



Tuesday, May 1, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Adana, Turkey

Vishakha/Anuradha Nakshatra Vyatipata\* Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Sutra 16

Tula Rasi: 29.58 Tihi 17

273832369

**Gulika** 11:37AM - 1:19PM  
**Yama** 8:11AM - 9:54AM  
**Rahu** 3:02PM - 4:45PM

**Vishakha** Until 12:23PM  
**Vyatipata\*** Until 6:06AM  
Taitila Until 3:40PM  
**Dvitiya** Until 4:09AM Wed

**Ganesha:** Purple *Sunrise:* 4:46AM  
**Muruga:** White *Sunset:* 6:28PM  
**Nataraja:** Purple  
Moon - Orange  
**Vaisaka-Chaitra**

1st Phase

**Bhuloka Day**

Routine Work Marana Yoga  
Until 12:23PM  
Then Creative Work - Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Adana, Turkey

Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Sun 1 Sutra 17

Vrischika Rasi: 12.29 Tihi 18

273832369

**Gulika** 9:54AM - 11:37AM  
**Yama** 6:27AM - 8:10AM  
**Rahu** 11:37AM - 1:20PM

**Anuradha** Until 2:05PM  
**Parigha\*** Until 5:56AM Thu  
Vanija Until 4:49PM  
**Tritiya** Until 5:34AM Thu

**Ganesha:** Purple *Sunrise:* 4:44AM  
**Muruga:** White *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon - Orange  
**Vaisaka-Chaitra**

1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Adana, Turkey

Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava Karana Chaturthyam Titau

Sun 2 Sutra 18

Vrischika Rasi: 24.47 Tihi 19

274832369

**Gulika** 8:10AM - 9:53AM  
**Yama** 4:43AM - 6:27AM  
**Rahu** 1:20PM - 3:03PM

**Jyeshtha\*** Until 4:08PM  
Shiva Until 6:28AM Fri  
Bava Until 6:30PM  
**Chaturthi\*** Until 7:30AM Fri

**Ganesha:** Clear *Sunrise:* 4:43AM  
**Muruga:** White *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon - Orange  
**Vaisaka-Chaitra**

1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga  
Until 4:08PM  
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Adana, Turkey

Mula\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 19

Dhanus Rasi: 6.52 Tihi 19 - 20

284832369

**Gulika** 6:26AM - 8:09AM  
**Yama** 3:03PM - 4:47PM  
**Rahu** 9:53AM - 11:36AM

**Mula\*** Until 6:59PM  
Shiva Until 6:28AM  
Kaulava Until 8:39PM  
**Chaturthi\*** Until 7:30AM

**Ganesha:** White *Sunrise:* 4:42AM  
**Muruga:** White *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Vaisaka-Chaitra**

1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 6:59PM  
Then Routine Work - Prabalarishta Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Adana, Turkey

Purvashadha\* Nakshatra Siddha/Sadha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 20

Dhanus Rasi: 18.47 Tihi 20 - 21

284832369

**Gulika** 4:41AM - 6:25AM  
**Yama** 1:20PM - 3:04PM  
**Rahu** 8:09AM - 9:52AM

**Purvashadha\*** Until 9:59PM  
Siddha Until 7:17AM  
Gara Until 11:07PM  
**Panchami** Until 9:50AM

**Ganesha:** White *Sunrise:* 4:41AM  
**Muruga:** White *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Vaisaka-Chaitra**

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga  
Until 9:59PM  
Then Routine Work - Marana Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Adana, Turkey

Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 21

Makara Rasi: 1 Tihi 21 - 22

284832369

**Gulika** 3:04PM - 4:48PM  
**Yama** 11:36AM - 1:20PM  
**Rahu** 4:48PM - 6:32PM

**Uttarashadha** Until 12:55AM Mon  
Sadhya Until 8:18AM  
Visti Until 1:42AM Mon  
**Shashthi\*** Until 12:23PM

**Ganesha:** White *Sunrise:* 4:40AM  
**Muruga:** White *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Vaisaka-Chaitra**

1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

D

Monday, May 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Adana, Turkey

Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 22

Makara Rasi: 12.25 Tihi 22 - 23

294832369

**Gulika** 1:20PM - 3:05PM  
**Yama** 9:52AM - 11:36AM  
**Rahu** 6:23AM - 8:08AM

**Shravana** Until 4:04AM Tue  
Subha Until 9:22AM  
Balava Until 4:08AM Tue  
**Saptami** Until 2:56PM

**Ganesha:** Yellow *Sunrise:* 4:39AM  
**Muruga:** White *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon - Purple  
**Vaisaka-Chaitra**

Ashtami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga  
Until 4:04AM Tue  
Then Creative Work - Siddha Yoga

**Chidambaram Abhishekam**

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Adana, Turkey

Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 23

Makara Rasi: 24.17 Tihi 23 - 24

294832369

**Gulika** 11:36AM - 1:21PM  
**Yama** 8:07AM - 9:52AM  
**Rahu** 3:05PM - 4:49PM

**Dhanishtha** Until 6:40AM Wed  
Sukla Until 10:14AM  
Taitila Until 6:10AM Wed  
**Ashtami\*** Until 5:12PM

**Ganesha:** Yellow *Sunrise:* 4:38AM  
**Muruga:** White *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon - Purple  
**Vaisaka-Chaitra**

Navami

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

1 Wednesday, May 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Navamyam Titau				Adana, Turkey Sun 8 Sutra 24	
Kumbha Rasi: 6.19	Tithi 24	<b>Gulika</b>	9:51AM – 11:36AM	<b>Dhanishtha</b> Until 6:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:37AM	Vilamba 5120
		Yama	6:22AM – 8:07AM	Brahma Until 10:46AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 4
		294832369 <b>Rahu</b>	11:36AM – 1:21PM	Taitila Until 6:10AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Prabalarishta Yoga			Navami* Until 6:57PM	Moon – Purple		
Until 6:40AM					<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							Devaloka Time: 9:AM to12:PM

2 Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Adana, Turkey Sun 9 Sutra 25	
Kumbha Rasi: 18.36	Tithi 25	<b>Gulika</b>	8:06AM – 9:51AM	<b>Shatabhishak</b> Until 8:30AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:36AM	Vilamba 5120
		Yama	4:36AM – 6:21AM	Indra Until 10:49AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 4
		294832369 <b>Rahu</b>	1:21PM – 3:06PM	Vanija Until 7:35AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 8:00PM	Moon – Purple		
					<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>
							Devaloka Time: 9:AM to12:PM

3 Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Adana, Turkey Sun 10 Sutra 26	
Meena Rasi: 1.13	Tithi 26	<b>Gulika</b>	6:20AM – 8:06AM	<b>Purvaproshtapada*</b> Until 9:55AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM	Vilamba 5120
		Yama	3:06PM – 4:51PM	Vaidhriti* Until 10:14AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 4
		214832369 <b>Rahu</b>	9:51AM – 11:36AM	Bava Until 8:14AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 8:14PM	Moon – Clear		
					<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>
							Devaloka Time: 9:AM to12:PM

4 Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Adana, Turkey Sun 11 Sutra 27	
Meena Rasi: 14.14	Tithi 27	<b>Gulika</b>	4:34AM – 6:20AM	<b>Uttaraproshtapada</b> Until 10:22AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:34AM	Vilamba 5120
		Yama	1:21PM – 3:07PM	Vishkambha* Until 9:01AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 4
		214932369 <b>Rahu</b>	8:05AM – 9:50AM	Kaulava Until 8:03AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 7:39PM	Moon – Clear		
Until 10:22AM					<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga							

5 Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Adana, Turkey Sun 12 Sutra 28	
Meena Rasi: 27.41	Tithi 28	<b>Gulika</b>	3:07PM – 4:53PM	<b>Revati</b> Until 9:53AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:33AM	Vilamba 5120
		Yama	11:36AM – 1:21PM	Priti Until 7:10AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 4
		214932369 <b>Rahu</b>	4:53PM – 6:38PM	Gara Until 7:05AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			Trayodashi* Until 6:18PM	Moon – Clear		
Until 9:53AM					<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata (Fasting)</i>

6 Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 29	
Mesha Rasi: 11.33	Tithi 29 – 30	<b>Gulika</b>	1:22PM – 3:07PM	<b>Ashvini</b> Until 9:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:32AM	Vilamba 5120
Family Home Evening		Yama	9:50AM – 11:36AM	Saubhagya Until 1:51AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 4
		224932369 <b>Rahu</b>	6:18AM – 8:04AM	Catuspada Until 3:09AM Tue	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 4:20PM	Moon – White		
					<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>

Retreat Star Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Adana, Turkey Sun 14 Sutra 30	
Mesha Rasi: 25.47	Tithi 30 – 1	<b>Gulika</b>	11:36AM – 1:22PM	<b>Bharani</b> Until 7:28AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:32AM	Vilamba 5120
		Yama	8:04AM – 9:50AM	Sobhana Until 10:37PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 4
		224932369 <b>Rahu</b>	3:08PM – 4:54PM	Kintughna Until 12:29AM Wed	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 1:51PM	Moon – White		
					<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>

Retreat Star Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Adana, Turkey Sun 15 Sutra 31	
Vrishabha Rasi: 10.17	Tithi 1 – 2	<b>Gulika</b>	9:50AM – 11:36AM	<b>Rohini</b> Until 3:20AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:31AM	Vilamba 5120
		Yama	6:17AM – 8:03AM	Athiganda* Until 7:08PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 4
		235932369 <b>Rahu</b>	11:36AM – 1:22PM	Balava Until 9:33PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga			Prathama* Until 11:01AM	Moon – Yellow		
Until 3:20AM Thu					<b>Jyeshtha Adhika-Vaikasi</b>		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga							Devaloka Time: 9:AM to12:PM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

<b>1</b>		<b>Thursday, May 17, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Adana, Turkey Sun 16 Sutra 32 Vilamba 5120
Vrishabha Rasi: 24.58	Tithi 2 - 3	<b>Gulika</b> 8:03AM - 9:49AM	<b>Mrigashira</b> Until 1:05AM Fri	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 4:30AM			
		Yama 4:30AM - 6:16AM	Sukarma Until 3:34PM	<b>Muruga:</b> White <i>Sunset:</i> 6:42PM		Moon 4 - Phase 5 3rd Phase	
		235932369 <b>Rahu</b> 1:22PM - 3:09PM	Taitila Until 6:30PM	<b>Nataraja:</b> Purple			
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 8:01AM	Moon - Yellow	<b>Bhuloka Day</b>		
Until 1:05AM Fri				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, May 18, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Adana, Turkey Sun 17 Sutra 33 Vilamba 5120
Mithuna Rasi: 9.4	Tithi 4	<b>Gulika</b> 6:16AM - 8:03AM	<b>Ardra</b> Until 10:46PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 4:29AM			
		Yama 3:09PM - 4:56PM	Dhriti Until 12:00PM	<b>Muruga:</b> White <i>Sunset:</i> 6:42PM		Moon 4 - Phase 5 3rd Phase	
		235932369 <b>Rahu</b> 9:49AM - 11:36AM	Vanija Until 3:29PM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 2:00AM Sat	Moon - Yellow	<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM		

<b>3</b>		<b>Saturday, May 19, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau	Adana, Turkey Sun 18 Sutra 34 Vilamba 5120
Mithuna Rasi: 24.18	Tithi 5	<b>Gulika</b> 4:29AM - 6:15AM	<b>Punarvasu</b> Until 8:55PM	<b>Ganesh:</b> White <i>Sunrise:</i> 4:29AM			
		Yama 1:23PM - 3:10PM	Shula* Until 8:32AM	<b>Muruga:</b> White <i>Sunset:</i> 6:43PM		Moon 4 - Phase 5 3rd Phase	
		245932369 <b>Rahu</b> 8:02AM - 9:49AM	Bava Until 12:37PM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Panchami</b> Until 11:15PM	Moon - Blue	<b>Devaloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>4</b>		<b>Sunday, May 20, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau	Adana, Turkey Sun 19 Sutra 35 Vilamba 5120
Kataka Rasi: 8.47	Tithi 6	<b>Gulika</b> 3:10PM - 4:57PM	<b>Pushya</b> Until 7:13PM	<b>Ganesh:</b> White <i>Sunrise:</i> 4:28AM			
		Yama 11:36AM - 1:23PM	Vriddhi Until 2:17AM Mon	<b>Muruga:</b> White <i>Sunset:</i> 6:44PM		Moon 4 - Phase 5 3rd Phase	
		245932369 <b>Rahu</b> 4:57PM - 6:44PM	Kaulava Until 10:00AM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 8:48PM	Moon - Blue	<b>Devaloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>5</b>		<b>Monday, May 21, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau	Adana, Turkey Sun 20 Sutra 36 Vilamba 5120
Kataka Rasi: 23.02	Tithi 7	<b>Gulika</b> 1:23PM - 3:10PM	<b>Ashlesha*</b> Until 5:44PM	<b>Ganesh:</b> White <i>Sunrise:</i> 4:27AM			
<b>Family Home Evening</b>		Yama 9:49AM - 11:36AM	Dhruva Until 11:35PM	<b>Muruga:</b> White <i>Sunset:</i> 6:45PM		Moon 4 - Phase 5 3rd Phase	
		245932369 <b>Rahu</b> 6:14AM - 8:02AM	Gara Until 7:43AM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:42PM	Moon - Blue	<b>Devaloka Day</b>		
Until 5:44PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, May 22, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Adana, Turkey Sun 21 Sutra 37 Vilamba 5120
Simha Rasi: 7.02	Tithi 8 - 9	<b>Gulika</b> 11:36AM - 1:23PM	<b>Magha*</b> Until 4:55PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:26AM			
		Yama 8:01AM - 9:49AM	Vyaghata* Until 9:13PM	<b>Muruga:</b> White <i>Sunset:</i> 6:46PM		Moon 4 - Phase 5 Ashtami	
		255932369 <b>Rahu</b> 3:11PM - 4:58PM	Balava Until 4:19AM Wed	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:00PM	Moon - Red	<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM		

<b>Retreat Star</b>		<b>Wednesday, May 23, 2018</b>				Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Adana, Turkey Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 20.47	Tithi 9 - 10	<b>Gulika</b> 9:49AM - 11:36AM	<b>Purvaphalguni</b> Until 4:23PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:26AM			
		Yama 6:13AM - 8:01AM	Harshana Until 7:12PM	<b>Muruga:</b> White <i>Sunset:</i> 6:46PM		Moon 4 - Phase 5 Navami	
		255932369 <b>Rahu</b> 11:36AM - 1:24PM	Taitila Until 3:13AM Thu	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga		<b>Navami*</b> Until 3:42PM	Moon - Red	<b>Bhuloka Day</b>		
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Adana, Turkey Sun 23 Sutra 39 Vilamba 5120	
Kanya Rasi: 4.18	Tithi 10 – 11	<b>Gulika</b> 8:01AM – 9:48AM	<b>Uttaraphalguni</b> Until 4:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM		
		Yama 4:25AM – 6:13AM	Vajra* Until 5:28PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 6	
	Amrita Yoga	255932369 <b>Rahu</b> 1:24PM – 3:12PM	Vanija Until 2:31AM Fri	<b>Nataraja:</b> Purple		4th Phase	
Until 4:05PM			<b>Dashami</b> Until 2:48PM	Moon – Red		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM	

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 24 Sutra 40 Vilamba 5120	
Kanya Rasi: 17.35	Tithi 11 – 12	<b>Gulika</b> 6:13AM – 8:00AM	<b>Hasta</b> Until 4:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM		
		Yama 3:12PM – 5:00PM	Siddhi Until 4:04PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 6	
	Amrita Yoga	266932369 <b>Rahu</b> 9:48AM – 11:36AM	Bava Until 2:12AM Sat	<b>Nataraja:</b> Purple		4th Phase	
Creative Work			<b>Ekadashi</b> Until 2:18PM	Moon – Green		<b>Bhuloka Day</b>	
Until 4:28PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantra Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 25 Sutra 41 Vilamba 5120	
Tula Rasi: 0.41	Tithi 12 – 13	<b>Gulika</b> 4:24AM – 6:12AM	<b>Chitra</b> Until 5:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:24AM		
		Yama 1:24PM – 3:13PM	Vyatipata* Until 2:59PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 6	
	Marana Yoga	366932369 <b>Rahu</b> 8:00AM – 9:48AM	Kaulava Until 2:17AM Sun	<b>Nataraja:</b> Purple		4th Phase	
Routine Work			<b>Dvadashi</b> Until 2:11PM	Moon – Green		<b>Bhuloka Day</b>	
Until 5:05PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>	

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 26 Sutra 42 Vilamba 5120	
Tula Rasi: 13.34	Tithi 13 – 14	<b>Gulika</b> 3:13PM – 5:01PM	<b>Svati</b> Until 5:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:24AM		
		Yama 11:37AM – 1:25PM	Variyan Until 2:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 6	
	Siddha Yoga	366932369 <b>Rahu</b> 5:01PM – 6:50PM	Gara Until 2:46AM Mon	<b>Nataraja:</b> Purple		4th Phase	
Creative Work			<b>Trayodashi</b> Until 2:27PM	Moon – Green		<b>Bhuloka Day</b>	
Until 5:56PM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey Sun 27 Sutra 43 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:25PM – 3:13PM	<b>Vishakha</b> Until 7:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM		
Tula Rasi: 26.16	Tithi 14 – 15	Yama 9:48AM – 11:37AM	Parigha* Until 1:44PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 6	
<b>Family Home Evening</b>		376932369 <b>Rahu</b> 6:11AM – 8:00AM	Visti Until 3:41AM Tue	<b>Nataraja:</b> Purple		Purnima	
Routine Work			<b>Chaturdashi*</b> Until 3:09PM	Moon – Orange		<b>Bhuloka Day</b>	
Until 7:30PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga		<b>Vaikasi Visakam</b>					

<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey Sutra 44 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:37AM – 1:25PM	<b>Anuradha</b> Until 9:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM		
Vrischika Rasi: 8.46	Tithi 15 – 16	Yama 8:00AM – 9:48AM	Shiva Until 1:39PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 6	
		376932369 <b>Rahu</b> 3:14PM – 5:02PM	Balava Until 5:03AM Wed	<b>Nataraja:</b> Purple		Prathama	
Creative Work			<b>Purnima*</b> Until 4:17PM	Moon – Orange		<b>Bhuloka Day</b>	
Until 9:22PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Adana, Turkey

Jyeshtha\* Nakshatra Siddha/Sadhya/Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sutra 45

Vrischika Rasi: 21.04 Tithi 16 - 17

**Gulika** 9:48AM - 11:37AM  
Yama 6:11AM - 7:59AM  
Rahu 11:37AM - 1:26PM

**Jyeshtha\* Until 11:29PM**  
Siddha Until 1:53PM  
Taitila Until 6:51AM Thu  
Prathama\* Until 5:52PM

**Ganesh:** Clear *Sunrise:* 4:22AM  
**Muruga:** White *Sunset:* 6:52PM  
**Nataraja:** Purple  
Moon - Orange

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 11:29PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha/Yoga Vanija/Visti\* Karana Tritiyayam Titau

Adana, Turkey

Dhanus Rasi: 3.11 Tithi 17

**Gulika** 7:59AM - 9:48AM  
Yama 4:22AM - 6:11AM  
Rahu 1:26PM - 3:15PM

**Mula\* Until 2:19AM Fri**  
Sadhya Until 2:27PM  
Taitila Until 6:51AM  
Dvitiya Until 7:53PM

**Ganesh:** White *Sunrise:* 4:22AM  
**Muruga:** White *Sunset:* 6:52PM  
**Nataraja:** Purple  
Moon - Light Blue

Sun 1 Sutra 46  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 2:19AM Fri  
Then Routine Work - Prabalarishta Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha/Sukla/Yoga Vanija/Visti\* Karana Tritiyayam Titau

Adana, Turkey

Dhanus Rasi: 15.09 Tithi 18

**Gulika** 6:10AM - 7:59AM  
Yama 3:15PM - 5:04PM  
Rahu 9:48AM - 11:37AM

**Purvashadha\* Until 5:17AM Sat**  
Subha Until 3:18PM  
Vanija Until 9:02AM  
Tritiya Until 10:13PM

**Ganesh:** Yellow *Sunrise:* 4:21AM  
**Muruga:** White *Sunset:* 6:53PM  
**Nataraja:** Purple  
Moon - Light Blue

Sun 2 Sutra 47  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Prabalarishta Yoga  
Until 5:17AM Sat  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma/Yoga Bava/Balava Karana Chaturthyam Titau

Adana, Turkey

Dhanus Rasi: 27 Tithi 19

**Gulika** 4:21AM - 6:10AM  
Yama 1:26PM - 3:15PM  
Rahu 7:59AM - 9:48AM

**Uttarashadha Until 8:15AM Sun**  
Sukla Until 4:20PM  
Bava Until 11:30AM  
Chaturthi\* Until 12:47AM Sun

**Ganesh:** Yellow *Sunrise:* 4:21AM  
**Muruga:** White *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon - Light Blue

Sun 3 Sutra 48  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Marana Yoga  
Until 8:15AM Sun  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma/Indra/Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Makara Rasi: 8.48 Tithi 20

**Gulika** 3:16PM - 5:05PM  
Yama 11:37AM - 1:27PM  
Rahu 5:05PM - 6:54PM

**Uttarashadha Until 8:15AM**  
Brahma Until 5:27PM  
Kaulava Until 2:06PM  
Panchami Until 3:22AM Mon

**Ganesh:** Yellow *Sunrise:* 4:21AM  
**Muruga:** White *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon - Light Blue

Sun 4 Sutra 49  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra/Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Makara Rasi: 20.35 Tithi 21

**Gulika** 1:27PM - 3:16PM  
Yama 9:48AM - 11:38AM  
Rahu 6:10AM - 7:59AM

**Shravana Until 11:32AM**  
Indra Until 6:30PM  
Gara Until 4:37PM  
Shashthi\* Until 5:46AM Tue

**Ganesh:** Blue *Sunrise:* 4:20AM  
**Muruga:** White *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon - Purple

Sun 5 Sutra 50  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Family Home Evening  
Creative Work Amrita Yoga  
Until 11:32AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\* Yoga Visti\* Karana Saptamyam Titau

Adana, Turkey

Kumbha Rasi: 2.28 Tithi 22

**Gulika** 11:38AM - 1:27PM  
Yama 7:59AM - 9:48AM  
Rahu 3:17PM - 5:06PM

**Dhanishtha Until 2:25PM**  
Vaidhriti\* Until 7:17PM  
Visti Until 6:51PM  
Saptami Until 7:45AM Wed

**Ganesh:** Purple *Sunrise:* 4:20AM  
**Muruga:** White *Sunset:* 6:55PM  
**Nataraja:** White  
Moon - Purple

Sun 6 Sutra 51  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 2:25PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vishkamba\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Kumbha Rasi: 14.29 Tithi 22 - 23

**Gulika** 9:48AM - 11:38AM  
Yama 6:09AM - 7:59AM  
Rahu 11:38AM - 1:27PM

**Shatabhishak Until 4:39PM**  
Vishkamba\* Until 7:41PM  
Balava Until 8:33PM  
Saptami Until 7:45AM

**Ganesh:** Purple *Sunrise:* 4:20AM  
**Muruga:** White *Sunset:* 6:56PM  
**Nataraja:** White  
Moon - Purple

Sun 7 Sutra 52  
Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

Creative Work Siddha Yoga  
Until 4:39PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Priti/Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Kumbha Rasi: 26.46 Tithi 23 - 24

**Gulika** 7:59AM - 9:48AM  
Yama 4:20AM - 6:09AM  
Rahu 1:28PM - 3:17PM

**Purvaproshtapada\* Until 6:33PM**  
Priti Until 7:33PM  
Taitila Until 9:33PM  
Ashtami\* Until 9:08AM

**Ganesh:** Blue *Sunrise:* 4:20AM  
**Muruga:** White *Sunset:* 6:57PM  
**Nataraja:** White  
Moon - Clear

Sun 8 Sutra 53  
Vilamba 5120  
Moon 5 - Phase 7  
Navami

Creative Work Siddha Yoga

**Devaloka Day**

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Adana, Turkey
		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54
Meena Rasi: 9.23	Tithi 24 – 25	<b>Gulika</b> 6:09AM – 7:59AM	<b>Uttaraproshtapada</b> Until 7:31PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:19AM	Vilamba 5120	
		Yama 3:18PM – 5:07PM	Ayushman Until 6:45PM	<b>Muruga:</b> White <i>Sunset:</i> 6:57PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	318132361 <b>Rahu</b> 9:49AM – 11:38AM	Vanija Until 9:44PM	<b>Nataraja:</b> White	2nd Phase	
			<b>Navami*</b> Until 9:44AM	Moon – Clear	<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Adana, Turkey
		Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
Meena Rasi: 22.23	Tithi 25 – 26	<b>Gulika</b> 4:19AM – 6:09AM	<b>Revati</b> Until 7:29PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:19AM	Vilamba 5120	
		Yama 1:28PM – 3:18PM	Saubhagya Until 5:18PM	<b>Muruga:</b> White <i>Sunset:</i> 6:58PM	Moon 5 - Phase 8	
Routine Work	Prabalarishta Yoga	318132361 <b>Rahu</b> 7:59AM – 9:49AM	Bava Until 9:04PM	<b>Nataraja:</b> White	2nd Phase	
Until 7:29PM			<b>Dashami</b> Until 9:29AM	Moon – Clear	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM	

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Adana, Turkey
		Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
Mesha Rasi: 5.52	Tithi 26 – 27	<b>Gulika</b> 3:18PM – 5:08PM	<b>Ashvini</b> Until 6:58PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:19AM	Vilamba 5120	
		Yama 11:39AM – 1:29PM	Sobhana Until 3:13PM	<b>Muruga:</b> White <i>Sunset:</i> 6:58PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 5:08PM – 6:58PM	Kaulava Until 7:36PM	<b>Nataraja:</b> White	2nd Phase	
Until 6:58PM			<b>Ekadashi*</b> Until 8:25AM	Moon – White	<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Adana, Turkey
		Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57
Mesha Rasi: 19.47	Tithi 27 – 28	<b>Gulika</b> 1:29PM – 3:19PM	<b>Bharani</b> Until 5:35PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:19AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 9:49AM – 11:39AM	Athiganda* Until 12:30PM	<b>Muruga:</b> White <i>Sunset:</i> 6:59PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 6:09AM – 7:59AM	Vanija Until 4:05AM Tue	<b>Nataraja:</b> White	2nd Phase	
Until 5:35PM			<b>Dvadashi*</b> Until 6:34AM	Moon – White	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		

*Pradosha Vrata (Fasting)*

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Adana, Turkey
		Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 58
Vrishabha Rasi: 4.08	Tithi 29	<b>Gulika</b> 11:39AM – 1:29PM	<b>Krittika</b> Until 3:29PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:19AM	Vilamba 5120	
		Yama 7:59AM – 9:49AM	Sukarma Until 9:18AM	<b>Muruga:</b> White <i>Sunset:</i> 6:59PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	328132361 <b>Rahu</b> 3:19PM – 5:09PM	Visti Until 2:40PM	<b>Nataraja:</b> White	2nd Phase	
Until 3:29PM			<b>Chaturdashi*</b> Until 1:06AM Wed	Moon – White	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Adana, Turkey
<b>Retreat Star</b>		Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59
Vrishabha Rasi: 18.5	Tithi 30	<b>Gulika</b> 9:49AM – 11:39AM	<b>Rohini</b> Until 1:15PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:19AM	Vilamba 5120	
		Yama 6:09AM – 7:59AM	Shula* Until 1:52AM Thu	<b>Muruga:</b> White <i>Sunset:</i> 7:00PM	Moon 5 - Phase 8	
Creative Work	Siddha Yoga	338132361 <b>Rahu</b> 11:39AM – 1:29PM	Catuspada Until 11:30AM	<b>Nataraja:</b> White	Amavasya	
			<b>Amavasya*</b> Until 9:47PM	Moon – Yellow	<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukra Pakshe Guru Vasara Yuktayam				Adana, Turkey
<b>Retreat Star</b>		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60
Mithuna Rasi: 3.46	Tithi 1	<b>Gulika</b> 7:59AM – 9:49AM	<b>Mrigashira</b> Until 10:37AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:19AM	Vilamba 5120	
		Yama 4:19AM – 6:09AM	Ganda* Until 9:53PM	<b>Muruga:</b> White <i>Sunset:</i> 7:00PM	Moon 5 - Phase 8	
Routine Work	Marana Yoga	339132361 <b>Rahu</b> 1:30PM – 3:20PM	Kintughna Until 8:03AM	<b>Nataraja:</b> White	Prathama	
			<b>Prathama*</b> Until 6:16PM	Moon – Yellow	<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>1 Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Adana, Turkey Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 18.48	Tithi 2 - 3	<b>Gulika</b> 6:09AM - 7:59AM	<b>Ardra</b> Until 7:46AM	<b>Ganesh</b> : Clear	<i>Sunrise</i> : 4:19AM		
		Yama 3:20PM - 5:10PM	Vriddhi Until 5:56PM	<b>Muruga</b> : White	<i>Sunset</i> : 7:00PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	339132361 <b>Rahu</b> 9:50AM - 11:40AM	Taitila Until 1:02AM Sat	<b>Nataraja</b> : White		3rd Phase	
			<b>Dvitiya</b> Until 2:44PM	Moon - Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha</b> •Ani		Devaloka Time: 9:AM to12:PM	

<b>2 Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Adana, Turkey Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 3.47	Tithi 3 - 4	<b>Gulika</b> 4:19AM - 6:09AM	<b>Pushya</b> Until 2:51AM Sun	<b>Ganesh</b> : Orange	<i>Sunrise</i> : 4:19AM		
		Yama 1:30PM - 3:20PM	Dhruva Until 2:05PM	<b>Muruga</b> : White	<i>Sunset</i> : 7:01PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 7:59AM - 9:50AM	Vanija Until 9:44PM	<b>Nataraja</b> : White		3rd Phase	
			<b>Tritiya</b> Until 11:20AM	Moon - Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha</b> •Ani		Devaloka Time: 9:AM to12:PM	

<b>3 Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Adana, Turkey Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 18.35	Tithi 4 - 5	<b>Gulika</b> 3:21PM - 5:11PM	<b>Ashlesha*</b> Until 12:40AM Mon	<b>Ganesh</b> : Orange	<i>Sunrise</i> : 4:19AM		
		Yama 11:40AM - 1:30PM	Vyaghata* Until 10:28AM	<b>Muruga</b> : White	<i>Sunset</i> : 7:01PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 5:11PM - 7:01PM	Bava Until 6:46PM	<b>Nataraja</b> : White		3rd Phase	
Until 12:40AM Mon			<b>Chaturthi*</b> Until 8:11AM	Moon - Blue		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga		<b>Father's Day</b>		<b>Jyeshtha</b> •Ani		Devaloka Time: 9:AM to12:PM	

<b>4 Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Adana, Turkey Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.06	Tithi 6	<b>Gulika</b> 1:31PM - 3:21PM	<b>Magha*</b> Until 11:14PM	<b>Ganesh</b> : Green	<i>Sunrise</i> : 4:19AM		
<b>Family Home Evening</b>		Yama 9:50AM - 11:40AM	Harshana Until 7:13AM	<b>Muruga</b> : White	<i>Sunset</i> : 7:01PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 6:10AM - 8:00AM	Kaulava Until 4:15PM	<b>Nataraja</b> : White		3rd Phase	
Until 11:14PM			<b>Shashthi*</b> Until 3:09AM Tue	Moon - Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha</b> •Ani			

<b>5 Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Adana, Turkey Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.17	Tithi 7	<b>Gulika</b> 11:41AM - 1:31PM	<b>Purvaphalguni</b> Until 10:12PM	<b>Ganesh</b> : Green	<i>Sunrise</i> : 4:19AM		
		Yama 8:00AM - 9:50AM	Siddhi Until 1:55AM Wed	<b>Muruga</b> : White	<i>Sunset</i> : 7:02PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 <b>Rahu</b> 3:21PM - 5:11PM	Gara Until 2:15PM	<b>Nataraja</b> : White		3rd Phase	
Until 10:12PM			<b>Saptami</b> Until 1:27AM Wed	Moon - Red		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha</b> •Ani			

<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Adana, Turkey Sun 21 Sutra 66 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 9:50AM - 11:41AM	<b>Uttaraphalguni</b> Until 9:36PM	<b>Ganesh</b> : Green	<i>Sunrise</i> : 4:20AM		
Kanya Rasi: 1.07	Tithi 8	Yama 6:10AM - 8:00AM	Vyatipata* Until 12:01AM Thu	<b>Muruga</b> : White	<i>Sunset</i> : 7:02PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 <b>Rahu</b> 11:41AM - 1:31PM	Visti Until 12:49PM	<b>Nataraja</b> : White		Ashtami	
Until 9:36PM			<b>Ashtami*</b> Until 12:19AM Thu	Moon - Red		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha</b> •Ani			

<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Adana, Turkey Sun 22 Sutra 67 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 8:00AM - 9:51AM	<b>Hasta</b> Until 9:54PM	<b>Ganesh</b> : Red	<i>Sunrise</i> : 4:20AM		
Kanya Rasi: 14.35	Tithi 9	Yama 4:20AM - 6:10AM	Variyan Until 10:33PM	<b>Muruga</b> : White	<i>Sunset</i> : 7:02PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 <b>Rahu</b> 1:31PM - 3:22PM	Balava Until 12:00PM	<b>Nataraja</b> : White		Navami	
Until 9:54PM			<b>Navami*</b> Until 11:47PM	Moon - Green		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha</b> •Ani		Devaloka Time: 9:AM to12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1 Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 23 Sutra 68 Vilamba 5120	
Kanya Rasi: 27.44	Tithi 10	<b>Gulika</b>	6:10AM – 8:01AM	<b>Chitra</b> Until 10:35PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:20AM	
		<b>Yama</b>	3:22PM – 5:12PM	Parigha* Until 9:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	361132361 <b>Rahu</b>	9:51AM – 11:41AM	Taitila Until 11:45AM	<b>Nataraja:</b> White		4th Phase
				<b>Dashami</b> Until 11:49PM	Moon – Green		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		

<b>2 Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 69 Vilamba 5120	
Tula Rasi: 11	Tithi 11	<b>Gulika</b>	4:20AM – 6:10AM	<b>Svati</b> Until 11:38PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:20AM	
		<b>Yama</b>	1:32PM – 3:22PM	Shiva Until 8:58PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	361132361 <b>Rahu</b>	8:01AM – 9:51AM	Vanija Until 12:03PM	<b>Nataraja:</b> White		4th Phase
				<b>Ekadashi</b> Until 12:21AM Sun	Moon – Green		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		

<b>3 Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey Sun 25 Sutra 70 Vilamba 5120	
Tula Rasi: 23.14	Tithi 12	<b>Gulika</b>	3:22PM – 5:12PM	<b>Vishakha</b> Until 1:28AM Mon	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:20AM	
		<b>Yama</b>	11:42AM – 1:32PM	Siddha Until 8:45PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
Routine Work	Marana Yoga	371142361 <b>Rahu</b>	5:12PM – 7:03PM	Bava Until 12:50PM	<b>Nataraja:</b> White		4th Phase
Until 1:28AM Mon				<b>Dvadashi</b> Until 1:23AM Mon	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Ani</b>		

<b>4 Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 71 Vilamba 5120	
Vrischika Rasi: 5.39	Tithi 13	<b>Gulika</b>	1:32PM – 3:22PM	<b>Anuradha</b> Until 3:33AM Tue	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:21AM	
<b>Family Home Evening</b>		<b>Yama</b>	9:52AM – 11:42AM	Sadhya Until 8:52PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	371142361 <b>Rahu</b>	6:11AM – 8:01AM	Kaulava Until 2:05PM	<b>Nataraja:</b> White		4th Phase
Until 3:33AM Tue				<b>Trayodashi</b> Until 2:50AM Tue	Moon – Orange		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					<b>Jyeshtha-Ani</b>		
				<i>Pradosha Vrata</i>			

<b>5 Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 72 Vilamba 5120	
Vrischika Rasi: 17.53	Tithi 14	<b>Gulika</b>	11:42AM – 1:32PM	<b>Jyeshtha*</b> Until 5:51AM Wed	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:21AM	
		<b>Yama</b>	8:02AM – 9:52AM	Subha Until 9:20PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
Routine Work	Marana Yoga	371142361 <b>Rahu</b>	3:22PM – 5:13PM	Gara Until 3:44PM	<b>Nataraja:</b> White		4th Phase
				<b>Chaturdashi*</b> Until 4:40AM Wed	Moon – Orange		<b>Devaloka Day</b>
					<b>Jyeshtha-Ani</b>		

<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey Sutra 73 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	9:52AM – 11:42AM	<b>Mula*</b> Until 8:48AM Thu	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:21AM	
Vrischika Rasi: 29.59	Tithi 15	<b>Yama</b>	6:12AM – 8:02AM	Sukla Until 10:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
		371142361 <b>Rahu</b>	11:42AM – 1:32PM	Visti Until 5:45PM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga			<b>Purnima*</b> Until 6:51AM Thu	Moon – Orange		<b>Devaloka Day</b>
Until 8:48AM Thu					<b>Jyeshtha-Ani</b>		
Then Creative Work - Siddha Yoga							

<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey Sutra 74 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b>	8:02AM – 9:52AM	<b>Mula*</b> Until 8:48AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 4:22AM	
Dhanus Rasi: 11.56	Tithi 15 – 16	<b>Yama</b>	4:22AM – 6:12AM	Brahma Until 10:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 10
		381142361 <b>Rahu</b>	1:33PM – 3:23PM	Balava Until 8:03PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			<b>Purnima*</b> Until 6:51AM	Moon – Light Blue		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda





Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Adana, Turkey

Suntra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 23.47 Tihti 16 - 17

381142361

**Gulika** 6:12AM - 8:02AM  
**Yama** 3:23PM - 5:13PM  
**Rahu** 9:52AM - 11:43AM

**Purvashadha\* Until 11:49AM**  
 Indra Until 12:02AM Sat  
 Taitila Until 10:34PM

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** White  
 Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:22AM  
**Sunset:** 7:03PM

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 11:49AM

Then Routine Work - Marana Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha\*/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 1 Suntra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 5.35 Tihti 17 - 18

381242361

**Gulika** 4:23AM - 6:13AM  
**Yama** 1:33PM - 3:23PM  
**Rahu** 8:03AM - 9:53AM

**Uttarashadha Until 2:47PM**  
 Vaidhriti\* Until 1:09AM Sun  
 Vanija Until 1:10AM Sun  
**Dvitiya Until 11:51AM**

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** White  
 Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:23AM  
**Sunset:** 7:03PM

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 2:47PM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Adana, Turkey

Sun 2 Suntra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 17.22 Tihti 18 - 19

391242361

**Gulika** 3:23PM - 5:13PM  
**Yama** 11:43AM - 1:33PM  
**Rahu** 5:13PM - 7:03PM

**Shravana Until 6:06PM**  
 Vishkambha\* Until 2:14AM Mon  
 Bava Until 3:43AM Mon  
**Tritiya Until 2:26PM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** White  
 Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:23AM  
**Sunset:** 7:03PM

**Devaloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 6:06PM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 3 Suntra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 29.11 Tihti 19 - 20

391242361

**Gulika** 1:33PM - 3:23PM  
**Yama** 9:53AM - 11:43AM  
**Rahu** 6:13AM - 8:03AM

**Dhanishtha Until 9:05PM**  
 Priti Until 3:10AM Tue  
 Kaulava Until 6:01AM Tue  
**Chaturthi\* Until 4:53PM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** White  
 Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:23AM  
**Sunset:** 7:03PM

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Sun 4 Suntra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 11.05 Tihti 20

392242361

**Gulika** 11:43AM - 1:33PM  
**Yama** 8:04AM - 9:53AM  
**Rahu** 3:23PM - 5:13PM

**Shatabhishak Until 11:34PM**  
 Ayushman Until 3:46AM Wed  
 Kaulava Until 6:01AM  
**Panchami Until 7:00PM**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** White  
 Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:24AM  
**Sunset:** 7:03PM

**Devaloka Day**

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Sun 5 Suntra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 23.1 Tihti 21

312242361

**Gulika** 9:54AM - 11:44AM  
**Yama** 6:14AM - 8:04AM  
**Rahu** 11:44AM - 1:33PM

**Purvaproshtapada\* Until 1:53AM Thu**  
 Saubhagya Until 3:58AM Thu  
 Gara Until 7:55AM  
**Shashthi\* Until 8:38PM**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** White  
 Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:24AM  
**Sunset:** 7:03PM

**Devaloka Day**

Creative Work Amrita Yoga

Until 1:53AM Thu

Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Sobhana Yoga Visti\* Karana Saptamyam Titau

Adana, Turkey

Sun 6 Suntra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 5.27 Tihti 22

312242361

**Gulika** 8:04AM - 9:54AM  
**Yama** 4:25AM - 6:15AM  
**Rahu** 1:33PM - 3:23PM

**Uttaraproshtapada Until 3:23AM Fri**  
 Sobhana Until 3:39AM Fri  
 Visti Until 9:15AM  
**Saptami Until 9:38PM**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** White  
 Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:25AM  
**Sunset:** 7:02PM

**Devaloka Day**

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey

Sun 7 Suntra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 18.02 Tihti 23

312242361

**Gulika** 6:15AM - 8:05AM  
**Yama** 3:23PM - 5:13PM  
**Rahu** 9:54AM - 11:44AM

**Revati Until 3:59AM Sat**  
 Athiganda\* Until 2:43AM Sat  
 Balava Until 9:53AM  
**Ashtami\* Until 9:54PM**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** White  
 Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:25AM  
**Sunset:** 7:02PM

**Devaloka Day**

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey

Sun 8 Suntra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Mesha Rasi: 1 Tihti 24

422242361

**Gulika** 4:26AM - 6:16AM  
**Yama** 1:33PM - 3:23PM  
**Rahu** 8:05AM - 9:55AM

**Ashvini Until 4:07AM Sun**  
 Sukarma Until 1:09AM Sun  
 Taitila Until 9:44AM  
**Navami\* Until 9:21PM**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** White  
 Moon - White  
**Jyeshtha-Ani**

**Sunrise:** 4:26AM  
**Sunset:** 7:02PM

**Devaloka Day**

Creative Work Siddha Yoga

Until 4:07AM Sun

Then Routine Work - Prabalarishta Yoga


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


<b>1</b>	<b>Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Adana, Turkey Sun 9 Sutra 84 Vilamba 5120
	Mesha Rasi: 14.23	Tithi 25	<b>Gulika</b> 3:23PM – 5:12PM	<b>Bharani Until 3:18AM Mon</b>	<b>Ganesh:</b> Orange <i>Sunrise: 4:27AM</i>		
			Yama 11:44AM – 1:34PM	Dhriti Until 10:58PM	<b>Muruga:</b> Clear <i>Sunset: 7:02PM</i>		Moon 6 - Phase 12
			422242361 <b>Rahu</b> 5:12PM – 7:02PM	Vanija Until 8:48AM	<b>Nataraja:</b> White		2nd Phase
Routine Work Prabalarishta Yoga Until 3:18AM Mon Then Routine Work - Marana Yoga			<b>Dashami Until 8:01PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha•Ani</b>			

<b>2</b>	<b>Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 10 Sutra 85 Vilamba 5120
	Mesha Rasi: 28.14	Tithi 26 – 27	<b>Gulika</b> 1:34PM – 3:23PM	<b>Krittika Until 1:40AM Tue</b>	<b>Ganesh:</b> Orange <i>Sunrise: 4:27AM</i>		
	<b>Family Home Evening</b>		Yama 9:55AM – 11:44AM	Shula* Until 8:10PM	<b>Muruga:</b> Clear <i>Sunset: 7:01PM</i>		Moon 6 - Phase 12
			422242361 <b>Rahu</b> 6:16AM – 8:06AM	Bava Until 7:05AM	<b>Nataraja:</b> White		2nd Phase
Routine Work Marana Yoga Until 1:40AM Tue Then Creative Work - Amrita Yoga			<b>Ekadashi* Until 5:57PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha•Ani</b>			

<b>3</b>	<b>Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 11 Sutra 86 Vilamba 5120
	Vrishabha Rasi: 12.31	Tithi 27 – 28	<b>Gulika</b> 11:44AM – 1:34PM	<b>Rohini Until 11:44PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:28AM</i>		
			Yama 8:06AM – 9:55AM	Ganda* Until 4:52PM	<b>Muruga:</b> Clear <i>Sunset: 7:01PM</i>		Moon 6 - Phase 12
			422242361 <b>Rahu</b> 3:23PM – 5:12PM	Gara Until 1:44AM Wed	<b>Nataraja:</b> White		2nd Phase
Creative Work Amrita Yoga Until 11:44PM Then Creative Work - Siddha Yoga			<b>Dvadashi* Until 3:15PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha•Ani</b>		Devaloka Time: 12:PM to 3:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 12 Sutra 87 Vilamba 5120
	Vrishabha Rasi: 27.11	Tithi 28 – 29	<b>Gulika</b> 9:56AM – 11:45AM	<b>Mrigashira Until 9:12PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:28AM</i>		
			Yama 6:17AM – 8:06AM	Vridhhi Until 1:11PM	<b>Muruga:</b> Clear <i>Sunset: 7:01PM</i>		Moon 6 - Phase 12
			422242361 <b>Rahu</b> 11:45AM – 1:34PM	Visti Until 10:22PM	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga			<b>Trayodashi* Until 12:04PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha•Ani</b>		Devaloka Time: 12:PM to 3:PM	

	<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 88 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 8:07AM – 9:56AM	<b>Ardra Until 6:17PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:29AM</i>		
	Mithuna Rasi: 12.1	Tithi 29 – 30	Yama 4:29AM – 6:18AM	Dhruva Until 9:12AM	<b>Muruga:</b> Clear <i>Sunset: 7:00PM</i>		Moon 6 - Phase 12
			422242361 <b>Rahu</b> 1:34PM – 3:23PM	Catuspada Until 6:43PM	<b>Nataraja:</b> White		Amavasya
Routine Work Marana Yoga Until 6:17PM Then Creative Work - Amrita Yoga			<b>Chaturdashi* Until 8:33AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha•Ani</b>		Devaloka Time: 12:PM to 3:PM	

	<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Adana, Turkey Sun 14 Sutra 89 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 6:18AM – 8:07AM	<b>Punarvasu Until 3:30PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 4:30AM</i>		
	Mithuna Rasi: 27.19	Tithi 1	Yama 3:22PM – 5:11PM	Harshana Until 12:55AM Sat	<b>Muruga:</b> Clear <i>Sunset: 7:00PM</i>		Moon 6 - Phase 12
			422242361 <b>Rahu</b> 9:56AM – 11:45AM	Kintughna Until 2:58PM	<b>Nataraja:</b> White		Prathama
Creative Work Siddha Yoga Until 3:30PM Then Routine Work - Marana Yoga			<b>Prathama* Until 1:05AM Sat</b>	Moon – Blue		<b>Bhuloka Day</b>	
		Partial Solar Eclipse		<b>Ashada•Ani</b>		Devaloka Time: 12:PM to 3:PM	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Adana, Turkey Sun 15 Sutra 90	
Kataka Rasi: 12.29	Tithi 2	<b>Gulika</b>	4:30AM – 6:19AM	<b>Pushya</b> Until 12:38PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:30AM	Vilamba 5120		
		Yama	1:34PM – 3:22PM	Vajra* Until 8:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 13		
		442242361 <b>Rahu</b>	8:08AM – 9:56AM	Balava Until 11:16AM	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 9:28PM	Moon – Blue		<b>Bhuloka Day</b>		
Until 12:38PM					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, July 15, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Tritiyayam Titau		Adana, Turkey Sun 16 Sutra 91	
Kataka Rasi: 27.31	Tithi 3	<b>Gulika</b>	3:22PM – 5:11PM	<b>Ashlesha*</b> Until 9:51AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:31AM	Vilamba 5120		
		Yama	11:45AM – 1:34PM	Siddhi Until 5:02PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13		
		442242361 <b>Rahu</b>	5:11PM – 6:59PM	Tailila Until 7:46AM	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 6:07PM	Moon – Blue		<b>Bhuloka Day</b>		
Until 9:51AM					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Monday, July 16, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Adana, Turkey Sun 17 Sutra 92	
Simha Rasi: 12.17	Tithi 4 – 5	<b>Gulika</b>	1:33PM – 3:22PM	<b>Magha*</b> Until 7:43AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:32AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama	9:57AM – 11:45AM	Vyatipata* Until 1:34PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 13		
		453242361 <b>Rahu</b>	6:20AM – 8:08AM	Bava Until 1:57AM Tue	<b>Nataraja:</b> White		3rd Phase		
Routine Work	Marana Yoga			Bava Until 1:57AM Tue	Moon – Red		<b>Bhuloka Day</b>		
Until 7:43AM				Chaturthi* Until 3:12PM	<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Tuesday, July 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Adana, Turkey Sun 18 Sutra 93	
Simha Rasi: 26.41	Tithi 5 – 6	<b>Gulika</b>	11:45AM – 1:33PM	<b>Uttaraphalguni</b> Until 4:39AM Wed	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:32AM	Vilamba 5120		
		Yama	8:09AM – 9:57AM	Variyan Until 10:31AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 13		
		453242362 <b>Rahu</b>	3:22PM – 5:10PM	Kaulava Until 11:53PM	<b>Nataraja:</b> Clear		3rd Phase		
Creative Work	Amrita Yoga			Panchami Until 12:49PM	Moon – Red		<b>Devaloka Day</b>		
Until 4:39AM Wed					<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga									

<b>5</b>		<b>Wednesday, July 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Adana, Turkey Sun 19 Sutra 94	
Kanya Rasi: 10.41	Tithi 6 – 7	<b>Gulika</b>	9:57AM – 11:45AM	<b>Hasta</b> Until 10:05AM Thu	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:33AM	Vilamba 5120		
		Yama	6:21AM – 8:09AM	Parigha* Until 8:01AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:57PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b>	11:45AM – 1:33PM	Gara Until 10:31PM	<b>Nataraja:</b> Clear		3rd Phase		
Routine Work	Marana Yoga			Shashthi* Until 11:06AM	Moon – Green		<b>Sivaloka Day</b>		
Until 10:05AM Thu					<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Adana, Turkey Sun 20 Sutra 95	
Kanya Rasi: 24.15	Tithi 7 – 8	<b>Gulika</b>	8:10AM – 9:57AM	<b>Hasta</b> Until 10:05AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:34AM	Vilamba 5120		
		Yama	4:34AM – 6:22AM	Shiva Until 4:45AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:57PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b>	1:33PM – 3:21PM	Visti Until 9:52PM	<b>Nataraja:</b> Clear		Ashtami		
Creative Work	Siddha Yoga			Saptami Until 10:05AM	Moon – Green		<b>Sivaloka Day</b>		
Until 10:05AM					<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga									

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Adana, Turkey Sun 21 Sutra 96	
Tula Rasi: 7.25	Tithi 8 – 9	<b>Gulika</b>	6:22AM – 8:10AM	<b>Svati</b> Until 5:26AM Sat	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:35AM	Vilamba 5120		
		Yama	3:21PM – 5:09PM	Sadhya Until 3:58AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 13		
		463242362 <b>Rahu</b>	9:58AM – 11:45AM	Balava Until 9:57PM	<b>Nataraja:</b> Clear		Navami		
Creative Work	Siddha Yoga			Ashtami* Until 9:48AM	Moon – Green		<b>Sivaloka Day</b>		
					<b>Ashada*Adi</b>				

<b>1</b>		<b>Saturday, July 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Adana, Turkey Sun 22 Sutra 97 Vilamba 5120
Tula Rasi: 20.13	Tithi 9 – 10	<b>Gulika</b>	4:35AM – 6:23AM	<b>Vishakha</b> Until 7:12AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:35AM	
		Yama	1:33PM – 3:21PM	Subha Until 3:44AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:56PM	
		473242362 <b>Rahu</b>	8:10AM – 9:58AM	Taitila Until 10:42PM	<b>Nataraja:</b> Clear	Moon 6 - Phase 14	
Creative Work	Siddha Yoga			Navami* Until 10:13AM	Moon – Orange	4th Phase	
Until 7:12AM Sun					<b>Ashada*Adi</b>	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau	Adana, Turkey Sun 23 Sutra 98 Vilamba 5120
Vrischika Rasi: 2.43	Tithi 10 – 11	<b>Gulika</b>	3:20PM – 5:08PM	<b>Vishakha</b> Until 7:12AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:36AM	
		Yama	11:46AM – 1:33PM	Sukla Until 3:54AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:55PM	
		473242362 <b>Rahu</b>	5:08PM – 6:55PM	Vanija Until 12:02AM Mon	<b>Nataraja:</b> Clear	Moon 6 - Phase 14	
Routine Work	Marana Yoga			Dashami Until 11:17AM	Moon – Orange	4th Phase	
					<b>Ashada*Adi</b>	<b>Devaloka Day</b>	

<b>3</b>		<b>Monday, July 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau	Adana, Turkey Sun 24 Sutra 99 Vilamba 5120
Vrischika Rasi: 14.58	Tithi 11 – 12	<b>Gulika</b>	1:33PM – 3:20PM	<b>Anuradha</b> Until 9:20AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:37AM	
<b>Family Home Evening</b>		Yama	9:58AM – 11:46AM	Brahma Until 4:26AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:54PM	
		473242362 <b>Rahu</b>	6:24AM – 8:11AM	Bava Until 1:52AM Tue	<b>Nataraja:</b> Clear	Moon 6 - Phase 14	
Creative Work	Siddha Yoga			Ekadashi Until 12:52PM	Moon – Orange	4th Phase	
					<b>Ashada*Adi</b>	<b>Devaloka Day</b>	

<b>4</b>		<b>Tuesday, July 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau	Adana, Turkey Sun 25 Sutra 100 Vilamba 5120
Vrischika Rasi: 27.02	Tithi 12 – 13	<b>Gulika</b>	11:46AM – 1:33PM	<b>Jyeshtha*</b> Until 11:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:38AM	
		Yama	8:12AM – 9:59AM	Indra Until 5:16AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:54PM	
		473242362 <b>Rahu</b>	3:20PM – 5:07PM	Kaulava Until 4:03AM Wed	<b>Nataraja:</b> Clear	Moon 6 - Phase 14	
Routine Work	Marana Yoga			Dvodashi Until 2:54PM	Moon – Orange	4th Phase	
Until 11:45AM					<b>Ashada*Adi</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>		

<b>5</b>		<b>Wednesday, July 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Adana, Turkey Sun 26 Sutra 101 Vilamba 5120
Dhanus Rasi: 8.58	Tithi 13 – 14	<b>Gulika</b>	9:59AM – 11:46AM	<b>Mula*</b> Until 2:48PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:38AM	
		Yama	6:25AM – 8:12AM	Vaidhriti* Until 6:15AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:53PM	
		483342362 <b>Rahu</b>	11:46AM – 1:32PM	Gara Until 6:30AM Thu	<b>Nataraja:</b> Clear	Moon 6 - Phase 14	
Routine Work	Marana Yoga			Trayodashi Until 5:14PM	Moon – Light Blue	4th Phase	
Until 2:48PM					<b>Ashada*Adi</b>	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Thursday, July 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau	Adana, Turkey Sun 27 Sutra 102 Vilamba 5120
Dhanus Rasi: 20.49	Tithi 14	<b>Gulika</b>	8:12AM – 9:59AM	<b>Purvashadha*</b> Until 5:53PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:39AM	
		Yama	4:39AM – 6:26AM	Vaidhriti* Until 6:15AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:52PM	
		483342362 <b>Rahu</b>	1:32PM – 3:19PM	Gara Until 6:30AM	<b>Nataraja:</b> Clear	Moon 6 - Phase 14	
Creative Work	Siddha Yoga			Chaturdashi* Until 7:46PM	Moon – Light Blue	4th Phase	
Until 5:53PM					<b>Ashada*Adi</b>	<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>○</b>		<b>Friday, July 27, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau	Adana, Turkey Sun 28 Sutra 103 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	6:26AM – 8:13AM	<b>Uttarashadha</b> Until 8:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:40AM	
Makara Rasi: 2.37	Tithi 15	Yama	3:18PM – 5:05PM	Vishkambha* Until 7:21AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:51PM	
		483342362 <b>Rahu</b>	9:59AM – 11:46AM	Visti Until 9:05AM	<b>Nataraja:</b> Clear	Moon 6 - Phase 14	
Routine Work	Marana Yoga			Purnima* Until 10:21PM	Moon – Light Blue	Purnima	
					<b>Ashada*Adi</b>	<b>Sivaloka Day</b>	
		<b>Total Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

<b>○</b>		<b>Saturday, July 28, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau	Adana, Turkey Sun 29 Sutra 104 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b>	4:41AM – 6:27AM	<b>Shravana</b> Until 12:08AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:41AM	
Makara Rasi: 14.24	Tithi 16	Yama	1:32PM – 3:18PM	Priti Until 8:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:50PM	
		493342362 <b>Rahu</b>	8:13AM – 9:59AM	Balava Until 11:39AM	<b>Nataraja:</b> Clear	Moon 6 - Phase 14	
Creative Work	Siddha Yoga			Prathama* Until 12:53AM Sun	Moon – Purple	Prathama	
Until 12:08AM Sun					<b>Ashada*Adi</b>	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey  
Sun 1 Sutra 105  
Vilamba 5120

Makara Rasi: 26.13    Tihti 17

**Gulika** 3:18PM – 5:04PM  
Yama 11:46AM – 1:32PM  
493342362 **Rahu** 5:04PM – 6:50PM

**Dhanishtha** Until 3:03AM Mon  
Ayushman Until 9:29AM  
Taitila Until 2:06PM  
**Dvitiya** Until 3:14AM Mon

**Ganesha:** Blue    *Sunrise:* 4:42AM  
**Muruga:** Clear    *Sunset:* 6:50PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

Moon 7 - Phase 15  
1st Phase

Routine Work    Marana Yoga  
Until 3:03AM Mon  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Adana, Turkey  
Sun 2 Sutra 106  
Vilamba 5120

Kumbha Rasi: 8.07    Tihti 18

**Gulika** 1:31PM – 3:17PM  
Yama 10:00AM – 11:45AM  
494342362 **Rahu** 6:28AM – 8:14AM

**Shatabhishak** Until 5:32AM Tue  
Saubhagya Until 10:20AM  
Vanija Until 4:19PM  
**Tritiya** Until 5:17AM Tue

**Ganesha:** Blue    *Sunrise:* 4:42AM  
**Muruga:** Clear    *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

Moon 7 - Phase 15  
1st Phase

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 5:32AM Tue  
Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava Karana Chaturthyam Titau

Adana, Turkey  
Sun 3 Sutra 107  
Vilamba 5120

Kumbha Rasi: 20.08    Tihti 19

**Gulika** 11:45AM – 1:31PM  
Yama 8:14AM – 10:00AM  
414342362 **Rahu** 3:17PM – 5:02PM

**Purvaproshtapada\*** Until 7:57AM Wed  
Sobhana Until 10:58AM  
Bava Until 6:11PM  
**Chaturthi\*** Until 6:56AM Wed

**Ganesha:** White    *Sunrise:* 4:43AM  
**Muruga:** Clear    *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Moon 7 - Phase 15  
1st Phase

Routine Work    Marana Yoga  
Until 7:57AM Wed  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Balava/Gara Karana Chaturthi/Panchamyam Titau

Adana, Turkey  
Sun 4 Sutra 108  
Vilamba 5120

Meena Rasi: 2.19    Tihti 19 – 20

**Gulika** 10:00AM – 11:45AM  
Yama 6:29AM – 8:15AM  
414342362 **Rahu** 11:45AM – 1:31PM

**Purvaproshtapada\*** Until 7:57AM  
Athiganda\* Until 7:57AM  
Gara Until 20:29AM Thu  
**Chaturthi\*** Until 6:56AM

**Ganesha:** White    *Sunrise:* 4:44AM  
**Muruga:** Clear    *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Moon 7 - Phase 15  
1st Phase

Creative Work    Amrita Yoga  
Until 7:57AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey  
Sun 5 Sutra 109  
Vilamba 5120

Meena Rasi: 14.43    Tihti 20 – 21

**Gulika** 8:15AM – 10:00AM  
Yama 4:45AM – 6:30AM  
414342362 **Rahu** 1:30PM – 3:16PM

**Uttaraproshtapada** Until 9:43AM  
Sukarma Until 11:07AM  
Gara Until 8:29PM  
**Panchami** Until 8:06AM

**Ganesha:** White    *Sunrise:* 4:45AM  
**Muruga:** Clear    *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Adana, Turkey  
Sun 6 Sutra 110  
Vilamba 5120

Meena Rasi: 27.22    Tihti 21 – 22

**Gulika** 6:30AM – 8:15AM  
Yama 3:15PM – 5:00PM  
414342362 **Rahu** 10:00AM – 11:45AM

**Revati** Until 10:46AM  
Dhriti Until 10:34AM  
Visti Until 8:45PM  
**Shashthi\*** Until 8:41AM

**Ganesha:** White    *Sunrise:* 4:46AM  
**Muruga:** Clear    *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga  
Until 10:46AM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey  
Sun 7 Sutra 111  
Vilamba 5120

Mesha Rasi: 10.19    Tihti 22 – 23

**Gulika** 4:46AM – 6:31AM  
Yama 1:30PM – 3:15PM  
424342362 **Rahu** 8:16AM – 10:00AM

**Ashvini** Until 11:30AM  
Shula\* Until 9:28AM  
Balava Until 8:21PM  
**Saptami** Until 8:37AM

**Ganesha:** Clear    *Sunrise:* 4:46AM  
**Muruga:** Clear    *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

Moon 7 - Phase 15  
Ashtami

Creative Work    Siddha Yoga

**Sivaloka Day**

**Sunday, August 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey  
Sun 8 Sutra 112  
Vilamba 5120

Mesha Rasi: 23.37    Tihti 23 – 24

**Gulika** 3:14PM – 4:58PM  
Yama 11:45AM – 1:30PM  
424342362 **Rahu** 4:58PM – 6:43PM

**Bharani** Until 11:24AM  
Ganda\* Until 7:50AM  
Taitila Until 7:16PM  
**Ashtami\*** Until 7:53AM

**Ganesha:** Clear    *Sunrise:* 4:47AM  
**Muruga:** Clear    *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

Moon 7 - Phase 15  
Navami

Routine Work    Prabalarishta Yoga  
Until 11:24AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang


<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Adana, Turkey
<b>1</b>		Krittika/Rohini Nakshatra Dhruva Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Sun 9 Sutra 113
Vrishabha Rasi: 7.18	Tithi 24 – 25	<b>Gulika</b>	<b>1:29PM – 3:13PM</b>	<b>Krittika Until 10:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM
<b>Family Home Evening</b>	424342362	Yama	10:01AM – 11:45AM	Dhruva Until 2:57AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:42PM
Routine Work	Marana Yoga	<b>Rahu</b>	<b>6:32AM – 8:17AM</b>	Visti Until 4:24AM Tue	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Until 10:29AM				<b>Navami* Until 6:28AM</b>	Moon – White	2nd Phase
Then Creative Work - Amrita Yoga				<b>Navami* Until 6:28AM</b>	<b>Ashada*Adi</b>	<b>Sivaloka Day</b>

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Adana, Turkey
<b>2</b>		Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 114
Vrishabha Rasi: 21.24	Tithi 26	<b>Gulika</b>	<b>11:45AM – 1:29PM</b>	<b>Rohini Until 9:13AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:49AM
		Yama	8:17AM – 10:01AM	Vyaghata* Until 11:47PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:41PM
		<b>Rahu</b>	<b>3:13PM – 4:57PM</b>	Bava Until 3:10PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga			<b>Ekadashi* Until 1:46AM Wed</b>	Moon – Yellow	2nd Phase
Until 9:13AM				<b>Ekadashi* Until 1:46AM Wed</b>	<b>Ashada*Adi</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Adana, Turkey
<b>3</b>		Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 115
Mithuna Rasi: 5.53	Tithi 27	<b>Gulika</b>	<b>10:01AM – 11:45AM</b>	<b>Mrigashira Until 7:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:50AM
		Yama	6:33AM – 8:17AM	Harshana Until 8:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM
		<b>Rahu</b>	<b>11:45AM – 1:28PM</b>	Kaulava Until 12:17PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Creative Work	Siddha Yoga			<b>Dvadashi* Until 10:40PM</b>	Moon – Yellow	2nd Phase
				<b>Dvadashi* Until 10:40PM</b>	<b>Ashada*Adi</b>	<b>Devaloka Day</b>

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Adana, Turkey
<b>4</b>		Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 116
Mithuna Rasi: 20.41	Tithi 28	<b>Gulika</b>	<b>8:18AM – 10:01AM</b>	<b>Punarvasu Until 2:12AM Fri</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:51AM
		Yama	4:51AM – 6:34AM	Vajra* Until 4:21PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:39PM
		<b>Rahu</b>	<b>1:28PM – 3:12PM</b>	Gara Until 9:00AM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Creative Work	Amrita Yoga			<b>Trayodashi* Until 7:14PM</b>	Moon – Blue	2nd Phase
Until 2:12AM Fri				<b>Trayodashi* Until 7:14PM</b>	<b>Ashada*Adi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>		

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Adana, Turkey
<b>5</b>		Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 117
Kataka Rasi: 5.43	Tithi 29 – 30	<b>Gulika</b>	<b>6:35AM – 8:18AM</b>	<b>Pushya Until 11:22PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:51AM
		Yama	3:11PM – 4:54PM	Siddhi Until 12:18PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:37PM
		<b>Rahu</b>	<b>10:01AM – 11:44AM</b>	Catuspada Until 1:48AM Sat	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			<b>Chaturdashi* Until 3:37PM</b>	Moon – Blue	2nd Phase
				<b>Chaturdashi* Until 3:37PM</b>	<b>Ashada*Adi</b>	<b>Devaloka Day</b>

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Adana, Turkey
	<b>Retreat Star</b>	Ashlesha* Nakshatra Vyatipata*/Vairyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 118
Kataka Rasi: 20.5	Tithi 30 – 1	<b>Gulika</b>	<b>4:52AM – 6:35AM</b>	<b>Ashlesha* Until 8:25PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:52AM
		Yama	1:27PM – 3:10PM	Vyatipata* Until 8:12AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:36PM
		<b>Rahu</b>	<b>8:18AM – 10:01AM</b>	Kintughna Until 10:10PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			<b>Amavasya* Until 11:57AM</b>	Moon – Blue	Amavasya
Until 8:25PM				<b>Amavasya* Until 11:57AM</b>	<b>Ashada*Adi</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Partial Solar Eclipse</b>				

<b>Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Adana, Turkey
<b>Retreat Star</b>		Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 119
Simha Rasi: 5.54	Tithi 1 – 2	<b>Gulika</b>	<b>3:10PM – 4:52PM</b>	<b>Magha* Until 5:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:53AM
		Yama	11:44AM – 1:27PM	Parigha* Until 12:19AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:35PM
		<b>Rahu</b>	<b>4:52PM – 6:35PM</b>	Balava Until 6:44PM	<b>Nataraja:</b> Clear	Moon 7 - Phase 16
Routine Work	Marana Yoga			<b>Prathama* Until 8:24AM</b>	Moon – Red	Prathama
Until 5:56PM				<b>Prathama* Until 8:24AM</b>	<b>Sravana*Adi</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1</b>	<b>Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Adana, Turkey Sun 16
	Simha Rasi: 20.46	Tithi 3	<b>Gulika</b>	1:26PM – 3:09PM	<b>Purvaphalguni Until 3:38PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:54AM
	<b>Family Home Evening</b>	455342362	Yama	10:01AM – 11:44AM	Shiva Until 8:49PM	<b>Muruga:</b> Clear	Sunset: 6:34PM
	Creative Work	Siddha Yoga	<b>Rahu</b>	6:36AM – 8:19AM	Taitila Until 3:39PM	Nataraja: Clear	Moon 7 - Phase 17
							3rd Phase
							<b>Sivaloka Day</b>
							<b>Sravana-Adi</b>

<b>2</b>	<b>Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthiyam Titau				Adana, Turkey Sun 17
	Kanya Rasi: 5.19	Tithi 4	<b>Gulika</b>	11:44AM – 1:26PM	<b>Uttaraphalguni Until 1:42PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:55AM
	Creative Work	Amrita Yoga	Yama	8:19AM – 10:01AM	Siddha Until 5:44PM	<b>Muruga:</b> Clear	Sunset: 6:33PM
	Until 1:42PM	455342362	<b>Rahu</b>	3:08PM – 4:51PM	Vanija Until 1:03PM	Nataraja: Clear	Moon 7 - Phase 17
							3rd Phase
							<b>Sivaloka Day</b>
							<b>Sravana-Adi</b>

<b>3</b>	<b>Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Adana, Turkey Sun 18
	Kanya Rasi: 19.28	Tithi 5	<b>Gulika</b>	10:02AM – 11:44AM	<b>Hasta Until 12:42PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:56AM
	Routine Work	Marana Yoga	Yama	6:38AM – 8:20AM	Sadhya Until 3:12PM	<b>Muruga:</b> Clear	Sunset: 6:32PM
	Until 12:42PM	455342362	<b>Rahu</b>	11:44AM – 1:26PM	Bava Until 11:05AM	Nataraja: Clear	Moon 7 - Phase 17
							3rd Phase
							<b>Subha Sivaloka Day</b>
							<b>Sravana-Adi</b>

<b>4</b>	<b>Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtyam Titau				Adana, Turkey Sun 19
	Tula Rasi: 3.09	Tithi 6	<b>Gulika</b>	8:02AM – 10:02AM	<b>Chitra Until 12:17PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:56AM
	Creative Work	Siddha Yoga	Yama	4:56AM – 6:38AM	Subha Until 1:17PM	<b>Muruga:</b> Clear	Sunset: 6:30PM
	Until 12:17PM	455342362	<b>Rahu</b>	1:25PM – 3:07PM	Kaulava Until 9:52AM	Nataraja: Clear	Moon 7 - Phase 17
							3rd Phase
							<b>Subha Sivaloka Day</b>
							<b>Sravana-Adi</b>

<b>5</b>	<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Adana, Turkey Sun 20
	Tula Rasi: 16.23	Tithi 7	<b>Gulika</b>	6:39AM – 8:20AM	<b>Svati Until 12:30PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:57AM
	Creative Work	Siddha Yoga	Yama	3:06PM – 4:48PM	Sukla Until 12:00PM	<b>Muruga:</b> Clear	Sunset: 6:29PM
	Until 12:17PM	455342362	<b>Rahu</b>	10:02AM – 11:43AM	Gara Until 9:26AM	Nataraja: Clear	Moon 7 - Phase 17
							3rd Phase
							<b>Sivaloka Day</b>
							<b>Sravana-Avani</b>

<b>6</b>	<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Adana, Turkey Sun 21
	<b>Retreat Star</b>		<b>Gulika</b>	4:58AM – 6:39AM	<b>Vishakha Until 1:49PM</b>	<b>Ganesha:</b> Purple	Sunrise: 4:58AM
	Tula Rasi: 29.13	Tithi 8	Yama	1:24PM – 3:05PM	Brahma Until 11:21AM	<b>Muruga:</b> Clear	Sunset: 6:28PM
	Creative Work	Siddha Yoga	<b>Rahu</b>	8:20AM – 10:02AM	Visti Until 9:50AM	Nataraja: Clear	Moon 7 - Phase 17
							Ashtami
							<b>Subha Sivaloka Day</b>
							<b>Sravana-Avani</b>

<b>7</b>	<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Adana, Turkey Sun 22
	<b>Retreat Star</b>		<b>Gulika</b>	3:05PM – 4:46PM	<b>Anuradha Until 3:42PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:59AM
	Vrischika Rasi: 11.42	Tithi 9	Yama	11:43AM – 1:24PM	Indra Until 11:18AM	<b>Muruga:</b> Clear	Sunset: 6:27PM
	Routine Work	Marana Yoga	<b>Rahu</b>	4:46PM – 6:27PM	Balava Until 10:58AM	Nataraja: Clear	Moon 7 - Phase 17
							Navami
							<b>Sivaloka Day</b>
							<b>Sravana-Avani</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>	<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 23 Sutra 127 Vilamba 5120
	Vrischika Rasi: 23.53 Family Home Evening Creative Work Siddha Yoga	Tihti 10 575442362	<b>Gulika</b> Yama Rahu	1:23PM – 3:04PM 10:02AM – 11:42AM 6:40AM – 8:21AM	<b>Jyeshtha* Until 6:00PM</b> Vaidhriti* Until 11:42AM Tailila Until 12:44PM Dashami Until 1:47AM Tue	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange Srivana-Avani	Sunrise: 5:00AM Sunset: 6:25PM Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>


<b>2</b>	<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 128 Vilamba 5120
	Dhanus Rasi: 5.53 Creative Work Amrita Yoga Until 9:02PM Then Creative Work - Siddha Yoga	Tihti 11 586442362	<b>Gulika</b> Yama Rahu	11:42AM – 1:23PM 8:21AM – 10:02AM 3:03PM – 4:43PM	<b>Mula* Until 9:02PM</b> Vishkambha* Until 12:29PM Vanija Until 2:58PM Ekadashi Until 4:11AM Wed	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue Srivana-Avani	Sunrise: 5:01AM Sunset: 6:24PM Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>


<b>3</b>	<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey Sun 25 Sutra 129 Vilamba 5120
	Dhanus Rasi: 17.44 Creative Work Amrita Yoga Until 12:08AM Thu Then Routine Work - Marana Yoga	Tihti 12 586442362	<b>Gulika</b> Yama Rahu	10:02AM – 11:42AM 6:42AM – 8:22AM 11:42AM – 1:22PM	<b>Purvashadha* Until 12:08AM Thu</b> Priti Until 1:31PM Bava Until 5:29PM Dvadashi Until 6:46AM Thu	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue Srivana-Avani	Sunrise: 5:01AM Sunset: 6:23PM Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 130 Vilamba 5120
	Dhanus Rasi: 29.32 Routine Work Marana Yoga	Tihti 12 – 13 586442362	<b>Gulika</b> Yama Rahu	8:22AM – 10:02AM 5:02AM – 6:42AM 1:22PM – 3:01PM	<b>Uttarashadha Until 3:07AM Fri</b> Ayushman Until 2:35PM Kaulava Until 8:06PM Dvadashi Until 6:46AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue Srivana-Avani	Sunrise: 5:02AM Sunset: 6:21PM Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>

*Pradosha Vrata*

<b>5</b>	<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 131 Vilamba 5120
	Makara Rasi: 11.2 Routine Work Marana Yoga Until 6:19AM Sat Then Creative Work - Siddha Yoga	Tihti 13 – 14 596442362	<b>Gulika</b> Yama Rahu	6:43AM – 8:22AM 3:01PM – 4:40PM 10:02AM – 11:41AM	<b>Shravana Until 6:19AM Sat</b> Saubhagya Until 3:39PM Gara Until 10:38PM Trayodashi Until 9:22AM	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple Srivana-Avani	Sunrise: 5:03AM Sunset: 6:20PM Moon 7 - Phase 18 4th Phase <b>Subha Sivaloka Day</b>

	<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey Sun 28 Sutra 132 Vilamba 5120		
	<b>Copper Retreat Star</b>		Makara Rasi: 23.1 Creative Work Siddha Yoga	Tihti 14 – 15 596442362	<b>Gulika</b> Yama Rahu	5:04AM – 6:43AM 1:21PM – 3:00PM 8:23AM – 10:02AM	<b>Shravana Until 6:19AM</b> Sobhana Until 4:36PM Visti Until 12:58AM Sun Chaturdashi* Until 11:49AM	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple Srivana-Avani	Sunrise: 5:04AM Sunset: 6:19PM Moon 7 - Phase 18 Purnima <b>Subha Sivaloka Day</b>

	<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey Sun 29 Sutra 133 Vilamba 5120		
	<b>Silver Retreat Star</b>		Kumbha Rasi: 5.06 Routine Work Marana Yoga Until 9:07AM Then Creative Work - Siddha Yoga	Tihti 15 – 16 596442362	<b>Gulika</b> Yama Rahu	2:59PM – 4:38PM 11:41AM – 1:20PM 4:38PM – 6:17PM	<b>Dhanishtha Until 9:07AM</b> Athiganda* Until 5:17PM Balava Until 2:58AM Mon Purnima* Until 1:59PM	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple Srivana-Avani	Sunrise: 5:05AM Sunset: 6:17PM Moon 7 - Phase 18 Prathama <b>Subha Sivaloka Day</b>

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Adana, Turkey

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 17.1 Tihi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

Until 11:25AM

Then Routine Work - Marana Yoga

Gulika 1:19PM - 2:58PM

Yama 10:02AM - 11:41AM

Rahu 6:44AM - 8:23AM

Shatabhishak Until 11:25AM

Sukarma Until 5:43PM

Taitila Until 4:35AM Tue

Prathama\* Until 3:48PM

Ganesha: White Sunrise: 5:05AM

Muruga: Clear Sunset: 6:16PM

Nataraja: Clear

Moon - Purple

Sravana-Avani

Subha Sivaloka Day

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada\*/Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 29.23 Tihi 17 - 18

Routine Work Marana Yoga

Until 1:39PM

Then Creative Work - Amrita Yoga

Gulika 11:40AM - 1:19PM

Yama 8:23AM - 10:02AM

Rahu 2:57PM - 4:36PM

Purvaproshtapada\* Until 1:39PM

Dhriti Until 5:50PM

Vanija Until 5:46AM Wed

Dvitiya Until 5:12PM

Ganesha: Clear Sunrise: 5:06AM

Muruga: Purple Sunset: 6:14PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada\*/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\* Karana Tritiyayam Titau

Adana, Turkey

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 11.47 Tihi 18

Creative Work Siddha Yoga

Until 3:18PM

Then Routine Work - Marana Yoga

Gulika 10:02AM - 11:40AM

Yama 6:45AM - 8:24AM

Rahu 11:40AM - 1:18PM

Uttaraproshtapada Until 3:18PM

Shula\* Until 5:34PM

Visti Until 6:10PM

Tritiya Until 6:10PM

Ganesha: Clear Sunrise: 5:07AM

Muruga: Purple Sunset: 6:13PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Chaturthyam Titau

Adana, Turkey

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 24.24 Tihi 19

Creative Work Siddha Yoga

Until 4:21PM

Then Creative Work - Amrita Yoga

Gulika 8:24AM - 10:02AM

Yama 5:08AM - 6:46AM

Rahu 1:18PM - 2:56PM

Revati Until 4:21PM

Ganda\* Until 4:58PM

Bava Until 6:30AM

Chaturthi\* Until 6:41PM

Ganesha: Clear Sunrise: 5:08AM

Muruga: Purple Sunset: 6:12PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 7.13 Tihi 20

Creative Work Amrita Yoga

Until 5:16PM

Then Creative Work - Siddha Yoga

Gulika 6:46AM - 8:24AM

Yama 2:55PM - 4:32PM

Rahu 10:02AM - 11:39AM

Ashvini Until 5:16PM

Vridhhi Until 4:01PM

Kaulava Until 6:47AM

Panchami Until 6:43PM

Ganesha: Purple Sunrise: 5:09AM

Muruga: Purple Sunset: 6:10PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 20.17 Tihi 21

Creative Work Siddha Yoga

Until 5:32PM

Then Creative Work - Amrita Yoga

Gulika 5:10AM - 6:47AM

Yama 1:16PM - 2:54PM

Rahu 8:24AM - 10:02AM

Bharani Until 5:32PM

Dhruva Until 2:40PM

Gara Until 6:35AM

Shashthi\* Until 6:17PM

Ganesha: Purple Sunrise: 5:10AM

Muruga: Purple Sunset: 6:09PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

6

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Vrishabha Rasi: 3.37 Tihi 22 - 23

Creative Work Siddha Yoga

Gulika 2:53PM - 4:30PM

Yama 11:39AM - 1:16PM

Rahu 4:30PM - 6:07PM

Krittika Until 5:11PM

Vyaghata\* Until 12:55PM

Balava Until 4:41AM Mon

Saptami Until 5:20PM

Ganesha: Purple Sunrise: 5:10AM

Muruga: Purple Sunset: 6:07PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 17.13 Tihi 23 - 24

Family Home Evening

Creative Work Amrita Yoga

Gulika 1:15PM - 2:52PM

Yama 10:02AM - 11:38AM

Rahu 6:48AM - 8:25AM

Rohini Until 4:36PM

Harshana Until 10:47AM

Taitila Until 3:00AM Tue

Ashtami\* Until 3:53PM

Ganesha: Clear Sunrise: 5:11AM

Muruga: Purple Sunset: 6:06PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Adana, Turkey

Sun 8 Sutra 142

Vilamba 5120

Moon 8 - Phase 19

Navami

Mithuna Rasi: 1.07 Tihi 24 - 25

Creative Work Siddha Yoga

Until 3:24PM

Then Routine Work - Marana Yoga

Gulika 11:38AM - 1:15PM

Yama 8:25AM - 10:02AM

Rahu 2:51PM - 4:28PM

Mrigashira Until 3:24PM

Vajra\* Until 8:12AM

Vanija Until 12:49AM Wed

Navami\* Until 1:57PM

Ganesha: White Sunrise: 5:12AM

Muruga: Purple Sunset: 6:04PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Adana, Turkey Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.2	Tithi 25 – 26	<b>Gulika</b> 10:02AM – 11:38AM	<b>Ardra</b> Until 1:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM	
			Yama 6:49AM – 8:25AM	Vyatipata* Until 2:00AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 <b>Rahu</b> 11:38AM – 1:14PM	Bava Until 10:13PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami</b> Until 11:33AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 10 Sutra 144 Vilamba 5120
	Mithuna Rasi: 29.5	Tithi 26 – 27	<b>Gulika</b> 8:26AM – 10:02AM	<b>Punarvasu</b> Until 11:43AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM	
			Yama 5:14AM – 6:50AM	Variyan Until 10:27PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:01PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 <b>Rahu</b> 1:13PM – 2:49PM	Kaulava Until 7:17PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> Until 8:46AM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to 12:PM	

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Adana, Turkey Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 14.33	Tithi 28	<b>Gulika</b> 6:50AM – 8:26AM	<b>Pushya</b> Until 9:24AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM	
			Yama 2:48PM – 4:24PM	Parigha* Until 6:43PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 <b>Rahu</b> 10:01AM – 11:37AM	Gara Until 4:07PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi*</b> Until 2:28AM Sat	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to 12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Adana, Turkey Sun 12 Sutra 146 Vilamba 5120
	Kataka Rasi: 29.24	Tithi 29	<b>Gulika</b> 5:15AM – 6:51AM	<b>Ashlesha*</b> Until 6:49AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:15AM	
			Yama 1:12PM – 2:48PM	Shiva Until 2:56PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 <b>Rahu</b> 8:26AM – 10:01AM	Visti Until 12:50PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Chaturdashi*</b> Until 11:11PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to 12:PM	
				Then Creative Work - Amrita Yoga			

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 147 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 2:47PM – 4:22PM	<b>Purvaphalguni</b> Until 2:08AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM	
	Simha Rasi: 14.16	Tithi 30	Yama 11:36AM – 1:12PM	Siddha Until 11:09AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 <b>Rahu</b> 4:22PM – 5:57PM	Catuspada Until 9:35AM	<b>Nataraja:</b> Purple		Amavasya
			<b>Amavasya*</b> Until 8:00PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to 12:PM	
				Grandparent's Day			

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Adana, Turkey Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.01	Tithi 1 – 2	<b>Gulika</b> 1:11PM – 2:46PM	<b>Uttaraphalguni</b> Until 11:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:17AM	
	<b>Family Home Evening</b>		Yama 10:01AM – 11:36AM	Sadhya Until 7:32AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 <b>Rahu</b> 6:52AM – 8:26AM	Kintughna Until 6:31AM	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama*</b> Until 5:04PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b> Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Adana, Turkey Sun 15 Sutra 149 Vilamba 5120	
Kanya Rasi: 13.31	Tithi 2 – 3	<b>Gulika</b> 11:36AM – 1:10PM	<b>Hasta</b> Until 10:33PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:18AM		
		Yama 8:27AM – 10:01AM	Sukla Until 1:17AM Wed	<b>Muruga:</b> Purple <i>Sunset:</i> 5:54PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 2:45PM – 4:19PM	Taitila Until 1:31AM Wed	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya</b> Until 2:34PM	Moon – Green	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		

<b>2</b> Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Adana, Turkey Sun 16 Sutra 150 Vilamba 5120	
Kanya Rasi: 27.41	Tithi 3 – 4	<b>Gulika</b> 10:01AM – 11:35AM	<b>Chitra</b> Until 9:35PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:18AM		
		Yama 6:53AM – 8:27AM	Brahma Until 10:53PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:52PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 11:35AM – 1:10PM	Vanija Until 11:54PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritiya</b> Until 12:37PM	Moon – Green	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		

<b>3</b> Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau			Adana, Turkey Sun 17 Sutra 151 Vilamba 5120	
Tula Rasi: 11.25	Tithi 4 – 5	<b>Gulika</b> 8:27AM – 10:01AM	<b>Svati</b> Until 9:12PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:19AM		
		Yama 5:19AM – 6:53AM	Indra Until 9:04PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:51PM		Moon 8 - Phase 21
Creative Work	Amrita Yoga	569452363 <b>Rahu</b> 1:09PM – 2:43PM	Bava Until 11:02PM	<b>Nataraja:</b> Purple		3rd Phase
Until 9:12PM			<b>Chaturthi*</b> Until 11:21AM	Moon – Green	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>		

<b>4</b> Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Adana, Turkey Sun 18 Sutra 152 Vilamba 5120	
Tula Rasi: 24.44	Tithi 5 – 6	<b>Gulika</b> 6:54AM – 8:27AM	<b>Vishakha</b> Until 9:56PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:20AM		
		Yama 2:42PM – 4:16PM	Vaidhriti* Until 7:53PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:49PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 10:01AM – 11:35AM	Kaulava Until 10:59PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami</b> Until 10:53AM	Moon – Orange	<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>		

<b>5</b> Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Adana, Turkey Sun 19 Sutra 153 Vilamba 5120	
Vrischika Rasi: 7.37	Tithi 6 – 7	<b>Gulika</b> 5:21AM – 6:54AM	<b>Anuradha</b> Until 11:18PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:21AM		
		Yama 1:08PM – 2:41PM	Vishkambha* Until 7:22PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:48PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 8:28AM – 10:01AM	Gara Until 11:46PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi*</b> Until 11:15AM	Moon – Orange	<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>		

<b>Retreat Star</b> <b>6</b> Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Adana, Turkey Sun 20 Sutra 154 Vilamba 5120	
Vrischika Rasi: 20.07	Tithi 7 – 8	<b>Gulika</b> 2:40PM – 4:13PM	<b>Jyeshtha*</b> Until 1:14AM Mon	<b>Ganesha:</b> White <i>Sunrise:</i> 5:22AM		
		Yama 11:34AM – 1:07PM	Priti Until 7:27PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:46PM		Moon 8 - Phase 21
Routine Work	Marana Yoga	579552363 <b>Rahu</b> 4:13PM – 5:46PM	Visti Until 1:17AM Mon	<b>Nataraja:</b> Purple		Ashtami
Until 1:14AM Mon			<b>Saptami</b> Until 12:25PM	Moon – Orange	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>		

<b>Retreat Star</b> <b>7</b> Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Adana, Turkey Sun 21 Sutra 155 Vilamba 5120	
Dhanus Rasi: 2.18	Tithi 8 – 9	<b>Gulika</b> 1:06PM – 2:39PM	<b>Mula*</b> Until 4:04AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:23AM		
<b>Family Home Evening</b>		Yama 10:01AM – 11:34AM	Ayushman Until 7:59PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:45PM		Moon 8 - Phase 21
Creative Work	Siddha Yoga	589552363 <b>Rahu</b> 6:55AM – 8:28AM	Balava Until 3:24AM Tue	<b>Nataraja:</b> Purple		Navami
			<b>Ashtami*</b> Until 2:16PM	Moon – Light Blue	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1 Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Adana, Turkey Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 14.17	Tithi 9 – 10	<b>Gulika</b> 11:33AM – 1:06PM	<b>Purvashadha* Until 7:06AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:23AM		
		Yama 8:28AM – 10:01AM	Saubhagya Until 8:52PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:43PM		Moon 8 - Phase 22
		581552363 <b>Rahu</b> 2:38PM – 4:11PM	Taitila Until 5:54AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 4:36PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 7:06AM Wed				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						

<b>2 Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Adana, Turkey Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 26.07	Tithi 10	<b>Gulika</b> 10:01AM – 11:33AM	<b>Purvashadha* Until 7:06AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:24AM		
		Yama 6:56AM – 8:29AM	Sobhana Until 9:56PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:42PM		Moon 8 - Phase 22
		581552363 <b>Rahu</b> 11:33AM – 1:05PM	Gara Until 7:12PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 7:12PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>3 Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 7.55	Tithi 11	<b>Gulika</b> 8:29AM – 10:01AM	<b>Uttarashadha Until 10:04AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM		
		Yama 5:25AM – 6:57AM	Athiganda* Until 10:58PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:40PM		Moon 8 - Phase 22
		581552363 <b>Rahu</b> 1:04PM – 2:36PM	Vanija Until 8:32AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 9:48PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 10:04AM				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

<b>4 Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 19.43	Tithi 12	<b>Gulika</b> 6:57AM – 8:29AM	<b>Shravana Until 1:16PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:26AM		
		Yama 2:35PM – 4:07PM	Sukarma Until 11:51PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:39PM		Moon 8 - Phase 22
		591552363 <b>Rahu</b> 10:01AM – 11:32AM	Bava Until 11:04AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 12:13AM Sat</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 1:16PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>5 Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 1.38	Tithi 13	<b>Gulika</b> 5:27AM – 6:58AM	<b>Dhanishtha Until 4:01PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:27AM		
		Yama 1:03PM – 2:34PM	Dhriti Until 12:28AM Sun	<b>Muruga:</b> Purple <i>Sunset:</i> 5:37PM		Moon 8 - Phase 22
		591552363 <b>Rahu</b> 8:29AM – 10:01AM	Kaulava Until 1:19PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 2:16AM Sun</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 4:01PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>6 Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 13.43	Tithi 14	<b>Gulika</b> 2:34PM – 4:05PM	<b>Shatabhishak Until 6:11PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:27AM		
		Yama 11:31AM – 1:02PM	Shula* Until 12:42AM Mon	<b>Muruga:</b> Purple <i>Sunset:</i> 5:36PM		Moon 8 - Phase 22
		591552363 <b>Rahu</b> 4:05PM – 5:36PM	Gara Until 15:88AM Mon	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:28AM Sun</b>	Moon – Purple	<b>Devaloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		
		<b>Chidambaram Abhishekam</b>				
		<b>Kadaitswami Mahasamadhi</b>				

<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey Sutra 162 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:02PM – 2:33PM	<b>Purvaproshtapada* Until 8:11PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:28AM		
Kumbha Rasi: 25.58	Tithi 15	Yama 10:00AM – 11:31AM	Ganda* Until 12:34AM Tue	<b>Muruga:</b> Purple <i>Sunset:</i> 5:34PM		Moon 8 - Phase 22
<b>Family Home Evening</b>		511552363 <b>Rahu</b> 6:59AM – 8:30AM	Visti Until 4:28PM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 4:55AM Tue</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 8:11PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Adana, Turkey Sutra 163 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:31AM – 1:01PM	<b>Uttaraproshtapada Until 9:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:29AM		
Meena Rasi: 8.27	Tithi 16	Yama 8:30AM – 10:00AM	Vriddhi Until 12:02AM Wed	<b>Muruga:</b> Purple <i>Sunset:</i> 5:32PM		Moon 8 - Phase 22
		511552363 <b>Rahu</b> 2:32PM – 4:02PM	Balava Until 5:16PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 5:28AM Wed</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 9:31PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Adana, Turkey

Meena Rasi: 21.1 Tihti 17

511552363

**Gulika** 10:00AM – 11:30AM  
Yama 7:00AM – 8:30AM  
**Rahu** 11:30AM – 1:01PM

**Revati** Until 10:14PM  
Dhruva Until 11:06PM  
Tailila Until 5:35PM  
Dvitiya Until 5:33AM Thu

**Ganesha:** Purple *Sunrise:* 5:30AM  
**Muruga:** Purple *Sunset:* 5:31PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Puratasi**

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Adana, Turkey

Mesha Rasi: 4.07 Tihti 18

521552363

**Gulika** 8:30AM – 10:00AM  
Yama 5:31AM – 7:01AM  
**Rahu** 1:00PM – 2:30PM

**Ashvini** Until 10:50PM  
Vyaghata\* Until 9:51PM  
Vanija Until 5:28PM  
Tritiya Until 5:14AM Fri

**Ganesha:** Clear *Sunrise:* 5:31AM  
**Muruga:** Purple *Sunset:* 5:29PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Puratasi**

Sun 1 Sutra 165  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga  
Until 10:50PM  
Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Adana, Turkey

Mesha Rasi: 17.16 Tihti 19

622552363

**Gulika** 7:01AM – 8:31AM  
Yama 2:29PM – 3:58PM  
**Rahu** 10:00AM – 11:30AM

**Bharani** Until 10:55PM  
Harshana Until 8:19PM  
Bava Until 4:57PM  
Chaturthi\* Until 4:33AM Sat

**Ganesha:** Clear *Sunrise:* 5:32AM  
**Muruga:** Purple *Sunset:* 5:29PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Puratasi**

Sun 2 Sutra 166  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Kaulava/Tailila Karana Panchamyam Titau

Adana, Turkey

Vrisabha Rasi: 0.37 Tihti 20

622552363

**Gulika** 5:32AM – 7:02AM  
Yama 12:59PM – 2:28PM  
**Rahu** 8:31AM – 10:00AM

**Krittika** Until 10:32PM  
Vajra\* Until 6:29PM  
Kaulava Until 4:06PM  
Panchami Until 3:33AM Sun

**Ganesha:** Clear *Sunrise:* 5:32AM  
**Muruga:** Purple *Sunset:* 5:26PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Puratasi**

Sun 3 Sutra 167  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Vrisabha Rasi: 14.07 Tihti 21

632552363

**Gulika** 2:27PM – 3:56PM  
Yama 11:29AM – 12:58PM  
**Rahu** 3:56PM – 5:25PM

**Rohini** Until 10:09PM  
Siddhi Until 4:26PM  
Gara Until 2:57PM  
Shashthi\* Until 2:15AM Mon

**Ganesha:** Purple *Sunrise:* 5:33AM  
**Muruga:** Purple *Sunset:* 5:25PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Puratasi**

Sun 4 Sutra 168  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Adana, Turkey

Vrisabha Rasi: 27.49 Tihti 22

632552363

**Gulika** 12:57PM – 2:26PM  
Yama 10:00AM – 11:29AM  
**Rahu** 7:03AM – 8:31AM

**Mrigashira** Until 9:21PM  
Vyatipata\* Until 2:09PM  
Visti Until 1:31PM  
Saptami Until 12:40AM Tue

**Ganesha:** Purple *Sunrise:* 5:34AM  
**Muruga:** Purple *Sunset:* 5:23PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Puratasi**

Sun 5 Sutra 169  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

**Bhuloka Day**

Family Home Evening  
Creative Work Amrita Yoga  
Until 9:21PM  
Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey

Mithuna Rasi: 11.4 Tihti 23

632552363

**Gulika** 11:28AM – 12:57PM  
Yama 8:32AM – 10:00AM  
**Rahu** 2:25PM – 3:54PM

**Ardra** Until 8:07PM  
Variyan Until 11:38AM  
Balava Until 11:48AM  
Ashtami\* Until 10:49PM

**Ganesha:** Purple *Sunrise:* 5:35AM  
**Muruga:** Purple *Sunset:* 5:22PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Puratasi**

Sun 6 Sutra 170  
Vilamba 5120  
Moon 9 - Phase 23  
Ashtami

**Bhuloka Day**

Routine Work Marana Yoga  
Until 8:07PM  
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Parigha\*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Adana, Turkey

Mithuna Rasi: 25.42 Tihti 24

642552363

**Gulika** 10:00AM – 11:28AM  
Yama 7:04AM – 8:32AM  
**Rahu** 11:28AM – 12:56PM

**Punarvasu** Until 6:54PM  
Parigha\* Until 8:54AM  
Tailila Until 9:49AM  
Navami\* Until 8:42PM

**Ganesha:** Clear *Sunrise:* 5:36AM  
**Muruga:** Purple *Sunset:* 5:20PM  
**Nataraja:** Purple  
Moon – Blue  
**Bhadrapada-Puratasi**

Sun 7 Sutra 171  
Vilamba 5120  
Moon 9 - Phase 23  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


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<b>1</b>		<b>Thursday, October 4, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau	Adana, Turkey Sun 8 Sutra 172 Vilamba 5120
Kataka Rasi: 9.54	Tithi 25	<b>Gulika</b> 8:32AM – 10:00AM	<b>Pushya</b> Until 5:19PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:37AM		
		Yama 5:37AM – 7:04AM	Siddha Until 2:50AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 12:56PM – 2:23PM	Vanija Until 7:35AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 6:21PM	Moon – Blue	<b>Bhuloka Day</b>		
Until 5:19PM				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Adana, Turkey Sun 9 Sutra 173 Vilamba 5120
Kataka Rasi: 24.15	Tithi 26 – 27	<b>Gulika</b> 7:05AM – 8:33AM	<b>Ashlesha*</b> Until 3:24PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:38AM		
		Yama 2:23PM – 3:50PM	Sadhya Until 11:36PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 10:00AM – 11:28AM	Kaulava Until 2:32AM Sat	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 3:49PM	Moon – Blue	<b>Bhuloka Day</b>		
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:AM to 9:AM		

<b>3</b>		<b>Saturday, October 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Adana, Turkey Sun 10 Sutra 174 Vilamba 5120
Simha Rasi: 8.42	Tithi 27 – 28	<b>Gulika</b> 5:38AM – 7:06AM	<b>Magha*</b> Until 1:40PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:38AM		
		Yama 12:54PM – 2:22PM	Subha Until 8:18PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 8:33AM – 10:00AM	Gara Until 11:53PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 1:11PM	Moon – Red	<b>Bhuloka Day</b>		
Until 1:40PM				<b>Bhadrapada-Puratasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Sunday, October 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Adana, Turkey Sun 11 Sutra 175 Vilamba 5120
Simha Rasi: 23.1	Tithi 28 – 29	<b>Gulika</b> 2:21PM – 3:48PM	<b>Purvaphalguni</b> Until 11:47AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:39AM		
		Yama 11:27AM – 12:54PM	Sukla Until 5:01PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 3:48PM – 5:15PM	Visti Until 9:17PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 10:33AM	Moon – Red	<b>Bhuloka Day</b>		
Until 11:47AM				<b>Bhadrapada-Puratasi</b>			
Then Creative Work - Amrita Yoga							

		<b>Monday, October 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Adana, Turkey Sun 12 Sutra 176 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:53PM – 2:20PM	<b>Uttaraphalguni</b> Until 9:53AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:40AM		
Kanya Rasi: 7.35	Tithi 29 – 30	Yama 10:00AM – 11:27AM	Brahma Until 1:52PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 24	
<b>Family Home Evening</b>		652552364 <b>Rahu</b> 7:07AM – 8:33AM	Catuspada Until 6:52PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:02AM	Moon – Red	<b>Bhuloka Day</b>		
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM		

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau	Adana, Turkey Sun 13 Sutra 177 Vilamba 5120
Kanya Rasi: 21.5	Tithi 1	<b>Gulika</b> 11:26AM – 12:53PM	<b>Hasta</b> Until 8:32AM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:41AM		
		Yama 8:34AM – 10:00AM	Indra Until 10:59AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 24	
		662652364 <b>Rahu</b> 2:19PM – 3:45PM	Kintughna Until 4:48PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:54AM Wed	Moon – Green	<b>Devaloka Day</b>		
		<b>Navaratri Begins</b>		<b>Ashvina-Puratasi</b>			

<b>1</b>		<b>Wednesday, October 10, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Adana, Turkey Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 5.49	Tithi 2	<b>Gulika</b>	<b>10:00AM – 11:26AM</b>	<b>Chitra Until 7:28AM</b>	<b>Ganesha: Red</b>	<b>Sunrise: 5:42AM</b>			
		Yama	7:08AM – 8:34AM	Vaidhriti* Until 8:25AM	<b>Muruga: Purple</b>	<b>Sunset: 5:10PM</b>			Moon 9 - Phase 25
		662652364 <b>Rahu</b>	<b>11:26AM – 12:52PM</b>	Balava Until 3:12PM	<b>Nataraja: Clear</b>				3rd Phase
Creative Work	Siddha Yoga			<b>Dvitiya Until 2:36AM Thu</b>	Moon – Green			<b>Devaloka Day</b>	
					<b>Ashvina•Puratasi</b>				

<b>2</b>		<b>Thursday, October 11, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau		Adana, Turkey Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 19.27	Tithi 3	<b>Gulika</b>	<b>8:34AM – 10:00AM</b>	<b>Svati Until 6:49AM</b>	<b>Ganesha: Red</b>	<b>Sunrise: 5:43AM</b>			
		Yama	5:43AM – 7:09AM	Vishkambha* Until 6:19AM	<b>Muruga: Purple</b>	<b>Sunset: 5:09PM</b>			Moon 9 - Phase 25
		662652364 <b>Rahu</b>	<b>12:52PM – 2:17PM</b>	Tailila Until 2:12PM	<b>Nataraja: Clear</b>				3rd Phase
Creative Work	Amrita Yoga			<b>Tritiya Until 1:57AM Fri</b>	Moon – Green			<b>Devaloka Day</b>	
Until 6:49AM					<b>Ashvina•Puratasi</b>				
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Friday, October 12, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Adana, Turkey Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 2.42	Tithi 4	<b>Gulika</b>	<b>7:09AM – 8:35AM</b>	<b>Vishakha Until 7:08AM</b>	<b>Ganesha: White</b>	<b>Sunrise: 5:44AM</b>			
		Yama	2:17PM – 3:42PM	Ayushman Until 3:49AM Sat	<b>Muruga: Purple</b>	<b>Sunset: 5:07PM</b>			Moon 9 - Phase 25
		673652364 <b>Rahu</b>	<b>10:00AM – 11:26AM</b>	Vanija Until 1:56PM	<b>Nataraja: Clear</b>				3rd Phase
Creative Work	Siddha Yoga			<b>Chaturthi* Until 2:04AM Sat</b>	Moon – Orange			<b>Bhuloka Day</b>	
					<b>Ashvina•Puratasi</b>			<b>Devaloka Time: 6:PM to 9:PM</b>	

<b>4</b>		<b>Saturday, October 13, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Adana, Turkey Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 15.34	Tithi 5	<b>Gulika</b>	<b>5:45AM – 7:10AM</b>	<b>Anuradha Until 8:03AM</b>	<b>Ganesha: White</b>	<b>Sunrise: 5:45AM</b>			
		Yama	12:51PM – 2:16PM	Saubhagya Until 3:28AM Sun	<b>Muruga: Purple</b>	<b>Sunset: 5:06PM</b>			Moon 9 - Phase 25
		673652364 <b>Rahu</b>	<b>8:35AM – 10:00AM</b>	Bava Until 2:27PM	<b>Nataraja: Clear</b>				3rd Phase
Creative Work	Siddha Yoga			<b>Panchami Until 2:58AM Sun</b>	Moon – Orange			<b>Bhuloka Day</b>	
					<b>Ashvina•Puratasi</b>			<b>Devaloka Time: 6:PM to 9:PM</b>	

<b>5</b>		<b>Sunday, October 14, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Adana, Turkey Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 28.05	Tithi 6	<b>Gulika</b>	<b>2:15PM – 3:40PM</b>	<b>Jyeshtha* Until 9:33AM</b>	<b>Ganesha: White</b>	<b>Sunrise: 5:46AM</b>			
		Yama	11:25AM – 12:50PM	Sobhana Until 3:41AM Mon	<b>Muruga: Purple</b>	<b>Sunset: 5:05PM</b>			Moon 9 - Phase 25
		673652364 <b>Rahu</b>	<b>3:40PM – 5:05PM</b>	Kaulava Until 3:43PM	<b>Nataraja: Clear</b>				3rd Phase
Routine Work	Marana Yoga			<b>Shashthi* Until 4:36AM Mon</b>	Moon – Orange			<b>Bhuloka Day</b>	
Until 9:33AM					<b>Ashvina•Puratasi</b>			<b>Devaloka Time: 6:PM to 9:PM</b>	
Then Creative Work - Amrita Yoga									

<b>6</b>		<b>Monday, October 15, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Adana, Turkey Sun 19 Sutra 183 Vilamba 5120	
Dhanu Rasi: 10.17	Tithi 7	<b>Gulika</b>	<b>12:49PM – 2:14PM</b>	<b>Mula* Until 12:03PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:46AM</b>			
<b>Family Home Evening</b>		Yama	10:00AM – 11:25AM	Athiganda* Until 4:19AM Tue	<b>Muruga: Purple</b>	<b>Sunset: 5:03PM</b>			Moon 9 - Phase 25
		683652364 <b>Rahu</b>	<b>7:11AM – 8:36AM</b>	Gara Until 5:40PM	<b>Nataraja: Clear</b>				3rd Phase
Creative Work	Siddha Yoga			<b>Saptami Until 6:49AM Tue</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 12:03PM					<b>Ashvina•Puratasi</b>				
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Tuesday, October 16, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Adana, Turkey Sun 20 Sutra 184 Vilamba 5120	
Dhanu Rasi: 22.16	Tithi 7 – 8	<b>Gulika</b>	<b>11:25AM – 12:49PM</b>	<b>Purvashadha* Until 2:54PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:47AM</b>			
		Yama	8:36AM – 10:00AM	Sukarma Until 5:15AM Wed	<b>Muruga: Purple</b>	<b>Sunset: 5:02PM</b>			Moon 9 - Phase 25
		683652364 <b>Rahu</b>	<b>2:13PM – 3:38PM</b>	Visti Until 8:05PM	<b>Nataraja: Clear</b>				Ashtami
Creative Work	Siddha Yoga			<b>Saptami Until 6:49AM</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 2:54PM					<b>Ashvina•Puratasi</b>				
Then Routine Work - Prabalarishta Yoga									

<b>Retreat Star</b>		<b>Wednesday, October 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Adana, Turkey Sun 21 Sutra 185 Vilamba 5120	
Makara Rasi: 4.06	Tithi 8 – 9	<b>Gulika</b>	<b>10:00AM – 11:24AM</b>	<b>Uttarashadha Until 5:49PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:48AM</b>			
		Yama	7:12AM – 8:36AM	Dhriti Until 6:17AM Thu	<b>Muruga: Purple</b>	<b>Sunset: 5:01PM</b>			Moon 9 - Phase 25
		683652364 <b>Rahu</b>	<b>11:24AM – 12:48PM</b>	Balava Until 10:44PM	<b>Nataraja: Clear</b>				Navami
Creative Work	Amrita Yoga			<b>Ashtami* Until 9:23AM</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 5:49PM					<b>Ashvina•Aipasi</b>				
Then Creative Work - Siddha Yoga									

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Adana, Turkey
	Makara Rasi: 15.53	Tithi 9 – 10	<b>Gulika</b> 8:37AM – 10:00AM	<b>Shravana Until 9:05PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:49AM	Sun 22 Sutra 186
			Yama 5:49AM – 7:13AM	Dhriti Until 6:17AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:59PM	Vilamba 5120
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 12:48PM – 2:12PM	Tailila Until 1:20AM Fri	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
		<b>Vijaya Dasami</b>	<b>Navami* Until 12:02PM</b>	Moon – Purple		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Adana, Turkey
	Makara Rasi: 27.44	Tithi 10 – 11	<b>Gulika</b> 7:14AM – 8:37AM	<b>Dhanishtha Until 11:55PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:50AM	Sun 23 Sutra 187
			Yama 2:11PM – 3:34PM	Shula* Until 7:12AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:58PM	Vilamba 5120
	Creative Work	Siddha Yoga	693652364 <b>Rahu</b> 10:01AM – 11:24AM	Vanija Until 3:37AM Sat	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Dashami Until 2:30PM</b>	Moon – Purple		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey
	Kumbha Rasi: 9.42	Tithi 11 – 12	<b>Gulika</b> 5:51AM – 7:14AM	<b>Shatabhishak Until 2:09AM Sun</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:51AM	Sun 24 Sutra 188
			Yama 12:47PM – 2:10PM	Ganda* Until 7:52AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:57PM	Vilamba 5120
	Creative Work	Amrita Yoga	693652364 <b>Rahu</b> 8:37AM – 10:01AM	Bava Until 5:25AM Sun	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Ekadashi Until 4:34PM</b>	Moon – Purple		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Balava Karana Dvadashyam Titau				Adana, Turkey
	Kumbha Rasi: 21.52	Tithi 12	<b>Gulika</b> 2:10PM – 3:32PM	<b>Purvaproshtapada* Until 4:07AM Mon</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:52AM	Sun 25 Sutra 189
			Yama 11:24AM – 12:47PM	Vriddhi Until 8:09AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:55PM	Vilamba 5120
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 3:32PM – 4:55PM	Balava Until 6:04PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Dvadashi Until 6:04PM</b>	Moon – Clear		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Adana, Turkey
	Meena Rasi: 4.18	Tithi 13	<b>Gulika</b> 12:46PM – 2:09PM	<b>Uttaraproshtapada Until 5:19AM Tue</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:53AM	Sun 26 Sutra 190
	<b>Family Home Evening</b>		Yama 10:01AM – 11:24AM	Dhruva Until 7:56AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:54PM	Vilamba 5120
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 7:16AM – 8:38AM	Kaulava Until 6:36AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Trayodashi Until 6:56PM</b>	Moon – Clear		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	
						<i>Pradosha Vrata</i>	

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey
	Meena Rasi: 17.01	Tithi 14	<b>Gulika</b> 11:23AM – 12:46PM	<b>Revati Until 5:44AM Wed</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:54AM	Sun 27 Sutra 191
			Yama 8:39AM – 10:01AM	Vyaghata* Until 7:14AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:53PM	Vilamba 5120
	Creative Work	Siddha Yoga	613652364 <b>Rahu</b> 2:08PM – 3:30PM	Gara Until 7:08AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Chaturdashi* Until 7:09PM</b>	Moon – Clear		4th Phase	
				<b>Ashvina-Aipasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:01AM – 11:23AM	<b>Ashvini Until 5:56PM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:55AM	Sutra 192
	Mesha Rasi: 0.03	Tithi 15	Yama 7:17AM – 8:39AM	Harshana Until 6:03AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:52PM	Vilamba 5120
	Routine Work	Marana Yoga	623652364 <b>Rahu</b> 11:23AM – 12:45PM	Visti Until 7:04AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Purnima* Until 6:47PM</b>	Moon – White		Purnima	
				<b>Ashvina-Aipasi</b>		<b>Devaloka Day</b>	

<b>○</b>	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Balava/Tailila Karana Prathama/Dvitiyayam Titau				Adana, Turkey
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:40AM – 10:01AM	<b>Ashvini Until 5:56PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:56AM	Sutra 193
	Mesha Rasi: 13.22	Tithi 16 – 17	Yama 5:56AM – 7:18AM	Siddhi Until 23:71AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:50PM	Vilamba 5120
	Creative Work	Siddha Yoga	623652364 <b>Rahu</b> 12:45PM – 2:07PM	Balava Until 6:26AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 26
			<b>Prathama* Until 5:56PM</b>	Moon – White		Prathama	
				<b>Ashvina-Aipasi</b>		<b>Devaloka Day</b>	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 26.55 Tihi 17 - 18

624652364

**Gulika** 7:18AM - 8:40AM  
**Yama** 2:06PM - 3:28PM  
**Rahu** 10:01AM - 11:23AM

**Krittika** Until 3:07PM Sat  
Vyatipata\* Until 12:11AM Sat  
Vanija Until 3:56AM Sat  
Dvitiya Until 4:40PM

**Ganesha:** White *Sunrise:* 5:57AM  
**Muruga:** Purple *Sunset:* 4:49PM  
**Nataraja:** Clear  
Moon - White  
**Ashvina-Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 3:07PM Sat  
Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan Yoga Visti\* Karana Tritiya/Chaturthiyam Titau

Adana, Turkey

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 10.4 Tihi 18 - 19

634652364

**Gulika** 5:58AM - 7:19AM  
**Yama** 12:44PM - 2:05PM  
**Rahu** 8:40AM - 10:02AM

**Krittika** Until 3:07PM  
Variyan Until 18:66AM Sun  
Visti Until 3:07PM  
Tritiya Until 3:07PM

**Ganesha:** Clear *Sunrise:* 5:58AM  
**Muruga:** Purple *Sunset:* 4:48PM  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 3:07PM  
Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 24.35 Tihi 19 - 20

634652364

**Gulika** 2:05PM - 3:26PM  
**Yama** 11:23AM - 12:44PM  
**Rahu** 3:26PM - 4:47PM

**Mrigashira** Until 2:44AM Mon  
Parigha\* Until 7:06PM  
Balava Until 1:23PM  
Chaturthi\* Until 1:23PM

**Ganesha:** Clear *Sunrise:* 5:59AM  
**Muruga:** Purple *Sunset:* 4:47PM  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 3:07PM  
Then Creative Work - Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 8.34 Tihi 20 - 21

634652364

Family Home Evening

**Gulika** 12:44PM - 2:04PM  
**Yama** 10:02AM - 11:23AM  
**Rahu** 7:21AM - 8:41AM

**Ardra** Until 1:23AM Tue  
Shiva Until 4:25PM  
Gara Until 10:35PM  
Panchami Until 11:31AM

**Ganesha:** Clear *Sunrise:* 6:00AM  
**Muruga:** Purple *Sunset:* 4:46PM  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 22.36 Tihi 21 - 22

644652364

**Gulika** 11:23AM - 12:43PM  
**Yama** 8:42AM - 10:02AM  
**Rahu** 2:04PM - 3:24PM

**Punarvasu** Until 12:17AM Wed  
Siddha Until 1:40PM  
Visti Until 8:38PM  
Shashthi\* Until 9:36AM

**Ganesha:** Purple *Sunrise:* 6:01AM  
**Muruga:** Purple *Sunset:* 4:45PM  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 6.4 Tihi 22 - 23

644662364

**Gulika** 10:02AM - 11:23AM  
**Yama** 7:22AM - 8:42AM  
**Rahu** 11:23AM - 12:43PM

**Pushya** Until 11:01PM  
Sadhya Until 10:55AM  
Balava Until 6:40PM  
Saptami Until 7:38AM

**Ganesha:** Purple *Sunrise:* 6:02AM  
**Muruga:** Clear *Sunset:* 4:44PM  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 20.45 Tihi 24

644662364

**Gulika** 8:43AM - 10:03AM  
**Yama** 6:03AM - 7:23AM  
**Rahu** 12:43PM - 2:03PM

**Ashlesha\*** Until 9:36PM  
Subha Until 8:09AM  
Taitila Until 14:42AM Fri  
Navami\* Until 10:55AM

**Ganesha:** Purple *Sunrise:* 6:03AM  
**Muruga:** Clear *Sunset:* 4:42PM  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 9:36PM  
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1 Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Adana, Turkey Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 4.5	Tithi 25	<b>Gulika</b> 7:24AM – 8:43AM	<b>Magha* Until 8:29PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM		
		Yama 2:02PM – 3:22PM	Brahma Until 2:34AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:41PM		Moon 10 - Phase 28
		654662364 <b>Rahu</b> 10:03AM – 11:23AM	Vanija Until 2:42PM	<b>Nataraja:</b> Clear			2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 1:42AM Sat</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 8:29PM				<b>Ashvina-Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>2 Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Adana, Turkey Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 18.54	Tithi 26	<b>Gulika</b> 6:05AM – 7:24AM	<b>Purvaphalguni Until 7:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:05AM		
		Yama 12:42PM – 2:01PM	Indra Until 11:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:40PM		Moon 10 - Phase 28
		654762364 <b>Rahu</b> 8:44AM – 10:03AM	Bava Until 12:45PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:46PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 7:14PM				<b>Ashvina-Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>3 Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Adana, Turkey Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 2.56	Tithi 27	<b>Gulika</b> 2:01PM – 3:20PM	<b>Uttaraphalguni Until 5:57PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM		
		Yama 11:23AM – 12:42PM	Vaidhriti* Until 9:11PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:39PM		Moon 10 - Phase 28
		654762364 <b>Rahu</b> 3:20PM – 4:39PM	Kaulava Until 10:52AM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 9:57PM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>4 Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Adana, Turkey Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 16.54	Tithi 28	<b>Gulika</b> 12:42PM – 2:01PM	<b>Hasta Until 5:07PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:07AM		
<b>Family Home Evening</b>		Yama 10:04AM – 11:23AM	Vishkambha* Until 6:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:38PM		Moon 10 - Phase 28
		664762364 <b>Rahu</b> 7:26AM – 8:45AM	Gara Until 9:07AM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 8:19PM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 5:07PM				<b>Ashvina-Aipasi</b>			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5 Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Adana, Turkey Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 0.43	Tithi 29	<b>Gulika</b> 11:23AM – 12:41PM	<b>Chitra Until 4:24PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:08AM		
		Yama 8:45AM – 10:04AM	Priti Until 4:24PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:37PM		Moon 10 - Phase 28
		664762364 <b>Rahu</b> 2:00PM – 3:19PM	Visti Until 7:37AM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:58PM</b>	Moon – Green		<b>Devaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>			
		<b>Deepavali Hindu Solidarity Day</b>					

<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 206 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 10:04AM – 11:23AM	<b>Svati Until 3:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:09AM		
Tula Rasi: 14.2	Tithi 30	Yama 7:27AM – 8:46AM	Ayushman Until 2:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:36PM		Moon 10 - Phase 28
		764762364 <b>Rahu</b> 11:23AM – 12:41PM	Catuspada Until 6:28AM	<b>Nataraja:</b> Clear			Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 6:02PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Adana, Turkey Sun 14 Sutra 207 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 8:46AM – 10:05AM	<b>Vishakha Until 4:16PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:10AM		
Tula Rasi: 27.42	Tithi 1 – 2	Yama 6:10AM – 7:28AM	Saubhagya Until 12:50PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:36PM		Moon 10 - Phase 28
		775762364 <b>Rahu</b> 12:41PM – 1:59PM	Balava Until 5:39AM Fri	<b>Nataraja:</b> Clear			Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:37PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Skanda Shasthi Begins</b>		<b>Karttika-Aipasi</b>			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Friday, November 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Adana, Turkey Sun 15 Sutra 208 Vilamba 5120
	Vrischika Rasi: 10.46 Tithi 2 - 3	<b>Gulika</b> 7:29AM - 8:47AM <b>Yama</b> 1:59PM - 3:17PM <b>Rahu</b> 10:05AM - 11:23AM	<b>Anuradha</b> Until 5:02PM Sobhana Until 11:45AM Taitila Until 6:12AM Sat Dvitiya Until 5:49PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:11AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:35PM <b>Nataraja:</b> Clear Moon - Orange <b>Karttika-Aipasi</b>
	Creative Work Siddha Yoga Until 5:02PM Then Routine Work - Marana Yoga	775762364		<b>Sivaloka Day</b> Moon 10 - Phase 29 3rd Phase

<b>2</b>	<b>Saturday, November 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Adana, Turkey Sun 16 Sutra 209 Vilamba 5120
	Vrischika Rasi: 23.3 Tithi 3	<b>Gulika</b> 6:12AM - 7:30AM <b>Yama</b> 12:41PM - 1:58PM <b>Rahu</b> 8:48AM - 10:05AM	<b>Jyeshtha*</b> Until 6:18PM Athiganda* Until 11:08AM Taitila Until 6:12AM Tritiya Until 6:42PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:12AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:34PM <b>Nataraja:</b> Clear Moon - Orange <b>Karttika-Aipasi</b>
	Creative Work Siddha Yoga	775762364		<b>Sivaloka Day</b> Moon 10 - Phase 29 3rd Phase

<b>3</b>	<b>Sunday, November 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Adana, Turkey Sun 17 Sutra 210 Vilamba 5120
	Dhanus Rasi: 5.56 Tithi 4	<b>Gulika</b> 1:58PM - 3:16PM <b>Yama</b> 11:23AM - 12:41PM <b>Rahu</b> 3:16PM - 4:33PM	<b>Mula*</b> Until 8:31PM Sukarma Until 11:03AM Vanija Until 7:25AM Chaturthi* Until 8:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:13AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:33PM <b>Nataraja:</b> Clear Moon - Light Blue <b>Karttika-Aipasi</b>
	Creative Work Amrita Yoga Until 8:31PM Then Creative Work - Siddha Yoga	785762364		<b>Sivaloka Day</b> Moon 10 - Phase 29 3rd Phase

<b>4</b>	<b>Monday, November 12, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Adana, Turkey Sun 18 Sutra 211 Vilamba 5120
	Dhanus Rasi: 18.06 Tithi 5 <b>Family Home Evening</b>	<b>Gulika</b> 12:40PM - 1:58PM <b>Yama</b> 10:06AM - 11:23AM <b>Rahu</b> 7:31AM - 8:49AM	<b>Purvashadha*</b> Until 11:08PM Dhriti Until 11:28AM Bava Until 9:17AM Panchami Until 10:23PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:14AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:32PM <b>Nataraja:</b> Clear Moon - Light Blue <b>Karttika-Aipasi</b>
	Routine Work Marana Yoga	785762364		<b>Sivaloka Day</b> Moon 10 - Phase 29 3rd Phase

<b>5</b>	<b>Tuesday, November 13, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Adana, Turkey Sun 19 Sutra 212 Vilamba 5120
	Makara Rasi: 0.04 Tithi 6	<b>Gulika</b> 11:23AM - 12:40PM <b>Yama</b> 8:49AM - 10:06AM <b>Rahu</b> 1:57PM - 3:14PM	<b>Uttarashadha</b> Until 1:58AM Wed Shula* Until 12:12PM Kaulava Until 11:38AM Shashthi* Until 12:55AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:15AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:31PM <b>Nataraja:</b> Clear Moon - Light Blue <b>Karttika-Aipasi</b>
	Routine Work Prabalarishta Yoga Until 1:58AM Wed Then Creative Work - Siddha Yoga	785762364	<b>Skanda Shasthi</b>	<b>Sivaloka Day</b> Moon 10 - Phase 29 3rd Phase

<b>6</b>	<b>Wednesday, November 14, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Adana, Turkey Sun 20 Sutra 213 Vilamba 5120
	Makara Rasi: 11.53 Tithi 7	<b>Gulika</b> 10:07AM - 11:23AM <b>Yama</b> 7:33AM - 8:50AM <b>Rahu</b> 11:23AM - 12:40PM	<b>Shravana</b> Until 5:16AM Thu Ganda* Until 1:10PM Gara Until 2:18PM Saptami Until 3:38AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:16AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:31PM <b>Nataraja:</b> Clear Moon - Purple <b>Karttika-Aipasi</b>
	Creative Work Siddha Yoga	795762364		<b>Subha Sivaloka Day</b> Moon 10 - Phase 29 3rd Phase

<b>D</b>	<b>Thursday, November 15, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Adana, Turkey Sun 21 Sutra 214 Vilamba 5120
	<b>Retreat Star</b>	<b>Gulika</b> 8:50AM - 10:07AM <b>Yama</b> 6:17AM - 7:34AM <b>Rahu</b> 12:40PM - 1:57PM	<b>Dhanishtha</b> Until 8:18AM Fri Vriddhi Until 2:10PM Visti Until 4:59PM Ashtami* Until 6:13AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:17AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:30PM <b>Nataraja:</b> Clear Moon - Purple <b>Karttika-Aipasi</b>
	Makara Rasi: 23.41 Tithi 8 Creative Work Siddha Yoga	795762364		<b>Subha Sivaloka Day</b> Moon 10 - Phase 29 Ashtami

	<b>Friday, November 16, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Adana, Turkey Sun 22 Sutra 215 Vilamba 5120
	<b>Retreat Star</b>	<b>Gulika</b> 7:35AM - 8:51AM <b>Yama</b> 1:57PM - 3:13PM <b>Rahu</b> 10:07AM - 11:24AM	<b>Dhanishtha</b> Until 8:18AM Dhruva Until 2:59PM Balava Until 7:25PM Ashtami* Until 6:13AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM <b>Muruga:</b> Clear <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Clear Moon - Purple <b>Karttika-Kartikai</b>
	Kumbha Rasi: 5.31 Tithi 8 - 9 Creative Work Siddha Yoga	795762364		<b>Subha Sivaloka Day</b> Moon 10 - Phase 29 Navami

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau				Adana, Turkey
	Kumbha Rasi: 17.3	Tithi 9 – 10	<b>Gulika</b> 6:19AM – 7:36AM <b>Yama</b> 12:40PM – 1:56PM <b>Rahu</b> 8:52AM – 10:08AM	<b>Shatabhishak</b> Until 10:47AM <b>Vyaghata*</b> Until 3:29PM <b>Tailila</b> Until 9:23PM <b>Navami*</b> Until 8:27AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Purple	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 4:29PM	Sun 23 Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Amrita Yoga Until 10:47AM Then Routine Work - Marana Yoga		796762365				<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Adana, Turkey
	Kumbha Rasi: 29.41	Tithi 10 – 11	<b>Gulika</b> 1:56PM – 3:12PM <b>Yama</b> 11:24AM – 12:40PM <b>Rahu</b> 3:12PM – 4:28PM	<b>Purvaproshtapada*</b> Until 1:02PM <b>Harshana</b> Until 3:32PM <b>Vanija</b> Until 10:41PM <b>Dashami</b> Until 10:06AM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 4:28PM	Sun 24 Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga Until 1:02PM Then Creative Work - Amrita Yoga		716762365				<b>Devaloka Day</b>	

<b>3</b>	<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey
	Meena Rasi: 12.11	Tithi 11 – 12	<b>Gulika</b> 12:40PM – 1:56PM <b>Yama</b> 10:09AM – 11:24AM <b>Rahu</b> 7:37AM – 8:53AM	<b>Uttaraproshtapada</b> Until 2:25PM <b>Vajra*</b> Until 3:00PM <b>Bava</b> Until 11:15PM <b>Ekadashi</b> Until 11:02AM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 4:27PM	Sun 25 Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Family Home Evening Creative Work Siddha Yoga		716762365				<b>Devaloka Day</b>	

<b>4</b>	<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey
	Meena Rasi: 25.02	Tithi 12 – 13	<b>Gulika</b> 11:25AM – 12:40PM <b>Yama</b> 8:54AM – 10:09AM <b>Rahu</b> 1:56PM – 3:11PM	<b>Revati</b> Until 2:56PM <b>Siddhi</b> Until 1:53PM <b>Kaulava</b> Until 11:03PM <b>Dvadashi</b> Until 11:13AM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 4:27PM	Sun 26 Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga		716762365				<b>Devaloka Day</b>	
<i>Pradosha Vrata</i>							

<b>5</b>	<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatiyata*/Varyan Yoga Tailila/Visti* Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey
	Mesha Rasi: 8.14	Tithi 13 – 14	<b>Gulika</b> 10:10AM – 11:25AM <b>Yama</b> 7:39AM – 8:54AM <b>Rahu</b> 11:25AM – 12:40PM	<b>Ashvini</b> Until 3:03PM <b>Vyatiyata*</b> Until 3:03PM <b>Visti</b> Until 20:40AM Thu <b>Trayodashi</b> Until 10:40AM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 4:26PM	Sun 27 Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Routine Work Marana Yoga Until 3:03PM Then Creative Work - Siddha Yoga		726762365				<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>○</b>	<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:55AM – 10:10AM <b>Yama</b> 6:25AM – 7:40AM <b>Rahu</b> 12:40PM – 1:55PM	<b>Bharani</b> Until 2:23PM <b>Varyan</b> Until 10:01AM <b>Visti</b> Until 8:40PM <b>Chaturdashi*</b> Until 9:28AM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 4:26PM	Sutra 221 Vilamba 5120 Moon 10 - Phase 30 Purnima
Creative Work Siddha Yoga Until 2:23PM Then Routine Work - Marana Yoga		726762365	<b>Krittika Deepam</b>			<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>○</b>	<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:41AM – 8:55AM <b>Yama</b> 1:55PM – 3:10PM <b>Rahu</b> 10:10AM – 11:25AM	<b>Krittika</b> Until 1:05PM <b>Parigha*</b> Until 7:25AM <b>Balava</b> Until 6:42PM <b>Purnima*</b> Until 7:43AM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:26AM <b>Sunset:</b> 4:25PM	Sutra 222 Vilamba 5120 Moon 10 - Phase 30 Prathama
Creative Work Siddha Yoga Until 1:05PM Then Routine Work - Marana Yoga		726762365	<b>Vinayaga Viratam Begins</b>			<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey

Vrishabha Rasi: 19.56    Tihti 17

737762365

**Gulika** 6:27AM – 7:41AM  
**Yama** 12:41PM – 1:55PM  
**Rahu** 8:56AM – 10:11AM

**Rohini** Until 11:42AM  
**Siddha** Until 1:19AM Sun  
**Taitila** Until 4:25PM  
**Dvitiya** Until 3:10AM Sun

**Ganesha:** Red    *Sunrise:* 6:27AM  
**Muruga:** Clear    *Sunset:* 4:25PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga

Until 11:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Adana, Turkey

Mithuna Rasi: 4.17    Tihti 18

737762365

**Gulika** 1:55PM – 3:10PM  
**Yama** 11:26AM – 12:41PM  
**Rahu** 3:10PM – 4:24PM

**Mrigashira** Until 9:56AM  
**Sadhya** Until 10:02PM  
**Vanija** Until 1:55PM  
**Tritiya** Until 12:37AM Mon

**Ganesha:** Red    *Sunrise:* 6:28AM  
**Muruga:** Clear    *Sunset:* 4:24PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

Sun 1    Sutra 224  
Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Until 7:57AM

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Adana, Turkey

Mithuna Rasi: 18.44    Tihti 19

737762365

**Gulika** 12:41PM – 1:55PM  
**Yama** 10:12AM – 11:26AM  
**Rahu** 7:43AM – 8:57AM

**Ardra** Until 7:57AM  
**Subha** Until 6:45PM  
**Bava** Until 11:21AM  
**Chaturthi\*** Until 10:04PM

**Ganesha:** Red    *Sunrise:* 6:29AM  
**Muruga:** Clear    *Sunset:* 4:24PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

Sun 2    Sutra 225  
Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Until 7:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Kataka Rasi: 3.1    Tihti 20

747762365

**Gulika** 11:27AM – 12:41PM  
**Yama** 8:58AM – 10:12AM  
**Rahu** 1:55PM – 3:09PM

**Punarvasu** Until 6:16AM  
**Sukla** Until 3:30PM  
**Kaulava** Until 8:50AM  
**Panchami** Until 7:36PM

**Ganesha:** Green    *Sunrise:* 6:30AM  
**Muruga:** Clear    *Sunset:* 4:24PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

Sun 3    Sutra 226  
Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Kataka Rasi: 17.31    Tihti 21 – 22

747862365

**Gulika** 10:13AM – 11:27AM  
**Yama** 7:45AM – 8:59AM  
**Rahu** 11:27AM – 12:41PM

**Ashlesha\*** Until 2:55AM Thu  
**Brahma** Until 12:23PM  
**Gara** Until 6:26AM  
**Shashthi\*** Until 5:17PM

**Ganesha:** White    *Sunrise:* 6:31AM  
**Muruga:** Clear    *Sunset:* 4:23PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

Sun 4    Sutra 227  
Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga

Until 2:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Simha Rasi: 1.44    Tihti 22 – 23

757863365

**Gulika** 8:59AM – 10:13AM  
**Yama** 6:31AM – 7:45AM  
**Rahu** 12:41PM – 1:55PM

**Magha\*** Until 1:46AM Fri  
**Indra** Until 9:27AM  
**Balava** Until 2:17AM Fri  
**Saptami** Until 3:12PM

**Ganesha:** Clear    *Sunrise:* 6:31AM  
**Muruga:** Purple    *Sunset:* 4:23PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

Sun 5    Sutra 228  
Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga

Until 1:46AM Fri

Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Simha Rasi: 15.47    Tihti 23 – 24

757863365

**Gulika** 7:46AM – 9:00AM  
**Yama** 1:55PM – 3:09PM  
**Rahu** 10:14AM – 11:28AM

**Purvaphalguni** Until 12:45AM Sat  
**Vaidhriti\*** Until 6:41AM  
**Taitila** Until 12:35AM Sat  
**Ashtami\*** Until 1:22PM

**Ganesha:** Clear    *Sunrise:* 6:32AM  
**Muruga:** Purple    *Sunset:* 4:23PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

Sun 6    Sutra 229  
Vilamba 5120  
Moon 11 - Phase 31  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Until 12:45AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Adana, Turkey

Simha Rasi: 29.41    Tihti 24 – 25

758863365

**Gulika** 6:33AM – 7:47AM  
**Yama** 12:42PM – 1:55PM  
**Rahu** 9:01AM – 10:14AM

**Uttaraphalguni** Until 11:50PM  
**Priti** Until 1:50AM Sun  
**Vanija** Until 11:09PM  
**Navami\*** Until 11:49AM

**Ganesha:** Orange    *Sunrise:* 6:33AM  
**Muruga:** Purple    *Sunset:* 4:23PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

Sun 7    Sutra 230  
Vilamba 5120  
Moon 11 - Phase 31  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work    Marana Yoga

1	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Adana, Turkey
	Kanya Rasi: 13.25    Tihi 25 – 26		Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8    Sutra 231
	768863365	<b>Gulika</b> 1:56PM – 3:09PM <b>Yama</b> 11:28AM – 12:42PM <b>Rahu</b> 3:09PM – 4:23PM	<b>Hasta</b> Until 11:30PM Ayushman Until 11:43PM Bava Until 10:01PM Dashami Until 10:31AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:34AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:23PM <b>Nataraja:</b> White Moon – Green	<b>Karttika-Karttikai</b>	<b>Bhuloka Day</b>	Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Creative Work    Amrita Yoga Until 11:30PM Then Creative Work - Siddha Yoga							

2	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam				Adana, Turkey
	Kanya Rasi: 26.58    Tihi 26 – 27		Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9    Sutra 232
	768863365	<b>Gulika</b> 12:42PM – 1:56PM <b>Yama</b> 10:15AM – 11:29AM <b>Rahu</b> 7:49AM – 9:02AM	<b>Chitra</b> Until 11:20PM Saubhagya Until 9:52PM Kaulava Until 9:11PM Ekadashi* Until 9:32AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:35AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:22PM <b>Nataraja:</b> White Moon – Green	<b>Karttika-Karttikai</b>	<b>Bhuloka Day</b>	Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Routine Work    Prabalarishta Yoga Until 11:20PM Then Creative Work - Amrita Yoga							

3	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam				Adana, Turkey
	Tula Rasi: 10.21    Tihi 27 – 28		Svati Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10    Sutra 233
	768863365	<b>Gulika</b> 11:29AM – 12:43PM <b>Yama</b> 9:03AM – 10:16AM <b>Rahu</b> 1:56PM – 3:09PM	<b>Svati</b> Until 11:21PM Sobhana Until 8:17PM Gara Until 8:41PM Dvadashi* Until 8:52AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:36AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:22PM <b>Nataraja:</b> White Moon – Green	<b>Karttika-Karttikai</b>	<b>Bhuloka Day</b>	Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Creative Work    Siddha Yoga Until 11:21PM Then Routine Work - Marana Yoga							

4	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam				Adana, Turkey
	Tula Rasi: 23.32    Tihi 28 – 29		Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11    Sutra 234
	778863365	<b>Gulika</b> 10:17AM – 11:30AM <b>Yama</b> 7:50AM – 9:03AM <b>Rahu</b> 11:30AM – 12:43PM	<b>Vishakha</b> Until 12:03AM Thu Athiganda* Until 7:00PM Visti Until 8:36PM Trayodashi* Until 8:34AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:37AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:22PM <b>Nataraja:</b> White Moon – Orange	<b>Karttika-Karttikai</b>	<b>Bhuloka Day</b>	Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Creative Work    Siddha Yoga							

●	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam				Adana, Turkey
	<b>Retreat Star</b>		Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12    Sutra 235
	778863365	<b>Gulika</b> 9:04AM – 10:17AM <b>Yama</b> 6:38AM – 7:51AM <b>Rahu</b> 12:43PM – 1:56PM	<b>Anuradha</b> Until 1:04AM Fri Sukarma Until 6:04PM Catuspada Until 8:59PM Chaturdashi* Until 8:42AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:38AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:22PM <b>Nataraja:</b> White Moon – Orange	<b>Karttika-Karttikai</b>	<b>Bhuloka Day</b>	Vilamba 5120 Moon 11 - Phase 32 Amavasya
Creative Work    Siddha Yoga Until 1:04AM Fri Then Routine Work - Marana Yoga							

●	<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam				Adana, Turkey
	<b>Retreat Star</b>		Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13    Sutra 236
	779863365	<b>Gulika</b> 7:52AM – 9:05AM <b>Yama</b> 1:56PM – 3:09PM <b>Rahu</b> 10:18AM – 11:31AM	<b>Jyeshtha*</b> Until 2:25AM Sat Dhriti Until 5:33PM Kintughna Until 9:52PM Amavasya* Until 9:20AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:39AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:22PM <b>Nataraja:</b> White Moon – Orange	<b>Margasira-Karttikai</b>	<b>Bhuloka Day</b>	Vilamba 5120 Moon 11 - Phase 32 Prathama
Routine Work    Marana Yoga Until 2:25AM Sat Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Adana, Turkey Sun 14 Sutra 237 Vilamba 5120	
Dhanus Rasi: 1.46	Tithi 1 – 2	<b>Gulika</b> 6:40AM – 7:52AM Yama 12:44PM – 1:57PM 789863365 <b>Rahu</b> 9:05AM – 10:18AM	<b>Mula* Until 4:36AM Sun</b> Shula* Until 5:24PM Balava Until 11:18PM Prathama* Until 10:29AM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 6:40AM <b>Sunset:</b> 4:22PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>	
Creative Work Siddha Yoga							
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Adana, Turkey Sun 15 Sutra 238 Vilamba 5120	
Dhanus Rasi: 14.02	Tithi 2 – 3	<b>Gulika</b> 1:57PM – 3:10PM Yama 11:31AM – 12:44PM 789863365 <b>Rahu</b> 3:10PM – 4:22PM	<b>Purvashadha* Until 7:07AM Mon</b> Ganda* Until 5:41PM Taitila Until 1:15AM Mon Dvitiya Until 12:11PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 6:40AM <b>Sunset:</b> 4:22PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>	
Creative Work Siddha Yoga Until 7:07AM Mon Then Routine Work - Marana Yoga							
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Adana, Turkey Sun 16 Sutra 239 Vilamba 5120	
Dhanus Rasi: 26.06	Tithi 3 – 4	<b>Gulika</b> 12:45PM – 1:57PM Yama 10:19AM – 11:32AM 789863365 <b>Rahu</b> 7:54AM – 9:07AM	<b>Purvashadha* Until 7:07AM</b> Vridhhi Until 6:18PM Vanija Until 3:38AM Tue Tritiya Until 2:22PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 6:41AM <b>Sunset:</b> 4:22PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>	
Family Home Evening Routine Work Marana Yoga							
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Adana, Turkey Sun 17 Sutra 240 Vilamba 5120	
Makara Rasi: 8.01	Tithi 4 – 5	<b>Gulika</b> 11:32AM – 12:45PM Yama 9:07AM – 10:20AM 789863365 <b>Rahu</b> 1:57PM – 3:10PM	<b>Uttarashadha Until 9:51AM</b> Dhruva Until 7:10PM Bava Until 6:18AM Wed Chaturthi* Until 4:55PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Light Blue Margasira*Karttikai	<b>Sunrise:</b> 6:42AM <b>Sunset:</b> 4:23PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>	
Routine Work Prabalarishta Yoga Until 9:51AM Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Adana, Turkey Sun 18 Sutra 241 Vilamba 5120	
Makara Rasi: 19.49	Tithi 5	<b>Gulika</b> 10:20AM – 11:33AM Yama 7:55AM – 9:08AM 799863365 <b>Rahu</b> 11:33AM – 12:45PM	<b>Shravana Until 1:08PM</b> Vyaghata* Until 8:10PM Bava Until 6:18AM Panchami Until 7:40PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira*Karttikai	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 4:23PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga Until 1:08PM Then Routine Work - Prabalarishta Yoga							
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Adana, Turkey Sun 19 Sutra 242 Vilamba 5120	
Kumbha Rasi: 2	Tithi 6	<b>Gulika</b> 9:08AM – 10:21AM Yama 6:44AM – 7:56AM 799863365 <b>Rahu</b> 12:46PM – 1:58PM	<b>Dhanishtha Until 4:17PM</b> Harshana Until 9:09PM Kaulava Until 9:03AM Shashthi* Until 10:22PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira*Karttikai	<b>Sunrise:</b> 6:44AM <b>Sunset:</b> 4:23PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga		Vinayaga Viratam Ends					
<b>Retreat Star</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Adana, Turkey Sun 20 Sutra 243 Vilamba 5120	
Kumbha Rasi: 13.25	Tithi 7	<b>Gulika</b> 7:57AM – 9:09AM Yama 1:58PM – 3:11PM 799863365 <b>Rahu</b> 10:21AM – 11:34AM	<b>Shatabhishak Until 7:04PM</b> Vajra* Until 9:55PM Gara Until 11:40AM Saptami Until 12:49AM Sat	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Purple Margasira*Karttikai	<b>Sunrise:</b> 6:44AM <b>Sunset:</b> 4:23PM	Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga							
<b>Retreat Star</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Adana, Turkey Sun 21 Sutra 244 Vilamba 5120	
Kumbha Rasi: 25.22	Tithi 8	<b>Gulika</b> 6:45AM – 7:57AM Yama 12:47PM – 1:59PM 711863365 <b>Rahu</b> 9:10AM – 10:22AM	<b>Purvaproshtapada* Until 9:45PM</b> Siddhi Until 10:21PM Visti Until 1:53PM Ashtami* Until 2:45AM Sun	<b>Ganesh:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear Margasira*Karttikai	<b>Sunrise:</b> 6:45AM <b>Sunset:</b> 4:24PM	Moon 11 - Phase 33 Ashtami <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
Routine Work Marana Yoga Until 9:45PM Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Adana, Turkey Sun 22 Sutra 245 Vilamba 5120	
Meena Rasi: 7.32	Tithi 9	<b>Gulika</b> 1:59PM – 3:12PM Yama 11:35AM – 12:47PM 811863365 <b>Rahu</b> 3:12PM – 4:24PM	<b>Uttaraproshtapada Until 11:38PM</b> Vyatipata* Until 10:18PM Balava Until 3:30PM Navami* Until 4:01AM Mon	<b>Ganesh:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> White Moon – Clear Margasira*Markali	<b>Sunrise:</b> 6:46AM <b>Sunset:</b> 4:24PM	Moon 11 - Phase 33 Navami <b>Bhuloka Day</b>	
Creative Work Amrita Yoga		Markali Pillaiyar					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 19.59	Titithi 10	<b>Gulika</b> 12:47PM – 2:00PM	<b>Revati Until 12:38AM Tue</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:46AM	
	<b>Family Home Evening</b>	811863365	Yama 10:23AM – 11:35AM	Variyan Until 9:38PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	<b>Rahu</b> 7:59AM – 9:11AM	Taitila Until 4:22PM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami Until 4:29AM Tue</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>			

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 2.48	Titithi 11	<b>Gulika</b> 11:36AM – 12:48PM	<b>Ashvini Until 1:09AM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:47AM	
	Creative Work	Siddha Yoga	Yama 9:11AM – 10:24AM	Parigha* Until 8:21PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 34
			821863365	<b>Rahu</b> 2:00PM – 3:12PM	Vanija Until 4:26PM	<b>Nataraja:</b> White	4th Phase
			<b>Vaikuntha Ekadasi</b>	<b>Ekadashi Until 4:08AM Wed</b>	Moon – White	<b>Bhuloka Day</b>	
					<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM	

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 16.02	Titithi 12	<b>Gulika</b> 10:24AM – 11:36AM	<b>Bharani Until 12:43AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:47AM	
	Creative Work	Siddha Yoga	Yama 8:00AM – 9:12AM	Shiva Until 6:26PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 34
	Until 12:43AM Thu	Then Routine Work - Marana Yoga	821863365	<b>Rahu</b> 11:36AM – 12:48PM	Bava Until 3:40PM	<b>Nataraja:</b> White	4th Phase
				<b>Dvadashi Until 2:59AM Thu</b>	Moon – White	<b>Bhuloka Day</b>	
					<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM	

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 29.42	Titithi 13	<b>Gulika</b> 9:12AM – 10:25AM	<b>Krittika Until 11:28PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:48AM	
	Routine Work	Marana Yoga	Yama 6:48AM – 8:00AM	Siddha Until 3:56PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 34
			821863365	<b>Rahu</b> 12:49PM – 2:01PM	Kaulava Until 2:09PM	<b>Nataraja:</b> White	4th Phase
				<b>Trayodashi Until 1:08AM Fri</b>	Moon – White	<b>Bhuloka Day</b>	
					<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM	
					<i>Pradosha Vrata</i>		

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 13.47	Titithi 14	<b>Gulika</b> 8:01AM – 9:13AM	<b>Rohini Until 9:54PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:49AM	
	Routine Work	Marana Yoga	Yama 2:02PM – 3:14PM	Sadhya Until 12:56PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 34
	Until 9:54PM	Then Creative Work - Siddha Yoga	821863365	<b>Rahu</b> 10:25AM – 11:37AM	Gara Until 12:00PM	<b>Nataraja:</b> White	4th Phase
			<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi* Until 10:43PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
					<b>Margasira*Markali</b>		

<b>○</b>	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Adana, Turkey Sun 27 Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 6:49AM – 8:01AM	<b>Mrigashira Until 7:47PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:49AM	
	Vrisabha Rasi: 28.14	Titithi 15	Yama 12:50PM – 2:02PM	Subha Until 9:32AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	821963365	<b>Rahu</b> 9:13AM – 10:26AM	Visti Until 9:21AM	<b>Nataraja:</b> White	Purnima
			<b>Day 2 of Pancha Ganapati</b>	<b>Purnima* Until 7:52PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
					<b>Margasira*Markali</b>	Devaloka Time: 9:AM to 12:PM	

<b>○</b>	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Adana, Turkey Sun 28 Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:03PM – 3:15PM	<b>Ardra Until 5:15PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:50AM	
	Mithuna Rasi: 12.56	Titithi 16 – 17	Yama 11:38AM – 12:50PM	Brahma Until 2:00AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	831963365	<b>Rahu</b> 3:15PM – 4:27PM	Balava Until 6:21AM	<b>Nataraja:</b> White	Prathama
			<b>Day 3 of Pancha Ganapati</b>	<b>Prathama* Until 4:45PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
			<b>Ardra Darshanam</b>		<b>Margasira*Markali</b>	Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Mithuna Rasi: 27.49 Tihi 17 - 18  
Family Home Evening

Creative Work Amrita Yoga

Until 2:53PM

Then Creative Work - Siddha Yoga

**Gulika** 12:51PM - 2:03PM  
**Yama** 10:27AM - 11:39AM  
**Rahu** 8:02AM - 9:14AM

Day 4 of Pancha Ganapati

**Punarvasu Until 2:53PM**  
Indra Until 2:53PM  
Vanija Until 11:55PM

Dvitiya Until 1:31PM

**Ganesha:** Blue *Sunrise:* 6:50AM

**Muruga:** Purple *Sunset:* 4:27PM

**Nataraja:** White

Moon - Blue

Margasira-Markali

Devaloka Day

Adana, Turkey

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 12.41 Tihi 18 - 19

Creative Work Siddha Yoga

**Gulika** 11:39AM - 12:51PM  
**Yama** 9:15AM - 10:27AM  
**Rahu** 2:04PM - 3:16PM

Day 5 of Pancha Ganapati

**Pushya Until 12:25PM**  
Vaidhriti\* Until 6:18PM  
Bava Until 8:47PM

Tritiya Until 10:19AM

**Ganesha:** Yellow *Sunrise:* 6:50AM

**Muruga:** Purple *Sunset:* 4:28PM

**Nataraja:** White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Adana, Turkey

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Kataka Rasi: 27.28 Tihi 19 - 20

Creative Work Siddha Yoga

**Gulika** 10:28AM - 11:40AM  
**Yama** 8:03AM - 9:15AM  
**Rahu** 11:40AM - 12:52PM

Day 5 of Pancha Ganapati

**Ashlesha\* Until 9:59AM**  
Vishkambha\* Until 2:39PM  
Taitila Until 4:31AM Thu

Chaturthi\* Until 7:16AM

**Ganesha:** Yellow *Sunrise:* 6:51AM

**Muruga:** Purple *Sunset:* 4:29PM

**Nataraja:** Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Adana, Turkey

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 12.02 Tihi 21

Creative Work Amrita Yoga

Until 8:08AM

Then Creative Work - Siddha Yoga

**Gulika** 9:16AM - 10:28AM  
**Yama** 6:51AM - 8:03AM  
**Rahu** 12:52PM - 2:05PM

Day 5 of Pancha Ganapati

**Magha\* Until 8:08AM**  
Priti Until 11:17AM  
Gara Until 3:18PM

Shashthi\* Until 2:10AM Fri

**Ganesha:** Blue *Sunrise:* 6:51AM

**Muruga:** Purple *Sunset:* 4:29PM

**Nataraja:** Green

Moon - Red

Margasira-Markali

Bhuloka Day

Adana, Turkey

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Simha Rasi: 26.2 Tihi 22

Creative Work Siddha Yoga

**Gulika** 8:04AM - 9:16AM  
**Yama** 2:05PM - 3:18PM  
**Rahu** 10:28AM - 11:41AM

Day 5 of Pancha Ganapati

**Purvaphalguni Until 6:33AM**  
Ayushman Until 8:14AM  
Visti Until 1:10PM

Saptami Until 12:16AM Sat

**Ganesha:** Blue *Sunrise:* 6:52AM

**Muruga:** Purple *Sunset:* 4:30PM

**Nataraja:** Green

Moon - Red

Margasira-Markali

Bhuloka Day

Adana, Turkey

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 10.19 Tihi 23

Routine Work Marana Yoga

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

**Gulika** 6:52AM - 8:04AM  
**Yama** 12:54PM - 2:06PM  
**Rahu** 9:17AM - 10:29AM

Day 5 of Pancha Ganapati

**Hasta Until 4:50AM Sun**  
Sobhana Until 3:22AM Sun  
Balava Until 11:32AM

Ashtami\* Until 10:54PM

**Ganesha:** Red *Sunrise:* 6:52AM

**Muruga:** Purple *Sunset:* 4:31PM

**Nataraja:** Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Adana, Turkey

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 23.59 Tihi 24

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Creative Work - Amrita Yoga

**Gulika** 2:07PM - 3:19PM  
**Yama** 11:42AM - 12:54PM  
**Rahu** 3:19PM - 4:31PM

Day 5 of Pancha Ganapati

**Chitra Until 4:46AM Mon**  
Athiganda\* Until 1:33AM Mon  
Taitila Until 10:26AM

Navami\* Until 10:04PM

**Ganesha:** Red *Sunrise:* 6:52AM

**Muruga:** Purple *Sunset:* 4:31PM

**Nataraja:** Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Adana, Turkey

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Adana, Turkey	
		Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 260	
<b>1</b>		<b>Gulika</b>	12:55PM – 2:07PM	<b>Svati Until 5:03AM Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:52AM	Vilamba 5120
Tula Rasi: 7.2	Tithi 25	Yama	10:30AM – 11:42AM	Sukarma Until 12:09AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 36
<b>Family Home Evening</b>	862963366	<b>Rahu</b>	8:05AM – 9:17AM	Vanija Until 9:52AM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga				<b>Dashami Until 9:45PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 5:03AM Tue					<b>Margasira-Markali</b>	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Adana, Turkey	
		Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 261	
<b>2</b>		<b>Gulika</b>	11:43AM – 12:55PM	<b>Vishakha Until 6:08AM Wed</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:53AM	Vilamba 5120
Tula Rasi: 20.25	Tithi 26	Yama	9:18AM – 10:30AM	Dhriti Until 11:09PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 36
872963366		<b>Rahu</b>	2:08PM – 3:20PM	Bava Until 9:49AM	<b>Nataraja:</b> Green		2nd Phase
Routine Work Marana Yoga				<b>Ekadashi* Until 9:58PM</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 6:08AM Wed					<b>Margasira-Markali</b>		
Then Creative Work - Siddha Yoga							

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Adana, Turkey	
		Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 262	
<b>3</b>		<b>Gulika</b>	10:31AM – 11:43AM	<b>Vishakha Until 6:08AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:53AM	Vilamba 5120
Vrischika Rasi: 3.15	Tithi 27	Yama	8:05AM – 9:18AM	Shula* Until 10:31PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:34PM	Moon 12 - Phase 36
872963366		<b>Rahu</b>	11:43AM – 12:56PM	Kaulava Until 10:17AM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Siddha Yoga				<b>Dvadashi* Until 10:40PM</b>	Moon – Orange	<b>Bhuloka Day</b>	
					<b>Margasira-Markali</b>		

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Adana, Turkey	
		Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 263	
<b>4</b>		<b>Gulika</b>	9:18AM – 10:31AM	<b>Anuradha Until 7:31AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:53AM	Vilamba 5120
Vrischika Rasi: 15.52	Tithi 28	Yama	6:53AM – 8:06AM	Ganda* Until 10:14PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:34PM	Moon 12 - Phase 36
872963366		<b>Rahu</b>	12:56PM – 2:09PM	Gara Until 11:13AM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Siddha Yoga				<b>Trayodashi* Until 11:51PM</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 7:31AM					<b>Margasira-Markali</b>		
Then Routine Work - Prabalarishta Yoga							
							<i>Pradosha Vrata (Fasting)</i>

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Adana, Turkey	
		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 264	
<b>5</b>		<b>Gulika</b>	8:06AM – 9:19AM	<b>Jyeshtha* Until 9:12AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:53AM	Vilamba 5120
Vrischika Rasi: 28.16	Tithi 29	Yama	2:10PM – 3:22PM	Vriddhi Until 10:19PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
872963366		<b>Rahu</b>	10:31AM – 11:44AM	Visti Until 12:37PM	<b>Nataraja:</b> Green		2nd Phase
Routine Work Marana Yoga				<b>Chaturdashi* Until 1:28AM Sat</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 9:12AM					<b>Margasira-Markali</b>		
Then Creative Work - Amrita Yoga							

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Adana, Turkey	
		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 265	
<b>Retreat Star</b>		<b>Gulika</b>	6:53AM – 8:06AM	<b>Mula* Until 11:36AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:53AM	Vilamba 5120
Dhanus Rasi: 10.29	Tithi 30	Yama	12:57PM – 2:10PM	Dhruva Until 10:40PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 36
882963366		<b>Rahu</b>	9:19AM – 10:32AM	Catuspada Until 2:27PM	<b>Nataraja:</b> Green		Amavasya
Creative Work Siddha Yoga				<b>Amavasya* Until 3:29AM Sun</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
		<b>Subramuniyaswami Jayanti</b>			<b>Margasira-Markali</b>		

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Adana, Turkey	
		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 266	
<b>Retreat Star</b>		<b>Gulika</b>	2:11PM – 3:24PM	<b>Purvashadha* Until 2:13PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:53AM	Vilamba 5120
Dhanus Rasi: 22.34	Tithi 1	Yama	11:45AM – 12:58PM	Vyaghata* Until 11:18PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 36
882973366		<b>Rahu</b>	3:24PM – 4:37PM	Kintughna Until 4:39PM	<b>Nataraja:</b> Green		Prathama
Creative Work Siddha Yoga				<b>Prathama* Until 5:50AM Mon</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 2:13PM		<b>Partial Solar Eclipse</b>			<b>Pausha-Markali</b>	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau				Adana, Turkey Sun 15 Sutra 267 Vilamba 5120
<b>1</b>		<b>Gulika</b> 12:59PM – 2:12PM	<b>Uttarashadha</b> Until 4:56PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:53AM	
Makara Rasi: 4.3	Tithi 2	Yama 10:32AM – 11:45AM	Harshana Until 12:09AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	882973366	<b>Rahu</b> 8:06AM – 9:19AM	Balava Until 7:09PM	<b>Nataraja:</b> Green		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 8:27AM Tue	Moon – Light Blue		
Until 4:56PM				<b>Pausha-Markali</b>	<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Adana, Turkey Sun 16 Sutra 268 Vilamba 5120
<b>2</b>		<b>Gulika</b> 11:46AM – 12:59PM	<b>Shravana</b> Until 8:12PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:53AM	
Makara Rasi: 16.2	Tithi 2 – 3	Yama 9:19AM – 10:33AM	Vajra* Until 1:06AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:39PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 2:12PM – 3:26PM	Taitila Until 9:50PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 8:27AM	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Adana, Turkey Sun 17 Sutra 269 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:33AM – 11:46AM	<b>Dhanishtha</b> Until 11:22PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:53AM	
Makara Rasi: 28.08	Tithi 3 – 4	Yama 8:06AM – 9:20AM	Siddhi Until 2:06AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 11:46AM – 1:00PM	Vanija Until 12:36AM Thu	<b>Nataraja:</b> Green		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya</b> Until 11:12AM	Moon – Purple		
Until 11:22PM				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Adana, Turkey Sun 18 Sutra 270 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:20AM – 10:33AM	<b>Shatabhishak</b> Until 2:16AM Fri	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:53AM	
Kumbha Rasi: 9.55	Tithi 4 – 5	Yama 6:53AM – 8:06AM	Vyatipata* Until 3:01AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 1:00PM – 2:14PM	Bava Until 3:15AM Fri	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 1:55PM	Moon – Purple		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Adana, Turkey Sun 19 Sutra 271 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:06AM – 9:20AM	<b>Purvaproshtapada*</b> Until 5:14AM Sat	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:53AM	
Kumbha Rasi: 21.45	Tithi 5 – 6	Yama 2:14PM – 3:28PM	Variyan Until 3:43AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:42PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 10:34AM – 11:47AM	Kaulava Until 5:37AM Sat	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 4:27PM	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthyam Titau				Adana, Turkey Sun 20 Sutra 272 Vilamba 5120
<b>6</b>		<b>Gulika</b> 6:53AM – 8:06AM	<b>Uttaraproshtapada</b> Until 7:37AM Sun	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:53AM	
Meena Rasi: 3.42	Tithi 6	Yama 1:01PM – 2:15PM	Parigha* Until 4:06AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 9:20AM – 10:34AM	Taitila Until 6:37PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 6:37PM	Moon – Clear		
Until 7:37AM Sun				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga						

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Adana, Turkey Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:16PM – 3:30PM	<b>Uttaraproshtapada</b> Until 7:37AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:52AM	
Meena Rasi: 15.5	Tithi 7	Yama 11:48AM – 1:02PM	Shiva Until 4:02AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 3:30PM – 4:43PM	Gara Until 7:32AM	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 8:15PM	Moon – Clear		
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Adana, Turkey Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:02PM – 2:16PM	<b>Revati</b> Until 9:14AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:52AM	
Meena Rasi: 28.13	Tithi 8	Yama 10:34AM – 11:48AM	Siddha Until 3:23AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	813973366	<b>Rahu</b> 8:06AM – 9:20AM	Visti Until 8:49AM	<b>Nataraja:</b> Green		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 9:10PM	Moon – Clear		
				<b>Pausha-Thai</b>	<b>Devaloka Day</b>	
		<b>Thai Pongal</b>				

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Adana, Turkey Sun 23 Sutra 275 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 11:49AM – 1:03PM	<b>Ashvini</b> Until 10:28AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:52AM	
Mesha Rasi: 10.55	Tithi 9	Yama 9:20AM – 10:35AM	Sadhya Until 2:08AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 37
	823973366	<b>Rahu</b> 2:17PM – 3:31PM	Balava Until 9:21AM	<b>Nataraja:</b> Green		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:18PM	Moon – White		
				<b>Pausha-Thai</b>	<b>Sivaloka Day</b>	


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

<b>1</b>	<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Tailila/Gara Karana Dashamyam Titau				Adana, Turkey
	Mesha Rasi: 24.01	Tithi 10	<b>Gulika</b> 10:35AM – 11:49AM	<b>Bharani</b> Until 10:43AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:52AM	Sun 24 Sutra 276
		Yama 8:06AM – 9:20AM	Subha Until 12:15AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:46PM	Vilamba 5120	
		823173366 <b>Rahu</b> 11:49AM – 1:03PM	Tailila Until 9:04AM	<b>Nataraja:</b> Green		Moon 12 - Phase 38	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:36PM	Moon – White		4th Phase	
Until 10:43AM				<b>Pausha*Thai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey
	Vrishabha Rasi: 7.35	Tithi 11	<b>Gulika</b> 9:20AM – 10:35AM	<b>Krittika</b> Until 10:02AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:51AM	Sun 25 Sutra 277
		Yama 6:51AM – 8:06AM	Sukla Until 9:43PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:48PM	Vilamba 5120	
		823173366 <b>Rahu</b> 1:04PM – 2:18PM	Vanija Until 7:57AM	<b>Nataraja:</b> Green		Moon 12 - Phase 38	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 7:05PM	Moon – White		4th Phase	
				<b>Pausha*Thai</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey
	Vrishabha Rasi: 21.35	Tithi 12 – 13	<b>Gulika</b> 8:06AM – 9:20AM	<b>Rohini</b> Until 8:54AM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:51AM	Sun 26 Sutra 278
		Yama 2:19PM – 3:34PM	Brahma Until 6:37PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:49PM	Vilamba 5120	
		823173366 <b>Rahu</b> 10:35AM – 11:50AM	Bava Until 6:05AM	<b>Nataraja:</b> Green		Moon 12 - Phase 38	
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 4:52PM	Moon – Yellow		4th Phase	
Until 8:54AM				<b>Pausha*Thai</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

<b>4</b>	<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey
	Mithuna Rasi: 6.03	Tithi 13 – 14	<b>Gulika</b> 6:51AM – 8:05AM	<b>Mrigashira</b> Until 6:59AM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:51AM	Sun 27 Sutra 279
		Yama 1:05PM – 2:20PM	Indra Until 3:05PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:50PM	Vilamba 5120	
		823173366 <b>Rahu</b> 9:20AM – 10:35AM	Gara Until 12:29AM Sun	<b>Nataraja:</b> Green		Moon 12 - Phase 38	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 2:03PM	Moon – Yellow		4th Phase	
				<b>Pausha*Thai</b>		<b>Devaloka Day</b>	

	<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Adana, Turkey
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:20PM – 3:36PM	<b>Punarvasu</b> Until 1:50AM Mon	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:50AM	Sutra 280
Mithuna Rasi: 20.52	Tithi 14 – 15	Yama 11:50AM – 1:05PM	Vaidhriti* Until 11:09AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:51PM	Vilamba 5120	
		823173366 <b>Rahu</b> 3:36PM – 4:51PM	Visti Until 9:04PM	<b>Nataraja:</b> Green		Moon 12 - Phase 38	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:48AM	Moon – Blue		Purnima	
				<b>Pausha*Thai</b>		<b>Sivaloka Day</b>	

<b>Monday, January 21, 2019</b>	<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Adana, Turkey
	Kataka Rasi: 5.57	Tithi 15 – 16	<b>Gulika</b> 1:06PM – 2:21PM	<b>Pushya</b> Until 10:55PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:50AM	Sutra 281
<b>Family Home Evening</b>		Yama 10:35AM – 11:51AM	Vishkambha* Until 7:01AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:52PM	Vilamba 5120	
		823173366 <b>Rahu</b> 8:05AM – 9:20AM	Kaulava Until 3:34AM Tue	<b>Nataraja:</b> Green		Moon 12 - Phase 38	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 7:15AM	Moon – Blue		Prathama	
				<b>Pausha*Thai</b>		<b>Sivaloka Day</b>	
		<b>Total Lunar Eclipse</b>					
		<b>Thai Pusam</b>					



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Adana, Turkey

Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 21.08 Tihi 17

844173366

**Gulika** 11:51AM – 1:06PM  
**Yama** 9:20AM – 10:35AM  
**Rahu** 2:22PM – 3:37PM

**Ashlesha\* Until 7:53PM**  
**Ayushman Until 10:32PM**  
**Taitila Until 1:45PM**  
**Dvitiya Until 11:56PM**

**Ganesha:** Clear *Sunrise: 6:49AM*  
**Muruga:** Clear *Sunset: 4:53PM*  
**Nataraja:** Green  
Moon – Blue  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 6.16 Tihi 18

854173366

**Gulika** 10:36AM – 11:51AM  
**Yama** 8:04AM – 9:20AM  
**Rahu** 11:51AM – 1:07PM

**Magha\* Until 5:16PM**  
**Saubhagya Until 6:27PM**  
**Vanija Until 10:12AM**  
**Tritiya Until 8:29PM**

**Ganesha:** Purple *Sunrise: 6:49AM*  
**Muruga:** Clear *Sunset: 4:54PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 5:16PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 21.13 Tihi 19 – 20

854173366

**Gulika** 9:20AM – 10:36AM  
**Yama** 6:48AM – 8:04AM  
**Rahu** 1:07PM – 2:23PM

**Purvaphalguni Until 2:50PM**  
**Sobhana Until 2:40PM**  
**Bava Until 6:54AM**  
**Chaturthi\* Until 5:24PM**

**Ganesha:** Purple *Sunrise: 6:48AM*  
**Muruga:** Clear *Sunset: 4:55PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Adana, Turkey

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 5.52 Tihi 20 – 21

954173366

**Gulika** 8:04AM – 9:20AM  
**Yama** 2:24PM – 3:40PM  
**Rahu** 10:36AM – 11:52AM

**Uttaraphalguni Until 12:45PM**  
**Athiganda\* Until 11:14AM**  
**Gara Until 1:44AM Sat**  
**Panchami Until 2:47PM**

**Ganesha:** Clear *Sunrise: 6:47AM*  
**Muruga:** Clear *Sunset: 4:56PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

Until 12:45PM

Then Creative Work - Amrita Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 20.06 Tihi 21 – 22

964173366

**Gulika** 6:47AM – 8:03AM  
**Yama** 1:08PM – 2:25PM  
**Rahu** 9:19AM – 10:36AM

**Hasta Until 11:31AM**  
**Sukarma Until 8:18AM**  
**Visti Until 12:04AM Sun**  
**Shashthi\* Until 12:48PM**

**Ganesha:** Purple *Sunrise: 6:47AM*  
**Muruga:** Clear *Sunset: 4:57PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 3.55 Tihi 22 – 23

964173366

**Gulika** 2:25PM – 3:42PM  
**Yama** 11:52AM – 1:09PM  
**Rahu** 3:42PM – 4:58PM

**Chitra Until 10:51AM**  
**Shula\* Until 4:06AM Mon**  
**Balava Until 11:08PM**  
**Saptami Until 11:30AM**

**Ganesha:** Purple *Sunrise: 6:46AM*  
**Muruga:** Clear *Sunset: 4:58PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Adana, Turkey

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 17.19 Tihi 23 – 24

964173366

**Gulika** 1:09PM – 2:26PM  
**Yama** 10:36AM – 11:52AM  
**Rahu** 8:02AM – 9:19AM

**Svati Until 10:44AM**  
**Ganda\* Until 2:52AM Tue**  
**Taitila Until 10:58PM**  
**Ashtami\* Until 10:56AM**

**Ganesha:** Purple *Sunrise: 6:46AM*  
**Muruga:** Clear *Sunset: 4:59PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:44AM

Then Routine Work - Marana Yoga

<b>1</b>		<b>Tuesday, January 29, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Adana, Turkey Sun 7 Sutra 289 Vilamba 5120
Vrischika Rasi: 0.18	Tithi 24 – 25	<b>Gulika</b>	<b>11:53AM – 1:10PM</b>	<b>Vishakha Until 11:40AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:45AM	
		Yama	9:19AM – 10:36AM	Vriddhi Until 2:12AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:00PM	
		974173366 <b>Rahu</b>	<b>2:26PM – 3:43PM</b>	Vanija Until 11:30PM	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Routine Work	Marana Yoga			<b>Navami* Until 11:07AM</b>	Moon – Orange	<b>Devaloka Day</b>	
Until 11:40AM					<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, January 30, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Adana, Turkey Sun 8 Sutra 290 Vilamba 5120
Vrischika Rasi: 12.58	Tithi 25 – 26	<b>Gulika</b>	<b>10:36AM – 11:53AM</b>	<b>Anuradha Until 1:06PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:44AM	
		Yama	8:01AM – 9:18AM	Dhruva Until 2:00AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:01PM	
		974173366 <b>Rahu</b>	<b>11:53AM – 1:10PM</b>	Bava Until 12:42AM Thu	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Creative Work	Siddha Yoga			<b>Dashami Until 12:00PM</b>	Moon – Orange	<b>Devaloka Day</b>	
					<b>Pausha*Thai</b>		

<b>3</b>		<b>Thursday, January 31, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Adana, Turkey Sun 9 Sutra 291 Vilamba 5120
Vrischika Rasi: 25.21	Tithi 26 – 27	<b>Gulika</b>	<b>9:18AM – 10:36AM</b>	<b>Jyeshtha* Until 2:57PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:43AM	
		Yama	6:43AM – 8:01AM	Vyaghata* Until 2:13AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:02PM	
		974173366 <b>Rahu</b>	<b>1:10PM – 2:28PM</b>	Kaulava Until 2:27AM Fri	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Routine Work	Prabalarishta Yoga			<b>Ekadashi* Until 1:30PM</b>	Moon – Orange	<b>Devaloka Day</b>	
Until 2:57PM					<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, February 1, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Adana, Turkey Sun 10 Sutra 292 Vilamba 5120
Dhanus Rasi: 7.31	Tithi 27 – 28	<b>Gulika</b>	<b>8:01AM – 9:18AM</b>	<b>Mula* Until 5:35PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	
		Yama	2:28PM – 3:45PM	Harshana Until 2:47AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:02PM	
		984173366 <b>Rahu</b>	<b>10:36AM – 11:53AM</b>	Gara Until 4:38AM Sat	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 3:28PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 5:35PM					<b>Pausha*Thai</b>	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Prabalarishta Yoga					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Saturday, February 2, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Adana, Turkey Sun 11 Sutra 293 Vilamba 5120
Dhanus Rasi: 19.31	Tithi 28 – 29	<b>Gulika</b>	<b>6:43AM – 8:00AM</b>	<b>Purvashadha* Until 8:23PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	
		Yama	1:11PM – 2:28PM	Vajra* Until 3:32AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:04PM	
		984173366 <b>Rahu</b>	<b>9:18AM – 10:35AM</b>	Visti Until 7:06AM Sun	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 5:49PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 8:23PM					<b>Pausha*Thai</b>	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Sunday, February 3, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Adana, Turkey Sun 12 Sutra 294 Vilamba 5120
Makara Rasi: 1.24	Tithi 29	<b>Gulika</b>	<b>2:29PM – 3:47PM</b>	<b>Uttarashadha Until 11:15PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:42AM	
		Yama	11:53AM – 1:11PM	Siddhi Until 4:27AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:05PM	
		985173366 <b>Rahu</b>	<b>3:47PM – 5:05PM</b>	Visti Until 7:06AM	<b>Nataraja:</b> Green	Moon 1 - Phase 40	
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 8:24PM</b>	Moon – Light Blue	<b>Devaloka Day</b>	
					<b>Pausha*Thai</b>		

<b>●</b>		<b>Monday, February 4, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Adana, Turkey Sun 13 Sutra 295 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	<b>1:11PM – 2:30PM</b>	<b>Shravana Until 2:32AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:41AM	
Makara Rasi: 13.14	Tithi 30	Yama	10:35AM – 11:53AM	Vyatipata* Until 5:27AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:06PM	
<b>Family Home Evening</b>		995173367 <b>Rahu</b>	<b>7:59AM – 9:17AM</b>	Catuspada Until 9:46AM	<b>Nataraja:</b> White	Moon 1 - Phase 40	
Creative Work	Amrita Yoga			<b>Amavasya* Until 11:06PM</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 2:32AM Tue					<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga							

<b>●</b>		<b>Tuesday, February 5, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau	Adana, Turkey Sun 14 Sutra 296 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	<b>11:53AM – 1:12PM</b>	<b>Dhanishtha Until 5:39AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:40AM	
Makara Rasi: 25.01	Tithi 1	Yama	9:17AM – 10:35AM	Variyan Until 6:24AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:07PM	
		995173367 <b>Rahu</b>	<b>2:30PM – 3:48PM</b>	Kintughna Until 12:29PM	<b>Nataraja:</b> White	Moon 1 - Phase 40	
Creative Work	Siddha Yoga			<b>Prathama* Until 1:48AM Wed</b>	Moon – Purple	<b>Devaloka Day</b>	
					<b>Magha*Thai</b>		

<b>1</b>		<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Adana, Turkey Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 6.5	Tithi 2	<b>Gulika</b>	<b>10:35AM – 11:54AM</b>	<b>Shatabhishak Until 8:30AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:39AM		
		Yama	7:58AM – 9:16AM	Variyan Until 6:24AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:08PM		Moon 1 - Phase 41
Creative Work	Siddha Yoga	995173367	<b>Rahu</b> 11:54AM – 1:12PM	Balava Until 3:09PM	<b>Nataraja:</b> White			3rd Phase
				<b>Dvitiya Until 4:25AM Thu</b>	Moon – Purple		<b>Devaloka Day</b>	
					<b>Magha-Thai</b>			

<b>2</b>		<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Trityayam Titau			Adana, Turkey Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 18.4	Tithi 3	<b>Gulika</b>	<b>9:16AM – 10:35AM</b>	<b>Shatabhishak Until 8:30AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:38AM		
		Yama	6:38AM – 7:57AM	Parigha* Until 7:18AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:09PM		Moon 1 - Phase 41
Creative Work	Siddha Yoga	995173367	<b>Rahu</b> 1:12PM – 2:31PM	Taitila Until 5:40PM	<b>Nataraja:</b> White			3rd Phase
				<b>Tritiya Until 6:50AM Fri</b>	Moon – Purple		<b>Devaloka Day</b>	
					<b>Magha-Thai</b>			

<b>3</b>		<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau			Adana, Turkey Sun 17 Sutra 299 Vilamba 5120	
Meena Rasi: 0.35	Tithi 3 – 4	<b>Gulika</b>	<b>7:56AM – 9:15AM</b>	<b>Purvaprossthapada* Until 11:29AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:37AM		
		Yama	2:32PM – 3:51PM	Shiva Until 8:03AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:10PM		Moon 1 - Phase 41
Creative Work	Siddha Yoga	915173367	<b>Rahu</b> 10:35AM – 11:54AM	Vanija Until 7:57PM	<b>Nataraja:</b> White			3rd Phase
				<b>Tritiya Until 6:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
					<b>Magha-Thai</b>			

<b>4</b>		<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Adana, Turkey Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 12.37	Tithi 4 – 5	<b>Gulika</b>	<b>6:36AM – 7:56AM</b>	<b>Uttaraprossthapada Until 2:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:36AM		
		Yama	1:13PM – 2:32PM	Siddha Until 8:33AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:11PM		Moon 1 - Phase 41
Creative Work	Siddha Yoga	915173367	<b>Rahu</b> 9:15AM – 10:34AM	Bava Until 9:54PM	<b>Nataraja:</b> White			3rd Phase
Until 2:01PM				<b>Chaturthi* Until 8:57AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga					<b>Magha-Thai</b>			

<b>5</b>		<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Adana, Turkey Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 24.47	Tithi 5 – 6	<b>Gulika</b>	<b>2:33PM – 3:53PM</b>	<b>Revati Until 3:59PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:35AM		
		Yama	11:54AM – 1:13PM	Sadhya Until 8:47AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:12PM		Moon 1 - Phase 41
Creative Work	Amrita Yoga	915273367	<b>Rahu</b> 3:53PM – 5:12PM	Kaulava Until 11:23PM	<b>Nataraja:</b> White			3rd Phase
Until 3:59PM				<b>Panchami Until 10:41AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>			

<b>6</b>		<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Adana, Turkey Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 7.1	Tithi 6 – 7	<b>Gulika</b>	<b>1:14PM – 2:34PM</b>	<b>Ashvini Until 5:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM		
<b>Family Home Evening</b>		Yama	10:34AM – 11:54AM	Subha Until 8:38AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:13PM		Moon 1 - Phase 41
Creative Work	Siddha Yoga	925273367	<b>Rahu</b> 7:54AM – 9:14AM	Gara Until 12:18AM Tue	<b>Nataraja:</b> White			3rd Phase
				<b>Shashthi* Until 11:54AM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Magha-Thai</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	

<b>Retreat Star</b>		<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Adana, Turkey Sun 21 Sutra 303 Vilamba 5120	
Mesha Rasi: 19.49	Tithi 7 – 8	<b>Gulika</b>	<b>11:54AM – 1:14PM</b>	<b>Bharani Until 12:22PM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:33AM		
		Yama	9:14AM – 10:34AM	Sukla Until 8:00AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:14PM		Moon 1 - Phase 41
Creative Work	Siddha Yoga	925273367	<b>Rahu</b> 2:34PM – 3:54PM	Visti Until 12:32AM Wed	<b>Nataraja:</b> White			Ashtami
				<b>Saptami Until 12:29PM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Magha-Thai</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	

<b>Retreat Star</b>		<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Adana, Turkey Sun 22 Sutra 304 Vilamba 5120	
Vrisabha Rasi: 2.47	Tithi 8 – 9	<b>Gulika</b>	<b>10:33AM – 11:54AM</b>	<b>Bharani Until 12:22PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:32AM		
		Yama	7:53AM – 9:13AM	Brahma Until 4:67AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:15PM		Moon 1 - Phase 41
Creative Work	Amrita Yoga	926273367	<b>Rahu</b> 11:54AM – 1:14PM	Balava Until 12:02AM Thu	<b>Nataraja:</b> White			Navami
Until 12:22PM				<b>Ashtami* Until 12:22PM</b>	Moon – White		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>			

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>		<b>Thursday, February 14, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Adana, Turkey	
Vrishabha Rasi: 16.1		Tithi 9 – 10		Rohini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Sutra 305	
936273367		<b>Gulika</b>	<b>9:12AM – 9:33AM</b>	<b>Rohini Until 6:33PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:31AM	Vilamba 5120		
Routine Work		Yama	6:31AM – 7:52AM	Vaidhriti* Until 2:45AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 42		
Marana Yoga		<b>Rahu</b>	<b>1:14PM – 2:35PM</b>	Taitila Until 10:45PM	<b>Nataraja:</b> White	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Navami* Until 11:28AM</b>	<b>Magha-Masi</b>				

<b>2</b>		<b>Friday, February 15, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Adana, Turkey	
Vrishabha Rasi: 29.58		Tithi 10 – 11		Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 306	
936273367		<b>Gulika</b>	<b>7:51AM – 9:12AM</b>	<b>Mrigashira Until 5:22PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:30AM	Vilamba 5120		
Creative Work		Yama	2:36PM – 3:57PM	Vishkambha* Until 11:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 42		
Siddha Yoga		<b>Rahu</b>	<b>10:33AM – 11:54AM</b>	Vanija Until 8:45PM	<b>Nataraja:</b> White	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Dashami Until 9:49AM</b>	<b>Magha-Masi</b>				

<b>3</b>		<b>Saturday, February 16, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Adana, Turkey	
Mithuna Rasi: 14.13		Tithi 11 – 12		Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Sun 25		Sutra 307	
936273367		<b>Gulika</b>	<b>6:29AM – 7:50AM</b>	<b>Ardra Until 3:23PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:29AM	Vilamba 5120		
Creative Work		Yama	1:15PM – 2:36PM	Priti Until 8:26PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 42		
Siddha Yoga		<b>Rahu</b>	<b>9:11AM – 10:33AM</b>	Bava Until 6:07PM	<b>Nataraja:</b> White	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Ekadashi Until 7:30AM</b>	<b>Magha-Masi</b>				

<b>4</b>		<b>Sunday, February 17, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Adana, Turkey	
Mithuna Rasi: 28.53		Tithi 13		Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 26		Sutra 308	
946273367		<b>Gulika</b>	<b>2:37PM – 3:58PM</b>	<b>Punarvasu Until 1:09PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:28AM	Vilamba 5120		
Creative Work		Yama	11:54AM – 1:15PM	Ayushman Until 4:36PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 42		
Siddha Yoga		<b>Rahu</b>	<b>3:58PM – 5:20PM</b>	Kaulava Until 2:58PM	<b>Nataraja:</b> White	Moon – Blue		<b>Devaloka Day</b>	
				<b>Trayodashi Until 1:14AM Mon</b>	<b>Magha-Masi</b>				

*Pradosha Vrata*

<b>5</b>		<b>Monday, February 18, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Adana, Turkey	
Kataka Rasi: 13.52		Tithi 14		Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 309	
946273367		<b>Gulika</b>	<b>1:15PM – 2:37PM</b>	<b>Pushya Until 10:24AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:27AM	Vilamba 5120		
Family Home Evening		Yama	10:32AM – 11:54AM	Saubhagya Until 12:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 42		
Creative Work		<b>Rahu</b>	<b>7:48AM – 9:10AM</b>	Gara Until 11:27AM	<b>Nataraja:</b> White	Moon – Blue		<b>Devaloka Day</b>	
Siddha Yoga				<b>Chidambaram Abhishekam</b>	<b>Chaturdashi* Until 9:35PM</b>		<b>Magha-Masi</b>		

<b>○</b>		<b>Tuesday, February 19, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Adana, Turkey	
<b>Copper Retreat Star</b>		Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Sutra 310		Sun 28		Sutra 310	
Kataka Rasi: 29.05		Tithi 15 – 16		Purnima		Sun 28		Sutra 310	
946273367		<b>Gulika</b>	<b>11:54AM – 1:16PM</b>	<b>Ashlesha* Until 7:18AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:25AM	Vilamba 5120		
Creative Work		Yama	9:09AM – 10:32AM	Sobhana Until 8:12AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 42		
Siddha Yoga		<b>Rahu</b>	<b>2:38PM – 4:00PM</b>	Visti Until 7:43AM	<b>Nataraja:</b> White	Moon – Blue		<b>Devaloka Day</b>	
				<b>Purnima* Until 5:48PM</b>	<b>Magha-Masi</b>				

<b>○</b>		<b>Wednesday, February 20, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Adana, Turkey	
<b>Silver Retreat Star</b>		Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sutra 311		Sun 29		Sutra 311	
Simha Rasi: 14.2		Tithi 16 – 17		Prathama		Sun 29		Sutra 311	
957273367		<b>Gulika</b>	<b>10:31AM – 11:53AM</b>	<b>Purvaphalguni Until 1:30AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:24AM	Vilamba 5120		
Creative Work		Yama	7:47AM – 9:09AM	Sukarma Until 11:38PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 42		
Amrita Yoga		<b>Rahu</b>	<b>11:53AM – 1:16PM</b>	Taitila Until 12:15AM Thu	<b>Nataraja:</b> White	Moon – Red		<b>Devaloka Day</b>	
				<b>Prathama* Until 2:03PM</b>	<b>Magha-Masi</b>				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 312

Simha Rasi: 29.28      Tihi 17 - 18

957273367

**Gulika** 9:08AM - 10:31AM  
Yama 6:23AM - 7:46AM  
**Rahu** 1:16PM - 2:39PM

**Uttaraphalguni Until 10:46PM**  
Dhriti Until 7:40PM  
Vanija Until 8:53PM  
Dvitiya Until 10:30AM

**Ganesha:** Clear      *Sunrise:* 6:23AM  
**Muruga:** Clear      *Sunset:* 5:24PM  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Amrita Yoga  
Until 10:46PM  
Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Adana, Turkey

Sun 2 Sutra 313

Kanya Rasi: 14.21      Tihi 18 - 19

967273367

**Gulika** 7:45AM - 9:08AM  
Yama 2:39PM - 4:02PM  
**Rahu** 10:30AM - 11:53AM

**Hasta Until 8:47PM**  
Shula\* Until 4:01PM  
Balava Until 4:41AM Sat  
Tritiya Until 7:20AM

**Ganesha:** White      *Sunrise:* 6:22AM  
**Muruga:** Clear      *Sunset:* 5:25PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Amrita Yoga  
Until 8:47PM  
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Adana, Turkey

Sun 3 Sutra 314

Kanya Rasi: 28.5      Tihi 20

967273367

**Gulika** 6:21AM - 7:44AM  
Yama 1:16PM - 2:39PM  
**Rahu** 9:07AM - 10:30AM

**Chitra Until 7:16PM**  
Ganda\* Until 12:53PM  
Kaulava Until 3:38PM  
Panchami Until 2:43AM Sun

**Ganesha:** White      *Sunrise:* 6:21AM  
**Muruga:** Clear      *Sunset:* 5:26PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Marana Yoga  
Until 7:16PM  
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Adana, Turkey

Sun 4 Sutra 315

Tula Rasi: 12.52      Tihi 21

967273367

**Gulika** 2:40PM - 4:03PM  
Yama 11:53AM - 1:16PM  
**Rahu** 4:03PM - 5:27PM

**Svati Until 6:21PM**  
Vridhhi Until 10:20AM  
Gara Until 2:03PM  
Shashthi\* Until 1:33AM Mon

**Ganesha:** White      *Sunrise:* 6:19AM  
**Muruga:** Clear      *Sunset:* 5:27PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Siddha Yoga  
Until 6:21PM  
Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Adana, Turkey

Sun 5 Sutra 316

Tula Rasi: 26.25      Tihi 22

977273367

**Gulika** 1:17PM - 2:40PM  
Yama 10:29AM - 11:53AM  
**Rahu** 7:42AM - 9:05AM

**Vishakha Until 6:34PM**  
Dhruva Until 8:25AM  
Visti Until 1:18PM  
Saptami Until 1:14AM Tue

**Ganesha:** Yellow      *Sunrise:* 6:18AM  
**Muruga:** Clear      *Sunset:* 5:28PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Family Home Evening  
Until 6:34PM  
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 317

Vrischika Rasi: 9.29      Tihi 23

977273367

**Gulika** 11:53AM - 1:17PM  
Yama 9:05AM - 10:29AM  
**Rahu** 2:41PM - 4:05PM

**Anuradha Until 7:29PM**  
Vyaghata\* Until 7:11AM  
Balava Until 1:26PM  
Ashtami\* Until 1:47AM Wed

**Ganesha:** Yellow      *Sunrise:* 6:17AM  
**Muruga:** Clear      *Sunset:* 5:29PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Moon 2 - Phase 43  
Ashtami

**Devaloka Day**

Siddha Yoga  
Until 7:29PM  
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Adana, Turkey

Sun 7 Sutra 318

Vrischika Rasi: 22.1      Tihi 24

978273367

**Gulika** 10:28AM - 11:53AM  
Yama 7:40AM - 9:04AM  
**Rahu** 11:53AM - 1:17PM

**Jyeshtha\* Until 9:01PM**  
Harshana Until 6:39AM  
Taitila Until 2:23PM  
Navami\* Until 3:08AM Thu

**Ganesha:** Blue      *Sunrise:* 6:15AM  
**Muruga:** Clear      *Sunset:* 5:30PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Moon 2 - Phase 43  
Navami

**Sivaloka Day**

Siddha Yoga  
Until 9:01PM  
Then Routine Work - Marana Yoga

<b>1</b>	<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Adana, Turkey Sun 8 Sutra 319
	Dhanus Rasi: 4.29	Tithi 25	<b>Gulika</b> 9:03AM – 10:28AM	<b>Mula* Until 11:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:14AM	Vilamba 5120
			Yama 6:14AM – 7:39AM	Vajra* Until 6:39AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	988273367 <b>Rahu</b> 1:17PM – 2:42PM	Vanija Until 4:05PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami Until 5:07AM Fri</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>	<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ekadashyam Titau				Adana, Turkey Sun 9 Sutra 320
	Dhanus Rasi: 16.33	Tithi 26	<b>Gulika</b> 7:37AM – 9:02AM	<b>Purvashadha* Until 2:22AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:11AM	Vilamba 5120
			Yama 2:42PM – 4:08PM	Siddhi Until 7:09AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 44
	Routine Work	Prabalarishta Yoga	988273367 <b>Rahu</b> 10:27AM – 11:52AM	Bava Until 6:19PM	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi* Until 7:34AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>3</b>	<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 10 Sutra 321
	Dhanus Rasi: 28.26	Tithi 26 – 27	<b>Gulika</b> 6:10AM – 7:35AM	<b>Uttarashadha Until 5:19AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:10AM	Vilamba 5120
			Yama 1:17PM – 2:43PM	Vyatipata* Until 7:59AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 2 - Phase 44
	Routine Work	Marana Yoga	988273367 <b>Rahu</b> 9:01AM – 10:26AM	Kaulava Until 8:55PM	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi* Until 7:34AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>4</b>	<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 11 Sutra 322
	Makara Rasi: 10.14	Tithi 27 – 28	<b>Gulika</b> 2:43PM – 4:09PM	<b>Shravana Until 8:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:09AM	Vilamba 5120
			Yama 11:52AM – 1:17PM	Varyan Until 8:58AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 2 - Phase 44
	Creative Work	Amrita Yoga	998273367 <b>Rahu</b> 4:09PM – 5:35PM	Gara Until 11:39PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi* Until 10:15AM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 12 Sutra 323
	Makara Rasi: 22.01	Tithi 28 – 29	<b>Gulika</b> 1:17PM – 2:44PM	<b>Shravana Until 8:40AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:07AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:25AM – 11:51AM	Parigha* Until 10:02AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 2 - Phase 44
	Creative Work	Amrita Yoga	998273367 <b>Rahu</b> 7:33AM – 8:59AM	Visti Until 2:22AM Tue	<b>Nataraja:</b> White		2nd Phase
			<b>Trayodashi* Until 1:00PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>6</b>	<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 324
	Kumbha Rasi: 3.48	Tithi 29 – 30	<b>Gulika</b> 11:51AM – 1:18PM	<b>Dhanishtha Until 11:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Vilamba 5120
			Yama 8:59AM – 10:25AM	Shiva Until 11:03AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	199273367 <b>Rahu</b> 2:44PM – 4:10PM	Catuspada Until 4:56AM Wed	<b>Nataraja:</b> White		2nd Phase
			<b>Chaturdashi* Until 3:39PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>●</b>	<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga* Karana Amavasyayam Titau				Adana, Turkey Sun 14 Sutra 325
	<b>Retreat Star</b>		<b>Gulika</b> 10:24AM – 11:51AM	<b>Shatabhishak Until 2:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM	Vilamba 5120
	Kumbha Rasi: 15.4	Tithi 30	Yama 7:31AM – 8:58AM	Siddha Until 11:53AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	199273367 <b>Rahu</b> 11:51AM – 1:18PM	Naga Until 6:06PM	<b>Nataraja:</b> White		Amavasya
			<b>Amavasya* Until 6:06PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>●</b>	<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Adana, Turkey Sun 15 Sutra 326
	<b>Retreat Star</b>		<b>Gulika</b> 8:57AM – 10:24AM	<b>Purvaproshtapada* Until 5:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:03AM	Vilamba 5120
	Kumbha Rasi: 27.37	Tithi 1	Yama 6:03AM – 7:30AM	Sadhya Until 12:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 44
	Creative Work	Siddha Yoga	119373367 <b>Rahu</b> 1:18PM – 2:45PM	Kintughna Until 7:14AM	<b>Nataraja:</b> White		Prathama
			<b>Prathama* Until 8:15PM</b>	Moon – Clear		<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau			Adana, Turkey Sun 16 Sutra 327	
Meena Rasi: 9.4	Tithi 2	<b>Gulika</b>	<b>7:29AM – 8:56AM</b>	<b>Uttaraproshtapada Until 7:46PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 6:02AM	Vilamba 5120	
		Yama	2:45PM – 4:12PM	Subha Until 12:58PM	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:39PM	Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367 <b>Rahu</b>	<b>10:23AM – 11:51AM</b>	Balava Until 9:13AM	<b>Nataraja:</b> White		3rd Phase	
				<b>Dvitiya Until 10:04PM</b>	Moon – Clear			<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>			
<b>2</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau			Adana, Turkey Sun 17 Sutra 328	
Meena Rasi: 21.53	Tithi 3	<b>Gulika</b>	<b>6:00AM – 7:28AM</b>	<b>Revati Until 9:38PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 6:00AM	Vilamba 5120	
		Yama	1:18PM – 2:45PM	Sukla Until 1:07PM	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:40PM	Moon 2 - Phase 45	
Routine Work	Prabalarishta Yoga	119373367 <b>Rahu</b>	<b>8:55AM – 10:23AM</b>	Taitila Until 10:53AM	<b>Nataraja:</b> White		3rd Phase	
Until 9:38PM				<b>Tritiya Until 11:33PM</b>	Moon – Clear			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga			<b>Subramuniyaswami Siva Vision Day</b>		<b>Phalguna-Masi</b>			
<b>3</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau			Adana, Turkey Sun 18 Sutra 329	
Mesha Rasi: 4.14	Tithi 4	<b>Gulika</b>	<b>2:46PM – 4:13PM</b>	<b>Ashvini Until 11:27PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 5:59AM	Vilamba 5120	
		Yama	11:50AM – 1:18PM	Brahma Until 12:59PM	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:41PM	Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>4:13PM – 5:41PM</b>	Vanija Until 12:09PM	<b>Nataraja:</b> White		3rd Phase	
Until 11:27PM				<b>Chaturthi* Until 12:38AM Mon</b>	Moon – White			<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Phalguna-Masi</b>			
<b>4</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau			Adana, Turkey Sun 19 Sutra 330	
Mesha Rasi: 16.46	Tithi 5	<b>Gulika</b>	<b>1:18PM – 2:46PM</b>	<b>Bharani Until 12:41AM Tue</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 5:57AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama	10:22AM – 11:50AM	Indra Until 12:41AM Tue	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:42PM	Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>7:25AM – 8:54AM</b>	Bava Until 1:01PM	<b>Nataraja:</b> White		3rd Phase	
				<b>Panchami Until 1:16AM Tue</b>	Moon – White			<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>			
<b>5</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau			Adana, Turkey Sun 20 Sutra 331	
Mesha Rasi: 29.29	Tithi 6	<b>Gulika</b>	<b>11:50AM – 1:18PM</b>	<b>Krittika Until 12:59AM Thu We</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 5:56AM	Vilamba 5120	
		Yama	8:53AM – 10:21AM	Vaidhriti* Until 11:45AM	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:43PM	Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>2:46PM – 4:15PM</b>	Kaulava Until 1:25PM	<b>Nataraja:</b> White		3rd Phase	
				<b>Shashthi* Until 1:24AM Wed</b>	Moon – White			<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>			
<b>6</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Saptamyam Titau			Adana, Turkey Sun 21 Sutra 332	
Vrishabha Rasi: 12.28	Tithi 7	<b>Gulika</b>	<b>10:21AM – 11:49AM</b>	<b>Krittika Until 12:59AM Thu</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 5:54AM	Vilamba 5120	
		Yama	7:23AM – 8:52AM	Vishkambha* Until 1:39AM Thu	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:44PM	Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367 <b>Rahu</b>	<b>11:49AM – 1:18PM</b>	Gara Until 1:17PM	<b>Nataraja:</b> White		3rd Phase	
Until 12:59AM Thu				<b>Saptami Until 12:59AM Thu</b>	Moon – Yellow			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Phalguna-Masi</b>			
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau			Adana, Turkey Sun 22 Sutra 333	
Vrishabha Rasi: 25.45	Tithi 8	<b>Gulika</b>	<b>8:51AM – 10:20AM</b>	<b>Mrigashira Until 1:15AM Fri</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 5:53AM	Vilamba 5120	
		Yama	5:53AM – 7:22AM	Priti Until 8:54AM	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:45PM	Moon 2 - Phase 45	
Routine Work	Marana Yoga	131373367 <b>Rahu</b>	<b>1:18PM – 2:47PM</b>	Visti Until 12:33PM	<b>Nataraja:</b> White		Ashtami	
Until 1:15AM Fri				<b>Ashtami* Until 11:56PM</b>	Moon – Yellow			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>			
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau			Adana, Turkey Sun 23 Sutra 334	
Mithuna Rasi: 9.23	Tithi 9	<b>Gulika</b>	<b>7:21AM – 8:50AM</b>	<b>Ardra Until 12:07AM Sat</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 5:51AM	Vilamba 5120	
		Yama	2:47PM – 4:17PM	Ayushman Until 6:44AM	<b>Muruga:</b> Clear	<b>Sunset:</b> 5:46PM	Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373368 <b>Rahu</b>	<b>10:19AM – 11:49AM</b>	Balava Until 11:12AM	<b>Nataraja:</b> Clear		Navami	
				<b>Navami* Until 10:17PM</b>	Moon – Yellow			<b>Subha Sivaloka Day</b>
		<b>Karadayyan Nombu (Tamil Nadu)</b>			<b>Phalguna-Panguni</b>			

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1 Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Adana, Turkey Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 23.22	Tithi 10	<b>Gulika</b> 5:50AM – 7:20AM	<b>Punarvasu</b> Until 10:41PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:50AM	
		Yama 1:18PM – 2:48PM	Sobhana Until 1:00AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 8:49AM – 10:19AM	Taitila Until 9:14AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 8:02PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>2 Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Adana, Turkey Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 7.44	Tithi 11 – 12	<b>Gulika</b> 2:48PM – 4:18PM	<b>Pushya</b> Until 8:36PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:49AM	
		Yama 11:48AM – 1:18PM	Athiganda* Until 9:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:18PM – 5:48PM	Vanija Until 6:44AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 5:16PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>3 Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 22.27	Tithi 12 – 13	<b>Gulika</b> 1:18PM – 2:48PM	<b>Ashlesha*</b> Until 6:01PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:47AM	
<b>Family Home Evening</b>		Yama 10:18AM – 11:48AM	Sukarma Until 5:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:17AM – 8:47AM	Kaulava Until 12:26AM Tue	<b>Nataraja:</b> Clear		4th Phase
Until 6:01PM			<b>Dvadashi</b> Until 2:07PM	Moon – Blue		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Yogaswami Mahasamadhi</b>		<b>Phalguna•Panguni</b>		
			<i>Pradosha Vrata</i>			

<b>4 Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Visti* Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 7.23	Tithi 13 – 14	<b>Gulika</b> 11:48AM – 1:18PM	<b>Magha*</b> Until 3:27PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:46AM	
		Yama 8:47AM – 10:17AM	Dhriti Until 3:27PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 2:49PM – 4:19PM	Visti Until 16:83AM Wed	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 10:41AM	Moon – Red		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>○ Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Adana, Turkey Sutra 339 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:16AM – 11:47AM	<b>Purvaphalguni</b> Until 12:40PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:44AM	
Simha Rasi: 22.28	Tithi 14 – 15	Yama 7:15AM – 8:46AM	Shula* Until 9:34AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 46
Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 11:47AM – 1:18PM	Bava Until 3:37AM Thu	<b>Nataraja:</b> Clear		Purnima
			<b>Chaturdashi*</b> Until 7:08AM	Moon – Red		<b>Subha Sivaloka Day</b>
		<b>Panguni Uttiram</b>		<b>Phalguna•Panguni</b>		
		<b>Holi</b>				

<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Adana, Turkey Sutra 340 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:45AM – 10:16AM	<b>Uttaraphalguni</b> Until 9:50AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:43AM	
Kanya Rasi: 7.31	Tithi 16	Yama 5:43AM – 7:14AM	Vriddhi Until 1:41AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 46
		151383368 <b>Rahu</b> 1:18PM – 2:49PM	Balava Until 1:57PM	<b>Nataraja:</b> Clear		Prathama
Amrita Yoga			<b>Prathama*</b> Until 12:19AM Fri	Moon – Red		<b>Sivaloka Day</b>
Until 9:50AM				<b>Phalguna•Panguni</b>		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Adana, Turkey

Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 22.22 Tihti 17

Gulika 7:13AM - 8:44AM  
Yama 2:49PM - 4:21PM  
Rahu 10:15AM - 11:47AMHasta Until 7:33AM  
Dhruva Until 10:08PM  
Tailila Until 10:49AM  
Dvitiya Until 9:24PMGanesha: Yellow Sunrise: 5:41AM  
Muruga: White Sunset: 5:52PM  
Nataraja: Clear  
Moon - Green  
Phalgun-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 7:33AM

Then Creative Work - Siddha Yoga

Saturday, March 23, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Adana, Turkey

Sun 1 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 6.55 Tihti 18

Gulika 5:40AM - 7:11AM  
Yama 1:18PM - 2:50PM  
Rahu 8:43AM - 10:15AMSvati Until 4:02AM Sun  
Vyaghata\* Until 7:03PM  
Vanija Until 8:09AM  
Tritiya Until 7:02PMGanesha: Blue Sunrise: 5:40AM  
Muruga: White Sunset: 5:53PM  
Nataraja: Clear  
Moon - Green  
Phalgun-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 4:02AM Sun

Then Routine Work - Marana Yoga

Sunday, March 24, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Bava Karana Chaturthi/Panchamyam Titau

Adana, Turkey

Sun 2 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 21.03 Tihti 19 - 20

Gulika 2:50PM - 4:22PM  
Yama 11:46AM - 1:18PM  
Rahu 4:22PM - 5:54PMVishakha Until 3:31AM Mon  
Harshana Until 4:33PM  
Bava Until 6:07AM  
Chaturthi\* Until 5:21PMGanesha: Red Sunrise: 5:38AM  
Muruga: White Sunset: 5:54PM  
Nataraja: Clear  
Moon - Orange  
Phalgun-Panguni

Devaloka Day

Routine Work Marana Yoga

Until 3:31AM Mon

Then Creative Work - Siddha Yoga

Monday, March 25, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Adana, Turkey

Sun 3 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 4.43 Tihti 20 - 21

Gulika 1:18PM - 2:50PM  
Yama 10:13AM - 11:46AM  
Rahu 7:09AM - 8:41AMAnuradha Until 3:43AM Tue  
Vajra\* Until 2:41PM  
Gara Until 3:84AM Tue  
Panchami Until 4:33PMGanesha: Red Sunrise: 5:37AM  
Muruga: White Sunset: 5:55PM  
Nataraja: Clear  
Moon - Orange  
Phalgun-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 3:43AM Tue

Then Routine Work - Marana Yoga

Tuesday, March 26, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Adana, Turkey

Sun 4 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 17.53 Tihti 21 - 22

Gulika 11:45AM - 1:18PM  
Yama 8:40AM - 10:13AM  
Rahu 2:51PM - 4:23PMJyeshtha\* Until 4:37AM Wed  
Siddhi Until 1:31PM  
Visti Until 4:52AM Wed  
Shashthi\* Until 4:30PMGanesha: Red Sunrise: 5:35AM  
Muruga: White Sunset: 5:56PM  
Nataraja: Clear  
Moon - Orange  
Phalgun-Panguni

Devaloka Day

Routine Work Marana Yoga

Wednesday, March 27, 2019

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Adana, Turkey

Sun 5 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Dhanus Rasi: 0.38 Tihti 22 - 23

Gulika 10:12AM - 11:45AM  
Yama 7:07AM - 8:39AM  
Rahu 11:45AM - 1:18PMMula\* Until 6:38AM Thu  
Vyatipata\* Until 1:02PM  
Balava Until 6:10AM Thu  
Saptami Until 5:24PMGanesha: Green Sunrise: 5:34AM  
Muruga: White Sunset: 5:57PM  
Nataraja: Clear  
Moon - Light Blue  
Phalgun-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 6:38AM Thu

Then Creative Work - Siddha Yoga

Thursday, March 28, 2019

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Adana, Turkey

Sun 6 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 13 Tihti 23

Gulika 8:39AM - 10:12AM  
Yama 5:32AM - 7:05AM  
Rahu 1:18PM - 2:51PMMula\* Until 6:38AM  
Variyan Until 1:09PM  
Balava Until 6:10AM  
Ashtami\* Until 7:04PMGanesha: Green Sunrise: 5:32AM  
Muruga: White Sunset: 5:57PM  
Nataraja: Clear  
Moon - Light Blue  
Phalgun-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Adana, Turkey

Sun 7 Sutra 348

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 25.05 Tihti 24

Gulika 7:04AM - 8:38AM  
Yama 2:51PM - 4:25PM  
Rahu 10:11AM - 11:45AMPurvashadha\* Until 9:10AM  
Parigha\* Until 1:45PM  
Tailila Until 8:09AM  
Navami\* Until 9:19PMGanesha: Green Sunrise: 5:31AM  
Muruga: Yellow Sunset: 5:58PM  
Nataraja: Purple  
Moon - Light Blue  
Phalgun-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga

Until 9:10AM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1 Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Adana, Turkey Sun 8 Sutra 349 Vilamba 5120
Makara Rasi: 6.58	Tithi 25	<b>Gulika</b> 5:29AM – 7:03AM	<b>Uttarashadha</b> Until 11:57AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:29AM	
		Yama 1:18PM – 2:52PM	Shiva Until 2:42PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:59PM	Moon 3 - Phase 48
		182383468 <b>Rahu</b> 8:37AM – 10:10AM	Vanija Until 10:36AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 11:54PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 11:57AM				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2 Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Adana, Turkey Sun 9 Sutra 350 Vilamba 5120
Makara Rasi: 18.46	Tithi 26	<b>Gulika</b> 2:52PM – 4:26PM	<b>Shravana</b> Until 3:17PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:28AM	
		Yama 11:44AM – 1:18PM	Siddha Until 3:45PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 48
		192383468 <b>Rahu</b> 4:26PM – 6:00PM	Bava Until 1:17PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 2:36AM Mon	Moon – Purple		<b>Sivaloka Day</b>
Until 3:17PM				<b>Phalguna•Panguni</b>		
Then Routine Work - Marana Yoga						

<b>3 Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Tailila Karana Dvadashyam Titau				Adana, Turkey Sun 10 Sutra 351 Vilamba 5120
Kumbha Rasi: 0.33	Tithi 27	<b>Gulika</b> 1:18PM – 2:52PM	<b>Dhanishtha</b> Until 6:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:28AM	
<b>Family Home Evening</b>		Yama 10:10AM – 11:44AM	Sadhya Until 4:47PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 7:02AM – 8:36AM	Kaulava Until 3:56PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 5:11AM Tue	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>4 Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara Karana Trayodashyam Titau				Adana, Turkey Sun 11 Sutra 352 Vilamba 5120
Kumbha Rasi: 12.23	Tithi 28	<b>Gulika</b> 11:44AM – 1:18PM	<b>Shatabhishak</b> Until 9:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:26AM	
		Yama 8:35AM – 10:09AM	Subha Until 5:41PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:01PM	Moon 3 - Phase 48
		192483468 <b>Rahu</b> 2:52PM – 4:27PM	Gara Until 6:23PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 7:28AM Wed	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5 Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 12 Sutra 353 Vilamba 5120
Kumbha Rasi: 24.19	Tithi 28 – 29	<b>Gulika</b> 10:09AM – 11:43AM	<b>Purvaproshtapada*</b> Until 11:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:25AM	
		Yama 6:59AM – 8:34AM	Sukla Until 6:17PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 11:43AM – 1:18PM	Visti Until 8:30PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 7:28AM	Moon – Clear		<b>Sivaloka Day</b>
Until 11:55PM				<b>Phalguna•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 354 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:33AM – 10:08AM	<b>Uttaraproshtapada</b> Until 2:06AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM	
Meena Rasi: 6.24	Tithi 29 – 30	Yama 5:23AM – 6:58AM	Brahma Until 6:36PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:03PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 1:18PM – 2:53PM	Catuspada Until 10:11PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:22AM	Moon – Clear		<b>Sivaloka Day</b>
				<b>Phalguna•Panguni</b>		

<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Adana, Turkey Sun 14 Sutra 355 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:57AM – 8:32AM	<b>Revati</b> Until 3:42AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:22AM	
Meena Rasi: 18.4	Tithi 30 – 1	Yama 2:53PM – 4:28PM	Indra Until 6:37PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 48
		112483468 <b>Rahu</b> 10:08AM – 11:43AM	Kintughna Until 11:27PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 10:51AM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Yugadhi</b>		<b>Chaitra•Panguni</b>		

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Saturday, April 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Adana, Turkey Sun 15 Sutra 356 Vilamba 5120	
Mesha Rasi: 1.06	Tithi 1 – 2	<b>Gulika</b> Yama	<b>5:20AM – 6:56AM</b> 1:18PM – 2:53PM	<b>Ashvini Until 5:13AM Sun</b> Vaidhriti* Until 6:15PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<i>Sunrise:</i> 5:20AM <i>Sunset:</i> 6:05PM	Moon 3 - Phase 49	3rd Phase	
Creative Work Siddha Yoga Until 5:13AM Sun Then Routine Work - Prabalarishta Yoga		123483468	<b>Rahu</b> 8:31AM – 10:07AM	Balava Until 12:17AM Sun <b>Prathama* Until 11:54AM</b>	Moon – White <b>Chaitra•Panguni</b>	<b>Devaloka Day</b>			

<b>2</b>		<b>Sunday, April 7, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Adana, Turkey Sun 16 Sutra 357 Vilamba 5120	
Mesha Rasi: 13.44	Tithi 2 – 3	<b>Gulika</b> Yama	<b>2:54PM – 4:30PM</b> 11:42AM – 1:18PM	<b>Bharani Until 6:12AM Mon</b> Vishkambha* Until 5:36PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<i>Sunrise:</i> 5:19AM <i>Sunset:</i> 6:05PM	Moon 3 - Phase 49	3rd Phase	
Routine Work Prabalarishta Yoga Until 6:12AM Mon Then Routine Work - Marana Yoga		123483468	<b>Rahu</b> 4:30PM – 6:05PM	Taitila Until 12:42AM Mon <b>Dvitiya Until 12:31PM</b>	Moon – White <b>Chaitra•Panguni</b>	<b>Devaloka Day</b>			

<b>3</b>		<b>Monday, April 8, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Adana, Turkey Sun 17 Sutra 358 Vilamba 5120	
Mesha Rasi: 26.33	Tithi 3 – 4	<b>Gulika</b> Yama	<b>1:18PM – 2:54PM</b> 10:06AM – 11:42AM	<b>Bharani Until 6:12AM</b> Priti Until 4:40PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<i>Sunrise:</i> 5:17AM <i>Sunset:</i> 6:06PM	Moon 3 - Phase 49	3rd Phase	
Family Home Evening Creative Work Siddha Yoga Until 6:12AM Then Routine Work - Marana Yoga		123483468	<b>Rahu</b> 6:54AM – 8:30AM	Vanija Until 12:45AM Tue <b>Tritiya Until 12:45PM</b>	Moon – White <b>Chaitra•Panguni</b>	<b>Devaloka Day</b>			

<b>4</b>		<b>Tuesday, April 9, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Adana, Turkey Sun 18 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 9.33	Tithi 4 – 5	<b>Gulika</b> Yama	<b>11:42AM – 1:18PM</b> 8:29AM – 10:05AM	<b>Krittika Until 6:39AM</b> Ayushman Until 3:25PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<i>Sunrise:</i> 5:16AM <i>Sunset:</i> 6:07PM	Moon 3 - Phase 49	3rd Phase	
Creative Work Siddha Yoga Until 6:39AM Then Creative Work - Amrita Yoga		123483468	<b>Rahu</b> 2:54PM – 4:31PM	Bava Until 12:26AM Wed <b>Chaturthi* Until 12:37PM</b>	Moon – White <b>Chaitra•Panguni</b>	<b>Devaloka Day</b>			

<b>5</b>		<b>Wednesday, April 10, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Adana, Turkey Sun 19 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 22.44	Tithi 5 – 6	<b>Gulika</b> Yama	<b>10:05AM – 11:41AM</b> 6:51AM – 8:28AM	<b>Rohini Until 7:03AM</b> Saubhagya Until 1:53PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<i>Sunrise:</i> 5:15AM <i>Sunset:</i> 6:08PM	Moon 3 - Phase 49	3rd Phase	
Creative Work Siddha Yoga		123483468	<b>Rahu</b> 11:41AM – 1:18PM	Kaulava Until 11:44PM <b>Panchami Until 12:07PM</b>	Moon – Yellow <b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>			

<b>6</b>		<b>Thursday, April 11, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Adana, Turkey Sun 20 Sutra 361 Vilamba 5120	
Mithuna Rasi: 6.08	Tithi 6 – 7	<b>Gulika</b> Yama	<b>8:27AM – 10:04AM</b> 5:13AM – 6:50AM	<b>Mrigashira Until 6:56AM</b> Sobhana Until 12:04PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<i>Sunrise:</i> 5:13AM <i>Sunset:</i> 6:09PM	Moon 3 - Phase 49	3rd Phase	
Routine Work Marana Yoga		123483468	<b>Rahu</b> 1:18PM – 2:55PM	Gara Until 10:39PM <b>Shashthi* Until 11:14AM</b>	Moon – Yellow <b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>			

<b>Retreat Star</b>		<b>Friday, April 12, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Adana, Turkey Sun 21 Sutra 362 Vilamba 5120	
Mithuna Rasi: 19.45	Tithi 7 – 8	<b>Gulika</b> Yama	<b>6:49AM – 8:26AM</b> 2:55PM – 4:33PM	<b>Ardra Until 6:16AM</b> Athiganda* Until 9:53AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<i>Sunrise:</i> 5:12AM <i>Sunset:</i> 6:10PM	Moon 3 - Phase 49	Ashtami	
Creative Work Siddha Yoga		123483468	<b>Rahu</b> 10:03AM – 11:41AM	Visti Until 9:08PM <b>Saptami Until 9:56AM</b>	Moon – Yellow <b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>			

<b>Retreat Star</b>		<b>Saturday, April 13, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Adana, Turkey Sun 22 Sutra 363 Vilamba 5120	
Kataka Rasi: 3.37	Tithi 8 – 9	<b>Gulika</b> Yama	<b>5:10AM – 6:48AM</b> 1:18PM – 2:56PM	<b>Pushya Until 4:09AM Sun</b> Sukarma Until 7:23AM	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<i>Sunrise:</i> 5:10AM <i>Sunset:</i> 6:11PM	Moon 3 - Phase 49	Navami	
Creative Work Siddha Yoga		143483468	<b>Rahu</b> 8:25AM – 10:03AM	Balava Until 7:13PM <b>Ashtami* Until 8:13AM</b>	Moon – Blue <b>Chaitra•Panguni</b>	<b>Devaloka Day</b>			

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Adana, Turkey
Kataka Rasi: 17.45	Tithi 9 - 10	<b>Gulika</b> 2:56PM - 4:34PM	<b>Ashlesha* Until 2:19AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise: 5:09AM</i>	Sun 23	Sutra 364
		Yama 11:40AM - 1:18PM	Shula* Until 1:27AM Mon	<b>Muruga:</b> Yellow <i>Sunset: 6:12PM</i>		Vikarin 5121
		143483468 <b>Rahu</b> 4:34PM - 6:12PM	Gara Until 3:37AM Mon	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
Creative Work Siddha Yoga			<b>Navami* Until 6:06AM</b>	Moon - Blue		4th Phase
Until 2:19AM Mon		<b>Tamil New Year</b>		<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Adana, Turkey
Simha Rasi: 2.08	Tithi 11	<b>Gulika</b> 1:18PM - 2:56PM	<b>Magha* Until 12:27AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise: 5:08AM</i>	Sun 24	Sutra 1
<b>Family Home Evening</b>		Yama 10:02AM - 11:40AM	Ganda* Until 10:05PM	<b>Muruga:</b> Yellow <i>Sunset: 6:12PM</i>		Vikarin 5121
Routine Work Marana Yoga		253483468 <b>Rahu</b> 6:46AM - 8:24AM	Vanija Until 2:16PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
Until 12:27AM Tue			<b>Ekadashi Until 12:50AM Tue</b>	Moon - Red		4th Phase
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Adana, Turkey
Simha Rasi: 16.42	Tithi 12	<b>Gulika</b> 11:40AM - 1:18PM	<b>Purvaphalguni Until 10:16PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:06AM</i>	Sun 25	Sutra 2
		Yama 8:23AM - 10:01AM	Vriddhi Until 6:33PM	<b>Muruga:</b> Yellow <i>Sunset: 6:13PM</i>		Vikarin 5121
		253483468 <b>Rahu</b> 2:57PM - 4:35PM	Bava Until 11:23AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
Creative Work Siddha Yoga			<b>Dvadashi Until 9:52PM</b>	Moon - Red		4th Phase
Until 10:16PM				<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Adana, Turkey
Kanya Rasi: 1.23	Tithi 13	<b>Gulika</b> 10:01AM - 11:39AM	<b>Uttaraphalguni Until 7:53PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:05AM</i>	Sun 26	Sutra 3
		Yama 6:43AM - 8:22AM	Dhruva Until 2:56PM	<b>Muruga:</b> Yellow <i>Sunset: 6:14PM</i>		Vikarin 5121
		253483468 <b>Rahu</b> 11:39AM - 1:18PM	Kaulava Until 8:22AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
Creative Work Amrita Yoga			<b>Trayodashi Until 6:50PM</b>	Moon - Red		4th Phase
Until 7:53PM				<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

<b>5 Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Adana, Turkey
Kanya Rasi: 16.05	Tithi 14 - 15	<b>Gulika</b> 8:21AM - 10:00AM	<b>Hasta Until 5:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:03AM</i>	Sun 27	Sutra 4
		Yama 5:03AM - 6:42AM	Vyaghata* Until 5:51PM	<b>Muruga:</b> Yellow <i>Sunset: 6:15PM</i>		Vikarin 5121
		263483468 <b>Rahu</b> 1:18PM - 2:57PM	Bava Until 12:69AM Fri	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
Routine Work Marana Yoga			<b>Chaturdashi* Until 3:53PM</b>	Moon - Green		4th Phase
Until 5:51PM				<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Adana, Turkey
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:41AM - 8:21AM	<b>Chitra Until 3:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:02AM</i>		Sutra 5
Tula Rasi: 0.41	Tithi 15 - 16	Yama 2:57PM - 4:37PM	Harshana Until 7:59AM	<b>Muruga:</b> Yellow <i>Sunset: 6:16PM</i>		Vikarin 5121
		263483468 <b>Rahu</b> 10:00AM - 11:39AM	Balava Until 11:57PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
Creative Work Siddha Yoga			<b>Purnima* Until 1:09PM</b>	Moon - Green		Purnima
		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>
		<b>Hanuman Jayanti</b>				

<b>Saturday, April 20, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Adana, Turkey
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:01AM - 6:40AM	<b>Svati Until 2:17PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:01AM</i>		Sutra 6
Tula Rasi: 15.02	Tithi 16 - 17	Yama 1:18PM - 2:58PM	Siddhi Until 2:09AM Sun	<b>Muruga:</b> Yellow <i>Sunset: 6:17PM</i>		Vikarin 5121
		264483468 <b>Rahu</b> 8:20AM - 9:59AM	Taitila Until 9:51PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
Creative Work Siddha Yoga			<b>Prathama* Until 10:49AM</b>	Moon - Green		Prathama
				<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>