



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Varyan Yoga Tailila Karana Dvitiyayam Titau

Washington DC

Vrischika Rasi: 3.38    Tiithi 17

273832369

**Gulika** 12:05PM – 1:49PM  
Yama 8:38AM – 10:22AM  
**Rahu** 3:33PM – 5:16PM

**Anuradha Until 10:34PM Wed**  
Varyan Until 10:48PM  
Tailila Until 8:40AM  
**Dvitiya Until 9:09PM**

**Ganesha:** Purple    *Sunrise:* 5:11AM  
**Muruga:** White    *Sunset:* 7:00PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Creative Work    Siddha Yoga

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Washington DC

Vrischika Rasi: 16.06    Tiithi 18

273832369

**Gulika** 10:21AM – 12:05PM  
Yama 6:54AM – 8:38AM  
**Rahu** 12:05PM – 1:49PM

**Anuradha Until 10:34PM**  
Parigha\* Until 10:56PM  
Vanija Until 9:49AM  
**Tritiya Until 10:34PM**

**Ganesha:** Purple    *Sunrise:* 5:10AM  
**Muruga:** White    *Sunset:* 7:01PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Sun 1    Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Creative Work    Siddha Yoga

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthiyam Titau

Washington DC

Vrischika Rasi: 28.19    Tiithi 19

274832369

**Gulika** 8:37AM – 10:21AM  
Yama 5:09AM – 6:53AM  
**Rahu** 1:49PM – 3:33PM

**Jyeshtha\* Until 2:50AM Sat Fri**  
Shiva Until 11:28PM  
Bava Until 11:30AM  
**Chaturthi\* Until 12:30AM Fri**

**Ganesha:** Clear    *Sunrise:* 5:09AM  
**Muruga:** White    *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Sun 2    Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Routine Work    Prabalarishta Yoga  
Until 2:50AM Sat Fri  
Then Creative Work - Siddha Yoga

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Tailila Karana Panchamyam Titau

Washington DC

Dhanus Rasi: 10.21    Tiithi 20

284832369

**Gulika** 6:52AM – 8:36AM  
Yama 3:34PM – 5:18PM  
**Rahu** 10:21AM – 12:05PM

**Jyeshtha\* Until 2:50AM Sat**  
Siddha Until 11:77PM  
Kaulava Until 1:39PM  
**Panchami Until 2:50AM Sat**

**Ganesha:** White    *Sunrise:* 5:08AM  
**Muruga:** White    *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Sun 3    Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 2:50AM Sat  
Then Creative Work - Siddha Yoga

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Washington DC

Dhanus Rasi: 22.14    Tiithi 21

284832369

**Gulika** 5:07AM – 6:51AM  
Yama 1:50PM – 3:34PM  
**Rahu** 8:36AM – 10:20AM

**Purvashadha\* Until 2:59PM**  
Sadhya Until 2:59PM  
Gara Until 4:07PM  
**Shashthi\* Until 5:23AM Sun**

**Ganesha:** White    *Sunrise:* 5:07AM  
**Muruga:** White    *Sunset:* 7:03PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Sun 4    Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 2:59PM  
Then Routine Work - Marana Yoga

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\* Karana Saptamyam Titau

Washington DC

Makara Rasi: 4.02    Tiithi 22

284832369

**Gulika** 3:35PM – 5:19PM  
Yama 12:05PM – 1:50PM  
**Rahu** 5:19PM – 7:04PM

**Uttarashadha Until 7:56AM Mon**  
Subha Until 2:22AM Mon  
Visti Until 6:42PM  
**Saptami Until 7:56AM Mon**

**Ganesha:** White    *Sunrise:* 5:05AM  
**Muruga:** White    *Sunset:* 7:04PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Sun 5    Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Washington DC

Makara Rasi: 15.52    Tiithi 22 – 23

294832369

**Gulika** 1:50PM – 3:35PM  
Yama 10:20AM – 12:05PM  
**Rahu** 6:50AM – 8:35AM

**Uttarashadha Until 7:56AM**  
Sukla Until 3:14AM Tue  
Balava Until 9:08PM  
**Saptami Until 7:56AM**

**Ganesha:** Yellow    *Sunrise:* 5:04AM  
**Muruga:** White    *Sunset:* 7:05PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Sun 6    Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Creative Work    Amrita Yoga

Until 7:56AM  
Then Creative Work - Siddha Yoga

**Chidambaram Abhishekam**

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Washington DC

Makara Rasi: 27.46    Tiithi 23 – 24

294832369

**Gulika** 12:05PM – 1:50PM  
Yama 8:34AM – 10:19AM  
**Rahu** 3:36PM – 5:21PM

**Dhanishtha Until 11:40PM**  
Brahma Until 3:46AM Wed  
Tailila Until 11:10PM  
**Ashtami\* Until 10:12AM**

**Ganesha:** Yellow    *Sunrise:* 5:03AM  
**Muruga:** White    *Sunset:* 7:06PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Sun 7    Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Creative Work    Siddha Yoga

Until 11:40PM  
Then Routine Work - Marana Yoga

|                                 |                              |  |                                      |  |                       |   |
|---------------------------------|------------------------------|--|--------------------------------------|--|-----------------------|---|
| <b>1</b> Wednesday, May 9, 2018 |                              | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                                      |  |                       | Washington DC<br>Sun 8 Sutra 24<br>Vilamba 5120   |
| Kumbha Rasi: 9.52               | Tithi 24 – 25                | <b>Gulika</b> 10:19AM – 12:05PM  | <b>Shatabhishak</b> Until 1:30AM Thu | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:02AM | <i>Sunset:</i> 7:07PM | Moon 4 - Phase 4<br>2nd Phase                     |
| 294832369                       | <b>Rahu</b> 12:05PM – 1:50PM | Yama 6:48AM – 8:34AM   | Indra Until 3:49AM Thu               | <b>Muruga:</b> White                         |                       |   |
| Creative Work                   | Siddha Yoga                  |  | Vanija Until 12:35AM Thu             | <b>Nataraja:</b> Purple                      |                       |   |
|                                 |                              |  | <b>Navami*</b> Until 11:57AM         | Moon – Purple                                |                       | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
|                                 |                              |  |                                      | <b>Vaisaka-Chaitra</b>                       |                       |   |

|                                 |                             |   |   |  |                       |   |
|---------------------------------|-----------------------------|---|---|--|-----------------------|---|
| <b>2</b> Thursday, May 10, 2018 |                             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |   |  |                       | Washington DC<br>Sun 9 Sutra 25<br>Vilamba 5120   |
| Kumbha Rasi: 22.15              | Tithi 25 – 26               | <b>Gulika</b> 8:33AM – 10:19AM  | <b>Purvaproshtapada*</b> Until 2:55AM Fri | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:01AM | <i>Sunset:</i> 7:08PM | Moon 4 - Phase 4<br>2nd Phase                     |
| 214832369                       | <b>Rahu</b> 1:51PM – 3:36PM | Yama 5:01AM – 6:47AM  | Vaidhriti* Until 3:14AM Fri               | <b>Muruga:</b> White                         |                       |   |
| Creative Work                   | Siddha Yoga                 |   | Bava Until 1:14AM Fri                     | <b>Nataraja:</b> Purple                      |                       |   |
|                                 |                             |   | <b>Dashami</b> Until 1:00PM               | Moon – Clear                                 |                       | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
|                                 |                             |   |   | <b>Vaisaka-Chaitra</b>                       |                       |   |

|  |                               |   |  |  |                       |  |
|--|-------------------------------|---|--|--|-----------------------|--|
| <b>3</b> Friday, May 11, 2018          |                               | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  |  |                       | Washington DC<br>Sun 10 Sutra 26<br>Vilamba 5120 |
| Meena Rasi: 4.59                       | Tithi 26 – 27                 | <b>Gulika</b> 6:46AM – 8:32AM   | <b>Uttaraproshtapada</b> Until 12:39PM Sat | <b>Ganesh:</b> Blue <i>Sunrise:</i> 5:00AM | <i>Sunset:</i> 7:09PM | Moon 4 - Phase 4<br>2nd Phase                    |
| 214932369                              | <b>Rahu</b> 10:19AM – 12:05PM | Yama 3:37PM – 5:23PM  | Vishkambha* Until 2:01AM Sat               | <b>Muruga:</b> White                       |                       |  |
| Creative Work                          | Siddha Yoga                   |   | Kaulava Until 1:03AM Sat                   | <b>Nataraja:</b> Purple                    |                       |  |
| Until 12:39PM Sat                      |                               |   | <b>Ekadashi*</b> Until 1:14PM              | Moon – Clear                               |                       | <b>Bhuloka Day</b>                               |
| Then Routine Work - Prabalarishta Yoga |                               |   |  | <b>Vaisaka-Chaitra</b>                     |                       |  |

|                                  |                              |   |  |  |                       |  |
|----------------------------------|------------------------------|---|--|--|-----------------------|--|
| <b>4</b> Saturday, May 12, 2018  |                              | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Priti Yoga Taitila Karana Dvadashi/Trayodashyam Titau |  |  |                       | Washington DC<br>Sun 11 Sutra 27<br>Vilamba 5120 |
| Meena Rasi: 18.07                | Tithi 27 – 28                | <b>Gulika</b> 4:59AM – 6:46AM   | <b>Uttaraproshtapada</b> Until 12:39PM | <b>Ganesh:</b> Blue <i>Sunrise:</i> 4:59AM | <i>Sunset:</i> 7:10PM | Moon 4 - Phase 4<br>2nd Phase                    |
| 214932369                        | <b>Rahu</b> 8:32AM – 10:18AM | Yama 1:51PM – 3:37PM  | Priti Until 21:45AM Sun                | <b>Muruga:</b> White                       |                       |  |
| Routine Work                     | Prabalarishta Yoga           |   | Taitila Until 12:39PM                  | <b>Nataraja:</b> Purple                    |                       |  |
| Until 12:39PM                    |                              |   | <b>Dvadashi*</b> Until 12:39PM         | Moon – Clear                               |                       | <b>Bhuloka Day</b>                               |
| Then Creative Work - Siddha Yoga |                              |   |  | <b>Vaisaka-Chaitra</b>                     |                       |  |
|                                  |                              |   | <i>Pradosha Vrata (Fasting)</i>        |  |                       |  |

|                               |                             |  |                                  |  |                       |  |
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| <b>5</b> Sunday, May 13, 2018 |                             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                  |  |                       | Washington DC<br>Sun 12 Sutra 28<br>Vilamba 5120 |
| Mesha Rasi: 1.41              | Tithi 28 – 29               | <b>Gulika</b> 3:38PM – 5:24PM  | <b>Ashvini</b> Until 2:01AM Mon  | <b>Ganesh:</b> Blue <i>Sunrise:</i> 4:58AM | <i>Sunset:</i> 7:11PM | Moon 4 - Phase 4<br>2nd Phase                    |
| 224932369                     | <b>Rahu</b> 5:24PM – 7:11PM | Yama 12:05PM – 1:51PM  | Ayushman Until 9:45PM            | <b>Muruga:</b> White                       |                       |  |
| Creative Work                 | Siddha Yoga                 |  | Visti Until 10:24PM              | <b>Nataraja:</b> Purple                    |                       |  |
|                               |                             |  | <b>Trayodashi*</b> Until 11:18AM | Moon – White                               |                       | <b>Bhuloka Day</b>                               |
|                               |                             | <b>Mother's Day</b>  |                                  | <b>Vaisaka-Chaitra</b>                     |                       |  |

|  |               |  |                                  |  |                       |  |
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| <b>Monday, May 14, 2018</b><br><b>Retreat Star</b> |               | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                  |  |                       | Washington DC<br>Sun 13 Sutra 29<br>Vilamba 5120 |
| Mesha Rasi: 15.4                                   | Tithi 29 – 30 | <b>Gulika</b> 1:51PM – 3:38PM  | <b>Bharani</b> Until 12:28AM Tue | <b>Ganesh:</b> Blue <i>Sunrise:</i> 4:57AM | <i>Sunset:</i> 7:12PM | Moon 4 - Phase 4<br>Amavasya                     |
| <b>Family Home Evening</b>                         | 224932369     | Yama 10:18AM – 12:05PM   | Saubhagya Until 6:51PM           | <b>Muruga:</b> White                       |                       |  |
| Creative Work                                      | Siddha Yoga   | <b>Rahu</b> 6:44AM – 8:31AM  | Catuspada Until 8:09PM           | <b>Nataraja:</b> Purple                    |                       |  |
|  |               |  | <b>Chaturdashi*</b> Until 9:20AM | Moon – White                               |                       | <b>Bhuloka Day</b>                               |
|  |               |  |                                  | <b>Vaisaka-Vaikasi</b>                     |                       |  |

|   |                             |  |                               |   |                       |   |
|---|-----------------------------|--|-------------------------------|---|-----------------------|---|
| <b>Tuesday, May 15, 2018</b><br><b>Retreat Star</b> |                             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau |                               |   |                       | Washington DC<br>Sun 14 Sutra 30<br>Vilamba 5120  |
| Mesha Rasi: 29.59                                   | Tithi 30 – 1                | <b>Gulika</b> 12:05PM – 1:52PM   | <b>Krittika</b> Until 10:22PM | <b>Ganesh:</b> Red <i>Sunrise:</i> 4:57AM | <i>Sunset:</i> 7:13PM | Moon 4 - Phase 4<br>Prathama                      |
| 225932369   | <b>Rahu</b> 3:39PM – 5:26PM | Yama 8:31AM – 10:18AM  | Sobhana Until 3:37PM          | <b>Muruga:</b> White                      |                       |   |
| Creative Work                                       | Siddha Yoga                 |  | Bava Until 4:01AM Wed         | <b>Nataraja:</b> Purple                   |                       |   |
| Until 10:22PM                                       |                             |  | <b>Amavasya*</b> Until 6:51AM | Moon – White                              |                       | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Amrita Yoga                    |                             |  |                               | <b>Jyeshtha Adhika-Vaikasi</b>            |                       |   |

|                       |             |                                |                          |  |                                |                             |                                  |  |
|-----------------------|-------------|--------------------------------|--------------------------|--|--------------------------------|-----------------------------|----------------------------------|--|
| <b>1</b>              |             | <b>Wednesday, May 16, 2018</b> |                          | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Athiganda*/Sukarma Yoga Balava Karana Dvitiyayam Titau |                                |                             | Washington DC<br>Sun 15 Sutra 31 |  |
| Vrishabha Rasi: 14.33 | Tithi 2     | <b>Gulika</b>                  | <b>10:17AM – 12:05PM</b> | <b>Rohini Until 8:20PM</b>   | <b>Ganesh:</b> Yellow          | <i>Sunrise:</i> 4:56AM      | Vilamba 5120                     |  |
|                       |             | Yama                           | 6:43AM – 8:30AM          | Athiganda* Until 12:08PM   | <b>Muruga:</b> White           | <i>Sunset:</i> 7:13PM       | Moon 4 - Phase 5                 |  |
|                       |             | 235932369 <b>Rahu</b>          | <b>12:05PM – 1:52PM</b>  | Balava Until 2:33PM  | <b>Nataraja:</b> Purple        |                             | 3rd Phase                        |  |
| Creative Work         | Siddha Yoga |                                |                          | <b>Dvitiya Until 1:01AM Thu</b>  | Moon – Yellow                  |                             | <b>Bhuloka Day</b>               |  |
|                       |             |                                |                          |  | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to12:PM |                                  |  |

|                       |             |                               |                         |   |                                |                             |                                  |  |
|-----------------------|-------------|-------------------------------|-------------------------|---|--------------------------------|-----------------------------|----------------------------------|--|
| <b>2</b>              |             | <b>Thursday, May 17, 2018</b> |                         | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau |                                |                             | Washington DC<br>Sun 16 Sutra 32 |  |
| Vrishabha Rasi: 29.15 | Tithi 3     | <b>Gulika</b>                 | <b>8:30AM – 10:17AM</b> | <b>Mrigashira Until 6:05PM</b>  | <b>Ganesh:</b> Yellow          | <i>Sunrise:</i> 4:55AM      | Vilamba 5120                     |  |
|                       |             | Yama                          | 4:55AM – 6:42AM         | Sukarma Until 8:34AM  | <b>Muruga:</b> White           | <i>Sunset:</i> 7:14PM       | Moon 4 - Phase 5                 |  |
|                       |             | 235932369 <b>Rahu</b>         | <b>1:52PM – 3:39PM</b>  | Tailila Until 11:30AM   | <b>Nataraja:</b> Purple        |                             | 3rd Phase                        |  |
| Routine Work          | Marana Yoga |                               |                         | <b>Tritiya Until 9:58PM</b>   | Moon – Yellow                  |                             | <b>Bhuloka Day</b>               |  |
|                       |             |                               |                         |   | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to12:PM |                                  |  |

|                     |             |                             |                          |   |                                |                             |                                  |  |
|---------------------|-------------|-----------------------------|--------------------------|---|--------------------------------|-----------------------------|----------------------------------|--|
| <b>3</b>            |             | <b>Friday, May 18, 2018</b> |                          | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau |                                |                             | Washington DC<br>Sun 17 Sutra 33 |  |
| Mithuna Rasi: 13.57 | Tithi 4     | <b>Gulika</b>               | <b>6:42AM – 8:29AM</b>   | <b>Ardra Until 3:46PM</b>   | <b>Ganesh:</b> Yellow          | <i>Sunrise:</i> 4:54AM      | Vilamba 5120                     |  |
|                     |             | Yama                        | 3:40PM – 5:28PM          | Shula* Until 1:32AM Sat   | <b>Muruga:</b> White           | <i>Sunset:</i> 7:15PM       | Moon 4 - Phase 5                 |  |
|                     |             | 235932369 <b>Rahu</b>       | <b>10:17AM – 12:05PM</b> | Vanija Until 8:29AM   | <b>Nataraja:</b> Purple        |                             | 3rd Phase                        |  |
| Creative Work       | Siddha Yoga |                             |                          | <b>Chaturthi* Until 7:00PM</b>  | Moon – Yellow                  |                             | <b>Bhuloka Day</b>               |  |
|                     |             |                             |                          |   | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to12:PM |                                  |  |

|                     |             |                               |                         |   |                                |                        |                                  |  |
|---------------------|-------------|-------------------------------|-------------------------|---|--------------------------------|------------------------|----------------------------------|--|
| <b>4</b>            |             | <b>Saturday, May 19, 2018</b> |                         | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                |                        | Washington DC<br>Sun 18 Sutra 34 |  |
| Mithuna Rasi: 28.33 | Tithi 5 – 6 | <b>Gulika</b>                 | <b>4:53AM – 6:41AM</b>  | <b>Punarvasu Until 1:55PM</b>   | <b>Ganesh:</b> White           | <i>Sunrise:</i> 4:53AM | Vilamba 5120                     |  |
|                     |             | Yama                          | 1:53PM – 3:40PM         | Ganda* Until 1:55PM   | <b>Muruga:</b> White           | <i>Sunset:</i> 7:16PM  | Moon 4 - Phase 5                 |  |
|                     |             | 245932369 <b>Rahu</b>         | <b>8:29AM – 10:17AM</b> | Kaulava Until 3:00AM Sun  | <b>Nataraja:</b> Purple        |                        | 3rd Phase                        |  |
| Creative Work       | Siddha Yoga |                               |                         | <b>Panchami Until 4:15PM</b>  | Moon – Blue                    |                        | <b>Devaloka Day</b>              |  |
|                     |             |                               |                         |   | <b>Jyeshtha Adhika-Vaikasi</b> |                        |                                  |  |

|                    |             |                             |                        |   |                                |                        |                                  |  |
|--------------------|-------------|-----------------------------|------------------------|---|--------------------------------|------------------------|----------------------------------|--|
| <b>5</b>           |             | <b>Sunday, May 20, 2018</b> |                        | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vriddhi Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau |                                |                        | Washington DC<br>Sun 19 Sutra 35 |  |
| Kataka Rasi: 12.58 | Tithi 6 – 7 | <b>Gulika</b>               | <b>3:41PM – 5:29PM</b> | <b>Pushya Until 12:13PM</b>   | <b>Ganesh:</b> White           | <i>Sunrise:</i> 4:53AM | Vilamba 5120                     |  |
|                    |             | Yama                        | 12:05PM – 1:53PM       | Vriddhi Until 7:17PM  | <b>Muruga:</b> White           | <i>Sunset:</i> 7:17PM  | Moon 4 - Phase 5                 |  |
|                    |             | 245932369 <b>Rahu</b>       | <b>5:29PM – 7:17PM</b> | Gara Until 12:43AM Mon  | <b>Nataraja:</b> Purple        |                        | 3rd Phase                        |  |
| Creative Work      | Siddha Yoga |                             |                        | <b>Shashthi* Until 1:48PM</b>   | Moon – Blue                    |                        | <b>Devaloka Day</b>              |  |
|                    |             |                             |                        |   | <b>Jyeshtha Adhika-Vaikasi</b> |                        |                                  |  |

|                                 |             |                       |                        |  |                                |                        |                                  |  |
|---------------------------------|-------------|-----------------------|------------------------|--|--------------------------------|------------------------|----------------------------------|--|
| <b>Monday, May 21, 2018</b>     |             | <b>Retreat Star</b>   |                        | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau |                                |                        | Washington DC<br>Sun 20 Sutra 36 |  |
| Kataka Rasi: 27.08              | Tithi 7 – 8 | <b>Gulika</b>         | <b>1:53PM – 3:41PM</b> | <b>Ashlesha* Until 10:44AM</b>   | <b>Ganesh:</b> White           | <i>Sunrise:</i> 4:52AM | Vilamba 5120                     |  |
| <b>Family Home Evening</b>      |             | Yama                  | 10:17AM – 12:05PM      | Dhruva Until 4:35PM  | <b>Muruga:</b> White           | <i>Sunset:</i> 7:18PM  | Moon 4 - Phase 5                 |  |
| Creative Work                   | Siddha Yoga | 245932369 <b>Rahu</b> | <b>6:40AM – 8:28AM</b> | Visti Until 10:49PM  | <b>Nataraja:</b> Purple        |                        | Ashtami                          |  |
| Until 10:44AM                   |             |                       |                        | <b>Saptami Until 11:42AM</b>   | Moon – Blue                    |                        | <b>Devaloka Day</b>              |  |
| Then Routine Work - Marana Yoga |             |                       |                        |  | <b>Jyeshtha Adhika-Vaikasi</b> |                        |                                  |  |

|                              |             |                       |                         |   |                                |                             |                                  |  |
|------------------------------|-------------|-----------------------|-------------------------|---|--------------------------------|-----------------------------|----------------------------------|--|
| <b>Tuesday, May 22, 2018</b> |             | <b>Retreat Star</b>   |                         | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                |                             | Washington DC<br>Sun 21 Sutra 37 |  |
| Simha Rasi: 11.04            | Tithi 8 – 9 | <b>Gulika</b>         | <b>12:05PM – 1:53PM</b> | <b>Magha* Until 9:55AM</b>  | <b>Ganesh:</b> Clear           | <i>Sunrise:</i> 4:51AM      | Vilamba 5120                     |  |
|                              |             | Yama                  | 8:28AM – 10:16AM        | Vyaghata* Until 2:13PM  | <b>Muruga:</b> White           | <i>Sunset:</i> 7:19PM       | Moon 4 - Phase 5                 |  |
|                              |             | 255932369 <b>Rahu</b> | <b>3:42PM – 5:30PM</b>  | Balava Until 9:19PM   | <b>Nataraja:</b> Purple        |                             | Navami                           |  |
| Creative Work                | Siddha Yoga |                       |                         | <b>Ashtami* Until 10:00AM</b>   | Moon – Red                     |                             | <b>Bhuloka Day</b>               |  |
|                              |             |                       |                         |   | <b>Jyeshtha Adhika-Vaikasi</b> | Devaloka Time: 9:AM to12:PM |                                  |  |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1

Wednesday, May 23, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Washington DC

Simha Rasi: 24.45 Tithi 9 – 10

Gulika 10:16AM – 12:05PM  
Yama 6:39AM – 8:28AM  
Rahu 12:05PM – 1:54PMPurvaphalguni Until 9:23AM  
Harshana Until 12:12PM  
Taitila Until 7:73PM  
Navami\* Until 2:13PMGanesha: Clear Sunrise: 4:50AM  
Muruga: White Sunset: 7:19PM  
Nataraja: Purple  
Moon – Red  
Jyeshtha Adhika-VaikasiSun 22 Sutra 38  
Vilamba 5120  
Moon 4 - Phase 6  
4th PhaseBhuloka Day  
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

2

Thursday, May 24, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Washington DC

Kanya Rasi: 8.12 Tithi 10 – 11

Gulika 8:27AM – 10:16AM  
Yama 4:50AM – 6:39AM  
Rahu 1:54PM – 3:43PMUttaraphalguni Until 9:05AM  
Vajra\* Until 10:28AM  
Vanija Until 7:31PM  
Dashami Until 7:48AMGanesha: Clear Sunrise: 4:50AM  
Muruga: White Sunset: 7:20PM  
Nataraja: Purple  
Moon – Red  
Jyeshtha Adhika-VaikasiSun 23 Sutra 39  
Vilamba 5120  
Moon 4 - Phase 6  
4th PhaseBhuloka Day  
Devaloka Time: 9:AM to 12:PM

Until 9:05AM

Then Routine Work - Marana Yoga

3

Friday, May 25, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Siddhi/Vyatipata\* Yoga Visi\*/Bava Karana Ekadashi/Dvadashyam Titau

Washington DC

Kanya Rasi: 21.26 Tithi 11 – 12

Gulika 6:38AM – 8:27AM  
Yama 3:43PM – 5:32PM  
Rahu 10:16AM – 12:05PMHasta Until 9:28AM  
Siddhi Until 9:04AM  
Bava Until 7:12PM  
Ekadashi Until 7:18AMGanesha: Purple Sunrise: 4:49AM  
Muruga: White Sunset: 7:21PM  
Nataraja: Purple  
Moon – Green  
Jyeshtha Adhika-VaikasiSun 24 Sutra 40  
Vilamba 5120  
Moon 4 - Phase 6  
4th Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 9:28AM

Then Creative Work - Siddha Yoga

4

Saturday, May 26, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manu Vasara Yuktayam  
Chitra/Svati Nakshatra Vyatipata\*/Variyan Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau

Washington DC

Tula Rasi: 4.28 Tithi 12 – 13

Gulika 4:49AM – 6:38AM  
Yama 1:54PM – 3:44PM  
Rahu 8:27AM – 10:16AMChitra Until 10:05AM  
Vyatipata\* Until 10:05AM  
Taitila Until 7:27AM Sun  
Dvadashi Until 7:11AMGanesha: Purple Sunrise: 4:49AM  
Muruga: White Sunset: 7:22PM  
Nataraja: Purple  
Moon – Green  
Jyeshtha Adhika-VaikasiSun 25 Sutra 41  
Vilamba 5120  
Moon 4 - Phase 6  
4th Phase

Bhuloka Day

Routine Work Marana Yoga

Until 10:05AM

Then Creative Work - Siddha Yoga

Pradosha Vrata

5

Sunday, May 27, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Washington DC

Tula Rasi: 17.17 Tithi 13 – 14

Gulika 3:44PM – 5:33PM  
Yama 12:05PM – 1:55PM  
Rahu 5:33PM – 7:23PMSvati Until 10:56AM  
Variyan Until 7:11AM  
Gara Until 7:46PM  
Trayodashi Until 7:27AMGanesha: Purple Sunrise: 4:48AM  
Muruga: White Sunset: 7:23PM  
Nataraja: Purple  
Moon – Green  
Jyeshtha Adhika-VaikasiSun 26 Sutra 42  
Vilamba 5120  
Moon 4 - Phase 6  
4th Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 10:56AM

Then Routine Work - Marana Yoga

Vaikasi Visakam

O

Monday, May 28, 2018

Copper Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Parigha\*/Shiva Yoga Vanija/Visi\* Karana Chaturdashi/Purnimayam Titau

Washington DC

Tula Rasi: 29.56 Tithi 14 – 15

Gulika 1:55PM – 3:44PM  
Yama 10:16AM – 12:05PM  
Rahu 6:37AM – 8:26AMVishakha Until 12:30PM  
Parigha\* Until 6:44AM  
Visi Until 8:41PM  
Chaturdashi\* Until 8:09AMGanesha: Clear Sunrise: 4:47AM  
Muruga: White Sunset: 7:23PM  
Nataraja: Purple  
Moon – Orange  
Jyeshtha Adhika-VaikasiSun 27 Sutra 43  
Vilamba 5120  
Moon 4 - Phase 6  
PurnimaBhuloka Day  
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 12:30PM

Then Creative Work - Siddha Yoga

Tuesday, May 29, 2018

Silver Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Washington DC

Vrischika Rasi: 12.22 Tithi 15 – 16

Gulika 12:06PM – 1:55PM  
Yama 8:26AM – 10:16AM  
Rahu 3:45PM – 5:34PMAnuradha Until 2:22PM  
Shiva Until 6:39AM  
Balava Until 10:03PM  
Purnima\* Until 9:17AMGanesha: Clear Sunrise: 4:47AM  
Muruga: White Sunset: 7:24PM  
Nataraja: Purple  
Moon – Orange  
Jyeshtha Adhika-VaikasiSun 28 Sutra 44  
Vilamba 5120  
Moon 4 - Phase 6  
PrathamaBhuloka Day  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 2:22PM

Then Routine Work - Marana Yoga



|                   |             |                       |                   |  |                                |   |                             |                                 |  |
|-------------------|-------------|-----------------------|-------------------|--|--------------------------------|---|-----------------------------|---------------------------------|--|
| <b>1</b>          |             | Friday, June 8, 2018  |                   |  |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau |                             | Washington DC<br>Sun 9 Sutra 54 |  |
| Meena Rasi: 13.08 | Tithi 25    | <b>Gulika</b>         | 6:35AM – 8:25AM   | <b>Uttaraproshtapada</b> Until 12:31PM | <b>Ganesha:</b> Red            | <i>Sunrise:</i> 4:44AM  | Vilamba 5120                |                                 |  |
|                   |             | <b>Yama</b>           | 3:49PM – 5:40PM   | Ayushman Until 11:45AM                 | <b>Muruga:</b> White           | <i>Sunset:</i> 7:31PM   | Moon 5 - Phase 8            |                                 |  |
| Creative Work     | Siddha Yoga | 318132361 <b>Rahu</b> | 10:16AM – 12:07PM | Vanija Until 2:44PM                    | <b>Nataraja:</b> White         |   | 2nd Phase                   |                                 |  |
|                   |             |                       |                   | <b>Dashami</b> Until 2:29AM Sat        | Moon – Clear                   |   | <b>Bhuloka Day</b>          |                                 |  |
|                   |             |                       |                   |  | <b>Jyeshtha Adhika-Vaikasi</b> |   | Devaloka Time: 6:AM to 9:AM |                                 |  |

|                                  |                    |                        |                  |                                   |                                |   |                             |                                  |  |
|----------------------------------|--------------------|------------------------|------------------|-----------------------------------|--------------------------------|---|-----------------------------|----------------------------------|--|
| <b>2</b>                         |                    | Saturday, June 9, 2018 |                  |                                   |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau |                             | Washington DC<br>Sun 10 Sutra 55 |  |
| Meena Rasi: 26.16                | Tithi 26           | <b>Gulika</b>          | 4:44AM – 6:34AM  | <b>Revati</b> Until 12:29PM       | <b>Ganesha:</b> Red            | <i>Sunrise:</i> 4:44AM  | Vilamba 5120                |                                  |  |
|                                  |                    | <b>Yama</b>            | 1:58PM – 3:49PM  | Saubhagya Until 10:18AM           | <b>Muruga:</b> White           | <i>Sunset:</i> 7:31PM   | Moon 5 - Phase 8            |                                  |  |
| Routine Work                     | Prabalarishta Yoga | 318132361 <b>Rahu</b>  | 8:25AM – 10:16AM | Bava Until 2:04PM                 | <b>Nataraja:</b> White         |   | 2nd Phase                   |                                  |  |
| Until 12:29PM                    |                    |                        |                  | <b>Ekadashi*</b> Until 1:25AM Sun | Moon – Clear                   |   | <b>Bhuloka Day</b>          |                                  |  |
| Then Creative Work - Siddha Yoga |                    |                        |                  |                                   | <b>Jyeshtha Adhika-Vaikasi</b> |   | Devaloka Time: 6:AM to 9:AM |                                  |  |

|  |             |                       |                  |                                |                                |   |                    |                                  |  |
|--|-------------|-----------------------|------------------|--------------------------------|--------------------------------|---|--------------------|----------------------------------|--|
| <b>3</b>                               |             | Sunday, June 10, 2018 |                  |                                |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailita Karana Dvadashyam Titau |                    | Washington DC<br>Sun 11 Sutra 56 |  |
| Mesha Rasi: 9.52                       | Tithi 27    | <b>Gulika</b>         | 3:50PM – 5:41PM  | <b>Ashvini</b> Until 11:58AM   | <b>Ganesha:</b> Green          | <i>Sunrise:</i> 4:43AM  | Vilamba 5120       |                                  |  |
|  |             | <b>Yama</b>           | 12:08PM – 1:59PM | Sobhana Until 8:13AM           | <b>Muruga:</b> White           | <i>Sunset:</i> 7:32PM   | Moon 5 - Phase 8   |                                  |  |
| Creative Work                          | Siddha Yoga | 328132361 <b>Rahu</b> | 5:41PM – 7:32PM  | Kaulava Until 12:36PM          | <b>Nataraja:</b> White         |   | 2nd Phase          |                                  |  |
| Until 11:58AM                          |             |                       |                  | <b>Dvadashi*</b> Until 11:34PM | Moon – White                   |   | <b>Bhuloka Day</b> |                                  |  |
| Then Routine Work - Prabalarishta Yoga |             |                       |                  |                                | <b>Jyeshtha Adhika-Vaikasi</b> |   |                    |                                  |  |

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|---------------------------------|-------------|-----------------------|-------------------|---------------------------------|--------------------------------|--|--------------------|----------------------------------|--|
| <b>4</b>                        |             | Monday, June 11, 2018 |                   |                                 |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukarma Yoga Gara/Visti* Karana Trayodashyam Titau |                    | Washington DC<br>Sun 12 Sutra 57 |  |
| Mesha Rasi: 23.55               | Tithi 28    | <b>Gulika</b>         | 1:59PM – 3:50PM   | <b>Bharani</b> Until 10:35AM    | <b>Ganesha:</b> Green          | <i>Sunrise:</i> 4:43AM   | Vilamba 5120       |                                  |  |
| <b>Family Home Evening</b>      |             | <b>Yama</b>           | 10:17AM – 12:08PM | Sukarma Until 10:35AM           | <b>Muruga:</b> White           | <i>Sunset:</i> 7:32PM  | Moon 5 - Phase 8   |                                  |  |
| Creative Work                   | Siddha Yoga | 328132361 <b>Rahu</b> | 6:34AM – 8:25AM   | Gara Until 10:25AM              | <b>Nataraja:</b> White         |  | 2nd Phase          |                                  |  |
| Until 10:35AM                   |             |                       |                   | <b>Trayodashi*</b> Until 9:05PM | Moon – White                   |  | <b>Bhuloka Day</b> |                                  |  |
| Then Routine Work - Marana Yoga |             |                       |                   |                                 | <b>Jyeshtha Adhika-Vaikasi</b> |  |                    |                                  |  |

*Pradosha Vrata (Fasting)*

|                                  |             |                        |                  |                                  |                                |   |                    |                                  |  |
|----------------------------------|-------------|------------------------|------------------|----------------------------------|--------------------------------|---|--------------------|----------------------------------|--|
| <b>5</b>                         |             | Tuesday, June 12, 2018 |                  |                                  |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                    | Washington DC<br>Sun 13 Sutra 58 |  |
| Vrishabha Rasi: 8.23             | Tithi 29    | <b>Gulika</b>          | 12:08PM – 1:59PM | <b>Krittika</b> Until 8:29AM     | <b>Ganesha:</b> Green          | <i>Sunrise:</i> 4:43AM  | Vilamba 5120       |                                  |  |
|                                  |             | <b>Yama</b>            | 8:26AM – 10:17AM | Dhriti Until 10:43PM             | <b>Muruga:</b> White           | <i>Sunset:</i> 7:33PM   | Moon 5 - Phase 8   |                                  |  |
| Creative Work                    | Siddha Yoga | 328132361 <b>Rahu</b>  | 3:50PM – 5:41PM  | Visti Until 7:40AM               | <b>Nataraja:</b> White         |   | 2nd Phase          |                                  |  |
| Until 8:29AM                     |             |                        |                  | <b>Chaturdashi*</b> Until 6:06PM | Moon – White                   |   | <b>Bhuloka Day</b> |                                  |  |
| Then Creative Work - Amrita Yoga |             |                        |                  |                                  | <b>Jyeshtha Adhika-Vaikasi</b> |   |                    |                                  |  |

|                      |              |                          |                   |                               |                                |  |                    |                                  |  |
|----------------------|--------------|--------------------------|-------------------|-------------------------------|--------------------------------|--|--------------------|----------------------------------|--|
| <b>Retreat Star</b>  |              | Wednesday, June 13, 2018 |                   |                               |                                | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                    | Washington DC<br>Sun 14 Sutra 59 |  |
| Vrishabha Rasi: 23.1 | Tithi 30 – 1 | <b>Gulika</b>            | 10:17AM – 12:08PM | <b>Rohini</b> Until 6:15AM    | <b>Ganesha:</b> White          | <i>Sunrise:</i> 4:43AM   | Vilamba 5120       |                                  |  |
|                      |              | <b>Yama</b>              | 6:34AM – 8:26AM   | Shula* Until 6:15AM           | <b>Muruga:</b> White           | <i>Sunset:</i> 7:33PM  | Moon 5 - Phase 8   |                                  |  |
| Creative Work        | Siddha Yoga  | 338132361 <b>Rahu</b>    | 12:08PM – 1:59PM  | Kintughna Until 24:63         | <b>Nataraja:</b> White         |  | Amavasya           |                                  |  |
|                      |              |                          |                   | <b>Amavasya*</b> Until 2:47PM | Moon – Yellow                  |  | <b>Bhuloka Day</b> |                                  |  |
|                      |              |                          |                   |                               | <b>Jyeshtha Adhika-Vaikasi</b> |  |                    |                                  |  |

|                                  |             |                         |                  |                                |                         |   |                              |                                  |  |
|----------------------------------|-------------|-------------------------|------------------|--------------------------------|-------------------------|---|------------------------------|----------------------------------|--|
| <b>Retreat Star</b>              |             | Thursday, June 14, 2018 |                  |                                |                         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                              | Washington DC<br>Sun 15 Sutra 60 |  |
| Mithuna Rasi: 8.09               | Tithi 1 – 2 | <b>Gulika</b>           | 8:26AM – 10:17AM | <b>Ardra</b> Until 12:46AM Fri | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:43AM  | Vilamba 5120                 |                                  |  |
|                                  |             | <b>Yama</b>             | 4:43AM – 6:34AM  | Ganda* Until 2:53PM            | <b>Muruga:</b> White    | <i>Sunset:</i> 7:33PM   | Moon 5 - Phase 8             |                                  |  |
| Routine Work                     | Marana Yoga | 339132361 <b>Rahu</b>   | 2:00PM – 3:51PM  | Balava Until 9:31PM            | <b>Nataraja:</b> White  |   | Prathama                     |                                  |  |
| Until 12:46AM Fri                |             |                         |                  | <b>Prathama*</b> Until 11:16AM | Moon – Yellow           |   | <b>Bhuloka Day</b>           |                                  |  |
| Then Creative Work - Siddha Yoga |             |                         |                  |                                | <b>Jyeshtha-Vaikasi</b> |   | Devaloka Time: 9:AM to 12:PM |                                  |  |

|                                 |             |   |                                |                        |                        |  |
|---------------------------------|-------------|---|--------------------------------|------------------------|------------------------|--|
| <b>1 Friday, June 15, 2018</b>  |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                |                        |                        | Washington DC<br>Sun 16 Sutra 61<br>Vilamba 5120 |
| Mithuna Rasi: 23.11             | Tithi 2 - 3 | <b>Gulika</b> 6:35AM - 8:26AM   | <b>Punarvasu</b> Until 10:16PM | <b>Ganesh:</b> Orange  | <i>Sunrise:</i> 4:43AM |  |
|                                 |             | Yama 3:51PM - 5:42PM  | Vriddhi Until 10:56AM          | <b>Muruga:</b> White   | <i>Sunset:</i> 7:34PM  | Moon 5 - Phase 9                                 |
|                                 |             | 349132361 <b>Rahu</b> 10:17AM - 12:09PM   | Taitila Until 6:02PM           | <b>Nataraja:</b> White |                        | 3rd Phase  |
| Creative Work                   | Siddha Yoga |   | <b>Dvitiya</b> Until 7:44AM    | Moon - Blue            |                        |  |
| Until 10:16PM                   |             |   |                                | <b>Jyeshtha-Ani</b>    |                        | <b>Bhuloka Day</b>                               |
| Then Routine Work - Marana Yoga |             |   |                                |                        |                        | Devaloka Time: 9:AM to12:PM                      |

|                                  |             |  |                                    |                        |                        |  |
|----------------------------------|-------------|--|------------------------------------|------------------------|------------------------|--|
| <b>2 Saturday, June 16, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthiyam Titau |                                    |                        |                        | Washington DC<br>Sun 17 Sutra 62<br>Vilamba 5120 |
| Kataka Rasi: 8.07                | Tithi 4     | <b>Gulika</b> 4:43AM - 6:35AM  | <b>Pushya</b> Until 10:26PM Sun    | <b>Ganesh:</b> Orange  | <i>Sunrise:</i> 4:43AM |  |
|                                  |             | Yama 2:00PM - 3:51PM   | Dhruva Until 7:05AM                | <b>Muruga:</b> White   | <i>Sunset:</i> 7:34PM  | Moon 5 - Phase 9                                 |
|                                  |             | 349132361 <b>Rahu</b> 8:26AM - 10:17AM   | Vanija Until 2:44PM                | <b>Nataraja:</b> White |                        | 3rd Phase  |
| Creative Work                    | Siddha Yoga |  | <b>Chaturthi*</b> Until 1:11AM Sun | Moon - Blue            |                        |  |
| Until 10:26PM Sun                |             |  |                                    | <b>Jyeshtha-Ani</b>    |                        | <b>Bhuloka Day</b>                               |
| Then Routine Work - Marana Yoga  |             |  |                                    |                        |                        | Devaloka Time: 9:AM to12:PM                      |

|                                 |             |   |                               |                        |                        |  |
|---------------------------------|-------------|---|-------------------------------|------------------------|------------------------|--|
| <b>3 Sunday, June 17, 2018</b>  |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau |                               |                        |                        | Washington DC<br>Sun 18 Sutra 63<br>Vilamba 5120 |
| Kataka Rasi: 22.51              | Tithi 5     | <b>Gulika</b> 3:52PM - 5:43PM   | <b>Pushya</b> Until 10:26PM   | <b>Ganesh:</b> Orange  | <i>Sunrise:</i> 4:43AM |  |
|                                 |             | Yama 12:09PM - 2:00PM   | Harshana Until 11:73PM        | <b>Muruga:</b> White   | <i>Sunset:</i> 7:35PM  | Moon 5 - Phase 9                                 |
|                                 |             | 349132361 <b>Rahu</b> 5:43PM - 7:35PM   | Bava Until 11:46AM            | <b>Nataraja:</b> White |                        | 3rd Phase  |
| Creative Work                   | Siddha Yoga |   | <b>Panchami</b> Until 10:26PM | Moon - Blue            |                        |  |
| Until 10:26PM                   |             | <b>Father's Day</b>   |                               | <b>Jyeshtha-Ani</b>    |                        | <b>Bhuloka Day</b>                               |
| Then Routine Work - Marana Yoga |             |   |                               |                        |                        | Devaloka Time: 9:AM to12:PM                      |

|                                  |             |   |                               |                        |                        |  |
|----------------------------------|-------------|---|-------------------------------|------------------------|------------------------|--|
| <b>4 Monday, June 18, 2018</b>   |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau |                               |                        |                        | Washington DC<br>Sun 19 Sutra 64<br>Vilamba 5120 |
| Simha Rasi: 7.16                 | Tithi 6     | <b>Gulika</b> 2:01PM - 3:52PM   | <b>Magha*</b> Until 4:14PM    | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:43AM |  |
| <b>Family Home Evening</b>       |             | Yama 10:18AM - 12:09PM  | Vajra* Until 9:20PM           | <b>Muruga:</b> White   | <i>Sunset:</i> 7:35PM  | Moon 5 - Phase 9                                 |
| Routine Work                     | Marana Yoga | 359132361 <b>Rahu</b> 6:35AM - 8:26AM   | Kaulava Until 9:15AM          | <b>Nataraja:</b> White |                        | 3rd Phase  |
| Until 4:14PM                     |             |   | <b>Shashthi*</b> Until 8:09PM | Moon - Red             |                        |  |
| Then Creative Work - Siddha Yoga |             |   |                               | <b>Jyeshtha-Ani</b>    |                        | <b>Devaloka Day</b>                              |

|                                  |             |   |                                   |                        |                        |  |
|----------------------------------|-------------|---|-----------------------------------|------------------------|------------------------|--|
| <b>5 Tuesday, June 19, 2018</b>  |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau |                                   |                        |                        | Washington DC<br>Sun 20 Sutra 65<br>Vilamba 5120 |
| Simha Rasi: 21.21                | Tithi 7     | <b>Gulika</b> 12:09PM - 2:01PM  | <b>Purvaphalguni</b> Until 3:12PM | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:44AM |  |
|                                  |             | Yama 8:26AM - 10:18AM   | Siddhi Until 6:55PM               | <b>Muruga:</b> White   | <i>Sunset:</i> 7:35PM  | Moon 5 - Phase 9                                 |
|                                  |             | 359132361 <b>Rahu</b> 3:52PM - 5:44PM   | Gara Until 7:15AM                 | <b>Nataraja:</b> White |                        | 3rd Phase  |
| Creative Work                    | Siddha Yoga |   | <b>Saptami</b> Until 6:27PM       | Moon - Red             |                        |  |
| Until 3:12PM                     |             |   |                                   | <b>Jyeshtha-Ani</b>    |                        | <b>Devaloka Day</b>                              |
| Then Creative Work - Amrita Yoga |             |   |                                   |                        |                        |  |

|                                 |             |  |                                    |                        |                        |  |
|---------------------------------|-------------|--|------------------------------------|------------------------|------------------------|--|
| <b>Wednesday, June 20, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                    |                        |                        | Washington DC<br>Sun 21 Sutra 66<br>Vilamba 5120 |
| <b>Retreat Star</b>             |             | <b>Gulika</b> 10:18AM - 12:10PM  | <b>Uttaraphalguni</b> Until 2:36PM | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:44AM |  |
| Kanya Rasi: 5.04                | Tithi 8 - 9 | Yama 6:35AM - 8:27AM   | Vyatipata* Until 5:01PM            | <b>Muruga:</b> White   | <i>Sunset:</i> 7:35PM  | Moon 5 - Phase 9                                 |
|                                 |             | 359132361 <b>Rahu</b> 12:10PM - 2:01PM   | Balava Until 5:00AM Thu            | <b>Nataraja:</b> White |                        | Ashtami  |
| Creative Work                   | Amrita Yoga |  | <b>Ashtami*</b> Until 5:19PM       | Moon - Red             |                        |  |
| Until 2:36PM                    |             | <b>Chidambaram Abhishekam</b>  |                                    | <b>Jyeshtha-Ani</b>    |                        | <b>Devaloka Day</b>                              |
| Then Routine Work - Marana Yoga |             |  |                                    |                        |                        |  |

|                                  |              |   |                             |                        |                        |  |
|----------------------------------|--------------|---|-----------------------------|------------------------|------------------------|--|
| <b>Thursday, June 21, 2018</b>   |              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                             |                        |                        | Washington DC<br>Sun 22 Sutra 67<br>Vilamba 5120 |
| <b>Retreat Star</b>              |              | <b>Gulika</b> 8:27AM - 10:18AM  | <b>Hasta</b> Until 2:54PM   | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 4:44AM |  |
| Kanya Rasi: 18.27                | Tithi 9 - 10 | Yama 4:44AM - 6:35AM  | Variyan Until 3:33PM        | <b>Muruga:</b> White   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 9                                 |
|                                  |              | 369132361 <b>Rahu</b> 2:01PM - 3:53PM   | Taitila Until 4:45AM Fri    | <b>Nataraja:</b> White |                        | Navami   |
| Routine Work                     | Marana Yoga  |   | <b>Navami*</b> Until 4:47PM | Moon - Green           |                        |  |
| Until 2:54PM                     |              |   |                             | <b>Jyeshtha-Ani</b>    |                        | <b>Bhuloka Day</b>                               |
| Then Creative Work - Siddha Yoga |              |   |                             |                        |                        | Devaloka Time: 9:AM to12:PM                      |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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|                                |               |  |                             |                        |                        |  |
|--------------------------------|---------------|--|-----------------------------|------------------------|------------------------|--|
| <b>1 Friday, June 22, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                             |                        |                        | Washington DC<br>Sun 23 Sutra 68<br>Vilamba 5120 |
| Tula Rasi: 1.31                | Tithi 10 – 11 | <b>Gulika</b> 6:36AM – 8:27AM  | <b>Chitra</b> Until 3:35PM  | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:44AM |  |
|                                |               | Yama 3:53PM – 5:44PM   | Parigha* Until 2:32PM       | <b>Muruga:</b> White   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 10                                |
| Creative Work                  | Siddha Yoga   | 361132361 <b>Rahu</b> 10:19AM – 12:10PM  | Vanija Until 5:03AM Sat     | <b>Nataraja:</b> White |                        | 4th Phase  |
|                                |               |  | <b>Dashami</b> Until 4:49PM | Moon – Green           |                        |  |
|                                |               |  |                             | <b>Jyeshtha-Ani</b>    |                        | <b>Bhuloka Day</b>                               |

|                                  |               |   |                              |                        |                        |  |
|----------------------------------|---------------|---|------------------------------|------------------------|------------------------|--|
| <b>2 Saturday, June 23, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                              |                        |                        | Washington DC<br>Sun 24 Sutra 69<br>Vilamba 5120 |
| Tula Rasi: 14.19                 | Tithi 11 – 12 | <b>Gulika</b> 4:44AM – 6:36AM   | <b>Svati</b> Until 4:38PM    | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:44AM |  |
|                                  |               | Yama 2:02PM – 3:53PM  | Shiva Until 1:58PM           | <b>Muruga:</b> White   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 10                                |
| Creative Work                    | Siddha Yoga   | 361132361 <b>Rahu</b> 8:27AM – 10:19AM  | Bava Until 5:50AM Sun        | <b>Nataraja:</b> White |                        | 4th Phase  |
|                                  |               |   | <b>Ekadashi</b> Until 2:32PM | Moon – Green           |                        |  |
|                                  |               |   |                              | <b>Jyeshtha-Ani</b>    |                        | <b>Bhuloka Day</b>                               |

|                                |             |  |                              |                        |                        |  |
|--------------------------------|-------------|--|------------------------------|------------------------|------------------------|--|
| <b>3 Sunday, June 24, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau |                              |                        |                        | Washington DC<br>Sun 25 Sutra 70<br>Vilamba 5120 |
| Tula Rasi: 26.52               | Tithi 12    | <b>Gulika</b> 3:53PM – 5:45PM  | <b>Vishakha</b> Until 6:28PM | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 4:45AM |  |
|                                |             | Yama 12:10PM – 2:02PM  | Siddha Until 1:45PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 10                                |
| Routine Work                   | Marana Yoga | 371142361 <b>Rahu</b> 5:45PM – 7:36PM  | Balava Until 6:23PM          | <b>Nataraja:</b> White |                        | 4th Phase  |
|                                |             |  | <b>Dvadashi</b> Until 6:23PM | Moon – Orange          |                        |  |
|                                |             |  |                              | <b>Jyeshtha-Ani</b>    |                        | <b>Devaloka Day</b>                              |

|                                |             |   |                                |                        |                        |  |
|--------------------------------|-------------|---|--------------------------------|------------------------|------------------------|--|
| <b>4 Monday, June 25, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                |                        |                        | Washington DC<br>Sun 26 Sutra 71<br>Vilamba 5120 |
| Vrischika Rasi: 9.14           | Tithi 13    | <b>Gulika</b> 2:02PM – 3:53PM   | <b>Anuradha</b> Until 8:33PM   | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 4:45AM |  |
| <b>Family Home Evening</b>     |             | Yama 10:19AM – 12:11PM  | Sadhya Until 1:52PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 10                                |
| Creative Work                  | Siddha Yoga | 371142361 <b>Rahu</b> 6:36AM – 8:28AM   | Kaulava Until 7:05AM           | <b>Nataraja:</b> White |                        | 4th Phase  |
|                                |             |   | <b>Trayodashi</b> Until 7:50PM | Moon – Orange          |                        |  |
|                                |             |   |                                | <b>Jyeshtha-Ani</b>    |                        | <b>Devaloka Day</b>                              |

*Pradosha Vrata*

|                                  |             |   |                                  |                        |                        |  |
|----------------------------------|-------------|---|----------------------------------|------------------------|------------------------|--|
| <b>5 Tuesday, June 26, 2018</b>  |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Bava Karana Chaturdashyam Titau |                                  |                        |                        | Washington DC<br>Sun 27 Sutra 72<br>Vilamba 5120 |
| Vrischika Rasi: 21.26            | Tithi 14    | <b>Gulika</b> 12:11PM – 2:02PM  | <b>Jyeshtha*</b> Until 10:51PM   | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 4:45AM |  |
|                                  |             | Yama 8:28AM – 10:19AM   | Subha Until 10:51PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 10                                |
| Routine Work                     | Marana Yoga | 371142361 <b>Rahu</b> 3:54PM – 5:45PM   | Gara Until 8:44AM                | <b>Nataraja:</b> White |                        | 4th Phase  |
| Until 10:51PM                    |             |   | <b>Chaturdashi*</b> Until 9:40PM | Moon – Orange          |                        |  |
| Then Creative Work - Amrita Yoga |             |   |                                  | <b>Jyeshtha-Ani</b>    |                        | <b>Devaloka Day</b>                              |

|                                  |             |   |                               |                        |                        |   |
|----------------------------------|-------------|---|-------------------------------|------------------------|------------------------|---|
| <b>Wednesday, June 27, 2018</b>  |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau |                               |                        |                        | Washington DC<br>Sutra 73<br>Vilamba 5120 |
| <b>Copper Retreat Star</b>       |             | <b>Gulika</b> 10:20AM – 12:11PM   | <b>Mula*</b> Until 1:48AM Thu | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 4:46AM |   |
| Dhanus Rasi: 3.29                | Tithi 15    | Yama 6:37AM – 8:28AM  | Sukla Until 3:01PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 10                         |
|                                  |             | 381142361 <b>Rahu</b> 12:11PM – 2:02PM  | Visti Until 10:45AM           | <b>Nataraja:</b> White |                        | Purnima                                   |
| Routine Work                     | Marana Yoga |   | <b>Purnima*</b> Until 11:51PM | Moon – Light Blue      |                        |   |
| Until 1:48AM Thu                 |             |   |                               | <b>Jyeshtha-Ani</b>    |                        | <b>Bhuloka Day</b>                        |
| Then Creative Work - Siddha Yoga |             |   |                               |                        |                        | Devaloka Time: 12:PM to 3:PM              |

|                                 |             |   |                                      |                        |                        |   |
|---------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|---|
| <b>Thursday, June 28, 2018</b>  |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Brahma/Indra Yoga Balava Karana Prathamayam Titau |                                      |                        |                        | Washington DC<br>Sutra 74<br>Vilamba 5120 |
| <b>Silver Retreat Star</b>      |             | <b>Gulika</b> 8:29AM – 10:20AM  | <b>Purvashadha*</b> Until 4:49AM Fri | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 4:46AM |   |
| Dhanus Rasi: 15.24              | Tithi 16    | Yama 4:46AM – 6:37AM  | Brahma Until 3:57PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 10                         |
|                                 |             | 381142361 <b>Rahu</b> 2:02PM – 3:54PM   | Balava Until 1:03PM                  | <b>Nataraja:</b> White |                        | Prathama                                  |
| Creative Work                   | Siddha Yoga |   | <b>Prathama*</b> Until 2:16AM Fri    | Moon – Light Blue      |                        |   |
| Until 4:49AM Fri                |             |   |                                      | <b>Jyeshtha-Ani</b>    |                        | <b>Bhuloka Day</b>                        |
| Then Routine Work - Marana Yoga |             |   |                                      |                        |                        | Devaloka Time: 12:PM to 3:PM              |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

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**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Taitila Karana Dvitiyayam Titau

Washington DC

Sun 1 Sutra 75

Vilamba 5120

Dhanus Rasi: 27.14 Tihti 17

381142361

**Gulika** 6:38AM – 8:29AM  
**Yama** 3:54PM – 5:45PM  
**Rahu** 10:20AM – 12:11PM

**Uttarashadha Until 7:47AM Sat**  
Indra Until 5:02PM  
Taitila Until 3:34PM  
**Dvitiya Until 4:51AM Sat**

**Ganesha:** Blue *Sunrise:* 4:46AM  
**Muruga:** Clear *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 7:47AM Sat  
Then Creative Work - Siddha Yoga

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Vanija Karana Tritiyayam Titau

Washington DC

Sun 2 Sutra 76

Vilamba 5120

Makara Rasi: 9.02 Tihti 18

381242361

**Gulika** 4:47AM – 6:38AM  
**Yama** 2:03PM – 3:54PM  
**Rahu** 8:29AM – 10:20AM

**Uttarashadha Until 7:47AM**  
Vaidhriti\* Until 6:09PM  
Vanija Until 6:10PM  
**Tritiya Until 7:26AM Sun**

**Ganesha:** Blue *Sunrise:* 4:47AM  
**Muruga:** Clear *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 7:47AM  
Then Creative Work - Siddha Yoga

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Washington DC

Sun 3 Sutra 77

Vilamba 5120

Makara Rasi: 20.49 Tihti 18 – 19

391242361

**Gulika** 3:54PM – 5:45PM  
**Yama** 12:12PM – 2:03PM  
**Rahu** 5:45PM – 7:36PM

**Shravana Until 11:06AM**  
Vishkambha\* Until 7:14PM  
Bava Until 8:43PM  
**Tritiya Until 7:26AM**

**Ganesha:** Red *Sunrise:* 4:47AM  
**Muruga:** Clear *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 11:06AM  
Then Routine Work - Marana Yoga

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Washington DC

Sun 4 Sutra 78

Vilamba 5120

Kumbha Rasi: 2.39 Tihti 19 – 20

392242361

**Gulika** 2:03PM – 3:54PM  
**Yama** 10:21AM – 12:12PM  
**Rahu** 6:39AM – 8:30AM

**Dhanishtha Until 2:05PM**  
Priti Until 8:10PM  
Kaulava Until 11:01PM  
**Chaturthi\* Until 9:53AM**

**Ganesha:** Yellow *Sunrise:* 4:48AM  
**Muruga:** Clear *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Family Home Evening  
Creative Work Siddha Yoga

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Washington DC

Sun 5 Sutra 79

Vilamba 5120

Kumbha Rasi: 14.35 Tihti 20 – 21

392242361

**Gulika** 12:12PM – 2:03PM  
**Yama** 8:30AM – 10:21AM  
**Rahu** 3:54PM – 5:45PM

**Shatabhishak Until 4:34PM**  
Ayushman Until 8:46PM  
Gara Until 12:55AM Wed  
**Panchami Until 12:00PM**

**Ganesha:** Yellow *Sunrise:* 4:48AM  
**Muruga:** Clear *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Washington DC

Sun 6 Sutra 80

Vilamba 5120

Kumbha Rasi: 26.43 Tihti 21 – 22

312242361

**Gulika** 10:21AM – 12:12PM  
**Yama** 6:40AM – 8:31AM  
**Rahu** 12:12PM – 2:03PM

**Purvaproshtapada\* Until 6:53PM**  
Saubhagya Until 8:58PM  
Visti Until 2:15AM Thu  
**Shashthi\* Until 1:38PM**

**Ganesha:** Orange *Sunrise:* 4:49AM  
**Muruga:** Clear *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 6:53PM  
Then Creative Work - Siddha Yoga

**D**

**Thursday, July 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Washington DC

Sun 7 Sutra 81

Vilamba 5120

Meena Rasi: 9.05 Tihti 22 – 23

312242361

**Gulika** 8:31AM – 10:22AM  
**Yama** 4:49AM – 6:40AM  
**Rahu** 2:03PM – 3:54PM

**Uttaraproshtapada Until 8:23PM**  
Sobhana Until 8:39PM  
Balava Until 2:53AM Fri  
**Saptami Until 2:38PM**

**Ganesha:** Orange *Sunrise:* 4:49AM  
**Muruga:** Clear *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

**Friday, July 6, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Washington DC

Sun 8 Sutra 82

Vilamba 5120

Meena Rasi: 21.47 Tihti 23 – 24

412242361

**Gulika** 6:41AM – 8:31AM  
**Yama** 3:54PM – 5:45PM  
**Rahu** 10:22AM – 12:13PM

**Revati Until 2:21PM Sat**  
Athiganda\* Until 7:43PM  
Taitila Until 2:44AM Sat  
**Ashtami\* Until 2:54PM**

**Ganesha:** Green *Sunrise:* 4:50AM  
**Muruga:** Clear *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 11  
Navami

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 2:21PM Sat  
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

|                  |               |                               |                  |   |                        |                        |                     |   |
|------------------|---------------|-------------------------------|------------------|---|------------------------|------------------------|---------------------|---|
| <b>1</b>         |               | <b>Saturday, July 7, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        |                        |                     | Washington DC<br>Sun 9 Sutra 83<br>Vilamba 5120 |
| Mesha Rasi: 4.52 | Tithi 24 – 25 | <b>Gulika</b>                 | 4:51AM – 6:41AM  | <b>Revati Until 2:21PM</b>  | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:51AM |                     |   |
|                  |               | <b>Yama</b>                   | 2:03PM – 3:54PM  | Sukarma Until 15:58AM Sun   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:35PM  |                     | Moon 6 - Phase 12                               |
| Creative Work    | Siddha Yoga   | 422242361 <b>Rahu</b>         | 8:32AM – 10:22AM | Vanija Until 1:48AM Sun   | <b>Nataraja:</b> White |                        |                     | 2nd Phase                                       |
|                  |               |                               |                  | <b>Navami* Until 7:43PM</b>   | Moon – White           |                        | <b>Devaloka Day</b> |   |
|                  |               |                               |                  |   | <b>Jyeshtha*Ani</b>    |                        |                     |   |

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| <b>2</b>                         |                    | <b>Sunday, July 8, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        |                        |                     | Washington DC<br>Sun 10 Sutra 84<br>Vilamba 5120 |
| Mesha Rasi: 18.23                | Tithi 25 – 26      | <b>Gulika</b>               | 3:54PM – 5:44PM  | <b>Bharani Until 8:18PM</b>  | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:51AM |                     |  |
|                                  |                    | <b>Yama</b>                 | 12:13PM – 2:03PM | Dhriti Until 3:58PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:35PM  |                     | Moon 6 - Phase 12                                |
| Routine Work                     | Prabalarishta Yoga | 422242361 <b>Rahu</b>       | 5:44PM – 7:35PM  | Bava Until 12:05AM Mon   | <b>Nataraja:</b> White |                        |                     | 2nd Phase  |
| Until 8:18PM                     |                    |                             |                  | <b>Dashami Until 1:01PM</b>  | Moon – White           |                        | <b>Devaloka Day</b> |  |
| Then Creative Work - Siddha Yoga |                    |                             |                  |  | <b>Jyeshtha*Ani</b>    |                        |                     |  |

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|----------------------------------|---------------|-----------------------------|-------------------|--|------------------------|------------------------|---------------------|--|
| <b>3</b>                         |               | <b>Monday, July 9, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Shula*/Ganda* Yoga Balava Karana Ekadashi/Dvodashyam Titau |                        |                        |                     | Washington DC<br>Sun 11 Sutra 85<br>Vilamba 5120 |
| Vrishabha Rasi: 2.21             | Tithi 26 – 27 | <b>Gulika</b>               | 2:03PM – 3:54PM   | <b>Krittika Until 6:40PM</b>   | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:52AM |                     |  |
| <b>Family Home Evening</b>       |               | <b>Yama</b>                 | 10:23AM – 12:13PM | Shula* Until 1:10PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:34PM  |                     | Moon 6 - Phase 12                                |
| Routine Work                     | Marana Yoga   | 422242361 <b>Rahu</b>       | 6:42AM – 8:32AM   | Balava Until 10:57AM   | <b>Nataraja:</b> White |                        |                     | 2nd Phase  |
| Until 6:40PM                     |               |                             |                   | <b>Ekadashi* Until 10:57AM</b>   | Moon – White           |                        | <b>Devaloka Day</b> |  |
| Then Creative Work - Amrita Yoga |               |                             |                   |  | <b>Jyeshtha*Ani</b>    |                        |                     |  |

|                                  |               |                               |                  |   |                            |                        |                                     |  |
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| <b>4</b>                         |               | <b>Tuesday, July 10, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau |                            |                        |                                     | Washington DC<br>Sun 12 Sutra 86<br>Vilamba 5120 |
| Vrishabha Rasi: 16.46            | Tithi 27 – 28 | <b>Gulika</b>                 | 12:13PM – 2:03PM | <b>Rohini Until 4:44PM</b>  | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:52AM |                                     |  |
|                                  |               | <b>Yama</b>                   | 8:33AM – 10:23AM | Ganda* Until 9:52AM   | <b>Muruga:</b> Clear       | <i>Sunset:</i> 7:34PM  |                                     | Moon 6 - Phase 12                                |
| Creative Work                    | Amrita Yoga   | 422242361 <b>Rahu</b>         | 3:54PM – 5:44PM  | Gara Until 6:44PM   | <b>Nataraja:</b> White     |                        |                                     | 2nd Phase  |
| Until 4:44PM                     |               |                               |                  | <b>Dvadashi* Until 8:15AM</b>   | Moon – Yellow              |                        | <b>Bhuloka Day</b>                  |  |
| Then Creative Work - Siddha Yoga |               |                               |                  |   | <b>Jyeshtha*Ani</b>        |                        | <b>Devaloka Time: 12:PM to 3:PM</b> |  |
|                                  |               |                               |                  | <i>Pradosha Vrata (Fasting)</i>   |                            |                        |                                     |  |

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| <b>5</b>           |             | <b>Wednesday, July 11, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                            |                        |                                     | Washington DC<br>Sun 13 Sutra 87<br>Vilamba 5120 |
| Mithuna Rasi: 1.32 | Tithi 29    | <b>Gulika</b>                   | 10:23AM – 12:13PM | <b>Mrigashira Until 2:12PM</b>  | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:53AM |                                     |  |
|                    |             | <b>Yama</b>                     | 6:43AM – 8:33AM   | Vridhi Until 6:11AM   | <b>Muruga:</b> Clear       | <i>Sunset:</i> 7:34PM  |                                     | Moon 6 - Phase 12                                |
| Creative Work      | Siddha Yoga | 422242361 <b>Rahu</b>           | 12:13PM – 2:03PM  | Visti Until 11:43AM Thu   | <b>Nataraja:</b> White     |                        |                                     | 2nd Phase  |
|                    |             |                                 |                   | <b>Chaturdashi* Until 9:52AM</b>  | Moon – Yellow              |                        | <b>Bhuloka Day</b>                  |  |
|                    |             |                                 |                   |   | <b>Jyeshtha*Ani</b>        |                        | <b>Devaloka Time: 12:PM to 3:PM</b> |  |

|                                  |             |                                |                  |   |                            |                        |                                     |  |
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| <b>Retreat Star</b>              |             | <b>Thursday, July 12, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                            |                        |                                     | Washington DC<br>Sun 14 Sutra 88<br>Vilamba 5120 |
| Mithuna Rasi: 16.34              | Tithi 30    | <b>Gulika</b>                  | 8:34AM – 10:24AM | <b>Ardra Until 11:17AM</b>  | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:54AM |                                     |  |
|                                  |             | <b>Yama</b>                    | 4:54AM – 6:44AM  | Vyaghata* Until 10:04PM   | <b>Muruga:</b> Clear       | <i>Sunset:</i> 7:33PM  |                                     | Moon 6 - Phase 12                                |
| Routine Work                     | Marana Yoga | 422242361 <b>Rahu</b>          | 2:03PM – 3:53PM  | Catuspada Until 11:43AM   | <b>Nataraja:</b> White     |                        |                                     | Amavasya   |
| Until 11:17AM                    |             |                                |                  | <b>Amavasya* Until 9:50PM</b>   | Moon – Yellow              |                        | <b>Bhuloka Day</b>                  |  |
| Then Creative Work - Amrita Yoga |             |                                |                  |   | <b>Jyeshtha*Ani</b>        |                        | <b>Devaloka Time: 12:PM to 3:PM</b> |  |

|                                 |             |                              |                   |  |                        |                        |                                     |  |
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| <b>Retreat Star</b>             |             | <b>Friday, July 13, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukra Pakshe Sukra Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau |                        |                        |                                     | Washington DC<br>Sun 15 Sutra 89<br>Vilamba 5120 |
| Kataka Rasi: 1.44               | Tithi 1     | <b>Gulika</b>                | 6:44AM – 8:34AM   | <b>Punarvasu Until 8:30AM</b>  | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:54AM |                                     |  |
|                                 |             | <b>Yama</b>                  | 3:53PM – 5:43PM   | Harshana Until 5:55PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:33PM  |                                     | Moon 6 - Phase 12                                |
| Creative Work                   | Siddha Yoga | 422242361 <b>Rahu</b>        | 10:24AM – 12:14PM | Kintughna Until 7:58AM   | <b>Nataraja:</b> White |                        |                                     | Prathama   |
| Until 8:30AM                    |             |                              |                   | <b>Prathama* Until 6:05PM</b>  | Moon – Blue            |                        | <b>Bhuloka Day</b>                  |  |
| Then Routine Work - Marana Yoga |             | <b>Partial Solar Eclipse</b> |                   |  | <b>Ashada*Ani</b>      |                        | <b>Devaloka Time: 12:PM to 3:PM</b> |  |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

|                          |  |                                |                  |  |                        |  |                              |               |  |
|--------------------------|--|--------------------------------|------------------|--|------------------------|--|------------------------------|---------------|--|
| <b>1</b>                 |  | <b>Saturday, July 14, 2018</b> |                  |  |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |                              | Washington DC |  |
| Kataka Rasi: 16.53       |  | Titthi 2 - 3                   |                  | Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau |                        | Sun 16   |                              | Sutra 90      |  |
| 442242361                |  | <b>Gulika</b>                  | 4:55AM - 6:45AM  | <b>Ashlesha* Until 2:51AM Sun</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:55AM   | Vilamba 5120                 |               |  |
| Routine Work Marana Yoga |  | <b>Yama</b>                    | 2:03PM - 3:53PM  | Vajra* Until 1:51PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:32PM  | Moon 6 - Phase 13            |               |  |
|                          |  | <b>Rahu</b>                    | 8:34AM - 10:24AM | Tailila Until 12:46AM Sun  | <b>Nataraja:</b> White |  | 3rd Phase                    |               |  |
|                          |  |                                |                  |  |                        | <b>Ashada*Ani</b>  | <b>Bhuloka Day</b>           |               |  |
|                          |  |                                |                  |  |                        |  | Devaloka Time: 12:PM to 3:PM |               |  |

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| <b>2</b>                         |  | <b>Sunday, July 15, 2018</b> |                  |   |                           | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam |                              | Washington DC |  |
| Simha Rasi: 1.51                 |  | Titthi 3 - 4                 |                  | Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                           | Sun 17   |                              | Sutra 91      |  |
| 452242361                        |  | <b>Gulika</b>                | 3:53PM - 5:42PM  | <b>Magha* Until 12:43AM Mon</b>   | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 4:56AM   | Vilamba 5120                 |               |  |
| Routine Work Marana Yoga         |  | <b>Yama</b>                  | 12:14PM - 2:03PM | Siddhi Until 10:02AM  | <b>Muruga:</b> Clear      | <i>Sunset:</i> 7:32PM  | Moon 6 - Phase 13            |               |  |
| Until 12:43AM Mon                |  | <b>Rahu</b>                  | 5:42PM - 7:32PM  | Vanija Until 9:37PM   | <b>Nataraja:</b> White    |  | 3rd Phase                    |               |  |
| Then Creative Work - Siddha Yoga |  |                              |                  |   |                           | <b>Ashada*Ani</b>  | <b>Bhuloka Day</b>           |               |  |
|                                  |  |                              |                  |   |                           |  | Devaloka Time: 12:PM to 3:PM |               |  |

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|---------------------------|--|------------------------------|-------------------|--|------------------------|--|------------------------------|---------------|--|
| <b>3</b>                  |  | <b>Monday, July 16, 2018</b> |                   |  |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam |                              | Washington DC |  |
| Simha Rasi: 16.31         |  | Titthi 4 - 5                 |                   | Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Sun 18   |                              | Sutra 92      |  |
| 453242361                 |  | <b>Gulika</b>                | 2:03PM - 3:53PM   | <b>Purvaphalguni Until 10:56PM</b>   | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:57AM   | Vilamba 5120                 |               |  |
| Family Home Evening       |  | <b>Yama</b>                  | 10:25AM - 12:14PM | Vyatipata* Until 6:34AM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:31PM  | Moon 6 - Phase 13            |               |  |
| Creative Work Siddha Yoga |  | <b>Rahu</b>                  | 6:46AM - 8:35AM   | Bava Until 6:57PM  | <b>Nataraja:</b> White |  | 3rd Phase                    |               |  |
|                           |  |                              |                   |  |                        | <b>Ashada*Adi</b>  | <b>Bhuloka Day</b>           |               |  |
|                           |  |                              |                   |  |                        |  | Devaloka Time: 12:PM to 3:PM |               |  |

|                                  |  |                               |                  |   |                        |   |                     |               |  |
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| <b>4</b>                         |  | <b>Tuesday, July 17, 2018</b> |                  |   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam |                     | Washington DC |  |
| Kanya Rasi: 0.49                 |  | Titthi 6                      |                  | Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Tailila Karana Shashthiyam Titau |                        | Sun 19  |                     | Sutra 93      |  |
| 453242362                        |  | <b>Gulika</b>                 | 12:14PM - 2:03PM | <b>Uttaraphalguni Until 9:39PM</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:57AM  | Vilamba 5120        |               |  |
| Creative Work Amrita Yoga        |  | <b>Yama</b>                   | 8:36AM - 10:25AM | Parigha* Until 1:01AM Wed   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:31PM   | Moon 6 - Phase 13   |               |  |
| Until 9:39PM                     |  | <b>Rahu</b>                   | 3:52PM - 5:42PM  | Kaulava Until 4:53PM  | <b>Nataraja:</b> Clear |   | 3rd Phase           |               |  |
| Then Creative Work - Siddha Yoga |  |                               |                  |   |                        | <b>Ashada*Adi</b>   | <b>Devaloka Day</b> |               |  |
|                                  |  |                               |                  |   |                        |   |                     |               |  |

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| <b>5</b>                         |  | <b>Wednesday, July 18, 2018</b> |                   |   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam |                     | Washington DC |  |
| Kanya Rasi: 14.41                |  | Titthi 7                        |                   | Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau |                        | Sun 20  |                     | Sutra 94      |  |
| 463242362                        |  | <b>Gulika</b>                   | 10:25AM - 12:14PM | <b>Hasta Until 9:20PM</b>                                     | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:58AM  | Vilamba 5120        |               |  |
| Routine Work Marana Yoga         |  | <b>Yama</b>                     | 6:47AM - 8:36AM   | Shiva Until 11:06PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:30PM   | Moon 6 - Phase 13   |               |  |
| Until 9:20PM                     |  | <b>Rahu</b>                     | 12:14PM - 2:03PM  | Gara Until 3:31PM   | <b>Nataraja:</b> Clear |   | 3rd Phase           |               |  |
| Then Creative Work - Siddha Yoga |  |                                 |                   |   |                        | <b>Ashada*Adi</b>   | <b>Sivaloka Day</b> |               |  |
|                                  |  |                                 |                   |   |                        |   |                     |               |  |

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| <b>Retreat Star</b>              |  | <b>Thursday, July 19, 2018</b> |                  |   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam |                     | Washington DC |  |
| Kanya Rasi: 28.07                |  | Titthi 8                       |                  | Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau |                        | Sun 21   |                     | Sutra 95      |  |
| 463242362                        |  | <b>Gulika</b>                  | 8:36AM - 10:25AM | <b>Chitra Until 9:37PM</b>                                      | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:59AM   | Vilamba 5120        |               |  |
| Creative Work Siddha Yoga        |  | <b>Yama</b>                    | 4:59AM - 6:48AM  | Siddha Until 9:45PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:29PM  | Moon 6 - Phase 13   |               |  |
| Until 9:37PM                     |  | <b>Rahu</b>                    | 2:03PM - 3:52PM  | Visti Until 2:52PM  | <b>Nataraja:</b> Clear |  | Ashtami             |               |  |
| Then Creative Work - Amrita Yoga |  |                                |                  |   |                        | <b>Ashada*Adi</b>  | <b>Sivaloka Day</b> |               |  |
|                                  |  |                                |                  |   |                        |  |                     |               |  |

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|---------------------------|--|------------------------------|-------------------|--|------------------------|---|---------------------|---------------|--|
| <b>Retreat Star</b>       |  | <b>Friday, July 20, 2018</b> |                   |  |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam |                     | Washington DC |  |
| Tula Rasi: 11.1           |  | Titthi 9                     |                   | Svati Nakshatra Sadhya Yoga Balava Karana Navamyam Titau |                        | Sun 22  |                     | Sutra 96      |  |
| 463242362                 |  | <b>Gulika</b>                | 6:48AM - 8:37AM   | <b>Svati Until 10:26PM</b>                               | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:00AM  | Vilamba 5120        |               |  |
| Creative Work Siddha Yoga |  | <b>Yama</b>                  | 3:51PM - 5:40PM   | Sadhya Until 8:58PM                                      | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:29PM   | Moon 6 - Phase 13   |               |  |
|                           |  | <b>Rahu</b>                  | 10:26AM - 12:14PM | Balava Until 2:57PM                                      | <b>Nataraja:</b> Clear |   | Navami              |               |  |
|                           |  |                              |                   |  |                        | <b>Ashada*Adi</b>   | <b>Sivaloka Day</b> |               |  |
|                           |  |                              |                   |  |                        |   |                     |               |  |

|                                 |             |                                |                  |                                   |                        |   |  |  |  |
|---------------------------------|-------------|--------------------------------|------------------|-----------------------------------|------------------------|---|--|--|--|
| <b>1</b>                        |             | <b>Saturday, July 21, 2018</b> |                  |                                   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha Nakshatra Subha Yoga Tailila Karana Dashamyam Titau |  | Washington DC<br>Sun 23 Sutra 97<br>Vilamba 5120 |  |
| Tula Rasi: 23.53                | Tithi 10    | <b>Gulika</b>                  | 5:00AM – 6:49AM  | <b>Vishakha</b> Until 12:12AM Sun | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:00AM  |  |  |  |
|                                 |             | Yama                           | 2:03PM – 3:51PM  | Subha Until 8:44PM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:28PM   |  | Moon 6 - Phase 14                                |  |
|                                 |             | 473242362 <b>Rahu</b>          | 8:37AM – 10:26AM | Tailila Until 3:42PM              | <b>Nataraja:</b> Clear |   |  | 4th Phase  |  |
| Creative Work                   | Siddha Yoga |                                |                  | <b>Dashami</b> Until 4:17AM Sun   | Moon – Orange          |   |  | <b>Devaloka Day</b>                              |  |
| Until 12:12AM Sun               |             |                                |                  |                                   | <b>Ashada•Adi</b>      |   |  |  |  |
| Then Routine Work - Marana Yoga |             |                                |                  |                                   |                        |   |  |  |  |

|                                  |             |                              |                  |                                  |                        |  |  |  |  |
|----------------------------------|-------------|------------------------------|------------------|----------------------------------|------------------------|--|--|--|--|
| <b>2</b>                         |             | <b>Sunday, July 22, 2018</b> |                  |                                  |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau |  | Washington DC<br>Sun 24 Sutra 98<br>Vilamba 5120 |  |
| Vrischika Rasi: 6.18             | Tithi 11    | <b>Gulika</b>                | 3:51PM – 5:39PM  | <b>Anuradha</b> Until 2:20AM Mon | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:01AM   |  |  |  |
|                                  |             | Yama                         | 12:14PM – 2:03PM | Sukla Until 8:54PM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:27PM  |  | Moon 6 - Phase 14                                |  |
|                                  |             | 473242362 <b>Rahu</b>        | 5:39PM – 7:27PM  | Vanija Until 5:02PM              | <b>Nataraja:</b> Clear |  |  | 4th Phase  |  |
| Routine Work                     | Marana Yoga |                              |                  | <b>Ekadashi</b> Until 5:52AM Mon | Moon – Orange          |  |  | <b>Devaloka Day</b>                              |  |
| Until 2:20AM Mon                 |             |                              |                  |                                  | <b>Ashada•Adi</b>      |  |  |  |  |
| Then Creative Work - Siddha Yoga |             |                              |                  |                                  |                        |  |  |  |  |

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|----------------------------------|-------------|------------------------------|-------------------|-----------------------------------|------------------------|--|--|--|--|
| <b>3</b>                         |             | <b>Monday, July 23, 2018</b> |                   |                                   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau |  | Washington DC<br>Sun 25 Sutra 99<br>Vilamba 5120 |  |
| Vrischika Rasi: 18.3             | Tithi 12    | <b>Gulika</b>                | 2:02PM – 3:50PM   | <b>Jyeshtha*</b> Until 4:45AM Tue | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:02AM   |  |  |  |
| <b>Family Home Evening</b>       |             | Yama                         | 10:26AM – 12:14PM | Brahma Until 9:26PM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:27PM  |  | Moon 6 - Phase 14                                |  |
|                                  |             | 473242362 <b>Rahu</b>        | 6:50AM – 8:38AM   | Bava Until 6:52PM                 | <b>Nataraja:</b> Clear |  |  | 4th Phase  |  |
| Creative Work                    | Siddha Yoga |                              |                   | <b>Dvadashi</b> Until 7:54AM Tue  | Moon – Orange          |  |  | <b>Devaloka Day</b>                              |  |
| Until 4:45AM Tue                 |             |                              |                   |                                   | <b>Ashada•Adi</b>      |  |  |  |  |
| Then Creative Work - Amrita Yoga |             |                              |                   |                                   |                        |  |  |  |  |

|                   |               |                               |                  |                               |                        |   |  |   |  |
|-------------------|---------------|-------------------------------|------------------|-------------------------------|------------------------|---|--|---|--|
| <b>4</b>          |               | <b>Tuesday, July 24, 2018</b> |                  |                               |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |  | Washington DC<br>Sun 26 Sutra 100<br>Vilamba 5120 |  |
| Dhanus Rasi: 0.32 | Tithi 12 – 13 | <b>Gulika</b>                 | 12:14PM – 2:02PM | <b>Mula*</b> Until 7:48AM Wed | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:03AM  |  |   |  |
|                   |               | Yama                          | 8:39AM – 10:26AM | Indra Until 10:16PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:26PM   |  | Moon 6 - Phase 14                                 |  |
|                   |               | 483242362 <b>Rahu</b>         | 3:50PM – 5:38PM  | Kaulava Until 9:03PM          | <b>Nataraja:</b> Clear |   |  | 4th Phase   |  |
| Creative Work     | Amrita Yoga   |                               |                  | <b>Dvadashi</b> Until 7:54AM  | Moon – Light Blue      |   |  | <b>Sivaloka Day</b>                               |  |
|                   |               |                               |                  |                               | <b>Ashada•Adi</b>      |   |  |   |  |
|                   |               |                               |                  |                               | <i>Pradosha Vrata</i>  |   |  |   |  |

|                                  |               |                                 |                   |                                 |                        |  |  |   |  |
|----------------------------------|---------------|---------------------------------|-------------------|---------------------------------|------------------------|--|--|---|--|
| <b>5</b>                         |               | <b>Wednesday, July 25, 2018</b> |                   |                                 |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |  | Washington DC<br>Sun 27 Sutra 101<br>Vilamba 5120 |  |
| Dhanus Rasi: 12.26               | Tithi 13 – 14 | <b>Gulika</b>                   | 10:27AM – 12:14PM | <b>Mula*</b> Until 7:48AM       | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:04AM   |  |   |  |
|                                  |               | Yama                            | 6:51AM – 8:39AM   | Vaidhriti* Until 11:15PM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:25PM  |  | Moon 6 - Phase 14                                 |  |
|                                  |               | 483342362 <b>Rahu</b>           | 12:14PM – 2:02PM  | Gara Until 11:30PM              | <b>Nataraja:</b> Clear |  |  | 4th Phase   |  |
| Routine Work                     | Marana Yoga   |                                 |                   | <b>Trayodashi</b> Until 10:14AM | Moon – Light Blue      |  |  | <b>Sivaloka Day</b>                               |  |
| Until 7:48AM                     |               |                                 |                   |                                 | <b>Ashada•Adi</b>      |  |  |   |  |
| Then Creative Work - Amrita Yoga |               |                                 |                   |                                 |                        |  |  |   |  |

|                                 |               |                                |                  |                                   |                        |  |  |  |  |
|---------------------------------|---------------|--------------------------------|------------------|-----------------------------------|------------------------|--|--|--|--|
| <b>○</b>                        |               | <b>Thursday, July 26, 2018</b> |                  |                                   |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |  | Washington DC<br>Sutra 102<br>Vilamba 5120 |  |
| <b>Copper Retreat Star</b>      |               | <b>Gulika</b>                  | 8:39AM – 10:27AM | <b>Purvashadha*</b> Until 10:53AM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:04AM   |  |  |  |
| Dhanus Rasi: 24.16              | Tithi 14 – 15 | Yama                           | 5:04AM – 6:52AM  | Vishkambha* Until 12:21AM Fri     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:24PM  |  | Moon 6 - Phase 14                          |  |
|                                 |               | 483342362 <b>Rahu</b>          | 2:02PM – 3:49PM  | Visti Until 2:05AM Fri            | <b>Nataraja:</b> Clear |  |  | Purnima                                    |  |
| Creative Work                   | Siddha Yoga   |                                |                  | <b>Chaturdashi*</b> Until 12:46PM | Moon – Light Blue      |  |  | <b>Sivaloka Day</b>                        |  |
| Until 10:53AM                   |               | <b>Satguru Purnima</b>         |                  |                                   | <b>Ashada•Adi</b>      |  |  |  |  |
| Then Routine Work - Marana Yoga |               |                                |                  |                                   |                        |  |  |  |  |

|                            |               |                              |                   |                                  |                        |  |  |  |  |
|----------------------------|---------------|------------------------------|-------------------|----------------------------------|------------------------|--|--|--|--|
| <b>○</b>                   |               | <b>Friday, July 27, 2018</b> |                   |                                  |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau |  | Washington DC<br>Sutra 103<br>Vilamba 5120 |  |
| <b>Silver Retreat Star</b> |               | <b>Gulika</b>                | 6:53AM – 8:40AM   | <b>Uttarashadha</b> Until 1:52PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:05AM   |  |  |  |
| Makara Rasi: 6.02          | Tithi 15 – 16 | Yama                         | 3:49PM – 5:36PM   | Priti Until 1:29AM Sat           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:23PM  |  | Moon 6 - Phase 14                          |  |
|                            |               | 483342362 <b>Rahu</b>        | 10:27AM – 12:14PM | Balava Until 4:39AM Sat          | <b>Nataraja:</b> Clear |  |  | Prathama                                   |  |
| Routine Work               | Marana Yoga   |                              |                   | <b>Purnima*</b> Until 3:21PM     | Moon – Light Blue      |  |  | <b>Sivaloka Day</b>                        |  |
|                            |               | <b>Total Lunar Eclipse</b>   |                   |                                  | <b>Ashada•Adi</b>      |  |  |  |  |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mania Vasara Yuktayam

Washington DC

Makara Rasi: 17.5    Tihti 16 – 17

**Gulika** 5:06AM – 6:53AM  
Yama 2:01PM – 3:48PM  
Rahu 8:40AM – 10:27AM

**Shravana** Until 5:08PM  
Ayushman Until 2:29AM Sun  
Taitila Until 7:06AM Sun  
Prathama\* Until 5:53PM

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada\*Adi**

*Sunrise:* 5:06AM  
*Sunset:* 7:22PM

Sutra 104  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

1

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Washington DC

Makara Rasi: 29.41    Tihti 17

**Gulika** 3:48PM – 5:35PM  
Yama 12:14PM – 2:01PM  
Rahu 5:35PM – 7:22PM

**Dhanishtha** Until 8:03PM  
Saubhagya Until 3:20AM Mon  
Taitila Until 7:06AM  
Dvitiya Until 8:14PM

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada\*Adi**

*Sunrise:* 5:07AM  
*Sunset:* 7:22PM

Sun 1    Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 8:03PM  
Then Creative Work - Siddha Yoga

2

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Washington DC

Kumbha Rasi: 11.37    Tihti 18

**Gulika** 2:01PM – 3:47PM  
Yama 10:28AM – 12:14PM  
Rahu 6:54AM – 8:41AM

**Shatabhishak** Until 10:32PM  
Sobhana Until 3:58AM Tue  
Vanija Until 9:19AM  
Tritiya Until 10:17PM

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada\*Adi**

*Sunrise:* 5:08AM  
*Sunset:* 7:21PM

Sun 2    Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 10:32PM  
Then Routine Work - Marana Yoga

3

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Washington DC

Kumbha Rasi: 23.41    Tihti 19

**Gulika** 12:14PM – 2:01PM  
Yama 8:41AM – 10:28AM  
Rahu 3:47PM – 5:33PM

**Purvaprossthapada\*** Until 12:57AM We  
Athiganda\* Until 4:14AM Wed  
Bava Until 11:11AM  
Chaturthi\* Until 11:56PM

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada\*Adi**

*Sunrise:* 5:09AM  
*Sunset:* 7:20PM

Sun 3    Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 12:57AM Wed  
Then Creative Work - Siddha Yoga

4

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Washington DC

Meena Rasi: 5.55    Tihti 20

**Gulika** 10:28AM – 12:14PM  
Yama 6:56AM – 8:42AM  
Rahu 12:14PM – 2:00PM

**Uttaraprossthapada** Until 2:43AM Thu  
Sukarma Until 4:07AM Thu  
Kaulava Until 12:36PM  
Panchami Until 1:06AM Thu

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada\*Adi**

*Sunrise:* 5:10AM  
*Sunset:* 7:19PM

Sun 4    Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

5

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Washington DC

Meena Rasi: 18.22    Tihti 21

**Gulika** 8:42AM – 10:28AM  
Yama 5:10AM – 6:56AM  
Rahu 2:00PM – 3:46PM

**Revati** Until 3:46AM Fri  
Dhriti Until 3:34AM Fri  
Gara Until 1:29PM  
Shashthi\* Until 1:41AM Fri

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada\*Adi**

*Sunrise:* 5:10AM  
*Sunset:* 7:18PM

Sun 5    Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 3:46AM Fri  
Then Creative Work - Amrita Yoga

6

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Washington DC

Mesha Rasi: 1.06    Tihti 22

**Gulika** 6:57AM – 8:43AM  
Yama 3:45PM – 5:31PM  
Rahu 10:28AM – 12:14PM

**Ashvini** Until 4:30AM Sat  
Shula\* Until 2:28AM Sat  
Visti Until 1:45PM  
Saptami Until 1:37AM Sat

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada\*Adi**

*Sunrise:* 5:11AM  
*Sunset:* 7:17PM

Sun 6    Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Sivaloka Day**

Creative Work    Amrita Yoga  
Until 4:30AM Sat  
Then Creative Work - Siddha Yoga

Retreat Star

Saturday, August 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Washington DC

Mesha Rasi: 14.09    Tihti 23

**Gulika** 5:12AM – 6:58AM  
Yama 1:59PM – 3:45PM  
Rahu 8:43AM – 10:28AM

**Bharani** Until 4:24AM Sun  
Ganda\* Until 12:50AM Sun  
Balava Until 1:21PM  
Ashtami\* Until 12:53AM Sun

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada\*Adi**

*Sunrise:* 5:12AM  
*Sunset:* 7:16PM

Sun 7    Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

**Sivaloka Day**

Creative Work    Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Washington DC

Mesha Rasi: 27.34    Tihti 24

**Gulika** 3:44PM – 5:29PM  
Yama 12:14PM – 1:59PM  
Rahu 5:29PM – 7:14PM

**Krittika** Until 3:29AM Mon  
Vridhhi Until 10:41PM  
Taitila Until 12:16PM  
Navami\* Until 11:28PM

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada\*Adi**

*Sunrise:* 5:13AM  
*Sunset:* 7:14PM

Sun 8    Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 3:29AM Mon  
Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

|                                  |  |                               |  |                               |   |                        |                        |  |  |
|----------------------------------|--|-------------------------------|--|-------------------------------|---|------------------------|------------------------|--|--|
| <b>1</b>                         |  | <b>Monday, August 6, 2018</b> |  |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau |                        |                        | Washington DC<br>Sun 9 Sutra 113<br>Vilamba 5120 |  |
| Vrishabha Rasi: 11.22            |  | Tithi 25                      |  | <b>Gulika</b> 1:59PM – 3:44PM | <b>Rohini</b> Until 2:13AM Tue  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 5:14AM |  |  |
| Family Home Evening              |  | 434342362                     |  | Yama 10:29AM – 12:14PM        | Dhruva Until 7:57PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:13PM  | Moon 7 - Phase 16                                |  |
| Creative Work Amrita Yoga        |  |                               |  | <b>Rahu</b> 6:59AM – 8:44AM   | Vanija Until 7:70AM Tue   | <b>Nataraja:</b> Clear |                        | 2nd Phase  |  |
| Until 2:13AM Tue                 |  |                               |  |                               | <b>Dashami</b> Until 10:41PM  | Moon – Yellow          |                        | <b>Devaloka Day</b>                              |  |
| Then Creative Work - Siddha Yoga |  |                               |  |                               |   | <b>Ashada•Adi</b>      |                        |  |  |

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| <b>2</b>                  |  | <b>Tuesday, August 7, 2018</b> |  |                                | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau |                        |                        | Washington DC<br>Sun 10 Sutra 114<br>Vilamba 5120 |  |
| Vrishabha Rasi: 25.35     |  | Tithi 26                       |  | <b>Gulika</b> 12:14PM – 1:58PM | <b>Mrigashira</b> Until 12:16AM Wed   | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 5:15AM |   |  |
| Creative Work Siddha Yoga |  | 434342362                      |  | Yama 8:44AM – 10:29AM          | Vyaghata* Until 4:47PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:12PM  | Moon 7 - Phase 16                                 |  |
|                           |  |                                |  | <b>Rahu</b> 3:43PM – 5:28PM    | Bava Until 8:10AM   | <b>Nataraja:</b> Clear |                        | 2nd Phase   |  |
|                           |  |                                |  |                                | <b>Ekadashi*</b> Until 6:46PM   | Moon – Yellow          |                        | <b>Devaloka Day</b>                               |  |
|                           |  |                                |  |                                |   | <b>Ashada•Adi</b>      |                        |   |  |

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| <b>3</b>                  |  | <b>Wednesday, August 8, 2018</b> |  |                                 | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                                 |                        | Washington DC<br>Sun 11 Sutra 115<br>Vilamba 5120 |  |
| Mithuna Rasi: 10.1        |  | Tithi 27 – 28                    |  | <b>Gulika</b> 10:29AM – 12:13PM | <b>Ardra</b> Until 9:45PM   | <b>Ganesh:</b> Purple           | <i>Sunrise:</i> 5:16AM |   |  |
| Creative Work Siddha Yoga |  | 434342362                        |  | Yama 7:00AM – 8:45AM            | Harshana Until 1:13PM   | <b>Muruga:</b> Clear            | <i>Sunset:</i> 7:11PM  | Moon 7 - Phase 16                                 |  |
|                           |  |                                  |  | <b>Rahu</b> 12:13PM – 1:58PM    | Gara Until 2:00AM Thu   | <b>Nataraja:</b> Clear          |                        | 2nd Phase   |  |
|                           |  |                                  |  |                                 | <b>Dvadashi*</b> Until 3:40PM   | Moon – Yellow                   |                        | <b>Devaloka Day</b>                               |  |
|                           |  |                                  |  |                                 |   | <b>Ashada•Adi</b>               |                        |   |  |
|                           |  |                                  |  |                                 |   | <i>Pradosha Vrata (Fasting)</i> |                        |   |  |

|                           |  |                                 |  |                                |  |                           |                        |   |  |
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| <b>4</b>                  |  | <b>Thursday, August 9, 2018</b> |  |                                | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                           |                        | Washington DC<br>Sun 12 Sutra 116<br>Vilamba 5120 |  |
| Mithuna Rasi: 25.03       |  | Tithi 28 – 29                   |  | <b>Gulika</b> 8:45AM – 10:29AM | <b>Punarvasu</b> Until 7:12PM  | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 5:17AM |   |  |
| Creative Work Amrita Yoga |  | 444342362                       |  | Yama 5:17AM – 7:01AM           | Vajra* Until 9:21AM  | <b>Muruga:</b> Clear      | <i>Sunset:</i> 7:10PM  | Moon 7 - Phase 16                                 |  |
|                           |  |                                 |  | <b>Rahu</b> 1:57PM – 3:42PM    | Visti Until 10:28PM  | <b>Nataraja:</b> Clear    |                        | 2nd Phase   |  |
|                           |  |                                 |  |                                | <b>Trayodashi*</b> Until 12:14PM   | Moon – Blue               |                        | <b>Devaloka Day</b>                               |  |
|                           |  |                                 |  |                                |  | <b>Ashada•Adi</b>         |                        |   |  |

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|  |  | <b>Friday, August 10, 2018</b> |  |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vyalipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                           |                        | Washington DC<br>Sun 13 Sutra 117<br>Vilamba 5120 |  |
| <b>Retreat Star</b>   |  | Kataka Rasi: 10.07             |  | <b>Gulika</b> 7:01AM – 8:45AM | <b>Pushya</b> Until 4:22PM  | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 5:18AM |   |  |
|   |  | Tithi 29 – 30                  |  | Yama 3:41PM – 5:25PM          | Vyatipata* Until 1:12AM Sat   | <b>Muruga:</b> Clear      | <i>Sunset:</i> 7:09PM  | Moon 7 - Phase 16                                 |  |
| Routine Work Marana Yoga  |  | 444342362                      |  | <b>Rahu</b> 10:29AM – 12:13PM | Catuspada Until 6:48PM  | <b>Nataraja:</b> Clear    |                        | Amavasya  |  |
|   |  |                                |  |                               | <b>Chaturdashi*</b> Until 8:37AM  | Moon – Blue               |                        | <b>Devaloka Day</b>                               |  |
|   |  |                                |  |                               |   | <b>Ashada•Adi</b>         |                        |   |  |

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| <b>Retreat Star</b>              |  | <b>Saturday, August 11, 2018</b> |  |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna* Karana Prathamayam Titau |                        |                        | Washington DC<br>Sun 14 Sutra 118<br>Vilamba 5120 |  |
| Kataka Rasi: 25.14               |  | Tithi 1                          |  | <b>Gulika</b> 5:18AM – 7:02AM | <b>Ashlesha*</b> Until 1:25PM  | <b>Ganesh:</b> Orange  | <i>Sunrise:</i> 5:18AM |   |  |
| Routine Work Marana Yoga         |  | 445342362                        |  | Yama 1:57PM – 3:40PM          | Variyan Until 9:10PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:08PM  | Moon 7 - Phase 16                                 |  |
| Until 1:25PM                     |  |                                  |  | <b>Rahu</b> 8:46AM – 10:29AM  | Kintughna Until 3:10PM   | <b>Nataraja:</b> Clear |                        | Prathama  |  |
| Then Creative Work - Amrita Yoga |  |                                  |  |                               | <b>Prathama*</b> Until 1:24AM Sun  | Moon – Blue            |                        | <b>Sivaloka Day</b>                               |  |
|                                  |  |                                  |  | <b>Partial Solar Eclipse</b>  |  | <b>Sravana•Adi</b>     |                        |   |  |

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| <b>1 Sunday, August 12, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau |                              |                        |                        | Washington DC<br>Sun 15 Sutra 119<br>Vilamba 5120 |
| Simha Rasi: 10.16                | Tithi 2     | <b>Gulika</b> 3:40PM – 5:23PM  | <b>Magha* Until 10:56AM</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:19AM |   |
|                                  |             | Yama 12:13PM – 1:56PM  | Parigha* Until 5:19PM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:06PM  | Moon 7 - Phase 17                                 |
|                                  |             | 455342362 <b>Rahu</b> 5:23PM – 7:06PM  | Balava Until 11:44AM         | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Routine Work                     | Marana Yoga |  | <b>Dvitiya Until 10:07PM</b> | Moon – Red             |                        | <b>Sivaloka Day</b>                               |
| Until 10:56AM                    |             |  |                              | <b>Sravana-Adi</b>     |                        |   |
| Then Creative Work - Siddha Yoga |             |  |                              |                        |                        |   |

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| <b>2 Monday, August 13, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Tritiyayam Titau |                                   |                        |                        | Washington DC<br>Sun 16 Sutra 120<br>Vilamba 5120 |
| Simha Rasi: 25.03                | Tithi 3     | <b>Gulika</b> 1:56PM – 3:39PM   | <b>Purvaphalguni Until 8:38AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:20AM |   |
| <b>Family Home Evening</b>       |             | Yama 10:30AM – 12:13PM  | Shiva Until 1:49PM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:05PM  | Moon 7 - Phase 17                                 |
|                                  |             | 455342362 <b>Rahu</b> 7:03AM – 8:46AM   | Tailila Until 8:39AM              | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                    | Siddha Yoga |   | <b>Tritiya Until 7:16PM</b>       | Moon – Red             |                        | <b>Sivaloka Day</b>                               |
|                                  |             |   |                                   | <b>Sravana-Adi</b>     |                        |   |

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| <b>3 Tuesday, August 14, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau |                                    |                        |                        | Washington DC<br>Sun 17 Sutra 121<br>Vilamba 5120 |
| Kanya Rasi: 9.29                  | Tithi 4 – 5 | <b>Gulika</b> 12:12PM – 1:55PM   | <b>Uttaraphalguni Until 6:42AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:21AM |   |
|                                   |             | Yama 8:47AM – 10:30AM  | Siddha Until 10:44AM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:04PM  | Moon 7 - Phase 17                                 |
|                                   |             | 455342362 <b>Rahu</b> 3:38PM – 5:21PM  | Vanija Until 6:03AM                | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                     | Amrita Yoga |  | <b>Chaturthi* Until 4:58PM</b>     | Moon – Red             |                        | <b>Sivaloka Day</b>                               |
| Until 6:42AM                      |             |  |                                    | <b>Sravana-Adi</b>     |                        |   |
| Then Creative Work - Siddha Yoga  |             |  |                                    |                        |                        |   |

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| <b>4 Wednesday, August 15, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                |                        |                        | Washington DC<br>Sun 18 Sutra 122<br>Vilamba 5120 |
| Kanya Rasi: 23.3                    | Tithi 5 – 6 | <b>Gulika</b> 10:30AM – 12:12PM   | <b>Chitra Until 5:17AM Thu</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:22AM |   |
|                                     |             | Yama 7:05AM – 8:47AM  | Sadhya Until 8:12AM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:02PM  | Moon 7 - Phase 17                                 |
|                                     |             | 465342362 <b>Rahu</b> 12:12PM – 1:55PM  | Kaulava Until 2:52AM Thu       | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                       | Siddha Yoga |   | <b>Panchami Until 3:22PM</b>   | Moon – Green           |                        | <b>Subha Sivaloka Day</b>                         |
| Until 5:17AM Thu                    |             | <b>Nag Panchami</b>   |                                | <b>Sravana-Adi</b>     |                        |   |
| Then Creative Work - Amrita Yoga    |             |   |                                |                        |                        |   |

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| <b>5 Thursday, August 16, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau |                               |                        |                        | Washington DC<br>Sun 19 Sutra 123<br>Vilamba 5120 |
| Tula Rasi: 7.04                    | Tithi 6 – 7 | <b>Gulika</b> 8:47AM – 10:30AM  | <b>Svati Until 5:30AM Fri</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:23AM |   |
|                                    |             | Yama 5:23AM – 7:05AM  | Subha Until 6:17AM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:01PM  | Moon 7 - Phase 17                                 |
|                                    |             | 465342362 <b>Rahu</b> 1:54PM – 3:37PM   | Gara Until 2:26AM Fri         | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                      | Amrita Yoga |   | <b>Shashthi* Until 2:32PM</b> | Moon – Green           |                        | <b>Subha Sivaloka Day</b>                         |
| Until 5:30AM Fri                   |             |   |                               | <b>Sravana-Avani</b>   |                        |   |
| Then Creative Work - Siddha Yoga   |             |   |                               |                        |                        |   |

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| <b>Friday, August 17, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                  |                        |                        | Washington DC<br>Sun 20 Sutra 124<br>Vilamba 5120 |
| <b>Retreat Star</b>            |             | <b>Gulika</b> 7:06AM – 8:48AM  | <b>Vishakha Until 6:49AM Sat</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:24AM |   |
| Tula Rasi: 20.1                | Tithi 7 – 8 | Yama 3:36PM – 5:18PM   | Brahma Until 4:21AM Sat          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:00PM  | Moon 7 - Phase 17                                 |
|                                |             | 575342362 <b>Rahu</b> 10:30AM – 12:12PM  | Visti Until 2:50AM Sat           | <b>Nataraja:</b> Clear |                        | Ashtami   |
| Creative Work                  | Siddha Yoga |  | <b>Saptami Until 2:31PM</b>      | Moon – Orange          |                        | <b>Subha Sivaloka Day</b>                         |
|                                |             |  |                                  | <b>Sravana-Avani</b>   |                        |   |

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| <b>Saturday, August 18, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                              |                        |                        | Washington DC<br>Sun 21 Sutra 125<br>Vilamba 5120 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 5:25AM – 7:06AM   | <b>Vishakha Until 6:49AM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:25AM |   |
| Vrischika Rasi: 2.53             | Tithi 8 – 9 | Yama 1:53PM – 3:35PM  | Indra Until 4:18AM Sun       | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:59PM  | Moon 7 - Phase 17                                 |
|                                  |             | 575342362 <b>Rahu</b> 8:48AM – 10:30AM  | Balava Until 3:58AM Sun      | <b>Nataraja:</b> Clear |                        | Navami  |
| Creative Work                    | Siddha Yoga |   | <b>Ashtami* Until 3:17PM</b> | Moon – Orange          |                        | <b>Subha Sivaloka Day</b>                         |
|                                  |             |   |                              | <b>Sravana-Avani</b>   |                        |   |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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| <b>1 Sunday, August 19, 2018</b> |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                    |                        |                        | Washington DC<br>Sun 22 Sutra 126<br>Vilamba 5120 |
| Vrischika Rasi: 15.17            | Tithi 9 – 10 | <b>Gulika</b> 3:34PM – 5:16PM   | <b>Anuradha</b> Until 8:42AM       | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:26AM |   |
|                                  |              | <b>Yama</b> 12:11PM – 1:53PM  | <b>Vaidhriti*</b> Until 4:42AM Mon | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:57PM  | Moon 7 - Phase 18                                 |
|                                  |              | <b>Rahu</b> 5:16PM – 6:57PM   | <b>Taitila</b> Until 5:44AM Mon    | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Routine Work                     | Marana Yoga  |   | <b>Navami*</b> Until 4:45PM        | Moon – Orange          |                        | <b>Sivaloka Day</b>                               |
|                                  |              |   |                                    | <b>Sravana-Avani</b>   |                        |   |

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| <b>2 Monday, August 20, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara Karana Dashamyam Titau |                                     |                        |                        | Washington DC<br>Sun 23 Sutra 127<br>Vilamba 5120 |
| Vrischika Rasi: 27.25            | Tithi 10    | <b>Gulika</b> 1:52PM – 3:33PM  | <b>Jyeshtha*</b> Until 11:00AM      | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:26AM |   |
| <b>Family Home Evening</b>       |             | <b>Yama</b> 10:30AM – 12:11PM  | <b>Vishkambha*</b> Until 5:29AM Tue | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:56PM  | Moon 7 - Phase 18                                 |
|                                  |             | <b>Rahu</b> 7:08AM – 8:49AM  | <b>Gara</b> Until 6:47PM            | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work                    | Siddha Yoga |  | <b>Dashami</b> Until 6:47PM         | Moon – Orange          |                        | <b>Sivaloka Day</b>                               |
|                                  |             |  |                                     | <b>Sravana-Avani</b>   |                        |   |

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| <b>3 Tuesday, August 21, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau |                               |                        |                        | Washington DC<br>Sun 24 Sutra 128<br>Vilamba 5120 |
| Dhanus Rasi: 9.21                 | Tithi 11    | <b>Gulika</b> 12:11PM – 1:52PM   | <b>Mula*</b> Until 2:02PM     | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:27AM |   |
|                                   |             | <b>Yama</b> 8:49AM – 10:30AM   | <b>Priti</b> Until 6:31AM Wed | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:54PM  | Moon 7 - Phase 18                                 |
|                                   |             | <b>Rahu</b> 3:33PM – 5:14PM  | <b>Vanija</b> Until 7:58AM    | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work                     | Amrita Yoga |  | <b>Ekadashi</b> Until 9:11PM  | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                               |
| Until 2:02PM                      |             |  |                               | <b>Sravana-Avani</b>   |                        |   |
| Then Creative Work - Siddha Yoga  |             |  |                               |                        |                        |   |

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| <b>4 Wednesday, August 22, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvodashyam Titau |                                  |                        |                        | Washington DC<br>Sun 25 Sutra 129<br>Vilamba 5120 |
| Dhanus Rasi: 21.11                  | Tithi 12    | <b>Gulika</b> 10:30AM – 12:11PM  | <b>Purvashadha*</b> Until 5:08PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:28AM |   |
|                                     |             | <b>Yama</b> 7:09AM – 8:49AM  | <b>Priti</b> Until 6:31AM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:53PM  | Moon 7 - Phase 18                                 |
|                                     |             | <b>Rahu</b> 12:11PM – 1:51PM   | <b>Bava</b> Until 10:29AM        | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work                       | Amrita Yoga |  | <b>Dvodashi</b> Until 11:46PM    | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                               |
|                                     |             |  |                                  | <b>Sravana-Avani</b>   |                        |   |

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| <b>5 Thursday, August 23, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                  |                        |                        | Washington DC<br>Sun 26 Sutra 130<br>Vilamba 5120 |
| Makara Rasi: 2.58                  | Tithi 13    | <b>Gulika</b> 8:50AM – 10:30AM   | <b>Uttarashadha</b> Until 8:07PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:29AM |   |
|                                    |             | <b>Yama</b> 5:29AM – 7:09AM  | <b>Ayushman</b> Until 7:35AM     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:52PM  | Moon 7 - Phase 18                                 |
|                                    |             | <b>Rahu</b> 1:51PM – 3:31PM  | <b>Kaulava</b> Until 15:38AM Fri | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Routine Work                       | Marana Yoga |  | <b>Trayodashi</b> Until 6:31AM   | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                               |
| Until 8:07PM                       |             | <b>Chidambaram Abhishekam</b>  |                                  | <b>Sravana-Avani</b>   |                        |   |
| Then Creative Work - Siddha Yoga   |             |  | <i>Pradosha Vrata</i>            |                        |                        |   |

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| <b>6 Friday, August 24, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                        |                        | Washington DC<br>Sun 27 Sutra 131<br>Vilamba 5120 |
| Makara Rasi: 14.46               | Tithi 14    | <b>Gulika</b> 7:10AM – 8:50AM   | <b>Shravana</b> Until 11:19PM        | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:30AM |   |
|                                  |             | <b>Yama</b> 3:30PM – 5:10PM   | <b>Saubhagya</b> Until 8:39AM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:50PM  | Moon 7 - Phase 18                                 |
|                                  |             | <b>Rahu</b> 10:30AM – 12:10PM   | <b>Gara</b> Until 3:38PM             | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Routine Work                     | Marana Yoga |   | <b>Chaturdashi*</b> Until 4:49AM Sat | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                         |
| Until 11:19PM                    |             | <b>Varalakshmi Vratam</b>   |                                      | <b>Sravana-Avani</b>   |                        |   |
| Then Creative Work - Siddha Yoga |             |   |                                      |                        |                        |   |

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| <b>○ Saturday, August 25, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau |                                    |                        |                        | Washington DC<br>Sun 27 Sutra 132<br>Vilamba 5120 |
| <b>Copper Retreat Star</b>         |             | <b>Gulika</b> 5:31AM – 7:11AM   | <b>Dhanishtha</b> Until 2:07AM Sun | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:31AM |   |
| Makara Rasi: 26.38                 | Tithi 15    | <b>Yama</b> 1:50PM – 3:29PM   | <b>Sobhana</b> Until 9:36AM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:49PM  | Moon 7 - Phase 18                                 |
|                                    |             | <b>Rahu</b> 8:50AM – 10:30AM  | <b>Visti</b> Until 5:58PM          | <b>Nataraja:</b> Clear |                        | Purnima   |
| Creative Work                      | Siddha Yoga |   | <b>Purnima*</b> Until 6:59AM Sun   | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                         |
|                                    |             | <b>Avani Avittam</b>  |                                    | <b>Sravana-Avani</b>   |                        |   |

|                                 |               |  |                                      |                        |                        |   |
|---------------------------------|---------------|--|--------------------------------------|------------------------|------------------------|---|
| <b>Sunday, August 26, 2018</b>  |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                      |                        |                        | Washington DC<br>Sun 28 Sutra 133<br>Vilamba 5120 |
| <b>Silver Retreat Star</b>      |               | <b>Gulika</b> 3:28PM – 5:08PM  | <b>Shatabhishak</b> Until 4:25AM Mon | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:32AM |   |
| Kumbha Rasi: 9                  | Tithi 15 – 16 | <b>Yama</b> 12:10PM – 1:49PM   | <b>Athiganda*</b> Until 10:17AM      | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:47PM  | Moon 7 - Phase 18                                 |
|                                 |               | <b>Rahu</b> 5:08PM – 6:47PM  | <b>Balava</b> Until 7:58PM           | <b>Nataraja:</b> Clear |                        | Prathama  |
| Creative Work                   | Siddha Yoga   |  | <b>Purnima*</b> Until 6:59AM         | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                         |
| Until 4:25AM Mon                |               |  |                                      | <b>Sravana-Avani</b>   |                        |   |
| Then Routine Work - Marana Yoga |               |  |                                      |                        |                        |   |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





**Monday, August 27, 2018**

**Gold Retreat Star**

Kumbha Rasi: 20.43    Tihti 16 – 17

**Family Home Evening**

517442363

Routine Work    Marana Yoga

Until 10:12AM Tue

Then Creative Work - Amrita Yoga

**Gulika**

1:48PM – 3:28PM

**Yama**

10:30AM – 12:09PM

**Rahu**

7:12AM – 8:51AM

**Purvaprossthapada\* Until 10:12AM Tue**

**Sukarma Until 10:43AM**

**Taitila Until 9:35PM**

**Prathama\* Until 8:48AM**

**Ganesha:** White

*Sunrise:* 5:33AM

**Muruga:** Clear

*Sunset:* 6:46PM

**Nataraja:** Purple

**Moon** – Clear

**Sravana-Avani**

**Sivaloka Day**

Washington DC

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

**1**

**Tuesday, August 28, 2018**

Meena Rasi: 2.59    Tihti 17 – 18

Routine Work    Marana Yoga

Until 10:12AM

Then Creative Work - Amrita Yoga

**Gulika**

12:09PM – 1:48PM

**Yama**

8:51AM – 10:30AM

**Rahu**

3:27PM – 5:06PM

**Purvaprossthapada\* Until 10:12AM**

**Dhriti Until 10:50AM**

**Vanija Until 10:46PM**

**Dvitiya Until 10:12AM**

**Ganesha:** Clear

*Sunrise:* 5:34AM

**Muruga:** Purple

*Sunset:* 6:44PM

**Nataraja:** Purple

**Moon** – Clear

**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Washington DC

Sun 1    Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

**2**

**Wednesday, August 29, 2018**

Meena Rasi: 15.27    Tihti 18 – 19

Creative Work    Siddha Yoga

Until 8:18AM

Then Routine Work - Marana Yoga

**Gulika**

10:30AM – 12:09PM

**Yama**

7:13AM – 8:52AM

**Rahu**

12:09PM – 1:47PM

**Uttaraprossthapada Until 8:18AM**

**Shula\* Until 10:34AM**

**Bava Until 11:30PM**

**Tritiya Until 11:10AM**

**Ganesha:** Clear

*Sunrise:* 5:34AM

**Muruga:** Purple

*Sunset:* 6:43PM

**Nataraja:** Purple

**Moon** – Clear

**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Washington DC

Sun 2    Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

**3**

**Thursday, August 30, 2018**

Meena Rasi: 28.07    Tihti 19 – 20

Creative Work    Siddha Yoga

Until 9:21AM

Then Creative Work - Amrita Yoga

**Gulika**

8:52AM – 10:30AM

**Yama**

5:35AM – 7:14AM

**Rahu**

1:47PM – 3:25PM

**Revati Until 9:21AM**

**Ganda\* Until 9:58AM**

**Kaulava Until 11:47PM**

**Chaturthi\* Until 11:41AM**

**Ganesha:** Clear

*Sunrise:* 5:35AM

**Muruga:** Purple

*Sunset:* 6:41PM

**Nataraja:** Purple

**Moon** – Clear

**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Washington DC

Sun 3    Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

**4**

**Friday, August 31, 2018**

Mesha Rasi: 11.01    Tihti 20 – 21

Creative Work    Amrita Yoga

Until 10:16AM

Then Creative Work - Siddha Yoga

**Gulika**

7:14AM – 8:52AM

**Yama**

3:24PM – 5:02PM

**Rahu**

10:30AM – 12:08PM

**Ashvini Until 10:16AM**

**Vridhhi Until 9:01AM**

**Gara Until 11:35PM**

**Panchami Until 11:43AM**

**Ganesha:** Purple

*Sunrise:* 5:36AM

**Muruga:** Purple

*Sunset:* 6:40PM

**Nataraja:** Purple

**Moon** – White

**Sravana-Avani**

**Bhuloka Day**

Washington DC

Sun 4    Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

**5**

**Saturday, September 1, 2018**

Mesha Rasi: 24.08    Tihti 21 – 22

Creative Work    Siddha Yoga

Until 10:32AM

Then Creative Work - Amrita Yoga

**Gulika**

5:37AM – 7:15AM

**Yama**

1:45PM – 3:23PM

**Rahu**

8:52AM – 10:30AM

**Bharani Until 10:32AM**

**Dhruva Until 7:40AM**

**Visti Until 10:53PM**

**Shashthi\* Until 11:17AM**

**Ganesha:** Purple

*Sunrise:* 5:37AM

**Muruga:** Purple

*Sunset:* 6:38PM

**Nataraja:** Purple

**Moon** – White

**Sravana-Avani**

**Bhuloka Day**

Washington DC

Sun 5    Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

**D**

**Sunday, September 2, 2018**

**Retreat Star**

Vrisabha Rasi: 7.32    Tihti 22 – 23

Creative Work    Siddha Yoga

**Gulika**

3:22PM – 5:00PM

**Yama**

12:07PM – 1:45PM

**Rahu**

5:00PM – 6:37PM

**Krittika Until 10:11AM**

**Harshana Until 3:47AM Mon**

**Balava Until 9:41PM**

**Saptami Until 10:20AM**

**Ganesha:** Purple

*Sunrise:* 5:38AM

**Muruga:** Purple

*Sunset:* 6:37PM

**Nataraja:** Purple

**Moon** – White

**Sravana-Avani**

**Bhuloka Day**

**Krishna Janmashtami**

Washington DC

Sun 6    Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

**Monday, September 3, 2018**

**Retreat Star**

Vrisabha Rasi: 21.14    Tihti 23 – 24

**Family Home Evening**

538452363

Creative Work    Amrita Yoga

**Gulika**

1:44PM – 3:21PM

**Yama**

10:30AM – 12:07PM

**Rahu**

7:16AM – 8:53AM

**Rohini Until 9:36AM**

**Vajra\* Until 1:12AM Tue**

**Taitila Until 8:00PM**

**Ashtami\* Until 8:53AM**

**Ganesha:** White

*Sunrise:* 5:39AM

**Muruga:** Purple

*Sunset:* 6:35PM

**Nataraja:** Purple

**Moon** – Yellow

**Sravana-Avani**

**Devaloka Day**

Washington DC

Sun 7    Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

|                                 |               |                                   |                  |                                 |                         |  |  |  |  |
|---------------------------------|---------------|-----------------------------------|------------------|---------------------------------|-------------------------|--|--|--|--|
| <b>1</b>                        |               | <b>Tuesday, September 4, 2018</b> |                  |                                 |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visti* Karana Navami/Dashmyam Titau |  | Washington DC<br>Sun 8 Sutra 142<br>Vilamba 5120 |  |
| Mithuna Rasi: 5.14              | Tithi 24 – 25 | <b>Gulika</b>                     | 12:07PM – 1:44PM | <b>Mrigashira Until 8:24AM</b>  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:40AM   |  |  |  |
|                                 |               | Yama                              | 8:53AM – 10:30AM | Siddhi Until 10:16PM            | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:34PM  |  | Moon 8 - Phase 20                                |  |
|                                 |               | 538452363 <b>Rahu</b>             | 3:20PM – 4:57PM  | Visti Until 5:49PM              | <b>Nataraja:</b> Purple |  |  | 2nd Phase  |  |
| Creative Work                   | Siddha Yoga   |                                   |                  | <b>Navami* Until 1:12AM Tue</b> | Moon – Yellow           |  |  | <b>Devaloka Day</b>                              |  |
| Until 8:24AM                    |               |                                   |                  |                                 | <b>Sravana-Avani</b>    |  |  |  |  |
| Then Routine Work - Marana Yoga |               |                                   |                  |                                 |                         |  |  |  |  |

|                     |             |                                     |                   |                                   |                         |  |  |  |  |
|---------------------|-------------|-------------------------------------|-------------------|-----------------------------------|-------------------------|--|--|--|--|
| <b>2</b>            |             | <b>Wednesday, September 5, 2018</b> |                   |                                   |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau |  | Washington DC<br>Sun 9 Sutra 143<br>Vilamba 5120 |  |
| Mithuna Rasi: 19.32 | Tithi 26    | <b>Gulika</b>                       | 10:30AM – 12:06PM | <b>Ardra Until 6:37AM</b>         | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:41AM   |  |  |  |
|                     |             | Yama                                | 7:17AM – 8:53AM   | Vyatipata* Until 7:00PM           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:32PM  |  | Moon 8 - Phase 20                                |  |
|                     |             | 538452363 <b>Rahu</b>               | 12:06PM – 1:43PM  | Bava Until 3:13PM                 | <b>Nataraja:</b> Purple |  |  | 2nd Phase  |  |
| Creative Work       | Siddha Yoga |                                     |                   | <b>Ekadashi* Until 1:46AM Thu</b> | Moon – Yellow           |  |  | <b>Devaloka Day</b>                              |  |
|                     |             |                                     |                   |                                   | <b>Sravana-Avani</b>    |  |  |  |  |

|                                 |             |                                    |                  |                                |                         |  |  |   |  |
|---------------------------------|-------------|------------------------------------|------------------|--------------------------------|-------------------------|--|--|---|--|
| <b>3</b>                        |             | <b>Thursday, September 6, 2018</b> |                  |                                |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau |  | Washington DC<br>Sun 10 Sutra 144<br>Vilamba 5120 |  |
| Kataka Rasi: 4.06               | Tithi 27    | <b>Gulika</b>                      | 8:54AM – 10:30AM | <b>Pushya Until 2:24AM Fri</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:41AM   |  |   |  |
|                                 |             | Yama                               | 5:41AM – 7:18AM  | Variyan Until 3:27PM           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:31PM  |  | Moon 8 - Phase 20                                 |  |
|                                 |             | 548452363 <b>Rahu</b>              | 1:42PM – 3:18PM  | Kaulava Until 12:17PM          | <b>Nataraja:</b> Purple |  |  | 2nd Phase   |  |
| Creative Work                   | Amrita Yoga |                                    |                  | <b>Dvadashi* Until 10:42PM</b> | Moon – Blue             |  |  | <b>Bhuloka Day</b>                                |  |
| Until 2:24AM Fri                |             |                                    |                  |                                | <b>Sravana-Avani</b>    |  |  | Devaloka Time: 9:AM to12:PM                       |  |
| Then Routine Work - Marana Yoga |             |                                    |                  |                                |                         |  |  |   |  |

|                    |             |                                  |                   |                                 |                                 |  |  |   |  |
|--------------------|-------------|----------------------------------|-------------------|---------------------------------|---------------------------------|--|--|---|--|
| <b>4</b>           |             | <b>Friday, September 7, 2018</b> |                   |                                 |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau |  | Washington DC<br>Sun 11 Sutra 145<br>Vilamba 5120 |  |
| Kataka Rasi: 18.52 | Tithi 28    | <b>Gulika</b>                    | 7:18AM – 8:54AM   | <b>Ashlesha* Until 11:49PM</b>  | <b>Ganesha:</b> Yellow          | <i>Sunrise:</i> 5:42AM   |  |   |  |
|                    |             | Yama                             | 3:17PM – 4:53PM   | Parigha* Until 11:43AM          | <b>Muruga:</b> Purple           | <i>Sunset:</i> 6:29PM  |  | Moon 8 - Phase 20                                 |  |
|                    |             | 548452363 <b>Rahu</b>            | 10:30AM – 12:06PM | Gara Until 9:07AM               | <b>Nataraja:</b> Purple         |  |  | 2nd Phase   |  |
| Routine Work       | Marana Yoga |                                  |                   | <b>Trayodashi* Until 7:28PM</b> | Moon – Blue                     |  |  | <b>Bhuloka Day</b>                                |  |
|                    |             |                                  |                   |                                 | <b>Sravana-Avani</b>            |  |  | Devaloka Time: 9:AM to12:PM                       |  |
|                    |             |                                  |                   |                                 | <i>Pradosha Vrata (Fasting)</i> |  |  |   |  |

|                                  |               |                                    |                  |                                  |                         |  |  |   |  |
|----------------------------------|---------------|------------------------------------|------------------|----------------------------------|-------------------------|--|--|---|--|
| <b>5</b>                         |               | <b>Saturday, September 8, 2018</b> |                  |                                  |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |  | Washington DC<br>Sun 12 Sutra 146<br>Vilamba 5120 |  |
| Simha Rasi: 3.44                 | Tithi 29 – 30 | <b>Gulika</b>                      | 5:43AM – 7:19AM  | <b>Magha* Until 9:28PM</b>       | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:43AM   |  |   |  |
|                                  |               | Yama                               | 1:41PM – 3:17PM  | Shiva Until 9:28PM               | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:28PM  |  | Moon 8 - Phase 20                                 |  |
|                                  |               | 558452363 <b>Rahu</b>              | 8:54AM – 10:30AM | Naga Until 1:00PM                | <b>Nataraja:</b> Purple |  |  | 2nd Phase   |  |
| Creative Work                    | Amrita Yoga   |                                    |                  | <b>Chaturdashi* Until 4:11PM</b> | Moon – Red              |  |  | <b>Bhuloka Day</b>                                |  |
| Until 9:28PM                     |               |                                    |                  |                                  | <b>Sravana-Avani</b>    |  |  | Devaloka Time: 9:AM to12:PM                       |  |
| Then Creative Work - Siddha Yoga |               |                                    |                  |                                  |                         |  |  |   |  |

|                                  |              |                                  |                  |                                   |                         |   |  |   |  |
|----------------------------------|--------------|----------------------------------|------------------|-----------------------------------|-------------------------|---|--|---|--|
| <b>●</b>                         |              | <b>Sunday, September 9, 2018</b> |                  |                                   |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Sadhya Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau |  | Washington DC<br>Sun 13 Sutra 147<br>Vilamba 5120 |  |
| <b>Retreat Star</b>              |              | <b>Gulika</b>                    | 3:16PM – 4:51PM  | <b>Purvaphalguni Until 7:08PM</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:44AM  |  |   |  |
| Simha Rasi: 18.35                | Tithi 30 – 1 | Yama                             | 12:05PM – 1:40PM | Sadhya Until 7:08PM               | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:26PM   |  | Moon 8 - Phase 20                                 |  |
|                                  |              | 558452363 <b>Rahu</b>            | 4:51PM – 6:26PM  | Bava Until 11:31PM                | <b>Nataraja:</b> Purple |   |  | Amavasya  |  |
| Creative Work                    | Siddha Yoga  |                                  |                  | <b>Amavasya* Until 4:09AM Sun</b> | Moon – Red              |   |  | <b>Bhuloka Day</b>                                |  |
| Until 7:08PM                     |              |                                  |                  |                                   | <b>Sravana-Avani</b>    |   |  | Devaloka Time: 9:AM to12:PM                       |  |
| Then Creative Work - Amrita Yoga |              |                                  |                  |                                   |                         |   |  |   |  |

|                                   |             |                       |                   |                                    |                         |   |  |   |  |
|-----------------------------------|-------------|-----------------------|-------------------|------------------------------------|-------------------------|---|--|---|--|
| <b>Monday, September 10, 2018</b> |             | <b>Retreat Star</b>   |                   |                                    |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau |  | Washington DC<br>Sun 14 Sutra 148<br>Vilamba 5120 |  |
| Kanya Rasi: 3.16                  | Tithi 1 – 2 | <b>Gulika</b>         | 1:40PM – 3:15PM   | <b>Uttaraphalguni Until 4:58PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:45AM  |  |   |  |
| <b>Family Home Evening</b>        |             | Yama                  | 10:30AM – 12:05PM | Subha Until 4:58PM                 | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:25PM   |  | Moon 8 - Phase 20                                 |  |
|                                   |             | 559452363 <b>Rahu</b> | 7:20AM – 8:55AM   | Kaulava Until 7:34AM Tue           | <b>Nataraja:</b> Purple |   |  | Prathama  |  |
| Creative Work                     | Siddha Yoga |                       |                   | <b>Prathama* Until 10:04AM</b>     | Moon – Red              |   |  | <b>Bhuloka Day</b>                                |  |
|                                   |             |                       |                   |                                    | <b>Bhadrapada-Avani</b> |   |  |   |  |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

|          |                                    |             |  |  |  |  |  |
|----------|------------------------------------|-------------|--|--|--|--|--|
| <b>1</b> | <b>Tuesday, September 11, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  |  |  | Washington DC<br>Sun 15 Sutra 149<br>Vilamba 5120    |
|          | Kanya Rasi: 17.41                  | Tithi 2 - 3 | 569452363  | <b>Gulika</b><br>12:04PM - 1:39PM<br><b>Yama</b><br>8:55AM - 10:30AM<br><b>Rahu</b><br>3:14PM - 4:48PM | <b>Hasta</b> Until 3:33PM<br>Sukla Until 3:33PM<br>Taitila Until 5:91PM<br><b>Dvitiya</b> Until 9:14PM | <b>Ganesh</b> : Blue <i>Sunrise: 5:46AM</i><br><b>Muruga</b> : Purple <i>Sunset: 6:23PM</i><br><b>Nataraja</b> : Purple<br>Moon - Green<br><b>Bhadrapada-Avani</b> | Moon 8 - Phase 21<br>3rd Phase<br><b>Bhuloka Day</b> |
|          | Creative Work Siddha Yoga          |             |  |  |  |  |  |
|          |                                    |             |  |  |  |  |  |

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|----------|--------------------------------------|---------|--|---|---|--|--|
| <b>2</b> | <b>Wednesday, September 12, 2018</b> |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthyam Titau |   |   |  | Washington DC<br>Sun 16 Sutra 150<br>Vilamba 5120    |
|          | Tula Rasi: 1.44                      | Tithi 4 | 569452363  | <b>Gulika</b><br>10:30AM - 12:04PM<br><b>Yama</b><br>7:21AM - 8:55AM<br><b>Rahu</b><br>12:04PM - 1:38PM | <b>Chitra</b> Until 2:35PM<br>Brahma Until 2:35PM<br>Vanija Until 15:62AM Thu<br><b>Chaturthi*</b> Until 6:17PM | <b>Ganesh</b> : Blue <i>Sunrise: 5:47AM</i><br><b>Muruga</b> : Purple <i>Sunset: 6:21PM</i><br><b>Nataraja</b> : Purple<br>Moon - Green<br><b>Bhadrapada-Avani</b> | Moon 8 - Phase 21<br>3rd Phase<br><b>Bhuloka Day</b> |
|          | Creative Work Siddha Yoga            |         |  |   |   |  |  |
|          |                                      |         |  |   |   |  |  |

|          |   |         |   |   |  |  |   |
|----------|---|---------|---|---|--|--|---|
| <b>3</b> | <b>Thursday, September 13, 2018</b>   |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau |   |  |  | Washington DC<br>Sun 17 Sutra 151<br>Vilamba 5120                                   |
|          | Tula Rasi: 15.21  | Tithi 5 | 569552363   | <b>Gulika</b><br>8:56AM - 10:30AM<br><b>Yama</b><br>5:48AM - 7:22AM<br><b>Rahu</b><br>1:38PM - 3:12PM | <b>Svati</b> Until 4:15AM Sat Fri<br>Indra Until 2:12PM<br>Bava Until 15:59AM Fri<br><b>Panchami</b> Until 14:04AM Thu | <b>Ganesh</b> : Yellow <i>Sunrise: 5:48AM</i><br><b>Muruga</b> : Purple <i>Sunset: 6:20PM</i><br><b>Nataraja</b> : Purple<br>Moon - Green<br><b>Bhadrapada-Avani</b> | Moon 8 - Phase 21<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
|          | Creative Work Amrita Yoga<br>Until 4:15AM Sat Fri<br>Then Creative Work - Siddha Yoga |         |   |   |  |  |   |
|          |   |         |   |   |  |  |   |

|          |                                   |         |   |  |  |  |   |
|----------|-----------------------------------|---------|---|--|--|--|---|
| <b>4</b> | <b>Friday, September 14, 2018</b> |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Shashthyam Titau |  |  |  | Washington DC<br>Sun 18 Sutra 152<br>Vilamba 5120     |
|          | Tula Rasi: 28.32                  | Tithi 6 | 579552363   | <b>Gulika</b><br>7:22AM - 8:56AM<br><b>Yama</b><br>3:11PM - 4:44PM<br><b>Rahu</b><br>10:30AM - 12:03PM | <b>Svati</b> Until 4:15AM Sat<br>Vaidhriti* Until 11:82AM Sat<br>Kaulava Until 3:59PM<br><b>Shashthi*</b> Until 4:15AM Sat | <b>Ganesh</b> : White <i>Sunrise: 5:48AM</i><br><b>Muruga</b> : Purple <i>Sunset: 6:18PM</i><br><b>Nataraja</b> : Purple<br>Moon - Orange<br><b>Bhadrapada-Avani</b> | Moon 8 - Phase 21<br>3rd Phase<br><b>Devaloka Day</b> |
|          | Creative Work Siddha Yoga         |         |   |  |  |  |   |
|          |                                   |         |   |  |  |  |   |

|          |                                     |         |  |   |   |  |   |
|----------|-------------------------------------|---------|--|---|---|--|---|
| <b>5</b> | <b>Saturday, September 15, 2018</b> |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Kara Karana Saptamyam Titau |   |   |  | Washington DC<br>Sun 19 Sutra 153<br>Vilamba 5120     |
|          | Vrischika Rasi: 11.17               | Tithi 7 | 579552363  | <b>Gulika</b><br>5:49AM - 7:23AM<br><b>Yama</b><br>1:36PM - 3:10PM<br><b>Rahu</b><br>8:56AM - 10:30AM | <b>Anuradha</b> Until 4:18PM<br>Vishkambha* Until 12:22PM<br>Gara Until 4:46PM<br><b>Saptami</b> Until 5:25AM Sun | <b>Ganesh</b> : White <i>Sunrise: 5:49AM</i><br><b>Muruga</b> : Purple <i>Sunset: 6:17PM</i><br><b>Nataraja</b> : Purple<br>Moon - Orange<br><b>Bhadrapada-Avani</b> | Moon 8 - Phase 21<br>3rd Phase<br><b>Devaloka Day</b> |
|          | Creative Work Siddha Yoga           |         |  |   |   |  |   |
|          |                                     |         |  |   |   |  |   |

|          |  |  |  |         |           |   |  |   |   |
|----------|--|--|--|---------|-----------|---|--|---|---|
| <b>D</b> | <b>Sunday, September 16, 2018</b>  |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau |         |           |   | Washington DC<br>Sun 20 Sutra 154<br>Vilamba 5120  |   |   |
|          | <b>Retreat Star</b>  |  | Vrischika Rasi: 23.41  | Tithi 8 | 579552363 | <b>Gulika</b><br>3:09PM - 4:42PM<br><b>Yama</b><br>12:03PM - 1:36PM<br><b>Rahu</b><br>4:42PM - 6:15PM | <b>Jyeshtha*</b> Until 6:14PM<br>Priti Until 12:27PM<br>Visti Until 6:17PM<br><b>Ashtami*</b> Until 7:16AM Mon | <b>Ganesh</b> : White <i>Sunrise: 5:50AM</i><br><b>Muruga</b> : Purple <i>Sunset: 6:15PM</i><br><b>Nataraja</b> : Purple<br>Moon - Orange<br><b>Bhadrapada-Puratasi</b> | Moon 8 - Phase 21<br>Ashtami<br><b>Devaloka Day</b> |
|          | Routine Work Marana Yoga<br>Until 6:14PM<br>Then Creative Work - Amrita Yoga |  |  |         |           |   |  |   |   |
|          |  |  |  |         |           |   |  |   |   |

|          |   |  |   |             |           |  |  |   |  |
|----------|---|--|---|-------------|-----------|--|--|---|--|
| <b>D</b> | <b>Monday, September 17, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau |             |           |  | Washington DC<br>Sun 21 Sutra 155<br>Vilamba 5120  |   |  |
|          | <b>Retreat Star</b>   |  | Dhanus Rasi: 5.49   | Tithi 8 - 9 | 589552363 | <b>Gulika</b><br>1:35PM - 3:08PM<br><b>Yama</b><br>10:29AM - 12:02PM<br><b>Rahu</b><br>7:24AM - 8:57AM | <b>Mula*</b> Until 9:04PM<br>Ayushman Until 12:59PM<br>Balava Until 8:24PM<br><b>Ashtami*</b> Until 7:16AM | <b>Ganesh</b> : Clear <i>Sunrise: 5:51AM</i><br><b>Muruga</b> : Purple <i>Sunset: 6:13PM</i><br><b>Nataraja</b> : Purple<br>Moon - Light Blue<br><b>Bhadrapada-Puratasi</b> | Moon 8 - Phase 21<br>Navami<br><b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
|          | Family Home Evening<br>Creative Work Siddha Yoga<br>Until 9:04PM<br>Then Routine Work - Marana Yoga |  |   |             |           |  |  |   |  |
|          |   |  |   |             |           |  |  |   |  |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

|                                      |              |  |                                       |   |   |   |
|--------------------------------------|--------------|--|---------------------------------------|---|---|---|
| <b>1</b> Tuesday, September 18, 2018 |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau |                                       |   |   | Washington DC<br>Sun 22 Sutra 156<br>Vilamba 5120 |
| Dhanus Rasi: 17.44                   | Tithi 9 – 10 | <b>Gulika</b> 12:02PM – 1:34PM   | <b>Purvashadha* Until 12:06AM Wed</b> | <b>Ganesh:</b> Clear <i>Sunrise: 5:52AM</i> | <b>Muruga:</b> Purple <i>Sunset: 6:12PM</i> | Moon 8 - Phase 22<br>4th Phase                    |
|                                      |              | Yama 8:57AM – 10:29AM  | Saubhagya Until 1:52PM                | <b>Nataraja:</b> Purple                     |   |   |
|                                      |              | 581552363 <b>Rahu</b> 3:07PM – 4:39PM  | Taitila Until 10:54PM                 | Moon – Light Blue                           |   |   |
| Creative Work Siddha Yoga            |              |  | <b>Navami* Until 9:36AM</b>           | <b>Bhuloka Day</b>                          |   |   |
| Until 12:06AM Wed                    |              |  |                                       | <b>Bhadrapada-Puratasi</b>                  | Devaloka Time: 9:AM to 12:PM                |   |
| Then Creative Work - Amrita Yoga     |              |  |                                       |   |   |   |

|  |               |   |                                      |   |   |   |
|--|---------------|---|--------------------------------------|---|---|---|
| <b>2</b> Wednesday, September 19, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                      |   |   | Washington DC<br>Sun 23 Sutra 157<br>Vilamba 5120 |
| Dhanus Rasi: 29.34                     | Tithi 10 – 11 | <b>Gulika</b> 10:29AM – 12:02PM   | <b>Uttarashadha Until 3:04AM Thu</b> | <b>Ganesh:</b> Clear <i>Sunrise: 5:53AM</i> | <b>Muruga:</b> Purple <i>Sunset: 6:10PM</i> | Moon 8 - Phase 22<br>4th Phase                    |
|  |               | Yama 7:25AM – 8:57AM  | Sobhana Until 2:56PM                 | <b>Nataraja:</b> Purple                     |   |   |
|  |               | 581552363 <b>Rahu</b> 12:02PM – 1:34PM  | Vanija Until 1:32AM Thu              | Moon – Light Blue                           |   |   |
| Creative Work Amrita Yoga              |               |   | <b>Dashami Until 12:12PM</b>         | <b>Bhuloka Day</b>                          |   |   |
| Until 3:04AM Thu                       |               |   |                                      | <b>Bhadrapada-Puratasi</b>                  | Devaloka Time: 9:AM to 12:PM                |   |
| Then Creative Work - Siddha Yoga       |               |   |                                      |   |   |   |

|                                       |               |   |                                  |  |   |   |
|---------------------------------------|---------------|---|----------------------------------|--|---|---|
| <b>3</b> Thursday, September 20, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                  |  |   | Washington DC<br>Sun 24 Sutra 158<br>Vilamba 5120 |
| Makara Rasi: 11.21                    | Tithi 11 – 12 | <b>Gulika</b> 8:57AM – 10:29AM  | <b>Shravana Until 6:16AM Fri</b> | <b>Ganesh:</b> Purple <i>Sunrise: 5:54AM</i> | <b>Muruga:</b> Purple <i>Sunset: 6:09PM</i> | Moon 8 - Phase 22<br>4th Phase                    |
|                                       |               | Yama 5:54AM – 7:26AM  | Athiganda* Until 3:58PM          | <b>Nataraja:</b> Purple                      |   |   |
|                                       |               | 591552363 <b>Rahu</b> 1:33PM – 3:05PM   | Bava Until 4:04AM Fri            | Moon – Purple                                |   |   |
| Creative Work Siddha Yoga             |               |   | <b>Ekadashi Until 2:48PM</b>     | <b>Devaloka Day</b>                          |   |   |
|                                       |               |   |                                  | <b>Bhadrapada-Puratasi</b>                   |   |   |

|                                     |               |  |                              |  |   |   |
|-------------------------------------|---------------|--|------------------------------|--|---|---|
| <b>4</b> Friday, September 21, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava Karana Dvadashi/Trayodashyam Titau |                              |  |   | Washington DC<br>Sun 25 Sutra 159<br>Vilamba 5120 |
| Makara Rasi: 23.11                  | Tithi 12 – 13 | <b>Gulika</b> 7:26AM – 8:58AM  | <b>Shravana Until 6:16AM</b> | <b>Ganesh:</b> Purple <i>Sunrise: 5:55AM</i> | <b>Muruga:</b> Purple <i>Sunset: 6:07PM</i> | Moon 8 - Phase 22<br>4th Phase                    |
|                                     |               | Yama 3:04PM – 4:35PM   | Sukarma Until 4:51PM         | <b>Nataraja:</b> Purple                      |   |   |
|                                     |               | 591552363 <b>Rahu</b> 10:29AM – 12:01PM  | Balava Until 5:13PM          | Moon – Purple                                |   |   |
| Routine Work Marana Yoga            |               |  | <b>Dvadashi Until 5:13PM</b> | <b>Devaloka Day</b>                          |   |   |
| Until 6:16AM                        |               |  |                              | <b>Bhadrapada-Puratasi</b>                   |   |   |
| Then Creative Work - Siddha Yoga    |               |  |                              |  |   |   |

|                                       |          |   |                                |  |   |   |
|---------------------------------------|----------|---|--------------------------------|--|---|---|
| <b>5</b> Saturday, September 22, 2018 |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                |  |   | Washington DC<br>Sun 26 Sutra 160<br>Vilamba 5120 |
| Kumbha Rasi: 5.08                     | Tithi 13 | <b>Gulika</b> 5:55AM – 7:27AM   | <b>Dhanishtha Until 9:01AM</b> | <b>Ganesh:</b> Purple <i>Sunrise: 5:55AM</i> | <b>Muruga:</b> Purple <i>Sunset: 6:05PM</i> | Moon 8 - Phase 22<br>4th Phase                    |
|                                       |          | Yama 1:32PM – 3:03PM  | Dhriti Until 5:28PM            | <b>Nataraja:</b> Purple                      |   |   |
|                                       |          | 591552363 <b>Rahu</b> 8:58AM – 10:29AM  | Kaulava Until 6:19AM           | Moon – Purple                                |   |   |
| Creative Work Siddha Yoga             |          |   | <b>Trayodashi Until 7:16PM</b> | <b>Devaloka Day</b>                          |   |   |
| Until 9:01AM                          |          |   |                                | <b>Bhadrapada-Puratasi</b>                   |   |   |
| Then Creative Work - Amrita Yoga      |          | <b>Chidambaram Abhishekam</b>   |                                |  |   |   |
|                                       |          | <b>Kadaitswami Mahasamadhi</b>  |                                |  |   |   |

|                                     |          |   |                                   |  |   |   |
|-------------------------------------|----------|---|-----------------------------------|--|---|---|
| <b>6</b> Sunday, September 23, 2018 |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                   |  |   | Washington DC<br>Sun 27 Sutra 161<br>Vilamba 5120 |
| Kumbha Rasi: 17.16                  | Tithi 14 | <b>Gulika</b> 3:02PM – 4:33PM   | <b>Shatabhishak Until 11:11AM</b> | <b>Ganesh:</b> Purple <i>Sunrise: 5:56AM</i> | <b>Muruga:</b> Purple <i>Sunset: 6:04PM</i> | Moon 8 - Phase 22<br>4th Phase                    |
|                                     |          | Yama 12:00PM – 1:31PM   | Shula* Until 5:42PM               | <b>Nataraja:</b> Purple                      |   |   |
|                                     |          | 591552363 <b>Rahu</b> 4:33PM – 6:04PM   | Gara Until 8:09AM                 | Moon – Purple                                |   |   |
| Creative Work Siddha Yoga           |          |   | <b>Chaturdashi* Until 8:51PM</b>  | <b>Devaloka Day</b>                          |   |   |
|                                     |          |   |                                   | <b>Bhadrapada-Puratasi</b>                   |   |   |

|                                     |          |  |                                       |  |   |  |
|-------------------------------------|----------|--|---------------------------------------|--|---|--|
| <b>○</b> Monday, September 24, 2018 |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau |                                       |  |   | Washington DC<br>Sutra 162<br>Vilamba 5120 |
| <b>Copper Retreat Star</b>          |          | <b>Gulika</b> 1:30PM – 3:01PM  | <b>Purvaproshtapada* Until 1:11PM</b> | <b>Ganesh:</b> Purple <i>Sunrise: 5:57AM</i> | <b>Muruga:</b> Purple <i>Sunset: 6:02PM</i> | Moon 8 - Phase 22<br>Purnima               |
| Kumbha Rasi: 29.35                  | Tithi 15 | Yama 10:29AM – 12:00PM   | Ganda* Until 5:34PM                   | <b>Nataraja:</b> Purple                      |   |  |
| <b>Family Home Evening</b>          |          | 511552363 <b>Rahu</b> 7:28AM – 8:59AM  | Visti Until 9:76AM Tue                | Moon – Clear                                 |   |  |
| Routine Work Marana Yoga            |          |  | <b>Purnima* Until 5:42PM</b>          | <b>Devaloka Day</b>                          |   |  |
| Until 1:11PM                        |          |  |                                       | <b>Bhadrapada-Puratasi</b>                   |   |  |
| Then Creative Work - Siddha Yoga    |          |  |                                       |  |   |  |

|                                    |          |   |                                       |  |   |  |
|------------------------------------|----------|---|---------------------------------------|--|---|--|
| <b>Tuesday, September 25, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau |                                       |  |   | Washington DC<br>Sutra 163<br>Vilamba 5120 |
| <b>Silver Retreat Star</b>         |          | <b>Gulika</b> 11:59AM – 1:30PM  | <b>Uttaraproshtapada Until 2:31PM</b> | <b>Ganesh:</b> Purple <i>Sunrise: 5:58AM</i> | <b>Muruga:</b> Purple <i>Sunset: 6:01PM</i> | Moon 8 - Phase 22<br>Prathama              |
| Meena Rasi: 12.08                  | Tithi 16 | Yama 8:59AM – 10:29AM   | Vridhi Until 5:02PM                   | <b>Nataraja:</b> Purple                      |   |  |
|                                    |          | 511552363 <b>Rahu</b> 3:00PM – 4:30PM   | Balava Until 10:35AM Wed              | Moon – Clear                                 |   |  |
| Creative Work Amrita Yoga          |          |   | <b>Prathama* Until 5:34PM</b>         | <b>Devaloka Day</b>                          |   |  |
| Until 2:31PM                       |          |   |                                       | <b>Bhadrapada-Puratasi</b>                   |   |  |
| Then Creative Work - Siddha Yoga   |          |   |                                       |  |   |  |



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Washington DC

Meena Rasi: 24.55 Tihti 17

Gulika 10:29AM - 11:59AM  
Yama 7:29AM - 8:59AM  
Rahu 11:59AM - 1:29PM

Revati Until 3:14PM  
Dhruva Until 4:06PM  
Taitila Until 10:35AM  
Dvitiya Until 10:33PM

Ganesh: Purple Sunrise: 5:59AM  
Muruga: Purple Sunset: 5:59PM  
Nataraja: Purple  
Moon - Clear  
Bhadrapada-Puratasi

Sun 1 Sutra 164  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Washington DC

Mesha Rasi: 7.56 Tihti 18

Gulika 8:59AM - 10:29AM  
Yama 6:00AM - 7:30AM  
Rahu 1:28PM - 2:58PM

Ashvini Until 3:50PM  
Vyaghata\* Until 2:51PM  
Vanija Until 10:28AM  
Tritiya Until 10:14PM

Ganesh: Purple Sunrise: 6:00AM  
Muruga: Purple Sunset: 5:58PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Sun 2 Sutra 165  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 3:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau

Washington DC

Mesha Rasi: 21.08 Tihti 19

Gulika 7:30AM - 9:00AM  
Yama 2:57PM - 4:27PM  
Rahu 10:29AM - 11:58AM

Bharani Until 8:33PM Sat  
Harshana Until 1:19PM  
Bava Until 9:57AM  
Chaturthi\* Until 9:33PM

Ganesh: Clear Sunrise: 6:01AM  
Muruga: Purple Sunset: 5:56PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Sun 3 Sutra 166  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Washington DC

Vrisabha Rasi: 4.32 Tihti 20

Gulika 6:02AM - 7:31AM  
Yama 1:27PM - 2:56PM  
Rahu 9:00AM - 10:29AM

Bharani Until 8:33PM  
Vajra\* Until 8:86AM Sun  
Kaulava Until 9:06AM  
Panchami Until 8:33PM

Ganesh: Clear Sunrise: 6:02AM  
Muruga: Purple Sunset: 5:54PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Sun 4 Sutra 167  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Washington DC

Vrisabha Rasi: 18.06 Tihti 21

Gulika 2:55PM - 4:24PM  
Yama 11:58AM - 1:27PM  
Rahu 4:24PM - 5:53PM

Rohini Until 3:09PM  
Siddhi Until 9:26AM  
Gara Until 7:57AM  
Shashthi\* Until 7:15PM

Ganesh: Purple Sunrise: 6:03AM  
Muruga: Purple Sunset: 5:53PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Sun 5 Sutra 168  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Washington DC

Mithuna Rasi: 1.5 Tihti 22 - 23

Gulika 1:26PM - 2:54PM  
Yama 10:29AM - 11:57AM  
Rahu 7:32AM - 9:01AM

Mrigashira Until 2:21PM  
Vyatipata\* Until 7:09AM  
Visti Until 6:31AM  
Saptami Until 5:40PM

Ganesh: Purple Sunrise: 6:04AM  
Muruga: Purple Sunset: 5:51PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Sun 6 Sutra 169  
Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 2:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Washington DC

Mithuna Rasi: 15.45 Tihti 23 - 24

Gulika 11:57AM - 1:25PM  
Yama 9:01AM - 10:29AM  
Rahu 2:53PM - 4:22PM

Ardra Until 1:07PM  
Parigha\* Until 1:54AM Wed  
Taitila Until 2:49AM Wed  
Ashtami\* Until 3:49PM

Ganesh: Purple Sunrise: 6:05AM  
Muruga: Purple Sunset: 5:50PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Sun 7 Sutra 170  
Vilamba 5120  
Moon 9 - Phase 23  
Ashtami

Bhuloka Day

Routine Work Marana Yoga

Until 1:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Washington DC

Mithuna Rasi: 29.5 Tihti 24 - 25

Gulika 10:29AM - 11:57AM  
Yama 7:33AM - 9:01AM  
Rahu 11:57AM - 1:25PM

Punarvasu Until 11:54AM  
Shiva Until 10:58PM  
Vanija Until 12:35AM Thu  
Navami\* Until 1:42PM

Ganesh: Clear Sunrise: 6:05AM  
Muruga: Purple Sunset: 5:48PM  
Nataraja: Purple  
Moon - Blue  
Bhadrapada-Puratasi

Sun 8 Sutra 171  
Vilamba 5120  
Moon 9 - Phase 23  
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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|                                  |               |                                  |                  |                              |                            |   |                             |  |  |
|----------------------------------|---------------|----------------------------------|------------------|------------------------------|----------------------------|---|-----------------------------|--|--|
| <b>1</b>                         |               | <b>Thursday, October 4, 2018</b> |                  |                              |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Siddha Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau |                             | Washington DC<br>Sun 9 Sutra 172<br>Vilamba 5120 |  |
| Kataka Rasi: 14.04               | Tithi 25 – 26 | <b>Gulika</b>                    | 9:01AM – 10:29AM | <b>Pushya Until 10:19AM</b>  | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 6:06AM  |                             |  |  |
|                                  |               | Yama                             | 6:06AM – 7:34AM  | Siddha Until 7:50PM          | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:47PM   |                             | Moon 9 - Phase 24                                |  |
|                                  |               | 642552363 <b>Rahu</b>            | 1:24PM – 2:52PM  | Bava Until 10:08PM           | <b>Nataraja:</b> Purple    |   |                             | 2nd Phase  |  |
| Creative Work                    | Amrita Yoga   |                                  |                  | <b>Dashami Until 11:21AM</b> | Moon – Blue                |   | <b>Bhuloka Day</b>          |  |  |
| Until 10:19AM                    |               |                                  |                  |                              | <b>Bhadrapada-Puratasi</b> |   | Devaloka Time: 6:AM to 9:AM |  |  |
| Then Creative Work - Siddha Yoga |               |                                  |                  |                              |                            |   |                             |  |  |

|                    |               |                                |                   |                               |                            |   |                             |   |  |
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| <b>2</b>           |               | <b>Friday, October 5, 2018</b> |                   |                               |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                             | Washington DC<br>Sun 10 Sutra 173<br>Vilamba 5120 |  |
| Kataka Rasi: 28.28 | Tithi 26 – 27 | <b>Gulika</b>                  | 7:35AM – 9:02AM   | <b>Ashlesha* Until 8:24AM</b> | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 6:07AM  |                             |   |  |
|                    |               | Yama                           | 2:51PM – 4:18PM   | Sadhya Until 4:36PM           | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:45PM   |                             | Moon 9 - Phase 24                                 |  |
|                    |               | 642552363 <b>Rahu</b>          | 10:29AM – 11:56AM | Kaulava Until 6:92PM          | <b>Nataraja:</b> Purple    |   |                             | 2nd Phase   |  |
| Routine Work       | Marana Yoga   |                                |                   | <b>Ekadashi* Until 7:50PM</b> | Moon – Blue                |   | <b>Bhuloka Day</b>          |   |  |
|                    |               |                                |                   |                               | <b>Bhadrapada-Puratasi</b> |   | Devaloka Time: 6:AM to 9:AM |   |  |

|                                  |               |                                  |                  |                                 |                            |  |                    |   |  |
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| <b>3</b>                         |               | <b>Saturday, October 6, 2018</b> |                  |                                 |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau |                    | Washington DC<br>Sun 11 Sutra 174<br>Vilamba 5120 |  |
| Simha Rasi: 12.55                | Tithi 27 – 28 | <b>Gulika</b>                    | 6:08AM – 7:35AM  | <b>Magha* Until 6:40AM</b>      | <b>Ganesh:</b> White       | <i>Sunrise:</i> 6:08AM   |                    |   |  |
|                                  |               | Yama                             | 1:23PM – 2:50PM  | Subha Until 1:18PM              | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:44PM  |                    | Moon 9 - Phase 24                                 |  |
|                                  |               | 652552363 <b>Rahu</b>            | 9:02AM – 10:29AM | Vanija Until 3:33AM Sun         | <b>Nataraja:</b> Purple    |  |                    | 2nd Phase   |  |
| Creative Work                    | Amrita Yoga   |                                  |                  | <b>Dvadashi* Until 6:11AM</b>   | Moon – Red                 |  | <b>Bhuloka Day</b> |   |  |
| Until 6:40AM                     |               |                                  |                  |                                 | <b>Bhadrapada-Puratasi</b> |  |                    |   |  |
| Then Creative Work - Siddha Yoga |               |                                  |                  | <i>Pradosha Vrata (Fasting)</i> |                            |  |                    |   |  |

|                                  |             |                                |                  |  |                            |   |                             |   |  |
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| <b>4</b>                         |             | <b>Sunday, October 7, 2018</b> |                  |  |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                             | Washington DC<br>Sun 12 Sutra 175<br>Vilamba 5120 |  |
| Simha Rasi: 27.23                | Tithi 29    | <b>Gulika</b>                  | 2:49PM – 4:15PM  | <b>Uttaraphalguni Until 2:53AM Mon</b> | <b>Ganesh:</b> White       | <i>Sunrise:</i> 6:09AM  |                             |   |  |
|                                  |             | Yama                           | 11:56AM – 1:22PM | Sukla Until 10:01AM                    | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:42PM   |                             | Moon 9 - Phase 24                                 |  |
|                                  |             | 652552364 <b>Rahu</b>          | 4:15PM – 5:42PM  | Visti Until 2:17PM                     | <b>Nataraja:</b> Clear     |   |                             | 2nd Phase   |  |
| Creative Work                    | Amrita Yoga |                                |                  | <b>Chaturdashi* Until 1:02AM Mon</b>   | Moon – Red                 |   | <b>Bhuloka Day</b>          |   |  |
| Until 2:53AM Mon                 |             |                                |                  |  | <b>Bhadrapada-Puratasi</b> |   | Devaloka Time: 6:PM to 9:PM |   |  |
| Then Creative Work - Siddha Yoga |             |                                |                  |  |                            |   |                             |   |  |

|                            |             |                                       |                   |                                |                            |   |                     |   |  |
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| <b>●</b>                   |             | <b>Monday, October 8, 2018</b>        |                   |                                |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                     | Washington DC<br>Sun 13 Sutra 176<br>Vilamba 5120 |  |
| <b>Retreat Star</b>        |             | <b>Gulika</b>                         | 1:22PM – 2:48PM   | <b>Hasta Until 1:32AM Tue</b>  | <b>Ganesh:</b> Red         | <i>Sunrise:</i> 6:10AM  |                     |   |  |
| Kanya Rasi: 11.46          | Tithi 30    | Yama                                  | 10:29AM – 11:55AM | Brahma Until 6:52AM            | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:41PM   |                     | Moon 9 - Phase 24                                 |  |
| <b>Family Home Evening</b> |             | 662652364 <b>Rahu</b>                 | 7:36AM – 9:03AM   | Catuspada Until 11:52AM        | <b>Nataraja:</b> Clear     |   |                     | Amavasya  |  |
| Creative Work              | Siddha Yoga |                                       |                   | <b>Amavasya* Until 10:46PM</b> | Moon – Green               |   | <b>Devaloka Day</b> |   |  |
|                            |             | <b>Mahalaya Amavasai (Tamil Nadu)</b> |                   |                                | <b>Bhadrapada-Puratasi</b> |   |                     |   |  |

|                     |             |                                 |                  |                                 |                         |  |                     |   |  |
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| <b>Retreat Star</b> |             | <b>Tuesday, October 9, 2018</b> |                  |                                 |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau |                     | Washington DC<br>Sun 14 Sutra 177<br>Vilamba 5120 |  |
| Kanya Rasi: 25.56   | Tithi 1     | <b>Gulika</b>                   | 11:55AM – 1:21PM | <b>Chitra Until 12:28AM Wed</b> | <b>Ganesh:</b> Red      | <i>Sunrise:</i> 6:11AM   |                     |   |  |
|                     |             | Yama                            | 9:03AM – 10:29AM | Vaidhriti* Until 1:25AM Wed     | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:39PM  |                     | Moon 9 - Phase 24                                 |  |
|                     |             | 662652364 <b>Rahu</b>           | 2:47PM – 4:13PM  | Kintughna Until 9:48AM          | <b>Nataraja:</b> Clear  |  |                     | Prathama  |  |
| Creative Work       | Siddha Yoga |                                 |                  | <b>Prathama* Until 8:54PM</b>   | Moon – Green            |  | <b>Devaloka Day</b> |   |  |
|                     |             | <b>Navaratri Begins</b>         |                  |                                 | <b>Ashvina-Puratasi</b> |  |                     |   |  |

|  |             |                                    |   |  |  |   |                                |
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| <b>1</b>   |             | <b>Wednesday, October 10, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Vishkambha* Yoga Balava/Taitila Karana Dvitiyayam Titau                 |  | Washington DC<br>Sun 15 Sutra 178<br>Vilamba 5120 |                                |
| Tula Rasi: 9.49  | Tithi 2     | <b>Gulika</b><br>Yama              | <b>10:29AM – 11:55AM</b><br>7:38AM – 9:03AM | <b>Svati Until 11:49PM</b><br>Vishkambha* Until 11:49PM  | <b>Ganesh:</b> Red<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear    | <b>Sunrise:</b> 6:12AM<br><b>Sunset:</b> 5:38PM   | Moon 9 - Phase 25<br>3rd Phase |
| Creative Work  | Siddha Yoga | 662652364                          | <b>Rahu</b><br>11:55AM – 1:20PM             | Balava Until 8:12AM<br><b>Dvitiya Until 7:36PM</b>   | Moon – Green<br><b>Ashvina•Puratasi</b>                                  | <b>Devaloka Day</b>                               |                                |
| <b>2</b>   |             | <b>Thursday, October 11, 2018</b>  |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Prili Yoga Taitila/Gara Karana Tritiyayam Titau                       |  | Washington DC<br>Sun 16 Sutra 179<br>Vilamba 5120 |                                |
| Tula Rasi: 23.21   | Tithi 3     | <b>Gulika</b><br>Yama              | <b>9:04AM – 10:29AM</b><br>6:13AM – 7:38AM  | <b>Vishakha Until 12:08AM Fri</b><br>Priti Until 9:47PM  | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear | <b>Sunrise:</b> 6:13AM<br><b>Sunset:</b> 5:36PM   | Moon 9 - Phase 25<br>3rd Phase |
| Creative Work  | Siddha Yoga | 672652364                          | <b>Rahu</b><br>1:20PM – 2:45PM              | Taitila Until 7:12AM<br><b>Tritiya Until 6:57PM</b>  | Moon – Orange<br><b>Ashvina•Puratasi</b>                                 | <b>Devaloka Day</b>                               |                                |
| <b>3</b>   |             | <b>Friday, October 12, 2018</b>    |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau                |  | Washington DC<br>Sun 17 Sutra 180<br>Vilamba 5120 |                                |
| Vrischika Rasi: 6.3  | Tithi 4     | <b>Gulika</b><br>Yama              | <b>7:39AM – 9:04AM</b><br>2:44PM – 4:09PM   | <b>Anuradha Until 1:03AM Sat</b><br>Ayushman Until 8:49PM  | <b>Ganesh:</b> White<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | <b>Sunrise:</b> 6:14AM<br><b>Sunset:</b> 5:35PM   | Moon 9 - Phase 25<br>3rd Phase |
| Creative Work  | Siddha Yoga | 673652364                          | <b>Rahu</b><br>10:29AM – 11:54AM            | Vanija Until 6:56AM<br><b>Chaturthi* Until 7:04PM</b>  | Moon – Orange<br><b>Ashvina•Puratasi</b>                                 | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                                |
| <b>4</b>   |             | <b>Saturday, October 13, 2018</b>  |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau                  |  | Washington DC<br>Sun 18 Sutra 181<br>Vilamba 5120 |                                |
| Vrischika Rasi: 19.16                                      | Tithi 5     | <b>Gulika</b><br>Yama              | <b>6:15AM – 7:40AM</b><br>1:19PM – 2:44PM   | <b>Jyeshtha* Until 2:33AM Sun</b><br>Saubhagya Until 8:28PM  | <b>Ganesh:</b> White<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | <b>Sunrise:</b> 6:15AM<br><b>Sunset:</b> 5:33PM   | Moon 9 - Phase 25<br>3rd Phase |
| Creative Work  | Siddha Yoga | 673652364                          | <b>Rahu</b><br>9:04AM – 10:29AM             | Bava Until 7:27AM<br><b>Panchami Until 7:58PM</b>  | Moon – Orange<br><b>Ashvina•Puratasi</b>                                 | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                                |
| Until 2:33AM Sun<br>Then Creative Work - Amrita Yoga       |             |                                    |   |  |  |   |                                |
| <b>5</b>   |             | <b>Sunday, October 14, 2018</b>    |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau                    |  | Washington DC<br>Sun 19 Sutra 182<br>Vilamba 5120 |                                |
| Dhanus Rasi: 1.4   | Tithi 6     | <b>Gulika</b><br>Yama              | <b>2:43PM – 4:07PM</b><br>11:54AM – 1:18PM  | <b>Mula* Until 5:03AM Mon</b><br>Sobhana Until 8:41PM  | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | <b>Sunrise:</b> 6:16AM<br><b>Sunset:</b> 5:32PM   | Moon 9 - Phase 25<br>3rd Phase |
| Creative Work  | Amrita Yoga | 683652364                          | <b>Rahu</b><br>4:07PM – 5:32PM              | Kaulava Until 8:43AM<br><b>Shashthi* Until 9:36PM</b>  | Moon – Light Blue<br><b>Ashvina•Puratasi</b>                             | <b>Devaloka Day</b>                               |                                |
| Until 5:03AM Mon<br>Then Routine Work - Marana Yoga        |             |                                    |   |  |  |   |                                |
| <b>6</b>   |             | <b>Monday, October 15, 2018</b>    |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau                |  | Washington DC<br>Sun 20 Sutra 183<br>Vilamba 5120 |                                |
| Dhanus Rasi: 13.47   | Tithi 7     | <b>Gulika</b><br>Yama              | <b>1:18PM – 2:42PM</b><br>10:29AM – 11:54AM | <b>Purvashadha* Until 7:54AM Tue</b><br>Athiganda* Until 9:19PM  | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | <b>Sunrise:</b> 6:17AM<br><b>Sunset:</b> 5:30PM   | Moon 9 - Phase 25<br>3rd Phase |
| Family Home Evening  |             | 683652364                          | <b>Rahu</b><br>7:41AM – 9:05AM              | Gara Until 10:40AM<br><b>Saptami Until 11:49PM</b>   | Moon – Light Blue<br><b>Ashvina•Puratasi</b>                             | <b>Devaloka Day</b>                               |                                |
| Routine Work   | Marana Yoga |                                    |   |  |  |   |                                |
| Until 7:54AM Tue<br>Then Routine Work - Prabalarishta Yoga |             |                                    |   |  |  |   |                                |
| <b>Retreat Star</b>  |             | <b>Tuesday, October 16, 2018</b>   |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Balava Karana Ashtamyam Titau |  | Washington DC<br>Sun 21 Sutra 184<br>Vilamba 5120 |                                |
| Dhanus Rasi: 25.43   | Tithi 8     | <b>Gulika</b><br>Yama              | <b>11:53AM – 1:17PM</b><br>9:06AM – 10:29AM | <b>Purvashadha* Until 7:54AM</b><br>Sukarma Until 10:15PM  | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | <b>Sunrise:</b> 6:18AM<br><b>Sunset:</b> 5:29PM   | Moon 9 - Phase 25<br>Ashtami   |
| Creative Work  | Siddha Yoga | 683652364                          | <b>Rahu</b><br>2:41PM – 4:05PM              | Visti Until 15:44AM Wed<br><b>Ashtami* Until 9:19PM</b>  | Moon – Light Blue<br><b>Ashvina•Puratasi</b>                             | <b>Devaloka Day</b>                               |                                |
| Until 7:54AM<br>Then Routine Work - Prabalarishta Yoga     |             |                                    |   |  |  |   |                                |
| <b>Retreat Star</b>  |             | <b>Durga Ashtami</b>               |   |  |  |   |                                |
| <b>Retreat Star</b>  |             | <b>Wednesday, October 17, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau         |  | Washington DC<br>Sun 22 Sutra 185<br>Vilamba 5120 |                                |
| Makara Rasi: 7.32  | Tithi 9     | <b>Gulika</b><br>Yama              | <b>10:30AM – 11:53AM</b><br>7:42AM – 9:06AM | <b>Uttarashadha Until 10:49AM</b><br>Dhriti Until 11:17PM  | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | <b>Sunrise:</b> 6:19AM<br><b>Sunset:</b> 5:27PM   | Moon 9 - Phase 25<br>Navami    |
| Creative Work  | Amrita Yoga | 683652364                          | <b>Rahu</b><br>11:53AM – 1:17PM             | Balava Until 18:20AM Thu<br><b>Navami* Until 10:15PM</b>   | Moon – Light Blue<br><b>Ashvina•Aipasi</b>                               | <b>Devaloka Day</b>                               |                                |
| Until 10:49AM<br>Then Creative Work - Siddha Yoga          |             |                                    |   |  |  |   |                                |
|  |             |                                    | <b>Saraswathi Puja (Tamil Nadu)</b>         |  |  |   |                                |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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| <b>1</b>          |             | <b>Thursday, October 18, 2018</b> |                             |                                 |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau |   | Washington DC<br>Sun 23 Sutra 186<br>Vilamba 5120 |  |
| Makara Rasi: 19.2 | Tithi 10    | <b>Gulika</b>                     | <b>9:06AM – 10:30AM</b>     | <b>Shravana Until 2:05PM</b>    | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:20AM   |   |   |  |
|                   |             | Yama                              | 6:20AM – 7:43AM             | Shula* Until 2:05PM             | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:26PM  | Moon 9 - Phase 26                                 |   |  |
| Creative Work     | Siddha Yoga | 693652364                         | <b>Rahu</b> 1:16PM – 2:39PM | Tailila Until 6:20PM            | <b>Nataraja:</b> Clear |  | 4th Phase   |   |  |
|                   |             |                                   | <b>Vijaya Dasami</b>        | <b>Dashami Until 7:30AM Fri</b> | Moon – Purple          |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |   |  |
|                   |             |                                   |                             |                                 | <b>Ashvina-Aipasi</b>  |  |   |   |  |

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| <b>2</b>          |               | <b>Friday, October 19, 2018</b> |                               |                                |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau |   | Washington DC<br>Sun 24 Sutra 187<br>Vilamba 5120 |  |
| Kumbha Rasi: 1.13 | Tithi 10 – 11 | <b>Gulika</b>                   | <b>7:44AM – 9:07AM</b>        | <b>Dhanishtha Until 4:55PM</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:21AM  |   |   |  |
|                   |               | Yama                            | 2:39PM – 4:02PM               | Ganda* Until 4:55PM            | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:25PM   | Moon 9 - Phase 26                                 |   |  |
| Creative Work     | Siddha Yoga   | 693652364                       | <b>Rahu</b> 10:30AM – 11:53AM | Visti Until 8:94AM Sat         | <b>Nataraja:</b> Clear |   | 4th Phase   |   |  |
|                   |               |                                 |                               | <b>Dashami Until 7:30AM</b>    | Moon – Purple          |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |   |  |
|                   |               |                                 |                               |                                | <b>Ashvina-Aipasi</b>  |   |   |   |  |

|                                 |               |                                   |                              |                                  |                        |  |   |   |  |
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| <b>3</b>                        |               | <b>Saturday, October 20, 2018</b> |                              |                                  |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |   | Washington DC<br>Sun 25 Sutra 188<br>Vilamba 5120 |  |
| Kumbha Rasi: 13.14              | Tithi 11 – 12 | <b>Gulika</b>                     | <b>6:22AM – 7:45AM</b>       | <b>Shatabhishak Until 7:09PM</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:22AM   |   |   |  |
|                                 |               | Yama                              | 1:15PM – 2:38PM              | Vriddhi Until 1:09AM Sun         | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:23PM  | Moon 9 - Phase 26                                 |   |  |
| Creative Work                   | Amrita Yoga   | 693652364                         | <b>Rahu</b> 9:07AM – 10:30AM | Bava Until 10:25PM               | <b>Nataraja:</b> Clear |  | 4th Phase   |   |  |
| Until 7:09PM                    |               |                                   |                              | <b>Ekadashi Until 9:34AM</b>     | Moon – Purple          |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |   |  |
| Then Routine Work - Marana Yoga |               |                                   |                              |                                  | <b>Ashvina-Aipasi</b>  |  |   |   |  |

|                                  |               |                                 |                             |                                       |                        |   |   |   |  |
|----------------------------------|---------------|---------------------------------|-----------------------------|---------------------------------------|------------------------|---|---|---|--|
| <b>4</b>                         |               | <b>Sunday, October 21, 2018</b> |                             |                                       |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |   | Washington DC<br>Sun 26 Sutra 189<br>Vilamba 5120 |  |
| Kumbha Rasi: 25.28               | Tithi 12 – 13 | <b>Gulika</b>                   | <b>2:37PM – 4:00PM</b>      | <b>Purvaproshtapada* Until 9:07PM</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:23AM  |   |   |  |
|                                  |               | Yama                            | 11:52AM – 1:15PM            | Dhruva Until 12:56AM Mon              | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:22PM   | Moon 9 - Phase 26                                 |   |  |
| Creative Work                    | Siddha Yoga   | 613652364                       | <b>Rahu</b> 4:00PM – 5:22PM | Kaulava Until 11:36PM                 | <b>Nataraja:</b> Clear |   | 4th Phase   |   |  |
| Until 9:07PM                     |               |                                 |                             | <b>Dvadashi Until 11:04AM</b>         | Moon – Clear           |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |   |  |
| Then Creative Work - Amrita Yoga |               |                                 |                             |                                       | <b>Ashvina-Aipasi</b>  |   |   |   |  |

*Pradosha Vrata*

|                            |               |                                 |                             |  |                        |  |   |   |  |
|----------------------------|---------------|---------------------------------|-----------------------------|--|------------------------|--|---|---|--|
| <b>5</b>                   |               | <b>Monday, October 22, 2018</b> |                             |  |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |   | Washington DC<br>Sun 27 Sutra 190<br>Vilamba 5120 |  |
| Meena Rasi: 7.59           | Tithi 13 – 14 | <b>Gulika</b>                   | <b>1:14PM – 2:36PM</b>      | <b>Uttaraproshtapada Until 10:19PM</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:24AM   |   |   |  |
| <b>Family Home Evening</b> |               | Yama                            | 10:30AM – 11:52AM           | Vyaghata* Until 12:14AM Tue            | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:21PM  | Moon 9 - Phase 26                                 |   |  |
| Creative Work              | Siddha Yoga   | 613652364                       | <b>Rahu</b> 7:46AM – 9:08AM | Gara Until 12:08AM Tue                 | <b>Nataraja:</b> Clear |  | 4th Phase   |   |  |
|                            |               |                                 |                             | <b>Trayodashi Until 11:56AM</b>        | Moon – Clear           |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |   |  |
|                            |               |                                 |                             |  | <b>Ashvina-Aipasi</b>  |  |   |   |  |

|                            |               |                                  |                             |                                   |                        |  |   |  |  |
|----------------------------|---------------|----------------------------------|-----------------------------|-----------------------------------|------------------------|--|---|--|--|
| <b>○</b>                   |               | <b>Tuesday, October 23, 2018</b> |                             |                                   |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |   | Washington DC<br>Sutra 191<br>Vilamba 5120 |  |
| <b>Copper Retreat Star</b> |               | <b>Gulika</b>                    | <b>11:52AM – 1:14PM</b>     | <b>Revati Until 10:44PM</b>       | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:25AM   |   |  |  |
| Meena Rasi: 20.47          | Tithi 14 – 15 | Yama                             | 9:09AM – 10:30AM            | Harshana Until 11:03PM            | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:19PM  | Moon 9 - Phase 26                                 |  |  |
| Creative Work              | Siddha Yoga   | 613652364                        | <b>Rahu</b> 2:36PM – 3:58PM | Visti Until 12:04AM Wed           | <b>Nataraja:</b> Clear |  | Purnima   |  |  |
|                            |               |                                  |                             | <b>Chaturdashi* Until 12:09PM</b> | Moon – Clear           |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |  |
|                            |               |                                  |                             |                                   | <b>Ashvina-Aipasi</b>  |  |   |  |  |

|                                  |               |                                    |                              |                               |                        |  |                     |  |  |
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| <b>○</b>                         |               | <b>Wednesday, October 24, 2018</b> |                              |                               |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                     | Washington DC<br>Sutra 192<br>Vilamba 5120 |  |
| <b>Silver Retreat Star</b>       |               | <b>Gulika</b>                      | <b>10:30AM – 11:52AM</b>     | <b>Ashvini Until 10:56PM</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:26AM   |                     |  |  |
| Mesha Rasi: 3.54                 | Tithi 15 – 16 | Yama                               | 7:47AM – 9:09AM              | Vajra* Until 9:25PM           | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:18PM  | Moon 9 - Phase 26   |  |  |
| Routine Work                     | Marana Yoga   | 623652364                          | <b>Rahu</b> 11:52AM – 1:13PM | Balava Until 11:26PM          | <b>Nataraja:</b> Clear |  | Prathama            |  |  |
| Until 10:56PM                    |               |                                    |                              | <b>Purnima* Until 11:47AM</b> | Moon – White           |  | <b>Devaloka Day</b> |  |  |
| Then Creative Work - Siddha Yoga |               |                                    |                              |                               | <b>Ashvina-Aipasi</b>  |  |                     |  |  |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Washington DC

Mesha Rasi: 17.17    Tihi 16 – 17

**Gulika** 9:09AM – 10:31AM  
Yama 6:27AM – 7:48AM  
Rahu 1:13PM – 2:34PM

**Bharani Until 10:32PM**  
Siddhi Until 7:27PM  
Taitila Until 10:21PM

**Ganesha:** Clear    *Sunrise:* 6:27AM  
**Muruga:** Purple    *Sunset:* 5:17PM  
**Nataraja:** Clear  
Moon – White  
**Ashvina-Aipasi**

Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 10:32PM  
Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata/Variyan Yoga Gara Karana Dvitiya/Tritiyayam Titau

Washington DC

Vrishabha Rasi: 0.55    Tihi 17 – 18

**Gulika** 7:49AM – 9:10AM  
Yama 2:34PM – 3:55PM  
Rahu 10:31AM – 11:52AM

**Krittika Until 8:07AM Sat**  
Vyatipata\* Until 5:11PM  
Gara Until 9:40AM  
**Dvitiya Until 9:40AM**

**Ganesha:** White    *Sunrise:* 6:28AM  
**Muruga:** Purple    *Sunset:* 5:15PM  
**Nataraja:** Clear  
Moon – White  
**Ashvina-Aipasi**

Sun 1    Sutra 194  
Vilamba 5120

Moon 10 - Phase 27  
1st Phase

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 8:07AM Sat  
Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan/Parigha\* Yoga Visti\* Karana Tritiya/Chaturthyam Titau

Washington DC

Vrishabha Rasi: 14.43    Tihi 18 – 19

**Gulika** 6:29AM – 7:50AM  
Yama 1:12PM – 2:33PM  
Rahu 9:10AM – 10:31AM

**Krittika Until 8:07AM**  
Variyan Until 11:66AM Sun  
Visti Until 8:07AM  
**Tritiya Until 8:07AM**

**Ganesha:** Clear    *Sunrise:* 6:29AM  
**Muruga:** Purple    *Sunset:* 5:14PM  
**Nataraja:** Clear  
Moon – Yellow  
**Ashvina-Aipasi**

Sun 2    Sutra 195  
Vilamba 5120

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 8:07AM  
Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha/Shiva Yoga Balava Karana Chaturthi/Panchamyam Titau

Washington DC

Vrishabha Rasi: 28.39    Tihi 19 – 20

**Gulika** 2:32PM – 3:53PM  
Yama 11:52AM – 1:12PM  
Rahu 3:53PM – 5:13PM

**Mrigashira Until 7:44PM**  
Parigha\* Until 7:44PM  
Balava Until 6:23AM  
**Chaturthi\* Until 6:23AM**

**Ganesha:** Clear    *Sunrise:* 6:30AM  
**Muruga:** Purple    *Sunset:* 5:13PM  
**Nataraja:** Clear  
Moon – Yellow  
**Ashvina-Aipasi**

Sun 3    Sutra 196  
Vilamba 5120

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashtyham Titau

Washington DC

Mithuna Rasi: 12.4    Tihi 21

Family Home Evening

**Gulika** 1:12PM – 2:32PM  
Yama 10:31AM – 11:52AM  
Rahu 7:51AM – 9:11AM

**Ardra Until 6:23PM**  
Shiva Until 9:25AM  
Gara Until 3:35PM  
**Shashthi\* Until 2:36AM Tue**

**Ganesha:** Clear    *Sunrise:* 6:31AM  
**Muruga:** Purple    *Sunset:* 5:12PM  
**Nataraja:** Clear  
Moon – Yellow  
**Ashvina-Aipasi**

Sun 4    Sutra 197  
Vilamba 5120

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 6:23PM  
Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti\* Karana Saptamyam Titau

Washington DC

Mithuna Rasi: 26.42    Tihi 22

**Gulika** 11:51AM – 1:11PM  
Yama 9:12AM – 10:32AM  
Rahu 2:31PM – 3:51PM

**Punarvasu Until 5:17PM**  
Siddha Until 6:40AM  
Visti Until 1:38PM  
**Saptami Until 12:38AM Wed**

**Ganesha:** Purple    *Sunrise:* 6:32AM  
**Muruga:** Clear    *Sunset:* 5:11PM  
**Nataraja:** Clear  
Moon – Blue  
**Ashvina-Aipasi**

Sun 5    Sutra 198  
Vilamba 5120

Moon 10 - Phase 27  
1st Phase

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Washington DC

Kataka Rasi: 10.46    Tihi 23

**Gulika** 10:32AM – 11:51AM  
Yama 7:53AM – 9:12AM  
Rahu 11:51AM – 1:11PM

**Pushya Until 4:01PM**  
Subha Until 1:09AM Thu  
Balava Until 11:40AM  
**Ashtami\* Until 10:39PM**

**Ganesha:** Purple    *Sunrise:* 6:33AM  
**Muruga:** Clear    *Sunset:* 5:10PM  
**Nataraja:** Clear  
Moon – Blue  
**Ashvina-Aipasi**

Sun 6    Sutra 199  
Vilamba 5120

Moon 10 - Phase 27  
Ashtami

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Washington DC

Kataka Rasi: 24.51    Tihi 24

**Gulika** 9:13AM – 10:32AM  
Yama 6:34AM – 7:54AM  
Rahu 1:11PM – 2:30PM

**Ashlesha\* Until 2:36PM**  
Sukla Until 10:21PM  
Taitila Until 9:41AM  
**Navami\* Until 8:40PM**

**Ganesha:** Purple    *Sunrise:* 6:34AM  
**Muruga:** Clear    *Sunset:* 5:08PM  
**Nataraja:** Clear  
Moon – Blue  
**Ashvina-Aipasi**

Sun 7    Sutra 200  
Vilamba 5120

Moon 10 - Phase 27  
Navami

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 2:36PM  
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                                  |             |   |                                |                        |                        |   |  |  |                    |
|----------------------------------|-------------|---|--------------------------------|------------------------|------------------------|---|--|--|--------------------|
| <b>1</b>                         |             | <b>Friday, November 2, 2018</b>         |                                |                        |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau |  | Washington DC<br>Sun 8 Sutra 201<br>Vilamba 5120 |                    |
| Simha Rasi: 8.56                 | Tithi 25    | <b>Gulika</b> 7:54AM – 9:13AM           | <b>Magha* Until 4:46PM Sat</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:35AM |   |  |  |                    |
|                                  |             | Yama 2:29PM – 3:48PM                    | Brahma Until 7:34PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:07PM  |   |  |  | Moon 10 - Phase 28 |
|                                  |             | 654662364 <b>Rahu</b> 10:32AM – 11:51AM | Vanija Until 7:42AM            | <b>Nataraja:</b> Clear |                        |   |  |  | 2nd Phase          |
| Routine Work                     | Marana Yoga |   | <b>Dashami Until 6:42PM</b>    | Moon – Red             |                        |   |  | <b>Sivaloka Day</b>                              |                    |
| Until 4:46PM Sat                 |             |   |                                | <b>Ashvina•Aipasi</b>  |                        |   |  |  |                    |
| Then Creative Work - Siddha Yoga |             |   |                                |                        |                        |   |  |  |                    |

|                                 |               |  |                               |                        |                        |   |  |  |                    |
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| <b>2</b>                        |               | <b>Saturday, November 3, 2018</b>      |                               |                        |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha*/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  | Washington DC<br>Sun 9 Sutra 202<br>Vilamba 5120 |                    |
| Simha Rasi: 23                  | Tithi 26 – 27 | <b>Gulika</b> 6:37AM – 7:55AM          | <b>Magha* Until 4:46PM</b>    | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:37AM |   |  |  |                    |
|                                 |               | Yama 1:10PM – 2:29PM                   | Indra Until 4:51PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:06PM  |   |  |  | Moon 10 - Phase 28 |
|                                 |               | 654762364 <b>Rahu</b> 9:14AM – 10:33AM | Kaulava Until 3:52AM Sun      | <b>Nataraja:</b> Clear |                        |   |  |  | 2nd Phase          |
| Creative Work                   | Siddha Yoga   |  | <b>Ekadashi* Until 7:34PM</b> | Moon – Red             |                        |   |  | <b>Devaloka Day</b>                              |                    |
| Until 4:46PM                    |               |  |                               | <b>Ashvina•Aipasi</b>  |                        |   |  |  |                    |
| Then Routine Work - Marana Yoga |               |  |                               |                        |                        |   |  |  |                    |

|                  |               |                                       |                                     |                        |                        |  |  |   |                    |
|------------------|---------------|---------------------------------------|-------------------------------------|------------------------|------------------------|--|--|---|--------------------|
| <b>3</b>         |               | <b>Sunday, November 4, 2018</b>       |                                     |                        |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau |  | Washington DC<br>Sun 10 Sutra 203<br>Vilamba 5120 |                    |
| Kanya Rasi: 7.01 | Tithi 27 – 28 | <b>Gulika</b> 2:28PM – 3:47PM         | <b>Uttaraphalguni Until 10:57AM</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:38AM |  |  |   |                    |
|                  |               | Yama 11:51AM – 1:10PM                 | Vaidhriti* Until 2:11PM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:05PM  |  |  |   | Moon 10 - Phase 28 |
|                  |               | 654762364 <b>Rahu</b> 3:47PM – 5:05PM | Gara Until 2:07AM Mon               | <b>Nataraja:</b> Clear |                        |  |  |   | 2nd Phase          |
| Creative Work    | Amrita Yoga   |                                       | <b>Dvadashi* Until 2:57PM</b>       | Moon – Red             |                        |  |  | <b>Devaloka Day</b>                               |                    |
|                  |               |                                       |                                     | <b>Ashvina•Aipasi</b>  |                        |  |  |   |                    |
|                  |               |                                       |                                     |                        |                        |  |  |   |                    |

*Pradosha Vrata (Fasting)*

|  |               |                                       |                                 |                        |                        |  |  |   |                    |
|--|---------------|---------------------------------------|---------------------------------|------------------------|------------------------|--|--|---|--------------------|
| <b>4</b>                               |               | <b>Monday, November 5, 2018</b>       |                                 |                        |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |  | Washington DC<br>Sun 11 Sutra 204<br>Vilamba 5120 |                    |
| Kanya Rasi: 20.57                      | Tithi 28 – 29 | <b>Gulika</b> 1:10PM – 2:28PM         | <b>Hasta Until 11:58AM Tue</b>  | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 6:39AM |  |  |   |                    |
| <b>Family Home Evening</b>             |               | Yama 10:33AM – 11:51AM                | Vishkambha* Until 11:40AM       | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:04PM  |  |  |   | Moon 10 - Phase 28 |
|  |               | 664762364 <b>Rahu</b> 7:57AM – 9:15AM | Visti Until 12:37AM Tue         | <b>Nataraja:</b> Clear |                        |  |  |   | 2nd Phase          |
| Creative Work                          | Siddha Yoga   |                                       | <b>Trayodashi* Until 1:19PM</b> | Moon – Green           |                        |  |  | <b>Devaloka Day</b>                               |                    |
| Until 11:58AM Tue                      |               |                                       |                                 | <b>Ashvina•Aipasi</b>  |                        |  |  |   |                    |
| Then Routine Work - Prabalarishta Yoga |               | <b>Deepavali Hindu Solidarity Day</b> |                                 |                        |                        |  |  |   |                    |

|                     |               |                                       |                                   |                        |                        |  |  |   |                    |
|---------------------|---------------|---------------------------------------|-----------------------------------|------------------------|------------------------|--|--|---|--------------------|
| <b>Retreat Star</b> |               | <b>Tuesday, November 6, 2018</b>      |                                   |                        |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Hasta/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |  | Washington DC<br>Sun 12 Sutra 205<br>Vilamba 5120 |                    |
| Tula Rasi: 4.43     | Tithi 29 – 30 | <b>Gulika</b> 11:51AM – 1:09PM        | <b>Hasta Until 11:58AM</b>        | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 6:40AM |  |  |   |                    |
|                     |               | Yama 9:16AM – 10:34AM                 | Priti Until 9:24AM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:03PM  |  |  |   | Moon 10 - Phase 28 |
|                     |               | 664762364 <b>Rahu</b> 2:27PM – 3:45PM | Naga Until 10:62AM Wed            | <b>Nataraja:</b> Clear |                        |  |  |   | Amavasya           |
| Creative Work       | Siddha Yoga   |                                       | <b>Chaturdashi* Until 11:58AM</b> | Moon – Green           |                        |  |  | <b>Devaloka Day</b>                               |                    |
|                     |               | <b>Subramuniyaswami Mahasamadhi</b>   |                                   | <b>Ashvina•Aipasi</b>  |                        |  |  |   |                    |

|                     |              |  |                                |                        |                        |   |  |   |                    |
|---------------------|--------------|--|--------------------------------|------------------------|------------------------|---|--|---|--------------------|
| <b>Retreat Star</b> |              | <b>Wednesday, November 7, 2018</b>     |                                |                        |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau |  | Washington DC<br>Sun 13 Sutra 206<br>Vilamba 5120 |                    |
| Tula Rasi: 18.16    | Tithi 30 – 1 | <b>Gulika</b> 10:34AM – 11:51AM        | <b>Svati Until 8:56AM</b>      | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:41AM |   |  |   |                    |
|                     |              | Yama 7:59AM – 9:16AM                   | Ayushman Until 8:56AM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:02PM  |   |  |   | Moon 10 - Phase 28 |
|                     |              | 765762364 <b>Rahu</b> 11:51AM – 1:09PM | Bava Until 10:37AM Thu         | <b>Nataraja:</b> Clear |                        |   |  |   | Prathama           |
| Creative Work       | Siddha Yoga  |  | <b>Amavasya* Until 11:02AM</b> | Moon – Green           |                        |   |  | <b>Sivaloka Day</b>                               |                    |
|                     |              | <b>Skanda Shasthi Begins</b>           |                                | <b>Kartika•Aipasi</b>  |                        |   |  |   |                    |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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|   |                    |  |   |  |  |
|---|--------------------|--|---|--|--|
| <b>1</b> <b>Thursday, November 8, 2018</b>  |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau           |   |  | Washington DC<br>Sun 14 Sutra 207<br>Vilamba 5120            |
| Vrischika Rasi: 1.32                        | Tithi 1 – 2        | <b>Gulika</b> 9:17AM – 10:34AM<br>Yama 6:42AM – 7:59AM<br>775762364 <b>Rahu</b> 1:09PM – 2:26PM  | <b>Vishakha Until 9:16AM</b><br>Sobhana Until 4:45AM Fri<br>Balava Until 10:39PM<br><b>Prathama* Until 10:37AM</b>      | <b>Ganesh:</b> Orange <i>Sunrise:</i> 6:42AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 5:01PM<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Karttika•Aipasi</b>    | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work                               | Siddha Yoga        |  |   |  |  |
| <b>2</b> <b>Friday, November 9, 2018</b>    |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau      |   |  | Washington DC<br>Sun 15 Sutra 208<br>Vilamba 5120            |
| Vrischika Rasi: 14.31                       | Tithi 2 – 3        | <b>Gulika</b> 8:00AM – 9:17AM<br>Yama 2:26PM – 3:43PM<br>775762364 <b>Rahu</b> 10:34AM – 11:52AM   | <b>Anuradha Until 10:02AM</b><br>Athiganda* Until 10:02AM<br>Gara Until 11:42AM Sat<br><b>Dvitiya Until 10:49AM</b>     | <b>Ganesh:</b> Orange <i>Sunrise:</i> 6:43AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 5:00PM<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Karttika•Aipasi</b>    | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work                               | Siddha Yoga        |  |   |  |  |
| Until 10:02AM                               |                    |  |   |  |  |
| Then Routine Work - Marana Yoga             |                    |  |   |  |  |
| <b>3</b> <b>Saturday, November 10, 2018</b> |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau             |   |  | Washington DC<br>Sun 16 Sutra 209<br>Vilamba 5120            |
| Vrischika Rasi: 27.09                       | Tithi 3 – 4        | <b>Gulika</b> 6:44AM – 8:01AM<br>Yama 1:09PM – 2:26PM<br>775762364 <b>Rahu</b> 9:18AM – 10:35AM  | <b>Jyeshtha* Until 11:18AM</b><br>Sukarma Until 4:03AM Sun<br>Vanija Until 11:85PM<br><b>Tritiya Until 4:08AM Sat</b>   | <b>Ganesh:</b> Orange <i>Sunrise:</i> 6:44AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:59PM<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Karttika•Aipasi</b>    | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work                               | Siddha Yoga        |  |   |  |  |
| <b>4</b> <b>Sunday, November 11, 2018</b>   |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau       |   |  | Washington DC<br>Sun 17 Sutra 210<br>Vilamba 5120            |
| Dhanus Rasi: 9.3                            | Tithi 4 – 5        | <b>Gulika</b> 2:25PM – 3:42PM<br>Yama 11:52AM – 1:08PM<br>785762364 <b>Rahu</b> 3:42PM – 4:58PM  | <b>Mula* Until 1:31PM</b><br>Dhriti Until 1:31PM<br>Balava Until 14:83AM Mon<br><b>Chaturthi* Until 1:15PM</b>          | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:45AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:58PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Karttika•Aipasi</b> | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work                               | Amrita Yoga        |  |   |  |  |
| Until 1:31PM                                |                    |  |   |  |  |
| Then Creative Work - Siddha Yoga            |                    |  |   |  |  |
| <b>5</b> <b>Monday, November 12, 2018</b>   |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |   |  | Washington DC<br>Sun 18 Sutra 211<br>Vilamba 5120            |
| Dhanus Rasi: 21.36                          | Tithi 5 – 6        | <b>Gulika</b> 1:08PM – 2:25PM<br>Yama 10:36AM – 11:52AM<br>785762364 <b>Rahu</b> 8:03AM – 9:19AM   | <b>Purvashadha* Until 4:08PM</b><br>Shula* Until 5:12AM Tue<br>Kaulava Until 4:38AM Tue<br><b>Panchami Until 3:23PM</b> | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:46AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:58PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Karttika•Aipasi</b> | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Family Home Evening                         |                    |  |   |  |  |
| Routine Work                                | Marana Yoga        |  |   |  |  |
| <b>6</b> <b>Tuesday, November 13, 2018</b>  |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Ganda* Yoga Taitila Karana Shashthi/Saptamyam Titau                   |   |  | Washington DC<br>Sun 19 Sutra 212<br>Vilamba 5120            |
| Makara Rasi: 3.31                           | Tithi 6 – 7        | <b>Gulika</b> 11:52AM – 1:08PM<br>Yama 9:20AM – 10:36AM<br>785762364 <b>Rahu</b> 2:24PM – 3:41PM   | <b>Uttarashadha Until 6:58PM</b><br>Ganda* Until 6:10AM Wed<br>Taitila Until 5:55PM<br><b>Shashthi* Until 5:55PM</b>    | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:47AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:57PM<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Karttika•Aipasi</b> | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Routine Work                                | Prabalarishta Yoga |  |   |  |  |
| Until 6:58PM                                |                    |  |   |  |  |
| Then Creative Work - Siddha Yoga            |                    |  |   |  |  |
| <b>Wednesday, November 14, 2018</b>         |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Visti* Karana Saptamyam Titau                       |   |  | Washington DC<br>Sun 20 Sutra 213<br>Vilamba 5120            |
| <b>Retreat Star</b>                         |                    | <b>Gulika</b> 10:36AM – 11:52AM<br>Yama 8:04AM – 9:20AM<br>795762364 <b>Rahu</b> 11:52AM – 1:08PM  | <b>Shravana Until 10:16PM</b><br>Ganda* Until 6:10AM<br>Gara Until 9:59AM Thu<br><b>Saptami Until 6:10AM Wed</b>        | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:49AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:56PM<br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Karttika•Aipasi</b>    | Moon 10 - Phase 29<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
| Makara Rasi: 15.2                           | Tithi 7            |  |   |  |  |
| Creative Work                               | Siddha Yoga        |  |   |  |  |
| Until 10:16PM                               |                    |  |   |  |  |
| Then Routine Work - Prabalarishta Yoga      |                    |  |   |  |  |
| <b>Thursday, November 15, 2018</b>          |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau                      |   |  | Washington DC<br>Sun 21 Sutra 214<br>Vilamba 5120            |
| <b>Retreat Star</b>                         |                    | <b>Gulika</b> 9:21AM – 10:37AM<br>Yama 6:50AM – 8:05AM<br>795762364 <b>Rahu</b> 1:08PM – 2:24PM  | <b>Dhanishtha Until 1:18AM Fri</b><br>Vridhi Until 7:10AM<br>Visti Until 9:59AM<br><b>Ashtami* Until 11:13PM</b>        | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:50AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:55PM<br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Karttika•Aipasi</b>    | Moon 10 - Phase 29<br>Ashtami<br><b>Subha Sivaloka Day</b>   |
| Makara Rasi: 27.07                          | Tithi 8            |  |   |  |  |
| Creative Work                               | Siddha Yoga        |  |   |  |  |
| <b>Friday, November 16, 2018</b>            |                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau         |   |  | Washington DC<br>Sun 22 Sutra 215<br>Vilamba 5120            |
| <b>Retreat Star</b>                         |                    | <b>Gulika</b> 8:06AM – 9:22AM<br>Yama 2:24PM – 3:39PM<br>795762364 <b>Rahu</b> 10:37AM – 11:53AM   | <b>Shatabhishak Until 3:47AM Sat</b><br>Dhruva Until 7:59AM<br>Balava Until 12:25PM<br><b>Navami* Until 1:27AM Sat</b>  | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:51AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:54PM<br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Karttika•Karttikai</b> | Moon 10 - Phase 29<br>Navami<br><b>Subha Sivaloka Day</b>    |
| Kumbha Rasi: 8.59                           | Tithi 9            |  |   |  |  |
| Creative Work                               | Siddha Yoga        |  |   |  |  |
| Until 3:47AM Sat                            |                    |  |   |  |  |
| Then Routine Work - Marana Yoga             |                    |  |   |  |  |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

|                                      |  |   |   |  |                     |                     |
|--------------------------------------|--|---|---|--|---------------------|---------------------|
| <b>1 Saturday, November 17, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam |   |  |                     | Washington DC       |
| Kumbha Rasi: 21.02    Tiithi 10      |  | Purvaprosarthapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau         |   |  |                     | Sun 23    Sutra 216 |
| 716762365                            |  | <b>Gulika</b> 6:52AM – 8:07AM   | <b>Purvaprosarthapada* Until 6:02AM Sun</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:52AM | Vilamba 5120        |                     |
| Routine Work    Marana Yoga          |  | Yama 1:08PM – 2:23PM  | Vyaghata* Until 8:29AM                      | <b>Muruga:</b> Clear <i>Sunset:</i> 4:54PM | Moon 10 - Phase 30  |                     |
| Until 6:02AM Sun                     |  | <b>Rahu</b> 9:22AM – 10:38AM  | Tailila Until 15:41AM Sun                   | <b>Nataraja:</b> White                     | 4th Phase           |                     |
| Then Creative Work - Amrita Yoga     |  | Moon – Clear  |   |  | <b>Devaloka Day</b> |                     |
|                                      |  |   | <b>Dashami Until 7:59AM</b>                 | <b>Karttika-Karttikai</b>                  |                     |                     |

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| <b>2 Sunday, November 18, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam            |   |  |                     | Washington DC       |
| Meena Rasi: 3.19    Tiithi 11      |  | Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau |   |  |                     | Sun 24    Sutra 217 |
| 716762365                          |  | <b>Gulika</b> 2:23PM – 3:38PM  | <b>Purvaprosarthapada* Until 6:02AM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:54AM | Vilamba 5120        |                     |
| Creative Work    Siddha Yoga       |  | Yama 11:53AM – 1:08PM  | Harshana Until 8:32AM                   | <b>Muruga:</b> Clear <i>Sunset:</i> 4:53PM | Moon 10 - Phase 30  |                     |
| Until 6:02AM                       |  | <b>Rahu</b> 3:38PM – 4:53PM  | Vanija Until 16:15AM Mon                | <b>Nataraja:</b> White                     | 4th Phase           |                     |
| Then Creative Work - Amrita Yoga   |  | Moon – Clear   |   |  | <b>Devaloka Day</b> |                     |
|                                    |  |  | <b>Ekadashi Until 8:29AM</b>            | <b>Karttika-Karttikai</b>                  |                     |                     |

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| <b>3 Monday, November 19, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam |   |  |                     | Washington DC       |
| Meena Rasi: 15.54    Tiithi 12     |  | Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau      |   |  |                     | Sun 25    Sutra 218 |
| 716762365                          |  | <b>Gulika</b> 1:08PM – 2:23PM  | <b>Uttaraprosarthapada Until 7:25AM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:54AM | Vilamba 5120        |                     |
| Family Home Evening                |  | Yama 10:38AM – 11:53AM   | Vajra* Until 8:00AM                     | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM | Moon 10 - Phase 30  |                     |
| Creative Work    Siddha Yoga       |  | <b>Rahu</b> 8:09AM – 9:24AM  | Bava Until 4:15PM                       | <b>Nataraja:</b> White                     | 4th Phase           |                     |
|                                    |  | Moon – Clear   |   |  | <b>Devaloka Day</b> |                     |
|                                    |  |  | <b>Dvadashi Until 4:13AM Tue</b>        | <b>Karttika-Karttikai</b>                  |                     |                     |

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| <b>4 Tuesday, November 20, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam |                                    |  |                     | Washington DC       |
| Meena Rasi: 28.5    Tiithi 13       |  | Revati/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Kaulava/Gara Karana Trayodashyam Titau              |                                    |  |                     | Sun 26    Sutra 219 |
| 716762365                           |  | <b>Gulika</b> 11:53AM – 1:08PM  | <b>Revati Until 7:56AM</b>         | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:55AM | Vilamba 5120        |                     |
| Creative Work    Siddha Yoga        |  | Yama 9:24AM – 10:39AM   | Siddhi Until 7:56AM                | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM | Moon 10 - Phase 30  |                     |
|                                     |  | <b>Rahu</b> 2:23PM – 3:37PM   | Kaulava Until 4:03PM               | <b>Nataraja:</b> White                     | 4th Phase           |                     |
|                                     |  | Moon – Clear  |                                    |  | <b>Devaloka Day</b> |                     |
|                                     |  |   | <b>Trayodashi Until 3:40AM Wed</b> | <b>Karttika-Karttikai</b>                  |                     |                     |
| <i>Pradosha Vrata</i>               |  |   |                                    |  |                     |                     |

|                                       |  |   |                                      |   |                              |                     |
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| <b>5 Wednesday, November 21, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam |                                      |   |                              | Washington DC       |
| Mesha Rasi: 12.1    Tiithi 14         |  | Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau                     |                                      |   |                              | Sun 27    Sutra 220 |
| 726762365                             |  | <b>Gulika</b> 10:39AM – 11:54AM   | <b>Ashvini Until 7:43AM Fri Th</b>   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:56AM | Vilamba 5120                 |                     |
| Routine Work    Marana Yoga           |  | Yama 8:11AM – 9:25AM  | Variyan Until 3:01AM Thu             | <b>Muruga:</b> Clear <i>Sunset:</i> 4:51PM  | Moon 10 - Phase 30           |                     |
| Until 12:43AM Fri Th                  |  | <b>Rahu</b> 11:54AM – 1:08PM  | Gara Until 3:10PM                    | <b>Nataraja:</b> White                      | 4th Phase                    |                     |
| Then Creative Work - Siddha Yoga      |  | Moon – White  |                                      |   | <b>Bhuloka Day</b>           |                     |
|                                       |  |   | <b>Chaturdashi* Until 2:28AM Thu</b> | <b>Karttika-Karttikai</b>                   | Devaloka Time: 12:PM to 3:PM |                     |

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| <b>Thursday, November 22, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam |                                  |   |                              | Washington DC |
| <b>Copper Retreat Star</b>         |  | Ashvini/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau                     |                                  |   |                              | Sutra 221     |
| Mesha Rasi: 25.51    Tiithi 15     |  | 726762365  |                                  |   |                              | Vilamba 5120  |
| Creative Work    Siddha Yoga       |  | <b>Gulika</b> 9:26AM – 10:40AM   | <b>Ashvini Until 12:43AM Fri</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:57AM | Moon 10 - Phase 30           |               |
|                                    |  | Yama 6:57AM – 8:11AM   | Parigha* Until 12:25AM Fri       | <b>Muruga:</b> Clear <i>Sunset:</i> 4:51PM  | Purnima                      |               |
|                                    |  | <b>Rahu</b> 1:08PM – 2:22PM  | Visti Until 11:42AM Fri          | <b>Nataraja:</b> White                      |                              |               |
|                                    |  | Moon – White   |                                  |   | <b>Bhuloka Day</b>           |               |
|                                    |  |  | <b>Purnima* Until 3:01AM Thu</b> | <b>Karttika-Karttikai</b>                   | Devaloka Time: 12:PM to 3:PM |               |

|                                   |  |   |                                    |   |                              |               |
|-----------------------------------|--|---|------------------------------------|---|------------------------------|---------------|
| <b>Friday, November 23, 2018</b>  |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam |                                    |   |                              | Washington DC |
| <b>Silver Retreat Star</b>        |  | Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau                        |                                    |   |                              | Sutra 222     |
| Vrishabha Rasi: 9.52    Tiithi 16 |  | 726762365   |                                    |   |                              | Vilamba 5120  |
| Creative Work    Siddha Yoga      |  | <b>Gulika</b> 8:12AM – 9:26AM   | <b>Krittika Until 6:05AM</b>       | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:58AM | Moon 10 - Phase 30           |               |
| Until 6:05AM                      |  | Yama 2:22PM – 3:36PM  | Shiva Until 9:29PM                 | <b>Muruga:</b> Clear <i>Sunset:</i> 4:50PM  | Prathama                     |               |
| Then Routine Work - Marana Yoga   |  | <b>Rahu</b> 10:40AM – 11:54AM   | Balava Until 8:85AM Sat            | <b>Nataraja:</b> White                      |                              |               |
|                                   |  | Moon – White  |                                    |   | <b>Bhuloka Day</b>           |               |
|                                   |  |   | <b>Prathama* Until 12:25AM Fri</b> | <b>Karttika-Karttikai</b>                   | Devaloka Time: 12:PM to 3:PM |               |
|                                   |  | <b>Krittika Deepam</b>  |                                    |   |                              |               |
|                                   |  | <b>Vinayaga Viratam Begins</b>  |                                    |   |                              |               |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Washington DC

Wrishabha Rasi: 24.06 Tihi 17

737762365

**Gulika** 6:59AM – 8:13AM  
**Yama** 1:08PM – 2:22PM  
**Rahu** 9:27AM – 10:41AM

**Mrigashira** Until 5:37PM Sun  
Siddha Until 2:56AM Sun  
Tailila Until 9:25AM  
Dvitiya Until 8:10PM

**Ganesha:** Red *Sunrise:* 6:59AM  
**Muruga:** Clear *Sunset:* 4:50PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Vanija Karana Tritiya/Chaturthiyam Titau

Washington DC

Mithuna Rasi: 8.29 Tihi 18 – 19

737762365

**Gulika** 2:22PM – 3:36PM  
**Yama** 11:55AM – 1:08PM  
**Rahu** 3:36PM – 4:49PM

**Mrigashira** Until 5:37PM  
Sadhya Until 11:45AM Mon  
Vanija Until 6:55AM  
Tritiya Until 5:37PM

**Ganesha:** Red *Sunrise:* 7:00AM  
**Muruga:** Clear *Sunset:* 4:49PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

Sun 1 Sutra 224  
Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Washington DC

Mithuna Rasi: 22.56 Tihi 19 – 20

747762365

**Gulika** 1:09PM – 2:22PM  
**Yama** 10:42AM – 11:55AM  
**Rahu** 8:15AM – 9:28AM

**Ardra** Until 3:04PM  
Subha Until 8:30AM Tue  
Kaulava Until 1:50AM Tue  
Chaturthi\* Until 11:45AM Mon

**Ganesha:** Green *Sunrise:* 7:01AM  
**Muruga:** Clear *Sunset:* 4:49PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

Sun 2 Sutra 225  
Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 3:04PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Washington DC

Kataka Rasi: 7.21 Tihi 20 – 21

747862365

**Gulika** 11:56AM – 1:09PM  
**Yama** 9:29AM – 10:42AM  
**Rahu** 2:22PM – 3:35PM

**Punarvasu** Until 12:36PM  
Sukla Until 4:83AM Wed  
Gara Until 11:26PM  
Panchami Until 12:36PM

**Ganesha:** White *Sunrise:* 7:02AM  
**Muruga:** Clear *Sunset:* 4:49PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

Sun 3 Sutra 226  
Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Washington DC

Kataka Rasi: 21.4 Tihi 21 – 22

747863365

**Gulika** 10:43AM – 11:56AM  
**Yama** 8:17AM – 9:30AM  
**Rahu** 11:56AM – 1:09PM

**Pushya** Until 10:17AM  
Indra Until 7:55PM  
Bava Until 7:72AM Thu  
Shashthi\* Until 10:17AM

**Ganesha:** White *Sunrise:* 7:03AM  
**Muruga:** Purple *Sunset:* 4:48PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

Sun 4 Sutra 227  
Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\* Yoga Bava Karana Saptami/Ashtamyam Titau

Washington DC

Simha Rasi: 5.5 Tihi 22 – 23

757863365

**Gulika** 9:30AM – 10:43AM  
**Yama** 7:04AM – 8:17AM  
**Rahu** 1:09PM – 2:22PM

**Magha\*** Until 6:46PM  
Vaidhriti\* Until 11:41PM  
Bava Until 8:12AM  
Saptami Until 8:12AM

**Ganesha:** Clear *Sunrise:* 7:04AM  
**Muruga:** Purple *Sunset:* 4:48PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

Sun 5 Sutra 228  
Vilamba 5120  
Moon 11 - Phase 31  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Washington DC

Simha Rasi: 19.52 Tihi 23 – 24

758863365

**Gulika** 8:18AM – 9:31AM  
**Yama** 2:22PM – 3:35PM  
**Rahu** 10:44AM – 11:57AM

**Purvaphalguni** Until 5:45PM  
Vishkambha\* Until 9:08PM  
Gara Until 5:35PM  
Ashtami\* Until 11:41PM

**Ganesha:** Orange *Sunrise:* 7:05AM  
**Muruga:** Purple *Sunset:* 4:48PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

Sun 6 Sutra 229  
Vilamba 5120  
Moon 11 - Phase 31  
Navami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

|                  |             |                                   |                        |  |                           |  |  |  |                    |
|------------------|-------------|-----------------------------------|------------------------|--|---------------------------|--|--|--|--------------------|
| <b>1</b>         |             | <b>Saturday, December 1, 2018</b> |                        |  |                           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija Karana Dashamyam Titau |  | Washington DC<br>Sun 7 Sutra 230<br>Vilamba 5120 |                    |
| Kanya Rasi: 3.42 | Tithi 25    | <b>Gulika</b>                     | <b>7:06AM – 8:19AM</b> | <b>Uttaraphalguni Until 2:32AM Mon Sun</b> | <b>Ganesha: Orange</b>    | <i>Sunrise: 7:06AM</i>   |  |  |                    |
|                  |             | Yama                              | 1:10PM – 2:22PM        | Priti Until 4:50PM                         | <b>Muruga: Purple</b>     | <i>Sunset: 4:47PM</i>  |  |  | Moon 11 - Phase 32 |
|                  |             | 758863365                         | <b>Rahu</b>            | <b>9:32AM – 10:44AM</b>                    | Vanija Until 4:09PM       | <b>Nataraja: White</b>   |  |  | 2nd Phase          |
| Routine Work     | Marana Yoga |                                   |                        | <b>Dashami Until 3:31AM Sun</b>            | Moon – Red                |  |  | <b>Bhuloka Day</b>                               |                    |
|                  |             |                                   |                        |  | <b>Karttika-Karttikai</b> |  |  | <b>Devaloka Time: 6:AM to 9:AM</b>               |                    |

|  |             |                                 |                        |  |                            |  |  |  |                    |
|--|-------------|---------------------------------|------------------------|--|----------------------------|--|--|--|--------------------|
| <b>2</b>                               |             | <b>Sunday, December 2, 2018</b> |                        |  |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau |  | Washington DC<br>Sun 8 Sutra 231<br>Vilamba 5120 |                    |
| Kanya Rasi: 17.23                      | Tithi 26    | <b>Gulika</b>                   | <b>2:22PM – 3:35PM</b> | <b>Uttaraphalguni Until 2:32AM Mon</b> | <b>Ganesha: Light Blue</b> | <i>Sunrise: 7:07AM</i>   |  |  |                    |
|  |             | Yama                            | 11:57AM – 1:10PM       | Ayushman Until 4:43PM                  | <b>Muruga: Purple</b>      | <i>Sunset: 4:47PM</i>  |  |  | Moon 11 - Phase 32 |
|  |             | 768863365                       | <b>Rahu</b>            | <b>3:35PM – 4:47PM</b>                 | Bava Until 13:71AM Mon     | <b>Nataraja: White</b>   |  |  | 2nd Phase          |
| Creative Work                          | Amrita Yoga |                                 |                        | <b>Ekadashi* Until 6:50PM</b>          | Moon – Green               |  |  | <b>Bhuloka Day</b>                               |                    |
| Until 2:32AM Mon                       |             |                                 |                        |  | <b>Karttika-Karttikai</b>  |  |  |  |                    |
| Then Routine Work - Prabalarishta Yoga |             |                                 |                        |  |                            |  |  |  |                    |

|                                  |                    |                                 |                        |                                   |                            |  |  |  |                    |
|----------------------------------|--------------------|---------------------------------|------------------------|-----------------------------------|----------------------------|--|--|--|--------------------|
| <b>3</b>                         |                    | <b>Monday, December 3, 2018</b> |                        |                                   |                            | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava Karana Dvadashyam Titau |  | Washington DC<br>Sun 9 Sutra 232<br>Vilamba 5120 |                    |
| Tula Rasi: 0.53                  | Tithi 27           | <b>Gulika</b>                   | <b>1:10PM – 2:22PM</b> | <b>Hasta Until 1:52AM Tue</b>     | <b>Ganesha: Light Blue</b> | <i>Sunrise: 7:08AM</i>   |  |  |                    |
| <b>Family Home Evening</b>       |                    | Yama                            | 10:45AM – 11:58AM      | Saubhagya Until 12:77AM Tue       | <b>Muruga: Purple</b>      | <i>Sunset: 4:47PM</i>  |  |  | Moon 11 - Phase 32 |
|                                  |                    | 768863365                       | <b>Rahu</b>            | <b>8:21AM – 9:33AM</b>            | Kaulava Until 2:11PM       | <b>Nataraja: White</b>   |  |  | 2nd Phase          |
| Routine Work                     | Prabalarishta Yoga |                                 |                        | <b>Dvadashi* Until 1:52AM Tue</b> | Moon – Green               |  |  | <b>Bhuloka Day</b>                               |                    |
| Until 1:52AM Tue                 |                    |                                 |                        |                                   | <b>Karttika-Karttikai</b>  |  |  |  |                    |
| Then Creative Work - Siddha Yoga |                    |                                 |                        |                                   |                            |  |  |  |                    |

|                  |             |                                  |                         |                                      |                                 |  |  |   |                    |
|------------------|-------------|----------------------------------|-------------------------|--------------------------------------|---------------------------------|--|--|---|--------------------|
| <b>4</b>         |             | <b>Tuesday, December 4, 2018</b> |                         |                                      |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Chitra/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau |  | Washington DC<br>Sun 10 Sutra 233<br>Vilamba 5120 |                    |
| Tula Rasi: 14.13 | Tithi 28    | <b>Gulika</b>                    | <b>11:58AM – 1:10PM</b> | <b>Chitra Until 1:34AM Wed</b>       | <b>Ganesha: Light Blue</b>      | <i>Sunrise: 7:09AM</i>   |  |   |                    |
|                  |             | Yama                             | 9:34AM – 10:46AM        | Sobhana Until 12:00AM Wed            | <b>Muruga: Purple</b>           | <i>Sunset: 4:47PM</i>  |  |   | Moon 11 - Phase 32 |
|                  |             | 768863365                        | <b>Rahu</b>             | <b>2:23PM – 3:35PM</b>               | Gara Until 13:36AM Wed          | <b>Nataraja: White</b>   |  |   | 2nd Phase          |
| Creative Work    | Siddha Yoga |                                  |                         | <b>Trayodashi* Until 12:77AM Tue</b> | Moon – Green                    |  |  | <b>Bhuloka Day</b>                                |                    |
|                  |             |                                  |                         |                                      | <b>Karttika-Karttikai</b>       |  |  |   |                    |
|                  |             |                                  |                         |                                      | <i>Pradosha Vrata (Fasting)</i> |  |  |   |                    |

|                  |             |                                    |                          |                                      |                           |  |  |   |                    |
|------------------|-------------|------------------------------------|--------------------------|--------------------------------------|---------------------------|--|--|---|--------------------|
| <b>5</b>         |             | <b>Wednesday, December 5, 2018</b> |                          |                                      |                           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visil*/Sakuni* Karana Chaturdashyam Titau |  | Washington DC<br>Sun 11 Sutra 234<br>Vilamba 5120 |                    |
| Tula Rasi: 27.21 | Tithi 29    | <b>Gulika</b>                      | <b>10:46AM – 11:59AM</b> | <b>Vishakha Until 5:03PM</b>         | <b>Ganesha: Purple</b>    | <i>Sunrise: 7:10AM</i>   |  |   |                    |
|                  |             | Yama                               | 8:22AM – 9:34AM          | Athiganda* Until 12:00PM             | <b>Muruga: Purple</b>     | <i>Sunset: 4:47PM</i>  |  |   | Moon 11 - Phase 32 |
|                  |             | 778863365                          | <b>Rahu</b>              | <b>11:59AM – 1:11PM</b>              | Visil Until 1:36PM        | <b>Nataraja: White</b>   |  |   | 2nd Phase          |
| Creative Work    | Siddha Yoga |                                    |                          | <b>Chaturdashi* Until 1:42AM Thu</b> | Moon – Orange             |  |  | <b>Bhuloka Day</b>                                |                    |
|                  |             |                                    |                          |                                      | <b>Karttika-Karttikai</b> |  |  |   |                    |

|  |             |                                   |                         |                                |                             |  |  |   |                    |
|--|-------------|-----------------------------------|-------------------------|--------------------------------|-----------------------------|--|--|---|--------------------|
| <b>●</b>                               |             | <b>Thursday, December 6, 2018</b> |                         |                                |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Anuradha Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau |  | Washington DC<br>Sun 12 Sutra 235<br>Vilamba 5120 |                    |
| <b>Retreat Star</b>                    |             | <b>Gulika</b>                     | <b>9:35AM – 10:47AM</b> | <b>Anuradha Until 6:04PM</b>   | <b>Ganesha: Purple</b>      | <i>Sunrise: 7:11AM</i>   |  |   |                    |
| Vrischika Rasi: 10.15                  | Tithi 30    | Yama                              | 7:11AM – 8:23AM         | Sukarma Until 11:04AM          | <b>Muruga: Purple</b>       | <i>Sunset: 4:47PM</i>  |  |   | Moon 11 - Phase 32 |
|  |             | 778863365                         | <b>Rahu</b>             | <b>1:11PM – 2:23PM</b>         | Catuspada Until 14:52AM Fri | <b>Nataraja: White</b>   |  |   | Amavasya           |
| Creative Work                          | Siddha Yoga |                                   |                         | <b>Amavasya* Until 12:00PM</b> | Moon – Orange               |  |  | <b>Bhuloka Day</b>                                |                    |
| Until 6:04PM                           |             |                                   |                         |                                | <b>Karttika-Karttikai</b>   |  |  |   |                    |
| Then Routine Work - Prabalarishta Yoga |             |                                   |                         |                                |                             |  |  |   |                    |

|                                  |             |                     |                        |                                |                             |  |  |   |                    |
|----------------------------------|-------------|---------------------|------------------------|--------------------------------|-----------------------------|--|--|---|--------------------|
| <b>Friday, December 7, 2018</b>  |             | <b>Retreat Star</b> |                        |                                |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Balava Karana Prathamayam Titau |  | Washington DC<br>Sun 13 Sutra 236<br>Vilamba 5120 |                    |
| Vrischika Rasi: 22.56            | Tithi 1     | <b>Gulika</b>       | <b>8:24AM – 9:36AM</b> | <b>Jyeshtha* Until 7:25PM</b>  | <b>Ganesha: Light Blue</b>  | <i>Sunrise: 7:12AM</i>   |  |   |                    |
|                                  |             | Yama                | 2:23PM – 3:35PM        | Dhriti Until 7:25PM            | <b>Muruga: Purple</b>       | <i>Sunset: 4:47PM</i>  |  |   | Moon 11 - Phase 32 |
|                                  |             | 779863365           | <b>Rahu</b>            | <b>10:48AM – 11:59AM</b>       | Kintughna Until 15:78AM Sat | <b>Nataraja: White</b>   |  |   | Prathama           |
| Routine Work                     | Marana Yoga |                     |                        | <b>Prathama* Until 11:04AM</b> | Moon – Orange               |  |  | <b>Bhuloka Day</b>                                |                    |
| Until 7:25PM                     |             |                     |                        |                                | <b>Margasira-Karttikai</b>  |  |  |   |                    |
| Then Creative Work - Amrita Yoga |             |                     |                        |                                |                             |  |  |   |                    |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

|  |             |                                     |  |  |                       |   |  |
|--|-------------|-------------------------------------|--|--|-----------------------|---|--|
| <b>1</b>                               |             | <b>Saturday, December 8, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Shula*/Ganda* Yoga Balava Karana Dvitiyayam Titau   |                       | Washington DC<br>Sun 14 Sutra 237<br>Vilamba 5120 |  |
| Dhanus Rasi: 5.22                      | Tithi 2     | <b>Gulika</b><br>7:13AM – 8:25AM    | <b>Mula* Until 9:36PM</b>              | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 7:13AM  | <i>Sunset:</i> 4:47PM | Moon 11 - Phase 33<br>3rd Phase                   |  |
| Creative Work                          | Siddha Yoga | <b>Yama</b><br>1:12PM – 2:23PM      | <b>Shula* Until 9:36PM</b>             | <b>Muruga:</b> Purple  |                       | <b>Bhuloka Day</b>                                |  |
|  |             | <b>Rahu</b><br>9:36AM – 10:48AM     | <b>Balava Until 4:18PM</b>             | <b>Nataraja:</b> White   |                       |   |  |
|  |             |                                     | <b>Dvitiya Until 5:11AM Sun</b>        | <b>Moon – Light Blue</b>   |                       |   |  |
|  |             |                                     |  | <b>Margasira-Karttikai</b>   |                       |   |  |
| <b>2</b>                               |             | <b>Sunday, December 9, 2018</b>     |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Ganda*/Vridhi Yoga Taitila Karana Tritiyayam Titau                                 |                       | Washington DC<br>Sun 15 Sutra 238<br>Vilamba 5120 |  |
| Dhanus Rasi: 17.34                     | Tithi 3     | <b>Gulika</b><br>2:24PM – 3:35PM    | <b>Purvashadha* Until 7:22AM Mon</b>   | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 7:14AM  | <i>Sunset:</i> 4:47PM | Moon 11 - Phase 33<br>3rd Phase                   |  |
| Creative Work                          | Siddha Yoga | <b>Yama</b><br>12:00PM – 1:12PM     | <b>Ganda* Until 10:41AM</b>            | <b>Muruga:</b> Purple  |                       | <b>Bhuloka Day</b>                                |  |
| Until 7:22AM Mon                       |             | <b>Rahu</b><br>3:35PM – 4:47PM      | <b>Taitila Until 6:15PM</b>            | <b>Nataraja:</b> White   |                       |   |  |
| Then Routine Work - Marana Yoga        |             |                                     | <b>Tritiya Until 7:22AM Mon</b>        | <b>Moon – Light Blue</b>   |                       |   |  |
|  |             |                                     |  | <b>Margasira-Karttikai</b>   |                       |   |  |
| <b>3</b>                               |             | <b>Monday, December 10, 2018</b>    |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara/Bava Karana Tritiya/Chaturtham Titau          |                       | Washington DC<br>Sun 16 Sutra 239<br>Vilamba 5120 |  |
| Dhanus Rasi: 29.35                     | Tithi 3 – 4 | <b>Gulika</b><br>1:12PM – 2:24PM    | <b>Purvashadha* Until 7:22AM</b>       | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 7:14AM  | <i>Sunset:</i> 4:47PM | Moon 11 - Phase 33<br>3rd Phase                   |  |
| <b>Family Home Evening</b>             |             | <b>Yama</b><br>10:49AM – 12:01PM    | <b>Vriddhi Until 2:51AM Tue</b>        | <b>Muruga:</b> Purple  |                       | <b>Bhuloka Day</b>                                |  |
| Routine Work                           | Marana Yoga | <b>Rahu</b><br>8:26AM – 9:38AM      | <b>Bava Until 23:18AM Tue</b>          | <b>Nataraja:</b> White   |                       |   |  |
| Until 7:22AM                           |             |                                     | <b>Tritiya Until 7:22AM</b>            | <b>Moon – Light Blue</b>   |                       |   |  |
| Then Creative Work - Amrita Yoga       |             |                                     |  | <b>Margasira-Karttikai</b>   |                       |   |  |
| <b>4</b>                               |             | <b>Tuesday, December 11, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha*/Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau    |                       | Washington DC<br>Sun 17 Sutra 240<br>Vilamba 5120 |  |
| Makara Rasi: 11.28                     | Tithi 4 – 5 | <b>Gulika</b><br>12:01PM – 1:13PM   | <b>Uttarashadha Until 9:55AM</b>       | <b>Ganesh:</b> Clear<br><i>Sunrise:</i> 7:15AM   | <i>Sunset:</i> 4:47PM | Moon 11 - Phase 33<br>3rd Phase                   |  |
| Creative Work                          | Siddha Yoga | <b>Yama</b><br>9:38AM – 10:50AM     | <b>Dhruva Until 13:10AM Wed</b>        | <b>Muruga:</b> Purple  |                       | <b>Bhuloka Day</b>                                |  |
|  |             | <b>Rahu</b><br>2:24PM – 3:36PM      | <b>Bava Until 11:18PM</b>              | <b>Nataraja:</b> White   |                       |   |  |
|  |             |                                     | <b>Chaturthi* Until 9:55AM</b>         | <b>Moon – Purple</b>   |                       |   |  |
|  |             |                                     |  | <b>Margasira-Karttikai</b>   |                       | <b>Devaloka Time: 6:AM to 9:AM</b>                |  |
| <b>5</b>                               |             | <b>Wednesday, December 12, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Panchami/Shashthyam Titau     |                       | Washington DC<br>Sun 18 Sutra 241<br>Vilamba 5120 |  |
| Makara Rasi: 23.15                     | Tithi 5 – 6 | <b>Gulika</b><br>10:50AM – 12:02PM  | <b>Shravana Until 6:08AM</b>           | <b>Ganesh:</b> Clear<br><i>Sunrise:</i> 7:16AM   | <i>Sunset:</i> 4:47PM | Moon 11 - Phase 33<br>3rd Phase                   |  |
| Creative Work                          | Siddha Yoga | <b>Yama</b><br>8:27AM – 9:39AM      | <b>Vyaghata* Until 6:08AM</b>          | <b>Muruga:</b> Purple  |                       | <b>Bhuloka Day</b>                                |  |
| Until 6:08AM                           |             | <b>Rahu</b><br>12:02PM – 1:13PM     | <b>Taitila Until 15:22AM Thu</b>       | <b>Nataraja:</b> White   |                       |   |  |
| Then Routine Work - Prabalarishta Yoga |             |                                     | <b>Panchami Until 12:40PM</b>          | <b>Moon – Purple</b>   |                       |   |  |
|  |             |                                     |  | <b>Margasira-Karttikai</b>   |                       | <b>Devaloka Time: 6:AM to 9:AM</b>                |  |
| <b>6</b>                               |             | <b>Thursday, December 13, 2018</b>  |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau        |                       | Washington DC<br>Sun 19 Sutra 242<br>Vilamba 5120 |  |
| Kumbha Rasi: 5.02                      | Tithi 6 – 7 | <b>Gulika</b><br>9:39AM – 10:51AM   | <b>Dhanishtha Until 9:17AM</b>         | <b>Ganesh:</b> Clear<br><i>Sunrise:</i> 7:17AM   | <i>Sunset:</i> 4:48PM | Moon 11 - Phase 33<br>3rd Phase                   |  |
| Creative Work                          | Siddha Yoga | <b>Yama</b><br>7:17AM – 8:28AM      | <b>Harshana Until 2:09PM</b>           | <b>Muruga:</b> Purple  |                       | <b>Bhuloka Day</b>                                |  |
|  |             | <b>Rahu</b><br>1:14PM – 2:25PM      | <b>Gara Until 4:40AM Fri</b>           | <b>Nataraja:</b> White   |                       |   |  |
|  |             |                                     | <b>Shashthi* Until 3:22PM</b>          | <b>Moon – Purple</b>   |                       |   |  |
|  |             |                                     |  | <b>Margasira-Karttikai</b>   |                       | <b>Devaloka Time: 6:AM to 9:AM</b>                |  |
|  |             | <b>Vinayaga Viratam Ends</b>        |  |  |                       |   |  |
| <b>Retreat Star</b>                    |             | <b>Friday, December 14, 2018</b>    |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak/Purvaprosnthapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                       | Washington DC<br>Sun 20 Sutra 243<br>Vilamba 5120 |  |
| Kumbha Rasi: 16.53                     | Tithi 7 – 8 | <b>Gulika</b><br>8:29AM – 9:40AM    | <b>Shatabhishak Until 12:04PM</b>      | <b>Ganesh:</b> Clear<br><i>Sunrise:</i> 7:18AM   | <i>Sunset:</i> 4:48PM | Moon 11 - Phase 33<br>3rd Phase                   |  |
| Creative Work                          | Siddha Yoga | <b>Yama</b><br>2:25PM – 3:36PM      | <b>Vajra* Until 2:55PM</b>             | <b>Muruga:</b> Purple  |                       | <b>Bhuloka Day</b>                                |  |
|  |             | <b>Rahu</b><br>10:51AM – 12:03PM    | <b>Visti Until 6:53AM Sat</b>          | <b>Nataraja:</b> White   |                       |   |  |
|  |             |                                     | <b>Saptami Until 5:49PM</b>            | <b>Moon – Purple</b>   |                       |   |  |
|  |             |                                     |  | <b>Margasira-Karttikai</b>   |                       | <b>Devaloka Time: 6:AM to 9:AM</b>                |  |
| <b>Retreat Star</b>                    |             | <b>Saturday, December 15, 2018</b>  |  | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Kaulava Karana Ashtamyam Titau |                       | Washington DC<br>Sun 21 Sutra 244<br>Vilamba 5120 |  |
| Kumbha Rasi: 28.53                     | Tithi 8     | <b>Gulika</b><br>7:18AM – 8:29AM    | <b>Purvaprosnthapada* Until 2:45PM</b> | <b>Ganesh:</b> Clear<br><i>Sunrise:</i> 7:18AM   | <i>Sunset:</i> 4:48PM | Moon 11 - Phase 33<br>Ashtami                     |  |
| Routine Work                           | Marana Yoga | <b>Yama</b><br>1:14PM – 2:26PM      | <b>Siddhi Until 2:45PM</b>             | <b>Muruga:</b> Purple  |                       | <b>Bhuloka Day</b>                                |  |
| Until 2:45PM                           |             | <b>Rahu</b><br>9:41AM – 10:52AM     | <b>Visti Until 6:53AM</b>              | <b>Nataraja:</b> White   |                       |   |  |
| Then Creative Work - Siddha Yoga       |             |                                     | <b>Ashtami* Until 7:45PM</b>           | <b>Moon – Clear</b>  |                       |   |  |
|  |             | <b>Markali Pillaiyar</b>            |  | <b>Margasira-Markali</b>   |                       | <b>Devaloka Time: 6:AM to 9:AM</b>                |  |
| <b>Retreat Star</b>                    |             | <b>Sunday, December 16, 2018</b>    |  | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraprosnthapada*/Revati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Navamyam Titau            |                       | Washington DC<br>Sun 22 Sutra 245<br>Vilamba 5120 |  |
| Meena Rasi: 11.08                      | Tithi 9     | <b>Gulika</b><br>2:26PM – 3:37PM    | <b>Uttaraprosnthapada Until 4:38PM</b> | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 7:19AM  | <i>Sunset:</i> 4:48PM | Moon 11 - Phase 33<br>Navami                      |  |
| Creative Work                          | Amrita Yoga | <b>Yama</b><br>12:04PM – 1:15PM     | <b>Vyatipata* Until 3:18PM</b>         | <b>Muruga:</b> Purple  |                       | <b>Bhuloka Day</b>                                |  |
|  |             | <b>Rahu</b><br>3:37PM – 4:48PM      | <b>Balava Until 8:30AM</b>             | <b>Nataraja:</b> White   |                       |   |  |
|  |             |                                     | <b>Navami* Until 9:01PM</b>            | <b>Moon – Clear</b>  |                       |   |  |
|  |             |                                     |  | <b>Margasira-Markali</b>   |                       |   |  |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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|                            |  |                                  |  |  |                                |   |                        |                    |                    |
|----------------------------|--|----------------------------------|--|--|--------------------------------|---|------------------------|--------------------|--------------------|
| <b>1</b>                   |  | <b>Monday, December 17, 2018</b> |  |  |                                | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Washington DC      |                    |
| Meena Rasi: 23.41          |  | Tithi 10                         |  | Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau |                                | Sun 23  |                        | Sutra 246          |                    |
| <b>Family Home Evening</b> |  | 811863365                        |  | <b>Gulika</b> 1:15PM – 2:26PM  | <b>Revati Until 9:08PM Tue</b> | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 7:20AM | Vilamba 5120       |                    |
| Creative Work Siddha Yoga  |  | Yama 10:53AM – 12:04PM           |  | Variyan Until 2:38PM   |                                | <b>Muruga:</b> Purple   | <i>Sunset:</i> 4:49PM  | Moon 11 - Phase 34 |                    |
|                            |  | <b>Rahu</b> 8:31AM – 9:42AM      |  | Taitila Until 9:22AM   |                                | <b>Nataraja:</b> White  | Moon – Clear           |                    | <b>Bhuloka Day</b> |
|                            |  |                                  |  | <b>Dashami Until 9:29PM</b>  |                                | <b>Margasira*Markali</b>  |                        |                    |                    |

|                           |  |                                   |  |  |                            |  |                        |                             |                    |
|---------------------------|--|-----------------------------------|--|--|----------------------------|--|------------------------|-----------------------------|--------------------|
| <b>2</b>                  |  | <b>Tuesday, December 18, 2018</b> |  |  |                            | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam |                        | Washington DC               |                    |
| Mesha Rasi: 6.37          |  | Tithi 11                          |  | Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau |                            | Sun 24   |                        | Sutra 247                   |                    |
| Creative Work Siddha Yoga |  | 821863365                         |  | <b>Gulika</b> 12:05PM – 1:16PM   | <b>Revati Until 9:08PM</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:20AM | Vilamba 5120                |                    |
|                           |  | Yama 9:42AM – 10:54AM             |  | Parigha* Until 11:26AM Wed   |                            | <b>Muruga:</b> Purple  | <i>Sunset:</i> 4:49PM  | Moon 11 - Phase 34          |                    |
|                           |  | <b>Rahu</b> 2:27PM – 3:38PM       |  | Vanija Until 9:26AM  |                            | <b>Nataraja:</b> White   | Moon – White           |                             | <b>Bhuloka Day</b> |
|                           |  |                                   |  | <b>Gita Jayanthi</b>   |                            | <b>Margasira*Markali</b>   |                        | Devaloka Time: 6:AM to 9:AM |                    |
|                           |  |                                   |  | <b>Ekadashi Until 9:08PM</b>   |                            |  |                        |                             |                    |

|                                  |  |                                     |  |   |                             |  |                        |                             |                    |
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| <b>3</b>                         |  | <b>Wednesday, December 19, 2018</b> |  |   |                             | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Washington DC               |                    |
| Mesha Rasi: 19.58                |  | Tithi 12                            |  | Ashvini/Krittika Nakshatra Shiva/Siddha Yoga Bava/Taitila Karana Dvadashyam Titau |                             | Sun 25   |                        | Sutra 248                   |                    |
| Creative Work Siddha Yoga        |  | 821863365                           |  | <b>Gulika</b> 10:54AM – 12:05PM   | <b>Ashvini Until 7:59PM</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:21AM | Vilamba 5120                |                    |
| Until 7:59PM                     |  | Yama 8:32AM – 9:43AM                |  | Shiva Until 5:43PM  |                             | <b>Muruga:</b> Purple  | <i>Sunset:</i> 4:49PM  | Moon 11 - Phase 34          |                    |
| Then Creative Work - Amrita Yoga |  | <b>Rahu</b> 12:05PM – 1:16PM        |  | Bava Until 8:40AM   |                             | <b>Nataraja:</b> White   | Moon – White           |                             | <b>Bhuloka Day</b> |
|                                  |  |                                     |  | <b>Dvadashi Until 7:59PM</b>  |                             | <b>Margasira*Markali</b>   |                        | Devaloka Time: 6:AM to 9:AM |                    |

|                          |  |                                    |  |  |                              |   |                        |                             |                    |
|--------------------------|--|------------------------------------|--|--|------------------------------|---|------------------------|-----------------------------|--------------------|
| <b>4</b>                 |  | <b>Thursday, December 20, 2018</b> |  |  |                              | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam |                        | Washington DC               |                    |
| Vrisabha Rasi: 3.46      |  | Tithi 13                           |  | Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau |                              | Sun 26  |                        | Sutra 249                   |                    |
| Routine Work Marana Yoga |  | 821863365                          |  | <b>Gulika</b> 9:43AM – 10:55AM   | <b>Krittika Until 4:28PM</b> | <b>Ganesh:</b> Clear  | <i>Sunrise:</i> 7:21AM | Vilamba 5120                |                    |
|                          |  | Yama 7:21AM – 8:32AM               |  | Siddha Until 8:56AM  |                              | <b>Muruga:</b> Purple   | <i>Sunset:</i> 4:50PM  | Moon 11 - Phase 34          |                    |
|                          |  | <b>Rahu</b> 1:17PM – 2:28PM        |  | Kaulava Until 7:09AM   |                              | <b>Nataraja:</b> White  | Moon – White           |                             | <b>Bhuloka Day</b> |
|                          |  |                                    |  | <b>Trayodashi Until 6:08PM</b>   |                              | <b>Margasira*Markali</b>  |                        | Devaloka Time: 6:AM to 9:AM |                    |
|                          |  |                                    |  |  |                              |   |                        | <i>Pradosha Vrata</i>       |                    |

|                                  |  |                                  |  |  |                                 |  |                        |                    |                    |
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| <b>5</b>                         |  | <b>Friday, December 21, 2018</b> |  |  |                                 | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam |                        | Washington DC      |                    |
| Vrisabha Rasi: 17.58             |  | Tithi 14 – 15                    |  | Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                 | Sun 27   |                        | Sutra 250          |                    |
| Routine Work Marana Yoga         |  | 831863365                        |  | <b>Gulika</b> 8:33AM – 9:44AM  | <b>Rohini Until 12:52PM Sat</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 7:22AM | Vilamba 5120       |                    |
| Until 12:52PM Sat                |  | Yama 2:28PM – 3:39PM             |  | Subha Until 2:32AM Sat   |                                 | <b>Muruga:</b> Purple  | <i>Sunset:</i> 4:50PM  | Moon 11 - Phase 34 |                    |
| Then Creative Work - Siddha Yoga |  | <b>Rahu</b> 10:55AM – 12:06PM    |  | Visti Until 1:81AM Sat   |                                 | <b>Nataraja:</b> White   | Moon – Yellow          |                    | <b>Bhuloka Day</b> |
|                                  |  |                                  |  | <b>Day 1 of Pancha Ganapati</b>  |                                 | <b>Margasira*Markali</b>   |                        |                    |                    |
|                                  |  |                                  |  |  |                                 |  |                        |                    |                    |

|                            |  |                                    |  |                                 |                             |   |                        |                              |                    |
|----------------------------|--|------------------------------------|--|---------------------------------|-----------------------------|---|------------------------|------------------------------|--------------------|
| <b>○</b>                   |  | <b>Saturday, December 22, 2018</b> |  |                                 |                             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam |                        | Washington DC                |                    |
| <b>Copper Retreat Star</b> |  | Mithuna Rasi: 2.3                  |  | Tithi 15 – 16                   |                             | Rohini/Ardra Nakshatra Sukla Yoga Bava Karana Purnima/Prathamayam Titau                         |                        | Sutra 251                    |                    |
| Creative Work Siddha Yoga  |  | 831963365                          |  | <b>Gulika</b> 7:22AM – 8:33AM   | <b>Rohini Until 12:52PM</b> | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 7:22AM | Vilamba 5120                 |                    |
|                            |  | Yama 1:18PM – 2:29PM               |  | Sukla Until 10:51PM             |                             | <b>Muruga:</b> Purple   | <i>Sunset:</i> 4:51PM  | Moon 11 - Phase 34           |                    |
|                            |  | <b>Rahu</b> 9:45AM – 10:56AM       |  | Bava Until 12:52PM              |                             | <b>Nataraja:</b> White  | Moon – Yellow          |                              | <b>Bhuloka Day</b> |
|                            |  |                                    |  | <b>Day 2 of Pancha Ganapati</b> |                             | <b>Margasira*Markali</b>  |                        | Devaloka Time: 9:AM to 12:PM |                    |
|                            |  |                                    |  |                                 |                             |   |                        |                              |                    |

|                            |  |                                  |  |                                 |                                |   |                        |                              |                    |
|----------------------------|--|----------------------------------|--|---------------------------------|--------------------------------|---|------------------------|------------------------------|--------------------|
| <b>○</b>                   |  | <b>Sunday, December 23, 2018</b> |  |                                 |                                | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam |                        | Washington DC                |                    |
| <b>Silver Retreat Star</b> |  | Mithuna Rasi: 17.16              |  | Tithi 16 – 17                   |                                | Mrigashira/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau     |                        | Sutra 252                    |                    |
| Creative Work Siddha Yoga  |  | 831963365                        |  | <b>Gulika</b> 2:29PM – 3:40PM   | <b>Mrigashira Until 9:45AM</b> | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 7:23AM | Vilamba 5120                 |                    |
|                            |  | Yama 12:07PM – 1:18PM            |  | Brahma Until 7:00PM             |                                | <b>Muruga:</b> Purple   | <i>Sunset:</i> 4:51PM  | Moon 11 - Phase 34           |                    |
|                            |  | <b>Rahu</b> 3:40PM – 4:51PM      |  | Taitila Until 8:09PM            |                                | <b>Nataraja:</b> White  | Moon – Yellow          |                              | <b>Bhuloka Day</b> |
|                            |  |                                  |  | <b>Day 3 of Pancha Ganapati</b> |                                | <b>Margasira*Markali</b>  |                        | Devaloka Time: 9:AM to 12:PM |                    |
|                            |  |                                  |  |                                 |                                |   |                        |                              |                    |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09     Tihti 17 – 18

Family Home Evening     841963366

Creative Work     Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Washington DC

Sun 1     Sutra 253

Vilamba 5120

Gulika     1:19PM – 2:30PM

Yama     10:57AM – 12:08PM

Rahu     8:34AM – 9:45AM

Punarvasu Until 7:53AM

Indra Until 3:07PM

Visti Until 3:19AM Tue

Dvitiya Until 6:31AM

Ganesha: Blue     Sunrise: 7:23AM

Muruga: Purple     Sunset: 4:52PM

Nataraja: White

Moon – Blue

Margasira\*Markali

Devaloka Day

Tuesday, December 25, 2018

1

Kataka Rasi: 17.01     Tihti 19

Creative Work     Siddha Yoga

842963366

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthiyam Titau

Washington DC

Sun 2     Sutra 254

Vilamba 5120

Gulika     12:08PM – 1:19PM

Yama     9:46AM – 10:57AM

Rahu     2:30PM – 3:41PM

Ashlesha\* Until 2:59AM Wed

Vaidhriti\* Until 11:18AM

Bava Until 1:47PM

Chaturthi\* Until 12:16AM Wed

Ganesha: Yellow     Sunrise: 7:24AM

Muruga: Purple     Sunset: 4:53PM

Nataraja: White

Moon – Blue

Margasira\*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, December 26, 2018

2

Simha Rasi: 1.44     Tihti 20

Creative Work     Siddha Yoga

852963366

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Magha\* Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Washington DC

Sun 3     Sutra 255

Vilamba 5120

Gulika     10:58AM – 12:09PM

Yama     8:35AM – 9:46AM

Rahu     12:09PM – 1:20PM

Magha\* Until 7:10PM Thu

Vishkambha\* Until 7:39AM

Kaulava Until 10:52AM

Panchami Until 9:31PM

Ganesha: Blue     Sunrise: 7:24AM

Muruga: Purple     Sunset: 4:53PM

Nataraja: Green

Moon – Red

Margasira\*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Simha Rasi: 16.14     Tihti 21

Creative Work     Siddha Yoga

852963366

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Magha\*/Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Washington DC

Sun 4     Sutra 256

Vilamba 5120

Gulika     9:47AM – 10:58AM

Yama     7:24AM – 8:36AM

Rahu     1:20PM – 2:32PM

Magha\* Until 7:10PM

Ayushman Until 24:74

Gara Until 5:70AM Fri

Shashthi\* Until 7:39AM

Ganesha: Blue     Sunrise: 7:24AM

Muruga: Purple     Sunset: 4:54PM

Nataraja: Green

Moon – Red

Margasira\*Markali

Bhuloka Day

Friday, December 28, 2018

4

Kanya Rasi: 0.26     Tihti 22 – 23

Creative Work     Siddha Yoga

852963366

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Visti\* Karana Saptami/Ashtamyam Titau

Washington DC

Sun 5     Sutra 257

Vilamba 5120

Gulika     8:36AM – 9:47AM

Yama     2:32PM – 3:43PM

Rahu     10:58AM – 12:10PM

Purvaphalguni Until 5:16PM

Saubhagya Until 10:35PM

Visti Until 6:10AM

Saptami Until 5:16PM

Ganesha: Blue     Sunrise: 7:25AM

Muruga: Purple     Sunset: 4:55PM

Nataraja: Green

Moon – Red

Margasira\*Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2     Tihti 23 – 24

Routine Work     Marana Yoga

862963366

Then Creative Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Washington DC

Sun 6     Sutra 258

Vilamba 5120

Gulika     7:25AM – 8:36AM

Yama     1:21PM – 2:33PM

Rahu     9:48AM – 10:59AM

Hasta Until 3:04PM Sun

Sobhana Until 8:22PM

Taitila Until 3:26AM Sun

Ashtami\* Until 10:35PM

Ganesha: Red     Sunrise: 7:25AM

Muruga: Purple     Sunset: 4:55PM

Nataraja: Green

Moon – Green

Margasira\*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54     Tihti 24 – 25

Creative Work     Siddha Yoga

862963366

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Hasta/Chitra Nakshatra Athiganda\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Washington DC

Sun 7     Sutra 259

Vilamba 5120

Gulika     2:33PM – 3:45PM

Yama     12:11PM – 1:22PM

Rahu     3:45PM – 4:56PM

Hasta Until 3:04PM

Athiganda\* Until 16:69AM Mon

Vanija Until 2:52AM Mon

Navami\* Until 8:22PM

Ganesha: Red     Sunrise: 7:25AM

Muruga: Purple     Sunset: 4:56PM

Nataraja: Green

Moon – Green

Margasira\*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

|                                 |               |                                  |                   |                             |                          |   |                    |  |  |
|---------------------------------|---------------|----------------------------------|-------------------|-----------------------------|--------------------------|---|--------------------|--|--|
| <b>1</b>                        |               | <b>Monday, December 31, 2018</b> |                   |                             |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Sukarma/Dhriti Yoga Visti* Karana Dashami/Ekadashyam Titau |                    | Washington DC<br>Sun 8 Sutra 260<br>Vilamba 5120 |  |
| Tula Rasi: 11.11                | Tithi 25 – 26 | <b>Gulika</b>                    | 1:23PM – 2:34PM   | <b>Svati Until 10:03PM</b>  | <b>Ganesh:</b> Red       | <i>Sunrise:</i> 7:25AM  |                    |  |  |
| <b>Family Home Evening</b>      | 862963366     | Yama                             | 11:00AM – 12:11PM | Sukarma Until 5:09PM        | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:57PM   | Moon 12 - Phase 36 |  |  |
| Creative Work                   | Amrita Yoga   | <b>Rahu</b>                      | 8:37AM – 9:48AM   | Visti Until 2:45PM          | <b>Nataraja:</b> Green   |   |                    |  |  |
| Until 10:03PM                   |               |                                  |                   | <b>Dashami Until 2:45PM</b> | Moon – Green             | <b>Bhuloka Day</b>  |                    |  |  |
| Then Routine Work - Marana Yoga |               |                                  |                   |                             | <b>Margasira-Markali</b> | Devaloka Time: 6:AM to 9:AM   |                    |  |  |

|                                  |               |                                 |                  |                                  |                          |   |                    |  |  |
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| <b>2</b>                         |               | <b>Tuesday, January 1, 2019</b> |                  |                                  |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                    | Washington DC<br>Sun 9 Sutra 261<br>Vilamba 5120 |  |
| Tula Rasi: 24.11                 | Tithi 26 – 27 | <b>Gulika</b>                   | 12:12PM – 1:23PM | <b>Vishakha Until 3:40PM Wed</b> | <b>Ganesh:</b> Green     | <i>Sunrise:</i> 7:26AM  |                    |  |  |
| Routine Work                     | Marana Yoga   | Yama                            | 9:49AM – 11:00AM | Dhriti Until 4:09PM              | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:58PM   | Moon 12 - Phase 36 |  |  |
| Until 3:40PM Wed                 |               | <b>Rahu</b>                     | 2:35PM – 3:46PM  | Kaulava Until 3:17AM Wed         | <b>Nataraja:</b> Green   |   |                    |  |  |
| Then Creative Work - Siddha Yoga |               |                                 |                  | <b>Ekadashi* Until 2:58PM</b>    | Moon – Orange            | <b>Bhuloka Day</b>  |                    |  |  |
|                                  |               |                                 |                  |                                  | <b>Margasira-Markali</b> | Devaloka Time: 6:AM to 9:AM   |                    |  |  |

|                      |               |                                   |                   |                               |                          |  |                    |   |  |
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| <b>3</b>             |               | <b>Wednesday, January 2, 2019</b> |                   |                               |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau |                    | Washington DC<br>Sun 10 Sutra 262<br>Vilamba 5120 |  |
| Vrischika Rasi: 6.57 | Tithi 27 – 28 | <b>Gulika</b>                     | 11:01AM – 12:12PM | <b>Vishakha Until 3:40PM</b>  | <b>Ganesh:</b> Green     | <i>Sunrise:</i> 7:26AM   |                    |   |  |
| Creative Work        | Siddha Yoga   | Yama                              | 8:37AM – 9:49AM   | Shula* Until 14:74AM Thu      | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:58PM  | Moon 12 - Phase 36 |   |  |
|                      |               | <b>Rahu</b>                       | 12:12PM – 1:24PM  | Gara Until 3:73AM Thu         | <b>Nataraja:</b> Green   |  |                    |   |  |
|                      |               |                                   |                   | <b>Dvadashi* Until 4:09PM</b> | Moon – Orange            | <b>Bhuloka Day</b>   |                    |   |  |
|                      |               |                                   |                   |                               | <b>Margasira-Markali</b> | Devaloka Time: 6:AM to 9:AM  |                    |   |  |

*Pradosha Vrata (Fasting)*

|                                  |                    |                                  |                  |                                      |                          |  |                    |   |  |
|----------------------------------|--------------------|----------------------------------|------------------|--------------------------------------|--------------------------|--|--------------------|---|--|
| <b>4</b>                         |                    | <b>Thursday, January 3, 2019</b> |                  |                                      |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                    | Washington DC<br>Sun 11 Sutra 263<br>Vilamba 5120 |  |
| Vrischika Rasi: 19.3             | Tithi 28 – 29      | <b>Gulika</b>                    | 9:49AM – 11:01AM | <b>Jyeshtha* Until 2:12AM Fri</b>    | <b>Ganesh:</b> Green     | <i>Sunrise:</i> 7:26AM   |                    |   |  |
| Routine Work                     | Prabalarishta Yoga | Yama                             | 7:26AM – 8:38AM  | Ganda* Until 3:14PM                  | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:59PM  | Moon 12 - Phase 36 |   |  |
| Until 2:12AM Fri                 |                    | <b>Rahu</b>                      | 1:24PM – 2:36PM  | Visti Until 5:37AM Fri               | <b>Nataraja:</b> Green   |  |                    |   |  |
| Then Creative Work - Amrita Yoga |                    |                                  |                  | <b>Trayodashi* Until 14:74AM Thu</b> | Moon – Orange            | <b>Bhuloka Day</b>   |                    |   |  |
|                                  |                    |                                  |                  |                                      | <b>Margasira-Markali</b> | Devaloka Time: 6:AM to 9:AM  |                    |   |  |

|                                  |             |                                |                   |                                  |                          |  |                    |   |  |
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| <b>5</b>                         |             | <b>Friday, January 4, 2019</b> |                   |                                  |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Vridhhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau |                    | Washington DC<br>Sun 12 Sutra 264<br>Vilamba 5120 |  |
| Dhanus Rasi: 1.51                | Tithi 29    | <b>Gulika</b>                  | 8:38AM – 9:49AM   | <b>Mula* Until 4:36AM Sat</b>    | <b>Ganesh:</b> White     | <i>Sunrise:</i> 7:26AM   |                    |   |  |
| Creative Work                    | Amrita Yoga | Yama                           | 2:37PM – 3:48PM   | Vridhhi Until 3:19PM             | <b>Muruga:</b> Purple    | <i>Sunset:</i> 5:00PM  | Moon 12 - Phase 36 |   |  |
| Until 4:36AM Sat                 |             | <b>Rahu</b>                    | 11:01AM – 12:13PM | Sakuni Until 6:28PM              | <b>Nataraja:</b> Green   |  |                    |   |  |
| Then Creative Work - Siddha Yoga |             |                                |                   | <b>Chaturdashi* Until 6:28PM</b> | Moon – Light Blue        | <b>Bhuloka Day</b>   |                    |   |  |
|                                  |             |                                |                   |                                  | <b>Margasira-Markali</b> | Devaloka Time: 6:AM to 9:AM  |                    |   |  |

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| <b>●</b>                         |             | <b>Saturday, January 5, 2019</b> |                  |                                      |                          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Bava Karana Amavasyayam Titau |                    | Washington DC<br>Sun 13 Sutra 265<br>Vilamba 5120 |  |
| <b>Retreat Star</b>              |             | <b>Gulika</b>                    | 7:26AM – 8:38AM  | <b>Purvashadha* Until 7:13AM Sun</b> | <b>Ganesh:</b> White     | <i>Sunrise:</i> 7:26AM  |                    |   |  |
| Dhanus Rasi: 14.02               | Tithi 30    | Yama                             | 1:25PM – 2:37PM  | Dhruva Until 7:13AM Sun              | <b>Muruga:</b> Clear     | <i>Sunset:</i> 5:01PM   | Moon 12 - Phase 36 |   |  |
| Creative Work                    | Siddha Yoga | <b>Rahu</b>                      | 9:50AM – 11:02AM | Catuspada Until 7:27AM               | <b>Nataraja:</b> Green   |   |                    |   |  |
| Until 7:13AM Sun                 |             |                                  |                  | <b>Amavasya* Until 8:29PM</b>        | Moon – Light Blue        | <b>Bhuloka Day</b>  |                    |   |  |
| Then Creative Work - Amrita Yoga |             | <b>Subramuniyaswami Jayanti</b>  |                  |                                      | <b>Margasira-Markali</b> | Devaloka Time: 12:PM to 3:PM  |                    |   |  |

|                                  |             |                                |                  |                                  |                        |  |                    |   |  |
|----------------------------------|-------------|--------------------------------|------------------|----------------------------------|------------------------|--|--------------------|---|--|
| <b>●</b>                         |             | <b>Sunday, January 6, 2019</b> |                  |                                  |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau |                    | Washington DC<br>Sun 14 Sutra 266<br>Vilamba 5120 |  |
| <b>Retreat Star</b>              |             | <b>Gulika</b>                  | 2:38PM – 3:50PM  | <b>Purvashadha* Until 7:13AM</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 7:26AM   |                    |   |  |
| Dhanus Rasi: 26.03               | Tithi 1     | Yama                           | 12:14PM – 1:26PM | Vyaghata* Until 4:18PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:02PM  | Moon 12 - Phase 36 |   |  |
| Creative Work                    | Siddha Yoga | <b>Rahu</b>                    | 3:50PM – 5:02PM  | Kintughna Until 9:39AM           | <b>Nataraja:</b> Green |  |                    |   |  |
| Until 7:13AM                     |             |                                |                  | <b>Prathama* Until 10:50PM</b>   | Moon – Light Blue      | <b>Bhuloka Day</b>   |                    |   |  |
| Then Creative Work - Amrita Yoga |             | <b>Partial Solar Eclipse</b>   |                  |                                  | <b>Pausha-Markali</b>  | Devaloka Time: 12:PM to 3:PM   |                    |   |  |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                  |             |                                |                   |  |                        |   |                              |   |  |
|----------------------------------|-------------|--------------------------------|-------------------|--|------------------------|---|------------------------------|---|--|
| <b>1</b>                         |             | <b>Monday, January 7, 2019</b> |                   |  |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                              | Washington DC<br>Sun 15 Sutra 267<br>Vilamba 5120 |  |
| Makara Rasi: 7.58                | Tithi 2     | <b>Gulika</b>                  | 1:26PM – 2:39PM   | <b>Uttarashadha Until 4:12AM Wed Tue</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 7:26AM  |                              |   |  |
| <b>Family Home Evening</b>       | 882973366   | Yama                           | 11:02AM – 12:14PM | Harshana Until 5:09PM                    | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:03PM   |                              | Moon 12 - Phase 37                                |  |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                    | 8:38AM – 9:50AM   | Balava Until 12:09PM                     | <b>Nataraja:</b> Green |   |                              | 3rd Phase   |  |
| Until 4:12AM Wed Tue             |             |                                |                   | <b>Dvitiya Until 1:27AM Tue</b>          | Moon – Light Blue      |   | <b>Bhuloka Day</b>           |   |  |
| Then Creative Work - Amrita Yoga |             |                                |                   |  | <b>Pausha-Markali</b>  |   | Devaloka Time: 12:PM to 3:PM |   |  |

|  |             |                                 |                  |                                      |                        |   |                     |   |  |
|--|-------------|---------------------------------|------------------|--------------------------------------|------------------------|---|---------------------|---|--|
| <b>2</b>                               |             | <b>Tuesday, January 8, 2019</b> |                  |                                      |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Tritiyayam Titau |                     | Washington DC<br>Sun 16 Sutra 268<br>Vilamba 5120 |  |
| Makara Rasi: 19.47                     | Tithi 3     | <b>Gulika</b>                   | 12:15PM – 1:27PM | <b>Uttarashadha Until 4:12AM Wed</b> | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:26AM  |                     |   |  |
|  |             | Yama                            | 9:50AM – 11:03AM | Vajra* Until 1:12PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:04PM   |                     | Moon 12 - Phase 37                                |  |
|  |             | <b>Rahu</b>                     | 2:39PM – 3:51PM  | Tailila Until 2:50PM                 | <b>Nataraja:</b> Green |   |                     | 3rd Phase   |  |
| Creative Work                          | Siddha Yoga |                                 |                  | <b>Tritiya Until 4:12AM Wed</b>      | Moon – Purple          |   | <b>Devaloka Day</b> |   |  |
| Until 4:12AM Wed                       |             |                                 |                  |                                      | <b>Pausha-Markali</b>  |   |                     |   |  |
| Then Routine Work - Prabalarishta Yoga |             |                                 |                  |                                      |                        |   |                     |   |  |

|                                  |                    |                                   |                   |                                    |                        |   |                     |   |  |
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| <b>3</b>                         |                    | <b>Wednesday, January 9, 2019</b> |                   |                                    |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau |                     | Washington DC<br>Sun 17 Sutra 269<br>Vilamba 5120 |  |
| Kumbha Rasi: 1.34                | Tithi 4            | <b>Gulika</b>                     | 11:03AM – 12:15PM | <b>Dhanishtha Until 4:22PM</b>     | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:26AM  |                     |   |  |
|                                  |                    | Yama                              | 8:38AM – 9:51AM   | Siddhi Until 4:22PM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:05PM   |                     | Moon 12 - Phase 37                                |  |
|                                  |                    | <b>Rahu</b>                       | 12:15PM – 1:28PM  | Vanija Until 5:36PM                | <b>Nataraja:</b> Green |   |                     | 3rd Phase   |  |
| Routine Work                     | Prabalarishta Yoga |                                   |                   | <b>Chaturthi* Until 6:55AM Thu</b> | Moon – Purple          |   | <b>Devaloka Day</b> |   |  |
| Until 4:22PM                     |                    |                                   |                   |                                    | <b>Pausha-Markali</b>  |   |                     |   |  |
| Then Creative Work - Siddha Yoga |                    |                                   |                   |                                    |                        |   |                     |   |  |

|                    |             |                                   |                  |                                  |                        |  |                     |   |  |
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| <b>4</b>           |             | <b>Thursday, January 10, 2019</b> |                  |                                  |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                     | Washington DC<br>Sun 18 Sutra 270<br>Vilamba 5120 |  |
| Kumbha Rasi: 13.22 | Tithi 4 – 5 | <b>Gulika</b>                     | 9:51AM – 11:03AM | <b>Shatabhishak Until 7:16PM</b> | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:26AM   |                     |   |  |
|                    |             | Yama                              | 7:26AM – 8:38AM  | Vyatipata* Until 7:16PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:06PM  |                     | Moon 12 - Phase 37                                |  |
|                    |             | <b>Rahu</b>                       | 1:28PM – 2:41PM  | Bava Until 7:75PM                | <b>Nataraja:</b> Green |  |                     | 3rd Phase   |  |
| Creative Work      | Siddha Yoga |                                   |                  | <b>Chaturthi* Until 7:06PM</b>   | Moon – Purple          |  | <b>Devaloka Day</b> |   |  |
|                    |             |                                   |                  |                                  | <b>Pausha-Markali</b>  |  |                     |   |  |

|                    |             |                                 |                   |  |                        |   |                     |   |  |
|--------------------|-------------|---------------------------------|-------------------|--|------------------------|---|---------------------|---|--|
| <b>5</b>           |             | <b>Friday, January 11, 2019</b> |                   |  |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                     | Washington DC<br>Sun 19 Sutra 271<br>Vilamba 5120 |  |
| Kumbha Rasi: 25.13 | Tithi 5 – 6 | <b>Gulika</b>                   | 8:38AM – 9:51AM   | <b>Purvaproshtapada* Until 10:14PM</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:25AM  |                     |   |  |
|                    |             | Yama                            | 2:41PM – 3:54PM   | Variyan Until 8:43PM                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:07PM   |                     | Moon 12 - Phase 37                                |  |
|                    |             | <b>Rahu</b>                     | 11:03AM – 12:16PM | Kaulava Until 10:37PM                  | <b>Nataraja:</b> Green |   |                     | 3rd Phase   |  |
| Creative Work      | Siddha Yoga |                                 |                   | <b>Panchami Until 9:27AM</b>           | Moon – Clear           |   | <b>Devaloka Day</b> |   |  |
|                    |             |                                 |                   |  | <b>Pausha-Markali</b>  |   |                     |   |  |

|                                  |             |                                   |                  |  |                        |   |                     |   |  |
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| <b>6</b>                         |             | <b>Saturday, January 12, 2019</b> |                  |  |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau |                     | Washington DC<br>Sun 20 Sutra 272<br>Vilamba 5120 |  |
| Meena Rasi: 7.13                 | Tithi 6 – 7 | <b>Gulika</b>                     | 7:25AM – 8:38AM  | <b>Uttaraproshtapada Until 12:37AM Sun</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:25AM  |                     |   |  |
|                                  |             | Yama                              | 1:29PM – 2:42PM  | Parigha* Until 12:37AM Sun                 | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:08PM   |                     | Moon 12 - Phase 37                                |  |
|                                  |             | <b>Rahu</b>                       | 9:51AM – 11:04AM | Gara Until 11:92PM                         | <b>Nataraja:</b> Green |   |                     | 3rd Phase   |  |
| Creative Work                    | Siddha Yoga |                                   |                  | <b>Shashthi* Until 8:43PM</b>              | Moon – Clear           |   | <b>Devaloka Day</b> |   |  |
| Until 12:37AM Sun                |             |                                   |                  |  | <b>Pausha-Markali</b>  |   |                     |   |  |
| Then Creative Work - Amrita Yoga |             |                                   |                  |  |                        |   |                     |   |  |

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| <b>☾</b>                         |             | <b>Sunday, January 13, 2019</b> |                  |                                |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Shiva Yoga Vanija Karana Saptami/Ashtamyam Titau |                     | Washington DC<br>Sun 21 Sutra 273<br>Vilamba 5120 |  |
| <b>Retreat Star</b>              |             | <b>Gulika</b>                   | 2:43PM – 3:56PM  | <b>Revati Until 2:14AM Mon</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:25AM   |                     |   |  |
| Meena Rasi: 19.25                | Tithi 7 – 8 | Yama                            | 12:17PM – 1:30PM | Shiva Until 9:02PM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:09PM  |                     | Moon 12 - Phase 37                                |  |
|                                  |             | <b>Rahu</b>                     | 3:56PM – 5:09PM  | Vanija Until 1:15PM            | <b>Nataraja:</b> Green |  |                     | Ashtami   |  |
| Creative Work                    | Amrita Yoga |                                 |                  | <b>Saptami Until 1:15PM</b>    | Moon – Clear           |  | <b>Devaloka Day</b> |   |  |
| Until 2:14AM Mon                 |             |                                 |                  |                                | <b>Pausha-Markali</b>  |  |                     |   |  |
| Then Creative Work - Siddha Yoga |             |                                 |                  |                                |                        |  |                     |   |  |

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| <b>☾</b>                   |             | <b>Monday, January 14, 2019</b> |                   |                                 |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                     | Washington DC<br>Sun 22 Sutra 274<br>Vilamba 5120 |  |
| <b>Retreat Star</b>        |             | <b>Gulika</b>                   | 1:30PM – 2:43PM   | <b>Ashvini Until 3:28AM Tue</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 7:25AM  |                     |   |  |
| Mesha Rasi: 1.53           | Tithi 8 – 9 | Yama                            | 11:04AM – 12:17PM | Siddha Until 8:23PM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:10PM   |                     | Moon 12 - Phase 37                                |  |
| <b>Family Home Evening</b> | 823973366   | <b>Rahu</b>                     | 8:38AM – 9:51AM   | Balava Until 2:21AM Tue         | <b>Nataraja:</b> Green |   |                     | Navami  |  |
| Creative Work              | Siddha Yoga |                                 |                   | <b>Ashtami* Until 2:10PM</b>    | Moon – White           |   | <b>Sivaloka Day</b> |   |  |
|                            |             |                                 |                   |                                 | <b>Pausha-Thai</b>     |   |                     |   |  |
|                            |             | <b>Thai Pongal</b>              |                   |                                 |                        |   |                     |   |  |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

|                                    |              |  |                                 |   |                       |   |
|------------------------------------|--------------|--|---------------------------------|---|-----------------------|---|
| <b>1 Tuesday, January 15, 2019</b> |              | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Sadhya Yoga Kaulava Karana Navami/Dashamyam Titau |                                 |   |                       | Washington DC<br>Sun 23 Sutra 275<br>Vilamba 5120 |
| Mesha Rasi: 14.42                  | Tithi 9 – 10 | <b>Gulika</b> 12:18PM – 1:31PM   | <b>Bharani Until 3:43AM Wed</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:24AM | <i>Sunset:</i> 5:11PM | Moon 12 - Phase 38<br>4th Phase                   |
|                                    |              | Yama 9:51AM – 11:04AM  | Sadhya Until 7:08PM             | <b>Muruga:</b> Clear                          |                       |   |
|                                    |              | 823973366 <b>Rahu</b> 2:44PM – 3:57PM  | Kaulava Until 2:18PM            | <b>Nataraja:</b> Green                        |                       |   |
| Creative Work                      | Siddha Yoga  |  | <b>Navami* Until 2:18PM</b>     | Moon – White                                  |                       | <b>Sivaloka Day</b>                               |
| Until 3:43AM Wed                   |              |  |                                 | <b>Pausha*Thai</b>                            |                       |   |
| Then Creative Work - Amrita Yoga   |              |  |                                 |   |                       |   |

|                                      |               |  |                                  |   |                       |   |
|--------------------------------------|---------------|--|----------------------------------|---|-----------------------|---|
| <b>2 Wednesday, January 16, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                  |   |                       | Washington DC<br>Sun 24 Sutra 276<br>Vilamba 5120 |
| Mesha Rasi: 27.56                    | Tithi 10 – 11 | <b>Gulika</b> 11:04AM – 12:18PM  | <b>Krittika Until 3:02AM Thu</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:24AM | <i>Sunset:</i> 5:12PM | Moon 12 - Phase 38<br>4th Phase                   |
|                                      |               | Yama 8:38AM – 9:51AM   | Subha Until 5:15PM               | <b>Muruga:</b> Clear                        |                       |   |
|                                      |               | 823173366 <b>Rahu</b> 12:18PM – 1:31PM   | Vanija Until 12:57AM Thu         | <b>Nataraja:</b> Green                      |                       |   |
| Creative Work                        | Amrita Yoga   |  | <b>Dashami Until 1:36PM</b>      | Moon – White                                |                       | <b>Sivaloka Day</b>                               |
| Until 3:02AM Thu                     |               |  |                                  | <b>Pausha*Thai</b>                          |                       |   |
| Then Routine Work - Marana Yoga      |               |  |                                  |   |                       |   |

|                                     |               |   |                                |   |                       |   |
|-------------------------------------|---------------|---|--------------------------------|---|-----------------------|---|
| <b>3 Thursday, January 17, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                |   |                       | Washington DC<br>Sun 25 Sutra 277<br>Vilamba 5120 |
| Vrishabha Rasi: 11.37               | Tithi 11 – 12 | <b>Gulika</b> 9:51AM – 11:05AM  | <b>Rohini Until 1:54AM Fri</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:24AM | <i>Sunset:</i> 5:13PM | Moon 12 - Phase 38<br>4th Phase                   |
|                                     |               | Yama 7:24AM – 8:37AM  | Sukla Until 2:43PM             | <b>Muruga:</b> Clear                          |                       |   |
|                                     |               | 833173366 <b>Rahu</b> 1:32PM – 2:46PM   | Bava Until 11:05PM             | <b>Nataraja:</b> Green                        |                       |   |
| Routine Work                        | Marana Yoga   |   | <b>Ekadashi Until 12:05PM</b>  | Moon – Yellow                                 |                       | <b>Devaloka Day</b>                               |
| Until 1:54AM Fri                    |               |   |                                | <b>Pausha*Thai</b>                            |                       |   |
| Then Creative Work - Siddha Yoga    |               |   |                                |   |                       |   |

|                                   |               |   |                                 |   |                       |   |
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| <b>4 Friday, January 18, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira Nakshatra Brahma/Indra Yoga Balava Karana Dvadashi/Trayodashyam Titau |                                 |   |                       | Washington DC<br>Sun 26 Sutra 278<br>Vilamba 5120 |
| Vrishabha Rasi: 25.46             | Tithi 12 – 13 | <b>Gulika</b> 8:37AM – 9:51AM   | <b>Mrigashira Until 11:59PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:23AM | <i>Sunset:</i> 5:14PM | Moon 12 - Phase 38<br>4th Phase                   |
|                                   |               | Yama 2:46PM – 4:00PM  | Brahma Until 11:37AM            | <b>Muruga:</b> Clear                          |                       |   |
|                                   |               | 833173366 <b>Rahu</b> 11:05AM – 12:19PM   | Balava Until 9:52AM             | <b>Nataraja:</b> Green                        |                       |   |
| Creative Work                     | Siddha Yoga   |   | <b>Dvadashi Until 9:52AM</b>    | Moon – Yellow                                 |                       | <b>Devaloka Day</b>                               |
|                                   |               |   |                                 | <b>Pausha*Thai</b>                            |                       |   |
|                                   |               |   |                                 |   |                       |   |

*Pradosha Vrata*

|                                     |               |   |                                 |   |                       |   |
|-------------------------------------|---------------|---|---------------------------------|---|-----------------------|---|
| <b>5 Saturday, January 19, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra Nakshatra Indra/Vaidhriti* Yoga Taila/Vanija Karana Trayodashi/Chaturdashyam Titau |                                 |   |                       | Washington DC<br>Sun 27 Sutra 279<br>Vilamba 5120 |
| Mithuna Rasi: 10.2                  | Tithi 13 – 14 | <b>Gulika</b> 7:23AM – 8:37AM   | <b>Ardra Until 9:27PM</b>       | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:23AM | <i>Sunset:</i> 5:15PM | Moon 12 - Phase 38<br>4th Phase                   |
|                                     |               | Yama 1:33PM – 2:47PM  | Indra Until 8:05AM              | <b>Muruga:</b> Clear                          |                       |   |
|                                     |               | 833173366 <b>Rahu</b> 9:51AM – 11:05AM  | Vanija Until 5:29PM             | <b>Nataraja:</b> Green                        |                       |   |
| Creative Work                       | Siddha Yoga   |   | <b>Trayodashi Until 11:37AM</b> | Moon – Yellow                                 |                       | <b>Devaloka Day</b>                               |
|                                     |               |   |                                 | <b>Pausha*Thai</b>                            |                       |   |
|                                     |               |   |                                 |   |                       |   |

|                                   |             |   |                               |  |                       |  |
|-----------------------------------|-------------|---|-------------------------------|--|-----------------------|--|
| <b>○ Sunday, January 20, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau |                               |  |                       | Washington DC<br>Sutra 280<br>Vilamba 5120 |
| <b>Copper Retreat Star</b>        |             | <b>Gulika</b> 2:48PM – 4:02PM   | <b>Punarvasu Until 6:50PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 7:22AM | <i>Sunset:</i> 5:16PM | Moon 12 - Phase 38<br>Purnima              |
| Mithuna Rasi: 25.15               | Tithi 15    | Yama 12:19PM – 1:33PM   | Vishkambha* Until 6:50PM      | <b>Muruga:</b> Clear                         |                       |  |
|                                   |             | 843173366 <b>Rahu</b> 4:02PM – 5:16PM   | Visti Until 10:26AM Mon       | <b>Nataraja:</b> Green                       |                       |  |
| Creative Work                     | Siddha Yoga |   | <b>Purnima* Until 8:05AM</b>  | Moon – Blue                                  |                       | <b>Sivaloka Day</b>                        |
|                                   |             |   |                               | <b>Pausha*Thai</b>                           |                       |  |
|                                   |             |   |                               |  |                       |  |

|                                 |             |   |                               |  |                       |  |
|---------------------------------|-------------|---|-------------------------------|--|-----------------------|--|
| <b>Monday, January 21, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Priti Yoga Balava Karana Prathamayam Titau |                               |  |                       | Washington DC<br>Sutra 281<br>Vilamba 5120 |
| <b>Silver Retreat Star</b>      |             | <b>Gulika</b> 1:34PM – 2:48PM   | <b>Pushya Until 3:55PM</b>    | <b>Ganesha:</b> White <i>Sunrise:</i> 7:22AM | <i>Sunset:</i> 5:17PM | Moon 12 - Phase 38<br>Prathama             |
| Kataka Rasi: 10.22              | Tithi 16    | Yama 11:05AM – 12:20PM  | Priti Until 7:46PM            | <b>Muruga:</b> Clear                         |                       |  |
| <b>Family Home Evening</b>      |             | 843173366 <b>Rahu</b> 8:36AM – 9:51AM   | Balava Until 10:26AM          | <b>Nataraja:</b> Green                       |                       |  |
| Creative Work                   | Siddha Yoga |   | <b>Prathama* Until 8:34PM</b> | Moon – Blue                                  |                       | <b>Sivaloka Day</b>                        |
|                                 |             |   |                               | <b>Pausha*Thai</b>                           |                       |  |
|                                 |             | <b>Total Lunar Eclipse</b>  |                               |  |                       |  |
|                                 |             | <b>Thai Pusam</b>   |                               |  |                       |  |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 25.34 Tihi 17 - 18

Creative Work Siddha Yoga

844173366

**Gulika** 12:20PM - 1:34PM  
**Yama** 9:51AM - 11:05AM  
**Rahu** 2:49PM - 4:04PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ashlesha\* Magha\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitiya/Tritiyam Titau

**Ashlesha\* Until 12:53PM**  
**Ayushman Until 3:32PM**  
**Taitila Until 6:45AM**  
**Dvitiya Until 4:56PM**

**Ganesha:** Clear *Sunrise: 7:21AM*  
**Muruga:** Clear *Sunset: 5:18PM*  
**Nataraja:** Green  
 Moon - Blue  
**Pausha\*Thai**

**Devaloka Day**

Washington DC  
 Sun 1 Sutra 282  
 Vilamba 5120  
 Moon 1 - Phase 39  
 1st Phase

1

Wednesday, January 23, 2019

Simha Rasi: 10.4 Tihi 18 - 19

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

854173366

**Gulika** 11:05AM - 12:20PM  
**Yama** 8:36AM - 9:50AM  
**Rahu** 12:20PM - 1:35PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
 Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vistil\*/Bava Karana Tritiya/Chaturthyam Titau

**Magha\* Until 10:16AM**  
**Saubhagya Until 11:27AM**  
**Bava Until 11:54PM**  
**Tritiya Until 1:29PM**

**Ganesha:** Purple *Sunrise: 7:21AM*  
**Muruga:** Clear *Sunset: 5:19PM*  
**Nataraja:** Green  
 Moon - Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Washington DC  
 Sun 2 Sutra 283  
 Vilamba 5120  
 Moon 1 - Phase 39  
 1st Phase

2

Thursday, January 24, 2019

Simha Rasi: 25.32 Tihi 19 - 20

Creative Work Siddha Yoga

954173366

**Gulika** 9:50AM - 11:05AM  
**Yama** 7:20AM - 8:35AM  
**Rahu** 1:35PM - 2:50PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

**Purvaphalguni Until 7:50AM**  
**Sobhana Until 7:50AM**  
**Taitila Until 7:47AM Fri**  
**Chaturthi\* Until 10:24AM**

**Ganesha:** Clear *Sunrise: 7:20AM*  
**Muruga:** Clear *Sunset: 5:21PM*  
**Nataraja:** Green  
 Moon - Red  
**Pausha\*Thai**

**Devaloka Day**

Washington DC  
 Sun 3 Sutra 284  
 Vilamba 5120  
 Moon 1 - Phase 39  
 1st Phase

3

Friday, January 25, 2019

Kanya Rasi: 10.04 Tihi 20 - 21

Creative Work Amrita Yoga

Until 4:30AM Sun Sat

Then Routine Work - Marana Yoga

964173366

**Gulika** 8:35AM - 9:50AM  
**Yama** 2:51PM - 4:06PM  
**Rahu** 11:05AM - 12:21PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Hasta Until 4:30AM Sun Sat**  
**Sukarma Until 1:18AM Sat**  
**Gara Until 6:44PM**  
**Panchami Until 7:47AM**

**Ganesha:** Purple *Sunrise: 7:19AM*  
**Muruga:** Clear *Sunset: 5:22PM*  
**Nataraja:** Green  
 Moon - Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Washington DC  
 Sun 4 Sutra 285  
 Vilamba 5120  
 Moon 1 - Phase 39  
 1st Phase

4

Saturday, January 26, 2019

Kanya Rasi: 24.11 Tihi 22

Routine Work Marana Yoga

Until 4:30AM Sun

Then Creative Work - Siddha Yoga

964173366

**Gulika** 7:19AM - 8:34AM  
**Yama** 1:36PM - 2:52PM  
**Rahu** 9:50AM - 11:05AM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
 Hasta/Chitra Nakshatra Dhriti Yoga Vistil\*/Bava Karana Saptamyam Titau

**Hasta Until 4:30AM Sun**  
**Dhriti Until 20:66AM Sun**  
**Vistil Until 15:68AM Sun**  
**Saptami Until 1:18AM Sat**

**Ganesha:** Purple *Sunrise: 7:19AM*  
**Muruga:** Clear *Sunset: 5:23PM*  
**Nataraja:** Green  
 Moon - Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Washington DC  
 Sun 5 Sutra 286  
 Vilamba 5120  
 Moon 1 - Phase 39  
 1st Phase

5

Sunday, January 27, 2019

Retreat Star

Tula Rasi: 7.52 Tihi 23

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

964173366

**Gulika** 2:52PM - 4:08PM  
**Yama** 12:21PM - 1:37PM  
**Rahu** 4:08PM - 5:24PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Svati Until 3:44AM Mon**  
**Shula\* Until 9:06PM**  
**Balava Until 4:08PM**  
**Ashtami\* Until 3:56AM Mon**

**Ganesha:** Purple *Sunrise: 7:18AM*  
**Muruga:** Clear *Sunset: 5:24PM*  
**Nataraja:** Green  
 Moon - Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Washington DC  
 Sun 6 Sutra 287  
 Vilamba 5120  
 Moon 1 - Phase 39  
 Ashtami

Monday, January 28, 2019

Retreat Star

Tula Rasi: 21.08 Tihi 24

Family Home Evening

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

974173366

**Gulika** 1:37PM - 2:53PM  
**Yama** 11:05AM - 12:21PM  
**Rahu** 8:33AM - 9:49AM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
 Vishakha Nakshatra Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Vishakha Until 4:40AM Tue**  
**Ganda\* Until 7:52PM**  
**Taitila Until 3:58PM**  
**Navami\* Until 4:07AM Tue**

**Ganesha:** Clear *Sunrise: 7:17AM*  
**Muruga:** Clear *Sunset: 5:25PM*  
**Nataraja:** Green  
 Moon - Orange  
**Pausha\*Thai**

**Devaloka Day**

Washington DC  
 Sun 7 Sutra 288  
 Vilamba 5120  
 Moon 1 - Phase 39  
 Navami


|                      |             |                                  |                  |                                  |                        |  |  |
|----------------------|-------------|----------------------------------|------------------|----------------------------------|------------------------|--|--|
| <b>1</b>             |             | <b>Tuesday, January 29, 2019</b> |                  |                                  |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Vriddhi Yoga Vanija/Visli* Karana Dashamyam Titau | Washington DC<br>Sun 8 Sutra 289<br>Vilamba 5120 |
| Vrischika Rasi: 4.02 | Tithi 25    | <b>Gulika</b>                    | 12:21PM – 1:38PM | <b>Anuradha Until 6:06AM Wed</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:17AM   |  |
|                      |             | Yama                             | 9:49AM – 11:05AM | Vriddhi Until 6:06AM Wed         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:26PM  | Moon 1 - Phase 40                                |
| Creative Work        | Siddha Yoga | 974173366 <b>Rahu</b>            | 2:54PM – 4:10PM  | Vanija Until 4:30PM              | <b>Nataraja:</b> Green |  | 2nd Phase  |
|                      |             |                                  |                  | <b>Dashami Until 5:00AM Wed</b>  | Moon – Orange          |  | <b>Devaloka Day</b>                              |
|                      |             |                                  |                  |                                  | <b>Pausha*Thai</b>     |  |  |

|                       |             |                                    |                   |                                   |                        |  |  |
|-----------------------|-------------|------------------------------------|-------------------|-----------------------------------|------------------------|--|--|
| <b>2</b>              |             | <b>Wednesday, January 30, 2019</b> |                   |                                   |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau | Washington DC<br>Sun 9 Sutra 290<br>Vilamba 5120 |
| Vrischika Rasi: 16.36 | Tithi 26    | <b>Gulika</b>                      | 11:05AM – 12:22PM | <b>Anuradha Until 6:06AM</b>      | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:16AM   |  |
|                       |             | Yama                               | 8:32AM – 9:49AM   | Dhruva Until 6:06AM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:27PM  | Moon 1 - Phase 40                                |
| Creative Work         | Siddha Yoga | 974173366 <b>Rahu</b>              | 12:22PM – 1:38PM  | Bava Until 5:42PM                 | <b>Nataraja:</b> Green |  | 2nd Phase  |
|                       |             |                                    |                   | <b>Ekadashi* Until 6:30AM Thu</b> | Moon – Orange          |  | <b>Devaloka Day</b>                              |
|                       |             |                                    |                   |                                   | <b>Pausha*Thai</b>     |  |  |

|                                  |                    |                                   |                  |                               |                        |   |   |
|----------------------------------|--------------------|-----------------------------------|------------------|-------------------------------|------------------------|---|---|
| <b>3</b>                         |                    | <b>Thursday, January 31, 2019</b> |                  |                               |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Washington DC<br>Sun 10 Sutra 291<br>Vilamba 5120 |
| Vrischika Rasi: 28.55            | Tithi 26 – 27      | <b>Gulika</b>                     | 9:48AM – 11:05AM | <b>Jyeshtha* Until 7:57AM</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:15AM  |   |
|                                  |                    | Yama                              | 7:15AM – 8:32AM  | Vyaghata* Until 7:13PM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:29PM   | Moon 1 - Phase 40                                 |
| Routine Work                     | Prabalarishta Yoga | 974173366 <b>Rahu</b>             | 1:38PM – 2:55PM  | Kaulava Until 7:27PM          | <b>Nataraja:</b> Green |   | 2nd Phase   |
| Until 7:57AM                     |                    |                                   |                  | <b>Ekadashi* Until 6:30AM</b> | Moon – Orange          |   | <b>Devaloka Day</b>                               |
| Then Creative Work - Siddha Yoga |                    |                                   |                  |                               | <b>Pausha*Thai</b>     |   |   |

|  |               |                                 |                   |                               |                                 |   |   |
|--|---------------|---------------------------------|-------------------|-------------------------------|---------------------------------|---|---|
| <b>4</b>                               |               | <b>Friday, February 1, 2019</b> |                   |                               |                                 | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Harshana Yoga Tailita Karana Dvadashi/Trayodashyam Titau | Washington DC<br>Sun 11 Sutra 292<br>Vilamba 5120 |
| Dhanus Rasi: 11.02                     | Tithi 27 – 28 | <b>Gulika</b>                   | 8:32AM – 9:48AM   | <b>Mula* Until 10:35AM</b>    | <b>Ganesh:</b> White            | <i>Sunrise:</i> 7:15AM  |   |
|  |               | Yama                            | 2:55PM – 4:12PM   | Harshana Until 7:47PM         | <b>Muruga:</b> Clear            | <i>Sunset:</i> 5:29PM   | Moon 1 - Phase 40                                 |
| Creative Work                          | Amrita Yoga   | 984173366 <b>Rahu</b>           | 11:05AM – 12:22PM | Tailita Until 8:28AM          | <b>Nataraja:</b> Green          |   | 2nd Phase   |
| Until 10:35AM                          |               |                                 |                   | <b>Dvadashi* Until 8:28AM</b> | Moon – Light Blue               |   | <b>Bhuloka Day</b>                                |
| Then Routine Work - Prabalarishta Yoga |               |                                 |                   |                               | <b>Pausha*Thai</b>              |   | Devaloka Time: 12:PM to 3:PM                      |
|  |               |                                 |                   |                               | <i>Pradosha Vrata (Fasting)</i> |   |   |

|                                 |               |                                   |                  |                                  |                        |   |   |
|---------------------------------|---------------|-----------------------------------|------------------|----------------------------------|------------------------|---|---|
| <b>5</b>                        |               | <b>Saturday, February 2, 2019</b> |                  |                                  |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau | Washington DC<br>Sun 12 Sutra 293<br>Vilamba 5120 |
| Dhanus Rasi: 22.59              | Tithi 28 – 29 | <b>Gulika</b>                     | 7:14AM – 8:31AM  | <b>Purvashadha* Until 1:23PM</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 7:14AM  |   |
|                                 |               | Yama                              | 1:39PM – 2:56PM  | Vajra* Until 8:32PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:30PM   | Moon 1 - Phase 40                                 |
| Creative Work                   | Siddha Yoga   | 984173366 <b>Rahu</b>             | 9:48AM – 11:05AM | Visli Until 11:66PM              | <b>Nataraja:</b> Green |   | 2nd Phase   |
| Until 1:23PM                    |               |                                   |                  | <b>Trayodashi* Until 7:47PM</b>  | Moon – Light Blue      |   | <b>Bhuloka Day</b>                                |
| Then Routine Work - Marana Yoga |               |                                   |                  |                                  | <b>Pausha*Thai</b>     |   | Devaloka Time: 12:PM to 3:PM                      |

|   |               |                                 |                  |                                  |                        |  |   |
|---|---------------|---------------------------------|------------------|----------------------------------|------------------------|--|---|
|  |               | <b>Sunday, February 3, 2019</b> |                  |                                  |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau | Washington DC<br>Sun 13 Sutra 294<br>Vilamba 5120 |
| <b>Retreat Star</b>   |               | <b>Gulika</b>                   | 2:56PM – 4:14PM  | <b>Uttarashadha Until 4:15PM</b> | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 7:13AM   |   |
| Makara Rasi: 4.52   | Tithi 29 – 30 | Yama                            | 12:22PM – 1:39PM | Siddhi Until 9:27PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:31PM  | Moon 1 - Phase 40                                 |
| Creative Work   | Amrita Yoga   | 985173367 <b>Rahu</b>           | 4:14PM – 5:31PM  | Sakuni Until 1:24PM              | <b>Nataraja:</b> White |  | Amavasya  |
|   |               |                                 |                  | <b>Chaturdashi* Until 1:24PM</b> | Moon – Light Blue      |  | <b>Devaloka Day</b>                               |
|   |               |                                 |                  |                                  | <b>Pausha*Thai</b>     |  |   |

|                                  |              |                       |                   |                               |                        |  |   |
|----------------------------------|--------------|-----------------------|-------------------|-------------------------------|------------------------|--|---|
| <b>Monday, February 4, 2019</b>  |              | <b>Retreat Star</b>   |                   |                               |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Washington DC<br>Sun 14 Sutra 295<br>Vilamba 5120 |
| Makara Rasi: 16.4                | Tithi 30 – 1 | <b>Gulika</b>         | 1:40PM – 2:57PM   | <b>Shravana Until 7:32PM</b>  | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:12AM   |   |
| <b>Family Home Evening</b>       |              | Yama                  | 11:05AM – 12:22PM | Vyatipata* Until 10:27PM      | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:32PM  | Moon 1 - Phase 40                                 |
| Creative Work                    | Amrita Yoga  | 995173367 <b>Rahu</b> | 8:30AM – 9:47AM   | Kintughna Until 5:29AM Tue    | <b>Nataraja:</b> White |  | Prathama  |
| Until 7:32PM                     |              |                       |                   | <b>Amavasya* Until 4:06PM</b> | Moon – Purple          |  | <b>Devaloka Day</b>                               |
| Then Creative Work - Siddha Yoga |              |                       |                   |                               | <b>Magha*Thai</b>      |  |   |

| 1 Tuesday, February 5, 2019     |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Varyan Yoga Bava Karana Prathamayam Titau |                                 |                        |                        | Washington DC<br>Sun 15 Sutra 296<br>Vilamba 5120 |                   |
|---------------------------------|-------------|--|---------------------------------|------------------------|------------------------|---|-------------------|
| Makara Rasi: 28.28              | Tithi 1     | <b>Gulika</b> 12:22PM – 1:40PM   | <b>Dhanishtha</b> Until 10:39PM | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:11AM |   |                   |
|                                 |             | <b>Yama</b> 9:47AM – 11:05AM   | Variyan Until 11:24PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:33PM  |   | Moon 1 - Phase 41 |
|                                 |             | 995173367 <b>Rahu</b> 2:58PM – 4:15PM  | Bava Until 6:48PM               | <b>Nataraja:</b> White |                        |   | 3rd Phase         |
| Creative Work                   | Siddha Yoga |  | <b>Prathama* Until 6:48PM</b>   | Moon – Purple          |                        | <b>Devaloka Day</b>                               |                   |
| Until 10:39PM                   |             |  |                                 | <b>Magha-Thai</b>      |                        |   |                   |
| Then Routine Work - Marana Yoga |             |  |                                 |                        |                        |   |                   |

| 2 Wednesday, February 6, 2019 |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                      |                        |                        | Washington DC<br>Sun 16 Sutra 297<br>Vilamba 5120 |                   |
|-------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|---|-------------------|
| Kumbha Rasi: 10.16            | Tithi 2     | <b>Gulika</b> 11:04AM – 12:22PM   | <b>Shatabhishak</b> Until 1:30AM Thu | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:10AM |   |                   |
|                               |             | <b>Yama</b> 8:28AM – 9:46AM   | Parigha* Until 12:18AM Thu           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:34PM  |   | Moon 1 - Phase 41 |
|                               |             | 995173367 <b>Rahu</b> 12:22PM – 1:40PM  | Balava Until 8:09AM                  | <b>Nataraja:</b> White |                        |   | 3rd Phase         |
| Creative Work                 | Siddha Yoga |   | <b>Dvitiya Until 9:25PM</b>          | Moon – Purple          |                        | <b>Devaloka Day</b>                               |                   |
|                               |             |   |                                      | <b>Magha-Thai</b>      |                        |   |                   |

| 3 Thursday, February 7, 2019 |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau |   |                        |                        | Washington DC<br>Sun 17 Sutra 298<br>Vilamba 5120 |                   |
|------------------------------|-------------|--|---|------------------------|------------------------|---|-------------------|
| Kumbha Rasi: 22.08           | Tithi 3     | <b>Gulika</b> 9:46AM – 11:04AM   | <b>Purvaproshtapada*</b> Until 4:29AM Fri | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 7:09AM |   |                   |
|                              |             | <b>Yama</b> 7:09AM – 8:28AM  | Shiva Until 1:03AM Fri                    | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:35PM  |   | Moon 1 - Phase 41 |
|                              |             | 915173367 <b>Rahu</b> 1:41PM – 2:59PM  | Taitila Until 12:57AM Fri                 | <b>Nataraja:</b> White |                        |   | 3rd Phase         |
| Creative Work                | Siddha Yoga |  | <b>Tritiya Until 12:18AM Thu</b>          | Moon – Clear           |                        | <b>Sivaloka Day</b>                               |                   |
|                              |             |  |   | <b>Magha-Thai</b>      |                        |   |                   |

| 4 Friday, February 8, 2019             |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Siddha Yoga Vanija/Visi* Karana Chaturthyam Titau |   |                        |                        | Washington DC<br>Sun 18 Sutra 299<br>Vilamba 5120 |                   |
|--|-------------|---|---|------------------------|------------------------|---|-------------------|
| Meena Rasi: 4.05                       | Tithi 4     | <b>Gulika</b> 8:27AM – 9:45AM   | <b>Uttaraproshtapada</b> Until 3:41AM Sun | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 7:08AM |   |                   |
|  |             | <b>Yama</b> 3:00PM – 4:18PM   | Siddha Until 1:33AM Sat                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:37PM  |   | Moon 1 - Phase 41 |
|  |             | 915173367 <b>Rahu</b> 11:04AM – 12:22PM   | Vanija Until 12:57PM                      | <b>Nataraja:</b> White |                        |   | 3rd Phase         |
| Creative Work                          | Siddha Yoga |   | <b>Chaturthi* Until 1:57AM Sat</b>        | Moon – Clear           |                        | <b>Sivaloka Day</b>                               |                   |
| Until 3:41AM Sun Sat                   |             |   |   | <b>Magha-Thai</b>      |                        |   |                   |
| Then Routine Work - Prabalarishta Yoga |             |   |   |                        |                        |   |                   |

| 5 Saturday, February 9, 2019     |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau |   |                        |                        | Washington DC<br>Sun 19 Sutra 300<br>Vilamba 5120 |                   |
|----------------------------------|-------------|--|---|------------------------|------------------------|---|-------------------|
| Meena Rasi: 16.08                | Tithi 5     | <b>Gulika</b> 7:07AM – 8:26AM  | <b>Uttaraproshtapada</b> Until 4:54AM Mon | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:07AM |   |                   |
|                                  |             | <b>Yama</b> 1:41PM – 3:00PM  | Sadhya Until 1:47AM Sun                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:38PM  |   | Moon 1 - Phase 41 |
|                                  |             | 915273367 <b>Rahu</b> 9:45AM – 11:04AM   | Bava Until 15:83AM Sun                    | <b>Nataraja:</b> White |                        |   | 3rd Phase         |
| Creative Work                    | Siddha Yoga |  | <b>Panchami Until 1:33AM Sat</b>          | Moon – Clear           |                        | <b>Devaloka Day</b>                               |                   |
| Until 4:54AM Mon Sun             |             |  |   | <b>Magha-Thai</b>      |                        |   |                   |
| Then Creative Work - Amrita Yoga |             |  |   |                        |                        |   |                   |

| 6 Sunday, February 10, 2019      |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau |   |                        |                        | Washington DC<br>Sun 20 Sutra 301<br>Vilamba 5120 |                   |
|----------------------------------|-------------|--|---|------------------------|------------------------|---|-------------------|
| Meena Rasi: 28.22                | Tithi 6     | <b>Gulika</b> 3:01PM – 4:20PM  | <b>Uttaraproshtapada</b> Until 4:54AM Mon | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:06AM |   |                   |
|                                  |             | <b>Yama</b> 12:23PM – 1:42PM   | Subha Until 1:38AM Mon                    | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:39PM  |   | Moon 1 - Phase 41 |
|                                  |             | 915273367 <b>Rahu</b> 4:20PM – 5:39PM  | Kaulava Until 16:78AM Mon                 | <b>Nataraja:</b> White |                        |   | 3rd Phase         |
| Creative Work                    | Amrita Yoga |  | <b>Shashthi* Until 1:47AM Sun</b>         | Moon – Clear           |                        | <b>Devaloka Day</b>                               |                   |
| Until 4:54AM Mon                 |             |  |   | <b>Magha-Thai</b>      |                        |   |                   |
| Then Creative Work - Siddha Yoga |             |  |   |                        |                        |   |                   |

| Monday, February 11, 2019  |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau |                                 |                        |                        | Washington DC<br>Sun 21 Sutra 302<br>Vilamba 5120 |                   |
|----------------------------|-------------|--|---------------------------------|------------------------|------------------------|---|-------------------|
| <b>Retreat Star</b>        |             | <b>Gulika</b> 1:42PM – 3:01PM  | <b>Ashvini</b> Until 10:45AM    | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 7:05AM |   |                   |
| Mesha Rasi: 10.49          | Tithi 7     | <b>Yama</b> 11:03AM – 12:23PM  | Sukla Until 1:00AM Tue          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:40PM  |   | Moon 1 - Phase 41 |
| <b>Family Home Evening</b> |             | 925273367 <b>Rahu</b> 8:25AM – 9:44AM  | Gara Until 5:18PM               | <b>Nataraja:</b> White |                        |   | 3rd Phase         |
| Creative Work              | Siddha Yoga |  | <b>Saptami Until 5:29AM Tue</b> | Moon – White           |                        | <b>Bhuloka Day</b>                                |                   |
|                            |             |  |                                 | <b>Magha-Thai</b>      |                        | Devaloka Time: 12:PM to 3:PM                      |                   |

| Tuesday, February 12, 2019 |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau |                                  |                        |                        | Washington DC<br>Sun 22 Sutra 303<br>Vilamba 5120 |                   |
|----------------------------|-------------|---|----------------------------------|------------------------|------------------------|---|-------------------|
| <b>Retreat Star</b>        |             | <b>Gulika</b> 12:23PM – 1:42PM  | <b>Bharani</b> Until 11:44AM     | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 7:04AM |   |                   |
| Mesha Rasi: 23.34          | Tithi 8     | <b>Yama</b> 9:43AM – 11:03AM  | Brahma Until 11:51PM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:41PM  |   | Moon 1 - Phase 41 |
|                            |             | 925273367 <b>Rahu</b> 3:02PM – 4:21PM   | Visti Until 5:32PM               | <b>Nataraja:</b> White |                        |   | Ashtami           |
| Creative Work              | Siddha Yoga |   | <b>Ashtami* Until 5:22AM Wed</b> | Moon – White           |                        | <b>Bhuloka Day</b>                                |                   |
|                            |             |   |                                  | <b>Magha-Masi</b>      |                        | Devaloka Time: 12:PM to 3:PM                      |                   |

| Wednesday, February 13, 2019     |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau |                                      |                        |                        | Washington DC<br>Sun 23 Sutra 304<br>Vilamba 5120 |                   |
|----------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|---|-------------------|
| <b>Retreat Star</b>              |             | <b>Gulika</b> 11:03AM – 12:23PM   | <b>Krittika</b> Until 2:49AM Fri Thu | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 7:03AM |   |                   |
| Vrishabha Rasi: 6.38             | Tithi 9     | <b>Yama</b> 8:23AM – 9:43AM   | Indra Until 10:07PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:42PM  |   | Moon 1 - Phase 41 |
|                                  |             | 926273367 <b>Rahu</b> 12:23PM – 1:42PM  | Balava Until 5:02PM                  | <b>Nataraja:</b> White |                        |   | Navami            |
| Creative Work                    | Amrita Yoga |   | <b>Navami* Until 4:28AM Thu</b>      | Moon – White           |                        | <b>Devaloka Day</b>                               |                   |
| Until 2:49AM Fri Thu             |             |   |                                      | <b>Magha-Masi</b>      |                        |   |                   |
| Then Creative Work - Siddha Yoga |             |   |                                      |                        |                        |   |                   |


|                                  |  |                                    |  |   |                         |  |                        |                        |                   |
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| <b>1</b>                         |  | <b>Thursday, February 14, 2019</b> |  |   |                         | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam |                        | Washington DC          |                   |
| Vrishabha Rasi: 20.08            |  | Titithi 10                         |  | Krittika/Mrigashira Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau |                         | Sun 24   |                        | Sutra 305              |                   |
|                                  |  | 936273367                          |  | <b>Gulika</b>   | <b>9:42AM – 11:02AM</b> | <b>Krittika Until 2:49AM Fri</b>   | <b>Ganesh:</b> White   | <i>Sunrise:</i> 7:02AM | Vilamba 5120      |
|                                  |  |                                    |  | Yama  | 7:02AM – 8:22AM         | Vaidhriti* Until 11:33AM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:43PM  | Moon 1 - Phase 42 |
| Routine Work Marana Yoga         |  |                                    |  | <b>Rahu</b>   | <b>1:43PM – 3:03PM</b>  | Tailila Until 3:45PM   | <b>Nataraja:</b> White |                        | 4th Phase         |
| Until 2:49AM Fri                 |  |                                    |  |   |                         | Dashami Until 2:49AM Fri   | Moon – Yellow          | <b>Sivaloka Day</b>    |                   |
| Then Creative Work - Siddha Yoga |  |                                    |  |   |                         |  | <b>Magha-Masi</b>      |                        |                   |

|                           |  |                                  |  |   |                          |   |                        |                        |                   |
|---------------------------|--|----------------------------------|--|---|--------------------------|---|------------------------|------------------------|-------------------|
| <b>2</b>                  |  | <b>Friday, February 15, 2019</b> |  |   |                          | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam |                        | Washington DC          |                   |
| Mithuna Rasi: 4.04        |  | Titithi 11                       |  | Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau |                          | Sun 25  |                        | Sutra 306              |                   |
|                           |  | 936273367                        |  | <b>Gulika</b>   | <b>8:21AM – 9:42AM</b>   | <b>Mrigashira Until 10:22AM</b>   | <b>Ganesh:</b> White   | <i>Sunrise:</i> 7:01AM | Vilamba 5120      |
|                           |  |                                  |  | Yama  | 3:03PM – 4:24PM          | Vishkambha* Until 4:51PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:44PM  | Moon 1 - Phase 42 |
| Creative Work Siddha Yoga |  |                                  |  | <b>Rahu</b>   | <b>11:02AM – 12:23PM</b> | Vanija Until 1:45PM   | <b>Nataraja:</b> White |                        | 4th Phase         |
|                           |  |                                  |  |   |                          | Ekadashi Until 12:30AM Sat  | Moon – Yellow          | <b>Sivaloka Day</b>    |                   |
|                           |  |                                  |  |   |                          |   | <b>Magha-Masi</b>      |                        |                   |

|                           |  |                                    |  |   |                         |   |                        |                        |                   |
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| <b>3</b>                  |  | <b>Saturday, February 16, 2019</b> |  |   |                         | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Washington DC          |                   |
| Mithuna Rasi: 18.27       |  | Titithi 12                         |  | Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvodashyam Titau |                         | Sun 26  |                        | Sutra 307              |                   |
|                           |  | 936273367                          |  | <b>Gulika</b>   | <b>6:59AM – 8:20AM</b>  | <b>Ardra Until 8:23AM</b>   | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:59AM | Vilamba 5120      |
|                           |  |                                    |  | Yama  | 1:43PM – 3:04PM         | Priti Until 1:26PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:46PM  | Moon 1 - Phase 42 |
| Creative Work Siddha Yoga |  |                                    |  | <b>Rahu</b>   | <b>9:41AM – 11:02AM</b> | Bava Until 11:07AM  | <b>Nataraja:</b> White |                        | 4th Phase         |
|                           |  |                                    |  |   |                         | Dvodashi Until 9:35PM   | Moon – Yellow          | <b>Sivaloka Day</b>    |                   |
|                           |  |                                    |  |   |                         |   | <b>Magha-Masi</b>      |                        |                   |

|                           |  |                                  |  |  |                        |   |                        |                        |                   |
|---------------------------|--|----------------------------------|--|--|------------------------|---|------------------------|------------------------|-------------------|
| <b>4</b>                  |  | <b>Sunday, February 17, 2019</b> |  |  |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        | Washington DC          |                   |
| Kataka Rasi: 3.13         |  | Titithi 13                       |  | Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Trayodashyam Titau |                        | Sun 27  |                        | Sutra 308              |                   |
|                           |  | 946273367                        |  | <b>Gulika</b>  | <b>3:05PM – 4:26PM</b> | <b>Punarvasu Until 6:09AM</b>   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:58AM | Vilamba 5120      |
|                           |  |                                  |  | Yama   | 12:22PM – 1:44PM       | Ayushman Until 9:36AM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:47PM  | Moon 1 - Phase 42 |
| Creative Work Siddha Yoga |  |                                  |  | <b>Rahu</b>  | <b>4:26PM – 5:47PM</b> | Kaulava Until 7:58AM  | <b>Nataraja:</b> White |                        | 4th Phase         |
|                           |  |                                  |  |  |                        | Trayodashi Until 6:14PM   | Moon – Blue            | <b>Devaloka Day</b>    |                   |
|                           |  |                                  |  |  |                        |   | <b>Magha-Masi</b>      |                        |                   |

*Pradosha Vrata*

|   |  |                                  |  |  |                        |  |                        |                        |                   |
|---|--|----------------------------------|--|--|------------------------|--|------------------------|------------------------|-------------------|
|  |  | <b>Monday, February 18, 2019</b> |  |  |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Washington DC          |                   |
| Kataka Rasi: 18.17  |  | Titithi 14 – 15                  |  | Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                        | Sun 28   |                        | Sutra 309              |                   |
| Family Home Evening   |  | 946273367                        |  | <b>Gulika</b>  | <b>1:44PM – 3:05PM</b> | <b>Ashlesha* Until 12:18AM Tue</b>   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:57AM | Vilamba 5120      |
| Creative Work Siddha Yoga   |  |                                  |  | Yama   | 11:01AM – 12:22PM      | Sobhana Until 1:12AM Tue   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:48PM  | Moon 1 - Phase 42 |
|   |  |                                  |  | <b>Rahu</b>  | <b>8:18AM – 9:40AM</b> | Visti Until 12:43AM Tue  | <b>Nataraja:</b> White |                        | Purnima           |
|   |  |                                  |  | Chidambaram Abhishekam   |                        | Chaturdashi* Until 2:35PM  | Moon – Blue            | <b>Devaloka Day</b>    |                   |
|   |  |                                  |  |  |                        |  | <b>Magha-Masi</b>      |                        |                   |

|                           |  |                                   |  |   |                         |   |                        |                        |                   |
|---------------------------|--|-----------------------------------|--|---|-------------------------|---|------------------------|------------------------|-------------------|
| <b>5</b>                  |  | <b>Tuesday, February 19, 2019</b> |  |   |                         | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam |                        | Washington DC          |                   |
| Simha Rasi: 3.32          |  | Titithi 15 – 16                   |  | Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                         | Sun 29  |                        | Sutra 310              |                   |
|                           |  | 956273367                         |  | <b>Gulika</b>   | <b>12:22PM – 1:44PM</b> | <b>Magha* Until 9:24PM</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:56AM | Vilamba 5120      |
|                           |  |                                   |  | Yama  | 9:39AM – 11:01AM        | Athiganda* Until 8:52PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:49PM  | Moon 1 - Phase 42 |
| Creative Work Siddha Yoga |  |                                   |  | <b>Rahu</b>   | <b>3:06PM – 4:27PM</b>  | Balava Until 8:55PM   | <b>Nataraja:</b> White |                        | Prathama          |
|                           |  |                                   |  |   |                         | Purnima* Until 1:12AM Tue   | Moon – Red             | <b>Sivaloka Day</b>    |                   |
|                           |  |                                   |  |   |                         |   | <b>Magha-Masi</b>      |                        |                   |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara Karana Prathama/Dvitiyayam Titau

Washington DC

Sutra 311

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 18.46    Tihi 16 - 17

957273367

**Gulika** 11:00AM - 12:22PM  
Yama 8:16AM - 9:38AM  
**Rahu** 12:22PM - 1:44PM

**Purvaphalguni Until 6:30PM**  
Sukarma Until 4:38PM  
Gara Until 5:15PM  
**Prathama\* Until 8:52PM**

**Ganesha:** Clear    *Sunrise:* 6:54AM  
**Muruga:** Clear    *Sunset:* 5:50PM  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

**Devaloka Day**

Creative Work    Amrita Yoga

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Washington DC

Sun 1    Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 3.5    Tihi 18

957273367

**Gulika** 9:38AM - 11:00AM  
Yama 6:53AM - 8:15AM  
**Rahu** 1:44PM - 3:07PM

**Uttaraphalguni Until 3:46PM**  
Dhriti Until 12:40PM  
Vanija Until 1:53PM  
**Tritiya Until 12:20AM Fri**

**Ganesha:** Clear    *Sunrise:* 6:53AM  
**Muruga:** Clear    *Sunset:* 5:51PM  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

**Devaloka Day**

Until 3:46PM  
Then Routine Work - Marana Yoga

Amrita Yoga

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Washington DC

Sun 2    Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 18.37    Tihi 19

967273367

**Gulika** 8:14AM - 9:37AM  
Yama 3:07PM - 4:30PM  
**Rahu** 10:59AM - 12:22PM

**Hasta Until 1:47PM**  
Shula\* Until 9:01AM  
Bava Until 10:57AM  
**Chaturthi\* Until 9:41PM**

**Ganesha:** White    *Sunrise:* 6:52AM  
**Muruga:** Clear    *Sunset:* 5:52PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 1:47PM  
Then Creative Work - Siddha Yoga

Amrita Yoga

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Gara Karana Panchamyam Titau

Washington DC

Sun 3    Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 2.59    Tihi 20

967273367

**Gulika** 6:51AM - 8:13AM  
Yama 1:45PM - 3:08PM  
**Rahu** 9:36AM - 10:59AM

**Chitra Until 12:16PM**  
Vriddhi Until 12:16PM  
Kaulava Until 8:38AM  
**Panchami Until 7:43PM**

**Ganesha:** White    *Sunrise:* 6:51AM  
**Muruga:** Clear    *Sunset:* 5:53PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 12:16PM  
Then Creative Work - Siddha Yoga

Marana Yoga

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Washington DC

Sun 4    Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 16.52    Tihi 21

967273367

**Gulika** 3:08PM - 4:31PM  
Yama 12:22PM - 1:45PM  
**Rahu** 4:31PM - 5:54PM

**Svati Until 11:21AM**  
Dhruva Until 1:25AM Mon  
Gara Until 7:03AM  
**Shashthi\* Until 6:33PM**

**Ganesha:** White    *Sunrise:* 6:49AM  
**Muruga:** Clear    *Sunset:* 5:54PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 11:21AM  
Then Routine Work - Marana Yoga

Siddha Yoga

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Washington DC

Sun 5    Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Vrischika Rasi: 0.17    Tihi 22

977273367

**Gulika** 1:45PM - 3:08PM  
Yama 10:58AM - 12:22PM  
**Rahu** 8:11AM - 9:35AM

**Vishakha Until 11:34AM**  
Vyaghata\* Until 12:11AM Tue  
Visti Until 6:18AM  
**Saptami Until 6:14PM**

**Ganesha:** Yellow    *Sunrise:* 6:48AM  
**Muruga:** Clear    *Sunset:* 5:55PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

**Devaloka Day**

Until 11:34AM  
Then Creative Work - Siddha Yoga

Marana Yoga

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Washington DC

Sun 6    Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 13.14    Tihi 23

978273367

**Gulika** 12:21PM - 1:45PM  
Yama 9:34AM - 10:58AM  
**Rahu** 3:09PM - 4:33PM

**Anuradha Until 12:29PM**  
Harshana Until 11:39PM  
Balava Until 6:26AM  
**Ashtami\* Until 6:47PM**

**Ganesha:** Blue    *Sunrise:* 6:47AM  
**Muruga:** Clear    *Sunset:* 5:56PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

**Sivaloka Day**

Until 12:29PM  
Then Routine Work - Marana Yoga

Siddha Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Washington DC

Sun 7    Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 25.47    Tihi 24

978273367

**Gulika** 10:57AM - 12:21PM  
Yama 8:09AM - 9:33AM  
**Rahu** 12:21PM - 1:45PM

**Jyeshtha\* Until 10:07PM Thu**  
Vajra\* Until 11:39PM  
Taitila Until 7:23AM  
**Navami\* Until 8:08PM**

**Ganesha:** Blue    *Sunrise:* 6:45AM  
**Muruga:** Clear    *Sunset:* 5:57PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

**Sivaloka Day**

Until 10:07PM Thu  
Then Routine Work - Marana Yoga

Siddha Yoga

|                   |             |                                    |                  |                                |                      |  |  |  |                     |
|-------------------|-------------|------------------------------------|------------------|--------------------------------|----------------------|--|--|--|---------------------|
| <b>1</b>          |             | <b>Thursday, February 28, 2019</b> |                  |                                |                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau |  | Washington DC<br>Sun 8 Sutra 319<br>Vilamba 5120 |                     |
| Dhanus Rasi: 8.01 | Tithi 25    | <b>Gulika</b>                      | 9:32AM – 10:57AM | <b>Jyeshtha* Until 10:07PM</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:44AM   |  |  |                     |
|                   |             | Yama                               | 6:44AM – 8:08AM  | Siddhi Until 11:69PM           | <b>Muruga:</b> Clear | <i>Sunset:</i> 5:59PM  |  | Moon 2 - Phase 44                                |                     |
| Creative Work     | Siddha Yoga | 988273367                          | <b>Rahu</b>      | 1:45PM – 3:10PM                | Nataraja: White      |  |  | 2nd Phase  |                     |
|                   |             |                                    |                  | Vanija Until 9:05AM            | Moon – Light Blue    |  |  |  | <b>Devaloka Day</b> |
|                   |             |                                    |                  | <b>Dashami Until 10:07PM</b>   | <b>Magha-Masi</b>    |  |  |  |                     |

|                                 |                    |                              |                 |                                    |                      |  |  |  |                     |
|---------------------------------|--------------------|------------------------------|-----------------|------------------------------------|----------------------|--|--|--|---------------------|
| <b>2</b>                        |                    | <b>Friday, March 1, 2019</b> |                 |                                    |                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau |  | Washington DC<br>Sun 9 Sutra 320<br>Vilamba 5120 |                     |
| Dhanus Rasi: 20.02              | Tithi 26           | <b>Gulika</b>                | 8:06AM – 9:31AM | <b>Purvashadha* Until 7:22PM</b>   | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:41AM   |  |  |                     |
|                                 |                    | Yama                         | 3:11PM – 4:36PM | Vyatipata* Until 12:59AM Sat       | <b>Muruga:</b> Clear | <i>Sunset:</i> 6:01PM  |  | Moon 2 - Phase 44                                |                     |
| Routine Work                    | Prabalarishta Yoga | 988273367                    | <b>Rahu</b>     | 10:56AM – 12:21PM                  | Nataraja: White      |  |  | 2nd Phase  |                     |
| Until 7:22PM                    |                    |                              |                 | Bava Until 11:19AM                 | Moon – Light Blue    |  |  |  | <b>Devaloka Day</b> |
| Then Routine Work - Marana Yoga |                    |                              |                 | <b>Ekadashi* Until 12:34AM Sat</b> | <b>Magha-Masi</b>    |  |  |  |                     |

|                                  |             |                                |                 |  |                      |  |  |   |                     |
|----------------------------------|-------------|--------------------------------|-----------------|--|----------------------|--|--|---|---------------------|
| <b>3</b>                         |             | <b>Saturday, March 2, 2019</b> |                 |  |                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Varyan Yoga Kaulava Karana Dvadashyam Titau |  | Washington DC<br>Sun 10 Sutra 321<br>Vilamba 5120 |                     |
| Makara Rasi: 1.53                | Tithi 27    | <b>Gulika</b>                  | 6:40AM – 8:05AM | <b>Uttarashadha Until 6:00AM Mon Sun</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:40AM   |  |   |                     |
|                                  |             | Yama                           | 1:46PM – 3:11PM | Variyan Until 10:19PM                    | <b>Muruga:</b> Clear | <i>Sunset:</i> 6:02PM  |  | Moon 2 - Phase 44                                 |                     |
| Routine Work                     | Marana Yoga | 988273367                      | <b>Rahu</b>     | 9:30AM – 10:55AM                         | Nataraja: White      |  |  | 2nd Phase   |                     |
| Until 6:00AM Mon Sun             |             |                                |                 | Kaulava Until 1:55PM                     | Moon – Light Blue    |  |  |   | <b>Devaloka Day</b> |
| Then Creative Work - Siddha Yoga |             |                                |                 | <b>Dvadashi* Until 3:15AM Sun</b>        | <b>Magha-Masi</b>    |  |  |   |                     |

|                                  |             |                              |                  |                                      |                        |   |  |   |                                 |
|----------------------------------|-------------|------------------------------|------------------|--------------------------------------|------------------------|---|--|---|---------------------------------|
| <b>4</b>                         |             | <b>Sunday, March 3, 2019</b> |                  |                                      |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau |  | Washington DC<br>Sun 11 Sutra 322<br>Vilamba 5120 |                                 |
| Makara Rasi: 13.41               | Tithi 28    | <b>Gulika</b>                | 3:12PM – 4:37PM  | <b>Uttarashadha Until 6:00AM Mon</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:38AM  |  |   |                                 |
|                                  |             | Yama                         | 12:20PM – 1:46PM | Parigha* Until 1:40AM Mon            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:03PM   |  | Moon 2 - Phase 44                                 |                                 |
| Creative Work                    | Amrita Yoga | 988273367                    | <b>Rahu</b>      | 4:37PM – 6:03PM                      | Nataraja: White        |   |  | 2nd Phase   |                                 |
| Until 6:00AM Mon                 |             |                              |                  | Gara Until 4:39PM                    | Moon – Purple          |   |  |   | <b>Devaloka Day</b>             |
| Then Creative Work - Siddha Yoga |             |                              |                  | <b>Trayodashi* Until 6:00AM Mon</b>  | <b>Magha-Masi</b>      |   |  |   |                                 |
|                                  |             |                              |                  |                                      |                        |   |  |   | <i>Pradosha Vrata (Fasting)</i> |

|                                 |               |                              |                   |                                    |                        |   |  |   |                     |
|---------------------------------|---------------|------------------------------|-------------------|------------------------------------|------------------------|---|--|---|---------------------|
| <b>5</b>                        |               | <b>Monday, March 4, 2019</b> |                   |                                    |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Shiva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau |  | Washington DC<br>Sun 12 Sutra 323<br>Vilamba 5120 |                     |
| Makara Rasi: 25.27              | Tithi 28 – 29 | <b>Gulika</b>                | 1:46PM – 3:12PM   | <b>Dhanishtha Until 4:47AM Tue</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:37AM  |  |   |                     |
| <b>Family Home Evening</b>      |               | Yama                         | 10:54AM – 12:20PM | Shiva Until 4:47AM Tue             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:04PM   |  | Moon 2 - Phase 44                                 |                     |
| Creative Work                   | Siddha Yoga   | 988273367                    | <b>Rahu</b>       | 8:03AM – 9:28AM                    | Nataraja: White        |   |  | 2nd Phase   |                     |
| Until 4:47AM Tue                |               |                              |                   | Sakuni Until 8:39AM Tue            | Moon – Purple          |   |  |   | <b>Devaloka Day</b> |
| Then Routine Work - Marana Yoga |               |                              |                   | <b>Trayodashi* Until 6:00AM</b>    | <b>Magha-Masi</b>      |   |  |   |                     |
|                                 |               |                              |                   |                                    |                        |   |  |   |                     |
|                                 |               |                              |                   |                                    |                        |   |  |   |                     |

|                                  |               |                               |                  |                                      |                       |  |  |   |                     |
|----------------------------------|---------------|-------------------------------|------------------|--------------------------------------|-----------------------|--|--|---|---------------------|
| <b>●</b>                         |               | <b>Tuesday, March 5, 2019</b> |                  |                                      |                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  | Washington DC<br>Sun 13 Sutra 324<br>Vilamba 5120 |                     |
| <b>Retreat Star</b>              |               | <b>Gulika</b>                 | 12:20PM – 1:46PM | <b>Shatabhishak Until 7:33AM Wed</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 6:35AM   |  |   |                     |
| Kumbha Rasi: 7.15                | Tithi 29 – 30 | Yama                          | 9:28AM – 10:54AM | Siddha Until 4:53AM Wed              | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:05PM  |  | Moon 2 - Phase 44                                 |                     |
| Routine Work                     | Marana Yoga   | 199273367                     | <b>Rahu</b>      | 3:12PM – 4:39PM                      | Nataraja: White       |  |  | Amavasya  |                     |
| Until 7:33AM Wed                 |               |                               |                  | Catuspada Until 9:56PM               | Moon – Purple         |  |  |   | <b>Devaloka Day</b> |
| Then Creative Work - Amrita Yoga |               |                               |                  | <b>Chaturdashi* Until 8:39AM</b>     | <b>Magha-Masi</b>     |  |  |   |                     |

|                                  |              |                                 |                   |                                  |                       |  |  |   |                     |
|----------------------------------|--------------|---------------------------------|-------------------|----------------------------------|-----------------------|--|--|---|---------------------|
| <b>●</b>                         |              | <b>Wednesday, March 6, 2019</b> |                   |                                  |                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Sadya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |  | Washington DC<br>Sun 14 Sutra 325<br>Vilamba 5120 |                     |
| <b>Retreat Star</b>              |              | <b>Gulika</b>                   | 10:53AM – 12:20PM | <b>Shatabhishak Until 7:33AM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:34AM   |  |   |                     |
| Kumbha Rasi: 19.08               | Tithi 30 – 1 | Yama                            | 8:00AM – 9:27AM   | Sadya Until 5:32AM Thu           | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:06PM  |  | Moon 2 - Phase 44                                 |                     |
| Creative Work                    | Siddha Yoga  | 199373367                       | <b>Rahu</b>       | 12:20PM – 1:46PM                 | Nataraja: White       |  |  | Prathama  |                     |
| Until 7:33AM                     |              |                                 |                   | Kintughna Until 12:14AM Thu      | Moon – Purple         |  |  |   | <b>Sivaloka Day</b> |
| Then Creative Work - Amrita Yoga |              |                                 |                   | <b>Amavasya* Until 11:06AM</b>   | <b>Phalguna-Masi</b>  |  |  |   |                     |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

|  |                                  |  |  |   |   |   |                           |
|--|----------------------------------|--|--|---|---|---|---------------------------|
| <b>1</b>                               |                                  | <b>Thursday, March 7, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   | Washington DC<br>Sun 15 Sutra 326<br>Vilamba 5120 |                           |
| Meena Rasi: 1.07                       | Tithi 1 – 2                      | <b>Gulika</b> 9:26AM – 10:53AM<br>Yama 6:32AM – 7:59AM<br>Rahu 1:46PM – 3:13PM   | <b>Purvaprosarthapada* Until 10:24AM</b><br>Subha Until 5:58AM Fri<br>Balava Until 2:13AM Fri<br><b>Prathama* Until 1:15PM</b> | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Phalguna-Masi</b>  | <i>Sunrise:</i> 6:32AM<br><i>Sunset:</i> 6:07PM | Moon 2 - Phase 45<br>3rd Phase                    | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga                      | 119373367  |  |   |   |   |                           |
| <b>2</b>                               |                                  | <b>Friday, March 8, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau         |   | Washington DC<br>Sun 16 Sutra 327<br>Vilamba 5120 |                           |
| Meena Rasi: 13.13                      | Tithi 2 – 3                      | <b>Gulika</b> 7:58AM – 9:25AM<br>Yama 3:13PM – 4:41PM<br>Rahu 10:52AM – 12:19PM  | <b>Uttaraprosarthapada Until 12:46PM</b><br>Sukla Until 6:07AM Sat<br>Taitila Until 3:53AM Sat<br><b>Dvitiya Until 3:04PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Phalguna-Masi</b>  | <i>Sunrise:</i> 6:31AM<br><i>Sunset:</i> 6:08PM | Moon 2 - Phase 45<br>3rd Phase                    | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga                      | 119373367  |  |   |   |   |                           |
| <b>3</b>                               |                                  | <b>Saturday, March 9, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau                 |   | Washington DC<br>Sun 17 Sutra 328<br>Vilamba 5120 |                           |
| Meena Rasi: 25.28                      | Tithi 3 – 4                      | <b>Gulika</b> 6:29AM – 7:57AM<br>Yama 1:46PM – 3:14PM<br>Rahu 9:24AM – 10:52AM   | <b>Revati Until 5:38PM Sun</b><br>Sukla Until 6:07AM<br>Vanija Until 5:09AM Sun<br><b>Tritiya Until 4:33PM</b>                 | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Phalguna-Masi</b>  | <i>Sunrise:</i> 6:29AM<br><i>Sunset:</i> 6:09PM | Moon 2 - Phase 45<br>3rd Phase                    | <b>Devaloka Day</b>       |
| Routine Work                           | Prabalarishta Yoga               | 119373367  |  |   |   |   |                           |
| Until 5:38PM Sun                       |                                  |  |  |   |   |   |                           |
| Then Creative Work - Siddha Yoga       |                                  |  |  |   |   |   |                           |
| <b>4</b>                               |                                  | <b>Sunday, March 10, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                       |   | Washington DC<br>Sun 18 Sutra 329<br>Vilamba 5120 |                           |
| Mesha Rasi: 7.52                       | Tithi 4 – 5                      | <b>Gulika</b> 3:14PM – 4:42PM<br>Yama 12:19PM – 1:46PM<br>Rahu 4:42PM – 6:10PM   | <b>Revati Until 5:38PM</b><br>Indra Until 5:34AM Mon<br>Bava Until 5:61AM Mon<br><b>Chaturthi* Until 6:07AM</b>                | <b>Ganesha:</b> Red<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White<br><b>Phalguna-Masi</b>   | <i>Sunrise:</i> 6:28AM<br><i>Sunset:</i> 6:10PM | Moon 2 - Phase 45<br>3rd Phase                    | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga                      | 129373367  |  |   |   |   |                           |
| Until 5:38PM                           |                                  |  |  |   |   |   |                           |
| Then Routine Work - Prabalarishta Yoga | Subramuniyaswami Siva Vision Day |  |  |   |   |   |                           |
| <b>5</b>                               |                                  | <b>Monday, March 11, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau                          |   | Washington DC<br>Sun 19 Sutra 330<br>Vilamba 5120 |                           |
| Mesha Rasi: 20.27                      | Tithi 5                          | <b>Gulika</b> 1:47PM – 3:15PM<br>Yama 10:50AM – 12:18PM<br>Rahu 7:54AM – 9:22AM  | <b>Bharani Until 5:41PM</b><br>Vaidhriti* Until 5:41PM<br>Bava Until 6:25AM Tue<br><b>Panchami Until 5:34AM Mon</b>            | <b>Ganesha:</b> Red<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White<br><b>Phalguna-Masi</b>   | <i>Sunrise:</i> 6:26AM<br><i>Sunset:</i> 6:11PM | Moon 2 - Phase 45<br>3rd Phase                    | <b>Devaloka Day</b>       |
| Family Home Evening                    |                                  | 129373367  |  |   |   |   |                           |
| Creative Work                          | Siddha Yoga                      |  |  |   |   |   |                           |
| Until 5:41PM                           |                                  |  |  |   |   |   |                           |
| Then Routine Work - Marana Yoga        |                                  |  |  |   |   |   |                           |
| <b>6</b>                               |                                  | <b>Tuesday, March 12, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Shashthyam Titau                              |   | Washington DC<br>Sun 20 Sutra 331<br>Vilamba 5120 |                           |
| Vrishabha Rasi: 3.15                   | Tithi 6                          | <b>Gulika</b> 12:18PM – 1:47PM<br>Yama 9:21AM – 10:50AM<br>Rahu 3:15PM – 4:43PM  | <b>Krittika Until 5:59PM Wed</b><br>Vishkambha* Until 6:17PM<br>Kaulava Until 6:25AM<br><b>Shashthi* Until 6:24PM</b>          | <b>Ganesha:</b> Red<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White<br><b>Phalguna-Masi</b>   | <i>Sunrise:</i> 6:25AM<br><i>Sunset:</i> 6:12PM | Moon 2 - Phase 45<br>3rd Phase                    | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga                      | 129373367  |  |   |   |   |                           |
| Until 5:59PM Wed                       |                                  |  |  |   |   |   |                           |
| Then Creative Work - Amrita Yoga       |                                  |  |  |   |   |   |                           |
| <b>Retreat Star</b>                    |                                  | <b>Wednesday, March 13, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau                         |   | Washington DC<br>Sun 21 Sutra 332<br>Vilamba 5120 |                           |
| Vrishabha Rasi: 16.19                  | Tithi 7 – 8                      | <b>Gulika</b> 10:49AM – 12:18PM<br>Yama 7:52AM – 9:21AM<br>Rahu 12:18PM – 1:47PM | <b>Krittika Until 5:59PM</b><br>Priti Until 6:39PM<br>Gara Until 6:17AM<br><b>Saptami Until 5:59PM</b>                         | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Phalguna-Masi</b>   | <i>Sunrise:</i> 6:23AM<br><i>Sunset:</i> 6:13PM | Moon 2 - Phase 45<br>3rd Phase                    | <b>Sivaloka Day</b>       |
| Creative Work                          | Siddha Yoga                      | 131373367  |  |   |   |   |                           |
| <b>Retreat Star</b>                    |                                  | <b>Thursday, March 14, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau                              |   | Washington DC<br>Sun 22 Sutra 333<br>Vilamba 5120 |                           |
| Vrishabha Rasi: 29.41                  | Tithi 8 – 9                      | <b>Gulika</b> 9:20AM – 10:49AM<br>Yama 6:22AM – 7:51AM<br>Rahu 1:47PM – 3:16PM   | <b>Mrigashira Until 6:15PM</b><br>Ayushman Until 11:44PM<br>Balava Until 4:12AM Fri<br><b>Ashtami* Until 4:56PM</b>            | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Phalguna-Panguni</b>  | <i>Sunrise:</i> 6:22AM<br><i>Sunset:</i> 6:14PM | Moon 2 - Phase 45<br>Ashtami                      | <b>Sivaloka Day</b>       |
| Routine Work                           | Marana Yoga                      | 131373367  |  |   |   |   |                           |
|  |                                  |  | Karadayian Nombu (Tamil Nadu)  |   |   |   |                           |
| <b>Retreat Star</b>                    |                                  | <b>Friday, March 15, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava Karana Navami/Dashamyam Titau                           |   | Washington DC<br>Sun 23 Sutra 334<br>Vilamba 5120 |                           |
| Mithuna Rasi: 13.25                    | Tithi 9 – 10                     | <b>Gulika</b> 7:49AM – 9:19AM<br>Yama 3:16PM – 4:45PM<br>Rahu 10:48AM – 12:17PM  | <b>Ardra Until 5:07PM</b><br>Saubhagya Until 9:05PM<br>Kaulava Until 3:17PM<br><b>Navami* Until 3:17PM</b>                     | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Phalguna-Panguni</b>  | <i>Sunrise:</i> 6:20AM<br><i>Sunset:</i> 6:15PM | Moon 2 - Phase 45<br>Navami                       | <b>Subha Sivaloka Day</b> |
| Creative Work                          | Siddha Yoga                      | 131373367  |  |   |   |   |                           |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

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|          |                                 |               |  |                               |                        |                        |                   |
|----------|---------------------------------|---------------|--|-------------------------------|------------------------|------------------------|-------------------|
| <b>1</b> | <b>Saturday, March 16, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                               |                        |                        | Washington DC     |
|          | Mithuna Rasi: 27.32             | Tithi 10 – 11 | <b>Gulika</b> 6:19AM – 7:48AM  | <b>Punarvasu</b> Until 3:41PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:19AM | Sun 24 Sutra 335  |
|          |                                 |               | Yama 1:47PM – 3:16PM   | Sobhana Until 3:41PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:16PM  | Vilamba 5120      |
|          | Creative Work                   | Siddha Yoga   | 141373368 <b>Rahu</b> 9:18AM – 10:47AM   | Vanija Until 11:44PM          | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 46 |
|          |                                 |               | <b>Dashami</b> Until 1:02PM  | Moon – Blue                   |                        | 4th Phase              |                   |
|          |                                 |               |  | <b>Phalguna•Panguni</b>       |                        | <b>Sivaloka Day</b>    |                   |

|          |                               |               |  |                            |                        |                        |                   |
|----------|-------------------------------|---------------|--|----------------------------|------------------------|------------------------|-------------------|
| <b>2</b> | <b>Sunday, March 17, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                            |                        |                        | Washington DC     |
|          | Kataka Rasi: 12               | Tithi 11 – 12 | <b>Gulika</b> 3:17PM – 4:47PM  | <b>Pushya</b> Until 1:36PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:17AM | Sun 25 Sutra 336  |
|          |                               |               | Yama 12:17PM – 1:47PM  | Athiganda* Until 2:29PM    | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:17PM  | Vilamba 5120      |
|          | Creative Work                 | Siddha Yoga   | 141373368 <b>Rahu</b> 4:47PM – 6:17PM  | Bava Until 8:45PM          | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 46 |
|          |                               |               | <b>Ekadashi</b> Until 10:16AM  | Moon – Blue                |                        | 4th Phase              |                   |
|          |                               |               |  | <b>Phalguna•Panguni</b>    |                        | <b>Sivaloka Day</b>    |                   |

|          |                               |               |  |                                       |                        |                        |                   |
|----------|-------------------------------|---------------|--|---------------------------------------|------------------------|------------------------|-------------------|
| <b>3</b> | <b>Monday, March 18, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau |                                       |                        |                        | Washington DC     |
|          | Kataka Rasi: 26.47            | Tithi 12 – 13 | <b>Gulika</b> 1:47PM – 3:17PM  | <b>Ashlesha*</b> Until 12:08AM Wed Tu | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:15AM | Sun 26 Sutra 337  |
|          | <b>Family Home Evening</b>    |               | Yama 10:46AM – 12:17PM   | Sukarma Until 10:40AM                 | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:18PM  | Vilamba 5120      |
|          | Creative Work                 | Siddha Yoga   | 141373368 <b>Rahu</b> 7:46AM – 9:16AM  | Taitila Until 3:41AM Tue              | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 46 |
|          |                               |               | <b>Dvadashi</b> Until 7:07AM   | Moon – Blue                           |                        | 4th Phase              |                   |
|          |                               |               | <b>Yogaswami Mahasamadhi</b>   | <b>Phalguna•Panguni</b>               |                        | <b>Sivaloka Day</b>    |                   |
|          |                               |               |  | <i>Pradosha Vrata</i>                 |                        |                        |                   |

|          |                                |             |  |                                    |                        |                           |                   |
|----------|--------------------------------|-------------|--|------------------------------------|------------------------|---------------------------|-------------------|
| <b>4</b> | <b>Tuesday, March 19, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashlesha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                    |                        |                           | Washington DC     |
|          | Simha Rasi: 11.47              | Tithi 14    | <b>Gulika</b> 12:16PM – 1:47PM   | <b>Ashlesha*</b> Until 12:08AM Wed | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:14AM    | Sun 27 Sutra 338  |
|          |                                |             | Yama 9:15AM – 10:46AM  | Dhriti Until 2:34AM Wed            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:19PM     | Vilamba 5120      |
|          | Creative Work                  | Siddha Yoga | 151373368 <b>Rahu</b> 3:17PM – 4:48PM  | Gara Until 1:56PM                  | <b>Nataraja:</b> Clear |                           | Moon 2 - Phase 46 |
|          |                                |             | <b>Chaturdashi*</b> Until 12:08AM Wed  | Moon – Red                         |                        | 4th Phase                 |                   |
|          |                                |             |  | <b>Phalguna•Panguni</b>            |                        | <b>Subha Sivaloka Day</b> |                   |
|          |                                |             |  |                                    |                        |                           |                   |

|          |                                  |             |   |  |                        |                           |                   |
|----------|----------------------------------|-------------|---|--|------------------------|---------------------------|-------------------|
| <b>○</b> | <b>Wednesday, March 20, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau |  |                        |                           | Washington DC     |
|          | <b>Copper Retreat Star</b>       |             | <b>Gulika</b> 10:45AM – 12:16PM   | <b>Uttaraphalguni</b> Until 2:50AM Thu | <b>Ganesh:</b> White   | <i>Sunrise:</i> 6:12AM    | Sutra 339         |
|          | Simha Rasi: 26.52                | Tithi 15    | Yama 7:43AM – 9:14AM  | Ganda* Until 10:31PM                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:20PM     | Vilamba 5120      |
|          | Creative Work                    | Amrita Yoga | 151373368 <b>Rahu</b> 12:16PM – 1:47PM  | Visti Until 6:57AM Thu                 | <b>Nataraja:</b> Clear |                           | Moon 2 - Phase 46 |
|          |                                  |             | <b>Purnima*</b> Until 2:34AM Wed  | Moon – Red                             |                        | Purnima                   |                   |
|          |                                  |             | <b>Panguni Uttiram</b>  | <b>Phalguna•Panguni</b>                |                        | <b>Subha Sivaloka Day</b> |                   |
|          |                                  |             | <b>Holi</b>   |  |                        |                           |                   |

|          |                                 |               |  |                                |                        |                        |                   |
|----------|---------------------------------|---------------|--|--------------------------------|------------------------|------------------------|-------------------|
| <b>○</b> | <b>Thursday, March 21, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau |                                |                        |                        | Washington DC     |
|          | <b>Silver Retreat Star</b>      |               | <b>Gulika</b> 9:13AM – 10:44AM   | <b>Hasta</b> Until 12:33AM Fri | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 6:11AM | Sutra 340         |
|          | Kanya Rasi: 11.52               | Tithi 16 – 17 | Yama 6:11AM – 7:42AM   | Vriddhi Until 6:41PM           | <b>Muruga:</b> White   | <i>Sunset:</i> 6:20PM  | Vilamba 5120      |
|          | Routine Work                    | Marana Yoga   | 161383368 <b>Rahu</b> 1:47PM – 3:18PM  | Balava Until 6:57AM            | <b>Nataraja:</b> Clear |                        | Moon 2 - Phase 46 |
|          |                                 |               | <b>Prathama*</b> Until 5:19PM  | Moon – Green                   |                        | Prathama               |                   |
|          |                                 |               |  | <b>Phalguna•Panguni</b>        |                        | <b>Devaloka Day</b>    |                   |
|          |                                 |               |  |                                |                        |                        |                   |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam

Washington DC

Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 341

Kanya Rasi: 26.39 Tihi 17 - 18

Gulika 7:41AM - 9:12AM

Chitra Until 10:33PM

Ganesha: Yellow Sunrise: 6:09AM

Vilamba 5120

Yama 3:18PM - 4:50PM

Dhruva Until 3:08PM

Muruga: White Sunset: 6:21PM

Moon 3 - Phase 47

162383368 Rahu 10:44AM - 12:15PM

Vanija Until 1:09AM Sat

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 2:24PM

Moon - Green  
Phalguna-Panguni

Devaloka Day

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam

Washington DC

Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 342

Tula Rasi: 11.05 Tihi 18 - 19

Gulika 6:08AM - 7:40AM

Svati Until 10:21AM Sun

Ganesha: Blue Sunrise: 6:08AM

Vilamba 5120

Yama 1:47PM - 3:19PM

Vyaghata\* Until 12:03PM

Muruga: White Sunset: 6:22PM

Moon 3 - Phase 47

162383368 Rahu 9:11AM - 10:43AM

Bava Until 11:07PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 3:08PM

Moon - Green  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam

Washington DC

Svati/Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 343

Tula Rasi: 25.05 Tihi 19 - 20

Gulika 3:19PM - 4:51PM

Svati Until 10:21AM

Ganesha: Red Sunrise: 6:06AM

Vilamba 5120

Yama 12:15PM - 1:47PM

Harshana Until 8:31PM

Muruga: White Sunset: 6:23PM

Moon 3 - Phase 47

172383368 Rahu 4:51PM - 6:23PM

Taitila Until 9:29AM Mon

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Chaturthi\* Until 10:21AM

Moon - Orange  
Phalguna-Panguni

Devaloka Day

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam

Washington DC

Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 344

Vrischika Rasi: 9 Tihi 20 - 21

Gulika 1:47PM - 3:19PM

Anuradha Until 8:43PM

Ganesha: Red Sunrise: 6:05AM

Vilamba 5120

Family Home Evening

Yama 10:42AM - 12:14PM

Vajra\* Until 7:41AM

Muruga: White Sunset: 6:24PM

Moon 3 - Phase 47

172383368 Rahu 7:37AM - 9:09AM

Gara Until 9:24PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 9:29AM

Moon - Orange  
Phalguna-Panguni

Devaloka Day

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Washington DC

Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 345

Vrischika Rasi: 21.39 Tihi 21 - 22

Gulika 12:14PM - 1:47PM

Jyeshtha\* Until 9:37PM

Ganesha: Red Sunrise: 6:03AM

Vilamba 5120

Yama 9:09AM - 10:41AM

Siddhi Until 6:31AM

Muruga: White Sunset: 6:25PM

Moon 3 - Phase 47

172383368 Rahu 3:20PM - 4:52PM

Visti Until 9:52PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi\* Until 9:30AM

Moon - Orange  
Phalguna-Panguni

Devaloka Day

Until 9:37PM

Then Creative Work - Amrita Yoga

D

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Washington DC

Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 346

Dhanus Rasi: 4.16 Tihi 22 - 23

Gulika 10:41AM - 12:14PM

Mula\* Until 11:38PM

Ganesha: Green Sunrise: 6:01AM

Vilamba 5120

Yama 7:35AM - 9:08AM

Vyatipata\* Until 6:02AM

Muruga: White Sunset: 6:26PM

Moon 3 - Phase 47

182383368 Rahu 12:14PM - 1:47PM

Balava Until 11:10PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Saptami Until 10:24AM

Moon - Light Blue  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 11:38PM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Washington DC

Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 347

Dhanus Rasi: 16.33 Tihi 23 - 24

Gulika 9:07AM - 10:40AM

Purvashadha\* Until 2:10AM Fri

Ganesha: Green Sunrise: 6:00AM

Vilamba 5120

Yama 6:00AM - 7:33AM

Variyan Until 6:09AM

Muruga: White Sunset: 6:27PM

Moon 3 - Phase 47

182383368 Rahu 1:47PM - 3:20PM

Taitila Until 1:09AM Fri

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami\* Until 12:04PM

Moon - Light Blue  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 2:10AM Fri

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|  |                               |               |  |  |   |   |                     |
|--|-------------------------------|---------------|--|--|---|---|---------------------|
| <b>1</b>   | <b>Friday, March 29, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha Nakshatra Parigha* Shiva Yoga Gara Karana Navami/Dashamyam Titau |  |   |   | Washington DC       |
|  | Dhanus Rasi: 28.34            | Tithi 24 – 25 | <b>Gulika</b> 7:32AM – 9:06AM<br>Yama 3:21PM – 4:54PM<br>182383468 <b>Rahu</b> 10:39AM – 12:13PM   | <b>Uttarashadha Until 4:57AM Sat</b><br>Parigha* Until 6:45AM<br>Gara Until 2:19PM<br>Navami* Until 2:19PM | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:58AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:28PM<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br>Phalguna•Panguni | Sun 8 Sutra 348<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase | <b>Devaloka Day</b> |
| Routine Work Marana Yoga<br>Until 4:57AM Sat<br>Then Creative Work - Siddha Yoga |                               |               |  |  |   |   |                     |


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| <b>2</b>   | <b>Saturday, March 30, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam<br>Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |   |  |   | Washington DC       |
|  | Makara Rasi: 10.25              | Tithi 25 – 26 | <b>Gulika</b> 5:57AM – 7:31AM<br>Yama 1:47PM – 3:21PM<br>192383468 <b>Rahu</b> 9:05AM – 10:39AM  | <b>Shravana Until 8:17AM Sun</b><br>Shiva Until 7:42AM<br>Bava Until 6:17AM Sun<br>Dashami Until 4:54PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:57AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:29PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | Sun 9 Sutra 349<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase | <b>Sivaloka Day</b> |
| Creative Work Siddha Yoga<br>Until 8:17AM Sun<br>Then Routine Work - Marana Yoga |                                 |               |  |   |  |   |                     |

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| <b>3</b>   | <b>Sunday, March 31, 2019</b> |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau |  |  |  | Washington DC       |
|  | Makara Rasi: 22.12            | Tithi 26 | <b>Gulika</b> 3:21PM – 4:56PM<br>Yama 12:13PM – 1:47PM<br>192383468 <b>Rahu</b> 4:56PM – 6:30PM   | <b>Shravana Until 8:17AM</b><br>Siddha Until 8:45AM<br>Bava Until 6:17AM<br>Ekadashi* Until 7:36PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:55AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | Sun 10 Sutra 350<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase | <b>Sivaloka Day</b> |
| Creative Work Amrita Yoga<br>Until 8:17AM<br>Then Routine Work - Marana Yoga |                               |          |   |  |  |  |                     |

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| <b>4</b>   | <b>Monday, April 1, 2019</b> |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava Karana Dvadashyam Titau |   |   |  | Washington DC             |
|  | Kumbha Rasi: 3.59            | Tithi 27 | <b>Gulika</b> 1:47PM – 3:21PM<br>Yama 10:38AM – 12:13PM<br>192483468 <b>Rahu</b> 7:30AM – 9:04AM  | <b>Dhanishtha Until 11:25AM</b><br>Sadhya Until 9:47AM<br>Kaulava Until 8:56AM<br>Dvadashi* Until 10:11PM | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:55AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | Sun 11 Sutra 351<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase | <b>Subha Sivaloka Day</b> |
| Family Home Evening<br>Creative Work Siddha Yoga |                              |          |   |   |   |  |                           |

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| <b>5</b>  | <b>Tuesday, April 2, 2019</b> |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau |  |   |  | Washington DC             |
|   | Kumbha Rasi: 15.51            | Tithi 28 | <b>Gulika</b> 12:12PM – 1:47PM<br>Yama 9:03AM – 10:38AM<br>192483468 <b>Rahu</b> 3:22PM – 4:56PM   | <b>Shatabhishak Until 2:10PM</b><br>Subha Until 10:41AM<br>Gara Until 11:23AM<br>Trayodashi* Until 12:28AM Wed | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:54AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:31PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | Sun 12 Sutra 352<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase | <b>Subha Sivaloka Day</b> |
| Routine Work Marana Yoga<br><i>Pradosha Vrata (Fasting)</i> |                               |          |  |  |   |  |                           |

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| <b>6</b>  | <b>Wednesday, April 3, 2019</b> |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |   |   |  | Washington DC       |
|   | Kumbha Rasi: 27.49              | Tithi 29 | <b>Gulika</b> 10:37AM – 12:12PM<br>Yama 7:27AM – 9:02AM<br>112483468 <b>Rahu</b> 12:12PM – 1:47PM  | <b>Purvaproshtapada* Until 3:51AM Fri T</b><br>Sukla Until 11:17AM<br>Visti Until 1:30PM<br>Chaturdashi* Until 2:22AM Thu | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:52AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:32PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Phalguna•Panguni | Sun 13 Sutra 353<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase | <b>Sivaloka Day</b> |
| Creative Work Amrita Yoga<br>Until 3:51AM Fri Thu<br>Then Creative Work - Siddha Yoga |                                 |          |  |   |   |  |                     |

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|  | <b>Thursday, April 4, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau |   |   |   | Washington DC       |
|   | <b>Retreat Star</b>            |  | <b>Gulika</b> 9:01AM – 10:36AM<br>Yama 5:51AM – 7:26AM<br>112483468 <b>Rahu</b> 1:47PM – 3:22PM   | <b>Purvaproshtapada* Until 3:51AM Fri</b><br>Brahma Until 11:37AM Fri<br>Catuspada Until 15:87AM Fri<br>Amavasya* Until 11:17AM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:51AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:33PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Phalguna•Panguni | Sun 14 Sutra 354<br>Vilamba 5120<br>Moon 3 - Phase 48<br>Amavasya | <b>Sivaloka Day</b> |
| Meena Rasi: 9.58 Tithi 30<br>Creative Work Siddha Yoga                              |                                |  |   |   |   |   |                     |

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| <b>6</b>   | <b>Friday, April 5, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Balava Karana Prathamayam Titau |  |  |   | Washington DC       |
|  | <b>Retreat Star</b>          |  | <b>Gulika</b> 7:25AM – 9:00AM<br>Yama 3:23PM – 4:58PM<br>113483468 <b>Rahu</b> 10:36AM – 12:11PM   | <b>Revati Until 8:42PM</b><br>Indra Until 8:42PM<br>Kintughna Until 4:27PM<br>Prathama* Until 4:54AM Sat | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:49AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:34PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Chaitra•Panguni | Sun 15 Sutra 355<br>Vilamba 5120<br>Moon 3 - Phase 48<br>Prathama | <b>Devaloka Day</b> |
| Meena Rasi: 22.16 Tithi 1<br>Creative Work Siddha Yoga<br>Until 8:42PM<br>Then Creative Work - Amrita Yoga |                              |  |  |  |  |   |                     |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

|          |                                |                            |   |                              |  |                   |               |
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| <b>1</b> | <b>Saturday, April 6, 2019</b> |                            | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                              |  |                   | Washington DC |
|          | Mesha Rasi: 4.46               | Tithi 2                    | <b>Gulika</b> 5:48AM – 7:23AM   | <b>Ashvini</b> Until 10:13PM | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:48AM | Sun 16            | Sutra 356     |
|          |                                |                            | Yama 1:47PM – 3:23PM  | Vaidhriti* Until 11:15AM     | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:35PM  |                   | Vilamba 5120  |
|          | Creative Work                  | Siddha Yoga                | 123483468 <b>Rahu</b> 8:59AM – 10:35AM  | Balava Until 5:17PM          | <b>Nataraja:</b> Purple<br>Moon – White      | Moon 3 - Phase 49 | 3rd Phase     |
|          |                                | Chellappaswami Mahasamadhi | <b>Dvitiya</b> Until 5:31AM Sun   | <b>Chaitra-Panguni</b>       | <b>Devaloka Day</b>                          |                   |               |

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| <b>2</b> | <b>Sunday, April 7, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau |                              |  |                   | Washington DC |
|          | Mesha Rasi: 17.27            | Tithi 3                          | <b>Gulika</b> 3:23PM – 4:59PM  | <b>Bharani</b> Until 11:12PM | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:46AM | Sun 17            | Sutra 357     |
|          |                              |                                  | Yama 12:11PM – 1:47PM  | Vishkambha* Until 10:36AM    | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:36PM  |                   | Vilamba 5120  |
|          | Routine Work                 | Prabalarishta Yoga               | 123483468 <b>Rahu</b> 4:59PM – 6:36PM  | Tailila Until 5:42PM         | <b>Nataraja:</b> Purple<br>Moon – White      | Moon 3 - Phase 49 | 3rd Phase     |
|          |                              | Then Creative Work - Siddha Yoga | <b>Tritiya</b> Until 5:45AM Mon  | <b>Chaitra-Panguni</b>       | <b>Devaloka Day</b>                          |                   |               |

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| <b>3</b> | <b>Monday, April 8, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau |                                      |  |                   | Washington DC |
|          | Vrishabha Rasi: 0.19         | Tithi 4                          | <b>Gulika</b> 1:47PM – 3:24PM  | <b>Krittika</b> Until 5:07AM Wed Tue | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:45AM | Sun 18            | Sutra 358     |
|          | <b>Family Home Evening</b>   |                                  | Yama 10:34AM – 12:11PM   | Priti Until 9:40AM                   | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM  |                   | Vilamba 5120  |
|          | Routine Work                 | Marana Yoga                      | 123483468 <b>Rahu</b> 7:21AM – 8:58AM  | Vanija Until 5:45PM                  | <b>Nataraja:</b> Purple<br>Moon – White      | Moon 3 - Phase 49 | 3rd Phase     |
|          |                              | Then Creative Work - Amrita Yoga | <b>Chaturthi*</b> Until 5:37AM Tue   | <b>Chaitra-Panguni</b>               | <b>Devaloka Day</b>                          |                   |               |

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| <b>4</b> | <b>Tuesday, April 9, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau |                                  |   |                   | Washington DC |
|          | Vrishabha Rasi: 13.22         | Tithi 5                          | <b>Gulika</b> 12:10PM – 1:47PM   | <b>Krittika</b> Until 5:07AM Wed | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:43AM | Sun 19            | Sutra 359     |
|          |                               |                                  | Yama 8:57AM – 10:33AM  | Ayushman Until 6:53AM Wed        | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:38PM |                   | Vilamba 5120  |
|          | Creative Work                 | Amrita Yoga                      | 123483468 <b>Rahu</b> 3:24PM – 5:01PM  | Bava Until 5:26PM                | <b>Nataraja:</b> Purple<br>Moon – Yellow    | Moon 3 - Phase 49 | 3rd Phase     |
|          |                               | Then Creative Work - Siddha Yoga | <b>Panchami</b> Until 5:07AM Wed   | <b>Chaitra-Panguni</b>           | <b>Sivaloka Day</b>                         |                   |               |

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| <b>5</b> | <b>Wednesday, April 10, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau |                                 |   |                   | Washington DC |
|          | Vrishabha Rasi: 26.37            | Tithi 6     | <b>Gulika</b> 10:33AM – 12:10PM  | <b>Mrigashira</b> Until 11:56PM | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:42AM | Sun 20            | Sutra 360     |
|          |                                  |             | Yama 7:19AM – 8:56AM   | Saubhagya Until 6:53AM          | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:38PM |                   | Vilamba 5120  |
|          | Creative Work                    | Siddha Yoga | 123483468 <b>Rahu</b> 12:10PM – 1:47PM   | Kaulava Until 4:44PM            | <b>Nataraja:</b> Purple<br>Moon – Yellow    | Moon 3 - Phase 49 | 3rd Phase     |
|          |                                  |             | <b>Shashthi*</b> Until 4:14AM Thu  | <b>Chaitra-Panguni</b>          | <b>Sivaloka Day</b>                         |                   |               |

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| <b>6</b> | <b>Thursday, April 11, 2019</b> |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau |                             |   |                   | Washington DC |
|          | Mithuna Rasi: 10.05             | Tithi 7                          | <b>Gulika</b> 8:55AM – 10:32AM   | <b>Ardra</b> Until 11:16PM  | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:40AM | Sun 21            | Sutra 361     |
|          |                                 |                                  | Yama 5:40AM – 7:17AM   | Athiganda* Until 2:53AM Fri | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:39PM |                   | Vilamba 5120  |
|          | Routine Work                    | Marana Yoga                      | 123483468 <b>Rahu</b> 1:47PM – 3:25PM  | Gara Until 3:39PM           | <b>Nataraja:</b> Purple<br>Moon – Yellow    | Moon 3 - Phase 49 | 3rd Phase     |
|          |                                 | Then Creative Work - Amrita Yoga | <b>Saptami</b> Until 2:56AM Fri  | <b>Chaitra-Panguni</b>      | <b>Sivaloka Day</b>                         |                   |               |

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| <b>Retreat Star</b> | <b>Friday, April 12, 2019</b> |                                 | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau |                                |   |                   | Washington DC |
|                     | Mithuna Rasi: 23.46           | Tithi 8                         | <b>Gulika</b> 7:16AM – 8:54AM  | <b>Punarvasu</b> Until 10:29PM | <b>Ganesh:</b> White <i>Sunrise:</i> 5:39AM | Sun 22            | Sutra 362     |
|                     |                               |                                 | Yama 3:25PM – 5:03PM   | Sukarma Until 12:23AM Sat      | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:40PM |                   | Vilamba 5120  |
|                     | Creative Work                 | Siddha Yoga                     | 143483468 <b>Rahu</b> 10:32AM – 12:09PM  | Visti Until 2:08PM             | <b>Nataraja:</b> Purple<br>Moon – Blue      | Moon 3 - Phase 49 | Ashtami       |
|                     |                               | Then Routine Work - Marana Yoga | <b>Ashtami*</b> Until 1:13AM Sat   | <b>Chaitra-Panguni</b>         | <b>Devaloka Day</b>                         |                   |               |

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| <b>Retreat Star</b> | <b>Saturday, April 13, 2019</b> |                                 | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |                            |   |                   | Washington DC |
|                     | Kataka Rasi: 7.43               | Tithi 9                         | <b>Gulika</b> 5:37AM – 7:15AM  | <b>Pushya</b> Until 9:09PM | <b>Ganesh:</b> White <i>Sunrise:</i> 5:37AM | Sun 23            | Sutra 363     |
|                     |                                 |                                 | Yama 1:47PM – 3:25PM   | Dhriti Until 9:35PM        | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:41PM |                   | Vilamba 5120  |
|                     | Creative Work                   | Siddha Yoga                     | 143483468 <b>Rahu</b> 8:53AM – 10:31AM   | Balava Until 12:13PM       | <b>Nataraja:</b> Purple<br>Moon – Blue      | Moon 3 - Phase 49 | Navami        |
|                     |                                 | Then Routine Work - Marana Yoga | <b>Navami*</b> Until 11:06PM   | <b>Chaitra-Panguni</b>     | <b>Devaloka Day</b>                         |                   |               |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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| <b>1 Sunday, April 14, 2019</b>                                     |             | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                               |                         |                        | Washington DC       |
| Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau |             | Sun 24   |                               | Sutra 364               |                        | Vikarin 5121        |
| Kataka Rasi: 21.55  | Tithi 10    | <b>Gulika</b> 3:26PM – 5:04PM  | <b>Ashlesha* Until 7:19PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:36AM |                     |
|   |             | Yama 12:09PM – 1:47PM  | Shula* Until 6:27PM           | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:42PM  | Moon 3 - Phase 1    |
|   | 243483468   | <b>Rahu</b> 5:04PM – 6:42PM  | Taitila Until 6:76AM Mon      | <b>Nataraja:</b> Purple |                        | 4th Phase           |
| Creative Work   | Siddha Yoga |  | <b>Dashami Until 9:35PM</b>   | Moon – Blue             |                        | <b>Sivaloka Day</b> |
| Until 7:19PM  |             | <b>Tamil New Year</b>  |                               | <b>Chaitra•Chaitra</b>  |                        |                     |
| Then Routine Work - Marana Yoga                                     |             |  |                               |                         |                        |                     |

|  |               |   |                              |                         |                        |                     |
|--|---------------|---|------------------------------|-------------------------|------------------------|---------------------|
| <b>2 Monday, April 15, 2019</b>  |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam |                              |                         |                        | Washington DC       |
| Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau |               | Sun 25  |                              | Sutra 1                 |                        | Vikarin 5121        |
| Simha Rasi: 6.22   | Tithi 11 – 12 | <b>Gulika</b> 1:47PM – 3:26PM   | <b>Magha* Until 5:27PM</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:34AM |                     |
| <b>Family Home Evening</b>   |               | Yama 10:30AM – 12:09PM  | Ganda* Until 3:05PM          | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:43PM  | Moon 3 - Phase 1    |
|  | 253483468     | <b>Rahu</b> 7:13AM – 8:51AM   | Vanija Until 3:83AM Tue      | <b>Nataraja:</b> Purple |                        | 4th Phase           |
| Routine Work   | Marana Yoga   |   | <b>Ekadashi Until 6:27PM</b> | Moon – Red              |                        | <b>Devaloka Day</b> |
| Until 5:27PM   |               |   |                              | <b>Chaitra•Chaitra</b>  |                        |                     |
| Then Creative Work - Siddha Yoga   |               |   |                              |                         |                        |                     |

|   |               |  |                                   |                         |                        |                     |
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| <b>3 Tuesday, April 16, 2019</b>  |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam |                                   |                         |                        | Washington DC       |
| Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |               | Sun 26   |                                   | Sutra 2                 |                        | Vikarin 5121        |
| Simha Rasi: 20.59   | Tithi 12 – 13 | <b>Gulika</b> 12:08PM – 1:47PM   | <b>Purvaphalguni Until 3:16PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:33AM |                     |
|   |               | Yama 8:51AM – 10:29AM  | Vridhi Until 11:33AM              | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:44PM  | Moon 3 - Phase 1    |
|   | 253483468     | <b>Rahu</b> 3:26PM – 5:05PM  | Kaulava Until 24:82               | <b>Nataraja:</b> Purple |                        | 4th Phase           |
| Creative Work   | Siddha Yoga   |  | <b>Dvadashi Until 3:05PM</b>      | Moon – Red              |                        | <b>Devaloka Day</b> |
| Until 3:16PM  |               |  |                                   | <b>Chaitra•Chaitra</b>  |                        |                     |
| Then Creative Work - Amrita Yoga  |               |  | <i>Pradosha Vrata</i>             |                         |                        |                     |

|   |               |  |                                     |                         |                        |                     |
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| <b>4 Wednesday, April 17, 2019</b>  |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam |                                     |                         |                        | Washington DC       |
| Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |               | Sun 27   |                                     | Sutra 3                 |                        | Vikarin 5121        |
| Kanya Rasi: 5.41  | Tithi 13 – 14 | <b>Gulika</b> 10:29AM – 12:08PM  | <b>Uttaraphalguni Until 12:53PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:31AM |                     |
|   |               | Yama 7:10AM – 8:50AM   | Dhruva Until 7:56AM                 | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:45PM  | Moon 3 - Phase 1    |
|   | 253483468     | <b>Rahu</b> 12:08PM – 1:47PM   | Gara Until 10:22PM                  | <b>Nataraja:</b> Purple |                        | 4th Phase           |
| Creative Work   | Amrita Yoga   |  | <b>Trayodashi Until 11:50AM</b>     | Moon – Red              |                        | <b>Devaloka Day</b> |
| Until 12:53PM   |               |  |                                     | <b>Chaitra•Chaitra</b>  |                        |                     |
| Then Routine Work - Marana Yoga   |               |  |                                     |                         |                        |                     |

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| <b>Thursday, April 18, 2019</b>  |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam |                                  |                         |                        | Washington DC       |
| <b>Copper Retreat Star</b>       |               | Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau      |                                  | Sun 28                  |                        | Sutra 4             |
| Kanya Rasi: 20.22                | Tithi 14 – 15 | <b>Gulika</b> 8:49AM – 10:28AM  | <b>Hasta Until 10:51AM</b>       | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:30AM | Vikarin 5121        |
|                                  |               | Yama 5:30AM – 7:09AM  | Harshana Until 12:59AM Fri       | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:46PM  | Moon 3 - Phase 1    |
|                                  | 263483468     | <b>Rahu</b> 1:47PM – 3:27PM   | Visti Until 7:30PM               | <b>Nataraja:</b> Purple |                        | Purnima             |
| Routine Work                     | Marana Yoga   |   | <b>Chaturdashi* Until 8:53AM</b> | Moon – Green            |                        | <b>Sivaloka Day</b> |
| Until 10:51AM                    |               | <b>Chitra Purnima (Tamil Nadu)</b>  |                                  | <b>Chaitra•Chaitra</b>  |                        |                     |
| Then Creative Work - Siddha Yoga |               | <b>Hanuman Jayanti</b>  |                                  |                         |                        |                     |

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| <b>Friday, April 19, 2019</b> |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam |                              |                         |                        | Washington DC       |
| <b>Silver Retreat Star</b>    |               | Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau               |                              | Sun 29                  |                        | Sutra 5             |
| Tula Rasi: 4.53               | Tithi 15 – 16 | <b>Gulika</b> 7:08AM – 8:48AM  | <b>Chitra Until 8:56AM</b>   | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:28AM | Vikarin 5121        |
|                               |               | Yama 3:27PM – 5:07PM   | Vajra* Until 9:51PM          | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:47PM  | Moon 3 - Phase 1    |
|                               | 263483468     | <b>Rahu</b> 10:28AM – 12:08PM  | Kaulava Until 3:49AM Sat     | <b>Nataraja:</b> Purple |                        | Prathama            |
| Creative Work                 | Siddha Yoga   |  | <b>Purnima* Until 6:09AM</b> | Moon – Green            |                        | <b>Sivaloka Day</b> |
|                               |               |  |                              | <b>Chaitra•Chaitra</b>  |                        |                     |