



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Varyan Yoga Gara Karana Dvitiyayam Titau

St. Helena, CA

Vrischika Rasi: 5.13    Tihti 17

273832369

**Gulika** 12:06PM – 1:50PM  
**Yama** 8:40AM – 10:23AM  
**Rahu** 3:33PM – 5:17PM

**Anuradha Until 4:05AM Wed**  
Varyan Until 7:48PM  
Gara Until 6:09PM  
**Dvitiya Until 6:09PM**

**Ganesha:** Purple    *Sunrise:* 5:13AM  
**Muruga:** White    *Sunset:* 7:00PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Creative Work    Siddha Yoga

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

St. Helena, CA

Vrischika Rasi: 17.38    Tihti 18

273832369

**Gulika** 10:23AM – 12:06PM  
**Yama** 6:55AM – 8:39AM  
**Rahu** 12:06PM – 1:50PM

**Jyeshtha\* Until 6:08AM Thu**  
Parigha\* Until 7:56PM  
Vanija Until 6:49AM  
**Tritiya Until 7:34PM**

**Ganesha:** Purple    *Sunrise:* 5:11AM  
**Muruga:** White    *Sunset:* 7:01PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Sun 1    Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

Creative Work    Siddha Yoga

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Vrischika Rasi: 29.5    Tihti 19

274832369

**Gulika** 8:38AM – 10:22AM  
**Yama** 5:10AM – 6:54AM  
**Rahu** 1:50PM – 3:34PM

**Jyeshtha\* Until 6:08AM**  
Shiva Until 8:28PM  
Bava Until 8:30AM  
**Chaturthi\* Until 9:30PM**

**Ganesha:** Clear    *Sunrise:* 5:10AM  
**Muruga:** White    *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Sun 2    Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Routine Work    Prabalarishta Yoga  
Until 6:08AM  
Then Creative Work - Siddha Yoga

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Dhanus Rasi: 11.5    Tihti 20

284832369

**Gulika** 6:53AM – 8:38AM  
**Yama** 3:35PM – 5:19PM  
**Rahu** 10:22AM – 12:06PM

**Mula\* Until 8:59AM**  
Siddha Until 9:17PM  
Kaulava Until 10:39AM  
**Panchami Until 11:50PM**

**Ganesha:** White    *Sunrise:* 5:09AM  
**Muruga:** White    *Sunset:* 7:03PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Sun 3    Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 8:59AM  
Then Routine Work - Prabalarishta Yoga

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Dhanus Rasi: 23.43    Tihti 21

284832369

**Gulika** 5:08AM – 6:53AM  
**Yama** 1:51PM – 3:35PM  
**Rahu** 8:37AM – 10:22AM

**Purvashadha\* Until 11:59AM**  
Sadhya Until 10:18PM  
Gara Until 1:07PM  
**Shashthi\* Until 2:23AM Sun**

**Ganesha:** White    *Sunrise:* 5:08AM  
**Muruga:** White    *Sunset:* 7:04PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Sun 4    Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 11:59AM  
Then Routine Work - Marana Yoga

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\*/Bava Karana Saptamyam Titau

St. Helena, CA

Makara Rasi: 5.31    Tihti 22

284832369

**Gulika** 3:36PM – 5:20PM  
**Yama** 12:06PM – 1:51PM  
**Rahu** 5:20PM – 7:05PM

**Uttarashadha Until 2:55PM**  
Subha Until 11:22PM  
Visti Until 3:42PM  
**Saptami Until 4:56AM Mon**

**Ganesha:** White    *Sunrise:* 5:07AM  
**Muruga:** White    *Sunset:* 7:05PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Sun 5    Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Balava Karana Ashtamyam Titau

St. Helena, CA

Makara Rasi: 17.2    Tihti 23

294832369

**Gulika** 1:51PM – 3:36PM  
**Yama** 10:21AM – 12:06PM  
**Rahu** 6:51AM – 8:36AM

**Shravana Until 6:04PM**  
Sukla Until 12:14AM Tue  
Balava Until 6:08PM  
**Ashtami\* Until 7:12AM Tue**

**Ganesha:** Yellow    *Sunrise:* 5:06AM  
**Muruga:** White    *Sunset:* 7:06PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Sun 6    Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Creative Work    Amrita Yoga  
Until 6:04PM  
Then Creative Work - Siddha Yoga

**Chidambaram Abhishekam**

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Makara Rasi: 29.16    Tihti 23 – 24

294832369

**Gulika** 12:06PM – 1:51PM  
**Yama** 8:35AM – 10:21AM  
**Rahu** 3:36PM – 5:22PM

**Dhanishtha Until 8:40PM**  
Brahma Until 12:46AM Wed  
Taitila Until 8:10PM  
**Ashtami\* Until 7:12AM**

**Ganesha:** Yellow    *Sunrise:* 5:05AM  
**Muruga:** White    *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Sun 7    Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Creative Work    Siddha Yoga  
Until 8:40PM  
Then Routine Work - Marana Yoga

<b>1</b>		<b>Wednesday, May 9, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau	St. Helena, CA Sun 8 Sutra 24 Vilamba 5120
Kumbha Rasi: 11.24	Tithi 24 – 25	<b>Gulika</b>	<b>10:20AM – 12:06PM</b>	<b>Shatabhishak Until 10:30PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:04AM	
		Yama	6:49AM – 8:35AM	Indra Until 12:49AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 4
		294832369 <b>Rahu</b>	<b>12:06PM – 1:51PM</b>	Vanija Until 9:35PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Navami* Until 8:57AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 10:30PM					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, May 10, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	St. Helena, CA Sun 9 Sutra 25 Vilamba 5120
Kumbha Rasi: 23.49	Tithi 25 – 26	<b>Gulika</b>	<b>8:34AM – 10:20AM</b>	<b>Purvaproshtapada* Until 11:55PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:03AM	
		Yama	5:03AM – 6:49AM	Vaidhriti* Until 12:14AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 4
		214832369 <b>Rahu</b>	<b>1:52PM – 3:37PM</b>	Bava Until 10:14PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Dashami Until 10:00AM</b>	Moon – Clear		<b>Bhuloka Day</b>
					<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM

<b>3</b>		<b>Friday, May 11, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	St. Helena, CA Sun 10 Sutra 26 Vilamba 5120
Meena Rasi: 7	Tithi 26 – 27	<b>Gulika</b>	<b>6:48AM – 8:34AM</b>	<b>Uttaraproshtapada Until 12:22AM Sat</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:02AM	
		Yama	3:38PM – 5:24PM	Vishkambha* Until 11:01PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 4
		214932369 <b>Rahu</b>	<b>10:20AM – 12:06PM</b>	Kaulava Until 10:03PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 10:14AM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 12:22AM Sat					<b>Vaisaka-Chaitra</b>		
Then Routine Work - Prabalarishta Yoga							

<b>4</b>		<b>Saturday, May 12, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	St. Helena, CA Sun 11 Sutra 27 Vilamba 5120
Meena Rasi: 19.47	Tithi 27 – 28	<b>Gulika</b>	<b>5:01AM – 6:47AM</b>	<b>Revati Until 11:53PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:01AM	
		Yama	1:52PM – 3:38PM	Priti Until 9:10PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 4
		214932369 <b>Rahu</b>	<b>8:33AM – 10:19AM</b>	Gara Until 9:05PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Prabalarishta Yoga			<b>Dvadashi* Until 9:39AM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 11:53PM					<b>Vaisaka-Chaitra</b>		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Sunday, May 13, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	St. Helena, CA Sun 12 Sutra 28 Vilamba 5120
Mesha Rasi: 3.25	Tithi 28 – 29	<b>Gulika</b>	<b>3:39PM – 5:25PM</b>	<b>Ashvini Until 11:01PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:00AM	
		Yama	12:06PM – 1:52PM	Ayushman Until 6:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 4
		224932369 <b>Rahu</b>	<b>5:25PM – 7:11PM</b>	Visti Until 7:24PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 8:18AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 11:01PM					<b>Vaisaka-Chaitra</b>		
Then Routine Work - Prabalarishta Yoga							

<b>Monday, May 14, 2018</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	St. Helena, CA Sun 13 Sutra 29 Vilamba 5120
Mesha Rasi: 17.26	Tithi 29 – 30	<b>Gulika</b>	<b>1:52PM – 3:39PM</b>	<b>Bharani Until 9:28PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 4:59AM	
<b>Family Home Evening</b>		Yama	10:19AM – 12:06PM	Saubhagya Until 3:51PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 4
		224932369 <b>Rahu</b>	<b>6:46AM – 8:32AM</b>	Naga Until 3:51AM Tue	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:20AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 9:28PM					<b>Vaisaka-Vaikasi</b>		
Then Routine Work - Marana Yoga							

<b>Tuesday, May 15, 2018</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau	St. Helena, CA Sun 14 Sutra 30 Vilamba 5120
Vrishabha Rasi: 1.47	Tithi 1	<b>Gulika</b>	<b>12:06PM – 1:53PM</b>	<b>Krittika Until 7:22PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:58AM	
		Yama	8:32AM – 10:19AM	Sobhana Until 12:37PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 4
		225932369 <b>Rahu</b>	<b>3:39PM – 5:26PM</b>	Kintughna Until 2:29PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 1:01AM Wed</b>	Moon – White		<b>Bhuloka Day</b>
Until 7:22PM					<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, May 16, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau	St. Helena, CA Sun 15 Sutra 31 Vilamba 5120
Vrishabha Rasi: 16.23	Tithi 2	<b>Gulika</b> 10:19AM – 12:06PM	<b>Rohini</b> Until 5:20PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:57AM		
		Yama 6:44AM – 8:31AM	Athiganda* Until 9:08AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 5	
235932369	<b>Rahu</b> 12:06PM – 1:53PM		Balava Until 11:33AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 10:01PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM		

<b>2</b>		<b>Thursday, May 17, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau	St. Helena, CA Sun 16 Sutra 32 Vilamba 5120
Mithuna Rasi: 1.05	Tithi 3	<b>Gulika</b> 8:31AM – 10:18AM	<b>Mrigashira</b> Until 3:05PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:56AM		
		Yama 4:56AM – 6:44AM	Dhriti Until 2:00AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 5	
235932369	<b>Rahu</b> 1:53PM – 3:40PM		Taitila Until 8:30AM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya</b> Until 6:58PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM		

<b>3</b>		<b>Friday, May 18, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Yaga Visti*/Bava Karana Chaturthi/Panchamyam Titau	St. Helena, CA Sun 17 Sutra 33 Vilamba 5120
Mithuna Rasi: 15.47	Tithi 4 – 5	<b>Gulika</b> 6:43AM – 8:31AM	<b>Ardra</b> Until 12:46PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:56AM		
		Yama 3:41PM – 5:28PM	Shula* Until 10:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 5	
235932369	<b>Rahu</b> 10:18AM – 12:06PM		Bava Until 2:37AM Sat	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 4:00PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM		

<b>4</b>		<b>Saturday, May 19, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	St. Helena, CA Sun 18 Sutra 34 Vilamba 5120
Kataka Rasi: 0.22	Tithi 5 – 6	<b>Gulika</b> 4:55AM – 6:43AM	<b>Punarvasu</b> Until 10:55AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:55AM		
		Yama 1:54PM – 3:41PM	Ganda* Until 7:16PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 5	
245932369	<b>Rahu</b> 8:30AM – 10:18AM		Kaulava Until 12:00AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 1:15PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>5</b>		<b>Sunday, May 20, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	St. Helena, CA Sun 19 Sutra 35 Vilamba 5120
Kataka Rasi: 14.45	Tithi 6 – 7	<b>Gulika</b> 3:42PM – 5:30PM	<b>Pushya</b> Until 9:13AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM		
		Yama 12:06PM – 1:54PM	Vriddhi Until 4:17PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 5	
245932369	<b>Rahu</b> 5:30PM – 7:18PM		Gara Until 9:43PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 10:48AM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Monday, May 21, 2018</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau	St. Helena, CA Sun 20 Sutra 36 Vilamba 5120
Kataka Rasi: 28.53	Tithi 7 – 8	<b>Gulika</b> 1:54PM – 3:42PM	<b>Ashlesha*</b> Until 7:44AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:53AM		
<b>Family Home Evening</b>		Yama 10:18AM – 12:06PM	Dhruva Until 1:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 5	
245932369	<b>Rahu</b> 6:42AM – 8:30AM		Visti Until 7:49PM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 8:42AM	Moon – Blue		<b>Devaloka Day</b>	
Until 7:44AM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>Tuesday, May 22, 2018</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau	St. Helena, CA Sun 21 Sutra 37 Vilamba 5120
Simha Rasi: 12.47	Tithi 8 – 9	<b>Gulika</b> 12:06PM – 1:54PM	<b>Magha*</b> Until 6:55AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:53AM		
		Yama 8:29AM – 10:18AM	Vyaghata* Until 11:13AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 5	
255932369	<b>Rahu</b> 3:43PM – 5:31PM		Balava Until 6:19PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 7:00AM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, May 23, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Simha Rasi: 26.26		Tithi 10		Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Taitila Karana Dashamyam Titau		Sun 22		Sutra 38	
Creative Work		Amrita Yoga		Gulika 10:18AM – 12:06PM		Purvaphalguni Until 6:23AM		Ganesh: Clear Sunrise: 4:52AM	
				Yama 6:41AM – 8:29AM		Harshana Until 9:12AM		Muruga: White Sunset: 7:20PM	
				255932369 Rahu 12:06PM – 1:55PM		Taitila Until 5:13PM		Nataraja: Purple	
						Dashami Until 4:48AM Thu		Moon – Red	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to 12:PM	

<b>2</b>		<b>Thursday, May 24, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		St. Helena, CA	
Kanya Rasi: 9.52		Tithi 11		Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 23		Sutra 39	
Amrita Yoga				Gulika 8:29AM – 10:17AM		Uttaraphalguni Until 6:05AM		Ganesh: Clear Sunrise: 4:51AM	
Until 6:05AM				Yama 4:51AM – 6:40AM		Vajra* Until 7:28AM		Muruga: White Sunset: 7:21PM	
Then Routine Work - Marana Yoga				255932369 Rahu 1:55PM – 3:43PM		Vanija Until 4:31PM		Nataraja: Purple	
						Ekadashi Until 4:18AM Fri		Moon – Red	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to 12:PM	

<b>3</b>		<b>Friday, May 25, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
Kanya Rasi: 23.04		Tithi 12		Hasta/Chitra Nakshatra Siddhi/Vyalipata* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 24		Sutra 40	
Creative Work		Amrita Yoga		Gulika 6:40AM – 8:28AM		Hasta Until 6:28AM		Ganesh: Purple Sunrise: 4:51AM	
Until 6:28AM				Yama 3:44PM – 5:33PM		Siddhi Until 6:04AM		Muruga: White Sunset: 7:22PM	
Then Creative Work - Siddha Yoga				366932369 Rahu 10:17AM – 12:06PM		Bava Until 4:12PM		Nataraja: Purple	
						Dvadashi Until 4:11AM Sat		Moon – Green	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to 12:PM	

<b>4</b>		<b>Saturday, May 26, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		St. Helena, CA	
Tula Rasi: 6.05		Tithi 13		Chitra/Svati Nakshatra Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 25		Sutra 41	
Routine Work		Marana Yoga		Gulika 4:50AM – 6:39AM		Chitra Until 7:05AM		Ganesh: Purple Sunrise: 4:50AM	
Until 7:05AM				Yama 1:55PM – 3:44PM		Variyan Until 4:11AM Sun		Muruga: White Sunset: 7:22PM	
Then Creative Work - Siddha Yoga				366932369 Rahu 8:28AM – 10:17AM		Kaulava Until 4:17PM		Nataraja: Purple	
						Trayodashi Until 4:27AM Sun		Moon – Green	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to 12:PM	

<b>5</b>		<b>Sunday, May 27, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
Tula Rasi: 18.53		Tithi 14		Svati/Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 26		Sutra 42	
Creative Work		Siddha Yoga		Gulika 3:45PM – 5:34PM		Svati Until 7:56AM		Ganesh: Purple Sunrise: 4:50AM	
Until 7:56AM				Yama 12:06PM – 1:56PM		Parigha* Until 3:44AM Mon		Muruga: White Sunset: 7:23PM	
Then Routine Work - Marana Yoga				366932369 Rahu 5:34PM – 7:23PM		Gara Until 4:46PM		Nataraja: Purple	
						Chaturdashi* Until 5:09AM Mon		Moon – Green	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to 12:PM	

<b>○</b>		<b>Monday, May 28, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		St. Helena, CA	
<b>Copper Retreat Star</b>		Vishakha/Anuradha Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau		Sun 27		Sutra 43			
Vrischika Rasi: 1.29		Tithi 15		Gulika 1:56PM – 3:45PM		Vishakha Until 9:30AM		Ganesh: Clear Sunrise: 4:49AM	
Family Home Evening				Yama 10:17AM – 12:07PM		Shiva Until 3:39AM Tue		Muruga: White Sunset: 7:24PM	
Routine Work		Marana Yoga		376932369 Rahu 6:38AM – 8:28AM		Visti Until 5:41PM		Nataraja: Purple	
Until 9:30AM						Purnima* Until 6:17AM Tue		Moon – Orange	
Then Creative Work - Siddha Yoga								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 6:AM to 9:AM	

<b>○</b>		<b>Tuesday, May 29, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
<b>Silver Retreat Star</b>		Anuradha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 44			
Vrischika Rasi: 13.55		Tithi 15 – 16		Gulika 12:07PM – 1:56PM		Anuradha Until 11:22AM		Ganesh: Clear Sunrise: 4:49AM	
Creative Work		Siddha Yoga		Yama 8:28AM – 10:17AM		Siddha Until 3:53AM Wed		Muruga: White Sunset: 7:25PM	
Until 11:22AM				376932369 Rahu 3:46PM – 5:35PM		Balava Until 7:03PM		Nataraja: Purple	
Then Routine Work - Marana Yoga						Purnima* Until 6:17AM		Moon – Orange	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 6:AM to 9:AM	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

St. Helena, CA

Vrischika Rasi: 26.08 Tihti 16 – 17

Gulika 10:17AM – 12:07PM  
Yama 6:38AM – 8:27AM  
Rahu 12:07PM – 1:56PM

Jyeshtha\* Until 1:29PM  
Sadhya Until 4:27AM Thu  
Taitila Until 8:51PM  
Prathama\* Until 3:53AM Wed

Ganesha: Clear Sunrise: 4:48AM  
Muruga: White Sunset: 7:25PM  
Nataraja: Purple  
Moon – Orange  
Jyeshtha Adhika-Vaikasi

Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 1:29PM  
Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Dhanus Rasi: 8.11 Tihti 17 – 18

Gulika 8:27AM – 10:17AM  
Yama 4:48AM – 6:38AM  
Rahu 1:57PM – 3:46PM

Mula\* Until 4:19PM  
Subha Until 5:18AM Fri  
Vanija Until 11:02PM  
Dvitiya Until 9:53AM

Ganesha: White Sunrise: 4:48AM  
Muruga: White Sunset: 7:26PM  
Nataraja: Purple  
Moon – Light Blue  
Jyeshtha Adhika-Vaikasi

Sun 1 Sutra 46  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Dhanus Rasi: 20.06 Tihti 18 – 19

Gulika 6:37AM – 8:27AM  
Yama 3:47PM – 5:37PM  
Rahu 10:17AM – 12:07PM

Purvashadha\* Until 7:17PM  
Sukla Until 6:20AM Sat  
Bava Until 1:30AM Sat  
Tritiya Until 12:13PM

Ganesha: Yellow Sunrise: 4:47AM  
Muruga: White Sunset: 7:27PM  
Nataraja: Purple  
Moon – Light Blue  
Jyeshtha Adhika-Vaikasi

Sun 2 Sutra 47  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga  
Until 7:17PM  
Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Makara Rasi: 1.55 Tihti 19 – 20

Gulika 4:47AM – 6:37AM  
Yama 1:57PM – 3:47PM  
Rahu 8:27AM – 10:17AM

Uttarashadha Until 10:15PM  
Sukla Until 6:20AM  
Kaulava Until 4:06AM Sun  
Chaturthi\* Until 2:47PM

Ganesha: Yellow Sunrise: 4:47AM  
Muruga: White Sunset: 7:27PM  
Nataraja: Purple  
Moon – Light Blue  
Jyeshtha Adhika-Vaikasi

Sun 3 Sutra 48  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga  
Until 10:15PM  
Then Creative Work - Siddha Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Makara Rasi: 13.43 Tihti 20 – 21

Gulika 3:48PM – 5:38PM  
Yama 12:07PM – 1:58PM  
Rahu 5:38PM – 7:28PM

Shravana Until 1:32AM Mon  
Brahma Until 7:27AM  
Gara Until 6:37AM Mon  
Panchami Until 5:22PM

Ganesha: Blue Sunrise: 4:47AM  
Muruga: White Sunset: 7:28PM  
Nataraja: Purple  
Moon – Purple  
Jyeshtha Adhika-Vaikasi

Sun 4 Sutra 49  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 1:32AM Mon  
Then Creative Work - Siddha Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Makara Rasi: 25.31 Tihti 21

Gulika 1:58PM – 3:48PM  
Yama 10:17AM – 12:08PM  
Rahu 6:37AM – 8:27AM

Dhanishtha Until 4:25AM Tue  
Indra Until 8:30AM  
Gara Until 6:37AM  
Shashthi\* Until 7:46PM

Ganesha: Blue Sunrise: 4:46AM  
Muruga: White Sunset: 7:29PM  
Nataraja: Purple  
Moon – Purple  
Jyeshtha Adhika-Vaikasi

Sun 5 Sutra 50  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Devaloka Day**

Family Home Evening  
Creative Work Siddha Yoga  
Until 4:25AM Tue  
Then Routine Work - Marana Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

St. Helena, CA

Kumbha Rasi: 7.27 Tihti 22

Gulika 12:08PM – 1:58PM  
Yama 8:27AM – 10:17AM  
Rahu 3:49PM – 5:39PM

Shatabhishak Until 6:39AM Wed  
Vaidhriti\* Until 9:17AM  
Visti Until 8:51AM  
Saptami Until 9:45PM

Ganesha: Purple Sunrise: 4:46AM  
Muruga: White Sunset: 7:29PM  
Nataraja: White  
Moon – Purple  
Jyeshtha Adhika-Vaikasi

Sun 6 Sutra 51  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga  
Until 6:39AM Wed  
Then Creative Work - Amrita Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Kumbha Rasi: 19.34 Tihti 23

Gulika 10:17AM – 12:08PM  
Yama 6:36AM – 8:27AM  
Rahu 12:08PM – 1:58PM

Shatabhishak Until 6:39AM  
Vishkambha\* Until 9:41AM  
Balava Until 10:33AM  
Ashtami\* Until 11:08PM

Ganesha: Purple Sunrise: 4:46AM  
Muruga: White Sunset: 7:30PM  
Nataraja: White  
Moon – Purple  
Jyeshtha Adhika-Vaikasi

Sun 7 Sutra 52  
Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

**Devaloka Day**

Creative Work Siddha Yoga  
Until 6:39AM  
Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Meena Rasi: 1.59 Tihti 24

Gulika 8:27AM – 10:17AM  
Yama 4:46AM – 6:36AM  
Rahu 1:59PM – 3:49PM

Purvaproshtapada\* Until 8:33AM  
Priti Until 9:33AM  
Taitila Until 11:33AM  
Navami\* Until 11:44PM

Ganesha: Red Sunrise: 4:46AM  
Muruga: White Sunset: 7:30PM  
Nataraja: White  
Moon – Clear  
Jyeshtha Adhika-Vaikasi

Sun 8 Sutra 53  
Vilamba 5120  
Moon 5 - Phase 7  
Navami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				St. Helena, CA
	Meena Rasi: 14.45	Tithi 25	<b>Gulika</b>	<b>6:36AM – 8:27AM</b>	<b>Uttaraproshtapada Until 9:31AM</b>	<b>Ganesha: Red</b>	Sun 9 Sutra 54 Vilamba 5120
			Yama	3:50PM – 5:40PM	Ayushman Until 8:45AM	Sunrise: 4:45AM Sunset: 7:31PM	Moon 5 - Phase 8 2nd Phase
	Creative Work	Siddha Yoga	318132361 <b>Rahu</b>	<b>10:18AM – 12:08PM</b>	Vanija Until 11:44AM Dashami Until 11:29PM	Nataraja: White Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM


<b>2</b>	<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA
	Meena Rasi: 27.57	Tithi 26	<b>Gulika</b>	<b>4:45AM – 6:36AM</b>	<b>Revati Until 9:29AM</b>	<b>Ganesha: Red</b>	Sun 10 Sutra 55 Vilamba 5120
			Yama	1:59PM – 3:50PM	Saubhagya Until 7:18AM	Sunrise: 4:45AM Sunset: 7:32PM	Moon 5 - Phase 8 2nd Phase
	Routine Work	Prabalarishta Yoga	318132361 <b>Rahu</b>	<b>8:27AM – 10:18AM</b>	Bava Until 11:04AM Ekadashi* Until 10:25PM	Nataraja: White Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				St. Helena, CA
	Mesha Rasi: 12	Tithi 27	<b>Gulika</b>	<b>3:50PM – 5:41PM</b>	<b>Ashvini Until 8:58AM</b>	<b>Ganesha: Green</b>	Sun 11 Sutra 56 Vilamba 5120
			Yama	12:09PM – 1:59PM	Athiganda* Until 2:30AM Mon	Sunrise: 4:45AM Sunset: 7:32PM	Moon 5 - Phase 8 2nd Phase
	Creative Work	Siddha Yoga	328132361 <b>Rahu</b>	<b>5:41PM – 7:32PM</b>	Kaulava Until 9:36AM Dvadashi* Until 8:34PM	Nataraja: White Moon – White	<b>Bhuloka Day</b> Jyeshtha Adhika-Vaikasi

<b>4</b>	<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
	Mesha Rasi: 25.43	Tithi 28	<b>Gulika</b>	<b>2:00PM – 3:51PM</b>	<b>Bharani Until 7:35AM</b>	<b>Ganesha: Green</b>	Sun 12 Sutra 57 Vilamba 5120
	<b>Family Home Evening</b>		Yama	10:18AM – 12:09PM	Sukarma Until 11:18PM	Sunrise: 4:45AM Sunset: 7:33PM	Moon 5 - Phase 8 2nd Phase
	Creative Work	Siddha Yoga	328132361 <b>Rahu</b>	<b>6:36AM – 8:27AM</b>	Gara Until 7:25AM Trayodashi* Until 6:05PM	Nataraja: White Moon – White	<b>Bhuloka Day</b> Jyeshtha Adhika-Vaikasi

*Pradosha Vrata (Fasting)*

	<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b>	<b>12:09PM – 2:00PM</b>	<b>Rohini Until 3:15AM Wed</b>	<b>Ganesha: White</b>	Sun 13 Sutra 58 Vilamba 5120
	Vrishabha Rasi: 10.13	Tithi 29 – 30	Yama	8:27AM – 10:18AM	Dhriti Until 7:43PM	Sunrise: 4:45AM Sunset: 7:33PM	Moon 5 - Phase 8 Amavasya
	Creative Work	Amrita Yoga	338132361 <b>Rahu</b>	<b>3:51PM – 5:42PM</b>	Catuspada Until 1:30AM Wed Chaturdashi* Until 3:06PM	Nataraja: White Moon – Yellow	<b>Bhuloka Day</b> Jyeshtha Adhika-Vaikasi

	<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b>	<b>10:18AM – 12:09PM</b>	<b>Mrigashira Until 12:37AM Thu</b>	<b>Ganesha: White</b>	Sun 14 Sutra 59 Vilamba 5120
	Vrishabha Rasi: 25.02	Tithi 30 – 1	Yama	6:36AM – 8:27AM	Shula* Until 3:52PM	Sunrise: 4:45AM Sunset: 7:33PM	Moon 5 - Phase 8 Prathama
	Creative Work	Siddha Yoga	338132361 <b>Rahu</b>	<b>12:09PM – 2:00PM</b>	Kintughna Until 10:03PM Amavasya* Until 11:47AM	Nataraja: White Moon – Yellow	<b>Bhuloka Day</b> Jyeshtha-Vaikasi

<b>1 Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA
Mithuna Rasi: 10.02	Tithi 1 – 2	<b>Gulika</b> 8:27AM – 10:18AM	<b>Ardra Until 9:46PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:45AM	Sun 15 Sutra 60
		Yama 4:45AM – 6:36AM	Ganda* Until 11:53AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:34PM	Vilamba 5120
		359132361 <b>Rahu</b> 2:01PM – 3:52PM	Balava Until 6:31PM	<b>Nataraja:</b> White		Moon 5 - Phase 9
Routine Work	Marana Yoga		<b>Prathama* Until 8:16AM</b>	Moon – Yellow		3rd Phase
Until 9:46PM				<b>Jyeshtha* Ani</b>		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga						Devaloka Time: 9:AM to 12:PM

<b>2 Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
Mithuna Rasi: 25.03	Tithi 3	<b>Gulika</b> 6:36AM – 8:27AM	<b>Punarvasu Until 7:16PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:45AM	Sun 16 Sutra 61
		Yama 3:52PM – 5:43PM	Vriddhi Until 7:56AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:34PM	Vilamba 5120
		349132361 <b>Rahu</b> 10:18AM – 12:10PM	Taitila Until 3:02PM	<b>Nataraja:</b> White		Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Tritiya Until 1:20AM Sat</b>	Moon – Blue		3rd Phase
Until 7:16PM				<b>Jyeshtha* Ani</b>		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga						Devaloka Time: 9:AM to 12:PM

<b>3 Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Vanija/Bava Karana Chaturthyam Titau				St. Helena, CA
Kataka Rasi: 9.58	Tithi 4	<b>Gulika</b> 4:45AM – 6:36AM	<b>Pushya Until 4:51PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:45AM	Sun 17 Sutra 62
		Yama 2:01PM – 3:52PM	Vyaghata* Until 4:51PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:35PM	Vilamba 5120
		349132361 <b>Rahu</b> 8:27AM – 10:19AM	Vanija Until 11:44AM	<b>Nataraja:</b> White		Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Chaturthi* Until 10:11PM</b>	Moon – Blue		3rd Phase
Until 4:51PM				<b>Jyeshtha* Ani</b>		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga						Devaloka Time: 9:AM to 12:PM

<b>4 Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA
Kataka Rasi: 24.4	Tithi 5	<b>Gulika</b> 3:52PM – 5:44PM	<b>Ashlesha* Until 2:40PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:45AM	Sun 18 Sutra 63
		Yama 12:10PM – 2:01PM	Harshana Until 9:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:35PM	Vilamba 5120
		349132361 <b>Rahu</b> 5:44PM – 7:35PM	Bava Until 8:46AM	<b>Nataraja:</b> White		Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Panchami Until 7:26PM</b>	Moon – Blue		3rd Phase
Until 2:40PM		<b>Father's Day</b>		<b>Jyeshtha* Ani</b>		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga						Devaloka Time: 9:AM to 12:PM

<b>5 Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA
Simha Rasi: 9.03	Tithi 6 – 7	<b>Gulika</b> 2:01PM – 3:53PM	<b>Magha* Until 1:14PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:45AM	Sun 19 Sutra 64
<b>Family Home Evening</b>		Yama 10:19AM – 12:10PM	Vajra* Until 6:20PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:35PM	Vilamba 5120
		359132361 <b>Rahu</b> 6:36AM – 8:28AM	Kaulava Until 6:15AM	<b>Nataraja:</b> White		Moon 5 - Phase 9
Routine Work	Marana Yoga		<b>Shashthi* Until 5:09PM</b>	Moon – Red		3rd Phase
Until 1:14PM				<b>Jyeshtha* Ani</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>6 Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
Simha Rasi: 23.05	Tithi 7 – 8	<b>Gulika</b> 12:10PM – 2:02PM	<b>Purvaphalguni Until 12:12PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:45AM	Sun 20 Sutra 65
		Yama 8:28AM – 10:19AM	Siddhi Until 3:55PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:36PM	Vilamba 5120
		359132361 <b>Rahu</b> 3:53PM – 5:44PM	Visti Until 2:49AM Wed	<b>Nataraja:</b> White		Moon 5 - Phase 9
Creative Work	Siddha Yoga		<b>Saptami Until 3:27PM</b>	Moon – Red		3rd Phase
Until 12:12PM				<b>Jyeshtha* Ani</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
<b>Retreat Star</b>		<b>Gulika</b> 10:19AM – 12:11PM	<b>Uttaraphalguni Until 1:47PM Thu</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:46AM	Sun 21 Sutra 66
Kanya Rasi: 6.46	Tithi 8 – 9	Yama 6:37AM – 8:28AM	Vyatipata* Until 2:01PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:36PM	Vilamba 5120
		359132361 <b>Rahu</b> 12:11PM – 2:02PM	Balava Until 2:00AM Thu	<b>Nataraja:</b> White		Moon 5 - Phase 9
Creative Work	Amrita Yoga		<b>Ashtami* Until 2:19PM</b>	Moon – Red		Ashtami
Until 1:47PM Thu				<b>Jyeshtha* Ani</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				St. Helena, CA
<b>Retreat Star</b>		<b>Gulika</b> 8:28AM – 10:20AM	<b>Uttaraphalguni Until 1:47PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:46AM	Sun 22 Sutra 67
Kanya Rasi: 20.05	Tithi 9 – 10	Yama 4:46AM – 6:37AM	Variyan Until 12:33PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:36PM	Vilamba 5120
		369132361 <b>Rahu</b> 2:02PM – 3:53PM	Taitila Until 1:45AM Fri	<b>Nataraja:</b> White		Moon 5 - Phase 9
Routine Work	Marana Yoga		<b>Navami* Until 1:47PM</b>	Moon – Green		Navami
Until 1:47PM		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha* Ani</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to 12:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudev.org/panchang

<b>1 Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha*/Shiva Yoga Gara Karana Dashami/Ekodashyam Titau				St. Helena, CA Sun 23 Sutra 68 Vilamba 5120
Tula Rasi: 3.07	Tithi 10 – 11	<b>Gulika</b> 6:37AM – 8:29AM	<b>Chitra</b> Until 12:35PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:46AM	
		Yama 3:54PM – 5:45PM	Parigha* Until 11:32AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	361132361 <b>Rahu</b> 10:20AM – 12:11PM	Gara Until 1:49PM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami</b> Until 1:49PM	Moon – Green		<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>2 Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 15.53	Tithi 11 – 12	<b>Gulika</b> 4:46AM – 6:38AM	<b>Svati</b> Until 1:38PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:46AM	
		Yama 2:03PM – 3:54PM	Shiva Until 10:58AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	361132361 <b>Rahu</b> 8:29AM – 10:20AM	Bava Until 2:50AM Sun	<b>Nataraja:</b> White		4th Phase
			<b>Ekadashi</b> Until 2:21PM	Moon – Green		<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>3 Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 28.26	Tithi 12 – 13	<b>Gulika</b> 3:54PM – 5:45PM	<b>Vishakha</b> Until 3:28PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:47AM	
		Yama 12:11PM – 2:03PM	Siddha Until 10:45AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10
Routine Work	Marana Yoga	371142361 <b>Rahu</b> 5:45PM – 7:36PM	Kaulava Until 4:05AM Mon	<b>Nataraja:</b> White		4th Phase
			<b>Dvadashi</b> Until 3:23PM	Moon – Orange		<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>		
				<i>Pradosha Vrata</i>		

<b>4 Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 10.46	Tithi 13 – 14	<b>Gulika</b> 2:03PM – 3:54PM	<b>Anuradha</b> Until 5:33PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:47AM	
<b>Family Home Evening</b>		Yama 10:20AM – 12:12PM	Sadhya Until 10:52AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	371142361 <b>Rahu</b> 6:38AM – 8:29AM	Gara Until 5:44AM Tue	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi</b> Until 4:50PM	Moon – Orange		<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>5 Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Vanija Karana Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 22.57	Tithi 14	<b>Gulika</b> 12:12PM – 2:03PM	<b>Jyeshtha*</b> Until 7:51PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 4:47AM	
		Yama 8:30AM – 10:21AM	Subha Until 11:20AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10
Routine Work	Marana Yoga	371142361 <b>Rahu</b> 3:54PM – 5:45PM	Vanija Until 6:40PM	<b>Nataraja:</b> White		4th Phase
Until 7:51PM			<b>Chaturdashi*</b> Until 6:40PM	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>		

<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA Sutra 73 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:21AM – 12:12PM	<b>Mula*</b> Until 11:16PM Thu	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 4:48AM	
Dhanus Rasi: 4.59	Tithi 15	Yama 6:39AM – 8:30AM	Sukla Until 12:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10
		381142361 <b>Rahu</b> 12:12PM – 2:03PM	Visti Until 7:45AM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> Until 8:51PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 11:16PM Thu				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA Sutra 74 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:30AM – 10:21AM	<b>Mula*</b> Until 11:16PM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 4:48AM	
Dhanus Rasi: 16.53	Tithi 16	Yama 4:48AM – 6:39AM	Brahma Until 13:62AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10
		381142361 <b>Rahu</b> 2:03PM – 3:54PM	Balava Until 10:03AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:16PM	Moon – Light Blue		<b>Bhuloka Day</b>
Until 11:16PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang





Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Tailila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sun 1 Sutra 75

Vilamba 5120

Dhanus Rasi: 28.43 Tiithi 17

381142361

**Gulika** 6:39AM – 8:30AM  
Yama 3:55PM – 5:46PM  
**Rahu** 10:21AM – 12:12PM

**Uttarashadha Until 4:47AM Sat**  
Indra Until 2:02PM  
Tailila Until 12:34PM  
**Dvitiya Until 1:51AM Sat**

**Ganesha:** Blue *Sunrise: 4:48AM*  
**Muruga:** Clear *Sunset: 7:37PM*  
**Nataraja:** White  
Moon – Light Blue

Moon 6 - Phase 11  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 4:47AM Sat  
Then Creative Work - Siddha Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

St. Helena, CA

Sun 2 Sutra 76

Vilamba 5120

Makara Rasi: 10.3 Tiithi 18

391242361

**Gulika** 4:49AM – 6:40AM  
Yama 2:04PM – 3:55PM  
**Rahu** 8:31AM – 10:22AM

**Shravana Until 8:06AM Sun**  
Vaidhriti\* Until 3:09PM  
Vanija Until 3:10PM  
**Tritiya Until 4:26AM Sun**

**Ganesha:** Red *Sunrise: 4:49AM*  
**Muruga:** Clear *Sunset: 7:37PM*  
**Nataraja:** White  
Moon – Purple

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga  
Until 8:06AM Sun  
Then Routine Work - Marana Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chaturthiyam Titau

St. Helena, CA

Sun 3 Sutra 77

Vilamba 5120

Makara Rasi: 22.17 Tiithi 19

391242361

**Gulika** 3:55PM – 5:46PM  
Yama 12:13PM – 2:04PM  
**Rahu** 5:46PM – 7:37PM

**Shravana Until 8:06AM**  
Vishkambha\* Until 4:14PM  
Bava Until 5:43PM  
**Chaturthi\* Until 6:53AM Mon**

**Ganesha:** Red *Sunrise: 4:49AM*  
**Muruga:** Clear *Sunset: 7:37PM*  
**Nataraja:** White  
Moon – Purple

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 8:06AM  
Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukhtayam  
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 4 Sutra 78

Vilamba 5120

Kumbha Rasi: 4.08 Tiithi 19 – 20

392242361

**Family Home Evening**

**Gulika** 2:04PM – 3:55PM  
Yama 10:22AM – 12:13PM  
**Rahu** 6:41AM – 8:31AM

**Dhanishtha Until 11:05AM**  
Priti Until 5:10PM  
Kaulava Until 8:01PM  
**Chaturthi\* Until 6:53AM**

**Ganesha:** Yellow *Sunrise: 4:50AM*  
**Muruga:** Clear *Sunset: 7:36PM*  
**Nataraja:** White  
Moon – Purple

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 5 Sutra 79

Vilamba 5120

Kumbha Rasi: 16.06 Tiithi 20 – 21

392242361

**Gulika** 12:13PM – 2:04PM  
Yama 8:32AM – 10:22AM  
**Rahu** 3:55PM – 5:46PM

**Shatabhishak Until 1:34PM**  
Ayushman Until 5:46PM  
Gara Until 9:55PM  
**Panchami Until 9:00AM**

**Ganesha:** Yellow *Sunrise: 4:50AM*  
**Muruga:** Clear *Sunset: 7:36PM*  
**Nataraja:** White  
Moon – Purple

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukhtayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 6 Sutra 80

Vilamba 5120

Kumbha Rasi: 28.15 Tiithi 21 – 22

312242361

**Gulika** 10:23AM – 12:13PM  
Yama 6:41AM – 8:32AM  
**Rahu** 12:13PM – 2:04PM

**Purvaproshtapada\* Until 3:53PM**  
Saubhagya Until 5:58PM  
Visti Until 11:15PM  
**Shashthi\* Until 10:38AM**

**Ganesha:** Orange *Sunrise: 4:51AM*  
**Muruga:** Clear *Sunset: 7:36PM*  
**Nataraja:** White  
Moon – Clear

Moon 6 - Phase 11  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 3:53PM  
Then Creative Work - Siddha Yoga

D

Thursday, July 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukhtayam  
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 7 Sutra 81

Vilamba 5120

Meena Rasi: 10.4 Tiithi 22 – 23

312242361

**Gulika** 8:32AM – 10:23AM  
Yama 4:51AM – 6:42AM  
**Rahu** 2:04PM – 3:55PM

**Uttaraproshtapada Until 5:23PM**  
Sobhana Until 5:39PM  
Balava Until 11:53PM  
**Saptami Until 11:38AM**

**Ganesha:** Orange *Sunrise: 4:51AM*  
**Muruga:** Clear *Sunset: 7:36PM*  
**Nataraja:** White  
Moon – Clear

Moon 6 - Phase 11  
Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 8 Sutra 82

Vilamba 5120

Meena Rasi: 23.23 Tiithi 23 – 24

412242361

**Gulika** 6:42AM – 8:33AM  
Yama 3:55PM – 5:45PM  
**Rahu** 10:23AM – 12:14PM

**Revati Until 5:59PM**  
Athiganda\* Until 4:43PM  
Tailila Until 11:44PM  
**Ashtami\* Until 11:54AM**

**Ganesha:** Green *Sunrise: 4:52AM*  
**Muruga:** Clear *Sunset: 7:36PM*  
**Nataraja:** White  
Moon – Clear

Moon 6 - Phase 11  
Navami

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 5:59PM  
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, July 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	St. Helena, CA Sun 9 Sutra 83 Vilamba 5120
Mesha Rasi: 6.32	Tithi 24 – 25	<b>Gulika</b> 4:52AM – 6:43AM	<b>Ashvini</b> Until 6:07PM	<b>Ganesh:</b> Orange <i>Sunrise: 4:52AM</i>			
		Yama 2:04PM – 3:55PM	Sukarma Until 3:09PM	<b>Muruga:</b> Clear <i>Sunset: 7:35PM</i>		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	422242361 <b>Rahu</b> 8:33AM – 10:24AM	Vanija Until 10:48PM	<b>Nataraja:</b> White		2nd Phase	
			<b>Navami*</b> Until 11:21AM	Moon – White			
				<b>Jyeshtha*Ani</b>		<b>Devaloka Day</b>	

<b>2</b>		<b>Sunday, July 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	St. Helena, CA Sun 10 Sutra 84 Vilamba 5120
Mesha Rasi: 20.06	Tithi 25 – 26	<b>Gulika</b> 3:55PM – 5:45PM	<b>Bharani</b> Until 5:18PM	<b>Ganesh:</b> Orange <i>Sunrise: 4:53AM</i>			
		Yama 12:14PM – 2:04PM	Dhriti Until 12:58PM	<b>Muruga:</b> Clear <i>Sunset: 7:35PM</i>		Moon 6 - Phase 12	
Routine Work	Prabalarishta Yoga	422242361 <b>Rahu</b> 5:45PM – 7:35PM	Bava Until 9:05PM	<b>Nataraja:</b> White		2nd Phase	
Until 5:18PM			<b>Dashami</b> Until 10:01AM	Moon – White			
Then Creative Work - Siddha Yoga				<b>Jyeshtha*Ani</b>		<b>Devaloka Day</b>	

<b>3</b>		<b>Monday, July 9, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	St. Helena, CA Sun 11 Sutra 85 Vilamba 5120
Vrishabha Rasi: 4.08	Tithi 26 – 27	<b>Gulika</b> 2:04PM – 3:54PM	<b>Krittika</b> Until 3:40PM	<b>Ganesh:</b> Orange <i>Sunrise: 4:54AM</i>			
<b>Family Home Evening</b>		Yama 10:24AM – 12:14PM	Shula* Until 10:10AM	<b>Muruga:</b> Clear <i>Sunset: 7:35PM</i>		Moon 6 - Phase 12	
Routine Work	Marana Yoga	422242361 <b>Rahu</b> 6:44AM – 8:34AM	Kaulava Until 6:41PM	<b>Nataraja:</b> White		2nd Phase	
Until 3:40PM			<b>Ekadashi*</b> Until 7:57AM	Moon – White			
Then Creative Work - Amrita Yoga				<b>Jyeshtha*Ani</b>		<b>Devaloka Day</b>	

<b>4</b>		<b>Tuesday, July 10, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau	St. Helena, CA Sun 12 Sutra 86 Vilamba 5120
Vrishabha Rasi: 18.35	Tithi 28	<b>Gulika</b> 12:14PM – 2:04PM	<b>Rohini</b> Until 1:44PM	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:54AM</i>			
		Yama 8:34AM – 10:24AM	Ganda* Until 6:52AM	<b>Muruga:</b> Clear <i>Sunset: 7:34PM</i>		Moon 6 - Phase 12	
Creative Work	Amrita Yoga	422242361 <b>Rahu</b> 3:54PM – 5:44PM	Gara Until 3:44PM	<b>Nataraja:</b> White		2nd Phase	
Until 1:44PM			<b>Trayodashi*</b> Until 2:04AM Wed	Moon – Yellow			
Then Creative Work - Siddha Yoga				<b>Jyeshtha*Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Wednesday, July 11, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	St. Helena, CA Sun 13 Sutra 87 Vilamba 5120
Mithuna Rasi: 3.24	Tithi 29	<b>Gulika</b> 10:25AM – 12:14PM	<b>Mrigashira</b> Until 11:12AM	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:55AM</i>			
		Yama 6:45AM – 8:35AM	Dhruva Until 11:12PM	<b>Muruga:</b> Clear <i>Sunset: 7:34PM</i>		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	422242361 <b>Rahu</b> 12:14PM – 2:04PM	Visti Until 12:22PM	<b>Nataraja:</b> White		2nd Phase	
			<b>Chaturdashi*</b> Until 10:33PM	Moon – Yellow			
				<b>Jyeshtha*Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>Retreat Star</b>		<b>Thursday, July 12, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	St. Helena, CA Sun 14 Sutra 88 Vilamba 5120
Mithuna Rasi: 18.28	Tithi 30	<b>Gulika</b> 8:35AM – 10:25AM	<b>Ardra</b> Until 8:17AM	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:56AM</i>			
		Yama 4:56AM – 6:45AM	Vyaghata* Until 7:04PM	<b>Muruga:</b> Clear <i>Sunset: 7:34PM</i>		Moon 6 - Phase 12	
Routine Work	Marana Yoga	422242361 <b>Rahu</b> 2:04PM – 3:54PM	Catuspada Until 8:43AM	<b>Nataraja:</b> White		Amavasya	
Until 8:17AM			<b>Amavasya*</b> Until 6:50PM	Moon – Yellow			
Then Creative Work - Amrita Yoga				<b>Jyeshtha*Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>Retreat Star</b>		<b>Friday, July 13, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	St. Helena, CA Sun 15 Sutra 89 Vilamba 5120
Kataka Rasi: 3.38	Tithi 1 – 2	<b>Gulika</b> 6:46AM – 8:35AM	<b>Pushya</b> Until 2:38AM Sat	<b>Ganesh:</b> Purple <i>Sunrise: 4:56AM</i>			
		Yama 3:54PM – 5:44PM	Harshana Until 2:55PM	<b>Muruga:</b> Clear <i>Sunset: 7:33PM</i>		Moon 6 - Phase 12	
Routine Work	Marana Yoga	422242361 <b>Rahu</b> 10:25AM – 12:15PM	Balava Until 1:16AM Sat	<b>Nataraja:</b> White		Prathama	
			<b>Prathama*</b> Until 3:05PM	Moon – Blue			
				<b>Ashada*Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	
						Partial Solar Eclipse	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam		St. Helena, CA	
Kataka Rasi: 18.46		Tithi 2 - 3		Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 90	
		<b>Gulika</b>	4:57AM - 6:46AM	<b>Ashlesha* Until 11:51PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:57AM	Vilamba 5120		
		<b>Yama</b>	2:04PM - 3:54PM	Vajra* Until 10:51AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13		
Routine Work Marana Yoga		<b>Rahu</b>	8:36AM - 10:25AM	Tailila Until 9:46PM	<b>Nataraja:</b> White		3rd Phase		
Until 11:51PM						<b>Ashada*Ani</b>	<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga							Devaloka Time: 12:PM to 3:PM		

<b>2</b>		<b>Sunday, July 15, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
Simha Rasi: 3.42		Tithi 3 - 4		Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Sun 17		Sutra 91	
		<b>Gulika</b>	3:54PM - 5:43PM	<b>Magha* Until 9:43PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:58AM	Vilamba 5120		
		<b>Yama</b>	12:15PM - 2:04PM	Siddhi Until 7:02AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13		
Routine Work Marana Yoga		<b>Rahu</b>	5:43PM - 7:32PM	Vanija Until 6:37PM	<b>Nataraja:</b> White		3rd Phase		
Until 9:43PM						<b>Ashada*Ani</b>	<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga							Devaloka Time: 12:PM to 3:PM		

<b>3</b>		<b>Monday, July 16, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		St. Helena, CA	
Simha Rasi: 18.2		Tithi 5		Purvaphalguni Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau		Sun 18		Sutra 92	
<b>Family Home Evening</b>		<b>Gulika</b>	2:04PM - 3:53PM	<b>Purvaphalguni Until 7:56PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:58AM	Vilamba 5120		
Creative Work Siddha Yoga		<b>Yama</b>	10:26AM - 12:15PM	Variyan Until 12:31AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13		
		<b>Rahu</b>	6:48AM - 8:37AM	Bava Until 3:57PM	<b>Nataraja:</b> White		3rd Phase		
						<b>Ashada*Ani</b>	<b>Bhuloka Day</b>		
							Devaloka Time: 12:PM to 3:PM		

<b>4</b>		<b>Tuesday, July 17, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Kanya Rasi: 2.34		Tithi 6		Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Tailila Karana Shashthiyam Titau		Sun 19		Sutra 93	
		<b>Gulika</b>	12:15PM - 2:04PM	<b>Uttaraphalguni Until 6:39PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:59AM	Vilamba 5120		
		<b>Yama</b>	8:37AM - 10:26AM	Parigha* Until 10:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 13		
Creative Work Amrita Yoga		<b>Rahu</b>	3:53PM - 5:42PM	Kaulava Until 1:53PM	<b>Nataraja:</b> Clear		3rd Phase		
Until 6:39PM						<b>Ashada*Ani</b>	<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Wednesday, July 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Kanya Rasi: 16.23		Tithi 7		Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 94	
		<b>Gulika</b>	10:26AM - 12:15PM	<b>Hasta Until 6:20PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:00AM	Vilamba 5120		
		<b>Yama</b>	6:49AM - 8:37AM	Shiva Until 8:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13		
Routine Work Marana Yoga		<b>Rahu</b>	12:15PM - 2:04PM	Gara Until 12:31PM	<b>Nataraja:</b> Clear		3rd Phase		
Until 6:20PM						<b>Ashada*Ani</b>	<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		St. Helena, CA	
Kanya Rasi: 29.47		Tithi 8		Chitra Nakshatra Siddha Yoga Visti* Karana Ashtamyam Titau		Sun 21		Sutra 95	
		<b>Gulika</b>	8:38AM - 10:27AM	<b>Chitra Until 6:37PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:01AM	Vilamba 5120		
		<b>Yama</b>	5:01AM - 6:49AM	Siddha Until 6:45PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		<b>Rahu</b>	2:04PM - 3:53PM	Visti Until 11:52AM	<b>Nataraja:</b> Clear		Ashtami		
Until 6:37PM						<b>Ashada*Ani</b>	<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga									

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
Tula Rasi: 12.47		Tithi 9		Svati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 96	
		<b>Gulika</b>	6:50AM - 8:38AM	<b>Svati Until 1:17AM Sun Sat</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:01AM	Vilamba 5120		
		<b>Yama</b>	3:52PM - 5:41PM	Sadhya Until 5:58PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13		
Creative Work Siddha Yoga		<b>Rahu</b>	10:27AM - 12:15PM	Balava Until 12:42AM Sat	<b>Nataraja:</b> Clear		Navami		
						<b>Ashada*Ani</b>	<b>Sivaloka Day</b>		

<b>1 Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantā Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 23 Sutra 97 Vilamba 5120
Tula Rasi: 25.27	Tithi 10	<b>Gulika</b> 5:02AM – 6:50AM	<b>Svati</b> Until 1:17AM Sun	<b>Ganesh:</b> White <i>Sunrise:</i> 5:02AM		
		Yama 2:04PM – 3:52PM	Subha Until 17:54AM Sun	<b>Muruga:</b> Clear <i>Sunset:</i> 7:28PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 8:39AM – 10:27AM	Tailila Until 12:42PM	<b>Nataraja:</b> Clear	4th Phase	
Creative Work Siddha Yoga			<b>Dashami</b> Until 1:17AM Sun	Moon – Orange	<b>Devaloka Day</b>	
Until 1:17AM Sun				<b>Ashada•Adi</b>		
Then Routine Work - Marana Yoga						

<b>2 Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Vanija/Balava Karana Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 98 Vilamba 5120
Vrischika Rasi: 7.5	Tithi 11	<b>Gulika</b> 3:52PM – 5:40PM	<b>Anuradha</b> Until 11:20PM	<b>Ganesh:</b> White <i>Sunrise:</i> 5:03AM		
		Yama 12:15PM – 2:03PM	Sukla Until 11:20PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:28PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 5:40PM – 7:28PM	Vanija Until 2:02PM	<b>Nataraja:</b> Clear	4th Phase	
Routine Work Marana Yoga			<b>Ekadashi</b> Until 2:52AM Mon	Moon – Orange	<b>Devaloka Day</b>	
				<b>Ashada•Adi</b>		

<b>3 Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 99 Vilamba 5120
Vrischika Rasi: 20.01	Tithi 12	<b>Gulika</b> 2:03PM – 3:51PM	<b>Jyeshtha*</b> Until 1:45AM Tue	<b>Ganesh:</b> White <i>Sunrise:</i> 5:04AM		
<b>Family Home Evening</b>		Yama 10:27AM – 12:15PM	Brahma Until 6:26PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:27PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:52AM – 8:40AM	Bava Until 3:52PM	<b>Nataraja:</b> Clear	4th Phase	
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 4:54AM Tue	Moon – Orange	<b>Devaloka Day</b>	
Until 1:45AM Tue				<b>Ashada•Adi</b>		
Then Creative Work - Amrita Yoga						

<b>4 Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Kaulava Karana Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 100 Vilamba 5120
Dhanus Rasi: 2.01	Tithi 13	<b>Gulika</b> 12:15PM – 2:03PM	<b>Mula*</b> Until 4:48AM Wed	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:05AM		
		Yama 8:40AM – 10:28AM	Indra Until 7:16PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:26PM	Moon 6 - Phase 14	
		483242362 <b>Rahu</b> 3:51PM – 5:39PM	Kaulava Until 6:03PM	<b>Nataraja:</b> Clear	4th Phase	
Creative Work Amrita Yoga			<b>Trayodashi</b> Until 7:14AM Wed	Moon – Light Blue	<b>Sivaloka Day</b>	
				<b>Ashada•Adi</b>		
				<i>Pradosha Vrata</i>		

<b>5 Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 101 Vilamba 5120
Dhanus Rasi: 13.55	Tithi 13 – 14	<b>Gulika</b> 10:28AM – 12:15PM	<b>Purvashadha*</b> Until 7:53AM Thu	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:05AM		
		Yama 6:53AM – 8:40AM	Vaidhriti* Until 8:15PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:25PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 12:15PM – 2:03PM	Gara Until 8:30PM	<b>Nataraja:</b> Clear	4th Phase	
Creative Work Amrita Yoga			<b>Trayodashi</b> Until 7:14AM	Moon – Light Blue	<b>Sivaloka Day</b>	
Until 7:53AM Thu				<b>Ashada•Adi</b>		
Then Routine Work - Marana Yoga						

<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sutra 102 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:41AM – 10:28AM	<b>Purvashadha*</b> Until 7:53AM	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:06AM		
Dhanus Rasi: 25.44	Tithi 14 – 15	Yama 5:06AM – 6:54AM	Vishkambha* Until 9:21PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:25PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 2:03PM – 3:50PM	Visti Until 11:05PM	<b>Nataraja:</b> Clear	Purnima	
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 9:46AM	Moon – Light Blue	<b>Sivaloka Day</b>	
Until 7:53AM		<b>Satguru Purnima</b>		<b>Ashada•Adi</b>		
Then Routine Work - Marana Yoga						

<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sutra 103 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:54AM – 8:41AM	<b>Uttarashadha</b> Until 10:52AM	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:07AM		
Makara Rasi: 7.31	Tithi 15 – 16	Yama 3:50PM – 5:37PM	Priti Until 10:29PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:24PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 10:28AM – 12:15PM	Balava Until 1:39AM Sat	<b>Nataraja:</b> Clear	Prathama	
Routine Work Marana Yoga			<b>Purnima*</b> Until 12:21PM	Moon – Light Blue	<b>Sivaloka Day</b>	
		<b>Total Lunar Eclipse</b>		<b>Ashada•Adi</b>		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mania Vasara Yuktayam

Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 104

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Makara Rasi: 19.19 Tihti 16 - 17

Gulika 5:08AM - 6:55AM

Shravana Until 2:08PM

Ganesh: Blue Sunrise: 5:09AM

Yama 2:02PM - 3:49PM

Ayushman Until 11:29PM

Muruga: Clear Sunset: 7:23PM

493342362 Rahu 8:42AM - 10:28AM

Taitila Until 4:06AM Sun

Nataraja: Clear

Creative Work Siddha Yoga

Prathama\* Until 2:53PM

Moon - Purple

Devaloka Day

Ashada\*Adi

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 105

Vilamba 5120

Moon 7 - Phase 15

1st Phase

1

Kumbha Rasi: 1.1 Tihti 17 - 18

Gulika 3:49PM - 5:35PM

Dhanishtha Until 5:03PM

Ganesh: Blue Sunrise: 5:09AM

Yama 12:15PM - 2:02PM

Saubhagya Until 12:20AM Mon

Muruga: Clear Sunset: 7:22PM

493342362 Rahu 5:35PM - 7:22PM

Vanija Until 6:19AM Mon

Nataraja: Clear

Routine Work Marana Yoga

Dvitiya Until 5:14PM

Moon - Purple

Devaloka Day

Until 5:03PM

Ashada\*Adi

Then Creative Work - Siddha Yoga

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

St. Helena, CA

Sun 2 Sutra 106

Vilamba 5120

Moon 7 - Phase 15

1st Phase

2

Kumbha Rasi: 13.07 Tihti 18

Gulika 2:02PM - 3:48PM

Shatabhishak Until 7:32PM

Ganesh: Blue Sunrise: 5:10AM

Yama 10:29AM - 12:15PM

Sobhana Until 12:58AM Tue

Muruga: Clear Sunset: 7:21PM

494342362 Rahu 6:56AM - 8:42AM

Vanija Until 6:19AM

Nataraja: Clear

Creative Work Siddha Yoga

Tritiya Until 7:17PM

Moon - Purple

Devaloka Day

Until 7:32PM

Ashada\*Adi

Then Routine Work - Marana Yoga

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Purvaprossthapada\* Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 3 Sutra 107

Vilamba 5120

Moon 7 - Phase 15

1st Phase

3

Kumbha Rasi: 25.12 Tihti 19

Gulika 12:15PM - 2:01PM

Purvaprossthapada\* Until 9:57PM

Ganesh: White Sunrise: 5:10AM

Yama 8:43AM - 10:29AM

Athiganda\* Until 1:14AM Wed

Muruga: Clear Sunset: 7:20PM

414342362 Rahu 3:48PM - 5:34PM

Bava Until 8:11AM

Nataraja: Clear

Routine Work Marana Yoga

Chaturthi\* Until 8:56PM

Moon - Clear

Devaloka Day

Until 9:57PM

Ashada\*Adi

Then Creative Work - Amrita Yoga

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Uttaraprossthapada Nakshatra Sukarma Yoga Kaulava Karana Panchamyam Titau

St. Helena, CA

Sun 4 Sutra 108

Vilamba 5120

Moon 7 - Phase 15

1st Phase

4

Meena Rasi: 7.28 Tihti 20

Gulika 10:29AM - 12:15PM

Uttaraprossthapada Until 11:43PM

Ganesh: White Sunrise: 5:11AM

Yama 6:57AM - 8:43AM

Sukarma Until 1:07AM Thu

Muruga: Clear Sunset: 7:19PM

414342362 Rahu 12:15PM - 2:01PM

Kaulava Until 9:36AM

Nataraja: Clear

Creative Work Siddha Yoga

Panchami Until 10:06PM

Moon - Clear

Devaloka Day

Until 11:43PM

Ashada\*Adi

Then Routine Work - Marana Yoga

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 5 Sutra 109

Vilamba 5120

Moon 7 - Phase 15

1st Phase

5

Meena Rasi: 19.57 Tihti 21

Gulika 8:44AM - 10:29AM

Revati Until 10:37PM Fri

Ganesh: White Sunrise: 5:12AM

Yama 5:12AM - 6:58AM

Dhriti Until 12:34AM Fri

Muruga: Clear Sunset: 7:18PM

414342362 Rahu 2:01PM - 3:47PM

Gara Until 10:29AM

Nataraja: Clear

Creative Work Siddha Yoga

Shashthi\* Until 10:41PM

Moon - Clear

Devaloka Day

Until 10:37PM Fri

Ashada\*Adi

Then Creative Work - Amrita Yoga

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Revati/Ashvini Nakshatra Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 6 Sutra 110

Vilamba 5120

Moon 7 - Phase 15

1st Phase

6

Mesha Rasi: 2.43 Tihti 22

Gulika 6:59AM - 8:44AM

Revati Until 10:37PM

Ganesh: Clear Sunrise: 5:13AM

Yama 3:46PM - 5:32PM

Shula\* Until 21:50AM Sat

Muruga: Clear Sunset: 7:17PM

424342362 Rahu 10:30AM - 12:15PM

Visti Until 9:81AM Sat

Nataraja: Clear

Creative Work Amrita Yoga

Saptami Until 12:34AM Fri

Moon - White

Sivaloka Day

Until 10:37PM

Ashada\*Adi

Then Creative Work - Siddha Yoga

Saturday, August 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Bharani Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 7 Sutra 111

Vilamba 5120

Moon 7 - Phase 15

Ashtami

Retreat Star

Mesha Rasi: 15.48 Tihti 23

Gulika 5:14AM - 6:59AM

Bharani Until 1:24AM Sun

Ganesh: Clear Sunrise: 5:14AM

Yama 2:00PM - 3:45PM

Ganda\* Until 9:50PM

Muruga: Clear Sunset: 7:16PM

424342362 Rahu 8:44AM - 10:30AM

Balava Until 10:21AM

Nataraja: Clear

Creative Work Siddha Yoga

Ashtami\* Until 9:53PM

Moon - White

Sivaloka Day

Ashada\*Adi

Sunday, August 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 8 Sutra 112

Vilamba 5120

Moon 7 - Phase 15

Navami

Retreat Star

Mesha Rasi: 29.16 Tihti 24

Gulika 3:45PM - 5:30PM

Krittika Until 12:29AM Mon

Ganesh: Clear Sunrise: 5:15AM

Yama 12:15PM - 2:00PM

Vriddhi Until 7:41PM

Muruga: Clear Sunset: 7:15PM

424342362 Rahu 5:30PM - 7:15PM

Taitila Until 9:16AM

Nataraja: Clear

Creative Work Siddha Yoga

Navami\* Until 8:28PM

Moon - White

Sivaloka Day

Ashada\*Adi

Until 12:29AM Mon

Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Monday, August 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau		St. Helena, CA Sun 9 Sutra 113 Vilamba 5120	
Vrishabha Rasi: 13.08		<b>Gulika</b> 1:59PM – 3:44PM		<b>Rohini</b> Until 11:13PM		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:16AM		Moon 7 - Phase 16	
Tihti 25		Yama 10:30AM – 12:15PM		Dhruva Until 4:57PM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:14PM		2nd Phase	
<b>Family Home Evening</b>		444342362 <b>Rahu</b> 7:00AM – 8:45AM		Vanija Until 7:31AM		<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
Creative Work Amrita Yoga				<b>Dashami</b> Until 6:24PM		Moon – Yellow			
						<b>Ashada*Adi</b>			

<b>2</b>		<b>Tuesday, August 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 114 Vilamba 5120	
Vrishabha Rasi: 27.23		<b>Gulika</b> 12:15PM – 1:59PM		<b>Mrigashira</b> Until 9:16PM		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:17AM		Moon 7 - Phase 16	
Tihti 26 – 27		Yama 8:46AM – 10:30AM		Vyaghata* Until 1:47PM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:13PM		2nd Phase	
444342362 <b>Rahu</b> 3:44PM – 5:28PM				Kaulava Until 2:17AM Wed		<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
Creative Work Siddha Yoga				<b>Ekadashi*</b> Until 3:46PM		Moon – Yellow			
Until 9:16PM						<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Wednesday, August 8, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 11 Sutra 115 Vilamba 5120	
Mithuna Rasi: 12.01		<b>Gulika</b> 10:30AM – 12:14PM		<b>Ardra</b> Until 6:45PM		<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:17AM		Moon 7 - Phase 16	
Tihti 27 – 28		Yama 7:02AM – 8:46AM		Harshana Until 10:13AM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:12PM		2nd Phase	
444342362 <b>Rahu</b> 12:14PM – 1:59PM				Gara Until 11:00PM		<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
Creative Work Siddha Yoga				<b>Dvadashi*</b> Until 12:40PM		Moon – Yellow			
						<b>Ashada*Adi</b>			

*Pradosha Vrata (Fasting)*

<b>4</b>		<b>Thursday, August 9, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 116 Vilamba 5120	
Mithuna Rasi: 26.55		<b>Gulika</b> 8:46AM – 10:30AM		<b>Punarvasu</b> Until 4:12PM		<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:18AM		Moon 7 - Phase 16	
Tihti 28 – 29		Yama 5:18AM – 7:02AM		Vajra* Until 6:21AM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:10PM		2nd Phase	
444342362 <b>Rahu</b> 1:58PM – 3:42PM				Visti Until 7:28PM		<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
Creative Work Amrita Yoga				<b>Trayodashi*</b> Until 9:14AM		Moon – Blue			
						<b>Ashada*Adi</b>			

		<b>Friday, August 10, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 117 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 7:03AM – 8:47AM		<b>Pushya</b> Until 1:22PM		<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:19AM		Moon 7 - Phase 16	
Kataka Rasi: 12.01		Yama 3:42PM – 5:25PM		Vyatipata* Until 10:12PM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:09PM		Amavasya	
Tihti 30		444342362 <b>Rahu</b> 10:30AM – 12:14PM		Catuspada Until 3:48PM		<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
Routine Work Marana Yoga				<b>Amavasya*</b> Until 1:57AM Sat		Moon – Blue			
						<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Saturday, August 11, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		St. Helena, CA Sun 14 Sutra 118 Vilamba 5120	
Kataka Rasi: 27.07		<b>Gulika</b> 5:20AM – 7:04AM		<b>Ashlesha*</b> Until 10:25AM		<b>Ganesh:</b> Orange <i>Sunrise:</i> 5:20AM		Moon 7 - Phase 16	
Tihti 1		Yama 1:58PM – 3:41PM		Variyan Until 6:10PM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:08PM		Prathama	
445342362 <b>Rahu</b> 8:47AM – 10:31AM				Kintughna Until 8:44AM Sun		<b>Nataraja:</b> Clear		<b>Sivaloka Day</b>	
Routine Work Marana Yoga				<b>Prathama*</b> Until 10:12PM		Moon – Blue			
Until 10:25AM		<b>Partial Solar Eclipse</b>				<b>Sravana*Adi</b>			
Then Creative Work - Amrita Yoga									

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudev.org/panchang

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 119		Vilamba 5120
Simha Rasi: 12.08	Tithi 2	<b>Gulika</b> 3:40PM – 5:24PM	<b>Magha* Until 4:16PM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	
		Yama 12:14PM – 1:57PM	Parigha* Until 2:19PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 5:24PM – 7:07PM	Balava Until 8:44AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 7:07PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 4:16PM Mon				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				St. Helena, CA
Magha*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Sun 16		Sutra 120		Vilamba 5120
Simha Rasi: 26.52	Tithi 3 – 4	<b>Gulika</b> 1:57PM – 3:40PM	<b>Magha* Until 4:16PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	
<b>Family Home Evening</b>		Yama 10:31AM – 12:14PM	Shiva Until 7:44AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 7:05AM – 8:48AM	Vanija Until 2:63AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 2:19PM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
Hasta Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 121		Vilamba 5120
Kanya Rasi: 11.16	Tithi 4 – 5	<b>Gulika</b> 12:13PM – 1:56PM	<b>Hasta Until 2:42AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:23AM	
		Yama 8:48AM – 10:31AM	Siddha Until 2:42AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 3:39PM – 5:22PM	Balava Until 24:65	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 7:44AM Tue</b>	Moon – Green		<b>Subha Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
Chitra Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Sun 18		Sutra 122		Vilamba 5120
Kanya Rasi: 25.13	Tithi 5 – 6	<b>Gulika</b> 10:31AM – 12:13PM	<b>Chitra Until 2:17AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	
		Yama 7:06AM – 8:48AM	Subha Until 3:17AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 12:13PM – 1:56PM	Kaulava Until 11:52PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 5:12AM Wed</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 2:17AM Thu		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
Svati Nakshatra Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 123		Vilamba 5120
Tula Rasi: 8.43	Tithi 6 – 7	<b>Gulika</b> 8:49AM – 10:31AM	<b>Svati Until 2:30AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	
		Yama 5:24AM – 7:07AM	Sukla Until 2:00AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 1:55PM – 3:37PM	Gara Until 10:86PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 3:17AM Thu</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 2:30AM Fri				<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				St. Helena, CA
<b>Retreat Star</b>		Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 124
Tula Rasi: 21.47	Tithi 7 – 8	<b>Gulika</b> 7:07AM – 8:49AM	<b>Vishakha Until 12:17PM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:25AM	Vilamba 5120
		Yama 3:37PM – 5:19PM	Brahma Until 1:21AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 10:31AM – 12:13PM	Visti Until 11:50PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 11:31AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA
<b>Retreat Star</b>		Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 125
Vrischika Rasi: 4.28	Tithi 8 – 9	<b>Gulika</b> 5:26AM – 7:08AM	<b>Vishakha Until 12:17PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:26AM	Vilamba 5120
		Yama 1:54PM – 3:36PM	Indra Until 25:42AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 8:49AM – 10:31AM	Balava Until 12:58AM Sun	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 12:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>1 Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22 Sutra 126		Vilamba 5120		
Vrischika Rasi: 16.49 Tithi 9 – 10		<b>Gulika</b> 3:35PM – 5:16PM	<b>Jyeshtha* Until 8:00AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	
Routine Work Marana Yoga		Yama 12:12PM – 1:54PM	Vaidhriti* Until 1:42AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 18
Until 8:00AM Mon		575442362 <b>Rahu</b> 5:16PM – 6:58PM	Taitila Until 2:44AM Mon	<b>Nataraja:</b> Clear		4th Phase
Then Creative Work - Siddha Yoga			<b>Navami* Until 1:45PM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>2 Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				St. Helena, CA
Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23 Sutra 127		Vilamba 5120		
Vrischika Rasi: 28.55 Tithi 10 – 11		<b>Gulika</b> 1:53PM – 3:34PM	<b>Jyeshtha* Until 6:11PM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:28AM	
Family Home Evening		Yama 10:31AM – 12:12PM	Vishkambha* Until 2:29AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 18
Creative Work Siddha Yoga		575442362 <b>Rahu</b> 7:09AM – 8:50AM	Vanija Until 4:58AM Tue	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 3:47PM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>3 Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
Jyeshtha*/Purvashadha* Nakshatra Priti Yoga Visti* Karana Ekadashyam Titau		Sun 24 Sutra 128		Vilamba 5120		
Dhanus Rasi: 10.5 Tithi 11		<b>Gulika</b> 12:12PM – 1:53PM	<b>Jyeshtha* Until 6:11PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	
Creative Work Amrita Yoga		Yama 8:50AM – 10:31AM	Priti Until 3:31AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 18
Until 6:11PM		586442362 <b>Rahu</b> 3:33PM – 5:14PM	Visti Until 6:11PM	<b>Nataraja:</b> Clear		4th Phase
Then Creative Work - Siddha Yoga			<b>Ekadashi Until 6:11PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>4 Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 129		Vilamba 5120		
Dhanus Rasi: 22.4 Tithi 12		<b>Gulika</b> 10:31AM – 12:12PM	<b>Purvashadha* Until 2:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:30AM	
Creative Work Amrita Yoga		Yama 7:10AM – 8:51AM	Ayushman Until 4:35AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 18
		586442362 <b>Rahu</b> 12:12PM – 1:52PM	Bava Until 7:29AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 8:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>5 Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
Uttarashadha/Shravana Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 130		Vilamba 5120		
Makara Rasi: 4.27 Tithi 13		<b>Gulika</b> 8:51AM – 10:31AM	<b>Uttarashadha Until 5:07PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM	
Routine Work Marana Yoga		Yama 5:31AM – 7:11AM	Saubhagya Until 5:39AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 18
Until 5:07PM		586442362 <b>Rahu</b> 1:52PM – 3:32PM	Kaulava Until 10:06AM	<b>Nataraja:</b> Clear		4th Phase
Then Creative Work - Siddha Yoga			<b>Trayodashi Until 11:22PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		
				<i>Pradosha Vrata</i>		

<b>6 Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				St. Helena, CA
Shravana Nakshatra Sobhana Yoga Gara Karana Chaturdashyam Titau		Sun 27 Sutra 131		Vilamba 5120		
Makara Rasi: 16.15 Tithi 14		<b>Gulika</b> 7:11AM – 8:51AM	<b>Shravana Until 8:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:31AM	
Routine Work Marana Yoga		Yama 3:31PM – 5:11PM	Sobhana Until 6:36AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 18
Until 8:19PM		596442362 <b>Rahu</b> 10:31AM – 12:11PM	Gara Until 12:38PM	<b>Nataraja:</b> Clear		4th Phase
Then Creative Work - Siddha Yoga			<b>Chaturdashi* Until 1:49AM Sat</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Sravana-Avani</b>		

<b>○ Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA
<b>Copper Retreat Star</b>		Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 27 Sutra 132		
Makara Rasi: 28.07 Tithi 15		<b>Gulika</b> 5:32AM – 7:12AM	<b>Dhanishtha Until 11:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:32AM	Vilamba 5120
Creative Work Siddha Yoga		Yama 1:51PM – 3:30PM	Sobhana Until 6:36AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 18
Until 11:07PM		596442362 <b>Rahu</b> 8:52AM – 10:31AM	Visti Until 2:58PM	<b>Nataraja:</b> Clear		Purnima
Then Creative Work - Amrita Yoga			<b>Purnima* Until 3:59AM Sun</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Avani Avittam</b>		<b>Sravana-Avani</b>		

<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
<b>Silver Retreat Star</b>		Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 28 Sutra 133		
Kumbha Rasi: 10.06 Tithi 16		<b>Gulika</b> 3:29PM – 5:09PM	<b>Shatabhishak Until 1:25AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:33AM	Vilamba 5120
Creative Work Siddha Yoga		Yama 12:11PM – 1:50PM	Athiganda* Until 7:17AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 18
Until 1:25AM Mon		596442362 <b>Rahu</b> 5:09PM – 6:48PM	Balava Until 4:58PM	<b>Nataraja:</b> Clear		Prathama
Then Routine Work - Marana Yoga			<b>Prathama* Until 5:48AM Mon</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang





Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthpada\* Nakshatra Sukarma/Dhriti Yoga Tailila Karana Dvitiyayam Titau

St. Helena, CA

Sutra 134

Vilamba 5120

Kumbha Rasi: 22.14 Tihti 17

Family Home Evening

517442363

**Gulika** 1:49PM – 3:28PM  
Yama 10:31AM – 12:10PM  
**Rahu** 7:13AM – 8:52AM

**Purvaprosarthpada\* Until 3:39AM Tue**  
Sukarma Until 7:43AM  
Tailila Until 6:35PM  
**Dvitiya Until 7:12AM Tue**

**Ganesh:** White *Sunrise: 5:34AM*  
**Muruga:** Clear *Sunset: 6:47PM*  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Sivaloka Day**

Moon 8 - Phase 19  
1st Phase

1

Tuesday, August 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Tritisya/Tritisayam Titau

St. Helena, CA

Sun 1 Sutra 135

Vilamba 5120

Meena Rasi: 4.32 Tihti 17 – 18

Creative Work Amrita Yoga

Until 5:18AM Wed

Then Routine Work - Marana Yoga

517452363

**Gulika** 12:10PM – 1:49PM  
Yama 8:53AM – 10:31AM  
**Rahu** 3:28PM – 5:06PM

**Uttaraprosarthpada Until 5:18AM Wed**  
Dhriti Until 7:50AM  
Vanija Until 7:46PM  
**Dvitiya Until 7:12AM**

**Ganesh:** Clear *Sunrise: 5:35AM*  
**Muruga:** Purple *Sunset: 6:45PM*  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19  
1st Phase

2

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 136

Vilamba 5120

Meena Rasi: 17.01 Tihti 18 – 19

Routine Work Marana Yoga

Until 6:21AM Thu

Then Creative Work - Amrita Yoga

517452363

**Gulika** 10:31AM – 12:10PM  
Yama 7:14AM – 8:53AM  
**Rahu** 12:10PM – 1:48PM

**Revati Until 6:21AM Thu**  
Shula\* Until 7:34AM  
Bava Until 8:30PM  
**Tritiya Until 8:10AM**

**Ganesh:** Clear *Sunrise: 5:36AM*  
**Muruga:** Purple *Sunset: 6:44PM*  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19  
1st Phase

3

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 137

Vilamba 5120

Meena Rasi: 29.43 Tihti 19 – 20

Creative Work Siddha Yoga

Until 6:21AM

Then Creative Work - Amrita Yoga

517452363

**Gulika** 8:53AM – 10:31AM  
Yama 5:37AM – 7:15AM  
**Rahu** 1:48PM – 3:26PM

**Revati Until 6:21AM**  
Ganda\* Until 6:58AM  
Kaulava Until 8:47PM  
**Chaturthi\* Until 8:41AM**

**Ganesh:** Clear *Sunrise: 5:37AM*  
**Muruga:** Purple *Sunset: 6:42PM*  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19  
1st Phase

4

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhhi/Dhruva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 138

Vilamba 5120

Mesha Rasi: 12.38 Tihti 20 – 21

Creative Work Amrita Yoga

Until 7:16AM

Then Creative Work - Siddha Yoga

527452363

**Gulika** 7:15AM – 8:53AM  
Yama 3:25PM – 5:03PM  
**Rahu** 10:31AM – 12:09PM

**Ashvini Until 7:16AM**  
Vridhhi Until 6:01AM  
Gara Until 8:35PM  
**Panchami Until 8:43AM**

**Ganesh:** Purple *Sunrise: 5:38AM*  
**Muruga:** Purple *Sunset: 6:41PM*  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Bhuloka Day**

Moon 8 - Phase 19  
1st Phase

5

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\* Yoga Vanija Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 139

Vilamba 5120

Mesha Rasi: 25.48 Tihti 21 – 22

Creative Work Siddha Yoga

Until 7:32AM

Then Creative Work - Amrita Yoga

527452363

**Gulika** 5:38AM – 7:16AM  
Yama 1:46PM – 3:24PM  
**Rahu** 8:54AM – 10:31AM

**Bharani Until 7:32AM**  
Vyaghata\* Until 2:55AM Sun  
Vanija Until 8:17AM  
**Shashthi\* Until 8:17AM**

**Ganesh:** Purple *Sunrise: 5:38AM*  
**Muruga:** Purple *Sunset: 6:39PM*  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Bhuloka Day**

Moon 8 - Phase 19  
1st Phase

6

Sunday, September 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 140

Vilamba 5120

Vrisabha Rasi: 9.14 Tihti 22 – 23

Creative Work Siddha Yoga

527452363

**Gulika** 3:23PM – 5:00PM  
Yama 12:08PM – 1:46PM  
**Rahu** 5:00PM – 6:38PM

**Krittika Until 7:11AM**  
Harshana Until 12:47AM Mon  
Balava Until 6:41PM  
**Saptami Until 7:20AM**

**Ganesh:** Purple *Sunrise: 5:39AM*  
**Muruga:** Purple *Sunset: 6:38PM*  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Bhuloka Day**

Moon 8 - Phase 19  
Ashtami

Krishna Janmashtami

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\* Yoga Tailila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 141

Vilamba 5120

Vrisabha Rasi: 22.58 Tihti 24

Family Home Evening

538452363

**Gulika** 1:45PM – 3:22PM  
Yama 10:31AM – 12:08PM  
**Rahu** 7:17AM – 8:54AM

**Rohini Until 6:36AM**  
Vajra\* Until 6:36AM  
Tailila Until 5:00PM  
**Navami\* Until 3:57AM Tue**

**Ganesh:** White *Sunrise: 5:40AM*  
**Muruga:** Purple *Sunset: 6:36PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Sravana-Avani**

**Devaloka Day**

Moon 8 - Phase 19  
Navami

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Tuesday, September 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				St. Helena, CA
			Ardra Nakshatra Siddhi Yoga Vanija Karana Dashamyam Titau				Sun 8 Sutra 142
Mithuna Rasi: 7.01	Tithi 25	<b>Gulika</b>	<b>12:08PM – 1:44PM</b>	<b>Ardra Until 3:37AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM	Vilamba 5120
		Yama	8:54AM – 10:31AM	Siddhi Until 7:16PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20
		538452363 <b>Rahu</b>	3:21PM – 4:58PM	Vanija Until 2:49PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga			<b>Dashami Until 1:33AM Wed</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 3:37AM Wed					<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				St. Helena, CA
			Punarvasu Nakshatra Vyatipata*/Vairyan Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 143
Mithuna Rasi: 21.2	Tithi 26	<b>Gulika</b>	<b>10:31AM – 12:07PM</b>	<b>Punarvasu Until 1:43AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:42AM	Vilamba 5120
		Yama	7:18AM – 8:55AM	Vyatipata* Until 4:00PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20
		548452363 <b>Rahu</b>	12:07PM – 1:44PM	Bava Until 12:13PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 10:46PM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 1:43AM Thu					<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				St. Helena, CA
			Pushya Nakshatra Vairyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 144
Kataka Rasi: 5.56	Tithi 27	<b>Gulika</b>	<b>8:55AM – 10:31AM</b>	<b>Pushya Until 11:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:43AM	Vilamba 5120
		Yama	5:43AM – 7:19AM	Vairyan Until 12:27PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20
		548452363 <b>Rahu</b>	1:43PM – 3:19PM	Kaulava Until 9:17AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 7:42PM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 11:24PM					<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				St. Helena, CA
			Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 145
Kataka Rasi: 20.44	Tithi 28 – 29	<b>Gulika</b>	<b>7:19AM – 8:55AM</b>	<b>Ashlesha* Until 8:49PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:44AM	Vilamba 5120
		Yama	3:18PM – 4:54PM	Parigha* Until 8:43AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20
		548452363 <b>Rahu</b>	10:31AM – 12:07PM	Gara Until 6:07AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga			<b>Trayodashi* Until 4:28PM</b>	Moon – Blue		<b>Bhuloka Day</b>
					<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM

*Pradosha Vrata (Fasting)*

	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				St. Helena, CA
	<b>Retreat Star</b>		Magha* Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 146
Simha Rasi: 6	Tithi 29 – 30	<b>Gulika</b>	<b>5:45AM – 7:20AM</b>	<b>Magha* Until 6:28PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM	Vilamba 5120
		Yama	1:42PM – 3:17PM	Siddha Until 1:09AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20
		558452363 <b>Rahu</b>	8:55AM – 10:31AM	Catuspada Until 11:35PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 1:11PM</b>	Moon – Red		<b>Bhuloka Day</b>
Until 6:28PM					<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
			Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 147
Simha Rasi: 20.26	Tithi 30 – 1	<b>Gulika</b>	<b>3:16PM – 4:52PM</b>	<b>Purvaphalguni Until 4:08PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM	Vilamba 5120
		Yama	12:06PM – 1:41PM	Sadhya Until 9:32PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20
		558452363 <b>Rahu</b>	4:52PM – 6:27PM	Kintughna Until 8:31PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga			<b>Amavasya* Until 10:00AM</b>	Moon – Red		<b>Bhuloka Day</b>
Until 4:08PM					<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1	<b>Monday, September 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 14 Sutra 148 Vilamba 5120
	Kanya Rasi: 5.05	Tithi 1 - 2	<b>Gulika</b> 1:41PM - 3:16PM	<b>Uttaraphalguni</b> Until 1:58PM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:46AM	
	<b>Family Home Evening</b>	559452363	Yama 10:31AM - 12:06PM	Subha Until 6:14PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	<b>Rahu</b> 7:21AM - 8:56AM	Kaulava Until 4:34AM Tue	<b>Nataraja:</b> Purple		3rd Phase
			<b>Prathama*</b> Until 7:04AM	Moon - Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 19.28	Tithi 3	<b>Gulika</b> 12:05PM - 1:40PM	<b>Hasta</b> Until 12:33PM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:47AM	
	569452363		Yama 8:56AM - 10:31AM	Sukla Until 3:17PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	<b>Rahu</b> 3:15PM - 4:49PM	Taitila Until 3:31PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritiya</b> Until 2:37AM Wed	Moon - Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

3	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthayam Titau				St. Helena, CA Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 3.28	Tithi 4	<b>Gulika</b> 10:31AM - 12:05PM	<b>Chitra</b> Until 11:35AM	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 5:48AM	
	569452363		Yama 7:22AM - 8:57AM	Brahma Until 12:53PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	<b>Rahu</b> 12:05PM - 1:39PM	Vanija Until 1:54PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Chaturthi*</b> Until 1:21AM Thu	Moon - Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

4	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau				St. Helena, CA Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 17.01	Tithi 5	<b>Gulika</b> 8:57AM - 10:31AM	<b>Svati</b> Until 11:12AM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:49AM	
	569552363		Yama 5:49AM - 7:23AM	Indra Until 11:12AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	<b>Rahu</b> 1:39PM - 3:13PM	Bava Until 1:02PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami</b> Until 12:53AM Fri	Moon - Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to 12:PM	

5	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Gara Karana Shashthyam Titau				St. Helena, CA Sun 18 Sutra 152 Vilamba 5120
	Vrischika Rasi: 0.08	Tithi 6	<b>Gulika</b> 7:23AM - 8:57AM	<b>Vishakha</b> Until 11:56AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:50AM	
	579552363		Yama 3:12PM - 4:45PM	Vaidhriti* Until 11:56AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:31AM - 12:04PM	Kaulava Until 12:59PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi*</b> Until 1:15AM Sat	Moon - Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

6	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 12.52	Tithi 7	<b>Gulika</b> 5:51AM - 7:24AM	<b>Anuradha</b> Until 1:18PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:51AM	
	579552363		Yama 1:37PM - 3:11PM	Vishkambha* Until 9:22AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:57AM - 10:31AM	Gara Until 1:46PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Saptami</b> Until 2:25AM Sun	Moon - Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:10PM - 4:43PM	<b>Jyeshtha*</b> Until 3:14PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:51AM	
	Vrischika Rasi: 25.13	Tithi 8	Yama 12:04PM - 1:37PM	Priti Until 9:27AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 21
	579552363		<b>Rahu</b> 4:43PM - 6:16PM	Visti Until 3:17PM	<b>Nataraja:</b> Purple		Ashtami
			<b>Ashtami*</b> Until 4:16AM Mon	Moon - Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Puratasi</b>			

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:36PM - 3:09PM	<b>Mula*</b> Until 6:04PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:52AM	
	Dhanus Rasi: 7.19	Tithi 9	Yama 10:31AM - 12:03PM	Ayushman Until 9:59AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 21
	589552363		<b>Rahu</b> 7:25AM - 8:58AM	Balava Until 5:24PM	<b>Nataraja:</b> Purple		Navami
			<b>Navami*</b> Until 6:36AM Tue	Moon - Light Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, September 18, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Navami/Dashanyam Titau	St. Helena, CA Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 19.13	Tithi 9 – 10	<b>Gulika</b>	12:03PM – 1:35PM	<b>Purvashadha* Until 9:06PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:53AM	
		Yama	8:58AM – 10:30AM	Saubhagya Until 10:52AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 22
		581552363 <b>Rahu</b>	3:08PM – 4:40PM	Tailila Until 7:54PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			<b>Navami* Until 6:36AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 9:06PM					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Prabararishta Yoga							

<b>2</b>		<b>Wednesday, September 19, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	St. Helena, CA Sun 23 Sutra 157 Vilamba 5120
Makara Rasi: 1.02	Tithi 10 – 11	<b>Gulika</b>	10:30AM – 12:03PM	<b>Uttarashadha Until 12:04AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:54AM	
		Yama	7:26AM – 8:58AM	Sobhana Until 11:56AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 22
		581552363 <b>Rahu</b>	12:03PM – 1:35PM	Vanija Until 10:32PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga			<b>Dashami Until 9:12AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 12:04AM Thu					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Thursday, September 20, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	St. Helena, CA Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 12.49	Tithi 11 – 12	<b>Gulika</b>	8:59AM – 10:30AM	<b>Shravana Until 3:16AM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:55AM	
		Yama	5:55AM – 7:27AM	Athiganda* Until 12:58PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 22
		591552363 <b>Rahu</b>	1:34PM – 3:06PM	Bava Until 1:04AM Fri	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi Until 11:48AM</b>	Moon – Purple		<b>Devaloka Day</b>
					<b>Bhadrapada-Puratasi</b>		

<b>4</b>		<b>Friday, September 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	St. Helena, CA Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 24.4	Tithi 12 – 13	<b>Gulika</b>	7:27AM – 8:59AM	<b>Dhanishtha Until 6:01AM Sat</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:56AM	
		Yama	3:05PM – 4:36PM	Sukarma Until 1:51PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 22
		591552363 <b>Rahu</b>	10:30AM – 12:02PM	Kaulava Until 3:19AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			<b>Dvadashi Until 2:13PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 6:01AM Sat					<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Saturday, September 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	St. Helena, CA Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 6.38	Tithi 13 – 14	<b>Gulika</b>	5:57AM – 7:28AM	<b>Dhanishtha Until 6:01AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:57AM	
		Yama	1:33PM – 3:04PM	Dhriti Until 2:28PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 22
		591552363 <b>Rahu</b>	8:59AM – 10:30AM	Gara Until 5:09AM Sun	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi Until 4:16PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 6:01AM					<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>					
		<b>Kadaitswami Mahasamadhi</b>					

<b>6</b>		<b>Sunday, September 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	St. Helena, CA Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 18.47	Tithi 14 – 15	<b>Gulika</b>	3:03PM – 4:34PM	<b>Shatabhishak Until 8:11AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:58AM	
		Yama	12:01PM – 1:32PM	Shula* Until 2:42PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 22
		591552363 <b>Rahu</b>	4:34PM – 6:05PM	Visti Until 6:28AM Mon	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 5:51PM</b>	Moon – Purple		<b>Devaloka Day</b>
					<b>Bhadrapada-Puratasi</b>		

<b>○</b>		<b>Monday, September 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau	St. Helena, CA Sutra 162 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	1:31PM – 3:02PM	<b>Purvaprosarthapada* Until 10:11AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:58AM	
Meena Rasi: 1.08	Tithi 15	Yama	10:30AM – 12:01PM	Ganda* Until 2:34PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
<b>Family Home Evening</b>		511552363 <b>Rahu</b>	7:29AM – 9:00AM	Visti Until 6:28AM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga			<b>Purnima* Until 6:55PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 10:11AM					<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Tuesday, September 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Vridhhi/Dhruva Yoga Balava Karana Prathamayam Titau	St. Helena, CA Sutra 163 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b>	12:00PM – 1:31PM	<b>Uttaraprosarthapada Until 11:31AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:59AM	
Meena Rasi: 13.44	Tithi 16	Yama	9:00AM – 10:30AM	Vridhhi Until 2:02PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 22
		511552363 <b>Rahu</b>	3:01PM – 4:31PM	Balava Until 7:16AM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga			<b>Prathama* Until 7:28PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 11:31AM					<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 26.32 Tihi 17

511552363

Gulika 10:30AM - 12:00PM  
Yama 7:30AM - 9:00AM  
Rahu 12:00PM - 1:30PM

Revati Until 12:14PM  
Dhruva Until 1:06PM  
Taitila Until 6:88AM Thu  
Dvitiya Until 2:02PM

Ganesh: Purple Sunrise: 6:00AM  
Muruga: Purple Sunset: 6:00PM  
Nataraja: Purple  
Moon - Clear  
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

St. Helena, CA

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 9.34 Tihi 18

621552363

Gulika 9:00AM - 10:30AM  
Yama 6:01AM - 7:31AM  
Rahu 1:29PM - 2:59PM

Ashvini Until 12:50PM  
Vyaghata\* Until 11:51AM  
Vanija Until 6:57AM Fri  
Tritiya Until 1:06PM

Ganesh: Purple Sunrise: 6:01AM  
Muruga: Purple Sunset: 5:58PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 12:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 22.48 Tihi 19

622552363

Gulika 7:31AM - 9:01AM  
Yama 2:58PM - 4:28PM  
Rahu 10:30AM - 11:59AM

Bharani Until 12:55PM  
Harshana Until 10:19AM  
Bava Until 6:57AM  
Chaturthi\* Until 6:33PM

Ganesh: Clear Sunrise: 6:02AM  
Muruga: Purple Sunset: 5:57PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 6.13 Tihi 20 - 21

622552363

Gulika 6:03AM - 7:32AM  
Yama 1:28PM - 2:57PM  
Rahu 9:01AM - 10:30AM

Krittika Until 12:32PM  
Vajra\* Until 8:29AM  
Kaulava Until 6:06AM  
Panchami Until 5:33PM

Ganesh: Clear Sunrise: 6:03AM  
Muruga: Purple Sunset: 5:55PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 19.49 Tihi 21 - 22

632552363

Gulika 2:56PM - 4:25PM  
Yama 11:59AM - 1:28PM  
Rahu 4:25PM - 5:54PM

Rohini Until 12:09PM  
Siddhi Until 6:26AM  
Visti Until 3:31AM Mon  
Shashthi\* Until 4:15PM

Ganesh: Purple Sunrise: 6:04AM  
Muruga: Purple Sunset: 5:54PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 3.34 Tihi 22 - 23

632552363

Gulika 1:27PM - 2:55PM  
Yama 10:30AM - 11:58AM  
Rahu 7:33AM - 9:02AM

Mrigashira Until 11:21AM  
Variyan Until 11:21AM  
Balava Until 1:48AM Tue  
Saptami Until 2:40PM

Ganesh: Purple Sunrise: 6:05AM  
Muruga: Purple Sunset: 5:52PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Family Home Evening Creative Work Amrita Yoga

Until 11:21AM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 17.3 Tihi 23 - 24

632552363

Gulika 11:58AM - 1:26PM  
Yama 9:02AM - 10:30AM  
Rahu 2:54PM - 4:23PM

Ardra Until 10:07AM  
Parigha\* Until 10:54PM  
Taitila Until 11:49PM  
Ashtami\* Until 12:49PM

Ganesh: Purple Sunrise: 6:06AM  
Muruga: Purple Sunset: 5:51PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 10:07AM

Then Creative Work - Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		St. Helena, CA Sun 8 Sutra 171 Vilamba 5120	
Kataka Rasi: 2	Tithi 24 – 25	<b>Gulika</b>	<b>10:30AM – 11:58AM</b>	<b>Punarvasu Until 8:54AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:07AM	
		Yama	7:34AM – 9:02AM	Shiva Until 7:58PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	642552363	<b>Rahu</b> 11:58AM – 1:26PM	Vanija Until 9:35PM	<b>Nataraja:</b> Purple		2nd Phase
				<b>Navami* Until 10:42AM</b>	Moon – Blue		
					<b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 15.52	Tithi 25 – 26	<b>Gulika</b>	<b>9:02AM – 10:30AM</b>	<b>Pushya Until 7:19AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:07AM	
		Yama	6:07AM – 7:35AM	Siddha Until 4:50PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 24
Creative Work	Amrita Yoga	642552363	<b>Rahu</b> 1:25PM – 2:53PM	Bava Until 7:08PM	<b>Nataraja:</b> Purple		2nd Phase
Until 7:19AM				<b>Dashami Until 8:21AM</b>	Moon – Blue		
Then Creative Work - Siddha Yoga					<b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>3</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		St. Helena, CA Sun 10 Sutra 173 Vilamba 5120	
Simha Rasi: 0.16	Tithi 27	<b>Gulika</b>	<b>7:36AM – 9:03AM</b>	<b>Magha* Until 3:40AM Sat</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:08AM	
		Yama	2:52PM – 4:19PM	Sadhya Until 1:36PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 24
Routine Work	Marana Yoga	652552363	<b>Rahu</b> 10:30AM – 11:57AM	Kaulava Until 4:32PM	<b>Nataraja:</b> Purple		2nd Phase
Until 3:40AM Sat				<b>Dvadashi* Until 3:11AM Sat</b>	Moon – Red		
Then Creative Work - Siddha Yoga					<b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>	

<b>4</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		St. Helena, CA Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 14.44	Tithi 28	<b>Gulika</b>	<b>6:09AM – 7:36AM</b>	<b>Purvaphalguni Until 1:47AM Sun</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:09AM	
		Yama	1:24PM – 2:51PM	Subha Until 10:18AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	652552363	<b>Rahu</b> 9:03AM – 10:30AM	Gara Until 1:53PM	<b>Nataraja:</b> Purple		2nd Phase
Until 1:47AM Sun				<b>Trayodashi* Until 12:33AM Sun</b>	Moon – Red		
Then Creative Work - Amrita Yoga					<b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>	
							<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Catuspada* Karana Chaturdashyam Titau		St. Helena, CA Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 29.11	Tithi 29	<b>Gulika</b>	<b>2:50PM – 4:16PM</b>	<b>Uttaraphalguni Until 1:53PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:10AM	
		Yama	11:57AM – 1:23PM	Sukla Until 11:53PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24
Creative Work	Amrita Yoga	652552364	<b>Rahu</b> 4:16PM – 5:43PM	Visti Until 11:17AM	<b>Nataraja:</b> Clear		2nd Phase
				<b>Chaturdashi* Until 10:02PM</b>	Moon – Red		
					<b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM

<b>Monday, October 8, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		St. Helena, CA Sun 13 Sutra 176 Vilamba 5120	
Kanya Rasi: 13.32	Tithi 30	<b>Gulika</b>	<b>1:23PM – 2:49PM</b>	<b>Hasta Until 10:32PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:11AM	
<b>Family Home Evening</b>		Yama	10:30AM – 11:56AM	Indra Until 12:59AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	662652364	<b>Rahu</b> 7:37AM – 9:04AM	Catuspada Until 8:52AM	<b>Nataraja:</b> Clear		Amavasya
Until 10:32PM				<b>Amavasya* Until 7:46PM</b>	Moon – Green		
Then Routine Work - Prabalarishta Yoga			<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>	<b>Devaloka Day</b>	

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 27.41	Tithi 1 – 2	<b>Gulika</b>	<b>11:56AM – 1:22PM</b>	<b>Chitra Until 9:28PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:12AM	
		Yama	9:04AM – 10:30AM	Vaidhriti* Until 10:25PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	662652364	<b>Rahu</b> 2:48PM – 4:14PM	Kintughna Until 6:48AM	<b>Nataraja:</b> Clear		Prathama
				<b>Prathama* Until 5:54PM</b>	Moon – Green		
			<b>Navaratri Begins</b>		<b>Ashvina-Puratasi</b>	<b>Devaloka Day</b>	

<b>1</b>	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
	Tula Rasi: 11.32      Tithi 2 – 3		Svati Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15      Sutra 178
	Creative Work      Siddha Yoga	662652364	<b>Gulika</b> 10:30AM – 11:56AM	<b>Svati</b> Until 8:49PM	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:13AM	Vilamba 5120	
			Yama      7:39AM – 9:04AM	Vishkambha*      Until 8:19PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 25	
		<b>Rahu</b> 11:56AM – 1:22PM	Taitila      Until 4:12AM Thu	<b>Nataraja:</b> Clear	3rd Phase		
			<b>Dvitiya</b> Until 4:36PM	Moon – Green	<b>Devaloka Day</b>		
				<b>Ashvina</b> •Puratasi			

<b>2</b>	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
	Tula Rasi: 25.01      Tithi 3 – 4		Vishakha Nakshatra Prili Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Sun 16      Sutra 179
	Creative Work      Siddha Yoga	673652364	<b>Gulika</b> 9:05AM – 10:30AM	<b>Vishakha</b> Until 9:08PM	<b>Ganesh:</b> White <i>Sunrise:</i> 6:14AM	Vilamba 5120	
			Yama      6:14AM – 7:39AM	Priti      Until 6:47PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 25	
		<b>Rahu</b> 1:21PM – 2:46PM	Vanija      Until 3:56AM Fri	<b>Nataraja:</b> Clear	3rd Phase		
			<b>Tritiya</b> Until 3:57PM	Moon – Orange	<b>Bhuloka Day</b>		
				<b>Ashvina</b> •Puratasi	Devaloka Time: 6:PM to 9:PM		

<b>3</b>	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				St. Helena, CA
	Vrischika Rasi: 8.07      Tithi 4 – 5		Anuradha Nakshatra Ayushman/Saubhagya Yoga Visti*/Kaulava Karana Chaturthi/Panchamyam Titau				Sun 17      Sutra 180
	Creative Work      Siddha Yoga	673652364	<b>Gulika</b> 7:40AM – 9:05AM	<b>Anuradha</b> Until 10:03PM	<b>Ganesh:</b> White <i>Sunrise:</i> 6:15AM	Vilamba 5120	
			Yama      2:45PM – 4:11PM	Ayushman      Until 10:03PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:36PM	Moon 9 - Phase 25	
		<b>Rahu</b> 10:30AM – 11:55AM	Kaulava      Until 29:43AM Sat	<b>Nataraja:</b> Clear	3rd Phase		
			<b>Chaturthi*</b> Until 4:04PM	Moon – Orange	<b>Bhuloka Day</b>		
				<b>Ashvina</b> •Puratasi	Devaloka Time: 6:PM to 9:PM		

<b>4</b>	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA
	Vrischika Rasi: 20.49      Tithi 5 – 6		Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 18      Sutra 181
	Creative Work      Siddha Yoga	673652364	<b>Gulika</b> 6:16AM – 7:41AM	<b>Jyeshtha*</b> Until 11:33PM	<b>Ganesh:</b> White <i>Sunrise:</i> 6:16AM	Vilamba 5120	
			Yama      1:20PM – 2:45PM	Saubhagya      Until 5:28PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:34PM	Moon 9 - Phase 25	
		<b>Rahu</b> 9:05AM – 10:30AM	Kaulava      Until 5:43AM Sun	<b>Nataraja:</b> Clear	3rd Phase		
			<b>Panchami</b> Until 4:58PM	Moon – Orange	<b>Bhuloka Day</b>		
				<b>Ashvina</b> •Puratasi	Devaloka Time: 6:PM to 9:PM		

<b>5</b>	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
	Dhanus Rasi: 3.11      Tithi 6		Mula* Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Shashthyam Titau				Sun 19      Sutra 182
	Creative Work      Amrita Yoga	683652364	<b>Gulika</b> 2:44PM – 4:08PM	<b>Mula*</b> Until 2:03AM Mon	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:17AM	Vilamba 5120	
			Yama      11:55AM – 1:19PM	Sobhana      Until 5:41PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:33PM	Moon 9 - Phase 25	
		<b>Rahu</b> 4:08PM – 5:33PM	Taitila      Until 6:36PM	<b>Nataraja:</b> Clear	3rd Phase		
			<b>Shashthi*</b> Until 6:36PM	Moon – Light Blue	<b>Devaloka Day</b>		
				<b>Ashvina</b> •Puratasi			

<b>6</b>	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam				St. Helena, CA
	Dhanus Rasi: 15.17      Tithi 7		Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20      Sutra 183
	Family Home Evening	683652364	<b>Gulika</b> 1:19PM – 2:43PM	<b>Purvashadha*</b> Until 4:54AM Tue	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:18AM	Vilamba 5120	
		Routine Work      Marana Yoga		Yama      10:30AM – 11:55AM	Athiganda*      Until 6:19PM	Moon 9 - Phase 25	
		<b>Rahu</b> 7:42AM – 9:06AM	Gara      Until 7:40AM	<b>Nataraja:</b> Clear	3rd Phase		
			<b>Saptami</b> Until 8:49PM	Moon – Light Blue	<b>Devaloka Day</b>		
				<b>Ashvina</b> •Puratasi			

<b>D</b>	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
	<b>Retreat Star</b>		Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21      Sutra 184
	Dhanus Rasi: 27.12      Tithi 8	683652364	<b>Gulika</b> 11:54AM – 1:18PM	<b>Uttarashadha</b> Until 7:49AM Wed	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:19AM	Vilamba 5120	
			Yama      9:07AM – 10:30AM	Sukarma      Until 7:15PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:30PM	Moon 9 - Phase 25	
		<b>Rahu</b> 2:42PM – 4:06PM	Visti      Until 10:05AM	<b>Nataraja:</b> Clear	Ashtami		
			<b>Ashtami*</b> Until 11:23PM	Moon – Light Blue	<b>Devaloka Day</b>		
				<b>Ashvina</b> •Puratasi			

<b>D</b>	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
	<b>Retreat Star</b>		Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22      Sutra 185
	Makara Rasi: 9.01      Tithi 9	683652364	<b>Gulika</b> 10:31AM – 11:54AM	<b>Uttarashadha</b> Until 7:49AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:20AM	Vilamba 5120	
			Yama      7:43AM – 9:07AM	Dhriti      Until 8:17PM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:29PM	Moon 9 - Phase 25	
		<b>Rahu</b> 11:54AM – 1:18PM	Balava      Until 12:44PM	<b>Nataraja:</b> Clear	Navami		
			<b>Navami*</b> Until 2:02AM Thu	Moon – Light Blue	<b>Devaloka Day</b>		
				<b>Ashvina</b> •Aipasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1 Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 23 Sutra 186 Vilamba 5120
Makara Rasi: 20.49	Tithi 10	<b>Gulika</b> 9:07AM – 10:31AM	<b>Shravana Until 11:05AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:21AM	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26 4th Phase
		Yama 6:21AM – 7:44AM	Shula* Until 9:12PM	<b>Muruga:</b> Purple		
		693652364 <b>Rahu</b> 1:17PM – 2:41PM	Tailila Until 3:20PM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Dashami Until 4:30AM Fri</b>	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		<b>Vijaya Dasami</b>		<b>Ashvina-Aipasi</b>		

<b>2 Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 187 Vilamba 5120
Kumbha Rasi: 2.42	Tithi 11	<b>Gulika</b> 7:45AM – 9:08AM	<b>Dhanishtha Until 1:55PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 26 4th Phase
		Yama 2:40PM – 4:03PM	Ganda* Until 9:52PM	<b>Muruga:</b> Purple		
		693652364 <b>Rahu</b> 10:31AM – 11:54AM	Vanija Until 5:37PM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Ekadashi Until 6:34AM Sat</b>	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
				<b>Ashvina-Aipasi</b>		

<b>3 Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 188 Vilamba 5120
Kumbha Rasi: 14.45	Tithi 11 – 12	<b>Gulika</b> 6:23AM – 7:45AM	<b>Shatabhishak Until 4:09PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:23AM	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 26 4th Phase
		Yama 1:16PM – 2:39PM	Vriddhi Until 10:09PM	<b>Muruga:</b> Purple		
		693652364 <b>Rahu</b> 9:08AM – 10:31AM	Bava Until 7:25PM	<b>Nataraja:</b> Clear		
Creative Work	Amrita Yoga		<b>Ekadashi Until 6:34AM</b>	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Until 4:09PM				<b>Ashvina-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>4 Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 189 Vilamba 5120
Kumbha Rasi: 27.01	Tithi 12 – 13	<b>Gulika</b> 2:38PM – 4:01PM	<b>Purvaproshtapada* Until 6:07PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:24AM	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 26 4th Phase
		Yama 11:53AM – 1:16PM	Dhruva Until 9:56PM	<b>Muruga:</b> Purple		
		613652364 <b>Rahu</b> 4:01PM – 5:23PM	Kaulava Until 8:36PM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Dvadashi Until 8:04AM</b>	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Until 6:07PM				<b>Ashvina-Aipasi</b>		
Then Creative Work - Amrita Yoga						

<b>5 Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 190 Vilamba 5120
Meena Rasi: 9.34	Tithi 13 – 14	<b>Gulika</b> 1:15PM – 2:38PM	<b>Uttaraproshtapada Until 7:19PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:25AM	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26 4th Phase
<b>Family Home Evening</b>		Yama 10:31AM – 11:53AM	Vyaghata* Until 9:14PM	<b>Muruga:</b> Purple		
		613652364 <b>Rahu</b> 7:47AM – 9:09AM	Gara Until 9:08PM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Trayodashi Until 8:56AM</b>	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
				<b>Ashvina-Aipasi</b>		

<b>○ Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sutra 191 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:53AM – 1:15PM	<b>Revati Until 7:44PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:26AM	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 22.25	Tithi 14 – 15	Yama 9:09AM – 10:31AM	Harshana Until 7:44PM	<b>Muruga:</b> Purple		
		613652364 <b>Rahu</b> 2:37PM – 3:59PM	Visti Until 9:04PM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:09AM</b>	Moon – Clear		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
				<b>Ashvina-Aipasi</b>		

<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sutra 192 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:31AM – 11:53AM	<b>Ashvini Until 7:56PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:27AM	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 26 Prathama
Mesha Rasi: 5.34	Tithi 15 – 16	Yama 7:48AM – 9:10AM	Vajra* Until 6:25PM	<b>Muruga:</b> Purple		
		623652364 <b>Rahu</b> 11:53AM – 1:15PM	Balava Until 8:26PM	<b>Nataraja:</b> Clear		
Routine Work	Marana Yoga		<b>Purnima* Until 8:47AM</b>	Moon – White		<b>Devaloka Day</b>
Until 7:56PM				<b>Ashvina-Aipasi</b>		
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 193

Vilamba 5120

Mesha Rasi: 18.59    Tihi 16 – 17

**Gulika** 9:10AM – 10:32AM  
Yama 6:28AM – 7:49AM  
Rahu 1:14PM – 2:35PM

**Bharani** Until 7:32PM  
Siddhi Until 4:27PM  
Taitila Until 7:21PM

**Ganesha:** Clear    *Sunrise:* 6:28AM  
**Muruga:** Purple    *Sunset:* 5:18PM  
**Nataraja:** Clear

Moon 10 - Phase 27  
1st Phase

Creative Work    Siddha Yoga  
Until 7:32PM  
Then Routine Work - Marana Yoga

**Prathama\* Until 7:56AM**

**Ashvina-Aipasi**

**Devaloka Day**

Friday, October 26, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\* Varyan Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1    Sutra 194

Vilamba 5120

Vrishabha Rasi: 2.38    Tihi 17 – 18

**Gulika** 7:50AM – 9:11AM  
Yama 2:35PM – 3:56PM  
Rahu 10:32AM – 11:53AM

**Krittika** Until 6:40PM  
Vyatipata\* Until 2:11PM  
Visti Until 5:07AM Sat  
Dvitiya Until 6:40AM

**Ganesha:** White    *Sunrise:* 6:29AM  
**Muruga:** Purple    *Sunset:* 5:17PM  
**Nataraja:** Clear

Moon 10 - Phase 27  
1st Phase

Creative Work    Siddha Yoga  
Until 6:40PM  
Then Routine Work - Marana Yoga

**Ashvina-Aipasi**

**Sivaloka Day**

Saturday, October 27, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 2    Sutra 195

Vilamba 5120

Vrishabha Rasi: 16.27    Tihi 19

**Gulika** 6:30AM – 7:51AM  
Yama 1:13PM – 2:34PM  
Rahu 9:11AM – 10:32AM

**Rohini** Until 5:50PM  
Varyan Until 11:42AM  
Bava Until 4:17PM  
Chaturthi\* Until 3:23AM Sun

**Ganesha:** Clear    *Sunrise:* 6:30AM  
**Muruga:** Purple    *Sunset:* 5:16PM  
**Nataraja:** Clear

Moon 10 - Phase 27  
1st Phase

Creative Work    Amrita Yoga  
Until 5:50PM  
Then Creative Work - Siddha Yoga

**Ashvina-Aipasi**

**Devaloka Day**

Sunday, October 28, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Sun 3    Sutra 196

Vilamba 5120

Mithuna Rasi: 0.24    Tihi 20

**Gulika** 2:33PM – 3:54PM  
Yama 11:53AM – 1:13PM  
Rahu 3:54PM – 5:14PM

**Mrigashira** Until 11:36PM Mon  
Parigha\* Until 9:06AM  
Kaulava Until 2:29PM  
Panchami Until 1:31AM Mon

**Ganesha:** Clear    *Sunrise:* 6:31AM  
**Muruga:** Purple    *Sunset:* 5:14PM  
**Nataraja:** Clear

Moon 10 - Phase 27  
1st Phase

Creative Work    Siddha Yoga

**Ashvina-Aipasi**

**Devaloka Day**

Monday, October 29, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 4    Sutra 197

Vilamba 5120

Mithuna Rasi: 14.25    Tihi 21

**Family Home Evening**    634652364

**Gulika** 1:13PM – 2:33PM  
Yama 10:32AM – 11:53AM  
Rahu 7:52AM – 9:12AM

**Mrigashira** Until 11:36PM  
Shiva Until 3:40AM Tue  
Gara Until 12:35PM  
Shashthi\* Until 11:36PM

**Ganesha:** Clear    *Sunrise:* 6:32AM  
**Muruga:** Purple    *Sunset:* 5:13PM  
**Nataraja:** Clear

Moon 10 - Phase 27  
1st Phase

Creative Work    Siddha Yoga  
Until 11:36PM  
Then Creative Work - Amrita Yoga

**Ashvina-Aipasi**

**Devaloka Day**

Tuesday, October 30, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 5    Sutra 198

Vilamba 5120

Mithuna Rasi: 28.28    Tihi 22

**Gulika** 11:53AM – 1:12PM  
Yama 9:13AM – 10:33AM  
Rahu 2:32PM – 3:52PM

**Punarvasu** Until 2:17PM  
Sadhya Until 12:55AM Wed  
Visti Until 10:38AM  
Saptami Until 9:38PM

**Ganesha:** Purple    *Sunrise:* 6:33AM  
**Muruga:** Clear    *Sunset:* 5:12PM  
**Nataraja:** Clear

Moon 10 - Phase 27  
1st Phase

Creative Work    Siddha Yoga

**Ashvina-Aipasi**

**Subha Sivaloka Day**

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6    Sutra 199

Vilamba 5120

Kataka Rasi: 12.32    Tihi 23

**Gulika** 10:33AM – 11:52AM  
Yama 7:54AM – 9:13AM  
Rahu 11:52AM – 1:12PM

**Pushya** Until 1:01PM  
Subha Until 10:09PM  
Balava Until 8:40AM  
Ashtami\* Until 7:39PM

**Ganesha:** Purple    *Sunrise:* 6:34AM  
**Muruga:** Clear    *Sunset:* 5:11PM  
**Nataraja:** Clear

Moon 10 - Phase 27  
Ashtami

Creative Work    Siddha Yoga

**Ashvina-Aipasi**

**Subha Sivaloka Day**

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

St. Helena, CA

Sun 7    Sutra 200

Vilamba 5120

Kataka Rasi: 26.37    Tihi 24 – 25

**Gulika** 9:14AM – 10:33AM  
Yama 6:35AM – 7:55AM  
Rahu 1:12PM – 2:31PM

**Ashlesha\*** Until 11:36AM  
Sukla Until 7:21PM  
Taitila Until 6:41AM  
Navami\* Until 5:40PM

**Ganesha:** Purple    *Sunrise:* 6:35AM  
**Muruga:** Clear    *Sunset:* 5:10PM  
**Nataraja:** Clear

Moon 10 - Phase 27  
Navami

Creative Work    Siddha Yoga  
Until 11:36AM  
Then Creative Work - Amrita Yoga

**Ashvina-Aipasi**

**Subha Sivaloka Day**

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

<b>1 Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Visti* Karana Dashami/Ekadashyam Titau				St. Helena, CA
Simha Rasi: 10.41	Tithi 25 – 26	<b>Gulika</b> 7:55AM – 9:14AM	<b>Magha* Until 10:29AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:36AM	Sun 8 Sutra 201
		Yama 2:31PM – 3:50PM	Brahma Until 4:34PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:09PM	Vilamba 5120
		654762364 <b>Rahu</b> 10:33AM – 11:52AM	Visti Until 3:42PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Routine Work	Marana Yoga		<b>Dashami Until 3:42PM</b>	Moon – Red		2nd Phase
Until 10:29AM				<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>2 Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
Simha Rasi: 24.46	Tithi 26 – 27	<b>Gulika</b> 6:37AM – 7:56AM	<b>Purvaphalguni Until 9:14AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:37AM	Sun 9 Sutra 202
		Yama 1:11PM – 2:30PM	Indra Until 1:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:08PM	Vilamba 5120
		654762364 <b>Rahu</b> 9:15AM – 10:34AM	Balava Until 1:46PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		<b>Ekadashi* Until 1:46PM</b>	Moon – Red		2nd Phase
Until 9:14AM				<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>3 Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
Kanya Rasi: 8.46	Tithi 27 – 28	<b>Gulika</b> 2:29PM – 3:48PM	<b>Uttaraphalguni Until 7:57AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:38AM	Sun 10 Sutra 203
		Yama 11:52AM – 1:11PM	Vaidhriti* Until 11:11AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:06PM	Vilamba 5120
		654762364 <b>Rahu</b> 3:48PM – 5:06PM	Gara Until 11:07PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Amrita Yoga		<b>Dvadashi* Until 11:57AM</b>	Moon – Red		2nd Phase
				<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>

*Pradosha Vrata (Fasting)*

<b>4 Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
Kanya Rasi: 22.41	Tithi 28 – 29	<b>Gulika</b> 1:11PM – 2:29PM	<b>Hasta Until 7:07AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:39AM	Sun 11 Sutra 204
<b>Family Home Evening</b>		Yama 10:34AM – 11:52AM	Vishkambha* Until 8:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:05PM	Vilamba 5120
		664762364 <b>Rahu</b> 7:58AM – 9:16AM	Visti Until 9:37PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		<b>Trayodashi* Until 10:19AM</b>	Moon – Green		2nd Phase
Until 7:07AM		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga		<b>Deepavali Hindu Solidarity Day</b>				

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
Tula Rasi: 6.25	Tithi 29 – 30	<b>Gulika</b> 11:53AM – 1:11PM	<b>Chitra Until 6:24AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:41AM	Sun 12 Sutra 205
		Yama 9:17AM – 10:35AM	Priti Until 6:24AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:04PM	Vilamba 5120
		664762364 <b>Rahu</b> 2:28PM – 3:46PM	Catuspada Until 8:28PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:58AM</b>	Moon – Green		Amavasya
				<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
Tula Rasi: 19.56	Tithi 30 – 1	<b>Gulika</b> 10:35AM – 11:53AM	<b>Vishakha Until 6:16AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:42AM	Sun 13 Sutra 206
		Yama 7:59AM – 9:17AM	Saubhagya Until 2:50AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:03PM	Vilamba 5120
		765762364 <b>Rahu</b> 11:53AM – 1:10PM	Kintughna Until 7:46PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 28
Creative Work	Siddha Yoga		<b>Amavasya* Until 8:02AM</b>	Moon – Green		Prathama
		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

<b>1</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 14 Sutra 207 Vilamba 5120	
Vrischika Rasi: 3.11	Tithi 1 – 2	<b>Gulika</b> 9:18AM – 10:35AM Yama 6:43AM – 8:00AM 775762364 <b>Rahu</b> 1:10PM – 2:28PM	<b>Vishakha</b> Until 6:16AM Sobhana Until 1:45AM Fri Balava Until 7:39PM <b>Prathama*</b> Until 7:37AM	<b>Ganesh:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika•Aipasi</b>	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 5:03PM	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>		
Creative Work	Siddha Yoga								
<b>2</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 16.06	Tithi 2 – 3	<b>Gulika</b> 8:01AM – 9:18AM Yama 2:27PM – 3:44PM 775762364 <b>Rahu</b> 10:36AM – 11:53AM	<b>Anuradha</b> Until 7:02AM Athiganda* Until 7:02AM Gara Until 8:42AM Sat <b>Dvitiya</b> Until 7:49AM	<b>Ganesh:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika•Aipasi</b>	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 5:02PM	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>		
Creative Work	Siddha Yoga								
Until 7:02AM	Then Routine Work - Marana Yoga								
<b>3</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara Karana Tritiya/Chaturthyam Titau				St. Helena, CA Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 28.43	Tithi 3 – 4	<b>Gulika</b> 6:45AM – 8:02AM Yama 1:10PM – 2:27PM 775762364 <b>Rahu</b> 9:19AM – 10:36AM	<b>Jyeshtha*</b> Until 10:15AM Sun Sukarma Until 1:03AM Sun Gara Until 8:42AM <b>Tritiya</b> Until 8:42AM	<b>Ganesh:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika•Aipasi</b>	<i>Sunrise:</i> 6:45AM <i>Sunset:</i> 5:01PM	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>		
Creative Work	Siddha Yoga								
<b>4</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 11.02	Tithi 4 – 5	<b>Gulika</b> 2:26PM – 3:43PM Yama 11:53AM – 1:10PM 785762364 <b>Rahu</b> 3:43PM – 5:00PM	<b>Jyeshtha*</b> Until 10:15AM Dhriti Until 24:88 Bava Until 11:17PM <b>Chaturthi*</b> Until 10:15AM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika•Aipasi</b>	<i>Sunrise:</i> 6:46AM <i>Sunset:</i> 5:00PM	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>		
Creative Work	Amrita Yoga								
Until 10:15AM	Then Creative Work - Siddha Yoga								
<b>5</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 23.06	Tithi 5 – 6	<b>Gulika</b> 1:10PM – 2:26PM Yama 10:37AM – 11:53AM 785762364 <b>Rahu</b> 8:04AM – 9:20AM	<b>Mula*</b> Until 12:23PM Shula* Until 2:12AM Tue Kaulava Until 1:38AM Tue <b>Panchami</b> Until 12:23PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika•Aipasi</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 4:59PM	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>		
Family Home Evening	Routine Work								
Marana Yoga	Skanda Shasthi								
<b>6</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 5	Tithi 6 – 7	<b>Gulika</b> 11:53AM – 1:09PM Yama 9:21AM – 10:37AM 785762364 <b>Rahu</b> 2:26PM – 3:42PM	<b>Uttarashadha</b> Until 3:58PM Ganda* Until 3:10AM Wed Gara Until 4:18AM Wed <b>Shashthi*</b> Until 2:55PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika•Aipasi</b>	<i>Sunrise:</i> 6:48AM <i>Sunset:</i> 4:58PM	Moon 10 - Phase 29 3rd Phase	<b>Sivaloka Day</b>		
Routine Work	Prabalarishta Yoga								
Until 3:58PM	Then Creative Work - Siddha Yoga								
<b>Retreat Star</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 16.48	Tithi 7 – 8	<b>Gulika</b> 10:37AM – 11:53AM Yama 8:05AM – 9:21AM 795762364 <b>Rahu</b> 11:53AM – 1:09PM	<b>Shravana</b> Until 8:13PM Thu Vriddhi Until 4:10AM Thu Visti Until 6:59AM Thu <b>Saptami</b> Until 5:38PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika•Aipasi</b>	<i>Sunrise:</i> 6:49AM <i>Sunset:</i> 4:57PM	Moon 10 - Phase 29 3rd Phase	<b>Subha Sivaloka Day</b>		
Creative Work	Siddha Yoga								
Until 8:13PM Thu	Then Routine Work - Prabalarishta Yoga								
<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 28.36	Tithi 8	<b>Gulika</b> 9:22AM – 10:38AM Yama 6:50AM – 8:06AM 795762364 <b>Rahu</b> 1:09PM – 2:25PM	<b>Shravana</b> Until 8:13PM Dhruva Until 4:59AM Fri Visti Until 6:59AM <b>Ashtami*</b> Until 8:13PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika•Aipasi</b>	<i>Sunrise:</i> 6:50AM <i>Sunset:</i> 4:57PM	Moon 10 - Phase 29 Ashtami	<b>Subha Sivaloka Day</b>		
Creative Work	Siddha Yoga								
<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 10.29	Tithi 9	<b>Gulika</b> 8:07AM – 9:23AM Yama 2:25PM – 3:40PM 795762365 <b>Rahu</b> 10:38AM – 11:54AM	<b>Shatabhishak</b> Until 12:47AM Sat Vyaghata* Until 5:29AM Sat Balava Until 10:83AM Sat <b>Navami*</b> Until 4:59AM Fri	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Karttika•Kartikai</b>	<i>Sunrise:</i> 6:51AM <i>Sunset:</i> 4:56PM	Moon 10 - Phase 29 Navami	<b>Sivaloka Day</b>		
Creative Work	Siddha Yoga								
Until 12:47AM Sat	Then Routine Work - Marana Yoga								

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1 Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA
Kumbha Rasi: 22.33    Tiithi 10		Purvaproshthapada* Nakshatra Harshana Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23    Sutra 216
		<b>Gulika</b>	<b>6:53AM – 8:08AM</b>	<b>Purvaproshthapada* Until 1:02AM Mon</b>	<b>Ganesh:</b> Red <i>Sunrise: 6:53AM</i>	Vilamba 5120
		Yama	1:09PM – 2:25PM	Harshana Until 5:32AM Sun	<b>Muruga:</b> Clear <i>Sunset: 4:55PM</i>	Moon 10 - Phase 30
	716762365	<b>Rahu</b>	<b>9:23AM – 10:39AM</b>	Tailila Until 11:23AM	<b>Nataraja:</b> White	4th Phase
Routine Work    Marana Yoga				Dashami Until 12:06AM Sun	Moon – Clear	<b>Devaloka Day</b>
Until 1:02AM Mon Sun					<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga						

<b>2 Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
Meena Rasi: 4.52    Tiithi 11		Purvaproshthapada*/Uttaroproshthapada Nakshatra Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Sun 24    Sutra 217
		<b>Gulika</b>	<b>2:24PM – 3:40PM</b>	<b>Purvaproshthapada* Until 1:02AM Mon</b>	<b>Ganesh:</b> Red <i>Sunrise: 6:54AM</i>	Vilamba 5120
		Yama	11:54AM – 1:09PM	Vajra* Until 5:00AM Mon	<b>Muruga:</b> Clear <i>Sunset: 4:55PM</i>	Moon 10 - Phase 30
	716762365	<b>Rahu</b>	<b>3:40PM – 4:55PM</b>	Vanija Until 12:41PM	<b>Nataraja:</b> White	4th Phase
Creative Work    Amrita Yoga				Ekadashi Until 1:02AM Mon	Moon – Clear	<b>Devaloka Day</b>
Until 1:02AM Mon					<b>Karttika-Karttikai</b>	
Then Creative Work - Siddha Yoga						

<b>3 Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				St. Helena, CA
Meena Rasi: 17.29    Tiithi 12		Revati Nakshatra Siddhi Yoga Bava Karana Dvodashyam Titau				Sun 25    Sutra 218
		<b>Gulika</b>	<b>1:09PM – 2:24PM</b>	<b>Revati Until 4:56AM Tue</b>	<b>Ganesh:</b> Red <i>Sunrise: 6:55AM</i>	Vilamba 5120
		Yama	10:39AM – 11:54AM	Siddhi Until 3:53AM Tue	<b>Muruga:</b> Clear <i>Sunset: 4:54PM</i>	Moon 10 - Phase 30
<b>Family Home Evening</b>	716762365	<b>Rahu</b>	<b>8:10AM – 9:25AM</b>	Bava Until 1:15PM	<b>Nataraja:</b> White	4th Phase
Creative Work    Siddha Yoga				Dvodashi Until 1:13AM Tue	Moon – Clear	<b>Devaloka Day</b>
					<b>Karttika-Karttikai</b>	

<b>4 Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
Mesha Rasi: 0.29    Tiithi 13		Ashvini Nakshatra Vyatipata* Yoga Kaulava Karana Trayodashyam Titau				Sun 26    Sutra 219
		<b>Gulika</b>	<b>11:55AM – 1:09PM</b>	<b>Ashvini Until 11:28PM Wed</b>	<b>Ganesh:</b> Blue <i>Sunrise: 6:56AM</i>	Vilamba 5120
		Yama	9:25AM – 10:40AM	Vyatipata* Until 2:13AM Wed	<b>Muruga:</b> Clear <i>Sunset: 4:53PM</i>	Moon 10 - Phase 30
	726762365	<b>Rahu</b>	<b>2:24PM – 3:39PM</b>	Kaulava Until 1:03PM	<b>Nataraja:</b> White	4th Phase
Creative Work    Siddha Yoga				Trayodashi Until 12:40AM Wed	Moon – White	<b>Bhuloka Day</b>
					<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM
					<i>Pradosha Vrata</i>	

<b>5 Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
Mesha Rasi: 13.52    Tiithi 14		Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27    Sutra 220
		<b>Gulika</b>	<b>10:40AM – 11:55AM</b>	<b>Ashvini Until 11:28PM</b>	<b>Ganesh:</b> Blue <i>Sunrise: 6:57AM</i>	Vilamba 5120
		Yama	8:11AM – 9:26AM	Variyan Until 21:25AM Thu	<b>Muruga:</b> Clear <i>Sunset: 4:53PM</i>	Moon 10 - Phase 30
	726762365	<b>Rahu</b>	<b>11:55AM – 1:09PM</b>	Gara Until 12:10PM	<b>Nataraja:</b> White	4th Phase
Creative Work    Siddha Yoga				Chaturdashi* Until 11:28PM	Moon – White	<b>Bhuloka Day</b>
Until 11:28PM					<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
<b>Copper Retreat Star</b>		Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 221
Mesha Rasi: 27.35    Tiithi 15						Vilamba 5120
		<b>Gulika</b>	<b>9:26AM – 10:41AM</b>	<b>Krittika Until 3:05AM Fri</b>	<b>Ganesh:</b> Blue <i>Sunrise: 6:58AM</i>	Moon 10 - Phase 30
		Yama	6:58AM – 8:12AM	Parigha* Until 9:25PM	<b>Muruga:</b> Clear <i>Sunset: 4:52PM</i>	Purnima
	726762365	<b>Rahu</b>	<b>1:09PM – 2:24PM</b>	Visti Until 10:40AM	<b>Nataraja:</b> White	
Routine Work    Marana Yoga				Purnima* Until 9:43PM	Moon – White	<b>Bhuloka Day</b>
		<b>Krittika Deepam</b>			<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM

<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam				St. Helena, CA
<b>Silver Retreat Star</b>		Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 222
Vrishabha Rasi: 11.38    Tiithi 16						Vilamba 5120
		<b>Gulika</b>	<b>8:13AM – 9:27AM</b>	<b>Rohini Until 5:10PM Sat</b>	<b>Ganesh:</b> Yellow <i>Sunrise: 6:59AM</i>	Moon 10 - Phase 30
		Yama	2:24PM – 3:38PM	Shiva Until 6:29PM	<b>Muruga:</b> Clear <i>Sunset: 4:52PM</i>	Prathama
	736762365	<b>Rahu</b>	<b>10:41AM – 11:55AM</b>	Balava Until 8:42AM	<b>Nataraja:</b> White	
Routine Work    Marana Yoga				Prathama* Until 7:34PM	Moon – Yellow	<b>Devaloka Day</b>
Until 5:10PM Sat		<b>Vinayaga Viratam Begins</b>			<b>Karttika-Karttikai</b>	
Then Creative Work - Siddha Yoga						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Visiti\* Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Vrshabha Rasi: 25.53 Tihi 17 - 18

737762365

Gulika 7:00AM - 8:14AM

Yama 1:10PM - 2:24PM

Rahu 9:28AM - 10:42AM

Rohini Until 5:10PM

Siddha Until 11:56PM

Taitila Until 6:25AM

Dvitiya Until 5:10PM

Ganesha: Red Sunrise: 7:00AM

Muruga: Clear Sunset: 4:51PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha/Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 10.18 Tihi 18 - 19

737762365

Gulika 2:23PM - 3:37PM

Yama 11:56AM - 1:10PM

Rahu 3:37PM - 4:51PM

Ardra Until 9:57PM

Sadhya Until 12:02PM

Bava Until 1:21AM Mon

Tritiya Until 2:37PM

Ganesha: Red Sunrise: 7:01AM

Muruga: Clear Sunset: 4:51PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 24.45 Tihi 19 - 20

747762365

Gulika 1:10PM - 2:23PM

Yama 10:43AM - 11:56AM

Rahu 8:16AM - 9:29AM

Punarvasu Until 9:36AM Tue

Subha Until 8:45AM

Balava Until 12:04PM

Chaturthi\* Until 12:04PM

Ganesha: Green Sunrise: 7:02AM

Muruga: Clear Sunset: 4:51PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 9:36AM Tue

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Taitila Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 9.09 Tihi 20 - 21

747862365

Gulika 11:57AM - 1:10PM

Yama 9:30AM - 10:43AM

Rahu 2:23PM - 3:37PM

Punarvasu Until 9:36AM

Brahma Until 1:83AM Wed

Taitila Until 9:36AM

Panchami Until 9:36AM

Ganesha: White Sunrise: 7:03AM

Muruga: Clear Sunset: 4:50PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 23.27 Tihi 21 - 22

747863365

Gulika 10:44AM - 11:57AM

Yama 8:17AM - 9:31AM

Rahu 11:57AM - 1:10PM

Ashlesha\* Until 3:22AM Fri

Indra Until 11:27PM

Visiti Until 6:14PM

Shashthi\* Until 7:17AM

Ganesha: White Sunrise: 7:04AM

Muruga: Purple Sunset: 4:50PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 8 Tihi 23

757863365

Gulika 9:31AM - 10:44AM

Yama 7:05AM - 8:18AM

Rahu 1:10PM - 2:23PM

Ashlesha\* Until 3:22AM Fri

Vaidhriti\* Until 8:41PM

Balava Until 4:17PM

Ashtami\* Until 3:22AM Fri

Ganesha: Clear Sunrise: 7:05AM

Muruga: Purple Sunset: 4:50PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 3:22AM Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Uttaraphalguni Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 21.36 Tihi 24

758863365

Gulika 8:19AM - 9:32AM

Yama 2:24PM - 3:36PM

Rahu 10:45AM - 11:58AM

Magha\* Until 1:49AM Sat

Vishkambha\* Until 2:45PM

Taitila Until 2:35PM

Navami\* Until 1:49AM Sat

Ganesha: Orange Sunrise: 7:06AM

Muruga: Purple Sunset: 4:49PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 1:49AM Sat

Then Routine Work - Marana Yoga

<b>1</b>		<b>Saturday, December 1, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija Karana Dashamyam Titau	St. Helena, CA Sun 8 Sutra 230 Vilamba 5120
Kanya Rasi: 5.25	Tithi 25	<b>Gulika</b>	<b>7:07AM – 8:20AM</b>	<b>Uttaraphalguni Until 1:50PM</b>	<b>Ganesh:</b> Orange <i>Sunrise: 7:07AM</i>		
		Yama	1:11PM – 2:24PM	Priti Until 1:50PM	<b>Muruga:</b> Purple <i>Sunset: 4:49PM</i>	Moon 11 - Phase 32	
		758863365 <b>Rahu</b>	<b>9:33AM – 10:45AM</b>	Vanija Until 1:09PM	<b>Nataraja:</b> White	2nd Phase	
Routine Work	Marana Yoga			<b>Dashami Until 12:31AM Sun</b>	Moon – Red	<b>Bhuloka Day</b>	
					<b>Karttika-Karttikai</b>	Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Sunday, December 2, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau	St. Helena, CA Sun 9 Sutra 231 Vilamba 5120
Kanya Rasi: 19.05	Tithi 26	<b>Gulika</b>	<b>2:24PM – 3:36PM</b>	<b>Hasta Until 1:30PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 7:08AM</i>		
		Yama	11:58AM – 1:11PM	Ayushman Until 1:43PM	<b>Muruga:</b> Purple <i>Sunset: 4:49PM</i>	Moon 11 - Phase 32	
		768863365 <b>Rahu</b>	<b>3:36PM – 4:49PM</b>	Bava Until 12:01PM	<b>Nataraja:</b> White	2nd Phase	
Creative Work	Amrita Yoga			<b>Ekadashi* Until 11:32PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 1:30PM					<b>Karttika-Karttikai</b>		
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, December 3, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Dvadashtyam Titau	St. Helena, CA Sun 10 Sutra 232 Vilamba 5120
Tula Rasi: 2.34	Tithi 27	<b>Gulika</b>	<b>1:11PM – 2:24PM</b>	<b>Chitra Until 1:20PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 7:09AM</i>		
<b>Family Home Evening</b>		Yama	10:46AM – 11:59AM	Saubhagya Until 1:20PM	<b>Muruga:</b> Purple <i>Sunset: 4:49PM</i>	Moon 11 - Phase 32	
		768863365 <b>Rahu</b>	<b>8:21AM – 9:34AM</b>	Kaulava Until 11:11AM	<b>Nataraja:</b> White	2nd Phase	
Routine Work	Prabalarishta Yoga			<b>Dvadashti* Until 10:52PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 1:20PM					<b>Karttika-Karttikai</b>		
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, December 4, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Trayodashyam Titau	St. Helena, CA Sun 11 Sutra 233 Vilamba 5120
Tula Rasi: 15.52	Tithi 28	<b>Gulika</b>	<b>11:59AM – 1:12PM</b>	<b>Svati Until 1:21PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 7:10AM</i>		
		Yama	9:35AM – 10:47AM	Sobhana Until 10:17AM	<b>Muruga:</b> Purple <i>Sunset: 4:49PM</i>	Moon 11 - Phase 32	
		768863365 <b>Rahu</b>	<b>2:24PM – 3:36PM</b>	Gara Until 10:41AM	<b>Nataraja:</b> White	2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 10:34PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 1:21PM					<b>Karttika-Karttikai</b>		
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Wednesday, December 5, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visli*/Sakuni* Karana Chaturdashyam Titau	St. Helena, CA Sun 12 Sutra 234 Vilamba 5120
Tula Rasi: 28.58	Tithi 29	<b>Gulika</b>	<b>10:47AM – 12:00PM</b>	<b>Vishakha Until 2:03PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 7:11AM</i>		
		Yama	8:23AM – 9:35AM	Athiganda* Until 9:00AM	<b>Muruga:</b> Purple <i>Sunset: 4:49PM</i>	Moon 11 - Phase 32	
		778863365 <b>Rahu</b>	<b>12:00PM – 1:12PM</b>	Visli Until 10:36AM	<b>Nataraja:</b> White	2nd Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 10:42PM</b>	Moon – Orange	<b>Bhuloka Day</b>	
					<b>Karttika-Karttikai</b>		

<b>●</b>		<b>Thursday, December 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau	St. Helena, CA Sun 13 Sutra 235 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b>	<b>9:36AM – 10:48AM</b>	<b>Anuradha Until 3:04PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 7:12AM</i>		
Vrischika Rasi: 11.51	Tithi 30	Yama	7:12AM – 8:24AM	Sukarma Until 8:04AM	<b>Muruga:</b> Purple <i>Sunset: 4:49PM</i>	Moon 11 - Phase 32	
		778863365 <b>Rahu</b>	<b>1:12PM – 2:24PM</b>	Catuspada Until 11:52AM Fri	<b>Nataraja:</b> White	Amavasya	
Creative Work	Siddha Yoga			<b>Amavasya* Until 9:00AM</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 3:04PM					<b>Karttika-Karttikai</b>		
Then Routine Work - Prabalarishta Yoga							

<b>Friday, December 7, 2018</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau	St. Helena, CA Sun 14 Sutra 236 Vilamba 5120
Vrischika Rasi: 24.29	Tithi 1	<b>Gulika</b>	<b>8:25AM – 9:37AM</b>	<b>Jyeshtha* Until 4:25PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 7:13AM</i>		
		Yama	2:25PM – 3:37PM	Dhriti Until 7:33AM	<b>Muruga:</b> Purple <i>Sunset: 4:49PM</i>	Moon 11 - Phase 32	
		779863365 <b>Rahu</b>	<b>10:49AM – 12:01PM</b>	Kintughna Until 11:52AM	<b>Nataraja:</b> White	Prathama	
Routine Work	Marana Yoga			<b>Prathama* Until 12:29AM Sat</b>	Moon – Orange	<b>Bhuloka Day</b>	
Until 4:25PM					<b>Margasira-Karttikai</b>		
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
	Dhanus Rasi: 6.54	Tithi 2	<b>Gulika</b>	7:13AM – 8:25AM	<b>Mula* Until 6:36PM</b>	<b>Ganesh:</b> Purple	Sun 15 Sutra 237
			Yama	1:13PM – 2:25PM	Shula* Until 7:24AM	<b>Sunrise:</b> 7:13AM	Vilamba 5120
	Creative Work	Siddha Yoga	799863365	<b>Rahu</b>	9:37AM – 10:49AM	<b>Sunset:</b> 4:49PM	Moon 11 - Phase 33 3rd Phase
				Balava Until 1:18PM	Nataraja: White	<b>Bhuloka Day</b>	
				<b>Dvitiya Until 2:11AM Sun</b>	Moon – Light Blue	<b>Margasira•Karttikai</b>	

<b>2</b>	<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA
	Dhanus Rasi: 19.05	Tithi 3	<b>Gulika</b>	2:25PM – 3:37PM	<b>Purvashadha* Until 9:07PM</b>	<b>Ganesh:</b> Purple	Sun 16 Sutra 238
			Yama	12:01PM – 1:13PM	Ganda* Until 7:41AM	<b>Sunrise:</b> 7:15AM	Vilamba 5120
	Creative Work	Siddha Yoga	799863365	<b>Rahu</b>	3:37PM – 4:49PM	<b>Sunset:</b> 4:49PM	Moon 11 - Phase 33 3rd Phase
				Taitila Until 3:15PM	Nataraja: White	<b>Bhuloka Day</b>	
				<b>Tritiya Until 4:22AM Mon</b>	Moon – Light Blue	<b>Margasira•Karttikai</b>	
						<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>3</b>	<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA
	Makara Rasi: 1.05	Tithi 4	<b>Gulika</b>	1:14PM – 2:25PM	<b>Uttarashadha Until 11:51PM</b>	<b>Ganesh:</b> Purple	Sun 17 Sutra 239
	<b>Family Home Evening</b>		Yama	10:50AM – 12:02PM	Vridhi Until 8:18AM	<b>Sunrise:</b> 7:15AM	Vilamba 5120
	Routine Work	Marana Yoga	799863365	<b>Rahu</b>	8:27AM – 9:38AM	<b>Sunset:</b> 4:49PM	Moon 11 - Phase 33 3rd Phase
				Vanija Until 5:38PM	Nataraja: White	<b>Bhuloka Day</b>	
				<b>Chaturthi* Until 6:55AM Tue</b>	Moon – Light Blue	<b>Margasira•Karttikai</b>	
						<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>4</b>	<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Kaulava Karana Chaturthi/Panchamyam Titau				St. Helena, CA
	Makara Rasi: 12.56	Tithi 4 – 5	<b>Gulika</b>	12:02PM – 1:14PM	<b>Shravana Until 3:08AM Wed</b>	<b>Ganesh:</b> Clear	Sun 18 Sutra 240
			Yama	9:39AM – 10:51AM	Dhruva Until 3:08AM Wed	<b>Sunrise:</b> 7:16AM	Vilamba 5120
	Creative Work	Siddha Yoga	799863365	<b>Rahu</b>	2:26PM – 3:37PM	<b>Sunset:</b> 4:49PM	Moon 11 - Phase 33 3rd Phase
				Kaulava Until 22:63AM Wed	Nataraja: White	<b>Bhuloka Day</b>	
				<b>Chaturthi* Until 6:55AM</b>	Moon – Purple	<b>Margasira•Karttikai</b>	
						<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>5</b>	<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava Karana Panchami/Shashthyam Titau				St. Helena, CA
	Makara Rasi: 24.44	Tithi 5 – 6	<b>Gulika</b>	10:51AM – 12:03PM	<b>Dhanishtha Until 6:17AM Thu</b>	<b>Ganesh:</b> Clear	Sun 19 Sutra 241
			Yama	8:28AM – 9:40AM	Vyaghata* Until 10:10AM	<b>Sunrise:</b> 7:17AM	Vilamba 5120
	Routine Work	Prabalarishta Yoga	799863365	<b>Rahu</b>	12:03PM – 1:14PM	<b>Sunset:</b> 4:49PM	Moon 11 - Phase 33 3rd Phase
				Balava Until 9:40AM	Nataraja: White	<b>Bhuloka Day</b>	
				<b>Panchami Until 9:40AM</b>	Moon – Purple	<b>Margasira•Karttikai</b>	
						<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>6</b>	<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				St. Helena, CA
	Kumbha Rasi: 6.31	Tithi 6 – 7	<b>Gulika</b>	9:40AM – 10:52AM	<b>Dhanishtha Until 6:17AM</b>	<b>Ganesh:</b> Clear	Sun 20 Sutra 242
			Yama	7:17AM – 8:29AM	Harshana Until 6:17AM	<b>Sunrise:</b> 7:17AM	Vilamba 5120
	Creative Work	Siddha Yoga	799863365	<b>Rahu</b>	1:15PM – 2:26PM	<b>Sunset:</b> 4:49PM	Moon 11 - Phase 33 3rd Phase
				Vanija Until 14:49AM Fri	Nataraja: White	<b>Bhuloka Day</b>	
				<b>Shashthi* Until 12:22PM</b>	Moon – Purple	<b>Margasira•Karttikai</b>	
						<b>Devaloka Time: 6:AM to 9:AM</b>	

Vinayaga Viratam Ends

<b>D</b>	<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b>	8:29AM – 9:41AM	<b>Shatabhishak Until 9:04AM</b>	<b>Ganesh:</b> Clear	Sun 21 Sutra 243
	Kumbha Rasi: 18.23	Tithi 7 – 8	Yama	2:27PM – 3:38PM	Vajra* Until 11:55AM	<b>Sunrise:</b> 7:18AM	Vilamba 5120
	Creative Work	Siddha Yoga	799863365	<b>Rahu</b>	10:52AM – 12:04PM	<b>Sunset:</b> 4:50PM	Moon 11 - Phase 33 Ashtami
				Visti Until 3:53AM Sat	Nataraja: White	<b>Bhuloka Day</b>	
				<b>Saptami Until 11:55AM Fri</b>	Moon – Purple	<b>Margasira•Karttikai</b>	
						<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>S</b>	<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipala* Yoga Bava Karana Ashtami/Navamyam Titau				St. Helena, CA
	<b>Retreat Star</b>		<b>Gulika</b>	7:19AM – 8:30AM	<b>Purvaproshtapada* Until 11:45AM</b>	<b>Ganesh:</b> Clear	Sun 22 Sutra 244
	Meena Rasi: 0.25	Tithi 8 – 9	Yama	1:16PM – 2:27PM	Siddhi Until 11:45AM	<b>Sunrise:</b> 7:19AM	Vilamba 5120
	Routine Work	Marana Yoga	711863365	<b>Rahu</b>	9:42AM – 10:53AM	<b>Sunset:</b> 4:50PM	Moon 11 - Phase 33 Navami
				Bava Until 4:45PM	Nataraja: White	<b>Bhuloka Day</b>	
				<b>Ashtami* Until 4:45PM</b>	Moon – Clear	<b>Margasira•Markali</b>	
						<b>Devaloka Time: 6:AM to 9:AM</b>	

--	--	--	--	--	--	--

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Varyan Yoga Kaulava/Taitila Karana Navamyam Titau				St. Helena, CA Sun 23 Sutra 245 Vilamba 5120
Meena Rasi: 12.41	Tithi 9	<b>Gulika</b> 2:27PM – 3:39PM	<b>Uttaraproshtapada</b> Until 1:38PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:19AM	
		<b>Yama</b> 12:05PM – 1:16PM	<b>Vyatipata*</b> Until 12:18PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 34
		811863365 <b>Rahu</b> 3:39PM – 4:50PM	<b>Taitila</b> Until 6:22AM Mon	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Navami*</b> Until 12:18AM Sun	Moon – Clear		<b>Bhuloka Day</b>
				<b>Margasira-Markali</b>		

<b>2 Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 24 Sutra 246 Vilamba 5120
Meena Rasi: 25.17	Tithi 10	<b>Gulika</b> 1:17PM – 2:28PM	<b>Revati</b> Until 2:38PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:20AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:54AM – 12:05PM	<b>Varyan</b> Until 11:38AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 34
		811863365 <b>Rahu</b> 8:31AM – 9:43AM	<b>Taitila</b> Until 5:86AM Tue	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 12:18PM	Moon – Clear		<b>Bhuloka Day</b>
		<b>Gita Jayanthi</b>		<b>Margasira-Markali</b>		

<b>3 Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA Sun 25 Sutra 247 Vilamba 5120
Mesha Rasi: 8.16	Tithi 11	<b>Gulika</b> 12:06PM – 1:17PM	<b>Ashvini</b> Until 3:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:21AM	
		<b>Yama</b> 9:43AM – 10:54AM	<b>Parigha*</b> Until 10:21AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 34
		821863365 <b>Rahu</b> 2:28PM – 3:40PM	<b>Vanija</b> Until 6:26AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 6:08PM	Moon – White		<b>Bhuloka Day</b>
				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 248 Vilamba 5120
Mesha Rasi: 21.4	Tithi 12 – 13	<b>Gulika</b> 10:55AM – 12:06PM	<b>Bharani</b> Until 2:43PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:21AM	
		<b>Yama</b> 8:33AM – 9:44AM	<b>Shiva</b> Until 8:26AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 34
		821863365 <b>Rahu</b> 12:06PM – 1:18PM	<b>Kaulava</b> Until 4:09AM Thu	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 4:59PM	Moon – White		<b>Bhuloka Day</b>
Until 2:43PM				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>5 Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 249 Vilamba 5120
Vrishabha Rasi: 5.31	Tithi 13 – 14	<b>Gulika</b> 9:44AM – 10:56AM	<b>Krittika</b> Until 1:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:22AM	
		<b>Yama</b> 7:22AM – 8:33AM	<b>Sadhya</b> Until 2:56AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 34
		821863365 <b>Rahu</b> 1:18PM – 2:29PM	<b>Gara</b> Until 2:00AM Fri	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 3:08PM	Moon – White		<b>Bhuloka Day</b>
				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM

<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sutra 250 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:34AM – 9:45AM	<b>Rohini</b> Until 9:52AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:22AM	
Vrishabha Rasi: 19.46	Tithi 14 – 15	<b>Yama</b> 2:30PM – 3:41PM	<b>Subha</b> Until 11:32PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 34
		831863365 <b>Rahu</b> 10:56AM – 12:07PM	<b>Visti</b> Until 11:21PM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 12:43PM	Moon – Yellow		<b>Bhuloka Day</b>
Until 9:52AM Sat		<b>Day 1 of Pancha Ganapati</b>		<b>Margasira-Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sutra 251 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:23AM – 8:34AM	<b>Rohini</b> Until 9:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:23AM	
Mithuna Rasi: 4.2	Tithi 15 – 16	<b>Yama</b> 1:19PM – 2:30PM	<b>Sukla</b> Until 9:47AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 34
		831963365 <b>Rahu</b> 9:45AM – 10:57AM	<b>Balava</b> Until 7:81PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 9:52AM	Moon – Yellow		<b>Bhuloka Day</b>
		<b>Day 2 of Pancha Ganapati</b>		<b>Margasira-Markali</b>		Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang





Sunday, December 23, 2018

Gold Retreat Star

Mithuna Rasi: 19.08    Tihi 16 – 17

831963365

Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Vanija Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 252

Vilamba 5120

Gulika 2:31PM – 3:42PM

Yama 12:08PM – 1:20PM

Rahu 3:42PM – 4:53PM

Ardra Until 7:15AM

Brahma Until 7:15AM

Vanija Until 13:55AM Mon

Prathama\* Until 6:45AM

Ganesh: Yellow    Sunrise: 7:23AM

Muruga: Purple    Sunset: 4:53PM

Nataraja: White

Moon – Yellow

Margasira\*Markali

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Monday, December 24, 2018

1

Kataka Rasi: 4.01    Tihi 18

Family Home Evening

Creative Work    Siddha Yoga

841963365

Gulika 1:20PM – 2:31PM

Yama 10:58AM – 12:09PM

Rahu 8:35AM – 9:46AM

Pushya Until 2:25AM Tue

Indra Until 12:07PM

Vanija Until 1:55PM

Tritiya Until 12:19AM Tue

Ganesh: Blue    Sunrise: 7:24AM

Muruga: Purple    Sunset: 4:54PM

Nataraja: White

Moon – Blue

Margasira\*Markali

Devaloka Day

Day 4 of Pancha Ganapati

Ardra Darshanam

Day 3 of Pancha Ganapati

Ardra Darshanam

Tuesday, December 25, 2018

2

Kataka Rasi: 18.52    Tihi 19

Creative Work    Siddha Yoga

842963365

Gulika 12:09PM – 1:21PM

Yama 9:47AM – 10:58AM

Rahu 2:32PM – 3:43PM

Ashlesha\* Until 11:59PM

Vaidhriti\* Until 8:18AM

Bava Until 7:52AM Wed

Chaturthi\* Until 12:07PM

Ganesh: Yellow    Sunrise: 7:24AM

Muruga: Purple    Sunset: 4:54PM

Nataraja: White

Moon – Blue

Margasira\*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Day 5 of Pancha Ganapati

Wednesday, December 26, 2018

3

Simha Rasi: 3.34    Tihi 20

Creative Work    Siddha Yoga

Until 10:08PM

Then Creative Work - Amrita Yoga

852963366

Gulika 10:58AM – 12:10PM

Yama 8:36AM – 9:47AM

Rahu 12:10PM – 1:21PM

Magha\* Until 10:08PM

Priti Until 1:17AM Thu

Kaulava Until 7:52AM

Panchami Until 6:31PM

Ganesh: Blue    Sunrise: 7:25AM

Muruga: Purple    Sunset: 4:55PM

Nataraja: Green

Moon – Red

Margasira\*Markali

Bhuloka Day

Thursday, December 27, 2018

4

Simha Rasi: 18.02    Tihi 21 – 22

Creative Work    Siddha Yoga

852963366

Gulika 9:48AM – 10:59AM

Yama 7:25AM – 8:36AM

Rahu 1:22PM – 2:33PM

Purvaphalguni Until 8:33PM

Ayushman Until 8:33PM

Visti Until 2:70AM Fri

Shashthi\* Until 4:10PM

Ganesh: Blue    Sunrise: 7:25AM

Muruga: Purple    Sunset: 4:56PM

Nataraja: Green

Moon – Red

Margasira\*Markali

Bhuloka Day

Friday, December 28, 2018

5

Retreat Star

Kanya Rasi: 2.12    Tihi 22 – 23

Creative Work    Siddha Yoga

Until 7:17PM

Then Creative Work - Amrita Yoga

852963366

Gulika 8:37AM – 9:48AM

Yama 2:34PM – 3:45PM

Rahu 10:59AM – 12:11PM

Uttaraphalguni Until 7:17PM

Saubhagya Until 7:35PM

Balava Until 1:32AM Sat

Saptami Until 2:16PM

Ganesh: Blue    Sunrise: 7:25AM

Muruga: Purple    Sunset: 4:56PM

Nataraja: Green

Moon – Red

Margasira\*Markali

Bhuloka Day

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 16.03    Tihi 23 – 24

Routine Work    Marana Yoga

862963366

Gulika 7:25AM – 8:37AM

Yama 1:23PM – 2:34PM

Rahu 9:48AM – 11:00AM

Hasta Until 6:50PM

Sobhana Until 5:22PM

Taitila Until 12:26AM Sun

Ashtami\* Until 12:54PM

Ganesh: Red    Sunrise: 7:25AM

Muruga: Purple    Sunset: 4:57PM

Nataraja: Green

Moon – Green

Margasira\*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>1 Sunday, December 30, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA Sun 7 Sutra 259 Vilamba 5120
Kanya Rasi: 29.35	Tithi 24 – 25	<b>Gulika</b> 2:35PM – 3:46PM	<b>Chitra Until 6:46PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:26AM	
		Yama 12:12PM – 1:23PM	Athiganda* Until 3:33PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 36
		862963366 <b>Rahu</b> 3:46PM – 4:58PM	Vanija Until 11:52PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 12:04PM</b>	Moon – Green		<b>Bhuloka Day</b>
				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM

<b>2 Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashtyam Titau				St. Helena, CA Sun 8 Sutra 260 Vilamba 5120
Tula Rasi: 12.49	Tithi 25 – 26	<b>Gulika</b> 1:24PM – 2:35PM	<b>Svati Until 11:58AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:26AM	
<b>Family Home Evening</b>		Yama 11:01AM – 12:12PM	Sukarma Until 2:09PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 36
		862963366 <b>Rahu</b> 8:38AM – 9:49AM	Bava Until 11:49PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami Until 11:45AM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 11:58AM Tue				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

<b>3 Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				St. Helena, CA Sun 9 Sutra 261 Vilamba 5120
Tula Rasi: 25.48	Tithi 26 – 27	<b>Gulika</b> 12:13PM – 1:24PM	<b>Svati Until 11:58AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:26AM	
		Yama 9:49AM – 11:01AM	Dhriti Until 12:31AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 36
		872963366 <b>Rahu</b> 2:36PM – 3:48PM	Kaulava Until 12:17AM Wed	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 11:58AM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 11:58AM				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Dvadashti/Trayodashyam Titau				St. Helena, CA Sun 10 Sutra 262 Vilamba 5120
Vrischika Rasi: 8.32	Tithi 27 – 28	<b>Gulika</b> 11:01AM – 12:13PM	<b>Vishakha Until 12:40PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:26AM	
		Yama 8:38AM – 9:50AM	Shula* Until 11:74AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 36
		872963366 <b>Rahu</b> 12:13PM – 1:25PM	Gara Until 1:13AM Thu	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashti* Until 12:40PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Margasira*Markali</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5 Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 11 Sutra 263 Vilamba 5120
Vrischika Rasi: 21.03	Tithi 28 – 29	<b>Gulika</b> 9:50AM – 11:02AM	<b>Jyeshtha* Until 11:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:26AM	
		Yama 7:26AM – 8:38AM	Ganda* Until 12:14PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36
		872963366 <b>Rahu</b> 1:26PM – 2:37PM	Visti Until 2:37AM Fri	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi* Until 1:51PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 11:12PM				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>6 Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vriddhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA Sun 12 Sutra 264 Vilamba 5120
Dhanus Rasi: 3.23	Tithi 29 – 30	<b>Gulika</b> 8:38AM – 9:50AM	<b>Mula* Until 1:36AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	
		Yama 2:38PM – 3:50PM	Vriddhi Until 12:19PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 36
		882963366 <b>Rahu</b> 11:02AM – 12:14PM	Catuspada Until 4:27AM Sat	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 3:28PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 1:36AM Sat				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA Sun 13 Sutra 265 Vilamba 5120
Dhanus Rasi: 15.32	Tithi 30 – 1	<b>Gulika</b> 7:26AM – 8:38AM	<b>Purvashadha* Until 4:13AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	
		Yama 1:27PM – 2:39PM	Dhruva Until 12:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 36
		882973366 <b>Rahu</b> 9:51AM – 11:03AM	Kintughna Until 6:39AM Sun	<b>Nataraja:</b> Green		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:29PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 4:13AM Sun				<b>Margasira*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Jayanti</b>				

<b>Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA Sun 14 Sutra 266 Vilamba 5120
Dhanus Rasi: 27.33	Tithi 1	<b>Gulika</b> 2:39PM – 3:52PM	<b>Uttarashadha Until 6:56AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	
		Yama 12:15PM – 1:27PM	Vyaghata* Until 1:18PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 36
		882973366 <b>Rahu</b> 3:52PM – 5:04PM	Kintughna Until 6:39AM	<b>Nataraja:</b> Green		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 7:50PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
				<b>Pausha*Markali</b>		Devaloka Time: 12:PM to 3:PM
		<b>Partial Solar Eclipse</b>				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA Sun 15 Sutra 267 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:28PM – 2:40PM	<b>Uttarashadha</b> Until 6:56AM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:26AM	
Makara Rasi: 9.26	Tithi 2	Yama 11:03AM – 12:16PM	Harshana Until 2:09PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	883973366	<b>Rahu</b> 8:39AM – 9:51AM	Balava Until 9:09AM	<b>Nataraja:</b> Green		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 10:27PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 6:56AM				<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 268 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:16PM – 1:28PM	<b>Shravana</b> Until 10:12AM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:26AM	
Makara Rasi: 21.16	Tithi 3	Yama 9:51AM – 11:04AM	Vajra* Until 3:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 2:41PM – 3:53PM	Tailila Until 14:36AM Wed	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 2:09PM	Moon – Purple		<b>Devaloka Day</b>
				<b>Pausha-Markali</b>		

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthayam Titau				St. Helena, CA Sun 17 Sutra 269 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:04AM – 12:16PM	<b>Dhanishtha</b> Until 1:22PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:26AM	
Kumbha Rasi: 3.02	Tithi 4	Yama 8:39AM – 9:51AM	Siddhi Until 4:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 12:16PM – 1:29PM	Vanija Until 2:36PM	<b>Nataraja:</b> Green		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 3:55AM Thu	Moon – Purple		<b>Devaloka Day</b>
Until 1:22PM				<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 18 Sutra 270 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:51AM – 11:04AM	<b>Shatabhishak</b> Until 4:16PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:26AM	
Kumbha Rasi: 14.5	Tithi 5	Yama 7:26AM – 8:39AM	Vyatipata* Until 5:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 37
	893973366	<b>Rahu</b> 1:29PM – 2:42PM	Bava Until 5:15PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 6:27AM Fri	Moon – Purple		<b>Devaloka Day</b>
				<b>Pausha-Markali</b>		

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA Sun 19 Sutra 271 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:39AM – 11:04AM	<b>Purvaproshtapada*</b> Until 7:14PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:26AM	
Kumbha Rasi: 26.43	Tithi 5 – 6	Yama 2:43PM – 3:56PM	Variyan Until 5:43PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 11:04AM – 12:17PM	Kaulava Until 7:37PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 6:27AM	Moon – Clear		<b>Devaloka Day</b>
				<b>Pausha-Markali</b>		

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA Sun 20 Sutra 272 Vilamba 5120
<b>6</b>		<b>Gulika</b> 7:26AM – 8:39AM	<b>Uttaraproshtapada</b> Until 9:37PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:26AM	
Meena Rasi: 8.44	Tithi 6 – 7	Yama 1:31PM – 2:44PM	Parigha* Until 6:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 9:52AM – 11:05AM	Gara Until 9:32PM	<b>Nataraja:</b> Green		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 8:37AM	Moon – Clear		<b>Devaloka Day</b>
Until 9:37PM				<b>Pausha-Markali</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:44PM – 3:57PM	<b>Revati</b> Until 11:14PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:25AM	
Meena Rasi: 20.57	Tithi 7 – 8	Yama 12:18PM – 1:31PM	Shiva Until 6:02PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 37
	813973366	<b>Rahu</b> 3:57PM – 5:10PM	Visti Until 10:49PM	<b>Nataraja:</b> Green		Ashtami
Creative Work	Amrita Yoga		<b>Saptami</b> Until 10:15AM	Moon – Clear		<b>Devaloka Day</b>
Until 11:14PM				<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:32PM – 2:45PM	<b>Ashvini</b> Until 12:28AM Tue	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:25AM	
Mesha Rasi: 3.28	Tithi 8 – 9	Yama 11:05AM – 12:18PM	Siddha Until 5:23PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 37
<b>Family Home Evening</b>	823973366	<b>Rahu</b> 8:38AM – 9:52AM	Bava Until 11:10AM	<b>Nataraja:</b> Green		Navami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 11:10AM	Moon – White		<b>Sivaloka Day</b>
				<b>Pausha-Thai</b>		
		<b>Thai Pongal</b>				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Tuesday, January 15, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Helena, CA Sun 23 Sutra 275 Vilamba 5120	
Mesha Rasi: 16.2	Tithi 9 – 10	<b>Gulika</b>	12:19PM – 1:32PM	<b>Bharani Until 12:43AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:25AM			
		Yama	9:52AM – 11:05AM	Sadhya Until 4:08PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:13PM		Moon 12 - Phase 38	
		823973366 <b>Rahu</b>	2:46PM – 3:59PM	Taitila Until 11:04PM	<b>Nataraja:</b> Green			4th Phase	
Creative Work	Siddha Yoga			<b>Navami* Until 11:18AM</b>	Moon – White			<b>Sivaloka Day</b>	
Until 12:43AM Wed					<b>Pausha*Thai</b>				
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Wednesday, January 16, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 29.37	Tithi 10 – 11	<b>Gulika</b>	11:05AM – 12:19PM	<b>Krittika Until 12:02AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:25AM			
		Yama	8:38AM – 9:52AM	Subha Until 2:15PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:14PM		Moon 12 - Phase 38	
		823173366 <b>Rahu</b>	12:19PM – 1:33PM	Vanija Until 9:57PM	<b>Nataraja:</b> Green			4th Phase	
Creative Work	Amrita Yoga			<b>Dashami Until 10:36AM</b>	Moon – White			<b>Sivaloka Day</b>	
Until 12:02AM Thu					<b>Pausha*Thai</b>				
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Thursday, January 17, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 277 Vilamba 5120	
Vrisabha Rasi: 13.22	Tithi 11 – 12	<b>Gulika</b>	9:52AM – 11:06AM	<b>Rohini Until 10:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:24AM			
		Yama	7:24AM – 8:38AM	Sukla Until 11:43AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:15PM		Moon 12 - Phase 38	
		833173366 <b>Rahu</b>	1:33PM – 2:47PM	Bava Until 8:05PM	<b>Nataraja:</b> Green			4th Phase	
Routine Work	Marana Yoga			<b>Ekadashi Until 9:05AM</b>	Moon – Yellow			<b>Devaloka Day</b>	
					<b>Pausha*Thai</b>				

<b>4</b>		<b>Friday, January 18, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 278 Vilamba 5120	
Vrisabha Rasi: 27.34	Tithi 12 – 13	<b>Gulika</b>	8:38AM – 9:52AM	<b>Mrigashira Until 8:59PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:24AM			
		Yama	2:48PM – 4:02PM	Brahma Until 8:37AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:16PM		Moon 12 - Phase 38	
		833173366 <b>Rahu</b>	11:06AM – 12:20PM	Taitila Until 4:03AM Sat	<b>Nataraja:</b> Green			4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 6:52AM</b>	Moon – Yellow			<b>Devaloka Day</b>	
					<b>Pausha*Thai</b>				
					<i>Pradosha Vrata</i>				

<b>5</b>		<b>Saturday, January 19, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 12.11	Tithi 14	<b>Gulika</b>	7:23AM – 8:37AM	<b>Ardra Until 9:15PM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:23AM			
		Yama	1:34PM – 2:48PM	Vaidhriti* Until 1:09AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:17PM		Moon 12 - Phase 38	
		833173366 <b>Rahu</b>	9:52AM – 11:06AM	Gara Until 2:29PM	<b>Nataraja:</b> Green			4th Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 12:48AM Sun</b>	Moon – Yellow			<b>Devaloka Day</b>	
					<b>Pausha*Thai</b>				

<b>○</b>		<b>Sunday, January 20, 2019</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		St. Helena, CA Sutra 280 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	2:49PM – 4:04PM	<b>Ardra Until 9:15PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:23AM			
Mithuna Rasi: 27.08	Tithi 15	Yama	12:20PM – 1:35PM	Vishkambha* Until 8:61PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:18PM		Moon 12 - Phase 38	
		843173366 <b>Rahu</b>	4:04PM – 5:18PM	Visti Until 11:04AM	<b>Nataraja:</b> Green			Purnima	
Creative Work	Siddha Yoga			<b>Purnima* Until 9:15PM</b>	Moon – Blue			<b>Sivaloka Day</b>	
					<b>Pausha*Thai</b>				
		<b>Thai Pusam</b>							

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sutra 281 Vilamba 5120	
Kataka Rasi: 12.16	Tithi 16 – 17	<b>Gulika</b>	1:35PM – 2:50PM	<b>Pushya Until 12:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:22AM			
<b>Family Home Evening</b>		Yama	11:06AM – 12:21PM	Priti Until 4:46PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:19PM		Moon 12 - Phase 38	
		843173366 <b>Rahu</b>	8:37AM – 9:51AM	Balava Until 7:26AM	<b>Nataraja:</b> Green			Prathama	
Creative Work	Siddha Yoga			<b>Prathama* Until 5:34PM</b>	Moon – Blue			<b>Sivaloka Day</b>	
					<b>Pausha*Thai</b>				
		<b>Total Lunar Eclipse</b>							



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha\*Magha\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 27.28 Tihi 17 - 18

844173366

Gulika

12:21PM - 1:36PM

Ashlesha\* Until 9:53AM

Ganesha: Clear

Sunrise: 7:22AM

Yama

9:51AM - 11:06AM

Ayushman Until 12:32PM

Muruga: Clear

Sunset: 5:20PM

Rahu

2:51PM - 4:05PM

Vanija Until 12:12AM Wed

Nataraja: Green

Moon - Blue

Devaloka Day

Creative Work Siddha Yoga

Dvitiya Until 1:56PM

Pausha\*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

St. Helena, CA

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 12.32 Tihi 18 - 19

854173366

Gulika

11:06AM - 12:21PM

Magha\* Until 7:16AM

Ganesha: Purple

Sunrise: 7:21AM

Yama

8:36AM - 9:51AM

Saubhagya Until 8:27AM

Muruga: Clear

Sunset: 5:21PM

Rahu

12:21PM - 1:36PM

Bava Until 8:54PM

Nataraja: Green

Moon - Red

Bhuloka Day

Creative Work Siddha Yoga

Tritiya Until 10:29AM

Pausha\*Thai

Devaloka Time: 12:PM to 3:PM

Until 7:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Uttaraphalguni Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 27.22 Tihi 19 - 20

954173366

Gulika

9:51AM - 11:06AM

Uttaraphalguni Until 2:45AM Fri

Ganesha: Clear

Sunrise: 7:21AM

Yama

7:21AM - 8:36AM

Athiganda\* Until 1:14AM Fri

Muruga: Clear

Sunset: 5:22PM

Rahu

1:37PM - 2:52PM

Kaulava Until 6:03PM

Nataraja: Green

Moon - Red

Devaloka Day

Amrita Yoga

Chaturthi\* Until 7:24AM

Pausha\*Thai

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 11.5 Tihi 21

964173366

Gulika

8:35AM - 9:51AM

Hasta Until 1:30AM Sun Sat

Ganesha: Purple

Sunrise: 7:20AM

Yama

2:53PM - 4:08PM

Sukarma Until 10:18PM

Muruga: Clear

Sunset: 5:23PM

Rahu

11:06AM - 12:22PM

Gara Until 3:44PM

Nataraja: Green

Moon - Green

Bhuloka Day

Creative Work Amrita Yoga

Shashthi\* Until 2:48AM Sat

Pausha\*Thai

Devaloka Time: 12:PM to 3:PM

Until 1:30AM Sun Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta/Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 25.55 Tihi 22

964173366

Gulika

7:19AM - 8:35AM

Hasta Until 1:30AM Sun

Ganesha: Purple

Sunrise: 7:19AM

Yama

1:38PM - 2:53PM

Dhriti Until 17:66AM Sun

Muruga: Clear

Sunset: 5:25PM

Rahu

9:51AM - 11:06AM

Visti Until 2:04PM

Nataraja: Green

Moon - Green

Bhuloka Day

Routine Work Marana Yoga

Saptami Until 1:30AM Sun

Pausha\*Thai

Devaloka Time: 12:PM to 3:PM

Until 1:30AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 9.33 Tihi 23

964173366

Gulika

2:54PM - 4:10PM

Svati Until 12:44AM Mon

Ganesha: Purple

Sunrise: 7:19AM

Yama

12:22PM - 1:38PM

Shula\* Until 6:06PM

Muruga: Clear

Sunset: 5:26PM

Rahu

4:10PM - 5:26PM

Balava Until 1:08PM

Nataraja: Green

Moon - Green

Bhuloka Day

Creative Work Siddha Yoga

Ashtami\* Until 12:56AM Mon

Pausha\*Thai

Devaloka Time: 12:PM to 3:PM

Until 12:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Vishakha Nakshatra Ganda\*/Vridhi Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 22.46 Tihi 24

974173366

Gulika

1:38PM - 2:55PM

Vishakha Until 1:40AM Tue

Ganesha: Clear

Sunrise: 7:18AM

Yama

11:06AM - 12:22PM

Ganda\* Until 4:52PM

Muruga: Clear

Sunset: 5:27PM

Rahu

8:34AM - 9:50AM

Taitila Until 12:58PM

Nataraja: Green

Moon - Orange

Devaloka Day

Routine Work Marana Yoga

Navami\* Until 1:07AM Tue

Pausha\*Thai

Until 1:40AM Tue

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Tuesday, January 29, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Anuradha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 289		Vilamba 5120		Moon 1 - Phase 40	
Vrischika Rasi: 5.37		Tihti 25		974173366		Rahu		2nd Phase	
Creative Work		Siddha Yoga		Gulika		12:22PM - 1:39PM		Anuradha Until 3:06AM Wed	
		Yama		9:50AM - 11:06AM		Vridhhi Until 4:12PM		Ganesha: Clear	
		Rahu		2:55PM - 4:12PM		Vanija Until 1:30PM		Sunrise: 7:17AM	
						Dashami Until 2:00AM Wed		Muruga: Clear	
								Sunset: 5:28PM	
								Nataraja: Green	
								Moon - Orange	
								Devaloka Day	
								Pausha*Thai	

<b>2</b>		<b>Wednesday, January 30, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 290		Vilamba 5120		Moon 1 - Phase 40	
Vrischika Rasi: 18.09		Tihti 26		974173366		Rahu		2nd Phase	
Creative Work		Siddha Yoga		Gulika		11:06AM - 12:23PM		Jyeshtha* Until 4:57AM Thu	
		Yama		8:33AM - 9:49AM		Dhruva Until 4:00PM		Ganesha: Clear	
		Rahu		12:23PM - 1:39PM		Bava Until 2:42PM		Sunrise: 7:16AM	
						Ekadashi* Until 3:30AM Thu		Muruga: Clear	
								Sunset: 5:29PM	
								Nataraja: Green	
								Moon - Orange	
								Devaloka Day	
								Pausha*Thai	

<b>3</b>		<b>Thursday, January 31, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		St. Helena, CA	
Mula* Nakshatra Vyaghata*/Harshana/Vajra* Yoga Gara Karana Trayodashyam Titau		Sun 10		Sutra 291		Vilamba 5120		Moon 1 - Phase 40	
Dhanus Rasi: 0.26		Tihti 27		984173366		Rahu		2nd Phase	
Creative Work		Siddha Yoga		Gulika		9:49AM - 11:06AM		Mula* Until 7:35AM Fri	
Until 7:35AM Fri				Yama		7:15AM - 8:32AM		Ganesha: White	
Then Routine Work - Prabalarishta Yoga				Rahu		1:40PM - 2:57PM		Sunrise: 7:15AM	
								Muruga: Clear	
								Sunset: 5:30PM	
								Nataraja: Green	
								Moon - Light Blue	
								Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	
								Pausha*Thai	

<b>4</b>		<b>Friday, February 1, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara Karana Trayodashyam Titau		Sun 11		Sutra 292		Vilamba 5120		Moon 1 - Phase 40	
Dhanus Rasi: 12.32		Tihti 28		984173366		Rahu		2nd Phase	
Creative Work		Amrita Yoga		Gulika		8:32AM - 9:49AM		Mula* Until 7:35AM	
Until 7:35AM				Yama		2:57PM - 4:13PM		Ganesha: White	
Then Routine Work - Prabalarishta Yoga				Rahu		11:06AM - 12:23PM		Sunrise: 7:15AM	
								Muruga: Clear	
								Sunset: 5:30PM	
								Nataraja: Green	
								Moon - Light Blue	
								Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	
								Pausha*Thai	
								Pradosha Vrata (Fasting)	

<b>5</b>		<b>Saturday, February 2, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		St. Helena, CA	
Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 293		Vilamba 5120		Moon 1 - Phase 40	
Dhanus Rasi: 24.29		Tihti 28 - 29		984173366		Rahu		2nd Phase	
Creative Work		Siddha Yoga		Gulika		7:15AM - 8:32AM		Purvashadha* Until 10:23AM	
Until 10:23AM				Yama		1:40PM - 2:57PM		Ganesha: White	
Then Routine Work - Marana Yoga				Rahu		9:49AM - 11:06AM		Sunrise: 7:15AM	
								Muruga: Clear	
								Sunset: 5:31PM	
								Nataraja: Green	
								Moon - Light Blue	
								Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	
								Pausha*Thai	

<b>●</b>		<b>Sunday, February 3, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 294		Vilamba 5120		Moon 1 - Phase 40	
Makara Rasi: 6.2		Tihti 29 - 30		985173367		Rahu		Amavasya	
Creative Work		Amrita Yoga		Gulika		2:58PM - 4:15PM		Uttarashadha Until 1:15PM	
				Yama		12:23PM - 1:40PM		Ganesha: Yellow	
				Rahu		4:15PM - 5:33PM		Sunrise: 7:14AM	
								Muruga: Clear	
								Sunset: 5:33PM	
								Nataraja: White	
								Moon - Light Blue	
								Devaloka Day	
								Pausha*Thai	

<b>Monday, February 4, 2019</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		St. Helena, CA	
Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 295		Vilamba 5120		Moon 1 - Phase 40	
Makara Rasi: 18.08		Tihti 30 - 1		995173367		Rahu		Prathama	
Family Home Evening				Gulika		1:41PM - 2:58PM		Shravana Until 4:32PM	
Creative Work		Amrita Yoga		Yama		11:06AM - 12:23PM		Ganesha: Red	
Until 4:32PM				Rahu		8:30AM - 9:48AM		Sunrise: 7:13AM	
Then Creative Work - Siddha Yoga								Muruga: Clear	
								Sunset: 5:34PM	
								Nataraja: White	
								Moon - Purple	
								Devaloka Day	
								Magha*Thai	

<b>1</b>		<b>Tuesday, February 5, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	St. Helena, CA Sun 15 Sutra 296 Vilamba 5120
Makara Rasi: 29.56	Tithi 1 – 2	<b>Gulika</b> Yama 995173367	<b>12:23PM – 1:41PM</b> 9:48AM – 11:05AM 2:59PM – 4:17PM	<b>Dhanishtha Until 7:39PM</b> Varyan Until 8:24PM Balava Until 5:09AM Wed Prathama* Until 3:48PM	<b>Ganesh:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Magha-Thai</b>	<b>Sunrise:</b> 7:12AM <b>Sunset:</b> 5:35PM	Moon 1 - Phase 41 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 7:39PM Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, February 6, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Kaulava Karana Dvitiyayam Titau	St. Helena, CA Sun 16 Sutra 297 Vilamba 5120
Kumbha Rasi: 11.45	Tithi 2	<b>Gulika</b> Yama 995173367	<b>11:05AM – 12:23PM</b> 8:29AM – 9:47AM 12:23PM – 1:42PM	<b>Shatabhishak Until 10:30PM</b> Parigha* Until 9:18PM Kaulava Until 7:40AM Thu Dvitiya Until 8:24PM	<b>Ganesh:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Purple <b>Magha-Thai</b>	<b>Sunrise:</b> 7:11AM <b>Sunset:</b> 5:36PM	Moon 1 - Phase 41 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:30PM Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Thursday, February 7, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau	St. Helena, CA Sun 17 Sutra 298 Vilamba 5120
Kumbha Rasi: 23.37	Tithi 3	<b>Gulika</b> Yama 915173367	<b>9:47AM – 11:05AM</b> 7:10AM – 8:28AM 1:42PM – 3:00PM	<b>Purvaproshtapada* Until 1:29AM Fri</b> Shiva Until 10:03PM Taitila Until 9:57AM Fri Tritiya Until 9:18PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 5:37PM	Moon 1 - Phase 41 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>4</b>		<b>Friday, February 8, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau	St. Helena, CA Sun 18 Sutra 299 Vilamba 5120
Meena Rasi: 5.35	Tithi 4	<b>Gulika</b> Yama 915173367	<b>8:28AM – 9:46AM</b> 3:01PM – 4:20PM 11:05AM – 12:24PM	<b>Uttaraproshtapada Until 4:01AM Sat</b> Siddha Until 10:33PM Vanija Until 9:57AM Chaturthi* Until 10:57PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 5:38PM	Moon 1 - Phase 41 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 4:01AM Sat Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Saturday, February 9, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau	St. Helena, CA Sun 19 Sutra 300 Vilamba 5120
Meena Rasi: 17.4	Tithi 5	<b>Gulika</b> Yama 915273367	<b>7:08AM – 8:27AM</b> 1:43PM – 3:01PM 9:46AM – 11:05AM	<b>Revati Until 5:59AM Sun</b> Sadhya Until 10:47PM Bava Until 11:54AM Panchami Until 12:41AM Sun	<b>Ganesh:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:08AM <b>Sunset:</b> 5:39PM	Moon 1 - Phase 41 3rd Phase <b>Devaloka Day</b>
Routine Work Prabalarishta Yoga Until 5:59AM Sun Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Sunday, February 10, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau	St. Helena, CA Sun 20 Sutra 301 Vilamba 5120
Meena Rasi: 29.55	Tithi 6	<b>Gulika</b> Yama 915273367	<b>3:02PM – 4:21PM</b> 12:24PM – 1:43PM 4:21PM – 5:40PM	<b>Ashvini Until 7:45AM Mon</b> Subha Until 10:38PM Kaulava Until 1:23PM Shashthi* Until 1:54AM Mon	<b>Ganesh:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 5:40PM	Moon 1 - Phase 41 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							

<b>Monday, February 11, 2019</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau	St. Helena, CA Sun 21 Sutra 302 Vilamba 5120
Mesha Rasi: 12.24	Tithi 7	<b>Gulika</b> Yama 925273367	<b>1:43PM – 3:03PM</b> 11:04AM – 12:24PM 8:25AM – 9:45AM	<b>Ashvini Until 7:45AM</b> Sukla Until 10:00PM Gara Until 2:18PM Saptami Until 2:29AM Tue	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Magha-Thai</b>	<b>Sunrise:</b> 7:06AM <b>Sunset:</b> 5:42PM	Moon 1 - Phase 41 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Family Home Evening Creative Work Siddha Yoga							

<b>Tuesday, February 12, 2019</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau	St. Helena, CA Sun 22 Sutra 303 Vilamba 5120
Mesha Rasi: 25.1	Tithi 8	<b>Gulika</b> Yama 926273367	<b>12:24PM – 1:43PM</b> 9:44AM – 11:04AM 3:03PM – 4:23PM	<b>Bharani Until 8:44AM</b> Brahma Until 8:51PM Visti Until 2:32PM Ashtami* Until 2:22AM Wed	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Magha-Masi</b>	<b>Sunrise:</b> 7:05AM <b>Sunset:</b> 5:43PM	Moon 1 - Phase 41 Ashtami <b>Devaloka Day</b>
Creative Work Siddha Yoga							

<b>Wednesday, February 13, 2019</b>		<b>Retreat Star</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau	St. Helena, CA Sun 23 Sutra 304 Vilamba 5120
Vrishabha Rasi: 8.19	Tithi 9	<b>Gulika</b> Yama 926273367	<b>11:04AM – 12:24PM</b> 8:24AM – 9:44AM 12:24PM – 1:44PM	<b>Krittika Until 8:52AM</b> Indra Until 7:07PM Balava Until 2:02PM Navami* Until 1:28AM Thu	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> White Moon – White <b>Magha-Masi</b>	<b>Sunrise:</b> 7:04AM <b>Sunset:</b> 5:44PM	Moon 1 - Phase 41 Navami <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 8:52AM Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Thursday, February 14, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau	St. Helena, CA Sun 24 Sutra 305 Vilamba 5120
Vrishabha Rasi: 21.51	Tithi 10	<b>Gulika</b>	<b>9:43AM – 11:03AM</b>	<b>Rohini Until 8:33AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:02AM	
		Yama	7:02AM – 8:23AM	Vaidhriti* Until 4:45PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:45PM	
		936273367 <b>Rahu</b>	1:44PM – 3:04PM	Taitila Until 12:45PM	<b>Nataraja:</b> White	Moon 1 - Phase 42	
Routine Work	Marana Yoga			<b>Dashami Until 11:49PM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
					<b>Magha-Masi</b>		

<b>2</b>		<b>Friday, February 15, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	St. Helena, CA Sun 25 Sutra 306 Vilamba 5120
Mithuna Rasi: 5.51	Tithi 11	<b>Gulika</b>	<b>8:22AM – 9:42AM</b>	<b>Mrigashira Until 7:22AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:01AM	
		Yama	3:05PM – 4:25PM	Vishkambha* Until 1:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:46PM	
		936273367 <b>Rahu</b>	11:03AM – 12:24PM	Vanija Until 10:45AM	<b>Nataraja:</b> White	Moon 1 - Phase 42	
Creative Work	Siddha Yoga			<b>Ekadashi Until 9:30PM</b>	Moon – Yellow	<b>Sivaloka Day</b>	
					<b>Magha-Masi</b>		

<b>3</b>		<b>Saturday, February 16, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau	St. Helena, CA Sun 26 Sutra 307 Vilamba 5120
Mithuna Rasi: 20.17	Tithi 12	<b>Gulika</b>	<b>7:00AM – 8:21AM</b>	<b>Punarvasu Until 3:09AM Sun</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:00AM	
		Yama	1:44PM – 3:05PM	Priti Until 10:26AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:47PM	
		946273367 <b>Rahu</b>	9:42AM – 11:03AM	Bava Until 8:07AM	<b>Nataraja:</b> White	Moon 1 - Phase 42	
Creative Work	Siddha Yoga			<b>Dvadashi Until 6:35PM</b>	Moon – Blue	<b>Devaloka Day</b>	
					<b>Magha-Masi</b>		

<b>4</b>		<b>Sunday, February 17, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	St. Helena, CA Sun 27 Sutra 308 Vilamba 5120
Kataka Rasi: 5.05	Tithi 13 – 14	<b>Gulika</b>	<b>3:06PM – 4:27PM</b>	<b>Pushya Until 12:24AM Mon</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:59AM	
		Yama	12:24PM – 1:45PM	Ayushman Until 12:24AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:48PM	
		946273367 <b>Rahu</b>	4:27PM – 5:48PM	Vanija Until 11:35AM Mon	<b>Nataraja:</b> White	Moon 1 - Phase 42	
Creative Work	Siddha Yoga			<b>Trayodashi Until 3:14PM</b>	Moon – Blue	<b>Devaloka Day</b>	
					<b>Magha-Masi</b>		

*Pradosha Vrata*

		<b>Monday, February 18, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	St. Helena, CA Sutra 309 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>1:45PM – 3:06PM</b>	<b>Ashlesha* Until 9:18PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:58AM	
Kataka Rasi: 20.11	Tithi 14 – 15	Yama	11:02AM – 12:23PM	Sobhana Until 10:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:49PM	
<b>Family Home Evening</b>		946273367 <b>Rahu</b>	8:19AM – 9:41AM	Visti Until 9:43PM	<b>Nataraja:</b> White	Moon 1 - Phase 42	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 11:35AM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 9:18PM					<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>					

<b>Tuesday, February 19, 2019</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau	St. Helena, CA Sutra 310 Vilamba 5120
Simha Rasi: 5.26	Tithi 15 – 16	<b>Gulika</b>	<b>12:23PM – 1:45PM</b>	<b>Magha* Until 6:24PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:56AM	
		Yama	9:40AM – 11:02AM	Athiganda* Until 5:52PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:50PM	
		956273367 <b>Rahu</b>	3:07PM – 4:29PM	Kaulava Until 4:03AM Wed	<b>Nataraja:</b> White	Moon 1 - Phase 42	
Creative Work	Siddha Yoga			<b>Purnima* Until 7:48AM</b>	Moon – Red	<b>Sivaloka Day</b>	
					<b>Magha-Masi</b>		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Simha Rasi: 20.4      Tithi 17

957273367

**Gulika** 11:01AM – 12:23PM  
**Yama** 8:17AM – 9:39AM  
**Rahu** 12:23PM – 1:45PM

**Purvaphalguni Until 3:30PM**  
Sukarma Until 1:38PM  
Tailila Until 2:15PM  
**Dvitiya Until 12:30AM Thu**

**Ganesha:** Clear      *Sunrise:* 6:55AM  
**Muruga:** Clear      *Sunset:* 5:51PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

St. Helena, CA

Kanya Rasi: 5.43      Tithi 18

957273367

**Gulika** 9:39AM – 11:01AM  
**Yama** 6:54AM – 8:16AM  
**Rahu** 1:46PM – 3:08PM

**Uttaraphalguni Until 12:46PM**  
Dhriti Until 9:40AM  
Vanija Until 10:53AM  
**Tritiya Until 9:20PM**

**Ganesha:** Clear      *Sunrise:* 6:54AM  
**Muruga:** Clear      *Sunset:* 5:53PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

Sun 1      Sutra 312  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Until 12:46PM  
Then Routine Work - Marana Yoga

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Kanya Rasi: 20.26      Tithi 19

967273367

**Gulika** 8:15AM – 9:38AM  
**Yama** 3:08PM – 4:31PM  
**Rahu** 11:00AM – 12:23PM

**Hasta Until 10:47AM**  
Shula\* Until 6:01AM  
Bava Until 7:57AM  
**Chaturthi\* Until 6:41PM**

**Ganesha:** White      *Sunrise:* 6:53AM  
**Muruga:** Clear      *Sunset:* 5:54PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

Sun 2      Sutra 313  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Amrita Yoga  
Until 10:47AM  
Then Creative Work - Siddha Yoga

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Tula Rasi: 4.44      Tithi 20 – 21

967273367

**Gulika** 6:51AM – 8:14AM  
**Yama** 1:46PM – 3:09PM  
**Rahu** 9:37AM – 11:00AM

**Chitra Until 9:16AM**  
Vriddhi Until 12:20AM Sun  
Gara Until 4:03AM Sun  
**Panchami Until 4:43PM**

**Ganesha:** White      *Sunrise:* 6:51AM  
**Muruga:** Clear      *Sunset:* 5:55PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

Sun 3      Sutra 314  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work    Marana Yoga  
Until 9:16AM  
Then Creative Work - Siddha Yoga

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Tula Rasi: 18.34      Tithi 21 – 22

967273367

**Gulika** 3:09PM – 4:33PM  
**Yama** 12:23PM – 1:46PM  
**Rahu** 4:33PM – 5:56PM

**Svati Until 8:21AM**  
Dhruva Until 10:25PM  
Visti Until 3:18AM Mon  
**Shashthi\* Until 3:33PM**

**Ganesha:** White      *Sunrise:* 6:50AM  
**Muruga:** Clear      *Sunset:* 5:56PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

Sun 4      Sutra 315  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work    Siddha Yoga  
Until 8:21AM  
Then Routine Work - Marana Yoga

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Vrischika Rasi: 1.55      Tithi 22 – 23

977273367

**Gulika** 1:46PM – 3:10PM  
**Yama** 10:59AM – 12:23PM  
**Rahu** 8:12AM – 9:36AM

**Vishakha Until 8:34AM**  
Vyaghata\* Until 9:11PM  
Balava Until 3:26AM Tue  
**Saptami Until 3:14PM**

**Ganesha:** Yellow      *Sunrise:* 6:49AM  
**Muruga:** Clear      *Sunset:* 5:57PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

Sun 5      Sutra 316  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 8:34AM  
Then Creative Work - Siddha Yoga

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Kaulava Karana Ashtami/Navamyam Titau

St. Helena, CA

Vrischika Rasi: 14.49      Tithi 23 – 24

978273367

**Gulika** 12:23PM – 1:46PM  
**Yama** 9:35AM – 10:59AM  
**Rahu** 3:10PM – 4:34PM

**Anuradha Until 9:29AM**  
Harshana Until 8:39PM  
Kaulava Until 3:47PM  
**Ashtami\* Until 3:47PM**

**Ganesha:** Blue      *Sunrise:* 6:47AM  
**Muruga:** Clear      *Sunset:* 5:58PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

Sun 6      Sutra 317  
Vilamba 5120  
Moon 2 - Phase 43  
Ashtami

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 9:29AM  
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

St. Helena, CA

Vrischika Rasi: 27.2      Tithi 24 – 25

978273367

**Gulika** 10:58AM – 12:22PM  
**Yama** 8:10AM – 9:34AM  
**Rahu** 12:22PM – 1:46PM

**Jyeshtha\* Until 11:01AM**  
Vajra\* Until 8:39PM  
Vanija Until 6:05AM Thu  
**Navami\* Until 5:08PM**

**Ganesha:** Blue      *Sunrise:* 6:46AM  
**Muruga:** Clear      *Sunset:* 5:59PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

Sun 7      Sutra 318  
Vilamba 5120  
Moon 2 - Phase 43  
Navami

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 11:01AM  
Then Routine Work - Marana Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		St. Helena, CA	
Dhanus Rasi: 9.32		Tithi 25		Mula* Purvashadha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 319	
Creative Work		Siddha Yoga		Gulika 9:33AM - 10:58AM		Mula* Until 1:33PM		Ganesh: Red Sunrise: 6:44AM	
				Yama 6:44AM - 8:09AM		Siddhi Until 9:09PM		Muruga: Clear Sunset: 6:00PM	
		988273367		Rahu 1:47PM - 3:11PM		Vanija Until 6:05AM		Nataraja: White	
						Dashami Until 7:07PM		Moon - Light Blue	
								Magha-Masi	
								Devaloka Day	

<b>2</b>		<b>Friday, March 1, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		St. Helena, CA	
Dhanus Rasi: 21.31		Tithi 26		Purvashadha* Uttarashadha Nakshatra Vyalipata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 320	
Routine Work		Prabalarishta Yoga		Gulika 8:07AM - 9:32AM		Purvashadha* Until 4:22PM		Ganesh: Red Sunrise: 6:42AM	
Until 4:22PM				Yama 3:12PM - 4:37PM		Vyatipata* Until 9:59PM		Muruga: Clear Sunset: 6:02PM	
Then Routine Work - Marana Yoga				988273367		Bava Until 10:55AM Sat		Nataraja: White	
						Ekadashi* Until 9:09PM		Moon - Light Blue	
								Magha-Masi	
								Devaloka Day	

<b>3</b>		<b>Saturday, March 2, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		St. Helena, CA	
Makara Rasi: 3.22		Tithi 27		Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 321	
Routine Work		Marana Yoga		Gulika 6:40AM - 8:06AM		Uttarashadha* Until 7:19PM		Ganesh: Red Sunrise: 6:40AM	
Until 7:19PM				Yama 1:47PM - 3:12PM		Variyan Until 10:58PM		Muruga: Clear Sunset: 6:03PM	
Then Creative Work - Siddha Yoga				988273367		Kaulava Until 10:55AM		Nataraja: White	
						Dvadashi* Until 12:15AM Sun		Moon - Light Blue	
								Magha-Masi	
								Devaloka Day	

<b>4</b>		<b>Sunday, March 3, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		St. Helena, CA	
Makara Rasi: 15.09		Tithi 28		Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 322	
Creative Work		Amrita Yoga		Gulika 3:13PM - 4:38PM		Shravana Until 10:40PM		Ganesh: Yellow Sunrise: 6:39AM	
Until 10:40PM				Yama 12:21PM - 1:47PM		Parigha* Until 12:02AM Mon		Muruga: Clear Sunset: 6:04PM	
Then Routine Work - Marana Yoga				988273367		Gara Until 1:39PM		Nataraja: White	
						Trayodashi* Until 3:00AM Mon		Moon - Purple	
								Magha-Masi	
								Devaloka Day	
								<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Monday, March 4, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		St. Helena, CA	
Makara Rasi: 26.55		Tithi 29		Dhanishtha Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 323	
Family Home Evening				Gulika 1:47PM - 3:13PM		Dhanishtha Until 1:47AM Tue		Ganesh: Yellow Sunrise: 6:37AM	
Creative Work		Siddha Yoga		Yama 10:55AM - 12:21PM		Shiva Until 1:03AM Tue		Muruga: Clear Sunset: 6:05PM	
Until 1:47AM Tue				988273367		Visti Until 4:22PM		Nataraja: White	
Then Routine Work - Marana Yoga						Chaturdashi* Until 5:39AM Tue		Moon - Purple	
								Magha-Masi	
								Devaloka Day	
								Mahasivaratri (Lunar)	
								Mahasivaratri (Solar)	

<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		St. Helena, CA	
Kumbha Rasi: 8.44		Tithi 30		Shatabhishak Nakshatra Siddha Yoga Catuspada* Karana Amavasyayam Titau		Sun 13		Sutra 324	
Routine Work		Marana Yoga		Gulika 12:21PM - 1:47PM		Shatabhishak Until 4:33AM Wed		Ganesh: Clear Sunrise: 6:36AM	
Until 4:33AM Wed				Yama 9:28AM - 10:55AM		Siddha Until 1:53AM Wed		Muruga: Clear Sunset: 6:06PM	
Then Creative Work - Amrita Yoga				199273367		Catuspada Until 6:56PM		Nataraja: White	
						Amavasya* Until 8:06AM Wed		Moon - Purple	
								Magha-Masi	
								Devaloka Day	

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		St. Helena, CA	
Kumbha Rasi: 20.37		Tithi 30 - 1		Purvaproshtapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 325	
Creative Work		Amrita Yoga		Gulika 10:54AM - 12:21PM		Purvaproshtapada* Until 7:24AM Thu		Ganesh: Yellow Sunrise: 6:34AM	
Until 7:24AM Thu				Yama 8:01AM - 9:28AM		Sadhya Until 2:32AM Thu		Muruga: Clear Sunset: 6:07PM	
Then Creative Work - Siddha Yoga				119373367		Kintughna Until 9:14PM		Nataraja: White	
						Amavasya* Until 8:06AM		Moon - Clear	
								Phalgun-Masi	
								Devaloka Day	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA
Meena Rasi: 2.37	Tithi 1 – 2	<b>Gulika</b>	<b>9:27AM – 10:54AM</b>	<b>Purvaprosarthapada* Until 7:24AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:33AM</i>	Sun 15	Sutra 326
		Yama	6:33AM – 8:00AM	Subha Until 2:58AM Fri	<b>Muruga: Clear</b>	<i>Sunset: 6:08PM</i>		Vilamba 5120
		119373367 <b>Rahu</b>	<b>1:47PM – 3:14PM</b>	Balava Until 11:13PM	<b>Nataraja: White</b>		Moon 2 - Phase 45	3rd Phase
Creative Work	Siddha Yoga			<b>Prathama* Until 10:15AM</b>	Moon – Clear		<b>Devaloka Day</b>	
					<b>Phalguna-Masi</b>			
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA
Meena Rasi: 14.44	Tithi 2 – 3	<b>Gulika</b>	<b>7:59AM – 9:26AM</b>	<b>Uttaraprosarthapada Until 9:46AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:31AM</i>	Sun 16	Sutra 327
		Yama	3:15PM – 4:42PM	Sukla Until 3:07AM Sat	<b>Muruga: Clear</b>	<i>Sunset: 6:09PM</i>		Vilamba 5120
		119373367 <b>Rahu</b>	<b>10:53AM – 12:20PM</b>	Taitila Until 12:53AM Sat	<b>Nataraja: White</b>		Moon 2 - Phase 45	3rd Phase
Creative Work	Siddha Yoga			<b>Dvitiya Until 12:04PM</b>	Moon – Clear		<b>Devaloka Day</b>	
					<b>Phalguna-Masi</b>			
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				St. Helena, CA
Meena Rasi: 27.01	Tithi 3 – 4	<b>Gulika</b>	<b>6:30AM – 7:58AM</b>	<b>Revati Until 11:38AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:30AM</i>	Sun 17	Sutra 328
		Yama	1:48PM – 3:15PM	Brahma Until 2:59AM Sun	<b>Muruga: Clear</b>	<i>Sunset: 6:10PM</i>		Vilamba 5120
		119373367 <b>Rahu</b>	<b>9:25AM – 10:53AM</b>	Vanija Until 2:09AM Sun	<b>Nataraja: White</b>		Moon 2 - Phase 45	3rd Phase
Routine Work	Prabalarishta Yoga			<b>Tritiya Until 1:33PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 11:38AM					<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>						
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA
Mesha Rasi: 9.26	Tithi 4 – 5	<b>Gulika</b>	<b>3:15PM – 4:43PM</b>	<b>Ashvini Until 1:27PM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 6:29AM</i>	Sun 18	Sutra 329
		Yama	12:20PM – 1:48PM	Indra Until 2:34AM Mon	<b>Muruga: Clear</b>	<i>Sunset: 6:11PM</i>		Vilamba 5120
		129373367 <b>Rahu</b>	<b>4:43PM – 6:11PM</b>	Bava Until 3:01AM Mon	<b>Nataraja: White</b>		Moon 2 - Phase 45	3rd Phase
Creative Work	Siddha Yoga			<b>Chaturthi* Until 2:38PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 1:27PM					<b>Phalguna-Masi</b>			
Then Routine Work - Prabalarishta Yoga								
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				St. Helena, CA
Mesha Rasi: 22.02	Tithi 5 – 6	<b>Gulika</b>	<b>1:48PM – 3:16PM</b>	<b>Bharani Until 2:41PM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 6:27AM</i>	Sun 19	Sutra 330
<b>Family Home Evening</b>		Yama	10:51AM – 12:20PM	Vaidhriti* Until 1:45AM Tue	<b>Muruga: Clear</b>	<i>Sunset: 6:12PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	129373367 <b>Rahu</b>	<b>7:55AM – 9:23AM</b>	Kaulava Until 3:25AM Tue	<b>Nataraja: White</b>		Moon 2 - Phase 45	3rd Phase
Until 2:41PM				<b>Panchami Until 3:16PM</b>	Moon – White		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Phalguna-Masi</b>			
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA
Vrisabha Rasi: 4.52	Tithi 6 – 7	<b>Gulika</b>	<b>12:19PM – 1:48PM</b>	<b>Krittika Until 3:17PM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 6:25AM</i>	Sun 20	Sutra 331
		Yama	9:22AM – 10:51AM	Vishkambha* Until 12:33AM Wed	<b>Muruga: Clear</b>	<i>Sunset: 6:13PM</i>		Vilamba 5120
		129373367 <b>Rahu</b>	<b>3:16PM – 4:45PM</b>	Gara Until 3:17AM Wed	<b>Nataraja: White</b>		Moon 2 - Phase 45	3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi* Until 3:24PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 3:17PM					<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga								
		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
<b>Retreat Star</b>		<b>Gulika</b>	<b>10:50AM – 12:19PM</b>	<b>Rohini Until 3:39PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 6:24AM</i>	Sun 21	Sutra 332
Vrisabha Rasi: 17.58	Tithi 7 – 8	Yama	7:53AM – 9:21AM	Priti Until 10:54PM	<b>Muruga: Clear</b>	<i>Sunset: 6:14PM</i>		Vilamba 5120
		131373367 <b>Rahu</b>	<b>12:19PM – 1:48PM</b>	Visti Until 2:33AM Thu	<b>Nataraja: White</b>		Moon 2 - Phase 45	3rd Phase
Creative Work	Siddha Yoga			<b>Saptami Until 12:33AM Wed</b>	Moon – Yellow		<b>Sivaloka Day</b>	
					<b>Phalguna-Masi</b>			
<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA		
<b>Retreat Star</b>		<b>Gulika</b>	<b>9:21AM – 10:50AM</b>	<b>Mrigashira Until 3:15PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 6:22AM</i>	Sun 22	Sutra 333
Mithuna Rasi: 1.23	Tithi 8 – 9	Yama	6:22AM – 7:52AM	Ayushman Until 8:44PM	<b>Muruga: Clear</b>	<i>Sunset: 6:15PM</i>		Vilamba 5120
		131373367 <b>Rahu</b>	<b>1:48PM – 3:17PM</b>	Balava Until 1:12AM Fri	<b>Nataraja: White</b>		Moon 2 - Phase 45	Ashtami
Routine Work	Marana Yoga			<b>Ashtami* Until 1:56PM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>			
<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				St. Helena, CA		
<b>Retreat Star</b>		<b>Gulika</b>	<b>7:50AM – 9:20AM</b>	<b>Ardra Until 2:07PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 6:21AM</i>	Sun 23	Sutra 334
Mithuna Rasi: 15.1	Tithi 9 – 10	Yama	3:17PM – 4:47PM	Saubhagya Until 6:05PM	<b>Muruga: Clear</b>	<i>Sunset: 6:16PM</i>		Vilamba 5120
		131373367 <b>Rahu</b>	<b>10:49AM – 12:18PM</b>	Taitila Until 11:14PM	<b>Nataraja: Clear</b>		Moon 2 - Phase 45	Navami
Creative Work	Siddha Yoga			<b>Navami* Until 12:17PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>			


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>		<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 29.19	Tithi 10 – 11	<b>Gulika</b> 6:19AM – 7:49AM	<b>Punarvasu</b> Until 12:41PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:19AM	
		Yama 1:48PM – 3:17PM	Sobhana Until 3:00PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:19AM – 10:48AM	Vanija Until 8:44PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 10:02AM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Phalguna</b> •Panguni		

<b>2</b>		<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 13.5	Tithi 11 – 12	<b>Gulika</b> 3:18PM – 4:48PM	<b>Pushya</b> Until 10:36AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:18AM	
		Yama 12:18PM – 1:48PM	Athiganda* Until 11:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:48PM – 6:18PM	Balava Until 4:07AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 7:16AM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Phalguna</b> •Panguni		

<b>3</b>		<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 28.39	Tithi 13	<b>Gulika</b> 1:48PM – 3:18PM	<b>Ashlesha*</b> Until 8:01AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:16AM	
<b>Family Home Evening</b>		Yama 10:47AM – 12:18PM	Sukarma Until 7:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:47AM – 9:17AM	Kaulava Until 2:26PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:01AM			<b>Trayodashi</b> Until 12:41AM Tue	Moon – Blue		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Yogaswami Mahasamadhi</b>	<i>Pradosha Vrata</i>	<b>Phalguna</b> •Panguni		

<b>4</b>		<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 13.4	Tithi 14	<b>Gulika</b> 12:17PM – 1:48PM	<b>Purvaphalguni</b> Until 2:40AM Wed	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:15AM	
		Yama 9:16AM – 10:47AM	Shula* Until 11:34PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:19PM – 4:49PM	Gara Until 10:56AM	<b>Nataraja:</b> Clear		4th Phase
Until 2:40AM Wed			<b>Chaturdashi*</b> Until 9:08PM	Moon – Red		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Phalguna</b> •Panguni		

		<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		St. Helena, CA Sun 28 Sutra 339 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:46AM – 12:17PM	<b>Uttaraphalguni</b> Until 11:50PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:13AM	
Simha Rasi: 28.45	Tithi 15 – 16	Yama 7:44AM – 9:15AM	Ganda* Until 7:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46
Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:17PM – 1:48PM	Visti Until 7:23AM	<b>Nataraja:</b> Clear		Purnima
Until 11:50PM			<b>Purnima*</b> Until 5:37PM	Moon – Red		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Panguni Uttiram</b>		<b>Phalguna</b> •Panguni		
		<b>Holi</b>				

<b>Thursday, March 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 29 Sutra 340 Vilamba 5120
Kanya Rasi: 13.44	Tithi 16 – 17	<b>Gulika</b> 9:14AM – 10:45AM	<b>Hasta</b> Until 9:33PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:12AM	
		Yama 6:12AM – 7:43AM	Vriddhi Until 3:41PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 46
Routine Work	Marana Yoga	161383368 <b>Rahu</b> 1:48PM – 3:19PM	Taitila Until 12:49AM Fri	<b>Nataraja:</b> Clear		Prathama
Until 9:33PM			<b>Prathama*</b> Until 2:19PM	Moon – Green		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna</b> •Panguni		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 341

Kanya Rasi: 28.29 Tihi 17 - 18

Gulika 7:42AM - 9:13AM

Chitra Until 7:33PM

Ganesha: Yellow Sunrise: 6:10AM

Vilamba 5120

Yama 3:19PM - 4:51PM

Dhruva Until 12:08PM

Muruga: White Sunset: 6:23PM

Moon 3 - Phase 47

162383368 Rahu 10:45AM - 12:16PM

Vanija Until 10:09PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 11:24AM

Moon - Green  
Phalguna-Panguni

Devaloka Day

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 342

Tula Rasi: 12.52 Tihi 18 - 19

Gulika 6:09AM - 7:40AM

Svati Until 6:02PM

Ganesha: Blue Sunrise: 6:09AM

Vilamba 5120

Yama 1:48PM - 3:20PM

Vyaghata\* Until 9:03AM

Muruga: White Sunset: 6:24PM

Moon 3 - Phase 47

162383368 Rahu 9:12AM - 10:44AM

Bava Until 8:07PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 9:02AM

Moon - Green  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 343

Tula Rasi: 26.48 Tihi 19 - 20

Gulika 3:20PM - 4:52PM

Vishakha Until 5:31PM

Ganesha: Red Sunrise: 6:07AM

Vilamba 5120

Yama 12:16PM - 1:48PM

Harshana Until 6:33AM

Muruga: White Sunset: 6:24PM

Moon 3 - Phase 47

172383368 Rahu 4:52PM - 6:24PM

Kaulava Until 6:50PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Chaturthi\* Until 7:21AM

Moon - Orange  
Phalguna-Panguni

Devaloka Day

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

St. Helena, CA

Sun 4 Sutra 344

Vrischika Rasi: 10.16 Tihi 20 - 21

Gulika 1:48PM - 3:20PM

Anuradha Until 5:43PM

Ganesha: Red Sunrise: 6:06AM

Vilamba 5120

Yama 10:43AM - 12:15PM

Siddhi Until 3:31AM Tue

Muruga: White Sunset: 6:25PM

Moon 3 - Phase 47

Family Home Evening

172383368 Rahu 7:38AM - 9:10AM

Gara Until 6:24PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 6:29AM

Moon - Orange  
Phalguna-Panguni

Devaloka Day

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 345

Vrischika Rasi: 23.15 Tihi 21 - 22

Gulika 12:15PM - 1:48PM

Jyeshtha\* Until 6:37PM

Ganesha: Red Sunrise: 6:04AM

Vilamba 5120

Yama 9:10AM - 10:42AM

Vyatipata\* Until 3:02AM Wed

Muruga: White Sunset: 6:26PM

Moon 3 - Phase 47

172383368 Rahu 3:21PM - 4:54PM

Visti Until 6:52PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi\* Until 6:30AM

Moon - Orange  
Phalguna-Panguni

Devaloka Day

Until 6:37PM

Then Creative Work - Amrita Yoga

D

Wednesday, March 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 346

Dhanus Rasi: 5.49 Tihi 22 - 23

Gulika 10:42AM - 12:15PM

Mula\* Until 8:38PM

Ganesha: Green Sunrise: 6:02AM

Vilamba 5120

Yama 7:36AM - 9:09AM

Variyan Until 3:09AM Thu

Muruga: White Sunset: 6:27PM

Moon 3 - Phase 47

182383368 Rahu 12:15PM - 1:48PM

Balava Until 8:10PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Saptami Until 7:24AM

Moon - Light Blue  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 8:38PM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 347

Dhanus Rasi: 18.04 Tihi 23 - 24

Gulika 9:08AM - 10:41AM

Purvashadha\* Until 11:10PM

Ganesha: Green Sunrise: 6:01AM

Vilamba 5120

Yama 6:01AM - 7:34AM

Parigha\* Until 3:45AM Fri

Muruga: White Sunset: 6:28PM

Moon 3 - Phase 47

182383368 Rahu 1:48PM - 3:21PM

Taitila Until 10:09PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami\* Until 9:04AM

Moon - Light Blue  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 11:10PM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b> Friday, March 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA
Makara Rasi: 0.03	Tithi 24 – 25	<b>Gulika</b> 7:33AM – 9:07AM	<b>Uttarashadha</b> Until 1:57AM Sat	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:59AM	Sun 8	Sutra 348
		Yama 3:22PM – 4:55PM	Shiva Until 4:42AM Sat	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:29PM		Vilamba 5120
		182383468 <b>Rahu</b> 10:41AM – 12:14PM	Vanija Until 12:36AM Sat	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Routine Work	Marana Yoga		Navami* Until 11:19AM	Moon – Light Blue		2nd Phase
Until 1:57AM Sat				<b>Phalguna•Panguni</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>2</b> Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Shravana Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
Makara Rasi: 11.54	Tithi 25 – 26	<b>Gulika</b> 5:58AM – 7:32AM	<b>Shravana</b> Until 5:17AM Sun	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:58AM	Sun 9	Sutra 349
		Yama 1:48PM – 3:22PM	Siddha Until 5:45AM Sun	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:30PM		Vilamba 5120
		192383468 <b>Rahu</b> 9:06AM – 10:40AM	Bava Until 3:17AM Sun	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Creative Work	Siddha Yoga		Dashami Until 1:54PM	Moon – Purple		2nd Phase
Until 5:17AM Sun				<b>Phalguna•Panguni</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga						

<b>3</b> Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
Makara Rasi: 23.4	Tithi 26 – 27	<b>Gulika</b> 3:22PM – 4:57PM	<b>Dhanishtha</b> Until 8:25AM Mon	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:56AM	Sun 10	Sutra 350
		Yama 12:14PM – 1:48PM	Sadhya Until 6:47AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:31PM		Vilamba 5120
		192383468 <b>Rahu</b> 4:57PM – 6:31PM	Kaulava Until 5:56AM Mon	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Routine Work	Marana Yoga		Ekadashi* Until 4:36PM	Moon – Purple		2nd Phase
Until 8:25AM Mon				<b>Phalguna•Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>4</b> Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Taitila Karana Dvadashyam Titau				St. Helena, CA
Kumbha Rasi: 5.28	Tithi 27	<b>Gulika</b> 1:48PM – 3:22PM	<b>Dhanishtha</b> Until 8:25AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:56AM	Sun 11	Sutra 351
<b>Family Home Evening</b>		Yama 10:39AM – 12:14PM	Sadhya Until 6:47AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:31PM		Vilamba 5120
		192483468 <b>Rahu</b> 7:31AM – 9:05AM	Taitila Until 7:11PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Creative Work	Siddha Yoga		Dvadashi* Until 7:11PM	Moon – Purple		2nd Phase
				<b>Phalguna•Panguni</b>		<b>Subha Sivaloka Day</b>

<b>5</b> Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
Kumbha Rasi: 17.2	Tithi 28	<b>Gulika</b> 12:13PM – 1:48PM	<b>Shatabhishak</b> Until 11:10AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:55AM	Sun 12	Sutra 352
		Yama 9:04AM – 10:39AM	Subha Until 7:41AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:32PM		Vilamba 5120
		192483468 <b>Rahu</b> 3:23PM – 4:57PM	Gara Until 8:23AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Routine Work	Marana Yoga		Trayodashi* Until 9:28PM	Moon – Purple		2nd Phase
				<b>Phalguna•Panguni</b>		<b>Subha Sivaloka Day</b>

*Pradosha Vrata (Fasting)*

<b>6</b> Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA
Kumbha Rasi: 29.2	Tithi 29	<b>Gulika</b> 10:38AM – 12:13PM	<b>Purvaproshtapada*</b> Until 1:55PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:53AM	Sun 13	Sutra 353
		Yama 7:28AM – 9:03AM	Sukla Until 8:17AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:33PM		Vilamba 5120
		112483468 <b>Rahu</b> 12:13PM – 1:48PM	Visti Until 10:30AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Creative Work	Amrita Yoga		Chaturdashi* Until 11:22PM	Moon – Clear		2nd Phase
Until 1:55PM				<b>Phalguna•Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>●</b> Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA
<b>Retreat Star</b>		<b>Gulika</b> 9:02AM – 10:37AM	<b>Uttaraproshtapada</b> Until 4:06PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:52AM	Sun 14	Sutra 354
Meena Rasi: 11.29	Tithi 30	Yama 5:52AM – 7:27AM	Brahma Until 8:36AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:34PM		Vilamba 5120
		112483468 <b>Rahu</b> 1:48PM – 3:23PM	Catuspada Until 12:11PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Creative Work	Siddha Yoga		Amavasya* Until 12:51AM Fri	Moon – Clear		Amavasya
				<b>Phalguna•Panguni</b>		<b>Sivaloka Day</b>

<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA
<b>Retreat Star</b>		<b>Gulika</b> 7:26AM – 9:01AM	<b>Revati</b> Until 5:42PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:50AM	Sun 15	Sutra 355
Meena Rasi: 23.49	Tithi 1	Yama 3:24PM – 4:59PM	Indra Until 8:37AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:35PM		Vilamba 5120
		113483468 <b>Rahu</b> 10:37AM – 12:12PM	Kintughna Until 1:27PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48
Creative Work	Siddha Yoga		Prathama* Until 1:54AM Sat	Moon – Clear		Prathama
Until 5:42PM		<b>Yugadhi</b>		<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Saturday, April 6, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		St. Helena, CA Sun 16 Sutra 356 Vilamba 5120	
Mesha Rasi: 6.2	Tithi 2	<b>Gulika</b> 5:49AM – 7:25AM	<b>Ashvini</b> Until 7:13PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:49AM				
		Yama 1:48PM – 3:24PM	Vaidhriti* Until 8:15AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:36PM			Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 9:00AM – 10:36AM	Balava Until 14:42AM Sun	<b>Nataraja:</b> Purple				3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 8:37AM	Moon – White					<b>Devaloka Day</b>
		Chellappaswami Mahasamadhi		<b>Chaitra-Panguni</b>					

<b>2</b>		<b>Sunday, April 7, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau		St. Helena, CA Sun 17 Sutra 357 Vilamba 5120	
Mesha Rasi: 19.03	Tithi 3	<b>Gulika</b> 3:24PM – 5:00PM	<b>Bharani</b> Until 8:12PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:47AM				
		Yama 12:12PM – 1:48PM	Vishkambha* Until 7:36AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:37PM			Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 5:00PM – 6:37PM	Taitila Until 2:42PM	<b>Nataraja:</b> Purple				3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Tritiya</b> Until 2:45AM Mon	Moon – White					<b>Devaloka Day</b>
Until 8:12PM				<b>Chaitra-Panguni</b>					
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Monday, April 8, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		St. Helena, CA Sun 18 Sutra 358 Vilamba 5120	
Vrishabha Rasi: 1.56	Tithi 4	<b>Gulika</b> 1:48PM – 3:25PM	<b>Krittika</b> Until 8:39PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:46AM				
<b>Family Home Evening</b>		Yama 10:35AM – 12:12PM	Priti Until 6:40AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:38PM			Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 7:22AM – 8:59AM	Vanija Until 2:45PM	<b>Nataraja:</b> Purple				3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 2:37AM Tue	Moon – White					<b>Devaloka Day</b>
Until 8:39PM				<b>Chaitra-Panguni</b>					
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Tuesday, April 9, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		St. Helena, CA Sun 19 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 15.01	Tithi 5	<b>Gulika</b> 12:11PM – 1:48PM	<b>Rohini</b> Until 9:03PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:44AM				
		Yama 8:58AM – 10:35AM	Saubhagya Until 3:53AM Wed	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:39PM			Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 3:25PM – 5:02PM	Bava Until 2:26PM	<b>Nataraja:</b> Purple				3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami</b> Until 2:07AM Wed	Moon – Yellow					<b>Sivaloka Day</b>
Until 9:03PM				<b>Chaitra-Panguni</b>					
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Wednesday, April 10, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashtyam Titau		St. Helena, CA Sun 20 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 28.17	Tithi 6	<b>Gulika</b> 10:34AM – 12:11PM	<b>Mrigashira</b> Until 8:56PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:43AM				
		Yama 7:20AM – 8:57AM	Sobhana Until 2:04AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:39PM			Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 12:11PM – 1:48PM	Kaulava Until 1:44PM	<b>Nataraja:</b> Purple				3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 1:14AM Thu	Moon – Yellow					<b>Sivaloka Day</b>
				<b>Chaitra-Panguni</b>					

<b>6</b>		<b>Thursday, April 11, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		St. Helena, CA Sun 21 Sutra 361 Vilamba 5120	
Mithuna Rasi: 11.46	Tithi 7	<b>Gulika</b> 8:56AM – 10:33AM	<b>Ardra</b> Until 8:16PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:41AM				
		Yama 5:41AM – 7:19AM	Athiganda* Until 11:53PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:40PM			Moon 3 - Phase 49	
		123483468 <b>Rahu</b> 1:48PM – 3:26PM	Gara Until 12:39PM	<b>Nataraja:</b> Purple				3rd Phase	
Routine Work	Marana Yoga		<b>Saptami</b> Until 11:56PM	Moon – Yellow					<b>Sivaloka Day</b>
Until 8:16PM				<b>Chaitra-Panguni</b>					
Then Creative Work - Amrita Yoga									

<b>Retreat Star</b>		<b>Friday, April 12, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		St. Helena, CA Sun 22 Sutra 362 Vilamba 5120	
Mithuna Rasi: 25.3	Tithi 8	<b>Gulika</b> 7:17AM – 8:55AM	<b>Punarvasu</b> Until 7:29PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:40AM				
		Yama 3:26PM – 5:04PM	Sukarma Until 9:23PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:41PM			Moon 3 - Phase 49	
		143483468 <b>Rahu</b> 10:33AM – 12:10PM	Visti Until 11:08AM	<b>Nataraja:</b> Purple				Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 10:13PM	Moon – Blue					<b>Devaloka Day</b>
Until 7:29PM				<b>Chaitra-Panguni</b>					
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Saturday, April 13, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		St. Helena, CA Sun 23 Sutra 363 Vilamba 5120	
Kataka Rasi: 9.29	Tithi 9	<b>Gulika</b> 5:38AM – 7:16AM	<b>Pushya</b> Until 6:09PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:38AM				
		Yama 1:48PM – 3:26PM	Dhriti Until 6:35PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:42PM			Moon 3 - Phase 49	
		143483468 <b>Rahu</b> 8:54AM – 10:32AM	Balava Until 9:13AM	<b>Nataraja:</b> Purple				Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 8:06PM	Moon – Blue					<b>Devaloka Day</b>
Until 6:09PM				<b>Chaitra-Panguni</b>					
Then Routine Work - Marana Yoga		Sri Rama Navami							

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

www.gurudeva.org/panchang

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Taitila/Vanija Karana Dashami/Ekodashyam Titau				St. Helena, CA Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 23.43	Tithi 10 – 11	<b>Gulika</b> 3:27PM – 5:05PM	<b>Ashlesha* Until 4:19PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:37AM	
		Yama 12:10PM – 1:48PM	Shula* Until 3:27PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 1
		243483468 <b>Rahu</b> 5:05PM – 6:43PM	Taitila Until 6:55AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 5:37PM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 4:19PM		<b>Tamil New Year</b>		<b>Chaitra•Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 8.11	Tithi 11 – 12	<b>Gulika</b> 1:48PM – 3:27PM	<b>Magha* Until 2:27PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:35AM	
<b>Family Home Evening</b>		Yama 10:31AM – 12:10PM	Ganda* Until 12:05PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 7:14AM – 8:53AM	Bava Until 1:23AM Tue	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 2:50PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 2:27PM				<b>Chaitra•Chaitra</b>		
Then Creative Work - Siddha Yoga						

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 22.49	Tithi 12 – 13	<b>Gulika</b> 12:09PM – 1:48PM	<b>Purvaphalguni Until 12:16PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:34AM	
		Yama 8:52AM – 10:31AM	Vridhhi Until 8:33AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 3:27PM – 5:06PM	Kaulava Until 10:22PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 11:52AM</b>	Moon – Red		<b>Devaloka Day</b>
Until 12:16PM				<b>Chaitra•Chaitra</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 7.31	Tithi 13 – 14	<b>Gulika</b> 10:30AM – 12:09PM	<b>Uttaraphalguni Until 9:53AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:32AM	
		Yama 7:12AM – 8:51AM	Vyaghata* Until 1:22AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 12:09PM – 1:48PM	Gara Until 7:22PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 8:50AM</b>	Moon – Red		<b>Devaloka Day</b>
Until 9:53AM				<b>Chaitra•Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>○ Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA Sutra 4 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:50AM – 10:30AM	<b>Hasta Until 7:51AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:31AM	
Kanya Rasi: 22.11	Tithi 15	Yama 5:31AM – 7:11AM	Harshana Until 9:59PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 1:48PM – 3:28PM	Visti Until 4:30PM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 3:09AM Fri</b>	Moon – Green		<b>Sivaloka Day</b>
Until 7:51AM		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra•Chaitra</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>				

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA Sutra 5 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:09AM – 8:49AM	<b>Svati Until 4:17AM Sat</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:30AM	
Tula Rasi: 6.41	Tithi 16	Yama 3:28PM – 5:08PM	Vajra* Until 6:51PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 10:29AM – 12:09PM	Balava Until 1:57PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 12:49AM Sat</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Chaitra•Chaitra</b>		