



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
/Anuradha Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, ME
Sutra 16
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 3.38 Tiithi 17
273832369
Creative Work Siddha Yoga
Until 9:09PM
Then Routine Work - Marana Yoga

Gulika 11:38AM – 1:24PM **Until 9:09PM**
Yama 8:06AM – 9:52AM
Rahu 3:10PM – 4:56PM
Variyan Until 22:56AM Wed
Taitila Until 9:49AM Wed
Dvitiya Until

Ganesha: Purple *Sunrise:* 4:34AM
Muruga: White *Sunset:* 6:42PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra **Bhuloka Day**

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Portland, ME
Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 16.06 Tiithi 18
273832369
Creative Work Siddha Yoga

Gulika 9:52AM – 11:38AM **Anuradha Until 7:05AM**
Yama 6:19AM – 8:05AM
Rahu 11:38AM – 1:24PM
Parigha* Until 10:56PM
Vanija Until 9:49AM
Tritiya Until 10:34PM

Ganesha: Purple *Sunrise:* 4:33AM
Muruga: White *Sunset:* 6:43PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra **Bhuloka Day**

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Portland, ME
Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 28.19 Tiithi 19
274832369
Routine Work Prabalarishta Yoga
Until 9:08AM
Then Creative Work - Siddha Yoga

Gulika 8:04AM – 9:51AM **Jyeshtha* Until 9:08AM**
Yama 4:31AM – 6:18AM
Rahu 1:24PM – 3:11PM
Shiva Until 11:28PM
Bava Until 11:30AM
Chaturthi* Until 12:30AM Fri

Ganesha: Clear *Sunrise:* 4:31AM
Muruga: White *Sunset:* 6:44PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra **Bhuloka Day**
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, ME
Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 10.21 Tiithi 20
284832369
Creative Work Amrita Yoga
Until 11:59AM
Then Routine Work - Prabalarishta Yoga

Gulika 6:17AM – 8:04AM **Mula* Until 11:59AM**
Yama 3:12PM – 4:59PM
Rahu 9:51AM – 11:38AM
Siddha Until 12:17AM Sat
Kaulava Until 1:39PM
Panchami Until 2:50AM Sat

Ganesha: White *Sunrise:* 4:30AM
Muruga: White *Sunset:* 6:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra **Devaloka Day**

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME
Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 22.14 Tiithi 21
284832369
Creative Work Siddha Yoga
Until 2:59PM
Then Routine Work - Marana Yoga

Gulika 4:28AM – 6:16AM **Purvashadha* Until 2:59PM**
Yama 1:25PM – 3:12PM
Rahu 8:03AM – 9:50AM
Sadhya Until 1:18AM Sun
Gara Until 4:07PM
Shashthi* Until 5:23AM Sun

Ganesha: White *Sunrise:* 4:28AM
Muruga: White *Sunset:* 6:47PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra **Devaloka Day**

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti* Karana Saptamyam Titau

Portland, ME
Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Makara Rasi: 4.02 Tiithi 22
284832369
Creative Work Amrita Yoga

Gulika 3:13PM – 5:00PM **Uttarashadha Until 5:55PM**
Yama 11:38AM – 1:25PM
Rahu 5:00PM – 6:48PM
Subha Until 2:22AM Mon
Visti Until 6:42PM
Saptami Until 7:56AM Mon

Ganesha: White *Sunrise:* 4:27AM
Muruga: White *Sunset:* 6:48PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra **Devaloka Day**

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Bava Karana Saptami/Ashtamyam Titau

Portland, ME
Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Makara Rasi: 15.52 Tiithi 22 – 23
294832369
Family Home Evening
Creative Work Amrita Yoga
Until 9:04PM
Then Creative Work - Siddha Yoga

Gulika 1:25PM – 3:13PM **Shravana Until 9:04PM**
Yama 9:50AM – 11:37AM
Rahu 6:14AM – 8:02AM
Sukla Until 3:14AM Tue
Bava Until 7:56AM
Saptami Until 7:56AM

Ganesha: Yellow *Sunrise:* 4:26AM
Muruga: White *Sunset:* 6:49PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra **Bhuloka Day**
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, ME
Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Navami

Makara Rasi: 27.46 Tiithi 23 – 24
294832369
Creative Work Siddha Yoga
Until 11:40PM
Then Routine Work - Marana Yoga

Gulika 11:37AM – 1:26PM **Dhanishtha Until 11:40PM**
Yama 8:01AM – 9:49AM
Rahu 3:14PM – 5:02PM
Brahma Until 3:46AM Wed
Taitila Until 11:10PM
Ashtami* Until 10:12AM

Ganesha: Yellow *Sunrise:* 4:25AM
Muruga: White *Sunset:* 6:50PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra **Bhuloka Day**
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Wednesday, May 9, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, ME Sun 8
Kumbha Rasi: 9.52	Tithi 24 – 25	Gulika	9:49AM – 11:37AM	Shatabhishak Until 1:30AM Thu	Ganesha: Yellow	<i>Sunrise: 4:23AM</i>	Vilamba 5120	
		Yama	6:12AM – 8:00AM	Indra Until 3:49AM Thu	Muruga: White	<i>Sunset: 6:51PM</i>	Moon 4 - Phase 4	
		294832369 Rahu	11:37AM – 1:26PM	Vanija Until 12:35AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Navami* Until 11:57AM	Moon – Purple			
					Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM	

2		Thursday, May 10, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Portland, ME Sun 9
Kumbha Rasi: 22.15	Tithi 25 – 26	Gulika	8:00AM – 9:49AM	Purvaproshtapada* Until 2:55AM Fri	Ganesha: Yellow	<i>Sunrise: 4:22AM</i>	Vilamba 5120	
		Yama	4:22AM – 6:11AM	Vaidhriti* Until 2:55AM Fri	Muruga: White	<i>Sunset: 6:52PM</i>	Moon 4 - Phase 4	
		214832369 Rahu	1:26PM – 3:15PM	Balava Until 12:74AM Fri	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 1:00PM	Moon – Clear			
					Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM	

3		Friday, May 11, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 10
Meena Rasi: 4.59	Tithi 26 – 27	Gulika	6:10AM – 7:59AM	Uttaraproshtapada Until 3:22AM Sat	Ganesha: Blue	<i>Sunrise: 4:21AM</i>	Vilamba 5120	
		Yama	3:15PM – 5:04PM	Vishkambha* Until 2:01AM Sat	Muruga: White	<i>Sunset: 6:54PM</i>	Moon 4 - Phase 4	
		214932369 Rahu	9:48AM – 11:37AM	Kaulava Until 24:63	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 3:14AM Fri	Moon – Clear			
Until 3:22AM Sat					Vaisaka-Chaitra	Bhuloka Day		
Then Routine Work - Prabalarishta Yoga								

4		Saturday, May 12, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 11
Meena Rasi: 18.07	Tithi 27 – 28	Gulika	4:20AM – 6:09AM	Revati Until 2:53AM Sun	Ganesha: Blue	<i>Sunrise: 4:20AM</i>	Vilamba 5120	
		Yama	1:27PM – 3:16PM	Priti Until 2:53AM Sun	Muruga: White	<i>Sunset: 6:55PM</i>	Moon 4 - Phase 4	
		214932369 Rahu	7:59AM – 9:48AM	Vanija Until 11:18AM Sun	Nataraja: Purple		2nd Phase	
Routine Work	Prabalarishta Yoga			Dvadashi* Until 12:39PM	Moon – Clear			
Until 2:53AM Sun					Vaisaka-Chaitra	Bhuloka Day		
Then Creative Work - Siddha Yoga								
					<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, May 13, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 12
Mesha Rasi: 1.41	Tithi 28 – 29	Gulika	3:16PM – 5:06PM	Ashvini Until 9:20AM Mon	Ganesha: Blue	<i>Sunrise: 4:19AM</i>	Vilamba 5120	
		Yama	11:37AM – 1:27PM	Ayushman Until 9:45PM	Muruga: White	<i>Sunset: 6:56PM</i>	Moon 4 - Phase 4	
		224932369 Rahu	5:06PM – 6:56PM	Visti Until 10:24PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 11:18AM	Moon – White			
					Vaisaka-Chaitra	Bhuloka Day		

Monday, May 14, 2018		Retreat Star				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, ME Sun 13
Mesha Rasi: 15.4	Tithi 29 – 30	Gulika	1:27PM – 3:17PM	Ashvini Until 9:20AM	Ganesha: Blue	<i>Sunrise: 4:18AM</i>	Vilamba 5120	
Family Home Evening		Yama	9:47AM – 11:37AM	Saubhagya Until 15:37AM Tue	Muruga: White	<i>Sunset: 6:57PM</i>	Moon 4 - Phase 4	
Creative Work	Siddha Yoga	224932369 Rahu	6:07AM – 7:57AM	Catuspada Until 8:09PM	Nataraja: Purple		Amavasya	
Until 9:20AM				Chaturdashi* Until 9:20AM	Moon – White			
Then Routine Work - Marana Yoga					Vaisaka-Vaikasi	Bhuloka Day		

Tuesday, May 15, 2018		Retreat Star				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Ahiganda* Yoga Naga*/Balava Karana Amavasya/Prathamayam Titau		Portland, ME Sun 14
Mesha Rasi: 29.59	Tithi 30 – 1	Gulika	11:37AM – 1:27PM	Krittika Until 10:22PM	Ganesha: Red	<i>Sunrise: 4:16AM</i>	Vilamba 5120	
		Yama	7:57AM – 9:47AM	Sobhana Until 10:22PM	Muruga: White	<i>Sunset: 6:58PM</i>	Moon 4 - Phase 4	
		225932369 Rahu	3:18PM – 5:08PM	Balava Until 14:33AM Wed	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 6:51AM	Moon – White			
Until 10:22PM					Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga								

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1	Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 15
	Vrishabha Rasi: 14.33	Tithi 2	Gulika 9:47AM – 11:37AM	Rohini Until 8:20PM	Ganesh: Yellow	<i>Sunrise:</i> 4:15AM	Sutra 31 Vilamba 5120
			Yama 6:06AM – 7:56AM	Athiganda* Until 12:08PM	Muruga: White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	235932369 Rahu 11:37AM – 1:28PM	Balava Until 2:33PM Dvitiya Until 1:01AM Thu	Nataraja: Purple Moon – Yellow	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

2	Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau				Portland, ME Sun 16
	Vrishabha Rasi: 29.15	Tithi 3	Gulika 7:56AM – 9:47AM	Mrigashira Until 6:05PM	Ganesh: Yellow	<i>Sunrise:</i> 4:14AM	Sutra 32 Vilamba 5120
			Yama 4:14AM – 6:05AM	Sukarma Until 8:34AM	Muruga: White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 5
	Routine Work	Marana Yoga	235932369 Rahu 1:28PM – 3:19PM	Tailila Until 11:30AM Tritiya Until 9:58PM	Nataraja: Purple Moon – Yellow	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

3	Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Portland, ME Sun 17
	Mithuna Rasi: 13.57	Tithi 4	Gulika 6:04AM – 7:55AM	Ardra Until 3:46PM	Ganesh: Yellow	<i>Sunrise:</i> 4:13AM	Sutra 33 Vilamba 5120
			Yama 3:19PM – 5:10PM	Shula* Until 1:32AM Sat	Muruga: White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	235932369 Rahu 9:46AM – 11:37AM	Vanija Until 8:29AM Chaturthi* Until 7:00PM	Nataraja: Purple Moon – Yellow	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

4	Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, ME Sun 18
	Mithuna Rasi: 28.33	Tithi 5 – 6	Gulika 4:12AM – 6:04AM	Punarvasu Until 1:48PM Sun	Ganesh: White	<i>Sunrise:</i> 4:12AM	Sutra 34 Vilamba 5120
			Yama 1:29PM – 3:20PM	Ganda* Until 1:55PM	Muruga: White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 Rahu 7:55AM – 9:46AM	Kaulava Until 3:00AM Sun Panchami Until 4:15PM	Nataraja: Purple Moon – Blue	Devaloka Day Jyeshtha Adhika-Vaikasi	

5	Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Vriddhi Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Portland, ME Sun 19
	Kataka Rasi: 12.58	Tithi 6 – 7	Gulika 3:20PM – 5:12PM	Punarvasu Until 1:48PM	Ganesh: White	<i>Sunrise:</i> 4:12AM	Sutra 35 Vilamba 5120
			Yama 11:37AM – 1:29PM	Vriddhi Until 7:17PM	Muruga: White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 Rahu 5:12PM – 7:03PM	Gara Until 12:43AM Mon Shashthi* Until 1:48PM	Nataraja: Purple Moon – Blue	Devaloka Day Jyeshtha Adhika-Vaikasi	

D	Monday, May 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija Karana Saptami/Ashtamyam Titau				Portland, ME Sun 20
	Retreat Star		Gulika 1:29PM – 3:21PM	Ashlesha* Until 10:44AM	Ganesh: White	<i>Sunrise:</i> 4:11AM	Sutra 36 Vilamba 5120
	Kataka Rasi: 27.08	Tithi 7 – 8	Yama 9:46AM – 11:37AM	Dhruva Until 4:35PM	Muruga: White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 5
	Family Home Evening	Creative Work	245932369 Rahu 6:02AM – 7:54AM	Vanija Until 11:42AM Saptami Until 11:42AM	Nataraja: Purple Moon – Blue	Devaloka Day Jyeshtha Adhika-Vaikasi	

D	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, ME Sun 21
	Retreat Star		Gulika 11:37AM – 1:29PM	Magha* Until 9:55AM	Ganesh: Clear	<i>Sunrise:</i> 4:10AM	Sutra 37 Vilamba 5120
	Simha Rasi: 11.04	Tithi 8 – 9	Yama 7:54AM – 9:46AM	Vyaghata* Until 2:13PM	Muruga: White	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 5
	Creative Work	Siddha Yoga	255932369 Rahu 3:21PM – 5:13PM	Balava Until 9:19PM Ashtami* Until 10:00AM	Nataraja: Purple Moon – Red	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1 Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Vanija Karana Navami/Dashamyam Titau				Portland, ME Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 24.45	Tithi 9 – 10	Gulika 9:45AM – 11:38AM	Purvaphalguni Until 9:23AM	Ganesh: Clear	<i>Sunrise:</i> 4:09AM	
		Yama 6:01AM – 7:53AM	Harshana Until 9:23AM	Muruga: White	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 6
		255932369 Rahu 11:38AM – 1:30PM	Vanija Until 19:31AM Thu	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Navami* Until 8:42AM	Moon – Red		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME Sun 23 Sutra 39 Vilamba 5120
Kanya Rasi: 8.12	Tithi 10 – 11	Gulika 7:53AM – 9:45AM	Uttaraphalguni Until 9:05AM	Ganesh: Clear	<i>Sunrise:</i> 4:08AM	
		Yama 4:08AM – 6:00AM	Vajra* Until 10:28AM	Muruga: White	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 6
		255932369 Rahu 1:30PM – 3:22PM	Vanija Until 7:31PM	Nataraja: Purple		4th Phase
	Amrita Yoga		Dashami Until 7:48AM	Moon – Red		Bhuloka Day
Until 9:05AM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

3 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 24 Sutra 40 Vilamba 5120
Kanya Rasi: 21.26	Tithi 11 – 12	Gulika 6:00AM – 7:53AM	Hasta Until 7:11AM Sat	Ganesh: Purple	<i>Sunrise:</i> 4:07AM	
		Yama 3:23PM – 5:15PM	Siddhi Until 9:04AM	Muruga: White	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 6
		366932369 Rahu 9:45AM – 11:38AM	Bava Until 7:12PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 7:18AM	Moon – Green		Bhuloka Day
Until 7:11AM Sat				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

4 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manu Vasara Yuktayam Hasta/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 25 Sutra 41 Vilamba 5120
Tula Rasi: 4.28	Tithi 12 – 13	Gulika 4:07AM – 5:59AM	Hasta Until 7:11AM	Ganesh: Purple	<i>Sunrise:</i> 4:07AM	
		Yama 1:31PM – 3:23PM	Vyatipata* Until 10:05AM	Muruga: White	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 6
		366932369 Rahu 7:52AM – 9:45AM	Taitila Until 7:27AM Sun	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 7:11AM	Moon – Green		Bhuloka Day
Until 7:11AM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

5 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 26 Sutra 42 Vilamba 5120
Tula Rasi: 17.17	Tithi 13 – 14	Gulika 3:24PM – 5:17PM	Svati Until 10:56AM	Ganesh: Purple	<i>Sunrise:</i> 4:06AM	
		Yama 11:38AM – 1:31PM	Variyan Until 7:11AM	Muruga: White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 6
		366932369 Rahu 5:17PM – 7:10PM	Gara Until 7:46PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:27AM	Moon – Green		Bhuloka Day
Until 10:56AM		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

Monday, May 28, 2018 Copper Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau				Portland, ME Sun 27 Sutra 43 Vilamba 5120
Tula Rasi: 29.56	Tithi 14 – 15	Gulika 1:31PM – 3:24PM	Vishakha Until 9:17AM Tue	Ganesh: Clear	<i>Sunrise:</i> 4:05AM	
Family Home Evening		Yama 9:45AM – 11:38AM	Parigha* Until 6:44AM	Muruga: White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 6
Routine Work	Marana Yoga	376932369 Rahu 5:58AM – 7:52AM	Visi Until 8:41PM	Nataraja: Purple		Purnima
Until 9:17AM Tue			Chaturdashi* Until 8:09AM	Moon – Orange		Bhuloka Day
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

Tuesday, May 29, 2018 Silver Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava Karana Purnima/Prathamayam Titau				Portland, ME Sun 28 Sutra 44 Vilamba 5120
Vrischika Rasi: 12.22	Tithi 15 – 16	Gulika 11:38AM – 1:32PM	Vishakha Until 9:17AM	Ganesh: Clear	<i>Sunrise:</i> 4:05AM	
		Yama 7:51AM – 9:45AM	Shiva Until 6:53AM Wed	Muruga: White	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 6
		376932369 Rahu 3:25PM – 5:18PM	Bava Until 9:17AM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 9:17AM	Moon – Orange		Bhuloka Day
Until 9:17AM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME Sun 9 Sutra 54 Vilamba 5120
Meena Rasi: 13.08	Tithi 25	Gulika 5:55AM – 7:50AM	Uttaraproshtapada Until 12:31PM	Ganesha: Red <i>Sunrise:</i> 4:00AM		
		Yama 3:29PM – 5:24PM	Ayushman Until 11:45AM	Muruga: White <i>Sunset:</i> 7:19PM		Moon 5 - Phase 8
		Rahu 9:45AM – 11:40AM	Vanija Until 2:44PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:29AM Sat	Moon – Clear	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Ekadashyam Titau				Portland, ME Sun 10 Sutra 55 Vilamba 5120
Meena Rasi: 26.16	Tithi 26	Gulika 4:00AM – 5:55AM	Revati Until 12:29PM	Ganesha: Red <i>Sunrise:</i> 4:00AM		
		Yama 1:35PM – 3:30PM	Saubhagya Until 12:29PM	Muruga: White <i>Sunset:</i> 7:20PM		Moon 5 - Phase 8
		Rahu 7:50AM – 9:45AM	Bava Until 2:04PM	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 1:25AM Sun	Moon – Clear	Bhuloka Day	
Until 12:29PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava Karana Dvadashyam Titau				Portland, ME Sun 11 Sutra 56 Vilamba 5120
Mesha Rasi: 9.52	Tithi 27	Gulika 3:30PM – 5:25PM	Ashvini Until 11:58AM	Ganesha: Green <i>Sunrise:</i> 4:00AM		
		Yama 11:40AM – 1:35PM	Sobhana Until 8:13AM	Muruga: White <i>Sunset:</i> 7:20PM		Moon 5 - Phase 8
		Rahu 5:25PM – 7:20PM	Kaulava Until 12:36PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:34PM	Moon – White	Bhuloka Day	
Until 11:58AM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Prabalarishta Yoga						

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara Karana Trayodashyam Titau				Portland, ME Sun 12 Sutra 57 Vilamba 5120
Mesha Rasi: 23.55	Tithi 28	Gulika 1:35PM – 3:31PM	Bharani Until 10:35AM	Ganesha: Green <i>Sunrise:</i> 4:00AM		
Family Home Evening		Yama 9:45AM – 11:40AM	Sukarma Until 2:18AM Tue	Muruga: White <i>Sunset:</i> 7:21PM		Moon 5 - Phase 8
		Rahu 5:55AM – 7:50AM	Gara Until 10:25AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:05PM	Moon – White	Bhuloka Day	
Until 10:35AM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

Pradosha Vrata (Fasting)

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Catuspada* Karana Chaturdashyam Titau				Portland, ME Sun 13 Sutra 58 Vilamba 5120
Vrishabha Rasi: 8.23	Tithi 29	Gulika 11:40AM – 1:36PM	Krittika Until 8:29AM	Ganesha: Green <i>Sunrise:</i> 3:59AM		
		Yama 7:50AM – 9:45AM	Dhriti Until 8:29AM	Muruga: White <i>Sunset:</i> 7:21PM		Moon 5 - Phase 8
		Rahu 3:31PM – 5:26PM	Visti Until 7:40AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:06PM	Moon – White	Bhuloka Day	
Until 8:29AM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Amrita Yoga						

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME Sun 14 Sutra 59 Vilamba 5120
Retreat Star		Gulika 9:45AM – 11:41AM	Rohini Until 6:15AM	Ganesha: White <i>Sunrise:</i> 3:59AM		
Vrishabha Rasi: 23.1	Tithi 30 – 1	Yama 5:55AM – 7:50AM	Shula* Until 6:52PM	Muruga: White <i>Sunset:</i> 7:22PM		Moon 5 - Phase 8
		Rahu 11:41AM – 1:36PM	Kintughna Until 1:03AM Thu	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 2:47PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhdi Yoga Bava Karana Prathama/Dvitiyayam Titau				Portland, ME Sun 15 Sutra 60 Vilamba 5120
Retreat Star		Gulika 7:50AM – 9:45AM	Ardra Until 12:46AM Fri	Ganesha: Clear <i>Sunrise:</i> 3:59AM		
Mithuna Rasi: 8.09	Tithi 1 – 2	Yama 3:59AM – 5:55AM	Ganda* Until 2:53PM	Muruga: White <i>Sunset:</i> 7:22PM		Moon 5 - Phase 8
		Rahu 1:36PM – 3:32PM	Bava Until 11:16AM	Nataraja: White		Prathama
Routine Work	Marana Yoga		Prathama* Until 11:16AM	Moon – Yellow	Bhuloka Day	
Until 12:46AM Fri				Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Portland, ME
Mithuna Rasi: 23.11 Tithi 2 – 3		Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 16 Sutra 61
		Gulika 5:55AM – 7:50AM	Punarvasu Until 1:11AM Sun Sat	Ganesha: Orange <i>Sunrise:</i> 3:59AM		Vilamba 5120
		Yama 3:32PM – 5:27PM	Vriddhi Until 10:56AM	Muruga: White <i>Sunset:</i> 7:23PM		Moon 5 - Phase 9
		Rahu 9:46AM – 11:41AM	Taitila Until 6:02PM	Nataraja: White		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 7:44AM	Moon – Blue	Bhuloka Day	
Until 1:11AM Sun Sat				Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga						

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Portland, ME
Kataka Rasi: 8.07 Tithi 4		Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Sun 17 Sutra 62
		Gulika 3:59AM – 5:55AM	Punarvasu Until 1:11AM Sun	Ganesha: Orange <i>Sunrise:</i> 3:59AM		Vilamba 5120
		Yama 1:37PM – 3:32PM	Dhruva Until 2:88AM Sun	Muruga: White <i>Sunset:</i> 7:23PM		Moon 5 - Phase 9
		Rahu 7:50AM – 9:46AM	Vanija Until 2:44PM	Nataraja: White		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 1:11AM Sun	Moon – Blue	Bhuloka Day	
				Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM	

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Portland, ME
Kataka Rasi: 22.51 Tithi 5		Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 63
		Gulika 3:33PM – 5:28PM	Ashlesha* Until 8:09PM Mon	Ganesha: Orange <i>Sunrise:</i> 3:59AM		Vilamba 5120
		Yama 11:41AM – 1:37PM	Harshana Until 12:13AM Mon	Muruga: White <i>Sunset:</i> 7:24PM		Moon 5 - Phase 9
		Rahu 5:28PM – 7:24PM	Bava Until 8:75AM Mon	Nataraja: White		3rd Phase
Creative Work Siddha Yoga			Panchami Until 2:88AM Sun	Moon – Blue	Bhuloka Day	
Until 8:09PM Mon		Father's Day		Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga						

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Portland, ME
Simha Rasi: 7.16 Tithi 6		Ashlesha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Sun 19 Sutra 64
		Gulika 1:37PM – 3:33PM	Ashlesha* Until 8:09PM	Ganesha: Green <i>Sunrise:</i> 3:59AM		Vilamba 5120
Family Home Evening		Yama 9:46AM – 11:42AM	Vajra* Until 9:20PM	Muruga: White <i>Sunset:</i> 7:24PM		Moon 5 - Phase 9
Routine Work Marana Yoga		Rahu 5:55AM – 7:51AM	Kaulava Until 9:15AM	Nataraja: White		3rd Phase
Until 8:09PM			Shashthi* Until 8:09PM	Moon – Red	Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha•Ani		

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Portland, ME
Simha Rasi: 21.21 Tithi 7		Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 65
		Gulika 11:42AM – 1:37PM	Purvaphalguni Until 3:12PM	Ganesha: Green <i>Sunrise:</i> 4:00AM		Vilamba 5120
		Yama 7:51AM – 9:46AM	Siddhi Until 6:55PM	Muruga: White <i>Sunset:</i> 7:24PM		Moon 5 - Phase 9
		Rahu 3:33PM – 5:29PM	Gara Until 7:15AM	Nataraja: White		3rd Phase
Creative Work Siddha Yoga			Saptami Until 6:27PM	Moon – Red	Devaloka Day	
Until 3:12PM				Jyeshtha•Ani		
Then Creative Work - Amrita Yoga						

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Portland, ME
Retreat Star		Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 66
Kanya Rasi: 5.04 Tithi 8 – 9		Gulika 9:47AM – 11:42AM	Uttaraphalguni Until 4:47PM Thu	Ganesha: Green <i>Sunrise:</i> 4:00AM		Vilamba 5120
		Yama 5:55AM – 7:51AM	Vyatipata* Until 5:01PM	Muruga: White <i>Sunset:</i> 7:24PM		Moon 5 - Phase 9
		Rahu 11:42AM – 1:38PM	Balava Until 5:00AM Thu	Nataraja: White		Ashtami
Creative Work Amrita Yoga			Ashtami* Until 5:19PM	Moon – Red	Devaloka Day	
Until 4:47PM Thu				Jyeshtha•Ani		
Then Routine Work - Marana Yoga						

Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Portland, ME
Retreat Star		Uttaraphalguni/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Sun 22 Sutra 67
Kanya Rasi: 18.27 Tithi 9 – 10		Gulika 7:51AM – 9:47AM	Uttaraphalguni Until 4:47PM	Ganesha: Red <i>Sunrise:</i> 4:00AM		Vilamba 5120
		Yama 4:00AM – 5:56AM	Variyan Until 2:54PM	Muruga: White <i>Sunset:</i> 7:25PM		Moon 5 - Phase 9
		Rahu 1:38PM – 3:34PM	Gara Until 16:49AM Fri	Nataraja: White		Navami
Routine Work Marana Yoga			Navami* Until 4:47PM	Moon – Green	Bhuloka Day	
Until 4:47PM		Chidambaram Abhishekam		Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Portland, ME Sun 23 Sutra 68 Vilamba 5120
Tula Rasi: 1.31	Tithi 10 - 11	Gulika 5:56AM - 7:51AM	Chitra Until 5:21PM Sat	Ganesh: Green	<i>Sunrise:</i> 4:00AM	
		Yama 3:34PM - 5:29PM	Parigha* Until 3:35PM	Muruga: White	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	361132361 Rahu 9:47AM - 11:43AM	Visti Until 16:81AM Sat	Nataraja: White		4th Phase
			Dashami Until 4:49PM	Moon - Green		Bhuloka Day
				Jyeshtha-Ani		

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 14.19	Tithi 11 - 12	Gulika 4:00AM - 5:56AM	Chitra Until 5:21PM	Ganesh: Green	<i>Sunrise:</i> 4:00AM	
		Yama 1:38PM - 3:34PM	Shiva Until 13:45AM Sun	Muruga: White	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	361132361 Rahu 7:52AM - 9:47AM	Bava Until 5:50AM Sun	Nataraja: White		4th Phase
			Ekadashi Until 13:58AM Sat	Moon - Green		Bhuloka Day
				Jyeshtha-Ani		

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau				Portland, ME Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 26.52	Tithi 12	Gulika 3:34PM - 5:30PM	Svati Until 6:23PM	Ganesh: Red	<i>Sunrise:</i> 4:01AM	
		Yama 11:43AM - 1:38PM	Siddha Until 13:52AM Mon	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
Routine Work	Marana Yoga	371142361 Rahu 5:30PM - 7:25PM	Balava Until 6:65AM Mon	Nataraja: White		4th Phase
			Dvadashi Until 13:45AM Sun	Moon - Orange		Devaloka Day
				Jyeshtha-Ani		

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 9.14	Tithi 13	Gulika 1:39PM - 3:34PM	Vishakha Until 7:50PM	Ganesh: Red	<i>Sunrise:</i> 4:01AM	
Family Home Evening		Yama 9:48AM - 11:43AM	Sadhya Until 8:33PM	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	371142361 Rahu 5:57AM - 7:52AM	Kaulava Until 8:44AM Tue	Nataraja: White		4th Phase
			Trayodashi Until 13:52AM Mon	Moon - Orange		Devaloka Day
				Jyeshtha-Ani		

Pradosha Vrata

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 21.26	Tithi 14	Gulika 11:43AM - 1:39PM	Jyeshtha* Until 11:51PM Wed	Ganesh: Red	<i>Sunrise:</i> 4:01AM	
		Yama 7:52AM - 9:48AM	Subha Until 2:20PM	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
Routine Work	Marana Yoga	371142361 Rahu 3:34PM - 5:30PM	Gara Until 10:45AM Wed	Nataraja: White		4th Phase
Until 11:51PM Wed			Chaturdashi* Until 14:20AM Tue	Moon - Orange		Devaloka Day
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sutra 73 Vilamba 5120
Copper Retreat Star		Gulika 9:48AM - 11:44AM	Jyeshtha* Until 11:51PM	Ganesh: Blue	<i>Sunrise:</i> 4:02AM	
Dhanus Rasi: 3.29	Tithi 15	Yama 5:57AM - 7:53AM	Sukla Until 15:57AM Thu	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
		381142361 Rahu 11:44AM - 1:39PM	Visti Until 10:45AM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 11:51PM	Moon - Light Blue		Bhuloka Day
Until 11:51PM				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Prathamayam Titau				Portland, ME Sutra 74 Vilamba 5120
Silver Retreat Star		Gulika 7:53AM - 9:48AM	Mula* Until 2:16AM Fri	Ganesh: Blue	<i>Sunrise:</i> 4:02AM	
Dhanus Rasi: 15.24	Tithi 16	Yama 4:02AM - 5:58AM	Brahma Until 4:49AM Fri	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 10
		381142361 Rahu 1:39PM - 3:35PM	Balava Until 15:34AM Fri	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 15:57AM Thu	Moon - Light Blue		Bhuloka Day
Until 2:16AM Fri				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Tailila/Vanija Karana Dvitiyayam Titau

Portland, ME

Sun 1 Sutra 75

Vilamba 5120

Dhanus Rasi: 27.14 Tihti 17

Gulika 5:58AM - 7:53AM

Purvashadha* Until 4:51AM Sat

Ganesha: Blue Sunrise: 4:03AM

Muruga: Clear Sunset: 7:25PM

Moon 6 - Phase 11

381142361 Rahu 9:49AM - 11:44AM

Tailila Until 17:70AM Sat

Nataraja: White

Moon - Light Blue

Bhuloka Day

1st Phase

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 4:51AM Sat

Then Creative Work - Siddha Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Vanija Karana Tritiyayam Titau

Portland, ME

Sun 2 Sutra 76

Vilamba 5120

Makara Rasi: 9.02 Tihti 18

Gulika 4:03AM - 5:58AM

Uttarashadha Until 7:47AM

Ganesha: Blue Sunrise: 4:03AM

Muruga: Clear Sunset: 7:25PM

Moon 6 - Phase 11

381242361 Rahu 7:54AM - 9:49AM

Vaidhriti* Until 6:09PM

Nataraja: White

Moon - Light Blue

Bhuloka Day

1st Phase

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 7:47AM

Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME

Sun 3 Sutra 77

Vilamba 5120

Makara Rasi: 20.49 Tihti 18 - 19

Gulika 3:35PM - 5:30PM

Shravana Until 11:06AM

Ganesha: Red Sunrise: 4:04AM

Muruga: Clear Sunset: 7:25PM

Moon 6 - Phase 11

391242361 Rahu 5:30PM - 7:25PM

Vishkambha* Until 7:14PM

Nataraja: White

Moon - Purple

Devaloka Day

1st Phase

Creative Work Amrita Yoga

Until 11:06AM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 4 Sutra 78

Vilamba 5120

Kumbha Rasi: 2.39 Tihti 19 - 20

Gulika 1:40PM - 3:35PM

Dhanishtha Until 2:05PM

Ganesha: Yellow Sunrise: 4:04AM

Muruga: Clear Sunset: 7:25PM

Moon 6 - Phase 11

Family Home Evening

392242361 Rahu 5:59AM - 7:54AM

Priti Until 8:10PM

Nataraja: White

Moon - Purple

Devaloka Day

1st Phase

Creative Work Siddha Yoga

Kaulava Until 11:01PM

Chaturthi* Until 9:53AM

Jyeshtha-Ani

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Tailila Karana Panchami/Shashthyam Titau

Portland, ME

Sun 5 Sutra 79

Vilamba 5120

Kumbha Rasi: 14.35 Tihti 20 - 21

Gulika 11:45AM - 1:40PM

Shatabhishak Until 4:34PM

Ganesha: Yellow Sunrise: 4:05AM

Muruga: Clear Sunset: 7:25PM

Moon 6 - Phase 11

392242361 Rahu 3:35PM - 5:30PM

Ayushman Until 4:34PM

Nataraja: White

Moon - Purple

Devaloka Day

1st Phase

Routine Work Marana Yoga

Tailila Until 12:00PM

Panchami Until 12:00PM

Jyeshtha-Ani

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Vanija Karana Shashthi/Saptamyam Titau

Portland, ME

Sun 6 Sutra 80

Vilamba 5120

Kumbha Rasi: 26.43 Tihti 21 - 22

Gulika 9:50AM - 11:45AM

Purvaproshtapada* Until 6:53PM

Ganesha: Orange Sunrise: 4:05AM

Muruga: Clear Sunset: 7:24PM

Moon 6 - Phase 11

312242361 Rahu 11:45AM - 1:40PM

Saubhagya Until 8:58PM

Nataraja: White

Moon - Clear

Devaloka Day

1st Phase

Creative Work Amrita Yoga

Until 6:53PM

Then Creative Work - Siddha Yoga

Vanija Until 1:38PM

Shashthi* Until 1:38PM

Jyeshtha-Ani

Thursday, July 5, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Bava Karana Saptami/Ashtamyam Titau

Portland, ME

Sun 7 Sutra 81

Vilamba 5120

Meena Rasi: 9.05 Tihti 22 - 23

Gulika 7:55AM - 9:50AM

Uttaraproshtapada Until 2:54PM Fri

Ganesha: Orange Sunrise: 4:06AM

Muruga: Clear Sunset: 7:24PM

Moon 6 - Phase 11

312242361 Rahu 1:40PM - 3:35PM

Sobhana Until 8:39PM

Nataraja: White

Moon - Clear

Devaloka Day

Ashtami

Creative Work Siddha Yoga

Bava Until 2:38PM

Saptami Until 2:38PM

Jyeshtha-Ani

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Portland, ME

Sun 8 Sutra 82

Vilamba 5120

Meena Rasi: 21.47 Tihti 23 - 24

Gulika 6:01AM - 7:56AM

Uttaraproshtapada Until 2:54PM

Ganesha: Green Sunrise: 4:07AM

Muruga: Clear Sunset: 7:24PM

Moon 6 - Phase 11

412242361 Rahu 9:51AM - 11:45AM

Athiganda* Until 8:59PM

Nataraja: White

Moon - Clear

Bhuloka Day

Navami

Creative Work Siddha Yoga

Until 2:54PM

Then Creative Work - Amrita Yoga

Tailila Until 2:44AM Sat

Ashtami* Until 8:39PM

Jyeshtha-Ani

Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, July 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Portland, ME
Mesha Rasi: 4.52	Tithi 24 – 25	Gulika	4:07AM – 6:02AM	Revati Until 2:21PM	Ganesh: Orange	<i>Sunrise: 4:07AM</i>	Sun 9	Sutra 83
		Yama	1:40PM – 3:34PM	Sukarma Until 9:07PM	Muruga: Clear	<i>Sunset: 7:23PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	422242361 Rahu	7:56AM – 9:51AM	Vanija Until 1:48AM Sun	Nataraja: White			Moon 6 - Phase 12
				Navami* Until 7:43PM	Moon – White			2nd Phase
					Jyeshtha*Ani			Devaloka Day

2		Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, ME
Mesha Rasi: 18.23	Tithi 25 – 26	Gulika	3:34PM – 5:29PM	Bharani Until 10:57AM Mon	Ganesh: Orange	<i>Sunrise: 4:08AM</i>	Sun 10	Sutra 84
		Yama	11:45AM – 1:40PM	Dhriti Until 3:58PM	Muruga: Clear	<i>Sunset: 7:23PM</i>		Vilamba 5120
Routine Work	Prabalarishta Yoga	422242361 Rahu	5:29PM – 7:23PM	Bava Until 12:05AM Mon	Nataraja: White			Moon 6 - Phase 12
Until 10:57AM Mon				Dashami Until 1:01PM	Moon – White			2nd Phase
Then Creative Work - Siddha Yoga					Jyeshtha*Ani			Devaloka Day

3		Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME
Vrishabha Rasi: 2.21	Tithi 26 – 27	Gulika	1:40PM – 3:34PM	Bharani Until 10:57AM	Ganesh: Orange	<i>Sunrise: 4:09AM</i>	Sun 11	Sutra 85
Family Home Evening		Yama	9:51AM – 11:46AM	Shula* Until 9:52AM Tue	Muruga: Clear	<i>Sunset: 7:23PM</i>		Vilamba 5120
Routine Work	Marana Yoga	422242361 Rahu	6:03AM – 7:57AM	Kaulava Until 9:41PM	Nataraja: White			Moon 6 - Phase 12
Until 10:57AM				Ekadashi* Until 10:57AM	Moon – White			2nd Phase
Then Creative Work - Amrita Yoga					Jyeshtha*Ani			Devaloka Day

4		Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Taitila Karana Dvadashi/Trayodashyam Titau				Portland, ME
Vrishabha Rasi: 16.46	Tithi 27 – 28	Gulika	11:46AM – 1:40PM	Rohini Until 4:44PM	Ganesh: Light Blue	<i>Sunrise: 4:09AM</i>	Sun 12	Sutra 86
		Yama	7:58AM – 9:52AM	Ganda* Until 9:52AM	Muruga: Clear	<i>Sunset: 7:22PM</i>		Vilamba 5120
Creative Work	Amrita Yoga	422242361 Rahu	3:34PM – 5:28PM	Taitila Until 8:15AM	Nataraja: White			Moon 6 - Phase 12
Until 4:44PM				Dvadashi* Until 8:15AM	Moon – Yellow			2nd Phase
Then Creative Work - Siddha Yoga					Jyeshtha*Ani			Bhuloka Day
								Devaloka Time: 12:PM to 3:PM
					<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Portland, ME
Mithuna Rasi: 1.32	Tithi 29	Gulika	9:52AM – 11:46AM	Mrigashira Until 2:12PM	Ganesh: Light Blue	<i>Sunrise: 4:10AM</i>	Sun 13	Sutra 87
		Yama	6:04AM – 7:58AM	Vridhi Until 6:11AM	Muruga: Clear	<i>Sunset: 7:22PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	422242361 Rahu	11:46AM – 1:40PM	Visti Until 11:43AM Thu	Nataraja: White			Moon 6 - Phase 12
				Chaturdashi* Until 9:52AM	Moon – Yellow			2nd Phase
					Jyeshtha*Ani			Bhuloka Day
								Devaloka Time: 12:PM to 3:PM

Retreat Star		Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, ME
Mithuna Rasi: 16.34	Tithi 30	Gulika	7:59AM – 9:52AM	Ardra Until 11:17AM	Ganesh: Light Blue	<i>Sunrise: 4:11AM</i>	Sun 14	Sutra 88
		Yama	4:11AM – 6:05AM	Vyaghata* Until 10:04PM	Muruga: Clear	<i>Sunset: 7:21PM</i>		Vilamba 5120
Routine Work	Marana Yoga	422242361 Rahu	1:40PM – 3:34PM	Catuspada Until 11:43AM	Nataraja: White			Moon 6 - Phase 12
Until 11:17AM				Amavasya* Until 9:50PM	Moon – Yellow			Amavasya
Then Creative Work - Amrita Yoga					Jyeshtha*Ani			Bhuloka Day
								Devaloka Time: 12:PM to 3:PM

Retreat Star		Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, ME
Kataka Rasi: 1.44	Tithi 1	Gulika	6:05AM – 7:59AM	Punarvasu Until 8:30AM	Ganesh: Purple	<i>Sunrise: 4:12AM</i>	Sun 15	Sutra 89
		Yama	3:33PM – 5:27PM	Harshana Until 5:55PM	Muruga: Clear	<i>Sunset: 7:20PM</i>		Vilamba 5120
Creative Work	Siddha Yoga	422242361 Rahu	9:53AM – 11:46AM	Kintughna Until 7:58AM	Nataraja: White			Moon 6 - Phase 12
Until 8:30AM				Prathama* Until 6:05PM	Moon – Blue			Prathama
Then Routine Work - Marana Yoga					Ashada*Ani			Bhuloka Day
								Devaloka Time: 12:PM to 3:PM
					<i>Partial Solar Eclipse</i>			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 16
Kataka Rasi: 16.53	Tithi 2 – 3	Gulika	4:13AM – 6:06AM	Ashlesha* Until 2:51AM Sun	Ganesh: Purple	<i>Sunrise:</i> 4:13AM	Vilamba 5120	
		Yama	1:40PM – 3:33PM	Vajra* Until 1:51PM	Muruga: Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 13	
Routine Work	Marana Yoga	442242361	Rahu	7:59AM – 9:53AM	Nataraja: White		3rd Phase	
				Tailila Until 12:46AM Sun	Moon – Blue			
				Dvitiya Until 2:28PM	Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Portland, ME Sun 17
Simha Rasi: 1.51	Tithi 3 – 4	Gulika	3:33PM – 5:26PM	Magha* Until 12:43AM Mon	Ganesh: Light Blue	<i>Sunrise:</i> 4:13AM	Vilamba 5120	
		Yama	11:46AM – 1:40PM	Siddhi Until 10:02AM	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13	
Routine Work	Marana Yoga	452242361	Rahu	5:26PM – 7:19PM	Nataraja: White		3rd Phase	
Until 12:43AM Mon				Vanija Until 9:37PM	Moon – Red			
Then Creative Work - Siddha Yoga				Tritiya Until 11:07AM	Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 18
Simha Rasi: 16.31	Tithi 4 – 5	Gulika	1:39PM – 3:32PM	Purvaphalguni Until 4:06AM Wed Tue	Ganesh: Purple	<i>Sunrise:</i> 4:14AM	Vilamba 5120	
Family Home Evening		Yama	9:53AM – 11:46AM	Vyatipata* Until 6:34AM	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13	
Creative Work	Siddha Yoga	453242361	Rahu	6:07AM – 8:00AM	Nataraja: White		3rd Phase	
				Bava Until 6:57PM	Moon – Red			
				Chaturthi* Until 8:12AM	Ashada*Adi	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Tailila Karana Shashthyam Titau		Portland, ME Sun 19
Kanya Rasi: 0.49	Tithi 6	Gulika	11:47AM – 1:39PM	Purvaphalguni Until 4:06AM Wed	Ganesh: Purple	<i>Sunrise:</i> 4:15AM	Vilamba 5120	
		Yama	8:01AM – 9:54AM	Parigha* Until 24:61	Muruga: Clear	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 13	
Creative Work	Amrita Yoga	453242362	Rahu	3:32PM – 5:25PM	Nataraja: Clear		3rd Phase	
Until 4:06AM Wed				Kaulava Until 15:31AM Wed	Moon – Red			
Then Routine Work - Marana Yoga				Shashthi* Until 6:34AM	Ashada*Adi	Devaloka Day		

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 20
Kanya Rasi: 14.41	Tithi 7	Gulika	9:54AM – 11:47AM	Hasta Until 9:20PM	Ganesh: Clear	<i>Sunrise:</i> 4:16AM	Vilamba 5120	
		Yama	6:09AM – 8:01AM	Shiva Until 11:06PM	Muruga: Clear	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 13	
Routine Work	Marana Yoga	463242362	Rahu	11:47AM – 1:39PM	Nataraja: Clear		3rd Phase	
Until 9:20PM				Gara Until 3:31PM	Moon – Green			
Then Creative Work - Siddha Yoga				Saptami Until 3:05AM Thu	Ashada*Adi	Sivaloka Day		

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 21
Kanya Rasi: 28.07	Tithi 8	Gulika	8:02AM – 9:54AM	Chitra Until 9:37PM	Ganesh: Clear	<i>Sunrise:</i> 4:17AM	Vilamba 5120	
		Yama	4:17AM – 6:09AM	Siddha Until 9:45PM	Muruga: Clear	<i>Sunset:</i> 7:16PM	Moon 6 - Phase 13	
Creative Work	Siddha Yoga	463242362	Rahu	1:39PM – 3:31PM	Nataraja: Clear		Ashtami	
Until 9:37PM				Visti Until 2:52PM	Moon – Green			
Then Creative Work - Amrita Yoga				Ashtami* Until 2:48AM Fri	Ashada*Adi	Sivaloka Day		

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 22
Tula Rasi: 11.1	Tithi 9	Gulika	6:10AM – 8:02AM	Svati Until 10:26PM	Ganesh: Clear	<i>Sunrise:</i> 4:18AM	Vilamba 5120	
		Yama	3:31PM – 5:23PM	Sadhya Until 8:58PM	Muruga: Clear	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 13	
Creative Work	Siddha Yoga	463242362	Rahu	9:55AM – 11:47AM	Nataraja: Clear		Navami	
				Balava Until 2:57PM	Moon – Green			
				Navami* Until 3:13AM Sat	Ashada*Adi	Sivaloka Day		

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Portland, ME
			Vishakha Nakshatra Subha Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 97
Tula Rasi: 23.53	Tithi 10	Gulika	4:19AM – 6:11AM	Vishakha Until 12:12AM Sun	Ganesha: White	<i>Sunrise:</i> 4:19AM	Vilamba 5120
		Yama	1:39PM – 3:31PM	Subha Until 8:44PM	Muruga: Clear	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 14
		473242362 Rahu	8:03AM – 9:55AM	Tailila Until 3:42PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Dashami Until 4:17AM Sun	Moon – Orange		Devaloka Day
Until 12:12AM Sun					Ashada•Adi		
Then Routine Work - Marana Yoga							

2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Portland, ME
			Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 98
Vrischika Rasi: 6.18	Tithi 11	Gulika	3:30PM – 5:22PM	Anuradha Until 2:20AM Mon	Ganesha: White	<i>Sunrise:</i> 4:20AM	Vilamba 5120
		Yama	11:47AM – 1:39PM	Sukla Until 8:54PM	Muruga: Clear	<i>Sunset:</i> 7:14PM	Moon 6 - Phase 14
		473242362 Rahu	5:22PM – 7:14PM	Vanija Until 5:02PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga				Ekadashi Until 5:52AM Mon	Moon – Orange		Devaloka Day
Until 2:20AM Mon					Ashada•Adi		
Then Creative Work - Siddha Yoga							

3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Portland, ME
			Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau				Sun 25 Sutra 99
Vrischika Rasi: 18.3	Tithi 12	Gulika	1:38PM – 3:30PM	Jyeshtha* Until 4:45AM Tue	Ganesha: White	<i>Sunrise:</i> 4:21AM	Vilamba 5120
Family Home Evening		Yama	9:55AM – 11:47AM	Brahma Until 9:26PM	Muruga: Clear	<i>Sunset:</i> 7:13PM	Moon 6 - Phase 14
		473242362 Rahu	6:12AM – 8:04AM	Bava Until 6:52PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Dvadashi Until 7:54AM Tue	Moon – Orange		Devaloka Day
Until 4:45AM Tue					Ashada•Adi		
Then Creative Work - Amrita Yoga							

4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Portland, ME
			Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 100
Dhanus Rasi: 0.32	Tithi 12 – 13	Gulika	11:47AM – 1:38PM	Mula* Until 7:48AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 4:22AM	Vilamba 5120
		Yama	8:04AM – 9:56AM	Indra Until 10:16PM	Muruga: Clear	<i>Sunset:</i> 7:12PM	Moon 6 - Phase 14
		483242362 Rahu	3:29PM – 5:21PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga				Dvadashi Until 7:54AM	Moon – Light Blue		Sivaloka Day
					Ashada•Adi		
					<i>Pradosha Vrata</i>		

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Portland, ME
			Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 101
Dhanus Rasi: 12.26	Tithi 13 – 14	Gulika	9:56AM – 11:47AM	Mula* Until 7:48AM	Ganesha: Red	<i>Sunrise:</i> 4:23AM	Vilamba 5120
		Yama	6:14AM – 8:05AM	Vaidhriti* Until 11:15PM	Muruga: Clear	<i>Sunset:</i> 7:11PM	Moon 6 - Phase 14
		483342362 Rahu	11:47AM – 1:38PM	Gara Until 11:30PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga				Trayodashi Until 10:14AM	Moon – Light Blue		Sivaloka Day
Until 7:48AM					Ashada•Adi		
Then Creative Work - Amrita Yoga							

○	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Portland, ME
	Copper Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 102
Dhanus Rasi: 24.16	Tithi 14 – 15	Gulika	8:05AM – 9:56AM	Purvashadha* Until 10:53AM	Ganesha: Red	<i>Sunrise:</i> 4:24AM	Vilamba 5120
		Yama	4:24AM – 6:15AM	Vishkambha* Until 12:21AM Fri	Muruga: Clear	<i>Sunset:</i> 7:10PM	Moon 6 - Phase 14
		483342362 Rahu	1:38PM – 3:28PM	Visti Until 1:65AM Fri	Nataraja: Clear		Purnima
Creative Work Siddha Yoga				Chaturdashi* Until 11:15PM	Moon – Light Blue		Sivaloka Day
Until 10:53AM		Satguru Purnima			Ashada•Adi		
Then Routine Work - Marana Yoga							

○	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Portland, ME
	Silver Retreat Star		Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 103
Makara Rasi: 6.02	Tithi 15 – 16	Gulika	6:15AM – 8:06AM	Uttarashadha Until 5:53PM Sat	Ganesha: Red	<i>Sunrise:</i> 4:25AM	Vilamba 5120
		Yama	3:28PM – 5:18PM	Priti Until 1:52PM	Muruga: Clear	<i>Sunset:</i> 7:09PM	Moon 6 - Phase 14
		483342362 Rahu	9:56AM – 11:47AM	Balava Until 4:39AM Sat	Nataraja: Clear		Prathama
Routine Work Marana Yoga				Purnima* Until 3:21PM	Moon – Light Blue		Sivaloka Day
		Total Lunar Eclipse			Ashada•Adi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mania Vasara Yuktayam

Portland, ME

Uttarashadha/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sutra 104

Makara Rasi: 17.5 Tihti 16 – 17

Gulika 4:26AM – 6:16AM

Uttarashadha Until 5:53PM

Ganesha: Blue

Sunrise: 4:26AM

Vilamba 5120

Yama 1:37PM – 3:27PM

Ayushman Until 5:08PM

Muruga: Clear

Sunset: 7:08PM

Moon 7 - Phase 15

493342362 Rahu 8:06AM – 9:57AM

Taitila Until 6:66AM Sun

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Moon – Purple

Devaloka Day

Ashada*Adi

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Portland, ME

Shravana/Dhanishtha Nakshatra Saubhagya Yoga Taitila/Vanija Karana Dvitiyayam Titau

Sun 1 Sutra 105

1
Makara Rasi: 29.41 Tihti 17

Gulika 3:27PM – 5:17PM

Shravana Until 8:14PM

Ganesha: Blue

Sunrise: 4:27AM

Vilamba 5120

Yama 11:47AM – 1:37PM

Saubhagya Until 8:03PM

Muruga: Clear

Sunset: 7:07PM

Moon 7 - Phase 15

493342362 Rahu 5:17PM – 7:07PM

Taitila Until 9:19AM Mon

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Moon – Purple

Devaloka Day

Until 8:14PM

Dvitiya Until 2:29AM Sun

Ashada*Adi

Then Creative Work - Siddha Yoga

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Portland, ME

Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Vanija/Bava Karana Tritiyayam Titau

Sun 2 Sutra 106

2
Kumbha Rasi: 11.37 Tihti 18

Gulika 1:36PM – 3:26PM

Dhanishtha Until 10:17PM

Ganesha: Blue

Sunrise: 4:28AM

Vilamba 5120

Yama 9:57AM – 11:47AM

Sobhana Until 10:32PM

Muruga: Clear

Sunset: 7:06PM

Moon 7 - Phase 15

Family Home Evening 494342362 Rahu 6:18AM – 8:07AM

Vanija Until 10:71AM Tue

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Moon – Purple

Devaloka Day

Until 10:17PM

Tritiya Until 3:20AM Mon

Ashada*Adi

Then Routine Work - Marana Yoga

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Portland, ME

Shatabhishak/Purvaproshtapada* Nakshatra Athiganda* Yoga Bava/Kaulava Karana Chaturthiyam Titau

Sun 3 Sutra 107

3
Kumbha Rasi: 23.41 Tihti 19

Gulika 11:47AM – 1:36PM

Shatabhishak Until 11:56PM

Ganesha: White

Sunrise: 4:29AM

Vilamba 5120

Yama 8:08AM – 9:57AM

Athiganda* Until 12:57AM Wed

Muruga: Clear

Sunset: 7:04PM

Moon 7 - Phase 15

414342362 Rahu 3:26PM – 5:15PM

Bava Until 12:36AM Wed

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Moon – Clear

Devaloka Day

Until 11:56PM

Chaturthi* Until 3:58AM Tue

Ashada*Adi

Then Creative Work - Amrita Yoga

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Portland, ME

Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Gara Karana Panchamyam Titau

Sun 4 Sutra 108

4
Meena Rasi: 5.55 Tihti 20

Gulika 9:57AM – 11:47AM

Purvaproshtapada* Until 1:06AM Thu

Ganesha: White

Sunrise: 4:30AM

Vilamba 5120

Yama 6:19AM – 8:08AM

Sukarma Until 2:43AM Thu

Muruga: Clear

Sunset: 7:03PM

Moon 7 - Phase 15

414342362 Rahu 11:47AM – 1:36PM

Kaulava Until 13:29AM Thu

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Moon – Clear

Devaloka Day

Panchami Until 4:14AM Wed

Ashada*Adi

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Portland, ME

Uttaraproshtapada*/Revati Nakshatra Dhriti Yoga Gara/Visti* Karana Shashthiyam Titau

Sun 5 Sutra 109

5
Meena Rasi: 18.22 Tihti 21

Gulika 8:09AM – 9:58AM

Uttaraproshtapada Until 1:41AM Fri

Ganesha: White

Sunrise: 4:31AM

Vilamba 5120

Yama 4:31AM – 6:20AM

Dhriti Until 3:46AM Fri

Muruga: Clear

Sunset: 7:02PM

Moon 7 - Phase 15

414342362 Rahu 1:35PM – 3:24PM

Gara Until 13:45AM Fri

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Moon – Clear

Devaloka Day

Until 1:41AM Fri

Shashthi* Until 4:07AM Thu

Ashada*Adi

Then Creative Work - Amrita Yoga

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Portland, ME

Revati/Ashvini Nakshatra Shula* Yoga Visti*/Balava Karana Saptamyam Titau

Sun 6 Sutra 110

6
Mesha Rasi: 1.06 Tihti 22

Gulika 6:21AM – 8:09AM

Revati Until 1:37AM Sat

Ganesha: Clear

Sunrise: 4:32AM

Vilamba 5120

Yama 3:24PM – 5:12PM

Shula* Until 4:30AM Sat

Muruga: Clear

Sunset: 7:01PM

Moon 7 - Phase 15

424342362 Rahu 9:58AM – 11:46AM

Visti Until 12:81AM Sat

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Moon – White

Sivaloka Day

Until 1:37AM Sat

Saptami Until 3:34AM Fri

Ashada*Adi

Then Creative Work - Siddha Yoga

Saturday, August 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Portland, ME

Ashvini/Bharani Nakshatra Ganda* Yoga Balava/Taitila Karana Ashtamyam Titau

Sun 7 Sutra 111

Mesha Rasi: 14.09 Tihti 23

Gulika 4:33AM – 6:22AM

Ashvini Until 12:53AM Sun

Ganesha: Clear

Sunrise: 4:33AM

Vilamba 5120

Yama 1:35PM – 3:23PM

Ganda* Until 4:24AM Sun

Muruga: Clear

Sunset: 6:59PM

Moon 7 - Phase 15

424342362 Rahu 8:10AM – 9:58AM

Balava Until 11:76AM Sun

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Moon – White

Sivaloka Day

Ashtami* Until 2:28AM Sat

Ashada*Adi

Sunday, August 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Portland, ME

Bharani/Krittika Nakshatra Vriddhi Yoga Taitila/Vanija Karana Navamyam Titau

Sun 8 Sutra 112

Mesha Rasi: 27.34 Tihti 24

Gulika 3:22PM – 5:10PM

Bharani Until 11:28PM

Ganesha: Clear

Sunrise: 4:34AM

Vilamba 5120

Yama 11:46AM – 1:34PM

Vriddhi Until 3:29AM Mon

Muruga: Clear

Sunset: 6:58PM

Moon 7 - Phase 15

424342362 Rahu 5:10PM – 6:58PM

Taitila Until 10:31AM Mon

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Moon – White

Sivaloka Day

Navami* Until 12:50AM Sun

Ashada*Adi

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


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1		Monday, August 6, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Bava Karana Dashamyam Titau	Portland, ME Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 11.22	Tithi 25	Gulika	1:34PM – 3:22PM	Krittika Until 9:24PM	Ganesh: Purple	<i>Sunrise:</i> 4:35AM	
Family Home Evening	434342362	Yama	9:58AM – 11:46AM	Dhruva Until 2:13AM Tue	Muruga: Clear	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	6:23AM – 8:11AM	Vanija Until 7:70AM Tue	Nataraja: Clear		2nd Phase
				Dashami Until 10:41PM	Moon – Yellow		Devaloka Day
					Ashada•Adi		

2		Tuesday, August 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Ekadashyam Titau	Portland, ME Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 25.35	Tithi 26	Gulika	11:46AM – 1:33PM	Rohini Until 6:46PM	Ganesh: Purple	<i>Sunrise:</i> 4:37AM	
	434342362	Yama	8:11AM – 9:59AM	Vyaghata* Until 12:16AM Wed	Muruga: Clear	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Rahu	3:21PM – 5:08PM	Bava Until 4:77AM Wed	Nataraja: Clear		2nd Phase
Until 6:46PM				Ekadashi* Until 7:57PM	Moon – Yellow		Devaloka Day
Then Routine Work - Marana Yoga					Ashada•Adi		

3		Wednesday, August 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Portland, ME Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 10.1	Tithi 27 – 28	Gulika	9:59AM – 11:46AM	Mrigashira Until 3:40PM	Ganesh: Purple	<i>Sunrise:</i> 4:38AM	
	434342362	Yama	6:25AM – 8:12AM	Harshana Until 9:45PM	Muruga: Clear	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	Rahu	11:46AM – 1:33PM	Gara Until 2:00AM Thu	Nataraja: Clear		2nd Phase
				Dvadashi* Until 13:13AM Wed	Moon – Yellow		Devaloka Day
					Ashada•Adi		
					<i>Pradosha Vrata (Fasting)</i>		

4		Thursday, August 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Portland, ME Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 25.03	Tithi 28 – 29	Gulika	8:12AM – 9:59AM	Ardra Until 12:14PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:39AM	
	444342362	Yama	4:39AM – 6:25AM	Vajra* Until 7:12PM	Muruga: Clear	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 16
Creative Work	Amrita Yoga	Rahu	1:33PM – 3:19PM	Visti Until 10:28PM	Nataraja: Clear		2nd Phase
				Trayodashi* Until 9:21AM Thu	Moon – Blue		Devaloka Day
					Ashada•Adi		

		Friday, August 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau	Portland, ME Sun 13 Sutra 117 Vilamba 5120
Retreat Star		Gulika	6:26AM – 8:13AM	Pushya Until 1:24AM Sun Sat	Ganesh: Light Blue	<i>Sunrise:</i> 4:40AM	
Kataka Rasi: 10.07	Tithi 29 – 30	Yama	3:19PM – 5:05PM	Vyatipata* Until 4:22PM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 16
	444342362	Rahu	9:59AM – 11:46AM	Sakuni Until 8:37AM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Chaturdashi* Until 8:37AM	Moon – Blue		Devaloka Day
					Ashada•Adi		

Saturday, August 11, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Magha* Nakshatra Variyan Yoga Kintughna*/Balava Karana Prathamayam Titau	Portland, ME Sun 14 Sutra 118 Vilamba 5120
Kataka Rasi: 25.14	Tithi 1	Gulika	4:41AM – 6:27AM	Pushya Until 1:24AM Sun	Ganesh: Orange	<i>Sunrise:</i> 4:41AM	
	445342362	Yama	1:32PM – 3:18PM	Variyan Until 8:70PM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 16
Routine Work	Marana Yoga	Rahu	8:13AM – 9:59AM	Kintughna Until 11:44AM Sun	Nataraja: Clear		Prathama
				Prathama* Until 1:12AM Sat	Moon – Blue		Sivaloka Day
					Sravana•Adi		
					Partial Solar Eclipse		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Dvitiyayam Titau				Portland, ME Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.16	Tithi 2	Gulika 3:17PM – 5:03PM	Magha* Until 7:16PM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	
		Yama 11:45AM – 1:31PM	Parigha* Until 10:56AM	Muruga: Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 17
		455342362 Rahu 5:03PM – 6:49PM	Balava Until 8:39AM Mon	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 8:70PM	Moon – Red		Sivaloka Day
Until 7:16PM Mon				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Tritiyayam Titau				Portland, ME Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.03	Tithi 3	Gulika 1:31PM – 3:16PM	Magha* Until 7:16PM	Ganesha: Clear	<i>Sunrise:</i> 4:43AM	
Family Home Evening		Yama 10:00AM – 11:45AM	Shiva Until 8:38AM	Muruga: Clear	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 17
		455342362 Rahu 6:29AM – 8:14AM	Taitila Until 5:63AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 13:49AM Mon	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Karana Chaturthi/Panchamyam Titau				Portland, ME Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 9.29	Tithi 4 – 5	Gulika 11:45AM – 1:30PM	Purvaphalguni Until 4:58PM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	
		Yama 8:15AM – 10:00AM	Siddha Until 6:42AM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 17
		455342362 Rahu 3:15PM – 5:00PM	Vanija Until 3:65AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 10:44AM Tue	Moon – Red		Sivaloka Day
Until 4:58PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Portland, ME Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 23.3	Tithi 5 – 6	Gulika 10:00AM – 11:45AM	Uttaraphalguni Until 3:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:45AM	
		Yama 6:30AM – 8:15AM	Sadhya Until 5:77AM Thu	Muruga: Clear	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 17
		465342362 Rahu 11:45AM – 1:30PM	Kaulava Until 2:52AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:12AM Wed	Moon – Green		Subha Sivaloka Day
		Nag Panchami		Sravana-Adi		

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Taitila Karana Shashthi/Saptamyam Titau				Portland, ME Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.04	Tithi 6 – 7	Gulika 8:15AM – 10:00AM	Chitra Until 2:32PM	Ganesha: Purple	<i>Sunrise:</i> 4:46AM	
		Yama 4:46AM – 6:31AM	Subha Until 5:30AM Fri	Muruga: Clear	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 17
		465342362 Rahu 1:29PM – 3:14PM	Taitila Until 2:32PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:32PM	Moon – Green		Subha Sivaloka Day
Until 2:32PM				Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Vanija Karana Saptami/Ashtamyam Titau				Portland, ME Sun 20 Sutra 124 Vilamba 5120
Retreat Star		Gulika 6:32AM – 8:16AM	Svati Until 2:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:48AM	
Tula Rasi: 20.1	Tithi 7 – 8	Yama 3:13PM – 4:57PM	Brahma Until 27:78AM Sat	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
		575342362 Rahu 10:00AM – 11:44AM	Vanija Until 2:31PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 2:31PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, ME Sun 21 Sutra 125 Vilamba 5120
Retreat Star		Gulika 4:49AM – 6:33AM	Vishakha Until 3:17PM	Ganesha: Purple	<i>Sunrise:</i> 4:49AM	
Vrischika Rasi: 2.53	Tithi 8 – 9	Yama 1:28PM – 3:12PM	Indra Until 6:49AM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
		575342362 Rahu 8:16AM – 10:00AM	Balava Until 3:58AM Sun	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 27:78AM Sat	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Portland, ME Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 15.17	Tithi 9 – 10	Gulika 3:11PM – 4:54PM	Anuradha Until 6:47PM Mon	Ganesh: Clear	<i>Sunrise:</i> 4:50AM	
		Yama 11:44AM – 1:27PM	Vaidhriti* Until 8:42AM	Muruga: Clear	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	575442362 Rahu 4:54PM – 6:38PM	Tailita Until 5:44AM Mon	Nataraja: Clear		4th Phase
			Navami* Until 4:18AM Sun	Moon – Orange		Sivaloka Day
				Sravana-Avani		

2 Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Mula* Nakshatra Vishkambha* Yoga Gara Karana Dashamyam Titau				Portland, ME Sun 23 Sutra 127 Vilamba 5120
Vrischika Rasi: 27.25	Tithi 10	Gulika 1:27PM – 3:10PM	Anuradha Until 6:47PM	Ganesh: Clear	<i>Sunrise:</i> 4:51AM	
Family Home Evening		Yama 10:00AM – 11:44AM	Vishkambha* Until 11:00AM	Muruga: Clear	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	575442362 Rahu 6:34AM – 8:17AM	Gara Until 6:47PM	Nataraja: Clear		4th Phase
			Dashami Until 6:47PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

3 Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Purvashadha* Nakshatra Priti Yoga Vanija Karana Ekadashyam Titau				Portland, ME Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 9.21	Tithi 11	Gulika 11:43AM – 1:26PM	Jyeshtha* Until 9:11PM	Ganesh: Clear	<i>Sunrise:</i> 4:52AM	
		Yama 8:18AM – 10:01AM	Priti Until 5:08PM Wed	Muruga: Clear	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	586442362 Rahu 3:09PM – 4:52PM	Vanija Until 7:58AM	Nataraja: Clear		4th Phase
Until 9:11PM			Ekadashi Until 9:11PM	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani		

4 Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Dvadashyam Titau				Portland, ME Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 21.11	Tithi 12	Gulika 10:01AM – 11:43AM	Mula* Until 11:46PM	Ganesh: Clear	<i>Sunrise:</i> 4:53AM	
		Yama 6:36AM – 8:18AM	Priti Until 5:08PM	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	586442362 Rahu 11:43AM – 1:26PM	Bava Until 10:29AM	Nataraja: Clear		4th Phase
			Dvadashi Until 11:46PM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		

5 Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 2.58	Tithi 13	Gulika 8:19AM – 10:01AM	Purvashadha* Until 2:22AM Fri	Ganesh: Clear	<i>Sunrise:</i> 4:54AM	
		Yama 4:54AM – 6:36AM	Ayushman Until 8:07PM	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	586442362 Rahu 1:25PM – 3:07PM	Kaulava Until 15:38AM Fri	Nataraja: Clear		4th Phase
			Trayodashi Until 7:35AM Thu	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		
				<i>Pradosha Vrata</i>		

6 Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Visti* Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 14.46	Tithi 14	Gulika 6:37AM – 8:19AM	Shravana Until 11:19PM	Ganesh: White	<i>Sunrise:</i> 4:55AM	
		Yama 3:06PM – 4:48PM	Saubhagya Until 11:19PM	Muruga: Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	596442362 Rahu 10:01AM – 11:43AM	Gara Until 17:58AM Sat	Nataraja: Clear		4th Phase
Until 11:19PM			Chaturdashi* Until 8:39AM Fri	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Sravana-Avani		

○ Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnimayam Titau				Portland, ME Sun 28 Sutra 132 Vilamba 5120
Copper Retreat Star		Gulika 4:56AM – 6:38AM	Dhanishtha Until 6:59AM Sun	Ganesh: White	<i>Sunrise:</i> 4:56AM	
Makara Rasi: 26.38	Tithi 15	Yama 1:24PM – 3:05PM	Sobhana Until 2:07AM Sun	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	596442362 Rahu 8:19AM – 10:01AM	Visti Until 19:58AM Sun	Nataraja: Clear		Purnima
			Purnima* Until 9:36AM Sat	Moon – Purple		Subha Sivaloka Day
		Raksha Bandhan		Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava Karana Purnima/Prathamayam Titau				Portland, ME Sun 29 Sutra 133 Vilamba 5120
Silver Retreat Star		Gulika 3:04PM – 4:45PM	Dhanishtha Until 6:59AM	Ganesh: White	<i>Sunrise:</i> 4:58AM	
Kumbha Rasi: 9	Tithi 15 – 16	Yama 11:42AM – 1:23PM	Athiganda* Until 4:25AM Mon	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	596442362 Rahu 4:45PM – 6:27PM	Bava Until 6:59AM	Nataraja: Clear		Prathama
			Purnima* Until 6:59AM	Moon – Purple		Subha Sivaloka Day
		Avani Avittam		Sravana-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Vanija Karana Prathama/Dvitiyayam Titau

Portland, ME

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 20.43 Tihi 16 - 17

Family Home Evening

517442363

Gulika 1:23PM - 3:03PM
Yama 10:01AM - 11:42AM
Rahu 6:39AM - 8:20AM

Shatabhishak Until 8:48AM
Sukarma Until 6:39AM Tue
Vanija Until 22:46AM Tue
Prathama* Until 8:48AM

Ganesha: White Sunrise: 4:59AM
Muruga: Clear Sunset: 6:25PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Sivaloka Day

Routine Work Marana Yoga

Until 8:48AM

Then Creative Work - Siddha Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara Karana Dvitiya/Tritiyayam Titau

Portland, ME

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 2.59 Tihi 17 - 18

Routine Work Marana Yoga

Until 11:10AM Wed

Then Creative Work - Amrita Yoga

517452363

Gulika 11:41AM - 1:22PM
Yama 8:21AM - 10:01AM
Rahu 3:02PM - 4:43PM

Purvaproshtapada* Until 11:10AM Wed
Dhriti Until 6:39AM
Gara Until 10:12AM
Dvitiya Until 10:12AM

Ganesha: Clear Sunrise: 5:00AM
Muruga: Purple Sunset: 6:23PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 15.27 Tihi 18 - 19

Creative Work Siddha Yoga

Until 11:10AM

Then Routine Work - Marana Yoga

517452363

Gulika 10:01AM - 11:41AM
Yama 6:41AM - 8:21AM
Rahu 11:41AM - 1:21PM

Purvaproshtapada* Until 11:10AM
Shula* Until 8:18AM
Bava Until 11:30PM
Tritiya Until 10:34AM Wed

Ganesha: Clear Sunrise: 5:01AM
Muruga: Purple Sunset: 6:21PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Ganda*/Vridhi Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 28.07 Tihi 19 - 20

Creative Work Siddha Yoga

Until 11:41AM

Then Creative Work - Amrita Yoga

517452363

Gulika 8:21AM - 10:01AM
Yama 5:02AM - 6:42AM
Rahu 1:21PM - 3:00PM

Uttaraproshtapada Until 11:41AM
Ganda* Until 9:21AM
Taitila Until 11:47PM
Chaturthi* Until 9:58AM Thu

Ganesha: Clear Sunrise: 5:02AM
Muruga: Purple Sunset: 6:20PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Portland, ME

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 11.01 Tihi 20 - 21

Creative Work Amrita Yoga

Until 11:43AM

Then Creative Work - Siddha Yoga

527452363

Gulika 6:42AM - 8:22AM
Yama 2:59PM - 4:39PM
Rahu 10:01AM - 11:41AM

Revati Until 11:43AM
Vridhi Until 10:16AM
Vanija Until 10:77AM Sat
Panchami Until 11:43AM

Ganesha: Purple Sunrise: 5:03AM
Muruga: Purple Sunset: 6:18PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Portland, ME

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 24.08 Tihi 21 - 22

Creative Work Siddha Yoga

Until 11:17AM

Then Creative Work - Amrita Yoga

527452363

Gulika 5:04AM - 6:43AM
Yama 1:19PM - 2:58PM
Rahu 8:22AM - 10:01AM

Ashvini Until 11:17AM
Dhruva Until 10:32AM
Bava Until 10:53PM
Shashthi* Until 7:40AM Sat

Ganesha: Purple Sunrise: 5:04AM
Muruga: Purple Sunset: 6:16PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Sunday, September 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, ME

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrisabha Rasi: 7.32 Tihi 22 - 23

Creative Work Siddha Yoga

527452363

Gulika 2:57PM - 4:36PM
Yama 11:40AM - 1:19PM
Rahu 4:36PM - 6:15PM

Bharani Until 10:20AM
Harshana Until 10:11AM
Balava Until 9:41PM
Saptami Until 5:55AM Sun

Ganesha: Purple Sunrise: 5:05AM
Muruga: Purple Sunset: 6:15PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, ME

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrisabha Rasi: 21.14 Tihi 23 - 24

Family Home Evening

538452363

Gulika 1:18PM - 2:56PM
Yama 10:01AM - 11:40AM
Rahu 6:45AM - 8:23AM

Krittika Until 8:53AM
Vajra* Until 9:36AM
Taitila Until 8:00PM
Ashtami* Until 3:47AM Mon

Ganesha: White Sunrise: 5:06AM
Muruga: Purple Sunset: 6:13PM
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Devaloka Day

Creative Work Amrita Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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1		Tuesday, September 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Ardra Nakshatra Siddhi Yoga Gara Karana Navami/Dashamyam Titau		Portland, ME Sun 8
Mithuna Rasi: 5.14	Tithi 24 – 25	Gulika	11:39AM – 1:17PM	Rohini Until 6:57AM	Ganesha: White	<i>Sunrise: 5:08AM</i>	Sutra 142	
		Yama	8:23AM – 10:01AM	Siddhi Until 8:24AM	Muruga: Purple	<i>Sunset: 6:11PM</i>	Vilamba 5120	
		538452363 Rahu	2:55PM – 4:33PM	Gara Until 6:57AM	Nataraja: Purple		Moon 8 - Phase 20	
Creative Work	Siddha Yoga			Navami* Until 6:57AM	Moon – Yellow		2nd Phase	
Until 6:57AM					Sravana-Avani	Devaloka Day		
Then Routine Work - Marana Yoga								

2		Wednesday, September 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 9
Mithuna Rasi: 19.32	Tithi 26	Gulika	10:01AM – 11:39AM	Mrigashira Until 1:46AM Thu	Ganesha: White	<i>Sunrise: 5:09AM</i>	Sutra 143	
		Yama	6:46AM – 8:24AM	Vyatipata* Until 6:37AM	Muruga: Purple	<i>Sunset: 6:09PM</i>	Vilamba 5120	
		538452363 Rahu	11:39AM – 1:17PM	Bava Until 11:77AM Thu	Nataraja: Purple		Moon 8 - Phase 20	
Creative Work	Siddha Yoga			Ekadashi* Until 10:16PM	Moon – Yellow		2nd Phase	
Until 1:46AM Thu					Sravana-Avani	Devaloka Day		
Then Creative Work - Amrita Yoga								

3		Thursday, September 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Pushya Nakshatra Variyan/Parigha* Yoga Kaulava Karana Dvadashyam Titau		Portland, ME Sun 10
Kataka Rasi: 4.06	Tithi 27	Gulika	8:24AM – 10:01AM	Ardra Until 10:42PM	Ganesha: Yellow	<i>Sunrise: 5:10AM</i>	Sutra 144	
		Yama	5:10AM – 6:47AM	Variyan Until 2:24AM Fri	Muruga: Purple	<i>Sunset: 6:07PM</i>	Vilamba 5120	
		548452363 Rahu	1:16PM – 2:53PM	Kaulava Until 12:17PM	Nataraja: Purple		Moon 8 - Phase 20	
Creative Work	Amrita Yoga			Dvadashi* Until 10:42PM	Moon – Blue		2nd Phase	
Until 10:42PM					Sravana-Avani	Bhuloka Day		
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM		

4		Friday, September 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Sakuni* Karana Trayodashyam Titau		Portland, ME Sun 11
Kataka Rasi: 18.52	Tithi 28	Gulika	6:48AM – 8:25AM	Pushya Until 7:28PM	Ganesha: Yellow	<i>Sunrise: 5:11AM</i>	Sutra 145	
		Yama	2:52PM – 4:29PM	Parigha* Until 11:49PM	Muruga: Purple	<i>Sunset: 6:06PM</i>	Vilamba 5120	
		548452363 Rahu	10:01AM – 11:38AM	Gara Until 5:50AM Sat	Nataraja: Purple		Moon 8 - Phase 20	
Routine Work	Marana Yoga			Trayodashi* Until 11:43AM Fri	Moon – Blue		2nd Phase	
					Sravana-Avani	Bhuloka Day		
						Devaloka Time: 9:AM to12:PM		

Pradosha Vrata (Fasting)

5		Saturday, September 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, ME Sun 12
Simha Rasi: 3.44	Tithi 29 – 30	Gulika	5:12AM – 6:48AM	Ashlesha* Until 4:11PM	Ganesha: Red	<i>Sunrise: 5:12AM</i>	Sutra 146	
		Yama	1:14PM – 2:51PM	Shiva Until 9:28PM	Muruga: Purple	<i>Sunset: 6:04PM</i>	Vilamba 5120	
		558452363 Rahu	8:25AM – 10:01AM	Catuspada Until 2:35AM Sun	Nataraja: Purple		Moon 8 - Phase 20	
Creative Work	Amrita Yoga			Chaturdashi* Until 7:56AM Sat	Moon – Red		2nd Phase	
Until 4:11PM					Sravana-Avani	Bhuloka Day		
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM		

●		Sunday, September 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, ME Sun 13
Retreat Star		Gulika	2:50PM – 4:26PM	Magha* Until 1:00PM	Ganesha: Red	<i>Sunrise: 5:13AM</i>	Sutra 147	
Simha Rasi: 18.35	Tithi 30 – 1	Yama	11:38AM – 1:14PM	Sadhya Until 7:08PM	Muruga: Purple	<i>Sunset: 6:02PM</i>	Vilamba 5120	
		558452363 Rahu	4:26PM – 6:02PM	Kintughna Until 11:31PM	Nataraja: Purple		Moon 8 - Phase 20	
Creative Work	Siddha Yoga			Amavasya* Until 4:09AM Sun	Moon – Red		Amavasya	
Until 1:00PM					Sravana-Avani	Bhuloka Day		
Then Creative Work - Amrita Yoga						Devaloka Time: 9:AM to12:PM		
		Grandparent's Day						

Monday, September 10, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 14
Kanya Rasi: 3.16	Tithi 1 – 2	Gulika	1:13PM – 2:49PM	Uttaraphalguni Until 4:58PM	Ganesha: Blue	<i>Sunrise: 5:14AM</i>	Sutra 148	
Family Home Evening		Yama	10:01AM – 11:37AM	Subha Until 4:58PM	Muruga: Purple	<i>Sunset: 6:00PM</i>	Vilamba 5120	
		559452363 Rahu	6:50AM – 8:26AM	Kaulava Until 7:34AM Tue	Nataraja: Purple		Moon 8 - Phase 20	
Creative Work	Siddha Yoga			Prathama* Until 10:04AM	Moon – Red		Prathama	
					Bhadrapada-Avani	Bhuloka Day		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1		Tuesday, September 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 15 Sutra 149 Vilamba 5120	
Kanya Rasi: 17.41	Tithi 2 - 3	Gulika	11:37AM - 1:12PM	Hasta Until 3:33PM	Ganesh: Blue	<i>Sunrise:</i> 5:15AM			
		Yama	8:26AM - 10:01AM	Sukla Until 3:33PM	Muruga: Purple	<i>Sunset:</i> 5:59PM		Moon 8 - Phase 21	3rd Phase
Creative Work	Siddha Yoga	569452363	Rahu	2:48PM - 4:23PM	Nataraja: Purple				
				Tailila Until 6:31PM	Moon - Green			Bhuloka Day	
				Dvitiya Until 7:34AM	Bhadrapada-Avani				

2		Wednesday, September 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthyam Titau		Portland, ME Sun 16 Sutra 150 Vilamba 5120	
Tula Rasi: 1.44	Tithi 4	Gulika	10:01AM - 11:37AM	Chitra Until 2:35PM	Ganesh: Blue	<i>Sunrise:</i> 5:16AM			
		Yama	6:51AM - 8:26AM	Brahma Until 2:35PM	Muruga: Purple	<i>Sunset:</i> 5:57PM		Moon 8 - Phase 21	3rd Phase
Creative Work	Siddha Yoga	569452363	Rahu	11:37AM - 1:12PM	Nataraja: Purple				
				Vanija Until 4:54PM	Moon - Green			Bhuloka Day	
				Chaturthi* Until 4:21AM Thu	Bhadrapada-Avani				

3		Thursday, September 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau		Portland, ME Sun 17 Sutra 151 Vilamba 5120	
Tula Rasi: 15.21	Tithi 5	Gulika	8:27AM - 10:01AM	Svati Until 2:12PM	Ganesh: Yellow	<i>Sunrise:</i> 5:17AM			
		Yama	5:17AM - 6:52AM	Indra Until 2:12PM	Muruga: Purple	<i>Sunset:</i> 5:55PM		Moon 8 - Phase 21	3rd Phase
Creative Work	Amrita Yoga	569552363	Rahu	1:11PM - 2:46PM	Nataraja: Purple				
Until 2:12PM				Bava Until 4:02PM	Moon - Green			Bhuloka Day	
Then Creative Work - Siddha Yoga				Panchami Until 3:53AM Fri	Bhadrapada-Avani			Devaloka Time: 9:AM to12:PM	

4		Friday, September 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau		Portland, ME Sun 18 Sutra 152 Vilamba 5120	
Tula Rasi: 28.32	Tithi 6	Gulika	6:53AM - 8:27AM	Vishakha Until 5:25AM Sun Sat	Ganesh: White	<i>Sunrise:</i> 5:19AM			
		Yama	2:44PM - 4:19PM	Vaidhriti* Until 12:53PM	Muruga: Purple	<i>Sunset:</i> 5:53PM		Moon 8 - Phase 21	3rd Phase
Creative Work	Siddha Yoga	579552363	Rahu	10:02AM - 11:36AM	Nataraja: Purple				
				Kaulava Until 3:59PM	Moon - Orange			Devaloka Day	
				Shashthi* Until 4:15AM Sat	Bhadrapada-Avani				

5		Saturday, September 15, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 19 Sutra 153 Vilamba 5120	
Vrischika Rasi: 11.17	Tithi 7	Gulika	5:20AM - 6:54AM	Vishakha Until 5:25AM Sun	Ganesh: White	<i>Sunrise:</i> 5:20AM			
		Yama	1:09PM - 2:43PM	Vishkambha* Until 12:27AM Sun	Muruga: Purple	<i>Sunset:</i> 5:51PM		Moon 8 - Phase 21	3rd Phase
Creative Work	Siddha Yoga	579552363	Rahu	8:28AM - 10:02AM	Nataraja: Purple				
Until 5:25AM Sun				Gara Until 4:46PM	Moon - Orange			Devaloka Day	
Then Routine Work - Marana Yoga				Saptami Until 5:25AM Sun	Bhadrapada-Avani				

Retreat Star		Sunday, September 16, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau		Portland, ME Sun 20 Sutra 154 Vilamba 5120	
Vrischika Rasi: 23.41	Tithi 8	Gulika	2:42PM - 4:16PM	Jyeshtha* Until 7:16AM Mon	Ganesh: White	<i>Sunrise:</i> 5:21AM			
		Yama	11:35AM - 1:09PM	Priti Until 12:27PM	Muruga: Purple	<i>Sunset:</i> 5:49PM		Moon 8 - Phase 21	Ashtami
Routine Work	Marana Yoga	579552363	Rahu	4:16PM - 5:49PM	Nataraja: Purple				
Until 7:16AM Mon				Visti Until 6:17PM	Moon - Orange			Devaloka Day	
Then Creative Work - Amrita Yoga				Ashtami* Until 7:16AM Mon	Bhadrapada-Puratasi				

Retreat Star		Monday, September 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Bava Karana Ashtami/Navamyam Titau		Portland, ME Sun 21 Sutra 155 Vilamba 5120	
Dhanus Rasi: 5.49	Tithi 8 - 9	Gulika	1:08PM - 2:41PM	Jyeshtha* Until 7:16AM	Ganesh: Clear	<i>Sunrise:</i> 5:22AM			
Family Home Evening		Yama	10:02AM - 11:35AM	Ayushman Until 13:52AM Tue	Muruga: Purple	<i>Sunset:</i> 5:48PM		Moon 8 - Phase 21	Navami
Creative Work	Siddha Yoga	589552363	Rahu	6:55AM - 8:28AM	Nataraja: Purple				
Until 7:16AM				Bava Until 7:16AM	Moon - Light Blue			Bhuloka Day	
Then Routine Work - Marana Yoga				Ashtami* Until 7:16AM	Bhadrapada-Puratasi			Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 17.44	Tithi 9 – 10	Gulika 11:34AM – 1:07PM	Purvashadha* Until 12:12PM Wed	Ganesh: Clear <i>Sunrise: 5:23AM</i>		
		Yama 8:29AM – 10:02AM	Saubhagya Until 12:06AM Wed	Muruga: Purple <i>Sunset: 5:46PM</i>		Moon 8 - Phase 22
		Rahu 2:40PM – 4:13PM	Taitila Until 10:54PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 13:52AM Tue	Moon – Light Blue	Bhuloka Day	
Until 12:12PM Wed				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						

2 Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME Sun 23 Sutra 157 Vilamba 5120
Dhanus Rasi: 29.34	Tithi 10 – 11	Gulika 10:02AM – 11:34AM	Purvashadha* Until 12:12PM	Ganesh: Clear <i>Sunrise: 5:24AM</i>		
		Yama 6:57AM – 8:29AM	Sobhana Until 15:58AM Thu	Muruga: Purple <i>Sunset: 5:44PM</i>		Moon 8 - Phase 22
		Rahu 11:34AM – 1:07PM	Vanija Until 1:32AM Thu	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dashami Until 14:56AM Wed	Moon – Light Blue	Bhuloka Day	
Until 12:12PM				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

3 Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 11.21	Tithi 11 – 12	Gulika 8:29AM – 10:02AM	Shravana Until 6:16AM Fri	Ganesh: Purple <i>Sunrise: 5:25AM</i>		
		Yama 5:25AM – 6:57AM	Athiganda* Until 3:58PM	Muruga: Purple <i>Sunset: 5:42PM</i>		Moon 8 - Phase 22
		Rahu 1:06PM – 2:38PM	Bava Until 4:04AM Fri	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 2:48PM	Moon – Purple	Devaloka Day	
				Bhadrapada-Puratasi		

4 Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 23.11	Tithi 12 – 13	Gulika 6:58AM – 8:30AM	Shravana Until 6:16AM	Ganesh: Purple <i>Sunrise: 5:26AM</i>		
		Yama 2:37PM – 4:09PM	Sukarma Until 4:51PM	Muruga: Purple <i>Sunset: 5:40PM</i>		Moon 8 - Phase 22
		Rahu 10:02AM – 11:33AM	Balava Until 5:13PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 5:13PM	Moon – Purple	Devaloka Day	
Until 6:16AM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						

5 Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 5.08	Tithi 13	Gulika 5:27AM – 6:59AM	Dhanishtha Until 9:01AM	Ganesh: Purple <i>Sunrise: 5:27AM</i>		
		Yama 1:04PM – 2:36PM	Dhriti Until 5:28PM	Muruga: Purple <i>Sunset: 5:38PM</i>		Moon 8 - Phase 22
		Rahu 8:30AM – 10:02AM	Kaulava Until 6:19AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:16PM	Moon – Purple	Devaloka Day	
Until 9:01AM		Chidambaram Abhishekam		Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga		Kadaitswami Mahasamadhi				

6 Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 17.16	Tithi 14	Gulika 2:35PM – 4:06PM	Shatabhishak Until 11:11AM	Ganesh: Purple <i>Sunrise: 5:29AM</i>		
		Yama 11:33AM – 1:04PM	Shula* Until 5:42PM	Muruga: Purple <i>Sunset: 5:37PM</i>		Moon 8 - Phase 22
		Rahu 4:06PM – 5:37PM	Gara Until 8:09AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:51PM	Moon – Purple	Devaloka Day	
				Bhadrapada-Puratasi		

○ Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Kaulava Karana Purnimayam Titau				Portland, ME Sutra 162 Vilamba 5120
Copper Retreat Star		Gulika 1:03PM – 2:34PM	Purvaproshtapada* Until 10:28PM Tue	Ganesh: Purple <i>Sunrise: 5:30AM</i>		
Kumbha Rasi: 29.35	Tithi 15	Yama 10:02AM – 11:32AM	Ganda* Until 1:11PM	Muruga: Purple <i>Sunset: 5:35PM</i>		Moon 8 - Phase 22
Family Home Evening		Rahu 7:00AM – 8:31AM	Visti Until 9:28AM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Purnima* Until 9:55PM	Moon – Clear	Devaloka Day	
Until 10:28PM Tue				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						

Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Revali Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME Sutra 163 Vilamba 5120
Silver Retreat Star		Gulika 11:32AM – 1:02PM	Purvaproshtapada* Until 10:28PM	Ganesh: Purple <i>Sunrise: 5:31AM</i>		
Meena Rasi: 12.08	Tithi 16	Yama 8:31AM – 10:02AM	Vridhi Until 4:62PM	Muruga: Purple <i>Sunset: 5:33PM</i>		Moon 8 - Phase 22
		Rahu 2:32PM – 4:03PM	Balava Until 10:16AM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 10:28PM	Moon – Clear	Devaloka Day	
Until 10:28PM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, ME

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 24.55 Tihti 17

511552363

Gulika 10:02AM - 11:32AM

Yama 7:02AM - 8:32AM

Rahu 11:32AM - 1:01PM

Revati Until 10:14PM Thu

Dhruva Until 4:06PM

Taitila Until 10:35AM

Dvitiya Until 10:33PM

Ganesh: Purple Sunrise: 5:33AM

Muruga: Purple Sunset: 5:31PM

Nataraja: Purple

Moon - Clear

Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Portland, ME

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 7.56 Tihti 18

621552363

Gulika 8:32AM - 10:02AM

Yama 5:33AM - 7:03AM

Rahu 1:01PM - 2:30PM

Revati Until 10:14PM

Vyaghata* Until 12:79AM Fri

Vanija Until 9:57AM Fri

Tritiya Until 4:06PM

Ganesh: Purple Sunrise: 5:33AM

Muruga: Purple Sunset: 5:29PM

Nataraja: Purple

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 10:14PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Krittika Nakshatra Harshana/Vajra* Yoga Bava Karana Chaturthyam Titau

Portland, ME

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 21.08 Tihti 19

622552363

Gulika 7:03AM - 8:33AM

Yama 2:29PM - 3:58PM

Rahu 10:02AM - 11:31AM

Ashvini Until 9:33PM

Harshana Until 11:29AM Sat

Bava Until 9:57AM

Chaturthi* Until 9:33PM

Ganesh: Clear Sunrise: 5:34AM

Muruga: Purple Sunset: 5:28PM

Nataraja: Purple

Moon - White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava Karana Panchamyam Titau

Portland, ME

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 4.32 Tihti 20

622552363

Gulika 5:35AM - 7:04AM

Yama 12:59PM - 2:28PM

Rahu 8:33AM - 10:02AM

Krittika Until 3:32PM

Vajra* Until 11:29AM

Kaulava Until 9:06AM

Panchami Until 8:33PM

Ganesh: Clear Sunrise: 5:35AM

Muruga: Purple Sunset: 5:26PM

Nataraja: Purple

Moon - White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrisabha Rasi: 18.06 Tihti 21

632552363

Gulika 2:27PM - 3:56PM

Yama 11:30AM - 12:59PM

Rahu 3:56PM - 5:24PM

Rohini Until 3:09PM

Siddhi Until 9:26AM

Gara Until 6:31AM Mon

Shashthi* Until 11:29AM

Ganesh: Purple Sunrise: 5:37AM

Muruga: Purple Sunset: 5:24PM

Nataraja: Purple

Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Portland, ME

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mithuna Rasi: 1.5 Tihti 22 - 23

632552363

Gulika 12:58PM - 2:26PM

Yama 10:02AM - 11:30AM

Rahu 7:06AM - 8:34AM

Mrigashira Until 2:21PM

Vyatipata* Until 7:09AM

Visti Until 6:31AM

Saptami Until 5:40PM

Ganesh: Purple Sunrise: 5:38AM

Muruga: Purple Sunset: 5:22PM

Nataraja: Purple

Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 2:21PM

Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, ME

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 15.45 Tihti 23 - 24

632552363

Gulika 11:30AM - 12:57PM

Yama 8:34AM - 10:02AM

Rahu 2:25PM - 3:53PM

Ardra Until 1:07PM

Parigha* Until 1:54AM Wed

Taitila Until 2:49AM Wed

Ashtami* Until 3:49PM

Ganesh: Purple Sunrise: 5:39AM

Muruga: Purple Sunset: 5:20PM

Nataraja: Purple

Moon - Yellow

Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 1:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Portland, ME

Sun 8 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 29.5 Tihti 24 - 25

642552363

Gulika 10:02AM - 11:29AM

Yama 7:07AM - 8:35AM

Rahu 11:29AM - 12:57PM

Punarvasu Until 11:54AM

Shiva Until 10:58PM

Vanija Until 12:35AM Thu

Navami* Until 1:42PM

Ganesh: Clear Sunrise: 5:40AM

Muruga: Purple Sunset: 5:19PM

Nataraja: Purple

Moon - Blue

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1 Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, ME Sun 9 Sutra 172 Vilamba 5120
Kataka Rasi: 14.04	Tithi 25 – 26	Gulika 8:35AM – 10:02AM	Pushya Until 8:49AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:41AM	
		Yama 5:41AM – 7:08AM	Siddha Until 10:19AM	Muruga: Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 24
		642552363 Rahu 12:56PM – 2:23PM	Bava Until 9:68PM	Nataraja: Purple		2nd Phase
Creative Work Amrita Yoga			Dashami Until 10:58PM	Moon – Blue	Bhuloka Day	
Until 8:49AM Fri				Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

2 Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Magha* Nakshatra Sadhya/Subha Yoga Balava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 10 Sutra 173 Vilamba 5120
Kataka Rasi: 28.28	Tithi 26 – 27	Gulika 7:09AM – 8:35AM	Pushya Until 8:49AM	Ganesh: Clear	<i>Sunrise:</i> 5:42AM	
		Yama 2:22PM – 3:48PM	Sadhya Until 4:36PM	Muruga: Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 24
		642552363 Rahu 10:02AM – 11:29AM	Balava Until 8:49AM	Nataraja: Purple		2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 8:49AM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	

3 Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila/Visti* Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 11 Sutra 174 Vilamba 5120
Simha Rasi: 12.55	Tithi 27 – 28	Gulika 5:43AM – 7:10AM	Magha* Until 6:40AM	Ganesh: White	<i>Sunrise:</i> 5:43AM	
		Yama 12:55PM – 2:21PM	Subha Until 6:40AM	Muruga: Purple	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 24
		652552363 Rahu 8:36AM – 10:02AM	Visti Until 14:17AM Sun	Nataraja: Purple		2nd Phase
Creative Work Amrita Yoga			Dvadashi* Until 6:11AM	Moon – Red	Bhuloka Day	
Until 6:40AM				Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti* Karana Chaturdashyam Titau				Portland, ME Sun 12 Sutra 175 Vilamba 5120
Simha Rasi: 27.23	Tithi 29	Gulika 2:20PM – 3:46PM	Uttaraphalguni Until 10:46PM Mon	Ganesh: White	<i>Sunrise:</i> 5:45AM	
		Yama 11:28AM – 12:54PM	Sukla Until 10:01AM	Muruga: Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 24
		652552364 Rahu 3:46PM – 5:12PM	Visti Until 2:17PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 1:02AM Mon	Moon – Red	Bhuloka Day	
Until 10:46PM Mon				Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga						

Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau				Portland, ME Sun 13 Sutra 176 Vilamba 5120
Retreat Star		Gulika 12:53PM – 2:19PM	Uttaraphalguni Until 10:46PM	Ganesh: Red	<i>Sunrise:</i> 5:46AM	
Kanya Rasi: 11.46	Tithi 30	Yama 10:02AM – 11:28AM	Brahma Until 1:32AM Tue	Muruga: Purple	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 24
Family Home Evening		662652364 Rahu 7:11AM – 8:37AM	Catuspada Until 11:52AM	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga			Amavasya* Until 10:46PM	Moon – Green	Devaloka Day	
Until 10:46PM				Bhadrapada-Puratasi		
Then Routine Work - Prabalarishta Yoga		Mahalaya Amavasai (Tamil Nadu)				

Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Balava Karana Prathamayam Titau				Portland, ME Sun 14 Sutra 177 Vilamba 5120
Retreat Star		Gulika 11:28AM – 12:53PM	Hasta Until 8:54PM	Ganesh: Red	<i>Sunrise:</i> 5:47AM	
Kanya Rasi: 25.56	Tithi 1	Yama 8:37AM – 10:02AM	Vaidhriti* Until 12:28AM Wed	Muruga: Purple	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 24
		662652364 Rahu 2:18PM – 3:43PM	Kintughna Until 9:48AM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 8:54PM	Moon – Green	Devaloka Day	
				Ashvina-Puratasi		
		Navaratri Begins				

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 15 Sutra 178 Vilamba 5120	
Tula Rasi: 9.49	Tithi 2	Gulika Yama	10:02AM – 11:27AM 7:13AM – 8:38AM	Svati Until 11:49PM Vishkambha* Until 11:19PM	Ganesh: Red Muruga: Purple Nataraja: Clear	Sunrise: 5:48AM Sunset: 5:06PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	662652364	Rahu 11:27AM – 12:52PM	Balava Until 6:72AM Thu Dvitiya Until 1:25AM Wed	Moon – Green	Devaloka Day	
2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Tritiyayam Titau		Portland, ME Sun 16 Sutra 179 Vilamba 5120	
Tula Rasi: 23.21	Tithi 3	Gulika Yama	8:38AM – 10:03AM 5:49AM – 7:14AM	Vishakha Until 12:08AM Fri Priti Until 9:47PM	Ganesh: Yellow Muruga: Purple Nataraja: Clear	Sunrise: 5:49AM Sunset: 5:05PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	672652364	Rahu 12:51PM – 2:16PM	Tailila Until 6:56AM Fri Tritiya Until 11:19PM	Moon – Orange	Devaloka Day	
3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau		Portland, ME Sun 17 Sutra 180 Vilamba 5120	
Vrischika Rasi: 6.3	Tithi 4	Gulika Yama	7:15AM – 8:39AM 2:15PM – 3:39PM	Anuradha Until 1:03AM Sat Ayushman Until 8:49PM	Ganesh: White Muruga: Purple Nataraja: Clear	Sunrise: 5:51AM Sunset: 5:03PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	673652364	Rahu 10:03AM – 11:27AM	Vanija Until 6:56AM Chaturthi* Until 7:04PM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Portland, ME Sun 18 Sutra 181 Vilamba 5120	
Vrischika Rasi: 19.16	Tithi 5	Gulika Yama	5:52AM – 7:15AM 12:50PM – 2:14PM	Jyeshtha* Until 2:33AM Sun Saubhagya Until 8:28PM	Ganesh: White Muruga: Purple Nataraja: Clear	Sunrise: 5:52AM Sunset: 5:01PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	673652364	Rahu 8:39AM – 10:03AM	Bava Until 7:27AM Panchami Until 7:58PM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Until 2:33AM Sun Then Creative Work - Amrita Yoga					Ashvina*Puratasi		
5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Portland, ME Sun 19 Sutra 182 Vilamba 5120	
Dhanus Rasi: 1.4	Tithi 6	Gulika Yama	2:13PM – 3:36PM 11:26AM – 12:50PM	Mula* Until 5:03AM Mon Sobhana Until 5:03AM Mon	Ganesh: Clear Muruga: Purple Nataraja: Clear	Sunrise: 5:53AM Sunset: 5:00PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Amrita Yoga	683652364	Rahu 3:36PM – 5:00PM	Kaulava Until 8:43AM Shashthi* Until 9:36PM	Moon – Light Blue	Devaloka Day	
Until 5:03AM Mon Then Routine Work - Marana Yoga					Ashvina*Puratasi		
6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 20 Sutra 183 Vilamba 5120	
Dhanus Rasi: 13.47	Tithi 7	Gulika Yama	12:49PM – 2:12PM 10:03AM – 11:26AM	Purvashadha* Until 7:54AM Tue Athiganda* Until 9:19PM	Ganesh: Clear Muruga: Purple Nataraja: Clear	Sunrise: 5:54AM Sunset: 4:58PM	Moon 9 - Phase 25 3rd Phase
Family Home Evening		683652364	Rahu 7:17AM – 8:40AM	Gara Until 10:40AM Saptami Until 11:49PM	Moon – Light Blue	Devaloka Day	
Routine Work	Marana Yoga				Ashvina*Puratasi		
Until 7:54AM Tue Then Routine Work - Prabalarishta Yoga							
☾		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 21 Sutra 184 Vilamba 5120	
Retreat Star		Gulika Yama	11:26AM – 12:48PM 8:41AM – 10:03AM	Purvashadha* Until 7:54AM Sukarma Until 10:15PM	Ganesh: Clear Muruga: Purple Nataraja: Clear	Sunrise: 5:55AM Sunset: 4:58PM	Moon 9 - Phase 25 Ashtami
Dhanus Rasi: 25.43	Tithi 8	683652364	Rahu 2:11PM – 3:34PM	Visti Until 1:05PM Ashtami* Until 2:23AM Wed	Moon – Light Blue	Devaloka Day	
Creative Work	Siddha Yoga				Ashvina*Puratasi		
Until 7:54AM Then Routine Work - Prabalarishta Yoga							
☽		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 22 Sutra 185 Vilamba 5120	
Retreat Star		Gulika Yama	10:03AM – 11:26AM 7:19AM – 8:41AM	Uttarashadha Until 7:30AM Fri Thu Dhriti Until 11:17PM	Ganesh: Clear Muruga: Purple Nataraja: Clear	Sunrise: 5:57AM Sunset: 4:55PM	Moon 9 - Phase 25 Navami
Makara Rasi: 7.32	Tithi 9	683652364	Rahu 11:26AM – 12:48PM	Balava Until 18:20AM Thu Navami* Until 10:15PM	Moon – Light Blue	Devaloka Day	
Creative Work	Amrita Yoga				Ashvina*Aipasi		
Until 7:30AM Fri Thu Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1		Thursday, October 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau	Portland, ME Sun 23	Sutra 186 Vilamba 5120
Makara Rasi: 19.2	Tithi 10	Gulika 8:42AM – 10:04AM	Uttarashadha Until 7:30AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:58AM			
		Yama 5:58AM – 7:20AM	Shula* Until 2:05PM	Muruga: Purple	<i>Sunset:</i> 4:53PM	Moon 9 - Phase 26		
Creative Work	Siddha Yoga	693652364 Rahu 12:47PM – 2:09PM	Tailila Until 6:20PM	Nataraja: Clear		4th Phase		
		Vijaya Dasami	Dashami Until 7:30AM Fri	Moon – Purple		Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				

2		Friday, October 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau	Portland, ME Sun 24	Sutra 187 Vilamba 5120
Kumbha Rasi: 1.13	Tithi 10 – 11	Gulika 7:21AM – 8:42AM	Dhanishtha Until 4:55PM	Ganesha: Purple	<i>Sunrise:</i> 5:59AM			
		Yama 2:08PM – 3:30PM	Ganda* Until 12:52AM Sat	Muruga: Purple	<i>Sunset:</i> 4:51PM	Moon 9 - Phase 26		
Creative Work	Siddha Yoga	693652364 Rahu 10:04AM – 11:25AM	Vanija Until 8:37PM	Nataraja: Clear		4th Phase		
			Dashami Until 7:30AM	Moon – Purple		Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				

3		Saturday, October 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau	Portland, ME Sun 25	Sutra 188 Vilamba 5120
Kumbha Rasi: 13.14	Tithi 11 – 12	Gulika 6:00AM – 7:22AM	Shatabhishak Until 7:09PM	Ganesha: Purple	<i>Sunrise:</i> 6:00AM			
		Yama 12:46PM – 2:07PM	Vriddhi Until 7:09PM	Muruga: Purple	<i>Sunset:</i> 4:50PM	Moon 9 - Phase 26		
Creative Work	Amrita Yoga	693652364 Rahu 8:43AM – 10:04AM	Balava Until 10:64AM Sun	Nataraja: Clear		4th Phase		
Until 7:09PM			Ekadashi Until 9:34AM	Moon – Purple		Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga				Ashvina-Aipasi				

4		Sunday, October 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Portland, ME Sun 26	Sutra 189 Vilamba 5120
Kumbha Rasi: 25.28	Tithi 12 – 13	Gulika 2:07PM – 3:27PM	Purvaproshtapada* Until 9:07PM	Ganesha: White	<i>Sunrise:</i> 6:02AM			
		Yama 11:25AM – 12:46PM	Dhruva Until 12:56AM Mon	Muruga: Purple	<i>Sunset:</i> 4:48PM	Moon 9 - Phase 26		
Creative Work	Siddha Yoga	613652364 Rahu 3:27PM – 4:48PM	Kaulava Until 11:36PM	Nataraja: Clear		4th Phase		
Until 9:07PM			Dvadashi Until 11:04AM	Moon – Clear		Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga				Ashvina-Aipasi				
			<i>Pradosha Vrata</i>					

5		Monday, October 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Portland, ME Sun 27	Sutra 190 Vilamba 5120
Meena Rasi: 7.59	Tithi 13 – 14	Gulika 12:45PM – 2:06PM	Uttaraproshtapada Until 10:19PM	Ganesha: White	<i>Sunrise:</i> 6:03AM			
Family Home Evening		Yama 10:04AM – 11:25AM	Vyaghata* Until 12:14AM Tue	Muruga: Purple	<i>Sunset:</i> 4:47PM	Moon 9 - Phase 26		
Creative Work	Siddha Yoga	613652364 Rahu 7:23AM – 8:44AM	Gara Until 12:08AM Tue	Nataraja: Clear		4th Phase		
			Trayodashi Until 11:56AM	Moon – Clear		Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				

○		Tuesday, October 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Portland, ME Sun 27	Sutra 191 Vilamba 5120
Copper Retreat Star		Gulika 11:25AM – 12:45PM	Revati Until 11:47AM Wed	Ganesha: White	<i>Sunrise:</i> 6:04AM			
Meena Rasi: 20.47	Tithi 14 – 15	Yama 8:44AM – 10:04AM	Harshana Until 11:03PM	Muruga: Purple	<i>Sunset:</i> 4:45PM	Moon 9 - Phase 26		
Creative Work	Siddha Yoga	613652364 Rahu 2:05PM – 3:25PM	Visti Until 12:04AM Wed	Nataraja: Clear		Purnima		
			Chaturdashi* Until 12:09PM	Moon – Clear		Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
				Ashvina-Aipasi				

○		Wednesday, October 24, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Portland, ME Sun 27	Sutra 192 Vilamba 5120
Silver Retreat Star		Gulika 10:05AM – 11:24AM	Revati Until 11:47AM	Ganesha: Clear	<i>Sunrise:</i> 6:05AM			
Mesha Rasi: 3.54	Tithi 15 – 16	Yama 7:25AM – 8:45AM	Vajra* Until 10:56PM	Muruga: Purple	<i>Sunset:</i> 4:44PM	Moon 9 - Phase 26		
Routine Work	Marana Yoga	623652364 Rahu 11:24AM – 12:44PM	Balava Until 11:26PM	Nataraja: Clear		Prathama		
Until 11:47AM			Purnima* Until 11:47AM	Moon – White		Devaloka Day		
Then Creative Work - Siddha Yoga				Ashvina-Aipasi				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, ME

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.17 Tihi 16 - 17

623652364

Gulika 8:45AM - 10:05AM
Yama 6:07AM - 7:26AM
Rahu 12:44PM - 2:03PM

Bharani Until 9:40AM Fri
Siddhi Until 7:27PM
Taitila Until 10:21PM
Prathama* Until 10:56AM

Ganesha: Clear *Sunrise:* 6:07AM
Muruga: Purple *Sunset:* 4:42PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Until 9:40AM Fri

Then Routine Work - Marana Yoga

Friday, October 26, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Portland, ME

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 0.55 Tihi 17 - 18

624652364

Gulika 7:27AM - 8:46AM
Yama 2:02PM - 3:22PM
Rahu 10:05AM - 11:24AM

Bharani Until 9:40AM
Vyatipata* Until 14:42AM Sat
Vanija Until 8:56PM
Dvitiya Until 9:40AM

Ganesha: White *Sunrise:* 6:08AM
Muruga: Purple *Sunset:* 4:41PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 9:40AM

Then Routine Work - Marana Yoga

Saturday, October 27, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Portland, ME

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 14.43 Tihi 18 - 19

634652364

Gulika 6:09AM - 7:28AM
Yama 12:43PM - 2:02PM
Rahu 8:47AM - 10:05AM

Rohini Until 8:50PM
Variyan Until 2:42PM
Bava Until 7:17PM
Tritiya Until 8:07AM

Ganesha: Clear *Sunrise:* 6:09AM
Muruga: Purple *Sunset:* 4:39PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 8:50PM

Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Gara Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 28.39 Tihi 19 - 20

634652364

Gulika 2:01PM - 3:19PM
Yama 11:24AM - 12:43PM
Rahu 3:19PM - 4:38PM

Mrigashira Until 7:44PM
Parigha* Until 7:44PM
Gara Until 15:35AM Mon
Chaturthi* Until 6:23AM

Ganesha: Clear *Sunrise:* 6:10AM
Muruga: Purple *Sunset:* 4:38PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Monday, October 29, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashtyam Titau

Portland, ME

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 12.4 Tihi 21

634652364

Gulika 12:42PM - 2:00PM
Yama 10:06AM - 11:24AM
Rahu 7:30AM - 8:48AM

Ardra Until 6:23PM
Shiva Until 9:25AM
Gara Until 3:35PM
Shashthi* Until 2:36AM Tue

Ganesha: Clear *Sunrise:* 6:12AM
Muruga: Purple *Sunset:* 4:36PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

Tuesday, October 30, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Portland, ME

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 26.42 Tihi 22

644662364

Gulika 11:24AM - 12:42PM
Yama 8:48AM - 10:06AM
Rahu 1:59PM - 3:17PM

Punarvasu Until 5:17PM
Siddha Until 6:40AM
Visti Until 1:38PM
Saptami Until 12:38AM Wed

Ganesha: Purple *Sunrise:* 6:13AM
Muruga: Clear *Sunset:* 4:35PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 10.46 Tihi 23

644662364

Gulika 10:06AM - 11:24AM
Yama 7:32AM - 8:49AM
Rahu 11:24AM - 12:41PM

Pushya Until 8:40PM Thu
Subha Until 1:09AM Thu
Balava Until 11:40AM
Ashtami* Until 10:39PM

Ganesha: Purple *Sunrise:* 6:14AM
Muruga: Clear *Sunset:* 4:34PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Portland, ME

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 24.51 Tihi 24

644662364

Gulika 8:50AM - 10:07AM
Yama 6:16AM - 7:33AM
Rahu 12:41PM - 1:58PM

Pushya Until 8:40PM
Sukla Until 9:81PM
Taitila Until 9:41AM
Navami* Until 8:40PM

Ganesha: Purple *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 4:32PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:40PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 8.56	Tithi 25	Gulika 7:34AM – 8:50AM Yama 1:57PM – 3:14PM 654662364 Rahu 10:07AM – 11:24AM	Magha* Until 1:29PM Brahma Until 7:34PM Vanija Until 7:42AM Dashami Until 6:42PM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Red Ashvina•Aipasi	<i>Sunrise:</i> 6:17AM <i>Sunset:</i> 4:31PM	Moon 10 - Phase 28 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 1:29PM Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhiti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 23	Tithi 26 – 27	Gulika 6:18AM – 7:35AM Yama 12:40PM – 1:57PM 654762364 Rahu 8:51AM – 10:07AM	Purvaphalguni Until 12:14PM Indra Until 4:51PM Kaulava Until 3:52AM Sun Ekadashi* Until 4:46PM	Ganesh: White Muruga: Clear Nataraja: Clear Moon – Red Ashvina•Aipasi	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 4:30PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 12:14PM Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhiti*/Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 7.01	Tithi 27 – 28	Gulika 1:56PM – 3:12PM Yama 11:24AM – 12:40PM 654762364 Rahu 3:12PM – 4:28PM	Uttaraphalguni Until 10:57AM Vaidhiti* Until 2:11PM Gara Until 2:07AM Mon Dvadashi* Until 2:57PM <i>Pradosha Vrata (Fasting)</i>	Ganesh: White Muruga: Clear Nataraja: Clear Moon – Red Ashvina•Aipasi	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 4:28PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Creative Work Amrita Yoga						

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 20.57	Tithi 28 – 29	Gulika 12:40PM – 1:55PM Yama 10:08AM – 11:24AM 664762364 Rahu 7:37AM – 8:52AM	Hasta Until 10:07AM Vishkambha* Until 11:40AM Visti Until 12:37AM Tue Trayodashi* Until 1:19PM	Ganesh: Green Muruga: Clear Nataraja: Clear Moon – Green Ashvina•Aipasi	<i>Sunrise:</i> 6:21AM <i>Sunset:</i> 4:27PM	Moon 10 - Phase 28 2nd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 10:07AM Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day				

Retreat Star Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau				Portland, ME Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 4.43	Tithi 29 – 30	Gulika 11:24AM – 12:39PM Yama 8:53AM – 10:08AM 664762364 Rahu 1:55PM – 3:10PM	Chitra Until 9:24AM Priti Until 9:24AM Sakuni Until 11:58AM Chaturdashi* Until 11:58AM	Ganesh: Green Muruga: Clear Nataraja: Clear Moon – Green Ashvina•Aipasi	<i>Sunrise:</i> 6:22AM <i>Sunset:</i> 4:26PM	Moon 10 - Phase 28 Amavasya Devaloka Day
Creative Work Siddha Yoga						

Retreat Star Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME Sun 13 Sutra 206 Vilamba 5120
Tula Rasi: 18.16	Tithi 30 – 1	Gulika 10:09AM – 11:24AM Yama 7:38AM – 8:54AM 765762364 Rahu 11:24AM – 12:39PM	Svati Until 10:37AM Thu Ayushman Until 7:25AM Kintughna Until 10:46PM Amavasya* Until 9:24AM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Green Kartika•Aipasi	<i>Sunrise:</i> 6:23AM <i>Sunset:</i> 4:25PM	Moon 10 - Phase 28 Prathama Sivaloka Day
Creative Work Siddha Yoga		Skanda Shasthi Begins				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 14 Sutra 207 Vilamba 5120	
Vrischika Rasi: 1.32	Tithi 1 – 2	Gulika Yama	8:54AM – 10:09AM 6:25AM – 7:39AM	Svati Until 10:37AM Sobhana Until 4:45AM Fri	Ganesh: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:25AM Sunset: 4:24PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	775762364	Rahu 12:39PM – 1:54PM	Prathama* Until 10:37AM	Karttika-Aipasi	Sivaloka Day	
2		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 14.31	Tithi 2 – 3	Gulika Yama	7:40AM – 8:55AM 1:53PM – 3:08PM	Anuradha Until 10:02AM Athiganda* Until 4:08AM Sat	Ganesh: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:26AM Sunset: 4:22PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	775762364	Rahu 10:10AM – 11:24AM	Taitila Until 11:12PM Dvitiya Until 10:49AM	Karttika-Aipasi	Sivaloka Day	
Until 10:02AM	Then Routine Work - Marana Yoga						
3		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Portland, ME Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 27.09	Tithi 3 – 4	Gulika Yama	6:27AM – 7:41AM 12:38PM – 1:53PM	Jyeshtha* Until 11:18AM Sukarma Until 4:03AM Sun	Ganesh: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:27AM Sunset: 4:21PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	775762364	Rahu 8:56AM – 10:10AM	Vanija Until 12:25AM Sun Tritiya Until 11:42AM	Karttika-Aipasi	Sivaloka Day	
4		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 9.3	Tithi 4 – 5	Gulika Yama	1:52PM – 3:06PM 11:24AM – 12:38PM	Mula* Until 1:31PM Dhriti Until 4:28AM Mon	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:29AM Sunset: 4:20PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Amrita Yoga	785762364	Rahu 3:06PM – 4:20PM	Bava Until 2:17AM Mon Chaturthi* Until 1:15PM	Karttika-Aipasi	Sivaloka Day	
Until 1:31PM	Then Creative Work - Siddha Yoga						
5		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Portland, ME Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 21.36	Tithi 5 – 6	Gulika Yama	12:38PM – 1:52PM 10:11AM – 11:24AM	Purvashadha* Until 4:08PM Shula* Until 5:12AM Tue	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:30AM Sunset: 4:19PM	Moon 10 - Phase 29 3rd Phase
Family Home Evening	Routine Work	785762364	Rahu 7:43AM – 8:57AM	Kaulava Until 4:38AM Tue Panchami Until 4:28AM Mon	Karttika-Aipasi	Sivaloka Day	
6		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 3.31	Tithi 6 – 7	Gulika Yama	11:25AM – 12:38PM 8:58AM – 10:11AM	Uttarashadha Until 8:38PM Wed Ganda* Until 6:70AM Thu Wed	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:31AM Sunset: 4:18PM	Moon 10 - Phase 29 3rd Phase
Routine Work	Prabalarishta Yoga	785762364	Rahu 1:51PM – 3:05PM	Gara Until 7:18AM Wed Shashthi* Until 5:55PM	Karttika-Aipasi	Sivaloka Day	
Until 8:38PM Wed	Then Creative Work - Siddha Yoga	Skanda Shasthi					
		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 15.2	Tithi 7	Gulika Yama	10:12AM – 11:25AM 7:45AM – 8:59AM	Uttarashadha Until 8:38PM Ganda* Until 6:70AM Thu	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:32AM Sunset: 4:17PM	Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	795762364	Rahu 11:25AM – 12:38PM	Gara Until 7:18AM Saptami Until 8:38PM	Karttika-Aipasi	Subha Sivaloka Day	
Until 8:38PM	Then Routine Work - Prabalarishta Yoga						
Retreat Star							
7		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 27.07	Tithi 8	Gulika Yama	8:59AM – 10:12AM 6:34AM – 7:46AM	Dhanishtha Until 1:18AM Fri Vriddhi Until 7:10AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:34AM Sunset: 4:16PM	Moon 10 - Phase 29 Ashtami
Creative Work	Siddha Yoga	795762364	Rahu 12:38PM – 1:51PM	Visti Until 9:59AM Ashtami* Until 11:13PM	Karttika-Aipasi	Subha Sivaloka Day	
Retreat Star							
8		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 8.59	Tithi 9	Gulika Yama	7:48AM – 9:00AM 1:50PM – 3:03PM	Shatabhishak Until 3:47AM Sat Dhruva Until 7:59AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:35AM Sunset: 4:15PM	Moon 10 - Phase 29 Navami
Creative Work	Siddha Yoga	795762364	Rahu 10:13AM – 11:25AM	Balava Until 12:25PM Navami* Until 1:27AM Sat	Karttika-Kartikai	Subha Sivaloka Day	
Until 3:47AM Sat	Then Routine Work - Marana Yoga						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Vanija Karana Dashamyam Titau				Portland, ME Sun 23
	Kumbha Rasi: 21.02 Tiithi 10 Routine Work Marana Yoga Until 6:02AM Sun Then Creative Work - Amrita Yoga	716762365	Gulika 6:36AM – 7:49AM Yama 12:38PM – 1:50PM Rahu 9:01AM – 10:13AM	Purvaproshtapada* Until 6:02AM Sun Vyaghata* Until 6:02AM Sun Tailila Until 2:23PM Dashami Until 3:06AM Sun	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 6:36AM Sunset: 4:14PM	Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase Devaloka Day

2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Bava Karana Ekadashyam Titau				Portland, ME Sun 24
	Meena Rasi: 3.19 Tiithi 11 Creative Work Siddha Yoga Until 6:02AM Then Creative Work - Amrita Yoga	716762365	Gulika 1:50PM – 3:02PM Yama 11:26AM – 12:38PM Rahu 3:02PM – 4:14PM	Purvaproshtapada* Until 6:02AM Harshana Until 6:02AM Vanija Until 3:41PM Ekadashi Until 4:02AM Mon	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 6:38AM Sunset: 4:14PM	Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase Devaloka Day

3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 25
	Meena Rasi: 15.54 Tiithi 12 Family Home Evening Creative Work Siddha Yoga	716762365	Gulika 12:37PM – 1:49PM Yama 10:14AM – 11:26AM Rahu 7:51AM – 9:02AM	Uttaraproshtapada Until 7:25AM Vajra* Until 8:00AM Bava Until 15:63AM Tue Dvadashi Until 8:00AM Mon	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 6:39AM Sunset: 4:13PM	Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase Devaloka Day

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Portland, ME Sun 26
	Meena Rasi: 28.5 Tiithi 13 Creative Work Siddha Yoga	716762365	Gulika 11:26AM – 12:37PM Yama 9:03AM – 10:14AM Rahu 1:49PM – 3:00PM	Revati Until 2:28AM Thu Wed Siddhi Until 6:53AM Kaulava Until 4:03PM Trayodashi Until 3:40AM Wed	Ganesha: Red Muruga: Clear Nataraja: White Moon – Clear Karttika-Karttikai	Sunrise: 6:40AM Sunset: 4:12PM	Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase Devaloka Day

Pradosha Vrata

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27
	Mesha Rasi: 12.1 Tiithi 14 Routine Work Marana Yoga Until 2:28AM Thu Then Creative Work - Siddha Yoga	726762365	Gulika 10:15AM – 11:26AM Yama 7:53AM – 9:04AM Rahu 11:26AM – 12:37PM	Revati Until 2:28AM Thu Variyan Until 2:61AM Thu Gara Until 3:10PM Chaturdashi* Until 2:28AM Thu	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Karttika-Karttikai	Sunrise: 6:41AM Sunset: 4:11PM	Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

○	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sun 28	
	Copper Retreat Star		Mesha Rasi: 25.51 Tiithi 15 Creative Work Siddha Yoga Until 7:23AM Then Routine Work - Marana Yoga	726762365	Gulika 9:05AM – 10:16AM Yama 6:43AM – 7:54AM Rahu 12:37PM – 1:48PM	Bharani Until 7:23AM Parigha* Until 12:25AM Fri Visti Until 1:40PM Purnima* Until 12:43AM Fri	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Karttika-Karttikai	Sunrise: 6:43AM Sunset: 4:10PM

○	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME Sun 29	
	Silver Retreat Star		Vrishabha Rasi: 9.52 Tiithi 16 Creative Work Siddha Yoga Until 6:05AM Then Routine Work - Marana Yoga	726762365	Gulika 7:55AM – 9:05AM Yama 1:48PM – 2:59PM Rahu 10:16AM – 11:27AM	Krittika Until 6:05AM Shiva Until 9:29PM Balava Until 8:85AM Sat Prathama* Until 12:25AM Fri	Ganesha: Blue Muruga: Clear Nataraja: White Moon – White Karttika-Karttikai	Sunrise: 6:44AM Sunset: 4:10PM

Vinayaga Viratam Begins

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, ME

Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 24.06 Tihi 17

737762365

Gulika 6:45AM - 7:55AM

Yama 12:38PM - 1:48PM

Rahu 9:06AM - 10:17AM

Mrigashira Until 2:56AM Sun

Siddha Until 6:19PM

Taitila Until 9:25AM

Dvitiya Until 8:10PM

Ganesha: Red Sunrise: 6:45AM

Muruga: Clear Sunset: 4:09PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME

Sun 1 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 8.29 Tihi 18 - 19

737762365

Gulika 1:48PM - 2:58PM

Yama 11:27AM - 12:38PM

Rahu 2:58PM - 4:09PM

Ardra Until 12:57AM Mon

Sadhya Until 3:02PM

Vanija Until 3:81AM Mon

Tritiya Until 6:19PM

Ganesha: Red Sunrise: 6:46AM

Muruga: Clear Sunset: 4:09PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 2 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 22.56 Tihi 19 - 20

747762365

Gulika 12:38PM - 1:48PM

Yama 10:18AM - 11:28AM

Rahu 7:57AM - 9:08AM

Punarvasu Until 11:16PM

Subha Until 11:45AM

Kaulava Until 1:50AM Tue

Chaturthi* Until 3:04PM

Ganesha: Green Sunrise: 6:47AM

Muruga: Clear Sunset: 4:08PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Portland, ME

Sun 3 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 7.21 Tihi 20 - 21

747862365

Gulika 11:28AM - 12:38PM

Yama 9:08AM - 10:18AM

Rahu 1:48PM - 2:58PM

Pushya Until 10:17AM Wed

Sukla Until 8:30AM

Gara Until 11:26PM

Panchami Until 12:36PM

Ganesha: White Sunrise: 6:49AM

Muruga: Clear Sunset: 4:08PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Portland, ME

Sun 4 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 21.4 Tihi 21 - 22

747863365

Gulika 10:19AM - 11:28AM

Yama 7:59AM - 9:09AM

Rahu 11:28AM - 12:38PM

Pushya Until 10:17AM

Indra Until 2:27AM Thu

Visti Until 9:14PM

Shashthi* Until 10:17AM

Ganesha: White Sunrise: 6:50AM

Muruga: Purple Sunset: 4:07PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Bava Karana Saptami/Ashtamyam Titau

Portland, ME

Sun 5 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 5.5 Tihi 22 - 23

757863365

Gulika 9:10AM - 10:19AM

Yama 6:51AM - 8:00AM

Rahu 12:38PM - 1:48PM

Magha* Until 6:46PM

Vaidhriti* Until 11:41PM

Bava Until 8:12AM

Saptami Until 8:12AM

Ganesha: Clear Sunrise: 6:51AM

Muruga: Purple Sunset: 4:07PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Portland, ME

Sun 6 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 19.52 Tihi 23 - 24

758863365

Gulika 8:01AM - 9:11AM

Yama 1:48PM - 2:57PM

Rahu 10:20AM - 11:29AM

Purvaphalguni Until 5:45PM

Vishkambha* Until 9:08PM

Gara Until 4:49AM Sat

Ashtami* Until 6:22AM

Ganesha: Orange Sunrise: 6:52AM

Muruga: Purple Sunset: 4:06PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga


1	Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam				Portland, ME
			Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Vishti* Karana Dashamyam Titau				Sun 7 Sutra 230
	Kanya Rasi: 3.42	Tithi 25	Gulika 6:53AM – 8:02AM	Uttaraphalguni Until 4:50PM	Ganesha: Orange <i>Sunrise:</i> 6:53AM		Vilamba 5120
			Yama 12:39PM – 1:48PM	Priti Until 6:50PM	Muruga: Purple <i>Sunset:</i> 4:06PM		Moon 11 - Phase 32
		758863365 Rahu 9:11AM – 10:20AM	Vanija Until 4:09PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 3:31AM Sun	Moon – Red	Bhuloka Day		
				Karttika-Karttikai	Devaloka Time: 6:AM to 9:AM		

2	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Portland, ME
			Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Sun 8 Sutra 231
	Kanya Rasi: 17.23	Tithi 26	Gulika 1:48PM – 2:57PM	Hasta Until 4:30PM	Ganesha: Light Blue <i>Sunrise:</i> 6:54AM		Vilamba 5120
			Yama 11:30AM – 12:39PM	Ayushman Until 4:43PM	Muruga: Purple <i>Sunset:</i> 4:06PM		Moon 11 - Phase 32
		768863365 Rahu 2:57PM – 4:06PM	Bava Until 3:01PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 2:32AM Mon	Moon – Green	Bhuloka Day		
Until 4:30PM				Karttika-Karttikai			
Then Creative Work - Siddha Yoga							

3	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam				Portland, ME
			Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 9 Sutra 232
	Tula Rasi: 0.53	Tithi 27	Gulika 12:39PM – 1:48PM	Chitra Until 4:20PM	Ganesha: Light Blue <i>Sunrise:</i> 6:55AM		Vilamba 5120
			Yama 10:21AM – 11:30AM	Saubhagya Until 2:52PM	Muruga: Purple <i>Sunset:</i> 4:05PM		Moon 11 - Phase 32
Family Home Evening		768863365 Rahu 8:04AM – 9:13AM	Kaulava Until 2:11PM	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga		Dvadashi* Until 1:52AM Tue	Moon – Green	Bhuloka Day		
Until 4:20PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

4	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam				Portland, ME
			Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 10 Sutra 233
	Tula Rasi: 14.13	Tithi 28	Gulika 11:31AM – 12:39PM	Svati Until 4:21PM	Ganesha: Light Blue <i>Sunrise:</i> 6:56AM		Vilamba 5120
			Yama 9:13AM – 10:22AM	Sobhana Until 1:17PM	Muruga: Purple <i>Sunset:</i> 4:05PM		Moon 11 - Phase 32
		768863365 Rahu 1:48PM – 2:56PM	Gara Until 1:41PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:34AM Wed	Moon – Green	Bhuloka Day		
Until 4:21PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam				Portland, ME
			Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visli*/Sakuni* Karana Chaturdashyam Titau				Sun 11 Sutra 234
	Tula Rasi: 27.21	Tithi 29	Gulika 10:23AM – 11:31AM	Vishakha Until 2:20AM Fri Thu	Ganesha: Purple <i>Sunrise:</i> 6:57AM		Vilamba 5120
			Yama 8:06AM – 9:14AM	Athiganda* Until 12:00PM	Muruga: Purple <i>Sunset:</i> 4:05PM		Moon 11 - Phase 32
		778863365 Rahu 11:31AM – 12:40PM	Visli Until 1:36PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:42AM Thu	Moon – Orange	Bhuloka Day		
				Karttika-Karttikai			

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Portland, ME
	Retreat Star		Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 12 Sutra 235
	Vrischika Rasi: 10.15	Tithi 30	Gulika 9:15AM – 10:23AM	Vishakha Until 2:20AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:58AM		Vilamba 5120
			Yama 6:58AM – 8:07AM	Sukarma Until 10:33AM Fri	Muruga: Purple <i>Sunset:</i> 4:05PM		Moon 11 - Phase 32
		778863365 Rahu 12:40PM – 1:48PM	Catuspada Until 1:59PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 2:20AM Fri	Moon – Orange	Bhuloka Day		
Until 2:20AM Fri				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

Friday, December 7, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Portland, ME
			Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Balava Karana Prathamayam Titau				Sun 13 Sutra 236
	Vrischika Rasi: 22.56	Tithi 1	Gulika 8:07AM – 9:16AM	Jyeshtha* Until 7:25PM	Ganesha: Light Blue <i>Sunrise:</i> 6:59AM		Vilamba 5120
			Yama 1:48PM – 2:56PM	Dhriti Until 7:25PM	Muruga: Purple <i>Sunset:</i> 4:05PM		Moon 11 - Phase 32
		779863365 Rahu 10:24AM – 11:32AM	Kintughna Until 2:52PM	Nataraja: White		Prathama	
Routine Work	Marana Yoga		Prathama* Until 3:29AM Sat	Moon – Orange	Bhuloka Day		
Until 7:25PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME
	Dhanus Rasi: 5.22	Tithi 2	Gulika 7:00AM – 8:08AM	Mula* Until 9:36PM	Ganesh: Purple <i>Sunrise: 7:00AM</i>	Sun 14	Sutra 237
			Yama 12:40PM – 1:48PM	Shula* Until 10:24AM	Muruga: Purple <i>Sunset: 4:05PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	789863365 Rahu 9:16AM – 10:24AM	Balava Until 4:18PM	Nataraja: White	Moon 11 - Phase 33	3rd Phase
			Dvitiya Until 5:11AM Sun	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai			

2	Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhdi Yoga Taitila Karana Tritiyayam Titau				Portland, ME
	Dhanus Rasi: 17.34	Tithi 3	Gulika 1:49PM – 2:57PM	Purvashadha* Until 7:22AM Mon	Ganesh: Purple <i>Sunrise: 7:01AM</i>	Sun 15	Sutra 238
			Yama 11:33AM – 12:41PM	Ganda* Until 10:41AM	Muruga: Purple <i>Sunset: 4:04PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	789863365 Rahu 2:57PM – 4:04PM	Taitila Until 6:15PM	Nataraja: White	Moon 11 - Phase 33	3rd Phase
			Tritiya Until 7:22AM Mon	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai			

3	Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara Karana Tritiya/Chaturchayam Titau				Portland, ME
	Dhanus Rasi: 29.35	Tithi 3 – 4	Gulika 12:41PM – 1:49PM	Purvashadha* Until 7:22AM	Ganesh: Purple <i>Sunrise: 7:02AM</i>	Sun 16	Sutra 239
	Family Home Evening		Yama 10:25AM – 11:33AM	Vriddhi Until 11:70AM Tue	Muruga: Purple <i>Sunset: 4:04PM</i>		Vilamba 5120
	Routine Work	Marana Yoga	789863365 Rahu 8:10AM – 9:18AM	Gara Until 7:22AM	Nataraja: White	Moon 11 - Phase 33	3rd Phase
			Tritiya Until 7:22AM	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai			

4	Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Kaulava Karana Chaturchi/Panchamyam Titau				Portland, ME
	Makara Rasi: 11.28	Tithi 4 – 5	Gulika 11:34AM – 12:41PM	Shravana Until 6:08AM Wed	Ganesh: Clear <i>Sunrise: 7:03AM</i>	Sun 17	Sutra 240
			Yama 9:18AM – 10:26AM	Dhruva Until 6:08AM Wed	Muruga: Purple <i>Sunset: 4:05PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	799863365 Rahu 1:49PM – 2:57PM	Kaulava Until 25:63AM Wed	Nataraja: White	Moon 11 - Phase 33	3rd Phase
			Chaturchi* Until 9:55AM	Moon – Purple	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM		

5	Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava Karana Panchami/Shashthiyam Titau				Portland, ME
	Makara Rasi: 23.15	Tithi 5 – 6	Gulika 10:27AM – 11:34AM	Shravana Until 6:08AM	Ganesh: Clear <i>Sunrise: 7:04AM</i>	Sun 18	Sutra 241
			Yama 8:11AM – 9:19AM	Vyaghata* Until 1:10PM	Muruga: Purple <i>Sunset: 4:05PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	799863365 Rahu 11:34AM – 12:42PM	Balava Until 12:40PM	Nataraja: White	Moon 11 - Phase 33	3rd Phase
			Panchami Until 12:40PM	Moon – Purple	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM		

6	Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Portland, ME
	Kumbha Rasi: 5.02	Tithi 6 – 7	Gulika 9:20AM – 10:27AM	Dhanishtha Until 9:17AM	Ganesh: Clear <i>Sunrise: 7:05AM</i>	Sun 19	Sutra 242
			Yama 7:05AM – 8:12AM	Harshana Until 2:09PM	Muruga: Purple <i>Sunset: 4:05PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	799863365 Rahu 12:42PM – 1:50PM	Gara Until 4:40AM Fri	Nataraja: White	Moon 11 - Phase 33	3rd Phase
			Shashthi* Until 3:22PM	Moon – Purple	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM		
				Vinayaga Viratam Ends			

7	Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija Karana Saptami/Ashtamyam Titau				Portland, ME
	Retreat Star		Gulika 8:13AM – 9:20AM	Shatabhishak Until 7:45PM Sat	Ganesh: Clear <i>Sunrise: 7:05AM</i>	Sun 20	Sutra 243
	Kumbha Rasi: 16.53	Tithi 7 – 8	Yama 1:50PM – 2:58PM	Vajra* Until 2:55PM	Muruga: Purple <i>Sunset: 4:05PM</i>		Vilamba 5120
	Creative Work	Siddha Yoga	799863365 Rahu 10:28AM – 11:35AM	Vanija Until 5:49PM	Nataraja: White	Moon 11 - Phase 33	3rd Phase
			Saptami Until 5:49PM	Moon – Purple	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM		

8	Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, ME
	Retreat Star		Gulika 7:06AM – 8:14AM	Shatabhishak Until 7:45PM	Ganesh: Clear <i>Sunrise: 7:06AM</i>	Sun 21	Sutra 244
	Kumbha Rasi: 28.53	Tithi 8	Yama 12:43PM – 1:50PM	Siddhi Until 2:81PM	Muruga: Purple <i>Sunset: 4:05PM</i>		Vilamba 5120
	Routine Work	Marana Yoga	711863365 Rahu 9:21AM – 10:28AM	Visti Until 6:53AM	Nataraja: White	Moon 11 - Phase 33	Ashtami
			Ashtami* Until 7:45PM	Moon – Clear	Bhuloka Day		
				Margasira-Markali	Devaloka Time: 6:AM to 9:AM		

9	Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Revali Nakshatra Vyatipata*/Vriyan Yoga Balava/Kaulava Karana Navamyam Titau				Portland, ME
	Retreat Star		Gulika 1:51PM – 2:58PM	Purvaproshtapada* Until 9:01PM	Ganesh: Purple <i>Sunrise: 7:07AM</i>	Sun 22	Sutra 245
	Meena Rasi: 11.08	Tithi 9	Yama 11:36AM – 12:43PM	Vyatipata* Until 13:98AM Mon	Muruga: Purple <i>Sunset: 4:05PM</i>		Vilamba 5120
	Creative Work	Amrita Yoga	811863365 Rahu 2:58PM – 4:05PM	Balava Until 9:22AM Mon	Nataraja: White	Moon 11 - Phase 33	Navami
			Navami* Until 2:81PM	Moon – Clear	Bhuloka Day		
				Margasira-Markali			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Portland, ME Sun 23
	Meena Rasi: 23.41	Titithi 10	Gulika 12:44PM – 1:51PM	Revati Until 5:38PM	Ganesh: Purple	Sunrise: 7:08AM	Sutra 246 Vilamba 5120
	Family Home Evening	811863365	Yama 10:29AM – 11:37AM	Variyan Until 2:38PM	Muruga: Purple	Sunset: 4:06PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	Rahu 8:15AM – 9:22AM	Taitila Until 9:22AM	Nataraja: White	Moon – Clear	4th Phase
			Dashami Until 9:29PM	Margasira*Markali	Bhuloka Day		

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME Sun 24
	Mesha Rasi: 6.37	Titithi 11	Gulika 11:37AM – 12:44PM	Ashvini Until 6:09PM	Ganesh: Clear	Sunrise: 7:08AM	Sutra 247 Vilamba 5120
	Creative Work	Siddha Yoga	Yama 9:23AM – 10:30AM	Parigha* Until 1:21PM	Muruga: Purple	Sunset: 4:06PM	Moon 11 - Phase 34
	821863365	Rahu 1:52PM – 2:59PM	Vanija Until 9:26AM	Nataraja: White	Moon – White	Bhuloka Day	
			Gita Jayanthi	Ekadashi Until 9:08PM	Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 25
	Mesha Rasi: 19.58	Titithi 12	Gulika 10:30AM – 11:38AM	Bharani Until 5:43PM	Ganesh: Clear	Sunrise: 7:09AM	Sutra 248 Vilamba 5120
	Creative Work	Siddha Yoga	Yama 8:16AM – 9:23AM	Shiva Until 11:26AM	Muruga: Purple	Sunset: 4:07PM	Moon 11 - Phase 34
	821863365	Rahu 11:38AM – 12:45PM	Bava Until 8:40AM	Nataraja: White	Moon – White	Bhuloka Day	
			Dvadashi Until 7:59PM	Margasira*Markali	Devaloka Time: 6:AM to 9:AM		

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 26
	Vrisabha Rasi: 3.46	Titithi 13	Gulika 9:24AM – 10:31AM	Krittika Until 4:28PM	Ganesh: Clear	Sunrise: 7:09AM	Sutra 249 Vilamba 5120
	Routine Work	Marana Yoga	Yama 7:09AM – 8:17AM	Siddha Until 8:56AM	Muruga: Purple	Sunset: 4:07PM	Moon 11 - Phase 34
	821863365	Rahu 12:45PM – 1:53PM	Kaulava Until 7:09AM	Nataraja: White	Moon – White	Bhuloka Day	
			Trayodashi Until 6:08PM	Margasira*Markali	Devaloka Time: 6:AM to 9:AM		

Pradosha Vrata

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija Karana Chaturdashi/Purnimayam Titau				Portland, ME Sun 27
	Vrisabha Rasi: 17.58	Titithi 14 – 15	Gulika 8:17AM – 9:24AM	Rohini Until 2:54PM	Ganesh: White	Sunrise: 7:10AM	Sutra 250 Vilamba 5120
	Routine Work	Marana Yoga	Yama 1:53PM – 3:00PM	Subha Until 2:54PM	Muruga: Purple	Sunset: 4:07PM	Moon 11 - Phase 34
	821863365	Rahu 10:31AM – 11:39AM	Vanija Until 3:43PM	Nataraja: White	Moon – Yellow	Bhuloka Day	
			Day 1 of Pancha Ganapati	Chaturdashi* Until 3:43PM	Margasira*Markali	Devaloka Time: 9:AM to 12:PM	

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sun 28
	Copper Retreat Star		Gulika 7:10AM – 8:18AM	Mrigashira Until 12:47PM	Ganesh: Yellow	Sunrise: 7:10AM	Sutra 251 Vilamba 5120
	Mithuna Rasi: 2.3	Titithi 15 – 16	Yama 12:46PM – 1:54PM	Sukla Until 10:51PM	Muruga: Purple	Sunset: 4:08PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	821963365	Rahu 9:25AM – 10:32AM	Nataraja: White	Moon – Yellow	Purnima
			Day 2 of Pancha Ganapati	Purnima* Until 12:52PM	Margasira*Markali	Devaloka Time: 9:AM to 12:PM	

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, ME Sun 29
	Silver Retreat Star		Gulika 1:54PM – 3:01PM	Ardra Until 10:15AM	Ganesh: Yellow	Sunrise: 7:11AM	Sutra 252 Vilamba 5120
	Mithuna Rasi: 17.16	Titithi 16 – 17	Yama 11:40AM – 12:47PM	Brahma Until 7:00PM	Muruga: Purple	Sunset: 4:08PM	Moon 11 - Phase 34
	Creative Work	Siddha Yoga	831963365	Rahu 3:01PM – 4:08PM	Nataraja: White	Moon – Yellow	Prathama
			Day 3 of Pancha Ganapati	Prathama* Until 9:45AM	Margasira*Markali	Devaloka Time: 9:AM to 12:PM	

Ardra Darshanam

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tihti 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Dvitiya/Tritiyam Titau

Gulika 12:47PM - 1:55PM

Yama 10:33AM - 11:40AM

Rahu 8:19AM - 9:26AM

Day 4 of Pancha Ganapati

Punarvasu Until 7:53AM

Indra Until 3:07PM

Visti Until 3:19AM Tue

Dvitiya Until 6:31AM

Ganesha: Blue Sunrise: 7:11AM

Muruga: Purple Sunset: 4:09PM

Nataraja: White

Moon - Blue

Margasira*Markali

Devaloka Day

Portland, ME

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 17.01 Tihti 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:41AM - 12:48PM

Yama 9:26AM - 10:33AM

Rahu 1:55PM - 3:02PM

Day 5 of Pancha Ganapati

Ashlesha* Until 2:59AM Wed

Vaidhriti* Until 11:18AM

Bava Until 1:47PM

Chaturthi* Until 12:16AM Wed

Ganesha: Yellow Sunrise: 7:12AM

Muruga: Purple Sunset: 4:10PM

Nataraja: White

Moon - Blue

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Portland, ME

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Simha Rasi: 1.44 Tihti 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:34AM - 11:41AM

Yama 8:19AM - 9:27AM

Rahu 11:41AM - 12:48PM

Day 5 of Pancha Ganapati

Magha* Until 1:08AM Thu

Vishkambha* Until 7:39AM

Kaulava Until 10:52AM

Panchami Until 9:31PM

Ganesha: Blue Sunrise: 7:12AM

Muruga: Purple Sunset: 4:10PM

Nataraja: Green

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Portland, ME

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 16.14 Tihti 21

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Gara/Visti* Karana Shashthyam Titau

Gulika 9:27AM - 10:34AM

Yama 7:12AM - 8:20AM

Rahu 12:49PM - 1:56PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 11:33PM

Ayushman Until 11:33PM

Gara Until 8:18AM

Shashthi* Until 7:10PM

Ganesha: Blue Sunrise: 7:12AM

Muruga: Purple Sunset: 4:11PM

Nataraja: Green

Moon - Red

Margasira*Markali

Bhuloka Day

Portland, ME

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Kanya Rasi: 0.26 Tihti 22 - 23

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:20AM - 9:27AM

Yama 1:57PM - 3:04PM

Rahu 10:35AM - 11:42AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 10:17PM

Saubhagya Until 10:35PM

Visti Until 4:32AM Sat

Saptami Until 1:14AM Fri

Ganesha: Blue Sunrise: 7:13AM

Muruga: Purple Sunset: 4:12PM

Nataraja: Green

Moon - Red

Margasira*Markali

Bhuloka Day

Portland, ME

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tihti 23 - 24

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:13AM - 8:20AM

Yama 12:50PM - 1:58PM

Rahu 9:28AM - 10:35AM

Day 5 of Pancha Ganapati

Hasta Until 9:50PM

Sobhana Until 8:22PM

Taitila Until 3:26AM Sun

Ashtami* Until 3:54PM

Ganesha: Red Sunrise: 7:13AM

Muruga: Purple Sunset: 4:13PM

Nataraja: Green

Moon - Green

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Portland, ME

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tihti 24 - 25

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 1:58PM - 3:06PM

Yama 11:43AM - 12:51PM

Rahu 3:06PM - 4:13PM

Day 5 of Pancha Ganapati

Chitra Until 2:45PM Mon

Athiganda* Until 6:33PM

Vanija Until 2:52AM Mon

Navami* Until 3:04PM

Ganesha: Red Sunrise: 7:13AM

Muruga: Purple Sunset: 4:13PM

Nataraja: Green

Moon - Green

Margasira*Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Portland, ME

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

1		Monday, December 31, 2018				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, ME Sun 8 Sutra 260 Vilamba 5120
Tula Rasi: 11.11	Tithi 25 – 26	Gulika	12:51PM – 1:59PM	Chitra Until 2:45PM	Ganesh: Red	<i>Sunrise:</i> 7:13AM		
Family Home Evening	862963366	Yama	10:36AM – 11:44AM	Sukarma Until 16:09AM Tue	Muruga: Purple	<i>Sunset:</i> 4:14PM	Moon 12 - Phase 36	2nd Phase
Creative Work	Amrita Yoga	Rahu	8:21AM – 9:28AM	Bava Until 2:49AM Tue	Nataraja: Green			
Until 2:45PM				Dashami Until 2:45PM	Moon – Green		Bhuloka Day	
Then Routine Work - Marana Yoga					Margasira*Markali		Devaloka Time: 6:AM to 9:AM	

2		Tuesday, January 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 9 Sutra 261 Vilamba 5120
Tula Rasi: 24.11	Tithi 26 – 27	Gulika	11:44AM – 12:52PM	Vishakha Until 11:08PM	Ganesh: Green	<i>Sunrise:</i> 7:13AM		
Routine Work	Marana Yoga	Yama	9:29AM – 10:36AM	Dhriti Until 4:09PM	Muruga: Purple	<i>Sunset:</i> 4:15PM	Moon 12 - Phase 36	2nd Phase
Until 11:08PM		Rahu	2:00PM – 3:07PM	Balava Until 2:58PM	Nataraja: Green			
Then Creative Work - Siddha Yoga				Ekadashi* Until 2:58PM	Moon – Orange		Bhuloka Day	
					Margasira*Markali			

3		Wednesday, January 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 10 Sutra 262 Vilamba 5120
Vrischika Rasi: 6.57	Tithi 27 – 28	Gulika	10:37AM – 11:45AM	Anuradha Until 12:31AM Thu	Ganesh: Green	<i>Sunrise:</i> 7:13AM		
Creative Work	Siddha Yoga	Yama	8:21AM – 9:29AM	Shula* Until 12:31AM Thu	Muruga: Purple	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 36	2nd Phase
Until 12:31AM Thu		Rahu	11:45AM – 12:52PM	Vanija Until 16:51AM Thu	Nataraja: Green			
Then Routine Work - Prabalarishta Yoga				Dvadashi* Until 3:40PM	Moon – Orange		Bhuloka Day	
					Margasira*Markali			
					<i>Pradosha Vrata (Fasting)</i>			

4		Thursday, January 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 11 Sutra 263 Vilamba 5120
Vrischika Rasi: 19.3	Tithi 28 – 29	Gulika	9:29AM – 10:37AM	Jyeshtha* Until 2:12AM Fri	Ganesh: Green	<i>Sunrise:</i> 7:13AM		
Routine Work	Prabalarishta Yoga	Yama	7:13AM – 8:21AM	Ganda* Until 3:14PM	Muruga: Purple	<i>Sunset:</i> 4:17PM	Moon 12 - Phase 36	2nd Phase
Until 2:12AM Fri		Rahu	12:53PM – 2:01PM	Visti Until 5:37AM Fri	Nataraja: Green			
Then Creative Work - Amrita Yoga				Trayodashi* Until 4:51PM	Moon – Orange		Bhuloka Day	
					Margasira*Markali			

5		Friday, January 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vridhhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 12 Sutra 264 Vilamba 5120
Dhanus Rasi: 1.51	Tithi 29	Gulika	8:21AM – 9:30AM	Mula* Until 4:36AM Sat	Ganesh: White	<i>Sunrise:</i> 7:13AM		
Creative Work	Amrita Yoga	Yama	2:02PM – 3:10PM	Vridhhi Until 3:19PM	Muruga: Purple	<i>Sunset:</i> 4:18PM	Moon 12 - Phase 36	2nd Phase
Until 4:36AM Sat		Rahu	10:38AM – 11:46AM	Sakuni Until 6:28PM	Nataraja: Green			
Then Creative Work - Siddha Yoga				Chaturdashi* Until 6:28PM	Moon – Light Blue		Bhuloka Day	
					Margasira*Markali			

●		Saturday, January 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, ME Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika	7:13AM – 8:22AM	Purvashadha* Until 7:13AM Sun	Ganesh: White	<i>Sunrise:</i> 7:13AM		
Dhanus Rasi: 14.02	Tithi 30	Yama	12:54PM – 2:02PM	Dhruva Until 3:40PM	Muruga: Clear	<i>Sunset:</i> 4:19PM	Moon 12 - Phase 36	Amavasya
Creative Work	Siddha Yoga	Rahu	9:30AM – 10:38AM	Catuspada Until 7:27AM	Nataraja: Green			
Until 7:13AM Sun				Amavasya* Until 8:29PM	Moon – Light Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga		Subramuniaswami Jayanti			Margasira*Markali		Devaloka Time: 12:PM to 3:PM	

●		Sunday, January 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika	2:03PM – 3:11PM	Purvashadha* Until 7:13AM	Ganesh: White	<i>Sunrise:</i> 7:13AM		
Dhanus Rasi: 26.03	Tithi 1	Yama	11:47AM – 12:55PM	Vyaghata* Until 4:18PM	Muruga: Clear	<i>Sunset:</i> 4:20PM	Moon 12 - Phase 36	Prathama
Creative Work	Siddha Yoga	Rahu	3:11PM – 4:20PM	Kintughna Until 9:39AM	Nataraja: Green			
Until 7:13AM				Prathama* Until 10:50PM	Moon – Light Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga		Partial Solar Eclipse			Pausha*Markali		Devaloka Time: 12:PM to 3:PM	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Monday, January 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Portland, ME Sun 15 Sutra 267 Vilamba 5120
Makara Rasi: 7.58	Tithi 2	Gulika	12:55PM – 2:04PM	Uttarashadha Until 9:56AM	Ganesh: White	<i>Sunrise:</i> 7:13AM	
Family Home Evening	882973366	Rahu	8:22AM – 9:30AM	Harshana Until 5:09PM	Muruga: Clear	<i>Sunset:</i> 4:21PM	
Routine Work	Marana Yoga			Balava Until 12:09PM	Nataraja: Green	Moon 12 - Phase 37	
Until 9:56AM				Dvitiya Until 1:27AM Tue	Moon – Light Blue	Bhuloka Day	
Then Creative Work - Amrita Yoga					Pausha-Markali	Devaloka Time: 12:PM to 3:PM	

2		Tuesday, January 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Tritiyayam Titau	Portland, ME Sun 16 Sutra 268 Vilamba 5120
Makara Rasi: 19.47	Tithi 3	Gulika	11:47AM – 12:56PM	Shravana Until 1:12PM	Ganesh: Red	<i>Sunrise:</i> 7:13AM	
	893973366	Rahu	2:05PM – 3:13PM	Vajra* Until 6:06PM	Muruga: Clear	<i>Sunset:</i> 4:22PM	
Creative Work	Siddha Yoga			Taitila Until 2:50PM	Nataraja: Green	Moon 12 - Phase 37	
				Tritiya Until 4:12AM Wed	Moon – Purple	Devaloka Day	
					Pausha-Markali		

3		Wednesday, January 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau	Portland, ME Sun 17 Sutra 269 Vilamba 5120
Kumbha Rasi: 1.34	Tithi 4	Gulika	10:39AM – 11:48AM	Dhanishtha Until 4:22PM	Ganesh: Red	<i>Sunrise:</i> 7:13AM	
	893973366	Rahu	11:48AM – 12:57PM	Siddhi Until 7:06PM	Muruga: Clear	<i>Sunset:</i> 4:23PM	
Routine Work	Prabalarishta Yoga			Vanija Until 5:36PM	Nataraja: Green	Moon 12 - Phase 37	
Until 4:22PM				Chaturthi* Until 6:55AM Thu	Moon – Purple	Devaloka Day	
Then Creative Work - Siddha Yoga					Pausha-Markali		

4		Thursday, January 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti* Karana Chaturthi/Panchamyam Titau	Portland, ME Sun 18 Sutra 270 Vilamba 5120
Kumbha Rasi: 13.22	Tithi 4 – 5	Gulika	9:30AM – 10:39AM	Shatabhishak Until 9:27AM Fri	Ganesh: Red	<i>Sunrise:</i> 7:13AM	
	893973366	Rahu	12:57PM – 2:06PM	Vyatipata* Until 7:16PM	Muruga: Clear	<i>Sunset:</i> 4:24PM	
Creative Work	Siddha Yoga			Visti Until 6:55AM	Nataraja: Green	Moon 12 - Phase 37	
				Chaturthi* Until 6:55AM	Moon – Purple	Devaloka Day	
					Pausha-Markali		

5		Friday, January 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Portland, ME Sun 19 Sutra 271 Vilamba 5120
Kumbha Rasi: 25.13	Tithi 5 – 6	Gulika	8:21AM – 9:30AM	Shatabhishak Until 9:27AM	Ganesh: Clear	<i>Sunrise:</i> 7:12AM	
	813973366	Rahu	10:40AM – 11:49AM	Variyan Until 20:66AM Sat	Muruga: Clear	<i>Sunset:</i> 4:25PM	
Creative Work	Siddha Yoga			Kaulava Until 10:37PM	Nataraja: Green	Moon 12 - Phase 37	
				Panchami Until 9:27AM	Moon – Clear	Devaloka Day	
					Pausha-Markali		

6		Saturday, January 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila Karana Shashthi/Saptamyam Titau	Portland, ME Sun 20 Sutra 272 Vilamba 5120
Meena Rasi: 7.13	Tithi 6 – 7	Gulika	7:12AM – 8:21AM	Uttaraproshtapada Until 12:37AM Sun	Ganesh: Clear	<i>Sunrise:</i> 7:12AM	
	813973366	Rahu	9:30AM – 10:40AM	Parigha* Until 9:06PM	Muruga: Clear	<i>Sunset:</i> 4:26PM	
Creative Work	Siddha Yoga			Taitila Until 11:37AM	Nataraja: Green	Moon 12 - Phase 37	
Until 12:37AM Sun				Shashthi* Until 11:37AM	Moon – Clear	Devaloka Day	
Then Creative Work - Amrita Yoga					Pausha-Markali		

☾		Sunday, January 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Portland, ME Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika	2:08PM – 3:18PM	Revati Until 2:14AM Mon	Ganesh: Clear	<i>Sunrise:</i> 7:11AM	
Meena Rasi: 19.25	Tithi 7 – 8	Rahu	3:18PM – 4:27PM	Shiva Until 9:02PM	Muruga: Clear	<i>Sunset:</i> 4:27PM	
Creative Work	Amrita Yoga			Visti Until 1:49AM Mon	Nataraja: Green	Moon 12 - Phase 37	
Until 2:14AM Mon				Saptami Until 1:15PM	Moon – Clear	Devaloka Day	
Then Creative Work - Siddha Yoga					Pausha-Markali		

☽		Monday, January 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Portland, ME Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika	12:59PM – 2:09PM	Ashvini Until 3:28AM Tue	Ganesh: Purple	<i>Sunrise:</i> 7:11AM	
Mesha Rasi: 1.53	Tithi 8 – 9	Rahu	8:21AM – 9:30AM	Siddha Until 8:23PM	Muruga: Clear	<i>Sunset:</i> 4:29PM	
Family Home Evening	823973366			Balava Until 2:21AM Tue	Nataraja: Green	Moon 12 - Phase 37	
Creative Work	Siddha Yoga			Ashtami* Until 2:10PM	Moon – White	Sivaloka Day	
		Thai Pongal			Pausha-Thai		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1	Tuesday, January 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME
	Mesha Rasi: 14.42	Tithi 9 – 10	Gulika 11:50AM – 1:00PM Yama 9:30AM – 10:40AM Rahu 2:10PM – 3:20PM	Bharani Until 3:43AM Wed Sadhya Until 7:08PM Taitila Until 2:04AM Wed Navami* Until 2:18PM	Ganesha: Purple Muruga: Clear Nataraja: Green Moon – White Pausha*Thai	Sunrise: 7:11AM Sunset: 4:30PM	Sun 23 Sutra 275 Vilamba 5120 Moon 12 - Phase 38 4th Phase
Creative Work Siddha Yoga Until 3:43AM Wed Then Creative Work - Amrita Yoga		823973366	Sivaloka Day				

2	Wednesday, January 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME
	Mesha Rasi: 27.56	Tithi 10 – 11	Gulika 10:40AM – 11:51AM Yama 8:20AM – 9:30AM Rahu 11:51AM – 1:01PM	Krittika Until 3:02AM Thu Subha Until 5:15PM Vanija Until 12:57AM Thu Dashami Until 1:36PM	Ganesha: Blue Muruga: Clear Nataraja: Green Moon – White Pausha*Thai	Sunrise: 7:10AM Sunset: 4:31PM	Sun 24 Sutra 276 Vilamba 5120 Moon 12 - Phase 38 4th Phase
Creative Work Amrita Yoga Until 3:02AM Thu Then Routine Work - Marana Yoga		823173366	Sivaloka Day				

3	Thursday, January 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Portland, ME
	Vrishabha Rasi: 11.37	Tithi 11 – 12	Gulika 9:30AM – 10:41AM Yama 7:10AM – 8:20AM Rahu 1:01PM – 2:12PM	Rohini Until 1:54AM Fri Sukla Until 2:43PM Bava Until 11:05PM Ekadashi Until 12:05PM	Ganesha: Yellow Muruga: Clear Nataraja: Green Moon – Yellow Pausha*Thai	Sunrise: 7:10AM Sunset: 4:32PM	Sun 25 Sutra 277 Vilamba 5120 Moon 12 - Phase 38 4th Phase
Routine Work Marana Yoga Until 1:54AM Fri Then Creative Work - Siddha Yoga		833173366	Devaloka Day				

4	Friday, January 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, ME
	Vrishabha Rasi: 25.46	Tithi 12 – 13	Gulika 8:20AM – 9:30AM Yama 2:12PM – 3:23PM Rahu 10:41AM – 11:51AM	Mrigashira Until 7:03AM Sat Brahma Until 11:37AM Kaulava Until 8:33PM Dvadashi Until 9:52AM	Ganesha: Yellow Muruga: Clear Nataraja: Green Moon – Yellow Pausha*Thai	Sunrise: 7:09AM Sunset: 4:33PM	Sun 26 Sutra 278 Vilamba 5120 Moon 12 - Phase 38 4th Phase
Creative Work Siddha Yoga		833173366	Devaloka Day				
<i>Pradosha Vrata</i>							

5	Saturday, January 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Portland, ME
	Mithuna Rasi: 10.2	Tithi 13 – 14	Gulika 7:08AM – 8:19AM Yama 1:02PM – 2:13PM Rahu 9:30AM – 10:41AM	Mrigashira Until 7:03AM Indra Until 3:69AM Sun Vanija Until 3:48AM Sun Trayodashi Until 7:03AM	Ganesha: Yellow Muruga: Clear Nataraja: Green Moon – Yellow Pausha*Thai	Sunrise: 7:08AM Sunset: 4:35PM	Sun 27 Sutra 279 Vilamba 5120 Moon 12 - Phase 38 4th Phase
Creative Work Siddha Yoga		833173366	Devaloka Day				

○	Sunday, January 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti* Karana Purnimayam Titau				Portland, ME
	Copper Retreat Star		Gulika 2:14PM – 3:25PM Yama 11:52AM – 1:03PM Rahu 3:25PM – 4:36PM	Punarvasu Until 6:50PM Vishkambha* Until 12:01AM Mon Visti Until 2:04PM Purnima* Until 12:15AM Mon	Ganesha: White Muruga: Clear Nataraja: Green Moon – Blue Pausha*Thai	Sunrise: 7:08AM Sunset: 4:36PM	Sutra 280 Vilamba 5120 Moon 12 - Phase 38 Purnima
Mithuna Rasi: 25.15 Tithi 15 Creative Work Siddha Yoga		843173366	Sivaloka Day				

○	Monday, January 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME
	Silver Retreat Star		Gulika 1:03PM – 2:15PM Yama 10:41AM – 11:52AM Rahu 8:18AM – 9:30AM	Pushya Until 3:55PM Priti Until 7:46PM Balava Until 10:26AM Prathama* Until 8:34PM	Ganesha: White Muruga: Clear Nataraja: Green Moon – Blue Pausha*Thai	Sunrise: 7:07AM Sunset: 4:37PM	Sutra 281 Vilamba 5120 Moon 12 - Phase 38 Prathama
Kataka Rasi: 10.22 Tithi 16 Family Home Evening Creative Work Siddha Yoga		843173366	Sivaloka Day				
Total Lunar Eclipse Thai Pusam							



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Visiti* Karana Dvitiya/Tritiyayam Titau

Portland, ME

Sun 1 Sutra 282

Vilamba 5120

Kataka Rasi: 25.34 Tihi 17 - 18

844173366

Gulika 11:52AM - 1:04PM
Yama 9:29AM - 10:41AM
Rahu 2:15PM - 3:27PM

Ashlesha* Until 12:53PM
Ayushman Until 12:53PM
Taitila Until 6:45AM
Dvitiya Until 4:56PM

Ganesha: Clear
Muruga: Clear
Nataraja: Green
Moon - Blue
Pausha*Thai

Sunrise: 7:06AM
Sunset: 4:38PM

Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME

Sun 2 Sutra 283

Vilamba 5120

Simha Rasi: 10.4 Tihi 18 - 19

854173366

Gulika 10:41AM - 11:53AM
Yama 8:17AM - 9:29AM
Rahu 11:53AM - 1:04PM

Magha* Until 10:16AM
Saubhagya Until 11:27AM
Bava Until 11:54PM
Tritiya Until 1:29PM

Ganesha: Purple
Muruga: Clear
Nataraja: Green
Moon - Red
Pausha*Thai

Sunrise: 7:06AM
Sunset: 4:40PM

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 3 Sutra 284

Vilamba 5120

Simha Rasi: 25.32 Tihi 19 - 20

954173366

Gulika 9:29AM - 10:41AM
Yama 7:05AM - 8:17AM
Rahu 1:05PM - 2:17PM

Purvaphalguni Until 7:50AM
Sobhana Until 7:40AM
Balava Until 10:24AM
Chaturthi* Until 10:24AM

Ganesha: Clear
Muruga: Clear
Nataraja: Green
Moon - Red
Pausha*Thai

Sunrise: 7:05AM
Sunset: 4:41PM

Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Portland, ME

Sun 4 Sutra 285

Vilamba 5120

Kanya Rasi: 10.04 Tihi 20 - 21

964173366

Gulika 8:16AM - 9:29AM
Yama 2:18PM - 3:30PM
Rahu 10:41AM - 11:53AM

Hasta Until 4:31AM Sat
Sukarma Until 1:18AM Sat
Gara Until 6:44PM
Panchami Until 7:47AM

Ganesha: Purple
Muruga: Clear
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:04AM
Sunset: 4:42PM

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Portland, ME

Sun 5 Sutra 286

Vilamba 5120

Kanya Rasi: 24.11 Tihi 22

964173366

Gulika 7:03AM - 8:16AM
Yama 1:06PM - 2:19PM
Rahu 9:28AM - 10:41AM

Chitra Until 3:51AM Sun
Dhriti Until 10:55PM
Visti Until 5:04PM
Saptami Until 4:30AM Sun

Ganesha: Purple
Muruga: Clear
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:03AM
Sunset: 4:44PM

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME

Sun 6 Sutra 287

Vilamba 5120

Tula Rasi: 7.52 Tihi 23

964173366

Gulika 2:19PM - 3:32PM
Yama 11:54AM - 1:06PM
Rahu 3:32PM - 4:45PM

Svati Until 3:44AM Mon
Shula* Until 9:06PM
Balava Until 4:08PM
Ashtami* Until 3:56AM Mon

Ganesha: Purple
Muruga: Clear
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:02AM
Sunset: 4:45PM

Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Portland, ME

Sun 7 Sutra 288

Vilamba 5120

Tula Rasi: 21.08 Tihi 24

974173366

Gulika 1:07PM - 2:20PM
Yama 10:41AM - 11:54AM
Rahu 8:14AM - 9:28AM

Vishakha Until 4:40AM Tue
Ganda* Until 7:52PM
Taitila Until 3:58PM
Navami* Until 4:07AM Tue

Ganesha: Clear
Muruga: Clear
Nataraja: Green
Moon - Orange
Pausha*Thai

Sunrise: 7:01AM
Sunset: 4:46PM

Moon 1 - Phase 39
Navami

Devaloka Day

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

1 Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Portland, ME
Anuradha Nakshatra Vridhhi Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Sutra 289		Vilamba 5120
Vrischika Rasi: 4.02	Tithi 25	Gulika 11:54AM – 1:07PM	Anuradha Until 6:06AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:00AM	
		Yama 9:27AM – 10:41AM	Vridhhi Until 7:12PM	Muruga: Clear	<i>Sunset:</i> 4:48PM	Moon 1 - Phase 40
	974173366	Rahu 2:21PM – 3:34PM	Vanija Until 4:30PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:00AM Wed	Moon – Orange		Devaloka Day
				Pausha*Thai		

2 Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Portland, ME
Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 290		Vilamba 5120
Vrischika Rasi: 16.36	Tithi 26	Gulika 10:40AM – 11:54AM	Anuradha Until 6:30AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:59AM	
		Yama 8:13AM – 9:27AM	Dhruva Until 7:00PM	Muruga: Clear	<i>Sunset:</i> 4:49PM	Moon 1 - Phase 40
	974173366	Rahu 11:54AM – 1:08PM	Bava Until 5:42PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:30AM Thu	Moon – Orange		Devaloka Day
				Pausha*Thai		

3 Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Portland, ME
Anuradha/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 291		Vilamba 5120
Vrischika Rasi: 28.55	Tithi 26 – 27	Gulika 9:26AM – 10:40AM	Anuradha Until 6:30AM	Ganesha: Clear	<i>Sunrise:</i> 6:58AM	
		Yama 6:58AM – 8:12AM	Vyaghata* Until 6:73PM	Muruga: Clear	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 40
	974173366	Rahu 1:08PM – 2:22PM	Kaulava Until 7:27PM	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 6:30AM	Moon – Orange		Devaloka Day
Until 6:30AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

4 Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Portland, ME
Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 292		Vilamba 5120
Dhanus Rasi: 11.02	Tithi 27 – 28	Gulika 8:12AM – 9:26AM	Mula* Until 10:35AM	Ganesha: White	<i>Sunrise:</i> 6:58AM	
		Yama 2:22PM – 3:36PM	Harshana Until 7:47PM	Muruga: Clear	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 40
	984173366	Rahu 10:40AM – 11:54AM	Gara Until 9:38PM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 8:28AM	Moon – Light Blue		Bhuloka Day
Until 10:35AM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Portland, ME
Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 293		Vilamba 5120
Dhanus Rasi: 22.59	Tithi 28 – 29	Gulika 6:57AM – 8:12AM	Purvashadha* Until 1:23PM	Ganesha: White	<i>Sunrise:</i> 6:57AM	
		Yama 1:09PM – 2:23PM	Vajra* Until 8:32PM	Muruga: Clear	<i>Sunset:</i> 4:52PM	Moon 1 - Phase 40
	984173366	Rahu 9:26AM – 10:40AM	Visli Until 12:06AM Sun	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:49AM	Moon – Light Blue		Bhuloka Day
Until 1:23PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

● Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Portland, ME
Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 294		Vilamba 5120
Makara Rasi: 4.52	Tithi 29 – 30	Gulika 2:24PM – 3:38PM	Uttarashadha Until 4:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:56AM	
		Yama 11:55AM – 1:09PM	Siddhi Until 9:27PM	Muruga: Clear	<i>Sunset:</i> 4:53PM	Moon 1 - Phase 40
	985173367	Rahu 3:38PM – 4:53PM	Catuspada Until 2:46AM Mon	Nataraja: White		Amavasya
Creative Work	Amrita Yoga		Chaturdashi* Until 1:24PM	Moon – Light Blue		Devaloka Day
				Pausha*Thai		

Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Portland, ME
Retreat Star		Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 295
Makara Rasi: 16.4	Tithi 30 – 1	Gulika 1:10PM – 2:25PM	Shravana Until 7:32PM	Ganesha: Red	<i>Sunrise:</i> 6:55AM	Vilamba 5120
Family Home Evening		Yama 10:40AM – 11:55AM	Vyatipata* Until 10:27PM	Muruga: Clear	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 40
	995173367	Rahu 8:10AM – 9:25AM	Kintughna Until 5:29AM Tue	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 4:06PM	Moon – Purple		Devaloka Day
Until 7:32PM				Magha*Thai		
Then Creative Work - Siddha Yoga						

1		Tuesday, February 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava Karana Prathamayam Titau		Portland, ME Sun 15
Makara Rasi: 28.28	Tithi 1	Gulika	11:55AM – 1:10PM	Dhanishtha Until 10:39PM	Ganesh: Red	<i>Sunrise: 6:54AM</i>	Sutra 296	
		Yama	9:24AM – 10:40AM	Variyan Until 11:24PM	Muruga: Clear	<i>Sunset: 4:56PM</i>	Vilamba 5120	
		995173367 Rahu	2:25PM – 3:41PM	Bava Until 6:48PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga			Prathama* Until 6:48PM	Moon – Purple		3rd Phase	
Until 10:39PM					Magha-Thai	Devaloka Day		
Then Routine Work - Marana Yoga								

2		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 16
Kumbha Rasi: 10.16	Tithi 2	Gulika	10:39AM – 11:55AM	Shatabhishak Until 1:30AM Thu	Ganesh: Red	<i>Sunrise: 6:53AM</i>	Sutra 297	
		Yama	8:08AM – 9:24AM	Parigha* Until 12:18AM Thu	Muruga: Clear	<i>Sunset: 4:57PM</i>	Vilamba 5120	
		995173367 Rahu	11:55AM – 1:10PM	Balava Until 8:09AM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga			Dvitiya Until 9:25PM	Moon – Purple		3rd Phase	
					Magha-Thai	Devaloka Day		

3		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva Yoga Tailita Karana Tritiyayam Titau		Portland, ME Sun 17
Kumbha Rasi: 22.08	Tithi 3	Gulika	9:23AM – 10:39AM	Purvaproshtapada* Until 4:29AM Fri	Ganesh: Blue	<i>Sunrise: 6:51AM</i>	Sutra 298	
		Yama	6:51AM – 8:07AM	Shiva Until 1:03AM Fri	Muruga: Clear	<i>Sunset: 4:59PM</i>	Vilamba 5120	
		995173367 Rahu	1:11PM – 2:27PM	Tailita Until 10:40AM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga			Tritiya Until 11:50PM	Moon – Clear		3rd Phase	
					Magha-Thai	Sivaloka Day		

4		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha Yoga Vanija/Visi* Karana Chaturthyam Titau		Portland, ME Sun 18
Meena Rasi: 4.05	Tithi 4	Gulika	8:06AM – 9:23AM	Uttaraproshtapada Until 7:01AM Sat	Ganesh: Blue	<i>Sunrise: 6:50AM</i>	Sutra 299	
		Yama	2:27PM – 3:44PM	Siddha Until 1:33AM Sat	Muruga: Clear	<i>Sunset: 5:00PM</i>	Vilamba 5120	
		995173367 Rahu	10:39AM – 11:55AM	Vanija Until 12:57PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga			Chaturthi* Until 1:57AM Sat	Moon – Clear		3rd Phase	
Until 7:01AM Sat					Magha-Thai	Sivaloka Day		
Then Routine Work - Prabalarishta Yoga								

5		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Portland, ME Sun 19
Meena Rasi: 16.08	Tithi 5	Gulika	6:49AM – 8:06AM	Uttaraproshtapada Until 7:01AM	Ganesh: Red	<i>Sunrise: 6:49AM</i>	Sutra 300	
		Yama	1:12PM – 2:28PM	Sadhya Until 1:47AM Sun	Muruga: Clear	<i>Sunset: 5:01PM</i>	Vilamba 5120	
		995173367 Rahu	9:22AM – 10:39AM	Bava Until 2:54PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga			Panchami Until 3:41AM Sun	Moon – Clear		3rd Phase	
Until 7:01AM					Magha-Thai	Devaloka Day		
Then Routine Work - Prabalarishta Yoga								

6		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava Karana Shashthyam Titau		Portland, ME Sun 20
Meena Rasi: 28.22	Tithi 6	Gulika	2:29PM – 3:46PM	Revati Until 8:59AM	Ganesh: Red	<i>Sunrise: 6:48AM</i>	Sutra 301	
		Yama	11:55AM – 1:12PM	Subha Until 1:38AM Mon	Muruga: Clear	<i>Sunset: 5:03PM</i>	Vilamba 5120	
		995173367 Rahu	3:46PM – 5:03PM	Kaulava Until 4:23PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Amrita Yoga			Shashthi* Until 4:54AM Mon	Moon – Clear		3rd Phase	
Until 8:59AM					Magha-Thai	Devaloka Day		
Then Creative Work - Siddha Yoga								

Monday, February 11, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 21
Mesha Rasi: 10.49	Tithi 7	Gulika	1:12PM – 2:30PM	Ashvini Until 10:45AM	Ganesh: Blue	<i>Sunrise: 6:46AM</i>	Sutra 302	
Family Home Evening		Yama	10:38AM – 11:55AM	Sukla Until 1:00AM Tue	Muruga: Clear	<i>Sunset: 5:04PM</i>	Vilamba 5120	
		995173367 Rahu	8:04AM – 9:21AM	Gara Until 5:18PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga			Saptami Until 5:29AM Tue	Moon – White		3rd Phase	
					Magha-Thai	Bhuloka Day		
						Devaloka Time: 12:PM to 3:PM		

Tuesday, February 12, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 22
Mesha Rasi: 23.34	Tithi 8	Gulika	11:55AM – 1:13PM	Bharani Until 11:44AM	Ganesh: Blue	<i>Sunrise: 6:45AM</i>	Sutra 303	
		Yama	9:20AM – 10:38AM	Brahma Until 11:51PM	Muruga: Clear	<i>Sunset: 5:05PM</i>	Vilamba 5120	
		995173367 Rahu	2:30PM – 3:48PM	Visti Until 5:32PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga			Ashtami* Until 5:22AM Wed	Moon – White		Ashtami	
					Magha-Masi	Bhuloka Day		
						Devaloka Time: 12:PM to 3:PM		

Wednesday, February 13, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 23
Vrishabha Rasi: 6.38	Tithi 9	Gulika	10:37AM – 11:55AM	Krittika Until 11:52AM	Ganesh: Yellow	<i>Sunrise: 6:44AM</i>	Sutra 304	
		Yama	8:02AM – 9:19AM	Indra Until 10:07PM	Muruga: Clear	<i>Sunset: 5:07PM</i>	Vilamba 5120	
		995173367 Rahu	11:55AM – 1:13PM	Balava Until 5:02PM	Nataraja: White		Moon 1 - Phase 41	
Creative Work	Amrita Yoga			Navami* Until 4:28AM Thu	Moon – White		Navami	
Until 11:52AM					Magha-Masi	Devaloka Day		
Then Creative Work - Siddha Yoga								

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau	Portland, ME Sun 24 Sutra 305 Vilamba 5120
936273367	Gulika 9:19AM – 10:37AM Rohini Until 11:33AM	Yama 6:42AM – 8:01AM Vaidhriti* Until 7:45PM	Rahu 1:13PM – 2:32PM Taitila Until 13:45AM Fri	Ganesh: White Muruga: Clear Nataraja: White Moon – Yellow	Sunrise: 6:42AM Sunset: 5:08PM	Sivaloka Day	
Routine Work	Marana Yoga						

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Priti Yoga Vanija/Balava Karana Ekadashyam Titau	Portland, ME Sun 25 Sutra 306 Vilamba 5120
936273367	Gulika 8:00AM – 9:18AM Mrigashira Until 9:35PM Sat	Yama 2:32PM – 3:51PM Vishkambha* Until 10:22AM	Rahu 10:37AM – 11:55AM Vanija Until 1:45PM	Ganesh: White Muruga: Clear Nataraja: White Moon – Yellow	Sunrise: 6:41AM Sunset: 5:09PM	Sivaloka Day	
Creative Work	Siddha Yoga						

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau	Portland, ME Sun 26 Sutra 307 Vilamba 5120
936273367	Gulika 6:40AM – 7:58AM Mrigashira Until 9:35PM	Yama 1:14PM – 2:33PM Priti Until 1:26PM	Rahu 9:17AM – 10:36AM Bava Until 11:07AM	Ganesh: White Muruga: Clear Nataraja: White Moon – Yellow	Sunrise: 6:40AM Sunset: 5:11PM	Sivaloka Day	
Creative Work	Siddha Yoga						

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Portland, ME Sun 27 Sutra 308 Vilamba 5120
946273367	Gulika 2:34PM – 3:53PM Punarvasu Until 6:09AM	Yama 11:55AM – 1:14PM Ayushman Until 9:36AM	Rahu 3:53PM – 5:12PM Kaulava Until 7:58AM	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Blue	Sunrise: 6:38AM Sunset: 5:12PM	Devaloka Day	
Creative Work	Siddha Yoga						

Pradosha Vrata

Monday, February 18, 2019		Copper Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Portland, ME Sutra 309 Vilamba 5120
946273367	Gulika 1:15PM – 2:34PM Ashlesha* Until 12:18AM Tue	Yama 10:35AM – 11:55AM Sobhana Until 1:12AM Tue	Rahu 7:56AM – 9:16AM Visti Until 12:43AM Tue	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Blue	Sunrise: 6:37AM Sunset: 5:13PM	Devaloka Day	
Family Home Evening							
Creative Work	Siddha Yoga						
	Chidambaram Abhishekam		Chaturdashi* Until 2:35PM				

Tuesday, February 19, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Portland, ME Sutra 310 Vilamba 5120
956273367	Gulika 11:55AM – 1:15PM Magha* Until 9:24PM	Yama 9:15AM – 10:35AM Athiganda* Until 8:52PM	Rahu 2:35PM – 3:55PM Balava Until 8:55PM	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Red	Sunrise: 6:35AM Sunset: 5:15PM	Sivaloka Day	
Creative Work	Siddha Yoga						
			Purnima* Until 10:48AM				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara Karana Prathama/Dvitiyayam Titau

Portland, ME

Sutra 311

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 18.46 Tihi 16 - 17

Gulika 10:35AM - 11:55AM

Yama 7:54AM - 9:14AM

Rahu 11:55AM - 1:15PM

Purvaphalguni Until 6:30PM

Sukarma Until 4:38PM

Gara Until 3:30AM Thu

Prathama* Until 7:03AM

Ganesha: Clear Sunrise: 6:34AM

Muruga: Clear Sunset: 5:16PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

Creative Work Amrita Yoga

957273367

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Portland, ME

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 3.5 Tihi 18

Gulika 9:13AM - 10:34AM

Yama 6:32AM - 7:53AM

Rahu 1:15PM - 2:36PM

Uttaraphalguni Until 3:46PM

Dhriti Until 12:40PM

Vanija Until 1:53PM

Tritiya Until 12:20AM Fri

Ganesha: Clear Sunrise: 6:32AM

Muruga: Clear Sunset: 5:17PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

Until 3:46PM

Then Routine Work - Marana Yoga

957273367

Amrita Yoga

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Portland, ME

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 18.37 Tihi 19

Gulika 7:52AM - 9:13AM

Yama 2:37PM - 3:58PM

Rahu 10:34AM - 11:55AM

Hasta Until 1:47PM

Shula* Until 9:01AM

Bava Until 10:57AM

Chaturthi* Until 9:41PM

Ganesha: White Sunrise: 6:31AM

Muruga: Clear Sunset: 5:19PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

967273367

Maha Sankatahara Chaturthi

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Tailita Karana Panchamyam Titau

Portland, ME

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 2.59 Tihi 20

Gulika 6:29AM - 7:50AM

Yama 1:16PM - 2:37PM

Rahu 9:12AM - 10:33AM

Chitra Until 12:16PM

Vriddhi Until 3:20AM Sun

Kaulava Until 8:38AM

Panchami Until 7:43PM

Ganesha: White Sunrise: 6:29AM

Muruga: Clear Sunset: 5:20PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 12:16PM

Then Creative Work - Siddha Yoga

967273367

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 16.52 Tihi 21

Gulika 2:38PM - 3:59PM

Yama 11:54AM - 1:16PM

Rahu 3:59PM - 5:21PM

Svati Until 11:21AM

Dhruva Until 1:25AM Mon

Gara Until 7:03AM

Shashthi* Until 6:33PM

Ganesha: White Sunrise: 6:28AM

Muruga: Clear Sunset: 5:21PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 11:21AM

Then Routine Work - Marana Yoga

967273367

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Portland, ME

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Vrischika Rasi: 0.17 Tihi 22

Gulika 1:16PM - 2:38PM

Yama 10:32AM - 11:54AM

Rahu 7:48AM - 9:10AM

Vishakha Until 11:34AM

Vyaghata* Until 12:11AM Tue

Visti Until 6:18AM

Saptami Until 6:14PM

Ganesha: Yellow Sunrise: 6:26AM

Muruga: Clear Sunset: 5:22PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 11:34AM

Then Creative Work - Siddha Yoga

977273367

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Balava Karana Ashtamyam Titau

Portland, ME

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 13.14 Tihi 23

Gulika 11:54AM - 1:17PM

Yama 9:09AM - 10:32AM

Rahu 2:39PM - 4:01PM

Anuradha Until 12:29PM

Harshana Until 11:39PM

Balava Until 6:26AM

Ashtami* Until 6:47PM

Ganesha: Blue Sunrise: 6:24AM

Muruga: Clear Sunset: 5:24PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 12:29PM

Then Routine Work - Marana Yoga

978273367

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Tailita/Gara Karana Navamyam Titau

Portland, ME

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 25.47 Tihi 24

Gulika 10:31AM - 11:54AM

Yama 7:46AM - 9:08AM

Rahu 11:54AM - 1:17PM

Jyeshtha* Until 2:01PM

Vajra* Until 11:39PM

Tailita Until 8:65AM Thu

Navami* Until 11:39PM

Ganesha: Blue Sunrise: 6:23AM

Muruga: Clear Sunset: 5:25PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 2:01PM

Then Routine Work - Marana Yoga

978273367


1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME Sun 8 Sutra 319 Vilamba 5120
Dhanus Rasi: 8.01	Tithi 25	Gulika 9:07AM – 10:31AM	Mula* Until 4:33PM	Ganesh: Red <i>Sunrise: 6:21AM</i>				
		Yama 6:21AM – 7:44AM	Siddhi Until 12:09AM Fri	Muruga: Clear <i>Sunset: 5:26PM</i>			Moon 2 - Phase 44	2nd Phase
Creative Work	Siddha Yoga	988273367 Rahu 1:17PM – 2:40PM	Vanija Until 9:05AM Dashami Until 10:07PM	Nataraja: White Moon – Light Blue Magha-Masi			Devaloka Day	

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Portland, ME Sun 9 Sutra 320 Vilamba 5120
Dhanus Rasi: 20.02	Tithi 26	Gulika 7:42AM – 9:06AM	Purvashadha* Until 7:22PM	Ganesh: Red <i>Sunrise: 6:18AM</i>				
		Yama 2:41PM – 4:05PM	Vyatipata* Until 12:59AM Sat	Muruga: Clear <i>Sunset: 5:29PM</i>			Moon 2 - Phase 44	2nd Phase
Routine Work	Prabalarishta Yoga	988273367 Rahu 10:30AM – 11:53AM	Bava Until 11:19AM Ekadashi* Until 12:34AM Sat	Nataraja: White Moon – Light Blue Magha-Masi			Devaloka Day	
Until 7:22PM								
Then Routine Work - Marana Yoga								

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Portland, ME Sun 10 Sutra 321 Vilamba 5120
Makara Rasi: 1.53	Tithi 27	Gulika 6:16AM – 7:40AM	Uttarashadha Until 10:19PM	Ganesh: Red <i>Sunrise: 6:16AM</i>				
		Yama 1:17PM – 2:42PM	Variyan Until 1:58AM Sun	Muruga: Clear <i>Sunset: 5:30PM</i>			Moon 2 - Phase 44	2nd Phase
Routine Work	Marana Yoga	988273367 Rahu 9:05AM – 10:29AM	Kaulava Until 1:55PM Dvadashi* Until 3:15AM Sun	Nataraja: White Moon – Light Blue Magha-Masi			Devaloka Day	
Until 10:19PM								
Then Creative Work - Siddha Yoga								

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME Sun 11 Sutra 322 Vilamba 5120
Makara Rasi: 13.41	Tithi 28	Gulika 2:42PM – 4:07PM	Shravana Until 1:40AM Mon	Ganesh: Yellow <i>Sunrise: 6:15AM</i>				
		Yama 11:53AM – 1:18PM	Parigha* Until 3:02AM Mon	Muruga: Clear <i>Sunset: 5:31PM</i>			Moon 2 - Phase 44	2nd Phase
Creative Work	Amrita Yoga	998273367 Rahu 4:07PM – 5:31PM	Gara Until 4:39PM Trayodashi* Until 6:00AM Mon	Nataraja: White Moon – Purple Magha-Masi			Devaloka Day	
Until 1:40AM Mon								
Then Creative Work - Siddha Yoga								
<i>Pradosha Vrata (Fasting)</i>								

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 12 Sutra 323 Vilamba 5120
Makara Rasi: 25.27	Tithi 28 – 29	Gulika 1:18PM – 2:43PM	Dhanishtha Until 4:47AM Tue	Ganesh: Yellow <i>Sunrise: 6:13AM</i>				
Family Home Evening		Yama 10:28AM – 11:53AM	Shiva Until 4:03AM Tue	Muruga: Clear <i>Sunset: 5:33PM</i>			Moon 2 - Phase 44	2nd Phase
Creative Work	Siddha Yoga	998273367 Rahu 7:38AM – 9:03AM	Visti Until 7:22PM Trayodashi* Until 6:00AM	Nataraja: White Moon – Purple Magha-Masi			Devaloka Day	
Until 4:47AM Tue								
Then Routine Work - Marana Yoga								
			Mahasivaratri (Lunar)					
			Mahasivaratri (Solar)					

		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, ME Sun 13 Sutra 324 Vilamba 5120
Retreat Star		Gulika 11:53AM – 1:18PM	Shatabhishak Until 7:33AM Wed	Ganesh: Clear <i>Sunrise: 6:11AM</i>				
Kumbha Rasi: 7.15	Tithi 29 – 30	Yama 9:02AM – 10:27AM	Siddha Until 4:53AM Wed	Muruga: Clear <i>Sunset: 5:34PM</i>			Moon 2 - Phase 44	Amavasya
Routine Work	Marana Yoga	199273367 Rahu 2:43PM – 4:09PM	Catuspada Until 9:56PM Chaturdashi* Until 8:39AM	Nataraja: White Moon – Purple Magha-Masi			Devaloka Day	
Until 7:33AM Wed								
Then Creative Work - Amrita Yoga								

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sadya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME Sun 14 Sutra 325 Vilamba 5120
Kumbha Rasi: 19.08	Tithi 30 – 1	Gulika 10:27AM – 11:52AM	Shatabhishak Until 7:33AM	Ganesh: White <i>Sunrise: 6:09AM</i>				
		Yama 7:35AM – 9:01AM	Sadya Until 5:32AM Thu	Muruga: Clear <i>Sunset: 5:35PM</i>			Moon 2 - Phase 44	Prathama
Creative Work	Siddha Yoga	199373367 Rahu 11:52AM – 1:18PM	Kintughna Until 12:14AM Thu Amavasya* Until 11:06AM	Nataraja: White Moon – Purple Phalgun-Masi			Sivaloka Day	
Until 7:33AM								
Then Creative Work - Amrita Yoga								

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 15 Sutra 326 Vilamba 5120	
Meena Rasi: 1.07	Tithi 1 – 2	Gulika 9:00AM – 10:26AM Yama 6:08AM – 7:34AM 119373367 Rahu 1:18PM – 2:44PM	Purvaprosarthapada* Until 10:24AM Subha Until 5:58AM Fri Balava Until 2:13AM Fri Prathama* Until 1:15PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:08AM Sunset: 5:36PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Creative Work	Siddha Yoga						
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 13.13	Tithi 2 – 3	Gulika 7:32AM – 8:59AM Yama 2:45PM – 4:11PM 119373367 Rahu 10:25AM – 11:52AM	Uttaraprosarthapada Until 12:46PM Sukla Until 6:07AM Sat Gara Until 16:33AM Sat Dvitiya Until 3:04PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:06AM Sunset: 5:38PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Creative Work	Siddha Yoga						
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara Karana Tritiya/Chaturthyam Titau		Portland, ME Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 25.28	Tithi 3 – 4	Gulika 6:04AM – 7:31AM Yama 1:18PM – 2:45PM 119373367 Rahu 8:58AM – 10:25AM	Revati Until 2:38PM Sukla Until 6:07AM Gara Until 4:33PM Tritiya Until 4:33PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:04AM Sunset: 5:39PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Routine Work	Prabalarishta Yoga						
Until 2:38PM	Then Creative Work - Siddha Yoga	Subramuniyaswami Siva Vision Day					
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 7.52	Tithi 4 – 5	Gulika 2:46PM – 4:13PM Yama 11:51AM – 1:19PM 129373367 Rahu 4:13PM – 5:40PM	Ashvini Until 4:27PM Indra Until 6:00AM Bava Until 6:01AM Mon Chaturthi* Until 5:38PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	Sunrise: 6:03AM Sunset: 5:40PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Creative Work	Siddha Yoga						
Until 4:27PM	Then Routine Work - Prabalarishta Yoga						
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Portland, ME Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 20.27	Tithi 5	Gulika 1:19PM – 2:46PM Yama 10:24AM – 11:51AM 129373367 Rahu 7:28AM – 8:56AM	Bharani Until 5:41PM Vaidhriti* Until 4:45AM Tue Bava Until 6:01AM Panchami Until 6:16PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	Sunrise: 6:01AM Sunset: 5:41PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Family Home Evening	Creative Work						
Until 5:41PM	Then Routine Work - Marana Yoga						
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Portland, ME Sun 20 Sutra 331 Vilamba 5120	
Vrishabha Rasi: 3.15	Tithi 6	Gulika 11:51AM – 1:19PM Yama 8:55AM – 10:23AM 129373367 Rahu 2:47PM – 4:15PM	Krittika Until 6:17PM Vishkambha* Until 3:33AM Wed Kaulava Until 6:25AM Shashthi* Until 6:24PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	Sunrise: 5:59AM Sunset: 5:43PM	Moon 2 - Phase 45 3rd Phase Devaloka Day	
Creative Work	Siddha Yoga						
Until 6:17PM	Then Creative Work - Amrita Yoga						
Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Portland, ME Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 16.19	Tithi 7 – 8	Gulika 10:22AM – 11:51AM Yama 7:26AM – 8:54AM 131373367 Rahu 11:51AM – 1:19PM	Rohini Until 6:39PM Priti Until 1:54AM Thu Gara Until 6:17AM Saptami Until 5:59PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalguna-Masi	Sunrise: 5:57AM Sunset: 5:44PM	Moon 2 - Phase 45 3rd Phase Sivaloka Day	
Creative Work	Siddha Yoga						
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 22 Sutra 333 Vilamba 5120	
Vrishabha Rasi: 29.41	Tithi 8 – 9	Gulika 8:53AM – 10:22AM Yama 5:55AM – 7:24AM 131373367 Rahu 1:19PM – 2:48PM	Mrigashira Until 6:15PM Ayushman Until 11:44PM Balava Until 4:12AM Fri Ashtami* Until 4:56PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalguna-Panguni	Sunrise: 5:55AM Sunset: 5:45PM	Moon 2 - Phase 45 Ashtami Sivaloka Day	
Routine Work	Marana Yoga						
		Karadayyan Nombu (Tamil Nadu)					
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, ME Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 13.25	Tithi 9 – 10	Gulika 7:23AM – 8:52AM Yama 2:48PM – 4:17PM 131373367 Rahu 10:21AM – 11:50AM	Ardra Until 5:07PM Saubhagya Until 9:05PM Taitila Until 2:14AM Sat Navami* Until 3:17PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Phalguna-Panguni	Sunrise: 5:54AM Sunset: 5:46PM	Moon 2 - Phase 45 Navami Subha Sivaloka Day	
Creative Work	Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1 Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 27.32	Tithi 10 – 11	Gulika 5:52AM – 7:21AM	Punarvasu Until 3:41PM	Ganesh: Clear	<i>Sunrise:</i> 5:52AM	
		Yama 1:19PM – 2:49PM	Sobhana Until 3:41PM	Muruga: Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 8:51AM – 10:20AM	Vanija Until 11:44PM	Nataraja: Clear		4th Phase
			Dashami Until 1:02PM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

2 Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 12	Tithi 11 – 12	Gulika 2:49PM – 4:19PM	Pushya Until 1:36PM	Ganesh: Clear	<i>Sunrise:</i> 5:50AM	
		Yama 11:49AM – 1:19PM	Athiganda* Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 4:19PM – 5:49PM	Bava Until 8:45PM	Nataraja: Clear		4th Phase
			Ekadashi Until 10:16AM	Moon – Blue		Sivaloka Day
				Phalguna•Panguni		

3 Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 26.47	Tithi 12 – 13	Gulika 1:19PM – 2:50PM	Ashlesha* Until 11:01AM	Ganesh: Clear	<i>Sunrise:</i> 5:48AM	
Family Home Evening		Yama 10:19AM – 11:49AM	Sukarma Until 10:40AM	Muruga: Clear	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	141373368 Rahu 7:19AM – 8:49AM	Taitila Until 3:41AM Tue	Nataraja: Clear		4th Phase
Until 11:01AM			Dvadashi Until 7:07AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga		Yogaswami Mahasamadhi		Phalguna•Panguni		
			<i>Pradosha Vrata</i>			

4 Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 11.47	Tithi 14	Gulika 11:49AM – 1:19PM	Magha* Until 8:27AM	Ganesh: White	<i>Sunrise:</i> 5:47AM	
		Yama 8:48AM – 10:18AM	Dhriti Until 6:40AM	Muruga: Clear	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	151373368 Rahu 2:50PM – 4:21PM	Gara Until 1:56PM	Nataraja: Clear		4th Phase
			Chaturdashi* Until 12:08AM Wed	Moon – Red		Subha Sivaloka Day
				Phalguna•Panguni		

Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sutra 339 Vilamba 5120
Copper Retreat Star		Gulika 10:18AM – 11:49AM	Uttaraphalguni Until 5:19PM Thu	Ganesh: White	<i>Sunrise:</i> 5:45AM	
Simha Rasi: 26.52	Tithi 15	Yama 7:16AM – 8:47AM	Ganda* Until 10:31PM	Muruga: Clear	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 46
Creative Work	Amrita Yoga	151373368 Rahu 11:49AM – 1:19PM	Visti Until 6:57AM Thu	Nataraja: Clear		Purnima
Until 5:19PM Thu			Purnima* Until 6:40AM	Moon – Red		Subha Sivaloka Day
Then Routine Work - Marana Yoga		Panguni Uttiram		Phalguna•Panguni		
		Holi				

Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, ME Sutra 340 Vilamba 5120
Silver Retreat Star		Gulika 8:46AM – 10:17AM	Uttaraphalguni Until 5:19PM	Ganesh: Yellow	<i>Sunrise:</i> 5:43AM	
Kanya Rasi: 11.52	Tithi 16 – 17	Yama 5:43AM – 7:14AM	Vriddhi Until 12:33AM Fri	Muruga: White	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 46
Routine Work	Marana Yoga	161383368 Rahu 1:20PM – 2:51PM	Balava Until 6:57AM	Nataraja: Clear		Prathama
Until 5:19PM			Prathama* Until 5:19PM	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga				Phalguna•Panguni		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam

Portland, ME

Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 341

Kanya Rasi: 26.39 Tihi 17 - 18

Gulika 7:13AM - 8:45AM

Chitra Until 12:02PM Sat

Ganesha: Yellow Sunrise: 5:41AM

Vilamba 5120

Yama 2:51PM - 4:23PM

Dhruva Until 3:08PM

Muruga: White Sunset: 5:55PM

Moon 3 - Phase 47

162383368 Rahu 10:16AM - 11:48AM

Vanija Until 1:09AM Sat

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 2:24PM

Moon - Green

Devaloka Day

Phalgun-Panguni

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam

Portland, ME

Chitra/Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 342

Tula Rasi: 11.05 Tihi 18 - 19

Gulika 5:39AM - 7:11AM

Chitra Until 12:02PM

Ganesha: Blue Sunrise: 5:39AM

Vilamba 5120

Yama 1:20PM - 2:52PM

Vyaghata* Until 9:33AM Sun

Muruga: White Sunset: 5:56PM

Moon 3 - Phase 47

162383368 Rahu 8:44AM - 10:16AM

Bava Until 11:07PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:02PM

Moon - Green

Bhuloka Day

Phalgun-Panguni

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam

Portland, ME

Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 343

Tula Rasi: 25.05 Tihi 19 - 20

Gulika 2:52PM - 4:25PM

Vishakha Until 8:31PM

Ganesha: Red Sunrise: 5:38AM

Vilamba 5120

Yama 11:47AM - 1:20PM

Harshana Until 9:33AM

Muruga: White Sunset: 5:57PM

Moon 3 - Phase 47

172383368 Rahu 4:25PM - 5:57PM

Kaulava Until 9:50PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 10:21AM

Moon - Orange

Devaloka Day

Phalgun-Panguni

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam

Portland, ME

Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 344

Vrischika Rasi: 9 Tihi 20 - 21

Gulika 1:20PM - 2:53PM

Anuradha Until 8:43PM

Ganesha: Red Sunrise: 5:36AM

Vilamba 5120

Family Home Evening

Yama 10:14AM - 11:47AM

Vajra* Until 7:41AM

Muruga: White Sunset: 5:58PM

Moon 3 - Phase 47

172383368 Rahu 7:09AM - 8:41AM

Gara Until 9:24PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 9:29AM

Moon - Orange

Devaloka Day

Phalgun-Panguni

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Portland, ME

Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 345

Vrischika Rasi: 21.39 Tihi 21 - 22

Gulika 11:47AM - 1:20PM

Jyeshtha* Until 9:37PM

Ganesha: Red Sunrise: 5:34AM

Vilamba 5120

Yama 8:40AM - 10:14AM

Siddhi Until 6:31AM

Muruga: White Sunset: 5:59PM

Moon 3 - Phase 47

172383368 Rahu 2:53PM - 4:26PM

Visti Until 9:52PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi* Until 9:30AM

Moon - Orange

Devaloka Day

Phalgun-Panguni

Then Creative Work - Amrita Yoga

D

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Portland, ME

Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 346

Dhanus Rasi: 4.16 Tihi 22 - 23

Gulika 10:13AM - 11:46AM

Mula* Until 11:38PM

Ganesha: Green Sunrise: 5:32AM

Vilamba 5120

Yama 7:06AM - 8:39AM

Vyatipata* Until 6:02AM

Muruga: White Sunset: 6:01PM

Moon 3 - Phase 47

182383368 Rahu 11:46AM - 1:20PM

Balava Until 11:10PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Saptami Until 10:24AM

Moon - Light Blue

Bhuloka Day

Phalgun-Panguni

Devaloka Time: 6:PM to 9:PM

Until 11:38PM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Portland, ME

Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 347

Dhanus Rasi: 16.33 Tihi 23 - 24

Gulika 8:38AM - 10:12AM

Purvashadha* Until 2:10AM Fri

Ganesha: Green Sunrise: 5:30AM

Vilamba 5120

Yama 5:30AM - 7:04AM

Variyan Until 6:09AM

Muruga: White Sunset: 6:02PM

Moon 3 - Phase 47

182383368 Rahu 1:20PM - 2:54PM

Taitila Until 1:09AM Fri

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 12:04PM

Moon - Light Blue

Bhuloka Day

Phalgun-Panguni

Devaloka Time: 6:PM to 9:PM

Until 2:10AM Fri

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Friday, March 29, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Navami/Dashyam Titau		Portland, ME Sun 8 Sutra 348 Vilamba 5120
Dhanus Rasi: 28.34	Tithi 24 – 25	Gulika	7:03AM – 8:37AM	Uttarashadha Until 4:57AM Sat	Ganesha: Green	<i>Sunrise:</i> 5:29AM		
		Yama	2:54PM – 4:29PM	Parigha* Until 6:45AM	Muruga: Yellow	<i>Sunset:</i> 6:03PM	Moon 3 - Phase 48	
		182383468 Rahu	10:12AM – 11:46AM	Vanija Until 3:36AM Sat	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga			Navami* Until 2:19PM	Moon – Light Blue			Devaloka Day
Until 4:57AM Sat					Phalguna•Panguni			
Then Creative Work - Siddha Yoga								

2		Saturday, March 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, ME Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 10.25	Tithi 25 – 26	Gulika	5:27AM – 7:02AM	Shravana Until 8:17AM Sun	Ganesha: Orange	<i>Sunrise:</i> 5:27AM		
		Yama	1:20PM – 2:55PM	Shiva Until 7:42AM	Muruga: Yellow	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 48	
		192383468 Rahu	8:36AM – 10:11AM	Bava Until 6:17AM Sun	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 4:54PM	Moon – Purple			Sivaloka Day
Until 8:17AM Sun					Phalguna•Panguni			
Then Routine Work - Marana Yoga								

3		Sunday, March 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 22.12	Tithi 26	Gulika	2:55PM – 4:30PM	Shravana Until 8:17AM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM		
		Yama	11:45AM – 1:20PM	Siddha Until 8:45AM	Muruga: Yellow	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 48	
		192383468 Rahu	4:30PM – 6:05PM	Bava Until 6:17AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga			Bava Until 6:17AM	Moon – Purple			Sivaloka Day
Until 8:17AM				Ekadashi* Until 7:36PM	Phalguna•Panguni			
Then Routine Work - Marana Yoga								

4		Monday, April 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava Karana Dvadashyam Titau		Portland, ME Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 3.59	Tithi 27	Gulika	1:20PM – 2:55PM	Dhanishtha Until 11:25AM	Ganesha: Green	<i>Sunrise:</i> 5:25AM		
Family Home Evening		Yama	10:10AM – 11:45AM	Sadhya Until 9:47AM	Muruga: Yellow	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 48	
		192483468 Rahu	7:00AM – 8:35AM	Kaulava Until 8:56AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 10:11PM	Moon – Purple			Subha Sivaloka Day
					Phalguna•Panguni			

5		Tuesday, April 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, ME Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 15.51	Tithi 28	Gulika	11:45AM – 1:20PM	Shatabhishak Until 2:10PM	Ganesha: Green	<i>Sunrise:</i> 5:23AM		
		Yama	8:34AM – 10:10AM	Subha Until 10:41AM	Muruga: Yellow	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48	
		192483468 Rahu	2:56PM – 4:31PM	Gara Until 11:23AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 12:28AM Wed	Moon – Purple			Subha Sivaloka Day
					Phalguna•Panguni			
								<i>Pradosha Vrata (Fasting)</i>

6		Wednesday, April 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 27.49	Tithi 29	Gulika	10:09AM – 11:45AM	Purvaproshtapada* Until 4:55PM	Ganesha: Orange	<i>Sunrise:</i> 5:22AM		
		Yama	6:57AM – 8:33AM	Sukla Until 11:17AM	Muruga: Yellow	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 48	
		112483468 Rahu	11:45AM – 1:20PM	Visti Until 1:30PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga			Chaturdashi* Until 2:22AM Thu	Moon – Clear			Sivaloka Day
Until 4:55PM					Phalguna•Panguni			
Then Creative Work - Siddha Yoga								

●		Thursday, April 4, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada* Karana Amavasyayam Titau		Portland, ME Sun 14 Sutra 354 Vilamba 5120
Retreat Star		Gulika	8:32AM – 10:08AM	Uttaraproshtapada Until 7:06PM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM		
Meena Rasi: 9.58	Tithi 30	Yama	5:20AM – 6:56AM	Brahma Until 11:36AM	Muruga: Yellow	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 48	
		112483468 Rahu	1:20PM – 2:57PM	Catuspada Until 3:11PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 3:51AM Fri	Moon – Clear			Sivaloka Day
					Phalguna•Panguni			

●		Friday, April 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 15 Sutra 355 Vilamba 5120
Retreat Star		Gulika	6:55AM – 8:31AM	Revati Until 8:42PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:18AM		
Meena Rasi: 22.16	Tithi 1	Yama	2:57PM – 4:34PM	Indra Until 11:37AM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 48	
		113483468 Rahu	10:08AM – 11:44AM	Kintughna Until 4:27PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 4:54AM Sat	Moon – Clear			Devaloka Day
Until 8:42PM		Yugadhi			Chaitra•Panguni			
Then Creative Work - Amrita Yoga								

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Saturday, April 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 16	Sutra 356 Vilamba 5120
Mesha Rasi: 4.46	Tithi 2	Gulika 5:16AM – 6:53AM	Ashvini Until 10:13PM	Ganesh: Purple <i>Sunrise:</i> 5:16AM	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 49	3rd Phase		
Creative Work	Siddha Yoga	Yama 1:21PM – 2:58PM	Vaidhriti* Until 11:15AM	Muruga: Yellow			Devaloka Day		
		123483468 Rahu 8:30AM – 10:07AM	Balava Until 5:17PM	Nataraja: Purple			Moon – White Chaitra•Panguni		
		Chellappaswami Mahasamadhi	Dvitiya Until 5:31AM Sun						

2		Sunday, April 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau		Portland, ME Sun 17	Sutra 357 Vilamba 5120
Mesha Rasi: 17.27	Tithi 3	Gulika 2:58PM – 4:35PM	Bharani Until 11:12PM	Ganesh: Purple <i>Sunrise:</i> 5:14AM	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 49	3rd Phase		
Routine Work	Prabalarishta Yoga	Yama 11:43AM – 1:21PM	Vishkambha* Until 10:36AM	Muruga: Yellow			Devaloka Day		
Until 11:12PM		123483468 Rahu 4:35PM – 6:12PM	Tailila Until 5:42PM	Nataraja: Purple			Moon – White Chaitra•Panguni		
Then Creative Work - Siddha Yoga			Tritiya Until 5:45AM Mon						

3		Monday, April 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Chaturthyam Titau		Portland, ME Sun 18	Sutra 358 Vilamba 5120
Vrishabha Rasi: 0.19	Tithi 4	Gulika 1:21PM – 2:58PM	Krittika Until 11:39PM	Ganesh: Purple <i>Sunrise:</i> 5:13AM	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 49	3rd Phase		
Family Home Evening		Yama 10:06AM – 11:43AM	Priti Until 11:39PM	Muruga: Yellow			Devaloka Day		
Routine Work	Marana Yoga	123483468 Rahu 6:50AM – 8:28AM	Vanija Until 5:45PM	Nataraja: Purple			Moon – White Chaitra•Panguni		
Until 11:39PM			Chaturthi* Until 5:37AM Tue						
Then Creative Work - Amrita Yoga									

4		Tuesday, April 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Portland, ME Sun 19	Sutra 359 Vilamba 5120
Vrishabha Rasi: 13.22	Tithi 5	Gulika 11:43AM – 1:21PM	Rohini Until 12:03AM Wed	Ganesh: Clear <i>Sunrise:</i> 5:11AM	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 49	3rd Phase		
Creative Work	Amrita Yoga	Yama 8:27AM – 10:05AM	Ayushman Until 8:25AM	Muruga: Yellow			Sivaloka Day		
Until 12:03AM Wed		123483468 Rahu 2:59PM – 4:37PM	Bava Until 5:26PM	Nataraja: Purple			Moon – Yellow Chaitra•Panguni		
Then Creative Work - Siddha Yoga			Panchami Until 5:07AM Wed						

5		Wednesday, April 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Portland, ME Sun 20	Sutra 360 Vilamba 5120
Vrishabha Rasi: 26.37	Tithi 6	Gulika 10:04AM – 11:43AM	Mrigashira Until 11:56PM	Ganesh: Clear <i>Sunrise:</i> 5:09AM	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 49	3rd Phase		
Creative Work	Siddha Yoga	Yama 6:48AM – 8:26AM	Saubhagya Until 6:53AM	Muruga: Yellow			Sivaloka Day		
		123483468 Rahu 11:43AM – 1:21PM	Kaulava Until 4:44PM	Nataraja: Purple			Moon – Yellow Chaitra•Panguni		
			Shashthi* Until 4:14AM Thu						

6		Thursday, April 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara Karana Saptamyam Titau		Portland, ME Sun 21	Sutra 361 Vilamba 5120
Mithuna Rasi: 10.05	Tithi 7	Gulika 8:25AM – 10:04AM	Ardra Until 11:16PM	Ganesh: Clear <i>Sunrise:</i> 5:08AM	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 49	3rd Phase		
Routine Work	Marana Yoga	Yama 5:08AM – 6:46AM	Athiganda* Until 2:53AM Fri	Muruga: Yellow			Sivaloka Day		
Until 11:16PM		123483468 Rahu 1:21PM – 3:00PM	Gara Until 3:39PM	Nataraja: Purple			Moon – Yellow Chaitra•Panguni		
Then Creative Work - Amrita Yoga			Saptami Until 2:56AM Fri						

Retreat Star		Friday, April 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 22	Sutra 362 Vilamba 5120
Mithuna Rasi: 23.46	Tithi 8	Gulika 6:45AM – 8:24AM	Punarvasu Until 10:29PM	Ganesh: White <i>Sunrise:</i> 5:06AM	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 49	Ashtami		
Creative Work	Siddha Yoga	Yama 3:00PM – 4:39PM	Sukarma Until 12:23AM Sat	Muruga: Yellow			Devaloka Day		
Until 10:29PM		143483468 Rahu 10:03AM – 11:42AM	Visti Until 2:08PM	Nataraja: Purple			Moon – Blue Chaitra•Panguni		
Then Routine Work - Marana Yoga			Ashtami* Until 1:13AM Sat						

Retreat Star		Saturday, April 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 23	Sutra 363 Vilamba 5120
Kataka Rasi: 7.43	Tithi 9	Gulika 5:04AM – 6:44AM	Pushya Until 9:09PM	Ganesh: White <i>Sunrise:</i> 5:04AM	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49	Navami		
Creative Work	Siddha Yoga	Yama 1:21PM – 3:01PM	Dhriti Until 9:35PM	Muruga: Yellow			Devaloka Day		
Until 9:09PM		143483468 Rahu 8:23AM – 10:02AM	Balava Until 9:55AM Sun	Nataraja: Purple			Moon – Blue Chaitra•Panguni		
Then Routine Work - Marana Yoga		Sri Rama Navami	Navami* Until 12:23AM Sat						

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Portland, ME
Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 364		Vikarin 5121
Kataka Rasi: 21.55	Tithi 10	Gulika 3:01PM – 4:41PM	Ashlesha* Until 7:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	
		Yama 11:42AM – 1:21PM	Shula* Until 6:27PM	Muruga: Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 1
	243483468	Rahu 4:41PM – 6:21PM	Taitila Until 9:55AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:37PM	Moon – Blue		Sivaloka Day
Until 7:19PM		Tamil New Year		Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Portland, ME
Magha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 1		Vikarin 5121
Simha Rasi: 6.22	Tithi 11 – 12	Gulika 1:21PM – 3:02PM	Magha* Until 5:27PM	Ganesha: White	<i>Sunrise:</i> 5:01AM	
Family Home Evening		Yama 10:01AM – 11:41AM	Ganda* Until 3:05PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 1
	253483468	Rahu 6:41AM – 8:21AM	Vanija Until 7:16AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 5:50PM	Moon – Red		Devaloka Day
Until 5:27PM				Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Portland, ME
Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 2		Vikarin 5121
Simha Rasi: 20.59	Tithi 12 – 13	Gulika 11:41AM – 1:22PM	Purvaphalguni Until 3:16PM	Ganesha: White	<i>Sunrise:</i> 4:59AM	
		Yama 8:20AM – 10:01AM	Vridhhi Until 11:33AM	Muruga: Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 1
	253483468	Rahu 3:02PM – 4:43PM	Balava Until 2:52PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:52PM	Moon – Red		Devaloka Day
Until 3:16PM				Chaitra•Chaitra		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Portland, ME
Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 3		Vikarin 5121
Kanya Rasi: 5.41	Tithi 13 – 14	Gulika 10:00AM – 11:41AM	Uttaraphalguni Until 12:53PM	Ganesha: White	<i>Sunrise:</i> 4:57AM	
		Yama 6:38AM – 8:19AM	Dhruva Until 7:56AM	Muruga: Yellow	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 1
	253483468	Rahu 11:41AM – 1:22PM	Gara Until 10:22PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 11:50AM	Moon – Red		Devaloka Day
Until 12:53PM				Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

○ Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Portland, ME
Copper Retreat Star		Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 4
Kanya Rasi: 20.22	Tithi 14 – 15	Gulika 8:18AM – 9:59AM	Hasta Until 10:51AM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 4:56AM – 6:37AM	Harshana Until 12:59AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 1
	263483468	Rahu 1:22PM – 3:03PM	Visti Until 7:30PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 8:53AM	Moon – Green		Sivaloka Day
Until 10:51AM		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Portland, ME
Silver Retreat Star		Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 5
Tula Rasi: 4.53	Tithi 15 – 16	Gulika 6:36AM – 8:17AM	Chitra Until 8:56AM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Vikarin 5121
		Yama 3:03PM – 4:45PM	Vajra* Until 9:51PM	Muruga: Yellow	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 1
	263483468	Rahu 9:59AM – 11:40AM	Kaulava Until 3:49AM Sat	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:09AM	Moon – Green		Sivaloka Day
				Chaitra•Chaitra		