



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
/Anuradha Nakshatra Variyan Yoga Taitila/Vanija Karana Dvitiyayam Titau

Des Moines, IA
Sutra 16

Vrischika Rasi: 4.1	Tithi 17	Gulika 12:11PM – 1:56PM	Until 8:09PM	Ganesh: Purple	<i>Sunrise:</i> 5:11AM	Vilamba 5120
		Yama 8:41AM – 10:26AM	Variyan Until 6:05AM Wed	Muruga: White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 3
		273832369 Rahu 3:41PM – 5:26PM	Taitila Until 8:49AM Wed	Nataraja: Purple		1st Phase
Creative Work	Siddha Yoga		Dvitiya Until	Moon – Orange		Bhuloka Day
Until 8:09PM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Bava Karana Tritiyayam Titau

Des Moines, IA
Sun 1 Sutra 17

Vrischika Rasi: 16.37	Tithi 18	Gulika 10:25AM – 12:11PM	Anuradha Until 11:30PM Thu	Ganesh: Purple	<i>Sunrise:</i> 5:10AM	Vilamba 5120
		Yama 6:55AM – 8:40AM	Parigha* Until 6:05AM	Muruga: White	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3
		273832369 Rahu 12:11PM – 1:56PM	Vanija Until 9:00AM Thu	Nataraja: Purple		1st Phase
Creative Work	Siddha Yoga		Tritiya Until 9:48PM	Moon – Orange		Bhuloka Day
				Vaisaka-Chaitra		

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Mula* Nakshatra Shiva Yoga Bava/Kaulava Karana Chaturthyam Titau

Des Moines, IA
Sun 2 Sutra 18

Vrischika Rasi: 28.49	Tithi 19	Gulika 8:40AM – 10:25AM	Anuradha Until 11:30PM	Ganesh: Clear	<i>Sunrise:</i> 5:08AM	Vilamba 5120
		Yama 5:08AM – 6:54AM	Shiva Until 8:08AM	Muruga: White	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 3
		274832369 Rahu 1:56PM – 3:42PM	Bava Until 12:39AM Fri	Nataraja: Purple		1st Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 9:56PM	Moon – Orange		Bhuloka Day
Until 11:30PM				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Gara Karana Panchamyam Titau

Des Moines, IA
Sun 3 Sutra 19

Dhanus Rasi: 10.5	Tithi 20	Gulika 6:53AM – 8:39AM	Jyeshtha* Until 1:50AM Sat	Ganesh: White	<i>Sunrise:</i> 5:07AM	Vilamba 5120
		Yama 3:42PM – 5:28PM	Siddha Until 10:59AM	Muruga: White	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 3
		284832369 Rahu 10:25AM – 12:11PM	Kaulava Until 14:67AM Sat	Nataraja: Purple		1st Phase
Creative Work	Amrita Yoga		Panchami Until 10:28PM	Moon – Light Blue		Devaloka Day
Until 1:50AM Sat				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Uttarashadha Nakshatra Sadhya Yoga Gara/Visti* Karana Shashthyam Titau

Des Moines, IA
Sun 4 Sutra 20

Dhanus Rasi: 22.44	Tithi 21	Gulika 5:06AM – 6:52AM	Mula* Until 4:23AM Sun	Ganesh: White	<i>Sunrise:</i> 5:06AM	Vilamba 5120
		Yama 1:57PM – 3:43PM	Sadhya Until 1:59PM	Muruga: White	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 3
		284832369 Rahu 8:38AM – 10:24AM	Gara Until 17:42AM Sun	Nataraja: Purple		1st Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:17PM	Moon – Light Blue		Devaloka Day
Until 4:23AM Sun				Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Shravana Nakshatra Subha Yoga Visti*/Balava Karana Saptamyam Titau

Des Moines, IA
Sun 5 Sutra 21

Makara Rasi: 4.32	Tithi 22	Gulika 3:43PM – 5:30PM	Purvashadha* Until 6:56AM Mon	Ganesh: White	<i>Sunrise:</i> 5:05AM	Vilamba 5120
		Yama 12:10PM – 1:57PM	Subha Until 4:55PM	Muruga: White	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 3
		284832369 Rahu 5:30PM – 7:16PM	Visti Until 19:68AM Mon	Nataraja: Purple		1st Phase
Creative Work	Amrita Yoga		Saptami Until 12:18AM Sun	Moon – Light Blue		Devaloka Day
Until 6:56AM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA
Sun 6 Sutra 22

Makara Rasi: 16.21	Tithi 22 – 23	Gulika 1:57PM – 3:44PM	Uttarashadha Until 6:56AM	Ganesh: Yellow	<i>Sunrise:</i> 5:03AM	Vilamba 5120
Family Home Evening		Yama 10:24AM – 12:10PM	Sukla Until 8:04PM	Muruga: White	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 3
		294832369 Rahu 6:50AM – 8:37AM	Balava Until 7:68PM	Nataraja: Purple		Ashtami
Creative Work	Amrita Yoga		Saptami Until 1:22AM Mon	Moon – Purple		Bhuloka Day
Until 6:56AM				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam				

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA
Sun 7 Sutra 23

Makara Rasi: 28.16	Tithi 23 – 24	Gulika 12:10PM – 1:57PM	Shravana Until 9:12AM	Ganesh: Yellow	<i>Sunrise:</i> 5:02AM	Vilamba 5120
		Yama 8:36AM – 10:23AM	Brahma Until 10:40PM	Muruga: White	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 3
		294832369 Rahu 3:44PM – 5:31PM	Taitila Until 9:70PM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Ashtami* Until 2:14AM Tue	Moon – Purple		Bhuloka Day
Until 9:12AM				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Wednesday, May 9, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Des Moines, IA Sun 8 Sutra 24	
Kumbha Rasi: 10.23	Tithi 24 – 25	Gulika	10:23AM – 12:10PM	Dhanishtha Until 10:57AM	Ganesha: Yellow	<i>Sunrise: 5:01AM</i>	Vilamba 5120		
		Yama	6:48AM – 8:36AM	Indra Until 12:30AM Thu	Muruga: White	<i>Sunset: 7:19PM</i>	Moon 4 - Phase 4		
		294832369 Rahu	12:10PM – 1:57PM	Vanija Until 11:35PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Navami* Until 2:46AM Wed	Moon – Purple		Bhuloka Day		
Until 10:57AM					Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga									

2		Thursday, May 10, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 25	
Kumbha Rasi: 22.46	Tithi 25 – 26	Gulika	8:35AM – 10:23AM	Shatabhishak Until 12:00PM	Ganesha: Yellow	<i>Sunrise: 5:00AM</i>	Vilamba 5120		
		Yama	5:00AM – 6:48AM	Vaidhriti* Until 1:55AM Fri	Muruga: White	<i>Sunset: 7:20PM</i>	Moon 4 - Phase 4		
		214832369 Rahu	1:58PM – 3:45PM	Bava Until 12:14AM Fri	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Dashami Until 2:49AM Thu	Moon – Clear		Bhuloka Day		
					Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		

3		Friday, May 11, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 26	
Meena Rasi: 5.31	Tithi 26 – 27	Gulika	6:47AM – 8:35AM	Purvaproshtapada* Until 12:14PM	Ganesha: Blue	<i>Sunrise: 4:59AM</i>	Vilamba 5120		
		Yama	3:46PM – 5:33PM	Vishkambha* Until 2:22AM Sat	Muruga: White	<i>Sunset: 7:21PM</i>	Moon 4 - Phase 4		
		214932369 Rahu	10:22AM – 12:10PM	Kaulava Until 11:63PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Ekadashi* Until 2:14AM Fri	Moon – Clear		Bhuloka Day		
					Vaisaka-Chaitra				

4		Saturday, May 12, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 27	
Meena Rasi: 18.41	Tithi 27 – 28	Gulika	4:58AM – 6:46AM	Uttaraproshtapada Until 11:39AM	Ganesha: Blue	<i>Sunrise: 4:58AM</i>	Vilamba 5120		
		Yama	1:58PM – 3:46PM	Priti Until 1:53AM Sun	Muruga: White	<i>Sunset: 7:22PM</i>	Moon 4 - Phase 4		
		214932369 Rahu	8:34AM – 10:22AM	Gara Until 10:65PM	Nataraja: Purple		2nd Phase		
Routine Work	Prabalarishta Yoga			Dvadashi* Until 1:01AM Sat	Moon – Clear		Bhuloka Day		
Until 11:39AM					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Sunday, May 13, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 28	
Mesha Rasi: 2.16	Tithi 28 – 29	Gulika	3:47PM – 5:35PM	Revati Until 10:18AM	Ganesha: Blue	<i>Sunrise: 4:57AM</i>	Vilamba 5120		
		Yama	12:10PM – 1:58PM	Ayushman Until 1:01AM Mon	Muruga: White	<i>Sunset: 7:23PM</i>	Moon 4 - Phase 4		
		224932369 Rahu	5:35PM – 7:23PM	Vistil Until 9:24PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 11:10PM	Moon – White		Bhuloka Day		
Until 10:18AM					Vaisaka-Chaitra				
Then Routine Work - Prabalarishta Yoga		Mother's Day							

●		Monday, May 14, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 29	
Retreat Star		Gulika	1:59PM – 3:47PM	Ashvini Until 8:20AM	Ganesha: Blue	<i>Sunrise: 4:56AM</i>	Vilamba 5120		
Mesha Rasi: 16.15	Tithi 29 – 30	Yama	10:21AM – 12:10PM	Saubhagya Until 11:28PM	Muruga: White	<i>Sunset: 7:24PM</i>	Moon 4 - Phase 4		
Family Home Evening		224932369 Rahu	6:44AM – 8:33AM	Catuspada Until 6:69PM	Nataraja: Purple		Amavasya		
Creative Work	Siddha Yoga			Chaturdashi* Until 8:45PM	Moon – White		Bhuloka Day		
Until 8:20AM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

Retreat Star		Tuesday, May 15, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Ahiganda* Yoga Kintughna*/Balava Karana Prathamayam Titau		Des Moines, IA Sun 14 Sutra 30	
Vrishabha Rasi: 0.35	Tithi 1	Gulika	12:10PM – 1:59PM	Bharani Until 3:01AM Wed	Ganesha: Red	<i>Sunrise: 4:55AM</i>	Vilamba 5120		
		Yama	8:32AM – 10:21AM	Sobhana Until 9:22PM	Muruga: White	<i>Sunset: 7:25PM</i>	Moon 4 - Phase 4		
		225932369 Rahu	3:48PM – 5:36PM	Kintughna Until 13:33AM Wed	Nataraja: Purple		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 14:37AM Tue	Moon – White		Bhuloka Day		
					Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM		

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1		Wednesday, May 16, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 15.1		Tithi 2		Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Dvitiyayam Titau		Sun 15		Sutra 31	
Creative Work		Siddha Yoga		Gulika 10:21AM – 12:10PM		Rohini Until 12:01AM Thu		Ganesh: Yellow Sunrise: 4:54AM	
Until 12:01AM Thu		235932369		Yama 6:43AM – 8:32AM		Athiganda* Until 7:20PM		Muruga: White Sunset: 7:26PM	
Then Routine Work - Marana Yoga		Rahu 12:10PM – 1:59PM		Balava Until 10:30AM Thu		Dvitiya Until 11:08AM Wed		Nataraja: Purple	
								Moon – Yellow	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

2		Thursday, May 17, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 29.52		Tithi 3		Rohini/Rohini Nakshatra Sukarma/Dhriti Yoga Taitila/Vanija Karana Tritiyayam Titau		Sun 16		Sutra 32	
Routine Work		Marana Yoga		Gulika 8:31AM – 10:21AM		Rohini Until 8:58PM		Ganesh: Yellow Sunrise: 4:53AM	
235932369		Rahu 1:59PM – 3:49PM		Sukarma Until 5:05PM		Tritiya Until 7:34AM Thu		Muruga: White Sunset: 7:27PM	
								Nataraja: Purple	
								Moon – Yellow	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

3		Friday, May 18, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 14.34		Tithi 4		Mrigashira/Punarvasu Nakshatra Shula* Yoga Vanija/Bava Karana Chaturthyam Titau		Sun 17		Sutra 33	
Creative Work		Siddha Yoga		Gulika 6:42AM – 8:31AM		Mrigashira Until 6:00PM		Ganesh: Yellow Sunrise: 4:52AM	
235932369		Rahu 10:21AM – 12:10PM		Shula* Until 2:46PM		Chaturthi* Until 4:00AM Fri		Muruga: White Sunset: 7:28PM	
								Nataraja: Purple	
								Moon – Yellow	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

4		Saturday, May 19, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 29.09		Tithi 5 – 6		Ardra/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18		Sutra 34	
Creative Work		Siddha Yoga		Gulika 4:51AM – 6:41AM		Ardra Until 3:15PM		Ganesh: White Sunrise: 4:51AM	
235932369		Rahu 8:31AM – 10:20AM		Ganda* Until 12:55PM		Panchami Until 12:32AM Sat		Muruga: White Sunset: 7:29PM	
								Nataraja: Purple	
								Moon – Blue	
								Jyeshtha Adhika-Vaikasi	
								Devaloka Day	

5		Sunday, May 20, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 13.34		Tithi 6 – 7		Punarvasu/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 35	
Creative Work		Siddha Yoga		Gulika 3:50PM – 5:40PM		Punarvasu Until 12:48PM		Ganesh: White Sunrise: 4:50AM	
235932369		Rahu 5:40PM – 7:30PM		Vriddhi Until 11:13AM		Shashthi* Until 9:16PM		Muruga: White Sunset: 7:30PM	
								Nataraja: Purple	
								Moon – Blue	
								Jyeshtha Adhika-Vaikasi	
								Devaloka Day	

Monday, May 21, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 27.43		Tithi 7 – 8		Pushya/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 36	
Family Home Evening		Creative Work		Gulika 2:00PM – 3:51PM		Pushya Until 10:42AM		Ganesh: White Sunrise: 4:49AM	
Siddha Yoga		235932369		Yama 10:20AM – 12:10PM		Dhruva Until 9:44AM		Muruga: White Sunset: 7:31PM	
Until 10:42AM		Rahu 6:40AM – 8:30AM		Visti Until 9:49PM		Saptami Until 6:17PM		Nataraja: Purple	
Then Routine Work - Marana Yoga								Moon – Blue	
								Jyeshtha Adhika-Vaikasi	
								Devaloka Day	

Tuesday, May 22, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Simha Rasi: 11.38		Tithi 8 – 9		Ashlesha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 37	
Creative Work		Siddha Yoga		Gulika 12:10PM – 2:01PM		Ashlesha* Until 9:00AM		Ganesh: Clear Sunrise: 4:49AM	
235932369		Rahu 3:51PM – 5:42PM		Vyaghata* Until 8:55AM		Ashtami* Until 13:13AM Tue		Muruga: White Sunset: 7:32PM	
								Nataraja: Purple	
								Moon – Red	
								Jyeshtha Adhika-Vaikasi	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1		Wednesday, May 23, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Des Moines, IA Sun 22 Sutra 38 Vilamba 5120	
Simha Rasi: 25.19	Tithi 9 – 10	Gulika	10:20AM – 12:10PM	Magha* Until 7:42AM	Ganesh: Clear	<i>Sunrise:</i> 4:48AM			
		Yama	6:39AM – 8:29AM	Harshana Until 8:23AM	Muruga: White	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 6		
		255932369 Rahu	12:10PM – 2:01PM	Taitila Until 6:73PM	Nataraja: Purple			4th Phase	
Creative Work	Amrita Yoga			Navami* Until 11:12AM Wed	Moon – Red	Bhuloka Day			
					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM			

2		Thursday, May 24, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 23 Sutra 39 Vilamba 5120	
Kanya Rasi: 8.45	Tithi 10 – 11	Gulika	8:29AM – 10:20AM	Purvaphalguni Until 6:48AM	Ganesh: Clear	<i>Sunrise:</i> 4:47AM			
		Yama	4:47AM – 6:38AM	Vajra* Until 8:05AM	Muruga: White	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 6		
		255932369 Rahu	2:01PM – 3:52PM	Vanija Until 5:91PM	Nataraja: Purple			4th Phase	
	Amrita Yoga			Dashami Until 9:28AM Thu	Moon – Red	Bhuloka Day			
Until 6:48AM					Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM			
Then Routine Work - Marana Yoga									

3		Friday, May 25, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 24 Sutra 40 Vilamba 5120	
Kanya Rasi: 21.59	Tithi 11 – 12	Gulika	6:37AM – 8:29AM	Uttaraphalguni Until 6:18AM	Ganesh: Purple	<i>Sunrise:</i> 4:46AM			
		Yama	3:53PM – 5:44PM	Siddhi Until 8:28AM	Muruga: White	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 6		
		366932369 Rahu	10:20AM – 12:11PM	Bava Until 5:72PM	Nataraja: Purple			4th Phase	
	Amrita Yoga			Ekadashi Until 8:04AM Fri	Moon – Green	Bhuloka Day			
Until 6:18AM					Jyeshtha Adhika-Vaikasi				
Then Creative Work - Siddha Yoga									

4		Saturday, May 26, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 25 Sutra 41 Vilamba 5120	
Tula Rasi: 5	Tithi 12 – 13	Gulika	4:46AM – 6:37AM	Hasta Until 6:11AM	Ganesh: Purple	<i>Sunrise:</i> 4:46AM			
		Yama	2:02PM – 3:53PM	Vyatipata* Until 9:05AM	Muruga: White	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 6		
		366932369 Rahu	8:28AM – 10:19AM	Kaulava Until 6:17PM	Nataraja: Purple			4th Phase	
	Marana Yoga			Dvadashi Until 6:59AM Sat	Moon – Green	Bhuloka Day			
Until 6:11AM					Jyeshtha Adhika-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>					

5		Sunday, May 27, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 26 Sutra 42 Vilamba 5120	
Tula Rasi: 17.49	Tithi 13 – 14	Gulika	3:54PM – 5:45PM	Chitra Until 6:27AM	Ganesh: Purple	<i>Sunrise:</i> 4:45AM			
		Yama	12:11PM – 2:02PM	Variyan Until 9:56AM	Muruga: White	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 6		
		366932369 Rahu	5:45PM – 7:36PM	Gara Until 6:46PM	Nataraja: Purple			4th Phase	
	Siddha Yoga			Trayodashi Until 6:11AM Sun	Moon – Green	Bhuloka Day			
Until 6:27AM					Jyeshtha Adhika-Vaikasi				
Then Routine Work - Marana Yoga									

○		Monday, May 28, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Anuradha Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Des Moines, IA Sun 27 Sutra 43 Vilamba 5120	
Copper Retreat Star		Gulika	2:02PM – 3:54PM	Svati Until 7:09AM	Ganesh: Clear	<i>Sunrise:</i> 4:45AM			
Vrischika Rasi: 0.27	Tithi 14 – 15	Yama	10:19AM – 12:11PM	Shiva Until 11:30AM	Muruga: White	<i>Sunset:</i> 7:37PM	Moon 4 - Phase 6		
		376932369 Rahu	6:36AM – 8:28AM	Visti Until 7:41PM	Nataraja: Purple			Purnima	
	Marana Yoga			Chaturdashi* Until 5:44AM Mon	Moon – Orange	Bhuloka Day			
Until 7:09AM		Vaikasi Visakam			Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM			
Then Creative Work - Siddha Yoga									

○		Tuesday, May 29, 2018				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Des Moines, IA Sun 28 Sutra 44 Vilamba 5120	
Silver Retreat Star		Gulika	12:11PM – 2:03PM	Vishakha Until 8:17AM	Ganesh: Clear	<i>Sunrise:</i> 4:44AM			
Vrischika Rasi: 12.53	Tithi 15 – 16	Yama	8:27AM – 10:19AM	Siddha Until 1:22PM	Muruga: White	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 6		
		376932369 Rahu	3:54PM – 5:46PM	Balava Until 8:63PM	Nataraja: Purple			Prathama	
	Siddha Yoga			Purnima* Until 5:39AM Tue	Moon – Orange	Bhuloka Day			
Until 8:17AM					Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM			
Then Routine Work - Marana Yoga									

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Mula* Nakshatra Sadhya Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 25.07 Tihti 16 - 17

Gulika 10:19AM - 12:11PM
Yama 6:35AM - 8:27AM
Rahu 12:11PM - 2:03PM

Anuradha Until 9:52AM
Sadhya Until 6:19PM Thu
Tailila Until 10:51PM
Prathama* Until 5:53AM Wed

Ganesha: Clear Sunrise: 4:43AM
Muruga: White Sunset: 7:39PM
Nataraja: Purple
Moon - Orange
Jyeshtha Adhika-Vaikasi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 9:52AM
Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 7.11 Tihti 17 - 18

Gulika 8:27AM - 10:19AM
Yama 4:43AM - 6:35AM
Rahu 2:03PM - 3:55PM

Jyeshtha* Until 11:53AM
Sadhya Until 6:19PM
Vanija Until 24:62
Dvitiya Until 6:27AM Thu

Ganesha: White Sunrise: 4:43AM
Muruga: White Sunset: 7:40PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 19.07 Tihti 18 - 19

Gulika 6:35AM - 8:27AM
Yama 3:56PM - 5:48PM
Rahu 10:19AM - 12:11PM

Mula* Until 2:13PM
Subha Until 9:17PM
Bava Until 3:30AM Sat
Tritiya Until 7:18AM Fri

Ganesha: Yellow Sunrise: 4:42AM
Muruga: White Sunset: 7:40PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga
Until 2:13PM
Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 0.56 Tihti 19 - 20

Gulika 4:42AM - 6:34AM
Yama 2:04PM - 3:56PM
Rahu 8:27AM - 10:19AM

Purvashadha* Until 4:47PM
Sukla Until 12:15AM Sun
Kaulava Until 5:66AM Sun
Chaturthi* Until 8:20AM Sat

Ganesha: Yellow Sunrise: 4:42AM
Muruga: White Sunset: 7:41PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga
Until 4:47PM
Then Creative Work - Siddha Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Panchamyam Titau

Des Moines, IA

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 12.43 Tihti 20

Gulika 3:57PM - 5:49PM
Yama 12:12PM - 2:04PM
Rahu 5:49PM - 7:42PM

Uttarashadha Until 7:22PM
Brahma Until 3:32AM Mon
Kaulava Until 8:37AM Mon
Panchami Until 9:27AM Sun

Ganesha: Blue Sunrise: 4:42AM
Muruga: White Sunset: 7:42PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga
Until 7:22PM
Then Routine Work - Marana Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Shashthyam Titau

Des Moines, IA

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 24.32 Tihti 21

Gulika 2:04PM - 3:57PM
Yama 10:19AM - 12:12PM
Rahu 6:34AM - 8:27AM

Shravana Until 9:46PM
Indra Until 6:25AM Tue
Gara Until 10:51AM Tue
Shashthi* Until 10:30AM Mon

Ganesha: Blue Sunrise: 4:41AM
Muruga: White Sunset: 7:42PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Balava Karana Saptamyam Titau

Des Moines, IA

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 6.27 Tihti 22

Gulika 12:12PM - 2:05PM
Yama 8:26AM - 10:19AM
Rahu 3:58PM - 5:50PM

Dhanishtha Until 1:08AM Thu Wed
Vaidhriti* Until 6:25AM
Visti Until 12:33AM Wed
Saptami Until 11:17AM Tue

Ganesha: Purple Sunrise: 4:41AM
Muruga: White Sunset: 7:43PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 1:08AM Thu Wed
Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Purvaprosnihapada* Nakshatra Vishkambha*/Priti Yoga Balava/Tailila Karana Ashtamyam Titau

Des Moines, IA

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 18.33 Tihti 23

Gulika 10:19AM - 12:12PM
Yama 6:34AM - 8:26AM
Rahu 12:12PM - 2:05PM

Dhanishtha Until 1:08AM Thu
Vishkambha* Until 8:39AM
Balava Until 13:33AM Thu
Ashtami* Until 11:41AM Wed

Ganesha: Purple Sunrise: 4:41AM
Muruga: White Sunset: 7:44PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Uttaraprosnihapada Nakshatra Priti/Ayushman Yoga Tailila/Vanija Karana Navamyam Titau

Des Moines, IA

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Meena Rasi: 0.56 Tihti 24

Gulika 8:26AM - 10:19AM
Yama 4:40AM - 6:33AM
Rahu 2:05PM - 3:58PM

Shatabhishak Until 1:44AM Fri
Priti Until 10:33AM
Tailila Until 13:44AM Fri
Navami* Until 11:33AM Thu

Ganesha: Red Sunrise: 4:40AM
Muruga: White Sunset: 7:44PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Dashamyam Titau				Des Moines, IA
Meena Rasi: 13.4	Tithi 25	Gulika 6:33AM – 8:26AM	Purvaproshtapada* Until 1:29AM Sat	Ganesha: Red <i>Sunrise: 4:40AM</i>	Sun 9	Sutra 54
		Yama 3:59PM – 5:52PM	Ayushman Until 11:31AM	Muruga: White <i>Sunset: 7:45PM</i>		Vilamba 5120
		318132361 Rahu 10:19AM – 12:13PM	Vanija Until 12:64AM Sat	Nataraja: White		Moon 5 - Phase 8
Creative Work Siddha Yoga			Dashami Until 10:45AM Fri	Moon – Clear		2nd Phase
Until 1:29AM Sat				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga					Devaloka Time: 6:AM to 9:AM	

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Ekadashyam Titau				Des Moines, IA
Meena Rasi: 26.5	Tithi 26	Gulika 4:40AM – 6:33AM	Uttaraproshtapada Until 12:25AM Sun	Ganesha: Red <i>Sunrise: 4:40AM</i>	Sun 10	Sutra 55
		Yama 2:06PM – 3:59PM	Saubhagya Until 11:29AM	Muruga: White <i>Sunset: 7:46PM</i>		Vilamba 5120
		318132361 Rahu 8:26AM – 10:20AM	Bava Until 11:36AM Sun	Nataraja: White		Moon 5 - Phase 8
Routine Work Prabalarishta Yoga			Ekadashi* Until 9:18AM Sat	Moon – Clear		2nd Phase
Until 12:25AM Sun				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Creative Work - Siddha Yoga					Devaloka Time: 6:AM to 9:AM	

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Gara Karana Dvadashyam Titau				Des Moines, IA
Mesha Rasi: 10.27	Tithi 27	Gulika 4:00PM – 5:53PM	Revati Until 10:34PM	Ganesha: Green <i>Sunrise: 4:40AM</i>	Sun 11	Sutra 56
		Yama 12:13PM – 2:06PM	Sobhana Until 10:58AM	Muruga: White <i>Sunset: 7:46PM</i>		Vilamba 5120
		328132361 Rahu 5:53PM – 7:46PM	Kaulava Until 8:85AM Mon	Nataraja: White		Moon 5 - Phase 8
Creative Work Siddha Yoga			Dvadashi* Until 7:13AM Sun	Moon – White		2nd Phase
Until 10:34PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga						

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Krittika Nakshatra Sukarma Yoga Gara/Visti* Karana Trayodashyam Titau				Des Moines, IA
Mesha Rasi: 24.31	Tithi 28	Gulika 2:06PM – 4:00PM	Ashvini Until 8:05PM	Ganesha: Green <i>Sunrise: 4:40AM</i>	Sun 12	Sutra 57
Family Home Evening		Yama 10:20AM – 12:13PM	Sukarma Until 9:35AM	Muruga: White <i>Sunset: 7:47PM</i>		Vilamba 5120
Creative Work Siddha Yoga		328132361 Rahu 6:33AM – 8:26AM	Gara Until 6:40AM Tue	Nataraja: White		Moon 5 - Phase 8
Until 8:05PM			Trayodashi* Until 4:30AM Mon	Moon – White		2nd Phase
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Rohini Nakshatra Dhriti Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA
Vrishabha Rasi: 9	Tithi 29 – 30	Gulika 12:13PM – 2:07PM	Bharani Until 5:06PM	Ganesha: Green <i>Sunrise: 4:40AM</i>	Sun 13	Sutra 58
		Yama 8:26AM – 10:20AM	Dhriti Until 7:29AM	Muruga: White <i>Sunset: 7:47PM</i>		Vilamba 5120
		328132361 Rahu 4:00PM – 5:54PM	Visti Until 3:30AM Wed	Nataraja: White		Moon 5 - Phase 8
Creative Work Siddha Yoga			Chaturdashi* Until 1:18AM Tue	Moon – White		2nd Phase
Until 5:06PM				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
Then Creative Work - Amrita Yoga						

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA
Retreat Star		Gulika 10:20AM – 12:14PM	Krittika Until 1:47PM	Ganesha: White <i>Sunrise: 4:39AM</i>	Sun 14	Sutra 59
Vrishabha Rasi: 23.47	Tithi 30 – 1	Yama 6:33AM – 8:26AM	Shula* Until 2:37AM Thu	Muruga: White <i>Sunset: 7:48PM</i>		Vilamba 5120
		338132361 Rahu 12:14PM – 2:07PM	Kintughna Until 11:63PM	Nataraja: White		Moon 5 - Phase 8
Creative Work Siddha Yoga			Amavasya* Until 9:43PM	Moon – Yellow		Amavasya
				Jyeshtha Adhika-Vaikasi	Bhuloka Day	

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
Retreat Star		Gulika 8:27AM – 10:20AM	Mrigashira Until 10:16AM	Ganesha: Clear <i>Sunrise: 4:39AM</i>	Sun 15	Sutra 60
Mithuna Rasi: 8.46	Tithi 1 – 2	Yama 4:39AM – 6:33AM	Ganda* Until 11:46PM	Muruga: White <i>Sunset: 7:48PM</i>		Vilamba 5120
		339132361 Rahu 2:07PM – 4:01PM	Balava Until 8:31PM	Nataraja: White		Moon 5 - Phase 8
Routine Work Marana Yoga			Prathama* Until 13:53AM Thu	Moon – Yellow		Prathama
Until 10:16AM				Jyeshtha-Ani	Bhuloka Day	
Then Creative Work - Amrita Yoga					Devaloka Time: 9:AM to 12:PM	

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 23.48	Tithi 2 – 3	Gulika 6:33AM – 8:27AM	Ardra Until 6:44AM	Ganesh: Orange	<i>Sunrise:</i> 4:39AM		
		Yama 4:01PM – 5:55PM	Vridhhi Until 9:16PM	Muruga: White	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 9	
		Rahu 10:20AM – 12:14PM	Taitila Until 4:62PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 9:56AM Fri	Moon – Blue	Bhuloka Day		
Until 6:44AM				Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM		
Then Routine Work - Marana Yoga							

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturthiyam Titau				Des Moines, IA Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 8.44	Tithi 4	Gulika 4:39AM – 6:33AM	Punarvasu Until 12:11AM Sun	Ganesh: Orange	<i>Sunrise:</i> 4:39AM		
		Yama 2:08PM – 4:01PM	Dhruva Until 6:51PM	Muruga: White	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9	
		Rahu 8:27AM – 10:20AM	Vanija Until 10:46AM Sun	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 6:05AM Sat	Moon – Blue	Bhuloka Day		
Until 9:26PM				Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM		
Then Routine Work - Marana Yoga							

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Magha* Nakshatra Harshana Yoga Bava/Kaulava Karana Panchamyam Titau				Des Moines, IA Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 23.27	Tithi 5	Gulika 4:02PM – 5:55PM	Pushya Until 9:26PM	Ganesh: Orange	<i>Sunrise:</i> 4:40AM		
		Yama 12:14PM – 2:08PM	Harshana Until 4:40PM	Muruga: White	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9	
		Rahu 5:55PM – 7:49PM	Bava Until 7:75AM Mon	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 2:28AM Sun	Moon – Blue	Bhuloka Day		
Until 9:26PM		Father's Day		Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM		
Then Routine Work - Marana Yoga							

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Gara Karana Shashthyam Titau				Des Moines, IA Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 7.52	Tithi 6	Gulika 2:08PM – 4:02PM	Ashlesha* Until 7:09PM	Ganesh: Green	<i>Sunrise:</i> 4:40AM		
Family Home Evening		Yama 10:21AM – 12:15PM	Vajra* Until 3:14PM	Muruga: White	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	Rahu 6:33AM – 8:27AM	Kaulava Until 6:15AM Tue	Nataraja: White		3rd Phase	
Until 7:09PM			Shashthi* Until 11:13PM	Moon – Red	Devaloka Day		
Then Creative Work - Siddha Yoga				Jyeshtha•Ani			

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 21.56	Tithi 7 – 8	Gulika 12:15PM – 2:09PM	Magha* Until 5:27PM	Ganesh: Green	<i>Sunrise:</i> 4:40AM		
		Yama 8:27AM – 10:21AM	Siddhi Until 2:12PM	Muruga: White	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9	
		Rahu 4:02PM – 5:56PM	Gara Until 4:49AM Wed	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 8:20PM	Moon – Red	Devaloka Day		
Until 5:27PM				Jyeshtha•Ani	Tour Day		
Then Creative Work - Amrita Yoga							

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vyalipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 21 Sutra 66 Vilamba 5120	
Retreat Star		Gulika 10:21AM – 12:15PM	Purvaphalguni Until 4:19PM	Ganesh: Green	<i>Sunrise:</i> 4:40AM		
Kanya Rasi: 5.38	Tithi 8 – 9	Yama 6:34AM – 8:27AM	Vyatipata* Until 1:36PM	Muruga: White	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9	
		Rahu 12:15PM – 2:09PM	Balava Until 4:00AM Thu	Nataraja: White		Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 16:01AM Wed	Moon – Red	Devaloka Day		
Until 4:19PM				Jyeshtha•Ani			
Then Routine Work - Marana Yoga							

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA Sun 22 Sutra 67 Vilamba 5120	
Retreat Star		Gulika 8:28AM – 10:21AM	Uttaraphalguni Until 3:47PM	Ganesh: Red	<i>Sunrise:</i> 4:40AM		
Kanya Rasi: 19	Tithi 9 – 10	Yama 4:40AM – 6:34AM	Variyan Until 1:54PM	Muruga: White	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9	
		Rahu 2:09PM – 4:03PM	Taitila Until 3:45AM Fri	Nataraja: White		Navami	
Routine Work	Marana Yoga		Navami* Until 14:33AM Thu	Moon – Green	Bhuloka Day		
Until 3:47PM		Chidambaram Abhishekam		Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Des Moines, IA
		Hasta/Svati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 68
		Gulika 6:34AM – 8:28AM	Hasta Until 3:49PM	Ganesha: Green	<i>Sunrise:</i> 4:40AM	Vilamba 5120
Tula Rasi: 2.03	Tithi 10 – 11	Yama 4:03PM – 5:57PM	Parigha* Until 2:35PM	Muruga: White	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 10
361132361		Rahu 10:22AM – 12:15PM	Vanija Until 3:63AM Sat	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 13:32AM Fri	Moon – Green		Bhuloka Day
				Jyeshtha•Ani		

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Des Moines, IA
		Chitra/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 69
		Gulika 4:41AM – 6:34AM	Chitra Until 4:21PM	Ganesha: Green	<i>Sunrise:</i> 4:41AM	Vilamba 5120
Tula Rasi: 14.5	Tithi 11 – 12	Yama 2:09PM – 4:03PM	Shiva Until 3:38PM	Muruga: White	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 10
361132361		Rahu 8:28AM – 10:22AM	Bava Until 4:50AM Sun	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 12:58AM Sat	Moon – Green		Bhuloka Day
				Jyeshtha•Ani		

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
		Svati/Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 70
		Gulika 4:03PM – 5:57PM	Svati Until 5:23PM	Ganesha: Red	<i>Sunrise:</i> 4:41AM	Vilamba 5120
Tula Rasi: 27.23	Tithi 12 – 13	Yama 12:16PM – 2:10PM	Siddha Until 5:28PM	Muruga: Clear	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 10
371142361		Rahu 5:57PM – 7:51PM	Kaulava Until 5:65AM Mon	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 12:45AM Sun	Moon – Orange		Devaloka Day
				Jyeshtha•Ani		
				<i>Pradosha Vrata</i>		

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Des Moines, IA
		Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Trayodashyam Titau				Sun 26 Sutra 71
		Gulika 2:10PM – 4:03PM	Vishakha Until 6:50PM	Ganesha: Red	<i>Sunrise:</i> 4:41AM	Vilamba 5120
Vrischika Rasi: 9.45	Tithi 13	Yama 10:22AM – 12:16PM	Sadhya Until 7:33PM	Muruga: Clear	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 10
371142361		Rahu 6:35AM – 8:29AM	Kaulava Until 7:44AM Tue	Nataraja: White		4th Phase
Family Home Evening	Siddha Yoga		Trayodashi Until 12:52AM Mon	Moon – Orange		Devaloka Day
				Jyeshtha•Ani		

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Des Moines, IA
		Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Chaturdashyam Titau				Sun 27 Sutra 72
		Gulika 12:16PM – 2:10PM	Anuradha Until 8:40PM	Ganesha: Red	<i>Sunrise:</i> 4:42AM	Vilamba 5120
Vrischika Rasi: 21.56	Tithi 14	Yama 8:29AM – 10:23AM	Subha Until 9:51PM	Muruga: Clear	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 10
371142361		Rahu 4:04PM – 5:57PM	Gara Until 9:45AM Wed	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 13:20AM Tue	Moon – Orange		Devaloka Day
Until 8:40PM				Jyeshtha•Ani		
Then Creative Work - Amrita Yoga						

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA
Copper Retreat Star		Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Visti*/Balava Karana Purnimayam Titau				Sutra 73
		Gulika 10:23AM – 12:16PM	Jyeshtha* Until 10:51PM	Ganesha: Blue	<i>Sunrise:</i> 4:42AM	Vilamba 5120
Dhanus Rasi: 3.59	Tithi 15	Yama 6:36AM – 8:29AM	Sukla Until 12:48AM Thu	Muruga: Clear	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 10
381142361		Rahu 12:16PM – 2:10PM	Visti Until 11:63AM Thu	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 14:01AM Wed	Moon – Light Blue		Bhuloka Day
Until 10:51PM				Jyeshtha•Ani		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Des Moines, IA
Silver Retreat Star		Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Prathamayam Titau				Sutra 74
		Gulika 8:29AM – 10:23AM	Mula* Until 1:16AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:42AM	Vilamba 5120
Dhanus Rasi: 15.54	Tithi 16	Yama 4:42AM – 6:36AM	Brahma Until 3:49AM Fri	Muruga: Clear	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 10
381142361		Rahu 2:10PM – 4:04PM	Balava Until 14:34AM Fri	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 14:57AM Thu	Moon – Light Blue		Bhuloka Day
Until 1:16AM Fri				Jyeshtha•Ani		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda



Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Tailila/Vanija Karana Dvityayam Titau

Des Moines, IA

Sun 1 Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 27.44 Tihti 17

Gulika 6:36AM - 8:30AM
Yama 4:04PM - 5:57PM
381142361 Rahu 10:23AM - 12:17PMPurvashadha* Until 3:51AM Sat
Indra Until 6:47AM Sat
Tailila Until 16:70AM SatGanesha: Blue
Muruga: Clear
Nataraja: White
Moon - Light Blue
Jyeshtha-AniSunrise: 4:43AM
Sunset: 7:51PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 3:51AM Sat

Then Creative Work - Siddha Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Bava Karana Trityayam Titau

Des Moines, IA

Sun 2 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 9.31 Tihti 18

Gulika 4:43AM - 6:37AM
Yama 2:10PM - 4:04PM
381242361 Rahu 8:30AM - 10:24AMUttarashadha Until 6:26AM Sun
Vaidhriti* Until 6:47AM
Vanija Until 19:43AM SunGanesha: Blue
Muruga: Clear
Nataraja: White
Moon - Light Blue
Jyeshtha-AniSunrise: 4:43AM
Sunset: 7:51PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 6:26AM Sun

Then Creative Work - Amrita Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha*/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritya/Chaturthyam Titau

Des Moines, IA

Sun 3 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 21.18 Tihti 18 - 19

Gulika 4:04PM - 5:57PM
Yama 12:17PM - 2:11PM
391242361 Rahu 5:57PM - 7:51PMUttarashadha Until 6:26AM
Vishkambha* Until 10:06AM
Bava Until 7:43PMGanesha: Red
Muruga: Clear
Nataraja: White
Moon - Purple
Jyeshtha-AniSunrise: 4:44AM
Sunset: 7:51PM

Devaloka Day

Creative Work Amrita Yoga

Until 6:26AM

Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 4 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 3.08 Tihti 19 - 20

Family Home Evening

Gulika 2:11PM - 4:04PM
Yama 10:24AM - 12:17PM
392242361 Rahu 6:37AM - 8:31AMShravana Until 8:53AM
Priti Until 1:05PM
Kaulava Until 9:61PMGanesha: Yellow
Muruga: Clear
Nataraja: White
Moon - Purple
Jyeshtha-AniSunrise: 4:44AM
Sunset: 7:51PM

Devaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 6:14PM

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Purvaprosnthapada* Nakshatra Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 5 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 15.05 Tihti 20 - 21

Gulika 12:18PM - 2:11PM
Yama 8:31AM - 10:24AM
392242361 Rahu 4:04PM - 5:57PMDhanishtha Until 11:00AM
Ayushman Until 3:34PM
Gara Until 11:55PMGanesha: Yellow
Muruga: Clear
Nataraja: White
Moon - Purple
Jyeshtha-AniSunrise: 4:45AM
Sunset: 7:50PM

Devaloka Day

Routine Work Marana Yoga

Panchami Until 7:10PM

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Uttarproshthapada Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 6 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 27.14 Tihti 21 - 22

Gulika 10:25AM - 12:18PM
Yama 6:38AM - 8:32AM
312242361 Rahu 12:18PM - 2:11PMShatabhishak Until 12:38PM
Saubhagya Until 5:53PM
Visti Until 24:75Ganesha: Orange
Muruga: Clear
Nataraja: White
Moon - Clear
Jyeshtha-AniSunrise: 4:45AM
Sunset: 7:50PM

Devaloka Day

Creative Work Amrita Yoga

Until 12:38PM

Then Creative Work - Siddha Yoga

Shashthi* Until 7:46PM

Thursday, July 5, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosnthapada*/Uttarproshthapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 7 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 9.37 Tihti 22 - 23

Gulika 8:32AM - 10:25AM
Yama 4:46AM - 6:39AM
312242361 Rahu 2:11PM - 4:04PMPurvaprosnthapada* Until 1:38PM
Sobhana Until 7:23PM
Balava Until 1:53AM FriGanesha: Orange
Muruga: Clear
Nataraja: White
Moon - Clear
Jyeshtha-AniSunrise: 4:46AM
Sunset: 7:50PM

Devaloka Day

Creative Work Siddha Yoga

Saptami Until 7:58PM

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarproshthapada*/Revati Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 8 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Navami

Meena Rasi: 22.19 Tihti 23 - 24

Gulika 6:39AM - 8:32AM
Yama 4:04PM - 5:57PM
412242361 Rahu 10:25AM - 12:18PMUttarproshthapada Until 1:54PM
Athiganda* Until 7:59PM
Tailila Until 1:44AM SatGanesha: Green
Muruga: Clear
Nataraja: White
Moon - Clear
Jyeshtha-AniSunrise: 4:46AM
Sunset: 7:50PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 1:54PM

Then Creative Work - Amrita Yoga

Ashtami* Until 7:39PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1		Saturday, July 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 5.25		Tihti 24 – 25		422242361		Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9 Sutra 83	
Creative Work		Siddha Yoga		Gulika 4:47AM – 6:40AM		Revati Until 1:21PM		Ganesha: Orange Sunrise: 4:47AM	
				Yama 2:11PM – 4:04PM		Sukarma Until 8:07PM		Muruga: Clear Sunset: 7:49PM	
				Rahu 8:33AM – 10:25AM		Vanija Until 12:48AM Sun		Nataraja: White	
						Navami* Until 6:43PM		Moon – White	
								Jyeshtha*Ani	
								Devaloka Day	

2		Sunday, July 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 18.57		Tihti 25 – 26		422242361		Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 84	
Routine Work		Prabalarishta Yoga		Gulika 4:04PM – 5:56PM		Ashvini Until 12:01PM		Ganesha: Orange Sunrise: 4:48AM	
Until 12:01PM				Yama 12:18PM – 2:11PM		Dhriti Until 7:18PM		Muruga: Clear Sunset: 7:49PM	
Then Creative Work - Siddha Yoga				Rahu 5:56PM – 7:49PM		Bava Until 11:05PM		Nataraja: White	
						Dashami Until 14:58AM Sun		Moon – White	
								Jyeshtha*Ani	
								Devaloka Day	

3		Monday, July 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 2.56		Tihti 26 – 27		422242361		Bharani/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 85	
Family Home Evening		Marana Yoga		Gulika 2:11PM – 4:03PM		Bharani Until 9:57AM		Ganesha: Orange Sunrise: 4:48AM	
Until 9:57AM				Yama 10:26AM – 12:18PM		Shula* Until 5:40PM		Muruga: Clear Sunset: 7:49PM	
Then Creative Work - Amrita Yoga				Rahu 6:41AM – 8:33AM		Kaulava Until 8:41PM		Nataraja: White	
						Ekadashi* Until 12:10AM Mon		Moon – White	
								Jyeshtha*Ani	
								Devaloka Day	

4		Tuesday, July 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 17.22		Tihti 27 – 28		422242361		Krittika/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 86	
Creative Work		Amrita Yoga		Gulika 12:19PM – 2:11PM		Krittika Until 7:15AM		Ganesha: Light Blue Sunrise: 4:49AM	
Until 7:15AM				Yama 8:34AM – 10:26AM		Ganda* Until 3:44PM		Muruga: Clear Sunset: 7:48PM	
Then Creative Work - Siddha Yoga				Rahu 4:03PM – 5:56PM		Gara Until 5:44PM		Nataraja: White	
						Dvadashi* Until 8:52AM Tue		Moon – Yellow	
								Jyeshtha*Ani	
								Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	
								<i>Pradosha Vrata (Fasting)</i>	

5		Wednesday, July 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 2.1		Tihti 29		422242361		Rohini/Ardra Nakshatra Dhruva Yoga Visti*/Catuspada* Karana Chaturdashyam Titau		Sun 13 Sutra 87	
Creative Work		Siddha Yoga		Gulika 10:27AM – 12:19PM		Rohini Until 12:33AM Thu		Ganesha: Light Blue Sunrise: 4:50AM	
Until 12:33AM Thu				Yama 6:42AM – 8:34AM		Dhruva Until 1:12PM		Muruga: Clear Sunset: 7:48PM	
Then Routine Work - Marana Yoga				Rahu 12:19PM – 2:11PM		Visti Until 10:43AM Thu		Nataraja: White	
						Chaturdashi* Until 5:11AM Wed		Moon – Yellow	
								Jyeshtha*Ani	
								Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

		Thursday, July 12, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 17.12		Tihti 30		422242361		Mrigashira/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau		Sun 14 Sutra 88	
Retreat Star		Marana Yoga		Gulika 8:35AM – 10:27AM		Mrigashira Until 8:50PM		Ganesha: Light Blue Sunrise: 4:51AM	
Until 8:50PM				Yama 4:51AM – 6:43AM		Vyaghata* Until 10:17AM		Muruga: Clear Sunset: 7:47PM	
Then Creative Work - Amrita Yoga				Rahu 2:11PM – 4:03PM		Catuspada Until 6:58AM Fri		Nataraja: White	
						Amavasya* Until 1:12AM Thu		Moon – Yellow	
								Jyeshtha*Ani	
								Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

Retreat Star		Friday, July 13, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 2.22		Tihti 1 – 2		422242361		Ardra/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 89	
Creative Work		Siddha Yoga		Gulika 6:43AM – 8:35AM		Ardra Until 5:05PM		Ganesha: Purple Sunrise: 4:51AM	
Until 5:05PM				Yama 4:03PM – 5:55PM		Harshana Until 7:30AM		Muruga: Clear Sunset: 7:47PM	
Then Routine Work - Marana Yoga				Rahu 10:27AM – 12:19PM		Kintughna Until 3:16AM Sat		Nataraja: White	
						Prathama* Until 9:04PM		Moon – Blue	
								Ashada*Ani	
								Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	
								Partial Solar Eclipse	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

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1 Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA Sun 16 Sutra 90 Vilamba 5120	
Kataka Rasi: 17.31	Tithi 2 - 3	Gulika 4:52AM - 6:44AM	Punarvasu Until 1:28PM	Ganesh: Purple	<i>Sunrise:</i> 4:52AM		
		Yama 2:11PM - 4:03PM	Vajra* Until 1:51AM Sun	Muruga: Clear	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13	
		442242361 Rahu 8:36AM - 10:27AM	Tailila Until 11:46PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 12:51AM Sat	Moon - Blue		Bhuloka Day	
Until 1:28PM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

2 Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Des Moines, IA Sun 17 Sutra 91 Vilamba 5120	
Simha Rasi: 2.28	Tithi 3 - 4	Gulika 4:02PM - 5:54PM	Ashlesha* Until 10:07AM	Ganesh: Light Blue	<i>Sunrise:</i> 4:53AM		
		Yama 12:19PM - 2:11PM	Siddhi Until 5:34AM Mon	Muruga: Clear	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13	
		452242361 Rahu 5:54PM - 7:45PM	Vanija Until 8:37PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 9:02AM Sun	Moon - Red		Bhuloka Day	
Until 10:07AM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

3 Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA Sun 18 Sutra 92 Vilamba 5120	
Simha Rasi: 17.08	Tithi 4 - 5	Gulika 2:11PM - 4:02PM	Magha* Until 7:12AM	Ganesh: Purple	<i>Sunrise:</i> 4:54AM		
Family Home Evening		Yama 10:28AM - 12:19PM	Variyan Until 9:56PM	Muruga: Clear	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13	
		453242361 Rahu 6:45AM - 8:37AM	Bava Until 5:57PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 5:34AM Mon	Moon - Red		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 12:PM to 3:PM	

4 Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Gara Karana Shashthyam Titau				Des Moines, IA Sun 19 Sutra 93 Vilamba 5120	
Kanya Rasi: 1.24	Tithi 6	Gulika 12:19PM - 2:11PM	Purvaphalguni Until 3:06AM Wed	Ganesh: Purple	<i>Sunrise:</i> 4:55AM		
		Yama 8:37AM - 10:28AM	Parigha* Until 8:39PM	Muruga: Clear	<i>Sunset:</i> 7:44PM	Moon 6 - Phase 13	
		453242362 Rahu 4:02PM - 5:53PM	Kaulava Until 14:31AM Wed	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 2:31AM Tue	Moon - Red		Devaloka Day	
Until 3:06AM Wed				Ashada*Adi			
Then Routine Work - Marana Yoga							

5 Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Gara/Visti* Karana Saptamyam Titau				Des Moines, IA Sun 20 Sutra 94 Vilamba 5120	
Kanya Rasi: 15.15	Tithi 7	Gulika 10:28AM - 12:19PM	Uttaraphalguni Until 2:05AM Thu	Ganesh: Clear	<i>Sunrise:</i> 4:55AM		
		Yama 6:46AM - 8:37AM	Shiva Until 8:20PM	Muruga: Clear	<i>Sunset:</i> 7:43PM	Moon 6 - Phase 13	
		463242362 Rahu 12:19PM - 2:10PM	Gara Until 13:52AM Thu	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Saptami Until 12:01AM Wed	Moon - Green		Sivaloka Day	
Until 2:05AM Thu				Ashada*Adi			
Then Creative Work - Siddha Yoga							

Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Visti*/Balava Karana Ashtamyam Titau				Des Moines, IA Sun 21 Sutra 95 Vilamba 5120	
Retreat Star		Gulika 8:38AM - 10:29AM	Hasta Until 1:48AM Fri	Ganesh: Clear	<i>Sunrise:</i> 4:56AM		
Kanya Rasi: 28.41	Tithi 8	Yama 4:56AM - 6:47AM	Siddha Until 8:37PM	Muruga: Clear	<i>Sunset:</i> 7:43PM	Moon 6 - Phase 13	
		463242362 Rahu 2:10PM - 4:01PM	Visti Until 13:57AM Fri	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 10:06PM	Moon - Green		Sivaloka Day	
				Ashada*Adi			

Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Balava/Tailila Karana Navamyam Titau				Des Moines, IA Sun 22 Sutra 96 Vilamba 5120	
Retreat Star		Gulika 6:48AM - 8:38AM	Chitra Until 2:13AM Sat	Ganesh: Clear	<i>Sunrise:</i> 4:57AM		
Tula Rasi: 11.43	Tithi 9	Yama 4:01PM - 5:51PM	Sadhya Until 9:26PM	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 6 - Phase 13	
		463242362 Rahu 10:29AM - 12:20PM	Balava Until 14:42AM Sat	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Navami* Until 8:45PM	Moon - Green		Sivaloka Day	
				Ashada*Adi			

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Taitila/Vanija Karana Dashamyam Titau		Des Moines, IA Sun 23 Sutra 97 Vilamba 5120	
Tula Rasi: 24.24	Tithi 10	Gulika	4:58AM – 6:48AM	Svati Until 3:17AM Sun	Ganesh: White	<i>Sunrise:</i> 4:58AM			
		Yama	2:10PM – 4:00PM	Subha Until 11:12PM	Muruga: Clear	<i>Sunset:</i> 7:41PM		Moon 6 - Phase 14	
		473242362 Rahu	8:39AM – 10:29AM	Taitila Until 15:62AM Sun	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga			Dashami Until 7:58PM	Moon – Orange			Devaloka Day	
Until 3:17AM Sun					Ashada•Adi				
Then Routine Work - Marana Yoga									

2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Vanija/Bava Karana Ekadashyam Titau		Des Moines, IA Sun 24 Sutra 98 Vilamba 5120	
Vrischika Rasi: 6.49	Tithi 11	Gulika	4:00PM – 5:50PM	Vishakha Until 4:52AM Mon	Ganesh: White	<i>Sunrise:</i> 4:59AM			
		Yama	12:20PM – 2:10PM	Sukla Until 1:20AM Mon	Muruga: Clear	<i>Sunset:</i> 7:40PM		Moon 6 - Phase 14	
		473242362 Rahu	5:50PM – 7:40PM	Vanija Until 17:52AM Mon	Nataraja: Clear			4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 7:44PM	Moon – Orange			Devaloka Day	
Until 4:52AM Mon					Ashada•Adi				
Then Creative Work - Siddha Yoga									

3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashyam Titau		Des Moines, IA Sun 25 Sutra 99 Vilamba 5120	
Vrischika Rasi: 19.01	Tithi 12	Gulika	2:10PM – 4:00PM	Anuradha Until 6:54AM Tue	Ganesh: White	<i>Sunrise:</i> 5:00AM			
Family Home Evening		Yama	10:30AM – 12:20PM	Brahma Until 3:45AM Tue	Muruga: Clear	<i>Sunset:</i> 7:40PM		Moon 6 - Phase 14	
		473242362 Rahu	6:50AM – 8:40AM	Bava Until 19:63AM Tue	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 7:54PM	Moon – Orange			Devaloka Day	
Until 6:54AM Tue					Ashada•Adi				
Then Creative Work - Amrita Yoga									

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 26 Sutra 100 Vilamba 5120	
Dhanus Rasi: 1.02	Tithi 12 – 13	Gulika	12:20PM – 2:09PM	Jyeshtha* Until 6:54AM	Ganesh: Yellow	<i>Sunrise:</i> 5:01AM			
		Yama	8:40AM – 10:30AM	Indra Until 6:48AM Wed	Muruga: Clear	<i>Sunset:</i> 7:39PM		Moon 6 - Phase 14	
		483242362 Rahu	3:59PM – 5:49PM	Kaulava Until 7:63PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga			Dvadashi Until 8:26PM	Moon – Light Blue			Sivaloka Day	
Until 6:54AM					Ashada•Adi				
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata</i>				

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 27 Sutra 101 Vilamba 5120	
Dhanus Rasi: 12.56	Tithi 13 – 14	Gulika	10:30AM – 12:20PM	Mula* Until 11:46AM Thu	Ganesh: Red	<i>Sunrise:</i> 5:02AM			
		Yama	6:51AM – 8:41AM	Vaidhriti* Until 6:48AM	Muruga: Clear	<i>Sunset:</i> 7:38PM		Moon 6 - Phase 14	
		483342362 Rahu	12:20PM – 2:09PM	Gara Until 10:30PM	Nataraja: Clear			4th Phase	
Routine Work	Marana Yoga			Trayodashi Until 9:16PM	Moon – Light Blue			Sivaloka Day	
Until 11:46AM Thu					Ashada•Adi				
Then Creative Work - Amrita Yoga									

○		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Des Moines, IA Sutra 102 Vilamba 5120	
Copper Retreat Star		Gulika	8:41AM – 10:30AM	Mula* Until 11:46AM	Ganesh: Red	<i>Sunrise:</i> 5:03AM			
Dhanus Rasi: 24.45	Tithi 14 – 15	Yama	5:03AM – 6:52AM	Vishkambha* Until 9:53AM	Muruga: Clear	<i>Sunset:</i> 7:37PM		Moon 6 - Phase 14	
		483342362 Rahu	2:09PM – 3:58PM	Visti Until 24:65	Nataraja: Clear			Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 10:15PM	Moon – Light Blue			Sivaloka Day	
Until 11:46AM		Satguru Purnima			Ashada•Adi				
Then Routine Work - Marana Yoga									

○		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Des Moines, IA Sutra 103 Vilamba 5120	
Silver Retreat Star		Gulika	6:53AM – 8:42AM	Purvashadha* Until 2:21PM	Ganesh: Red	<i>Sunrise:</i> 5:03AM			
Makara Rasi: 6.32	Tithi 15 – 16	Yama	3:58PM – 5:47PM	Priti Until 12:52PM	Muruga: Clear	<i>Sunset:</i> 7:36PM		Moon 6 - Phase 14	
		483342362 Rahu	10:31AM – 12:20PM	Balava Until 3:39AM Sat	Nataraja: Clear			Prathama	
Routine Work	Marana Yoga			Purnima* Until 11:21PM	Moon – Light Blue			Sivaloka Day	
		Total Lunar Eclipse			Ashada•Adi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mania Vasara Yuktayam

Des Moines, IA

Gold Retreat Star

Gulika 5:04AM - 6:53AM Uttarashadha Until 4:53PM Ganesha: Blue Sunrise: 5:04AM
Yama 2:08PM - 3:57PM Ayushman Until 4:08PM Muruga: Clear Sunset: 7:35PM
Rahu 8:42AM - 10:31AM Tailila Until 5:66AM Sun Nataraja: Clear Moon - Purple Devaloka Day
Prathama* Until 12:29AM Sat Ashada*Adi

Makara Rasi: 18.2 Tithi 16 - 17
Creative Work Siddha Yoga

1

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Des Moines, IA

Gulika 3:57PM - 5:45PM Shravana Until 7:14PM Ganesha: Blue Sunrise: 5:05AM
Yama 12:20PM - 2:08PM Saubhagya Until 7:03PM Muruga: Clear Sunset: 7:34PM
Rahu 5:45PM - 7:34PM Tailila Until 6:06AM Nataraja: Clear Moon - Purple Devaloka Day
Dvitiya Until 7:14PM Ashada*Adi

Kumbha Rasi: 0.11 Tithi 17
Routine Work Marana Yoga
Until 7:14PM
Then Creative Work - Siddha Yoga

2

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Des Moines, IA

Gulika 2:08PM - 3:56PM Dhanishtha Until 9:17PM Ganesha: Blue Sunrise: 5:06AM
Yama 10:31AM - 12:20PM Sobhana Until 9:32PM Muruga: Clear Sunset: 7:33PM
Rahu 6:55AM - 8:43AM Vanija Until 9:71AM Tue Nataraja: Clear Moon - Purple Devaloka Day
Tritiya Until 2:20AM Mon Ashada*Adi

Kumbha Rasi: 12.07 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 9:17PM
Then Routine Work - Marana Yoga

3

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Des Moines, IA

Gulika 12:20PM - 2:08PM Shatabhishak Until 10:56PM Ganesha: White Sunrise: 5:07AM
Yama 8:43AM - 10:31AM Athiganda* Until 11:57PM Muruga: Clear Sunset: 7:32PM
Rahu 3:56PM - 5:44PM Bava Until 11:36AM Wed Nataraja: Clear Moon - Clear Devaloka Day
Chaturthi* Until 2:58AM Tue Ashada*Adi

Kumbha Rasi: 24.11 Tithi 19
Routine Work Marana Yoga
Until 10:56PM
Then Creative Work - Amrita Yoga

4

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Des Moines, IA

Gulika 10:32AM - 12:19PM Purvaproshtapada* Until 12:06AM Thu Ganesha: White Sunrise: 5:08AM
Yama 6:56AM - 8:44AM Sukarma Until 1:43AM Thu Muruga: Clear Sunset: 7:31PM
Rahu 12:19PM - 2:07PM Kaulava Until 12:29AM Thu Nataraja: Clear Moon - Clear Devaloka Day
Panchami Until 3:14AM Wed Ashada*Adi

Meena Rasi: 6.26 Tithi 20
Creative Work Siddha Yoga

5

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Des Moines, IA

Gulika 8:44AM - 10:32AM Uttaraproshtapada Until 12:41AM Fri Ganesha: White Sunrise: 5:09AM
Yama 5:09AM - 6:57AM Dhriti Until 2:46AM Fri Muruga: Clear Sunset: 7:30PM
Rahu 2:07PM - 3:54PM Gara Until 12:45AM Fri Nataraja: Clear Moon - Clear Devaloka Day
Shashthi* Until 3:07AM Thu Ashada*Adi

Meena Rasi: 18.54 Tithi 21
Creative Work Siddha Yoga
Until 12:41AM Fri
Then Creative Work - Amrita Yoga

6

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Des Moines, IA

Gulika 6:57AM - 8:45AM Revati Until 12:37AM Sat Ganesha: Clear Sunrise: 5:10AM
Yama 3:54PM - 5:41PM Shula* Until 3:30AM Sat Muruga: Clear Sunset: 7:28PM
Rahu 10:32AM - 12:19PM Visti Until 11:81AM Sat Nataraja: Clear Moon - White Sivaloka Day
Saptami Until 2:34AM Fri Ashada*Adi

Mesha Rasi: 1.38 Tithi 22
Creative Work Amrita Yoga
Until 12:37AM Sat
Then Creative Work - Siddha Yoga

Retreat Star

Saturday, August 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Des Moines, IA

Gulika 5:11AM - 6:58AM Ashvini Until 11:53PM Ganesha: Clear Sunrise: 5:11AM
Yama 2:06PM - 3:53PM Ganda* Until 3:24AM Sun Muruga: Clear Sunset: 7:27PM
Rahu 8:45AM - 10:32AM Balava Until 10:76AM Sun Nataraja: Clear Moon - White Sivaloka Day
Ashtami* Until 1:28AM Sat Ashada*Adi

Mesha Rasi: 14.42 Tithi 23
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Retreat Star

Sunday, August 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Des Moines, IA

Gulika 3:53PM - 5:39PM Bharani Until 10:28PM Ganesha: Clear Sunrise: 5:12AM
Yama 12:19PM - 2:06PM Vriddhi Until 2:29AM Mon Muruga: Clear Sunset: 7:26PM
Rahu 5:39PM - 7:26PM Tailila Until 9:31AM Mon Nataraja: Clear Moon - White Sivaloka Day
Navami* Until 11:50PM Ashada*Adi


Mesha Rasi: 28.08 Tithi 24
Creative Work Siddha Yoga

1		Monday, August 6, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Bava Karana Dashamyam Titau	Des Moines, IA Sun 9 Sutra 113 Vilamba 5120
Vrishabha Rasi: 11.58	Tithi 25	Gulika	2:05PM – 3:52PM	Krittika Until 8:24PM	Ganesh: Purple	<i>Sunrise:</i> 5:13AM	
Family Home Evening	434342362	Yama	10:33AM – 12:19PM	Dhruva Until 15:47AM Tue	Muruga: Clear	<i>Sunset:</i> 7:25PM	
Creative Work	Amrita Yoga	Rahu	7:00AM – 8:46AM	Vanija Until 6:70AM Tue	Nataraja: Clear	Moon 7 - Phase 16	
				Dashami Until 9:41PM	Moon – Yellow	2nd Phase	
					Ashada•Adi	Devaloka Day	

2		Tuesday, August 7, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava Karana Ekadashi/Dvadashyam Titau	Des Moines, IA Sun 10 Sutra 114 Vilamba 5120
Vrishabha Rasi: 26.11	Tithi 26 – 27	Gulika	12:19PM – 2:05PM	Mrigashira Until 2:40PM Wed	Ganesh: Purple	<i>Sunrise:</i> 5:14AM	
	434342362	Yama	8:47AM – 10:33AM	Vyaghata* Until 11:16PM	Muruga: Clear	<i>Sunset:</i> 7:24PM	
Creative Work	Siddha Yoga	Rahu	3:51PM – 5:37PM	Bava Until 7:10AM	Nataraja: Clear	Moon 7 - Phase 16	
Until 2:40PM Wed				Ekadashi* Until 5:46PM	Moon – Yellow	2nd Phase	
Then Routine Work - Marana Yoga					Ashada•Adi	Devaloka Day	
						Tour Day	

3		Wednesday, August 8, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Des Moines, IA Sun 11 Sutra 115 Vilamba 5120
Mithuna Rasi: 10.47	Tithi 27 – 28	Gulika	10:33AM – 12:19PM	Mrigashira Until 2:40PM	Ganesh: Purple	<i>Sunrise:</i> 5:15AM	
	434342362	Yama	7:01AM – 8:47AM	Harshana Until 8:45PM	Muruga: Clear	<i>Sunset:</i> 7:22PM	
Creative Work	Siddha Yoga	Rahu	12:19PM – 2:05PM	Gara Until 24:60	Nataraja: Clear	Moon 7 - Phase 16	
				Dvadashi* Until 12:13AM Wed	Moon – Yellow	2nd Phase	
					Ashada•Adi	Devaloka Day	
						<i>Pradosha Vrata (Fasting)</i>	

4		Thursday, August 9, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Des Moines, IA Sun 12 Sutra 116 Vilamba 5120
Mithuna Rasi: 25.4	Tithi 28 – 29	Gulika	8:47AM – 10:33AM	Ardra Until 11:14AM	Ganesh: Light Blue	<i>Sunrise:</i> 5:16AM	
	444342362	Yama	5:16AM – 7:02AM	Vajra* Until 6:12PM	Muruga: Clear	<i>Sunset:</i> 7:21PM	
Creative Work	Amrita Yoga	Rahu	2:04PM – 3:50PM	Visti Until 9:28PM	Nataraja: Clear	Moon 7 - Phase 16	
				Trayodashi* Until 8:21AM Thu	Moon – Blue	2nd Phase	
					Ashada•Adi	Devaloka Day	

		Friday, August 10, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Des Moines, IA Sun 13 Sutra 117 Vilamba 5120
Retreat Star		Gulika	7:03AM – 8:48AM	Punarvasu Until 7:37AM	Ganesh: Light Blue	<i>Sunrise:</i> 5:17AM	
Kataka Rasi: 10.45	Tithi 29 – 30	Yama	3:49PM – 5:34PM	Vyatipata* Until 3:22PM	Muruga: Clear	<i>Sunset:</i> 7:20PM	
	444342362	Rahu	10:33AM – 12:18PM	Naga Until 5:48PM	Nataraja: Clear	Moon 7 - Phase 16	
Routine Work	Marana Yoga			Chaturdashi* Until 4:18AM Fri	Moon – Blue	Amavasya	
					Ashada•Adi	Devaloka Day	

Retreat Star		Saturday, August 11, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Magha* Nakshatra Variyan Yoga Kintughna*/Balava Karana Prathamayam Titau	Des Moines, IA Sun 14 Sutra 118 Vilamba 5120
Kataka Rasi: 25.52	Tithi 1	Gulika	5:18AM – 7:03AM	Pushya Until 12:24AM Sun	Ganesh: Orange	<i>Sunrise:</i> 5:18AM	
	445342362	Yama	2:03PM – 3:48PM	Variyan Until 7:70PM	Muruga: Clear	<i>Sunset:</i> 7:18PM	
Routine Work	Marana Yoga	Rahu	8:48AM – 10:33AM	Kintughna Until 10:44AM Sun	Nataraja: Clear	Moon 7 - Phase 16	
				Prathama* Until 12:12AM Sat	Moon – Blue	Prathama	
		Partial Solar Eclipse			Sravana•Adi	Sivaloka Day	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava Karana Dvitiyayam Titau		Sun 15		Sutra 119		Vilamba 5120
Simha Rasi: 10.53	Tithi 2	Gulika 3:48PM – 5:32PM	Magha* Until 6:16PM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	
		Yama 12:18PM – 2:03PM	Parigha* Until 9:56AM	Muruga: Clear	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 17
	455342362	Rahu 5:32PM – 7:17PM	Balava Until 10:44AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 9:07PM	Moon – Red		Sivaloka Day
Until 6:16PM Mon				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Des Moines, IA
Magha*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Tritiyayam Titau		Sun 16		Sutra 120		Vilamba 5120
Simha Rasi: 25.4	Tithi 3	Gulika 2:02PM – 3:47PM	Magha* Until 6:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	
Family Home Evening		Yama 10:34AM – 12:18PM	Shiva Until 7:38AM	Muruga: Clear	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 17
	455342362	Rahu 7:05AM – 8:49AM	Taitila Until 4:63AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:49AM Mon	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Des Moines, IA
Hasta Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 121		Vilamba 5120
Kanya Rasi: 10.05	Tithi 4 – 5	Gulika 12:18PM – 2:02PM	Hasta Until 2:22PM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:21AM	
		Yama 8:50AM – 10:34AM	Siddha Until 4:42AM Wed	Muruga: Clear	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 17
	465342362	Rahu 3:46PM – 5:30PM	Balava Until 14:22AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:58PM	Moon – Green		Subha Sivaloka Day
				Sravana-Adi		Tour Day

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA
Hasta/Chitra Nakshatra Sadhya/Subha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Sun 18		Sutra 122		Vilamba 5120
Kanya Rasi: 24.04	Tithi 5 – 6	Gulika 10:34AM – 12:18PM	Hasta Until 2:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:22AM	
		Yama 7:06AM – 8:50AM	Sadhya Until 4:17AM Thu	Muruga: Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 17
	465342362	Rahu 12:18PM – 2:01PM	Taitila Until 1:52AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:12AM Wed	Moon – Green		Subha Sivaloka Day
		Nag Panchami		Sravana-Adi		

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Des Moines, IA
Chitra/Svati Nakshatra Sukla Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 123		Vilamba 5120
Tula Rasi: 7.37	Tithi 6 – 7	Gulika 8:50AM – 10:34AM	Chitra Until 1:32PM	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	
		Yama 5:23AM – 7:07AM	Sukla Until 4:30AM Fri	Muruga: Clear	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17
	465342362	Rahu 2:01PM – 3:44PM	Vanija Until 13:31AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 1:32PM	Moon – Green		Subha Sivaloka Day
Until 1:32PM				Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Des Moines, IA
Svati/Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 124		Vilamba 5120
Tula Rasi: 20.43	Tithi 7 – 8	Gulika 7:08AM – 8:51AM	Svati Until 1:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	
		Yama 3:44PM – 5:27PM	Brahma Until 26:78AM Sat	Muruga: Clear	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 17
	575342362	Rahu 10:34AM – 12:17PM	Visti Until 1:50AM Sat	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 1:31PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Des Moines, IA
Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 125		Vilamba 5120
Vrischika Rasi: 3.25	Tithi 8 – 9	Gulika 5:25AM – 7:08AM	Vishakha Until 2:17PM	Ganesha: Purple	<i>Sunrise:</i> 5:25AM	
		Yama 2:00PM – 3:43PM	Indra Until 27:42AM Sun	Muruga: Clear	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
	575342362	Rahu 8:51AM – 10:34AM	Balava Until 2:58AM Sun	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 26:78AM Sat	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava Karana Navami/Dashamyam Titau		Sun 22 Sutra 126		Vilamba 5120		
Gulika	3:42PM – 5:25PM	Anuradha Until 3:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM		
Yama	12:17PM – 1:59PM	Vaidhriti* Until 7:42AM	Muruga: Clear	<i>Sunset:</i> 7:07PM		Moon 7 - Phase 18
Rahu	5:25PM – 7:07PM	Kaulava Until 3:45PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga	Navami* Until 3:45PM	Moon – Orange			Sivaloka Day
	575442362		Sravana-Avani			

2 Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Des Moines, IA
Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23 Sutra 127		Vilamba 5120		
Gulika	1:59PM – 3:41PM	Jyeshtha* Until 8:11PM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:27AM		
Yama	10:34AM – 12:16PM	Vishkambha* Until 4:29AM Tue	Muruga: Clear	<i>Sunset:</i> 7:06PM		Moon 7 - Phase 18
Rahu	7:10AM – 8:52AM	Vanija Until 6:58AM Tue	Nataraja: Clear			4th Phase
Family Home Evening		Dashami Until 5:47PM	Moon – Orange			Sivaloka Day
Creative Work	Siddha Yoga		Sravana-Avani			
	575442362					

3 Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Des Moines, IA
Jyeshtha*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 128		Vilamba 5120		
Gulika	12:16PM – 1:58PM	Jyeshtha* Until 8:11PM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:28AM		
Yama	8:52AM – 10:34AM	Priti Until 5:31AM Wed	Muruga: Clear	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 18
Rahu	3:40PM – 5:22PM	Vanija Until 9:29AM Wed	Nataraja: Clear			4th Phase
Creative Work	Amrita Yoga	Ekadashi Until 4:29AM Tue	Moon – Light Blue			Sivaloka Day
Until 8:11PM			Sravana-Avani			
Then Creative Work - Siddha Yoga						
	586442362					

4 Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA
Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava Karana Dvadashyam Titau		Sun 25 Sutra 129		Vilamba 5120		
Gulika	10:34AM – 12:16PM	Purvashadha* Until 1:22AM Fri Thu	Ganesha: Clear	<i>Sunrise:</i> 5:29AM		
Yama	7:11AM – 8:53AM	Ayushman Until 7:07PM Thu	Muruga: Clear	<i>Sunset:</i> 7:03PM		Moon 7 - Phase 18
Rahu	12:16PM – 1:58PM	Bava Until 9:29AM	Nataraja: Clear			4th Phase
Creative Work	Amrita Yoga	Dvadashi Until 10:46PM	Moon – Light Blue			Sivaloka Day
	586442362		Sravana-Avani			

5 Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Des Moines, IA
Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashyam Titau		Sun 26 Sutra 130		Vilamba 5120		
Gulika	8:53AM – 10:34AM	Purvashadha* Until 1:22AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:30AM		
Yama	5:30AM – 7:12AM	Ayushman Until 7:07PM	Muruga: Clear	<i>Sunset:</i> 7:01PM		Moon 7 - Phase 18
Rahu	1:57PM – 3:38PM	Kaulava Until 14:38AM Fri	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga	Trayodashi Until 6:35AM Thu	Moon – Light Blue			Sivaloka Day
	586442362		Sravana-Avani			
						<i>Pradosha Vrata</i>

6 Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Des Moines, IA
Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Gara Karana Chaturdashyam Titau		Sun 27 Sutra 131		Vilamba 5120		
Gulika	7:12AM – 8:53AM	Uttarashadha Until 3:49AM Sat	Ganesha: White	<i>Sunrise:</i> 5:31AM		
Yama	3:37PM – 5:19PM	Saubhagya Until 10:19PM	Muruga: Clear	<i>Sunset:</i> 7:00PM		Moon 7 - Phase 18
Rahu	10:34AM – 12:15PM	Gara Until 2:38PM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga	Chaturdashi* Until 3:49AM Sat	Moon – Purple			Subha Sivaloka Day
Until 3:49AM Sat			Sravana-Avani			
Then Creative Work - Siddha Yoga						
	596442362	Chidambaram Abhishekam				

○ Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Des Moines, IA
Copper Retreat Star		Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Purnimayam Titau		Sun 28 Sutra 132		
Gulika	5:32AM – 7:13AM	Dhanishtha Until 1:07AM Sun	Ganesha: White	<i>Sunrise:</i> 5:32AM		
Yama	1:56PM – 3:37PM	Sobhana Until 1:07AM Sun	Muruga: Clear	<i>Sunset:</i> 6:58PM		Moon 7 - Phase 18
Rahu	8:54AM – 10:34AM	Visti Until 4:58PM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga	Purnima* Until 5:59AM Sun	Moon – Purple			Subha Sivaloka Day
	596442362		Sravana-Avani			
		Avani Avittam				

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Silver Retreat Star		Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Prathamayam Titau		Sun 29 Sutra 133		
Gulika	3:36PM – 5:16PM	Shatabhishak Until 7:48AM Mon	Ganesha: White	<i>Sunrise:</i> 5:33AM		
Yama	12:15PM – 1:55PM	Athiganda* Until 9:17AM	Muruga: Clear	<i>Sunset:</i> 6:56PM		Moon 7 - Phase 18
Rahu	5:16PM – 6:56PM	Taitila Until 20:35AM Mon	Nataraja: Clear			Prathama
Creative Work	Siddha Yoga	Prathama* Until 9:17AM Sun	Moon – Purple			Subha Sivaloka Day
Until 7:48AM Mon			Sravana-Avani			
Then Routine Work - Marana Yoga						
	596442362					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Vanija Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 21.13 Tihi 16 - 17

Family Home Evening

517442363

Gulika 1:55PM - 3:35PM
Yama 10:35AM - 12:15PM
Rahu 7:14AM - 8:55AM

Shatabhishak Until 7:48AM
Sukarma Until 5:39AM Tue
Vanija Until 21:46AM Tue
Prathama* Until 7:48AM

Ganesha: White Sunrise: 5:34AM
Muruga: Clear Sunset: 6:55PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Sivaloka Day

Routine Work Marana Yoga
Until 7:48AM
Then Creative Work - Siddha Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraoproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 3.3 Tihi 17 - 18

Creative Work Amrita Yoga

517452363

Gulika 12:14PM - 1:54PM
Yama 8:55AM - 10:35AM
Rahu 3:34PM - 5:13PM

Uttaraoproshtapada Until 7:18AM Wed
Dhriti Until 9:50AM
Vanija Until 9:46PM
Dvitiya Until 9:50AM Tue

Ganesha: Clear Sunrise: 5:35AM
Muruga: Purple Sunset: 6:53PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 7:18AM Wed
Then Routine Work - Marana Yoga

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraoproshtapada/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 15.58 Tihi 18 - 19

Creative Work Siddha Yoga

517452363

Gulika 10:35AM - 12:14PM
Yama 7:16AM - 8:55AM
Rahu 12:14PM - 1:53PM

Uttaraoproshtapada Until 10:41AM Thu
Shula* Until 7:18AM
Balava Until 10:41AM Thu
Tritiya Until 10:10AM

Ganesha: Clear Sunrise: 5:36AM
Muruga: Purple Sunset: 6:52PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 10:41AM Thu
Then Routine Work - Marana Yoga

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraoproshtapada/Ashvini Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 28.39 Tihi 19 - 20

Creative Work Siddha Yoga

517452363

Gulika 8:56AM - 10:35AM
Yama 5:37AM - 7:17AM
Rahu 1:53PM - 3:32PM

Uttaraoproshtapada Until 10:41AM
Ganda* Until 8:58AM
Kaulava Until 10:47PM
Chaturthi* Until 8:58AM Thu

Ganesha: Clear Sunrise: 5:37AM
Muruga: Purple Sunset: 6:50PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 10:41AM
Then Creative Work - Amrita Yoga

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 11.33 Tihi 20 - 21

Creative Work Amrita Yoga

527452363

Gulika 7:17AM - 8:56AM
Yama 3:31PM - 5:10PM
Rahu 10:35AM - 12:13PM

Ashvini Until 9:16AM
Vridhi Until 9:16AM
Gara Until 10:35PM
Panchami Until 8:58AM

Ganesha: Purple Sunrise: 5:38AM
Muruga: Purple Sunset: 6:48PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Until 9:16AM
Then Creative Work - Siddha Yoga

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 24.41 Tihi 21 - 22

Creative Work Siddha Yoga

527452363

Gulika 5:39AM - 7:18AM
Yama 1:52PM - 3:30PM
Rahu 8:56AM - 10:35AM

Bharani Until 9:20AM Sun
Dhruva Until 9:32AM
Vanija Until 10:17AM
Shashthi* Until 10:17AM

Ganesha: Purple Sunrise: 5:39AM
Muruga: Purple Sunset: 6:47PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Until 9:20AM Sun
Then Creative Work - Amrita Yoga

Sunday, September 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrisabha Rasi: 8.07 Tihi 22 - 23

Creative Work Siddha Yoga

527452363

Gulika 3:29PM - 5:07PM
Yama 12:13PM - 1:51PM
Rahu 5:07PM - 6:45PM

Bharani Until 9:20AM
Harshana Until 2:47AM Mon
Balava Until 8:41PM
Saptami Until 4:55AM Sun

Ganesha: Purple Sunrise: 5:40AM
Muruga: Purple Sunset: 6:45PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Krishna Janmashtami

Then Creative Work - Siddha Yoga

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrisabha Rasi: 21.49 Tihi 23 - 24

Family Home Evening

538452363

Gulika 1:50PM - 3:28PM
Yama 10:35AM - 12:12PM
Rahu 7:19AM - 8:57AM

Rohini Until 3:33AM Wed Tue
Vajra* Until 8:36AM
Gara Until 7:00PM
Ashtami* Until 2:47AM Mon

Ganesha: White Sunrise: 5:41AM
Muruga: Purple Sunset: 6:43PM
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Devaloka Day

Creative Work Amrita Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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1		Tuesday, September 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Ardra Nakshatra Siddhi Yoga Vanija Karana Dashamyam Titau		Des Moines, IA Sun 8 Sutra 142 Vilamba 5120	
Mithuna Rasi: 5.5	Tithi 25	Gulika	12:12PM – 1:50PM	Rohini Until 3:33AM Wed	Ganesha: White	<i>Sunrise:</i> 5:42AM			
		Yama	8:57AM – 10:35AM	Siddhi Until 8:76PM	Muruga: Purple	<i>Sunset:</i> 6:42PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga	538452363	Rahu	3:27PM – 5:04PM	Nataraja: Purple			2nd Phase	
				Vanija Until 4:49PM	Moon – Yellow				Devaloka Day
				Dashami Until 3:33AM Wed	Sravana-Avani				

2		Wednesday, September 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 20.08	Tithi 26	Gulika	10:35AM – 12:12PM	Punarvasu Until 3:43AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM			
		Yama	7:21AM – 8:58AM	Vyatipata* Until 3:43AM Thu	Muruga: Purple	<i>Sunset:</i> 6:40PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga	548452363	Rahu	12:12PM – 1:49PM	Nataraja: Purple			2nd Phase	
Until 3:43AM Thu				Bava Until 2:13PM	Moon – Blue				Bhuloka Day
Then Creative Work - Amrita Yoga				Ekadashi* Until 12:46AM Thu	Sravana-Avani			Devaloka Time: 9:AM to12:PM	

3		Thursday, September 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 4.43	Tithi 27	Gulika	8:58AM – 10:35AM	Pushya Until 1:24AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM			
		Yama	5:44AM – 7:21AM	Variyan Until 2:27PM	Muruga: Purple	<i>Sunset:</i> 6:38PM		Moon 8 - Phase 20	
Creative Work	Amrita Yoga	548452363	Rahu	1:48PM – 3:25PM	Nataraja: Purple			2nd Phase	
Until 1:24AM Fri				Kaulava Until 7:67AM Fri	Moon – Blue				Bhuloka Day
Then Routine Work - Marana Yoga				Dvadashi* Until 6:00PM	Sravana-Avani			Devaloka Time: 9:AM to12:PM	

4		Friday, September 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Sakuni* Karana Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 19.29	Tithi 28	Gulika	7:22AM – 8:58AM	Ashlesha* Until 10:49PM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM			
		Yama	3:24PM – 5:00PM	Parigha* Until 10:49PM	Muruga: Purple	<i>Sunset:</i> 6:37PM		Moon 8 - Phase 20	
Routine Work	Marana Yoga	548452363	Rahu	10:35AM – 12:11PM	Nataraja: Purple			2nd Phase	
				Gara Until 4:50AM Sat	Moon – Blue				Bhuloka Day
				Trayodashi* Until 2:27PM	Sravana-Avani			Devaloka Time: 9:AM to12:PM	
									<i>Pradosha Vrata (Fasting)</i>

5		Saturday, September 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 4.22	Tithi 29 – 30	Gulika	5:47AM – 7:23AM	Magha* Until 8:28PM	Ganesha: Red	<i>Sunrise:</i> 5:47AM			
		Yama	1:47PM – 3:23PM	Shiva Until 8:28PM	Muruga: Purple	<i>Sunset:</i> 6:35PM		Moon 8 - Phase 20	
Creative Work	Amrita Yoga	558452363	Rahu	8:59AM – 10:35AM	Nataraja: Purple			2nd Phase	
Until 8:28PM				Catuspada Until 1:35AM Sun	Moon – Red				Bhuloka Day
Then Creative Work - Siddha Yoga				Chaturdashi* Until 6:56AM Sat	Sravana-Avani			Devaloka Time: 9:AM to12:PM	

●		Sunday, September 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Des Moines, IA Sun 13 Sutra 147 Vilamba 5120	
Retreat Star		Gulika	3:22PM – 4:58PM	Purvaphalguni Until 6:08PM	Ganesha: Red	<i>Sunrise:</i> 5:48AM			
Simha Rasi: 19.12	Tithi 30 – 1	Yama	12:10PM – 1:46PM	Sadhya Until 11:32PM	Muruga: Purple	<i>Sunset:</i> 6:33PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga	558452363	Rahu	4:58PM – 6:33PM	Nataraja: Purple			Amavasya	
Until 6:08PM				Kintughna Until 10:31PM	Moon – Red				Bhuloka Day
Then Creative Work - Amrita Yoga				Amavasya* Until 12:00PM	Sravana-Avani			Devaloka Time: 9:AM to12:PM	
				Grandparent's Day					

Retreat Star		Monday, September 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Des Moines, IA Sun 14 Sutra 148 Vilamba 5120	
Kanya Rasi: 3.53	Tithi 1 – 2	Gulika	1:45PM – 3:21PM	Uttaraphalguni Until 6:34AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:49AM			
Family Home Evening		Yama	10:35AM – 12:10PM	Subha Until 8:14PM	Muruga: Purple	<i>Sunset:</i> 6:32PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga	559452363	Rahu	7:24AM – 8:59AM	Nataraja: Purple			Prathama	
				Balava Until 7:46PM	Moon – Red				Bhuloka Day
				Prathama* Until 11:32PM	Bhadrapada-Avani				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Chitra Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Des Moines, IA Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 18.17	Tithi 2 – 3	Gulika 12:10PM – 1:45PM	Uttaraphalguni Until 6:34AM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	
			Yama 9:00AM – 10:35AM	Sukla Until 4:77PM	Muruga: Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 3:20PM – 4:55PM	Gara Until 4:37AM Wed Dvitiya Until 6:34AM	Nataraja: Purple Moon – Green		3rd Phase Bhuloka Day Bhadrapada-Avani

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturtham Titau				Des Moines, IA Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 2.19	Tithi 4	Gulika 10:35AM – 12:09PM	Chitra Until 1:35PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	
			Yama 7:25AM – 9:00AM	Brahma Until 1:35PM	Muruga: Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 12:09PM – 1:44PM	Vanija Until 14:62AM Thu Chaturthi* Until 4:77PM	Nataraja: Purple Moon – Green		3rd Phase Bhuloka Day Bhadrapada-Avani

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 15.55	Tithi 5	Gulika 9:00AM – 10:35AM	Svati Until 1:12PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	
			Yama 5:52AM – 7:26AM	Indra Until 1:04PM	Muruga: Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569552363 Rahu 1:43PM – 3:18PM	Bava Until 3:02PM Panchami Until 2:53AM Fri	Nataraja: Purple Moon – Green		3rd Phase Bhuloka Day Bhadrapada-Avani Devaloka Time: 9:AM to12:PM

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Des Moines, IA Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 29.04	Tithi 6	Gulika 7:27AM – 9:01AM	Vishakha Until 1:56PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
			Yama 3:17PM – 4:51PM	Vaidhriti* Until 11:53AM	Muruga: Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 10:35AM – 12:09PM	Kaulava Until 2:59PM Shashthi* Until 3:15AM Sat	Nataraja: Purple Moon – Orange		3rd Phase Devaloka Day Bhadrapada-Avani

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 11.49	Tithi 7	Gulika 5:54AM – 7:27AM	Anuradha Until 3:18PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	
			Yama 1:42PM – 3:16PM	Vishkambha* Until 11:22AM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 9:01AM – 10:35AM	Gara Until 3:46PM Saptami Until 4:25AM Sun	Nataraja: Purple Moon – Orange		3rd Phase Devaloka Day Bhadrapada-Avani

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika 3:15PM – 4:48PM	Jyeshtha* Until 5:14PM	Ganesha: White	<i>Sunrise:</i> 5:55AM	
	Vrischika Rasi: 24.12	Tithi 8	Yama 12:08PM – 1:41PM	Priti Until 11:27AM	Muruga: Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
	Routine Work	Marana Yoga	579552363 Rahu 4:48PM – 6:21PM	Visti Until 5:17PM Ashtami* Until 6:16AM Mon	Nataraja: Purple Moon – Orange		Ashtami Devaloka Day Bhadrapada-Puratasi

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:41PM – 3:14PM	Mula* Until 8:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	
	Dhanus Rasi: 6.19	Tithi 8 – 9	Yama 10:35AM – 12:08PM	Ayushman Until 11:59AM	Muruga: Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 21
	Family Home Evening		589552363 Rahu 7:29AM – 9:02AM	Balava Until 7:24PM Ashtami* Until 6:16AM	Nataraja: Purple Moon – Light Blue		Navami Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 9:AM to12:PM

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time

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1		Tuesday, September 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Vanija Karana Navami/Dashamyam Titau	Des Moines, IA Sun 22 Sutra 156 Vilamba 5120
Dhanus Rasi: 18.14	Tithi 9 – 10	Gulika	12:07PM – 1:40PM	Purvashadha* Until 11:06PM	Ganesh: Clear	<i>Sunrise:</i> 5:57AM	
		Yama	9:02AM – 10:35AM	Saubhagya Until 11:06PM	Muruga: Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 22
		581552363 Rahu	3:13PM – 4:45PM	Vanija Until 24:32AM Wed	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Navami* Until 8:36AM	Moon – Light Blue		Bhuloka Day
Until 11:06PM					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Prabararishta Yoga							

2		Wednesday, September 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Des Moines, IA Sun 23 Sutra 157 Vilamba 5120
Makara Rasi: 0.03	Tithi 10 – 11	Gulika	10:35AM – 12:07PM	Uttarashadha Until 2:04AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:58AM	
		Yama	7:30AM – 9:02AM	Sobhana Until 1:56PM	Muruga: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 22
		581552363 Rahu	12:07PM – 1:39PM	Vanija Until 12:32AM Thu	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Dashami Until 11:12AM	Moon – Light Blue		Bhuloka Day
Until 2:04AM Thu					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

3		Thursday, September 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Des Moines, IA Sun 24 Sutra 158 Vilamba 5120
Makara Rasi: 11.5	Tithi 11 – 12	Gulika	9:03AM – 10:35AM	Shravana Until 5:16AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:59AM	
		Yama	5:59AM – 7:31AM	Athiganda* Until 2:58PM	Muruga: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 22
		591552363 Rahu	1:39PM – 3:10PM	Bava Until 3:04AM Fri	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 1:48PM	Moon – Purple		Devaloka Day
					Bhadrapada-Puratasi		

4		Friday, September 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Des Moines, IA Sun 25 Sutra 159 Vilamba 5120
Makara Rasi: 23.41	Tithi 12 – 13	Gulika	7:31AM – 9:03AM	Dhanishtha Until 6:16PM Sat	Ganesh: Purple	<i>Sunrise:</i> 6:00AM	
		Yama	3:09PM – 4:41PM	Sukarma Until 3:51PM	Muruga: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 22
		591552363 Rahu	10:35AM – 12:06PM	Kaulava Until 5:19AM Sat	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 4:13PM	Moon – Purple		Devaloka Day
Until 6:16PM Sat					Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga							

5		Saturday, September 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Taitila Karana Trayodashyam Titau	Des Moines, IA Sun 26 Sutra 160 Vilamba 5120
Kumbha Rasi: 5.38	Tithi 13	Gulika	6:01AM – 7:32AM	Dhanishtha Until 6:16PM	Ganesh: Purple	<i>Sunrise:</i> 6:01AM	
		Yama	1:37PM – 3:08PM	Dhriti Until 8:01AM	Muruga: Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 22
		591552363 Rahu	9:03AM – 10:35AM	Taitila Until 6:16PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 6:16PM	Moon – Purple		Devaloka Day
Until 6:16PM Sat					Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga							

6		Sunday, September 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthpada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau	Des Moines, IA Sun 27 Sutra 161 Vilamba 5120
Kumbha Rasi: 17.46	Tithi 14	Gulika	3:07PM – 4:38PM	Shatabhishak Until 10:11AM	Ganesh: Purple	<i>Sunrise:</i> 6:02AM	
		Yama	12:05PM – 1:36PM	Shula* Until 4:42PM	Muruga: Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 22
		591552363 Rahu	4:38PM – 6:09PM	Gara Until 7:88AM Mon	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 16:42AM Sun	Moon – Purple		Devaloka Day
					Bhadrapada-Puratasi		
		Kadaitswami Mahasamadhi					

○		Monday, September 24, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau	Des Moines, IA Sun 28 Sutra 162 Vilamba 5120
Copper Retreat Star		Gulika	1:36PM – 3:06PM	Purvaprosarthpada* Until 12:11PM	Ganesh: Purple	<i>Sunrise:</i> 6:03AM	
Meena Rasi: 0.07	Tithi 15	Yama	10:35AM – 12:05PM	Ganda* Until 4:34PM	Muruga: Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 22
Family Home Evening		511552363 Rahu	7:33AM – 9:04AM	Visti Until 8:76AM Tue	Nataraja: Purple		Purnima
Routine Work	Marana Yoga			Purnima* Until 4:42PM	Moon – Clear		Devaloka Day
Until 12:11PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

○		Tuesday, September 25, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthpada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau	Des Moines, IA Sun 29 Sutra 163 Vilamba 5120
Silver Retreat Star		Gulika	12:05PM – 1:35PM	Uttaraprosarthpada Until 1:31PM	Ganesh: Purple	<i>Sunrise:</i> 6:04AM	
Meena Rasi: 12.4	Tithi 16	Yama	9:04AM – 10:35AM	Vridhi Until 4:02PM	Muruga: Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 22
		511552363 Rahu	3:05PM – 4:36PM	Balava Until 9:16AM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Prathama* Until 9:28PM	Moon – Clear		Devaloka Day
Until 1:31PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Meena Rasi: 25.28 Tihti 17

511552363

Gulika 10:35AM – 12:04PM
Yama 7:35AM – 9:05AM
Rahu 12:04PM – 1:34PM

Revati Until 2:14PM
Dhruva Until 3:06PM
Tailila Until 8:88AM Thu
Dvitiya Until 4:02PM

Ganesha: Purple *Sunrise:* 6:05AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Sun 1 Sutra 164
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Devaloka Day

Routine Work Marana Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Des Moines, IA

Mesha Rasi: 8.28 Tihti 18

621552363

Gulika 9:05AM – 10:35AM
Yama 6:06AM – 7:35AM
Rahu 1:34PM – 3:03PM

Ashvini Until 2:50PM
Vyaghata* Until 1:51PM
Vanija Until 9:28AM
Tritiya Until 9:14PM

Ganesha: Purple *Sunrise:* 6:06AM
Muruga: Purple *Sunset:* 6:02PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 2 Sutra 165
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 2:50PM
Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Mesha Rasi: 21.41 Tihti 19

622552363

Gulika 7:36AM – 9:05AM
Yama 3:02PM – 4:31PM
Rahu 10:35AM – 12:04PM

Bharani Until 7:33PM Sat
Harshana Until 12:19PM
Bava Until 8:57AM
Chaturthi* Until 8:33PM

Ganesha: Clear *Sunrise:* 6:07AM
Muruga: Purple *Sunset:* 6:01PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 3 Sutra 166
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava Karana Panchamyam Titau

Des Moines, IA

Vrisabha Rasi: 5.05 Tihti 20

622552363

Gulika 6:08AM – 7:37AM
Yama 1:32PM – 3:01PM
Rahu 9:06AM – 10:35AM

Bharani Until 7:33PM
Vajra* Until 7:86AM Sun
Kaulava Until 8:06AM
Panchami Until 7:33PM

Ganesha: Clear *Sunrise:* 6:08AM
Muruga: Purple *Sunset:* 5:59PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Sun 4 Sutra 167
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Vrisabha Rasi: 18.4 Tihti 21

632552363

Gulika 3:00PM – 4:29PM
Yama 12:03PM – 1:32PM
Rahu 4:29PM – 5:57PM

Rohini Until 2:09PM
Siddhi Until 8:26AM
Gara Until 6:57AM
Shashthi* Until 6:15PM

Ganesha: Purple *Sunrise:* 6:09AM
Muruga: Purple *Sunset:* 5:57PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 5 Sutra 168
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Mithuna Rasi: 2.25 Tihti 22 – 23

632552363

Gulika 1:31PM – 2:59PM
Yama 10:35AM – 12:03PM
Rahu 7:38AM – 9:06AM

Mrigashira Until 2:49PM Tue
Vyatipata* Until 1:21PM
Balava Until 3:48AM Tue
Saptami Until 4:40PM

Ganesha: Purple *Sunrise:* 6:10AM
Muruga: Purple *Sunset:* 5:56PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 6 Sutra 169
Vilamba 5120
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Amrita Yoga
Until 2:49PM Tue
Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Punarvasu Nakshatra Parigha* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Des Moines, IA

Mithuna Rasi: 16.2 Tihti 23 – 24

632552363

Gulika 12:02PM – 1:30PM
Yama 9:07AM – 10:35AM
Rahu 2:58PM – 4:26PM

Mrigashira Until 2:49PM
Parigha* Until 12:07PM
Tailila Until 1:49AM Wed
Ashtami* Until 2:49PM

Ganesha: Purple *Sunrise:* 6:11AM
Muruga: Purple *Sunset:* 5:54PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Sun 7 Sutra 170
Vilamba 5120
Moon 9 - Phase 23
Ashtami

Bhuloka Day

Routine Work Marana Yoga
Until 2:49PM
Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA

Kataka Rasi: 0.25 Tihti 24 – 25

642552363

Gulika 10:35AM – 12:02PM
Yama 7:40AM – 9:07AM
Rahu 12:02PM – 1:30PM

Punarvasu Until 10:54AM
Shiva Until 9:58PM
Vanija Until 11:35PM
Navami* Until 12:54AM Wed

Ganesha: Clear *Sunrise:* 6:12AM
Muruga: Purple *Sunset:* 5:52PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Sun 8 Sutra 171
Vilamba 5120
Moon 9 - Phase 23
Navami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visi* Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 14.4	Tithi 25 – 26	Gulika	9:07AM – 10:35AM	Pushya Until 9:19AM	Ganesh: Clear	<i>Sunrise:</i> 6:13AM			
		Yama	6:13AM – 7:40AM	Siddha Until 6:50PM	Muruga: Purple	<i>Sunset:</i> 5:51PM		Moon 9 - Phase 24	
		642552363 Rahu	1:29PM – 2:56PM	Visti Until 10:21AM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 10:21AM	Moon – Blue		Bhuloka Day		
Until 9:19AM					Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga									

2		Friday, October 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Gara Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 173 Vilamba 5120	
Kataka Rasi: 29.04	Tithi 26 – 27	Gulika	7:41AM – 9:08AM	Ashlesha* Until 7:24AM	Ganesh: Clear	<i>Sunrise:</i> 6:14AM			
		Yama	2:55PM – 4:22PM	Sadhya Until 7:24AM	Muruga: Purple	<i>Sunset:</i> 5:49PM		Moon 9 - Phase 24	
		642552363 Rahu	10:35AM – 12:02PM	Gara Until 15:53AM Sat	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 7:49AM	Moon – Blue		Bhuloka Day		
					Bhadrapada-Puratasi		Devaloka Time: 6:AM to 9:AM		

3		Saturday, October 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 13.31	Tithi 28	Gulika	6:15AM – 7:42AM	Purvaphalguni Until 12:02AM Mon Su	Ganesh: White	<i>Sunrise:</i> 6:15AM			
		Yama	1:28PM – 2:54PM	Subha Until 12:18PM	Muruga: Purple	<i>Sunset:</i> 5:47PM		Moon 9 - Phase 24	
		652552363 Rahu	9:08AM – 10:35AM	Gara Until 12:77AM Sun	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 12:18AM Sat	Moon – Red		Bhuloka Day		
Until 12:02AM Mon Su					Bhadrapada-Puratasi				
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>					

4		Sunday, October 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Catuspada* Karana Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 27.59	Tithi 29	Gulika	2:53PM – 4:19PM	Purvaphalguni Until 12:02AM Mon	Ganesh: White	<i>Sunrise:</i> 6:16AM			
		Yama	12:01PM – 1:27PM	Sukla Until 1:53AM Mon	Muruga: Purple	<i>Sunset:</i> 5:46PM		Moon 9 - Phase 24	
		652552364 Rahu	4:19PM – 5:46PM	Visti Until 1:17PM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Chaturdashi* Until 12:02AM Mon	Moon – Red		Bhuloka Day		
Until 12:02AM Mon					Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga									

		Monday, October 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Kintughna* Karana Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 176 Vilamba 5120	
Retreat Star		Gulika	1:26PM – 2:52PM	Hasta Until 7:54PM Tue	Ganesh: Red	<i>Sunrise:</i> 6:17AM			
Kanya Rasi: 12.21	Tithi 30	Yama	10:35AM – 12:01PM	Indra Until 12:32AM Tue	Muruga: Purple	<i>Sunset:</i> 5:44PM		Moon 9 - Phase 24	
Family Home Evening		662652364 Rahu	7:43AM – 9:09AM	Catuspada Until 10:52AM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 9:46PM	Moon – Green		Devaloka Day		
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi				

Tuesday, October 9, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Des Moines, IA Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 26.31	Tithi 1	Gulika	12:00PM – 1:26PM	Hasta Until 7:54PM	Ganesh: Red	<i>Sunrise:</i> 6:18AM			
		Yama	9:09AM – 10:35AM	Vaidhriti* Until 11:85PM	Muruga: Purple	<i>Sunset:</i> 5:42PM		Moon 9 - Phase 24	
		662652364 Rahu	2:51PM – 4:17PM	Kintughna Until 8:48AM	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 7:54PM	Moon – Green		Devaloka Day		
		Navaratri Begins			Ashvina-Puratasi				

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA Sun 15 Sutra 178 Vilamba 5120
	Tula Rasi: 10.23	Tithi 2	Gulika 10:35AM – 12:00PM	Svati Until 10:49PM	Ganesha: Red <i>Sunrise:</i> 6:20AM		
			Yama 7:45AM – 9:10AM	Vishkambha* Until 10:19PM	Muruga: Purple <i>Sunset:</i> 5:41PM		Moon 9 - Phase 25
	Creative Work	Siddha Yoga	673652364 Rahu 12:00PM – 1:25PM	Balava Until 7:12AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 6:36PM	Moon – Green		Devaloka Day	
				Ashvina•Puratasi			

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Vanija Karana Tritiya/Chaturtham Titau				Des Moines, IA Sun 16 Sutra 179 Vilamba 5120
	Tula Rasi: 23.55	Tithi 3 – 4	Gulika 9:10AM – 10:35AM	Vishakha Until 11:08PM	Ganesha: White <i>Sunrise:</i> 6:21AM		
			Yama 6:21AM – 7:45AM	Priti Until 8:47PM	Muruga: Purple <i>Sunset:</i> 5:39PM		Moon 9 - Phase 25
	Creative Work	Siddha Yoga	673652364 Rahu 1:25PM – 2:49PM	Tailila Until 5:56AM Fri	Nataraja: Clear		3rd Phase
			Tritiya Until 10:19PM	Moon – Orange		Bhuloka Day	
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Visti* Karana Chaturtham Titau				Des Moines, IA Sun 17 Sutra 180 Vilamba 5120
	Vrischika Rasi: 7.02	Tithi 4	Gulika 7:46AM – 9:11AM	Anuradha Until 6:58PM Sat	Ganesha: White <i>Sunrise:</i> 6:22AM		
			Yama 2:49PM – 4:13PM	Ayushman Until 7:49PM	Muruga: Purple <i>Sunset:</i> 5:38PM		Moon 9 - Phase 25
	Creative Work	Siddha Yoga	673652364 Rahu 10:35AM – 12:00PM	Visti Until 6:04PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 6:04PM	Moon – Orange		Bhuloka Day	
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Kaulava Karana Panchamyam Titau				Des Moines, IA Sun 18 Sutra 181 Vilamba 5120
	Vrischika Rasi: 19.47	Tithi 5	Gulika 6:23AM – 7:47AM	Anuradha Until 6:58PM	Ganesha: White <i>Sunrise:</i> 6:23AM		
			Yama 1:24PM – 2:48PM	Saubhagya Until 1:33AM Sun	Muruga: Purple <i>Sunset:</i> 5:36PM		Moon 9 - Phase 25
	Creative Work	Siddha Yoga	673652364 Rahu 9:11AM – 10:35AM	Bava Until 6:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 6:58PM	Moon – Orange		Bhuloka Day	
				Ashvina•Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthiyam Titau				Des Moines, IA Sun 19 Sutra 182 Vilamba 5120
	Dhanus Rasi: 2.11	Tithi 6	Gulika 2:47PM – 4:11PM	Mula* Until 4:03AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:24AM		
			Yama 11:59AM – 1:23PM	Sobhana Until 7:41PM	Muruga: Purple <i>Sunset:</i> 5:34PM		Moon 9 - Phase 25
	Creative Work	Amrita Yoga	683652364 Rahu 4:11PM – 5:34PM	Kaulava Until 7:43AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 8:36PM	Moon – Light Blue		Devaloka Day	
				Ashvina•Puratasi			

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA Sun 20 Sutra 183 Vilamba 5120
	Dhanus Rasi: 14.17	Tithi 7	Gulika 1:22PM – 2:46PM	Purvashadha* Until 6:54AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:25AM		
	Family Home Evening		Yama 10:35AM – 11:59AM	Athiganda* Until 8:19PM	Muruga: Purple <i>Sunset:</i> 5:33PM		Moon 9 - Phase 25
	Routine Work	Marana Yoga	683652364 Rahu 7:48AM – 9:12AM	Gara Until 9:40AM	Nataraja: Clear		3rd Phase
			Saptami Until 10:49PM	Moon – Light Blue		Devaloka Day	
				Ashvina•Puratasi			

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA Sun 21 Sutra 184 Vilamba 5120
	Retreat Star		Gulika 11:59AM – 1:22PM	Purvashadha* Until 6:54AM	Ganesha: Clear <i>Sunrise:</i> 6:26AM		
	Dhanus Rasi: 26.13	Tithi 8	Yama 9:12AM – 10:36AM	Sukarma Until 9:15PM	Muruga: Purple <i>Sunset:</i> 5:31PM		Moon 9 - Phase 25
	Creative Work	Siddha Yoga	683652364 Rahu 2:45PM – 4:08PM	Visti Until 12:05PM	Nataraja: Clear		Ashtami
			Ashtami* Until 1:23AM Wed	Moon – Light Blue		Devaloka Day	
				Ashvina•Puratasi			

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA Sun 22 Sutra 185 Vilamba 5120
	Retreat Star		Gulika 10:36AM – 11:58AM	Uttarashadha Until 9:49AM	Ganesha: Clear <i>Sunrise:</i> 6:27AM		
	Makara Rasi: 8.02	Tithi 9	Yama 7:50AM – 9:13AM	Dhriti Until 10:17PM	Muruga: Purple <i>Sunset:</i> 5:30PM		Moon 9 - Phase 25
	Creative Work	Amrita Yoga	683652364 Rahu 11:58AM – 1:21PM	Balava Until 2:44PM	Nataraja: Clear		Navami
			Navami* Until 4:02AM Thu	Moon – Light Blue		Devaloka Day	
				Ashvina•Aipasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1 Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 23 Sutra 186 Vilamba 5120
Makara Rasi: 19.5	Tithi 10	Gulika 9:13AM – 10:36AM	Shravana Until 1:05PM	Ganesha: Purple <i>Sunrise:</i> 6:28AM	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 26 4th Phase
		Yama 6:28AM – 7:51AM	Shula* Until 11:12PM	Muruga: Purple		
		693652364 Rahu 1:21PM – 2:43PM	Tailila Until 5:20PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 6:30AM Fri	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		Vijaya Dasami		Ashvina-Aipasi		

2 Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 187 Vilamba 5120
Kumbha Rasi: 1.42	Tithi 10 – 11	Gulika 7:52AM – 9:14AM	Dhanishtha Until 3:55PM	Ganesha: Purple <i>Sunrise:</i> 6:30AM	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 26 4th Phase
		Yama 2:42PM – 4:05PM	Ganda* Until 11:52PM	Muruga: Purple		
		693652364 Rahu 10:36AM – 11:58AM	Vanija Until 7:37PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 6:30AM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

3 Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 188 Vilamba 5120
Kumbha Rasi: 13.44	Tithi 11 – 12	Gulika 6:31AM – 7:52AM	Shatabhishak Until 6:09PM	Ganesha: Purple <i>Sunrise:</i> 6:31AM	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 26 4th Phase
		Yama 1:20PM – 2:42PM	Vriddhi Until 12:09AM Sun	Muruga: Purple		
		693652364 Rahu 9:14AM – 10:36AM	Bava Until 9:25PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Ekadashi Until 8:34AM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 6:09PM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

4 Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 189 Vilamba 5120
Kumbha Rasi: 25.59	Tithi 12 – 13	Gulika 2:41PM – 4:02PM	Purvaproshtapada* Until 8:07PM	Ganesha: White <i>Sunrise:</i> 6:32AM	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 26 4th Phase
		Yama 11:58AM – 1:19PM	Dhruva Until 11:56PM	Muruga: Purple		
		613652364 Rahu 4:02PM – 5:24PM	Kaulava Until 10:36PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dvadashi Until 10:04AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 8:07PM				Ashvina-Aipasi		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

5 Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 190 Vilamba 5120
Meena Rasi: 8.31	Tithi 13 – 14	Gulika 1:19PM – 2:40PM	Uttaraproshtapada Until 9:19PM	Ganesha: White <i>Sunrise:</i> 6:33AM	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:36AM – 11:58AM	Vyaghata* Until 11:14PM	Muruga: Purple		
		613652364 Rahu 7:54AM – 9:15AM	Gara Until 10:68PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Trayodashi Until 11:56PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

○ Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA Sutra 191 Vilamba 5120
Copper Retreat Star		Gulika 11:57AM – 1:18PM	Revati Until 9:44PM	Ganesha: White <i>Sunrise:</i> 6:34AM	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 21.2	Tithi 14 – 15	Yama 9:16AM – 10:37AM	Harshana Until 10:03PM	Muruga: Purple		
		613652364 Rahu 2:39PM – 4:00PM	Visti Until 11:04PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Chaturdashi* Until 11:09AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA Sutra 192 Vilamba 5120
Silver Retreat Star		Gulika 10:37AM – 11:57AM	Ashvini Until 9:56AM Thu	Ganesha: Clear <i>Sunrise:</i> 6:35AM	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 26 Prathama
Mesha Rasi: 4.27	Tithi 15 – 16	Yama 7:56AM – 9:16AM	Vajra* Until 9:56PM	Muruga: Purple		
		623652364 Rahu 11:57AM – 1:18PM	Balava Until 10:26PM	Nataraja: Clear		
Routine Work	Marana Yoga		Purnima* Until 10:47AM	Moon – White		Devaloka Day
Until 9:56AM Thu				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.51 Tihi 16 - 17

624652364

Gulika 9:17AM - 10:37AM
Yama 6:36AM - 7:57AM
Rahu 1:17PM - 2:38PM

Ashvini Until 9:56AM
Siddhi Until 15:71AM Fri
Taitila Until 9:21PM
Prathama* Until 9:56AM

Ganesha: Clear *Sunrise:* 6:36AM
Muruga: Purple *Sunset:* 5:18PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga
Until 9:56AM

Then Routine Work - Marana Yoga

Friday, October 26, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata/Variyan Yoga Gara/Bava Karana Tiritiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 1.29 Tihi 17 - 18

624652364

Gulika 7:57AM - 9:17AM
Yama 2:37PM - 3:57PM
Rahu 10:37AM - 11:57AM

Krittika Until 7:07AM Sat
Vyatipata* Until 8:40PM
Bava Until 17:77AM Sat
Dvitiya Until 8:40AM

Ganesha: White *Sunrise:* 6:38AM
Muruga: Purple *Sunset:* 5:17PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga
Until 7:07AM Sat

Then Routine Work - Marana Yoga

Saturday, October 27, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tiritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 15.18 Tihi 18 - 19

634652364

Gulika 6:39AM - 7:58AM
Yama 1:17PM - 2:36PM
Rahu 9:18AM - 10:37AM

Krittika Until 7:07AM
Variyan Until 10:66AM Sun
Bava Until 6:17PM
Tritiya Until 7:07AM

Ganesha: Clear *Sunrise:* 6:39AM
Muruga: Purple *Sunset:* 5:15PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga
Until 7:07AM

Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrisabha Rasi: 29.14 Tihi 20

634652364

Gulika 2:35PM - 3:55PM
Yama 11:57AM - 1:16PM
Rahu 3:55PM - 5:14PM

Mrigashira Until 6:44PM
Parigha* Until 11:06AM
Kaulava Until 4:29PM
Panchami Until 3:31AM Mon

Ganesha: Clear *Sunrise:* 6:40AM
Muruga: Purple *Sunset:* 5:14PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Monday, October 29, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 13.14 Tihi 21

634652364

Gulika 1:16PM - 2:35PM
Yama 10:38AM - 11:57AM
Rahu 8:00AM - 9:19AM

Ardra Until 5:23PM
Shiva Until 8:25AM
Gara Until 2:35PM
Shashthi* Until 1:36AM Tue

Ganesha: Clear *Sunrise:* 6:41AM
Muruga: Purple *Sunset:* 5:13PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga
Until 5:23PM

Then Creative Work - Amrita Yoga

Tuesday, October 30, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 27.17 Tihi 22

644662364

Gulika 11:57AM - 1:15PM
Yama 9:20AM - 10:38AM
Rahu 2:34PM - 3:53PM

Punarvasu Until 4:17PM
Sadhya Until 2:55AM Wed
Visti Until 12:38PM
Saptami Until 11:38PM

Ganesha: Purple *Sunrise:* 6:42AM
Muruga: Clear *Sunset:* 5:11PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 11.22 Tihi 23

644662364

Gulika 10:38AM - 11:57AM
Yama 8:02AM - 9:20AM
Rahu 11:57AM - 1:15PM

Pushya Until 3:01PM
Subha Until 12:09AM Thu
Balava Until 10:40AM
Ashtami* Until 9:39PM

Ganesha: Purple *Sunrise:* 6:43AM
Muruga: Clear *Sunset:* 5:10PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 25.26 Tihi 24

644662364

Gulika 9:21AM - 10:39AM
Yama 6:45AM - 8:03AM
Rahu 1:15PM - 2:33PM

Ashlesha* Until 1:36PM
Sukla Until 9:21PM
Taitila Until 8:41AM
Navami* Until 7:40PM

Ganesha: Purple *Sunrise:* 6:45AM
Muruga: Clear *Sunset:* 5:09PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 1:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 9.31	Tithi 25 – 26	Gulika 8:04AM – 9:21AM	Magha* Until 12:29PM	Ganesha: White	<i>Sunrise:</i> 6:46AM	
		Yama 2:32PM – 3:50PM	Brahma Until 6:34PM	Muruga: Clear	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28
		654762364 Rahu 10:39AM – 11:57AM	Vanija Until 6:42AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 5:42PM	Moon – Red		Devaloka Day
Until 12:29PM				Ashvina•Aipasi		
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 23.35	Tithi 26 – 27	Gulika 6:47AM – 8:04AM	Purvaphalguni Until 1:57PM Sun	Ganesha: White	<i>Sunrise:</i> 6:47AM	
		Yama 1:14PM – 2:32PM	Indra Until 3:51PM	Muruga: Clear	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
		654762364 Rahu 9:22AM – 10:39AM	Kaulava Until 2:52AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:46PM	Moon – Red		Devaloka Day
Until 1:57PM Sun				Ashvina•Aipasi		
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 8	Tithi 27 – 28	Gulika 2:31PM – 3:48PM	Purvaphalguni Until 1:57PM	Ganesha: White	<i>Sunrise:</i> 6:48AM	
		Yama 11:57AM – 1:14PM	Vaidhriti* Until 0:71PM	Muruga: Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
		654762364 Rahu 3:48PM – 5:05PM	Gara Until 1:07AM Mon	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:57PM	Moon – Red		Devaloka Day
				Ashvina•Aipasi		

Pradosha Vrata (Fasting)

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 21.31	Tithi 28 – 29	Gulika 1:14PM – 2:30PM	Hasta Until 9:07AM	Ganesha: Green	<i>Sunrise:</i> 6:49AM	
Family Home Evening		Yama 10:40AM – 11:57AM	Vishkambha* Until 10:40AM	Muruga: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
		654762364 Rahu 8:06AM – 9:23AM	Visti Until 11:37PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:19PM	Moon – Green		Devaloka Day
Until 9:07AM				Ashvina•Aipasi		Tour Day
Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Mahasamadhi				
		Deepavali Hindu Solidarity Day				

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 5.17	Tithi 29 – 30	Gulika 11:57AM – 1:13PM	Chitra Until 8:24AM	Ganesha: Green	<i>Sunrise:</i> 6:51AM	
		Yama 9:24AM – 10:40AM	Priti Until 8:24AM	Muruga: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
		654762364 Rahu 2:30PM – 3:46PM	Catuspada Until 10:28PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 10:58AM	Moon – Green		Devaloka Day
				Ashvina•Aipasi		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA Sun 13 Sutra 206 Vilamba 5120
Tula Rasi: 18.49	Tithi 30 – 1	Gulika 10:41AM – 11:57AM	Svati Until 7:56AM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	
		Yama 8:08AM – 9:24AM	Ayushman Until 6:25AM	Muruga: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28
		765762364 Rahu 11:57AM – 1:13PM	Kintughna Until 9:46PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 10:02AM	Moon – Green		Sivaloka Day
		Skanda Shasthi Begins		Karttika•Aipasi		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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1		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Des Moines, IA Sun 14 Sutra 207 Vilamba 5120		
Vrischika Rasi: 2.05	Tithi 1 – 2	Gulika Yama	9:25AM – 10:41AM 6:53AM – 8:09AM	Vishakha Until 8:16AM Sobhana Until 3:45AM Fri	Ganesh: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:53AM Sunset: 5:01PM	Moon 10 - Phase 29 3rd Phase		
Creative Work	Siddha Yoga	775762364	Rahu 1:13PM – 2:29PM	Prathama* Until 9:37AM	Karttika•Aipasi	Sivaloka Day			
2		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Des Moines, IA Sun 15 Sutra 208 Vilamba 5120		
Vrischika Rasi: 15.02	Tithi 2 – 3	Gulika Yama	8:10AM – 9:26AM 2:28PM – 3:44PM	Anuradha Until 9:02AM Athiganda* Until 3:08AM Sat	Ganesh: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:54AM Sunset: 5:00PM	Moon 10 - Phase 29 3rd Phase		
Creative Work	Siddha Yoga	775762364	Rahu 10:41AM – 11:57AM	Taitila Until 10:12PM Dvitiya Until 9:49AM	Karttika•Aipasi	Sivaloka Day			
Until 9:02AM	Then Routine Work - Marana Yoga								
3		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Des Moines, IA Sun 16 Sutra 209 Vilamba 5120		
Vrischika Rasi: 27.4	Tithi 3 – 4	Gulika Yama	6:56AM – 8:11AM 1:13PM – 2:28PM	Jyeshtha* Until 10:18AM Sukarma Until 3:03AM Sun	Ganesh: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:56AM Sunset: 4:59PM	Moon 10 - Phase 29 3rd Phase		
Creative Work	Siddha Yoga	775762364	Rahu 9:26AM – 10:42AM	Vanija Until 11:25PM Tritiya Until 10:42AM	Karttika•Aipasi	Sivaloka Day			
4		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Des Moines, IA Sun 17 Sutra 210 Vilamba 5120		
Dhanus Rasi: 10.01	Tithi 4 – 5	Gulika Yama	2:27PM – 3:43PM 11:57AM – 1:12PM	Mula* Until 12:31PM Dhriti Until 3:28AM Mon	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:57AM Sunset: 4:58PM	Moon 10 - Phase 29 3rd Phase		
Creative Work	Amrita Yoga	785762364	Rahu 3:43PM – 4:58PM	Bava Until 1:17AM Mon Chaturthi* Until 12:15PM	Karttika•Aipasi	Sivaloka Day			
Until 12:31PM	Then Creative Work - Siddha Yoga								
5		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava Karana Panchami/Shashthyam Titau			Des Moines, IA Sun 18 Sutra 211 Vilamba 5120		
Dhanus Rasi: 22.06	Tithi 5 – 6	Gulika Yama	1:12PM – 2:27PM 10:42AM – 11:57AM	Purvashadha* Until 3:08PM Shula* Until 4:12AM Tue	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:58AM Sunset: 4:57PM	Moon 10 - Phase 29 3rd Phase		
Family Home Evening	Routine Work	785762364	Rahu 8:13AM – 9:28AM	Balava Until 2:23PM Panchami Until 2:23PM	Karttika•Aipasi	Sivaloka Day			
Skanda Shasthi									
6		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Des Moines, IA Sun 19 Sutra 212 Vilamba 5120		
Magara Rasi: 4.01	Tithi 6 – 7	Gulika Yama	11:57AM – 1:12PM 9:28AM – 10:43AM	Uttarashadha Until 7:38PM Wed Ganda* Until 5:10AM Wed	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:59AM Sunset: 4:56PM	Moon 10 - Phase 29 3rd Phase		
Routine Work	Prabalarishta Yoga	785762364	Rahu 2:27PM – 3:41PM	Gara Until 6:18AM Wed Shashthi* Until 4:55PM	Karttika•Aipasi	Sivaloka Day			
Until 7:38PM Wed	Then Creative Work - Siddha Yoga								
Retreat Star		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Gara/Visti* Karana Saptamyam Titau			Des Moines, IA Sun 20 Sutra 213 Vilamba 5120		
Magara Rasi: 15.49	Tithi 7	Gulika Yama	10:43AM – 11:58AM 8:15AM – 9:29AM	Uttarashadha Until 7:38PM Vriddhi Until 6:10AM Thu	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:00AM Sunset: 4:55PM	Moon 10 - Phase 29 3rd Phase		
Creative Work	Siddha Yoga	795762364	Rahu 11:58AM – 1:12PM	Gara Until 6:18AM Saptami Until 7:38PM	Karttika•Aipasi	Subha Sivaloka Day			
Until 7:38PM	Then Routine Work - Prabalarishta Yoga								
Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau			Des Moines, IA Sun 21 Sutra 214 Vilamba 5120		
Magara Rasi: 27.37	Tithi 8	Gulika Yama	9:30AM – 10:44AM 7:02AM – 8:16AM	Dhanishtha Until 12:18AM Fri Vriddhi Until 6:10AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:02AM Sunset: 4:54PM	Moon 10 - Phase 29 Ashtami		
Creative Work	Siddha Yoga	795762364	Rahu 1:12PM – 2:26PM	Visti Until 11:25AM Fri Ashtami* Until 6:10AM Thu	Karttika•Aipasi	Subha Sivaloka Day			
Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau			Des Moines, IA Sun 22 Sutra 215 Vilamba 5120		
Kumbha Rasi: 9.29	Tithi 9	Gulika Yama	8:17AM – 9:30AM 2:26PM – 3:39PM	Shatabhishak Until 2:47AM Sat Dhruva Until 6:59AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:03AM Sunset: 4:53PM	Moon 10 - Phase 29 Navami		
Creative Work	Siddha Yoga	795762364	Rahu 10:44AM – 11:58AM	Balava Until 11:25AM Navami* Until 12:27AM Sat	Karttika•Kartikai	Subha Sivaloka Day			
Until 2:47AM Sat	Then Routine Work - Marana Yoga								

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 23 Sutra 216 Vilamba 5120
	Kumbha Rasi: 21.32	Tiithi 10	Gulika 7:04AM – 8:18AM	Purvaproshtapada* Until 5:02AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:04AM	
			Yama 1:12PM – 2:25PM	Vyaghata* Until 7:29AM	Muruga: Clear	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 30
			716762365 Rahu 9:31AM – 10:45AM	Tailila Until 1:23PM	Nataraja: White		4th Phase
Routine Work Marana Yoga Until 5:02AM Sun Then Creative Work - Amrita Yoga			Dashami Until 2:06AM Sun	Moon – Clear		Devaloka Day Karttika-Karttikai	

2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 217 Vilamba 5120
	Meena Rasi: 3.49	Tiithi 11	Gulika 2:25PM – 3:38PM	Uttaraproshtapada Until 6:25AM Mon	Ganesha: Red	<i>Sunrise:</i> 7:05AM	
			Yama 11:58AM – 1:12PM	Harshana Until 7:32AM	Muruga: Clear	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 30
			716762365 Rahu 3:38PM – 4:52PM	Vanija Until 2:41PM	Nataraja: White		4th Phase
Creative Work Amrita Yoga Until 6:25AM Mon Then Creative Work - Siddha Yoga			Ekadashi Until 3:02AM Mon	Moon – Clear		Devaloka Day Karttika-Karttikai	

3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava Karana Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 218 Vilamba 5120
	Meena Rasi: 16.26	Tiithi 12	Gulika 1:12PM – 2:25PM	Uttaraproshtapada Until 2:40AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:06AM	
			Yama 10:46AM – 11:59AM	Vajra* Until 7:00AM	Muruga: Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 30
			716762365 Rahu 8:19AM – 9:32AM	Bava Until 3:15PM	Nataraja: White		4th Phase
Family Home Evening Creative Work Siddha Yoga			Dvadashi Until 3:13AM Tue	Moon – Clear		Devaloka Day Karttika-Karttikai	

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Ashvini Nakshatra Vyalipata* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 219 Vilamba 5120
	Meena Rasi: 29.23	Tiithi 13	Gulika 11:59AM – 1:12PM	Uttaraproshtapada Until 2:40AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:07AM	
			Yama 9:33AM – 10:46AM	Vyalipata* Until 3:73AM Wed	Muruga: Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 30
			716762365 Rahu 2:25PM – 3:37PM	Kaulava Until 3:03PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga Until 2:40AM Wed Then Routine Work - Marana Yoga			Trayodashi Until 2:40AM Wed	Moon – Clear		Devaloka Day Karttika-Karttikai	
<i>Pradosha Vrata</i>							

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 220 Vilamba 5120
	Mesha Rasi: 12.44	Tiithi 14	Gulika 10:46AM – 11:59AM	Ashvini Until 7:03AM	Ganesha: Blue	<i>Sunrise:</i> 7:09AM	
			Yama 8:21AM – 9:34AM	Variyan Until 2:01AM Thu	Muruga: Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 30
			726762365 Rahu 11:59AM – 1:12PM	Gara Until 2:10PM	Nataraja: White		4th Phase
Routine Work Marana Yoga Until 7:03AM Then Creative Work - Siddha Yoga			Chaturdashi* Until 1:28AM Thu	Moon – White		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA Sutra 221 Vilamba 5120
	Copper Retreat Star		Gulika 9:35AM – 10:47AM	Bharani Until 6:23AM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	
	Mesha Rasi: 26.26	Tiithi 15	Yama 7:10AM – 8:22AM	Parigha* Until 11:25PM	Muruga: Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 30
			726762365 Rahu 1:12PM – 2:24PM	Visti Until 12:40PM	Nataraja: White		Purnima
Creative Work Siddha Yoga Until 6:23AM Then Routine Work - Marana Yoga		Krittika Deepam	Purnima* Until 11:43PM	Moon – White		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

○	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sutra 222 Vilamba 5120
	Silver Retreat Star		Gulika 8:23AM – 9:35AM	Rohini Until 3:42AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 7:11AM	
	Vrishabha Rasi: 10.27	Tiithi 16	Yama 2:24PM – 3:36PM	Shiva Until 8:29PM	Muruga: Clear	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 30
			736762365 Rahu 10:47AM – 12:00PM	Balava Until 10:42AM	Nataraja: White		Prathama
Routine Work Marana Yoga Until 3:42AM Sat Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins	Prathama* Until 9:34PM	Moon – Yellow		Devaloka Day Karttika-Karttikai	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Sun 1 Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Wrishabha Rasi: 24.42 Tihi 17

737762365

Gulika 7:12AM - 8:24AM

Yama 1:12PM - 2:24PM

Rahu 9:36AM - 10:48AM

Mrigashira Until 1:56AM Sun

Siddha Until 5:19PM

Taitila Until 8:25AM

Dvitiya Until 7:10PM

Ganesha: Red Sunrise: 7:12AM

Muruga: Clear Sunset: 4:48PM

Nataraja: White

Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Visti* Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 9.06 Tihi 18 - 19

737762365

Gulika 2:24PM - 3:35PM

Yama 12:00PM - 1:12PM

Rahu 3:35PM - 4:47PM

Ardra Until 11:57PM

Sadhya Until 2:02PM

Visti Until 4:37PM

Tritiya Until 4:37PM

Ganesha: Red Sunrise: 7:13AM

Muruga: Clear Sunset: 4:47PM

Nataraja: White

Moon - Yellow
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Mithuna Rasi: 23.32 Tihi 19 - 20

747762365

Gulika 1:12PM - 2:24PM

Yama 10:49AM - 12:01PM

Rahu 8:26AM - 9:37AM

Punarvasu Until 10:16PM

Subha Until 10:45AM

Kaulava Until 12:50AM Tue

Chaturthi* Until 2:04PM

Ganesha: Green Sunrise: 7:14AM

Muruga: Clear Sunset: 4:47PM

Nataraja: White

Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 10:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 7.57 Tihi 20 - 21

747862365

Gulika 12:01PM - 1:12PM

Yama 9:38AM - 10:50AM

Rahu 2:24PM - 3:35PM

Pushya Until 8:34PM

Sukla Until 7:30AM

Gara Until 10:26PM

Panchami Until 11:36AM

Ganesha: White Sunrise: 7:15AM

Muruga: Clear Sunset: 4:46PM

Nataraja: White

Moon - Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Kataka Rasi: 22.16 Tihi 21 - 22

747863365

Gulika 10:50AM - 12:01PM

Yama 8:28AM - 9:39AM

Rahu 12:01PM - 1:12PM

Ashlesha* Until 6:55PM

Indra Until 1:27AM Thu

Visti Until 8:14PM

Shashthi* Until 9:17AM

Ganesha: White Sunrise: 7:17AM

Muruga: Purple Sunset: 4:46PM

Nataraja: White

Moon - Blue
Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Simha Rasi: 6.26 Tihi 22 - 23

757863365

Gulika 9:40AM - 10:51AM

Yama 7:18AM - 8:29AM

Rahu 1:13PM - 2:24PM

Magha* Until 5:46PM

Vaidhriti* Until 10:41PM

Balava Until 6:17PM

Saptami Until 7:12AM

Ganesha: Clear Sunrise: 7:18AM

Muruga: Purple Sunset: 4:46PM

Nataraja: White

Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 5:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 7 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Simha Rasi: 20.26 Tihi 24

758863365

Gulika 8:30AM - 9:40AM

Yama 2:24PM - 3:34PM

Rahu 10:51AM - 12:02PM

Purvaphalguni Until 4:45PM

Vishkambha* Until 8:08PM

Taitila Until 4:35PM

Navami* Until 3:49AM Sat

Ganesha: Orange Sunrise: 7:19AM

Muruga: Purple Sunset: 4:45PM

Nataraja: White

Moon - Red
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Kanya Rasi: 4.17		Tithi 25		Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Balava Karana Dashamyam Titau		Sun 8		Sutra 230	
758863365		Gulika	7:20AM – 8:30AM	Uttaraphalguni Until 3:50PM	Ganesh: Orange	<i>Sunrise:</i> 7:20AM	Vilamba 5120		
Routine Work		Yama	1:13PM – 2:24PM	Priti Until 3:50PM	Muruga: Purple	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 32		
Marana Yoga		Rahu	9:41AM – 10:52AM	Vanija Until 3:09PM	Nataraja: White		2nd Phase		
				Dashami Until 2:31AM Sun	Moon – Red	Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
					Karttika-Karttikai				

2		Sunday, December 2, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Kanya Rasi: 17.57		Tithi 26		Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 231	
768863365		Gulika	2:24PM – 3:34PM	Hasta Until 3:30PM	Ganesh: Light Blue	<i>Sunrise:</i> 7:21AM	Vilamba 5120		
Creative Work		Yama	12:03PM – 1:13PM	Ayushman Until 3:43PM	Muruga: Purple	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 32		
Amrita Yoga		Rahu	3:34PM – 4:45PM	Bava Until 2:01PM	Nataraja: White		2nd Phase		
Until 3:30PM				Ekadashi* Until 1:32AM Mon	Moon – Green	Bhuloka Day			
Then Creative Work - Siddha Yoga					Karttika-Karttikai				

3		Monday, December 3, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Tula Rasi: 1.27		Tithi 27		Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 232	
768863365		Gulika	1:13PM – 2:24PM	Chitra Until 3:20PM	Ganesh: Light Blue	<i>Sunrise:</i> 7:22AM	Vilamba 5120		
Family Home Evening		Yama	10:53AM – 12:03PM	Saubhagya Until 1:52PM	Muruga: Purple	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32		
Routine Work		Rahu	8:32AM – 9:42AM	Kaulava Until 1:11PM	Nataraja: White		2nd Phase		
Prabalarishta Yoga				Dvadashi* Until 12:52AM Tue	Moon – Green	Bhuloka Day			
Until 3:20PM					Karttika-Karttikai				
Then Creative Work - Amrita Yoga									

4		Tuesday, December 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Tula Rasi: 14.46		Tithi 28		Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Visli* Karana Trayodashyam Titau		Sun 11		Sutra 233	
768863365		Gulika	12:04PM – 1:14PM	Svati Until 3:21PM	Ganesh: Light Blue	<i>Sunrise:</i> 7:23AM	Vilamba 5120		
Creative Work		Yama	9:43AM – 10:53AM	Sobhana Until 3:21PM	Muruga: Purple	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32		
Siddha Yoga		Rahu	2:24PM – 3:34PM	Gara Until 12:41PM	Nataraja: White		2nd Phase		
Until 3:21PM				Trayodashi* Until 12:34AM Wed	Moon – Green	Bhuloka Day		Tour Day	
Then Routine Work - Marana Yoga					Karttika-Karttikai				
					<i>Pradosha Vrata (Fasting)</i>				

5		Wednesday, December 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Tula Rasi: 27.53		Tithi 29		Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visli*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 234	
778863365		Gulika	10:54AM – 12:04PM	Vishakha Until 4:03PM	Ganesh: Purple	<i>Sunrise:</i> 7:24AM	Vilamba 5120		
Creative Work		Yama	8:34AM – 9:44AM	Athiganda* Until 11:00AM	Muruga: Purple	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32		
Siddha Yoga		Rahu	12:04PM – 1:14PM	Visli Until 12:36PM	Nataraja: White		2nd Phase		
				Chaturdashi* Until 12:42AM Thu	Moon – Orange	Bhuloka Day			
					Karttika-Karttikai				

●		Thursday, December 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Retreat Star		Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada* Karana Amavasyayam Titau		Sun 13		Sutra 235			
Vrischika Rasi: 10.47		Tithi 30		Anuradha Until 5:04PM		Vilamba 5120			
778863365		Gulika	9:45AM – 10:54AM	Sukarma Until 10:04AM	Ganesh: Purple	<i>Sunrise:</i> 7:25AM	Moon 11 - Phase 32		
Creative Work		Yama	7:25AM – 8:35AM	Catuspada Until 12:59PM	Muruga: Purple	<i>Sunset:</i> 4:44PM	Amavasya		
Siddha Yoga		Rahu	1:14PM – 2:24PM	Amavasya* Until 1:20AM Fri	Nataraja: White		Bhuloka Day		
Until 5:04PM					Moon – Orange	Karttika-Karttikai			
Then Routine Work - Prabalarishta Yoga									

Friday, December 7, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Vrischika Rasi: 23.27		Tithi 1		Jyeshtha*/Until 6:25PM		Sun 14		Sutra 236	
779863365		Gulika	8:35AM – 9:45AM	Dhriti Until 9:33AM	Ganesh: Light Blue	<i>Sunrise:</i> 7:26AM	Vilamba 5120		
Routine Work		Yama	2:24PM – 3:34PM	Kintughna Until 1:52PM	Muruga: Purple	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32		
Marana Yoga		Rahu	10:55AM – 12:05PM	Prathama* Until 2:29AM Sat	Nataraja: White		Prathama		
Until 6:25PM					Moon – Orange	Bhuloka Day			
Then Creative Work - Amrita Yoga					Margasira-Karttikai				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Des Moines, IA Sun 15 Sutra 237 Vilamba 5120	
Dhanus Rasi: 5.52	Tithi 2	Gulika Yama 789863365	7:27AM – 8:36AM 1:15PM – 2:25PM Rahu 9:46AM – 10:56AM	Mula* Until 8:36PM Shula* Until 9:24AM Balava Until 3:18PM Dvitiya Until 4:11AM Sun	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	<i>Sunrise:</i> 7:27AM <i>Sunset:</i> 4:44PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day	
Creative Work Siddha Yoga									
2		Sunday, December 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Tritiyayam Titau		Des Moines, IA Sun 16 Sutra 238 Vilamba 5120	
Dhanus Rasi: 18.04	Tithi 3	Gulika Yama 789863365	2:25PM – 3:34PM 12:06PM – 1:15PM Rahu 3:34PM – 4:44PM	Purvashadha* Until 11:07PM Ganda* Until 9:41AM Taitila Until 5:15PM Tritiya Until 6:22AM Mon	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	<i>Sunrise:</i> 7:27AM <i>Sunset:</i> 4:44PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day	
Creative Work Siddha Yoga Until 11:07PM Then Creative Work - Amrita Yoga									
3		Monday, December 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Des Moines, IA Sun 17 Sutra 239 Vilamba 5120	
Makara Rasi: 0.05	Tithi 3 – 4	Gulika Yama 789863365	1:16PM – 2:25PM 10:57AM – 12:06PM Rahu 8:38AM – 9:47AM	Uttarashadha Until 1:51AM Tue Vridhi Until 10:18AM Vanija Until 7:38PM Tritiya Until 6:22AM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	<i>Sunrise:</i> 7:28AM <i>Sunset:</i> 4:44PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day	
Family Home Evening Routine Work Marana Yoga Until 1:51AM Tue Then Creative Work - Siddha Yoga									
4		Tuesday, December 11, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Des Moines, IA Sun 18 Sutra 240 Vilamba 5120	
Makara Rasi: 11.57	Tithi 4 – 5	Gulika Yama 799863365	12:07PM – 1:16PM 9:48AM – 10:57AM Rahu 2:25PM – 3:35PM	Shravana Until 5:08AM Wed Dhruva Until 11:10AM Bava Until 10:18PM Chaturthi* Until 8:55AM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	<i>Sunrise:</i> 7:29AM <i>Sunset:</i> 4:44PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Tour Day Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga Until 5:08AM Wed Then Routine Work - Prabalarishta Yoga									
5		Wednesday, December 12, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Des Moines, IA Sun 19 Sutra 241 Vilamba 5120	
Makara Rasi: 23.44	Tithi 5 – 6	Gulika Yama 799863365	10:58AM – 12:07PM 8:39AM – 9:49AM Rahu 12:07PM – 1:16PM	Dhanishtha Until 8:17AM Thu Vyaghata* Until 12:10PM Kaulava Until 1:03AM Thu Panchami Until 11:40AM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	<i>Sunrise:</i> 7:30AM <i>Sunset:</i> 4:44PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Routine Work Prabalarishta Yoga Until 8:17AM Thu Then Creative Work - Siddha Yoga									
6		Thursday, December 13, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Des Moines, IA Sun 20 Sutra 242 Vilamba 5120	
Kumbha Rasi: 5.32	Tithi 6 – 7	Gulika Yama 799863365	9:49AM – 10:58AM 7:31AM – 8:40AM Rahu 1:17PM – 2:26PM	Dhanishtha Until 8:17AM Harshana Until 1:09PM Gara Until 3:40AM Fri Shashthi* Until 2:22PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	<i>Sunrise:</i> 7:31AM <i>Sunset:</i> 4:44PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga		Vinayaga Viratam Ends							
Retreat Star		Friday, December 14, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Des Moines, IA Sun 21 Sutra 243 Vilamba 5120	
Kumbha Rasi: 17.23	Tithi 7 – 8	Gulika Yama 799863365	8:41AM – 9:50AM 2:26PM – 3:35PM Rahu 10:59AM – 12:08PM	Shatabhishak Until 11:04AM Vajra* Until 1:55PM Visti Until 5:53AM Sat Saptami Until 4:49PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	<i>Sunrise:</i> 7:32AM <i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 3rd Phase	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Creative Work Siddha Yoga									
Retreat Star		Saturday, December 15, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ashtamyam Titau		Des Moines, IA Sun 22 Sutra 244 Vilamba 5120	
Kumbha Rasi: 29.24	Tithi 8	Gulika Yama 711863365	7:32AM – 8:41AM 1:18PM – 2:27PM Rahu 9:50AM – 10:59AM	Purvaprosnthapada* Until 1:45PM Siddhi Until 2:21PM Bava Until 6:45PM Ashtami* Until 6:45PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Clear Margasira-Markali	<i>Sunrise:</i> 7:32AM <i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 Ashtami	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Routine Work Marana Yoga Until 1:45PM Then Creative Work - Siddha Yoga		Markali Pillaiyar							
Retreat Star		Sunday, December 16, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosnthapada*/Revati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Des Moines, IA Sun 23 Sutra 245 Vilamba 5120	
Meena Rasi: 11.39	Tithi 9	Gulika Yama 811863365	2:27PM – 3:36PM 12:09PM – 1:18PM Rahu 3:36PM – 4:45PM	Uttaraprosnthapada Until 3:38PM Vyatipata* Until 2:18PM Balava Until 7:30AM Navami* Until 8:01PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Clear Margasira-Markali	<i>Sunrise:</i> 7:33AM <i>Sunset:</i> 4:45PM	Moon 11 - Phase 33 Navami	Bhuloka Day	
Creative Work Amrita Yoga									


As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda


1		Monday, December 17, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau		Des Moines, IA Sun 24 Sutra 246 Vilamba 5120	
Meena Rasi: 24.13	Tithi 10	Gulika	1:19PM – 2:27PM	Revati Until 4:38PM	Ganesh: Purple	<i>Sunrise:</i> 7:34AM			
Family Home Evening	811863365	Yama	11:01AM – 12:10PM	Variyan Until 1:38PM	Muruga: Purple	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 34		
Creative Work	Siddha Yoga	Rahu	8:43AM – 9:52AM	Taitila Until 8:22AM	Nataraja: White	Moon – Clear			
				Dashami Until 8:29PM	Margasira*Markali	Bhuloka Day			

2		Tuesday, December 18, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Des Moines, IA Sun 25 Sutra 247 Vilamba 5120	
Mesha Rasi: 7.1	Tithi 11	Gulika	12:10PM – 1:19PM	Ashvini Until 5:09PM	Ganesh: Clear	<i>Sunrise:</i> 7:34AM			
	821863365	Yama	9:52AM – 11:01AM	Parigha* Until 12:21PM	Muruga: Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 34		
Creative Work	Siddha Yoga	Rahu	2:28PM – 3:37PM	Vanija Until 8:26AM	Nataraja: White	Moon – White			
				Ekadashi Until 8:08PM	Margasira*Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM			

3		Wednesday, December 19, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Des Moines, IA Sun 26 Sutra 248 Vilamba 5120	
Mesha Rasi: 20.32	Tithi 12	Gulika	11:02AM – 12:11PM	Bharani Until 4:43PM	Ganesh: Clear	<i>Sunrise:</i> 7:35AM			
	821863365	Yama	8:44AM – 9:53AM	Shiva Until 10:26AM	Muruga: Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 34		
Creative Work	Siddha Yoga	Rahu	12:11PM – 1:19PM	Bava Until 7:40AM	Nataraja: White	Moon – White			
Until 4:43PM						Margasira*Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Amrita Yoga									

4		Thursday, December 20, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 27 Sutra 249 Vilamba 5120	
Vrisabha Rasi: 4.21	Tithi 13 – 14	Gulika	9:53AM – 11:02AM	Krittika Until 3:28PM	Ganesh: Clear	<i>Sunrise:</i> 7:35AM			
	821863365	Yama	7:35AM – 8:44AM	Siddha Until 7:56AM	Muruga: Purple	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 34		
Routine Work	Marana Yoga	Rahu	1:20PM – 2:29PM	Kaulava Until 6:09AM	Nataraja: White	Moon – White			
				Trayodashi Until 5:08PM	Margasira*Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM			
<i>Pradosha Vrata</i>									

		Friday, December 21, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Des Moines, IA Sun 28 Sutra 250 Vilamba 5120	
Vrisabha Rasi: 18.34	Tithi 14 – 15	Gulika	8:45AM – 9:54AM	Rohini Until 1:54PM	Ganesh: White	<i>Sunrise:</i> 7:36AM			
	831863365	Yama	2:29PM – 3:38PM	Subha Until 1:32AM Sat	Muruga: Purple	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 34		
Routine Work	Marana Yoga	Rahu	11:03AM – 12:12PM	Visti Until 1:21AM Sat	Nataraja: White	Moon – Yellow			
Until 1:54PM		Day 1 of Pancha Ganapati				Margasira*Markali	Bhuloka Day		
Then Creative Work - Siddha Yoga									

		Saturday, December 22, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Des Moines, IA Sun 29 Sutra 251 Vilamba 5120	
Mithuna Rasi: 3.07	Tithi 15 – 16	Gulika	7:36AM – 8:45AM	Mrigashira Until 11:47AM	Ganesh: Yellow	<i>Sunrise:</i> 7:36AM			
	831963365	Yama	1:21PM – 2:30PM	Sukla Until 9:51PM	Muruga: Purple	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 34		
Creative Work	Siddha Yoga	Rahu	9:54AM – 11:03AM	Balava Until 10:21PM	Nataraja: White	Moon – Yellow			
				Purnima* Until 11:52AM	Margasira*Markali	Bhuloka Day Devaloka Time: 9:AM to 12:PM			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Sunday, December 23, 2018

Gold Retreat Star

Mithuna Rasi: 17.53 Tihti 16 – 17
831963365
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 2:30PM – 3:39PM
Yama 12:13PM – 1:21PM
Rahu 3:39PM – 4:48PM

Ardra Until 9:15AM
Brahma Until 6:00PM
Taitila Until 7:09PM

Ganesh: Yellow *Sunrise: 7:37AM*
Muruga: Purple *Sunset: 4:48PM*
Nataraja: White
Moon – Yellow

Day 3 of Pancha Ganapati
Ardra Darshanam

Bhuloka Day
Devaloka Time: 9:AM to 12:2PM

Monday, December 24, 2018

1

Kataka Rasi: 2.46 Tihti 18
Family Home Evening
Creative Work Amrita Yoga
Until 6:53AM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti Yoga Vanija Karana Tritiyayam Titau

Gulika 1:22PM – 2:31PM
Yama 11:04AM – 12:13PM
Rahu 8:46AM – 9:55AM

Punarvasu Until 6:53AM
Indra Until 2:07PM
Vanija Until 3:55PM

Ganesh: Blue *Sunrise: 7:37AM*
Muruga: Purple *Sunset: 4:49PM*
Nataraja: White
Moon – Blue

Day 4 of Pancha Ganapati

Tritiya Until 2:19AM Tue

Devaloka Day
Margasira*Markali

Tuesday, December 25, 2018

2

Kataka Rasi: 17.38 Tihti 19
842963365
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti/Vishkambha* Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 12:14PM – 1:23PM
Yama 9:56AM – 11:05AM
Rahu 2:31PM – 3:40PM

Ashlesha* Until 1:59AM Wed
Vaidhriti* Until 10:18AM
Bava Until 12:47PM

Ganesh: Yellow *Sunrise: 7:38AM*
Muruga: Purple *Sunset: 4:49PM*
Nataraja: White
Moon – Blue

Day 5 of Pancha Ganapati

Chaturthi* Until 11:16PM

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Wednesday, December 26, 2018

3

Simha Rasi: 2.21 Tihti 20
852963366
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Panchamyam Titau

Gulika 11:05AM – 12:14PM
Yama 8:47AM – 9:56AM
Rahu 12:14PM – 1:23PM

Magha* Until 12:08AM Thu
Vishkambha* Until 12:08AM Thu
Kaulava Until 9:52AM

Ganesh: Blue *Sunrise: 7:38AM*
Muruga: Purple *Sunset: 4:50PM*
Nataraja: Green
Moon – Red

Panchami Until 8:31PM

Bhuloka Day
Margasira*Markali

Thursday, December 27, 2018

4

Simha Rasi: 16.5 Tihti 21
852963366
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:57AM – 11:06AM
Yama 7:38AM – 8:47AM
Rahu 1:24PM – 2:33PM

Purvaphalguni Until 10:33PM
Ayushman Until 12:14AM Fri
Gara Until 7:18AM

Ganesh: Blue *Sunrise: 7:38AM*
Muruga: Purple *Sunset: 4:51PM*
Nataraja: Green
Moon – Red

Shashthi* Until 6:10PM

Bhuloka Day
Margasira*Markali

Friday, December 28, 2018

5

Kanya Rasi: 1.02 Tihti 22 – 23
852963366
Creative Work Siddha Yoga
Until 9:17PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:48AM – 9:57AM
Yama 2:33PM – 3:42PM
Rahu 11:06AM – 12:15PM

Uttaraphalguni Until 9:17PM
Saubhagya Until 9:35PM
Balava Until 3:32AM Sat

Ganesh: Blue *Sunrise: 7:39AM*
Muruga: Purple *Sunset: 4:51PM*
Nataraja: Green
Moon – Red

Saptami Until 12:14AM Fri

Bhuloka Day
Margasira*Markali

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.54 Tihti 23 – 24
862963366
Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:39AM – 8:48AM
Yama 1:25PM – 2:34PM
Rahu 9:57AM – 11:06AM

Hasta Until 8:50PM
Sobhana Until 7:22PM
Taitila Until 2:26AM Sun

Ganesh: Red *Sunrise: 7:39AM*
Muruga: Purple *Sunset: 4:52PM*
Nataraja: Green
Moon – Green

Ashtami* Until 2:54PM

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 28.28 Tihti 24 – 25
862963366
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 2:34PM – 3:44PM
Yama 12:16PM – 1:25PM
Rahu 3:44PM – 4:53PM

Chitra Until 8:46PM
Athiganda* Until 5:33PM
Vanija Until 1:52AM Mon

Ganesh: Red *Sunrise: 7:39AM*
Muruga: Purple *Sunset: 4:53PM*
Nataraja: Green
Moon – Green

Navami* Until 2:04PM

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betekens, "Fear not." Tirumurai 11

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Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Des Moines, IA	
1		Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8	Sutra 260	Vilamba 5120	
Tula Rasi: 11.44	Tithi 25 – 26	Gulika	1:26PM – 2:35PM	Svati Until 9:03PM	Ganesh: Red	<i>Sunrise:</i> 7:39AM	
Family Home Evening	862963366	Yama	11:07AM – 12:17PM	Sukarma Until 4:09PM	Muruga: Purple	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		Rahu	8:49AM – 9:58AM	Bava Until 1:49AM Tue	Nataraja: Green		2nd Phase
Until 9:03PM				Dashami Until 1:45PM	Moon – Green		Bhuloka Day
Then Routine Work - Marana Yoga					Margasira-Markali	Devaloka Time: 6:AM to 9:AM	

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Des Moines, IA	
2		Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9	Sutra 261	Vilamba 5120	
Tula Rasi: 24.43	Tithi 26 – 27	Gulika	12:17PM – 1:26PM	Vishakha Until 10:08PM	Ganesh: Green	<i>Sunrise:</i> 7:40AM	
Routine Work Marana Yoga	872963366	Yama	9:58AM – 11:08AM	Dhriti Until 3:09PM	Muruga: Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36
Until 10:08PM		Rahu	2:36PM – 3:45PM	Kaulava Until 2:17AM Wed	Nataraja: Green		2nd Phase
Then Creative Work - Siddha Yoga				Ekadashi* Until 1:58PM	Moon – Orange		Bhuloka Day
					Margasira-Markali		

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Des Moines, IA	
3		Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10	Sutra 262	Vilamba 5120	
Vrischika Rasi: 7.29	Tithi 27 – 28	Gulika	11:08AM – 12:18PM	Anuradha Until 11:31PM	Ganesh: Green	<i>Sunrise:</i> 7:40AM	
Creative Work Siddha Yoga	872963366	Yama	8:49AM – 9:59AM	Shula* Until 2:31PM	Muruga: Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36
		Rahu	12:18PM – 1:27PM	Gara Until 3:13AM Thu	Nataraja: Green		2nd Phase
				Dvadashi* Until 2:40PM	Moon – Orange		Bhuloka Day
					Margasira-Markali		

Pradosha Vrata (Fasting)

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Des Moines, IA	
4		Jyeshtha* Nakshatra Ganda*/Vridhdi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11	Sutra 263	Vilamba 5120	
Vrischika Rasi: 20.01	Tithi 28 – 29	Gulika	9:59AM – 11:08AM	Jyeshtha* Until 1:12AM Fri	Ganesh: Green	<i>Sunrise:</i> 7:40AM	
Routine Work Prabalarishta Yoga	872963366	Yama	7:40AM – 8:49AM	Ganda* Until 2:14PM	Muruga: Purple	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36
Until 1:12AM Fri		Rahu	1:28PM – 2:37PM	Visti Until 4:37AM Fri	Nataraja: Green		2nd Phase
Then Creative Work - Amrita Yoga				Trayodashi* Until 3:51PM	Moon – Orange		Bhuloka Day
					Margasira-Markali		

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Des Moines, IA	
5		Mula* Nakshatra Vridhdi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12	Sutra 264	Vilamba 5120	
Dhanus Rasi: 2.22	Tithi 29 – 30	Gulika	8:49AM – 9:59AM	Mula* Until 3:36AM Sat	Ganesh: White	<i>Sunrise:</i> 7:40AM	
Creative Work Amrita Yoga	882963366	Yama	2:38PM – 3:47PM	Vridhdi Until 2:19PM	Muruga: Purple	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 36
Until 3:36AM Sat		Rahu	11:09AM – 12:18PM	Catuspada Until 6:27AM Sat	Nataraja: Green		2nd Phase
Then Creative Work - Siddha Yoga				Chaturdashi* Until 5:28PM	Moon – Light Blue		Bhuloka Day
					Margasira-Markali		

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Des Moines, IA	
Retreat Star		Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada* Karana Amavasyayam Titau		Sun 13	Sutra 265	Vilamba 5120	
Dhanus Rasi: 14.32	Tithi 30	Gulika	7:40AM – 8:50AM	Purvashadha* Until 6:13AM Sun	Ganesh: White	<i>Sunrise:</i> 7:40AM	
Creative Work Siddha Yoga	882973366	Yama	1:29PM – 2:39PM	Dhruva Until 2:40PM	Muruga: Clear	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 36
Until 6:13AM Sun		Rahu	9:59AM – 11:09AM	Catuspada Until 6:27AM	Nataraja: Green		Amavasya
Then Creative Work - Amrita Yoga				Amavasya* Until 7:29PM	Moon – Light Blue		Bhuloka Day
		Subramuniyaswami Jayanti			Margasira-Markali	Devaloka Time: 12:PM to 3:PM	

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Des Moines, IA	
Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14	Sutra 266	Vilamba 5120	
Dhanus Rasi: 26.33	Tithi 1	Gulika	2:39PM – 3:49PM	Purvashadha* Until 6:13AM	Ganesh: White	<i>Sunrise:</i> 7:40AM	
Creative Work Siddha Yoga	882973366	Yama	12:19PM – 1:29PM	Vyaghata* Until 3:18PM	Muruga: Clear	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 36
Until 6:13AM		Rahu	3:49PM – 4:59PM	Kintughna Until 8:39AM	Nataraja: Green		Prathama
Then Creative Work - Amrita Yoga				Prathama* Until 9:50PM	Moon – Light Blue		Bhuloka Day
		Partial Solar Eclipse			Pausha-Markali	Devaloka Time: 12:PM to 3:PM	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Monday, January 7, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Des Moines, IA Sun 15 Sutra 267 Vilamba 5120	
Makara Rasi: 8.27	Tithi 2	Gulika	1:30PM – 2:40PM	Uttarashadha Until 3:12AM Wed Tue	Ganesha: Yellow	<i>Sunrise:</i> 7:40AM			
Family Home Evening	883973366	Rahu	8:50AM – 10:00AM	Harshana Until 4:09PM	Muruga: Clear	<i>Sunset:</i> 5:00PM			Moon 12 - Phase 37
Routine Work	Marana Yoga			Balava Until 11:09AM	Nataraja: Green				3rd Phase
Until 3:12AM Wed Tue				Dvitiya Until 12:27AM Tue	Moon – Light Blue			Devaloka Day	
Then Creative Work - Amrita Yoga					Pausha-Markali				

2		Tuesday, January 8, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Tailita/Gara Karana Tritiyayam Titau		Des Moines, IA Sun 16 Sutra 268 Vilamba 5120	
Makara Rasi: 20.16	Tithi 3	Gulika	12:20PM – 1:30PM	Uttarashadha Until 3:12AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:39AM			
	893973366	Rahu	2:41PM – 3:51PM	Vajra* Until 4:66PM	Muruga: Clear	<i>Sunset:</i> 5:01PM			Moon 12 - Phase 37
Creative Work	Siddha Yoga			Taitila Until 1:50PM	Nataraja: Green				3rd Phase
Until 3:12AM Wed				Tritiya Until 3:12AM Wed	Moon – Purple			Devaloka Day	
Then Routine Work - Prabalarishta Yoga					Pausha-Markali				

3		Wednesday, January 9, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau		Des Moines, IA Sun 17 Sutra 269 Vilamba 5120	
Kumbha Rasi: 2.04	Tithi 4	Gulika	11:10AM – 12:21PM	Dhanishtha Until 3:22PM	Ganesha: Red	<i>Sunrise:</i> 7:39AM			
	893973366	Rahu	12:21PM – 1:31PM	Siddhi Until 6:06PM	Muruga: Clear	<i>Sunset:</i> 5:02PM			Moon 12 - Phase 37
Routine Work	Prabalarishta Yoga			Vanija Until 4:36PM	Nataraja: Green				3rd Phase
Until 3:22PM				Chaturthi* Until 5:55AM Thu	Moon – Purple			Devaloka Day	
Then Creative Work - Siddha Yoga					Pausha-Markali				

4		Thursday, January 10, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Bava Karana Panchamyam Titau		Des Moines, IA Sun 18 Sutra 270 Vilamba 5120	
Kumbha Rasi: 13.52	Tithi 5	Gulika	10:00AM – 11:11AM	Shatabhishak Until 6:16PM	Ganesha: Red	<i>Sunrise:</i> 7:39AM			
	893973366	Rahu	1:32PM – 2:42PM	Vyatipata* Until 7:01PM	Muruga: Clear	<i>Sunset:</i> 5:03PM			Moon 12 - Phase 37
Creative Work	Siddha Yoga			Bava Until 7:15PM	Nataraja: Green				3rd Phase
				Panchami Until 8:27AM Fri	Moon – Purple			Devaloka Day	
					Pausha-Markali				

5		Friday, January 11, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Des Moines, IA Sun 19 Sutra 271 Vilamba 5120	
Kumbha Rasi: 25.43	Tithi 5 – 6	Gulika	8:49AM – 10:00AM	Purvaproshtapada* Until 9:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:39AM			
	813973366	Rahu	11:11AM – 12:21PM	Variyan Until 7:43PM	Muruga: Clear	<i>Sunset:</i> 5:04PM			Moon 12 - Phase 37
Creative Work	Siddha Yoga			Kaulava Until 9:37PM	Nataraja: Green				3rd Phase
				Panchami Until 8:27AM	Moon – Clear			Devaloka Day	
					Pausha-Markali				

6		Saturday, January 12, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Des Moines, IA Sun 20 Sutra 272 Vilamba 5120	
Meena Rasi: 7.43	Tithi 6 – 7	Gulika	7:39AM – 8:49AM	Uttaraproshtapada Until 11:37PM	Ganesha: Clear	<i>Sunrise:</i> 7:39AM			
	813973366	Rahu	10:00AM – 11:11AM	Parigha* Until 8:06PM	Muruga: Clear	<i>Sunset:</i> 5:05PM			Moon 12 - Phase 37
Creative Work	Siddha Yoga			Gara Until 11:32PM	Nataraja: Green				3rd Phase
Until 11:37PM				Shashthi* Until 10:37AM	Moon – Clear			Devaloka Day	
Then Routine Work - Prabalarishta Yoga					Pausha-Markali				

☾		Sunday, January 13, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Des Moines, IA Sun 21 Sutra 273 Vilamba 5120	
Retreat Star		Gulika	2:44PM – 3:55PM	Revati Until 1:14AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:38AM			
Meena Rasi: 19.55	Tithi 7 – 8	Rahu	3:55PM – 5:06PM	Shiva Until 8:02PM	Muruga: Clear	<i>Sunset:</i> 5:06PM			Moon 12 - Phase 37
Creative Work	Amrita Yoga			Visti Until 12:49AM Mon	Nataraja: Green				Ashtami
Until 1:14AM Mon				Saptami Until 12:15PM	Moon – Clear			Devaloka Day	
Then Creative Work - Siddha Yoga					Pausha-Markali				

☽		Monday, January 14, 2019				Vilamba Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Des Moines, IA Sun 22 Sutra 274 Vilamba 5120	
Retreat Star		Gulika	1:34PM – 2:45PM	Ashvini Until 2:28AM Tue	Ganesha: Purple	<i>Sunrise:</i> 7:38AM			
Mesha Rasi: 2.24	Tithi 8 – 9	Rahu	8:49AM – 10:00AM	Siddha Until 7:23PM	Muruga: Clear	<i>Sunset:</i> 5:07PM			Moon 12 - Phase 37
Family Home Evening	823973366			Balava Until 1:21AM Tue	Nataraja: Green				Navami
Creative Work	Siddha Yoga			Ashtami* Until 1:10PM	Moon – White			Sivaloka Day	
					Pausha-Thai				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1 Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA Sun 23 Sutra 275 Vilamba 5120
Mesha Rasi: 15.14	Tithi 9 – 10	Gulika 12:23PM – 1:34PM	Bharani Until 2:43AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:37AM	
		Yama 10:00AM – 11:12AM	Sadhya Until 6:08PM	Muruga: Clear	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 38
		823973366 Rahu 2:46PM – 3:57PM	Taitila Until 1:04AM Wed	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Navami* Until 1:18PM	Moon – White		Sivaloka Day
Until 2:43AM Wed				Pausha*Thai		
Then Creative Work - Amrita Yoga						

2 Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Ekadashi/Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 28.29	Tithi 10 – 11	Gulika 11:12AM – 12:23PM	Krittika Until 2:02AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:37AM	
		Yama 8:49AM – 10:00AM	Subha Until 4:15PM	Muruga: Clear	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 38
		823173366 Rahu 12:23PM – 1:35PM	Vanija Until 11:57PM	Nataraja: Green		4th Phase
Creative Work	Amrita Yoga		Dashami Until 12:36PM	Moon – White		Sivaloka Day
Until 2:02AM Thu				Pausha*Thai		
Then Routine Work - Marana Yoga						

3 Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 12.12	Tithi 11 – 12	Gulika 10:00AM – 11:12AM	Rohini Until 12:54AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:37AM	
		Yama 7:37AM – 8:48AM	Sukla Until 1:43PM	Muruga: Clear	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 38
		833173366 Rahu 1:36PM – 2:47PM	Bava Until 9:65PM	Nataraja: Green		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 4:15PM	Moon – Yellow		Devaloka Day
Until 12:54AM Fri				Pausha*Thai		
Then Creative Work - Siddha Yoga						

4 Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 26.22	Tithi 12 – 13	Gulika 8:48AM – 10:00AM	Mrigashira Until 6:03AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 7:36AM	
		Yama 2:48PM – 4:00PM	Brahma Until 10:37AM	Muruga: Clear	<i>Sunset:</i> 5:12PM	Moon 12 - Phase 38
		833173366 Rahu 11:12AM – 12:24PM	Balava Until 8:52AM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:52AM	Moon – Yellow		Devaloka Day
				Pausha*Thai		

Pradosha Vrata

5 Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 10.57	Tithi 13 – 14	Gulika 7:35AM – 8:48AM	Mrigashira Until 6:03AM	Ganesha: Yellow	<i>Sunrise:</i> 7:35AM	
		Yama 1:37PM – 2:49PM	Indra Until 2:69AM Sun	Muruga: Clear	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 38
		833173366 Rahu 10:00AM – 11:12AM	Vanija Until 2:48AM Sun	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:03AM	Moon – Yellow		Devaloka Day
				Pausha*Thai		

○ Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA Sutra 280 Vilamba 5120
Copper Retreat Star		Gulika 2:50PM – 4:02PM	Punarvasu Until 5:50PM	Ganesha: White	<i>Sunrise:</i> 7:35AM	
Mithuna Rasi: 25.53	Tithi 15	Yama 12:25PM – 1:37PM	Vishkambha* Until 11:01PM	Muruga: Clear	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 38
		843173366 Rahu 4:02PM – 5:14PM	Visti Until 1:04PM	Nataraja: Green		Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:15PM	Moon – Blue		Sivaloka Day
				Pausha*Thai		
		Thai Pusam				

Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sutra 281 Vilamba 5120
Silver Retreat Star		Gulika 1:38PM – 2:50PM	Pushya Until 2:55PM	Ganesha: White	<i>Sunrise:</i> 7:34AM	
Kataka Rasi: 11.01	Tithi 16	Yama 11:12AM – 12:25PM	Priti Until 6:46PM	Muruga: Clear	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 38
Family Home Evening		843173366 Rahu 8:47AM – 10:00AM	Balava Until 9:26AM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:34PM	Moon – Blue		Sivaloka Day
				Pausha*Thai		
		Total Lunar Eclipse				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Des Moines, IA

Sun 1 Sutra 282

Vilamba 5120

Kataka Rasi: 26.11 Tihi 17 - 18

844173366

Gulika 12:25PM - 1:38PM
Yama 9:59AM - 11:12AM
Rahu 2:51PM - 4:04PM

Ashlesha* Until 11:53AM
Ayushman Until 2:32PM
Vanija Until 2:12AM Wed
Dvitiya Until 3:56PM

Ganesha: Clear
Muruga: Clear
Nataraja: Green
Moon - Blue
Pausha*Thai

Sunrise: 7:34AM
Sunset: 5:17PM

Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Des Moines, IA

Sun 2 Sutra 283

Vilamba 5120

Simha Rasi: 11.17 Tihi 18 - 19

854173366

Gulika 11:12AM - 12:26PM
Yama 8:46AM - 9:59AM
Rahu 12:26PM - 1:39PM

Magha* Until 9:16AM
Saubhagya Until 10:27AM
Bava Until 10:54PM
Tritiya Until 12:29PM

Ganesha: Purple
Muruga: Clear
Nataraja: Green
Moon - Red
Pausha*Thai

Sunrise: 7:33AM
Sunset: 5:18PM

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 9:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Des Moines, IA

Sun 3 Sutra 284

Vilamba 5120

Simha Rasi: 26.08 Tihi 19 - 20

954173366

Gulika 9:59AM - 11:12AM
Yama 7:32AM - 8:46AM
Rahu 1:39PM - 2:53PM

Purvaphalguni Until 6:50AM
Sobhana Until 6:40AM
Kaulava Until 8:03PM
Chaturthi* Until 9:24AM

Ganesha: Clear
Muruga: Clear
Nataraja: Green
Moon - Red
Pausha*Thai

Sunrise: 7:32AM
Sunset: 5:19PM

Moon 1 - Phase 39
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Des Moines, IA

Sun 4 Sutra 285

Vilamba 5120

Kanya Rasi: 10.39 Tihi 20 - 21

964173366

Gulika 8:45AM - 9:59AM
Yama 2:53PM - 4:07PM
Rahu 11:12AM - 12:26PM

Hasta Until 3:31AM Sat
Sukarma Until 12:18AM Sat
Vanija Until 4:48AM Sat
Panchami Until 6:47AM

Ganesha: Purple
Muruga: Clear
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:31AM
Sunset: 5:21PM

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 3:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamam Titau

Des Moines, IA

Sun 5 Sutra 286

Vilamba 5120

Kanya Rasi: 24.45 Tihi 22

964173366

Gulika 7:31AM - 8:45AM
Yama 1:40PM - 2:54PM
Rahu 9:58AM - 11:12AM

Chitra Until 2:51AM Sun
Dhriti Until 9:55PM
Visti Until 4:04PM
Saptami Until 3:30AM Sun

Ganesha: Purple
Muruga: Clear
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:31AM
Sunset: 5:22PM

Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 2:51AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamam Titau

Des Moines, IA

Sun 6 Sutra 287

Vilamba 5120

Tula Rasi: 8.26 Tihi 23

964173366

Gulika 2:55PM - 4:09PM
Yama 12:26PM - 1:41PM
Rahu 4:09PM - 5:23PM

Svati Until 3:07AM Tue Mon
Shula* Until 8:06PM
Balava Until 3:08PM
Ashtami* Until 2:56AM Mon

Ganesha: Purple
Muruga: Clear
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:30AM
Sunset: 5:23PM

Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 3:07AM Tue Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamam Titau

Des Moines, IA

Sun 7 Sutra 288

Vilamba 5120

Tula Rasi: 21.41 Tihi 24

974173366

Gulika 1:41PM - 2:55PM
Yama 11:12AM - 12:27PM
Rahu 8:43AM - 9:58AM

Svati Until 3:07AM Tue
Ganda* Until 3:40AM Tue
Taitila Until 15:30AM Tue
Navami* Until 8:06PM

Ganesha: Clear
Muruga: Clear
Nataraja: Green
Moon - Orange
Pausha*Thai

Sunrise: 7:29AM
Sunset: 5:24PM

Moon 1 - Phase 39
Navami

Devaloka Day

Routine Work Marana Yoga

Until 3:07AM Tue

Then Creative Work - Siddha Yoga


1		Tuesday, January 29, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Vrischika Rasi: 4.34		Anuradha Nakshatra Vridhhi Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Sutra 289		Vilamba 5120	
Creative Work		Gulika	12:27PM – 1:41PM	Anuradha Until 5:06AM Wed	Ganesh: Clear	<i>Sunrise:</i> 7:28AM			
Siddha Yoga		Yama	9:58AM – 11:12AM	Vridhhi Until 6:12PM	Muruga: Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 40		
		974173366	Rahu	2:56PM – 4:11PM	Nataraja: Green			2nd Phase	
				Dashami Until 4:00AM Wed	Moon – Orange			Devaloka Day	
					Pausha • Thai				

2		Wednesday, January 30, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Vrischika Rasi: 17.07		Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 290		Vilamba 5120	
Creative Work		Gulika	11:12AM – 12:27PM	Jyeshtha* Until 6:57AM Thu	Ganesh: Clear	<i>Sunrise:</i> 7:27AM			
Siddha Yoga		Yama	8:42AM – 9:57AM	Dhruva Until 6:00PM	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 40		
		974173366	Rahu	12:27PM – 1:42PM	Nataraja: Green			2nd Phase	
				Bava Until 4:42PM	Moon – Orange			Devaloka Day	
				Ekadashi* Until 5:30AM Thu	Pausha • Thai				

3		Thursday, January 31, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Vrischika Rasi: 29.25		Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Kaulava Karana Dvadashyam Titau		Sun 10		Sutra 291		Vilamba 5120	
Routine Work		Gulika	9:57AM – 11:12AM	Jyeshtha* Until 6:57AM	Ganesh: Clear	<i>Sunrise:</i> 7:26AM			
Prabalarishta Yoga		Yama	7:26AM – 8:42AM	Vyaghata* Until 6:13PM	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40		
Until 6:57AM		974173366	Rahu	1:42PM – 2:58PM	Nataraja: Green			2nd Phase	
Then Creative Work - Siddha Yoga				Kaulava Until 6:27PM	Moon – Orange			Devaloka Day	
				Dvadashi* Until 7:28AM Fri	Pausha • Thai				

4		Friday, February 1, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 11.32		Mula*/Purvashadha* Nakshatra Harshana Yoga Taitila Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 292		Vilamba 5120	
Creative Work		Gulika	8:42AM – 9:57AM	Mula* Until 9:35AM	Ganesh: White	<i>Sunrise:</i> 7:26AM			
Amrita Yoga		Yama	2:58PM – 4:13PM	Harshana Until 6:47PM	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40		
Until 9:35AM		984173366	Rahu	11:12AM – 12:27PM	Nataraja: Green			2nd Phase	
Then Routine Work - Prabalarishta Yoga				Taitila Until 7:28AM	Moon – Light Blue			Bhuloka Day	
				Dvadashi* Until 7:28AM	Pausha • Thai			Devaloka Time: 12:PM to 3:PM	
					<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, February 2, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 23.29		Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 293		Vilamba 5120	
Creative Work		Gulika	7:25AM – 8:41AM	Purvashadha* Until 12:23PM	Ganesh: White	<i>Sunrise:</i> 7:25AM			
Siddha Yoga		Yama	1:43PM – 2:58PM	Vajra* Until 12:23PM	Muruga: Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40		
Until 12:23PM		984173366	Rahu	9:56AM – 11:12AM	Nataraja: Green			2nd Phase	
Then Routine Work - Marana Yoga				Visti Until 10:66PM	Moon – Light Blue			Bhuloka Day	
				Trayodashi* Until 9:49AM	Pausha • Thai			Devaloka Time: 12:PM to 3:PM	

		Sunday, February 3, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Retreat Star		Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 294		Vilamba 5120	
Makara Rasi: 5.21		Gulika	2:59PM – 4:15PM	Uttarashadha Until 3:15PM	Ganesh: Yellow	<i>Sunrise:</i> 7:24AM			
Creative Work		Yama	12:27PM – 1:43PM	Siddhi Until 8:27PM	Muruga: Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 40		
Amrita Yoga		985173367	Rahu	4:15PM – 5:31PM	Nataraja: White			Amavasya	
				Catuspada Until 1:46AM Mon	Moon – Light Blue			Devaloka Day	
				Chaturdashi* Until 7:32PM	Pausha • Thai				

Monday, February 4, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 17.1		Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 295		Vilamba 5120	
Family Home Evening		Gulika	1:44PM – 3:00PM	Shravana Until 6:32PM	Ganesh: Red	<i>Sunrise:</i> 7:23AM			
Creative Work		Yama	11:12AM – 12:28PM	Vyatipata* Until 9:27PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 40		
Amrita Yoga		995173367	Rahu	8:39AM – 9:55AM	Nataraja: White			Prathama	
Until 6:32PM				Kintughna Until 4:29AM Tue	Moon – Purple			Devaloka Day	
Then Creative Work - Siddha Yoga				Amavasya* Until 3:06PM	Magha • Thai				

1		Tuesday, February 5, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Des Moines, IA Sun 15 Sutra 296 Vilamba 5120	
Makara Rasi: 28.57	Tithi 1 – 2	Gulika	12:28PM – 1:44PM	Dhanishtha Until 9:39PM	Ganesh: Red	<i>Sunrise:</i> 7:22AM			
		Yama	9:55AM – 11:11AM	Variyan Until 10:24PM	Muruga: Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 41		
		995173367 Rahu	3:00PM – 4:17PM	Balava Until 7:09AM Wed	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Magha-Thai	Devaloka Day		
Until 9:39PM									
Then Routine Work - Marana Yoga									

2		Wednesday, February 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Des Moines, IA Sun 16 Sutra 297 Vilamba 5120	
Kumbha Rasi: 10.46	Tithi 2	Gulika	11:11AM – 12:28PM	Shatabhishak Until 10:50PM Thu	Ganesh: Red	<i>Sunrise:</i> 7:21AM			
		Yama	8:38AM – 9:54AM	Parigha* Until 11:18PM	Muruga: Clear	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41		
		995173367 Rahu	12:28PM – 1:44PM	Balava Until 7:09AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Magha-Thai	Devaloka Day		

3		Thursday, February 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Taitila Karana Tritiyayam Titau		Des Moines, IA Sun 17 Sutra 298 Vilamba 5120	
Kumbha Rasi: 22.38	Tithi 3	Gulika	9:54AM – 11:11AM	Shatabhishak Until 10:50PM	Ganesh: Blue	<i>Sunrise:</i> 7:20AM			
		Yama	7:20AM – 8:37AM	Shiva Until 24:33AM Fri	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41		
		995173367 Rahu	1:45PM – 3:02PM	Taitila Until 9:40AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Magha-Thai	Sivaloka Day		

4		Friday, February 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha Yoga Vanija Karana Chaturthyam Titau		Des Moines, IA Sun 18 Sutra 299 Vilamba 5120	
Meena Rasi: 4.35	Tithi 4	Gulika	8:36AM – 9:53AM	Uttaraproshtapada Until 2:41AM Sun	Ganesh: Blue	<i>Sunrise:</i> 7:19AM			
		Yama	3:02PM – 4:20PM	Siddha Until 6:01AM Sat	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41		
		995173367 Rahu	11:11AM – 12:28PM	Vanija Until 11:57AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Magha-Thai	Sivaloka Day		
Until 2:41AM Sun Sat									
Then Routine Work - Prabalarishta Yoga									

5		Saturday, February 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Bava Karana Panchamyam Titau		Des Moines, IA Sun 19 Sutra 300 Vilamba 5120	
Meena Rasi: 16.39	Tithi 5	Gulika	7:18AM – 8:35AM	Uttaraproshtapada Until 2:41AM Sun	Ganesh: Red	<i>Sunrise:</i> 7:18AM			
		Yama	1:45PM – 3:03PM	Sadhya Until 6:01AM	Muruga: Clear	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 41		
		995273367 Rahu	9:53AM – 11:10AM	Bava Until 1:54PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Magha-Thai	Devaloka Day		
Until 2:41AM Sun									
Then Creative Work - Amrita Yoga									

6		Sunday, February 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Des Moines, IA Sun 20 Sutra 301 Vilamba 5120	
Meena Rasi: 28.53	Tithi 6	Gulika	3:04PM – 4:22PM	Revati Until 7:59AM	Ganesh: Red	<i>Sunrise:</i> 7:17AM			
		Yama	12:28PM – 1:46PM	Subha Until 7:59AM	Muruga: Clear	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41		
		995273367 Rahu	4:22PM – 5:39PM	Kaulava Until 3:23PM	Nataraja: White		3rd Phase		
Creative Work	Amrita Yoga					Magha-Thai	Devaloka Day		
Until 7:59AM									
Then Creative Work - Siddha Yoga									

Monday, February 11, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Des Moines, IA Sun 21 Sutra 302 Vilamba 5120	
Mesha Rasi: 11.21	Tithi 7	Gulika	1:46PM – 3:04PM	Ashvini Until 9:45AM	Ganesh: Blue	<i>Sunrise:</i> 7:15AM			
Family Home Evening		Yama	11:10AM – 12:28PM	Sukla Until 12:00AM Tue	Muruga: Clear	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 41		
		995273367 Rahu	8:34AM – 9:52AM	Gara Until 4:18PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga					Magha-Thai	Bhuloka Day		
							Devaloka Time: 12:PM to 3:PM		

Tuesday, February 12, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti* Karana Ashtamyam Titau		Des Moines, IA Sun 22 Sutra 303 Vilamba 5120	
Mesha Rasi: 24.06	Tithi 8	Gulika	12:28PM – 1:46PM	Bharani Until 3:28AM Thu Wed	Ganesh: Blue	<i>Sunrise:</i> 7:14AM			
		Yama	9:51AM – 11:10AM	Brahma Until 10:51PM	Muruga: Clear	<i>Sunset:</i> 5:42PM	Moon 1 - Phase 41		
		995273367 Rahu	3:05PM – 4:23PM	Visti Until 4:32PM	Nataraja: White		Ashtami		
Creative Work	Siddha Yoga					Magha-Masi	Bhuloka Day		
							Devaloka Time: 12:PM to 3:PM		

Wednesday, February 13, 2019		Retreat Star				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Des Moines, IA Sun 23 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 7.12	Tithi 9	Gulika	11:09AM – 12:28PM	Bharani Until 3:28AM Thu	Ganesh: Yellow	<i>Sunrise:</i> 7:13AM			
		Yama	8:32AM – 9:50AM	Indra Until 10:52AM	Muruga: Clear	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 41		
		992673367 Rahu	12:28PM – 1:47PM	Balava Until 14:45AM Thu	Nataraja: White		Navami		
Creative Work	Amrita Yoga					Magha-Masi	Devaloka Day		
Until 3:28AM Thu									
Then Routine Work - Marana Yoga									

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada


1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 20.43		Titthi 10		Krittika/Mrigashira Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24		Sutra 305	
		Gulika	9:50AM – 11:09AM	Krittika Until 1:49AM Fri	Ganesh: White	<i>Sunrise:</i> 7:12AM			Vilamba 5120
		Yama	7:12AM – 8:31AM	Vaidhriti* Until 6:45PM	Muruga: Clear	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 42		
		936273367	Rahu 1:47PM – 3:06PM	Taitila Until 12:45AM Fri	Nataraja: White			4th Phase	
Routine Work Marana Yoga				Dashami Until 9:07PM	Moon – Yellow			Sivaloka Day	
Until 1:49AM Fri					Magha-Masi				
Then Creative Work - Siddha Yoga									

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 4.4		Titthi 11		Rohini/Ardra Nakshatra Vishkambha* Priti Yoga Vanija/Bava Karana Ekadashyam Titau		Sun 25		Sutra 306	
		Gulika	8:30AM – 9:49AM	Rohini Until 11:30PM	Ganesh: White	<i>Sunrise:</i> 7:10AM			Vilamba 5120
		Yama	3:07PM – 4:26PM	Vishkambha* Until 3:51PM	Muruga: Clear	<i>Sunset:</i> 5:46PM	Moon 1 - Phase 42		
		936273367	Rahu 11:09AM – 12:28PM	Vanija Until 9:67AM Sat	Nataraja: White			4th Phase	
Creative Work Siddha Yoga				Ekadashi Until 6:45PM	Moon – Yellow			Sivaloka Day	
					Magha-Masi				

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 19.04		Titthi 12		Mrigashira/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26		Sutra 307	
		Gulika	7:09AM – 8:29AM	Mrigashira Until 8:35PM	Ganesh: White	<i>Sunrise:</i> 7:09AM			Vilamba 5120
		Yama	1:48PM – 3:07PM	Priti Until 12:26PM	Muruga: Clear	<i>Sunset:</i> 5:47PM	Moon 1 - Phase 42		
		936273367	Rahu 9:48AM – 11:08AM	Bava Until 10:07AM	Nataraja: White			4th Phase	
Creative Work Siddha Yoga				Dvadashi Until 8:35PM	Moon – Yellow			Sivaloka Day	
					Magha-Masi				

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 3.51		Titthi 13 – 14		Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 308	
		Gulika	3:08PM – 4:28PM	Pushya Until 1:35PM Mon	Ganesh: Clear	<i>Sunrise:</i> 7:08AM			Vilamba 5120
		Yama	12:28PM – 1:48PM	Ayushman Until 8:36AM	Muruga: Clear	<i>Sunset:</i> 5:48PM	Moon 1 - Phase 42		
		946273367	Rahu 4:28PM – 5:48PM	Kaulava Until 3:27AM Mon	Nataraja: White			4th Phase	
Creative Work Siddha Yoga				Trayodashi Until 12:26PM	Moon – Blue			Devaloka Day	
					Magha-Masi				

Pradosha Vrata

		Monday, February 18, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Copper Retreat Star		Pushya/Ashlesha* Nakshatra Sobhana Yoga Vanija Karana Chaturdashi/Purnimayam Titau				Sun 28		Sutra 309	
Kataka Rasi: 18.56		Titthi 14 – 15		Gulika 1:48PM – 3:09PM		Pushya Until 1:35PM	Ganesh: Clear	<i>Sunrise:</i> 7:06AM	Vilamba 5120
Family Home Evening		946273367		Yama	11:07AM – 12:28PM	Sobhana Until 11:18PM	Muruga: Clear	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 42
Creative Work Siddha Yoga				Rahu 8:27AM – 9:47AM	Vanija Until 1:35PM	Nataraja: White			Purnima
Until 1:35PM				Chidambaram Abhishekam	Chaturdashi* Until 1:35PM	Moon – Blue			Devaloka Day
Then Routine Work - Marana Yoga					Magha-Masi				

Tuesday, February 19, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Simha Rasi: 4.1		Titthi 15 – 16		Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 310	
		Gulika	12:28PM – 1:48PM	Magha* Until 8:24PM	Ganesh: Purple	<i>Sunrise:</i> 7:05AM			Vilamba 5120
		Yama	9:46AM – 11:07AM	Athiganda* Until 7:52PM	Muruga: Clear	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 42		
		956273367	Rahu 3:09PM – 4:30PM	Balava Until 7:55PM	Nataraja: White			Prathama	
Creative Work Siddha Yoga				Purnima* Until 12:12AM Tue	Moon – Red			Sivaloka Day	
					Magha-Masi				

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 311

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 19.24 Tihi 16 - 17

Gulika 11:07AM - 12:28PM

Yama 8:25AM - 9:46AM

Rahu 12:28PM - 1:49PM

Purvaphalguni Until 5:30PM

Sukarma Until 3:38PM

Gara Until 4:15PM

Prathama* Until 7:52PM

Ganesha: Clear

Sunrise: 7:04AM

Muruga: Clear

Sunset: 5:52PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

Creative Work Amrita Yoga

957273367

1 Thursday, February 21, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 4.28 Tihi 18

Gulika 9:45AM - 11:06AM

Yama 7:02AM - 8:23AM

Rahu 1:49PM - 3:10PM

Uttaraphalguni Until 2:46PM

Dhriti Until 11:40AM

Vanija Until 12:53PM

Tritiya Until 11:20PM

Ganesha: Clear

Sunrise: 7:02AM

Muruga: Clear

Sunset: 5:53PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

Until 2:46PM

Then Routine Work - Marana Yoga

957273367

Amrita Yoga

2 Friday, February 22, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 19.14 Tihi 19

Gulika 8:22AM - 9:44AM

Yama 3:11PM - 4:32PM

Rahu 11:06AM - 12:27PM

Hasta Until 12:47PM

Shula* Until 8:01AM

Bava Until 9:57AM

Chaturthi* Until 8:41PM

Ganesha: White

Sunrise: 7:01AM

Muruga: Clear

Sunset: 5:54PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 12:47PM

Then Creative Work - Siddha Yoga

957273367

Maha Sankatahara Chaturthi

3 Saturday, February 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Gara Karana Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 3.34 Tihi 20

Gulika 6:59AM - 8:21AM

Yama 1:49PM - 3:11PM

Rahu 9:43AM - 11:05AM

Chitra Until 11:16AM

Vriddhi Until 11:16AM

Kaulava Until 7:38AM

Panchami Until 6:43PM

Ganesha: White

Sunrise: 6:59AM

Muruga: Clear

Sunset: 5:55PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 11:16AM

Then Creative Work - Siddha Yoga

957273367

Marana Yoga

4 Sunday, February 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Dhruva Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 17.26 Tihi 21 - 22

Gulika 3:12PM - 4:34PM

Yama 12:27PM - 1:50PM

Rahu 4:34PM - 5:57PM

Svati Until 10:21AM

Dhruva Until 12:25AM Mon

Gara Until 6:03AM

Shashthi* Until 5:33PM

Ganesha: White

Sunrise: 6:58AM

Muruga: Clear

Sunset: 5:57PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 10:21AM

Then Routine Work - Marana Yoga

957273367

Siddha Yoga

5 Monday, February 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Vrischika Rasi: 0.49 Tihi 22 - 23

Family Home Evening

Gulika 1:50PM - 3:12PM

Yama 11:04AM - 12:27PM

Rahu 8:19AM - 9:42AM

Vishakha Until 10:34AM

Vyaghata* Until 11:11PM

Bava Until 5:14PM

Saptami Until 5:14PM

Ganesha: Yellow

Sunrise: 6:56AM

Muruga: Clear

Sunset: 5:58PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Until 10:34AM

Then Creative Work - Siddha Yoga

977273367

Marana Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 13.46 Tihi 23 - 24

Gulika 12:27PM - 1:50PM

Yama 9:41AM - 11:04AM

Rahu 3:13PM - 4:36PM

Anuradha Until 7:08PM Wed

Harshana Until 11:29AM

Taitila Until 5:83AM Wed

Ashtami* Until 11:11PM

Ganesha: Blue

Sunrise: 6:55AM

Muruga: Clear

Sunset: 5:59PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Until 7:08PM Wed

Then Routine Work - Marana Yoga

978273367

Siddha Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Mula* Nakshatra Vajra* Yoga Taitila Karana Navamyam Titau

Des Moines, IA

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 26.18 Tihi 24

Gulika 11:03AM - 12:27PM

Yama 8:17AM - 9:40AM

Rahu 12:27PM - 1:50PM

Anuradha Until 7:08PM

Vajra* Until 10:39PM

Taitila Until 6:23AM

Navami* Until 7:08PM

Ganesha: Blue

Sunrise: 6:53AM

Muruga: Clear

Sunset: 6:00PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Until 7:08PM

Then Routine Work - Marana Yoga

978273367

Siddha Yoga


1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Vanija Karana Dashamyam Titau				Des Moines, IA Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 8.32	Tithi 25	Gulika	9:39AM – 11:03AM	Mula* Until 3:33PM	Ganesha: Red	<i>Sunrise:</i> 6:52AM			
		Yama	6:52AM – 8:15AM	Siddhi Until 11:09PM	Muruga: Clear	<i>Sunset:</i> 6:01PM		Moon 2 - Phase 44	
Creative Work	Siddha Yoga	988273367 Rahu	1:50PM – 3:14PM	Vanija Until 8:05AM	Nataraja: White			2nd Phase	
				Dashami Until 9:07PM	Moon – Light Blue				Devaloka Day
					Magha-Masi				

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Ekadashyam Titau				Des Moines, IA Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 20.32	Tithi 26	Gulika	8:13AM – 9:37AM	Purvashadha* Until 6:22PM	Ganesha: Red	<i>Sunrise:</i> 6:49AM			
		Yama	3:15PM – 4:39PM	Vyatipata* Until 6:22PM	Muruga: Clear	<i>Sunset:</i> 6:04PM		Moon 2 - Phase 44	
Routine Work	Prabalarishta Yoga	988273367 Rahu	11:02AM – 12:26PM	Bava Until 10:19AM	Nataraja: White			2nd Phase	
Until 6:22PM				Ekadashi* Until 11:34PM	Moon – Light Blue				Devaloka Day
Then Routine Work - Marana Yoga					Magha-Masi				

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Des Moines, IA Sun 10 Sutra 321 Vilamba 5120	
Makara Rasi: 2.23	Tithi 27	Gulika	6:47AM – 8:12AM	Uttarashadha Until 9:19PM	Ganesha: Red	<i>Sunrise:</i> 6:47AM			
		Yama	1:51PM – 3:15PM	Variyan Until 12:58AM Sun	Muruga: Clear	<i>Sunset:</i> 6:05PM		Moon 2 - Phase 44	
Routine Work	Marana Yoga	988273367 Rahu	9:37AM – 11:01AM	Kaulava Until 12:55PM	Nataraja: White			2nd Phase	
Until 9:19PM				Dvadashi* Until 2:15AM Sun	Moon – Light Blue				Devaloka Day
Then Creative Work - Siddha Yoga					Magha-Masi				

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 14.1	Tithi 28	Gulika	3:16PM – 4:41PM	Shravana Until 12:40AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:46AM			
		Yama	12:26PM – 1:51PM	Parigha* Until 2:02AM Mon	Muruga: Clear	<i>Sunset:</i> 6:06PM		Moon 2 - Phase 44	
Creative Work	Amrita Yoga	998273367 Rahu	4:41PM – 6:06PM	Gara Until 3:39PM	Nataraja: White			2nd Phase	
Until 12:40AM Mon				Trayodashi* Until 5:00AM Mon	Moon – Purple				Devaloka Day
Then Creative Work - Siddha Yoga					Magha-Masi				
					<i>Pradosha Vrata (Fasting)</i>				

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Visti* Karana Chaturdashyam Titau				Des Moines, IA Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 25.56	Tithi 29	Gulika	1:51PM – 3:16PM	Dhanishtha Until 3:47AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:44AM			
Family Home Evening		Yama	11:00AM – 12:26PM	Shiva Until 3:03AM Tue	Muruga: Clear	<i>Sunset:</i> 6:07PM		Moon 2 - Phase 44	
Creative Work	Siddha Yoga	998273367 Rahu	8:09AM – 9:35AM	Visti Until 20:56AM Tue	Nataraja: White			2nd Phase	
Until 3:47AM Tue				Chaturdashi* Until 2:02AM Mon	Moon – Purple				Devaloka Day
Then Routine Work - Marana Yoga					Magha-Masi				

		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA Sun 13 Sutra 324 Vilamba 5120	
Retreat Star		Gulika	12:25PM – 1:51PM	Shatabhishak Until 10:06AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:42AM			
Kumbha Rasi: 7.44	Tithi 29 – 30	Yama	9:34AM – 11:00AM	Siddha Until 3:53AM Wed	Muruga: Clear	<i>Sunset:</i> 6:08PM		Moon 2 - Phase 44	
Routine Work	Marana Yoga	199273367 Rahu	3:17PM – 4:43PM	Catuspada Until 8:56PM	Nataraja: White			Amavasya	
Until 10:06AM Wed				Chaturdashi* Until 7:39AM	Moon – Purple				Devaloka Day
Then Creative Work - Amrita Yoga		Mahasivaratri (Lunar)			Magha-Masi				
		Mahasivaratri (Solar)							

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sadya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 19.38	Tithi 30 – 1	Gulika	10:59AM – 12:25PM	Shatabhishak Until 10:06AM	Ganesha: White	<i>Sunrise:</i> 6:41AM			
		Yama	8:07AM – 9:33AM	Sadya Until 3:92AM Thu	Muruga: Clear	<i>Sunset:</i> 6:09PM		Moon 2 - Phase 44	
Creative Work	Siddha Yoga	199373367 Rahu	12:25PM – 1:51PM	Kintughna Until 11:14PM	Nataraja: White			Prathama	
Until 10:06AM				Amavasya* Until 10:06AM	Moon – Purple				Sivaloka Day
Then Creative Work - Amrita Yoga					Phalgun-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Des Moines, IA Sun 15 Sutra 326 Vilamba 5120	
Meena Rasi: 1.37	Tithi 1 – 2	Gulika Yama 119373367 Rahu	9:32AM – 10:58AM 6:39AM – 8:06AM 1:51PM – 3:18PM	Purvaprosarthapada* Until 9:24AM Subha Until 4:58AM Fri Balava Until 24:73 Prathama* Until 3:92AM Thu	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:39AM Sunset: 6:11PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Des Moines, IA Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 13.44	Tithi 2 – 3	Gulika Yama 119373367 Rahu	8:04AM – 9:31AM 3:18PM – 4:45PM 10:58AM – 12:25PM	Uttaraprosarthapada Until 11:46AM Sukla Until 5:07AM Sat Taitila Until 2:53AM Sat Dvitiya Until 2:04PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:38AM Sunset: 6:12PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Gara Karana Tritiya/Chaturthyam Titau		Des Moines, IA Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 25.59	Tithi 3 – 4	Gulika Yama 119373367 Rahu	6:36AM – 8:03AM 1:52PM – 3:19PM 9:30AM – 10:57AM	Revati Until 1:38PM Brahma Until 4:59AM Sun Gara Until 3:33PM Tritiya Until 3:33PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalguna-Masi	Sunrise: 6:36AM Sunset: 6:13PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Routine Work	Prabalarishta Yoga						
Until 1:38PM							
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day					
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Des Moines, IA Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 8.23	Tithi 4 – 5	Gulika Yama 129373367 Rahu	3:19PM – 4:47PM 12:24PM – 1:52PM 4:47PM – 6:14PM	Ashvini Until 3:27PM Indra Until 4:34AM Mon Bava Until 5:01AM Mon Chaturthi* Until 4:38PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	Sunrise: 6:34AM Sunset: 6:14PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 3:27PM							
Then Routine Work - Prabalarishta Yoga							
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava Karana Panchami/Shashthyam Titau		Des Moines, IA Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 20.59	Tithi 5 – 6	Gulika Yama 129373367 Rahu	1:52PM – 3:20PM 10:56AM – 12:24PM 8:00AM – 9:28AM	Bharani Until 4:41PM Vaidhriti* Until 3:45AM Tue Balava Until 5:16PM Panchami Until 5:16PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	Sunrise: 6:33AM Sunset: 6:15PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Family Home Evening							
Creative Work	Siddha Yoga						
Until 4:41PM							
Then Routine Work - Marana Yoga							
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila Karana Shashthi/Saptamyam Titau		Des Moines, IA Sun 20 Sutra 331 Vilamba 5120	
Vrisabha Rasi: 3.47	Tithi 6 – 7	Gulika Yama 129373367 Rahu	12:24PM – 1:52PM 9:27AM – 10:55AM 3:20PM – 4:48PM	Krittika Until 5:17PM Vishkambha* Until 2:33AM Wed Taitila Until 5:24PM Shashthi* Until 5:24PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalguna-Masi	Sunrise: 6:31AM Sunset: 6:16PM	Moon 2 - Phase 45 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 5:17PM							
Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Des Moines, IA Sun 21 Sutra 332 Vilamba 5120	
Vrisabha Rasi: 16.52	Tithi 7 – 8	Gulika Yama 131373367 Rahu	10:55AM – 12:23PM 7:58AM – 9:26AM 12:23PM – 1:52PM	Rohini Until 5:39PM Priti Until 12:54AM Thu Visti Until 4:33AM Thu Saptami Until 4:59PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalguna-Masi	Sunrise: 6:29AM Sunset: 6:17PM	Moon 2 - Phase 45 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga						
Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Des Moines, IA Sun 22 Sutra 333 Vilamba 5120	
Mithuna Rasi: 0.15	Tithi 8 – 9	Gulika Yama 131373367 Rahu	9:25AM – 10:54AM 6:28AM – 7:57AM 1:52PM – 3:21PM	Mrigashira Until 5:15PM Ayushman Until 5:15PM Balava Until 2:72AM Fri Ashtami* Until 3:56PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalguna-Panguni	Sunrise: 6:28AM Sunset: 6:18PM	Moon 2 - Phase 45 Ashtami Sivaloka Day
Routine Work	Marana Yoga						
		Karadaiyan Nombu (Tamil Nadu)					
Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Des Moines, IA Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 14	Tithi 9 – 10	Gulika Yama 131373368 Rahu	7:55AM – 9:24AM 3:21PM – 4:50PM 10:54AM – 12:23PM	Ardra Until 4:07PM Saubhagya Until 8:05PM Taitila Until 1:14AM Sat Navami* Until 2:17PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Phalguna-Panguni	Sunrise: 6:26AM Sunset: 6:20PM	Moon 2 - Phase 45 Navami Subha Sivaloka Day
Creative Work	Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 28.07	Tithi 10 – 11	Gulika 6:24AM – 7:54AM	Punarvasu Until 2:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:24AM	
			Yama 1:52PM – 3:22PM	Sobhana Until 5:00PM	Muruga: Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 9:23AM – 10:53AM	Vanija Until 10:44PM	Nataraja: Clear		4th Phase
			Dashami Until 12:02PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 12.37	Tithi 11 – 12	Gulika 3:22PM – 4:52PM	Pushya Until 12:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:23AM	
			Yama 12:22PM – 1:52PM	Athiganda* Until 1:29PM	Muruga: Clear	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 4:52PM – 6:22PM	Bava Until 7:45PM	Nataraja: Clear		4th Phase
			Ekadashi Until 5:00PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 27.25	Tithi 12 – 13	Gulika 1:52PM – 3:22PM	Ashlesha* Until 10:01AM	Ganesh: Clear	<i>Sunrise:</i> 6:21AM	
	Family Home Evening		Yama 10:52AM – 12:22PM	Sukarma Until 10:01AM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 7:51AM – 9:21AM	Gara Until 12:56AM Tue	Nataraja: Clear		4th Phase
Until 10:01AM			Dvadashi Until 6:07AM	Moon – Blue		Sivaloka Day	
Then Routine Work - Marana Yoga		Yogaswami Mahasamadhi	<i>Pradosha Vrata</i>	Phalguna•Panguni			

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 12.25	Tithi 14	Gulika 12:22PM – 1:52PM	Magha* Until 7:27AM	Ganesh: White	<i>Sunrise:</i> 6:19AM	
			Yama 9:20AM – 10:51AM	Shula* Until 1:34AM Wed	Muruga: Clear	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 Rahu 3:23PM – 4:53PM	Gara Until 12:56PM	Nataraja: Clear		4th Phase
			Chaturdashi* Until 11:08PM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni		Tour Day	

O	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA Sutra 339 Vilamba 5120
	Copper Retreat Star		Gulika 10:50AM – 12:21PM	Uttaraphalguni Until 1:50AM Thu	Ganesh: White	<i>Sunrise:</i> 6:18AM	
	Simha Rasi: 27.29	Tithi 15	Yama 7:49AM – 9:19AM	Ganda* Until 9:31PM	Muruga: Clear	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 Rahu 12:21PM – 1:52PM	Visti Until 9:23AM	Nataraja: Clear		Purnima
Until 1:50AM Thu			Purnima* Until 7:37PM	Moon – Red		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Panguni Uttiram		Phalguna•Panguni			
		Holi					

O	Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Vanija Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sutra 340 Vilamba 5120
	Silver Retreat Star		Gulika 9:18AM – 10:50AM	Hasta Until 1:24PM Fri	Ganesh: Yellow	<i>Sunrise:</i> 6:16AM	
	Kanya Rasi: 12.29	Tithi 16 – 17	Yama 6:16AM – 7:47AM	Vriddhi Until 11:33PM	Muruga: White	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 46
	Routine Work	Marana Yoga	161383368 Rahu 1:52PM – 3:24PM	Vanija Until 2:49AM Fri	Nataraja: Clear		Prathama
Until 1:24PM Fri			Prathama* Until 9:31PM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Phalguna•Panguni			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Des Moines, IA

Sun 1 Sutra 341

Kanya Rasi: 27.16 Tihi 17 - 18

Gulika 7:46AM - 9:17AM

Hasta Until 1:24PM

Ganesha: Yellow Sunrise: 6:14AM

Vilamba 5120

Yama 3:24PM - 4:56PM

Dhruva Until 10:63AM Sat

Muruga: White Sunset: 6:27PM

Moon 3 - Phase 47

162383368 Rahu 10:49AM - 12:21PM

Vanija Until 12:09AM Sat

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Moon - Green

Devaloka Day

Phalguna*Panguni

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Tritiya/Chaturtham Titau

Des Moines, IA

Sun 2 Sutra 342

Tula Rasi: 11.41 Tihi 18 - 19

Gulika 6:13AM - 7:45AM

Svati Until 8:02PM

Ganesha: Blue Sunrise: 6:13AM

Vilamba 5120

Yama 1:52PM - 3:24PM

Vyaghata* Until 11:03AM

Muruga: White Sunset: 6:28PM

Moon 3 - Phase 47

162383368 Rahu 9:16AM - 10:48AM

Visti Until 11:02AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Moon - Green

Bhuloka Day

Tritiya Until 11:02AM

Phalguna*Panguni

Devaloka Time: 6:PM to 9:PM

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 343

Tula Rasi: 25.4 Tihi 19 - 20

Gulika 3:25PM - 4:57PM

Vishakha Until 7:31PM

Ganesha: Red Sunrise: 6:11AM

Vilamba 5120

Yama 12:20PM - 1:52PM

Harshana Until 7:31PM

Muruga: White Sunset: 6:29PM

Moon 3 - Phase 47

172383368 Rahu 4:57PM - 6:29PM

Balava Until 9:21AM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Moon - Orange

Devaloka Day

Chaturthi* Until 9:21AM

Phalguna*Panguni

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taila/Gara Karana Panchami/Shashtham Titau

Des Moines, IA

Sun 4 Sutra 344

Vrischika Rasi: 9.09 Tihi 20 - 21

Gulika 1:53PM - 3:25PM

Anuradha Until 7:43PM

Ganesha: Red Sunrise: 6:09AM

Vilamba 5120

Family Home Evening

Yama 10:47AM - 12:20PM

Vajra* Until 7:43PM

Muruga: White Sunset: 6:31PM

Moon 3 - Phase 47

172383368 Rahu 7:42AM - 9:14AM

Gara Until 7:84PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Moon - Orange

Devaloka Day

Panchami Until 6:41AM Mon

Phalguna*Panguni

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 345

Vrischika Rasi: 22.11 Tihi 21 - 22

Gulika 12:20PM - 1:53PM

Jyeshtha* Until 9:24AM Wed

Ganesha: Red Sunrise: 6:07AM

Vilamba 5120

Yama 9:13AM - 10:47AM

Vyatipata* Until 5:02AM Wed

Muruga: White Sunset: 6:32PM

Moon 3 - Phase 47

172383368 Rahu 3:26PM - 4:59PM

Visti Until 8:52PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Moon - Orange

Devaloka Day

Shashthi* Until 5:31AM Tue

Phalguna*Panguni

Tour Day

Until 9:24AM Wed

Then Creative Work - Amrita Yoga

D

Wednesday, March 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 346

Dhanus Rasi: 4.47 Tihi 22 - 23

Gulika 10:46AM - 12:19PM

Jyeshtha* Until 9:24AM

Ganesha: Green Sunrise: 6:06AM

Vilamba 5120

Yama 7:39AM - 9:12AM

Variyan Until 4:69AM Thu

Muruga: White Sunset: 6:33PM

Moon 3 - Phase 47

182383368 Rahu 12:19PM - 1:53PM

Balava Until 10:10PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Moon - Light Blue

Bhuloka Day

Saptami Until 9:24AM

Phalguna*Panguni

Devaloka Time: 6:PM to 9:PM

Until 9:24AM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 7 Sutra 347

Dhanus Rasi: 17.03 Tihi 23 - 24

Gulika 9:12AM - 10:45AM

Purvashadha* Until 1:10AM Fri

Ganesha: Green Sunrise: 6:04AM

Vilamba 5120

Yama 6:04AM - 7:38AM

Parigha* Until 1:10AM Fri

Muruga: White Sunset: 6:34PM

Moon 3 - Phase 47

182383368 Rahu 1:53PM - 3:26PM

Gara Until 12:79AM Fri

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Moon - Light Blue

Bhuloka Day

Ashtami* Until 11:04AM

Phalguna*Panguni

Devaloka Time: 6:PM to 9:PM

Until 1:10AM Fri

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Friday, March 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Des Moines, IA
	Dhanus Rasi: 29.04	Tithi 24 – 25	Gulika 7:36AM – 9:11AM Yama 3:27PM – 5:01PM 182383468 Rahu 10:45AM – 12:19PM	Uttarashadha Until 3:57AM Sat Shiva Until 6:42AM Sat Vanija Until 2:36AM Sat Navami* Until 1:19PM	Ganesha: Green <i>Sunrise:</i> 6:02AM Muruga: Yellow <i>Sunset:</i> 6:35PM Nataraja: Purple Moon – Light Blue Phalguna•Panguni	Sun 8 Sutra 348 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Devaloka Day
Routine Work Marana Yoga Until 3:57AM Sat Then Creative Work - Siddha Yoga							


2	Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Makara Rasi: 10.55	Tithi 25 – 26	Gulika 6:01AM – 7:35AM Yama 1:53PM – 3:27PM 192383468 Rahu 9:10AM – 10:44AM	Shravana Until 7:17AM Sun Shiva Until 6:42AM Bava Until 5:17AM Sun Dashami Until 3:54PM	Ganesha: Orange <i>Sunrise:</i> 6:01AM Muruga: Yellow <i>Sunset:</i> 6:36PM Nataraja: Purple Moon – Purple Phalguna•Panguni	Sun 9 Sutra 349 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Sivaloka Day
Creative Work Siddha Yoga Until 7:17AM Sun Then Routine Work - Marana Yoga							

3	Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Ekadashyam Titau				Des Moines, IA
	Makara Rasi: 22.41	Tithi 26	Gulika 3:28PM – 5:02PM Yama 12:18PM – 1:53PM 192383468 Rahu 5:02PM – 6:37PM	Shravana Until 7:17AM Siddha Until 7:17AM Taitila Until 20:71AM Mon Ekadashi* Until 6:36PM	Ganesha: Orange <i>Sunrise:</i> 5:59AM Muruga: Yellow <i>Sunset:</i> 6:37PM Nataraja: Purple Moon – Purple Phalguna•Panguni	Sun 10 Sutra 350 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Sivaloka Day
Creative Work Amrita Yoga Until 7:17AM Then Routine Work - Marana Yoga							

4	Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Des Moines, IA
	Kumbha Rasi: 4.29	Tithi 27	Gulika 1:53PM – 3:28PM Yama 10:43AM – 12:18PM 192483468 Rahu 7:34AM – 9:09AM	Dhanishtha Until 10:25AM Sadhya Until 8:47AM Kaulava Until 10:23AM Tue Dvadashi* Until 8:47AM Mon	Ganesha: Green <i>Sunrise:</i> 5:59AM Muruga: Yellow <i>Sunset:</i> 6:37PM Nataraja: Purple Moon – Purple Phalguna•Panguni	Sun 11 Sutra 351 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Subha Sivaloka Day
Family Home Evening Creative Work Siddha Yoga							

5	Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Trayodashyam Titau				Des Moines, IA
	Kumbha Rasi: 16.2	Tithi 28	Gulika 12:18PM – 1:53PM Yama 9:08AM – 10:43AM 192483468 Rahu 3:28PM – 5:03PM	Shatabhishak Until 1:22AM Thu Wed Subha Until 1:10PM Gara Until 10:23AM Trayodashi* Until 11:28PM	Ganesha: Green <i>Sunrise:</i> 5:57AM Muruga: Yellow <i>Sunset:</i> 6:38PM Nataraja: Purple Moon – Purple Phalguna•Panguni	Sun 12 Sutra 352 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Subha Sivaloka Day
Routine Work Marana Yoga <i>Pradosha Vrata (Fasting)</i>							

6	Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti* Karana Chaturdashyam Titau				Des Moines, IA
	Kumbha Rasi: 28.2	Tithi 29	Gulika 10:42AM – 12:17PM Yama 7:31AM – 9:07AM 112483468 Rahu 12:17PM – 1:53PM	Shatabhishak Until 1:22AM Thu Sukla Until 10:36AM Thu Visti Until 12:30PM Chaturdashi* Until 1:22AM Thu	Ganesha: Orange <i>Sunrise:</i> 5:56AM Muruga: Yellow <i>Sunset:</i> 6:39PM Nataraja: Purple Moon – Clear Phalguna•Panguni	Sun 13 Sutra 353 Vilamba 5120 Moon 3 - Phase 48 2nd Phase	Sivaloka Day
Creative Work Amrita Yoga Until 1:22AM Thu Then Creative Work - Siddha Yoga							

	Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA
	Meena Rasi: 10.28	Tithi 30	Gulika 9:06AM – 10:41AM Yama 5:54AM – 7:30AM 112483468 Rahu 1:53PM – 3:29PM	Uttaraproshtapada Until 3:54AM Sat F Brahma Until 10:36AM Catuspada Until 14:87AM Fri Amavasya* Until 10:36AM Thu	Ganesha: Orange <i>Sunrise:</i> 5:54AM Muruga: Yellow <i>Sunset:</i> 6:40PM Nataraja: Purple Moon – Clear Phalguna•Panguni	Sun 14 Sutra 354 Vilamba 5120 Moon 3 - Phase 48 Amavasya	Sivaloka Day
Creative Work Siddha Yoga							

7	Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA
	Meena Rasi: 22.47	Tithi 1	Gulika 7:28AM – 9:05AM Yama 3:29PM – 5:05PM 113483468 Rahu 10:41AM – 12:17PM	Uttaraproshtapada Until 3:54AM Sat Indra Until 9:75AM Sat Kintughna Until 3:27PM Prathama* Until 3:54AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 5:52AM Muruga: Yellow <i>Sunset:</i> 6:41PM Nataraja: Purple Moon – Clear Chaitra•Panguni	Sun 15 Sutra 355 Vilamba 5120 Moon 3 - Phase 48 Prathama	Devaloka Day
Creative Work Siddha Yoga Yugadhi							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Saturday, April 6, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava Karana Dvitiyayam Titau		Des Moines, IA Sun 16 Sutra 356 Vilamba 5120	
Mesha Rasi: 5.17	Tithi 2	Gulika 5:51AM – 7:27AM	Ashvini Until 9:13PM	Ganesh: Purple	<i>Sunrise:</i> 5:51AM				
		Yama 1:53PM – 3:29PM	Vaidhriti* Until 10:15AM	Muruga: Yellow	<i>Sunset:</i> 6:42PM			Moon 3 - Phase 49	
		123483468 Rahu 9:04AM – 10:40AM	Balava Until 4:17PM	Nataraja: Purple				3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 4:31AM Sun	Moon – White				Devaloka Day	
		Chellappaswami Mahasamadhi		Chaitra•Panguni					

2		Sunday, April 7, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau		Des Moines, IA Sun 17 Sutra 357 Vilamba 5120	
Mesha Rasi: 17.59	Tithi 3	Gulika 3:30PM – 5:07PM	Bharani Until 10:12PM	Ganesh: Purple	<i>Sunrise:</i> 5:49AM				
		Yama 12:16PM – 1:53PM	Vishkambha* Until 9:36AM	Muruga: Yellow	<i>Sunset:</i> 6:43PM			Moon 3 - Phase 49	
		123483468 Rahu 5:07PM – 6:43PM	Tailila Until 4:42PM	Nataraja: Purple				3rd Phase	
Routine Work	Prabalarishta Yoga		Tritiya Until 4:45AM Mon	Moon – White				Devaloka Day	
Until 10:12PM				Chaitra•Panguni					
Then Creative Work - Siddha Yoga									

3		Monday, April 8, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau		Des Moines, IA Sun 18 Sutra 358 Vilamba 5120	
Vrishabha Rasi: 0.52	Tithi 4	Gulika 1:53PM – 3:30PM	Krittika Until 4:07AM Wed Tue	Ganesh: Purple	<i>Sunrise:</i> 5:47AM				
Family Home Evening		Yama 10:39AM – 12:16PM	Priti Until 8:40AM	Muruga: Yellow	<i>Sunset:</i> 6:45PM			Moon 3 - Phase 49	
		123483468 Rahu 7:25AM – 9:02AM	Vanija Until 15:86AM Tue	Nataraja: Purple				3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 9:36AM	Moon – White				Devaloka Day	
Until 4:07AM Wed Tue				Chaitra•Panguni					
Then Creative Work - Amrita Yoga									

4		Tuesday, April 9, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Des Moines, IA Sun 19 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 13.55	Tithi 5	Gulika 12:16PM – 1:53PM	Krittika Until 4:07AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:46AM				
		Yama 9:01AM – 10:38AM	Ayushman Until 5:53AM Wed	Muruga: Yellow	<i>Sunset:</i> 6:46PM			Moon 3 - Phase 49	
		123483468 Rahu 3:31PM – 5:08PM	Bava Until 4:26PM	Nataraja: Purple				3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 4:07AM Wed	Moon – Yellow				Sivaloka Day	
Until 4:07AM Wed				Chaitra•Panguni					
Then Creative Work - Siddha Yoga									

5		Wednesday, April 10, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Kaulava Karana Shashthyam Titau		Des Moines, IA Sun 20 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 27.11	Tithi 6	Gulika 10:38AM – 12:15PM	Mrigashira Until 1:56AM Fri Thu	Ganesh: Clear	<i>Sunrise:</i> 5:44AM				
		Yama 7:22AM – 9:00AM	Sobhana Until 4:04AM Thu	Muruga: Yellow	<i>Sunset:</i> 6:47PM			Moon 3 - Phase 49	
		123483468 Rahu 12:15PM – 1:53PM	Kaulava Until 3:44PM	Nataraja: Purple				3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:14AM Thu	Moon – Yellow				Sivaloka Day	
				Chaitra•Panguni					

6		Thursday, April 11, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Des Moines, IA Sun 21 Sutra 361 Vilamba 5120	
Mithuna Rasi: 10.38	Tithi 7	Gulika 8:59AM – 10:37AM	Mrigashira Until 1:56AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:42AM				
		Yama 5:42AM – 7:21AM	Athiganda* Until 10:16PM	Muruga: Yellow	<i>Sunset:</i> 6:48PM			Moon 3 - Phase 49	
		123483468 Rahu 1:53PM – 3:31PM	Gara Until 2:39PM	Nataraja: Purple				3rd Phase	
Routine Work	Marana Yoga		Saptami Until 1:56AM Fri	Moon – Yellow				Sivaloka Day	
Until 1:56AM Fri				Chaitra•Panguni					
Then Creative Work - Siddha Yoga									

Retreat Star		Friday, April 12, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Des Moines, IA Sun 22 Sutra 362 Vilamba 5120	
Mithuna Rasi: 24.2	Tithi 8	Gulika 7:19AM – 8:58AM	Ardra Until 12:13AM Sat	Ganesh: White	<i>Sunrise:</i> 5:41AM				
		Yama 3:32PM – 5:10PM	Sukarma Until 9:29PM	Muruga: Yellow	<i>Sunset:</i> 6:49PM			Moon 3 - Phase 49	
		143483468 Rahu 10:36AM – 12:15PM	Visti Until 1:08PM	Nataraja: Purple				Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 12:13AM Sat	Moon – Blue				Devaloka Day	
				Chaitra•Panguni					

Retreat Star		Saturday, April 13, 2019				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Des Moines, IA Sun 23 Sutra 363 Vilamba 5120	
Kataka Rasi: 8.18	Tithi 9	Gulika 5:39AM – 7:18AM	Pushya Until 7:37PM Sun	Ganesh: White	<i>Sunrise:</i> 5:39AM				
		Yama 1:53PM – 3:32PM	Dhriti Until 8:35PM	Muruga: Yellow	<i>Sunset:</i> 6:50PM			Moon 3 - Phase 49	
		143483468 Rahu 8:57AM – 10:36AM	Balava Until 11:13AM	Nataraja: Purple				Navami	
Creative Work	Siddha Yoga		Navami* Until 10:06PM	Moon – Blue				Devaloka Day	
Until 7:37PM Sun		Sri Rama Navami		Chaitra•Panguni					
Then Routine Work - Marana Yoga									

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 22.31	Tithi 10	Gulika 3:33PM – 5:12PM	Pushya Until 7:37PM	Ganesh: Clear	<i>Sunrise:</i> 5:38AM	
		Yama 12:14PM – 1:54PM	Shula* Until 13:65AM Mon	Muruga: Yellow	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 1
		243483468 Rahu 5:12PM – 6:51PM	Taitila Until 8:55AM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dashami Until 7:37PM	Moon – Blue		Sivaloka Day
Until 7:37PM		Tamil New Year		Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Balava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 6.58	Tithi 11 – 12	Gulika 1:54PM – 3:33PM	Magha* Until 4:27PM	Ganesh: White	<i>Sunrise:</i> 5:36AM	
Family Home Evening		Yama 10:35AM – 12:14PM	Ganda* Until 4:27PM	Muruga: Yellow	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 1
		253483468 Rahu 7:16AM – 8:55AM	Vanija Until 2:83AM Tue	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Ekadashi Until 13:65AM Mon	Moon – Red		Devaloka Day
Until 4:27PM				Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 21.35	Tithi 12 – 13	Gulika 12:14PM – 1:54PM	Purvaphalguni Until 2:16PM	Ganesh: White	<i>Sunrise:</i> 5:35AM	
		Yama 8:54AM – 10:34AM	Vridhi Until 10:33AM	Muruga: Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 1
		253483468 Rahu 3:34PM – 5:13PM	Kaulava Until 12:22AM Wed	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 1:52PM	Moon – Red		Devaloka Day
Until 2:16PM				Chaitra•Chaitra		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 6.18	Tithi 13 – 14	Gulika 10:33AM – 12:14PM	Uttaraphalguni Until 11:53AM	Ganesh: White	<i>Sunrise:</i> 5:33AM	
		Yama 7:13AM – 8:53AM	Dhruva Until 6:56AM	Muruga: Yellow	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 1
		253483468 Rahu 12:14PM – 1:54PM	Gara Until 9:22PM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Trayodashi Until 10:50AM	Moon – Red		Devaloka Day
Until 11:53AM				Chaitra•Chaitra		
Then Routine Work - Marana Yoga						

○ Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA Sutra 4 Vikarin 5121
Copper Retreat Star		Gulika 8:52AM – 10:33AM	Hasta Until 2:49AM Sat Fri	Ganesh: Yellow	<i>Sunrise:</i> 5:31AM	
Kanya Rasi: 20.58	Tithi 14 – 15	Yama 5:31AM – 7:12AM	Harshana Until 11:59PM	Muruga: Yellow	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 1
		263483468 Rahu 1:54PM – 3:34PM	Visti Until 6:30PM	Nataraja: Purple		Purnima
Routine Work Marana Yoga			Chaturdashi* Until 7:53AM	Moon – Green		Sivaloka Day
Until 2:49AM Sat Fri		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sutra 5 Vikarin 5121
Silver Retreat Star		Gulika 7:11AM – 8:52AM	Hasta Until 2:49AM Sat	Ganesh: Yellow	<i>Sunrise:</i> 5:30AM	
Tula Rasi: 5.29	Tithi 16	Yama 3:35PM – 5:16PM	Vajra* Until 8:51PM	Muruga: Yellow	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 1
		263483468 Rahu 10:32AM – 12:13PM	Balava Until 13:51AM Sat	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 11:59PM	Moon – Green		Sivaloka Day
				Chaitra•Chaitra		