



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
/Anuradha Nakshatra Variyan Yoga Tailila/Vanija Karana Dvitiyayam Titau

/Inneapolis/St. Paul, MN

Sutra 16

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 4.1 Tiithi 17

273832369

**Gulika** 12:10PM – 1:57PM  
**Yama** 8:37AM – 10:23AM  
**Rahu** 3:43PM – 5:30PM

**Until 8:09PM**  
Variyan Until 6:05AM Wed  
Tailila Until 8:49AM Wed

**Ganesha:** Purple *Sunrise:* 5:02AM  
**Muruga:** White *Sunset:* 7:17PM  
**Nataraja:** Purple  
Moon – Orange

**Vaisaka-Chaitra**

**Bhuloka Day**

Creative Work Siddha Yoga  
Until 8:09PM  
Then Routine Work - Marana Yoga

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Bava Karana Tritiyayam Titau

/Inneapolis/St. Paul, MN

Sun 1 Sutra 17

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 16.37 Tiithi 18

273832369

**Gulika** 10:23AM – 12:10PM  
**Yama** 6:49AM – 8:36AM  
**Rahu** 12:10PM – 1:57PM

**Anuradha Until 11:30PM Thu**  
Parigha\* Until 6:05AM  
Vanija Until 9:00AM Thu

**Ganesha:** Purple *Sunrise:* 5:02AM  
**Muruga:** White *Sunset:* 7:18PM  
**Nataraja:** Purple  
Moon – Orange

**Vaisaka-Chaitra**

**Bhuloka Day**

Creative Work Siddha Yoga

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Mula\* Nakshatra Shiva Yoga Bava/Kaulava Karana Chaturthyam Titau

/Inneapolis/St. Paul, MN

Sun 2 Sutra 18

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Vrischika Rasi: 28.49 Tiithi 19

274832369

**Gulika** 8:35AM – 10:22AM  
**Yama** 5:00AM – 6:48AM  
**Rahu** 1:57PM – 3:45PM

**Anuradha Until 11:30PM**  
Shiva Until 8:08AM  
Bava Until 12:39AM Fri

**Ganesha:** Clear *Sunrise:* 5:00AM  
**Muruga:** White *Sunset:* 7:19PM  
**Nataraja:** Purple  
Moon – Orange

**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Routine Work Prabalarishta Yoga  
Until 11:30PM  
Then Creative Work - Siddha Yoga

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Gara Karana Panchamyam Titau

/Inneapolis/St. Paul, MN

Sun 3 Sutra 19

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 10.5 Tiithi 20

284832369

**Gulika** 6:47AM – 8:34AM  
**Yama** 3:45PM – 5:33PM  
**Rahu** 10:22AM – 12:10PM

**Jyeshtha\* Until 1:50AM Sat**  
Siddha Until 10:59AM  
Kaulava Until 14:67AM Sat

**Ganesha:** White *Sunrise:* 4:59AM  
**Muruga:** White *Sunset:* 7:21PM  
**Nataraja:** Purple  
Moon – Light Blue

**Vaisaka-Chaitra**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 1:50AM Sat  
Then Creative Work - Siddha Yoga

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Visti\* Karana Shashthyam Titau

/Inneapolis/St. Paul, MN

Sun 4 Sutra 20

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Dhanus Rasi: 22.44 Tiithi 21

284832369

**Gulika** 4:57AM – 6:46AM  
**Yama** 1:58PM – 3:46PM  
**Rahu** 8:34AM – 10:22AM

**Mula\* Until 4:23AM Sun**  
Sadhya Until 1:59PM  
Gara Until 17:42AM Sun

**Ganesha:** White *Sunrise:* 4:57AM  
**Muruga:** White *Sunset:* 7:22PM  
**Nataraja:** Purple  
Moon – Light Blue

**Vaisaka-Chaitra**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 4:23AM Sun  
Then Creative Work - Amrita Yoga

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Shravana Nakshatra Subha Yoga Visti\*/Balava Karana Saptamyam Titau

/Inneapolis/St. Paul, MN

Sun 5 Sutra 21

Vilamba 5120

Moon 4 - Phase 3

1st Phase

Makara Rasi: 4.32 Tiithi 22

284832369

**Gulika** 3:46PM – 5:35PM  
**Yama** 12:10PM – 1:58PM  
**Rahu** 5:35PM – 7:23PM

**Purvashadha\* Until 6:56AM Mon**  
Subha Until 4:55PM  
Visti Until 19:68AM Mon

**Ganesha:** White *Sunrise:* 4:56AM  
**Muruga:** White *Sunset:* 7:23PM  
**Nataraja:** Purple  
Moon – Light Blue

**Vaisaka-Chaitra**

**Devaloka Day**

Creative Work Amrita Yoga

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

/Inneapolis/St. Paul, MN

Sun 6 Sutra 22

Vilamba 5120

Moon 4 - Phase 3

Ashtami

Makara Rasi: 16.21 Tiithi 22 – 23

294832369

**Gulika** 1:58PM – 3:47PM  
**Yama** 10:21AM – 12:09PM  
**Rahu** 6:43AM – 8:32AM

**Uttarashadha Until 6:56AM**  
Sukla Until 8:04PM  
Balava Until 7:68PM

**Ganesha:** Yellow *Sunrise:* 4:55AM  
**Muruga:** White *Sunset:* 7:24PM  
**Nataraja:** Purple  
Moon – Purple

**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga  
Until 6:56AM  
Then Creative Work - Siddha Yoga

**Chidambaram Abhishekam**

**Saptami Until 1:22AM Mon**

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

/Inneapolis/St. Paul, MN

Sun 7 Sutra 23

Vilamba 5120

Moon 4 - Phase 3

Navami

Makara Rasi: 28.16 Tiithi 23 – 24

294832369

**Gulika** 12:09PM – 1:58PM  
**Yama** 8:31AM – 10:20AM  
**Rahu** 3:47PM – 5:36PM

**Shravana Until 9:12AM**  
Brahma Until 10:40PM  
Gara Until 9:70PM

**Ganesha:** Yellow *Sunrise:* 4:53AM  
**Muruga:** White *Sunset:* 7:25PM  
**Nataraja:** Purple  
Moon – Purple

**Vaisaka-Chaitra**

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga  
Until 9:12AM  
Then Routine Work - Marana Yoga

**Ashtami\* Until 2:14AM Tue**

|                    |  |                               |  |                          |  |   |  |                             |  |
|--------------------|--|-------------------------------|--|--------------------------|--|---|--|-----------------------------|--|
| <b>1</b>           |  | <b>Wednesday, May 9, 2018</b> |  |                          |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam |  | /Inneapolis/St. Paul, MN    |  |
| Kumbha Rasi: 10.23 |  | Tithi 24 – 25                 |  | 294832369                |  | Dhanishtha/Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashmyam Titau           |  | Sun 8 Sutra 24              |  |
| Creative Work      |  | Siddha Yoga                   |  | Until 10:57AM            |  | Then Creative Work - Amrita Yoga  |  | Vilamba 5120                |  |
|                    |  | Gulika 10:20AM – 12:09PM      |  | Dhanishtha Until 10:57AM |  | Ganesh: Yellow Sunrise: 4:52AM  |  | Moon 4 - Phase 4            |  |
|                    |  | Yama 6:41AM – 8:31AM          |  | Indra Until 12:30AM Thu  |  | Muruga: White Sunset: 7:27PM  |  | 2nd Phase                   |  |
|                    |  | Rahu 12:09PM – 1:59PM         |  | Vanija Until 11:35PM     |  | Nataraja: Purple  |  | Moon – Purple               |  |
|                    |  |                               |  | Navami* Until 2:46AM Wed |  | Vaisaka-Chaitra   |  | <b>Bhuloka Day</b>          |  |
|                    |  |                               |  |                          |  |   |  | Devaloka Time: 9:AM to12:PM |  |

|                    |  |                               |  |                             |  |  |  |                             |  |
|--------------------|--|-------------------------------|--|-----------------------------|--|--|--|-----------------------------|--|
| <b>2</b>           |  | <b>Thursday, May 10, 2018</b> |  |                             |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam       |  | /Inneapolis/St. Paul, MN    |  |
| Kumbha Rasi: 22.46 |  | Tithi 25 – 26                 |  | 214832369                   |  | Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau |  | Sun 9 Sutra 25              |  |
| Creative Work      |  | Siddha Yoga                   |  | Until 10:57AM               |  | Then Creative Work - Amrita Yoga   |  | Vilamba 5120                |  |
|                    |  | Gulika 8:30AM – 10:20AM       |  | Shatabhishak Until 12:00PM  |  | Ganesh: Yellow Sunrise: 4:51AM   |  | Moon 4 - Phase 4            |  |
|                    |  | Yama 4:51AM – 6:40AM          |  | Vaidhriti* Until 1:55AM Fri |  | Muruga: White Sunset: 7:28PM   |  | 2nd Phase                   |  |
|                    |  | Rahu 1:59PM – 3:49PM          |  | Bava Until 12:14AM Fri      |  | Nataraja: Purple   |  | Moon – Clear                |  |
|                    |  |                               |  | Dashami Until 2:49AM Thu    |  | Vaisaka-Chaitra  |  | <b>Bhuloka Day</b>          |  |
|                    |  |                               |  |                             |  |  |  | Devaloka Time: 9:AM to12:PM |  |

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|------------------|--|-----------------------------|--|---------------------------------|--|---|--|-----------------------------|--|
| <b>3</b>         |  | <b>Friday, May 11, 2018</b> |  |                                 |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam |  | /Inneapolis/St. Paul, MN    |  |
| Meena Rasi: 5.31 |  | Tithi 26 – 27               |  | 214932369                       |  | Purvaproshtapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau    |  | Sun 10 Sutra 26             |  |
| Creative Work    |  | Siddha Yoga                 |  | Until 10:57AM                   |  | Then Creative Work - Amrita Yoga  |  | Vilamba 5120                |  |
|                  |  | Gulika 6:40AM – 8:29AM      |  | Purvaproshtapada* Until 12:14PM |  | Ganesh: Blue Sunrise: 4:50AM  |  | Moon 4 - Phase 4            |  |
|                  |  | Yama 3:49PM – 5:39PM        |  | Vishkambha* Until 2:22AM Sat    |  | Muruga: White Sunset: 7:29PM  |  | 2nd Phase                   |  |
|                  |  | Rahu 10:19AM – 12:09PM      |  | Kaulava Until 11:63PM           |  | Nataraja: Purple  |  | Moon – Clear                |  |
|                  |  |                             |  | Ekadashi* Until 2:14AM Fri      |  | Vaisaka-Chaitra   |  | <b>Bhuloka Day</b>          |  |
|                  |  |                             |  |                                 |  |   |  | Devaloka Time: 9:AM to12:PM |  |

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|-------------------|--|-------------------------------|--|---------------------------------|--|---|--|--------------------------|--|
| <b>4</b>          |  | <b>Saturday, May 12, 2018</b> |  |                                 |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam |  | /Inneapolis/St. Paul, MN |  |
| Meena Rasi: 18.41 |  | Tithi 27 – 28                 |  | 214932369                       |  | Uttaraproshtapada/Revati Nakshatra Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau   |  | Sun 11 Sutra 27          |  |
| Routine Work      |  | Prabalarishta Yoga            |  | Until 11:39AM                   |  | Then Creative Work - Siddha Yoga  |  | Vilamba 5120             |  |
|                   |  | Gulika 4:48AM – 6:39AM        |  | Uttaraproshtapada Until 11:39AM |  | Ganesh: Blue Sunrise: 4:48AM  |  | Moon 4 - Phase 4         |  |
|                   |  | Yama 1:59PM – 3:50PM          |  | Priti Until 1:53AM Sun          |  | Muruga: White Sunset: 7:30PM  |  | 2nd Phase                |  |
|                   |  | Rahu 8:29AM – 10:19AM         |  | Gara Until 10:65PM              |  | Nataraja: Purple  |  | Moon – Clear             |  |
|                   |  |                               |  | Dvadashi* Until 1:01AM Sat      |  | Vaisaka-Chaitra   |  | <b>Bhuloka Day</b>       |  |
|                   |  |                               |  |                                 |  |   |  | Pradosha Vrata (Fasting) |  |

|                  |  |                             |  |                           |  |   |  |                             |  |
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| <b>5</b>         |  | <b>Sunday, May 13, 2018</b> |  |                           |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam |  | /Inneapolis/St. Paul, MN    |  |
| Mesha Rasi: 2.16 |  | Tithi 28 – 29               |  | 224932369                 |  | Revati/Ashvini Nakshatra Ayushman Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau      |  | Sun 12 Sutra 28             |  |
| Creative Work    |  | Siddha Yoga                 |  | Until 10:18AM             |  | Then Routine Work - Prabalarishta Yoga  |  | Vilamba 5120                |  |
|                  |  | Gulika 3:50PM – 5:41PM      |  | Revati Until 10:18AM      |  | Ganesh: Blue Sunrise: 4:47AM  |  | Moon 4 - Phase 4            |  |
|                  |  | Yama 12:09PM – 2:00PM       |  | Ayushman Until 1:01AM Mon |  | Muruga: White Sunset: 7:31PM  |  | 2nd Phase                   |  |
|                  |  | Rahu 5:41PM – 7:31PM        |  | Visli Until 9:24PM        |  | Nataraja: Purple  |  | Moon – White                |  |
|                  |  | Mother's Day                |  | Trayodashi* Until 11:10PM |  | Vaisaka-Chaitra   |  | <b>Bhuloka Day</b>          |  |
|                  |  |                             |  |                           |  |   |  | Devaloka Time: 9:AM to12:PM |  |

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| <b>Monday, May 14, 2018</b> |  | <b>Retreat Star</b>    |  |                           |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam       |  | /Inneapolis/St. Paul, MN        |  |
| Mesha Rasi: 16.15           |  | Tithi 29 – 30          |  | 224932369                 |  | Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  | Sun 13 Sutra 29                 |  |
| Family Home Evening         |  | Creative Work          |  | Siddha Yoga               |  | Until 8:20AM   |  | Then Routine Work - Marana Yoga |  |
|                             |  | Gulika 2:00PM – 3:51PM |  | Ashvini Until 8:20AM      |  | Ganesh: Blue Sunrise: 4:46AM   |  | Vilamba 5120                    |  |
|                             |  | Yama 10:18AM – 12:09PM |  | Saubhagya Until 11:28PM   |  | Muruga: White Sunset: 7:32PM   |  | Moon 4 - Phase 4                |  |
|                             |  | Rahu 6:37AM – 8:28AM   |  | Catuspada Until 6:69PM    |  | Nataraja: Purple   |  | Moon – White                    |  |
|                             |  |                        |  | Chaturdashi* Until 8:45PM |  | Vaisaka-Vaikasi  |  | <b>Bhuloka Day</b>              |  |
|                             |  |                        |  |                           |  |  |  | Devaloka Time: 9:AM to12:PM     |  |

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| <b>Tuesday, May 15, 2018</b> |  | <b>Retreat Star</b>     |  |                             |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam |  | /Inneapolis/St. Paul, MN    |  |
| Vrishabha Rasi: 0.35         |  | Tithi 1                 |  | 225932369                   |  | Bharani/Krittika Nakshatra Sobhana/Ahiganda* Yoga Kintughna*/Balava Karana Prathamayam Titau        |  | Sun 14 Sutra 30             |  |
| Creative Work                |  | Siddha Yoga             |  | Until 10:57AM               |  | Then Creative Work - Amrita Yoga  |  | Vilamba 5120                |  |
|                              |  | Gulika 12:09PM – 2:00PM |  | Bharani Until 3:01AM Wed    |  | Ganesh: Red Sunrise: 4:45AM   |  | Moon 4 - Phase 4            |  |
|                              |  | Yama 8:27AM – 10:18AM   |  | Sobhana Until 9:22PM        |  | Muruga: White Sunset: 7:33PM  |  | Prathama                    |  |
|                              |  | Rahu 3:51PM – 5:42PM    |  | Kintughna Until 13:33AM Wed |  | Nataraja: Purple  |  | Moon – White                |  |
|                              |  |                         |  | Prathama* Until 14:37AM Tue |  | Jyeshtha Adhika-Vaikasi   |  | <b>Bhuloka Day</b>          |  |
|                              |  |                         |  |                             |  |   |  | Devaloka Time: 9:AM to12:PM |  |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

|                                 |             |  |                                   |   |   |
|---------------------------------|-------------|--|-----------------------------------|---|---|
| <b>1</b>                        |             | <b>Wednesday, May 16, 2018</b>         |                                   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Dvitiyayam Titau | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 31 |
| Vrishabha Rasi: 15.1            | Tithi 2     | <b>Gulika</b> 10:18AM – 12:09PM        | <b>Krittika Until 12:01AM Thu</b> | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 4:44AM  | Vilamba 5120                                |
|                                 |             | Yama 6:35AM – 8:27AM                   | Athiganda* Until 7:20PM           | <b>Muruga:</b> White <i>Sunset:</i> 7:35PM  | Moon 4 - Phase 5                            |
|                                 |             | 235932369 <b>Rahu</b> 12:09PM – 2:01PM | Balava Until 10:30AM Thu          | <b>Nataraja:</b> Purple   | 3rd Phase                                   |
| Creative Work                   | Siddha Yoga |  | <b>Dvitiya Until 11:08AM Wed</b>  | Moon – Yellow   | <b>Bhuloka Day</b>                          |
| Until 12:01AM Thu               |             |  |                                   | <b>Jyeshtha Adhika-Vaikasi</b>  | Devaloka Time: 9:AM to 12:PM                |
| Then Routine Work - Marana Yoga |             |  |                                   |   |   |

|                       |             |                                       |                                 |   |   |
|-----------------------|-------------|---------------------------------------|---------------------------------|---|---|
| <b>2</b>              |             | <b>Thursday, May 17, 2018</b>         |                                 | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini/Ardra Nakshatra Sukarma/Dhriti Yoga Taitila/Vanija Karana Tritiyayam Titau | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 32 |
| Vrishabha Rasi: 29.52 | Tithi 3     | <b>Gulika</b> 8:26AM – 10:18AM        | <b>Rohini Until 8:58PM</b>      | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 4:43AM  | Vilamba 5120                                |
|                       |             | Yama 4:43AM – 6:34AM                  | Sukarma Until 5:05PM            | <b>Muruga:</b> White <i>Sunset:</i> 7:36PM  | Moon 4 - Phase 5                            |
|                       |             | 235932369 <b>Rahu</b> 2:01PM – 3:52PM | Taitila Until 7:29AM Fri        | <b>Nataraja:</b> Purple   | 3rd Phase                                   |
| Routine Work          | Marana Yoga |                                       | <b>Tritiya Until 7:34AM Thu</b> | Moon – Yellow   | <b>Bhuloka Day</b>                          |
|                       |             |                                       |                                 | <b>Jyeshtha Adhika-Vaikasi</b>  | Devaloka Time: 9:AM to 12:PM                |

|                     |             |   |                                    |  |   |
|---------------------|-------------|---|------------------------------------|--|---|
| <b>3</b>            |             | <b>Friday, May 18, 2018</b>             |                                    | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Bava Karana Chaturthiyam Titau | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 33 |
| Mithuna Rasi: 14.34 | Tithi 4     | <b>Gulika</b> 6:34AM – 8:26AM           | <b>Ardra Until 3:15PM Sat</b>      | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 4:42AM   | Vilamba 5120                                |
|                     |             | Yama 3:53PM – 5:45PM                    | Shula* Until 2:46PM                | <b>Muruga:</b> White <i>Sunset:</i> 7:37PM   | Moon 4 - Phase 5                            |
|                     |             | 235932369 <b>Rahu</b> 10:17AM – 12:09PM | Vanija Until 4:37AM Sat            | <b>Nataraja:</b> Purple  | 3rd Phase                                   |
| Creative Work       | Siddha Yoga |   | <b>Chaturthi* Until 4:00AM Fri</b> | Moon – Yellow  | <b>Bhuloka Day</b>                          |
|                     |             |   |                                    | <b>Jyeshtha Adhika-Vaikasi</b>   | Devaloka Time: 9:AM to 12:PM                |

|                     |             |  |                                   |  |   |
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| <b>4</b>            |             | <b>Saturday, May 19, 2018</b>          |                                   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 34 |
| Mithuna Rasi: 29.09 | Tithi 5 – 6 | <b>Gulika</b> 4:41AM – 6:33AM          | <b>Ardra Until 3:15PM</b>         | <b>Ganesh:</b> White <i>Sunrise:</i> 4:41AM  | Vilamba 5120                                |
|                     |             | Yama 2:01PM – 3:54PM                   | Ganda* Until 12:55PM              | <b>Muruga:</b> White <i>Sunset:</i> 7:38PM   | Moon 4 - Phase 5                            |
|                     |             | 245932369 <b>Rahu</b> 8:25AM – 10:17AM | Kaulava Until 2:00AM Sun          | <b>Nataraja:</b> Purple  | 3rd Phase                                   |
| Creative Work       | Siddha Yoga |  | <b>Panchami Until 12:32AM Sat</b> | Moon – Blue  | <b>Devaloka Day</b>                         |
|                     |             |  |                                   | <b>Jyeshtha Adhika-Vaikasi</b>   |   |

|                    |             |                                       |                                |  |   |
|--------------------|-------------|---------------------------------------|--------------------------------|--|---|
| <b>5</b>           |             | <b>Sunday, May 20, 2018</b>           |                                | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 35 |
| Kataka Rasi: 13.34 | Tithi 6 – 7 | <b>Gulika</b> 3:54PM – 5:47PM         | <b>Punarvasu Until 12:48PM</b> | <b>Ganesh:</b> White <i>Sunrise:</i> 4:40AM  | Vilamba 5120                                |
|                    |             | Yama 12:09PM – 2:02PM                 | Vriddhi Until 11:13AM          | <b>Muruga:</b> White <i>Sunset:</i> 7:39PM   | Moon 4 - Phase 5                            |
|                    |             | 245932369 <b>Rahu</b> 5:47PM – 7:39PM | Gara Until 11:43PM             | <b>Nataraja:</b> Purple  | 3rd Phase                                   |
| Creative Work      | Siddha Yoga |                                       | <b>Shashthi* Until 9:16PM</b>  | Moon – Blue  | <b>Devaloka Day</b>                         |
|                    |             |                                       |                                | <b>Jyeshtha Adhika-Vaikasi</b>   |   |

|                                 |             |                                       |                             |  |   |
|---------------------------------|-------------|---------------------------------------|-----------------------------|--|---|
| <b>Monday, May 21, 2018</b>     |             | <b>Retreat Star</b>                   |                             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Pushya/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 36 |
| Kataka Rasi: 27.43              | Tithi 7 – 8 | <b>Gulika</b> 2:02PM – 3:55PM         | <b>Pushya Until 10:42AM</b> | <b>Ganesh:</b> White <i>Sunrise:</i> 4:39AM  | Vilamba 5120                                |
| <b>Family Home Evening</b>      |             | Yama 10:17AM – 12:09PM                | Dhruva Until 9:44AM         | <b>Muruga:</b> White <i>Sunset:</i> 7:40PM   | Moon 4 - Phase 5                            |
| Creative Work                   | Siddha Yoga | 245932369 <b>Rahu</b> 6:31AM – 8:24AM | Visti Until 9:49PM          | <b>Nataraja:</b> Purple  | Ashtami                                     |
| Until 10:42AM                   |             |                                       | <b>Saptami Until 6:17PM</b> | Moon – Blue  | <b>Devaloka Day</b>                         |
| Then Routine Work - Marana Yoga |             |                                       |                             | <b>Jyeshtha Adhika-Vaikasi</b>   |   |

|                              |             |                                       |                                   |  |   |
|------------------------------|-------------|---------------------------------------|-----------------------------------|--|---|
| <b>Tuesday, May 22, 2018</b> |             | <b>Retreat Star</b>                   |                                   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashlesha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 37 |
| Simha Rasi: 11.38            | Tithi 8 – 9 | <b>Gulika</b> 12:09PM – 2:02PM        | <b>Ashlesha* Until 9:00AM</b>     | <b>Ganesh:</b> Clear <i>Sunrise:</i> 4:38AM  | Vilamba 5120                                |
|                              |             | Yama 8:24AM – 10:17AM                 | Vyaghata* Until 8:55AM            | <b>Muruga:</b> White <i>Sunset:</i> 7:41PM   | Moon 4 - Phase 5                            |
|                              |             | 255932369 <b>Rahu</b> 3:55PM – 5:48PM | Balava Until 8:19PM               | <b>Nataraja:</b> Purple  | Navami                                      |
| Creative Work                | Siddha Yoga |                                       | <b>Ashtami* Until 13:13AM Tue</b> | Moon – Red   | <b>Bhuloka Day</b>                          |
|                              |             |                                       |                                   | <b>Jyeshtha Adhika-Vaikasi</b>   | Devaloka Time: 9:AM to 12:PM                |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

|                                  |              |   |                                  |                                |                        |   |  |
|----------------------------------|--------------|---|----------------------------------|--------------------------------|------------------------|---|--|
| <b>1</b> Wednesday, May 23, 2018 |              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Magha/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                  |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 38 |  |
| Simha Rasi: 25.19                | Tithi 9 – 10 | <b>Gulika</b> 10:16AM – 12:10PM   | <b>Magha* Until 7:42AM</b>       | <b>Ganesha:</b> Clear          | <i>Sunrise:</i> 4:37AM | Vilamba 5120                                |  |
|                                  |              | Yama 6:30AM – 8:23AM  | Harshana Until 8:23AM            | <b>Muruga:</b> White           | <i>Sunset:</i> 7:42PM  | Moon 4 - Phase 6                            |  |
|                                  |              | 255932369 <b>Rahu</b> 12:10PM – 2:03PM  | Taitila Until 6:73PM             | <b>Nataraja:</b> Purple        |                        | 4th Phase                                   |  |
| Creative Work                    | Amrita Yoga  |   | <b>Navami* Until 11:12AM Wed</b> | Moon – Red                     |                        | <b>Bhuloka Day</b>                          |  |
|                                  |              |   |                                  | <b>Jyeshtha Adhika-Vaikasi</b> |                        | Devaloka Time: 9:AM to 12:PM                |  |

|                                 |               |   |                                   |                                |                        |   |  |
|---------------------------------|---------------|---|-----------------------------------|--------------------------------|------------------------|---|--|
| <b>2</b> Thursday, May 24, 2018 |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                   |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 23 Sutra 39 |  |
| Kanya Rasi: 8.45                | Tithi 10 – 11 | <b>Gulika</b> 8:23AM – 10:16AM  | <b>Purvaphalguni Until 6:48AM</b> | <b>Ganesha:</b> Clear          | <i>Sunrise:</i> 4:36AM | Vilamba 5120                                |  |
|                                 |               | Yama 4:36AM – 6:30AM  | Vajra* Until 8:05AM               | <b>Muruga:</b> White           | <i>Sunset:</i> 7:43PM  | Moon 4 - Phase 6                            |  |
|                                 |               | 255932369 <b>Rahu</b> 2:03PM – 3:56PM   | Vanija Until 5:91PM               | <b>Nataraja:</b> Purple        |                        | 4th Phase                                   |  |
|                                 | Amrita Yoga   |   | <b>Dashami Until 9:28AM Thu</b>   | Moon – Red                     |                        | <b>Bhuloka Day</b>                          |  |
| Until 6:48AM                    |               |   |                                   | <b>Jyeshtha Adhika-Vaikasi</b> |                        | Devaloka Time: 9:AM to 12:PM                |  |
| Then Routine Work - Marana Yoga |               |   |                                   |                                |                        |   |  |

|                                  |               |   |                                    |                                |                        |   |  |
|----------------------------------|---------------|---|------------------------------------|--------------------------------|------------------------|---|--|
| <b>3</b> Friday, May 25, 2018    |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                    |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 24 Sutra 40 |  |
| Kanya Rasi: 21.59                | Tithi 11 – 12 | <b>Gulika</b> 6:29AM – 8:23AM   | <b>Uttaraphalguni Until 6:18AM</b> | <b>Ganesha:</b> Purple         | <i>Sunrise:</i> 4:35AM | Vilamba 5120                                |  |
|                                  |               | Yama 3:57PM – 5:50PM  | Siddhi Until 8:28AM                | <b>Muruga:</b> White           | <i>Sunset:</i> 7:44PM  | Moon 4 - Phase 6                            |  |
|                                  |               | 366932369 <b>Rahu</b> 10:16AM – 12:10PM   | Bava Until 5:72PM                  | <b>Nataraja:</b> Purple        |                        | 4th Phase                                   |  |
| Creative Work                    | Amrita Yoga   |   | <b>Ekadashi Until 8:04AM Fri</b>   | Moon – Green                   |                        | <b>Bhuloka Day</b>                          |  |
| Until 6:18AM                     |               |   |                                    | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |  |
| Then Creative Work - Siddha Yoga |               |   |                                    |                                |                        |   |  |

|                                  |               |   |                                  |                                |                        |   |  |
|----------------------------------|---------------|---|----------------------------------|--------------------------------|------------------------|---|--|
| <b>4</b> Saturday, May 26, 2018  |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Hasta/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                  |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 25 Sutra 41 |  |
| Tula Rasi: 5                     | Tithi 12 – 13 | <b>Gulika</b> 4:35AM – 6:28AM   | <b>Hasta Until 6:11AM</b>        | <b>Ganesha:</b> Purple         | <i>Sunrise:</i> 4:35AM | Vilamba 5120                                |  |
|                                  |               | Yama 2:04PM – 3:57PM  | Vyatipata* Until 9:05AM          | <b>Muruga:</b> White           | <i>Sunset:</i> 7:45PM  | Moon 4 - Phase 6                            |  |
|                                  |               | 366932369 <b>Rahu</b> 8:22AM – 10:16AM  | Kaulava Until 6:17PM             | <b>Nataraja:</b> Purple        |                        | 4th Phase                                   |  |
| Routine Work                     | Marana Yoga   |   | <b>Dvadashi Until 6:59AM Sat</b> | Moon – Green                   |                        | <b>Bhuloka Day</b>                          |  |
| Until 6:11AM                     |               |   |                                  | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |  |
| Then Creative Work - Siddha Yoga |               |   | <i>Pradosha Vrata</i>            |                                |                        |   |  |

|                                 |               |  |                                    |                                |                        |   |  |
|---------------------------------|---------------|--|------------------------------------|--------------------------------|------------------------|---|--|
| <b>5</b> Sunday, May 27, 2018   |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau |                                    |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 26 Sutra 42 |  |
| Tula Rasi: 17.49                | Tithi 13 – 14 | <b>Gulika</b> 3:58PM – 5:52PM  | <b>Chitra Until 6:27AM</b>         | <b>Ganesha:</b> Purple         | <i>Sunrise:</i> 4:34AM | Vilamba 5120                                |  |
|                                 |               | Yama 12:10PM – 2:04PM  | Variyan Until 9:56AM               | <b>Muruga:</b> White           | <i>Sunset:</i> 7:46PM  | Moon 4 - Phase 6                            |  |
|                                 |               | 366932369 <b>Rahu</b> 5:52PM – 7:46PM  | Vanija Until 6:46PM                | <b>Nataraja:</b> Purple        |                        | 4th Phase                                   |  |
| Creative Work                   | Siddha Yoga   |  | <b>Trayodashi Until 6:11AM Sun</b> | Moon – Green                   |                        | <b>Bhuloka Day</b>                          |  |
| Until 6:27AM                    |               |  |                                    | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |  |
| Then Routine Work - Marana Yoga |               |  |                                    |                                |                        |   |  |

|   |               |  |                                      |                                |                        |   |  |
|---|---------------|--|--------------------------------------|--------------------------------|------------------------|---|--|
| <b>Monday, May 28, 2018</b><br><b>Copper Retreat Star</b> |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati/Anuradha Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                      |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 27 Sutra 43 |  |
| Vrischika Rasi: 0.27                                      | Tithi 14 – 15 | <b>Gulika</b> 2:04PM – 3:58PM  | <b>Svati Until 7:09AM</b>            | <b>Ganesha:</b> Clear          | <i>Sunrise:</i> 4:33AM | Vilamba 5120                                |  |
| <b>Family Home Evening</b>                                |               | Yama 10:16AM – 12:10PM   | Shiva Until 11:30AM                  | <b>Muruga:</b> White           | <i>Sunset:</i> 7:47PM  | Moon 4 - Phase 6                            |  |
| Routine Work  | Marana Yoga   | 376932369 <b>Rahu</b> 6:27AM – 8:22AM  | Visti Until 7:41PM                   | <b>Nataraja:</b> Purple        |                        | Purnima                                     |  |
| Until 7:09AM  |               |  | <b>Chaturdashi* Until 5:44AM Mon</b> | Moon – Orange                  |                        | <b>Bhuloka Day</b>                          |  |
| Then Creative Work - Siddha Yoga                          |               | <b>Vaikasi Visakam</b>   |                                      | <b>Jyeshtha Adhika-Vaikasi</b> |                        | Devaloka Time: 6:AM to 9:AM                 |  |

|  |               |   |                                  |                                |                        |   |  |
|--|---------------|---|----------------------------------|--------------------------------|------------------------|---|--|
| <b>Tuesday, May 29, 2018</b><br><b>Silver Retreat Star</b> |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Vishakha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                  |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 28 Sutra 44 |  |
| Vrischika Rasi: 12.53                                      | Tithi 15 – 16 | <b>Gulika</b> 12:10PM – 2:05PM  | <b>Vishakha Until 8:17AM</b>     | <b>Ganesha:</b> Clear          | <i>Sunrise:</i> 4:33AM | Vilamba 5120                                |  |
|  |               | Yama 8:21AM – 10:16AM   | Siddha Until 1:22PM              | <b>Muruga:</b> White           | <i>Sunset:</i> 7:48PM  | Moon 4 - Phase 6                            |  |
|  |               | 376932369 <b>Rahu</b> 3:59PM – 5:53PM   | Balava Until 8:63PM              | <b>Nataraja:</b> Purple        |                        | Prathama                                    |  |
| Creative Work  | Siddha Yoga   |   | <b>Purnima* Until 5:39AM Tue</b> | Moon – Orange                  |                        | <b>Bhuloka Day</b>                          |  |
| Until 8:17AM   |               |   |                                  | <b>Jyeshtha Adhika-Vaikasi</b> |                        | Devaloka Time: 6:AM to 9:AM                 |  |
| Then Routine Work - Marana Yoga                            |               |   |                                  |                                |                        |   |  |



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Mula\* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

/Minneapolis/St. Paul, MN

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 25.07 Tihti 16 - 17

376932369

Gulika 10:16AM - 12:10PM  
Yama 6:26AM - 8:21AM  
Rahu 12:10PM - 2:05PM

Anuradha Until 9:52AM  
Sadhya Until 6:19PM Thu  
Taitila Until 10:51PM  
Prathama\* Until 5:53AM Wed

Ganesha: Clear Sunrise: 4:32AM  
Muruga: White Sunset: 7:49PM  
Nataraja: Purple  
Moon - Orange  
Jyeshtha Adhika-Vaikasi

Bhuloka Day  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 9:52AM  
Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Sadhya/Subha Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

/Minneapolis/St. Paul, MN

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 7.11 Tihti 17 - 18

386932369

Gulika 8:21AM - 10:16AM  
Yama 4:31AM - 6:26AM  
Rahu 2:05PM - 4:00PM

Jyeshtha\* Until 11:53AM  
Sadhya Until 6:19PM  
Visti Until 24:62  
Dvitiya Until 6:27AM Thu

Ganesha: White Sunrise: 4:31AM  
Muruga: White Sunset: 7:50PM  
Nataraja: Purple  
Moon - Light Blue  
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

/Minneapolis/St. Paul, MN

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 19.07 Tihti 18 - 19

387932369

Gulika 6:26AM - 8:21AM  
Yama 4:00PM - 5:55PM  
Rahu 10:16AM - 12:11PM

Mula\* Until 2:13PM  
Subha Until 9:17PM  
Bava Until 3:30AM Sat  
Tritiya Until 7:18AM Fri

Ganesha: Yellow Sunrise: 4:31AM  
Muruga: White Sunset: 7:50PM  
Nataraja: Purple  
Moon - Light Blue  
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga  
Until 2:13PM  
Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

/Minneapolis/St. Paul, MN

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 0.56 Tihti 19 - 20

387932369

Gulika 4:30AM - 6:25AM  
Yama 2:06PM - 4:01PM  
Rahu 8:20AM - 10:16AM

Purvashadha\* Until 4:47PM  
Sukla Until 12:15AM Sun  
Kaulava Until 5:66AM Sun  
Chaturthi\* Until 8:20AM Sat

Ganesha: Yellow Sunrise: 4:30AM  
Muruga: White Sunset: 7:51PM  
Nataraja: Purple  
Moon - Light Blue  
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga  
Until 4:47PM  
Then Creative Work - Siddha Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Panchamyam Titau

/Minneapolis/St. Paul, MN

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 12.43 Tihti 20

397932369

Gulika 4:01PM - 5:57PM  
Yama 12:11PM - 2:06PM  
Rahu 5:57PM - 7:52PM

Uttarashadha Until 7:22PM  
Brahma Until 3:32AM Mon  
Kaulava Until 8:37AM Mon  
Panchami Until 9:27AM Sun

Ganesha: Blue Sunrise: 4:30AM  
Muruga: White Sunset: 7:52PM  
Nataraja: Purple  
Moon - Purple  
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga  
Until 7:22PM  
Then Routine Work - Marana Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Visti\* Karana Shashthyam Titau

/Minneapolis/St. Paul, MN

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 24.32 Tihti 21

397932369

Gulika 2:06PM - 4:02PM  
Yama 10:16AM - 12:11PM  
Rahu 6:25AM - 8:20AM

Shravana Until 9:46PM  
Indra Until 6:25AM Tue  
Gara Until 10:51AM Tue  
Shashthi\* Until 10:30AM Mon

Ganesha: Blue Sunrise: 4:29AM  
Muruga: White Sunset: 7:53PM  
Nataraja: Purple  
Moon - Purple  
Jyeshtha Adhika-Vaikasi

Devaloka Day

Family Home Evening  
Creative Work Siddha Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Balava Karana Saptamyam Titau

/Minneapolis/St. Paul, MN

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 6.27 Tihti 22

397132361

Gulika 12:11PM - 2:07PM  
Yama 8:20AM - 10:16AM  
Rahu 4:02PM - 5:58PM

Dhanishtha Until 1:08AM Thu Wed  
Vaidhriti\* Until 6:25AM  
Visti Until 12:33AM Wed  
Saptami Until 11:17AM Tue

Ganesha: Purple Sunrise: 4:29AM  
Muruga: White Sunset: 7:54PM  
Nataraja: White  
Moon - Purple  
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga  
Until 1:08AM Thu Wed  
Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Purvaprosnihapada\* Nakshatra Vishkambha\*/Priti Yoga Balava/Taitila Karana Ashtamyam Titau

/Minneapolis/St. Paul, MN

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 18.33 Tihti 23

397132361

Gulika 10:16AM - 12:11PM  
Yama 6:24AM - 8:20AM  
Rahu 12:11PM - 2:07PM

Dhanishtha Until 1:08AM Thu  
Vishkambha\* Until 8:39AM  
Balava Until 13:33AM Thu  
Ashtami\* Until 11:41AM Wed

Ganesha: Purple Sunrise: 4:28AM  
Muruga: White Sunset: 7:54PM  
Nataraja: White  
Moon - Purple  
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Uttaraprosnihapada Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Navamyam Titau

/Minneapolis/St. Paul, MN

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Meena Rasi: 0.56 Tihti 24

318132361

Gulika 8:20AM - 10:16AM  
Yama 4:28AM - 6:24AM  
Rahu 2:07PM - 4:03PM

Shatabhishak Until 1:44AM Fri  
Priti Until 10:33AM  
Taitila Until 13:44AM Fri  
Navami\* Until 11:33AM Thu

Ganesha: Red Sunrise: 4:28AM  
Muruga: White Sunset: 7:55PM  
Nataraja: White  
Moon - Clear  
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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|  |             |   |   |                                |                        |  |  |
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| <b>1 Friday, June 8, 2018</b>          |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada*/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Dashamyam Titau |   |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 9 Sutra 54 |  |
| Meena Rasi: 13.4                       | Tithi 25    | <b>Gulika</b> 6:24AM – 8:20AM   | <b>Purvaproshtapada* Until 1:29AM Sat</b> | <b>Ganesh:</b> Red             | <i>Sunrise:</i> 4:28AM | Vilamba 5120                               |  |
|  |             | Yama 4:04PM – 6:00PM  | Ayushman Until 11:31AM                    | <b>Muruga:</b> White           | <i>Sunset:</i> 7:56PM  | Moon 5 - Phase 8                           |  |
|  |             | 318132361 <b>Rahu</b> 10:16AM – 12:12PM   | Vanija Until 12:64AM Sat                  | <b>Nataraja:</b> White         |                        | 2nd Phase                                  |  |
| Creative Work                          | Siddha Yoga |   | <b>Dashami Until 10:45AM Fri</b>          | Moon – Clear                   |                        | <b>Bhuloka Day</b>                         |  |
| Until 1:29AM Sat                       |             |   |   | <b>Jyeshtha Adhika-Vaikasi</b> |                        | Devaloka Time: 6:AM to 9:AM                |  |
| Then Routine Work - Prabalarishta Yoga |             |   |   |                                |                        |  |  |

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| <b>2 Saturday, June 9, 2018</b>  |                    | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada*/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Ekadashyam Titau |  |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 10 Sutra 55 |  |
| Meena Rasi: 26.5                 | Tithi 26           | <b>Gulika</b> 4:28AM – 6:24AM  | <b>Uttaraproshtapada Until 12:25AM Sun</b> | <b>Ganesh:</b> Red             | <i>Sunrise:</i> 4:28AM | Vilamba 5120                                |  |
|                                  |                    | Yama 2:08PM – 4:04PM   | Saubhagya Until 11:29AM                    | <b>Muruga:</b> White           | <i>Sunset:</i> 7:56PM  | Moon 5 - Phase 8                            |  |
|                                  |                    | 318132361 <b>Rahu</b> 8:20AM – 10:16AM   | Bava Until 11:36AM Sun                     | <b>Nataraja:</b> White         |                        | 2nd Phase                                   |  |
| Routine Work                     | Prabalarishta Yoga |  | <b>Ekadashi* Until 9:18AM Sat</b>          | Moon – Clear                   |                        | <b>Bhuloka Day</b>                          |  |
| Until 12:25AM Sun                |                    |  |  | <b>Jyeshtha Adhika-Vaikasi</b> |                        | Devaloka Time: 6:AM to 9:AM                 |  |
| Then Creative Work - Siddha Yoga |                    |  |  |                                |                        |   |  |

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| <b>3 Sunday, June 10, 2018</b>         |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Gara Karana Dvadashyam Titau |                                   |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 11 Sutra 56 |  |
| Mesha Rasi: 10.27                      | Tithi 27    | <b>Gulika</b> 4:04PM – 6:01PM   | <b>Revati Until 10:34PM</b>       | <b>Ganesh:</b> Green           | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |  |
|  |             | Yama 12:12PM – 2:08PM   | Sobhana Until 10:58AM             | <b>Muruga:</b> White           | <i>Sunset:</i> 7:57PM  | Moon 5 - Phase 8                            |  |
|  |             | 328132361 <b>Rahu</b> 6:01PM – 7:57PM   | Kaulava Until 8:85AM Mon          | <b>Nataraja:</b> White         |                        | 2nd Phase                                   |  |
| Creative Work                          | Siddha Yoga |   | <b>Dvadashi* Until 7:13AM Sun</b> | Moon – White                   |                        | <b>Bhuloka Day</b>                          |  |
| Until 10:34PM                          |             |   |                                   | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |  |
| Then Routine Work - Prabalarishta Yoga |             |   |                                   |                                |                        |   |  |

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| <b>4 Monday, June 11, 2018</b>  |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashvini/Krittika Nakshatra Sukarma Yoga Gara/Visti* Karana Trayodashyam Titau |                                     |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 12 Sutra 57 |  |
| Mesha Rasi: 24.31               | Tithi 28    | <b>Gulika</b> 2:09PM – 4:05PM  | <b>Ashvini Until 8:05PM</b>         | <b>Ganesh:</b> Green           | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |  |
| <b>Family Home Evening</b>      |             | Yama 10:16AM – 12:12PM   | Sukarma Until 9:35AM                | <b>Muruga:</b> White           | <i>Sunset:</i> 7:57PM  | Moon 5 - Phase 8                            |  |
| Creative Work                   | Siddha Yoga | 328132361 <b>Rahu</b> 6:23AM – 8:20AM  | Gara Until 6:40AM Tue               | <b>Nataraja:</b> White         |                        | 2nd Phase                                   |  |
| Until 8:05PM                    |             |  | <b>Trayodashi* Until 4:30AM Mon</b> | Moon – White                   |                        | <b>Bhuloka Day</b>                          |  |
| Then Routine Work - Marana Yoga |             |  |                                     | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |  |
|                                 |             |  |                                     |                                |                        |   |  |

*Pradosha Vrata (Fasting)*

|                                  |               |   |                                      |                                |                        |   |  |
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| <b>5 Tuesday, June 12, 2018</b>  |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani/Rohini Nakshatra Dhriti Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                      |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 13 Sutra 58 |  |
| Vrishabha Rasi: 9                | Tithi 29 – 30 | <b>Gulika</b> 12:12PM – 2:09PM  | <b>Bharani Until 5:06PM</b>          | <b>Ganesh:</b> Green           | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |  |
|                                  |               | Yama 8:20AM – 10:16AM   | Dhriti Until 7:29AM                  | <b>Muruga:</b> White           | <i>Sunset:</i> 7:58PM  | Moon 5 - Phase 8                            |  |
|                                  |               | 328132361 <b>Rahu</b> 4:05PM – 6:02PM   | Visti Until 3:30AM Wed               | <b>Nataraja:</b> White         |                        | 2nd Phase                                   |  |
| Creative Work                    | Siddha Yoga   |   | <b>Chaturdashi* Until 1:18AM Tue</b> | Moon – White                   |                        | <b>Bhuloka Day</b>                          |  |
| Until 5:06PM                     |               |   |                                      | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |  |
| Then Creative Work - Amrita Yoga |               |   |                                      |                                |                        |   |  |

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| <b>Wednesday, June 13, 2018</b> |              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                               |                                |                        | /Inneapolis/St. Paul, MN<br>Sun 14 Sutra 59 |  |
| <b>Retreat Star</b>             |              | <b>Gulika</b> 10:16AM – 12:13PM   | <b>Krittika Until 1:47PM</b>  | <b>Ganesh:</b> White           | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |  |
| Vrishabha Rasi: 23.47           | Tithi 30 – 1 | Yama 6:23AM – 8:20AM  | Shula* Until 2:37AM Thu       | <b>Muruga:</b> White           | <i>Sunset:</i> 7:58PM  | Moon 5 - Phase 8                            |  |
|                                 |              | 338132361 <b>Rahu</b> 12:13PM – 2:09PM  | Kintughna Until 11:63PM       | <b>Nataraja:</b> White         |                        | Amavasya                                    |  |
| Creative Work                   | Siddha Yoga  |   | <b>Amavasya* Until 9:43PM</b> | Moon – Yellow                  |                        | <b>Bhuloka Day</b>                          |  |
|                                 |              |   |                               | <b>Jyeshtha Adhika-Vaikasi</b> |                        |   |  |

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| <b>Thursday, June 14, 2018</b>   |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                    |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 60 |  |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 8:20AM – 10:16AM  | <b>Mrigashira Until 10:16AM</b>    | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |  |
| Mithuna Rasi: 8.46               | Tithi 1 – 2 | Yama 4:27AM – 6:23AM  | Ganda* Until 11:46PM               | <b>Muruga:</b> White   | <i>Sunset:</i> 7:59PM  | Moon 5 - Phase 8                            |  |
|                                  |             | 339132361 <b>Rahu</b> 2:09PM – 4:06PM   | Balava Until 8:31PM                | <b>Nataraja:</b> White |                        | Prathama                                    |  |
| Routine Work                     | Marana Yoga |   | <b>Prathama* Until 13:53AM Thu</b> | Moon – Yellow          |                        | <b>Bhuloka Day</b>                          |  |
| Until 10:16AM                    |             |   |                                    | <b>Jyeshtha-Ani</b>    |                        | Devaloka Time: 9:AM to 12:PM                |  |
| Then Creative Work - Amrita Yoga |             |   |                                    |                        |                        |   |  |

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time

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| <b>1</b>                        | <b>Friday, June 15, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                           |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 61 |                              |
|                                 | Mithuna Rasi: 23.48          | Tithi 2 - 3 | <b>Gulika</b> 6:23AM - 8:20AM   | <b>Ardra</b> Until 6:44AM | <b>Ganesh:</b> Orange  | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |                              |
|                                 | Until 6:44AM                 |             | Yama 4:06PM - 6:03PM  | Vridhhi Until 9:16PM      | <b>Muruga:</b> White   | <i>Sunset:</i> 7:59PM  | Moon 5 - Phase 9                            |                              |
|                                 | Creative Work Siddha Yoga    |             | 349132361 <b>Rahu</b> 10:17AM - 12:13PM   | Taitila Until 4:62PM      | <b>Nataraja:</b> White |                        | 3rd Phase                                   |                              |
| Then Routine Work - Marana Yoga |                              |             | <b>Dvitiya</b> Until 9:56AM Fri   |                           | Moon - Blue            |                        | <b>Bhuloka Day</b>                          | Devaloka Time: 9:AM to 12:PM |
|                                 |                              |             |   |                           | <b>Jyeshtha-Ani</b>    |                        |   |                              |

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| <b>2</b>                        | <b>Saturday, June 16, 2018</b> |         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturthiyam Titau |                                    |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 62 |                              |
|                                 | Kataka Rasi: 8.44              | Tithi 4 | <b>Gulika</b> 4:27AM - 6:23AM  | <b>Punarvasu</b> Until 12:11AM Sun | <b>Ganesh:</b> Orange  | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |                              |
|                                 | Until 9:26PM                   |         | Yama 2:10PM - 4:07PM   | Dhruva Until 6:51PM                | <b>Muruga:</b> White   | <i>Sunset:</i> 8:00PM  | Moon 5 - Phase 9                            |                              |
|                                 | Creative Work Siddha Yoga      |         | 349132361 <b>Rahu</b> 8:20AM - 10:17AM   | Vanija Until 10:46AM Sun           | <b>Nataraja:</b> White |                        | 3rd Phase                                   |                              |
| Then Routine Work - Marana Yoga |                                |         | <b>Chaturthi*</b> Until 6:05AM Sat   |                                    | Moon - Blue            |                        | <b>Bhuloka Day</b>                          | Devaloka Time: 9:AM to 12:PM |
|                                 |                                |         |  |                                    | <b>Jyeshtha-Ani</b>    |                        |   |                              |

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| <b>3</b>                        | <b>Sunday, June 17, 2018</b> |         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Magha* Nakshatra Harshana Yoga Bava/Kaulava Karana Panchamyam Titau |                                  |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 63 |                              |
|                                 | Kataka Rasi: 23.27           | Tithi 5 | <b>Gulika</b> 4:07PM - 6:03PM  | <b>Pushya</b> Until 9:26PM       | <b>Ganesh:</b> Orange  | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |                              |
|                                 | Until 9:26PM                 |         | Yama 12:13PM - 2:10PM  | Harshana Until 4:40PM            | <b>Muruga:</b> White   | <i>Sunset:</i> 8:00PM  | Moon 5 - Phase 9                            |                              |
|                                 | Creative Work Siddha Yoga    |         | 349132361 <b>Rahu</b> 6:03PM - 8:00PM  | Bava Until 7:75AM Mon            | <b>Nataraja:</b> White |                        | 3rd Phase                                   |                              |
| Then Routine Work - Marana Yoga |                              |         | <b>Father's Day</b>  | <b>Panchami</b> Until 2:28AM Sun | Moon - Blue            |                        | <b>Bhuloka Day</b>                          | Devaloka Time: 9:AM to 12:PM |
|                                 |                              |         |  |                                  | <b>Jyeshtha-Ani</b>    |                        |   |                              |

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| <b>4</b>                         | <b>Monday, June 18, 2018</b> |         | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Gara Karana Shashthyam Titau |                               |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 64 |  |
|                                  | Simha Rasi: 7.52             | Tithi 6 | <b>Gulika</b> 2:10PM - 4:07PM   | <b>Ashlesha*</b> Until 7:09PM | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |  |
|                                  | <b>Family Home Evening</b>   |         | Yama 10:17AM - 12:14PM  | Vajra* Until 3:14PM           | <b>Muruga:</b> White   | <i>Sunset:</i> 8:00PM  | Moon 5 - Phase 9                            |  |
|                                  | Routine Work Marana Yoga     |         | 359132361 <b>Rahu</b> 6:24AM - 8:20AM   | Kaulava Until 6:15AM Tue      | <b>Nataraja:</b> White |                        | 3rd Phase                                   |  |
| Until 7:09PM                     |                              |         | <b>Shashthi*</b> Until 11:13PM  |                               | Moon - Red             |                        | <b>Devaloka Day</b>                         |  |
| Then Creative Work - Siddha Yoga |                              |         |   |                               | <b>Jyeshtha-Ani</b>    |                        |   |  |

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| <b>5</b>                         | <b>Tuesday, June 19, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau |                            |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 65 |  |
|                                  | Simha Rasi: 21.56             | Tithi 7 - 8 | <b>Gulika</b> 12:14PM - 2:11PM  | <b>Magha*</b> Until 5:27PM | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |  |
|                                  | Until 5:27PM                  |             | Yama 8:20AM - 10:17AM   | Siddhi Until 2:12PM        | <b>Muruga:</b> White   | <i>Sunset:</i> 8:01PM  | Moon 5 - Phase 9                            |  |
|                                  | Creative Work Siddha Yoga     |             | 359132361 <b>Rahu</b> 4:07PM - 6:04PM   | Gara Until 4:49AM Wed      | <b>Nataraja:</b> White |                        | 3rd Phase                                   |  |
| Then Creative Work - Amrita Yoga |                               |             | <b>Saptami</b> Until 8:20PM   |                            | Moon - Red             |                        | <b>Devaloka Day</b>                         |  |
|                                  |                               |             |   |                            | <b>Jyeshtha-Ani</b>    |                        |   |  |

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| <b>Retreat Star</b>             | <b>Wednesday, June 20, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Hasta Nakshatra Vyalipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                   |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 66 |  |
|                                 | Kanya Rasi: 5.38                | Tithi 8 - 9 | <b>Gulika</b> 10:17AM - 12:14PM   | <b>Purvaphalguni</b> Until 4:19PM | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |  |
|                                 | Until 4:19PM                    |             | Yama 6:24AM - 8:21AM  | Vyalipata* Until 1:36PM           | <b>Muruga:</b> White   | <i>Sunset:</i> 8:01PM  | Moon 5 - Phase 9                            |  |
|                                 | Creative Work Amrita Yoga       |             | 359132361 <b>Rahu</b> 12:14PM - 2:11PM  | Balava Until 4:00AM Thu           | <b>Nataraja:</b> White |                        | Ashtami                                     |  |
| Then Routine Work - Marana Yoga |                                 |             | <b>Ashtami*</b> Until 16:01AM Wed   |                                   | Moon - Red             |                        | <b>Devaloka Day</b>                         |  |
|                                 |                                 |             |   |                                   | <b>Jyeshtha-Ani</b>    |                        |   |  |

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| <b>Retreat Star</b>              | <b>Thursday, June 21, 2018</b> |              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Chitra Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                    |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 67 |                              |
|                                  | Kanya Rasi: 19                 | Tithi 9 - 10 | <b>Gulika</b> 8:21AM - 10:18AM  | <b>Uttaraphalguni</b> Until 3:47PM | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 4:27AM | Vilamba 5120                                |                              |
|                                  | Until 3:47PM                   |              | Yama 4:27AM - 6:24AM  | Varyan Until 1:54PM                | <b>Muruga:</b> White   | <i>Sunset:</i> 8:01PM  | Moon 5 - Phase 9                            |                              |
|                                  | Routine Work Marana Yoga       |              | 369132361 <b>Rahu</b> 2:11PM - 4:08PM   | Taitila Until 3:45AM Fri           | <b>Nataraja:</b> White |                        | Navami                                      |                              |
| Then Creative Work - Siddha Yoga |                                |              | <b>Chidambaram Abhishekam</b>   | <b>Navami*</b> Until 14:33AM Thu   | Moon - Green           |                        | <b>Bhuloka Day</b>                          | Devaloka Time: 9:AM to 12:PM |
|                                  |                                |              |   |                                    | <b>Jyeshtha-Ani</b>    |                        |   |                              |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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| <b>1 Friday, June 22, 2018</b>     |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |   |                        |                        | /Inneapolis/St. Paul, MN |  |
| Tula Rasi: 2.03      Tithi 10 – 11 |  | Hasta/Svati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau            |   |                        |                        | Sun 23      Sutra 68     |  |
| 361132361                          |  | <b>Gulika</b> 6:24AM – 8:21AM  | <b>Hasta</b> <b>Until 3:49PM</b>        | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:28AM | Vilamba 5120             |  |
| Creative Work    Siddha Yoga       |  | Yama 4:08PM – 6:05PM   | Parigha* Until 2:35PM                   | <b>Muruga:</b> White   | <i>Sunset:</i> 8:01PM  | Moon 5 - Phase 10        |  |
|                                    |  | <b>Rahu</b> 10:18AM – 12:15PM  | Vanija Until 3:63AM Sat                 | <b>Nataraja:</b> White | 4th Phase              |                          |  |
|                                    |  |  | <b>Dashami</b> <b>Until 13:32AM Fri</b> | Moon – Green           | <b>Bhuloka Day</b>     |                          |  |
|                                    |  |  |   | <b>Jyeshtha-Ani</b>    |                        |                          |  |

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| <b>2 Saturday, June 23, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |  |                        |                        | /Inneapolis/St. Paul, MN |  |
| Tula Rasi: 14.5      Tithi 11 – 12 |  | Chitra/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau         |  |                        |                        | Sun 24      Sutra 69     |  |
| 361132361                          |  | <b>Gulika</b> 4:28AM – 6:25AM  | <b>Chitra</b> <b>Until 4:21PM</b>        | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:28AM | Vilamba 5120             |  |
| Creative Work    Siddha Yoga       |  | Yama 2:11PM – 4:08PM   | Shiva Until 3:38PM                       | <b>Muruga:</b> White   | <i>Sunset:</i> 8:02PM  | Moon 5 - Phase 10        |  |
|                                    |  | <b>Rahu</b> 8:21AM – 10:18AM   | Bava Until 4:50AM Sun                    | <b>Nataraja:</b> White | 4th Phase              |                          |  |
|                                    |  |  | <b>Ekadashi</b> <b>Until 12:58AM Sat</b> | Moon – Green           | <b>Bhuloka Day</b>     |                          |  |
|                                    |  |  |  | <b>Jyeshtha-Ani</b>    |                        |                          |  |

|                                     |  |  |  |                        |                        |                          |  |
|-------------------------------------|--|--|--|------------------------|------------------------|--------------------------|--|
| <b>3 Sunday, June 24, 2018</b>      |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam |  |                        |                        | /Inneapolis/St. Paul, MN |  |
| Tula Rasi: 27.23      Tithi 12 – 13 |  | Svati/Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Kaulava Karana Dvadashi/Trayodashyam Titau      |  |                        |                        | Sun 25      Sutra 70     |  |
| 371142361                           |  | <b>Gulika</b> 4:08PM – 6:05PM  | <b>Svati</b> <b>Until 5:23PM</b>         | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:28AM | Vilamba 5120             |  |
| Routine Work    Marana Yoga         |  | Yama 12:15PM – 2:12PM  | Siddha Until 5:28PM                      | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:02PM  | Moon 5 - Phase 10        |  |
|                                     |  | <b>Rahu</b> 6:05PM – 8:02PM  | Kaulava Until 5:65AM Mon                 | <b>Nataraja:</b> White | 4th Phase              |                          |  |
|                                     |  |  | <b>Dvadashi</b> <b>Until 12:45AM Sun</b> | Moon – Orange          | <b>Devaloka Day</b>    |                          |  |
|                                     |  |  |  | <b>Jyeshtha-Ani</b>    |                        |                          |  |
|                                     |  |  | <i>Pradosha Vrata</i>                    |                        |                        |                          |  |

|                                    |  |   |  |                        |                        |                          |  |
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| <b>4 Monday, June 25, 2018</b>     |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam |  |                        |                        | /Inneapolis/St. Paul, MN |  |
| Vrischika Rasi: 9.45      Tithi 13 |  | Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Trayodashyam Titau            |  |                        |                        | Sun 26      Sutra 71     |  |
| 371142361                          |  | <b>Gulika</b> 2:12PM – 4:08PM   | <b>Vishakha</b> <b>Until 6:50PM</b>        | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:29AM | Vilamba 5120             |  |
| Family Home Evening                |  | Yama 10:19AM – 12:15PM  | Sadhya Until 7:33PM                        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:02PM  | Moon 5 - Phase 10        |  |
| Creative Work    Siddha Yoga       |  | <b>Rahu</b> 6:25AM – 8:22AM   | Kaulava Until 7:44AM Tue                   | <b>Nataraja:</b> White | 4th Phase              |                          |  |
|                                    |  |   | <b>Trayodashi</b> <b>Until 12:52AM Mon</b> | Moon – Orange          | <b>Devaloka Day</b>    |                          |  |
|                                    |  |   |  | <b>Jyeshtha-Ani</b>    |                        |                          |  |

|                                     |  |  |  |                        |                        |                          |  |
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| <b>5 Tuesday, June 26, 2018</b>     |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam |  |                        |                        | /Inneapolis/St. Paul, MN |  |
| Vrischika Rasi: 21.56      Tithi 14 |  | Anuradha/Jyeshtha* Nakshatra Anuradha/Sukla Yoga Gara/Visti* Karana Chaturdashyam Titau            |  |                        |                        | Sun 27      Sutra 72     |  |
| 371142361                           |  | <b>Gulika</b> 12:15PM – 2:12PM   | <b>Anuradha</b> <b>Until 8:40PM</b>          | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:29AM | Vilamba 5120             |  |
| Routine Work    Marana Yoga         |  | Yama 8:22AM – 10:19AM  | Subha Until 9:51PM                           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:02PM  | Moon 5 - Phase 10        |  |
| Until 8:40PM                        |  | <b>Rahu</b> 4:09PM – 6:05PM  | Gara Until 9:45AM Wed                        | <b>Nataraja:</b> White | 4th Phase              |                          |  |
| Then Creative Work - Amrita Yoga    |  |  | <b>Chaturdashi*</b> <b>Until 13:20AM Tue</b> | Moon – Orange          | <b>Devaloka Day</b>    |                          |  |
|                                     |  |  |  | <b>Jyeshtha-Ani</b>    |                        |                          |  |

|                                  |  |  |  |                        |                              |                          |  |
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| <b>Wednesday, June 27, 2018</b>  |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam |  |                        |                              | /Inneapolis/St. Paul, MN |  |
| <b>Copper Retreat Star</b>       |  | Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Visti*/Kaulava Karana Purnimayam Titau               |  |                        |                              | Sun 27      Sutra 73     |  |
| Dhanus Rasi: 3.59      Tithi 15  |  | Gulika 10:19AM – 12:16PM   |  |                        |                              | Vilamba 5120             |  |
| 381142361                        |  | Yama 6:26AM – 8:22AM   | <b>Jyeshtha*</b> <b>Until 10:51PM</b>    | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:29AM       | Moon 5 - Phase 10        |  |
| Routine Work    Marana Yoga      |  | <b>Rahu</b> 12:16PM – 2:12PM   | Sukla Until 12:48AM Thu                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:02PM        | Purnima                  |  |
| Until 10:51PM                    |  |  | Visti Until 11:63AM Thu                  | <b>Nataraja:</b> White |                              |                          |  |
| Then Creative Work - Amrita Yoga |  |  | <b>Purnima*</b> <b>Until 14:01AM Wed</b> | Moon – Light Blue      | <b>Bhuloka Day</b>           |                          |  |
|                                  |  |  |  | <b>Jyeshtha-Ani</b>    | Devaloka Time: 12:PM to 3:PM |                          |  |

|                                  |  |   |   |                        |                              |                          |  |
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| <b>Thursday, June 28, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam |   |                        |                              | /Inneapolis/St. Paul, MN |  |
| <b>Silver Retreat Star</b>       |  | Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Tailila Karana Prathamayam Titau            |   |                        |                              | Sun 28      Sutra 74     |  |
| Dhanus Rasi: 15.54      Tithi 16 |  | Gulika 8:23AM – 10:19AM   |   |                        |                              | Vilamba 5120             |  |
| 381142361                        |  | Yama 4:30AM – 6:26AM  | <b>Mula*</b> <b>Until 1:16AM Fri</b>      | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:30AM       | Moon 5 - Phase 10        |  |
| Creative Work    Siddha Yoga     |  | <b>Rahu</b> 2:12PM – 4:09PM   | Brahma Until 3:49AM Fri                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 8:02PM        | Prathama                 |  |
| Until 1:16AM Fri                 |  |   | Balava Until 14:34AM Fri                  | <b>Nataraja:</b> White |                              |                          |  |
| Then Routine Work - Marana Yoga  |  |   | <b>Prathama*</b> <b>Until 14:57AM Thu</b> | Moon – Light Blue      | <b>Bhuloka Day</b>           |                          |  |
|                                  |  |   |   | <b>Jyeshtha-Ani</b>    | Devaloka Time: 12:PM to 3:PM |                          |  |





Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Tailila/Vanija Karana Dvityayam Titau

/Inneapolis/St. Paul, MN

Sun 1 Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 27.44 Tihti 17

Gulika 6:27AM - 8:23AM  
Yama 4:09PM - 6:05PM  
Rahu 10:20AM - 12:16PM

Purvashadha\* Until 3:51AM Sat  
Indra Until 6:47AM Sat  
Tailila Until 16:70AM Sat  
Dvitiya Until 16:02AM Fri

Ganesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon - Light Blue  
Jyeshtha-Ani

Sunrise: 4:30AM  
Sunset: 8:02PM

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 3:51AM Sat  
Then Creative Work - Siddha Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Bava Karana Tritiyayam Titau

/Inneapolis/St. Paul, MN

Sun 2 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 9.31 Tihti 18

Gulika 4:31AM - 6:27AM  
Yama 2:12PM - 4:09PM  
Rahu 8:23AM - 10:20AM

Uttarashadha Until 6:26AM Sun  
Vaidhriti\* Until 6:47AM  
Vanija Until 19:43AM Sun  
Tritiya Until 17:09AM Sat

Ganesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon - Light Blue  
Jyeshtha-Ani

Sunrise: 4:31AM  
Sunset: 8:02PM

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 6:26AM Sun  
Then Creative Work - Amrita Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

/Inneapolis/St. Paul, MN

Sun 3 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 21.18 Tihti 18 - 19

Gulika 4:09PM - 6:05PM  
Yama 12:16PM - 2:13PM  
Rahu 6:05PM - 8:01PM

Uttarashadha Until 6:26AM  
Vishkambha\* Until 10:06AM  
Bava Until 7:43PM  
Tritiya Until 18:14AM Sun

Ganesha: Red  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 4:31AM  
Sunset: 8:01PM

**Devaloka Day**

Creative Work Amrita Yoga  
Until 6:26AM  
Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

/Inneapolis/St. Paul, MN

Sun 4 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 3.08 Tihti 19 - 20

Family Home Evening

Creative Work Siddha Yoga

Gulika 2:13PM - 4:09PM  
Yama 10:20AM - 12:17PM  
Rahu 6:28AM - 8:24AM

Shravana Until 8:53AM  
Priti Until 1:05PM  
Kaulava Until 9:61PM  
Chaturthi\* Until 6:14PM

Ganesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 4:32AM  
Sunset: 8:01PM

**Devaloka Day**

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Purvaproshtapada\* Nakshatra Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

/Inneapolis/St. Paul, MN

Sun 5 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 15.05 Tihti 20 - 21

Gulika 12:17PM - 2:13PM  
Yama 8:25AM - 10:21AM  
Rahu 4:09PM - 6:05PM

Dhanishtha Until 11:00AM  
Ayushman Until 3:34PM  
Gara Until 11:55PM  
Panchami Until 7:10PM

Ganesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 4:32AM  
Sunset: 8:01PM

**Devaloka Day**

Routine Work Marana Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Uttarproshthapada Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

/Inneapolis/St. Paul, MN

Sun 6 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 27.14 Tihti 21 - 22

Gulika 10:21AM - 12:17PM  
Yama 6:29AM - 8:25AM  
Rahu 12:17PM - 2:13PM

Shatabhishak Until 12:38PM  
Saubhagya Until 7:58PM  
Visti Until 24:75  
Shashthi\* Until 7:46PM

Ganesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 4:33AM  
Sunset: 8:01PM

**Devaloka Day**

Creative Work Amrita Yoga  
Until 12:38PM  
Then Creative Work - Siddha Yoga

D

Thursday, July 5, 2018  
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarproshthapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

/Inneapolis/St. Paul, MN

Sun 7 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 9.37 Tihti 22 - 23

Gulika 8:25AM - 10:21AM  
Yama 4:34AM - 6:29AM  
Rahu 2:13PM - 4:09PM

Uttarproshthapada Until 1:54PM Fri  
Sobhana Until 7:23PM  
Balava Until 1:53AM Fri  
Saptami Until 7:58PM

Ganesha: Orange  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 4:34AM  
Sunset: 8:00PM

**Devaloka Day**

Creative Work Siddha Yoga

Friday, July 6, 2018  
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Athiganda\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

/Inneapolis/St. Paul, MN

Sun 8 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Navami

Meena Rasi: 22.19 Tihti 23 - 24

Gulika 6:30AM - 8:26AM  
Yama 4:09PM - 6:04PM  
Rahu 10:21AM - 12:17PM

Uttarproshthapada Until 1:54PM  
Athiganda\* Until 7:59PM  
Tailila Until 1:44AM Sat  
Ashtami\* Until 7:39PM

Ganesha: Green  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 4:34AM  
Sunset: 8:00PM

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 1:54PM  
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

|          |                               |               |  |   |  |   |   |
|----------|-------------------------------|---------------|--|---|--|---|---|
| <b>1</b> | <b>Saturday, July 7, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau |   |  |   | /Inneapolis/St. Paul, MN<br>Sun 9 Sutra 83                            |
|          | Mesha Rasi: 5.25              | Tithi 24 – 25 | 422242361  | <b>Gulika</b> 4:35AM – 6:31AM<br>Yama 2:13PM – 4:08PM<br><b>Rahu</b> 8:26AM – 10:22AM | <b>Revati</b> Until 1:21PM<br>Sukarma Until 8:07PM<br>Vanija Until 12:48AM Sun<br>Navami* Until 6:43PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:35AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 8:00PM<br><b>Nataraja:</b> White<br>Moon – White<br>Jyeshtha•Ani | Vilamba 5120<br>Moon 6 - Phase 12<br>2nd Phase<br><b>Devaloka Day</b> |
|          | Creative Work Siddha Yoga     |               |  |   |  |   |   |
|          |                               |               |  |   |  |   |   |

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| <b>2</b> | <b>Sunday, July 8, 2018</b>  |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Visti* Karana Dashami/Ekadashyam Titau |   |   |   | /Inneapolis/St. Paul, MN<br>Sun 10 Sutra 84                           |
|          | Mesha Rasi: 18.57  | Tithi 25 – 26 | 422242361   | <b>Gulika</b> 4:08PM – 6:04PM<br>Yama 12:17PM – 2:13PM<br><b>Rahu</b> 6:04PM – 7:59PM | <b>Ashvini</b> Until 12:01PM<br>Dhriti Until 7:18PM<br>Visti Until 12:01PM<br>Dashami Until 12:01PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:36AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 7:59PM<br><b>Nataraja:</b> White<br>Moon – White<br>Jyeshtha•Ani | Vilamba 5120<br>Moon 6 - Phase 12<br>2nd Phase<br><b>Devaloka Day</b> |
|          | Routine Work Prabalarishta Yoga<br>Until 12:01PM<br>Then Creative Work - Siddha Yoga |               |   |   |   |   |   |
|          |  |               |   |   |   |   |   |

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|----------|---|---------------|--|--|---|---|---|
| <b>3</b> | <b>Monday, July 9, 2018</b>   |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  |   |   | /Inneapolis/St. Paul, MN<br>Sun 11 Sutra 85                           |
|          | Vrishabha Rasi: 2.56  | Tithi 26 – 27 | 422242361  | <b>Gulika</b> 2:13PM – 4:08PM<br>Yama 10:22AM – 12:18PM<br><b>Rahu</b> 6:32AM – 8:27AM | <b>Bharani</b> Until 9:57AM<br>Shula* Until 5:40PM<br>Kaulava Until 8:41PM<br>Ekadashi* Until 12:10AM Mon | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:36AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 7:59PM<br><b>Nataraja:</b> White<br>Moon – White<br>Jyeshtha•Ani | Vilamba 5120<br>Moon 6 - Phase 12<br>2nd Phase<br><b>Devaloka Day</b> |
|          | Family Home Evening<br>Routine Work Marana Yoga<br>Until 9:57AM<br>Then Creative Work - Amrita Yoga |               |  |  |   |   |   |
|          |   |               |  |  |   |   |   |

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|----------|---|---------------|---|--|--|--|--|
| <b>4</b> | <b>Tuesday, July 10, 2018</b>   |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Krittika/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau |  |  |  | /Inneapolis/St. Paul, MN<br>Sun 12 Sutra 86  |
|          | Vrishabha Rasi: 17.22   | Tithi 27 – 28 | 422242361   | <b>Gulika</b> 12:18PM – 2:13PM<br>Yama 8:28AM – 10:23AM<br><b>Rahu</b> 4:08PM – 6:03PM | <b>Krittika</b> Until 7:15AM<br>Ganda* Until 3:44PM<br>Gara Until 5:44PM<br>Dvadashi* Until 8:52AM Tue | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:37AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 7:58PM<br><b>Nataraja:</b> White<br>Moon – Yellow<br>Jyeshtha•Ani | Vilamba 5120<br>Moon 6 - Phase 12<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|          | Creative Work Amrita Yoga<br>Until 7:15AM<br>Then Creative Work - Siddha Yoga |               | <i>Pradosha Vrata (Fasting)</i>   |  |  |  |  |
|          |   |               |   |  |  |  |  |

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|----------|---|----------|---|---|--|--|--|
| <b>5</b> | <b>Wednesday, July 11, 2018</b>   |          | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Rohini/Ardra Nakshatra Dhruva Yoga Visti*/Catuspada* Karana Chaturdashyam Titau |   |  |  | /Inneapolis/St. Paul, MN<br>Sun 13 Sutra 87  |
|          | Mithuna Rasi: 2.1   | Tithi 29 | 422242361   | <b>Gulika</b> 10:23AM – 12:18PM<br>Yama 6:33AM – 8:28AM<br><b>Rahu</b> 12:18PM – 2:13PM | <b>Rohini</b> Until 12:33AM Thu<br>Dhruva Until 1:12PM<br>Visti Until 10:43AM Thu<br>Chaturdashi* Until 5:11AM Wed | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:38AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 7:58PM<br><b>Nataraja:</b> White<br>Moon – Yellow<br>Jyeshtha•Ani | Vilamba 5120<br>Moon 6 - Phase 12<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|          | Creative Work Siddha Yoga<br>Until 12:33AM Thu<br>Then Routine Work - Marana Yoga |          |   |   |  |  |  |
|          |   |          |   |   |  |  |  |

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|  | <b>Thursday, July 12, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mrigashira/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau |          |           |   | /Inneapolis/St. Paul, MN<br>Sun 14 Sutra 88   |  |   |
|  | <b>Retreat Star</b>  |  | Mithuna Rasi: 17.12   | Tithi 30 | 422242361 | <b>Gulika</b> 8:28AM – 10:23AM<br>Yama 4:39AM – 6:34AM<br><b>Rahu</b> 2:13PM – 4:08PM | <b>Mrigashira</b> Until 8:50PM<br>Vyaghata* Until 10:17AM<br>Catuspada Until 6:58AM Fri<br>Amavasya* Until 1:12AM Thu | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:39AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 7:57PM<br><b>Nataraja:</b> White<br>Moon – Yellow<br>Jyeshtha•Ani | Vilamba 5120<br>Moon 6 - Phase 12<br>Amavasya<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|  | Routine Work Marana Yoga<br>Until 8:50PM<br>Then Creative Work - Amrita Yoga |  |   |          |           |   |   |  |   |
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| <b>6</b> | <b>Friday, July 13, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Kaulava Karana Prathama/Dvityayam Titau |             |           |  | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 89  |  |   |
|          | <b>Retreat Star</b>  |  | Kataka Rasi: 2.22  | Tithi 1 – 2 | 422242361 | <b>Gulika</b> 6:34AM – 8:29AM<br>Yama 4:07PM – 6:02PM<br><b>Rahu</b> 10:24AM – 12:18PM | <b>Punarvasu</b> Until 7:30AM<br>Harshana Until 7:30AM<br>Kintughna Until 3:16AM Sat<br>Prathama* Until 9:04PM | <b>Ganesha:</b> Purple <i>Sunrise:</i> 4:40AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 7:57PM<br><b>Nataraja:</b> White<br>Moon – Blue<br>Ashada•Ani | Vilamba 5120<br>Moon 6 - Phase 12<br>Prathama<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|          | Creative Work Siddha Yoga<br>Until 7:30AM<br>Then Routine Work - Marana Yoga |  | <b>Partial Solar Eclipse</b>   |             |           |  |  |  |   |
|          |  |  |  |             |           |  |  |  |   |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| <b>1</b>                 |  | <b>Saturday, July 14, 2018</b>   |                                    |                        |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Kataka Rasi: 17.31       |  | Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                    | Sun 16                 |                              | Sutra 90  |  |
| Tithi 2 - 3              |  | <b>Gulika</b> 4:41AM - 6:35AM  | <b>Ashlesha* Until 10:07AM Sun</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:41AM       | Vilamba 5120  |  |
| 442242361                |  | Yama 2:13PM - 4:07PM   | Vajra* Until 1:51AM Sun            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:56PM        | Moon 6 - Phase 13   |  |
| Routine Work Marana Yoga |  | <b>Rahu</b> 8:29AM - 10:24AM   | Taitila Until 11:46PM              | <b>Nataraja:</b> White | 3rd Phase                    |   |  |
|                          |  |  | <b>Dvitiya Until 12:51AM Sat</b>   | Moon - Blue            | <b>Bhuloka Day</b>           |   |  |
|                          |  |  |                                    | <b>Ashada*Ani</b>      | Devaloka Time: 12:PM to 3:PM |   |  |

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| <b>2</b>                 |  | <b>Sunday, July 15, 2018</b>  |                                |                           |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Simha Rasi: 2.28         |  | Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara Karana Tritiya/Chaturthyam Titau |                                | Sun 17                    |                              | Sutra 91  |  |
| Tithi 3 - 4              |  | <b>Gulika</b> 4:07PM - 6:01PM   | <b>Ashlesha* Until 10:07AM</b> | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 4:41AM       | Vilamba 5120  |  |
| 452242361                |  | Yama 12:18PM - 2:13PM   | Siddhi Until 5:34AM Mon        | <b>Muruga:</b> Clear      | <i>Sunset:</i> 7:55PM        | Moon 6 - Phase 13   |  |
| Routine Work Marana Yoga |  | <b>Rahu</b> 6:01PM - 7:55PM   | Gara Until 10:07AM             | <b>Nataraja:</b> White    | 3rd Phase                    |   |  |
|                          |  |   | <b>Tritiya Until 10:07AM</b>   | Moon - Red                | <b>Bhuloka Day</b>           |   |  |
|                          |  |   |                                | <b>Ashada*Ani</b>         | Devaloka Time: 12:PM to 3:PM |   |  |

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| <b>3</b>                   |  | <b>Monday, July 16, 2018</b>  |                                    |                        |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Simha Rasi: 17.08          |  | Magha*/Purvaphalguni Nakshatra Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                    | Sun 18                 |                              | Sutra 92  |  |
| Tithi 4 - 5                |  | <b>Gulika</b> 2:12PM - 4:06PM   | <b>Magha* Until 7:12AM</b>         | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:42AM       | Vilamba 5120  |  |
| 453242361                  |  | Yama 10:24AM - 12:18PM  | Variyan Until 9:56PM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:54PM        | Moon 6 - Phase 13   |  |
| <b>Family Home Evening</b> |  | <b>Rahu</b> 6:36AM - 8:30AM   | Bava Until 5:57PM                  | <b>Nataraja:</b> White | 3rd Phase                    |   |  |
| Creative Work Siddha Yoga  |  |   | <b>Chaturthi* Until 5:34AM Mon</b> | Moon - Red             | <b>Bhuloka Day</b>           |   |  |
|                            |  |   |                                    | <b>Ashada*Adi</b>      | Devaloka Time: 12:PM to 3:PM |   |  |

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| <b>4</b>                  |  | <b>Tuesday, July 17, 2018</b>  |                                       |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Kanya Rasi: 1.24          |  | Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Kaulava Karana Shashthyam Titau |                                       | Sun 19                 |                        | Sutra 93   |  |
| Tithi 6                   |  | <b>Gulika</b> 12:19PM - 2:12PM   | <b>Purvaphalguni Until 3:06AM Wed</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:43AM | Vilamba 5120   |  |
| 453242362                 |  | Yama 8:31AM - 10:25AM  | Parigha* Until 8:39PM                 | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:54PM  | Moon 6 - Phase 13  |  |
| Creative Work Amrita Yoga |  | <b>Rahu</b> 4:06PM - 6:00PM  | Kaulava Until 3:53PM                  | <b>Nataraja:</b> Clear | 3rd Phase              |  |  |
|                           |  |  | <b>Shashthi* Until 3:06AM Wed</b>     | Moon - Red             | <b>Devaloka Day</b>    |  |  |
|                           |  |  |                                       | <b>Ashada*Adi</b>      |                        |  |  |

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| <b>5</b>                 |  | <b>Wednesday, July 18, 2018</b>  |  |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Kanya Rasi: 15.15        |  | Uttaraphalguni/Hasta Nakshatra Shiva Yoga Gara/Visti* Karana Saptamyam Titau |  | Sun 20                 |                        | Sutra 94   |  |
| Tithi 7                  |  | <b>Gulika</b> 10:25AM - 12:19PM  | <b>Uttaraphalguni Until 2:05AM Thu</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:44AM | Vilamba 5120   |  |
| 463242362                |  | Yama 6:38AM - 8:31AM   | Shiva Until 9:66PM                     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:53PM  | Moon 6 - Phase 13  |  |
| Routine Work Marana Yoga |  | <b>Rahu</b> 12:19PM - 2:12PM   | Gara Until 13:52AM Thu                 | <b>Nataraja:</b> Clear | 3rd Phase              |  |  |
|                          |  |  | <b>Saptami Until 12:01AM Wed</b>       | Moon - Green           | <b>Sivaloka Day</b>    |  |  |
|                          |  |  |  | <b>Ashada*Adi</b>      |                        |  |  |

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| <b>Retreat Star</b>       |  | <b>Thursday, July 19, 2018</b>  |                               |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Kanya Rasi: 28.41         |  | Hasta/Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau |                               | Sun 21                 |                        | Sutra 95  |  |
| Tithi 8                   |  | <b>Gulika</b> 8:32AM - 10:25AM  | <b>Hasta Until 1:48AM Fri</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:45AM | Vilamba 5120  |  |
| 463242362                 |  | Yama 4:45AM - 6:39AM  | Siddha Until 8:37PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:52PM  | Moon 6 - Phase 13   |  |
| Creative Work Siddha Yoga |  | <b>Rahu</b> 2:12PM - 4:05PM   | Visti Until 13:57AM Fri       | <b>Nataraja:</b> Clear | Ashtami                |   |  |
|                           |  |   | <b>Ashtami* Until 9:66PM</b>  | Moon - Green           | <b>Sivaloka Day</b>    |   |  |
|                           |  |   |                               | <b>Ashada*Adi</b>      |                        |   |  |

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| <b>Retreat Star</b>       |  | <b>Friday, July 20, 2018</b>                                    |                                 |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Tula Rasi: 11.43          |  | Chitra/Svati Nakshatra Sadhya Yoga Balava Karana Navamyam Titau |                                 | Sun 22                 |                        | Sutra 96   |  |
| Tithi 9                   |  | <b>Gulika</b> 6:39AM - 8:32AM                                   | <b>Chitra Until 2:13AM Sat</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:46AM | Vilamba 5120   |  |
| 463242362                 |  | Yama 4:05PM - 5:58PM  | Sadhya Until 19:44AM Sat        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:51PM  | Moon 6 - Phase 13  |  |
| Creative Work Siddha Yoga |  | <b>Rahu</b> 10:26AM - 12:19PM                                   | Balava Until 1:57PM             | <b>Nataraja:</b> Clear | Navami                 |  |  |
|                           |  |   | <b>Navami* Until 2:13AM Sat</b> | Moon - Green           | <b>Sivaloka Day</b>    |  |  |
|                           |  |   |                                 | <b>Ashada*Adi</b>      |                        |  |  |

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| <b>1</b>                        |  | <b>Saturday, July 21, 2018</b>  |                               |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Tula Rasi: 24.24                |  | Svati/Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau |                               | Sun 23                 |                        | Sutra 97   |  |
| Tiithi 10                       |  | <b>Gulika</b> 4:47AM – 6:40AM   | <b>Svati Until 3:17AM Sun</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:47AM | Vilamba 5120   |  |
| 473242362                       |  | Yama 2:12PM – 4:05PM  | Subha Until 19:54AM Sun       | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:50PM  | Moon 6 - Phase 14  |  |
| Creative Work Siddha Yoga       |  | <b>Rahu</b> 8:33AM – 10:26AM  | Taitila Until 2:42PM          | <b>Nataraja:</b> Clear | 4th Phase              |  |  |
| Until 3:17AM Sun                |  | Dashami Until 3:17AM Sun  |                               |                        | <b>Devaloka Day</b>    |  |  |
| Then Routine Work - Marana Yoga |  |   |                               |                        |                        |  |  |

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| <b>2</b>                         |  | <b>Sunday, July 22, 2018</b>   |                                  |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Vrischika Rasi: 6.49             |  | Vishakha/Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau |                                  | Sun 24                 |                        | Sutra 98   |  |
| Tiithi 11                        |  | <b>Gulika</b> 4:04PM – 5:57PM  | <b>Vishakha Until 4:52AM Mon</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:48AM | Vilamba 5120   |  |
| 473242362                        |  | Yama 12:19PM – 2:11PM  | Sukla Until 1:20AM Mon           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:49PM  | Moon 6 - Phase 14  |  |
| Routine Work Marana Yoga         |  | <b>Rahu</b> 5:57PM – 7:49PM  | Vanija Until 17:52AM Mon         | <b>Nataraja:</b> Clear | 4th Phase              |  |  |
| Until 4:52AM Mon                 |  | Ekadashi Until 19:54AM Sun   |                                  |                        | <b>Devaloka Day</b>    |  |  |
| Then Creative Work - Siddha Yoga |  |  |                                  |                        |                        |  |  |

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| <b>3</b>                         |  | <b>Monday, July 23, 2018</b>   |                                  |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Vrischika Rasi: 19.01            |  | Anuradha/Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau |                                  | Sun 25                 |                        | Sutra 99  |  |
| Tiithi 12                        |  | <b>Gulika</b> 2:11PM – 4:04PM  | <b>Anuradha Until 6:54AM Tue</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:49AM | Vilamba 5120  |  |
| 473242362                        |  | Yama 10:26AM – 12:19PM   | Brahma Until 3:45AM Tue          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:48PM  | Moon 6 - Phase 14   |  |
| <b>Family Home Evening</b>       |  | <b>Rahu</b> 6:42AM – 8:34AM  | Bava Until 5:52PM                | <b>Nataraja:</b> Clear | 4th Phase              |   |  |
| Creative Work Siddha Yoga        |  | Dvadashi Until 6:54AM Tue  |                                  |                        | <b>Devaloka Day</b>    |   |  |
| Until 6:54AM Tue                 |  |  |                                  |                        |                        |   |  |
| Then Creative Work - Amrita Yoga |  |  |                                  |                        |                        |   |  |

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| <b>4</b>                         |  | <b>Tuesday, July 24, 2018</b>  |                               |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Dhanus Rasi: 1.02                |  | Jyeshtha*/Mula* Nakshatra Indra Yoga Balava Karana Dvadashi/Trayodashyam Titau |                               | Sun 26                 |                        | Sutra 100  |  |
| Tiithi 12 – 13                   |  | <b>Gulika</b> 12:19PM – 2:11PM   | <b>Jyeshtha* Until 6:54AM</b> | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 4:50AM | Vilamba 5120   |  |
| 483242362                        |  | Yama 8:35AM – 10:27AM  | Indra Until 6:48AM Wed        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:47PM  | Moon 6 - Phase 14  |  |
| Creative Work Amrita Yoga        |  | <b>Rahu</b> 4:03PM – 5:55PM  | Balava Until 6:54AM           | <b>Nataraja:</b> Clear | 4th Phase              |  |  |
| Until 6:54AM                     |  | Dvadashi Until 6:54AM  |                               |                        | <b>Sivaloka Day</b>    |  |  |
| Then Creative Work - Siddha Yoga |  | <i>Pradosha Vrata</i>  |                               |                        |                        |  |  |

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| <b>5</b>                         |  | <b>Wednesday, July 25, 2018</b>   |                                |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Dhanus Rasi: 12.56               |  | Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                | Sun 27                 |                        | Sutra 101  |  |
| Tiithi 13 – 14                   |  | <b>Gulika</b> 10:27AM – 12:19PM   | <b>Mula* Until 11:46AM Thu</b> | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 4:51AM | Vilamba 5120   |  |
| 483342362                        |  | Yama 6:43AM – 8:35AM  | Vaidhriti* Until 6:48AM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:46PM  | Moon 6 - Phase 14  |  |
| Routine Work Marana Yoga         |  | <b>Rahu</b> 12:19PM – 2:11PM  | Gara Until 10:30PM             | <b>Nataraja:</b> Clear | 4th Phase              |  |  |
| Until 11:46AM Thu                |  | Trayodashi Until 9:16PM   |                                |                        | <b>Sivaloka Day</b>    |  |  |
| Then Creative Work - Amrita Yoga |  |   |                                |                        |                        |  |  |

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| <b>○</b>                        |  | <b>Thursday, July 26, 2018</b>  |                            |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| <b>Copper Retreat Star</b>      |  | Mula*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                            | Sun 27                 |                        | Sutra 102   |  |
| Dhanus Rasi: 24.45              |  | <b>Gulika</b> 8:36AM – 10:27AM  | <b>Mula* Until 11:46AM</b> | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 4:52AM | Vilamba 5120  |  |
| Tiithi 14 – 15                  |  | Yama 4:52AM – 6:44AM  | Vishkambha* Until 9:53AM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:45PM  | Moon 6 - Phase 14   |  |
| 483342362                       |  | <b>Rahu</b> 2:10PM – 4:02PM   | Visti Until 24:65          | <b>Nataraja:</b> Clear | Purnima                |   |  |
| Creative Work Siddha Yoga       |  | Chaturdashi* Until 10:15PM  |                            |                        | <b>Sivaloka Day</b>    |   |  |
| Until 11:46AM                   |  |   |                            |                        |                        |   |  |
| Then Routine Work - Marana Yoga |  |   |                            |                        |                        |   |  |

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| <b>○</b>                   |  | <b>Friday, July 27, 2018</b>   |                                  |                        |                        | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| <b>Silver Retreat Star</b> |  | Purvashadha*/Shravana Nakshatra Priti Yoga Bava Karana Purnima/Prathamayam Titau |                                  | Sun 28                 |                        | Sutra 103  |  |
| Makara Rasi: 6.32          |  | <b>Gulika</b> 6:45AM – 8:36AM  | <b>Purvashadha* Until 2:21PM</b> | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 4:53AM | Vilamba 5120   |  |
| Tiithi 15 – 16             |  | Yama 4:02PM – 5:53PM   | Priti Until 12:52PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:44PM  | Moon 6 - Phase 14  |  |
| 483342362                  |  | <b>Rahu</b> 10:27AM – 12:19PM  | Bava Until 2:21PM                | <b>Nataraja:</b> Clear | Prathama               |  |  |
| Routine Work Marana Yoga   |  | Purnima* Until 2:21PM  |                                  |                        | <b>Sivaloka Day</b>    |  |  |
|                            |  | Total Lunar Eclipse  |                                  |                        |                        |  |  |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Saturday, July 28, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam

/Inneapolis/St. Paul, MN

**Gold Retreat Star**

|                   |               |                  |                                    |                        |                        |                   |
|-------------------|---------------|------------------|------------------------------------|------------------------|------------------------|-------------------|
| 493342362         | <b>Gulika</b> | 4:54AM – 6:46AM  | <b>Shravana</b> Until 4:08PM       | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 4:54AM | Vilamba 5120      |
| Makara Rasi: 18.2 | <b>Yama</b>   | 2:10PM – 4:01PM  | Ayushman Until 4:08PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:43PM  | Moon 7 - Phase 15 |
| Tithi 16 – 17     | <b>Rahu</b>   | 8:37AM – 10:28AM | Taitila Until 5:66AM Sun           | <b>Nataraja:</b> Clear |                        | 1st Phase         |
| Creative Work     | Siddha Yoga   |                  | <b>Prathama*</b> Until 12:29AM Sat | Moon – Purple          | <b>Devaloka Day</b>    |                   |

**1**

**Sunday, July 29, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

/Inneapolis/St. Paul, MN

Dhanishtha Nakshatra Saubhagya Yoga Taitila/Vanija Karana Dvitiyayam Titau

|                                  |               |                  |                                 |                        |                        |                   |
|----------------------------------|---------------|------------------|---------------------------------|------------------------|------------------------|-------------------|
| 493342362                        | <b>Gulika</b> | 4:00PM – 5:51PM  | <b>Dhanishtha</b> Until 7:03PM  | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 4:56AM | Vilamba 5120      |
| Kumbha Rasi: 0.11                | <b>Yama</b>   | 12:19PM – 2:10PM | Saubhagya Until 7:03PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:42PM  | Moon 7 - Phase 15 |
| Tithi 17                         | <b>Rahu</b>   | 5:51PM – 7:42PM  | Taitila Until 8:19AM Mon        | <b>Nataraja:</b> Clear |                        | 1st Phase         |
| Routine Work                     | Marana Yoga   |                  | <b>Dvitiya</b> Until 1:29AM Sun | Moon – Purple          | <b>Devaloka Day</b>    |                   |
| Until 7:03PM                     |               |                  |                                 | <b>Ashada*Adi</b>      |                        |                   |
| Then Creative Work - Siddha Yoga |               |                  |                                 |                        |                        |                   |

**2**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

/Inneapolis/St. Paul, MN

Shatabhishak Nakshatra Sobhana Yoga Vanija/Bava Karana Tritiyayam Titau

|                                 |               |                   |                                       |                        |                        |                   |
|---------------------------------|---------------|-------------------|---------------------------------------|------------------------|------------------------|-------------------|
| 494342362                       | <b>Gulika</b> | 2:09PM – 4:00PM   | <b>Shatabhishak</b> Until 10:56PM Tue | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 4:57AM | Vilamba 5120      |
| Kumbha Rasi: 12.07              | <b>Yama</b>   | 10:28AM – 12:19PM | Sobhana Until 9:32PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:41PM  | Moon 7 - Phase 15 |
| Tithi 18                        | <b>Rahu</b>   | 6:47AM – 8:38AM   | Vanija Until 9:71AM Tue               | <b>Nataraja:</b> Clear |                        | 1st Phase         |
| Family Home Evening             | Siddha Yoga   |                   | <b>Tritiya</b> Until 2:20AM Mon       | Moon – Purple          | <b>Devaloka Day</b>    |                   |
| Creative Work                   |               |                   |                                       | <b>Ashada*Adi</b>      |                        |                   |
| Until 10:56PM Tue               |               |                   |                                       |                        |                        |                   |
| Then Routine Work - Marana Yoga |               |                   |                                       |                        |                        |                   |

**3**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

/Inneapolis/St. Paul, MN

Shatabhishak/Purvaprossthapada\* Nakshatra Athiganda\* Yoga Bava/Kaulava Karana Chaturthyam Titau

|                                  |               |                  |                                    |                        |                        |                   |
|----------------------------------|---------------|------------------|------------------------------------|------------------------|------------------------|-------------------|
| 414342362                        | <b>Gulika</b> | 12:19PM – 2:09PM | <b>Shatabhishak</b> Until 10:56PM  | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:58AM | Vilamba 5120      |
| Kumbha Rasi: 24.11               | <b>Yama</b>   | 8:38AM – 10:28AM | Athiganda* Until 2:74AM Wed        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:40PM  | Moon 7 - Phase 15 |
| Tithi 19                         | <b>Rahu</b>   | 3:59PM – 5:49PM  | Bava Until 11:36AM Wed             | <b>Nataraja:</b> Clear |                        | 1st Phase         |
| Routine Work                     | Marana Yoga   |                  | <b>Chaturthi*</b> Until 2:58AM Tue | Moon – Clear           | <b>Devaloka Day</b>    |                   |
| Until 10:56PM                    |               |                  |                                    | <b>Ashada*Adi</b>      |                        |                   |
| Then Creative Work - Amrita Yoga |               |                  |                                    |                        |                        |                   |

**4**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

/Inneapolis/St. Paul, MN

Purvaprossthapada\*Uttaraprossthapada Nakshatra Sukarma Yoga Kaulava/Gara Karana Panchamyam Titau

|                  |               |                   |   |                        |                        |                   |
|------------------|---------------|-------------------|---|------------------------|------------------------|-------------------|
| 414342362        | <b>Gulika</b> | 10:29AM – 12:19PM | <b>Purvaprossthapada*</b> Until 12:06AM Thu | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:59AM | Vilamba 5120      |
| Meena Rasi: 6.26 | <b>Yama</b>   | 6:49AM – 8:39AM   | Sukarma Until 1:43AM Thu                    | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:38PM  | Moon 7 - Phase 15 |
| Tithi 20         | <b>Rahu</b>   | 12:19PM – 2:09PM  | Kaulava Until 12:29AM Thu                   | <b>Nataraja:</b> Clear |                        | 1st Phase         |
| Creative Work    | Siddha Yoga   |                   | <b>Panchami</b> Until 2:74AM Wed            | Moon – Clear           | <b>Devaloka Day</b>    |                   |
|                  |               |                   |   | <b>Ashada*Adi</b>      |                        |                   |

**5**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

/Inneapolis/St. Paul, MN

Uttaraprossthapada/Revati Nakshatra Dhriti Yoga Gara/Visti\* Karana Shashthyam Titau

|                                  |               |                  |   |                        |                        |                   |
|----------------------------------|---------------|------------------|---|------------------------|------------------------|-------------------|
| 414342362                        | <b>Gulika</b> | 8:39AM – 10:29AM | <b>Uttaraprossthapada</b> Until 12:41AM Fri | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:00AM | Vilamba 5120      |
| Meena Rasi: 18.54                | <b>Yama</b>   | 5:00AM – 6:50AM  | Dhriti Until 2:46AM Fri                     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:37PM  | Moon 7 - Phase 15 |
| Tithi 21                         | <b>Rahu</b>   | 2:08PM – 3:58PM  | Gara Until 12:45AM Fri                      | <b>Nataraja:</b> Clear |                        | 1st Phase         |
| Creative Work                    | Siddha Yoga   |                  | <b>Shashthi*</b> Until 3:07AM Thu           | Moon – Clear           | <b>Devaloka Day</b>    |                   |
| Until 12:41AM Fri                |               |                  |   | <b>Ashada*Adi</b>      |                        |                   |
| Then Creative Work - Amrita Yoga |               |                  |   |                        |                        |                   |

**6**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

/Inneapolis/St. Paul, MN

Revati/Ashvini Nakshatra Shula\* Yoga Visti\*/Balava Karana Saptamyam Titau

|                                  |               |                   |                                 |                        |                        |                   |
|----------------------------------|---------------|-------------------|---------------------------------|------------------------|------------------------|-------------------|
| 424342362                        | <b>Gulika</b> | 6:50AM – 8:40AM   | <b>Revati</b> Until 12:37AM Sat | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:01AM | Vilamba 5120      |
| Mesha Rasi: 1.38                 | <b>Yama</b>   | 3:57PM – 5:46PM   | Shula* Until 3:30AM Sat         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:36PM  | Moon 7 - Phase 15 |
| Tithi 22                         | <b>Rahu</b>   | 10:29AM – 12:18PM | Visti Until 11:81AM Sat         | <b>Nataraja:</b> Clear |                        | 1st Phase         |
| Creative Work                    | Amrita Yoga   |                   | <b>Saptami</b> Until 2:34AM Fri | Moon – White           | <b>Sivaloka Day</b>    |                   |
| Until 12:37AM Sat                |               |                   |                                 | <b>Ashada*Adi</b>      |                        |                   |
| Then Creative Work - Siddha Yoga |               |                   |                                 |                        |                        |                   |

**Retreat Star**

**Saturday, August 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam

/Inneapolis/St. Paul, MN

Ashvini/Bharani Nakshatra Ganda\* Yoga Balava Karana Ashtamyam Titau

|                                  |               |                  |                               |                        |                        |                   |
|----------------------------------|---------------|------------------|-------------------------------|------------------------|------------------------|-------------------|
| 424342362                        | <b>Gulika</b> | 5:02AM – 6:51AM  | <b>Ashvini</b> Until 11:53PM  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:02AM | Vilamba 5120      |
| Mesha Rasi: 14.42                | <b>Yama</b>   | 2:07PM – 3:56PM  | Ganda* Until 3:24AM Sun       | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:34PM  | Moon 7 - Phase 15 |
| Tithi 23                         | <b>Rahu</b>   | 8:40AM – 10:29AM | Balava Until 12:21PM          | <b>Nataraja:</b> Clear |                        | Ashtami           |
| Creative Work                    | Siddha Yoga   |                  | <b>Ashtami*</b> Until 11:53PM | Moon – White           | <b>Sivaloka Day</b>    |                   |
| Until 11:53PM                    |               |                  |                               | <b>Ashada*Adi</b>      |                        |                   |
| Then Creative Work - Amrita Yoga |               |                  |                               |                        |                        |                   |

**Sunday, August 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

/Inneapolis/St. Paul, MN

Bharani/Krittika Nakshatra Vriddhi Yoga Taitila/Vanija Karana Navamyam Titau


|                   |               |                  |                              |                        |                        |                   |
|-------------------|---------------|------------------|------------------------------|------------------------|------------------------|-------------------|
| 424342362         | <b>Gulika</b> | 3:56PM – 5:44PM  | <b>Bharani</b> Until 10:28PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:03AM | Vilamba 5120      |
| Mesha Rasi: 28.08 | <b>Yama</b>   | 12:18PM – 2:07PM | Vriddhi Until 2:29AM Mon     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:33PM  | Moon 7 - Phase 15 |
| Tithi 24          | <b>Rahu</b>   | 5:44PM – 7:33PM  | Taitila Until 9:31AM Mon     | <b>Nataraja:</b> Clear |                        | Navami            |
| Creative Work     | Siddha Yoga   |                  | <b>Navami*</b> Until 11:50PM | Moon – White           | <b>Sivaloka Day</b>    |                   |
|                   |               |                  |                              | <b>Ashada*Adi</b>      |                        |                   |

|                            |             |                               |                        |                              |  |   |
|----------------------------|-------------|-------------------------------|------------------------|------------------------------|--|---|
| <b>1</b>                   |             | <b>Monday, August 6, 2018</b> |                        |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau | /Inneapolis/St. Paul, MN<br>Sun 9 Sutra 113 |
| Vrishabha Rasi: 11.58      | Tithi 25    | <b>Gulika</b>                 | <b>2:07PM – 3:55PM</b> | <b>Krittika Until 8:24PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:05AM  | Vilamba 5120                                |
| <b>Family Home Evening</b> | 434342362   | Yama                          | 10:30AM – 12:18PM      | Dhruva Until 1:13AM Tue      | <b>Muruga:</b> Clear <i>Sunset:</i> 7:32PM   | Moon 7 - Phase 16                           |
| Creative Work              | Amrita Yoga | <b>Rahu</b>                   | <b>6:53AM – 8:41AM</b> | Vanija Until 9:31AM          | <b>Nataraja:</b> Clear   | 2nd Phase                                   |
|                            |             |                               |                        | <b>Dashami Until 8:24PM</b>  | Moon – Yellow  | <b>Devaloka Day</b>                         |
|                            |             |                               |                        |                              | <b>Ashada*Adi</b>  |   |

|                                 |               |                                |                         |                               |  |  |
|---------------------------------|---------------|--------------------------------|-------------------------|-------------------------------|--|--|
| <b>2</b>                        |               | <b>Tuesday, August 7, 2018</b> |                         |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau | /Inneapolis/St. Paul, MN<br>Sun 10 Sutra 114 |
| Vrishabha Rasi: 26.11           | Tithi 26 – 27 | <b>Gulika</b>                  | <b>12:18PM – 2:06PM</b> | <b>Rohini Until 5:46PM</b>    | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:06AM  | Vilamba 5120                                 |
|                                 | 434342362     | Yama                           | 8:42AM – 10:30AM        | Vyaghata* Until 11:73AM Wed   | <b>Muruga:</b> Clear <i>Sunset:</i> 7:30PM   | Moon 7 - Phase 16                            |
| Creative Work                   | Siddha Yoga   | <b>Rahu</b>                    | <b>3:54PM – 5:42PM</b>  | Bava Until 3:77AM Wed         | <b>Nataraja:</b> Clear   | 2nd Phase                                    |
| Until 5:46PM                    |               |                                |                         | <b>Ekadashi* Until 6:57PM</b> | Moon – Yellow  | <b>Devaloka Day</b>                          |
| Then Routine Work - Marana Yoga |               |                                |                         |                               | <b>Ashada*Adi</b>  |  |

|                     |               |                                  |                          |                                    |  |  |
|---------------------|---------------|----------------------------------|--------------------------|------------------------------------|--|--|
| <b>3</b>            |               | <b>Wednesday, August 8, 2018</b> |                          |                                    | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | /Inneapolis/St. Paul, MN<br>Sun 11 Sutra 115 |
| Mithuna Rasi: 10.47 | Tithi 27 – 28 | <b>Gulika</b>                    | <b>10:30AM – 12:18PM</b> | <b>Mrigashira Until 2:40PM</b>     | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:07AM  | Vilamba 5120                                 |
|                     | 434342362     | Yama                             | 6:55AM – 8:42AM          | Harshana Until 8:45PM              | <b>Muruga:</b> Clear <i>Sunset:</i> 7:29PM   | Moon 7 - Phase 16                            |
| Creative Work       | Siddha Yoga   | <b>Rahu</b>                      | <b>12:18PM – 2:06PM</b>  | Gara Until 24:60                   | <b>Nataraja:</b> Clear   | 2nd Phase                                    |
|                     |               |                                  |                          | <b>Dvadashi* Until 11:73AM Wed</b> | Moon – Yellow  | <b>Devaloka Day</b>                          |
|                     |               |                                  |                          |                                    | <b>Ashada*Adi</b>  |  |
|                     |               |                                  |                          | <i>Pradosha Vrata (Fasting)</i>    |  |  |

|                    |               |                                 |                         |                                  |   |  |
|--------------------|---------------|---------------------------------|-------------------------|----------------------------------|---|--|
| <b>4</b>           |               | <b>Thursday, August 9, 2018</b> |                         |                                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija Karana Trayodashi/Chaturdashyam Titau | /Inneapolis/St. Paul, MN<br>Sun 12 Sutra 116 |
| Mithuna Rasi: 25.4 | Tithi 28 – 29 | <b>Gulika</b>                   | <b>8:43AM – 10:30AM</b> | <b>Ardra Until 11:14AM</b>       | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:08AM   | Vilamba 5120                                 |
|                    | 444342362     | Yama                            | 5:08AM – 6:55AM         | Vajra* Until 6:12PM              | <b>Muruga:</b> Clear <i>Sunset:</i> 7:28PM  | Moon 7 - Phase 16                            |
| Creative Work      | Amrita Yoga   | <b>Rahu</b>                     | <b>2:05PM – 3:53PM</b>  | Vanija Until 11:14AM             | <b>Nataraja:</b> Clear  | 2nd Phase                                    |
|                    |               |                                 |                         | <b>Trayodashi* Until 11:14AM</b> | Moon – Blue   | <b>Devaloka Day</b>                          |
|                    |               |                                 |                         |                                  | <b>Ashada*Adi</b>   |  |

|   |               |                                |                          |                                      |   |  |
|---|---------------|--------------------------------|--------------------------|--------------------------------------|---|--|
|  |               | <b>Friday, August 10, 2018</b> |                          |                                      | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Punarvasu/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau | /Inneapolis/St. Paul, MN<br>Sun 13 Sutra 117 |
| <b>Retreat Star</b>   |               | <b>Gulika</b>                  | <b>6:56AM – 8:43AM</b>   | <b>Punarvasu Until 7:37AM</b>        | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:09AM   | Vilamba 5120                                 |
| Kataka Rasi: 10.45  | Tithi 29 – 30 | Yama                           | 3:52PM – 5:39PM          | Vyatipata* Until 3:22PM              | <b>Muruga:</b> Clear <i>Sunset:</i> 7:26PM  | Moon 7 - Phase 16                            |
|   | 444342362     | <b>Rahu</b>                    | <b>10:30AM – 12:18PM</b> | Naga Until 5:48PM                    | <b>Nataraja:</b> Clear  | Amavasya                                     |
| Routine Work  | Marana Yoga   |                                |                          | <b>Chaturdashi* Until 4:18AM Fri</b> | Moon – Blue   | <b>Devaloka Day</b>                          |
|   |               |                                |                          |                                      | <b>Ashada*Adi</b>   |  |

|                     |             |                                  |                         |                                    |  |  |
|---------------------|-------------|----------------------------------|-------------------------|------------------------------------|--|--|
| <b>Retreat Star</b> |             | <b>Saturday, August 11, 2018</b> |                         |                                    | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Magha* Nakshatra Variyan Yoga Kintughna*/Balava Karana Prathamayam Titau | /Inneapolis/St. Paul, MN<br>Sun 14 Sutra 118 |
| Kataka Rasi: 25.52  | Tithi 1     | <b>Gulika</b>                    | <b>5:10AM – 6:57AM</b>  | <b>Pushya Until 12:24AM Sun</b>    | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:10AM  | Vilamba 5120                                 |
|                     | 445342362   | Yama                             | 2:04PM – 3:51PM         | Variyan Until 12:25PM              | <b>Muruga:</b> Clear <i>Sunset:</i> 7:25PM   | Moon 7 - Phase 16                            |
| Routine Work        | Marana Yoga | <b>Rahu</b>                      | <b>8:44AM – 10:31AM</b> | Kintughna Until 10:44AM Sun        | <b>Nataraja:</b> Clear   | Prathama                                     |
|                     |             |                                  |                         | <b>Prathama* Until 12:12AM Sat</b> | Moon – Blue  | <b>Sivaloka Day</b>                          |
|                     |             |                                  |                         |                                    | <b>Sravana*Adi</b>   |  |
|                     |             |                                  |                         | <b>Partial Solar Eclipse</b>       |  |  |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

|                                  |             |   |                               |                        |  |                     |
|----------------------------------|-------------|---|-------------------------------|------------------------|--|---------------------|
| <b>1 Sunday, August 12, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava Karana Dvitiyayam Titau |                               |                        | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 119 |                     |
| Simha Rasi: 10.53                | Tithi 2     | <b>Gulika</b> 3:50PM – 5:37PM   | <b>Ashlesha* Until 9:07PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:11AM                       | Vilamba 5120        |
|                                  |             | Yama 12:17PM – 2:04PM   | Parigha* Until 3:79PM         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:23PM                        | Moon 7 - Phase 17   |
|                                  |             | 455342362 <b>Rahu</b> 5:37PM – 7:23PM   | Balava Until 10:44AM          | <b>Nataraja:</b> Clear |  | 3rd Phase           |
| Routine Work                     | Marana Yoga |   | <b>Dvitiya Until 9:07PM</b>   | Moon – Red             |  | <b>Sivaloka Day</b> |
| Until 9:07PM                     |             |   |                               | <b>Sravana-Adi</b>     |  |                     |
| Then Creative Work - Siddha Yoga |             |   |                               |                        |  |                     |

|                                  |             |  |                             |                        |  |                     |
|----------------------------------|-------------|--|-----------------------------|------------------------|--|---------------------|
| <b>2 Monday, August 13, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Tritiyayam Titau |                             |                        | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 120 |                     |
| Simha Rasi: 25.4                 | Tithi 3     | <b>Gulika</b> 2:03PM – 3:49PM  | <b>Magha* Until 6:16PM</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:13AM                       | Vilamba 5120        |
| <b>Family Home Evening</b>       |             | Yama 10:31AM – 12:17PM   | Shiva Until 7:38AM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:22PM                        | Moon 7 - Phase 17   |
|                                  |             | 455342362 <b>Rahu</b> 6:59AM – 8:45AM  | Taitila Until 4:63AM Tue    | <b>Nataraja:</b> Clear |  | 3rd Phase           |
| Creative Work                    | Siddha Yoga |  | <b>Tritiya Until 3:79PM</b> | Moon – Red             |  | <b>Sivaloka Day</b> |
|                                  |             |  |                             | <b>Sravana-Adi</b>     |  |                     |

|                                   |             |   |                                    |                        |  |                           |
|-----------------------------------|-------------|---|------------------------------------|------------------------|--|---------------------------|
| <b>3 Tuesday, August 14, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau |                                    |                        | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 121 |                           |
| Kanya Rasi: 10.05                 | Tithi 4 – 5 | <b>Gulika</b> 12:17PM – 2:03PM  | <b>Hasta Until 2:22PM Wed</b>      | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:14AM                       | Vilamba 5120              |
|                                   |             | Yama 8:45AM – 10:31AM   | Siddha Until 4:42AM Wed            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:20PM                        | Moon 7 - Phase 17         |
|                                   |             | 455342362 <b>Rahu</b> 3:48PM – 5:34PM   | Balava Until 2:65AM Wed            | <b>Nataraja:</b> Clear |  | 3rd Phase                 |
| Creative Work                     | Siddha Yoga |   | <b>Chaturthi* Until 9:44AM Tue</b> | Moon – Green           |  | <b>Subha Sivaloka Day</b> |
|                                   |             |   |                                    | <b>Sravana-Adi</b>     |  |                           |

|                                     |             |   |                                  |                        |  |                           |
|-------------------------------------|-------------|---|----------------------------------|------------------------|--|---------------------------|
| <b>4 Wednesday, August 15, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                  |                        | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 122 |                           |
| Kanya Rasi: 24.04                   | Tithi 5 – 6 | <b>Gulika</b> 10:31AM – 12:17PM   | <b>Hasta Until 2:22PM</b>        | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:15AM                       | Vilamba 5120              |
|                                     |             | Yama 7:00AM – 8:46AM  | Sadhya Until 4:77AM Thu          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:18PM                        | Moon 7 - Phase 17         |
|                                     |             | 455342362 <b>Rahu</b> 12:17PM – 2:02PM  | Kaulava Until 1:52AM Thu         | <b>Nataraja:</b> Clear |  | 3rd Phase                 |
| Creative Work                       | Siddha Yoga |   | <b>Panchami Until 7:12AM Wed</b> | Moon – Green           |  | <b>Subha Sivaloka Day</b> |
|                                     |             | <b>Nag Panchami</b>   |                                  | <b>Sravana-Adi</b>     |  |                           |

|                                    |             |  |                                   |                        |  |                           |
|------------------------------------|-------------|--|-----------------------------------|------------------------|--|---------------------------|
| <b>5 Thursday, August 16, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                   |                        | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 123 |                           |
| Tula Rasi: 7.37                    | Tithi 6 – 7 | <b>Gulika</b> 8:46AM – 10:31AM   | <b>Chitra Until 1:32PM</b>        | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:16AM                       | Vilamba 5120              |
|                                    |             | Yama 5:16AM – 7:01AM   | Sukla Until 4:30AM Fri            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:17PM                        | Moon 7 - Phase 17         |
|                                    |             | 455342362 <b>Rahu</b> 2:02PM – 3:47PM  | Gara Until 24:86                  | <b>Nataraja:</b> Clear |  | 3rd Phase                 |
| Creative Work                      | Amrita Yoga |  | <b>Shashthi* Until 4:77AM Thu</b> | Moon – Green           |  | <b>Subha Sivaloka Day</b> |
| Until 1:32PM                       |             |  |                                   | <b>Sravana-Avani</b>   |  |                           |
| Then Creative Work - Siddha Yoga   |             |  |                                   |                        |  |                           |

|                                |             |  |                                 |                        |  |                           |
|--------------------------------|-------------|--|---------------------------------|------------------------|--|---------------------------|
| <b>Friday, August 17, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                 |                        | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 124 |                           |
| <b>Retreat Star</b>            |             | <b>Gulika</b> 7:02AM – 8:47AM  | <b>Svati Until 1:31PM</b>       | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:17AM                       | Vilamba 5120              |
| Tula Rasi: 20.43               | Tithi 7 – 8 | Yama 3:46PM – 5:31PM   | Brahma Until 5:49AM Sat         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:15PM                        | Moon 7 - Phase 17         |
|                                |             | 575342362 <b>Rahu</b> 10:32AM – 12:16PM  | Visti Until 1:50AM Sat          | <b>Nataraja:</b> Clear |  | Ashtami                   |
| Creative Work                  | Siddha Yoga |  | <b>Saptami Until 4:00AM Fri</b> | Moon – Orange          |  | <b>Subha Sivaloka Day</b> |
|                                |             |  |                                 | <b>Sravana-Avani</b>   |  |                           |

|                                  |             |   |                                  |                        |  |                           |
|----------------------------------|-------------|---|----------------------------------|------------------------|--|---------------------------|
| <b>Saturday, August 18, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                  |                        | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 125 |                           |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 5:18AM – 7:03AM   | <b>Vishakha Until 2:17PM</b>     | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:18AM                       | Vilamba 5120              |
| Vrischika Rasi: 3.25             | Tithi 8 – 9 | Yama 2:00PM – 3:45PM  | Indra Until 7:42AM Sun           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:14PM                        | Moon 7 - Phase 17         |
|                                  |             | 575342362 <b>Rahu</b> 8:47AM – 10:32AM  | Balava Until 2:58AM Sun          | <b>Nataraja:</b> Clear |  | Navami                    |
| Creative Work                    | Siddha Yoga |   | <b>Ashtami* Until 3:21AM Sat</b> | Moon – Orange          |  | <b>Subha Sivaloka Day</b> |
|                                  |             |   |                                  | <b>Sravana-Avani</b>   |  |                           |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

|                                  |              |   |                                  |                        |  |                     |
|----------------------------------|--------------|---|----------------------------------|------------------------|--|---------------------|
| <b>1 Sunday, August 19, 2018</b> |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau |                                  |                        | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 126<br>Vilamba 5120 |                     |
| Vrischika Rasi: 15.47            | Tithi 9 – 10 | <b>Gulika</b> 3:44PM – 5:28PM   | <b>Anuradha</b> Until 5:47PM Mon | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:20AM                                       |                     |
|                                  |              | Yama 12:16PM – 2:00PM   | Vaidhriti* Until 3:42AM Mon      | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:12PM  | Moon 7 - Phase 18   |
|                                  |              | 575442362 <b>Rahu</b> 5:28PM – 7:12PM   | Tailita Until 4:44AM Mon         | <b>Nataraja:</b> Clear |  | 4th Phase           |
| Routine Work                     | Marana Yoga  |   | <b>Navami*</b> Until 3:18AM Sun  | Moon – Orange          |  | <b>Sivaloka Day</b> |
|                                  |              |   |                                  | <b>Sravana-Avani</b>   |  |                     |

|                                  |               |   |                                 |                        |  |                     |
|----------------------------------|---------------|---|---------------------------------|------------------------|--|---------------------|
| <b>2 Monday, August 20, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                 |                        | /Inneapolis/St. Paul, MN<br>Sun 23 Sutra 127<br>Vilamba 5120 |                     |
| Vrischika Rasi: 27.55            | Tithi 10 – 11 | <b>Gulika</b> 1:59PM – 3:43PM   | <b>Anuradha</b> Until 5:47PM    | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:21AM                                       |                     |
| <b>Family Home Evening</b>       |               | Yama 10:32AM – 12:16PM  | Vishkambha* Until 10:00AM       | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:10PM  | Moon 7 - Phase 18   |
|                                  |               | 575442362 <b>Rahu</b> 7:04AM – 8:48AM   | Vanija Until 6:58AM Tue         | <b>Nataraja:</b> Clear |  | 4th Phase           |
| Creative Work                    | Siddha Yoga   |   | <b>Dashami</b> Until 3:42AM Mon | Moon – Orange          |  | <b>Sivaloka Day</b> |
|                                  |               |   |                                 | <b>Sravana-Avani</b>   |  |                     |

|                                   |             |  |                                  |                        |  |                     |
|-----------------------------------|-------------|--|----------------------------------|------------------------|--|---------------------|
| <b>3 Tuesday, August 21, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha*/Purvashadha* Nakshatra Priti Yoga Vanija/Bava Karana Ekadashyam Titau |                                  |                        | /Inneapolis/St. Paul, MN<br>Sun 24 Sutra 128<br>Vilamba 5120 |                     |
| Dhanus Rasi: 9.51                 | Tithi 11    | <b>Gulika</b> 12:15PM – 1:59PM   | <b>Jyeshtha*</b> Until 8:11PM    | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:22AM                                       |                     |
|                                   |             | Yama 8:49AM – 10:32AM  | Priti Until 5:31AM Wed           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:09PM  | Moon 7 - Phase 18   |
|                                   |             | 586442362 <b>Rahu</b> 3:42PM – 5:25PM  | Vanija Until 9:29AM Wed          | <b>Nataraja:</b> Clear |  | 4th Phase           |
| Creative Work                     | Amrita Yoga |  | <b>Ekadashi</b> Until 4:29AM Tue | Moon – Light Blue      |  | <b>Sivaloka Day</b> |
| Until 8:11PM                      |             |  |                                  | <b>Sravana-Avani</b>   |  |                     |
| Then Creative Work - Siddha Yoga  |             |  |                                  |                        |  |                     |

|                                     |             |  |                                  |                        |  |                     |
|-------------------------------------|-------------|--|----------------------------------|------------------------|--|---------------------|
| <b>4 Wednesday, August 22, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula*/Uttarashadha Nakshatra Ayushman Yoga Bava/Kaulava Karana Dvadashyam Titau |                                  |                        | /Inneapolis/St. Paul, MN<br>Sun 25 Sutra 129<br>Vilamba 5120 |                     |
| Dhanus Rasi: 21.41                  | Tithi 12    | <b>Gulika</b> 10:32AM – 12:15PM  | <b>Mula*</b> Until 10:46PM       | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:23AM                                       |                     |
|                                     |             | Yama 7:06AM – 8:49AM   | Ayushman Until 7:39AM Fri Thu    | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:07PM  | Moon 7 - Phase 18   |
|                                     |             | 586442362 <b>Rahu</b> 12:15PM – 1:58PM   | Bava Until 11:66AM Thu           | <b>Nataraja:</b> Clear |  | 4th Phase           |
| Creative Work                       | Amrita Yoga |  | <b>Dvadashi</b> Until 5:31AM Wed | Moon – Light Blue      |  | <b>Sivaloka Day</b> |
|                                     |             |  |                                  | <b>Sravana-Avani</b>   |  |                     |

|                                    |             |  |                                      |                        |  |                     |
|------------------------------------|-------------|--|--------------------------------------|------------------------|--|---------------------|
| <b>5 Thursday, August 23, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashyam Titau |                                      |                        | /Inneapolis/St. Paul, MN<br>Sun 26 Sutra 130<br>Vilamba 5120 |                     |
| Makara Rasi: 3.28                  | Tithi 13    | <b>Gulika</b> 8:50AM – 10:32AM   | <b>Purvashadha*</b> Until 1:22AM Fri | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:24AM                                       |                     |
|                                    |             | Yama 5:24AM – 7:07AM   | Ayushman Until 7:39AM Fri            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:05PM  | Moon 7 - Phase 18   |
|                                    |             | 586442362 <b>Rahu</b> 1:57PM – 3:40PM  | Kaulava Until 14:38AM Fri            | <b>Nataraja:</b> Clear |  | 4th Phase           |
| Routine Work                       | Marana Yoga |  | <b>Trayodashi</b> Until 6:35AM Thu   | Moon – Light Blue      |  | <b>Sivaloka Day</b> |
|                                    |             |  |                                      | <b>Sravana-Avani</b>   |  |                     |
|                                    |             |  |                                      | <i>Pradosha Vrata</i>  |  |                     |

|                                  |             |  |                                      |                        |  |                           |
|----------------------------------|-------------|--|--------------------------------------|------------------------|--|---------------------------|
| <b>6 Friday, August 24, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                        | /Inneapolis/St. Paul, MN<br>Sun 27 Sutra 131<br>Vilamba 5120 |                           |
| Makara Rasi: 15.16               | Tithi 14    | <b>Gulika</b> 7:08AM – 8:50AM  | <b>Uttarashadha</b> Until 3:49AM Sat | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:25AM                                       |                           |
|                                  |             | Yama 3:39PM – 5:21PM   | Saubhagya Until 8:36AM Sat           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:04PM  | Moon 7 - Phase 18         |
|                                  |             | 596442362 <b>Rahu</b> 10:32AM – 12:15PM  | Gara Until 16:58AM Sat               | <b>Nataraja:</b> Clear |  | 4th Phase                 |
| Routine Work                     | Marana Yoga |  | <b>Chaturdashi*</b> Until 7:39AM Fri | Moon – Purple          |  | <b>Subha Sivaloka Day</b> |
| Until 3:49AM Sat                 |             | <b>Chidambaram Abhishekam</b>  |                                      | <b>Sravana-Avani</b>   |  |                           |
| Then Creative Work - Siddha Yoga |             |  |                                      |                        |  |                           |

|                                    |             |  |                                  |                        |   |                           |
|------------------------------------|-------------|--|----------------------------------|------------------------|---|---------------------------|
| <b>○ Saturday, August 25, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnimayam Titau |                                  |                        | /Inneapolis/St. Paul, MN<br>Sutra 132<br>Vilamba 5120 |                           |
| <b>Copper Retreat Star</b>         |             | <b>Gulika</b> 5:27AM – 7:09AM  | <b>Shravana</b> Until 5:59AM Sun | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:27AM                                |                           |
| Makara Rasi: 27.08                 | Tithi 15    | Yama 1:56PM – 3:38PM   | Sobhana Until 1:07AM Sun         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:02PM                                 | Moon 7 - Phase 18         |
|                                    |             | 596442362 <b>Rahu</b> 8:50AM – 10:32AM   | Visti Until 18:58AM Sun          | <b>Nataraja:</b> Clear |   | Purnima                   |
| Creative Work                      | Siddha Yoga |  | <b>Purnima*</b> Until 8:36AM Sat | Moon – Purple          |   | <b>Subha Sivaloka Day</b> |
|                                    |             | <b>Raksha Bandhan</b>  |                                  | <b>Sravana-Avani</b>   |   |                           |

|                                 |             |  |                                    |                        |   |                           |
|---------------------------------|-------------|--|------------------------------------|------------------------|---|---------------------------|
| <b>Sunday, August 26, 2018</b>  |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava Karana Prathamayam Titau |                                    |                        | /Inneapolis/St. Paul, MN<br>Sutra 133<br>Vilamba 5120 |                           |
| <b>Silver Retreat Star</b>      |             | <b>Gulika</b> 3:37PM – 5:19PM  | <b>Dhanishtha</b> Until 7:48AM Mon | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:28AM                                |                           |
| Kumbha Rasi: 9.06               | Tithi 16    | Yama 12:14PM – 1:56PM  | Athiganda* Until 9:43AM Mon        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 7:00PM                                 | Moon 7 - Phase 18         |
|                                 |             | 596442362 <b>Rahu</b> 5:19PM – 7:00PM  | Balava Until 6:58PM                | <b>Nataraja:</b> Clear |   | Prathama                  |
| Creative Work                   | Siddha Yoga |  | <b>Prathama*</b> Until 7:48AM Mon  | Moon – Purple          |   | <b>Subha Sivaloka Day</b> |
| Until 7:48AM Mon                |             | <b>Avani Avittam</b>   |                                    | <b>Sravana-Avani</b>   |   |                           |
| Then Routine Work - Marana Yoga |             |  |                                    |                        |   |                           |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

/Inneapolis/St. Paul, MN

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 21.13 Tihi 16 - 17

Family Home Evening

517442363

Gulika 1:55PM - 3:36PM  
Yama 10:33AM - 12:14PM  
Rahu 7:10AM - 8:51AM

Shatabhishak Until 7:48AM  
Sukarma Until 5:39AM Tue  
Taitila Until 8:35PM

Ganesha: White Sunrise: 5:29AM  
Muruga: Clear Sunset: 6:58PM  
Nataraja: Purple  
Moon - Clear

Sravana-Avani

Sivaloka Day

Routine Work Marana Yoga  
Until 7:48AM  
Then Creative Work - Siddha Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

/Inneapolis/St. Paul, MN

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 3.3 Tihi 17 - 18

Creative Work Amrita Yoga

517452363

Gulika 12:13PM - 1:54PM  
Yama 8:52AM - 10:33AM  
Rahu 3:35PM - 5:16PM

Uttaraproshtapada Until 7:18AM Wed  
Dhriti Until 7:18AM Wed  
Vanija Until 9:46PM  
Dvitiya Until 9:50AM Tue

Ganesha: Clear Sunrise: 5:30AM  
Muruga: Purple Sunset: 6:57PM  
Nataraja: Purple  
Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 7:18AM Wed  
Then Routine Work - Marana Yoga

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

/Inneapolis/St. Paul, MN

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 15.58 Tihi 18 - 19

Creative Work Siddha Yoga

517452363

Gulika 10:33AM - 12:13PM  
Yama 7:12AM - 8:52AM  
Rahu 12:13PM - 1:54PM

Uttaraproshtapada Until 10:41AM Thu  
Shula\* Until 7:18AM  
Bava Until 10:30PM  
Tritiya Until 9:34AM Wed

Ganesha: Clear Sunrise: 5:31AM  
Muruga: Purple Sunset: 6:55PM  
Nataraja: Purple  
Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 10:41AM Thu  
Then Routine Work - Marana Yoga

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Ashvini Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

/Inneapolis/St. Paul, MN

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 28.39 Tihi 19 - 20

Creative Work Siddha Yoga

517452363

Gulika 8:53AM - 10:33AM  
Yama 5:32AM - 7:13AM  
Rahu 1:53PM - 3:33PM

Uttaraproshtapada Until 10:41AM  
Ganda\* Until 8:21AM  
Kaulava Until 10:47PM  
Chaturthi\* Until 8:58AM Thu

Ganesha: Clear Sunrise: 5:32AM  
Muruga: Purple Sunset: 6:53PM  
Nataraja: Purple  
Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 10:41AM  
Then Creative Work - Amrita Yoga

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

/Inneapolis/St. Paul, MN

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 11.33 Tihi 20 - 21

Creative Work Amrita Yoga

527452363

Gulika 7:13AM - 8:53AM  
Yama 3:32PM - 5:12PM  
Rahu 10:33AM - 12:13PM

Revati Until 10:43AM  
Vridhi Until 6:40AM Sat  
Gara Until 10:35PM  
Panchami Until 8:01AM Fri

Ganesha: Purple Sunrise: 5:34AM  
Muruga: Purple Sunset: 6:51PM  
Nataraja: Purple  
Moon - White

Sravana-Avani

Bhuloka Day

Until 10:43AM  
Then Creative Work - Siddha Yoga

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija Karana Shashthi/Saptamyam Titau

/Inneapolis/St. Paul, MN

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 24.41 Tihi 21 - 22

Creative Work Siddha Yoga

527452363

Gulika 5:35AM - 7:14AM  
Yama 1:52PM - 3:31PM  
Rahu 8:54AM - 10:33AM

Ashvini Until 10:17AM  
Dhruva Until 4:55AM Sun  
Vanija Until 10:17AM  
Shashthi\* Until 10:17AM

Ganesha: Purple Sunrise: 5:35AM  
Muruga: Purple Sunset: 6:50PM  
Nataraja: Purple  
Moon - White

Sravana-Avani

Bhuloka Day

Until 10:17AM  
Then Creative Work - Amrita Yoga

Sunday, September 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

/Inneapolis/St. Paul, MN

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrisabha Rasi: 8.07 Tihi 22 - 23

Creative Work Siddha Yoga

527452363

Gulika 3:30PM - 5:09PM  
Yama 12:12PM - 1:51PM  
Rahu 5:09PM - 6:48PM

Krittika Until 7:53AM Mon  
Harshana Until 9:11AM  
Balava Until 8:41PM  
Saptami Until 4:55AM Sun

Ganesha: Purple Sunrise: 5:36AM  
Muruga: Purple Sunset: 6:48PM  
Nataraja: Purple  
Moon - White

Sravana-Avani

Bhuloka Day

Krishna Janmashtami

Then Creative Work - Siddha Yoga

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Mrigashira Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

/Inneapolis/St. Paul, MN

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrisabha Rasi: 21.49 Tihi 23 - 24

Family Home Evening

538452363

Gulika 1:50PM - 3:29PM  
Yama 10:33AM - 12:12PM  
Rahu 7:16AM - 8:54AM

Krittika Until 7:53AM  
Vajra\* Until 8:36AM  
Taitila Until 7:00PM  
Ashtami\* Until 2:47AM Mon

Ganesha: White Sunrise: 5:37AM  
Muruga: Purple Sunset: 6:46PM  
Nataraja: Purple  
Moon - Yellow

Sravana-Avani

Devaloka Day

Creative Work Amrita Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

|                                     |             |  |                                  |                         |                        |   |  |
|-------------------------------------|-------------|--|----------------------------------|-------------------------|------------------------|---|--|
| <b>1 Tuesday, September 4, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini/Ardra Nakshatra Siddhi Yoga Vanija/Bava Karana Dashamyam Titau |                                  |                         |                        | /Inneapolis/St. Paul, MN<br>Sun 8 Sutra 142<br>Vilamba 5120 |  |
| Mithuna Rasi: 5.5                   | Tithi 25    | <b>Gulika</b> 12:11PM – 1:49PM   | <b>Rohini Until 3:33AM Wed</b>   | <b>Ganesh:</b> White    | <i>Sunrise:</i> 5:38AM |   |  |
|                                     |             | Yama 8:55AM – 10:33AM  | Siddhi Until 7:24AM              | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:44PM  | Moon 8 - Phase 20   |  |
| Creative Work                       | Siddha Yoga | 538452363 <b>Rahu</b> 3:28PM – 5:06PM  | Vanija Until 13:73AM Wed         | <b>Nataraja:</b> Purple |                        | 2nd Phase   |  |
|                                     |             |  | <b>Dashami Until 12:12AM Tue</b> | Moon – Yellow           |                        | <b>Devaloka Day</b>   |  |
|                                     |             |  |                                  | <b>Sravana-Avani</b>    |                        |   |  |

|                                       |             |  |                                     |                         |                        |   |  |
|---------------------------------------|-------------|--|-------------------------------------|-------------------------|------------------------|---|--|
| <b>2 Wednesday, September 5, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigashira/Punarvasu Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Ekadashyam Titau |                                     |                         |                        | /Inneapolis/St. Paul, MN<br>Sun 9 Sutra 143<br>Vilamba 5120 |  |
| Mithuna Rasi: 20.08                   | Tithi 26    | <b>Gulika</b> 10:33AM – 12:11PM  | <b>Mrigashira Until 12:46AM Thu</b> | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 5:40AM |   |  |
|                                       |             | Yama 7:17AM – 8:55AM   | Vyatipata* Until 3:43AM Thu         | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:42PM  | Moon 8 - Phase 20   |  |
| Creative Work                         | Siddha Yoga | 548452363 <b>Rahu</b> 12:11PM – 1:49PM   | Bava Until 10:77AM Thu              | <b>Nataraja:</b> Purple |                        | 2nd Phase   |  |
| Until 12:46AM Thu                     |             |  | <b>Ekadashi* Until 9:16PM</b>       | Moon – Blue             |                        | <b>Bhuloka Day</b>  |  |
| Then Creative Work - Amrita Yoga      |             |  |                                     | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM                                 |  |

|                                      |             |   |                               |                         |                        |  |  |
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| <b>3 Thursday, September 6, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Dvadashyam Titau |                               |                         |                        | /Inneapolis/St. Paul, MN<br>Sun 10 Sutra 144<br>Vilamba 5120 |  |
| Kataka Rasi: 4.43                    | Tithi 27    | <b>Gulika</b> 8:56AM – 10:33AM  | <b>Punarvasu Until 9:42PM</b> | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 5:41AM |  |  |
|                                      |             | Yama 5:41AM – 7:18AM  | Variyan Until 1:24AM Fri      | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:40PM  | Moon 8 - Phase 20  |  |
| Creative Work                        | Amrita Yoga | 548452363 <b>Rahu</b> 1:48PM – 3:26PM   | Kaulava Until 7:67AM Fri      | <b>Nataraja:</b> Purple |                        | 2nd Phase  |  |
| Until 9:42PM                         |             |   | <b>Dvadashi* Until 6:00PM</b> | Moon – Blue             |                        | <b>Bhuloka Day</b>   |  |
| Then Creative Work - Siddha Yoga     |             |   |                               | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM                                  |  |

|                                    |             |  |                                 |                                 |                        |  |  |
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| <b>4 Friday, September 7, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara Karana Trayodashyam Titau |                                 |                                 |                        | /Inneapolis/St. Paul, MN<br>Sun 11 Sutra 145<br>Vilamba 5120 |  |
| Kataka Rasi: 19.29                 | Tithi 28    | <b>Gulika</b> 7:19AM – 8:56AM  | <b>Pushya Until 6:28PM</b>      | <b>Ganesh:</b> Yellow           | <i>Sunrise:</i> 5:42AM |  |  |
|                                    |             | Yama 3:24PM – 5:02PM   | Parigha* Until 10:49PM          | <b>Muruga:</b> Purple           | <i>Sunset:</i> 6:39PM  | Moon 8 - Phase 20  |  |
| Routine Work                       | Marana Yoga | 548452363 <b>Rahu</b> 10:33AM – 12:10PM  | Gara Until 8:07AM               | <b>Nataraja:</b> Purple         |                        | 2nd Phase  |  |
|                                    |             |  | <b>Trayodashi* Until 6:28PM</b> | Moon – Blue                     |                        | <b>Bhuloka Day</b>   |  |
|                                    |             |  |                                 | <b>Sravana-Avani</b>            |                        | Devaloka Time: 9:AM to12:PM                                  |  |
|                                    |             |  |                                 | <i>Pradosha Vrata (Fasting)</i> |                        |  |  |

|                                      |               |   |                                      |                         |                        |  |  |
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| <b>5 Saturday, September 8, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                      |                         |                        | /Inneapolis/St. Paul, MN<br>Sun 12 Sutra 146<br>Vilamba 5120 |  |
| Simha Rasi: 4.22                     | Tithi 29 – 30 | <b>Gulika</b> 5:43AM – 7:20AM   | <b>Ashlesha* Until 3:11PM</b>        | <b>Ganesh:</b> Red      | <i>Sunrise:</i> 5:43AM |  |  |
|                                      |               | Yama 1:47PM – 3:23PM  | Shiva Until 2:69AM Sun               | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:37PM  | Moon 8 - Phase 20  |  |
| Creative Work                        | Amrita Yoga   | 558452363 <b>Rahu</b> 8:56AM – 10:33AM  | Catuspada Until 1:35AM Sun           | <b>Nataraja:</b> Purple |                        | 2nd Phase  |  |
| Until 3:11PM                         |               |   | <b>Chaturdashi* Until 6:56AM Sat</b> | Moon – Red              |                        | <b>Bhuloka Day</b>   |  |
| Then Creative Work - Siddha Yoga     |               |   |                                      | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM                                  |  |

|                                    |              |   |                                       |                         |                        |  |  |
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| <b>● Sunday, September 9, 2018</b> |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Sadhya Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau |                                       |                         |                        | /Inneapolis/St. Paul, MN<br>Sun 13 Sutra 147<br>Vilamba 5120 |  |
| <b>Retreat Star</b>                |              | <b>Gulika</b> 3:22PM – 4:59PM   | <b>Purvaphalguni Until 9:04AM Mon</b> | <b>Ganesh:</b> Red      | <i>Sunrise:</i> 5:44AM |  |  |
| Simha Rasi: 19.12                  | Tithi 30 – 1 | Yama 12:10PM – 1:46PM   | Sadhya Until 6:08PM                   | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:35PM  | Moon 8 - Phase 20  |  |
| Creative Work                      | Siddha Yoga  | 558452363 <b>Rahu</b> 4:59PM – 6:35PM   | Bava Until 10:31PM                    | <b>Nataraja:</b> Purple |                        | Amavasya   |  |
| Until 9:04AM Mon                   |              |   | <b>Amavasya* Until 2:69AM Sun</b>     | Moon – Red              |                        | <b>Bhuloka Day</b>   |  |
| Then Creative Work - Amrita Yoga   |              |   |                                       | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM                                  |  |
|                                    |              | <b>Grandparent's Day</b>  |                                       |                         |                        |  |  |

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| <b>Monday, September 10, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                   |                         |                        | /Inneapolis/St. Paul, MN<br>Sun 14 Sutra 148<br>Vilamba 5120 |  |
| <b>Retreat Star</b>               |             | <b>Gulika</b> 1:45PM – 3:21PM   | <b>Purvaphalguni Until 9:04AM</b> | <b>Ganesh:</b> Blue     | <i>Sunrise:</i> 5:45AM |  |  |
| Kanya Rasi: 3.53                  | Tithi 1 – 2 | Yama 10:33AM – 12:09PM  | Subha Until 7:74PM                | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:33PM  | Moon 8 - Phase 20  |  |
| <b>Family Home Evening</b>        |             | 559452363 <b>Rahu</b> 7:21AM – 8:57AM   | Balava Until 7:46PM               | <b>Nataraja:</b> Purple |                        | Prathama   |  |
| Creative Work                     | Siddha Yoga |   | <b>Prathama* Until 11:32PM</b>    | Moon – Red              |                        | <b>Bhuloka Day</b>   |  |
|                                   |             |   |                                   | <b>Bhadrapada-Avani</b> |                        |  |  |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

|   |                                    |             |   |                                |   |   |   |
|---|------------------------------------|-------------|---|--------------------------------|---|---|---|
| 1 | <b>Tuesday, September 11, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Chitra Nakshatra Sukla/Brahma Yoga Kaulava/Vanija Karana Dvitiya/Tritiyayam Titau |                                |   |   | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 149<br>Vilamba 5120        |
|   | Kanya Rasi: 18.17                  | Tithi 2 – 3 | <b>Gulika</b><br>8:58AM – 10:33AM   | <b>12:09PM – 1:44PM</b>        | <b>Uttaraphalguni Until 6:34AM</b>          | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Green | Sunrise: 5:47AM<br>Sunset: 6:31PM<br>Moon 8 - Phase 21<br>3rd Phase |
|   |                                    |             | 569452363   | <b>Rahu</b><br>3:20PM – 4:56PM | Vanija Until 4:91PM<br>Dvitiya Until 7:74PM | <b>Bhadrapada-Avani</b>   | <b>Bhuloka Day</b>  |
|   | Creative Work Siddha Yoga          |             |   |                                |   |   |   |

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| 2 | <b>Wednesday, September 12, 2018</b>  |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta/Svati Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthyam Titau |                                 |  |   | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 150<br>Vilamba 5120        |
|   | Tula Rasi: 2.19   | Tithi 4 | <b>Gulika</b><br>7:23AM – 8:58AM  | <b>10:33AM – 12:08PM</b>        | <b>Hasta Until 3:21AM Thu</b>                            | <b>Ganesh:</b> Blue<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Green | Sunrise: 5:48AM<br>Sunset: 6:29PM<br>Moon 8 - Phase 21<br>3rd Phase |
|   |   |         | 569452363   | <b>Rahu</b><br>12:08PM – 1:44PM | Vanija Until 14:62AM Thu<br>Chaturthi* Until 14:53AM Wed | <b>Bhadrapada-Avani</b>   | <b>Bhuloka Day</b>  |
|   | Creative Work Siddha Yoga<br>Until 3:21AM Thu<br>Then Creative Work - Amrita Yoga |         |   |                                 |  |   |   |

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| 3 | <b>Thursday, September 13, 2018</b>   |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchamyam Titau |                                |  |   | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 151<br>Vilamba 5120        |
|   | Tula Rasi: 15.55  | Tithi 5 | <b>Gulika</b><br>5:49AM – 7:24AM  | <b>8:58AM – 10:33AM</b>        | <b>Svati Until 3:15AM Sat Fri</b>  | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Green | Sunrise: 5:49AM<br>Sunset: 6:27PM<br>Moon 8 - Phase 21<br>3rd Phase |
|   |   |         | 569552363   | <b>Rahu</b><br>1:43PM – 3:18PM | Indra Until 1:12PM<br>Bava Until 14:59AM Fri<br>Panchami Until 13:04AM Thu | <b>Bhadrapada-Avani</b>   | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM                   |
|   | Creative Work Amrita Yoga<br>Until 3:15AM Sat Fri<br>Then Creative Work - Siddha Yoga |         |   |                                |  |   |   |

|   |                                   |         |   |                                  |  |   |   |
|---|-----------------------------------|---------|---|----------------------------------|--|---|---|
| 4 | <b>Friday, September 14, 2018</b> |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Shashthyam Titau |                                  |  |   | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 152<br>Vilamba 5120        |
|   | Tula Rasi: 29.04                  | Tithi 6 | <b>Gulika</b><br>3:17PM – 4:51PM  | <b>7:24AM – 8:59AM</b>           | <b>Svati Until 3:15AM Sat</b>  | <b>Ganesh:</b> White<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Orange | Sunrise: 5:50AM<br>Sunset: 6:26PM<br>Moon 8 - Phase 21<br>3rd Phase |
|   |                                   |         | 579552363   | <b>Rahu</b><br>10:33AM – 12:08PM | Vaidhriti* Until 10:82AM Sat<br>Kaulava Until 2:59PM<br>Shashthi* Until 3:15AM Sat | <b>Bhadrapada-Avani</b>   | <b>Devaloka Day</b>   |
|   | Creative Work Siddha Yoga         |         |   |                                  |  |   |   |

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| 5 | <b>Saturday, September 15, 2018</b>  |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Saptamyam Titau |                                 |   |   | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 153<br>Vilamba 5120        |
|   | Vrischika Rasi: 11.49  | Tithi 7 | <b>Gulika</b><br>1:41PM – 3:16PM  | <b>5:51AM – 7:25AM</b>          | <b>Vishakha Until 4:25AM Sun</b>  | <b>Ganesh:</b> White<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Orange | Sunrise: 5:51AM<br>Sunset: 6:24PM<br>Moon 8 - Phase 21<br>3rd Phase |
|   |  |         | 579552363   | <b>Rahu</b><br>8:59AM – 10:33AM | Vishkambha* Until 3:18PM<br>Gara Until 16:77AM Sun<br>Saptami Until 10:82AM Sat | <b>Bhadrapada-Avani</b>   | <b>Devaloka Day</b>   |
|   | Creative Work Siddha Yoga<br>Until 4:25AM Sun<br>Then Routine Work - Marana Yoga |         |   |                                 |   |   |   |

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| D | <b>Sunday, September 16, 2018</b>  |         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Balava Karana Ashtamyam Titau |                                |   |   | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 154<br>Vilamba 5120      |
|   | <b>Retreat Star</b>  |         | <b>Gulika</b><br>12:07PM – 1:41PM  | <b>3:14PM – 4:48PM</b>         | <b>Anuradha Until 6:16AM Mon</b>  | <b>Ganesh:</b> White<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Orange | Sunrise: 5:52AM<br>Sunset: 6:22PM<br>Moon 8 - Phase 21<br>Ashtami |
|   | Vrischika Rasi: 24.12  | Tithi 8 | 579552363  | <b>Rahu</b><br>4:48PM – 6:22PM | Priti Until 5:14PM<br>Visti Until 19:24AM Mon<br>Ashtami* Until 11:27AM Sun | <b>Bhadrapada-Puratasi</b>  | <b>Devaloka Day</b>   |
|   | Routine Work Marana Yoga<br>Until 6:16AM Mon<br>Then Creative Work - Siddha Yoga |         |  |                                |   |   |   |

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| D | <b>Monday, September 17, 2018</b>   |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Bava Karana Ashtami/Navamyam Titau |                                |   |   | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 155<br>Vilamba 5120     |
|   | <b>Retreat Star</b>   |             | <b>Gulika</b><br>10:33AM – 12:07PM   | <b>1:40PM – 3:13PM</b>         | <b>Jyeshtha* Until 6:16AM</b>                                       | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Light Blue | Sunrise: 5:54AM<br>Sunset: 6:20PM<br>Moon 8 - Phase 21<br>Navami |
|   | Dhanus Rasi: 6.19   | Tithi 8 – 9 | 589552363  | <b>Rahu</b><br>7:27AM – 9:00AM | Ayushman Until 8:04PM<br>Bava Until 6:16AM<br>Ashtami* Until 6:16AM | <b>Bhadrapada-Puratasi</b>  | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM                |
|   | Family Home Evening<br>Creative Work Siddha Yoga<br>Until 6:16AM<br>Then Routine Work - Marana Yoga |             |  |                                |   |   |  |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

|  |              |  |                                    |                            |                        |  |  |
|--|--------------|--|------------------------------------|----------------------------|------------------------|--|--|
| <b>1</b> Tuesday, September 18, 2018   |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashyam Titau |                                    |                            |                        | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 156<br>Vilamba 5120 |  |
| Dhanus Rasi: 18.14                     | Tithi 9 – 10 | <b>Gulika</b> 12:06PM – 1:39PM   | <b>Mula* Until 8:36AM</b>          | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 5:55AM |  |  |
|  |              | <b>Yama</b> 9:01AM – 10:33AM   | <b>Saubhagya Until 13:56AM Wed</b> | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:18PM  | Moon 8 - Phase 22  |  |
|  |              | <b>Rahu</b> 3:12PM – 4:45PM  | <b>Taitila Until 9:54PM</b>        | <b>Nataraja:</b> Purple    |                        | 4th Phase  |  |
| Creative Work                          | Siddha Yoga  |  | <b>Navami* Until 12:52AM Tue</b>   | <b>Moon – Light Blue</b>   |                        | <b>Bhuloka Day</b>   |  |
| Until 8:36AM                           |              |  |                                    | <b>Bhadrapada-Puratasi</b> |                        | Devaloka Time: 9:AM to 12:PM                                 |  |
| Then Routine Work - Prabalarishta Yoga |              |  |                                    |                            |                        |  |  |

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| <b>2</b> Wednesday, September 19, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                   |                            |                        | /Inneapolis/St. Paul, MN<br>Sun 23 Sutra 157<br>Vilamba 5120 |  |
| Makara Rasi: 0.03                      | Tithi 10 – 11 | <b>Gulika</b> 10:33AM – 12:06PM  | <b>Purvashadha* Until 11:12AM</b> | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 5:56AM |  |  |
|  |               | <b>Yama</b> 7:28AM – 9:01AM  | <b>Sobhana Until 2:04AM Thu</b>   | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:16PM  | Moon 8 - Phase 22  |  |
|  |               | <b>Rahu</b> 12:06PM – 1:39PM   | <b>Vanija Until 12:32AM Thu</b>   | <b>Nataraja:</b> Purple    |                        | 4th Phase  |  |
| Creative Work                          | Amrita Yoga   |  | <b>Dashami Until 13:56AM Wed</b>  | <b>Moon – Light Blue</b>   |                        | <b>Bhuloka Day</b>   |  |
| Until 11:12AM                          |               |  |                                   | <b>Bhadrapada-Puratasi</b> |                        | Devaloka Time: 9:AM to 12:PM                                 |  |
| Then Creative Work - Siddha Yoga       |               |  |                                   |                            |                        |  |  |

|                                       |               |   |                                  |                            |                        |  |  |
|---------------------------------------|---------------|---|----------------------------------|----------------------------|------------------------|--|--|
| <b>3</b> Thursday, September 20, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                  |                            |                        | /Inneapolis/St. Paul, MN<br>Sun 24 Sutra 158<br>Vilamba 5120 |  |
| Makara Rasi: 11.5                     | Tithi 11 – 12 | <b>Gulika</b> 9:01AM – 10:33AM  | <b>Shravana Until 5:16AM Fri</b> | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 5:57AM |  |  |
|                                       |               | <b>Yama</b> 5:57AM – 7:29AM   | <b>Athiganda* Until 2:58PM</b>   | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:14PM  | Moon 8 - Phase 22  |  |
|                                       |               | <b>Rahu</b> 1:38PM – 3:10PM   | <b>Bava Until 3:04AM Fri</b>     | <b>Nataraja:</b> Purple    |                        | 4th Phase  |  |
| Creative Work                         | Siddha Yoga   |   | <b>Ekadashi Until 1:48PM</b>     | <b>Moon – Purple</b>       |                        | <b>Devaloka Day</b>  |  |
|                                       |               |   |                                  | <b>Bhadrapada-Puratasi</b> |                        |  |  |

|                                     |               |   |                                    |                            |                        |  |  |
|-------------------------------------|---------------|---|------------------------------------|----------------------------|------------------------|--|--|
| <b>4</b> Friday, September 21, 2018 |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau |                                    |                            |                        | /Inneapolis/St. Paul, MN<br>Sun 25 Sutra 159<br>Vilamba 5120 |  |
| Makara Rasi: 23.41                  | Tithi 12 – 13 | <b>Gulika</b> 7:30AM – 9:02AM   | <b>Dhanishtha Until 8:01AM Sat</b> | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 5:58AM |  |  |
|                                     |               | <b>Yama</b> 3:09PM – 4:41PM   | <b>Sukarma Until 8:01AM Sat</b>    | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:12PM  | Moon 8 - Phase 22  |  |
|                                     |               | <b>Rahu</b> 10:34AM – 12:05PM   | <b>Taitila Until 17:76AM Sat</b>   | <b>Nataraja:</b> Purple    |                        | 4th Phase  |  |
| Creative Work                       | Siddha Yoga   |   | <b>Dvadashi Until 4:13PM</b>       | <b>Moon – Purple</b>       |                        | <b>Devaloka Day</b>  |  |
| Until 8:01AM Sat                    |               |   |                                    | <b>Bhadrapada-Puratasi</b> |                        |  |  |
| Then Creative Work - Amrita Yoga    |               |   |                                    |                            |                        |  |  |

|                                       |             |   |                                     |                            |                        |  |  |
|---------------------------------------|-------------|---|-------------------------------------|----------------------------|------------------------|--|--|
| <b>5</b> Saturday, September 22, 2018 |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Taitila Karana Trayodashyam Titau |                                     |                            |                        | /Inneapolis/St. Paul, MN<br>Sun 26 Sutra 160<br>Vilamba 5120 |  |
| Kumbha Rasi: 5.38                     | Tithi 13    | <b>Gulika</b> 5:59AM – 7:31AM   | <b>Dhanishtha Until 8:01AM</b>      | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 5:59AM |  |  |
|                                       |             | <b>Yama</b> 1:36PM – 3:08PM   | <b>Dhriti Until 4:28PM</b>          | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:10PM  | Moon 8 - Phase 22  |  |
|                                       |             | <b>Rahu</b> 9:02AM – 10:34AM  | <b>Taitila Until 6:69AM Sun</b>     | <b>Nataraja:</b> Purple    |                        | 4th Phase  |  |
| Creative Work                         | Siddha Yoga |   | <b>Trayodashi Until 16:28AM Sat</b> | <b>Moon – Purple</b>       |                        | <b>Devaloka Day</b>  |  |
| Until 8:01AM                          |             | <b>Kadaitswami Mahasamadhi</b>  |                                     | <b>Bhadrapada-Puratasi</b> |                        |  |  |
| Then Creative Work - Amrita Yoga      |             |   |                                     |                            |                        |  |  |

|                                     |             |  |                                   |                            |                        |  |  |
|-------------------------------------|-------------|--|-----------------------------------|----------------------------|------------------------|--|--|
| <b>6</b> Sunday, September 23, 2018 |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara Karana Chaturdashyam Titau |                                   |                            |                        | /Inneapolis/St. Paul, MN<br>Sun 27 Sutra 161<br>Vilamba 5120 |  |
| Kumbha Rasi: 17.46                  | Tithi 14    | <b>Gulika</b> 3:07PM – 4:38PM  | <b>Shatabhishak Until 10:11AM</b> | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 6:01AM |  |  |
|                                     |             | <b>Yama</b> 12:05PM – 1:36PM   | <b>Shula* Until 4:42PM</b>        | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:09PM  | Moon 8 - Phase 22  |  |
|                                     |             | <b>Rahu</b> 4:38PM – 6:09PM  | <b>Gara Until 7:09AM</b>          | <b>Nataraja:</b> Purple    |                        | 4th Phase  |  |
| Creative Work                       | Siddha Yoga |  | <b>Chaturdashi* Until 7:51PM</b>  | <b>Moon – Purple</b>       |                        | <b>Devaloka Day</b>  |  |
|                                     |             | <b>Chidambaram Abhishekam</b>  |                                   | <b>Bhadrapada-Puratasi</b> |                        |  |  |

|                                   |             |  |   |                            |                        |   |  |
|-----------------------------------|-------------|--|---|----------------------------|------------------------|---|--|
| <b>Monday, September 24, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau |   |                            |                        | /Inneapolis/St. Paul, MN<br>Sutra 162<br>Vilamba 5120 |  |
| <b>Copper Retreat Star</b>        |             | <b>Gulika</b> 1:35PM – 3:05PM  | <b>Purvaproshtapada* Until 9:28PM Tue</b> | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 6:02AM |   |  |
| Meena Rasi: 0.07                  | Tithi 15    | <b>Yama</b> 10:34AM – 12:04PM  | <b>Ganda* Until 4:34PM</b>                | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:07PM  | Moon 8 - Phase 22                                     |  |
| <b>Family Home Evening</b>        |             | <b>Rahu</b> 7:32AM – 9:03AM  | <b>Visti Until 8:28AM</b>                 | <b>Nataraja:</b> Purple    |                        | Purnima   |  |
| Routine Work                      | Marana Yoga |  | <b>Purnima* Until 8:55PM</b>              | <b>Moon – Clear</b>        |                        | <b>Devaloka Day</b>                                   |  |
| Until 9:28PM Tue                  |             |  |   | <b>Bhadrapada-Puratasi</b> |                        |   |  |
| Then Creative Work - Siddha Yoga  |             |  |   |                            |                        |   |  |

|                                    |             |   |                                       |                            |                        |   |  |
|------------------------------------|-------------|---|---------------------------------------|----------------------------|------------------------|---|--|
| <b>Tuesday, September 25, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Gara Karana Prathamayam Titau |                                       |                            |                        | /Inneapolis/St. Paul, MN<br>Sutra 163<br>Vilamba 5120 |  |
| <b>Silver Retreat Star</b>         |             | <b>Gulika</b> 12:04PM – 1:34PM  | <b>Purvaproshtapada* Until 9:28PM</b> | <b>Ganesh:</b> Purple      | <i>Sunrise:</i> 6:03AM |   |  |
| Meena Rasi: 12.4                   | Tithi 16    | <b>Yama</b> 9:03AM – 10:34AM  | <b>Vridhi Until 1:31PM</b>            | <b>Muruga:</b> Purple      | <i>Sunset:</i> 6:05PM  | Moon 8 - Phase 22                                     |  |
|                                    |             | <b>Rahu</b> 3:04PM – 4:35PM   | <b>Balava Until 9:16AM</b>            | <b>Nataraja:</b> Purple    |                        | Prathama  |  |
| Creative Work                      | Amrita Yoga |   | <b>Prathama* Until 9:28PM</b>         | <b>Moon – Clear</b>        |                        | <b>Devaloka Day</b>                                   |  |
| Until 9:28PM                       |             |   |                                       | <b>Bhadrapada-Puratasi</b> |                        |   |  |
| Then Creative Work - Siddha Yoga   |             |   |                                       |                            |                        |   |  |



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Tailila/Gara Karana Dvitiyayam Titau

/Inneapolis/St. Paul, MN Sun 1 Sutra 164

Meena Rasi: 25.28 Tihti 17

Gulika 10:34AM - 12:04PM

Revati Until 2:14PM

Ganesh: Purple Sunrise: 6:04AM

Vilamba 5120

Yama 7:34AM - 9:04AM

Dhruva Until 3:06PM

Muruga: Purple Sunset: 6:03PM

Moon 9 - Phase 23

511552363 Rahu 12:04PM - 1:33PM

Tailila Until 9:35AM

Nataraja: Purple

1st Phase

Routine Work Marana Yoga

Dvitiya Until 9:33PM

Moon - Clear  
Bhadrapada-Puratasi

Devaloka Day

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

/Inneapolis/St. Paul, MN Sun 2 Sutra 165

Mesha Rasi: 8.28 Tihti 18

Gulika 9:04AM - 10:34AM

Ashvini Until 2:50PM

Ganesh: Purple Sunrise: 6:05AM

Vilamba 5120

Yama 6:05AM - 7:35AM

Vyaghata\* Until 1:51PM

Muruga: Purple Sunset: 6:01PM

Moon 9 - Phase 23

621552363 Rahu 1:33PM - 3:02PM

Vanija Until 9:28AM

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Tritiya Until 9:14PM

Moon - White  
Bhadrapada-Puratasi

Devaloka Day

Until 2:50PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Tailila Karana Chaturthayam Titau

/Inneapolis/St. Paul, MN Sun 3 Sutra 166

Mesha Rasi: 21.41 Tihti 19

Gulika 7:36AM - 9:05AM

Bharani Until 2:55PM

Ganesh: Clear Sunrise: 6:07AM

Vilamba 5120

Yama 3:01PM - 4:30PM

Harshana Until 2:55PM

Muruga: Purple Sunset: 5:59PM

Moon 9 - Phase 23

622552363 Rahu 10:34AM - 12:03PM

Bava Until 8:57AM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 8:33PM

Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

/Inneapolis/St. Paul, MN Sun 4 Sutra 167

Vrisabha Rasi: 5.05 Tihti 20

Gulika 6:08AM - 7:36AM

Krittika Until 6:15PM Sun

Ganesh: Clear Sunrise: 6:08AM

Vilamba 5120

Yama 1:31PM - 3:00PM

Vajra\* Until 10:29AM

Muruga: Purple Sunset: 5:57PM

Moon 9 - Phase 23

622552363 Rahu 9:05AM - 10:34AM

Kaulava Until 8:06AM

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Panchami Until 7:33PM

Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

/Inneapolis/St. Paul, MN Sun 5 Sutra 168

Vrisabha Rasi: 18.4 Tihti 21

Gulika 2:59PM - 4:27PM

Krittika Until 6:15PM

Ganesh: Purple Sunrise: 6:09AM

Vilamba 5120

Yama 12:02PM - 1:31PM

Siddhi Until 5:69AM Mon

Muruga: Purple Sunset: 5:55PM

Moon 9 - Phase 23

632552363 Rahu 4:27PM - 5:55PM

Gara Until 5:31AM Mon

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 10:29AM

Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Ardra Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

/Inneapolis/St. Paul, MN Sun 6 Sutra 169

Mithuna Rasi: 2.25 Tihti 22 - 23

Gulika 1:30PM - 2:58PM

Rohini Until 4:40PM

Ganesh: Purple Sunrise: 6:10AM

Vilamba 5120

Family Home Evening

Yama 10:34AM - 12:02PM

Vyatipata\* Until 3:38AM Tue

Muruga: Purple Sunset: 5:54PM

Moon 9 - Phase 23

632552363 Rahu 7:38AM - 9:06AM

Balava Until 3:48AM Tue

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Saptami Until 4:40PM

Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Until 4:40PM

Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava Karana Ashtami/Navamyam Titau

/Inneapolis/St. Paul, MN Sun 7 Sutra 170

Mithuna Rasi: 16.2 Tihti 23 - 24

Gulika 12:02PM - 1:29PM

Ardra Until 12:07PM

Ganesh: Purple Sunrise: 6:11AM

Vilamba 5120

Yama 9:06AM - 10:34AM

Parigha\* Until 12:54AM Wed

Muruga: Purple Sunset: 5:52PM

Moon 9 - Phase 23

632552363 Rahu 2:57PM - 4:24PM

Kaulava Until 2:49PM

Nataraja: Purple

Ashtami

Routine Work Marana Yoga

Ashtami\* Until 2:49PM

Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Until 12:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

/Inneapolis/St. Paul, MN Sun 8 Sutra 171

Kataka Rasi: 0.25 Tihti 24 - 25

Gulika 10:34AM - 12:01PM

Punarvasu Until 10:54AM

Ganesh: Clear Sunrise: 6:13AM

Vilamba 5120

Yama 7:40AM - 9:07AM

Shiva Until 10:54AM

Muruga: Purple Sunset: 5:50PM

Moon 9 - Phase 23

642552363 Rahu 12:01PM - 1:28PM

Vanija Until 11:35PM

Nataraja: Purple

Navami

Creative Work Siddha Yoga

Navami\* Until 12:42PM

Moon - Blue  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


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|                                  |               |                                  |                  |   |                            |   |                    |
|----------------------------------|---------------|----------------------------------|------------------|---|----------------------------|---|--------------------|
| <b>1</b>                         |               | <b>Thursday, October 4, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Siddha Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau |                            | /Inneapolis/St. Paul, MN<br>Sun 9 Sutra 172 |                    |
| Kataka Rasi: 14.4                | Tithi 25 – 26 | <b>Gulika</b>                    | 9:07AM – 10:34AM | <b>Pushya Until 9:19AM</b>  | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 6:14AM                      | Vilamba 5120       |
|                                  |               | Yama                             | 6:14AM – 7:41AM  | Siddha Until 6:50PM   | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:48PM                       | Moon 9 - Phase 24  |
|                                  |               | 642552363 <b>Rahu</b>            | 1:28PM – 2:55PM  | Bava Until 9:08PM   | <b>Nataraja:</b> Purple    |   | 2nd Phase          |
| Creative Work                    | Amrita Yoga   |                                  |                  | <b>Dashami Until 10:21AM</b>  | Moon – Blue                |   | <b>Bhuloka Day</b> |
| Until 9:19AM                     |               |                                  |                  |   | <b>Bhadrapada-Puratasi</b> | Devaloka Time: 6:AM to 9:AM                 |                    |
| Then Creative Work - Siddha Yoga |               |                                  |                  |   |                            |   |                    |

|                    |               |                                |                   |   |                            |  |                    |
|--------------------|---------------|--------------------------------|-------------------|---|----------------------------|--|--------------------|
| <b>2</b>           |               | <b>Friday, October 5, 2018</b> |                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava Karana Ekadashi/Dvadashyam Titau |                            | /Inneapolis/St. Paul, MN<br>Sun 10 Sutra 173 |                    |
| Kataka Rasi: 29.04 | Tithi 26 – 27 | <b>Gulika</b>                  | 7:41AM – 9:08AM   | <b>Ashlesha* Until 7:24AM</b>   | <b>Ganesh:</b> Clear       | <i>Sunrise:</i> 6:15AM                       | Vilamba 5120       |
|                    |               | Yama                           | 2:53PM – 4:20PM   | Sadhya Until 7:24AM   | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:46PM                        | Moon 9 - Phase 24  |
|                    |               | 642552363 <b>Rahu</b>          | 10:34AM – 12:01PM | Balava Until 7:49AM   | <b>Nataraja:</b> Purple    |  | 2nd Phase          |
| Routine Work       | Marana Yoga   |                                |                   | <b>Ekadashi* Until 7:49AM</b>   | Moon – Blue                |  | <b>Bhuloka Day</b> |
|                    |               |                                |                   |   | <b>Bhadrapada-Puratasi</b> | Devaloka Time: 6:AM to 9:AM                  |                    |

|                                  |             |                                  |                  |   |                            |  |                    |
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| <b>3</b>                         |             | <b>Saturday, October 6, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau |                            | /Inneapolis/St. Paul, MN<br>Sun 11 Sutra 174 |                    |
| Simha Rasi: 13.31                | Tithi 28    | <b>Gulika</b>                    | 6:16AM – 7:42AM  | <b>Purvaphalguni Until 3:47AM Sun</b>   | <b>Ganesh:</b> White       | <i>Sunrise:</i> 6:16AM                       | Vilamba 5120       |
|                                  |             | Yama                             | 1:26PM – 2:52PM  | Subha Until 12:18PM   | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:44PM                        | Moon 9 - Phase 24  |
|                                  |             | 652552363 <b>Rahu</b>            | 9:08AM – 10:34AM | Gara Until 3:53PM   | <b>Nataraja:</b> Purple    |  | 2nd Phase          |
| Creative Work                    | Siddha Yoga |                                  |                  | <b>Trayodashi* Until 2:33AM Sun</b>   | Moon – Red                 |  | <b>Bhuloka Day</b> |
| Until 3:47AM Sun                 |             |                                  |                  |   | <b>Bhadrapada-Puratasi</b> |  |                    |
| Then Creative Work - Amrita Yoga |             |                                  |                  | <i>Pradosha Vrata (Fasting)</i>   |                            |  |                    |

|                                  |             |                                |                  |   |                            |  |                    |
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| <b>4</b>                         |             | <b>Sunday, October 7, 2018</b> |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                            | /Inneapolis/St. Paul, MN<br>Sun 12 Sutra 175 |                    |
| Simha Rasi: 27.59                | Tithi 29    | <b>Gulika</b>                  | 2:51PM – 4:17PM  | <b>Uttaraphalguni Until 1:53AM Mon</b>  | <b>Ganesh:</b> White       | <i>Sunrise:</i> 6:18AM                       | Vilamba 5120       |
|                                  |             | Yama                           | 12:00PM – 1:26PM | Sukla Until 9:01AM  | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:43PM                        | Moon 9 - Phase 24  |
|                                  |             | 652552364 <b>Rahu</b>          | 4:17PM – 5:43PM  | Visti Until 1:17PM  | <b>Nataraja:</b> Clear     |  | 2nd Phase          |
| Creative Work                    | Amrita Yoga |                                |                  | <b>Chaturdashi* Until 12:02AM Mon</b>   | Moon – Red                 |  | <b>Bhuloka Day</b> |
| Until 1:53AM Mon                 |             |                                |                  |   | <b>Bhadrapada-Puratasi</b> | Devaloka Time: 6:PM to 9:PM                  |                    |
| Then Creative Work - Siddha Yoga |             |                                |                  |   |                            |  |                    |

|   |             |                                       |                   |   |                            |  |                     |
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|  |             | <b>Monday, October 8, 2018</b>        |                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indra Vasara Yuktayam<br>Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                            | /Inneapolis/St. Paul, MN<br>Sun 13 Sutra 176 |                     |
| <b>Retreat Star</b>   |             | <b>Gulika</b>                         | 1:25PM – 2:50PM   | <b>Hasta Until 12:32AM Tue</b>  | <b>Ganesh:</b> Red         | <i>Sunrise:</i> 6:19AM                       | Vilamba 5120        |
| Kanya Rasi: 12.21   | Tithi 30    | Yama                                  | 10:35AM – 12:00PM | Indra Until 2:59AM Tue  | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:41PM                        | Moon 9 - Phase 24   |
| <b>Family Home Evening</b>  |             | 662652364 <b>Rahu</b>                 | 7:44AM – 9:09AM   | Catuspada Until 10:52AM   | <b>Nataraja:</b> Clear     |  | Amavasya            |
| Creative Work   | Siddha Yoga |                                       |                   | <b>Amavasya* Until 9:46PM</b>   | Moon – Green               |  | <b>Devaloka Day</b> |
|   |             | <b>Mahalaya Amavasai (Tamil Nadu)</b> |                   |   | <b>Bhadrapada-Puratasi</b> |  |                     |

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| <b>Tuesday, October 9, 2018</b> |             | <b>Retreat Star</b>     |                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau |                         | /Inneapolis/St. Paul, MN<br>Sun 14 Sutra 177 |                     |
| Kanya Rasi: 26.31               | Tithi 1     | <b>Gulika</b>           | 12:00PM – 1:24PM | <b>Chitra Until 6:36PM Wed</b>   | <b>Ganesh:</b> Red      | <i>Sunrise:</i> 6:20AM                       | Vilamba 5120        |
|                                 |             | Yama                    | 9:10AM – 10:35AM | Vaidhriti* Until 12:25AM Wed   | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:39PM                        | Moon 9 - Phase 24   |
|                                 |             | 662652364 <b>Rahu</b>   | 2:49PM – 4:14PM  | Kintughna Until 8:48AM   | <b>Nataraja:</b> Clear  |  | Prathama            |
| Creative Work                   | Siddha Yoga |                         |                  | <b>Prathama* Until 7:54PM</b>  | Moon – Green            |  | <b>Devaloka Day</b> |
|                                 |             | <b>Navaratri Begins</b> |                  |  | <b>Ashvina-Puratasi</b> |  |                     |

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| <b>1</b> | <b>Wednesday, October 10, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                               |   |                     | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 178<br>Vilamba 5120 |
|          | Tula Rasi: 10.23                   | Tithi 2     | <b>Gulika</b> 10:35AM – 11:59AM   | <b>Chitra</b> Until 6:36PM    | <b>Ganesh:</b> Red <i>Sunrise:</i> 6:21AM   |                     |  |
|          |                                    |             | Yama 7:46AM – 9:10AM  | Vishkambha* Until 20:47AM Thu | <b>Muruga:</b> Purple <i>Sunset:</i> 5:37PM |                     | Moon 9 - Phase 25  |
|          | Creative Work                      | Siddha Yoga | 662652364 <b>Rahu</b> 11:59AM – 1:24PM  | Balava Until 7:12AM           | <b>Nataraja:</b> Clear                      |                     | 3rd Phase  |
|          |                                    |             | <b>Dvitiya</b> Until 6:36PM   | Moon – Green                  |   | <b>Devaloka Day</b> |  |
|          |                                    |             |   | <b>Ashvina•Puratasi</b>       |   |                     |  |

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| <b>2</b> | <b>Thursday, October 11, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Prili Yoga Tailila Karana Tritiya/Chaturthyam Titau |                               |   |                             | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 179<br>Vilamba 5120 |
|          | Tula Rasi: 23.55                  | Tithi 3 – 4 | <b>Gulika</b> 9:11AM – 10:35AM   | <b>Vishakha</b> Until 11:08PM | <b>Ganesh:</b> White <i>Sunrise:</i> 6:22AM |                             |  |
|          |                                   |             | Yama 6:22AM – 7:47AM   | Priti Until 8:47PM            | <b>Muruga:</b> Purple <i>Sunset:</i> 5:35PM |                             | Moon 9 - Phase 25  |
|          | Creative Work                     | Siddha Yoga | 673652364 <b>Rahu</b> 1:23PM – 2:47PM  | Taitila Until 6:12AM          | <b>Nataraja:</b> Clear                      |                             | 3rd Phase  |
|          |                                   |             | <b>Tritiya</b> Until 5:57PM  | Moon – Orange                 |   | <b>Bhuloka Day</b>          |  |
|          |                                   |             |  | <b>Ashvina•Puratasi</b>       |   | Devaloka Time: 6:PM to 9:PM |  |

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| <b>3</b> | <b>Friday, October 12, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Ayushman Yoga Visti* Karana Chaturthyam Titau |                                   |   |                             | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 180<br>Vilamba 5120 |
|          | Vrischika Rasi: 7.02            | Tithi 4     | <b>Gulika</b> 7:47AM – 9:11AM   | <b>Anuradha</b> Until 12:03AM Sat | <b>Ganesh:</b> White <i>Sunrise:</i> 6:24AM |                             |  |
|          |                                 |             | Yama 2:46PM – 4:10PM  | Ayushman Until 7:49PM             | <b>Muruga:</b> Purple <i>Sunset:</i> 5:34PM |                             | Moon 9 - Phase 25  |
|          | Creative Work                   | Siddha Yoga | 673652364 <b>Rahu</b> 10:35AM – 11:59AM   | Visti Until 6:04PM                | <b>Nataraja:</b> Clear                      |                             | 3rd Phase  |
|          |                                 |             | <b>Chaturthi*</b> Until 6:04PM  | Moon – Orange                     |   | <b>Bhuloka Day</b>          |  |
|          |                                 |             |   | <b>Ashvina•Puratasi</b>           |   | Devaloka Time: 6:PM to 9:PM |  |

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| <b>4</b> | <b>Saturday, October 13, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau |                                   |   |                             | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 181<br>Vilamba 5120 |
|          | Vrischika Rasi: 19.47             | Tithi 5     | <b>Gulika</b> 6:25AM – 7:48AM   | <b>Jyeshtha*</b> Until 1:33AM Sun | <b>Ganesh:</b> White <i>Sunrise:</i> 6:25AM |                             |  |
|          |                                   |             | Yama 1:22PM – 2:45PM  | Saubhagya Until 7:28PM            | <b>Muruga:</b> Purple <i>Sunset:</i> 5:32PM |                             | Moon 9 - Phase 25  |
|          | Creative Work                     | Siddha Yoga | 673652364 <b>Rahu</b> 9:12AM – 10:35AM  | Bava Until 6:27AM                 | <b>Nataraja:</b> Clear                      |                             | 3rd Phase  |
|          |                                   |             | <b>Panchami</b> Until 6:58PM  | Moon – Orange                     |   | <b>Bhuloka Day</b>          |  |
|          |                                   |             |   | <b>Ashvina•Puratasi</b>           |   | Devaloka Time: 6:PM to 9:PM |  |

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| <b>5</b> | <b>Sunday, October 14, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau |                               |   |                     | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 182<br>Vilamba 5120 |
|          | Dhanus Rasi: 2.11               | Tithi 6     | <b>Gulika</b> 2:44PM – 4:07PM   | <b>Mula*</b> Until 4:03AM Mon | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:26AM |                     |  |
|          |                                 |             | Yama 11:58AM – 1:21PM   | Sobhana Until 7:41PM          | <b>Muruga:</b> Purple <i>Sunset:</i> 5:30PM |                     | Moon 9 - Phase 25  |
|          | Creative Work                   | Amrita Yoga | 683652364 <b>Rahu</b> 4:07PM – 5:30PM   | Kaulava Until 7:43AM          | <b>Nataraja:</b> Clear                      |                     | 3rd Phase  |
|          |                                 |             | <b>Shashthi*</b> Until 8:36PM   | Moon – Light Blue             |   | <b>Devaloka Day</b> |  |
|          |                                 |             |   | <b>Ashvina•Puratasi</b>       |   |                     |  |

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| <b>6</b> | <b>Monday, October 15, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau |                                      |   |                     | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 183<br>Vilamba 5120 |
|          | Dhanus Rasi: 14.17              | Tithi 7     | <b>Gulika</b> 1:21PM – 2:43PM   | <b>Purvashadha*</b> Until 6:54AM Tue | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:28AM |                     |  |
|          | <b>Family Home Evening</b>      |             | Yama 10:35AM – 11:58AM  | Athiganda* Until 8:19PM              | <b>Muruga:</b> Purple <i>Sunset:</i> 5:28PM |                     | Moon 9 - Phase 25  |
|          | Routine Work                    | Marana Yoga | 683652364 <b>Rahu</b> 7:50AM – 9:13AM   | Gara Until 9:40AM                    | <b>Nataraja:</b> Clear                      |                     | 3rd Phase  |
|          |                                 |             | <b>Saptami</b> Until 10:49PM  | Moon – Light Blue                    |   | <b>Devaloka Day</b> |  |
|          |                                 |             |   | <b>Ashvina•Puratasi</b>              |   |                     |  |

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| <b>D</b> | <b>Tuesday, October 16, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau |                                  |   |                     | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 184<br>Vilamba 5120 |
|          | <b>Retreat Star</b>              |             | <b>Gulika</b> 11:58AM – 1:20PM  | <b>Purvashadha*</b> Until 6:54AM | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:29AM |                     |  |
|          | Dhanus Rasi: 26.13               | Tithi 8     | Yama 9:13AM – 10:36AM   | Sukarma Until 9:15PM             | <b>Muruga:</b> Purple <i>Sunset:</i> 5:27PM |                     | Moon 9 - Phase 25  |
|          | Creative Work                    | Siddha Yoga | 683652364 <b>Rahu</b> 2:42PM – 4:05PM   | Visti Until 12:05PM              | <b>Nataraja:</b> Clear                      |                     | Ashtami  |
|          |                                  |             | <b>Ashtami*</b> Until 1:23AM Wed  | Moon – Light Blue                |   | <b>Devaloka Day</b> |  |
|          |                                  |             | <b>Durga Ashtami</b>  | <b>Ashvina•Puratasi</b>          |   |                     |  |

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| <b>D</b> | <b>Wednesday, October 17, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |  |   |                     | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 185<br>Vilamba 5120 |
|          | <b>Retreat Star</b>                |             | <b>Gulika</b> 10:36AM – 11:58AM  | <b>Uttarashadha</b> Until 6:30AM Fri Thu | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:30AM |                     |  |
|          | Makara Rasi: 8.02                  | Tithi 9     | Yama 7:52AM – 9:14AM   | Dhriti Until 10:17PM                     | <b>Muruga:</b> Purple <i>Sunset:</i> 5:25PM |                     | Moon 9 - Phase 25  |
|          | Creative Work                      | Amrita Yoga | 683652364 <b>Rahu</b> 11:58AM – 1:19PM   | Balava Until 17:20AM Thu                 | <b>Nataraja:</b> Clear                      |                     | Navami   |
|          |                                    |             | <b>Navami*</b> Until 9:15PM  | Moon – Light Blue                        |   | <b>Devaloka Day</b> |  |
|          |                                    |             | <b>Saraswathi Puja (Tamil Nadu)</b>  | <b>Ashvina•Aipasi</b>                    |   |                     |  |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

|                   |             |                                       |                                      |  |  |
|-------------------|-------------|---------------------------------------|--------------------------------------|--|--|
| <b>1</b>          |             | <b>Thursday, October 18, 2018</b>     |                                      | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau | /Inneapolis/St. Paul, MN<br>Sun 23 Sutra 186 |
| Makara Rasi: 19.5 | Tithi 10    | <b>Gulika</b> 9:14AM – 10:36AM        | <b>Uttarashadha Until 6:30AM Fri</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:31AM  | Vilamba 5120                                 |
|                   |             | Yama 6:31AM – 7:53AM                  | Shula* Until 11:12PM                 | <b>Muruga:</b> Purple <i>Sunset:</i> 5:23PM  | Moon 9 - Phase 26                            |
| Creative Work     | Siddha Yoga | 693652364 <b>Rahu</b> 1:19PM – 2:40PM | Tailila Until 5:20PM                 | <b>Nataraja:</b> Clear   | 4th Phase                                    |
|                   |             | <b>Vijaya Dasami</b>                  | <b>Dashami Until 6:30AM Fri</b>      | Moon – Purple  | <b>Bhuloka Day</b>                           |
|                   |             |                                       |                                      | <b>Ashvina-Aipasi</b>  | Devaloka Time: 6:PM to 9:PM                  |

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| <b>2</b>          |               | <b>Friday, October 19, 2018</b>         |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau | /Inneapolis/St. Paul, MN<br>Sun 24 Sutra 187 |
| Kumbha Rasi: 1.42 | Tithi 10 – 11 | <b>Gulika</b> 7:54AM – 9:15AM           | <b>Dhanishtha Until 3:55PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:33AM  | Vilamba 5120                                 |
|                   |               | Yama 2:39PM – 4:01PM                    | Ganda* Until 11:52PM           | <b>Muruga:</b> Purple <i>Sunset:</i> 5:22PM  | Moon 9 - Phase 26                            |
| Creative Work     | Siddha Yoga   | 693652364 <b>Rahu</b> 10:36AM – 11:57AM | Vanija Until 7:37PM            | <b>Nataraja:</b> Clear   | 4th Phase                                    |
|                   |               |   | <b>Dashami Until 6:30AM</b>    | Moon – Purple  | <b>Bhuloka Day</b>                           |
|                   |               |   |                                | <b>Ashvina-Aipasi</b>  | Devaloka Time: 6:PM to 9:PM                  |

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| <b>3</b>                        |               | <b>Saturday, October 20, 2018</b>      |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak Nakshatra Vriddhi Yoga Visti* Karana Ekadashi/Dvadashyam Titau | /Inneapolis/St. Paul, MN<br>Sun 25 Sutra 188 |
| Kumbha Rasi: 13.44              | Tithi 11 – 12 | <b>Gulika</b> 6:34AM – 7:55AM          | <b>Shatabhishak Until 6:09PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:34AM   | Vilamba 5120                                 |
|                                 |               | Yama 1:18PM – 2:39PM                   | Vriddhi Until 12:09AM Sun        | <b>Muruga:</b> Purple <i>Sunset:</i> 5:20PM   | Moon 9 - Phase 26                            |
| Creative Work                   | Amrita Yoga   | 693652364 <b>Rahu</b> 9:16AM – 10:36AM | Visti Until 8:34AM               | <b>Nataraja:</b> Clear  | 4th Phase                                    |
| Until 6:09PM                    |               |  | <b>Ekadashi Until 8:34AM</b>     | Moon – Purple   | <b>Bhuloka Day</b>                           |
| Then Routine Work - Marana Yoga |               |  |                                  | <b>Ashvina-Aipasi</b>   | Devaloka Time: 6:PM to 9:PM                  |

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| <b>4</b>                         |               | <b>Sunday, October 21, 2018</b>       |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | /Inneapolis/St. Paul, MN<br>Sun 26 Sutra 189 |
| Kumbha Rasi: 25.59               | Tithi 12 – 13 | <b>Gulika</b> 2:38PM – 3:58PM         | <b>Purvaproshtapada* Until 8:07PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 6:35AM  | Vilamba 5120                                 |
|                                  |               | Yama 11:57AM – 1:17PM                 | Dhruva Until 11:56PM                  | <b>Muruga:</b> Purple <i>Sunset:</i> 5:18PM   | Moon 9 - Phase 26                            |
| Creative Work                    | Siddha Yoga   | 613652364 <b>Rahu</b> 3:58PM – 5:18PM | Kaulava Until 10:36PM                 | <b>Nataraja:</b> Clear  | 4th Phase                                    |
| Until 8:07PM                     |               |                                       | <b>Dvadashi Until 10:04AM</b>         | Moon – Clear  | <b>Bhuloka Day</b>                           |
| Then Creative Work - Amrita Yoga |               |                                       |                                       | <b>Ashvina-Aipasi</b>   | Devaloka Time: 6:PM to 9:PM                  |

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| <b>5</b>                   |               | <b>Monday, October 22, 2018</b>       |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | /Inneapolis/St. Paul, MN<br>Sun 27 Sutra 190 |
| Meena Rasi: 8.31           | Tithi 13 – 14 | <b>Gulika</b> 1:17PM – 2:37PM         | <b>Uttaraproshtapada Until 9:19PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 6:37AM   | Vilamba 5120                                 |
| <b>Family Home Evening</b> |               | Yama 10:37AM – 11:57AM                | Vyaghata* Until 11:14PM               | <b>Muruga:</b> Purple <i>Sunset:</i> 5:17PM  | Moon 9 - Phase 26                            |
| Creative Work              | Siddha Yoga   | 613652364 <b>Rahu</b> 7:57AM – 9:17AM | Gara Until 11:08PM                    | <b>Nataraja:</b> Clear   | 4th Phase                                    |
|                            |               |                                       | <b>Trayodashi Until 10:56AM</b>       | Moon – Clear   | <b>Bhuloka Day</b>                           |
|                            |               |                                       |                                       | <b>Ashvina-Aipasi</b>  | Devaloka Time: 6:PM to 9:PM                  |

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| <b>○</b>                   |               | <b>Tuesday, October 23, 2018</b>      |                                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | /Inneapolis/St. Paul, MN<br>Sun 27 Sutra 191 |
| <b>Copper Retreat Star</b> |               | <b>Gulika</b> 11:57AM – 1:16PM        | <b>Revati Until 9:44PM</b>        | <b>Ganesha:</b> White <i>Sunrise:</i> 6:38AM   | Vilamba 5120                                 |
| Meena Rasi: 21.2           | Tithi 14 – 15 | Yama 9:17AM – 10:37AM                 | Harshana Until 9:44PM             | <b>Muruga:</b> Purple <i>Sunset:</i> 5:15PM  | Moon 9 - Phase 26                            |
| Creative Work              | Siddha Yoga   | 613652364 <b>Rahu</b> 2:36PM – 3:56PM | Visti Until 11:04PM               | <b>Nataraja:</b> Clear   | Purnima                                      |
|                            |               |                                       | <b>Chaturdashi* Until 11:09AM</b> | Moon – Clear   | <b>Bhuloka Day</b>                           |
|                            |               |                                       |                                   | <b>Ashvina-Aipasi</b>  | Devaloka Time: 6:PM to 9:PM                  |

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| <b>○</b>                         |               | <b>Wednesday, October 24, 2018</b>     |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | /Inneapolis/St. Paul, MN<br>Sun 27 Sutra 192 |
| <b>Silver Retreat Star</b>       |               | <b>Gulika</b> 10:37AM – 11:56AM        | <b>Ashvini Until 9:56PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:39AM   | Vilamba 5120                                 |
| Mesha Rasi: 4.27                 | Tithi 15 – 16 | Yama 7:59AM – 9:18AM                   | Vajra* Until 8:25PM           | <b>Muruga:</b> Purple <i>Sunset:</i> 5:14PM  | Moon 9 - Phase 26                            |
| Routine Work                     | Marana Yoga   | 623652364 <b>Rahu</b> 11:56AM – 1:16PM | Balava Until 10:26PM          | <b>Nataraja:</b> Clear   | Prathama                                     |
| Until 9:56PM                     |               |  | <b>Purnima* Until 10:47AM</b> | Moon – White   | <b>Devaloka Day</b>                          |
| Then Creative Work - Siddha Yoga |               |  |                               | <b>Ashvina-Aipasi</b>  |  |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

/Inneapolis/St. Paul, MN

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.51    Tihi 16 - 17

623652364

**Gulika** 9:18AM - 10:37AM  
Yama 6:41AM - 8:00AM  
**Rahu** 1:15PM - 2:34PM

**Bharani Until 9:32PM**  
Siddhi Until 6:27PM  
Taitila Until 9:21PM  
**Prathama\* Until 9:56AM**

**Ganesha:** Clear    *Sunrise:* 6:41AM  
**Muruga:** Purple    *Sunset:* 5:12PM  
**Nataraja:** Clear  
Moon - White  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 9:32PM  
Then Routine Work - Marana Yoga

Friday, October 26, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

/Inneapolis/St. Paul, MN

Sun 1    Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 1.29    Tihi 17 - 18

624652364

**Gulika** 8:00AM - 9:19AM  
Yama 2:33PM - 3:52PM  
**Rahu** 10:38AM - 11:56AM

**Krittika Until 8:40PM**  
Vyatipata\* Until 4:11PM  
Vanija Until 7:56PM  
**Dvitiya Until 8:40AM**

**Ganesha:** White    *Sunrise:* 6:42AM  
**Muruga:** Purple    *Sunset:* 5:11PM  
**Nataraja:** Clear  
Moon - White  
**Ashvina-Aipasi**

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 8:40PM  
Then Routine Work - Marana Yoga

Saturday, October 27, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan/Parigaha\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

/Inneapolis/St. Paul, MN

Sun 2    Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 15.18    Tihi 18 - 19

634652364

**Gulika** 6:43AM - 8:01AM  
Yama 1:14PM - 2:33PM  
**Rahu** 9:20AM - 10:38AM

**Rohini Until 7:50PM**  
Variyan Until 1:42PM  
Bava Until 6:17PM  
**Tritiya Until 7:07AM**

**Ganesha:** Clear    *Sunrise:* 6:43AM  
**Muruga:** Purple    *Sunset:* 5:09PM  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 7:50PM  
Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigaha/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

/Inneapolis/St. Paul, MN

Sun 3    Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 29.14    Tihi 20

634652364

**Gulika** 2:32PM - 3:50PM  
Yama 11:56AM - 1:14PM  
**Rahu** 3:50PM - 5:08PM

**Mrigashira Until 6:44PM**  
Parigaha\* Until 11:06AM  
Kaulava Until 4:29PM  
**Panchami Until 3:31AM Mon**

**Ganesha:** Clear    *Sunrise:* 6:45AM  
**Muruga:** Purple    *Sunset:* 5:08PM  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 5:23PM  
Then Creative Work - Amrita Yoga

Monday, October 29, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

/Inneapolis/St. Paul, MN

Sun 4    Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 13.14    Tihi 21

634652364

**Gulika** 1:14PM - 2:31PM  
Yama 10:38AM - 11:56AM  
**Rahu** 8:03AM - 9:21AM

**Ardra Until 5:23PM**  
Shiva Until 8:25AM  
Gara Until 2:35PM  
**Shashthi\* Until 1:36AM Tue**

**Ganesha:** Clear    *Sunrise:* 6:46AM  
**Muruga:** Purple    *Sunset:* 5:06PM  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina-Aipasi**

**Devaloka Day**

Family Home Evening  
Creative Work    Siddha Yoga  
Until 5:23PM  
Then Creative Work - Amrita Yoga

Tuesday, October 30, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti/Bava Karana Saptamyam Titau

/Inneapolis/St. Paul, MN

Sun 5    Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 27.17    Tihi 22

644662364

**Gulika** 11:56AM - 1:13PM  
Yama 9:22AM - 10:39AM  
**Rahu** 2:30PM - 3:47PM

**Punarvasu Until 9:39PM Wed**  
Sadhya Until 2:55AM Wed  
Visti Until 12:38PM  
**Saptami Until 11:38PM**

**Ganesha:** Purple    *Sunrise:* 6:47AM  
**Muruga:** Clear    *Sunset:* 5:05PM  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 5:23PM  
Then Creative Work - Amrita Yoga

Wednesday, October 31, 2018

Retreat Star

D

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

/Inneapolis/St. Paul, MN

Sun 6    Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 11.22    Tihi 23

644662364

**Gulika** 10:39AM - 11:56AM  
Yama 8:05AM - 9:22AM  
**Rahu** 11:56AM - 1:13PM

**Punarvasu Until 9:39PM**  
Subha Until 12:09AM Thu  
Balava Until 10:40AM  
**Ashtami\* Until 9:39PM**

**Ganesha:** Purple    *Sunrise:* 6:49AM  
**Muruga:** Clear    *Sunset:* 5:03PM  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 9:39PM  
Then Creative Work - Amrita Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

/Inneapolis/St. Paul, MN

Sun 7    Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 25.26    Tihi 24

644662364

**Gulika** 9:23AM - 10:39AM  
Yama 6:50AM - 8:06AM  
**Rahu** 1:12PM - 2:29PM

**Ashlesha\* Until 1:36PM**  
Sukla Until 9:21PM  
Taitila Until 8:41AM  
**Navami\* Until 7:40PM**

**Ganesha:** Purple    *Sunrise:* 6:50AM  
**Muruga:** Clear    *Sunset:* 5:02PM  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina-Aipasi**

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 1:36PM  
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

|                                   |               |  |                                |                        |                        |   |
|-----------------------------------|---------------|--|--------------------------------|------------------------|------------------------|---|
| <b>1 Friday, November 2, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau |                                |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 8 Sutra 201<br>Vilamba 5120 |
| Simha Rasi: 9.31                  | Tithi 25 – 26 | <b>Gulika</b> 8:07AM – 9:24AM  | <b>Magha* Until 3:46PM Sat</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:51AM |   |
|                                   |               | Yama 2:28PM – 3:44PM   | Brahma Until 6:34PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:00PM  | Moon 10 - Phase 28  |
|                                   |               | 654762364 <b>Rahu</b> 10:40AM – 11:56AM  | Vanija Until 6:42AM            | <b>Nataraja:</b> Clear |                        | 2nd Phase   |
| Routine Work                      | Marana Yoga   |  | <b>Dashami Until 5:42PM</b>    | Moon – Red             |                        | <b>Devaloka Day</b>   |
| Until 3:46PM Sat                  |               |  |                                | <b>Ashvina•Aipasi</b>  |                        |   |
| Then Creative Work - Siddha Yoga  |               |  |                                |                        |                        |   |

|                                     |               |   |                               |                        |                        |   |
|-------------------------------------|---------------|---|-------------------------------|------------------------|------------------------|---|
| <b>2 Saturday, November 3, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha*/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                               |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 9 Sutra 202<br>Vilamba 5120 |
| Simha Rasi: 23.35                   | Tithi 26 – 27 | <b>Gulika</b> 6:53AM – 8:08AM   | <b>Magha* Until 3:46PM</b>    | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:53AM |   |
|                                     |               | Yama 1:12PM – 2:27PM  | Indra Until 3:51PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:59PM  | Moon 10 - Phase 28  |
|                                     |               | 654762364 <b>Rahu</b> 9:24AM – 10:40AM  | Kaulava Until 2:52AM Sun      | <b>Nataraja:</b> Clear |                        | 2nd Phase   |
| Creative Work                       | Siddha Yoga   |   | <b>Ekadashi* Until 3:46PM</b> | Moon – Red             |                        | <b>Devaloka Day</b>   |
| Until 3:46PM                        |               |   |                               | <b>Ashvina•Aipasi</b>  |                        |   |
| Then Routine Work - Marana Yoga     |               |   |                               |                        |                        |   |

|                                   |               |   |                                   |                        |                        |  |
|-----------------------------------|---------------|---|-----------------------------------|------------------------|------------------------|--|
| <b>3 Sunday, November 4, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau |                                   |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 10 Sutra 203<br>Vilamba 5120 |
| Kanya Rasi: 8                     | Tithi 27 – 28 | <b>Gulika</b> 2:27PM – 3:42PM   | <b>Purvaphalguni Until 1:57PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:54AM |  |
|                                   |               | Yama 11:56AM – 1:11PM   | Vaidhriti* Until 0:71PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:58PM  | Moon 10 - Phase 28   |
|                                   |               | 654762364 <b>Rahu</b> 3:42PM – 4:58PM   | Gara Until 1:07AM Mon             | <b>Nataraja:</b> Clear |                        | 2nd Phase  |
| Creative Work                     | Amrita Yoga   |   | <b>Dvadashi* Until 1:57PM</b>     | Moon – Red             |                        | <b>Devaloka Day</b>  |
|                                   |               |   |                                   | <b>Ashvina•Aipasi</b>  |                        |  |
|                                   |               |   |                                   |                        |                        |  |

*Pradosha Vrata (Fasting)*

|  |               |  |                                  |                        |                        |  |
|--|---------------|--|----------------------------------|------------------------|------------------------|--|
| <b>4 Monday, November 5, 2018</b>      |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                  |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 11 Sutra 204<br>Vilamba 5120 |
| Kanya Rasi: 21.31                      | Tithi 28 – 29 | <b>Gulika</b> 1:11PM – 2:26PM  | <b>Hasta Until 9:07AM</b>        | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:55AM |  |
| <b>Family Home Evening</b>             |               | Yama 10:41AM – 11:56AM   | Vishkambha* Until 10:40AM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:56PM  | Moon 10 - Phase 28   |
|  |               | 654762364 <b>Rahu</b> 8:10AM – 9:26AM  | Visti Until 11:37PM              | <b>Nataraja:</b> Clear |                        | 2nd Phase  |
| Creative Work                          | Siddha Yoga   |  | <b>Trayodashi* Until 12:19PM</b> | Moon – Green           |                        | <b>Devaloka Day</b>  |
| Until 9:07AM                           |               |  |                                  | <b>Ashvina•Aipasi</b>  |                        |  |
| Then Routine Work - Prabalarishta Yoga |               | <b>Subramuniyaswami Mahasamadhi</b>  |                                  |                        |                        |  |
|  |               | <b>Deepavali Hindu Solidarity Day</b>  |                                  |                        |                        |  |

|                     |               |  |                                   |                        |                        |  |
|---------------------|---------------|--|-----------------------------------|------------------------|------------------------|--|
| <b>Retreat Star</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                   |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 12 Sutra 205<br>Vilamba 5120 |
| Tula Rasi: 5.17     | Tithi 29 – 30 | <b>Gulika</b> 11:56AM – 1:11PM   | <b>Chitra Until 10:02AM Wed</b>   | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:57AM |  |
|                     |               | Yama 9:26AM – 10:41AM  | Priti Until 8:24AM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:55PM  | Moon 10 - Phase 28   |
|                     |               | 654762364 <b>Rahu</b> 2:26PM – 3:40PM  | Catuspada Until 10:28PM           | <b>Nataraja:</b> Clear |                        | Amavasya   |
| Creative Work       | Siddha Yoga   |  | <b>Chaturdashi* Until 10:58AM</b> | Moon – Green           |                        | <b>Devaloka Day</b>  |
|                     |               |  |                                   | <b>Ashvina•Aipasi</b>  |                        |  |

|                     |              |   |                                |                        |                        |  |
|---------------------|--------------|---|--------------------------------|------------------------|------------------------|--|
| <b>Retreat Star</b> |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga* Karana Amavasya/Prathamayam Titau |                                |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 13 Sutra 206<br>Vilamba 5120 |
| Tula Rasi: 18.49    | Tithi 30 – 1 | <b>Gulika</b> 10:42AM – 11:56AM   | <b>Chitra Until 10:02AM</b>    | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:58AM |  |
|                     |              | Yama 8:13AM – 9:27AM  | Ayushman Until 4:50AM Thu      | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:54PM  | Moon 10 - Phase 28   |
|                     |              | 765762364 <b>Rahu</b> 11:56AM – 1:10PM  | Naga Until 10:02AM             | <b>Nataraja:</b> Clear |                        | Prathama   |
| Creative Work       | Siddha Yoga  |   | <b>Amavasya* Until 10:02AM</b> | Moon – Green           |                        | <b>Sivaloka Day</b>  |
|                     |              |   |                                | <b>Kartika•Aipasi</b>  |                        |  |
|                     |              | <b>Skanda Shasthi Begins</b>  |                                |                        |                        |  |

|  |                    |  |  |  |                       |  |                           |
|--|--------------------|--|--|--|-----------------------|--|---------------------------|
| <b>1</b>                               |                    | <b>Thursday, November 8, 2018</b>          |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau      |                       | /Inneapolis/St. Paul, MN<br>Sun 14 Sutra 207<br>Vilamba 5120 |                           |
| Vrischika Rasi: 2.05                   | Tithi 1 – 2        | <b>Gulika</b><br>9:28AM – 10:42AM          | <b>Vishakha Until 9:49AM Fri</b>         | <b>Ganesh:</b> Orange<br><i>Sunrise:</i> 6:59AM  | <i>Sunset:</i> 4:53PM | Moon 10 - Phase 29   |                           |
|  |                    | Yama<br>6:59AM – 8:14AM                    | Sobhana Until 8:16AM                     | <b>Muruga:</b> Clear   |                       | 3rd Phase  |                           |
|  |                    | 775762364 <b>Rahu</b><br>1:10PM – 2:24PM   | Kaulava Until 9:39PM                     | <b>Nataraja:</b> Clear   |                       |  | <b>Sivaloka Day</b>       |
| Creative Work                          | Siddha Yoga        |  | <b>Prathama* Until 4:50AM Thu</b>        | Moon – Orange  |                       |  |                           |
|  |                    |  |  | <b>Karttika•Aipasi</b>   |                       |  |                           |
| <b>2</b>                               |                    | <b>Friday, November 9, 2018</b>            |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava Karana Dvitiya/Tritiyayam Titau       |                       | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 208<br>Vilamba 5120 |                           |
| Vrischika Rasi: 15.02                  | Tithi 2 – 3        | <b>Gulika</b><br>8:15AM – 9:28AM           | <b>Vishakha Until 9:49AM</b>             | <b>Ganesh:</b> Orange<br><i>Sunrise:</i> 7:01AM  | <i>Sunset:</i> 4:51PM | Moon 10 - Phase 29   |                           |
|  |                    | Yama<br>2:24PM – 3:38PM                    | Athiganda* Until 3:08AM Sat              | <b>Muruga:</b> Clear   |                       | 3rd Phase  |                           |
|  |                    | 775762364 <b>Rahu</b><br>10:42AM – 11:56AM | Kaulava Until 9:49AM                     | <b>Nataraja:</b> Clear   |                       |  | <b>Sivaloka Day</b>       |
| Creative Work                          | Siddha Yoga        |  | <b>Dvitiya Until 9:49AM</b>              | Moon – Orange  |                       |  |                           |
| Until 9:49AM                           |                    |  |  | <b>Karttika•Aipasi</b>   |                       |  |                           |
| Then Routine Work - Marana Yoga        |                    |  |  |  |                       |  |                           |
| <b>3</b>                               |                    | <b>Saturday, November 10, 2018</b>         |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau          |                       | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 209<br>Vilamba 5120 |                           |
| Vrischika Rasi: 27.4                   | Tithi 3 – 4        | <b>Gulika</b><br>7:02AM – 8:16AM           | <b>Anuradha Until 10:42AM</b>            | <b>Ganesh:</b> Orange<br><i>Sunrise:</i> 7:02AM  | <i>Sunset:</i> 4:50PM | Moon 10 - Phase 29   |                           |
|  |                    | Yama<br>1:10PM – 2:23PM                    | Sukarma Until 10:18AM                    | <b>Muruga:</b> Clear   |                       | 3rd Phase  |                           |
|  |                    | 775762364 <b>Rahu</b><br>9:29AM – 10:43AM  | Vanija Until 10:85PM                     | <b>Nataraja:</b> Clear   |                       |  | <b>Sivaloka Day</b>       |
| Creative Work                          | Siddha Yoga        |  | <b>Tritiya Until 3:08AM Sat</b>          | Moon – Orange  |                       |  |                           |
|  |                    |  |  | <b>Karttika•Aipasi</b>   |                       |  |                           |
| <b>4</b>                               |                    | <b>Sunday, November 11, 2018</b>           |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                       | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 210<br>Vilamba 5120 |                           |
| Dhanus Rasi: 10.01                     | Tithi 4 – 5        | <b>Gulika</b><br>2:23PM – 3:36PM           | <b>Jyeshtha* Until 12:15PM</b>           | <b>Ganesh:</b> Clear<br><i>Sunrise:</i> 7:03AM   | <i>Sunset:</i> 4:49PM | Moon 10 - Phase 29   |                           |
|  |                    | Yama<br>11:56AM – 1:10PM                   | Dhriti Until 12:31PM                     | <b>Muruga:</b> Clear   |                       | 3rd Phase  |                           |
|  |                    | 785762364 <b>Rahu</b><br>3:36PM – 4:49PM   | Bava Until 1:17AM Mon                    | <b>Nataraja:</b> Clear   |                       |  | <b>Sivaloka Day</b>       |
| Creative Work                          | Amrita Yoga        |  | <b>Chaturthi* Until 3:03AM Sun</b>       | Moon – Light Blue  |                       |  |                           |
| Until 12:15PM                          |                    |  |  | <b>Karttika•Aipasi</b>   |                       |  |                           |
| Then Creative Work - Siddha Yoga       |                    |  |  |  |                       |  |                           |
| <b>5</b>                               |                    | <b>Monday, November 12, 2018</b>           |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau   |                       | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 211<br>Vilamba 5120 |                           |
| Dhanus Rasi: 22.06                     | Tithi 5 – 6        | <b>Gulika</b><br>1:09PM – 2:22PM           | <b>Mula* Until 2:23PM</b>                | <b>Ganesh:</b> Clear<br><i>Sunrise:</i> 7:05AM   | <i>Sunset:</i> 4:48PM | Moon 10 - Phase 29   |                           |
| <b>Family Home Evening</b>             |                    | Yama<br>10:44AM – 11:56AM                  | Shula* Until 3:08PM                      | <b>Muruga:</b> Clear   |                       | 3rd Phase  |                           |
|  |                    | 785762364 <b>Rahu</b><br>8:18AM – 9:31AM   | Kaulava Until 3:38AM Tue                 | <b>Nataraja:</b> Clear   |                       |  | <b>Sivaloka Day</b>       |
| Routine Work                           | Marana Yoga        |  | <b>Panchami Until 3:28AM Mon</b>         | Moon – Light Blue  |                       |  |                           |
|  |                    |  |  | <b>Karttika•Aipasi</b>   |                       |  |                           |
| <b>6</b>                               |                    | <b>Tuesday, November 13, 2018</b>          |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                       | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 212<br>Vilamba 5120 |                           |
| Makara Rasi: 4.01                      | Tithi 6 – 7        | <b>Gulika</b><br>11:57AM – 1:09PM          | <b>Uttarashadha Until 7:38PM Wed</b>     | <b>Ganesh:</b> Clear<br><i>Sunrise:</i> 7:06AM   | <i>Sunset:</i> 4:47PM | Moon 10 - Phase 29   |                           |
|  |                    | Yama<br>9:31AM – 10:44AM                   | Ganda* Until 5:58PM                      | <b>Muruga:</b> Clear   |                       | 3rd Phase  |                           |
|  |                    | 785762364 <b>Rahu</b><br>2:22PM – 3:34PM   | Gara Until 5:78AM Wed                    | <b>Nataraja:</b> Clear   |                       |  | <b>Sivaloka Day</b>       |
| Routine Work                           | Prabalarishta Yoga |  | <b>Shashthi* Until 4:12AM Tue</b>        | Moon – Light Blue  |                       |  |                           |
| Until 7:38PM Wed                       |                    | <b>Skanda Shashthi</b>                     |  | <b>Karttika•Aipasi</b>   |                       |  |                           |
| Then Creative Work - Siddha Yoga       |                    |  |  |  |                       |  |                           |
| <b>Retreat Star</b>                    |                    | <b>Wednesday, November 14, 2018</b>        |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vriddhi Yoga Gara/Visti* Karana Saptamyam Titau            |                       | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 213<br>Vilamba 5120 |                           |
| Makara Rasi: 15.49                     | Tithi 7            | <b>Gulika</b><br>10:44AM – 11:57AM         | <b>Uttarashadha Until 7:38PM</b>         | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 7:08AM  | <i>Sunset:</i> 4:46PM | Moon 10 - Phase 29   |                           |
|  |                    | Yama<br>8:20AM – 9:32AM                    | Vriddhi Until 6:10AM Thu                 | <b>Muruga:</b> Clear   |                       | 3rd Phase  |                           |
|  |                    | 795762364 <b>Rahu</b><br>11:57AM – 1:09PM  | Gara Until 8:59AM Thu                    | <b>Nataraja:</b> Clear   |                       |  | <b>Subha Sivaloka Day</b> |
| Creative Work                          | Siddha Yoga        |  | <b>Saptami Until 5:10AM Wed</b>          | Moon – Purple  |                       |  |                           |
| Until 7:38PM                           |                    |  |  | <b>Karttika•Aipasi</b>   |                       |  |                           |
| Then Routine Work - Prabalarishta Yoga |                    |  |  |  |                       |  |                           |
| <b>Retreat Star</b>                    |                    | <b>Thursday, November 15, 2018</b>         |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau                 |                       | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 214<br>Vilamba 5120 |                           |
| Makara Rasi: 27.37                     | Tithi 8            | <b>Gulika</b><br>9:33AM – 10:45AM          | <b>Dhanishtha Until 12:18AM Fri</b>      | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 7:09AM  | <i>Sunset:</i> 4:45PM | Moon 10 - Phase 29   |                           |
|  |                    | Yama<br>7:09AM – 8:21AM                    | Vriddhi Until 6:10AM                     | <b>Muruga:</b> Clear   |                       | Ashtami  |                           |
|  |                    | 795762364 <b>Rahu</b><br>1:09PM – 2:21PM   | Visti Until 8:59AM                       | <b>Nataraja:</b> Clear   |                       |  | <b>Subha Sivaloka Day</b> |
| Creative Work                          | Siddha Yoga        |  | <b>Ashtami* Until 10:13PM</b>            | Moon – Purple  |                       |  |                           |
|  |                    |  |  | <b>Karttika•Aipasi</b>   |                       |  |                           |
| <b>Retreat Star</b>                    |                    | <b>Friday, November 16, 2018</b>           |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau             |                       | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 215<br>Vilamba 5120 |                           |
| Kumbha Rasi: 9.29                      | Tithi 9            | <b>Gulika</b><br>8:22AM – 9:34AM           | <b>Shatabhishak Until 2:06AM Sun Sat</b> | <b>Ganesh:</b> Purple<br><i>Sunrise:</i> 7:10AM  | <i>Sunset:</i> 4:44PM | Moon 10 - Phase 29   |                           |
|  |                    | Yama<br>2:21PM – 3:32PM                    | Dhruva Until 2:47AM Sat                  | <b>Muruga:</b> Clear   |                       | Navami   |                           |
|  |                    | 795762364 <b>Rahu</b><br>10:45AM – 11:57AM | Balava Until 11:25AM                     | <b>Nataraja:</b> Clear   |                       |  | <b>Subha Sivaloka Day</b> |
| Creative Work                          | Siddha Yoga        |  | <b>Navami* Until 12:27AM Sat</b>         | Moon – Purple  |                       |  |                           |
| Until 2:06AM Sun Sat                   |                    |  |  | <b>Karttika•Kartikai</b>   |                       |  |                           |
| Then Routine Work - Marana Yoga        |                    |  |  |  |                       |  |                           |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

|          |   |           |   |  |   |                                   |  |
|----------|---|-----------|---|--|---|-----------------------------------|--|
| <b>1</b> | <b>Saturday, November 17, 2018</b>  |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Vanija Karana Dashamyam Titau |  |   |                                   | /Inneapolis/St. Paul, MN<br>Sun 23 Sutra 216<br>Vilamba 5120 |
|          | Kumbha Rasi: 21.32<br>Tiithi 10<br><br>Routine Work Marana Yoga<br>Until 2:06AM Sun<br>Then Creative Work - Amrita Yoga | 716762365 | Gulika 7:12AM – 8:23AM<br>Yama 1:09PM – 2:20PM<br>Rahu 9:34AM – 10:46AM   | Shatabhishak Until 2:06AM Sun<br>Vyaghata* Until 5:02AM Sun<br>Tailila Until 14:41AM Sun<br>Dashami Until 7:29AM Sat | Ganesh: Red<br>Muruga: Clear<br>Nataraja: White<br>Moon – Clear<br>Karttika-Karttikai | Sunrise: 7:12AM<br>Sunset: 4:43PM | Moon 10 - Phase 30<br>4th Phase<br><br>Devaloka Day          |

|          |  |           |   |  |   |                                   |  |
|----------|--|-----------|---|--|---|-----------------------------------|--|
| <b>2</b> | <b>Sunday, November 18, 2018</b>   |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Bava Karana Ekadashyam Titau |  |   |                                   | /Inneapolis/St. Paul, MN<br>Sun 24 Sutra 217<br>Vilamba 5120 |
|          | Meena Rasi: 3.49<br>Tiithi 11<br><br>Creative Work Amrita Yoga<br>Until 3:02AM Mon<br>Then Creative Work - Siddha Yoga | 716762365 | Gulika 2:20PM – 3:31PM<br>Yama 11:58AM – 1:09PM<br>Rahu 3:31PM – 4:42PM   | Purvaproshtapada* Until 3:02AM Mon<br>Harshana Until 6:25AM Mon<br>Vanija Until 15:15AM Mon<br>Ekadashi Until 7:32AM Sun | Ganesh: Red<br>Muruga: Clear<br>Nataraja: White<br>Moon – Clear<br>Karttika-Karttikai | Sunrise: 7:13AM<br>Sunset: 4:42PM | Moon 10 - Phase 30<br>4th Phase<br><br>Devaloka Day          |

|          |   |           |   |  |   |                                   |  |
|----------|---|-----------|---|--|---|-----------------------------------|--|
| <b>3</b> | <b>Monday, November 19, 2018</b>  |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashyam Titau |  |   |                                   | /Inneapolis/St. Paul, MN<br>Sun 25 Sutra 218<br>Vilamba 5120 |
|          | Meena Rasi: 16.26<br>Tiithi 12<br><b>Family Home Evening</b><br>Creative Work Siddha Yoga | 716762365 | Gulika 1:09PM – 2:20PM<br>Yama 10:47AM – 11:58AM<br>Rahu 8:25AM – 9:36AM  | Uttaraproshtapada Until 2:40AM Wed<br>Vajra* Until 6:25AM<br>Bava Until 14:63AM Tue<br>Dvadashi Until 7:00AM Mon | Ganesh: Red<br>Muruga: Clear<br>Nataraja: White<br>Moon – Clear<br>Karttika-Karttikai | Sunrise: 7:14AM<br>Sunset: 4:41PM | Moon 10 - Phase 30<br>4th Phase<br><br>Devaloka Day          |

|          |  |           |  |  |   |                                   |  |
|----------|--|-----------|--|--|---|-----------------------------------|--|
| <b>4</b> | <b>Tuesday, November 20, 2018</b>  |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada*/Ashvini Nakshatra Vyalipata* Yoga Kaulava/Gara Karana Trayodashyam Titau |  |   |                                   | /Inneapolis/St. Paul, MN<br>Sun 26 Sutra 219<br>Vilamba 5120 |
|          | Meena Rasi: 29.23<br>Tiithi 13<br><br>Creative Work Siddha Yoga<br>Until 2:40AM Wed<br>Then Routine Work - Marana Yoga | 716762365 | Gulika 11:58AM – 1:09PM<br>Yama 9:37AM – 10:47AM<br>Rahu 2:19PM – 3:30PM   | Uttaraproshtapada Until 2:40AM Wed<br>Vyalipata* Until 6:56AM<br>Kaulava Until 13:70AM Wed<br>Trayodashi Until 5:53AM Tue<br><i>Pradosha Vrata</i> | Ganesh: Red<br>Muruga: Clear<br>Nataraja: White<br>Moon – Clear<br>Karttika-Karttikai | Sunrise: 7:15AM<br>Sunset: 4:41PM | Moon 10 - Phase 30<br>4th Phase<br><br>Devaloka Day          |

|          |  |           |  |   |  |                                   |  |
|----------|--|-----------|--|---|--|-----------------------------------|--|
| <b>5</b> | <b>Wednesday, November 21, 2018</b>  |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati/Bharani Nakshatra Variyan Yoga Gara Karana Chaturdashyam Titau |   |  |                                   | /Inneapolis/St. Paul, MN<br>Sun 27 Sutra 220<br>Vilamba 5120                       |
|          | Mesha Rasi: 12.44<br>Tiithi 14<br><br>Routine Work Marana Yoga<br>Until 1:28AM Thu<br>Then Creative Work - Siddha Yoga | 726762365 | Gulika 10:48AM – 11:58AM<br>Yama 8:27AM – 9:37AM<br>Rahu 11:58AM – 1:09PM  | Revati Until 1:28AM Thu<br>Variyan Until 1:61AM Thu<br>Gara Until 2:10PM<br>Chaturdashi* Until 1:28AM Thu | Ganesh: Blue<br>Muruga: Clear<br>Nataraja: White<br>Moon – White<br>Karttika-Karttikai | Sunrise: 7:17AM<br>Sunset: 4:40PM | Moon 10 - Phase 30<br>4th Phase<br><br>Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |

|          |                                    |  |  |           |  |  |  |
|----------|------------------------------------|--|--|-----------|--|--|--|
| <b>○</b> | <b>Thursday, November 22, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau |           |  |  | /Inneapolis/St. Paul, MN<br>Sutra 221<br>Vilamba 5120                                  |
|          | <b>Copper Retreat Star</b>         |  | Mesha Rasi: 26.26<br>Tiithi 15<br><br>Creative Work Siddha Yoga<br>Until 6:23AM<br>Then Routine Work - Marana Yoga   | 726762365 | Gulika 9:38AM – 10:48AM<br>Yama 7:18AM – 8:28AM<br>Rahu 1:09PM – 2:19PM<br><br>Krittika Deepam | Bharani Until 6:23AM<br>Parigha* Until 11:25PM<br>Visti Until 10:42AM Fri<br>Purnima* Until 1:61AM Thu | Ganesh: Blue<br>Muruga: Clear<br>Nataraja: White<br>Moon – White<br>Karttika-Karttikai |

|          |                                  |  |  |           |   |   |   |
|----------|----------------------------------|--|--|-----------|---|---|---|
| <b>○</b> | <b>Friday, November 23, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau |           |   |   | /Inneapolis/St. Paul, MN<br>Sutra 222<br>Vilamba 5120                                     |
|          | <b>Silver Retreat Star</b>       |  | Vrisabha Rasi: 10.27<br>Tiithi 16<br><br>Routine Work Marana Yoga<br>Until 3:42AM Sat<br>Then Creative Work - Siddha Yoga  | 736762365 | Gulika 8:29AM – 9:39AM<br>Yama 2:19PM – 3:28PM<br>Rahu 10:49AM – 11:59AM<br><br>Vinayaga Viratam Begins | Rohini Until 3:42AM Sat<br>Shiva Until 8:29PM<br>Balava Until 10:42AM<br>Prathama* Until 9:34PM | Ganesh: Yellow<br>Muruga: Clear<br>Nataraja: White<br>Moon – Yellow<br>Karttika-Karttikai |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila Karana Dvitiyayam Titau

/Inneapolis/St. Paul, MN  
Sun 1 Sutra 223

Vrshabha Rasi: 24.42 Tihi 17

737762365

**Gulika** 7:21AM – 8:30AM  
**Yama** 1:09PM – 2:18PM  
**Rahu** 9:40AM – 10:49AM

**Mrigashira** Until 1:56AM Sun  
Siddha Until 1:56AM Sun  
Taitila Until 8:25AM  
Dvitiya Until 7:10PM

**Ganesha:** Red *Sunrise:* 7:21AM  
**Muruga:** Clear *Sunset:* 4:38PM  
**Nataraja:** White  
Moon – Yellow  
Karttika-Karttikai

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Visti\*/Balava Karana Tritiya/Chaturtham Titau

/Inneapolis/St. Paul, MN  
Sun 2 Sutra 224

Mithuna Rasi: 9.06 Tihi 18 – 19

737762365

**Gulika** 2:18PM – 3:28PM  
**Yama** 11:59AM – 1:09PM  
**Rahu** 3:28PM – 4:37PM

**Ardra** Until 11:57PM  
Sadhya Until 11:57PM  
Balava Until 13:64AM Mon  
Tritiya Until 4:37PM

**Ganesha:** Red *Sunrise:* 7:22AM  
**Muruga:** Clear *Sunset:* 4:37PM  
**Nataraja:** White  
Moon – Yellow  
Karttika-Karttikai

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

/Inneapolis/St. Paul, MN  
Sun 3 Sutra 225

Mithuna Rasi: 23.32 Tihi 19 – 20

747762365

**Gulika** 1:09PM – 2:18PM  
**Yama** 10:51AM – 12:00PM  
**Rahu** 8:32AM – 9:41AM

**Punarvasu** Until 10:16PM  
Subha Until 10:45AM  
Kaulava Until 12:50AM Tue  
Chaturthi\* Until 2:04PM

**Ganesha:** Green *Sunrise:* 7:23AM  
**Muruga:** Clear *Sunset:* 4:36PM  
**Nataraja:** White  
Moon – Blue  
Karttika-Karttikai

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Taitila Karana Panchami/Shashthiyam Titau

/Inneapolis/St. Paul, MN  
Sun 4 Sutra 226

Kataka Rasi: 7.57 Tihi 20 – 21

747862365

**Gulika** 12:00PM – 1:09PM  
**Yama** 9:42AM – 10:51AM  
**Rahu** 2:18PM – 3:27PM

**Pushya** Until 9:17AM Wed  
Sukla Until 7:30AM  
Taitila Until 11:36AM  
Panchami Until 11:36AM

**Ganesha:** White *Sunrise:* 7:24AM  
**Muruga:** Clear *Sunset:* 4:36PM  
**Nataraja:** White  
Moon – Blue  
Karttika-Karttikai

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

/Inneapolis/St. Paul, MN  
Sun 5 Sutra 227

Kataka Rasi: 22.16 Tihi 21 – 22

747863365

**Gulika** 10:52AM – 12:00PM  
**Yama** 8:34AM – 9:43AM  
**Rahu** 12:00PM – 1:09PM

**Pushya** Until 9:17AM  
Indra Until 6:55PM  
Bava Until 7:74PM  
Shashthi\* Until 7:30AM

**Ganesha:** White *Sunrise:* 7:25AM  
**Muruga:** Purple *Sunset:* 4:35PM  
**Nataraja:** White  
Moon – Blue  
Karttika-Karttikai

Vilamba 5120  
Moon 11 - Phase 31  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

/Inneapolis/St. Paul, MN  
Sun 6 Sutra 228

Simha Rasi: 6.26 Tihi 22 – 23

757863365

**Gulika** 9:44AM – 10:52AM  
**Yama** 7:27AM – 8:35AM  
**Rahu** 1:09PM – 2:18PM

**Magha\*** Until 3:49AM Sat Fri  
Vaidhriti\* Until 5:46PM  
Kaulava Until 6:17PM  
Saptami Until 1:27AM Thu

**Ganesha:** Clear *Sunrise:* 7:27AM  
**Muruga:** Purple *Sunset:* 4:35PM  
**Nataraja:** White  
Moon – Red  
Karttika-Karttikai

Vilamba 5120  
Moon 11 - Phase 31  
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 3:49AM Sat Fri

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Uttaraphalguni Nakshatra Vishkambha\* Yoga Taitila/Vanija Karana Navamyam Titau

/Inneapolis/St. Paul, MN  
Sun 7 Sutra 229

Simha Rasi: 20.26 Tihi 24

758863365

**Gulika** 8:36AM – 9:44AM  
**Yama** 2:18PM – 3:26PM  
**Rahu** 10:53AM – 12:01PM

**Magha\*** Until 3:49AM Sat  
Vishkambha\* Until 7:68PM  
Taitila Until 14:69AM Sat  
Navami\* Until 10:41PM

**Ganesha:** Orange *Sunrise:* 7:28AM  
**Muruga:** Purple *Sunset:* 4:34PM  
**Nataraja:** White  
Moon – Red  
Karttika-Karttikai

Vilamba 5120  
Moon 11 - Phase 31  
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 3:49AM Sat

Then Routine Work - Marana Yoga

|  |           |  |                                       |   |                             |
|--|-----------|--|---------------------------------------|---|-----------------------------|
| <b>1 Saturday, December 1, 2018</b>  |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam /Inneapolis/St. Paul, MN |                                       |   |                             |
| Purvaphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau Sun 8 Sutra 230 |           | <b>Gulika</b> 7:29AM – 8:37AM  | <b>Purvaphalguni Until 2:31AM Sun</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:29AM | Vilamba 5120                |
| Kanya Rasi: 4.17   | Tithi 25  | Yama 1:10PM – 2:18PM   | Priti Until 5:50PM                    | <b>Muruga:</b> Purple <i>Sunset:</i> 4:34PM   | Moon 11 - Phase 32          |
|  | 758863365 | <b>Rahu</b> 9:45AM – 10:53AM   | Vanija Until 13:61AM Sun              | <b>Nataraja:</b> White                        | 2nd Phase                   |
| Routine Work Marana Yoga   |           |  | <b>Dashami Until 7:68PM</b>           | Moon – Red                                    | <b>Bhuloka Day</b>          |
| Until 2:31AM Sun   |           |  |                                       | <b>Karttika-Karttikai</b>                     | Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Amrita Yoga   |           |  |                                       |   |                             |

|  |           |  |  |   |                    |
|--|-----------|--|--|---|--------------------|
| <b>2 Sunday, December 2, 2018</b>  |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam /Inneapolis/St. Paul, MN |  |   |                    |
| Uttaraphalguni/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava Karana Ekadashyam Titau Sun 9 Sutra 231 |           | <b>Gulika</b> 2:18PM – 3:26PM  | <b>Uttaraphalguni Until 1:32AM Mon</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:30AM | Vilamba 5120       |
| Kanya Rasi: 17.57  | Tithi 26  | Yama 12:02PM – 1:10PM  | Ayushman Until 3:43PM                  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:34PM       | Moon 11 - Phase 32 |
|  | 768863365 | <b>Rahu</b> 3:26PM – 4:34PM  | Bava Until 2:01PM                      | <b>Nataraja:</b> White                            | 2nd Phase          |
| Creative Work Amrita Yoga  |           |  | <b>Ekadashi* Until 1:32AM Mon</b>      | Moon – Green                                      | <b>Bhuloka Day</b> |
| Until 1:32AM Mon   |           |  |  | <b>Karttika-Karttikai</b>                         |                    |
| Then Routine Work - Prabalarishta Yoga   |           |  |  |   |                    |

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| <b>3 Monday, December 3, 2018</b>  |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam /Inneapolis/St. Paul, MN |                                    |   |                    |
| Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 10 Sutra 232 |           | <b>Gulika</b> 1:10PM – 2:18PM   | <b>Chitra Until 3:20PM</b>         | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:31AM | Vilamba 5120       |
| Tula Rasi: 1.27  | Tithi 27  | Yama 10:54AM – 12:02PM  | Saubhagya Until 1:52PM             | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM       | Moon 11 - Phase 32 |
| <b>Family Home Evening</b>   | 768863365 | <b>Rahu</b> 8:39AM – 9:47AM   | Kaulava Until 1:11PM               | <b>Nataraja:</b> White                            | 2nd Phase          |
| Routine Work Prabalarishta Yoga  |           |   | <b>Dvadashi* Until 12:52AM Tue</b> | Moon – Green                                      | <b>Bhuloka Day</b> |
| Until 3:20PM   |           |   |                                    | <b>Karttika-Karttikai</b>                         |                    |
| Then Creative Work - Amrita Yoga   |           |   |                                    |   |                    |

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| <b>4 Tuesday, December 4, 2018</b>  |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam /Inneapolis/St. Paul, MN |                                      |   |                    |
| Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 233 |           | <b>Gulika</b> 12:03PM – 1:10PM   | <b>Svati Until 3:21PM</b>            | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:32AM | Vilamba 5120       |
| Tula Rasi: 14.46  | Tithi 28  | Yama 9:47AM – 10:55AM  | Sobhana Until 12:17PM                | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM       | Moon 11 - Phase 32 |
|   | 768863365 | <b>Rahu</b> 2:18PM – 3:25PM  | Gara Until 12:41PM                   | <b>Nataraja:</b> White                            | 2nd Phase          |
| Creative Work Siddha Yoga   |           |  | <b>Trayodashi* Until 12:34AM Wed</b> | Moon – Green                                      | <b>Bhuloka Day</b> |
| Until 3:21PM  |           |  |                                      | <b>Karttika-Karttikai</b>                         |                    |
| Then Routine Work - Marana Yoga   |           |  | <i>Pradosha Vrata (Fasting)</i>      |   |                    |

|  |           |  |                                       |   |                    |
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| <b>5 Wednesday, December 5, 2018</b>   |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam /Inneapolis/St. Paul, MN |                                       |   |                    |
| Vishakha/Anuradha Nakshatra Athiganda* Sukarma Yoga Visli*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 234 |           | <b>Gulika</b> 10:56AM – 12:03PM  | <b>Vishakha Until 4:03PM</b>          | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:33AM | Vilamba 5120       |
| Tula Rasi: 27.53   | Tithi 29  | Yama 8:41AM – 9:48AM   | Athiganda* Until 11:00AM              | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM   | Moon 11 - Phase 32 |
|  | 778863365 | <b>Rahu</b> 12:03PM – 1:11PM   | Visli Until 12:36PM                   | <b>Nataraja:</b> White                        | 2nd Phase          |
| Creative Work Siddha Yoga  |           |  | <b>Chaturdashi* Until 12:42AM Thu</b> | Moon – Orange                                 | <b>Bhuloka Day</b> |
|  |           |  |                                       | <b>Karttika-Karttikai</b>                     |                    |

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| <b>Thursday, December 6, 2018</b>      |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam /Inneapolis/St. Paul, MN |                                      |   |                    |
| <b>Retreat Star</b>                    |           | Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau Sun 13 Sutra 235            |                                      |   |                    |
| Vrischika Rasi: 10.47                  | Tithi 30  | <b>Gulika</b> 9:49AM – 10:56AM  | <b>Anuradha Until 2:29AM Sat Fri</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:34AM | Vilamba 5120       |
|  | 778863365 | Yama 7:34AM – 8:42AM  | Sukarma Until 10:04AM                | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM   | Moon 11 - Phase 32 |
| Creative Work Siddha Yoga              |           | <b>Rahu</b> 1:11PM – 2:18PM   | Catuspada Until 13:52AM Fri          | <b>Nataraja:</b> White                        | Amavasya           |
| Until 2:29AM Sat Fri                   |           |   | <b>Amavasya* Until 11:00AM</b>       | Moon – Orange                                 | <b>Bhuloka Day</b> |
| Then Routine Work - Prabalarishta Yoga |           |   |                                      | <b>Karttika-Karttikai</b>                     |                    |

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| <b>Friday, December 7, 2018</b>  |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam /Inneapolis/St. Paul, MN |                                   |   |                    |
| <b>Retreat Star</b>              |           | Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna* Karana Prathamayam Titau Sun 14 Sutra 236                       |                                   |   |                    |
| Vrischika Rasi: 23.27            | Tithi 1   | <b>Gulika</b> 8:42AM – 9:50AM  | <b>Anuradha Until 2:29AM Sat</b>  | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:35AM | Vilamba 5120       |
|                                  | 779863365 | Yama 2:18PM – 3:25PM   | Dhriti Until 6:25PM               | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM       | Moon 11 - Phase 32 |
| Routine Work Marana Yoga         |           | <b>Rahu</b> 10:57AM – 12:04PM  | Kintughna Until 1:52PM            | <b>Nataraja:</b> White                            | Prathama           |
| Until 2:29AM Sat                 |           |  | <b>Prathama* Until 2:29AM Sat</b> | Moon – Orange                                     | <b>Bhuloka Day</b> |
| Then Creative Work - Siddha Yoga |           |  |                                   | <b>Margasira-Karttikai</b>                        |                    |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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|----------------------------------|--------------------|---|---|--|--|--|---|
| <b>1</b>                         |                    | <b>Saturday, December 8, 2018</b>       |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Dvitiyayam Titau                   |  | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 237<br>Vilamba 5120 |   |
| Dhanus Rasi: 5.52                | Tithi 2            | <b>Gulika</b> 7:36AM – 8:43AM           | <b>Jyeshtha* Until 4:11AM Sun</b>         | <b>Ganesh:</b> Purple <i>Sunrise:</i> 7:36AM   |  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:32PM                  | Moon 11 - Phase 33<br>3rd Phase                   |
|                                  |                    | Yama 1:11PM – 2:18PM                    | Shula* Until 8:36PM                       | <b>Nataraja:</b> White   |  |  |   |
|                                  |                    | 789863365 <b>Rahu</b> 9:50AM – 10:57AM  | Balava Until 17:15AM Sun                  | <b>Moon – Light Blue</b>   |  |  |   |
| Creative Work                    | Siddha Yoga        |   | <b>Dvitiya Until 9:24AM Sat</b>           | <b>Margasira-Karttikai</b>   |  |  | <b>Bhuloka Day</b>                                |
| <b>2</b>                         |                    | <b>Sunday, December 9, 2018</b>         |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Ganda*/Vridhi Yoga Taitila Karana Tritiyayam Titau                       |  | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 238<br>Vilamba 5120 |   |
| Dhanus Rasi: 18.04               | Tithi 3            | <b>Gulika</b> 2:19PM – 3:26PM           | <b>Mula* Until 6:22AM Mon</b>             | <b>Ganesh:</b> Purple <i>Sunrise:</i> 7:37AM   |  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:32PM                  | Moon 11 - Phase 33<br>3rd Phase                   |
|                                  |                    | Yama 12:05PM – 1:12PM                   | Ganda* Until 11:07PM                      | <b>Nataraja:</b> White   |  |  |   |
|                                  |                    | 789863365 <b>Rahu</b> 3:26PM – 4:32PM   | Taitila Until 5:15PM                      | <b>Moon – Light Blue</b>   |  |  |   |
| Creative Work                    | Siddha Yoga        |   | <b>Tritiya Until 6:22AM Mon</b>           | <b>Margasira-Karttikai</b>   |  |  | <b>Bhuloka Day</b>                                |
| Until 6:22AM Mon                 |                    |   |   |  |  |  |   |
| Then Routine Work - Marana Yoga  |                    |   |   |  |  |  |   |
| <b>3</b>                         |                    | <b>Monday, December 10, 2018</b>        |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau    |  | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 239<br>Vilamba 5120 |   |
| Makara Rasi: 0.05                | Tithi 3 – 4        | <b>Gulika</b> 1:12PM – 2:19PM           | <b>Purvashadha* Until 6:22AM</b>          | <b>Ganesh:</b> Purple <i>Sunrise:</i> 7:38AM   |  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:32PM                  | Moon 11 - Phase 33<br>3rd Phase                   |
| <b>Family Home Evening</b>       |                    | Yama 10:59AM – 12:05PM                  | Vridhi Until 1:51AM Tue                   | <b>Nataraja:</b> White   |  |  |   |
|                                  |                    | 789863365 <b>Rahu</b> 8:45AM – 9:52AM   | Vanija Until 7:38PM                       | <b>Moon – Light Blue</b>   |  |  |   |
| Routine Work                     | Marana Yoga        |   | <b>Tritiya Until 10:18AM Mon</b>          | <b>Margasira-Karttikai</b>   |  |  | <b>Bhuloka Day</b>                                |
| Until 6:22AM                     |                    |   |   |  |  |  |   |
| Then Creative Work - Amrita Yoga |                    |   |   |  |  |  |   |
| <b>4</b>                         |                    | <b>Tuesday, December 11, 2018</b>       |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 240<br>Vilamba 5120 |   |
| Makara Rasi: 11.57               | Tithi 4 – 5        | <b>Gulika</b> 12:06PM – 1:12PM          | <b>Uttarashadha Until 8:55AM</b>          | <b>Ganesh:</b> Clear <i>Sunrise:</i> 7:39AM  |  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:32PM                  | Moon 11 - Phase 33<br>3rd Phase                   |
|                                  |                    | Yama 9:52AM – 10:59AM                   | Dhruva Until 5:08AM Wed                   | <b>Nataraja:</b> White   |  |  |   |
|                                  |                    | 799863365 <b>Rahu</b> 2:19PM – 3:26PM   | Bava Until 9:78PM                         | <b>Moon – Purple</b>   |  |  |   |
| Creative Work                    | Siddha Yoga        |   | <b>Chaturthi* Until 11:10AM Tue</b>       | <b>Margasira-Karttikai</b>   |  |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
| <b>5</b>                         |                    | <b>Wednesday, December 12, 2018</b>     |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Panchami/Shashthyam Titau          |  | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 241<br>Vilamba 5120 |   |
| Makara Rasi: 23.44               | Tithi 5 – 6        | <b>Gulika</b> 11:00AM – 12:06PM         | <b>Dhanishtha Until 8:17AM Thu</b>        | <b>Ganesh:</b> Clear <i>Sunrise:</i> 7:40AM  |  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM                  | Moon 11 - Phase 33<br>3rd Phase                   |
|                                  |                    | Yama 8:47AM – 9:53AM                    | Vyaghata* Until 8:17AM Thu                | <b>Nataraja:</b> White   |  |  |   |
|                                  |                    | 799863365 <b>Rahu</b> 12:06PM – 1:13PM  | Taitila Until 14:22AM Thu                 | <b>Moon – Purple</b>   |  |  |   |
| Routine Work                     | Prabalarishta Yoga |   | <b>Panchami Until 11:40AM</b>             | <b>Margasira-Karttikai</b>   |  |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
| Until 8:17AM Thu                 |                    |   |   |  |  |  |   |
| Then Creative Work - Siddha Yoga |                    |   |   |  |  |  |   |
| <b>6</b>                         |                    | <b>Thursday, December 13, 2018</b>      |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau    |  | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 242<br>Vilamba 5120 |   |
| Kumbha Rasi: 5.32                | Tithi 6 – 7        | <b>Gulika</b> 9:54AM – 11:00AM          | <b>Dhanishtha Until 4:49PM Fri</b>        | <b>Ganesh:</b> Clear <i>Sunrise:</i> 7:41AM  |  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM                  | Moon 11 - Phase 33<br>3rd Phase                   |
|                                  |                    | Yama 7:41AM – 8:47AM                    | Harshana Until 1:09PM                     | <b>Nataraja:</b> White   |  |  |   |
|                                  |                    | 799863365 <b>Rahu</b> 1:13PM – 2:20PM   | Gara Until 3:40AM Fri                     | <b>Moon – Purple</b>   |  |  |   |
| Creative Work                    | Siddha Yoga        |   | <b>Shashthi* Until 2:22PM</b>             | <b>Margasira-Karttikai</b>   |  |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
|                                  |                    | <b>Vinayaga Viratam Ends</b>            |   |  |  |  |   |
| <b>Retreat Star</b>              |                    | <b>Friday, December 14, 2018</b>        |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija Karana Saptami/Ashtamyam Titau       |  | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 243<br>Vilamba 5120 |   |
| Kumbha Rasi: 17.23               | Tithi 7 – 8        | <b>Gulika</b> 8:48AM – 9:54AM           | <b>Dhanishtha Until 4:49PM</b>            | <b>Ganesh:</b> Clear <i>Sunrise:</i> 7:42AM  |  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM                  | Moon 11 - Phase 33<br>3rd Phase                   |
|                                  |                    | Yama 2:20PM – 3:26PM                    | Vajra* Until 1:55PM                       | <b>Nataraja:</b> White   |  |  |   |
|                                  |                    | 799863365 <b>Rahu</b> 11:01AM – 12:07PM | Vanija Until 4:49PM                       | <b>Moon – Purple</b>   |  |  |   |
| Creative Work                    | Siddha Yoga        |   | <b>Saptami Until 4:49PM</b>               | <b>Margasira-Karttikai</b>   |  |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
| <b>Retreat Star</b>              |                    | <b>Saturday, December 15, 2018</b>      |   | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ashtamyam Titau         |  | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 244<br>Vilamba 5120 |   |
| Kumbha Rasi: 29.24               | Tithi 8            | <b>Gulika</b> 7:42AM – 8:49AM           | <b>Purvaproshtapada* Until 8:01PM Sun</b> | <b>Ganesh:</b> Clear <i>Sunrise:</i> 7:42AM  |  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM                  | Moon 11 - Phase 33<br>Ashtami                     |
|                                  |                    | Yama 1:14PM – 2:20PM                    | Siddhi Until 1:45PM                       | <b>Nataraja:</b> White   |  |  |   |
|                                  |                    | 711863365 <b>Rahu</b> 9:55AM – 11:01AM  | Bava Until 6:45PM                         | <b>Moon – Clear</b>  |  |  |   |
| Routine Work                     | Marana Yoga        |   | <b>Ashtami* Until 6:45PM</b>              | <b>Margasira-Markali</b>   |  |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
| Until 8:01PM Sun                 |                    |   |   |  |  |  |   |
| Then Creative Work - Siddha Yoga |                    |   |   |  |  |  |   |
| <b>Retreat Star</b>              |                    | <b>Sunday, December 16, 2018</b>        |   | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada*/Revali Nakshatra Vyatipata*/Vriyan Yoga Balava/Taitila Karana Navamyam Titau           |  | /Inneapolis/St. Paul, MN<br>Sun 23 Sutra 245<br>Vilamba 5120 |   |
| Meena Rasi: 11.39                | Tithi 9            | <b>Gulika</b> 2:21PM – 3:27PM           | <b>Purvaproshtapada* Until 8:01PM</b>     | <b>Ganesh:</b> Purple <i>Sunrise:</i> 7:43AM   |  | <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM                  | Moon 11 - Phase 33<br>Navami                      |
|                                  |                    | Yama 12:08PM – 1:14PM                   | Vyatipata* Until 3:38PM                   | <b>Nataraja:</b> White   |  |  |   |
|                                  |                    | 811863365 <b>Rahu</b> 3:27PM – 4:33PM   | Balava Until 8:22AM Mon                   | <b>Moon – Clear</b>  |  |  |   |
| Creative Work                    | Amrita Yoga        |   | <b>Navami* Until 14:18AM Sun</b>          | <b>Margasira-Markali</b>   |  |  | <b>Bhuloka Day</b>                                |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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|                            |             |                                  |                   |                                       |                          |  |  |  |  |
|----------------------------|-------------|----------------------------------|-------------------|---------------------------------------|--------------------------|--|--|--|--|
| <b>1</b>                   |             | <b>Monday, December 17, 2018</b> |                   |                                       |                          | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Vanija Karana Dashamyam Titau |  | /Inneapolis/St. Paul, MN<br>Sun 24 Sutra 246<br>Vilamba 5120 |  |
| Meena Rasi: 24.13          | Tithi 10    | <b>Gulika</b>                    | 1:15PM – 2:21PM   | <b>Uttaraproshtapada</b> Until 8:29PM | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 7:44AM   |  |  |  |
| <b>Family Home Evening</b> | 811863365   | Yama                             | 11:02AM – 12:09PM | Variyan Until 4:38PM                  | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:34PM  |  | Moon 11 - Phase 34   |  |
| Creative Work              | Siddha Yoga | <b>Rahu</b>                      | 8:50AM – 9:56AM   | Taitila Until 7:86AM Tue              | <b>Nataraja:</b> White   |  |  | 4th Phase  |  |
|                            |             |                                  |                   | <b>Dashami</b> Until 13:38AM Mon      | Moon – Clear             |  |  | <b>Bhuloka Day</b>   |  |
|                            |             |                                  |                   |                                       | <b>Margasira-Markali</b> |  |  |  |  |

|                 |             |                                   |                  |                                   |                          |  |  |  |  |
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| <b>2</b>        |             | <b>Tuesday, December 18, 2018</b> |                  |                                   |                          | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati/Bharani Nakshatra Parigha*/Shiva Yoga Vanija/Bava Karana Ekadashyam Titau |  | /Inneapolis/St. Paul, MN<br>Sun 25 Sutra 247<br>Vilamba 5120 |  |
| Mesha Rasi: 7.1 | Tithi 11    | <b>Gulika</b>                     | 12:09PM – 1:15PM | <b>Revati</b> Until 8:08PM        | <b>Ganesha:</b> Clear    | <i>Sunrise:</i> 7:44AM   |  |  |  |
|                 | 821863365   | Yama                              | 9:57AM – 11:03AM | Parigha* Until 5:09PM             | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:34PM  |  | Moon 11 - Phase 34   |  |
| Creative Work   | Siddha Yoga | <b>Rahu</b>                       | 2:22PM – 3:28PM  | Vanija Until 7:40AM Wed           | <b>Nataraja:</b> White   |  |  | 4th Phase  |  |
|                 |             |                                   |                  | Vanija Until 7:40AM Wed           | Moon – White             |  |  | <b>Bhuloka Day</b>   |  |
|                 |             | <b>Gita Jayanthi</b>              |                  | <b>Ekadashi</b> Until 12:21AM Tue | <b>Margasira-Markali</b> |  |  | Devaloka Time: 6:AM to 9:AM                                  |  |

|                                  |             |                                     |                   |                                   |                          |   |  |  |  |
|----------------------------------|-------------|-------------------------------------|-------------------|-----------------------------------|--------------------------|---|--|--|--|
| <b>3</b>                         |             | <b>Wednesday, December 19, 2018</b> |                   |                                   |                          | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Dvadashyam Titau |  | /Inneapolis/St. Paul, MN<br>Sun 26 Sutra 248<br>Vilamba 5120 |  |
| Mesha Rasi: 20.32                | Tithi 12    | <b>Gulika</b>                       | 11:04AM – 12:10PM | <b>Bharani</b> Until 5:08PM Thu   | <b>Ganesha:</b> Clear    | <i>Sunrise:</i> 7:45AM  |  |  |  |
|                                  | 821863365   | Yama                                | 8:51AM – 9:57AM   | Shiva Until 4:43PM                | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:34PM   |  | Moon 11 - Phase 34   |  |
| Creative Work                    | Siddha Yoga | <b>Rahu</b>                         | 12:10PM – 1:16PM  | Bava Until 5:69AM Thu             | <b>Nataraja:</b> White   |   |  | 4th Phase  |  |
| Until 5:08PM Thu                 |             |                                     |                   | <b>Dvadashi</b> Until 10:26AM Wed | Moon – White             |   |  | <b>Bhuloka Day</b>   |  |
| Then Creative Work - Amrita Yoga |             |                                     |                   |                                   | <b>Margasira-Markali</b> |   |  | Devaloka Time: 6:AM to 9:AM                                  |  |

|                      |               |                                    |                  |                                    |                          |   |  |  |  |
|----------------------|---------------|------------------------------------|------------------|------------------------------------|--------------------------|---|--|--|--|
| <b>4</b>             |               | <b>Thursday, December 20, 2018</b> |                  |                                    |                          | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Vanija Karana Trayodashi/Chaturdashyam Titau |  | /Inneapolis/St. Paul, MN<br>Sun 27 Sutra 249<br>Vilamba 5120 |  |
| Vrishabha Rasi: 4.21 | Tithi 13 – 14 | <b>Gulika</b>                      | 9:58AM – 11:04AM | <b>Bharani</b> Until 5:08PM        | <b>Ganesha:</b> Clear    | <i>Sunrise:</i> 7:46AM  |  |  |  |
|                      | 821863365     | Yama                               | 7:46AM – 8:52AM  | Siddha Until 3:28PM                | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:35PM   |  | Moon 11 - Phase 34   |  |
| Routine Work         | Marana Yoga   | <b>Rahu</b>                        | 1:16PM – 2:22PM  | Kaulava Until 4:00AM Fri           | <b>Nataraja:</b> White   |   |  | 4th Phase  |  |
|                      |               |                                    |                  | <b>Trayodashi</b> Until 7:56AM Thu | Moon – White             |   |  | <b>Bhuloka Day</b>   |  |
|                      |               |                                    |                  |                                    | <b>Margasira-Markali</b> |   |  | Devaloka Time: 6:AM to 9:AM                                  |  |

*Pradosha Vrata*

|   |               |                                  |                   |                                  |                          |  |  |  |  |
|---|---------------|----------------------------------|-------------------|----------------------------------|--------------------------|--|--|--|--|
|  |               | <b>Friday, December 21, 2018</b> |                   |                                  |                          | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau |  | /Inneapolis/St. Paul, MN<br>Sun 28 Sutra 250<br>Vilamba 5120 |  |
| Vrishabha Rasi: 18.34   | Tithi 14 – 15 | <b>Gulika</b>                    | 8:52AM – 9:58AM   | <b>Rohini</b> Until 1:54PM       | <b>Ganesha:</b> White    | <i>Sunrise:</i> 7:46AM   |  |  |  |
|   | 831863365     | Yama                             | 2:23PM – 3:29PM   | Subha Until 1:54PM               | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:35PM  |  | Moon 11 - Phase 34   |  |
| Routine Work  | Marana Yoga   | <b>Rahu</b>                      | 11:05AM – 12:11PM | Bava Until 11:52AM Sat           | <b>Nataraja:</b> White   |  |  | Purnima  |  |
| Until 1:54PM  |               |                                  |                   | <b>Chaturdashi*</b> Until 2:43PM | Moon – Yellow            |  |  | <b>Bhuloka Day</b>   |  |
| Then Creative Work - Siddha Yoga  |               | <b>Day 1 of Pancha Ganapati</b>  |                   |                                  | <b>Margasira-Markali</b> |  |  |  |  |

|                    |               |                                    |                  |                                 |                          |   |  |  |  |
|--------------------|---------------|------------------------------------|------------------|---------------------------------|--------------------------|---|--|--|--|
| <b>5</b>           |               | <b>Saturday, December 22, 2018</b> |                  |                                 |                          | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau |  | /Inneapolis/St. Paul, MN<br>Sun 29 Sutra 251<br>Vilamba 5120 |  |
| Mithuna Rasi: 3.07 | Tithi 15 – 16 | <b>Gulika</b>                      | 7:47AM – 8:53AM  | <b>Mrigashira</b> Until 11:47AM | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:47AM  |  |  |  |
|                    | 831963365     | Yama                               | 1:17PM – 2:23PM  | Sukla Until 9:51PM              | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:36PM   |  | Moon 11 - Phase 34   |  |
| Creative Work      | Siddha Yoga   | <b>Rahu</b>                        | 9:59AM – 11:05AM | Balava Until 10:21PM            | <b>Nataraja:</b> White   |   |  | Prathama   |  |
|                    |               |                                    |                  | <b>Purnima*</b> Until 11:52AM   | Moon – Yellow            |   |  | <b>Bhuloka Day</b>   |  |
|                    |               | <b>Day 2 of Pancha Ganapati</b>    |                  |                                 | <b>Margasira-Markali</b> |   |  | Devaloka Time: 9:AM to 12:PM                                 |  |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang





Sunday, December 23, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

/Inneapolis/St. Paul, MN

Sutra 252

Mithuna Rasi: 17.53    Tihi 16 – 17

831963365

**Gulika** 2:24PM – 3:30PM  
**Yama** 12:12PM – 1:18PM  
**Rahu** 3:30PM – 4:36PM

**Ardra Until 2:19AM Tue Mon**  
Brahma Until 6:00PM  
Taitila Until 7:09PM

**Ganesha:** Yellow    *Sunrise:* 7:47AM  
**Muruga:** Purple    *Sunset:* 4:36PM  
**Nataraja:** White

Moon 12 - Phase 35  
1st Phase

Creative Work    Siddha Yoga

Day 3 of Pancha Ganapati

**Prathama\* Until 8:45AM**

Moon – Yellow  
**Margasira\*Markali**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

1

Monday, December 24, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Pushya Nakshatra Indra/Vaidhriti\* Yoga Vanija Karana Tritiyayam Titau

/Inneapolis/St. Paul, MN

Sun 1    Sutra 253

Kataka Rasi: 2.46    Tihi 18

841963365

**Gulika** 1:18PM – 2:25PM  
**Yama** 11:06AM – 12:12PM  
**Rahu** 8:54AM – 10:00AM

**Ardra Until 2:19AM Tue**  
Indra Until 1:67PM  
Vanija Until 3:55PM

**Ganesha:** Blue    *Sunrise:* 7:48AM  
**Muruga:** Purple    *Sunset:* 4:37PM  
**Nataraja:** White

Moon 12 - Phase 35  
1st Phase

Creative Work    Amrita Yoga

Day 4 of Pancha Ganapati

**Tritiya Until 2:19AM Tue**

Moon – Blue  
**Margasira\*Markali**

**Devaloka Day**

Until 2:19AM Tue  
Then Creative Work - Siddha Yoga

**Ardra Darshanam**

2

Tuesday, December 25, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Kaulava Karana Chaturthyam Titau

/Inneapolis/St. Paul, MN

Sun 2    Sutra 254

Kataka Rasi: 17.38    Tihi 19

842963365

**Gulika** 12:13PM – 1:19PM  
**Yama** 10:00AM – 11:07AM  
**Rahu** 2:25PM – 3:31PM

**Ashlesha\* Until 8:31PM Wed**  
Vaidhriti\* Until 10:18AM  
Bava Until 9:52AM Wed

**Ganesha:** Yellow    *Sunrise:* 7:48AM  
**Muruga:** Purple    *Sunset:* 4:38PM  
**Nataraja:** White

Moon 12 - Phase 35  
1st Phase

Creative Work    Siddha Yoga

Day 5 of Pancha Ganapati

**Chaturthi\* Until 1:67PM**

Moon – Blue  
**Margasira\*Markali**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

3

Wednesday, December 26, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Kaulava/Gara Karana Panchamyam Titau

/Inneapolis/St. Paul, MN

Sun 3    Sutra 255

Simha Rasi: 2.21    Tihi 20

852963366

**Gulika** 11:07AM – 12:13PM  
**Yama** 8:55AM – 10:01AM  
**Rahu** 12:13PM – 1:19PM

**Ashlesha\* Until 8:31PM**  
Vishkambha\* Until 3:17AM Thu  
Kaulava Until 6:78AM Thu

**Ganesha:** Blue    *Sunrise:* 7:48AM  
**Muruga:** Purple    *Sunset:* 4:38PM  
**Nataraja:** Green

Moon 12 - Phase 35  
1st Phase

Creative Work    Siddha Yoga

Day 5 of Pancha Ganapati

**Panchami Until 10:18AM**

Moon – Red  
**Margasira\*Markali**

**Bhuloka Day**

Until 8:31PM  
Then Creative Work - Amrita Yoga

4

Thursday, December 27, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

/Inneapolis/St. Paul, MN

Sun 4    Sutra 256

Simha Rasi: 16.5    Tihi 21

852963366

**Gulika** 10:01AM – 11:07AM  
**Yama** 7:49AM – 8:55AM  
**Rahu** 1:20PM – 2:26PM

**Magha\* Until 6:10PM**  
Ayushman Until 11:74PM  
Gara Until 4:70AM Fri

**Ganesha:** Blue    *Sunrise:* 7:49AM  
**Muruga:** Purple    *Sunset:* 4:39PM  
**Nataraja:** Green

Moon 12 - Phase 35  
1st Phase

Creative Work    Siddha Yoga

Day 5 of Pancha Ganapati

**Shashthi\* Until 3:17AM Thu**

Moon – Red  
**Margasira\*Markali**

**Bhuloka Day**

5

Friday, December 28, 2018

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Bava Karana Saptami/Ashtamyam Titau

/Inneapolis/St. Paul, MN

Sun 5    Sutra 257

Kanya Rasi: 1.02    Tihi 22 – 23

852963366

**Gulika** 8:55AM – 10:02AM  
**Yama** 2:27PM – 3:33PM  
**Rahu** 11:08AM – 12:14PM

**Uttaraphalguni Until 2:54PM Sat**  
Saubhagya Until 9:17PM  
Bava Until 4:16PM

**Ganesha:** Blue    *Sunrise:* 7:49AM  
**Muruga:** Purple    *Sunset:* 4:40PM  
**Nataraja:** Green

Moon 12 - Phase 35  
1st Phase

Creative Work    Siddha Yoga

Day 5 of Pancha Ganapati

**Saptami Until 4:16PM**

Moon – Red  
**Margasira\*Markali**

**Bhuloka Day**

Until 2:54PM Sat  
Then Creative Work - Amrita Yoga

D

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Kaulava Karana Ashtami/Navamyam Titau

/Inneapolis/St. Paul, MN

Sun 6    Sutra 258

Kanya Rasi: 14.54    Tihi 23 – 24

862963366

**Gulika** 7:49AM – 8:55AM  
**Yama** 1:21PM – 2:28PM  
**Rahu** 10:02AM – 11:08AM

**Uttaraphalguni Until 2:54PM**  
Sobhana Until 8:50PM  
Kaulava Until 2:54PM

**Ganesha:** Red    *Sunrise:* 7:49AM  
**Muruga:** Purple    *Sunset:* 4:40PM  
**Nataraja:** Green

Moon 12 - Phase 35  
Ashtami

Routine Work    Marana Yoga

Day 5 of Pancha Ganapati

**Ashtami\* Until 2:54PM**

Moon – Green  
**Margasira\*Markali**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\*/Sukarma Yoga Gara/Bava Karana Navami/Dashamyam Titau

/Inneapolis/St. Paul, MN

Sun 7    Sutra 259

Kanya Rasi: 28.28    Tihi 24 – 25

862963366

**Gulika** 2:28PM – 3:35PM  
**Yama** 12:15PM – 1:22PM  
**Rahu** 3:35PM – 4:41PM

**Chitra Until 8:46PM**  
Athiganda\* Until 8:46PM  
Bava Until 25:49AM Mon

**Ganesha:** Red    *Sunrise:* 7:49AM  
**Muruga:** Purple    *Sunset:* 4:41PM  
**Nataraja:** Green

Moon 12 - Phase 35  
Navami

Creative Work    Siddha Yoga

Day 5 of Pancha Ganapati

**Navami\* Until 2:04PM**

Moon – Green  
**Margasira\*Markali**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

|                                  |               |   |                         |                                  |                          |   |                    |
|----------------------------------|---------------|---|-------------------------|----------------------------------|--------------------------|---|--------------------|
| <b>Monday, December 31, 2018</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Kaulava Karana Dashami/Ekadashyam Titau |                         |                                  |                          | /Inneapolis/St. Paul, MN<br>Sun 8 Sutra 260<br>Vilamba 5120 |                    |
| <b>1</b>                         |               | <b>Gulika</b>   | <b>1:22PM – 2:29PM</b>  | <b>Svati Until 1:58PM Tue</b>    | <b>Ganesh:</b> Red       | <i>Sunrise:</i> 7:49AM                                      |                    |
| Tula Rasi: 11.44                 | Tithi 25 – 26 | Yama  | 11:09AM – 12:16PM       | Sukarma Until 9:03PM             | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:42PM                                       | Moon 12 - Phase 36 |
| <b>Family Home Evening</b>       | 862963366     | <b>Rahu</b>   | <b>8:56AM – 10:03AM</b> | Kaulava Until 1:49AM Tue         | <b>Nataraja:</b> Green   |   | 2nd Phase          |
| Creative Work Amrita Yoga        |               |   |                         | <b>Dashami Until 16:09AM Mon</b> | Moon – Green             | <b>Bhuloka Day</b>  |                    |
| Until 1:58PM Tue                 |               |   |                         |                                  | <b>Margasira-Markali</b> | Devaloka Time: 6:AM to 9:AM                                 |                    |
| Then Routine Work - Marana Yoga  |               |   |                         |                                  |                          |   |                    |

|                                  |               |   |                         |                                    |                          |   |                    |
|----------------------------------|---------------|---|-------------------------|------------------------------------|--------------------------|---|--------------------|
| <b>Tuesday, January 1, 2019</b>  |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                         |                                    |                          | /Inneapolis/St. Paul, MN<br>Sun 9 Sutra 261<br>Vilamba 5120 |                    |
| <b>2</b>                         |               | <b>Gulika</b>   | <b>12:16PM – 1:23PM</b> | <b>Svati Until 1:58PM</b>          | <b>Ganesh:</b> Green     | <i>Sunrise:</i> 7:49AM                                      |                    |
| Tula Rasi: 24.43                 | Tithi 26 – 27 | Yama  | 10:03AM – 11:10AM       | Dhriti Until 14:31AM Wed           | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:43PM                                       | Moon 12 - Phase 36 |
| <b>Routine Work Marana Yoga</b>  | 872963366     | <b>Rahu</b>   | <b>2:30PM – 3:36PM</b>  | Kaulava Until 1:77AM Wed           | <b>Nataraja:</b> Green   |   | 2nd Phase          |
| Until 1:58PM                     |               |   |                         | <b>Ekadashi* Until 15:09AM Tue</b> | Moon – Orange            | <b>Bhuloka Day</b>  |                    |
| Then Creative Work - Siddha Yoga |               |   |                         |                                    | <b>Margasira-Markali</b> |   |                    |

|                                   |               |  |                          |                                  |                          |  |                    |
|-----------------------------------|---------------|--|--------------------------|----------------------------------|--------------------------|--|--------------------|
| <b>Wednesday, January 2, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Shula*/Ganda* Yoga Taitila Karana Dvadashi/Trayodashyam Titau |                          |                                  |                          | /Inneapolis/St. Paul, MN<br>Sun 10 Sutra 262<br>Vilamba 5120 |                    |
| <b>3</b>                          |               | <b>Gulika</b>  | <b>11:10AM – 12:17PM</b> | <b>Anuradha Until 3:51PM Thu</b> | <b>Ganesh:</b> Green     | <i>Sunrise:</i> 7:50AM                                       |                    |
| Vrischika Rasi: 7.29              | Tithi 27 – 28 | Yama   | 8:56AM – 10:03AM         | Shula* Until 11:31PM             | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:44PM  | Moon 12 - Phase 36 |
| <b>Creative Work Siddha Yoga</b>  | 872963366     | <b>Rahu</b>  | <b>12:17PM – 1:23PM</b>  | Taitila Until 2:40PM             | <b>Nataraja:</b> Green   |  | 2nd Phase          |
| Until 1:58PM                      |               |  |                          | <b>Dvadashi* Until 2:40PM</b>    | Moon – Orange            | <b>Bhuloka Day</b>   |                    |
| Then Creative Work - Siddha Yoga  |               |  |                          |                                  | <b>Margasira-Markali</b> |  |                    |
|                                   |               |  |                          | <i>Pradosha Vrata (Fasting)</i>  |                          |  |                    |

|  |               |   |                          |                                      |                          |  |                    |
|--|---------------|---|--------------------------|--------------------------------------|--------------------------|--|--------------------|
| <b>Thursday, January 3, 2019</b>       |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                          |                                      |                          | /Inneapolis/St. Paul, MN<br>Sun 11 Sutra 263<br>Vilamba 5120 |                    |
| <b>4</b>                               |               | <b>Gulika</b>   | <b>10:03AM – 11:10AM</b> | <b>Anuradha Until 3:51PM</b>         | <b>Ganesh:</b> Green     | <i>Sunrise:</i> 7:50AM                                       |                    |
| Vrischika Rasi: 20.01                  | Tithi 28 – 29 | Yama  | 7:50AM – 8:56AM          | Ganda* Until 14:19AM Fri             | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:45PM  | Moon 12 - Phase 36 |
| <b>Routine Work Prabalarishta Yoga</b> | 872963366     | <b>Rahu</b>   | <b>1:24PM – 2:31PM</b>   | Visti Until 4:37AM Fri               | <b>Nataraja:</b> Green   |  | 2nd Phase          |
| Until 3:51PM                           |               |   |                          | <b>Trayodashi* Until 14:14AM Thu</b> | Moon – Orange            | <b>Bhuloka Day</b>   |                    |
| Then Creative Work - Siddha Yoga       |               |   |                          |                                      | <b>Margasira-Markali</b> |  |                    |

|                                  |               |   |                          |                                       |                          |  |                    |
|----------------------------------|---------------|---|--------------------------|---------------------------------------|--------------------------|--|--------------------|
| <b>Friday, January 4, 2019</b>   |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Vridhhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                          |                                       |                          | /Inneapolis/St. Paul, MN<br>Sun 12 Sutra 264<br>Vilamba 5120 |                    |
| <b>5</b>                         |               | <b>Gulika</b>   | <b>8:57AM – 10:04AM</b>  | <b>Mula* Until 3:36AM Sat</b>         | <b>Ganesh:</b> White     | <i>Sunrise:</i> 7:49AM                                       |                    |
| Dhanus Rasi: 2.22                | Tithi 29 – 30 | Yama  | 2:32PM – 3:39PM          | Vridhhi Until 3:36AM Sat              | <b>Muruga:</b> Purple    | <i>Sunset:</i> 4:46PM  | Moon 12 - Phase 36 |
| <b>Creative Work Amrita Yoga</b> | 882963366     | <b>Rahu</b>   | <b>11:11AM – 12:18PM</b> | Catuspada Until 5:87AM Sat            | <b>Nataraja:</b> Green   |  | 2nd Phase          |
| Until 3:36AM Sat                 |               |   |                          | <b>Chaturdashi* Until 14:19AM Fri</b> | Moon – Light Blue        | <b>Bhuloka Day</b>   |                    |
| Then Creative Work - Siddha Yoga |               |   |                          |                                       | <b>Margasira-Markali</b> |  |                    |

|                                  |           |  |                          |                                      |                          |  |                    |
|----------------------------------|-----------|--|--------------------------|--------------------------------------|--------------------------|--|--------------------|
| <b>Saturday, January 5, 2019</b> |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                          |                                      |                          | /Inneapolis/St. Paul, MN<br>Sun 13 Sutra 265<br>Vilamba 5120 |                    |
| <b>Retreat Star</b>              |           | <b>Gulika</b>  | <b>7:49AM – 8:57AM</b>   | <b>Purvashadha* Until 9:50PM Sun</b> | <b>Ganesh:</b> White     | <i>Sunrise:</i> 7:49AM                                       |                    |
| Dhanus Rasi: 14.32               | Tithi 30  | Yama   | 1:25PM – 2:32PM          | Dhruva Until 2:40PM                  | <b>Muruga:</b> Clear     | <i>Sunset:</i> 4:47PM  | Moon 12 - Phase 36 |
| <b>Creative Work Siddha Yoga</b> | 882973366 | <b>Rahu</b>  | <b>10:04AM – 11:11AM</b> | Catuspada Until 6:27AM               | <b>Nataraja:</b> Green   |  | Amavasya           |
| Until 9:50PM Sun                 |           |  |                          | <b>Amavasya* Until 7:29PM</b>        | Moon – Light Blue        | <b>Bhuloka Day</b>   |                    |
| Then Creative Work - Amrita Yoga |           | <b>Subramuniyaswami Jayanti</b>  |                          |                                      | <b>Margasira-Markali</b> | Devaloka Time: 12:PM to 3:PM                                 |                    |

|                                  |           |  |                        |  |                        |  |                    |
|----------------------------------|-----------|--|------------------------|--|------------------------|--|--------------------|
| <b>Sunday, January 6, 2019</b>   |           | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha*/Utarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna* Karana Prathamayam Titau |                        |  |                        | /Inneapolis/St. Paul, MN<br>Sun 14 Sutra 266<br>Vilamba 5120 |                    |
| <b>Retreat Star</b>              |           | <b>Gulika</b>  | <b>2:33PM – 3:40PM</b> | <b>Purvashadha* Until 12:27AM Tue Mo</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 7:49AM                                       |                    |
| Dhanus Rasi: 26.33               | Tithi 1   | Yama   | 12:19PM – 1:26PM       | Vyaghata* Until 6:13AM                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:48PM  | Moon 12 - Phase 36 |
| <b>Creative Work Siddha Yoga</b> | 882973366 | <b>Rahu</b>  | <b>3:40PM – 4:48PM</b> | Kintughna Until 8:39AM                   | <b>Nataraja:</b> Green |  | Prathama           |
| Until 12:27AM Tue Mo             |           |  |                        | <b>Prathama* Until 9:50PM</b>            | Moon – Light Blue      | <b>Bhuloka Day</b>   |                    |
| Then Creative Work - Amrita Yoga |           | <b>Partial Solar Eclipse</b>   |                        |  | <b>Pausha-Markali</b>  | Devaloka Time: 12:PM to 3:PM                                 |                    |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                  |             |   |                                       |                        |                        |  |                    |
|----------------------------------|-------------|---|---------------------------------------|------------------------|------------------------|--|--------------------|
| <b>Monday, January 7, 2019</b>   |             | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                       |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 267<br>Vilamba 5120 |                    |
| <b>1</b>                         |             | <b>Gulika</b> 1:26PM – 2:34PM   | <b>Purvashadha* Until 12:27AM Tue</b> | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 7:49AM |  |                    |
| Makara Rasi: 8.27                | Tithi 2     | Yama 11:12AM – 12:19PM  | Harshana Until 3:69PM                 | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:49PM  |  | Moon 12 - Phase 37 |
| <b>Family Home Evening</b>       | 883973366   | <b>Rahu</b> 8:57AM – 10:04AM  | Balava Until 11:09AM                  | <b>Nataraja:</b> Green |                        |  | 3rd Phase          |
| Routine Work                     | Marana Yoga |   | <b>Dvitiya Until 12:27AM Tue</b>      | Moon – Light Blue      |                        | <b>Devaloka Day</b>  |                    |
| Until 12:27AM Tue                |             |   |                                       | <b>Pausha-Markali</b>  |                        |  |                    |
| Then Creative Work - Siddha Yoga |             |   |                                       |                        |                        |  |                    |

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| <b>Tuesday, January 8, 2019</b> |             | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau |                                      |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 268<br>Vilamba 5120 |                    |
| <b>2</b>                        |             | <b>Gulika</b> 12:19PM – 1:27PM   | <b>Shravana Until 5:55AM Thu Wed</b> | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:49AM |  |                    |
| Makara Rasi: 20.16              | Tithi 3     | Yama 10:04AM – 11:12AM   | Vajra* Until 5:06PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:50PM  |  | Moon 12 - Phase 37 |
|                                 | 893973366   | <b>Rahu</b> 2:35PM – 3:42PM  | Tailila Until 1:50PM                 | <b>Nataraja:</b> Green |                        |  | 3rd Phase          |
| Creative Work                   | Siddha Yoga |  | <b>Tritiya Until 3:12AM Wed</b>      | Moon – Purple          |                        | <b>Devaloka Day</b>  |                    |
|                                 |             |  |                                      | <b>Pausha-Markali</b>  |                        |  |                    |

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| <b>Wednesday, January 9, 2019</b> |                    | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana/Shatabhishak Nakshatra Siddhi Yoga Vanija Karana Chaturthyam Titau |                                    |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 269<br>Vilamba 5120 |                    |
| <b>3</b>                          |                    | <b>Gulika</b> 11:12AM – 12:20PM  | <b>Shravana Until 5:55AM Thu</b>   | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:49AM |  |                    |
| Kumbha Rasi: 2.04                 | Tithi 4            | Yama 8:56AM – 10:04AM  | Siddhi Until 3:22PM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:51PM  |  | Moon 12 - Phase 37 |
|                                   | 893973366          | <b>Rahu</b> 12:20PM – 1:28PM   | Vanija Until 4:36PM                | <b>Nataraja:</b> Green |                        |  | 3rd Phase          |
| Routine Work                      | Prabalarishta Yoga |  | <b>Chaturthi* Until 5:55AM Thu</b> | Moon – Purple          |                        | <b>Devaloka Day</b>  |                    |
| Until 5:55AM Thu                  |                    |  |                                    | <b>Pausha-Markali</b>  |                        |  |                    |
| Then Creative Work - Siddha Yoga  |                    |  |                                    |                        |                        |  |                    |

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| <b>Thursday, January 10, 2019</b> |             | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Bava Karana Panchamyam Titau |                                    |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 270<br>Vilamba 5120 |                    |
| <b>4</b>                          |             | <b>Gulika</b> 10:04AM – 11:12AM  | <b>Dhanishtha Until 8:27AM Fri</b> | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:48AM |  |                    |
| Kumbha Rasi: 13.52                | Tithi 5     | Yama 7:48AM – 8:56AM   | Vyatipata* Until 6:61PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:52PM  |  | Moon 12 - Phase 37 |
|                                   | 893973366   | <b>Rahu</b> 1:28PM – 2:36PM  | Bava Until 7:15PM                  | <b>Nataraja:</b> Green |                        |  | 3rd Phase          |
| Creative Work                     | Siddha Yoga |  | <b>Panchami Until 8:27AM Fri</b>   | Moon – Purple          |                        | <b>Devaloka Day</b>  |                    |
|                                   |             |  |                                    | <b>Pausha-Markali</b>  |                        |  |                    |

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| <b>Friday, January 11, 2019</b> |             | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                       |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 271<br>Vilamba 5120 |                    |
| <b>5</b>                        |             | <b>Gulika</b> 8:56AM – 10:04AM  | <b>Purvaproshtapada* Until 9:14PM</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:48AM |  |                    |
| Kumbha Rasi: 25.43              | Tithi 5 – 6 | Yama 2:37PM – 3:45PM  | Variyan Until 7:43PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:53PM  |  | Moon 12 - Phase 37 |
|                                 | 813973366   | <b>Rahu</b> 11:13AM – 12:21PM   | Kaulava Until 9:37PM                  | <b>Nataraja:</b> Green |                        |  | 3rd Phase          |
| Creative Work                   | Siddha Yoga |   | <b>Panchami Until 8:27AM</b>          | Moon – Clear           |                        | <b>Devaloka Day</b>  |                    |
|                                 |             |   |                                       | <b>Pausha-Markali</b>  |                        |  |                    |

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| <b>Saturday, January 12, 2019</b>      |             | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau |  |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 272<br>Vilamba 5120 |                    |
| <b>6</b>                               |             | <b>Gulika</b> 7:48AM – 8:56AM   | <b>Uttaraproshtapada Until 11:37PM</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:48AM |  |                    |
| Meena Rasi: 7.43                       | Tithi 6 – 7 | Yama 1:29PM – 2:38PM  | Parigha* Until 8:06PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:55PM  |  | Moon 12 - Phase 37 |
|  | 813973366   | <b>Rahu</b> 10:04AM – 11:13AM   | Gara Until 10:92PM                     | <b>Nataraja:</b> Green |                        |  | 3rd Phase          |
| Creative Work                          | Siddha Yoga |   | <b>Shashthi* Until 7:43PM</b>          | Moon – Clear           |                        | <b>Devaloka Day</b>  |                    |
| Until 11:37PM                          |             |   |  | <b>Pausha-Markali</b>  |                        |  |                    |
| Then Routine Work - Prabalarishta Yoga |             |   |  |                        |                        |  |                    |

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| <b>Sunday, January 13, 2019</b>  |             | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 273<br>Vilamba 5120 |                    |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 2:39PM – 3:47PM   | <b>Revati Until 1:14AM Mon</b> | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 7:47AM |  |                    |
| Meena Rasi: 19.55                | Tithi 7 – 8 | Yama 12:21PM – 1:30PM   | Shiva Until 8:02PM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:56PM  |  | Moon 12 - Phase 37 |
|                                  | 813973366   | <b>Rahu</b> 3:47PM – 4:56PM   | Visti Until 12:49AM Mon        | <b>Nataraja:</b> Green |                        |  | Ashtami            |
| Creative Work                    | Amrita Yoga |   | <b>Saptami Until 12:15PM</b>   | Moon – Clear           |                        | <b>Devaloka Day</b>  |                    |
| Until 1:14AM Mon                 |             |   |                                | <b>Pausha-Markali</b>  |                        |  |                    |
| Then Creative Work - Siddha Yoga |             |   |                                |                        |                        |  |                    |

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| <b>Monday, January 14, 2019</b> |             | Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                 |                        |                        | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 274<br>Vilamba 5120 |                    |
| <b>Retreat Star</b>             |             | <b>Gulika</b> 1:31PM – 2:39PM   | <b>Ashvini Until 1:18PM Tue</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 7:47AM |  |                    |
| Mesha Rasi: 2.24                | Tithi 8 – 9 | Yama 11:13AM – 12:22PM  | Siddha Until 7:23PM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:57PM  |  | Moon 12 - Phase 37 |
| <b>Family Home Evening</b>      | 823973366   | <b>Rahu</b> 8:56AM – 10:04AM  | Balava Until 1:21AM Tue         | <b>Nataraja:</b> Green |                        |  | Navami             |
| Creative Work                   | Siddha Yoga |   | <b>Ashtami* Until 8:02PM</b>    | Moon – White           |                        | <b>Sivaloka Day</b>  |                    |
|                                 |             | <b>Thai Pongal</b>  |                                 | <b>Pausha-Thai</b>     |                        |  |                    |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

|   |              |                                  |                   |                             |                        |   |                     |
|---|--------------|----------------------------------|-------------------|-----------------------------|------------------------|---|---------------------|
| <b>1</b>  |              | <b>Tuesday, January 15, 2019</b> |                   |                             |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam /Inneapolis/St. Paul, MN |                     |
| Ashvini/Bharani Nakshatra Sadhya Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau |              | Sun 23                           |                   | Sutra 275                   |                        | Vilamba 5120  |                     |
| Mesha Rasi: 15.14   | Tithi 9 – 10 | <b>Gulika</b>                    | 12:22PM – 1:31PM  | <b>Ashvini Until 1:18PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:46AM  |                     |
|   |              | Yama                             | 10:04AM – 11:13AM | Sadhya Until 15:75AM Wed    | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:58PM   | Moon 12 - Phase 38  |
|   |              | 823173366 <b>Rahu</b>            | 2:40PM – 3:49PM   | Tailila Until 1:04AM Wed    | <b>Nataraja:</b> Green |   | 4th Phase           |
| Creative Work   | Siddha Yoga  |                                  |                   | <b>Navami* Until 1:18PM</b> | Moon – White           |   | <b>Sivaloka Day</b> |
|   |              |                                  |                   |                             | <b>Pausha*Thai</b>     |   |                     |

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| <b>2</b>  |               | <b>Wednesday, January 16, 2019</b> |                   |                              |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam /Inneapolis/St. Paul, MN |                     |
| Bharani/Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |               | Sun 24                             |                   | Sutra 276                    |                        | Vilamba 5120  |                     |
| Mesha Rasi: 28.29   | Tithi 10 – 11 | <b>Gulika</b>                      | 11:13AM – 12:23PM | <b>Bharani Until 12:36PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:46AM  |                     |
|   |               | Yama                               | 8:55AM – 10:04AM  | Subha Until 13:43AM Thu      | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:59PM   | Moon 12 - Phase 38  |
|   |               | 823173366 <b>Rahu</b>              | 12:23PM – 1:32PM  | Vanija Until 11:57PM         | <b>Nataraja:</b> Green |   | 4th Phase           |
| Creative Work   | Amrita Yoga   |                                    |                   | <b>Dashami Until 12:36PM</b> | Moon – White           |   | <b>Sivaloka Day</b> |
| Until 12:36PM   |               |                                    |                   |                              | <b>Pausha*Thai</b>     |   |                     |
| Then Creative Work - Siddha Yoga  |               |                                    |                   |                              |                        |   |                     |

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| <b>3</b>   |               | <b>Thursday, January 17, 2019</b> |                   |                                   |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam /Inneapolis/St. Paul, MN |                     |
| Rohini Nakshatra Sukla/Brahma Yoga Visti*/Kaulava Karana Ekadashi/Dvadashyam Titau |               | Sun 25                            |                   | Sutra 277                         |                        | Vilamba 5120   |                     |
| Vrisabha Rasi: 12.12   | Tithi 11 – 12 | <b>Gulika</b>                     | 10:04AM – 11:13AM | <b>Rohini Until 12:54AM Fri</b>   | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:45AM   |                     |
|  |               | Yama                              | 7:45AM – 8:55AM   | Sukla Until 12:54AM Fri           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:01PM  | Moon 12 - Phase 38  |
|  |               | 833173366 <b>Rahu</b>             | 1:32PM – 2:42PM   | Kaulava Until 9:65PM              | <b>Nataraja:</b> Green |  | 4th Phase           |
| Routine Work   | Marana Yoga   |                                   |                   | <b>Ekadashi Until 13:43AM Thu</b> | Moon – Yellow          |  | <b>Devaloka Day</b> |
| Until 12:54AM Fri  |               |                                   |                   |                                   | <b>Pausha*Thai</b>     |  |                     |
| Then Creative Work - Siddha Yoga   |               |                                   |                   |                                   |                        |  |                     |

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| <b>4</b>   |               | <b>Friday, January 18, 2019</b> |                   |                                 |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam /Inneapolis/St. Paul, MN |                     |
| Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |               | Sun 26                          |                   | Sutra 278                       |                        | Vilamba 5120  |                     |
| Vrisabha Rasi: 26.22   | Tithi 12 – 13 | <b>Gulika</b>                   | 8:54AM – 10:04AM  | <b>Mrigashira Until 10:59PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:45AM  |                     |
|  |               | Yama                            | 2:43PM – 3:52PM   | Brahma Until 10:37AM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:02PM   | Moon 12 - Phase 38  |
|  |               | 833173366 <b>Rahu</b>           | 11:14AM – 12:23PM | Kaulava Until 7:33PM            | <b>Nataraja:</b> Green |   | 4th Phase           |
| Creative Work  | Siddha Yoga   |                                 |                   | <b>Dvadashi Until 8:52AM</b>    | Moon – Yellow          |   | <b>Devaloka Day</b> |
|  |               |                                 |                   |                                 | <b>Pausha*Thai</b>     |   |                     |
|  |               |                                 |                   |                                 | <i>Pradosha Vrata</i>  |   |                     |

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| <b>5</b>   |               | <b>Saturday, January 19, 2019</b> |                   |                                |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam /Inneapolis/St. Paul, MN |                     |
| Ardra Nakshatra Indra/Vaidhriti* Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau |               | Sun 27                            |                   | Sutra 279                      |                        | Vilamba 5120  |                     |
| Mithuna Rasi: 10.57  | Tithi 13 – 14 | <b>Gulika</b>                     | 7:44AM – 8:54AM   | <b>Ardra Until 8:27PM</b>      | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:44AM  |                     |
|  |               | Yama                              | 1:33PM – 2:43PM   | Indra Until 7:05AM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:03PM   | Moon 12 - Phase 38  |
|  |               | 833173366 <b>Rahu</b>             | 10:04AM – 11:14AM | Vanija Until 2:48AM Sun        | <b>Nataraja:</b> Green |   | 4th Phase           |
| Creative Work  | Siddha Yoga   |                                   |                   | <b>Trayodashi Until 6:03AM</b> | Moon – Yellow          |   | <b>Devaloka Day</b> |
|  |               |                                   |                   |                                | <b>Pausha*Thai</b>     |   |                     |

|                            |             |  |                  |                               |                        |   |                     |
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| <b>○</b>                   |             | <b>Sunday, January 20, 2019</b>  |                  |                               |                        | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam /Inneapolis/St. Paul, MN |                     |
| <b>Copper Retreat Star</b> |             | Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti* Karana Purnimayam Titau |                  | Sun 28                        |                        | Sutra 280   |                     |
| Mithuna Rasi: 25.53        | Tithi 15    | <b>Gulika</b>  | 2:44PM – 3:54PM  | <b>Punarvasu Until 5:50PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:43AM  | Vilamba 5120        |
|                            |             | Yama   | 12:24PM – 1:34PM | Vishkambha* Until 11:01PM     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:05PM   | Moon 12 - Phase 38  |
|                            |             | 843173366 <b>Rahu</b>  | 3:54PM – 5:05PM  | Visti Until 1:04PM            | <b>Nataraja:</b> Green |   | Purnima             |
| Creative Work              | Siddha Yoga |  |                  | <b>Purnima* Until 11:15PM</b> | Moon – Blue            |   | <b>Sivaloka Day</b> |
|                            |             |  |                  |                               | <b>Pausha*Thai</b>     |   |                     |
|                            |             | <b>Thai Pusam</b>  |                  |                               |                        |   |                     |

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| <b>Monday, January 21, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam /Inneapolis/St. Paul, MN |                   |                               |                        |                        |                     |
| <b>Silver Retreat Star</b>      |             | Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau  |                   | Sun 281                       |                        | Vilamba 5120           |                     |
| Kataka Rasi: 11.01              | Tithi 16    | <b>Gulika</b>  | 1:35PM – 2:45PM   | <b>Pushya Until 2:55PM</b>    | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:42AM |                     |
|                                 |             | Yama   | 11:14AM – 12:24PM | Priti Until 6:46PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:06PM  | Moon 12 - Phase 38  |
| <b>Family Home Evening</b>      |             | 843173366 <b>Rahu</b>  | 8:53AM – 10:03AM  | Balava Until 9:26AM           | <b>Nataraja:</b> Green |                        | Prathama            |
| Creative Work                   | Siddha Yoga |  |                   | <b>Prathama* Until 7:34PM</b> | Moon – Blue            |                        | <b>Sivaloka Day</b> |
|                                 |             |  |                   |                               | <b>Pausha*Thai</b>     |                        |                     |
|                                 |             | <b>Total Lunar Eclipse</b>   |                   |                               |                        |                        |                     |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha\*/Magha\* Nakshatra Ayushman/Saubhagya Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

/Inneapolis/St. Paul, MN

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 26.11 Tihi 17 – 18

844173366 Rahu

Gulika 12:24PM – 1:35PM

Yama 10:03AM – 11:14AM

Rahu 2:46PM – 3:57PM

Ashlesha\* Until 12:29PM Wed

Ayushman Until 11:53AM

Visti Until 12:29AM Wed

Dvitiya Until 3:56PM

Ganesha: Clear

Sunrise: 7:42AM

Muruga: Clear

Sunset: 5:07PM

Nataraja: Green

Moon – Blue

Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Ashlesha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Balava Karana Tritiya/Chatrthyam Titau

/Inneapolis/St. Paul, MN

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 11.17 Tihi 18 – 19

854173366 Rahu

Gulika 11:14AM – 12:25PM

Yama 8:52AM – 10:03AM

Rahu 12:25PM – 1:36PM

Ashlesha\* Until 12:29PM

Saubhagya Until 9:16AM

Balava Until 10:54PM

Tritiya Until 10:27AM Wed

Ganesha: Purple

Sunrise: 7:41AM

Muruga: Clear

Sunset: 5:07PM

Nataraja: Green

Moon – Red

Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 12:29PM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Magha\*/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

/Inneapolis/St. Paul, MN

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 26.08 Tihi 19 – 20

954173366 Rahu

Gulika 10:02AM – 11:14AM

Yama 7:40AM – 8:51AM

Rahu 1:36PM – 2:47PM

Magha\* Until 9:24AM

Sobhana Until 2:74AM Fri

Kaulava Until 7:63PM

Chaturthi\* Until 6:40AM Thu

Ganesha: Clear

Sunrise: 7:40AM

Muruga: Clear

Sunset: 5:10PM

Nataraja: Green

Moon – Red

Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Hasta Nakshatra Sukarma Yoga Taitila/Vanija Karana Panchami/Shashtyham Titau

/Inneapolis/St. Paul, MN

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 10.39 Tihi 20 – 21

964173366 Rahu

Gulika 8:51AM – 10:02AM

Yama 2:48PM – 4:00PM

Rahu 11:14AM – 12:25PM

Hasta Until 3:31AM Sat

Sukarma Until 3:31AM Sat

Vanija Until 4:48AM Sat

Panchami Until 6:47AM

Ganesha: Purple

Sunrise: 7:39AM

Muruga: Clear

Sunset: 5:11PM

Nataraja: Green

Moon – Green

Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 3:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

/Inneapolis/St. Paul, MN

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 24.45 Tihi 22

964173366 Rahu

Gulika 7:38AM – 8:50AM

Yama 1:37PM – 2:49PM

Rahu 10:02AM – 11:14AM

Chitra Until 2:51AM Sun

Dhriti Until 9:55PM

Visti Until 4:04PM

Saptami Until 3:30AM Sun

Ganesha: Purple

Sunrise: 7:38AM

Muruga: Clear

Sunset: 5:13PM

Nataraja: Green

Moon – Green

Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 2:51AM Sun

Then Creative Work - Siddha Yoga

D

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

/Inneapolis/St. Paul, MN

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 8.26 Tihi 23

964173366 Rahu

Gulika 2:50PM – 4:02PM

Yama 12:26PM – 1:38PM

Rahu 4:02PM – 5:14PM

Svati Until 2:44AM Mon

Shula\* Until 8:06PM

Balava Until 3:08PM

Ashtami\* Until 2:56AM Mon

Ganesha: Purple

Sunrise: 7:37AM

Muruga: Clear

Sunset: 5:14PM

Nataraja: Green

Moon – Green

Pausha\*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Vishakha Nakshatra Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

/Inneapolis/St. Paul, MN

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 21.41 Tihi 24

974173366 Rahu

Gulika 1:38PM – 2:51PM

Yama 11:13AM – 12:26PM

Rahu 8:49AM – 10:01AM

Vishakha Until 3:40AM Tue

Ganda\* Until 6:52PM

Taitila Until 2:58PM

Navami\* Until 3:07AM Tue

Ganesha: Clear

Sunrise: 7:36AM

Muruga: Clear

Sunset: 5:15PM

Nataraja: Green

Moon – Orange

Pausha\*Thai

Devaloka Day

Routine Work Marana Yoga

Until 3:40AM Tue

Then Creative Work - Siddha Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang


|          |                                  |             |   |                                  |   |                   |
|----------|----------------------------------|-------------|---|----------------------------------|---|-------------------|
| <b>1</b> | <b>Tuesday, January 29, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam /Inneapolis/St. Paul, MN |                                  |   |                   |
|          |                                  |             | Anuradha Nakshatra Vridhhi Yoga Vanija/Visli* Karana Dashamyam Titau Sun 8 Sutra 289                                      |                                  |   |                   |
|          | Vrischika Rasi: 4.34             | Tithi 25    | <b>Gulika</b> 12:26PM – 1:39PM  | <b>Anuradha</b> Until 5:06AM Wed | <b>Ganesh:</b> Clear <i>Sunrise:</i> 7:35AM | Vilamba 5120      |
|          | Creative Work                    | Siddha Yoga | Yama 10:01AM – 11:13AM  | Vridhhi Until 6:12PM             | <b>Muruga:</b> Clear <i>Sunset:</i> 5:17PM  | Moon 1 - Phase 40 |
|          |                                  | 974173366   | <b>Rahu</b> 2:51PM – 4:04PM   | Vanija Until 3:30PM              |   | 2nd Phase         |
|          |                                  |             | <b>Dashami</b> Until 4:00AM Wed   | Moon – Orange                    | <b>Devaloka Day</b>                         |                   |
|          |                                  |             |   | <b>Pausha</b> • <b>Thai</b>      |   |                   |

|          |                                    |             |   |                                   |   |                   |
|----------|------------------------------------|-------------|---|-----------------------------------|---|-------------------|
| <b>2</b> | <b>Wednesday, January 30, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam /Inneapolis/St. Paul, MN |                                   |   |                   |
|          |                                    |             | Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 290                                     |                                   |   |                   |
|          | Vrischika Rasi: 17.07              | Tithi 26    | <b>Gulika</b> 11:13AM – 12:26PM   | <b>Jyeshtha*</b> Until 6:57AM Thu | <b>Ganesh:</b> Clear <i>Sunrise:</i> 7:34AM | Vilamba 5120      |
|          | Creative Work                      | Siddha Yoga | Yama 8:47AM – 10:00AM   | Dhruva Until 6:00PM               | <b>Muruga:</b> Clear <i>Sunset:</i> 5:18PM  | Moon 1 - Phase 40 |
|          |                                    | 974173366   | <b>Rahu</b> 12:26PM – 1:39PM  | Bava Until 4:42PM                 |   | 2nd Phase         |
|          |                                    |             | <b>Ekadashi*</b> Until 5:30AM Thu   | Moon – Orange                     | <b>Devaloka Day</b>                         |                   |
|          |                                    |             |   | <b>Pausha</b> • <b>Thai</b>       |   |                   |

|                                  |                                   |                    |  |                               |   |                   |
|----------------------------------|-----------------------------------|--------------------|--|-------------------------------|---|-------------------|
| <b>3</b>                         | <b>Thursday, January 31, 2019</b> |                    | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam /Inneapolis/St. Paul, MN |                               |   |                   |
|                                  |                                   |                    | Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Kaulava Karana Dvadashyam Titau Sun 10 Sutra 291                              |                               |   |                   |
|                                  | Vrischika Rasi: 29.25             | Tithi 27           | <b>Gulika</b> 10:00AM – 11:13AM  | <b>Jyeshtha*</b> Until 6:57AM | <b>Ganesh:</b> Clear <i>Sunrise:</i> 7:33AM | Vilamba 5120      |
|                                  | Routine Work                      | Prabalarishta Yoga | Yama 7:33AM – 8:46AM   | Vyaghata* Until 6:13PM        | <b>Muruga:</b> Clear <i>Sunset:</i> 5:20PM  | Moon 1 - Phase 40 |
| Until 6:57AM                     |                                   | 974173366          | <b>Rahu</b> 1:40PM – 2:53PM  | Kaulava Until 6:27PM          |   | 2nd Phase         |
| Then Creative Work - Siddha Yoga |                                   |                    | <b>Dvadashi*</b> Until 7:28AM Fri  | Moon – Orange                 | <b>Devaloka Day</b>                         |                   |
|                                  |                                   |                    |  | <b>Pausha</b> • <b>Thai</b>   |   |                   |

|  |                                 |               |   |                                 |   |                   |
|--|---------------------------------|---------------|---|---------------------------------|---|-------------------|
| <b>4</b>                               | <b>Friday, February 1, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam /Inneapolis/St. Paul, MN |                                 |   |                   |
|  |                                 |               | Mula*/Purvashadha* Nakshatra Harshana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 292             |                                 |   |                   |
|  | Dhanus Rasi: 11.32              | Tithi 27 – 28 | <b>Gulika</b> 8:46AM – 10:00AM  | <b>Mula*</b> Until 9:35AM       | <b>Ganesh:</b> White <i>Sunrise:</i> 7:33AM | Vilamba 5120      |
|  | Creative Work                   | Amrita Yoga   | Yama 2:53PM – 4:06PM  | Harshana Until 6:47PM           | <b>Muruga:</b> Clear <i>Sunset:</i> 5:20PM  | Moon 1 - Phase 40 |
| Until 9:35AM                           |                                 | 984173366     | <b>Rahu</b> 11:13AM – 12:26PM   | Gara Until 8:38PM               |   | 2nd Phase         |
| Then Routine Work - Prabalarishta Yoga |                                 |               | <b>Dvadashi*</b> Until 7:28AM   | Moon – Light Blue               | <b>Bhuloka Day</b>                          |                   |
|  |                                 |               |   | <b>Pausha</b> • <b>Thai</b>     | <b>Devaloka Time: 12:PM to 3:PM</b>         |                   |
|  |                                 |               |   | <i>Pradosha Vrata (Fasting)</i> |   |                   |

|                                 |                                   |               |   |                                   |   |                   |
|---------------------------------|-----------------------------------|---------------|---|-----------------------------------|---|-------------------|
| <b>5</b>                        | <b>Saturday, February 2, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam /Inneapolis/St. Paul, MN |                                   |   |                   |
|                                 |                                   |               | Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 293    |                                   |   |                   |
|                                 | Dhanus Rasi: 23.29                | Tithi 28 – 29 | <b>Gulika</b> 7:32AM – 8:46AM   | <b>Purvashadha*</b> Until 12:23PM | <b>Ganesh:</b> White <i>Sunrise:</i> 7:32AM | Vilamba 5120      |
|                                 | Creative Work                     | Siddha Yoga   | Yama 1:40PM – 2:54PM  | Vajra* Until 7:32PM               | <b>Muruga:</b> Clear <i>Sunset:</i> 5:21PM  | Moon 1 - Phase 40 |
| Until 12:23PM                   |                                   | 984173366     | <b>Rahu</b> 9:59AM – 11:13AM  | Visli Until 11:06PM               |   | 2nd Phase         |
| Then Routine Work - Marana Yoga |                                   |               | <b>Trayodashi*</b> Until 9:49AM   | Moon – Light Blue                 | <b>Bhuloka Day</b>                          |                   |
|                                 |                                   |               |   | <b>Pausha</b> • <b>Thai</b>       | <b>Devaloka Time: 12:PM to 3:PM</b>         |                   |

|   |                                 |               |   |                                  |  |                   |
|---|---------------------------------|---------------|---|----------------------------------|--|-------------------|
|  | <b>Sunday, February 3, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam /Inneapolis/St. Paul, MN |                                  |  |                   |
|   | <b>Retreat Star</b>             |               | Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 294    |                                  |  |                   |
|   | Makara Rasi: 5.21               | Tithi 29 – 30 | <b>Gulika</b> 2:55PM – 4:08PM   | <b>Uttarashadha</b> Until 3:15PM | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 7:31AM | Vilamba 5120      |
|   | Creative Work                   | Amrita Yoga   | Yama 12:27PM – 1:41PM   | Siddhi Until 8:27PM              | <b>Muruga:</b> Clear <i>Sunset:</i> 5:22PM   | Moon 1 - Phase 40 |
|   |                                 | 985173367     | <b>Rahu</b> 4:08PM – 5:22PM   | Catuspada Until 1:46AM Mon       |  | Amavasya          |
|   |                                 |               | <b>Chaturdashi*</b> Until 12:24PM   | Moon – Light Blue                | <b>Devaloka Day</b>                          |                   |
|   |                                 |               |   | <b>Pausha</b> • <b>Thai</b>      |  |                   |

|                                  |                            |              |  |                              |  |                   |
|----------------------------------|----------------------------|--------------|--|------------------------------|--|-------------------|
| <b>Monday, February 4, 2019</b>  | <b>Retreat Star</b>        |              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam /Inneapolis/St. Paul, MN |                              |  |                   |
|                                  |                            |              | Shravana Nakshatra Vyatipata* Yoga Naga* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 295                          |                              |  |                   |
|                                  | Makara Rasi: 17.1          | Tithi 30 – 1 | <b>Gulika</b> 1:41PM – 2:55PM  | <b>Shravana</b> Until 6:32PM | <b>Ganesh:</b> Red <i>Sunrise:</i> 7:30AM  | Vilamba 5120      |
|                                  | <b>Family Home Evening</b> |              | Yama 11:12AM – 12:27PM   | Vyatipata* Until 9:27PM      | <b>Muruga:</b> Clear <i>Sunset:</i> 5:24PM | Moon 1 - Phase 40 |
| Creative Work                    | Amrita Yoga                | 995173367    | <b>Rahu</b> 8:44AM – 9:58AM  | Naga Until 3:06PM            |  | Prathama          |
| Until 6:32PM                     |                            |              | <b>Amavasya*</b> Until 3:06PM  | Moon – Purple                | <b>Devaloka Day</b>                        |                   |
| Then Creative Work - Siddha Yoga |                            |              |  | <b>Magha</b> • <b>Thai</b>   |  |                   |

|   |             |                                  |                  |   |                        |                        |                     |
|---|-------------|----------------------------------|------------------|---|------------------------|------------------------|---------------------|
| <b>1</b>  |             | <b>Tuesday, February 5, 2019</b> |                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam /Inneapolis/St. Paul, MN |                        |                        |                     |
| Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |             | Sun 15 Sutra 296                 |                  | Vilamba 5120  |                        |                        |                     |
| Makara Rasi: 28.57  | Tithi 1 - 2 | <b>Gulika</b>                    | 12:27PM - 1:41PM | <b>Dhanishtha</b> Until 9:39PM  | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:28AM |                     |
|   |             | Yama                             | 9:58AM - 11:12AM | Variyan Until 10:24PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:25PM  | Moon 1 - Phase 41   |
|   |             | 995173367 <b>Rahu</b>            | 2:56PM - 4:11PM  | Balava Until 6:69AM Wed   | <b>Nataraja:</b> White |                        | 3rd Phase           |
| Creative Work   | Siddha Yoga |                                  |                  | <b>Prathama* Until 9:27PM</b>   | Moon - Purple          |                        | <b>Devaloka Day</b> |
| Until 9:39PM  |             |                                  |                  |   | <b>Magha-Thai</b>      |                        |                     |
| Then Routine Work - Marana Yoga   |             |                                  |                  |   |                        |                        |                     |

|   |             |                                    |                   |   |                        |                        |                     |
|---|-------------|------------------------------------|-------------------|---|------------------------|------------------------|---------------------|
| <b>2</b>  |             | <b>Wednesday, February 6, 2019</b> |                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam /Inneapolis/St. Paul, MN |                        |                        |                     |
| Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |             | Sun 16 Sutra 297                   |                   | Vilamba 5120  |                        |                        |                     |
| Kumbha Rasi: 10.46  | Tithi 2     | <b>Gulika</b>                      | 11:12AM - 12:27PM | <b>Shatabhishak</b> Until 12:30AM Thu   | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:27AM |                     |
|   |             | Yama                               | 8:42AM - 9:57AM   | Parigha* Until 11:18PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:27PM  | Moon 1 - Phase 41   |
|   |             | 995173367 <b>Rahu</b>              | 12:27PM - 1:42PM  | Balava Until 9:40AM Thu   | <b>Nataraja:</b> White |                        | 3rd Phase           |
| Creative Work   | Siddha Yoga |                                    |                   | <b>Dvitiya Until 10:24PM</b>  | Moon - Purple          |                        | <b>Devaloka Day</b> |
|   |             |                                    |                   |   | <b>Magha-Thai</b>      |                        |                     |

|   |             |                                   |                  |  |                        |                        |                     |
|---|-------------|-----------------------------------|------------------|--|------------------------|------------------------|---------------------|
| <b>3</b>  |             | <b>Thursday, February 7, 2019</b> |                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam /Inneapolis/St. Paul, MN |                        |                        |                     |
| Purvaproshtapada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau |             | Sun 17 Sutra 298                  |                  | Vilamba 5120   |                        |                        |                     |
| Kumbha Rasi: 22.38  | Tithi 3     | <b>Gulika</b>                     | 9:56AM - 11:12AM | <b>Purvaproshtapada* Until 3:29AM</b> Fri  | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 7:26AM |                     |
|   |             | Yama                              | 7:26AM - 8:41AM  | Shiva Until 12:03AM Fri  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:28PM  | Moon 1 - Phase 41   |
|   |             | 915173367 <b>Rahu</b>             | 1:42PM - 2:58PM  | Taitila Until 9:40AM   | <b>Nataraja:</b> White |                        | 3rd Phase           |
| Creative Work   | Siddha Yoga |                                   |                  | <b>Tritiya Until 10:50PM</b>   | Moon - Clear           |                        | <b>Sivaloka Day</b> |
|   |             |                                   |                  |  | <b>Magha-Thai</b>      |                        |                     |

|  |             |                                 |                   |   |                        |                        |                     |
|--|-------------|---------------------------------|-------------------|---|------------------------|------------------------|---------------------|
| <b>4</b>   |             | <b>Friday, February 8, 2019</b> |                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam /Inneapolis/St. Paul, MN |                        |                        |                     |
| Uttaraproshtapada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau |             | Sun 18 Sutra 299                |                   | Vilamba 5120  |                        |                        |                     |
| Meena Rasi: 4.35   | Tithi 4     | <b>Gulika</b>                   | 8:40AM - 9:56AM   | <b>Uttaraproshtapada Until 6:01AM</b> Sat   | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 7:25AM |                     |
|  |             | Yama                            | 2:58PM - 4:14PM   | Siddha Until 6:01AM Sat   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:30PM  | Moon 1 - Phase 41   |
|  |             | 915173367 <b>Rahu</b>           | 11:11AM - 12:27PM | Vanija Until 11:57AM  | <b>Nataraja:</b> White |                        | 3rd Phase           |
| Creative Work  | Siddha Yoga |                                 |                   | <b>Chaturthi* Until 12:57AM</b> Sat   | Moon - Clear           |                        | <b>Sivaloka Day</b> |
| Until 6:01AM Sat   |             |                                 |                   |   | <b>Magha-Thai</b>      |                        |                     |
| Then Routine Work - Prabalarishta Yoga   |             |                                 |                   |   |                        |                        |                     |

|  |             |                                   |                  |   |                        |                        |                     |
|--|-------------|-----------------------------------|------------------|---|------------------------|------------------------|---------------------|
| <b>5</b>   |             | <b>Saturday, February 9, 2019</b> |                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam /Inneapolis/St. Paul, MN |                        |                        |                     |
| Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau |             | Sun 19 Sutra 300                  |                  | Vilamba 5120  |                        |                        |                     |
| Meena Rasi: 16.39  | Tithi 5     | <b>Gulika</b>                     | 7:23AM - 8:39AM  | <b>Uttaraproshtapada Until 6:01AM</b>   | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:23AM |                     |
|  |             | Yama                              | 1:43PM - 2:59PM  | Sadhya Until 12:47AM Sun  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:31PM  | Moon 1 - Phase 41   |
|  |             | 915273367 <b>Rahu</b>             | 9:55AM - 11:11AM | Bava Until 1:54PM   | <b>Nataraja:</b> White |                        | 3rd Phase           |
| Creative Work  | Siddha Yoga |                                   |                  | <b>Panchami Until 2:41AM</b> Sun  | Moon - Clear           |                        | <b>Devaloka Day</b> |
| Until 6:01AM   |             |                                   |                  |   | <b>Magha-Thai</b>      |                        |                     |
| Then Routine Work - Prabalarishta Yoga   |             |                                   |                  |   |                        |                        |                     |

|   |             |                                  |                  |   |                        |                        |                     |
|---|-------------|----------------------------------|------------------|---|------------------------|------------------------|---------------------|
| <b>6</b>  |             | <b>Sunday, February 10, 2019</b> |                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam /Inneapolis/St. Paul, MN |                        |                        |                     |
| Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau |             | Sun 20 Sutra 301                 |                  | Vilamba 5120  |                        |                        |                     |
| Meena Rasi: 28.53   | Tithi 6     | <b>Gulika</b>                    | 3:00PM - 4:16PM  | <b>Revati Until 7:59AM</b>  | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 7:22AM |                     |
|   |             | Yama                             | 12:27PM - 1:43PM | Subha Until 12:38AM Mon   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:32PM  | Moon 1 - Phase 41   |
|   |             | 915273367 <b>Rahu</b>            | 4:16PM - 5:32PM  | Kaulava Until 3:23PM  | <b>Nataraja:</b> White |                        | 3rd Phase           |
| Creative Work   | Amrita Yoga |                                  |                  | <b>Shashthi* Until 3:54AM</b> Mon   | Moon - Clear           |                        | <b>Devaloka Day</b> |
| Until 7:59AM  |             |                                  |                  |   | <b>Magha-Thai</b>      |                        |                     |
| Then Creative Work - Siddha Yoga  |             |                                  |                  |   |                        |                        |                     |

|   |             |                       |                   |  |                        |                        |                              |
|---|-------------|-----------------------|-------------------|--|------------------------|------------------------|------------------------------|
| <b>Monday, February 11, 2019</b>  |             | <b>Retreat Star</b>   |                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam /Inneapolis/St. Paul, MN |                        |                        |                              |
| Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau |             | Sun 21 Sutra 302      |                   | Vilamba 5120   |                        |                        |                              |
| Mesha Rasi: 11.21   | Tithi 7     | <b>Gulika</b>         | 1:44PM - 3:00PM   | <b>Ashvini Until 9:45AM</b>  | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 7:21AM |                              |
| <b>Family Home Evening</b>  |             | Yama                  | 11:11AM - 12:27PM | Sukla Until 12:00AM Tue  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:34PM  | Moon 1 - Phase 41            |
|   |             | 925273367 <b>Rahu</b> | 8:37AM - 9:54AM   | Gara Until 4:18PM  | <b>Nataraja:</b> White |                        | 3rd Phase                    |
| Creative Work   | Siddha Yoga |                       |                   | <b>Saptami Until 4:29AM</b> Tue  | Moon - White           |                        | <b>Bhuloka Day</b>           |
|   |             |                       |                   |  | <b>Magha-Thai</b>      |                        | Devaloka Time: 12:PM to 3:PM |

|   |             |                       |                  |   |                        |                        |                              |
|---|-------------|-----------------------|------------------|---|------------------------|------------------------|------------------------------|
| <b>Tuesday, February 12, 2019</b>   |             | <b>Retreat Star</b>   |                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam /Inneapolis/St. Paul, MN |                        |                        |                              |
| Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau |             | Sun 22 Sutra 303      |                  | Vilamba 5120  |                        |                        |                              |
| Mesha Rasi: 24.06   | Tithi 8     | <b>Gulika</b>         | 12:27PM - 1:44PM | <b>Bharani Until 10:44AM</b>  | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 7:19AM |                              |
|   |             | Yama                  | 9:53AM - 11:10AM | Brahma Until 10:51PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:35PM  | Moon 1 - Phase 41            |
|   |             | 925273367 <b>Rahu</b> | 3:01PM - 4:18PM  | Visti Until 4:32PM  | <b>Nataraja:</b> White |                        | Ashtami                      |
| Creative Work   | Siddha Yoga |                       |                  | <b>Ashtami* Until 4:22AM</b> Wed  | Moon - White           |                        | <b>Bhuloka Day</b>           |
|   |             |                       |                  |   | <b>Magha-Masi</b>      |                        | Devaloka Time: 12:PM to 3:PM |

|   |             |                       |                   |   |                        |                        |                     |
|---|-------------|-----------------------|-------------------|---|------------------------|------------------------|---------------------|
| <b>Wednesday, February 13, 2019</b>                                       |             | <b>Retreat Star</b>   |                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam /Inneapolis/St. Paul, MN |                        |                        |                     |
| Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau |             | Sun 23 Sutra 304      |                   | Vilamba 5120  |                        |                        |                     |
| Vrishabha Rasi: 7.12  | Tithi 9     | <b>Gulika</b>         | 11:10AM - 12:27PM | <b>Krittika Until 1:49AM</b> Fri Thu  | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 7:18AM |                     |
|   |             | Yama                  | 8:35AM - 9:53AM   | Indra Until 9:07PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:37PM  | Moon 1 - Phase 41   |
|   |             | 926273367 <b>Rahu</b> | 12:27PM - 1:45PM  | Balava Until 4:02PM   | <b>Nataraja:</b> White |                        | Navami              |
| Creative Work   | Amrita Yoga |                       |                   | <b>Navami* Until 3:28AM</b> Thu   | Moon - White           |                        | <b>Devaloka Day</b> |
| Until 1:49AM Fri Thu  |             |                       |                   |   | <b>Magha-Masi</b>      |                        |                     |
| Then Creative Work - Siddha Yoga  |             |                       |                   |   |                        |                        |                     |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time


www.gurudeva.org/panchang

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|---|--|---|--|--|--|
| <b>1</b>  |  | <b>Thursday, February 14, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika/Mrigashira Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau | /Inneapolis/St. Paul, MN<br>Sun 24 Sutra 305<br>Vilamba 5120 |
| 936273367   | <b>Gulika</b> 9:52AM – 11:10AM<br><b>Yama</b> 7:16AM – 8:34AM<br><b>Rahu</b> 1:45PM – 3:03PM | <b>Krittika</b> Until 1:49AM Fri<br>Vaidhriti* Until 6:45PM<br>Tailila Until 2:45PM<br>Dashami Until 1:49AM Fri | <b>Ganesh:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:16AM<br><b>Sunset:</b> 5:38PM  | Moon 1 - Phase 42<br>4th Phase<br><b>Sivaloka Day</b>        |
| Vrishabha Rasi: 20.43    Tihi 10<br>Routine Work    Marana Yoga<br>Until 1:49AM Fri<br>Then Creative Work - Siddha Yoga |  |   |  |  |  |

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|--|---|--|--|---|--|
| <b>2</b>   |   | <b>Friday, February 15, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau | /Inneapolis/St. Paul, MN<br>Sun 25 Sutra 306<br>Vilamba 5120 |
| 936273367  | <b>Gulika</b> 8:33AM – 9:51AM<br><b>Yama</b> 3:03PM – 4:21PM<br><b>Rahu</b> 11:09AM – 12:27PM | <b>Mrigashira</b> Until 9:22AM<br>Vishkambha* Until 3:51PM<br>Vanija Until 12:45PM<br>Ekadashi Until 11:30PM | <b>Ganesh:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:15AM<br><b>Sunset:</b> 5:39PM   | Moon 1 - Phase 42<br>4th Phase<br><b>Sivaloka Day</b>        |
| Mithuna Rasi: 4.4    Tihi 11<br>Creative Work    Siddha Yoga |   |  |  |   |  |

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|--|--|---|--|--|--|
| <b>3</b>   |  | <b>Saturday, February 16, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava Karana Dvadashyam Titau | /Inneapolis/St. Paul, MN<br>Sun 26 Sutra 307<br>Vilamba 5120 |
| 936273367  | <b>Gulika</b> 7:14AM – 8:32AM<br><b>Yama</b> 1:46PM – 3:04PM<br><b>Rahu</b> 9:50AM – 11:09AM | <b>Ardra</b> Until 7:23AM<br>Priti Until 12:26PM<br>Bava Until 10:07AM<br>Dvadashi Until 8:35PM | <b>Ganesh:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:14AM<br><b>Sunset:</b> 5:41PM  | Moon 1 - Phase 42<br>4th Phase<br><b>Sivaloka Day</b>        |
| Mithuna Rasi: 19.04    Tihi 12<br>Creative Work    Siddha Yoga |  |   |  |  |  |

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| <b>4</b>  |  | <b>Sunday, February 17, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau | /Inneapolis/St. Paul, MN<br>Sun 27 Sutra 308<br>Vilamba 5120 |
| 946273367   | <b>Gulika</b> 3:05PM – 4:23PM<br><b>Yama</b> 12:27PM – 1:46PM<br><b>Rahu</b> 4:23PM – 5:42PM | <b>Pushya</b> Until 2:24AM Mon<br>Ayushman Until 8:36AM<br>Kaulava Until 6:58AM<br>Trayodashi Until 5:14PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:12AM<br><b>Sunset:</b> 5:42PM   | Moon 1 - Phase 42<br>4th Phase<br><b>Devaloka Day</b>        |
| Kataka Rasi: 3.51    Tihi 13 – 14<br>Creative Work    Siddha Yoga |  |  |  |   |  |
| <i>Pradosha Vrata</i>   |  |  |  |   |  |

|  |   |   |  |   |   |
|--|---|---|--|---|---|
|   |   | <b>Monday, February 18, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Sobhana Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau | /Inneapolis/St. Paul, MN<br>Sutra 309<br>Vilamba 5120 |
| 946273367  | <b>Gulika</b> 1:46PM – 3:05PM<br><b>Yama</b> 11:08AM – 12:27PM<br><b>Rahu</b> 8:30AM – 9:49AM | <b>Ashlesha*</b> Until 11:18PM<br>Sobhana Until 11:18PM<br>Bava Until 9:48AM Tue<br>Chaturdashi* Until 1:35PM | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:10AM<br><b>Sunset:</b> 5:44PM   | Moon 1 - Phase 42<br>Purnima<br><b>Devaloka Day</b>   |
| Kataka Rasi: 18.56    Tihi 14 – 15<br><b>Family Home Evening</b><br>Creative Work    Siddha Yoga<br>Until 11:18PM<br>Then Routine Work - Marana Yoga |   |   |  |   |   |
|  |   | <b>Chidambaram Abhishekam</b>   |  |   |   |

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|---|---|---|--|---|---|
| <b>Tuesday, February 19, 2019</b>                               |   | <b>Silver Retreat Star</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | /Inneapolis/St. Paul, MN<br>Sutra 310<br>Vilamba 5120 |
| 956273367   | <b>Gulika</b> 12:27PM – 1:46PM<br><b>Yama</b> 9:48AM – 11:07AM<br><b>Rahu</b> 3:06PM – 4:25PM | <b>Magha*</b> Until 8:24PM<br>Athiganda* Until 7:52PM<br>Balava Until 7:55PM<br>Purnima* Until 9:48AM | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Magha-Masi</b> | <b>Sunrise:</b> 7:09AM<br><b>Sunset:</b> 5:45PM   | Moon 1 - Phase 42<br>Prathama<br><b>Sivaloka Day</b>  |
| Simha Rasi: 4.1    Tihi 15 – 16<br>Creative Work    Siddha Yoga |   |   |  |   |   |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

/Inneapolis/St. Paul, MN

Sutra 311

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 19.24 Tihi 16 - 17

Gulika 11:07AM - 12:27PM

Purvaphalguni Until 5:30PM

Ganesh: Clear Sunrise: 7:07AM

Yama 8:27AM - 9:47AM

Sukarma Until 3:38PM

Muruga: Clear Sunset: 5:46PM

957273367 Rahu 12:27PM - 1:47PM

Gara Until 2:30AM Thu

Nataraja: White

Creative Work Amrita Yoga

Prathama\* Until 6:03AM

Moon - Red  
Magha-Masi

Devaloka Day

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

/Inneapolis/St. Paul, MN

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 4.28 Tihi 18

Gulika 9:46AM - 11:07AM

Uttaraphalguni Until 2:46PM

Ganesh: Clear Sunrise: 7:06AM

Yama 7:06AM - 8:26AM

Dhriti Until 11:40AM

Muruga: Clear Sunset: 5:48PM

957273367 Rahu 1:47PM - 3:07PM

Vanija Until 12:53PM

Nataraja: White

Amrita Yoga

Tritiya Until 11:20PM

Moon - Red  
Magha-Masi

Devaloka Day

Until 2:46PM

Then Routine Work - Marana Yoga

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

/Inneapolis/St. Paul, MN

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 19.14 Tihi 19

Gulika 8:25AM - 9:45AM

Hasta Until 12:47PM

Ganesh: White Sunrise: 7:04AM

Yama 3:08PM - 4:28PM

Shula\* Until 8:01AM

Muruga: Clear Sunset: 5:49PM

967273367 Rahu 11:06AM - 12:27PM

Bava Until 9:57AM

Nataraja: White

Creative Work Amrita Yoga

Chaturthi\* Until 8:41PM

Moon - Green  
Magha-Masi

Bhuloka Day

Until 12:47PM

Then Creative Work - Siddha Yoga

Devaloka Time: 12:PM to 3:PM

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vriddhi Yoga Kaulava Karana Panchamyam Titau

/Inneapolis/St. Paul, MN

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 3.34 Tihi 20

Gulika 7:03AM - 8:24AM

Chitra Until 11:16AM

Ganesh: White Sunrise: 7:03AM

Yama 1:47PM - 3:08PM

Vriddhi Until 2:20AM Sun

Muruga: Clear Sunset: 5:50PM

967273367 Rahu 9:45AM - 11:06AM

Kaulava Until 7:38AM

Nataraja: White

Routine Work Marana Yoga

Panchami Until 6:43PM

Moon - Green  
Magha-Masi

Bhuloka Day

Until 11:16AM

Then Creative Work - Siddha Yoga

Devaloka Time: 12:PM to 3:PM

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Dhruva Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

/Inneapolis/St. Paul, MN

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 17.26 Tihi 21 - 22

Gulika 3:09PM - 4:30PM

Svati Until 10:21AM

Ganesh: White Sunrise: 7:01AM

Yama 12:26PM - 1:48PM

Dhruva Until 12:25AM Mon

Muruga: Clear Sunset: 5:52PM

967273367 Rahu 4:30PM - 5:52PM

Gara Until 6:03AM

Nataraja: White

Creative Work Siddha Yoga

Shashthi\* Until 5:33PM

Moon - Green  
Magha-Masi

Bhuloka Day

Until 10:21AM

Then Routine Work - Marana Yoga

Devaloka Time: 12:PM to 3:PM

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

/Inneapolis/St. Paul, MN

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Vrischika Rasi: 0.49 Tihi 22 - 23

Gulika 1:48PM - 3:10PM

Vishakha Until 10:34AM

Ganesh: Yellow Sunrise: 6:59AM

Yama 11:05AM - 12:26PM

Vyaghata\* Until 11:11PM

Muruga: Clear Sunset: 5:53PM

977273367 Rahu 8:21AM - 9:43AM

Balava Until 5:26AM Tue

Nataraja: White

Family Home Evening

Saptami Until 5:14PM

Moon - Orange  
Magha-Masi

Devaloka Day

Until 10:34AM

Then Creative Work - Siddha Yoga

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

/Inneapolis/St. Paul, MN

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 13.46 Tihi 23 - 24

Gulika 12:26PM - 1:48PM

Anuradha Until 11:29AM

Ganesh: Blue Sunrise: 6:58AM

Yama 9:42AM - 11:04AM

Harshana Until 10:39PM

Muruga: Clear Sunset: 5:55PM

978273367 Rahu 3:10PM - 4:32PM

Taitila Until 6:23AM Wed

Nataraja: White

Creative Work Siddha Yoga

Ashtami\* Until 5:47PM

Moon - Orange  
Magha-Masi

Sivaloka Day

Until 11:29AM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

/Inneapolis/St. Paul, MN

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 26.18 Tihi 24

Gulika 11:03AM - 12:26PM

Jyeshtha\* Until 1:01PM

Ganesh: Blue Sunrise: 6:56AM

Yama 8:18AM - 9:41AM

Vajra\* Until 10:39PM

Muruga: Clear Sunset: 5:56PM

978273367 Rahu 12:26PM - 1:48PM

Taitila Until 6:23AM

Nataraja: White

Creative Work Siddha Yoga

Navami\* Until 7:08PM

Moon - Orange  
Magha-Masi

Sivaloka Day

Until 1:01PM

Then Routine Work - Marana Yoga

|   |                                    |             |  |                  |   |  |   |                                  |
|---|------------------------------------|-------------|--|------------------|---|--|---|----------------------------------|
| 1 | <b>Thursday, February 28, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau |                  |   |  | /Inneapolis/St. Paul, MN<br>Sun 8 Sutra 319 |                                  |
|   | Dhanus Rasi: 8.32                  | Tithi 25    | <b>Gulika</b>  | 9:40AM – 11:03AM | <b>Mula* Until 11:34PM Fri</b>              | <b>Ganesha: Red</b>                                | Sunrise: 6:54AM                             | Vilamba 5120                     |
|   |                                    |             | Yama   | 6:54AM – 8:17AM  | Siddhi Until 11:09PM                        | <b>Muruga: Clear</b>                               | Sunset: 5:57PM                              | Moon 2 - Phase 44                |
|   | Creative Work                      | Siddha Yoga | 988273367 <b>Rahu</b>  | 1:49PM – 3:11PM  | Vanija Until 8:05AM<br>Dashami Until 9:07PM | Nataraja: White<br>Moon – Light Blue<br>Magha-Masi |   | 2nd Phase<br><b>Devaloka Day</b> |

|   |                              |                    |  |                   |   |  |   |                                  |
|---|------------------------------|--------------------|--|-------------------|---|--|---|----------------------------------|
| 2 | <b>Friday, March 1, 2019</b> |                    | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau |                   |   |  | /Inneapolis/St. Paul, MN<br>Sun 9 Sutra 320 |                                  |
|   | Dhanus Rasi: 20.32           | Tithi 26           | <b>Gulika</b>  | 8:15AM – 9:38AM   | <b>Mula* Until 11:34PM</b>                    | <b>Ganesha: Red</b>                                | Sunrise: 6:51AM                             | Vilamba 5120                     |
|   |                              |                    | Yama   | 3:13PM – 4:36PM   | Vyatipata* Until 11:59PM                      | <b>Muruga: Clear</b>                               | Sunset: 6:00PM                              | Moon 2 - Phase 44                |
|   | Routine Work                 | Prabalarishta Yoga | 988273367 <b>Rahu</b>  | 11:02AM – 12:25PM | Bava Until 10:19AM<br>Ekadashi* Until 11:34PM | Nataraja: White<br>Moon – Light Blue<br>Magha-Masi |   | 2nd Phase<br><b>Devaloka Day</b> |

|   |                                |             |   |                  |   |  |  |                                  |
|---|--------------------------------|-------------|---|------------------|---|--|--|----------------------------------|
| 3 | <b>Saturday, March 2, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau |                  |   |  | /Inneapolis/St. Paul, MN<br>Sun 10 Sutra 321 |                                  |
|   | Makara Rasi: 2.23              | Tithi 27    | <b>Gulika</b>   | 6:49AM – 8:13AM  | <b>Uttarashadha Until 9:19PM</b>                    | <b>Ganesha: Red</b>                                | Sunrise: 6:49AM                              | Vilamba 5120                     |
|   |                                |             | Yama  | 1:49PM – 3:13PM  | Variyan Until 12:58AM Sun                           | <b>Muruga: Clear</b>                               | Sunset: 6:01PM                               | Moon 2 - Phase 44                |
|   | Routine Work                   | Marana Yoga | 988273367 <b>Rahu</b>   | 9:37AM – 11:01AM | Kaulava Until 12:55PM<br>Dvadashi* Until 2:15AM Sun | Nataraja: White<br>Moon – Light Blue<br>Magha-Masi |  | 2nd Phase<br><b>Devaloka Day</b> |

|   |                              |             |  |                  |   |  |  |                                  |
|---|------------------------------|-------------|--|------------------|---|--|--|----------------------------------|
| 4 | <b>Sunday, March 3, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau |                  |   |  | /Inneapolis/St. Paul, MN<br>Sun 11 Sutra 322 |                                  |
|   | Makara Rasi: 14.1            | Tithi 28    | <b>Gulika</b>  | 3:14PM – 4:38PM  | <b>Shravana Until 12:40AM Mon</b>                 | <b>Ganesha: Yellow</b>                         | Sunrise: 6:47AM                              | Vilamba 5120                     |
|   |                              |             | Yama   | 12:25PM – 1:49PM | Parigha* Until 2:02AM Mon                         | <b>Muruga: Clear</b>                           | Sunset: 6:03PM                               | Moon 2 - Phase 44                |
|   | Creative Work                | Amrita Yoga | 988273367 <b>Rahu</b>  | 4:38PM – 6:03PM  | Gara Until 3:39PM<br>Trayodashi* Until 5:00AM Mon | Nataraja: White<br>Moon – Purple<br>Magha-Masi |  | 2nd Phase<br><b>Devaloka Day</b> |

*Pradosha Vrata (Fasting)*

|   |                              |             |  |                   |   |  |  |                                  |
|---|------------------------------|-------------|--|-------------------|---|--|--|----------------------------------|
| 5 | <b>Monday, March 4, 2019</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Shiva Yoga Visti* Karana Chaturdashyam Titau |                   |   |  | /Inneapolis/St. Paul, MN<br>Sun 12 Sutra 323 |                                  |
|   | Makara Rasi: 25.56           | Tithi 29    | <b>Gulika</b>  | 1:50PM – 3:14PM   | <b>Dhanishtha Until 3:47AM Tue</b>                  | <b>Ganesha: Yellow</b>                         | Sunrise: 6:46AM                              | Vilamba 5120                     |
|   | <b>Family Home Evening</b>   |             | Yama   | 11:00AM – 12:25PM | Shiva Until 3:03AM Tue                              | <b>Muruga: Clear</b>                           | Sunset: 6:04PM                               | Moon 2 - Phase 44                |
|   | Creative Work                | Siddha Yoga | 988273367 <b>Rahu</b>  | 8:10AM – 9:35AM   | Visti Until 6:22PM<br>Chaturdashi* Until 7:39AM Tue | Nataraja: White<br>Moon – Purple<br>Magha-Masi |  | 2nd Phase<br><b>Devaloka Day</b> |

|   |                               |               |  |                  |   |  |  |                                 |
|---|-------------------------------|---------------|--|------------------|---|--|--|---------------------------------|
| ● | <b>Tuesday, March 5, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                  |   |  | /Inneapolis/St. Paul, MN<br>Sun 13 Sutra 324 |                                 |
|   | <b>Retreat Star</b>           |               | <b>Gulika</b>  | 12:25PM – 1:50PM | <b>Shatabhishak Until 6:33AM Wed</b>                | <b>Ganesha: Clear</b>                          | Sunrise: 6:44AM                              | Vilamba 5120                    |
|   | Kumbha Rasi: 7.44             | Tithi 29 – 30 | Yama   | 9:34AM – 10:59AM | Siddha Until 3:53AM Wed                             | <b>Muruga: Clear</b>                           | Sunset: 6:05PM                               | Moon 2 - Phase 44               |
|   | Routine Work                  | Marana Yoga   | 199273367 <b>Rahu</b>  | 3:15PM – 4:40PM  | Catuspada Until 8:56PM<br>Chaturdashi* Until 7:39AM | Nataraja: White<br>Moon – Purple<br>Magha-Masi |  | Amavasya<br><b>Devaloka Day</b> |

|   |                                 |              |   |                   |   |  |  |                                 |
|---|---------------------------------|--------------|---|-------------------|---|--|--|---------------------------------|
| ● | <b>Wednesday, March 6, 2019</b> |              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Sadhya Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau |                   |   |  | /Inneapolis/St. Paul, MN<br>Sun 14 Sutra 325 |                                 |
|   | <b>Retreat Star</b>             |              | <b>Gulika</b>   | 10:59AM – 12:24PM | <b>Shatabhishak Until 6:33AM</b>                  | <b>Ganesha: White</b>                            | Sunrise: 6:42AM                              | Vilamba 5120                    |
|   | Kumbha Rasi: 19.38              | Tithi 30 – 1 | Yama  | 8:08AM – 9:33AM   | Sadhya Until 6:33AM                               | <b>Muruga: Clear</b>                             | Sunset: 6:06PM                               | Moon 2 - Phase 44               |
|   | Creative Work                   | Siddha Yoga  | 199373367 <b>Rahu</b>   | 12:24PM – 1:50PM  | Bava Until 11:75AM Thu<br>Amavasya* Until 10:06AM | Nataraja: White<br>Moon – Purple<br>Phalgun-Masi |  | Prathama<br><b>Sivaloka Day</b> |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

|  |                    |   |  |   |                        |  |  |
|--|--------------------|---|--|---|------------------------|--|--|
| <b>1</b>                               |                    | <b>Thursday, March 7, 2019</b>          |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 326<br>Vilamba 5120 |  |
| Meena Rasi: 1.37                       | Tithi 1 – 2        | <b>Gulika</b> 9:32AM – 10:58AM          | <b>Purvaproshtapada* Until 9:24AM</b>  | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 6:40AM | Moon 2 - Phase 45  |  |
|  |                    | <b>Yama</b> 6:40AM – 8:06AM             | Subha Until 4:58AM Fri                 | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:08PM  | 3rd Phase  |  |
|  |                    | <b>Rahu</b> 1:50PM – 3:16PM             | Balava Until 1:13AM Fri                | <b>Nataraja:</b> White  |                        | Moon – Clear   |  |
| Creative Work                          | Siddha Yoga        |   | <b>Prathama* Until 12:15PM</b>         | <b>Phalguna-Masi</b>  |                        | <b>Devaloka Day</b>  |  |
| <b>2</b>                               |                    | <b>Friday, March 8, 2019</b>            |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau       |                        | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 327<br>Vilamba 5120 |  |
| Meena Rasi: 13.44                      | Tithi 2 – 3        | <b>Gulika</b> 8:05AM – 9:31AM           | <b>Uttaraproshtapada Until 11:46AM</b> | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 6:39AM | Moon 2 - Phase 45  |  |
|  |                    | <b>Yama</b> 3:16PM – 4:43PM             | Sukla Until 5:07AM Sat                 | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:09PM  | 3rd Phase  |  |
|  |                    | <b>Rahu</b> 10:58AM – 12:24PM           | Taitila Until 2:53AM Sat               | <b>Nataraja:</b> White  |                        | Moon – Clear   |  |
| Creative Work                          | Siddha Yoga        |   | <b>Dvitiya Until 2:04PM</b>            | <b>Phalguna-Masi</b>  |                        | <b>Devaloka Day</b>  |  |
| <b>3</b>                               |                    | <b>Saturday, March 9, 2019</b>          |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Brahma Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau                   |                        | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 328<br>Vilamba 5120 |  |
| Meena Rasi: 25.59                      | Tithi 3 – 4        | <b>Gulika</b> 6:37AM – 8:03AM           | <b>Revati Until 1:38PM</b>             | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 6:37AM | Moon 2 - Phase 45  |  |
|  |                    | <b>Yama</b> 1:50PM – 3:17PM             | Brahma Until 1:38PM                    | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:10PM  | 3rd Phase  |  |
|  |                    | <b>Rahu</b> 9:30AM – 10:57AM            | Visti Until 16:38AM Sun                | <b>Nataraja:</b> White  |                        | Moon – Clear   |  |
| Routine Work                           | Prabalarishta Yoga |   | <b>Tritiya Until 3:33PM</b>            | <b>Phalguna-Masi</b>  |                        | <b>Devaloka Day</b>  |  |
| Until 1:38PM                           |                    |   |  |   |                        |  |  |
| Then Creative Work - Siddha Yoga       |                    | <b>Subramuniyaswami Siva Vision Day</b> |  |   |                        |  |  |
| <b>4</b>                               |                    | <b>Sunday, March 10, 2019</b>           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                  |                        | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 329<br>Vilamba 5120 |  |
| Mesha Rasi: 8.23                       | Tithi 4 – 5        | <b>Gulika</b> 3:18PM – 4:45PM           | <b>Ashvini Until 3:27PM</b>            | <b>Ganesh:</b> Red  | <i>Sunrise:</i> 6:35AM | Moon 2 - Phase 45  |  |
|  |                    | <b>Yama</b> 12:23PM – 1:50PM            | Indra Until 3:27PM                     | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:12PM  | 3rd Phase  |  |
|  |                    | <b>Rahu</b> 4:45PM – 6:12PM             | Bava Until 4:61AM Mon                  | <b>Nataraja:</b> White  |                        | Moon – White   |  |
| Creative Work                          | Siddha Yoga        |   | <b>Chaturthi* Until 4:38PM</b>         | <b>Phalguna-Masi</b>  |                        | <b>Devaloka Day</b>  |  |
| Until 3:27PM                           |                    |   |  |   |                        |  |  |
| Then Routine Work - Prabalarishta Yoga |                    |   |  |   |                        |  |  |
| <b>5</b>                               |                    | <b>Monday, March 11, 2019</b>           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau           |                        | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 330<br>Vilamba 5120 |  |
| Mesha Rasi: 20.59                      | Tithi 5 – 6        | <b>Gulika</b> 1:51PM – 3:18PM           | <b>Bharani Until 4:41PM</b>            | <b>Ganesh:</b> Red  | <i>Sunrise:</i> 6:33AM | Moon 2 - Phase 45  |  |
| <b>Family Home Evening</b>             |                    | <b>Yama</b> 10:56AM – 12:23PM           | Vaidhriti* Until 3:45AM Tue            | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:13PM  | 3rd Phase  |  |
| Creative Work                          | Siddha Yoga        | <b>Rahu</b> 8:01AM – 9:28AM             | Kaulava Until 5:25AM Tue               | <b>Nataraja:</b> White  |                        | Moon – White   |  |
| Until 4:41PM                           |                    |   | <b>Panchami Until 5:16PM</b>           | <b>Phalguna-Masi</b>  |                        | <b>Devaloka Day</b>  |  |
| Then Routine Work - Marana Yoga        |                    |   |  |   |                        |  |  |
| <b>6</b>                               |                    | <b>Tuesday, March 12, 2019</b>          |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau           |                        | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 331<br>Vilamba 5120 |  |
| Vrishabha Rasi: 3.47                   | Tithi 6 – 7        | <b>Gulika</b> 12:23PM – 1:51PM          | <b>Krittika Until 5:17PM</b>           | <b>Ganesh:</b> Red  | <i>Sunrise:</i> 6:31AM | Moon 2 - Phase 45  |  |
|  |                    | <b>Yama</b> 9:27AM – 10:55AM            | Vishkambha* Until 2:33AM Wed           | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:14PM  | 3rd Phase  |  |
|  |                    | <b>Rahu</b> 3:19PM – 4:46PM             | Gara Until 5:17AM Wed                  | <b>Nataraja:</b> White  |                        | Moon – White   |  |
| Creative Work                          | Siddha Yoga        |   | <b>Shashthi* Until 5:24PM</b>          | <b>Phalguna-Masi</b>  |                        | <b>Devaloka Day</b>  |  |
| Until 5:17PM                           |                    |   |  |   |                        |  |  |
| Then Creative Work - Amrita Yoga       |                    |   |  |   |                        |  |  |
| <b>Retreat Star</b>                    |                    | <b>Wednesday, March 13, 2019</b>        |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                 |                        | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 332<br>Vilamba 5120 |  |
| Vrishabha Rasi: 16.52                  | Tithi 7 – 8        | <b>Gulika</b> 10:54AM – 12:23PM         | <b>Rohini Until 5:39PM</b>             | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 6:30AM | Moon 2 - Phase 45  |  |
|  |                    | <b>Yama</b> 7:58AM – 9:26AM             | Priti Until 12:54AM Thu                | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:16PM  | 3rd Phase  |  |
|  |                    | <b>Rahu</b> 12:23PM – 1:51PM            | Visti Until 4:33AM Thu                 | <b>Nataraja:</b> White  |                        | Moon – Yellow  |  |
| Creative Work                          | Siddha Yoga        |   | <b>Saptami Until 4:59PM</b>            | <b>Phalguna-Masi</b>  |                        | <b>Sivaloka Day</b>  |  |
| <b>Retreat Star</b>                    |                    | <b>Thursday, March 14, 2019</b>         |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau                    |                        | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 333<br>Vilamba 5120 |  |
| Mithuna Rasi: 0.15                     | Tithi 8 – 9        | <b>Gulika</b> 9:25AM – 10:54AM          | <b>Mrigashira Until 5:15PM</b>         | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 6:28AM | Moon 2 - Phase 45  |  |
|  |                    | <b>Yama</b> 6:28AM – 7:56AM             | Ayushman Until 10:44PM                 | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:17PM  | Ashtami  |  |
|  |                    | <b>Rahu</b> 1:51PM – 3:20PM             | Balava Until 3:12AM Fri                | <b>Nataraja:</b> White  |                        | Moon – Yellow  |  |
| Routine Work                           | Marana Yoga        |   | <b>Ashtami* Until 3:56PM</b>           | <b>Phalguna-Panguni</b>   |                        | <b>Sivaloka Day</b>  |  |
|  |                    | <b>Karadayyan Nombu (Tamil Nadu)</b>    |  |   |                        |  |  |
| <b>Retreat Star</b>                    |                    | <b>Friday, March 15, 2019</b>           |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau               |                        | /Inneapolis/St. Paul, MN<br>Sun 23 Sutra 334<br>Vilamba 5120 |  |
| Mithuna Rasi: 14                       | Tithi 9 – 10       | <b>Gulika</b> 7:55AM – 9:24AM           | <b>Ardra Until 4:07PM</b>              | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 6:26AM | Moon 2 - Phase 45  |  |
|  |                    | <b>Yama</b> 3:20PM – 4:49PM             | Saubhagya Until 8:05PM                 | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:18PM  | Navami   |  |
|  |                    | <b>Rahu</b> 10:53AM – 12:22PM           | Taitila Until 1:14AM Sat               | <b>Nataraja:</b> Clear  |                        | Moon – Yellow  |  |
| Creative Work                          | Siddha Yoga        |   | <b>Navami* Until 2:17PM</b>            | <b>Phalguna-Panguni</b>   |                        | <b>Subha Sivaloka Day</b>                                    |  |


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

|                           |  |  |                                   |                         |                        |   |  |
|---------------------------|--|--|-----------------------------------|-------------------------|------------------------|---|--|
| <b>1</b>                  |  | <b>Saturday, March 16, 2019</b>  |                                   |                         |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Mithuna Rasi: 28.07       |  | Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                   | Sun 24                  |                        | Sutra 335   |  |
| Tihti 10 - 11             |  | <b>Gulika</b> 6:24AM - 7:53AM  | <b>Punarvasu Until 9:16AM Sun</b> | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 6:24AM | Vilamba 5120  |  |
| 141373368                 |  | Yama 1:51PM - 3:21PM   | Sobhana Until 5:00PM              | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:19PM  | Moon 2 - Phase 46   |  |
| Creative Work Siddha Yoga |  | <b>Rahu</b> 9:23AM - 10:52AM   | Vanija Until 10:44PM              | <b>Nataraja:</b> Clear  | Moon - Blue            |   |  |
|                           |  |  | <b>Dashami Until 12:02PM</b>      | <b>Phalguna•Panguni</b> |                        | <b>Sivaloka Day</b>   |  |

|                           |  |  |                               |                         |                        |   |  |
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| <b>2</b>                  |  | <b>Sunday, March 17, 2019</b>  |                               |                         |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Kataka Rasi: 12.37        |  | Punarvasu/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                               | Sun 25                  |                        | Sutra 336   |  |
| Tihti 11 - 12             |  | <b>Gulika</b> 3:21PM - 4:51PM  | <b>Punarvasu Until 9:16AM</b> | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 6:22AM | Vilamba 5120  |  |
| 141373368                 |  | Yama 12:21PM - 1:51PM  | Athiganda* Until 0:89PM       | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:21PM  | Moon 2 - Phase 46   |  |
| Creative Work Siddha Yoga |  | <b>Rahu</b> 4:51PM - 6:21PM  | Bava Until 7:45PM             | <b>Nataraja:</b> Clear  | Moon - Blue            |   |  |
|                           |  |  | <b>Ekadashi Until 9:16AM</b>  | <b>Phalguna•Panguni</b> |                        | <b>Sivaloka Day</b>   |  |

|                                 |  |  |                                    |                         |                        |  |  |
|---------------------------------|--|--|------------------------------------|-------------------------|------------------------|--|--|
| <b>3</b>                        |  | <b>Monday, March 18, 2019</b>  |                                    |                         |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Kataka Rasi: 27.25              |  | Ashlesha*/Magha* Nakshatra Sukarma/Dhrili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau |                                    | Sun 26                  |                        | Sutra 337  |  |
| Tihti 12 - 13                   |  | <b>Gulika</b> 1:51PM - 3:22PM  | <b>Ashlesha* Until 11:08PM Tue</b> | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 6:20AM | Vilamba 5120   |  |
| 141373368                       |  | Yama 10:51AM - 12:21PM   | Sukarma Until 9:40AM               | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:22PM  | Moon 2 - Phase 46  |  |
| <b>Family Home Evening</b>      |  | <b>Rahu</b> 7:51AM - 9:21AM  | Taitila Until 2:41AM Tue           | <b>Nataraja:</b> Clear  | Moon - Blue            |  |  |
| Creative Work Siddha Yoga       |  | <b>Yogaswami Mahasamadhi</b>   |                                    | <b>Phalguna•Panguni</b> |                        | <b>Sivaloka Day</b>  |  |
| Until 11:08PM Tue               |  | <b>Dvadashi Until 6:07AM</b>   |                                    |                         |                        |  |  |
| Then Routine Work - Marana Yoga |  | <i>Pradosha Vrata</i>  |                                    |                         |                        |  |  |

|                           |  |  |                                   |                         |                        |   |  |
|---------------------------|--|--|-----------------------------------|-------------------------|------------------------|---|--|
| <b>4</b>                  |  | <b>Tuesday, March 19, 2019</b>   |                                   |                         |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Simha Rasi: 12.25         |  | Ashlesha*/Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                   | Sun 27                  |                        | Sutra 338   |  |
| Tihti 14                  |  | <b>Gulika</b> 12:21PM - 1:51PM   | <b>Ashlesha* Until 11:08PM</b>    | <b>Ganesh:</b> White    | <i>Sunrise:</i> 6:18AM | Vilamba 5120  |  |
| 151373368                 |  | Yama 9:20AM - 10:50AM  | Shula* Until 1:34AM Wed           | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:23PM  | Moon 2 - Phase 46   |  |
| Creative Work Siddha Yoga |  | <b>Rahu</b> 3:22PM - 4:53PM  | Gara Until 12:56PM                | <b>Nataraja:</b> Clear  | Moon - Red             |   |  |
|                           |  |  | <b>Chaturdashi* Until 11:08PM</b> | <b>Phalguna•Panguni</b> |                        | <b>Subha Sivaloka Day</b>   |  |

|   |  |  |  |                         |                        |   |  |
|---|--|--|--|-------------------------|------------------------|---|--|
|  |  | <b>Wednesday, March 20, 2019</b>   |  |                         |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| <b>Copper Retreat Star</b>  |  | Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau |  | Sun 28                  |                        | Sutra 339   |  |
| Simha Rasi: 27.29   |  | <b>Gulika</b> 10:50AM - 12:21PM  | <b>Uttaraphalguni Until 1:50AM Thu</b> | <b>Ganesh:</b> White    | <i>Sunrise:</i> 6:17AM | Vilamba 5120  |  |
| Tihti 15  |  | Yama 7:48AM - 9:19AM   | Ganda* Until 9:31PM                    | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:24PM  | Moon 2 - Phase 46   |  |
| 151373368   |  | <b>Rahu</b> 12:21PM - 1:52PM   | Visti Until 9:23AM                     | <b>Nataraja:</b> Clear  | Moon - Red             |   |  |
| Creative Work Amrita Yoga   |  | <b>Purnima* Until 7:37PM</b>   |  | <b>Phalguna•Panguni</b> |                        | <b>Subha Sivaloka Day</b>   |  |
| Until 1:50AM Thu  |  | <b>Holi</b>  |  |                         |                        |   |  |
| Then Routine Work - Marana Yoga   |  |  |  |                         |                        |   |  |

|                                  |  |  |                            |                         |                        |  |  |
|----------------------------------|--|--|----------------------------|-------------------------|------------------------|--|--|
| <b>Thursday, March 21, 2019</b>  |  | <b>Silver Retreat Star</b>   |                            |                         |                        | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam /Inneapolis/St. Paul, MN |  |
| Kanya Rasi: 12.29                |  | Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                            | Sun 29                  |                        | Sutra 340  |  |
| Tihti 16 - 17                    |  | <b>Gulika</b> 9:18AM - 10:49AM   | <b>Hasta Until 11:33PM</b> | <b>Ganesh:</b> Yellow   | <i>Sunrise:</i> 6:15AM | Vilamba 5120   |  |
| 161383368                        |  | Yama 6:15AM - 7:46AM   | Vriddhi Until 5:41PM       | <b>Muruga:</b> White    | <i>Sunset:</i> 6:26PM  | Moon 2 - Phase 46  |  |
| Routine Work Marana Yoga         |  | <b>Rahu</b> 1:52PM - 3:23PM  | Taitila Until 2:49AM Fri   | <b>Nataraja:</b> Clear  | Moon - Green           |  |  |
| Until 11:33PM                    |  | <b>Prathama* Until 4:19PM</b>  |                            | <b>Phalguna•Panguni</b> |                        | <b>Devaloka Day</b>  |  |
| Then Creative Work - Siddha Yoga |  |  |                            |                         |                        |  |  |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam

Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

/Inneapolis/St. Paul, MN

Sun 1 Sutra 341

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Kanya Rasi: 27.16 Tihi 17 - 18

Gulika 7:45AM - 9:16AM

Yama 3:23PM - 4:55PM

162383368 Rahu 10:48AM - 12:20PM

Chitra Until 9:33PM

Dhruva Until 2:08PM

Vanija Until 12:09AM Sat

Dvitiya Until 1:24PM

Ganesha: Yellow Sunrise: 6:13AM

Muruga: White Sunset: 6:27PM

Nataraja: Clear

Moon - Green  
Phalguna\*Panguni

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam

Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

/Inneapolis/St. Paul, MN

Sun 2 Sutra 342

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 11.41 Tihi 18 - 19

Gulika 6:11AM - 7:43AM

Yama 1:52PM - 3:24PM

162383368 Rahu 9:15AM - 10:48AM

Svati Until 9:21AM Sun

Vyaghata\* Until 11:03AM

Bava Until 10:07PM

Tritiya Until 11:02AM

Ganesha: Blue Sunrise: 6:11AM

Muruga: White Sunset: 6:28PM

Nataraja: Clear

Moon - Green  
Phalguna\*Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam

Svati/Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

/Inneapolis/St. Paul, MN

Sun 3 Sutra 343

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Tula Rasi: 25.4 Tihi 19 - 20

Gulika 3:24PM - 4:57PM

Yama 12:19PM - 1:52PM

172383368 Rahu 4:57PM - 6:29PM

Svati Until 9:21AM

Harshana Until 6:41AM Mon

Kaulava Until 8:50PM

Chaturthi\* Until 9:21AM

Ganesha: Red Sunrise: 6:09AM

Muruga: White Sunset: 6:29PM

Nataraja: Clear

Moon - Orange  
Phalguna\*Panguni

Devaloka Day

Routine Work Marana Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam

Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

/Inneapolis/St. Paul, MN

Sun 4 Sutra 344

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 9.09 Tihi 20 - 21

Gulika 1:52PM - 3:25PM

Yama 10:46AM - 12:19PM

172383368 Rahu 7:40AM - 9:13AM

Anuradha Until 7:43PM

Vajra\* Until 6:41AM

Gara Until 8:24PM

Panchami Until 8:29AM

Ganesha: Red Sunrise: 6:07AM

Muruga: White Sunset: 6:31PM

Nataraja: Clear

Moon - Orange  
Phalguna\*Panguni

Devaloka Day

Family Home Evening  
Creative Work Siddha Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Jyeshtha\* Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

/Inneapolis/St. Paul, MN

Sun 5 Sutra 345

Vilamba 5120

Moon 3 - Phase 47

1st Phase

Vrischika Rasi: 22.11 Tihi 21 - 22

Gulika 12:19PM - 1:52PM

Yama 9:12AM - 10:45AM

172383368 Rahu 3:25PM - 4:59PM

Jyeshtha\* Until 8:37PM

Vyatipata\* Until 5:02AM Wed

Visti Until 8:52PM

Shashthi\* Until 8:30AM

Ganesha: Red Sunrise: 6:05AM

Muruga: White Sunset: 6:32PM

Nataraja: Clear

Moon - Orange  
Phalguna\*Panguni

Devaloka Day

Routine Work Marana Yoga

Until 8:37PM

Then Creative Work - Amrita Yoga

D

Wednesday, March 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Mula\* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

/Inneapolis/St. Paul, MN

Sun 6 Sutra 346

Vilamba 5120

Moon 3 - Phase 47

Ashtami

Dhanus Rasi: 4.47 Tihi 22 - 23

Gulika 10:45AM - 12:18PM

Yama 7:37AM - 9:11AM

182383368 Rahu 12:18PM - 1:52PM

Mula\* Until 10:38PM

Variyan Until 5:09AM Thu

Balava Until 10:10PM

Saptami Until 9:24AM

Ganesha: Green Sunrise: 6:04AM

Muruga: White Sunset: 6:33PM

Nataraja: Clear

Moon - Light Blue  
Phalguna\*Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 10:38PM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Purvashadha\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

/Inneapolis/St. Paul, MN

Sun 7 Sutra 347

Vilamba 5120

Moon 3 - Phase 47

Navami

Dhanus Rasi: 17.03 Tihi 23 - 24

Gulika 9:10AM - 10:44AM

Yama 6:02AM - 7:36AM

182383368 Rahu 1:52PM - 3:26PM

Purvashadha\* Until 1:10AM Fri

Parigha\* Until 5:45AM Fri

Taitila Until 12:09AM Fri

Ashtami\* Until 11:04AM

Ganesha: Green Sunrise: 6:02AM

Muruga: White Sunset: 6:34PM

Nataraja: Clear

Moon - Light Blue  
Phalguna\*Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 1:10AM Fri

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|          |  |               |  |   |   |  |   |
|----------|--|---------------|--|---|---|--|---|
| <b>1</b> | <b>Friday, March 29, 2019</b>  |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau |   |   |  | /Inneapolis/St. Paul, MN<br>Sun 8 Sutra 348 |
|          | Dhanus Rasi: 29.04   | Tithi 24 – 25 | <b>Gulika</b> 7:34AM – 9:09AM<br>Yama 3:27PM – 5:01PM<br>192383468 <b>Rahu</b> 10:43AM – 12:18PM   | <b>Uttarashadha Until 3:57AM Sat</b><br>Shiva Until 7:17AM Sun Sat<br>Vanija Until 2:36AM Sat<br>Navami* Until 1:19PM | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:00AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:36PM<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br>Phalguna•Panguni | Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase |   |
|          | Routine Work Marana Yoga<br>Until 3:57AM Sat<br>Then Creative Work - Siddha Yoga |               | <b>Devaloka Day</b>  |   |   |  |   |

|          |  |               |   |  |  |  |   |
|----------|--|---------------|---|--|--|--|---|
| <b>2</b> | <b>Saturday, March 30, 2019</b>  |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shravana Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau |  |  |  | /Inneapolis/St. Paul, MN<br>Sun 9 Sutra 349 |
|          | Makara Rasi: 10.55   | Tithi 25 – 26 | <b>Gulika</b> 5:58AM – 7:33AM<br>Yama 1:52PM – 3:27PM<br>192383468 <b>Rahu</b> 9:08AM – 10:43AM   | <b>Shravana Until 7:17AM Sun</b><br>Shiva Until 7:17AM Sun<br>Balava Until 18:36AM Sun<br>Dashami Until 3:54PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:58AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase |   |
|          | Creative Work Siddha Yoga<br>Until 7:17AM Sun<br>Then Routine Work - Marana Yoga |               | <b>Sivaloka Day</b>   |  |  |  |   |


|          |  |          |  |  |  |  |  |
|----------|--|----------|--|--|--|--|--|
| <b>3</b> | <b>Sunday, March 31, 2019</b>  |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava Karana Ekadashyam Titau |  |  |  | /Inneapolis/St. Paul, MN<br>Sun 10 Sutra 350 |
|          | Makara Rasi: 22.41   | Tithi 26 | <b>Gulika</b> 3:28PM – 5:03PM<br>Yama 12:17PM – 1:52PM<br>192383468 <b>Rahu</b> 5:03PM – 6:38PM  | <b>Shravana Until 7:17AM</b><br>Siddha Until 7:45AM<br>Balava Until 6:36PM<br>Ekadashi* Until 6:36PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:56AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:38PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase |  |
|          | Creative Work Amrita Yoga<br>Until 7:17AM<br>Then Routine Work - Marana Yoga |          | <b>Sivaloka Day</b>  |  |  |  |  |


|          |  |          |   |   |   |  |  |
|----------|--|----------|---|---|---|--|--|
| <b>4</b> | <b>Monday, April 1, 2019</b>                     |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau |   |   |  | /Inneapolis/St. Paul, MN<br>Sun 11 Sutra 351 |
|          | Kumbha Rasi: 4.29                                | Tithi 27 | <b>Gulika</b> 1:52PM – 3:28PM<br>Yama 10:42AM – 12:17PM<br>192483468 <b>Rahu</b> 7:31AM – 9:07AM  | <b>Dhanishtha Until 10:25AM</b><br>Sadhya Until 8:47AM<br>Kaulava Until 10:23AM Tue<br>Dvadashi* Until 7:45AM | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:56AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:38PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase |  |
|          | Family Home Evening<br>Creative Work Siddha Yoga |          | <b>Subha Sivaloka Day</b>   |   |   |  |  |

|          |                               |          |  |   |   |  |  |
|----------|-------------------------------|----------|--|---|---|--|--|
| <b>5</b> | <b>Tuesday, April 2, 2019</b> |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau |   |   |  | /Inneapolis/St. Paul, MN<br>Sun 12 Sutra 352 |
|          | Kumbha Rasi: 16.2             | Tithi 28 | <b>Gulika</b> 12:17PM – 1:53PM<br>Yama 9:06AM – 10:41AM<br>192483468 <b>Rahu</b> 3:28PM – 5:04PM   | <b>Shatabhishak Until 1:22AM Thu Wed</b><br>Subha Until 9:41AM<br>Gara Until 10:23AM<br>Trayodashi* Until 11:28PM | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:54AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:39PM<br><b>Nataraja:</b> Purple<br>Moon – Purple<br>Phalguna•Panguni | Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase |  |
|          | Routine Work Marana Yoga      |          | <b>Subha Sivaloka Day</b>  |   |   |  |  |

*Pradosha Vrata (Fasting)*

|          |   |          |  |  |   |  |  |
|----------|---|----------|--|--|---|--|--|
| <b>6</b> | <b>Wednesday, April 3, 2019</b>   |          | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shatabhishak/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Catuspada* Karana Chaturdashyam Titau |  |   |  | /Inneapolis/St. Paul, MN<br>Sun 13 Sutra 353 |
|          | Kumbha Rasi: 28.2   | Tithi 29 | <b>Gulika</b> 10:41AM – 12:17PM<br>Yama 7:29AM – 9:05AM<br>112483468 <b>Rahu</b> 12:17PM – 1:53PM  | <b>Shatabhishak Until 1:22AM Thu</b><br>Sukla Until 3:55PM<br>Visti Until 13:71AM Thu<br>Chaturdashi* Until 9:41AM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:53AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:41PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Phalguna•Panguni | Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase |  |
|          | Creative Work Amrita Yoga<br>Until 1:22AM Thu<br>Then Creative Work - Siddha Yoga |          | <b>Sivaloka Day</b>  |  |   |  |  |

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|  | <b>Thursday, April 4, 2019</b>                          |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau |  |   |   | /Inneapolis/St. Paul, MN<br>Sun 14 Sutra 354 |
|   | <b>Retreat Star</b>                                     |  | <b>Gulika</b> 9:04AM – 10:40AM<br>Yama 5:51AM – 7:27AM<br>112483468 <b>Rahu</b> 1:53PM – 3:29PM  | <b>Uttaraproshtapada Until 6:06PM</b><br>Brahma Until 6:06PM<br>Catuspada Until 14:87AM Fri<br>Amavasya* Until 10:36AM Thu | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:51AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:42PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Phalguna•Panguni | Vilamba 5120<br>Moon 3 - Phase 48<br>Amavasya |  |
|   | Meena Rasi: 10.28 Tithi 30<br>Creative Work Siddha Yoga |  | <b>Sivaloka Day</b>  |  |   |   |  |

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|---|--|--|--|--|--|---|--|
|  | <b>Friday, April 5, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Balava Karana Prathamayam Titau |  |  |   | /Inneapolis/St. Paul, MN<br>Sun 15 Sutra 355 |
|   | <b>Retreat Star</b>  |  | <b>Gulika</b> 7:26AM – 9:02AM<br>Yama 3:30PM – 5:06PM<br>113483468 <b>Rahu</b> 10:39AM – 12:16PM   | <b>Revati Until 4:31AM Sun Sat</b><br>Indra Until 7:42PM<br>Kintughna Until 15:77AM Sat<br>Prathama* Until 10:37AM Fri | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:49AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 6:43PM<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Chaitra•Panguni | Vilamba 5120<br>Moon 3 - Phase 48<br>Prathama |  |
|   | Meena Rasi: 22.47 Tithi 1<br>Creative Work Siddha Yoga<br>Until 4:31AM Sun Sat<br>Then Creative Work - Amrita Yoga |  | <b>Devaloka Day</b>  |  |  |   |  |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

|          |   |         |   |  |   |   |   |
|----------|---|---------|---|--|---|---|---|
| <b>1</b> | <b>Saturday, April 6, 2019</b>  |         | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Dvitiyayam Titau |  |   |   | /Inneapolis/St. Paul, MN<br>Sun 16 Sutra 356                          |
|          | Mesha Rasi: 5.17  | Tithi 2 | <b>Gulika</b><br>5:47AM – 7:24AM<br>Yama<br>1:53PM – 3:30PM<br>123483468 <b>Rahu</b><br>9:01AM – 10:39AM  | <b>Revati Until 4:31AM Sun</b><br>Vaidhriti* Until 9:13PM<br>Balava Until 16:42AM Sun<br>Dvitiya Until 10:15AM Sat | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Chaitra•Panguni</b> | <i>Sunrise:</i> 5:47AM<br><i>Sunset:</i> 6:44PM | Vilamba 5120<br>Moon 3 - Phase 49<br>3rd Phase<br><b>Devaloka Day</b> |
|          | Creative Work Siddha Yoga<br>Until 4:31AM Sun<br>Then Routine Work - Prabalarishta Yoga |         |   |  |   |   |   |

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| <b>2</b> | <b>Sunday, April 7, 2019</b>   |         | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Vanija Karana Tritiyayam Titau |  |   |   | /Inneapolis/St. Paul, MN<br>Sun 17 Sutra 357                          |
|          | Mesha Rasi: 17.59  | Tithi 3 | <b>Gulika</b><br>3:31PM – 5:08PM<br>Yama<br>12:15PM – 1:53PM<br>123483468 <b>Rahu</b><br>5:08PM – 6:46PM  | <b>Ashvini Until 4:45AM Mon</b><br>Vishkambha* Until 8:40AM Mon<br>Taitila Until 16:45AM Mon<br>Tritiya Until 9:36AM Sun | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Chaitra•Panguni</b> | <i>Sunrise:</i> 5:45AM<br><i>Sunset:</i> 6:46PM | Vilamba 5120<br>Moon 3 - Phase 49<br>3rd Phase<br><b>Devaloka Day</b> |
|          | Routine Work Prabalarishta Yoga<br>Until 4:45AM Mon<br>Then Routine Work - Marana Yoga |         | Chellappaswami Mahasamadhi  |  |   |   |   |

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| <b>3</b> | <b>Monday, April 8, 2019</b>  |         | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Chaturthyam Titau |  |   |   | /Inneapolis/St. Paul, MN<br>Sun 18 Sutra 358                          |
|          | Vrishabha Rasi: 0.52  | Tithi 4 | <b>Gulika</b><br>1:53PM – 3:31PM<br>Yama<br>10:37AM – 12:15PM<br>123483468 <b>Rahu</b><br>7:21AM – 8:59AM  | <b>Bharani Until 4:37AM Tue</b><br>Priti Until 7:25AM Tue<br>Vanija Until 15:86AM Tue<br>Chaturthi* Until 8:40AM Mon | <b>Ganesh:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon – White<br><b>Chaitra•Panguni</b> | <i>Sunrise:</i> 5:43AM<br><i>Sunset:</i> 6:47PM | Vilamba 5120<br>Moon 3 - Phase 49<br>3rd Phase<br><b>Devaloka Day</b> |
|          | Family Home Evening<br>Routine Work Marana Yoga<br>Until 4:37AM Tue<br>Then Creative Work - Amrita Yoga |         |  |  |   |   |   |

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| <b>4</b> | <b>Tuesday, April 9, 2019</b>   |         | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Panchamyam Titau |   |   |   | /Inneapolis/St. Paul, MN<br>Sun 19 Sutra 359                          |
|          | Vrishabha Rasi: 13.55   | Tithi 5 | <b>Gulika</b><br>12:15PM – 1:53PM<br>Yama<br>8:58AM – 10:37AM<br>133483468 <b>Rahu</b><br>3:32PM – 5:10PM  | <b>Krittika Until 4:07AM Wed</b><br>Ayushman Until 11:03PM<br>Bava Until 15:44AM Wed<br>Panchami Until 7:25AM Tue | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Chaitra•Panguni</b> | <i>Sunrise:</i> 5:42AM<br><i>Sunset:</i> 6:48PM | Vilamba 5120<br>Moon 3 - Phase 49<br>3rd Phase<br><b>Sivaloka Day</b> |
|          | Creative Work Amrita Yoga<br>Until 4:07AM Wed<br>Then Creative Work - Siddha Yoga |         |  |   |   |   |   |

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| <b>5</b> | <b>Wednesday, April 10, 2019</b>   |         | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sobhana Yoga Kaulava/Gara Karana Shashthyam Titau |  |   |   | /Inneapolis/St. Paul, MN<br>Sun 20 Sutra 360                          |
|          | Vrishabha Rasi: 27.11  | Tithi 6 | <b>Gulika</b><br>10:36AM – 12:15PM<br>Yama<br>7:19AM – 8:57AM<br>133483468 <b>Rahu</b><br>12:15PM – 1:53PM  | <b>Rohini Until 3:14AM Thu</b><br>Sobhana Until 10:56PM<br>Kaulava Until 14:39AM Thu<br>Shashthi* Until 5:53AM Wed | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Chaitra•Panguni</b> | <i>Sunrise:</i> 5:40AM<br><i>Sunset:</i> 6:49PM | Vilamba 5120<br>Moon 3 - Phase 49<br>3rd Phase<br><b>Sivaloka Day</b> |
|          | Creative Work Siddha Yoga<br>Until 3:14AM Thu<br>Then Routine Work - Marana Yoga |         |   |  |   |   |   |

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| <b>6</b> | <b>Thursday, April 11, 2019</b>  |         | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau |   |   |   | /Inneapolis/St. Paul, MN<br>Sun 21 Sutra 361                          |
|          | Mithuna Rasi: 10.38  | Tithi 7 | <b>Gulika</b><br>8:56AM – 10:35AM<br>Yama<br>5:38AM – 7:17AM<br>133483468 <b>Rahu</b><br>1:53PM – 3:32PM   | <b>Mrigashira Until 1:56AM Fri</b><br>Athiganda* Until 1:53AM Fri<br>Gara Until 12:68AM Fri<br>Saptami Until 4:04AM Thu | <b>Ganesh:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br><b>Chaitra•Panguni</b> | <i>Sunrise:</i> 5:38AM<br><i>Sunset:</i> 6:51PM | Vilamba 5120<br>Moon 3 - Phase 49<br>3rd Phase<br><b>Sivaloka Day</b> |
|          | Routine Work Marana Yoga<br>Until 1:56AM Fri<br>Then Creative Work - Siddha Yoga |         |  |   |   |   |   |

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| <b>☾</b> | <b>Friday, April 12, 2019</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau |         |   |   | /Inneapolis/St. Paul, MN<br>Sun 22 Sutra 362  |   |   |
|          | <b>Retreat Star</b>           |  | Mithuna Rasi: 24.2  | Tithi 8 | <b>Gulika</b><br>7:16AM – 8:55AM<br>Yama<br>3:33PM – 5:12PM<br>143483468 <b>Rahu</b><br>10:35AM – 12:14PM | <b>Ardra Until 12:13AM Sat</b><br>Sukarma Until 10:83PM<br>Visti Until 1:08PM<br>Ashtami* Until 12:13AM Sat | <b>Ganesh:</b> White<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Chaitra•Panguni</b> | <i>Sunrise:</i> 5:36AM<br><i>Sunset:</i> 6:52PM | Vilamba 5120<br>Moon 3 - Phase 49<br>Ashtami<br><b>Devaloka Day</b> |
|          | Creative Work Siddha Yoga     |  |   |         |   |   |   |   |   |

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| <b>☽</b> | <b>Saturday, April 13, 2019</b>  |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |         |  |  | /Inneapolis/St. Paul, MN<br>Sun 23 Sutra 363  |   |  |
|          | <b>Retreat Star</b>  |  | Kataka Rasi: 8.18   | Tithi 9 | <b>Gulika</b><br>5:35AM – 7:14AM<br>Yama<br>1:54PM – 3:33PM<br>143483468 <b>Rahu</b><br>8:54AM – 10:34AM | <b>Pushya Until 8:09PM</b><br>Dhriti Until 8:35PM<br>Balava Until 11:13AM<br>Navami* Until 10:06PM | <b>Ganesh:</b> White<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Chaitra•Panguni</b> | <i>Sunrise:</i> 5:35AM<br><i>Sunset:</i> 6:53PM | Vilamba 5120<br>Moon 3 - Phase 49<br>Navami<br><b>Devaloka Day</b> |
|          | Creative Work Siddha Yoga<br>Until 8:09PM<br>Then Routine Work - Marana Yoga |  | Sri Rama Navami   |         |  |  |   |   |  |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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| <b>1 Sunday, April 14, 2019</b>  |          | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam /Inneapolis/St. Paul, MN |                                   |  |
| Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila Karana Dashamyam Titau Sun 24 Sutra 364 |          | Vikarin 5121  |                                   |  |
| Kataka Rasi: 22.31   | Tithi 10 | <b>Gulika</b> 3:34PM – 5:14PM   | <b>Ashlesha* Until 4:50PM Mon</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:33AM |
|  |          | Yama 12:14PM – 1:54PM   | Shula* Until 5:27PM               | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:54PM  |
|  |          | 243483468 <b>Rahu</b> 5:14PM – 6:54PM   | Taitila Until 8:55AM              | <b>Nataraja:</b> Purple                      |
| Creative Work Siddha Yoga  |          |   | Dashami Until 7:37PM              | Moon – Blue                                  |
| Until 4:50PM Mon   |          | <b>Tamil New Year</b>   |                                   | <b>Chaitra•Chaitra</b>                       |
| Then Routine Work - Marana Yoga  |          |   |                                   | <b>Sivaloka Day</b>                          |

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| <b>2 Monday, April 15, 2019</b>  |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam /Inneapolis/St. Paul, MN |                               |  |
| Ashlesha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 1 |               | Vikarin 5121   |                               |  |
| Simha Rasi: 6.58   | Tithi 11 – 12 | <b>Gulika</b> 1:54PM – 3:34PM  | <b>Ashlesha* Until 4:50PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:31AM |
| <b>Family Home Evening</b>   |               | Yama 10:33AM – 12:13PM   | Ganda* Until 10:33AM Tue      | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:56PM  |
| 253483468 <b>Rahu</b> 7:12AM – 8:52AM  |               |  | Vanija Until 6:16AM           | <b>Nataraja:</b> Purple                      |
| Routine Work Marana Yoga   |               |  | Ekadashi Until 4:50PM         | Moon – Red                                   |
| Until 4:50PM   |               |  |                               | <b>Chaitra•Chaitra</b>                       |
| Then Creative Work - Siddha Yoga   |               |  |                               | <b>Devaloka Day</b>                          |

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| <b>3 Tuesday, April 16, 2019</b>   |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam /Inneapolis/St. Paul, MN |                            |  |
| Magha*/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 2 |               | Vikarin 5121  |                            |  |
| Simha Rasi: 21.35  | Tithi 12 – 13 | <b>Gulika</b> 12:13PM – 1:54PM  | <b>Magha* Until 1:52PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:29AM |
|  |               | Yama 8:51AM – 10:32AM   | Vridhhi Until 2:16PM       | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:57PM  |
| 253483468 <b>Rahu</b> 3:35PM – 5:16PM  |               |   | Kaulava Until 11:82PM      | <b>Nataraja:</b> Purple                      |
| Creative Work Siddha Yoga  |               |   | Dvadashi Until 10:33AM Tue | Moon – Red                                   |
| Until 1:52PM   |               |   |                            | <b>Chaitra•Chaitra</b>                       |
| Then Creative Work - Amrita Yoga   |               |   |                            | <b>Devaloka Day</b>                          |
|  |               |   | <i>Pradosha Vrata</i>      |  |

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| <b>4 Wednesday, April 17, 2019</b>   |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam /Inneapolis/St. Paul, MN |                                    |  |
| Purvaphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 3 |               | Vikarin 5121  |                                    |  |
| Kanya Rasi: 6.18   | Tithi 13 – 14 | <b>Gulika</b> 10:31AM – 12:13PM   | <b>Purvaphalguni Until 10:50AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:28AM |
|  |               | Yama 7:09AM – 8:50AM  | Dhruva Until 11:53AM               | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:58PM  |
| 253483468 <b>Rahu</b> 12:13PM – 1:54PM   |               |   | Taitila Until 10:50AM              | <b>Nataraja:</b> Purple                      |
| Creative Work Amrita Yoga  |               |   | Trayodashi Until 10:50AM           | Moon – Red                                   |
| Until 10:50AM  |               |   |                                    | <b>Chaitra•Chaitra</b>                       |
| Then Routine Work - Marana Yoga  |               |   |                                    | <b>Devaloka Day</b>                          |

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| <b>○ Thursday, April 18, 2019</b>     |               | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam /Inneapolis/St. Paul, MN |                               |   |
| <b>Copper Retreat Star</b>            |               | Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sutra 4                       |                               |   |
| Kanya Rasi: 20.58                     | Tithi 14 – 15 | <b>Gulika</b> 8:49AM – 10:31AM   | <b>Hasta Until 9:51AM</b>     | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:26AM |
|                                       |               | Yama 5:26AM – 7:08AM   | Harshana Until 9:51AM         | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:59PM   |
| 263483468 <b>Rahu</b> 1:54PM – 3:36PM |               |  | Visti Until 5:90PM            | <b>Nataraja:</b> Purple                       |
| Routine Work Marana Yoga              |               |  | Chaturdashi* Until 3:22AM Thu | Moon – Green                                  |
| Until 9:51AM                          |               | <b>Chitra Purnima (Tamil Nadu)</b>   |                               | <b>Chaitra•Chaitra</b>                        |
| Then Creative Work - Siddha Yoga      |               | <b>Hanuman Jayanti</b>   |                               | <b>Sivaloka Day</b>                           |

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| <b>Friday, April 19, 2019</b>           |          | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam /Inneapolis/St. Paul, MN |                            |   |
| <b>Silver Retreat Star</b>              |          | Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 5                                      |                            |   |
| Tula Rasi: 5.29                         | Tithi 16 | <b>Gulika</b> 7:06AM – 8:48AM   | <b>Chitra Until 7:56AM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:24AM |
|   |          | Yama 3:36PM – 5:18PM  | Vajra* Until 8:51PM        | <b>Muruga:</b> Yellow <i>Sunset:</i> 7:01PM   |
| 263483468 <b>Rahu</b> 10:30AM – 12:12PM |          |   | Balava Until 3:57PM        | <b>Nataraja:</b> Purple                       |
| Creative Work Siddha Yoga               |          |   | Prathama* Until 2:49AM Sat | Moon – Green                                  |
|   |          |   |                            | <b>Chaitra•Chaitra</b>                        |
|   |          |   |                            | <b>Sivaloka Day</b>                           |