22.32 Tihti 19 - 20

Gulika 2:49PM - 4:16PM

Rohini Until 7:20AM

Ganesha: Clear Sunrise: 6:02AM

Vilamba 5120

Yama 11:53AM - 1:21PM

Parigha\* Until 10:36PM

Muruga: Purple Sunset: 5:44PM

Moon 10 - Phase 27

634652364 Rahu 4:16PM - 5:44PM

Kaulava Until 3:59AM Mon

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 4:53PM

Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam

Chennai, India

Mrigashira/Ardra Nakshatra Shiva Yoga Taitila Karana Panchami/Shashthyam Titau

Sun 4 Sutra 197

Mithuna Rasi: 6.31 Tihti 20 - 21

Gulika 1:21PM - 2:48PM

Mrigashira Until 6:14AM

Ganesha: Clear Sunrise: 6:02AM

Vilamba 5120

Yama 10:25AM - 11:53AM

Shiva Until 7:55PM

Muruga: Purple Sunset: 5:44PM

Moon 10 - Phase 27

Family Home Evening

634652364 Rahu 7:30AM - 8:58AM

Taitila Until 3:01PM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Panchami Until 3:01PM

Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

Until 6:14AM

Then Creative Work - Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam

Chennai, India

Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Balava Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 198

Mithuna Rasi: 20.33 Tihti 21 - 22

Gulika 11:53AM - 1:21PM

Punarvasu Until 3:47AM Wed

Ganesha: Purple Sunrise: 6:02AM

Vilamba 5120

Yama 8:58AM - 10:25AM

Siddha Until 3:47AM Wed

Muruga: Purple Sunset: 5:44PM

Moon 10 - Phase 27

644652364 Rahu 2:48PM - 4:16PM

Balava Until 21:70AM Wed

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 1:06PM

Moon - Blue  
Ashvina-Aipasi

Sivaloka Day

D

Wednesday, October 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam

Chennai, India

Pushya Nakshatra Sadhya/Subha Yoga Bava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 199

Retreat Star

Kataka Rasi: 4.37 Tihti 22 - 23

Gulika 10:25AM - 11:53AM

Pushya Until 9:09AM Thu

Ganesha: Purple Sunrise: 6:03AM

Vilamba 5120

Yama 7:30AM - 8:58AM

Sadhya Until 2:31AM Thu

Muruga: Clear Sunset: 5:43PM

Moon 10 - Phase 27

644662364 Rahu 11:53AM - 1:20PM

Bava Until 11:08AM

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Saptami Until 11:08AM

Moon - Blue  
Ashvina-Aipasi

Subha Sivaloka Day

Thursday, November 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam

Chennai, India

Pushya/Ashlesha\* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 200

Retreat Star

Kataka Rasi: 18.41 Tihti 23 - 24

Gulika 8:58AM - 10:25AM

Pushya Until 9:09AM

Ganesha: Purple Sunrise: 6:03AM

Vilamba 5120

Yama 6:03AM - 7:30AM

Subha Until 8:51AM Fri

Muruga: Clear Sunset: 5:43PM

Moon 10 - Phase 27

644662364 Rahu 1:20PM - 2:48PM

Taitila Until 8:11PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami\* Until 11:39AM Thu

Moon - Blue  
Ashvina-Aipasi

Subha Sivaloka Day

Until 9:09AM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Sukla/Brahma Yoga Gara/Bava Karana Navami/Dashmyam Titau				Chennai, India
Simha Rasi: 2.46	Tithi 24 - 25	<b>Gulika</b> 7:31AM - 8:58AM	<b>Ashlesha* Until 7:10AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:03AM	Sun 8 Sutra 201 Vilamba 5120
		Yama 2:48PM - 4:15PM	Sukla Until 11:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 28 2nd Phase
		654662364 <b>Rahu</b> 10:25AM - 11:53AM	Bava Until 6:12PM	<b>Nataraja:</b> Clear		
Routine Work	Marana Yoga		<b>Navami* Until 8:51AM Fri</b>	Moon - Red		<b>Sivaloka Day</b>
Until 7:10AM				<b>Ashvina-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Ekadashyam Titau				Chennai, India
Simha Rasi: 16.51	Tithi 26	<b>Gulika</b> 6:04AM - 7:31AM	<b>Purvaphalguni Until 1:27AM Mon Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	Sun 9 Sutra 202 Vilamba 5120
		Yama 1:20PM - 2:47PM	Brahma Until 6:04AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 28 2nd Phase
		654762364 <b>Rahu</b> 8:58AM - 10:26AM	Bava Until 14:22AM Sun	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Ekadashi* Until 6:04AM Sat</b>	Moon - Red		<b>Devaloka Day</b>
Until 1:27AM Mon Sun				<b>Ashvina-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>3 Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava Karana Dvodashyam Titau				Chennai, India
Kanya Rasi: 0.54	Tithi 27	<b>Gulika</b> 2:47PM - 4:15PM	<b>Purvaphalguni Until 1:27AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	Sun 10 Sutra 203 Vilamba 5120
		Yama 11:53AM - 1:20PM	Vaidhriti* Until 9:27PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 28 2nd Phase
		654762364 <b>Rahu</b> 4:15PM - 5:42PM	Kaulava Until 2:22PM	<b>Nataraja:</b> Clear		
Creative Work	Amrita Yoga		<b>Dvadashi* Until 1:27AM Mon</b>	Moon - Red		<b>Devaloka Day</b>
Until 1:27AM Mon				<b>Ashvina-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Gara/Visti* Karana Trayodashyam Titau				Chennai, India
Kanya Rasi: 14.52	Tithi 28	<b>Gulika</b> 1:20PM - 2:47PM	<b>Uttaraphalguni Until 11:49PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:04AM	Sun 11 Sutra 204 Vilamba 5120
<b>Family Home Evening</b>		Yama 10:26AM - 11:53AM	Vishkambha* Until 9:70PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 28 2nd Phase
		664762364 <b>Rahu</b> 7:31AM - 8:58AM	Gara Until 10:67AM Tue	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Trayodashi* Until 12:41AM Mon</b>	Moon - Green		<b>Devaloka Day</b>
Until 11:49PM				<b>Ashvina-Aipasi</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chennai, India
Kanya Rasi: 28.43	Tithi 29	<b>Gulika</b> 11:53AM - 1:20PM	<b>Hasta Until 10:28PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:04AM	Sun 12 Sutra 205 Vilamba 5120
		Yama 8:59AM - 10:26AM	Priti Until 7:54PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 28 2nd Phase
		664762364 <b>Rahu</b> 2:47PM - 4:14PM	Visti Until 9:58AM Wed	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:70PM</b>	Moon - Green		<b>Devaloka Day</b>
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina-Aipasi</b>		

<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Catuspada* Karana Amavasyayam Titau				Chennai, India
<b>Retreat Star</b>		<b>Gulika</b> 10:26AM - 11:53AM	<b>Svati Until 7:26PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:05AM	Sun 13 Sutra 206 Vilamba 5120
Tula Rasi: 12.22	Tithi 30	Yama 7:32AM - 8:59AM	Ayushman Until 5:55PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 28 Amavasya
		764762364 <b>Rahu</b> 11:53AM - 1:20PM	Catuspada Until 9:58AM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:32PM</b>	Moon - Green		<b>Devaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Kaulava Karana Prathamayam Titau				Chennai, India
<b>Retreat Star</b>		<b>Gulika</b> 8:59AM - 10:26AM	<b>Vishakha Until 9:19PM Fri</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:05AM	Sun 14 Sutra 207 Vilamba 5120
Tula Rasi: 25.46	Tithi 1	Yama 6:05AM - 7:32AM	Saubhagya Until 7:46PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 28 Prathama
		775762364 <b>Rahu</b> 1:20PM - 2:47PM	Kintughna Until 9:09AM Fri	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Prathama* Until 5:55PM</b>	Moon - Orange		<b>Sivaloka Day</b>
		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>		

<b>1</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava Karana Dvitiyayam Titau		Chennai, India Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 8.52	Tithi 2	<b>Gulika</b> 7:32AM – 8:59AM	<b>Vishakha</b> Until 9:19PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:05AM		
		<b>Yama</b> 2:47PM – 4:14PM	Sobhana Until 8:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 29	
		775762364 <b>Rahu</b> 10:26AM – 11:53AM	Balava Until 9:09AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 9:19PM	Moon – Orange		<b>Sivaloka Day</b>	
Until 9:19PM				<b>Karttika-Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Chennai, India Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 21.4	Tithi 3	<b>Gulika</b> 6:06AM – 7:33AM	<b>Anuradha</b> Until 10:12PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:06AM		
		<b>Yama</b> 1:20PM – 2:47PM	Athiganda* Until 13:93AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29	
		775762364 <b>Rahu</b> 9:00AM – 10:26AM	Taitila Until 9:42AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 10:12PM	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>			

<b>3</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Chennai, India Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 4.08	Tithi 4	<b>Gulika</b> 2:47PM – 4:14PM	<b>Mula*</b> Until 12:01AM Mon	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:06AM		
		<b>Yama</b> 11:53AM – 1:20PM	Sukarma Until 2:33PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29	
		785762364 <b>Rahu</b> 4:14PM – 5:40PM	Vanija Until 12:47AM Mon	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 13:93AM Sun	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 12:01AM Mon				<b>Karttika-Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Chennai, India Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 16.2	Tithi 5	<b>Gulika</b> 1:20PM – 2:47PM	<b>Purvashadha*</b> Until 4:25AM Wed Tue	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:07AM		
<b>Family Home Evening</b>		<b>Yama</b> 10:27AM – 11:53AM	Dhriti Until 2:58PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29	
Routine Work	Marana Yoga	785762364 <b>Rahu</b> 7:33AM – 9:00AM	Bava Until 12:47PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 4:25AM Wed Tue			<b>Panchami</b> Until 1:53AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Karttika-Aipasi</b>			

<b>5</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Chennai, India Sun 19 Sutra 212 Vilamba 5120	
Dhanus Rasi: 28.19	Tithi 6	<b>Gulika</b> 11:53AM – 1:20PM	<b>Purvashadha*</b> Until 4:25AM Wed	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:07AM		
		<b>Yama</b> 9:00AM – 10:27AM	Shula* Until 16:40AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29	
		785762364 <b>Rahu</b> 2:47PM – 4:13PM	Kaulava Until 3:08PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Shashthi*</b> Until 4:25AM Wed	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 4:25AM Wed		<b>Skanda Shasthi</b>		<b>Karttika-Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara Karana Saptamyam Titau		Chennai, India Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 10.1	Tithi 7	<b>Gulika</b> 10:27AM – 11:54AM	<b>Shravana</b> Until 8:46AM Thu	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:07AM		
		<b>Yama</b> 7:34AM – 9:01AM	Ganda* Until 4:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29	
		795762364 <b>Rahu</b> 11:54AM – 1:20PM	Gara Until 5:48PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM Thu	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>			

<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Vanija/Balava Karana Saptami/Ashtamyam Titau		Chennai, India Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 21.58	Tithi 7 – 8	<b>Gulika</b> 9:01AM – 10:27AM	<b>Shravana</b> Until 8:46AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:08AM		
		<b>Yama</b> 6:08AM – 7:34AM	Vridhhi Until 8:46AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29	
		795762364 <b>Rahu</b> 1:20PM – 2:47PM	Balava Until 22:55AM Fri	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>			

<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Chennai, India Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 3.47	Tithi 8 – 9	<b>Gulika</b> 7:35AM – 9:01AM	<b>Dhanishtha</b> Until 11:48AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:08AM		
		<b>Yama</b> 2:47PM – 4:13PM	Dhruva Until 11:48AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 29	
		795762364 <b>Rahu</b> 10:28AM – 11:54AM	Balava Until 10:55PM	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 9:43AM	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Karttika-Kartikai</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Saturday, November 17, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau	Chennai, India
	Sun 23	Sutra 216	Vilamba 5120
Kumbha Rasi: 15.44	Tithi 9 – 10	<b>Gulika</b> 6:09AM – 7:35AM <b>Yama</b> 1:21PM – 2:47PM <b>Rahu</b> 9:01AM – 10:28AM	<b>Shatabhishak Until 2:17PM</b> <b>Vyaghata* Until 6:59PM</b> <b>Tailila Until 12:53AM Sun</b> <b>Navami* Until 11:57AM</b>
Creative Work Amrita Yoga Until 2:17PM Then Routine Work - Marana Yoga	796762365	<b>Ganesh:</b> Clear <i>Sunrise: 6:09AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:40PM</i> <b>Nataraja:</b> White Moon – Purple <b>Karttika-Karttikai</b>	<b>Devaloka Day</b> Moon 10 - Phase 30 4th Phase


<b>2</b>	<b>Sunday, November 18, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Chennai, India
	Sun 24	Sutra 217	Vilamba 5120
Kumbha Rasi: 27.54	Tithi 10 – 11	<b>Gulika</b> 2:47PM – 4:13PM <b>Yama</b> 11:54AM – 1:21PM <b>Rahu</b> 4:13PM – 5:40PM	<b>Purvaproshtapada* Until 4:32PM</b> <b>Harshana Until 4:32PM</b> <b>Vanija Until 1:71AM Mon</b> <b>Dashami Until 6:59PM</b>
Creative Work Siddha Yoga Until 4:32PM Then Creative Work - Amrita Yoga	716762365	<b>Ganesh:</b> Red <i>Sunrise: 6:09AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:40PM</i> <b>Nataraja:</b> White Moon – Clear <b>Karttika-Karttikai</b>	<b>Devaloka Day</b> Moon 10 - Phase 30 4th Phase


<b>3</b>	<b>Monday, November 19, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Chennai, India
	Sun 25	Sutra 218	Vilamba 5120
Meena Rasi: 10.21	Tithi 11 – 12	<b>Gulika</b> 1:21PM – 2:47PM <b>Yama</b> 10:28AM – 11:55AM <b>Rahu</b> 7:36AM – 9:02AM	<b>Uttaraproshtapada Until 2:43PM Tue</b> <b>Vajra* Until 5:55PM</b> <b>Bava Until 2:45AM Tue</b> <b>Ekadashi Until 2:32PM</b>
Family Home Evening Creative Work Siddha Yoga	716762365	<b>Ganesh:</b> Red <i>Sunrise: 6:10AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:40PM</i> <b>Nataraja:</b> White Moon – Clear <b>Karttika-Karttikai</b>	<b>Devaloka Day</b> Moon 10 - Phase 30 4th Phase

<b>4</b>	<b>Tuesday, November 20, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Gara Karana Dvadashi/Trayodashyam Titau	Chennai, India
	Sun 26	Sutra 219	Vilamba 5120
Meena Rasi: 23.08	Tithi 12 – 13	<b>Gulika</b> 11:55AM – 1:21PM <b>Yama</b> 9:02AM – 10:29AM <b>Rahu</b> 2:47PM – 4:13PM	<b>Uttaraproshtapada Until 2:43PM</b> <b>Siddhi Until 6:26PM</b> <b>Gara Until 25:40AM Wed</b> <b>Dvadashi Until 2:43PM</b>
Creative Work Siddha Yoga	716762365	<b>Ganesh:</b> Red <i>Sunrise: 6:10AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:40PM</i> <b>Nataraja:</b> White Moon – Clear <b>Karttika-Karttikai</b>	<b>Devaloka Day</b> Moon 10 - Phase 30 4th Phase

*Pradosha Vrata*

<b>5</b>	<b>Wednesday, November 21, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyalipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Chennai, India
	Sun 27	Sutra 220	Vilamba 5120
Mesha Rasi: 6.17	Tithi 13 – 14	<b>Gulika</b> 10:29AM – 11:55AM <b>Yama</b> 7:37AM – 9:03AM <b>Rahu</b> 11:55AM – 1:21PM	<b>Ashvini Until 6:33PM</b> <b>Vyatipata* Until 3:43PM</b> <b>Gara Until 1:40AM Thu</b> <b>Trayodashi Until 2:10PM</b>
Routine Work Marana Yoga Until 6:33PM Then Creative Work - Siddha Yoga	726762365	<b>Ganesh:</b> Blue <i>Sunrise: 6:11AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:40PM</i> <b>Nataraja:</b> White Moon – White <b>Karttika-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM Moon 10 - Phase 30 4th Phase

	<b>Thursday, November 22, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau	Chennai, India
	Sun 28	Sutra 221	Vilamba 5120
Mesha Rasi: 19.49	Tithi 14 – 15	<b>Gulika</b> 9:03AM – 10:29AM <b>Yama</b> 6:11AM – 7:37AM <b>Rahu</b> 1:21PM – 2:47PM	<b>Bharani Until 5:53PM</b> <b>Variyan Until 5:53PM</b> <b>Bava Until 10:73AM Fri</b> <b>Chaturdashi* Until 12:58PM</b>
Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Marana Yoga	726762365	<b>Ganesh:</b> Blue <i>Sunrise: 6:11AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:40PM</i> <b>Nataraja:</b> White Moon – White <b>Karttika-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM Moon 10 - Phase 30 Purnima

	<b>Friday, November 23, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Chennai, India
	Sun 29	Sutra 222	Vilamba 5120
Vrisabha Rasi: 3.42	Tithi 15 – 16	<b>Gulika</b> 7:38AM – 9:04AM <b>Yama</b> 2:48PM – 4:14PM <b>Rahu</b> 10:30AM – 11:56AM	<b>Krittika Until 9:04AM Sat</b> <b>Parigha* Until 10:55AM</b> <b>Balava Until 9:72PM</b> <b>Purnima* Until 10:55AM Fri</b>
Creative Work Siddha Yoga Until 9:04AM Sat Then Routine Work - Marana Yoga	726762365	<b>Ganesh:</b> Blue <i>Sunrise: 6:11AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:40PM</i> <b>Nataraja:</b> White Moon – White <b>Karttika-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM Moon 10 - Phase 30 Prathama

Vinayaga Viratam Begins

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Chennai, India

Sutra 223

Vilamba 5120

Vrishabha Rasi: 17.5    Tihi 16 – 17

737762365

**Gulika** 6:12AM – 7:38AM  
**Yama** 1:22PM – 2:48PM  
**Rahu** 9:04AM – 10:30AM

**Krittika Until 9:04AM**  
Shiva Until 3:12PM  
Gara Until 6:40AM Sun

**Ganesha:** Red    *Sunrise:* 6:12AM  
**Muruga:** Clear    *Sunset:* 5:40PM

Moon 11 - Phase 31  
1st Phase

Creative Work    Amrita Yoga  
Until 9:04AM

Then Creative Work - Siddha Yoga

**Krittika Deepam**

**Prathama\* Until 9:04AM**

**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Ardra Nakshatra Sadhya Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1    Sutra 224

Vilamba 5120

Mithuna Rasi: 2.11    Tihi 17 – 18

737762365

**Gulika** 2:48PM – 4:14PM  
**Yama** 11:56AM – 1:22PM  
**Rahu** 4:14PM – 5:40PM

**Rohini Until 6:40AM**  
Sadhya Until 1:32AM Mon  
Visti Until 4:07AM Mon  
**Dvitiya Until 6:40AM**

**Ganesha:** Red    *Sunrise:* 6:12AM  
**Muruga:** Clear    *Sunset:* 5:40PM

Moon 11 - Phase 31  
1st Phase

Creative Work    Siddha Yoga

Until 11:06PM Tue

Then Creative Work - Amrita Yoga

**Krittika Deepam**

**Dvitiya Until 6:40AM**

**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava Karana Chaturthyam Titau

Chennai, India

Sun 2    Sutra 225

Vilamba 5120

Mithuna Rasi: 16.37    Tihi 19

737762365

**Gulika** 1:22PM – 2:48PM  
**Yama** 10:31AM – 11:56AM  
**Rahu** 7:39AM – 9:05AM

**Ardra Until 11:06PM Tue**  
Subha Until 10:15PM  
Bava Until 2:51PM  
**Chaturthi\* Until 1:34AM Tue**

**Ganesha:** Red    *Sunrise:* 6:13AM  
**Muruga:** Clear    *Sunset:* 5:40PM

Moon 11 - Phase 31  
1st Phase

Creative Work    Siddha Yoga

Until 11:06PM Tue

Then Creative Work - Amrita Yoga

**Krittika Deepam**

**Chaturthi\* Until 1:34AM Tue**

**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Pushya Nakshatra Sukla Yoga Kaulava Karana Panchamyam Titau

Chennai, India

Sun 3    Sutra 226

Vilamba 5120

Kataka Rasi: 1.04    Tihi 20

747762365

**Gulika** 11:57AM – 1:23PM  
**Yama** 9:05AM – 10:31AM  
**Rahu** 2:48PM – 4:14PM

**Ardra Until 11:06PM**  
Sukla Until 7:00PM  
Kaulava Until 12:20PM  
**Panchami Until 11:06PM**

**Ganesha:** Green    *Sunrise:* 6:14AM  
**Muruga:** Clear    *Sunset:* 5:40PM

Moon 11 - Phase 31  
1st Phase

Creative Work    Siddha Yoga

Until 11:06PM Tue

Then Creative Work - Amrita Yoga

**Krittika Deepam**

**Panchami Until 11:06PM**

**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Bava Karana Shashthyam Titau

Chennai, India

Sun 4    Sutra 227

Vilamba 5120

Kataka Rasi: 15.25    Tihi 21

747862365

**Gulika** 10:31AM – 11:57AM  
**Yama** 7:40AM – 9:06AM  
**Rahu** 11:57AM – 1:23PM

**Pushya Until 6:42PM**  
Brahma Until 8:04AM  
Gara Until 9:56AM  
**Shashthi\* Until 8:47PM**

**Ganesha:** White    *Sunrise:* 6:14AM  
**Muruga:** Clear    *Sunset:* 5:40PM

Moon 11 - Phase 31  
1st Phase

Creative Work    Siddha Yoga

Until 11:06PM Tue

Then Creative Work - Amrita Yoga

**Krittika Deepam**

**Shashthi\* Until 8:47PM**

**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Kaulava Karana Saptamyam Titau

Chennai, India

Sun 5    Sutra 228

Vilamba 5120

Kataka Rasi: 29.4    Tihi 22

747863365

**Gulika** 9:06AM – 10:32AM  
**Yama** 6:15AM – 7:40AM  
**Rahu** 1:23PM – 2:49PM

**Pushya Until 6:42PM**  
Indra Until 6:25AM  
Visti Until 5:47AM Fri  
**Saptami Until 12:57AM Thu**

**Ganesha:** White    *Sunrise:* 6:15AM  
**Muruga:** Purple    *Sunset:* 5:40PM

Moon 11 - Phase 31  
1st Phase

Creative Work    Siddha Yoga

Until 6:42PM

Then Creative Work - Amrita Yoga

**Krittika Deepam**

**Saptami Until 12:57AM Thu**

**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 6    Sutra 229

Vilamba 5120

Simha Rasi: 13.45    Tihi 23 – 24

757863365

**Gulika** 7:41AM – 9:06AM  
**Yama** 2:49PM – 4:15PM  
**Rahu** 10:32AM – 11:58AM

**Ashlesha\* Until 4:52PM**  
Vaidhriti\* Until 7:38AM Sat  
Taitila Until 3:65AM Sat  
**Ashtami\* Until 10:11AM Fri**

**Ganesha:** Clear    *Sunrise:* 6:15AM  
**Muruga:** Purple    *Sunset:* 5:41PM

Moon 11 - Phase 31  
Ashtami

Creative Work    Siddha Yoga

Until 11:06PM Tue

Then Creative Work - Amrita Yoga

**Krittika Deepam**

**Ashtami\* Until 10:11AM Fri**

**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Vishkambha\*/Prili Yoga Gara Karana Navami/Dashamyam Titau

Chennai, India

Sun 7    Sutra 230

Vilamba 5120

Simha Rasi: 27.4    Tihi 24 – 25

758863365

**Gulika** 6:16AM – 7:41AM  
**Yama** 1:24PM – 2:49PM  
**Rahu** 9:07AM – 10:33AM

**Uttaraphalguni Until 3:20AM Sun**  
Vishkambha\* Until 7:38AM  
Gara Until 3:19PM  
**Navami\* Until 3:19PM**

**Ganesha:** Orange    *Sunrise:* 6:16AM  
**Muruga:** Purple    *Sunset:* 5:41PM

Moon 11 - Phase 31  
Navami

Routine Work    Marana Yoga

Until 3:20AM Sun

Then Creative Work - Amrita Yoga

**Krittika Deepam**

**Navami\* Until 3:19PM**

**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

<b>1 Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam			Chennai, India	
Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Sutra 231		
Kanya Rasi: 11.25	Tithi 25 – 26	<b>Gulika</b> 2:50PM – 4:15PM	<b>Hasta Until 3:00AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:16AM	Vilamba 5120	
		Yama 11:59AM – 1:24PM	Ayushman Until 3:13AM Mon	<b>Muruga:</b> Purple <i>Sunset:</i> 5:41PM	Moon 11 - Phase 32	
	768863365	<b>Rahu</b> 4:15PM – 5:41PM	Bava Until 1:31AM Mon	<b>Nataraja:</b> White	2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 2:01PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 3:00AM Mon				<b>Karttika-Karttikai</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2 Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam			Chennai, India	
Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Sutra 232		
Kanya Rasi: 25.01	Tithi 26 – 27	<b>Gulika</b> 1:24PM – 2:50PM	<b>Chitra Until 12:22PM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:17AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:33AM – 11:59AM	Saubhagya Until 1:22AM Tue	<b>Muruga:</b> Purple <i>Sunset:</i> 5:41PM	Moon 11 - Phase 32	
	768863365	<b>Rahu</b> 7:42AM – 9:08AM	Kaulava Until 12:41AM Tue	<b>Nataraja:</b> White	2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 1:02PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 12:22PM Tue				<b>Karttika-Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>3 Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam			Chennai, India	
Chitra/Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Sutra 233		
Tula Rasi: 8.25	Tithi 27 – 28	<b>Gulika</b> 11:59AM – 1:25PM	<b>Chitra Until 12:22PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:17AM	Vilamba 5120	
		Yama 9:08AM – 10:34AM	Sobhana Until 21:90AM Wed	<b>Muruga:</b> Purple <i>Sunset:</i> 5:41PM	Moon 11 - Phase 32	
	768863365	<b>Rahu</b> 2:50PM – 4:16PM	Gara Until 12:11AM Wed	<b>Nataraja:</b> White	2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 12:22PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 12:22PM				<b>Karttika-Karttikai</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4 Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam			Chennai, India	
Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 234		
Tula Rasi: 21.38	Tithi 28 – 29	<b>Gulika</b> 10:34AM – 12:00PM	<b>Vishakha Until 3:33AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	Vilamba 5120	
		Yama 7:43AM – 9:09AM	Athiganda* Until 10:30PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:42PM	Moon 11 - Phase 32	
	778863365	<b>Rahu</b> 12:00PM – 1:25PM	Visti Until 12:06AM Thu	<b>Nataraja:</b> White	2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 21:90AM Wed</b>	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		

<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam			Chennai, India	
<b>Retreat Star</b>		Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		
Vrischika Rasi: 4.38	Tithi 29 – 30	<b>Gulika</b> 9:09AM – 10:35AM	<b>Anuradha Until 12:50PM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	Vilamba 5120	
		Yama 6:18AM – 7:44AM	Sukarma Until 9:34PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:42PM	Moon 11 - Phase 32	
	778863365	<b>Rahu</b> 1:26PM – 2:51PM	Catuspada Until 12:29AM Fri	<b>Nataraja:</b> White	Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:12PM</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 12:50PM Fri				<b>Karttika-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam			Chennai, India	
<b>Retreat Star</b>		Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		
Vrischika Rasi: 17.25	Tithi 30 – 1	<b>Gulika</b> 7:44AM – 9:10AM	<b>Anuradha Until 12:50PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:19AM	Vilamba 5120	
		Yama 2:51PM – 4:17PM	Dhriti Until 5:55AM Sat	<b>Muruga:</b> Purple <i>Sunset:</i> 5:42PM	Moon 11 - Phase 32	
	779863365	<b>Rahu</b> 10:35AM – 12:01PM	Kintughna Until 1:22AM Sat	<b>Nataraja:</b> White	Prathama	
Routine Work	Marana Yoga		<b>Amavasya* Until 12:50PM</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 12:50PM				<b>Margasira-Karttikai</b>		
Then Creative Work - Amrita Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Chennai, India Sun 14 Sutra 237 Vilamba 5120
Vrischika Rasi: 29.57	Tithi 1 - 2	<b>Gulika</b> 6:19AM - 7:45AM Yama 1:26PM - 2:52PM 799863365 <b>Rahu</b> 9:10AM - 10:36AM	<b>Mula* Until 8:06AM Sun</b> Shula* Until 8:54PM Balava Until 2:48AM Sun Prathama* Until 9:03PM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:19AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:43PM <b>Nataraja:</b> White Moon - Orange Margasira*Karttikai	<b>Bhuloka Day</b> Moon 11 - Phase 33 3rd Phase		
Creative Work	Siddha Yoga						
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava Karana Dvitiya/Tritiyayam Titau			Chennai, India Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 12.15	Tithi 2 - 3	<b>Gulika</b> 2:52PM - 4:18PM Yama 12:01PM - 1:27PM 789863365 <b>Rahu</b> 4:18PM - 5:43PM	<b>Mula* Until 8:06AM</b> Ganda* Until 9:11PM Kaulava Until 3:41PM Dvitiya Until 3:41PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:20AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:43PM <b>Nataraja:</b> White Moon - Light Blue Margasira*Karttikai	<b>Bhuloka Day</b> Moon 11 - Phase 33 3rd Phase		
Creative Work	Amrita Yoga						
Until 8:06AM	Then Creative Work - Siddha Yoga						
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara Karana Tritiya/Chaturthyam Titau			Chennai, India Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 24.21	Tithi 3 - 4	<b>Gulika</b> 1:27PM - 2:53PM Yama 10:37AM - 12:02PM 789863365 <b>Rahu</b> 7:46AM - 9:11AM	<b>Purvashadha* Until 8:25PM Tue</b> Vriddhi Until 10:37AM Gara Until 5:52PM Tritiya Until 5:52PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:21AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:43PM <b>Nataraja:</b> White Moon - Light Blue Margasira*Karttikai	<b>Bhuloka Day</b> Moon 11 - Phase 33 3rd Phase		
Family Home Evening	789863365						
Routine Work	Marana Yoga						
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Shravana Nakshatra Dhruva Yoga Vanija/Bava Karana Chaturthyam Titau			Chennai, India Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 6.17	Tithi 4	<b>Gulika</b> 12:02PM - 1:28PM Yama 9:12AM - 10:37AM 789863365 <b>Rahu</b> 2:53PM - 4:18PM	<b>Purvashadha* Until 8:25PM</b> Dhruva Until 1:21PM Vanija Until 7:08AM Chaturthi* Until 8:25PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:21AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:44PM <b>Nataraja:</b> White Moon - Light Blue Margasira*Karttikai	<b>Bhuloka Day</b> Moon 11 - Phase 33 3rd Phase		
Routine Work	Prabalarishta Yoga						
Until 8:25PM	Then Creative Work - Siddha Yoga						
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau			Chennai, India Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 18.06	Tithi 5	<b>Gulika</b> 10:38AM - 12:03PM Yama 7:47AM - 9:12AM 799863365 <b>Rahu</b> 12:03PM - 1:28PM	<b>Uttarashadha Until 11:10PM</b> Vyaghata* Until 11:40PM Bava Until 9:48AM Panchami Until 11:10PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:44PM <b>Nataraja:</b> White Moon - Purple Margasira*Karttikai	<b>Bhuloka Day</b> Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM		
Creative Work	Siddha Yoga						
Until 11:10PM	Then Routine Work - Prabalarishta Yoga						
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau			Chennai, India Sun 19 Sutra 242 Vilamba 5120
Makara Rasi: 29.53	Tithi 6	<b>Gulika</b> 9:13AM - 10:38AM Yama 6:22AM - 7:47AM 799863365 <b>Rahu</b> 1:29PM - 2:54PM	<b>Dhanishtha Until 7:47PM</b> Harshana Until 12:39AM Fri Kaulava Until 12:33PM Shashthi* Until 1:52AM Fri	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:44PM <b>Nataraja:</b> White Moon - Purple Margasira*Karttikai	<b>Bhuloka Day</b> Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM		
Creative Work	Siddha Yoga						
<b>Vinayaga Viratam Ends</b>							
<b>7</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau			Chennai, India Sun 20 Sutra 243 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:48AM - 9:13AM Yama 2:54PM - 4:20PM 799863365 <b>Rahu</b> 10:38AM - 12:04PM	<b>Shatabhishak Until 6:15AM Sun Sat</b> Vajra* Until 1:25AM Sat Gara Until 3:10PM Saptami Until 4:19AM Sat	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:45PM <b>Nataraja:</b> White Moon - Purple Margasira*Karttikai	<b>Bhuloka Day</b> Moon 11 - Phase 33 3rd Phase Devaloka Time: 6:AM to 9:AM		
Kumbha Rasi: 11.41	Tithi 7						
Creative Work	Siddha Yoga						
<b>8</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau			Chennai, India Sun 21 Sutra 244 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:23AM - 7:48AM Yama 1:29PM - 2:55PM 711863365 <b>Rahu</b> 9:14AM - 10:39AM	<b>Shatabhishak Until 6:15AM Sun</b> Siddhi Until 1:51AM Sun Visti Until 5:23PM Ashtami* Until 6:15AM Sun	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:45PM <b>Nataraja:</b> White Moon - Clear Margasira*Karttikai	<b>Bhuloka Day</b> Moon 11 - Phase 33 Ashtami Devaloka Time: 6:AM to 9:AM		
Kumbha Rasi: 23.37	Tithi 8						
Routine Work	Marana Yoga						
Until 6:15AM Sun	Then Creative Work - Amrita Yoga						
<b>9</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava Karana Ashtami/Navamyam Titau			Chennai, India Sun 22 Sutra 245 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:55PM - 4:20PM Yama 12:05PM - 1:30PM 711863365 <b>Rahu</b> 4:20PM - 5:46PM	<b>Uttaraproshtapada Until 7:31AM Mon</b> Vyatipata* Until 1:48AM Mon Bava Until 6:15AM Ashtami* Until 6:15AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:24AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:46PM <b>Nataraja:</b> White Moon - Clear Margasira*Markali	<b>Bhuloka Day</b> Moon 11 - Phase 33 Navami Devaloka Time: 6:AM to 9:AM		
Meena Rasi: 5.44	Tithi 8 - 9						
Creative Work	Amrita Yoga						
Until 7:31AM Mon	Then Creative Work - Siddha Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Chennai, India Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 18.09	Tithi 9 – 10	<b>Gulika</b> 1:30PM – 2:56PM	<b>Uttaraproshtapada</b> Until 7:31AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	
	<b>Family Home Evening</b>	811863365	Yama 10:40AM – 12:05PM	Variyan Until 4:08AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 7:50AM – 9:15AM	Taitila Until 7:52PM	<b>Nataraja:</b> White		4th Phase
			<b>Navami*</b> Until 1:48AM Mon	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>			

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chennai, India Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 0.55	Tithi 10 – 11	<b>Gulika</b> 12:06PM – 1:31PM	<b>Revati</b> Until 7:59AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	
		821863365	Yama 9:15AM – 10:40AM	Parigha* Until 21:56AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 2:56PM – 4:21PM	Vanija Until 7:56PM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami</b> Until 7:59AM	Moon – White		<b>Bhuloka Day</b>	
		<b>Gita Jayanthi</b>		<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 14.05	Tithi 11 – 12	<b>Gulika</b> 10:41AM – 12:06PM	<b>Ashvini</b> Until 7:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	
		821863365	Yama 7:51AM – 9:16AM	Shiva Until 19:26AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 12:06PM – 1:31PM	Bava Until 7:10PM	<b>Nataraja:</b> White		4th Phase
Until 7:38AM			<b>Ekadashi</b> Until 7:38AM	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM	

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 27.41	Tithi 12 – 13	<b>Gulika</b> 9:16AM – 10:41AM	<b>Krittika</b> Until 2:13AM Sat Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	
		821863365	Yama 6:26AM – 7:51AM	Siddha Until 2:58AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 1:32PM – 2:57PM	Taitila Until 4:38AM Fri	<b>Nataraja:</b> White		4th Phase
			<b>Dvadashi</b> Until 6:29AM	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Chaturdashyam Titau				Chennai, India Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 11.42	Tithi 14	<b>Gulika</b> 7:52AM – 9:17AM	<b>Krittika</b> Until 2:13AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	
		831863365	Yama 2:58PM – 4:23PM	Sadhya Until 12:62AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 10:42AM – 12:07PM	Gara Until 12:51AM Sat	<b>Nataraja:</b> White		4th Phase
Until 2:13AM Sat			<b>Chaturdashi*</b> Until 7:26PM	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Day 1 of Pancha Ganapati</b>		<b>Margasira*Markali</b>			

<b>○</b>	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Chennai, India Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 6:27AM – 7:52AM	<b>Rohini</b> Until 11:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM	
	Vrishabha Rasi: 26.06	Tithi 15	Yama 1:33PM – 2:58PM	Subha Until 9:21AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	831863365	<b>Rahu</b> 9:17AM – 10:42AM	Visti Until 12:51PM	<b>Nataraja:</b> White		Purnima
			<b>Purnima*</b> Until 11:22PM	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Day 2 of Pancha Ganapati</b>		<b>Margasira*Markali</b>			

<b>○</b>	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Chennai, India Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:59PM – 4:24PM	<b>Ardra</b> Until 5:01PM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	
	Mithuna Rasi: 10.47	Tithi 16	Yama 12:08PM – 1:33PM	Sukla Until 9:21AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	831963365	<b>Rahu</b> 4:24PM – 5:49PM	Balava Until 9:51AM	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> Until 8:15PM	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Day 3 of Pancha Ganapati</b>		<b>Margasira*Markali</b>		Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 25.38 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 5:01PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Indra Yoga Taitila Karana Dvitiya/Tritiyayam Titau

Gulika 1:34PM - 2:59PM

Yama 10:43AM - 12:09PM

Rahu 7:53AM - 9:18AM

Day 4 of Pancha Ganapati

Ardra Darshanam

Ardra Until 5:01PM

Indra Until 6:23PM

Taitila Until 6:39AM

Dvitiya Until 5:01PM

Ganesha: Blue Sunrise: 6:28AM

Muruga: Purple Sunset: 5:50PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Chennai, India

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 10.32 Tihi 18 - 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Ashlesha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 12:09PM - 1:34PM

Yama 9:19AM - 10:44AM

Rahu 3:00PM - 4:25PM

Day 5 of Pancha Ganapati

Ardra Darshanam

Punarvasu Until 1:49PM

Vaidhriti\* Until 3:55PM

Bava Until 11:77PM

Tritiya Until 1:49PM

Ganesha: Blue Sunrise: 6:28AM

Muruga: Purple Sunset: 5:50PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Chennai, India

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 25.2 Tihi 19 - 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:44AM - 12:10PM

Yama 7:54AM - 9:19AM

Rahu 12:10PM - 1:35PM

Day 5 of Pancha Ganapati

Ardra Darshanam

Ashlesha\* Until 1:29PM

Vishkambha\* Until 6:09PM

Kaulava Until 9:22PM

Chaturthi\* Until 10:46AM

Ganesha: Yellow Sunrise: 6:29AM

Muruga: Purple Sunset: 5:51PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Chennai, India

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 9.56 Tihi 20 - 21

Creative Work Amrita Yoga

Until 11:38AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila Karana Panchami/Shashthyam Titau

Gulika 9:20AM - 10:45AM

Yama 6:29AM - 7:55AM

Rahu 1:35PM - 3:01PM

Day 5 of Pancha Ganapati

Ardra Darshanam

Magha\* Until 11:38AM

Priti Until 11:38AM

Taitila Until 8:01AM

Panchami Until 8:01AM

Ganesha: Blue Sunrise: 6:29AM

Muruga: Purple Sunset: 5:51PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Chennai, India

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 24.16 Tihi 22

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Balava Karana Saptamyam Titau

Gulika 7:55AM - 9:20AM

Yama 3:01PM - 4:26PM

Rahu 10:45AM - 12:11PM

Day 5 of Pancha Ganapati

Ardra Darshanam

Purvaphalguni Until 10:03AM

Ayushman Until 10:03AM

Visti Until 4:40PM

Saptami Until 3:46AM Sat

Ganesha: Blue Sunrise: 6:30AM

Muruga: Purple Sunset: 5:52PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Chennai, India

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 8.18 Tihi 23

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:30AM - 7:55AM

Yama 1:36PM - 3:02PM

Rahu 9:21AM - 10:46AM

Day 5 of Pancha Ganapati

Ardra Darshanam

Uttaraphalguni Until 1:34AM Mon Sun

Saubhagya Until 9:05AM

Balava Until 3:02PM

Ashtami\* Until 2:24AM Sun

Ganesha: Blue Sunrise: 6:30AM

Muruga: Purple Sunset: 5:52PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Chennai, India

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 22 Tihi 24

Creative Work Amrita Yoga

Until 1:34AM Mon

Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Chitra Nakshatra Sobhana/Athiganda\* Yoga Taitila Karana Navamyam Titau

Gulika 3:02PM - 4:27PM

Yama 12:12PM - 1:37PM

Rahu 4:27PM - 5:53PM

Day 5 of Pancha Ganapati

Ardra Darshanam

Uttaraphalguni Until 1:34AM Mon

Sobhana Until 8:20AM

Taitila Until 1:56PM

Navami\* Until 1:34AM Mon

Ganesha: Red Sunrise: 6:31AM

Muruga: Purple Sunset: 5:53PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Chennai, India

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

<b>1</b>		<b>Monday, December 31, 2018</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Bava Karana Dashamyam Titau		Chennai, India Sun 8 Sutra 260 Vilamba 5120	
Tula Rasi: 5.25	Tithi 25	<b>Gulika</b>	1:37PM – 3:03PM	<b>Chitra Until 1:28AM Wed Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:31AM			
<b>Family Home Evening</b>	862963366	Yama	10:47AM – 12:12PM	Sukarma Until 8:16AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:53PM		Moon 12 - Phase 36	2nd Phase
Routine Work	Prabalarishta Yoga	<b>Rahu</b>	7:56AM – 9:22AM	Vanija Until 1:22PM	Nataraja: Green				
Until 1:28AM Wed Tue				<b>Dashami Until 1:15AM Tue</b>	Moon – Green		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga					Margasira-Markali		Devaloka Time: 6:AM to 9:AM		

<b>2</b>		<b>Tuesday, January 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Vishakha Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashyam Titau		Chennai, India Sun 9 Sutra 261 Vilamba 5120	
Tula Rasi: 18.32	Tithi 26	<b>Gulika</b>	12:13PM – 1:38PM	<b>Chitra Until 1:28AM Wed</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:31AM			
Creative Work	Siddha Yoga	Yama	9:22AM – 10:47AM	Dhriti Until 8:33AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:54PM		Moon 12 - Phase 36	2nd Phase
	862963366	<b>Rahu</b>	3:03PM – 4:29PM	Bava Until 13:47AM Wed	Nataraja: Green				
				<b>Ekadashi* Until 3:39AM Tue</b>	Moon – Green		<b>Bhuloka Day</b>		
					Margasira-Markali		Devaloka Time: 6:AM to 9:AM		

<b>3</b>		<b>Wednesday, January 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Chennai, India Sun 10 Sutra 262 Vilamba 5120	
Vrischika Rasi: 1.24	Tithi 27	<b>Gulika</b>	10:48AM – 12:13PM	<b>Vishakha Until 9:38AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:32AM			
Creative Work	Siddha Yoga	Yama	7:57AM – 9:22AM	Shula* Until 9:38AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:54PM		Moon 12 - Phase 36	2nd Phase
	872963366	<b>Rahu</b>	12:13PM – 1:38PM	Kaulava Until 1:47PM	Nataraja: Green				
				<b>Dvadashi* Until 2:10AM Thu</b>	Moon – Orange		<b>Bhuloka Day</b>		
					Margasira-Markali				

<b>4</b>		<b>Thursday, January 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Chennai, India Sun 11 Sutra 263 Vilamba 5120	
Vrischika Rasi: 14.02	Tithi 28	<b>Gulika</b>	9:23AM – 10:48AM	<b>Anuradha Until 11:01AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:32AM			
Creative Work	Siddha Yoga	Yama	6:32AM – 7:58AM	Ganda* Until 1:44AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:55PM		Moon 12 - Phase 36	2nd Phase
	872963366	<b>Rahu</b>	1:39PM – 3:04PM	Gara Until 2:43PM	Nataraja: Green				
Until 11:01AM				<b>Trayodashi* Until 3:21AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>		
Then Routine Work - Prabalarishta Yoga					Margasira-Markali				
									<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Friday, January 4, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Chennai, India Sun 12 Sutra 264 Vilamba 5120	
Vrischika Rasi: 26.28	Tithi 29	<b>Gulika</b>	7:58AM – 9:23AM	<b>Jyeshtha* Until 12:42PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:33AM			
Routine Work	Marana Yoga	Yama	3:05PM – 4:30PM	Vriddhi Until 1:49AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:56PM		Moon 12 - Phase 36	2nd Phase
	872963366	<b>Rahu</b>	10:49AM – 12:14PM	Visti Until 17:57AM Sat	Nataraja: Green				
Until 12:42PM				<b>Chaturdashi* Until 1:44AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga					Margasira-Markali				

<b>●</b>		<b>Saturday, January 5, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Chennai, India Sun 13 Sutra 265 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	6:33AM – 7:58AM	<b>Mula* Until 3:06PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:33AM			
Dhanus Rasi: 8.43	Tithi 30	Yama	1:40PM – 3:05PM	Dhruva Until 2:10AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:56PM		Moon 12 - Phase 36	Amavasya
Creative Work	Siddha Yoga	<b>Rahu</b>	9:24AM – 10:49AM	Catuspada Until 5:57PM	Nataraja: Green				
	882963366			<b>Amavasya* Until 6:59AM Sun</b>	Moon – Light Blue		<b>Bhuloka Day</b>		
		Subramuniyaswami Jayanti			Margasira-Markali				

<b>●</b>		<b>Sunday, January 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Naga* Karana Amavasya/Prathamayam Titau		Chennai, India Sun 14 Sutra 266 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	3:06PM – 4:31PM	<b>Purvashadha* Until 5:43PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:33AM			
Dhanus Rasi: 20.49	Tithi 30 – 1	Yama	12:15PM – 1:40PM	Vyaghata* Until 5:43PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:57PM		Moon 12 - Phase 36	Prathama
Creative Work	Siddha Yoga	<b>Rahu</b>	4:31PM – 5:57PM	Naga Until 6:59AM	Nataraja: Green				
Until 5:43PM				<b>Amavasya* Until 6:59AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Pausha-Markali		Devaloka Time: 12:PM to 3:PM		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava Karana Prathama/Dvitiyayam Titau				Chennai, India Sun 15 Sutra 267 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:41PM – 3:06PM	<b>Uttarashadha</b> Until 8:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	
Makara Rasi: 2.46	Tithi 1 – 2	<b>Yama</b> 10:50AM – 12:15PM	Harshana Until 3:39AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:57PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	882973366	<b>Rahu</b> 7:59AM – 9:24AM	Bava Until 9:20AM	<b>Nataraja:</b> Green		3rd Phase
Routine Work	Marana Yoga		<b>Prathama*</b> Until 9:20AM	Moon – Light Blue		
Until 8:26PM				<b>Pausha-Markali</b>	<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Chennai, India Sun 16 Sutra 268 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:16PM – 1:41PM	<b>Shravana</b> Until 11:42PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:34AM	
Makara Rasi: 14.37	Tithi 2 – 3	<b>Yama</b> 9:25AM – 10:50AM	Vajra* Until 4:36AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:58PM	Moon 12 - Phase 37
893973366		<b>Rahu</b> 3:07PM – 4:32PM	Taitila Until 1:20AM Wed	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 11:57AM	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 17 Sutra 269 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:51AM – 12:16PM	<b>Dhanishtha</b> Until 2:52AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:34AM	
Makara Rasi: 26.25	Tithi 3 – 4	<b>Yama</b> 8:00AM – 9:25AM	Siddhi Until 2:52AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:58PM	Moon 12 - Phase 37
893973366		<b>Rahu</b> 12:16PM – 1:42PM	Visti Until 16:85AM Thu	<b>Nataraja:</b> Green		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya</b> Until 2:42PM	Moon – Purple		
Until 2:52AM Thu				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 18 Sutra 270 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:26AM – 10:51AM	<b>Shatabhishak</b> Until 5:46AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:34AM	
Kumbha Rasi: 8.12	Tithi 4 – 5	<b>Yama</b> 6:34AM – 8:00AM	Vyatipata* Until 6:31AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:59PM	Moon 12 - Phase 37
893973366		<b>Rahu</b> 1:42PM – 3:08PM	Bava Until 6:45AM Fri	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 5:25PM	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India Sun 19 Sutra 271 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:00AM – 9:26AM	<b>Purvaproshtapada*</b> Until 10:07PM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	
Kumbha Rasi: 20.01	Tithi 5	<b>Yama</b> 3:08PM – 4:34PM	Vyatipata* Until 6:31AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:59PM	Moon 12 - Phase 37
813973366		<b>Rahu</b> 10:51AM – 12:17PM	Bava Until 6:45AM	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 7:57PM	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Shashthyam Titau				Chennai, India Sun 20 Sutra 272 Vilamba 5120
<b>6</b>		<b>Gulika</b> 6:35AM – 8:01AM	<b>Purvaproshtapada*</b> Until 10:07PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	
Meena Rasi: 1.57	Tithi 6	<b>Yama</b> 1:43PM – 3:09PM	Variyan Until 8:44AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:00PM	Moon 12 - Phase 37
813973366		<b>Rahu</b> 9:26AM – 10:52AM	Kaulava Until 9:07AM	<b>Nataraja:</b> Green		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 10:07PM	Moon – Clear		
Until 10:07PM				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Saptamyam Titau				Chennai, India Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:09PM – 4:35PM	<b>Uttaraproshtapada</b> Until 12:40AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	
Meena Rasi: 14.03	Tithi 7	<b>Yama</b> 12:18PM – 1:44PM	Parigha* Until 11:07AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:01PM	Moon 12 - Phase 37
813973366		<b>Rahu</b> 4:35PM – 6:01PM	Gara Until 11:79AM Mon	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 7:36AM Sun	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Shiva/Siddha Yoga Visti* Karana Ashtamyam Titau				Chennai, India Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:44PM – 3:10PM	<b>Uttaraproshtapada</b> Until 12:40AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	
Meena Rasi: 26.23	Tithi 8	<b>Yama</b> 10:52AM – 12:18PM	Shiva Until 6:53AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:01PM	Moon 12 - Phase 37
813973366		<b>Rahu</b> 8:01AM – 9:27AM	Visti Until 12:19PM	<b>Nataraja:</b> Green		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 12:40AM Tue	Moon – Clear		
				<b>Pausha-Thai</b>	<b>Devaloka Day</b>	
		<b>Thai Pongal</b>				

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 23 Sutra 275 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:19PM – 1:44PM	<b>Ashvini</b> Until 1:58PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:35AM	
Mesha Rasi: 9.02	Tithi 9	<b>Yama</b> 9:27AM – 10:53AM	Siddha Until 6:53AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:02PM	Moon 12 - Phase 37
823973366		<b>Rahu</b> 3:10PM – 4:36PM	Balava Until 12:51PM	<b>Nataraja:</b> Green		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 12:48AM Wed	Moon – White		
				<b>Pausha-Thai</b>	<b>Sivaloka Day</b>	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada


<b>1</b>		<b>Wednesday, January 16, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Vanija Karana Dashamyam Titau		Chennai, India Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 22.05	Tithi 10	<b>Gulika</b>	<b>10:53AM – 12:19PM</b>	<b>Bharani Until 2:13PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:36AM			
		Yama	8:01AM – 9:27AM	Subha Until 2:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:02PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b>	<b>12:19PM – 1:45PM</b>	Taitila Until 12:34PM	<b>Nataraja:</b> Green		4th Phase		
Creative Work	Siddha Yoga					Moon – White	<b>Sivaloka Day</b>		
Until 2:13PM						<b>Pausha*Thai</b>			
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Thursday, January 17, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Chennai, India Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 5.34	Tithi 11	<b>Gulika</b>	<b>9:28AM – 10:53AM</b>	<b>Krittika Until 1:32PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:36AM			
		Yama	6:36AM – 8:02AM	Sukla Until 1:13AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:03PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b>	<b>1:45PM – 3:11PM</b>	Vanija Until 11:27AM	<b>Nataraja:</b> Green		4th Phase		
Routine Work	Marana Yoga					Moon – White	<b>Sivaloka Day</b>		
						<b>Pausha*Thai</b>			

<b>3</b>		<b>Friday, January 18, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashyam Titau		Chennai, India Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 19.31	Tithi 12	<b>Gulika</b>	<b>8:02AM – 9:28AM</b>	<b>Rohini Until 12:24PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:36AM			
		Yama	3:11PM – 4:37PM	Brahma Until 10:07PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:03PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b>	<b>10:54AM – 12:20PM</b>	Bava Until 6:63AM Sat	<b>Nataraja:</b> Green		4th Phase		
Routine Work	Marana Yoga					Moon – Yellow	<b>Devaloka Day</b>		
Until 12:24PM						<b>Pausha*Thai</b>			
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Saturday, January 19, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Chennai, India Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 3.55	Tithi 13 – 14	<b>Gulika</b>	<b>6:36AM – 8:02AM</b>	<b>Mrigashira Until 10:29AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:36AM			
		Yama	1:46PM – 3:12PM	Indra Until 6:35PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:04PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b>	<b>9:28AM – 10:54AM</b>	Kaulava Until 3:59AM Sun	<b>Nataraja:</b> Green		4th Phase		
Creative Work	Siddha Yoga					Moon – Yellow	<b>Devaloka Day</b>		
						<b>Pausha*Thai</b>			

*Pradosha Vrata*

		<b>Sunday, January 20, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Chennai, India Sutra 280 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>3:12PM – 4:38PM</b>	<b>Ardra Until 7:57AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:36AM			
Mithuna Rasi: 18.41	Tithi 14 – 15	Yama	12:20PM – 1:46PM	Vaidhriti* Until 7:57AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:04PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b>	<b>4:38PM – 6:04PM</b>	Bava Until 10:45AM Mon	<b>Nataraja:</b> Green		Purnima		
Creative Work	Siddha Yoga					Moon – Yellow	<b>Devaloka Day</b>		
						<b>Pausha*Thai</b>			

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava Karana Purnima/Prathamayam Titau		Chennai, India Sutra 281 Vilamba 5120	
Kataka Rasi: 3.44	Tithi 15 – 16	<b>Gulika</b>	<b>1:47PM – 3:13PM</b>	<b>Pushya Until 2:25AM Tue</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:36AM			
<b>Family Home Evening</b>		Yama	10:54AM – 12:21PM	Vishkambha* Until 10:31AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:05PM	Moon 12 - Phase 38		
		823173366 <b>Rahu</b>	<b>8:02AM – 9:28AM</b>	Bava Until 10:45AM	<b>Nataraja:</b> Green		Prathama		
Creative Work	Siddha Yoga					Moon – Blue	<b>Sivaloka Day</b>		
						<b>Pausha*Thai</b>			

Total Lunar Eclipse  
Thai Pusam



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Chennai, India

Kataka Rasi: 18.55    Tihi 16 – 17

844173366

**Gulika** 12:21PM – 1:47PM  
Yama 9:29AM – 10:55AM  
**Rahu** 3:13PM – 4:39PM

**Ashlesha\* Until 11:23PM**  
Priti Until 6:16AM  
Gara Until 3:26AM Wed  
**Prathama\* Until 7:04AM**

**Ganesha:** Clear    *Sunrise:* 6:36AM  
**Muruga:** Clear    *Sunset:* 6:05PM  
**Nataraja:** Green  
Moon – Blue  
**Pausha\*Thai**

Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Chennai, India

Simha Rasi: 4.05    Tihi 18

854173366

**Gulika** 10:55AM – 12:21PM  
Yama 8:02AM – 9:29AM  
**Rahu** 12:21PM – 1:47PM

**Magha\* Until 8:46PM**  
Saubhagya Until 9:57PM  
Vanija Until 1:42PM  
Tritiya Until 11:59PM

**Ganesha:** Purple    *Sunrise:* 6:36AM  
**Muruga:** Clear    *Sunset:* 6:06PM  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

Sun 1    Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

Until 8:46PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Simha Rasi: 19.04    Tihi 19

854173366

**Gulika** 9:29AM – 10:55AM  
Yama 6:36AM – 8:03AM  
**Rahu** 1:48PM – 3:14PM

**Purvaphalguni Until 6:20PM**  
Sobhana Until 6:20PM  
Bava Until 10:24AM  
**Chaturthi\* Until 8:54PM**

**Ganesha:** Purple    *Sunrise:* 6:36AM  
**Muruga:** Clear    *Sunset:* 6:06PM  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

Sun 2    Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Kanya Rasi: 3.45    Tihi 20

954173366

**Gulika** 8:03AM – 9:29AM  
Yama 3:14PM – 4:41PM  
**Rahu** 10:55AM – 12:22PM

**Uttaraphalguni Until 4:15PM**  
Athiganda\* Until 2:44PM  
Kaulava Until 7:33AM  
**Panchami Until 6:17PM**

**Ganesha:** Clear    *Sunrise:* 6:36AM  
**Muruga:** Clear    *Sunset:* 6:07PM  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

Sun 3    Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Until 4:15PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Chennai, India

Kanya Rasi: 18.03    Tihi 21 – 22

964173366

**Gulika** 6:36AM – 8:03AM  
Yama 1:48PM – 3:15PM  
**Rahu** 9:29AM – 10:55AM

**Hasta Until 3:01PM**  
Sukarma Until 11:48AM  
Visti Until 3:34AM Sun  
**Shashthi\* Until 4:18PM**

**Ganesha:** Purple    *Sunrise:* 6:36AM  
**Muruga:** Clear    *Sunset:* 6:07PM  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

Sun 4    Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work    Marana Yoga

5

Sunday, January 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti/Shula\* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Chennai, India

Tula Rasi: 1.56    Tihi 22 – 23

964173366

**Gulika** 3:15PM – 4:41PM  
Yama 12:22PM – 1:48PM  
**Rahu** 4:41PM – 6:08PM

**Chitra Until 2:21PM**  
Dhriti Until 2:21PM  
Kaulava Until 2:38AM Mon  
**Saptami Until 11:48AM**

**Ganesha:** Purple    *Sunrise:* 6:36AM  
**Muruga:** Clear    *Sunset:* 6:08PM  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

Sun 5    Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

D

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Tula Rasi: 15.23    Tihi 23 – 24

964173366

**Gulika** 1:49PM – 3:15PM  
Yama 10:56AM – 12:22PM  
**Rahu** 8:03AM – 9:29AM

**Svati Until 2:14PM**  
Shula\* Until 7:36AM  
Taitila Until 2:28AM Tue  
**Ashtami\* Until 2:26PM**

**Ganesha:** Purple    *Sunrise:* 6:36AM  
**Muruga:** Clear    *Sunset:* 6:08PM  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

Sun 6    Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Amrita Yoga

Until 2:14PM

Then Routine Work - Marana Yoga

Tuesday, January 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Ganda\*/Nridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Chennai, India

Tula Rasi: 28.26    Tihi 24 – 25

974173366

**Gulika** 12:22PM – 1:49PM  
Yama 9:29AM – 10:56AM  
**Rahu** 3:16PM – 4:42PM

**Vishakha Until 3:30PM Wed**  
Ganda\* Until 6:22AM  
Vanija Until 3:00AM Wed  
**Navami\* Until 2:37PM**

**Ganesha:** Clear    *Sunrise:* 6:36AM  
**Muruga:** Clear    *Sunset:* 6:09PM  
**Nataraja:** Green  
Moon – Orange  
**Pausha\*Thai**

Sun 7    Sutra 289  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

**Devaloka Day**

Routine Work    Marana Yoga

Until 3:30PM Wed

Then Creative Work - Siddha Yoga

**1** **Wednesday, January 30, 2019** Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Chennai, India  
 Vishakha/Jyeshtha\* Nakshatra Dhruva Yoga Visti\*/Bava Karana Dashami/Ekadashyam Titau Sun 8 Sutra 290  
 Vilamba 5120  
 974173366 **Gulika** 10:56AM – 12:23PM **Vishakha Until 3:30PM** **Ganesh:** Clear *Sunrise:* 6:36AM  
 Yama 8:03AM – 9:29AM Dhruva Until 4:90AM Thu **Muruga:** Clear *Sunset:* 6:09PM Moon 1 - Phase 40  
 Rahu 12:23PM – 1:49PM Bava Until 4:12AM Thu **Nataraja:** Green 2nd Phase  
 Creative Work Siddha Yoga Moon – Orange **Devaloka Day**  
 Pausha\*Thai

**2** **Thursday, January 31, 2019** Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Chennai, India  
 Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau Sun 9 Sutra 291  
 Vilamba 5120  
 974173366 **Gulika** 9:29AM – 10:56AM **Anuradha Until 5:00PM** **Ganesh:** Clear *Sunrise:* 6:36AM  
 Yama 6:36AM – 8:03AM Vyaghata\* Until 5:43AM Fri **Muruga:** Clear *Sunset:* 6:10PM Moon 1 - Phase 40  
 Rahu 1:49PM – 3:16PM Kaulava Until 5:57AM Fri **Nataraja:** Green 2nd Phase  
 Routine Work Prabalarishta Yoga Moon – Orange **Devaloka Day**  
 Until 5:00PM **Ekadashi\* Until 5:00PM** **Pausha\*Thai**  
 Then Creative Work - Siddha Yoga

**3** **Friday, February 1, 2019** Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chennai, India  
 Mula\* Nakshatra Harshana Yoga Taitila Karana Dvodashyam Titau Sun 10 Sutra 292  
 Vilamba 5120  
 984173366 **Gulika** 8:03AM – 9:29AM **Mula\* Until 9:05PM** **Ganesh:** White *Sunrise:* 6:36AM  
 Yama 3:16PM – 4:43PM Harshana Until 6:17AM Sat **Muruga:** Clear *Sunset:* 6:10PM Moon 1 - Phase 40  
 Rahu 10:56AM – 12:23PM Taitila Until 6:58PM **Nataraja:** Green 2nd Phase  
 Creative Work Amrita Yoga Moon – Light Blue **Bhuloka Day**  
 Until 9:05PM **Dvadashi\* Until 6:58PM** **Pausha\*Thai** Devaloka Time: 12:PM to 3:PM  
 Then Routine Work - Prabalarishta Yoga

**4** **Saturday, February 2, 2019** Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Chennai, India  
 Purvashadha\* Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 293  
 Vilamba 5120  
 984173366 **Gulika** 6:36AM – 8:03AM **Purvashadha\* Until 11:53PM** **Ganesh:** White *Sunrise:* 6:36AM  
 Yama 1:50PM – 3:16PM Harshana Until 6:17AM **Muruga:** Clear *Sunset:* 6:10PM Moon 1 - Phase 40  
 Rahu 9:29AM – 10:56AM Gara Until 8:08AM **Nataraja:** Green 2nd Phase  
 Creative Work Siddha Yoga Moon – Light Blue **Bhuloka Day**  
 Until 11:53PM **Trayodashi\* Until 9:19PM** **Pausha\*Thai** Devaloka Time: 12:PM to 3:PM  
 Then Routine Work - Marana Yoga *Pradosha Vrata (Fasting)*

**5** **Sunday, February 3, 2019** Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Chennai, India  
 Uttarahadha Nakshatra Vajra\*/Siddhi Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau Sun 12 Sutra 294  
 Vilamba 5120  
 984173366 **Gulika** 3:17PM – 4:44PM **Uttarahadha Until 2:36AM Tue Mon** **Ganesh:** White *Sunrise:* 6:36AM  
 Yama 12:23PM – 1:50PM Vajra\* Until 7:02AM **Muruga:** Clear *Sunset:* 6:10PM Moon 1 - Phase 40  
 Rahu 4:44PM – 6:10PM Visti Until 10:36AM **Nataraja:** Green 2nd Phase  
 Creative Work Amrita Yoga Moon – Light Blue **Bhuloka Day**  
**Chaturdashi\* Until 11:54PM** **Pausha\*Thai** Devaloka Time: 12:PM to 3:PM

**Monday, February 4, 2019** Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Chennai, India  
 Uttarahadha/Shravana Nakshatra Siddhi/Vyatipata\* Yoga Catuspada\*/Kintughna\* Karana Amavasyayam Titau Sun 13 Sutra 295  
 Vilamba 5120  
 995173367 **Gulika** 1:50PM – 3:17PM **Uttarahadha Until 2:36AM Tue** **Ganesh:** Red *Sunrise:* 6:35AM  
 Yama 10:56AM – 12:23PM Siddhi Until 6:02AM Tue **Muruga:** Clear *Sunset:* 6:11PM Moon 1 - Phase 40  
 Rahu 8:02AM – 9:29AM Catuspada Until 1:16PM **Nataraja:** White Amavasya  
 Creative Work Amrita Yoga Moon – Purple **Devaloka Day**  
 Until 2:36AM Tue **Amavasya\* Until 2:36AM Tue** **Pausha\*Thai**  
 Then Creative Work - Siddha Yoga

**Tuesday, February 5, 2019** Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Chennai, India  
 Shravana/Dhanishtha Nakshatra Vyatipata\*/Varyan Yoga Kintughna\*/Bava Karana Prathamayam Titau Sun 14 Sutra 296  
 Vilamba 5120  
 995173367 **Gulika** 12:23PM – 1:50PM **Shravana Until 6:02AM** **Ganesh:** Red *Sunrise:* 6:35AM  
 Yama 9:29AM – 10:56AM Vyatipata\* Until 8:57AM **Muruga:** Clear *Sunset:* 6:11PM Moon 1 - Phase 40  
 Rahu 3:17PM – 4:44PM Kintughna Until 3:59PM **Nataraja:** White Prathama  
 Creative Work Siddha Yoga Moon – Purple **Devaloka Day**  
**Prathama\* Until 5:18AM Wed** **Magha\*Thai**

<b>1</b> Wednesday, February 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava Karana Dvitiyayam Titau				Chennai, India Sun 15 Sutra 297 Vilamba 5120
Kumbha Rasi: 5.06	Tithi 2	<b>Gulika</b> 10:56AM – 12:23PM	<b>Dhanishtha Until 9:09AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:35AM	
		Yama 8:02AM – 9:29AM	Variyan Until 9:54AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:12PM	Moon 1 - Phase 41
		995173367 <b>Rahu</b> 12:23PM – 1:50PM	Balava Until 6:39PM	<b>Nataraja:</b> White		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Dvitiya Until 7:55AM Thu</b>	Moon – Purple		<b>Devaloka Day</b>
Until 9:09AM				<b>Magha-Thai</b>		
Then Creative Work - Siddha Yoga						

<b>2</b> Thursday, February 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Chennai, India Sun 16 Sutra 298 Vilamba 5120
Kumbha Rasi: 16.56	Tithi 2 – 3	<b>Gulika</b> 9:29AM – 10:56AM	<b>Shatabhishak Until 12:00PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:35AM	
		Yama 6:35AM – 8:02AM	Parigha* Until 10:48AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:12PM	Moon 1 - Phase 41
		995173367 <b>Rahu</b> 1:51PM – 3:18PM	Taitila Until 9:10PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:55AM</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Magha-Thai</b>		

<b>3</b> Friday, February 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 17 Sutra 299 Vilamba 5120
Kumbha Rasi: 28.5	Tithi 3 – 4	<b>Gulika</b> 8:02AM – 9:29AM	<b>Purvaproshtapada* Until 2:59PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:35AM	
		Yama 3:18PM – 4:45PM	Shiva Until 11:33AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:12PM	Moon 1 - Phase 41
		915173367 <b>Rahu</b> 10:56AM – 12:24PM	Vanija Until 11:27PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 10:20AM</b>	Moon – Clear		<b>Sivaloka Day</b>
				<b>Magha-Thai</b>		

<b>4</b> Saturday, February 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 18 Sutra 300 Vilamba 5120
Meena Rasi: 10.51	Tithi 4 – 5	<b>Gulika</b> 6:34AM – 8:02AM	<b>Uttaraproshtapada Until 2:11PM Sun</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:34AM	
		Yama 1:51PM – 3:18PM	Siddha Until 12:03PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:13PM	Moon 1 - Phase 41
		915173367 <b>Rahu</b> 9:29AM – 10:56AM	Bava Until 24:84	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:33AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 2:11PM Sun				<b>Magha-Thai</b>		
Then Routine Work - Prabalarishta Yoga						

<b>5</b> Sunday, February 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Chennai, India Sun 19 Sutra 301 Vilamba 5120
Meena Rasi: 23	Tithi 5 – 6	<b>Gulika</b> 3:18PM – 4:46PM	<b>Uttaraproshtapada Until 2:11PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:34AM	
		Yama 12:24PM – 1:51PM	Sadhya Until 11:68AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:13PM	Moon 1 - Phase 41
		915273367 <b>Rahu</b> 4:46PM – 6:13PM	Kaulava Until 2:53AM Mon	<b>Nataraja:</b> White		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 2:11PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 2:11PM				<b>Magha-Thai</b>		
Then Creative Work - Siddha Yoga						

<b>6</b> Monday, February 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Chennai, India Sun 20 Sutra 302 Vilamba 5120
Mesha Rasi: 5.21	Tithi 6 – 7	<b>Gulika</b> 1:51PM – 3:19PM	<b>Ashvini Until 9:15PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:34AM	
<b>Family Home Evening</b>		Yama 10:56AM – 12:24PM	Subha Until 12:08PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:13PM	Moon 1 - Phase 41
		925273367 <b>Rahu</b> 8:01AM – 9:29AM	Gara Until 3:48AM Tue	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 3:24PM</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Magha-Thai</b>		Devaloka Time: 12:PM to 3:PM

<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Chennai, India Sun 21 Sutra 303 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:24PM – 1:51PM	<b>Bharani Until 10:14PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:34AM	
Mesha Rasi: 17.57	Tithi 7 – 8	Yama 9:29AM – 10:56AM	Sukla Until 11:30AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 1 - Phase 41
		925273367 <b>Rahu</b> 3:19PM – 4:46PM	Visti Until 4:02AM Wed	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 3:59PM</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Magha-Thai</b>		Devaloka Time: 12:PM to 3:PM

<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sun 22 Sutra 304 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 10:56AM – 12:24PM	<b>Krittika Until 10:22PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:33AM	
Vrishabha Rasi: 0.52	Tithi 8 – 9	Yama 8:01AM – 9:28AM	Brahma Until 10:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 1 - Phase 41
		926273367 <b>Rahu</b> 12:24PM – 1:51PM	Balava Until 3:32AM Thu	<b>Nataraja:</b> White		Ashtami
Creative Work	Amrita Yoga		<b>Ashtami* Until 3:52PM</b>	Moon – White		<b>Devaloka Day</b>
Until 10:22PM				<b>Magha-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Chennai, India Sun 23 Sutra 305 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:28AM – 10:56AM	<b>Rohini Until 10:03PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:33AM	
Vrishabha Rasi: 14.11	Tithi 9 – 10	Yama 6:33AM – 8:01AM	Indra Until 8:37AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 1 - Phase 41
		936273367 <b>Rahu</b> 1:51PM – 3:19PM	Taitila Until 2:15AM Fri	<b>Nataraja:</b> White		Navami
Routine Work	Marana Yoga		<b>Navami* Until 2:58PM</b>	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Magha-Masi</b>		

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chennai, India Sun 24 Sutra 306 Vilamba 5120
	936273367	Rahu	<b>8:00AM – 9:28AM</b>	<b>Mrigashira Until 8:52PM</b>	Ganesh: White	Sunrise: 6:33AM	
	Creative Work	Siddha Yoga	Yama	3:19PM – 4:47PM	Vaidhriti* Until 6:15AM	Sunset: 6:15PM	Moon 1 - Phase 42
			Rahu	<b>10:56AM – 12:24PM</b>	Vanija Until 12:15AM Sat	Nataraja: White	4th Phase

<b>2</b>	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 25 Sutra 307 Vilamba 5120
	936273367	Rahu	<b>6:32AM – 8:00AM</b>	<b>Ardra Until 6:53PM</b>	Ganesh: White	Sunrise: 6:32AM	
	Creative Work	Siddha Yoga	Yama	1:51PM – 3:19PM	Priti Until 11:56PM	Sunset: 6:15PM	Moon 1 - Phase 42
			Rahu	<b>9:28AM – 10:56AM</b>	Bava Until 9:37PM	Nataraja: White	4th Phase

<b>3</b>	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26 Sutra 308 Vilamba 5120
	946273367	Rahu	<b>3:19PM – 4:47PM</b>	<b>Punarvasu Until 4:39PM</b>	Ganesh: Clear	Sunrise: 6:32AM	
	Creative Work	Siddha Yoga	Yama	12:24PM – 1:51PM	Ayushman Until 8:06PM	Sunset: 6:15PM	Moon 1 - Phase 42
			Rahu	<b>4:47PM – 6:15PM</b>	Kaulava Until 6:28PM	Nataraja: White	4th Phase

*Pradosha Vrata*

<b>4</b>	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India Sun 27 Sutra 309 Vilamba 5120
	946273367	Rahu	<b>1:51PM – 3:19PM</b>	<b>Pushya Until 1:54PM</b>	Ganesh: Clear	Sunrise: 6:31AM	
	Creative Work	Siddha Yoga	Yama	10:55AM – 12:23PM	Saubhagya Until 3:59PM	Sunset: 6:16PM	Moon 1 - Phase 42
			Rahu	<b>7:59AM – 9:27AM</b>	Gara Until 2:57PM	Nataraja: White	4th Phase

Chidambaram Abhishekam

Magha-Masi

	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Chennai, India Sutra 310 Vilamba 5120
	946273367	Rahu	<b>12:23PM – 1:52PM</b>	<b>Ashlesha* Until 5:33PM Wed</b>	Ganesh: Clear	Sunrise: 6:31AM	
	Creative Work	Siddha Yoga	Yama	9:27AM – 10:55AM	Sobhana Until 11:42AM	Sunset: 6:16PM	Moon 1 - Phase 42
			Rahu	<b>3:20PM – 4:48PM</b>	Visti Until 11:13AM	Nataraja: White	Purnima

Purnima\* Until 9:18PM

Magha-Masi

<b>5</b>	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Tailila Karana Prathama/Dvitiyayam Titau				Chennai, India Sutra 311 Vilamba 5120
	957273367	Rahu	<b>10:55AM – 12:23PM</b>	<b>Ashlesha* Until 5:33PM</b>	Ganesh: Clear	Sunrise: 6:31AM	
	Creative Work	Siddha Yoga	Yama	7:59AM – 9:27AM	Athiganda* Until 2:68AM Thu	Sunset: 6:16PM	Moon 1 - Phase 42
			Rahu	<b>12:23PM – 1:52PM</b>	Balava Until 7:25AM	Nataraja: White	Prathama

Prathama\* Until 5:33PM

Magha-Masi

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 27.17      Tihi 17 - 18

957273367

**Gulika** 9:27AM - 10:55AM  
Yama 6:30AM - 7:58AM  
**Rahu** 1:51PM - 3:20PM

**Uttaraphalguni** Until 2:16AM Fri  
Dhriti Until 11:10PM  
Vanija Until 12:23AM Fri  
Dvitiya Until 2:00PM

**Ganesha:** Clear      *Sunrise:* 6:30AM  
**Muruga:** Clear      *Sunset:* 6:16PM

**Nataraja:** White  
Moon - Red  
Magha-Masi

**Devaloka Day**

Amrita Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\* Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

Chennai, India

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 12.12      Tihi 18 - 19

967273367

**Gulika** 7:58AM - 9:26AM  
Yama 3:20PM - 4:48PM  
**Rahu** 10:55AM - 12:23PM

**Hasta** Until 12:17AM Sat  
Shula\* Until 7:31PM  
Bava Until 9:27PM  
Tritiya Until 10:50AM

**Ganesha:** White      *Sunrise:* 6:30AM  
**Muruga:** Clear      *Sunset:* 6:17PM

**Nataraja:** White  
Moon - Green  
Magha-Masi

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work      Amrita Yoga

Until 12:17AM Sat

Then Routine Work - Marana Yoga

**Maha Sankatahara** Chaturthi

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 26.45      Tihi 19 - 20

967273367

**Gulika** 6:29AM - 7:58AM  
Yama 1:51PM - 3:20PM  
**Rahu** 9:26AM - 10:55AM

**Chitra** Until 10:46PM  
Ganda\* Until 4:23PM  
Kaulava Until 7:08PM  
Chaturthi\* Until 8:11AM

**Ganesha:** White      *Sunrise:* 6:29AM  
**Muruga:** Clear      *Sunset:* 6:17PM

**Nataraja:** White  
Moon - Green  
Magha-Masi

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work      Marana Yoga

Until 10:46PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vridhi/Dhruva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 10.51      Tihi 20 - 21

967273367

**Gulika** 3:20PM - 4:48PM  
Yama 12:23PM - 1:51PM  
**Rahu** 4:48PM - 6:17PM

**Svati** Until 9:51PM  
Vridhi Until 1:50PM  
Vanija Until 5:03AM Mon  
Panchami Until 6:13AM

**Ganesha:** White      *Sunrise:* 6:29AM  
**Muruga:** Clear      *Sunset:* 6:17PM

**Nataraja:** White  
Moon - Green  
Magha-Masi

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work      Siddha Yoga

Until 9:51PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Chennai, India

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 24.28      Tihi 22

977273367

**Gulika** 1:51PM - 3:20PM  
Yama 10:54AM - 12:23PM  
**Rahu** 7:57AM - 9:26AM

**Vishakha** Until 10:04PM  
Dhruva Until 11:55AM  
Visti Until 4:48PM  
Saptami Until 4:44AM Tue

**Ganesha:** Yellow      *Sunrise:* 6:28AM  
**Muruga:** Clear      *Sunset:* 6:17PM

**Nataraja:** White  
Moon - Orange  
Magha-Masi

**Devaloka Day**

Routine Work      Marana Yoga

Until 10:04PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

5

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 7.37      Tihi 23

977273367

**Gulika** 12:23PM - 1:51PM  
Yama 9:25AM - 10:54AM  
**Rahu** 3:20PM - 4:49PM

**Anuradha** Until 6:38AM Thu Wed  
Vyaghata\* Until 10:41AM  
Balava Until 4:56PM  
Ashtami\* Until 5:17AM Wed

**Ganesha:** Yellow      *Sunrise:* 6:28AM  
**Muruga:** Clear      *Sunset:* 6:17PM

**Nataraja:** White  
Moon - Orange  
Magha-Masi

**Devaloka Day**

Creative Work      Siddha Yoga

Until 6:38AM Thu Wed

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 20.2      Tihi 24

978273367

**Gulika** 10:54AM - 12:22PM  
Yama 7:56AM - 9:25AM  
**Rahu** 12:22PM - 1:51PM

**Anuradha** Until 6:38AM Thu  
Harshana Until 9:69AM Thu  
Taitila Until 5:53PM  
Navami\* Until 6:38AM Thu

**Ganesha:** Blue      *Sunrise:* 6:27AM  
**Muruga:** Clear      *Sunset:* 6:18PM

**Nataraja:** White  
Moon - Orange  
Magha-Masi

**Sivaloka Day**

Creative Work      Siddha Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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<b>1</b>		<b>Thursday, February 28, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Bava Karana Navami/Dashamyam Titau		Chennai, India Sun 8 Sutra 319 Vilamba 5120
Dhanus Rasi: 2.42	Tithi 24 – 25	<b>Gulika</b>	9:25AM – 10:53AM	<b>Mula* Until 3:03AM Fri</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:27AM		
		Yama	6:27AM – 7:56AM	Vajra* Until 3:03AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 44
		988273367 <b>Rahu</b>	1:51PM – 3:20PM	Bava Until 21:49AM Fri	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga			<b>Navami* Until 6:38AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:03AM Fri					<b>Magha-Masi</b>			
Then Routine Work - Prabalarishta Yoga								

<b>2</b>		<b>Friday, March 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Kaulava Karana Dashami/Ekadashyam Titau		Chennai, India Sun 9 Sutra 320 Vilamba 5120
Dhanus Rasi: 14.48	Tithi 25 – 26	<b>Gulika</b>	7:55AM – 9:24AM	<b>Purvashadha* Until 5:52AM Sat</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:26AM		
		Yama	3:20PM – 4:49PM	Siddhi Until 5:52AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 44
		988273367 <b>Rahu</b>	10:53AM – 12:22PM	Kaulava Until 23:85AM Sat	<b>Nataraja:</b> White			2nd Phase
Routine Work	Prabalarishta Yoga			<b>Dashami Until 8:37AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:52AM Sat					<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Saturday, March 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Chennai, India Sun 10 Sutra 321 Vilamba 5120
Dhanus Rasi: 26.43	Tithi 26 – 27	<b>Gulika</b>	6:25AM – 7:54AM	<b>Uttarashadha Until 8:49AM Sun</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:25AM		
		Yama	1:51PM – 3:20PM	Vyatipata* Until 11:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 44
		988273367 <b>Rahu</b>	9:23AM – 10:53AM	Kaulava Until 12:25AM Sun	<b>Nataraja:</b> White			2nd Phase
Routine Work	Marana Yoga			<b>Ekadashi* Until 11:04AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 8:49AM Sun					<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Sunday, March 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Chennai, India Sun 11 Sutra 322 Vilamba 5120
Makara Rasi: 8.32	Tithi 27 – 28	<b>Gulika</b>	3:20PM – 4:49PM	<b>Uttarashadha Until 8:49AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:25AM		
		Yama	12:22PM – 1:51PM	Varyan Until 12:28PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 44
		988273367 <b>Rahu</b>	4:49PM – 6:18PM	Gara Until 3:09AM Mon	<b>Nataraja:</b> White			2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 1:45PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
					<b>Magha-Masi</b>			

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Monday, March 4, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Chennai, India Sun 12 Sutra 323 Vilamba 5120
Makara Rasi: 20.17	Tithi 28 – 29	<b>Gulika</b>	1:51PM – 3:20PM	<b>Shravana Until 12:10PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:24AM		
<b>Family Home Evening</b>		Yama	10:52AM – 12:21PM	Parigha* Until 1:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
		998273367 <b>Rahu</b>	7:53AM – 9:23AM	Visti Until 5:52AM Tue	<b>Nataraja:</b> White			2nd Phase
Creative Work	Amrita Yoga			<b>Trayodashi* Until 4:30PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 12:10PM					<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>						
		<b>Mahasivaratri (Solar)</b>						

<b>6</b>		<b>Tuesday, March 5, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashyam Titau		Chennai, India Sun 13 Sutra 324 Vilamba 5120
Kumbha Rasi: 2.05	Tithi 29	<b>Gulika</b>	12:21PM – 1:50PM	<b>Dhanishtha Until 3:17PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:24AM		
		Yama	9:22AM – 10:52AM	Shiva Until 2:33PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
		199273367 <b>Rahu</b>	3:20PM – 4:49PM	Sakuni Until 8:26AM Wed	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 1:32PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 3:17PM					<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Chennai, India Sun 14 Sutra 325 Vilamba 5120
Kumbha Rasi: 13.55	Tithi 30	<b>Gulika</b>	10:51AM – 12:21PM	<b>Shatabhishak Until 6:03PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:23AM		
		Yama	7:52AM – 9:22AM	Siddha Until 3:23PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
		199273367 <b>Rahu</b>	12:21PM – 1:50PM	Catuspada Until 8:26AM	<b>Nataraja:</b> White			Amavasya
Creative Work	Siddha Yoga			<b>Amavasya* Until 9:36PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 6:03PM					<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Thursday, March 7, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Chennai, India Sun 15 Sutra 326 Vilamba 5120
Kumbha Rasi: 25.52	Tithi 1	<b>Gulika</b>	9:21AM – 10:51AM	<b>Purvaproshtapada* Until 8:54PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:22AM		
		Yama	6:22AM – 7:52AM	Sadhya Until 4:02PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
		119373367 <b>Rahu</b>	1:50PM – 3:20PM	Kintughna Until 10:44AM	<b>Nataraja:</b> White			Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 11:45PM</b>	Moon – Clear		<b>Devaloka Day</b>	
					<b>Phalguna-Masi</b>			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India
Meena Rasi: 7.55	Tithi 2	<b>Gulika</b>	<b>7:51AM – 9:21AM</b>	<b>Uttaraproshtapada Until 11:16PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:22AM	Sun 16	Sutra 327
		Yama	3:20PM – 4:49PM	Subha Until 4:28PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM		Vilamba 5120
Creative Work	Siddha Yoga	119373367 <b>Rahu</b>	<b>10:51AM – 12:20PM</b>	Balava Until 12:43PM	<b>Nataraja:</b> White		Moon 2 - Phase 45	3rd Phase
				<b>Dvitiya Until 1:34AM Sat</b>	Moon – Clear			<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>			
<b>2</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Chennai, India
Meena Rasi: 20.05	Tithi 3	<b>Gulika</b>	<b>6:21AM – 7:51AM</b>	<b>Revati Until 1:08AM Sun</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:21AM	Sun 17	Sutra 328
		Yama	1:50PM – 3:20PM	Sukla Until 4:37PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM		Vilamba 5120
Routine Work	Prabalarishta Yoga	119373367 <b>Rahu</b>	<b>9:21AM – 10:50AM</b>	Taitila Until 2:23PM	<b>Nataraja:</b> White		Moon 2 - Phase 45	3rd Phase
Until 1:08AM Sun				<b>Tritiya Until 3:03AM Sun</b>	Moon – Clear			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga			<b>Subramuniyaswami Siva Vision Day</b>		<b>Phalguna-Masi</b>			
<b>3</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Chennai, India
Mesha Rasi: 2.25	Tithi 4	<b>Gulika</b>	<b>3:20PM – 4:49PM</b>	<b>Ashvini Until 2:57AM Mon</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:21AM	Sun 18	Sutra 329
		Yama	12:20PM – 1:50PM	Brahma Until 4:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM		Vilamba 5120
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>4:49PM – 6:19PM</b>	Vanija Until 3:39PM	<b>Nataraja:</b> White		Moon 2 - Phase 45	3rd Phase
				<b>Chaturthi* Until 4:08AM Mon</b>	Moon – White			<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>			
<b>4</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India
Mesha Rasi: 14.55	Tithi 5	<b>Gulika</b>	<b>1:50PM – 3:20PM</b>	<b>Bharani Until 4:11AM Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:20AM	Sun 19	Sutra 330
<b>Family Home Evening</b>		Yama	10:50AM – 12:20PM	Indra Until 4:04PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM		Vilamba 5120
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>7:50AM – 9:20AM</b>	Bava Until 4:31PM	<b>Nataraja:</b> White		Moon 2 - Phase 45	3rd Phase
				<b>Panchami Until 4:46AM Tue</b>	Moon – White			<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>			
<b>5</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Shashthyam Titau				Chennai, India
Mesha Rasi: 27.37	Tithi 6	<b>Gulika</b>	<b>12:19PM – 1:49PM</b>	<b>Krittika Until 4:47AM Wed</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:19AM	Sun 20	Sutra 331
		Yama	9:19AM – 10:49AM	Vaidhriti* Until 3:15PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM		Vilamba 5120
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>3:19PM – 4:49PM</b>	Kaulava Until 4:55PM	<b>Nataraja:</b> White		Moon 2 - Phase 45	3rd Phase
				<b>Shashthi* Until 4:54AM Wed</b>	Moon – White			<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>			
<b>6</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Chennai, India
Vrishabha Rasi: 10.34	Tithi 7	<b>Gulika</b>	<b>10:49AM – 12:19PM</b>	<b>Rohini Until 5:09AM Thu</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:19AM	Sun 21	Sutra 332
		Yama	7:49AM – 9:19AM	Vishkambha* Until 2:03PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM		Vilamba 5120
Creative Work	Siddha Yoga	131373367 <b>Rahu</b>	<b>12:19PM – 1:49PM</b>	Gara Until 4:47PM	<b>Nataraja:</b> White		Moon 2 - Phase 45	3rd Phase
Until 5:09AM Thu				<b>Saptami Until 4:29AM Thu</b>	Moon – Yellow			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Phalguna-Masi</b>			
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Chennai, India
Vrishabha Rasi: 23.48	Tithi 8	<b>Gulika</b>	<b>9:18AM – 10:49AM</b>	<b>Mrigashira Until 4:45AM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:18AM	Sun 22	Sutra 333
		Yama	6:18AM – 7:48AM	Priti Until 12:24PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM		Vilamba 5120
Routine Work	Marana Yoga	131373367 <b>Rahu</b>	<b>1:49PM – 3:19PM</b>	Visti Until 4:03PM	<b>Nataraja:</b> White		Moon 2 - Phase 45	Ashtami
Until 4:45AM Fri				<b>Ashtami* Until 3:26AM Fri</b>	Moon – Yellow			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>			
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India
Mithuna Rasi: 7.22	Tithi 9	<b>Gulika</b>	<b>7:48AM – 9:18AM</b>	<b>Ardra Until 11:32PM Sat</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:17AM	Sun 23	Sutra 334
		Yama	3:19PM – 4:49PM	Ayushman Until 10:14AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM		Vilamba 5120
Creative Work	Siddha Yoga	131373368 <b>Rahu</b>	<b>10:48AM – 12:19PM</b>	Balava Until 2:42PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45	Navami
				<b>Navami* Until 1:47AM Sat</b>	Moon – Yellow			<b>Subha Sivaloka Day</b>
		<b>Karadaiyan Nombu (Tamil Nadu)</b>			<b>Phalguna-Panguni</b>			

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1 Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Chennai, India
Mithuna Rasi: 21.19	Tithi 10	<b>Gulika</b> 6:17AM – 7:47AM	<b>Ardra</b> Until 11:32PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:17AM	Sun 24 Sutra 335
		Yama 1:49PM – 3:19PM	Saubhagya Until 4:30AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Vilamba 5120
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:18AM – 10:48AM	Taitila Until 12:44PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Dashami</b> Until 11:32PM	Moon – Blue		4th Phase
				<b>Phalguna•Panguni</b>		<b>Sivaloka Day</b>

<b>2 Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India
Kataka Rasi: 5.38	Tithi 11	<b>Gulika</b> 3:19PM – 4:49PM	<b>Pushya</b> Until 12:06AM Mon	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:16AM	Sun 25 Sutra 336
		Yama 12:18PM – 1:48PM	Athiganda* Until 12:59AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Vilamba 5120
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:49PM – 6:20PM	Vanija Until 10:14AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Ekadashi</b> Until 8:46PM	Moon – Blue		4th Phase
				<b>Phalguna•Panguni</b>		<b>Sivaloka Day</b>

<b>3 Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India
Kataka Rasi: 20.17	Tithi 12 – 13	<b>Gulika</b> 1:48PM – 3:19PM	<b>Ashlesha*</b> Until 9:31PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:15AM	Sun 26 Sutra 337
<b>Family Home Evening</b>		Yama 10:47AM – 12:18PM	Sukarma Until 9:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Vilamba 5120
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:46AM – 9:17AM	Bava Until 7:15AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
Until 9:31PM			<b>Dvadashi</b> Until 5:37PM	Moon – Blue		4th Phase
Then Routine Work - Marana Yoga		<b>Yogaswami Mahasamadhi</b>		<b>Phalguna•Panguni</b>		<b>Sivaloka Day</b>
			<i>Pradosha Vrata</i>			

<b>4 Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India
Simha Rasi: 5.12	Tithi 13 – 14	<b>Gulika</b> 12:17PM – 1:48PM	<b>Magha*</b> Until 6:57PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:15AM	Sun 27 Sutra 338
		Yama 9:16AM – 10:47AM	Dhriti Until 5:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Vilamba 5120
Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:19PM – 4:49PM	Gara Until 12:26AM Wed	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Trayodashi</b> Until 2:11PM	Moon – Red		4th Phase
				<b>Phalguna•Panguni</b>		<b>Subha Sivaloka Day</b>

<b>○ Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chennai, India
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:46AM – 12:17PM	<b>Purvaphalguni</b> Until 4:10PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:14AM	Sutra 339
Simha Rasi: 20.16	Tithi 14 – 15	Yama 7:45AM – 9:16AM	Shula* Until 1:04PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Vilamba 5120
Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:17PM – 1:48PM	Visti Until 8:53PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Chaturdashi*</b> Until 10:38AM	Moon – Red		Purnima
		<b>Panguni Uttiram</b>		<b>Phalguna•Panguni</b>		<b>Subha Sivaloka Day</b>
		<b>Holi</b>				

<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Chennai, India
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:15AM – 10:46AM	<b>Uttaraphalguni</b> Until 1:20PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:13AM	Sutra 340
Kanya Rasi: 5.19	Tithi 15 – 16	Yama 6:13AM – 7:44AM	Ganda* Until 9:01AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Vilamba 5120
		151373368 <b>Rahu</b> 1:48PM – 3:19PM	Kaulava Until 3:49AM Fri	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Purnima*</b> Until 7:07AM	Moon – Red		Prathama
Until 1:20PM				<b>Phalguna•Panguni</b>		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India

Kanya Rasi: 20.13      Tiithi 17

Gulika 7:44AM – 9:15AM  
Yama 3:18PM – 4:49PM  
Rahu 10:46AM – 12:17PMHasta Until 11:03AM  
Dhruva Until 1:38AM Sat  
Taitila Until 2:19PM  
Dvitiya Until 12:54AM SatGanesha: Yellow      Sunrise: 6:13AM  
Muruga: White      Sunset: 6:20PM  
Nataraja: Clear  
Moon – Green  
Phalguna-PanguniSutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Devaloka Day

Creative Work      Amrita Yoga

Until 11:03AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Chennai, India

Tula Rasi: 4.49      Tiithi 18

Gulika 6:12AM – 7:43AM  
Yama 1:47PM – 3:18PM  
Rahu 9:14AM – 10:45AMChitra Until 9:03AM  
Vyaghata\* Until 10:33PM  
Vanija Until 11:39AM  
Tritiya Until 10:32PMGanesha: Yellow      Sunrise: 6:12AM  
Muruga: White      Sunset: 6:20PM  
Nataraja: Clear  
Moon – Green  
Phalguna-PanguniSun 1      Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Devaloka Day

Routine Work      Marana Yoga

Until 9:03AM

Then Creative Work - Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Chennai, India

Tula Rasi: 19.01      Tiithi 19

Gulika 3:18PM – 4:49PM  
Yama 12:16PM – 1:47PM  
Rahu 4:49PM – 6:20PMSvati Until 7:32AM  
Harshana Until 8:03PM  
Bava Until 9:37AM  
Chaturthi\* Until 8:51PMGanesha: Blue      Sunrise: 6:11AM  
Muruga: White      Sunset: 6:20PM  
Nataraja: Clear  
Moon – Green  
Phalguna-PanguniSun 2      Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work      Siddha Yoga

Until 7:32AM

Then Routine Work - Marana Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Vrischika Rasi: 2.45      Tiithi 20

Gulika 1:47PM – 3:18PM  
Yama 10:44AM – 12:16PM  
Rahu 7:42AM – 9:13AMVishakha Until 7:01AM  
Vajra\* Until 6:11PM  
Kaulava Until 7:54AM Tue  
Panchami Until 8:03PMGanesha: Red      Sunrise: 6:11AM  
Muruga: White      Sunset: 6:20PM  
Nataraja: Clear  
Moon – Orange  
Phalguna-PanguniSun 3      Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Devaloka Day

Routine Work      Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Vrischika Rasi: 15.59      Tiithi 21

Gulika 12:15PM – 1:47PM  
Yama 9:13AM – 10:44AM  
Rahu 3:18PM – 4:49PMAnuradha Until 7:13AM  
Siddhi Until 5:01PM  
Gara Until 7:54AM  
Shashthi\* Until 8:00PMGanesha: Red      Sunrise: 6:10AM  
Muruga: White      Sunset: 6:21PM  
Nataraja: Clear  
Moon – Orange  
Phalguna-PanguniSun 4      Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Devaloka Day

Creative Work      Siddha Yoga

Until 7:13AM

Then Routine Work - Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Vriyan Yoga Visti\*/Bava Karana Saptamyam Titau

Chennai, India

Vrischika Rasi: 28.47      Tiithi 22

Gulika 10:44AM – 12:15PM  
Yama 7:41AM – 9:12AM  
Rahu 12:15PM – 1:46PMJyeshtha\* Until 8:07AM  
Vyatipata\* Until 4:32PM  
Visti Until 8:22AM  
Saptami Until 8:54PMGanesha: Red      Sunrise: 6:09AM  
Muruga: White      Sunset: 6:21PM  
Nataraja: Clear  
Moon – Orange  
Phalguna-PanguniSun 5      Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

Devaloka Day

Creative Work      Siddha Yoga

Until 8:07AM

Then Routine Work - Marana Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Dhanus Rasi: 11.13      Tiithi 23

Gulika 9:12AM – 10:43AM  
Yama 6:09AM – 7:40AM  
Rahu 1:46PM – 3:18PMMula\* Until 10:08AM  
Variyan Until 4:39PM  
Balava Until 9:40AM  
Ashtami\* Until 10:34PMGanesha: Green      Sunrise: 6:09AM  
Muruga: White      Sunset: 6:21PM  
Nataraja: Clear  
Moon – Light Blue  
Phalguna-PanguniSun 6      Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work      Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Dhanus Rasi: 23.2      Tiithi 24

Gulika 7:40AM – 9:11AM  
Yama 3:18PM – 4:49PM  
Rahu 10:43AM – 12:14PMPurvashadha\* Until 12:40PM  
Parigha\* Until 5:15PM  
Taitila Until 11:39AM  
Navami\* Until 12:49AM SatGanesha: Green      Sunrise: 6:08AM  
Muruga: Yellow      Sunset: 6:21PM  
Nataraja: Purple  
Moon – Light Blue  
Phalguna-PanguniSun 7      Sutra 348  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

Devaloka Day

Routine Work      Prabalarishta Yoga

Until 12:40PM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Saturday, March 30, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantla Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau	Chennai, India Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 5.15	Tithi 25	<b>Gulika</b>	6:07AM – 7:39AM	<b>Uttarashadha</b> Until 3:27PM	<b>Ganesha:</b> Green <i>Sunrise: 6:07AM</i>		
		<b>Yama</b>	1:46PM – 3:17PM	Shiva Until 6:12PM	<b>Muruga:</b> Yellow <i>Sunset: 6:21PM</i>	Moon 3 - Phase 48	
		<b>Rahu</b>	9:11AM – 10:42AM	Vanija Until 2:06PM	<b>Nataraja:</b> Purple	2nd Phase	
Routine Work	Marana Yoga			Dashami Until 3:24AM Sun	Moon – Light Blue	<b>Devaloka Day</b>	
Until 3:27PM					<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, March 31, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau	Chennai, India Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 17.03	Tithi 26	<b>Gulika</b>	3:17PM – 4:49PM	<b>Shravana</b> Until 6:47PM	<b>Ganesha:</b> Orange <i>Sunrise: 6:07AM</i>		
		<b>Yama</b>	12:14PM – 1:46PM	Siddha Until 7:15PM	<b>Muruga:</b> Yellow <i>Sunset: 6:21PM</i>	Moon 3 - Phase 48	
		<b>Rahu</b>	4:49PM – 6:21PM	Bava Until 4:47PM	<b>Nataraja:</b> Purple	2nd Phase	
Creative Work	Amrita Yoga			Ekdashi* Until 6:06AM Mon	Moon – Purple	<b>Sivaloka Day</b>	
Until 6:47PM					<b>Phalguna•Panguni</b>		
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, April 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Chennai, India Sun 10 Sutra 351 Vilamba 5120
Makara Rasi: 28.5	Tithi 26 – 27	<b>Gulika</b>	1:46PM – 3:17PM	<b>Dhanishtha</b> Until 9:55PM	<b>Ganesha:</b> Green <i>Sunrise: 6:07AM</i>		
<b>Family Home Evening</b>		<b>Yama</b>	10:42AM – 12:14PM	Sadhya Until 8:17PM	<b>Muruga:</b> Yellow <i>Sunset: 6:21PM</i>	Moon 3 - Phase 48	
		<b>Rahu</b>	7:39AM – 9:10AM	Kaulava Until 7:26PM	<b>Nataraja:</b> Purple	2nd Phase	
Creative Work	Siddha Yoga			Ekdashi* Until 6:06AM	Moon – Purple	<b>Subha Sivaloka Day</b>	
					<b>Phalguna•Panguni</b>		

<b>4</b>		<b>Tuesday, April 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Tailila Karana Dvadashi/Trayodashyam Titau	Chennai, India Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 10.39	Tithi 27 – 28	<b>Gulika</b>	12:13PM – 1:45PM	<b>Shatabhishak</b> Until 12:40AM Wed	<b>Ganesha:</b> Green <i>Sunrise: 6:06AM</i>		
		<b>Yama</b>	9:10AM – 10:42AM	Subha Until 9:11PM	<b>Muruga:</b> Yellow <i>Sunset: 6:21PM</i>	Moon 3 - Phase 48	
		<b>Rahu</b>	3:17PM – 4:49PM	Taitila Until 8:41AM	<b>Nataraja:</b> Purple	2nd Phase	
Routine Work	Marana Yoga			Dvadashi* Until 8:41AM	Moon – Purple	<b>Subha Sivaloka Day</b>	
Until 12:40AM Wed					<b>Phalguna•Panguni</b>		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Wednesday, April 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Chennai, India Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 22.34	Tithi 28 – 29	<b>Gulika</b>	10:41AM – 12:13PM	<b>Purvaproshtapada*</b> Until 3:25AM Thu	<b>Ganesha:</b> Orange <i>Sunrise: 6:05AM</i>		
		<b>Yama</b>	7:37AM – 9:09AM	Sukla Until 9:47PM	<b>Muruga:</b> Yellow <i>Sunset: 6:21PM</i>	Moon 3 - Phase 48	
		<b>Rahu</b>	12:13PM – 1:45PM	Visti Until 12:00AM Thu	<b>Nataraja:</b> Purple	2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 10:58AM	Moon – Clear	<b>Sivaloka Day</b>	
Until 3:25AM Thu					<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga							

<b>●</b>		<b>Thursday, April 4, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Chennai, India Sun 13 Sutra 354 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	9:09AM – 10:41AM	<b>Uttaraproshtapada</b> Until 5:36AM Fri	<b>Ganesha:</b> Orange <i>Sunrise: 6:05AM</i>		
Meena Rasi: 4.38	Tithi 29 – 30	<b>Yama</b>	6:05AM – 7:37AM	Brahma Until 10:06PM	<b>Muruga:</b> Yellow <i>Sunset: 6:21PM</i>	Moon 3 - Phase 48	
		<b>Rahu</b>	1:45PM – 3:17PM	Catuspada Until 1:41AM Fri	<b>Nataraja:</b> Purple	Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:52PM	Moon – Clear	<b>Sivaloka Day</b>	
					<b>Phalguna•Panguni</b>		

<b>●</b>		<b>Friday, April 5, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Chennai, India Sun 14 Sutra 355 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	7:36AM – 9:08AM	<b>Revati</b> Until 7:12AM Sat	<b>Ganesha:</b> Orange <i>Sunrise: 6:04AM</i>		
Meena Rasi: 16.52	Tithi 30 – 1	<b>Yama</b>	3:17PM – 4:49PM	Indra Until 10:07PM	<b>Muruga:</b> Yellow <i>Sunset: 6:21PM</i>	Moon 3 - Phase 48	
		<b>Rahu</b>	10:40AM – 12:13PM	Kintughna Until 2:57AM Sat	<b>Nataraja:</b> Purple	Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 2:21PM	Moon – Clear	<b>Sivaloka Day</b>	
		<b>Yugadhi</b>			<b>Chaitra•Panguni</b>		

<b>1</b> <b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Chennai, India Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 29.17	Tithi 1 – 2	<b>Gulika</b> 6:03AM – 7:36AM Yama 1:45PM – 3:17PM 113483468 <b>Rahu</b> 9:08AM – 10:40AM	<b>Revati Until 7:12AM</b> Vaidhriti* Until 7:12AM Balava Until 3:47AM Sun <b>Prathama* Until 3:24PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:03AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase <b>Devaloka Day</b>
Routine Work Prabalarishta Yoga Until 7:12AM Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi			

<b>2</b> <b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Chennai, India Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.53	Tithi 2 – 3	<b>Gulika</b> 3:17PM – 4:49PM Yama 12:12PM – 1:44PM 123483468 <b>Rahu</b> 4:49PM – 6:21PM	<b>Ashvini Until 8:43AM</b> Vishkambha* Until 9:06PM Taitila Until 4:12AM Mon <b>Dvitiya Until 9:45PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:03AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 8:43AM Then Routine Work - Prabalarishta Yoga					

<b>3</b> <b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturchthyam Titau			Chennai, India Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.4	Tithi 3 – 4	<b>Gulika</b> 1:44PM – 3:17PM Yama 10:39AM – 12:12PM 123483468 <b>Rahu</b> 7:35AM – 9:07AM	<b>Bharani Until 9:42AM</b> Priti Until 8:10PM Vanija Until 4:15AM Tue <b>Tritiya Until 4:15PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:02AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 9:42AM Then Routine Work - Marana Yoga					

<b>4</b> <b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti* Karana Chaturthi/Panchamyam Titau			Chennai, India Sun 18 Sutra 359 Vilamba 5120
Vrisabha Rasi: 7.38	Tithi 4 – 5	<b>Gulika</b> 12:11PM – 1:44PM Yama 9:06AM – 10:39AM 123483468 <b>Rahu</b> 3:16PM – 4:49PM	<b>Krittika Until 10:09AM</b> Ayushman Until 6:55PM Visti Until 4:07PM <b>Chaturthi* Until 4:07PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:02AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:09AM Then Creative Work - Amrita Yoga					

<b>5</b> <b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Chennai, India Sun 19 Sutra 360 Vilamba 5120
Vrisabha Rasi: 20.48	Tithi 5 – 6	<b>Gulika</b> 10:39AM – 12:11PM Yama 7:33AM – 9:06AM 133483468 <b>Rahu</b> 12:11PM – 1:44PM	<b>Rohini Until 10:33AM</b> Saubhagya Until 5:23PM Kaulava Until 3:14AM Thu <b>Panchami Until 3:37PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:01AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – Yellow <b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga					

<b>6</b> <b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Chennai, India Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 4.1	Tithi 6 – 7	<b>Gulika</b> 9:06AM – 10:38AM Yama 6:00AM – 7:33AM 133483468 <b>Rahu</b> 1:44PM – 3:16PM	<b>Mrigashira Until 10:26AM</b> Sobhana Until 3:34PM Gara Until 2:09AM Fri <b>Shashthi* Until 2:44PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:00AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – Yellow <b>Chaitra•Panguni</b>	Moon 3 - Phase 49 3rd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga					

<b>Retreat Star</b> <b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Chennai, India Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 17.45	Tithi 7 – 8	<b>Gulika</b> 7:32AM – 9:05AM Yama 3:16PM – 4:49PM 133483468 <b>Rahu</b> 10:38AM – 12:11PM	<b>Ardra Until 9:46AM</b> Athiganda* Until 1:23PM Visti Until 12:38AM Sat <b>Saptami Until 1:26PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:00AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – Yellow <b>Chaitra•Panguni</b>	Moon 3 - Phase 49 Ashtami <b>Sivaloka Day</b>
Creative Work Siddha Yoga					

<b>Retreat Star</b> <b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Chennai, India Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 1.35	Tithi 8 – 9	<b>Gulika</b> 5:59AM – 7:32AM Yama 1:43PM – 3:16PM 143483468 <b>Rahu</b> 9:05AM – 10:38AM	<b>Punarvasu Until 9:36AM Sun</b> Sukarma Until 10:53AM Balava Until 10:43PM <b>Ashtami* Until 11:43AM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:59AM <b>Muruga:</b> Yellow <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – Blue <b>Chaitra•Panguni</b>	Moon 3 - Phase 49 Navami <b>Devaloka Day</b>
Creative Work Siddha Yoga		Sri Rama Navami			

1

Sunday, April 14, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Ashlesha\* Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Chennai, India

Kataka Rasi: 15.4 Tithi 9 - 10

Gulika 3:16PM - 4:49PM

Punarvasu Until 9:36AM

Ganesha: White Sunrise: 5:58AM

Sun 23 Sutra 364

Creative Work Siddha Yoga

Yama 12:10PM - 1:43PM

Dhriti Until 7:65AM

Muruga: Yellow Sunset: 6:22PM

Vikarin 5121

143483468 Rahu 4:49PM - 6:22PM

Taitila Until 8:25PM

Nataraja: Purple

Moon 3 - Phase 1

Tamil New Year

Navami\* Until 9:36AM

Moon - Blue  
Chaitra\*Chaitra

Devaloka Day

4th Phase

2

Monday, April 15, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ganda\* Yoga Gara/Visti\* Karana Dashami/Ekadashyam Titau

Chennai, India

Simha Rasi: 0.01 Tithi 10 - 11

Gulika 1:43PM - 3:16PM

Magha\* Until 3:57AM Tue

Ganesha: White Sunrise: 5:58AM

Sun 24 Sutra 1

Family Home Evening

Yama 10:37AM - 12:10PM

Ganda\* Until 1:35AM Tue

Muruga: Yellow Sunset: 6:22PM

Vikarin 5121

Routine Work Marana Yoga

253483468 Rahu 7:31AM - 9:04AM

Visti Until 4:20AM Tue

Nataraja: Purple

Moon 3 - Phase 1

Until 3:57AM Tue

Dashami Until 7:07AM

Moon - Red  
Chaitra\*Chaitra

Devaloka Day

Then Creative Work - Siddha Yoga

3

Tuesday, April 16, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau

Chennai, India

Simha Rasi: 14.34 Tithi 12

Gulika 12:10PM - 1:43PM

Purvaphalguni Until 1:46AM Wed

Ganesha: White Sunrise: 5:57AM

Sun 25 Sutra 2

Creative Work Siddha Yoga

Yama 9:03AM - 10:37AM

Vriddhi Until 10:03PM

Muruga: Yellow Sunset: 6:22PM

Vikarin 5121

Until 1:46AM Wed

253483468 Rahu 3:16PM - 4:49PM

Bava Until 2:53PM

Nataraja: Purple

Moon 3 - Phase 1

Then Creative Work - Amrita Yoga

Dvadashi Until 1:22AM Wed

Moon - Red  
Chaitra\*Chaitra

Devaloka Day

4

Wednesday, April 17, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau

Chennai, India

Simha Rasi: 29.15 Tithi 13

Gulika 10:36AM - 12:09PM

Uttaraphalguni Until 11:23PM

Ganesha: White Sunrise: 5:57AM

Sun 26 Sutra 3

Creative Work Amrita Yoga

Yama 7:30AM - 9:03AM

Dhruva Until 6:26PM

Muruga: Yellow Sunset: 6:22PM

Vikarin 5121

Until 11:23PM

253483468 Rahu 12:09PM - 1:43PM

Kaulava Until 11:52AM

Nataraja: Purple

Moon 3 - Phase 1

Then Routine Work - Marana Yoga

Trayodashi Until 10:20PM

Moon - Red  
Chaitra\*Chaitra

Devaloka Day

Pradosha Vrata

5

Thursday, April 18, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Vyaghata\*/Harshana Yoga Gara Karana Chaturdashyam Titau

Chennai, India

Kanya Rasi: 13.57 Tithi 14

Gulika 9:03AM - 10:36AM

Hasta Until 9:21PM

Ganesha: Yellow Sunrise: 5:56AM

Sun 27 Sutra 4

Routine Work Marana Yoga

Yama 5:56AM - 7:29AM

Vyaghata\* Until 2:52PM

Muruga: Yellow Sunset: 6:22PM

Vikarin 5121

Until 9:21PM

263483468 Rahu 1:42PM - 3:16PM

Gara Until 8:52AM

Nataraja: Purple

Moon 3 - Phase 1

Then Creative Work - Siddha Yoga

Chaturdashi\* Until 7:23PM

Moon - Green  
Chaitra\*Chaitra

Sivaloka Day

O

Friday, April 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Harshana/Vajra\* Yoga Visti\*/Balava Karana Purnima/Prathamayam Titau

Chennai, India

Kanya Rasi: 28.34 Tithi 15 - 16

Gulika 7:29AM - 9:02AM

Chitra Until 7:26PM

Ganesha: Yellow Sunrise: 5:55AM

Sun 28 Sutra 5

Creative Work Siddha Yoga

Yama 3:16PM - 4:49PM

Harshana Until 11:29AM

Muruga: Yellow Sunset: 6:22PM

Vikarin 5121

Until 9:21PM

263483468 Rahu 10:36AM - 12:09PM

Balava Until 6:00AM

Nataraja: Purple

Moon 3 - Phase 1

Chitra Purnima (Tamil Nadu)

Purnima\* Until 4:39PM

Moon - Green  
Chaitra\*Chaitra

Sivaloka Day

Hanuman Jayanti

Saturday, April 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Chennai, India

Tula Rasi: 12.57 Tithi 16 - 17

Gulika 5:55AM - 7:28AM

Svati Until 5:47PM

Ganesha: Red Sunrise: 5:55AM

Sun 29 Sutra 6

Creative Work Siddha Yoga

Yama 1:42PM - 3:16PM

Vajra\* Until 8:21AM

Muruga: Yellow Sunset: 6:22PM

Vikarin 5121

Until 9:21PM

264483468 Rahu 9:02AM - 10:35AM

Taitila Until 1:21AM Sun

Nataraja: Purple

Moon 3 - Phase 1

Prathama\* Until 2:19PM

Moon - Green  
Chaitra\*Chaitra

Sivaloka Day

Prathama