



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Vairayan Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa  
Sun 1 Sutra 16

Tula Rasi: 29.58 Tihi 17

**Gulika** 12:44PM – 2:05PM  
**Yama** 10:03AM – 11:23AM  
**Rahu** 3:26PM – 4:46PM

**Vishakha Until 12:23PM**  
**Vyatipata\* Until 6:06AM**  
**Taitila Until 3:40PM**  
**Dvitiya Until 4:09AM Wed**

**Ganesha:** Purple *Sunrise: 7:21AM*  
**Muruga:** White *Sunset: 6:07PM*  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Routine Work Marana Yoga  
Until 12:23PM  
Then Creative Work - Siddha Yoga

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cape Town, South Africa  
Sun 1 Sutra 17

Vrischika Rasi: 12.29 Tihi 18

**Gulika** 11:23AM – 12:44PM  
**Yama** 8:42AM – 10:03AM  
**Rahu** 12:44PM – 2:04PM

**Anuradha Until 2:05PM**  
**Parigha\* Until 5:56AM Thu**  
**Vanija Until 4:49PM**  
**Tritiya Until 5:34AM Thu**

**Ganesha:** Purple *Sunrise: 7:22AM*  
**Muruga:** White *Sunset: 6:06PM*  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava Karana Chaturthyam Titau

Cape Town, South Africa  
Sun 2 Sutra 18

Vrischika Rasi: 24.47 Tihi 19

**Gulika** 10:03AM – 11:23AM  
**Yama** 7:22AM – 8:43AM  
**Rahu** 2:04PM – 3:25PM

**Jyeshtha\* Until 4:08PM**  
**Shiva Until 6:28AM Fri**  
**Bava Until 6:30PM**  
**Chaturthi\* Until 7:30AM Fri**

**Ganesha:** Clear *Sunrise: 7:22AM*  
**Muruga:** White *Sunset: 6:05PM*  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga  
Until 4:08PM  
Then Creative Work - Siddha Yoga

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa  
Sun 3 Sutra 19

Dhanus Rasi: 6.52 Tihi 19 – 20

**Gulika** 8:43AM – 10:03AM  
**Yama** 3:24PM – 4:44PM  
**Rahu** 11:24AM – 12:44PM

**Mula\* Until 6:59PM**  
**Shiva Until 6:28AM**  
**Kaulava Until 8:39PM**  
**Chaturthi\* Until 7:30AM**

**Ganesha:** White *Sunrise: 7:23AM*  
**Muruga:** White *Sunset: 6:04PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 6:59PM  
Then Routine Work - Prabalarishta Yoga

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa  
Sun 4 Sutra 20

Dhanus Rasi: 18.47 Tihi 20 – 21

**Gulika** 7:24AM – 8:44AM  
**Yama** 2:04PM – 3:23PM  
**Rahu** 10:04AM – 11:24AM

**Purvashadha\* Until 9:59PM**  
**Siddha Until 7:17AM**  
**Gara Until 11:07PM**  
**Panchami Until 9:50AM**

**Ganesha:** White *Sunrise: 7:24AM*  
**Muruga:** White *Sunset: 6:03PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga  
Until 9:59PM  
Then Routine Work - Marana Yoga

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa  
Sun 5 Sutra 21

Makara Rasi: 1 Tihi 21 – 22

**Gulika** 3:23PM – 4:43PM  
**Yama** 12:44PM – 2:03PM  
**Rahu** 4:43PM – 6:02PM

**Uttarashadha Until 12:55AM Mon**  
**Sadhya Until 8:18AM**  
**Visti Until 1:42AM Mon**  
**Shashthi\* Until 12:23PM**

**Ganesha:** White *Sunrise: 7:25AM*  
**Muruga:** White *Sunset: 6:02PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa  
Sun 6 Sutra 22

Makara Rasi: 12.25 Tihi 22 – 23

**Gulika** 2:03PM – 3:23PM  
**Yama** 11:24AM – 12:43PM  
**Rahu** 8:45AM – 10:04AM

**Shravana Until 4:04AM Tue**  
**Subha Until 9:22AM**  
**Balava Until 4:08AM Tue**  
**Saptami Until 2:56PM**

**Ganesha:** Yellow *Sunrise: 7:25AM*  
**Muruga:** White *Sunset: 6:02PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga  
Until 4:04AM Tue  
Then Creative Work - Siddha Yoga

**Chidambaram Abhishekam**

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa  
Sun 7 Sutra 23

Makara Rasi: 24.17 Tihi 23 – 24

**Gulika** 12:43PM – 2:03PM  
**Yama** 10:05AM – 11:24AM  
**Rahu** 3:22PM – 4:41PM

**Dhanishtha Until 6:40AM Wed**  
**Sukla Until 10:14AM**  
**Taitila Until 6:10AM Wed**  
**Ashtami\* Until 5:12PM**

**Ganesha:** Yellow *Sunrise: 7:26AM*  
**Muruga:** White *Sunset: 6:01PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

<b>1</b>		<b>Wednesday, May 9, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Navamyam Titau		Cape Town, South Africa Sun 8 Sutra 24	
Kumbha Rasi: 6.19	Tithi 24	<b>Gulika</b>	11:24AM – 12:43PM	<b>Dhanishtha Until 6:40AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:27AM	Vilamba 5120		
		Yama	8:46AM – 10:05AM	Brahma Until 10:46AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:00PM	Moon 4 - Phase 4		
		294832369 <b>Rahu</b>	12:43PM – 2:02PM	Taitila Until 6:10AM	<b>Nataraja:</b> Purple		2nd Phase		
Routine Work	Prabalarishta Yoga			<b>Navami* Until 6:57PM</b>	Moon – Purple		<b>Bhuloka Day</b>		
Until 6:40AM					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Thursday, May 10, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau		Cape Town, South Africa Sun 9 Sutra 25	
Kumbha Rasi: 18.36	Tithi 25	<b>Gulika</b>	10:05AM – 11:24AM	<b>Shatabhishak Until 8:30AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:28AM	Vilamba 5120		
		Yama	7:28AM – 8:47AM	Indra Until 10:49AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:59PM	Moon 4 - Phase 4		
		294832369 <b>Rahu</b>	2:02PM – 3:21PM	Vanija Until 7:35AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Dashami Until 8:00PM</b>	Moon – Purple		<b>Bhuloka Day</b>		
					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to 12:PM		

<b>3</b>		<b>Friday, May 11, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Cape Town, South Africa Sun 10 Sutra 26	
Meena Rasi: 1.13	Tithi 26	<b>Gulika</b>	8:47AM – 10:06AM	<b>Purvaproshtapada* Until 9:55AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:28AM	Vilamba 5120		
		Yama	3:21PM – 4:40PM	Vaidhriti* Until 10:14AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:59PM	Moon 4 - Phase 4		
		214832369 <b>Rahu</b>	11:25AM – 12:43PM	Bava Until 8:14AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Ekadashi* Until 8:14PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to 12:PM		

<b>4</b>		<b>Saturday, May 12, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Cape Town, South Africa Sun 11 Sutra 27	
Meena Rasi: 14.14	Tithi 27	<b>Gulika</b>	7:29AM – 8:48AM	<b>Uttaraproshtapada Until 10:22AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:29AM	Vilamba 5120		
		Yama	2:02PM – 3:20PM	Vishkambha* Until 9:01AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:57PM	Moon 4 - Phase 4		
		214932369 <b>Rahu</b>	10:06AM – 11:25AM	Kaulava Until 8:03AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Dvadashi* Until 7:39PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
Until 10:22AM					<b>Vaisaka-Chaitra</b>				
Then Routine Work - Prabalarishta Yoga									

<b>5</b>		<b>Sunday, May 13, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Cape Town, South Africa Sun 12 Sutra 28	
Meena Rasi: 27.41	Tithi 28	<b>Gulika</b>	3:20PM – 4:38PM	<b>Revati Until 9:53AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:30AM	Vilamba 5120		
		Yama	12:43PM – 2:02PM	Priti Until 7:10AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:57PM	Moon 4 - Phase 4		
		214932369 <b>Rahu</b>	4:38PM – 5:57PM	Gara Until 7:05AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Amrita Yoga			<b>Trayodashi* Until 6:18PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
Until 9:53AM					<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata (Fasting)</i>		

<b>6</b>		<b>Monday, May 14, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau		Cape Town, South Africa Sun 13 Sutra 29	
Mesha Rasi: 11.33	Tithi 29 – 30	<b>Gulika</b>	2:01PM – 3:20PM	<b>Ashvini Until 9:01AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:31AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama	11:25AM – 12:43PM	Saubhagya Until 1:51AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 5:56PM	Moon 4 - Phase 4		
		224932369 <b>Rahu</b>	8:49AM – 10:07AM	Sakuni Until 4:20PM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 4:20PM</b>	Moon – White		<b>Bhuloka Day</b>		
					<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Tuesday, May 15, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Cape Town, South Africa Sun 14 Sutra 30	
Mesha Rasi: 25.47	Tithi 30 – 1	<b>Gulika</b>	12:43PM – 2:01PM	<b>Bharani Until 7:28AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:31AM	Vilamba 5120		
		Yama	10:07AM – 11:25AM	Sobhana Until 10:37PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:55PM	Moon 4 - Phase 4		
		224932369 <b>Rahu</b>	3:19PM – 4:37PM	Kintughna Until 12:29AM Wed	<b>Nataraja:</b> Purple		Amavasya		
Creative Work	Siddha Yoga			<b>Amavasya* Until 1:51PM</b>	Moon – White		<b>Bhuloka Day</b>		
					<b>Vaisaka-Vaikasi</b>				

<b>Retreat Star</b>		<b>Wednesday, May 16, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Cape Town, South Africa Sun 15 Sutra 31	
Vrishabha Rasi: 10.17	Tithi 1 – 2	<b>Gulika</b>	11:25AM – 12:43PM	<b>Rohini Until 3:20AM Thu</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:32AM	Vilamba 5120		
		Yama	8:50AM – 10:08AM	Athiganda* Until 7:08PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:55PM	Moon 4 - Phase 4		
		235932369 <b>Rahu</b>	12:43PM – 2:01PM	Balava Until 9:33PM	<b>Nataraja:</b> Purple		Prathama		
Creative Work	Siddha Yoga			<b>Prathama* Until 11:01AM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
Until 3:20AM Thu					<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga									

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

www.gurudev.org/panchang

<b>1</b>		<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava Karana Dvitiya/Tritiyayam Titau	Cape Town, South Africa Sun 16 Sutra 32 Vilamba 5120
Vrishabha Rasi: 24.58	Tithi 2 - 3	<b>Gulika</b> 10:08AM - 11:26AM	<b>Mrigashira</b> Until 1:05AM Fri	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 7:33AM	
		Yama 7:33AM - 8:50AM	Sukarma Until 3:34PM	<b>Muruga:</b> White <i>Sunset:</i> 5:54PM	Moon 4 - Phase 5
		235932369 <b>Rahu</b> 2:01PM - 3:19PM	Kaulava Until 8:01AM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 8:01AM	Moon - Yellow	<b>Bhuloka Day</b>
Until 1:05AM Fri				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Cape Town, South Africa Sun 17 Sutra 33 Vilamba 5120
Mithuna Rasi: 9.4	Tithi 4	<b>Gulika</b> 8:51AM - 10:08AM	<b>Ardra</b> Until 10:46PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 7:33AM	
		Yama 3:18PM - 4:36PM	Dhriti Until 12:00PM	<b>Muruga:</b> White <i>Sunset:</i> 5:53PM	Moon 4 - Phase 5
		235932369 <b>Rahu</b> 11:26AM - 12:43PM	Vanija Until 3:29PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 2:00AM Sat	Moon - Yellow	<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM

<b>3</b>		<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau	Cape Town, South Africa Sun 18 Sutra 34 Vilamba 5120
Mithuna Rasi: 24.18	Tithi 5	<b>Gulika</b> 7:34AM - 8:51AM	<b>Punarvasu</b> Until 8:55PM	<b>Ganesh:</b> White <i>Sunrise:</i> 7:34AM	
		Yama 2:01PM - 3:18PM	Shula* Until 8:32AM	<b>Muruga:</b> White <i>Sunset:</i> 5:53PM	Moon 4 - Phase 5
		245932369 <b>Rahu</b> 10:09AM - 11:26AM	Bava Until 12:37PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 11:15PM	Moon - Blue	<b>Devaloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	

<b>4</b>		<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau	Cape Town, South Africa Sun 19 Sutra 35 Vilamba 5120
Kataka Rasi: 8.47	Tithi 6	<b>Gulika</b> 3:18PM - 4:35PM	<b>Pushya</b> Until 7:13PM	<b>Ganesh:</b> White <i>Sunrise:</i> 7:35AM	
		Yama 12:43PM - 2:01PM	Vriddhi Until 2:17AM Mon	<b>Muruga:</b> White <i>Sunset:</i> 5:52PM	Moon 4 - Phase 5
		245932369 <b>Rahu</b> 4:35PM - 5:52PM	Kaulava Until 7:43AM Mon	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 8:32AM	Moon - Blue	<b>Devaloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	

<b>5</b>		<b>Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau	Cape Town, South Africa Sun 20 Sutra 36 Vilamba 5120
Kataka Rasi: 23.02	Tithi 7	<b>Gulika</b> 2:01PM - 3:18PM	<b>Ashlesha*</b> Until 5:44PM	<b>Ganesh:</b> White <i>Sunrise:</i> 7:35AM	
<b>Family Home Evening</b>		Yama 11:27AM - 12:44PM	Dhruva Until 11:35PM	<b>Muruga:</b> White <i>Sunset:</i> 5:52PM	Moon 4 - Phase 5
		245932369 <b>Rahu</b> 8:53AM - 10:10AM	Gara Until 7:43AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:42PM	Moon - Blue	<b>Devaloka Day</b>
Until 5:44PM				<b>Jyeshtha Adhika-Vaikasi</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Cape Town, South Africa Sun 21 Sutra 37 Vilamba 5120
Simha Rasi: 7.02	Tithi 8 - 9	<b>Gulika</b> 12:44PM - 2:00PM	<b>Magha*</b> Until 4:55PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:36AM	
		Yama 10:10AM - 11:27AM	Vyaghata* Until 9:13PM	<b>Muruga:</b> White <i>Sunset:</i> 5:51PM	Moon 4 - Phase 5
		255932369 <b>Rahu</b> 3:17PM - 4:34PM	Balava Until 4:19AM Wed	<b>Nataraja:</b> Purple	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:00PM	Moon - Red	<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM

<b>Retreat Star</b>		<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Cape Town, South Africa Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 20.47	Tithi 9 - 10	<b>Gulika</b> 11:27AM - 12:44PM	<b>Purvaphalguni</b> Until 4:23PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:37AM	
		Yama 8:54AM - 10:10AM	Harshana Until 7:12PM	<b>Muruga:</b> White <i>Sunset:</i> 5:50PM	Moon 4 - Phase 5
		255932369 <b>Rahu</b> 12:44PM - 2:00PM	Taitila Until 3:13AM Thu	<b>Nataraja:</b> Purple	Navami
Creative Work	Amrita Yoga		<b>Navami*</b> Until 3:42PM	Moon - Red	<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 23 Sutra 39 Vilamba 5120	
Kanya Rasi: 4.18	Tithi 10 – 11	<b>Gulika</b> 10:11AM – 11:27AM	<b>Uttaraphalguni Until 4:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:38AM		
		Yama 7:38AM – 8:54AM	Vajra* Until 5:28PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:50PM	Moon 4 - Phase 6	
		255932369 <b>Rahu</b> 2:00PM – 3:17PM	Vanija Until 2:31AM Fri	<b>Nataraja:</b> Purple		4th Phase	
	Amrita Yoga		<b>Dashami Until 2:48PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 4:05PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cape Town, South Africa Sun 24 Sutra 40 Vilamba 5120	
Kanya Rasi: 17.35	Tithi 11 – 12	<b>Gulika</b> 8:55AM – 10:11AM	<b>Hasta Until 4:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:38AM		
		Yama 3:17PM – 4:33PM	Siddhi Until 4:04PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:50PM	Moon 4 - Phase 6	
		266932369 <b>Rahu</b> 11:27AM – 12:44PM	Bava Until 2:12AM Sat	<b>Nataraja:</b> Purple		4th Phase	
	Creative Work Amrita Yoga		<b>Ekadashi Until 2:18PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 4:28PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cape Town, South Africa Sun 25 Sutra 41 Vilamba 5120	
Tula Rasi: 0.41	Tithi 12 – 13	<b>Gulika</b> 7:39AM – 8:55AM	<b>Chitra Until 5:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:39AM		
		Yama 2:00PM – 3:17PM	Vyatipata* Until 2:59PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:49PM	Moon 4 - Phase 6	
		366932369 <b>Rahu</b> 10:11AM – 11:28AM	Kaulava Until 2:17AM Sun	<b>Nataraja:</b> Purple		4th Phase	
	Routine Work Marana Yoga		<b>Dvadashi Until 2:11PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 5:05PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata</i>							

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 26 Sutra 42 Vilamba 5120	
Tula Rasi: 13.34	Tithi 13 – 14	<b>Gulika</b> 3:16PM – 4:33PM	<b>Svati Until 5:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:39AM		
		Yama 12:44PM – 2:00PM	Variyan Until 2:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:49PM	Moon 4 - Phase 6	
		366932369 <b>Rahu</b> 4:33PM – 5:49PM	Gara Until 2:46AM Mon	<b>Nataraja:</b> Purple		4th Phase	
	Creative Work Siddha Yoga		<b>Trayodashi Until 2:27PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 5:56PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Cape Town, South Africa Sun 27 Sutra 43 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:00PM – 3:16PM	<b>Vishakha Until 7:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:40AM		
Tula Rasi: 26.16	Tithi 14 – 15	Yama 11:28AM – 12:44PM	Parigha* Until 1:44PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:48PM	Moon 4 - Phase 6	
<b>Family Home Evening</b>		376932369 <b>Rahu</b> 8:56AM – 10:12AM	Visti Until 3:41AM Tue	<b>Nataraja:</b> Purple		Purnima	
	Routine Work Marana Yoga		<b>Chaturdashi* Until 3:09PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 7:30PM		<b>Vaikasi Visakam</b>		<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cape Town, South Africa Sutra 44 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:44PM – 2:00PM	<b>Anuradha Until 9:22PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:41AM		
Vrischika Rasi: 8.46	Tithi 15 – 16	Yama 10:13AM – 11:28AM	Shiva Until 1:39PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:48PM	Moon 4 - Phase 6	
		376932369 <b>Rahu</b> 3:16PM – 4:32PM	Balava Until 5:03AM Wed	<b>Nataraja:</b> Purple		Prathama	
	Creative Work Siddha Yoga		<b>Purnima* Until 4:17PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 9:22PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Cape Town, South Africa

Jyeshtha\* Nakshatra Siddha/Sadhya/Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Sutra 45

Vrischika Rasi: 21.04 Tiithi 16 - 17

Gulika 11:29AM - 12:44PM  
Yama 8:57AM - 10:13AM  
Rahu 12:44PM - 2:00PM

Jyeshtha\* Until 11:29PM  
Siddha Until 1:53PM  
Tailila Until 6:51AM Thu  
Prathama\* Until 5:52PM

Ganesh: Clear Sunrise: 7:41AM  
Muruga: White Sunset: 5:48PM  
Nataraja: Purple  
Moon - Orange

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 11:29PM

Then Routine Work - Marana Yoga

Bhuloka Day  
Devaloka Time: 6:AM to 9:AM

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Cape Town, South Africa

Mula\* Nakshatra Sadhya/Subha/Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Sun 1 Sutra 46

Dhanus Rasi: 3.11 Tiithi 17

Gulika 10:13AM - 11:29AM  
Yama 7:42AM - 8:58AM  
Rahu 2:00PM - 3:16PM

Mula\* Until 2:19AM Fri  
Sadhya Until 2:27PM  
Tailila Until 6:51AM  
Dvitiya Until 7:53PM

Ganesh: White Sunrise: 7:42AM  
Muruga: White Sunset: 5:47PM  
Nataraja: Purple  
Moon - Light Blue

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 2:19AM Fri

Then Routine Work - Prabalarishta Yoga

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam

Cape Town, South Africa

Purvashadha\* Nakshatra Subha/Sukla Yoga Vanija Karana Tritiyayam Titau

Sun 2 Sutra 47

Dhanus Rasi: 15.09 Tiithi 18

Gulika 8:58AM - 10:14AM  
Yama 3:16PM - 4:31PM  
Rahu 11:29AM - 12:45PM

Purvashadha\* Until 5:17AM Sat  
Subha Until 3:18PM  
Vanija Until 9:02AM  
Tritiya Until 10:13PM

Ganesh: Yellow Sunrise: 7:43AM  
Muruga: White Sunset: 5:47PM  
Nataraja: Purple  
Moon - Light Blue

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Prabalarishta Yoga  
Until 5:17AM Sat

Then Routine Work - Marana Yoga

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam

Cape Town, South Africa

Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Tailila Karana Chaturthyam Titau

Sun 3 Sutra 48

Dhanus Rasi: 27 Tiithi 19

Gulika 7:43AM - 8:59AM  
Yama 2:00PM - 3:16PM  
Rahu 10:14AM - 11:29AM

Uttarashadha Until 8:15AM Sun  
Sukla Until 8:15AM Sun  
Bava Until 11:30AM  
Chaturthi\* Until 12:47AM Sun

Ganesh: Yellow Sunrise: 7:43AM  
Muruga: White Sunset: 5:47PM  
Nataraja: Purple  
Moon - Light Blue

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Marana Yoga  
Until 8:15AM Sun

Then Creative Work - Amrita Yoga

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Cape Town, South Africa

Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Panchamyam Titau

Sun 4 Sutra 49

Makara Rasi: 8.48 Tiithi 20

Gulika 3:16PM - 4:31PM  
Yama 12:45PM - 2:00PM  
Rahu 4:31PM - 5:46PM

Uttarashadha Until 8:15AM  
Brahma Until 5:27PM  
Kaulava Until 2:06PM  
Panchami Until 3:22AM Mon

Ganesh: Yellow Sunrise: 7:44AM  
Muruga: White Sunset: 5:46PM  
Nataraja: Purple  
Moon - Light Blue

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Amrita Yoga

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam

Cape Town, South Africa

Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Sun 5 Sutra 50

Makara Rasi: 20.35 Tiithi 21

Gulika 2:01PM - 3:16PM  
Yama 11:30AM - 12:45PM  
Rahu 8:59AM - 10:15AM

Shravana Until 11:32AM  
Indra Until 6:30PM  
Gara Until 4:37PM  
Shashthi\* Until 5:46AM Tue

Ganesh: Blue Sunrise: 7:44AM  
Muruga: White Sunset: 5:46PM  
Nataraja: Purple  
Moon - Purple

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Family Home Evening  
Creative Work Amrita Yoga

Until 11:32AM

Then Creative Work - Siddha Yoga

Devaloka Day  
Jyeshtha Adhika-Vaikasi

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam

Cape Town, South Africa

Dhanishtha/Shatabhishak Nakshatra Vaidhriti\* Yoga Visti\* Karana Saptamyam Titau

Sun 6 Sutra 51

Kumbha Rasi: 2.28 Tiithi 22

Gulika 12:45PM - 2:01PM  
Yama 10:15AM - 11:30AM  
Rahu 3:16PM - 4:31PM

Dhanishtha Until 2:25PM  
Vaidhriti\* Until 7:17PM  
Visti Until 6:51PM  
Saptami Until 7:45AM Wed

Ganesh: Purple Sunrise: 7:45AM  
Muruga: White Sunset: 5:46PM  
Nataraja: White  
Moon - Purple

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga

Until 2:25PM

Then Routine Work - Marana Yoga

Devaloka Day  
Jyeshtha Adhika-Vaikasi

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Cape Town, South Africa

Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 7 Sutra 52

Kumbha Rasi: 14.29 Tiithi 22 - 23

Gulika 11:31AM - 12:46PM  
Yama 9:00AM - 10:15AM  
Rahu 12:46PM - 2:01PM

Shatabhishak Until 4:39PM  
Vishkambha\* Until 7:41PM  
Balava Until 8:33PM  
Saptami Until 7:45AM

Ganesh: Purple Sunrise: 7:45AM  
Muruga: White Sunset: 5:46PM  
Nataraja: White  
Moon - Purple

Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

Devaloka Day  
Jyeshtha Adhika-Vaikasi

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Cape Town, South Africa

Purvaproshtapada\* Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Sun 8 Sutra 53

Kumbha Rasi: 26.46 Tiithi 23 - 24

Gulika 10:16AM - 11:31AM  
Yama 7:46AM - 9:01AM  
Rahu 2:01PM - 3:16PM

Purvaproshtapada\* Until 6:33PM  
Priti Until 7:33PM  
Tailila Until 9:33PM  
Ashtami\* Until 9:08AM

Ganesh: Blue Sunrise: 7:46AM  
Muruga: White Sunset: 5:46PM  
Nataraja: White  
Moon - Clear

Vilamba 5120  
Moon 5 - Phase 7  
Navami

Creative Work Siddha Yoga

Devaloka Day  
Jyeshtha Adhika-Vaikasi

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Cape Town, South Africa	
		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54	
Meena Rasi: 9.23	Tithi 24 – 25	<b>Gulika</b> 9:01AM – 10:16AM	<b>Uttaraproshtapada</b> Until 7:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:46AM	Vilamba 5120	
		Yama 3:16PM – 4:31PM	Ayushman Until 6:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	318132361 <b>Rahu</b> 11:31AM – 12:46PM	Vanija Until 9:44PM	<b>Nataraja:</b> White		2nd Phase	
			<b>Navami*</b> Until 9:44AM	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM		

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Cape Town, South Africa	
		Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55	
Meena Rasi: 22.23	Tithi 25 – 26	<b>Gulika</b> 7:47AM – 9:02AM	<b>Revati</b> Until 7:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:47AM	Vilamba 5120	
		Yama 2:01PM – 3:16PM	Saubhagya Until 5:18PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 8	
Routine Work	Prabalarishta Yoga	318132361 <b>Rahu</b> 10:16AM – 11:31AM	Bava Until 9:04PM	<b>Nataraja:</b> White		2nd Phase	
Until 7:29PM			<b>Dashami</b> Until 9:29AM	Moon – Clear		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM		

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Cape Town, South Africa	
		Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56	
Mesha Rasi: 5.52	Tithi 26 – 27	<b>Gulika</b> 3:16PM – 4:31PM	<b>Ashvini</b> Until 6:58PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:47AM	Vilamba 5120	
		Yama 12:46PM – 2:01PM	Sobhana Until 3:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 4:31PM – 5:46PM	Kaulava Until 7:36PM	<b>Nataraja:</b> White		2nd Phase	
Until 6:58PM			<b>Ekadashi*</b> Until 8:25AM	Moon – White		<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Cape Town, South Africa	
		Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Taila/Visti* Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57	
Mesha Rasi: 19.47	Tithi 27 – 28	<b>Gulika</b> 2:01PM – 3:16PM	<b>Bharani</b> Until 5:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:48AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 11:32AM – 12:47PM	Athiganda* Until 5:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 9:02AM – 10:17AM	Visti Until 14:40AM Tue	<b>Nataraja:</b> White		2nd Phase	
Until 5:35PM			<b>Dvadashi*</b> Until 6:34AM	Moon – White		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Cape Town, South Africa	
		Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 58	
Vrishabha Rasi: 4.08	Tithi 29	<b>Gulika</b> 12:47PM – 2:01PM	<b>Krittika</b> Until 3:29PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:48AM	Vilamba 5120	
		Yama 10:17AM – 11:32AM	Sukarma Until 9:18AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 3:16PM – 4:31PM	Visti Until 2:40PM	<b>Nataraja:</b> White		2nd Phase	
Until 3:29PM			<b>Chaturdashi*</b> Until 1:06AM Wed	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Cape Town, South Africa	
<b>Retreat Star</b>		Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59	
Vrishabha Rasi: 18.5	Tithi 30	<b>Gulika</b> 11:32AM – 12:47PM	<b>Rohini</b> Until 1:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:49AM	Vilamba 5120	
		Yama 9:03AM – 10:18AM	Shula* Until 1:52AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	338132361 <b>Rahu</b> 12:47PM – 2:02PM	Catuspada Until 11:30AM	<b>Nataraja:</b> White		Amavasya	
			<b>Amavasya*</b> Until 9:47PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Cape Town, South Africa	
<b>Retreat Star</b>		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60	
Mithuna Rasi: 3.46	Tithi 1	<b>Gulika</b> 10:18AM – 11:33AM	<b>Mrigashira</b> Until 10:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:49AM	Vilamba 5120	
		Yama 7:49AM – 9:03AM	Ganda* Until 9:53PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 8	
Routine Work	Marana Yoga	339132361 <b>Rahu</b> 2:02PM – 3:16PM	Kintughna Until 8:03AM	<b>Nataraja:</b> White		Prathama	
			<b>Prathama*</b> Until 6:16PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM		

<b>1 Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Cape Town, South Africa Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 18.48	Tithi 2 - 3	<b>Gulika</b> 9:04AM - 10:18AM	<b>Ardra</b> Until 7:46AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:49AM		
		Yama 3:17PM - 4:31PM	Vriddhi Until 5:56PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM		Moon 5 - Phase 9
		359132361 <b>Rahu</b> 11:33AM - 12:47PM	Taitila Until 1:02AM Sat	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 2:44PM	Moon - Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha</b> •Ani		Devaloka Time: 9:AM to12:PM	

<b>2 Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Cape Town, South Africa Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 3.47	Tithi 3 - 4	<b>Gulika</b> 7:50AM - 9:04AM	<b>Pushya</b> Until 2:51AM Sun	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 7:50AM		
		Yama 2:02PM - 3:17PM	Dhruva Until 2:05PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM		Moon 5 - Phase 9
		349132361 <b>Rahu</b> 10:19AM - 11:33AM	Vanija Until 9:44PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 11:20AM	Moon - Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha</b> •Ani		Devaloka Time: 9:AM to12:PM	

<b>3 Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 18.35	Tithi 4 - 5	<b>Gulika</b> 3:17PM - 4:31PM	<b>Ashlesha*</b> Until 12:40AM Mon	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 7:50AM		
		Yama 12:48PM - 2:02PM	Vyaghata* Until 10:28AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM		Moon 5 - Phase 9
		349132361 <b>Rahu</b> 4:31PM - 5:46PM	Bava Until 6:46PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 8:11AM	Moon - Blue		<b>Bhuloka Day</b>	
Until 12:40AM Mon		<b>Father's Day</b>		<b>Jyeshtha</b> •Ani		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

<b>4 Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Cape Town, South Africa Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.06	Tithi 6	<b>Gulika</b> 2:03PM - 3:17PM	<b>Magha*</b> Until 11:14PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:50AM		
<b>Family Home Evening</b>		Yama 11:34AM - 12:48PM	Harshana Until 7:13AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM		Moon 5 - Phase 9
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 9:05AM - 10:19AM	Kaulava Until 4:15PM	<b>Nataraja:</b> White			3rd Phase
Until 11:14PM			<b>Shashthi*</b> Until 3:09AM Tue	Moon - Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha</b> •Ani			

<b>5 Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Cape Town, South Africa Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.17	Tithi 7	<b>Gulika</b> 12:48PM - 2:03PM	<b>Purvaphalguni</b> Until 10:12PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:51AM		
		Yama 10:19AM - 11:34AM	Siddhi Until 1:55AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM		Moon 5 - Phase 9
		359132361 <b>Rahu</b> 3:17PM - 4:32PM	Gara Until 2:15PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 1:27AM Wed	Moon - Red		<b>Devaloka Day</b>	
Until 10:12PM				<b>Jyeshtha</b> •Ani			
Then Creative Work - Amrita Yoga							

<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti/Bava Karana Ashtamyam Titau				Cape Town, South Africa Sun 21 Sutra 66 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 11:34AM - 12:49PM	<b>Uttaraphalguni</b> Until 11:47PM Thu	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:51AM		
Kanya Rasi: 1.07	Tithi 8	Yama 9:05AM - 10:20AM	Vyatipata* Until 12:01AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 5:46PM		Moon 5 - Phase 9
		359132361 <b>Rahu</b> 12:49PM - 2:03PM	Visti Until 12:49PM	<b>Nataraja:</b> White			Ashtami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 12:19AM Thu	Moon - Red		<b>Devaloka Day</b>	
Until 11:47PM Thu				<b>Jyeshtha</b> •Ani			
Then Routine Work - Marana Yoga							

<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Cape Town, South Africa Sun 22 Sutra 67 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 10:20AM - 11:34AM	<b>Uttaraphalguni</b> Until 11:47PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:51AM		
Kanya Rasi: 14.35	Tithi 9	Yama 7:51AM - 9:05AM	Variyan Until 10:33PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:47PM		Moon 5 - Phase 9
		369132361 <b>Rahu</b> 2:03PM - 3:18PM	Balava Until 12:00PM	<b>Nataraja:</b> White			Navami
Routine Work	Marana Yoga		<b>Navami*</b> Until 11:47PM	Moon - Green		<b>Bhuloka Day</b>	
Until 11:47PM		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha</b> •Ani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang

<b>1 Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Cape Town, South Africa Sun 23 Sutra 68 Vilamba 5120	
Kanya Rasi: 27.44	Tithi 10	<b>Gulika</b> 9:06AM – 10:20AM	<b>Chitra</b> Until 10:35PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:51AM		
		Yama 3:18PM – 4:32PM	Parigha* Until 9:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10	
		361132361 <b>Rahu</b> 11:35AM – 12:49PM	Taitila Until 11:45AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:49PM	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>2 Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Cape Town, South Africa Sun 24 Sutra 69 Vilamba 5120	
Tula Rasi: 11	Tithi 11	<b>Gulika</b> 7:51AM – 9:06AM	<b>Svati</b> Until 11:38PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 7:51AM		
		Yama 2:04PM – 3:18PM	Shiva Until 8:58PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10	
		361132361 <b>Rahu</b> 10:20AM – 11:35AM	Vanija Until 12:03PM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 12:21AM Sun	Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3 Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Cape Town, South Africa Sun 25 Sutra 70 Vilamba 5120	
Tula Rasi: 23.14	Tithi 12	<b>Gulika</b> 3:18PM – 4:33PM	<b>Vishakha</b> Until 1:28AM Mon	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:52AM		
		Yama 12:49PM – 2:04PM	Siddha Until 8:45PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10	
		371142361 <b>Rahu</b> 4:33PM – 5:47PM	Bava Until 13:65AM Mon	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 8:58PM	Moon – Orange		<b>Devaloka Day</b>	
Until 1:28AM Mon				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4 Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 71 Vilamba 5120	
Vrischika Rasi: 5.39	Tithi 13	<b>Gulika</b> 2:04PM – 3:19PM	<b>Anuradha</b> Until 3:33AM Tue	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:52AM		
<b>Family Home Evening</b>		Yama 11:35AM – 12:50PM	Sadhya Until 8:52PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 5 - Phase 10	
		371142361 <b>Rahu</b> 9:06AM – 10:21AM	Kaulava Until 2:05PM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 2:50AM Tue	Moon – Orange		<b>Devaloka Day</b>	
Until 3:33AM Tue				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

<b>5 Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 72 Vilamba 5120	
Vrischika Rasi: 17.53	Tithi 14	<b>Gulika</b> 12:50PM – 2:04PM	<b>Jyeshtha*</b> Until 5:51AM Wed	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:52AM		
		Yama 10:21AM – 11:35AM	Subha Until 9:20PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 5 - Phase 10	
		371142361 <b>Rahu</b> 3:19PM – 4:33PM	Gara Until 3:44PM	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 4:40AM Wed	Moon – Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Cape Town, South Africa Sun 27 Sutra 73 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:36AM – 12:50PM	<b>Mula*</b> Until 8:48AM Thu	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:52AM		
Vrischika Rasi: 29.59	Tithi 15	Yama 9:07AM – 10:21AM	Sukla Until 10:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 5 - Phase 10	
		371142361 <b>Rahu</b> 12:50PM – 2:05PM	Visti Until 5:45PM	<b>Nataraja:</b> White		Purnima	
Routine Work	Marana Yoga		<b>Purnima*</b> Until 6:51AM Thu	Moon – Orange		<b>Devaloka Day</b>	
Until 8:48AM Thu				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cape Town, South Africa Sun 28 Sutra 74 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:21AM – 11:36AM	<b>Mula*</b> Until 8:48AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:52AM		
Dhanus Rasi: 11.56	Tithi 15 – 16	Yama 7:52AM – 9:07AM	Brahma Until 10:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 5 - Phase 10	
		381142361 <b>Rahu</b> 2:05PM – 3:19PM	Balava Until 8:03PM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:51AM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda





Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Rilau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa

Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 23.47    Tihi 16 – 17

Gulika 9:07AM – 10:21AM

Yama 3:20PM – 4:34PM

381142361 Rahu 11:36AM – 12:51PM

Purvashadha\* Until 11:49AM

Indra Until 12:02AM Sat

Taitila Until 10:34PM

Prathama\* Until 9:16AM

Ganesh: Blue

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:49PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work    Prabalarishta Yoga

Until 11:49AM

Then Routine Work - Marana Yoga

**1**

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Rilau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha\*/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa

Sun 1    Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 5.35    Tihi 17 – 18

Gulika 7:52AM – 9:07AM

Yama 2:05PM – 3:20PM

381242361 Rahu 10:21AM – 11:36AM

Uttarashadha Until 2:47PM

Vaidhriti\* Until 1:09AM Sun

Vanija Until 1:10AM Sun

Dvitiya Until 11:51AM

Ganesh: Blue

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:49PM

Nataraja: White

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work    Marana Yoga

Until 2:47PM

Then Creative Work - Siddha Yoga

**2**

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Rilau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Cape Town, South Africa

Sun 2    Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 17.22    Tihi 18 – 19

Gulika 3:20PM – 4:35PM

Yama 12:51PM – 2:06PM

391242361 Rahu 4:35PM – 5:50PM

Shravana Until 6:06PM

Vishkambha\* Until 2:14AM Mon

Bava Until 3:43AM Mon

Tritiya Until 2:26PM

Ganesh: Red

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:50PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work    Amrita Yoga

Until 6:06PM

Then Routine Work - Marana Yoga

**3**

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Rilau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa

Sun 3    Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 29.11    Tihi 19 – 20

Gulika 2:06PM – 3:21PM

Yama 11:36AM – 12:51PM

391242361 Rahu 9:07AM – 10:22AM

Dhanishtha Until 9:05PM

Priti Until 3:10AM Tue

Kaulava Until 6:01AM Tue

Chaturthi\* Until 4:53PM

Ganesh: Red

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:50PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work    Siddha Yoga

Family Home Evening

**4**

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Rilau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 4    Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 11.05    Tihi 20

Gulika 12:51PM – 2:06PM

Yama 10:22AM – 11:36AM

392242361 Rahu 3:21PM – 4:36PM

Shatabhishak Until 11:34PM

Ayushman Until 3:46AM Wed

Kaulava Until 7:55AM Wed

Panchami Until 3:10AM Tue

Ganesh: Yellow

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:51PM

Nataraja: White

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Routine Work    Marana Yoga

**5**

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Rilau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Sun 5    Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 23.1    Tihi 21

Gulika 11:37AM – 12:52PM

Yama 9:07AM – 10:22AM

312242361 Rahu 12:52PM – 2:06PM

Purvaproshtapada\* Until 1:53AM Thu

Saubhagya Until 3:58AM Thu

Gara Until 7:55AM

Shashthi\* Until 8:38PM

Ganesh: Orange

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:51PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work    Amrita Yoga

Until 1:53AM Thu

Then Creative Work - Siddha Yoga

**6**

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Rilau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Cape Town, South Africa

Sun 6    Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 5.27    Tihi 22

Gulika 10:22AM – 11:37AM

Yama 7:52AM – 9:07AM

312242361 Rahu 2:07PM – 3:22PM

Uttaraproshtapada Until 3:23AM Fri

Sobhana Until 3:39AM Fri

Visti Until 9:15AM

Saptami Until 9:38PM

Ganesh: Orange

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:51PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work    Siddha Yoga

**D**

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Rilau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa

Sun 7    Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 18.02    Tihi 23

Gulika 9:07AM – 10:22AM

Yama 3:22PM – 4:37PM

312242361 Rahu 11:37AM – 12:52PM

Revati Until 3:59AM Sat

Athiganda\* Until 2:43AM Sat

Balava Until 9:53AM

Ashtami\* Until 9:54PM

Ganesh: Orange

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:52PM

Nataraja: White

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work    Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Rilau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa

Sun 8    Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 1    Tihi 24

Gulika 7:52AM – 9:07AM

Yama 2:07PM – 3:22PM

422242361 Rahu 10:22AM – 11:37AM

Ashvini Until 4:07AM Sun

Sukarma Until 1:09AM Sun

Taitila Until 9:44AM

Navami\* Until 9:21PM

Ganesh: Orange

Sunrise: 7:52AM

Muruga: Clear

Sunset: 5:52PM

Nataraja: White

Moon – White

Jyeshtha-Ani

Devaloka Day

Creative Work    Siddha Yoga

Until 4:07AM Sun

Then Routine Work - Prabalarishta Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, July 8, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau	Cape Town, South Africa
	Sun 9	Sutra 84	Vilamba 5120
Mesha Rasi: 14.23	Tithi 25	<b>Gulika</b> 3:23PM – 4:38PM <b>Yama</b> 12:52PM – 2:07PM <b>Rahu</b> 4:38PM – 5:53PM	<b>Bharani Until 3:18AM Mon</b> Dhriti Until 10:58PM Vanija Until 8:48AM Dashami Until 8:01PM
422242361		<b>Ganesh:</b> Orange <i>Sunrise: 7:51AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:53PM</i> <b>Nataraja:</b> White Moon – White	<b>Devaloka Day</b>
Routine Work Prabalarishta Yoga Until 3:18AM Mon Then Routine Work - Marana Yoga			

<b>2</b>	<b>Monday, July 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam	Cape Town, South Africa
	Sun 10	Sutra 85	Vilamba 5120
Mesha Rasi: 28.14	Tithi 26 – 27	<b>Gulika</b> 2:08PM – 3:23PM <b>Yama</b> 11:37AM – 12:52PM <b>Rahu</b> 9:06AM – 10:22AM	<b>Krittika Until 1:40AM Tue</b> Shula* Until 8:10PM Bava Until 7:05AM Ekadashi* Until 5:57PM
422242361		<b>Ganesh:</b> Orange <i>Sunrise: 7:51AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:54PM</i> <b>Nataraja:</b> White Moon – White	<b>Devaloka Day</b>
Family Home Evening Routine Work Marana Yoga Until 1:40AM Tue Then Creative Work - Amrita Yoga			

<b>3</b>	<b>Tuesday, July 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam	Cape Town, South Africa
	Sun 11	Sutra 86	Vilamba 5120
Vrisabha Rasi: 12.31	Tithi 27 – 28	<b>Gulika</b> 12:53PM – 2:08PM <b>Yama</b> 10:22AM – 11:37AM <b>Rahu</b> 3:23PM – 4:39PM	<b>Rohini Until 11:44PM</b> Ganda* Until 4:52PM Gara Until 1:44AM Wed Dvadashi* Until 3:15PM
422242361		<b>Ganesh:</b> Light Blue <i>Sunrise: 7:51AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:54PM</i> <b>Nataraja:</b> White Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Amrita Yoga Until 11:44PM Then Creative Work - Siddha Yoga			

<b>4</b>	<b>Wednesday, July 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam	Cape Town, South Africa
	Sun 12	Sutra 87	Vilamba 5120
Vrisabha Rasi: 27.11	Tithi 28 – 29	<b>Gulika</b> 11:37AM – 12:53PM <b>Yama</b> 9:06AM – 10:22AM <b>Rahu</b> 12:53PM – 2:08PM	<b>Mrigashira Until 9:12PM</b> Vridhhi Until 1:11PM Visti Until 10:22PM Trayodashi* Until 12:04PM
422242361		<b>Ganesh:</b> Light Blue <i>Sunrise: 7:51AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:55PM</i> <b>Nataraja:</b> White Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga			

	<b>Thursday, July 12, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam	Cape Town, South Africa
	Sun 13	Sutra 88	Vilamba 5120
Mithuna Rasi: 12.1	Tithi 29 – 30	<b>Gulika</b> 10:22AM – 11:37AM <b>Yama</b> 7:50AM – 9:06AM <b>Rahu</b> 2:08PM – 3:24PM	<b>Ardra Until 6:17PM</b> Dhruva Until 9:12AM Catuspada Until 6:43PM Chaturdashi* Until 8:33AM
422242361		<b>Ganesh:</b> Light Blue <i>Sunrise: 7:50AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:55PM</i> <b>Nataraja:</b> White Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Routine Work Marana Yoga Until 6:17PM Then Creative Work - Amrita Yoga			

<b>Friday, July 13, 2018</b>	<b>Retreat Star</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam	Cape Town, South Africa
	Sun 14	Sutra 89	Vilamba 5120
Mithuna Rasi: 27.19	Tithi 1	<b>Gulika</b> 9:06AM – 10:21AM <b>Yama</b> 3:24PM – 4:40PM <b>Rahu</b> 11:37AM – 12:53PM	<b>Punarvasu Until 3:30PM</b> Harshana Until 12:55AM Sat Kintughna Until 2:58PM Prathama* Until 1:05AM Sat
422242361		<b>Ganesh:</b> Purple <i>Sunrise: 7:50AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:56PM</i> <b>Nataraja:</b> White Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 3:30PM Then Routine Work - Marana Yoga		Partial Solar Eclipse	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 90	
	Kataka Rasi: 12.29	Tithi 2	<b>Gulika</b> 7:50AM – 9:06AM Yama 2:09PM – 3:25PM 442242361 <b>Rahu</b> 10:21AM – 11:37AM	<b>Pushya</b> Until 12:38PM Vajra* Until 8:51PM Balava Until 11:16AM Dvitiya Until 9:28PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Ashada*Ani</b>	<i>Sunrise:</i> 7:50AM <i>Sunset:</i> 5:56PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 12:38PM Then Routine Work - Marana Yoga								

<b>2</b>	<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau				Cape Town, South Africa Sun 16 Sutra 91	
	Kataka Rasi: 27.31	Tithi 3	<b>Gulika</b> 3:25PM – 4:41PM Yama 12:53PM – 2:09PM 442242361 <b>Rahu</b> 4:41PM – 5:57PM	<b>Ashlesha*</b> Until 9:51AM Siddhi Until 5:02PM Taitila Until 7:46AM Tritiya Until 6:07PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Blue <b>Ashada*Ani</b>	<i>Sunrise:</i> 7:49AM <i>Sunset:</i> 5:57PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga Until 9:51AM Then Routine Work - Marana Yoga								

<b>3</b>	<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Cape Town, South Africa Sun 17 Sutra 92	
	Simha Rasi: 12.17	Tithi 4 – 5	<b>Gulika</b> 2:09PM – 3:25PM Yama 11:37AM – 12:53PM 453242361 <b>Rahu</b> 9:05AM – 10:21AM	<b>Magha*</b> Until 7:43AM Vyatipata* Until 1:34PM Bava Until 1:57AM Tue Chaturthi* Until 3:12PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Red <b>Ashada*Adi</b>	<i>Sunrise:</i> 7:49AM <i>Sunset:</i> 5:58PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Family Home Evening Routine Work Marana Yoga Until 7:43AM Then Creative Work - Siddha Yoga								

<b>4</b>	<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Cape Town, South Africa Sun 18 Sutra 93	
	Simha Rasi: 26.41	Tithi 5 – 6	<b>Gulika</b> 12:53PM – 2:10PM Yama 10:21AM – 11:37AM 453242362 <b>Rahu</b> 3:26PM – 4:42PM	<b>Uttaraphalguni</b> Until 4:39AM Wed Variyan Until 10:31AM Kaulava Until 11:53PM Panchami Until 12:49PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Red <b>Ashada*Adi</b>	<i>Sunrise:</i> 7:49AM <i>Sunset:</i> 5:58PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Devaloka Day</b>
Creative Work Amrita Yoga Until 4:39AM Wed Then Routine Work - Marana Yoga								

<b>5</b>	<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cape Town, South Africa Sun 19 Sutra 94	
	Kanya Rasi: 10.41	Tithi 6 – 7	<b>Gulika</b> 11:37AM – 12:53PM Yama 9:04AM – 10:21AM 463242362 <b>Rahu</b> 12:53PM – 2:10PM	<b>Hasta</b> Until 4:20AM Thu Parigha* Until 8:01AM Gara Until 10:31PM Shashthi* Until 11:06AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green <b>Ashada*Adi</b>	<i>Sunrise:</i> 7:48AM <i>Sunset:</i> 5:59PM	Vilamba 5120 Moon 6 - Phase 13 3rd Phase	<b>Sivaloka Day</b>
Routine Work Marana Yoga Until 4:20AM Thu Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>	<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cape Town, South Africa Sun 20 Sutra 95	
	Kanya Rasi: 24.15	Tithi 7 – 8	<b>Gulika</b> 10:21AM – 11:37AM Yama 7:48AM – 9:04AM 463242362 <b>Rahu</b> 2:10PM – 3:26PM	<b>Chitra</b> Until 4:37AM Fri Shiva Until 6:06AM Visti Until 9:52PM Saptami Until 10:05AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green <b>Ashada*Adi</b>	<i>Sunrise:</i> 7:48AM <i>Sunset:</i> 5:59PM	Vilamba 5120 Moon 6 - Phase 13 Ashtami	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>Retreat Star</b>	<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cape Town, South Africa Sun 21 Sutra 96	
	Tula Rasi: 7.25	Tithi 8 – 9	<b>Gulika</b> 9:04AM – 10:20AM Yama 3:27PM – 4:43PM 463242362 <b>Rahu</b> 11:37AM – 12:54PM	<b>Svati</b> Until 5:26AM Sat Sadhya Until 3:58AM Sat Balava Until 9:57PM Ashtami* Until 9:48AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green <b>Ashada*Adi</b>	<i>Sunrise:</i> 7:47AM <i>Sunset:</i> 6:00PM	Vilamba 5120 Moon 6 - Phase 13 Navami	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>1</b>	<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 22 Sutra 97	
	Tula Rasi: 20.13	Tithi 9 – 10	<b>Gulika</b> 7:47AM – 9:03AM	<b>Vishakha</b> Until 7:12AM Sun	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:47AM	Vilamba 5120	
			Yama 2:10PM – 3:27PM	Subha Until 3:44AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:01PM	Moon 6 - Phase 14	
			473242362 <b>Rahu</b> 10:20AM – 11:37AM	Taitila Until 10:42PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Siddha Yoga Until 7:12AM Sun Then Routine Work - Marana Yoga			<b>Navami* Until 10:13AM</b>		<b>Ashada*Adi</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 23 Sutra 98	
	Vrischika Rasi: 2.43	Tithi 10 – 11	<b>Gulika</b> 3:27PM – 4:44PM	<b>Vishakha</b> Until 7:12AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:46AM	Vilamba 5120	
			Yama 12:54PM – 2:11PM	Sukla Until 3:54AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:01PM	Moon 6 - Phase 14	
			473242362 <b>Rahu</b> 4:44PM – 6:01PM	Vanija Until 12:02AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Routine Work Marana Yoga			<b>Dashami Until 11:17AM</b>		<b>Ashada*Adi</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Cape Town, South Africa Sun 24 Sutra 99	
	Vrischika Rasi: 14.58	Tithi 11 – 12	<b>Gulika</b> 2:11PM – 3:28PM	<b>Anuradha</b> Until 9:20AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:45AM	Vilamba 5120	
	<b>Family Home Evening</b>		Yama 11:37AM – 12:54PM	Brahma Until 4:26AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:02PM	Moon 6 - Phase 14	
			473242362 <b>Rahu</b> 9:03AM – 10:20AM	Bava Until 1:52AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Siddha Yoga			<b>Ekadashi Until 12:52PM</b>		<b>Ashada*Adi</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Cape Town, South Africa Sun 25 Sutra 100	
	Vrischika Rasi: 27.02	Tithi 12 – 13	<b>Gulika</b> 12:54PM – 2:11PM	<b>Jyeshtha*</b> Until 11:45AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:45AM	Vilamba 5120	
			Yama 10:19AM – 11:37AM	Indra Until 5:16AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:03PM	Moon 6 - Phase 14	
			473242362 <b>Rahu</b> 3:28PM – 4:45PM	Kaulava Until 4:03AM Wed	<b>Nataraja:</b> Clear		4th Phase	
Routine Work Marana Yoga Until 11:45AM Then Creative Work - Amrita Yoga			<b>Dvodashi Until 2:54PM</b>		<b>Ashada*Adi</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 26 Sutra 101	
	Dhanus Rasi: 8.58	Tithi 13 – 14	<b>Gulika</b> 11:36AM – 12:54PM	<b>Mula*</b> Until 2:48PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:44AM	Vilamba 5120	
			Yama 9:02AM – 10:19AM	Vaidhriti* Until 6:15AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:03PM	Moon 6 - Phase 14	
			483342362 <b>Rahu</b> 12:54PM – 2:11PM	Gara Until 6:30AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Routine Work Marana Yoga Until 2:48PM Then Creative Work - Amrita Yoga			<b>Trayodashi Until 5:14PM</b>		<b>Ashada*Adi</b>		<b>Sivaloka Day</b>	

<b>6</b>	<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 102	
	Dhanus Rasi: 20.49	Tithi 14	<b>Gulika</b> 10:19AM – 11:36AM	<b>Purvashadha*</b> Until 5:53PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:44AM	Vilamba 5120	
			Yama 7:44AM – 9:01AM	Vaidhriti* Until 6:15AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:04PM	Moon 6 - Phase 14	
			483342362 <b>Rahu</b> 2:11PM – 3:29PM	Gara Until 6:30AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Marana Yoga			<b>Chaturdashi* Until 7:46PM</b>		<b>Ashada*Adi</b>		<b>Sivaloka Day</b>	

	<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Cape Town, South Africa Sun 27 Sutra 103	
	Makara Rasi: 2.37	Tithi 15	<b>Gulika</b> 9:01AM – 10:18AM	<b>Uttarashadha</b> Until 8:52PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:43AM	Vilamba 5120	
			Yama 3:29PM – 4:47PM	Vishkambha* Until 7:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:05PM	Moon 6 - Phase 14	
			483342362 <b>Rahu</b> 11:36AM – 12:54PM	Visti Until 9:05AM	<b>Nataraja:</b> Clear		Purnima	
Routine Work Marana Yoga			<b>Purnima* Until 10:21PM</b>		<b>Ashada*Adi</b>		<b>Sivaloka Day</b>	

	<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Cape Town, South Africa Sun 28 Sutra 104	
	Makara Rasi: 14.24	Tithi 16	<b>Gulika</b> 7:42AM – 9:00AM	<b>Shravana</b> Until 12:08AM Sun	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:42AM	Vilamba 5120	
			Yama 2:12PM – 3:30PM	Priti Until 8:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:05PM	Moon 6 - Phase 14	
			493342362 <b>Rahu</b> 10:18AM – 11:36AM	Balava Until 11:39AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work Siddha Yoga Until 12:08AM Sun Then Routine Work - Marana Yoga			<b>Prathama* Until 12:53AM Sun</b>		<b>Ashada*Adi</b>		<b>Devaloka Day</b>	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa  
Sun 1 Sutra 105  
Vilamba 5120

Makara Rasi: 26.13    Tihti 17

**Gulika** 3:30PM – 4:48PM  
Yama 12:54PM – 2:12PM  
493342362 **Rahu** 4:48PM – 6:06PM

**Dhanishtha** Until 3:03AM Mon  
Ayushman Until 9:29AM  
Taitila Until 2:06PM  
**Dvitiya** Until 3:14AM Mon

**Ganesha:** Blue    *Sunrise:* 7:42AM  
**Muruga:** Clear    *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

**Devaloka Day**

Routine Work    Marana Yoga  
Until 3:03AM Mon  
Then Creative Work - Siddha Yoga

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cape Town, South Africa  
Sun 2 Sutra 106  
Vilamba 5120

Kumbha Rasi: 8.07    Tihti 18

**Gulika** 2:12PM – 3:30PM  
Yama 11:35AM – 12:54PM  
494342362 **Rahu** 8:59AM – 10:17AM

**Shatabhishak** Until 5:32AM Tue  
Saubhagya Until 10:20AM  
Vanija Until 4:19PM  
**Tritiya** Until 5:17AM Tue

**Ganesha:** Blue    *Sunrise:* 7:41AM  
**Muruga:** Clear    *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

**Devaloka Day**

Family Home Evening  
Creative Work    Siddha Yoga  
Until 5:32AM Tue  
Then Routine Work - Marana Yoga

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava Karana Chaturthyam Titau

Cape Town, South Africa  
Sun 3 Sutra 107  
Vilamba 5120

Kumbha Rasi: 20.08    Tihti 19

**Gulika** 12:54PM – 2:12PM  
Yama 10:17AM – 11:35AM  
414342362 **Rahu** 3:30PM – 4:49PM

**Purvaproshtapada\*** Until 7:57AM Wed  
Sobhana Until 10:58AM  
Bava Until 6:11PM  
**Chaturthi\*** Until 6:56AM Wed

**Ganesha:** White    *Sunrise:* 7:40AM  
**Muruga:** Clear    *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

Routine Work    Marana Yoga  
Until 7:57AM Wed  
Then Creative Work - Siddha Yoga

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa  
Sun 4 Sutra 108  
Vilamba 5120

Meena Rasi: 2.19    Tihti 19 – 20

**Gulika** 11:35AM – 12:54PM  
Yama 8:58AM – 10:16AM  
414342362 **Rahu** 12:54PM – 2:12PM

**Purvaproshtapada\*** Until 7:57AM  
Athiganda\* Until 11:14AM  
Kaulava Until 7:36PM  
**Chaturthi\*** Until 6:56AM

**Ganesha:** White    *Sunrise:* 7:39AM  
**Muruga:** Clear    *Sunset:* 6:08PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 7:57AM  
Then Creative Work - Siddha Yoga

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa  
Sun 5 Sutra 109  
Vilamba 5120

Meena Rasi: 14.43    Tihti 20 – 21

**Gulika** 10:16AM – 11:35AM  
Yama 7:38AM – 8:57AM  
414342362 **Rahu** 2:12PM – 3:31PM

**Uttaraproshtapada** Until 9:43AM  
Sukarma Until 11:07AM  
Gara Until 8:29PM  
**Panchami** Until 8:06AM

**Ganesha:** White    *Sunrise:* 7:38AM  
**Muruga:** Clear    *Sunset:* 6:09PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

Creative Work    Siddha Yoga

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa  
Sun 6 Sutra 110  
Vilamba 5120

Meena Rasi: 27.22    Tihti 21 – 22

**Gulika** 8:57AM – 10:16AM  
Yama 3:31PM – 4:50PM  
414342362 **Rahu** 11:35AM – 12:53PM

**Revati** Until 10:46AM  
Dhriti Until 10:34AM  
Visti Until 8:45PM  
**Shashthi\*** Until 8:41AM

**Ganesha:** White    *Sunrise:* 7:38AM  
**Muruga:** Clear    *Sunset:* 6:09PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 10:46AM  
Then Creative Work - Amrita Yoga

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa  
Sun 7 Sutra 111  
Vilamba 5120

Mesha Rasi: 10.19    Tihti 22 – 23

**Gulika** 7:37AM – 8:56AM  
Yama 2:13PM – 3:32PM  
424342362 **Rahu** 10:15AM – 11:34AM

**Ashvini** Until 11:30AM  
Shula\* Until 9:28AM  
Balava Until 8:21PM  
**Saptami** Until 8:37AM

**Ganesha:** Clear    *Sunrise:* 7:37AM  
**Muruga:** Clear    *Sunset:* 6:10PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

**Sivaloka Day**

Creative Work    Siddha Yoga

**Sunday, August 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa  
Sun 8 Sutra 112  
Vilamba 5120

Mesha Rasi: 23.37    Tihti 23 – 24

**Gulika** 3:32PM – 4:51PM  
Yama 12:53PM – 2:13PM  
424342362 **Rahu** 4:51PM – 6:11PM

**Bharani** Until 11:24AM  
Ganda\* Until 7:50AM  
Taitila Until 7:16PM  
**Ashtami\*** Until 7:53AM

**Ganesha:** Clear    *Sunrise:* 7:36AM  
**Muruga:** Clear    *Sunset:* 6:11PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

**Sivaloka Day**

Routine Work    Prabalarishta Yoga  
Until 11:24AM  
Then Creative Work - Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 9 Sutra 113 Vilamba 5120
<b>1</b>	Vrishabha Rasi: 7.18 Family Home Evening Routine Work Marana Yoga Until 10:29AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:13PM – 3:32PM Yama 11:34AM – 12:53PM Rahu 8:55AM – 10:14AM	<b>Krittika Until 10:29AM</b> Dhruva Until 2:57AM Tue Visti Until 4:24AM Tue Navami* Until 6:28AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – White Ashada*Adi	<b>Sunrise:</b> 7:35AM <b>Sunset:</b> 6:11PM	Moon 7 - Phase 16 2nd Phase <b>Sivaloka Day</b>

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Cape Town, South Africa Sun 10 Sutra 114 Vilamba 5120
<b>2</b>	Vrishabha Rasi: 21.24 Creative Work Amrita Yoga Until 9:13AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:53PM – 2:13PM Yama 10:14AM – 11:33AM Rahu 3:33PM – 4:52PM	<b>Rohini Until 9:13AM</b> Vyaghata* Until 11:47PM Bava Until 3:10PM Ekadashi* Until 1:46AM Wed	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow Ashada*Adi	<b>Sunrise:</b> 7:34AM <b>Sunset:</b> 6:12PM	Moon 7 - Phase 16 2nd Phase <b>Devaloka Day</b>

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava Karana Dvadashyam Titau				Cape Town, South Africa Sun 11 Sutra 115 Vilamba 5120
<b>3</b>	Mithuna Rasi: 5.53 Creative Work Siddha Yoga	<b>Gulika</b> 11:33AM – 12:53PM Yama 8:53AM – 10:13AM Rahu 12:53PM – 2:13PM	<b>Mrigashira Until 7:16AM</b> Harshana Until 8:13PM Kaulava Until 12:17PM Dvadashi* Until 10:40PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow Ashada*Adi	<b>Sunrise:</b> 7:33AM <b>Sunset:</b> 6:13PM	Moon 7 - Phase 16 2nd Phase <b>Devaloka Day</b>

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Cape Town, South Africa Sun 12 Sutra 116 Vilamba 5120
<b>4</b>	Mithuna Rasi: 20.41 Creative Work Amrita Yoga Until 3:37PM Fri Then Routine Work - Marana Yoga	<b>Gulika</b> 10:13AM – 11:33AM Yama 7:32AM – 8:52AM Rahu 2:13PM – 3:33PM	<b>Punarvasu Until 3:37PM Fri</b> Vajra* Until 4:21PM Gara Until 9:00AM Trayodashi* Until 7:14PM	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Blue Ashada*Adi	<b>Sunrise:</b> 7:32AM <b>Sunset:</b> 6:14PM	Moon 7 - Phase 16 2nd Phase <b>Devaloka Day</b>
<i>Pradosha Vrata (Fasting)</i>						

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 117 Vilamba 5120
<b>5</b>	Kataka Rasi: 5.43 Routine Work Marana Yoga	<b>Gulika</b> 8:52AM – 10:12AM Yama 3:33PM – 4:54PM Rahu 11:32AM – 12:53PM	<b>Punarvasu Until 3:37PM</b> Siddhi Until 7:72AM Sat Catuspada Until 1:48AM Sat Chaturdashi* Until 3:37PM	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Blue Ashada*Adi	<b>Sunrise:</b> 7:31AM <b>Sunset:</b> 6:14PM	Moon 7 - Phase 16 2nd Phase <b>Devaloka Day</b>

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cape Town, South Africa Sun 14 Sutra 118 Vilamba 5120
<b>Retreat Star</b>	Kataka Rasi: 20.5 Routine Work Marana Yoga Until 11:57AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:30AM – 8:51AM Yama 2:13PM – 3:34PM Rahu 10:11AM – 11:32AM	<b>Pushya Until 11:57AM</b> Vyatipata* Until 3:70AM Sun Kintughna Until 9:70PM Amavasya* Until 7:72AM Sat	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Blue Ashada*Adi	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 6:15PM	Moon 7 - Phase 16 Amavasya <b>Devaloka Day</b>
<b>Partial Solar Eclipse</b>						

<b>Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 119 Vilamba 5120
<b>Retreat Star</b>	Simha Rasi: 5.54 Routine Work Marana Yoga Until 5:56PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:34PM – 4:55PM Yama 12:52PM – 2:13PM Rahu 4:55PM – 6:16PM	<b>Magha* Until 5:56PM</b> Parigha* Until 5:56PM Kaulava Until 6:44PM Prathama* Until 3:70AM Sun	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Red Sravana*Adi	<b>Sunrise:</b> 7:29AM <b>Sunset:</b> 6:16PM	Moon 7 - Phase 16 Prathama <b>Sivaloka Day</b>

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	<b>Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Cape Town, South Africa Sun 16 Sutra 120 Vilamba 5120	
	Simha Rasi: 20.46	Tithi 3	<b>Gulika</b> 2:13PM – 3:34PM	<b>Purvaphalguni</b> Until 3:38PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:28AM		
	<b>Family Home Evening</b>	455342362	Yama 11:31AM – 12:52PM	Shiva Until 3:38PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:16PM	Moon 7 - Phase 17	
	Creative Work Siddha Yoga		<b>Rahu</b> 8:49AM – 10:10AM	Taitila Until 3:39PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Tritiya</b> Until 2:16AM Tue	<b>Sravana-Adi</b>		<b>Sivaloka Day</b>		

2	<b>Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Balava Karana Chaturthyam Titau				Cape Town, South Africa Sun 17 Sutra 121 Vilamba 5120	
	Kanya Rasi: 5.19	Tithi 4	<b>Gulika</b> 12:52PM – 2:13PM	<b>Uttaraphalguni</b> Until 1:42PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:27AM		
		455342362	Yama 10:10AM – 11:31AM	Siddha Until 1:42PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 7 - Phase 17	
	Creative Work Amrita Yoga		<b>Rahu</b> 3:35PM – 4:56PM	Vanija Until 1:03PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 1:42PM Then Creative Work - Siddha Yoga			<b>Chaturthi*</b> Until 11:58PM	<b>Sravana-Adi</b>		<b>Sivaloka Day</b>		

3	<b>Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 122 Vilamba 5120	
	Kanya Rasi: 19.28	Tithi 5	<b>Gulika</b> 11:30AM – 12:52PM	<b>Hasta</b> Until 12:42PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:26AM		
		465342362	Yama 8:47AM – 10:09AM	Sadhya Until 3:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 7 - Phase 17	
	Routine Work Marana Yoga		<b>Rahu</b> 12:52PM – 2:13PM	Bava Until 11:05AM	<b>Nataraja:</b> Clear		3rd Phase	
Until 12:42PM Then Creative Work - Siddha Yoga			<b>Nag Panchami</b>	<b>Panchami</b> Until 10:22PM	<b>Sravana-Adi</b>		<b>Subha Sivaloka Day</b>	

4	<b>Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava Karana Shashthyam Titau				Cape Town, South Africa Sun 19 Sutra 123 Vilamba 5120	
	Tula Rasi: 3.09	Tithi 6	<b>Gulika</b> 10:08AM – 11:30AM	<b>Chitra</b> Until 12:17PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:25AM		
		465342362	Yama 7:25AM – 8:47AM	Subha Until 1:17PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 7 - Phase 17	
	Creative Work Siddha Yoga		<b>Rahu</b> 2:13PM – 3:35PM	Kaulava Until 9:52AM	<b>Nataraja:</b> Clear		3rd Phase	
Until 12:17PM Then Creative Work - Amrita Yoga			<b>Shashthi*</b> Until 9:32PM	<b>Sravana-Adi</b>		<b>Subha Sivaloka Day</b>		

5	<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Cape Town, South Africa Sun 20 Sutra 124 Vilamba 5120	
	Tula Rasi: 16.23	Tithi 7	<b>Gulika</b> 8:46AM – 10:08AM	<b>Svati</b> Until 12:30PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:24AM		
		565342362	Yama 3:35PM – 4:57PM	Sukla Until 12:00PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 7 - Phase 17	
	Creative Work Siddha Yoga		<b>Rahu</b> 11:30AM – 12:51PM	Gara Until 9:26AM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Saptami</b> Until 9:31PM	<b>Sravana-Avani</b>		<b>Sivaloka Day</b>		

D	<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Cape Town, South Africa Sun 21 Sutra 125 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 7:23AM – 8:45AM	<b>Vishakha</b> Until 1:49PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:23AM		
	Tula Rasi: 29.13	Tithi 8	Yama 2:13PM – 3:35PM	Brahma Until 11:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 7 - Phase 17	
		575342362	<b>Rahu</b> 10:07AM – 11:29AM	Visti Until 9:50AM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 10:17PM	<b>Sravana-Avani</b>		<b>Subha Sivaloka Day</b>		

S	<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau				Cape Town, South Africa Sun 22 Sutra 126 Vilamba 5120	
	<b>Retreat Star</b>		<b>Gulika</b> 3:36PM – 4:58PM	<b>Anuradha</b> Until 3:42PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:22AM		
	Vrischika Rasi: 11.42	Tithi 9	Yama 12:51PM – 2:13PM	Indra Until 11:18AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 7 - Phase 17	
		575442362	<b>Rahu</b> 4:58PM – 6:20PM	Balava Until 10:58AM	<b>Nataraja:</b> Clear		Navami	
Routine Work Marana Yoga			<b>Navami*</b> Until 11:45PM	<b>Sravana-Avani</b>		<b>Sivaloka Day</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>	<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Cape Town, South Africa Sun 23 Sutra 127 Vilamba 5120	
	Vrischika Rasi: 23.53	Tithi 10	<b>Gulika</b> 2:13PM – 3:36PM	<b>Jyeshtha* Until 6:00PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM		
<b>Family Home Evening</b>	575442362	Yama 11:28AM – 12:51PM	Vaidhriti* Until 11:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:21PM	Moon 7 - Phase 18		
Creative Work Siddha Yoga		<b>Rahu</b> 8:43AM – 10:06AM	Tailila Until 14:58AM Tue	<b>Nataraja:</b> Clear		4th Phase		
			<b>Dashami Until 11:18AM</b>	Moon – Orange		<b>Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

<b>2</b>	<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Cape Town, South Africa Sun 24 Sutra 128 Vilamba 5120	
	Dhanus Rasi: 5.53	Tithi 11	<b>Gulika</b> 12:51PM – 2:13PM	<b>Mula* Until 9:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM		
Creative Work Amrita Yoga	586442362	Yama 10:05AM – 11:28AM	Vishkambha* Until 12:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 18		
Until 9:02PM		<b>Rahu</b> 3:36PM – 4:59PM	Vanija Until 2:58PM	<b>Nataraja:</b> Clear		4th Phase		
Then Creative Work - Siddha Yoga			<b>Ekadashi Until 4:11AM Wed</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

<b>3</b>	<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Cape Town, South Africa Sun 25 Sutra 129 Vilamba 5120	
	Dhanus Rasi: 17.44	Tithi 12	<b>Gulika</b> 11:27AM – 12:50PM	<b>Purvashadha* Until 12:08AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:18AM		
Creative Work Amrita Yoga	586442362	Yama 8:41AM – 10:04AM	Priti Until 1:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 18		
Until 12:08AM Thu		<b>Rahu</b> 12:50PM – 2:13PM	Bava Until 5:29PM	<b>Nataraja:</b> Clear		4th Phase		
Then Routine Work - Marana Yoga			<b>Dvadashi Until 6:46AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

<b>4</b>	<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 130 Vilamba 5120	
	Dhanus Rasi: 29.32	Tithi 12 – 13	<b>Gulika</b> 10:03AM – 11:27AM	<b>Uttarashadha Until 3:07AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:17AM		
Routine Work Marana Yoga	586442362	Yama 7:17AM – 8:40AM	Ayushman Until 2:35PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 18		
		<b>Rahu</b> 2:13PM – 3:37PM	Kaulava Until 8:06PM	<b>Nataraja:</b> Clear		4th Phase		
			<b>Dvadashi Until 6:46AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

*Pradosha Vrata*

<b>5</b>	<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 131 Vilamba 5120	
	Makara Rasi: 11.2	Tithi 13 – 14	<b>Gulika</b> 8:39AM – 10:03AM	<b>Shravana Until 6:19AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:16AM		
Routine Work Marana Yoga	596442362	Yama 3:37PM – 5:00PM	Saubhagya Until 3:39PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 18		
Until 6:19AM Sat		<b>Rahu</b> 11:26AM – 12:50PM	Gara Until 10:38PM	<b>Nataraja:</b> Clear		4th Phase		
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>	<b>Trayodashi Until 2:35PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

<b>○</b>	<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Cape Town, South Africa Sun 28 Sutra 132 Vilamba 5120	
	Makara Rasi: 23.1	Tithi 14 – 15	<b>Gulika</b> 7:15AM – 8:38AM	<b>Shravana Until 6:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:15AM		
Creative Work Siddha Yoga	596442362	Yama 2:13PM – 3:37PM	Sobhana Until 4:36PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 18		
		<b>Rahu</b> 10:02AM – 11:26AM	Visti Until 12:58AM Sun	<b>Nataraja:</b> Clear		Purnima		
		<b>Avani Avittam</b>	<b>Chaturdashi* Until 3:39PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

<b>○</b>	<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cape Town, South Africa Sun 29 Sutra 133 Vilamba 5120	
	Kumbha Rasi: 5.06	Tithi 15 – 16	<b>Gulika</b> 3:37PM – 5:01PM	<b>Dhanishtha Until 9:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:13AM		
Routine Work Marana Yoga	596442362	Yama 12:49PM – 2:13PM	Athiganda* Until 5:17PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 18		
Until 9:07AM		<b>Rahu</b> 5:01PM – 6:25PM	Balava Until 2:58AM Mon	<b>Nataraja:</b> Clear		Prathama		
Then Creative Work - Siddha Yoga			<b>Purnima* Until 1:59PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>		
				<b>Sravana-Avani</b>				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.1 Tihi 16 – 17

Family Home Evening

517442363

Gulika 2:13PM – 3:37PM  
Yama 11:25AM – 12:49PM  
Rahu 8:36AM – 10:01AM

Shatabhishak Until 11:25AM  
Sukarma Until 5:43PM  
Taitila Until 4:35AM Tue

Ganesha: White Sunrise: 7:12AM  
Muruga: Clear Sunset: 6:26PM  
Nataraja: Clear  
Moon – Purple

Sravana-Avani

Subha Sivaloka Day

Then Routine Work - Marana Yoga

1

Tuesday, August 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada\*/Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.23 Tihi 17 – 18

Routine Work Marana Yoga

517452363

Gulika 12:49PM – 2:13PM  
Yama 10:00AM – 11:24AM  
Rahu 3:38PM – 5:02PM

Purvaproshtapada\* Until 1:39PM  
Dhriti Until 5:50PM  
Vanija Until 5:46AM Wed

Ganesha: Clear Sunrise: 7:11AM  
Muruga: Purple Sunset: 6:27PM  
Nataraja: Purple  
Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

2

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada\*/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\* Karana Tritiyayam Titau

Cape Town, South Africa

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.47 Tihi 18

Creative Work Siddha Yoga

517452363

Gulika 11:24AM – 12:48PM  
Yama 8:34AM – 9:59AM  
Rahu 12:48PM – 2:13PM

Uttaraproshtapada Until 3:18PM  
Shula\* Until 5:34PM  
Visti Until 6:10PM

Ganesha: Clear Sunrise: 7:10AM  
Muruga: Purple Sunset: 6:27PM  
Nataraja: Purple  
Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

3

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Bava/Balava Karana Chaturthyam Titau

Cape Town, South Africa

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.24 Tihi 19

Creative Work Siddha Yoga

517452363

Gulika 9:58AM – 11:23AM  
Yama 7:08AM – 8:33AM  
Rahu 2:13PM – 3:38PM

Revati Until 4:21PM  
Ganda\* Until 4:58PM  
Bava Until 6:30AM

Ganesha: Clear Sunrise: 7:08AM  
Muruga: Purple Sunset: 6:28PM  
Nataraja: Purple  
Moon – Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

4

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.13 Tihi 20

Creative Work Amrita Yoga

527452363

Gulika 8:32AM – 9:57AM  
Yama 3:38PM – 5:03PM  
Rahu 11:23AM – 12:48PM

Ashvini Until 5:16PM  
Vridhi Until 4:01PM  
Kaulava Until 6:47AM

Ganesha: Purple Sunrise: 7:07AM  
Muruga: Purple Sunset: 6:29PM  
Nataraja: Purple  
Moon – White

Sravana-Avani

Bhuloka Day

Then Creative Work - Siddha Yoga

5

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.17 Tihi 21

Creative Work Siddha Yoga

527452363

Gulika 7:06AM – 8:31AM  
Yama 2:13PM – 3:38PM  
Rahu 9:57AM – 11:22AM

Bharani Until 5:32PM  
Dhruva Until 2:40PM  
Gara Until 5:53AM Sun

Ganesha: Purple Sunrise: 7:06AM  
Muruga: Purple Sunset: 6:29PM  
Nataraja: Purple  
Moon – White

Sravana-Avani

Bhuloka Day

Then Creative Work - Amrita Yoga

6

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 3.37 Tihi 22 – 23

Creative Work Siddha Yoga

527452363

Gulika 3:38PM – 5:04PM  
Yama 12:47PM – 2:13PM  
Rahu 5:04PM – 6:30PM

Krittika Until 5:11PM  
Vyaghata\* Until 12:55PM  
Balava Until 4:41AM Mon

Ganesha: Purple Sunrise: 7:04AM  
Muruga: Purple Sunset: 6:30PM  
Nataraja: Purple  
Moon – White

Sravana-Avani

Bhuloka Day

Then Creative Work - Amrita Yoga

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 17.13 Tihi 23 – 24

Family Home Evening

537452363

Gulika 2:13PM – 3:39PM  
Yama 11:21AM – 12:47PM  
Rahu 8:29AM – 9:55AM

Rohini Until 4:36PM  
Harshana Until 10:47AM  
Taitila Until 3:00AM Tue

Ganesha: Clear Sunrise: 7:03AM  
Muruga: Purple Sunset: 6:31PM  
Nataraja: Purple  
Moon – Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

Krishna Janmashtami

Ashtami\* Until 3:53PM

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Cape Town, South Africa

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.07 Tihi 24 – 25

Creative Work Siddha Yoga

538452363

Gulika 12:46PM – 2:13PM  
Yama 9:54AM – 11:20AM  
Rahu 3:39PM – 5:05PM

Mrigashira Until 3:24PM  
Vajra\* Until 8:12AM  
Vanija Until 12:49AM Wed

Ganesha: White Sunrise: 7:02AM  
Muruga: Purple Sunset: 6:31PM  
Nataraja: Purple  
Moon – Yellow

Sravana-Avani

Devaloka Day

Then Routine Work - Marana Yoga

Navami\* Until 1:57PM

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Cape Town, South Africa Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 15.2	Tithi 25 – 26	<b>Gulika</b>	<b>11:20AM – 12:46PM</b>	<b>Ardra Until 1:37PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:00AM	
		Yama	8:27AM – 9:53AM	Vyatipata* Until 2:00AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	538452363	<b>Rahu</b>	Bava Until 10:13PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>12:46PM – 2:13PM</b>	<b>Dashami Until 11:33AM</b>	Moon – Yellow		<b>Devaloka Day</b>
					<b>Sravana-Avani</b>		

<b>2</b>		<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau		Cape Town, South Africa Sun 10 Sutra 144 Vilamba 5120	
Mithuna Rasi: 29.5	Tithi 26 – 27	<b>Gulika</b>	<b>9:52AM – 11:19AM</b>	<b>Punarvasu Until 11:43AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:59AM	
		Yama	6:59AM – 8:26AM	Variyan Until 11:43AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20
Creative Work	Amrita Yoga	548452363	<b>Rahu</b>	Taitila Until 5:42AM Fri	<b>Nataraja:</b> Purple		2nd Phase
			<b>2:12PM – 3:39PM</b>	<b>Ekadashi* Until 8:46AM</b>	Moon – Blue		<b>Bhuloka Day</b>
					<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM

<b>3</b>		<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Cape Town, South Africa Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 14.33	Tithi 28	<b>Gulika</b>	<b>8:25AM – 9:52AM</b>	<b>Pushya Until 9:24AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:58AM	
		Yama	3:39PM – 5:06PM	Parigha* Until 6:43PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20
Routine Work	Marana Yoga	548452363	<b>Rahu</b>	Gara Until 4:07PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>11:19AM – 12:45PM</b>	<b>Trayodashi* Until 2:28AM Sat</b>	Moon – Blue		<b>Bhuloka Day</b>
					<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM
					<i>Pradosha Vrata (Fasting)</i>		

<b>4</b>		<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Cape Town, South Africa Sun 12 Sutra 146 Vilamba 5120	
Kataka Rasi: 29.24	Tithi 29	<b>Gulika</b>	<b>6:56AM – 8:24AM</b>	<b>Ashlesha* Until 6:49AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:56AM	
		Yama	2:12PM – 3:39PM	Shiva Until 2:56PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20
Routine Work	Marana Yoga	548452363	<b>Rahu</b>	Visti Until 12:50PM	<b>Nataraja:</b> Purple		2nd Phase
Until 6:49AM			<b>9:51AM – 11:18AM</b>	<b>Chaturdashi* Until 11:11PM</b>	Moon – Blue		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM

<b>●</b>		<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada* Karana Amavasyayam Titau		Cape Town, South Africa Sun 13 Sutra 147 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	<b>3:40PM – 5:07PM</b>	<b>Purvaphalguni Until 2:08AM Mon</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:55AM	
Simha Rasi: 14.16	Tithi 30	Yama	12:45PM – 2:12PM	Siddha Until 11:09AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	558452363	<b>Rahu</b>	Catuspada Until 9:35AM	<b>Nataraja:</b> Purple		Amavasya
			<b>5:07PM – 6:34PM</b>	<b>Amavasya* Until 8:00PM</b>	Moon – Red		<b>Bhuloka Day</b>
					<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM
					<b>Grandparent's Day</b>		

<b>Monday, September 10, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Cape Town, South Africa Sun 14 Sutra 148 Vilamba 5120	
Simha Rasi: 29.01	Tithi 1 – 2	<b>Gulika</b>	<b>2:12PM – 3:40PM</b>	<b>Uttaraphalguni Until 11:58PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:54AM	
<b>Family Home Evening</b>		Yama	11:17AM – 12:44PM	Sadhya Until 7:32AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20
Creative Work	Siddha Yoga	559452363	<b>Rahu</b>	Kintughna Until 6:31AM	<b>Nataraja:</b> Purple		Prathama
			<b>8:21AM – 9:49AM</b>	<b>Prathama* Until 5:04PM</b>	Moon – Red		<b>Bhuloka Day</b>
					<b>Bhadrapada-Avani</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b> Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Cape Town, South Africa Sun 15 Sutra 149 Vilamba 5120
Kanya Rasi: 13.31	Tithi 2 – 3	<b>Gulika</b> 12:44PM – 2:12PM	<b>Hasta</b> <b>Until 10:33PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:52AM
		Yama 9:48AM – 11:16AM	Sukla <b>Until 1:17AM</b> Wed	<b>Muruga:</b> Purple <i>Sunset:</i> 6:36PM
		569452363 <b>Rahu</b> 3:40PM – 5:08PM	Taitila <b>Until 1:31AM</b> Wed	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 2:34PM</b>	Moon – Green
				<b>Bhuloka Day</b> Bhadrapada-Avani

<b>2</b> Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Cape Town, South Africa Sun 16 Sutra 150 Vilamba 5120
Kanya Rasi: 27.41	Tithi 3 – 4	<b>Gulika</b> 11:16AM – 12:44PM	<b>Chitra</b> <b>Until 9:35PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:51AM
		Yama 8:19AM – 9:47AM	Brahma <b>Until 10:53PM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 6:36PM
		569452363 <b>Rahu</b> 12:44PM – 2:12PM	Vanija <b>Until 11:54PM</b>	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 12:37PM</b>	Moon – Green
				<b>Bhuloka Day</b> Bhadrapada-Avani

<b>3</b> Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau		Cape Town, South Africa Sun 17 Sutra 151 Vilamba 5120
Tula Rasi: 11.25	Tithi 4 – 5	<b>Gulika</b> 9:47AM – 11:15AM	<b>Svati</b> <b>Until 9:12PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:50AM
		Yama 6:50AM – 8:18AM	Indra <b>Until 9:04PM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 6:37PM
		569452363 <b>Rahu</b> 2:12PM – 3:40PM	Bava <b>Until 11:02PM</b>	<b>Nataraja:</b> Purple
Creative Work	Amrita Yoga		<b>Chaturthi</b> <b>Until 11:21AM</b>	Moon – Green
Until 9:12PM		<b>Ganesha Chaturthi</b>		<b>Bhuloka Day</b> Bhadrapada-Avani
Then Creative Work - Siddha Yoga				

<b>4</b> Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Cape Town, South Africa Sun 18 Sutra 152 Vilamba 5120
Tula Rasi: 24.44	Tithi 5 – 6	<b>Gulika</b> 8:17AM – 9:46AM	<b>Vishakha</b> <b>Until 9:56PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:48AM
		Yama 3:40PM – 5:09PM	Vaidhriti* <b>Until 7:53PM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 6:38PM
		579552363 <b>Rahu</b> 11:14AM – 12:43PM	Kaulava <b>Until 10:59PM</b>	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 10:53AM</b>	Moon – Orange
				<b>Devaloka Day</b> Bhadrapada-Avani

<b>5</b> Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila Karana Shashthi/Saptamyam Titau		Cape Town, South Africa Sun 19 Sutra 153 Vilamba 5120
Vrischika Rasi: 7.37	Tithi 6 – 7	<b>Gulika</b> 6:47AM – 8:16AM	<b>Anuradha</b> <b>Until 11:18PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:47AM
		Yama 2:12PM – 3:41PM	Vishkambha* <b>Until 7:22PM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 6:38PM
		579552363 <b>Rahu</b> 9:45AM – 11:14AM	Taitila <b>Until 11:15AM</b>	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		<b>Shashthi</b> <b>Until 11:15AM</b>	Moon – Orange
				<b>Devaloka Day</b> Bhadrapada-Avani

<b>6</b> Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Cape Town, South Africa Sun 20 Sutra 154 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:41PM – 5:10PM	<b>Jyeshtha*</b> <b>Until 1:14AM</b> Mon	<b>Ganesha:</b> White <i>Sunrise:</i> 6:46AM
Vrischika Rasi: 20.07	Tithi 7 – 8	Yama 12:42PM – 2:12PM	Priti <b>Until 7:27PM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 6:39PM
		579552363 <b>Rahu</b> 5:10PM – 6:39PM	Visti <b>Until 1:17AM</b> Mon	<b>Nataraja:</b> Purple
Routine Work	Marana Yoga		<b>Saptami</b> <b>Until 12:25PM</b>	Moon – Orange
Until 1:14AM Mon				<b>Devaloka Day</b> Bhadrapada-Avani
Then Creative Work - Siddha Yoga				

<b>7</b> Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cape Town, South Africa Sun 21 Sutra 155 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:11PM – 3:41PM	<b>Mula*</b> <b>Until 4:04AM</b> Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:44AM
Dhanus Rasi: 2.18	Tithi 8 – 9	Yama 11:13AM – 12:42PM	Ayushman <b>Until 7:59PM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 6:40PM
<b>Family Home Evening</b>		589552363 <b>Rahu</b> 8:14AM – 9:43AM	Balava <b>Until 3:24AM</b> Tue	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 2:16PM</b>	Moon – Light Blue
				<b>Bhuloka Day</b> Bhadrapada-Puratasi
				Devaloka Time: 9:AM to 12:PM

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b> Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 14.17	Tithi 9 – 10	<b>Gulika</b> 12:42PM – 2:11PM	<b>Purvashadha* Until 7:06AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:43AM</i>	<b>Muruga:</b> Purple <i>Sunset: 6:40PM</i>	Moon 8 - Phase 22 4th Phase
		Yama 9:42AM – 11:12AM	Saubhagya Until 8:52PM	<b>Nataraja:</b> Purple		
		581552363 <b>Rahu</b> 3:41PM – 5:11PM	Taitila Until 5:54AM Wed	Moon – Light Blue		
Creative Work	Siddha Yoga		<b>Navami* Until 4:36PM</b>	<b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 7:06AM Wed						
Then Creative Work - Amrita Yoga						

<b>2</b> Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Cape Town, South Africa Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 26.07	Tithi 10	<b>Gulika</b> 11:11AM – 12:41PM	<b>Purvashadha* Until 7:06AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:41AM</i>	<b>Muruga:</b> Purple <i>Sunset: 6:41PM</i>	Moon 8 - Phase 22 4th Phase
		Yama 8:11AM – 9:41AM	Sobhana Until 9:56PM	<b>Nataraja:</b> Purple		
		581552363 <b>Rahu</b> 12:41PM – 2:11PM	Gara Until 7:12PM	Moon – Light Blue		
Creative Work	Amrita Yoga		<b>Dashami Until 7:12PM</b>	<b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM

<b>3</b> Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Cape Town, South Africa Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 7.55	Tithi 11	<b>Gulika</b> 9:40AM – 11:11AM	<b>Uttarashadha Until 10:04AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:40AM</i>	<b>Muruga:</b> Purple <i>Sunset: 6:42PM</i>	Moon 8 - Phase 22 4th Phase
		Yama 6:40AM – 8:10AM	Athiganda* Until 10:58PM	<b>Nataraja:</b> Purple		
		581552363 <b>Rahu</b> 2:11PM – 3:41PM	Vanija Until 8:32AM	Moon – Light Blue		
Routine Work	Marana Yoga		<b>Ekadashi Until 9:48PM</b>	<b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 10:04AM						
Then Creative Work - Siddha Yoga						

<b>4</b> Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Cape Town, South Africa Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 19.43	Tithi 12	<b>Gulika</b> 8:09AM – 9:40AM	<b>Shravana Until 1:16PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:39AM</i>	<b>Muruga:</b> Purple <i>Sunset: 6:42PM</i>	Moon 8 - Phase 22 4th Phase
		Yama 3:42PM – 5:12PM	Sukarma Until 11:51PM	<b>Nataraja:</b> Purple		
		591552363 <b>Rahu</b> 11:10AM – 12:41PM	Bava Until 11:04AM	Moon – Purple		
Routine Work	Marana Yoga		<b>Dvadashi Until 12:13AM Sat</b>	<b>Bhadrapada-Puratasi</b>	<b>Devaloka Day</b>	
Until 1:16PM						
Then Creative Work - Siddha Yoga						

<b>5</b> Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 1.38	Tithi 13	<b>Gulika</b> 6:37AM – 8:08AM	<b>Dhanishtha Until 4:01PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:37AM</i>	<b>Muruga:</b> Purple <i>Sunset: 6:43PM</i>	Moon 8 - Phase 22 4th Phase
		Yama 2:11PM – 3:42PM	Dhriti Until 12:28AM Sun	<b>Nataraja:</b> Purple		
		591552363 <b>Rahu</b> 9:39AM – 11:09AM	Kaulava Until 1:19PM	Moon – Purple		
Creative Work	Siddha Yoga		<b>Trayodashi Until 2:16AM Sun</b>	<b>Bhadrapada-Puratasi</b>	<b>Devaloka Day</b>	
Until 4:01PM						
Then Creative Work - Amrita Yoga						

<b>6</b> Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 13.43	Tithi 14	<b>Gulika</b> 3:42PM – 5:13PM	<b>Shatabhishak Until 6:11PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:36AM</i>	<b>Muruga:</b> Purple <i>Sunset: 6:44PM</i>	Moon 8 - Phase 22 4th Phase
		Yama 12:40PM – 2:11PM	Shula* Until 12:42AM Mon	<b>Nataraja:</b> Purple		
		591552363 <b>Rahu</b> 5:13PM – 6:44PM	Gara Until 3:09PM	Moon – Purple		
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:51AM Mon</b>	<b>Bhadrapada-Puratasi</b>	<b>Devaloka Day</b>	

<b>○</b> Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti* Karana Purnimayam Titau				Cape Town, South Africa Sun 27 Sutra 162 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:11PM – 3:42PM	<b>Purvaproshtapada* Until 8:11PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:34AM</i>	<b>Muruga:</b> Purple <i>Sunset: 6:45PM</i>	Moon 8 - Phase 22 Purnima
Kumbha Rasi: 25.58	Tithi 15	Yama 11:08AM – 12:40PM	Ganda* Until 12:34AM Tue	<b>Nataraja:</b> Purple		
<b>Family Home Evening</b>		511552363 <b>Rahu</b> 8:06AM – 9:37AM	Visti Until 4:28PM	Moon – Clear		
Routine Work	Marana Yoga		<b>Purnima* Until 4:55AM Tue</b>	<b>Bhadrapada-Puratasi</b>	<b>Devaloka Day</b>	
Until 8:11PM						
Then Creative Work - Siddha Yoga						

<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Cape Town, South Africa Sun 27 Sutra 163 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:39PM – 2:11PM	<b>Uttaraproshtapada Until 9:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:33AM</i>	<b>Muruga:</b> Purple <i>Sunset: 6:45PM</i>	Moon 8 - Phase 22 Prathama
Meena Rasi: 8.27	Tithi 16	Yama 9:36AM – 11:08AM	Vriddhi Until 12:02AM Wed	<b>Nataraja:</b> Purple		
		511552363 <b>Rahu</b> 3:42PM – 5:14PM	Balava Until 5:16PM	Moon – Clear		
Creative Work	Amrita Yoga		<b>Prathama* Until 5:28AM Wed</b>	<b>Bhadrapada-Puratasi</b>	<b>Devaloka Day</b>	
Until 9:31PM						
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 21.1 Tihi 17

Gulika 11:07AM - 12:39PM  
Yama 8:03AM - 9:35AM  
Rahu 12:39PM - 2:11PM

Revati Until 10:14PM  
Dhruva Until 11:06PM  
Taitila Until 5:35PM

Ganesh: Purple Sunrise: 6:32AM  
Muruga: Purple Sunset: 6:46PM  
Nataraja: Purple

Routine Work Marana Yoga

Dvitiya Until 5:33AM Thu

Moon - Clear  
Bhadrapada-Puratasi

Devaloka Day

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 4.07 Tihi 18

Gulika 9:34AM - 11:06AM  
Yama 6:30AM - 8:02AM  
Rahu 2:11PM - 3:43PM

Ashvini Until 10:50PM  
Vyaghata\* Until 9:51PM  
Vanija Until 5:28PM  
Tritiya Until 5:14AM Fri

Ganesh: Clear Sunrise: 6:30AM  
Muruga: Purple Sunset: 6:47PM  
Nataraja: Purple  
Moon - White

Creative Work Amrita Yoga

Until 10:50PM

Then Creative Work - Siddha Yoga

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Cape Town, South Africa

Sun 2 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 17.16 Tihi 19

Gulika 8:01AM - 9:34AM  
Yama 3:43PM - 5:15PM  
Rahu 11:06AM - 12:38PM

Bharani Until 10:55PM  
Harshana Until 8:19PM  
Bava Until 4:57PM  
Chaturthi\* Until 4:33AM Sat

Ganesh: Clear Sunrise: 6:29AM  
Muruga: Purple Sunset: 6:47PM  
Nataraja: Purple  
Moon - White

Creative Work Siddha Yoga

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Kritika Nakshatra Vajra\* Yoga Kaulava Karana Panchamyam Titau

Cape Town, South Africa

Sun 3 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 0.37 Tihi 20

Gulika 6:28AM - 8:00AM  
Yama 2:10PM - 3:43PM  
Rahu 9:33AM - 11:05AM

Krittika Until 10:32PM  
Vajra\* Until 6:29PM  
Kaulava Until 4:06PM  
Panchami Until 3:33AM Sun

Ganesh: Clear Sunrise: 6:28AM  
Muruga: Purple Sunset: 6:48PM  
Nataraja: Purple  
Moon - White

Creative Work Amrita Yoga

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Sun 4 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 14.07 Tihi 21

Gulika 3:43PM - 5:16PM  
Yama 12:37PM - 2:10PM  
Rahu 5:16PM - 6:49PM

Rohini Until 10:09PM  
Siddhi Until 4:26PM  
Gara Until 2:57PM  
Shashthi\* Until 2:15AM Mon

Ganesh: Purple Sunrise: 6:26AM  
Muruga: Purple Sunset: 6:49PM  
Nataraja: Purple  
Moon - Yellow

Creative Work Siddha Yoga

Bhadrapada-Puratasi

Bhuloka Day

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Cape Town, South Africa

Sun 5 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 27.49 Tihi 22

Family Home Evening

Creative Work Amrita Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

Gulika 2:10PM - 3:43PM  
Yama 11:04AM - 12:37PM  
Rahu 7:58AM - 9:31AM

Mrigashira Until 9:21PM  
Vyatipata\* Until 2:09PM  
Visti Until 1:31PM  
Saptami Until 12:40AM Tue

Ganesh: Purple Sunrise: 6:25AM  
Muruga: Purple Sunset: 6:49PM  
Nataraja: Purple  
Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa

Sun 6 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 11.4 Tihi 23

Gulika 12:37PM - 2:10PM  
Yama 9:30AM - 11:03AM  
Rahu 3:43PM - 5:17PM

Ardra Until 8:42PM Wed  
Variyan Until 11:38AM  
Balava Until 11:48AM  
Ashtami\* Until 10:49PM

Ganesh: Purple Sunrise: 6:24AM  
Muruga: Purple Sunset: 6:50PM  
Nataraja: Purple  
Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 8:42PM Wed

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa

Sun 7 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 25.42 Tihi 24

Gulika 11:03AM - 12:37PM  
Yama 7:56AM - 9:29AM  
Rahu 12:37PM - 2:10PM

Ardra Until 8:42PM  
Parigha\* Until 5:58AM Thu  
Taitila Until 9:49AM  
Navami\* Until 8:42PM

Ganesh: Clear Sunrise: 6:22AM  
Muruga: Purple Sunset: 6:51PM  
Nataraja: Purple  
Moon - Blue

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Cape Town, South Africa Sun 8 Sutra 172	
Kataka Rasi: 9.54	Tithi 25	<b>Gulika</b>	<b>9:29AM – 11:02AM</b>	<b>Pushya Until 5:19PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:21AM	Vilamba 5120		
		Yama	6:21AM – 7:55AM	Siddha Until 2:50AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:52PM	Moon 9 - Phase 24		
		642552363 <b>Rahu</b>	<b>2:10PM – 3:44PM</b>	Vanija Until 7:35AM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Amrita Yoga			<b>Dashami Until 6:21PM</b>	Moon – Blue		<b>Bhuloka Day</b>		
Until 5:19PM					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM			
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Friday, October 5, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Cape Town, South Africa Sun 9 Sutra 173	
Kataka Rasi: 24.15	Tithi 26 – 27	<b>Gulika</b>	<b>7:54AM – 9:28AM</b>	<b>Ashlesha* Until 3:24PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:19AM	Vilamba 5120		
		Yama	3:44PM – 5:18PM	Sadhya Until 11:36PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:52PM	Moon 9 - Phase 24		
		642552363 <b>Rahu</b>	<b>11:02AM – 12:36PM</b>	Kaulava Until 2:32AM Sat	<b>Nataraja:</b> Purple		2nd Phase		
Routine Work	Marana Yoga			<b>Ekadashi* Until 3:49PM</b>	Moon – Blue		<b>Bhuloka Day</b>		
					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM			

<b>3</b>		<b>Saturday, October 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Cape Town, South Africa Sun 10 Sutra 174	
Simha Rasi: 8.42	Tithi 27 – 28	<b>Gulika</b>	<b>6:18AM – 7:53AM</b>	<b>Magha* Until 1:40PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:18AM	Vilamba 5120		
		Yama	2:10PM – 3:44PM	Subha Until 8:18PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:53PM	Moon 9 - Phase 24		
		652552363 <b>Rahu</b>	<b>9:27AM – 11:01AM</b>	Gara Until 11:53PM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Amrita Yoga			<b>Dvadashi* Until 1:11PM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 1:40PM					<b>Bhadrapada-Puratasi</b>				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>		<b>Sunday, October 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Cape Town, South Africa Sun 11 Sutra 175	
Simha Rasi: 23.1	Tithi 28 – 29	<b>Gulika</b>	<b>3:45PM – 5:19PM</b>	<b>Purvaphalguni Until 11:47AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:17AM	Vilamba 5120		
		Yama	12:35PM – 2:10PM	Sukla Until 5:01PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:54PM	Moon 9 - Phase 24		
		652552363 <b>Rahu</b>	<b>5:19PM – 6:54PM</b>	Visti Until 9:17PM	<b>Nataraja:</b> Purple		2nd Phase		
Creative Work	Siddha Yoga			<b>Trayodashi* Until 10:33AM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 11:47AM					<b>Bhadrapada-Puratasi</b>				
Then Creative Work - Amrita Yoga									

		<b>Monday, October 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Cape Town, South Africa Sun 12 Sutra 176	
<b>Retreat Star</b>		<b>Gulika</b>	<b>2:10PM – 3:45PM</b>	<b>Uttaraphalguni Until 9:53AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:15AM	Vilamba 5120		
Kanya Rasi: 7.35	Tithi 29 – 30	Yama	11:00AM – 12:35PM	Brahma Until 1:52PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 24		
<b>Family Home Evening</b>		652552364 <b>Rahu</b>	<b>7:50AM – 9:25AM</b>	Catuspada Until 6:52PM	<b>Nataraja:</b> Clear		Amavasya		
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:02AM</b>	Moon – Red		<b>Bhuloka Day</b>		
		<b>Mahalaya Amavasai (Tamil Nadu)</b>			<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM			

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau		Cape Town, South Africa Sun 13 Sutra 177	
Kanya Rasi: 21.5	Tithi 1	<b>Gulika</b>	<b>12:35PM – 2:10PM</b>	<b>Hasta Until 8:32AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:14AM	Vilamba 5120		
		Yama	9:24AM – 11:00AM	Indra Until 10:59AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 24		
		662652364 <b>Rahu</b>	<b>3:45PM – 5:20PM</b>	Kintughna Until 4:48PM	<b>Nataraja:</b> Clear		Prathama		
Creative Work	Siddha Yoga			<b>Prathama* Until 3:54AM Wed</b>	Moon – Green		<b>Devaloka Day</b>		
		<b>Navaratri Begins</b>			<b>Ashvina-Puratasi</b>				

<b>1</b>		<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Cape Town, South Africa Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 5.49	Tithi 2	<b>Gulika</b> Yama	<b>10:59AM – 12:34PM</b> 7:48AM – 9:24AM	<b>Chitra Until 7:28AM</b> Vaidhriti* Until 8:25AM	<b>Ganesh:</b> Red <b>Muruga:</b> Purple <b>Nataraja:</b> Clear	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 6:56PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	662652364	<b>Rahu</b> 12:34PM – 2:10PM	Balava Until 3:12PM <b>Dvitiya Until 2:36AM Thu</b>	Moon – Green <b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	
<b>2</b>		<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau		Cape Town, South Africa Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 19.27	Tithi 3	<b>Gulika</b> Yama	<b>9:23AM – 10:59AM</b> 6:12AM – 7:47AM	<b>Svati Until 6:49AM</b> Vishkambha* Until 6:19AM	<b>Ganesh:</b> Red <b>Muruga:</b> Purple <b>Nataraja:</b> Clear	<b>Sunrise:</b> 6:12AM <b>Sunset:</b> 6:57PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Amrita Yoga	662652364	<b>Rahu</b> 2:10PM – 3:46PM	Tailila Until 2:12PM <b>Tritiya Until 1:57AM Fri</b>	Moon – Green <b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	
Until 6:49AM	Then Creative Work - Siddha Yoga						
<b>3</b>		<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Cape Town, South Africa Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 2.42	Tithi 4	<b>Gulika</b> Yama	<b>7:46AM – 9:22AM</b> 3:46PM – 5:22PM	<b>Vishakha Until 7:08AM</b> Ayushman Until 3:49AM Sat	<b>Ganesh:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Clear	<b>Sunrise:</b> 6:10AM <b>Sunset:</b> 6:58PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	673652364	<b>Rahu</b> 10:58AM – 12:34PM	Vanija Until 1:56PM <b>Chaturthi* Until 2:04AM Sat</b>	Moon – Orange <b>Ashvina•Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
<b>4</b>		<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Cape Town, South Africa Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 15.34	Tithi 5	<b>Gulika</b> Yama	<b>6:09AM – 7:45AM</b> 2:10PM – 3:46PM	<b>Anuradha Until 8:03AM</b> Saubhagya Until 3:28AM Sun	<b>Ganesh:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Clear	<b>Sunrise:</b> 6:09AM <b>Sunset:</b> 6:58PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	673652364	<b>Rahu</b> 9:21AM – 10:58AM	Bava Until 2:27PM <b>Panchami Until 2:58AM Sun</b>	Moon – Orange <b>Ashvina•Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
<b>5</b>		<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Cape Town, South Africa Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 28.05	Tithi 6	<b>Gulika</b> Yama	<b>3:46PM – 5:23PM</b> 12:33PM – 2:10PM	<b>Jyeshtha* Until 9:33AM</b> Sobhana Until 3:41AM Mon	<b>Ganesh:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Clear	<b>Sunrise:</b> 6:08AM <b>Sunset:</b> 6:59PM	Moon 9 - Phase 25 3rd Phase
Routine Work	Marana Yoga	673652364	<b>Rahu</b> 5:23PM – 6:59PM	Kaulava Until 3:43PM <b>Shashthi* Until 4:36AM Mon</b>	Moon – Orange <b>Ashvina•Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
Until 9:33AM	Then Creative Work - Amrita Yoga						
<b>6</b>		<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Cape Town, South Africa Sun 19 Sutra 183 Vilamba 5120	
Dhanu Rasi: 10.17	Tithi 7	<b>Gulika</b> Yama	<b>2:10PM – 3:47PM</b> 10:57AM – 12:33PM	<b>Mula* Until 12:03PM</b> Athiganda* Until 4:19AM Tue	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Clear	<b>Sunrise:</b> 6:07AM <b>Sunset:</b> 7:00PM	Moon 9 - Phase 25 3rd Phase
Family Home Evening	Siddha Yoga	683652364	<b>Rahu</b> 7:43AM – 9:20AM	Gara Until 5:40PM <b>Saptami Until 6:49AM Tue</b>	Moon – Light Blue <b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	
Until 12:03PM	Then Routine Work - Marana Yoga						
<b>Retreat Star</b>		<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Cape Town, South Africa Sun 20 Sutra 184 Vilamba 5120	
Dhanu Rasi: 22.16	Tithi 7 – 8	<b>Gulika</b> Yama	<b>12:33PM – 2:10PM</b> 9:19AM – 10:56AM	<b>Purvashadha* Until 2:54PM</b> Sukarma Until 5:15AM Wed	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Clear	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 7:01PM	Moon 9 - Phase 25 Ashtami
Creative Work	Siddha Yoga	683652364	<b>Rahu</b> 3:47PM – 5:24PM	Visti Until 8:05PM <b>Saptami Until 6:49AM</b>	Moon – Light Blue <b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	
Until 2:54PM	Then Routine Work - Prabalarishta Yoga						
<b>Retreat Star</b>		<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cape Town, South Africa Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 4.06	Tithi 8 – 9	<b>Gulika</b> Yama	<b>10:56AM – 12:33PM</b> 7:41AM – 9:18AM	<b>Uttarashadha Until 5:49PM</b> Dhriti Until 9:05PM Thu	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Clear	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 7:02PM	Moon 9 - Phase 25 Navami
Creative Work	Amrita Yoga	683652364	<b>Rahu</b> 12:33PM – 2:10PM	Balava Until 10:44PM <b>Ashtami* Until 5:15AM Wed</b>	Moon – Light Blue <b>Ashvina•Aipasi</b>	<b>Devaloka Day</b>	
Until 5:49PM	Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau			Cape Town, South Africa Sun 22 Sutra 186
Makara Rasi: 15.53	Tithi 9 – 10	<b>Gulika</b> 9:18AM – 10:55AM	<b>Shravana Until 9:05PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:03AM	Vilamba 5120
		Yama 6:03AM – 7:40AM	Dhriti Until 9:05PM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:02PM	Moon 9 - Phase 26
		693652364 <b>Rahu</b> 2:10PM – 3:47PM	Gara Until 14:30AM Fri	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 12:02PM</b>	Moon – Purple	<b>Bhuloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina-Aipasi</b>	Devaloka Time: 6:PM to 9:PM

<b>2 Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Shatabhishak Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Cape Town, South Africa Sun 23 Sutra 187
Makara Rasi: 27.44	Tithi 10 – 11	<b>Gulika</b> 7:39AM – 9:17AM	<b>Dhanishtha Until 11:55PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:02AM	Vilamba 5120
		Yama 3:48PM – 5:25PM	Shula* Until 7:12AM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:03PM	Moon 9 - Phase 26
		693652364 <b>Rahu</b> 10:55AM – 12:32PM	Vanija Until 3:37AM Sat	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:30PM</b>	Moon – Purple	<b>Bhuloka Day</b>
				<b>Ashvina-Aipasi</b>	Devaloka Time: 6:PM to 9:PM

<b>3 Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Shatabhishak Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau			Cape Town, South Africa Sun 24 Sutra 188
Kumbha Rasi: 9.42	Tithi 11 – 12	<b>Gulika</b> 6:00AM – 7:38AM	<b>Shatabhishak Until 2:09AM Sun</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:00AM	Vilamba 5120
		Yama 2:10PM – 3:48PM	Ganda* Until 7:52AM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:04PM	Moon 9 - Phase 26
		693652364 <b>Rahu</b> 9:16AM – 10:54AM	Bava Until 5:25AM Sun	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 4:34PM</b>	Moon – Purple	<b>Bhuloka Day</b>
Until 2:09AM Sun				<b>Ashvina-Aipasi</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga					

<b>4 Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Balava Karana Dvodashyam Titau			Cape Town, South Africa Sun 25 Sutra 189
Kumbha Rasi: 21.52	Tithi 12	<b>Gulika</b> 3:48PM – 5:27PM	<b>Purvaproshtapada* Until 4:07AM Mon</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:59AM	Vilamba 5120
		Yama 12:32PM – 2:10PM	Vriddhi Until 8:09AM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:05PM	Moon 9 - Phase 26
		613652364 <b>Rahu</b> 5:27PM – 7:05PM	Balava Until 6:04PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 6:04PM</b>	Moon – Clear	<b>Bhuloka Day</b>
				<b>Ashvina-Aipasi</b>	Devaloka Time: 6:PM to 9:PM

<b>5 Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 190
Meena Rasi: 4.18	Tithi 13	<b>Gulika</b> 2:10PM – 3:49PM	<b>Uttaraproshtapada Until 5:19AM Tue</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:58AM	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:53AM – 12:32PM	Dhruva Until 7:56AM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:06PM	Moon 9 - Phase 26
		613652364 <b>Rahu</b> 7:37AM – 9:15AM	Kaulava Until 6:36AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 6:56PM</b>	Moon – Clear	<b>Bhuloka Day</b>
				<b>Ashvina-Aipasi</b>	Devaloka Time: 6:PM to 9:PM
				<i>Pradosha Vrata</i>	

<b>6 Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 191
Meena Rasi: 17.01	Tithi 14	<b>Gulika</b> 12:32PM – 2:10PM	<b>Revati Until 5:44AM Wed</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 5:57AM	Vilamba 5120
		Yama 9:14AM – 10:53AM	Vyaghata* Until 7:14AM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:06PM	Moon 9 - Phase 26
		613652364 <b>Rahu</b> 3:49PM – 5:28PM	Gara Until 7:08AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:09PM</b>	Moon – Clear	<b>Bhuloka Day</b>
Until 5:44AM Wed				<b>Ashvina-Aipasi</b>	Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga					

<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau			Cape Town, South Africa Sutra 192
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:53AM – 12:32PM	<b>Ashvini Until 5:56AM Thu</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:56AM	Vilamba 5120
Mesha Rasi: 0.03	Tithi 15	Yama 7:35AM – 9:14AM	Harshana Until 6:03AM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:07PM	Moon 9 - Phase 26
		623652364 <b>Rahu</b> 12:32PM – 2:11PM	Visti Until 7:04AM	<b>Nataraja:</b> Clear	Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 6:47PM</b>	Moon – White	<b>Devaloka Day</b>
Until 5:56AM Thu				<b>Ashvina-Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Bharani Nakshatra Siddhi Yoga Balava/Tailila Karana Prathama/Dvitiyayam Titau			Cape Town, South Africa Sutra 193
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:13AM – 10:52AM	<b>Bharani Until 5:32AM Fri</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:55AM	Vilamba 5120
Mesha Rasi: 13.22	Tithi 16 – 17	Yama 5:55AM – 7:34AM	Siddhi Until 2:27AM Fri	<b>Muruga:</b> Purple <i>Sunset:</i> 7:08PM	Moon 9 - Phase 26
		623652364 <b>Rahu</b> 2:11PM – 3:50PM	Balava Until 6:26AM	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:56PM</b>	Moon – White	<b>Devaloka Day</b>
				<b>Ashvina-Aipasi</b>	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Mesha Rasi: 26.55 Tihi 17 – 18

634652364

**Gulika** 7:33AM – 9:13AM  
**Yama** 3:50PM – 5:30PM  
**Rahu** 10:52AM – 12:31PM

Creative Work Siddha Yoga  
Until 3:07PM Sat  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Krittika** **Until 3:07PM Sat**  
Vyatipata\* Until 12:11AM Sat  
Vanija Until 3:56AM Sat  
**Dvitiya** **Until 4:40PM**

**Ganesha:** White *Sunrise:* 5:54AM  
**Muruga:** Purple *Sunset:* 7:09PM  
**Nataraja:** Clear  
Moon – White  
**Ashvina-Aipasi**

Cape Town, South Africa  
Sun 1 Sutra 194  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

**Sivaloka Day**

1

Saturday, October 27, 2018

Vrishabha Rasi: 10.4 Tihi 18 – 19

634652364

**Gulika** 5:53AM – 7:32AM  
**Yama** 2:11PM – 3:51PM  
**Rahu** 9:12AM – 10:52AM

Creative Work Amrita Yoga  
Until 3:07PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Varyan Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Krittika** **Until 3:07PM**  
Varyan Until 18:66AM Sun  
Bava Until 2:17AM Sun  
**Tritiya** **Until 3:07PM**

**Ganesha:** Clear *Sunrise:* 5:53AM  
**Muruga:** Purple *Sunset:* 7:10PM  
**Nataraja:** Clear  
Moon – Yellow  
**Ashvina-Aipasi**

Cape Town, South Africa  
Sun 2 Sutra 195  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

2

Sunday, October 28, 2018

Vrishabha Rasi: 24.35 Tihi 19 – 20

634652364

**Gulika** 3:51PM – 5:31PM  
**Yama** 12:31PM – 2:11PM  
**Rahu** 5:31PM – 7:11PM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Mrigashira** **Until 2:44AM Mon**  
Parigha\* Until 7:06PM  
Kaulava Until 12:29AM Mon  
**Chaturthi\*** **Until 1:23PM**

**Ganesha:** Clear *Sunrise:* 5:52AM  
**Muruga:** Purple *Sunset:* 7:11PM  
**Nataraja:** Clear  
Moon – Yellow  
**Ashvina-Aipasi**

Cape Town, South Africa  
Sun 3 Sutra 196  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

3

Monday, October 29, 2018

Mithuna Rasi: 8.34 Tihi 20 – 21

Family Home Evening

634652364

**Gulika** 2:11PM – 3:51PM  
**Yama** 10:51AM – 12:31PM  
**Rahu** 7:31AM – 9:11AM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Ardra** **Until 1:23AM Tue**  
Shiva Until 4:25PM  
Gara Until 10:35PM  
**Panchami** **Until 11:31AM**

**Ganesha:** Clear *Sunrise:* 5:51AM  
**Muruga:** Purple *Sunset:* 7:12PM  
**Nataraja:** Clear  
Moon – Yellow  
**Ashvina-Aipasi**

Cape Town, South Africa  
Sun 4 Sutra 197  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

4

Tuesday, October 30, 2018

Mithuna Rasi: 22.36 Tihi 21 – 22

644652364

**Gulika** 12:31PM – 2:11PM  
**Yama** 9:10AM – 10:51AM  
**Rahu** 3:52PM – 5:32PM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Balava Karana Shashthi/Saptamyam Titau

**Punarvasu** **Until 12:17AM Wed**  
Siddha Until 12:17AM Wed  
Balava Until 18:40AM Wed  
**Shashthi\*** **Until 9:36AM**

**Ganesha:** Purple *Sunrise:* 5:50AM  
**Muruga:** Purple *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Blue  
**Ashvina-Aipasi**

Cape Town, South Africa  
Sun 5 Sutra 198  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

**Sivaloka Day**

D

Wednesday, October 31, 2018

Retreat Star

Kataka Rasi: 6.4 Tihi 22 – 23

644662364

**Gulika** 10:50AM – 12:31PM  
**Yama** 7:29AM – 9:10AM  
**Rahu** 12:31PM – 2:12PM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Pushya** **Until 11:01PM**  
Sadhya Until 10:55AM  
Balava Until 6:40PM  
**Saptami** **Until 7:38AM**

**Ganesha:** Purple *Sunrise:* 5:49AM  
**Muruga:** Clear *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Blue  
**Ashvina-Aipasi**

Cape Town, South Africa  
Sun 6 Sutra 199  
Vilamba 5120  
Moon 10 - Phase 27  
Ashtami

**Subha Sivaloka Day**

Thursday, November 1, 2018

Retreat Star

Kataka Rasi: 20.45 Tihi 24

644662364

**Gulika** 9:09AM – 10:50AM  
**Yama** 5:48AM – 7:28AM  
**Rahu** 2:12PM – 3:53PM

Creative Work Siddha Yoga  
Until 1:42AM Sat Fri  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

**Ashlesha\*** **Until 1:42AM Sat Fri**  
Subha Until 8:09AM  
Taitila Until 4:41PM  
**Navami\*** **Until 3:40AM Fri**

**Ganesha:** Purple *Sunrise:* 5:48AM  
**Muruga:** Clear *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon – Blue  
**Ashvina-Aipasi**

Cape Town, South Africa  
Sun 7 Sutra 200  
Vilamba 5120  
Moon 10 - Phase 27  
Navami

**Subha Sivaloka Day**

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Cape Town, South Africa Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 4.5	Tithi 25	<b>Gulika</b> 7:28AM – 9:09AM	<b>Ashlesha* Until 1:42AM Sat</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:47AM	
		Yama 3:53PM – 5:34PM	Brahma Until 2:34AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 10 - Phase 28
		654662364 <b>Rahu</b> 10:50AM – 12:31PM	Vanija Until 2:42PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 1:42AM Sat</b>	Moon – Red		<b>Sivaloka Day</b>
Until 1:42AM Sat				<b>Ashvina-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Cape Town, South Africa Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 18.54	Tithi 26	<b>Gulika</b> 5:46AM – 7:27AM	<b>Purvaphalguni Until 7:14PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:46AM	
		Yama 2:12PM – 3:54PM	Indra Until 11:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 9:08AM – 10:50AM	Bava Until 12:45PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:46PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 7:14PM				<b>Ashvina-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>3 Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Cape Town, South Africa Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 2.56	Tithi 27	<b>Gulika</b> 3:54PM – 5:36PM	<b>Uttaraphalguni Until 5:57PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:45AM	
		Yama 12:31PM – 2:12PM	Vaidhriti* Until 9:11PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:17PM	Moon 10 - Phase 28
		654762364 <b>Rahu</b> 5:36PM – 7:17PM	Kaulava Until 10:52AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 9:57PM</b>	Moon – Red		<b>Devaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>4 Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Cape Town, South Africa Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 16.54	Tithi 28	<b>Gulika</b> 2:13PM – 3:54PM	<b>Hasta Until 5:07PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:44AM	
<b>Family Home Evening</b>		Yama 10:49AM – 12:31PM	Vishkambha* Until 6:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:18PM	Moon 10 - Phase 28
		664762364 <b>Rahu</b> 7:26AM – 9:07AM	Gara Until 9:07AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 8:19PM</b>	Moon – Green		<b>Devaloka Day</b>
Until 5:07PM				<b>Ashvina-Aipasi</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Cape Town, South Africa Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 0.43	Tithi 29	<b>Gulika</b> 12:31PM – 2:13PM	<b>Chitra Until 4:24PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:43AM	
		Yama 9:07AM – 10:49AM	Priti Until 4:24PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 10 - Phase 28
		664762364 <b>Rahu</b> 3:55PM – 5:37PM	Visti Until 7:37AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:58PM</b>	Moon – Green		<b>Devaloka Day</b>
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>		
		<b>Deepavali Hindu Solidarity Day</b>				

<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 206 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 10:49AM – 12:31PM	<b>Svati Until 3:56PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:42AM	
Tula Rasi: 14.2	Tithi 30	Yama 7:24AM – 9:07AM	Ayushman Until 2:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:20PM	Moon 10 - Phase 28
		764762364 <b>Rahu</b> 12:31PM – 2:13PM	Catuspada Until 6:28AM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 6:02PM</b>	Moon – Green		<b>Devaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 14 Sutra 207 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 9:06AM – 10:49AM	<b>Vishakha Until 4:16PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:41AM	
Tula Rasi: 27.42	Tithi 1 – 2	Yama 5:41AM – 7:24AM	Saubhagya Until 4:16PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 10 - Phase 28
		775762364 <b>Rahu</b> 2:14PM – 3:56PM	Kaulava Until 17:49AM Fri	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:37PM</b>	Moon – Orange		<b>Sivaloka Day</b>
		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Friday, November 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Cape Town, South Africa Sun 15 Sutra 208 Vilamba 5120	
	Vrischika Rasi: 10.46 Tithi 2 – 3	<b>Gulika</b> 7:23AM – 9:06AM <b>Yama</b> 3:56PM – 5:39PM <b>Rahu</b> 10:49AM – 12:31PM	<b>Anuradha</b> Until 5:02PM Sobhana Until 11:45AM Taitila Until 6:12AM Sat <b>Dvitiya</b> Until 5:49PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:41AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:22PM <b>Nataraja:</b> Clear Moon – Orange <b>Karttika•Aipasi</b>
	Creative Work Siddha Yoga Until 5:02PM Then Routine Work - Marana Yoga	775762364	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>

<b>2</b>	<b>Saturday, November 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau	Cape Town, South Africa Sun 16 Sutra 209 Vilamba 5120	
	Vrischika Rasi: 23.3 Tithi 3	<b>Gulika</b> 5:40AM – 7:23AM <b>Yama</b> 2:14PM – 3:57PM <b>Rahu</b> 9:06AM – 10:48AM	<b>Jyeshtha*</b> Until 8:15PM Sun Athiganda* Until 11:08AM Taitila Until 6:12AM <b>Tritiya</b> Until 6:42PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:40AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:23PM <b>Nataraja:</b> Clear Moon – Orange <b>Karttika•Aipasi</b>
	Creative Work Siddha Yoga	775762364	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>

<b>3</b>	<b>Sunday, November 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau	Cape Town, South Africa Sun 17 Sutra 210 Vilamba 5120	
	Dhanus Rasi: 5.56 Tithi 4	<b>Gulika</b> 3:57PM – 5:41PM <b>Yama</b> 12:31PM – 2:14PM <b>Rahu</b> 5:41PM – 7:24PM	<b>Jyeshtha*</b> Until 8:15PM Sukarma Until 10:88AM Mon Vanija Until 7:25AM <b>Chaturthi*</b> Until 8:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:39AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:24PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika•Aipasi</b>
	Creative Work Amrita Yoga Until 8:15PM Then Creative Work - Siddha Yoga	785762364	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>

<b>4</b>	<b>Monday, November 12, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Cape Town, South Africa Sun 18 Sutra 211 Vilamba 5120	
	Dhanus Rasi: 18.06 Tithi 5 <b>Family Home Evening</b>	<b>Gulika</b> 2:15PM – 3:58PM <b>Yama</b> 10:48AM – 12:31PM <b>Rahu</b> 7:22AM – 9:05AM	<b>Purvashadha*</b> Until 11:08PM Dhriti Until 11:28AM Bava Until 9:17AM <b>Panchami</b> Until 10:23PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:38AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:25PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika•Aipasi</b>
	Routine Work Marana Yoga	785762364	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>

<b>5</b>	<b>Tuesday, November 13, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthiyam Titau	Cape Town, South Africa Sun 19 Sutra 212 Vilamba 5120	
	Makara Rasi: 0.04 Tithi 6	<b>Gulika</b> 12:32PM – 2:15PM <b>Yama</b> 9:05AM – 10:48AM <b>Rahu</b> 3:59PM – 5:42PM	<b>Uttarashadha</b> Until 1:58AM Wed Shula* Until 12:12PM Kaulava Until 13:78AM Wed <b>Shashthi*</b> Until 11:28AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:38AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:26PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika•Aipasi</b>
	Routine Work Prabalarishta Yoga Until 1:58AM Wed Then Creative Work - Siddha Yoga	785762364	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>

<b>6</b>	<b>Wednesday, November 14, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau	Cape Town, South Africa Sun 20 Sutra 213 Vilamba 5120	
	Makara Rasi: 11.53 Tithi 7	<b>Gulika</b> 10:48AM – 12:32PM <b>Yama</b> 7:21AM – 9:04AM <b>Rahu</b> 12:32PM – 2:15PM	<b>Shravana</b> Until 5:16AM Thu Ganda* Until 1:10PM Gara Until 2:18PM <b>Saptami</b> Until 3:38AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:37AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:26PM <b>Nataraja:</b> Clear Moon – Purple <b>Karttika•Aipasi</b>
	Creative Work Siddha Yoga	795762364	Moon 10 - Phase 29 3rd Phase	<b>Subha Sivaloka Day</b>

<b>D</b>	<b>Thursday, November 15, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Cape Town, South Africa Sun 21 Sutra 214 Vilamba 5120	
	<b>Retreat Star</b>	<b>Gulika</b> 9:04AM – 10:48AM <b>Yama</b> 5:36AM – 7:20AM <b>Rahu</b> 2:16PM – 4:00PM	<b>Dhanishtha</b> Until 8:18AM Fri Vriddhi Until 2:10PM Visti Until 4:59PM <b>Ashtami*</b> Until 6:13AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:36AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:27PM <b>Nataraja:</b> Clear Moon – Purple <b>Karttika•Aipasi</b>
	Makara Rasi: 23.41 Tithi 8 Creative Work Siddha Yoga	795762364	Moon 10 - Phase 29 Ashtami	<b>Subha Sivaloka Day</b>

<b>D</b>	<b>Friday, November 16, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Taitila Karana Ashtami/Navamyam Titau	Cape Town, South Africa Sun 22 Sutra 215 Vilamba 5120	
	<b>Retreat Star</b>	<b>Gulika</b> 7:20AM – 9:04AM <b>Yama</b> 4:00PM – 5:44PM <b>Rahu</b> 10:48AM – 12:32PM	<b>Dhanishtha</b> Until 8:18AM Dhruva Until 8:18AM Taitila Until 20:83AM Sat <b>Ashtami*</b> Until 6:13AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:36AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:28PM <b>Nataraja:</b> Clear Moon – Purple <b>Karttika•Kartikai</b>
	Kumbha Rasi: 5.31 Tithi 8 – 9 Creative Work Siddha Yoga	795762364	Moon 10 - Phase 29 Navami	<b>Subha Sivaloka Day</b>

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Navami/Dashmyam Titau				Cape Town, South Africa Sun 23 Sutra 216 Vilamba 5120
	Kumbha Rasi: 17.3	Tithi 9 – 10	<b>Gulika</b> 5:35AM – 7:19AM	<b>Shatabhishak</b> Until 10:47AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	
			Yama 2:17PM – 4:01PM	Vyaghata* Until 3:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:29PM	Moon 10 - Phase 30
			796762365 <b>Rahu</b> 9:04AM – 10:48AM	Tailita Until 9:23PM	<b>Nataraja:</b> White		4th Phase
Creative Work Amrita Yoga Until 10:47AM Then Routine Work - Marana Yoga			<b>Navami*</b> Until 8:27AM	Moon – Purple		<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 24 Sutra 217 Vilamba 5120
	Kumbha Rasi: 29.41	Tithi 10 – 11	<b>Gulika</b> 4:01PM – 5:46PM	<b>Purvaproshtapada*</b> Until 1:02PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:35AM	
			Yama 12:32PM – 2:17PM	Harshana Until 3:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 10 - Phase 30
			716762365 <b>Rahu</b> 5:46PM – 7:30PM	Vanija Until 10:41PM	<b>Nataraja:</b> White		4th Phase
Creative Work Siddha Yoga Until 1:02PM Then Creative Work - Amrita Yoga			<b>Dashami</b> Until 10:06AM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>3</b>	<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cape Town, South Africa Sun 25 Sutra 218 Vilamba 5120
	Meena Rasi: 12.11	Tithi 11 – 12	<b>Gulika</b> 2:17PM – 4:02PM	<b>Uttaraproshtapada</b> Until 2:25PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:34AM	
			Yama 10:48AM – 12:33PM	Vajra* Until 3:00PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 10 - Phase 30
	<b>Family Home Evening</b>		716762365 <b>Rahu</b> 7:19AM – 9:03AM	Bava Until 11:15PM	<b>Nataraja:</b> White		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 11:02AM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>4</b>	<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 219 Vilamba 5120
	Meena Rasi: 25.02	Tithi 12 – 13	<b>Gulika</b> 12:33PM – 2:18PM	<b>Revati</b> Until 2:56PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:34AM	
			Yama 9:03AM – 10:48AM	Siddhi Until 1:53PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 10 - Phase 30
			716762365 <b>Rahu</b> 4:03PM – 5:47PM	Kaulava Until 11:03PM	<b>Nataraja:</b> White		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 11:13AM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			
<i>Pradosha Vrata</i>							

<b>5</b>	<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatiyata*/Varyan Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 220 Vilamba 5120
	Mesha Rasi: 8.14	Tithi 13 – 14	<b>Gulika</b> 10:48AM – 12:33PM	<b>Ashvini</b> Until 3:03PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:33AM	
			Yama 7:18AM – 9:03AM	Vyatiyata* Until 12:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 10 - Phase 30
			726762365 <b>Rahu</b> 12:33PM – 2:18PM	Gara Until 10:10PM	<b>Nataraja:</b> White		4th Phase
Routine Work Marana Yoga Until 3:03PM Then Creative Work - Siddha Yoga			<b>Trayodashi</b> Until 10:40AM	Moon – White		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	

<b>○</b>	<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Cape Town, South Africa Sun 27 Sutra 221 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 9:03AM – 10:48AM	<b>Bharani</b> Until 2:23PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:33AM	
	Mesha Rasi: 21.5	Tithi 14 – 15	Yama 5:33AM – 7:18AM	Varyan Until 10:01AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 10 - Phase 30
			726762365 <b>Rahu</b> 2:19PM – 4:04PM	Visti Until 8:40PM	<b>Nataraja:</b> White		Purnima
Creative Work Siddha Yoga Until 2:23PM Then Routine Work - Marana Yoga			<b>Chaturdashi*</b> Until 9:28AM	Moon – White		<b>Bhuloka Day</b>	
		<b>Krittika Deepam</b>		<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	

<b>○</b>	<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cape Town, South Africa Sun 27 Sutra 222 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:18AM – 9:03AM	<b>Krittika</b> Until 1:05PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:32AM	
	Vrishabha Rasi: 5.44	Tithi 15 – 16	Yama 4:04PM – 5:50PM	Parigha* Until 7:25AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 10 - Phase 30
			726762365 <b>Rahu</b> 10:48AM – 12:34PM	Balava Until 6:42PM	<b>Nataraja:</b> White		Prathama
Creative Work Siddha Yoga Until 1:05PM Then Routine Work - Marana Yoga			<b>Purnima*</b> Until 7:43AM	Moon – White		<b>Bhuloka Day</b>	
		<b>Vinayaga Viratam Begins</b>		<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 19.56    Tiithi 17

737762365

**Gulika** 5:32AM – 7:17AM  
**Yama** 2:19PM – 4:05PM  
**Rahu** 9:03AM – 10:48AM

**Rohini Until 12:37AM Mon Su**  
Siddha Until 1:19AM Sun  
Taitila Until 4:25PM  
**Dvitiya Until 3:10AM Sun**

**Ganesha:** Red    *Sunrise:* 5:32AM  
**Muruga:** Clear    *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Amrita Yoga

Until 12:37AM Mon Su

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cape Town, South Africa

Sun 1    Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 4.17    Tiithi 18

737762365

**Gulika** 4:06PM – 5:51PM  
**Yama** 12:34PM – 2:20PM  
**Rahu** 5:51PM – 7:37PM

**Rohini Until 12:37AM Mon**  
Sadhya Until 9:62PM  
Vanija Until 1:55PM  
**Tritiya Until 12:37AM Mon**

**Ganesha:** Red    *Sunrise:* 5:32AM  
**Muruga:** Clear    *Sunset:* 7:37PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Siddha Yoga

Until 7:57AM

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Cape Town, South Africa

Sun 2    Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 18.44    Tiithi 19

737762365

**Gulika** 2:20PM – 4:06PM  
**Yama** 10:49AM – 12:34PM  
**Rahu** 7:17AM – 9:03AM

**Ardra Until 7:57AM**  
Subha Until 7:57AM  
Bava Until 11:21AM  
**Chaturthi\* Until 10:04PM**

**Ganesha:** Red    *Sunrise:* 5:31AM  
**Muruga:** Clear    *Sunset:* 7:38PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Siddha Yoga

Until 7:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 3    Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 3.1    Tiithi 20

747762365

**Gulika** 12:35PM – 2:21PM  
**Yama** 9:03AM – 10:49AM  
**Rahu** 4:07PM – 5:53PM

**Punarvasu Until 6:16AM**  
Sukla Until 3:30PM  
Kaulava Until 8:50AM  
**Panchami Until 7:36PM**

**Ganesha:** Green    *Sunrise:* 5:31AM  
**Muruga:** Clear    *Sunset:* 7:39PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa

Sun 4    Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 17.31    Tiithi 21 – 22

747862365

**Gulika** 10:49AM – 12:35PM  
**Yama** 7:17AM – 9:03AM  
**Rahu** 12:35PM – 2:21PM

**Ashlesha\* Until 2:55AM Thu**  
Brahma Until 12:23PM  
Gara Until 6:26AM  
**Shashthi\* Until 5:17PM**

**Ganesha:** White    *Sunrise:* 5:31AM  
**Muruga:** Clear    *Sunset:* 7:40PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

Until 2:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa

Sun 5    Sutra 228

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Simha Rasi: 1.44    Tiithi 22 – 23

757863365

**Gulika** 9:03AM – 10:49AM  
**Yama** 5:30AM – 7:17AM  
**Rahu** 2:22PM – 4:08PM

**Magha\* Until 1:46AM Fri**  
Indra Until 9:27AM  
Balava Until 2:17AM Fri  
**Saptami Until 3:12PM**

**Ganesha:** Clear    *Sunrise:* 5:30AM  
**Muruga:** Purple    *Sunset:* 7:40PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga

Until 1:46AM Fri

Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Sun 6    Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 15.47    Tiithi 23 – 24

757863365

**Gulika** 7:17AM – 9:03AM  
**Yama** 4:09PM – 5:55PM  
**Rahu** 10:49AM – 12:36PM

**Purvaphalguni Until 12:45AM Sat**  
Vaidhriti\* Until 6:41AM  
Taitila Until 12:35AM Sat  
**Ashtami\* Until 1:22PM**

**Ganesha:** Clear    *Sunrise:* 5:30AM  
**Muruga:** Purple    *Sunset:* 7:41PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Until 12:45AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Cape Town, South Africa

Sun 7    Sutra 230

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 29.41    Tiithi 24 – 25

758863365

**Gulika** 5:30AM – 7:17AM  
**Yama** 2:23PM – 4:09PM  
**Rahu** 9:03AM – 10:50AM

**Uttaraphalguni Until 11:50PM**  
Priti Until 1:50AM Sun  
Vanija Until 11:09PM  
**Navami\* Until 11:49AM**

**Ganesha:** Orange    *Sunrise:* 5:30AM  
**Muruga:** Purple    *Sunset:* 7:42PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM


Routine Work    Marana Yoga

<b>1</b>	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam			Cape Town, South Africa	
	Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau					Sun 8 Sutra 231	
Kanya Rasi: 13.25	Tithi 25 – 26	<b>Gulika</b> 4:10PM – 5:56PM	<b>Hasta</b> Until 11:30PM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama 12:37PM – 2:23PM	Ayushman Until 11:43PM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:43PM	Moon 11 - Phase 32		
		768863365 <b>Rahu</b> 5:56PM – 7:43PM	Bava Until 10:01PM	<b>Nataraja:</b> White	2nd Phase		
Creative Work Amrita Yoga			<b>Dashami</b> Until 10:31AM	Moon – Green	<b>Bhuloka Day</b>		
Until 11:30PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam			Cape Town, South Africa	
	Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau					Sun 9 Sutra 232	
Kanya Rasi: 26.58	Tithi 26 – 27	<b>Gulika</b> 2:24PM – 4:10PM	<b>Chitra</b> Until 11:20PM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:30AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama 10:50AM – 12:37PM	Saubhagya Until 9:52PM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:44PM	Moon 11 - Phase 32		
		768863365 <b>Rahu</b> 7:17AM – 9:03AM	Kaulava Until 9:11PM	<b>Nataraja:</b> White	2nd Phase		
Routine Work Prabalarishta Yoga			<b>Ekadashi*</b> Until 9:32AM	Moon – Green	<b>Bhuloka Day</b>		
Until 11:20PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam			Cape Town, South Africa	
	Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau					Sun 10 Sutra 233	
Tula Rasi: 10.21	Tithi 27 – 28	<b>Gulika</b> 12:37PM – 2:24PM	<b>Svati</b> Until 8:34AM Wed	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama 9:04AM – 10:50AM	Sobhana Until 8:17PM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:45PM	Moon 11 - Phase 32		
		768863365 <b>Rahu</b> 4:11PM – 5:58PM	Gara Until 8:41PM	<b>Nataraja:</b> White	2nd Phase		
Creative Work Siddha Yoga			<b>Dvadashi*</b> Until 8:52AM	Moon – Green	<b>Bhuloka Day</b>		
Until 8:34AM Wed				<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam			Cape Town, South Africa	
	Svati/Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 11 Sutra 234	
Tula Rasi: 23.32	Tithi 28 – 29	<b>Gulika</b> 10:51AM – 12:38PM	<b>Svati</b> Until 8:34AM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama 7:17AM – 9:04AM	Athiganda* Until 18:04AM Thu	<b>Muruga:</b> Purple <i>Sunset:</i> 7:46PM	Moon 11 - Phase 32		
		778863365 <b>Rahu</b> 12:38PM – 2:25PM	Visti Until 8:36PM	<b>Nataraja:</b> White	2nd Phase		
Creative Work Siddha Yoga			<b>Trayodashi*</b> Until 8:34AM	Moon – Orange	<b>Bhuloka Day</b>		
				<b>Karttika-Karttikai</b>			

	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam			Cape Town, South Africa	
	<b>Retreat Star</b>		Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 12 Sutra 235	
Vrischika Rasi: 6.31	Tithi 29 – 30	<b>Gulika</b> 9:04AM – 10:51AM	<b>Anuradha</b> Until 1:04AM Fri	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama 5:30AM – 7:17AM	Sukarma Until 6:04PM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:46PM	Moon 11 - Phase 32		
		778863365 <b>Rahu</b> 2:25PM – 4:12PM	Catuspada Until 8:59PM	<b>Nataraja:</b> White	Amavasya		
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 8:42AM	Moon – Orange	<b>Bhuloka Day</b>		
Until 1:04AM Fri				<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>Friday, December 7, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam			Cape Town, South Africa	
			Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 13 Sutra 236	
Vrischika Rasi: 19.15	Tithi 30 – 1	<b>Gulika</b> 7:17AM – 9:04AM	<b>Jyeshtha*</b> Until 2:25AM Sat	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:30AM	Vilamba 5120		
		Yama 4:13PM – 6:00PM	Dhriti Until 5:33PM	<b>Muruga:</b> Purple <i>Sunset:</i> 7:47PM	Moon 11 - Phase 32		
		779863365 <b>Rahu</b> 10:51AM – 12:39PM	Kintughna Until 9:52PM	<b>Nataraja:</b> White	Prathama		
Routine Work Marana Yoga			<b>Amavasya*</b> Until 9:20AM	Moon – Orange	<b>Bhuloka Day</b>		
Until 2:25AM Sat				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Cape Town, South Africa Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 1.46	Tithi 1 – 2	<b>Gulika</b> 5:30AM – 7:17AM Yama 2:26PM – 4:14PM 789863365 <b>Rahu</b> 9:04AM – 10:52AM	<b>Mula* Until 4:36AM Sun</b> Shula* Until 5:24PM Balava Until 11:18PM Prathama* Until 10:29AM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 5:30AM <b>Sunset:</b> 7:48PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b>	
Creative Work Siddha Yoga								
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Cape Town, South Africa Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 14.02	Tithi 2 – 3	<b>Gulika</b> 4:14PM – 6:01PM Yama 12:39PM – 2:27PM 789863365 <b>Rahu</b> 6:01PM – 7:49PM	<b>Purvashadha* Until 7:07AM Mon</b> Ganda* Until 5:41PM Taitila Until 1:15AM Mon Dvitiya Until 12:11PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 5:30AM <b>Sunset:</b> 7:49PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b>	
Creative Work Siddha Yoga Until 7:07AM Mon Then Routine Work - Marana Yoga								
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Cape Town, South Africa Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 26.06	Tithi 3 – 4	<b>Gulika</b> 2:27PM – 4:15PM Yama 10:52AM – 12:40PM 789863365 <b>Rahu</b> 7:18AM – 9:05AM	<b>Purvashadha* Until 7:07AM</b> Vriddhi Until 7:07AM Vanija Until 3:38AM Tue Tritiya Until 2:22PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 5:30AM <b>Sunset:</b> 7:50PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b>	
Family Home Evening Routine Work Marana Yoga								
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Cape Town, South Africa Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 8.01	Tithi 4 – 5	<b>Gulika</b> 12:40PM – 2:28PM Yama 9:05AM – 10:53AM 789863365 <b>Rahu</b> 4:15PM – 6:03PM	<b>Uttarashadha Until 9:51AM</b> Dhruva Until 7:10PM Bava Until 6:18AM Wed Chaturthi* Until 4:55PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 5:30AM <b>Sunset:</b> 7:50PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b>	
Routine Work Prabalarishta Yoga Until 9:51AM Then Creative Work - Siddha Yoga								
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau			Cape Town, South Africa Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 19.49	Tithi 5	<b>Gulika</b> 10:53AM – 12:41PM Yama 7:18AM – 9:06AM 799863365 <b>Rahu</b> 12:41PM – 2:28PM	<b>Shravana Until 1:08PM</b> Vyaghata* Until 8:10PM Bava Until 6:18AM Panchami Until 7:40PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira*Karttikai	<b>Sunrise:</b> 5:30AM <b>Sunset:</b> 7:51PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga Until 1:08PM Then Routine Work - Prabalarishta Yoga								
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau			Cape Town, South Africa Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2	Tithi 6	<b>Gulika</b> 9:06AM – 10:54AM Yama 5:31AM – 7:18AM 799863365 <b>Rahu</b> 2:29PM – 4:17PM	<b>Dhanishtha Until 4:17PM</b> Harshana Until 9:09PM Kaulava Until 9:03AM Shashthi* Until 10:22PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira*Karttikai	<b>Sunrise:</b> 5:31AM <b>Sunset:</b> 7:52PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga		Vinayaga Viratam Ends						
<b>7</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau			Cape Town, South Africa Sun 20 Sutra 243 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 7:19AM – 9:06AM Yama 4:17PM – 6:05PM 799863365 <b>Rahu</b> 10:54AM – 12:42PM	<b>Shatabhishak Until 7:04PM</b> Vajra* Until 9:55PM Gara Until 11:40AM Saptami Until 12:49AM Sat	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira*Karttikai	<b>Sunrise:</b> 5:31AM <b>Sunset:</b> 7:52PM	Moon 11 - Phase 33 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Kumbha Rasi: 13.25 Tithi 7 Creative Work Siddha Yoga								
<b>8</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau			Cape Town, South Africa Sun 21 Sutra 244 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 5:31AM – 7:19AM Yama 2:30PM – 4:18PM 711863365 <b>Rahu</b> 9:07AM – 10:54AM	<b>Purvaproshtapada* Until 9:45PM</b> Siddhi Until 10:21PM Visti Until 1:53PM Ashtami* Until 2:45AM Sun	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear Margasira*Karttikai	<b>Sunrise:</b> 5:31AM <b>Sunset:</b> 7:53PM	Moon 11 - Phase 33 Ashtami	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Routine Work Marana Yoga Until 9:45PM Then Creative Work - Siddha Yoga								
<b>9</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau			Cape Town, South Africa Sun 22 Sutra 245 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 4:18PM – 6:06PM Yama 12:43PM – 2:30PM 811863365 <b>Rahu</b> 6:06PM – 7:54PM	<b>Uttaraproshtapada Until 11:38PM</b> Vyatipata* Until 10:18PM Balava Until 3:30PM Navami* Until 4:01AM Mon	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear Margasira*Markali	<b>Sunrise:</b> 5:32AM <b>Sunset:</b> 7:54PM	Moon 11 - Phase 33 Navami	<b>Bhuloka Day</b>	
Meena Rasi: 7.32 Tithi 9 Creative Work Amrita Yoga		Markali Pillaiyar						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila Karana Dashamyam Titau				Cape Town, South Africa Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 19.59	Tihti 10	<b>Gulika</b>	2:31PM – 4:19PM	<b>Revati Until 12:38AM Tue</b>	<b>Ganesh:</b> Purple	Sunrise: 5:32AM
	<b>Family Home Evening</b>	811863365	Yama	10:55AM – 12:43PM	Variyan Until 9:38PM	<b>Muruga:</b> Purple	Sunset: 7:54PM
	Creative Work	Siddha Yoga	<b>Rahu</b>	7:20AM – 9:08AM	Taitila Until 4:22PM	<b>Nataraja:</b> White	Moon 11 - Phase 34 4th Phase
							<b>Bhuloka Day</b>
							Margasira*Markali
							Devaloka Time: 6:AM to 9:AM

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Cape Town, South Africa Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 2.48	Tihti 11	<b>Gulika</b>	12:44PM – 2:31PM	<b>Ashvini Until 1:09AM Wed</b>	<b>Ganesh:</b> Clear	Sunrise: 5:32AM
	Creative Work	Siddha Yoga	Yama	9:08AM – 10:56AM	Parigha* Until 8:21PM	<b>Muruga:</b> Purple	Sunset: 7:55PM
	821863365	<b>Rahu</b>	4:19PM – 6:07PM	Vanija Until 4:26PM	Nataraja: White	Moon – White	Moon 11 - Phase 34 4th Phase
			<b>Vaikuntha Ekadasi</b>	<b>Ekadashi Until 4:08AM Wed</b>		<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
							Margasira*Markali

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Cape Town, South Africa Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 16.02	Tihti 12	<b>Gulika</b>	10:56AM – 12:44PM	<b>Bharani Until 12:43AM Thu</b>	<b>Ganesh:</b> Clear	Sunrise: 5:33AM
	Creative Work	Siddha Yoga	Yama	7:21AM – 9:08AM	Shiva Until 6:26PM	<b>Muruga:</b> Purple	Sunset: 7:56PM
	Until 12:43AM Thu	821863365	<b>Rahu</b>	12:44PM – 2:32PM	Bava Until 3:40PM	<b>Nataraja:</b> White	Moon 11 - Phase 34 4th Phase
							<b>Bhuloka Day</b>
							Margasira*Markali
							Devaloka Time: 6:AM to 9:AM

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Vanija Karana Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 29.42	Tihti 13	<b>Gulika</b>	9:09AM – 10:57AM	<b>Krittika Until 11:28PM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:33AM
	Routine Work	Marana Yoga	Yama	5:33AM – 7:21AM	Siddha Until 11:28PM	<b>Muruga:</b> Purple	Sunset: 7:56PM
	821863365	<b>Rahu</b>	2:32PM – 4:20PM	Kaulava Until 2:09PM	Nataraja: White	Moon – White	Moon 11 - Phase 34 4th Phase
							<b>Bhuloka Day</b>
							Margasira*Markali
							Devaloka Time: 6:AM to 9:AM

*Pradosha Vrata*

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 13.47	Tihti 14	<b>Gulika</b>	7:21AM – 9:09AM	<b>Rohini Until 9:54PM</b>	<b>Ganesh:</b> White	Sunrise: 5:34AM
	Routine Work	Marana Yoga	Yama	4:21PM – 6:09PM	Sadhya Until 12:56PM	<b>Muruga:</b> Purple	Sunset: 7:57PM
	Until 9:54PM	821863365	<b>Rahu</b>	10:57AM – 12:45PM	Gara Until 12:00PM	<b>Nataraja:</b> White	Moon 11 - Phase 34 4th Phase
							<b>Bhuloka Day</b>
							Margasira*Markali
							Devaloka Time: 9:AM to 12:PM

<b>○</b>	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Cape Town, South Africa Sun 28 Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b>	5:34AM – 7:22AM	<b>Mrigashira Until 7:47PM</b>	<b>Ganesh:</b> Yellow	Sunrise: 5:34AM
	Vrisabha Rasi: 28.14	Tihti 15	Yama	2:33PM – 4:21PM	Subha Until 9:32AM	<b>Muruga:</b> Purple	Sunset: 7:57PM
	Creative Work	Siddha Yoga	821963365	<b>Rahu</b>	9:10AM – 10:58AM	<b>Nataraja:</b> White	Moon 11 - Phase 34 Purnima
							<b>Bhuloka Day</b>
							Margasira*Markali
							Devaloka Time: 9:AM to 12:PM

<b>○</b>	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыne Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 29 Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b>	4:22PM – 6:10PM	<b>Ardra Until 5:15PM</b>	<b>Ganesh:</b> Yellow	Sunrise: 5:35AM
	Mithuna Rasi: 12.56	Tihti 16 – 17	Yama	12:46PM – 2:34PM	Brahma Until 2:00AM Mon	<b>Muruga:</b> Purple	Sunset: 7:58PM
	Creative Work	Siddha Yoga	831963365	<b>Rahu</b>	6:10PM – 7:58PM	<b>Nataraja:</b> White	Moon 11 - Phase 34 Prathama
							<b>Bhuloka Day</b>
							Margasira*Markali
							Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 27.49 Tihi 17 – 18

Family Home Evening

Creative Work Amrita Yoga

Until 2:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Gulika 2:34PM – 4:22PM

Yama 10:59AM – 12:47PM

Rahu 7:23AM – 9:11AM

Day 4 of Pancha Ganapati

Punarvasu Until 2:53PM

Indra Until 10:07PM

Vanija Until 11:55PM

Dvitiya Until 1:31PM

Ganesha: Blue Sunrise: 5:35AM

Muruga: Purple Sunset: 7:58PM

Nataraja: White

Moon – Blue

Margasira-Markali

Cape Town, South Africa

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 12.41 Tihi 18 – 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Gulika 12:47PM – 2:35PM

Yama 9:11AM – 10:59AM

Rahu 4:23PM – 6:11PM

Day 5 of Pancha Ganapati

Pushya Until 12:25PM

Vaidhriti\* Until 6:18PM

Bava Until 8:47PM

Tritiya Until 10:19AM

Ganesha: Yellow Sunrise: 5:36AM

Muruga: Purple Sunset: 7:58PM

Nataraja: White

Moon – Blue

Margasira-Markali

Cape Town, South Africa

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Kataka Rasi: 27.28 Tihi 19 – 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Gulika 11:00AM – 12:48PM

Yama 7:24AM – 9:12AM

Rahu 12:48PM – 2:35PM

Day 5 of Pancha Ganapati

Ashlesha\* Until 9:59AM

Vishkambha\* Until 2:39PM

Taitila Until 4:31AM Thu

Chaturthi\* Until 7:16AM

Ganesha: Yellow Sunrise: 5:36AM

Muruga: Purple Sunset: 7:59PM

Nataraja: Green

Moon – Blue

Margasira-Markali

Cape Town, South Africa

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Simha Rasi: 12.02 Tihi 21

Creative Work Amrita Yoga

Until 8:08AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Gulika 9:12AM – 11:00AM

Yama 5:37AM – 7:25AM

Rahu 2:36PM – 4:24PM

Day 5 of Pancha Ganapati

Magha\* Until 8:08AM

Priti Until 11:17AM

Gara Until 3:18PM

Shashthi\* Until 2:10AM Fri

Ganesha: Blue Sunrise: 5:37AM

Muruga: Purple Sunset: 7:59PM

Nataraja: Green

Moon – Red

Margasira-Markali

Cape Town, South Africa

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Simha Rasi: 26.2 Tihi 22

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Gulika 7:25AM – 9:13AM

Yama 4:24PM – 6:12PM

Rahu 11:01AM – 12:49PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 6:33AM

Ayushman Until 8:14AM

Visti Until 1:10PM

Saptami Until 12:16AM Sat

Ganesha: Blue Sunrise: 5:37AM

Muruga: Purple Sunset: 8:00PM

Nataraja: Green

Moon – Red

Margasira-Markali

Cape Town, South Africa

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.19 Tihi 23

Routine Work Marana Yoga

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Gulika 5:38AM – 7:26AM

Yama 2:37PM – 4:24PM

Rahu 9:14AM – 11:01AM

Day 5 of Pancha Ganapati

Hasta Until 4:50AM Sun

Sobhana Until 3:22AM Sun

Balava Until 11:32AM

Ashtami\* Until 10:54PM

Ganesha: Red Sunrise: 5:38AM

Muruga: Purple Sunset: 8:00PM

Nataraja: Green

Moon – Green

Margasira-Markali

Cape Town, South Africa

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 23.59 Tihi 24

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Gulika 4:25PM – 6:12PM

Yama 12:49PM – 2:37PM

Rahu 6:12PM – 8:00PM

Day 5 of Pancha Ganapati

Chitra Until 4:46AM Mon

Athiganda\* Until 1:33AM Mon

Taitila Until 9:52AM Mon

Navami\* Until 3:22AM Sun

Ganesha: Red Sunrise: 5:39AM

Muruga: Purple Sunset: 8:00PM

Nataraja: Green

Moon – Green

Margasira-Markali

Cape Town, South Africa

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>1</b>		<b>Monday, December 31, 2018</b>				Vilamba Nama Samvatsare Uтарыayе Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Cape Town, South Africa	
		Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau						Sun 8 Sutra 260	
Tula Rasi: 7.2		Gulika 2:38PM – 4:25PM		Svati Until 5:03AM Tue		Ganesh: Red		Sunrise: 5:40AM	
Tihti 25		Yama 11:02AM – 12:50PM		Sukarma Until 12:09AM Tue		Muruga: Purple		Sunset: 8:00PM	
<b>Family Home Evening</b>		862963366 Rahu 7:27AM – 9:15AM		Vanija Until 9:52AM		Nataraja: Green		Moon 12 - Phase 36	
Creative Work Amrita Yoga				Dashami Until 9:45PM		Moon – Green		2nd Phase	
Until 5:03AM Tue						<b>Bhuloka Day</b>			
Then Routine Work - Marana Yoga						Margasira-Markali		Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Tuesday, January 1, 2019</b>				Vilamba Nama Samvatsare Uтарыayе Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Cape Town, South Africa	
		Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau						Sun 9 Sutra 261	
Tula Rasi: 20.25		Gulika 12:50PM – 2:38PM		Vishakha Until 6:08AM Wed		Ganesh: Green		Sunrise: 5:40AM	
Tihti 26		Yama 9:15AM – 11:03AM		Dhriti Until 11:09PM		Muruga: Purple		Sunset: 8:01PM	
872963366 Rahu 4:25PM – 6:13PM				Bava Until 9:77AM Wed		Nataraja: Green		Moon 12 - Phase 36	
Routine Work Marana Yoga				Ekadashi* Until 12:09AM Tue		Moon – Orange		2nd Phase	
Until 6:08AM Wed						<b>Bhuloka Day</b>			
Then Creative Work - Siddha Yoga						Margasira-Markali			

<b>3</b>		<b>Wednesday, January 2, 2019</b>				Vilamba Nama Samvatsare Uтарыayе Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Cape Town, South Africa	
		Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau						Sun 10 Sutra 262	
Vrischika Rasi: 3.15		Gulika 11:03AM – 12:51PM		Vishakha Until 6:08AM		Ganesh: Green		Sunrise: 5:41AM	
Tihti 27		Yama 7:28AM – 9:16AM		Shula* Until 10:31PM		Muruga: Purple		Sunset: 8:01PM	
872963366 Rahu 12:51PM – 2:38PM				Kaulava Until 10:17AM		Nataraja: Green		Moon 12 - Phase 36	
Creative Work Siddha Yoga				Dvadashi* Until 10:40PM		Moon – Orange		2nd Phase	
						<b>Bhuloka Day</b>			
						Margasira-Markali			

<b>4</b>		<b>Thursday, January 3, 2019</b>				Vilamba Nama Samvatsare Uтарыayе Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Cape Town, South Africa	
		Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau						Sun 11 Sutra 263	
Vrischika Rasi: 15.52		Gulika 9:17AM – 11:04AM		Anuradha Until 7:31AM		Ganesh: Green		Sunrise: 5:42AM	
Tihti 28		Yama 5:42AM – 7:29AM		Ganda* Until 10:14PM		Muruga: Purple		Sunset: 8:01PM	
872963366 Rahu 2:39PM – 4:26PM				Gara Until 11:13AM		Nataraja: Green		Moon 12 - Phase 36	
Creative Work Siddha Yoga				Trayodashi* Until 11:51PM		Moon – Orange		2nd Phase	
Until 7:31AM						<b>Bhuloka Day</b>			
Then Routine Work - Prabalarishta Yoga						Margasira-Markali			
								<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Friday, January 4, 2019</b>				Vilamba Nama Samvatsare Uтарыayе Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Cape Town, South Africa	
		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau						Sun 12 Sutra 264	
Vrischika Rasi: 28.16		Gulika 7:30AM – 9:17AM		Jyeshtha* Until 9:12AM		Ganesh: Green		Sunrise: 5:43AM	
Tihti 29		Yama 4:26PM – 6:14PM		Vriddhi Until 10:19PM		Muruga: Purple		Sunset: 8:01PM	
872963366 Rahu 11:04AM – 12:52PM				Visti Until 12:37PM		Nataraja: Green		Moon 12 - Phase 36	
Routine Work Marana Yoga				Chaturdashi* Until 1:28AM Sat		Moon – Orange		2nd Phase	
Until 9:12AM						<b>Bhuloka Day</b>			
Then Creative Work - Amrita Yoga						Margasira-Markali			

<b>6</b>		<b>Saturday, January 5, 2019</b>				Vilamba Nama Samvatsare Uтарыayе Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Cape Town, South Africa	
		<b>Retreat Star</b>				Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 265	
Dhanus Rasi: 10.29		Gulika 5:43AM – 7:31AM		Mula* Until 11:36AM		Ganesh: White		Sunrise: 5:43AM	
Tihti 30		Yama 2:39PM – 4:27PM		Dhruva Until 10:40PM		Muruga: Purple		Sunset: 8:01PM	
882963366 Rahu 9:18AM – 11:05AM				Catuspada Until 2:27PM		Nataraja: Green		Moon 12 - Phase 36	
Creative Work Siddha Yoga				Amavasya* Until 3:29AM Sun		Moon – Light Blue		Amavasya	
		Subramuniyaswami Jayanti				<b>Bhuloka Day</b>			
						Margasira-Markali			

<b>7</b>		<b>Sunday, January 6, 2019</b>				Vilamba Nama Samvatsare Uтарыayе Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Cape Town, South Africa	
		<b>Retreat Star</b>				Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 266	
Dhanus Rasi: 22.34		Gulika 4:27PM – 6:14PM		Purvashadha* Until 2:13PM		Ganesh: White		Sunrise: 5:44AM	
Tihti 1		Yama 12:53PM – 2:40PM		Vyaghata* Until 11:18PM		Muruga: Clear		Sunset: 8:01PM	
882973366 Rahu 6:14PM – 8:01PM				Kintughna Until 4:39PM		Nataraja: Green		Moon 12 - Phase 36	
Creative Work Siddha Yoga				Prathama* Until 5:50AM Mon		Moon – Light Blue		Prathama	
Until 2:13PM		Partial Solar Eclipse				<b>Bhuloka Day</b>			
Then Creative Work - Amrita Yoga						Pausha-Markali		Devaloka Time: 12:PM to 3:PM	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 267 Vilamba 5120
<b>1</b>		<b>Gulika</b> 2:40PM – 4:27PM	<b>Uttarashadha</b> Until 4:56PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:45AM	
Makara Rasi: 4.3	Tithi 2	Yama 11:06AM – 12:53PM	Harshana Until 12:09AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	882973366	<b>Rahu</b> 7:32AM – 9:19AM	Balava Until 7:09PM	<b>Nataraja:</b> Green		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya</b> Until 8:27AM Tue	Moon – Light Blue		
Until 4:56PM				<b>Pausha-Markali</b>	<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Cape Town, South Africa Sun 16 Sutra 268 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:54PM – 2:40PM	<b>Shravana</b> Until 8:12PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:46AM	
Makara Rasi: 16.2	Tithi 2 – 3	Yama 9:20AM – 11:07AM	Vajra* Until 1:06AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 4:27PM – 6:14PM	Taitila Until 9:50PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya</b> Until 8:27AM	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Cape Town, South Africa Sun 17 Sutra 269 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:07AM – 12:54PM	<b>Dhanishtha</b> Until 11:22PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:47AM	
Makara Rasi: 28.08	Tithi 3 – 4	Yama 7:34AM – 9:20AM	Siddhi Until 2:06AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 12:54PM – 2:41PM	Vanija Until 12:36AM Thu	<b>Nataraja:</b> Green		3rd Phase
Routine Work Prabalarishta Yoga			<b>Tritiya</b> Until 11:12AM	Moon – Purple		
Until 11:22PM				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 270 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:21AM – 11:08AM	<b>Shatabhishak</b> Until 2:16AM Fri	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:48AM	
Kumbha Rasi: 9.55	Tithi 4 – 5	Yama 5:48AM – 7:34AM	Vyatipata* Until 3:01AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 2:41PM – 4:28PM	Bava Until 3:15AM Fri	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi*</b> Until 1:55PM	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cape Town, South Africa Sun 19 Sutra 271 Vilamba 5120
<b>5</b>		<b>Gulika</b> 7:35AM – 9:22AM	<b>Purvaproshtapada*</b> Until 5:14AM Sat	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:48AM	
Kumbha Rasi: 21.45	Tithi 5 – 6	Yama 4:28PM – 6:14PM	Variyan Until 3:43AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 11:08AM – 12:55PM	Kaulava Until 5:37AM Sat	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Panchami</b> Until 4:27PM	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthyam Titau				Cape Town, South Africa Sun 20 Sutra 272 Vilamba 5120
<b>6</b>		<b>Gulika</b> 5:49AM – 7:36AM	<b>Uttaraproshtapada</b> Until 7:37AM Sun	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:49AM	
Meena Rasi: 3.42	Tithi 6	Yama 2:42PM – 4:28PM	Parigha* Until 4:06AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 9:22AM – 11:09AM	Taitila Until 6:37PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi*</b> Until 6:37PM	Moon – Clear		
Until 7:37AM Sun				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga						

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Cape Town, South Africa Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 4:28PM – 6:14PM	<b>Uttaraproshtapada</b> Until 7:37AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:50AM	
Meena Rasi: 15.5	Tithi 7	Yama 12:56PM – 2:42PM	Shiva Until 4:02AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 6:14PM – 8:01PM	Gara Until 7:32AM	<b>Nataraja:</b> Green		3rd Phase
Creative Work Amrita Yoga			<b>Saptami</b> Until 8:15PM	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Cape Town, South Africa Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:42PM – 4:28PM	<b>Revati</b> Until 9:14AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:51AM	
Meena Rasi: 28.13	Tithi 8	Yama 11:10AM – 12:56PM	Siddha Until 3:23AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:01PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	813973366	<b>Rahu</b> 7:37AM – 9:24AM	Visti Until 8:49AM	<b>Nataraja:</b> Green		Ashtami
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 9:10PM	Moon – Clear		
				<b>Pausha-Thai</b>	<b>Devaloka Day</b>	
		<b>Thai Pongal</b>				

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Cape Town, South Africa Sun 23 Sutra 275 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:56PM – 2:42PM	<b>Ashvini</b> Until 10:28AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:52AM	
Mesha Rasi: 10.55	Tithi 9	Yama 9:24AM – 11:10AM	Sadhya Until 2:08AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 8:00PM	Moon 12 - Phase 37
	823973366	<b>Rahu</b> 4:28PM – 6:14PM	Balava Until 9:21AM	<b>Nataraja:</b> Green		Navami
Creative Work Siddha Yoga			<b>Navami*</b> Until 9:18PM	Moon – White		
				<b>Pausha-Thai</b>	<b>Sivaloka Day</b>	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>	<b>Wednesday, January 16, 2019</b>	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Tailila/Gara Karana Dashamyam Titau	Cape Town, South Africa Sun 24 Sutra 276 Vilamba 5120
	Mesha Rasi: 24.01    Tihti 10	<b>Gulika</b> 11:11AM – 12:57PM Yama 7:39AM – 9:25AM 823173366 <b>Rahu</b> 12:57PM – 2:42PM	<b>Bharani Until 10:43AM</b> Subha Until 12:15AM Thu Tailila Until 9:04AM Dashami Until 8:36PM

**Ganesh:** Blue    *Sunrise:* 5:53AM  
**Muruga:** Clear    *Sunset:* 8:00PM  
**Nataraja:** Green  
 Moon – White    **Sivaloka Day**  
 Pausha\*Thai

Creative Work    Siddha Yoga  
Until 10:43AM  
Then Creative Work - Amrita Yoga

<b>2</b>	<b>Thursday, January 17, 2019</b>	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau	Cape Town, South Africa Sun 25 Sutra 277 Vilamba 5120
	Vrishabha Rasi: 7.35    Tihti 11	<b>Gulika</b> 9:25AM – 11:11AM Yama 5:54AM – 7:40AM 823173366 <b>Rahu</b> 2:43PM – 4:28PM	<b>Krittika Until 10:02AM</b> Sukla Until 9:43PM Vanija Until 7:57AM Ekadashi Until 7:05PM

**Ganesh:** Blue    *Sunrise:* 5:54AM  
**Muruga:** Clear    *Sunset:* 8:00PM  
**Nataraja:** Green  
 Moon – White    **Sivaloka Day**  
 Pausha\*Thai

Routine Work    Marana Yoga

<b>3</b>	<b>Friday, January 18, 2019</b>	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau	Cape Town, South Africa Sun 26 Sutra 278 Vilamba 5120
	Vrishabha Rasi: 21.35    Tihti 12 – 13	<b>Gulika</b> 7:41AM – 9:26AM Yama 4:28PM – 6:14PM 823173366 <b>Rahu</b> 11:12AM – 12:57PM	<b>Rohini Until 8:54AM</b> Brahma Until 6:37PM Bava Until 6:05AM Dvadashi Until 4:52PM


**Ganesh:** Yellow    *Sunrise:* 5:55AM  
**Muruga:** Clear    *Sunset:* 8:00PM  
**Nataraja:** Green  
 Moon – Yellow    **Devaloka Day**  
 Pausha\*Thai  
*Pradosha Vrata*

Routine Work    Marana Yoga  
Until 8:54AM  
Then Creative Work - Siddha Yoga

<b>4</b>	<b>Saturday, January 19, 2019</b>	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Cape Town, South Africa Sun 27 Sutra 279 Vilamba 5120
	Mithuna Rasi: 6.03    Tihti 13 – 14	<b>Gulika</b> 5:56AM – 7:41AM Yama 2:43PM – 4:28PM 823173366 <b>Rahu</b> 9:27AM – 11:12AM	<b>Mrigashira Until 6:59AM</b> Indra Until 3:05PM Gara Until 12:29AM Sun Trayodashi Until 2:03PM

**Ganesh:** Yellow    *Sunrise:* 5:56AM  
**Muruga:** Clear    *Sunset:* 7:59PM  
**Nataraja:** Green  
 Moon – Yellow    **Devaloka Day**  
 Pausha\*Thai

Creative Work    Siddha Yoga

	<b>Sunday, January 20, 2019</b>	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Cape Town, South Africa Sutra 280 Vilamba 5120
	Mithuna Rasi: 20.52    Tihti 14 – 15	<b>Gulika</b> 4:28PM – 6:14PM Yama 12:58PM – 2:43PM 823173366 <b>Rahu</b> 6:14PM – 7:59PM	<b>Punarvasu Until 1:50AM Mon</b> Vaidhriti* Until 11:09AM Visti Until 9:04PM Chaturdashi* Until 10:48AM

**Ganesh:** White    *Sunrise:* 5:57AM  
**Muruga:** Clear    *Sunset:* 7:59PM  
**Nataraja:** Green  
 Moon – Blue    **Sivaloka Day**  
 Pausha\*Thai

Creative Work    Siddha Yoga

<b>Monday, January 21, 2019</b>	<b>Silver Retreat Star</b>	Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau	Cape Town, South Africa Sutra 281 Vilamba 5120
	Kataka Rasi: 5.57    Tihti 15 – 16	<b>Gulika</b> 2:43PM – 4:28PM Yama 11:13AM – 12:58PM 823173366 <b>Rahu</b> 7:43AM – 9:28AM	<b>Pushya Until 10:55PM</b> Vishkambha* Until 7:01AM Kaulava Until 3:34AM Tue Purnima* Until 7:15AM

**Ganesh:** White    *Sunrise:* 5:58AM  
**Muruga:** Clear    *Sunset:* 7:58PM  
**Nataraja:** Green  
 Moon – Blue    **Sivaloka Day**  
 Pausha\*Thai

Family Home Evening  
Creative Work    Siddha Yoga

Total Lunar Eclipse  
Thai Pusam



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 21.08 Tihi 17

844173366

Gulika

12:58PM - 2:43PM

Ashlesha\* Until 7:53PM

Ganesha: Clear

Sunrise: 5:59AM

Yama

9:29AM - 11:14AM

Ayushman Until 10:32PM

Muruga: Clear

Sunset: 7:58PM

Rahu

4:28PM - 6:13PM

Taitila Until 1:45PM

Nataraja: Green

Moon - Blue

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 6.16 Tihi 18

854173366

Gulika

11:14AM - 12:59PM

Magha\* Until 5:16PM

Ganesha: Purple

Sunrise: 6:00AM

Yama

7:45AM - 9:29AM

Saubhagya Until 6:27PM

Muruga: Clear

Sunset: 7:58PM

Rahu

12:59PM - 2:43PM

Vanija Until 10:12AM

Nataraja: Green

Moon - Red

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 5:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 21.13 Tihi 19 - 20

854173366

Gulika

9:30AM - 11:14AM

Purvaphalguni Until 2:47PM Fri

Ganesha: Purple

Sunrise: 6:01AM

Yama

6:01AM - 7:45AM

Sobhana Until 2:40PM

Muruga: Clear

Sunset: 7:57PM

Rahu

2:43PM - 4:28PM

Bava Until 6:54AM

Nataraja: Green

Moon - Red

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 5.52 Tihi 20 - 21

954173366

Gulika

7:46AM - 9:30AM

Purvaphalguni Until 2:47PM

Ganesha: Clear

Sunrise: 6:02AM

Yama

4:28PM - 6:12PM

Athiganda\* Until 7:78AM Sat

Muruga: Clear

Sunset: 7:57PM

Rahu

11:15AM - 12:59PM

Gara Until 1:44AM Sat

Nataraja: Green

Moon - Red

Devaloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:47PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhrili Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 20.06 Tihi 21 - 22

964173366

Gulika

6:03AM - 7:47AM

Hasta Until 11:31AM

Ganesha: Purple

Sunrise: 6:03AM

Yama

2:44PM - 4:28PM

Sukarma Until 8:18AM

Muruga: Clear

Sunset: 7:56PM

Rahu

9:31AM - 11:15AM

Visti Until 12:04AM Sun

Nataraja: Green

Moon - Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 3.55 Tihi 22 - 23

964173366

Gulika

4:28PM - 6:11PM

Chitra Until 10:51AM

Ganesha: Purple

Sunrise: 6:04AM

Yama

1:00PM - 2:44PM

Shula\* Until 4:06AM Mon

Muruga: Clear

Sunset: 7:55PM

Rahu

6:11PM - 7:55PM

Balava Until 11:08PM

Nataraja: Green

Moon - Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 17.19 Tihi 23 - 24

964173366

Gulika

2:44PM - 4:27PM

Svati Until 10:44AM

Ganesha: Purple

Sunrise: 6:05AM

Yama

11:16AM - 1:00PM

Ganda\* Until 2:52AM Tue

Muruga: Clear

Sunset: 7:55PM

Rahu

7:49AM - 9:32AM

Taitila Until 10:58PM

Nataraja: Green

Moon - Green

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:44AM

Then Routine Work - Marana Yoga

<b>1</b>		Tuesday, January 29, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Cape Town, South Africa Sun 7 Sutra 289 Vilamba 5120
Vrischika Rasi: 0.18	Tithi 24 – 25	<b>Gulika</b>	1:00PM – 2:44PM	<b>Vishakha Until 11:40AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:06AM	
		Yama	9:33AM – 11:16AM	Vriddhi Until 2:12AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:54PM	
		974173366 <b>Rahu</b>	4:27PM – 6:11PM	Vanija Until 11:30PM	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Routine Work	Marana Yoga			<b>Navami* Until 11:07AM</b>	Moon – Orange	2nd Phase	
Until 11:40AM					<b>Pausha*Thai</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>2</b>		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Cape Town, South Africa Sun 8 Sutra 290 Vilamba 5120
Vrischika Rasi: 12.58	Tithi 25 – 26	<b>Gulika</b>	11:17AM – 1:00PM	<b>Anuradha Until 1:06PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:07AM	
		Yama	7:50AM – 9:33AM	Dhruva Until 2:00AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:54PM	
		974173366 <b>Rahu</b>	1:00PM – 2:43PM	Bava Until 12:42AM Thu	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Creative Work	Siddha Yoga			<b>Dashami Until 12:00PM</b>	Moon – Orange	2nd Phase	
					<b>Pausha*Thai</b>	<b>Devaloka Day</b>	

<b>3</b>		Thursday, January 31, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Cape Town, South Africa Sun 9 Sutra 291 Vilamba 5120
Vrischika Rasi: 25.21	Tithi 26 – 27	<b>Gulika</b>	9:34AM – 11:17AM	<b>Jyeshtha* Until 2:57PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:08AM	
		Yama	6:08AM – 7:51AM	Vyaghata* Until 2:13AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:53PM	
		974173366 <b>Rahu</b>	2:43PM – 4:27PM	Kaulava Until 2:27AM Fri	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Routine Work	Prabalarishta Yoga			<b>Ekadashi* Until 1:30PM</b>	Moon – Orange	2nd Phase	
Until 2:57PM					<b>Pausha*Thai</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>		Friday, February 1, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Cape Town, South Africa Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 7.31	Tithi 27 – 28	<b>Gulika</b>	7:51AM – 9:34AM	<b>Mula* Until 5:35PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:08AM	
		Yama	4:27PM – 6:10PM	Harshana Until 2:47AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:53PM	
		984173366 <b>Rahu</b>	11:17AM – 1:00PM	Gara Until 4:38AM Sat	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 3:28PM</b>	Moon – Light Blue	2nd Phase	
Until 5:35PM					<b>Pausha*Thai</b>	<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga						Devaloka Time: 12:PM to 3:PM	

*Pradosha Vrata (Fasting)*

<b>5</b>		Saturday, February 2, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Cape Town, South Africa Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 19.31	Tithi 28 – 29	<b>Gulika</b>	6:09AM – 7:52AM	<b>Purvashadha* Until 8:23PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:09AM	
		Yama	2:43PM – 4:26PM	Vajra* Until 3:32AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:52PM	
		984173366 <b>Rahu</b>	9:35AM – 11:18AM	Visti Until 7:06AM Sun	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 5:49PM</b>	Moon – Light Blue	2nd Phase	
Until 8:23PM					<b>Pausha*Thai</b>	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga						Devaloka Time: 12:PM to 3:PM	

<b>6</b>		Sunday, February 3, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Cape Town, South Africa Sun 12 Sutra 294 Vilamba 5120
Makara Rasi: 1.24	Tithi 29	<b>Gulika</b>	4:26PM – 6:09PM	<b>Uttarashadha Until 11:15PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:10AM	
		Yama	1:01PM – 2:43PM	Siddhi Until 4:27AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:51PM	
		985173366 <b>Rahu</b>	6:09PM – 7:51PM	Visti Until 7:06AM	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 8:24PM</b>	Moon – Light Blue	2nd Phase	
					<b>Pausha*Thai</b>	<b>Devaloka Day</b>	

<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 295 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	2:43PM – 4:26PM	<b>Shravana Until 2:32AM Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:11AM
Makara Rasi: 13.14	Tithi 30	Yama	11:18AM – 1:01PM	Vyatipata* Until 5:27AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:51PM
<b>Family Home Evening</b>		995173367 <b>Rahu</b>	7:53AM – 9:36AM	Catuspada Until 9:46AM	<b>Nataraja:</b> White	Moon 1 - Phase 40
Creative Work	Amrita Yoga			<b>Amavasya* Until 11:06PM</b>	Moon – Purple	Amavasya
Until 2:32AM Tue					<b>Pausha*Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Cape Town, South Africa Sun 14 Sutra 296 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	1:01PM – 2:43PM	<b>Dhanishtha Until 5:39AM Wed</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:12AM
Makara Rasi: 25.01	Tithi 1	Yama	9:36AM – 11:19AM	Variyan Until 6:24AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:50PM
		995173367 <b>Rahu</b>	4:25PM – 6:08PM	Kintughna Until 12:29PM	<b>Nataraja:</b> White	Moon 1 - Phase 40
Creative Work	Siddha Yoga			<b>Prathama* Until 1:48AM Wed</b>	Moon – Purple	Prathama
					<b>Magha*Thai</b>	<b>Devaloka Day</b>

<b>1</b>		<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Cape Town, South Africa Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 6.5	Tithi 2	<b>Gulika</b>	11:19AM – 1:01PM	<b>Shatabhishak Until 8:30AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:13AM	
		Yama	7:55AM – 9:37AM	Variyan Until 6:24AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:49PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	995173367 <b>Rahu</b>	1:01PM – 2:43PM	Balava Until 17:40AM Thu	<b>Nataraja:</b> White		3rd Phase
				<b>Dvitiya Until 6:24AM Wed</b>	Moon – Purple		<b>Devaloka Day</b>
					<b>Magha-Thai</b>		

<b>2</b>		<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprosarthpada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Trityayam Titau		Cape Town, South Africa Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 18.4	Tithi 3	<b>Gulika</b>	9:37AM – 11:19AM	<b>Shatabhishak Until 8:30AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:14AM	
		Yama	6:14AM – 7:56AM	Parigha* Until 7:18AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	995173367 <b>Rahu</b>	2:43PM – 4:25PM	Tailila Until 5:40PM	<b>Nataraja:</b> White		3rd Phase
				<b>Tritiya Until 6:50AM Fri</b>	Moon – Purple		<b>Devaloka Day</b>
					<b>Magha-Thai</b>		

<b>3</b>		<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau		Cape Town, South Africa Sun 17 Sutra 299 Vilamba 5120	
Meena Rasi: 0.35	Tithi 3 – 4	<b>Gulika</b>	7:56AM – 9:38AM	<b>Purvaprosarthpada* Until 11:29AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:15AM	
		Yama	4:24PM – 6:06PM	Shiva Until 8:03AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:47PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	915173367 <b>Rahu</b>	11:19AM – 1:01PM	Vanija Until 7:57PM	<b>Nataraja:</b> White		3rd Phase
				<b>Tritiya Until 6:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>
					<b>Magha-Thai</b>		

<b>4</b>		<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprosarthpada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Cape Town, South Africa Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 12.37	Tithi 4 – 5	<b>Gulika</b>	6:16AM – 7:57AM	<b>Uttaraprosarthpada Until 2:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:16AM	
		Yama	2:42PM – 4:24PM	Siddha Until 2:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:47PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	915173367 <b>Rahu</b>	9:38AM – 11:20AM	Balava Until 10:41AM Sun	<b>Nataraja:</b> White		3rd Phase
Until 2:01PM				<b>Chaturthi* Until 8:57AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Magha-Thai</b>		

<b>5</b>		<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Cape Town, South Africa Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 24.47	Tithi 5 – 6	<b>Gulika</b>	4:23PM – 6:05PM	<b>Revati Until 3:59PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:17AM	
		Yama	1:01PM – 2:42PM	Sadhya Until 8:47AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:46PM	Moon 1 - Phase 41
Creative Work	Amrita Yoga	915273367 <b>Rahu</b>	6:05PM – 7:46PM	Kaulava Until 11:23PM	<b>Nataraja:</b> White		3rd Phase
Until 3:59PM				<b>Panchami Until 10:41AM</b>	Moon – Clear		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>		

<b>6</b>		<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Cape Town, South Africa Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 7.1	Tithi 6 – 7	<b>Gulika</b>	2:42PM – 4:23PM	<b>Ashvini Until 5:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:18AM	
<b>Family Home Evening</b>		Yama	11:20AM – 1:01PM	Subha Until 8:38AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:45PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	925273367 <b>Rahu</b>	7:58AM – 9:39AM	Gara Until 12:18AM Tue	<b>Nataraja:</b> White		3rd Phase
				<b>Shashthi* Until 11:54AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Magha-Thai</b>		Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>		<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Cape Town, South Africa Sun 21 Sutra 303 Vilamba 5120	
Mesha Rasi: 19.49	Tithi 7 – 8	<b>Gulika</b>	1:01PM – 2:42PM	<b>Bharani Until 6:44PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM	
		Yama	9:40AM – 11:20AM	Sukla Until 8:00AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	925273367 <b>Rahu</b>	4:22PM – 6:03PM	Visti Until 12:32AM Wed	<b>Nataraja:</b> White		Ashtami
				<b>Saptami Until 12:29PM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Magha-Thai</b>		Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>		<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cape Town, South Africa Sun 22 Sutra 304 Vilamba 5120	
Vrisabha Rasi: 2.47	Tithi 8 – 9	<b>Gulika</b>	11:21AM – 1:01PM	<b>Krittika Until 6:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:19AM	
		Yama	8:00AM – 9:40AM	Brahma Until 6:51AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:43PM	Moon 1 - Phase 41
Creative Work	Amrita Yoga	926273367 <b>Rahu</b>	1:01PM – 2:42PM	Balava Until 12:02AM Thu	<b>Nataraja:</b> White		Navami
Until 6:52PM				<b>Ashtami* Until 12:22PM</b>	Moon – White		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>		

<b>1</b>		<b>Thursday, February 14, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Cape Town, South Africa	
Vrishabha Rasi: 16.1		Tithi 9 – 10		Rohini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Sutra 305	
936273367		<b>Gulika</b>	<b>9:41AM – 11:21AM</b>	<b>Rohini Until 6:33PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:20AM	Vilamba 5120		
Routine Work		Yama	6:20AM – 8:01AM	Vaidhriti* Until 2:45AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 1 - Phase 42		
Marana Yoga		<b>Rahu</b>	<b>2:41PM – 4:21PM</b>	Taitila Until 10:45PM	<b>Nataraja:</b> White		4th Phase		
				<b>Navami* Until 11:28AM</b>	Moon – Yellow		<b>Sivaloka Day</b>		
					<b>Magha-Masi</b>				

<b>2</b>		<b>Friday, February 15, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Cape Town, South Africa	
Vrishabha Rasi: 29.58		Tithi 10 – 11		Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 306	
936273367		<b>Gulika</b>	<b>8:01AM – 9:41AM</b>	<b>Mrigashira Until 5:22PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:21AM	Vilamba 5120		
Creative Work		Yama	4:21PM – 6:01PM	Vishkambha* Until 11:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:41PM	Moon 1 - Phase 42		
Siddha Yoga		<b>Rahu</b>	<b>11:21AM – 1:01PM</b>	Vanija Until 8:45PM	<b>Nataraja:</b> White		4th Phase		
				<b>Dashami Until 9:49AM</b>	Moon – Yellow		<b>Sivaloka Day</b>		
					<b>Magha-Masi</b>				

<b>3</b>		<b>Saturday, February 16, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Cape Town, South Africa	
Mithuna Rasi: 14.13		Tithi 11 – 12		Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Sun 25		Sutra 307	
936273367		<b>Gulika</b>	<b>6:22AM – 8:02AM</b>	<b>Ardra Until 3:23PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:22AM	Vilamba 5120		
Creative Work		Yama	2:41PM – 4:20PM	Priti Until 8:26PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:40PM	Moon 1 - Phase 42		
Siddha Yoga		<b>Rahu</b>	<b>9:42AM – 11:21AM</b>	Bava Until 6:07PM	<b>Nataraja:</b> White		4th Phase		
				<b>Ekadashi Until 7:30AM</b>	Moon – Yellow		<b>Sivaloka Day</b>		
					<b>Magha-Masi</b>				

<b>4</b>		<b>Sunday, February 17, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Cape Town, South Africa	
Mithuna Rasi: 28.53		Tithi 13		Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 308	
946273367		<b>Gulika</b>	<b>4:20PM – 5:59PM</b>	<b>Punarvasu Until 1:09PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:23AM	Vilamba 5120		
Creative Work		Yama	1:01PM – 2:40PM	Ayushman Until 4:36PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 1 - Phase 42		
Siddha Yoga		<b>Rahu</b>	<b>5:59PM – 7:39PM</b>	Kaulava Until 2:58PM	<b>Nataraja:</b> White		4th Phase		
				<b>Trayodashi Until 1:14AM Mon</b>	Moon – Blue		<b>Devaloka Day</b>		
					<b>Magha-Masi</b>				

*Pradosha Vrata*

<b>5</b>		<b>Monday, February 18, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Cape Town, South Africa	
Kataka Rasi: 13.52		Tithi 14		Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 309	
946273367		<b>Gulika</b>	<b>2:40PM – 4:19PM</b>	<b>Pushya Until 5:48PM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:24AM	Vilamba 5120		
Family Home Evening		Yama	11:22AM – 1:01PM	Saubhagya Until 12:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:38PM	Moon 1 - Phase 42		
Creative Work		<b>Rahu</b>	<b>8:03AM – 9:43AM</b>	Gara Until 7:43AM Tue	<b>Nataraja:</b> White		4th Phase		
Siddha Yoga				<b>Chaturdashi* Until 4:36PM</b>	Moon – Blue		<b>Devaloka Day</b>		
		<b>Chidambaram Abhishekam</b>			<b>Magha-Masi</b>				

<b>○</b>		<b>Tuesday, February 19, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Cape Town, South Africa	
<b>Copper Retreat Star</b>		Pushya/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Sun 28		Sutra 310	
Kataka Rasi: 29.05		Tithi 15 – 16		Purnima* Until 5:48PM		Sun 28		Sutra 310	
946273367		<b>Gulika</b>	<b>1:01PM – 2:40PM</b>	<b>Pushya Until 5:48PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:25AM	Vilamba 5120		
Creative Work		Yama	9:43AM – 11:22AM	Sobhana Until 7:72AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 1 - Phase 42		
Siddha Yoga		<b>Rahu</b>	<b>4:19PM – 5:58PM</b>	Visti Until 7:43AM	<b>Nataraja:</b> White		Purnima		
				<b>Purnima* Until 5:48PM</b>	Moon – Blue		<b>Devaloka Day</b>		
					<b>Magha-Masi</b>				

<b>○</b>		<b>Wednesday, February 20, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Cape Town, South Africa	
<b>Silver Retreat Star</b>		Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sun 29		Sutra 311	
Simha Rasi: 14.2		Tithi 16 – 17		Prathama* Until 2:03PM		Sun 29		Sutra 311	
957273367		<b>Gulika</b>	<b>11:22AM – 1:01PM</b>	<b>Purvaphalguni Until 10:30AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:26AM	Vilamba 5120		
Creative Work		Yama	8:05AM – 9:43AM	Sukarma Until 11:38PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 1 - Phase 42		
Amrita Yoga		<b>Rahu</b>	<b>1:01PM – 2:39PM</b>	Taitila Until 12:15AM Thu	<b>Nataraja:</b> White		Prathama		
				<b>Prathama* Until 2:03PM</b>	Moon – Red		<b>Devaloka Day</b>		
					<b>Magha-Masi</b>				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 312

Vilamba 5120

Simha Rasi: 29.28 Tihi 17 - 18

957273367

**Gulika** 9:44AM - 11:22AM  
Yama 6:27AM - 8:05AM  
**Rahu** 2:39PM - 4:18PM

**Purvaphalguni Until 10:30AM**  
Dhriti Until 15:61AM Fri  
Vanija Until 8:53PM  
**Dvitiya Until 10:30AM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

*Sunrise:* 6:27AM  
*Sunset:* 7:35PM

Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Amrita Yoga  
Until 10:30AM  
Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Vridha\* Yoga Visti\*/Balava Karana Tritiya/Chaturchyam Titau

Cape Town, South Africa

Sun 2 Sutra 313

Vilamba 5120

Kanya Rasi: 14.21 Tihi 18 - 19

967273367

**Gulika** 8:06AM - 9:44AM  
Yama 4:17PM - 5:55PM  
**Rahu** 11:22AM - 1:01PM

**Hasta Until 8:47PM**  
Shula\* Until 4:01PM  
Balava Until 4:41AM Sat  
**Tritiya Until 7:20AM**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

*Sunrise:* 6:28AM  
*Sunset:* 7:33PM

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Amrita Yoga  
Until 8:47PM  
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 3 Sutra 314

Vilamba 5120

Kanya Rasi: 28.5 Tihi 20

967273367

**Gulika** 6:29AM - 8:07AM  
Yama 2:38PM - 4:16PM  
**Rahu** 9:45AM - 11:22AM

**Chitra Until 7:16PM**  
Ganda\* Until 12:53PM  
Kaulava Until 3:38PM  
**Panchami Until 2:43AM Sun**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

*Sunrise:* 6:29AM  
*Sunset:* 7:32PM

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Marana Yoga  
Until 7:16PM  
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vridha\*/Dhruva\* Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Sun 4 Sutra 315

Vilamba 5120

Tula Rasi: 12.52 Tihi 21

967273367

**Gulika** 4:16PM - 5:53PM  
Yama 1:00PM - 2:38PM  
**Rahu** 5:53PM - 7:31PM

**Svati Until 6:21PM**  
Vridha Until 10:20AM  
Gara Until 2:03PM  
**Shashthi\* Until 1:33AM Mon**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

*Sunrise:* 6:30AM  
*Sunset:* 7:31PM

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Siddha Yoga  
Until 6:21PM  
Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Cape Town, South Africa

Sun 5 Sutra 316

Vilamba 5120

Tula Rasi: 26.25 Tihi 22

977273367

**Gulika** 2:38PM - 4:15PM  
Yama 11:23AM - 1:00PM  
**Rahu** 8:08AM - 9:45AM

**Vishakha Until 6:34PM**  
Dhruva Until 8:25AM  
Visti Until 1:18PM  
**Saptami Until 1:14AM Tue**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

*Sunrise:* 6:30AM  
*Sunset:* 7:30PM

Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Family Home Evening  
Routine Work Marana Yoga  
Until 6:34PM  
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa

Sun 6 Sutra 317

Vilamba 5120

Vrischika Rasi: 9.29 Tihi 23

977273367

**Gulika** 1:00PM - 2:37PM  
Yama 9:46AM - 11:23AM  
**Rahu** 4:14PM - 5:52PM

**Anuradha Until 7:29PM**  
Vyaghata\* Until 7:11AM  
Balava Until 1:26PM  
**Ashtami\* Until 1:47AM Wed**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

*Sunrise:* 6:31AM  
*Sunset:* 7:29PM

Moon 2 - Phase 43  
Ashtami

**Devaloka Day**

Siddha Yoga  
Until 7:29PM  
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana\*/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa

Sun 7 Sutra 318

Vilamba 5120

Vrischika Rasi: 22.1 Tihi 24

978273367

**Gulika** 11:23AM - 1:00PM  
Yama 8:09AM - 9:46AM  
**Rahu** 1:00PM - 2:37PM

**Jyeshtha\* Until 9:01PM**  
Harshana Until 6:39AM  
Taitila Until 2:23PM  
**Navami\* Until 3:08AM Thu**

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

*Sunrise:* 6:32AM  
*Sunset:* 7:28PM

Moon 2 - Phase 43  
Navami

**Sivaloka Day**

Siddha Yoga  
Until 9:01PM  
Then Routine Work - Marana Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija Karana Dashamyam Titau		Cape Town, South Africa Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 4.29	Tithi 25	<b>Gulika</b>	9:46AM – 11:23AM	<b>Mula* Until 11:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:33AM	
		Yama	6:33AM – 8:10AM	Vajra* Until 6:39AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:26PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b>	2:36PM – 4:13PM	Vanija Until 4:05PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga			<b>Dashami Until 5:07AM Fri</b>	Moon – Light Blue		<b>Devaloka Day</b>
					<b>Magha-Masi</b>		
<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ekadashyam Titau		Cape Town, South Africa Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 16.33	Tithi 26	<b>Gulika</b>	8:11AM – 9:47AM	<b>Purvashadha* Until 2:22AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:35AM	
		Yama	4:12PM – 5:48PM	Siddhi Until 7:09AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:24PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b>	11:23AM – 12:59PM	Bava Until 6:19PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga			<b>Ekadashi* Until 7:34AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 2:22AM Sat					<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Cape Town, South Africa Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 28.26	Tithi 26 – 27	<b>Gulika</b>	6:36AM – 8:11AM	<b>Uttarashadha Until 5:19AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:36AM	
		Yama	2:35PM – 4:11PM	Vyatipata* Until 7:59AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b>	9:47AM – 11:23AM	Kaulava Until 8:55PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga			<b>Ekadashi* Until 7:34AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 5:19AM Sun					<b>Magha-Masi</b>		
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taitila Karana Dvadashi/Trayodashyam Titau		Cape Town, South Africa Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 10.14	Tithi 27 – 28	<b>Gulika</b>	4:10PM – 5:46PM	<b>Shravana Until 8:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	
		Yama	12:59PM – 2:35PM	Varyan Until 8:58AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 2 - Phase 44
		998273367 <b>Rahu</b>	5:46PM – 7:21PM	Taitila Until 10:15AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 10:15AM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 8:40AM Mon					<b>Magha-Masi</b>		
Then Creative Work - Siddha Yoga							
					<i>Pradosha Vrata (Fasting)</i>		
<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Cape Town, South Africa Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 22.01	Tithi 28 – 29	<b>Gulika</b>	2:34PM – 4:09PM	<b>Shravana Until 3:39PM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:37AM	
<b>Family Home Evening</b>		Yama	11:23AM – 12:59PM	Parigha* Until 10:02AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:20PM	Moon 2 - Phase 44
		998273367 <b>Rahu</b>	8:13AM – 9:48AM	Visti Until 2:22AM Tue	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga			<b>Trayodashi* Until 1:00PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 3:39PM Tue					<b>Magha-Masi</b>		
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>					
		<b>Mahasivaratri (Solar)</b>					
<b>6</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Cape Town, South Africa Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 3.48	Tithi 29 – 30	<b>Gulika</b>	12:58PM – 2:34PM	<b>Shravana Until 3:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM	
		Yama	9:48AM – 11:23AM	Shiva Until 11:53AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 2 - Phase 44
		199273367 <b>Rahu</b>	4:09PM – 5:44PM	Catuspada Until 4:56AM Wed	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 3:39PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 3:39PM					<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga* Karana Amavasyayam Titau		Cape Town, South Africa Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 15.4	Tithi 30	<b>Gulika</b>	11:23AM – 12:58PM	<b>Shatabhishak Until 2:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	
		Yama	8:14AM – 9:49AM	Siddha Until 11:53AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:18PM	Moon 2 - Phase 44
		199273367 <b>Rahu</b>	12:58PM – 2:33PM	Naga Until 6:06PM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:06PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 2:33PM					<b>Magha-Masi</b>		
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Cape Town, South Africa Sun 15 Sutra 326 Vilamba 5120	
Kumbha Rasi: 27.37	Tithi 1	<b>Gulika</b>	9:49AM – 11:23AM	<b>Purvaproshtapada* Until 5:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:40AM	
		Yama	6:40AM – 8:14AM	Sadhya Until 12:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 2 - Phase 44
		119373367 <b>Rahu</b>	2:33PM – 4:07PM	Kintughna Until 7:14AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 8:15PM</b>	Moon – Clear		<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b> Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cape Town, South Africa Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 9.4	Tithi 2	<b>Gulika</b> 8:15AM – 9:49AM Yama 4:06PM – 5:41PM 119373367 <b>Rahu</b> 11:23AM – 12:58PM	<b>Uttaraproshtapada</b> Until 7:46PM Subha Until 12:58PM Balava Until 9:13AM Dvitiya Until 10:04PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:40AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:15PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>	<i>Sunrise:</i> 6:40AM <i>Sunset:</i> 7:15PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga					
<b>2</b> Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Cape Town, South Africa Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 21.53	Tithi 3	<b>Gulika</b> 6:41AM – 8:15AM Yama 2:32PM – 4:06PM 119373367 <b>Rahu</b> 9:49AM – 11:23AM	<b>Revati</b> Until 9:38PM Sukla Until 1:07PM Tailila Until 10:53AM Tritiya Until 11:33PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:41AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:14PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Masi</b>	<i>Sunrise:</i> 6:41AM <i>Sunset:</i> 7:14PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Routine Work	Prabalarishta Yoga					
Until 9:38PM						
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>				
<b>3</b> Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Cape Town, South Africa Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 4.14	Tithi 4	<b>Gulika</b> 4:05PM – 5:39PM Yama 12:57PM – 2:31PM 129373367 <b>Rahu</b> 5:39PM – 7:13PM	<b>Ashvini</b> Until 11:27PM Brahma Until 12:59PM Vanija Until 12:09PM Chaturthi* Until 12:38AM Mon	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:42AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:13PM <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 7:13PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga					
Until 11:27PM						
Then Routine Work - Prabalarishta Yoga						
<b>4</b> Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Cape Town, South Africa Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 16.46	Tithi 5	<b>Gulika</b> 2:31PM – 4:04PM Yama 11:23AM – 12:57PM 129373367 <b>Rahu</b> 8:16AM – 9:50AM	<b>Bharani</b> Until 12:41AM Tue Indra Until 12:34PM Bava Until 1:01PM Panchami Until 1:16AM Tue	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:43AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:11PM <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 7:11PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Family Home Evening						
Creative Work	Siddha Yoga					
<b>5</b> Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Cape Town, South Africa Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 29.29	Tithi 6	<b>Gulika</b> 12:57PM – 2:30PM Yama 9:50AM – 11:23AM 129373367 <b>Rahu</b> 4:03PM – 5:37PM	<b>Krittika</b> Until 1:17AM Wed Vaidhriti* Until 11:45AM Kaulava Until 1:25PM Shashthi* Until 1:24AM Wed	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:44AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:10PM <b>Nataraja:</b> White Moon – White <b>Phalguna-Masi</b>	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 7:10PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga					
<b>6</b> Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Cape Town, South Africa Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 12.28	Tithi 7	<b>Gulika</b> 11:23AM – 12:57PM Yama 8:17AM – 9:50AM 131373367 <b>Rahu</b> 12:57PM – 2:30PM	<b>Rohini</b> Until 1:39AM Thu Vishkambha* Until 10:33AM Gara Until 1:17PM Saptami Until 12:59AM Thu	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:44AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:09PM <b>Nataraja:</b> White Moon – Yellow <b>Phalguna-Masi</b>	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 7:09PM	Moon 2 - Phase 45 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga					
Until 1:39AM Thu						
Then Routine Work - Marana Yoga						
<b>Retreat Star</b> Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Cape Town, South Africa Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 25.45	Tithi 8	<b>Gulika</b> 9:51AM – 11:23AM Yama 6:45AM – 8:18AM 131373367 <b>Rahu</b> 2:29PM – 4:02PM	<b>Mrigashira</b> Until 1:15AM Fri Priti Until 8:54AM Visti Until 12:33PM Ashtami* Until 11:56PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:45AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:07PM <b>Nataraja:</b> White Moon – Yellow <b>Phalguna-Masi</b>	<i>Sunrise:</i> 6:45AM <i>Sunset:</i> 7:07PM	Moon 2 - Phase 45 Ashtami <b>Sivaloka Day</b>
Routine Work	Marana Yoga					
Until 1:15AM Fri						
Then Creative Work - Siddha Yoga						
<b>Retreat Star</b> Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Cape Town, South Africa Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 9.23	Tithi 9	<b>Gulika</b> 8:18AM – 9:51AM Yama 4:01PM – 5:33PM 131373368 <b>Rahu</b> 11:23AM – 12:56PM	<b>Ardra</b> Until 12:07AM Sat Ayushman Until 6:44AM Balava Until 11:12AM Navami* Until 10:17PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:46AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:06PM <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Panguni</b>	<i>Sunrise:</i> 6:46AM <i>Sunset:</i> 7:06PM	Moon 2 - Phase 45 Navami <b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga					
		<b>Karadayyan Nombu (Tamil Nadu)</b>				

<b>1 Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila Karana Dashamyam Titau				Cape Town, South Africa Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 23.22	Tithi 10	<b>Gulika</b> 6:47AM – 8:19AM	<b>Punarvasu</b> Until 10:41PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:47AM	
		Yama 2:28PM – 4:00PM	Sobhana Until 1:00AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:05PM	Moon 2 - Phase 46
141373368	<b>Rahu</b> 9:51AM – 11:23AM		Taitila Until 9:14AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:02PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>2 Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Cape Town, South Africa Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 7.44	Tithi 11 – 12	<b>Gulika</b> 3:59PM – 5:31PM	<b>Pushya</b> Until 8:36PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:48AM	
		Yama 12:55PM – 2:27PM	Athiganda* Until 9:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 2 - Phase 46
141373368	<b>Rahu</b> 5:31PM – 7:03PM		Vanija Until 6:44AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 5:16PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>3 Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 22.27	Tithi 12 – 13	<b>Gulika</b> 2:27PM – 3:59PM	<b>Ashlesha*</b> Until 6:01PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:48AM	
<b>Family Home Evening</b>		Yama 11:23AM – 12:55PM	Sukarma Until 5:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 2 - Phase 46
141373368	<b>Rahu</b> 8:20AM – 9:52AM		Kaulava Until 12:26AM Tue	<b>Nataraja:</b> Clear		4th Phase
Until 6:01PM		<b>Yogaswami Mahasamadhi</b>	<b>Dvadashi</b> Until 2:07PM	Moon – Blue		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	<b>Phalguna•Panguni</b>		

<b>4 Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 7.23	Tithi 13 – 14	<b>Gulika</b> 12:55PM – 2:26PM	<b>Magha*</b> Until 3:27PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:49AM	
		Yama 9:52AM – 11:23AM	Dhriti Until 1:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:01PM	Moon 2 - Phase 46
151373368	<b>Rahu</b> 3:58PM – 5:29PM		Gara Until 8:56PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 10:41AM	Moon – Red		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>○ Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Cape Town, South Africa Sutra 339 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:23AM – 12:55PM	<b>Purvaphalguni</b> Until 12:40PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:50AM	
Simha Rasi: 22.28	Tithi 14 – 15	Yama 8:21AM – 9:52AM	Shula* Until 9:34AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 2 - Phase 46
151373368	<b>Rahu</b> 12:55PM – 2:26PM		Bava Until 3:37AM Thu	<b>Nataraja:</b> Clear		Purnima
Creative Work	Amrita Yoga	<b>Panguni Uttiram</b>	<b>Chaturdashi*</b> Until 7:08AM	Moon – Red		<b>Subha Sivaloka Day</b>
		<b>Holi</b>		<b>Phalguna•Panguni</b>		

<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Cape Town, South Africa Sutra 340 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:52AM – 11:23AM	<b>Uttaraphalguni</b> Until 9:50AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:51AM	
Kanya Rasi: 7.31	Tithi 16	Yama 6:51AM – 8:21AM	Vriddhi Until 1:41AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 6:58PM	Moon 2 - Phase 46
151383368	<b>Rahu</b> 2:25PM – 3:56PM		Balava Until 1:57PM	<b>Nataraja:</b> Clear		Prathama
Amrita Yoga			<b>Prathama*</b> Until 12:19AM Fri	Moon – Red		<b>Sivaloka Day</b>
Until 9:50AM				<b>Phalguna•Panguni</b>		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 22.22 Tihi 17

Gulika 8:22AM - 9:53AM  
Yama 3:55PM - 5:26PM  
Rahu 11:23AM - 12:54PMHasta Until 7:33AM  
Dhruva Until 10:08PM  
Taitila Until 10:49AM  
Dvitiya Until 9:24PMGanesha: Yellow Sunrise: 6:51AM  
Muruga: White Sunset: 6:57PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 7:33AM

Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cape Town, South Africa

Sun 2 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 6.55 Tihi 18

Gulika 6:52AM - 8:22AM  
Yama 2:24PM - 3:54PM  
Rahu 9:53AM - 11:23AMSvati Until 4:02AM Sun  
Vyaghata\* Until 7:03PM  
Vanija Until 8:09AM  
Tritiya Until 7:02PMGanesha: Blue Sunrise: 6:52AM  
Muruga: White Sunset: 6:55PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 4:02AM Sun

Then Routine Work - Marana Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa

Sun 3 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 21.03 Tihi 19 - 20

Gulika 3:54PM - 5:24PM  
Yama 12:53PM - 2:23PM  
Rahu 5:24PM - 6:54PMVishakha Until 3:31AM Mon  
Harshana Until 4:33PM  
Bava Until 6:07AM  
Chaturthi\* Until 5:21PMGanesha: Red Sunrise: 6:53AM  
Muruga: White Sunset: 6:54PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 3:31AM Mon

Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Cape Town, South Africa

Sun 4 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 4.43 Tihi 20 - 21

Family Home Evening

Gulika 2:23PM - 3:53PM  
Yama 11:23AM - 12:53PM  
Rahu 8:23AM - 9:53AMAnuradha Until 3:43AM Tue  
Vajra\* Until 2:41PM  
Gara Until 4:24AM Tue  
Panchami Until 4:29PMGanesha: Red Sunrise: 6:54AM  
Muruga: White Sunset: 6:52PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 3:43AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa

Sun 5 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 17.53 Tihi 21 - 22

Gulika 12:53PM - 2:22PM  
Yama 9:53AM - 11:23AM  
Rahu 3:52PM - 5:22PMJyeshtha\* Until 4:37AM Wed  
Siddhi Until 1:31PM  
Visti Until 4:52AM Wed  
Shashthi\* Until 4:30PMGanesha: Red Sunrise: 6:54AM  
Muruga: White Sunset: 6:51PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa

Sun 6 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Dhanus Rasi: 0.38 Tihi 22 - 23

Gulika 11:23AM - 12:52PM  
Yama 8:24AM - 9:54AM  
Rahu 12:52PM - 2:22PMMula\* Until 6:38AM Thu  
Vyatipata\* Until 1:02PM  
Balava Until 6:10AM Thu  
Saptami Until 5:24PMGanesha: Green Sunrise: 6:55AM  
Muruga: White Sunset: 6:50PM  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 6:38AM Thu

Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa

Sun 7 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 13 Tihi 23

Gulika 9:54AM - 11:23AM  
Yama 6:56AM - 8:25AM  
Rahu 2:21PM - 3:50PMMula\* Until 6:38AM  
Variyan Until 1:09PM  
Balava Until 6:10AM  
Ashtami\* Until 7:04PMGanesha: Green Sunrise: 6:56AM  
Muruga: White Sunset: 6:48PM  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa

Sun 8 Sutra 349

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 25.05 Tihi 24

Gulika 8:25AM - 9:54AM  
Yama 3:49PM - 5:18PM  
Rahu 11:23AM - 12:52PMPurvashadha\* Until 9:10AM  
Parigha\* Until 1:45PM  
Taitila Until 8:09AM  
Navami\* Until 9:19PMGanesha: Green Sunrise: 6:56AM  
Muruga: Yellow Sunset: 6:47PM  
Nataraja: Purple  
Moon - Light Blue  
Phalguna-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 9:10AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Cape Town, South Africa Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 6.58	Tithi 25	<b>Gulika</b> 6:57AM – 8:26AM	<b>Uttarashadha</b> Until 11:57AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:57AM	
		Yama 2:20PM – 3:49PM	Shiva Until 2:42PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 48
		182383468 <b>Rahu</b> 9:54AM – 11:23AM	Vanija Until 10:36AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 11:54PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 11:57AM				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2 Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Cape Town, South Africa Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 18.46	Tithi 26	<b>Gulika</b> 3:48PM – 5:16PM	<b>Shravana</b> Until 3:17PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:58AM	
		Yama 12:51PM – 2:20PM	Siddha Until 3:45PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 48
		192383468 <b>Rahu</b> 5:16PM – 6:44PM	Bava Until 1:17PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 2:36AM Mon	Moon – Purple		<b>Sivaloka Day</b>
Until 3:17PM				<b>Phalguna•Panguni</b>		
Then Routine Work - Marana Yoga						

<b>3 Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Tailila Karana Dvadashyam Titau				Cape Town, South Africa Sun 10 Sutra 351 Vilamba 5120
Kumbha Rasi: 0.33	Tithi 27	<b>Gulika</b> 2:20PM – 3:48PM	<b>Dhanishtha</b> Until 6:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:58AM	
<b>Family Home Evening</b>		Yama 11:23AM – 12:51PM	Sadhya Until 4:47PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 8:26AM – 9:55AM	Kaulava Until 3:56PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 5:11AM Tue	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>4 Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara Karana Trayodashyam Titau				Cape Town, South Africa Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 12.23	Tithi 28	<b>Gulika</b> 12:51PM – 2:19PM	<b>Shatabhishak</b> Until 9:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:59AM	
		Yama 9:55AM – 11:23AM	Subha Until 5:41PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 3:47PM – 5:15PM	Gara Until 6:23PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 7:28AM Wed	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5 Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 24.19	Tithi 28 – 29	<b>Gulika</b> 11:23AM – 12:51PM	<b>Purvaproshtapada*</b> Until 11:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:59AM	
		Yama 8:27AM – 9:55AM	Sukla Until 6:17PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 12:51PM – 2:18PM	Visti Until 8:30PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 7:28AM	Moon – Clear		<b>Sivaloka Day</b>
Until 11:55PM				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 354 Vilamba 5120
Meena Rasi: 6.24	Tithi 29 – 30	<b>Gulika</b> 9:55AM – 11:23AM	<b>Uttaraproshtapada</b> Until 10:51AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:00AM	
		Yama 7:00AM – 8:28AM	Brahma Until 6:36PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 2:18PM – 3:45PM	Catuspada Until 10:11PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:22AM	Moon – Clear		<b>Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revali Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cape Town, South Africa Sun 14 Sutra 355 Vilamba 5120
Meena Rasi: 18.4	Tithi 30 – 1	<b>Gulika</b> 8:28AM – 9:55AM	<b>Uttaraproshtapada</b> Until 10:51AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:01AM	
		Yama 3:45PM – 5:12PM	Indra Until 17:75AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 11:23AM – 12:50PM	Kintughna Until 11:27PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 10:51AM	Moon – Clear		<b>Sivaloka Day</b>
Until 10:51AM		<b>Yugadhi</b>		<b>Chaitra•Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>1</b> Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 356 Vilamba 5120
Mesha Rasi: 1.06	Tithi 1 – 2	<b>Gulika</b> 7:02AM – 8:29AM	<b>Revati Until 11:54AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:02AM	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 3rd Phase
Creative Work	Siddha Yoga	Yama 2:17PM – 3:44PM	Vaidhriti* Until 17:36AM Sun	<b>Muruga:</b> Yellow		
		123483468 <b>Rahu</b> 9:56AM – 11:23AM	Balava Until 12:17AM Sun	<b>Nataraja:</b> Purple		
		Chellappaswami Mahasamadhi	<b>Prathama* Until 11:54AM</b>	Moon – White		<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>2</b> Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Cape Town, South Africa Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 13.44	Tithi 2 – 3	<b>Gulika</b> 3:43PM – 5:10PM	<b>Bharani Until 6:12AM Mon</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:02AM	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 12:49PM – 2:16PM	Vishkambha* Until 5:36PM	<b>Muruga:</b> Yellow		
Until 6:12AM Mon		123483468 <b>Rahu</b> 5:10PM – 6:37PM	Taitila Until 12:42AM Mon	<b>Nataraja:</b> Purple		
Then Routine Work - Marana Yoga			<b>Dvitiya Until 12:31PM</b>	Moon – White		<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>3</b> Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Cape Town, South Africa Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 26.33	Tithi 3 – 4	<b>Gulika</b> 2:16PM – 3:42PM	<b>Bharani Until 12:37PM Tue</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:03AM	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 49 3rd Phase
<b>Family Home Evening</b>		Yama 11:23AM – 12:49PM	Priti Until 4:40PM	<b>Muruga:</b> Yellow		
Creative Work	Siddha Yoga	123483468 <b>Rahu</b> 8:30AM – 9:56AM	Vanija Until 12:45AM Tue	<b>Nataraja:</b> Purple		
Until 12:37PM Tue			<b>Tritiya Until 12:45PM</b>	Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Chaitra•Panguni</b>		

<b>4</b> Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Rohini Nakshatra Ayushman/Saubhagya Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 9.33	Tithi 4 – 5	<b>Gulika</b> 12:49PM – 2:15PM	<b>Bharani Until 12:37PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:04AM	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 49 3rd Phase
Creative Work	Siddha Yoga	Yama 9:56AM – 11:23AM	Ayushman Until 3:25PM	<b>Muruga:</b> Yellow		
Until 12:37PM		123483468 <b>Rahu</b> 3:41PM – 5:08PM	Bava Until 12:26AM Wed	<b>Nataraja:</b> Purple		
Then Creative Work - Amrita Yoga			<b>Chaturthi* Until 12:37PM</b>	Moon – White		<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>5</b> Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cape Town, South Africa Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 22.44	Tithi 5 – 6	<b>Gulika</b> 11:23AM – 12:49PM	<b>Rohini Until 7:03AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:05AM	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 49 3rd Phase
Creative Work	Siddha Yoga	Yama 8:31AM – 9:57AM	Saubhagya Until 1:53PM	<b>Muruga:</b> Yellow		
		123483468 <b>Rahu</b> 12:49PM – 2:15PM	Kaulava Until 11:44PM	<b>Nataraja:</b> Purple		
			<b>Panchami Until 12:07PM</b>	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>6</b> Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Shashthi/Saptamyam Titau				Cape Town, South Africa Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 6.08	Tithi 6 – 7	<b>Gulika</b> 9:57AM – 11:23AM	<b>Mrigashira Until 6:56AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:05AM	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 49 3rd Phase
Routine Work	Marana Yoga	Yama 7:05AM – 8:31AM	Sobhana Until 12:04PM	<b>Muruga:</b> Yellow		
		123483468 <b>Rahu</b> 2:14PM – 3:40PM	Taitila Until 11:14AM	<b>Nataraja:</b> Purple		
			<b>Shashthi* Until 11:14AM</b>	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>Retreat Star</b> Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cape Town, South Africa Sun 21 Sutra 362 Vilamba 5120
Mithuna Rasi: 19.45	Tithi 7 – 8	<b>Gulika</b> 8:31AM – 9:57AM	<b>Ardra Until 6:16AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:06AM	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 49 Ashtami
Creative Work	Siddha Yoga	Yama 3:39PM – 5:05PM	Athiganda* Until 9:53AM	<b>Muruga:</b> Yellow		
		123483468 <b>Rahu</b> 11:23AM – 12:48PM	Visti Until 9:08PM	<b>Nataraja:</b> Purple		
			<b>Saptami Until 9:56AM</b>	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>Retreat Star</b> Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cape Town, South Africa Sun 22 Sutra 363 Vilamba 5120
Kataka Rasi: 3.37	Tithi 8 – 9	<b>Gulika</b> 7:07AM – 8:32AM	<b>Pushya Until 4:09AM Sun</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 7:07AM	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 49 Navami
Creative Work	Siddha Yoga	Yama 2:13PM – 3:38PM	Sukarma Until 7:23AM	<b>Muruga:</b> Yellow		
		123483468 <b>Rahu</b> 9:57AM – 11:23AM	Balava Until 7:13PM	<b>Nataraja:</b> Purple		
		Sri Rama Navami	<b>Ashtami* Until 8:13AM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau			Cape Town, South Africa Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 17.45	Tithi 9 – 10	<b>Gulika</b> 3:38PM – 5:03PM	<b>Ashlesha* Until 2:19AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:07AM	
		Yama 12:48PM – 2:13PM	Shula* Until 1:27AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:28PM	Moon 3 - Phase 1
		143483468 <b>Rahu</b> 5:03PM – 6:28PM	Gara Until 3:37AM Mon	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga			<b>Navami* Until 6:06AM</b>	Moon – Blue	<b>Devaloka Day</b>
Until 2:19AM Mon		<b>Tamil New Year</b>		<b>Chaitra•Chaitra</b>	
Then Routine Work - Marana Yoga					

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau			Cape Town, South Africa Sun 24 Sutra 1 Vikarin 5121
Simha Rasi: 2.08	Tithi 11	<b>Gulika</b> 2:12PM – 3:37PM	<b>Magha* Until 12:27AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:08AM	
<b>Family Home Evening</b>		Yama 11:22AM – 12:47PM	Ganda* Until 10:05PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:26PM	Moon 3 - Phase 1
253483468 <b>Rahu</b> 8:33AM – 9:58AM			Vanija Until 2:16PM	<b>Nataraja:</b> Purple	4th Phase
Routine Work Marana Yoga			<b>Ekadashi Until 12:50AM Tue</b>	Moon – Red	<b>Devaloka Day</b>
Until 12:27AM Tue				<b>Chaitra•Chaitra</b>	
Then Creative Work - Siddha Yoga					

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau			Cape Town, South Africa Sun 25 Sutra 2 Vikarin 5121
Simha Rasi: 16.42	Tithi 12	<b>Gulika</b> 12:47PM – 2:12PM	<b>Purvaphalguni Until 10:16PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:09AM	
		Yama 9:58AM – 11:22AM	Vriddhi Until 6:33PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:25PM	Moon 3 - Phase 1
253483468 <b>Rahu</b> 3:36PM – 5:01PM			Bava Until 11:23AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work Siddha Yoga			<b>Dvadashi Until 9:52PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 10:16PM				<b>Chaitra•Chaitra</b>	
Then Creative Work - Amrita Yoga					

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 3 Vikarin 5121
Kanya Rasi: 1.23	Tithi 13	<b>Gulika</b> 11:22AM – 12:47PM	<b>Uttaraphalguni Until 7:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:10AM	
		Yama 8:34AM – 9:58AM	Dhruva Until 2:56PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:24PM	Moon 3 - Phase 1
253483468 <b>Rahu</b> 12:47PM – 2:11PM			Kaulava Until 8:22AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work Amrita Yoga			<b>Trayodashi Until 6:50PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 7:53PM				<b>Chaitra•Chaitra</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>		

<b>5 Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Cape Town, South Africa Sun 27 Sutra 4 Vikarin 5121
Kanya Rasi: 16.05	Tithi 14 – 15	<b>Gulika</b> 9:58AM – 11:22AM	<b>Hasta Until 5:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:10AM	
		Yama 7:10AM – 8:34AM	Vyaghata* Until 11:22AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
263483468 <b>Rahu</b> 2:11PM – 3:35PM			Visti Until 2:30AM Fri	<b>Nataraja:</b> Purple	4th Phase
Routine Work Marana Yoga			<b>Chaturdashi* Until 3:53PM</b>	Moon – Green	<b>Sivaloka Day</b>
Until 5:51PM				<b>Chaitra•Chaitra</b>	
Then Creative Work - Siddha Yoga					

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Cape Town, South Africa Sun 27 Sutra 4 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:35AM – 9:59AM	<b>Chitra Until 3:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:11AM	
Tula Rasi: 0.41	Tithi 15 – 16	Yama 3:34PM – 4:58PM	Harshana Until 7:59AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
263483468 <b>Rahu</b> 11:23AM – 12:46PM			Balava Until 11:57PM	<b>Nataraja:</b> Purple	Purnima
Creative Work Siddha Yoga			<b>Purnima* Until 1:09PM</b>	Moon – Green	<b>Sivaloka Day</b>
		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra•Chaitra</b>	
		<b>Hanuman Jayanti</b>			

<b>Saturday, April 20, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Cape Town, South Africa Sun 28 Sutra 5 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:12AM – 8:35AM	<b>Svati Until 2:17PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:12AM	
Tula Rasi: 15.02	Tithi 16 – 17	Yama 2:10PM – 3:33PM	Siddhi Until 2:09AM Sun	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:20PM	Moon 3 - Phase 1
264483468 <b>Rahu</b> 9:59AM – 11:23AM			Taitila Until 9:51PM	<b>Nataraja:</b> Purple	Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 10:49AM</b>	Moon – Green	<b>Sivaloka Day</b>
				<b>Chaitra•Chaitra</b>	