



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Vrischika Rasi: 3.38 Tihti 17

Gulika 11:51AM – 1:35PM
Yama 8:21AM – 10:06AM
Rahu 3:20PM – 5:05PM

Anuradha Until 7:05AM Wed
Varyan Until 10:48PM
Taitila Until 8:40AM
Dvitiya Until 9:09PM

Ganesha: Purple *Sunrise:* 4:52AM
Muruga: White *Sunset:* 6:50PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT

Vrischika Rasi: 16.06 Tihti 18

Gulika 10:05AM – 11:51AM
Yama 6:35AM – 8:20AM
Rahu 11:51AM – 1:36PM

Anuradha Until 7:05AM
Parigha* Until 10:56PM
Vanija Until 9:49AM
Tritiya Until 10:34PM

Ganesha: Purple *Sunrise:* 4:50AM
Muruga: White *Sunset:* 6:51PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Vrischika Rasi: 28.19 Tihti 19

Gulika 8:20AM – 10:05AM
Yama 4:49AM – 6:34AM
Rahu 1:36PM – 3:21PM

Jyeshtha* Until 2:50AM Sat Fri
Shiva Until 11:28PM
Bava Until 13:39AM Fri
Chaturthi* Until 10:56PM

Ganesha: Clear *Sunrise:* 4:49AM
Muruga: White *Sunset:* 6:52PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 2:50AM Sat Fri
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Dhanus Rasi: 10.21 Tihti 20

Gulika 6:33AM – 8:19AM
Yama 3:22PM – 5:07PM
Rahu 10:05AM – 11:50AM

Jyeshtha* Until 2:50AM Sat
Siddha Until 11:77PM
Kaulava Until 1:39PM
Panchami Until 2:50AM Sat

Ganesha: White *Sunrise:* 4:48AM
Muruga: White *Sunset:* 6:53PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 2:50AM Sat
Then Creative Work - Siddha Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara Karana Shashthyam Titau

Stamford, CT

Dhanus Rasi: 22.14 Tihti 21

Gulika 4:47AM – 6:32AM
Yama 1:36PM – 3:22PM
Rahu 8:18AM – 10:04AM

Purvashadha* Until 2:59PM
Sadhya Until 1:18AM Sun
Gara Until 4:07PM
Shashthi* Until 5:23AM Sun

Ganesha: White *Sunrise:* 4:47AM
Muruga: White *Sunset:* 6:54PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 2:59PM
Then Routine Work - Marana Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti* Karana Saptamyam Titau

Stamford, CT

Makara Rasi: 4.02 Tihti 22

Gulika 3:23PM – 5:09PM
Yama 11:50AM – 1:36PM
Rahu 5:09PM – 6:55PM

Uttarashadha Until 5:55PM
Subha Until 2:22AM Mon
Visti Until 6:42PM
Saptami Until 7:56AM Mon

Ganesha: White *Sunrise:* 4:45AM
Muruga: White *Sunset:* 6:55PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Makara Rasi: 15.52 Tihti 22 – 23

Gulika 1:37PM – 3:23PM
Yama 10:04AM – 11:50AM
Rahu 6:31AM – 8:17AM

Shravana Until 9:04PM
Sukla Until 3:14AM Tue
Balava Until 9:08PM
Saptami Until 7:56AM

Ganesha: Yellow *Sunrise:* 4:44AM
Muruga: White *Sunset:* 6:56PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga
Until 9:04PM
Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Makara Rasi: 27.46 Tihti 23 – 24

Gulika 11:50AM – 1:37PM
Yama 8:17AM – 10:03AM
Rahu 3:24PM – 5:10PM

Dhanishtha Until 11:40PM
Brahma Until 3:46AM Wed
Taitila Until 11:10PM
Ashtami* Until 10:12AM

Ganesha: Yellow *Sunrise:* 4:43AM
Muruga: White *Sunset:* 6:57PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Navami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga
Until 11:40PM
Then Routine Work - Marana Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1		Wednesday, May 9, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Visti* Karana Navami/Dashamyam Titau		Stamford, CT Sun 8 Sutra 24 Vilamba 5120	
Kumbha Rasi: 9.52	Tithi 24 – 25	Gulika	10:03AM – 11:50AM	Shatabhishak Until 1:00PM Thu	Ganesh: Yellow	<i>Sunrise:</i> 4:42AM			
		Yama	6:29AM – 8:16AM	Indra Until 1:30AM Thu	Muruga: White	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 4		
		294832369 Rahu	11:50AM – 1:37PM	Visti Until 1:00PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga	Navami* Until 11:57AM				Moon – Purple	Bhuloka Day		
						Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

2		Thursday, May 10, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 9 Sutra 25 Vilamba 5120	
Kumbha Rasi: 22.15	Tithi 25 – 26	Gulika	8:15AM – 10:03AM	Shatabhishak Until 1:00PM	Ganesh: Yellow	<i>Sunrise:</i> 4:41AM			
		Yama	4:41AM – 6:28AM	Vaidhriti* Until 2:74AM Fri	Muruga: White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4		
		214832369 Rahu	1:37PM – 3:25PM	Bava Until 1:14AM Fri	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga	Dashami Until 1:00PM				Moon – Clear	Bhuloka Day		
						Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

3		Friday, May 11, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 10 Sutra 26 Vilamba 5120	
Meena Rasi: 4.59	Tithi 26 – 27	Gulika	6:27AM – 8:15AM	Uttaraproshtapada Until 3:22AM Sat	Ganesh: Blue	<i>Sunrise:</i> 4:40AM			
		Yama	3:25PM – 5:13PM	Vishkambha* Until 2:01AM Sat	Muruga: White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 4		
		214932369 Rahu	10:02AM – 11:50AM	Kaulava Until 1:03AM Sat	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga	Ekadashi* Until 1:14PM				Moon – Clear	Bhuloka Day		
Until 3:22AM Sat								Vaisaka-Chaitra	
Then Routine Work - Prabalarishta Yoga									

4		Saturday, May 12, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 11 Sutra 27 Vilamba 5120	
Meena Rasi: 18.07	Tithi 27 – 28	Gulika	4:39AM – 6:26AM	Revati Until 2:53AM Sun	Ganesh: Blue	<i>Sunrise:</i> 4:39AM			
		Yama	1:38PM – 3:26PM	Priti Until 12:10AM Sun	Muruga: White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 4		
		214932369 Rahu	8:14AM – 10:02AM	Gara Until 12:05AM Sun	Nataraja: Purple		2nd Phase		
Routine Work	Prabalarishta Yoga	Dvadashi* Until 12:39PM				Moon – Clear	Bhuloka Day		
Until 2:53AM Sun								Vaisaka-Chaitra	
Then Creative Work - Siddha Yoga								<i>Pradosha Vrata (Fasting)</i>	

5		Sunday, May 13, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 28 Vilamba 5120	
Mesha Rasi: 1.41	Tithi 28 – 29	Gulika	3:26PM – 5:14PM	Ashvini Until 2:01AM Mon	Ganesh: Blue	<i>Sunrise:</i> 4:38AM			
		Yama	11:50AM – 1:38PM	Ayushman Until 9:45PM	Muruga: White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 4		
		224932369 Rahu	5:14PM – 7:02PM	Visti Until 10:24PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga	Trayodashi* Until 11:18AM				Moon – White	Bhuloka Day		
		Mother's Day						Vaisaka-Chaitra	

Monday, May 14, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 13 Sutra 29 Vilamba 5120	
Mesha Rasi: 15.4	Tithi 29 – 30	Gulika	1:38PM – 3:26PM	Bharani Until 12:28AM Tue	Ganesh: Blue	<i>Sunrise:</i> 4:37AM			
Family Home Evening		Yama	10:02AM – 11:50AM	Saubhagya Until 6:51PM	Muruga: White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 4		
		224932369 Rahu	6:25AM – 8:13AM	Catuspada Until 8:09PM	Nataraja: Purple		Amavasya		
Creative Work	Siddha Yoga	Chaturdashi* Until 9:20AM				Moon – White	Bhuloka Day		
								Vaisaka-Vaikasi	

Tuesday, May 15, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 14 Sutra 30 Vilamba 5120	
Mesha Rasi: 29.59	Tithi 30 – 1	Gulika	11:50AM – 1:38PM	Krittika Until 10:22PM	Ganesh: Red	<i>Sunrise:</i> 4:36AM			
		Yama	8:13AM – 10:01AM	Sobhana Until 3:37PM	Muruga: White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 4		
		225932369 Rahu	3:27PM – 5:16PM	Bava Until 4:01AM Wed	Nataraja: Purple		Prathama		
Creative Work	Siddha Yoga	Amavasya* Until 6:51AM				Moon – White	Bhuloka Day		
Until 10:22PM								Jyeshtha Adhika-Vaikasi	
Then Creative Work - Amrita Yoga								Devaloka Time: 9:AM to12:PM	

1	Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Balava Karana Dvitiyayam Titau				Stamford, CT
	Vrishabha Rasi: 14.33	Tithi 2	Gulika	10:01AM – 11:50AM	Rohini Until 8:20PM	Ganesh: Yellow <i>Sunrise:</i> 4:35AM	Sun 15 Sutra 31
			Yama	6:23AM – 8:12AM	Athiganda* Until 12:08PM	Muruga: White <i>Sunset:</i> 7:05PM	Vilamba 5120
	Creative Work	Siddha Yoga	235932369 Rahu	11:50AM – 1:39PM	Balava Until 2:33PM Dvitiya Until 1:01AM Thu	Nataraja: Purple Moon – Yellow	Moon 4 - Phase 5 3rd Phase
						Bhuloka Day	
						Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM

2	Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau				Stamford, CT
	Vrishabha Rasi: 29.15	Tithi 3	Gulika	8:12AM – 10:01AM	Mrigashira Until 6:05PM	Ganesh: Yellow <i>Sunrise:</i> 4:34AM	Sun 16 Sutra 32
			Yama	4:34AM – 6:23AM	Sukarma Until 8:34AM	Muruga: White <i>Sunset:</i> 7:06PM	Vilamba 5120
	Routine Work	Marana Yoga	235932369 Rahu	1:39PM – 3:28PM	Tailila Until 8:29AM Fri Tritiya Until 12:08PM	Nataraja: Purple Moon – Yellow	Moon 4 - Phase 5 3rd Phase
						Bhuloka Day	
						Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM

3	Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Stamford, CT
	Mithuna Rasi: 13.57	Tithi 4	Gulika	6:22AM – 8:11AM	Ardra Until 3:46PM	Ganesh: Yellow <i>Sunrise:</i> 4:33AM	Sun 17 Sutra 33
			Yama	3:28PM – 5:18PM	Shula* Until 1:32AM Sat	Muruga: White <i>Sunset:</i> 7:07PM	Vilamba 5120
	Creative Work	Siddha Yoga	235932369 Rahu	10:01AM – 11:50AM	Vanija Until 8:29AM Chaturthi* Until 7:00PM	Nataraja: Purple Moon – Yellow	Moon 4 - Phase 5 3rd Phase
						Bhuloka Day	
						Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM

4	Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
	Mithuna Rasi: 28.33	Tithi 5 – 6	Gulika	4:32AM – 6:21AM	Punarvasu Until 1:55PM	Ganesh: White <i>Sunrise:</i> 4:32AM	Sun 18 Sutra 34
			Yama	1:39PM – 3:29PM	Ganda* Until 10:16PM	Muruga: White <i>Sunset:</i> 7:08PM	Vilamba 5120
	Creative Work	Siddha Yoga	245932369 Rahu	8:11AM – 10:00AM	Kaulava Until 3:00AM Sun Panchami Until 4:15PM	Nataraja: Purple Moon – Blue	Moon 4 - Phase 5 3rd Phase
						Devaloka Day	
						Jyeshtha Adhika-Vaikasi	

5	Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
	Kataka Rasi: 12.58	Tithi 6 – 7	Gulika	3:29PM – 5:19PM	Pushya Until 12:13PM	Ganesh: White <i>Sunrise:</i> 4:31AM	Sun 19 Sutra 35
			Yama	11:50AM – 1:40PM	Vriddhi Until 12:13PM	Muruga: White <i>Sunset:</i> 7:09PM	Vilamba 5120
	Creative Work	Siddha Yoga	245932369 Rahu	5:19PM – 7:09PM	Gara Until 12:43AM Mon Shashthi* Until 1:48PM	Nataraja: Purple Moon – Blue	Moon 4 - Phase 5 3rd Phase
						Devaloka Day	
						Jyeshtha Adhika-Vaikasi	

D	Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau				Stamford, CT
	Retreat Star		Gulika	1:40PM – 3:30PM	Ashlesha* Until 10:44AM	Ganesh: White <i>Sunrise:</i> 4:30AM	Sun 20 Sutra 36
	Kataka Rasi: 27.08	Tithi 7 – 8	Yama	10:00AM – 11:50AM	Dhruva Until 4:35PM	Muruga: White <i>Sunset:</i> 7:10PM	Vilamba 5120
	Family Home Evening		245932369 Rahu	6:20AM – 8:10AM	Visti Until 10:49PM Saptami Until 11:42AM	Nataraja: Purple Moon – Blue	Moon 4 - Phase 5 Ashtami
						Devaloka Day	
						Jyeshtha Adhika-Vaikasi	

D	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
	Retreat Star		Gulika	11:50AM – 1:40PM	Magha* Until 9:55AM	Ganesh: Clear <i>Sunrise:</i> 4:30AM	Sun 21 Sutra 37
	Simha Rasi: 11.04	Tithi 8 – 9	Yama	8:10AM – 10:00AM	Vyaghata* Until 2:13PM	Muruga: White <i>Sunset:</i> 7:11PM	Vilamba 5120
	Creative Work	Siddha Yoga	255932369 Rahu	3:30PM – 5:21PM	Balava Until 9:19PM Ashtami* Until 10:00AM	Nataraja: Purple Moon – Red	Moon 4 - Phase 5 Navami
						Bhuloka Day	
						Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1 Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava Karana Navami/Dashmyam Titau				Stamford, CT
Simha Rasi: 24.45	Tithi 9 – 10	Gulika 10:00AM – 11:50AM	Purvaphalguni Until 9:23AM	Ganesh: Clear	<i>Sunrise:</i> 4:29AM	Sun 22 Sutra 38
		Yama 6:19AM – 8:09AM	Harshana Until 12:12PM	Muruga: White	<i>Sunset:</i> 7:12PM	Vilamba 5120
		255932369 Rahu 11:50AM – 1:41PM	Kaulava Until 8:42AM	Nataraja: Purple		Moon 4 - Phase 6
Creative Work	Amrita Yoga		Navami* Until 8:42AM	Moon – Red		4th Phase
				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

2 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT
Kanya Rasi: 8.12	Tithi 10 – 11	Gulika 8:09AM – 10:00AM	Uttaraphalguni Until 9:05AM	Ganesh: Clear	<i>Sunrise:</i> 4:28AM	Sun 23 Sutra 39
		Yama 4:28AM – 6:19AM	Vajra* Until 10:28AM	Muruga: White	<i>Sunset:</i> 7:13PM	Vilamba 5120
		255932369 Rahu 1:41PM – 3:31PM	Vanija Until 7:31PM	Nataraja: Purple		Moon 4 - Phase 6
	Amrita Yoga		Dashami Until 7:48AM	Moon – Red		4th Phase
Until 9:05AM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

3 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
Kanya Rasi: 21.26	Tithi 11 – 12	Gulika 6:18AM – 8:09AM	Hasta Until 9:28AM	Ganesh: Purple	<i>Sunrise:</i> 4:27AM	Sun 24 Sutra 40
		Yama 3:32PM – 5:23PM	Siddhi Until 9:04AM	Muruga: White	<i>Sunset:</i> 7:13PM	Vilamba 5120
		366932369 Rahu 10:00AM – 11:50AM	Bava Until 7:12PM	Nataraja: Purple		Moon 4 - Phase 6
Creative Work	Amrita Yoga		Ekadashi Until 7:18AM	Moon – Green		4th Phase
Until 9:28AM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Creative Work - Siddha Yoga						

4 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava Karana Dvadashi/Trayodashyam Titau				Stamford, CT
Tula Rasi: 4.28	Tithi 12 – 13	Gulika 4:27AM – 6:18AM	Chitra Until 10:05AM	Ganesh: Purple	<i>Sunrise:</i> 4:27AM	Sun 25 Sutra 41
		Yama 1:41PM – 3:32PM	Vyatipata* Until 7:59AM	Muruga: White	<i>Sunset:</i> 7:14PM	Vilamba 5120
		366932369 Rahu 8:09AM – 10:00AM	Balava Until 7:11AM	Nataraja: Purple		Moon 4 - Phase 6
Routine Work	Marana Yoga		Dvadashi Until 7:11AM	Moon – Green		4th Phase
Until 10:05AM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Creative Work - Siddha Yoga						

5 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailla/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
Tula Rasi: 17.17	Tithi 13 – 14	Gulika 3:33PM – 5:24PM	Svati Until 10:56AM	Ganesh: Purple	<i>Sunrise:</i> 4:26AM	Sun 26 Sutra 42
		Yama 11:51AM – 1:42PM	Variyan Until 7:11AM	Muruga: White	<i>Sunset:</i> 7:15PM	Vilamba 5120
		366932369 Rahu 5:24PM – 7:15PM	Gara Until 7:46PM	Nataraja: Purple		Moon 4 - Phase 6
Creative Work	Siddha Yoga		Trayodashi Until 7:27AM	Moon – Green		4th Phase
Until 10:56AM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Routine Work - Marana Yoga		Vaikasi Visakam				

Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau				Stamford, CT
Copper Retreat Star		Gulika 1:42PM – 3:33PM	Vishakha Until 12:30PM	Ganesh: Clear	<i>Sunrise:</i> 4:25AM	Sun 27 Sutra 43
Tula Rasi: 29.56	Tithi 14 – 15	Yama 9:59AM – 11:51AM	Parigha* Until 6:44AM	Muruga: White	<i>Sunset:</i> 7:16PM	Vilamba 5120
Family Home Evening		376932369 Rahu 6:17AM – 8:08AM	Visi Until 8:41PM	Nataraja: Purple		Moon 4 - Phase 6
Routine Work	Marana Yoga		Chaturdashi* Until 8:09AM	Moon – Orange		Purnima
Until 12:30PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT
Silver Retreat Star		Gulika 11:51AM – 1:42PM	Anuradha Until 2:22PM	Ganesh: Clear	<i>Sunrise:</i> 4:25AM	Sun 28 Sutra 44
Vrischika Rasi: 12.22	Tithi 15 – 16	Yama 8:08AM – 9:59AM	Shiva Until 6:39AM	Muruga: White	<i>Sunset:</i> 7:17PM	Vilamba 5120
		376932369 Rahu 3:34PM – 5:25PM	Balava Until 10:03PM	Nataraja: Purple		Moon 4 - Phase 6
Creative Work	Siddha Yoga		Purnima* Until 9:17AM	Moon – Orange		Prathama
Until 2:22PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 45

Vilamba 5120

Vrischika Rasi: 24.37 Tihti 16 – 17

376932369

Gulika 9:59AM – 11:51AM
Yama 6:16AM – 8:08AM
Rahu 11:51AM – 1:43PM

Jyeshtha* Until 12:53PM Thu
Siddha Until 6:53AM
Taitila Until 11:51PM
Prathama* Until 10:52AM

Ganesha: Clear *Sunrise:* 4:24AM
Muruga: White *Sunset:* 7:18PM
Nataraja: Purple
Moon – Orange
Jyeshtha Adhika-Vaikasi

Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 12:53PM Thu

Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 46

Vilamba 5120

Dhanus Rasi: 6.41 Tihti 17 – 18

386932369

Gulika 8:07AM – 9:59AM
Yama 4:24AM – 6:16AM
Rahu 1:43PM – 3:35PM

Jyeshtha* Until 12:53PM
Sadhya Until 7:78AM Fri
Vanija Until 2:02AM Fri
Dvitiya Until 12:53PM

Ganesha: White *Sunrise:* 4:24AM
Muruga: White *Sunset:* 7:18PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 12:53PM Thu

Then Routine Work - Marana Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 47

Vilamba 5120

Dhanus Rasi: 18.37 Tihti 18 – 19

387932369

Gulika 6:15AM – 8:07AM
Yama 3:35PM – 5:27PM
Rahu 9:59AM – 11:51AM

Purvashadha* Until 10:17PM
Subha Until 8:18AM
Bava Until 4:30AM Sat
Tritiya Until 3:13PM

Ganesha: Yellow *Sunrise:* 4:23AM
Muruga: White *Sunset:* 7:19PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 10:17PM

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 48

Vilamba 5120

Makara Rasi: 0.27 Tihti 19 – 20

387932369

Gulika 4:23AM – 6:15AM
Yama 1:43PM – 3:36PM
Rahu 8:07AM – 9:59AM

Uttarashadha Until 1:15AM Sun
Sukla Until 9:20AM
Kaulava Until 7:06AM Sun
Chaturthi* Until 5:47PM

Ganesha: Yellow *Sunrise:* 4:23AM
Muruga: White *Sunset:* 7:20PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Moon 5 - Phase 7
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 1:15AM Sun

Then Creative Work - Amrita Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 4 Sutra 49

Vilamba 5120

Makara Rasi: 12.14 Tihti 20

397932369

Gulika 3:36PM – 5:28PM
Yama 11:52AM – 1:44PM
Rahu 5:28PM – 7:20PM

Shravana Until 4:32AM Mon
Brahma Until 10:27AM
Kaulava Until 7:06AM
Panchami Until 8:22PM

Ganesha: Blue *Sunrise:* 4:23AM
Muruga: White *Sunset:* 7:20PM
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 4:32AM Mon

Then Creative Work - Siddha Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 5 Sutra 50

Vilamba 5120

Makara Rasi: 24.02 Tihti 21

397932369

Gulika 1:44PM – 3:36PM
Yama 9:59AM – 11:52AM
Rahu 6:15AM – 8:07AM

Dhanishtha Until 7:25AM Tue
Indra Until 11:30AM
Gara Until 9:37AM
Shashthi* Until 10:46PM

Ganesha: Blue *Sunrise:* 4:22AM
Muruga: White *Sunset:* 7:21PM
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 7:25AM Tue

Then Routine Work - Marana Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti* Karana Saptamyam Titau

Stamford, CT

Sun 6 Sutra 51

Vilamba 5120

Kumbha Rasi: 5.57 Tihti 22

397132361

Gulika 11:52AM – 1:44PM
Yama 8:07AM – 9:59AM
Rahu 3:37PM – 5:29PM

Dhanishtha Until 2:08AM Thu Wed
Vaidhriti* Until 12:17PM
Visti Until 11:51AM
Saptami Until 12:45AM Wed

Ganesha: Purple *Sunrise:* 4:22AM
Muruga: White *Sunset:* 7:22PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 2:08AM Thu Wed

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Purvaprosnihapada* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Ashtamyam Titau

Stamford, CT

Sun 7 Sutra 52

Vilamba 5120

Kumbha Rasi: 18.02 Tihti 23

397132361

Gulika 9:59AM – 11:52AM
Yama 6:14AM – 8:07AM
Rahu 11:52AM – 1:45PM

Dhanishtha Until 2:08AM Thu
Vishkambha* Until 9:39AM
Balava Until 1:33PM
Ashtami* Until 2:08AM Thu

Ganesha: Purple *Sunrise:* 4:22AM
Muruga: White *Sunset:* 7:22PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Moon 5 - Phase 7
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Uttaraprosnihapada Nakshatra Priti/Ayushman Yoga Taitila Karana Navamyam Titau

Stamford, CT

Sun 8 Sutra 53

Vilamba 5120

Meena Rasi: 0.25 Tihti 24

317132361

Gulika 8:07AM – 9:59AM
Yama 4:21AM – 6:14AM
Rahu 1:45PM – 3:38PM

Shatabhishak Until 2:44AM Fri
Priti Until 11:33AM
Taitila Until 2:33PM
Navami* Until 2:44AM Fri

Ganesha: Blue *Sunrise:* 4:21AM
Muruga: White *Sunset:* 7:23PM
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Moon 5 - Phase 7
Navami

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Ekadashyam Titau				Stamford, CT Sun 9 Sutra 54 Vilamba 5120	
Meena Rasi: 13.08	Tithi 25	Gulika 6:14AM – 8:07AM	Purvaproshtapada* Until 2:29AM Sat	Ganesh: Red	<i>Sunrise:</i> 4:21AM		
		Yama 3:38PM – 5:31PM	Ayushman Until 12:31PM	Muruga: White	<i>Sunset:</i> 7:24PM		Moon 5 - Phase 8
		318132361 Rahu 10:00AM – 11:52AM	Vanija Until 2:44PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:29AM Sat	Moon – Clear		Bhuloka Day	
Until 2:29AM Sat				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga							

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava Karana Ekadashyam Titau				Stamford, CT Sun 10 Sutra 55 Vilamba 5120	
Meena Rasi: 26.16	Tithi 26	Gulika 4:21AM – 6:14AM	Uttaraproshtapada Until 1:25AM Sun	Ganesh: Red	<i>Sunrise:</i> 4:21AM		
		Yama 1:45PM – 3:38PM	Saubhagya Until 7:73AM Sun	Muruga: White	<i>Sunset:</i> 7:24PM		Moon 5 - Phase 8
		318132361 Rahu 8:07AM – 10:00AM	Bava Until 2:04PM	Nataraja: White			2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 1:25AM Sun	Moon – Clear		Bhuloka Day	
Until 1:25AM Sun				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava Karana Dvadashyam Titau				Stamford, CT Sun 11 Sutra 56 Vilamba 5120	
Mesha Rasi: 9.52	Tithi 27	Gulika 3:39PM – 5:32PM	Ashvini Until 11:58AM	Ganesh: Green	<i>Sunrise:</i> 4:21AM		
		Yama 11:53AM – 1:46PM	Sobhana Until 8:13AM	Muruga: White	<i>Sunset:</i> 7:25PM		Moon 5 - Phase 8
		328132361 Rahu 5:32PM – 7:25PM	Kaulava Until 12:36PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:34PM	Moon – White		Bhuloka Day	
Until 11:58AM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Prabalarishta Yoga							

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Visti* Karana Trayodashyam Titau				Stamford, CT Sun 12 Sutra 57 Vilamba 5120	
Mesha Rasi: 23.55	Tithi 28	Gulika 1:46PM – 3:39PM	Bharani Until 10:35AM	Ganesh: Green	<i>Sunrise:</i> 4:21AM		
Family Home Evening		Yama 10:00AM – 11:53AM	Sukarma Until 2:18AM Tue	Muruga: White	<i>Sunset:</i> 7:25PM		Moon 5 - Phase 8
		328132361 Rahu 6:14AM – 8:07AM	Gara Until 7:40AM Tue	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:13AM	Moon – White		Bhuloka Day	
Until 10:35AM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stamford, CT Sun 13 Sutra 58 Vilamba 5120	
Vrishabha Rasi: 8.23	Tithi 29	Gulika 11:53AM – 1:46PM	Krittika Until 8:29AM	Ganesh: Green	<i>Sunrise:</i> 4:20AM		
		Yama 8:07AM – 10:00AM	Dhriti Until 10:43PM	Muruga: White	<i>Sunset:</i> 7:26PM		Moon 5 - Phase 8
		328132361 Rahu 3:39PM – 5:33PM	Visti Until 7:40AM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:06PM	Moon – White		Bhuloka Day	
Until 8:29AM				Jyeshtha Adhika-Vaikasi			
Then Creative Work - Amrita Yoga							

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga* Karana Amavasya/Prathamayam Titau				Stamford, CT Sun 14 Sutra 59 Vilamba 5120	
Retreat Star		Gulika 10:00AM – 11:53AM	Rohini Until 6:15AM	Ganesh: White	<i>Sunrise:</i> 4:20AM		
Vrishabha Rasi: 23.1	Tithi 30 – 1	Yama 6:14AM – 8:07AM	Shula* Until 6:52PM	Muruga: White	<i>Sunset:</i> 7:26PM		Moon 5 - Phase 8
		338132361 Rahu 11:53AM – 1:47PM	Naga Until 2:47PM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 2:47PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT Sun 15 Sutra 60 Vilamba 5120	
Retreat Star		Gulika 8:07AM – 10:00AM	Ardra Until 12:46AM Fri	Ganesh: Clear	<i>Sunrise:</i> 4:20AM		
Mithuna Rasi: 8.09	Tithi 1 – 2	Yama 4:20AM – 6:14AM	Ganda* Until 2:53PM	Muruga: White	<i>Sunset:</i> 7:27PM		Moon 5 - Phase 8
		339132361 Rahu 1:47PM – 3:40PM	Balava Until 9:31PM	Nataraja: White			Prathama
Routine Work	Marana Yoga		Prathama* Until 6:52PM	Moon – Yellow		Bhuloka Day	
Until 12:46AM Fri				Jyeshtha-Vaikasi		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Stamford, CT
Mithuna Rasi: 23.11 Tithi 2 - 3		Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 16 Sutra 61
349132361		Gulika 6:14AM - 8:07AM	Punarvasu Until 10:16PM	Ganesh: Orange <i>Sunrise:</i> 4:20AM	Vilamba 5120	
		Yama 3:40PM - 5:34PM	Vriddhi Until 10:56AM	Muruga: White <i>Sunset:</i> 7:27PM	Moon 5 - Phase 9	
Creative Work Siddha Yoga		Rahu 10:00AM - 11:54AM	Taitila Until 6:02PM	Nataraja: White	3rd Phase	
Until 10:16PM			Dvitiya Until 7:44AM	Moon - Blue	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Ani	Devaloka Time: 9:AM to 12:PM	

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Stamford, CT
Kataka Rasi: 8.07 Tithi 4		Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija Karana Chaturthyam Titau				Sun 17 Sutra 62
349132361		Gulika 4:20AM - 6:14AM	Pushya Until 7:51PM	Ganesh: Orange <i>Sunrise:</i> 4:20AM	Vilamba 5120	
		Yama 1:47PM - 3:41PM	Dhruva Until 7:05AM	Muruga: White <i>Sunset:</i> 7:28PM	Moon 5 - Phase 9	
Creative Work Siddha Yoga		Rahu 8:07AM - 10:01AM	Vanija Until 2:44PM	Nataraja: White	3rd Phase	
Until 7:51PM			Chaturthi* Until 1:11AM Sun	Moon - Blue	Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Ani	Devaloka Time: 9:AM to 12:PM	

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
Kataka Rasi: 22.51 Tithi 5		Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 63
349132361		Gulika 3:41PM - 5:34PM	Ashlesha* Until 5:40PM	Ganesh: Orange <i>Sunrise:</i> 4:20AM	Vilamba 5120	
		Yama 11:54AM - 1:48PM	Harshana Until 12:13AM Mon	Muruga: White <i>Sunset:</i> 7:28PM	Moon 5 - Phase 9	
Creative Work Siddha Yoga		Rahu 5:34PM - 7:28PM	Bava Until 11:46AM	Nataraja: White	3rd Phase	
Until 5:40PM			Panchami Until 10:26PM	Moon - Blue	Bhuloka Day	
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha-Ani	Devaloka Time: 9:AM to 12:PM	

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
Simha Rasi: 7.16 Tithi 6		Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19 Sutra 64
359132361		Gulika 1:48PM - 3:41PM	Magha* Until 6:27PM Tue	Ganesh: Green <i>Sunrise:</i> 4:21AM	Vilamba 5120	
Family Home Evening		Yama 10:01AM - 11:54AM	Vajra* Until 9:20PM	Muruga: White <i>Sunset:</i> 7:28PM	Moon 5 - Phase 9	
Routine Work Marana Yoga		Rahu 6:14AM - 8:07AM	Kaulava Until 9:15AM	Nataraja: White	3rd Phase	
Until 6:27PM Tue			Shashthi* Until 8:09PM	Moon - Red	Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
Simha Rasi: 21.21 Tithi 7		Magha*/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 65
359132361		Gulika 11:55AM - 1:48PM	Magha* Until 6:27PM	Ganesh: Green <i>Sunrise:</i> 4:21AM	Vilamba 5120	
		Yama 8:08AM - 10:01AM	Siddhi Until 6:55PM	Muruga: White <i>Sunset:</i> 7:28PM	Moon 5 - Phase 9	
Creative Work Siddha Yoga		Rahu 3:42PM - 5:35PM	Gara Until 7:15AM	Nataraja: White	3rd Phase	
Until 6:27PM			Saptami Until 6:27PM	Moon - Red	Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Stamford, CT
Retreat Star		Purvaphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 66
Kanya Rasi: 5.04 Tithi 8 - 9		359132361				Vilamba 5120
		Gulika 10:01AM - 11:55AM	Purvaphalguni Until 5:19PM	Ganesh: Green <i>Sunrise:</i> 4:21AM	Moon 5 - Phase 9	
Creative Work Amrita Yoga		Yama 6:14AM - 8:08AM	Vyatipata* Until 2:36PM	Muruga: White <i>Sunset:</i> 7:29PM	Ashtami	
Until 5:19PM		Rahu 11:55AM - 1:48PM	Kaulava Until 16:47AM Thu	Nataraja: White		
Then Routine Work - Marana Yoga			Ashtami* Until 5:19PM	Moon - Red	Devaloka Day	
				Jyeshtha-Ani		

Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Stamford, CT
Retreat Star		Uttaraphalguni/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 67
Kanya Rasi: 18.27 Tithi 9 - 10		369132361				Vilamba 5120
		Gulika 8:08AM - 10:02AM	Uttaraphalguni Until 4:47PM	Ganesh: Red <i>Sunrise:</i> 4:21AM	Moon 5 - Phase 9	
Routine Work Marana Yoga		Yama 4:21AM - 6:15AM	Variyan Until 3:33PM	Muruga: White <i>Sunset:</i> 7:29PM	Navami	
Until 4:47PM		Rahu 1:48PM - 3:42PM	Taitila Until 4:45AM Fri	Nataraja: White		
Then Creative Work - Siddha Yoga			Navami* Until 4:47PM	Moon - Green	Bhuloka Day	
		Chidambaram Abhishekam		Jyeshtha-Ani	Devaloka Time: 9:AM to 12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang

1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Stamford, CT
Chitra/Svati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23		Sutra 68		Vilamba 5120
Tula Rasi: 1.31	Tithi 10 – 11	Gulika 6:15AM – 8:08AM	Chitra Until 3:35PM	Ganesha: Green	<i>Sunrise:</i> 4:21AM	
		Yama 3:42PM – 5:36PM	Parigha* Until 2:32PM	Muruga: White	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 10
361132361	Rahu 10:02AM – 11:55AM		Vanija Until 5:03AM Sat	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:49PM	Moon – Green		Bhuloka Day
				Jyeshtha-Ani		

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Stamford, CT
Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24		Sutra 69		Vilamba 5120
Tula Rasi: 14.19	Tithi 11 – 12	Gulika 4:22AM – 6:15AM	Svati Until 4:38PM	Ganesha: Green	<i>Sunrise:</i> 4:22AM	
		Yama 1:49PM – 3:42PM	Shiva Until 1:58PM	Muruga: White	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 10
361132361	Rahu 8:08AM – 10:02AM		Bava Until 5:50AM Sun	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 5:21PM	Moon – Green		Bhuloka Day
				Jyeshtha-Ani		

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau		Sun 25		Sutra 70		Vilamba 5120
Tula Rasi: 26.52	Tithi 12	Gulika 3:43PM – 5:36PM	Vishakha Until 6:28PM	Ganesha: Red	<i>Sunrise:</i> 4:22AM	
		Yama 11:56AM – 1:49PM	Siddha Until 1:45PM	Muruga: Clear	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 10
371142361	Rahu 5:36PM – 7:29PM		Balava Until 6:23PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 6:23PM	Moon – Orange		Devaloka Day
				Jyeshtha-Ani		

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 71		Vilamba 5120
Vrischika Rasi: 9.14	Tithi 13	Gulika 1:49PM – 3:43PM	Anuradha Until 8:33PM	Ganesha: Red	<i>Sunrise:</i> 4:22AM	
Family Home Evening		Yama 10:02AM – 11:56AM	Sadhya Until 1:52PM	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 10
371142361	Rahu 6:16AM – 8:09AM		Kaulava Until 7:05AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:50PM	Moon – Orange		Devaloka Day
				Jyeshtha-Ani		

Pradosha Vrata

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 72		Vilamba 5120
Vrischika Rasi: 21.26	Tithi 14	Gulika 11:56AM – 1:49PM	Jyeshtha* Until 11:51PM Wed	Ganesha: Red	<i>Sunrise:</i> 4:22AM	
		Yama 8:09AM – 10:03AM	Subha Until 2:20PM	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 10
371142361	Rahu 3:43PM – 5:36PM		Gara Until 8:44AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 9:40PM	Moon – Orange		Devaloka Day
Until 11:51PM Wed				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Stamford, CT
Copper Retreat Star		Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 73
Dhanus Rasi: 3.29	Tithi 15	Gulika 10:03AM – 11:56AM	Jyeshtha* Until 11:51PM	Ganesha: Blue	<i>Sunrise:</i> 4:23AM	Vilamba 5120
		Yama 6:16AM – 8:10AM	Sukla Until 15:57AM Thu	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 10
381142361	Rahu 11:56AM – 1:50PM		Visti Until 12:63AM Thu	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 2:20PM	Moon – Light Blue		Bhuloka Day
Until 11:51PM				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Stamford, CT
Silver Retreat Star		Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 74
Dhanus Rasi: 15.24	Tithi 16	Gulika 8:10AM – 10:03AM	Purvashadha* Until 4:49AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:23AM	Vilamba 5120
		Yama 4:23AM – 6:17AM	Brahma Until 3:57PM	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 10
381142361	Rahu 1:50PM – 3:43PM		Balava Until 1:03PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:16AM Fri	Moon – Light Blue		Bhuloka Day
Until 4:49AM Fri				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sun 1 Sutra 75

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Dhanus Rasi: 27.14 Tihti 17

381142361 **Gulika** 6:17AM – 8:10AM
Yama 3:43PM – 5:36PM
Rahu 10:03AM – 11:57AM**Uttarashadha** Until 7:26AM Sun Sat
Indra Until 5:02PM
Taitila Until 3:34PM
Dvitiya Until 4:51AM Sat**Ganesha:** Blue *Sunrise:* 4:24AM
Muruga: Clear *Sunset:* 7:30PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani**Bhuloka Day**
Devaloka Time: 12:PM to 3:PMRoutine Work Marana Yoga
Until 7:26AM Sun Sat
Then Creative Work - Siddha Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Vanija Karana Tritiyayam Titau

Stamford, CT

Sun 2 Sutra 76

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Makara Rasi: 9.02 Tihti 18

381242361 **Gulika** 4:24AM – 6:17AM
Yama 1:50PM – 3:43PM
Rahu 8:10AM – 10:04AM**Uttarashadha** Until 7:26AM Sun
Vaidhriti* Until 5:69PM
Vanija Until 6:10PM
Tritiya Until 7:26AM Sun**Ganesha:** Blue *Sunrise:* 4:24AM
Muruga: Clear *Sunset:* 7:30PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani**Bhuloka Day**
Devaloka Time: 12:PM to 3:PMRoutine Work Marana Yoga
Until 7:26AM Sun
Then Creative Work - Amrita Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 3 Sutra 77

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Makara Rasi: 20.49 Tihti 18 – 19

391242361 **Gulika** 3:43PM – 5:36PM
Yama 11:57AM – 1:50PM
Rahu 5:36PM – 7:29PM**Shravana** Until 11:06AM
Vishkambha* Until 7:14PM
Bava Until 8:43PM
Tritiya Until 7:26AM**Ganesha:** Red *Sunrise:* 4:25AM
Muruga: Clear *Sunset:* 7:29PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani**Devaloka Day**Creative Work Amrita Yoga
Until 11:06AM
Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 4 Sutra 78

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 2.39 Tihti 19 – 20

Family Home Evening

392242361 **Gulika** 1:50PM – 3:43PM
Yama 10:04AM – 11:57AM
Rahu 6:18AM – 8:11AM**Dhanishtha** Until 2:05PM
Priti Until 2:05PM
Kaulava Until 10:61PM
Chaturthi* Until 9:53AM**Ganesha:** Yellow *Sunrise:* 4:25AM
Muruga: Clear *Sunset:* 7:29PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani**Devaloka Day**

Creative Work Siddha Yoga

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 5 Sutra 79

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 14.35 Tihti 20 – 21

392242361 **Gulika** 11:57AM – 1:50PM
Yama 8:12AM – 10:04AM
Rahu 3:43PM – 5:36PM**Shatabhishak** Until 4:34PM
Ayushman Until 8:46PM
Gara Until 12:55AM Wed
Panchami Until 12:00PM**Ganesha:** Yellow *Sunrise:* 4:26AM
Muruga: Clear *Sunset:* 7:29PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani**Devaloka Day**

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 6 Sutra 80

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 26.43 Tihti 21 – 22

312242361 **Gulika** 10:05AM – 11:58AM
Yama 6:19AM – 8:12AM
Rahu 11:58AM – 1:50PM**Purvaproshtapada*** Until 6:53PM
Saubhagya Until 8:58PM
Visti Until 2:15AM Thu
Shashthi* Until 1:38PM**Ganesha:** Orange *Sunrise:* 4:26AM
Muruga: Clear *Sunset:* 7:29PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani**Devaloka Day**Creative Work Amrita Yoga
Until 6:53PM
Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 7 Sutra 81

Vilamba 5120

Moon 6 - Phase 11
Ashtami

Meena Rasi: 9.05 Tihti 22 – 23

312242361 **Gulika** 8:12AM – 10:05AM
Yama 4:27AM – 6:20AM
Rahu 1:50PM – 3:43PM**Uttaraproshtapada** Until 8:23PM
Sobhana Until 8:39PM
Balava Until 2:53AM Fri
Saptami Until 2:38PM**Ganesha:** Orange *Sunrise:* 4:27AM
Muruga: Clear *Sunset:* 7:29PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani**Devaloka Day**

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Kaulava Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 8 Sutra 82

Vilamba 5120

Moon 6 - Phase 11
Navami

Meena Rasi: 21.47 Tihti 23 – 24

412242361 **Gulika** 6:20AM – 8:13AM
Yama 3:43PM – 5:36PM
Rahu 10:05AM – 11:58AM**Revati** Until 8:59PM
Athiganda* Until 7:43PM
Kaulava Until 2:54PM
Ashtami* Until 2:54PM**Ganesha:** Green *Sunrise:* 4:27AM
Muruga: Clear *Sunset:* 7:28PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani**Bhuloka Day**
Devaloka Time: 12:PM to 3:PMCreative Work Siddha Yoga
Until 8:59PM
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, July 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stamford, CT
Mesha Rasi: 4.52	Tithi 24 – 25	Gulika	4:28AM – 6:21AM	Ashvini Until 9:07PM	Ganesh: Orange	<i>Sunrise:</i> 4:28AM	Sun 9	Sutra 83
		Yama	1:51PM – 3:43PM	Sukarma Until 6:09PM	Muruga: Clear	<i>Sunset:</i> 7:28PM		Vilamba 5120
Creative Work	Siddha Yoga	422242361 Rahu	8:13AM – 10:06AM	Vanija Until 1:48AM Sun	Nataraja: White			Moon 6 - Phase 12
				Navami* Until 2:21PM	Moon – White			2nd Phase
					Jyeshtha-Ani			Devaloka Day

2		Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
Mesha Rasi: 18.23	Tithi 25 – 26	Gulika	3:43PM – 5:35PM	Bharani Until 8:18PM	Ganesh: Orange	<i>Sunrise:</i> 4:29AM	Sun 10	Sutra 84
		Yama	11:58AM – 1:51PM	Dhriti Until 3:58PM	Muruga: Clear	<i>Sunset:</i> 7:28PM		Vilamba 5120
Routine Work	Prabalarishta Yoga	422242361 Rahu	5:35PM – 7:28PM	Bava Until 12:05AM Mon	Nataraja: White			Moon 6 - Phase 12
Until 8:18PM				Dashami Until 1:01PM	Moon – White			2nd Phase
Then Creative Work - Siddha Yoga					Jyeshtha-Ani			Devaloka Day

3		Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
Vrishabha Rasi: 2.21	Tithi 26 – 27	Gulika	1:51PM – 3:43PM	Krittika Until 6:40PM	Ganesh: Orange	<i>Sunrise:</i> 4:29AM	Sun 11	Sutra 85
Family Home Evening		Yama	10:06AM – 11:58AM	Shula* Until 1:10PM	Muruga: Clear	<i>Sunset:</i> 7:27PM		Vilamba 5120
Routine Work	Marana Yoga	422242361 Rahu	6:22AM – 8:14AM	Kaulava Until 9:41PM	Nataraja: White			Moon 6 - Phase 12
Until 6:40PM				Ekadashi* Until 10:57AM	Moon – White			2nd Phase
Then Creative Work - Amrita Yoga					Jyeshtha-Ani			Devaloka Day

4		Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
Vrishabha Rasi: 16.46	Tithi 27 – 28	Gulika	11:58AM – 1:51PM	Rohini Until 4:44PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:30AM	Sun 12	Sutra 86
		Yama	8:14AM – 10:06AM	Ganda* Until 9:52AM	Muruga: Clear	<i>Sunset:</i> 7:27PM		Vilamba 5120
Creative Work	Amrita Yoga	422242361 Rahu	3:43PM – 5:35PM	Gara Until 6:44PM	Nataraja: White			Moon 6 - Phase 12
Until 4:44PM				Dvadashi* Until 1:10PM	Moon – Yellow			2nd Phase
Then Creative Work - Siddha Yoga					Jyeshtha-Ani			Bhuloka Day
								Devaloka Time: 12:PM to 3:PM
					<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stamford, CT
Mithuna Rasi: 1.32	Tithi 29	Gulika	10:07AM – 11:59AM	Mrigashira Until 2:12PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:31AM	Sun 13	Sutra 87
		Yama	6:23AM – 8:15AM	Vridhi Until 6:11AM	Muruga: Clear	<i>Sunset:</i> 7:26PM		Vilamba 5120
Creative Work	Siddha Yoga	422242361 Rahu	11:59AM – 1:51PM	Visti Until 3:22PM	Nataraja: White			Moon 6 - Phase 12
				Chaturdashi* Until 1:33AM Thu	Moon – Yellow			2nd Phase
					Jyeshtha-Ani			Bhuloka Day
								Devaloka Time: 12:PM to 3:PM

Retreat Star		Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT
Mithuna Rasi: 16.34	Tithi 30	Gulika	8:15AM – 10:07AM	Ardra Until 11:17AM	Ganesh: Light Blue	<i>Sunrise:</i> 4:31AM	Sun 14	Sutra 88
		Yama	4:31AM – 6:23AM	Vyaghata* Until 10:04PM	Muruga: Clear	<i>Sunset:</i> 7:26PM		Vilamba 5120
Routine Work	Marana Yoga	422242361 Rahu	1:51PM – 3:42PM	Catuspada Until 11:43AM	Nataraja: White			Moon 6 - Phase 12
Until 11:17AM				Amavasya* Until 9:50PM	Moon – Yellow			Amavasya
Then Creative Work - Amrita Yoga					Jyeshtha-Ani			Bhuloka Day
								Devaloka Time: 12:PM to 3:PM

Retreat Star		Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Kaulava Karana Prathamayam Titau				Stamford, CT
Kataka Rasi: 1.44	Tithi 1	Gulika	6:24AM – 8:16AM	Punarvasu Until 8:30AM	Ganesh: Purple	<i>Sunrise:</i> 4:32AM	Sun 15	Sutra 89
		Yama	3:42PM – 5:34PM	Harshana Until 8:30AM	Muruga: Clear	<i>Sunset:</i> 7:25PM		Vilamba 5120
Creative Work	Siddha Yoga	422242361 Rahu	10:07AM – 11:59AM	Kintughna Until 7:58AM	Nataraja: White			Moon 6 - Phase 12
Until 8:30AM				Prathama* Until 6:05PM	Moon – Blue			Prathama
Then Routine Work - Marana Yoga					Ashada-Ani			Bhuloka Day
								Devaloka Time: 12:PM to 3:PM
					Partial Solar Eclipse			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Stamford, CT Sun 16 Sutra 90 Vilamba 5120
Kataka Rasi: 16.53	Tithi 2 - 3	Gulika 4:33AM - 6:24AM	Ashlesha* Until 2:51AM Sun	Ganesh: Purple <i>Sunrise: 4:33AM</i>		Moon 6 - Phase 13 3rd Phase	
		Yama 1:50PM - 3:42PM	Vajra* Until 1:51PM	Muruga: Clear <i>Sunset: 7:25PM</i>			
Routine Work	Marana Yoga	442242361 Rahu 8:16AM - 10:07AM	Tailila Until 12:46AM Sun	Nataraja: White			
			Dvitiya Until 2:28PM	Moon - Blue			
				Ashada*Ani		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Stamford, CT Sun 17 Sutra 91 Vilamba 5120
Simha Rasi: 1.51	Tithi 3 - 4	Gulika 3:42PM - 5:33PM	Magha* Until 12:43AM Mon	Ganesh: Light Blue <i>Sunrise: 4:34AM</i>		Moon 6 - Phase 13 3rd Phase	
		Yama 11:59AM - 1:50PM	Siddhi Until 10:02AM	Muruga: Clear <i>Sunset: 7:24PM</i>			
Routine Work	Marana Yoga	452242361 Rahu 5:33PM - 7:24PM	Vanija Until 9:37PM	Nataraja: White			
Until 12:43AM Mon			Tritiya Until 11:07AM	Moon - Red			
Then Creative Work - Siddha Yoga				Ashada*Ani		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Stamford, CT Sun 18 Sutra 92 Vilamba 5120
Simha Rasi: 16.31	Tithi 4 - 5	Gulika 1:50PM - 3:41PM	Purvaphalguni Until 10:56PM	Ganesh: Purple <i>Sunrise: 4:35AM</i>		Moon 6 - Phase 13 3rd Phase	
Family Home Evening		Yama 10:08AM - 11:59AM	Vyatipata* Until 6:34AM	Muruga: Clear <i>Sunset: 7:24PM</i>			
Creative Work	Siddha Yoga	452242361 Rahu 6:26AM - 8:17AM	Bava Until 6:57PM	Nataraja: White			
			Chaturthi* Until 8:12AM	Moon - Red			
				Ashada*Adi		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Tailila Karana Shashthiyam Titau	Stamford, CT Sun 19 Sutra 93 Vilamba 5120
Kanya Rasi: 0.49	Tithi 6	Gulika 11:59AM - 1:50PM	Uttaraphalguni Until 9:39PM	Ganesh: Purple <i>Sunrise: 4:35AM</i>		Moon 6 - Phase 13 3rd Phase	
		Yama 8:17AM - 10:08AM	Parigha* Until 1:01AM Wed	Muruga: Clear <i>Sunset: 7:23PM</i>			
Creative Work	Amrita Yoga	453242362 Rahu 3:41PM - 5:32PM	Kaulava Until 4:53PM	Nataraja: Clear			
Until 9:39PM			Shashthi* Until 4:06AM Wed	Moon - Red			
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Day	

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau	Stamford, CT Sun 20 Sutra 94 Vilamba 5120
Kanya Rasi: 14.41	Tithi 7	Gulika 10:08AM - 11:59AM	Hasta Until 9:20PM	Ganesh: Clear <i>Sunrise: 4:36AM</i>		Moon 6 - Phase 13 3rd Phase	
		Yama 6:27AM - 8:18AM	Shiva Until 11:06PM	Muruga: Clear <i>Sunset: 7:22PM</i>			
Routine Work	Marana Yoga	463242362 Rahu 11:59AM - 1:50PM	Gara Until 3:31PM	Nataraja: Clear			
Until 9:20PM			Saptami Until 3:05AM Thu	Moon - Green			
Then Creative Work - Siddha Yoga				Ashada*Adi		Sivaloka Day	

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau	Stamford, CT Sun 21 Sutra 95 Vilamba 5120
Kanya Rasi: 28.07	Tithi 8	Gulika 8:18AM - 10:09AM	Chitra Until 9:37PM	Ganesh: Clear <i>Sunrise: 4:37AM</i>		Moon 6 - Phase 13 Ashtami	
		Yama 4:37AM - 6:28AM	Siddha Until 9:45PM	Muruga: Clear <i>Sunset: 7:22PM</i>			
Creative Work	Siddha Yoga	463242362 Rahu 1:50PM - 3:41PM	Visti Until 2:52PM	Nataraja: Clear			
Until 9:37PM			Ashtami* Until 2:48AM Fri	Moon - Green			
Then Creative Work - Amrita Yoga				Ashada*Adi		Sivaloka Day	

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau	Stamford, CT Sun 22 Sutra 96 Vilamba 5120
Tula Rasi: 11.1	Tithi 9	Gulika 6:28AM - 8:19AM	Svati Until 10:26PM	Ganesh: Clear <i>Sunrise: 4:38AM</i>		Moon 6 - Phase 13 Navami	
		Yama 3:40PM - 5:31PM	Sadhya Until 8:58PM	Muruga: Clear <i>Sunset: 7:21PM</i>			
Creative Work	Siddha Yoga	463242362 Rahu 10:09AM - 11:59AM	Balava Until 15:42AM Sat	Nataraja: Clear			
			Navami* Until 9:45PM	Moon - Green			
				Ashada*Adi		Sivaloka Day	



Saturday, July 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mania Vasara Yuktayam

Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 104

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Makara Rasi: 17.5 Tiithi 16 - 17

Gulika 4:45AM - 6:34AM

Yama 1:48PM - 3:37PM

Rahu 8:22AM - 10:11AM

Shravana Until 5:08PM

Ayushman Until 2:29AM Sun

Taitila Until 7:06AM Sun

Prathama* Until 5:53PM

Ganesha: Blue

Sunrise: 4:45AM

Muruga: Clear

Sunset: 7:14PM

Nataraja: Clear

Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Sunday, July 29, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sun 1 Sutra 105

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Makara Rasi: 29.41 Tiithi 17

Gulika 3:36PM - 5:25PM

Yama 11:59AM - 1:48PM

Rahu 5:25PM - 7:13PM

Dhanishtha Until 8:03PM

Saubhagya Until 3:20AM Mon

Taitila Until 7:06AM

Dvitiya Until 8:14PM

Ganesha: Blue

Sunrise: 4:46AM

Muruga: Clear

Sunset: 7:13PM

Nataraja: Clear

Moon - Purple

Devaloka Day

Routine Work Marana Yoga

Until 8:03PM

Then Creative Work - Siddha Yoga

Monday, July 30, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT

Sun 2 Sutra 106

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Kumbha Rasi: 11.37 Tiithi 18

Gulika 1:48PM - 3:36PM

Yama 10:11AM - 11:59AM

Rahu 6:35AM - 8:23AM

Shatabhishak Until 10:32PM

Sobhana Until 3:58AM Tue

Vanija Until 9:19AM

Tritiya Until 10:17PM

Ganesha: Blue

Sunrise: 4:47AM

Muruga: Clear

Sunset: 7:12PM

Nataraja: Clear

Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

Tuesday, July 31, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Purvaprossthapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sun 3 Sutra 107

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Kumbha Rasi: 23.41 Tiithi 19

Gulika 11:59AM - 1:47PM

Yama 8:24AM - 10:12AM

Rahu 3:35PM - 5:23PM

Purvaprossthapada* Until 12:57AM We

Athiganda* Until 4:14AM Wed

Bava Until 11:11AM

Chaturthi* Until 11:56PM

Ganesha: White

Sunrise: 4:48AM

Muruga: Clear

Sunset: 7:11PM

Nataraja: Clear

Moon - Clear

Devaloka Day

Routine Work Marana Yoga

Until 12:57AM Wed

Then Creative Work - Siddha Yoga

Wednesday, August 1, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Uttaraprossthapada Nakshatra Sukarma Yoga Kaulava/Gara Karana Panchamyam Titau

Stamford, CT

Sun 4 Sutra 108

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Meena Rasi: 5.55 Tiithi 20

Gulika 10:12AM - 11:59AM

Yama 6:36AM - 8:24AM

Rahu 11:59AM - 1:47PM

Uttaraprossthapada Until 2:43AM Thu

Sukarma Until 2:43AM Thu

Kaulava Until 12:36PM

Panchami Until 1:06AM Thu

Ganesha: White

Sunrise: 4:49AM

Muruga: Clear

Sunset: 7:10PM

Nataraja: Clear

Moon - Clear

Devaloka Day

Creative Work Siddha Yoga

Thursday, August 2, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 5 Sutra 109

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Meena Rasi: 18.22 Tiithi 21

Gulika 8:25AM - 10:12AM

Yama 4:50AM - 6:37AM

Rahu 1:47PM - 3:34PM

Revati Until 3:46AM Fri

Dhriti Until 3:34AM Fri

Gara Until 1:29PM

Shashthi* Until 1:41AM Fri

Ganesha: White

Sunrise: 4:50AM

Muruga: Clear

Sunset: 7:09PM

Nataraja: Clear

Moon - Clear

Devaloka Day

Creative Work Siddha Yoga

Until 3:46AM Fri

Then Creative Work - Amrita Yoga

Friday, August 3, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Ashvini Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Sun 6 Sutra 110

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Mesha Rasi: 1.06 Tiithi 22

Gulika 6:38AM - 8:25AM

Yama 3:33PM - 5:20PM

Rahu 10:12AM - 11:59AM

Ashvini Until 4:30AM Sat

Shula* Until 2:28AM Sat

Visti Until 1:45PM

Saptami Until 1:37AM Sat

Ganesha: Clear

Sunrise: 4:51AM

Muruga: Clear

Sunset: 7:08PM

Nataraja: Clear

Moon - White

Sivaloka Day

Creative Work Amrita Yoga

Until 4:30AM Sat

Then Creative Work - Siddha Yoga

Saturday, August 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Bharani Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 7 Sutra 111

Vilamba 5120

Moon 7 - Phase 15

Ashtami

Mesha Rasi: 14.09 Tiithi 23

Gulika 4:52AM - 6:39AM

Yama 1:46PM - 3:33PM

Rahu 8:25AM - 10:12AM

Bharani Until 4:24AM Sun

Ganda* Until 12:50AM Sun

Balava Until 1:21PM

Ashtami* Until 12:53AM Sun

Ganesha: Clear

Sunrise: 4:52AM

Muruga: Clear

Sunset: 7:06PM

Nataraja: Clear

Moon - White

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 8 Sutra 112

Vilamba 5120

Moon 7 - Phase 15

Navami

Mesha Rasi: 27.34 Tiithi 24

Gulika 3:32PM - 5:19PM

Yama 11:59AM - 1:46PM

Rahu 5:19PM - 7:05PM

Krittika Until 3:29AM Mon

Vriddhi Until 10:41PM

Taitila Until 12:16PM

Navami* Until 11:28PM

Ganesha: Clear

Sunrise: 4:53AM

Muruga: Clear

Sunset: 7:05PM

Nataraja: Clear

Moon - White

Sivaloka Day

Creative Work Siddha Yoga

Until 3:29AM Mon

Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1	Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam				Stamford, CT
			Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 113
		Gulika	1:45PM – 3:31PM	Rohini Until 2:13AM Tue	Ganesha: Purple	<i>Sunrise: 4:54AM</i>	Vilamba 5120
	Vrishabha Rasi: 11.22	Tithi 25	Yama	10:13AM – 11:59AM	Dhruva Until 7:57PM	<i>Sunset: 7:04PM</i>	Moon 7 - Phase 16
Family Home Evening		434342362	Rahu	6:40AM – 8:26AM	Vanija Until 10:31AM		2nd Phase
Creative Work Amrita Yoga				Dashami Until 9:24PM	Moon – Yellow	Devaloka Day	
Until 2:13AM Tue					Ashada•Adi		
Then Creative Work - Siddha Yoga							


2	Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam				Stamford, CT
			Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 114
		Gulika	11:59AM – 1:45PM	Mrigashira Until 12:16AM Wed	Ganesha: Purple	<i>Sunrise: 4:55AM</i>	Vilamba 5120
	Vrishabha Rasi: 25.35	Tithi 26	Yama	8:27AM – 10:13AM	Dhruva Until 7:57PM	<i>Sunset: 7:03PM</i>	Moon 7 - Phase 16
Family Home Evening		434342362	Rahu	3:31PM – 5:17PM	Vyaghata* Until 4:47PM		2nd Phase
Creative Work Siddha Yoga				Bava Until 8:10AM	Moon – Yellow	Devaloka Day	
Until 2:13AM Tue				Ekadashi* Until 6:46PM	Ashada•Adi		
Then Creative Work - Siddha Yoga							

3	Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukstayam				Stamford, CT
			Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 115
		Gulika	10:13AM – 11:59AM	Ardra Until 9:45PM	Ganesha: Purple	<i>Sunrise: 4:56AM</i>	Vilamba 5120
	Mithuna Rasi: 10.1	Tithi 27 – 28	Yama	6:41AM – 8:27AM	Harshana Until 1:13PM	<i>Sunset: 7:02PM</i>	Moon 7 - Phase 16
Family Home Evening		434342362	Rahu	11:59AM – 1:44PM	Gara Until 2:00AM Thu		2nd Phase
Creative Work Siddha Yoga				Dvadashi* Until 3:40PM	Moon – Yellow	Devaloka Day	
Until 2:13AM Tue					Ashada•Adi		
Then Creative Work - Siddha Yoga							

Pradosha Vrata (Fasting)

4	Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukstayam				Stamford, CT
			Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 116
		Gulika	8:28AM – 10:13AM	Punarvasu Until 7:12PM	Ganesha: Light Blue	<i>Sunrise: 4:57AM</i>	Vilamba 5120
	Mithuna Rasi: 25.03	Tithi 28 – 29	Yama	4:57AM – 6:42AM	Vajra* Until 9:21AM	<i>Sunset: 7:00PM</i>	Moon 7 - Phase 16
Family Home Evening		444342362	Rahu	1:44PM – 3:29PM	Visti Until 10:28PM		2nd Phase
Creative Work Amrita Yoga				Trayodashi* Until 12:14PM	Moon – Blue	Devaloka Day	
Until 2:13AM Tue					Ashada•Adi		
Then Creative Work - Amrita Yoga							

	Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukstayam				Stamford, CT
	Retreat Star		Pushya/Ashlesha* Nakshatra Vyalipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 117
		Gulika	6:43AM – 8:28AM	Pushya Until 4:22PM	Ganesha: Light Blue	<i>Sunrise: 4:58AM</i>	Vilamba 5120
	Kataka Rasi: 10.07	Tithi 29 – 30	Yama	3:29PM – 5:14PM	Vyatipata* Until 1:12AM Sat	<i>Sunset: 6:59PM</i>	Moon 7 - Phase 16
Family Home Evening		444342362	Rahu	10:13AM – 11:58AM	Catuspada Until 6:48PM		Amavasya
Routine Work Marana Yoga				Chaturdashi* Until 8:37AM	Moon – Blue	Devaloka Day	
Until 2:13AM Tue					Ashada•Adi		
Then Creative Work - Marana Yoga							

	Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yukstayam				Stamford, CT
	Retreat Star		Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 118
		Gulika	4:59AM – 6:44AM	Ashlesha* Until 1:25PM	Ganesha: Orange	<i>Sunrise: 4:59AM</i>	Vilamba 5120
	Kataka Rasi: 25.14	Tithi 1	Yama	1:43PM – 3:28PM	Variyan Until 9:10PM	<i>Sunset: 6:58PM</i>	Moon 7 - Phase 16
Family Home Evening		445342362	Rahu	8:28AM – 10:13AM	Kintughna Until 3:10PM		Prathama
Routine Work Marana Yoga				Prathama* Until 1:24AM Sun	Moon – Blue	Sivaloka Day	
Until 1:25PM					Sravana•Adi		
Then Creative Work - Amrita Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
Simha Rasi: 10.16	Tithi 2	Gulika 3:27PM – 5:12PM	Magha* Until 10:56AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	Sun 15 Sutra 119
		Yama 11:58AM – 1:43PM	Parigha* Until 5:19PM	Muruga: Clear	<i>Sunset:</i> 6:56PM	Vilamba 5120
		455342362 Rahu 5:12PM – 6:56PM	Balava Until 11:44AM	Nataraja: Clear		Moon 7 - Phase 17
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red		3rd Phase
Until 10:56AM				Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Tritiyayam Titau				Stamford, CT
Simha Rasi: 25.03	Tithi 3	Gulika 1:42PM – 3:26PM	Purvaphalguni Until 8:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Sun 16 Sutra 120
Family Home Evening		Yama 10:14AM – 11:58AM	Shiva Until 1:49PM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Vilamba 5120
		455342362 Rahu 6:45AM – 8:29AM	Tailila Until 5:63AM Tue	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga		Tritiya Until 5:19PM	Moon – Red		3rd Phase
				Sravana-Adi		Sivaloka Day

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT
Kanya Rasi: 9.29	Tithi 4 – 5	Gulika 11:58AM – 1:42PM	Uttaraphalguni Until 6:42AM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Sun 17 Sutra 121
		Yama 8:30AM – 10:14AM	Siddha Until 10:44AM	Muruga: Clear	<i>Sunset:</i> 6:54PM	Vilamba 5120
		455342362 Rahu 3:26PM – 5:10PM	Vanija Until 6:03AM	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Amrita Yoga		Chaturthi* Until 4:58PM	Moon – Red		3rd Phase
Until 6:42AM				Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga						

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
Kanya Rasi: 23.3	Tithi 5 – 6	Gulika 10:14AM – 11:57AM	Chitra Until 5:17AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	Sun 18 Sutra 122
		Yama 6:46AM – 8:30AM	Sadhya Until 8:12AM	Muruga: Clear	<i>Sunset:</i> 6:52PM	Vilamba 5120
		455342362 Rahu 11:57AM – 1:41PM	Kaulava Until 2:52AM Thu	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga		Panchami Until 3:22PM	Moon – Green		3rd Phase
Until 5:17AM Thu		Nag Panchami		Sravana-Adi		Subha Sivaloka Day
Then Creative Work - Amrita Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
Tula Rasi: 7.04	Tithi 6 – 7	Gulika 8:30AM – 10:14AM	Svati Until 5:30AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	Sun 19 Sutra 123
		Yama 5:04AM – 6:47AM	Subha Until 6:17AM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Vilamba 5120
		455342362 Rahu 1:41PM – 3:24PM	Gara Until 2:26AM Fri	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Amrita Yoga		Shashthi* Until 2:32PM	Moon – Green		3rd Phase
Until 5:30AM Fri				Sravana-Avani		Subha Sivaloka Day
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT
Retreat Star		Gulika 6:48AM – 8:31AM	Vishakha Until 6:49AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	Sun 20 Sutra 124
Tula Rasi: 20.1	Tithi 7 – 8	Yama 3:23PM – 5:06PM	Brahma Until 4:21AM Sat	Muruga: Clear	<i>Sunset:</i> 6:49PM	Vilamba 5120
		575342362 Rahu 10:14AM – 11:57AM	Visti Until 2:50AM Sat	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga		Saptami Until 2:31PM	Moon – Orange		Ashtami
				Sravana-Avani		Subha Sivaloka Day

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
Retreat Star		Gulika 5:06AM – 6:48AM	Vishakha Until 6:49AM	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	Sun 21 Sutra 125
Vrischika Rasi: 2.53	Tithi 8 – 9	Yama 1:40PM – 3:22PM	Indra Until 4:18AM Sun	Muruga: Clear	<i>Sunset:</i> 6:48PM	Vilamba 5120
		575342362 Rahu 8:31AM – 10:14AM	Balava Until 3:58AM Sun	Nataraja: Clear		Moon 7 - Phase 17
Creative Work	Siddha Yoga		Ashtami* Until 3:17PM	Moon – Orange		Navami
				Sravana-Avani		Subha Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 15.17	Tithi 9 – 10	Gulika 3:22PM – 5:04PM	Anuradha Until 8:42AM	Ganesh: Clear	<i>Sunrise:</i> 5:07AM	
		Yama 11:57AM – 1:39PM	Vaidhriti* Until 4:42AM Mon	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	575442362 Rahu 5:04PM – 6:46PM	Taitila Until 5:44AM Mon	Nataraja: Clear		4th Phase
			Navami* Until 4:45PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

2 Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkamba* Yoga Gara Karana Dashamyam Titau				Stamford, CT Sun 23 Sutra 127 Vilamba 5120
Vrischika Rasi: 27.25	Tithi 10	Gulika 1:39PM – 3:21PM	Jyeshtha* Until 11:00AM	Ganesh: Clear	<i>Sunrise:</i> 5:08AM	
Family Home Evening		Yama 10:14AM – 11:56AM	Vishkamba* Until 5:29AM Tue	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	575442362 Rahu 6:50AM – 8:32AM	Gara Until 6:47PM	Nataraja: Clear		4th Phase
			Dashami Until 6:47PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

3 Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 9.21	Tithi 11	Gulika 11:56AM – 1:38PM	Mula* Until 2:02PM	Ganesh: Clear	<i>Sunrise:</i> 5:09AM	
		Yama 8:32AM – 10:14AM	Priti Until 5:08PM Wed	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	586442362 Rahu 3:20PM – 5:02PM	Vanija Until 7:58AM	Nataraja: Clear		4th Phase
Until 2:02PM			Ekadashi Until 9:11PM	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani		

4 Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Dvadashyam Titau				Stamford, CT Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 21.11	Tithi 12	Gulika 10:14AM – 11:56AM	Purvashadha* Until 5:08PM	Ganesh: Clear	<i>Sunrise:</i> 5:10AM	
		Yama 6:51AM – 8:33AM	Priti Until 5:08PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	586442362 Rahu 11:56AM – 1:37PM	Bava Until 10:29AM	Nataraja: Clear		4th Phase
			Dvadashi Until 11:46PM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		

5 Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 2.58	Tithi 13	Gulika 8:33AM – 10:14AM	Uttarashadha Until 8:07PM	Ganesh: Clear	<i>Sunrise:</i> 5:11AM	
		Yama 5:11AM – 6:52AM	Ayushman Until 7:35AM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	586442362 Rahu 1:37PM – 3:18PM	Kaulava Until 1:06PM	Nataraja: Clear		4th Phase
Until 8:07PM			Trayodashi Until 2:22AM Fri	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani		
				<i>Pradosha Vrata</i>		

6 Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Visti* Karana Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 14.46	Tithi 14	Gulika 6:53AM – 8:33AM	Shravana Until 11:19PM	Ganesh: White	<i>Sunrise:</i> 5:12AM	
		Yama 3:17PM – 4:58PM	Saubhagya Until 11:19PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	596442362 Rahu 10:14AM – 11:55AM	Gara Until 3:38PM	Nataraja: Clear		4th Phase
Until 11:19PM			Chaturdashi* Until 4:49AM Sat	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Sravana-Avani		

○ Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT Sun 27 Sutra 132 Vilamba 5120
Copper Retreat Star		Gulika 5:13AM – 6:53AM	Dhanishtha Until 2:07AM Sun	Ganesh: White	<i>Sunrise:</i> 5:13AM	
Makara Rasi: 26.38	Tithi 15	Yama 1:36PM – 3:16PM	Sobhana Until 9:36AM	Muruga: Clear	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	596442362 Rahu 8:34AM – 10:14AM	Visti Until 5:58PM	Nataraja: Clear		Purnima
			Purnima* Until 6:59AM Sun	Moon – Purple		Subha Sivaloka Day
		Avani Avittam		Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 28 Sutra 133 Vilamba 5120
Silver Retreat Star		Gulika 3:15PM – 4:56PM	Shatabhishak Until 4:25AM Mon	Ganesh: White	<i>Sunrise:</i> 5:14AM	
Kumbha Rasi: 9	Tithi 15 – 16	Yama 11:55AM – 1:35PM	Athiganda* Until 10:17AM	Muruga: Clear	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	596442362 Rahu 4:56PM – 6:36PM	Balava Until 7:58PM	Nataraja: Clear		Prathama
Until 4:25AM Mon			Purnima* Until 6:59AM	Moon – Purple		Subha Sivaloka Day
Then Routine Work - Marana Yoga				Sravana-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam

Stamford, CT

Purvaproshthapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kumbha Rasi: 20.43 Tihi 16 - 17

Gulika 1:34PM - 3:14PM

Purvaproshthapada* Until 6:39AM Tue

Ganesh: White

Sunrise: 5:15AM

Vilamba 5120

Family Home Evening

517442363

Yama 10:15AM - 11:54AM

Sukarma Until 10:43AM

Muruga: Clear

Sunset: 6:34PM

Moon 8 - Phase 19

Routine Work Marana Yoga

Rahu 6:55AM - 8:35AM

Taitila Until 9:35PM

Nataraja: Purple

Moon - Clear

1st Phase

Until 6:39AM Tue

Prathama* Until 8:48AM

Sravana-Avani

Sivaloka Day

Then Creative Work - Amrita Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshthapada*/Uttaraproshthapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Meena Rasi: 2.59 Tihi 17 - 18

Gulika 11:54AM - 1:34PM

Purvaproshthapada* Until 6:39AM

Ganesh: Clear

Sunrise: 5:16AM

Vilamba 5120

Routine Work Marana Yoga

517452363

Yama 8:35AM - 10:15AM

Dhriti Until 10:50AM

Muruga: Purple

Sunset: 6:33PM

Moon 8 - Phase 19

Until 6:39AM

Vanija Until 10:46PM

Nataraja: Purple

Moon - Clear

Bhuloka Day

Then Creative Work - Amrita Yoga

Dvitiya Until 10:12AM

Sravana-Avani

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshthapada*/Uttaraproshthapada Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Meena Rasi: 15.27 Tihi 18 - 19

Gulika 10:15AM - 11:54AM

Uttaraproshthapada Until 8:18AM

Ganesh: Clear

Sunrise: 5:17AM

Vilamba 5120

Creative Work Siddha Yoga

517452363

Yama 6:56AM - 8:35AM

Shula* Until 10:34AM

Muruga: Purple

Sunset: 6:31PM

Moon 8 - Phase 19

Until 8:18AM

Bava Until 11:30PM

Nataraja: Purple

Moon - Clear

Bhuloka Day

Then Routine Work - Marana Yoga

Tritiya Until 11:10AM

Sravana-Avani

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Meena Rasi: 28.07 Tihi 19 - 20

Gulika 8:36AM - 10:15AM

Revati Until 9:21AM

Ganesh: Clear

Sunrise: 5:18AM

Vilamba 5120

Creative Work Siddha Yoga

517452363

Yama 5:18AM - 6:57AM

Ganda* Until 9:58AM

Muruga: Purple

Sunset: 6:30PM

Moon 8 - Phase 19

Until 9:21AM

Kaulava Until 11:47PM

Nataraja: Purple

Moon - Clear

Bhuloka Day

Then Creative Work - Amrita Yoga

Chaturthi* Until 11:41AM

Sravana-Avani

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Mesha Rasi: 11.01 Tihi 20 - 21

Gulika 6:57AM - 8:36AM

Ashvini Until 10:16AM

Ganesh: Purple

Sunrise: 5:19AM

Vilamba 5120

Creative Work Amrita Yoga

527452363

Yama 3:11PM - 4:49PM

Vridhhi Until 9:01AM

Muruga: Purple

Sunset: 6:28PM

Moon 8 - Phase 19

Until 10:16AM

Gara Until 11:35PM

Nataraja: Purple

Moon - White

Bhuloka Day

Then Creative Work - Siddha Yoga

Panchami Until 11:43AM

Sravana-Avani

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Mesha Rasi: 24.08 Tihi 21 - 22

Gulika 5:20AM - 6:58AM

Bharani Until 10:32AM

Ganesh: Purple

Sunrise: 5:20AM

Vilamba 5120

Creative Work Siddha Yoga

527452363

Yama 1:31PM - 3:10PM

Dhruva Until 7:40AM

Muruga: Purple

Sunset: 6:26PM

Moon 8 - Phase 19

Until 10:32AM

Visti Until 10:53PM

Nataraja: Purple

Moon - White

Bhuloka Day

Then Creative Work - Amrita Yoga

Shashthi* Until 11:17AM

Sravana-Avani

Sunday, September 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Vrisabha Rasi: 7.32 Tihi 22 - 23

Gulika 3:09PM - 4:47PM

Krittika Until 10:11AM

Ganesh: Purple

Sunrise: 5:21AM

Vilamba 5120

Creative Work Siddha Yoga

527452363

Yama 11:53AM - 1:31PM

Harshana Until 3:47AM Mon

Muruga: Purple

Sunset: 6:25PM

Moon 8 - Phase 19

Then Creative Work - Amrita Yoga

Balava Until 9:41PM

Nataraja: Purple

Moon - White

Bhuloka Day

Krishna Janmashtami

Saptami Until 10:20AM

Sravana-Avani

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Vrisabha Rasi: 21.14 Tihi 23 - 24

Gulika 1:30PM - 3:08PM

Rohini Until 9:36AM

Ganesh: White

Sunrise: 5:22AM

Vilamba 5120

Family Home Evening

538452363

Yama 10:15AM - 11:52AM

Vajra* Until 1:12AM Tue

Muruga: Purple

Sunset: 6:23PM

Moon 8 - Phase 19

Creative Work Amrita Yoga

Taitila Until 8:00PM

Nataraja: Purple

Moon - Yellow

Devaloka Day

Ashtami* Until 8:53AM

Sravana-Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, September 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visti* Karana Navami/Dashmyam Titau	Stamford, CT Sun 8 Sutra 142 Vilamba 5120
Mithuna Rasi: 5.14	Tithi 24 – 25	Gulika	11:52AM – 1:29PM	Mrigashira Until 8:24AM	Ganesha: White Sunrise: 5:23AM		
		Yama	8:37AM – 10:15AM	Siddhi Until 10:16PM	Muruga: Purple Sunset: 6:21PM	Moon 8 - Phase 20	
		538452363 Rahu	3:07PM – 4:44PM	Visti Until 4:33AM Wed	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga			Navami* Until 6:57AM	Moon – Yellow	Devaloka Day	
Until 8:24AM					Sravana-Avani		
Then Routine Work - Marana Yoga							

2		Wednesday, September 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau	Stamford, CT Sun 9 Sutra 143 Vilamba 5120
Mithuna Rasi: 19.32	Tithi 26	Gulika	10:15AM – 11:52AM	Ardra Until 6:37AM	Ganesha: White Sunrise: 5:24AM		
		Yama	7:01AM – 8:38AM	Vyatipata* Until 7:00PM	Muruga: Purple Sunset: 6:20PM	Moon 8 - Phase 20	
		538452363 Rahu	11:52AM – 1:29PM	Bava Until 3:13PM	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 1:46AM Thu	Moon – Yellow	Devaloka Day	
					Sravana-Avani		

3		Thursday, September 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Stamford, CT Sun 10 Sutra 144 Vilamba 5120
Kataka Rasi: 4.06	Tithi 27	Gulika	8:38AM – 10:15AM	Pushya Until 2:24AM Fri	Ganesha: Yellow Sunrise: 5:25AM		
		Yama	5:25AM – 7:01AM	Variyan Until 3:27PM	Muruga: Purple Sunset: 6:18PM	Moon 8 - Phase 20	
		548452363 Rahu	1:28PM – 3:05PM	Kaulava Until 12:17PM	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 10:42PM	Moon – Blue	Bhuloka Day	
Until 2:24AM Fri					Sravana-Avani	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

4		Friday, September 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau	Stamford, CT Sun 11 Sutra 145 Vilamba 5120
Kataka Rasi: 18.52	Tithi 28	Gulika	7:02AM – 8:38AM	Ashlesha* Until 11:49PM	Ganesha: Yellow Sunrise: 5:26AM		
		Yama	3:04PM – 4:40PM	Parigha* Until 11:43AM	Muruga: Purple Sunset: 6:16PM	Moon 8 - Phase 20	
		548452363 Rahu	10:15AM – 11:51AM	Gara Until 9:07AM	Nataraja: Purple	2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 7:28PM	Moon – Blue	Bhuloka Day	
					Sravana-Avani	Devaloka Time: 9:AM to12:PM	

Pradosha Vrata (Fasting)

5		Saturday, September 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Stamford, CT Sun 12 Sutra 146 Vilamba 5120
Simha Rasi: 3.44	Tithi 29 – 30	Gulika	5:27AM – 7:03AM	Magha* Until 9:28PM	Ganesha: Red Sunrise: 5:27AM		
		Yama	1:27PM – 3:03PM	Shiva Until 7:56AM	Muruga: Purple Sunset: 6:15PM	Moon 8 - Phase 20	
		558452363 Rahu	8:39AM – 10:15AM	Catuspada Until 2:35AM Sun	Nataraja: Purple	2nd Phase	
Creative Work	Amrita Yoga			Chaturdashi* Until 4:11PM	Moon – Red	Bhuloka Day	
Until 9:28PM					Sravana-Avani	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

●		Sunday, September 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Stamford, CT Sun 13 Sutra 147 Vilamba 5120
Retreat Star		Gulika	3:02PM – 4:37PM	Purvaphalguni Until 7:08PM	Ganesha: Red Sunrise: 5:28AM		
Simha Rasi: 18.35	Tithi 30 – 1	Yama	11:50AM – 1:26PM	Sadhya Until 12:32AM Mon	Muruga: Purple Sunset: 6:13PM	Moon 8 - Phase 20	
		558452363 Rahu	4:37PM – 6:13PM	Kintughna Until 11:31PM	Nataraja: Purple	Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 1:00PM	Moon – Red	Bhuloka Day	
Until 7:08PM					Sravana-Avani	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

Monday, September 10, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stamford, CT Sun 14 Sutra 148 Vilamba 5120
Kanya Rasi: 3.16	Tithi 1 – 2	Gulika	1:25PM – 3:01PM	Uttaraphalguni Until 4:58PM	Ganesha: Blue Sunrise: 5:29AM		
Family Home Evening		Yama	10:15AM – 11:50AM	Subha Until 9:14PM	Muruga: Purple Sunset: 6:11PM	Moon 8 - Phase 20	
		559452363 Rahu	7:04AM – 8:39AM	Balava Until 8:46PM	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga			Prathama* Until 10:04AM	Moon – Red	Bhuloka Day	
					Bhadrapada-Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, September 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 15 Sutra 149 Vilamba 5120	
Kanya Rasi: 17.41	Tithi 2 - 3	Gulika	11:50AM - 1:25PM	Hasta Until 3:33PM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM			
		Yama	8:40AM - 10:15AM	Sukla Until 6:17PM	Muruga: Purple	<i>Sunset:</i> 6:10PM		Moon 8 - Phase 21	
Creative Work	Siddha Yoga	569452363 Rahu	3:00PM - 4:35PM	Taitila Until 6:31PM	Nataraja: Purple			3rd Phase	
				Dvitiya Until 7:34AM	Moon - Green				Bhuloka Day
					Bhadrapada-Avani				

2		Wednesday, September 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthayam Titau		Stamford, CT Sun 16 Sutra 150 Vilamba 5120	
Tula Rasi: 1.44	Tithi 4	Gulika	10:15AM - 11:49AM	Chitra Until 2:35PM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM			
		Yama	7:05AM - 8:40AM	Brahma Until 3:53PM	Muruga: Purple	<i>Sunset:</i> 6:08PM		Moon 8 - Phase 21	
Creative Work	Siddha Yoga	569452363 Rahu	11:49AM - 1:24PM	Vanija Until 4:54PM	Nataraja: Purple			3rd Phase	
				Chaturthi* Until 4:21AM Thu	Moon - Green				Bhuloka Day
		Ganesha Chaturthi			Bhadrapada-Avani				

3		Thursday, September 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava Karana Panchamyam Titau		Stamford, CT Sun 17 Sutra 151 Vilamba 5120	
Tula Rasi: 15.21	Tithi 5	Gulika	8:40AM - 10:15AM	Svati Until 2:12PM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM			
		Yama	5:31AM - 7:06AM	Indra Until 2:04PM	Muruga: Purple	<i>Sunset:</i> 6:06PM		Moon 8 - Phase 21	
Creative Work	Amrita Yoga	569552363 Rahu	1:23PM - 2:58PM	Bava Until 4:02PM	Nataraja: Purple			3rd Phase	
Until 2:12PM				Panchami Until 3:53AM Fri	Moon - Green				Bhuloka Day
Then Creative Work - Siddha Yoga					Bhadrapada-Avani			Devaloka Time: 9:AM to12:PM	

4		Friday, September 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Shashthyam Titau		Stamford, CT Sun 18 Sutra 152 Vilamba 5120	
Tula Rasi: 28.32	Tithi 6	Gulika	7:06AM - 8:41AM	Vishakha Until 5:25AM Sun Sat	Ganesha: White	<i>Sunrise:</i> 5:32AM			
		Yama	2:57PM - 4:31PM	Vaidhriti* Until 12:53PM	Muruga: Purple	<i>Sunset:</i> 6:05PM		Moon 8 - Phase 21	
Creative Work	Siddha Yoga	579552363 Rahu	10:15AM - 11:49AM	Kaulava Until 3:59PM	Nataraja: Purple			3rd Phase	
				Shashthi* Until 4:15AM Sat	Moon - Orange				Devaloka Day
					Bhadrapada-Avani				

5		Saturday, September 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 19 Sutra 153 Vilamba 5120	
Vrischika Rasi: 11.17	Tithi 7	Gulika	5:33AM - 7:07AM	Vishakha Until 5:25AM Sun	Ganesha: White	<i>Sunrise:</i> 5:33AM			
		Yama	1:22PM - 2:56PM	Vishkambha* Until 12:27AM Sun	Muruga: Purple	<i>Sunset:</i> 6:03PM		Moon 8 - Phase 21	
Creative Work	Siddha Yoga	579552363 Rahu	8:41AM - 10:14AM	Gara Until 4:46PM	Nataraja: Purple			3rd Phase	
Until 5:25AM Sun				Saptami Until 5:25AM Sun	Moon - Orange				Devaloka Day
Then Routine Work - Marana Yoga					Bhadrapada-Avani				

Retreat Star		Sunday, September 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti*/Balava Karana Ashtamyam Titau		Stamford, CT Sun 20 Sutra 154 Vilamba 5120	
Vrischika Rasi: 23.41	Tithi 8	Gulika	2:54PM - 4:28PM	Jyeshtha* Until 6:14PM	Ganesha: White	<i>Sunrise:</i> 5:34AM			
		Yama	11:48AM - 1:21PM	Priti Until 6:14PM	Muruga: Purple	<i>Sunset:</i> 6:01PM		Moon 8 - Phase 21	
Routine Work	Marana Yoga	579552363 Rahu	4:28PM - 6:01PM	Visti Until 6:17PM	Nataraja: Purple			Ashtami	
Until 6:14PM				Ashtami* Until 7:16AM Mon	Moon - Orange				Devaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi				

Retreat Star		Monday, September 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 21 Sutra 155 Vilamba 5120	
Dhanus Rasi: 5.49	Tithi 8 - 9	Gulika	1:20PM - 2:53PM	Mula* Until 9:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM			
Family Home Evening		Yama	10:14AM - 11:47AM	Ayushman Until 12:59PM	Muruga: Purple	<i>Sunset:</i> 5:59PM		Moon 8 - Phase 21	
Creative Work	Siddha Yoga	589552363 Rahu	7:08AM - 8:41AM	Balava Until 8:24PM	Nataraja: Purple			Navami	
Until 9:04PM				Ashtami* Until 7:16AM	Moon - Light Blue				Bhuloka Day
Then Routine Work - Marana Yoga					Bhadrapada-Puratasi			Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 17.44	Tithi 9 – 10	Gulika 11:47AM – 1:20PM	Purvashadha* Until 12:06AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:36AM	
		Yama 8:42AM – 10:14AM	Saubhagya Until 1:52PM	Muruga: Purple	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 22
		Rahu 2:52PM – 4:25PM	Taitila Until 10:54PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:36AM	Bhadrapada-Puratasi	Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Until 12:06AM Wed						
Then Creative Work - Amrita Yoga						

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 29.34	Tithi 10 – 11	Gulika 10:14AM – 11:47AM	Uttarashadha Until 2:48PM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:37AM	
		Yama 7:10AM – 8:42AM	Sobhana Until 2:56PM	Muruga: Purple	<i>Sunset:</i> 5:56PM	Moon 8 - Phase 22
		Rahu 11:47AM – 1:19PM	Vanija Until 1:32AM Thu	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dashami Until 12:12PM	Bhadrapada-Puratasi	Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Until 2:48PM Thu						
Then Creative Work - Siddha Yoga						

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 11.21	Tithi 11 – 12	Gulika 8:42AM – 10:14AM	Uttarashadha Until 2:48PM	Ganesh: Purple	<i>Sunrise:</i> 5:38AM	
		Yama 5:38AM – 7:10AM	Athiganda* Until 16:51AM Fri	Muruga: Purple	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 22
		Rahu 1:18PM – 2:50PM	Bava Until 4:04AM Fri	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 2:48PM	Bhadrapada-Puratasi	Devaloka Day	

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 23.11	Tithi 12 – 13	Gulika 7:11AM – 8:43AM	Shravana Until 6:16AM	Ganesh: Purple	<i>Sunrise:</i> 5:39AM	
		Yama 2:49PM – 4:21PM	Sukarma Until 4:51PM	Muruga: Purple	<i>Sunset:</i> 5:53PM	Moon 8 - Phase 22
		Rahu 10:14AM – 11:46AM	Kaulava Until 6:19AM Sat	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 5:13PM	Bhadrapada-Puratasi	Devaloka Day	
Until 6:16AM						
Then Creative Work - Siddha Yoga						

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 5.08	Tithi 13	Gulika 5:40AM – 7:12AM	Dhanishtha Until 9:01AM	Ganesh: Purple	<i>Sunrise:</i> 5:40AM	
		Yama 1:17PM – 2:48PM	Dhriti Until 5:28PM	Muruga: Purple	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 22
		Rahu 8:43AM – 10:14AM	Kaulava Until 6:19AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:16PM	Bhadrapada-Puratasi	Devaloka Day	
Until 9:01AM						
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam				
		Kadaitswami Mahasamadhi				

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 17.16	Tithi 14	Gulika 2:47PM – 4:18PM	Shatabhishak Until 11:11AM	Ganesh: Purple	<i>Sunrise:</i> 5:41AM	
		Yama 11:45AM – 1:16PM	Shula* Until 5:42PM	Muruga: Purple	<i>Sunset:</i> 5:49PM	Moon 8 - Phase 22
		Rahu 4:18PM – 5:49PM	Gara Until 8:09AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:51PM	Bhadrapada-Puratasi	Devaloka Day	

○ Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT Sun 28 Sutra 162 Vilamba 5120
Copper Retreat Star		Gulika 1:16PM – 2:46PM	Purvaprosarthapada* Until 1:11PM	Ganesh: Purple	<i>Sunrise:</i> 5:42AM	
Kumbha Rasi: 29.35	Tithi 15	Yama 10:14AM – 11:45AM	Ganda* Until 5:34PM	Muruga: Purple	<i>Sunset:</i> 5:47PM	Moon 8 - Phase 22
Family Home Evening		Rahu 7:13AM – 8:44AM	Visti Until 9:28AM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Purnima* Until 9:55PM	Bhadrapada-Puratasi	Devaloka Day	
Until 1:11PM						
Then Creative Work - Siddha Yoga						

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT Sun 29 Sutra 163 Vilamba 5120
Silver Retreat Star		Gulika 11:45AM – 1:15PM	Uttaraprosarthapada Until 2:31PM	Ganesh: Purple	<i>Sunrise:</i> 5:43AM	
Meena Rasi: 12.08	Tithi 16	Yama 8:44AM – 10:14AM	Vridhi Until 5:02PM	Muruga: Purple	<i>Sunset:</i> 5:46PM	Moon 8 - Phase 22
		Rahu 2:45PM – 4:16PM	Balava Until 10:16AM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 10:28PM	Bhadrapada-Puratasi	Devaloka Day	
Until 2:31PM						
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Vanija Karana Dvitiyayam Titau

Stamford, CT

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 24.55 Tihti 17

511552363

Gulika 10:14AM - 11:44AM

Yama 7:14AM - 8:44AM

Rahu 11:44AM - 1:14PM

Revati Until 3:14PM

Dhruva Until 4:06PM

Taitila Until 9:88AM Thu

Dvitiya Until 5:02PM

Ganesha: Purple Sunrise: 5:44AM

Muruga: Purple Sunset: 5:44PM

Nataraja: Purple

Moon - Clear

Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 7.56 Tihti 18

621552363

Gulika 8:45AM - 10:14AM

Yama 5:45AM - 7:15AM

Rahu 1:14PM - 2:43PM

Ashvini Until 3:50PM

Vyaghata* Until 2:51PM

Vanija Until 10:28AM

Tritiya Until 10:14PM

Ganesha: Purple Sunrise: 5:45AM

Muruga: Purple Sunset: 5:42PM

Nataraja: Purple

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 21.08 Tihti 19

622552363

Gulika 7:16AM - 8:45AM

Yama 2:42PM - 4:11PM

Rahu 10:14AM - 11:44AM

Bharani Until 3:55PM

Harshana Until 1:19PM

Bava Until 8:66AM Sat

Chaturthi* Until 2:51PM

Ganesha: Clear Sunrise: 5:47AM

Muruga: Purple Sunset: 5:41PM

Nataraja: Purple

Moon - White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 4.32 Tihti 20

622552363

Gulika 5:48AM - 7:16AM

Yama 1:12PM - 2:41PM

Rahu 8:45AM - 10:14AM

Krittika Until 3:32PM

Vajra* Until 11:29AM

Kaulava Until 9:06AM

Panchami Until 8:33PM

Ganesha: Clear Sunrise: 5:48AM

Muruga: Purple Sunset: 5:39PM

Nataraja: Purple

Moon - White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 18.06 Tihti 21

632552363

Gulika 2:40PM - 4:09PM

Yama 11:43AM - 1:12PM

Rahu 4:09PM - 5:37PM

Rohini Until 3:09PM

Siddhi Until 9:26AM

Gara Until 7:57AM

Shashthi* Until 7:15PM

Ganesha: Purple Sunrise: 5:49AM

Muruga: Purple Sunset: 5:37PM

Nataraja: Purple

Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Visti* Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mithuna Rasi: 1.5 Tihti 22 - 23

632552363

Gulika 1:11PM - 2:39PM

Yama 10:14AM - 11:43AM

Rahu 7:18AM - 8:46AM

Mrigashira Until 2:21PM

Vyatipata* Until 7:09AM

Visti Until 6:31AM

Saptami Until 5:40PM

Ganesha: Purple Sunrise: 5:50AM

Muruga: Purple Sunset: 5:36PM

Nataraja: Purple

Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 2:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 15.45 Tihti 23 - 24

632552363

Gulika 11:42AM - 1:10PM

Yama 8:46AM - 10:14AM

Rahu 2:38PM - 4:06PM

Ardra Until 1:07PM

Parigha* Until 1:54AM Wed

Taitila Until 2:49AM Wed

Ashtami* Until 3:49PM

Ganesha: Purple Sunrise: 5:51AM

Muruga: Purple Sunset: 5:34PM

Nataraja: Purple

Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 1:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stamford, CT

Sun 8 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 29.5 Tihti 24 - 25

642552363

Gulika 10:14AM - 11:42AM

Yama 7:19AM - 8:47AM

Rahu 11:42AM - 1:10PM

Punarvasu Until 11:54AM

Shiva Until 10:58PM

Vanija Until 12:35AM Thu

Navami* Until 1:42PM

Ganesha: Clear Sunrise: 5:52AM

Muruga: Purple Sunset: 5:32PM

Nataraja: Purple

Moon - Blue

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1

Thursday, October 4, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Siddha Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau

Stamford, CT

Kataka Rasi: 14.04 Tihi 25 – 26

Gulika 8:47AM – 10:14AM
Yama 5:53AM – 7:20AM
Rahu 1:09PM – 2:36PMPushya Until 10:19AM
Siddha Until 7:50PM
Bava Until 10:08PM
Dashami Until 11:21AMGanesha: Clear Sunrise: 5:53AM
Muruga: Purple Sunset: 5:31PM
Nataraja: Purple
Moon – BlueSun 9 Sutra 172
Vilamba 5120
Moon 9 - Phase 24
2nd Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 10:19AM

Then Creative Work - Siddha Yoga

2

Friday, October 5, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Stamford, CT

Kataka Rasi: 28.28 Tihi 26 – 27

Gulika 7:21AM – 8:48AM
Yama 2:35PM – 4:02PM
Rahu 10:14AM – 11:41AMAshlesha* Until 8:24AM
Sadhya Until 4:36PM
Kaulava Until 7:32PM
Ekadashi* Until 8:49AMGanesha: Clear Sunrise: 5:54AM
Muruga: Purple Sunset: 5:29PM
Nataraja: Purple
Moon – BlueSun 10 Sutra 173
Vilamba 5120
Moon 9 - Phase 24
2nd Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Saturday, October 6, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Tailita/Vanija Karana Dvadashi/Trayodashyam Titau

Stamford, CT

Simha Rasi: 12.55 Tihi 27 – 28

Gulika 5:55AM – 7:21AM
Yama 1:08PM – 2:34PM
Rahu 8:48AM – 10:15AMMagha* Until 1:02AM Mon Sun
Subha Until 1:18PM
Vanija Until 3:33AM Sun
Dvadashi* Until 6:11AMGanesha: White Sunrise: 5:55AM
Muruga: Purple Sunset: 5:27PM
Nataraja: Purple
Moon – RedSun 11 Sutra 174
Vilamba 5120
Moon 9 - Phase 24
2nd Phase

Bhuloka Day

Bhadrapada-Puratasi

Pradosha Vrata (Fasting)

Creative Work Amrita Yoga

Until 1:02AM Mon Sun

Then Creative Work - Siddha Yoga

4

Sunday, October 7, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visi*/Sakuni* Karana Chaturdashyam Titau

Stamford, CT

Simha Rasi: 27.23 Tihi 29

Gulika 2:33PM – 4:00PM
Yama 11:41AM – 1:07PM
Rahu 4:00PM – 5:26PMMagha* Until 1:02AM Mon
Sukla Until 6:52AM Mon
Visti Until 2:17PM
Chaturdashi* Until 1:02AM MonGanesha: White Sunrise: 5:56AM
Muruga: Purple Sunset: 5:26PM
Nataraja: Clear
Moon – RedSun 12 Sutra 175
Vilamba 5120
Moon 9 - Phase 24
2nd Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 1:02AM Mon

Then Creative Work - Siddha Yoga

●

Monday, October 8, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Stamford, CT

Kanya Rasi: 11.46 Tihi 30

Gulika 1:06PM – 2:32PM
Yama 10:15AM – 11:41AM
Rahu 7:23AM – 8:49AMHasta Until 8:54PM Tue
Brahma Until 6:52AM
Catuspada Until 11:52AM
Amavasya* Until 10:46PMGanesha: Red Sunrise: 5:57AM
Muruga: Purple Sunset: 5:24PM
Nataraja: Clear
Moon – GreenSun 13 Sutra 176
Vilamba 5120
Moon 9 - Phase 24
Amavasya

Devaloka Day

Bhadrapada-Puratasi

Mahalaya Amavasai (Tamil Nadu)

Family Home Evening

Creative Work Siddha Yoga

Tuesday, October 9, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau

Stamford, CT

Kanya Rasi: 25.56 Tihi 1

Gulika 11:40AM – 1:06PM
Yama 8:49AM – 10:15AM
Rahu 2:31PM – 3:57PMHasta Until 8:54PM
Vaidhriti* Until 24:85
Kintughna Until 9:48AM
Prathama* Until 8:54PMGanesha: Red Sunrise: 5:58AM
Muruga: Purple Sunset: 5:23PM
Nataraja: Clear
Moon – GreenSun 14 Sutra 177
Vilamba 5120
Moon 9 - Phase 24
Prathama

Devaloka Day

Ashvina-Puratasi

Navaratri Begins

Creative Work Siddha Yoga

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 178 Vilamba 5120		
Tula Rasi: 9.49	Tithi 2	Gulika 10:15AM – 11:40AM	Svati Until 11:49PM	Ganesh: Red	<i>Sunrise:</i> 5:59AM	Muruga: Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
		Yama 7:24AM – 8:50AM	Vishkambha* Until 11:19PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga	662652364 Rahu 11:40AM – 1:05PM	Balava Until 8:12AM	Moon – Green				Devaloka Day
			Dvitiya Until 7:36PM	Ashvina•Puratasi				
2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 16 Sutra 179 Vilamba 5120		
Tula Rasi: 23.21	Tithi 3	Gulika 8:50AM – 10:15AM	Vishakha Until 12:08AM Fri	Ganesh: Yellow	<i>Sunrise:</i> 6:00AM	Muruga: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
		Yama 6:00AM – 7:25AM	Priti Until 9:47PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga	672652364 Rahu 1:05PM – 2:30PM	Tailila Until 7:12AM	Moon – Orange				Devaloka Day
			Tritiya Until 6:57PM	Ashvina•Puratasi				
3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau		Stamford, CT Sun 17 Sutra 180 Vilamba 5120		
Vrischika Rasi: 6.3	Tithi 4	Gulika 7:26AM – 8:50AM	Anuradha Until 1:03AM Sat	Ganesh: White	<i>Sunrise:</i> 6:01AM	Muruga: Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 25
		Yama 2:29PM – 3:53PM	Ayushman Until 8:49PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga	673652364 Rahu 10:15AM – 11:39AM	Vanija Until 6:56AM	Moon – Orange				Bhuloka Day
			Chaturthi* Until 7:04PM	Ashvina•Puratasi				Devaloka Time: 6:PM to 9:PM
4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sun 18 Sutra 181 Vilamba 5120		
Vrischika Rasi: 19.16	Tithi 5	Gulika 6:02AM – 7:27AM	Jyeshtha* Until 2:33AM Sun	Ganesh: White	<i>Sunrise:</i> 6:02AM	Muruga: Purple	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 25
		Yama 1:03PM – 2:28PM	Saubhagya Until 8:28PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga	673652364 Rahu 8:51AM – 10:15AM	Bava Until 7:27AM	Moon – Orange				Bhuloka Day
			Panchami Until 7:58PM	Ashvina•Puratasi				Devaloka Time: 6:PM to 9:PM
Until 2:33AM Sun								
Then Creative Work - Amrita Yoga								
5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Stamford, CT Sun 19 Sutra 182 Vilamba 5120		
Dhanus Rasi: 1.4	Tithi 6	Gulika 2:27PM – 3:51PM	Mula* Until 5:03AM Mon	Ganesh: Clear	<i>Sunrise:</i> 6:03AM	Muruga: Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 25
		Yama 11:39AM – 1:03PM	Sobhana Until 8:41PM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga	683652364 Rahu 3:51PM – 5:15PM	Kaulava Until 8:43AM	Moon – Light Blue				Devaloka Day
			Shashthi* Until 9:36PM	Ashvina•Puratasi				
Until 5:03AM Mon								
Then Routine Work - Marana Yoga								
6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 183 Vilamba 5120		
Dhanus Rasi: 13.47	Tithi 7	Gulika 1:02PM – 2:26PM	Purvashadha* Until 7:54AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:04AM	Muruga: Purple	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 25
Family Home Evening		Yama 10:15AM – 11:39AM	Athiganda* Until 9:19PM	Nataraja: Clear				3rd Phase
Routine Work	Marana Yoga	683652364 Rahu 7:28AM – 8:52AM	Gara Until 10:40AM	Moon – Light Blue				Devaloka Day
			Saptami Until 11:49PM	Ashvina•Puratasi				
Until 7:54AM Tue								
Then Routine Work - Prabalarishta Yoga								
☾		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 184 Vilamba 5120		
Retreat Star		Gulika 11:39AM – 1:02PM	Purvashadha* Until 7:54AM	Ganesh: Clear	<i>Sunrise:</i> 6:06AM	Muruga: Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
Dhanus Rasi: 25.43	Tithi 8	Yama 8:52AM – 10:15AM	Sukarma Until 10:15PM	Nataraja: Clear				Ashtami
		683652364 Rahu 2:25PM – 3:48PM	Visti Until 1:05PM	Moon – Light Blue				Devaloka Day
Creative Work	Siddha Yoga		Ashtami* Until 2:23AM Wed	Ashvina•Puratasi				
Until 7:54AM								
Then Routine Work - Prabalarishta Yoga								
☽		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 185 Vilamba 5120		
Retreat Star		Gulika 10:15AM – 11:38AM	Uttarashadha Until 10:49AM	Ganesh: Clear	<i>Sunrise:</i> 6:07AM	Muruga: Purple	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 25
Makara Rasi: 7.32	Tithi 9	Yama 7:30AM – 8:53AM	Dhriti Until 11:17PM	Nataraja: Clear				Navami
		683652364 Rahu 11:38AM – 1:01PM	Balava Until 3:44PM	Moon – Light Blue				Devaloka Day
Creative Work	Amrita Yoga		Navami* Until 5:02AM Thu	Ashvina•Aipasi				
Until 10:49AM								
Then Creative Work - Siddha Yoga								

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila Karana Dashamyam Titau				Stamford, CT Sun 23 Sutra 186 Vilamba 5120
Makara Rasi: 19.2	Tithi 10	Gulika 8:53AM – 10:16AM	Shravana Until 2:05PM	Ganesha: Purple <i>Sunrise: 6:08AM</i>	<i>Sunset: 5:09PM</i>	Moon 9 - Phase 26 4th Phase
		Yama 6:08AM – 7:30AM	Shula* Until 12:12AM Fri	Muruga: Purple		
		693652364 Rahu 1:01PM – 2:23PM	Taitila Until 6:20PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 7:30AM Fri	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		Vijaya Dasami		Ashvina-Aipasi		

2 Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 24 Sutra 187 Vilamba 5120
Kumbha Rasi: 1.13	Tithi 10 – 11	Gulika 7:31AM – 8:53AM	Dhanishtha Until 9:34AM Sat	Ganesha: Purple <i>Sunrise: 6:09AM</i>	<i>Sunset: 5:07PM</i>	Moon 9 - Phase 26 4th Phase
		Yama 2:22PM – 3:45PM	Ganda* Until 4:55PM	Muruga: Purple		
		693652364 Rahu 10:16AM – 11:38AM	Visti Until 8:94AM Sat	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 7:30AM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

3 Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 188 Vilamba 5120
Kumbha Rasi: 13.14	Tithi 11 – 12	Gulika 6:10AM – 7:32AM	Dhanishtha Until 9:34AM	Ganesha: Purple <i>Sunrise: 6:10AM</i>	<i>Sunset: 5:06PM</i>	Moon 9 - Phase 26 4th Phase
		Yama 1:00PM – 2:22PM	Vriddhi Until 24:69	Muruga: Purple		
		693652364 Rahu 8:54AM – 10:16AM	Bava Until 10:25PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Ekadashi Until 9:34AM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 9:34AM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

4 Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26 Sutra 189 Vilamba 5120
Kumbha Rasi: 25.28	Tithi 12 – 13	Gulika 2:21PM – 3:42PM	Purvaprossthapada* Until 9:07PM	Ganesha: White <i>Sunrise: 6:11AM</i>	<i>Sunset: 5:04PM</i>	Moon 9 - Phase 26 4th Phase
		Yama 11:38AM – 12:59PM	Dhruva Until 12:56AM Mon	Muruga: Purple		
		613652364 Rahu 3:42PM – 5:04PM	Kaulava Until 11:36PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dvadashi Until 11:04AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 9:07PM				Ashvina-Aipasi		
Then Creative Work - Amrita Yoga						

Pradosha Vrata

5 Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 190 Vilamba 5120
Meena Rasi: 7.59	Tithi 13 – 14	Gulika 12:59PM – 2:20PM	Uttaraprossthapada Until 10:19PM	Ganesha: White <i>Sunrise: 6:12AM</i>	<i>Sunset: 5:03PM</i>	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:16AM – 11:37AM	Vyaghata* Until 12:14AM Tue	Muruga: Purple		
		613652364 Rahu 7:34AM – 8:55AM	Gara Until 12:08AM Tue	Nataraja: Clear		
Creative Work	Siddha Yoga		Trayodashi Until 11:56AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

○ Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sutra 191 Vilamba 5120
Copper Retreat Star		Gulika 11:37AM – 12:58PM	Revati Until 10:44PM	Ganesha: White <i>Sunrise: 6:13AM</i>	<i>Sunset: 5:01PM</i>	Moon 9 - Phase 26 Purnima
Meena Rasi: 20.47	Tithi 14 – 15	Yama 8:55AM – 10:16AM	Harshana Until 11:03PM	Muruga: Purple		
		613652364 Rahu 2:19PM – 3:40PM	Visti Until 12:04AM Wed	Nataraja: Clear		
Creative Work	Siddha Yoga		Chaturdashi* Until 12:09PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sutra 192 Vilamba 5120
Silver Retreat Star		Gulika 10:17AM – 11:37AM	Ashvini Until 10:56PM	Ganesha: Clear <i>Sunrise: 6:15AM</i>	<i>Sunset: 5:00PM</i>	Moon 9 - Phase 26 Prathama
Mesha Rasi: 3.54	Tithi 15 – 16	Yama 7:35AM – 8:56AM	Vajra* Until 10:56PM	Muruga: Purple		
		623652364 Rahu 11:37AM – 12:58PM	Balava Until 11:26PM	Nataraja: Clear		
Routine Work	Marana Yoga		Purnima* Until 11:47AM	Moon – White		Devaloka Day
Until 10:56PM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 193

Vilamba 5120

Mesha Rasi: 17.17 Tihi 16 – 17

Gulika 8:56AM – 10:17AM
Yama 6:16AM – 7:36AM
Rahu 12:57PM – 2:18PM

Bharani Until 10:32PM
Siddhi Until 7:27PM
Taitila Until 10:21PM

Ganesha: Clear *Sunrise:* 6:16AM
Muruga: Purple *Sunset:* 4:58PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 10:32PM
Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 194

Vilamba 5120

Vrishabha Rasi: 0.55 Tihi 17 – 18

Gulika 7:37AM – 8:57AM
Yama 2:17PM – 3:37PM
Rahu 10:17AM – 11:37AM

Krittika Until 9:40PM
Vyatipata* Until 5:11PM
Vanija Until 8:56PM
Dvitiya Until 9:40AM

Ganesha: White *Sunrise:* 6:17AM
Muruga: Purple *Sunset:* 4:57PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 9:40PM
Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam
Rohini Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 14.43 Tihi 18 – 19

Gulika 6:18AM – 7:38AM
Yama 12:57PM – 2:16PM
Rahu 8:57AM – 10:17AM

Rohini Until 8:50PM
Varyan Until 2:42PM
Bava Until 7:17PM
Tritiya Until 8:07AM

Ganesha: Clear *Sunrise:* 6:18AM
Muruga: Purple *Sunset:* 4:56PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 8:50PM
Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 196

Vilamba 5120

Vrishabha Rasi: 28.39 Tihi 19 – 20

Gulika 2:16PM – 3:35PM
Yama 11:37AM – 12:56PM
Rahu 3:35PM – 4:54PM

Mrigashira Until 7:44PM
Parigha* Until 12:06PM
Taitila Until 4:31AM Mon
Chaturthi* Until 6:23AM

Ganesha: Clear *Sunrise:* 6:19AM
Muruga: Purple *Sunset:* 4:54PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 12.4 Tihi 21

Family Home Evening

634652364

Gulika 12:56PM – 2:15PM
Yama 10:18AM – 11:37AM
Rahu 7:39AM – 8:59AM

Ardra Until 6:23PM
Shiva Until 9:25AM
Gara Until 3:35PM
Shashthi* Until 2:36AM Tue

Ganesha: Clear *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 4:53PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 26.42 Tihi 22

644662364

Gulika 11:37AM – 12:55PM
Yama 8:59AM – 10:18AM
Rahu 2:14PM – 3:33PM

Punarvasu Until 5:17PM
Siddha Until 6:40AM
Visti Until 1:38PM
Saptami Until 12:38AM Wed

Ganesha: Purple *Sunrise:* 6:22AM
Muruga: Clear *Sunset:* 4:52PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Moon 10 - Phase 27
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 10.46 Tihi 23

644662364

Gulika 10:18AM – 11:37AM
Yama 7:41AM – 9:00AM
Rahu 11:37AM – 12:55PM

Pushya Until 4:01PM
Subha Until 1:09AM Thu
Balava Until 11:40AM
Ashtami* Until 10:39PM

Ganesha: Purple *Sunrise:* 6:23AM
Muruga: Clear *Sunset:* 4:51PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Moon 10 - Phase 27
Ashtami

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 24.51 Tihi 24

644662364

Gulika 9:00AM – 10:18AM
Yama 6:24AM – 7:42AM
Rahu 12:55PM – 2:13PM

Ashlesha* Until 2:36PM
Sukla Until 10:21PM
Taitila Until 9:41AM
Navami* Until 8:40PM

Ganesha: Purple *Sunrise:* 6:24AM
Muruga: Clear *Sunset:* 4:49PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Moon 10 - Phase 27
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 2:36PM
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
Simha Rasi: 8.56	Tithi 25	Gulika 7:43AM – 9:01AM	Magha* Until 1:29PM	Ganesh: Clear	<i>Sunrise:</i> 6:25AM	Sun 8 Sutra 201
		Yama 2:12PM – 3:30PM	Brahma Until 7:34PM	Muruga: Clear	<i>Sunset:</i> 4:48PM	Vilamba 5120
		654662364 Rahu 10:19AM – 11:37AM	Vanija Until 7:42AM	Nataraja: Clear		Moon 10 - Phase 28
Routine Work	Marana Yoga		Dashami Until 6:42PM	Moon – Red		2nd Phase
Until 1:29PM				Ashvina•Aipasi		Sivaloka Day
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
Simha Rasi: 23	Tithi 26 – 27	Gulika 6:26AM – 7:44AM	Purvaphalguni Until 12:14PM	Ganesh: White	<i>Sunrise:</i> 6:26AM	Sun 9 Sutra 202
		Yama 12:54PM – 2:12PM	Indra Until 4:51PM	Muruga: Clear	<i>Sunset:</i> 4:47PM	Vilamba 5120
		654762364 Rahu 9:01AM – 10:19AM	Kaulava Until 3:52AM Sun	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Ekadashi* Until 4:46PM	Moon – Red		2nd Phase
Until 12:14PM				Ashvina•Aipasi		Devaloka Day
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
Kanya Rasi: 7.01	Tithi 27 – 28	Gulika 2:11PM – 3:28PM	Uttaraphalguni Until 10:57AM	Ganesh: White	<i>Sunrise:</i> 6:27AM	Sun 10 Sutra 203
		Yama 11:37AM – 12:54PM	Vaidhriti* Until 2:11PM	Muruga: Clear	<i>Sunset:</i> 4:46PM	Vilamba 5120
		654762364 Rahu 3:28PM – 4:46PM	Gara Until 2:07AM Mon	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Amrita Yoga		Dvadashi* Until 2:57PM	Moon – Red		2nd Phase
				Ashvina•Aipasi		Devaloka Day

Pradosha Vrata (Fasting)

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
Kanya Rasi: 20.57	Tithi 28 – 29	Gulika 12:54PM – 2:11PM	Hasta Until 10:07AM	Ganesh: Green	<i>Sunrise:</i> 6:29AM	Sun 11 Sutra 204
Family Home Evening		Yama 10:20AM – 11:37AM	Vishkambha* Until 11:40AM	Muruga: Clear	<i>Sunset:</i> 4:45PM	Vilamba 5120
		664762364 Rahu 7:46AM – 9:03AM	Visti Until 12:37AM Tue	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Trayodashi* Until 1:19PM	Moon – Green		2nd Phase
Until 10:07AM				Ashvina•Aipasi		Devaloka Day
Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Mahasamadhi				
		Deepavali Hindu Solidarity Day				

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
Tula Rasi: 4.43	Tithi 29 – 30	Gulika 11:37AM – 12:53PM	Chitra Until 9:24AM	Ganesh: Green	<i>Sunrise:</i> 6:30AM	Sun 12 Sutra 205
		Yama 9:03AM – 10:20AM	Priti Until 9:24AM	Muruga: Clear	<i>Sunset:</i> 4:43PM	Vilamba 5120
		664762364 Rahu 2:10PM – 3:27PM	Catuspada Until 11:28PM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Chaturdashi* Until 11:58AM	Moon – Green		Amavasya
				Ashvina•Aipasi		Devaloka Day

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
Tula Rasi: 18.16	Tithi 30 – 1	Gulika 10:20AM – 11:37AM	Svati Until 8:56AM	Ganesh: Clear	<i>Sunrise:</i> 6:31AM	Sun 13 Sutra 206
		Yama 7:47AM – 9:04AM	Ayushman Until 7:25AM	Muruga: Clear	<i>Sunset:</i> 4:42PM	Vilamba 5120
		765762364 Rahu 11:37AM – 12:53PM	Kintughna Until 10:46PM	Nataraja: Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		Amavasya* Until 11:02AM	Moon – Green		Prathama
				Kartika•Aipasi		Sivaloka Day
		Skanda Shasthi Begins				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 14 Sutra 207 Vilamba 5120	
Vrischika Rasi: 1.32	Tithi 1 – 2	Gulika Yama	9:04AM – 10:21AM 6:32AM – 7:48AM	Vishakha Until 9:16AM Sobhana Until 4:45AM Fri	Ganesh: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:32AM Sunset: 4:41PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	775762364	Rahu 12:53PM – 2:09PM	Prathama* Until 10:37AM	Karttika•Aipasi	Sivaloka Day	
2		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 14.31	Tithi 2 – 3	Gulika Yama	7:49AM – 9:05AM 2:09PM – 3:24PM	Anuradha Until 10:02AM Athiganda* Until 4:08AM Sat	Ganesh: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:33AM Sunset: 4:40PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	775762364	Rahu 10:21AM – 11:37AM	Dvitiya Until 10:49AM	Karttika•Aipasi	Sivaloka Day	
Until 10:02AM	Then Routine Work - Marana Yoga						
3		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stamford, CT Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 27.09	Tithi 3 – 4	Gulika Yama	6:35AM – 7:50AM 12:53PM – 2:08PM	Jyeshtha* Until 11:18AM Sukarma Until 4:03AM Sun	Ganesh: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:35AM Sunset: 4:39PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	775762364	Rahu 9:06AM – 10:21AM	Vanija Until 12:25AM Sun	Karttika•Aipasi	Sivaloka Day	
Creative Work	Siddha Yoga			Tritiya Until 11:42AM			
4		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 9.3	Tithi 4 – 5	Gulika Yama	2:08PM – 3:23PM 11:37AM – 12:52PM	Mula* Until 1:31PM Dhriti Until 4:28AM Mon	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:36AM Sunset: 4:38PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Amrita Yoga	785762364	Rahu 3:23PM – 4:38PM	Bava Until 2:17AM Mon	Karttika•Aipasi	Sivaloka Day	
Until 1:31PM	Then Creative Work - Siddha Yoga			Chaturthi* Until 1:15PM			
5		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stamford, CT Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 21.36	Tithi 5 – 6	Gulika Yama	12:52PM – 2:07PM 10:22AM – 11:37AM	Purvashadha* Until 4:08PM Shula* Until 5:12AM Tue	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:37AM Sunset: 4:37PM	Moon 10 - Phase 29 3rd Phase
Family Home Evening		785762364	Rahu 7:52AM – 9:07AM	Kaulava Until 4:38AM Tue	Karttika•Aipasi	Sivaloka Day	
Routine Work	Marana Yoga			Panchami Until 3:23PM			
6		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 3.31	Tithi 6 – 7	Gulika Yama	11:37AM – 12:52PM 9:08AM – 10:23AM	Uttarashadha Until 6:58PM Ganda* Until 10:16PM Wed	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:38AM Sunset: 4:36PM	Moon 10 - Phase 29 3rd Phase
Routine Work	Prabalarishta Yoga	785762364	Rahu 2:07PM – 3:22PM	Gara Until 7:18AM Wed	Karttika•Aipasi	Sivaloka Day	
Until 6:58PM	Then Creative Work - Siddha Yoga			Shashthi* Until 5:55PM			
				Skanda Shashthi			
Retreat Star		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Visti* Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 15.2	Tithi 7	Gulika Yama	10:23AM – 11:37AM 7:54AM – 9:08AM	Shravana Until 10:16PM Ganda* Until 10:16PM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:39AM Sunset: 4:36PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	795762364	Rahu 11:37AM – 12:52PM	Gara Until 7:18AM	Karttika•Aipasi	Subha Sivaloka Day	
Until 10:16PM	Then Routine Work - Prabalarishta Yoga			Saptami Until 8:38PM			
Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 27.07	Tithi 8	Gulika Yama	9:09AM – 10:23AM 6:41AM – 7:55AM	Dhanishtha Until 1:18AM Fri Vridhhi Until 7:10AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:41AM Sunset: 4:35PM	Moon 10 - Phase 29 Ashtami
Creative Work	Siddha Yoga	795762364	Rahu 12:52PM – 2:06PM	Visti Until 9:59AM	Karttika•Aipasi	Subha Sivaloka Day	
Until 10:16PM	Then Routine Work - Prabalarishta Yoga			Ashtami* Until 11:13PM			
Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 8.59	Tithi 9	Gulika Yama	7:56AM – 9:10AM 2:06PM – 3:20PM	Shatabhishak Until 3:47AM Sat Dhruva Until 7:59AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:42AM Sunset: 4:34PM	Moon 10 - Phase 29 Navami
Creative Work	Siddha Yoga	795762364	Rahu 10:24AM – 11:38AM	Balava Until 12:25PM	Karttika•Kartikai	Subha Sivaloka Day	
Until 3:47AM Sat	Then Routine Work - Marana Yoga			Navami* Until 1:27AM Sat			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau	Stamford, CT Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 21.02	Tithi 10	Gulika	6:43AM – 7:57AM	Purvaprossthapada* Until 6:02AM Sun	Ganesha: Red <i>Sunrise: 6:43AM</i>		
		Yama	12:52PM – 2:06PM	Vyaghata* Until 8:29AM	Muruga: Clear <i>Sunset: 4:33PM</i>	Moon 10 - Phase 30	
		Rahu	9:10AM – 10:24AM	Tailila Until 2:23PM	Nataraja: White	4th Phase	
Routine Work	Marana Yoga			Dashami Until 3:06AM Sun	Moon – Clear	Devaloka Day	
Until 6:02AM Sun					Karttika-Karttikai		
Then Creative Work - Amrita Yoga							

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau	Stamford, CT Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 3.19	Tithi 11	Gulika	2:05PM – 3:19PM	Purvaprossthapada* Until 6:02AM	Ganesha: Red <i>Sunrise: 6:44AM</i>		
		Yama	11:38AM – 12:52PM	Harshana Until 8:32AM	Muruga: Clear <i>Sunset: 4:32PM</i>	Moon 10 - Phase 30	
		Rahu	3:19PM – 4:32PM	Vanija Until 3:41PM	Nataraja: White	4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 4:02AM Mon	Moon – Clear	Devaloka Day	
Until 6:02AM					Karttika-Karttikai		
Then Creative Work - Amrita Yoga							

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau	Stamford, CT Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 15.54	Tithi 12	Gulika	12:52PM – 2:05PM	Uttaraprossthapada Until 7:25AM	Ganesha: Red <i>Sunrise: 6:45AM</i>		
Family Home Evening		Yama	10:25AM – 11:38AM	Vajra* Until 8:00AM	Muruga: Clear <i>Sunset: 4:32PM</i>	Moon 10 - Phase 30	
		Rahu	7:59AM – 9:12AM	Bava Until 4:15PM	Nataraja: White	4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 4:13AM Tue	Moon – Clear	Devaloka Day	
					Karttika-Karttikai		

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Kaulava/Tailila Karana Trayodashyam Titau	Stamford, CT Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 28.5	Tithi 13	Gulika	11:39AM – 12:52PM	Revati Until 7:56AM	Ganesha: Red <i>Sunrise: 6:46AM</i>		
		Yama	9:13AM – 10:26AM	Siddhi Until 6:53AM	Muruga: Clear <i>Sunset: 4:31PM</i>	Moon 10 - Phase 30	
		Rahu	2:05PM – 3:18PM	Kaulava Until 4:03PM	Nataraja: White	4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 3:40AM Wed	Moon – Clear	Devaloka Day	
					Karttika-Karttikai		
					<i>Pradosha Vrata</i>		

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau	Stamford, CT Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 12.1	Tithi 14	Gulika	10:26AM – 11:39AM	Ashvini Until 8:03AM	Ganesha: Blue <i>Sunrise: 6:48AM</i>		
		Yama	8:00AM – 9:13AM	Variyan Until 3:01AM Thu	Muruga: Clear <i>Sunset: 4:30PM</i>	Moon 10 - Phase 30	
		Rahu	11:39AM – 12:52PM	Gara Until 3:10PM	Nataraja: White	4th Phase	
Routine Work	Marana Yoga			Chaturdashi* Until 2:28AM Thu	Moon – White	Bhuloka Day	
Until 8:03AM					Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau	Stamford, CT Sun 27 Sutra 221 Vilamba 5120
Copper Retreat Star		Gulika	9:14AM – 10:27AM	Bharani Until 7:23AM	Ganesha: Blue <i>Sunrise: 6:49AM</i>		
Mesha Rasi: 25.51	Tithi 15	Yama	6:49AM – 8:01AM	Parigha* Until 12:25AM Fri	Muruga: Clear <i>Sunset: 4:30PM</i>	Moon 10 - Phase 30	
		Rahu	12:52PM – 2:04PM	Visti Until 1:40PM	Nataraja: White	Purnima	
Creative Work	Siddha Yoga			Purnima* Until 12:43AM Fri	Moon – White	Bhuloka Day	
Until 7:23AM		Krittika Deepam			Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau	Stamford, CT Sun 27 Sutra 222 Vilamba 5120
Silver Retreat Star		Gulika	8:02AM – 9:15AM	Krittika Until 6:05AM	Ganesha: Blue <i>Sunrise: 6:50AM</i>		
Vrishabha Rasi: 9.52	Tithi 16	Yama	2:04PM – 3:17PM	Shiva Until 9:29PM	Muruga: Clear <i>Sunset: 4:29PM</i>	Moon 10 - Phase 30	
		Rahu	10:27AM – 11:39AM	Balava Until 11:42AM	Nataraja: White	Prathama	
Creative Work	Siddha Yoga			Prathama* Until 10:34PM	Moon – White	Bhuloka Day	
Until 6:05AM		Vinayaga Viratam Begins			Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 24.06 Tihi 17

737762365

Gulika 6:51AM – 8:03AM
Yama 12:52PM – 2:04PM
Rahu 9:15AM – 10:28AM

Mrigashira Until 2:56AM Sun
Siddha Until 6:19PM
Taitila Until 9:25AM
Dvitiya Until 8:10PM

Ganesha: Red *Sunrise: 6:51AM*
Muruga: Clear *Sunset: 4:29PM*
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 8.29 Tihi 18 – 19

737762365

Gulika 2:04PM – 3:16PM
Yama 11:40AM – 12:52PM
Rahu 3:16PM – 4:28PM

Ardra Until 12:57AM Mon
Sadhya Until 3:02PM
Vanija Until 6:55AM
Tritiya Until 5:37PM

Ganesha: Red *Sunrise: 6:52AM*
Muruga: Clear *Sunset: 4:28PM*
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 22.56 Tihi 19 – 20

747762365

Gulika 12:52PM – 2:04PM
Yama 10:29AM – 11:40AM
Rahu 8:05AM – 9:17AM

Punarvasu Until 11:16PM
Subha Until 11:45AM
Kaulava Until 1:50AM Tue
Chaturthi* Until 3:04PM

Ganesha: Green *Sunrise: 6:53AM*
Muruga: Clear *Sunset: 4:28PM*
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 7.21 Tihi 20 – 21

747862365

Gulika 11:41AM – 12:52PM
Yama 9:18AM – 10:29AM
Rahu 2:04PM – 3:16PM

Pushya Until 9:34PM
Sukla Until 8:30AM
Gara Until 11:26PM
Panchami Until 12:36PM

Ganesha: White *Sunrise: 6:54AM*
Muruga: Clear *Sunset: 4:27PM*
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 21.4 Tihi 21 – 22

747863365

Gulika 10:30AM – 11:41AM
Yama 8:07AM – 9:18AM
Rahu 11:41AM – 12:52PM

Ashlesha* Until 7:55PM
Indra Until 2:27AM Thu
Visti Until 9:14PM
Shashthi* Until 10:17AM

Ganesha: White *Sunrise: 6:55AM*
Muruga: Purple *Sunset: 4:27PM*
Nataraja: White
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 5.5 Tihi 22 – 23

757863365

Gulika 9:19AM – 10:30AM
Yama 6:56AM – 8:08AM
Rahu 12:53PM – 2:04PM

Magha* Until 6:46PM
Vaidhriti* Until 11:41PM
Balava Until 7:17PM
Saptami Until 2:27AM Thu

Ganesha: Clear *Sunrise: 6:56AM*
Muruga: Purple *Sunset: 4:26PM*
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 19.52 Tihi 23 – 24

758863365

Gulika 8:09AM – 9:20AM
Yama 2:04PM – 3:15PM
Rahu 10:31AM – 11:42AM

Purvaphalguni Until 5:45PM
Vishkambha* Until 9:08PM
Gara Until 4:49AM Sat
Ashtami* Until 6:22AM

Ganesha: Orange *Sunrise: 6:58AM*
Muruga: Purple *Sunset: 4:26PM*
Nataraja: White
Moon – Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Vistil* Karana Dashamyam Titau	Stamford, CT Sun 7 Sutra 230 Vilamba 5120
Kanya Rasi: 3.42	Tithi 25	Gulika	6:59AM – 8:09AM	Uttaraphalguni Until 4:50PM	Ganesh: Orange <i>Sunrise: 6:59AM</i>		
		Yama	12:53PM – 2:04PM	Priti Until 6:50PM	Muruga: Purple <i>Sunset: 4:26PM</i>	Moon 11 - Phase 32	
		758863365 Rahu	9:20AM – 10:31AM	Vanija Until 4:09PM	Nataraja: White	2nd Phase	
Routine Work	Marana Yoga			Dashami Until 3:31AM Sun	Moon – Red	Bhuloka Day	
					Karttika-Karttikai	Devaloka Time: 6:AM to 9:AM	

2		Sunday, December 2, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau	Stamford, CT Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 17.23	Tithi 26	Gulika	2:04PM – 3:15PM	Hasta Until 4:30PM	Ganesh: Light Blue <i>Sunrise: 7:00AM</i>		
		Yama	11:43AM – 12:53PM	Ayushman Until 4:43PM	Muruga: Purple <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32	
		768863365 Rahu	3:15PM – 4:25PM	Bava Until 3:01PM	Nataraja: White	2nd Phase	
Creative Work	Amrita Yoga			Ekadashi* Until 2:32AM Mon	Moon – Green	Bhuloka Day	
Until 4:30PM					Karttika-Karttikai		
Then Creative Work - Siddha Yoga							

3		Monday, December 3, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Stamford, CT Sun 9 Sutra 232 Vilamba 5120
Tula Rasi: 0.53	Tithi 27	Gulika	12:54PM – 2:04PM	Chitra Until 4:20PM	Ganesh: Light Blue <i>Sunrise: 7:01AM</i>		
Family Home Evening		Yama	10:32AM – 11:43AM	Saubhagya Until 2:52PM	Muruga: Purple <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32	
		768863365 Rahu	8:11AM – 9:22AM	Kaulava Until 2:11PM	Nataraja: White	2nd Phase	
Routine Work	Prabalarishta Yoga			Dvadashi* Until 1:52AM Tue	Moon – Green	Bhuloka Day	
Until 4:20PM					Karttika-Karttikai		
Then Creative Work - Amrita Yoga							

4		Tuesday, December 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau	Stamford, CT Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 14.13	Tithi 28	Gulika	11:43AM – 12:54PM	Svati Until 4:21PM	Ganesh: Light Blue <i>Sunrise: 7:02AM</i>		
		Yama	9:22AM – 10:33AM	Sobhana Until 1:17PM	Muruga: Purple <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32	
		768863365 Rahu	2:04PM – 3:15PM	Gara Until 1:41PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 1:34AM Wed	Moon – Green	Bhuloka Day	
Until 4:21PM					Karttika-Karttikai		
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, December 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Vistil* Karana Chaturdashyam Titau	Stamford, CT Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 27.21	Tithi 29	Gulika	10:33AM – 11:44AM	Vishakha Until 5:03PM	Ganesh: Purple <i>Sunrise: 7:03AM</i>		
		Yama	8:13AM – 9:23AM	Athiganda* Until 12:00PM	Muruga: Purple <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32	
		778863365 Rahu	11:44AM – 12:54PM	Vistil Until 1:36PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:42AM Thu	Moon – Orange	Bhuloka Day	
					Karttika-Karttikai		

●		Thursday, December 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Stamford, CT Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika	9:24AM – 10:34AM	Anuradha Until 6:04PM	Ganesh: Purple <i>Sunrise: 7:04AM</i>		
Vrischika Rasi: 10.15	Tithi 30	Yama	7:04AM – 8:14AM	Sukarma Until 11:04AM	Muruga: Purple <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32	
		778863365 Rahu	12:54PM – 2:05PM	Catuspada Until 1:59PM	Nataraja: White	Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 2:20AM Fri	Moon – Orange	Bhuloka Day	
Until 6:04PM					Karttika-Karttikai		
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Friday, December 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau	Stamford, CT Sun 13 Sutra 236 Vilamba 5120
Vrischika Rasi: 22.56	Tithi 1	Gulika	8:15AM – 9:25AM	Jyeshtha* Until 7:25PM	Ganesh: Light Blue <i>Sunrise: 7:04AM</i>		
		Yama	2:05PM – 3:15PM	Dhriti Until 10:33AM	Muruga: Purple <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32	
		779863365 Rahu	10:35AM – 11:45AM	Kintughna Until 2:52PM	Nataraja: White	Prathama	
Routine Work	Marana Yoga			Prathama* Until 3:29AM Sat	Moon – Orange	Bhuloka Day	
Until 7:25PM					Margasira-Karttikai		
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Monday, December 17, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Stamford, CT	
Meena Rasi: 23.41		Tiithi 10		Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 246	
Family Home Evening		811863365		Gulika 12:59PM – 2:08PM	Revati Until 5:38PM	Ganesh: Purple	<i>Sunrise:</i> 7:12AM	Vilamba 5120	
Creative Work Siddha Yoga		Yama 10:40AM – 11:49AM		Variyan Until 2:38PM		Muruga: Purple	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 34	
		Rahu 8:22AM – 9:31AM		Taitila Until 9:22AM		Nataraja: White	Moon – Clear		4th Phase
				Dashami Until 9:29PM		Margasira*Markali		Bhuloka Day	

2		Tuesday, December 18, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Mesha Rasi: 6.37		Tiithi 11		Ashvini/Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Balava Karana Ekadashyam Titau		Sun 24		Sutra 247	
Creative Work Siddha Yoga		821863365		Gulika 11:50AM – 12:59PM	Ashvini Until 6:09PM	Ganesh: Clear	<i>Sunrise:</i> 7:13AM	Vilamba 5120	
		Yama 9:31AM – 10:41AM		Parigha* Until 6:09PM		Muruga: Purple	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 34	
		Rahu 2:08PM – 3:17PM		Vanija Until 9:26AM		Nataraja: White	Moon – White		4th Phase
		Gita Jayanthi		Ekadashi Until 9:08PM		Margasira*Markali		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM			

3		Wednesday, December 19, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Stamford, CT	
Mesha Rasi: 19.58		Tiithi 12		Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 248	
Creative Work Siddha Yoga		821863365		Gulika 10:41AM – 11:50AM	Bharani Until 5:43PM	Ganesh: Clear	<i>Sunrise:</i> 7:14AM	Vilamba 5120	
Until 5:43PM		Yama 8:23AM – 9:32AM		Shiva Until 11:26AM		Muruga: Purple	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 34	
Then Creative Work - Amrita Yoga		Rahu 11:50AM – 1:00PM		Bava Until 8:40AM		Nataraja: White	Moon – White		4th Phase
				Dvadashi Until 7:59PM		Margasira*Markali		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM			

4		Thursday, December 20, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Stamford, CT	
Vrisabha Rasi: 3.46		Tiithi 13		Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 249	
Routine Work Marana Yoga		821863365		Gulika 9:33AM – 10:42AM	Krittika Until 4:28PM	Ganesh: Clear	<i>Sunrise:</i> 7:14AM	Vilamba 5120	
		Yama 7:14AM – 8:23AM		Siddha Until 8:56AM		Muruga: Purple	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 34	
		Rahu 1:00PM – 2:09PM		Kaulava Until 7:09AM		Nataraja: White	Moon – White		4th Phase
				Trayodashi Until 6:08PM		Margasira*Markali		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM			
						<i>Pradosha Vrata</i>			

5		Friday, December 21, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Vrisabha Rasi: 17.58		Tiithi 14 – 15		Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 250	
Routine Work Marana Yoga		821863365		Gulika 8:24AM – 9:33AM	Rohini Until 5:43PM Sat	Ganesh: White	<i>Sunrise:</i> 7:15AM	Vilamba 5120	
Until 12:52PM Sat		Yama 2:10PM – 3:19PM		Subha Until 2:32AM Sat		Muruga: Purple	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 34	
Then Creative Work - Siddha Yoga		Rahu 10:42AM – 11:51AM		Visti Until 2:21AM Sat		Nataraja: White	Moon – Yellow		4th Phase
				Day 1 of Pancha Ganapati		Chaturdashi* Until 3:43PM		Bhuloka Day	
						Margasira*Markali			

○		Saturday, December 22, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
Copper Retreat Star		Mithuna Rasi: 2.3		Tiithi 15 – 16		Rohini/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 251	
Creative Work Siddha Yoga		821963365		Gulika 7:15AM – 8:24AM	Rohini Until 12:52PM	Ganesh: Yellow	<i>Sunrise:</i> 7:15AM	Vilamba 5120	
		Yama 1:01PM – 2:10PM		Sukla Until 10:51PM		Muruga: Purple	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 34	
		Rahu 9:34AM – 10:43AM		Balava Until 11:21PM		Nataraja: White	Moon – Yellow		Purnima
				Day 2 of Pancha Ganapati		Purnima* Until 12:52PM		Bhuloka Day	
						Margasira*Markali		Devaloka Time: 9:AM to 12:PM	

○		Sunday, December 23, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Silver Retreat Star		Mithuna Rasi: 17.16		Tiithi 16 – 17		Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sutra 252	
Creative Work Siddha Yoga		821963365		Gulika 2:11PM – 3:20PM	Ardra Until 10:15AM	Ganesh: Yellow	<i>Sunrise:</i> 7:16AM	Vilamba 5120	
		Yama 11:52AM – 1:02PM		Brahma Until 7:00PM		Muruga: Purple	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 34	
		Rahu 3:20PM – 4:29PM		Taitila Until 8:09PM		Nataraja: White	Moon – Yellow		Prathama
				Day 3 of Pancha Ganapati		Prathama* Until 9:45AM		Bhuloka Day	
				Ardra Darshanam		Margasira*Markali		Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Dvitiya/Tritiyam Titau

Stamford, CT

Sun 1 Sutra 253

Vilamba 5120

Kataka Rasi: 2.09 Tihi 17 - 18

Family Home Evening

842963365

Gulika 1:02PM - 2:11PM

Yama 10:44AM - 11:53AM

Rahu 8:25AM - 9:35AM

Punarvasu Until 7:53AM

Indra Until 3:07PM

Visti Until 3:19AM Tue

Dvitiya Until 6:31AM

Ganesha: Blue Sunrise: 7:16AM

Muruga: Purple Sunset: 4:30PM

Nataraja: White

Moon - Blue

Margasira*Markali

Devaloka Day

Until 7:53AM

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

1 Tuesday, December 25, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthiyam Titau

Stamford, CT

Sun 2 Sutra 254

Vilamba 5120

Kataka Rasi: 17.01 Tihi 19

Creative Work

842963365

Gulika 11:53AM - 1:03PM

Yama 9:35AM - 10:44AM

Rahu 2:12PM - 3:21PM

Ashlesha* Until 2:59AM Wed

Vaidhriti* Until 11:18AM

Bava Until 1:47PM

Chaturthi* Until 12:16AM Wed

Ganesha: Yellow Sunrise: 7:17AM

Muruga: Purple Sunset: 4:30PM

Nataraja: White

Moon - Blue

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Siddha Yoga

Day 5 of Pancha Ganapati

2 Wednesday, December 26, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 3 Sutra 255

Vilamba 5120

Simha Rasi: 1.44 Tihi 20

Creative Work

852963366

Gulika 10:45AM - 11:54AM

Yama 8:26AM - 9:35AM

Rahu 11:54AM - 1:03PM

Magha* Until 1:08AM Thu

Vishkambha* Until 7:39AM

Kaulava Until 10:52AM

Panchami Until 9:31PM

Ganesha: Blue Sunrise: 7:17AM

Muruga: Purple Sunset: 4:31PM

Nataraja: Green

Moon - Red

Margasira*Markali

Bhuloka Day

Siddha Yoga

3 Thursday, December 27, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthiyam Titau

Stamford, CT

Sun 4 Sutra 256

Vilamba 5120

Simha Rasi: 16.14 Tihi 21

Creative Work

852963366

Gulika 9:36AM - 10:45AM

Yama 7:17AM - 8:27AM

Rahu 1:04PM - 2:13PM

Purvaphalguni Until 11:33PM

Ayushman Until 1:14AM Fri

Gara Until 8:18AM

Shashthi* Until 7:10PM

Ganesha: Blue Sunrise: 7:17AM

Muruga: Purple Sunset: 4:32PM

Nataraja: Green

Moon - Red

Margasira*Markali

Bhuloka Day

Siddha Yoga

4 Friday, December 28, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 5 Sutra 257

Vilamba 5120

Kanya Rasi: 0.26 Tihi 22 - 23

Creative Work

852963366

Gulika 8:27AM - 9:36AM

Yama 2:14PM - 3:23PM

Rahu 10:46AM - 11:55AM

Uttaraphalguni Until 10:17PM

Saubhagya Until 10:35PM

Visti Until 6:10AM

Saptami Until 5:16PM

Ganesha: Blue Sunrise: 7:18AM

Muruga: Purple Sunset: 4:32PM

Nataraja: Green

Moon - Red

Margasira*Markali

Bhuloka Day

Until 10:17PM

Then Creative Work - Amrita Yoga

5 Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 6 Sutra 258

Vilamba 5120

Kanya Rasi: 14.2 Tihi 23 - 24

Routine Work

862963366

Gulika 7:18AM - 8:27AM

Yama 1:05PM - 2:14PM

Rahu 9:37AM - 10:46AM

Hasta Until 9:50PM

Sobhana Until 8:22PM

Taitila Until 3:26AM Sun

Ashtami* Until 3:54PM

Ganesha: Red Sunrise: 7:18AM

Muruga: Purple Sunset: 4:33PM

Nataraja: Green

Moon - Green

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Marana Yoga

6 Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stamford, CT

Sun 7 Sutra 259

Vilamba 5120

Kanya Rasi: 27.54 Tihi 24 - 25

Creative Work

862963366

Gulika 2:15PM - 3:24PM

Yama 11:56AM - 1:05PM

Rahu 3:24PM - 4:34PM

Chitra Until 9:46PM

Athiganda* Until 6:33PM

Vanija Until 2:52AM Mon

Navami* Until 8:22PM

Ganesha: Red Sunrise: 7:18AM

Muruga: Purple Sunset: 4:34PM

Nataraja: Green

Moon - Green

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Siddha Yoga

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Stamford, CT	
1		Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8	Sutra 260	Vilamba 5120	
Tula Rasi: 11.11	Tithi 25 – 26	Gulika	1:06PM – 2:15PM	Svati Until 10:03PM	Ganesh: Red	<i>Sunrise:</i> 7:18AM	
Family Home Evening	862963366	Yama	10:47AM – 11:56AM	Sukarma Until 5:09PM	Muruga: Purple	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		Rahu	8:28AM – 9:37AM	Bava Until 2:49AM Tue	Nataraja: Green		2nd Phase
Until 10:03PM				Dashami Until 2:45PM	Moon – Green		Bhuloka Day
Then Routine Work - Marana Yoga					Margasira-Markali	Devaloka Time: 6:AM to 9:AM	

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Stamford, CT	
2		Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9	Sutra 261	Vilamba 5120	
Tula Rasi: 24.11	Tithi 26 – 27	Gulika	11:57AM – 1:06PM	Vishakha Until 11:08PM	Ganesh: Green	<i>Sunrise:</i> 7:18AM	
Routine Work Marana Yoga	872963366	Yama	9:38AM – 10:47AM	Dhriti Until 4:09PM	Muruga: Purple	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
Until 11:08PM		Rahu	2:16PM – 3:26PM	Kaulava Until 3:17AM Wed	Nataraja: Green		2nd Phase
Then Creative Work - Siddha Yoga				Ekadashi* Until 2:58PM	Moon – Orange		Bhuloka Day
					Margasira-Markali		

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Stamford, CT	
3		Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10	Sutra 262	Vilamba 5120	
Vrischika Rasi: 6.57	Tithi 27 – 28	Gulika	10:48AM – 11:57AM	Anuradha Until 12:31AM Thu	Ganesh: Green	<i>Sunrise:</i> 7:18AM	
Creative Work Siddha Yoga	872963366	Yama	8:28AM – 9:38AM	Shula* Until 3:31PM	Muruga: Purple	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 36
Until 12:31AM Thu		Rahu	11:57AM – 1:07PM	Gara Until 4:13AM Thu	Nataraja: Green		2nd Phase
Then Routine Work - Prabalarishta Yoga				Dvadashi* Until 3:40PM	Moon – Orange		Bhuloka Day
					Margasira-Markali		
				<i>Pradosha Vrata (Fasting)</i>			

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Stamford, CT	
4		Jyeshtha* Nakshatra Ganda*/Vridhdi Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau		Sun 11	Sutra 263	Vilamba 5120	
Vrischika Rasi: 19.3	Tithi 28 – 29	Gulika	9:38AM – 10:48AM	Jyeshtha* Until 2:12AM Fri	Ganesh: Green	<i>Sunrise:</i> 7:19AM	
Routine Work Prabalarishta Yoga	872963366	Yama	7:19AM – 8:28AM	Ganda* Until 2:12AM Fri	Muruga: Purple	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 36
Until 2:12AM Fri		Rahu	1:08PM – 2:17PM	Sakuni Until 5:37AM Fri	Nataraja: Green		2nd Phase
Then Creative Work - Amrita Yoga				Trayodashi* Until 3:31PM	Moon – Orange		Bhuloka Day
					Margasira-Markali		

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Stamford, CT	
5		Mula* Nakshatra Vridhdi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau		Sun 12	Sutra 264	Vilamba 5120	
Dhanus Rasi: 1.51	Tithi 29	Gulika	8:28AM – 9:38AM	Mula* Until 4:36AM Sat	Ganesh: White	<i>Sunrise:</i> 7:19AM	
Creative Work Amrita Yoga	882963366	Yama	2:18PM – 3:28PM	Vridhdi Until 3:19PM	Muruga: Purple	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 36
Until 4:36AM Sat		Rahu	10:48AM – 11:58AM	Sakuni Until 6:28PM	Nataraja: Green		2nd Phase
Then Creative Work - Siddha Yoga				Chaturdashi* Until 6:28PM	Moon – Light Blue		Bhuloka Day
					Margasira-Markali		

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Stamford, CT	
Retreat Star		Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13	Sutra 265	Vilamba 5120	
Dhanus Rasi: 14.02	Tithi 30	Gulika	7:19AM – 8:29AM	Purvashadha* Until 7:13AM Sun	Ganesh: White	<i>Sunrise:</i> 7:19AM	
Creative Work Siddha Yoga	882973366	Yama	1:09PM – 2:19PM	Dhruva Until 3:40PM	Muruga: Clear	<i>Sunset:</i> 4:39PM	Moon 12 - Phase 36
Until 7:13AM Sun		Rahu	9:39AM – 10:49AM	Catuspada Until 7:27AM	Nataraja: Green		Amavasya
Then Creative Work - Amrita Yoga				Amavasya* Until 8:29PM	Moon – Light Blue		Bhuloka Day
		Subramuniaswami Jayanti			Margasira-Markali	Devaloka Time: 12:PM to 3:PM	

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT	
Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14	Sutra 266	Vilamba 5120	
Dhanus Rasi: 26.03	Tithi 1	Gulika	2:20PM – 3:30PM	Purvashadha* Until 7:13AM	Ganesh: White	<i>Sunrise:</i> 7:19AM	
Creative Work Siddha Yoga	882973366	Yama	11:59AM – 1:09PM	Vyaghata* Until 4:18PM	Muruga: Clear	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 36
Until 7:13AM		Rahu	3:30PM – 4:40PM	Kintughna Until 9:39AM	Nataraja: Green		Prathama
Then Creative Work - Amrita Yoga				Prathama* Until 10:50PM	Moon – Light Blue		Bhuloka Day
		Partial Solar Eclipse			Pausha-Markali	Devaloka Time: 12:PM to 3:PM	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT Sun 15 Sutra 267 Vilamba 5120
1		Gulika 1:10PM – 2:20PM	Uttarashadha Until 9:56AM	Ganesha: White	<i>Sunrise:</i> 7:18AM	
Makara Rasi: 7.58	Tithi 2	Yama 10:49AM – 12:00PM	Harshana Until 5:09PM	Muruga: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu 8:29AM – 9:39AM	Balava Until 12:09PM	Nataraja: Green		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 1:27AM Tue	Moon – Light Blue		
Until 9:56AM				Pausha-Markali	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Tritiyayam Titau				Stamford, CT Sun 16 Sutra 268 Vilamba 5120
2		Gulika 12:00PM – 1:10PM	Shravana Until 1:12PM	Ganesha: Red	<i>Sunrise:</i> 7:18AM	
Makara Rasi: 19.47	Tithi 3	Yama 9:39AM – 10:50AM	Vajra* Until 1:12PM	Muruga: Clear	<i>Sunset:</i> 4:42PM	Moon 12 - Phase 37
	893973366	Rahu 2:21PM – 3:31PM	Taitila Until 2:50PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 4:12AM Wed	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Stamford, CT Sun 17 Sutra 269 Vilamba 5120
3		Gulika 10:50AM – 12:00PM	Dhanishtha Until 4:22PM	Ganesha: Red	<i>Sunrise:</i> 7:18AM	
Kumbha Rasi: 1.34	Tithi 4	Yama 8:29AM – 9:39AM	Siddhi Until 7:06PM	Muruga: Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 37
	893973366	Rahu 12:00PM – 1:11PM	Vanija Until 5:36PM	Nataraja: Green		3rd Phase
Routine Work Prabalarishta Yoga			Chaturthi* Until 6:55AM Thu	Moon – Purple		
Until 4:22PM				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT Sun 18 Sutra 270 Vilamba 5120
4		Gulika 9:39AM – 10:50AM	Shatabhishak Until 7:16PM	Ganesha: Red	<i>Sunrise:</i> 7:18AM	
Kumbha Rasi: 13.22	Tithi 4 – 5	Yama 7:18AM – 8:29AM	Vyatipata* Until 8:01PM	Muruga: Clear	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 37
	893973366	Rahu 1:12PM – 2:22PM	Bava Until 8:15PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 6:55AM	Moon – Purple		
				Pausha-Markali	Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT Sun 19 Sutra 271 Vilamba 5120
5		Gulika 8:29AM – 9:40AM	Purvaproshtapada* Until 10:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	
Kumbha Rasi: 25.13	Tithi 5 – 6	Yama 2:23PM – 3:34PM	Variyan Until 8:43PM	Muruga: Clear	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 37
	813973366	Rahu 10:50AM – 12:01PM	Kaulava Until 10:37PM	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Panchami Until 8:01PM	Moon – Clear		
				Pausha-Markali	Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT Sun 20 Sutra 272 Vilamba 5120
6		Gulika 7:17AM – 8:28AM	Uttaraproshtapada Until 12:37AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	
Meena Rasi: 7.13	Tithi 6 – 7	Yama 1:13PM – 2:24PM	Parigha* Until 9:06PM	Muruga: Clear	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 37
	813973366	Rahu 9:40AM – 10:51AM	Gara Until 12:32AM Sun	Nataraja: Green		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 11:37AM	Moon – Clear		
Until 12:37AM Sun				Pausha-Markali	Devaloka Day	
Then Creative Work - Amrita Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 2:25PM – 3:36PM	Revati Until 2:10PM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	
Meena Rasi: 19.25	Tithi 7 – 8	Yama 12:02PM – 1:13PM	Shiva Until 9:02PM	Muruga: Clear	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 37
	813973366	Rahu 3:36PM – 4:47PM	Visti Until 1:49AM Mon	Nataraja: Green		Ashtami
Creative Work Amrita Yoga			Saptami Until 1:15PM	Moon – Clear		
Until 2:10PM Mon				Pausha-Markali	Devaloka Day	
Then Creative Work - Siddha Yoga						

Monday, January 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:14PM – 2:25PM	Revati Until 2:10PM	Ganesha: Purple	<i>Sunrise:</i> 7:17AM	
Mesha Rasi: 1.53	Tithi 8 – 9	Yama 10:51AM – 12:02PM	Siddha Until 18:68AM Tue	Muruga: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 37
Family Home Evening	823973366	Rahu 8:28AM – 9:40AM	Balava Until 2:21AM Tue	Nataraja: Green		Navami
Creative Work Siddha Yoga			Ashtami* Until 2:10PM	Moon – White		
		Thai Pongal		Pausha-Thai	Sivaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1 Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT Sun 23 Sutra 275 Vilamba 5120
Mesha Rasi: 14.42	Tithi 9 – 10	Gulika 12:03PM – 1:14PM	Bharani Until 3:43AM Wed	Ganesha: Purple <i>Sunrise:</i> 7:16AM	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 38 4th Phase
		Yama 9:40AM – 10:51AM	Sadhya Until 7:08PM	Muruga: Clear		
		823173366 Rahu 2:26PM – 3:38PM	Taitila Until 2:04AM Wed	Nataraja: Green		
Creative Work	Siddha Yoga		Navami* Until 2:18PM	Moon – White		Sivaloka Day
Until 3:43AM Wed				Pausha*Thai		
Then Creative Work - Amrita Yoga						

2 Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 27.56	Tithi 10 – 11	Gulika 10:51AM – 12:03PM	Krittika Until 3:02AM Thu	Ganesha: Blue <i>Sunrise:</i> 7:16AM	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 38 4th Phase
		Yama 8:28AM – 9:40AM	Subha Until 5:15PM	Muruga: Clear		
		823173366 Rahu 12:03PM – 1:15PM	Vanija Until 12:57AM Thu	Nataraja: Green		
Creative Work	Amrita Yoga		Dashami Until 1:36PM	Moon – White		Sivaloka Day
Until 3:02AM Thu				Pausha*Thai		
Then Routine Work - Marana Yoga						

3 Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 277 Vilamba 5120
Vrisabha Rasi: 11.37	Tithi 11 – 12	Gulika 9:40AM – 10:52AM	Rohini Until 1:54AM Fri	Ganesha: Yellow <i>Sunrise:</i> 7:16AM	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 38 4th Phase
		Yama 7:16AM – 8:28AM	Sukla Until 2:43PM	Muruga: Clear		
		833173366 Rahu 1:16PM – 2:28PM	Bava Until 11:05PM	Nataraja: Green		
Routine Work	Marana Yoga		Ekadashi Until 12:05PM	Moon – Yellow		Devaloka Day
Until 1:54AM Fri				Pausha*Thai		
Then Creative Work - Siddha Yoga						

4 Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26 Sutra 278 Vilamba 5120
Vrisabha Rasi: 25.46	Tithi 12 – 13	Gulika 8:27AM – 9:39AM	Mrigashira Until 11:59PM	Ganesha: Yellow <i>Sunrise:</i> 7:15AM	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 38 4th Phase
		Yama 2:28PM – 3:41PM	Brahma Until 11:37AM	Muruga: Clear		
		833173366 Rahu 10:52AM – 12:04PM	Kaulava Until 8:33PM	Nataraja: Green		
Creative Work	Siddha Yoga		Dvadashi Until 9:52AM	Moon – Yellow		Devaloka Day
				Pausha*Thai		

Pradosha Vrata

5 Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 10.2	Tithi 13 – 14	Gulika 7:14AM – 8:27AM	Ardra Until 12:15AM Mon Su	Ganesha: Yellow <i>Sunrise:</i> 7:14AM	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 38 4th Phase
		Yama 1:17PM – 2:29PM	Indra Until 8:05AM	Muruga: Clear		
		833173366 Rahu 9:39AM – 10:52AM	Vanija Until 3:48AM Sun	Nataraja: Green		
Creative Work	Siddha Yoga		Trayodashi Until 7:03AM	Moon – Yellow		Devaloka Day
				Pausha*Thai		

○ Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT Sutra 280 Vilamba 5120
Copper Retreat Star		Gulika 2:30PM – 3:42PM	Ardra Until 12:15AM Mon	Ganesha: White <i>Sunrise:</i> 7:14AM	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 38 Purnima
Mithuna Rasi: 25.15	Tithi 15	Yama 12:04PM – 1:17PM	Vishkambha* Until 6:50PM	Muruga: Clear		
		843173366 Rahu 3:42PM – 4:55PM	Visti Until 2:04PM	Nataraja: Green		
Creative Work	Siddha Yoga		Purnima* Until 12:15AM Mon	Moon – Blue		Sivaloka Day
				Pausha*Thai		

Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT Sutra 281 Vilamba 5120
Silver Retreat Star		Gulika 1:18PM – 2:31PM	Pushya Until 3:55PM	Ganesha: White <i>Sunrise:</i> 7:13AM	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 38 Prathama
Kataka Rasi: 10.22	Tithi 16	Yama 10:52AM – 12:05PM	Priti Until 7:46PM	Muruga: Clear		
Family Home Evening		843173366 Rahu 8:26AM – 9:39AM	Balava Until 10:26AM	Nataraja: Green		
Creative Work	Siddha Yoga		Prathama* Until 8:34PM	Moon – Blue		Sivaloka Day
				Pausha*Thai		

Total Lunar Eclipse
Thai Pusam



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitiya/Tritiyam Titau

Stamford, CT

Sun 1 Sutra 282

Vilamba 5120

Kataka Rasi: 25.34 Tihi 17 - 18

Gulika 12:05PM - 1:18PM

Yama 9:39AM - 10:52AM

844173366 Rahu 2:31PM - 3:44PM

Ashlesha* Until 12:53PM

Ayushman Until 3:32PM

Taitila Until 6:45AM

Dvitiya Until 4:56PM

Ganesha: Clear

Sunrise: 7:13AM

Muruga: Clear

Sunset: 4:57PM

Nataraja: Green

Moon - Blue

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Balava Karana Tritiya/Chaturthiyam Titau

Stamford, CT

Sun 2 Sutra 283

Vilamba 5120

Simha Rasi: 10.4 Tihi 18 - 19

Gulika 10:52AM - 12:05PM

Yama 8:25AM - 9:39AM

854173366 Rahu 12:05PM - 1:19PM

Magha* Until 10:16AM

Saubhagya Until 10:16AM

Balava Until 9:84AM Thu

Tritiya Until 1:29PM

Ganesha: Purple

Sunrise: 7:12AM

Muruga: Clear

Sunset: 4:59PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 284

Vilamba 5120

Simha Rasi: 25.32 Tihi 19 - 20

Gulika 9:38AM - 10:52AM

Yama 7:11AM - 8:25AM

954173366 Rahu 1:19PM - 2:33PM

Purvaphalguni Until 7:50AM

Sobhana Until 7:40AM

Kaulava Until 9:03PM

Chaturthi* Until 10:24AM

Ganesha: Clear

Sunrise: 7:11AM

Muruga: Clear

Sunset: 5:00PM

Nataraja: Green

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Hasta Nakshatra Sukarma Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Stamford, CT

Sun 4 Sutra 285

Vilamba 5120

Kanya Rasi: 10.04 Tihi 20 - 21

Gulika 8:24AM - 9:38AM

Yama 2:33PM - 3:47PM

964173366 Rahu 10:52AM - 12:06PM

Hasta Until 4:31AM Sat

Sukarma Until 4:31AM Sat

Vanija Until 5:48AM Sat

Panchami Until 7:47AM

Ganesha: Purple

Sunrise: 7:11AM

Muruga: Clear

Sunset: 5:01PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Sun 5 Sutra 286

Vilamba 5120

Kanya Rasi: 24.11 Tihi 22

Gulika 7:10AM - 8:24AM

Yama 1:20PM - 2:34PM

964173366 Rahu 9:38AM - 10:52AM

Chitra Until 3:51AM Sun

Dhriti Until 10:55PM

Visti Until 5:04PM

Saptami Until 4:30AM Sun

Ganesha: Purple

Sunrise: 7:10AM

Muruga: Clear

Sunset: 5:02PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 287

Vilamba 5120

Tula Rasi: 7.52 Tihi 23

Gulika 2:35PM - 3:49PM

Yama 12:06PM - 1:21PM

964173366 Rahu 3:49PM - 5:04PM

Svati Until 3:44AM Mon

Shula* Until 9:06PM

Balava Until 4:08PM

Ashtami* Until 3:56AM Mon

Ganesha: Purple

Sunrise: 7:09AM

Muruga: Clear

Sunset: 5:04PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 7 Sutra 288

Vilamba 5120

Tula Rasi: 21.08 Tihi 24

Gulika 1:21PM - 2:36PM

Yama 10:52AM - 12:06PM

974173366 Rahu 8:23AM - 9:37AM

Vishakha Until 4:40AM Tue

Ganda* Until 7:52PM

Taitila Until 3:58PM

Navami* Until 4:07AM Tue

Ganesha: Clear

Sunrise: 7:08AM

Muruga: Clear

Sunset: 5:05PM

Nataraja: Green

Moon - Orange

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austeriy, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1 Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Stamford, CT
Anuradha Nakshatra Vridhhi Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Sutra 289		Vilamba 5120
Vrischika Rasi: 4.02	Tithi 25	Gulika 12:07PM – 1:22PM	Anuradha Until 6:06AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:07AM	
		Yama 9:37AM – 10:52AM	Vridhhi Until 7:12PM	Muruga: Clear	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 40
	974173366	Rahu 2:36PM – 3:51PM	Vanija Until 4:30PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:00AM Wed	Moon – Orange		Devaloka Day
				Pausha*Thai		

2 Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Stamford, CT
Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 290		Vilamba 5120
Vrischika Rasi: 16.36	Tithi 26	Gulika 10:52AM – 12:07PM	Anuradha Until 6:06AM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	
		Yama 8:22AM – 9:37AM	Dhruva Until 7:00PM	Muruga: Clear	<i>Sunset:</i> 5:07PM	Moon 1 - Phase 40
	974173366	Rahu 12:07PM – 1:22PM	Bava Until 5:42PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:30AM Thu	Moon – Orange		Devaloka Day
				Pausha*Thai		

3 Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Stamford, CT
Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 291		Vilamba 5120
Vrischika Rasi: 28.55	Tithi 26 – 27	Gulika 9:36AM – 10:52AM	Jyeshtha* Until 7:57AM	Ganesha: Clear	<i>Sunrise:</i> 7:05AM	
		Yama 7:05AM – 8:21AM	Vyaghata* Until 7:13PM	Muruga: Clear	<i>Sunset:</i> 5:09PM	Moon 1 - Phase 40
	974173366	Rahu 1:22PM – 2:38PM	Kaulava Until 7:27PM	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 6:30AM	Moon – Orange		Devaloka Day
Until 7:57AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

4 Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Stamford, CT
Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 292		Vilamba 5120
Dhanus Rasi: 11.02	Tithi 27 – 28	Gulika 8:21AM – 9:36AM	Mula* Until 10:35AM	Ganesha: White	<i>Sunrise:</i> 7:05AM	
		Yama 2:38PM – 3:53PM	Harshana Until 7:47PM	Muruga: Clear	<i>Sunset:</i> 5:09PM	Moon 1 - Phase 40
	984173366	Rahu 10:52AM – 12:07PM	Gara Until 9:38PM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 8:28AM	Moon – Light Blue		Bhuloka Day
Until 10:35AM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Stamford, CT
Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 293		Vilamba 5120
Dhanus Rasi: 22.59	Tithi 28 – 29	Gulika 7:05AM – 8:20AM	Purvashadha* Until 1:23PM	Ganesha: White	<i>Sunrise:</i> 7:05AM	
		Yama 1:23PM – 2:38PM	Vajra* Until 1:23PM	Muruga: Clear	<i>Sunset:</i> 5:10PM	Moon 1 - Phase 40
	984173366	Rahu 9:36AM – 10:51AM	Visli Until 11:66PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:49AM	Moon – Light Blue		Bhuloka Day
Until 1:23PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

● Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Stamford, CT
Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 294		Vilamba 5120
Makara Rasi: 4.52	Tithi 29 – 30	Gulika 2:39PM – 3:55PM	Uttarashadha Until 4:15PM	Ganesha: Yellow	<i>Sunrise:</i> 7:04AM	
		Yama 12:07PM – 1:23PM	Siddhi Until 9:27PM	Muruga: Clear	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 40
	985173367	Rahu 3:55PM – 5:11PM	Catuspada Until 2:46AM Mon	Nataraja: White		Amavasya
Creative Work	Amrita Yoga		Chaturdashi* Until 1:24PM	Moon – Light Blue		Devaloka Day
				Pausha*Thai		

Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
Retreat Star		Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 295
Makara Rasi: 16.4	Tithi 30 – 1	Gulika 1:24PM – 2:40PM	Shravana Until 7:32PM	Ganesha: Red	<i>Sunrise:</i> 7:03AM	Vilamba 5120
Family Home Evening		Yama 10:51AM – 12:07PM	Vyatipata* Until 10:27PM	Muruga: Clear	<i>Sunset:</i> 5:12PM	Moon 1 - Phase 40
	995173367	Rahu 8:19AM – 9:35AM	Kintughna Until 5:29AM Tue	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 4:06PM	Moon – Purple		Devaloka Day
Until 7:32PM				Magha*Thai		
Then Creative Work - Siddha Yoga						

1		Tuesday, February 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyian Yoga Bava Karana Prathamayam Titau		Stamford, CT Sun 15 Sutra 296 Vilamba 5120	
Makara Rasi: 28.28	Tithi 1	Gulika	12:07PM – 1:24PM	Dhanishtha Until 10:39PM	Ganesh: Red	<i>Sunrise:</i> 7:01AM			
		Yama	9:34AM – 10:51AM	Variyan Until 11:24PM	Muruga: Clear	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 41		
		995173367 Rahu	2:40PM – 3:57PM	Bava Until 6:48PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Prathama* Until 6:48PM	Moon – Purple		Devaloka Day		
Until 10:39PM					Magha-Thai				
Then Routine Work - Marana Yoga									

2		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Stamford, CT Sun 16 Sutra 297 Vilamba 5120	
Kumbha Rasi: 10.16	Tithi 2	Gulika	10:51AM – 12:08PM	Shatabhishak Until 1:30AM Thu	Ganesh: Red	<i>Sunrise:</i> 7:00AM			
		Yama	8:17AM – 9:34AM	Parigha* Until 12:18AM Thu	Muruga: Clear	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 41		
		995173367 Rahu	12:08PM – 1:24PM	Balava Until 10:40AM Thu	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 11:24PM	Moon – Purple		Devaloka Day		
					Magha-Thai				

3		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 17 Sutra 298 Vilamba 5120	
Kumbha Rasi: 22.08	Tithi 3	Gulika	9:34AM – 10:51AM	Purvaproshtapada* Until 4:29AM Fri	Ganesh: Blue	<i>Sunrise:</i> 6:59AM			
		Yama	6:59AM – 8:16AM	Shiva Until 1:03AM Fri	Muruga: Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 41		
		995173367 Rahu	1:25PM – 2:42PM	Taitila Until 10:40AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 11:50PM	Moon – Clear		Sivaloka Day		
					Magha-Thai				

4		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha Yoga Vanija/Visi* Karana Chaturthyam Titau		Stamford, CT Sun 18 Sutra 299 Vilamba 5120	
Meena Rasi: 4.05	Tithi 4	Gulika	8:16AM – 9:33AM	Uttaraproshtapada Until 7:01AM Sat	Ganesh: Blue	<i>Sunrise:</i> 6:58AM			
		Yama	2:42PM – 4:00PM	Siddha Until 1:33AM Sat	Muruga: Clear	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 41		
		995173367 Rahu	10:50AM – 12:08PM	Vanija Until 12:57PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Chaturthi* Until 1:57AM Sat	Moon – Clear		Sivaloka Day		
Until 7:01AM Sat					Magha-Thai				
Then Routine Work - Prabalarishta Yoga									

5		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sun 19 Sutra 300 Vilamba 5120	
Meena Rasi: 16.08	Tithi 5	Gulika	6:57AM – 8:15AM	Uttaraproshtapada Until 7:01AM	Ganesh: Red	<i>Sunrise:</i> 6:57AM			
		Yama	1:25PM – 2:43PM	Sadhya Until 1:47AM Sun	Muruga: Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 41		
		995273367 Rahu	9:32AM – 10:50AM	Bava Until 15:83AM Sun	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Panchami Until 1:33AM Sat	Moon – Clear		Devaloka Day		
Until 7:01AM					Magha-Thai				
Then Routine Work - Prabalarishta Yoga									

6		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT Sun 20 Sutra 301 Vilamba 5120	
Meena Rasi: 28.22	Tithi 6	Gulika	2:44PM – 4:02PM	Revati Until 8:59AM	Ganesh: Red	<i>Sunrise:</i> 6:56AM			
		Yama	12:08PM – 1:26PM	Subha Until 1:38AM Mon	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 41		
		995273367 Rahu	4:02PM – 5:20PM	Kaulava Until 4:23PM	Nataraja: White		3rd Phase		
Creative Work	Amrita Yoga			Shashthi* Until 4:54AM Mon	Moon – Clear		Devaloka Day		
Until 8:59AM					Magha-Thai				
Then Creative Work - Siddha Yoga									

Monday, February 11, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara Karana Saptamyam Titau		Stamford, CT Sun 21 Sutra 302 Vilamba 5120	
Mesha Rasi: 10.49	Tithi 7	Gulika	1:26PM – 2:44PM	Ashvini Until 10:45AM	Ganesh: Blue	<i>Sunrise:</i> 6:55AM			
Family Home Evening		Yama	10:50AM – 12:08PM	Sukla Until 10:45AM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 41		
		995273367 Rahu	8:13AM – 9:31AM	Gara Until 5:18PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Saptami Until 5:29AM Tue	Moon – White		Bhuloka Day		
					Magha-Thai	Devaloka Time: 12:PM to 3:PM			

Tuesday, February 12, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 22 Sutra 303 Vilamba 5120	
Mesha Rasi: 23.34	Tithi 8	Gulika	12:08PM – 1:26PM	Bharani Until 11:44AM	Ganesh: Blue	<i>Sunrise:</i> 6:54AM			
		Yama	9:31AM – 10:49AM	Brahma Until 11:51PM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 41		
		995273367 Rahu	2:45PM – 4:04PM	Visti Until 5:32PM	Nataraja: White		Ashtami		
Creative Work	Siddha Yoga			Ashtami* Until 5:22AM Wed	Moon – White		Bhuloka Day		
					Magha-Masi	Devaloka Time: 12:PM to 3:PM			

Wednesday, February 13, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 23 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 6.38	Tithi 9	Gulika	10:49AM – 12:08PM	Krittika Until 11:52AM	Ganesh: Yellow	<i>Sunrise:</i> 6:52AM			
		Yama	8:11AM – 9:30AM	Indra Until 10:07PM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 41		
		996273367 Rahu	12:08PM – 1:27PM	Balava Until 5:02PM	Nataraja: White		Navami		
Creative Work	Amrita Yoga			Navami* Until 4:28AM Thu	Moon – White		Devaloka Day		
Until 11:52AM					Magha-Masi				
Then Creative Work - Siddha Yoga									

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang


1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau	Stamford, CT Sun 24 Sutra 305 Vilamba 5120
Vrishabha Rasi: 20.08	Tithi 10	Gulika	9:29AM – 10:49AM	Rohini Until 11:33AM	Ganesh: White	<i>Sunrise:</i> 6:51AM	
		Yama	6:51AM – 8:10AM	Vaidhriti* Until 7:45PM	Muruga: Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 42
Routine Work	Marana Yoga	936273367 Rahu	1:27PM – 2:46PM	Taitila Until 3:45PM	Nataraja: White		4th Phase
				Dashami Until 2:49AM Fri	Moon – Yellow		Sivaloka Day
					Magha-Masi		

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	Stamford, CT Sun 25 Sutra 306 Vilamba 5120
Mithuna Rasi: 4.04	Tithi 11	Gulika	8:09AM – 9:29AM	Mrigashira Until 10:22AM	Ganesh: White	<i>Sunrise:</i> 6:50AM	
		Yama	2:47PM – 4:06PM	Vishkambha* Until 4:51PM	Muruga: Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 42
Creative Work	Siddha Yoga	936273367 Rahu	10:48AM – 12:08PM	Vanija Until 1:45PM	Nataraja: White		4th Phase
				Ekadashi Until 12:30AM Sat	Moon – Yellow		Sivaloka Day
					Magha-Masi		

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvodashyam Titau	Stamford, CT Sun 26 Sutra 307 Vilamba 5120
Mithuna Rasi: 18.27	Tithi 12	Gulika	6:48AM – 8:08AM	Ardra Until 8:23AM	Ganesh: White	<i>Sunrise:</i> 6:48AM	
		Yama	1:28PM – 2:47PM	Priti Until 1:26PM	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 42
Creative Work	Siddha Yoga	936273367 Rahu	9:28AM – 10:48AM	Bava Until 11:07AM	Nataraja: White		4th Phase
				Dvadashi Until 9:35PM	Moon – Yellow		Sivaloka Day
					Magha-Masi		

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Stamford, CT Sun 27 Sutra 308 Vilamba 5120
Kataka Rasi: 3.13	Tithi 13	Gulika	2:48PM – 4:08PM	Punarvasu Until 6:09AM	Ganesh: Clear	<i>Sunrise:</i> 6:47AM	
		Yama	12:08PM – 1:28PM	Ayushman Until 9:36AM	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 42
Creative Work	Siddha Yoga	946273367 Rahu	4:08PM – 5:28PM	Kaulava Until 7:58AM	Nataraja: White		4th Phase
				Trayodashi Until 6:14PM	Moon – Blue		Devaloka Day
					Magha-Masi		

Pradosha Vrata

		Monday, February 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Stamford, CT Sutra 309 Vilamba 5120
Copper Retreat Star		Gulika	1:28PM – 2:49PM	Ashlesha* Until 12:18AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:46AM	
Kataka Rasi: 18.17	Tithi 14 – 15	Yama	10:47AM – 12:08PM	Sobhana Until 1:12AM Tue	Muruga: Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 42
Family Home Evening		946273367 Rahu	8:06AM – 9:27AM	Visti Until 12:43AM Tue	Nataraja: White		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 2:35PM	Moon – Blue		Devaloka Day
				Chidambaram Abhishekam	Magha-Masi		

Tuesday, February 19, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Stamford, CT Sutra 310 Vilamba 5120
Simha Rasi: 3.32	Tithi 15 – 16	Gulika	12:08PM – 1:28PM	Magha* Until 9:24PM	Ganesh: Purple	<i>Sunrise:</i> 6:44AM	
		Yama	9:26AM – 10:47AM	Athiganda* Until 8:52PM	Muruga: Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 42
Creative Work	Siddha Yoga	956273367 Rahu	2:49PM – 4:10PM	Balava Until 8:55PM	Nataraja: White		Prathama
				Purnima* Until 10:48AM	Moon – Red		Sivaloka Day
					Magha-Masi		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 311

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 18.46 Tihi 16 - 17

Gulika 10:46AM - 12:07PM

Yama 8:04AM - 9:25AM

Rahu 12:07PM - 1:29PM

Purvaphalguni Until 12:20AM Fri Th

Sukarma Until 4:38PM

Gara Until 3:30AM Thu

Prathama* Until 7:03AM

Ganesha: Clear

Sunrise: 6:43AM

Muruga: Clear

Sunset: 5:32PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

Creative Work Amrita Yoga

957273367

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Bava Karana Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 3.5 Tihi 18

Gulika 9:25AM - 10:46AM

Yama 6:42AM - 8:03AM

Rahu 1:29PM - 2:50PM

Purvaphalguni Until 12:20AM Fri

Dhriti Until 3:46PM

Vanija Until 1:53PM

Tritiya Until 12:20AM Fri

Ganesha: Clear

Sunrise: 6:42AM

Muruga: Clear

Sunset: 5:33PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

Amrita Yoga

957273367

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava Karana Chaturthayam Titau

Stamford, CT

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 18.37 Tihi 19

Gulika 8:02AM - 9:24AM

Yama 2:51PM - 4:13PM

Rahu 10:46AM - 12:07PM

Hasta Until 1:47PM

Shula* Until 1:47PM

Bava Until 10:57AM

Chaturthi* Until 9:41PM

Ganesha: White

Sunrise: 6:40AM

Muruga: Clear

Sunset: 5:34PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

957273367

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 2.59 Tihi 20

Gulika 6:39AM - 8:01AM

Yama 1:29PM - 2:51PM

Rahu 9:23AM - 10:45AM

Chitra Until 12:16PM

Vriddhi Until 3:20AM Sun

Kaulava Until 8:38AM

Panchami Until 7:43PM

Ganesha: White

Sunrise: 6:39AM

Muruga: Clear

Sunset: 5:36PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 12:16PM

Then Creative Work - Siddha Yoga

957273367

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 16.52 Tihi 21

Gulika 2:52PM - 4:14PM

Yama 12:07PM - 1:29PM

Rahu 4:14PM - 5:37PM

Svati Until 11:21AM

Dhruva Until 1:25AM Mon

Gara Until 7:03AM

Shashthi* Until 6:33PM

Ganesha: White

Sunrise: 6:37AM

Muruga: Clear

Sunset: 5:37PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 11:21AM

Then Routine Work - Marana Yoga

957273367

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Vrischika Rasi: 0.17 Tihi 22

Gulika 1:30PM - 2:52PM

Yama 10:44AM - 12:07PM

Rahu 7:59AM - 9:21AM

Vishakha Until 11:34AM

Vyaghata* Until 12:11AM Tue

Visti Until 6:26AM Tue

Saptami Until 1:25AM Mon

Ganesha: Yellow

Sunrise: 6:36AM

Muruga: Clear

Sunset: 5:38PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 11:34AM

Then Creative Work - Siddha Yoga

977273367

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 13.14 Tihi 23

Gulika 12:07PM - 1:30PM

Yama 9:21AM - 10:44AM

Rahu 2:53PM - 4:16PM

Anuradha Until 12:29PM

Harshana Until 11:39PM

Balava Until 6:26AM

Ashtami* Until 6:47PM

Ganesha: Blue

Sunrise: 6:34AM

Muruga: Clear

Sunset: 5:39PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 12:29PM

Then Routine Work - Marana Yoga

978273367

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Taitila Karana Navamyam Titau

Stamford, CT

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 25.47 Tihi 24

Gulika 10:43AM - 12:07PM

Yama 7:56AM - 9:20AM

Rahu 12:07PM - 1:30PM

Jyeshtha* Until 2:01PM

Vajra* Until 11:39PM

Taitila Until 7:23AM

Navami* Until 8:08PM

Ganesha: Blue

Sunrise: 6:33AM

Muruga: Clear

Sunset: 5:40PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 2:01PM

Then Routine Work - Marana Yoga

978273367

1		Thursday, March 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stamford, CT Sun 15	Sutra 326 Vilamba 5120
Meena Rasi: 1.07	Tithi 1 – 2	Gulika	9:12AM – 10:38AM	Purvaproshtapada* Until 10:24AM	Ganesha: Yellow <i>Sunrise: 6:19AM</i>			
		Yama	6:19AM – 7:45AM	Subha Until 5:58AM Fri	Muruga: Clear <i>Sunset: 5:51PM</i>		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367 Rahu	1:31PM – 2:58PM	Balava Until 2:13AM Fri	Nataraja: White		3rd Phase	
				Prathama* Until 1:15PM	Moon – Clear		Devaloka Day	
					Phalguna-Masi			

2		Friday, March 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Stamford, CT Sun 16	Sutra 327 Vilamba 5120
Meena Rasi: 13.13	Tithi 2 – 3	Gulika	7:44AM – 9:11AM	Uttaraproshtapada Until 12:46PM	Ganesha: Yellow <i>Sunrise: 6:17AM</i>			
		Yama	2:58PM – 4:25PM	Sukla Until 2:38PM Sat	Muruga: Clear <i>Sunset: 5:52PM</i>		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	119373367 Rahu	10:38AM – 12:04PM	Taitila Until 3:53AM Sat	Nataraja: White		3rd Phase	
				Dvitiya Until 3:04PM	Moon – Clear		Devaloka Day	
					Phalguna-Masi			

3		Saturday, March 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Visti* Karana Tritiya/Chaturthiyam Titau	Stamford, CT Sun 17	Sutra 328 Vilamba 5120
Meena Rasi: 25.28	Tithi 3 – 4	Gulika	6:16AM – 7:43AM	Revati Until 2:38PM	Ganesha: Yellow <i>Sunrise: 6:16AM</i>			
		Yama	1:31PM – 2:59PM	Sukla Until 2:38PM	Muruga: Clear <i>Sunset: 5:53PM</i>		Moon 2 - Phase 45	
Routine Work	Prabalarishta Yoga	119373367 Rahu	9:10AM – 10:37AM	Visti Until 17:38AM Sun	Nataraja: White		3rd Phase	
Until 2:38PM				Tritiya Until 4:33PM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day		Phalguna-Masi			

4		Sunday, March 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Stamford, CT Sun 18	Sutra 329 Vilamba 5120
Mesha Rasi: 7.52	Tithi 4 – 5	Gulika	2:59PM – 4:26PM	Ashvini Until 6:16PM Mon	Ganesha: Red <i>Sunrise: 6:14AM</i>			
		Yama	12:04PM – 1:31PM	Indra Until 6:00AM	Muruga: Clear <i>Sunset: 5:54PM</i>		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu	4:26PM – 5:54PM	Bava Until 5:61AM Mon	Nataraja: White		3rd Phase	
Until 6:16PM Mon				Chaturthi* Until 5:59AM Sun	Moon – White		Devaloka Day	
Then Routine Work - Prabalarishta Yoga					Phalguna-Masi			

5		Monday, March 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Krittika Nakshatra Vaidhriti* Yoga Bava Karana Panchamyam Titau	Stamford, CT Sun 19	Sutra 330 Vilamba 5120
Mesha Rasi: 20.27	Tithi 5	Gulika	1:32PM – 2:59PM	Ashvini Until 6:16PM	Ganesha: Red <i>Sunrise: 6:12AM</i>			
Family Home Evening		Yama	10:36AM – 12:04PM	Vaidhriti* Until 4:45AM Tue	Muruga: Clear <i>Sunset: 5:55PM</i>		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu	7:40AM – 9:08AM	Bava Until 6:01AM	Nataraja: White		3rd Phase	
Until 6:16PM				Panchami Until 6:16PM	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga					Phalguna-Masi			

6		Tuesday, March 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau	Stamford, CT Sun 20	Sutra 331 Vilamba 5120
Vrishabha Rasi: 3.15	Tithi 6	Gulika	12:03PM – 1:32PM	Krittika Until 6:17PM	Ganesha: Red <i>Sunrise: 6:11AM</i>			
		Yama	9:07AM – 10:35AM	Vishkambha* Until 3:33AM Wed	Muruga: Clear <i>Sunset: 5:56PM</i>		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	129373367 Rahu	3:00PM – 4:28PM	Kaulava Until 6:25AM	Nataraja: White		3rd Phase	
Until 6:17PM				Shashthi* Until 6:24PM	Moon – White		Devaloka Day	
Then Creative Work - Amrita Yoga					Phalguna-Masi			

		Wednesday, March 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau	Stamford, CT Sun 21	Sutra 332 Vilamba 5120
Retreat Star		Gulika	10:35AM – 12:03PM	Rohini Until 6:39PM	Ganesha: Purple <i>Sunrise: 6:09AM</i>			
Vrishabha Rasi: 16.19	Tithi 7 – 8	Yama	7:38AM – 9:06AM	Priti Until 1:54AM Thu	Muruga: Clear <i>Sunset: 5:57PM</i>		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367 Rahu	12:03PM – 1:32PM	Gara Until 6:17AM	Nataraja: White		3rd Phase	
				Saptami Until 5:59PM	Moon – Yellow		Sivaloka Day	
					Phalguna-Masi			

Retreat Star		Thursday, March 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Stamford, CT Sun 22	Sutra 333 Vilamba 5120
Vrishabha Rasi: 29.41	Tithi 8 – 9	Gulika	9:05AM – 10:34AM	Mrigashira Until 6:15PM	Ganesha: Purple <i>Sunrise: 6:08AM</i>			
		Yama	6:08AM – 7:36AM	Ayushman Until 11:44PM	Muruga: Clear <i>Sunset: 5:58PM</i>		Moon 2 - Phase 45	
Routine Work	Marana Yoga	131373367 Rahu	1:32PM – 3:01PM	Balava Until 4:12AM Fri	Nataraja: White		Ashtami	
				Ashtami* Until 4:56PM	Moon – Yellow		Sivaloka Day	
			Karadayyan Nombu (Tamil Nadu)		Phalguna-Panguni			

Retreat Star		Friday, March 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Stamford, CT Sun 23	Sutra 334 Vilamba 5120
Mithuna Rasi: 13.25	Tithi 9 – 10	Gulika	7:35AM – 9:04AM	Ardra Until 5:07PM	Ganesha: Purple <i>Sunrise: 6:06AM</i>			
		Yama	3:01PM – 4:30PM	Saubhagya Until 9:05PM	Muruga: Clear <i>Sunset: 5:59PM</i>		Moon 2 - Phase 45	
Creative Work	Siddha Yoga	131373367 Rahu	10:33AM – 12:03PM	Taitila Until 2:14AM Sat	Nataraja: Clear		Navami	
				Navami* Until 3:17PM	Moon – Yellow		Subha Sivaloka Day	
					Phalguna-Panguni			

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT
Mithuna Rasi: 27.32	Tithi 10 – 11	Gulika 6:04AM – 7:34AM	Punarvasu Until 3:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:04AM	Sun 24 Sutra 335
		Yama 1:32PM – 3:01PM	Sobhana Until 6:00PM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Vilamba 5120
Creative Work	Siddha Yoga	141373368 Rahu 9:03AM – 10:33AM	Vanija Until 11:44PM	Nataraja: Clear		Moon 2 - Phase 46
			Dashami Until 1:02PM	Moon – Blue		4th Phase
				Phalguna•Panguni		Sivaloka Day

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
Kataka Rasi: 12	Tithi 11 – 12	Gulika 3:02PM – 4:32PM	Pushya Until 1:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:03AM	Sun 25 Sutra 336
		Yama 12:02PM – 1:32PM	Athiganda* Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 6:02PM	Vilamba 5120
Creative Work	Siddha Yoga	141373368 Rahu 4:32PM – 6:02PM	Bava Until 8:45PM	Nataraja: Clear		Moon 2 - Phase 46
			Ekadashi Until 6:00PM	Moon – Blue		4th Phase
				Phalguna•Panguni		Sivaloka Day

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Stamford, CT
Kataka Rasi: 26.47	Tithi 12 – 13	Gulika 1:32PM – 3:02PM	Ashlesha* Until 11:01AM	Ganesh: Clear	<i>Sunrise:</i> 6:01AM	Sun 26 Sutra 337
Family Home Evening		Yama 10:32AM – 12:02PM	Sukarma Until 10:40AM	Muruga: Clear	<i>Sunset:</i> 6:03PM	Vilamba 5120
Creative Work	Siddha Yoga	141373368 Rahu 7:31AM – 9:01AM	Taitila Until 3:41AM Tue	Nataraja: Clear		Moon 2 - Phase 46
Until 11:01AM			Dvadashi Until 7:07AM	Moon – Blue		4th Phase
Then Routine Work - Marana Yoga		Yogaswami Mahasamadhi		Phalguna•Panguni		Sivaloka Day
			<i>Pradosha Vrata</i>			

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
Simha Rasi: 11.47	Tithi 14	Gulika 12:01PM – 1:32PM	Magha* Until 8:27AM	Ganesh: White	<i>Sunrise:</i> 5:59AM	Sun 27 Sutra 338
		Yama 9:00AM – 10:31AM	Dhriti Until 6:40AM	Muruga: Clear	<i>Sunset:</i> 6:04PM	Vilamba 5120
Creative Work	Siddha Yoga	151373368 Rahu 3:03PM – 4:33PM	Gara Until 1:56PM	Nataraja: Clear		Moon 2 - Phase 46
			Chaturdashi* Until 12:08AM Wed	Moon – Red		4th Phase
				Phalguna•Panguni		Subha Sivaloka Day

Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
Copper Retreat Star		Gulika 10:30AM – 12:01PM	Uttaraphalguni Until 2:50AM Thu	Ganesh: White	<i>Sunrise:</i> 5:58AM	Sutra 339
Simha Rasi: 26.52	Tithi 15	Yama 7:28AM – 8:59AM	Ganda* Until 10:31PM	Muruga: Clear	<i>Sunset:</i> 6:05PM	Vilamba 5120
Creative Work	Amrita Yoga	151373368 Rahu 12:01PM – 1:32PM	Visti Until 10:23AM	Nataraja: Clear		Moon 2 - Phase 46
Until 2:50AM Thu			Purnima* Until 8:37PM	Moon – Red		Purnima
Then Routine Work - Marana Yoga		Panguni Uttiram		Phalguna•Panguni		Subha Sivaloka Day
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Stamford, CT
Silver Retreat Star		Gulika 8:58AM – 10:30AM	Hasta Until 12:33AM Fri	Ganesh: Yellow	<i>Sunrise:</i> 5:56AM	Sutra 340
Kanya Rasi: 11.52	Tithi 16 – 17	Yama 5:56AM – 7:27AM	Vriddhi Until 6:41PM	Muruga: White	<i>Sunset:</i> 6:06PM	Vilamba 5120
Routine Work	Marana Yoga	161383368 Rahu 1:32PM – 3:03PM	Balava Until 6:57AM	Nataraja: Clear		Moon 2 - Phase 46
Until 12:33AM Fri			Prathama* Until 5:19PM	Moon – Green		Prathama
Then Creative Work - Siddha Yoga				Phalguna•Panguni		Devaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam

Stamford, CT

Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 341

Kanya Rasi: 26.39 Tihi 17 - 18

Gulika 7:26AM - 8:57AM

Chitra Until 10:33PM

Ganesha: Yellow Sunrise: 5:54AM

Vilamba 5120

Yama 3:04PM - 4:35PM

Dhruva Until 3:08PM

Muruga: White Sunset: 6:07PM

Moon 3 - Phase 47

162383368 Rahu 10:29AM - 12:01PM

Vanija Until 1:09AM Sat

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 2:24PM

Moon - Green
Phalguna-Panguni

Devaloka Day

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam

Stamford, CT

Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 342

Tula Rasi: 11.05 Tihi 18 - 19

Gulika 5:53AM - 7:24AM

Svati Until 9:02PM

Ganesha: Blue Sunrise: 5:53AM

Vilamba 5120

Yama 1:32PM - 3:04PM

Vyaghata* Until 12:03PM

Muruga: White Sunset: 6:08PM

Moon 3 - Phase 47

162383368 Rahu 8:56AM - 10:28AM

Bava Until 11:07PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 3:08PM

Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam

Stamford, CT

Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 343

Tula Rasi: 25.05 Tihi 19 - 20

Gulika 3:05PM - 4:37PM

Vishakha Until 8:31PM

Ganesha: Red Sunrise: 5:51AM

Vilamba 5120

Yama 12:00PM - 1:32PM

Harshana Until 9:33AM

Muruga: White Sunset: 6:09PM

Moon 3 - Phase 47

172383368 Rahu 4:37PM - 6:09PM

Kaulava Until 9:50PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 10:21AM

Moon - Orange
Phalguna-Panguni

Devaloka Day

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam

Stamford, CT

Anuradha Nakshatra Vajra*/Siddhi Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 344

Vrischika Rasi: 9 Tihi 20 - 21

Gulika 1:32PM - 3:05PM

Anuradha Until 8:43PM

Ganesha: Red Sunrise: 5:49AM

Vilamba 5120

Family Home Evening

Yama 10:27AM - 12:00PM

Vajra* Until 7:41AM

Muruga: White Sunset: 6:10PM

Moon 3 - Phase 47

172383368 Rahu 7:22AM - 8:54AM

Gara Until 9:24PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 9:29AM

Moon - Orange
Phalguna-Panguni

Devaloka Day

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Stamford, CT

Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 345

Vrischika Rasi: 21.39 Tihi 21 - 22

Gulika 11:59AM - 1:32PM

Jyeshtha* Until 10:24AM Wed

Ganesha: Red Sunrise: 5:47AM

Vilamba 5120

Yama 8:53AM - 10:26AM

Siddhi Until 6:31AM

Muruga: White Sunset: 6:11PM

Moon 3 - Phase 47

172383368 Rahu 3:05PM - 4:38PM

Visti Until 9:52PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi* Until 9:30AM

Moon - Orange
Phalguna-Panguni

Devaloka Day

Until 10:24AM Wed

Then Creative Work - Amrita Yoga

D

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Stamford, CT

Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 346

Dhanus Rasi: 4.16 Tihi 22 - 23

Gulika 10:26AM - 11:59AM

Jyeshtha* Until 10:24AM

Ganesha: Green Sunrise: 5:46AM

Vilamba 5120

Yama 7:19AM - 8:52AM

Vyatipata* Until 5:69AM Thu

Muruga: White Sunset: 6:12PM

Moon 3 - Phase 47

182383368 Rahu 11:59AM - 1:32PM

Balava Until 11:10PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Saptami Until 10:24AM

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 10:24AM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Stamford, CT

Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtami/Navamyam Titau

Sun 7 Sutra 347

Dhanus Rasi: 16.33 Tihi 23 - 24

Gulika 8:51AM - 10:25AM

Purvashadha* Until 2:10AM Fri

Ganesha: Green Sunrise: 5:44AM

Vilamba 5120

Yama 5:44AM - 7:18AM

Variyan Until 2:10AM Fri

Muruga: White Sunset: 6:13PM

Moon 3 - Phase 47

182383368 Rahu 1:32PM - 3:06PM

Kaulava Until 12:04PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 12:04PM

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 2:10AM Fri

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudev.org/panchang

1 Friday, March 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Navami/Dashyam Titau				Stamford, CT Sun 8 Sutra 348 Vilamba 5120
Dhanus Rasi: 28.34	Tithi 24 – 25	Gulika 7:16AM – 8:50AM	Uttarashadha Until 4:54PM Sat	Ganesha: Green <i>Sunrise:</i> 5:42AM		
		Yama 3:06PM – 4:40PM	Parigha* Until 6:45AM	Muruga: Yellow <i>Sunset:</i> 6:14PM		Moon 3 - Phase 48
		182383468 Rahu 10:24AM – 11:58AM	Vanija Until 3:36AM Sat	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Navami* Until 6:45AM Fri	Moon – Light Blue	Devaloka Day	
Until 4:54PM Sat				Phalguna•Panguni		
Then Creative Work - Siddha Yoga						

2 Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 10.25	Tithi 25 – 26	Gulika 5:41AM – 7:15AM	Uttarashadha Until 4:54PM	Ganesha: Orange <i>Sunrise:</i> 5:41AM		
		Yama 1:33PM – 3:07PM	Shiva Until 8:45AM Sun	Muruga: Yellow <i>Sunset:</i> 6:16PM		Moon 3 - Phase 48
		192383468 Rahu 8:49AM – 10:24AM	Bava Until 6:17AM Sun	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:54PM	Moon – Purple	Sivaloka Day	
				Phalguna•Panguni		

3 Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 22.12	Tithi 26	Gulika 3:07PM – 4:42PM	Shravana Until 8:17AM	Ganesha: Orange <i>Sunrise:</i> 5:39AM		
		Yama 11:58AM – 1:33PM	Siddha Until 8:45AM	Muruga: Yellow <i>Sunset:</i> 6:17PM		Moon 3 - Phase 48
		192383468 Rahu 4:42PM – 6:17PM	Bava Until 6:17AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 7:36PM	Moon – Purple	Sivaloka Day	
Until 8:17AM				Phalguna•Panguni		
Then Routine Work - Marana Yoga						

4 Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Dvadashyam Titau				Stamford, CT Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 3.59	Tithi 27	Gulika 1:33PM – 3:07PM	Dhanishtha Until 11:25AM	Ganesha: Green <i>Sunrise:</i> 5:39AM		
Family Home Evening		Yama 10:23AM – 11:58AM	Sadhya Until 11:25AM	Muruga: Yellow <i>Sunset:</i> 6:17PM		Moon 3 - Phase 48
		192483468 Rahu 7:14AM – 8:49AM	Kaulava Until 8:56AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:11PM	Moon – Purple	Subha Sivaloka Day	
				Phalguna•Panguni		

5 Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 15.51	Tithi 28	Gulika 11:58AM – 1:33PM	Shatabhishak Until 2:10PM	Ganesha: Green <i>Sunrise:</i> 5:37AM		
		Yama 8:48AM – 10:23AM	Subha Until 10:41AM	Muruga: Yellow <i>Sunset:</i> 6:18PM		Moon 3 - Phase 48
		192483468 Rahu 3:08PM – 4:43PM	Gara Until 11:23AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 12:28AM Wed	Moon – Purple	Subha Sivaloka Day	
				Phalguna•Panguni		
				<i>Pradosha Vrata (Fasting)</i>		

6 Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stamford, CT Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 27.49	Tithi 29	Gulika 10:22AM – 11:57AM	Purvaproshtapada* Until 3:51AM Fri T	Ganesha: Orange <i>Sunrise:</i> 5:36AM		
		Yama 7:11AM – 8:47AM	Sukla Until 11:17AM	Muruga: Yellow <i>Sunset:</i> 6:19PM		Moon 3 - Phase 48
		112483468 Rahu 11:57AM – 1:33PM	Visti Until 14:71AM Thu	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 10:41AM	Moon – Clear	Sivaloka Day	
Until 3:51AM Fri Thu				Phalguna•Panguni		
Then Creative Work - Siddha Yoga						

● Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT Sun 14 Sutra 354 Vilamba 5120
Retreat Star		Gulika 8:46AM – 10:21AM	Purvaproshtapada* Until 3:51AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:34AM		
Meena Rasi: 9.58	Tithi 30	Yama 5:34AM – 7:10AM	Brahma Until 11:37AM Fri	Muruga: Yellow <i>Sunset:</i> 6:20PM		Moon 3 - Phase 48
		112483468 Rahu 1:33PM – 3:08PM	Catuspada Until 3:11PM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 3:51AM Fri	Moon – Clear	Sivaloka Day	
				Phalguna•Panguni		

Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT Sun 15 Sutra 355 Vilamba 5120
Retreat Star		Gulika 7:09AM – 8:45AM	Revati Until 8:42PM	Ganesha: Light Blue <i>Sunrise:</i> 5:33AM		
Meena Rasi: 22.16	Tithi 1	Yama 3:09PM – 4:45PM	Indra Until 11:37AM	Muruga: Yellow <i>Sunset:</i> 6:21PM		Moon 3 - Phase 48
		113483468 Rahu 10:21AM – 11:57AM	Kintughna Until 4:27PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:54AM Sat	Moon – Clear	Devaloka Day	
Until 8:42PM		Yugadhi		Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
Mesha Rasi: 4.46	Tithi 2	Gulika	5:31AM – 7:07AM	Ashvini Until 10:13PM	Ganesh: Purple	<i>Sunrise:</i> 5:31AM	Sun 16	Sutra 356
		Yama	1:33PM – 3:09PM	Vaidhriti* Until 11:15AM	Muruga: Yellow	<i>Sunset:</i> 6:22PM		Vilamba 5120
		123483468 Rahu	8:44AM – 10:20AM	Balava Until 5:17PM	Nataraja: Purple			Moon 3 - Phase 49
Creative Work	Siddha Yoga				Moon – White			3rd Phase
		Chellappaswami Mahasamadhi		Dvitiya Until 5:31AM Sun	Chaitra-Panguni			Devaloka Day

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau				Stamford, CT
Mesha Rasi: 17.27	Tithi 3	Gulika	3:10PM – 4:46PM	Bharani Until 11:12PM	Ganesh: Purple	<i>Sunrise:</i> 5:29AM	Sun 17	Sutra 357
		Yama	11:56AM – 1:33PM	Vishkambha* Until 10:36AM	Muruga: Yellow	<i>Sunset:</i> 6:23PM		Vilamba 5120
		123483468 Rahu	4:46PM – 6:23PM	Tailila Until 5:42PM	Nataraja: Purple			Moon 3 - Phase 49
Routine Work	Prabalarishta Yoga				Moon – White			3rd Phase
Until 11:12PM				Tritiya Until 5:45AM Mon	Chaitra-Panguni			Devaloka Day
Then Creative Work - Siddha Yoga								

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau				Stamford, CT
Vrishabha Rasi: 0.19	Tithi 4	Gulika	1:33PM – 3:10PM	Krittika Until 11:39PM	Ganesh: Purple	<i>Sunrise:</i> 5:28AM	Sun 18	Sutra 358
Family Home Evening		Yama	10:19AM – 11:56AM	Priti Until 9:40AM	Muruga: Yellow	<i>Sunset:</i> 6:24PM		Vilamba 5120
		123483468 Rahu	7:05AM – 8:42AM	Vanija Until 5:45PM	Nataraja: Purple			Moon 3 - Phase 49
Routine Work	Marana Yoga				Moon – White			3rd Phase
Until 11:39PM				Chaturthi* Until 5:37AM Tue	Chaitra-Panguni			Devaloka Day
Then Creative Work - Amrita Yoga								

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava Karana Panchamyam Titau				Stamford, CT
Vrishabha Rasi: 13.22	Tithi 5	Gulika	11:56AM – 1:33PM	Rohini Until 12:03AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:26AM	Sun 19	Sutra 359
		Yama	8:41AM – 10:18AM	Ayushman Until 8:25AM	Muruga: Yellow	<i>Sunset:</i> 6:25PM		Vilamba 5120
		123483468 Rahu	3:10PM – 4:48PM	Bava Until 5:26PM	Nataraja: Purple			Moon 3 - Phase 49
Creative Work	Amrita Yoga				Moon – Yellow			3rd Phase
Until 12:03AM Wed				Panchami Until 5:07AM Wed	Chaitra-Panguni			Sivaloka Day
Then Creative Work - Siddha Yoga								

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Shashthiyam Titau				Stamford, CT
Vrishabha Rasi: 26.37	Tithi 6	Gulika	10:18AM – 11:55AM	Mrigashira Until 11:56PM	Ganesh: Clear	<i>Sunrise:</i> 5:24AM	Sun 20	Sutra 360
		Yama	7:02AM – 8:40AM	Saubhagya Until 6:53AM	Muruga: Yellow	<i>Sunset:</i> 6:26PM		Vilamba 5120
		123483468 Rahu	11:55AM – 1:33PM	Kaulava Until 15:39AM Thu	Nataraja: Purple			Moon 3 - Phase 49
Creative Work	Siddha Yoga				Moon – Yellow			3rd Phase
				Shashthi* Until 8:25AM	Chaitra-Panguni			Sivaloka Day

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
Mithuna Rasi: 10.05	Tithi 7	Gulika	8:39AM – 10:17AM	Ardra Until 11:16PM	Ganesh: Clear	<i>Sunrise:</i> 5:23AM	Sun 21	Sutra 361
		Yama	5:23AM – 7:01AM	Athiganda* Until 2:53AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:27PM		Vilamba 5120
		123483468 Rahu	1:33PM – 3:11PM	Gara Until 3:39PM	Nataraja: Purple			Moon 3 - Phase 49
Routine Work	Marana Yoga				Moon – Yellow			3rd Phase
Until 11:16PM				Saptami Until 2:56AM Fri	Chaitra-Panguni			Sivaloka Day
Then Creative Work - Amrita Yoga								

Retreat Star		Friday, April 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT
Mithuna Rasi: 23.46	Tithi 8	Gulika	7:00AM – 8:38AM	Punarvasu Until 10:29PM	Ganesh: White	<i>Sunrise:</i> 5:21AM	Sun 22	Sutra 362
		Yama	3:11PM – 4:50PM	Sukarma Until 12:23AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:28PM		Vilamba 5120
		143483468 Rahu	10:16AM – 11:55AM	Visti Until 11:73AM Sat	Nataraja: Purple			Moon 3 - Phase 49
Creative Work	Siddha Yoga				Moon – Blue			Ashtami
Until 10:29PM				Ashtami* Until 2:53AM Fri	Chaitra-Panguni			Devaloka Day
Then Routine Work - Marana Yoga								

Retreat Star		Saturday, April 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
Kataka Rasi: 7.43	Tithi 9	Gulika	5:20AM – 6:58AM	Pushya Until 9:09PM	Ganesh: White	<i>Sunrise:</i> 5:20AM	Sun 23	Sutra 363
		Yama	1:33PM – 3:12PM	Dhriti Until 9:35PM	Muruga: Yellow	<i>Sunset:</i> 6:29PM		Vilamba 5120
		143483468 Rahu	8:37AM – 10:16AM	Balava Until 12:13PM	Nataraja: Purple			Moon 3 - Phase 49
Creative Work	Siddha Yoga				Moon – Blue			Navami
Until 9:09PM				Navami* Until 11:06PM	Chaitra-Panguni			Devaloka Day
Then Routine Work - Marana Yoga								

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

www.gurudeva.org/panchang

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 364		Vikarin 5121
Kataka Rasi: 21.55	Tithi 10	Gulika 3:12PM – 4:51PM	Ashlesha* Until 7:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	
		Yama 11:54AM – 1:33PM	Shula* Until 6:27PM	Muruga: Yellow	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 1
	243483468	Rahu 4:51PM – 6:30PM	Taitila Until 9:55AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:37PM	Moon – Blue		Sivaloka Day
Until 7:19PM		Tamil New Year		Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 1		Vikarin 5121
Simha Rasi: 6.22	Tithi 11 – 12	Gulika 1:33PM – 3:13PM	Magha* Until 5:27PM	Ganesha: White	<i>Sunrise:</i> 5:16AM	
Family Home Evening		Yama 10:15AM – 11:54AM	Ganda* Until 3:05PM	Muruga: Yellow	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 1
	253483468	Rahu 6:56AM – 8:35AM	Vanija Until 7:16AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 5:50PM	Moon – Red		Devaloka Day
Until 5:27PM				Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 2		Vikarin 5121
Simha Rasi: 20.59	Tithi 12 – 13	Gulika 11:54AM – 1:33PM	Purvaphalguni Until 3:16PM	Ganesha: White	<i>Sunrise:</i> 5:15AM	
		Yama 8:34AM – 10:14AM	Vridhi Until 11:33AM	Muruga: Yellow	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 1
	253483468	Rahu 3:13PM – 4:53PM	Kaulava Until 1:22AM Wed	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:52PM	Moon – Red		Devaloka Day
Until 3:16PM				Chaitra•Chaitra		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Stamford, CT
Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 3		Vikarin 5121
Kanya Rasi: 5.41	Tithi 13 – 14	Gulika 10:13AM – 11:53AM	Uttaraphalguni Until 12:53PM	Ganesha: White	<i>Sunrise:</i> 5:13AM	
		Yama 6:53AM – 8:33AM	Dhruva Until 7:56AM	Muruga: Yellow	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 1
	253483468	Rahu 11:53AM – 1:33PM	Gara Until 10:22PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 11:50AM	Moon – Red		Devaloka Day
Until 12:53PM				Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Stamford, CT
Copper Retreat Star		Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 4
Kanya Rasi: 20.22	Tithi 14 – 15	Gulika 8:33AM – 10:13AM	Hasta Until 6:09AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	Vikarin 5121
		Yama 5:12AM – 6:52AM	Harshana Until 12:59AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 1
	263483468	Rahu 1:34PM – 3:14PM	Visti Until 7:30PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 8:53AM	Moon – Green		Sivaloka Day
Until 6:09AM Fri		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Stamford, CT
Silver Retreat Star		Hasta/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 5
Tula Rasi: 4.53	Tithi 15 – 16	Gulika 6:51AM – 8:32AM	Hasta Until 6:09AM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	Vikarin 5121
		Yama 3:14PM – 4:55PM	Vajra* Until 9:51PM	Muruga: Yellow	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 1
	263483468	Rahu 10:12AM – 11:53AM	Kaulava Until 3:49AM Sat	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:09AM	Moon – Green		Sivaloka Day
				Chaitra•Chaitra		