



**Friday, May 12, 2017**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Port Harcourt, Nigeria

Anuradha/Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Sutra 25

Vrischika Rasi: 11.52 Tithi 17

**Gulika** 7:51AM – 9:24AM  
**Yama** 3:33PM – 5:05PM  
**Rahu** 10:56AM – 12:28PM

**Anuradha Until 3:40PM**  
Parigha\* Until 1:13PM  
Taitila Until 2:10PM  
**Dvitiya Until 3:20AM Sat**

**Ganesha:** Blue *Sunrise:* 6:19AM  
**Muruga:** Blue *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work Siddha Yoga  
Until 3:40PM

Then Routine Work - Marana Yoga

**Bhuloka Day**

**1**

**Saturday, May 13, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Port Harcourt, Nigeria

Jyeshtha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Sun 1 Sutra 26

Vrischika Rasi: 23.45 Tithi 18

**Gulika** 6:19AM – 7:51AM  
**Yama** 2:01PM – 3:33PM  
**Rahu** 9:23AM – 10:56AM

**Jyeshtha\* Until 6:26PM**  
Shiva Until 2:09PM  
Vanija Until 4:33PM  
**Tritiya Until 5:44AM Sun**

**Ganesha:** Blue *Sunrise:* 6:19AM  
**Muruga:** Blue *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**2**

**Sunday, May 14, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Port Harcourt, Nigeria

Mula\* Nakshatra Siddha/Sadhya Yoga Bava Karana Chaturthyam Titau

Sun 2 Sutra 27

Dhanus Rasi: 5.37 Tithi 19

**Gulika** 3:33PM – 5:05PM  
**Yama** 12:28PM – 2:01PM  
**Rahu** 5:05PM – 6:38PM

**Mula\* Until 9:33PM**  
Siddha Until 3:04PM  
Bava Until 6:57PM  
**Chaturthi\* Until 8:05AM Mon**

**Ganesha:** Yellow *Sunrise:* 6:19AM  
**Muruga:** Blue *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work Amrita Yoga  
Until 9:33PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**3**

**Monday, May 15, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam

Port Harcourt, Nigeria

Purvashadha\* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 28

Dhanus Rasi: 17.31 Tithi 19 – 20

**Gulika** 2:01PM – 3:33PM  
**Yama** 10:56AM – 12:28PM  
**Rahu** 7:51AM – 9:23AM

**Purvashadha\* Until 12:22AM Tue**  
Sadhya Until 3:55PM  
Kaulava Until 9:14PM  
**Chaturthi\* Until 8:05AM**

**Ganesha:** Yellow *Sunrise:* 6:19AM  
**Muruga:** Blue *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

**Family Home Evening**  
Routine Work Marana Yoga  
Until 12:22AM Tue

Then Routine Work - Prabalarishta Yoga

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**4**

**Tuesday, May 16, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam

Port Harcourt, Nigeria

Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 29

Dhanus Rasi: 29.28 Tithi 20 – 21

**Gulika** 12:28PM – 2:01PM  
**Yama** 9:23AM – 10:56AM  
**Rahu** 3:33PM – 5:05PM

**Uttarashadha Until 2:43AM Wed**  
Subha Until 4:36PM  
Gara Until 11:13PM  
**Panchami Until 10:15AM**

**Ganesha:** Red *Sunrise:* 6:18AM  
**Muruga:** Blue *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Routine Work Prabalarishta Yoga  
Until 2:43AM Wed

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**5**

**Wednesday, May 17, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam

Port Harcourt, Nigeria

Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 30

Makara Rasi: 11.34 Tithi 21 – 22

**Gulika** 10:56AM – 12:28PM  
**Yama** 7:51AM – 9:23AM  
**Rahu** 12:28PM – 2:01PM

**Shravana Until 4:56AM Thu**  
Sukla Until 4:56PM  
Visti Until 12:45AM Thu  
**Shashthi\* Until 12:02PM**

**Ganesha:** Green *Sunrise:* 6:18AM  
**Muruga:** Blue *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**D**

**Thursday, May 18, 2017**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam

Port Harcourt, Nigeria

Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 31

Makara Rasi: 23.52 Tithi 22 – 23

**Gulika** 9:23AM – 10:56AM  
**Yama** 6:18AM – 7:51AM  
**Rahu** 2:01PM – 3:33PM

**Dhanishtha Until 6:19AM Fri**  
Brahma Until 4:49PM  
Balava Until 1:37AM Fri  
**Saptami Until 1:15PM**

**Ganesha:** Green *Sunrise:* 6:18AM  
**Muruga:** Blue *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Hemalamba 5119  
Moon 5 - Phase 4  
Ashtami

Creative Work Siddha Yoga

**Bhuloka Day**

**Friday, May 19, 2017**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam

Port Harcourt, Nigeria

Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 32

Kumbha Rasi: 6.29 Tithi 23 – 24

**Gulika** 7:51AM – 9:23AM  
**Yama** 3:33PM – 5:06PM  
**Rahu** 10:56AM – 12:28PM

**Dhanishtha Until 6:19AM**  
Indra Until 4:08PM  
Taitila Until 1:42AM Sat  
**Ashtami\* Until 1:45PM**

**Ganesha:** Green *Sunrise:* 6:18AM  
**Muruga:** Blue *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Hemalamba 5119  
Moon 5 - Phase 4  
Navami

Creative Work Siddha Yoga

**Bhuloka Day**

1

Saturday, May 20, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Navami/Dashamyam TitauPort Harcourt, Nigeria  
Sun 8 Sutra 33

Kumbha Rasi: 19.29 Tihi 24 – 25

Gulika 6:18AM – 7:51AM  
Yama 2:01PM – 3:33PM  
294381369 Rahu 9:23AM – 10:56AMShatabhishak Until 6:46AM  
Vaidhriti\* Until 2:46PM  
Vanija Until 12:55AM Sun  
Navami\* Until 1:24PMGanesha: Green Sunrise: 6:18AM  
Muruga: Blue Sunset: 6:38PM  
Nataraja: Purple  
Moon – Purple  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd PhaseCreative Work Amrita Yoga  
Until 6:46AM

Then Routine Work - Marana Yoga

Bhuloka Day

2

Sunday, May 21, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Dashami/Ekadashyam TitauPort Harcourt, Nigeria  
Sun 9 Sutra 34

Meena Rasi: 2.56 Tihi 25 – 26

Gulika 3:33PM – 5:06PM  
Yama 12:28PM – 2:01PM  
214381369 Rahu 5:06PM – 6:38PMPurvaproshtapada\* Until 6:40AM  
Vishkambha\* Until 12:43PM  
Bava Until 11:18PM  
Dashami Until 12:12PMGanesha: Purple Sunrise: 6:18AM  
Muruga: Blue Sunset: 6:38PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd PhaseCreative Work Siddha Yoga  
Until 6:40AM

Then Creative Work - Amrita Yoga

Bhuloka Day

3

Monday, May 22, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam TitauPort Harcourt, Nigeria  
Sun 10 Sutra 35

Meena Rasi: 16.53 Tihi 26 – 27

Gulika 2:01PM – 3:34PM  
Yama 10:56AM – 12:28PM  
214381369 Rahu 7:51AM – 9:23AMRevati Until 3:41AM Tue  
Priti Until 10:02AM  
Kaulava Until 8:56PM  
Ekadashi\* Until 10:11AMGanesha: Purple Sunrise: 6:18AM  
Muruga: Blue Sunset: 6:39PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd Phase

Creative Work Siddha Yoga

Family Home Evening

Bhuloka Day

4

Tuesday, May 23, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam TitauPort Harcourt, Nigeria  
Sun 11 Sutra 36

Mesha Rasi: 1.19 Tihi 27 – 28

Gulika 12:29PM – 2:01PM  
Yama 9:23AM – 10:56AM  
224381369 Rahu 3:34PM – 5:06PMAshvini Until 1:27AM Wed  
Ayushman Until 6:45AM  
Vanija Until 4:14AM Wed  
Dvadashi\* Until 7:29AM  
*Pradosha Vrata (Fasting)*Ganesha: Light Blue Sunrise: 6:18AM  
Muruga: Blue Sunset: 6:39PM  
Nataraja: Purple  
Moon – White  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd Phase

Creative Work Siddha Yoga

Bhuloka Day

5

Wednesday, May 24, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Sobhana Yoga Visti\*/Sakuni\* Karana Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 12 Sutra 37

Mesha Rasi: 16.1 Tihi 29

Gulika 10:56AM – 12:29PM  
Yama 7:51AM – 9:23AM  
224381369 Rahu 12:29PM – 2:01PMBharani Until 10:40PM  
Sobhana Until 10:58PM  
Visti Until 2:29PM  
Chaturdashi\* Until 12:36AM ThuGanesha: Light Blue Sunrise: 6:18AM  
Muruga: Blue Sunset: 6:39PM  
Nataraja: Purple  
Moon – White  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
2nd Phase

Creative Work Siddha Yoga

Until 10:40PM  
Then Creative Work - Amrita Yoga

Bhuloka Day

●

Thursday, May 25, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Athiganda\* Yoga Catuspada\*/Naga\* Karana Amavasyayam TitauPort Harcourt, Nigeria  
Sun 13 Sutra 38

Vrishabha Rasi: 1.17 Tihi 30

Gulika 9:23AM – 10:56AM  
Yama 6:18AM – 7:51AM  
324381369 Rahu 2:01PM – 3:34PMKrittika Until 7:32PM  
Athiganda\* Until 6:43PM  
Catuspada Until 10:43AM  
Amavasya\* Until 8:46PMGanesha: Purple Sunrise: 6:18AM  
Muruga: Blue Sunset: 6:39PM  
Nataraja: Purple  
Moon – White  
Vaisaka-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
Amavasya

Routine Work Marana Yoga

Bhuloka Day

Friday, May 26, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Kintughna\*/Balava Karana Prathama/Dvililyayam TitauPort Harcourt, Nigeria  
Sun 14 Sutra 39

Vrishabha Rasi: 16.34 Tihi 1 – 2

Gulika 7:51AM – 9:24AM  
Yama 3:34PM – 5:07PM  
334381369 Rahu 10:56AM – 12:29PMRohini Until 4:37PM  
Sukarma Until 2:25PM  
Kintughna Until 6:50AM  
Prathama\* Until 4:53PMGanesha: Light Blue Sunrise: 6:18AM  
Muruga: Blue Sunset: 6:39PM  
Nataraja: Purple  
Moon – Yellow  
Jyeshtha-VaikasiHemalamba 5119  
Moon 5 - Phase 5  
Prathama

Routine Work Marana Yoga

Until 4:37PM

Then Creative Work - Siddha Yoga

Bhuloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>		<b>Saturday, May 27, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 40 Hemalamba 5119	
Mithuna Rasi: 1.48	Tithi 2 – 3	<b>Gulika</b> 6:18AM – 7:51AM	<b>Mrigashira</b> Until 1:42PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:18AM		
		Yama 2:02PM – 3:34PM	Dhriti Until 10:14AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 6	
Creative Work	Siddha Yoga	334481369 <b>Rahu</b> 9:24AM – 10:56AM	Taitila Until 11:23PM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Dvitiya</b> Until 1:08PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>2</b>		<b>Sunday, May 28, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Port Harcourt, Nigeria Sun 16 Sutra 41 Hemalamba 5119	
Mithuna Rasi: 16.5	Tithi 3 – 4	<b>Gulika</b> 3:34PM – 5:07PM	<b>Ardra</b> Until 10:58AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:18AM		
		Yama 12:29PM – 2:02PM	Shula* Until 6:16AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 6	
Creative Work	Siddha Yoga	334481369 <b>Rahu</b> 5:07PM – 6:40PM	Vanija Until 8:09PM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Tritiya</b> Until 9:42AM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>3</b>		<b>Monday, May 29, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 42 Hemalamba 5119	
Kataka Rasi: 1.32	Tithi 4 – 5	<b>Gulika</b> 2:02PM – 3:34PM	<b>Punarvasu</b> Until 8:59AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:18AM		
<b>Family Home Evening</b>		Yama 10:56AM – 12:29PM	Vriddhi Until 11:35PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 6	
Creative Work	Amrita Yoga	345481369 <b>Rahu</b> 7:51AM – 9:24AM	Balava Until 4:21AM Tue	<b>Nataraja:</b> Purple		3rd Phase	
Until 8:59AM			<b>Chaturthi*</b> Until 6:43AM	Moon – Blue		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>			

<b>4</b>		<b>Tuesday, May 30, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 43 Hemalamba 5119	
Kataka Rasi: 15.47	Tithi 6	<b>Gulika</b> 12:29PM – 2:02PM	<b>Pushya</b> Until 7:29AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:19AM		
		Yama 9:24AM – 10:57AM	Dhruva Until 9:02PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 6	
Creative Work	Siddha Yoga	345481369 <b>Rahu</b> 3:35PM – 5:07PM	Kaulava Until 3:27PM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Shashthi*</b> Until 2:42AM Wed	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>5</b>		<b>Wednesday, May 31, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 44 Hemalamba 5119	
Kataka Rasi: 29.35	Tithi 7	<b>Gulika</b> 10:57AM – 12:29PM	<b>Ashlesha*</b> Until 6:34AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:19AM		
		Yama 7:51AM – 9:24AM	Vyaghata* Until 7:07PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 6	
Creative Work	Siddha Yoga	345481369 <b>Rahu</b> 12:29PM – 2:02PM	Gara Until 2:11PM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Saptami</b> Until 1:50AM Thu	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>Retreat Star</b>		<b>Thursday, June 1, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 45 Hemalamba 5119	
Simha Rasi: 12.56	Tithi 8	<b>Gulika</b> 9:24AM – 10:57AM	<b>Magha*</b> Until 6:43AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:19AM		
		Yama 6:19AM – 7:51AM	Harshana Until 5:51PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 6	
Creative Work	Amrita Yoga	355481369 <b>Rahu</b> 2:02PM – 3:35PM	Visti Until 1:42PM	<b>Nataraja:</b> Purple		Ashtami	
Until 6:43AM			<b>Ashtami*</b> Until 1:44AM Fri	Moon – Red		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b>		<b>Friday, June 2, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 46 Hemalamba 5119	
Simha Rasi: 25.52	Tithi 9	<b>Gulika</b> 7:52AM – 9:24AM	<b>Purvaphalguni</b> Until 7:29AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:19AM		
		Yama 3:35PM – 5:08PM	Vajra* Until 5:09PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 6	
Creative Work	Siddha Yoga	355481369 <b>Rahu</b> 10:57AM – 12:30PM	Balava Until 1:59PM	<b>Nataraja:</b> Purple		Navami	
			<b>Navami*</b> Until 2:22AM Sat	Moon – Red		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>1 Saturday, June 3, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 47 Hemalamba 5119
Kanya Rasi: 8.28	Tithi 10	<b>Gulika</b> 6:19AM – 7:52AM	<b>Uttaraphalguni Until 8:46AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:19AM	
		Yama 2:03PM – 3:35PM	Siddhi Until 4:59PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		355481369 <b>Rahu</b> 9:24AM – 10:57AM	Tailila Until 2:56PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 3:35AM Sun</b>	Moon – Red		<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

<b>2 Sunday, June 4, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 48 Hemalamba 5119
Kanya Rasi: 20.49	Tithi 11	<b>Gulika</b> 3:36PM – 5:08PM	<b>Hasta Until 10:55AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:19AM	
		Yama 12:30PM – 2:03PM	Vyatipata* Until 5:13PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		365481369 <b>Rahu</b> 5:08PM – 6:41PM	Vanija Until 4:24PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 5:16AM Mon</b>	Moon – Green		<b>Bhuloka Day</b>
Until 10:55AM				<b>Jyeshtha-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

<b>3 Monday, June 5, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Bava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 49 Hemalamba 5119
Tula Rasi: 2.59	Tithi 12	<b>Gulika</b> 2:03PM – 3:36PM	<b>Chitra Until 1:18PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:19AM	
<b>Family Home Evening</b>		Yama 10:57AM – 12:30PM	Variyan Until 5:43PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		365481361 <b>Rahu</b> 7:52AM – 9:25AM	Bava Until 6:15PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Prabalarishta Yoga		<b>Dvadashi Until 7:16AM Tue</b>	Moon – Green		<b>Bhuloka Day</b>
Until 1:18PM				<b>Jyeshtha-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>4 Tuesday, June 6, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 50 Hemalamba 5119
Tula Rasi: 15.01	Tithi 12 – 13	<b>Gulika</b> 12:30PM – 2:03PM	<b>Svati Until 3:48PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:19AM	
		Yama 9:25AM – 10:58AM	Parigha* Until 6:26PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		365481361 <b>Rahu</b> 3:36PM – 5:09PM	Kaulava Until 8:22PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 7:16AM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 3:48PM			<i>Pradosha Vrata</i>	<b>Jyeshtha-Vaikasi</b>		
Then Routine Work - Marana Yoga						

<b>5 Wednesday, June 7, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 51 Hemalamba 5119
Tula Rasi: 26.58	Tithi 13 – 14	<b>Gulika</b> 10:58AM – 12:31PM	<b>Vishakha Until 6:47PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:19AM	
		Yama 7:52AM – 9:25AM	Shiva Until 7:17PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7
		376481361 <b>Rahu</b> 12:31PM – 2:03PM	Gara Until 10:38PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 9:28AM</b>	Moon – Orange		<b>Devaloka Day</b>
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>		

<b>Thursday, June 8, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 27 Sutra 52 Hemalamba 5119
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:25AM – 10:58AM	<b>Anuradha Until 9:42PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:20AM	
Vrischika Rasi: 8.53	Tithi 14 – 15	Yama 6:20AM – 7:52AM	Siddha Until 8:11PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7
		376481361 <b>Rahu</b> 2:04PM – 3:36PM	Visti Until 12:59AM Fri	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:47AM</b>	Moon – Orange		<b>Devaloka Day</b>
Until 9:42PM				<b>Jyeshtha-Vaikasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Friday, June 9, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 53 Hemalamba 5119
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:53AM – 9:25AM	<b>Jyeshtha* Until 12:28AM Sat</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:20AM	
Vrischika Rasi: 20.46	Tithi 15 – 16	Yama 3:37PM – 5:09PM	Sadhya Until 9:06PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7
		376481361 <b>Rahu</b> 10:58AM – 12:31PM	Balava Until 3:20AM Sat	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Purnima* Until 2:08PM</b>	Moon – Orange		<b>Devaloka Day</b>
Until 12:28AM Sat				<b>Jyeshtha-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Saturday, June 10, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 54

Dhanus Rasi: 2.39    Tiithi 16 - 17

**Gulika** 6:20AM - 7:53AM  
Yama 2:04PM - 3:37PM  
**Rahu** 9:26AM - 10:58AM

**Mula\* Until 3:31AM Sun**  
Subha Until 10:01PM  
Taitila Until 5:38AM Sun  
**Prathama\* Until 4:29PM**

**Ganesha:** Yellow    *Sunrise:* 6:20AM  
**Muruga:** Blue    *Sunset:* 6:43PM  
**Nataraja:** White  
Moon - Light Blue  
**Jyeshtha-Vaikasi**

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Sunday, June 11, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla Yoga Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria

Sun 1    Sutra 55

Dhanus Rasi: 14.33    Tiithi 17

**Gulika** 3:37PM - 5:10PM  
Yama 12:31PM - 2:04PM  
**Rahu** 5:10PM - 6:43PM

**Purvashadha\* Until 6:17AM Mon**  
Sukla Until 10:49PM  
Gara Until 6:44PM  
**Dvitiya Until 6:44PM**

**Ganesha:** Yellow    *Sunrise:* 6:20AM  
**Muruga:** Blue    *Sunset:* 6:43PM  
**Nataraja:** White  
Moon - Light Blue  
**Jyeshtha-Vaikasi**

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Until 6:17AM Mon

Then Routine Work - Marana Yoga

Monday, June 12, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria

Sun 2    Sutra 56

Dhanus Rasi: 26.31    Tiithi 18

**Gulika** 2:04PM - 3:37PM  
Yama 10:59AM - 12:32PM  
**Rahu** 7:53AM - 9:26AM

**Purvashadha\* Until 6:17AM**  
Brahma Until 11:30PM  
Vanija Until 7:49AM  
**Tritiya Until 8:48PM**

**Ganesha:** Yellow    *Sunrise:* 6:20AM  
**Muruga:** Blue    *Sunset:* 6:43PM  
**Nataraja:** White  
Moon - Light Blue  
**Jyeshtha-Vaikasi**

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work    Marana Yoga

Family Home Evening

386481361

Tuesday, June 13, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Kaulava Karana Chaturthyam Titau

Port Harcourt, Nigeria

Sun 3    Sutra 57

Makara Rasi: 8.34    Tiithi 19

**Gulika** 12:32PM - 2:05PM  
Yama 9:26AM - 10:59AM  
**Rahu** 3:37PM - 5:10PM

**Uttarashadha Until 8:40AM**  
Indra Until 8:40AM  
Bava Until 9:45AM  
**Chaturthi\* Until 10:34PM**

**Ganesha:** Yellow    *Sunrise:* 6:20AM  
**Muruga:** Blue    *Sunset:* 6:43PM  
**Nataraja:** White  
Moon - Light Blue  
**Jyeshtha-Vaikasi**

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work    Prabalarishta Yoga

Until 8:40AM

Then Creative Work - Siddha Yoga

Wednesday, June 14, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 4    Sutra 58

Makara Rasi: 20.44    Tiithi 20

**Gulika** 10:59AM - 12:32PM  
Yama 7:53AM - 9:26AM  
**Rahu** 12:32PM - 2:05PM

**Shravana Until 11:03AM**  
Vaidhriti\* Until 12:02AM Thu  
Kaulava Until 11:20AM  
**Panchami Until 11:55PM**

**Ganesha:** Yellow    *Sunrise:* 6:21AM  
**Muruga:** Blue    *Sunset:* 6:43PM  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha-Ani**

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Until 11:03AM

Then Routine Work - Prabalarishta Yoga

Thursday, June 15, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkamba\* Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 5    Sutra 59

Kumbha Rasi: 3.07    Tiithi 21

**Gulika** 9:27AM - 10:59AM  
Yama 6:21AM - 7:54AM  
**Rahu** 2:05PM - 3:38PM

**Dhanishtha Until 12:46PM**  
Vishkamba\* Until 11:41PM  
Gara Until 12:25PM  
**Shashthi\* Until 12:43AM Fri**

**Ganesha:** Yellow    *Sunrise:* 6:21AM  
**Muruga:** Blue    *Sunset:* 6:44PM  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha-Ani**

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Friday, June 16, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 6    Sutra 60

Kumbha Rasi: 15.46    Tiithi 22

**Gulika** 7:54AM - 9:27AM  
Yama 3:38PM - 5:11PM  
**Rahu** 11:00AM - 12:32PM

**Shatabhishak Until 1:44PM**  
Priti Until 10:50PM  
Visti Until 12:52PM  
**Saptami Until 12:49AM Sat**

**Ganesha:** Yellow    *Sunrise:* 6:21AM  
**Muruga:** Blue    *Sunset:* 6:44PM  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha-Ani**

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Saturday, June 17, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 7    Sutra 61

Kumbha Rasi: 28.44    Tiithi 23

**Gulika** 6:21AM - 7:54AM  
Yama 2:05PM - 3:38PM  
**Rahu** 9:27AM - 11:00AM

**Purvaproshtapada\* Until 2:18PM**  
Ayushman Until 9:22PM  
Balava Until 12:37PM  
**Ashtami\* Until 12:11AM Sun**

**Ganesha:** Clear    *Sunrise:* 6:21AM  
**Muruga:** Blue    *Sunset:* 6:44PM  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha-Ani**

Hemalamba 5119  
Moon 6 - Phase 8  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Routine Work    Marana Yoga

Until 2:18PM

Then Creative Work - Siddha Yoga

Sunday, June 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 8    Sutra 62

Meena Rasi: 12.07    Tiithi 24

**Gulika** 3:39PM - 5:11PM  
Yama 12:33PM - 2:06PM  
**Rahu** 5:11PM - 6:44PM

**Uttaraproshtapada Until 1:58PM**  
Saubhagya Until 7:17PM  
Taitila Until 11:35AM  
**Navami\* Until 10:47PM**

**Ganesha:** Clear    *Sunrise:* 6:21AM  
**Muruga:** Blue    *Sunset:* 6:44PM  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha-Ani**

Hemalamba 5119  
Moon 6 - Phase 8  
Navami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga

Father's Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time


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<b>1</b>		<b>Monday, June 19, 2017</b>		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 63 Hemalamba 5119	
Meena Rasi: 25.56	Tithi 25	<b>Gulika</b>	2:06PM – 3:39PM	<b>Revati Until 12:44PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:22AM	
<b>Family Home Evening</b>	317481361	Yama	11:00AM – 12:33PM	Sobhana Until 4:38PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:44PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	7:54AM – 9:27AM	Vanija Until 9:49AM	<b>Nataraja:</b> White		2nd Phase
				<b>Dashami Until 8:40PM</b>	Moon – Clear		
					<b>Jyeshtha•Ani</b>		<b>Bhuloka Day</b>
							Devaloka Time: 6:AM to 9:AM

<b>2</b>		<b>Tuesday, June 20, 2017</b>		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Sukarma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 64 Hemalamba 5119	
Mesha Rasi: 10.13	Tithi 26 – 27	<b>Gulika</b>	12:33PM – 2:06PM	<b>Ashvini Until 11:09AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:22AM	
	327481361	Yama	9:28AM – 11:00AM	Athiganda* Until 1:26PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	3:39PM – 5:12PM	Bava Until 7:23AM	<b>Nataraja:</b> White		2nd Phase
				<b>Ekadashi* Until 5:55PM</b>	Moon – White		
					<b>Jyeshtha•Ani</b>		<b>Bhuloka Day</b>

<b>3</b>		<b>Wednesday, June 21, 2017</b>		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 65 Hemalamba 5119	
Mesha Rasi: 24.53	Tithi 27 – 28	<b>Gulika</b>	11:01AM – 12:33PM	<b>Bharani Until 8:52AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:22AM	
	328581361	Yama	7:55AM – 9:28AM	Sukarma Until 9:48AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	12:33PM – 2:06PM	Gara Until 12:57AM Thu	<b>Nataraja:</b> White		2nd Phase
Until 8:52AM				<b>Dvadashi* Until 2:41PM</b>	Moon – White		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>	<b>Jyeshtha•Ani</b>		<b>Bhuloka Day</b>

<b>4</b>		<b>Thursday, June 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 66 Hemalamba 5119	
Virshabha Rasi: 9.52	Tithi 28 – 29	<b>Gulika</b>	9:28AM – 11:01AM	<b>Krittika Until 6:04AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:22AM	
	328581361	Yama	6:22AM – 7:55AM	Shula* Until 1:42AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 9
Routine Work	Marana Yoga	<b>Rahu</b>	2:07PM – 3:39PM	Visti Until 9:15PM	<b>Nataraja:</b> White		2nd Phase
				<b>Trayodashi* Until 11:07AM</b>	Moon – White		
					<b>Jyeshtha•Ani</b>		<b>Bhuloka Day</b>

		<b>Friday, June 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 67 Hemalamba 5119	
<b>Retreat Star</b>		<b>Gulika</b>	7:55AM – 9:28AM	<b>Mrigashira Until 12:20AM Sat</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:23AM	
Virshabha Rasi: 25.02	Tithi 29 – 30	Yama	3:40PM – 5:12PM	Ganda* Until 9:30PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	11:01AM – 12:34PM	Naga Until 3:34AM Sat	<b>Nataraja:</b> White		Amavasya
				<b>Chaturdashi* Until 7:21AM</b>	Moon – Yellow		
					<b>Jyeshtha•Ani</b>		<b>Bhuloka Day</b>

<b>Saturday, June 24, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 68 Hemalamba 5119	
Mithuna Rasi: 10.14	Tithi 1	<b>Gulika</b>	6:23AM – 7:56AM	<b>Ardra Until 9:22PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:23AM	
	338582361	Yama	2:07PM – 3:40PM	Vridhi Until 5:23PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	9:28AM – 11:01AM	Kintughna Until 1:44PM	<b>Nataraja:</b> White		Prathama
				<b>Prathama* Until 11:56PM</b>	Moon – Yellow		
					<b>Ashada•Ani</b>		<b>Bhuloka Day</b>
							Devaloka Time: 12:PM to 3:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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<b>1 Sunday, June 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
Mithuna Rasi: 25.17 Tithi 2		Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 69
Creative Work Siddha Yoga	348582361	<b>Gulika</b> 3:40PM – 5:13PM	<b>Punarvasu</b> Until 6:58PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM	Hemalamba 5119
		Yama 12:34PM – 2:07PM	Dhruva Until 1:29PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 10
		<b>Rahu</b> 5:13PM – 6:46PM	Balava Until 10:14AM	<b>Nataraja:</b> White		3rd Phase
			<b>Dvitiya</b> Until 8:37PM	Moon – Blue		
				<b>Ashada*Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM

<b>2 Monday, June 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
Kataka Rasi: 10.04 Tithi 3 – 4		Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Tritiya/Chaturtham Titau				Sun 16 Sutra 70
Family Home Evening	348582361	<b>Gulika</b> 2:07PM – 3:40PM	<b>Pushya</b> Until 4:55PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM	Hemalamba 5119
		Yama 11:02AM – 12:35PM	Vyaghata* Until 9:57AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 10
Creative Work Siddha Yoga		<b>Rahu</b> 7:56AM – 9:29AM	Taitila Until 7:08AM	<b>Nataraja:</b> White		3rd Phase
			<b>Tritiya</b> Until 5:46PM	Moon – Blue		
				<b>Ashada*Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM

<b>3 Tuesday, June 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
Kataka Rasi: 24.26 Tithi 4 – 5		Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 17 Sutra 71
Creative Work Siddha Yoga	349582361	<b>Gulika</b> 12:35PM – 2:08PM	<b>Ashlesha*</b> Until 3:20PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:23AM	Hemalamba 5119
		Yama 9:29AM – 11:02AM	Harshana Until 6:54AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 10
		<b>Rahu</b> 3:40PM – 5:13PM	Bava Until 2:44AM Wed	<b>Nataraja:</b> White		3rd Phase
			<b>Chaturthi*</b> Until 3:33PM	Moon – Blue		
				<b>Ashada*Ani</b>	<b>Devaloka Day</b>	

<b>4 Wednesday, June 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
Simha Rasi: 8.21 Tithi 5 – 6		Magha*/Purvaphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 18 Sutra 72
Creative Work Siddha Yoga	359582361	<b>Gulika</b> 11:02AM – 12:35PM	<b>Magha*</b> Until 2:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:24AM	Hemalamba 5119
		Yama 7:56AM – 9:29AM	Siddhi Until 2:33AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 10
Until 2:46PM Then Creative Work - Amrita Yoga		<b>Rahu</b> 12:35PM – 2:08PM	Kaulava Until 1:39AM Thu	<b>Nataraja:</b> White		3rd Phase
			<b>Panchami</b> Until 2:05PM	Moon – Red		
				<b>Ashada*Ani</b>	<b>Sivaloka Day</b>	

<b>5 Thursday, June 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
Simha Rasi: 21.48 Tithi 6 – 7		Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 73
Creative Work Siddha Yoga	359582361	<b>Gulika</b> 9:29AM – 11:02AM	<b>Purvaphalguni</b> Until 2:52PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:24AM	Hemalamba 5119
		Yama 6:24AM – 7:57AM	Vyatipata* Until 1:22AM Fri	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 10
		<b>Rahu</b> 2:08PM – 3:41PM	Gara Until 1:24AM Fri	<b>Nataraja:</b> White		3rd Phase
			<b>Shashthi*</b> Until 1:24PM	Moon – Red		
				<b>Ashada*Ani</b>	<b>Sivaloka Day</b>	

<b>Friday, June 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
<b>Retreat Star</b>		Uttaraphalguni/Hasta Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 74
Kanya Rasi: 4.49 Tithi 7 – 8	359582361	<b>Gulika</b> 7:57AM – 9:30AM	<b>Uttaraphalguni</b> Until 3:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:24AM	Hemalamba 5119
		Yama 3:41PM – 5:14PM	Variyan Until 12:46AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 10
Creative Work Siddha Yoga		<b>Rahu</b> 11:03AM – 12:35PM	Visti Until 1:55AM Sat	<b>Nataraja:</b> White		Ashtami
			<b>Saptami</b> Until 1:32PM	Moon – Red		
Until 3:36PM Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>	<b>Sivaloka Day</b>	

<b>Saturday, July 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
<b>Retreat Star</b>		Hasta/Chitra Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 75
Kanya Rasi: 17.26 Tithi 8 – 9	369582361	<b>Gulika</b> 6:24AM – 7:57AM	<b>Hasta</b> Until 5:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM	Hemalamba 5119
		Yama 2:08PM – 3:41PM	Parigha* Until 12:44AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 10
Routine Work Marana Yoga		<b>Rahu</b> 9:30AM – 11:03AM	Balava Until 3:07AM Sun	<b>Nataraja:</b> White		Navami
			<b>Ashtami*</b> Until 2:25PM	Moon – Green		
				<b>Ashada*Ani</b>	<b>Devaloka Day</b>	

<b>1 Sunday, July 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 76 Hemalamba 5119
Kanya Rasi: 29.47	Tithi 9 – 10	<b>Gulika</b> 3:41PM – 5:14PM	<b>Chitra Until 7:32PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:25AM	
		Yama 12:36PM – 2:09PM	Shiva Until 1:08AM Mon	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
Creative Work	Siddha Yoga	369582361 <b>Rahu</b> 5:14PM – 6:47PM	Taitila Until 4:50AM Mon	<b>Nataraja:</b> White		4th Phase
			<b>Navami* Until 3:54PM</b>	Moon – Green		<b>Devaloka Day</b>
				<b>Ashada*Ani</b>		

<b>2 Monday, July 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 77 Hemalamba 5119
Tula Rasi: 11.55	Tithi 10 – 11	<b>Gulika</b> 2:09PM – 3:42PM	<b>Svati Until 9:57PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:25AM	
<b>Family Home Evening</b>		Yama 11:03AM – 12:36PM	Siddha Until 1:48AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
Creative Work	Amrita Yoga	369582361 <b>Rahu</b> 7:58AM – 9:30AM	Vanija Until 6:56AM Tue	<b>Nataraja:</b> White		4th Phase
Until 9:57PM			<b>Dashami Until 5:50PM</b>	Moon – Green		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Ashada*Ani</b>		

<b>3 Tuesday, July 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 78 Hemalamba 5119
Tula Rasi: 23.55	Tithi 11	<b>Gulika</b> 12:36PM – 2:09PM	<b>Vishakha Until 12:57AM Wed</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:25AM	
		Yama 9:31AM – 11:03AM	Sadhya Until 2:39AM Wed	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
Routine Work	Marana Yoga	379582361 <b>Rahu</b> 3:42PM – 5:14PM	Vanija Until 6:56AM	<b>Nataraja:</b> White		4th Phase
Until 12:57AM Wed			<b>Ekadashi Until 8:02PM</b>	Moon – Orange		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>		

<b>4 Wednesday, July 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 79 Hemalamba 5119
Vrischika Rasi: 5.49	Tithi 12	<b>Gulika</b> 11:04AM – 12:36PM	<b>Anuradha Until 3:53AM Thu</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:25AM	
		Yama 7:58AM – 9:31AM	Subha Until 3:36AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
Creative Work	Siddha Yoga	371582361 <b>Rahu</b> 12:36PM – 2:09PM	Bava Until 9:13AM	<b>Nataraja:</b> White		4th Phase
Until 3:53AM Thu			<b>Dvadashi Until 10:22PM</b>	Moon – Orange		<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Ashada*Ani</b>		

<b>5 Thursday, July 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 80 Hemalamba 5119
Vrischika Rasi: 17.42	Tithi 13	<b>Gulika</b> 9:31AM – 11:04AM	<b>Jyeshtha* Until 6:38AM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:25AM	
		Yama 6:25AM – 7:58AM	Sukla Until 4:30AM Fri	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
Routine Work	Prabalarishta Yoga	471582361 <b>Rahu</b> 2:09PM – 3:42PM	Kaulava Until 11:35AM	<b>Nataraja:</b> White		4th Phase
Until 6:38AM Fri			<b>Trayodashi Until 12:44AM Fri</b>	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>	<b>Ashada*Ani</b>		

<b>6 Friday, July 7, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 81 Hemalamba 5119
Vrischika Rasi: 29.35	Tithi 14	<b>Gulika</b> 7:58AM – 9:31AM	<b>Jyeshtha* Until 6:38AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:26AM	
		Yama 3:42PM – 5:15PM	Brahma Until 5:21AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
Routine Work	Marana Yoga	471582361 <b>Rahu</b> 11:04AM – 12:37PM	Gara Until 1:54PM	<b>Nataraja:</b> White		4th Phase
Until 6:38AM			<b>Chaturdashi* Until 3:00AM Sat</b>	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada*Ani</b>		

<b>○ Saturday, July 8, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 82 Hemalamba 5119
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:26AM – 7:59AM	<b>Mula* Until 9:37AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:26AM	
Dhanus Rasi: 11.31	Tithi 15	Yama 2:10PM – 3:42PM	Indra Until 6:05AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
Creative Work	Siddha Yoga	481582361 <b>Rahu</b> 9:31AM – 11:04AM	Visti Until 4:06PM	<b>Nataraja:</b> White		Purnima
			<b>Purnima* Until 5:06AM Sun</b>	Moon – Light Blue		<b>Sivaloka Day</b>
		<b>Satguru Purnima</b>		<b>Ashada*Ani</b>		

<b>Sunday, July 9, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 83 Hemalamba 5119
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:42PM – 5:15PM	<b>Purvashadha* Until 12:15PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:26AM	
Dhanus Rasi: 23.31	Tithi 16	Yama 12:37PM – 2:10PM	Indra Until 6:05AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
Creative Work	Siddha Yoga	481582361 <b>Rahu</b> 5:15PM – 6:48PM	Balava Until 6:05PM	<b>Nataraja:</b> White		Prathama
Until 12:15PM			<b>Prathama* Until 6:57AM Mon</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada*Ani</b>		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



**Monday, July 10, 2017**  
**Gold Retreat Star**

Makara Rasi: 5.37      Tihi 16 – 17  
**Family Home Evening**      481582361  
Routine Work      Marana Yoga  
Until 2:28PM  
Then Creative Work - Amrita Yoga

**Gulika**      2:10PM – 3:43PM  
Yama      11:04AM – 12:37PM  
**Rahu**      7:59AM – 9:32AM

**Uttarashadha** Until 2:28PM  
Vaidhriti\* Until 6:36AM  
Tailila Until 7:47PM  
**Prathama\*** Until 6:57AM

**Ganesh:** Purple  
**Muruga:** Yellow  
**Nataraja:** White  
Moon – Light Blue  
**Ashada-Ani**

*Sunrise:* 6:26AM  
*Sunset:* 6:48PM

Port Harcourt, Nigeria  
Sutra 84  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Sivaloka Day****1****Tuesday, July 11, 2017**

Makara Rasi: 17.5      Tihi 17 – 18  
Creative Work      Siddha Yoga

**Gulika**      12:37PM – 2:10PM  
Yama      9:32AM – 11:04AM  
**Rahu**      3:43PM – 5:15PM

**Shravana** Until 4:41PM  
Vishkambha\* Until 6:52AM  
Vanija Until 9:07PM  
**Dvitiya** Until 8:29AM

**Ganesh:** Clear  
**Muruga:** Yellow  
**Nataraja:** White  
Moon – Purple  
**Ashada-Ani**

*Sunrise:* 6:26AM  
*Sunset:* 6:48PM

Port Harcourt, Nigeria  
Sun 1      Sutra 85  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day****2****Wednesday, July 12, 2017**

Kumbha Rasi: 0.13      Tihi 18 – 19  
Routine Work      Prabalarishta Yoga  
Until 6:20PM  
Then Creative Work - Siddha Yoga

**Gulika**      11:05AM – 12:37PM  
Yama      7:59AM – 9:32AM  
**Rahu**      12:37PM – 2:10PM

**Dhanishtha** Until 6:20PM  
Priti Until 6:52AM  
Bava Until 10:02PM  
**Tritiya** Until 9:37AM

**Ganesh:** Clear  
**Muruga:** Yellow  
**Nataraja:** White  
Moon – Purple  
**Ashada-Ani**

*Sunrise:* 6:27AM  
*Sunset:* 6:48PM

Port Harcourt, Nigeria  
Sun 2      Sutra 86  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day****3****Thursday, July 13, 2017**

Kumbha Rasi: 12.48      Tihi 19 – 20  
Creative Work      Siddha Yoga

**Gulika**      9:32AM – 11:05AM  
Yama      6:27AM – 7:59AM  
**Rahu**      2:10PM – 3:43PM

**Shatabhishak** Until 7:22PM  
Ayushman Until 6:29AM  
Kaulava Until 10:29PM  
**Chaturthi\*** Until 10:18AM

**Ganesh:** Clear  
**Muruga:** Yellow  
**Nataraja:** White  
Moon – Purple  
**Ashada-Ani**

*Sunrise:* 6:27AM  
*Sunset:* 6:48PM

Port Harcourt, Nigeria  
Sun 3      Sutra 87  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day****4****Friday, July 14, 2017**

Kumbha Rasi: 25.37      Tihi 20 – 21  
Creative Work      Siddha Yoga

**Gulika**      8:00AM – 9:32AM  
Yama      3:43PM – 5:16PM  
**Rahu**      11:05AM – 12:38PM

**Purvaproshtapada\*** Until 8:11PM  
Sobhana Until 4:31AM Sat  
Gara Until 10:23PM  
**Panchami** Until 10:29AM

**Ganesh:** Clear  
**Muruga:** Yellow  
**Nataraja:** White  
Moon – Clear  
**Ashada-Ani**

*Sunrise:* 6:27AM  
*Sunset:* 6:48PM

Port Harcourt, Nigeria  
Sun 4      Sutra 88  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day****5****Saturday, July 15, 2017**

Meena Rasi: 8.43      Tihi 21 – 22  
Creative Work      Siddha Yoga  
Until 8:18PM  
Then Routine Work - Prabalarishta Yoga

**Gulika**      6:27AM – 8:00AM  
Yama      2:10PM – 3:43PM  
**Rahu**      9:32AM – 11:05AM

**Uttaraproshtapada** Until 8:18PM  
Athiganda\* Until 2:51AM Sun  
Visti Until 9:43PM  
**Shashthi\*** Until 10:06AM

**Ganesh:** Clear  
**Muruga:** Yellow  
**Nataraja:** White  
Moon – Clear  
**Ashada-Ani**

*Sunrise:* 6:27AM  
*Sunset:* 6:48PM

Port Harcourt, Nigeria  
Sun 5      Sutra 89  
Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day****Sunday, July 16, 2017**  
**Retreat Star**

Meena Rasi: 22.07      Tihi 22 – 23  
Creative Work      Amrita Yoga  
Until 7:40PM  
Then Creative Work - Siddha Yoga

**Gulika**      3:43PM – 5:16PM  
Yama      12:38PM – 2:10PM  
**Rahu**      5:16PM – 6:48PM

**Revati** Until 7:40PM  
Sukarma Until 12:42AM Mon  
Balava Until 8:27PM  
**Saptami** Until 9:08AM

**Ganesh:** Clear  
**Muruga:** Yellow  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

*Sunrise:* 6:27AM  
*Sunset:* 6:48PM

Port Harcourt, Nigeria  
Sun 6      Sutra 90  
Hemalamba 5119  
Moon 7 - Phase 12  
Ashtami

**Devaloka Day****Monday, July 17, 2017**  
**Retreat Star**

Mesha Rasi: 5.52      Tihi 23 – 24  
**Family Home Evening**      422682362  
Creative Work      Siddha Yoga

**Gulika**      2:10PM – 3:43PM  
Yama      11:05AM – 12:38PM  
**Rahu**      8:00AM – 9:33AM

**Ashvini** Until 6:47PM  
Dhriti Until 10:07PM  
Tailila Until 6:38PM  
**Ashtami\*** Until 7:36AM

**Ganesh:** White  
**Muruga:** Yellow  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

*Sunrise:* 6:27AM  
*Sunset:* 6:48PM

Port Harcourt, Nigeria  
Sun 7      Sutra 91  
Hemalamba 5119  
Moon 7 - Phase 12  
Navami


**Subha Sivaloka Day**

<b>1</b>		<b>Tuesday, July 18, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria	
Mesha Rasi: 19.57		Tithi 25		Bharani/Krittika Nakshatra Shula* Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Sutra 92	
Creative Work		Siddha Yoga		<b>Gulika</b> 12:38PM – 2:11PM	<b>Bharani</b> Until 5:13PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	Hemalamba 5119	
				Yama 9:33AM – 11:05AM	Shula* Until 7:05PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 13	
		422682362		<b>Rahu</b> 3:43PM – 5:16PM	Vanija Until 4:17PM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Dashami</b> Until 2:56AM Wed	Moon – White		<b>Subha Sivaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>2</b>		<b>Wednesday, July 19, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria	
Vrishabha Rasi: 4.22		Tithi 26		Krittika/Rohini Nakshatra Ganda* Vridhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 93	
Creative Work		Amrita Yoga		<b>Gulika</b> 11:05AM – 12:38PM	<b>Krittika</b> Until 3:05PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	Hemalamba 5119	
Until 3:05PM				Yama 8:00AM – 9:33AM	Ganda* Until 3:43PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 13	
Then Creative Work - Siddha Yoga		422682362		<b>Rahu</b> 12:38PM – 2:11PM	Bava Until 1:30PM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Ekadashi*</b> Until 11:58PM	Moon – White		<b>Subha Sivaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>3</b>		<b>Thursday, July 20, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria	
Vrishabha Rasi: 19.04		Tithi 27		Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 10		Sutra 94	
Routine Work		Marana Yoga		<b>Gulika</b> 9:33AM – 11:06AM	<b>Rohini</b> Until 12:54PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	Hemalamba 5119	
		422682362		Yama 6:28AM – 8:00AM	Vridhi Until 12:06PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 13	
				<b>Rahu</b> 2:11PM – 3:43PM	Kaulava Until 10:23AM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Dvadashi*</b> Until 8:44PM	Moon – Yellow		<b>Sivaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>4</b>		<b>Friday, July 21, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria	
Mithuna Rasi: 3.56		Tithi 28 – 29		Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 95	
Creative Work		Siddha Yoga		<b>Gulika</b> 8:00AM – 9:33AM	<b>Mrigashira</b> Until 10:23AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	Hemalamba 5119	
		422682362		Yama 3:43PM – 5:16PM	Dhruva Until 8:17AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 13	
				<b>Rahu</b> 11:06AM – 12:38PM	Gara Until 7:04AM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Trayodashi*</b> Until 5:21PM	Moon – Yellow		<b>Sivaloka Day</b>	
					<i>Pradosha Vrata (Fasting)</i>	<b>Ashada*Adi</b>			

		<b>Saturday, July 22, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria	
<b>Retreat Star</b>		Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 96		Hemalamba 5119	
Mithuna Rasi: 18.51		Tithi 29 – 30		<b>Gulika</b> 6:28AM – 8:01AM	<b>Ardra</b> Until 7:41AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	Moon 7 - Phase 13	
Creative Work		Siddha Yoga		Yama 2:11PM – 3:43PM	Harshana Until 12:40AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Amavasya	
		422682362		<b>Rahu</b> 9:33AM – 11:06AM	Catuspada Until 12:22AM Sun	<b>Nataraja:</b> Clear		<b>Sivaloka Day</b>	
					<b>Chaturdashi*</b> Until 1:59PM	Moon – Yellow			
						<b>Ashada*Adi</b>			

<b>Sunday, July 23, 2017</b>		<b>Retreat Star</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria	
Kataka Rasi: 3.42		Tithi 30 – 1		Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 97	
Creative Work		Siddha Yoga		<b>Gulika</b> 3:43PM – 5:16PM	<b>Pushya</b> Until 3:13AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	Hemalamba 5119	
		422682362		Yama 12:38PM – 2:11PM	Vajra* Until 9:05PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 13	
				<b>Rahu</b> 5:16PM – 6:48PM	Kintughna Until 9:18PM	<b>Nataraja:</b> Clear		Prathama	
					<b>Amavasya*</b> Until 10:47AM	Moon – Blue		<b>Sivaloka Day</b>	
						<b>Sravana*Adi</b>			

<b>Monday, July 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 98 Hemalamba 5119	
<b>1</b>	Kataka Rasi: 18.2 Tithi 1 - 2 <b>Family Home Evening</b> Creative Work Siddha Yoga	<b>Gulika</b> 2:11PM - 3:43PM Yama 11:06AM - 12:38PM <b>Rahu</b> 8:01AM - 9:33AM	<b>Ashlesha* Until 1:20AM Tue</b> Siddhi Until 5:49PM Balava Until 6:38PM <b>Prathama* Until 7:53AM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 6:48PM	<b>Sivaloka Day</b>	
<b>Tuesday, July 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 99 Hemalamba 5119	
<b>2</b>	Simha Rasi: 2.39 Tithi 3 452682362 Creative Work Siddha Yoga Until 12:20AM Wed Then Creative Work - Amrita Yoga	<b>Gulika</b> 12:38PM - 2:11PM Yama 9:33AM - 11:06AM <b>Rahu</b> 3:43PM - 5:16PM	<b>Magha* Until 12:20AM Wed</b> Vyatipata* Until 3:01PM Tailila Until 4:29PM <b>Tritiya Until 3:38AM Wed</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 6:48PM	<b>Sivaloka Day</b>	
<b>Wednesday, July 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Port Harcourt, Nigeria Sun 16 Sutra 100 Hemalamba 5119	
<b>3</b>	Simha Rasi: 16.34 Tithi 4 452682362 Creative Work Amrita Yoga	<b>Gulika</b> 11:06AM - 12:38PM Yama 8:01AM - 9:33AM <b>Rahu</b> 12:38PM - 2:11PM	<b>Purvaphalguni Until 11:52PM</b> Variyan Until 12:43PM Vanija Until 3:00PM <b>Chaturthi* Until 2:31AM Thu</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 6:48PM	<b>Sivaloka Day</b>	
<b>Thursday, July 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 101 Hemalamba 5119	
<b>4</b>	Kanya Rasi: 0.04 Tithi 5 452692362 Amrita Yoga Until 12:00AM Fri Then Routine Work - Marana Yoga	<b>Gulika</b> 9:33AM - 11:06AM Yama 6:29AM - 8:01AM <b>Rahu</b> 2:11PM - 3:43PM	<b>Uttaraphalguni Until 12:00AM Fri</b> Parigha* Until 11:02AM Bava Until 2:16PM <b>Panchami Until 2:10AM Fri</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:48PM	<b>Devaloka Day</b>	
<b>Friday, July 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Shashthyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 102 Hemalamba 5119	
<b>5</b>	Kanya Rasi: 13.08 Tithi 6 462692362 Creative Work Amrita Yoga Until 1:12AM Sat Then Routine Work - Marana Yoga	<b>Gulika</b> 8:01AM - 9:33AM Yama 3:43PM - 5:15PM <b>Rahu</b> 11:06AM - 12:38PM	<b>Hasta Until 1:12AM Sat</b> Shiva Until 9:59AM Kaulava Until 2:18PM <b>Shashthi* Until 2:35AM Sat</b>	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:48PM	<b>Sivaloka Day</b>	
<b>Saturday, July 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 103 Hemalamba 5119	
<b>6</b>	Kanya Rasi: 25.5 Tithi 7 463692362 Routine Work Marana Yoga Until 2:56AM Sun Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:29AM - 8:01AM Yama 2:11PM - 3:43PM <b>Rahu</b> 9:33AM - 11:06AM	<b>Chitra Until 2:56AM Sun</b> Siddha Until 9:30AM Gara Until 3:05PM <b>Saptami Until 3:42AM Sun</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:48PM	<b>Devaloka Day</b>	
<b>Sunday, July 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 104 Hemalamba 5119	
<b>Retreat Star</b>	Tula Rasi: 8.13 Tithi 8 463692362 Creative Work Siddha Yoga Until 5:03AM Mon Then Routine Work - Marana Yoga	<b>Gulika</b> 3:43PM - 5:15PM Yama 12:38PM - 2:11PM <b>Rahu</b> 5:15PM - 6:48PM	<b>Svati Until 5:03AM Mon</b> Sadhya Until 9:33AM Visti Until 4:30PM <b>Ashtami* Until 5:23AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:48PM	<b>Devaloka Day</b>	
<b>Monday, July 31, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Balava Karana Navamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 105 Hemalamba 5119	
<b>Retreat Star</b>	Tula Rasi: 20.23 Tithi 9 473692362 Family Home Evening Routine Work Marana Yoga Until 7:53AM Tue Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:10PM - 3:43PM Yama 11:06AM - 12:38PM <b>Rahu</b> 8:01AM - 9:33AM	<b>Vishakha Until 7:53AM Tue</b> Subha Until 10:01AM Balava Until 6:24PM <b>Navami* Until 7:27AM Tue</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Orange	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:48PM	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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<b>1 Tuesday, August 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 106 Hemalamba 5119
Vrischika Rasi: 2.23	Tithi 9 – 10	<b>Gulika</b> 12:38PM – 2:10PM	<b>Vishakha</b> Until 7:53AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:29AM	
		Yama 9:33AM – 11:06AM	Sukla Until 10:44AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15
		473692362 <b>Rahu</b> 3:43PM – 5:15PM	Taitila Until 8:37PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 7:27AM	Moon – Orange		<b>Bhuloka Day</b>
Until 7:53AM				<b>Sravana-Adi</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>2 Wednesday, August 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 107 Hemalamba 5119
Vrischika Rasi: 14.18	Tithi 10 – 11	<b>Gulika</b> 11:06AM – 12:38PM	<b>Anuradha</b> Until 10:46AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:29AM	
		Yama 8:01AM – 9:33AM	Brahma Until 11:37AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15
		473692362 <b>Rahu</b> 12:38PM – 2:10PM	Vanija Until 10:57PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 9:45AM	Moon – Orange		<b>Bhuloka Day</b>
				<b>Sravana-Adi</b>		Devaloka Time: 6:PM to 9:PM

<b>3 Thursday, August 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 108 Hemalamba 5119
Vrischika Rasi: 26.11	Tithi 11 – 12	<b>Gulika</b> 9:33AM – 11:06AM	<b>Jyeshtha*</b> Until 1:30PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:29AM	
		Yama 6:29AM – 8:01AM	Indra Until 12:33PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15
		473692362 <b>Rahu</b> 2:10PM – 3:42PM	Bava Until 1:16AM Fri	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 12:06PM	Moon – Orange		<b>Bhuloka Day</b>
Until 1:30PM				<b>Sravana-Adi</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>4 Friday, August 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 109 Hemalamba 5119
Dhanus Rasi: 8.06	Tithi 12 – 13	<b>Gulika</b> 8:01AM – 9:33AM	<b>Mula*</b> Until 4:29PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama 3:42PM – 5:15PM	Vaidhriti* Until 1:21PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15
		483692362 <b>Rahu</b> 11:06AM – 12:38PM	Kaulava Until 3:24AM Sat	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 2:20PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 4:29PM		<b>Varalakshmi Vratam</b>		<b>Sravana-Adi</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

<b>5 Saturday, August 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 110 Hemalamba 5119
Dhanus Rasi: 20.05	Tithi 13 – 14	<b>Gulika</b> 6:29AM – 8:01AM	<b>Purvashadha*</b> Until 7:02PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama 2:10PM – 3:42PM	Vishkambha* Until 2:00PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15
		483692362 <b>Rahu</b> 9:33AM – 11:06AM	Gara Until 5:14AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 4:20PM	Moon – Light Blue		<b>Devaloka Day</b>
Until 7:02PM				<b>Sravana-Adi</b>		
Then Routine Work - Marana Yoga						

<b>6 Sunday, August 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 27 Sutra 111 Hemalamba 5119
Makara Rasi: 2.13	Tithi 14 – 15	<b>Gulika</b> 3:42PM – 5:14PM	<b>Uttarashadha</b> Until 9:06PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM	
		Yama 12:38PM – 2:10PM	Priti Until 2:24PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 15
		483692362 <b>Rahu</b> 5:14PM – 6:46PM	Visti Until 6:41AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 5:59PM	Moon – Light Blue		<b>Devaloka Day</b>
				<b>Sravana-Adi</b>		

<b>Monday, August 7, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sutra 112 Hemalamba 5119
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:10PM – 3:42PM	<b>Shravana</b> Until 11:03PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:29AM	
Makara Rasi: 14.29	Tithi 15	Yama 11:05AM – 12:38PM	Ayushman Until 2:27PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 15
<b>Family Home Evening</b>		493692362 <b>Rahu</b> 8:01AM – 9:33AM	Visti Until 6:41AM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 7:13PM	Moon – Purple		<b>Bhuloka Day</b>
Until 11:03PM		<b>Partial Lunar Eclipse</b>		<b>Sravana-Adi</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>Tuesday, August 8, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sutra 113 Hemalamba 5119
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:37PM – 2:10PM	<b>Dhanishtha</b> Until 12:24AM Wed	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:29AM	
Makara Rasi: 26.57	Tithi 16	Yama 9:33AM – 11:05AM	Saubhagya Until 2:09PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 15
		493692362 <b>Rahu</b> 3:42PM – 5:14PM	Balava Until 7:41AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 7:59PM	Moon – Purple		<b>Bhuloka Day</b>
				<b>Sravana-Adi</b>		Devaloka Time: 6:PM to 9:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 9, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 114

Hemalamba 5119

Moon 8 - Phase 16

1st Phase

Kumbha Rasi: 9.38 Tihti 17

493692362

**Gulika** 11:05AM – 12:37PM  
Yama 8:01AM – 9:33AM  
**Rahu** 12:37PM – 2:09PM

**Shatabhishak** Until 1:07AM Thu  
Sobhana Until 1:29PM  
Tailila Until 8:12AM  
**Dvitiya** Until 8:16PM

**Ganesha:** White *Sunrise:* 6:29AM  
**Muruga:** Blue *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Adi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Thursday, August 10, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Trityayam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 115

Hemalamba 5119

Moon 8 - Phase 16

1st Phase

Kumbha Rasi: 22.33 Tihti 18

413792362

**Gulika** 9:33AM – 11:05AM  
Yama 6:29AM – 8:01AM  
**Rahu** 2:09PM – 3:41PM

**Purvaproshtapada\*** Until 1:42AM Fri  
Athiganda\* Until 12:26PM  
Vanija Until 8:15AM  
**Tritiya** Until 8:05PM

**Ganesha:** Clear *Sunrise:* 6:29AM  
**Muruga:** Blue *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

**Devaloka Day**

Creative Work Siddha Yoga

Friday, August 11, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 116

Hemalamba 5119

Moon 8 - Phase 16

1st Phase

Meena Rasi: 5.41 Tihti 19

413792362

**Gulika** 8:01AM – 9:33AM  
Yama 3:41PM – 5:13PM  
**Rahu** 11:05AM – 12:37PM

**Uttaraproshtapada** Until 1:42AM Sat  
Sukarma Until 11:02AM  
Bava Until 7:51AM  
**Chaturthi\*** Until 7:28PM

**Ganesha:** Clear *Sunrise:* 6:29AM  
**Muruga:** Blue *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 1:42AM Sat

Then Routine Work - Prabalarishta Yoga

Saturday, August 12, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Dhriti/Shula\* Yoga Kaulava/Tailila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 117

Hemalamba 5119

Moon 8 - Phase 16

1st Phase

Meena Rasi: 19.04 Tihti 20

414792362

**Gulika** 6:29AM – 8:01AM  
Yama 2:09PM – 3:41PM  
**Rahu** 9:33AM – 11:05AM

**Revati** Until 1:09AM Sun  
Dhriti Until 9:18AM  
Kaulava Until 7:01AM  
**Panchami** Until 6:26PM

**Ganesha:** Purple *Sunrise:* 6:29AM  
**Muruga:** Blue *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Prabalarishta Yoga

Until 1:09AM Sun

Then Creative Work - Siddha Yoga

Sunday, August 13, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 118

Hemalamba 5119

Moon 8 - Phase 16

1st Phase

Mesha Rasi: 2.4 Tihti 21 – 22

424792362

**Gulika** 3:41PM – 5:13PM  
Yama 12:37PM – 2:09PM  
**Rahu** 5:13PM – 6:45PM

**Ashvini** Until 12:32AM Mon  
Shula\* Until 7:14AM  
Visti Until 4:12AM Mon  
**Shashthi\*** Until 5:01PM

**Ganesha:** Clear *Sunrise:* 6:29AM  
**Muruga:** Blue *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Adi**

**Devaloka Day**

Creative Work Siddha Yoga

Monday, August 14, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 119

Hemalamba 5119

Moon 8 - Phase 16

1st Phase

Mesha Rasi: 16.29 Tihti 22 – 23

424792362

**Gulika** 2:08PM – 3:40PM  
Yama 11:04AM – 12:36PM  
**Rahu** 8:01AM – 9:32AM

**Bharani** Until 11:26PM  
Vriddhi Until 2:17AM Tue  
Balava Until 2:17AM Tue  
**Saptami** Until 3:16PM

**Ganesha:** Clear *Sunrise:* 6:29AM  
**Muruga:** Blue *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Adi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

Tuesday, August 15, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 120

Hemalamba 5119

Moon 8 - Phase 16

Ashtami

Vrishabha Rasi: 0.31 Tihti 23 – 24

424792362

**Gulika** 12:36PM – 2:08PM  
Yama 9:32AM – 11:04AM  
**Rahu** 3:40PM – 5:12PM

**Krittika** Until 9:53PM  
Dhruva Until 11:25PM  
Tailila Until 12:04AM Wed  
**Ashtami\*** Until 1:12PM

**Ganesha:** Clear *Sunrise:* 6:28AM  
**Muruga:** Blue *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Adi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 9:53PM

Then Creative Work - Amrita Yoga

**Krishna Janmashtami**

Wednesday, August 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria

Sun 8 Sutra 121

Hemalamba 5119

Moon 8 - Phase 16

Navami

Vrishabha Rasi: 14.44 Tihti 24 – 25

434792362

**Gulika** 11:04AM – 12:36PM  
Yama 8:00AM – 9:32AM  
**Rahu** 12:36PM – 2:08PM

**Rohini** Until 8:22PM  
Vyaghata\* Until 8:21PM  
Vanija Until 9:37PM  
**Navami\*** Until 10:51AM

**Ganesha:** White *Sunrise:* 6:28AM  
**Muruga:** Blue *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Yellow  
**Sravana-Avani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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<b>1</b>	<b>Thursday, August 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 122 Hemalamba 5119	
	Vrishabha Rasi: 29.06	Tihti 25 – 26	<b>Gulika</b> 9:32AM – 11:04AM	<b>Mrigashira</b> Until 6:32PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:28AM	Moon 8 - Phase 17 2nd Phase	
			Yama 6:28AM – 8:00AM	Harshana Until 5:08PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:44PM		
			534792362 <b>Rahu</b> 2:08PM – 3:40PM	Bava Until 6:59PM	<b>Nataraja:</b> Clear	<b>Devaloka Day</b>		
Routine Work Marana Yoga				Moon – Yellow <b>Sravana-Avani</b>				

<b>2</b>	<b>Friday, August 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 123 Hemalamba 5119	
	Mithuna Rasi: 13.35	Tihti 27	<b>Gulika</b> 8:00AM – 9:32AM	<b>Ardra</b> Until 4:28PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:28AM	Moon 8 - Phase 17 2nd Phase	
			Yama 3:39PM – 5:11PM	Vajra* Until 1:49PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:43PM		
			534792362 <b>Rahu</b> 11:04AM – 12:36PM	Kaulava Until 4:15PM	<b>Nataraja:</b> Clear	<b>Devaloka Day</b>		
Creative Work Siddha Yoga				Moon – Yellow <b>Sravana-Avani</b>				

<b>3</b>	<b>Saturday, August 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 124 Hemalamba 5119	
	Mithuna Rasi: 28.05	Tihti 28	<b>Gulika</b> 6:28AM – 8:00AM	<b>Punarvasu</b> Until 2:40PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:28AM	Moon 8 - Phase 17 2nd Phase	
			Yama 2:07PM – 3:39PM	Siddhi Until 10:31AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:43PM		
			544792362 <b>Rahu</b> 9:32AM – 11:04AM	Gara Until 1:31PM	<b>Nataraja:</b> Clear	<b>Bhuloka Day</b>		
Creative Work Siddha Yoga				Moon – Blue <b>Sravana-Avani</b>		Devaloka Time: 6:PM to 9:PM		

<b>4</b>	<b>Sunday, August 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 125 Hemalamba 5119	
	Kataka Rasi: 12.32	Tihti 29	<b>Gulika</b> 3:39PM – 5:11PM	<b>Pushya</b> Until 12:52PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:28AM	Moon 8 - Phase 17 2nd Phase	
			Yama 12:35PM – 2:07PM	Vyatipata* Until 7:18AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM		
			544792362 <b>Rahu</b> 5:11PM – 6:42PM	Visti Until 10:55AM	<b>Nataraja:</b> Clear	<b>Bhuloka Day</b>		
Creative Work Siddha Yoga				Moon – Blue <b>Sravana-Avani</b>		Devaloka Time: 6:PM to 9:PM		

	<b>Monday, August 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 126 Hemalamba 5119	
	<b>Retreat Star</b>		<b>Gulika</b> 2:07PM – 3:39PM	<b>Ashlesha*</b> Until 11:10AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:28AM	Moon 8 - Phase 17 Amavasya	
	Kataka Rasi: 26.51	Tihti 30	Yama 11:03AM – 12:35PM	Parigha* Until 1:29AM Tue	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM		
	<b>Family Home Evening</b>		544792362 <b>Rahu</b> 8:00AM – 9:31AM	Catuspada Until 8:33AM	<b>Nataraja:</b> Clear	<b>Bhuloka Day</b>		
Creative Work Siddha Yoga		<b>Total Solar Eclipse</b>		Moon – Blue <b>Sravana-Avani</b>		Devaloka Time: 6:PM to 9:PM		

	<b>Tuesday, August 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 127 Hemalamba 5119	
	<b>Retreat Star</b>		<b>Gulika</b> 12:35PM – 2:06PM	<b>Magha*</b> Until 10:09AM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:28AM	Moon 8 - Phase 17 Prathama	
	Simha Rasi: 10.55	Tihti 1 – 2	Yama 9:31AM – 11:03AM	Shiva Until 11:07PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM		
			544792362 <b>Rahu</b> 3:38PM – 5:10PM	Kintughna Until 6:33AM	<b>Nataraja:</b> Clear	<b>Bhuloka Day</b>		
Creative Work Siddha Yoga				Moon – Red <b>Bhadrapada-Avani</b>		Devaloka Time: 6:PM to 9:PM		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, August 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 128 Hemalamba 5119	
Simha Rasi: 24.41	Tithi 2 – 3	<b>Gulika</b> 11:03AM – 12:34PM	<b>Purvaphalguni Until 9:30AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:28AM	Moon 8 - Phase 18	
		Yama 7:59AM – 9:31AM	Siddha Until 9:11PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	3rd Phase	
		554792362 <b>Rahu</b> 12:34PM – 2:06PM	Taitila Until 4:09AM Thu	<b>Nataraja:</b> Clear		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Dvitiya Until 4:30PM</b>	Moon – Red		Devaloka Time: 6:PM to 9:PM	
				<b>Bhadrapada-Avani</b>			

<b>2</b>		<b>Thursday, August 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 16 Sutra 129 Hemalamba 5119	
Kanya Rasi: 8.05	Tithi 3 – 4	<b>Gulika</b> 9:31AM – 11:02AM	<b>Uttaraphalguni Until 9:18AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:27AM	Moon 8 - Phase 18	
		Yama 6:27AM – 7:59AM	Sadhya Until 7:47PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	3rd Phase	
		554792362 <b>Rahu</b> 2:06PM – 3:38PM	Vanija Until 3:55AM Fri	<b>Nataraja:</b> Clear		<b>Bhuloka Day</b>	
Amrita Yoga			<b>Tritiya Until 3:56PM</b>	Moon – Red		Devaloka Time: 6:PM to 9:PM	
Until 9:18AM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Friday, August 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 130 Hemalamba 5119	
Kanya Rasi: 21.08	Tithi 4 – 5	<b>Gulika</b> 7:59AM – 9:31AM	<b>Hasta Until 10:04AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:27AM	Moon 8 - Phase 18	
		Yama 3:37PM – 5:09PM	Subha Until 6:57PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	3rd Phase	
		554792362 <b>Rahu</b> 11:02AM – 12:34PM	Bava Until 4:23AM Sat	<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 4:03PM</b>	Moon – Green		Devaloka Time: 6:PM to 9:PM	
Until 10:04AM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, August 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 131 Hemalamba 5119	
Tula Rasi: 3.51	Tithi 5 – 6	<b>Gulika</b> 6:27AM – 7:59AM	<b>Chitra Until 11:22AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:27AM	Moon 8 - Phase 18	
		Yama 2:05PM – 3:37PM	Sukla Until 6:37PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	3rd Phase	
		554792362 <b>Rahu</b> 9:30AM – 11:02AM	Kaulava Until 5:30AM Sun	<b>Nataraja:</b> Clear		<b>Devaloka Day</b>	
Routine Work	Marana Yoga		<b>Panchami Until 4:51PM</b>	Moon – Green		Devaloka Time: 9:AM to 12:PM	
Until 11:22AM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Sunday, August 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Taitila Karana Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 132 Hemalamba 5119	
Tula Rasi: 16.16	Tithi 6	<b>Gulika</b> 3:37PM – 5:08PM	<b>Svati Until 1:07PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:27AM	Moon 8 - Phase 18	
		Yama 12:33PM – 2:05PM	Brahma Until 6:46PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	3rd Phase	
		554792363 <b>Rahu</b> 5:08PM – 6:40PM	Taitila Until 6:16PM	<b>Nataraja:</b> Purple		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Shashthi* Until 6:16PM</b>	Moon – Green		Devaloka Time: 9:AM to 12:PM	
Until 1:07PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Monday, August 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 133 Hemalamba 5119	
Tula Rasi: 28.27	Tithi 7	<b>Gulika</b> 2:05PM – 3:36PM	<b>Vishakha Until 3:42PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:27AM	Moon 8 - Phase 18	
<b>Family Home Evening</b>		Yama 11:01AM – 12:33PM	Indra Until 7:18PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:39PM	3rd Phase	
		575792363 <b>Rahu</b> 7:58AM – 9:30AM	Gara Until 7:11AM	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Routine Work	Marana Yoga		<b>Saptami Until 8:10PM</b>	Moon – Orange		Devaloka Time: 9:AM to 12:PM	
Until 3:42PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Tuesday, August 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 134 Hemalamba 5119	
Vrischika Rasi: 10.28	Tithi 8	<b>Gulika</b> 12:33PM – 2:04PM	<b>Anuradha Until 6:27PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:27AM	Moon 8 - Phase 18	
		Yama 9:30AM – 11:01AM	Vaidhriti* Until 8:04PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:39PM	Ashtami	
		575792363 <b>Rahu</b> 3:36PM – 5:07PM	Visti Until 9:17AM	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Ashtami* Until 10:24PM</b>	Moon – Orange		Devaloka Time: 9:AM to 12:PM	
Until 6:27PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, August 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 135 Hemalamba 5119	
Vrischika Rasi: 22.23	Tithi 9	<b>Gulika</b> 11:01AM – 12:32PM	<b>Jyeshtha* Until 9:11PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:26AM	Moon 8 - Phase 18	
		Yama 7:58AM – 9:29AM	Vishkambha* Until 8:57PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:39PM	Navami	
		575792363 <b>Rahu</b> 12:32PM – 2:04PM	Balava Until 11:36AM	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Navami* Until 12:46AM Thu</b>	Moon – Orange		Devaloka Time: 9:AM to 12:PM	
Until 9:11PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Thursday, August 31, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria	
			Mula* Nakshatra Priti Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 136	
Dhanus Rasi: 4.16	Tithi 10	<b>Gulika</b>	<b>9:29AM – 11:01AM</b>	<b>Mula* Until 12:13AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Hemalamba 5119	
		Yama	6:26AM – 7:58AM	Priti Until 9:49PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19	
		585792363 <b>Rahu</b>	2:04PM – 3:35PM	Tailila Until 1:57PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 3:04AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 12:13AM Fri					<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Prabalarishta Yoga								

<b>2</b>	<b>Friday, September 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria	
			Purvashadha* Nakshatra Ayushman Yoga Vanija/Visli* Karana Ekadashyam Titau				Sun 24 Sutra 137	
Dhanus Rasi: 16.12	Tithi 11	<b>Gulika</b>	<b>7:57AM – 9:29AM</b>	<b>Purvashadha* Until 2:51AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Hemalamba 5119	
		Yama	3:35PM – 5:06PM	Ayushman Until 10:29PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19	
		585792363 <b>Rahu</b>	11:00AM – 12:32PM	Vanija Until 4:09PM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Prabalarishta Yoga			<b>Ekadashi Until 5:06AM Sat</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 2:51AM Sat					<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga								

<b>3</b>	<b>Saturday, September 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria	
			Uttarashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 138	
Dhanus Rasi: 28.14	Tithi 12	<b>Gulika</b>	<b>6:26AM – 7:57AM</b>	<b>Uttarashadha* Until 4:55AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Hemalamba 5119	
		Yama	2:03PM – 3:34PM	Saubhagya Until 10:52PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19	
		585792363 <b>Rahu</b>	9:29AM – 11:00AM	Bava Until 5:59PM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga			<b>Dvadashi Until 6:43AM Sun</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 4:55AM Sun					<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga								

<b>4</b>	<b>Sunday, September 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria	
			Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 139	
Makara Rasi: 10.28	Tithi 12 – 13	<b>Gulika</b>	<b>3:34PM – 5:05PM</b>	<b>Shravana Until 6:48AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	Hemalamba 5119	
		Yama	12:31PM – 2:03PM	Sobhana Until 10:52PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19	
		596792363 <b>Rahu</b>	5:05PM – 6:37PM	Kaulava Until 7:20PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Amrita Yoga			<b>Dvadashi Until 6:43AM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 6:48AM Mon				<i>Pradosha Vrata</i>	<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga								

<b>5</b>	<b>Monday, September 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria	
			Shravana/Dhanishtha Nakshatra Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 140	
Makara Rasi: 22.54	Tithi 13 – 14	<b>Gulika</b>	<b>2:02PM – 3:34PM</b>	<b>Shravana Until 6:48AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	Hemalamba 5119	
<b>Family Home Evening</b>		Yama	10:59AM – 12:31PM	Athiganda* Until 10:23PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19	
		596892363 <b>Rahu</b>	7:57AM – 9:28AM	Gara Until 8:06PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Amrita Yoga			<b>Trayodashi Until 7:47AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 6:48AM		<b>Chidambaram Abhishekam</b>			<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga								

<b>○</b>	<b>Tuesday, September 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria	
			Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Sutra 141	
Kumbha Rasi: 5.37	Tithi 14 – 15	<b>Gulika</b>	<b>12:31PM – 2:02PM</b>	<b>Dhanishtha Until 7:56AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	Hemalamba 5119	
		Yama	9:28AM – 10:59AM	Sukarma Until 9:26PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19	
		596892363 <b>Rahu</b>	3:33PM – 5:05PM	Visti Until 8:16PM	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:14AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 7:56AM					<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga								

<b>○</b>	<b>Wednesday, September 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria	
			Shatabhishak/Purvaproshtihapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 142	
Kumbha Rasi: 18.38	Tithi 15 – 16	<b>Gulika</b>	<b>10:59AM – 12:30PM</b>	<b>Shatabhishak Until 8:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	Hemalamba 5119	
		Yama	7:56AM – 9:28AM	Dhriti Until 8:03PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19	
		596892363 <b>Rahu</b>	12:30PM – 2:02PM	Balava Until 7:50PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga			<b>Purnima* Until 8:06AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 8:19AM					<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda





Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Shula\* Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 143

Meena Rasi: 1.56    Tihti 16 – 17

**Gulika** 9:27AM – 10:59AM  
**Yama** 6:25AM – 7:56AM  
**Rahu** 2:01PM – 3:32PM

**Purvaproshtapada\*** Until 8:28AM  
**Shula\*** Until 6:12PM  
**Tailila** Until 6:54PM  
**Prathama\*** Until 7:24AM

**Ganesha:** White *Sunrise:* 6:25AM  
**Muruga:** Blue *Sunset:* 6:35PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

1

Friday, September 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Ganda\*/Vridhhi Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1    Sutra 144

Meena Rasi: 15.31    Tihti 17 – 18

**Gulika** 7:56AM – 9:27AM  
**Yama** 3:32PM – 5:03PM  
**Rahu** 10:58AM – 12:30PM

**Uttaraproshtapada** Until 8:00AM  
**Ganda\*** Until 4:02PM  
**Visti** Until 4:42AM Sat  
**Dvitiya** Until 6:14AM

**Ganesha:** White *Sunrise:* 6:24AM  
**Muruga:** Blue *Sunset:* 6:35PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

2

Saturday, September 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2    Sutra 145

Meena Rasi: 29.19    Tihti 19

**Gulika** 6:24AM – 7:55AM  
**Yama** 2:00PM – 3:32PM  
**Rahu** 9:27AM – 10:58AM

**Revati** Until 7:01AM  
**Vridhhi** Until 1:37PM  
**Bava** Until 3:50PM  
**Chaturthi\*** Until 2:52AM Sun

**Ganesha:** White *Sunrise:* 6:24AM  
**Muruga:** Blue *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Routine Work    Prabalarishta Yoga  
Until 7:01AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

3

Sunday, September 10, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Tailila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 3    Sutra 146

Mesha Rasi: 13.17    Tihti 20

**Gulika** 3:31PM – 5:02PM  
**Yama** 12:29PM – 2:00PM  
**Rahu** 5:02PM – 6:34PM

**Ashvini** Until 6:04AM  
**Dhruva** Until 10:58AM  
**Kaulava** Until 1:54PM  
**Panchami** Until 12:52AM Mon

**Ganesha:** White *Sunrise:* 6:24AM  
**Muruga:** Blue *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Creative Work    Siddha Yoga

**Grandparent's Day**

**Bhuloka Day**

Until 6:04AM  
Then Routine Work - Prabalarishta Yoga

4

Monday, September 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 4    Sutra 147

Mesha Rasi: 27.22    Tihti 21

**Gulika** 2:00PM – 3:31PM  
**Yama** 10:57AM – 12:28PM  
**Rahu** 7:55AM – 9:26AM

**Krittika** Until 3:15AM Tue  
**Vyaghata\*** Until 8:12AM  
**Gara** Until 11:50AM  
**Shashthi\*** Until 10:44PM

**Ganesha:** White *Sunrise:* 6:24AM  
**Muruga:** Blue *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Routine Work    Marana Yoga  
Until 3:15AM Tue  
Then Creative Work - Amrita Yoga

**Bhuloka Day**

5

Tuesday, September 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 5    Sutra 148

Vrishabha Rasi: 11.31    Tihti 22

**Gulika** 12:28PM – 1:59PM  
**Yama** 9:26AM – 10:57AM  
**Rahu** 3:30PM – 5:02PM

**Rohini** Until 1:58AM Wed  
**Vajra\*** Until 2:28AM Wed  
**Visti** Until 9:40AM  
**Saptami** Until 8:33PM

**Ganesha:** Clear *Sunrise:* 6:24AM  
**Muruga:** Blue *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Creative Work    Amrita Yoga

**Bhuloka Day**

Until 1:58AM Wed  
Then Creative Work - Siddha Yoga

Devaloka Time: 6:AM to 9:AM

D

Wednesday, September 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6    Sutra 149

Vrishabha Rasi: 25.42    Tihti 23

**Gulika** 10:57AM – 12:28PM  
**Yama** 7:54AM – 9:26AM  
**Rahu** 12:28PM – 1:59PM

**Mrigashira** Until 12:32AM Thu  
**Siddhi** Until 11:35PM  
**Balava** Until 7:28AM  
**Ashtami\*** Until 6:21PM

**Ganesha:** Clear *Sunrise:* 6:23AM  
**Muruga:** Blue *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
Ashtami

Creative Work    Siddha Yoga

**Bhuloka Day**

Until 12:32AM Thu  
Then Routine Work - Marana Yoga

Devaloka Time: 6:AM to 9:AM

Thursday, September 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria

Sun 7    Sutra 150

Mithuna Rasi: 9.53    Tihti 24 – 25

**Gulika** 9:25AM – 10:56AM  
**Yama** 6:23AM – 7:54AM  
**Rahu** 1:59PM – 3:30PM

**Ardra** Until 11:00PM  
**Vyatipata\*** Until 8:45PM  
**Vanija** Until 3:09AM Fri  
**Navami\*** Until 4:11PM

**Ganesha:** Clear *Sunrise:* 6:23AM  
**Muruga:** Blue *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
Navami

Routine Work    Marana Yoga

**Bhuloka Day**

Until 11:00PM  
Then Creative Work - Amrita Yoga

Devaloka Time: 6:AM to 9:AM


Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b>	<b>Friday, September 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria	
	Punarvasu Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 151		Hemalamba 5119		Moon 9 - Phase 21	
Mithuna Rasi: 24.01	Tithi 25 - 26	547892363	<b>Gulika</b> 7:54AM - 9:25AM Yama 3:29PM - 5:00PM <b>Rahu</b> 10:56AM - 12:27PM	<b>Punarvasu</b> Until 9:49PM Variyan Until 5:56PM Bava Until 1:05AM Sat <b>Dashami</b> Until 2:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon - Blue <b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>		
Creative Work Siddha Yoga Until 9:49PM Then Routine Work - Marana Yoga								

<b>2</b>	<b>Saturday, September 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria	
	Pushya Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 152		Hemalamba 5119		Moon 9 - Phase 21	
Kataka Rasi: 8.07	Tithi 26 - 27	547892363	<b>Gulika</b> 6:23AM - 7:54AM Yama 1:58PM - 3:29PM <b>Rahu</b> 9:25AM - 10:56AM	<b>Pushya</b> Until 8:38PM Parigha* Until 3:14PM Kaulava Until 11:10PM <b>Ekadashi*</b> Until 12:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:23AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Purple Moon - Blue <b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>		
Creative Work Siddha Yoga Until 8:38PM Then Routine Work - Marana Yoga								

<b>3</b>	<b>Sunday, September 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria	
	Ashlesha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 153		Hemalamba 5119		Moon 9 - Phase 21	
Kataka Rasi: 22.06	Tithi 27 - 28	548892363	<b>Gulika</b> 3:28PM - 4:59PM Yama 12:26PM - 1:57PM <b>Rahu</b> 4:59PM - 6:30PM	<b>Ashlesha*</b> Until 7:28PM Shiva Until 12:41PM Gara Until 9:26PM <b>Dvadashi*</b> Until 10:15AM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon - Blue <b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>		
Creative Work Siddha Yoga Until 7:28PM Then Routine Work - Marana Yoga								

<b>4</b>	<b>Monday, September 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria	
	Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 154		Hemalamba 5119		Moon 9 - Phase 21	
Simha Rasi: 5.58	Tithi 28 - 29	558892363	<b>Gulika</b> 1:57PM - 3:28PM Yama 10:55AM - 12:26PM <b>Rahu</b> 7:53AM - 9:24AM	<b>Magha*</b> Until 6:52PM Siddha Until 10:18AM Visti Until 7:59PM <b>Trayodashi*</b> Until 8:39AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Purple Moon - Red <b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>		
Family Home Evening Routine Work Marana Yoga Until 6:52PM Then Creative Work - Siddha Yoga								

	<b>Tuesday, September 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria	
	<b>Retreat Star</b>		Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 155		Hemalamba 5119	
Simha Rasi: 19.38	Tithi 29 - 30	558892363	<b>Gulika</b> 12:26PM - 1:57PM Yama 9:24AM - 10:55AM <b>Rahu</b> 3:28PM - 4:58PM	<b>Purvaphalguni</b> Until 6:28PM Sadhya Until 8:11AM Catuspada Until 6:53PM <b>Chaturdashi*</b> Until 7:22AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:29PM <b>Nataraja:</b> Purple Moon - Red <b>Bhadrapada-Puratasi</b>	<b>Bhuloka Day</b>		
Creative Work Siddha Yoga Until 6:28PM Then Creative Work - Amrita Yoga			<b>Mahalaya Amavasai (Tamil Nadu)</b>					

<b>Retreat Star</b>	<b>Wednesday, September 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria	
	Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 156		Hemalamba 5119		Moon 9 - Phase 21	
Kanya Rasi: 3.05	Tithi 30 - 1	558892363	<b>Gulika</b> 10:54AM - 12:25PM Yama 7:53AM - 9:23AM <b>Rahu</b> 12:25PM - 1:56PM	<b>Uttaraphalguni</b> Until 6:20PM Subha Until 6:24AM Kintughna Until 6:13PM <b>Amavasya*</b> Until 6:28AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:29PM <b>Nataraja:</b> Purple Moon - Red <b>Ashvina-Puratasi</b>	<b>Bhuloka Day</b>		
Creative Work Amrita Yoga Until 6:20PM Then Routine Work - Marana Yoga			<b>Navaratri Begins</b>					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Thursday, September 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 157 Hemalamba 5119		
Kanya Rasi: 16.17	Titthi 1 – 2	<b>Gulika</b> Yama 568892363	<b>9:23AM – 10:54AM</b> 6:21AM – 7:52AM <b>Rahu</b> 1:56PM – 3:27PM	<b>Hasta Until 7:01PM</b> Brahma Until 3:58AM Fri Balava Until 6:04PM <b>Prathama* Until 6:03AM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:21AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:28PM <b>Nataraja:</b> Purple Moon – Green <b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Moon 9 - Phase 22 3rd Phase		
Routine Work Marana Yoga Until 7:01PM Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, September 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 158 Hemalamba 5119		
Kanya Rasi: 29.12	Titthi 2 – 3	<b>Gulika</b> Yama 568892363	<b>7:52AM – 9:23AM</b> 3:26PM – 4:57PM <b>Rahu</b> 10:54AM – 12:25PM	<b>Chitra Until 8:06PM</b> Indra Until 3:26AM Sat Taitila Until 6:29PM <b>Dvitiya Until 6:11AM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:21AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:28PM <b>Nataraja:</b> Purple Moon – Green <b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Moon 9 - Phase 22 3rd Phase		
Creative Work Siddha Yoga								

<b>3</b>		<b>Saturday, September 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Port Harcourt, Nigeria Sun 16 Sutra 159 Hemalamba 5119		
Tula Rasi: 11.5	Titthi 3 – 4	<b>Gulika</b> Yama 569892363	<b>6:21AM – 7:52AM</b> 1:55PM – 3:26PM <b>Rahu</b> 9:23AM – 10:53AM	<b>Svati Until 9:35PM</b> Vaidhriti* Until 3:19AM Sun Vanija Until 7:29PM <b>Tritiya Until 6:54AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:21AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Purple Moon – Green <b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Moon 9 - Phase 22 3rd Phase		
Creative Work Siddha Yoga								

<b>4</b>		<b>Sunday, September 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 160 Hemalamba 5119		
Tula Rasi: 24.13	Titthi 4 – 5	<b>Gulika</b> Yama 579892363	<b>3:25PM – 4:56PM</b> 12:24PM – 1:55PM <b>Rahu</b> 4:56PM – 6:27PM	<b>Vishakha Until 11:56PM</b> Vishkambha* Until 3:38AM Mon Bava Until 9:03PM <b>Chaturthi* Until 8:11AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:21AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 3rd Phase		
Routine Work Marana Yoga								

<b>5</b>		<b>Monday, September 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 161 Hemalamba 5119		
Vrischika Rasi: 6.23	Titthi 5 – 6	<b>Gulika</b> Yama 579892363	<b>1:54PM – 3:25PM</b> 10:53AM – 12:24PM <b>Rahu</b> 7:51AM – 9:22AM	<b>Anuradha Until 2:32AM Tue</b> Priti Until 4:17AM Tue Kaulava Until 11:04PM <b>Panchami Until 9:59AM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:21AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 3rd Phase		
Family Home Evening Creative Work Siddha Yoga Until 2:32AM Tue Then Routine Work - Marana Yoga								

<b>6</b>		<b>Tuesday, September 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 162 Hemalamba 5119		
Vrischika Rasi: 18.23	Titthi 6 – 7	<b>Gulika</b> Yama 579892363	<b>12:23PM – 1:54PM</b> 9:22AM – 10:52AM <b>Rahu</b> 3:25PM – 4:55PM	<b>Jyeshtha* Until 5:15AM Wed</b> Ayushman Until 5:06AM Wed Gara Until 1:24AM Wed <b>Shashthi* Until 12:11PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:20AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 3rd Phase		
Routine Work Marana Yoga								

<b>Retreat Star</b>		<b>Wednesday, September 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 163 Hemalamba 5119	
Dhanus Rasi: 0.17	Titthi 7 – 8	<b>Gulika</b> Yama 689892363	<b>10:52AM – 12:23PM</b> 7:51AM – 9:21AM <b>Rahu</b> 12:23PM – 1:54PM	<b>Mula* Until 8:23AM Thu</b> Saubhagya Until 6:01AM Thu Visti Until 3:52AM Thu <b>Saptami Until 2:37PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:20AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 Ashtami	
Routine Work Marana Yoga Until 8:23AM Thu Then Creative Work - Siddha Yoga		<b>Durga Ashtami</b>					

<b>Retreat Star</b>		<b>Thursday, September 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 164 Hemalamba 5119	
Dhanus Rasi: 12.08	Titthi 8 – 9	<b>Gulika</b> Yama 689892363	<b>9:21AM – 10:52AM</b> 6:20AM – 7:51AM <b>Rahu</b> 1:53PM – 3:24PM	<b>Mula* Until 8:23AM</b> Saubhagya Until 6:01AM Balava Until 6:14AM Fri <b>Ashtami* Until 5:03PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:20AM <b>Muruga:</b> Blue <i>Sunset:</i> 6:25PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM Moon 9 - Phase 22 Navami	
Creative Work Siddha Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>					

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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<b>1 Friday, September 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuklayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 165 Hemalamba 5119	
Dhanus Rasi: 24.03	Tithi 9	<b>Gulika</b> 7:50AM – 9:21AM	<b>Purvashadha* Until 11:14AM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:20AM		
		Yama 3:23PM – 4:54PM	Sobhana Until 6:51AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:25PM	Moon 9 - Phase 23	
		689992363 <b>Rahu</b> 10:52AM – 12:22PM	Balava Until 6:14AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Navami* Until 7:17PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 11:14AM		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

<b>2 Saturday, September 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuklayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 166 Hemalamba 5119	
Makara Rasi: 6.05	Tithi 10	<b>Gulika</b> 6:19AM – 7:50AM	<b>Uttarashadha Until 1:33PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:19AM		
		Yama 1:52PM – 3:23PM	Athiganda* Until 7:24AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 9 - Phase 23	
		689992363 <b>Rahu</b> 9:21AM – 10:51AM	Taitila Until 8:16AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 9:05PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 1:33PM				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>3 Sunday, October 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuklayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 167 Hemalamba 5119	
Makara Rasi: 18.2	Tithi 11	<b>Gulika</b> 3:23PM – 4:53PM	<b>Shravana Until 3:38PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:19AM		
		Yama 12:22PM – 1:52PM	Sukarma Until 7:34AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 9 - Phase 23	
		691992363 <b>Rahu</b> 4:53PM – 6:24PM	Vanija Until 9:46AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Amrita Yoga		<b>Ekadashi Until 10:15PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 3:38PM				<b>Ashvina+Puratasi</b>		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

<b>4 Monday, October 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuklayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 168 Hemalamba 5119	
Kumbha Rasi: 0.52	Tithi 12	<b>Gulika</b> 1:52PM – 3:22PM	<b>Dhanishtha Until 4:53PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:19AM		
<b>Family Home Evening</b>		Yama 10:51AM – 12:21PM	Dhriti Until 7:14AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 23	
		691992363 <b>Rahu</b> 7:50AM – 9:20AM	Bava Until 10:35AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 10:41PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 9:AM to 12:PM	

<b>5 Tuesday, October 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuklayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 169 Hemalamba 5119	
Kumbha Rasi: 13.44	Tithi 13	<b>Gulika</b> 12:21PM – 1:51PM	<b>Shatabhishak Until 5:14PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:19AM		
		Yama 9:20AM – 10:50AM	Shula* Until 6:16AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 23	
		691992363 <b>Rahu</b> 3:22PM – 4:52PM	Kaulava Until 10:39AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 10:22PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
		<b>Chidambaram Abhishekam</b>	<i>Pradosha Vrata</i>	<b>Ashvina+Puratasi</b>		Devaloka Time: 9:AM to 12:PM	
		<b>Kadaitswami Mahasamadhi</b>					

<b>6 Wednesday, October 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuklayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 170 Hemalamba 5119	
Kumbha Rasi: 27.01	Tithi 14	<b>Gulika</b> 10:50AM – 12:21PM	<b>Purvaproshtapada* Until 5:11PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:19AM		
		Yama 7:49AM – 9:20AM	Vridhhi Until 2:40AM Thu	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 23	
		611992363 <b>Rahu</b> 12:21PM – 1:51PM	Gara Until 9:58AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 9:21PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 5:11PM				<b>Ashvina+Puratasi</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

<b>Thursday, October 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuklayam Uttaraproshtapada*/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sutra 171 Hemalamba 5119	
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:19AM – 10:50AM	<b>Uttaraproshtapada Until 4:21PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:18AM		
Meena Rasi: 10.4	Tithi 15	Yama 6:18AM – 7:49AM	Dhruva Until 12:07AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:22PM	Moon 9 - Phase 23	
		611992363 <b>Rahu</b> 1:51PM – 3:21PM	Visti Until 8:37AM	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 7:42PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 9:AM to 12:PM	

<b>Friday, October 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuklayam Revati/Ashvini Nakshatra Vyaghata* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Port Harcourt, Nigeria Sutra 172 Hemalamba 5119	
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:49AM – 9:19AM	<b>Revati Until 2:53PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:18AM		
Meena Rasi: 24.39	Tithi 16 – 17	Yama 3:21PM – 4:51PM	Vyaghata* Until 9:11PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:22PM	Moon 9 - Phase 23	
		611992363 <b>Rahu</b> 10:50AM – 12:20PM	Balava Until 6:43AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 5:35PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 2:53PM				<b>Ashvina+Puratasi</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

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Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 173

Hemalamba 5119

Mesha Rasi: 8.55 Tihi 17 - 18

Gulika 6:18AM - 7:49AM

Yama 1:50PM - 3:20PM

621992364 Rahu 9:19AM - 10:49AM

Ashvini Until 1:21PM

Harshana Until 6:02PM

Vanija Until 1:50AM Sun

Dvitiya Until 3:08PM

Ganesh: Blue

Sunrise: 6:18AM

Muruga: Blue

Sunset: 6:21PM

Nataraja: Clear

Moon - White

Ashvina+Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 174

Hemalamba 5119

Mesha Rasi: 23.22 Tihi 18 - 19

Gulika 3:20PM - 4:51PM

Yama 12:19PM - 1:50PM

621992364 Rahu 4:51PM - 6:21PM

Bharani Until 11:27AM

Vajra\* Until 2:42PM

Bava Until 11:09PM

Tritiya Until 12:29PM

Ganesh: Blue

Sunrise: 6:18AM

Muruga: Blue

Sunset: 6:21PM

Nataraja: Clear

Moon - White

Ashvina+Puratasi

Sivaloka Day

Routine Work Prabalarishta Yoga

Until 11:27AM

Then Creative Work - Siddha Yoga

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 175

Hemalamba 5119

Vrishabha Rasi: 7.52 Tihi 19 - 20

Gulika 1:49PM - 3:20PM

Yama 10:49AM - 12:19PM

621992364 Rahu 7:48AM - 9:18AM

Krittika Until 9:22AM

Siddhi Until 11:21AM

Kaulava Until 8:28PM

Chaturthi\* Until 9:47AM

Ganesh: Blue

Sunrise: 6:18AM

Muruga: Blue

Sunset: 6:20PM

Nataraja: Clear

Moon - White

Ashvina+Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 9:22AM

Then Creative Work - Amrita Yoga

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\*/Varyan Yoga Taitila/Vanija Karana Panchami/Shashiyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 176

Hemalamba 5119

Vrishabha Rasi: 22.2 Tihi 20 - 21

Gulika 12:19PM - 1:49PM

Yama 9:18AM - 10:49AM

631992364 Rahu 3:19PM - 4:50PM

Rohini Until 7:38AM

Vyatipata\* Until 8:04AM

Vanija Until 4:40AM Wed

Panchami Until 7:08AM

Ganesh: Red

Sunrise: 6:18AM

Muruga: Blue

Sunset: 6:20PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 7:38AM

Then Creative Work - Siddha Yoga

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 177

Hemalamba 5119

Mithuna Rasi: 6.43 Tihi 22

Gulika 10:48AM - 12:19PM

Yama 7:48AM - 9:18AM

631992364 Rahu 12:19PM - 1:49PM

Ardra Until 4:18AM Thu

Parigha\* Until 1:57AM Thu

Visti Until 3:32PM

Saptami Until 2:27AM Thu

Ganesh: Red

Sunrise: 6:17AM

Muruga: Blue

Sunset: 6:20PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 4:18AM Thu

Then Creative Work - Amrita Yoga

Thursday, October 12, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 178

Hemalamba 5119

Mithuna Rasi: 20.54 Tihi 23

Gulika 9:18AM - 10:48AM

Yama 6:17AM - 7:48AM

642992364 Rahu 1:49PM - 3:19PM

Punarvasu Until 3:15AM Fri

Shiva Until 11:14PM

Balava Until 1:27PM

Ashtami\* Until 12:30AM Fri

Ganesh: Red

Sunrise: 6:17AM

Muruga: Blue

Sunset: 6:19PM

Nataraja: Clear

Moon - Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:15AM Fri

Then Routine Work - Marana Yoga

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 179

Hemalamba 5119

Kataka Rasi: 4.55 Tihi 24

Gulika 7:47AM - 9:18AM

Yama 3:19PM - 4:49PM

642992364 Rahu 10:48AM - 12:18PM

Pushya Until 2:23AM Sat

Siddha Until 8:45PM

Taitila Until 11:40AM

Navami\* Until 10:53PM

Ganesh: Red

Sunrise: 6:17AM

Muruga: Blue

Sunset: 6:19PM

Nataraja: Clear

Moon - Blue

Ashvina+Puratasi

Devaloka Day

Routine Work Marana Yoga

<b>1</b>	<b>Saturday, October 14, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 180 Hemalamba 5119
	Kataka Rasi: 18.43	Tiithi 25	<b>Gulika</b> 6:17AM – 7:47AM	<b>Ashlesha* Until 1:41AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:17AM	
			Yama 1:48PM – 3:18PM	Sadhya Until 6:32PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:19PM	Moon 10 - Phase 25
	642992364	<b>Rahu</b> 9:17AM – 10:48AM	Vanija Until 10:13AM	<b>Dashami Until 9:35PM</b>	<b>Nataraja:</b> Clear	Moon – Blue	2nd Phase
Routine Work Marana Yoga		<b>Ashvina•Puratasi</b>				<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, October 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 181 Hemalamba 5119
	Simha Rasi: 2.2	Tiithi 26	<b>Gulika</b> 3:18PM – 4:48PM	<b>Magha* Until 1:36AM Mon</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:17AM	
			Yama 12:18PM – 1:48PM	Subha Until 4:36PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:18PM	Moon 10 - Phase 25
	652992364	<b>Rahu</b> 4:48PM – 6:18PM	Bava Until 9:05AM	<b>Ekadashi* Until 8:37PM</b>	<b>Nataraja:</b> Clear	Moon – Red	2nd Phase
Routine Work Marana Yoga Until 1:36AM Mon Then Creative Work - Siddha Yoga		<b>Ashvina•Puratasi</b>				<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Monday, October 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 182 Hemalamba 5119
	Simha Rasi: 15.46	Tiithi 27	<b>Gulika</b> 1:48PM – 3:18PM	<b>Purvaphalguni Until 1:42AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:17AM	
			Yama 10:47AM – 12:17PM	Sukla Until 2:53PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:18PM	Moon 10 - Phase 25
	652992364	<b>Rahu</b> 7:47AM – 9:17AM	Kaulava Until 8:16AM	<b>Dvadashi* Until 7:58PM</b>	<b>Nataraja:</b> Clear	Moon – Red	2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 1:42AM Tue Then Creative Work - Amrita Yoga		<b>Ashvina•Puratasi</b>				<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Tuesday, October 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 183 Hemalamba 5119
	Simha Rasi: 29.01	Tiithi 28	<b>Gulika</b> 12:17PM – 1:47PM	<b>Uttaraphalguni Until 1:58AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:17AM	
			Yama 9:17AM – 10:47AM	Brahma Until 1:27PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:18PM	Moon 10 - Phase 25
	652992364	<b>Rahu</b> 3:17PM – 4:48PM	Gara Until 7:47AM	<b>Trayodashi* Until 7:40PM</b>	<b>Nataraja:</b> Clear	Moon – Red	2nd Phase
Creative Work Amrita Yoga Until 1:58AM Wed Then Routine Work - Marana Yoga		<b>Ashvina•Aipasi</b> <i>Pradosha Vrata (Fasting)</i>				<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Wednesday, October 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Indra/Vaidhriti* Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 184 Hemalamba 5119
	Kanya Rasi: 12.05	Tiithi 29	<b>Gulika</b> 10:47AM – 12:17PM	<b>Hasta Until 2:55AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM	
			Yama 7:47AM – 9:17AM	Indra Until 12:18PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:17PM	Moon 10 - Phase 25
	662992364	<b>Rahu</b> 12:17PM – 1:47PM	Visti Until 7:40AM	<b>Chaturdashi* Until 7:44PM</b>	<b>Nataraja:</b> Clear	Moon – Green	2nd Phase
Routine Work Marana Yoga Until 2:55AM Thu Then Creative Work - Siddha Yoga		<b>Ashvina•Aipasi</b>				<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>●</b>	<b>Thursday, October 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 185 Hemalamba 5119
	<b>Retreat Star</b>		<b>Gulika</b> 9:17AM – 10:47AM	<b>Chitra Until 4:08AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM	
	Kanya Rasi: 24.58	Tiithi 30	Yama 6:17AM – 7:47AM	Vaidhriti* Until 11:27AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:17PM	Moon 10 - Phase 25
	662992364	<b>Rahu</b> 1:47PM – 3:17PM	Catuspada Until 7:56AM	<b>Amavasya* Until 8:12PM</b>	<b>Nataraja:</b> Clear	Moon – Green	Amavasya
Creative Work Siddha Yoga		<b>Ashvina•Aipasi</b>				<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>●</b>	<b>Friday, October 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vishkambha*/Prili Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 186 Hemalamba 5119
	<b>Retreat Star</b>		<b>Gulika</b> 7:47AM – 9:17AM	<b>Svati Until 5:37AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM	
	Tula Rasi: 7.38	Tiithi 1	Yama 3:17PM – 4:47PM	Vishkambha* Until 10:56AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:17PM	Moon 10 - Phase 25
	662992364	<b>Rahu</b> 10:47AM – 12:17PM	Kintughna Until 8:38AM	<b>Prathama* Until 9:08PM</b>	<b>Nataraja:</b> Clear	Moon – Green	Prathama
Creative Work Siddha Yoga		<b>Karttika•Aipasi</b>				<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Saturday, October 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
	Tula Rasi: 20.06		Tithi 2		Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15 Sutra 187
	672992364		<b>Gulika</b> 6:16AM – 7:46AM	<b>Vishakha</b> Until 7:52AM Sun	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:16AM	Hemalamba 5119	
	Creative Work Siddha Yoga		Yama 1:46PM – 3:16PM	Priti Until 10:47AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:16PM	Moon 10 - Phase 26	
Until 7:52AM Sun		<b>Rahu</b> 9:16AM – 10:46AM	Balava Until 9:47AM	<b>Nataraja:</b> Clear	3rd Phase		
Then Routine Work - Marana Yoga		<b>Dvitiya</b> Until 10:31PM		Moon – Orange	<b>Bhuloka Day</b>		
				<b>Kartika•Aipasi</b>	Devaloka Time: 6:PM to 9:PM		

<b>2</b>	<b>Sunday, October 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
	Vrischika Rasi: 2.23		Tithi 3		Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 16 Sutra 188
	672992364		<b>Gulika</b> 3:16PM – 4:46PM	<b>Vishakha</b> Until 7:52AM	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:16AM	Hemalamba 5119	
	Routine Work Marana Yoga		Yama 12:16PM – 1:46PM	Ayushman Until 10:58AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:16PM	Moon 10 - Phase 26	
		<b>Rahu</b> 4:46PM – 6:16PM	Taitila Until 11:24AM	<b>Nataraja:</b> Clear	3rd Phase		
		<b>Tritiya</b> Until 12:21AM Mon		Moon – Orange	<b>Bhuloka Day</b>		
				<b>Kartika•Aipasi</b>	Devaloka Time: 6:PM to 9:PM		

<b>3</b>	<b>Monday, October 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
	Vrischika Rasi: 14.28		Tithi 4		Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 17 Sutra 189
	672992364		<b>Gulika</b> 1:46PM – 3:16PM	<b>Anuradha</b> Until 10:22AM	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:16AM	Hemalamba 5119	
	Family Home Evening		Yama 10:46AM – 12:16PM	Saubhagya Until 11:28AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:16PM	Moon 10 - Phase 26	
Creative Work Siddha Yoga		<b>Rahu</b> 7:46AM – 9:16AM	Vanija Until 1:27PM	<b>Nataraja:</b> Clear	3rd Phase		
		<b>Chaturthi*</b> Until 2:35AM Tue		Moon – Orange	<b>Bhuloka Day</b>		
				<b>Kartika•Aipasi</b>	Devaloka Time: 6:PM to 9:PM		

<b>4</b>	<b>Tuesday, October 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
	Vrischika Rasi: 26.25		Tithi 5		Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 18 Sutra 190
	672192364		<b>Gulika</b> 12:16PM – 1:46PM	<b>Jyeshtha*</b> Until 1:02PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:16AM	Hemalamba 5119	
	Routine Work Marana Yoga		Yama 9:16AM – 10:46AM	Sobhana Until 12:16PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:16PM	Moon 10 - Phase 26	
Until 1:02PM		<b>Rahu</b> 3:16PM – 4:46PM	Bava Until 3:50PM	<b>Nataraja:</b> Clear	3rd Phase		
Then Creative Work - Amrita Yoga		<b>Panchami</b> Until 5:06AM Wed		Moon – Orange	<b>Bhuloka Day</b>		
				<b>Kartika•Aipasi</b>	Devaloka Time: 6:PM to 9:PM		

<b>5</b>	<b>Wednesday, October 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
	Dhanus Rasi: 8.17		Tithi 6		Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Shashthyam Titau		Sun 19 Sutra 191
	683192364		<b>Gulika</b> 10:46AM – 12:16PM	<b>Mula*</b> Until 4:15PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:16AM	Hemalamba 5119	
	Routine Work Marana Yoga		Yama 7:46AM – 9:16AM	Athiganda* Until 1:11PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:15PM	Moon 10 - Phase 26	
Until 4:15PM		<b>Rahu</b> 12:16PM – 1:46PM	Kaulava Until 6:26PM	<b>Nataraja:</b> Clear	3rd Phase		
Then Creative Work - Amrita Yoga		<b>Shashthi*</b> Until 7:43AM Thu		Moon – Light Blue	<b>Sivaloka Day</b>		
				<b>Kartika•Aipasi</b>			

<b>6</b>	<b>Thursday, October 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
	Dhanus Rasi: 20.05		Tithi 6 – 7		Purvashadha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 192
	683112364		<b>Gulika</b> 9:16AM – 10:46AM	<b>Purvashadha*</b> Until 7:18PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:16AM	Hemalamba 5119	
	Creative Work Siddha Yoga		Yama 6:16AM – 7:46AM	Sukarma Until 2:09PM	<b>Muruga:</b> White <i>Sunset:</i> 6:15PM	Moon 10 - Phase 26	
Until 7:18PM		<b>Rahu</b> 1:46PM – 3:16PM	Gara Until 9:01PM	<b>Nataraja:</b> Clear	3rd Phase		
Then Routine Work - Marana Yoga		<b>Skanda Shasthi</b>	<b>Shashthi*</b> Until 7:43AM	Moon – Light Blue	<b>Sivaloka Day</b>		
				<b>Kartika•Aipasi</b>			

<b>Retreat Star</b>	<b>Friday, October 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
	Makara Rasi: 1.57		Tithi 7 – 8		Uttarashadha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 193
	683112364		<b>Gulika</b> 7:46AM – 9:16AM	<b>Uttarashadha</b> Until 9:59PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:16AM	Hemalamba 5119	
	Routine Work Marana Yoga		Yama 3:15PM – 4:45PM	Dhriti Until 3:00PM	<b>Muruga:</b> White <i>Sunset:</i> 6:15PM	Moon 10 - Phase 26	
		<b>Rahu</b> 10:46AM – 12:16PM	Visti Until 11:22PM	<b>Nataraja:</b> Clear	Ashtami		
		<b>Saptami</b> Until 10:13AM		Moon – Light Blue	<b>Sivaloka Day</b>		
				<b>Kartika•Aipasi</b>			

<b>Retreat Star</b>	<b>Saturday, October 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
	Makara Rasi: 13.56		Tithi 8 – 9		Shravana Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 194
	693112364		<b>Gulika</b> 6:16AM – 7:46AM	<b>Shravana</b> Until 12:32AM Sun	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:16AM	Hemalamba 5119	
	Creative Work Siddha Yoga		Yama 1:45PM – 3:15PM	Shula* Until 3:30PM	<b>Muruga:</b> White <i>Sunset:</i> 6:15PM	Moon 10 - Phase 26	
Until 12:32AM Sun		<b>Rahu</b> 9:16AM – 10:46AM	Balava Until 1:13AM Sun	<b>Nataraja:</b> Clear	Navami		
Then Routine Work - Marana Yoga		<b>Ashtami*</b> Until 12:20PM		Moon – Purple	<b>Devaloka Day</b>		
				<b>Kartika•Aipasi</b>			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1 Sunday, October 29, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria	
Dhanishtha Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 195		Hemalamba 5119		Moon 10 - Phase 27	
Makara Rasi: 26.08	Tithi 9 - 10	<b>Gulika</b> 3:15PM - 4:45PM	<b>Dhanishtha</b> Until 2:14AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM		
		<b>Yama</b> 12:16PM - 1:45PM	Ganda* Until 3:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:15PM	4th Phase	
	693112364	<b>Rahu</b> 4:45PM - 6:15PM	Taitila Until 2:21AM Mon	<b>Nataraja:</b> Clear		Moon - Purple	
Routine Work	Marana Yoga		<b>Navami*</b> Until 1:52PM	<b>Karttika-Aipasi</b>		<b>Devaloka Day</b>	
Until 2:14AM Mon							
Then Creative Work - Siddha Yoga							

2 Monday, October 30, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria	
Shatabhishak Nakshatra Vridhni/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 196		Hemalamba 5119		Moon 10 - Phase 27	
Kumbha Rasi: 8.38	Tithi 10 - 11	<b>Gulika</b> 1:45PM - 3:15PM	<b>Shatabhishak</b> Until 2:59AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM		
<b>Family Home Evening</b>		<b>Yama</b> 10:46AM - 12:15PM	Vridhni Until 2:59PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:15PM	4th Phase	
	693112364	<b>Rahu</b> 7:46AM - 9:16AM	Vanija Until 2:40AM Tue	<b>Nataraja:</b> Clear		Moon - Purple	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:36PM	<b>Karttika-Aipasi</b>		<b>Devaloka Day</b>	
Until 2:59AM Tue							
Then Routine Work - Marana Yoga							

3 Tuesday, October 31, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria	
Purvaprosarthapada* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau		Sun 25 Sutra 197		Hemalamba 5119		Moon 10 - Phase 27	
Kumbha Rasi: 21.33	Tithi 11 - 12	<b>Gulika</b> 12:15PM - 1:45PM	<b>Purvaprosarthapada*</b> Until 3:11AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:16AM		
		<b>Yama</b> 9:16AM - 10:46AM	Dhruva Until 1:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	4th Phase	
	613112364	<b>Rahu</b> 3:15PM - 4:45PM	Bava Until 2:06AM Wed	<b>Nataraja:</b> Clear		Moon - Clear	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 2:28PM	<b>Karttika-Aipasi</b>		<b>Devaloka Day</b>	
Until 3:11AM Wed							
Then Creative Work - Siddha Yoga							

4 Wednesday, November 1, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria	
Uttaraprosarthapada Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau		Sun 26 Sutra 198		Hemalamba 5119		Moon 10 - Phase 27	
Meena Rasi: 4.55	Tithi 12 - 13	<b>Gulika</b> 10:46AM - 12:15PM	<b>Uttaraprosarthapada</b> Until 2:26AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM		
		<b>Yama</b> 7:46AM - 9:16AM	Vyaghata* Until 11:48AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	4th Phase	
	613112364	<b>Rahu</b> 12:15PM - 1:45PM	Kaulava Until 12:42AM Thu	<b>Nataraja:</b> Clear		Moon - Clear	
Creative Work	Siddha Yoga		<b>Dvadashti</b> Until 1:29PM	<b>Karttika-Aipasi</b>		<b>Devaloka Day</b>	
Until 12:42AM Thu			<i>Pradosha Vrata</i>				
Then Creative Work - Siddha Yoga							

5 Thursday, November 2, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria	
Revati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 199		Hemalamba 5119		Moon 10 - Phase 27	
Meena Rasi: 18.44	Tithi 13 - 14	<b>Gulika</b> 9:16AM - 10:46AM	<b>Revati</b> Until 12:51AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM		
		<b>Yama</b> 6:17AM - 7:46AM	Harshana Until 9:16AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	4th Phase	
	613112364	<b>Rahu</b> 1:45PM - 3:15PM	Gara Until 10:36PM	<b>Nataraja:</b> Clear		Moon - Clear	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 11:43AM	<b>Karttika-Aipasi</b>		<b>Devaloka Day</b>	
Until 12:51AM Fri							
Then Creative Work - Amrita Yoga							

O Friday, November 3, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria	
<b>Copper Retreat Star</b>		Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 200		Hemalamba 5119	
Mesha Rasi: 3	Tithi 14 - 15	<b>Gulika</b> 7:46AM - 9:16AM	<b>Ashvini</b> Until 11:00PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM		
		<b>Yama</b> 3:15PM - 4:44PM	Vajra* Until 6:11AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27	
	623112364	<b>Rahu</b> 10:46AM - 12:15PM	Visti Until 7:56PM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 9:19AM	<b>Karttika-Aipasi</b>		<b>Sivaloka Day</b>	
Until 11:00PM							
Then Creative Work - Siddha Yoga							

Saturday, November 4, 2017		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria	
<b>Silver Retreat Star</b>		Bharani Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29 Sutra 201		Hemalamba 5119	
Mesha Rasi: 17.37	Tithi 15 - 16	<b>Gulika</b> 6:17AM - 7:46AM	<b>Bharani</b> Until 8:38PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM		
		<b>Yama</b> 1:45PM - 3:15PM	Vyatipata* Until 10:57PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27	
	623112364	<b>Rahu</b> 9:16AM - 10:46AM	Kaulava Until 3:14AM Sun	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:26AM	<b>Karttika-Aipasi</b>		<b>Sivaloka Day</b>	
Until 8:38PM							
Then Creative Work - Amrita Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda





Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria  
Sutra 202

Vrishabha Rasi: 2.28 Tihti 17

623112364

**Gulika** 3:15PM – 4:44PM  
**Yama** 12:15PM – 1:45PM  
**Rahu** 4:44PM – 6:14PM

**Krittika** **Until 5:57PM**  
Variyan **Until 7:01PM**  
Taitila **Until 1:35PM**  
**Dvitiya** **Until 11:54PM**

**Ganesha:** White *Sunrise: 6:17AM*  
**Muruga:** White *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – White  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

1

Monday, November 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 1 Sutra 203

Vrishabha Rasi: 17.25 Tihti 18

633112364

**Gulika** 1:45PM – 3:15PM  
**Yama** 10:46AM – 12:15PM  
**Rahu** 7:47AM – 9:16AM

**Rohini** **Until 3:30PM**  
Parigha\* **Until 3:05PM**  
Vanija **Until 10:15AM**  
**Tritiya** **Until 8:35PM**

**Ganesha:** Clear *Sunrise: 6:17AM*  
**Muruga:** White *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**Family Home Evening**

2

Tuesday, November 7, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria  
Sun 2 Sutra 204

Mithuna Rasi: 2.19 Tihti 19 – 20

733112364

**Gulika** 12:15PM – 1:45PM  
**Yama** 9:16AM – 10:46AM  
**Rahu** 3:15PM – 4:44PM

**Mrigashira** **Until 1:03PM**  
Shiva **Until 11:17AM**  
Bava **Until 7:00AM**  
**Chaturthi\*** **Until 5:26PM**

**Ganesha:** White *Sunrise: 6:17AM*  
**Muruga:** White *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

Until 1:03PM

Then Routine Work - Marana Yoga

3

Wednesday, November 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria  
Sun 3 Sutra 205

Mithuna Rasi: 17.01 Tihti 20 – 21

734112364

**Gulika** 10:46AM – 12:16PM  
**Yama** 7:47AM – 9:16AM  
**Rahu** 12:16PM – 1:45PM

**Ardra** **Until 10:45AM**  
Siddha **Until 7:40AM**  
Gara **Until 1:21AM** Thu  
**Panchami** **Until 2:36PM**

**Ganesha:** Clear *Sunrise: 6:17AM*  
**Muruga:** White *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

4

Thursday, November 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria  
Sun 4 Sutra 206

Kataka Rasi: 1.28 Tihti 21 – 22

744112364

**Gulika** 9:17AM – 10:46AM  
**Yama** 6:17AM – 7:47AM  
**Rahu** 1:45PM – 3:15PM

**Punarvasu** **Until 9:08AM**  
Subha **Until 1:31AM** Fri  
Visti **Until 11:12PM**  
**Shashthi\*** **Until 12:12PM**

**Ganesha:** Purple *Sunrise: 6:17AM*  
**Muruga:** White *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – Blue  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work Amrita Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

D

Friday, November 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 5 Sutra 207

Kataka Rasi: 15.34 Tihti 22 – 23

744112364

**Gulika** 7:47AM – 9:17AM  
**Yama** 3:15PM – 4:44PM  
**Rahu** 10:46AM – 12:16PM

**Pushya** **Until 7:52AM**  
Sukla **Until 11:02PM**  
Balava **Until 9:34PM**  
**Saptami** **Until 10:18AM**

**Ganesha:** Purple *Sunrise: 6:18AM*  
**Muruga:** White *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – Blue  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
Ashtami

Routine Work Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Saturday, November 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria  
Sun 6 Sutra 208

Kataka Rasi: 29.2 Tihti 23 – 24

744112364

**Gulika** 6:18AM – 7:47AM  
**Yama** 1:45PM – 3:15PM  
**Rahu** 9:17AM – 10:46AM

**Ashlesha\*** **Until 7:00AM**  
Brahma **Until 9:01PM**  
Taitila **Until 8:30PM**  
**Ashtami\*** **Until 8:57AM**

**Ganesha:** Purple *Sunrise: 6:18AM*  
**Muruga:** White *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – Blue  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
Navami

Routine Work Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Until 7:00AM

Then Creative Work - Amrita Yoga

<b>1 Sunday, November 12, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashyam Titau				Port Harcourt, Nigeria Sun 7 Sutra 209 Hemalamba 5119
Simha Rasi: 12.47	Tithi 24 – 25	<b>Gulika</b> 3:15PM – 4:44PM	<b>Magha* Until 6:58AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	
		Yama 12:16PM – 1:45PM	Indra Until 7:27PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 11 - Phase 29
		754112364 <b>Rahu</b> 4:44PM – 6:14PM	Vanija Until 7:59PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 8:09AM</b>	Moon – Red		<b>Devaloka Day</b>
Until 6:58AM				<b>Karttika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, November 13, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 210 Hemalamba 5119
Simha Rasi: 25.58	Tithi 25 – 26	<b>Gulika</b> 1:45PM – 3:15PM	<b>Purvaphalguni Until 7:17AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	
<b>Family Home Evening</b>		Yama 10:47AM – 12:16PM	Vaidhriti* Until 6:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 11 - Phase 29
		754112364 <b>Rahu</b> 7:48AM – 9:17AM	Bava Until 7:57PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:53AM</b>	Moon – Red		<b>Devaloka Day</b>
				<b>Karttika•Aipasi</b>		

<b>3 Tuesday, November 14, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba*/Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 211 Hemalamba 5119
Kanya Rasi: 8.53	Tithi 26 – 27	<b>Gulika</b> 12:16PM – 1:46PM	<b>Uttaraphalguni Until 7:55AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	
		Yama 9:17AM – 10:47AM	Vishkamba* Until 5:22PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 11 - Phase 29
		754112364 <b>Rahu</b> 3:15PM – 4:44PM	Kaulava Until 8:21PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 8:05AM</b>	Moon – Red		<b>Devaloka Day</b>
Until 7:55AM				<b>Karttika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, November 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 212 Hemalamba 5119
Kanya Rasi: 21.37	Tithi 27 – 28	<b>Gulika</b> 10:47AM – 12:16PM	<b>Hasta Until 9:15AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:19AM	
		Yama 7:48AM – 9:18AM	Priti Until 4:49PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 11 - Phase 29
		764112364 <b>Rahu</b> 12:16PM – 1:46PM	Gara Until 9:10PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 8:41AM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 9:15AM		<b>Subramuniyaswami Mahasamadhi</b>	<i>Pradosha Vrata (Fasting)</i>	<b>Karttika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>5 Thursday, November 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 213 Hemalamba 5119
Tula Rasi: 4.1	Tithi 28 – 29	<b>Gulika</b> 9:18AM – 10:47AM	<b>Chitra Until 10:48AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:19AM	
		Yama 6:19AM – 7:48AM	Ayushman Until 4:31PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 11 - Phase 29
		764112364 <b>Rahu</b> 1:46PM – 3:15PM	Visti Until 10:20PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 9:41AM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 10:48AM				<b>Karttika•Karttikai</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>Friday, November 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Port Harcourt, Nigeria Sun 12 Sutra 214 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> 7:49AM – 9:18AM	<b>Svati Until 12:31PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM	
Tula Rasi: 16.34	Tithi 29 – 30	Yama 3:15PM – 4:45PM	Saubhagya Until 4:30PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 11 - Phase 29
		764212365 <b>Rahu</b> 10:47AM – 12:17PM	Catuspada Until 11:51PM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:01AM</b>	Moon – Green		<b>Bhuloka Day</b>
				<b>Karttika•Karttikai</b>		Devaloka Time: 9:AM to 12:PM

<b>Saturday, November 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 215 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> 6:20AM – 7:49AM	<b>Vishakha Until 2:53PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:20AM	
Tula Rasi: 28.49	Tithi 30 – 1	Yama 1:46PM – 3:16PM	Sobhana Until 4:46PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 11 - Phase 29
		774212365 <b>Rahu</b> 9:18AM – 10:48AM	Kintughna Until 1:42AM Sun	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 12:43PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Margasira•Karttikai</b>		Devaloka Time: 9:AM to 12:PM

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Sunday, November 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 216 Hemalamba 5119	
Vrischika Rasi: 10.56 Tithi 1 - 2		<b>Gulika</b> 3:16PM - 4:45PM	<b>Anuradha</b> Until 5:25PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:20AM	Moon 11 - Phase 30	
774212365		<b>Yama</b> 12:17PM - 1:46PM	Athiganda* Until 5:14PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	3rd Phase	
Routine Work Marana Yoga		<b>Rahu</b> 4:45PM - 6:14PM	Balava Until 3:53AM Mon	<b>Nataraja:</b> White	<b>Bhuloka Day</b>		
			<b>Prathama*</b> Until 2:44PM	Moon - Orange	Devaloka Time: 9:AM to 12:PM		
				<b>Margasira-Karttikai</b>			
<b>2</b>		<b>Monday, November 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 217 Hemalamba 5119	
Vrischika Rasi: 22.55 Tithi 2 - 3		<b>Gulika</b> 1:47PM - 3:16PM	<b>Jyeshtha*</b> Until 8:04PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:20AM	Moon 11 - Phase 30	
774212365		<b>Yama</b> 10:48AM - 12:17PM	Sukarma Until 5:57PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:15PM	3rd Phase	
Family Home Evening Creative Work Siddha Yoga		<b>Rahu</b> 7:49AM - 9:19AM	Taitila Until 6:22AM Tue	<b>Nataraja:</b> White	<b>Bhuloka Day</b>		
			<b>Dvitiya</b> Until 5:04PM	Moon - Orange	Devaloka Time: 9:AM to 12:PM		
				<b>Margasira-Karttikai</b>			
<b>3</b>		<b>Tuesday, November 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 218 Hemalamba 5119	
Dhanus Rasi: 4.49 Tithi 3		<b>Gulika</b> 12:18PM - 1:47PM	<b>Mula*</b> Until 11:17PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:20AM	Moon 11 - Phase 30	
785212365		<b>Yama</b> 9:19AM - 10:48AM	Dhriti Until 6:52PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:15PM	3rd Phase	
Creative Work Amrita Yoga Until 11:17PM Then Creative Work - Siddha Yoga		<b>Rahu</b> 3:16PM - 4:46PM	Taitila Until 6:22AM	<b>Nataraja:</b> White	<b>Bhuloka Day</b>		
			<b>Tritiya</b> Until 7:40PM	Moon - Light Blue	Devaloka Time: 9:AM to 12:PM		
				<b>Margasira-Karttikai</b>			
<b>4</b>		<b>Wednesday, November 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 219 Hemalamba 5119	
Dhanus Rasi: 16.37 Tithi 4		<b>Gulika</b> 10:49AM - 12:18PM	<b>Purvashadha*</b> Until 2:26AM Thu	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:21AM	Moon 11 - Phase 30	
785212365		<b>Yama</b> 7:50AM - 9:19AM	Shula* Until 7:51PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:15PM	3rd Phase	
Creative Work Amrita Yoga Until 2:26AM Thu Then Routine Work - Marana Yoga		<b>Rahu</b> 12:18PM - 1:47PM	Vanija Until 9:02AM	<b>Nataraja:</b> White	<b>Bhuloka Day</b>		
			<b>Chaturthi*</b> Until 10:23PM	Moon - Light Blue	Devaloka Time: 6:AM to 9:AM		
				<b>Margasira-Karttikai</b>			
<b>5</b>		<b>Thursday, November 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 220 Hemalamba 5119	
Dhanus Rasi: 28.25 Tithi 5		<b>Gulika</b> 9:20AM - 10:49AM	<b>Uttarashadha</b> Until 5:21AM Fri	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:21AM	Moon 11 - Phase 30	
785212365		<b>Yama</b> 6:21AM - 7:50AM	Ganda* Until 8:50PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:15PM	3rd Phase	
Routine Work Marana Yoga		<b>Rahu</b> 1:47PM - 3:17PM	Bava Until 11:45AM	<b>Nataraja:</b> White	<b>Bhuloka Day</b>		
			<b>Panchami</b> Until 1:03AM Fri	Moon - Light Blue	Devaloka Time: 6:AM to 9:AM		
				<b>Margasira-Karttikai</b>			
<b>6</b>		<b>Friday, November 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 221 Hemalamba 5119	
Makara Rasi: 10.14 Tithi 6		<b>Gulika</b> 7:51AM - 9:20AM	<b>Shravana</b> Until 8:19AM Sat	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:21AM	Moon 11 - Phase 30	
795212365		<b>Yama</b> 3:17PM - 4:46PM	Vriddhi Until 9:40PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:15PM	3rd Phase	
Routine Work Marana Yoga Until 8:19AM Sat Then Creative Work - Siddha Yoga		<b>Rahu</b> 10:49AM - 12:18PM	Kaulava Until 2:20PM	<b>Nataraja:</b> White	<b>Bhuloka Day</b>		
			<b>Shashthi*</b> Until 3:28AM Sat	Moon - Purple	Devaloka Time: 6:AM to 9:AM		
				<b>Margasira-Karttikai</b>			
<b>Retreat Star</b>		<b>Saturday, November 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 222 Hemalamba 5119	
Makara Rasi: 22.1 Tithi 7		<b>Gulika</b> 6:22AM - 7:51AM	<b>Shravana</b> Until 8:19AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:22AM	Moon 11 - Phase 30	
795212365		<b>Yama</b> 1:48PM - 3:17PM	Dhruva Until 10:08PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:16PM	3rd Phase	
Creative Work Siddha Yoga		<b>Rahu</b> 9:20AM - 10:49AM	Gara Until 4:32PM	<b>Nataraja:</b> White	<b>Bhuloka Day</b>		
			<b>Saptami</b> Until 5:24AM Sun	Moon - Purple	Devaloka Time: 6:AM to 9:AM		
				<b>Margasira-Karttikai</b>			
<b>Retreat Star</b>		<b>Sunday, November 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Visti* Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 223 Hemalamba 5119	
Kumbha Rasi: 4.18 Tithi 8		<b>Gulika</b> 3:17PM - 4:47PM	<b>Dhanishtha</b> Until 10:35AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:22AM	Moon 11 - Phase 30	
795212365		<b>Yama</b> 12:19PM - 1:48PM	Vyaghata* Until 10:07PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:16PM	Ashtami	
Routine Work Marana Yoga Until 10:35AM Then Creative Work - Siddha Yoga		<b>Rahu</b> 4:47PM - 6:16PM	Visti Until 6:07PM	<b>Nataraja:</b> White	<b>Bhuloka Day</b>		
			<b>Ashtami*</b> Until 6:36AM Mon	Moon - Purple	Devaloka Time: 6:AM to 9:AM		
				<b>Margasira-Karttikai</b>			
<b>Retreat Star</b>		<b>Monday, November 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 224 Hemalamba 5119	
Kumbha Rasi: 16.44 Tithi 8 - 9		<b>Gulika</b> 1:49PM - 3:18PM	<b>Shatabhishak</b> Until 12:00PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:23AM	Moon 11 - Phase 30	
795212365		<b>Yama</b> 10:50AM - 12:19PM	Harshana Until 9:30PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:16PM	Navami	
Family Home Evening Creative Work Siddha Yoga Until 12:00PM Then Routine Work - Marana Yoga		<b>Rahu</b> 7:52AM - 9:21AM	Balava Until 6:54PM	<b>Nataraja:</b> White	<b>Bhuloka Day</b>		
			<b>Ashtami*</b> Until 6:36AM	Moon - Purple	Devaloka Time: 6:AM to 9:AM		
				<b>Margasira-Karttikai</b>			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1

Tuesday, November 28, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Navami/Dashamyam TitauPort Harcourt, Nigeria  
Sun 23 Sutra 225

Kumbha Rasi: 29.34 Tithi 9 - 10

Gulika 12:20PM - 1:49PM  
Yama 9:21AM - 10:50AM  
Rahu 3:18PM - 4:47PMPurvaproshtapada\* Until 12:52PM  
Vajra\* Until 8:09PM  
Taitila Until 6:48PM  
Navami\* Until 6:57AMGanesha: Yellow Sunrise: 6:23AM  
Muruga: White Sunset: 6:16PM  
Nataraja: White  
Moon - Clear  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseRoutine Work Marana Yoga  
Until 12:52PM

Then Creative Work - Amrita Yoga

Bhuloka Day  
Devaloka Time: 6:AM to 9:AM

2

Wednesday, November 29, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Gara/Visti\* Karana Dashami/Ekadashyam TitauPort Harcourt, Nigeria  
Sun 24 Sutra 226

Meena Rasi: 12.52 Tithi 10 - 11

Gulika 10:51AM - 12:20PM  
Yama 7:52AM - 9:22AM  
Rahu 12:20PM - 1:49PMUttaraproshtapada Until 12:42PM  
Siddhi Until 6:06PM  
Visti Until 4:55AM Thu  
Dashami Until 6:22AMGanesha: Yellow Sunrise: 6:23AM  
Muruga: White Sunset: 6:17PM  
Nataraja: White  
Moon - Clear  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseCreative Work Siddha Yoga  
Until 12:42PM

Then Routine Work - Marana Yoga

Bhuloka Day  
Devaloka Time: 6:AM to 9:AM

3

Thursday, November 30, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Dvadashyam TitauPort Harcourt, Nigeria  
Sun 25 Sutra 227

Meena Rasi: 26.39 Tithi 12

Gulika 9:22AM - 10:51AM  
Yama 6:24AM - 7:53AM  
Rahu 1:50PM - 3:19PMRevati Until 11:32AM  
Vyatipata\* Until 3:24PM  
Bava Until 3:55PM  
Dvadashi Until 2:42AM FriGanesha: White Sunrise: 6:24AM  
Muruga: White Sunset: 6:17PM  
Nataraja: White  
Moon - Clear  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseCreative Work Siddha Yoga  
Until 11:32AM

Then Creative Work - Amrita Yoga

Devaloka Day

4

Friday, December 1, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Trayodashyam TitauPort Harcourt, Nigeria  
Sun 26 Sutra 228

Mesha Rasi: 10.56 Tithi 13

Gulika 7:53AM - 9:22AM  
Yama 3:19PM - 4:48PM  
Rahu 10:52AM - 12:21PMAshvini Until 9:56AM  
Variyan Until 12:06PM  
Kaulava Until 1:21PM  
Trayodashi Until 11:50PM  
*Pradosha Vrata*Ganesha: Clear Sunrise: 6:24AM  
Muruga: White Sunset: 6:17PM  
Nataraja: White  
Moon - White  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseCreative Work Amrita Yoga  
Until 9:56AM

Then Creative Work - Siddha Yoga

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM

5

Saturday, December 2, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Chaturdashyam TitauPort Harcourt, Nigeria  
Sun 27 Sutra 229

Mesha Rasi: 25.39 Tithi 14

Gulika 6:25AM - 7:54AM  
Yama 1:50PM - 3:19PM  
Rahu 9:23AM - 10:52AMBharani Until 7:37AM  
Parigha\* Until 8:21AM  
Gara Until 10:14AM  
Chaturdashi\* Until 8:30PMGanesha: Clear Sunrise: 6:25AM  
Muruga: White Sunset: 6:18PM  
Nataraja: White  
Moon - White  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseCreative Work Siddha Yoga  
Until 7:37AM

Then Creative Work - Amrita Yoga

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM

O

Sunday, December 3, 2017

Copper Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddha Yoga Visti\*/Balava Karana Purnima/Prathamayam TitauPort Harcourt, Nigeria  
Sutra 230

Vrishabha Rasi: 10.41 Tithi 15 - 16

Gulika 3:20PM - 4:49PM  
Yama 12:22PM - 1:51PM  
Rahu 4:49PM - 6:18PMRohini Until 1:56AM Mon  
Siddha Until 12:01AM Mon  
Visti Until 6:43AM  
Purnima\* Until 4:52PMGanesha: Purple Sunrise: 6:25AM  
Muruga: White Sunset: 6:18PM  
Nataraja: White  
Moon - Yellow  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
PurnimaCreative Work Siddha Yoga  
Until 1:56AM Mon

Then Creative Work - Amrita Yoga

Devaloka Day

Monday, December 4, 2017

Silver Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam TitauPort Harcourt, Nigeria  
Sutra 231

Vrishabha Rasi: 25.55 Tithi 16 - 17

Gulika 1:51PM - 3:20PM  
Yama 10:53AM - 12:22PM  
Rahu 7:55AM - 9:24AMMrigashira Until 10:56PM  
Sadhya Until 7:42PM  
Taitila Until 11:15PM  
Prathama\* Until 1:06PMGanesha: Purple Sunrise: 6:25AM  
Muruga: White Sunset: 6:18PM  
Nataraja: White  
Moon - Yellow  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
PrathamaCreative Work Amrita Yoga  
Until 10:56PM

Then Creative Work - Siddha Yoga

Vinayaga Viratam Begins

Devaloka Day



Tuesday, December 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 1 Sutra 232  
Hemalamba 5119

Mithuna Rasi: 11.08    Tihi 17 – 18  
736212365

**Gulika** 12:22PM – 1:51PM  
Yama 9:24AM – 10:53AM  
**Rahu** 3:21PM – 4:50PM

**Ardra** Until 7:56PM  
Subha Until 3:30PM  
Vanija Until 7:39PM  
Dvitiya Until 9:25AM

**Ganesha:** Purple    *Sunrise:* 6:26AM  
**Muruga:** White    *Sunset:* 6:19PM  
**Nataraja:** White  
Moon – Yellow  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga  
Until 7:56PM  
Then Creative Work - Siddha Yoga

Wednesday, December 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthiyam Titau

Port Harcourt, Nigeria  
Sun 2 Sutra 233  
Hemalamba 5119

Mithuna Rasi: 26.11    Tihi 19  
746212365

**Gulika** 10:54AM – 12:23PM  
Yama 7:55AM – 9:25AM  
**Rahu** 12:23PM – 1:52PM

**Punarvasu** Until 5:31PM  
Sukla Until 11:29AM  
Bava Until 4:21PM  
Chaturthi\* Until 2:50AM Thu

**Ganesha:** Clear    *Sunrise:* 6:26AM  
**Muruga:** White    *Sunset:* 6:19PM  
**Nataraja:** White  
Moon – Blue  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Thursday, December 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria  
Sun 3 Sutra 234  
Hemalamba 5119

Kataka Rasi: 10.58    Tihi 20  
747212365

**Gulika** 9:25AM – 10:54AM  
Yama 6:27AM – 7:56AM  
**Rahu** 1:52PM – 3:21PM

**Pushya** Until 3:26PM  
Brahma Until 7:50AM  
Kaulava Until 1:30PM  
Panchami Until 12:16AM Fri

**Ganesha:** White    *Sunrise:* 6:27AM  
**Muruga:** White    *Sunset:* 6:19PM  
**Nataraja:** White  
Moon – Blue  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Creative Work    Amrita Yoga  
Until 3:26PM  
Then Creative Work - Siddha Yoga

Friday, December 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Shashthiyam Titau

Port Harcourt, Nigeria  
Sun 4 Sutra 235  
Hemalamba 5119

Kataka Rasi: 25.2    Tihi 21  
747212365

**Gulika** 7:56AM – 9:25AM  
Yama 3:22PM – 4:51PM  
**Rahu** 10:55AM – 12:24PM

**Ashlesha\*** Until 1:47PM  
Vaidhriti\* Until 1:56AM Sat  
Gara Until 11:14AM  
Shashthi\* Until 10:20PM

**Ganesha:** White    *Sunrise:* 6:27AM  
**Muruga:** White    *Sunset:* 6:20PM  
**Nataraja:** White  
Moon – Blue  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Routine Work    Marana Yoga

Saturday, December 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria  
Sun 5 Sutra 236  
Hemalamba 5119

Simha Rasi: 9.17    Tihi 22  
757212365

**Gulika** 6:28AM – 7:57AM  
Yama 1:53PM – 3:22PM  
**Rahu** 9:26AM – 10:55AM

**Magha\*** Until 1:06PM  
Vishkambha\* Until 11:49PM  
Visti Until 9:39AM  
Saptami Until 9:06PM

**Ganesha:** Yellow    *Sunrise:* 6:28AM  
**Muruga:** White    *Sunset:* 6:20PM  
**Nataraja:** White  
Moon – Red  
**Margasira•Karttikai**

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga  
Until 1:06PM  
Then Creative Work - Siddha Yoga

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 6 Sutra 237  
Hemalamba 5119

Simha Rasi: 22.48    Tihi 23  
757212365

**Gulika** 3:23PM – 4:52PM  
Yama 12:24PM – 1:54PM  
**Rahu** 4:52PM – 6:21PM

**Purvaphalguni** Until 12:59PM  
Priti Until 10:17PM  
Balava Until 8:47AM  
Ashtami\* Until 8:36PM

**Ganesha:** Yellow    *Sunrise:* 6:28AM  
**Muruga:** White    *Sunset:* 6:21PM  
**Nataraja:** White  
Moon – Red  
**Margasira•Karttikai**

Moon 12 - Phase 32  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga  
Until 12:59PM  
Then Creative Work - Amrita Yoga

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria  
Sun 7 Sutra 238  
Hemalamba 5119

Kanya Rasi: 5.56    Tihi 24  
757212365

**Gulika** 1:54PM – 3:23PM  
Yama 10:56AM – 12:25PM  
**Rahu** 7:58AM – 9:27AM

**Uttaraphalguni** Until 1:24PM  
Ayushman Until 9:16PM  
Taitila Until 8:38AM  
Navami\* Until 8:48PM

**Ganesha:** Yellow    *Sunrise:* 6:29AM  
**Muruga:** White    *Sunset:* 6:21PM  
**Nataraja:** White  
Moon – Red  
**Margasira•Karttikai**

Moon 12 - Phase 32  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	<b>Tuesday, December 12, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 239 Hemalamba 5119	
	Kanya Rasi: 18.44	Titithi 25	<b>Gulika</b> 12:25PM – 1:54PM	<b>Hasta</b> Until 2:44PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:29AM			
			Yama 9:27AM – 10:56AM	Saubhagya Until 8:43PM	<b>Muruga:</b> White <i>Sunset:</i> 6:22PM	Moon 12 - Phase 33 2nd Phase		
	Creative Work	Siddha Yoga	767312365 <b>Rahu</b> 3:23PM – 4:53PM	Vanija Until 9:09AM Dashami Until 9:37PM	Nataraja: White Moon – Green	<b>Bhuloka Day</b> Margasira•Karttikai Devaloka Time: 9:AM to12:PM		

2	<b>Wednesday, December 13, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 240 Hemalamba 5119	
	Tula Rasi: 1.16	Titithi 26	<b>Gulika</b> 10:57AM – 12:26PM	<b>Chitra</b> Until 4:27PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:30AM			
			Yama 7:59AM – 9:28AM	Sobhana Until 8:34PM	<b>Muruga:</b> White <i>Sunset:</i> 6:22PM	Moon 12 - Phase 33 2nd Phase		
	Creative Work	Siddha Yoga	767312365 <b>Rahu</b> 12:26PM – 1:55PM	Bava Until 10:14AM Ekadashi* Until 10:55PM	Nataraja: White Moon – Green	<b>Bhuloka Day</b> Margasira•Karttikai Devaloka Time: 9:AM to12:PM		

3	<b>Thursday, December 14, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 241 Hemalamba 5119	
	Tula Rasi: 14	Titithi 27	<b>Gulika</b> 9:28AM – 10:57AM	<b>Svati</b> Until 6:24PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:30AM			
			Yama 6:30AM – 7:59AM	Athiganda* Until 8:42PM	<b>Muruga:</b> White <i>Sunset:</i> 6:22PM	Moon 12 - Phase 33 2nd Phase		
	Creative Work	Amrita Yoga	768312365 <b>Rahu</b> 1:55PM – 3:24PM	Kaulava Until 11:46AM Dvadashi* Until 12:39AM Fri	Nataraja: White Moon – Green	<b>Bhuloka Day</b> Margasira•Karttikai		

4	<b>Friday, December 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 242 Hemalamba 5119	
	Tula Rasi: 25.47	Titithi 28	<b>Gulika</b> 8:00AM – 9:29AM	<b>Vishakha</b> Until 8:59PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:31AM			
			Yama 3:25PM – 4:54PM	Sukarma Until 9:06PM	<b>Muruga:</b> White <i>Sunset:</i> 6:23PM	Moon 12 - Phase 33 2nd Phase		
	Creative Work	Siddha Yoga	778312365 <b>Rahu</b> 10:58AM – 12:27PM	Gara Until 1:39PM Trayodashi* Until 2:41AM Sat <i>Pradosha Vrata (Fasting)</i>	Nataraja: White Moon – Orange	<b>Bhuloka Day</b> Margasira•Markali		

5	<b>Saturday, December 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 243 Hemalamba 5119	
	Vrishchika Rasi: 7.5	Titithi 29	<b>Gulika</b> 6:31AM – 8:00AM	<b>Anuradha</b> Until 11:40PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:31AM			
			Yama 1:56PM – 3:25PM	Dhriti Until 9:42PM	<b>Muruga:</b> White <i>Sunset:</i> 6:23PM	Moon 12 - Phase 33 2nd Phase		
	Creative Work	Siddha Yoga	878312365 <b>Rahu</b> 9:29AM – 10:58AM	Visti Until 3:49PM Chaturdashi* Until 4:58AM Sun	Nataraja: White Moon – Orange	<b>Bhuloka Day</b> Margasira•Markali		

●	<b>Sunday, December 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Catuspada* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 244 Hemalamba 5119	
	<b>Retreat Star</b>		<b>Gulika</b> 3:26PM – 4:55PM	<b>Jyeshtha*</b> Until 2:23AM Mon	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:32AM			
	Vrishchika Rasi: 19.48	Titithi 30	Yama 12:28PM – 1:57PM	Shula* Until 10:26PM	<b>Muruga:</b> White <i>Sunset:</i> 6:24PM	Moon 12 - Phase 33 Amavasya		
	Routine Work	Marana Yoga	878312365 <b>Rahu</b> 4:55PM – 6:24PM	Catuspada Until 6:13PM Amavasya* Until 7:28AM Mon	Nataraja: White Moon – Orange	<b>Bhuloka Day</b> Margasira•Markali		

●	<b>Monday, December 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 245 Hemalamba 5119	
	<b>Retreat Star</b>		<b>Gulika</b> 1:57PM – 3:26PM	<b>Mula*</b> Until 5:35AM Tue	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:32AM			
	Dhanus Rasi: 1.41	Titithi 30 – 1	Yama 10:59AM – 12:28PM	Ganda* Until 11:18PM	<b>Muruga:</b> White <i>Sunset:</i> 6:24PM	Moon 12 - Phase 33 Prathama		
	Family Home Evening	888312365	<b>Rahu</b> 8:01AM – 9:30AM	Kintughna Until 8:47PM Amavasya* Until 7:28AM	Nataraja: White Moon – Light Blue	<b>Bhuloka Day</b> Pausha•Markali		

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Tuesday, December 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
	Dhanus Rasi: 13.31    Titthi 1 – 2		Purvashadha* Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15    Sutra 246
	Creative Work    Siddha Yoga Until 8:42AM Wed Then Creative Work - Amrita Yoga		<b>Gulika</b> 12:29PM – 1:58PM Yama        9:31AM – 11:00AM 888312365 <b>Rahu</b> 3:27PM – 4:56PM	<b>Purvashadha* Until 8:42AM Wed</b> Vriddhi Until 12:16AM Wed Balava Until 11:28PM <b>Prathama* Until 10:06AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:33AM <b>Muruga:</b> White <i>Sunset:</i> 6:25PM <b>Nataraja:</b> White Moon – Light Blue <b>Pausha-Markali</b>	<b>Bhuloka Day</b>	Hemalamba 5119 Moon 12 - Phase 34 3rd Phase

<b>2</b>	<b>Wednesday, December 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
	Dhanus Rasi: 25.2    Titthi 2 – 3		Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 16    Sutra 247
	Creative Work    Amrita Yoga		<b>Gulika</b> 11:00AM – 12:29PM Yama        8:02AM – 9:31AM 889312365 <b>Rahu</b> 12:29PM – 1:58PM	<b>Purvashadha* Until 8:42AM</b> Dhruva Until 1:12AM Thu Taitila Until 2:10AM Thu <b>Dvitiya Until 12:48PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:33AM <b>Muruga:</b> White <i>Sunset:</i> 6:25PM <b>Nataraja:</b> White Moon – Light Blue <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Hemalamba 5119 Moon 12 - Phase 34 3rd Phase

<b>3</b>	<b>Thursday, December 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
	Makara Rasi: 7.08    Titthi 3 – 4		Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sun 17    Sutra 248
	Routine Work    Marana Yoga Until 11:36AM Then Creative Work - Siddha Yoga		<b>Gulika</b> 9:32AM – 11:01AM Yama        6:34AM – 8:03AM 889312365 <b>Rahu</b> 1:59PM – 3:28PM	<b>Uttarashadha Until 11:36AM</b> Vyaghata* Until 2:04AM Fri Vanija Until 4:44AM Fri <b>Tritiya Until 3:27PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:34AM <b>Muruga:</b> White <i>Sunset:</i> 6:26PM <b>Nataraja:</b> White Moon – Light Blue <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Hemalamba 5119 Moon 12 - Phase 34 3rd Phase

<b>4</b>	<b>Friday, December 22, 2017</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
	Makara Rasi: 19.01    Titthi 4 – 5		Shravana/Dhanishtha Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 18    Sutra 249
	Routine Work    Marana Yoga Until 2:40PM Then Creative Work - Siddha Yoga		<b>Gulika</b> 8:03AM – 9:32AM Yama        3:28PM – 4:57PM 899312365 <b>Rahu</b> 11:01AM – 12:30PM	<b>Shravana Until 2:40PM</b> Harshana Until 2:45AM Sat Bava Until 7:01AM Sat <b>Chaturthi* Until 5:54PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:34AM <b>Muruga:</b> White <i>Sunset:</i> 6:26PM <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Hemalamba 5119 Moon 12 - Phase 34 3rd Phase

<b>5</b>	<b>Saturday, December 23, 2017</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
	Kumbha Rasi: 0.59    Titthi 5		Dhanishtha/Shatabhishak Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Sun 19    Sutra 250
	Creative Work    Siddha Yoga Until 5:15PM Then Creative Work - Amrita Yoga		<b>Gulika</b> 6:35AM – 8:04AM Yama        2:00PM – 3:29PM 899312365 <b>Rahu</b> 9:33AM – 11:02AM	<b>Dhanishtha Until 5:15PM</b> Vajra* Until 3:04AM Sun Bava Until 7:01AM <b>Panchami Until 7:58PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:35AM <b>Muruga:</b> White <i>Sunset:</i> 6:27PM <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Hemalamba 5119 Moon 12 - Phase 34 3rd Phase

<b>6</b>	<b>Sunday, December 24, 2017</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
	Kumbha Rasi: 13.08    Titthi 6		Shatabhishak Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20    Sutra 251
	Creative Work    Siddha Yoga		<b>Gulika</b> 3:29PM – 4:58PM Yama        12:31PM – 2:00PM 899312365 <b>Rahu</b> 4:58PM – 6:27PM	<b>Shatabhishak Until 7:09PM</b> Siddhi Until 2:58AM Mon Kaulava Until 8:50AM <b>Shashthi* Until 9:29PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:35AM <b>Muruga:</b> White <i>Sunset:</i> 6:27PM <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Hemalamba 5119 Moon 12 - Phase 34 3rd Phase

<b>Monday, December 25, 2017</b>	<b>Retreat Star</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
	Kumbha Rasi: 25.33    Titthi 7		Purvaproshtapada* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21    Sutra 252
	Family Home Evening Routine Work    Marana Yoga Until 8:42PM Then Creative Work - Siddha Yoga		<b>Gulika</b> 2:01PM – 3:30PM Yama        11:03AM – 12:32PM 819312365 <b>Rahu</b> 8:05AM – 9:34AM	<b>Purvaproshtapada* Until 8:42PM</b> Vyatipata* Until 2:18AM Tue Gara Until 10:01AM <b>Saptami Until 10:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:36AM <b>Muruga:</b> White <i>Sunset:</i> 6:28PM <b>Nataraja:</b> White Moon – Clear <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Hemalamba 5119 Moon 12 - Phase 34 3rd Phase

<b>Tuesday, December 26, 2017</b>	<b>Retreat Star</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
	Meena Rasi: 8.18    Titthi 8		Uttaraproshtapada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22    Sutra 253
	Creative Work    Amrita Yoga Until 9:19PM Then Creative Work - Siddha Yoga		<b>Gulika</b> 12:32PM – 2:01PM Yama        9:34AM – 11:03AM 819312366 <b>Rahu</b> 3:30PM – 4:59PM	<b>Uttaraproshtapada Until 9:19PM</b> Variyan Until 12:59AM Wed Visti Until 10:25AM <b>Ashtami* Until 10:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:36AM <b>Muruga:</b> White <i>Sunset:</i> 6:28PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Hemalamba 5119 Moon 12 - Phase 34 Ashtami

<b>Wednesday, December 27, 2017</b>	<b>Retreat Star</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
	Meena Rasi: 21.28    Titthi 9		Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Sun 23    Sutra 254
	Routine Work    Marana Yoga		<b>Gulika</b> 11:04AM – 12:33PM Yama        8:06AM – 9:35AM 819312366 <b>Rahu</b> 12:33PM – 2:02PM	<b>Revati Until 8:58PM</b> Parigha* Until 11:01PM Balava Until 9:59AM <b>Navami* Until 9:26PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:37AM <b>Muruga:</b> White <i>Sunset:</i> 6:29PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	Hemalamba 5119 Moon 12 - Phase 34 Navami

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Thursday, December 28, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Tautila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 255 Hemalamba 5119	
Mesha Rasi: 5.05	Tithi 10	<b>Gulika</b>	<b>9:35AM – 11:04AM</b>	<b>Ashvini Until 8:06PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:37AM	
		Yama	6:37AM – 8:06AM	Shiva Until 8:25PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:29PM	Moon 12 - Phase 35
		821312366 <b>Rahu</b>	<b>2:02PM – 3:31PM</b>	Taitila Until 8:43AM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Amrita Yoga			<b>Dashami Until 7:46PM</b>	Moon – White		<b>Devaloka Day</b>
Until 8:06PM					<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, December 29, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 256 Hemalamba 5119	
Mesha Rasi: 19.11	Tithi 11 – 12	<b>Gulika</b>	<b>8:07AM – 9:36AM</b>	<b>Bharani Until 6:23PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:38AM	
		Yama	3:32PM – 5:01PM	Siddha Until 5:14PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:30PM	Moon 12 - Phase 35
		821312366 <b>Rahu</b>	<b>11:05AM – 12:34PM</b>	Vanija Until 6:40AM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi Until 5:22PM</b>	Moon – White		<b>Devaloka Day</b>
		<b>Vaikuntha Ekadasi</b>			<b>Pausha-Markali</b>		

<b>3</b>		<b>Saturday, December 30, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 257 Hemalamba 5119	
Vrishabha Rasi: 3.45	Tithi 12 – 13	<b>Gulika</b>	<b>6:38AM – 8:07AM</b>	<b>Krittika Until 3:57PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:38AM	
		Yama	2:03PM – 3:32PM	Sadhya Until 1:34PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:30PM	Moon 12 - Phase 35
		821312366 <b>Rahu</b>	<b>9:36AM – 11:05AM</b>	Kaulava Until 12:44AM Sun	<b>Nataraja:</b> Green		4th Phase
Creative Work	Amrita Yoga			<b>Dvadashi Until 2:23PM</b>	Moon – White		<b>Devaloka Day</b>
				<i>Pradosha Vrata</i>	<b>Pausha-Markali</b>		

<b>4</b>		<b>Sunday, December 31, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Tautila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 258 Hemalamba 5119	
Vrishabha Rasi: 18.41	Tithi 13 – 14	<b>Gulika</b>	<b>3:33PM – 5:02PM</b>	<b>Rohini Until 1:22PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:39AM	
		Yama	12:35PM – 2:04PM	Subha Until 9:33AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:31PM	Moon 12 - Phase 35
		831312366 <b>Rahu</b>	<b>5:02PM – 6:31PM</b>	Gara Until 9:09PM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi Until 10:58AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM

<b>Monday, January 1, 2018</b>		<b>Copper Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sutra 259 Hemalamba 5119	
Mithuna Rasi: 3.52	Tithi 14 – 15	<b>Gulika</b>	<b>2:04PM – 3:33PM</b>	<b>Mrigashira Until 10:23AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:39AM	
<b>Family Home Evening</b>		Yama	11:06AM – 12:35PM	Brahma Until 12:54AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 6:31PM	Moon 12 - Phase 35
		831312366 <b>Rahu</b>	<b>8:08AM – 9:37AM</b>	Bava Until 3:27AM Tue	<b>Nataraja:</b> Green		Purnima
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 7:15AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 10:23AM					<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>Tuesday, January 2, 2018</b>		<b>Silver Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Port Harcourt, Nigeria Sutra 260 Hemalamba 5119	
Mithuna Rasi: 19.09	Tithi 16	<b>Gulika</b>	<b>12:36PM – 2:05PM</b>	<b>Ardra Until 7:11AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:39AM	
		Yama	9:38AM – 11:07AM	Indra Until 8:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:32PM	Moon 12 - Phase 35
		831312366 <b>Rahu</b>	<b>3:34PM – 5:03PM</b>	Balava Until 1:34PM	<b>Nataraja:</b> Green		Prathama
Routine Work	Marana Yoga			<b>Prathama* Until 11:42PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 7:11AM					<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga		<b>Ardra Darshanam</b>					





Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria  
Sutra 261

Kataka Rasi: 4.22 Tihi 17

Gulika 11:07AM – 12:36PM  
Yama 8:09AM – 9:38AM  
841312366 Rahu 12:36PM – 2:05PM

Pushya Until 1:40AM Thu  
Vaidhriti\* Until 4:24PM  
Tailila Until 9:55AM  
Dvitiya Until 8:11PM

Ganesha: White Sunrise: 6:40AM  
Muruga: White Sunset: 6:32PM  
Nataraja: Green  
Moon – Blue  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria  
Sun 1 Sutra 262

Kataka Rasi: 19.2 Tihi 18 – 19

Gulika 9:38AM – 11:08AM  
Yama 6:40AM – 8:09AM  
841312366 Rahu 2:06PM – 3:35PM

Ashlesha\* Until 11:16PM  
Vishkambha\* Until 12:32PM  
Vanija Until 6:35AM  
Tritiya Until 5:04PM

Ganesha: White Sunrise: 6:40AM  
Muruga: White Sunset: 6:33PM  
Nataraja: Green  
Moon – Blue  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 11:16PM

Then Creative Work - Amrita Yoga

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria  
Sun 2 Sutra 263

Simha Rasi: 3.58 Tihi 19 – 20

Gulika 8:10AM – 9:39AM  
Yama 3:35PM – 5:04PM  
851312366 Rahu 11:08AM – 12:37PM

Magha\* Until 9:44PM  
Priti Until 9:07AM  
Kaulava Until 1:30AM Sat  
Chaturthi\* Until 2:31PM

Ganesha: Clear Sunrise: 6:41AM  
Muruga: White Sunset: 6:33PM  
Nataraja: Green  
Moon – Red  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 9:44PM

Then Creative Work - Siddha Yoga

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria  
Sun 3 Sutra 264

Simha Rasi: 18.09 Tihi 20 – 21

Gulika 6:41AM – 8:10AM  
Yama 2:07PM – 3:36PM  
851412366 Rahu 9:39AM – 11:08AM

Purvaphalguni Until 8:46PM  
Ayushman Until 6:11AM  
Gara Until 11:59PM  
Panchami Until 12:37PM

Ganesha: Purple Sunrise: 6:41AM  
Muruga: White Sunset: 6:34PM  
Nataraja: Green  
Moon – Red  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 8:46PM

Then Routine Work - Marana Yoga

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria  
Sun 4 Sutra 265

Kanya Rasi: 1.53 Tihi 21 – 22

Gulika 3:36PM – 5:05PM  
Yama 12:38PM – 2:07PM  
851412366 Rahu 5:05PM – 6:34PM

Uttaraphalguni Until 8:26PM  
Sobhana Until 2:12AM Mon  
Visti Until 11:17PM  
Shashthi\* Until 11:31AM

Ganesha: Purple Sunrise: 6:42AM  
Muruga: White Sunset: 6:34PM  
Nataraja: Green  
Moon – Red  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Monday, January 8, 2018

5

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 5 Sutra 266

Kanya Rasi: 15.08 Tihi 22 – 23

Gulika 2:07PM – 3:37PM  
Yama 11:09AM – 12:38PM  
862412366 Rahu 8:11AM – 9:40AM

Hasta Until 9:11PM  
Athiganda\* Until 1:07AM Tue  
Balava Until 11:23PM  
Saptami Until 11:13AM

Ganesha: Purple Sunrise: 6:42AM  
Muruga: White Sunset: 6:35PM  
Nataraja: Green  
Moon – Green  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 9:11PM

Then Routine Work - Prabalarishta Yoga

Tuesday, January 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Sukarma Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria  
Sun 6 Sutra 267

Kanya Rasi: 28 Tihi 23 – 24

Gulika 12:39PM – 2:08PM  
Yama 9:41AM – 11:10AM  
862412366 Rahu 3:37PM – 5:06PM

Chitra Until 10:31PM  
Sukarma Until 12:38AM Wed  
Tailila Until 12:14AM Wed  
Ashtami\* Until 11:42AM

Ganesha: Purple Sunrise: 6:42AM  
Muruga: White Sunset: 6:35PM  
Nataraja: Green  
Moon – Green  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
Navami

Devaloka Day

Creative Work Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time

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<b>1</b>	<b>Wednesday, January 10, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
	Svati Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau						Sun 7 Sutra 268
	Tula Rasi: 10.32	Tithi 24 – 25	<b>Gulika</b> 11:10AM – 12:39PM	<b>Svati Until 12:18AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:43AM</i>		Hemalamba 5119
	Creative Work	Siddha Yoga	Yama 8:12AM – 9:41AM	Dhriti Until 12:39AM Thu	<b>Muruga:</b> White <i>Sunset: 6:36PM</i>		Moon 13 - Phase 37
		862412366	<b>Rahu</b> 12:39PM – 2:08PM	Vanija Until 1:44AM Thu	<b>Nataraja:</b> Green	2nd Phase	
				Navami* Until 12:54PM	Moon – Green	<b>Devaloka Day</b>	
					<b>Pausha-Markali</b>		


<b>2</b>	<b>Thursday, January 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
	Vishakha Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau						Sun 8 Sutra 269
	Tula Rasi: 22.47	Tithi 25 – 26	<b>Gulika</b> 9:41AM – 11:10AM	<b>Vishakha Until 2:55AM Fri</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:43AM</i>		Hemalamba 5119
	Creative Work	Siddha Yoga	Yama 6:43AM – 8:12AM	Shula* Until 1:01AM Fri	<b>Muruga:</b> White <i>Sunset: 6:36PM</i>		Moon 13 - Phase 37
		872412366	<b>Rahu</b> 2:09PM – 3:38PM	Bava Until 3:44AM Fri	<b>Nataraja:</b> Green	2nd Phase	
				Dashami Until 2:40PM	Moon – Orange	<b>Bhuloka Day</b>	
					<b>Pausha-Markali</b>	Devaloka Time: 9:AM to 12:PM	

<b>3</b>	<b>Friday, January 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
	Anuradha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau						Sun 9 Sutra 270
	Vrischika Rasi: 4.52	Tithi 26 – 27	<b>Gulika</b> 8:13AM – 9:42AM	<b>Anuradha Until 5:41AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:43AM</i>		Hemalamba 5119
	Creative Work	Siddha Yoga	Yama 3:38PM – 5:07PM	Ganda* Until 1:39AM Sat	<b>Muruga:</b> White <i>Sunset: 6:37PM</i>		Moon 13 - Phase 37
		872412366	<b>Rahu</b> 11:11AM – 12:40PM	Kaulava Until 6:05AM Sat	<b>Nataraja:</b> Green	2nd Phase	
				Ekadashi* Until 4:51PM	Moon – Orange	<b>Bhuloka Day</b>	
					<b>Pausha-Markali</b>	Devaloka Time: 9:AM to 12:PM	

<b>4</b>	<b>Saturday, January 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
	Jyeshtha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvodashyam Titau						Sun 10 Sutra 271
	Vrischika Rasi: 16.49	Tithi 27	<b>Gulika</b> 6:44AM – 8:13AM	<b>Jyeshtha* Until 8:30AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:44AM</i>		Hemalamba 5119
	Creative Work	Siddha Yoga	Yama 2:10PM – 3:39PM	Vriddhi Until 2:30AM Sun	<b>Muruga:</b> White <i>Sunset: 6:37PM</i>		Moon 13 - Phase 37
		872412366	<b>Rahu</b> 9:42AM – 11:11AM	Kaulava Until 6:05AM	<b>Nataraja:</b> Green	2nd Phase	
				Dvadashi* Until 7:20PM	Moon – Orange	<b>Bhuloka Day</b>	
					<b>Pausha-Markali</b>	Devaloka Time: 9:AM to 12:PM	
						Then Creative Work - Amrita Yoga	

<b>5</b>	<b>Sunday, January 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
	Jyeshtha*/Mula* Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau						Sun 11 Sutra 272
	Vrischika Rasi: 28.4	Tithi 28	<b>Gulika</b> 3:39PM – 5:08PM	<b>Jyeshtha* Until 8:30AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:44AM</i>		Hemalamba 5119
	Routine Work	Marana Yoga	Yama 12:41PM – 2:10PM	Dhruva Until 3:24AM Mon	<b>Muruga:</b> White <i>Sunset: 6:37PM</i>		Moon 13 - Phase 37
		872412366	<b>Rahu</b> 5:08PM – 6:37PM	Gara Until 8:39AM	<b>Nataraja:</b> Green	2nd Phase	
				Trayodashi* Until 9:58PM	Moon – Orange	<b>Bhuloka Day</b>	
			<b>Thai Pongal</b>	<i>Pradosha Vrata (Fasting)</i>	<b>Pausha-Thai</b>	Devaloka Time: 9:AM to 12:PM	
						Then Creative Work - Amrita Yoga	

<b>6</b>	<b>Monday, January 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
	Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau						Sun 12 Sutra 273
	Dhanus Rasi: 10.29	Tithi 29	<b>Gulika</b> 2:10PM – 3:39PM	<b>Mula* Until 11:44AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:44AM</i>		Hemalamba 5119
	Family Home Evening		Yama 11:12AM – 12:41PM	Vyaghata* Until 4:19AM Tue	<b>Muruga:</b> White <i>Sunset: 6:38PM</i>		Moon 13 - Phase 37
		882412366	<b>Rahu</b> 8:14AM – 9:43AM	Visti Until 11:19AM	<b>Nataraja:</b> Green	2nd Phase	
				Chaturdashi* Until 12:38AM Tue	Moon – Light Blue	<b>Bhuloka Day</b>	
					<b>Pausha-Thai</b>	Devaloka Time: 9:AM to 12:PM	
						Then Routine Work - Marana Yoga	

	<b>Tuesday, January 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
	<b>Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 274
	Dhanus Rasi: 22.19	Tithi 30	<b>Gulika</b> 12:41PM – 2:11PM	<b>Purvashadha* Until 2:48PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:45AM</i>		Hemalamba 5119
	Creative Work	Siddha Yoga	Yama 9:43AM – 11:12AM	Harshana Until 5:13AM Wed	<b>Muruga:</b> White <i>Sunset: 6:38PM</i>		Moon 13 - Phase 37
		882412366	<b>Rahu</b> 3:40PM – 5:09PM	Catuspada Until 1:58PM	<b>Nataraja:</b> Green	Amavasya	
				Amavasya* Until 3:14AM Wed	Moon – Light Blue	<b>Bhuloka Day</b>	
					<b>Pausha-Thai</b>	Devaloka Time: 9:AM to 12:PM	
						Then Routine Work - Prabalarishta Yoga	

<b>Retreat Star</b>	<b>Wednesday, January 17, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
	Uttarashadha/Shravana Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau						Sun 14 Sutra 275
	Makara Rasi: 4.1	Tithi 1	<b>Gulika</b> 11:13AM – 12:42PM	<b>Uttarashadha Until 5:35PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:45AM</i>		Hemalamba 5119
	Creative Work	Amrita Yoga	Yama 8:14AM – 9:43AM	Vajra* Until 5:57AM Thu	<b>Muruga:</b> White <i>Sunset: 6:39PM</i>		Moon 13 - Phase 37
		882412366	<b>Rahu</b> 12:42PM – 2:11PM	Kintughna Until 4:31PM	<b>Nataraja:</b> Green	Prathama	
				Prathama* Until 5:41AM Thu	Moon – Light Blue	<b>Bhuloka Day</b>	
					<b>Magha-Thai</b>	Devaloka Time: 9:AM to 12:PM	
						Then Creative Work - Siddha Yoga	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

<b>1</b>		<b>Thursday, January 18, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Balava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 276 Hemalamba 5119	
Makara Rasi: 16.05	Tithi 2	<b>Gulika</b>	<b>9:44AM – 11:13AM</b>	<b>Shravana Until 8:30PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:45AM	
		Yama	6:45AM – 8:14AM	Siddhi Until 6:30AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 6:39PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	892412366	<b>Rahu</b> 2:11PM – 3:41PM	Balava Until 6:50PM	<b>Nataraja:</b> Green		3rd Phase
				<b>Dvitiya Until 7:52AM Fri</b>	Moon – Purple		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>2</b>		<b>Friday, January 19, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 277 Hemalamba 5119	
Makara Rasi: 28.05	Tithi 2 – 3	<b>Gulika</b>	<b>8:15AM – 9:44AM</b>	<b>Dhanishtha Until 10:58PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:45AM	
		Yama	3:41PM – 5:10PM	Siddhi Until 6:30AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:39PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	892412366	<b>Rahu</b> 11:13AM – 12:42PM	Taitila Until 8:52PM	<b>Nataraja:</b> Green		3rd Phase
				<b>Dvitiya Until 7:52AM</b>	Moon – Purple		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>3</b>		<b>Saturday, January 20, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 278 Hemalamba 5119	
Kumbha Rasi: 10.14	Tithi 3 – 4	<b>Gulika</b>	<b>6:46AM – 8:15AM</b>	<b>Shatabhishak Until 12:52AM Sun</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:46AM	
		Yama	2:12PM – 3:41PM	Vyatipata* Until 6:49AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:40PM	Moon 13 - Phase 38
Creative Work	Amrita Yoga	892412366	<b>Rahu</b> 9:44AM – 11:13AM	Vanija Until 10:29PM	<b>Nataraja:</b> Green		3rd Phase
Until 12:52AM Sun				<b>Tritiya Until 9:43AM</b>	Moon – Purple		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>4</b>		<b>Sunday, January 21, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 279 Hemalamba 5119	
Kumbha Rasi: 22.34	Tithi 4 – 5	<b>Gulika</b>	<b>3:42PM – 5:11PM</b>	<b>Purvaproshtapada* Until 2:38AM Mon</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:46AM	
		Yama	12:43PM – 2:12PM	Variyan Until 6:47AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:40PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	813412366	<b>Rahu</b> 5:11PM – 6:40PM	Bava Until 11:38PM	<b>Nataraja:</b> Green		3rd Phase
				<b>Chaturthi* Until 11:06AM</b>	Moon – Clear		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>5</b>		<b>Monday, January 22, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 280 Hemalamba 5119	
Meena Rasi: 5.06	Tithi 5 – 6	<b>Gulika</b>	<b>2:13PM – 3:42PM</b>	<b>Uttaraproshtapada Until 3:40AM Tue</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:46AM	
<b>Family Home Evening</b>		Yama	11:14AM – 12:43PM	Parigha* Until 6:22AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:41PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	813412366	<b>Rahu</b> 8:15AM – 9:45AM	Kaulava Until 12:12AM Tue	<b>Nataraja:</b> Green		3rd Phase
				<b>Panchami Until 11:58AM</b>	Moon – Clear		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>6</b>		<b>Tuesday, January 23, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 281 Hemalamba 5119	
Meena Rasi: 17.55	Tithi 6 – 7	<b>Gulika</b>	<b>12:44PM – 2:13PM</b>	<b>Revati Until 3:57AM Wed</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:46AM	
		Yama	9:45AM – 11:14AM	Siddha Until 4:10AM Wed	<b>Muruga:</b> Green	<i>Sunset:</i> 6:41PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	813422366	<b>Rahu</b> 3:42PM – 5:12PM	Gara Until 12:08AM Wed	<b>Nataraja:</b> Green		3rd Phase
Until 3:57AM Wed				<b>Shashthi* Until 12:14PM</b>	Moon – Clear		
Then Routine Work - Marana Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>Retreat Star</b>		<b>Wednesday, January 24, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 282 Hemalamba 5119	
Mesha Rasi: 1.02	Tithi 7 – 8	<b>Gulika</b>	<b>11:14AM – 12:44PM</b>	<b>Ashvini Until 3:53AM Thu</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:46AM	
		Yama	8:16AM – 9:45AM	Sadhya Until 2:17AM Thu	<b>Muruga:</b> Green	<i>Sunset:</i> 6:41PM	Moon 13 - Phase 38
Routine Work	Marana Yoga	923422366	<b>Rahu</b> 12:44PM – 2:13PM	Visli Until 11:25PM	<b>Nataraja:</b> Green		Ashtami
Until 3:53AM Thu				<b>Saptami Until 11:51AM</b>	Moon – White		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>Retreat Star</b>		<b>Thursday, January 25, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 283 Hemalamba 5119	
Mesha Rasi: 14.32	Tithi 8 – 9	<b>Gulika</b>	<b>9:45AM – 11:15AM</b>	<b>Bharani Until 3:01AM Fri</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:47AM	
		Yama	6:47AM – 8:16AM	Subha Until 11:54PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:42PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	923422366	<b>Rahu</b> 2:13PM – 3:43PM	Balava Until 10:01PM	<b>Nataraja:</b> Green		Navami
				<b>Ashtami* Until 10:47AM</b>	Moon – White		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

<b>1 Friday, January 26, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuklayam			Port Harcourt, Nigeria	
Krittika Nakshatra Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau					Sun 23 Sutra 284	
Mesha Rasi: 28.24 Tithi 9 – 10		<b>Gulika</b> 8:16AM – 9:46AM	<b>Krittika</b> Until 1:24AM Sat	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:47AM	Hemalamba 5119	
923422366		Yama 3:43PM – 5:12PM	Sukla Until 9:00PM	<b>Muruga:</b> Green <i>Sunset:</i> 6:42PM	Moon 13 - Phase 39	
Creative Work Siddha Yoga		<b>Rahu</b> 11:15AM – 12:44PM	Taitila Until 8:00PM	<b>Nataraja:</b> Green	4th Phase	
Until 1:24AM Sat					<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Magha-Thai</b>	

<b>2 Saturday, January 27, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuklayam			Port Harcourt, Nigeria	
Rohini Nakshatra Brahma/Indra Yoga Gara/Visiti* Karana Dashami/Ekodashyam Titau					Sun 24 Sutra 285	
Vrishabha Rasi: 12.4 Tithi 10 – 11		<b>Gulika</b> 6:47AM – 8:16AM	<b>Rohini</b> Until 11:33PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:47AM	Hemalamba 5119	
933422366		Yama 2:14PM – 3:43PM	Brahma Until 5:40PM	<b>Muruga:</b> Green <i>Sunset:</i> 6:42PM	Moon 13 - Phase 39	
Creative Work Amrita Yoga		<b>Rahu</b> 9:46AM – 11:15AM	Visiti Until 3:58AM Sun	<b>Nataraja:</b> Green	4th Phase	
Until 11:33PM					<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>3 Sunday, January 28, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuklayam			Port Harcourt, Nigeria	
Mrigashira Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau					Sun 25 Sutra 286	
Vrishabha Rasi: 27.16 Tithi 12		<b>Gulika</b> 3:44PM – 5:13PM	<b>Mrigashira</b> Until 9:10PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:47AM	Hemalamba 5119	
933422366		Yama 12:45PM – 2:14PM	Indra Until 2:00PM	<b>Muruga:</b> Green <i>Sunset:</i> 6:42PM	Moon 13 - Phase 39	
Creative Work Siddha Yoga		<b>Rahu</b> 5:13PM – 6:42PM	Bava Until 2:26PM	<b>Nataraja:</b> Green	4th Phase	
Until 6:23PM					<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>4 Monday, January 29, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuklayam			Port Harcourt, Nigeria	
Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau					Sun 26 Sutra 287	
Mithuna Rasi: 12.09 Tithi 13		<b>Gulika</b> 2:14PM – 3:44PM	<b>Ardra</b> Until 6:23PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:47AM	Hemalamba 5119	
933422366		Yama 11:15AM – 12:45PM	Vaidhriti* Until 10:03AM	<b>Muruga:</b> Green <i>Sunset:</i> 6:43PM	Moon 13 - Phase 39	
Creative Work Siddha Yoga		<b>Rahu</b> 8:17AM – 9:46AM	Kaulava Until 11:07AM	<b>Nataraja:</b> Green	4th Phase	
Until 6:23PM					<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>5 Tuesday, January 30, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuklayam			Port Harcourt, Nigeria	
Punarvasu/Pushya Nakshatra Priti Yoga Gara/Visiti* Karana Chaturdashi/Purnimayam Titau					Sun 27 Sutra 288	
Mithuna Rasi: 27.11 Tithi 14 – 15		<b>Gulika</b> 12:45PM – 2:15PM	<b>Punarvasu</b> Until 3:45PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:47AM	Hemalamba 5119	
943422366		Yama 9:46AM – 11:16AM	Priti Until 1:53AM Wed	<b>Muruga:</b> Green <i>Sunset:</i> 6:43PM	Moon 13 - Phase 39	
Creative Work Siddha Yoga		<b>Rahu</b> 3:44PM – 5:13PM	Gara Until 7:38AM	<b>Nataraja:</b> Green	4th Phase	
Until 6:23PM					<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Magha-Thai</b>	

<b>Wednesday, January 31, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuklayam			Port Harcourt, Nigeria	
<b>Copper Retreat Star</b>		Pushya/Ashlesha* Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Sutra 289	
Kataka Rasi: 12.15 Tithi 15 – 16		<b>Gulika</b> 11:16AM – 12:45PM	<b>Pushya</b> Until 1:03PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:47AM	Hemalamba 5119	
943422366		Yama 8:17AM – 9:46AM	Ayushman Until 9:53PM	<b>Muruga:</b> Green <i>Sunset:</i> 6:43PM	Moon 13 - Phase 39	
Creative Work Siddha Yoga		<b>Rahu</b> 12:45PM – 2:15PM	Balava Until 12:47AM Thu	<b>Nataraja:</b> Green	Purnima	
Until 6:23PM					<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Magha-Thai</b>	

<b>Thursday, February 1, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuklayam			Port Harcourt, Nigeria	
<b>Silver Retreat Star</b>		Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Sutra 290	
Kataka Rasi: 27.11 Tithi 16 – 17		<b>Gulika</b> 9:46AM – 11:16AM	<b>Ashlesha*</b> Until 10:25AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:47AM	Hemalamba 5119	
943522366		Yama 6:47AM – 8:17AM	Saubhagya Until 6:07PM	<b>Muruga:</b> Green <i>Sunset:</i> 6:43PM	Moon 13 - Phase 39	
Creative Work Siddha Yoga		<b>Rahu</b> 2:15PM – 3:44PM	Taitila Until 9:44PM	<b>Nataraja:</b> Green	Prathama	
Until 10:25AM					<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Devaloka Time: 9:AM to 12:PM</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Friday, February 2, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Magha\*/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 291

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Simha Rasi: 11.51 Tihi 17 - 18

Gulika 8:17AM - 9:46AM

Yama 3:44PM - 5:14PM

953522367 Rahu 11:16AM - 12:45PM

Magha\* Until 8:26AM

Sobhana Until 2:43PM

Vanija Until 7:09PM

Dvitiya Until 8:22AM

Ganesha: White

Sunrise: 6:47AM

Muruga: Green

Sunset: 6:43PM

Nataraja: Green

Moon - Red

Magha-Thai

Devaloka Day

Routine Work Marana Yoga

Until 8:26AM

Then Creative Work - Siddha Yoga

1

Saturday, February 3, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Alhiganda\*/Sukarma Yoga Visti\*/Balava Karana Tritiya/Chaturthayam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 292

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Simha Rasi: 26.1 Tihi 18 - 19

Gulika 6:47AM - 8:17AM

Yama 2:15PM - 3:45PM

953522367 Rahu 9:46AM - 11:16AM

Purvaphalguni Until 6:50AM

Athiganda\* Until 11:46AM

Balava Until 4:26AM Sun

Tritiya Until 6:04AM

Ganesha: White

Sunrise: 6:47AM

Muruga: Green

Sunset: 6:43PM

Nataraja: White

Moon - Red

Magha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 6:50AM

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

2

Sunday, February 4, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Hasta Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 293

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 10.02 Tihi 20

Gulika 3:45PM - 5:14PM

Yama 12:46PM - 2:15PM

964522367 Rahu 5:14PM - 6:44PM

Hasta Until 5:44AM Mon

Sukarma Until 9:23AM

Kaulava Until 3:54PM

Panchami Until 3:33AM Mon

Ganesha: White

Sunrise: 6:47AM

Muruga: Green

Sunset: 6:43PM

Nataraja: White

Moon - Green

Magha-Thai

Bhuloka Day

Creative Work Amrita Yoga

Until 5:44AM Mon

Then Routine Work - Prabalarishta Yoga

3

Monday, February 5, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Chitra Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 294

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 23.28 Tihi 21

Gulika 2:15PM - 3:45PM

Yama 11:16AM - 12:46PM

964522367 Rahu 8:17AM - 9:47AM

Chitra Until 6:21AM Tue

Dhriti Until 7:37AM

Gara Until 3:26PM

Shashthi\* Until 3:30AM Tue

Ganesha: White

Sunrise: 6:47AM

Muruga: Green

Sunset: 6:43PM

Nataraja: White

Moon - Green

Magha-Thai

Bhuloka Day

Routine Work Prabalarishta Yoga

Until 6:21AM Tue

Then Creative Work - Siddha Yoga

4

Tuesday, February 6, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 295

Hemalamba 5119

Moon 1 - Phase 40

1st Phase

Tula Rasi: 6.28 Tihi 22

Gulika 12:46PM - 3:15PM

Yama 9:47AM - 11:16AM

964522367 Rahu 3:45PM - 5:15PM

Chitra Until 6:21AM

Shula\* Until 6:28AM

Visti Until 3:47PM

Saptami Until 4:14AM Wed

Ganesha: White

Sunrise: 6:47AM

Muruga: Green

Sunset: 6:43PM

Nataraja: White

Moon - Green

Magha-Thai

Bhuloka Day

Creative Work Siddha Yoga

D

Wednesday, February 7, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Svati/Vishakha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 296

Hemalamba 5119

Moon 1 - Phase 40

Ashtami

Tula Rasi: 19.05 Tihi 23

Gulika 11:16AM - 12:46PM

Yama 8:17AM - 9:47AM

964522367 Rahu 12:46PM - 2:16PM

Svati Until 7:34AM

Vriddhi Until 5:58AM Thu

Balava Until 4:54PM

Ashtami\* Until 5:42AM Thu

Ganesha: White

Sunrise: 6:47AM

Muruga: Green

Sunset: 6:43PM

Nataraja: White

Moon - Green

Magha-Thai

Bhuloka Day

Creative Work Siddha Yoga

Thursday, February 8, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Vishakha/Anuradha Nakshatra Dhruva Yoga Taitila Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 297

Hemalamba 5119

Moon 1 - Phase 40

Navami

Vrischika Rasi: 1.24 Tihi 24

Gulika 9:47AM - 11:16AM

Yama 6:47AM - 8:17AM

974522367 Rahu 2:16PM - 3:45PM

Vishakha Until 9:47AM

Dhruva Until 6:24AM Fri

Taitila Until 6:41PM

Navami\* Until 7:45AM Fri

Ganesha: Clear

Sunrise: 6:47AM

Muruga: Green

Sunset: 6:45PM

Nataraja: White

Moon - Orange

Magha-Thai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

<b>1</b>	<b>Friday, February 9, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Dashamyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 298 Hemalamba 5119
	Vrischika Rasi: 13.29	Tithi 24 – 25	<b>Gulika</b> 8:17AM – 9:47AM Yama 3:45PM – 5:15PM Rahu 11:16AM – 12:46PM	<b>Anuradha</b> Until 12:22PM Dhruva Until 6:24AM Vanija Until 8:57PM Navami* Until 7:45AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Orange <b>Magha-Thai</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 6:45PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga							


<b>2</b>	<b>Saturday, February 10, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 299 Hemalamba 5119
	Vrischika Rasi: 25.24	Tithi 25 – 26	<b>Gulika</b> 6:47AM – 8:17AM Yama 2:16PM – 3:45PM Rahu 9:47AM – 11:16AM	<b>Jyeshtha*</b> Until 3:08PM Vyaghata* Until 7:10AM Bava Until 11:32PM Dashami Until 10:11AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Orange <b>Magha-Thai</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 6:45PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Sunday, February 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 300 Hemalamba 5119
	Dhanus Rasi: 7.13	Tithi 26 – 27	<b>Gulika</b> 3:46PM – 5:15PM Yama 12:46PM – 2:16PM Rahu 5:15PM – 6:45PM	<b>Mula*</b> Until 6:24PM Harshana Until 8:07AM Kaulava Until 2:13AM Mon Ekadashi* Until 12:51PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Thai</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 6:45PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Amrita Yoga	984522367				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, February 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 301 Hemalamba 5119
	Dhanus Rasi: 19.02	Tithi 27 – 28	<b>Gulika</b> 2:16PM – 3:46PM Yama 11:16AM – 12:46PM Rahu 8:17AM – 9:47AM	<b>Purvashadha*</b> Until 9:29PM Vajra* Until 9:04AM Gara Until 4:50AM Tue Dvadashi* Until 3:31PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Masi</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 6:45PM	Moon 1 - Phase 41 2nd Phase
	Family Home Evening		984522367				<b>Bhuloka Day</b>
Routine Work - Marana Yoga							

<b>5</b>	<b>Tuesday, February 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 302 Hemalamba 5119
	Makara Rasi: 0.52	Tithi 28	<b>Gulika</b> 12:46PM – 2:16PM Yama 9:47AM – 11:16AM Rahu 3:46PM – 5:15PM	<b>Uttarashadha</b> Until 12:13AM Wed Siddhi Until 9:57AM Vanija Until 6:02PM Trayodashi* Until 6:02PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Masi</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 6:45PM	Moon 1 - Phase 41 2nd Phase
	Routine Work	Prabalarishta Yoga	984522367				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Wednesday, February 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 13 Sutra 303 Hemalamba 5119
	Makara Rasi: 12.47	Tithi 29	<b>Gulika</b> 11:16AM – 12:46PM Yama 8:17AM – 9:46AM Rahu 12:46PM – 2:16PM	<b>Shravana</b> Until 2:59AM Thu Vyatipata* Until 10:40AM Visti Until 7:13AM Chaturdashi* Until 8:16PM	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 6:45PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	994522367				<b>Bhuloka Day</b>

	<b>Thursday, February 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 304 Hemalamba 5119
	<b>Retreat Star</b>		<b>Gulika</b> 9:46AM – 11:16AM Yama 6:47AM – 8:17AM Rahu 2:16PM – 3:46PM	<b>Dhanishtha</b> Until 5:11AM Fri Variyan Until 11:05AM Catuspada Until 9:15AM Amavasya* Until 10:06PM	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 6:45PM	Moon 1 - Phase 41 Amavasya
	Makara Rasi: 24.51	Tithi 30	994522367				<b>Bhuloka Day</b>
Creative Work - Siddha Yoga							
Partial Solar Eclipse							

<b>7</b>	<b>Friday, February 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 305 Hemalamba 5119
	<b>Retreat Star</b>		<b>Gulika</b> 8:16AM – 9:46AM Yama 3:46PM – 5:16PM Rahu 11:16AM – 12:46PM	<b>Shatabhishak</b> Until 6:47AM Sat Parigha* Until 11:11AM Kintughna Until 10:52AM Prathama* Until 11:28PM	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Masi</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 6:45PM	Moon 1 - Phase 41 Prathama
	Kumbha Rasi: 7.04	Tithi 1	994522367				<b>Bhuloka Day</b>
Creative Work - Siddha Yoga							
Until 6:47AM Sat							
Then Routine Work - Marana Yoga							

<b>1</b>		<b>Saturday, February 17, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 306 Hemalamba 5119		
Kumbha Rasi: 19.29	Tithi 2	<b>Gulika</b>	6:46AM – 8:16AM	<b>Shatabhishak Until 6:47AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM				
		Yama	2:16PM – 3:46PM	Shiva Until 10:57AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:45PM	Moon 1 - Phase 42			
		995522367 <b>Rahu</b>	9:46AM – 11:16AM	Balava Until 12:00PM	<b>Nataraja:</b> White		3rd Phase			
Creative Work	Amrita Yoga					Moon – Purple	<b>Bhuloka Day</b>			
Until 6:47AM						<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga										

<b>2</b>		<b>Sunday, February 18, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Triliyayam Titau		Port Harcourt, Nigeria Sun 17 Sutra 307 Hemalamba 5119		
Meena Rasi: 2.07	Tithi 3	<b>Gulika</b>	3:46PM – 5:16PM	<b>Purvaproshtapada* Until 8:15AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:46AM				
		Yama	12:46PM – 2:16PM	Siddha Until 10:20AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:45PM	Moon 1 - Phase 42			
		915522367 <b>Rahu</b>	5:16PM – 6:45PM	Tailila Until 12:39PM	<b>Nataraja:</b> White		3rd Phase			
Creative Work	Siddha Yoga					Moon – Clear	<b>Bhuloka Day</b>			
Until 8:15AM						<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM			
Then Creative Work - Amrita Yoga										

<b>3</b>		<b>Monday, February 19, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 308 Hemalamba 5119		
Meena Rasi: 14.58	Tithi 4	<b>Gulika</b>	2:16PM – 3:46PM	<b>Uttaraproshtapada Until 9:07AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:46AM				
<b>Family Home Evening</b>		Yama	11:16AM – 12:46PM	Sadhya Until 9:22AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:46PM	Moon 1 - Phase 42			
		915522367 <b>Rahu</b>	8:16AM – 9:46AM	Vanija Until 12:51PM	<b>Nataraja:</b> White		3rd Phase			
Creative Work	Siddha Yoga					Moon – Clear	<b>Bhuloka Day</b>			
						<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM			

<b>4</b>		<b>Tuesday, February 20, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 309 Hemalamba 5119		
Meena Rasi: 28.03	Tithi 5	<b>Gulika</b>	12:46PM – 2:16PM	<b>Revati Until 9:23AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:46AM				
		Yama	9:46AM – 11:16AM	Subha Until 8:03AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:46PM	Moon 1 - Phase 42			
		915522367 <b>Rahu</b>	3:46PM – 5:16PM	Bava Until 12:36PM	<b>Nataraja:</b> White		3rd Phase			
Creative Work	Siddha Yoga					Moon – Clear	<b>Bhuloka Day</b>			
						<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM			

**Subramuniyaswami Siva Vision Day**

<b>5</b>		<b>Wednesday, February 21, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 310 Hemalamba 5119		
Mesha Rasi: 11.21	Tithi 6	<b>Gulika</b>	11:16AM – 12:46PM	<b>Ashvini Until 9:31AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:46AM				
		Yama	8:16AM – 9:46AM	Sukla Until 6:23AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:46PM	Moon 1 - Phase 42			
		925522367 <b>Rahu</b>	12:46PM – 2:16PM	Kaulava Until 11:54AM	<b>Nataraja:</b> White		3rd Phase			
Routine Work	Marana Yoga					Moon – White	<b>Bhuloka Day</b>			
Until 9:31AM						<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga										

<b>6</b>		<b>Thursday, February 22, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 311 Hemalamba 5119		
Mesha Rasi: 24.53	Tithi 7	<b>Gulika</b>	9:46AM – 11:16AM	<b>Bharani Until 9:05AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:45AM				
		Yama	6:45AM – 8:16AM	Indra Until 2:04AM Fri	<b>Muruga:</b> Green	<i>Sunset:</i> 6:46PM	Moon 1 - Phase 42			
		925522367 <b>Rahu</b>	2:16PM – 3:46PM	Gara Until 10:47AM	<b>Nataraja:</b> White		3rd Phase			
Creative Work	Siddha Yoga					Moon – White	<b>Bhuloka Day</b>			
Until 9:05AM						<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga										

<b>Retreat Star</b>		<b>Friday, February 23, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 312 Hemalamba 5119		
Vrishabha Rasi: 8.41	Tithi 8	<b>Gulika</b>	8:15AM – 9:45AM	<b>Krittika Until 8:07AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:45AM				
		Yama	3:45PM – 5:16PM	Vaidhriti* Until 11:24PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:46PM	Moon 1 - Phase 42			
		925522367 <b>Rahu</b>	11:15AM – 12:45PM	Visti Until 9:14AM	<b>Nataraja:</b> White		Ashtami			
Creative Work	Siddha Yoga					Moon – White	<b>Bhuloka Day</b>			
Until 8:07AM						<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga										

<b>Retreat Star</b>		<b>Saturday, February 24, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 313 Hemalamba 5119		
Vrishabha Rasi: 22.43	Tithi 9	<b>Gulika</b>	6:45AM – 8:15AM	<b>Rohini Until 7:01AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:45AM				
		Yama	2:15PM – 3:45PM	Vishkamba* Until 8:27PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:46PM	Moon 1 - Phase 42			
		935522367 <b>Rahu</b>	9:45AM – 11:15AM	Balava Until 7:18AM	<b>Nataraja:</b> White		Navami			
Creative Work	Amrita Yoga					Moon – Yellow	<b>Bhuloka Day</b>			
Until 7:01AM						<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM			
Then Creative Work - Siddha Yoga										

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

<b>1</b>	<b>Sunday, February 25, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Port Harcourt, Nigeria	
	Mithuna Rasi: 6.59    Tihi 10 – 11		Ardra Nakshatra Pritii/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Sun 24    Sutra 314	
	935522367		<b>Gulika</b> 3:45PM – 5:15PM	<b>Ardra Until 3:26AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:45AM	Hemalamba 5119	
Creative Work    Siddha Yoga		<b>Yama</b> 12:45PM – 2:15PM	<b>Priti Until 5:16PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 6:45PM	Moon 1 - Phase 43		
Until 3:26AM Mon		<b>Rahu</b> 5:15PM – 6:45PM	<b>Vanija Until 2:25AM Mon</b>	<b>Nataraja:</b> White	4th Phase		
Then Creative Work - Amrita Yoga		<b>Dashami Until 3:44PM</b>			<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2</b>	<b>Monday, February 26, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam			Port Harcourt, Nigeria	
	Mithuna Rasi: 21.28    Tihi 11 – 12		Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vistii/Bava Karana Ekadashi/Dvadashyam Titau			Sun 25    Sutra 315	
	946622367		<b>Gulika</b> 2:15PM – 3:45PM	<b>Punarvasu Until 1:30AM Tue</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:45AM	Hemalamba 5119	
<b>Family Home Evening</b>		<b>Yama</b> 11:15AM – 12:45PM	<b>Ayushman Until 1:50PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 6:45PM	Moon 1 - Phase 43		
Creative Work    Amrita Yoga		<b>Rahu</b> 8:15AM – 9:45AM	<b>Bava Until 11:38PM</b>	<b>Nataraja:</b> White	4th Phase		
Until 1:30AM Tue		<b>Ekadashi Until 1:02PM</b>			<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Tuesday, February 27, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam			Port Harcourt, Nigeria	
	Kataka Rasi: 6.04    Tihi 12 – 13		Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Sun 26    Sutra 316	
	946622367		<b>Gulika</b> 12:45PM – 2:15PM	<b>Pushya Until 11:19PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:44AM	Hemalamba 5119	
Creative Work    Siddha Yoga		<b>Yama</b> 9:45AM – 11:15AM	<b>Saubhagya Until 10:18AM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 6:45PM	Moon 1 - Phase 43		
		<b>Rahu</b> 3:45PM – 5:15PM	<b>Kaulava Until 8:43PM</b>	<b>Nataraja:</b> White	4th Phase		
		<b>Dvadashi Until 10:10AM</b>			<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	
		<i>Pradosha Vrata</i>					

<b>4</b>	<b>Wednesday, February 28, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam			Port Harcourt, Nigeria	
	Kataka Rasi: 20.44    Tihi 13 – 14		Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau			Sun 27    Sutra 317	
	946622367		<b>Gulika</b> 11:14AM – 12:45PM	<b>Ashlesha* Until 9:03PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:44AM	Hemalamba 5119	
Creative Work    Siddha Yoga		<b>Yama</b> 8:14AM – 9:44AM	<b>Sobhana Until 6:44AM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 6:45PM	Moon 1 - Phase 43		
		<b>Rahu</b> 12:45PM – 2:15PM	<b>Vanija Until 4:24AM Thu</b>	<b>Nataraja:</b> White	4th Phase		
		<b>Trayodashi Until 7:15AM</b>			<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	
		<b>Chidambaram Abhishekam</b>					

<b>○</b>	<b>Thursday, March 1, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam			Port Harcourt, Nigeria	
	<b>Copper Retreat Star</b>		Magha* Nakshatra Sukarma Yoga Vistii/Bava Karana Purnimayam Titau			Sutra 318	
	Simha Rasi: 5.2    Tihi 15		956622367			Hemalamba 5119	
Creative Work    Amrita Yoga		<b>Gulika</b> 9:44AM – 11:14AM	<b>Magha* Until 7:12PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:43AM	Moon 1 - Phase 43		
Until 7:12PM		<b>Yama</b> 6:43AM – 8:14AM	<b>Sukarma Until 11:52PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 6:45PM	Purnima		
Then Creative Work - Siddha Yoga		<b>Rahu</b> 2:15PM – 3:45PM	<b>Visti Until 3:05PM</b>	<b>Nataraja:</b> White			
		<b>Holi</b>			<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
		<b>Purnima* Until 1:47AM Fri</b>					

<b>○</b>	<b>Friday, March 2, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam			Port Harcourt, Nigeria	
	<b>Silver Retreat Star</b>		Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau			Sutra 319	
	Simha Rasi: 19.47    Tihi 16		956622367			Hemalamba 5119	
Creative Work    Siddha Yoga		<b>Gulika</b> 8:13AM – 9:44AM	<b>Purvaphalguni Until 5:32PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:43AM	Moon 1 - Phase 43		
		<b>Yama</b> 3:45PM – 5:15PM	<b>Dhriti Until 8:49PM</b>	<b>Muruga:</b> Green <i>Sunset:</i> 6:45PM	Prathama		
		<b>Rahu</b> 11:14AM – 12:44PM	<b>Balava Until 12:37PM</b>	<b>Nataraja:</b> White			
		<b>Prathama* Until 11:31PM</b>			<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda





Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria  
Sutra 320

Kanya Rasi: 3.59 Tiithi 17

Gulika 6:43AM - 8:13AM

Uttaraphalguni Until 4:11PM

Ganesha: Red

Sunrise: 6:43AM

Hemalamba 5119

Yama 2:14PM - 3:44PM

Shula\* Until 6:07PM

Muruga: Green

Sunset: 6:45PM

Moon 2 - Phase 44

966622367 Rahu 9:43AM - 11:14AM

Taitila Until 10:35AM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Dvitiya Until 9:45PM

Moon - Red  
Phalgun-Masi

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Sunday, March 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 1 Sutra 321

Kanya Rasi: 17.5 Tiithi 18

Gulika 3:44PM - 5:15PM

Hasta Until 3:42PM

Ganesha: Green

Sunrise: 6:42AM

Hemalamba 5119

Yama 12:44PM - 2:14PM

Ganda\* Until 3:55PM

Muruga: Green

Sunset: 6:45PM

Moon 2 - Phase 44

966622367 Rahu 5:15PM - 6:45PM

Vanija Until 9:06AM

Nataraja: White

1st Phase

Creative Work Amrita Yoga  
Until 3:42PM

Tritiya Until 8:35PM

Moon - Green  
Phalgun-Masi

**Bhuloka Day**

Then Creative Work - Siddha Yoga

Monday, March 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria  
Sun 2 Sutra 322

Tula Rasi: 1.18 Tiithi 19

Gulika 2:14PM - 3:44PM

Chitra Until 3:45PM

Ganesha: Blue

Sunrise: 6:42AM

Hemalamba 5119

Yama 11:13AM - 12:43PM

Vridhhi Until 2:17PM

Muruga: Green

Sunset: 6:45PM

Moon 2 - Phase 44

Family Home Evening 167622367 Rahu 8:12AM - 9:43AM

Bava Until 8:17AM

Nataraja: White

1st Phase

Routine Work Prabalarishta Yoga  
Until 3:45PM

Chaturthi\* Until 8:08PM

Moon - Green  
Phalgun-Masi

**Bhuloka Day**

Then Creative Work - Amrita Yoga

Tuesday, March 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria  
Sun 3 Sutra 323

Tula Rasi: 14.22 Tiithi 20

Gulika 12:43PM - 2:14PM

Svati Until 4:22PM

Ganesha: Blue

Sunrise: 6:42AM

Hemalamba 5119

Yama 9:42AM - 11:13AM

Dhruva Until 1:12PM

Muruga: Green

Sunset: 6:45PM

Moon 2 - Phase 44

167622367 Rahu 3:44PM - 5:14PM

Kaulava Until 8:13AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Panchami Until 8:27PM

Moon - Green  
Phalgun-Masi

**Bhuloka Day**

Until 4:22PM

Then Routine Work - Marana Yoga

Wednesday, March 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria  
Sun 4 Sutra 324

Tula Rasi: 27.04 Tiithi 21

Gulika 11:13AM - 12:43PM

Vishakha Until 6:02PM

Ganesha: Red

Sunrise: 6:41AM

Hemalamba 5119

Yama 8:12AM - 9:42AM

Vyaghata\* Until 12:43PM

Muruga: Green

Sunset: 6:45PM

Moon 2 - Phase 44

177622367 Rahu 12:43PM - 2:13PM

Gara Until 8:55AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 9:30PM

Moon - Orange  
Phalgun-Masi

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Thursday, March 8, 2018

5

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria  
Sun 5 Sutra 325

Vrischika Rasi: 9.27 Tiithi 22

Gulika 9:42AM - 11:12AM

Anuradha Until 8:12PM

Ganesha: Red

Sunrise: 6:41AM

Hemalamba 5119

Yama 6:41AM - 8:11AM

Harshana Until 12:48PM

Muruga: Green

Sunset: 6:44PM

Moon 2 - Phase 44

177622367 Rahu 2:13PM - 3:44PM

Visti Until 10:19AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Saptami Until 11:14PM

Moon - Orange  
Phalgun-Masi

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 8:12PM

Then Routine Work - Prabalarishta Yoga

Friday, March 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 6 Sutra 326

Vrischika Rasi: 21.34 Tiithi 23

Gulika 8:11AM - 9:42AM

Jyeshtha\* Until 10:43PM

Ganesha: Red

Sunrise: 6:41AM

Hemalamba 5119

Yama 3:43PM - 5:14PM

Vajra\* Until 1:17PM

Muruga: Green

Sunset: 6:44PM

Moon 2 - Phase 44

177622367 Rahu 11:12AM - 12:43PM

Balava Until 12:19PM

Nataraja: White

Ashtami

Routine Work Marana Yoga

Ashtami\* Until 1:28AM Sat

Moon - Orange  
Phalgun-Masi

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Until 10:43PM

Then Creative Work - Amrita Yoga

Saturday, March 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria  
Sun 7 Sutra 327

Dhanus Rasi: 3.31 Tiithi 24

Gulika 6:40AM - 8:11AM

Mula\* Until 1:53AM Sun

Ganesha: Green

Sunrise: 6:40AM

Hemalamba 5119

Yama 2:13PM - 3:43PM

Siddhi Until 2:06PM

Muruga: Green

Sunset: 6:44PM

Moon 2 - Phase 44

187622367 Rahu 9:41AM - 11:12AM

Taitila Until 2:45PM

Nataraja: White

Navami

Creative Work Siddha Yoga

Navami\* Until 4:02AM Sun

Moon - Light Blue  
Phalgun-Masi

**Bhuloka Day**

<b>1 Sunday, March 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria	
Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 328		Hemalamba 5119	
Dhanus Rasi: 15.21	Tithi 25	<b>Gulika</b> 3:43PM – 5:14PM	<b>Purvashadha* Until 4:59AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:40AM</i>	
		Yama 12:42PM – 2:13PM	Vyatipata* Until 3:05PM	<b>Muruga:</b> Green <i>Sunset: 6:44PM</i>	Moon 2 - Phase 45
	187622367	<b>Rahu</b> 5:14PM – 6:44PM	Vanija Until 5:23PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 6:40AM Mon</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Until 4:59AM Mon				<b>Phalguna-Masi</b>	
Then Routine Work - Marana Yoga					

<b>2 Monday, March 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria	
Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 329		Hemalamba 5119	
Dhanus Rasi: 27.1	Tithi 25 – 26	<b>Gulika</b> 2:12PM – 3:43PM	<b>Uttarashadha Until 7:47AM Tue</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:40AM</i>	
<b>Family Home Evening</b>		Yama 11:11AM – 12:42PM	Variyan Until 4:02PM	<b>Muruga:</b> Green <i>Sunset: 6:44PM</i>	Moon 2 - Phase 45
	188622367	<b>Rahu</b> 8:10AM – 9:41AM	Bava Until 7:58PM	<b>Nataraja:</b> White	2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 6:40AM</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Until 7:47AM Tue				<b>Phalguna-Masi</b>	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga					

<b>3 Tuesday, March 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria	
Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 330		Hemalamba 5119	
Makara Rasi: 9.01	Tithi 26 – 27	<b>Gulika</b> 12:41PM – 2:12PM	<b>Uttarashadha Until 7:47AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:39AM</i>	
		Yama 9:40AM – 11:11AM	Parigha* Until 4:49PM	<b>Muruga:</b> Green <i>Sunset: 6:44PM</i>	Moon 2 - Phase 45
	188622367	<b>Rahu</b> 3:43PM – 5:13PM	Kaulava Until 10:17PM	<b>Nataraja:</b> White	2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 9:09AM</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Until 7:47AM				<b>Phalguna-Masi</b>	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, March 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria	
Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 331		Hemalamba 5119	
Makara Rasi: 21.01	Tithi 27 – 28	<b>Gulika</b> 11:11AM – 12:41PM	<b>Shravana Until 10:34AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:39AM</i>	
		Yama 8:09AM – 9:40AM	Shiva Until 5:18PM	<b>Muruga:</b> Green <i>Sunset: 6:44PM</i>	Moon 2 - Phase 45
	198622367	<b>Rahu</b> 12:41PM – 2:12PM	Gara Until 12:09AM Thu	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 11:16AM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 10:34AM		<b>Karadaiyan Nombu (Tamil Nadu)</b>	<i>Pradosha Vrata (Fasting)</i>	<b>Phalguna-Panguni</b>	
Then Routine Work - Prabalarishta Yoga					

<b>5 Thursday, March 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria	
Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 332		Hemalamba 5119	
Kumbha Rasi: 3.13	Tithi 28 – 29	<b>Gulika</b> 9:40AM – 11:10AM	<b>Dhanishtha Until 12:42PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:38AM</i>	
		Yama 6:38AM – 8:09AM	Siddha Until 5:21PM	<b>Muruga:</b> Green <i>Sunset: 6:43PM</i>	Moon 2 - Phase 45
	198622368	<b>Rahu</b> 2:12PM – 3:42PM	Visti Until 1:27AM Fri	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 12:51PM</b>	Moon – Purple	<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>Friday, March 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria	
<b>Retreat Star</b>		Shatabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 333	
Kumbha Rasi: 15.39	Tithi 29 – 30	<b>Gulika</b> 8:09AM – 9:39AM	<b>Shatabhishak Until 2:06PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:38AM</i>	
		Yama 3:42PM – 5:13PM	Sadhya Until 4:57PM	<b>Muruga:</b> Green <i>Sunset: 6:43PM</i>	Moon 2 - Phase 45
	198622368	<b>Rahu</b> 11:10AM – 12:41PM	Catuspada Until 2:08AM Sat	<b>Nataraja:</b> Clear	Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:51PM</b>	Moon – Purple	<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>Saturday, March 17, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria	
<b>Retreat Star</b>		Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 334	
Kumbha Rasi: 28.22	Tithi 30 – 1	<b>Gulika</b> 6:38AM – 8:08AM	<b>Purvaproshtapada* Until 3:13PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:38AM</i>	
		Yama 2:11PM – 3:42PM	Subha Until 4:06PM	<b>Muruga:</b> Green <i>Sunset: 6:43PM</i>	Moon 2 - Phase 45
	118622368	<b>Rahu</b> 9:39AM – 11:10AM	Kintughna Until 2:13AM Sun	<b>Nataraja:</b> Clear	Prathama
Routine Work	Marana Yoga		<b>Amavasya* Until 2:14PM</b>	Moon – Clear	<b>Devaloka Day</b>
Until 3:13PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>1</b>		Sunday, March 18, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 335 Hemalamba 5119	
Meena Rasi: 11.21	Tithi 1 – 2	<b>Gulika</b>	3:42PM – 5:12PM	<b>Uttaraproshtapada</b> Until 3:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:37AM			
		Yama	12:40PM – 2:11PM	Sukla Until 2:47PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46		
Creative Work	Amrita Yoga	119622368 <b>Rahu</b>	5:12PM – 6:43PM	Balava Until 1:47AM Mon	<b>Nataraja:</b> Clear		3rd Phase		
				<b>Prathama*</b> Until 2:03PM	Moon – Clear		<b>Bhuloka Day</b>		
					<b>Chaitra-Panguni</b>		Devaloka Time: 6:PM to 9:PM		

<b>2</b>		Monday, March 19, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 336 Hemalamba 5119	
Meena Rasi: 24.37	Tithi 2 – 3	<b>Gulika</b>	2:11PM – 3:41PM	<b>Revati</b> Until 3:28PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:37AM			
<b>Family Home Evening</b>		Yama	11:09AM – 12:40PM	Brahma Until 1:06PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	119622368 <b>Rahu</b>	8:07AM – 9:38AM	Taitila Until 12:55AM Tue	<b>Nataraja:</b> Clear		3rd Phase		
				<b>Dvitiya</b> Until 1:23PM	Moon – Clear		<b>Bhuloka Day</b>		
					<b>Chaitra-Panguni</b>		Devaloka Time: 6:PM to 9:PM		

<b>3</b>		Tuesday, March 20, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 337 Hemalamba 5119	
Mesha Rasi: 8.06	Tithi 3 – 4	<b>Gulika</b>	12:39PM – 2:10PM	<b>Ashvini</b> Until 3:11PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM			
		Yama	9:38AM – 11:09AM	Indra Until 11:08AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	129622368 <b>Rahu</b>	3:41PM – 5:12PM	Vanija Until 11:41PM	<b>Nataraja:</b> Clear		3rd Phase		
				<b>Tritiya</b> Until 12:19PM	Moon – White		<b>Bhuloka Day</b>		
				<b>Chellappaswami Mahasamadhi</b>	<b>Chaitra-Panguni</b>		Devaloka Time: 6:PM to 9:PM		

<b>4</b>		Wednesday, March 21, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 338 Hemalamba 5119	
Mesha Rasi: 21.47	Tithi 4 – 5	<b>Gulika</b>	11:08AM – 12:39PM	<b>Bharani</b> Until 2:29PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM			
		Yama	8:07AM – 9:38AM	Vaidhriti* Until 8:53AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	129622368 <b>Rahu</b>	12:39PM – 2:10PM	Bava Until 10:12PM	<b>Nataraja:</b> Clear		3rd Phase		
Until 2:29PM				<b>Chaturthi*</b> Until 10:57AM	Moon – White		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga					<b>Chaitra-Panguni</b>		Devaloka Time: 6:PM to 9:PM		

<b>5</b>		Thursday, March 22, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 339 Hemalamba 5119	
Vrishabha Rasi: 5.37	Tithi 5 – 6	<b>Gulika</b>	9:37AM – 11:08AM	<b>Krittika</b> Until 1:25PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM			
		Yama	6:35AM – 8:06AM	Vishkambha* Until 6:28AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 46		
Routine Work	Marana Yoga	129622368 <b>Rahu</b>	2:10PM – 3:41PM	Kaulava Until 8:30PM	<b>Nataraja:</b> Clear		3rd Phase		
				<b>Panchami</b> Until 9:21AM	Moon – White		<b>Bhuloka Day</b>		
					<b>Chaitra-Panguni</b>		Devaloka Time: 6:PM to 9:PM		

<b>6</b>		Friday, March 23, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 340 Hemalamba 5119	
Vrishabha Rasi: 19.33	Tithi 6 – 7	<b>Gulika</b>	8:06AM – 9:37AM	<b>Rohini</b> Until 12:28PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:35AM			
		Yama	3:40PM – 5:11PM	Ayushman Until 1:13AM Sat	<b>Muruga:</b> Green	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 46		
Routine Work	Marana Yoga	139722368 <b>Rahu</b>	11:08AM – 12:39PM	Gara Until 6:39PM	<b>Nataraja:</b> Clear		3rd Phase		
Until 12:28PM				<b>Shashthi*</b> Until 7:35AM	Moon – Yellow		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Chaitra-Panguni</b>				

<b>Retreat Star</b>		Saturday, March 24, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 341 Hemalamba 5119	
Mithuna Rasi: 3.35	Tithi 8	<b>Gulika</b>	6:35AM – 8:06AM	<b>Mrigashira</b> Until 11:14AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:35AM			
		Yama	2:09PM – 3:40PM	Saubhagya Until 10:26PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	139722368 <b>Rahu</b>	9:36AM – 11:07AM	Visti Until 4:40PM	<b>Nataraja:</b> Clear		Ashtami		
				<b>Ashtami*</b> Until 3:37AM Sun	Moon – Yellow		<b>Sivaloka Day</b>		
					<b>Chaitra-Panguni</b>				

<b>Retreat Star</b>		Sunday, March 25, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 342 Hemalamba 5119	
Mithuna Rasi: 17.41	Tithi 9	<b>Gulika</b>	3:40PM – 5:11PM	<b>Ardra</b> Until 9:46AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM			
		Yama	12:38PM – 2:09PM	Sobhana Until 7:35PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 46		
Creative Work	Siddha Yoga	139722368 <b>Rahu</b>	5:11PM – 6:42PM	Balava Until 2:35PM	<b>Nataraja:</b> Clear		Navami		
				<b>Navami*</b> Until 1:30AM Mon	Moon – Yellow		<b>Sivaloka Day</b>		
				<b>Sri Rama Navami</b>	<b>Chaitra-Panguni</b>				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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<b>1</b>		<b>Monday, March 26, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 343 Hemalamba 5119	
Kataka Rasi: 1.51	Tithi 10	<b>Gulika</b>	2:09PM – 3:40PM	<b>Punarvasu Until 8:29AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:34AM	
<b>Family Home Evening</b>	141722368	Yama	11:07AM – 12:38PM	Athiganda* Until 4:40PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 47
Creative Work	Amrita Yoga	<b>Rahu</b>	8:05AM – 9:36AM	Taitila Until 12:25PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:29AM				<b>Dashami Until 11:18PM</b>	Moon – Blue		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Chaitra-Panguni</b>		

<b>2</b>		<b>Tuesday, March 27, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 344 Hemalamba 5119	
Kataka Rasi: 16.04	Tithi 11	<b>Gulika</b>	12:37PM – 2:08PM	<b>Pushya Until 7:00AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM	
	141722368	Yama	9:35AM – 11:06AM	Sukarma Until 1:43PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	3:39PM – 5:10PM	Vanija Until 10:13AM	<b>Nataraja:</b> Clear		4th Phase
				<b>Ekadashi Until 9:05PM</b>	Moon – Blue		<b>Devaloka Day</b>
		<b>Yogaswami Mahasamadhi</b>			<b>Chaitra-Panguni</b>		

<b>3</b>		<b>Wednesday, March 28, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 345 Hemalamba 5119	
Simha Rasi: 0.16	Tithi 12	<b>Gulika</b>	11:06AM – 12:37PM	<b>Magha* Until 4:08AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM	
	151722368	Yama	8:04AM – 9:35AM	Dhriti Until 10:48AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	12:37PM – 2:08PM	Bava Until 8:01AM	<b>Nataraja:</b> Clear		4th Phase
				<b>Dvadashi Until 6:55PM</b>	Moon – Red		<b>Sivaloka Day</b>
					<b>Chaitra-Panguni</b>		

<b>4</b>		<b>Thursday, March 29, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 346 Hemalamba 5119	
Simha Rasi: 14.25	Tithi 13 – 14	<b>Gulika</b>	9:35AM – 11:06AM	<b>Purvaphalguni Until 2:54AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	
	151722368	Yama	6:32AM – 8:04AM	Shula* Until 7:56AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	2:08PM – 3:39PM	Gara Until 3:57AM Fri	<b>Nataraja:</b> Clear		4th Phase
				<b>Trayodashi Until 4:52PM</b>	Moon – Red		<b>Sivaloka Day</b>
				<i>Pradosha Vrata</i>	<b>Chaitra-Panguni</b>		

<b>5</b>		<b>Friday, March 30, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sun 27 Sutra 347 Hemalamba 5119	
Simha Rasi: 28.28	Tithi 14 – 15	<b>Gulika</b>	8:03AM – 9:34AM	<b>Uttaraphalguni Until 1:48AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	
	151722368	Yama	3:39PM – 5:10PM	Vriddhi Until 2:46AM Sat	<b>Muruga:</b> Green	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 47
Creative Work	Siddha Yoga	<b>Rahu</b>	11:05AM – 12:36PM	Visti Until 2:17AM Sat	<b>Nataraja:</b> Clear		4th Phase
Until 1:48AM Sat				<b>Chaturdashi* Until 3:03PM</b>	Moon – Red		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Chaitra-Panguni</b>		

<b>○</b>		<b>Saturday, March 31, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sun 28 Sutra 348 Hemalamba 5119	
<b>Copper Retreat Star</b>		<b>Gulika</b>	6:32AM – 8:03AM	<b>Hasta Until 1:22AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	
Kanya Rasi: 12.19	Tithi 15 – 16	Yama	2:07PM – 3:38PM	Dhruva Until 12:36AM Sun	<b>Muruga:</b> Green	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 47
	161722368	<b>Rahu</b>	9:34AM – 11:05AM	Balava Until 1:01AM Sun	<b>Nataraja:</b> Clear		Purnima
Routine Work	Marana Yoga			<b>Purnima* Until 1:34PM</b>	Moon – Green		<b>Devaloka Day</b>
Until 1:22AM Sun		<b>Panguni Uttiram</b>			<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>					

<b>○</b>		<b>Sunday, April 1, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 29 Sutra 349 Hemalamba 5119	
<b>Silver Retreat Star</b>		<b>Gulika</b>	3:38PM – 5:10PM	<b>Chitra Until 1:18AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	
Kanya Rasi: 25.55	Tithi 16 – 17	Yama	12:36PM – 2:07PM	Vyaghata* Until 10:51PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 47
	161722368	<b>Rahu</b>	5:10PM – 6:41PM	Taitila Until 12:15AM Mon	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 12:32PM</b>	Moon – Green		<b>Devaloka Day</b>
Until 1:18AM Mon					<b>Chaitra-Panguni</b>		
Then Creative Work - Amrita Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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**Monday, April 2, 2018**  
**Gold Retreat Star**

Tula Rasi: 9.14      Tihi 17 – 18  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 1:40AM Tue  
Then Routine Work - Marana Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika**    2:07PM – 3:38PM    **Svati Until 1:40AM Tue**  
Yama       11:05AM – 12:36PM    Harshana Until 9:36PM  
**Rahu**       8:02AM – 9:34AM            Vanija Until 12:05AM Tue  
Dvitiya Until 12:04PM

**Ganesh:** Clear      *Sunrise: 6:31AM*  
**Muruga:** Green    *Sunset: 6:41PM*  
**Nataraja:** Clear  
Moon – Green  
**Devaloka Day**  
Chaitra•Panguni

Port Harcourt, Nigeria  
Sun 1      Sutra 350  
Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**1**

**Tuesday, April 3, 2018**

Tula Rasi: 22.14      Tihi 18 – 19  
Routine Work    Marana Yoga  
Until 2:59AM Wed  
Then Creative Work - Siddha Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha Nakshatra Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau  
**Gulika**    12:36PM – 2:07PM    **Vishakha Until 2:59AM Wed**  
Yama       9:33AM – 11:04AM    Vajra\* Until 8:49PM  
**Rahu**       3:38PM – 5:09PM            Bava Until 12:34AM Wed  
Tritiya Until 12:13PM

**Ganesh:** Purple      *Sunrise: 6:31AM*  
**Muruga:** Green    *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Orange  
**Sivaloka Day**  
Chaitra•Panguni

Port Harcourt, Nigeria  
Sun 2      Sutra 351  
Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**2**

**Wednesday, April 4, 2018**

Vrischika Rasi: 4.54      Tihi 19 – 20  
Creative Work    Siddha Yoga  
Until 4:47AM Thu  
Then Routine Work - Prabalarishta Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau  
**Gulika**    11:04AM – 12:35PM    **Anuradha Until 4:47AM Thu**  
Yama       8:02AM – 9:33AM            Siddhi Until 8:34PM  
**Rahu**       12:35PM – 2:06PM            Kaulava Until 1:43AM Thu  
Chatrthi\* Until 1:02PM

**Ganesh:** Purple      *Sunrise: 6:30AM*  
**Muruga:** Green    *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Orange  
**Sivaloka Day**  
Chaitra•Panguni

Port Harcourt, Nigeria  
Sun 3      Sutra 352  
Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**3**

**Thursday, April 5, 2018**

Vrischika Rasi: 17.17      Tihi 20 – 21  
Routine Work    Prabalarishta Yoga  
Until 6:59AM Fri  
Then Creative Work - Amrita Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika**    9:32AM – 11:04AM    **Jyeshtha\* Until 6:59AM Fri**  
Yama       6:30AM – 8:01AM            Vyatipata\* Until 8:49PM  
**Rahu**       2:06PM – 3:37PM            Gara Until 3:29AM Fri  
Panchami Until 2:30PM

**Ganesh:** Purple      *Sunrise: 6:30AM*  
**Muruga:** Green    *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Orange  
**Sivaloka Day**  
Chaitra•Panguni

Port Harcourt, Nigeria  
Sun 4      Sutra 353  
Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**4**

**Friday, April 6, 2018**

Vrischika Rasi: 29.25      Tihi 21 – 22  
Routine Work    Marana Yoga  
Until 6:59AM  
Then Creative Work - Amrita Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika**    8:01AM – 9:32AM            **Jyeshtha\* Until 6:59AM**  
Yama       3:37PM – 5:09PM            Variyan Until 9:25PM  
**Rahu**       11:03AM – 12:35PM            Visti Until 5:44AM Sat  
Shashthi\* Until 4:32PM

**Ganesh:** Clear      *Sunrise: 6:30AM*  
**Muruga:** Green    *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Orange  
**Devaloka Day**  
Chaitra•Panguni

Port Harcourt, Nigeria  
Sun 5      Sutra 354  
Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**5**

**Saturday, April 7, 2018**

Dhanus Rasi: 11.22      Tihi 22  
Creative Work    Siddha Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\* Yoga Bava Karana Saptamyam Titau  
**Gulika**    6:29AM – 8:00AM            **Mula\* Until 9:58AM**  
Yama       2:06PM – 3:37PM            Parigha\* Until 10:20PM  
**Rahu**       9:32AM – 11:03AM            Bava Until 6:57PM  
Saptami Until 6:57PM

**Ganesh:** White      *Sunrise: 6:29AM*  
**Muruga:** Green    *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Bhuloka Day**  
Chaitra•Panguni  
Devaloka Time: 6:PM to 9:PM

Port Harcourt, Nigeria  
Sun 6      Sutra 355  
Hemalamba 5119  
Moon 3 - Phase 48  
1st Phase

**D**

**Sunday, April 8, 2018**  
**Retreat Star**

Dhanus Rasi: 23.12      Tihi 23  
Creative Work    Siddha Yoga  
Until 1:01PM  
Then Creative Work - Amrita Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika**    3:37PM – 5:08PM            **Purvashadha\* Until 1:01PM**  
Yama       12:34PM – 2:05PM            Shiva Until 11:21PM  
**Rahu**       5:08PM – 6:39PM            Balava Until 8:15AM  
Ashtami\* Until 9:32PM

**Ganesh:** White      *Sunrise: 6:29AM*  
**Muruga:** Green    *Sunset: 6:39PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Bhuloka Day**  
Chaitra•Panguni  
Devaloka Time: 6:PM to 9:PM

Port Harcourt, Nigeria  
Sun 7      Sutra 356  
Hemalamba 5119  
Moon 3 - Phase 48  
Ashtami

**Monday, April 9, 2018**  
**Retreat Star**

Makara Rasi: 5.01      Tihi 24  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 3:54PM  
Then Creative Work - Amrita Yoga

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika**    2:05PM – 3:37PM            **Uttarashadha Until 3:54PM**  
Yama       11:02AM – 12:34PM            Siddha Until 12:15AM Tue  
**Rahu**       8:00AM – 9:31AM            Taitila Until 10:50AM  
Navami\* Until 12:02AM Tue

**Ganesh:** White      *Sunrise: 6:28AM*  
**Muruga:** Green    *Sunset: 6:39PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Bhuloka Day**  
Chaitra•Panguni  
Devaloka Time: 6:PM to 9:PM

Port Harcourt, Nigeria  
Sun 8      Sutra 357  
Hemalamba 5119  
Moon 3 - Phase 48  
Navami

<b>1</b>	<b>Tuesday, April 10, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam			Port Harcourt, Nigeria
	Shravana Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau					Sun 9 Sutra 358
	Makara Rasi: 16.54	Tithi 25	<b>Gulika</b> 12:34PM – 2:05PM	<b>Shravana</b> Until 6:51PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:28AM	Hemalamba 5119
	192722368	Rahu	Yama 9:31AM – 11:02AM	Sadhya Until 12:55AM Wed	<b>Muruga:</b> Green <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	3:36PM – 5:08PM	Vanija Until 1:11PM	<b>Nataraja:</b> Clear	2nd Phase	
			<b>Dashami</b> Until 2:10AM Wed	Moon – Purple	<b>Devaloka Day</b>	
				<b>Chaitra•Panguni</b>		

<b>2</b>	<b>Wednesday, April 11, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam			Port Harcourt, Nigeria
	Dhanishtha Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau					Sun 10 Sutra 359
	Makara Rasi: 28.56	Tithi 26	<b>Gulika</b> 11:02AM – 12:33PM	<b>Dhanishtha</b> Until 9:09PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:28AM	Hemalamba 5119
	192722368	Rahu	Yama 7:59AM – 9:30AM	Subha Until 1:10AM Thu	<b>Muruga:</b> Green <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
Routine Work	Prabalarishta Yoga	12:33PM – 2:05PM	Bava Until 3:03PM	<b>Nataraja:</b> Clear	2nd Phase	
Until 9:09PM			<b>Ekadashi*</b> Until 3:45AM Thu	Moon – Purple	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra•Panguni</b>		

<b>3</b>	<b>Thursday, April 12, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam			Port Harcourt, Nigeria
	Shatabhishak Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau					Sun 11 Sutra 360
	Kumbha Rasi: 11.13	Tithi 27	<b>Gulika</b> 9:30AM – 11:02AM	<b>Shatabhishak</b> Until 10:39PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:27AM	Hemalamba 5119
	192722368	Rahu	Yama 6:27AM – 7:59AM	Sukla Until 12:52AM Fri	<b>Muruga:</b> Green <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	2:04PM – 3:36PM	Kaulava Until 4:18PM	<b>Nataraja:</b> Clear	2nd Phase	
			<b>Dvadashi*</b> Until 4:37AM Fri	Moon – Purple	<b>Devaloka Day</b>	
				<b>Chaitra•Panguni</b>		

<b>4</b>	<b>Friday, April 13, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam			Port Harcourt, Nigeria
	Shatabhishak Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau					Sun 12 Sutra 361
	Kumbha Rasi: 23.47	Tithi 28	<b>Gulika</b> 7:58AM – 9:30AM	<b>Purvaproshtapada*</b> Until 11:45PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:27AM	Hemalamba 5119
	112722368	Rahu	Yama 3:36PM – 5:07PM	Brahma Until 12:00AM Sat	<b>Muruga:</b> Green <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	11:01AM – 12:33PM	Gara Until 4:48PM	<b>Nataraja:</b> Clear	2nd Phase	
			<b>Trayodashi*</b> Until 4:45AM Sat	Moon – Clear	<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Chaitra•Panguni</b>	Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Saturday, April 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam			Port Harcourt, Nigeria
	Uttaraproshtapada Nakshatra Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau					Sun 13 Sutra 362
	Meena Rasi: 6.43	Tithi 29	<b>Gulika</b> 6:26AM – 7:58AM	<b>Uttaraproshtapada</b> Until 11:59PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:26AM	Vilamba 5120
	212732368	Rahu	Yama 2:04PM – 3:36PM	Indra Until 10:36PM	<b>Muruga:</b> White <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	9:29AM – 11:01AM	Visti Until 4:34PM	<b>Nataraja:</b> Clear	2nd Phase	
Until 11:59PM			<b>Chaturdashi*</b> Until 4:11AM Sun	Moon – Clear	<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga		<b>Tamil New Year</b>		<b>Chaitra•Chaitra</b>	Devaloka Time: 6:PM to 9:PM	

<b>●</b>	<b>Sunday, April 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Port Harcourt, Nigeria
	<b>Retreat Star</b>		Revati Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Sun 14 Sutra 363
	Meena Rasi: 20.01	Tithi 30	<b>Gulika</b> 3:35PM – 5:07PM	<b>Revati</b> Until 11:27PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:26AM	Vilamba 5120
	212732368	Rahu	Yama 12:32PM – 2:04PM	Vaidhriti* Until 8:39PM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
Creative Work	Amrita Yoga	5:07PM – 6:38PM	Catuspada Until 3:40PM	<b>Nataraja:</b> Clear	Amavasya	
Until 11:27PM			<b>Amavasya*</b> Until 2:59AM Mon	Moon – Clear	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra•Chaitra</b>	Devaloka Time: 6:PM to 9:PM	

<b>●</b>	<b>Monday, April 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam			Port Harcourt, Nigeria
	<b>Retreat Star</b>		Ashvini Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau			Sun 15 Sutra 364
	Mesha Rasi: 3.4	Tithi 1	<b>Gulika</b> 2:04PM – 3:35PM	<b>Ashvini</b> Until 10:42PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:26AM	Vilamba 5120
	222732368	Rahu	Yama 11:00AM – 12:32PM	Vishkambha* Until 6:17PM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
Family Home Evening		7:57AM – 9:29AM	Kintughna Until 2:13PM	<b>Nataraja:</b> Clear	Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:18AM Tue	Moon – White	<b>Bhuloka Day</b>	
				<b>Vaisaka•Chaitra</b>	Devaloka Time: 6:PM to 9:PM	

<b>1</b>		<b>Tuesday, April 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 1 Vilamba 5120	
Mesha Rasi: 17.35	Tithi 2	<b>Gulika</b>	12:32PM – 2:03PM	<b>Bharani Until 9:26PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:25AM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 1
		Yama	9:28AM – 11:00AM	Priti Until 3:37PM	<b>Nataraja:</b> Clear		3rd Phase
		222832368 <b>Rahu</b>	3:35PM – 5:07PM	Balava Until 12:20PM	Moon – White		
Creative Work	Siddha Yoga			<b>Dvitiya Until 11:16PM</b>	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>

<b>2</b>		<b>Wednesday, April 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau		Port Harcourt, Nigeria Sun 17 Sutra 2 Vilamba 5120	
Vrishabha Rasi: 1.43	Tithi 3	<b>Gulika</b>	11:00AM – 12:31PM	<b>Krittika Until 7:48PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:25AM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 1
		Yama	7:57AM – 9:28AM	Ayushman Until 12:42PM	<b>Nataraja:</b> Clear		3rd Phase
		222832368 <b>Rahu</b>	12:31PM – 2:03PM	Taitila Until 10:10AM	Moon – White		
Creative Work	Amrita Yoga			<b>Tritiya Until 9:00PM</b>	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>
Until 7:48PM		<b>Akshaya Tritiya</b>					
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Thursday, April 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 3 Vilamba 5120	
Vrishabha Rasi: 15.59	Tithi 4	<b>Gulika</b>	9:28AM – 11:00AM	<b>Rohini Until 6:20PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:25AM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 1
		Yama	6:25AM – 7:56AM	Saubhagya Until 9:41AM	<b>Nataraja:</b> Clear		3rd Phase
		223832368 <b>Rahu</b>	2:03PM – 3:35PM	Vanija Until 7:50AM	Moon – Yellow		
Routine Work	Marana Yoga			<b>Chaturthi* Until 6:38PM</b>	<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>
							Devaloka Time: 6:PM to 9:PM

<b>4</b>		<b>Friday, April 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 4 Vilamba 5120	
Mithuna Rasi: 0.16	Tithi 5 – 6	<b>Gulika</b>	7:56AM – 9:28AM	<b>Mrigashira Until 4:43PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:24AM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 1
		Yama	3:34PM – 5:06PM	Sobhana Until 6:39AM	<b>Nataraja:</b> Clear		3rd Phase
		223832368 <b>Rahu</b>	10:59AM – 12:31PM	Kaulava Until 3:08AM Sat	Moon – Yellow		
Creative Work	Siddha Yoga			<b>Panchami Until 4:16PM</b>	<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>
		<b>Adi Sankara Jayanthi</b>					Devaloka Time: 6:PM to 9:PM

<b>5</b>		<b>Saturday, April 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 5 Vilamba 5120	
Mithuna Rasi: 14.32	Tithi 6 – 7	<b>Gulika</b>	6:24AM – 7:56AM	<b>Ardra Until 3:03PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:24AM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 1
		Yama	2:03PM – 3:34PM	Sukarma Until 12:43AM Sun	<b>Nataraja:</b> Clear		3rd Phase
		223832368 <b>Rahu</b>	9:27AM – 10:59AM	Gara Until 12:54AM Sun	Moon – Yellow		
Creative Work	Siddha Yoga			<b>Shashthi* Until 1:59PM</b>	<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>
							Devaloka Time: 6:PM to 9:PM

<b>☾</b>		<b>Sunday, April 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 6 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	3:34PM – 5:06PM	<b>Punarvasu Until 1:48PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:24AM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 1
Mithuna Rasi: 28.44	Tithi 7 – 8	Yama	12:31PM – 2:02PM	Dhriti Until 9:55PM	<b>Nataraja:</b> Clear		Ashtami
		243832368 <b>Rahu</b>	5:06PM – 6:38PM	Visti Until 10:48PM	Moon – Blue		
Creative Work	Siddha Yoga			<b>Saptami Until 11:49AM</b>	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>

<b>☾</b>		<b>Monday, April 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 7 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	2:02PM – 3:34PM	<b>Pushya Until 12:34PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:23AM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 1
Kataka Rasi: 12.49	Tithi 8 – 9	Yama	10:59AM – 12:30PM	Shula* Until 7:15PM	<b>Nataraja:</b> Clear		Navami
<b>Family Home Evening</b>		243832368 <b>Rahu</b>	7:55AM – 9:27AM	Balava Until 8:53PM	Moon – Blue		
Creative Work	Siddha Yoga			<b>Ashtami* Until 9:48AM</b>	<b>Vaisaka-Chaitra</b>		<b>Devaloka Day</b>

<b>1</b>		<b>Tuesday, April 24, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 8 Vilamba 5120	
Kataka Rasi: 26.48	Tithi 9 – 10	<b>Gulika</b>	12:30PM – 2:02PM	<b>Ashlesha* Until 11:21AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:23AM			
		Yama	9:27AM – 10:58AM	Ganda* Until 4:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 2		
Creative Work	Siddha Yoga	243832368	<b>Rahu</b>	3:34PM – 5:06PM	Taitila Until 7:09PM	<b>Nataraja:</b> Clear	4th Phase		
				<b>Navami* Until 7:58AM</b>	Moon – Blue	<b>Devaloka Day</b>			
					<b>Vaisaka-Chaitra</b>				

<b>2</b>		<b>Wednesday, April 25, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 9 Vilamba 5120	
Simha Rasi: 10.4	Tithi 10 – 11	<b>Gulika</b>	10:58AM – 12:30PM	<b>Magha* Until 10:37AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM			
		Yama	7:54AM – 9:26AM	Vridhhi Until 2:22PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 2		
Creative Work	Siddha Yoga	253832369	<b>Rahu</b>	12:30PM – 2:02PM	Visti Until 4:52AM Thu	<b>Nataraja:</b> Purple	4th Phase		
Until 10:37AM				<b>Dashami Until 6:19AM</b>	Moon – Red	<b>Bhuloka Day</b>			
Then Creative Work - Amrita Yoga					<b>Vaisaka-Chaitra</b>				

<b>3</b>		<b>Thursday, April 26, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 10 Vilamba 5120	
Simha Rasi: 24.25	Tithi 12	<b>Gulika</b>	9:26AM – 10:58AM	<b>Purvaphalguni Until 9:56AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM			
		Yama	6:22AM – 7:54AM	Dhruva Until 12:09PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 2		
Creative Work	Siddha Yoga	253832369	<b>Rahu</b>	2:02PM – 3:34PM	Bava Until 4:15PM	<b>Nataraja:</b> Purple	4th Phase		
				<b>Dvadashi Until 3:39AM Fri</b>	Moon – Red	<b>Bhuloka Day</b>			
					<b>Vaisaka-Chaitra</b>				

<b>4</b>		<b>Friday, April 27, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 11 Vilamba 5120	
Kanya Rasi: 8.01	Tithi 13	<b>Gulika</b>	7:54AM – 9:26AM	<b>Uttaraphalguni Until 9:21AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM			
		Yama	3:33PM – 5:05PM	Vyaghata* Until 10:09AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 2		
Creative Work	Siddha Yoga	253832369	<b>Rahu</b>	10:58AM – 12:30PM	Kaulava Until 3:10PM	<b>Nataraja:</b> Purple	4th Phase		
Until 9:21AM				<b>Trayodashi Until 2:43AM Sat</b>	Moon – Red	<b>Bhuloka Day</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>	<b>Vaisaka-Chaitra</b>				

<b>5</b>		<b>Saturday, April 28, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 12 Vilamba 5120	
Kanya Rasi: 21.28	Tithi 14	<b>Gulika</b>	6:22AM – 7:54AM	<b>Hasta Until 9:21AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM			
		Yama	2:01PM – 3:33PM	Harshana Until 8:24AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 2		
Routine Work	Marana Yoga	263832369	<b>Rahu</b>	9:26AM – 10:58AM	Gara Until 2:23PM	<b>Nataraja:</b> Purple	4th Phase		
				<b>Chaturdashi* Until 2:07AM Sun</b>	Moon – Green	<b>Bhuloka Day</b>			
					<b>Vaisaka-Chaitra</b>	Devaloka Time: 6:AM to 9:AM			

<b>○</b>		<b>Sunday, April 29, 2018</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnimayam Titau		Port Harcourt, Nigeria Sutra 13 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b>	3:33PM – 5:05PM	<b>Chitra Until 9:34AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM			
Tula Rasi: 4.42	Tithi 15	Yama	12:29PM – 2:01PM	Vajra* Until 6:56AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 2		
Creative Work	Siddha Yoga	263832369	<b>Rahu</b>	5:05PM – 6:37PM	Visti Until 2:00PM	<b>Nataraja:</b> Purple	Purnima		
				<b>Purnima* Until 1:57AM Mon</b>	Moon – Green	<b>Bhuloka Day</b>			
				<b>Budha Purnima (Tamil Nadu)</b>	<b>Vaisaka-Chaitra</b>	Devaloka Time: 6:AM to 9:AM			

<b>Monday, April 30, 2018</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau		Port Harcourt, Nigeria Sutra 14 Vilamba 5120	
Tula Rasi: 17.43	Tithi 16	<b>Gulika</b>	2:01PM – 3:33PM	<b>Svati Until 10:04AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM			
<b>Family Home Evening</b>		Yama	10:57AM – 12:29PM	Vyatipata* Until 5:06AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 2		
Creative Work	Amrita Yoga	263832369	<b>Rahu</b>	7:53AM – 9:25AM	Balava Until 2:04PM	<b>Nataraja:</b> Purple	Prathama		
Until 10:04AM				<b>Prathama* Until 2:17AM Tue</b>	Moon – Green	<b>Bhuloka Day</b>			
Then Routine Work - Marana Yoga					<b>Vaisaka-Chaitra</b>	Devaloka Time: 6:AM to 9:AM			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda