



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY
Sutra 16
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 3.38 Tihti 17
Creative Work Siddha Yoga

Gulika 11:51AM – 1:37PM
Yama 8:20AM – 10:06AM
Rahu 3:22PM – 5:08PM

Anuradha Until 7:05AM Wed
Varyan Until 10:48PM
Taitila Until 8:40AM
Dvitiya Until 9:09PM

Ganesha: Purple *Sunrise:* 4:49AM
Muruga: White *Sunset:* 6:53PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Albany, NY
Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 16.06 Tihti 18
Creative Work Siddha Yoga

Gulika 10:05AM – 11:51AM
Yama 6:34AM – 8:20AM
Rahu 11:51AM – 1:37PM

Anuradha Until 7:05AM
Parigha* Until 10:56PM
Vanija Until 9:49AM
Tritiya Until 10:34PM

Ganesha: Purple *Sunrise:* 4:48AM
Muruga: White *Sunset:* 6:54PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY
Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Vrischika Rasi: 28.19 Tihti 19
Routine Work Prabalarishta Yoga
Until 9:08AM
Then Creative Work - Siddha Yoga

Gulika 8:19AM – 10:05AM
Yama 4:47AM – 6:33AM
Rahu 1:37PM – 3:23PM

Jyeshtha* Until 9:08AM
Shiva Until 11:28PM
Bava Until 11:30AM
Chaturthi* Until 12:30AM Fri

Ganesha: Clear *Sunrise:* 4:47AM
Muruga: White *Sunset:* 6:55PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY
Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 10.21 Tihti 20
Creative Work Amrita Yoga
Until 11:59AM
Then Routine Work - Prabalarishta Yoga

Gulika 6:32AM – 8:18AM
Yama 3:24PM – 5:10PM
Rahu 10:04AM – 11:51AM

Mula* Until 11:59AM
Siddha Until 12:17AM Sat
Kaulava Until 1:39PM
Panchami Until 2:50AM Sat

Ganesha: White *Sunrise:* 4:45AM
Muruga: White *Sunset:* 6:56PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY
Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Dhanus Rasi: 22.14 Tihti 21
Creative Work Siddha Yoga
Until 2:59PM
Then Routine Work - Marana Yoga

Gulika 4:44AM – 6:31AM
Yama 1:37PM – 3:24PM
Rahu 8:17AM – 10:04AM

Purvashadha* Until 2:59PM
Sadhya Until 1:18AM Sun
Gara Until 4:07PM
Shashthi* Until 5:23AM Sun

Ganesha: White *Sunrise:* 4:44AM
Muruga: White *Sunset:* 6:58PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti* Karana Saptamyam Titau

Albany, NY
Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Makara Rasi: 4.02 Tihti 22
Creative Work Amrita Yoga

Gulika 3:25PM – 5:12PM
Yama 11:51AM – 1:38PM
Rahu 5:12PM – 6:59PM

Uttarashadha Until 5:55PM
Subha Until 2:22AM Mon
Visti Until 6:42PM
Saptami Until 7:56AM Mon

Ganesha: White *Sunrise:* 4:43AM
Muruga: White *Sunset:* 6:59PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY
Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Makara Rasi: 15.52 Tihti 22 – 23
Family Home Evening
Creative Work Amrita Yoga
Until 9:04PM
Then Creative Work - Siddha Yoga

Gulika 1:38PM – 3:25PM
Yama 10:03AM – 11:51AM
Rahu 6:29AM – 8:16AM

Shravana Until 9:04PM
Sukla Until 3:14AM Tue
Balava Until 9:08PM
Saptami Until 7:56AM

Ganesha: Yellow *Sunrise:* 4:42AM
Muruga: White *Sunset:* 7:00PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY
Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Navami

Makara Rasi: 27.46 Tihti 23 – 24
Creative Work Siddha Yoga
Until 11:40PM
Then Routine Work - Marana Yoga

Gulika 11:51AM – 1:38PM
Yama 8:15AM – 10:03AM
Rahu 3:26PM – 5:13PM

Dhanishtha Until 11:40PM
Brahma Until 3:46AM Wed
Taitila Until 11:10PM
Ashtami* Until 10:12AM

Ganesha: Yellow *Sunrise:* 4:40AM
Muruga: White *Sunset:* 7:01PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1		Wednesday, May 9, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY	
Kumbha Rasi: 9.52		Tithi 24 – 25		Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 24	
Creative Work		Siddha Yoga		294832369 Gulika 10:03AM – 11:51AM		Shatabhishak Until 1:30AM Thu		Vilamba 5120	
				Yama 6:27AM – 8:15AM		Indra Until 3:49AM Thu		Moon 4 - Phase 4	
				294832369 Rahu 11:51AM – 1:38PM		Vanija Until 12:35AM Thu		2nd Phase	
						Navami* Until 11:57AM		Bhuloka Day	
						Ganesh: Yellow Sunrise: 4:39AM		Devaloka Time: 9:AM to12:PM	
						Muruga: White Sunset: 7:02PM			
						Nataraja: Purple			
						Moon – Purple			
						Vaisaka-Chaitra			

2		Thursday, May 10, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY	
Kumbha Rasi: 22.15		Tithi 25 – 26		Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 25	
Creative Work		Siddha Yoga		214832369 Gulika 8:14AM – 10:02AM		Purvaproshtapada* Until 2:55AM Fri		Vilamba 5120	
				Yama 4:38AM – 6:26AM		Vaidhriti* Until 3:14AM Fri		Moon 4 - Phase 4	
				214832369 Rahu 1:39PM – 3:27PM		Bava Until 1:14AM Fri		2nd Phase	
						Dashami Until 1:00PM		Bhuloka Day	
						Ganesh: Yellow Sunrise: 4:38AM		Devaloka Time: 9:AM to12:PM	
						Muruga: White Sunset: 7:03PM			
						Nataraja: Purple			
						Moon – Clear			
						Vaisaka-Chaitra			

3		Friday, May 11, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY	
Meena Rasi: 4.59		Tithi 26 – 27		Uttaraproshtapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 26	
Creative Work		Siddha Yoga		214932369 Gulika 6:25AM – 8:14AM		Uttaraproshtapada Until 3:22AM Sat		Vilamba 5120	
Until 3:22AM Sat				Yama 3:27PM – 5:16PM		Vishkambha* Until 2:01AM Sat		Moon 4 - Phase 4	
Then Routine Work - Prabalarishta Yoga				214932369 Rahu 10:02AM – 11:50AM		Kaulava Until 1:03AM Sat		2nd Phase	
						Ekadashi* Until 1:14PM		Bhuloka Day	
						Ganesh: Blue Sunrise: 4:37AM		Devaloka Time: 9:AM to12:PM	
						Muruga: White Sunset: 7:04PM			
						Nataraja: Purple			
						Moon – Clear			
						Vaisaka-Chaitra			

4		Saturday, May 12, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Meena Rasi: 18.07		Tithi 27 – 28		Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 27	
Routine Work		Prabalarishta Yoga		214932369 Gulika 4:36AM – 6:24AM		Revati Until 2:53AM Sun		Vilamba 5120	
Until 2:53AM Sun				Yama 1:39PM – 3:28PM		Priti Until 12:10AM Sun		Moon 4 - Phase 4	
Then Creative Work - Siddha Yoga				214932369 Rahu 8:13AM – 10:02AM		Gara Until 12:05AM Sun		2nd Phase	
						Dvadashi* Until 12:39PM		Bhuloka Day	
						Ganesh: Blue Sunrise: 4:36AM		Devaloka Time: 9:AM to12:PM	
						Muruga: White Sunset: 7:05PM			
						Nataraja: Purple			
						Moon – Clear			
						Vaisaka-Chaitra			
						<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, May 13, 2018				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Mesha Rasi: 1.41		Tithi 28 – 29		Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 28	
Creative Work		Siddha Yoga		224932369 Gulika 3:28PM – 5:17PM		Ashvini Until 2:01AM Mon		Vilamba 5120	
				Yama 11:50AM – 1:39PM		Ayushman Until 9:45PM		Moon 4 - Phase 4	
				224932369 Rahu 5:17PM – 7:06PM		Visti Until 10:24PM		2nd Phase	
						Trayodashi* Until 11:18AM		Bhuloka Day	
						Ganesh: Blue Sunrise: 4:35AM		Devaloka Time: 9:AM to12:PM	
						Muruga: White Sunset: 7:06PM			
						Nataraja: Purple			
						Moon – White			
						Vaisaka-Chaitra			
						Mother's Day			

Monday, May 14, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
Mesha Rasi: 15.4		Tithi 29 – 30		Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 29	
Family Home Evening				224932369 Gulika 1:40PM – 3:29PM		Bharani Until 12:28AM Tue		Vilamba 5120	
Creative Work		Siddha Yoga		Yama 10:01AM – 11:50AM		Saubhagya Until 6:51PM		Moon 4 - Phase 4	
				224932369 Rahu 6:23AM – 8:12AM		Catuspada Until 8:09PM		Amavasya	
						Chaturdashi* Until 9:20AM		Bhuloka Day	
						Ganesh: Blue Sunrise: 4:34AM		Devaloka Time: 9:AM to12:PM	
						Muruga: White Sunset: 7:07PM			
						Nataraja: Purple			
						Moon – White			
						Vaisaka-Vaikasi			

Tuesday, May 15, 2018		Retreat Star				Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Albany, NY	
Mesha Rasi: 29.59		Tithi 30 – 1		Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 30	
Creative Work		Siddha Yoga		225932369 Gulika 11:50AM – 1:40PM		Krittika Until 10:22PM		Vilamba 5120	
Until 10:22PM				Yama 8:11AM – 10:01AM		Sobhana Until 3:37PM		Moon 4 - Phase 4	
Then Creative Work - Amrita Yoga				225932369 Rahu 3:29PM – 5:19PM		Bava Until 4:01AM Wed		Prathama	
						Amavasya* Until 6:51AM		Bhuloka Day	
						Ganesh: Red Sunrise: 4:32AM		Devaloka Time: 9:AM to12:PM	
						Muruga: White Sunset: 7:08PM			
						Nataraja: Purple			
						Moon – White			
						Jyeshtha Adhika-Vaikasi			

1	Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sun 15
	Vrishabha Rasi: 14.33	Tithi 2	Gulika 10:01AM – 11:50AM	Rohini Until 8:20PM	Ganesh: Yellow <i>Sunrise:</i> 4:31AM	Muruga: White <i>Sunset:</i> 7:09PM	Sutra 31 Vilamba 5120 Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 6:21AM – 8:11AM	Athiganda* Until 12:08PM	Nataraja: Purple	Moon – Yellow	Bhuloka Day Devaloka Time: 9:AM to12:PM
			235932369 Rahu 11:50AM – 1:40PM	Balava Until 2:33PM			

2	Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau				Albany, NY Sun 16
	Vrishabha Rasi: 29.15	Tithi 3	Gulika 8:10AM – 10:00AM	Mrigashira Until 6:05PM	Ganesh: Yellow <i>Sunrise:</i> 4:30AM	Muruga: White <i>Sunset:</i> 7:10PM	Sutra 32 Vilamba 5120 Moon 4 - Phase 5 3rd Phase
	Routine Work	Marana Yoga	Yama 4:30AM – 6:20AM	Sukarma Until 8:34AM	Nataraja: Purple	Moon – Yellow	Bhuloka Day Devaloka Time: 9:AM to12:PM
			235932369 Rahu 1:40PM – 3:30PM	Tailila Until 8:29AM Fri			

3	Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Albany, NY Sun 17
	Mithuna Rasi: 13.57	Tithi 4	Gulika 6:20AM – 8:10AM	Ardra Until 3:46PM	Ganesh: Yellow <i>Sunrise:</i> 4:30AM	Muruga: White <i>Sunset:</i> 7:11PM	Sutra 33 Vilamba 5120 Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 3:31PM – 5:21PM	Shula* Until 1:32AM Sat	Nataraja: Purple	Moon – Yellow	Bhuloka Day Devaloka Time: 9:AM to12:PM
			235932369 Rahu 10:00AM – 11:50AM	Vanija Until 8:29AM			

4	Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Albany, NY Sun 18
	Mithuna Rasi: 28.33	Tithi 5 – 6	Gulika 4:29AM – 6:19AM	Punarvasu Until 1:55PM	Ganesh: White <i>Sunrise:</i> 4:29AM	Muruga: White <i>Sunset:</i> 7:12PM	Sutra 34 Vilamba 5120 Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 1:41PM – 3:31PM	Ganda* Until 10:16PM	Nataraja: Purple	Moon – Blue	Devaloka Day
			245932369 Rahu 8:10AM – 10:00AM	Kaulava Until 3:00AM Sun			

5	Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 19
	Kataka Rasi: 12.58	Tithi 6 – 7	Gulika 3:32PM – 5:23PM	Pushya Until 12:13PM	Ganesh: White <i>Sunrise:</i> 4:28AM	Muruga: White <i>Sunset:</i> 7:13PM	Sutra 35 Vilamba 5120 Moon 4 - Phase 5 3rd Phase
	Creative Work	Siddha Yoga	Yama 11:51AM – 1:41PM	Vriddhi Until 7:17PM	Nataraja: Purple	Moon – Blue	Devaloka Day
			245932369 Rahu 5:23PM – 7:13PM	Gara Until 12:43AM Mon			

D	Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau				Albany, NY Sun 20
	Retreat Star		Gulika 1:42PM – 3:32PM	Ashlesha* Until 10:44AM	Ganesh: White <i>Sunrise:</i> 4:27AM	Muruga: White <i>Sunset:</i> 7:14PM	Sutra 36 Vilamba 5120 Moon 4 - Phase 5 Ashtami
	Kataka Rasi: 27.08	Tithi 7 – 8	Yama 10:00AM – 11:51AM	Dhruva Until 4:35PM	Nataraja: Purple	Moon – Blue	Devaloka Day
	Family Home Evening	Creative Work	Siddha Yoga	Visti Until 10:49PM			

D	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 21
	Retreat Star		Gulika 11:51AM – 1:42PM	Magha* Until 9:55AM	Ganesh: Clear <i>Sunrise:</i> 4:26AM	Muruga: White <i>Sunset:</i> 7:15PM	Sutra 37 Vilamba 5120 Moon 4 - Phase 5 Navami
	Simha Rasi: 11.04	Tithi 8 – 9	Yama 8:08AM – 10:00AM	Vyaghata* Until 2:13PM	Nataraja: Purple	Moon – Red	Bhuloka Day
	Creative Work	Siddha Yoga	255932369 Rahu 3:33PM – 5:24PM	Balava Until 9:19PM			Devaloka Time: 9:AM to12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Albany, NY Sun 22 Sutra 38 Vilamba 5120
Simha Rasi: 24.45	Tithi 9 – 10	Gulika 9:59AM – 11:51AM	Purvaphalguni Until 9:23AM	Ganesh: Clear	<i>Sunrise:</i> 4:25AM	
		Yama 6:17AM – 8:08AM	Harshana Until 12:12PM	Muruga: White	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 6
		255932369 Rahu 11:51AM – 1:42PM	Tailita Until 8:13PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Navami* Until 8:42AM	Moon – Red		Bhuloka Day
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	

2 Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sun 23 Sutra 39 Vilamba 5120
Kanya Rasi: 8.12	Tithi 10 – 11	Gulika 8:08AM – 9:59AM	Uttaraphalguni Until 9:05AM	Ganesh: Clear	<i>Sunrise:</i> 4:24AM	
		Yama 4:24AM – 6:16AM	Vajra* Until 10:28AM	Muruga: White	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 6
		255932369 Rahu 1:42PM – 3:34PM	Vanija Until 7:31PM	Nataraja: Purple		4th Phase
	Amrita Yoga		Dashami Until 7:48AM	Moon – Red		Bhuloka Day
Until 9:05AM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

3 Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 24 Sutra 40 Vilamba 5120
Kanya Rasi: 21.26	Tithi 11 – 12	Gulika 6:16AM – 8:07AM	Hasta Until 9:28AM	Ganesh: Purple	<i>Sunrise:</i> 4:24AM	
		Yama 3:34PM – 5:26PM	Siddhi Until 9:04AM	Muruga: White	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 6
		366932369 Rahu 9:59AM – 11:51AM	Bava Until 7:12PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 7:18AM	Moon – Green		Bhuloka Day
Until 9:28AM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

4 Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manu Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 25 Sutra 41 Vilamba 5120
Tula Rasi: 4.28	Tithi 12 – 13	Gulika 4:23AM – 6:15AM	Chitra Until 10:05AM	Ganesh: Purple	<i>Sunrise:</i> 4:23AM	
		Yama 1:43PM – 3:35PM	Vyatipata* Until 7:59AM	Muruga: White	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 6
		366932369 Rahu 8:07AM – 9:59AM	Kaulava Until 7:17PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 7:11AM	Moon – Green		Bhuloka Day
Until 10:05AM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Siddha Yoga						

Pradosha Vrata

5 Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 26 Sutra 42 Vilamba 5120
Tula Rasi: 17.17	Tithi 13 – 14	Gulika 3:35PM – 5:28PM	Svati Until 10:56AM	Ganesh: Purple	<i>Sunrise:</i> 4:22AM	
		Yama 11:51AM – 1:43PM	Variyan Until 7:11AM	Muruga: White	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 6
		366932369 Rahu 5:28PM – 7:20PM	Gara Until 7:46PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:27AM	Moon – Green		Bhuloka Day
Until 10:56AM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga		Vaikasi Visakam				

Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sun 27 Sutra 43 Vilamba 5120
Copper Retreat Star		Gulika 1:44PM – 3:36PM	Vishakha Until 12:30PM	Ganesh: Clear	<i>Sunrise:</i> 4:22AM	
Tula Rasi: 29.56	Tithi 14 – 15	Yama 9:59AM – 11:51AM	Parigha* Until 6:44AM	Muruga: White	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 6
Family Home Evening		376932369 Rahu 6:14AM – 8:06AM	Visi Until 8:41PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 8:09AM	Moon – Orange		Bhuloka Day
Until 12:30PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 28 Sutra 44 Vilamba 5120
Silver Retreat Star		Gulika 11:51AM – 1:44PM	Anuradha Until 2:22PM	Ganesh: Clear	<i>Sunrise:</i> 4:21AM	
Vrischika Rasi: 12.22	Tithi 15 – 16	Yama 8:06AM – 9:59AM	Shiva Until 6:39AM	Muruga: White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 6
		376932369 Rahu 3:36PM – 5:29PM	Balava Until 10:03PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 9:17AM	Moon – Orange		Bhuloka Day
Until 2:22PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 45

Vilamba 5120

Vrischika Rasi: 24.37 Tihi 16 - 17

Gulika 9:59AM - 11:51AM
Yama 6:13AM - 8:06AM
Rahu 11:51AM - 1:44PM

Jyeshtha* Until 4:29PM
Siddha Until 6:53AM
Taitila Until 11:51PM
Prathama* Until 10:52AM

Ganesh: Clear Sunrise: 4:21AM
Muruga: White Sunset: 7:22PM
Nataraja: Purple
Moon - Orange
Jyeshtha Adhika-Vaikasi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 4:29PM
Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sun 1

Sutra 46

Vilamba 5120

Dhanus Rasi: 6.41 Tihi 17 - 18

Gulika 8:06AM - 9:59AM
Yama 4:20AM - 6:13AM
Rahu 1:44PM - 3:37PM

Mula* Until 7:19PM
Sadhya Until 7:27AM
Vanija Until 1:62AM Fri
Dvitiya Until 6:53AM

Ganesh: White Sunrise: 4:20AM
Muruga: White Sunset: 7:23PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Creative Work Siddha Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sun 2

Sutra 47

Vilamba 5120

Dhanus Rasi: 18.37 Tihi 18 - 19

Gulika 6:13AM - 8:06AM
Yama 3:38PM - 5:31PM
Rahu 9:59AM - 11:52AM

Purvashadha* Until 10:17PM
Subha Until 8:18AM
Bava Until 4:30AM Sat
Tritiya Until 3:13PM

Ganesh: Yellow Sunrise: 4:20AM
Muruga: White Sunset: 7:24PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY

Sun 3

Sutra 48

Vilamba 5120

Makara Rasi: 0.27 Tihi 19 - 20

Gulika 4:19AM - 6:12AM
Yama 1:45PM - 3:38PM
Rahu 8:05AM - 9:59AM

Uttarashadha Until 1:15AM Sun
Sukla Until 9:20AM
Kaulava Until 7:06AM Sun
Chaturthi* Until 5:47PM

Ganesh: Yellow Sunrise: 4:19AM
Muruga: White Sunset: 7:25PM
Nataraja: Purple
Moon - Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga
Until 1:15AM Sun
Then Creative Work - Amrita Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY

Sun 4

Sutra 49

Vilamba 5120

Makara Rasi: 12.14 Tihi 20

Gulika 3:39PM - 5:32PM
Yama 11:52AM - 1:45PM
Rahu 5:32PM - 7:25PM

Shravana Until 4:32AM Mon
Brahma Until 10:27AM
Kaulava Until 7:06AM
Panchami Until 8:22PM

Ganesh: Blue Sunrise: 4:19AM
Muruga: White Sunset: 7:25PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Amrita Yoga
Until 4:32AM Mon
Then Creative Work - Siddha Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sun 5

Sutra 50

Vilamba 5120

Makara Rasi: 24.02 Tihi 21

Gulika 1:46PM - 3:39PM
Yama 9:59AM - 11:52AM
Rahu 6:12AM - 8:05AM

Dhanishtha Until 7:25AM Tue
Indra Until 11:30AM
Gara Until 9:37AM
Shashthi* Until 10:46PM

Ganesh: Blue Sunrise: 4:18AM
Muruga: White Sunset: 7:26PM
Nataraja: Purple
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 7:25AM Tue
Then Routine Work - Marana Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY

Sun 6

Sutra 51

Vilamba 5120

Kumbha Rasi: 5.57 Tihi 22

Gulika 11:52AM - 1:46PM
Yama 8:05AM - 9:59AM
Rahu 3:40PM - 5:33PM

Dhanishtha Until 7:25AM
Vaidhriti* Until 12:17PM
Visti Until 11:51AM
Saptami Until 12:45AM Wed

Ganesh: Purple Sunrise: 4:18AM
Muruga: White Sunset: 7:27PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 7:25AM
Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosnthapada* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sun 7

Sutra 52

Vilamba 5120

Kumbha Rasi: 18.02 Tihi 23

Gulika 9:59AM - 11:53AM
Yama 6:11AM - 8:05AM
Rahu 11:53AM - 1:46PM

Shatabhishak Until 9:39AM
Vishkambha* Until 12:41PM
Balava Until 1:33PM
Ashtami* Until 2:08AM Thu

Ganesh: Purple Sunrise: 4:18AM
Muruga: White Sunset: 7:28PM
Nataraja: White
Moon - Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 9:39AM
Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sun 8

Sutra 53

Vilamba 5120

Meena Rasi: 0.25 Tihi 24

Gulika 8:05AM - 9:59AM
Yama 4:17AM - 6:11AM
Rahu 1:47PM - 3:40PM

Purvaprosnthapada* Until 11:33AM
Priti Until 12:33PM
Taitila Until 2:33PM
Navami* Until 2:44AM Fri

Ganesh: Blue Sunrise: 4:17AM
Muruga: White Sunset: 7:28PM
Nataraja: White
Moon - Clear
Jyeshtha Adhika-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Albany, NY Sun 9 Sutra 54 Vilamba 5120
Meena Rasi: 13.08	Tithi 25	Gulika 6:11AM – 8:05AM	Uttaraproshtapada Until 12:31PM	Ganesha: Red <i>Sunrise:</i> 4:17AM		
		Yama 3:41PM – 5:35PM	Ayushman Until 11:45AM	Muruga: White <i>Sunset:</i> 7:29PM		Moon 5 - Phase 8
Creative Work	Siddha Yoga	Rahu 9:59AM – 11:53AM	Vanija Until 2:44PM	Nataraja: White		2nd Phase
			Dashami Until 2:29AM Sat	Moon – Clear		
				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Albany, NY Sun 10 Sutra 55 Vilamba 5120
Meena Rasi: 26.16	Tithi 26	Gulika 4:17AM – 6:11AM	Revati Until 12:29PM	Ganesha: Red <i>Sunrise:</i> 4:17AM		
		Yama 1:47PM – 3:41PM	Saubhagya Until 10:18AM	Muruga: White <i>Sunset:</i> 7:29PM		Moon 5 - Phase 8
Routine Work	Prabalarishta Yoga	Rahu 8:05AM – 9:59AM	Bava Until 2:04PM	Nataraja: White		2nd Phase
Until 12:29PM			Ekadashi* Until 1:25AM Sun	Moon – Clear		
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailita Karana Dvadashyam Titau				Albany, NY Sun 11 Sutra 56 Vilamba 5120
Mesha Rasi: 9.52	Tithi 27	Gulika 3:42PM – 5:36PM	Ashvini Until 11:58AM	Ganesha: Green <i>Sunrise:</i> 4:17AM		
		Yama 11:53AM – 1:47PM	Sobhana Until 8:13AM	Muruga: White <i>Sunset:</i> 7:30PM		Moon 5 - Phase 8
Creative Work	Siddha Yoga	Rahu 5:36PM – 7:30PM	Kaulava Until 12:36PM	Nataraja: White		2nd Phase
Until 11:58AM			Dvadashi* Until 11:34PM	Moon – White		
Then Routine Work - Prabalarishta Yoga				Jyeshtha Adhika-Vaikasi	Bhuloka Day	

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Albany, NY Sun 12 Sutra 57 Vilamba 5120
Mesha Rasi: 23.55	Tithi 28	Gulika 1:48PM – 3:42PM	Bharani Until 10:35AM	Ganesha: Green <i>Sunrise:</i> 4:16AM		
Family Home Evening		Yama 9:59AM – 11:53AM	Sukarma Until 2:18AM Tue	Muruga: White <i>Sunset:</i> 7:31PM		Moon 5 - Phase 8
Creative Work	Siddha Yoga	Rahu 6:11AM – 8:05AM	Gara Until 10:25AM	Nataraja: White		2nd Phase
Until 10:35AM			Trayodashi* Until 9:05PM	Moon – White		
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Bhuloka Day	
				<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Albany, NY Sun 13 Sutra 58 Vilamba 5120
Vrishabha Rasi: 8.23	Tithi 29	Gulika 11:54AM – 1:48PM	Krittika Until 8:29AM	Ganesha: Green <i>Sunrise:</i> 4:16AM		
		Yama 8:05AM – 9:59AM	Dhriti Until 10:43PM	Muruga: White <i>Sunset:</i> 7:31PM		Moon 5 - Phase 8
Creative Work	Siddha Yoga	Rahu 3:42PM – 5:37PM	Visti Until 7:40AM	Nataraja: White		2nd Phase
Until 8:29AM			Chaturdashi* Until 6:06PM	Moon – White		
Then Creative Work - Amrita Yoga				Jyeshtha Adhika-Vaikasi	Bhuloka Day	

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Albany, NY Sun 14 Sutra 59 Vilamba 5120
Retreat Star		Gulika 9:59AM – 11:54AM	Rohini Until 6:15AM	Ganesha: White <i>Sunrise:</i> 4:16AM		
Vrishabha Rasi: 23.1	Tithi 30 – 1	Yama 6:11AM – 8:05AM	Shula* Until 6:52PM	Muruga: White <i>Sunset:</i> 7:32PM		Moon 5 - Phase 8
Creative Work	Siddha Yoga	Rahu 11:54AM – 1:48PM	Kintughna Until 1:03AM Thu	Nataraja: White		Amavasya
			Amavasya* Until 2:47PM	Moon – Yellow		
				Jyeshtha Adhika-Vaikasi	Bhuloka Day	

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Albany, NY Sun 15 Sutra 60 Vilamba 5120
Retreat Star		Gulika 8:05AM – 10:00AM	Ardra Until 12:46AM Fri	Ganesha: Clear <i>Sunrise:</i> 4:16AM		
Mithuna Rasi: 8.09	Tithi 1 – 2	Yama 4:16AM – 6:11AM	Ganda* Until 2:53PM	Muruga: White <i>Sunset:</i> 7:32PM		Moon 5 - Phase 8
Routine Work	Marana Yoga	Rahu 1:49PM – 3:43PM	Balava Until 9:31PM	Nataraja: White		Prathama
Until 12:46AM Fri			Prathama* Until 11:16AM	Moon – Yellow		
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

1 Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Albany, NY Sun 16 Sutra 61 Vilamba 5120
Mithuna Rasi: 23.11	Tithi 2 – 3	Gulika 6:11AM – 8:05AM	Punarvasu Until 10:16PM	Ganesh: Orange <i>Sunrise:</i> 4:16AM	Moon 5 - Phase 9 3rd Phase	
		Yama 3:43PM – 5:38PM	Vriddhi Until 10:56AM	Muruga: White <i>Sunset:</i> 7:32PM		
		349132361 Rahu 10:00AM – 11:54AM	Taitila Until 6:02PM	Nataraja: White		
Creative Work	Siddha Yoga		Dvitiya Until 7:44AM	Moon – Blue	Bhuloka Day	
Until 10:16PM				Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga						

2 Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturtham Titau				Albany, NY Sun 17 Sutra 62 Vilamba 5120
Kataka Rasi: 8.07	Tithi 4	Gulika 4:16AM – 6:11AM	Pushya Until 7:51PM	Ganesh: Orange <i>Sunrise:</i> 4:16AM	Moon 5 - Phase 9 3rd Phase	
		Yama 1:49PM – 3:44PM	Dhruva Until 7:05AM	Muruga: White <i>Sunset:</i> 7:33PM		
		349132361 Rahu 8:05AM – 10:00AM	Vanija Until 2:44PM	Nataraja: White		
Creative Work	Siddha Yoga		Chaturthi* Until 1:11AM Sun	Moon – Blue	Bhuloka Day	
Until 7:51PM				Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga						

3 Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY Sun 18 Sutra 63 Vilamba 5120
Kataka Rasi: 22.51	Tithi 5	Gulika 3:44PM – 5:39PM	Ashlesha* Until 5:40PM	Ganesh: Orange <i>Sunrise:</i> 4:16AM	Moon 5 - Phase 9 3rd Phase	
		Yama 11:55AM – 1:49PM	Harshana Until 12:13AM Mon	Muruga: White <i>Sunset:</i> 7:33PM		
		349132361 Rahu 5:39PM – 7:33PM	Bava Until 11:46AM	Nataraja: White		
Creative Work	Siddha Yoga		Panchami Until 10:26PM	Moon – Blue	Bhuloka Day	
Until 5:40PM		Father's Day		Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga						

4 Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashtham Titau				Albany, NY Sun 19 Sutra 64 Vilamba 5120
Simha Rasi: 7.16	Tithi 6	Gulika 1:50PM – 3:44PM	Magha* Until 4:14PM	Ganesh: Green <i>Sunrise:</i> 4:16AM	Moon 5 - Phase 9 3rd Phase	
Family Home Evening		Yama 10:00AM – 11:55AM	Vajra* Until 9:20PM	Muruga: White <i>Sunset:</i> 7:33PM		
Routine Work	Marana Yoga	359132361 Rahu 6:11AM – 8:06AM	Kaulava Until 9:15AM	Nataraja: White		
Until 4:14PM			Shashthi* Until 8:09PM	Moon – Red	Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha•Ani		

5 Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY Sun 20 Sutra 65 Vilamba 5120
Simha Rasi: 21.21	Tithi 7	Gulika 11:55AM – 1:50PM	Purvaphalguni Until 3:12PM	Ganesh: Green <i>Sunrise:</i> 4:16AM	Moon 5 - Phase 9 3rd Phase	
		Yama 8:06AM – 10:00AM	Siddhi Until 6:55PM	Muruga: White <i>Sunset:</i> 7:34PM		
		359132361 Rahu 3:44PM – 5:39PM	Gara Until 7:15AM	Nataraja: White		
Creative Work	Siddha Yoga		Saptami Until 6:27PM	Moon – Red	Devaloka Day	
Until 3:12PM				Jyeshtha•Ani	Tour Day	
Then Creative Work - Amrita Yoga						

Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 21 Sutra 66 Vilamba 5120
Retreat Star		Gulika 10:01AM – 11:55AM	Uttaraphalguni Until 2:36PM	Ganesh: Green <i>Sunrise:</i> 4:17AM	Moon 5 - Phase 9 Ashtami	
Kanya Rasi: 5.04	Tithi 8 – 9	Yama 6:11AM – 8:06AM	Vyatipata* Until 5:01PM	Muruga: White <i>Sunset:</i> 7:34PM		
		359132361 Rahu 11:55AM – 1:50PM	Balava Until 5:00AM Thu	Nataraja: White		
Creative Work	Amrita Yoga		Ashtami* Until 5:19PM	Moon – Red	Devaloka Day	
Until 2:36PM		Chidambaram Abhishekam		Jyeshtha•Ani		
Then Routine Work - Marana Yoga						

Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY Sun 22 Sutra 67 Vilamba 5120
Retreat Star		Gulika 8:06AM – 10:01AM	Hasta Until 2:54PM	Ganesh: Red <i>Sunrise:</i> 4:17AM	Moon 5 - Phase 9 Navami	
Kanya Rasi: 18.27	Tithi 9 – 10	Yama 4:17AM – 6:11AM	Variyan Until 3:33PM	Muruga: White <i>Sunset:</i> 7:34PM		
		369132361 Rahu 1:50PM – 3:45PM	Taitila Until 4:45AM Fri	Nataraja: White		
Routine Work	Marana Yoga		Navami* Until 4:47PM	Moon – Green	Bhuloka Day	
Until 2:54PM				Jyeshtha•Ani	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sun 23 Sutra 68 Vilamba 5120
Tula Rasi: 1.31	Tithi 10 – 11	Gulika 6:12AM – 8:06AM	Chitra Until 3:35PM	Ganesh: Green	<i>Sunrise:</i> 4:17AM	
		Yama 3:45PM – 5:40PM	Parigha* Until 2:32PM	Muruga: White	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	361132361 Rahu 10:01AM – 11:56AM	Vanija Until 5:03AM Sat	Nataraja: White		4th Phase
			Dashami Until 4:49PM	Moon – Green		
				Jyeshtha-Ani		Bhuloka Day

2 Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 14.19	Tithi 11 – 12	Gulika 4:17AM – 6:12AM	Svati Until 4:38PM	Ganesh: Green	<i>Sunrise:</i> 4:17AM	
		Yama 1:51PM – 3:45PM	Shiva Until 1:58PM	Muruga: White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	361132361 Rahu 8:07AM – 10:01AM	Bava Until 5:50AM Sun	Nataraja: White		4th Phase
			Ekadashi Until 5:21PM	Moon – Green		
				Jyeshtha-Ani		Bhuloka Day

3 Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau				Albany, NY Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 26.52	Tithi 12	Gulika 3:45PM – 5:40PM	Vishakha Until 6:28PM	Ganesh: Red	<i>Sunrise:</i> 4:18AM	
		Yama 11:56AM – 1:51PM	Siddha Until 1:45PM	Muruga: Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
Routine Work	Marana Yoga	371142361 Rahu 5:40PM – 7:35PM	Balava Until 6:23PM	Nataraja: White		4th Phase
			Dvadashi Until 6:23PM	Moon – Orange		
				Jyeshtha-Ani		Devaloka Day

4 Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 9.14	Tithi 13	Gulika 1:51PM – 3:46PM	Anuradha Until 8:33PM	Ganesh: Red	<i>Sunrise:</i> 4:18AM	
Family Home Evening		Yama 10:02AM – 11:56AM	Sadhya Until 1:52PM	Muruga: Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
Creative Work	Siddha Yoga	371142361 Rahu 6:13AM – 8:07AM	Kaulava Until 7:05AM	Nataraja: White		4th Phase
			Trayodashi Until 7:50PM	Moon – Orange		
				Jyeshtha-Ani		Devaloka Day

Pradosha Vrata

5 Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 21.26	Tithi 14	Gulika 11:57AM – 1:51PM	Jyeshtha* Until 10:51PM	Ganesh: Red	<i>Sunrise:</i> 4:18AM	
		Yama 8:07AM – 10:02AM	Subha Until 2:20PM	Muruga: Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
Routine Work	Marana Yoga	371142361 Rahu 3:46PM – 5:40PM	Gara Until 8:44AM	Nataraja: White		4th Phase
Until 10:51PM			Chaturdashi* Until 9:40PM	Moon – Orange		
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		Devaloka Day

Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sutra 73 Vilamba 5120
Copper Retreat Star		Gulika 10:02AM – 11:57AM	Mula* Until 1:48AM Thu	Ganesh: Blue	<i>Sunrise:</i> 4:19AM	
Dhanus Rasi: 3.29	Tithi 15	Yama 6:13AM – 8:08AM	Sukla Until 3:01PM	Muruga: Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
		381142361 Rahu 11:57AM – 1:51PM	Visti Until 10:45AM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 11:51PM	Moon – Light Blue		
Until 1:48AM Thu				Jyeshtha-Ani		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 12:PM to 3:PM

Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sutra 74 Vilamba 5120
Silver Retreat Star		Gulika 8:08AM – 10:02AM	Purvashadha* Until 4:49AM Fri	Ganesh: Blue	<i>Sunrise:</i> 4:19AM	
Dhanus Rasi: 15.24	Tithi 16	Yama 4:19AM – 6:14AM	Brahma Until 3:57PM	Muruga: Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
		381142361 Rahu 1:51PM – 3:46PM	Balava Until 1:03PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:16AM Fri	Moon – Light Blue		
Until 4:49AM Fri				Jyeshtha-Ani		Bhuloka Day
Then Routine Work - Marana Yoga						Devaloka Time: 12:PM to 3:PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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Friday, June 29, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvitiyayam TitauAlbany, NY
Sun 1
Sutra 75
Vilamba 5120

Dhanus Rasi: 27.14 Tihti 17

381142361
Gulika 6:14AM – 8:08AM
Yama 3:46PM – 5:40PM
Rahu 10:03AM – 11:57AMUttarashadha Until 7:47AM Sat
Indra Until 5:02PM
Tailila Until 3:34PM
Dvitiya Until 4:51AM SatGanesha: Blue Sunrise: 4:19AM
Muruga: Clear Sunset: 7:35PM
Nataraja: White
Moon – Light Blue
Jyeshtha-AniMoon 6 - Phase 11
1st PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PMRoutine Work Marana Yoga
Until 7:47AM Sat
Then Creative Work - Siddha Yoga

Saturday, June 30, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Vanija Karana Tritiyayam TitauAlbany, NY
Sun 2
Sutra 76
Vilamba 5120

Makara Rasi: 9.02 Tihti 18

381242361
Gulika 4:20AM – 6:14AM
Yama 1:52PM – 3:46PM
Rahu 8:09AM – 10:03AMUttarashadha Until 7:47AM
Vaidhriti* Until 6:09PM
Vanija Until 6:10PM
Tritiya Until 7:26AM SunGanesha: Blue Sunrise: 4:20AM
Muruga: Clear Sunset: 7:35PM
Nataraja: White
Moon – Light Blue
Jyeshtha-AniMoon 6 - Phase 11
1st PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PMRoutine Work Marana Yoga
Until 7:47AM
Then Creative Work - Siddha Yoga

Sunday, July 1, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam TitauAlbany, NY
Sun 3
Sutra 77
Vilamba 5120

Makara Rasi: 20.49 Tihti 18 – 19

391242361
Gulika 3:46PM – 5:40PM
Yama 11:58AM – 1:52PM
Rahu 5:40PM – 7:35PMShravana Until 11:06AM
Vishkambha* Until 7:14PM
Bava Until 8:43PM
Tritiya Until 7:26AMGanesha: Red Sunrise: 4:20AM
Muruga: Clear Sunset: 7:35PM
Nataraja: White
Moon – Purple
Jyeshtha-AniMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 11:06AM
Then Routine Work - Marana Yoga

Monday, July 2, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam TitauAlbany, NY
Sun 4
Sutra 78
Vilamba 5120

Kumbha Rasi: 2.39 Tihti 19 – 20

Family Home Evening

392242361
Gulika 1:52PM – 3:46PM
Yama 10:04AM – 11:58AM
Rahu 6:15AM – 8:09AMDhanishtha Until 2:05PM
Priti Until 8:10PM
Kaulava Until 11:01PM
Chaturthi* Until 9:53AMGanesha: Yellow Sunrise: 4:21AM
Muruga: Clear Sunset: 7:34PM
Nataraja: White
Moon – Purple
Jyeshtha-AniMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Tuesday, July 3, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Tailila/Gara Karana Panchami/Shashthiyam TitauAlbany, NY
Sun 5
Sutra 79
Vilamba 5120

Kumbha Rasi: 14.35 Tihti 20 – 21

392242361
Gulika 11:58AM – 1:52PM
Yama 8:10AM – 10:04AM
Rahu 3:46PM – 5:40PMShatabhishak Until 4:34PM
Ayushman Until 8:46PM
Gara Until 12:55AM Wed
Panchami Until 12:00PMGanesha: Yellow Sunrise: 4:22AM
Muruga: Clear Sunset: 7:34PM
Nataraja: White
Moon – Purple
Jyeshtha-AniMoon 6 - Phase 11
1st Phase

Devaloka Day

Routine Work Marana Yoga

Wednesday, July 4, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam TitauAlbany, NY
Sun 6
Sutra 80
Vilamba 5120

Kumbha Rasi: 26.43 Tihti 21 – 22

312242361
Gulika 10:04AM – 11:58AM
Yama 6:16AM – 8:10AM
Rahu 11:58AM – 1:52PMPurvaproshtapada* Until 6:53PM
Saubhagya Until 8:58PM
Visti Until 2:15AM Thu
Shashthi* Until 1:38PMGanesha: Orange Sunrise: 4:22AM
Muruga: Clear Sunset: 7:34PM
Nataraja: White
Moon – Clear
Jyeshtha-AniMoon 6 - Phase 11
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 6:53PM
Then Creative Work - Siddha Yoga

Thursday, July 5, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam TitauAlbany, NY
Sun 7
Sutra 81
Vilamba 5120

Meena Rasi: 9.05 Tihti 22 – 23

312242361
Gulika 8:10AM – 10:04AM
Yama 4:23AM – 6:17AM
Rahu 1:52PM – 3:46PMUttaraproshtapada Until 8:23PM
Sobhana Until 8:39PM
Balava Until 2:53AM Fri
Saptami Until 2:38PMGanesha: Orange Sunrise: 4:23AM
Muruga: Clear Sunset: 7:34PM
Nataraja: White
Moon – Clear
Jyeshtha-AniMoon 6 - Phase 11
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Ashtami/Navamyam TitauAlbany, NY
Sun 8
Sutra 82
Vilamba 5120

Meena Rasi: 21.47 Tihti 23 – 24

412242361
Gulika 6:17AM – 8:11AM
Yama 3:46PM – 5:40PM
Rahu 10:05AM – 11:58AMRevati Until 8:59PM
Athiganda* Until 7:43PM
Tailila Until 2:44AM Sat
Ashtami* Until 2:54PMGanesha: Green Sunrise: 4:23AM
Muruga: Clear Sunset: 7:33PM
Nataraja: White
Moon – Clear
Jyeshtha-AniMoon 6 - Phase 11
NavamiBhuloka Day
Devaloka Time: 12:PM to 3:PMCreative Work Siddha Yoga
Until 8:59PM
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Saturday, July 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam				Albany, NY
Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau						Sun 9 Sutra 83
Mesha Rasi: 4.52	Tithi 24 – 25	Gulika 4:24AM – 6:18AM	Ashvini Until 9:07PM	Ganesh: Orange <i>Sunrise: 4:24AM</i>	Vilamba 5120	
		Yama 1:52PM – 3:46PM	Sukarma Until 6:09PM	Muruga: Clear <i>Sunset: 7:33PM</i>	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	422242361 Rahu 8:11AM – 10:05AM	Vanija Until 1:48AM Sun	Nataraja: White	2nd Phase	
			Navami* Until 2:21PM	Moon – White	Devaloka Day	
				Jyeshtha*Ani		

2 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Albany, NY
Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau						Sun 10 Sutra 84
Mesha Rasi: 18.23	Tithi 25 – 26	Gulika 3:46PM – 5:39PM	Bharani Until 8:18PM	Ganesh: Orange <i>Sunrise: 4:25AM</i>	Vilamba 5120	
		Yama 11:59AM – 1:52PM	Dhriti Until 3:58PM	Muruga: Clear <i>Sunset: 7:33PM</i>	Moon 6 - Phase 12	
Routine Work	Prabalarishta Yoga	422242361 Rahu 5:39PM – 7:33PM	Bava Until 12:05AM Mon	Nataraja: White	2nd Phase	
Until 8:18PM			Dashami Until 1:01PM	Moon – White	Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Ani		

3 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Albany, NY
Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau						Sun 11 Sutra 85
Vrishabha Rasi: 2.21	Tithi 26 – 27	Gulika 1:52PM – 3:46PM	Krittika Until 6:40PM	Ganesh: Orange <i>Sunrise: 4:25AM</i>	Vilamba 5120	
Family Home Evening		Yama 10:05AM – 11:59AM	Shula* Until 1:10PM	Muruga: Clear <i>Sunset: 7:32PM</i>	Moon 6 - Phase 12	
Routine Work	Marana Yoga	422242361 Rahu 6:19AM – 8:12AM	Kaulava Until 9:41PM	Nataraja: White	2nd Phase	
Until 6:40PM			Ekadashi* Until 10:57AM	Moon – White	Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha*Ani		

4 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam				Albany, NY
Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau						Sun 12 Sutra 86
Vrishabha Rasi: 16.46	Tithi 27 – 28	Gulika 11:59AM – 1:52PM	Rohini Until 4:44PM	Ganesh: Light Blue <i>Sunrise: 4:26AM</i>	Vilamba 5120	
		Yama 8:13AM – 10:06AM	Ganda* Until 9:52AM	Muruga: Clear <i>Sunset: 7:32PM</i>	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	422242361 Rahu 3:45PM – 5:39PM	Gara Until 6:44PM	Nataraja: White	2nd Phase	
Until 4:44PM			Dvadashi* Until 8:15AM	Moon – Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha*Ani	Devaloka Time: 12:PM to 3:PM	
			<i>Pradosha Vrata (Fasting)</i>			

5 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Albany, NY
Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau						Sun 13 Sutra 87
Mithuna Rasi: 1.32	Tithi 29	Gulika 10:06AM – 11:59AM	Mrigashira Until 2:12PM	Ganesh: Light Blue <i>Sunrise: 4:27AM</i>	Vilamba 5120	
		Yama 6:20AM – 8:13AM	Vridhi Until 6:11AM	Muruga: Clear <i>Sunset: 7:31PM</i>	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	422242361 Rahu 11:59AM – 1:52PM	Visti Until 3:22PM	Nataraja: White	2nd Phase	
			Chaturdashi* Until 1:33AM Thu	Moon – Yellow	Bhuloka Day	
				Jyeshtha*Ani	Devaloka Time: 12:PM to 3:PM	

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Albany, NY
Retreat Star		Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 88
Mithuna Rasi: 16.34	Tithi 30	Gulika 8:13AM – 10:06AM	Ardra Until 11:17AM	Ganesh: Light Blue <i>Sunrise: 4:28AM</i>	Vilamba 5120	
		Yama 4:28AM – 6:21AM	Vyaghata* Until 10:04PM	Muruga: Clear <i>Sunset: 7:31PM</i>	Moon 6 - Phase 12	
Routine Work	Marana Yoga	422242361 Rahu 1:52PM – 3:45PM	Catuspada Until 11:43AM	Nataraja: White	Amavasya	
Until 11:17AM			Amavasya* Until 9:50PM	Moon – Yellow	Bhuloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha*Ani	Devaloka Time: 12:PM to 3:PM	

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Albany, NY
Retreat Star		Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 89
Kataka Rasi: 1.44	Tithi 1	Gulika 6:21AM – 8:14AM	Punarvasu Until 8:30AM	Ganesh: Purple <i>Sunrise: 4:28AM</i>	Vilamba 5120	
		Yama 3:45PM – 5:38PM	Harshana Until 5:55PM	Muruga: Clear <i>Sunset: 7:30PM</i>	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	422242361 Rahu 10:07AM – 11:59AM	Kintughna Until 7:58AM	Nataraja: White	Prathama	
Until 8:30AM			Prathama* Until 6:05PM	Moon – Blue	Bhuloka Day	
Then Routine Work - Marana Yoga		Partial Solar Eclipse		Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

1		Saturday, July 14, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Albany, NY Sun 16 Sutra 90 Vilamba 5120
Kataka Rasi: 16.53	Tithi 2 - 3	Gulika	4:29AM - 6:22AM	Ashlesha* Until 2:51AM Sun	Ganesh: Purple	<i>Sunrise:</i> 4:29AM	
		Yama	1:52PM - 3:45PM	Vajra* Until 1:51PM	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13
Routine Work	Marana Yoga	442242361	Rahu	8:14AM - 10:07AM	Nataraja: White		3rd Phase
				Tailila Until 12:46AM Sun	Moon - Blue		
				Dvitiya Until 2:28PM	Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

2		Sunday, July 15, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Albany, NY Sun 17 Sutra 91 Vilamba 5120
Simha Rasi: 1.51	Tithi 3 - 4	Gulika	3:44PM - 5:37PM	Magha* Until 12:43AM Mon	Ganesh: Light Blue	<i>Sunrise:</i> 4:30AM	
		Yama	12:00PM - 1:52PM	Siddhi Until 10:02AM	Muruga: Clear	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13
Routine Work	Marana Yoga	452242361	Rahu	5:37PM - 7:29PM	Nataraja: White		3rd Phase
Until 12:43AM Mon				Vanija Until 9:37PM	Moon - Red		
Then Creative Work - Siddha Yoga				Tritiya Until 11:07AM	Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

3		Monday, July 16, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variany Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Albany, NY Sun 18 Sutra 92 Vilamba 5120
Simha Rasi: 16.31	Tithi 4 - 5	Gulika	1:52PM - 3:44PM	Purvaphalguni Until 10:56PM	Ganesh: Purple	<i>Sunrise:</i> 4:31AM	
Family Home Evening		Yama	10:07AM - 12:00PM	Vyatipata* Until 6:34AM	Muruga: Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13
Creative Work	Siddha Yoga	453242361	Rahu	6:23AM - 8:15AM	Nataraja: White		3rd Phase
				Bava Until 6:57PM	Moon - Red		
				Chaturthi* Until 8:12AM	Ashada*Adi	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

4		Tuesday, July 17, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Tailila Karana Shashthiyam Titau	Albany, NY Sun 19 Sutra 93 Vilamba 5120
Kanya Rasi: 0.49	Tithi 6	Gulika	12:00PM - 1:52PM	Uttaraphalguni Until 9:39PM	Ganesh: Purple	<i>Sunrise:</i> 4:32AM	
		Yama	8:16AM - 10:08AM	Parigha* Until 1:01AM Wed	Muruga: Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13
Creative Work	Amrita Yoga	453242362	Rahu	3:44PM - 5:36PM	Nataraja: Clear		3rd Phase
Until 9:39PM				Kaulava Until 4:53PM	Moon - Red		
Then Creative Work - Siddha Yoga				Shashthi* Until 4:06AM Wed	Ashada*Adi	Devaloka Day	

5		Wednesday, July 18, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau	Albany, NY Sun 20 Sutra 94 Vilamba 5120
Kanya Rasi: 14.41	Tithi 7	Gulika	10:08AM - 12:00PM	Hasta Until 9:20PM	Ganesh: Clear	<i>Sunrise:</i> 4:33AM	
		Yama	6:24AM - 8:16AM	Shiva Until 11:06PM	Muruga: Clear	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13
Routine Work	Marana Yoga	463242362	Rahu	12:00PM - 1:52PM	Nataraja: Clear		3rd Phase
Until 9:20PM				Gara Until 3:31PM	Moon - Green		
Then Creative Work - Siddha Yoga				Saptami Until 3:05AM Thu	Ashada*Adi	Sivaloka Day	

Retreat Star		Thursday, July 19, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau	Albany, NY Sun 21 Sutra 95 Vilamba 5120
Kanya Rasi: 28.07	Tithi 8	Gulika	8:17AM - 10:08AM	Chitra Until 9:37PM	Ganesh: Clear	<i>Sunrise:</i> 4:33AM	
		Yama	4:33AM - 6:25AM	Siddha Until 9:45PM	Muruga: Clear	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13
Creative Work	Siddha Yoga	463242362	Rahu	1:51PM - 3:43PM	Nataraja: Clear		Ashtami
Until 9:37PM				Visti Until 2:52PM	Moon - Green		
Then Creative Work - Amrita Yoga				Ashtami* Until 2:48AM Fri	Ashada*Adi	Sivaloka Day	

Retreat Star		Friday, July 20, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau	Albany, NY Sun 22 Sutra 96 Vilamba 5120
Tula Rasi: 11.1	Tithi 9	Gulika	6:26AM - 8:17AM	Svati Until 10:26PM	Ganesh: Clear	<i>Sunrise:</i> 4:34AM	
		Yama	3:43PM - 5:34PM	Sadhya Until 8:58PM	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13
Creative Work	Siddha Yoga	463242362	Rahu	10:09AM - 12:00PM	Nataraja: Clear		Navami
				Balava Until 2:57PM	Moon - Green		
				Navami* Until 3:13AM Sat	Ashada*Adi	Sivaloka Day	

1		Saturday, July 21, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Tailila/Gara Karana Dashamyam Titau	Albany, NY Sun 23 Sutra 97 Vilamba 5120
Tula Rasi: 23.53	Tithi 10	Gulika	4:35AM – 6:26AM	Vishakha Until 12:12AM Sun	Ganesha: White	<i>Sunrise:</i> 4:35AM	
		Yama	1:51PM – 3:42PM	Subha Until 8:44PM	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 14
		473242362 Rahu	8:18AM – 10:09AM	Tailila Until 3:42PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dashami Until 4:17AM Sun	Moon – Orange		Devaloka Day
Until 12:12AM Sun					Ashada•Adi		
Then Routine Work - Marana Yoga							

2		Sunday, July 22, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau	Albany, NY Sun 24 Sutra 98 Vilamba 5120
Vrischika Rasi: 6.18	Tithi 11	Gulika	3:42PM – 5:33PM	Anuradha Until 2:20AM Mon	Ganesha: White	<i>Sunrise:</i> 4:36AM	
		Yama	12:00PM – 1:51PM	Sukla Until 8:54PM	Muruga: Clear	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 14
		473242362 Rahu	5:33PM – 7:24PM	Vanija Until 5:02PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Ekadashi Until 5:52AM Mon	Moon – Orange		Devaloka Day
Until 2:20AM Mon					Ashada•Adi		
Then Creative Work - Siddha Yoga							

3		Monday, July 23, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau	Albany, NY Sun 25 Sutra 99 Vilamba 5120
Vrischika Rasi: 18.3	Tithi 12	Gulika	1:51PM – 3:41PM	Jyeshtha* Until 4:45AM Tue	Ganesha: White	<i>Sunrise:</i> 4:37AM	
Family Home Evening		Yama	10:09AM – 12:00PM	Brahma Until 9:26PM	Muruga: Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 14
		473242362 Rahu	6:28AM – 8:19AM	Bava Until 6:52PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 7:54AM Tue	Moon – Orange		Devaloka Day
Until 4:45AM Tue					Ashada•Adi		
Then Creative Work - Amrita Yoga							

4		Tuesday, July 24, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Albany, NY Sun 26 Sutra 100 Vilamba 5120
Dhanus Rasi: 0.32	Tithi 12 – 13	Gulika	12:00PM – 1:51PM	Mula* Until 7:48AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 4:38AM	
		Yama	8:19AM – 10:10AM	Indra Until 10:16PM	Muruga: Clear	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 14
		483242362 Rahu	3:41PM – 5:32PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Dvadashi Until 7:54AM	Moon – Light Blue		Sivaloka Day
					Ashada•Adi		

Pradosha Vrata

5		Wednesday, July 25, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Albany, NY Sun 27 Sutra 101 Vilamba 5120
Dhanus Rasi: 12.26	Tithi 13 – 14	Gulika	10:10AM – 12:00PM	Mula* Until 7:48AM	Ganesha: Red	<i>Sunrise:</i> 4:39AM	
		Yama	6:29AM – 8:20AM	Vaidhriti* Until 11:15PM	Muruga: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 14
		483342362 Rahu	12:00PM – 1:50PM	Gara Until 11:30PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Trayodashi Until 10:14AM	Moon – Light Blue		Sivaloka Day
Until 7:48AM					Ashada•Adi		
Then Creative Work - Amrita Yoga							

○		Thursday, July 26, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Albany, NY Sun 28 Sutra 102 Vilamba 5120
Copper Retreat Star		Gulika	8:20AM – 10:10AM	Purvashadha* Until 10:53AM	Ganesha: Red	<i>Sunrise:</i> 4:40AM	
Dhanus Rasi: 24.16	Tithi 14 – 15	Yama	4:40AM – 6:30AM	Vishkambha* Until 12:21AM Fri	Muruga: Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 14
		483342362 Rahu	1:50PM – 3:40PM	Visti Until 2:05AM Fri	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 12:46PM	Moon – Light Blue		Sivaloka Day
Until 10:53AM					Ashada•Adi		
Then Routine Work - Marana Yoga							

○		Friday, July 27, 2018				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Albany, NY Sun 29 Sutra 103 Vilamba 5120
Silver Retreat Star		Gulika	6:31AM – 8:20AM	Uttarashadha Until 1:52PM	Ganesha: Red	<i>Sunrise:</i> 4:41AM	
Makara Rasi: 6.02	Tithi 15 – 16	Yama	3:40PM – 5:29PM	Priti Until 1:29AM Sat	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 14
		483342362 Rahu	10:10AM – 12:00PM	Balava Until 4:39AM Sat	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Purnima* Until 3:21PM	Moon – Light Blue		Sivaloka Day
					Ashada•Adi		

Total Lunar Eclipse

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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Saturday, July 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mania Vasara Yuktayam

Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 104

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Makara Rasi: 17.5 Tihti 16 - 17

Gulika 4:42AM - 6:31AM

Yama 1:50PM - 3:39PM

493342362 Rahu 8:21AM - 10:10AM

Shravana Until 5:08PM

Ayushman Until 2:29AM Sun

Taitila Until 7:06AM Sun

Prathama* Until 5:53PM

Ganesha: Blue

Sunrise: 4:42AM

Muruga: Clear

Sunset: 7:18PM

Nataraja: Clear

Moon - Purple

Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

Sunday, July 29, 2018

1

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY

Sutra 105

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Makara Rasi: 29.41 Tihti 17

Gulika 3:39PM - 5:28PM

Yama 12:00PM - 1:49PM

493342362 Rahu 5:28PM - 7:17PM

Dhanishtha Until 8:03PM

Saubhagya Until 3:20AM Mon

Taitila Until 7:06AM

Dvitiya Until 8:14PM

Ganesha: Blue

Sunrise: 4:43AM

Muruga: Clear

Sunset: 7:17PM

Nataraja: Clear

Moon - Purple

Ashada*Adi

Devaloka Day

Routine Work Marana Yoga

Until 8:03PM

Then Creative Work - Siddha Yoga

Monday, July 30, 2018

2

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Albany, NY

Sutra 106

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Kumbha Rasi: 11.37 Tihti 18

Gulika 1:49PM - 3:38PM

Yama 10:11AM - 12:00PM

494342362 Rahu 6:33AM - 8:22AM

Shatabhishak Until 10:32PM

Sobhana Until 3:58AM Tue

Vanija Until 9:19AM

Tritiya Until 10:17PM

Ganesha: Blue

Sunrise: 4:44AM

Muruga: Clear

Sunset: 7:16PM

Nataraja: Clear

Moon - Purple

Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

Tuesday, July 31, 2018

3

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Purvaprosarthapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY

Sutra 107

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Kumbha Rasi: 23.41 Tihti 19

Gulika 12:00PM - 1:49PM

Yama 8:22AM - 10:11AM

414342362 Rahu 3:37PM - 5:26PM

Purvaprosarthapada* Until 12:57AM We

Athiganda* Until 4:14AM Wed

Bava Until 11:11AM

Chaturthi* Until 11:56PM

Ganesha: White

Sunrise: 4:45AM

Muruga: Clear

Sunset: 7:15PM

Nataraja: Clear

Moon - Clear

Ashada*Adi

Devaloka Day

Routine Work Marana Yoga

Until 12:57AM Wed

Then Creative Work - Siddha Yoga

Wednesday, August 1, 2018

4

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Uttaraprosarthapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY

Sutra 108

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Meena Rasi: 5.55 Tihti 20

Gulika 10:11AM - 12:00PM

Yama 6:34AM - 8:23AM

414342362 Rahu 12:00PM - 1:48PM

Uttaraprosarthapada Until 2:43AM Thu

Sukarma Until 4:07AM Thu

Kaulava Until 12:36PM

Panchami Until 1:06AM Thu

Ganesha: White

Sunrise: 4:46AM

Muruga: Clear

Sunset: 7:14PM

Nataraja: Clear

Moon - Clear

Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

Thursday, August 2, 2018

5

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sutra 109

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Meena Rasi: 18.22 Tihti 21

Gulika 8:23AM - 10:12AM

Yama 4:47AM - 6:35AM

414342362 Rahu 1:48PM - 3:36PM

Revati Until 3:46AM Fri

Dhriti Until 3:34AM Fri

Gara Until 1:29PM

Shashthi* Until 1:41AM Fri

Ganesha: White

Sunrise: 4:47AM

Muruga: Clear

Sunset: 7:13PM

Nataraja: Clear

Moon - Clear

Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

Until 3:46AM Fri

Then Creative Work - Amrita Yoga

Friday, August 3, 2018

6

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Ashvini Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY

Sutra 110

Vilamba 5120

Moon 7 - Phase 15

1st Phase

Mesha Rasi: 1.06 Tihti 22

Gulika 6:36AM - 8:24AM

Yama 3:36PM - 5:23PM

424342362 Rahu 10:12AM - 12:00PM

Ashvini Until 4:30AM Sat

Shula* Until 2:28AM Sat

Visti Until 1:45PM

Saptami Until 1:37AM Sat

Ganesha: Clear

Sunrise: 4:48AM

Muruga: Clear

Sunset: 7:11PM

Nataraja: Clear

Moon - White

Ashada*Adi

Sivaloka Day

Creative Work Amrita Yoga

Until 4:30AM Sat

Then Creative Work - Siddha Yoga

Saturday, August 4, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Bharani Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sutra 111

Vilamba 5120

Moon 7 - Phase 15

Ashtami

Mesha Rasi: 14.09 Tihti 23

Gulika 4:49AM - 6:37AM

Yama 1:47PM - 3:35PM

424342362 Rahu 8:24AM - 10:12AM

Bharani Until 4:24AM Sun

Ganda* Until 12:50AM Sun

Balava Until 1:21PM

Ashtami* Until 12:53AM Sun

Ganesha: Clear

Sunrise: 4:49AM

Muruga: Clear

Sunset: 7:10PM

Nataraja: Clear

Moon - White

Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sutra 112

Vilamba 5120

Moon 7 - Phase 15

Navami

Mesha Rasi: 27.34 Tihti 24

Gulika 3:34PM - 5:22PM

Yama 11:59AM - 1:47PM

424342362 Rahu 5:22PM - 7:09PM

Krittika Until 3:29AM Mon

Vriddhi Until 10:41PM

Taitila Until 12:16PM

Navami* Until 11:28PM

Ganesha: Clear

Sunrise: 4:50AM

Muruga: Clear

Sunset: 7:09PM

Nataraja: Clear

Moon - White

Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Until 3:29AM Mon

Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


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1	Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Albany, NY
			Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 113
			Gulika 1:46PM – 3:34PM	Rohini Until 2:13AM Tue	Ganesh: Purple <i>Sunrise: 4:51AM</i>		Vilamba 5120
	Vrishabha Rasi: 11.22	Tithi 25	Yama 10:12AM – 11:59AM	Dhruva Until 7:57PM	Muruga: Clear <i>Sunset: 7:08PM</i>		Moon 7 - Phase 16
Family Home Evening		434342362	Rahu 6:38AM – 8:25AM	Vanija Until 10:31AM	Nataraja: Clear	2nd Phase	
Creative Work Amrita Yoga				Dashami Until 9:24PM	Moon – Yellow	Devaloka Day	
Until 2:13AM Tue					Ashada*Adi		
Then Creative Work - Siddha Yoga							

2	Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Albany, NY
			Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 114
			Gulika 11:59AM – 1:46PM	Mrigashira Until 12:16AM Wed	Ganesh: Purple <i>Sunrise: 4:52AM</i>		Vilamba 5120
	Vrishabha Rasi: 25.35	Tithi 26	Yama 8:26AM – 10:12AM	Vyaghata* Until 4:47PM	Muruga: Clear <i>Sunset: 7:06PM</i>		Moon 7 - Phase 16
Family Home Evening		434342362	Rahu 3:33PM – 5:20PM	Bava Until 8:10AM	Nataraja: Clear	2nd Phase	
Creative Work Siddha Yoga				Ekadashi* Until 6:46PM	Moon – Yellow	Devaloka Day	
Until 2:13AM Tue					Ashada*Adi	Tour Day	
Then Creative Work - Siddha Yoga							

3	Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Albany, NY
			Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 115
			Gulika 10:13AM – 11:59AM	Ardra Until 9:45PM	Ganesh: Purple <i>Sunrise: 4:53AM</i>		Vilamba 5120
	Mithuna Rasi: 10.1	Tithi 27 – 28	Yama 6:40AM – 8:26AM	Harshana Until 1:13PM	Muruga: Clear <i>Sunset: 7:05PM</i>		Moon 7 - Phase 16
Family Home Evening		434342362	Rahu 11:59AM – 1:46PM	Gara Until 2:00AM Thu	Nataraja: Clear	2nd Phase	
Creative Work Siddha Yoga				Dvadashi* Until 3:40PM	Moon – Yellow	Devaloka Day	
Until 2:13AM Tue					Ashada*Adi		
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							

4	Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Albany, NY
			Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 116
			Gulika 8:27AM – 10:13AM	Punarvasu Until 7:12PM	Ganesh: Light Blue <i>Sunrise: 4:54AM</i>		Vilamba 5120
	Mithuna Rasi: 25.03	Tithi 28 – 29	Yama 4:54AM – 6:40AM	Vajra* Until 9:21AM	Muruga: Clear <i>Sunset: 7:04PM</i>		Moon 7 - Phase 16
Family Home Evening		444342362	Rahu 1:45PM – 3:31PM	Visti Until 10:28PM	Nataraja: Clear	2nd Phase	
Creative Work Amrita Yoga				Trayodashi* Until 12:14PM	Moon – Blue	Devaloka Day	
Until 2:13AM Tue					Ashada*Adi		
Then Creative Work - Siddha Yoga							

	Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Albany, NY
	Retreat Star		Pushya/Ashlesha* Nakshatra Vyalipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 117
			Gulika 6:41AM – 8:27AM	Pushya Until 4:22PM	Ganesh: Light Blue <i>Sunrise: 4:55AM</i>		Vilamba 5120
	Kataka Rasi: 10.07	Tithi 29 – 30	Yama 3:31PM – 5:17PM	Vyatipata* Until 1:12AM Sat	Muruga: Clear <i>Sunset: 7:02PM</i>		Moon 7 - Phase 16
Family Home Evening		444342362	Rahu 10:13AM – 11:59AM	Catuspada Until 6:48PM	Nataraja: Clear	Amavasya	
Routine Work Marana Yoga				Chaturdashi* Until 8:37AM	Moon – Blue	Devaloka Day	
Until 2:13AM Tue					Ashada*Adi		
Then Creative Work - Siddha Yoga							

	Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Albany, NY
	Retreat Star		Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 118
			Gulika 4:56AM – 6:42AM	Ashlesha* Until 1:25PM	Ganesh: Orange <i>Sunrise: 4:56AM</i>		Vilamba 5120
	Kataka Rasi: 25.14	Tithi 1	Yama 1:44PM – 3:30PM	Variyan Until 9:10PM	Muruga: Clear <i>Sunset: 7:01PM</i>		Moon 7 - Phase 16
Family Home Evening		445342362	Rahu 8:28AM – 10:13AM	Kintughna Until 3:10PM	Nataraja: Clear	Prathama	
Routine Work Marana Yoga				Prathama* Until 1:24AM Sun	Moon – Blue	Sivaloka Day	
Until 1:25PM					Sravana*Adi		
Then Creative Work - Amrita Yoga							
Partial Solar Eclipse							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava Karana Dvitiyayam Titau				Albany, NY Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.16	Tithi 2	Gulika 3:29PM – 5:14PM	Magha* Until 10:56AM	Ganesh: Clear	<i>Sunrise:</i> 4:57AM	
		Yama 11:59AM – 1:44PM	Parigha* Until 5:19PM	Muruga: Clear	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 17
		455342362 Rahu 5:14PM – 7:00PM	Balava Until 11:44AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:07PM	Moon – Red		Sivaloka Day
Until 10:56AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Tritiyayam Titau				Albany, NY Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.03	Tithi 3	Gulika 1:43PM – 3:28PM	Purvaphalguni Until 8:38AM	Ganesh: Clear	<i>Sunrise:</i> 4:58AM	
Family Home Evening		Yama 10:13AM – 11:58AM	Shiva Until 1:49PM	Muruga: Clear	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 17
		455342362 Rahu 6:43AM – 8:28AM	Tailila Until 8:39AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 7:16PM	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 9.29	Tithi 4 – 5	Gulika 11:58AM – 1:43PM	Uttaraphalguni Until 6:42AM	Ganesh: Clear	<i>Sunrise:</i> 5:00AM	
		Yama 8:29AM – 10:13AM	Siddha Until 10:44AM	Muruga: Clear	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 17
		455342362 Rahu 3:27PM – 5:12PM	Vanija Until 6:03AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 4:58PM	Moon – Red		Sivaloka Day
Until 6:42AM				Sravana-Adi		Tour Day
Then Creative Work - Siddha Yoga						

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Albany, NY Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 23.3	Tithi 5 – 6	Gulika 10:14AM – 11:58AM	Chitra Until 5:17AM Thu	Ganesh: Purple	<i>Sunrise:</i> 5:01AM	
		Yama 6:45AM – 8:29AM	Sadhya Until 8:12AM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 17
		465342362 Rahu 11:58AM – 1:42PM	Kaulava Until 2:52AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:22PM	Moon – Green		Subha Sivaloka Day
Until 5:17AM Thu		Nag Panchami		Sravana-Adi		
Then Creative Work - Amrita Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.04	Tithi 6 – 7	Gulika 8:30AM – 10:14AM	Svati Until 5:30AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:02AM	
		Yama 5:02AM – 6:46AM	Subha Until 6:17AM	Muruga: Clear	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 17
		465342362 Rahu 1:42PM – 3:26PM	Gara Until 2:26AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:32PM	Moon – Green		Subha Sivaloka Day
Until 5:30AM Fri				Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Albany, NY Sun 20 Sutra 124 Vilamba 5120
Retreat Star		Gulika 6:46AM – 8:30AM	Vishakha Until 6:49AM Sat	Ganesh: Purple	<i>Sunrise:</i> 5:03AM	
Tula Rasi: 20.1	Tithi 7 – 8	Yama 3:25PM – 5:09PM	Brahma Until 4:21AM Sat	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 17
		575342362 Rahu 10:14AM – 11:58AM	Visti Until 2:50AM Sat	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 2:31PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 21 Sutra 125 Vilamba 5120
Retreat Star		Gulika 5:04AM – 6:47AM	Vishakha Until 6:49AM	Ganesh: Purple	<i>Sunrise:</i> 5:04AM	
Vrischika Rasi: 2.53	Tithi 8 – 9	Yama 1:41PM – 3:24PM	Indra Until 4:18AM Sun	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 17
		575342362 Rahu 8:31AM – 10:14AM	Balava Until 3:58AM Sun	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 3:17PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Albany, NY Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 15.17	Tithi 9 – 10	Gulika 3:23PM – 5:06PM	Anuradha Until 8:42AM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM	
		Yama 11:57AM – 1:40PM	Vaidhriti* Until 4:42AM Mon	Muruga: Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	575442362 Rahu 5:06PM – 6:49PM	Taitila Until 5:44AM Mon	Nataraja: Clear		4th Phase
			Navami* Until 4:45PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

2 Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkamba* Yoga Gara Karana Dashmyam Titau				Albany, NY Sun 23 Sutra 127 Vilamba 5120
Vrischika Rasi: 27.25	Tithi 10	Gulika 1:40PM – 3:22PM	Jyeshtha* Until 11:00AM	Ganesha: Clear	<i>Sunrise:</i> 5:06AM	
Family Home Evening		Yama 10:14AM – 11:57AM	Vishkamba* Until 5:29AM Tue	Muruga: Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	575442362 Rahu 6:49AM – 8:31AM	Gara Until 6:47PM	Nataraja: Clear		4th Phase
			Dashami Until 6:47PM	Moon – Orange		Sivaloka Day
				Sravana-Avani		

3 Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 9.21	Tithi 11	Gulika 11:57AM – 1:39PM	Mula* Until 2:02PM	Ganesha: Clear	<i>Sunrise:</i> 5:07AM	
		Yama 8:32AM – 10:14AM	Priti Until 6:31AM Wed	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	586442362 Rahu 3:21PM – 5:04PM	Vanija Until 7:58AM	Nataraja: Clear		4th Phase
Until 2:02PM			Ekadashi Until 9:11PM	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani		

4 Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashtyam Titau				Albany, NY Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 21.11	Tithi 12	Gulika 10:14AM – 11:56AM	Purvashadha* Until 5:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:08AM	
		Yama 6:50AM – 8:32AM	Priti Until 6:31AM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	586442362 Rahu 11:56AM – 1:38PM	Bava Until 10:29AM	Nataraja: Clear		4th Phase
			Dvadashti Until 11:46PM	Moon – Light Blue		Sivaloka Day
				Sravana-Avani		

5 Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 2.58	Tithi 13	Gulika 8:33AM – 10:14AM	Uttarashadha Until 8:07PM	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	
		Yama 5:09AM – 6:51AM	Ayushman Until 7:35AM	Muruga: Clear	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	586442362 Rahu 1:38PM – 3:20PM	Kaulava Until 1:06PM	Nataraja: Clear		4th Phase
Until 8:07PM			Trayodashi Until 2:22AM Fri	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani		
				<i>Pradosha Vrata</i>		

6 Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 14.46	Tithi 14	Gulika 6:52AM – 8:33AM	Shravana Until 11:19PM	Ganesha: White	<i>Sunrise:</i> 5:10AM	
		Yama 3:19PM – 5:00PM	Saubhagya Until 8:39AM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	596442362 Rahu 10:14AM – 11:56AM	Gara Until 3:38PM	Nataraja: Clear		4th Phase
Until 11:19PM			Chaturdashi* Until 4:49AM Sat	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Sravana-Avani		

○ Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sun 28 Sutra 132 Vilamba 5120
Copper Retreat Star		Gulika 5:11AM – 6:52AM	Dhanishtha Until 2:07AM Sun	Ganesha: White	<i>Sunrise:</i> 5:11AM	
Makara Rasi: 26.38	Tithi 15	Yama 1:37PM – 3:18PM	Sobhana Until 9:36AM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	596442362 Rahu 8:33AM – 10:14AM	Visti Until 5:58PM	Nataraja: Clear		Purnima
			Purnima* Until 6:59AM Sun	Moon – Purple		Subha Sivaloka Day
		Avani Avittam		Sravana-Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 29 Sutra 133 Vilamba 5120
Silver Retreat Star		Gulika 3:17PM – 4:58PM	Shatabhishak Until 4:25AM Mon	Ganesha: White	<i>Sunrise:</i> 5:12AM	
Kumbha Rasi: 9	Tithi 15 – 16	Yama 11:55AM – 1:36PM	Athiganda* Until 10:17AM	Muruga: Clear	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	596442362 Rahu 4:58PM – 6:38PM	Balava Until 7:58PM	Nataraja: Clear		Prathama
Until 4:25AM Mon			Purnima* Until 6:59AM	Moon – Purple		Subha Sivaloka Day
Then Routine Work - Marana Yoga				Sravana-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang



Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 134

Vilamba 5120

Kumbha Rasi: 20.43 Tihi 16 - 17

Family Home Evening

517442363

Gulika

1:35PM - 3:16PM

Yama

10:15AM - 11:55AM

Rahu

6:54AM - 8:34AM

Purvaproshtapada* Until 6:39AM Tue

Sukarma Until 10:43AM

Taitila Until 9:35PM

Prathama* Until 8:48AM

Ganesha: White

Sunrise: 5:13AM

Muruga: Clear

Sunset: 6:37PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sivaloka Day

Moon 8 - Phase 19

1st Phase

Routine Work Marana Yoga

Until 6:39AM Tue

Then Creative Work - Amrita Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sun 1 Sutra 135

Vilamba 5120

Meena Rasi: 2.59 Tihi 17 - 18

Routine Work Marana Yoga

517452363

Gulika

11:55AM - 1:35PM

Yama

8:35AM - 10:15AM

Rahu

3:15PM - 4:55PM

Purvaproshtapada* Until 6:39AM

Dhriti Until 10:50AM

Vanija Until 10:46PM

Dvitiya Until 10:12AM

Ganesha: Clear

Sunrise: 5:14AM

Muruga: Purple

Sunset: 6:35PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19

1st Phase

Then Creative Work - Amrita Yoga

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sun 2 Sutra 136

Vilamba 5120

Meena Rasi: 15.27 Tihi 18 - 19

Creative Work Siddha Yoga

517452363

Gulika

10:15AM - 11:54AM

Yama

6:55AM - 8:35AM

Rahu

11:54AM - 1:34PM

Uttaraproshtapada Until 8:18AM

Shula* Until 10:34AM

Bava Until 11:30PM

Tritiya Until 11:10AM

Ganesha: Clear

Sunrise: 5:15AM

Muruga: Purple

Sunset: 6:33PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19

1st Phase

Then Routine Work - Marana Yoga

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY

Sun 3 Sutra 137

Vilamba 5120

Meena Rasi: 28.07 Tihi 19 - 20

Creative Work Siddha Yoga

517452363

Gulika

8:35AM - 10:15AM

Yama

5:16AM - 6:56AM

Rahu

1:33PM - 3:13PM

Revati Until 9:21AM

Ganda* Until 9:58AM

Kaulava Until 11:47PM

Chaturthi* Until 11:41AM

Ganesha: Clear

Sunrise: 5:16AM

Muruga: Purple

Sunset: 6:32PM

Nataraja: Purple

Moon - Clear

Sravana-Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19

1st Phase

Then Creative Work - Amrita Yoga

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sun 4 Sutra 138

Vilamba 5120

Mesha Rasi: 11.01 Tihi 20 - 21

Creative Work Amrita Yoga

527452363

Gulika

6:57AM - 8:36AM

Yama

3:12PM - 4:51PM

Rahu

10:15AM - 11:54AM

Ashvini Until 10:16AM

Vridhi Until 9:01AM

Gara Until 11:35PM

Panchami Until 11:43AM

Ganesha: Purple

Sunrise: 5:18AM

Muruga: Purple

Sunset: 6:30PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Moon 8 - Phase 19

1st Phase

Then Creative Work - Siddha Yoga

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY

Sun 5 Sutra 139

Vilamba 5120

Mesha Rasi: 24.08 Tihi 21 - 22

Creative Work Siddha Yoga

527452363

Gulika

5:19AM - 6:57AM

Yama

1:32PM - 3:11PM

Rahu

8:36AM - 10:15AM

Bharani Until 10:32AM

Dhruva Until 7:40AM

Visti Until 10:53PM

Shashthi* Until 11:17AM

Ganesha: Purple

Sunrise: 5:19AM

Muruga: Purple

Sunset: 6:28PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Moon 8 - Phase 19

1st Phase

Then Creative Work - Amrita Yoga

Sunday, September 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sun 6 Sutra 140

Vilamba 5120

Vrishabha Rasi: 7.32 Tihi 22 - 23

Creative Work Siddha Yoga

527452363

Gulika

3:10PM - 4:48PM

Yama

11:53AM - 1:32PM

Rahu

4:48PM - 6:27PM

Krittika Until 10:11AM

Harshana Until 3:47AM Mon

Balava Until 9:41PM

Saptami Until 10:20AM

Ganesha: Purple

Sunrise: 5:20AM

Muruga: Purple

Sunset: 6:27PM

Nataraja: Purple

Moon - White

Sravana-Avani

Bhuloka Day

Moon 8 - Phase 19

Ashtami

Then Creative Work - Amrita Yoga

Monday, September 3, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sun 7 Sutra 141

Vilamba 5120

Vrishabha Rasi: 21.14 Tihi 23 - 24

Family Home Evening

538452363

Gulika

1:31PM - 3:09PM

Yama

10:15AM - 11:53AM

Rahu

6:59AM - 8:37AM

Rohini Until 9:36AM

Vajra* Until 1:12AM Tue

Taitila Until 8:00PM

Ashtami* Until 8:53AM

Ganesha: White

Sunrise: 5:21AM

Muruga: Purple

Sunset: 6:25PM

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Devaloka Day

Moon 8 - Phase 19

Navami

Then Creative Work - Amrita Yoga

1		Tuesday, September 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visti* Karana Navami/Dashmyam Titau	Albany, NY Sun 8 Sutra 142 Vilamba 5120
Mithuna Rasi: 5.14	Tithi 24 – 25	Gulika	11:52AM – 1:30PM	Mrigashira Until 8:24AM	Ganesh: White	<i>Sunrise:</i> 5:22AM	
		Yama	8:37AM – 10:15AM	Siddhi Until 10:16PM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 20
		538452363 Rahu	3:08PM – 4:46PM	Visti Until 4:33AM Wed	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Navami* Until 6:57AM	Moon – Yellow		Devaloka Day
Until 8:24AM					Sravana-Avani		
Then Routine Work - Marana Yoga							

2		Wednesday, September 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau	Albany, NY Sun 9 Sutra 143 Vilamba 5120
Mithuna Rasi: 19.32	Tithi 26	Gulika	10:15AM – 11:52AM	Ardra Until 6:37AM	Ganesh: White	<i>Sunrise:</i> 5:23AM	
		Yama	7:00AM – 8:37AM	Vyatipata* Until 7:00PM	Muruga: Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 20
		538452363 Rahu	11:52AM – 1:29PM	Bava Until 3:13PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 1:46AM Thu	Moon – Yellow		Devaloka Day
					Sravana-Avani		

3		Thursday, September 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Albany, NY Sun 10 Sutra 144 Vilamba 5120
Kataka Rasi: 4.06	Tithi 27	Gulika	8:38AM – 10:15AM	Pushya Until 2:24AM Fri	Ganesh: Yellow	<i>Sunrise:</i> 5:24AM	
		Yama	5:24AM – 7:01AM	Variyan Until 3:27PM	Muruga: Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20
		548452363 Rahu	1:29PM – 3:06PM	Kaulava Until 12:17PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 10:42PM	Moon – Blue		Bhuloka Day
Until 2:24AM Fri					Sravana-Avani		Devaloka Time: 9:AM to12:PM
Then Routine Work - Marana Yoga							

4		Friday, September 7, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau	Albany, NY Sun 11 Sutra 145 Vilamba 5120
Kataka Rasi: 18.52	Tithi 28	Gulika	7:02AM – 8:38AM	Ashlesha* Until 11:49PM	Ganesh: Yellow	<i>Sunrise:</i> 5:25AM	
		Yama	3:05PM – 4:41PM	Parigha* Until 11:43AM	Muruga: Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20
		548452363 Rahu	10:15AM – 11:51AM	Gara Until 9:07AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 7:28PM	Moon – Blue		Bhuloka Day
					Sravana-Avani		Devaloka Time: 9:AM to12:PM
							<i>Pradosha Vrata (Fasting)</i>

5		Saturday, September 8, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Albany, NY Sun 12 Sutra 146 Vilamba 5120
Simha Rasi: 3.44	Tithi 29 – 30	Gulika	5:26AM – 7:02AM	Magha* Until 9:28PM	Ganesh: Red	<i>Sunrise:</i> 5:26AM	
		Yama	1:27PM – 3:04PM	Shiva Until 7:56AM	Muruga: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20
		558452363 Rahu	8:39AM – 10:15AM	Catuspada Until 2:35AM Sun	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 4:11PM	Moon – Red		Bhuloka Day
Until 9:28PM					Sravana-Avani		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

●		Sunday, September 9, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Albany, NY Sun 13 Sutra 147 Vilamba 5120
Retreat Star		Gulika	3:03PM – 4:39PM	Purvaphalguni Until 7:08PM	Ganesh: Red	<i>Sunrise:</i> 5:27AM	
Simha Rasi: 18.35	Tithi 30 – 1	Yama	11:51AM – 1:27PM	Sadhya Until 12:32AM Mon	Muruga: Purple	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20
		558452363 Rahu	4:39PM – 6:15PM	Kintughna Until 11:31PM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 1:00PM	Moon – Red		Bhuloka Day
Until 7:08PM					Sravana-Avani		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

●		Monday, September 10, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Albany, NY Sun 14 Sutra 148 Vilamba 5120
Retreat Star		Gulika	1:26PM – 3:02PM	Uttaraphalguni Until 4:58PM	Ganesh: Blue	<i>Sunrise:</i> 5:28AM	
Kanya Rasi: 3.16	Tithi 1 – 2	Yama	10:15AM – 11:50AM	Subha Until 9:14PM	Muruga: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20
Family Home Evening		559452363 Rahu	7:04AM – 8:39AM	Balava Until 8:46PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga			Prathama* Until 10:04AM	Moon – Red		Bhuloka Day
					Bhadrapada-Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1		Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau				Albany, NY Sun 15
Kanya Rasi: 17.41	Tithi 2 - 3	Gulika	11:50AM - 1:25PM	Hasta Until 3:33PM	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Sutra 149	Vilamba 5120
		Yama	8:40AM - 10:15AM	Sukla Until 6:17PM	Muruga: Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 21	3rd Phase
Creative Work	Siddha Yoga	569452363 Rahu	3:01PM - 4:36PM	Tailila Until 6:31PM	Nataraja: Purple			
				Dvitiya Until 7:34AM	Moon - Green		Bhuloka Day	
					Bhadrapada-Avani			

2		Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Albany, NY Sun 16
Tula Rasi: 1.44	Tithi 4	Gulika	10:15AM - 11:50AM	Chitra Until 2:35PM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	Sutra 150	Vilamba 5120
		Yama	7:05AM - 8:40AM	Brahma Until 3:53PM	Muruga: Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 21	3rd Phase
Creative Work	Siddha Yoga	569452363 Rahu	11:50AM - 1:25PM	Vanija Until 4:54PM	Nataraja: Purple			
				Chaturthi* Until 4:21AM Thu	Moon - Green		Bhuloka Day	
					Bhadrapada-Avani			

3		Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY Sun 17
Tula Rasi: 15.21	Tithi 5	Gulika	8:40AM - 10:15AM	Svati Until 2:12PM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	Sutra 151	Vilamba 5120
		Yama	5:31AM - 7:06AM	Indra Until 2:04PM	Muruga: Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 21	3rd Phase
Creative Work	Amrita Yoga	569452363 Rahu	1:24PM - 2:58PM	Bava Until 4:02PM	Nataraja: Purple			
Until 2:12PM				Panchami Until 3:53AM Fri	Moon - Green		Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM	

4		Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Albany, NY Sun 18
Tula Rasi: 28.32	Tithi 6	Gulika	7:06AM - 8:41AM	Vishakha Until 2:56PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Sutra 152	Vilamba 5120
		Yama	2:57PM - 4:32PM	Vaidhriti* Until 12:53PM	Muruga: Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 21	3rd Phase
Creative Work	Siddha Yoga	579552363 Rahu	10:15AM - 11:49AM	Kaulava Until 3:59PM	Nataraja: Purple			
				Shashthi* Until 4:15AM Sat	Moon - Orange		Devaloka Day	
					Bhadrapada-Avani			

5		Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY Sun 19
Vrischika Rasi: 11.17	Tithi 7	Gulika	5:33AM - 7:07AM	Anuradha Until 4:18PM	Ganesha: White	<i>Sunrise:</i> 5:33AM	Sutra 153	Vilamba 5120
		Yama	1:22PM - 2:56PM	Vishkambha* Until 12:22PM	Muruga: Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 21	3rd Phase
Creative Work	Siddha Yoga	579552363 Rahu	8:41AM - 10:15AM	Gara Until 4:46PM	Nataraja: Purple			
				Saptami Until 5:25AM Sun	Moon - Orange		Devaloka Day	
					Bhadrapada-Avani			

Retreat Star		Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau				Albany, NY Sun 20
Vrischika Rasi: 23.41	Tithi 8	Gulika	2:55PM - 4:29PM	Jyeshtha* Until 6:14PM	Ganesha: White	<i>Sunrise:</i> 5:34AM	Sutra 154	Vilamba 5120
		Yama	11:48AM - 1:22PM	Priti Until 12:27PM	Muruga: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 21	Ashtami
Routine Work	Marana Yoga	579552363 Rahu	4:29PM - 6:02PM	Visti Until 6:17PM	Nataraja: Purple			
Until 6:14PM				Ashtami* Until 7:16AM Mon	Moon - Orange		Devaloka Day	
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi			

Retreat Star		Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 21
Dhanus Rasi: 5.49	Tithi 8 - 9	Gulika	1:21PM - 2:54PM	Mula* Until 9:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Sutra 155	Vilamba 5120
Family Home Evening		Yama	10:15AM - 11:48AM	Ayushman Until 12:59PM	Muruga: Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 21	Navami
Creative Work	Siddha Yoga	589552363 Rahu	7:09AM - 8:42AM	Balava Until 8:24PM	Nataraja: Purple			
Until 9:04PM				Ashtami* Until 7:16AM	Moon - Light Blue		Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau		Albany, NY Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 17.44	Tithi 9 – 10	Gulika	11:48AM – 1:20PM	Purvashadha* Untill 12:06AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:37AM	
		Yama	8:42AM – 10:15AM	Saubhagya Untill 1:52PM	Muruga: Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 22
		581552363 Rahu	2:53PM – 4:26PM	Taitila Untill 10:54PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Navami* Untill 9:36AM	Moon – Light Blue		Bhuloka Day
Untill 12:06AM Wed					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

2		Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Albany, NY Sun 23 Sutra 157 Vilamba 5120	
Dhanus Rasi: 29.34	Tithi 10 – 11	Gulika	10:15AM – 11:47AM	Uttarashadha Untill 3:04AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:38AM	
		Yama	7:10AM – 8:42AM	Sobhana Untill 2:56PM	Muruga: Purple	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 22
		581552363 Rahu	11:47AM – 1:20PM	Vanija Untill 1:32AM Thu	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga			Dashami Untill 12:12PM	Moon – Light Blue		Bhuloka Day
Untill 3:04AM Thu					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

3		Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 11.21	Tithi 11 – 12	Gulika	8:43AM – 10:15AM	Shravana Untill 6:16AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:39AM	
		Yama	5:39AM – 7:11AM	Athiganda* Untill 3:58PM	Muruga: Purple	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 22
		591552363 Rahu	1:19PM – 2:51PM	Bava Untill 4:04AM Fri	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Ekadashi Untill 2:48PM	Moon – Purple		Devaloka Day
					Bhadrapada-Puratasi		

4		Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 23.11	Tithi 12 – 13	Gulika	7:11AM – 8:43AM	Shravana Untill 6:16AM	Ganesh: Purple	<i>Sunrise:</i> 5:40AM	
		Yama	2:50PM – 4:22PM	Sukarma Untill 4:51PM	Muruga: Purple	<i>Sunset:</i> 5:53PM	Moon 8 - Phase 22
		591552363 Rahu	10:15AM – 11:47AM	Kaulava Untill 6:19AM Sat	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Dvadashi Untill 5:13PM	Moon – Purple		Devaloka Day
Untill 6:16AM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

5		Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Albany, NY Sun 26 Sutra 160 Vilamba 5120	
Kumbha Rasi: 5.08	Tithi 13	Gulika	5:41AM – 7:12AM	Dhanishtha Untill 9:01AM	Ganesh: Purple	<i>Sunrise:</i> 5:41AM	
		Yama	1:18PM – 2:49PM	Dhriti Untill 5:28PM	Muruga: Purple	<i>Sunset:</i> 5:52PM	Moon 8 - Phase 22
		591552363 Rahu	8:44AM – 10:15AM	Kaulava Untill 6:19AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Trayodashi Untill 7:16PM	Moon – Purple		Devaloka Day
Untill 9:01AM					Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam					
		Kadaitswami Mahasamadhi					

6		Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Albany, NY Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 17.16	Tithi 14	Gulika	2:48PM – 4:19PM	Shatabhishak Untill 11:11AM	Ganesh: Purple	<i>Sunrise:</i> 5:42AM	
		Yama	11:46AM – 1:17PM	Shula* Untill 5:42PM	Muruga: Purple	<i>Sunset:</i> 5:50PM	Moon 8 - Phase 22
		591552363 Rahu	4:19PM – 5:50PM	Gara Untill 8:09AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Untill 8:51PM	Moon – Purple		Devaloka Day
					Bhadrapada-Puratasi		

○		Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau		Albany, NY Sun 28 Sutra 162 Vilamba 5120	
Copper Retreat Star		Gulika	1:16PM – 2:47PM	Purvaprosarthapada* Untill 1:11PM	Ganesh: Purple	<i>Sunrise:</i> 5:43AM	
Kumbha Rasi: 29.35	Tithi 15	Yama	10:15AM – 11:45AM	Ganda* Untill 5:34PM	Muruga: Purple	<i>Sunset:</i> 5:48PM	Moon 8 - Phase 22
Family Home Evening		511552363 Rahu	7:14AM – 8:44AM	Visti Untill 9:28AM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga			Purnima* Untill 9:55PM	Moon – Clear		Devaloka Day
Untill 1:11PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							

○		Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Albany, NY Sun 29 Sutra 163 Vilamba 5120	
Silver Retreat Star		Gulika	11:45AM – 1:15PM	Uttaraprosarthapada Untill 2:31PM	Ganesh: Purple	<i>Sunrise:</i> 5:44AM	
Meena Rasi: 12.08	Tithi 16	Yama	8:45AM – 10:15AM	Vridhhi Untill 5:02PM	Muruga: Purple	<i>Sunset:</i> 5:46PM	Moon 8 - Phase 22
		511552363 Rahu	2:46PM – 4:16PM	Balava Untill 10:16AM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Prathama* Untill 10:28PM	Moon – Clear		Devaloka Day
Untill 2:31PM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY Sun 1 Sutra 164

Vilamba 5120

Meena Rasi: 24.55 Tihti 17

Gulika 10:15AM - 11:45AM

Revati Until 3:14PM

Ganesh: Purple Sunrise: 5:45AM

Moon 9 - Phase 23

Yama 7:15AM - 8:45AM

Dhruva Until 4:06PM

Muruga: Purple Sunset: 5:44PM

1st Phase

511552363 Rahu 11:45AM - 1:15PM

Taitila Until 10:35AM

Nataraja: Purple

Devaloka Day

Routine Work Marana Yoga

Dvitiya Until 10:33PM

Moon - Clear Bhadrpada-Puratasi

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Albany, NY Sun 2 Sutra 165

Vilamba 5120

Mesha Rasi: 7.56 Tihti 18

Gulika 8:45AM - 10:15AM

Ashvini Until 3:50PM

Ganesh: Purple Sunrise: 5:46AM

Moon 9 - Phase 23

Yama 5:46AM - 7:16AM

Vyaghata* Until 2:51PM

Muruga: Purple Sunset: 5:43PM

1st Phase

621552363 Rahu 1:14PM - 2:44PM

Vanija Until 10:28AM

Nataraja: Purple

Devaloka Day

Creative Work Amrita Yoga

Tritiya Until 10:14PM

Moon - White Bhadrpada-Puratasi

Until 3:50PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY Sun 3 Sutra 166

Vilamba 5120

Mesha Rasi: 21.08 Tihti 19

Gulika 7:16AM - 8:46AM

Bharani Until 3:55PM

Ganesh: Clear Sunrise: 5:47AM

Moon 9 - Phase 23

Yama 2:43PM - 4:12PM

Harshana Until 1:19PM

Muruga: Purple Sunset: 5:41PM

1st Phase

622552363 Rahu 10:15AM - 11:44AM

Bava Until 9:57AM

Nataraja: Purple

Bhuloka Day

Creative Work Siddha Yoga

Chaturthi* Until 9:33PM

Moon - White Bhadrpada-Puratasi

Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY Sun 4 Sutra 167

Vilamba 5120

Vrisabha Rasi: 4.32 Tihti 20

Gulika 5:48AM - 7:17AM

Krittika Until 3:32PM

Ganesh: Clear Sunrise: 5:48AM

Moon 9 - Phase 23

Yama 1:13PM - 2:41PM

Vajra* Until 11:29AM

Muruga: Purple Sunset: 5:39PM

1st Phase

622552363 Rahu 8:46AM - 10:15AM

Kaulava Until 9:06AM

Nataraja: Purple

Bhuloka Day

Creative Work Amrita Yoga

Panchami Until 8:33PM

Moon - White Bhadrpada-Puratasi

Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY Sun 5 Sutra 168

Vilamba 5120

Vrisabha Rasi: 18.06 Tihti 21

Gulika 2:40PM - 4:09PM

Rohini Until 3:09PM

Ganesh: Purple Sunrise: 5:49AM

Moon 9 - Phase 23

Yama 11:43AM - 1:12PM

Siddhi Until 9:26AM

Muruga: Purple Sunset: 5:37PM

1st Phase

632552363 Rahu 4:09PM - 5:37PM

Gara Until 7:57AM

Nataraja: Purple

Bhuloka Day

Creative Work Siddha Yoga

Shashthi* Until 7:15PM

Moon - Yellow Bhadrpada-Puratasi

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Albany, NY Sun 6 Sutra 169

Vilamba 5120

Mithuna Rasi: 1.5 Tihti 22 - 23

Gulika 1:11PM - 2:39PM

Mrigashira Until 2:21PM

Ganesh: Purple Sunrise: 5:51AM

Moon 9 - Phase 23

Yama 10:15AM - 11:43AM

Vyatipata* Until 7:09AM

Muruga: Purple Sunset: 5:36PM

1st Phase

632552363 Rahu 7:19AM - 8:47AM

Visti Until 6:31AM

Nataraja: Purple

Bhuloka Day

Creative Work Amrita Yoga

Saptami Until 5:40PM

Moon - Yellow Bhadrpada-Puratasi

Until 2:21PM

Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY Sun 7 Sutra 170

Vilamba 5120

Mithuna Rasi: 15.45 Tihti 23 - 24

Gulika 11:43AM - 1:11PM

Ardra Until 1:07PM

Ganesh: Purple Sunrise: 5:52AM

Moon 9 - Phase 23

Yama 8:47AM - 10:15AM

Parigha* Until 1:54AM Wed

Muruga: Purple Sunset: 5:34PM

Ashtami

632552363 Rahu 2:38PM - 4:06PM

Taitila Until 2:49AM Wed

Nataraja: Purple

Bhuloka Day

Routine Work Marana Yoga

Ashtami* Until 3:49PM

Moon - Yellow Bhadrpada-Puratasi

Until 1:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Albany, NY Sun 8 Sutra 171

Vilamba 5120

Mithuna Rasi: 29.5 Tihti 24 - 25

Gulika 10:15AM - 11:42AM

Punarvasu Until 11:54AM

Ganesh: Clear Sunrise: 5:53AM

Moon 9 - Phase 23

Yama 7:20AM - 8:48AM

Shiva Until 10:58PM

Muruga: Purple Sunset: 5:32PM

Navami

642552363 Rahu 11:42AM - 1:10PM

Vanija Until 12:35AM Thu

Nataraja: Purple

Bhuloka Day

Creative Work Siddha Yoga

Navami* Until 1:42PM

Moon - Blue Bhadrpada-Puratasi

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time


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1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 14.04	Tithi 25 – 26	Gulika	8:48AM – 10:15AM	Pushya Until 10:19AM	Ganesh: Clear	<i>Sunrise:</i> 5:54AM	
		Yama	5:54AM – 7:21AM	Siddha Until 7:50PM	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 24
		642552363 Rahu	1:09PM – 2:36PM	Bava Until 10:08PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 11:21AM	Moon – Blue		Bhuloka Day
Until 10:19AM					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 10 Sutra 173 Vilamba 5120	
Kataka Rasi: 28.28	Tithi 26 – 27	Gulika	7:22AM – 8:48AM	Ashlesha* Until 8:24AM	Ganesh: Clear	<i>Sunrise:</i> 5:55AM	
		Yama	2:35PM – 4:02PM	Sadhya Until 4:36PM	Muruga: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24
		642552363 Rahu	10:15AM – 11:42AM	Kaulava Until 7:32PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 8:49AM	Moon – Blue		Bhuloka Day
					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Tailita/Vanija Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 12.55	Tithi 27 – 28	Gulika	5:56AM – 7:22AM	Magha* Until 6:40AM	Ganesh: White	<i>Sunrise:</i> 5:56AM	
		Yama	1:08PM – 2:34PM	Subha Until 1:18PM	Muruga: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 24
		652552363 Rahu	8:49AM – 10:15AM	Vanija Until 3:33AM Sun	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 6:11AM	Moon – Red		Bhuloka Day
Until 6:40AM					Bhadrapada-Puratasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 27.23	Tithi 29	Gulika	2:33PM – 3:59PM	Uttaraphalguni Until 2:53AM Mon	Ganesh: White	<i>Sunrise:</i> 5:57AM	
		Yama	11:41AM – 1:07PM	Sukla Until 10:01AM	Muruga: Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 24
		652552364 Rahu	3:59PM – 5:25PM	Visti Until 2:17PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 1:02AM Mon	Moon – Red		Bhuloka Day
Until 2:53AM Mon					Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 13 Sutra 176 Vilamba 5120	
Retreat Star		Gulika	1:07PM – 2:32PM	Hasta Until 1:32AM Tue	Ganesh: Red	<i>Sunrise:</i> 5:58AM	
Kanya Rasi: 11.46	Tithi 30	Yama	10:15AM – 11:41AM	Brahma Until 6:52AM	Muruga: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 24
Family Home Evening		662652364 Rahu	7:24AM – 8:50AM	Catuspada Until 11:52AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 10:46PM	Moon – Green		Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi		

Tuesday, October 9, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 25.56	Tithi 1	Gulika	11:41AM – 1:06PM	Chitra Until 12:28AM Wed	Ganesh: Red	<i>Sunrise:</i> 5:59AM	
		Yama	8:50AM – 10:15AM	Vaidhriti* Until 1:25AM Wed	Muruga: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 24
		662652364 Rahu	2:31PM – 3:57PM	Kintughna Until 9:48AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 8:54PM	Moon – Green		Devaloka Day
		Navaratri Begins			Ashvina-Puratasi		

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 15 Sutra 178 Vilamba 5120	
Tula Rasi: 9.49	Tithi 2	Gulika Yama	10:16AM – 11:40AM 7:26AM – 8:51AM	Svati Until 11:49PM Vishkambha* Until 11:19PM	Ganesh: Red Muruga: Purple Nataraja: Clear	Sunrise: 6:01AM Sunset: 5:20PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	662652364	Rahu 11:40AM – 1:05PM	Balava Until 8:12AM Dvitiya Until 7:36PM	Moon – Green	Devaloka Day	
2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Prili Yoga Tailila/Gara Karana Tritiyayam Titau		Albany, NY Sun 16 Sutra 179 Vilamba 5120	
Tula Rasi: 23.21	Tithi 3	Gulika Yama	8:51AM – 10:16AM 6:02AM – 7:26AM	Vishakha Until 12:08AM Fri Priti Until 9:47PM	Ganesh: Yellow Muruga: Purple Nataraja: Clear	Sunrise: 6:02AM Sunset: 5:19PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	673652364	Rahu 1:05PM – 2:29PM	Tailila Until 7:12AM Tritiya Until 6:57PM	Moon – Orange	Devaloka Day	
3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau		Albany, NY Sun 17 Sutra 180 Vilamba 5120	
Vrischika Rasi: 6.3	Tithi 4	Gulika Yama	7:27AM – 8:51AM 2:29PM – 3:53PM	Anuradha Until 1:03AM Sat Ayushman Until 8:49PM	Ganesh: White Muruga: Purple Nataraja: Clear	Sunrise: 6:03AM Sunset: 5:17PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	673652364	Rahu 10:16AM – 11:40AM	Vanija Until 6:56AM Chaturthi* Until 7:04PM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 18 Sutra 181 Vilamba 5120	
Vrischika Rasi: 19.16	Tithi 5	Gulika Yama	6:04AM – 7:28AM 1:04PM – 2:28PM	Jyeshtha* Until 2:33AM Sun Saubhagya Until 8:28PM	Ganesh: White Muruga: Purple Nataraja: Clear	Sunrise: 6:04AM Sunset: 5:15PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Siddha Yoga	673652364	Rahu 8:52AM – 10:16AM	Bava Until 7:27AM Panchami Until 7:58PM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Until 2:33AM Sun Then Creative Work - Amrita Yoga					Ashvina*Puratasi		
5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Albany, NY Sun 19 Sutra 182 Vilamba 5120	
Dhanus Rasi: 1.4	Tithi 6	Gulika Yama	2:27PM – 3:50PM 11:39AM – 1:03PM	Mula* Until 5:03AM Mon Sobhana Until 8:41PM	Ganesh: Clear Muruga: Purple Nataraja: Clear	Sunrise: 6:05AM Sunset: 5:14PM	Moon 9 - Phase 25 3rd Phase
Creative Work	Amrita Yoga	683652364	Rahu 3:50PM – 5:14PM	Kaulava Until 8:43AM Shashthi* Until 9:36PM	Moon – Light Blue	Devaloka Day	
Until 5:03AM Mon Then Routine Work - Marana Yoga					Ashvina*Puratasi		
6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 20 Sutra 183 Vilamba 5120	
Dhanus Rasi: 13.47	Tithi 7	Gulika Yama	1:02PM – 2:26PM 10:16AM – 11:39AM	Purvashadha* Until 7:54AM Tue Athiganda* Until 9:19PM	Ganesh: Clear Muruga: Purple Nataraja: Clear	Sunrise: 6:06AM Sunset: 5:12PM	Moon 9 - Phase 25 3rd Phase
Family Home Evening		683652364	Rahu 7:30AM – 8:53AM	Gara Until 10:40AM Saptami Until 11:49PM	Moon – Light Blue	Devaloka Day	
Routine Work	Marana Yoga				Ashvina*Puratasi		
Until 7:54AM Tue Then Routine Work - Prabalarishta Yoga							
D		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 21 Sutra 184 Vilamba 5120	
Retreat Star		Gulika Yama	11:39AM – 1:02PM 8:53AM – 10:16AM	Purvashadha* Until 7:54AM Sukarma Until 10:15PM	Ganesh: Clear Muruga: Purple Nataraja: Clear	Sunrise: 6:08AM Sunset: 5:11PM	Moon 9 - Phase 25 Ashtami
Dhanus Rasi: 25.43	Tithi 8	683652364	Rahu 2:25PM – 3:48PM	Visti Until 1:05PM Ashtami* Until 2:23AM Wed	Moon – Light Blue	Devaloka Day	
Creative Work	Siddha Yoga				Ashvina*Puratasi		
Until 7:54AM Then Routine Work - Prabalarishta Yoga							
W		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22 Sutra 185 Vilamba 5120	
Retreat Star		Gulika Yama	10:16AM – 11:39AM 7:31AM – 8:54AM	Uttarashadha Until 10:49AM Dhriti Until 11:17PM	Ganesh: Clear Muruga: Purple Nataraja: Clear	Sunrise: 6:09AM Sunset: 5:09PM	Moon 9 - Phase 25 Navami
Makara Rasi: 7.32	Tithi 9	683652364	Rahu 11:39AM – 1:01PM	Balava Until 3:44PM Navami* Until 5:02AM Thu	Moon – Light Blue	Devaloka Day	
Creative Work	Amrita Yoga				Ashvina*Aipasi		
Until 10:49AM Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1 Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila Karana Dashanyam Titau				Albany, NY Sun 23 Sutra 186 Vilamba 5120
Makara Rasi: 19.2	Tithi 10	Gulika 8:54AM – 10:16AM	Shravana Until 2:05PM	Ganesha: Purple <i>Sunrise:</i> 6:10AM	<i>Sunset:</i> 5:07PM	Moon 9 - Phase 26 4th Phase
		Yama 6:10AM – 7:32AM	Shula* Until 12:12AM Fri	Muruga: Purple		
		693652364 Rahu 1:01PM – 2:23PM	Tailila Until 6:20PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 7:30AM Fri	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
		Vijaya Dasami		Ashvina-Aipasi		

2 Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Albany, NY Sun 24 Sutra 187 Vilamba 5120
Kumbha Rasi: 1.13	Tithi 10 – 11	Gulika 7:33AM – 8:55AM	Dhanishtha Until 4:55PM	Ganesha: Purple <i>Sunrise:</i> 6:11AM	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 26 4th Phase
		Yama 2:22PM – 3:44PM	Ganda* Until 12:52AM Sat	Muruga: Purple		
		693652364 Rahu 10:17AM – 11:38AM	Vanija Until 8:37PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dashami Until 7:30AM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

3 Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Dvadashtyam Titau				Albany, NY Sun 25 Sutra 188 Vilamba 5120
Kumbha Rasi: 13.14	Tithi 11 – 12	Gulika 6:12AM – 7:34AM	Shatabhishak Until 7:09PM	Ganesha: Purple <i>Sunrise:</i> 6:12AM	<i>Sunset:</i> 5:04PM	Moon 9 - Phase 26 4th Phase
		Yama 1:00PM – 2:21PM	Vriddhi Until 1:09AM Sun	Muruga: Purple		
		693652364 Rahu 8:55AM – 10:17AM	Bava Until 10:25PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Ekadashi Until 9:34AM	Moon – Purple		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 7:09PM				Ashvina-Aipasi		
Then Routine Work - Marana Yoga						

4 Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashtyam Titau				Albany, NY Sun 26 Sutra 189 Vilamba 5120
Kumbha Rasi: 25.28	Tithi 12 – 13	Gulika 2:20PM – 3:42PM	Purvaproshtapada* Until 9:07PM	Ganesha: White <i>Sunrise:</i> 6:13AM	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 26 4th Phase
		Yama 11:38AM – 12:59PM	Dhruva Until 12:56AM Mon	Muruga: Purple		
		613652364 Rahu 3:42PM – 5:03PM	Kaulava Until 11:36PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Dvadashtyam Until 11:04AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 9:07PM				Ashvina-Aipasi		
Then Creative Work - Amrita Yoga						

5 Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Uttarproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27 Sutra 190 Vilamba 5120
Meena Rasi: 7.59	Tithi 13 – 14	Gulika 12:59PM – 2:20PM	Uttarproshtapada Until 10:19PM	Ganesha: White <i>Sunrise:</i> 6:15AM	<i>Sunset:</i> 5:01PM	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:17AM – 11:38AM	Vyaghata* Until 12:14AM Tue	Muruga: Purple		
		613652364 Rahu 7:35AM – 8:56AM	Gara Until 12:08AM Tue	Nataraja: Clear		
Creative Work	Siddha Yoga		Trayodashi Until 11:56AM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

○ Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashii/Purnimayam Titau				Albany, NY Sun 27 Sutra 191 Vilamba 5120
Copper Retreat Star		Gulika 11:38AM – 12:58PM	Revati Until 10:44PM	Ganesha: White <i>Sunrise:</i> 6:16AM	<i>Sunset:</i> 5:00PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 20.47	Tithi 14 – 15	Yama 8:57AM – 10:17AM	Harshana Until 11:03PM	Muruga: Purple		
		613652364 Rahu 2:19PM – 3:39PM	Visti Until 12:04AM Wed	Nataraja: Clear		
Creative Work	Siddha Yoga		Chaturdashii* Until 12:09PM	Moon – Clear		Bhuloka Day Devaloka Time: 6:PM to 9:PM
				Ashvina-Aipasi		

Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 27 Sutra 192 Vilamba 5120
Silver Retreat Star		Gulika 10:18AM – 11:38AM	Ashvini Until 10:56PM	Ganesha: Clear <i>Sunrise:</i> 6:17AM	<i>Sunset:</i> 4:58PM	Moon 9 - Phase 26 Prathama
Mesha Rasi: 3.54	Tithi 15 – 16	Yama 7:37AM – 8:57AM	Vajra* Until 9:25PM	Muruga: Purple		
		623652364 Rahu 11:38AM – 12:58PM	Balava Until 11:26PM	Nataraja: Clear		
Routine Work	Marana Yoga		Purnima* Until 11:47AM	Moon – White		Devaloka Day
Until 10:56PM				Ashvina-Aipasi		
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 193

Vilamba 5120

Mesha Rasi: 17.17 Tihi 16 – 17

Gulika 8:58AM – 10:18AM
Yama 6:18AM – 7:38AM
Rahu 12:57PM – 2:17PM

Bharani Until 10:32PM
Siddhi Until 7:27PM
Taitila Until 10:21PM

Ganesha: Clear *Sunrise:* 6:18AM
Muruga: Purple *Sunset:* 4:57PM
Nataraja: Clear

Moon 10 - Phase 27
1st Phase

Creative Work Siddha Yoga
Until 10:32PM
Then Routine Work - Marana Yoga

Moon – White
Ashvina-Aipasi
Devaloka Day

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sutra 194

Vilamba 5120

Vrishabha Rasi: 0.55 Tihi 17 – 18

Gulika 7:39AM – 8:58AM
Yama 2:16PM – 3:36PM
Rahu 10:18AM – 11:37AM

Krittika Until 9:40PM
Vyatipata* Until 5:11PM
Vanija Until 8:56PM
Dvitiya Until 9:40AM

Ganesha: White *Sunrise:* 6:19AM
Muruga: Purple *Sunset:* 4:55PM
Nataraja: Clear

Moon 10 - Phase 27
1st Phase

Creative Work Siddha Yoga
Until 9:40PM
Then Routine Work - Marana Yoga

Moon – White
Ashvina-Aipasi
Sivaloka Day

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantra Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sutra 195

Vilamba 5120

Vrishabha Rasi: 14.43 Tihi 18 – 19

Gulika 6:21AM – 7:40AM
Yama 12:57PM – 2:16PM
Rahu 8:59AM – 10:18AM

Rohini Until 8:50PM
Variyan Until 2:42PM
Bava Until 7:17PM
Tritiya Until 8:07AM

Ganesha: Clear *Sunrise:* 6:21AM
Muruga: Purple *Sunset:* 4:54PM
Nataraja: Clear

Moon 10 - Phase 27
1st Phase

Creative Work Amrita Yoga
Until 8:50PM
Then Creative Work - Siddha Yoga

Moon – Yellow
Ashvina-Aipasi
Devaloka Day

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha/Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Albany, NY

Sutra 196

Vilamba 5120

Vrishabha Rasi: 28.39 Tihi 19 – 20

Gulika 2:15PM – 3:34PM
Yama 11:37AM – 12:56PM
Rahu 3:34PM – 4:53PM

Mrigashira Until 7:44PM
Parigha* Until 12:06PM
Taitila Until 4:31AM Mon
Chaturthi* Until 6:23AM

Ganesha: Clear *Sunrise:* 6:22AM
Muruga: Purple *Sunset:* 4:53PM
Nataraja: Clear

Moon 10 - Phase 27
1st Phase

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

Moon – Yellow
Ashvina-Aipasi
Devaloka Day

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sutra 197

Vilamba 5120

Mithuna Rasi: 12.4 Tihi 21

Family Home Evening

Gulika 12:56PM – 2:14PM
Yama 10:19AM – 11:37AM
Rahu 7:42AM – 9:00AM

Ardra Until 6:23PM
Shiva Until 9:25AM
Gara Until 3:35PM
Shashthi* Until 2:36AM Tue

Ganesha: Clear *Sunrise:* 6:23AM
Muruga: Purple *Sunset:* 4:51PM
Nataraja: Clear

Moon 10 - Phase 27
1st Phase

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

Moon – Yellow
Ashvina-Aipasi
Devaloka Day

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Saptamyam Titau

Albany, NY

Sutra 198

Vilamba 5120

Mithuna Rasi: 26.42 Tihi 22

Gulika 11:37AM – 12:55PM
Yama 9:01AM – 10:19AM
Rahu 2:14PM – 3:32PM

Punarvasu Until 5:17PM
Siddha Until 6:40AM
Visti Until 1:38PM
Saptami Until 12:38AM Wed

Ganesha: Purple *Sunrise:* 6:24AM
Muruga: Clear *Sunset:* 4:50PM
Nataraja: Clear

Moon 10 - Phase 27
1st Phase

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

Moon – Blue
Ashvina-Aipasi
Subha Sivaloka Day

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sutra 199

Vilamba 5120

Kataka Rasi: 10.46 Tihi 23

Gulika 10:19AM – 11:37AM
Yama 7:43AM – 9:01AM
Rahu 11:37AM – 12:55PM

Pushya Until 4:01PM
Subha Until 1:09AM Thu
Balava Until 11:40AM
Ashtami* Until 10:39PM

Ganesha: Purple *Sunrise:* 6:26AM
Muruga: Clear *Sunset:* 4:49PM
Nataraja: Clear

Moon 10 - Phase 27
Ashtami

Creative Work Siddha Yoga
Until 6:23PM
Then Creative Work - Amrita Yoga

Moon – Blue
Ashvina-Aipasi
Subha Sivaloka Day

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sutra 200

Vilamba 5120

Kataka Rasi: 24.51 Tihi 24

Gulika 9:02AM – 10:20AM
Yama 6:27AM – 7:44AM
Rahu 12:55PM – 2:12PM

Ashlesha* Until 2:36PM
Sukla Until 10:21PM
Taitila Until 9:41AM
Navami* Until 8:40PM

Ganesha: Purple *Sunrise:* 6:27AM
Muruga: Clear *Sunset:* 4:47PM
Nataraja: Clear

Moon 10 - Phase 27
Navami

Creative Work Siddha Yoga
Until 2:36PM
Then Creative Work - Amrita Yoga

Moon – Blue
Ashvina-Aipasi
Subha Sivaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1 Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Albany, NY Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 8.56	Tithi 25	Gulika 7:45AM – 9:03AM	Magha* Until 1:29PM	Ganesh: Clear	<i>Sunrise:</i> 6:28AM	
		Yama 2:12PM – 3:29PM	Brahma Until 7:34PM	Muruga: Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 28
		654662364 Rahu 10:20AM – 11:37AM	Vanija Until 7:42AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 6:42PM	Moon – Red		Sivaloka Day
Until 1:29PM				Ashvina•Aipasi		
Then Creative Work - Siddha Yoga						

2 Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhiti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 23	Tithi 26 – 27	Gulika 6:29AM – 7:46AM	Purvaphalguni Until 12:14PM	Ganesh: White	<i>Sunrise:</i> 6:29AM	
		Yama 12:54PM – 2:11PM	Indra Until 4:51PM	Muruga: Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 28
		654762364 Rahu 9:03AM – 10:20AM	Kaulava Until 3:52AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 4:46PM	Moon – Red		Devaloka Day
Until 12:14PM				Ashvina•Aipasi		
Then Routine Work - Marana Yoga						

3 Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 7.01	Tithi 27 – 28	Gulika 2:10PM – 3:27PM	Uttaraphalguni Until 10:57AM	Ganesh: White	<i>Sunrise:</i> 6:31AM	
		Yama 11:37AM – 12:54PM	Vaidhriti* Until 2:11PM	Muruga: Clear	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 28
		654762364 Rahu 3:27PM – 4:44PM	Gara Until 2:07AM Mon	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:57PM	Moon – Red		Devaloka Day
				Ashvina•Aipasi		

Pradosha Vrata (Fasting)

4 Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 20.57	Tithi 28 – 29	Gulika 12:53PM – 2:10PM	Hasta Until 10:07AM	Ganesh: Green	<i>Sunrise:</i> 6:32AM	
Family Home Evening		Yama 10:21AM – 11:37AM	Vishkambha* Until 11:40AM	Muruga: Clear	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 28
		664762364 Rahu 7:48AM – 9:04AM	Visti Until 12:37AM Tue	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 1:19PM	Moon – Green		Devaloka Day
Until 10:07AM				Ashvina•Aipasi		Tour Day
Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Mahasamadhi				
		Deepavali Hindu Solidarity Day				

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Albany, NY Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 4.43	Tithi 29 – 30	Gulika 11:37AM – 12:53PM	Chitra Until 9:24AM	Ganesh: Green	<i>Sunrise:</i> 6:33AM	
		Yama 9:05AM – 10:21AM	Priti Until 9:24AM	Muruga: Clear	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 28
		664762364 Rahu 2:09PM – 3:25PM	Catuspada Until 11:28PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 11:58AM	Moon – Green		Devaloka Day
				Ashvina•Aipasi		

Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Albany, NY Sun 13 Sutra 206 Vilamba 5120
Tula Rasi: 18.16	Tithi 30 – 1	Gulika 10:21AM – 11:37AM	Svati Until 8:56AM	Ganesh: Clear	<i>Sunrise:</i> 6:34AM	
		Yama 7:50AM – 9:06AM	Ayushman Until 7:25AM	Muruga: Clear	<i>Sunset:</i> 4:40PM	Moon 10 - Phase 28
		765762364 Rahu 11:37AM – 12:53PM	Kintughna Until 10:46PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 11:02AM	Moon – Green		Sivaloka Day
				Kartika•Aipasi		
		Skanda Shasthi Begins				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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1		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Albany, NY Sun 14
Vrischika Rasi: 1.32	Tithi 1 – 2	Gulika 7:06AM – 10:22AM	Vishakha Until 9:16AM	Ganesh: Orange <i>Sunrise: 6:36AM</i>	Muruga: Clear <i>Sunset: 4:39PM</i>	Nataraja: Clear Moon – Orange	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	Rahu 12:53PM – 2:08PM	Sobhana Until 4:45AM Fri Balava Until 10:39PM Prathama* Until 10:37AM	Ganesh: Orange <i>Sunrise: 6:36AM</i>	Muruga: Clear <i>Sunset: 4:39PM</i>	Nataraja: Clear Moon – Orange	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
2		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Albany, NY Sun 15
Vrischika Rasi: 14.31	Tithi 2 – 3	Gulika 7:52AM – 9:07AM	Anuradha Until 10:02AM	Ganesh: Orange <i>Sunrise: 6:37AM</i>	Muruga: Clear <i>Sunset: 4:38PM</i>	Nataraja: Clear Moon – Orange	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	Rahu 2:08PM – 3:23PM	Athiganda* Until 4:08AM Sat Taitila Until 11:12PM Dvitiya Until 10:49AM	Ganesh: Orange <i>Sunrise: 6:37AM</i>	Muruga: Clear <i>Sunset: 4:38PM</i>	Nataraja: Clear Moon – Orange	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Until 10:02AM	Then Routine Work - Marana Yoga	Rahu 10:22AM – 11:37AM	Sukarma Until 4:03AM Sun Vanija Until 12:25AM Sun Tritiya Until 11:42AM	Ganesh: Orange <i>Sunrise: 6:38AM</i>	Muruga: Clear <i>Sunset: 4:37PM</i>	Nataraja: Clear Moon – Orange	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
3		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Albany, NY Sun 16
Vrischika Rasi: 27.09	Tithi 3 – 4	Gulika 6:38AM – 7:53AM	Jyeshtha* Until 11:18AM	Ganesh: Orange <i>Sunrise: 6:38AM</i>	Muruga: Clear <i>Sunset: 4:37PM</i>	Nataraja: Clear Moon – Orange	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	Rahu 12:52PM – 2:07PM	Sukarma Until 4:03AM Sun Vanija Until 12:25AM Sun Tritiya Until 11:42AM	Ganesh: Orange <i>Sunrise: 6:38AM</i>	Muruga: Clear <i>Sunset: 4:37PM</i>	Nataraja: Clear Moon – Orange	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Until 10:02AM	Then Routine Work - Marana Yoga	Rahu 9:08AM – 10:23AM	Sukarma Until 4:03AM Sun Vanija Until 12:25AM Sun Tritiya Until 11:42AM	Ganesh: Orange <i>Sunrise: 6:38AM</i>	Muruga: Clear <i>Sunset: 4:37PM</i>	Nataraja: Clear Moon – Orange	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
4		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY Sun 17
Dhanus Rasi: 9.3	Tithi 4 – 5	Gulika 2:07PM – 3:21PM	Mula* Until 1:31PM	Ganesh: Clear <i>Sunrise: 6:39AM</i>	Muruga: Clear <i>Sunset: 4:36PM</i>	Nataraja: Clear Moon – Light Blue	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Creative Work	Amrita Yoga	Rahu 11:38AM – 12:52PM	Dhriti Until 4:28AM Mon Bava Until 2:17AM Mon Chaturthi* Until 1:15PM	Ganesh: Clear <i>Sunrise: 6:39AM</i>	Muruga: Clear <i>Sunset: 4:36PM</i>	Nataraja: Clear Moon – Light Blue	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Until 1:31PM	Then Creative Work - Siddha Yoga	Rahu 3:21PM – 4:36PM	Dhriti Until 4:28AM Mon Bava Until 2:17AM Mon Chaturthi* Until 1:15PM	Ganesh: Clear <i>Sunrise: 6:39AM</i>	Muruga: Clear <i>Sunset: 4:36PM</i>	Nataraja: Clear Moon – Light Blue	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
5		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Albany, NY Sun 18
Dhanus Rasi: 21.36	Tithi 5 – 6	Gulika 12:52PM – 2:06PM	Purvashadha* Until 4:08PM	Ganesh: Clear <i>Sunrise: 6:41AM</i>	Muruga: Clear <i>Sunset: 4:35PM</i>	Nataraja: Clear Moon – Light Blue	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Family Home Evening	Routine Work	Rahu 10:23AM – 11:38AM	Shula* Until 5:12AM Tue Kaulava Until 4:38AM Tue Panchami Until 3:23PM	Ganesh: Clear <i>Sunrise: 6:41AM</i>	Muruga: Clear <i>Sunset: 4:35PM</i>	Nataraja: Clear Moon – Light Blue	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
7:55AM – 9:09AM	Marana Yoga	Rahu 7:55AM – 9:09AM	Shula* Until 5:12AM Tue Kaulava Until 4:38AM Tue Panchami Until 3:23PM	Ganesh: Clear <i>Sunrise: 6:41AM</i>	Muruga: Clear <i>Sunset: 4:35PM</i>	Nataraja: Clear Moon – Light Blue	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
6		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 19
Makara Rasi: 3.31	Tithi 6 – 7	Gulika 11:38AM – 12:52PM	Uttarashadha Until 6:58PM	Ganesh: Clear <i>Sunrise: 6:42AM</i>	Muruga: Clear <i>Sunset: 4:34PM</i>	Nataraja: Clear Moon – Light Blue	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Routine Work	Prabalarishta Yoga	Rahu 9:10AM – 10:24AM	Ganda* Until 6:10AM Wed Gara Until 7:18AM Wed Shashthi* Until 5:55PM	Ganesh: Clear <i>Sunrise: 6:42AM</i>	Muruga: Clear <i>Sunset: 4:34PM</i>	Nataraja: Clear Moon – Light Blue	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Until 6:58PM	Then Creative Work - Siddha Yoga	Rahu 2:06PM – 3:20PM	Ganda* Until 6:10AM Wed Gara Until 7:18AM Wed Shashthi* Until 5:55PM	Ganesh: Clear <i>Sunrise: 6:42AM</i>	Muruga: Clear <i>Sunset: 4:34PM</i>	Nataraja: Clear Moon – Light Blue	Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Retreat Star		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY Sun 20
Makara Rasi: 15.2	Tithi 7	Gulika 10:24AM – 11:38AM	Shravana Until 10:16PM	Ganesh: Purple <i>Sunrise: 6:43AM</i>	Muruga: Clear <i>Sunset: 4:33PM</i>	Nataraja: Clear Moon – Purple	Subha Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Creative Work	Siddha Yoga	Rahu 7:57AM – 9:11AM	Ganda* Until 6:10AM Gara Until 7:18AM Saptami Until 8:38PM	Ganesh: Purple <i>Sunrise: 6:43AM</i>	Muruga: Clear <i>Sunset: 4:33PM</i>	Nataraja: Clear Moon – Purple	Subha Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Until 10:16PM	Then Routine Work - Prabalarishta Yoga	Rahu 11:38AM – 12:52PM	Ganda* Until 6:10AM Gara Until 7:18AM Saptami Until 8:38PM	Ganesh: Purple <i>Sunrise: 6:43AM</i>	Muruga: Clear <i>Sunset: 4:33PM</i>	Nataraja: Clear Moon – Purple	Subha Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 3rd Phase
Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Albany, NY Sun 21
Makara Rasi: 27.07	Tithi 8	Gulika 9:11AM – 10:25AM	Dhanishtha Until 1:18AM Fri	Ganesh: Purple <i>Sunrise: 6:44AM</i>	Muruga: Clear <i>Sunset: 4:32PM</i>	Nataraja: Clear Moon – Purple	Subha Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 Ashtami
Creative Work	Siddha Yoga	Rahu 6:44AM – 7:58AM	Vridhhi Until 7:10AM Visti Until 9:59AM Ashtami* Until 11:13PM	Ganesh: Purple <i>Sunrise: 6:44AM</i>	Muruga: Clear <i>Sunset: 4:32PM</i>	Nataraja: Clear Moon – Purple	Subha Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 Ashtami
Until 10:16PM	Then Routine Work - Prabalarishta Yoga	Rahu 12:52PM – 2:05PM	Vridhhi Until 7:10AM Visti Until 9:59AM Ashtami* Until 11:13PM	Ganesh: Purple <i>Sunrise: 6:44AM</i>	Muruga: Clear <i>Sunset: 4:32PM</i>	Nataraja: Clear Moon – Purple	Subha Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 Ashtami
Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau				Albany, NY Sun 22
Kumbha Rasi: 8.59	Tithi 9	Gulika 7:59AM – 9:12AM	Shatabhishak Until 3:47AM Sat	Ganesh: Purple <i>Sunrise: 6:46AM</i>	Muruga: Clear <i>Sunset: 4:31PM</i>	Nataraja: Clear Moon – Purple	Subha Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 Navami
Creative Work	Siddha Yoga	Rahu 2:05PM – 3:18PM	Dhruva Until 7:59AM Balava Until 12:25PM Navami* Until 1:27AM Sat	Ganesh: Purple <i>Sunrise: 6:46AM</i>	Muruga: Clear <i>Sunset: 4:31PM</i>	Nataraja: Clear Moon – Purple	Subha Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 Navami
Until 3:47AM Sat	Then Routine Work - Marana Yoga	Rahu 10:25AM – 11:38AM	Dhruva Until 7:59AM Balava Until 12:25PM Navami* Until 1:27AM Sat	Ganesh: Purple <i>Sunrise: 6:46AM</i>	Muruga: Clear <i>Sunset: 4:31PM</i>	Nataraja: Clear Moon – Purple	Subha Sivaloka Day	Vilamba 5120 Moon 10 - Phase 29 Navami

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau				Albany, NY Sutra 216 Vilamba 5120
Kumbha Rasi: 21.02	Tithi 10	Gulika	6:47AM – 8:00AM	Purvaprossthapada* Until 6:02AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:47AM	Sun 23	
		Yama	12:51PM – 2:04PM	Vyaghata* Until 8:29AM	Muruga: Clear	<i>Sunset:</i> 4:30PM		Moon 10 - Phase 30
		Rahu	9:13AM – 10:26AM	Tailila Until 2:23PM	Nataraja: White			4th Phase
Routine Work	Marana Yoga			Dashami Until 3:06AM Sun	Moon – Clear		Devaloka Day	
Until 6:02AM Sun					Karttika-Karttikai			
Then Creative Work - Amrita Yoga								

2		Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sutra 217 Vilamba 5120
Meena Rasi: 3.19	Tithi 11	Gulika	2:04PM – 3:17PM	Purvaprossthapada* Until 6:02AM	Ganesha: Red	<i>Sunrise:</i> 6:48AM	Sun 24	
		Yama	11:39AM – 12:51PM	Harshana Until 8:32AM	Muruga: Clear	<i>Sunset:</i> 4:29PM		Moon 10 - Phase 30
		Rahu	3:17PM – 4:29PM	Vanija Until 3:41PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 4:02AM Mon	Moon – Clear		Devaloka Day	
Until 6:02AM					Karttika-Karttikai			
Then Creative Work - Amrita Yoga								

3		Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Albany, NY Sutra 218 Vilamba 5120
Meena Rasi: 15.54	Tithi 12	Gulika	12:51PM – 2:04PM	Uttaraprossthapada Until 7:25AM	Ganesha: Red	<i>Sunrise:</i> 6:49AM	Sun 25	
Family Home Evening		Yama	10:27AM – 11:39AM	Vajra* Until 8:00AM	Muruga: Clear	<i>Sunset:</i> 4:29PM		Moon 10 - Phase 30
		Rahu	8:02AM – 9:14AM	Bava Until 4:15PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 4:13AM Tue	Moon – Clear		Devaloka Day	
					Karttika-Karttikai			

4		Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyalipata* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Albany, NY Sutra 219 Vilamba 5120
Meena Rasi: 28.5	Tithi 13	Gulika	11:39AM – 12:51PM	Revati Until 7:56AM	Ganesha: Red	<i>Sunrise:</i> 6:50AM	Sun 26	
		Yama	9:15AM – 10:27AM	Siddhi Until 6:53AM	Muruga: Clear	<i>Sunset:</i> 4:28PM		Moon 10 - Phase 30
		Rahu	2:04PM – 3:16PM	Kaulava Until 4:03PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 3:40AM Wed	Moon – Clear		Devaloka Day	
					Karttika-Karttikai			
					<i>Pradosha Vrata</i>			

5		Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sutra 220 Vilamba 5120
Mesha Rasi: 12.1	Tithi 14	Gulika	10:28AM – 11:39AM	Ashvini Until 7:03AM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	Sun 27	
		Yama	8:04AM – 9:16AM	Variyan Until 3:01AM Thu	Muruga: Clear	<i>Sunset:</i> 4:27PM		Moon 10 - Phase 30
		Rahu	11:39AM – 12:51PM	Gara Until 3:10PM	Nataraja: White			4th Phase
Routine Work	Marana Yoga			Chaturdashi* Until 2:28AM Thu	Moon – White		Bhuloka Day	
Until 8:03AM					Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga								

○		Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sutra 221 Vilamba 5120
Copper Retreat Star		Gulika	9:16AM – 10:28AM	Bharani Until 7:23AM	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	Sun 27	
Mesha Rasi: 25.51	Tithi 15	Yama	6:53AM – 8:05AM	Parigha* Until 12:25AM Fri	Muruga: Clear	<i>Sunset:</i> 4:27PM		Moon 10 - Phase 30
		Rahu	12:51PM – 2:03PM	Visti Until 1:40PM	Nataraja: White			Purnima
Creative Work	Siddha Yoga			Purnima* Until 12:43AM Fri	Moon – White		Bhuloka Day	
Until 7:23AM		Krittika Deepam			Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sutra 222 Vilamba 5120		
Silver Retreat Star		Gulika	8:06AM – 9:17AM	Krittika Until 6:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	Sun 28	
Vrishabha Rasi: 9.52	Tithi 16	Yama	2:03PM – 3:14PM	Shiva Until 9:29PM	Muruga: Clear	<i>Sunset:</i> 4:26PM		Moon 10 - Phase 30
		Rahu	10:29AM – 11:40AM	Balava Until 11:42AM	Nataraja: White			Prathama
Creative Work	Siddha Yoga			Prathama* Until 10:34PM	Moon – White		Bhuloka Day	
Until 6:05AM		Vinayaga Viratam Begins			Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY

Sutra 223

Vilamba 5120

Wrishabha Rasi: 24.06 Tihi 17

737762365

Gulika 6:55AM – 8:07AM
Yama 12:52PM – 2:03PM
Rahu 9:18AM – 10:29AM

Mrigashira Until 2:56AM Sun
Siddha Until 6:19PM
Taitila Until 9:25AM
Dvitiya Until 8:10PM

Ganesha: Red *Sunrise:* 6:55AM
Muruga: Clear *Sunset:* 4:25PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sutra 224

Vilamba 5120

Mithuna Rasi: 8.29 Tihi 18 – 19

737762365

Gulika 2:03PM – 3:14PM
Yama 11:41AM – 12:52PM
Rahu 3:14PM – 4:25PM

Ardra Until 12:57AM Mon
Sadhya Until 3:02PM
Vanija Until 6:55AM
Tritiya Until 5:37PM

Ganesha: Red *Sunrise:* 6:56AM
Muruga: Clear *Sunset:* 4:25PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY

Sutra 225

Vilamba 5120

Mithuna Rasi: 22.56 Tihi 19 – 20

747762365

Gulika 12:52PM – 2:03PM
Yama 10:30AM – 11:41AM
Rahu 8:08AM – 9:19AM

Punarvasu Until 11:16PM
Subha Until 11:45AM
Kaulava Until 1:50AM Tue
Chaturthi* Until 3:04PM

Ganesha: Green *Sunrise:* 6:58AM
Muruga: Clear *Sunset:* 4:24PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sutra 226

Vilamba 5120

Kataka Rasi: 7.21 Tihi 20 – 21

747862365

Gulika 11:41AM – 12:52PM
Yama 9:20AM – 10:31AM
Rahu 2:02PM – 3:13PM

Pushya Until 9:34PM
Sukla Until 8:30AM
Gara Until 11:26PM
Panchami Until 12:36PM

Ganesha: White *Sunrise:* 6:59AM
Muruga: Clear *Sunset:* 4:24PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY

Sutra 227

Vilamba 5120

Kataka Rasi: 21.4 Tihi 21 – 22

747863365

Gulika 10:31AM – 11:42AM
Yama 8:10AM – 9:21AM
Rahu 11:42AM – 12:52PM

Ashlesha* Until 7:55PM
Indra Until 2:27AM Thu
Visti Until 9:14PM
Shashthi* Until 10:17AM

Ganesha: White *Sunrise:* 7:00AM
Muruga: Purple *Sunset:* 4:23PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 31
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sutra 228

Vilamba 5120

Simha Rasi: 5.5 Tihi 22 – 23

757863365

Gulika 9:21AM – 10:32AM
Yama 7:01AM – 8:11AM
Rahu 12:52PM – 2:02PM

Magha* Until 6:46PM
Vaidhriti* Until 11:41PM
Balava Until 7:17PM
Saptami Until 8:12AM

Ganesha: Clear *Sunrise:* 7:01AM
Muruga: Purple *Sunset:* 4:23PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Albany, NY

Sutra 229

Vilamba 5120

Simha Rasi: 19.52 Tihi 23 – 24

758863365

Gulika 8:12AM – 9:22AM
Yama 2:02PM – 3:12PM
Rahu 10:32AM – 11:42AM

Purvaphalguni Until 5:45PM
Vishkambha* Until 9:08PM
Gara Until 4:49AM Sat
Ashtami* Until 6:22AM

Ganesha: Orange *Sunrise:* 7:02AM
Muruga: Purple *Sunset:* 4:23PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 31
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1		Saturday, December 1, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Albany, NY Sun 7 Sutra 230 Vilamba 5120
Kanya Rasi: 3.42	Tithi 25	Gulika	7:03AM – 8:13AM	Uttaraphalguni Until 4:50PM	Ganesh: Orange <i>Sunrise:</i> 7:03AM		
		Yama	12:53PM – 2:02PM	Priti Until 6:50PM	Muruga: Purple <i>Sunset:</i> 4:22PM	Moon 11 - Phase 32	
		758863365 Rahu	9:23AM – 10:33AM	Vanija Until 4:09PM	Nataraja: White	2nd Phase	
Routine Work	Marana Yoga			Dashami Until 3:31AM Sun	Moon – Red	Bhuloka Day	
					Karttika-Karttikai	Devaloka Time: 6:AM to 9:AM	

2		Sunday, December 2, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau	Albany, NY Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 17.23	Tithi 26	Gulika	2:02PM – 3:12PM	Hasta Until 4:30PM	Ganesh: Light Blue <i>Sunrise:</i> 7:04AM		
		Yama	11:43AM – 12:53PM	Ayushman Until 4:43PM	Muruga: Purple <i>Sunset:</i> 4:22PM	Moon 11 - Phase 32	
		768863365 Rahu	3:12PM – 4:22PM	Bava Until 3:01PM	Nataraja: White	2nd Phase	
Creative Work	Amrita Yoga			Ekadashi* Until 2:32AM Mon	Moon – Green	Bhuloka Day	
Until 4:30PM					Karttika-Karttikai		
Then Creative Work - Siddha Yoga							

3		Monday, December 3, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Albany, NY Sun 9 Sutra 232 Vilamba 5120
Tula Rasi: 0.53	Tithi 27	Gulika	12:53PM – 2:03PM	Chitra Until 4:20PM	Ganesh: Light Blue <i>Sunrise:</i> 7:05AM		
Family Home Evening		Yama	10:34AM – 11:43AM	Saubhagya Until 2:52PM	Muruga: Purple <i>Sunset:</i> 4:22PM	Moon 11 - Phase 32	
		768863365 Rahu	8:15AM – 9:24AM	Kaulava Until 2:11PM	Nataraja: White	2nd Phase	
Routine Work	Prabalarishta Yoga			Dvadashi* Until 1:52AM Tue	Moon – Green	Bhuloka Day	
Until 4:20PM					Karttika-Karttikai		
Then Creative Work - Amrita Yoga							

4		Tuesday, December 4, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Trayodashyam Titau	Albany, NY Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 14.13	Tithi 28	Gulika	11:44AM – 12:53PM	Svati Until 4:21PM	Ganesh: Light Blue <i>Sunrise:</i> 7:06AM		
		Yama	9:25AM – 10:34AM	Sobhana Until 1:17PM	Muruga: Purple <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32	
		768863365 Rahu	2:03PM – 3:12PM	Gara Until 1:41PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 1:34AM Wed	Moon – Green	Bhuloka Day	
Until 4:21PM					Karttika-Karttikai	Tour Day	
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, December 5, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visli*/Sakuni* Karana Chaturdashyam Titau	Albany, NY Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 27.21	Tithi 29	Gulika	10:35AM – 11:44AM	Vishakha Until 5:03PM	Ganesh: Purple <i>Sunrise:</i> 7:07AM		
		Yama	8:17AM – 9:26AM	Athiganda* Until 12:00PM	Muruga: Purple <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32	
		778863365 Rahu	11:44AM – 12:54PM	Visli Until 1:36PM	Nataraja: White	2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:42AM Thu	Moon – Orange	Bhuloka Day	
					Karttika-Karttikai		

●		Thursday, December 6, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Albany, NY Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika	9:26AM – 10:36AM	Anuradha Until 6:04PM	Ganesh: Purple <i>Sunrise:</i> 7:08AM		
Vrischika Rasi: 10.15	Tithi 30	Yama	7:08AM – 8:17AM	Sukarma Until 11:04AM	Muruga: Purple <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32	
		778863365 Rahu	12:54PM – 2:03PM	Catuspada Until 1:59PM	Nataraja: White	Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 2:20AM Fri	Moon – Orange	Bhuloka Day	
Until 6:04PM					Karttika-Karttikai		
Then Routine Work - Prabalarishta Yoga							

Friday, December 7, 2018		Retreat Star				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau	Albany, NY Sun 13 Sutra 236 Vilamba 5120
Vrischika Rasi: 22.56	Tithi 1	Gulika	8:18AM – 9:27AM	Jyeshtha* Until 7:25PM	Ganesh: Light Blue <i>Sunrise:</i> 7:09AM		
		Yama	2:03PM – 3:12PM	Dhriti Until 10:33AM	Muruga: Purple <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32	
		779863365 Rahu	10:36AM – 11:45AM	Kintughna Until 2:52PM	Nataraja: White	Prathama	
Routine Work	Marana Yoga			Prathama* Until 3:29AM Sat	Moon – Orange	Bhuloka Day	
Until 7:25PM					Margasira-Karttikai		
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Albany, NY Sun 14 Sutra 237 Vilamba 5120
Dhanus Rasi: 5.22	Tithi 2	Gulika Yama 789863365	7:10AM – 8:19AM 12:54PM – 2:03PM Rahu 9:28AM – 10:37AM	Mula* Until 9:36PM Shula* Until 10:24AM Balava Until 4:18PM Dvitiya Until 5:11AM Sun	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	<i>Sunrise:</i> 7:10AM <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Creative Work	Siddha Yoga						
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Tailila Karana Tritiyayam Titau			Albany, NY Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 17.34	Tithi 3	Gulika Yama 789863365	2:04PM – 3:12PM 11:46AM – 12:55PM Rahu 3:12PM – 4:21PM	Purvashadha* Until 12:07AM Mon Ganda* Until 10:41AM Tailila Until 6:15PM Tritiya Until 7:22AM Mon	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	<i>Sunrise:</i> 7:11AM <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Creative Work	Siddha Yoga						
Until 12:07AM Mon							
Then Routine Work - Marana Yoga							
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Albany, NY Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 29.35	Tithi 3 – 4	Gulika Yama 789863365	12:55PM – 2:04PM 10:38AM – 11:46AM Rahu 8:21AM – 9:29AM	Uttarashadha Until 2:51AM Tue Vriddhi Until 11:18AM Vanija Until 8:38PM Tritiya Until 7:22AM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Light Blue Margasira-Karttikai	<i>Sunrise:</i> 7:12AM <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Family Home Evening							
Routine Work	Marana Yoga						
Until 2:51AM Tue							
Then Creative Work - Siddha Yoga							
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Albany, NY Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 11.28	Tithi 4 – 5	Gulika Yama 799863365	11:47AM – 12:55PM 9:30AM – 10:38AM Rahu 2:04PM – 3:13PM	Shravana Until 6:08AM Wed Dhruva Until 12:10PM Bava Until 11:18PM Chaturthi* Until 9:55AM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	<i>Sunrise:</i> 7:13AM <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day Tour Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga						
Until 6:08AM Wed							
Then Routine Work - Prabalarishta Yoga							
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Albany, NY Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 23.15	Tithi 5 – 6	Gulika Yama 799863365	10:39AM – 11:47AM 8:22AM – 9:31AM Rahu 11:47AM – 12:56PM	Shravana Until 6:08AM Vyaghata* Until 1:10PM Kaulava Until 2:03AM Thu Panchami Until 12:40PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	<i>Sunrise:</i> 7:14AM <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga						
Until 6:08AM							
Then Routine Work - Prabalarishta Yoga							
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Albany, NY Sun 19 Sutra 242 Vilamba 5120
Kumbha Rasi: 5.02	Tithi 6 – 7	Gulika Yama 799863365	9:31AM – 10:40AM 7:14AM – 8:23AM Rahu 12:56PM – 2:05PM	Dhanishtha Until 9:17AM Harshana Until 2:09PM Gara Until 4:40AM Fri Shashthi* Until 3:22PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	<i>Sunrise:</i> 7:14AM <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga						
Vinayaga Viratam Ends							
7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Albany, NY Sun 20 Sutra 243 Vilamba 5120
Retreat Star		Gulika Yama 799863365	8:23AM – 9:32AM 2:05PM – 3:13PM Rahu 10:40AM – 11:48AM	Shatabhishak Until 12:04PM Vajra* Until 2:55PM Visti Until 6:53AM Sat Saptami Until 5:49PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Purple Margasira-Karttikai	<i>Sunrise:</i> 7:15AM <i>Sunset:</i> 4:22PM	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 16.53	Tithi 7 – 8						
Creative Work	Siddha Yoga						
8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau			Albany, NY Sun 21 Sutra 244 Vilamba 5120
Retreat Star		Gulika Yama 711863365	7:16AM – 8:24AM 12:57PM – 2:05PM Rahu 9:32AM – 10:41AM	Purvaproshtapada* Until 2:45PM Siddhi Until 3:21PM Visti Until 6:53AM Ashtami* Until 7:45PM	Ganesh: Clear Muruga: Purple Nataraja: White Moon – Clear Margasira-Markali	<i>Sunrise:</i> 7:16AM <i>Sunset:</i> 4:22PM	Moon 11 - Phase 33 Ashtami Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 28.53	Tithi 8						
Routine Work	Marana Yoga						
Until 2:45PM							
Then Creative Work - Siddha Yoga							
9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Navamyam Titau			Albany, NY Sun 22 Sutra 245 Vilamba 5120
Retreat Star		Gulika Yama 811863365	2:06PM – 3:14PM 11:49AM – 12:58PM Rahu 3:14PM – 4:22PM	Uttaraproshtapada Until 4:38PM Vyatipata* Until 3:18PM Balava Until 8:30AM Navami* Until 9:01PM	Ganesh: Purple Muruga: Purple Nataraja: White Moon – Clear Margasira-Markali	<i>Sunrise:</i> 7:17AM <i>Sunset:</i> 4:22PM	Moon 11 - Phase 33 Navami Bhuloka Day
Meena Rasi: 11.08	Tithi 9						
Creative Work	Amrita Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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1		Monday, December 17, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau	Albany, NY Sun 23 Sutra 246 Vilamba 5120
Meena Rasi: 23.41	Tithi 10	Gulika	12:58PM – 2:06PM	Revati Until 5:38PM	Ganesh: Purple	<i>Sunrise:</i> 7:17AM	
Family Home Evening	811863365	Yama	10:42AM – 11:50AM	Variyan Until 2:38PM	Muruga: Purple	<i>Sunset:</i> 4:22PM	
Creative Work	Siddha Yoga	Rahu	8:25AM – 9:34AM	Taitila Until 9:22AM	Nataraja: White	Moon 11 - Phase 34	
				Dashami Until 9:29PM	Moon – Clear	4th Phase	
					Margasira*Markali	Bhuloka Day	

2		Tuesday, December 18, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau	Albany, NY Sun 24 Sutra 247 Vilamba 5120
Mesha Rasi: 6.37	Tithi 11	Gulika	11:50AM – 12:58PM	Ashvini Until 6:09PM	Ganesh: Clear	<i>Sunrise:</i> 7:18AM	
	821863365	Yama	9:34AM – 10:42AM	Parigha* Until 1:21PM	Muruga: Purple	<i>Sunset:</i> 4:23PM	
Creative Work	Siddha Yoga	Rahu	2:07PM – 3:15PM	Vanija Until 9:26AM	Nataraja: White	Moon 11 - Phase 34	
				Ekadashi Until 9:08PM	Moon – White	4th Phase	
		Gita Jayanthi			Margasira*Markali	Bhuloka Day	
					Devaloka Time: 6:AM to 9:AM		

3		Wednesday, December 19, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau	Albany, NY Sun 25 Sutra 248 Vilamba 5120
Mesha Rasi: 19.58	Tithi 12	Gulika	10:43AM – 11:51AM	Bharani Until 5:43PM	Ganesh: Clear	<i>Sunrise:</i> 7:19AM	
	821863365	Yama	8:27AM – 9:35AM	Shiva Until 11:26AM	Muruga: Purple	<i>Sunset:</i> 4:23PM	
Creative Work	Siddha Yoga	Rahu	11:51AM – 12:59PM	Bava Until 8:40AM	Nataraja: White	Moon 11 - Phase 34	
Until 5:43PM				Dvadashi Until 7:59PM	Moon – White	4th Phase	
Then Creative Work - Amrita Yoga					Margasira*Markali	Bhuloka Day	
					Devaloka Time: 6:AM to 9:AM		

4		Thursday, December 20, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Albany, NY Sun 26 Sutra 249 Vilamba 5120
Vrisabha Rasi: 3.46	Tithi 13	Gulika	9:35AM – 10:43AM	Krittika Until 4:28PM	Ganesh: Clear	<i>Sunrise:</i> 7:19AM	
	821863365	Yama	7:19AM – 8:27AM	Siddha Until 8:56AM	Muruga: Purple	<i>Sunset:</i> 4:24PM	
Routine Work	Marana Yoga	Rahu	12:59PM – 2:07PM	Kaulava Until 7:09AM	Nataraja: White	Moon 11 - Phase 34	
				Trayodashi Until 6:08PM	Moon – White	4th Phase	
					Margasira*Markali	Bhuloka Day	
					Devaloka Time: 6:AM to 9:AM		

Pradosha Vrata

5		Friday, December 21, 2018				Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Albany, NY Sun 27 Sutra 250 Vilamba 5120
Vrisabha Rasi: 17.58	Tithi 14 – 15	Gulika	8:28AM – 9:36AM	Rohini Until 2:54PM	Ganesh: White	<i>Sunrise:</i> 7:20AM	
	821863365	Yama	2:08PM – 3:16PM	Subha Until 2:32AM Sat	Muruga: Purple	<i>Sunset:</i> 4:24PM	
Routine Work	Marana Yoga	Rahu	10:44AM – 11:52AM	Visti Until 2:21AM Sat	Nataraja: White	Moon 11 - Phase 34	
Until 2:54PM				Chaturdashi* Until 3:43PM	Moon – Yellow	4th Phase	
Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati			Margasira*Markali	Bhuloka Day	

○		Saturday, December 22, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Albany, NY Sun 27 Sutra 251 Vilamba 5120
Copper Retreat Star		Gulika	7:20AM – 8:28AM	Mrigashira Until 12:47PM	Ganesh: Yellow	<i>Sunrise:</i> 7:20AM	
Mithuna Rasi: 2.3	Tithi 15 – 16	Yama	1:00PM – 2:08PM	Sukla Until 10:51PM	Muruga: Purple	<i>Sunset:</i> 4:25PM	
	831963365	Rahu	9:36AM – 10:44AM	Balava Until 11:21PM	Nataraja: White	Moon 11 - Phase 34	
Creative Work	Siddha Yoga			Purnima* Until 12:52PM	Moon – Yellow	Purnima	
		Day 2 of Pancha Ganapati			Margasira*Markali	Bhuloka Day	
					Devaloka Time: 9:AM to 12:PM		

○		Sunday, December 23, 2018				Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Albany, NY Sun 28 Sutra 252 Vilamba 5120
Silver Retreat Star		Gulika	2:09PM – 3:17PM	Ardra Until 10:15AM	Ganesh: Yellow	<i>Sunrise:</i> 7:21AM	
Mithuna Rasi: 17.16	Tithi 16 – 17	Yama	11:53AM – 1:01PM	Brahma Until 7:00PM	Muruga: Purple	<i>Sunset:</i> 4:25PM	
	831963365	Rahu	3:17PM – 4:25PM	Taitila Until 8:09PM	Nataraja: White	Moon 11 - Phase 34	
Creative Work	Siddha Yoga			Prathama* Until 9:45AM	Moon – Yellow	Prathama	
		Day 3 of Pancha Ganapati			Margasira*Markali	Bhuloka Day	
		Ardra Darshanam			Devaloka Time: 9:AM to 12:PM		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tihi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Dvitiya/Tritiyam Titau

Gulika 1:01PM - 2:10PM

Yama 10:45AM - 11:53AM

Rahu 8:29AM - 9:37AM

Day 4 of Pancha Ganapati

Punarvasu Until 7:53AM

Indra Until 3:07PM

Visti Until 3:19AM Tue

Dvitiya Until 6:31AM

Ganesha: Blue Sunrise: 7:21AM

Muruga: Purple Sunset: 4:26PM

Nataraja: White

Moon - Blue
Margasira*Markali

Albany, NY

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 17.01 Tihi 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:54AM - 1:02PM

Yama 9:38AM - 10:46AM

Rahu 2:10PM - 3:18PM

Day 5 of Pancha Ganapati

Ashlesha* Until 2:59AM Wed

Vaidhriti* Until 11:18AM

Bava Until 1:47PM

Chaturthi* Until 12:16AM Wed

Ganesha: Yellow Sunrise: 7:21AM

Muruga: Purple Sunset: 4:26PM

Nataraja: White

Moon - Blue
Margasira*Markali

Albany, NY

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Simha Rasi: 1.44 Tihi 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:46AM - 11:54AM

Yama 8:30AM - 9:38AM

Rahu 11:54AM - 1:03PM

Day 5 of Pancha Ganapati

Magha* Until 1:08AM Thu

Vishkambha* Until 7:39AM

Kaulava Until 10:52AM

Panchami Until 9:31PM

Ganesha: Blue Sunrise: 7:22AM

Muruga: Purple Sunset: 4:27PM

Nataraja: Green

Moon - Red
Margasira*Markali

Albany, NY

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

3

Thursday, December 27, 2018

Simha Rasi: 16.14 Tihi 21

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashtyam Titau

Gulika 9:39AM - 10:47AM

Yama 7:22AM - 8:30AM

Rahu 1:03PM - 2:11PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 11:33PM

Ayushman Until 1:14AM Fri

Gara Until 8:18AM

Shashthi* Until 7:10PM

Ganesha: Blue Sunrise: 7:22AM

Muruga: Purple Sunset: 4:28PM

Nataraja: Green

Moon - Red
Margasira*Markali

Albany, NY

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

4

Friday, December 28, 2018

Kanya Rasi: 0.26 Tihi 22 - 23

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:31AM - 9:39AM

Yama 2:12PM - 3:20PM

Rahu 10:47AM - 11:55AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 10:17PM

Saubhagya Until 10:35PM

Visti Until 6:10AM

Saptami Until 5:16PM

Ganesha: Blue Sunrise: 7:22AM

Muruga: Purple Sunset: 4:28PM

Nataraja: Green

Moon - Red
Margasira*Markali

Albany, NY

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Bhuloka Day

D

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tihi 23 - 24

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:23AM - 8:31AM

Yama 1:04PM - 2:13PM

Rahu 9:39AM - 10:48AM

Day 5 of Pancha Ganapati

Hasta Until 9:50PM

Sobhana Until 8:22PM

Taitila Until 3:26AM Sun

Ashtami* Until 3:54PM

Ganesha: Red Sunrise: 7:23AM

Muruga: Purple Sunset: 4:29PM

Nataraja: Green

Moon - Green
Margasira*Markali

Albany, NY

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tihi 24 - 25

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 2:13PM - 3:22PM

Yama 11:56AM - 1:05PM

Rahu 3:22PM - 4:30PM

Day 5 of Pancha Ganapati

Chitra Until 9:46PM

Athiganda* Until 6:33PM

Vanija Until 2:52AM Mon

Navami* Until 3:04PM

Ganesha: Red Sunrise: 7:23AM

Muruga: Purple Sunset: 4:30PM

Nataraja: Green

Moon - Green
Margasira*Markali

Albany, NY

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Albany, NY Sun 8 Sutra 260 Vilamba 5120
1		Gulika	1:05PM – 2:14PM	Svati Until 10:03PM	Ganesh: Red <i>Sunrise:</i> 7:23AM	
Tula Rasi: 11.11	Tithi 25 – 26	Yama	10:48AM – 11:57AM	Sukarma Until 5:09PM	Muruga: Purple <i>Sunset:</i> 4:31PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu	8:32AM – 9:40AM	Bava Until 2:49AM Tue	Nataraja: Green	2nd Phase
Creative Work	Amrita Yoga			Dashami Until 2:45PM	Moon – Green	Bhuloka Day
Until 10:03PM					Margasira-Markali	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 9 Sutra 261 Vilamba 5120
2		Gulika	11:57AM – 1:06PM	Vishakha Until 11:08PM	Ganesh: Green <i>Sunrise:</i> 7:23AM	
Tula Rasi: 24.11	Tithi 26 – 27	Yama	9:40AM – 10:49AM	Dhriti Until 4:09PM	Muruga: Purple <i>Sunset:</i> 4:32PM	Moon 12 - Phase 36
	872963366	Rahu	2:14PM – 3:23PM	Kaulava Until 3:17AM Wed	Nataraja: Green	2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 2:58PM	Moon – Orange	Bhuloka Day
Until 11:08PM					Margasira-Markali	
Then Creative Work - Siddha Yoga						

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 10 Sutra 262 Vilamba 5120
3		Gulika	10:49AM – 11:58AM	Anuradha Until 12:31AM Thu	Ganesh: Green <i>Sunrise:</i> 7:23AM	
Vrischika Rasi: 6.57	Tithi 27 – 28	Yama	8:32AM – 9:41AM	Shula* Until 3:31PM	Muruga: Purple <i>Sunset:</i> 4:32PM	Moon 12 - Phase 36
	872963366	Rahu	11:58AM – 1:06PM	Gara Until 4:13AM Thu	Nataraja: Green	2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 3:40PM	Moon – Orange	Bhuloka Day
Until 12:31AM Thu					Margasira-Markali	
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata (Fasting)</i>		

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 11 Sutra 263 Vilamba 5120
4		Gulika	9:41AM – 10:50AM	Jyeshtha* Until 2:12AM Fri	Ganesh: Green <i>Sunrise:</i> 7:23AM	
Vrischika Rasi: 19.3	Tithi 28 – 29	Yama	7:23AM – 8:32AM	Ganda* Until 3:14PM	Muruga: Purple <i>Sunset:</i> 4:33PM	Moon 12 - Phase 36
	872963366	Rahu	1:07PM – 2:16PM	Visti Until 5:37AM Fri	Nataraja: Green	2nd Phase
Routine Work	Prabalarishta Yoga			Trayodashi* Until 4:51PM	Moon – Orange	Bhuloka Day
Until 2:12AM Fri					Margasira-Markali	
Then Creative Work - Amrita Yoga						

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vridhhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Albany, NY Sun 12 Sutra 264 Vilamba 5120
5		Gulika	8:32AM – 9:41AM	Mula* Until 4:36AM Sat	Ganesh: White <i>Sunrise:</i> 7:23AM	
Dhanus Rasi: 1.51	Tithi 29	Yama	2:17PM – 3:25PM	Vridhhi Until 3:19PM	Muruga: Purple <i>Sunset:</i> 4:34PM	Moon 12 - Phase 36
	882963366	Rahu	10:50AM – 11:59AM	Sakuni Until 6:28PM	Nataraja: Green	2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 6:28PM	Moon – Light Blue	Bhuloka Day
Until 4:36AM Sat					Margasira-Markali	
Then Creative Work - Siddha Yoga						

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Albany, NY Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika	7:23AM – 8:32AM	Purvashadha* Until 7:13AM Sun	Ganesh: White <i>Sunrise:</i> 7:23AM	
Dhanus Rasi: 14.02	Tithi 30	Yama	1:08PM – 2:17PM	Dhruva Until 3:40PM	Muruga: Clear <i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
	882973366	Rahu	9:41AM – 10:50AM	Catuspada Until 7:27AM	Nataraja: Green	Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 8:29PM	Moon – Light Blue	Bhuloka Day
Until 7:13AM Sun		Subramuniyaswami Jayanti			Margasira-Markali	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Albany, NY Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika	2:18PM – 3:27PM	Purvashadha* Until 7:13AM	Ganesh: White <i>Sunrise:</i> 7:23AM	
Dhanus Rasi: 26.03	Tithi 1	Yama	12:00PM – 1:09PM	Vyaghata* Until 4:18PM	Muruga: Clear <i>Sunset:</i> 4:36PM	Moon 12 - Phase 36
	882973366	Rahu	3:27PM – 4:36PM	Kintughna Until 9:39AM	Nataraja: Green	Prathama
Creative Work	Siddha Yoga			Prathama* Until 10:50PM	Moon – Light Blue	Bhuloka Day
Until 7:13AM		Partial Solar Eclipse			Pausha-Markali	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sun 15 Sutra 267 Vilamba 5120
1		Gulika	1:09PM – 2:19PM	Uttarashadha Until 9:56AM	Ganesh: White <i>Sunrise:</i> 7:23AM	
Makara Rasi: 7.58	Tithi 2	Yama	10:51AM – 12:00PM	Harshana Until 5:09PM	Muruga: Clear <i>Sunset:</i> 4:37PM	Moon 12 - Phase 37
Family Home Evening	882973366	Rahu	8:32AM – 9:42AM	Balava Until 12:09PM	Nataraja: Green	3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 1:27AM Tue	Moon – Light Blue	
Until 9:56AM					Pausha-Markali	Bhuloka Day
Then Creative Work - Amrita Yoga						Devaloka Time: 12:PM to 3:PM

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Tritiyayam Titau				Albany, NY Sun 16 Sutra 268 Vilamba 5120
2		Gulika	12:01PM – 1:10PM	Shravana Until 1:12PM	Ganesh: Red <i>Sunrise:</i> 7:23AM	
Makara Rasi: 19.47	Tithi 3	Yama	9:42AM – 10:51AM	Vajra* Until 6:06PM	Muruga: Clear <i>Sunset:</i> 4:38PM	Moon 12 - Phase 37
	893973366	Rahu	2:19PM – 3:29PM	Tailila Until 2:50PM	Nataraja: Green	3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 4:12AM Wed	Moon – Purple	
					Pausha-Markali	Devaloka Day

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Albany, NY Sun 17 Sutra 269 Vilamba 5120
3		Gulika	10:51AM – 12:01PM	Dhanishtha Until 4:22PM	Ganesh: Red <i>Sunrise:</i> 7:23AM	
Kumbha Rasi: 1.34	Tithi 4	Yama	8:32AM – 9:42AM	Siddhi Until 7:06PM	Muruga: Clear <i>Sunset:</i> 4:39PM	Moon 12 - Phase 37
	893973366	Rahu	12:01PM – 1:11PM	Vanija Until 5:36PM	Nataraja: Green	3rd Phase
Routine Work	Prabalarishta Yoga			Chaturthi* Until 6:55AM Thu	Moon – Purple	
Until 4:22PM					Pausha-Markali	Devaloka Day
Then Creative Work - Siddha Yoga						

Thursday, January 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY Sun 18 Sutra 270 Vilamba 5120
4		Gulika	9:42AM – 10:52AM	Shatabhishak Until 7:16PM	Ganesh: Red <i>Sunrise:</i> 7:23AM	
Kumbha Rasi: 13.22	Tithi 4 – 5	Yama	7:23AM – 8:32AM	Vyatipata* Until 8:01PM	Muruga: Clear <i>Sunset:</i> 4:40PM	Moon 12 - Phase 37
	893973366	Rahu	1:11PM – 2:21PM	Bava Until 8:15PM	Nataraja: Green	3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 6:55AM	Moon – Purple	
					Pausha-Markali	Devaloka Day

Friday, January 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY Sun 19 Sutra 271 Vilamba 5120
5		Gulika	8:32AM – 9:42AM	Purvaproshtapada* Until 10:14PM	Ganesh: Clear <i>Sunrise:</i> 7:22AM	
Kumbha Rasi: 25.13	Tithi 5 – 6	Yama	2:22PM – 3:32PM	Variyan Until 8:43PM	Muruga: Clear <i>Sunset:</i> 4:41PM	Moon 12 - Phase 37
	813973366	Rahu	10:52AM – 12:02PM	Kaulava Until 10:37PM	Nataraja: Green	3rd Phase
Creative Work	Siddha Yoga			Panchami Until 9:27AM	Moon – Clear	
					Pausha-Markali	Devaloka Day

Saturday, January 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 20 Sutra 272 Vilamba 5120
6		Gulika	7:22AM – 8:32AM	Uttaraproshtapada Until 12:37AM Sun	Ganesh: Clear <i>Sunrise:</i> 7:22AM	
Meena Rasi: 7.13	Tithi 6 – 7	Yama	1:12PM – 2:22PM	Parigha* Until 9:06PM	Muruga: Clear <i>Sunset:</i> 4:43PM	Moon 12 - Phase 37
	813973366	Rahu	9:42AM – 10:52AM	Gara Until 12:32AM Sun	Nataraja: Green	3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 11:37AM	Moon – Clear	
Until 12:37AM Sun					Pausha-Markali	Devaloka Day
Then Creative Work - Amrita Yoga						

Sunday, January 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Albany, NY Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika	2:23PM – 3:33PM	Revati Until 2:14AM Mon	Ganesh: Clear <i>Sunrise:</i> 7:22AM	
Meena Rasi: 19.25	Tithi 7 – 8	Yama	12:03PM – 1:13PM	Shiva Until 9:02PM	Muruga: Clear <i>Sunset:</i> 4:44PM	Moon 12 - Phase 37
	813973366	Rahu	3:33PM – 4:44PM	Visti Until 1:49AM Mon	Nataraja: Green	Ashtami
Creative Work	Amrita Yoga			Saptami Until 1:15PM	Moon – Clear	
Until 2:14AM Mon					Pausha-Markali	Devaloka Day
Then Creative Work - Siddha Yoga						

Monday, January 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika	1:13PM – 2:24PM	Ashvini Until 3:28AM Tue	Ganesh: Purple <i>Sunrise:</i> 7:21AM	
Mesha Rasi: 1.53	Tithi 8 – 9	Yama	10:53AM – 12:03PM	Siddha Until 8:23PM	Muruga: Clear <i>Sunset:</i> 4:45PM	Moon 12 - Phase 37
Family Home Evening	823973366	Rahu	8:32AM – 9:42AM	Balava Until 2:21AM Tue	Nataraja: Green	Navami
Creative Work	Siddha Yoga			Ashtami* Until 2:10PM	Moon – White	
					Pausha-Thai	Sivaloka Day
		Thai Pongal				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang

1 Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY Sun 23 Sutra 275 Vilamba 5120
Mesha Rasi: 14.42	Tithi 9 – 10	Gulika 12:03PM – 1:14PM	Bharani Until 3:43AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:21AM	
		Yama 9:42AM – 10:53AM	Sadhya Until 7:08PM	Muruga: Clear	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 38
		823173366 Rahu 2:25PM – 3:35PM	Taitila Until 2:04AM Wed	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Navami* Until 2:18PM	Moon – White		Sivaloka Day
Until 3:43AM Wed				Pausha*Thai		
Then Creative Work - Amrita Yoga						

2 Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 27.56	Tithi 10 – 11	Gulika 10:53AM – 12:04PM	Krittika Until 3:02AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:20AM	
		Yama 8:31AM – 9:42AM	Subha Until 5:15PM	Muruga: Clear	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 38
		823173366 Rahu 12:04PM – 1:15PM	Vanija Until 12:57AM Thu	Nataraja: Green		4th Phase
Creative Work	Amrita Yoga		Dashami Until 1:36PM	Moon – White		Sivaloka Day
Until 3:02AM Thu				Pausha*Thai		
Then Routine Work - Marana Yoga						

3 Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Albany, NY Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 11.37	Tithi 11 – 12	Gulika 9:42AM – 10:53AM	Rohini Until 1:54AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:20AM	
		Yama 7:20AM – 8:31AM	Sukla Until 2:43PM	Muruga: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 38
		833173366 Rahu 1:15PM – 2:26PM	Bava Until 11:05PM	Nataraja: Green		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 12:05PM	Moon – Yellow		Devaloka Day
Until 1:54AM Fri				Pausha*Thai		
Then Creative Work - Siddha Yoga						

4 Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 25.46	Tithi 12 – 13	Gulika 8:31AM – 9:42AM	Mrigashira Until 11:59PM	Ganesha: Yellow	<i>Sunrise:</i> 7:19AM	
		Yama 2:27PM – 3:38PM	Brahma Until 11:37AM	Muruga: Clear	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 38
		833173366 Rahu 10:53AM – 12:04PM	Kaulava Until 8:33PM	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:52AM	Moon – Yellow		Devaloka Day
				Pausha*Thai		

Pradosha Vrata

5 Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 10.2	Tithi 13 – 14	Gulika 7:19AM – 8:30AM	Ardra Until 9:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:19AM	
		Yama 1:16PM – 2:28PM	Indra Until 8:05AM	Muruga: Clear	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 38
		833173366 Rahu 9:42AM – 10:53AM	Vanija Until 3:48AM Sun	Nataraja: Green		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:03AM	Moon – Yellow		Devaloka Day
				Pausha*Thai		

○ Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sun 28 Sutra 280 Vilamba 5120
Copper Retreat Star		Gulika 2:28PM – 3:40PM	Punarvasu Until 6:50PM	Ganesha: White	<i>Sunrise:</i> 7:18AM	
Mithuna Rasi: 25.15	Tithi 15	Yama 12:05PM – 1:17PM	Vishkambha* Until 12:01AM Mon	Muruga: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 38
		843173366 Rahu 3:40PM – 4:52PM	Visti Until 2:04PM	Nataraja: Green		Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:15AM Mon	Moon – Blue		Sivaloka Day
				Pausha*Thai		

Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sun 28 Sutra 281 Vilamba 5120
Silver Retreat Star		Gulika 1:17PM – 2:29PM	Pushya Until 3:55PM	Ganesha: White	<i>Sunrise:</i> 7:17AM	
Kataka Rasi: 10.22	Tithi 16	Yama 10:53AM – 12:05PM	Priti Until 7:46PM	Muruga: Clear	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 38
Family Home Evening		843173366 Rahu 8:29AM – 9:41AM	Balava Until 10:26AM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:34PM	Moon – Blue		Sivaloka Day
				Pausha*Thai		

Total Lunar Eclipse
Thai Pusam



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitiya/Tritiyam Titau

Albany, NY

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 25.34 Tihi 17 - 18

Gulika 12:06PM - 1:18PM

Yama 9:41AM - 10:53AM

844173366 Rahu 2:30PM - 3:42PM

Ashlesha* Until 12:53PM

Ayushman Until 3:32PM

Taitila Until 6:45AM

Dvitiya Until 4:56PM

Ganesh: Clear Sunrise: 7:17AM

Muruga: Clear Sunset: 4:54PM

Nataraja: Green

Moon - Blue

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 10.4 Tihi 18 - 19

Gulika 10:53AM - 12:06PM

Yama 8:28AM - 9:41AM

854173366 Rahu 12:06PM - 1:18PM

Magha* Until 10:16AM

Saubhagya Until 11:27AM

Bava Until 11:54PM

Tritiya Until 1:29PM

Ganesh: Purple Sunrise: 7:16AM

Muruga: Clear Sunset: 4:56PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 25.32 Tihi 19 - 20

Gulika 9:41AM - 10:53AM

Yama 7:15AM - 8:28AM

954173366 Rahu 1:19PM - 2:32PM

Purvaphalguni Until 7:50AM

Sobhana Until 7:40AM

Kaulava Until 9:03PM

Chaturthi* Until 10:24AM

Ganesh: Clear Sunrise: 7:15AM

Muruga: Clear Sunset: 4:57PM

Nataraja: Green

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 10.04 Tihi 20 - 21

Gulika 8:27AM - 9:40AM

Yama 2:32PM - 3:45PM

964173366 Rahu 10:53AM - 12:06PM

Hasta Until 4:31AM Sat

Sukarma Until 1:18AM Sat

Gara Until 6:44PM

Panchami Until 7:47AM

Ganesh: Purple Sunrise: 7:14AM

Muruga: Clear Sunset: 4:58PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 24.11 Tihi 22

Gulika 7:14AM - 8:27AM

Yama 1:20PM - 2:33PM

964173366 Rahu 9:40AM - 10:53AM

Chitra Until 3:51AM Sun

Dhriti Until 10:55PM

Visti Until 5:04PM

Saptami Until 4:30AM Sun

Ganesh: Purple Sunrise: 7:14AM

Muruga: Clear Sunset: 5:00PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 7.52 Tihi 23

Gulika 2:34PM - 3:47PM

Yama 12:07PM - 1:20PM

964173366 Rahu 3:47PM - 5:01PM

Svati Until 3:44AM Mon

Shula* Until 9:06PM

Balava Until 4:08PM

Ashtami* Until 3:56AM Mon

Ganesh: Purple Sunrise: 7:13AM

Muruga: Clear Sunset: 5:01PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 21.08 Tihi 24

Gulika 1:21PM - 2:35PM

Yama 10:53AM - 12:07PM

974173366 Rahu 8:26AM - 9:39AM

Vishakha Until 4:40AM Tue

Ganda* Until 7:52PM

Taitila Until 3:58PM

Navami* Until 4:07AM Tue

Ganesh: Clear Sunrise: 7:12AM

Muruga: Clear Sunset: 5:02PM

Nataraja: Green

Moon - Orange

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

1		Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyian Yoga Bava Karana Prathamayam Titau				Albany, NY Sun 15
Makara Rasi: 28.28	Tithi 1	Gulika	12:08PM – 1:24PM	Dhanishtha Until 10:39PM	Ganesh: Red	<i>Sunrise:</i> 7:05AM	Vilamba 5120	Sutra 296
		Yama	9:36AM – 10:52AM	Variyan Until 11:24PM	Muruga: Clear	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 41	3rd Phase
		995173367 Rahu	2:40PM – 3:55PM	Bava Until 6:48PM	Nataraja: White			
Creative Work	Siddha Yoga			Prathama* Until 6:48PM	Moon – Purple			Devaloka Day
Until 10:39PM					Magha-Thai			
Then Routine Work - Marana Yoga								

2		Wednesday, February 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sun 16
Kumbha Rasi: 10.16	Tithi 2	Gulika	10:52AM – 12:08PM	Shatabhishak Until 1:30AM Thu	Ganesh: Red	<i>Sunrise:</i> 7:04AM	Vilamba 5120	Sutra 297
		Yama	8:20AM – 9:36AM	Parigha* Until 12:18AM Thu	Muruga: Clear	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 41	3rd Phase
		995173367 Rahu	12:08PM – 1:24PM	Balava Until 8:09AM	Nataraja: White			
Creative Work	Siddha Yoga			Dvitiya Until 9:25PM	Moon – Purple			Devaloka Day
					Magha-Thai			

3		Thursday, February 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Albany, NY Sun 17
Kumbha Rasi: 22.08	Tithi 3	Gulika	9:35AM – 10:52AM	Purvaproshtapada* Until 4:29AM Fri	Ganesh: Blue	<i>Sunrise:</i> 7:03AM	Vilamba 5120	Sutra 298
		Yama	7:03AM – 8:19AM	Shiva Until 1:03AM Fri	Muruga: Clear	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 41	3rd Phase
		915173367 Rahu	1:25PM – 2:41PM	Taitila Until 10:40AM	Nataraja: White			
Creative Work	Siddha Yoga			Tritiya Until 11:50PM	Moon – Clear			Sivaloka Day
					Magha-Thai			

4		Friday, February 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha Yoga Vanija/Visi* Karana Chaturthyam Titau				Albany, NY Sun 18
Meena Rasi: 4.05	Tithi 4	Gulika	8:18AM – 9:35AM	Uttaraproshtapada Until 7:01AM Sat	Ganesh: Blue	<i>Sunrise:</i> 7:01AM	Vilamba 5120	Sutra 299
		Yama	2:42PM – 3:58PM	Siddha Until 1:33AM Sat	Muruga: Clear	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 41	3rd Phase
		915173367 Rahu	10:52AM – 12:08PM	Vanija Until 12:57PM	Nataraja: White			
Creative Work	Siddha Yoga			Chaturthi* Until 1:57AM Sat	Moon – Clear			Sivaloka Day
Until 7:01AM Sat					Magha-Thai			
Then Routine Work - Prabalarishta Yoga								

5		Saturday, February 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY Sun 19
Meena Rasi: 16.08	Tithi 5	Gulika	7:00AM – 8:17AM	Uttaraproshtapada Until 7:01AM	Ganesh: Red	<i>Sunrise:</i> 7:00AM	Vilamba 5120	Sutra 300
		Yama	1:25PM – 2:42PM	Sadhya Until 1:47AM Sun	Muruga: Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 41	3rd Phase
		915273367 Rahu	9:34AM – 10:51AM	Bava Until 2:54PM	Nataraja: White			
Creative Work	Siddha Yoga			Panchami Until 3:41AM Sun	Moon – Clear			Devaloka Day
Until 7:01AM					Magha-Thai			
Then Routine Work - Prabalarishta Yoga								

6		Sunday, February 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Albany, NY Sun 20
Meena Rasi: 28.22	Tithi 6	Gulika	2:43PM – 4:00PM	Revati Until 8:59AM	Ganesh: Red	<i>Sunrise:</i> 6:59AM	Vilamba 5120	Sutra 301
		Yama	12:08PM – 1:26PM	Subha Until 1:38AM Mon	Muruga: Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 41	3rd Phase
		915273367 Rahu	4:00PM – 5:18PM	Kaulava Until 4:23PM	Nataraja: White			
Creative Work	Amrita Yoga			Shashthi* Until 4:54AM Mon	Moon – Clear			Devaloka Day
Until 8:59AM					Magha-Thai			
Then Creative Work - Siddha Yoga								

Monday, February 11, 2019		Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY Sun 21
Mesha Rasi: 10.49	Tithi 7	Gulika	1:26PM – 2:44PM	Ashvini Until 10:45AM	Ganesh: Blue	<i>Sunrise:</i> 6:58AM	Vilamba 5120	Sutra 302
Family Home Evening		Yama	10:51AM – 12:08PM	Sukla Until 1:00AM Tue	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 41	3rd Phase
		925273367 Rahu	8:15AM – 9:33AM	Gara Until 5:18PM	Nataraja: White			
Creative Work	Siddha Yoga			Saptami Until 5:29AM Tue	Moon – White			Bhuloka Day
					Magha-Thai			Devaloka Time: 12:PM to 3:PM

Tuesday, February 12, 2019		Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Albany, NY Sun 22
Mesha Rasi: 23.34	Tithi 8	Gulika	12:08PM – 1:26PM	Bharani Until 11:44AM	Ganesh: Blue	<i>Sunrise:</i> 6:56AM	Vilamba 5120	Sutra 303
		Yama	9:32AM – 10:50AM	Brahma Until 11:51PM	Muruga: Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 41	Ashtami
		925273367 Rahu	2:44PM – 4:02PM	Visti Until 5:32PM	Nataraja: White			
Creative Work	Siddha Yoga			Ashtami* Until 5:22AM Wed	Moon – White			Bhuloka Day
					Magha-Masi			Devaloka Time: 12:PM to 3:PM

Wednesday, February 13, 2019		Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				Albany, NY Sun 23
Vrishabha Rasi: 6.38	Tithi 9	Gulika	10:50AM – 12:08PM	Krittika Until 11:52AM	Ganesh: Yellow	<i>Sunrise:</i> 6:55AM	Vilamba 5120	Sutra 304
		Yama	8:13AM – 9:32AM	Indra Until 10:07PM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 41	Navami
		926273367 Rahu	12:08PM – 1:27PM	Balava Until 5:02PM	Nataraja: White			
Creative Work	Amrita Yoga			Navami* Until 4:28AM Thu	Moon – White			Devaloka Day
Until 11:52AM					Magha-Masi			
Then Creative Work - Siddha Yoga								

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang

1		Thursday, February 14, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau	Albany, NY Sun 24 Sutra 305 Vilamba 5120
936273367		Gulika 9:31AM – 10:50AM	Rohini Until 11:33AM	Ganesh: White	<i>Sunrise:</i> 6:54AM		
	936273367	Yama 6:54AM – 8:12AM	Vaidhriti* Until 7:45PM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 42	
		Rahu 1:27PM – 2:46PM	Taitila Until 3:45PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Dashami Until 2:49AM Fri	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

2		Friday, February 15, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	Albany, NY Sun 25 Sutra 306 Vilamba 5120
936273367		Gulika 8:11AM – 9:30AM	Mrigashira Until 10:22AM	Ganesh: White	<i>Sunrise:</i> 6:52AM		
	936273367	Yama 2:46PM – 4:05PM	Vishkambha* Until 4:51PM	Muruga: Clear	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 42	
		Rahu 10:49AM – 12:08PM	Vanija Until 1:45PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:30AM Sat	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

3		Saturday, February 16, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau	Albany, NY Sun 26 Sutra 307 Vilamba 5120
936273367		Gulika 6:51AM – 8:10AM	Ardra Until 8:23AM	Ganesh: White	<i>Sunrise:</i> 6:51AM		
	936273367	Yama 1:28PM – 2:47PM	Priti Until 1:26PM	Muruga: Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 42	
		Rahu 9:30AM – 10:49AM	Bava Until 11:07AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 9:35PM	Moon – Yellow		Sivaloka Day	
				Magha-Masi			

4		Sunday, February 17, 2019				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau	Albany, NY Sun 27 Sutra 308 Vilamba 5120
946273367		Gulika 2:48PM – 4:07PM	Punarvasu Until 6:09AM	Ganesh: Clear	<i>Sunrise:</i> 6:50AM		
	946273367	Yama 12:08PM – 1:28PM	Ayushman Until 9:36AM	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 42	
		Rahu 4:07PM – 5:27PM	Kaulava Until 7:58AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:14PM	Moon – Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata

Monday, February 18, 2019		Copper Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Albany, NY Sutra 309 Vilamba 5120
946273367		Gulika 1:28PM – 2:48PM	Ashlesha* Until 12:18AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:48AM		
	946273367	Yama 10:48AM – 12:08PM	Sobhana Until 1:12AM Tue	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 42	
		Rahu 8:08AM – 9:28AM	Visti Until 12:43AM Tue	Nataraja: White		Purnima	
Family Home Evening	Siddha Yoga		Chaturdashi* Until 2:35PM	Moon – Blue		Devaloka Day	
		Chidambaram Abhishekam		Magha-Masi			

Tuesday, February 19, 2019		Silver Retreat Star				Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Albany, NY Sutra 310 Vilamba 5120
956273367		Gulika 12:08PM – 1:28PM	Magha* Until 9:24PM	Ganesh: Purple	<i>Sunrise:</i> 6:47AM		
	956273367	Yama 9:27AM – 10:48AM	Athiganda* Until 8:52PM	Muruga: Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 42	
		Rahu 2:49PM – 4:09PM	Balava Until 8:55PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 10:48AM	Moon – Red		Sivaloka Day	
				Magha-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 311

Vilamba 5120

Simha Rasi: 18.46 Tihi 16 - 17

957273367

Gulika 10:47AM - 12:08PM
Yama 8:06AM - 9:27AM
Rahu 12:08PM - 1:29PM

Purvaphalguni Until 6:30PM
Sukarma Until 4:38PM
Gara Until 3:30AM Thu
Prathama* Until 7:03AM

Ganesha: Clear *Sunrise:* 6:45AM
Muruga: Clear *Sunset:* 5:31PM
Nataraja: White
Moon - Red
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Creative Work Amrita Yoga

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Albany, NY

Sun 1 Sutra 312

Vilamba 5120

Kanya Rasi: 3.5 Tihi 18

957273367

Gulika 9:26AM - 10:47AM
Yama 6:44AM - 8:05AM
Rahu 1:29PM - 2:50PM

Uttaraphalguni Until 3:46PM
Dhriti Until 12:40PM
Vanija Until 1:53PM
Tritiya Until 12:20AM Fri

Ganesha: Clear *Sunrise:* 6:44AM
Muruga: Clear *Sunset:* 5:32PM
Nataraja: White
Moon - Red
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Until 3:46PM
Then Routine Work - Marana Yoga

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY

Sun 2 Sutra 313

Vilamba 5120

Kanya Rasi: 18.37 Tihi 19

967273367

Gulika 8:04AM - 9:25AM
Yama 2:50PM - 4:12PM
Rahu 10:46AM - 12:08PM

Hasta Until 1:47PM
Shula* Until 9:01AM
Bava Until 10:57AM
Chaturthi* Until 9:41PM

Ganesha: White *Sunrise:* 6:42AM
Muruga: Clear *Sunset:* 5:33PM
Nataraja: White
Moon - Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 1:47PM
Then Creative Work - Siddha Yoga

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY

Sun 3 Sutra 314

Vilamba 5120

Tula Rasi: 2.59 Tihi 20

967273367

Gulika 6:41AM - 8:03AM
Yama 1:29PM - 2:51PM
Rahu 9:24AM - 10:46AM

Chitra Until 12:16PM
Vriddhi Until 3:20AM Sun
Kaulava Until 8:38AM
Panchami Until 7:43PM

Ganesha: White *Sunrise:* 6:41AM
Muruga: Clear *Sunset:* 5:34PM
Nataraja: White
Moon - Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 12:16PM
Then Creative Work - Siddha Yoga

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sun 4 Sutra 315

Vilamba 5120

Tula Rasi: 16.52 Tihi 21

967273367

Gulika 2:52PM - 4:14PM
Yama 12:08PM - 1:30PM
Rahu 4:14PM - 5:36PM

Svati Until 11:21AM
Dhruva Until 1:25AM Mon
Gara Until 7:03AM
Shashthi* Until 6:33PM

Ganesha: White *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 5:36PM
Nataraja: White
Moon - Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 11:21AM
Then Routine Work - Marana Yoga

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY

Sun 5 Sutra 316

Vilamba 5120

Vrischika Rasi: 0.17 Tihi 22

977273367

Gulika 1:30PM - 2:52PM
Yama 10:45AM - 12:07PM
Rahu 8:00AM - 9:23AM

Vishakha Until 11:34AM
Vyaghata* Until 12:11AM Tue
Visti Until 6:18AM
Saptami Until 6:14PM

Ganesha: Yellow *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 5:37PM
Nataraja: White
Moon - Orange
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Until 11:34AM
Then Creative Work - Siddha Yoga

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sun 6 Sutra 317

Vilamba 5120

Vrischika Rasi: 13.14 Tihi 23

978273367

Gulika 12:07PM - 1:30PM
Yama 9:22AM - 10:45AM
Rahu 2:53PM - 4:15PM

Anuradha Until 12:29PM
Harshana Until 11:39PM
Balava Until 6:26AM
Ashtami* Until 6:47PM

Ganesha: Blue *Sunrise:* 6:36AM
Muruga: Clear *Sunset:* 5:38PM
Nataraja: White
Moon - Orange
Magha-Masi

Moon 2 - Phase 43
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 12:29PM
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sun 7 Sutra 318

Vilamba 5120

Vrischika Rasi: 25.47 Tihi 24

978273367

Gulika 10:44AM - 12:07PM
Yama 7:58AM - 9:21AM
Rahu 12:07PM - 1:30PM

Jyeshtha* Until 2:01PM
Vajra* Until 11:39PM
Taitila Until 7:23AM
Navami* Until 8:08PM

Ganesha: Blue *Sunrise:* 6:35AM
Muruga: Clear *Sunset:* 5:39PM
Nataraja: White
Moon - Orange
Magha-Masi

Moon 2 - Phase 43
Navami

Sivaloka Day

Until 2:01PM
Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Albany, NY Sutra 319 Vilamba 5120	
Dhanus Rasi: 8.01	Tithi 25	Gulika Yama	9:20AM – 10:44AM 6:33AM – 7:57AM	Mula* Until 4:33PM Siddhi Until 12:09AM Fri Vanija Until 9:05AM Dashami Until 10:07PM	Ganesh: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:33AM Sunset: 5:41PM	Sun 8 Moon 2 - Phase 44 2nd Phase	Devaloka Day	
Creative Work	Siddha Yoga	988273367	Rahu 1:30PM – 2:54PM						
2		Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Albany, NY Sutra 320 Vilamba 5120	
Dhanus Rasi: 20.02	Tithi 26	Gulika Yama	7:54AM – 9:18AM 2:55PM – 4:19PM	Purvashadha* Until 7:22PM Vyatipata* Until 12:59AM Sat Bava Until 11:19AM Ekadashi* Until 12:34AM Sat	Ganesh: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:30AM Sunset: 5:43PM	Sun 9 Moon 2 - Phase 44 2nd Phase	Devaloka Day	
Routine Work	Prabalarishta Yoga	988273367	Rahu 10:42AM – 12:07PM						
Until 7:22PM									
Then Routine Work - Marana Yoga									
3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Gara/Vanija Karana Dvadashyam Titau				Albany, NY Sutra 321 Vilamba 5120	
Makara Rasi: 1.53	Tithi 27	Gulika Yama	6:28AM – 7:53AM 1:31PM – 2:55PM	Uttarashadha Until 10:19PM Variyan Until 1:58AM Sun Kaulava Until 1:55PM Dvadashi* Until 3:15AM Sun	Ganesh: Red Muruga: Clear Nataraja: White Moon – Light Blue Magha-Masi	Sunrise: 6:28AM Sunset: 5:44PM	Sun 10 Moon 2 - Phase 44 2nd Phase	Devaloka Day	
Routine Work	Marana Yoga	988273367	Rahu 9:17AM – 10:42AM						
Until 10:19PM									
Then Creative Work - Siddha Yoga									
4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Albany, NY Sutra 322 Vilamba 5120	
Makara Rasi: 13.41	Tithi 28	Gulika Yama	2:56PM – 4:21PM 12:06PM – 1:31PM	Shravana Until 1:40AM Mon Parigha* Until 3:02AM Mon Gara Until 4:39PM Trayodashi* Until 6:00AM Mon	Ganesh: Yellow Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:27AM Sunset: 5:45PM	Sun 11 Moon 2 - Phase 44 2nd Phase	Devaloka Day	
Creative Work	Amrita Yoga	998273367	Rahu 4:21PM – 5:45PM						
Until 1:40AM Mon									
Then Creative Work - Siddha Yoga									
				<i>Pradosha Vrata (Fasting)</i>					
5		Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sutra 323 Vilamba 5120	
Makara Rasi: 25.27	Tithi 28 – 29	Gulika Yama	1:31PM – 2:56PM 10:41AM – 12:06PM	Dhanishtha Until 4:47AM Tue Shiva Until 4:03AM Tue Visti Until 7:22PM Trayodashi* Until 6:00AM	Ganesh: Yellow Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:25AM Sunset: 5:47PM	Sun 12 Moon 2 - Phase 44 2nd Phase	Devaloka Day	
Family Home Evening		998273367	Rahu 7:50AM – 9:16AM						
Creative Work	Siddha Yoga								
Until 4:47AM Tue									
Then Routine Work - Marana Yoga									
				Mahasivaratri (Lunar) Mahasivaratri (Solar)					
●		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Albany, NY Sutra 324 Vilamba 5120	
Retreat Star		Gulika Yama	12:06PM – 1:31PM 9:15AM – 10:40AM	Shatabhishak Until 7:33AM Wed Siddha Until 4:53AM Wed Catuspada Until 9:56PM Chaturdashi* Until 8:39AM	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Purple Magha-Masi	Sunrise: 6:24AM Sunset: 5:48PM	Sun 13 Moon 2 - Phase 44 Amavasya	Devaloka Day	
Kumbha Rasi: 7.15	Tithi 29 – 30	199273367	Rahu 2:57PM – 4:22PM						
Routine Work	Marana Yoga								
Until 7:33AM Wed									
Then Creative Work - Amrita Yoga									
●		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sadya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Albany, NY Sutra 325 Vilamba 5120	
Retreat Star		Gulika Yama	10:40AM – 12:06PM 7:48AM – 9:14AM	Shatabhishak Until 7:33AM Sadya Until 5:32AM Thu Kintughna Until 12:14AM Thu Amavasya* Until 11:06AM	Ganesh: White Muruga: Clear Nataraja: White Moon – Purple Phalgun-Masi	Sunrise: 6:22AM Sunset: 5:49PM	Sun 14 Moon 2 - Phase 44 Prathama	Sivaloka Day	
Kumbha Rasi: 19.08	Tithi 30 – 1	199373367	Rahu 12:06PM – 1:31PM						
Creative Work	Siddha Yoga								
Until 7:33AM									
Then Creative Work - Amrita Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 15 Sutra 326 Vilamba 5120	
Meena Rasi: 1.07	Tithi 1 – 2	Gulika Yama 119373367 Rahu	9:13AM – 10:39AM 6:20AM – 7:47AM 1:32PM – 2:58PM	Purvaprosarthapada* Until 10:24AM Subha Until 5:58AM Fri Balava Until 2:13AM Fri Prathama* Until 1:15PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalgun-Masi	Sunrise: 6:20AM Sunset: 5:50PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day	
2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 13.13	Tithi 2 – 3	Gulika Yama 119373367 Rahu	7:45AM – 9:12AM 2:58PM – 4:25PM 10:38AM – 12:05PM	Uttaraprosarthapada Until 12:46PM Sukla Until 6:07AM Sat Taitila Until 3:53AM Sat Dvitiya Until 3:04PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalgun-Masi	Sunrise: 6:19AM Sunset: 5:51PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day	
3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Albany, NY Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 25.28	Tithi 3 – 4	Gulika Yama 119373367 Rahu	6:17AM – 7:44AM 1:32PM – 2:59PM 9:11AM – 10:38AM	Revati Until 2:38PM Sukla Until 6:07AM Vanija Until 5:09AM Sun Tritiya Until 4:33PM	Ganesha: Yellow Muruga: Clear Nataraja: White Moon – Clear Phalgun-Masi	Sunrise: 6:17AM Sunset: 5:53PM	Moon 2 - Phase 45 3rd Phase
Routine Work Until 2:38PM Then Creative Work - Siddha Yoga	Prabalarishta Yoga	Subramuniyaswami Siva Vision Day				Devaloka Day	
4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 7.52	Tithi 4 – 5	Gulika Yama 129373367 Rahu	2:59PM – 4:27PM 12:05PM – 1:32PM 4:27PM – 5:54PM	Ashvini Until 4:27PM Indra Until 6:00AM Bava Until 6:01AM Mon Chaturthi* Until 5:38PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalgun-Masi	Sunrise: 6:15AM Sunset: 5:54PM	Moon 2 - Phase 45 3rd Phase
Creative Work Until 4:27PM Then Routine Work - Prabalarishta Yoga	Siddha Yoga					Devaloka Day	
5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 20.27	Tithi 5	Gulika Yama 129373367 Rahu	1:32PM – 3:00PM 10:37AM – 12:04PM 7:41AM – 9:09AM	Bharani Until 5:41PM Vaidhriti* Until 4:45AM Tue Bava Until 6:01AM Panchami Until 6:16PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalgun-Masi	Sunrise: 6:14AM Sunset: 5:55PM	Moon 2 - Phase 45 3rd Phase
Family Home Evening Creative Work Until 5:41PM Then Routine Work - Marana Yoga	Siddha Yoga					Devaloka Day	
6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sun 20 Sutra 331 Vilamba 5120	
Vrisabha Rasi: 3.15	Tithi 6	Gulika Yama 129373367 Rahu	12:04PM – 1:32PM 9:08AM – 10:36AM 3:00PM – 4:28PM	Krittika Until 6:17PM Vishkambha* Until 3:33AM Wed Kaulava Until 6:25AM Shashthi* Until 6:24PM	Ganesha: Red Muruga: Clear Nataraja: White Moon – White Phalgun-Masi	Sunrise: 6:12AM Sunset: 5:56PM	Moon 2 - Phase 45 3rd Phase
Creative Work Until 6:17PM Then Creative Work - Amrita Yoga	Siddha Yoga					Devaloka Day	
		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sun 21 Sutra 332 Vilamba 5120	
Vrisabha Rasi: 16.19	Tithi 7 – 8	Gulika Yama 131373367 Rahu	10:35AM – 12:04PM 7:39AM – 9:07AM 12:04PM – 1:32PM	Rohini Until 6:39PM Priti Until 1:54AM Thu Gara Until 6:17AM Saptami Until 5:59PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalgun-Masi	Sunrise: 6:10AM Sunset: 5:57PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga					Sivaloka Day	
7		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sun 22 Sutra 333 Vilamba 5120	
Vrisabha Rasi: 29.41	Tithi 8 – 9	Gulika Yama 131373367 Rahu	9:06AM – 10:35AM 6:08AM – 7:37AM 1:32PM – 3:01PM	Mrigashira Until 6:15PM Ayushman Until 11:44PM Balava Until 4:12AM Fri Ashtami* Until 4:56PM	Ganesha: Purple Muruga: Clear Nataraja: White Moon – Yellow Phalgun-Panguni	Sunrise: 6:08AM Sunset: 5:59PM	Moon 2 - Phase 45 Ashtami
Routine Work	Marana Yoga	Karadayyan Nombu (Tamil Nadu)				Sivaloka Day	
		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Albany, NY Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 13.25	Tithi 9 – 10	Gulika Yama 131373367 Rahu	7:36AM – 9:05AM 3:01PM – 4:31PM 10:34AM – 12:03PM	Ardra Until 5:07PM Saubhagya Until 9:05PM Taitila Until 2:14AM Sat Navami* Until 3:17PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Phalgun-Panguni	Sunrise: 6:07AM Sunset: 6:00PM	Moon 2 - Phase 45 Navami
Creative Work	Siddha Yoga					Subha Sivaloka Day	


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada


1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY
	Mithuna Rasi: 27.32	Tithi 10 – 11	Gulika 6:05AM – 7:34AM	Punarvasu Until 3:41PM	Ganesh: Clear	<i>Sunrise:</i> 6:05AM	Sun 24 Sutra 335
			Yama 1:32PM – 3:02PM	Sobhana Until 6:00PM	Muruga: Clear	<i>Sunset:</i> 6:01PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 Rahu 9:04AM – 10:33AM	Vanija Until 11:44PM	Nataraja: Clear		Moon 2 - Phase 46
			Dashami Until 1:02PM	Moon – Blue		4th Phase	
				Phalguna•Panguni		Sivaloka Day	

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY
	Kataka Rasi: 12	Tithi 11 – 12	Gulika 3:02PM – 4:32PM	Pushya Until 1:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:03AM	Sun 25 Sutra 336
			Yama 12:03PM – 1:32PM	Athiganda* Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 6:02PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 Rahu 4:32PM – 6:02PM	Bava Until 8:45PM	Nataraja: Clear		Moon 2 - Phase 46
			Ekadashi Until 10:16AM	Moon – Blue		4th Phase	
				Phalguna•Panguni		Sivaloka Day	

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Albany, NY
	Kataka Rasi: 26.47	Tithi 12 – 13	Gulika 1:33PM – 3:03PM	Ashlesha* Until 11:01AM	Ganesh: Clear	<i>Sunrise:</i> 6:01AM	Sun 26 Sutra 337
	Family Home Evening		Yama 10:32AM – 12:02PM	Sukarma Until 10:40AM	Muruga: Clear	<i>Sunset:</i> 6:03PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 Rahu 7:32AM – 9:02AM	Taitila Until 3:41AM Tue	Nataraja: Clear		Moon 2 - Phase 46
			Dvadashi Until 7:07AM	Moon – Blue		4th Phase	
			Yogaswami Mahasamadhi	Phalguna•Panguni		Sivaloka Day	
				<i>Pradosha Vrata</i>			

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY
	Simha Rasi: 11.47	Tithi 14	Gulika 12:02PM – 1:33PM	Magha* Until 8:27AM	Ganesh: White	<i>Sunrise:</i> 6:00AM	Sun 27 Sutra 338
			Yama 9:01AM – 10:31AM	Dhriti Until 6:40AM	Muruga: Clear	<i>Sunset:</i> 6:04PM	Vilamba 5120
	Creative Work	Siddha Yoga	151373368 Rahu 3:03PM – 4:34PM	Gara Until 1:56PM	Nataraja: Clear		Moon 2 - Phase 46
			Chaturdashi* Until 12:08AM Wed	Moon – Red		4th Phase	
				Phalguna•Panguni		Subha Sivaloka Day	
						Tour Day	

	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY
	Copper Retreat Star		Gulika 10:31AM – 12:02PM	Uttaraphalguni Until 2:50AM Thu	Ganesh: White	<i>Sunrise:</i> 5:58AM	Sutra 339
	Simha Rasi: 26.52	Tithi 15	Yama 7:29AM – 9:00AM	Ganda* Until 10:31PM	Muruga: Clear	<i>Sunset:</i> 6:05PM	Vilamba 5120
	Creative Work	Amrita Yoga	151373368 Rahu 12:02PM – 1:33PM	Visti Until 10:23AM	Nataraja: Clear		Moon 2 - Phase 46
			Purnima* Until 8:37PM	Moon – Red		Purnima	
			Panguni Uttiram	Phalguna•Panguni		Subha Sivaloka Day	
			Holi				

	Thursday, March 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Albany, NY
	Silver Retreat Star		Gulika 8:59AM – 10:30AM	Hasta Until 12:33AM Fri	Ganesh: Yellow	<i>Sunrise:</i> 5:56AM	Sutra 340
	Kanya Rasi: 11.52	Tithi 16 – 17	Yama 5:56AM – 7:28AM	Vriddhi Until 6:41PM	Muruga: White	<i>Sunset:</i> 6:07PM	Vilamba 5120
	Routine Work	Marana Yoga	161383368 Rahu 1:33PM – 3:04PM	Balava Until 6:57AM	Nataraja: Clear		Moon 2 - Phase 46
			Prathama* Until 5:19PM	Moon – Green		Prathama	
				Phalguna•Panguni		Devaloka Day	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Friday, March 22, 2019
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY
Sun 1
Sutra 341
Vilamba 5120

Kanya Rasi: 26.39 Tihi 17 – 18

Gulika 7:26AM – 8:58AM
Yama 3:04PM – 4:36PM
162383368 **Rahu** 10:29AM – 12:01PM

Chitra Until 10:33PM
Dhruva Until 3:08PM
Vanija Until 1:09AM Sat
Dvitiya Until 2:24PM

Ganesha: Yellow *Sunrise:* 5:55AM
Muruga: White *Sunset:* 6:08PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni

Moon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY
Sun 2
Sutra 342
Vilamba 5120

Tula Rasi: 11.05 Tihi 18 – 19

Gulika 5:53AM – 7:25AM
Yama 1:33PM – 3:05PM
162383368 **Rahu** 8:57AM – 10:29AM

Svati Until 9:02PM
Vyaghata* Until 12:03PM
Bava Until 11:07PM
Tritiya Until 12:02PM

Ganesha: Blue *Sunrise:* 5:53AM
Muruga: White *Sunset:* 6:09PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni

Moon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY
Sun 3
Sutra 343
Vilamba 5120

Tula Rasi: 25.05 Tihi 19 – 20

Gulika 3:05PM – 4:38PM
Yama 12:01PM – 1:33PM
172383368 **Rahu** 4:38PM – 6:10PM

Vishakha Until 8:31PM
Harshana Until 9:33AM
Kaulava Until 9:50PM
Chaturthi* Until 10:21AM

Ganesha: Red *Sunrise:* 5:51AM
Muruga: White *Sunset:* 6:10PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni

Moon 3 - Phase 47
1st Phase

Devaloka Day

Routine Work Marana Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY
Sun 4
Sutra 344
Vilamba 5120

Vrischika Rasi: 9 Tihi 20 – 21

Family Home Evening

Gulika 1:33PM – 3:06PM
Yama 10:28AM – 12:00PM
172383368 **Rahu** 7:22AM – 8:55AM

Anuradha Until 8:43PM
Vajra* Until 7:41AM
Gara Until 9:24PM
Panchami Until 9:29AM

Ganesha: Red *Sunrise:* 5:49AM
Muruga: White *Sunset:* 6:11PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni

Moon 3 - Phase 47
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY
Sun 5
Sutra 345
Vilamba 5120

Vrischika Rasi: 21.39 Tihi 21 – 22

Gulika 12:00PM – 1:33PM
Yama 8:54AM – 10:27AM
172383368 **Rahu** 3:06PM – 4:39PM

Jyeshtha* Until 9:37PM
Siddhi Until 6:31AM
Visti Until 9:52PM
Shashthi* Until 9:30AM

Ganesha: Red *Sunrise:* 5:48AM
Muruga: White *Sunset:* 6:12PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni

Moon 3 - Phase 47
1st Phase

Devaloka Day

Tour Day

Routine Work Marana Yoga

Until 9:37PM

Then Creative Work - Amrita Yoga

D

Wednesday, March 27, 2019
Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY
Sun 6
Sutra 346
Vilamba 5120

Dhanus Rasi: 4.16 Tihi 22 – 23

Gulika 10:26AM – 12:00PM
Yama 7:19AM – 8:53AM
182383368 **Rahu** 12:00PM – 1:33PM

Mula* Until 11:38PM
Vyatipata* Until 6:02AM
Balava Until 11:10PM
Saptami Until 10:24AM

Ganesha: Green *Sunrise:* 5:46AM
Muruga: White *Sunset:* 6:13PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni

Moon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:38PM

Then Creative Work - Amrita Yoga

Thursday, March 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY
Sun 7
Sutra 347
Vilamba 5120

Dhanus Rasi: 16.33 Tihi 23 – 24

Gulika 8:52AM – 10:26AM
Yama 5:44AM – 7:18AM
182383368 **Rahu** 1:33PM – 3:07PM

Purvashadha* Until 2:10AM Fri
Variyan Until 6:09AM
Taitila Until 1:09AM Fri
Ashtami* Until 12:04PM

Ganesha: Green *Sunrise:* 5:44AM
Muruga: White *Sunset:* 6:15PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni

Moon 3 - Phase 47
Navami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 2:10AM Fri

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Friday, March 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Navami/Dashyam Titau				Albany, NY Sun 8 Sutra 348 Vilamba 5120
	Dhanus Rasi: 28.34	Tithi 24 – 25	Gulika Yama	7:17AM – 8:51AM 3:07PM – 4:42PM	Uttarashadha Until 4:57AM Sat Parigha* Until 6:45AM Vanija Until 3:36AM Sat Navami* Until 2:19PM	Ganesha: Green Muruga: Yellow Nataraja: Purple Moon – Light Blue Phalguna•Panguni	Moon 3 - Phase 48 2nd Phase
	Routine Work Marana Yoga Until 4:57AM Sat Then Creative Work - Siddha Yoga		192383468	Rahu 10:25AM – 11:59AM		Sunrise: 5:42AM Sunset: 6:16PM	Devaloka Day


2	Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Albany, NY Sun 9 Sutra 349 Vilamba 5120
	Makara Rasi: 10.25	Tithi 25 – 26	Gulika Yama	5:41AM – 7:15AM 1:33PM – 3:08PM	Shravana Until 8:17AM Sun Shiva Until 7:42AM Bava Until 6:17AM Sun Dashami Until 4:54PM	Ganesha: Orange Muruga: Yellow Nataraja: Purple Moon – Purple Phalguna•Panguni	Moon 3 - Phase 48 2nd Phase
	Creative Work Siddha Yoga Until 8:17AM Sun Then Routine Work - Marana Yoga		192383468	Rahu 8:50AM – 10:24AM		Sunrise: 5:41AM Sunset: 6:17PM	Sivaloka Day


3	Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Albany, NY Sun 10 Sutra 350 Vilamba 5120
	Makara Rasi: 22.12	Tithi 26	Gulika Yama	3:08PM – 4:43PM 11:58AM – 1:33PM	Shravana Until 8:17AM Siddha Until 8:45AM Bava Until 6:17AM Ekadashi* Until 7:36PM	Ganesha: Orange Muruga: Yellow Nataraja: Purple Moon – Purple Phalguna•Panguni	Moon 3 - Phase 48 2nd Phase
	Creative Work Amrita Yoga Until 8:17AM Then Routine Work - Marana Yoga		192383468	Rahu 4:43PM – 6:18PM		Sunrise: 5:39AM Sunset: 6:18PM	Sivaloka Day

4	Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Tailila Karana Dvadashyam Titau				Albany, NY Sun 11 Sutra 351 Vilamba 5120
	Kumbha Rasi: 3.59	Tithi 27	Gulika Yama	1:33PM – 3:08PM 10:24AM – 11:58AM	Dhanishtha Until 12:28AM Wed Tu Sadhya Until 9:47AM Kaulava Until 8:56AM Dvadashi* Until 10:11PM	Ganesha: Green Muruga: Yellow Nataraja: Purple Moon – Purple Phalguna•Panguni	Moon 3 - Phase 48 2nd Phase
	Family Home Evening Creative Work Siddha Yoga		192483468	Rahu 7:14AM – 8:49AM		Sunrise: 5:39AM Sunset: 6:18PM	Subha Sivaloka Day

5	Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Albany, NY Sun 12 Sutra 352 Vilamba 5120
	Kumbha Rasi: 15.51	Tithi 28	Gulika Yama	11:58AM – 1:33PM 8:48AM – 10:23AM	Dhanishtha Until 12:28AM Wed Subha Until 11:17AM Wed Gara Until 11:23AM Trayodashi* Until 12:28AM Wed	Ganesha: Green Muruga: Yellow Nataraja: Purple Moon – Purple Phalguna•Panguni	Moon 3 - Phase 48 2nd Phase
	Routine Work Marana Yoga Until 12:28AM Wed Then Creative Work - Amrita Yoga		192483468	Rahu 3:09PM – 4:44PM		Sunrise: 5:37AM Sunset: 6:19PM	Subha Sivaloka Day <i>Pradosha Vrata (Fasting)</i>

6	Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Albany, NY Sun 13 Sutra 353 Vilamba 5120
	Kumbha Rasi: 27.49	Tithi 29	Gulika Yama	10:22AM – 11:58AM 7:11AM – 8:47AM	Purvaproshtapada* Until 4:55PM Sukla Until 11:17AM Visti Until 1:30PM Chaturdashi* Until 2:22AM Thu	Ganesha: Orange Muruga: Yellow Nataraja: Purple Moon – Clear Phalguna•Panguni	Moon 3 - Phase 48 2nd Phase
	Creative Work Amrita Yoga Until 4:55PM Then Creative Work - Siddha Yoga		112483468	Rahu 11:58AM – 1:33PM		Sunrise: 5:35AM Sunset: 6:20PM	Sivaloka Day

	Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Albany, NY Sun 14 Sutra 354 Vilamba 5120
	Retreat Star		Gulika Yama	8:46AM – 10:22AM 5:34AM – 7:10AM	Uttaraproshtapada Until 7:06PM Brahma Until 11:36AM Catuspada Until 3:11PM Amavasya* Until 3:51AM Fri	Ganesha: Orange Muruga: Yellow Nataraja: Purple Moon – Clear Phalguna•Panguni	Moon 3 - Phase 48 Amavasya
	Meena Rasi: 9.58 Tithi 30 Creative Work Siddha Yoga		112483468	Rahu 1:33PM – 3:09PM		Sunrise: 5:34AM Sunset: 6:21PM	Sivaloka Day

	Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Kintughna* Karana Prathamayam Titau				Albany, NY Sun 15 Sutra 355 Vilamba 5120
	Retreat Star		Gulika Yama	7:08AM – 8:45AM 3:10PM – 4:46PM	Revati Until 8:42PM Indra Until 11:37AM Kintughna Until 4:27PM Prathama* Until 4:54AM Sat	Ganesha: Light Blue Muruga: Yellow Nataraja: Purple Moon – Clear Chaitra•Panguni	Moon 3 - Phase 48 Prathama
	Meena Rasi: 22.16 Tithi 1 Creative Work Siddha Yoga Until 8:42PM Then Creative Work - Amrita Yoga		113483468	Rahu 10:21AM – 11:57AM	Yugadhi	Sunrise: 5:32AM Sunset: 6:22PM	Devaloka Day

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sutra 356 Vilamba 5120
Mesha Rasi: 4.46	Tithi 2	Gulika 5:30AM – 7:07AM	Ashvini Until 10:13PM	Ganesh: Purple	<i>Sunrise:</i> 5:30AM	Sun 16	Moon 3 - Phase 49	3rd Phase
		Yama 1:34PM – 3:10PM	Vaidhriti* Until 11:15AM	Muruga: Yellow	<i>Sunset:</i> 6:24PM			
		123483468 Rahu 8:44AM – 10:20AM	Balava Until 5:17PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Dvitiya Until 5:31AM Sun	Moon – White				Devaloka Day
		Chellappaswami Mahasamadhi		Chaitra•Panguni				

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau				Albany, NY Sutra 357 Vilamba 5120
Mesha Rasi: 17.27	Tithi 3	Gulika 3:11PM – 4:48PM	Bharani Until 11:12PM	Ganesh: Purple	<i>Sunrise:</i> 5:29AM	Sun 17	Moon 3 - Phase 49	3rd Phase
		Yama 11:57AM – 1:34PM	Vishkambha* Until 10:36AM	Muruga: Yellow	<i>Sunset:</i> 6:25PM			
		123483468 Rahu 4:48PM – 6:25PM	Taitila Until 5:42PM	Nataraja: Purple				
Routine Work	Prabalarishta Yoga		Tritiya Until 5:45AM Mon	Moon – White				Devaloka Day
Until 11:12PM				Chaitra•Panguni				
Then Creative Work - Siddha Yoga								

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau				Albany, NY Sutra 358 Vilamba 5120
Vrishabha Rasi: 0.19	Tithi 4	Gulika 1:34PM – 3:11PM	Krittika Until 11:39PM	Ganesh: Purple	<i>Sunrise:</i> 5:27AM	Sun 18	Moon 3 - Phase 49	3rd Phase
Family Home Evening		Yama 10:19AM – 11:56AM	Priti Until 9:40AM	Muruga: Yellow	<i>Sunset:</i> 6:26PM			
		123483468 Rahu 7:04AM – 8:42AM	Vanija Until 5:45PM	Nataraja: Purple				
Routine Work	Marana Yoga		Chaturthi* Until 5:37AM Tue	Moon – White				Devaloka Day
Until 11:39PM				Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY Sutra 359 Vilamba 5120
Vrishabha Rasi: 13.22	Tithi 5	Gulika 11:56AM – 1:34PM	Rohini Until 12:03AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:25AM	Sun 19	Moon 3 - Phase 49	3rd Phase
		Yama 8:41AM – 10:18AM	Ayushman Until 8:25AM	Muruga: Yellow	<i>Sunset:</i> 6:27PM			
		123483468 Rahu 3:12PM – 4:49PM	Bava Until 5:26PM	Nataraja: Purple				
Creative Work	Amrita Yoga		Panchami Until 5:07AM Wed	Moon – Yellow				Sivaloka Day
Until 12:03AM Wed				Chaitra•Panguni				
Then Creative Work - Siddha Yoga								

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthiyam Titau				Albany, NY Sutra 360 Vilamba 5120
Vrishabha Rasi: 26.37	Tithi 6	Gulika 10:18AM – 11:56AM	Mrigashira Until 11:56PM	Ganesh: Clear	<i>Sunrise:</i> 5:24AM	Sun 20	Moon 3 - Phase 49	3rd Phase
		Yama 7:02AM – 8:40AM	Saubhagya Until 6:53AM	Muruga: Yellow	<i>Sunset:</i> 6:28PM			
		123483468 Rahu 11:56AM – 1:34PM	Kaulava Until 4:44PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Shashthi* Until 4:14AM Thu	Moon – Yellow				Sivaloka Day
				Chaitra•Panguni				

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY Sutra 361 Vilamba 5120
Mithuna Rasi: 10.05	Tithi 7	Gulika 8:39AM – 10:17AM	Ardra Until 11:16PM	Ganesh: Clear	<i>Sunrise:</i> 5:22AM	Sun 21	Moon 3 - Phase 49	3rd Phase
		Yama 5:22AM – 7:00AM	Athiganda* Until 2:53AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:29PM			
		123483468 Rahu 1:34PM – 3:12PM	Gara Until 3:39PM	Nataraja: Purple				
Routine Work	Marana Yoga		Saptami Until 2:56AM Fri	Moon – Yellow				Sivaloka Day
Until 11:16PM				Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

Retreat Star		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Albany, NY Sutra 362 Vilamba 5120
Mithuna Rasi: 23.46	Tithi 8	Gulika 6:59AM – 8:38AM	Punarvasu Until 10:29PM	Ganesh: White	<i>Sunrise:</i> 5:20AM	Sun 22	Moon 3 - Phase 49	Ashtami
		Yama 3:13PM – 4:52PM	Sukarma Until 12:23AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:30PM			
		143483468 Rahu 10:16AM – 11:55AM	Visti Until 2:08PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Ashtami* Until 1:13AM Sat	Moon – Blue				Devaloka Day
Until 10:29PM				Chaitra•Panguni				
Then Routine Work - Marana Yoga								

Retreat Star		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Albany, NY Sutra 363 Vilamba 5120
Kataka Rasi: 7.43	Tithi 9	Gulika 5:19AM – 6:58AM	Pushya Until 9:09PM	Ganesh: White	<i>Sunrise:</i> 5:19AM	Sun 23	Moon 3 - Phase 49	Navami
		Yama 1:34PM – 3:13PM	Dhriti Until 9:35PM	Muruga: Yellow	<i>Sunset:</i> 6:31PM			
		143483468 Rahu 8:37AM – 10:16AM	Balava Until 12:13PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Navami* Until 11:06PM	Moon – Blue				Devaloka Day
Until 9:09PM				Chaitra•Panguni				
Then Routine Work - Marana Yoga		Sri Rama Navami						

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Albany, NY
Kataka Rasi: 21.55		Ashlesha* Nakshatra Shula* Yoga Taitila Karana Dashamyam Titau		Sun 24		Sutra 364
Tithi 10		Gulika 3:14PM – 4:53PM	Ashlesha* Until 7:19PM	Ganesh: Clear	<i>Sunrise:</i> 5:17AM	Vikarin 5121
243483468		Yama 11:55AM – 1:34PM	Shula* Until 6:27PM	Muruga: Yellow	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 1
Creative Work Siddha Yoga		Rahu 4:53PM – 6:33PM	Taitila Until 9:55AM	Nataraja: Purple		4th Phase
Until 7:19PM		Tamil New Year		Moon – Blue	Sivaloka Day	
Then Routine Work - Marana Yoga		Dashami Until 8:37PM		Chaitra•Chaitra		

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Albany, NY
Simha Rasi: 6.22		Magha* Purvaphalguni Nakshatra Ganda* Vriddhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 1
Tithi 11 – 12		Gulika 1:34PM – 3:14PM	Magha* Until 5:27PM	Ganesh: White	<i>Sunrise:</i> 5:15AM	Vikarin 5121
Family Home Evening		Yama 10:15AM – 11:54AM	Ganda* Until 3:05PM	Muruga: Yellow	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 1
253483468		Rahu 6:55AM – 8:35AM	Vanija Until 7:16AM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga		Ekadashi Until 5:50PM		Moon – Red	Devaloka Day	
Until 5:27PM		Chaitra•Chaitra				
Then Creative Work - Siddha Yoga						

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
Simha Rasi: 20.59		Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 2
Tithi 12 – 13		Gulika 11:54AM – 1:34PM	Purvaphalguni Until 3:16PM	Ganesh: White	<i>Sunrise:</i> 5:14AM	Vikarin 5121
253483468		Yama 8:34AM – 10:14AM	Vriddhi Until 11:33AM	Muruga: Yellow	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 1
Creative Work Siddha Yoga		Rahu 3:15PM – 4:55PM	Kaulava Until 24:82	Nataraja: Purple		4th Phase
Until 3:16PM		Dvadashi Until 3:05PM		Moon – Red	Devaloka Day	
Then Creative Work - Amrita Yoga		Chaitra•Chaitra		<i>Pradosha Vrata</i>		

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Albany, NY
Kanya Rasi: 5.41		Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 3
Tithi 13 – 14		Gulika 10:13AM – 11:54AM	Uttaraphalguni Until 12:53PM	Ganesh: White	<i>Sunrise:</i> 5:12AM	Vikarin 5121
253483468		Yama 6:52AM – 8:33AM	Dhruva Until 7:56AM	Muruga: Yellow	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 1
Creative Work Amrita Yoga		Rahu 11:54AM – 1:34PM	Gara Until 10:22PM	Nataraja: Purple		4th Phase
Until 12:53PM		Trayodashi Until 11:50AM		Moon – Red	Devaloka Day	
Then Routine Work - Marana Yoga		Chaitra•Chaitra				

○ Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Albany, NY
Copper Retreat Star		Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 4
Kanya Rasi: 20.22		Gulika 8:32AM – 10:13AM	Hasta Until 10:51AM	Ganesh: Yellow	<i>Sunrise:</i> 5:10AM	Vikarin 5121
Tithi 14 – 15		Yama 5:10AM – 6:51AM	Harshana Until 12:59AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 1
263483468		Rahu 1:35PM – 3:15PM	Visti Until 7:30PM	Nataraja: Purple		Purnima
Routine Work Marana Yoga		Chaturdashi* Until 8:53AM		Moon – Green	Sivaloka Day	
Until 10:51AM		Chaitra•Chaitra				
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Albany, NY
Silver Retreat Star		Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 5
Tula Rasi: 4.53		Gulika 6:50AM – 8:31AM	Chitra Until 8:56AM	Ganesh: Yellow	<i>Sunrise:</i> 5:09AM	Vikarin 5121
Tithi 15 – 16		Yama 3:16PM – 4:57PM	Vajra* Until 9:51PM	Muruga: Yellow	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 1
263483468		Rahu 10:12AM – 11:54AM	Kaulava Until 3:49AM Sat	Nataraja: Purple		Prathama
Creative Work Siddha Yoga		Purnima* Until 6:09AM		Moon – Green	Sivaloka Day	
		Chaitra•Chaitra				