



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Variyan Yoga Taitila Karana Dvitiyayam Titau

Rochester, NY

Vrischika Rasi: 3.38 Tihti 17

273832369

Gulika 12:07PM – 1:53PM
Yama 8:35AM – 10:21AM
Rahu 3:39PM – 5:25PM

Anuradha Until 10:34PM Wed
Variyan Until 7:05AM Wed
Taitila Until 8:40AM
Dvitiya Until 9:09PM

Ganesha: Purple *Sunrise:* 5:03AM
Muruga: White *Sunset:* 7:10PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Bava Karana Tritiyayam Titau

Rochester, NY

Vrischika Rasi: 16.06 Tihti 18

273832369

Gulika 10:21AM – 12:07PM
Yama 6:48AM – 8:34AM
Rahu 12:07PM – 1:53PM

Anuradha Until 10:34PM
Parigha* Until 7:05AM
Vanija Until 9:49AM
Tritiya Until 10:34PM

Ganesha: Purple *Sunrise:* 5:02AM
Muruga: White *Sunset:* 7:12PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Rochester, NY

Vrischika Rasi: 28.19 Tihti 19

274832369

Gulika 8:34AM – 10:20AM
Yama 5:01AM – 6:47AM
Rahu 1:53PM – 3:40PM

Jyeshtha* Until 2:50AM Sat Fri
Shiva Until 9:08AM
Bava Until 11:30AM
Chaturthi* Until 12:30AM Fri

Ganesha: Clear *Sunrise:* 5:01AM
Muruga: White *Sunset:* 7:13PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga
Until 2:50AM Sat Fri
Then Creative Work - Siddha Yoga

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Purvashadha* Nakshatra Siddha Yoga Kaulava Karana Panchamyam Titau

Rochester, NY

Dhanus Rasi: 10.21 Tihti 20

284832369

Gulika 6:46AM – 8:33AM
Yama 3:40PM – 5:27PM
Rahu 10:20AM – 12:07PM

Jyeshtha* Until 2:50AM Sat
Siddha Until 11:77PM
Kaulava Until 1:39PM
Panchami Until 2:50AM Sat

Ganesha: White *Sunrise:* 4:59AM
Muruga: White *Sunset:* 7:14PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 2:50AM Sat
Then Creative Work - Siddha Yoga

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Rochester, NY

Dhanus Rasi: 22.14 Tihti 21

284832369

Gulika 4:58AM – 6:45AM
Yama 1:54PM – 3:41PM
Rahu 8:32AM – 10:19AM

Purvashadha* Until 2:59PM
Sadhya Until 1:18AM Sun
Gara Until 18:42AM Sun
Shashthi* Until 11:77PM

Ganesha: White *Sunrise:* 4:58AM
Muruga: White *Sunset:* 7:15PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 2:59PM
Then Routine Work - Marana Yoga

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti* Karana Saptamyam Titau

Rochester, NY

Makara Rasi: 4.02 Tihti 22

284832369

Gulika 3:41PM – 5:29PM
Yama 12:06PM – 1:54PM
Rahu 5:29PM – 7:16PM

Uttarashadha Until 7:56AM Mon
Subha Until 5:55PM
Visti Until 6:42PM
Saptami Until 7:56AM Mon

Ganesha: White *Sunrise:* 4:57AM
Muruga: White *Sunset:* 7:16PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga

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Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Makara Rasi: 15.52 Tihti 22 – 23

294832369

Gulika 1:54PM – 3:42PM
Yama 10:19AM – 12:06PM
Rahu 6:43AM – 8:31AM

Uttarashadha Until 7:56AM
Sukla Until 3:14AM Tue
Balava Until 8:68PM
Saptami Until 2:22AM Mon

Ganesha: Yellow *Sunrise:* 4:55AM
Muruga: White *Sunset:* 7:17PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Until 7:56AM
Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Rochester, NY

Makara Rasi: 27.46 Tihti 23 – 24

294832369

Gulika 12:06PM – 1:54PM
Yama 8:30AM – 10:18AM
Rahu 3:42PM – 5:30PM

Shravana Until 10:12AM
Brahma Until 11:40PM
Gara Until 10:70PM
Ashtami* Until 3:14AM Tue

Ganesha: Yellow *Sunrise:* 4:54AM
Muruga: White *Sunset:* 7:18PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Navami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 10:12AM
Then Routine Work - Marana Yoga

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|----------------------------------|--|-------------------------------|--|---|--|--|--|---------------------------------|--|
| 1 | | Wednesday, May 9, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Kumbha Rasi: 9.52 | | Tithi 24 – 25 | | Dhanishtha/ Shatabhishak Nakshatra Indra Yoga Gara Karana Navami/ Dashamyam Titau | | Sun 8 | | Sutra 24 | |
| Creative Work | | Siddha Yoga | | Gulika 10:18AM – 12:06PM | | Dhanishtha Until 11:57AM | | Ganesha: Yellow Sunrise: 4:53AM | |
| Until 11:57AM | | 294832369 | | Yama 6:41AM – 8:30AM | | Indra Until 3:49AM Thu | | Muruga: White Sunset: 7:19PM | |
| Then Creative Work - Amrita Yoga | | Rahu 12:06PM – 1:55PM | | Gara Until 11:57AM | | Nataraja: Purple | | Moon – Purple | |
| | | | | Navami* Until 11:57AM | | Vaisaka-Chaitra | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| 2 | | Thursday, May 10, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Kumbha Rasi: 22.15 | | Tithi 25 – 26 | | Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau | | Sun 9 | | Sutra 25 | |
| Creative Work | | Siddha Yoga | | Gulika 8:29AM – 10:18AM | | Purvaproshtapada* Until 1:14PM Fri | | Ganesha: Yellow Sunrise: 4:52AM | |
| Until 11:57AM | | 214832369 | | Yama 4:52AM – 6:40AM | | Vaidhriti* Until 2:55AM Fri | | Muruga: White Sunset: 7:21PM | |
| Then Creative Work - Amrita Yoga | | Rahu 1:55PM – 3:43PM | | Balava Until 1:14AM Fri | | Dashedmi Until 3:49AM Thu | | Nataraja: Purple | |
| | | | | | | | | Moon – Clear | |
| | | | | | | | | Vaisaka-Chaitra | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| 3 | | Friday, May 11, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Meena Rasi: 4.59 | | Tithi 26 – 27 | | Purvaproshtapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Sun 10 | | Sutra 26 | |
| Creative Work | | Siddha Yoga | | Gulika 6:40AM – 8:28AM | | Purvaproshtapada* Until 1:14PM | | Ganesha: Blue Sunrise: 4:51AM | |
| Until 11:57AM | | 214932369 | | Yama 3:44PM – 5:33PM | | Vishkambha* Until 23:70AM Sat | | Muruga: White Sunset: 7:22PM | |
| Then Creative Work - Amrita Yoga | | Rahu 10:17AM – 12:06PM | | Kaulava Until 24:63 | | Ekadashi* Until 3:14AM Fri | | Nataraja: Purple | |
| | | | | | | | | Moon – Clear | |
| | | | | | | | | Vaisaka-Chaitra | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| 4 | | Saturday, May 12, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Meena Rasi: 18.07 | | Tithi 27 – 28 | | Uttaraproshtapada* Nakshatra Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | Sun 11 | | Sutra 27 | |
| Routine Work | | Prabalarishta Yoga | | Gulika 4:49AM – 6:39AM | | Uttaraproshtapada Until 12:39PM | | Ganesha: Blue Sunrise: 4:49AM | |
| Until 12:39PM | | 214932369 | | Yama 1:55PM – 3:44PM | | Priti Until 2:53AM Sun | | Muruga: White Sunset: 7:23PM | |
| Then Creative Work - Siddha Yoga | | Rahu 8:28AM – 10:17AM | | Gara Until 11:65PM | | Dvadashi* Until 23:70AM Sat | | Nataraja: Purple | |
| | | | | | | | | Moon – Clear | |
| | | | | | | | | Vaisaka-Chaitra | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| 5 | | Sunday, May 13, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Mesha Rasi: 1.41 | | Tithi 28 – 29 | | Revati/Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Sun 12 | | Sutra 28 | |
| Creative Work | | Siddha Yoga | | Gulika 3:45PM – 5:34PM | | Revati Until 11:18AM | | Ganesha: Blue Sunrise: 4:48AM | |
| Until 11:18AM | | 224932369 | | Yama 12:06PM – 1:56PM | | Ayushman Until 2:01AM Mon | | Muruga: White Sunset: 7:24PM | |
| Then Routine Work - Prabalarishta Yoga | | Rahu 5:34PM – 7:24PM | | Visti Until 10:24PM | | Trayodashi* Until 12:10AM Sun | | Nataraja: Purple | |
| | | | | | | | | Moon – White | |
| | | | | | | | | Vaisaka-Chaitra | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| Monday, May 14, 2018 | | Retreat Star | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Mesha Rasi: 15.4 | | Tithi 29 – 30 | | Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 13 | | Sutra 29 | |
| Family Home Evening | | Creative Work | | Gulika 1:56PM – 3:45PM | | Ashvini Until 9:20AM | | Ganesha: Blue Sunrise: 4:47AM | |
| Until 9:20AM | | Siddha Yoga | | Yama 10:16AM – 12:06PM | | Saubhagya Until 12:28AM Tue | | Muruga: White Sunset: 7:25PM | |
| Then Routine Work - Marana Yoga | | 224932369 | | Rahu 6:37AM – 8:27AM | | Catuspada Until 7:69PM | | Nataraja: Purple | |
| | | | | | | | | Moon – White | |
| | | | | | | | | Vaisaka-Vaikasi | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| Tuesday, May 15, 2018 | | Retreat Star | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Mesha Rasi: 29.59 | | Tithi 30 – 1 | | Bharani/Krittika Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 14 | | Sutra 30 | |
| Creative Work | | Siddha Yoga | | Gulika 12:06PM – 1:56PM | | Bharani Until 6:51AM | | Ganesha: Red Sunrise: 4:46AM | |
| Until 6:51AM | | 225932369 | | Yama 8:26AM – 10:16AM | | Sobhana Until 11:68AM Wed | | Muruga: White Sunset: 7:26PM | |
| Then Creative Work - Amrita Yoga | | Rahu 3:46PM – 5:36PM | | Kintughna Until 4:89PM | | Amavasya* Until 6:51PM | | Nataraja: Purple | |
| | | | | | | | | Moon – White | |
| | | | | | | | | Jyeshtha Adhika-Vaikasi | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| 1 | | Wednesday, May 16, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Vrishabha Rasi: 14.33 | | Tithi 2 | | Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Sun 15 | | Sutra 31 | |
| Creative Work | | Siddha Yoga | | 235932369 | | Gulika 10:16AM - 12:06PM | | Krittika Until 24:61 | |
| | | | | Yama 6:35AM - 8:26AM | | Rahu 12:06PM - 1:56PM | | Athiganda* Until 8:34AM Thu | |
| | | | | | | | | Balava Until 2:33PM | |
| | | | | | | | | Dvitiya Until 24:61 | |
| | | | | | | | | Ganesh: Yellow Sunrise: 4:45AM | |
| | | | | | | | | Muruga: White Sunset: 7:27PM | |
| | | | | | | | | Nataraja: Purple | |
| | | | | | | | | Moon - Yellow | |
| | | | | | | | | Jyeshtha Adhika-Vaikasi | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| 2 | | Thursday, May 17, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Vrishabha Rasi: 29.15 | | Tithi 3 | | Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Tailila/Vanija Karana Tritiyayam Titau | | Sun 16 | | Sutra 32 | |
| Routine Work | | Marana Yoga | | 235932369 | | Gulika 8:25AM - 10:16AM | | Rohini Until 9:58PM | |
| | | | | Yama 4:44AM - 6:35AM | | Rahu 1:57PM - 3:47PM | | Sukarma Until 5:00AM Fri | |
| | | | | | | | | Tailila Until 8:29AM Fri | |
| | | | | | | | | Tritiya Until 8:34AM Thu | |
| | | | | | | | | Ganesh: Yellow Sunrise: 4:44AM | |
| | | | | | | | | Muruga: White Sunset: 7:28PM | |
| | | | | | | | | Nataraja: Purple | |
| | | | | | | | | Moon - Yellow | |
| | | | | | | | | Jyeshtha Adhika-Vaikasi | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| 3 | | Friday, May 18, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Mithuna Rasi: 13.57 | | Tithi 4 | | Mrigashira/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau | | Sun 17 | | Sutra 33 | |
| Creative Work | | Siddha Yoga | | 235932369 | | Gulika 6:34AM - 8:25AM | | Mrigashira Until 7:00PM | |
| | | | | Yama 3:48PM - 5:38PM | | Rahu 10:15AM - 12:06PM | | Shula* Until 1:32AM Sat | |
| | | | | | | | | Vanija Until 5:37AM Sat | |
| | | | | | | | | Chaturthi* Until 5:00AM Fri | |
| | | | | | | | | Ganesh: Yellow Sunrise: 4:43AM | |
| | | | | | | | | Muruga: White Sunset: 7:29PM | |
| | | | | | | | | Nataraja: Purple | |
| | | | | | | | | Moon - Yellow | |
| | | | | | | | | Jyeshtha Adhika-Vaikasi | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| 4 | | Saturday, May 19, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Mithuna Rasi: 28.33 | | Tithi 5 - 6 | | Ardra/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Sun 18 | | Sutra 34 | |
| Creative Work | | Siddha Yoga | | 245932369 | | Gulika 4:42AM - 6:33AM | | Ardra Until 4:15PM | |
| | | | | Yama 1:57PM - 3:48PM | | Rahu 8:24AM - 10:15AM | | Ganda* Until 1:55PM | |
| | | | | | | | | Kaulava Until 3:00AM Sun | |
| | | | | | | | | Panchami Until 4:15PM | |
| | | | | | | | | Ganesh: White Sunrise: 4:42AM | |
| | | | | | | | | Muruga: White Sunset: 7:30PM | |
| | | | | | | | | Nataraja: Purple | |
| | | | | | | | | Moon - Blue | |
| | | | | | | | | Jyeshtha Adhika-Vaikasi | |
| | | | | | | | | Devaloka Day | |

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| 5 | | Sunday, May 20, 2018 | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Kataka Rasi: 12.58 | | Tithi 6 - 7 | | Punarvasu/Ashlesha* Nakshatra Vriddhi Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | Sun 19 | | Sutra 35 | |
| Creative Work | | Siddha Yoga | | 245932369 | | Gulika 3:49PM - 5:40PM | | Punarvasu Until 1:48PM | |
| | | | | Yama 12:06PM - 1:57PM | | Rahu 5:40PM - 7:31PM | | Vriddhi Until 12:13PM | |
| | | | | | | | | Gara Until 12:43AM Mon | |
| | | | | | | | | Shashthi* Until 10:16PM | |
| | | | | | | | | Ganesh: White Sunrise: 4:41AM | |
| | | | | | | | | Muruga: White Sunset: 7:31PM | |
| | | | | | | | | Nataraja: Purple | |
| | | | | | | | | Moon - Blue | |
| | | | | | | | | Jyeshtha Adhika-Vaikasi | |
| | | | | | | | | Devaloka Day | |

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| Monday, May 21, 2018 | | Retreat Star | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Kataka Rasi: 27.08 | | Tithi 7 - 8 | | Pushya/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija Karana Saptami/Ashtamyam Titau | | Sun 20 | | Sutra 36 | |
| Family Home Evening | | Creative Work | | Siddha Yoga | | 245932369 | | Gulika 1:58PM - 3:49PM | |
| Until 11:42AM | | Then Routine Work - Marana Yoga | | | | | | Pushya Until 11:42AM | |
| | | | | | | | | Dhruva Until 10:44AM | |
| | | | | | | | | Vanija Until 11:42AM | |
| | | | | | | | | Saptami Until 11:42AM | |
| | | | | | | | | Ganesh: White Sunrise: 4:40AM | |
| | | | | | | | | Muruga: White Sunset: 7:32PM | |
| | | | | | | | | Nataraja: Purple | |
| | | | | | | | | Moon - Blue | |
| | | | | | | | | Jyeshtha Adhika-Vaikasi | |
| | | | | | | | | Devaloka Day | |

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| Tuesday, May 22, 2018 | | Retreat Star | | | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Simha Rasi: 11.04 | | Tithi 8 - 9 | | Ashlesha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Sun 21 | | Sutra 37 | |
| Creative Work | | Siddha Yoga | | 255932369 | | Gulika 12:06PM - 1:58PM | | Ashlesha* Until 10:00AM | |
| | | | | Yama 8:23AM - 10:15AM | | Rahu 3:50PM - 5:41PM | | Vyaghata* Until 1:73PM | |
| | | | | | | | | Balava Until 9:19PM | |
| | | | | | | | | Ashtami* Until 14:13AM Tue | |
| | | | | | | | | Ganesh: Clear Sunrise: 4:40AM | |
| | | | | | | | | Muruga: White Sunset: 7:33PM | |
| | | | | | | | | Nataraja: Purple | |
| | | | | | | | | Moon - Red | |
| | | | | | | | | Jyeshtha Adhika-Vaikasi | |
| | | | | | | | | Devaloka Time: 9:AM to 12:PM | |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang

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| 1 | | Wednesday, May 23, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava Karana Navami/Dashamyam Titau | | Rochester, NY Sun 22 Sutra 38 Vilamba 5120 | |
| Simha Rasi: 24.45 | Tithi 9 – 10 | Gulika | 10:15AM – 12:06PM | Purvaphalguni Until 7:48AM Thu | Ganesh: Clear | <i>Sunrise:</i> 4:39AM | | | |
| | | Yama | 6:31AM – 8:23AM | Harshana Until 9:23AM | Muruga: White | <i>Sunset:</i> 7:34PM | Moon 4 - Phase 6 | | |
| Creative Work | Amrita Yoga | 255932369 | Rahu | 12:06PM – 1:58PM | Nataraja: Purple | | 4th Phase | | |
| | | | | Kaulava Until 8:42AM | Moon – Red | | Bhuloka Day | | |
| | | | | Navami* Until 8:42AM | Jyeshtha Adhika-Vaikasi | Devaloka Time: 9:AM to 12:PM | | | |

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| 2 | | Thursday, May 24, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Rochester, NY Sun 23 Sutra 39 Vilamba 5120 | |
| Kanya Rasi: 8.12 | Tithi 10 – 11 | Gulika | 8:22AM – 10:14AM | Purvaphalguni Until 7:48AM | Ganesh: Clear | <i>Sunrise:</i> 4:38AM | | | |
| | | Yama | 4:38AM – 6:30AM | Vajra* Until 10:28AM | Muruga: White | <i>Sunset:</i> 7:35PM | Moon 4 - Phase 6 | | |
| | | 255932369 | Rahu | 1:59PM – 3:51PM | Nataraja: Purple | | 4th Phase | | |
| Amrita Yoga | | | | Vanija Until 6:91PM | Moon – Red | | Bhuloka Day | | |
| Until 7:48AM | | | | Dashami Until 10:28AM Thu | Jyeshtha Adhika-Vaikasi | Devaloka Time: 9:AM to 12:PM | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Friday, May 25, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vistli*/Bava Karana Ekadashi/Dvadashyam Titau | | Rochester, NY Sun 24 Sutra 40 Vilamba 5120 | |
| Kanya Rasi: 21.26 | Tithi 11 – 12 | Gulika | 6:30AM – 8:22AM | Uttaraphalguni Until 7:18AM | Ganesh: Purple | <i>Sunrise:</i> 4:37AM | | | |
| | | Yama | 3:51PM – 5:44PM | Siddhi Until 7:59AM Sat | Muruga: White | <i>Sunset:</i> 7:36PM | Moon 4 - Phase 6 | | |
| Creative Work | Amrita Yoga | 366932369 | Rahu | 10:14AM – 12:07PM | Nataraja: Purple | | 4th Phase | | |
| Until 7:18AM | | | | Bava Until 6:72PM | Moon – Green | | Bhuloka Day | | |
| Then Creative Work - Siddha Yoga | | | | Ekadashi Until 10:28AM | Jyeshtha Adhika-Vaikasi | | | | |

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| 4 | | Saturday, May 26, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manu Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Rochester, NY Sun 25 Sutra 41 Vilamba 5120 | |
| Tula Rasi: 4.28 | Tithi 12 – 13 | Gulika | 4:36AM – 6:29AM | Chitra Until 7:27AM Sun | Ganesh: Purple | <i>Sunrise:</i> 4:36AM | | | |
| | | Yama | 1:59PM – 3:52PM | Vyatipata* Until 7:59AM | Muruga: White | <i>Sunset:</i> 7:37PM | Moon 4 - Phase 6 | | |
| | | 366932369 | Rahu | 8:22AM – 10:14AM | Nataraja: Purple | | 4th Phase | | |
| Routine Work | Marana Yoga | | | Kaulava Until 7:17PM | Moon – Green | | Bhuloka Day | | |
| Until 7:27AM Sun | | | | Dvadashi Until 7:59AM Sat | Jyeshtha Adhika-Vaikasi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | <i>Pradosha Vrata</i> | | | |

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| 5 | | Sunday, May 27, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Vishakha Nakshatra Variyan/Parigha* Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau | | Rochester, NY Sun 26 Sutra 42 Vilamba 5120 | |
| Tula Rasi: 17.17 | Tithi 13 – 14 | Gulika | 3:52PM – 5:45PM | Chitra Until 7:27AM | Ganesh: Purple | <i>Sunrise:</i> 4:36AM | | | |
| | | Yama | 12:07PM – 2:00PM | Variyan Until 6:44AM Mon | Muruga: White | <i>Sunset:</i> 7:38PM | Moon 4 - Phase 6 | | |
| Creative Work | Siddha Yoga | 366932369 | Rahu | 5:45PM – 7:38PM | Nataraja: Purple | | 4th Phase | | |
| Until 7:27AM | | | | Gara Until 7:46PM | Moon – Green | | Bhuloka Day | | |
| Then Routine Work - Marana Yoga | | | | Trayodashi Until 7:59AM | Jyeshtha Adhika-Vaikasi | | | | |

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| ○ | | Monday, May 28, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Vistli* Karana Chaturdashi/Purnimayam Titau | | Rochester, NY Sun 27 Sutra 43 Vilamba 5120 | |
| Copper Retreat Star | | Gulika | 2:00PM – 3:53PM | Vishakha Until 10:52AM Wed Tu | Ganesh: Clear | <i>Sunrise:</i> 4:35AM | | | |
| Tula Rasi: 29.56 | Tithi 14 – 15 | Yama | 10:14AM – 12:07PM | Parigha* Until 6:44AM | Muruga: White | <i>Sunset:</i> 7:39PM | Moon 4 - Phase 6 | | |
| Family Home Evening | | 376932369 | Rahu | 6:28AM – 8:21AM | Nataraja: Purple | | Purnima | | |
| Routine Work | Marana Yoga | | | Visti Until 8:41PM | Moon – Orange | | Bhuloka Day | | |
| Until 10:52AM Wed Tu | | | | Chaturdashi* Until 6:44AM Mon | Jyeshtha Adhika-Vaikasi | Devaloka Time: 6:AM to 9:AM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| ○ | | Tuesday, May 29, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Rochester, NY Sun 28 Sutra 44 Vilamba 5120 | |
| Silver Retreat Star | | Gulika | 12:07PM – 2:00PM | Vishakha Until 10:52AM Wed | Ganesh: Clear | <i>Sunrise:</i> 4:35AM | | | |
| Vrischika Rasi: 12.22 | Tithi 15 – 16 | Yama | 8:21AM – 10:14AM | Shiva Until 6:53AM Wed | Muruga: White | <i>Sunset:</i> 7:40PM | Moon 4 - Phase 6 | | |
| | | 376932369 | Rahu | 3:53PM – 5:46PM | Nataraja: Purple | | Prathama | | |
| Creative Work | Siddha Yoga | | | Balava Until 9:17AM | Moon – Orange | | Bhuloka Day | | |
| | | | | Purnima* Until 10:52AM Wed | Jyeshtha Adhika-Vaikasi | Devaloka Time: 6:AM to 9:AM | | | |
| | | | | Vaikasi Visakam | | | | | |



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Kaulava Karana Prathama/Dvitiyayam Titau

Rochester, NY

Vrischika Rasi: 24.37 Tihti 16 – 17

Gulika 10:14AM – 12:07PM
Yama 6:27AM – 8:21AM
Rahu 12:07PM – 2:00PM

Jyeshtha* Until 12:53PM Thu
Siddha Until 4:29PM
Kaulava Until 10:52AM
Prathama* Until 10:52AM

Ganesha: Clear *Sunrise:* 4:34AM
Muruga: White *Sunset:* 7:40PM
Nataraja: Purple
Moon – Orange
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 12:53PM Thu
Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Dhanus Rasi: 6.41 Tihti 17 – 18

Gulika 8:20AM – 10:14AM
Yama 4:33AM – 6:27AM
Rahu 2:01PM – 3:54PM

Jyeshtha* Until 12:53PM
Sadhya Until 7:19PM
Vanija Until 1:62AM Fri
Dvitiya Until 7:27AM Thu

Ganesha: White *Sunrise:* 4:33AM
Muruga: White *Sunset:* 7:41PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Sun 1 Sutra 46
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY

Dhanus Rasi: 18.37 Tihti 18 – 19

Gulika 6:26AM – 8:20AM
Yama 3:55PM – 5:48PM
Rahu 10:14AM – 12:07PM

Mula* Until 3:13PM
Subha Until 9:20AM Sat
Bava Until 4:30AM Sat
Tritiya Until 8:18AM Fri

Ganesha: Yellow *Sunrise:* 4:33AM
Muruga: White *Sunset:* 7:42PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Sun 2 Sutra 47
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga
Until 3:13PM
Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Rochester, NY

Makara Rasi: 0.27 Tihti 19 – 20

Gulika 4:32AM – 6:26AM
Yama 2:01PM – 3:55PM
Rahu 8:20AM – 10:14AM

Uttarashadha Until 8:22PM Sun
Sukla Until 1:15AM Sun
Taitila Until 5:47PM
Chaturthi* Until 19:82AM Sun

Ganesha: Yellow *Sunrise:* 4:32AM
Muruga: White *Sunset:* 7:43PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Sun 3 Sutra 48
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga
Until 8:22PM Sun
Then Creative Work - Amrita Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY

Makara Rasi: 12.14 Tihti 20

Gulika 3:56PM – 5:50PM
Yama 12:08PM – 2:02PM
Rahu 5:50PM – 7:44PM

Uttarashadha Until 8:22PM
Brahma Until 10:90AM Mon
Kaulava Until 9:37AM Mon
Panchami Until 10:27AM Sun

Ganesha: Blue *Sunrise:* 4:32AM
Muruga: White *Sunset:* 7:44PM
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Sun 4 Sutra 49
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 8:22PM
Then Routine Work - Marana Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Shashthyam Titau

Rochester, NY

Makara Rasi: 24.02 Tihti 21

Gulika 2:02PM – 3:56PM
Yama 10:14AM – 12:08PM
Rahu 6:26AM – 8:20AM

Dhanishtha Until 7:25AM Tue
Indra Until 7:25AM Tue
Gara Until 11:51AM Tue
Shashthi* Until 10:90AM Mon

Ganesha: Blue *Sunrise:* 4:31AM
Muruga: White *Sunset:* 7:44PM
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Sun 5 Sutra 50
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 7:25AM Tue
Then Routine Work - Marana Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Balava Karana Saptamyam Titau

Rochester, NY

Kumbha Rasi: 5.57 Tihti 22

Gulika 12:08PM – 2:02PM
Yama 8:20AM – 10:14AM
Rahu 3:57PM – 5:51PM

Dhanishtha Until 2:08AM Thu Wed
Vaidhriti* Until 7:25AM
Visti Until 11:51AM
Saptami Until 12:45AM Wed

Ganesha: Purple *Sunrise:* 4:31AM
Muruga: White *Sunset:* 7:45PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Sun 6 Sutra 51
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 2:08AM Thu Wed
Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Purvaprosithapada* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Ashtamyam Titau

Rochester, NY

Kumbha Rasi: 18.02 Tihti 23

Gulika 10:14AM – 12:08PM
Yama 6:25AM – 8:20AM
Rahu 12:08PM – 2:03PM

Dhanishtha Until 2:08AM Thu
Vishkambha* Until 9:39AM
Balava Until 14:33AM Thu
Ashtami* Until 12:41AM Wed

Ganesha: Purple *Sunrise:* 4:31AM
Muruga: White *Sunset:* 7:46PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Sun 7 Sutra 52
Vilamba 5120
Moon 5 - Phase 7
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Uttaraprosithapada Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Navamyam Titau

Rochester, NY

Meena Rasi: 0.25 Tihti 24

Gulika 8:19AM – 10:14AM
Yama 4:30AM – 6:25AM
Rahu 2:03PM – 3:57PM

Shatabhishak Until 2:44AM Fri
Priti Until 11:33AM
Taitila Until 2:33PM
Navami* Until 2:44AM Fri

Ganesha: Blue *Sunrise:* 4:30AM
Muruga: White *Sunset:* 7:46PM
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Sun 8 Sutra 53
Vilamba 5120
Moon 5 - Phase 7
Navami

Devaloka Day

Creative Work Siddha Yoga

1 Friday, June 8, 2018 Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Rochester, NY
Purvaproshtapada*/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Dashamyam Titau Sun 9 Sutra 54
Meena Rasi: 13.08 Tithi 25 318132361 **Gulika** 6:25AM – 8:19AM **Purvaproshtapada* Until 2:29AM Sat** **Ganesha:** Red *Sunrise:* 4:30AM Vilamba 5120
Yama 3:58PM – 5:52PM **Ayushman Until 9:78AM Sat** **Muruga:** White *Sunset:* 7:47PM Moon 5 - Phase 8
Rahu 10:14AM – 12:09PM **Vanija Until 13:64AM Sat** **Nataraja:** White 2nd Phase
Dashami Until 11:45AM Fri **Moon – Clear** **Bhuloka Day**
Creative Work Siddha Yoga **Jyeshtha Adhika-Vaikasi** Devaloka Time: 6:AM to 9:AM
Until 2:29AM Sat
Then Routine Work - Prabalarishta Yoga

2 Saturday, June 9, 2018 Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Rochester, NY
Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Ekadashyam Titau Sun 10 Sutra 55
Meena Rasi: 26.16 Tithi 26 318132361 **Gulika** 4:30AM – 6:25AM **Revati Until 11:34PM Sun** **Ganesha:** Red *Sunrise:* 4:30AM Vilamba 5120
Yama 2:03PM – 3:58PM **Saubhagya Until 12:29PM** **Muruga:** White *Sunset:* 7:48PM Moon 5 - Phase 8
Rahu 8:19AM – 10:14AM **Bava Until 2:04PM** **Nataraja:** White 2nd Phase
Ekadashi* Until 1:25AM Sun **Moon – Clear** **Bhuloka Day**
Routine Work Prabalarishta Yoga **Jyeshtha Adhika-Vaikasi** Devaloka Time: 6:AM to 9:AM
Until 11:34PM Sun
Then Creative Work - Siddha Yoga

3 Sunday, June 10, 2018 Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Rochester, NY
Revati/Bharani Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Dvodashyam Titau Sun 11 Sutra 56
Mesha Rasi: 9.52 Tithi 27 328132361 **Gulika** 3:59PM – 5:53PM **Revati Until 11:34PM** **Ganesha:** Green *Sunrise:* 4:30AM Vilamba 5120
Yama 12:09PM – 2:04PM **Sobhana Until 5:30AM Mon** **Muruga:** White *Sunset:* 7:48PM Moon 5 - Phase 8
Rahu 5:53PM – 7:48PM **Kaulava Until 12:36PM** **Nataraja:** White 2nd Phase
Dvadashi* Until 11:34PM **Moon – White** **Bhuloka Day**
Creative Work Siddha Yoga **Jyeshtha Adhika-Vaikasi**
Until 11:34PM
Then Routine Work - Prabalarishta Yoga

4 Monday, June 11, 2018 Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Rochester, NY
Bharani/Krittika Nakshatra Sukarma Yoga Gara/Visti* Karana Trayodashyam Titau Sun 12 Sutra 57
Mesha Rasi: 23.55 Tithi 28 328132361 **Gulika** 2:04PM – 3:59PM **Bharani Until 6:06PM Tue** **Ganesha:** Green *Sunrise:* 4:30AM Vilamba 5120
Family Home Evening **Yama** 10:14AM – 12:09PM **Sukarma Until 10:35AM** **Muruga:** White *Sunset:* 7:49PM Moon 5 - Phase 8
Creative Work Siddha Yoga **Rahu** 6:24AM – 8:19AM **Gara Until 10:25AM** **Nataraja:** White 2nd Phase
Trayodashi* Until 9:05PM **Moon – White** **Bhuloka Day**
Until 6:06PM Tue **Jyeshtha Adhika-Vaikasi**
Then Routine Work - Marana Yoga *Pradosha Vrata (Fasting)*

5 Tuesday, June 12, 2018 Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Rochester, NY
Bharani/Rohini Nakshatra Dhriti Yoga Visti*/Catuspada* Karana Chaturdashyam Titau Sun 13 Sutra 58
Vrishabha Rasi: 8.23 Tithi 29 328132361 **Gulika** 12:09PM – 2:04PM **Bharani Until 6:06PM** **Ganesha:** Green *Sunrise:* 4:29AM Vilamba 5120
Yama 8:19AM – 10:14AM **Dhriti Until 8:29AM** **Muruga:** White *Sunset:* 7:49PM Moon 5 - Phase 8
Rahu 3:59PM – 5:54PM **Visti Until 4:30AM Wed** **Nataraja:** White 2nd Phase
Chaturdashi* Until 2:18AM Tue **Moon – White** **Bhuloka Day**
Creative Work Siddha Yoga **Jyeshtha Adhika-Vaikasi**
Until 6:06PM
Then Creative Work - Amrita Yoga

Wednesday, June 13, 2018 Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rochester, NY
Krittika/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 59
Vrishabha Rasi: 23.1 Tithi 30 – 1 338132361 **Gulika** 10:15AM – 12:10PM **Krittika Until 2:47PM** **Ganesha:** White *Sunrise:* 4:29AM Vilamba 5120
Yama 6:24AM – 8:19AM **Shula* Until 6:52PM** **Muruga:** White *Sunset:* 7:50PM Moon 5 - Phase 8
Rahu 12:10PM – 2:05PM **Kintughna Until 24:63** **Nataraja:** White Amavasya
Amavasya* Until 10:43PM **Moon – Yellow** **Bhuloka Day**
Creative Work Siddha Yoga **Jyeshtha Adhika-Vaikasi**

Thursday, June 14, 2018 Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rochester, NY
Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 15 Sutra 60
Mithuna Rasi: 8.09 Tithi 1 – 2 339132361 **Gulika** 8:20AM – 10:15AM **Ardra Until 12:46AM Fri** **Ganesha:** Clear *Sunrise:* 4:29AM Vilamba 5120
Yama 4:29AM – 6:24AM **Ganda* Until 2:53PM** **Muruga:** White *Sunset:* 7:50PM Moon 5 - Phase 8
Rahu 2:05PM – 4:00PM **Balava Until 11:16AM** **Nataraja:** White Prathama
Prathama* Until 7:44AM Fri **Moon – Yellow** **Bhuloka Day**
Routine Work Marana Yoga **Jyeshtha-Vaikasi** Devaloka Time: 9:AM to 12:PM
Until 12:46AM Fri
Then Creative Work - Siddha Yoga

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| 1 Friday, June 15, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Rochester, NY |
| Mithuna Rasi: 23.11 Tithi 2 – 3 | | Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Vanija Karana Dvitiya/Tritiyayam Titau | | | | Sun 16 Sutra 61 |
| | | Gulika 6:24AM – 8:20AM | Punarvasu Until 10:16PM | Ganesha: Orange <i>Sunrise:</i> 4:29AM | | Vilamba 5120 |
| | | Yama 4:00PM – 5:55PM | Vriddhi Until 10:16PM | Muruga: White <i>Sunset:</i> 7:51PM | | Moon 5 - Phase 9 |
| | | 349132361 Rahu 10:15AM – 12:10PM | Vanija Until 14:44AM Sat | Nataraja: White | | 3rd Phase |
| Creative Work | Siddha Yoga | | Dvitiya Until 7:44AM | Moon – Blue | Bhuloka Day | |
| Until 10:16PM | | | | Jyeshtha•Ani | Devaloka Time: 9:AM to12:PM | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|-------------|--|------------------------------------|---|-----------------------------|------------------|
| 2 Saturday, June 16, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Rochester, NY |
| Kataka Rasi: 8.07 Tithi 4 | | Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturthyam Titau | | | | Sun 17 Sutra 62 |
| | | Gulika 4:29AM – 6:25AM | Pushya Until 9:86PM Sun | Ganesha: Orange <i>Sunrise:</i> 4:29AM | | Vilamba 5120 |
| | | Yama 2:05PM – 4:01PM | Dhruva Until 7:51PM | Muruga: White <i>Sunset:</i> 7:51PM | | Moon 5 - Phase 9 |
| | | 349132361 Rahu 8:20AM – 10:15AM | Vanija Until 11:46AM Sun | Nataraja: White | | 3rd Phase |
| Creative Work | Siddha Yoga | | Chaturthi* Until 7:05AM Sat | Moon – Blue | Bhuloka Day | |
| Until 9:86PM Sun | | | | Jyeshtha•Ani | Devaloka Time: 9:AM to12:PM | |
| Then Routine Work - Marana Yoga | | | | | | |

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|---------------------------------|-------------|--|------------------------------|---|-----------------------------|------------------|
| 3 Sunday, June 17, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Rochester, NY |
| Kataka Rasi: 22.51 Tithi 5 | | Pushya/Magha* Nakshatra Harshana Yoga Bava Karana Panchamyam Titau | | | | Sun 18 Sutra 63 |
| | | Gulika 4:01PM – 5:56PM | Pushya Until 9:86PM | Ganesha: Orange <i>Sunrise:</i> 4:29AM | | Vilamba 5120 |
| | | Yama 12:10PM – 2:06PM | Harshana Until 5:40PM | Muruga: White <i>Sunset:</i> 7:51PM | | Moon 5 - Phase 9 |
| | | 349132361 Rahu 5:56PM – 7:51PM | Bava Until 11:46AM | Nataraja: White | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 9:86PM | Moon – Blue | Bhuloka Day | |
| Until 9:86PM | | Father's Day | | Jyeshtha•Ani | Devaloka Time: 9:AM to12:PM | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|-------------|---|------------------------------------|--|---------------------|------------------|
| 4 Monday, June 18, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Rochester, NY |
| Simha Rasi: 7.16 Tithi 6 | | Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Sun 19 Sutra 64 |
| | | Gulika 2:06PM – 4:01PM | Magha* Until 4:14PM | Ganesha: Green <i>Sunrise:</i> 4:29AM | | Vilamba 5120 |
| Family Home Evening | | Yama 10:15AM – 12:11PM | Vajra* Until 9:20PM | Muruga: White <i>Sunset:</i> 7:52PM | | Moon 5 - Phase 9 |
| Routine Work | Marana Yoga | 359132361 Rahu 6:25AM – 8:20AM | Kaulava Until 7:15AM Tue | Nataraja: White | | 3rd Phase |
| Until 4:14PM | | | Shashthi* Until 12:13AM Mon | Moon – Red | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Jyeshtha•Ani | | |

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|----------------------------------|-------------|--|---------------------------------------|--|---------------------|------------------|
| 5 Tuesday, June 19, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Rochester, NY |
| Simha Rasi: 21.21 Tithi 7 | | Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara Karana Saptamyam Titau | | | | Sun 20 Sutra 65 |
| | | Gulika 12:11PM – 2:06PM | Purvaphalguni Until 5:19PM Wed | Ganesha: Green <i>Sunrise:</i> 4:30AM | | Vilamba 5120 |
| | | Yama 8:20AM – 10:15AM | Siddhi Until 6:55PM | Muruga: White <i>Sunset:</i> 7:52PM | | Moon 5 - Phase 9 |
| | | 359132361 Rahu 4:01PM – 5:57PM | Gara Until 7:15AM | Nataraja: White | | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 6:27PM | Moon – Red | Devaloka Day | |
| Until 5:19PM Wed | | | | Jyeshtha•Ani | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|---------------------------------|-------------|---|-----------------------------------|--|---------------------|------------------|
| Wednesday, June 20, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Rochester, NY |
| Retreat Star | | Purvaphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Sun 21 Sutra 66 |
| Kanya Rasi: 5.04 | Tithi 8 – 9 | Gulika 10:16AM – 12:11PM | Purvaphalguni Until 5:19PM | Ganesha: Green <i>Sunrise:</i> 4:30AM | | Vilamba 5120 |
| | | Yama 6:25AM – 8:20AM | Vyatipata* Until 4:61PM | Muruga: White <i>Sunset:</i> 7:52PM | | Moon 5 - Phase 9 |
| | | 359132361 Rahu 12:11PM – 2:06PM | Balava Until 5:00AM Thu | Nataraja: White | | Ashtami |
| Creative Work | Amrita Yoga | | Ashtami* Until 6:55PM | Moon – Red | Devaloka Day | |
| Until 5:19PM | | | | Jyeshtha•Ani | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|--------------|---|-------------------------------|--|-----------------------------|------------------|
| Thursday, June 21, 2018 | | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Rochester, NY |
| Retreat Star | | Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Sun 22 Sutra 67 |
| Kanya Rasi: 18.27 | Tithi 9 – 10 | Gulika 8:21AM – 10:16AM | Hasta Until 4:49PM Fri | Ganesha: Red <i>Sunrise:</i> 4:30AM | | Vilamba 5120 |
| | | Yama 4:30AM – 6:25AM | Variyan Until 2:54PM | Muruga: White <i>Sunset:</i> 7:52PM | | Moon 5 - Phase 9 |
| | | 369132361 Rahu 2:07PM – 4:02PM | Taitila Until 4:45AM Fri | Nataraja: White | | Navami |
| Routine Work | Marana Yoga | | Navami* Until 4:61PM | Moon – Green | Bhuloka Day | |
| Until 4:49PM Fri | | | | Jyeshtha•Ani | Devaloka Time: 9:AM to12:PM | |
| Then Creative Work - Siddha Yoga | | | | | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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|--------------------------------|---------------|--|---|------------------------|------------------------|--------------------|
| 1 Friday, June 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Rochester, NY |
| | | Hasta/Svati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Sun 23 Sutra 68 |
| | | Gulika 6:25AM – 8:21AM | Hasta Until 4:49PM | Ganesha: Green | <i>Sunrise:</i> 4:30AM | Vilamba 5120 |
| Tula Rasi: 1.31 | Tithi 10 – 11 | Yama 4:02PM – 5:57PM | Parigha* Until 3:35PM | Muruga: White | <i>Sunset:</i> 7:53PM | Moon 5 - Phase 10 |
| 361132361 | | Rahu 10:16AM – 12:11PM | Vanija Until 4:63AM Sat | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 14:32AM Fri | Moon – Green | | Bhuloka Day |
| | | | | Jyeshtha-Ani | | |

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|----------------------------------|---------------|--|--|------------------------|------------------------|--------------------|
| 2 Saturday, June 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Rochester, NY |
| | | Chitra/Vishakha Nakshatra Shiva/Siddha Yoga Visti* Karana Ekadashi/Dvadashyam Titau | | | | Sun 24 Sutra 69 |
| | | Gulika 4:30AM – 6:26AM | Chitra Until 18:23AM Sun | Ganesha: Green | <i>Sunrise:</i> 4:30AM | Vilamba 5120 |
| Tula Rasi: 14.19 | Tithi 11 – 12 | Yama 2:07PM – 4:02PM | Shiva Until 4:38PM | Muruga: White | <i>Sunset:</i> 7:53PM | Moon 5 - Phase 10 |
| 361132361 | | Rahu 8:21AM – 10:16AM | Visti Until 5:21PM | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 18:23AM Sun | Moon – Green | | Bhuloka Day |
| Until 18:23AM Sun | | | | Jyeshtha-Ani | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|-------------|--|--|------------------------|------------------------|---------------------|
| 3 Sunday, June 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Rochester, NY |
| | | Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau | | | | Sun 25 Sutra 70 |
| | | Gulika 4:02PM – 5:58PM | Svati Until 19:50AM Mon | Ganesha: Red | <i>Sunrise:</i> 4:31AM | Vilamba 5120 |
| Tula Rasi: 26.52 | Tithi 12 | Yama 12:12PM – 2:07PM | Siddha Until 13:52AM Mon | Muruga: Clear | <i>Sunset:</i> 7:53PM | Moon 5 - Phase 10 |
| 371142361 | | Rahu 5:58PM – 7:53PM | Balava Until 6:23PM | Nataraja: White | | 4th Phase |
| Routine Work | Marana Yoga | | Dvadashi Until 19:50AM Mon | Moon – Orange | | Devaloka Day |
| Until 19:50AM Mon | | | | Jyeshtha-Ani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|--------------------------------|-------------|---|---|------------------------|------------------------|---------------------|
| 4 Monday, June 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Rochester, NY |
| | | Anuradha Nakshatra Sadhya/Subha Yoga Kaulava Karana Trayodashyam Titau | | | | Sun 26 Sutra 71 |
| | | Gulika 2:07PM – 4:03PM | Anuradha Until 9:40PM Tue | Ganesha: Red | <i>Sunrise:</i> 4:31AM | Vilamba 5120 |
| Vrischika Rasi: 9.14 | Tithi 13 | Yama 10:17AM – 12:12PM | Sadhya Until 1:52PM | Muruga: Clear | <i>Sunset:</i> 7:53PM | Moon 5 - Phase 10 |
| 371142361 | | Rahu 6:26AM – 8:22AM | Kaulava Until 7:05AM | Nataraja: White | | 4th Phase |
| Family Home Evening | | | Trayodashi Until 7:50PM | Moon – Orange | | Devaloka Day |
| Creative Work | Siddha Yoga | | | Jyeshtha-Ani | | |
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Pradosha Vrata

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|----------------------------------|-------------|--|---|------------------------|------------------------|---------------------|
| 5 Tuesday, June 26, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Rochester, NY |
| | | Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Chaturdashyam Titau | | | | Sun 27 Sutra 72 |
| | | Gulika 12:12PM – 2:07PM | Anuradha Until 9:40PM | Ganesha: Red | <i>Sunrise:</i> 4:31AM | Vilamba 5120 |
| Vrischika Rasi: 21.26 | Tithi 14 | Yama 8:22AM – 10:17AM | Subha Until 10:51PM | Muruga: Clear | <i>Sunset:</i> 7:53PM | Moon 5 - Phase 10 |
| 371142361 | | Rahu 4:03PM – 5:58PM | Gara Until 10:45AM Wed | Nataraja: White | | 4th Phase |
| Routine Work | Marana Yoga | | Chaturdashi* Until 1:52PM | Moon – Orange | | Devaloka Day |
| Until 9:40PM | | | | Jyeshtha-Ani | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|----------------------------------|-------------|--|--|------------------------|------------------------|------------------------------|
| Wednesday, June 27, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Rochester, NY |
| Copper Retreat Star | | Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau | | | | Sutra 73 |
| | | Gulika 10:17AM – 12:12PM | Jyeshtha* Until 11:51PM | Ganesha: Blue | <i>Sunrise:</i> 4:32AM | Vilamba 5120 |
| Dhanus Rasi: 3.29 | Tithi 15 | Yama 6:27AM – 8:22AM | Sukla Until 15:57AM Thu | Muruga: Clear | <i>Sunset:</i> 7:53PM | Moon 5 - Phase 10 |
| 381142361 | | Rahu 12:12PM – 2:08PM | Visti Until 12:63AM Thu | Nataraja: White | | Purnima |
| Routine Work | Marana Yoga | | Purnima* Until 15:01AM Wed | Moon – Light Blue | | Bhuloka Day |
| Until 11:51PM | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM |
| Then Creative Work - Amrita Yoga | | | | | | |

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|---------------------------------|-------------|---|---|------------------------|------------------------|------------------------------|
| Thursday, June 28, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Rochester, NY |
| Silver Retreat Star | | Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Prathamayam Titau | | | | Sutra 74 |
| | | Gulika 8:22AM – 10:18AM | Mula* Until 2:16AM Fri | Ganesha: Blue | <i>Sunrise:</i> 4:32AM | Vilamba 5120 |
| Dhanus Rasi: 15.24 | Tithi 16 | Yama 4:32AM – 6:27AM | Brahma Until 16:62AM Fri | Muruga: Clear | <i>Sunset:</i> 7:53PM | Moon 5 - Phase 10 |
| 381142361 | | Rahu 2:08PM – 4:03PM | Balava Until 15:34AM Fri | Nataraja: White | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 15:57AM Thu | Moon – Light Blue | | Bhuloka Day |
| Until 2:16AM Fri | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM |
| Then Routine Work - Marana Yoga | | | | | | |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvitiyayam Titau

Rochester, NY

Sun 1 Sutra 75

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Dhanus Rasi: 27.14 Tihti 17

381142361

Gulika 6:28AM – 8:23AM
Yama 4:03PM – 5:58PM
Rahu 10:18AM – 12:13PM

Uttarashadha Until 7:26AM Sun Sat
Indra Until 5:02PM
Tailila Until 17:70AM Sat
Dvitiya Until 16:62AM Fri

Ganesha: Blue *Sunrise:* 4:33AM
Muruga: Clear *Sunset:* 7:53PM
Nataraja: White
Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 7:26AM Sun Sat

Then Creative Work - Siddha Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Vanija/Bava Karana Tritiyayam Titau

Rochester, NY

Sun 2 Sutra 76

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Makara Rasi: 9.02 Tihti 18

381242361

Gulika 4:33AM – 6:28AM
Yama 2:08PM – 4:03PM
Rahu 8:23AM – 10:18AM

Uttarashadha Until 7:26AM Sun
Vaidhriti* Until 7:47AM
Vanija Until 20:43AM Sun
Tritiya Until 5:02PM

Ganesha: Blue *Sunrise:* 4:33AM
Muruga: Clear *Sunset:* 7:53PM
Nataraja: White
Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 7:26AM Sun

Then Creative Work - Amrita Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Rochester, NY

Sun 3 Sutra 77

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Makara Rasi: 20.49 Tihti 18 – 19

391242361

Gulika 4:03PM – 5:58PM
Yama 12:13PM – 2:08PM
Rahu 5:58PM – 7:53PM

Shravana Until 9:53AM Mon
Vishkambha* Until 7:14PM
Bava Until 7:26AM
Tritiya Until 9:53AM Mon

Ganesha: Red *Sunrise:* 4:34AM
Muruga: Clear *Sunset:* 7:53PM
Nataraja: White
Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 9:53AM Mon

Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 4 Sutra 78

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 2.39 Tihti 19 – 20

392242361

Gulika 2:08PM – 4:03PM
Yama 10:19AM – 12:13PM
Rahu 6:29AM – 8:24AM

Shravana Until 9:53AM
Priti Until 2:05PM
Kaulava Until 10:61PM
Chaturthi* Until 7:14PM

Ganesha: Yellow *Sunrise:* 4:34AM
Muruga: Clear *Sunset:* 7:53PM
Nataraja: White
Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Creative Work Siddha Yoga

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Purvaproshtapada* Nakshatra Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 5 Sutra 79

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 14.35 Tihti 20 – 21

392242361

Gulika 12:14PM – 2:08PM
Yama 8:24AM – 10:19AM
Rahu 4:03PM – 5:58PM

Dhanishtha Until 12:00PM
Ayushman Until 4:34PM
Gara Until 12:55AM Wed
Panchami Until 8:10PM

Ganesha: Yellow *Sunrise:* 4:35AM
Muruga: Clear *Sunset:* 7:52PM
Nataraja: White
Moon – Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 6 Sutra 80

Vilamba 5120

Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 26.43 Tihti 21 – 22

312242361

Gulika 10:19AM – 12:14PM
Yama 6:30AM – 8:25AM
Rahu 12:14PM – 2:08PM

Purvaproshtapada* Until 6:53PM
Saubhagya Until 6:53PM
Visti Until 1:75AM Thu
Shashthi* Until 8:46PM

Ganesha: Orange *Sunrise:* 4:35AM
Muruga: Clear *Sunset:* 7:52PM
Nataraja: White
Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 6:53PM

Then Creative Work - Siddha Yoga

D

Thursday, July 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 7 Sutra 81

Vilamba 5120

Moon 6 - Phase 11
Ashtami

Meena Rasi: 9.05 Tihti 22 – 23

312242361

Gulika 8:25AM – 10:19AM
Yama 4:36AM – 6:30AM
Rahu 2:08PM – 4:03PM

Uttaraproshtapada Until 8:23PM
Sobhana Until 8:23PM
Balava Until 2:53AM Fri
Saptami Until 8:58PM

Ganesha: Orange *Sunrise:* 4:36AM
Muruga: Clear *Sunset:* 7:52PM
Nataraja: White
Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 8 Sutra 82

Vilamba 5120

Moon 6 - Phase 11
Navami

Meena Rasi: 21.47 Tihti 23 – 24

412242361

Gulika 6:31AM – 8:25AM
Yama 4:03PM – 5:57PM
Rahu 10:20AM – 12:14PM

Revati Until 2:21PM Sat
Athiganda* Until 8:59PM
Tailila Until 2:44AM Sat
Ashtami* Until 8:39PM

Ganesha: Green *Sunrise:* 4:37AM
Muruga: Clear *Sunset:* 7:52PM
Nataraja: White
Moon – Clear

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:21PM Sat

Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

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| 1 | | Saturday, July 7, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Mesha Rasi: 4.52 | | Tithi 24 – 25 | | 422242361 | | Revati/Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Sun 9 Sutra 83 | |
| Creative Work | | Siddha Yoga | | Gulika 4:37AM – 6:32AM | | Revati Until 2:21PM | | Ganesh: Orange Sunrise: 4:37AM | |
| | | | | Yama 2:08PM – 4:03PM | | Sukarma Until 15:58AM Sun | | Muruga: Clear Sunset: 7:51PM | |
| | | | | Rahu 8:26AM – 10:20AM | | Vanija Until 1:48AM Sun | | Nataraja: White | |
| | | | | | | Navami* Until 7:43PM | | Moon – White | |
| | | | | | | | | Jyeshtha*Ani | |
| | | | | | | | | Devaloka Day | |

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|----------------------------------|--|-----------------------------|--|------------------------|--|--|--|--------------------------------|--|
| 2 | | Sunday, July 8, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Mesha Rasi: 18.23 | | Tithi 25 – 26 | | 422242361 | | Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Sun 10 Sutra 84 | |
| Routine Work | | Prabalarishta Yoga | | Gulika 4:03PM – 5:57PM | | Ashvini Until 1:01PM | | Ganesh: Orange Sunrise: 4:38AM | |
| Until 1:01PM | | | | Yama 12:14PM – 2:08PM | | Dhriti Until 12:70AM Mon | | Muruga: Clear Sunset: 7:51PM | |
| Then Creative Work - Siddha Yoga | | | | Rahu 5:57PM – 7:51PM | | Bava Until 12:05AM Mon | | Nataraja: White | |
| | | | | | | Dashami Until 15:58AM Sun | | Moon – White | |
| | | | | | | | | Jyeshtha*Ani | |
| | | | | | | | | Devaloka Day | |

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| 3 | | Monday, July 9, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Vrishabha Rasi: 2.21 | | Tithi 26 – 27 | | 422242361 | | Krittika Nakshatra Shula*/Ganda* Yoga Balava Karana Ekadashi/Dvadashyam Titau | | Sun 11 Sutra 85 | |
| Family Home Evening | | | | Gulika 2:08PM – 4:02PM | | Krittika Until 4:64AM Wed Tue | | Ganesh: Orange Sunrise: 4:39AM | |
| Routine Work | | Marana Yoga | | Yama 10:21AM – 12:15PM | | Shula* Until 6:40PM | | Muruga: Clear Sunset: 7:50PM | |
| Until 4:64AM Wed Tue | | | | Rahu 6:33AM – 8:27AM | | Balava Until 10:57AM | | Nataraja: White | |
| Then Creative Work - Amrita Yoga | | | | | | Ekadashi* Until 7:75AM Tue | | Moon – White | |
| | | | | | | | | Jyeshtha*Ani | |
| | | | | | | | | Devaloka Day | |

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| 4 | | Tuesday, July 10, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Vrishabha Rasi: 16.46 | | Tithi 27 – 28 | | 422242361 | | Krittika/Mrigashira Nakshatra Ganda*/Vridhi Yoga Talila/Visti* Karana Dvadashi/Trayodashyam Titau | | Sun 12 Sutra 86 | |
| Creative Work | | Amrita Yoga | | Gulika 12:15PM – 2:08PM | | Krittika Until 4:64AM Wed | | Ganesh: Light Blue Sunrise: 4:39AM | |
| Until 4:64AM Wed | | | | Yama 8:27AM – 10:21AM | | Ganda* Until 4:44PM | | Muruga: Clear Sunset: 7:50PM | |
| Then Creative Work - Siddha Yoga | | | | Rahu 4:02PM – 5:56PM | | Visti Until 8:15AM | | Nataraja: White | |
| | | | | | | Dvadashi* Until 4:64AM Wed | | Moon – Yellow | |
| | | | | | | | | Jyeshtha*Ani | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 12:PM to 3:PM | |

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| 5 | | Wednesday, July 11, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Mithuna Rasi: 1.32 | | Tithi 29 | | 422242361 | | Rohini/Ardra Nakshatra Vridhi/Dhruva Yoga Visti*/Catuspada* Karana Chaturdashyam Titau | | Sun 13 Sutra 87 | |
| Creative Work | | Siddha Yoga | | Gulika 10:21AM – 12:15PM | | Rohini Until 1:33AM Thu | | Ganesh: Light Blue Sunrise: 4:40AM | |
| Until 1:33AM Thu | | | | Yama 6:34AM – 8:27AM | | Vridhi Until 2:12PM | | Muruga: Clear Sunset: 7:49PM | |
| Then Routine Work - Marana Yoga | | | | Rahu 12:15PM – 2:08PM | | Visti Until 11:43AM Thu | | Nataraja: White | |
| | | | | | | Chaturdashi* Until 6:11AM Wed | | Moon – Yellow | |
| | | | | | | | | Jyeshtha*Ani | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 12:PM to 3:PM | |

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| ● | | Thursday, July 12, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Mithuna Rasi: 16.34 | | Tithi 30 | | 422242361 | | Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada* Karana Amavasyayam Titau | | Sun 14 Sutra 88 | |
| Retreat Star | | | | Gulika 8:28AM – 10:21AM | | Ardra Until 11:17AM | | Ganesh: Light Blue Sunrise: 4:41AM | |
| Routine Work | | Marana Yoga | | Yama 4:41AM – 6:34AM | | Vyaghata* Until 11:17AM | | Muruga: Clear Sunset: 7:49PM | |
| Until 11:17AM | | | | Rahu 2:08PM – 4:02PM | | Catuspada Until 11:43AM | | Nataraja: White | |
| Then Creative Work - Amrita Yoga | | | | | | Amavasya* Until 9:50PM | | Moon – Yellow | |
| | | | | | | | | Jyeshtha*Ani | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 12:PM to 3:PM | |

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| ● | | Friday, July 13, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Kataka Rasi: 1.44 | | Tithi 1 | | 422242361 | | Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna* Karana Prathamayam Titau | | Sun 15 Sutra 89 | |
| Retreat Star | | | | Gulika 6:35AM – 8:28AM | | Punarvasu Until 8:30AM | | Ganesh: Purple Sunrise: 4:42AM | |
| Creative Work | | Siddha Yoga | | Yama 4:02PM – 5:55PM | | Harshana Until 5:55PM | | Muruga: Clear Sunset: 7:48PM | |
| Until 8:30AM | | | | Rahu 10:22AM – 12:15PM | | Kintughna Until 7:58AM | | Nataraja: White | |
| Then Routine Work - Marana Yoga | | | | Partial Solar Eclipse | | Prathama* Until 5:65PM | | Moon – Blue | |
| | | | | | | | | Ashada*Ani | |
| | | | | | | | | Bhuloka Day | |
| | | | | | | | | Devaloka Time: 12:PM to 3:PM | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

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| 1 | | Saturday, July 14, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Kataka Rasi: 16.53 | | Tithi 2 - 3 | | Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava Karana Dvitiya/Tritiayam Titau | | Sun 16 | | Sutra 90 | |
| 442242361 | | Gulika | 4:43AM - 6:36AM | Ashlesha* Until 2:51AM Sun | Ganesh: Purple | <i>Sunrise:</i> 4:43AM | Vilamba 5120 | | |
| Routine Work | | Yama | 2:08PM - 4:01PM | Vajra* Until 2:51AM Sun | Muruga: Clear | <i>Sunset:</i> 7:48PM | Moon 6 - Phase 13 | | |
| Marana Yoga | | Rahu | 8:29AM - 10:22AM | Kaulava Until 2:28PM | Nataraja: White | | 3rd Phase | | |
| | | Dvitiya Until 10:67AM Sun | | | | Moon - Blue | Bhuloka Day | | |
| | | | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | | |

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| 2 | | Sunday, July 15, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Simha Rasi: 1.51 | | Tithi 3 - 4 | | Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara Karana Tritiya/Chaturthyam Titau | | Sun 17 | | Sutra 91 | |
| 452242361 | | Gulika | 4:01PM - 5:54PM | Magha* Until 5:49AM Tue Mon | Ganesh: Light Blue | <i>Sunrise:</i> 4:43AM | Vilamba 5120 | | |
| Routine Work | | Yama | 12:15PM - 2:08PM | Siddhi Until 12:43AM Mon | Muruga: Clear | <i>Sunset:</i> 7:47PM | Moon 6 - Phase 13 | | |
| Marana Yoga | | Rahu | 5:54PM - 7:47PM | Gara Until 11:07AM | Nataraja: White | | 3rd Phase | | |
| Until 5:49AM Tue Mon | | Tritiya Until 8:12AM Mon | | | | Moon - Red | Bhuloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | | |

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| 3 | | Monday, July 16, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Simha Rasi: 16.31 | | Tithi 4 - 5 | | Magha* Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti* Karana Chaturthi/Panchamyam Titau | | Sun 18 | | Sutra 92 | |
| 453242361 | | Gulika | 2:08PM - 4:01PM | Magha* Until 5:49AM Tue | Ganesh: Purple | <i>Sunrise:</i> 4:44AM | Vilamba 5120 | | |
| Family Home Evening | | Yama | 10:23AM - 12:15PM | Vyatipata* Until 10:56PM | Muruga: Clear | <i>Sunset:</i> 7:46PM | Moon 6 - Phase 13 | | |
| Creative Work | | Rahu | 6:37AM - 8:30AM | Visti Until 8:12AM | Nataraja: White | | 3rd Phase | | |
| Siddha Yoga | | Chaturthi* Until 5:49AM Tue | | | | Moon - Red | Bhuloka Day | | |
| Until 5:49AM Tue | | | | | | Ashada*Adi | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 4 | | Tuesday, July 17, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Kanya Rasi: 0.49 | | Tithi 6 | | Uttaraphalguni Nakshatra Parigha* Yoga Kaulava Karana Shashthyam Titau | | Sun 19 | | Sutra 93 | |
| 453242362 | | Gulika | 12:15PM - 2:08PM | Uttaraphalguni Until 3:05AM Thu Wed | Ganesh: Purple | <i>Sunrise:</i> 4:45AM | Vilamba 5120 | | |
| Creative Work | | Yama | 8:30AM - 10:23AM | Parigha* Until 9:39PM | Muruga: Clear | <i>Sunset:</i> 7:46PM | Moon 6 - Phase 13 | | |
| Amrita Yoga | | Rahu | 4:01PM - 5:53PM | Kaulava Until 4:53PM | Nataraja: Clear | | 3rd Phase | | |
| Until 3:05AM Thu Wed | | Shashthi* Until 3:66AM Wed | | | | Moon - Red | Devaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | | Ashada*Adi | | | |

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| 5 | | Wednesday, July 18, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Kanya Rasi: 14.41 | | Tithi 7 | | Uttaraphalguni/Hasta Nakshatra Shiva Yoga Gara/Visti* Karana Saptamyam Titau | | Sun 20 | | Sutra 94 | |
| 463242362 | | Gulika | 10:23AM - 12:15PM | Uttaraphalguni Until 3:05AM Thu | Ganesh: Clear | <i>Sunrise:</i> 4:46AM | Vilamba 5120 | | |
| Routine Work | | Yama | 6:38AM - 8:31AM | Shiva Until 10:66PM | Muruga: Clear | <i>Sunset:</i> 7:45PM | Moon 6 - Phase 13 | | |
| Marana Yoga | | Rahu | 12:15PM - 2:08PM | Gara Until 14:52AM Thu | Nataraja: Clear | | 3rd Phase | | |
| Until 3:05AM Thu | | Saptami Until 1:01AM Wed | | | | Moon - Green | Sivaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | | Ashada*Adi | | | |

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| Retreat Star | | Thursday, July 19, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Kanya Rasi: 28.07 | | Tithi 8 | | Hasta/Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau | | Sun 21 | | Sutra 95 | |
| 463242362 | | Gulika | 8:31AM - 10:23AM | Hasta Until 2:48AM Fri | Ganesh: Clear | <i>Sunrise:</i> 4:47AM | Vilamba 5120 | | |
| Creative Work | | Yama | 4:47AM - 6:39AM | Siddha Until 9:37PM | Muruga: Clear | <i>Sunset:</i> 7:44PM | Moon 6 - Phase 13 | | |
| Siddha Yoga | | Rahu | 2:08PM - 4:00PM | Visti Until 2:52PM | Nataraja: Clear | | Ashtami | | |
| | | Ashtami* Until 2:48AM Fri | | | | Moon - Green | Sivaloka Day | | |
| | | | | | | Ashada*Adi | | | |

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| Retreat Star | | Friday, July 20, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Tula Rasi: 11.1 | | Tithi 9 | | Chitra/Svati Nakshatra Sadhya Yoga Balava/Tailila Karana Navamyam Titau | | Sun 22 | | Sutra 96 | |
| 463242362 | | Gulika | 6:40AM - 8:32AM | Chitra Until 3:13AM Sat | Ganesh: Clear | <i>Sunrise:</i> 4:48AM | Vilamba 5120 | | |
| Creative Work | | Yama | 3:59PM - 5:51PM | Sadhya Until 10:26PM | Muruga: Clear | <i>Sunset:</i> 7:43PM | Moon 6 - Phase 13 | | |
| Siddha Yoga | | Rahu | 10:24AM - 12:16PM | Balava Until 15:42AM Sat | Nataraja: Clear | | Navami | | |
| | | Navami* Until 9:45PM | | | | Moon - Green | Sivaloka Day | | |
| | | | | | | Ashada*Adi | | | |

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| 1 | | Saturday, July 21, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Tula Rasi: 23.53 | | Titthi 10 | | 473242362 | | Vishakha Nakshatra Subha Yoga Tailila Karana Dashamyam Titau | | Sun 23 Sutra 97 Vilamba 5120 | |
| Creative Work Siddha Yoga | | Gulika 4:49AM – 6:40AM | | Vishakha Until 5:52AM Mon Sun | | Ganesha: White Sunrise: 4:49AM | | Moon 6 - Phase 14 | |
| Until 5:52AM Mon Sun | | Yama 2:07PM – 3:59PM | | Subha Until 12:12AM Sun | | Muruga: Clear Sunset: 7:42PM | | 4th Phase | |
| Then Routine Work - Marana Yoga | | Rahu 8:32AM – 10:24AM | | Tailila Until 3:42PM | | Nataraja: Clear | | Devaloka Day | |
| | | | | Dashami Until 3:77AM Sun | | Moon – Orange | | Ashada•Adi | |

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| 2 | | Sunday, July 22, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Vrischika Rasi: 6.18 | | Titthi 11 | | 473242362 | | Vishakha/Anuradha Nakshatra Sukla Yoga Vanija/Bava Karana Ekadashyam Titau | | Sun 24 Sutra 98 Vilamba 5120 | |
| Routine Work Marana Yoga | | Gulika 3:59PM – 5:50PM | | Vishakha Until 5:52AM Mon | | Ganesha: White Sunrise: 4:50AM | | Moon 6 - Phase 14 | |
| Until 5:52AM Mon | | Yama 12:16PM – 2:07PM | | Sukla Until 21:26AM Mon | | Muruga: Clear Sunset: 7:42PM | | 4th Phase | |
| Then Creative Work - Siddha Yoga | | Rahu 5:50PM – 7:42PM | | Vanija Until 18:52AM Mon | | Nataraja: Clear | | Devaloka Day | |
| | | | | Ekadashi Until 8:44PM | | Moon – Orange | | Ashada•Adi | |

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| 3 | | Monday, July 23, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Vrischika Rasi: 18.3 | | Titthi 12 | | 473242362 | | Anuradha/Jyeshtha* Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashyam Titau | | Sun 25 Sutra 99 Vilamba 5120 | |
| Family Home Evening | | Gulika 2:07PM – 3:58PM | | Anuradha Until 7:54AM Tue | | Ganesha: White Sunrise: 4:51AM | | Moon 6 - Phase 14 | |
| Creative Work Siddha Yoga | | Yama 10:24AM – 12:16PM | | Brahma Until 4:45AM Tue | | Muruga: Clear Sunset: 7:41PM | | 4th Phase | |
| Until 7:54AM Tue | | Rahu 6:42AM – 8:33AM | | Bava Until 20:63AM Tue | | Nataraja: Clear | | Devaloka Day | |
| Then Creative Work - Amrita Yoga | | | | Dvadashi Until 21:26AM Mon | | Moon – Orange | | Ashada•Adi | |

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| 4 | | Tuesday, July 24, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Dhanus Rasi: 0.32 | | Titthi 12 – 13 | | 483242362 | | Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Sun 26 Sutra 100 Vilamba 5120 | |
| Creative Work Amrita Yoga | | Gulika 12:16PM – 2:07PM | | Jyeshtha* Until 7:54AM | | Ganesha: Yellow Sunrise: 4:52AM | | Moon 6 - Phase 14 | |
| Until 7:54AM | | Yama 8:34AM – 10:25AM | | Indra Until 7:48AM Wed | | Muruga: Clear Sunset: 7:40PM | | 4th Phase | |
| Then Creative Work - Siddha Yoga | | Rahu 3:58PM – 5:49PM | | Kaulava Until 8:63PM | | Nataraja: Clear | | Sivaloka Day | |
| | | | | Dvadashi Until 9:26PM | | Moon – Light Blue | | Ashada•Adi | |
| | | | | | | | | Pradosha Vrata | |

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| 5 | | Wednesday, July 25, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Dhanus Rasi: 12.26 | | Titthi 13 – 14 | | 483342362 | | Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | Sun 27 Sutra 101 Vilamba 5120 | |
| Routine Work Marana Yoga | | Gulika 10:25AM – 12:16PM | | Mula* Until 12:46PM Thu | | Ganesha: Red Sunrise: 4:53AM | | Moon 6 - Phase 14 | |
| Until 12:46PM Thu | | Yama 6:43AM – 8:34AM | | Vaidhriti* Until 10:75PM | | Muruga: Clear Sunset: 7:39PM | | 4th Phase | |
| Then Creative Work - Amrita Yoga | | Rahu 12:16PM – 2:06PM | | Gara Until 11:30PM | | Nataraja: Clear | | Sivaloka Day | |
| | | | | Trayodashi Until 10:16PM | | Moon – Light Blue | | Ashada•Adi | |

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| ○ | | Thursday, July 26, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Dhanus Rasi: 24.16 | | Titthi 14 – 15 | | 483342362 | | Mula*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Sun 28 Sutra 102 Vilamba 5120 | |
| Creative Work Siddha Yoga | | Gulika 8:35AM – 10:25AM | | Mula* Until 12:46PM | | Ganesha: Red Sunrise: 4:54AM | | Moon 6 - Phase 14 | |
| Until 12:46PM | | Yama 4:54AM – 6:44AM | | Vishkambha* Until 11:81PM | | Muruga: Clear Sunset: 7:38PM | | Purnima | |
| Then Routine Work - Marana Yoga | | Rahu 2:06PM – 3:57PM | | Visti Until 1:65AM Fri | | Nataraja: Clear | | Sivaloka Day | |
| | | | | Chaturdashi* Until 10:75PM | | Moon – Light Blue | | Ashada•Adi | |
| | | | | | | | | Satguru Purnima | |

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| ○ | | Friday, July 27, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Makara Rasi: 6.02 | | Titthi 15 – 16 | | 483342362 | | Purvashadha*/Shravana Nakshatra Priti Yoga Bava Karana Purnima/Prathamayam Titau | | Sun 29 Sutra 103 Vilamba 5120 | |
| Routine Work Marana Yoga | | Gulika 6:45AM – 8:35AM | | Purvashadha* Until 3:21PM | | Ganesha: Red Sunrise: 4:55AM | | Moon 6 - Phase 14 | |
| | | Yama 3:56PM – 5:47PM | | Priti Until 24:89 | | Muruga: Clear Sunset: 7:37PM | | Prathama | |
| | | Rahu 10:25AM – 12:16PM | | Bava Until 3:21PM | | Nataraja: Clear | | Sivaloka Day | |
| | | | | Purnima* Until 3:21PM | | Moon – Light Blue | | Ashada•Adi | |
| | | | | | | | | Total Lunar Eclipse | |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manla Vasara Yuktayam

Rochester, NY

Uttarashadha/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sutra 104

Makara Rasi: 17.5 Tiithi 16 – 17

Gulika 4:56AM – 6:46AM
Yama 2:06PM – 3:56PM
Rahu 8:36AM – 10:26AM

Uttarashadha Until 19:74AM Sun
Ayushman Until 2:29AM Sun
Taitila Until 5:53PM
Prathama* Until 19:74AM Sun

Ganesh: Blue Sunrise: 4:56AM
Muruga: Clear Sunset: 7:36PM
Nataraja: Clear
Moon – Purple

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga

Until 19:74AM Sun

Then Routine Work - Marana Yoga

Ashada*Adi

Devaloka Day

Sunday, July 29, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Rochester, NY

Shravana/Dhanishtha Nakshatra Saubhagya Yoga Taitila/Vanija Karana Dvitiyayam Titau

Sun 1 Sutra 105

Makara Rasi: 29.41 Tiithi 17

Gulika 3:55PM – 5:45PM
Yama 12:16PM – 2:05PM
Rahu 5:45PM – 7:35PM

Shravana Until 8:14PM
Saubhagya Until 8:03PM
Taitila Until 9:19AM Mon
Dvitiya Until 2:29AM Sun

Ganesh: Blue Sunrise: 4:57AM
Muruga: Clear Sunset: 7:35PM
Nataraja: Clear
Moon – Purple

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Routine Work Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Ashada*Adi

Devaloka Day

Monday, July 30, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Rochester, NY

Shatabhishak Nakshatra Sobhana Yoga Vanija/Bava Karana Tritiyayam Titau

Sun 2 Sutra 106

Kumbha Rasi: 11.37 Tiithi 18

Family Home Evening

Gulika 2:05PM – 3:55PM
Yama 10:26AM – 12:16PM
Rahu 6:47AM – 8:37AM

Shatabhishak Until 11:56PM Tue
Sobhana Until 10:32PM
Vanija Until 9:19AM
Tritiya Until 9:77PM

Ganesh: Blue Sunrise: 4:58AM
Muruga: Clear Sunset: 7:34PM
Nataraja: Clear
Moon – Purple

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga

Until 11:56PM Tue

Then Routine Work - Marana Yoga

Ashada*Adi

Devaloka Day

Tuesday, July 31, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Rochester, NY

Shatabhishak/Purvaprosnthapada* Nakshatra Athiganda* Yoga Bava Karana Chaturthyam Titau

Sun 3 Sutra 107

Kumbha Rasi: 23.41 Tiithi 19

Gulika 12:16PM – 2:05PM
Yama 8:37AM – 10:26AM
Rahu 3:54PM – 5:43PM

Shatabhishak Until 11:56PM
Athiganda* Until 12:57AM Wed
Bava Until 11:11AM
Chaturthi* Until 11:56PM

Ganesh: White Sunrise: 4:59AM
Muruga: Clear Sunset: 7:32PM
Nataraja: Clear
Moon – Clear

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Routine Work Marana Yoga

Until 11:56PM

Then Creative Work - Amrita Yoga

Ashada*Adi

Devaloka Day

Wednesday, August 1, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Rochester, NY

Purvaprosnthapada*/Uttaraprosnthapada* Nakshatra Sukrama Yoga Kaulava Karana Panchamyam Titau

Sun 4 Sutra 108

Meena Rasi: 5.55 Tiithi 20

Gulika 10:27AM – 12:16PM
Yama 6:49AM – 8:38AM
Rahu 12:16PM – 2:04PM

Purvaprosnthapada* Until 24:66
Sukrama Until 2:43AM Thu
Kaulava Until 12:36PM
Panchami Until 24:66

Ganesh: White Sunrise: 5:00AM
Muruga: Clear Sunset: 7:31PM
Nataraja: Clear
Moon – Clear

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga

Until 24:66

Then Routine Work - Marana Yoga

Ashada*Adi

Devaloka Day

Thursday, August 2, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Rochester, NY

Revati Nakshatra Dhriti Yoga Gara Karana Shashthyam Titau

Sun 5 Sutra 109

Meena Rasi: 18.22 Tiithi 21

Gulika 8:38AM – 10:27AM
Yama 5:01AM – 6:49AM
Rahu 2:04PM – 3:53PM

Revati Until 1:37AM Sat Fri
Dhriti Until 3:34AM Fri
Gara Until 1:29PM
Shashthi* Until 1:41AM Fri

Ganesh: White Sunrise: 5:01AM
Muruga: Clear Sunset: 7:30PM
Nataraja: Clear
Moon – Clear

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Siddha Yoga

Until 1:37AM Sat Fri

Then Creative Work - Amrita Yoga

Ashada*Adi

Devaloka Day

Friday, August 3, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Rochester, NY

Revati/Ashvini Nakshatra Shula* Yoga Visti* Karana Saptamyam Titau

Sun 6 Sutra 110

Mesha Rasi: 1.06 Tiithi 22

Gulika 6:50AM – 8:39AM
Yama 3:52PM – 5:40PM
Rahu 10:27AM – 12:15PM

Revati Until 1:37AM Sat
Shula* Until 24:50AM Sat
Visti Until 1:45PM
Saptami Until 1:37AM Sat

Ganesh: Clear Sunrise: 5:02AM
Muruga: Clear Sunset: 7:29PM
Nataraja: Clear
Moon – White

Vilamba 5120
Moon 7 - Phase 15
1st Phase

Creative Work Amrita Yoga

Until 1:37AM Sat

Then Creative Work - Siddha Yoga

Ashada*Adi

Sivaloka Day

Saturday, August 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Rochester, NY

Ashvini/Bharani Nakshatra Ganda* Yoga Balava/Taitila Karana Ashtamyam Titau

Sun 7 Sutra 111

Mesha Rasi: 14.09 Tiithi 23

Gulika 5:03AM – 6:51AM
Yama 2:03PM – 3:51PM
Rahu 8:39AM – 10:27AM

Ashvini Until 12:53AM Sun
Ganda* Until 4:24AM Sun
Balava Until 11:76AM Sun
Ashtami* Until 24:50AM Sat

Ganesh: Clear Sunrise: 5:03AM
Muruga: Clear Sunset: 7:28PM
Nataraja: Clear
Moon – White

Vilamba 5120
Moon 7 - Phase 15
Ashtami

Creative Work Siddha Yoga

Ashada*Adi

Sivaloka Day

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Rochester, NY

Krittika Nakshatra Vriddhi Yoga Taitila Karana Navamyam Titau

Sun 8 Sutra 112

Mesha Rasi: 27.34 Tiithi 24

Gulika 3:51PM – 5:39PM
Yama 12:15PM – 2:03PM
Rahu 5:39PM – 7:26PM

Krittika Until 9:24PM Mon
Vriddhi Until 3:29AM Mon
Taitila Until 12:16PM
Navami* Until 11:28PM

Ganesh: Clear Sunrise: 5:04AM
Muruga: Clear Sunset: 7:26PM
Nataraja: Clear
Moon – White

Vilamba 5120
Moon 7 - Phase 15
Navami

Creative Work Siddha Yoga

Until 9:24PM Mon

Then Creative Work - Amrita Yoga

Ashada*Adi

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

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|--|--|-------------------------------|--|-------------------------|--|--|--|---------------------|--|
| 1 | | Monday, August 6, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau | | Sun 9 | | Sutra 113 | | Vilamba 5120 | | Moon 7 - Phase 16 | |
| Vrishabha Rasi: 11.22 | | Tihti 25 | | 444342362 | | Gulika 2:03PM - 3:50PM | | Rohini Until 9:24PM | |
| Family Home Evening | | Yama 10:28AM - 12:15PM | | Rahu 6:53AM - 8:40AM | | Ganesh: Purple | | Sunrise: 5:05AM | |
| Creative Work Amrita Yoga | | Dhruva Until 2:13AM Tue | | Vanija Until 7:00AM Tue | | Muruga: Clear | | Sunset: 7:25PM | |
| | | Dashami Until 10:41PM | | | | Nataraja: Clear | | Moon - Yellow | |
| | | | | | | Ashada*Adi | | Devaloka Day | |

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|--|--|--------------------------------|--|-----------------------|--|---|--|---------------------|--|
| 2 | | Tuesday, August 7, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Rohini/Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Ekadashyam Titau | | Sun 10 | | Sutra 114 | | Vilamba 5120 | | Moon 7 - Phase 16 | |
| Vrishabha Rasi: 25.35 | | Tihti 26 | | 444342362 | | Gulika 12:15PM - 2:02PM | | Rohini Until 6:46PM | |
| Creative Work Siddha Yoga | | Yama 8:41AM - 10:28AM | | Rahu 3:49PM - 5:36PM | | Ganesh: Purple | | Sunrise: 5:06AM | |
| Until 6:46PM | | Vyaghata* Until 12:73AM Wed | | Bava Until 4:77AM Wed | | Muruga: Clear | | Sunset: 7:24PM | |
| Then Routine Work - Marana Yoga | | Ekadashi* Until 7:57PM | | | | Nataraja: Clear | | Moon - Yellow | |
| | | | | | | Ashada*Adi | | Devaloka Day | |

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| 3 | | Wednesday, August 8, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | Sun 11 | | Sutra 115 | | Vilamba 5120 | | Moon 7 - Phase 16 | |
| Mithuna Rasi: 10.1 | | Tihti 27 - 28 | | 444342362 | | Gulika 10:28AM - 12:15PM | | Ardra Until 8:37AM Fri Thu | |
| Creative Work Siddha Yoga | | Yama 6:54AM - 8:41AM | | Rahu 12:15PM - 2:02PM | | Ganesh: Purple | | Sunrise: 5:07AM | |
| | | Harshana Until 1:13PM | | Gara Until 2:00AM Thu | | Muruga: Clear | | Sunset: 7:22PM | |
| | | Dvadashi* Until 12:73AM Wed | | | | Nataraja: Clear | | Moon - Yellow | |
| | | | | | | Ashada*Adi | | Devaloka Day | |
| | | | | | | | | <i>Pradosha Vrata (Fasting)</i> | |

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| 4 | | Thursday, August 9, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau | | Sun 12 | | Sutra 116 | | Vilamba 5120 | | Moon 7 - Phase 16 | |
| Mithuna Rasi: 25.03 | | Tihti 28 - 29 | | 444342362 | | Gulika 8:41AM - 10:28AM | | Ardra Until 8:37AM Fri | |
| Creative Work Amrita Yoga | | Yama 5:08AM - 6:55AM | | Rahu 2:01PM - 3:48PM | | Ganesh: Light Blue | | Sunrise: 5:08AM | |
| Until 8:37AM Fri | | Vajra* Until 7:12PM | | Sakuni Until 12:14PM | | Muruga: Clear | | Sunset: 7:21PM | |
| Then Routine Work - Marana Yoga | | Trayodashi* Until 8:37AM Fri | | | | Nataraja: Clear | | Moon - Blue | |
| | | | | | | Ashada*Adi | | Devaloka Day | |

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|  | | Friday, August 10, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Retreat Star | | Sun 13 | | Sutra 117 | | Vilamba 5120 | | Moon 7 - Phase 16 | |
| Kataka Rasi: 10.07 | | Tihti 29 - 30 | | 444342362 | | Gulika 6:56AM - 8:42AM | | Punarvasu Until 8:37AM | |
| Routine Work Marana Yoga | | Yama 3:47PM - 5:33PM | | Rahu 10:28AM - 12:15PM | | Ganesh: Light Blue | | Sunrise: 5:09AM | |
| | | Vyatipata* Until 24:72 | | Catuspada Until 6:48PM | | Muruga: Clear | | Sunset: 7:20PM | |
| | | Chaturdashi* Until 8:37AM | | | | Nataraja: Clear | | Moon - Blue | |
| | | | | | | Ashada*Adi | | Devaloka Day | |

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|--|--|----------------------------------|--|-----------------------------|--|---|--|----------------------------|--|
| Retreat Star | | Saturday, August 11, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Balava Karana Prathamayam Titau | | Sun 14 | | Sutra 118 | | Vilamba 5120 | | Moon 7 - Phase 16 | |
| Kataka Rasi: 25.14 | | Tihti 1 | | 445342362 | | Gulika 5:10AM - 6:56AM | | Ashlesha* Until 9:67PM Sun | |
| Routine Work Marana Yoga | | Yama 2:00PM - 3:46PM | | Rahu 8:42AM - 10:28AM | | Ganesh: Orange | | Sunrise: 5:10AM | |
| Until 9:67PM Sun | | Variyan Until 9:10PM | | Kintughna Until 11:44AM Sun | | Muruga: Clear | | Sunset: 7:18PM | |
| Then Creative Work - Amrita Yoga | | Prathama* Until 24:72 | | | | Nataraja: Clear | | Moon - Blue | |
| | | | | | | Srivana*Adi | | Sivaloka Day | |
| | | Partial Solar Eclipse | | | | | | | |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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|----------------------------------|-------------|---|-------------------------------|------------------------|------------------------|----------------------------------|
| 1 Sunday, August 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava Karana Dvitiyayam Titau | | | | Rochester, NY |
| Simha Rasi: 10.16 | Tithi 2 | Gulika 3:45PM – 5:31PM | Ashlesha* Until 9:67PM | Ganesha: Clear | <i>Sunrise:</i> 5:12AM | Sun 15 Sutra 119 Vilamba 5120 |
| | | Yama 12:14PM – 2:00PM | Parigha* Until 10:56AM | Muruga: Clear | <i>Sunset:</i> 7:17PM | Moon 7 - Phase 17 |
| | | 455342362 Rahu 5:31PM – 7:17PM | Balava Until 11:44AM | Nataraja: Clear | | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 9:67PM | Moon – Red | | Sivaloka Day |
| Until 9:67PM | | | | Sravana-Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 2 Monday, August 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Rochester, NY |
| Simha Rasi: 25.03 | Tithi 3 | Gulika 1:59PM – 3:45PM | Magha* Until 6:76PM | Ganesha: Clear | <i>Sunrise:</i> 5:13AM | Sun 16 Sutra 120 Vilamba 5120 |
| Family Home Evening | | Yama 10:29AM – 12:14PM | Shiva Until 1:49PM | Muruga: Clear | <i>Sunset:</i> 7:15PM | Moon 7 - Phase 17 |
| | | 455342362 Rahu 6:58AM – 8:43AM | Taitila Until 8:39AM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 6:76PM | Moon – Red | | Sivaloka Day |
| | | | | Sravana-Adi | | |

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|-----------------------------------|-------------|---|-----------------------------------|------------------------|------------------------|----------------------------------|
| 3 Tuesday, August 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau | | | | Rochester, NY |
| Kanya Rasi: 9.29 | Tithi 4 – 5 | Gulika 12:14PM – 1:59PM | Purvaphalguni Until 4:58PM | Ganesha: Clear | <i>Sunrise:</i> 5:14AM | Sun 17 Sutra 121 Vilamba 5120 |
| | | Yama 8:44AM – 10:29AM | Siddha Until 10:44AM | Muruga: Clear | <i>Sunset:</i> 7:14PM | Moon 7 - Phase 17 |
| | | 455342362 Rahu 3:44PM – 5:29PM | Vanija Until 3:65AM Wed | Nataraja: Clear | | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi* Until 1:49PM | Moon – Red | | Sivaloka Day |
| Until 4:58PM | | | | Sravana-Adi | | |
| Then Creative Work - Siddha Yoga | | Nag Panchami | | | | |

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|-------------------------------------|-------------|---|------------------------------------|------------------------|------------------------|----------------------------------|
| 4 Wednesday, August 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | | | Rochester, NY |
| Kanya Rasi: 23.3 | Tithi 5 – 6 | Gulika 10:29AM – 12:14PM | Uttaraphalguni Until 3:22PM | Ganesha: Purple | <i>Sunrise:</i> 5:15AM | Sun 18 Sutra 122 Vilamba 5120 |
| | | Yama 7:00AM – 8:44AM | Sadhya Until 5:77AM Thu | Muruga: Clear | <i>Sunset:</i> 7:12PM | Moon 7 - Phase 17 |
| | | 465342362 Rahu 12:14PM – 1:58PM | Kaulava Until 2:52AM Thu | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 10:44AM | Moon – Green | | Subha Sivaloka Day |
| | | | | Sravana-Adi | | |

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|------------------------------------|-------------|---|------------------------------------|------------------------|------------------------|----------------------------------|
| 5 Thursday, August 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau | | | | Rochester, NY |
| Tula Rasi: 7.04 | Tithi 6 – 7 | Gulika 8:45AM – 10:29AM | Svati Until 5:30AM Fri | Ganesha: Purple | <i>Sunrise:</i> 5:16AM | Sun 19 Sutra 123 Vilamba 5120 |
| | | Yama 5:16AM – 7:00AM | Subha Until 5:30AM Fri | Muruga: Clear | <i>Sunset:</i> 7:11PM | Moon 7 - Phase 17 |
| | | 465342362 Rahu 1:58PM – 3:42PM | Vanija Until 2:32PM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Amrita Yoga | | Shashthi* Until 13:91AM Fri | Moon – Green | | Subha Sivaloka Day |
| Until 5:30AM Fri | | | | Sravana-Avani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|--------------------------------|-------------|---|----------------------------------|------------------------|------------------------|----------------------------------|
| Friday, August 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija Karana Saptami/Ashtamyam Titau | | | | Rochester, NY |
| Retreat Star | | Gulika 7:01AM – 8:45AM | Vishakha Until 3:17PM Sat | Ganesha: Purple | <i>Sunrise:</i> 5:17AM | Sun 20 Sutra 124 Vilamba 5120 |
| Tula Rasi: 20.1 | Tithi 7 – 8 | Yama 3:41PM – 5:25PM | Brahma Until 6:49AM Sat | Muruga: Clear | <i>Sunset:</i> 7:09PM | Moon 7 - Phase 17 |
| | | 575342362 Rahu 10:29AM – 12:13PM | Vanija Until 2:31PM | Nataraja: Clear | | Ashtami |
| Creative Work | Siddha Yoga | | Saptami Until 2:31PM | Moon – Orange | | Subha Sivaloka Day |
| | | | | Sravana-Avani | | |

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|----------------------------------|-------------|---|----------------------------------|------------------------|------------------------|----------------------------------|
| Saturday, August 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Rochester, NY |
| Retreat Star | | Gulika 5:18AM – 7:02AM | Vishakha Until 4:45PM Sun | Ganesha: Purple | <i>Sunrise:</i> 5:18AM | Sun 21 Sutra 125 Vilamba 5120 |
| Vrischika Rasi: 2.53 | Tithi 8 – 9 | Yama 1:57PM – 3:40PM | Indra Until 3:78AM Sun | Muruga: Clear | <i>Sunset:</i> 7:08PM | Moon 7 - Phase 17 |
| | | 575342362 Rahu 8:46AM – 10:29AM | Balava Until 3:58AM Sun | Nataraja: Clear | | Navami |
| Creative Work | Siddha Yoga | | Ashtami* Until 4:21AM Sat | Moon – Orange | | Subha Sivaloka Day |
| | | | | Sravana-Avani | | |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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|----------------------------------|--------------|--|---------------------------------|------------------------|------------------------|---|
| 1 Sunday, August 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau | | | | Rochester, NY Sun 22 Sutra 126 Vilamba 5120 |
| Vrischika Rasi: 15.17 | Tithi 9 – 10 | Gulika 3:40PM – 5:23PM | Vishakha Until 4:45PM | Ganesha: Clear | <i>Sunrise:</i> 5:19AM | |
| | | Yama 12:13PM – 1:56PM | Vaidhriti* Until 4:42AM Mon | Muruga: Clear | <i>Sunset:</i> 7:06PM | Moon 7 - Phase 18 |
| | | 575442362 Rahu 5:23PM – 7:06PM | Tailila Until 5:44AM Mon | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Navami* Until 3:78AM Sun | Moon – Orange | | Sivaloka Day |
| | | | | Sravana-Avani | | |

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|----------------------------------|-------------|--|---------------------------------|------------------------|------------------------|---|
| 2 Monday, August 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Mula* Nakshatra Vishkamba* Yoga Gara/Vanija Karana Dashmyam Titau | | | | Rochester, NY Sun 23 Sutra 127 Vilamba 5120 |
| Vrischika Rasi: 27.25 | Tithi 10 | Gulika 1:56PM – 3:39PM | Anuradha Until 6:47PM | Ganesha: Clear | <i>Sunrise:</i> 5:20AM | |
| Family Home Evening | | Yama 10:29AM – 12:13PM | Vishkamba* Until 11:00AM | Muruga: Clear | <i>Sunset:</i> 7:05PM | Moon 7 - Phase 18 |
| | | 575442362 Rahu 7:03AM – 8:46AM | Vanija Until 7:58AM Tue | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 4:42AM Mon | Moon – Orange | | Sivaloka Day |
| | | | | Sravana-Avani | | |

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| 3 Tuesday, August 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Rochester, NY Sun 24 Sutra 128 Vilamba 5120 |
| Dhanus Rasi: 9.21 | Tithi 11 | Gulika 12:12PM – 1:55PM | Jyeshtha* Until 9:11PM | Ganesha: Clear | <i>Sunrise:</i> 5:21AM | |
| | | Yama 8:47AM – 10:30AM | Priti Until 5:08PM Wed | Muruga: Clear | <i>Sunset:</i> 7:03PM | Moon 7 - Phase 18 |
| | | 586442362 Rahu 3:38PM – 5:20PM | Vanija Until 10:29AM Wed | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | Ekadashi Until 5:29AM Tue | Moon – Light Blue | | Sivaloka Day |
| Until 9:11PM | | | | Sravana-Avani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 Wednesday, August 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Dvadashyam Titau | | | | Rochester, NY Sun 25 Sutra 129 Vilamba 5120 |
| Dhanus Rasi: 21.11 | Tithi 12 | Gulika 10:30AM – 12:12PM | Mula* Until 11:46PM | Ganesha: Clear | <i>Sunrise:</i> 5:23AM | |
| | | Yama 7:05AM – 8:47AM | Priti Until 5:08PM | Muruga: Clear | <i>Sunset:</i> 7:02PM | Moon 7 - Phase 18 |
| | | 586442362 Rahu 12:12PM – 1:54PM | Bava Until 10:29AM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashi Until 11:46PM | Moon – Light Blue | | Sivaloka Day |
| | | | | Sravana-Avani | | |

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| 5 Thursday, August 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Trayodashyam Titau | | | | Rochester, NY Sun 26 Sutra 130 Vilamba 5120 |
| Makara Rasi: 2.58 | Tithi 13 | Gulika 8:48AM – 10:30AM | Purvashadha* Until 2:22AM Fri | Ganesha: Clear | <i>Sunrise:</i> 5:24AM | |
| | | Yama 5:24AM – 7:06AM | Ayushman Until 8:39AM Fri | Muruga: Clear | <i>Sunset:</i> 7:00PM | Moon 7 - Phase 18 |
| | | 586442362 Rahu 1:54PM – 3:36PM | Kaulava Until 1:06PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Until 2:22AM Fri | Moon – Light Blue | | Sivaloka Day |
| | | | | Sravana-Avani | | |
| | | | | <i>Pradosha Vrata</i> | | |

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|----------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|---|
| 6 Friday, August 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Gara Karana Chaturdashyam Titau | | | | Rochester, NY Sun 27 Sutra 131 Vilamba 5120 |
| Makara Rasi: 14.46 | Tithi 14 | Gulika 7:06AM – 8:48AM | Uttarashadha Until 4:49AM Sat | Ganesha: White | <i>Sunrise:</i> 5:25AM | |
| | | Yama 3:35PM – 5:17PM | Saubhagya Until 9:36AM Sat | Muruga: Clear | <i>Sunset:</i> 6:58PM | Moon 7 - Phase 18 |
| | | 596442362 Rahu 10:30AM – 12:11PM | Gara Until 3:38PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Chaturdashi* Until 4:49AM Sat | Moon – Purple | | Subha Sivaloka Day |
| Until 4:49AM Sat | | Chidambaram Abhishekam | | Sravana-Avani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|------------------------------------|-------------|--|------------------------------------|------------------------|------------------------|--|
| ○ Saturday, August 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Purnimayam Titau | | | | Rochester, NY Sutra 132 Vilamba 5120 |
| Copper Retreat Star | | Gulika 5:26AM – 7:07AM | Dhanishtha Until 2:07AM Sun | Ganesha: White | <i>Sunrise:</i> 5:26AM | |
| Makara Rasi: 26.38 | Tithi 15 | Yama 1:53PM – 3:34PM | Sobhana Until 9:36AM | Muruga: Clear | <i>Sunset:</i> 6:57PM | Moon 7 - Phase 18 |
| | | 596442362 Rahu 8:49AM – 10:30AM | Visti Until 5:58PM | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 6:59AM Sun | Moon – Purple | | Subha Sivaloka Day |
| | | Avani Avittam | | Sravana-Avani | | |

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|---------------------------------|---------------|--|--------------------------------------|------------------------|------------------------|--|
| Sunday, August 26, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Rochester, NY Sutra 133 Vilamba 5120 |
| Silver Retreat Star | | Gulika 3:33PM – 5:14PM | Shatabhishak Until 8:48AM Mon | Ganesha: White | <i>Sunrise:</i> 5:27AM | |
| Kumbha Rasi: 9 | Tithi 15 – 16 | Yama 12:11PM – 1:52PM | Athiganda* Until 10:17AM | Muruga: Clear | <i>Sunset:</i> 6:55PM | Moon 7 - Phase 18 |
| | | 596442362 Rahu 5:14PM – 6:55PM | Balava Until 7:58PM | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 9:36AM | Moon – Purple | | Subha Sivaloka Day |
| Until 8:48AM Mon | | | | Sravana-Avani | | |
| Then Routine Work - Marana Yoga | | | | | | |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 20.43 Tihi 16 - 17

Family Home Evening 517442363

Routine Work Marana Yoga

Until 8:48AM

Then Creative Work - Siddha Yoga

Gulika 1:51PM - 3:32PM

Yama 10:30AM - 12:11PM

Rahu 7:09AM - 8:49AM

Shatabhishak Until 8:48AM

Sukarma Until 10:50AM Tue

Taitila Until 9:35PM

Prathama* Until 10:17AM

Ganesh: White Sunrise: 5:29AM

Muruga: Clear Sunset: 6:53PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sivaloka Day

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 2.59 Tihi 17 - 18

517452363

Routine Work Marana Yoga

Until 10:12AM

Then Creative Work - Amrita Yoga

Gulika 12:10PM - 1:51PM

Yama 8:50AM - 10:30AM

Rahu 3:31PM - 5:11PM

Purvaproshtapada* Until 10:12AM

Dhriti Until 6:39AM

Vanija Until 10:46PM

Dvitiya Until 10:50AM Tue

Ganesh: Clear Sunrise: 5:29AM

Muruga: Purple Sunset: 6:52PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 15.27 Tihi 18 - 19

517452363

Creative Work Siddha Yoga

Until 11:41AM Thu

Then Routine Work - Marana Yoga

Gulika 10:30AM - 12:10PM

Yama 7:10AM - 8:50AM

Rahu 12:10PM - 1:50PM

Uttaraproshtapada Until 11:41AM Thu

Shula* Until 8:18AM

Bava Until 11:30PM

Tritiya Until 10:34AM Wed

Ganesh: Clear Sunrise: 5:30AM

Muruga: Purple Sunset: 6:50PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Ashvini Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 28.07 Tihi 19 - 20

517452363

Creative Work Siddha Yoga

Until 11:41AM

Then Creative Work - Amrita Yoga

Gulika 8:51AM - 10:30AM

Yama 5:31AM - 7:11AM

Rahu 1:49PM - 3:29PM

Uttaraproshtapada Until 11:41AM

Ganda* Until 9:58AM

Kaulava Until 11:47PM

Chaturthi* Until 9:58AM Thu

Ganesh: Clear Sunrise: 5:31AM

Muruga: Purple Sunset: 6:48PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 11.01 Tihi 20 - 21

527452363

Creative Work Amrita Yoga

Until 11:43AM

Then Creative Work - Siddha Yoga

Gulika 7:12AM - 8:51AM

Yama 3:28PM - 5:07PM

Rahu 10:30AM - 12:09PM

Revati Until 11:43AM

Vridhi Until 7:40AM Sat

Gara Until 11:35PM

Panchami Until 9:58AM

Ganesh: Purple Sunrise: 5:32AM

Muruga: Purple Sunset: 6:47PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 24.08 Tihi 21 - 22

527452363

Creative Work Siddha Yoga

Until 11:17AM

Then Creative Work - Amrita Yoga

Gulika 5:33AM - 7:12AM

Yama 1:48PM - 3:27PM

Rahu 8:51AM - 10:30AM

Ashvini Until 11:17AM

Dhruva Until 5:55AM Sun

Visti Until 10:53PM

Shashthi* Until 11:17AM

Ganesh: Purple Sunrise: 5:33AM

Muruga: Purple Sunset: 6:45PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrisabha Rasi: 7.32 Tihi 22 - 23

527452363

Creative Work Siddha Yoga

Gulika 3:26PM - 5:04PM

Yama 12:09PM - 1:47PM

Rahu 5:04PM - 6:43PM

Krittika Until 10:11AM

Harshana Until 3:47AM Mon

Balava Until 9:41PM

Saptami Until 10:20AM

Ganesh: Purple Sunrise: 5:35AM

Muruga: Purple Sunset: 6:43PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrisabha Rasi: 21.14 Tihi 23 - 24

Family Home Evening 538452363

Creative Work Amrita Yoga

Gulika 1:47PM - 3:25PM

Yama 10:30AM - 12:08PM

Rahu 7:14AM - 8:52AM

Rohini Until 6:57AM Tue

Vajra* Until 1:12AM Tue

Taitila Until 8:00PM

Ashtami* Until 3:47AM Mon

Ganesh: White Sunrise: 5:36AM

Muruga: Purple Sunset: 6:41PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

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|-------------------------------------|---------------|---|---------------------------------|-------------------------|------------------------|--|
| 1 Tuesday, September 4, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Ardra Nakshatra Siddhi Yoga Gara/Visti* Karana Navami/Dashamyam Titau | | | | Rochester, NY Sun 8 Sutra 142 Vilamba 5120 |
| Mithuna Rasi: 5.14 | Tithi 24 – 25 | Gulika 12:08PM – 1:46PM | Rohini Until 6:57AM | Ganesha: White | <i>Sunrise:</i> 5:37AM | |
| | | Yama 8:52AM – 10:30AM | Siddhi Until 9:76PM | Muruga: Purple | <i>Sunset:</i> 6:40PM | Moon 8 - Phase 20 |
| | | 538452363 Rahu 3:24PM – 5:02PM | Visti Until 5:49PM | Nataraja: Purple | | 2nd Phase |
| Creative Work | Siddha Yoga | | Navami* Until 1:12AM Tue | Moon – Yellow | | Devaloka Day |
| Until 6:57AM | | | | Sravana-Avani | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 2 Wednesday, September 5, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau | | | | Rochester, NY Sun 9 Sutra 143 Vilamba 5120 |
| Mithuna Rasi: 19.32 | Tithi 26 | Gulika 10:30AM – 12:08PM | Mrigashira Until 1:46AM Thu | Ganesha: White | <i>Sunrise:</i> 5:38AM | |
| | | Yama 7:15AM – 8:53AM | Vyatipata* Until 6:37AM | Muruga: Purple | <i>Sunset:</i> 6:38PM | Moon 8 - Phase 20 |
| | | 538452363 Rahu 12:08PM – 1:45PM | Bava Until 3:13PM | Nataraja: Purple | | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 1:46AM Thu | Moon – Yellow | | Devaloka Day |
| Until 1:46AM Thu | | | | Sravana-Avani | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 3 Thursday, September 6, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Vanija Karana Dvadashyam Titau | | | | Rochester, NY Sun 10 Sutra 144 Vilamba 5120 |
| Kataka Rasi: 4.06 | Tithi 27 | Gulika 8:53AM – 10:30AM | Pushya Until 7:28PM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:39AM | |
| | | Yama 5:39AM – 7:16AM | Variyan Until 2:24AM Fri | Muruga: Purple | <i>Sunset:</i> 6:36PM | Moon 8 - Phase 20 |
| | | 548452363 Rahu 1:45PM – 3:22PM | Kaulava Until 8:67AM Fri | Nataraja: Purple | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dvadashi* Until 7:00PM | Moon – Blue | | Bhuloka Day |
| Until 7:28PM Fri | | | | Sravana-Avani | | Devaloka Time: 9:AM to12:PM |
| Then Routine Work - Marana Yoga | | | | | | |

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| 4 Friday, September 7, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Rochester, NY Sun 11 Sutra 145 Vilamba 5120 |
| Kataka Rasi: 18.52 | Tithi 28 | Gulika 7:17AM – 8:54AM | Pushya Until 7:28PM | Ganesha: Yellow | <i>Sunrise:</i> 5:40AM | |
| | | Yama 3:21PM – 4:57PM | Parigha* Until 7:56AM Sat | Muruga: Purple | <i>Sunset:</i> 6:34PM | Moon 8 - Phase 20 |
| | | 548452363 Rahu 10:30AM – 12:07PM | Gara Until 5:50AM Sat | Nataraja: Purple | | 2nd Phase |
| Routine Work | Marana Yoga | | Trayodashi* Until 11:43AM Fri | Moon – Blue | | Bhuloka Day |
| | | | | Sravana-Avani | | Devaloka Time: 9:AM to12:PM |
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Pradosha Vrata (Fasting)

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| 5 Saturday, September 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Rochester, NY Sun 12 Sutra 146 Vilamba 5120 |
| Simha Rasi: 3.44 | Tithi 29 – 30 | Gulika 5:41AM – 7:18AM | Ashlesha* Until 4:11PM | Ganesha: Red | <i>Sunrise:</i> 5:41AM | |
| | | Yama 1:43PM – 3:20PM | Shiva Until 3:69AM Sun | Muruga: Purple | <i>Sunset:</i> 6:33PM | Moon 8 - Phase 20 |
| | | 558452363 Rahu 8:54AM – 10:30AM | Catuspada Until 2:35AM Sun | Nataraja: Purple | | 2nd Phase |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 7:56AM Sat | Moon – Red | | Bhuloka Day |
| Until 4:11PM | | | | Sravana-Avani | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 6 Sunday, September 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Rochester, NY Sun 13 Sutra 147 Vilamba 5120 |
| Simha Rasi: 18.35 | Tithi 30 – 1 | Gulika 3:19PM – 4:55PM | Magha* Until 1:00PM | Ganesha: Red | <i>Sunrise:</i> 5:42AM | |
| | | Yama 12:06PM – 1:43PM | Sadhya Until 12:32AM Mon | Muruga: Purple | <i>Sunset:</i> 6:31PM | Moon 8 - Phase 20 |
| | | 558452363 Rahu 4:55PM – 6:31PM | Kintughna Until 11:31PM | Nataraja: Purple | | Amavasya |
| Creative Work | Siddha Yoga | | Amavasya* Until 3:69AM Sun | Moon – Red | | Bhuloka Day |
| Until 1:00PM | | | | Sravana-Avani | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 7 Monday, September 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Rochester, NY Sun 14 Sutra 148 Vilamba 5120 |
| Kanya Rasi: 3.16 | Tithi 1 – 2 | Gulika 1:42PM – 3:18PM | Uttaraphalguni Until 4:58PM | Ganesha: Blue | <i>Sunrise:</i> 5:43AM | |
| Family Home Evening | | Yama 10:30AM – 12:06PM | Subha Until 9:14PM | Muruga: Purple | <i>Sunset:</i> 6:29PM | Moon 8 - Phase 20 |
| | | 559452363 Rahu 7:19AM – 8:55AM | Balava Until 10:04AM | Nataraja: Purple | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 7:34AM Tue | Moon – Red | | Bhuloka Day |
| | | | | Bhadrapada-Avani | | |
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Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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|---|------------------------------------|-------------|--|--|----------------------------------|--|---|
| 1 | Tuesday, September 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau | | | | Rochester, NY Sun 15 Sutra 149 Vilamba 5120 |
| | Kanya Rasi: 17.41 | Tithi 2 - 3 | Gulika 12:06PM - 1:41PM | Hasta Until 3:33PM | Ganesha: Blue Sunrise: 5:44AM | | |
| | | | Yama 8:55AM - 10:30AM | Sukla Until 6:17PM | Muruga: Purple Sunset: 6:27PM | | Moon 8 - Phase 21 3rd Phase |
| | Creative Work | Siddha Yoga | 569452363 Rahu 3:16PM - 4:52PM | Tailila Until 6:31PM Dvitiya Until 7:34AM | Nataraja: Purple Moon - Green | | Bhuloka Day Bhadrapada-Avani |

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| 2 | Wednesday, September 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthyam Titau | | | | Rochester, NY Sun 16 Sutra 150 Vilamba 5120 |
| | Tula Rasi: 1.44 | Tithi 4 | Gulika 10:30AM - 12:05PM | Chitra Until 3:53AM Fri Thu | Ganesha: Blue Sunrise: 5:45AM | | |
| | | | Yama 7:20AM - 8:55AM | Brahma Until 3:53PM | Muruga: Purple Sunset: 6:25PM | | Moon 8 - Phase 21 3rd Phase |
| | Creative Work | Siddha Yoga | 569452363 Rahu 12:05PM - 1:40PM | Vanija Until 15:62AM Thu Chaturthi* Until 6:17PM | Nataraja: Purple Moon - Green | | Bhuloka Day Bhadrapada-Avani |

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| 3 | Thursday, September 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau | | | | Rochester, NY Sun 17 Sutra 151 Vilamba 5120 |
| | Tula Rasi: 15.21 | Tithi 5 | Gulika 8:56AM - 10:30AM | Chitra Until 3:53AM Fri | Ganesha: Yellow Sunrise: 5:47AM | | |
| | | | Yama 5:47AM - 7:21AM | Indra Until 12:53AM Fri | Muruga: Purple Sunset: 6:24PM | | Moon 8 - Phase 21 3rd Phase |
| | Creative Work | Amrita Yoga | 569552363 Rahu 1:40PM - 3:14PM | Bava Until 15:59AM Fri Panchami Until 3:53PM | Nataraja: Purple Moon - Green | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |

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| 4 | Friday, September 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau | | | | Rochester, NY Sun 18 Sutra 152 Vilamba 5120 |
| | Tula Rasi: 28.32 | Tithi 6 | Gulika 7:22AM - 8:56AM | Svati Until 4:15AM Sat | Ganesha: White Sunrise: 5:48AM | | |
| | | | Yama 3:13PM - 4:47PM | Vaidhriti* Until 11:82AM Sat | Muruga: Purple Sunset: 6:22PM | | Moon 8 - Phase 21 3rd Phase |
| | Creative Work | Siddha Yoga | 579552363 Rahu 10:30AM - 12:05PM | Kaulava Until 16:46AM Sat Shashthi* Until 12:53AM Fri | Nataraja: Purple Moon - Orange | | Devaloka Day Bhadrapada-Avani |

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| 5 | Saturday, September 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Saptamyam Titau | | | | Rochester, NY Sun 19 Sutra 153 Vilamba 5120 |
| | Vrischika Rasi: 11.17 | Tithi 7 | Gulika 5:49AM - 7:23AM | Anuradha Until 7:16AM Mon Sun | Ganesha: White Sunrise: 5:49AM | | |
| | | | Yama 1:38PM - 3:12PM | Vishkambha* Until 4:18PM | Muruga: Purple Sunset: 6:20PM | | Moon 8 - Phase 21 3rd Phase |
| | Creative Work | Siddha Yoga | 579552363 Rahu 8:57AM - 10:30AM | Gara Until 17:77AM Sun Saptami Until 11:82AM Sat | Nataraja: Purple Moon - Orange | | Devaloka Day Bhadrapada-Avani |

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|---|-----------------------------------|-------------|---|---|-----------------------------------|--|---|
| D | Sunday, September 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau | | | | Rochester, NY Sun 20 Sutra 154 Vilamba 5120 |
| | Retreat Star | | Gulika 3:11PM - 4:45PM | Anuradha Until 7:16AM Mon | Ganesha: White Sunrise: 5:50AM | | |
| | Vrischika Rasi: 23.41 | Tithi 8 | Yama 12:04PM - 1:38PM | Priti Until 12:59AM Mon | Muruga: Purple Sunset: 6:18PM | | Moon 8 - Phase 21 Ashtami |
| | Routine Work | Marana Yoga | 579552363 Rahu 4:45PM - 6:18PM | Visti Until 20:24AM Mon Ashtami* Until 12:27AM Sun | Nataraja: Purple Moon - Orange | | Devaloka Day Bhadrapada-Puratasi |

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|---|-----------------------------------|-------------|---|---|---------------------------------------|--|--|
| D | Monday, September 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Rochester, NY Sun 21 Sutra 155 Vilamba 5120 |
| | Retreat Star | | Gulika 1:37PM - 3:10PM | Jyeshtha* Until 7:16AM | Ganesha: Clear Sunrise: 5:51AM | | |
| | Dhanus Rasi: 5.49 | Tithi 8 - 9 | Yama 10:30AM - 12:04PM | Ayushman Until 13:52AM Tue | Muruga: Purple Sunset: 6:16PM | | Moon 8 - Phase 21 Navami |
| | Family Home Evening | Siddha Yoga | 589552363 Rahu 7:24AM - 8:57AM | Balava Until 8:24PM Ashtami* Until 12:59AM Mon | Nataraja: Purple Moon - Light Blue | | Bhuloka Day Devaloka Time: 9:AM to 12:PM |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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|--------------------------------------|--------------|---|--|----------------------------|-----------------------------|---|
| 1 Tuesday, September 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava Karana Navami/Dashmyam Titau | | | | Rochester, NY Sun 22 Sutra 156 Vilamba 5120 |
| Dhanus Rasi: 17.44 | Tithi 9 – 10 | Gulika 12:03PM – 1:36PM | Purvashadha* Until 14:48AM Thu We | Ganesh: Clear | <i>Sunrise:</i> 5:52AM | |
| | | Yama 8:58AM – 10:30AM | Saubhagya Until 12:06AM Wed | Muruga: Purple | <i>Sunset:</i> 6:15PM | Moon 8 - Phase 22 |
| | 581552363 | Rahu 3:09PM – 4:42PM | Kaulava Until 9:36AM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 11:72AM Wed | Moon – Light Blue | | Bhuloka Day |
| Until 14:48AM Thu We | | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|--|---------------|--|---------------------------------------|----------------------------|-----------------------------|---|
| 2 Wednesday, September 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Gara/Bava Karana Dashami/Ekadashyam Titau | | | | Rochester, NY Sun 23 Sutra 157 Vilamba 5120 |
| Dhanus Rasi: 29.34 | Tithi 10 – 11 | Gulika 10:30AM – 12:03PM | Purvashadha* Until 14:48AM Thu | Ganesh: Clear | <i>Sunrise:</i> 5:53AM | |
| | | Yama 7:26AM – 8:58AM | Sobhana Until 3:04AM Thu | Muruga: Purple | <i>Sunset:</i> 6:13PM | Moon 8 - Phase 22 |
| | 581552363 | Rahu 12:03PM – 1:35PM | Bava Until 12:12PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Dashami Until 14:48AM Thu | Moon – Light Blue | | Bhuloka Day |
| Until 14:48AM Thu | | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|---------------------------------------|---------------|---|----------------------------------|----------------------------|------------------------|---|
| 3 Thursday, September 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau | | | | Rochester, NY Sun 24 Sutra 158 Vilamba 5120 |
| Makara Rasi: 11.21 | Tithi 11 – 12 | Gulika 8:58AM – 10:30AM | Uttarashadha Until 2:48PM | Ganesh: Purple | <i>Sunrise:</i> 5:54AM | |
| | | Yama 5:54AM – 7:26AM | Athiganda* Until 6:16AM Fri | Muruga: Purple | <i>Sunset:</i> 6:11PM | Moon 8 - Phase 22 |
| | 591552363 | Rahu 1:35PM – 3:07PM | Balava Until 16:73AM Fri | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 2:48PM | Moon – Purple | | Devaloka Day |
| | | | | Bhadrapada-Puratasi | | |

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| 4 Friday, September 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Rochester, NY Sun 25 Sutra 159 Vilamba 5120 |
| Makara Rasi: 23.11 | Tithi 12 – 13 | Gulika 7:27AM – 8:59AM | Shravana Until 7:16PM Sat | Ganesh: Purple | <i>Sunrise:</i> 5:55AM | |
| | | Yama 3:06PM – 4:37PM | Sukarma Until 4:51PM | Muruga: Purple | <i>Sunset:</i> 6:09PM | Moon 8 - Phase 22 |
| | 591552363 | Rahu 10:30AM – 12:02PM | Kaulava Until 6:19AM Sat | Nataraja: Purple | | 4th Phase |
| Routine Work | Marana Yoga | | Dvadashi Until 16:51AM Fri | Moon – Purple | | Devaloka Day |
| Until 7:16PM Sat | | | | Bhadrapada-Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|---------------------------------------|-------------|--|--------------------------------|----------------------------|------------------------|---|
| 5 Saturday, September 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Trayodashyam Titau | | | | Rochester, NY Sun 26 Sutra 160 Vilamba 5120 |
| Kumbha Rasi: 5.08 | Tithi 13 | Gulika 5:56AM – 7:28AM | Shravana Until 7:16PM | Ganesh: Purple | <i>Sunrise:</i> 5:56AM | |
| | | Yama 1:33PM – 3:05PM | Dhriti Until 5:28PM | Muruga: Purple | <i>Sunset:</i> 6:07PM | Moon 8 - Phase 22 |
| | 591552363 | Rahu 8:59AM – 10:30AM | Kaulava Until 7:69AM Sun | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 4:51PM | Moon – Purple | | Devaloka Day |
| Until 7:16PM | | | | Bhadrapada-Puratasi | | |
| Then Creative Work - Amrita Yoga | | Chidambaram Abhishekam | | | | |

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| 6 Sunday, September 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Rochester, NY Sun 27 Sutra 161 Vilamba 5120 |
| Kumbha Rasi: 17.16 | Tithi 14 | Gulika 3:03PM – 4:34PM | Shatabhishak Until 11:11AM | Ganesh: Purple | <i>Sunrise:</i> 5:58AM | |
| | | Yama 12:02PM – 1:32PM | Shula* Until 5:42PM | Muruga: Purple | <i>Sunset:</i> 6:05PM | Moon 8 - Phase 22 |
| | 591552363 | Rahu 4:34PM – 6:05PM | Gara Until 8:88AM Mon | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 5:28PM | Moon – Purple | | Devaloka Day |
| | | Kadaitswami Mahasamadhi | | Bhadrapada-Puratasi | | |

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|-------------------------------------|-------------|---|--|----------------------------|------------------------|--|
| ○ Monday, September 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti* Karana Purnimayam Titau | | | | Rochester, NY Sutra 162 Vilamba 5120 |
| Copper Retreat Star | | Gulika 1:32PM – 3:02PM | Purvaproshtapada* Until 10:28PM Tue | Ganesh: Purple | <i>Sunrise:</i> 5:59AM | |
| Kumbha Rasi: 29.35 | Tithi 15 | Yama 10:31AM – 12:01PM | Ganda* Until 1:11PM | Muruga: Purple | <i>Sunset:</i> 6:04PM | Moon 8 - Phase 22 |
| Family Home Evening | 511552363 | Rahu 7:29AM – 9:00AM | Visti Until 9:28AM | Nataraja: Purple | | Purnima |
| Routine Work | Marana Yoga | | Purnima* Until 9:55PM | Moon – Clear | | Devaloka Day |
| Until 10:28PM Tue | | | | Bhadrapada-Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|------------------------------------|-------------|---|--|----------------------------|------------------------|--|
| Tuesday, September 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Gara Karana Prathamayam Titau | | | | Rochester, NY Sutra 163 Vilamba 5120 |
| Silver Retreat Star | | Gulika 12:01PM – 1:31PM | Purvaproshtapada* Until 10:28PM | Ganesh: Purple | <i>Sunrise:</i> 6:00AM | |
| Meena Rasi: 12.08 | Tithi 16 | Yama 9:00AM – 10:31AM | Vridhi Until 2:31PM | Muruga: Purple | <i>Sunset:</i> 6:02PM | Moon 8 - Phase 22 |
| | 511552363 | Rahu 3:01PM – 4:32PM | Balava Until 10:16AM | Nataraja: Purple | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 10:28PM | Moon – Clear | | Devaloka Day |
| Until 10:28PM | | | | Bhadrapada-Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Vanija Karana Dvitiyayam Titau

Rochester, NY

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 24.55 Tihti 17

511552363

Gulika 10:31AM – 12:00PM
Yama 7:31AM – 9:01AM
Rahu 12:00PM – 1:30PM

Uttaraproshtapada Until 10:33PM
Dhruva Until 3:66PM
Taitila Until 9:88AM Thu
Dvitiya Until 16:06AM Wed

Ganesha: Purple *Sunrise:* 6:01AM
Muruga: Purple *Sunset:* 6:00PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Balava Karana Tritiyayam Titau

Rochester, NY

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 7.56 Tihti 18

621552363

Gulika 9:01AM – 10:31AM
Yama 6:02AM – 7:32AM
Rahu 1:30PM – 2:59PM

Ashvini Until 9:33PM Fri
Vyaghata* Until 3:50PM
Vanija Until 10:28AM
Tritiya Until 9:74PM

Ganesha: Purple *Sunrise:* 6:02AM
Muruga: Purple *Sunset:* 5:58PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga
Until 9:33PM Fri
Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Krittika Nakshatra Harshana/Vajra* Yoga Bava Karana Chaturthyam Titau

Rochester, NY

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 21.08 Tihti 19

622552363

Gulika 7:32AM – 9:01AM
Yama 2:58PM – 4:27PM
Rahu 10:31AM – 12:00PM

Ashvini Until 9:33PM
Harshana Until 11:29AM Sat
Bava Until 9:57AM
Chaturthi* Until 9:33PM

Ganesha: Clear *Sunrise:* 6:03AM
Muruga: Purple *Sunset:* 5:56PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava Karana Panchamyam Titau

Rochester, NY

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 4.32 Tihti 20

622552363

Gulika 6:04AM – 7:33AM
Yama 1:28PM – 2:57PM
Rahu 9:02AM – 10:31AM

Krittika Until 6:75PM Sun
Vajra* Until 11:29AM
Kaulava Until 9:06AM
Panchami Until 8:33PM

Ganesha: Clear *Sunrise:* 6:04AM
Muruga: Purple *Sunset:* 5:55PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara Karana Shashthyam Titau

Rochester, NY

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 18.06 Tihti 21

632552363

Gulika 2:56PM – 4:24PM
Yama 11:59AM – 1:28PM
Rahu 4:24PM – 5:53PM

Krittika Until 6:75PM
Siddhi Until 6:69AM Mon
Gara Until 7:57AM
Shashthi* Until 6:75PM

Ganesha: Purple *Sunrise:* 6:05AM
Muruga: Purple *Sunset:* 5:53PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Ardra Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mithuna Rasi: 1.5 Tihti 22 – 23

632552363

Gulika 1:27PM – 2:55PM
Yama 10:31AM – 11:59AM
Rahu 7:35AM – 9:03AM

Rohini Until 5:40PM
Vyatipata* Until 4:38AM Tue
Visti Until 4:48AM Tue
Saptami Until 6:69AM Mon

Ganesha: Purple *Sunrise:* 6:06AM
Muruga: Purple *Sunset:* 5:51PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 5:40PM
Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 15.45 Tihti 23 – 24

632552363

Gulika 11:58AM – 1:26PM
Yama 9:03AM – 10:31AM
Rahu 2:54PM – 4:22PM

Ardra Until 1:07PM
Parigha* Until 1:07PM
Taitila Until 2:49AM Wed
Ashtami* Until 3:49PM

Ganesha: Purple *Sunrise:* 6:08AM
Muruga: Purple *Sunset:* 5:49PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga
Until 1:07PM
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva Yoga Gara Karana Navami/Dashamyam Titau

Rochester, NY

Sun 8 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 29.5 Tihti 24 – 25

642552363

Gulika 10:31AM – 11:58AM
Yama 7:36AM – 9:03AM
Rahu 11:58AM – 1:26PM

Punarvasu Until 8:49AM Fri Thu
Shiva Until 10:58PM
Gara Until 1:42PM
Navami* Until 1:42PM

Ganesha: Clear *Sunrise:* 6:09AM
Muruga: Purple *Sunset:* 5:48PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1 Thursday, October 4, 2018 Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Rochester, NY
Punarvasu/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 9 Sutra 172
Gulika 9:04AM – 10:31AM **Punarvasu Until 8:49AM Fri** **Ganesh:** Clear *Sunrise:* 6:10AM Vilamba 5120
Kataka Rasi: 14.04 Tithi 25 – 26 **Yama** 6:10AM – 7:37AM **Siddha Until 10:19AM** **Muruga:** Purple *Sunset:* 5:46PM Moon 9 - Phase 24
642552363 **Rahu** 1:25PM – 2:52PM **Bava Until 11:21AM** **Nataraja:** Purple 2nd Phase
Creative Work Amrita Yoga **Dashami Until 8:49AM Fri** **Moon – Blue** **Bhuloka Day**
Until 8:49AM Fri **Bhadrapada•Puratasi** Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga

2 Friday, October 5, 2018 Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Rochester, NY
Pushya/Magha* Nakshatra Sadhya/Subha Yoga Balava/Gara Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 173
Gulika 7:38AM – 9:04AM **Pushya Until 8:49AM** **Ganesh:** Clear *Sunrise:* 6:11AM Vilamba 5120
Kataka Rasi: 28.28 Tithi 26 – 27 **Yama** 2:51PM – 4:17PM **Sadhya Until 8:24AM** **Muruga:** Purple *Sunset:* 5:44PM Moon 9 - Phase 24
642552363 **Rahu** 10:31AM – 11:58AM **Gara Until 6:92PM** **Nataraja:** Purple 2nd Phase
Routine Work Marana Yoga **Ekadashi* Until 7:50PM** **Moon – Blue** **Bhuloka Day**
Bhadrapada•Puratasi Devaloka Time: 6:AM to 9:AM

3 Saturday, October 6, 2018 Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Rochester, NY
Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 174
Gulika 6:12AM – 7:38AM **Magha* Until 6:40AM** **Ganesh:** White *Sunrise:* 6:12AM Vilamba 5120
Simha Rasi: 12.55 Tithi 27 – 28 **Yama** 1:24PM – 2:50PM **Subha Until 1:18PM** **Muruga:** Purple *Sunset:* 5:42PM Moon 9 - Phase 24
652552363 **Rahu** 9:05AM – 10:31AM **Vanija Until 3:33AM Sun** **Nataraja:** Purple 2nd Phase
Creative Work Amrita Yoga **Dvadashi* Until 6:11AM** **Moon – Red** **Bhuloka Day**
Until 6:40AM **Bhadrapada•Puratasi**
Then Creative Work - Siddha Yoga *Pradosha Vrata (Fasting)*

4 Sunday, October 7, 2018 Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rochester, NY
Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 175
Gulika 2:49PM – 4:15PM **Uttaraphalguni Until 10:46PM Mon** **Ganesh:** White *Sunrise:* 6:13AM Vilamba 5120
Simha Rasi: 27.23 Tithi 29 **Yama** 11:57AM – 1:23PM **Sukla Until 10:01AM** **Muruga:** Purple *Sunset:* 5:41PM Moon 9 - Phase 24
652552364 **Rahu** 4:15PM – 5:41PM **Visti Until 11:52AM Mon** **Nataraja:** Clear 2nd Phase
Creative Work Amrita Yoga **Chaturdashi* Until 1:18PM** **Moon – Red** **Bhuloka Day**
Until 10:46PM Mon **Bhadrapada•Puratasi** Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga

Monday, October 8, 2018 Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Rochester, NY
Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 13 Sutra 176
Gulika 1:22PM – 2:48PM **Uttaraphalguni Until 10:46PM** **Ganesh:** Red *Sunrise:* 6:15AM Vilamba 5120
Kanya Rasi: 11.46 Tithi 30 **Yama** 10:31AM – 11:57AM **Brahma Until 3:59AM Tue** **Muruga:** Purple *Sunset:* 5:39PM Moon 9 - Phase 24
Family Home Evening 662652364 **Rahu** 7:40AM – 9:06AM **Catuspada Until 9:48AM Tue** **Nataraja:** Clear Amavasya
Creative Work Siddha Yoga **Amavasya* Until 10:01AM** **Moon – Green** **Devaloka Day**
Until 10:46PM **Mahalaya Amavasai (Tamil Nadu)** **Bhadrapada•Puratasi**
Then Routine Work - Prabalarishta Yoga

Tuesday, October 9, 2018 Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Rochester, NY
Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 14 Sutra 177
Gulika 11:56AM – 1:22PM **Chitra Until 7:36PM Wed** **Ganesh:** Red *Sunrise:* 6:16AM Vilamba 5120
Kanya Rasi: 25.56 Tithi 1 **Yama** 9:06AM – 10:31AM **Vaidhriti* Until 1:25AM Wed** **Muruga:** Purple *Sunset:* 5:37PM Moon 9 - Phase 24
662652364 **Rahu** 2:47PM – 4:12PM **Kintughna Until 9:48AM** **Nataraja:** Clear Prathama
Creative Work Siddha Yoga **Prathama* Until 8:54PM** **Moon – Green** **Devaloka Day**
Navaratri Begins **Ashvina•Puratasi**

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| 1 | | Wednesday, October 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Balava/Taitila Karana Dvitiyayam Titau | | Rochester, NY Sun 15 Sutra 178 Vilamba 5120 | |
| Tula Rasi: 9.49 | Tithi 2 | Gulika 10:31AM – 11:56AM | Chitra Until 7:36PM | Ganesh: Red <i>Sunrise:</i> 6:17AM | <i>Sunset:</i> 5:35PM | Moon 9 - Phase 25 3rd Phase | |
| Creative Work | Siddha Yoga | Yama 7:42AM – 9:06AM | Vishkambha* Until 11:49PM | Muruga: Purple | | Moon – Green | |
| | | 662652364 Rahu 11:56AM – 1:21PM | Balava Until 6:72AM Thu | Nataraja: Clear | | Devaloka Day | |
| | | | Dvitiya Until 1:25AM Wed | Ashvina•Puratasi | | | |
| 2 | | Thursday, October 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau | | Rochester, NY Sun 16 Sutra 179 Vilamba 5120 | |
| Tula Rasi: 23.21 | Tithi 3 | Gulika 9:07AM – 10:31AM | Svati Until 6:57PM | Ganesh: Yellow <i>Sunrise:</i> 6:18AM | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 25 3rd Phase | |
| Creative Work | Siddha Yoga | Yama 6:18AM – 7:42AM | Priti Until 20:49AM Fri | Muruga: Purple | | Moon – Orange | |
| | | 672652364 Rahu 1:20PM – 2:45PM | Taitila Until 7:12AM | Nataraja: Clear | | Devaloka Day | |
| | | | Tritiya Until 6:57PM | Ashvina•Puratasi | | | |
| 3 | | Friday, October 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau | | Rochester, NY Sun 17 Sutra 180 Vilamba 5120 | |
| Vrischika Rasi: 6.3 | Tithi 4 | Gulika 7:43AM – 9:07AM | Anuradha Until 7:58PM Sat | Ganesh: White <i>Sunrise:</i> 6:19AM | <i>Sunset:</i> 5:32PM | Moon 9 - Phase 25 3rd Phase | |
| Creative Work | Siddha Yoga | Yama 2:44PM – 4:08PM | Ayushman Until 8:49PM | Muruga: Purple | | Moon – Orange | |
| | | 673652364 Rahu 10:32AM – 11:56AM | Vanija Until 7:27AM Sat | Nataraja: Clear | | Bhuloka Day | |
| | | | Chaturthi* Until 20:49AM Fri | Ashvina•Puratasi | | Devaloka Time: 6:PM to 9:PM | |
| 4 | | Saturday, October 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava Karana Panchamyam Titau | | Rochester, NY Sun 18 Sutra 181 Vilamba 5120 | |
| Vrischika Rasi: 19.16 | Tithi 5 | Gulika 6:20AM – 7:44AM | Anuradha Until 7:58PM | Ganesh: White <i>Sunrise:</i> 6:20AM | <i>Sunset:</i> 5:30PM | Moon 9 - Phase 25 3rd Phase | |
| Creative Work | Siddha Yoga | Yama 1:19PM – 2:43PM | Saubhagya Until 20:41AM Sun | Muruga: Purple | | Moon – Orange | |
| | | 673652364 Rahu 9:08AM – 10:32AM | Bava Until 7:27AM | Nataraja: Clear | | Bhuloka Day | |
| | | | Panchami Until 7:58PM | Ashvina•Puratasi | | Devaloka Time: 6:PM to 9:PM | |
| 5 | | Sunday, October 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Gara Karana Shashthyam Titau | | Rochester, NY Sun 19 Sutra 182 Vilamba 5120 | |
| Dhanus Rasi: 1.4 | Tithi 6 | Gulika 2:42PM – 4:05PM | Jyeshtha* Until 9:36PM | Ganesh: Clear <i>Sunrise:</i> 6:22AM | <i>Sunset:</i> 5:29PM | Moon 9 - Phase 25 3rd Phase | |
| Creative Work | Amrita Yoga | Yama 11:55AM – 1:19PM | Sobhana Until 5:03AM Mon | Muruga: Purple | | Moon – Light Blue | |
| Until 9:36PM | | 683652364 Rahu 4:05PM – 5:29PM | Kaulava Until 10:40AM Mon | Nataraja: Clear | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | Shashthi* Until 20:41AM Sun | Ashvina•Puratasi | | | |
| 6 | | Monday, October 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Visti* Karana Saptamyam Titau | | Rochester, NY Sun 20 Sutra 183 Vilamba 5120 | |
| Dhanus Rasi: 13.47 | Tithi 7 | Gulika 1:18PM – 2:41PM | Purvashadha* Until 7:54AM Tue | Ganesh: Clear <i>Sunrise:</i> 6:23AM | <i>Sunset:</i> 5:27PM | Moon 9 - Phase 25 3rd Phase | |
| Family Home Evening | | Yama 10:32AM – 11:55AM | Athiganda* Until 7:54AM Tue | Muruga: Purple | | Moon – Light Blue | |
| Routine Work | Marana Yoga | 683652364 Rahu 7:46AM – 9:09AM | Gara Until 12:65AM Tue | Nataraja: Clear | | Devaloka Day | |
| Until 7:54AM Tue | | | Saptami Until 8:41PM | Ashvina•Puratasi | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |
| Retreat Star | | Tuesday, October 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau | | Rochester, NY Sun 21 Sutra 184 Vilamba 5120 | |
| Dhanus Rasi: 25.43 | Tithi 8 | Gulika 11:55AM – 1:17PM | Purvashadha* Until 7:54AM | Ganesh: Clear <i>Sunrise:</i> 6:24AM | <i>Sunset:</i> 5:25PM | Moon 9 - Phase 25 Ashtami | |
| Creative Work | Siddha Yoga | Yama 9:09AM – 10:32AM | Sukarma Until 7:54AM | Muruga: Purple | | Moon – Light Blue | |
| Until 7:54AM | | 683652364 Rahu 2:40PM – 4:03PM | Visti Until 15:44AM Wed | Nataraja: Clear | | Devaloka Day | |
| Then Routine Work - Prabalarishta Yoga | | | Ashtami* Until 9:19PM | Ashvina•Puratasi | | | |
| Retreat Star | | Durga Ashtami | | | | | |
| Retreat Star | | Wednesday, October 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau | | Rochester, NY Sun 22 Sutra 185 Vilamba 5120 | |
| Makara Rasi: 7.32 | Tithi 9 | Gulika 10:32AM – 11:55AM | Uttarashadha Until 10:49AM | Ganesh: Clear <i>Sunrise:</i> 6:25AM | <i>Sunset:</i> 5:24PM | Moon 9 - Phase 25 Navami | |
| Creative Work | Amrita Yoga | Yama 7:48AM – 9:10AM | Dhriti Until 10:49AM | Muruga: Purple | | Moon – Light Blue | |
| Until 10:49AM | | 683652364 Rahu 11:55AM – 1:17PM | Balava Until 18:20AM Thu | Nataraja: Clear | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | Navami* Until 10:15PM | Ashvina•Aipasi | | | |
| | | Saraswathi Puja (Tamil Nadu) | | | | | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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|-------------------|-------------|-----------------------------------|------------------|--|------------------------|------------------------|-----------------------------|---|
| 1 | | Thursday, October 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Taitila/Vanija Karana Dashamyam Titau | | | | Rochester, NY Sun 23 Sutra 186 Vilamba 5120 |
| Makara Rasi: 19.2 | Tithi 10 | Gulika | 9:10AM – 10:32AM | Shravana Until 9:34AM Sat Fri | Ganesha: Purple | <i>Sunrise:</i> 6:26AM | | |
| | | Yama | 6:26AM – 7:48AM | Shula* Until 12:12AM Fri | Muruga: Purple | <i>Sunset:</i> 5:22PM | Moon 9 - Phase 26 | 4th Phase |
| Creative Work | Siddha Yoga | 693652364 Rahu | 1:16PM – 2:38PM | Taitila Until 20:37AM Fri | Nataraja: Clear | | | |
| | | | | Dashami Until 11:17PM | Moon – Purple | | Bhuloka Day | |
| | | Vijaya Dasami | | | Ashvina-Aipasi | | Devaloka Time: 6:PM to 9:PM | |

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|----------------------------------|---------------|---------------------------------|-------------------|---|------------------------|------------------------|-----------------------------|---|
| 2 | | Friday, October 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shrabana/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Rochester, NY Sun 24 Sutra 187 Vilamba 5120 |
| Kumbha Rasi: 1.13 | Tithi 10 – 11 | Gulika | 7:49AM – 9:11AM | Shravana Until 9:34AM Sat | Ganesha: Purple | <i>Sunrise:</i> 6:28AM | | |
| | | Yama | 2:37PM – 3:59PM | Ganda* Until 12:52AM Sat | Muruga: Purple | <i>Sunset:</i> 5:21PM | Moon 9 - Phase 26 | 4th Phase |
| Creative Work | Siddha Yoga | 693652364 Rahu | 10:32AM – 11:54AM | Vanija Until 7:30AM | Nataraja: Clear | | | |
| Until 9:34AM Sat | | | | Dashami Until 9:34AM Sat | Moon – Purple | | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | | Ashvina-Aipasi | | Devaloka Time: 6:PM to 9:PM | |

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|---------------------------------|---------------|-----------------------------------|------------------|--|------------------------|------------------------|-----------------------------|---|
| 3 | | Saturday, October 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Rochester, NY Sun 25 Sutra 188 Vilamba 5120 |
| Kumbha Rasi: 13.14 | Tithi 11 – 12 | Gulika | 6:29AM – 7:50AM | Shatabhishak Until 7:09PM | Ganesha: Purple | <i>Sunrise:</i> 6:29AM | | |
| | | Yama | 1:15PM – 2:37PM | Vriddhi Until 1:09AM Sun | Muruga: Purple | <i>Sunset:</i> 5:19PM | Moon 9 - Phase 26 | 4th Phase |
| Creative Work | Amrita Yoga | 693652364 Rahu | 9:11AM – 10:33AM | Bava Until 9:85PM | Nataraja: Clear | | | |
| Until 7:09PM | | | | Ekadashi Until 12:52AM Sat | Moon – Purple | | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | | Ashvina-Aipasi | | Devaloka Time: 6:PM to 9:PM | |

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|----------------------------------|---------------|---------------------------------|------------------|---|-----------------------|------------------------|-----------------------------|---|
| 4 | | Sunday, October 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau | | | | Rochester, NY Sun 26 Sutra 189 Vilamba 5120 |
| Kumbha Rasi: 25.28 | Tithi 12 – 13 | Gulika | 2:36PM – 3:57PM | Purvaproshtapada* Until 9:07PM | Ganesha: White | <i>Sunrise:</i> 6:30AM | | |
| | | Yama | 11:54AM – 1:15PM | Dhruva Until 9:07PM | Muruga: Purple | <i>Sunset:</i> 5:18PM | Moon 9 - Phase 26 | 4th Phase |
| Creative Work | Siddha Yoga | 613652364 Rahu | 3:57PM – 5:18PM | Taitila Until 11:36PM | Nataraja: Clear | | | |
| Until 9:07PM | | | | Dvadashi Until 1:09AM Sun | Moon – Clear | | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | | Ashvina-Aipasi | | Devaloka Time: 6:PM to 9:PM | |

Pradosha Vrata

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|----------------------------|---------------|---------------------------------|-------------------|---|-----------------------|------------------------|-----------------------------|---|
| 5 | | Monday, October 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Taitila Karana Trayodashi/Chaturdashyam Titau | | | | Rochester, NY Sun 27 Sutra 190 Vilamba 5120 |
| Meena Rasi: 7.59 | Tithi 13 – 14 | Gulika | 1:14PM – 2:35PM | Uttaraproshtapada Until 12:09PM Tue | Ganesha: White | <i>Sunrise:</i> 6:31AM | | |
| Family Home Evening | | Yama | 10:33AM – 11:54AM | Vyaghata* Until 10:19PM | Muruga: Purple | <i>Sunset:</i> 5:16PM | Moon 9 - Phase 26 | 4th Phase |
| Creative Work | Siddha Yoga | 613652364 Rahu | 7:52AM – 9:12AM | Taitila Until 11:56AM | Nataraja: Clear | | | |
| | | | | Trayodashi Until 11:56AM | Moon – Clear | | Bhuloka Day | |
| | | | | | Ashvina-Aipasi | | Devaloka Time: 6:PM to 9:PM | |

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| ○ | | Tuesday, October 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revali Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Rochester, NY Sutra 191 Vilamba 5120 |
| Copper Retreat Star | | Gulika | 11:53AM – 1:14PM | Uttaraproshtapada Until 12:09PM | Ganesha: White | <i>Sunrise:</i> 6:33AM | | |
| Meena Rasi: 20.47 | Tithi 14 – 15 | Yama | 9:13AM – 10:33AM | Harshana Until 10:63PM | Muruga: Purple | <i>Sunset:</i> 5:14PM | Moon 9 - Phase 26 | Purnima |
| Creative Work | Siddha Yoga | 613652364 Rahu | 2:34PM – 3:54PM | Visti Until 11:64PM | Nataraja: Clear | | | |
| | | | | Chaturdashi* Until 12:14AM Tue | Moon – Clear | | Bhuloka Day | |
| | | | | | Ashvina-Aipasi | | Devaloka Time: 6:PM to 9:PM | |

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|----------------------------------|---------------|------------------------------------|-------------------|--|-----------------------|------------------------|---------------------|--|
| ○ | | Wednesday, October 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Rochester, NY Sutra 192 Vilamba 5120 |
| Silver Retreat Star | | Gulika | 10:33AM – 11:53AM | Ashvini Until 10:56AM Thu | Ganesha: Clear | <i>Sunrise:</i> 6:34AM | | |
| Mesha Rasi: 3.54 | Tithi 15 – 16 | Yama | 7:54AM – 9:14AM | Vajra* Until 9:25PM | Muruga: Purple | <i>Sunset:</i> 5:13PM | Moon 9 - Phase 26 | Prathama |
| Routine Work | Marana Yoga | 623652364 Rahu | 11:53AM – 1:13PM | Balava Until 10:86PM | Nataraja: Clear | | | |
| Until 10:56AM Thu | | | | Purnima* Until 10:63PM | Moon – White | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | Ashvina-Aipasi | | | |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.17 Tihi 16 - 17

624652364

Gulika 9:14AM - 10:34AM
Yama 6:35AM - 7:55AM
Rahu 1:13PM - 2:32PM

Ashvini Until 10:56AM
Siddhi Until 16:71AM Fri
Taitila Until 9:81PM
Prathama* Until 9:25PM

Ganesha: Clear *Sunrise:* 6:35AM
Muruga: Purple *Sunset:* 5:11PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga
Until 10:56AM
Then Routine Work - Marana Yoga

Friday, October 26, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 0.55 Tihi 17 - 18

624652364

Gulika 7:55AM - 9:15AM
Yama 2:32PM - 3:51PM
Rahu 10:34AM - 11:53AM

Krittika Until 9:40PM
Vyatipata* Until 5:11PM
Vanija Until 8:56PM
Dvitiya Until 16:71AM Fri

Ganesha: White *Sunrise:* 6:36AM
Muruga: Purple *Sunset:* 5:10PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga
Until 9:40PM
Then Routine Work - Marana Yoga

Saturday, October 27, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 14.43 Tihi 18 - 19

634652364

Gulika 6:38AM - 7:56AM
Yama 1:12PM - 2:31PM
Rahu 9:15AM - 10:34AM

Rohini Until 6:23AM Sun
Variyan Until 2:42PM
Bava Until 7:17PM
Tritiya Until 8:07AM

Ganesha: Clear *Sunrise:* 6:38AM
Muruga: Purple *Sunset:* 5:09PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga
Until 6:23AM Sun
Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Gara Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 28.39 Tihi 19 - 20

634652364

Gulika 2:30PM - 3:49PM
Yama 11:53AM - 1:12PM
Rahu 3:49PM - 5:07PM

Rohini Until 6:23AM
Parigha* Until 7:44PM
Gara Until 15:35AM Mon
Chaturthi* Until 6:23AM

Ganesha: Clear *Sunrise:* 6:39AM
Muruga: Purple *Sunset:* 5:07PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Monday, October 29, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Rochester, NY

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 12.4 Tihi 21

634652364

Gulika 1:11PM - 2:29PM
Yama 10:35AM - 11:53AM
Rahu 7:58AM - 9:16AM

Mrigashira Until 2:36AM Tue
Shiva Until 6:40AM Tue
Gara Until 3:35PM
Shashthi* Until 2:36AM Tue

Ganesha: Clear *Sunrise:* 6:40AM
Muruga: Purple *Sunset:* 5:06PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, October 30, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Rochester, NY

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 26.42 Tihi 22

644662364

Gulika 11:53AM - 1:11PM
Yama 9:17AM - 10:35AM
Rahu 2:29PM - 3:46PM

Punarvasu Until 10:39PM Wed
Siddha Until 6:40AM
Visti Until 11:40AM Wed
Saptami Until 6:40AM Tue

Ganesha: Purple *Sunrise:* 6:41AM
Muruga: Clear *Sunset:* 5:04PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Ashlesha* Nakshatra Subha Yoga Balava/Taitila Karana Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 10.46 Tihi 23

644662364

Gulika 10:35AM - 11:53AM
Yama 8:00AM - 9:18AM
Rahu 11:53AM - 1:10PM

Punarvasu Until 10:39PM
Subha Until 4:01PM
Balava Until 11:40AM
Ashtami* Until 10:39PM

Ganesha: Purple *Sunrise:* 6:43AM
Muruga: Clear *Sunset:* 5:03PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 24.51 Tihi 24

644662364

Gulika 9:18AM - 10:36AM
Yama 6:44AM - 8:01AM
Rahu 1:10PM - 2:27PM

Ashlesha* Until 6:42PM Fri
Sukla Until 10:21PM
Taitila Until 7:42AM Fri
Navami* Until 1:09AM Thu

Ganesha: Purple *Sunrise:* 6:44AM
Muruga: Clear *Sunset:* 5:02PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 6:42PM Fri
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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|-----------------------------------|-------------|--|-------------------------------|------------------------|------------------------|---------------------|
| 1 Friday, November 2, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Rochester, NY |
| Simha Rasi: 8.56 | Tithi 25 | Gulika 8:02AM – 9:19AM | Ashlesha* Until 6:42PM | Ganesh: Clear | <i>Sunrise:</i> 6:45AM | Sun 8 Sutra 201 |
| | | Yama 2:27PM – 3:43PM | Brahma Until 7:34PM | Muruga: Clear | <i>Sunset:</i> 5:00PM | Vilamba 5120 |
| | | 654662364 Rahu 10:36AM – 11:53AM | Vanija Until 7:42AM | Nataraja: Clear | | Moon 10 - Phase 28 |
| Routine Work | Marana Yoga | | Dashami Until 6:42PM | Moon – Red | | 2nd Phase |
| Until 6:42PM | | | | Ashvina•Aipasi | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | | |

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|-------------------------------------|---------------|--|---------------------------------------|------------------------|------------------------|---------------------|
| 2 Saturday, November 3, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau | | | | Rochester, NY |
| Simha Rasi: 23 | Tithi 26 – 27 | Gulika 6:46AM – 8:03AM | Purvaphalguni Until 2:57PM Sun | Ganesh: White | <i>Sunrise:</i> 6:46AM | Sun 9 Sutra 202 |
| | | Yama 1:09PM – 2:26PM | Indra Until 12:14PM | Muruga: Clear | <i>Sunset:</i> 4:59PM | Vilamba 5120 |
| | | 654762364 Rahu 9:20AM – 10:36AM | Taitila Until 3:52AM Sun | Nataraja: Clear | | Moon 10 - Phase 28 |
| Creative Work | Siddha Yoga | | Ekadashi* Until 7:34PM | Moon – Red | | 2nd Phase |
| Until 2:57PM Sun | | | | Ashvina•Aipasi | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | | | |

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| 3 Sunday, November 4, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Rochester, NY |
| Kanya Rasi: 7.01 | Tithi 27 – 28 | Gulika 2:25PM – 3:42PM | Purvaphalguni Until 2:57PM | Ganesh: White | <i>Sunrise:</i> 6:48AM | Sun 10 Sutra 203 |
| | | Yama 11:53AM – 1:09PM | Vaidhriti* Until 10:57AM | Muruga: Clear | <i>Sunset:</i> 4:58PM | Vilamba 5120 |
| | | 654762364 Rahu 3:42PM – 4:58PM | Gara Until 1:67AM Mon | Nataraja: Clear | | Moon 10 - Phase 28 |
| Creative Work | Amrita Yoga | | Dvadashi* Until 14:11AM Sun | Moon – Red | | 2nd Phase |
| | | | | Ashvina•Aipasi | | Devaloka Day |
| | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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|--|---------------|---|--------------------------------------|------------------------|------------------------|---------------------|
| 4 Monday, November 5, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau | | | | Rochester, NY |
| Kanya Rasi: 20.57 | Tithi 28 – 29 | Gulika 1:09PM – 2:25PM | Hasta Until 10:07AM | Ganesh: Green | <i>Sunrise:</i> 6:49AM | Sun 11 Sutra 204 |
| Family Home Evening | | Yama 10:37AM – 11:53AM | Vishkambha* Until 10:07AM | Muruga: Clear | <i>Sunset:</i> 4:57PM | Vilamba 5120 |
| | | 664762364 Rahu 8:05AM – 9:21AM | Sakuni Until 1:19PM | Nataraja: Clear | | Moon 10 - Phase 28 |
| Creative Work | Siddha Yoga | | Trayodashi* Until 11:58AM Tue | Moon – Green | | 2nd Phase |
| Until 10:07AM | | Subramuniyaswami Mahasamadhi | | Ashvina•Aipasi | | Devaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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|---------------------|---------------|--|--------------------------------------|------------------------|------------------------|---------------------|
| Retreat Star | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Rochester, NY |
| Tula Rasi: 4.43 | Tithi 29 – 30 | Gulika 11:53AM – 1:08PM | Chitra Until 9:24AM | Ganesh: Green | <i>Sunrise:</i> 6:50AM | Sun 12 Sutra 205 |
| | | Yama 9:22AM – 10:37AM | Priti Until 9:24AM | Muruga: Clear | <i>Sunset:</i> 4:55PM | Vilamba 5120 |
| | | 664762364 Rahu 2:24PM – 3:40PM | Catuspada Until 10:88PM | Nataraja: Clear | | Moon 10 - Phase 28 |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 9:24AM Tue | Moon – Green | | Amavasya |
| | | | | Ashvina•Aipasi | | Devaloka Day |

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|---------------------|--------------|---|--------------------------------|------------------------|------------------------|---------------------|
| Retreat Star | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Rochester, NY |
| Tula Rasi: 18.16 | Tithi 30 – 1 | Gulika 10:38AM – 11:53AM | Svati Until 10:37AM Thu | Ganesh: Clear | <i>Sunrise:</i> 6:52AM | Sun 13 Sutra 206 |
| | | Yama 8:07AM – 9:22AM | Ayushman Until 7:25AM | Muruga: Clear | <i>Sunset:</i> 4:54PM | Vilamba 5120 |
| | | 765762364 Rahu 11:53AM – 1:08PM | Kintughna Until 10:46PM | Nataraja: Clear | | Moon 10 - Phase 28 |
| Creative Work | Siddha Yoga | | Amavasya* Until 9:24AM | Moon – Green | | Prathama |
| | | Skanda Shasthi Begins | | Karttika•Aipasi | | Sivaloka Day |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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|-----------------------|--|-------------------------------------|---|---|---|---|---------------------------------|---|
| 1 | | Thursday, November 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Rochester, NY Sun 14 Sutra 207 Vilamba 5120 |
| Vrischika Rasi: 1.32 | Tithi 1 – 2 | Gulika Yama | 9:23AM – 10:38AM 6:53AM – 8:08AM | Svati Until 10:37AM Sobhana Until 4:45AM Fri | Ganesh: Orange Muruga: Clear Nataraja: Clear | <i>Sunrise:</i> 6:54AM <i>Sunset:</i> 4:53PM | Moon 10 - Phase 29 3rd Phase | |
| Creative Work | Siddha Yoga | 775762364 | Rahu 1:08PM – 2:23PM | Balava Until 10:39PM Prathama* Until 10:37AM | Moon – Orange Karttika•Aipasi | Sivaloka Day | | |
| 2 | | Friday, November 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau | | | | Rochester, NY Sun 15 Sutra 208 Vilamba 5120 |
| Vrischika Rasi: 14.31 | Tithi 2 – 3 | Gulika Yama | 8:09AM – 9:24AM 2:22PM – 3:37PM | Anuradha Until 10:02AM Athiganda* Until 10:02AM | Ganesh: Orange Muruga: Clear Nataraja: Clear | <i>Sunrise:</i> 6:54AM <i>Sunset:</i> 4:52PM | Moon 10 - Phase 29 3rd Phase | |
| Creative Work | Siddha Yoga | 775762364 | Rahu 10:38AM – 11:53AM | Gara Until 10:72PM Dvitiya Until 4:45AM Fri | Moon – Orange Karttika•Aipasi | Sivaloka Day | | |
| Until 10:02AM | Then Routine Work - Marana Yoga | | | | | | | |
| 3 | | Saturday, November 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | Rochester, NY Sun 16 Sutra 209 Vilamba 5120 |
| Vrischika Rasi: 27.09 | Tithi 3 – 4 | Gulika Yama | 6:55AM – 8:10AM 1:08PM – 2:22PM | Jyeshtha* Until 1:15PM Sun Sukarma Until 4:03AM Sun | Ganesh: Orange Muruga: Clear Nataraja: Clear | <i>Sunrise:</i> 6:55AM <i>Sunset:</i> 4:51PM | Moon 10 - Phase 29 3rd Phase | |
| Creative Work | Siddha Yoga | 775762364 | Rahu 9:24AM – 10:39AM | Vanija Until 12:25AM Sun Tritiya Until 11:42AM | Moon – Orange Karttika•Aipasi | Sivaloka Day | | |
| 4 | | Sunday, November 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau | | | | Rochester, NY Sun 17 Sutra 210 Vilamba 5120 |
| Dhanus Rasi: 9.3 | Tithi 4 – 5 | Gulika Yama | 2:22PM – 3:36PM 11:53AM – 1:07PM | Jyeshtha* Until 1:15PM Dhriti Until 1:31PM | Ganesh: Clear Muruga: Clear Nataraja: Clear | <i>Sunrise:</i> 6:57AM <i>Sunset:</i> 4:50PM | Moon 10 - Phase 29 3rd Phase | |
| Creative Work | Amrita Yoga | 785762364 | Rahu 3:36PM – 4:50PM | Balava Until 14:83AM Mon Chaturthi* Until 1:15PM | Moon – Light Blue Karttika•Aipasi | Sivaloka Day | | |
| Until 1:15PM | Then Creative Work - Siddha Yoga | | | | | | | |
| 5 | | Monday, November 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau | | | | Rochester, NY Sun 18 Sutra 211 Vilamba 5120 |
| Dhanus Rasi: 21.36 | Tithi 5 – 6 | Gulika Yama | 1:07PM – 2:21PM 10:40AM – 11:53AM | Purvashadha* Until 4:08PM Shula* Until 4:08PM | Ganesh: Clear Muruga: Clear Nataraja: Clear | <i>Sunrise:</i> 6:58AM <i>Sunset:</i> 4:49PM | Moon 10 - Phase 29 3rd Phase | |
| Family Home Evening | | 785762364 | Rahu 8:12AM – 9:26AM | Taitila Until 17:55AM Tue Panchami Until 3:23PM | Moon – Light Blue Karttika•Aipasi | Sivaloka Day | | |
| Routine Work | Marana Yoga | | | | | | | |
| 6 | | Tuesday, November 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Rochester, NY Sun 19 Sutra 212 Vilamba 5120 |
| Magara Rasi: 3.31 | Tithi 6 – 7 | Gulika Yama | 11:53AM – 1:07PM 9:26AM – 10:40AM | Uttarashadha Until 8:38PM Wed Ganda* Until 6:70AM Thu Wed | Ganesh: Clear Muruga: Clear Nataraja: Clear | <i>Sunrise:</i> 6:59AM <i>Sunset:</i> 4:48PM | Moon 10 - Phase 29 3rd Phase | |
| Routine Work | Prabalarishta Yoga | 785762364 | Rahu 2:21PM – 3:34PM | Gara Until 6:78AM Wed Shashthi* Until 5:12AM Tue | Moon – Light Blue Karttika•Aipasi | Sivaloka Day | | |
| Until 8:38PM Wed | Then Creative Work - Siddha Yoga | | | | | | | |
| | | Wednesday, November 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau | | | | Rochester, NY Sun 20 Sutra 213 Vilamba 5120 |
| Magara Rasi: 15.2 | Tithi 7 | Gulika Yama | 10:40AM – 11:54AM 8:14AM – 9:27AM | Uttarashadha Until 8:38PM Ganda* Until 6:70AM Thu | Ganesh: Purple Muruga: Clear Nataraja: Clear | <i>Sunrise:</i> 7:01AM <i>Sunset:</i> 4:47PM | Moon 10 - Phase 29 3rd Phase | |
| Creative Work | Siddha Yoga | 795762364 | Rahu 11:54AM – 1:07PM | Gara Until 9:59AM Thu Saptami Until 6:10AM Wed | Moon – Purple Karttika•Aipasi | Subha Sivaloka Day | | |
| Until 8:38PM | Then Routine Work - Prabalarishta Yoga | | | | | | | |
| 7 | | Thursday, November 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Rochester, NY Sun 21 Sutra 214 Vilamba 5120 |
| Magara Rasi: 27.07 | Tithi 8 | Gulika Yama | 9:28AM – 10:41AM 7:02AM – 8:15AM | Dhanishtha Until 1:27AM Sat Fri Vriddhi Until 7:10AM | Ganesh: Purple Muruga: Clear Nataraja: Clear | <i>Sunrise:</i> 7:02AM <i>Sunset:</i> 4:46PM | Moon 10 - Phase 29 Ashtami | |
| Creative Work | Siddha Yoga | 795762364 | Rahu 1:07PM – 2:20PM | Visti Until 12:25AM Fri Ashtami* Until 6:70AM Thu | Moon – Purple Karttika•Aipasi | Subha Sivaloka Day | | |
| 8 | | Friday, November 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau | | | | Rochester, NY Sun 22 Sutra 215 Vilamba 5120 |
| Kumbha Rasi: 8.59 | Tithi 9 | Gulika Yama | 8:16AM – 9:29AM 2:19PM – 3:32PM | Dhanishtha Until 1:27AM Sat Dhruva Until 7:89AM Sat | Ganesh: Purple Muruga: Clear Nataraja: Clear | <i>Sunrise:</i> 7:03AM <i>Sunset:</i> 4:45PM | Moon 10 - Phase 29 Navami | |
| Creative Work | Siddha Yoga | 795762364 | Rahu 10:41AM – 11:54AM | Balava Until 13:83AM Sat Navami* Until 7:10AM | Moon – Purple Karttika•Kartikai | Subha Sivaloka Day | | |
| Until 1:27AM Sat | Then Routine Work - Marana Yoga | | | | | | | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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| 1 | | Saturday, November 17, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Kumbha Rasi: 21.02 | | Tiithi 10 | | Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau | | Sun 23 | | Sutra 216 | |
| | | 716762365 | | Gulika 7:04AM – 8:17AM | Purvaprossthapada* Until 4:02AM Mon | Ganesha: Red | <i>Sunrise:</i> 7:04AM | Vilamba 5120 | |
| | | | | Yama 1:07PM – 2:19PM | Vyaghata* Until 8:29AM | Muruga: Clear | <i>Sunset:</i> 4:44PM | Moon 10 - Phase 30 | |
| Routine Work Marana Yoga | | | | Rahu 9:29AM – 10:42AM | Tailila Until 15:41AM Sun | Nataraja: White | | | 4th Phase |
| Until 4:02AM Mon Sun | | | | Dashami Until 7:89AM Sat | | Moon – Clear | Devaloka Day | | |
| Then Creative Work - Amrita Yoga | | | | | | Karttika-Karttikai | | | |

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| 2 | | Sunday, November 18, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Meena Rasi: 3.19 | | Tiithi 11 | | Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau | | Sun 24 | | Sutra 217 | |
| | | 716762365 | | Gulika 2:19PM – 3:31PM | Purvaprossthapada* Until 4:13AM Tue | Ganesha: Red | <i>Sunrise:</i> 7:06AM | Vilamba 5120 | |
| | | | | Yama 11:54AM – 1:07PM | Harshana Until 8:32AM | Muruga: Clear | <i>Sunset:</i> 4:43PM | Moon 10 - Phase 30 | |
| Creative Work Siddha Yoga | | | | Rahu 3:31PM – 4:43PM | Vanija Until 3:41PM | Nataraja: White | | | 4th Phase |
| | | | | Ekadashi Until 4:02AM Mon | | Moon – Clear | Devaloka Day | | |
| | | | | | | Karttika-Karttikai | | | |

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| 3 | | Monday, November 19, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Meena Rasi: 15.54 | | Tiithi 12 | | Purvaprossthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashyam Titau | | Sun 25 | | Sutra 218 | |
| | | 716762365 | | Gulika 1:07PM – 2:19PM | Purvaprossthapada* Until 4:13AM Tue | Ganesha: Red | <i>Sunrise:</i> 7:07AM | Vilamba 5120 | |
| | | | | Yama 10:43AM – 11:55AM | Vajra* Until 7:25AM | Muruga: Clear | <i>Sunset:</i> 4:42PM | Moon 10 - Phase 30 | |
| Family Home Evening | | | | Rahu 8:19AM – 9:31AM | Bava Until 15:63AM Tue | Nataraja: White | | | 4th Phase |
| Creative Work Siddha Yoga | | | | Dvadashi Until 8:32AM | | Moon – Clear | Devaloka Day | | |
| | | | | | | Karttika-Karttikai | | | |

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| 4 | | Tuesday, November 20, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Meena Rasi: 28.5 | | Tiithi 13 | | Revati/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Kaulava/Tailila Karana Trayodashyam Titau | | Sun 26 | | Sutra 219 | |
| | | 716762365 | | Gulika 11:55AM – 1:07PM | Revati Until 2:28AM Thu Wed | Ganesha: Red | <i>Sunrise:</i> 7:08AM | Vilamba 5120 | |
| | | | | Yama 9:31AM – 10:43AM | Siddhi Until 6:53AM | Muruga: Clear | <i>Sunset:</i> 4:42PM | Moon 10 - Phase 30 | |
| Creative Work Siddha Yoga | | | | Rahu 2:18PM – 3:30PM | Kaulava Until 4:03PM | Nataraja: White | | | 4th Phase |
| | | | | Trayodashi Until 3:40AM Wed | | Moon – Clear | Devaloka Day | | |
| | | | | | | Karttika-Karttikai | | | |

Pradosha Vrata

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| 5 | | Wednesday, November 21, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Mesha Rasi: 12.1 | | Tiithi 14 | | Revati/Bharani Nakshatra Variyan Yoga Gara/Visti* Karana Chaturdashyam Titau | | Sun 27 | | Sutra 220 | |
| | | 726762365 | | Gulika 10:44AM – 11:55AM | Revati Until 2:28AM Thu | Ganesha: Blue | <i>Sunrise:</i> 7:09AM | Vilamba 5120 | |
| | | | | Yama 8:21AM – 9:32AM | Variyan Until 8:03AM | Muruga: Clear | <i>Sunset:</i> 4:41PM | Moon 10 - Phase 30 | |
| Routine Work Marana Yoga | | | | Rahu 11:55AM – 1:07PM | Gara Until 3:10PM | Nataraja: White | | | 4th Phase |
| Until 2:28AM Thu | | | | Chaturdashi* Until 2:28AM Thu | | Moon – White | Bhuloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | | Karttika-Karttikai | | Devaloka Time: 12:PM to 3:PM | |

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|---------------------------------|--|------------------------------------|--|---|-----------------------------------|--|------------------------|------------------------------|---------|
| ○ | | Thursday, November 22, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Copper Retreat Star | | | | Bharani/Krittika Nakshatra Parigha* Yoga Visti* Karana Purnimayam Titau | | Sun 27 | | Sutra 221 | |
| Mesha Rasi: 25.51 | | Tiithi 15 | | Bharani Until 7:23AM | | Sun 27 | | Sutra 221 | |
| | | 726762365 | | Gulika 9:33AM – 10:44AM | Parigha* Until 7:23AM | Ganesha: Blue | <i>Sunrise:</i> 7:11AM | Vilamba 5120 | |
| | | | | Yama 7:11AM – 8:22AM | Visti Until 1:40PM | Muruga: Clear | <i>Sunset:</i> 4:40PM | Moon 10 - Phase 30 | |
| Creative Work Siddha Yoga | | | | Rahu 1:07PM – 2:18PM | Purnima* Until 12:43AM Fri | Nataraja: White | | | Purnima |
| Until 7:23AM | | | | Krittika Deepam | | Moon – White | Bhuloka Day | | |
| Then Routine Work - Marana Yoga | | | | | | Karttika-Karttikai | | Devaloka Time: 12:PM to 3:PM | |

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| ○ | | Friday, November 23, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Silver Retreat Star | | | | Krittika/Rohini Nakshatra Shiva Yoga Balava/Tailila Karana Prathamayam Titau | | Sun 28 | | Sutra 222 | |
| Vrishabha Rasi: 9.52 | | Tiithi 16 | | Krittika Until 6:05AM | | Sun 28 | | Sutra 222 | |
| | | 726762365 | | Gulika 8:23AM – 9:34AM | Shiva Until 9:29PM | Ganesha: Blue | <i>Sunrise:</i> 7:12AM | Vilamba 5120 | |
| | | | | Yama 2:18PM – 3:29PM | Balava Until 8:85AM Sat | Muruga: Clear | <i>Sunset:</i> 4:40PM | Moon 10 - Phase 30 | |
| Creative Work Siddha Yoga | | | | Rahu 10:45AM – 11:56AM | Prathama* Until 12:25AM Fri | Nataraja: White | | | Prathama |
| Until 6:05AM | | | | Vinayaga Viratam Begins | | Moon – White | Bhuloka Day | | |
| Then Routine Work - Marana Yoga | | | | | | Karttika-Karttikai | | Devaloka Time: 12:PM to 3:PM | |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Rochester, NY

Virshabha Rasi: 24.06 Tihi 17

737762365

Gulika 7:13AM – 8:24AM
Yama 1:07PM – 2:17PM
Rahu 9:34AM – 10:45AM

Mrigashira Until 2:56AM Sun
Siddha Until 2:56AM Sun
Taitila Until 9:25AM
Dvitiya Until 7:70PM

Ganesha: Red *Sunrise:* 7:13AM
Muruga: Clear *Sunset:* 4:39PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Vilamba 5120
Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Balava Karana Tritiya/Chaturthyam Titau

Rochester, NY

Mithuna Rasi: 8.29 Tihi 18 – 19

737762365

Gulika 2:17PM – 3:28PM
Yama 11:56AM – 1:07PM
Rahu 3:28PM – 4:38PM

Ardra Until 12:57AM Mon
Sadhya Until 12:57AM Mon
Vanija Until 3:81AM Mon
Tritiya Until 6:19PM

Ganesha: Red *Sunrise:* 7:14AM
Muruga: Clear *Sunset:* 4:38PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Sun 1 Sutra 224
Vilamba 5120
Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Rochester, NY

Mithuna Rasi: 22.56 Tihi 19 – 20

747762365

Gulika 1:07PM – 2:17PM
Yama 10:46AM – 11:57AM
Rahu 8:26AM – 9:36AM

Punarvasu Until 11:16PM
Subha Until 11:16PM
Taitila Until 12:36AM Tue
Chaturthi* Until 3:04PM

Ganesha: Green *Sunrise:* 7:15AM
Muruga: Clear *Sunset:* 4:38PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Sun 2 Sutra 225
Vilamba 5120
Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Rochester, NY

Kataka Rasi: 7.21 Tihi 20 – 21

747862365

Gulika 11:57AM – 1:07PM
Yama 9:37AM – 10:47AM
Rahu 2:17PM – 3:27PM

Pushya Until 10:17AM Wed
Sukla Until 9:34PM
Vanija Until 10:86PM
Panchami Until 8:30AM Tue

Ganesha: White *Sunrise:* 7:16AM
Muruga: Clear *Sunset:* 4:37PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Sun 3 Sutra 226
Vilamba 5120
Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY

Kataka Rasi: 21.4 Tihi 21 – 22

747863365

Gulika 10:47AM – 11:57AM
Yama 8:28AM – 9:37AM
Rahu 11:57AM – 1:07PM

Pushya Until 10:17AM
Indra Until 2:27AM Thu
Visti Until 9:14PM
Shashthi* Until 10:17AM

Ganesha: White *Sunrise:* 7:18AM
Muruga: Purple *Sunset:* 4:37PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Sun 4 Sutra 227
Vilamba 5120
Moon 11 - Phase 31
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Simha Rasi: 5.5 Tihi 22 – 23

757863365

Gulika 9:38AM – 10:48AM
Yama 7:19AM – 8:28AM
Rahu 1:07PM – 2:17PM

Ashlesha* Until 8:12AM
Vaidhriti* Until 11:41PM
Balava Until 7:17PM
Saptami Until 2:27AM Thu

Ganesha: Clear *Sunrise:* 7:19AM
Muruga: Purple *Sunset:* 4:36PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Sun 5 Sutra 228
Vilamba 5120
Moon 11 - Phase 31
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 8:12AM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Rochester, NY

Simha Rasi: 19.52 Tihi 23 – 24

758863365

Gulika 8:29AM – 9:39AM
Yama 2:17PM – 3:27PM
Rahu 10:48AM – 11:58AM

Purvaphalguni Until 5:45PM
Vishkambha* Until 5:45PM
Gara Until 4:49AM Sat
Ashtami* Until 6:22AM

Ganesha: Orange *Sunrise:* 7:20AM
Muruga: Purple *Sunset:* 4:36PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Sun 6 Sutra 229
Vilamba 5120
Moon 11 - Phase 31
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

| | | | | | | | | | |
|------------------|--|-----------------------------------|--|-----------|--|---|--|-------------------------------------|--|
| 1 | | Saturday, December 1, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Kanya Rasi: 3.42 | | Tithi 25 | | 758863365 | | Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Vishti* Karana Dashamyam Titau | | Sun 7 Sutra 230 | |
| Routine Work | | Marana Yoga | | 758863365 | | Gulika 7:21AM – 8:30AM | | Uttaraphalguni Until 2:32AM Mon Sun | |
| | | | | 758863365 | | Yama 1:08PM – 2:17PM | | Priti Until 6:50PM | |
| | | | | 758863365 | | Rahu 9:40AM – 10:49AM | | Vanija Until 4:09PM | |
| | | | | 758863365 | | | | Ganesh: Orange Sunrise: 7:21AM | |
| | | | | 758863365 | | | | Muruga: Purple Sunset: 4:36PM | |
| | | | | 758863365 | | | | Nataraja: White | |
| | | | | 758863365 | | | | Moon – Red | |
| | | | | 758863365 | | | | Moon – Red | |
| | | | | 758863365 | | | | Karttika-Karttikai | |
| | | | | 758863365 | | | | Bhuloka Day | |
| | | | | 758863365 | | | | Devaloka Time: 6:AM to 9:AM | |

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| 2 | | Sunday, December 2, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Kanya Rasi: 17.23 | | Tithi 26 | | 768863365 | | Uttaraphalguni/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava Karana Ekadashyam Titau | | Sun 8 Sutra 231 | |
| Creative Work | | Amrita Yoga | | 768863365 | | Gulika 2:17PM – 3:26PM | | Uttaraphalguni Until 2:32AM Mon | |
| Until 2:32AM Mon | | | | 768863365 | | Yama 11:59AM – 1:08PM | | Ayushman Until 4:43PM | |
| Then Routine Work - Prabalarishta Yoga | | | | 768863365 | | Rahu 3:26PM – 4:35PM | | Bava Until 3:01PM | |
| | | | | 768863365 | | | | Muruga: Purple Sunrise: 7:22AM | |
| | | | | 768863365 | | | | Nataraja: White Sunset: 4:35PM | |
| | | | | 768863365 | | | | Moon – Green | |
| | | | | 768863365 | | | | Moon – Green | |
| | | | | 768863365 | | | | Karttika-Karttikai | |
| | | | | 768863365 | | | | Bhuloka Day | |

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| 3 | | Monday, December 3, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Tula Rasi: 0.53 | | Tithi 27 | | 768863365 | | Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Sun 9 Sutra 232 | |
| Family Home Evening | | Prabalarishta Yoga | | 768863365 | | Gulika 1:08PM – 2:17PM | | Chitra Until 1:34AM Wed Tue | |
| Routine Work | | | | 768863365 | | Yama 10:50AM – 11:59AM | | Saubhagya Until 2:52PM | |
| Until 1:34AM Wed Tue | | | | 768863365 | | Rahu 8:32AM – 9:41AM | | Kaulava Until 2:11PM | |
| Then Creative Work - Amrita Yoga | | | | 768863365 | | | | Muruga: Purple Sunrise: 7:23AM | |
| | | | | 768863365 | | | | Nataraja: White Sunset: 4:35PM | |
| | | | | 768863365 | | | | Moon – Green | |
| | | | | 768863365 | | | | Moon – Green | |
| | | | | 768863365 | | | | Karttika-Karttikai | |
| | | | | 768863365 | | | | Bhuloka Day | |

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| 4 | | Tuesday, December 4, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Tula Rasi: 14.13 | | Tithi 28 | | 768863365 | | Chitra/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau | | Sun 10 Sutra 233 | |
| Creative Work | | Siddha Yoga | | 768863365 | | Gulika 12:00PM – 1:08PM | | Chitra Until 1:34AM Wed | |
| | | | | 768863365 | | Yama 9:42AM – 10:51AM | | Sobhana Until 12:00AM Wed | |
| | | | | 768863365 | | Rahu 2:17PM – 3:26PM | | Gara Until 1:41PM | |
| | | | | 768863365 | | | | Muruga: Purple Sunrise: 7:24AM | |
| | | | | 768863365 | | | | Nataraja: White Sunset: 4:35PM | |
| | | | | 768863365 | | | | Moon – Green | |
| | | | | 768863365 | | | | Moon – Green | |
| | | | | 768863365 | | | | Karttika-Karttikai | |
| | | | | 768863365 | | | | Bhuloka Day | |
| | | | | 768863365 | | | | Pradosha Vrata (Fasting) | |

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| 5 | | Wednesday, December 5, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Tula Rasi: 27.21 | | Tithi 29 | | 778863365 | | Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visiti*/Catuspada* Karana Chaturdashyam Titau | | Sun 11 Sutra 234 | |
| Creative Work | | Siddha Yoga | | 778863365 | | Gulika 10:51AM – 12:00PM | | Vishakha Until 2:20AM Fri Thu | |
| | | | | 778863365 | | Yama 8:34AM – 9:43AM | | Athiganda* Until 5:03PM | |
| | | | | 778863365 | | Rahu 12:00PM – 1:09PM | | Visiti Until 1:36PM | |
| | | | | 778863365 | | | | Muruga: Purple Sunrise: 7:25AM | |
| | | | | 778863365 | | | | Nataraja: White Sunset: 4:35PM | |
| | | | | 778863365 | | | | Moon – Orange | |
| | | | | 778863365 | | | | Moon – Orange | |
| | | | | 778863365 | | | | Karttika-Karttikai | |
| | | | | 778863365 | | | | Bhuloka Day | |

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| ● | | Thursday, December 6, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Vrischika Rasi: 10.15 | | Tithi 30 | | 778863365 | | Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Catuspada* Karana Amavasyayam Titau | | Sun 12 Sutra 235 | |
| Creative Work | | Siddha Yoga | | 778863365 | | Gulika 9:43AM – 10:52AM | | Vishakha Until 2:20AM Fri | |
| Until 2:20AM Fri | | | | 778863365 | | Yama 7:26AM – 8:35AM | | Sukarma Until 10:33AM Fri | |
| Then Routine Work - Marana Yoga | | | | 778863365 | | Rahu 1:09PM – 2:17PM | | Catuspada Until 1:59PM | |
| | | | | 778863365 | | | | Muruga: Purple Sunrise: 7:26AM | |
| | | | | 778863365 | | | | Nataraja: White Sunset: 4:35PM | |
| | | | | 778863365 | | | | Moon – Orange | |
| | | | | 778863365 | | | | Moon – Orange | |
| | | | | 778863365 | | | | Karttika-Karttikai | |
| | | | | 778863365 | | | | Bhuloka Day | |

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| Friday, December 7, 2018 | | Retreat Star | | | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Vrischika Rasi: 22.56 | | Tithi 1 | | 779863365 | | Jyeshtha*/Nakshatra Dhriti/Shula* Yoga Kintughna* Karana Prathamayam Titau | | Sun 13 Sutra 236 | |
| Routine Work | | Marana Yoga | | 779863365 | | Gulika 8:36AM – 9:44AM | | Jyeshtha* Until 7:25PM | |
| Until 7:25PM | | | | 779863365 | | Yama 2:18PM – 3:26PM | | Dhriti Until 7:25PM | |
| Then Creative Work - Amrita Yoga | | | | 779863365 | | Rahu 10:52AM – 12:01PM | | Kintughna Until 2:52PM | |
| | | | | 779863365 | | | | Muruga: Purple Sunrise: 7:27AM | |
| | | | | 779863365 | | | | Nataraja: White Sunset: 4:34PM | |
| | | | | 779863365 | | | | Moon – Orange | |
| | | | | 779863365 | | | | Moon – Orange | |
| | | | | 779863365 | | | | Margasira-Karttikai | |
| | | | | 779863365 | | | | Bhuloka Day | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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|---------------------|-------------|-------------------------------------|---|--|--|---|---------------------------------|---------------------------|
| 1 | | Saturday, December 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava Karana Dvitiyayam Titau | | | Rochester, NY Sun 14 | Sutra 237 Vilamba 5120 |
| Dhanus Rasi: 5.22 | Tithi 2 | Gulika Yama | 7:28AM – 8:36AM 1:10PM – 2:18PM | Mula* Until 9:36PM Shula* Until 10:24AM | Ganesh: Purple Muruga: Purple Nataraja: White | Sunrise: 7:28AM Sunset: 4:34PM | Moon 11 - Phase 33 3rd Phase | |
| Creative Work | Siddha Yoga | 789863365 | Rahu 9:45AM – 10:53AM | Balava Until 4:18PM Dvitiya Until 4:71AM Sun | Moon – Light Blue Margasira•Karttikai | Bhuloka Day | | |
| 2 | | Sunday, December 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Taitila Karana Tritiyayam Titau | | | Rochester, NY Sun 15 | Sutra 238 Vilamba 5120 |
| Dhanus Rasi: 17.34 | Tithi 3 | Gulika Yama | 2:18PM – 3:26PM 12:02PM – 1:10PM | Purvashadha* Until 12:07AM Mon Ganda* Until 10:41AM | Ganesh: Purple Muruga: Purple Nataraja: White | Sunrise: 7:29AM Sunset: 4:34PM | Moon 11 - Phase 33 3rd Phase | |
| Creative Work | Siddha Yoga | 789863365 | Rahu 3:26PM – 4:34PM | Taitila Until 6:15PM Tritiya Until 7:22AM Mon | Moon – Light Blue Margasira•Karttikai | Bhuloka Day | | |
| | | | | Until 12:07AM Mon Then Routine Work - Marana Yoga | | | | |
| 3 | | Monday, December 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara Karana Tritiya/Chaturchyam Titau | | | Rochester, NY Sun 16 | Sutra 239 Vilamba 5120 |
| Dhanus Rasi: 29.35 | Tithi 3 – 4 | Gulika Yama | 1:10PM – 2:18PM 10:54AM – 12:02PM | Uttarashadha Until 2:51AM Tue Vriddhi Until 11:18AM | Ganesh: Purple Muruga: Purple Nataraja: White | Sunrise: 7:30AM Sunset: 4:34PM | Moon 11 - Phase 33 3rd Phase | |
| Family Home Evening | | 789863365 | Rahu 8:38AM – 9:46AM | Gara Until 7:22AM Tritiya Until 7:22AM | Moon – Light Blue Margasira•Karttikai | Bhuloka Day | | |
| Routine Work | Marana Yoga | | | Until 2:51AM Tue Then Creative Work - Siddha Yoga | | | | |
| 4 | | Tuesday, December 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti* Karana Chaturchi/Panchamyam Titau | | | Rochester, NY Sun 17 | Sutra 240 Vilamba 5120 |
| Makara Rasi: 11.28 | Tithi 4 – 5 | Gulika Yama | 12:03PM – 1:11PM 9:47AM – 10:55AM | Shravana Until 6:08AM Wed Dhruva Until 12:10PM | Ganesh: Clear Muruga: Purple Nataraja: White | Sunrise: 7:31AM Sunset: 4:34PM | Moon 11 - Phase 33 3rd Phase | |
| Creative Work | Siddha Yoga | 799863365 | Rahu 2:19PM – 3:27PM | Visti Until 9:55AM Chaturchi* Until 12:40AM Wed | Moon – Purple Margasira•Karttikai | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | |
| | | | | Until 6:08AM Wed Then Routine Work - Prabalarishta Yoga | | | | |
| 5 | | Wednesday, December 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | Rochester, NY Sun 18 | Sutra 241 Vilamba 5120 |
| Makara Rasi: 23.15 | Tithi 5 – 6 | Gulika Yama | 10:55AM – 12:03PM 8:40AM – 9:47AM | Shravana Until 3:22PM Thu Vyaghata* Until 1:10PM | Ganesh: Clear Muruga: Purple Nataraja: White | Sunrise: 7:32AM Sunset: 4:35PM | Moon 11 - Phase 33 3rd Phase | |
| Creative Work | Siddha Yoga | 799863365 | Rahu 12:03PM – 1:11PM | Kaulava Until 12:40PM Panchami Until 14:82AM Thu | Moon – Purple Margasira•Karttikai | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | |
| | | | | Until 3:22PM Thu Then Routine Work - Prabalarishta Yoga | | | | |
| 6 | | Thursday, December 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila Karana Shashthi/Saptamyam Titau | | | Rochester, NY Sun 19 | Sutra 242 Vilamba 5120 |
| Kumbha Rasi: 5.02 | Tithi 6 – 7 | Gulika Yama | 9:48AM – 10:56AM 7:32AM – 8:40AM | Shravana Until 3:22PM Harshana Until 9:17AM | Ganesh: Clear Muruga: Purple Nataraja: White | Sunrise: 7:32AM Sunset: 4:35PM | Moon 11 - Phase 33 3rd Phase | |
| Creative Work | Siddha Yoga | 799863365 | Rahu 1:11PM – 2:19PM | Taitila Until 3:22PM Shashthi* Until 3:22PM | Moon – Purple Margasira•Karttikai | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | |
| | | | | Vinayaga Viratam Ends | | | | |
| Retreat Star | | Friday, December 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija Karana Saptami/Ashtamyam Titau | | | Rochester, NY Sun 20 | Sutra 243 Vilamba 5120 |
| Kumbha Rasi: 16.53 | Tithi 7 – 8 | Gulika Yama | 8:41AM – 9:49AM 2:20PM – 3:27PM | Shatabhishak Until 12:04PM Vajra* Until 2:55PM | Ganesh: Clear Muruga: Purple Nataraja: White | Sunrise: 7:33AM Sunset: 4:35PM | Moon 11 - Phase 33 3rd Phase | |
| Creative Work | Siddha Yoga | 799863365 | Rahu 10:56AM – 12:04PM | Vanija Until 5:49PM Saptami Until 19:45AM Sat | Moon – Purple Margasira•Karttikai | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | |
| | | | | Until 5:49PM | | | | |
| Retreat Star | | Saturday, December 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Ashtamyam Titau | | | Rochester, NY Sun 21 | Sutra 244 Vilamba 5120 |
| Kumbha Rasi: 28.53 | Tithi 8 | Gulika Yama | 7:34AM – 8:42AM 1:12PM – 2:20PM | Purvaproshtapada* Until 2:45PM Siddhi Until 2:45PM | Ganesh: Clear Muruga: Purple Nataraja: White | Sunrise: 7:34AM Sunset: 4:35PM | Moon 11 - Phase 33 Ashtami | |
| Routine Work | Marana Yoga | 711863365 | Rahu 9:49AM – 10:57AM | Visti Until 6:53AM Ashtami* Until 7:45PM | Moon – Clear Margasira•Markali | Bhuloka Day Devaloka Time: 6:AM to 9:AM | | |
| | | | | Until 2:45PM Then Creative Work - Siddha Yoga | | | | |
| Retreat Star | | Sunday, December 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Navamyam Titau | | | Rochester, NY Sun 22 | Sutra 245 Vilamba 5120 |
| Meena Rasi: 11.08 | Tithi 9 | Gulika Yama | 2:20PM – 3:28PM 12:05PM – 1:13PM | Uttaraproshtapada Until 4:38PM Vyatipata* Until 3:18PM | Ganesh: Purple Muruga: Purple Nataraja: White | Sunrise: 7:35AM Sunset: 4:35PM | Moon 11 - Phase 33 Navami | |
| Creative Work | Amrita Yoga | 811863365 | Rahu 3:28PM – 4:35PM | Balava Until 8:30AM Navami* Until 8:61PM | Moon – Clear Margasira•Markali | Bhuloka Day | | |
| | | | | Until 8:30AM | | | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

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|----------------------------|--|----------------------------------|--|--|-------------------|---|--------------------------|------------------------|--------------------|
| 1 | | Monday, December 17, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Meena Rasi: 23.41 | | Tihti 10 | | Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau | | Sun 23 | | Sutra 246 | |
| Family Home Evening | | 811863365 | | Gulika | 1:13PM – 2:21PM | Revati Until 9:08PM Tue | Ganesh: Purple | <i>Sunrise:</i> 7:35AM | Vilamba 5120 |
| Creative Work | | Siddha Yoga | | Yama | 10:58AM – 12:06PM | Variyan Until 2:38PM | Muruga: Purple | <i>Sunset:</i> 4:36PM | Moon 11 - Phase 34 |
| | | | | Rahu | 8:43AM – 9:50AM | Taitila Until 9:22AM | Nataraja: White | | 4th Phase |
| | | | | | | Dashami Until 9:29PM | Moon – Clear | | Bhuloka Day |
| | | | | | | | Margasira*Markali | | |

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| 2 | | Tuesday, December 18, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Mesha Rasi: 6.37 | | Tihti 11 | | Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau | | Sun 24 | | Sutra 247 | |
| Creative Work | | Siddha Yoga | | Gulika | 12:06PM – 1:14PM | Revati Until 9:08PM | Ganesh: Clear | <i>Sunrise:</i> 7:36AM | Vilamba 5120 |
| | | | | Yama | 9:51AM – 10:59AM | Parigha* Until 11:26AM Wed | Muruga: Purple | <i>Sunset:</i> 4:36PM | Moon 11 - Phase 34 |
| | | | | Rahu | 2:21PM – 3:29PM | Vanija Until 9:26AM | Nataraja: White | | 4th Phase |
| | | | | Gita Jayanthi | | Ekadashi Until 9:08PM | Moon – White | | Bhuloka Day |
| | | | | | | | Margasira*Markali | <i>Devaloka Time: 6:AM to 9:AM</i> | |

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| 3 | | Wednesday, December 19, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Mesha Rasi: 19.58 | | Tihti 12 | | Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau | | Sun 25 | | Sutra 248 | |
| Creative Work | | Siddha Yoga | | Gulika | 10:59AM – 12:07PM | Bharani Until 5:43PM | Ganesh: Clear | <i>Sunrise:</i> 7:37AM | Vilamba 5120 |
| Until 5:43PM | | 821863365 | | Yama | 8:44AM – 9:52AM | Shiva Until 11:26AM | Muruga: Purple | <i>Sunset:</i> 4:36PM | Moon 11 - Phase 34 |
| Then Creative Work - Amrita Yoga | | | | Rahu | 12:07PM – 1:14PM | Bava Until 8:40AM | Nataraja: White | | 4th Phase |
| | | | | | | Dvadashi Until 7:59PM | Moon – White | | Bhuloka Day |
| | | | | | | | Margasira*Markali | <i>Devaloka Time: 6:AM to 9:AM</i> | |

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| 4 | | Thursday, December 20, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Vrisabha Rasi: 3.46 | | Tihti 13 | | Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Vanija Karana Trayodashyam Titau | | Sun 26 | | Sutra 249 | |
| Routine Work | | Marana Yoga | | Gulika | 9:52AM – 11:00AM | Krittika Until 4:28PM | Ganesh: Clear | <i>Sunrise:</i> 7:37AM | Vilamba 5120 |
| | | | | Yama | 7:37AM – 8:45AM | Siddha Until 4:28PM | Muruga: Purple | <i>Sunset:</i> 4:37PM | Moon 11 - Phase 34 |
| | | | | Rahu | 1:15PM – 2:22PM | Kaulava Until 7:09AM | Nataraja: White | | 4th Phase |
| | | | | | | Trayodashi Until 6:08PM | Moon – White | | Bhuloka Day |
| | | | | | | | Margasira*Markali | <i>Devaloka Time: 6:AM to 9:AM</i> | |
| | | | | | | | <i>Pradosha Vrata</i> | | |

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| 5 | | Friday, December 21, 2018 | | | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Vrisabha Rasi: 17.58 | | Tihti 14 – 15 | | Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Sun 27 | | Sutra 250 | |
| Routine Work | | Marana Yoga | | Gulika | 8:45AM – 9:53AM | Rohini Until 2:54PM | Ganesh: White | <i>Sunrise:</i> 7:38AM | Vilamba 5120 |
| Until 2:54PM | | 821863365 | | Yama | 2:22PM – 3:30PM | Subha Until 2:32AM Sat | Muruga: Purple | <i>Sunset:</i> 4:37PM | Moon 11 - Phase 34 |
| Then Creative Work - Siddha Yoga | | | | Rahu | 11:00AM – 12:08PM | Visti Until 2:21AM Sat | Nataraja: White | | 4th Phase |
| | | | | Day 1 of Pancha Ganapati | | Chaturdashi* Until 3:43PM | Moon – Yellow | | Bhuloka Day |
| | | | | | | | Margasira*Markali | | |

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|----------------------------|--|------------------------------------|--|---------------------------------|------------------|---|--------------------------|-------------------------------------|--------------------|
| ○ | | Saturday, December 22, 2018 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Copper Retreat Star | | Mithuna Rasi: 2.3 | | Tihti 15 – 16 | | Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Sutra 251 | |
| Creative Work | | Siddha Yoga | | Gulika | 7:38AM – 8:46AM | Mrigashira Until 12:47PM | Ganesh: Yellow | <i>Sunrise:</i> 7:38AM | Vilamba 5120 |
| | | | | Yama | 1:16PM – 2:23PM | Sukla Until 10:51PM | Muruga: Purple | <i>Sunset:</i> 4:38PM | Moon 11 - Phase 34 |
| | | | | Rahu | 9:53AM – 11:01AM | Balava Until 10:81PM | Nataraja: White | | Purnima |
| | | | | Day 2 of Pancha Ganapati | | Purnima* Until 2:32AM Sat | Moon – Yellow | | Bhuloka Day |
| | | | | | | | Margasira*Markali | <i>Devaloka Time: 9:AM to 12:PM</i> | |

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| ○ | | Sunday, December 23, 2018 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Silver Retreat Star | | Mithuna Rasi: 17.16 | | Tihti 16 – 17 | | Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | Sutra 252 | |
| Creative Work | | Siddha Yoga | | Gulika | 2:24PM – 3:31PM | Ardra Until 6:31AM Mon | Ganesh: Yellow | <i>Sunrise:</i> 7:39AM | Vilamba 5120 |
| | | | | Yama | 12:09PM – 1:16PM | Brahma Until 7:00PM | Muruga: Purple | <i>Sunset:</i> 4:38PM | Moon 11 - Phase 34 |
| | | | | Rahu | 3:31PM – 4:38PM | Taitila Until 8:09PM | Nataraja: White | | Prathama |
| | | | | Day 3 of Pancha Ganapati | | Prathama* Until 9:45AM | Moon – Yellow | | Bhuloka Day |
| | | | | | | | Margasira*Markali | <i>Devaloka Time: 9:AM to 12:PM</i> | |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tihti 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 6:31AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Ardra/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Gulika 1:17PM - 2:24PM

Yama 11:02AM - 12:09PM

Rahu 8:47AM - 9:54AM

Day 4 of Pancha Ganapati

Ardra Darshanam

Ardra Until 6:31AM

Indra Until 2:67PM

Visti Until 4:55PM

Dvitiya Until 7:00PM

Ganesh: Blue

Sunrise: 7:39AM

Muruga: Purple

Sunset: 4:39PM

Nataraja: White

Moon - Blue

Margasira*Markali

Rochester, NY

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 17.01 Tihti 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Punarvasu/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Kaulava Karana Chaturthiyam Titau

Gulika 12:10PM - 1:17PM

Yama 9:55AM - 11:02AM

Rahu 2:25PM - 3:32PM

Day 5 of Pancha Ganapati

Punarvasu Until 12:16AM Wed

Vaidhriti* Until 2:59AM Wed

Bava Until 1:47PM

Chaturthi* Until 12:16AM Wed

Ganesh: Yellow

Sunrise: 7:40AM

Muruga: Purple

Sunset: 4:40PM

Nataraja: White

Moon - Blue

Margasira*Markali

Rochester, NY

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Simha Rasi: 1.44 Tihti 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Panchamyam Titau

Gulika 11:03AM - 12:10PM

Yama 8:47AM - 9:55AM

Rahu 12:10PM - 1:18PM

Day 5 of Pancha Ganapati

Magha* Until 7:10PM Thu

Vishkambha* Until 1:08AM Thu

Kaulava Until 10:52AM

Panchami Until 9:31PM

Ganesh: Blue

Sunrise: 7:40AM

Muruga: Purple

Sunset: 4:40PM

Nataraja: Green

Moon - Red

Margasira*Markali

Rochester, NY

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

3

Thursday, December 27, 2018

Simha Rasi: 16.14 Tihti 21

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:55AM - 11:03AM

Yama 7:40AM - 8:48AM

Rahu 1:18PM - 2:26PM

Day 5 of Pancha Ganapati

Magha* Until 7:10PM

Ayushman Until 24:74

Gara Until 8:18AM

Shashthi* Until 7:10PM

Ganesh: Blue

Sunrise: 7:40AM

Muruga: Purple

Sunset: 4:41PM

Nataraja: Green

Moon - Red

Margasira*Markali

Rochester, NY

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Kanya Rasi: 0.26 Tihti 22 - 23

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Uttaraphalguni Nakshatra Saubhagya Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:48AM - 9:56AM

Yama 2:26PM - 3:34PM

Rahu 11:03AM - 12:11PM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 10:17PM

Saubhagya Until 10:35PM

Visti Until 6:10AM

Saptami Until 5:16PM

Ganesh: Blue

Sunrise: 7:40AM

Muruga: Purple

Sunset: 4:42PM

Nataraja: Green

Moon - Red

Margasira*Markali

Rochester, NY

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tihti 23 - 24

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:41AM - 8:48AM

Yama 1:19PM - 2:27PM

Rahu 9:56AM - 11:04AM

Day 5 of Pancha Ganapati

Hasta Until 9:50PM

Sobhana Until 8:22PM

Taitila Until 3:26AM Sun

Ashtami* Until 3:54PM

Ganesh: Red

Sunrise: 7:41AM

Muruga: Purple

Sunset: 4:42PM

Nataraja: Green

Moon - Green

Margasira*Markali

Rochester, NY

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tihti 24 - 25

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 2:28PM - 3:35PM

Yama 12:12PM - 1:20PM

Rahu 3:35PM - 4:43PM

Day 5 of Pancha Ganapati

Chitra Until 2:45PM Mon

Athiganda* Until 6:33PM

Vanija Until 2:52AM Mon

Navami* Until 3:04PM

Ganesh: Red

Sunrise: 7:41AM

Muruga: Purple

Sunset: 4:43PM

Nataraja: Green

Moon - Green

Margasira*Markali

Rochester, NY

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

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| 1 | | Monday, December 31, 2018 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Tula Rasi: 11.11 | | Tihti 25 – 26 | | Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Sun 8 | | Sutra 260 | |
| Family Home Evening | | 862963366 | | Gulika | 1:20PM – 2:28PM | Chitra Until 2:45PM | Ganesh: Red | <i>Sunrise:</i> 7:41AM | Vilamba 5120 |
| Creative Work Amrita Yoga | | Rahu | | Yama | 11:05AM – 12:13PM | Sukarma Until 16:09AM Tue | Muruga: Purple | <i>Sunset:</i> 4:44PM | Moon 12 - Phase 36 |
| Until 2:45PM | | | | | 8:49AM – 9:57AM | Bava Until 2:49AM Tue | Nataraja: Green | | 2nd Phase |
| Then Routine Work - Marana Yoga | | | | | | Dashami Until 6:33PM | Moon – Green | Bhuloka Day | |
| | | | | | | | Margasira-Markali | Devaloka Time: 6:AM to 9:AM | |

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| 2 | | Tuesday, January 1, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Tula Rasi: 24.11 | | Tihti 26 – 27 | | Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Sun 9 | | Sutra 261 | |
| Routine Work Marana Yoga | | 872963366 | | Gulika | 12:13PM – 1:21PM | Svati Until 2:58PM | Ganesh: Green | <i>Sunrise:</i> 7:41AM | Vilamba 5120 |
| Until 2:58PM | | Rahu | | Yama | 9:57AM – 11:05AM | Dhriti Until 15:31AM Wed | Muruga: Purple | <i>Sunset:</i> 4:45PM | Moon 12 - Phase 36 |
| Then Creative Work - Siddha Yoga | | | | | 2:29PM – 3:37PM | Kaulava Until 3:17AM Wed | Nataraja: Green | | 2nd Phase |
| | | | | | | Ekadashi* Until 2:58PM | Moon – Orange | Bhuloka Day | |
| | | | | | | | Margasira-Markali | | |

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| 3 | | Wednesday, January 2, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Vrischika Rasi: 6.57 | | Tihti 27 – 28 | | Anuradha Nakshatra Shula*/Ganda* Yoga Taitila Karana Dvadashi/Trayodashyam Titau | | Sun 10 | | Sutra 262 | |
| Creative Work Siddha Yoga | | 872963366 | | Gulika | 11:05AM – 12:14PM | Anuradha Until 12:31AM Thu | Ganesh: Green | <i>Sunrise:</i> 7:41AM | Vilamba 5120 |
| Until 12:31AM Thu | | Rahu | | Yama | 8:49AM – 9:57AM | Shula* Until 3:31PM | Muruga: Purple | <i>Sunset:</i> 4:46PM | Moon 12 - Phase 36 |
| Then Routine Work - Prabalarishta Yoga | | | | | 12:14PM – 1:22PM | Taitila Until 3:40PM | Nataraja: Green | | 2nd Phase |
| | | | | | | Dvadashi* Until 3:40PM | Moon – Orange | Bhuloka Day | |
| | | | | | | | Margasira-Markali | | |
| | | | | | | | | | <i>Pradosha Vrata (Fasting)</i> |

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| 4 | | Thursday, January 3, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Vrischika Rasi: 19.3 | | Tihti 28 – 29 | | Jyeshtha* Nakshatra Ganda*/Vridhdi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Sun 11 | | Sutra 263 | |
| Routine Work Prabalarishta Yoga | | 872963366 | | Gulika | 9:58AM – 11:06AM | Jyeshtha* Until 2:12AM Fri | Ganesh: Green | <i>Sunrise:</i> 7:41AM | Vilamba 5120 |
| Until 2:12AM Fri | | Rahu | | Yama | 7:41AM – 8:49AM | Ganda* Until 3:14PM | Muruga: Purple | <i>Sunset:</i> 4:47PM | Moon 12 - Phase 36 |
| Then Creative Work - Amrita Yoga | | | | | 1:22PM – 2:30PM | Visti Until 5:37AM Fri | Nataraja: Green | | 2nd Phase |
| | | | | | | Trayodashi* Until 3:31PM | Moon – Orange | Bhuloka Day | |
| | | | | | | | Margasira-Markali | | |

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| 5 | | Friday, January 4, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Dhanus Rasi: 1.51 | | Tihti 29 | | Mula* Nakshatra Vridhdi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau | | Sun 12 | | Sutra 264 | |
| Creative Work Amrita Yoga | | 882963366 | | Gulika | 8:50AM – 9:58AM | Mula* Until 4:36AM Sat | Ganesh: White | <i>Sunrise:</i> 7:41AM | Vilamba 5120 |
| Until 4:36AM Sat | | Rahu | | Yama | 2:31PM – 3:39PM | Vridhdi Until 3:19PM | Muruga: Purple | <i>Sunset:</i> 4:48PM | Moon 12 - Phase 36 |
| Then Creative Work - Siddha Yoga | | | | | 11:06AM – 12:14PM | Sakuni Until 6:28PM | Nataraja: Green | | 2nd Phase |
| | | | | | | Chaturdashi* Until 20:29AM Sat | Moon – Light Blue | Bhuloka Day | |
| | | | | | | | Margasira-Markali | | |

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| ● | | Saturday, January 5, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Retreat Star | | | | Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau | | Sun 13 | | Sutra 265 | |
| Dhanus Rasi: 14.02 | | Tihti 30 | | Subramuniaswami Jayanti | | Amavasya* Until 3:19PM | | Vilamba 5120 | |
| Creative Work Siddha Yoga | | 882973366 | | Gulika | 7:41AM – 8:50AM | Purvashadha* Until 7:13AM Sun | Ganesh: White | <i>Sunrise:</i> 7:41AM | Moon 12 - Phase 36 |
| Until 7:13AM Sun | | Rahu | | Yama | 1:23PM – 2:32PM | Dhruva Until 7:13AM Sun | Muruga: Clear | <i>Sunset:</i> 4:49PM | Amavasya |
| Then Creative Work - Amrita Yoga | | | | | 9:58AM – 11:07AM | Catuspada Until 9:39AM Sun | Nataraja: Green | | |
| | | | | | | | Moon – Light Blue | Bhuloka Day | |
| | | | | | | | Margasira-Markali | Devaloka Time: 12:PM to 3:PM | |

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| ● | | Sunday, January 6, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Retreat Star | | | | Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau | | Sun 14 | | Sutra 266 | |
| Dhanus Rasi: 26.03 | | Tihti 1 | | Partial Solar Eclipse | | Prathama* Until 10:50PM | | Vilamba 5120 | |
| Creative Work Siddha Yoga | | 882973366 | | Gulika | 2:33PM – 3:41PM | Purvashadha* Until 7:13AM | Ganesh: White | <i>Sunrise:</i> 7:41AM | Moon 12 - Phase 36 |
| Until 7:13AM | | Rahu | | Yama | 12:15PM – 1:24PM | Vyaghata* Until 4:18PM | Muruga: Clear | <i>Sunset:</i> 4:50PM | Prathama |
| Then Creative Work - Amrita Yoga | | | | | 3:41PM – 4:50PM | Kintughna Until 9:39AM | Nataraja: Green | | |
| | | | | | | | Moon – Light Blue | Bhuloka Day | |
| | | | | | | | Pausha-Markali | Devaloka Time: 12:PM to 3:PM | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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| 1 | | Monday, January 7, 2019 | | | | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Rochester, NY Sun 15 Sutra 267 Vilamba 5120 | |
| Makara Rasi: 7.58 | Tithi 2 | Gulika | 1:25PM – 2:33PM | Uttarashadha Until 9:56AM | Ganesh: White | <i>Sunrise:</i> 7:41AM | | | |
| Family Home Evening | 882973366 | Yama | 11:07AM – 12:16PM | Harshana Until 5:09PM | Muruga: Clear | <i>Sunset:</i> 4:51PM | | Moon 12 - Phase 37 | |
| Routine Work | Marana Yoga | Rahu | 8:50AM – 9:58AM | Balava Until 14:50AM Tue | Nataraja: Green | | | 3rd Phase | |
| Until 9:56AM | | | | Dvitiya Until 4:18PM | Moon – Light Blue | | Bhuloka Day | | |
| Then Creative Work - Amrita Yoga | | | | | Pausha-Markali | | Devaloka Time: 12:PM to 3:PM | | |

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| 2 | | Tuesday, January 8, 2019 | | | | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Tritiyayam Titau | | Rochester, NY Sun 16 Sutra 268 Vilamba 5120 | |
| Makara Rasi: 19.47 | Tithi 3 | Gulika | 12:16PM – 1:25PM | Shravana Until 6:55AM Thu Wed | Ganesh: Red | <i>Sunrise:</i> 7:41AM | | | |
| | 893973366 | Yama | 9:59AM – 11:07AM | Vajra* Until 6:06PM | Muruga: Clear | <i>Sunset:</i> 4:52PM | | Moon 12 - Phase 37 | |
| Creative Work | Siddha Yoga | Rahu | 2:34PM – 3:43PM | Taitila Until 2:50PM | Nataraja: Green | | | 3rd Phase | |
| | | | | Tritiya Until 4:12AM Wed | Moon – Purple | | Devaloka Day | | |
| | | | | | Pausha-Markali | | | | |

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| 3 | | Wednesday, January 9, 2019 | | | | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Shatabhishak Nakshatra Siddhi Yoga Vanija Karana Chaturthyam Titau | | Rochester, NY Sun 17 Sutra 269 Vilamba 5120 | |
| Kumbha Rasi: 1.34 | Tithi 4 | Gulika | 11:08AM – 12:17PM | Shravana Until 6:55AM Thu | Ganesh: Red | <i>Sunrise:</i> 7:41AM | | | |
| | 893973366 | Yama | 8:50AM – 9:59AM | Siddhi Until 6:66PM | Muruga: Clear | <i>Sunset:</i> 4:53PM | | Moon 12 - Phase 37 | |
| Routine Work | Prabalarishta Yoga | Rahu | 12:17PM – 1:26PM | Vanija Until 5:36PM | Nataraja: Green | | | 3rd Phase | |
| Until 6:55AM Thu | | | | Chaturthi* Until 6:55AM Thu | Moon – Purple | | Devaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | Pausha-Markali | | | | |

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| 4 | | Thursday, January 10, 2019 | | | | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Rochester, NY Sun 18 Sutra 270 Vilamba 5120 | |
| Kumbha Rasi: 13.22 | Tithi 4 – 5 | Gulika | 9:59AM – 11:08AM | Dhanishtha Until 9:27AM Fri | Ganesh: Red | <i>Sunrise:</i> 7:40AM | | | |
| | 893973366 | Yama | 7:40AM – 8:50AM | Vyatipata* Until 7:16PM | Muruga: Clear | <i>Sunset:</i> 4:54PM | | Moon 12 - Phase 37 | |
| Creative Work | Siddha Yoga | Rahu | 1:26PM – 2:35PM | Bava Until 6:55AM | Nataraja: Green | | | 3rd Phase | |
| | | | | Chaturthi* Until 9:27AM Fri | Moon – Purple | | Devaloka Day | | |
| | | | | | Pausha-Markali | | | | |

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|--------------------|-------------|---------------------------------|-------------------|--|------------------------|---|---------------------|---|--|
| 5 | | Friday, January 11, 2019 | | | | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Rochester, NY Sun 19 Sutra 271 Vilamba 5120 | |
| Kumbha Rasi: 25.13 | Tithi 5 – 6 | Gulika | 8:49AM – 9:59AM | Purvaproshtapada* Until 11:37AM Sat | Ganesh: Clear | <i>Sunrise:</i> 7:40AM | | | |
| | 813973366 | Yama | 2:36PM – 3:46PM | Variyan Until 8:43PM | Muruga: Clear | <i>Sunset:</i> 4:55PM | | Moon 12 - Phase 37 | |
| Creative Work | Siddha Yoga | Rahu | 11:08AM – 12:18PM | Kaulava Until 10:37PM | Nataraja: Green | | | 3rd Phase | |
| | | | | Panchami Until 9:27AM | Moon – Clear | | Devaloka Day | | |
| | | | | | Pausha-Markali | | | | |

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| 6 | | Saturday, January 12, 2019 | | | | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | Rochester, NY Sun 20 Sutra 272 Vilamba 5120 | |
| Meena Rasi: 7.13 | Tithi 6 – 7 | Gulika | 7:40AM – 8:49AM | Purvaproshtapada* Until 11:37AM Sat | Ganesh: Clear | <i>Sunrise:</i> 7:40AM | | | |
| | 813973366 | Yama | 1:27PM – 2:37PM | Parigha* Until 20:62AM Sun | Muruga: Clear | <i>Sunset:</i> 4:56PM | | Moon 12 - Phase 37 | |
| Creative Work | Siddha Yoga | Rahu | 9:59AM – 11:08AM | Gara Until 12:32AM Sun | Nataraja: Green | | | 3rd Phase | |
| Until 11:37AM | | | | Shashthi* Until 11:37AM | Moon – Clear | | Devaloka Day | | |
| Then Routine Work - Prabalarishta Yoga | | | | | Pausha-Markali | | | | |

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| ☾ | | Sunday, January 13, 2019 | | | | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva Yoga Vanija Karana Saptami/Ashtamyam Titau | | Rochester, NY Sun 21 Sutra 273 Vilamba 5120 | |
| Retreat Star | | Gulika | 2:38PM – 3:47PM | Uttaraproshtapada Until 1:15PM | Ganesh: Clear | <i>Sunrise:</i> 7:39AM | | | |
| Meena Rasi: 19.25 | Tithi 7 – 8 | Yama | 12:18PM – 1:28PM | Shiva Until 20:23AM Mon | Muruga: Clear | <i>Sunset:</i> 4:57PM | | Moon 12 - Phase 37 | |
| | 813973366 | Rahu | 3:47PM – 4:57PM | Vanija Until 1:15PM | Nataraja: Green | | | Ashtami | |
| Creative Work | Amrita Yoga | | | Saptami Until 1:15PM | Moon – Clear | | Devaloka Day | | |
| Until 1:15PM | | | | | Pausha-Markali | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| ☽ | | Monday, January 14, 2019 | | | | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Rochester, NY Sun 22 Sutra 274 Vilamba 5120 | |
| Retreat Star | | Gulika | 1:29PM – 2:39PM | Ashvini Until 3:28AM Tue | Ganesh: Purple | <i>Sunrise:</i> 7:39AM | | | |
| Mesha Rasi: 1.53 | Tithi 8 – 9 | Yama | 11:09AM – 12:19PM | Siddha Until 3:28AM Tue | Muruga: Clear | <i>Sunset:</i> 4:58PM | | Moon 12 - Phase 37 | |
| Family Home Evening | 823973366 | Rahu | 8:49AM – 9:59AM | Balava Until 2:10PM | Nataraja: Green | | | Navami | |
| Creative Work | Siddha Yoga | | | Ashtami* Until 14:18AM Tue | Moon – White | | Sivaloka Day | | |
| | | Thai Pongal | | | Pausha-Thai | | | | |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

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| 1 Tuesday, January 15, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Rochester, NY Sun 23 Sutra 275 Vilamba 5120 |
| Mesha Rasi: 14.42 | Tithi 9 – 10 | Gulika 12:19PM – 1:29PM | Bharani Until 3:43AM Wed | Ganesha: Purple <i>Sunrise:</i> 7:39AM | <i>Sunset:</i> 5:00PM | Moon 12 - Phase 38 4th Phase |
| | | Yama 9:59AM – 11:09AM | Sadhya Until 7:08PM | Muruga: Clear | | |
| | | 823973366 Rahu 2:39PM – 3:49PM | Taitila Until 1:64AM Wed | Nataraja: Green | | |
| Creative Work | Siddha Yoga | | Navami* Until 8:23PM | Moon – White | | Sivaloka Day |
| Until 3:43AM Wed | | | | Pausha*Thai | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 2 Wednesday, January 16, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Bava Karana Dashami/Ekadashyam Titau | | | | Rochester, NY Sun 24 Sutra 276 Vilamba 5120 |
| Mesha Rasi: 27.56 | Tithi 10 – 11 | Gulika 11:09AM – 12:19PM | Krittika Until 3:02AM Thu | Ganesha: Blue <i>Sunrise:</i> 7:38AM | <i>Sunset:</i> 5:01PM | Moon 12 - Phase 38 4th Phase |
| | | Yama 8:48AM – 9:59AM | Subha Until 3:02AM Thu | Muruga: Clear | | |
| | | 823173366 Rahu 12:19PM – 1:30PM | Bava Until 1:36PM | Nataraja: Green | | |
| Creative Work | Amrita Yoga | | Dashami Until 11:65AM Thu | Moon – White | | Sivaloka Day |
| Until 3:02AM Thu | | | | Pausha*Thai | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 3 Thursday, January 17, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti* Karana Ekadashi/Dvadashyam Titau | | | | Rochester, NY Sun 25 Sutra 277 Vilamba 5120 |
| Vrishabha Rasi: 11.37 | Tithi 11 – 12 | Gulika 9:59AM – 11:09AM | Rohini Until 1:54AM Fri | Ganesha: Yellow <i>Sunrise:</i> 7:38AM | <i>Sunset:</i> 5:02PM | Moon 12 - Phase 38 4th Phase |
| | | Yama 7:38AM – 8:48AM | Sukla Until 2:43PM | Muruga: Clear | | |
| | | 833173366 Rahu 1:30PM – 2:41PM | Visti Until 12:05PM | Nataraja: Green | | |
| Routine Work | Marana Yoga | | Ekadashi Until 12:05PM | Moon – Yellow | | Devaloka Day |
| Until 1:54AM Fri | | | | Pausha*Thai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 Friday, January 18, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Rochester, NY Sun 26 Sutra 278 Vilamba 5120 |
| Vrishabha Rasi: 25.46 | Tithi 12 – 13 | Gulika 8:48AM – 9:59AM | Mrigashira Until 11:59PM | Ganesha: Yellow <i>Sunrise:</i> 7:37AM | <i>Sunset:</i> 5:03PM | Moon 12 - Phase 38 4th Phase |
| | | Yama 2:42PM – 3:52PM | Brahma Until 11:37AM | Muruga: Clear | | |
| | | 833173366 Rahu 11:09AM – 12:20PM | Kaulava Until 9:52AM | Nataraja: Green | | |
| Creative Work | Siddha Yoga | | Dvadashi Until 6:63AM Sat | Moon – Yellow | | Devaloka Day |
| | | | | Pausha*Thai | | |
| | | | | <i>Pradosha Vrata</i> | | |

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| 5 Saturday, January 19, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Rochester, NY Sun 27 Sutra 279 Vilamba 5120 |
| Mithuna Rasi: 10.2 | Tithi 13 – 14 | Gulika 7:36AM – 8:47AM | Ardra Until 9:27PM | Ganesha: Yellow <i>Sunrise:</i> 7:36AM | <i>Sunset:</i> 5:04PM | Moon 12 - Phase 38 4th Phase |
| | | Yama 1:31PM – 2:42PM | Indra Until 9:27PM | Muruga: Clear | | |
| | | 833173366 Rahu 9:58AM – 11:09AM | Visti Until 13:64AM Sun | Nataraja: Green | | |
| Creative Work | Siddha Yoga | | Trayodashi Until 7:03AM | Moon – Yellow | | Devaloka Day |
| | | | | Pausha*Thai | | |

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| ○ Sunday, January 20, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Rochester, NY Sutra 280 Vilamba 5120 |
| Copper Retreat Star | | Gulika 2:43PM – 3:54PM | Punarvasu Until 6:50PM | Ganesha: White <i>Sunrise:</i> 7:36AM | <i>Sunset:</i> 5:06PM | Moon 12 - Phase 38 Purnima |
| Mithuna Rasi: 25.15 | Tithi 15 | Yama 12:21PM – 1:32PM | Vishkambha* Until 12:01AM Mon | Muruga: Clear | | |
| | | 843173366 Rahu 3:54PM – 5:06PM | Visti Until 2:04PM | Nataraja: Green | | |
| Creative Work | Siddha Yoga | | Purnima* Until 12:15AM Mon | Moon – Blue | | Sivaloka Day |
| | | | | Pausha*Thai | | |

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| Monday, January 21, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Rochester, NY Sutra 281 Vilamba 5120 |
| Silver Retreat Star | | Gulika 1:32PM – 2:44PM | Pushya Until 3:55PM | Ganesha: White <i>Sunrise:</i> 7:35AM | <i>Sunset:</i> 5:07PM | Moon 12 - Phase 38 Prathama |
| Kataka Rasi: 10.22 | Tithi 16 | Yama 11:10AM – 12:21PM | Priti Until 7:46PM | Muruga: Clear | | |
| Family Home Evening | | 843173366 Rahu 8:47AM – 9:58AM | Balava Until 6:45AM Tue | Nataraja: Green | | |
| Creative Work | Siddha Yoga | | Prathama* Until 12:01AM Mon | Moon – Blue | | Sivaloka Day |
| | | | | Pausha*Thai | | |
| | | Total Lunar Eclipse | | | | |
| | | Thai Pusam | | | | |



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitiya/Tritiyam Titau

Rochester, NY

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 25.34 Tihi 17 - 18

844173366

Gulika

12:21PM - 1:33PM

Ashlesha* Until 12:53PM

Ganesha: Clear

Sunrise: 7:34AM

Yama

9:58AM - 11:10AM

Ayushman Until 3:32PM

Muruga: Clear

Sunset: 5:08PM

Rahu

2:45PM - 3:56PM

Taitila Until 2:72AM Wed

Nataraja: Green

Devaloka Day

Moon - Blue

Pausha*Thai

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti* Karana Tritiya/Chaturtham Titau

Rochester, NY

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 10.4 Tihi 18 - 19

854173366

Gulika

11:10AM - 12:22PM

Magha* Until 10:16AM

Ganesha: Purple

Sunrise: 7:34AM

Yama

8:46AM - 9:58AM

Saubhagya Until 11:27AM

Muruga: Clear

Sunset: 5:10PM

Rahu

12:22PM - 1:34PM

Visti Until 1:29PM

Nataraja: Green

Bhuloka Day

Moon - Red

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Rochester, NY

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 25.32 Tihi 19 - 20

954173366

Gulika

9:57AM - 11:10AM

Purvaphalguni Until 7:50AM

Ganesha: Clear

Sunrise: 7:33AM

Yama

7:33AM - 8:45AM

Sobhana Until 7:40AM

Muruga: Clear

Sunset: 5:11PM

Rahu

1:34PM - 2:46PM

Kaulava Until 10:24AM

Nataraja: Green

Devaloka Day

Moon - Red

Pausha*Thai

Creative Work Siddha Yoga

Chaturthi* Until 7:47AM Fri

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Hasta Nakshatra Sukarma Yoga Taitila Karana Panchami/Shashtyam Titau

Rochester, NY

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 10.04 Tihi 20 - 21

964173366

Gulika

8:45AM - 9:57AM

Hasta Until 4:31AM Sat

Ganesha: Purple

Sunrise: 7:32AM

Yama

2:47PM - 4:00PM

Sukarma Until 1:18AM Sat

Muruga: Clear

Sunset: 5:12PM

Rahu

11:10AM - 12:22PM

Taitila Until 7:47AM

Nataraja: Green

Bhuloka Day

Moon - Green

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Chitra Nakshatra Dhriti Yoga Visti*/Balava Karana Saptamam Titau

Rochester, NY

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 24.11 Tihi 22

964173366

Gulika

7:31AM - 8:44AM

Chitra Until 3:51AM Sun

Ganesha: Purple

Sunrise: 7:31AM

Yama

1:35PM - 2:48PM

Dhriti Until 3:51AM Sun

Muruga: Clear

Sunset: 5:13PM

Rahu

9:57AM - 11:09AM

Visti Until 15:68AM Sun

Nataraja: Green

Bhuloka Day

Moon - Green

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Svati Nakshatra Shula* Yoga Balava/Taitila Karana Ashtamam Titau

Rochester, NY

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 7.52 Tihi 23

964173366

Gulika

2:49PM - 4:02PM

Svati Until 3:44AM Mon

Ganesha: Purple

Sunrise: 7:30AM

Yama

12:22PM - 1:36PM

Shula* Until 3:44AM Mon

Muruga: Clear

Sunset: 5:15PM

Rahu

4:02PM - 5:15PM

Balava Until 15:58AM Mon

Nataraja: Green

Bhuloka Day

Moon - Green

Pausha*Thai

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Vishakha Nakshatra Ganda* Yoga Taitila/Vanija Karana Navamam Titau

Rochester, NY

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 21.08 Tihi 24

974173366

Gulika

1:36PM - 2:49PM

Vishakha Until 5:00AM Wed Tue

Ganesha: Clear

Sunrise: 7:29AM

Family Home Evening

Yama

11:09AM - 12:23PM

Ganda* Until 7:52PM

Muruga: Clear

Sunset: 5:16PM

Rahu

8:43AM - 9:56AM

Taitila Until 16:30AM Tue

Nataraja: Green

Devaloka Day

Moon - Orange

Pausha*Thai

Routine Work Marana Yoga

Until 5:00AM Wed Tue

Then Creative Work - Siddha Yoga

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| 1 | | Tuesday, January 29, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Vanija/Bava Karana Dashamyam Titau | Rochester, NY Sun 8 Sutra 289 Vilamba 5120 |
| Vrischika Rasi: 4.02 | Tithi 25 | Gulika | 12:23PM – 1:37PM | Vishakha Until 5:00AM Wed | Ganesh: Clear | <i>Sunrise:</i> 7:28AM | |
| | | Yama | 9:56AM – 11:09AM | Vriddhi Until 18:60AM Wed | Muruga: Clear | <i>Sunset:</i> 5:17PM | |
| Creative Work | Siddha Yoga | 974173366 | Rahu | 2:50PM – 4:04PM | Nataraja: Green | Moon 1 - Phase 40 | |
| | | | | Vanija Until 17:42AM Wed | Moon – Orange | 2nd Phase | |
| | | | | Dashami Until 7:52PM | Pausha -Thai | Devaloka Day | |

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| 2 | | Wednesday, January 30, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava Karana Ekadashyam Titau | Rochester, NY Sun 9 Sutra 290 Vilamba 5120 |
| Vrischika Rasi: 16.36 | Tithi 26 | Gulika | 11:09AM – 12:23PM | Anuradha Until 6:30AM Thu | Ganesh: Clear | <i>Sunrise:</i> 7:27AM | |
| | | Yama | 8:41AM – 9:55AM | Dhruva Until 6:06AM | Muruga: Clear | <i>Sunset:</i> 5:19PM | |
| Creative Work | Siddha Yoga | 974173366 | Rahu | 12:23PM – 1:37PM | Nataraja: Green | Moon 1 - Phase 40 | |
| Until 6:30AM Thu | | | | Bava Until 5:42PM | Moon – Orange | 2nd Phase | |
| Then Routine Work - Prabalarishta Yoga | | | | Ekadashi* Until 6:30AM Thu | Pausha -Thai | Devaloka Day | |

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| 3 | | Thursday, January 31, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Rochester, NY Sun 10 Sutra 291 Vilamba 5120 |
| Vrischika Rasi: 28.55 | Tithi 26 – 27 | Gulika | 9:55AM – 11:09AM | Jyeshtha* Until 10:49AM Sat Fr | Ganesh: Clear | <i>Sunrise:</i> 7:26AM | |
| | | Yama | 7:26AM – 8:41AM | Vyaghata* Until 7:57AM | Muruga: Clear | <i>Sunset:</i> 5:20PM | |
| Routine Work | Prabalarishta Yoga | 974173366 | Rahu | 1:37PM – 2:52PM | Nataraja: Green | Moon 1 - Phase 40 | |
| Until 10:49AM Sat Fr | | | | Kaulava Until 6:87PM | Moon – Orange | 2nd Phase | |
| Then Creative Work - Siddha Yoga | | | | Ekadashi* Until 7:00PM | Pausha -Thai | Devaloka Day | |

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| 4 | | Friday, February 1, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Harshana Yoga Taitila Karana Dvadashi/Trayodashyam Titau | Rochester, NY Sun 11 Sutra 292 Vilamba 5120 |
| Dhanus Rasi: 11.02 | Tithi 27 – 28 | Gulika | 8:41AM – 9:55AM | Jyeshtha* Until 10:49AM Sat | Ganesh: White | <i>Sunrise:</i> 7:26AM | |
| | | Yama | 2:52PM – 4:06PM | Harshana Until 10:35AM | Muruga: Clear | <i>Sunset:</i> 5:20PM | |
| Creative Work | Amrita Yoga | 984173366 | Rahu | 11:09AM – 12:23PM | Nataraja: Green | Moon 1 - Phase 40 | |
| Until 10:49AM Sat | | | | Taitila Until 8:28AM | Moon – Light Blue | 2nd Phase | |
| Then Creative Work - Siddha Yoga | | | | Dvadashi* Until 10:49AM Sat | Pausha -Thai | Bhuloka Day | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | Devaloka Time: 12:PM to 3:PM | |

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| 5 | | Saturday, February 2, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Uttarashadha Nakshatra Vajra* Yoga Vanija Karana Trayodashi/Chaturdashyam Titau | Rochester, NY Sun 12 Sutra 293 Vilamba 5120 |
| Dhanus Rasi: 22.59 | Tithi 28 – 29 | Gulika | 7:25AM – 8:40AM | Mula* Until 12:84AM Sun | Ganesh: White | <i>Sunrise:</i> 7:25AM | |
| | | Yama | 1:38PM – 2:52PM | Vajra* Until 8:32PM | Muruga: Clear | <i>Sunset:</i> 5:21PM | |
| Creative Work | Siddha Yoga | 984173366 | Rahu | 9:54AM – 11:09AM | Nataraja: Green | Moon 1 - Phase 40 | |
| Until 12:84AM Sun | | | | Vanija Until 10:49AM | Moon – Light Blue | 2nd Phase | |
| Then Creative Work - Amrita Yoga | | | | Trayodashi* Until 12:84AM Sun | Pausha -Thai | Bhuloka Day | |
| | | | | | | Devaloka Time: 12:PM to 3:PM | |

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| ● | | Sunday, February 3, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau | Rochester, NY Sun 13 Sutra 294 Vilamba 5120 |
| Retreat Star | | Gulika | 2:53PM – 4:08PM | Uttarashadha Until 4:06PM Mon | Ganesh: Yellow | <i>Sunrise:</i> 7:24AM | |
| Makara Rasi: 4.52 | Tithi 29 – 30 | Yama | 12:23PM – 1:38PM | Siddhi Until 9:27PM | Muruga: Clear | <i>Sunset:</i> 5:23PM | |
| Creative Work | Amrita Yoga | 985173367 | Rahu | 4:08PM – 5:23PM | Nataraja: White | Moon 1 - Phase 40 | |
| | | | | Sakuni Until 1:24PM | Moon – Light Blue | Amavasya | |
| | | | | Chaturdashi* Until 15:66AM Mon | Pausha -Thai | Devaloka Day | |

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|----------------------------------|--------------|---------------------|-------------------|----------------------------------|------------------------|---|---|
| Monday, February 4, 2019 | | Retreat Star | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyalipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Rochester, NY Sun 14 Sutra 295 Vilamba 5120 |
| Makara Rasi: 16.4 | Tithi 30 – 1 | Gulika | 1:39PM – 2:54PM | Uttarashadha Until 4:06PM | Ganesh: Red | <i>Sunrise:</i> 7:23AM | |
| Family Home Evening | | Yama | 11:09AM – 12:24PM | Vyalipata* Until 7:32PM | Muruga: Clear | <i>Sunset:</i> 5:24PM | |
| Creative Work | Amrita Yoga | 995173367 | Rahu | 8:38AM – 9:53AM | Nataraja: White | Moon 1 - Phase 40 | |
| Until 4:06PM | | | | Kintughna Until 5:29AM Tue | Moon – Purple | Prathama | |
| Then Creative Work - Siddha Yoga | | | | Amavasya* Until 9:27PM | Magha -Thai | Devaloka Day | |

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|---------------------------------|-------------|----------------------------------|------------------|--------------------------------|------------------------|--|--|---|--|
| 1 | | Tuesday, February 5, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathamayam Titau | | Rochester, NY Sun 15 Sutra 296 Vilamba 5120 | |
| Makara Rasi: 28.28 | Tithi 1 | Gulika | 12:24PM – 1:39PM | Shravana Until 6:48PM | Ganesha: Red | <i>Sunrise:</i> 7:22AM | | | |
| | | Yama | 9:53AM – 11:08AM | Variyan Until 10:84PM | Muruga: Clear | <i>Sunset:</i> 5:25PM | | Moon 1 - Phase 41 | |
| | | 995173367 Rahu | 2:55PM – 4:10PM | Balava Until 7:69AM Wed | Nataraja: White | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Prathama* Until 10:27PM | Moon – Purple | | | Devaloka Day | |
| Until 6:48PM | | | | | Magha-Thai | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 2 | | Wednesday, February 6, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Balava/Taitila Karana Dvitiyayam Titau | | Rochester, NY Sun 16 Sutra 297 Vilamba 5120 | |
| Kumbha Rasi: 10.16 | Tithi 2 | Gulika | 11:08AM – 12:24PM | Dhanishtha Until 9:25PM | Ganesha: Red | <i>Sunrise:</i> 7:21AM | | | |
| | | Yama | 8:37AM – 9:52AM | Parigha* Until 24:63AM Thu | Muruga: Clear | <i>Sunset:</i> 5:27PM | | Moon 1 - Phase 41 | |
| | | 995173367 Rahu | 12:24PM – 1:40PM | Balava Until 10:40AM Thu | Nataraja: White | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Dvitiya Until 10:84PM | Moon – Purple | | | Devaloka Day | |
| Until 9:25PM | | | | | Magha-Thai | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 3 | | Thursday, February 7, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Taitila/Vanija Karana Tritiyayam Titau | | Rochester, NY Sun 17 Sutra 298 Vilamba 5120 | |
| Kumbha Rasi: 22.08 | Tithi 3 | Gulika | 9:52AM – 11:08AM | Shatabhishak Until 11:50PM | Ganesha: Blue | <i>Sunrise:</i> 7:20AM | | | |
| | | Yama | 7:20AM – 8:36AM | Shiva Until 4:29AM Fri | Muruga: Clear | <i>Sunset:</i> 5:28PM | | Moon 1 - Phase 41 | |
| | | 915173367 Rahu | 1:40PM – 2:56PM | Taitila Until 12:57AM Fri | Nataraja: White | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Tritiya Until 24:63AM Thu | Moon – Clear | | | Sivaloka Day | |
| | | | | | Magha-Thai | | | | |

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| 4 | | Friday, February 8, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Vanija Karana Chaturthyam Titau | | Rochester, NY Sun 18 Sutra 299 Vilamba 5120 | |
| Meena Rasi: 4.05 | Tithi 4 | Gulika | 8:35AM – 9:51AM | Purvaproshtapada* Until 1:57AM Sat | Ganesha: Blue | <i>Sunrise:</i> 7:18AM | | | |
| | | Yama | 2:57PM – 4:13PM | Siddha Until 7:01AM Sat | Muruga: Clear | <i>Sunset:</i> 5:29PM | | Moon 1 - Phase 41 | |
| | | 915173367 Rahu | 11:08AM – 12:24PM | Vanija Until 12:57PM | Nataraja: White | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Chaturthi* Until 1:57AM Sat | Moon – Clear | | | Sivaloka Day | |
| Until 1:57AM Sat | | | | | Magha-Thai | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | | |

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| 5 | | Saturday, February 9, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau | | Rochester, NY Sun 19 Sutra 300 Vilamba 5120 | |
| Meena Rasi: 16.08 | Tithi 5 | Gulika | 7:17AM – 8:34AM | Uttaraproshtapada Until 7:01AM | Ganesha: Red | <i>Sunrise:</i> 7:17AM | | | |
| | | Yama | 1:41PM – 2:57PM | Sadhya Until 7:01AM | Muruga: Clear | <i>Sunset:</i> 5:31PM | | Moon 1 - Phase 41 | |
| | | 915273367 Rahu | 9:51AM – 11:07AM | Bava Until 15:83AM Sun | Nataraja: White | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Panchami Until 1:33AM Sat | Moon – Clear | | | Devaloka Day | |
| Until 7:01AM | | | | | Magha-Thai | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | | |

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| 6 | | Sunday, February 10, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Gara Karana Shashthyam Titau | | Rochester, NY Sun 20 Sutra 301 Vilamba 5120 | |
| Meena Rasi: 28.22 | Tithi 6 | Gulika | 2:58PM – 4:15PM | Revati Until 5:29AM Tue Mon | Ganesha: Red | <i>Sunrise:</i> 7:16AM | | | |
| | | Yama | 12:24PM – 1:41PM | Subha Until 1:38AM Mon | Muruga: Clear | <i>Sunset:</i> 5:32PM | | Moon 1 - Phase 41 | |
| | | 915273367 Rahu | 4:15PM – 5:32PM | Kaulava Until 16:78AM Mon | Nataraja: White | | | 3rd Phase | |
| Creative Work | Amrita Yoga | | | Shashthi* Until 1:47AM Sun | Moon – Clear | | | Devaloka Day | |
| Until 5:29AM Tue Mon | | | | | Magha-Thai | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| | | Monday, February 11, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau | | Rochester, NY Sun 21 Sutra 302 Vilamba 5120 | |
| Retreat Star | | Gulika | 1:41PM – 2:59PM | Revati Until 5:29AM Tue | Ganesha: Blue | <i>Sunrise:</i> 7:15AM | | | |
| Mesha Rasi: 10.49 | Tithi 7 | Yama | 11:07AM – 12:24PM | Sukla Until 10:45AM | Muruga: Clear | <i>Sunset:</i> 5:33PM | | Moon 1 - Phase 41 | |
| Family Home Evening | | 925273367 Rahu | 8:32AM – 9:49AM | Gara Until 5:18PM | Nataraja: White | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Saptami Until 5:29AM Tue | Moon – White | | | Bhuloka Day | |
| | | | | | Magha-Thai | | | Devaloka Time: 12:PM to 3:PM | |

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| Retreat Star | | Tuesday, February 12, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Krittika Nakshatra Brahma Yoga Visti*/Balava Karana Ashtamyam Titau | | Rochester, NY Sun 22 Sutra 303 Vilamba 5120 | |
| Mesha Rasi: 23.34 | Tithi 8 | Gulika | 12:24PM – 1:42PM | Ashvini Until 5:22AM Wed | Ganesha: Blue | <i>Sunrise:</i> 7:13AM | | | |
| | | Yama | 9:49AM – 11:06AM | Brahma Until 11:44AM | Muruga: Clear | <i>Sunset:</i> 5:35PM | | Moon 1 - Phase 41 | |
| | | 925273367 Rahu | 2:59PM – 4:17PM | Visti Until 16:62AM Wed | Nataraja: White | | | Ashtami | |
| Creative Work | Siddha Yoga | | | Ashtami* Until 1:00AM Tue | Moon – White | | | Bhuloka Day | |
| Until 5:22AM Wed | | | | | Magha-Masi | | | Devaloka Time: 12:PM to 3:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| Retreat Star | | Wednesday, February 13, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Rohini Nakshatra Indra Yoga Balava/Taitila Karana Navamyam Titau | | Rochester, NY Sun 23 Sutra 304 Vilamba 5120 | |
| Vrishabha Rasi: 6.38 | Tithi 9 | Gulika | 11:06AM – 12:24PM | Bharani Until 4:28AM Thu | Ganesha: Yellow | <i>Sunrise:</i> 7:12AM | | | |
| | | Yama | 8:30AM – 9:48AM | Indra Until 11:52AM | Muruga: Clear | <i>Sunset:</i> 5:36PM | | Moon 1 - Phase 41 | |
| | | 926273367 Rahu | 12:24PM – 1:42PM | Balava Until 15:45AM Thu | Nataraja: White | | | Navami | |
| Creative Work | Amrita Yoga | | | Navami* Until 11:51PM | Moon – White | | | Devaloka Day | |
| Until 4:28AM Thu | | | | | Magha-Masi | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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| 1 | | Thursday, February 14, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Vrishabha Rasi: 20.08 | | Titithi 10 | | Krittika/Mrigashira Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau | | Sun 24 | | Sutra 305 | |
| | | 936273367 | | Gulika 9:47AM – 11:06AM | Krittika Until 2:49AM Fri | Ganesh: White | <i>Sunrise:</i> 7:11AM | Vilamba 5120 | |
| | | | | Yama 7:11AM – 8:29AM | Vaidhriti* Until 7:45PM | Muruga: Clear | <i>Sunset:</i> 5:37PM | Moon 1 - Phase 42 | |
| Routine Work Marana Yoga | | | | Rahu 1:42PM – 3:01PM | Tailila Until 3:45PM | Nataraja: White | 4th Phase | | |
| Until 2:49AM Fri | | | | Dashami Until 2:49AM Fri | | Magha-Masi | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 2 | | Friday, February 15, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Mithuna Rasi: 4.04 | | Titithi 11 | | Rohini/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau | | Sun 25 | | Sutra 306 | |
| | | 936273367 | | Gulika 8:28AM – 9:47AM | Rohini Until 12:30AM Sat | Ganesh: White | <i>Sunrise:</i> 7:09AM | Vilamba 5120 | |
| | | | | Yama 3:01PM – 4:20PM | Vishkambha* Until 4:51PM | Muruga: Clear | <i>Sunset:</i> 5:39PM | Moon 1 - Phase 42 | |
| Creative Work Siddha Yoga | | | | Rahu 11:05AM – 12:24PM | Vanija Until 10:67AM Sat | Nataraja: White | 4th Phase | | |
| | | | | Ekadashi Until 7:45PM | | Magha-Masi | | Sivaloka Day | |

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| 3 | | Saturday, February 16, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Mithuna Rasi: 18.27 | | Titithi 12 | | Mrigashira/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Dvadashyam Titau | | Sun 26 | | Sutra 307 | |
| | | 936273367 | | Gulika 7:08AM – 8:27AM | Mrigashira Until 9:35PM | Ganesh: White | <i>Sunrise:</i> 7:08AM | Vilamba 5120 | |
| | | | | Yama 1:43PM – 3:02PM | Priti Until 8:23AM | Muruga: Clear | <i>Sunset:</i> 5:40PM | Moon 1 - Phase 42 | |
| Creative Work Siddha Yoga | | | | Rahu 9:46AM – 11:05AM | Bava Until 7:58AM Sun | Nataraja: White | 4th Phase | | |
| | | | | Dvadashi Until 4:51PM | | Magha-Masi | | Sivaloka Day | |

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| 4 | | Sunday, February 17, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Kataka Rasi: 3.13 | | Titithi 13 | | Ardra/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashyam Titau | | Sun 27 | | Sutra 308 | |
| | | 946273367 | | Gulika 3:03PM – 4:22PM | Ardra Until 6:14PM | Ganesh: Clear | <i>Sunrise:</i> 7:06AM | Vilamba 5120 | |
| | | | | Yama 12:24PM – 1:43PM | Ayushman Until 6:09AM | Muruga: Clear | <i>Sunset:</i> 5:41PM | Moon 1 - Phase 42 | |
| Creative Work Siddha Yoga | | | | Rahu 4:22PM – 5:41PM | Kaulava Until 4:27AM Mon | Nataraja: White | 4th Phase | | |
| | | | | Trayodashi Until 9:36AM Sun | | Magha-Masi | | Devaloka Day | |

Pradosha Vrata

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|  | | Monday, February 18, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Copper Retreat Star | | | | Punarvasu/Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Sun 28 | | Sutra 309 | |
| Kataka Rasi: 18.17 | | Titithi 14 – 15 | | 946273367 | | Gulika 1:44PM – 3:03PM | Punarvasu Until 2:35PM | Ganesh: Clear | <i>Sunrise:</i> 7:05AM |
| Family Home Evening | | | | Yama 11:04AM – 12:24PM | Sobhana Until 12:18AM Tue | Muruga: Clear | <i>Sunset:</i> 5:43PM | Moon 1 - Phase 42 | |
| Creative Work Siddha Yoga | | | | Rahu 8:25AM – 9:44AM | Visti Until 12:43AM Tue | Nataraja: White | Purnima | | |
| Until 2:35PM | | | | Chidambaram Abhishekam | | Chaturdashi* Until 5:29AM Mon | | Magha-Masi | |
| Then Routine Work - Marana Yoga | | | | | | | | Devaloka Day | |

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| 5 | | Tuesday, February 19, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Silver Retreat Star | | | | Ashlesha*/Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Sun 29 | | Sutra 310 | |
| Simha Rasi: 3.32 | | Titithi 15 – 16 | | 956273367 | | Gulika 12:24PM – 1:44PM | Ashlesha* Until 10:48AM | Ganesh: Purple | <i>Sunrise:</i> 7:04AM |
| | | | | Yama 9:44AM – 11:04AM | Athiganda* Until 9:24PM | Muruga: Clear | <i>Sunset:</i> 5:44PM | Moon 1 - Phase 42 | |
| Creative Work Siddha Yoga | | | | Rahu 3:04PM – 4:24PM | Balava Until 8:55PM | Nataraja: White | Prathama | | |
| | | | | Purnima* Until 1:12AM Tue | | Magha-Masi | | Sivaloka Day | |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY

Simha Rasi: 18.46 Tihti 16 - 17

Gulika 11:03AM - 12:24PM
Yama 8:23AM - 9:43AM
Rahu 12:24PM - 1:44PM

Purvaphalguni Until 11:80PM Thu
Sukarma Until 6:30PM
Taitila Until 5:15PM
Prathama* Until 8:52PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon - Red
Magha-Masi

Sunrise: 7:02AM
Sunset: 5:45PM

Sutra 311
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Creative Work Amrita Yoga

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija Karana Tritiyayam Titau

Rochester, NY

Kanya Rasi: 3.5 Tihti 18

Gulika 9:42AM - 11:03AM
Yama 7:01AM - 8:21AM
Rahu 1:44PM - 3:05PM

Purvaphalguni Until 11:80PM
Dhriti Until 8:61AM Fri
Vanija Until 1:53PM
Tritiya Until 11:80PM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon - Red
Magha-Masi

Sunrise: 7:01AM
Sunset: 5:47PM

Sun 1 Sutra 312
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Until 11:80PM
Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Chaturthyam Titau

Rochester, NY

Kanya Rasi: 18.37 Tihti 19

Gulika 8:20AM - 9:41AM
Yama 3:06PM - 4:27PM
Rahu 11:02AM - 12:24PM

Uttaraphalguni Until 9:41PM
Shula* Until 1:47PM
Bava Until 8:38AM Sat
Chaturthi* Until 8:61AM Fri

Ganesha: White
Muruga: Clear
Nataraja: White
Moon - Green
Magha-Masi

Sunrise: 6:59AM
Sunset: 5:48PM

Sun 2 Sutra 313
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 9:41PM

Then Creative Work - Siddha Yoga

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY

Tula Rasi: 2.59 Tihti 20

Gulika 6:58AM - 8:19AM
Yama 1:45PM - 3:06PM
Rahu 9:40AM - 11:02AM

Chitra Until 6:33PM Sun
Vriddhi Until 3:20AM Sun
Kaulava Until 6:63AM Sun
Panchami Until 5:53AM Sat

Ganesha: White
Muruga: Clear
Nataraja: White
Moon - Green
Magha-Masi

Sunrise: 6:58AM
Sunset: 5:49PM

Sun 3 Sutra 314
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 6:33PM Sun

Then Creative Work - Siddha Yoga

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Vishakha Nakshatra Dhruva Yoga Gara/Visti* Karana Shashthyam Titau

Rochester, NY

Tula Rasi: 16.52 Tihti 21

Gulika 3:07PM - 4:29PM
Yama 12:23PM - 1:45PM
Rahu 4:29PM - 5:50PM

Chitra Until 6:33PM
Dhruva Until 1:25AM Mon
Gara Until 5:78AM Mon
Shashthi* Until 3:20AM Sun

Ganesha: White
Muruga: Clear
Nataraja: White
Moon - Green
Magha-Masi

Sunrise: 6:56AM
Sunset: 5:50PM

Sun 4 Sutra 315
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 6:33PM

Then Routine Work - Marana Yoga

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Anuradha Nakshatra Vyaghata* Yoga Visti*/Balava Karana Saptamyam Titau

Rochester, NY

Vrischika Rasi: 0.17 Tihti 22

Gulika 1:45PM - 3:07PM
Yama 11:01AM - 12:23PM
Rahu 8:17AM - 9:39AM

Svati Until 6:14PM
Vyaghata* Until 11:34AM
Visti Until 6:26AM Tue
Saptami Until 1:25AM Mon

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon - Orange
Magha-Masi

Sunrise: 6:54AM
Sunset: 5:52PM

Sun 5 Sutra 316
Vilamba 5120
Moon 2 - Phase 43
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 6:14PM

Then Creative Work - Siddha Yoga

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Jyeshtha* Nakshatra Harshana Yoga Balava/Taitila Karana Ashtamyam Titau

Rochester, NY

Vrischika Rasi: 13.14 Tihti 23

Gulika 12:23PM - 1:45PM
Yama 9:38AM - 11:00AM
Rahu 3:08PM - 4:31PM

Vishakha Until 6:47PM
Harshana Until 12:29PM
Balava Until 6:83AM Wed
Ashtami* Until 12:11AM Tue

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon - Orange
Magha-Masi

Sunrise: 6:53AM
Sunset: 5:53PM

Sun 6 Sutra 317
Vilamba 5120
Moon 2 - Phase 43
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 6:47PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Mula* Nakshatra Vajra* Yoga Taitila/Vanija Karana Navamyam Titau

Rochester, NY

Vrischika Rasi: 25.47 Tihti 24

Gulika 11:00AM - 12:23PM
Yama 8:14AM - 9:37AM
Rahu 12:23PM - 1:46PM

Anuradha Until 8:08PM
Vajra* Until 2:01PM
Taitila Until 8:65AM Thu
Navami* Until 11:39PM

Ganesha: Blue
Muruga: Clear
Nataraja: White
Moon - Orange
Magha-Masi

Sunrise: 6:51AM
Sunset: 5:54PM

Sun 7 Sutra 318
Vilamba 5120
Moon 2 - Phase 43
Navami

Sivaloka Day

Creative Work Siddha Yoga

Until 8:08PM

Then Routine Work - Marana Yoga

| | | | | | | | | | |
|-------------------|--|------------------------------------|--|-----------|--|---|--|---|--|
| 1 | | Thursday, February 28, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam | | Rochester, NY | |
| Dhanus Rasi: 8.01 | | Tithi 25 | | 988273367 | | Jyeshtha*/Purvashadha* Nakshatra Siddhi Yoga Vanija/Bava Karana Dashamyam Titau | | Sun 8 Sutra 319 | |
| Creative Work | | Siddha Yoga | | 988273367 | | Gulika 9:36AM - 10:59AM Yama 6:50AM - 8:13AM Rahu 1:46PM - 3:09PM | | Jyeshtha* Until 10:07PM Siddhi Until 4:33PM Vanija Until 11:19AM Fri Dashami Until 11:39PM | |
| | | | | | | Ganesha: Red Muruga: Clear Nataraja: White Moon - Light Blue Magha-Masi | | Sunrise: 6:50AM Sunset: 5:56PM Moon 2 - Phase 44 2nd Phase | |
| | | | | | | | | Devaloka Day | |

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|--------------------|--|---------------------------------|--|-----------|--|--|--|--|--|
| 2 | | Friday, March 1, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam | | Rochester, NY | |
| Dhanus Rasi: 20.02 | | Tithi 26 | | 988273367 | | Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Ekadashyam Titau | | Sun 9 Sutra 320 | |
| Routine Work | | Prabalarishta Yoga | | 988273367 | | Gulika 8:10AM - 9:34AM Yama 3:10PM - 4:34PM Rahu 10:58AM - 12:22PM | | Mula* Until 12:34AM Sat Vyatipata* Until 12:59AM Sat Bava Until 13:55AM Sat Ekadashi* Until 12:09AM Fri | |
| Until 12:34AM Sat | | Then Routine Work - Marana Yoga | | | | | | Ganesha: Red Muruga: Clear Nataraja: White Moon - Light Blue Magha-Masi | |
| | | | | | | | | Sunrise: 6:46AM Sunset: 5:58PM Moon 2 - Phase 44 2nd Phase | |
| | | | | | | | | Devaloka Day | |

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|-------------------|--|----------------------------------|--|-----------|--|--|--|--|--|
| 3 | | Saturday, March 2, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam | | Rochester, NY | |
| Makara Rasi: 1.53 | | Tithi 27 | | 988273367 | | Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Kaulava/Tailila Karana Dvadashyam Titau | | Sun 10 Sutra 321 | |
| Routine Work | | Marana Yoga | | 988273367 | | Gulika 6:45AM - 8:09AM Yama 1:46PM - 3:11PM Rahu 9:33AM - 10:58AM | | Purvashadha* Until 3:15AM Sun Variyan Until 10:19PM Kaulava Until 16:39AM Sun Dvadashi* Until 12:59AM Sat | |
| Until 3:15AM Sun | | Then Creative Work - Amrita Yoga | | | | | | Ganesha: Red Muruga: Clear Nataraja: White Moon - Light Blue Magha-Masi | |
| | | | | | | | | Sunrise: 6:45AM Sunset: 5:59PM Moon 2 - Phase 44 2nd Phase | |
| | | | | | | | | Devaloka Day | |

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|--------------------|--|----------------------------------|--|-----------|--|--|--|--|--|
| 4 | | Sunday, March 3, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Rochester, NY | |
| Makara Rasi: 13.41 | | Tithi 28 | | 998273367 | | Uttarashadha/Shravana Nakshatra Parigha* Yoga Gara/Visli* Karana Trayodashyam Titau | | Sun 11 Sutra 322 | |
| Creative Work | | Amrita Yoga | | 998273367 | | Gulika 3:11PM - 4:36PM Yama 12:22PM - 1:47PM Rahu 4:36PM - 6:01PM | | Uttarashadha Until 6:00AM Mon Parigha* Until 1:40AM Mon Gara Until 19:22AM Mon Trayodashi* Until 1:58AM Sun | |
| Until 6:00AM Mon | | Then Creative Work - Siddha Yoga | | | | | | Ganesha: Yellow Muruga: Clear Nataraja: White Moon - Purple Magha-Masi | |
| | | | | | | | | Sunrise: 6:43AM Sunset: 6:01PM Moon 2 - Phase 44 2nd Phase | |
| | | | | | | | | Devaloka Day | |
| | | | | | | | | <i>Pradosha Vrata (Fasting)</i> | |

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|---------------------|--|------------------------------|--|-----------|--|---|--|--|--|
| 5 | | Monday, March 4, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam | | Rochester, NY | |
| Makara Rasi: 25.27 | | Tithi 28 - 29 | | 998273367 | | Shravana/Dhanishtha Nakshatra Shiva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau | | Sun 12 Sutra 323 | |
| Family Home Evening | | Creative Work | | 998273367 | | Gulika 1:47PM - 3:12PM Yama 10:57AM - 12:22PM Rahu 8:06AM - 9:32AM | | Shravana Until 6:00AM Shiva Until 4:47AM Tue Sakuni Until 7:22PM Trayodashi* Until 3:02AM Mon | |
| Creative Work | | Siddha Yoga | | | | | | Ganesha: Yellow Muruga: Clear Nataraja: White Moon - Purple Magha-Masi | |
| | | | | | | | | Sunrise: 6:41AM Sunset: 6:02PM Moon 2 - Phase 44 2nd Phase | |
| | | | | | | | | Devaloka Day | |

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|---------------------|--|-------------------------------|--|-----------|--|---|--|---|--|
| Retreat Star | | Tuesday, March 5, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam | | Rochester, NY | |
| Kumbha Rasi: 7.15 | | Tithi 29 - 30 | | 199273367 | | Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 13 Sutra 324 | |
| Routine Work | | Marana Yoga | | 199273367 | | Gulika 12:21PM - 1:47PM Yama 9:31AM - 10:56AM Rahu 3:12PM - 4:38PM | | Dhanishtha Until 8:39AM Siddha Until 7:33AM Wed Catuspada Until 9:56PM Chaturdashi* Until 4:03AM Tue | |
| | | | | | | | | Ganesha: Clear Muruga: Clear Nataraja: White Moon - Purple Magha-Masi | |
| | | | | | | | | Sunrise: 6:40AM Sunset: 6:03PM Moon 2 - Phase 44 Amavasya | |
| | | | | | | | | Devaloka Day | |

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|---------------------|--|----------------------------------|--|-----------|--|--|--|--|--|
| Retreat Star | | Wednesday, March 6, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam | | Rochester, NY | |
| Kumbha Rasi: 19.08 | | Tithi 30 - 1 | | 199373367 | | Shatabhishak/Purvaproshtapada* Nakshatra Sadya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 14 Sutra 325 | |
| Creative Work | | Siddha Yoga | | 199373367 | | Gulika 10:55AM - 12:21PM Yama 8:04AM - 9:30AM Rahu 12:21PM - 1:47PM | | Shatabhishak Until 1:15PM Thu Sadya Until 7:33AM Kintughna Until 12:14AM Thu Amavasya* Until 4:53AM Wed | |
| Until 1:15PM Thu | | Then Creative Work - Amrita Yoga | | | | | | Ganesha: White Muruga: Clear Nataraja: White Moon - Purple Phalgun-Masi | |
| | | | | | | | | Sunrise: 6:38AM Sunset: 6:04PM Moon 2 - Phase 44 Prathama | |
| | | | | | | | | Sivaloka Day | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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|--|--------------------|----------------------------------|--------------------------|--|-------------------------|------------------------|---|
| 1 | | Thursday, March 7, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Uttaraproshtapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Rochester, NY | |
| Meena Rasi: 1.07 | Tithi 1 – 2 | Gulika | 9:29AM – 10:55AM | Shatabhishak Until 1:15PM | Ganesh: Yellow | <i>Sunrise:</i> 6:36AM | Sun 15 Sutra 326 |
| | | Yama | 6:36AM – 8:03AM | Subha Until 10:24AM | Muruga: Clear | <i>Sunset:</i> 6:06PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | 119373367 Rahu | 1:47PM – 3:13PM | Balava Until 1:73AM Fri | Nataraja: White | | Moon 2 - Phase 45 |
| | | | | Prathama* Until 5:32AM Thu | Moon – Clear | | 3rd Phase |
| | | | | | Phalguna-Masi | | Devaloka Day |
| 2 | | Friday, March 8, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Rochester, NY | |
| Meena Rasi: 13.13 | Tithi 2 – 3 | Gulika | 8:01AM – 9:28AM | Purvaproshtapada* Until 3:04PM | Ganesh: Yellow | <i>Sunrise:</i> 6:35AM | Sun 16 Sutra 327 |
| | | Yama | 3:14PM – 4:40PM | Sukla Until 2:38PM Sat | Muruga: Clear | <i>Sunset:</i> 6:07PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | 119373367 Rahu | 10:54AM – 12:21PM | Taitila Until 3:53AM Sat | Nataraja: White | | Moon 2 - Phase 45 |
| | | | | Dvitiya Until 5:58AM Fri | Moon – Clear | | 3rd Phase |
| | | | | | Phalguna-Masi | | Devaloka Day |
| 3 | | Saturday, March 9, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | Rochester, NY | |
| Meena Rasi: 25.28 | Tithi 3 – 4 | Gulika | 6:33AM – 8:00AM | Uttaraproshtapada Until 4:33PM | Ganesh: Yellow | <i>Sunrise:</i> 6:33AM | Sun 17 Sutra 328 |
| | | Yama | 1:47PM – 3:14PM | Sukla Until 2:38PM | Muruga: Clear | <i>Sunset:</i> 6:08PM | Vilamba 5120 |
| Routine Work | Prabalarishta Yoga | 119373367 Rahu | 9:27AM – 10:54AM | Vanija Until 4:69AM Sun | Nataraja: White | | Moon 2 - Phase 45 |
| Until 4:33PM | | | | Tritiya Until 6:07AM Sat | Moon – Clear | | 3rd Phase |
| Then Creative Work - Siddha Yoga | | | | | Phalguna-Masi | | Devaloka Day |
| 4 | | Sunday, March 10, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Rochester, NY | |
| Mesha Rasi: 7.52 | Tithi 4 – 5 | Gulika | 3:15PM – 4:42PM | Revati Until 5:38PM | Ganesh: Red | <i>Sunrise:</i> 6:31AM | Sun 18 Sutra 329 |
| | | Yama | 12:20PM – 1:47PM | Indra Until 4:27PM | Muruga: Clear | <i>Sunset:</i> 6:09PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | 129373367 Rahu | 4:42PM – 6:09PM | Bava Until 5:61AM Mon | Nataraja: White | | Moon 2 - Phase 45 |
| Until 5:38PM | | | | Chaturthi* Until 5:59AM Sun | Moon – White | | 3rd Phase |
| Then Routine Work - Prabalarishta Yoga | | | | | Phalguna-Masi | | Devaloka Day |
| | | | | | | | Subramuniyaswami Siva Vision Day |
| 5 | | Monday, March 11, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Krittika Nakshatra Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau | | Rochester, NY | |
| Mesha Rasi: 20.27 | Tithi 5 | Gulika | 1:48PM – 3:15PM | Ashvini Until 6:16PM | Ganesh: Red | <i>Sunrise:</i> 6:29AM | Sun 19 Sutra 330 |
| Family Home Evening | | Yama | 10:52AM – 12:20PM | Vaidhriti* Until 5:41PM | Muruga: Clear | <i>Sunset:</i> 6:10PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | 129373367 Rahu | 7:57AM – 9:25AM | Bava Until 6:25AM Tue | Nataraja: White | | Moon 2 - Phase 45 |
| Until 6:16PM | | | | Panchami Until 5:34AM Mon | Moon – White | | 3rd Phase |
| Then Routine Work - Marana Yoga | | | | | Phalguna-Masi | | Devaloka Day |
| 6 | | Tuesday, March 12, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Shashthyam Titau | | Rochester, NY | |
| Vrishabha Rasi: 3.15 | Tithi 6 | Gulika | 12:20PM – 1:48PM | Bharani Until 6:24PM | Ganesh: Red | <i>Sunrise:</i> 6:28AM | Sun 20 Sutra 331 |
| | | Yama | 9:24AM – 10:52AM | Vishkambha* Until 6:17PM | Muruga: Clear | <i>Sunset:</i> 6:12PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | 129373367 Rahu | 3:16PM – 4:44PM | Kaulava Until 5:77AM Wed | Nataraja: White | | Moon 2 - Phase 45 |
| Until 6:24PM | | | | Shashthi* Until 4:45AM Tue | Moon – White | | 3rd Phase |
| Then Creative Work - Amrita Yoga | | | | | Phalguna-Masi | | Devaloka Day |
| Retreat Star | | Wednesday, March 13, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Gara Karana Saptami/Ashtamyam Titau | | Rochester, NY | |
| Vrishabha Rasi: 16.19 | Tithi 7 – 8 | Gulika | 10:51AM – 12:19PM | Krittika Until 5:59PM | Ganesh: Purple | <i>Sunrise:</i> 6:26AM | Sun 21 Sutra 332 |
| | | Yama | 7:54AM – 9:23AM | Priti Until 6:39PM | Muruga: Clear | <i>Sunset:</i> 6:13PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | 131373367 Rahu | 12:19PM – 1:48PM | Gara Until 6:17AM | Nataraja: White | | Moon 2 - Phase 45 |
| | | | | Saptami Until 5:59PM | Moon – Yellow | | 3rd Phase |
| | | | | | Phalguna-Masi | | Sivaloka Day |
| Retreat Star | | Thursday, March 14, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Rochester, NY | |
| Vrishabha Rasi: 29.41 | Tithi 8 – 9 | Gulika | 9:22AM – 10:50AM | Mrigashira Until 3:17PM Fri | Ganesh: Purple | <i>Sunrise:</i> 6:24AM | Sun 22 Sutra 333 |
| | | Yama | 6:24AM – 7:53AM | Ayushman Until 6:15PM | Muruga: Clear | <i>Sunset:</i> 6:14PM | Vilamba 5120 |
| Routine Work | Marana Yoga | 131373367 Rahu | 1:48PM – 3:17PM | Balava Until 3:72AM Fri | Nataraja: White | | Moon 2 - Phase 45 |
| | | | | Ashtami* Until 1:54AM Thu | Moon – Yellow | | Ashtami |
| | | | | | Phalguna-Panguni | | Sivaloka Day |
| | | | | | | | Karadayian Nombu (Tamil Nadu) |
| Retreat Star | | Friday, March 15, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Rochester, NY | |
| Mithuna Rasi: 13.25 | Tithi 9 – 10 | Gulika | 7:52AM – 9:21AM | Mrigashira Until 3:17PM | Ganesh: Purple | <i>Sunrise:</i> 6:22AM | Sun 23 Sutra 334 |
| | | Yama | 3:17PM – 4:46PM | Saubhagya Until 5:07PM | Muruga: Clear | <i>Sunset:</i> 6:15PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | 131373367 Rahu | 10:50AM – 12:19PM | Taitila Until 1:74AM Sat | Nataraja: Clear | | Moon 2 - Phase 45 |
| | | | | Navami* Until 11:44PM | Moon – Yellow | | Navami |
| | | | | | Phalguna-Panguni | | Subha Sivaloka Day |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

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|-----------------------------------|---------------|--|----------------------------------|-------------------------|------------------------|---|
| 1 Saturday, March 16, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara Karana Dashami/Ekadashyam Titau | | | | Rochester, NY Sun 24 Sutra 335 Vilamba 5120 |
| Mithuna Rasi: 27.32 | Tithi 10 – 11 | Gulika 6:21AM – 7:50AM | Ardra Until 10:16AM Sun | Ganesh: Clear | <i>Sunrise:</i> 6:21AM | |
| | | Yama 1:48PM – 3:18PM | Sobhana Until 3:41PM | Muruga: Clear | <i>Sunset:</i> 6:16PM | Moon 2 - Phase 46 |
| Creative Work | Siddha Yoga | 141373368 Rahu 9:20AM – 10:49AM | Gara Until 1:02PM | Nataraja: Clear | | 4th Phase |
| | | | Dashami Until 10:16AM Sun | Moon – Blue | | Sivaloka Day |
| | | | | Phalguna•Panguni | | |

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|---------------------------------|---------------|---|-----------------------------------|-------------------------|------------------------|---|
| 2 Sunday, March 17, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti* Karana Ekadashi/Dvadashyam Titau | | | | Rochester, NY Sun 25 Sutra 336 Vilamba 5120 |
| Kataka Rasi: 12 | Tithi 11 – 12 | Gulika 3:18PM – 4:48PM | Punarvasu Until 6:67AM Mon | Ganesh: Clear | <i>Sunrise:</i> 6:19AM | |
| | | Yama 12:18PM – 1:48PM | Athiganda* Until 1:36PM | Muruga: Clear | <i>Sunset:</i> 6:18PM | Moon 2 - Phase 46 |
| Creative Work | Siddha Yoga | 141373368 Rahu 4:48PM – 6:18PM | Visti Until 10:16AM | Nataraja: Clear | | 4th Phase |
| | | | Ekadashi Until 6:67AM Mon | Moon – Blue | | Sivaloka Day |
| | | | | Phalguna•Panguni | | |

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|---------------------------------|---------------|--|-----------------------------------|-------------------------|------------------------|---|
| 3 Monday, March 18, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Rochester, NY Sun 26 Sutra 337 Vilamba 5120 |
| Kataka Rasi: 26.47 | Tithi 12 – 13 | Gulika 1:48PM – 3:18PM | Pushya Until 7:07AM | Ganesh: Clear | <i>Sunrise:</i> 6:17AM | |
| Family Home Evening | | Yama 10:48AM – 12:18PM | Sukarma Until 11:01AM | Muruga: Clear | <i>Sunset:</i> 6:19PM | Moon 2 - Phase 46 |
| Creative Work | Siddha Yoga | 141373368 Rahu 7:47AM – 9:18AM | Kaulava Until 5:26PM | Nataraja: Clear | | 4th Phase |
| Until 7:07AM | | | Dvadashi Until 10:40AM Mon | Moon – Blue | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | Yogaswami Mahasamadhi | | Phalguna•Panguni | | |
| | | | <i>Pradosha Vrata</i> | | | |

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|----------------------------------|-------------|---|--------------------------------------|-------------------------|------------------------|---|
| 4 Tuesday, March 19, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Chaturdashyam Titau | | | | Rochester, NY Sun 27 Sutra 338 Vilamba 5120 |
| Simha Rasi: 11.47 | Tithi 14 | Gulika 12:18PM – 1:48PM | Ashlesha* Until 12:08AM Wed | Ganesh: White | <i>Sunrise:</i> 6:15AM | |
| | | Yama 9:17AM – 10:47AM | Dhriti Until 8:27AM | Muruga: Clear | <i>Sunset:</i> 6:20PM | Moon 2 - Phase 46 |
| Creative Work | Siddha Yoga | 151373368 Rahu 3:19PM – 4:49PM | Gara Until 10:23AM Wed | Nataraja: Clear | | 4th Phase |
| Until 12:08AM Wed | | | Chaturdashi* Until 6:40AM Tue | Moon – Red | | Subha Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Phalguna•Panguni | | |

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|------------------------------------|-------------|---|----------------------------------|-------------------------|------------------------|--|
| ○ Wednesday, March 20, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Balava Karana Purnimayam Titau | | | | Rochester, NY Sutra 339 Vilamba 5120 |
| Copper Retreat Star | | Gulika 10:46AM – 12:17PM | Magha* Until 8:37PM | Ganesh: White | <i>Sunrise:</i> 6:14AM | |
| Simha Rasi: 26.52 | Tithi 15 | Yama 7:45AM – 9:16AM | Ganda* Until 2:50AM Thu | Muruga: Clear | <i>Sunset:</i> 6:21PM | Moon 2 - Phase 46 |
| Creative Work | Amrita Yoga | 151373368 Rahu 12:17PM – 1:48PM | Visti Until 6:57AM Thu | Nataraja: Clear | | Purnima |
| Until 8:37PM | | | Purnima* Until 2:34AM Wed | Moon – Red | | Subha Sivaloka Day |
| Then Routine Work - Marana Yoga | | Panguni Uttiram | | Phalguna•Panguni | | |
| | | Holi | | | | |

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|----------------------------------|---------------|--|------------------------------------|-------------------------|------------------------|--|
| Thursday, March 21, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Tailita Karana Prathama/Dvitiyayam Titau | | | | Rochester, NY Sutra 340 Vilamba 5120 |
| Silver Retreat Star | | Gulika 9:15AM – 10:46AM | Uttaraphalguni Until 5:19PM | Ganesh: Yellow | <i>Sunrise:</i> 6:12AM | |
| Kanya Rasi: 11.52 | Tithi 16 – 17 | Yama 6:12AM – 7:43AM | Vriddhi Until 12:33AM Fri | Muruga: White | <i>Sunset:</i> 6:22PM | Moon 2 - Phase 46 |
| Routine Work | Marana Yoga | 161383368 Rahu 1:48PM – 3:20PM | Balava Until 3:49AM Fri | Nataraja: Clear | | Prathama |
| Until 5:19PM | | | Prathama* Until 10:31PM | Moon – Green | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | Phalguna•Panguni | | |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam

Rochester, NY

Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 341

Kanya Rasi: 26.39 Tihi 17 - 18

Gulika 7:42AM - 9:13AM

Hasta Until 2:24PM

Ganesha: Yellow Sunrise: 6:10AM

Vilamba 5120

Yama 3:20PM - 4:52PM

Dhruva Until 10:33PM

Muruga: White Sunset: 6:24PM

Moon 3 - Phase 47

162383368 Rahu 10:45AM - 12:17PM

Vanija Until 24:69

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 6:41PM

Moon - Green
Phalguna-Panguni

Devaloka Day

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam

Rochester, NY

Chitra/Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 342

Tula Rasi: 11.05 Tihi 18 - 19

Gulika 6:08AM - 7:40AM

Chitra Until 12:02PM

Ganesha: Blue Sunrise: 6:08AM

Vilamba 5120

Yama 1:49PM - 3:21PM

Vyaghata* Until 9:33AM Sun

Muruga: White Sunset: 6:25PM

Moon 3 - Phase 47

162383368 Rahu 9:12AM - 10:44AM

Bava Until 11:07PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:03AM Sat

Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam

Rochester, NY

Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 343

Tula Rasi: 25.05 Tihi 19 - 20

Gulika 3:21PM - 4:53PM

Svati Until 10:21AM

Ganesha: Red Sunrise: 6:07AM

Vilamba 5120

Yama 12:16PM - 1:49PM

Harshana Until 8:31PM

Muruga: White Sunset: 6:26PM

Moon 3 - Phase 47

172383368 Rahu 4:53PM - 6:26PM

Kaulava Until 9:50PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 9:33AM Sun

Moon - Orange
Phalguna-Panguni

Devaloka Day

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam

Rochester, NY

Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 344

Vrischika Rasi: 9 Tihi 20 - 21

Gulika 1:49PM - 3:21PM

Vishakha Until 9:29AM

Ganesha: Red Sunrise: 6:05AM

Vilamba 5120

Family Home Evening

Yama 10:43AM - 12:16PM

Vajra* Until 8:43PM

Muruga: White Sunset: 6:27PM

Moon 3 - Phase 47

172383368 Rahu 7:38AM - 9:10AM

Gara Until 8:84PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 7:41AM Mon

Moon - Orange
Phalguna-Panguni

Devaloka Day

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Rochester, NY

Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 345

Vrischika Rasi: 21.39 Tihi 21 - 22

Gulika 12:16PM - 1:49PM

Anuradha Until 9:84AM Wed

Ganesha: Red Sunrise: 6:03AM

Vilamba 5120

Yama 9:09AM - 10:42AM

Siddhi Until 9:37PM

Muruga: White Sunset: 6:28PM

Moon 3 - Phase 47

172383368 Rahu 3:22PM - 4:55PM

Vanija Until 9:30AM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi* Until 9:84AM Wed

Moon - Orange
Phalguna-Panguni

Devaloka Day

D

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Rochester, NY

Jyeshtha*/Mula* Nakshatra Vyatipata*/Vriyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 346

Dhanus Rasi: 4.16 Tihi 22 - 23

Gulika 10:42AM - 12:15PM

Jyeshtha* Until 10:24AM

Ganesha: Green Sunrise: 6:01AM

Vilamba 5120

Yama 7:35AM - 9:08AM

Vyatipata* Until 5:69AM Thu

Muruga: White Sunset: 6:29PM

Moon 3 - Phase 47

182383368 Rahu 12:15PM - 1:49PM

Balava Until 10:70PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Saptami Until 6:02AM Wed

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 10:24AM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Rochester, NY

Mula*/Purvashadha* Nakshatra Vriyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 347

Dhanus Rasi: 16.33 Tihi 23 - 24

Gulika 9:07AM - 10:41AM

Mula* Until 12:04PM

Ganesha: Green Sunrise: 5:59AM

Vilamba 5120

Yama 5:59AM - 7:33AM

Vriyan Until 2:10AM Fri

Muruga: White Sunset: 6:31PM

Moon 3 - Phase 47

182383368 Rahu 1:49PM - 3:23PM

Taitila Until 1:09AM Fri

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 5:69AM Thu

Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 12:04PM

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|--------------------|---------------|------------------------|-------------------|----------------------------------|-------------------------|--|-------|---------------------|--------------|
| 1 | | Friday, March 29, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Rochester, NY | |
| Dhanus Rasi: 28.34 | Tithi 24 – 25 | Gulika | 7:32AM – 9:06AM | Purvashadha* Until 2:19PM | Ganesha: Green | <i>Sunrise:</i> 5:58AM | Sun 8 | Sutra 348 | Vilamba 5120 |
| | | Yama | 3:23PM – 4:57PM | Parigha* Until 4:57AM Sat | Muruga: Yellow | <i>Sunset:</i> 6:32PM | | Moon 3 - Phase 48 | 2nd Phase |
| Routine Work | Marana Yoga | 182383468 Rahu | 10:40AM – 12:15PM | Vanija Until 3:36AM Sat | Nataraja: Purple | | | | |
| | | | | Navami* Until 6:45AM Fri | Moon – Light Blue | | | Devaloka Day | |
| | | | | | Phalguna*Panguni | | | | |

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| 2 | | Saturday, March 30, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti* Karana Dashami/Ekodashyam Titau | | Rochester, NY | |
| Makara Rasi: 10.25 | Tithi 25 – 26 | Gulika | 5:56AM – 7:31AM | Uttarashadha Until 19:36AM Sun | Ganesha: Orange | <i>Sunrise:</i> 5:56AM | Sun 9 | Sutra 349 | Vilamba 5120 |
| | | Yama | 1:49PM – 3:24PM | Shiva Until 8:17AM Sun | Muruga: Yellow | <i>Sunset:</i> 6:33PM | | Moon 3 - Phase 48 | 2nd Phase |
| Creative Work | Siddha Yoga | 192383468 Rahu | 9:05AM – 10:40AM | Visti Until 4:54PM | Nataraja: Purple | | | | |
| Until 19:36AM Sun | | | | Dashami Until 19:36AM Sun | Moon – Purple | | | Sivaloka Day | |
| Then Routine Work - Marana Yoga | | | | | Phalguna*Panguni | | | | |

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| 3 | | Sunday, March 31, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Ekadashyam Titau | | Rochester, NY | |
| Makara Rasi: 22.12 | Tithi 26 | Gulika | 3:24PM – 4:59PM | Shravana Until 9:71PM Mon | Ganesha: Orange | <i>Sunrise:</i> 5:54AM | Sun 10 | Sutra 350 | Vilamba 5120 |
| | | Yama | 12:14PM – 1:49PM | Siddha Until 8:17AM | Muruga: Yellow | <i>Sunset:</i> 6:34PM | | Moon 3 - Phase 48 | 2nd Phase |
| Creative Work | Amrita Yoga | 192383468 Rahu | 4:59PM – 6:34PM | Bava Until 8:56AM Mon | Nataraja: Purple | | | | |
| Until 9:71PM Mon | | | | Ekadashi* Until 8:45AM Sun | Moon – Purple | | | Sivaloka Day | |
| Then Routine Work - Marana Yoga | | | | | Phalguna*Panguni | | | | |

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| 4 | | Monday, April 1, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Tailita Karana Dvadashyam Titau | | Rochester, NY | |
| Kumbha Rasi: 3.59 | Tithi 27 | Gulika | 1:49PM – 3:24PM | Shravana Until 9:71PM | Ganesha: Green | <i>Sunrise:</i> 5:54AM | Sun 11 | Sutra 351 | Vilamba 5120 |
| Family Home Evening | | Yama | 10:39AM – 12:14PM | Sadhya Until 10:41AM Tue | Muruga: Yellow | <i>Sunset:</i> 6:34PM | | Moon 3 - Phase 48 | 2nd Phase |
| Creative Work | Siddha Yoga | 192483468 Rahu | 7:29AM – 9:04AM | Kaulava Until 8:56AM | Nataraja: Purple | | | | |
| | | | | Dvadashi* Until 9:71PM | Moon – Purple | | | Subha Sivaloka Day | |
| | | | | | Phalguna*Panguni | | | | |

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| 5 | | Tuesday, April 2, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Purvaprosnthapada* Nakshatra Subha/Sukla Yoga Gara/Visli* Karana Trayodashyam Titau | | Rochester, NY | |
| Kumbha Rasi: 15.51 | Tithi 28 | Gulika | 12:14PM – 1:49PM | Dhanishtha Until 12:28AM Wed | Ganesha: Green | <i>Sunrise:</i> 5:52AM | Sun 12 | Sutra 352 | Vilamba 5120 |
| | | Yama | 9:03AM – 10:38AM | Subha Until 2:10PM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | | Moon 3 - Phase 48 | 2nd Phase |
| Routine Work | Marana Yoga | 192483468 Rahu | 3:25PM – 5:00PM | Gara Until 13:30AM Wed | Nataraja: Purple | | | | |
| Until 12:28AM Wed | | | | Trayodashi* Until 10:41AM Tue | Moon – Purple | | | Subha Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | | | | Phalguna*Panguni | | | | |
| | | | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 6 | | Wednesday, April 3, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Sukla/Brahma Yoga Visti*/Catuspada* Karana Chaturdashyam Titau | | Rochester, NY | |
| Kumbha Rasi: 27.49 | Tithi 29 | Gulika | 10:38AM – 12:14PM | Purvaprosnthapada* Until 3:51AM Fri T | Ganesha: Orange | <i>Sunrise:</i> 5:51AM | Sun 13 | Sutra 353 | Vilamba 5120 |
| | | Yama | 7:26AM – 9:02AM | Sukla Until 4:55PM | Muruga: Yellow | <i>Sunset:</i> 6:36PM | | Moon 3 - Phase 48 | 2nd Phase |
| Creative Work | Amrita Yoga | 112483468 Rahu | 12:14PM – 1:49PM | Visti Until 14:71AM Thu | Nataraja: Purple | | | | |
| Until 3:51AM Fri Thu | | | | Chaturdashi* Until 11:17AM Wed | Moon – Clear | | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | Phalguna*Panguni | | | | |

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| ● | | Thursday, April 4, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Brahma/Indra Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau | | Rochester, NY | |
| Retreat Star | | Gulika | 9:01AM – 10:37AM | Purvaprosnthapada* Until 3:51AM Fri | Ganesha: Orange | <i>Sunrise:</i> 5:49AM | Sun 14 | Sutra 354 | Vilamba 5120 |
| Meena Rasi: 9.58 | Tithi 30 | Yama | 5:49AM – 7:25AM | Brahma Until 7:06PM | Muruga: Yellow | <i>Sunset:</i> 6:38PM | | Moon 3 - Phase 48 | Amavasya |
| Creative Work | Siddha Yoga | 112483468 Rahu | 1:49PM – 3:25PM | Catuspada Until 15:87AM Fri | Nataraja: Purple | | | | |
| | | | | Amavasya* Until 11:36AM Thu | Moon – Clear | | | Sivaloka Day | |
| | | | | | Phalguna*Panguni | | | | |

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| ● | | Friday, April 5, 2019 | | | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosnthapada*/Revati Nakshatra Indra/Vaidhrii* Yoga Kintughna* Karana Prathamayam Titau | | Rochester, NY | |
| Retreat Star | | Gulika | 7:24AM – 9:00AM | Uttaraprosnthapada Until 4:54AM Sat | Ganesha: Light Blue | <i>Sunrise:</i> 5:47AM | Sun 15 | Sutra 355 | Vilamba 5120 |
| Meena Rasi: 22.16 | Tithi 1 | Yama | 3:26PM – 5:02PM | Indra Until 8:42PM | Muruga: Yellow | <i>Sunset:</i> 6:39PM | | Moon 3 - Phase 48 | Prathama |
| Creative Work | Siddha Yoga | 113483468 Rahu | 10:36AM – 12:13PM | Kintughna Until 4:27PM | Nataraja: Purple | | | | |
| | | | | Prathama* Until 4:54AM Sat | Moon – Clear | | | Devaloka Day | |
| | | Yugadhi | | | Chaitra*Panguni | | | | |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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| 1 | | Saturday, April 6, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava Karana Dvitiyayam Titau | | Rochester, NY Sun 16 Sutra 356 Vilamba 5120 | |
| Mesha Rasi: 4.46 | Tithi 2 | Gulika | 5:45AM – 7:22AM | Revati Until 5:31AM Sun | Ganesh: Purple | <i>Sunrise:</i> 5:45AM | | | |
| | | Yama | 1:49PM – 3:26PM | Vaidhriti* Until 10:13PM | Muruga: Yellow | <i>Sunset:</i> 6:40PM | | Moon 3 - Phase 49 | |
| | | 123483468 Rahu | 8:59AM – 10:36AM | Balava Until 5:17PM | Nataraja: Purple | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Dvitiya Until 5:31AM Sun | Moon – White | | | Devaloka Day | |
| Until 5:31AM Sun | | | | | Chaitra•Panguni | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | | |

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| 2 | | Sunday, April 7, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Vanija Karana Tritiyayam Titau | | Rochester, NY Sun 17 Sutra 357 Vilamba 5120 | |
| Mesha Rasi: 17.27 | Tithi 3 | Gulika | 3:27PM – 5:04PM | Ashvini Until 5:45AM Mon | Ganesh: Purple | <i>Sunrise:</i> 5:44AM | | | |
| | | Yama | 12:12PM – 1:50PM | Vishkambha* Until 11:12PM | Muruga: Yellow | <i>Sunset:</i> 6:41PM | | Moon 3 - Phase 49 | |
| | | 123483468 Rahu | 5:04PM – 6:41PM | Taitila Until 17:45AM Mon | Nataraja: Purple | | | 3rd Phase | |
| Routine Work | Prabalarishta Yoga | | | Tritiya Until 10:36AM Sun | Moon – White | | | Devaloka Day | |
| Until 5:45AM Mon | | Chellappaswami Mahasamadhi | | | Chaitra•Panguni | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Monday, April 8, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau | | Rochester, NY Sun 18 Sutra 358 Vilamba 5120 | |
| Vrishabha Rasi: 0.19 | Tithi 4 | Gulika | 1:50PM – 3:27PM | Bharani Until 5:37AM Tue | Ganesh: Purple | <i>Sunrise:</i> 5:42AM | | | |
| Family Home Evening | | Yama | 10:35AM – 12:12PM | Priti Until 8:25AM Tue | Muruga: Yellow | <i>Sunset:</i> 6:42PM | | Moon 3 - Phase 49 | |
| | | 123483468 Rahu | 7:19AM – 8:57AM | Vanija Until 16:86AM Tue | Nataraja: Purple | | | 3rd Phase | |
| Routine Work | Marana Yoga | | | Chaturthi* Until 9:40AM Mon | Moon – White | | | Devaloka Day | |
| Until 5:37AM Tue | | | | | Chaitra•Panguni | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 4 | | Tuesday, April 9, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Bava Karana Panchamyam Titau | | Rochester, NY Sun 19 Sutra 359 Vilamba 5120 | |
| Vrishabha Rasi: 13.22 | Tithi 5 | Gulika | 12:12PM – 1:50PM | Krittika Until 5:07AM Wed | Ganesh: Clear | <i>Sunrise:</i> 5:40AM | | | |
| | | Yama | 8:56AM – 10:34AM | Ayushman Until 6:53AM Wed | Muruga: Yellow | <i>Sunset:</i> 6:43PM | | Moon 3 - Phase 49 | |
| | | 123483468 Rahu | 3:28PM – 5:05PM | Bava Until 5:26PM | Nataraja: Purple | | | 3rd Phase | |
| Creative Work | Amrita Yoga | | | Panchami Until 5:07AM Wed | Moon – Yellow | | | Sivaloka Day | |
| Until 5:07AM Wed | | | | | Chaitra•Panguni | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 5 | | Wednesday, April 10, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Shashthyam Titau | | Rochester, NY Sun 20 Sutra 360 Vilamba 5120 | |
| Vrishabha Rasi: 26.37 | Tithi 6 | Gulika | 10:33AM – 12:11PM | Rohini Until 4:14AM Thu | Ganesh: Clear | <i>Sunrise:</i> 5:38AM | | | |
| | | Yama | 7:17AM – 8:55AM | Saubhagya Until 11:56PM | Muruga: Yellow | <i>Sunset:</i> 6:45PM | | Moon 3 - Phase 49 | |
| | | 123483468 Rahu | 12:11PM – 1:50PM | Kaulava Until 15:39AM Thu | Nataraja: Purple | | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Shashthi* Until 6:53AM Wed | Moon – Yellow | | | Sivaloka Day | |
| Until 4:14AM Thu | | | | | Chaitra•Panguni | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 6 | | Thursday, April 11, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau | | Rochester, NY Sun 21 Sutra 361 Vilamba 5120 | |
| Mithuna Rasi: 10.05 | Tithi 7 | Gulika | 8:54AM – 10:33AM | Mrigashira Until 2:56AM Fri | Ganesh: Clear | <i>Sunrise:</i> 5:37AM | | | |
| | | Yama | 5:37AM – 7:15AM | Athiganda* Until 11:16PM | Muruga: Yellow | <i>Sunset:</i> 6:46PM | | Moon 3 - Phase 49 | |
| | | 123483468 Rahu | 1:50PM – 3:28PM | Gara Until 13:68AM Fri | Nataraja: Purple | | | 3rd Phase | |
| Routine Work | Marana Yoga | | | Saptami Until 5:04AM Thu | Moon – Yellow | | | Sivaloka Day | |
| Until 2:56AM Fri | | | | | Chaitra•Panguni | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| Retreat Star | | Friday, April 12, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Visti*/Balava Karana Ashtamyam Titau | | Rochester, NY Sun 22 Sutra 362 Vilamba 5120 | |
| Mithuna Rasi: 23.46 | Tithi 8 | Gulika | 7:14AM – 8:53AM | Ardra Until 1:13AM Sat | Ganesh: White | <i>Sunrise:</i> 5:35AM | | | |
| | | Yama | 3:29PM – 5:08PM | Sukarma Until 11:83PM | Muruga: Yellow | <i>Sunset:</i> 6:47PM | | Moon 3 - Phase 49 | |
| | | 143483468 Rahu | 10:32AM – 12:11PM | Visti Until 11:73AM Sat | Nataraja: Purple | | | Ashtami | |
| Creative Work | Siddha Yoga | | | Ashtami* Until 2:53AM Fri | Moon – Blue | | | Devaloka Day | |
| | | | | | Chaitra•Panguni | | | | |

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| Retreat Star | | Saturday, April 13, 2019 | | | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Balava/Taitila Karana Navamyam Titau | | Rochester, NY Sun 23 Sutra 363 Vilamba 5120 | |
| Kataka Rasi: 7.43 | Tithi 9 | Gulika | 5:33AM – 7:13AM | Punarvasu Until 11:06PM | Ganesh: White | <i>Sunrise:</i> 5:33AM | | | |
| | | Yama | 1:50PM – 3:29PM | Dhriti Until 9:35PM | Muruga: Yellow | <i>Sunset:</i> 6:48PM | | Moon 3 - Phase 49 | |
| | | 143483468 Rahu | 8:52AM – 10:31AM | Balava Until 9:55AM Sun | Nataraja: Purple | | | Navami | |
| Creative Work | Siddha Yoga | | | Navami* Until 11:83PM | Moon – Blue | | | Devaloka Day | |
| Until 11:06PM | | Sri Rama Navami | | | Chaitra•Panguni | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

www.gurudeva.org/panchang

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| 1 | Sunday, April 14, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Taitila/Vanija Karana Dashamyam Titau | | | | Rochester, NY |
| | Kataka Rasi: 21.55 | Tithi 10 | Gulika 3:30PM – 5:09PM | Pushya Until 8:37PM | Ganesh: Clear | <i>Sunrise:</i> 5:32AM | Sun 24 Sutra 364 |
| Until 8:37PM | | Yama 12:10PM – 1:50PM | Shula* Until 7:19PM | Muruga: Yellow | <i>Sunset:</i> 6:49PM | Vikarin 5121 | |
| Creative Work Siddha Yoga | | 243483468 Rahu 5:09PM – 6:49PM | Taitila Until 6:76AM Mon | Nataraja: Purple | | Moon 3 - Phase 1 | |
| Then Routine Work - Marana Yoga | | | Dashami Until 9:35PM | Moon – Blue | | 4th Phase | |
| | | Tamil New Year | | Chaitra•Chaitra | | Sivaloka Day | |

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| 2 | Monday, April 15, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau | | | | Rochester, NY |
| | Simha Rasi: 6.22 | Tithi 11 – 12 | Gulika 1:50PM – 3:30PM | Ashlesha* Until 5:50PM | Ganesh: White | <i>Sunrise:</i> 5:30AM | Sun 25 Sutra 1 |
| Family Home Evening | | Yama 10:30AM – 12:10PM | Ganda* Until 5:27PM | Muruga: Yellow | <i>Sunset:</i> 6:50PM | Vikarin 5121 | |
| Routine Work Marana Yoga | | 253483468 Rahu 7:10AM – 8:50AM | Vanija Until 3:83AM Tue | Nataraja: Purple | | Moon 3 - Phase 1 | |
| Until 5:50PM | | | Ekadashi Until 6:27PM | Moon – Red | | 4th Phase | |
| Then Creative Work - Siddha Yoga | | | | Chaitra•Chaitra | | Devaloka Day | |

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| 3 | Tuesday, April 16, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Rochester, NY |
| | Simha Rasi: 20.59 | Tithi 12 – 13 | Gulika 12:10PM – 1:50PM | Magha* Until 2:52PM | Ganesh: White | <i>Sunrise:</i> 5:28AM | Sun 26 Sutra 2 |
| Until 2:52PM | | Yama 8:49AM – 10:30AM | Vridhhi Until 3:16PM | Muruga: Yellow | <i>Sunset:</i> 6:51PM | Vikarin 5121 | |
| Creative Work Siddha Yoga | | 253483468 Rahu 3:31PM – 5:11PM | Kaulava Until 24:82 | Nataraja: Purple | | Moon 3 - Phase 1 | |
| Then Creative Work - Amrita Yoga | | | Dvadashi Until 11:33AM Tue | Moon – Red | | 4th Phase | |
| | | | | Chaitra•Chaitra | | Devaloka Day | |
| | | | <i>Pradosha Vrata</i> | | | | |

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| 4 | Wednesday, April 17, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila Karana Trayodashi/Chaturdashyam Titau | | | | Rochester, NY |
| | Kanya Rasi: 5.41 | Tithi 13 – 14 | Gulika 10:29AM – 12:10PM | Purvaphalguni Until 8:53AM Thu | Ganesh: White | <i>Sunrise:</i> 5:27AM | Sun 27 Sutra 3 |
| Until 8:53AM Thu | | Yama 7:07AM – 8:48AM | Dhruva Until 12:53PM | Muruga: Yellow | <i>Sunset:</i> 6:53PM | Vikarin 5121 | |
| Creative Work Amrita Yoga | | 253483468 Rahu 12:10PM – 1:50PM | Taitila Until 11:50AM | Nataraja: Purple | | Moon 3 - Phase 1 | |
| Then Routine Work - Marana Yoga | | | Trayodashi Until 8:53AM Thu | Moon – Red | | 4th Phase | |
| | | | | Chaitra•Chaitra | | Devaloka Day | |

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| ○ | Thursday, April 18, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Harshana Yoga Vanija Karana Chaturdashi/Purnimayam Titau | | | | Rochester, NY |
| | Copper Retreat Star | | Gulika 8:47AM – 10:28AM | Uttaraphalguni Until 5:69AM Fri | Ganesh: Yellow | <i>Sunrise:</i> 5:25AM | Sutra 4 |
| Kanya Rasi: 20.22 | Tithi 14 – 15 | Yama 5:25AM – 7:06AM | Harshana Until 10:51AM | Muruga: Yellow | <i>Sunset:</i> 6:54PM | Vikarin 5121 | |
| Until 5:69AM Fri | | 263483468 Rahu 1:51PM – 3:32PM | Vanija Until 8:53AM | Nataraja: Purple | | Moon 3 - Phase 1 | |
| Creative Work Siddha Yoga | | | Chaturdashi* Until 5:69AM Fri | Moon – Green | | Purnima | |
| Then Creative Work - Siddha Yoga | | Chitra Purnima (Tamil Nadu) | | Chaitra•Chaitra | | Sivaloka Day | |
| | | Hanuman Jayanti | | | | | |

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| ○ | Friday, April 19, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Rochester, NY |
| | Silver Retreat Star | | Gulika 7:05AM – 8:46AM | Chitra Until 8:56AM | Ganesh: Yellow | <i>Sunrise:</i> 5:23AM | Sutra 5 |
| Tula Rasi: 4.53 | Tithi 15 – 16 | Yama 3:32PM – 5:14PM | Vajra* Until 8:56AM | Muruga: Yellow | <i>Sunset:</i> 6:55PM | Vikarin 5121 | |
| Until 5:69AM Fri | | 263483468 Rahu 10:28AM – 12:09PM | Balava Until 4:57PM | Nataraja: Purple | | Moon 3 - Phase 1 | |
| Creative Work Siddha Yoga | | | Purnima* Until 12:59AM Fri | Moon – Green | | Prathama | |
| Then Creative Work - Siddha Yoga | | | | Chaitra•Chaitra | | Sivaloka Day | |