



**Friday, May 12, 2017**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha Nakshatra Parigha\*/Shiva Yoga Tailila Karana Dvitiyayam Titau

Kathmandu, Nepal  
Sutra 25  
Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Vrischika Rasi: 9.38    Tiithi 17  
273381369  
Creative Work    Siddha Yoga  
Until 8:10PM  
Then Routine Work - Marana Yoga

**Gulika** 6:43AM – 8:24AM  
Yama 3:07PM – 4:48PM  
**Rahu** 10:05AM – 11:46AM

**Anuradha\* Until 8:10PM**  
Parigha\* Until 5:43PM  
Tailila Until 6:40PM  
**Dvitiya Until 7:50AM Sat**

**Ganesha:** Blue    *Sunrise:* 5:03AM  
**Muruga:** Blue    *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**1**

**Saturday, May 13, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal  
Sun 1    Sutra 26  
Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Vrischika Rasi: 21.32    Tiithi 17 – 18  
273381369  
Creative Work    Siddha Yoga

**Gulika** 5:02AM – 6:43AM  
Yama 1:27PM – 3:08PM  
**Rahu** 8:24AM – 10:05AM

**Jyeshtha\* Until 10:56PM**  
Shiva Until 6:39PM  
Vanija Until 9:03PM  
**Dvitiya Until 7:50AM**

**Ganesha:** Blue    *Sunrise:* 5:02AM  
**Muruga:** Blue    *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**2**

**Sunday, May 14, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal  
Sun 2    Sutra 27  
Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Dhanus Rasi: 3.24    Tiithi 18 – 19  
283381369  
Creative Work    Amrita Yoga  
Until 2:03AM Mon  
Then Routine Work - Marana Yoga

**Gulika** 3:08PM – 4:49PM  
Yama 11:46AM – 1:27PM  
**Rahu** 4:49PM – 6:30PM

**Mula\* Until 2:03AM Mon**  
Siddha Until 7:34PM  
Bava Until 11:27PM  
**Tritiya Until 10:14AM**

**Ganesha:** Yellow    *Sunrise:* 5:02AM  
**Muruga:** Blue    *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Mother's Day

**3**

**Monday, May 15, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal  
Sun 3    Sutra 28  
Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Dhanus Rasi: 15.17    Tiithi 19 – 20  
283381369  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 4:52AM Tue  
Then Routine Work - Prabalarishta Yoga

**Gulika** 1:27PM – 3:08PM  
Yama 10:05AM – 11:46AM  
**Rahu** 6:42AM – 8:23AM

**Purvashadha\* Until 4:52AM Tue**  
Sadhya Until 8:25PM  
Kaulava Until 1:44AM Tue  
**Chaturthi\* Until 12:35PM**

**Ganesha:** Yellow    *Sunrise:* 5:01AM  
**Muruga:** Blue    *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Tuesday, May 16, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal  
Sun 4    Sutra 29  
Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Dhanus Rasi: 27.13    Tiithi 20 – 21  
283381369  
Routine Work    Prabalarishta Yoga  
Until 7:13AM Wed  
Then Creative Work - Siddha Yoga

**Gulika** 11:46AM – 1:27PM  
Yama 8:23AM – 10:04AM  
**Rahu** 3:08PM – 4:50PM

**Uttarashadha Until 7:13AM Wed**  
Subha Until 9:06PM  
Gara Until 3:43AM Wed  
**Panchami Until 2:45PM**

**Ganesha:** Yellow    *Sunrise:* 5:00AM  
**Muruga:** Blue    *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**5**

**Wednesday, May 17, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal  
Sun 5    Sutra 30  
Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Makara Rasi: 9.17    Tiithi 21 – 22  
284381369  
Creative Work    Amrita Yoga  
Until 7:13AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:04AM – 11:46AM  
Yama 6:41AM – 8:23AM  
**Rahu** 11:46AM – 1:27PM

**Uttarashadha Until 7:13AM**  
Sukla Until 9:26PM  
Visti Until 5:15AM Thu  
**Shashthi\* Until 4:32PM**

**Ganesha:** Red    *Sunrise:* 5:00AM  
**Muruga:** Blue    *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**6**

**Thursday, May 18, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal  
Sun 6    Sutra 31  
Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Makara Rasi: 21.33    Tiithi 22 – 23  
294381369  
Creative Work    Siddha Yoga

**Gulika** 8:23AM – 10:04AM  
Yama 4:59AM – 6:41AM  
**Rahu** 1:27PM – 3:09PM

**Shravana Until 9:26AM**  
Brahma Until 9:19PM  
Balava Until 6:07AM Fri  
**Saptami Until 5:45PM**

**Ganesha:** Green    *Sunrise:* 4:59AM  
**Muruga:** Blue    *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**

**Retreat Star**

**Friday, May 19, 2017**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal  
Sun 7    Sutra 32  
Hemalamba 5119  
Moon 5 - Phase 4  
Ashtami

Kumbha Rasi: 4.05    Tiithi 23  
294381369  
Creative Work    Siddha Yoga

**Gulika** 6:41AM – 8:22AM  
Yama 3:09PM – 4:51PM  
**Rahu** 10:04AM – 11:46AM

**Dhanishtha Until 10:49AM**  
Indra Until 8:38PM  
Balava Until 6:07AM  
**Ashtami\* Until 6:15PM**

**Ganesha:** Green    *Sunrise:* 4:59AM  
**Muruga:** Blue    *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**

**Saturday, May 20, 2017**

**Retreat Star**

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vaidhriti\* Yoga Tailila/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal  
Sun 8    Sutra 33  
Hemalamba 5119  
Moon 5 - Phase 4  
Navami

Kumbha Rasi: 17.01    Tiithi 24 – 25  
294381369  
Creative Work    Amrita Yoga  
Until 11:16AM  
Then Routine Work - Marana Yoga

**Gulika** 4:58AM – 6:40AM  
Yama 1:28PM – 3:10PM  
**Rahu** 8:22AM – 10:04AM

**Shatabhishak Until 11:16AM**  
Vaidhriti\* Until 7:16PM  
Tailila Until 6:12AM  
**Navami\* Until 5:54PM**

**Ganesha:** Green    *Sunrise:* 4:58AM  
**Muruga:** Blue    *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**

1

Sunday, May 21, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprashthapada\*/Uttaraprashthapada Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Dashami/Ekadashyam Titau

Kathmandu, Nepal

Meena Rasi: 0.23    Tihi 25 – 26

Gulika 3:10PM – 4:52PM  
Yama 11:46AM – 1:28PM  
Rahu 4:52PM – 6:34PMPurvaprashthapada\* Until 11:10AM  
Vishkambha\* Until 5:13PM  
Bava Until 3:48AM Mon  
Dashami Until 4:42PMGanesha: Purple    Sunrise: 4:58AM  
Muruga: Blue    Sunset: 6:34PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-VaikasiSun 9    Sutra 34  
Hemalamba 5119  
Moon 5 - Phase 5  
2nd Phase

Bhuloka Day

Creative Work    Siddha Yoga  
Until 11:10AM

Then Creative Work - Amrita Yoga

2

Monday, May 22, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprashthapada\*/Revati Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Kathmandu, Nepal

Meena Rasi: 14.14    Tihi 26 – 27

Gulika 1:28PM – 3:10PM  
Yama 10:04AM – 11:46AM  
Rahu 6:40AM – 8:22AMUttaraprashthapada Until 10:06AM  
Priti Until 2:32PM  
Kaulava Until 1:26AM Tue  
Ekadashi\* Until 2:41PMGanesha: Purple    Sunrise: 4:58AM  
Muruga: Blue    Sunset: 6:34PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-VaikasiSun 10    Sutra 35  
Hemalamba 5119  
Moon 5 - Phase 5  
2nd Phase

Bhuloka Day

Creative Work    Siddha Yoga

Family Home Evening

3

Tuesday, May 23, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau

Kathmandu, Nepal

Meena Rasi: 28.35    Tihi 27 – 28

Gulika 11:46AM – 1:28PM  
Yama 8:22AM – 10:04AM  
Rahu 3:11PM – 4:53PMRevati Until 8:11AM  
Ayushman Until 11:15AM  
Gara Until 10:26PM  
Dvadashi\* Until 11:59AM  
*Pradosha Vrata (Fasting)*Ganesha: Purple    Sunrise: 4:57AM  
Muruga: Blue    Sunset: 6:35PM  
Nataraja: Purple  
Moon – Clear  
Vaisaka-VaikasiSun 11    Sutra 36  
Hemalamba 5119  
Moon 5 - Phase 5  
2nd Phase

Bhuloka Day

Creative Work    Siddha Yoga

4

Wednesday, May 24, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trayodashi/Chaturdashyam Titau

Kathmandu, Nepal

Mesha Rasi: 13.21    Tihi 28 – 29

Gulika 10:04AM – 11:46AM  
Yama 6:39AM – 8:21AM  
Rahu 11:46AM – 1:28PMBharani Until 3:10AM Thu  
Saubhagya Until 7:31AM  
Visti Until 6:59PM  
Trayodashi\* Until 8:44AMGanesha: Light Blue    Sunrise: 4:57AM  
Muruga: Blue    Sunset: 6:36PM  
Nataraja: Purple  
Moon – White  
Vaisaka-VaikasiSun 12    Sutra 37  
Hemalamba 5119  
Moon 5 - Phase 5  
2nd Phase

Bhuloka Day

Creative Work    Siddha Yoga

Until 3:10AM Thu

Then Routine Work - Marana Yoga

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Thursday, May 25, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Athiganda\* Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau

Kathmandu, Nepal

Mesha Rasi: 28.26    Tihi 30

Gulika 8:21AM – 10:04AM  
Yama 4:56AM – 6:39AM  
Rahu 1:29PM – 3:11PMKrittika Until 12:02AM Fri  
Athiganda\* Until 11:13PM  
Catuspada Until 3:13PM  
Amavasya\* Until 1:16AM FriGanesha: Light Blue    Sunrise: 4:56AM  
Muruga: Blue    Sunset: 6:36PM  
Nataraja: Purple  
Moon – White  
Vaisaka-VaikasiSun 13    Sutra 38  
Hemalamba 5119  
Moon 5 - Phase 5  
Amavasya

Bhuloka Day

Routine Work    Marana Yoga

Friday, May 26, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Sukarma Yoga Kintughna\*/Bava Karana Prathamayam Titau

Kathmandu, Nepal

Vrishabha Rasi: 13.42    Tihi 1

Gulika 6:39AM – 8:21AM  
Yama 3:11PM – 4:54PM  
Rahu 10:04AM – 11:46AMRohini Until 9:07PM  
Sukarma Until 6:55PM  
Kintughna Until 11:20AM  
Prathama\* Until 9:23PMGanesha: Light Blue    Sunrise: 4:56AM  
Muruga: Blue    Sunset: 6:37PM  
Nataraja: Purple  
Moon – Yellow  
Jyeshtha-VaikasiSun 14    Sutra 39  
Hemalamba 5119  
Moon 5 - Phase 5  
Prathama

Bhuloka Day

Routine Work    Marana Yoga

Until 9:07PM

Then Creative Work - Siddha Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Saturday, May 27, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 40
	Vrishabha Rasi: 28.58	Titithi 2 – 3	334481369	<b>Gulika</b> 4:56AM – 6:38AM Yama 1:29PM – 3:12PM <b>Rahu</b> 8:21AM – 10:04AM	<b>Mrigashira</b> Until 6:12PM Dhriti Until 2:44PM Balava Until 7:30AM Dvitiya Until 5:38PM	Ganesh: Purple Sunrise: 4:56AM Muruga: Blue Sunset: 6:37PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Hemalamba 5119 Moon 5 - Phase 6 3rd Phase <b>Bhuloka Day</b>
	Creative Work Siddha Yoga						
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<b>2</b>	<b>Sunday, May 28, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Kathmandu, Nepal Sun 16 Sutra 41
	Mithuna Rasi: 14.02	Titithi 3 – 4	334481369	<b>Gulika</b> 3:12PM – 4:55PM Yama 11:47AM – 1:29PM <b>Rahu</b> 4:55PM – 6:38PM	<b>Ardra</b> Until 3:28PM Shula* Until 10:46AM Vanija Until 12:39AM Mon Tritiya Until 2:12PM	Ganesh: Purple Sunrise: 4:55AM Muruga: Blue Sunset: 6:38PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Hemalamba 5119 Moon 5 - Phase 6 3rd Phase <b>Bhuloka Day</b>
	Creative Work Siddha Yoga						
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<b>3</b>	<b>Monday, May 29, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 17 Sutra 42
	Mithuna Rasi: 28.48	Titithi 4 – 5	345481369	<b>Gulika</b> 1:30PM – 3:12PM Yama 10:04AM – 11:47AM <b>Rahu</b> 6:38AM – 8:21AM	<b>Punarvasu</b> Until 1:29PM Ganda* Until 7:10AM Bava Until 9:58PM Chaturthi* Until 11:13AM	Ganesh: Purple Sunrise: 4:55AM Muruga: Blue Sunset: 6:38PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Hemalamba 5119 Moon 5 - Phase 6 3rd Phase <b>Bhuloka Day</b>
	Creative Work Amrita Yoga Until 1:29PM Then Creative Work - Siddha Yoga						
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<b>4</b>	<b>Tuesday, May 30, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 18 Sutra 43
	Kataka Rasi: 13.09	Titithi 5 – 6	345481369	<b>Gulika</b> 11:47AM – 1:30PM Yama 8:21AM – 10:04AM <b>Rahu</b> 3:13PM – 4:56PM	<b>Pushya</b> Until 11:59AM Dhruva Until 1:32AM Wed Kaulava Until 7:57PM Panchami Until 8:51AM	Ganesh: Purple Sunrise: 4:55AM Muruga: Blue Sunset: 6:39PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Hemalamba 5119 Moon 5 - Phase 6 3rd Phase <b>Bhuloka Day</b>
	Creative Work Siddha Yoga						
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<b>5</b>	<b>Wednesday, May 31, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 19 Sutra 44
	Kataka Rasi: 27.02	Titithi 6 – 7	345481369	<b>Gulika</b> 10:04AM – 11:47AM Yama 6:38AM – 8:21AM <b>Rahu</b> 11:47AM – 1:30PM	<b>Ashlesha*</b> Until 11:04AM Vyaghata* Until 11:37PM Gara Until 6:41PM Shashthi* Until 7:12AM	Ganesh: Purple Sunrise: 4:55AM Muruga: Blue Sunset: 6:39PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Hemalamba 5119 Moon 5 - Phase 6 3rd Phase <b>Bhuloka Day</b>
	Creative Work Siddha Yoga						
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<b>D</b>	<b>Thursday, June 1, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 20 Sutra 45		
	<b>Retreat Star</b>		Simha Rasi: 10.28	Titithi 7 – 8	355481369	<b>Gulika</b> 8:21AM – 10:04AM Yama 4:54AM – 6:38AM <b>Rahu</b> 1:30PM – 3:13PM	<b>Magha*</b> Until 11:13AM Harshana Until 10:21PM Visti Until 6:12PM Saptami Until 6:20AM	Ganesh: Clear Sunrise: 4:54AM Muruga: Blue Sunset: 6:40PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Hemalamba 5119 Moon 5 - Phase 6 Ashtami <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work Amrita Yoga Until 11:13AM Then Creative Work - Siddha Yoga								
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<b>D</b>	<b>Friday, June 2, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 21 Sutra 46		
	<b>Retreat Star</b>		Simha Rasi: 23.28	Titithi 8 – 9	355481369	<b>Gulika</b> 6:37AM – 8:21AM Yama 3:14PM – 4:57PM <b>Rahu</b> 10:04AM – 11:47AM	<b>Purvaphalguni</b> Until 11:59AM Vajra* Until 9:39PM Balava Until 6:29PM Ashtami* Until 6:14AM	Ganesh: Clear Sunrise: 4:54AM Muruga: Blue Sunset: 6:40PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Hemalamba 5119 Moon 5 - Phase 6 Navami <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work Siddha Yoga								
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<b>1</b> Saturday, June 3, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Kathmandu, Nepal Sun 22 Sutra 47
Kanya Rasi: 6.08	Tithi 9 – 10	<b>Gulika</b> 4:54AM – 6:37AM	<b>Uttaraphalguni</b> Until 1:16PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:54AM	Hemalamba 5119
		Yama 1:31PM – 3:14PM	Siddhi Until 9:29PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
Routine Work	Marana Yoga	355481369 <b>Rahu</b> 8:21AM – 10:04AM	Taitila Until 7:26PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Navami*</b> Until 6:52AM	Moon – Red		
				<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2</b> Sunday, June 4, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 23 Sutra 48
Kanya Rasi: 18.31	Tithi 10 – 11	<b>Gulika</b> 3:14PM – 4:58PM	<b>Hasta</b> Until 3:25PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM	Hemalamba 5119
		Yama 11:48AM – 1:31PM	Vyatipata* Until 9:43PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
Creative Work	Amrita Yoga	365481369 <b>Rahu</b> 4:58PM – 6:41PM	Vanija Until 8:54PM	<b>Nataraja:</b> Purple		4th Phase
Until 3:25PM			<b>Dashami</b> Until 8:05AM	Moon – Green		
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>	

<b>3</b> Monday, June 5, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 49
Tula Rasi: 0.43	Tithi 11 – 12	<b>Gulika</b> 1:31PM – 3:15PM	<b>Chitra</b> Until 5:48PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM	Hemalamba 5119
<b>Family Home Evening</b>		Yama 10:04AM – 11:48AM	Variyan Until 10:13PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7
Routine Work	Prabalarishta Yoga	365481361 <b>Rahu</b> 6:37AM – 8:21AM	Bava Until 10:45PM	<b>Nataraja:</b> White		4th Phase
Until 5:48PM			<b>Ekadashi</b> Until 9:46AM	Moon – Green		
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>	

<b>4</b> Tuesday, June 6, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 25 Sutra 50
Tula Rasi: 12.46	Tithi 12 – 13	<b>Gulika</b> 11:48AM – 1:31PM	<b>Svati</b> Until 8:18PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM	Hemalamba 5119
		Yama 8:21AM – 10:04AM	Parigha* Until 10:56PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7
Creative Work	Siddha Yoga	365481361 <b>Rahu</b> 3:15PM – 4:58PM	Kaulava Until 12:52AM Wed	<b>Nataraja:</b> White		4th Phase
Until 8:18PM			<b>Dvadashi</b> Until 11:46AM	Moon – Green		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>	

<b>5</b> Wednesday, June 7, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 26 Sutra 51
Tula Rasi: 24.44	Tithi 13 – 14	<b>Gulika</b> 10:04AM – 11:48AM	<b>Vishakha</b> Until 11:17PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM	Hemalamba 5119
		Yama 6:37AM – 8:21AM	Shiva Until 11:47PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7
Creative Work	Siddha Yoga	376481361 <b>Rahu</b> 11:48AM – 1:32PM	Gara Until 3:08AM Thu	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi</b> Until 1:58PM	Moon – Orange		
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>	

<b>6</b> Thursday, June 8, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sun 27 Sutra 52
Vrischika Rasi: 6.39	Tithi 14 – 15	<b>Gulika</b> 8:21AM – 10:05AM	<b>Anuradha</b> Until 2:12AM Fri	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM	Hemalamba 5119
		Yama 4:54AM – 6:37AM	Siddha Until 12:41AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 7
Creative Work	Siddha Yoga	376481361 <b>Rahu</b> 1:32PM – 3:16PM	Visti Until 5:29AM Fri	<b>Nataraja:</b> White		4th Phase
Until 2:12AM Fri			<b>Chaturdashi*</b> Until 4:17PM	Moon – Orange		
Then Routine Work - Marana Yoga				<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>	

<b>○</b> Friday, June 9, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Bava Karana Purnimayam Titau				Kathmandu, Nepal Sutra 53
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:37AM – 8:21AM	<b>Jyeshtha*</b> Until 4:58AM Sat	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:53AM	Hemalamba 5119
Vrischika Rasi: 18.32	Tithi 15	Yama 3:16PM – 5:00PM	Sadhya Until 1:36AM Sat	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 7
		376481361 <b>Rahu</b> 10:05AM – 11:48AM	Bava Until 6:38PM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> Until 6:38PM	Moon – Orange		
Until 4:58AM Sat				<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>○</b> Saturday, June 10, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 54
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:53AM – 6:37AM	<b>Mula*</b> Until 8:01AM Sun	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:53AM	Hemalamba 5119
Dhanus Rasi: 0.25	Tithi 16	Yama 1:32PM – 3:16PM	Subha Until 2:31AM Sun	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 7
		386481361 <b>Rahu</b> 8:21AM – 10:05AM	Balava Until 7:50AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:59PM	Moon – Light Blue		
				<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



**Sunday, June 11, 2017**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal  
Sun 1 Sutra 55

Dhanus Rasi: 12.19 Tiithi 17

**Gulika** 3:16PM – 5:00PM  
Yama 11:49AM – 1:33PM  
Rahu 5:00PM – 6:44PM

**Mula\* Until 8:01AM**  
Sukla Until 3:19AM Mon  
Tailila Until 10:08AM  
Dvitiya Until 11:14PM

**Ganesha:** Yellow *Sunrise:* 4:53AM  
**Muruga:** Blue *Sunset:* 6:44PM  
**Nataraja:** White  
Moon – Light Blue  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga  
Until 8:01AM

Then Creative Work - Siddha Yoga

**1**

**Monday, June 12, 2017**

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kathmandu, Nepal  
Sun 2 Sutra 56

Dhanus Rasi: 24.16 Tiithi 18

**Gulika** 1:33PM – 3:17PM  
Yama 10:05AM – 11:49AM  
Rahu 6:37AM – 8:21AM

**Purvashadha\* Until 10:47AM**  
Brahma Until 4:00AM Tue  
Vanija Until 12:19PM  
Tritiya Until 1:18AM Tue

**Ganesha:** Yellow *Sunrise:* 4:53AM  
**Muruga:** Blue *Sunset:* 6:44PM  
**Nataraja:** White  
Moon – Light Blue  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Family Home Evening**  
Routine Work Marana Yoga

Then Creative Work - Siddha Yoga

**2**

**Tuesday, June 13, 2017**

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal  
Sun 3 Sutra 57

Makara Rasi: 6.17 Tiithi 19

**Gulika** 11:49AM – 1:33PM  
Yama 8:21AM – 10:05AM  
Rahu 3:17PM – 5:01PM

**Uttarashadha Until 1:10PM**  
Indra Until 4:27AM Wed  
Bava Until 2:15PM  
Chaturthi\* Until 3:04AM Wed

**Ganesha:** Yellow *Sunrise:* 4:54AM  
**Muruga:** Blue *Sunset:* 6:45PM  
**Nataraja:** White  
Moon – Light Blue  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga  
Until 1:10PM

Then Creative Work - Siddha Yoga

**3**

**Wednesday, June 14, 2017**

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Yoga Kaulava/Tailila Karana Panchamyam Titau

Kathmandu, Nepal  
Sun 4 Sutra 58

Makara Rasi: 18.26 Tiithi 20

**Gulika** 10:05AM – 11:49AM  
Yama 6:38AM – 8:21AM  
Rahu 11:49AM – 1:33PM

**Shravana Until 3:33PM**  
Vaidhriti\* Until 4:32AM Thu  
Kaulava Until 3:50PM  
Panchami Until 4:25AM Thu

**Ganesha:** Blue *Sunrise:* 4:54AM  
**Muruga:** Blue *Sunset:* 6:45PM  
**Nataraja:** White  
Moon – Purple  
Jyeshtha-Vaikasi

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga  
Until 3:33PM

Then Routine Work - Prabalarishta Yoga

**4**

**Thursday, June 15, 2017**

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal  
Sun 5 Sutra 59

Kumbha Rasi: 0.47 Tiithi 21

**Gulika** 8:22AM – 10:06AM  
Yama 4:54AM – 6:38AM  
Rahu 1:34PM – 3:18PM

**Dhanishtha Until 5:16PM**  
Vishkambha\* Until 4:11AM Fri  
Gara Until 4:55PM  
Shashthi\* Until 5:13AM Fri

**Ganesha:** Yellow *Sunrise:* 4:54AM  
**Muruga:** Blue *Sunset:* 6:46PM  
**Nataraja:** White  
Moon – Purple  
Jyeshtha-Ani

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

**5**

**Friday, June 16, 2017**

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Priti Yoga Visti\*/Bava Karana Saptamyam Titau

Kathmandu, Nepal  
Sun 6 Sutra 60

Kumbha Rasi: 13.22 Tiithi 22

**Gulika** 6:38AM – 8:22AM  
Yama 3:18PM – 5:02PM  
Rahu 10:06AM – 11:50AM

**Shatabhishak Until 6:14PM**  
Priti Until 3:20AM Sat  
Visti Until 5:22PM  
Saptami Until 5:19AM Sat

**Ganesha:** Yellow *Sunrise:* 4:54AM  
**Muruga:** Blue *Sunset:* 6:46PM  
**Nataraja:** White  
Moon – Purple  
Jyeshtha-Ani

Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

**D**

**Saturday, June 17, 2017**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal  
Sun 7 Sutra 61

Kumbha Rasi: 26.17 Tiithi 23

**Gulika** 4:54AM – 6:38AM  
Yama 1:34PM – 3:18PM  
Rahu 8:22AM – 10:06AM

**Purvaproshtapada\* Until 6:48PM**  
Ayushman Until 1:52AM Sun  
Balava Until 5:07PM  
Ashtami\* Until 4:41AM Sun

**Ganesha:** Clear *Sunrise:* 4:54AM  
**Muruga:** Blue *Sunset:* 6:46PM  
**Nataraja:** White  
Moon – Clear  
Jyeshtha-Ani

Hemalamba 5119  
Moon 6 - Phase 8  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga  
Until 6:48PM

Then Creative Work - Siddha Yoga

**Sunday, June 18, 2017**

**Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya Yoga Tailila/Gara Karana Navamyam Titau

Kathmandu, Nepal  
Sun 8 Sutra 62

Meena Rasi: 9.35 Tiithi 24

**Gulika** 3:18PM – 5:02PM  
Yama 11:50AM – 1:34PM  
Rahu 5:02PM – 6:46PM

**Uttaraproshtapada Until 6:28PM**  
Saubhagya Until 11:47PM  
Tailila Until 4:05PM  
Navami\* Until 3:17AM Mon

**Ganesha:** Clear *Sunrise:* 4:54AM  
**Muruga:** Blue *Sunset:* 6:46PM  
**Nataraja:** White  
Moon – Clear  
Jyeshtha-Ani

Hemalamba 5119  
Moon 6 - Phase 8  
Navami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga


Father's Day

<b>1</b>		<b>Monday, June 19, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Vanija/Visli* Karana Dashamyam Titau			Kathmandu, Nepal Sun 9 Sutra 63	
Meena Rasi: 23.19	Tithi 25	<b>Gulika</b>	1:34PM – 3:19PM	<b>Revati</b> Until 5:14PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:54AM	Hemalamba 5119	
<b>Family Home Evening</b>	317481361	Yama	10:06AM – 11:50AM	Sobhana Until 9:08PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 9	
Creative Work	Siddha Yoga	<b>Rahu</b>	6:38AM – 8:22AM	Vanija Until 2:19PM	<b>Nataraja:</b> White		2nd Phase	
				<b>Dashami</b> Until 1:10AM Tue	Moon – Clear		<b>Bhuloka Day</b>	
					<b>Jyeshtha•Ani</b>		Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Tuesday, June 20, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau			Kathmandu, Nepal Sun 10 Sutra 64	
Mesha Rasi: 7.3	Tithi 26	<b>Gulika</b>	11:51AM – 1:35PM	<b>Ashvini</b> Until 3:39PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:54AM	Hemalamba 5119	
	327481361	Yama	8:23AM – 10:07AM	Athiganda* Until 5:56PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 9	
Creative Work	Siddha Yoga	<b>Rahu</b>	3:19PM – 5:03PM	Bava Until 11:53AM	<b>Nataraja:</b> White		2nd Phase	
				<b>Ekadashi*</b> Until 10:25PM	Moon – White		<b>Bhuloka Day</b>	
					<b>Jyeshtha•Ani</b>			

<b>3</b>		<b>Wednesday, June 21, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau			Kathmandu, Nepal Sun 11 Sutra 65	
Mesha Rasi: 22.06	Tithi 27	<b>Gulika</b>	10:07AM – 11:51AM	<b>Bharani</b> Until 1:22PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:55AM	Hemalamba 5119	
	328581361	Yama	6:39AM – 8:23AM	Sukarma Until 2:18PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 9	
Creative Work	Siddha Yoga	<b>Rahu</b>	11:51AM – 1:35PM	Kaulava Until 8:52AM	<b>Nataraja:</b> White		2nd Phase	
Until 1:22PM				<b>Dvadashi*</b> Until 7:11PM	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Jyeshtha•Ani</b>			

<b>4</b>		<b>Thursday, June 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau			Kathmandu, Nepal Sun 12 Sutra 66	
Vrishabha Rasi: 7.02	Tithi 28 – 29	<b>Gulika</b>	8:23AM – 10:07AM	<b>Krittika</b> Until 10:34AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:55AM	Hemalamba 5119	
	328581361	Yama	4:55AM – 6:39AM	Dhriti Until 10:21AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 9	
Routine Work	Marana Yoga	<b>Rahu</b>	1:35PM – 3:19PM	Visli Until 1:45AM Fri	<b>Nataraja:</b> White		2nd Phase	
				<b>Trayodashi*</b> Until 3:37PM	Moon – White		<b>Bhuloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>	<b>Jyeshtha•Ani</b>			

		<b>Friday, June 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Kathmandu, Nepal Sun 13 Sutra 67	
<b>Retreat Star</b>		<b>Gulika</b>	6:39AM – 8:23AM	<b>Rohini</b> Until 7:47AM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:55AM	Hemalamba 5119	
Vrishabha Rasi: 22.11	Tithi 29 – 30	Yama	3:19PM – 5:03PM	Shula* Until 6:12AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 9	
	338581361	<b>Rahu</b>	10:07AM – 11:51AM	Catuspada Until 9:58PM	<b>Nataraja:</b> White		Amavasya	
Routine Work	Marana Yoga			<b>Chaturdashi*</b> Until 11:51AM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 7:47AM					<b>Jyeshtha•Ani</b>			
Then Creative Work - Siddha Yoga								

<b>Saturday, June 24, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Kathmandu, Nepal Sun 14 Sutra 68	
Mithuna Rasi: 7.23	Tithi 30 – 1	<b>Gulika</b>	4:55AM – 6:39AM	<b>Ardra</b> Until 1:52AM Sun	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:55AM	Hemalamba 5119	
	338581361	Yama	1:36PM – 3:20PM	Vriddhi Until 9:53PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 9	
Creative Work	Siddha Yoga	<b>Rahu</b>	8:23AM – 10:07AM	Kintughna Until 6:14PM	<b>Nataraja:</b> White		Prathama	
				<b>Amavasya*</b> Until 8:04AM	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Ashada•Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1 Sunday, June 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal
Mithuna Rasi: 22.29 Tithi 2		Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 69
Creative Work Siddha Yoga	348582361	<b>Gulika</b> 3:20PM – 5:04PM	<b>Punarvasu</b> Until 11:28PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:56AM	Hemalamba 5119
		Yama 11:52AM – 1:36PM	Dhruva Until 5:59PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 10
		<b>Rahu</b> 5:04PM – 6:48PM	Balava Until 2:44PM	<b>Nataraja:</b> White		3rd Phase
			<b>Dvitiya</b> Until 1:07AM Mon	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>	Devaloka Time: 12:PM to 3:PM	

<b>2 Monday, June 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal
Kataka Rasi: 7.19 Tithi 3		Pushya Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 70
Family Home Evening Creative Work Siddha Yoga	348582361	<b>Gulika</b> 1:36PM – 3:20PM	<b>Pushya</b> Until 9:25PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:56AM	Hemalamba 5119
		Yama 10:08AM – 11:52AM	Vyaghata* Until 2:27PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 10
		<b>Rahu</b> 6:40AM – 8:24AM	Taitila Until 11:38AM	<b>Nataraja:</b> White		3rd Phase
			<b>Tritiya</b> Until 10:16PM	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>	Devaloka Time: 12:PM to 3:PM	

<b>3 Tuesday, June 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal
Kataka Rasi: 21.46 Tithi 4		Ashlesha* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 71
Creative Work Siddha Yoga	348582361	<b>Gulika</b> 11:52AM – 1:36PM	<b>Ashlesha*</b> Until 7:50PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:56AM	Hemalamba 5119
		Yama 8:24AM – 10:08AM	Harshana Until 11:24AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 10
		<b>Rahu</b> 3:20PM – 5:04PM	Vanija Until 9:06AM	<b>Nataraja:</b> White		3rd Phase
			<b>Chaturthi*</b> Until 8:03PM	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>	Devaloka Time: 12:PM to 3:PM	

<b>4 Wednesday, June 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal
Simha Rasi: 5.47 Tithi 5		Magha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 72
Creative Work Siddha Yoga Until 7:16PM Then Creative Work - Amrita Yoga	359582361	<b>Gulika</b> 10:08AM – 11:52AM	<b>Magha*</b> Until 7:16PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:56AM	Hemalamba 5119
		Yama 6:40AM – 8:24AM	Vajra* Until 8:54AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 10
		<b>Rahu</b> 11:52AM – 1:36PM	Bava Until 7:14AM	<b>Nataraja:</b> White		3rd Phase
			<b>Panchami</b> Until 6:35PM	Moon – Red	<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>5 Thursday, June 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal
Simha Rasi: 19.19 Tithi 6 – 7		Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 73
Creative Work Siddha Yoga	359582361	<b>Gulika</b> 8:25AM – 10:09AM	<b>Purvaphalguni</b> Until 7:22PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:57AM	Hemalamba 5119
		Yama 4:57AM – 6:41AM	Siddhi Until 7:03AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 10
		<b>Rahu</b> 1:36PM – 3:20PM	Kaulava Until 6:09AM	<b>Nataraja:</b> White		3rd Phase
			<b>Shashthi*</b> Until 5:54PM	Moon – Red	<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>6 Friday, June 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal
Kanya Rasi: 2.24 Tithi 7		Uttaraphalguni Nakshatra Varyan Yoga Vanija Karana Saptamyam Titau				Sun 20 Sutra 74
Creative Work Siddha Yoga Until 8:06PM Then Creative Work - Amrita Yoga	359582361	<b>Gulika</b> 6:41AM – 8:25AM	<b>Uttaraphalguni</b> Until 8:06PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:57AM	Hemalamba 5119
		Yama 3:21PM – 5:04PM	Varyan Until 5:16AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 10
		<b>Rahu</b> 10:09AM – 11:53AM	Vanija Until 6:02PM	<b>Nataraja:</b> White		3rd Phase
		<b>Chidambaram Abhishekam</b>	<b>Saptami</b> Until 6:02PM	Moon – Red	<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal
Kanya Rasi: 15.06 Tithi 8		Hasta Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 75
Routine Work Marana Yoga	369582361	<b>Gulika</b> 4:57AM – 6:41AM	<b>Hasta</b> Until 9:52PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:57AM	Hemalamba 5119
		Yama 1:37PM – 3:21PM	Parigha* Until 5:14AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 10
		<b>Rahu</b> 8:25AM – 10:09AM	Visti Until 6:25AM	<b>Nataraja:</b> White		Ashtami
			<b>Ashtami*</b> Until 6:55PM	Moon – Green	<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal
Kanya Rasi: 27.29 Tithi 9		Chitra Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 76
Creative Work Siddha Yoga Until 12:02AM Mon Then Creative Work - Amrita Yoga	369582361	<b>Gulika</b> 3:21PM – 5:05PM	<b>Chitra</b> Until 12:02AM Mon	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:58AM	Hemalamba 5119
		Yama 11:53AM – 1:37PM	Shiva Until 5:38AM Mon	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 10
		<b>Rahu</b> 5:05PM – 6:48PM	Balava Until 7:37AM	<b>Nataraja:</b> White		Navami
			<b>Navami*</b> Until 8:24PM	Moon – Green	<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

<b>Monday, July 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal	
1		Svati Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 77	
Tula Rasi: 9.4	Tithi 10	<b>Gulika</b> 1:37PM – 3:21PM	<b>Svati Until 2:27AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:58AM	Hemalamba 5119	
<b>Family Home Evening</b>	369582361	Yama 10:10AM – 11:53AM	Siddha Until 6:18AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Creative Work Amrita Yoga		<b>Rahu</b> 6:42AM – 8:26AM	Taitila Until 9:20AM	<b>Nataraja:</b> White		4th Phase	
Until 2:27AM Tue			<b>Dashami Until 10:20PM</b>	Moon – Green	<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga				<b>Ashada•Ani</b>			

<b>Tuesday, July 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal	
2		Vishakha Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 78	
Tula Rasi: 21.4	Tithi 11	<b>Gulika</b> 11:53AM – 1:37PM	<b>Vishakha Until 5:27AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:59AM	Hemalamba 5119	
	379582361	Yama 8:26AM – 10:10AM	Siddha Until 6:18AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Routine Work Marana Yoga		<b>Rahu</b> 3:21PM – 5:05PM	Vanija Until 11:26AM	<b>Nataraja:</b> White		4th Phase	
Until 5:27AM Wed			<b>Ekadashi Until 12:32AM Wed</b>	Moon – Orange	<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Ashada•Ani</b>			

<b>Wednesday, July 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal	
3		Anuradha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 79	
Vrischika Rasi: 3.35	Tithi 12	<b>Gulika</b> 10:10AM – 11:54AM	<b>Anuradha Until 8:23AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:59AM	Hemalamba 5119	
	371582361	Yama 6:43AM – 8:26AM	Sadhya Until 7:09AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Creative Work Siddha Yoga		<b>Rahu</b> 11:54AM – 1:37PM	Bava Until 1:43PM	<b>Nataraja:</b> White		4th Phase	
Until 8:23AM Thu			<b>Dvadashi Until 2:52AM Thu</b>	Moon – Orange	<b>Sivaloka Day</b>		
Then Routine Work - Prabalarishta Yoga				<b>Ashada•Ani</b>			

<b>Thursday, July 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal	
4		Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 80	
Vrischika Rasi: 15.29	Tithi 13	<b>Gulika</b> 8:27AM – 10:10AM	<b>Anuradha Until 8:23AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:59AM	Hemalamba 5119	
	471582361	Yama 4:59AM – 6:43AM	Subha Until 8:06AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Creative Work Siddha Yoga		<b>Rahu</b> 1:37PM – 3:21PM	Kaulava Until 4:05PM	<b>Nataraja:</b> White		4th Phase	
Until 8:23AM			<b>Trayodashi Until 5:14AM Fri</b>	Moon – Orange	<b>Devaloka Day</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>	<b>Ashada•Ani</b>			

<b>Friday, July 7, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal	
5		Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Gara Karana Chaturdashyam Titau				Sun 27 Sutra 81	
Vrischika Rasi: 27.22	Tithi 14	<b>Gulika</b> 6:43AM – 8:27AM	<b>Jyeshtha* Until 11:08AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:00AM	Hemalamba 5119	
	471582361	Yama 3:21PM – 5:05PM	Sukla Until 9:00AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Routine Work Marana Yoga		<b>Rahu</b> 10:10AM – 11:54AM	Gara Until 6:24PM	<b>Nataraja:</b> White		4th Phase	
Until 11:08AM			<b>Chaturdashi* Until 7:30AM Sat</b>	Moon – Orange	<b>Devaloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Ashada•Ani</b>			

<b>Saturday, July 8, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal	
O		Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 28 Sutra 82	
Dhanus Rasi: 9.17	Tithi 14 – 15	<b>Gulika</b> 5:00AM – 6:44AM	<b>Mula* Until 2:07PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM	Hemalamba 5119	
	481582361	Yama 1:38PM – 3:21PM	Brahma Until 9:51AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Creative Work Siddha Yoga		<b>Rahu</b> 8:27AM – 10:11AM	Visti Until 8:36PM	<b>Nataraja:</b> White		Purnima	
			<b>Chaturdashi* Until 7:30AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>		
		<b>Satguru Purnima</b>		<b>Ashada•Ani</b>			

<b>Sunday, July 9, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal	
Silver Retreat Star		Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 29 Sutra 83	
Dhanus Rasi: 21.16	Tithi 15 – 16	<b>Gulika</b> 3:21PM – 5:04PM	<b>Purvashadha* Until 4:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM	Hemalamba 5119	
	481582361	Yama 11:54AM – 1:38PM	Indra Until 10:35AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Creative Work Siddha Yoga		<b>Rahu</b> 5:04PM – 6:48PM	Balava Until 10:35PM	<b>Nataraja:</b> White		Prathama	
Until 4:45PM			<b>Purnima* Until 9:36AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Ashada•Ani</b>			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



**Monday, July 10, 2017****Gold Retreat Star**

Makara Rasi: 3.2    Tihi 16 – 17

Family Home Evening    481582361

Routine Work    Marana Yoga  
Until 6:58PM

Then Creative Work - Amrita Yoga

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal

Sutra 84

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

**Gulika**    1:38PM – 3:21PM  
**Yama**    10:11AM – 11:54AM  
**Rahu**    6:44AM – 8:28AM**Uttarashadha Until 6:58PM**  
Vaidhriti\* Until 11:06AM  
Taitila Until 12:17AM Tue  
**Prathama\* Until 11:27AM****Ganesha:** Purple    *Sunrise: 5:01AM*  
**Muruga:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** White  
Moon – Light Blue  
**Ashada•Ani***Sunrise: 5:01AM*  
*Sunset: 6:48PM***Sivaloka Day****1****Tuesday, July 11, 2017**

Makara Rasi: 15.32    Tihi 17 – 18

Creative Work    Siddha Yoga

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal

Sun 1    Sutra 85

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

**Gulika**    11:55AM – 1:38PM  
**Yama**    8:28AM – 10:11AM  
**Rahu**    3:21PM – 5:04PM**Shravana Until 9:11PM**  
Vishkambha\* Until 11:22AM  
Vanija Until 1:37AM Wed  
**Dvitiya Until 12:59PM****Ganesha:** Clear    *Sunrise: 5:02AM*  
**Muruga:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada•Ani***Sunrise: 5:02AM*  
*Sunset: 6:48PM***Devaloka Day****2****Wednesday, July 12, 2017**

Makara Rasi: 27.53    Tihi 18 – 19

Routine Work    Prabalarishta Yoga

Until 10:50PM  
Then Creative Work - Siddha YogaHemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal

Sun 2    Sutra 86

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

**Gulika**    10:12AM – 11:55AM  
**Yama**    6:45AM – 8:28AM  
**Rahu**    11:55AM – 1:38PM**Dhanishtha Until 10:50PM**  
Priti Until 11:22AM  
Bava Until 2:32AM Thu  
**Tritiya Until 2:07PM****Ganesha:** Clear    *Sunrise: 5:02AM*  
**Muruga:** Yellow    *Sunset: 6:47PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada•Ani***Sunrise: 5:02AM*  
*Sunset: 6:47PM***Devaloka Day****3****Thursday, July 13, 2017**

Kumbha Rasi: 10.25    Tihi 19 – 20

Creative Work    Siddha Yoga

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal

Sun 3    Sutra 87

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

**Gulika**    8:29AM – 10:12AM  
**Yama**    5:03AM – 6:46AM  
**Rahu**    1:38PM – 3:21PM**Shatabhishak Until 11:52PM**  
Ayushman Until 10:59AM  
Kaulava Until 2:59AM Fri  
**Chaturthi\* Until 2:48PM****Ganesha:** Clear    *Sunrise: 5:03AM*  
**Muruga:** Yellow    *Sunset: 6:47PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada•Ani***Sunrise: 5:03AM*  
*Sunset: 6:47PM***Devaloka Day****4****Friday, July 14, 2017**

Kumbha Rasi: 23.11    Tihi 20 – 21

Creative Work    Siddha Yoga

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal

Sun 4    Sutra 88

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

**Gulika**    6:46AM – 8:29AM  
**Yama**    3:21PM – 5:04PM  
**Rahu**    10:12AM – 11:55AM**Purvaprossthapada\* Until 12:41AM Sat**  
Saubhagya Until 10:13AM  
Gara Until 2:53AM Sat  
**Panchami Until 2:59PM****Ganesha:** Clear    *Sunrise: 5:03AM*  
**Muruga:** Yellow    *Sunset: 6:47PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada•Ani***Sunrise: 5:03AM*  
*Sunset: 6:47PM***Devaloka Day****5****Saturday, July 15, 2017**

Meena Rasi: 6.14    Tihi 21 – 22

Creative Work    Siddha Yoga

Until 12:48AM Sun  
Then Creative Work - Amrita YogaHemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraprossthapada Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal

Sun 5    Sutra 89

Hemalamba 5119

Moon 7 - Phase 12

1st Phase

**Gulika**    5:03AM – 6:46AM  
**Yama**    1:38PM – 3:21PM  
**Rahu**    8:29AM – 10:12AM**Uttaraprossthapada Until 12:48AM Sun**  
Sobhana Until 9:01AM  
Visti Until 2:13AM Sun  
**Shashthi\* Until 2:36PM****Ganesha:** Clear    *Sunrise: 5:03AM*  
**Muruga:** Yellow    *Sunset: 6:47PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada•Ani***Sunrise: 5:03AM*  
*Sunset: 6:47PM***Devaloka Day****D****Sunday, July 16, 2017****Retreat Star**

Meena Rasi: 19.35    Tihi 22 – 23

Creative Work    Amrita Yoga

Until 12:10AM Mon  
Then Creative Work - Siddha YogaHemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal

Sun 6    Sutra 90

Hemalamba 5119

Moon 7 - Phase 12

Ashtami

**Gulika**    3:21PM – 5:03PM  
**Yama**    11:55AM – 1:38PM  
**Rahu**    5:03PM – 6:46PM**Revati Until 12:10AM Mon**  
Athiganda\* Until 7:21AM  
Balava Until 12:57AM Mon  
**Saptami Until 1:38PM****Ganesha:** Clear    *Sunrise: 5:04AM*  
**Muruga:** Yellow    *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada•Adi***Sunrise: 5:04AM*  
*Sunset: 6:46PM***Devaloka Day****Monday, July 17, 2017****Retreat Star**

Mesha Rasi: 3.16    Tihi 23 – 24

Family Home Evening    422682362

Creative Work    Siddha Yoga

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal

Sun 7    Sutra 91

Hemalamba 5119

Moon 7 - Phase 12

Navami

**Gulika**    1:38PM – 3:21PM  
**Yama**    10:13AM – 11:55AM  
**Rahu**    6:47AM – 8:30AM**Ashvini Until 11:17PM**  
Dhriti Until 2:37AM Tue  
Taitila Until 11:08PM  
**Ashtami\* Until 12:06PM****Ganesha:** White    *Sunrise: 5:04AM*  
**Muruga:** Yellow    *Sunset: 6:46PM*  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi***Sunrise: 5:04AM*  
*Sunset: 6:46PM***Subha Sivaloka Day**

<b>1</b>		<b>Tuesday, July 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 8 Sutra 92 Hemalamba 5119	
Mesha Rasi: 17.17	Tithi 24 - 25	<b>Gulika</b> 11:55AM - 1:38PM	<b>Bharani</b> Until 9:43PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM		
		Yama 8:30AM - 10:13AM	Shula* Until 11:35PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 13	
Creative Work	Siddha Yoga	422682362 <b>Rahu</b> 3:20PM - 5:03PM	Vanija Until 8:47PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Navami*</b> Until 10:00AM	Moon - White		<b>Subha Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>2</b>		<b>Wednesday, July 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 9 Sutra 93 Hemalamba 5119	
Vrishabha Rasi: 1.39	Tithi 25 - 26	<b>Gulika</b> 10:13AM - 11:55AM	<b>Krittika</b> Until 7:35PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM		
		Yama 6:48AM - 8:30AM	Ganda* Until 8:13PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 13	
Creative Work	Amrita Yoga	422682362 <b>Rahu</b> 11:55AM - 1:38PM	Bava Until 6:00PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 7:35PM			<b>Dashami</b> Until 7:26AM	Moon - White		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>			

<b>3</b>		<b>Thursday, July 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvodashyam Titau		Kathmandu, Nepal Sun 10 Sutra 94 Hemalamba 5119	
Vrishabha Rasi: 16.17	Tithi 27	<b>Gulika</b> 8:31AM - 10:13AM	<b>Rohini</b> Until 5:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:06AM		
		Yama 5:06AM - 6:48AM	Vriddhi Until 4:36PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 13	
Routine Work	Marana Yoga	422682362 <b>Rahu</b> 1:38PM - 3:20PM	Kaulava Until 2:53PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dvodashi*</b> Until 1:14AM Fri	Moon - Yellow		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>		<b>Friday, July 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 11 Sutra 95 Hemalamba 5119	
Mithuna Rasi: 1.08	Tithi 28	<b>Gulika</b> 6:49AM - 8:31AM	<b>Mrigashira</b> Until 2:53PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM		
		Yama 3:20PM - 5:02PM	Dhruva Until 12:47PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 13	
Creative Work	Siddha Yoga	422682362 <b>Rahu</b> 10:13AM - 11:55AM	Gara Until 11:34AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Trayodashi*</b> Until 9:51PM	Moon - Yellow		<b>Sivaloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Ashada*Adi</b>			

<b>5</b>		<b>Saturday, July 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 12 Sutra 96 Hemalamba 5119	
Mithuna Rasi: 16.04	Tithi 29	<b>Gulika</b> 5:07AM - 6:49AM	<b>Ardra</b> Until 12:11PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM		
		Yama 1:38PM - 3:20PM	Vyaghata* Until 8:56AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 13	
Creative Work	Siddha Yoga	422682362 <b>Rahu</b> 8:31AM - 10:13AM	Visti* Until 8:11AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Chaturdashi*</b> Until 6:29PM	Moon - Yellow		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>●</b>		<b>Sunday, July 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kathmandu, Nepal Sun 13 Sutra 97 Hemalamba 5119	
<b>Retreat Star</b>		<b>Gulika</b> 3:20PM - 5:02PM	<b>Punarvasu</b> Until 9:53AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:08AM		
Kataka Rasi: 0.56	Tithi 30 - 1	Yama 11:56AM - 1:38PM	Vajra* Until 1:35AM Mon	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 13	
Creative Work	Siddha Yoga	422682362 <b>Rahu</b> 5:02PM - 6:44PM	Kintughna Until 1:48AM Mon	<b>Nataraja:</b> Clear		Amavasya	
			<b>Amavasya*</b> Until 3:17PM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>Monday, July 24, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 14 Sutra 98 Hemalamba 5119	
Kataka Rasi: 15.37	Tithi 1 - 2	<b>Gulika</b> 1:37PM - 3:19PM	<b>Pushya</b> Until 7:43AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:08AM		
<b>Family Home Evening</b>		Yama 10:14AM - 11:56AM	Siddhi Until 10:19PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 13	
Creative Work	Siddha Yoga	442682362 <b>Rahu</b> 6:50AM - 8:32AM	Balava Until 11:08PM	<b>Nataraja:</b> Clear		Prathama	
			<b>Prathama*</b> Until 12:23PM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>1</b>		<b>Tuesday, July 25, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Kataka Rasi: 30		Titthi 2 – 3		Magha* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 15		Sutra 99	
Creative Work		Siddha Yoga		<b>Gulika</b>	11:56AM – 1:37PM	<b>Magha* Until 4:50AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:09AM	Hemalamba 5119
Until 4:50AM Wed		442682362		Yama	8:32AM – 10:14AM	Vyatipata* Until 7:31PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 14
Then Creative Work - Amrita Yoga				<b>Rahu</b>	3:19PM – 5:01PM	Taitila Until 8:59PM	<b>Nataraja:</b> Clear		3rd Phase
						<b>Dvitiya Until 9:58AM</b>	Moon – Blue		<b>Sivaloka Day</b>
							<b>Sravana-Adi</b>		

<b>2</b>		<b>Wednesday, July 26, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Simha Rasi: 14		Titthi 3 – 4		Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 16		Sutra 100	
Creative Work		Amrita Yoga		<b>Gulika</b>	10:14AM – 11:56AM	<b>Purvaphalguni Until 4:22AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM	Hemalamba 5119
Until 4:50AM Wed		452682362		Yama	6:51AM – 8:32AM	Variyan Until 5:13PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 14
Then Creative Work - Amrita Yoga				<b>Rahu</b>	11:56AM – 1:37PM	Vanija Until 7:30PM	<b>Nataraja:</b> Clear		3rd Phase
						<b>Tritiya Until 8:08AM</b>	Moon – Red		<b>Sivaloka Day</b>
							<b>Sravana-Adi</b>		

<b>3</b>		<b>Thursday, July 27, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Simha Rasi: 27.34		Titthi 4 – 5		Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 101	
Creative Work		Amrita Yoga		<b>Gulika</b>	8:33AM – 10:14AM	<b>Uttaraphalguni Until 4:30AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM	Hemalamba 5119
Until 4:50AM Wed		452692362		Yama	5:10AM – 6:51AM	Parigha* Until 3:32PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 14
Then Routine Work - Marana Yoga				<b>Rahu</b>	1:37PM – 3:19PM	Bava Until 6:46PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Nag Panchami</b>		<b>Chaturthi* Until 7:01AM</b>	Moon – Red		<b>Devaloka Day</b>
							<b>Sravana-Adi</b>		

<b>4</b>		<b>Friday, July 28, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Kanya Rasi: 10.43		Titthi 5 – 6		Hasta Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 18		Sutra 102	
Creative Work		Amrita Yoga		<b>Gulika</b>	6:52AM – 8:33AM	<b>Hasta Until 5:42AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM	Hemalamba 5119
Until 5:42AM Sat		462692362		Yama	3:18PM – 5:00PM	Shiva Until 2:29PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 14
Then Routine Work - Marana Yoga				<b>Rahu</b>	10:14AM – 11:56AM	Kaulava Until 6:48PM	<b>Nataraja:</b> Clear		3rd Phase
						<b>Panchami Until 6:40AM</b>	Moon – Green		<b>Sivaloka Day</b>
							<b>Sravana-Adi</b>		

<b>5</b>		<b>Saturday, July 29, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Kanya Rasi: 23.29		Titthi 6 – 7		Chitra Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 103	
Routine Work		Marana Yoga		<b>Gulika</b>	5:11AM – 6:52AM	<b>Chitra Until 7:26AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:11AM	Hemalamba 5119
Until 7:26AM Sun		463692362		Yama	1:37PM – 3:18PM	Siddha Until 2:00PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 14
Then Creative Work - Siddha Yoga				<b>Rahu</b>	8:33AM – 10:14AM	Gara Until 7:35PM	<b>Nataraja:</b> Clear		3rd Phase
						<b>Shashthi* Until 7:05AM</b>	Moon – Green		<b>Devaloka Day</b>
							<b>Sravana-Adi</b>		

<b>☾</b>		<b>Sunday, July 30, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Tula Rasi: 5.55		Titthi 7 – 8		Chitra/Svati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 104	
Creative Work		Siddha Yoga		<b>Gulika</b>	3:18PM – 4:59PM	<b>Chitra Until 7:26AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:11AM	Hemalamba 5119
Until 9:33AM		463692362		Yama	11:56AM – 1:37PM	Sadhya Until 2:03PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 14
Then Routine Work - Marana Yoga				<b>Rahu</b>	4:59PM – 6:40PM	Visti Until 9:00PM	<b>Nataraja:</b> Clear		Ashtami
						<b>Saptami Until 8:12AM</b>	Moon – Green		<b>Devaloka Day</b>
							<b>Sravana-Adi</b>		

<b>☽</b>		<b>Monday, July 31, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Tula Rasi: 18.07		Titthi 8 – 9		Svati/Vishakha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 105	
Family Home Evening		Amrita Yoga		<b>Gulika</b>	1:36PM – 3:17PM	<b>Svati Until 9:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:12AM	Hemalamba 5119
Creative Work		Amrita Yoga		Yama	10:15AM – 11:55AM	Subha Until 2:31PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 14
Until 9:33AM		463692362		<b>Rahu</b>	6:53AM – 8:34AM	Balava Until 10:54PM	<b>Nataraja:</b> Clear		Navami
Then Routine Work - Marana Yoga						<b>Ashtami* Until 9:53AM</b>	Moon – Green		<b>Devaloka Day</b>
							<b>Sravana-Adi</b>		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal	
Tuesday, August 1, 2017		Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Sun 22 Sutra 106	
Vrischika Rasi: 0.08	Tithi 9 – 10	<b>Gulika</b>	11:55AM – 1:36PM	<b>Vishakha Until 12:23PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:12AM	Hemalamba 5119
		Yama	8:34AM – 10:15AM	Sukla Until 3:14PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 15
		473692362 <b>Rahu</b>	3:17PM – 4:58PM	Taitila Until 1:07AM Wed	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga			<b>Navami* Until 11:57AM</b>	Moon – Orange		
Until 12:23PM					<b>Sravana-Adi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga							

<b>2</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal	
Wednesday, August 2, 2017		Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 107	
Vrischika Rasi: 12.04	Tithi 10 – 11	<b>Gulika</b>	10:15AM – 11:55AM	<b>Anuradha Until 3:16PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:13AM	Hemalamba 5119
		Yama	6:54AM – 8:34AM	Brahma Until 4:07PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 15
		473692362 <b>Rahu</b>	11:55AM – 1:36PM	Vanija Until 3:27AM Thu	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			<b>Dashami Until 2:15PM</b>	Moon – Orange		
					<b>Sravana-Adi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM

<b>3</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal	
Thursday, August 3, 2017		Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 108	
Vrischika Rasi: 23.57	Tithi 11 – 12	<b>Gulika</b>	8:34AM – 10:15AM	<b>Jyeshtha* Until 6:00PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:13AM	Hemalamba 5119
		Yama	5:13AM – 6:54AM	Indra Until 5:03PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 15
		473692362 <b>Rahu</b>	1:36PM – 3:16PM	Bava Until 5:46AM Fri	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Prabalarishta Yoga			<b>Ekadashi Until 4:36PM</b>	Moon – Orange		
Until 6:00PM					<b>Sravana-Adi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga							

<b>4</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal	
Friday, August 4, 2017		Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava Karana Dvadashyam Titau				Sun 25 Sutra 109	
Dhanus Rasi: 5.52	Tithi 12	<b>Gulika</b>	6:54AM – 8:35AM	<b>Mula* Until 8:59PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:14AM	Hemalamba 5119
		Yama	3:16PM – 4:56PM	Vaidhriti* Until 5:51PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 15
		483692362 <b>Rahu</b>	10:15AM – 11:55AM	Balava Until 6:50PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga			<b>Dvadashi Until 6:50PM</b>	Moon – Light Blue		
Until 8:59PM		<b>Varalakshmi Vratam</b>			<b>Sravana-Adi</b>	<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam				Kathmandu, Nepal	
Saturday, August 5, 2017		Purvashadha* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 110	
Dhanus Rasi: 17.5	Tithi 13	<b>Gulika</b>	5:14AM – 6:55AM	<b>Purvashadha* Until 11:32PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:14AM	Hemalamba 5119
		Yama	1:35PM – 3:15PM	Vishkambha* Until 6:30PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 15
		483692362 <b>Rahu</b>	8:35AM – 10:15AM	Kaulava Until 7:54AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi Until 8:50PM</b>	Moon – Light Blue		
Until 11:32PM					<b>Sravana-Adi</b>	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>			

<b>6</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal	
Sunday, August 6, 2017		Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 111	
Dhanus Rasi: 29.55	Tithi 14	<b>Gulika</b>	3:15PM – 4:55PM	<b>Uttarashadha Until 1:36AM Mon</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:15AM	Hemalamba 5119
		Yama	11:55AM – 1:35PM	Priti Until 6:54PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 15
		483692362 <b>Rahu</b>	4:55PM – 6:35PM	Gara Until 9:44AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 10:29PM</b>	Moon – Light Blue		
					<b>Sravana-Adi</b>	<b>Devaloka Day</b>	

<b>○</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal	
Monday, August 7, 2017		Shravana Nakshatra Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 112	
<b>Copper Retreat Star</b>		<b>Gulika</b>	1:35PM – 3:15PM	<b>Shravana Until 3:33AM Tue</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:16AM	Hemalamba 5119
Makara Rasi: 12.1	Tithi 15	Yama	10:15AM – 11:55AM	Ayushman Until 6:57PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 15
<b>Family Home Evening</b>		493692362 <b>Rahu</b>	6:55AM – 8:35AM	Visti Until 11:11AM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Amrita Yoga			<b>Purnima* Until 11:43PM</b>	Moon – Purple		
Until 3:33AM Tue		<b>Partial Lunar Eclipse</b>			<b>Sravana-Adi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga							

<b>○</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal	
Tuesday, August 8, 2017		Dhanishtha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 113	
<b>Silver Retreat Star</b>		<b>Gulika</b>	11:55AM – 1:34PM	<b>Dhanishtha Until 4:54AM Wed</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:16AM	Hemalamba 5119
Makara Rasi: 24.36	Tithi 16	Yama	8:35AM – 10:15AM	Saubhagya Until 6:39PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 15
		493692362 <b>Rahu</b>	3:14PM – 4:54PM	Balava Until 12:11PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 12:29AM Wed</b>	Moon – Purple		
					<b>Sravana-Adi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 9, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Kathmandu, Nepal

Kumbha Rasi: 7.14    Tihti 17

493692362

**Gulika** 10:15AM – 11:55AM  
Yama 6:56AM – 8:36AM  
**Rahu** 11:55AM – 1:34PM

**Shatabhishak** Until 5:37AM Thu  
Sobhana Until 5:59PM  
Taitila Until 12:42PM  
**Dvitiya** Until 12:46AM Thu

**Ganesh**: White    *Sunrise*: 5:17AM  
**Muruga**: Blue    *Sunset*: 6:33PM  
**Nataraja**: Clear  
Moon – Purple  
**Sravana-Adi**

Sun 1    Sutra 114  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

1

Thursday, August 10, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Sukarma Yoga Vanija/Visti\* Karana Trilyayam Titau

Kathmandu, Nepal  
Sun 2    Sutra 115  
Hemalamba 5119

Kumbha Rasi: 20.07    Tihti 18

413692362

**Gulika** 8:36AM – 10:15AM  
Yama 5:17AM – 6:56AM  
**Rahu** 1:34PM – 3:13PM

**Purvaproshtapada\*** Until 6:12AM Fri  
Athiganda\* Until 4:56PM  
Vanija Until 12:45PM  
**Tritiya** Until 12:35AM Fri

**Ganesh**: Purple    *Sunrise*: 5:17AM  
**Muruga**: Blue    *Sunset*: 6:33PM  
**Nataraja**: Clear  
Moon – Clear  
**Sravana-Adi**

Moon 8 - Phase 16  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

2

Friday, August 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturtham Titau

Kathmandu, Nepal  
Sun 3    Sutra 116  
Hemalamba 5119

Meena Rasi: 3.13    Tihti 19

413792362

**Gulika** 6:57AM – 8:36AM  
Yama 3:13PM – 4:52PM  
**Rahu** 10:15AM – 11:54AM

**Purvaproshtapada\*** Until 6:12AM  
Sukarma Until 3:32PM  
Bava Until 12:21PM  
**Chaturthi\*** Until 11:58PM

**Ganesh**: Clear    *Sunrise*: 5:18AM  
**Muruga**: Blue    *Sunset*: 6:31PM  
**Nataraja**: Clear  
Moon – Clear  
**Sravana-Adi**

Moon 8 - Phase 16  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

3

Saturday, August 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada/Revali Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal  
Sun 4    Sutra 117  
Hemalamba 5119

Meena Rasi: 16.32    Tihti 20

414792362

**Gulika** 5:18AM – 6:57AM  
Yama 1:33PM – 3:12PM  
**Rahu** 8:36AM – 10:15AM

**Uttaraproshtapada** Until 6:12AM  
Dhriti Until 1:48PM  
Kaulava Until 11:31AM  
**Panchami** Until 10:56PM

**Ganesh**: Purple    *Sunrise*: 5:18AM  
**Muruga**: Blue    *Sunset*: 6:30PM  
**Nataraja**: Clear  
Moon – Clear  
**Sravana-Adi**

Moon 8 - Phase 16  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Until 6:12AM

Then Routine Work - Prabalarishta Yoga

4

Sunday, August 13, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal  
Sun 5    Sutra 118  
Hemalamba 5119

Mesha Rasi: 0.06    Tihti 21

424792362

**Gulika** 3:12PM – 4:50PM  
Yama 11:54AM – 1:33PM  
**Rahu** 4:50PM – 6:29PM

**Ashvini** Until 5:02AM Mon  
Shula\* Until 11:44AM  
Gara Until 10:17AM  
**Shashthi\*** Until 9:31PM

**Ganesh**: Clear    *Sunrise*: 5:19AM  
**Muruga**: Blue    *Sunset*: 6:29PM  
**Nataraja**: Clear  
Moon – White  
**Sravana-Adi**

Moon 8 - Phase 16  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

5

Monday, August 14, 2017

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Ganda\*/Vridhi Yoga Visti\*/Bava Karana Saptamyam Titau

Kathmandu, Nepal  
Sun 6    Sutra 119  
Hemalamba 5119

Mesha Rasi: 13.53    Tihti 22

Family Home Evening

424792362

**Gulika** 1:32PM – 3:11PM  
Yama 10:15AM – 11:54AM  
**Rahu** 6:58AM – 8:36AM

**Bharani** Until 3:56AM Tue  
Ganda\* Until 9:23AM  
Visti Until 8:42AM  
**Saptami** Until 7:46PM

**Ganesh**: Clear    *Sunrise*: 5:19AM  
**Muruga**: Blue    *Sunset*: 6:28PM  
**Nataraja**: Clear  
Moon – White  
**Sravana-Adi**

Moon 8 - Phase 16  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

D

Tuesday, August 15, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vridhi/Dhruva Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal  
Sun 7    Sutra 120  
Hemalamba 5119

Mesha Rasi: 27.52    Tihti 23 – 24

424792362

**Gulika** 11:54AM – 1:32PM  
Yama 8:37AM – 10:15AM  
**Rahu** 3:11PM – 4:49PM

**Krittika** Until 2:23AM Wed  
Vridhi Until 6:47AM  
Balava Until 6:47AM  
**Ashtami\*** Until 5:42PM

**Ganesh**: Clear    *Sunrise*: 5:20AM  
**Muruga**: Blue    *Sunset*: 6:28PM  
**Nataraja**: Clear  
Moon – White  
**Sravana-Adi**

Moon 8 - Phase 16  
Ashtami

Creative Work    Siddha Yoga

**Devaloka Day**

Krishna Janmashtami

Wednesday, August 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal  
Sun 8    Sutra 121  
Hemalamba 5119

Vrishabha Rasi: 12.03    Tihti 24 – 25

434792362

**Gulika** 10:15AM – 11:53AM  
Yama 6:59AM – 8:37AM  
**Rahu** 11:53AM – 1:32PM

**Rohini** Until 12:52AM Thu  
Vyaghata\* Until 12:51AM Thu  
Vanija Until 2:07AM Thu  
**Navami\*** Until 3:21PM

**Ganesh**: White    *Sunrise*: 5:20AM  
**Muruga**: Blue    *Sunset*: 6:27PM  
**Nataraja**: Clear  
Moon – Yellow  
**Sravana-Avani**

Moon 8 - Phase 16  
Navami

Creative Work    Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Until 12:52AM Thu

Then Routine Work - Marana Yoga

<b>1 Thursday, August 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal
Mrigashira Nakshatra Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 122		Hemalamba 5119		
Vrishabha Rasi: 26.24 Tihi 25 – 26		<b>Gulika</b> 8:37AM – 10:15AM	<b>Mrigashira</b> Until 11:02PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:21AM	
534792362		Yama 5:21AM – 6:59AM	Harshana Until 9:38PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 17
Routine Work	Marana Yoga	<b>Rahu</b> 1:31PM – 3:09PM	Bava Until 11:29PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 12:48PM	Moon – Yellow	<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>		

<b>2 Friday, August 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal
Ardra Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 123		Hemalamba 5119		
Mithuna Rasi: 10.52 Tihi 26 – 27		<b>Gulika</b> 6:59AM – 8:37AM	<b>Ardra</b> Until 8:58PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:21AM	
534792362		Yama 3:09PM – 4:47PM	Vajra* Until 6:19PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 17
Creative Work	Siddha Yoga	<b>Rahu</b> 10:15AM – 11:53AM	Kaulava Until 8:45PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 10:06AM	Moon – Yellow	<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>		

<b>3 Saturday, August 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal
Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 124		Hemalamba 5119		
Mithuna Rasi: 25.22 Tihi 27 – 28		<b>Gulika</b> 5:22AM – 6:59AM	<b>Punarvasu</b> Until 7:10PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:22AM	
534792362		Yama 1:31PM – 3:08PM	Siddhi Until 3:01PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 17
Creative Work	Siddha Yoga	<b>Rahu</b> 8:37AM – 10:15AM	Gara Until 6:01PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 7:21AM	Moon – Blue	<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Sravana-Avani</b>	Devaloka Time: 6:PM to 9:PM	

<b>4 Sunday, August 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal
Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 125		Hemalamba 5119		
Kataka Rasi: 9.5 Tihi 29		<b>Gulika</b> 3:08PM – 4:45PM	<b>Pushya</b> Until 5:22PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:22AM	
534792362		Yama 11:53AM – 1:30PM	Vyatipata* Until 11:48AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 17
Creative Work	Siddha Yoga	<b>Rahu</b> 4:45PM – 6:23PM	Visti Until 3:25PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi*</b> Until 2:10AM Mon	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>	Devaloka Time: 6:PM to 9:PM	

<b>Monday, August 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal
<b>Retreat Star</b>		Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 126		
Kataka Rasi: 24.11 Tihi 30		<b>Gulika</b> 1:30PM – 3:07PM	<b>Ashlesha*</b> Until 3:40PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:23AM	Hemalamba 5119
<b>Family Home Evening</b>		Yama 10:15AM – 11:52AM	Variyan Until 8:45AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 17
Creative Work	Siddha Yoga	<b>Rahu</b> 7:00AM – 8:37AM	Catuspada Until 1:03PM	<b>Nataraja:</b> Clear		Amavasya
Until 3:40PM			<b>Amavasya*</b> Until 11:59PM	Moon – Blue	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga		<b>Total Solar Eclipse</b>		<b>Sravana-Avani</b>	Devaloka Time: 6:PM to 9:PM	

<b>Tuesday, August 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal
<b>Retreat Star</b>		Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 127		
Simha Rasi: 8.18 Tihi 1		<b>Gulika</b> 11:52AM – 1:29PM	<b>Magha*</b> Until 2:39PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:23AM	Hemalamba 5119
534792362		Yama 8:38AM – 10:15AM	Shiva Until 6:00AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 17
Creative Work	Siddha Yoga	<b>Rahu</b> 3:06PM – 4:44PM	Kintughna Until 11:03AM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 10:13PM	Moon – Red	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:PM to 9:PM	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, August 23, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15 Sutra 128		Hemalamba 5119					
Simha Rasi: 22.07	Tithi 2	<b>Gulika</b> 10:15AM – 11:52AM	<b>Purvaphalguni</b> Until 2:00PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:24AM				
		Yama 7:01AM – 8:38AM	Siddha Until 1:41AM Thu	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 18			
Creative Work	Amrita Yoga	<b>Rahu</b> 11:52AM – 1:29PM	Balava Until 9:33AM	<b>Nataraja:</b> Clear		Moon – Red		<b>Bhuloka Day</b>	
			<b>Dvitiya</b> Until 9:00PM	<b>Bhadrapada-Avani</b>		Devaloka Time: 6:PM to 9:PM			

<b>2</b>		<b>Thursday, August 24, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 16 Sutra 129		Hemalamba 5119					
Kanya Rasi: 6	Tithi 3	<b>Gulika</b> 8:38AM – 10:15AM	<b>Uttaraphalguni</b> Until 1:48PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:24AM				
		Yama 5:24AM – 7:01AM	Sadhya Until 12:17AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 18			
	Amrita Yoga	<b>Rahu</b> 1:28PM – 3:05PM	Taitila Until 8:39AM	<b>Nataraja:</b> Clear		Moon – Red		<b>Bhuloka Day</b>	
Until 1:48PM			<b>Tritiya</b> Until 8:26PM	<b>Bhadrapada-Avani</b>		Devaloka Time: 6:PM to 9:PM			
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Friday, August 25, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Hasta/Chitra Nakshatra Subha Yoga Vanija/Visli* Karana Chaturthyam Titau		Sun 17 Sutra 130		Hemalamba 5119					
Kanya Rasi: 18.43	Tithi 4	<b>Gulika</b> 7:01AM – 8:38AM	<b>Hasta</b> Until 2:34PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:25AM				
		Yama 3:05PM – 4:41PM	Subha Until 11:27PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 18			
Creative Work	Amrita Yoga	<b>Rahu</b> 10:15AM – 11:51AM	Vanija Until 8:25AM	<b>Nataraja:</b> Clear		Moon – Green		<b>Devaloka Day</b>	
Until 2:34PM			<b>Chaturthi*</b> Until 8:33PM	<b>Bhadrapada-Avani</b>					
Then Creative Work - Siddha Yoga		<b>Ganesh Chaturthi</b>							

<b>4</b>		<b>Saturday, August 26, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Chitra/Svati Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Sun 18 Sutra 131		Hemalamba 5119					
Tula Rasi: 1.29	Tithi 5	<b>Gulika</b> 5:25AM – 7:02AM	<b>Chitra</b> Until 3:52PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:25AM				
		Yama 1:27PM – 3:04PM	Sukla Until 11:07PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 18			
Routine Work	Marana Yoga	<b>Rahu</b> 8:38AM – 10:15AM	Bava Until 8:53AM	<b>Nataraja:</b> Clear		Moon – Green		<b>Devaloka Day</b>	
Until 3:52PM			<b>Panchami</b> Until 9:21PM	<b>Bhadrapada-Avani</b>					
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Sunday, August 27, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Svati/Vishakha Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 19 Sutra 132		Hemalamba 5119					
Tula Rasi: 13.58	Tithi 6	<b>Gulika</b> 3:03PM – 4:40PM	<b>Svati</b> Until 5:37PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:26AM				
		Yama 11:51AM – 1:27PM	Brahma Until 11:16PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 18			
Creative Work	Siddha Yoga	<b>Rahu</b> 4:40PM – 6:16PM	Kaulava Until 10:00AM	<b>Nataraja:</b> Clear		Moon – Green		<b>Devaloka Day</b>	
Until 5:37PM			<b>Shashthi*</b> Until 10:46PM	<b>Bhadrapada-Avani</b>					
Then Routine Work - Marana Yoga									

<b>6</b>		<b>Monday, August 28, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Vishakha Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20 Sutra 133		Hemalamba 5119					
Tula Rasi: 26.11	Tithi 7	<b>Gulika</b> 1:27PM – 3:03PM	<b>Vishakha</b> Until 8:12PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:26AM				
<b>Family Home Evening</b>		Yama 10:14AM – 11:50AM	Indra Until 11:48PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 18			
Routine Work	Marana Yoga	<b>Rahu</b> 7:02AM – 8:38AM	Gara Until 11:41AM	<b>Nataraja:</b> Purple		Moon – Orange		<b>Devaloka Day</b>	
Until 8:12PM			<b>Saptami</b> Until 12:40AM Tue	<b>Bhadrapada-Avani</b>					
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Tuesday, August 29, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Anuradha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21 Sutra 134		Hemalamba 5119					
Vrischika Rasi: 8.13	Tithi 8	<b>Gulika</b> 11:50AM – 1:26PM	<b>Anuradha</b> Until 10:57PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:27AM				
		Yama 8:38AM – 10:14AM	Vaidhriti* Until 12:34AM Wed	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 18			
Creative Work	Siddha Yoga	<b>Rahu</b> 3:02PM – 4:38PM	Visti Until 1:47PM	<b>Nataraja:</b> Purple		Moon – Orange		<b>Devaloka Day</b>	
Until 10:57PM			<b>Ashtami*</b> Until 2:54AM Wed	<b>Bhadrapada-Avani</b>					
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Wednesday, August 30, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Jyeshtha* Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 135		Hemalamba 5119					
Vrischika Rasi: 20.09	Tithi 9	<b>Gulika</b> 10:14AM – 11:50AM	<b>Jyeshtha*</b> Until 1:41AM Thu	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:27AM				
		Yama 7:03AM – 8:38AM	Vishkamba* Until 1:27AM Thu	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 18			
Creative Work	Siddha Yoga	<b>Rahu</b> 11:50AM – 1:26PM	Balava Until 4:06PM	<b>Nataraja:</b> Purple		Moon – Orange		<b>Devaloka Day</b>	
			<b>Navami*</b> Until 5:16AM Thu	<b>Bhadrapada-Avani</b>					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1 Thursday, August 31, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Priti Yoga Tailila Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 136 Hemalamba 5119
Dhanus Rasi: 2.02	Tithi 10	<b>Gulika</b> 8:38AM – 10:14AM	<b>Mula* Until 4:43AM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:27AM	
		Yama 5:27AM – 7:03AM	Priti Until 2:19AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 19
		585792363 <b>Rahu</b> 1:25PM – 3:01PM	Tailila Until 6:27PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:34AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 4:43AM Fri				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Prabalarishta Yoga						

<b>2 Friday, September 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 137 Hemalamba 5119
Dhanus Rasi: 13.58	Tithi 10 – 11	<b>Gulika</b> 7:03AM – 8:39AM	<b>Purvashadha* Until 7:21AM Sat</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:28AM	
		Yama 3:00PM – 4:35PM	Ayushman Until 2:59AM Sat	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 19
		585792363 <b>Rahu</b> 10:14AM – 11:49AM	Vanija Until 8:39PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Prabalarishta Yoga		<b>Dashami Until 7:34AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:21AM Sat				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

<b>3 Saturday, September 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 138 Hemalamba 5119
Dhanus Rasi: 25.59	Tithi 11 – 12	<b>Gulika</b> 5:28AM – 7:03AM	<b>Purvashadha* Until 7:21AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:28AM	
		Yama 1:24PM – 2:59PM	Saubhagya Until 3:22AM Sun	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 19
		585792363 <b>Rahu</b> 8:39AM – 10:14AM	Bava Until 10:29PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 9:36AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:21AM				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

<b>4 Sunday, September 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 139 Hemalamba 5119
Makara Rasi: 8.09	Tithi 12 – 13	<b>Gulika</b> 2:58PM – 4:33PM	<b>Uttarashadha Until 9:25AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:29AM	
		Yama 11:49AM – 1:23PM	Sobhana Until 3:22AM Mon	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 19
		586792363 <b>Rahu</b> 4:33PM – 6:08PM	Kaulava Until 11:50PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi Until 11:13AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 11:18AM				<b>Bhadrapada-Avani</b>		
Then Routine Work - Marana Yoga						

<b>5 Monday, September 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 140 Hemalamba 5119
Makara Rasi: 20.33	Tithi 13 – 14	<b>Gulika</b> 1:23PM – 2:58PM	<b>Shravana Until 11:18AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:29AM	
<b>Family Home Evening</b>		Yama 10:13AM – 11:48AM	Athiganda* Until 2:53AM Tue	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 19
		586892363 <b>Rahu</b> 7:04AM – 8:39AM	Gara Until 12:36AM Tue	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 12:17PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 11:18AM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>○ Tuesday, September 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sun 27 Sutra 141 Hemalamba 5119
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:48AM – 1:22PM	<b>Dhanishtha Until 12:26PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:30AM	
Kumbha Rasi: 3.13	Tithi 14 – 15	Yama 8:39AM – 10:13AM	Sukarma Until 1:56AM Wed	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 19
		596892363 <b>Rahu</b> 2:57PM – 4:32PM	Visti Until 12:46AM Wed	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:44PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 12:26PM				<b>Bhadrapada-Avani</b>		
Then Routine Work - Marana Yoga						

<b>Wednesday, September 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal Sun 28 Sutra 142 Hemalamba 5119
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:13AM – 11:48AM	<b>Shatabhishak Until 12:49PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:30AM	
Kumbha Rasi: 16.1	Tithi 15 – 16	Yama 7:05AM – 8:39AM	Dhriti Until 12:33AM Thu	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 19
		596892363 <b>Rahu</b> 11:48AM – 1:22PM	Balava Until 12:20AM Thu	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 12:36PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 12:49PM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda





Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Shula\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal  
Sutra 143

Kumbha Rasi: 29.25    Tihi 16 – 17

**Gulika** 8:39AM – 10:13AM  
Yama 5:31AM – 7:05AM  
Rahu 1:21PM – 2:56PM

**Purvaprosarthapada\* Until 12:58PM**  
Shula\* Until 10:42PM  
Taitila Until 11:24PM  
Prathama\* Until 11:54AM

**Ganesh:** White    *Sunrise:* 5:31AM  
**Muruga:** Blue    *Sunset:* 6:04PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

1

Friday, September 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprosarthapada\*/Uttaraprosarthapada Nakshatra Ganda\* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal  
Sun 1    Sutra 144

Meena Rasi: 12.57    Tihi 17 – 18

**Gulika** 7:05AM – 8:39AM  
Yama 2:55PM – 4:29PM  
Rahu 10:13AM – 11:47AM

**Uttaraprosarthapada Until 12:30PM**  
Ganda\* Until 8:32PM  
Vanija Until 10:02PM  
Dvitiya Until 10:44AM

**Ganesh:** White    *Sunrise:* 5:31AM  
**Muruga:** Blue    *Sunset:* 6:03PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

2

Saturday, September 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Vriddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal  
Sun 2    Sutra 145

Meena Rasi: 26.43    Tihi 18 – 19

**Gulika** 5:32AM – 7:05AM  
Yama 1:20PM – 2:54PM  
Rahu 8:39AM – 10:13AM

**Revati Until 11:31AM**  
Vriddhi Until 6:07PM  
Bava Until 8:20PM  
Tritiya Until 9:12AM

**Ganesh:** White    *Sunrise:* 5:32AM  
**Muruga:** Blue    *Sunset:* 6:02PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Routine Work    Prabalarishta Yoga  
Until 11:31AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

3

Sunday, September 10, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal  
Sun 3    Sutra 146

Mesha Rasi: 10.4    Tihi 19 – 20

**Gulika** 2:53PM – 4:27PM  
Yama 11:46AM – 1:20PM  
Rahu 4:27PM – 6:00PM

**Ashvini Until 10:34AM**  
Dhruva Until 3:28PM  
Kaulava Until 6:24PM  
Chaturthi\* Until 7:22AM

**Ganesh:** Clear    *Sunrise:* 5:32AM  
**Muruga:** Blue    *Sunset:* 6:00PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

Until 10:34AM

Grandparent's Day

Devaloka Time: 9:AM to 12:PM

Then Routine Work - Prabalarishta Yoga

4

Monday, September 11, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal  
Sun 4    Sutra 147

Mesha Rasi: 24.43    Tihi 21

**Gulika** 1:19PM – 2:53PM  
Yama 10:12AM – 11:46AM  
Rahu 7:06AM – 8:39AM

**Bharani Until 9:17AM**  
Vyaghata\* Until 12:42PM  
Gara Until 4:20PM  
Shashthi\* Until 3:14AM Tue

**Ganesh:** White    *Sunrise:* 5:32AM  
**Muruga:** Blue    *Sunset:* 5:59PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

Until 9:17AM

Then Routine Work - Marana Yoga

5

Tuesday, September 12, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Kathmandu, Nepal  
Sun 5    Sutra 148

Vrishabha Rasi: 8.52    Tihi 22

**Gulika** 11:45AM – 1:19PM  
Yama 8:39AM – 10:12AM  
Rahu 2:52PM – 4:25PM

**Krittika Until 7:45AM**  
Harshana Until 9:52AM  
Visti Until 2:10PM  
Saptami Until 1:03AM Wed

**Ganesh:** White    *Sunrise:* 5:33AM  
**Muruga:** Blue    *Sunset:* 5:58PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

Until 7:45AM

Then Creative Work - Amrita Yoga

D

Wednesday, September 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal  
Sun 6    Sutra 149

Vrishabha Rasi: 23.02    Tihi 23

**Gulika** 10:12AM – 11:45AM  
Yama 7:06AM – 8:39AM  
Rahu 11:45AM – 1:18PM

**Rohini Until 6:28AM**  
Vajra\* Until 6:58AM  
Balava Until 11:58AM  
Ashtami\* Until 10:51PM

**Ganesh:** Clear    *Sunrise:* 5:33AM  
**Muruga:** Blue    *Sunset:* 5:57PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
Ashtami

Creative Work    Siddha Yoga

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Thursday, September 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal  
Sun 7    Sutra 150

Mithuna Rasi: 7.13    Tihi 24

**Gulika** 8:39AM – 10:12AM  
Yama 5:34AM – 7:07AM  
Rahu 1:18PM – 2:50PM

**Ardra Until 3:30AM Fri**  
Vyatipata\* Until 1:15AM Fri  
Taitila Until 9:47AM  
Navami\* Until 8:41PM

**Ganesh:** Clear    *Sunrise:* 5:34AM  
**Muruga:** Blue    *Sunset:* 5:56PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
Navami

Routine Work    Marana Yoga

**Bhuloka Day**

Until 3:30AM Fri

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time


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<b>1</b>	<b>Friday, September 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Variyan Yoga Vanija/Visti* Karana Dashamyam Titau				Kathmandu, Nepal Sun 8 Sutra 151 Hemalamba 5119
	Mithuna Rasi: 21.23	Tithi 25	<b>Gulika</b> 7:07AM – 8:39AM	<b>Punarvasu</b> Until 2:19AM Sat	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:34AM	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 21
			Yama 2:50PM – 4:22PM	Variyan Until 10:26PM	<b>Muruga:</b> Blue		2nd Phase
	Creative Work	Siddha Yoga	547892363 <b>Rahu</b> 10:12AM – 11:44AM	Vanija Until 7:39AM	<b>Nataraja:</b> Purple		
			<b>Dashami</b> Until 6:35PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada</b> •Avani			

<b>2</b>	<b>Saturday, September 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Kathmandu, Nepal Sun 9 Sutra 152 Hemalamba 5119
	Kataka Rasi: 5.29	Tithi 26 – 27	<b>Gulika</b> 5:35AM – 7:07AM	<b>Pushya</b> Until 1:08AM Sun	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:35AM	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 21
			Yama 1:16PM – 2:49PM	Parigha* Until 7:44PM	<b>Muruga:</b> Blue		2nd Phase
	Creative Work	Siddha Yoga	547892363 <b>Rahu</b> 8:39AM – 10:12AM	Kaulava Until 3:40AM Sun	<b>Nataraja:</b> Purple		
			<b>Ekadashi*</b> Until 4:35PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada</b> •Puratasi			

<b>3</b>	<b>Sunday, September 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau				Kathmandu, Nepal Sun 10 Sutra 153 Hemalamba 5119
	Kataka Rasi: 19.29	Tithi 27 – 28	<b>Gulika</b> 2:48PM – 4:20PM	<b>Ashlesha*</b> Until 11:58PM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:35AM	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 21
			Yama 11:44AM – 1:16PM	Shiva Until 5:11PM	<b>Muruga:</b> Blue		2nd Phase
	Creative Work	Siddha Yoga	548892363 <b>Rahu</b> 4:20PM – 5:52PM	Gara Until 1:56AM Mon	<b>Nataraja:</b> Purple		
			<b>Dvodashi*</b> Until 2:45PM	Moon – Blue		<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Bhadrapada</b> •Puratasi			

<b>4</b>	<b>Monday, September 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 11 Sutra 154 Hemalamba 5119
	Simha Rasi: 3.23	Tithi 28 – 29	<b>Gulika</b> 1:15PM – 2:47PM	<b>Magha*</b> Until 11:22PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:36AM	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 21
	<b>Family Home Evening</b>		Yama 10:11AM – 11:43AM	Siddha Until 2:48PM	<b>Muruga:</b> Blue		2nd Phase
	Routine Work	Marana Yoga	558892363 <b>Rahu</b> 7:08AM – 8:39AM	Visti Until 12:29AM Tue	<b>Nataraja:</b> Purple		
			<b>Trayodashi*</b> Until 1:09PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada</b> •Puratasi			

	<b>Tuesday, September 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 12 Sutra 155 Hemalamba 5119
	<b>Retreat Star</b>		<b>Gulika</b> 11:43AM – 1:15PM	<b>Purvaphalguni</b> Until 10:58PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:36AM	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 21
	Simha Rasi: 17.05	Tithi 29 – 30	Yama 8:40AM – 10:11AM	Sadhya Until 12:41PM	<b>Muruga:</b> Blue		Amavasya
	Creative Work	Siddha Yoga	558892363 <b>Rahu</b> 2:46PM – 4:18PM	Catuspada Until 11:23PM	<b>Nataraja:</b> Purple		
			<b>Chaturdashi*</b> Until 11:52AM	Moon – Red		<b>Bhuloka Day</b>	
			<b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Bhadrapada</b> •Puratasi			

	<b>Wednesday, September 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 13 Sutra 156 Hemalamba 5119
	<b>Retreat Star</b>		<b>Gulika</b> 10:11AM – 11:43AM	<b>Uttaraphalguni</b> Until 10:50PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:36AM	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 21
	Kanya Rasi: 0.35	Tithi 30 – 1	Yama 7:08AM – 8:40AM	Subha Until 10:54AM	<b>Muruga:</b> Blue		Prathama
	Creative Work	Amrita Yoga	558892363 <b>Rahu</b> 11:43AM – 1:14PM	Kintughna Until 10:43PM	<b>Nataraja:</b> Purple		
			<b>Amavasya*</b> Until 10:58AM	Moon – Red		<b>Bhuloka Day</b>	
			<b>Navaratri Begins</b>	<b>Ashvina</b> •Puratasi			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Thursday, September 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 14 Sutra 157 Hemalamba 5119
	Kanya Rasi: 13.5	Tithi 1 – 2	<b>Gulika</b> 8:40AM – 10:11AM Yama 5:37AM – 7:08AM Rahu 1:14PM – 2:45PM	<b>Hasta</b> Until 11:31PM Sukla Until 9:27AM Balava Until 10:34PM Prathama* Until 10:33AM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:37AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – Green	<b>Ashvina+Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Routine Work Marana Yoga Until 11:31PM Then Creative Work - Siddha Yoga		568892363				<b>Bhuloka Day</b>	

<b>2</b>	<b>Friday, September 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 158 Hemalamba 5119
	Kanya Rasi: 26.48	Tithi 2 – 3	<b>Gulika</b> 7:09AM – 8:40AM Yama 2:44PM – 4:15PM Rahu 10:11AM – 11:42AM	<b>Chitra</b> Until 12:36AM Sat Brahma Until 8:28AM Taitila Until 10:59PM Dvitiya Until 10:41AM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:37AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Purple Moon – Green	<b>Ashvina+Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga		568892363				<b>Bhuloka Day</b>	

<b>3</b>	<b>Saturday, September 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal Sun 16 Sutra 159 Hemalamba 5119
	Tula Rasi: 9.29	Tithi 3 – 4	<b>Gulika</b> 5:38AM – 7:09AM Yama 1:13PM – 2:43PM Rahu 8:40AM – 10:11AM	<b>Svati</b> Until 2:05AM Sun Indra Until 7:56AM Vanija Until 11:59PM Tritiya Until 11:24AM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:38AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:45PM <b>Nataraja:</b> Purple Moon – Green	<b>Ashvina+Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga Until 2:05AM Sun Then Routine Work - Marana Yoga		568892363				<b>Bhuloka Day</b>	

<b>4</b>	<b>Sunday, September 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 17 Sutra 160 Hemalamba 5119
	Tula Rasi: 21.55	Tithi 4 – 5	<b>Gulika</b> 2:43PM – 4:13PM Yama 11:41AM – 1:12PM Rahu 4:13PM – 5:44PM	<b>Vishakha</b> Until 4:26AM Mon Vaidhriti* Until 7:49AM Bava Until 1:33AM Mon Chaturthi* Until 12:41PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:38AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Purple Moon – Orange	<b>Ashvina+Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Routine Work Marana Yoga Until 4:26AM Mon Then Creative Work - Siddha Yoga		579892363				<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>5</b>	<b>Monday, September 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 18 Sutra 161 Hemalamba 5119
	Vrischika Rasi: 4.07	Tithi 5 – 6	<b>Gulika</b> 1:11PM – 2:42PM Yama 10:10AM – 11:41AM Rahu 7:09AM – 8:40AM	<b>Anuradha</b> Until 7:02AM Tue Vishkambha* Until 8:08AM Kaulava Until 3:34AM Tue Panchami Until 2:29PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:39AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Purple Moon – Orange	<b>Ashvina+Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 7:02AM Tue Then Routine Work - Marana Yoga		579892363				<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>6</b>	<b>Tuesday, September 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 19 Sutra 162 Hemalamba 5119
	Vrischika Rasi: 16.08	Tithi 6 – 7	<b>Gulika</b> 11:41AM – 1:11PM Yama 8:40AM – 10:10AM Rahu 2:41PM – 4:12PM	<b>Anuradha</b> Until 7:02AM Priti Until 8:47AM Gara Until 5:54AM Wed Shashthi* Until 4:41PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:39AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:42PM <b>Nataraja:</b> Purple Moon – Orange	<b>Ashvina+Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga Until 7:02AM Then Routine Work - Marana Yoga		579892363				<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b>	<b>Wednesday, September 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Vanija Karana Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 163 Hemalamba 5119
	Vrischika Rasi: 28.03	Tithi 7	<b>Gulika</b> 10:10AM – 11:40AM Yama 7:10AM – 8:40AM Rahu 11:40AM – 1:10PM	<b>Jyeshtha*</b> Until 9:45AM Ayushman Until 9:36AM Vanija Until 7:07PM Saptami Until 7:07PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:40AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:41PM <b>Nataraja:</b> Purple Moon – Orange	<b>Ashvina+Puratasi</b>	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga Until 9:45AM Then Routine Work - Marana Yoga		679892363				<b>Bhuloka Day</b>	

<b>Retreat Star</b>	<b>Thursday, September 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Visi*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 164 Hemalamba 5119
	Dhanus Rasi: 9.55	Tithi 8	<b>Gulika</b> 8:40AM – 10:10AM Yama 5:40AM – 7:10AM Rahu 1:10PM – 2:40PM	<b>Mula*</b> Until 12:53PM Saubhagya Until 10:31AM Visi Until 8:22AM Durga Ashtami	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:40AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:40PM <b>Nataraja:</b> Purple Moon – Light Blue	<b>Ashvina+Puratasi</b>	Moon 9 - Phase 22 Ashtami
Creative Work Siddha Yoga		689892363				<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b>	<b>Friday, September 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 165 Hemalamba 5119
	Dhanus Rasi: 21.49	Tithi 9	<b>Gulika</b> 7:10AM – 8:40AM Yama 2:39PM – 4:09PM Rahu 10:10AM – 11:40AM	<b>Purvashadha*</b> Until 3:44PM Sobhana Until 11:21AM Balava Until 10:44AM Navami* Until 11:47PM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 5:41AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:38PM <b>Nataraja:</b> Purple Moon – Light Blue	<b>Ashvina+Puratasi</b>	Moon 9 - Phase 22 Navami
Routine Work Prabalarishta Yoga Until 3:44PM Then Routine Work - Marana Yoga		689992363	Saraswathi Puja (Tamil Nadu)			<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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<b>1</b>	<b>Saturday, September 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Kathmandu, Nepal			
	Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dashamyam Titau Sun 23 Sutra 166		Hemalamba 5119			
Makara Rasi: 3.49	Tithi 10	<b>Gulika</b> 5:41AM – 7:11AM	<b>Uttarashadha</b> Until 6:03PM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 5:41AM	Moon 9 - Phase 23	
		Yama 1:09PM – 2:38PM	Athiganda* Until 11:54AM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:37PM	4th Phase	
	689992363	<b>Rahu</b> 8:40AM – 10:10AM	Tailila Until 12:46PM	<b>Nataraja:</b> Purple	Moon – Light Blue	
Routine Work	Marana Yoga		<b>Dashami</b> Until 1:35AM Sun	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b>	
Until 6:03PM					Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>2</b>	<b>Sunday, October 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal			
	Shravana Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 24 Sutra 167		Hemalamba 5119			
Makara Rasi: 16.01	Tithi 11	<b>Gulika</b> 2:38PM – 4:07PM	<b>Shravana</b> Until 8:08PM	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:42AM	Moon 9 - Phase 23	
		Yama 11:39AM – 1:08PM	Sukarma Until 12:04PM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:36PM	4th Phase	
	691992363	<b>Rahu</b> 4:07PM – 5:36PM	Vanija Until 2:16PM	<b>Nataraja:</b> Purple	Moon – Purple	
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 2:45AM Mon	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b>	
Until 8:08PM					Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

<b>3</b>	<b>Monday, October 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal			
	Dhanishtha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 168		Hemalamba 5119			
Makara Rasi: 28.29	Tithi 12	<b>Gulika</b> 1:08PM – 2:37PM	<b>Dhanishtha</b> Until 9:23PM	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:42AM	Moon 9 - Phase 23	
<b>Family Home Evening</b>		Yama 10:09AM – 11:39AM	Dhriti Until 11:44AM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:35PM	4th Phase	
	691992363	<b>Rahu</b> 7:11AM – 8:40AM	Bava Until 3:05PM	<b>Nataraja:</b> Purple	Moon – Purple	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 3:11AM Tue	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b>	
Until 8:08PM					Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

<b>4</b>	<b>Tuesday, October 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal			
	Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau Sun 26 Sutra 169		Hemalamba 5119			
Kumbha Rasi: 11.18	Tithi 13	<b>Gulika</b> 11:38AM – 1:07PM	<b>Shatabhishak</b> Until 9:44PM	<b>Ganesh:</b> Red <i>Sunrise:</i> 5:43AM	Moon 9 - Phase 23	
		Yama 8:40AM – 10:09AM	Shula* Until 10:46AM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:34PM	4th Phase	
	691992363	<b>Rahu</b> 2:36PM – 4:05PM	Kaulava Until 3:09PM	<b>Nataraja:</b> Purple	Moon – Purple	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 2:52AM Wed	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b>	
Until 9:41PM			<i>Pradosha Vrata</i>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

<b>5</b>	<b>Wednesday, October 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Kathmandu, Nepal			
	Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 170		Hemalamba 5119			
Kumbha Rasi: 24.29	Tithi 14	<b>Gulika</b> 10:09AM – 11:38AM	<b>Purvaproshtapada*</b> Until 9:41PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:43AM	Moon 9 - Phase 23	
		Yama 7:12AM – 8:40AM	Ganda* Until 9:14AM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:33PM	4th Phase	
	611992363	<b>Rahu</b> 11:38AM – 1:07PM	Gara Until 2:28PM	<b>Nataraja:</b> Purple	Moon – Clear	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 1:51AM Thu	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b>	
Until 9:41PM					Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

<b>○</b>	<b>Thursday, October 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Kathmandu, Nepal			
	<b>Copper Retreat Star</b>		Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau Sun 27 Sutra 171			
Meena Rasi: 8.04	Tithi 15	<b>Gulika</b> 8:41AM – 10:09AM	<b>Uttaraproshtapada</b> Until 8:51PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:44AM	Moon 9 - Phase 23	
		Yama 5:44AM – 7:12AM	Vridhi Until 7:10AM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:32PM	Purnima	
	611992363	<b>Rahu</b> 1:06PM – 2:35PM	Visti Until 1:07PM	<b>Nataraja:</b> Purple	Moon – Clear	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 12:12AM Fri	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b>	
Until 9:41PM					Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

<b>○</b>	<b>Friday, October 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal			
	<b>Silver Retreat Star</b>		Revati Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 27 Sutra 172			
Meena Rasi: 22	Tithi 16	<b>Gulika</b> 7:12AM – 8:41AM	<b>Revati</b> Until 7:23PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 5:44AM	Moon 9 - Phase 23	
		Yama 2:34PM – 4:02PM	Vyaghata* Until 1:41AM Sat	<b>Muruga:</b> Blue <i>Sunset:</i> 5:31PM	Prathama	
	611992363	<b>Rahu</b> 10:09AM – 11:37AM	Balava Until 11:13AM	<b>Nataraja:</b> Purple	Moon – Clear	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:05PM	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b>	
Until 7:23PM					Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

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Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal  
Sun 1 Sutra 173  
Hemalamba 5119

Mesha Rasi: 6.13 Tihti 17

621992364

**Gulika** 5:45AM – 7:13AM  
**Yama** 1:05PM – 2:33PM  
**Rahu** 8:41AM – 10:09AM

**Ashvini** Until 5:51PM  
Harshana Until 10:32PM  
Taitila Until 8:54AM  
Dvitiya Until 7:38PM

**Ganesha:** Blue *Sunrise: 5:45AM*  
**Muruga:** Blue *Sunset: 5:29PM*  
**Nataraja:** Purple  
Moon – White  
**Ashvina•Puratasi**

Moon 10 - Phase 24  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\* Yoga Vanija/Bava Karana Tritiya/Chaturtham Titau

Kathmandu, Nepal  
Sun 2 Sutra 174  
Hemalamba 5119

Mesha Rasi: 20.38 Tihti 18 – 19

621992364

**Gulika** 2:33PM – 4:00PM  
**Yama** 11:37AM – 1:05PM  
**Rahu** 4:00PM – 5:28PM

**Bharani** Until 3:57PM  
Vajra\* Until 7:12PM  
Vanija Until 6:20AM  
Tritiya Until 4:59PM

**Ganesha:** Blue *Sunrise: 5:45AM*  
**Muruga:** Blue *Sunset: 5:28PM*  
**Nataraja:** Clear  
Moon – White  
**Ashvina•Puratasi**

Moon 10 - Phase 24  
1st Phase

**Sivaloka Day**

Routine Work Prabalarishta Yoga  
Until 3:57PM  
Then Creative Work - Siddha Yoga

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal  
Sun 3 Sutra 175  
Hemalamba 5119

Vrishabha Rasi: 5.08 Tihti 19 – 20

621992364

**Gulika** 1:04PM – 2:32PM  
**Yama** 10:09AM – 11:36AM  
**Rahu** 7:13AM – 8:41AM

**Krittika** Until 1:52PM  
Siddhi Until 3:51PM  
Kaulava Until 12:58AM Tue  
Chaturthi\* Until 2:17PM

**Ganesha:** Blue *Sunrise: 5:46AM*  
**Muruga:** Blue *Sunset: 5:27PM*  
**Nataraja:** Clear  
Moon – White  
**Ashvina•Puratasi**

Moon 10 - Phase 24  
1st Phase

**Sivaloka Day**

Routine Work Marana Yoga  
Until 1:52PM  
Then Creative Work - Amrita Yoga

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\* Varyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal  
Sun 4 Sutra 176  
Hemalamba 5119

Vrishabha Rasi: 19.38 Tihti 20 – 21

631992364

**Gulika** 11:36AM – 1:04PM  
**Yama** 8:41AM – 10:09AM  
**Rahu** 2:31PM – 3:59PM

**Rohini** Until 12:08PM  
Vyatipata\* Until 12:34PM  
Gara Until 10:24PM  
Panchami Until 11:38AM

**Ganesha:** Red *Sunrise: 5:46AM*  
**Muruga:** Blue *Sunset: 5:26PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Ashvina•Puratasi**

Moon 10 - Phase 24  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 12:08PM  
Then Creative Work - Siddha Yoga

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Varyan/Parigha\* Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal  
Sun 5 Sutra 177  
Hemalamba 5119

Mithuna Rasi: 4.01 Tihti 21 – 22

631992364

**Gulika** 10:09AM – 11:36AM  
**Yama** 7:14AM – 8:41AM  
**Rahu** 11:36AM – 1:03PM

**Mrigashira** Until 10:25AM  
Varyan Until 9:24AM  
Visli Until 8:02PM  
Shashthi\* Until 9:10AM

**Ganesha:** Red *Sunrise: 5:47AM*  
**Muruga:** Blue *Sunset: 5:25PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Ashvina•Puratasi**

Moon 10 - Phase 24  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Thursday, October 12, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Parigha\*/Shiva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal  
Sun 6 Sutra 178  
Hemalamba 5119

Mithuna Rasi: 18.16 Tihti 22 – 23

632992364

**Gulika** 8:41AM – 10:09AM  
**Yama** 5:47AM – 7:14AM  
**Rahu** 1:03PM – 2:30PM

**Ardra** Until 8:48AM  
Parigha\* Until 6:27AM  
Kaulava Until 5:00AM Fri  
Saptami Until 6:57AM

**Ganesha:** Blue *Sunrise: 5:47AM*  
**Muruga:** Blue *Sunset: 5:24PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Ashvina•Puratasi**

Moon 10 - Phase 24  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 8:48AM  
Then Creative Work - Amrita Yoga

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal  
Sun 7 Sutra 179  
Hemalamba 5119

Kataka Rasi: 2.18 Tihti 24

642992364

**Gulika** 7:15AM – 8:42AM  
**Yama** 2:29PM – 3:56PM  
**Rahu** 10:08AM – 11:35AM

**Punarvasu** Until 7:45AM  
Siddha Until 1:15AM Sat  
Taitila Until 4:10PM  
Navami\* Until 3:23AM Sat

**Ganesha:** Red *Sunrise: 5:48AM*  
**Muruga:** Blue *Sunset: 5:23PM*  
**Nataraja:** Clear  
Moon – Blue  
**Ashvina•Puratasi**

Moon 10 - Phase 24  
Navami

**Devaloka Day**

Creative Work Siddha Yoga  
Until 7:45AM  
Then Routine Work - Marana Yoga


<b>1</b>	<b>Saturday, October 14, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal	
	Kataka Rasi: 16.08      Tiithi 25		Pushya/Ashlesha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8      Sutra 180	
	642992364		<b>Gulika</b> 5:48AM – 7:15AM	<b>Pushya</b> <b>Until 6:53AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:48AM	Hemalamba 5119		
	Creative Work      Siddha Yoga		Yama      1:02PM – 2:29PM	Sadhya <b>Until 11:02PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 5:22PM	Moon 10 - Phase 25		
Until 6:53AM		<b>Rahu</b> 8:42AM – 10:08AM	Vanija <b>Until 2:43PM</b>	<b>Nataraja:</b> Clear	2nd Phase			
Then Routine Work - Marana Yoga		<b>Dashami</b> <b>Until 2:05AM Sun</b>				<b>Devaloka Day</b>		
		Ashvina•Puratasi						

<b>2</b>	<b>Sunday, October 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal	
	Kataka Rasi: 29.48      Tiithi 26		Ashlesha*/Magha* Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9      Sutra 181	
	642992364		<b>Gulika</b> 2:28PM – 3:55PM	<b>Ashlesha*</b> <b>Until 6:11AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:49AM	Hemalamba 5119		
	Creative Work      Siddha Yoga		Yama      11:35AM – 1:01PM	Subha <b>Until 9:06PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 5:21PM	Moon 10 - Phase 25		
Until 6:11AM		<b>Rahu</b> 3:55PM – 5:21PM	Bava <b>Until 1:35PM</b>	<b>Nataraja:</b> Clear	2nd Phase			
Then Routine Work - Marana Yoga		<b>Ekadashi*</b> <b>Until 1:07AM Mon</b>				<b>Devaloka Day</b>		
		Ashvina•Puratasi						

<b>3</b>	<b>Monday, October 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal	
	Simha Rasi: 13.16      Tiithi 27		Magha*/Purvaphalguni Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10      Sutra 182	
	642992364		<b>Gulika</b> 1:01PM – 2:27PM	<b>Magha*</b> <b>Until 6:06AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:49AM	Hemalamba 5119		
	Family Home Evening		Yama      10:08AM – 11:35AM	Sukla <b>Until 7:23PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 5:20PM	Moon 10 - Phase 25		
Routine Work      Marana Yoga		<b>Rahu</b> 7:16AM – 8:42AM	Kaulava <b>Until 12:46PM</b>	<b>Nataraja:</b> Clear	2nd Phase			
Until 6:06AM		<b>Dvadashi*</b> <b>Until 12:28AM Tue</b>				<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga		Ashvina•Puratasi				Devaloka Time: 6:PM to 9:PM		

<b>4</b>	<b>Tuesday, October 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal	
	Simha Rasi: 26.33      Tiithi 28		Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11      Sutra 183	
	642992364		<b>Gulika</b> 11:35AM – 1:01PM	<b>Purvaphalguni</b> <b>Until 6:12AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:50AM	Hemalamba 5119		
	Creative Work      Siddha Yoga		Yama      8:42AM – 10:08AM	Brahma <b>Until 5:57PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 5:19PM	Moon 10 - Phase 25		
Until 6:12AM		<b>Rahu</b> 2:27PM – 3:53PM	Gara <b>Until 12:17PM</b>	<b>Nataraja:</b> Clear	2nd Phase			
Then Creative Work - Amrita Yoga		<b>Trayodashi*</b> <b>Until 12:10AM Wed</b>				<b>Bhuloka Day</b>		
		Pradosha Vrata (Fasting)				Devaloka Time: 6:PM to 9:PM		
		Ashvina•Aipasi						

<b>5</b>	<b>Wednesday, October 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal	
	Kanya Rasi: 9.39      Tiithi 29		Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12      Sutra 184	
	642992364		<b>Gulika</b> 10:08AM – 11:34AM	<b>Uttaraphalguni</b> <b>Until 6:28AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:51AM	Hemalamba 5119		
	Creative Work      Amrita Yoga		Yama      7:16AM – 8:42AM	Indra <b>Until 4:48PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 5:18PM	Moon 10 - Phase 25		
Until 6:28AM		<b>Rahu</b> 11:34AM – 1:00PM	Visti <b>Until 12:10PM</b>	<b>Nataraja:</b> Clear	2nd Phase			
Then Routine Work - Marana Yoga		<b>Chaturdashi*</b> <b>Until 12:14AM Thu</b>				<b>Bhuloka Day</b>		
		Deepavali Hindu Solidarity Day				Devaloka Time: 6:PM to 9:PM		
		Ashvina•Aipasi						

	<b>Thursday, October 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal	
	<b>Retreat Star</b>		Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13      Sutra 185	
	Kanya Rasi: 22.34      Tiithi 30		Gulika      8:43AM – 10:08AM				Hemalamba 5119	
	642992364		Yama      5:51AM – 7:17AM	Hasta <b>Until 7:25AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:51AM	Moon 10 - Phase 25		
Routine Work      Marana Yoga		<b>Rahu</b> 1:00PM – 2:26PM	Vaidhriti* <b>Until 3:57PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 5:17PM	Amavasya			
Until 7:25AM		Catuspada <b>Until 12:26PM</b>				<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga		<b>Amavasya*</b> <b>Until 12:42AM Fri</b>				Devaloka Time: 6:PM to 9:PM		
		Ashvina•Aipasi						

	<b>Friday, October 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal	
	<b>Retreat Star</b>		Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14      Sutra 186	
	Tula Rasi: 5.16      Tiithi 1		Gulika      7:17AM – 8:43AM				Hemalamba 5119	
	642992364		Yama      2:25PM – 3:51PM	<b>Chitra</b> <b>Until 8:38AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:52AM	Moon 10 - Phase 25		
Creative Work      Siddha Yoga		<b>Rahu</b> 10:08AM – 11:34AM	Vishkambha* <b>Until 3:26PM</b>	<b>Muruga:</b> Blue <i>Sunset:</i> 5:16PM	Prathama			
		Kintughna <b>Until 1:08PM</b>				<b>Bhuloka Day</b>		
		<b>Prathama*</b> <b>Until 1:38AM Sat</b>				Devaloka Time: 6:PM to 9:PM		
		Skanda Shasthi Begins				Karttika•Aipasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Saturday, October 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 187	
Tula Rasi: 17.47	Tithi 2	<b>Gulika</b>	5:52AM – 7:18AM	<b>Svati Until 10:07AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:52AM	Hemalamba 5119		
		Yama	12:59PM – 2:25PM	Priti Until 3:17PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:15PM	Moon 10 - Phase 26		
Creative Work	Siddha Yoga	662992364 <b>Rahu</b>	8:43AM – 10:08AM	Balava Until 2:17PM	Nataraja: Clear		3rd Phase		
				<b>Dvitiya Until 3:01AM Sun</b>	Moon – Green		<b>Bhuloka Day</b>		
					<b>Kartika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM		
<b>2</b>		<b>Sunday, October 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 188	
Vrischika Rasi: 0.05	Tithi 3	<b>Gulika</b>	2:24PM – 3:49PM	<b>Vishakha Until 12:22PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:53AM	Hemalamba 5119		
		Yama	11:34AM – 12:59PM	Ayushman Until 3:28PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 26		
Routine Work	Marana Yoga	672992364 <b>Rahu</b>	3:49PM – 5:14PM	Tailila Until 3:54PM	Nataraja: Clear		3rd Phase		
				<b>Tritiya Until 4:51AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>		
					<b>Kartika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM		
<b>3</b>		<b>Monday, October 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 189	
Vrischika Rasi: 12.13	Tithi 4	<b>Gulika</b>	12:58PM – 2:23PM	<b>Anuradha Until 2:52PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:53AM	Hemalamba 5119		
<b>Family Home Evening</b>		Yama	10:08AM – 11:33AM	Saubhagya Until 3:58PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 26		
Creative Work	Siddha Yoga	672992364 <b>Rahu</b>	7:18AM – 8:43AM	Vanija Until 5:57PM	Nataraja: Clear		3rd Phase		
				<b>Chaturthi* Until 7:05AM Tue</b>	Moon – Orange		<b>Bhuloka Day</b>		
					<b>Kartika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM		
<b>4</b>		<b>Tuesday, October 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 190	
Vrischika Rasi: 24.11	Tithi 4 – 5	<b>Gulika</b>	11:33AM – 12:58PM	<b>Jyeshtha* Until 5:32PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:54AM	Hemalamba 5119		
		Yama	8:44AM – 10:09AM	Sobhana Until 4:46PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 26		
Routine Work	Marana Yoga	672192364 <b>Rahu</b>	2:23PM – 3:48PM	Bava Until 8:20PM	Nataraja: Clear		3rd Phase		
Until 5:32PM				<b>Chaturthi* Until 7:05AM</b>	Moon – Orange		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga					<b>Kartika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM		
<b>5</b>		<b>Wednesday, October 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 19 Sutra 191	
Dhanus Rasi: 6.04	Tithi 5 – 6	<b>Gulika</b>	10:09AM – 11:33AM	<b>Mula* Until 8:45PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:55AM	Hemalamba 5119		
		Yama	7:19AM – 8:44AM	Athiganda* Until 5:41PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 26		
Routine Work	Marana Yoga	683192364 <b>Rahu</b>	11:33AM – 12:58PM	Kaulava Until 10:56PM	Nataraja: Clear		3rd Phase		
Until 8:45PM				<b>Panchami Until 9:36AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga		<b>Skanda Shasthi</b>			<b>Kartika•Aipasi</b>				
<b>6</b>		<b>Thursday, October 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 192	
Dhanus Rasi: 17.53	Tithi 6 – 7	<b>Gulika</b>	8:44AM – 10:09AM	<b>Purvashadha* Until 11:48PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:55AM	Hemalamba 5119		
		Yama	5:55AM – 7:20AM	Sukarma Until 6:39PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 26		
Creative Work	Siddha Yoga	683112364 <b>Rahu</b>	12:58PM – 2:22PM	Gara Until 1:31AM Fri	Nataraja: Clear		3rd Phase		
Until 11:48PM				<b>Shashthi* Until 12:13PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga					<b>Kartika•Aipasi</b>				
<b>Retreat Star</b>		<b>Friday, October 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 193	
Dhanus Rasi: 29.43	Tithi 7 – 8	<b>Gulika</b>	7:20AM – 8:44AM	<b>Uttarashadha Until 2:29AM Sat</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:56AM	Hemalamba 5119		
		Yama	2:22PM – 3:46PM	Dhriti Until 7:30PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 26		
Routine Work	Marana Yoga	683112364 <b>Rahu</b>	10:09AM – 11:33AM	Visti Until 3:52AM Sat	Nataraja: Clear		Ashtami		
Until 2:29AM Sat				<b>Saptami Until 2:43PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Kartika•Aipasi</b>				
<b>Retreat Star</b>		<b>Saturday, October 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 194	
Makara Rasi: 11.4	Tithi 8 – 9	<b>Gulika</b>	5:57AM – 7:21AM	<b>Shravana Until 5:02AM Sun</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:57AM	Hemalamba 5119		
		Yama	12:57PM – 2:21PM	Shula* Until 8:00PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 26		
Creative Work	Siddha Yoga	693112364 <b>Rahu</b>	8:45AM – 10:09AM	Balava Until 5:43AM Sun	Nataraja: Clear		Navami		
Until 5:02AM Sun				<b>Ashtami* Until 4:50PM</b>	Moon – Purple		<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga					<b>Kartika•Aipasi</b>				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1 Sunday, October 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal
		Dhanishtha Nakshatra Ganda* Yoga Kaulava Karana Navamyam Titau				Sun 23 Sutra 195
Makara Rasi: 23.49		<b>Gulika</b> 2:21PM – 3:45PM	<b>Dhanishtha Until 6:44AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	Hemalamba 5119
Tithi 9		Yama 11:33AM – 12:57PM	Ganda* Until 8:02PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 27
693112364		<b>Rahu</b> 3:45PM – 5:08PM	Kaulava Until 6:22PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Navami* Until 6:22PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 6:44AM Mon				<b>Karttika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, October 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal
		Shatabhishak/Shatabhishak Nakshatra Vriddhi Yoga Tailila/Gara Karana Dashamyam Titau				Sun 24 Sutra 196
Kumbha Rasi: 6.16		<b>Gulika</b> 12:56PM – 2:20PM	<b>Dhanishtha Until 6:44AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Hemalamba 5119
Tithi 10		Yama 10:09AM – 11:33AM	Vriddhi Until 7:29PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 27
693112364		<b>Rahu</b> 7:22AM – 8:45AM	Tailila Until 6:51AM	<b>Nataraja:</b> Clear		4th Phase
Family Home Evening			<b>Dashami Until 7:06PM</b>	Moon – Purple		<b>Devaloka Day</b>
Creative Work Siddha Yoga				<b>Karttika•Aipasi</b>		

<b>3 Tuesday, October 31, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal
		Shatabhishak/Purvaprossthapada* Nakshatra Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 197
Kumbha Rasi: 19.06		<b>Gulika</b> 11:33AM – 12:56PM	<b>Shatabhishak Until 7:29AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	Hemalamba 5119
Tithi 11		Yama 8:46AM – 10:09AM	Dhruva Until 6:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 27
693112364		<b>Rahu</b> 2:20PM – 3:43PM	Vanija Until 7:10AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Ekadashi Until 6:58PM</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Karttika•Aipasi</b>		

<b>4 Wednesday, November 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal
		Purvaprossthapada*Uttarprosthapada Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 198
Meena Rasi: 2.22		<b>Gulika</b> 10:09AM – 11:33AM	<b>Purvaprossthapada* Until 7:41AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	Hemalamba 5119
Tithi 12 – 13		Yama 7:23AM – 8:46AM	Vyaghata* Until 4:18PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 27
613112364		<b>Rahu</b> 11:33AM – 12:56PM	Bava Until 6:36AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga			<b>Dvadashi Until 5:59PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 7:41AM			<i>Pradosha Vrata</i>	<b>Karttika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>5 Thursday, November 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal
		Uttarprosthapada*/Revali Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 199
Meena Rasi: 16.07		<b>Gulika</b> 8:46AM – 10:09AM	<b>Uttarprosthapada Until 6:56AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	Hemalamba 5119
Tithi 13 – 14		Yama 6:00AM – 7:23AM	Harshana Until 1:46PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 27
613112364		<b>Rahu</b> 12:56PM – 2:19PM	Gara Until 3:06AM Fri	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi Until 4:13PM</b>	Moon – Clear		<b>Devaloka Day</b>
				<b>Karttika•Aipasi</b>		

<b>Friday, November 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal
<b>Copper Retreat Star</b>		Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 200
Mesha Rasi: 0.17		<b>Gulika</b> 7:24AM – 8:47AM	<b>Ashvini Until 3:30AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	Hemalamba 5119
Tithi 14 – 15		Yama 2:19PM – 3:42PM	Vajra* Until 10:41AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 27
623112364		<b>Rahu</b> 10:10AM – 11:33AM	Visti Until 12:26AM Sat	<b>Nataraja:</b> Clear		Purnima
Creative Work Amrita Yoga			<b>Chaturdashi* Until 1:49PM</b>	Moon – White		<b>Sivaloka Day</b>
Until 3:30AM Sat				<b>Karttika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>Saturday, November 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal
<b>Silver Retreat Star</b>		Bharani Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 201
Mesha Rasi: 14.51		<b>Gulika</b> 6:01AM – 7:24AM	<b>Bharani Until 1:08AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	Hemalamba 5119
Tithi 15 – 16		Yama 12:55PM – 2:18PM	Siddhi Until 7:12AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 27
623112364		<b>Rahu</b> 8:47AM – 10:10AM	Balava Until 9:23PM	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga			<b>Purnima* Until 10:56AM</b>	Moon – White		<b>Sivaloka Day</b>
				<b>Karttika•Aipasi</b>		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda





Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal  
Sutra 202

Mesha Rasi: 29.4      Tihi 16 – 17

623112364

**Gulika** 2:18PM – 3:41PM  
**Yama** 11:33AM – 12:55PM  
**Rahu** 3:41PM – 5:03PM

**Krittika** **Until 10:27PM**  
Variyan Until 11:31PM  
Taitila Until 6:05PM  
**Prathama\* Until 7:44AM**

**Ganesha:** White      *Sunrise:* 6:02AM  
**Muruga:** White      *Sunset:* 5:03PM  
**Nataraja:** Clear  
Moon – White  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work      Siddha Yoga

**Sivaloka Day**

**1**

Monday, November 6, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kathmandu, Nepal  
Sun 1      Sutra 203

Vrishabha Rasi: 14.37      Tihi 18

633112364

**Gulika** 12:55PM – 2:18PM  
**Yama** 10:10AM – 11:33AM  
**Rahu** 7:25AM – 8:48AM

**Rohini** **Until 8:00PM**  
Parigha\* Until 7:35PM  
Vanija Until 2:45PM  
Tritiya Until 1:05AM Tue

**Ganesha:** Clear      *Sunrise:* 6:03AM  
**Muruga:** White      *Sunset:* 5:03PM  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work      Amrita Yoga

**Devaloka Day**

**Family Home Evening**

**2**

Tuesday, November 7, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal  
Sun 2      Sutra 204

Vrishabha Rasi: 29.31      Tihi 19

733112364

**Gulika** 11:33AM – 12:55PM  
**Yama** 8:48AM – 10:10AM  
**Rahu** 2:17PM – 3:40PM

**Mrigashira** **Until 5:33PM**  
Shiva Until 3:47PM  
Bava Until 11:30AM  
**Chaturthi\* Until 9:56PM**

**Ganesha:** White      *Sunrise:* 6:03AM  
**Muruga:** White      *Sunset:* 5:02PM  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work      Siddha Yoga

**Sivaloka Day**

Until 5:33PM

Then Routine Work - Marana Yoga

**3**

Wednesday, November 8, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal  
Sun 3      Sutra 205

Mithuna Rasi: 14.17      Tihi 20

734112364

**Gulika** 10:11AM – 11:33AM  
**Yama** 7:26AM – 8:49AM  
**Rahu** 11:33AM – 12:55PM

**Ardra** **Until 3:15PM**  
Siddha Until 12:10PM  
Kaulava Until 8:29AM  
**Panchami** **Until 7:06PM**

**Ganesha:** Clear      *Sunrise:* 6:04AM  
**Muruga:** White      *Sunset:* 5:01PM  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work      Siddha Yoga

**Devaloka Day**

**4**

Thursday, November 9, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal  
Sun 4      Sutra 206

Mithuna Rasi: 28.47      Tihi 21 – 22

744112364

**Gulika** 8:49AM – 10:11AM  
**Yama** 6:05AM – 7:27AM  
**Rahu** 12:55PM – 2:17PM

**Punarvasu** **Until 1:38PM**  
Sadhya Until 8:53AM  
Visti Until 3:42AM Fri  
**Shashthi\* Until 4:42PM**

**Ganesha:** Purple      *Sunrise:* 6:05AM  
**Muruga:** White      *Sunset:* 5:01PM  
**Nataraja:** Clear  
Moon – Blue  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
1st Phase

Creative Work      Amrita Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**D**

Friday, November 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal  
Sun 5      Sutra 207

Kataka Rasi: 12.57      Tihi 22 – 23

744112364

**Gulika** 7:27AM – 8:49AM  
**Yama** 2:17PM – 3:38PM  
**Rahu** 10:11AM – 11:33AM

**Pushya** **Until 12:22PM**  
Subha Until 6:01AM  
Balava Until 2:04AM Sat  
**Saptami** **Until 2:48PM**

**Ganesha:** Purple      *Sunrise:* 6:06AM  
**Muruga:** White      *Sunset:* 5:00PM  
**Nataraja:** Clear  
Moon – Blue  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
Ashtami

Routine Work      Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Saturday, November 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal  
Sun 6      Sutra 208

Kataka Rasi: 26.47      Tihi 23 – 24

744112364

**Gulika** 6:06AM – 7:28AM  
**Yama** 12:55PM – 2:16PM  
**Rahu** 8:50AM – 10:11AM

**Ashlesha\*** **Until 11:30AM**  
Brahma Until 1:31AM Sun  
Taitila Until 1:00AM Sun  
**Ashtami\*** **Until 1:27PM**

**Ganesha:** Purple      *Sunrise:* 6:06AM  
**Muruga:** White      *Sunset:* 5:00PM  
**Nataraja:** Clear  
Moon – Blue  
**Karttika•Aipasi**

Hemalamba 5119  
Moon 11 - Phase 28  
Navami

Routine Work      Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Until 11:30AM

Then Creative Work - Amrita Yoga

<b>1 Sunday, November 12, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kathmandu, Nepal Sun 7 Sutra 209 Hemalamba 5119
Simha Rasi: 10.17	Tithi 24 – 25	<b>Gulika</b> 2:16PM – 3:38PM	<b>Magha* Until 11:28AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	
		Yama 11:33AM – 12:55PM	Indra Until 11:57PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:59PM	Moon 11 - Phase 29
	754112364	<b>Rahu</b> 3:38PM – 4:59PM	Vanija Until 12:29AM Mon	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 12:39PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 11:28AM				<b>Karttika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, November 13, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 8 Sutra 210 Hemalamba 5119
Simha Rasi: 23.31	Tithi 25 – 26	<b>Gulika</b> 12:55PM – 2:16PM	<b>Purvaphalguni Until 11:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	
<b>Family Home Evening</b>		Yama 10:12AM – 11:33AM	Vaidhriti* Until 10:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:59PM	Moon 11 - Phase 29
	754112364	<b>Rahu</b> 7:29AM – 8:51AM	Bava Until 12:27AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 12:23PM</b>	Moon – Red		<b>Devaloka Day</b>
				<b>Karttika•Aipasi</b>		

<b>3 Tuesday, November 14, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 211 Hemalamba 5119
Kanya Rasi: 6.28	Tithi 26 – 27	<b>Gulika</b> 11:33AM – 12:55PM	<b>Uttaraphalguni Until 12:25PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM	
		Yama 8:51AM – 10:12AM	Vishkamba* Until 9:52PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:58PM	Moon 11 - Phase 29
	754112364	<b>Rahu</b> 2:16PM – 3:37PM	Kaulava Until 12:51AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 12:35PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 12:25PM				<b>Karttika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, November 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 10 Sutra 212 Hemalamba 5119
Kanya Rasi: 19.14	Tithi 27 – 28	<b>Gulika</b> 10:13AM – 11:34AM	<b>Hasta Until 1:45PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:09AM	
		Yama 7:30AM – 8:52AM	Priti Until 9:19PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:58PM	Moon 11 - Phase 29
	764112364	<b>Rahu</b> 11:34AM – 12:55PM	Gara Until 1:40AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 1:11PM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 1:45PM		<b>Subramuniyaswami Mahasamadhi</b>	<i>Pradosha Vrata (Fasting)</i>	<b>Karttika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>5 Thursday, November 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 11 Sutra 213 Hemalamba 5119
Tula Rasi: 1.49	Tithi 28 – 29	<b>Gulika</b> 8:52AM – 10:13AM	<b>Chitra Until 3:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	
		Yama 6:10AM – 7:31AM	Ayushman Until 9:01PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 29
	764112364	<b>Rahu</b> 12:55PM – 2:16PM	Visti Until 2:50AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 2:11PM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 3:18PM				<b>Karttika•Karttikai</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>6 Friday, November 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 12 Sutra 214 Hemalamba 5119
Tula Rasi: 14.15	Tithi 29 – 30	<b>Gulika</b> 7:32AM – 8:52AM	<b>Svati Until 5:01PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:11AM	
		Yama 2:16PM – 3:36PM	Saubhagya Until 9:00PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 29
	764212365	<b>Rahu</b> 10:13AM – 11:34AM	Catuspada Until 4:21AM Sat	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:31PM</b>	Moon – Green		<b>Bhuloka Day</b>
				<b>Karttika•Karttikai</b>		Devaloka Time: 9:AM to 12:PM

<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 13 Sutra 215 Hemalamba 5119
Tula Rasi: 26.32	Tithi 30 – 1	<b>Gulika</b> 6:12AM – 7:32AM	<b>Vishakha Until 7:23PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:12AM	
		Yama 12:55PM – 2:15PM	Sobhana Until 9:16PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 29
	774212365	<b>Rahu</b> 8:53AM – 10:14AM	Kintughna Until 6:12AM Sun	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 5:13PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Karttika•Karttikai</b>		Devaloka Time: 9:AM to 12:PM

<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 216 Hemalamba 5119
Vrishchika Rasi: 8.4	Tithi 1	<b>Gulika</b> 2:15PM – 3:36PM	<b>Anuradha Until 9:55PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:12AM	
		Yama 11:34AM – 12:55PM	Athiganda* Until 9:44PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 29
	774212365	<b>Rahu</b> 3:36PM – 4:56PM	Kintughna Until 6:12AM	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 7:14PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Margasira•Karttikai</b>		Devaloka Time: 9:AM to 12:PM

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Monday, November 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 217 Hemalamba 5119
	Vrischika Rasi: 20.41 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 12:34AM Tue Then Creative Work - Amrita Yoga	Tithi 2 774212365	<b>Gulika</b> Yama <b>Rahu</b>	2:15PM - 2:15PM 10:14AM - 11:35AM 7:34AM - 8:54AM	<b>Jyeshtha* Until 12:34AM Tue</b> Sukarma Until 10:27PM Balava Until 8:23AM <b>Dvitiya Until 9:34PM</b>	<b>Ganesh:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Orange <b>Margasira-Karttikai</b>	Sunrise: 6:13AM Sunset: 4:56PM Moon 11 - Phase 30 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>2</b>	<b>Tuesday, November 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 218 Hemalamba 5119
	Dhanus Rasi: 2.35 Creative Work Amrita Yoga Until 6:56AM Thu Then Routine Work - Marana Yoga	Tithi 3 785212365	<b>Gulika</b> Yama <b>Rahu</b>	11:35AM - 12:55PM 8:54AM - 10:15AM 2:15PM - 3:36PM	<b>Mula* Until 3:47AM Wed</b> Dhriti Until 11:22PM Tailila Until 10:52AM <b>Tritiya Until 12:10AM Wed</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Light Blue <b>Margasira-Karttikai</b>	Sunrise: 6:14AM Sunset: 4:56PM Moon 11 - Phase 30 3rd Phase <b>Bhuloka Day</b>

<b>3</b>	<b>Wednesday, November 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 219 Hemalamba 5119
	Dhanus Rasi: 14.25 Creative Work Amrita Yoga Until 6:56AM Thu Then Routine Work - Marana Yoga	Tithi 4 785212365	<b>Gulika</b> Yama <b>Rahu</b>	10:15AM - 11:35AM 7:35AM - 8:55AM 11:35AM - 12:55PM	<b>Purvashadha* Until 6:56AM Thu</b> Shula* Until 12:21AM Thu Vanija Until 1:32PM <b>Chaturthi* Until 2:53AM Thu</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Light Blue <b>Margasira-Karttikai</b>	Sunrise: 6:15AM Sunset: 4:56PM Moon 11 - Phase 30 3rd Phase <b>Bhuloka Day</b>

<b>4</b>	<b>Thursday, November 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 220 Hemalamba 5119
	Dhanus Rasi: 26.12 Creative Work Siddha Yoga Until 6:56AM Then Routine Work - Marana Yoga	Tithi 5 785212365	<b>Gulika</b> Yama <b>Rahu</b>	8:55AM - 10:15AM 6:16AM - 7:35AM 12:55PM - 2:15PM	<b>Purvashadha* Until 6:56AM</b> Ganda* Until 1:20AM Fri Bava Until 4:15PM <b>Panchami Until 5:33AM Fri</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Light Blue <b>Margasira-Karttikai</b>	Sunrise: 6:16AM Sunset: 4:55PM Moon 11 - Phase 30 3rd Phase <b>Bhuloka Day</b>

<b>5</b>	<b>Friday, November 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Kaulava Karana Shashthyam Titau				Kathmandu, Nepal Sun 19 Sutra 221 Hemalamba 5119
	Makara Rasi: 8 Routine Work Marana Yoga	Tithi 6 785212365	<b>Gulika</b> Yama <b>Rahu</b>	7:36AM - 8:56AM 2:15PM - 3:35PM 10:16AM - 11:36AM	<b>Uttarashadha Until 9:51AM</b> Vriddhi Until 2:10AM Sat Kaulava Until 6:50PM <b>Shashthi* Until 7:58AM Sat</b>	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Light Blue <b>Margasira-Karttikai</b>	Sunrise: 6:16AM Sunset: 4:55PM Moon 11 - Phase 30 3rd Phase <b>Bhuloka Day</b>

<b>6</b>	<b>Saturday, November 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 222 Hemalamba 5119
	Makara Rasi: 19.55 Creative Work Siddha Yoga	Tithi 6 - 7 795212365	<b>Gulika</b> Yama <b>Rahu</b>	6:17AM - 7:37AM 12:56PM - 2:15PM 8:57AM - 10:16AM	<b>Shravana Until 12:49PM</b> Dhruva Until 2:38AM Sun Gara Until 9:02PM <b>Shashthi* Until 7:58AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Purple <b>Margasira-Karttikai</b>	Sunrise: 6:17AM Sunset: 4:55PM Moon 11 - Phase 30 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>D</b>	<b>Sunday, November 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 223 Hemalamba 5119		
	<b>Retreat Star</b>		Kumbha Rasi: 2.01 Routine Work Marana Yoga Until 3:05PM Then Creative Work - Siddha Yoga	Tithi 7 - 8 795212365	<b>Gulika</b> Yama <b>Rahu</b>	2:16PM - 3:35PM 11:36AM - 12:56PM 3:35PM - 4:55PM	<b>Dhanishtha Until 3:05PM</b> Vyaghata* Until 2:37AM Mon Visti Until 10:37PM <b>Saptami Until 9:54AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Purple <b>Margasira-Karttikai</b>	Sunrise: 6:18AM Sunset: 4:55PM Moon 11 - Phase 30 Ashtami <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>D</b>	<b>Monday, November 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvashadha* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 224 Hemalamba 5119		
	<b>Retreat Star</b>		Kumbha Rasi: 14.23 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 4:30PM Then Routine Work - Marana Yoga	Tithi 8 - 9 795212365	<b>Gulika</b> Yama <b>Rahu</b>	12:56PM - 2:16PM 10:17AM - 11:37AM 7:38AM - 8:58AM	<b>Shatabhishak Until 4:30PM</b> Harshana Until 2:00AM Tue Balava Until 11:24PM <b>Ashtami* Until 11:06AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Purple <b>Margasira-Karttikai</b>	Sunrise: 6:19AM Sunset: 4:55PM Moon 11 - Phase 30 Navami <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1

Tuesday, November 28, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Navami/Dashamyam TitauKathmandu, Nepal  
Sun 23 Sutra 225

Kumbha Rasi: 27.08 Tithi 9 - 10

Gulika 11:37AM - 12:56PM  
Yama 8:58AM - 10:18AM  
Rahu 2:16PM - 3:35PMPurvaproshtapada\* Until 5:22PM  
Vajra\* Until 12:39AM Wed  
Taitila Until 11:18PM  
Navami\* Until 11:27AMGanesha: Yellow Sunrise: 6:19AM  
Muruga: White Sunset: 4:55PM  
Nataraja: White  
Moon - Clear  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseBhuloka Day  
Devaloka Time: 6:AM to 9:AMRoutine Work Marana Yoga  
Until 5:22PM

Then Creative Work - Amrita Yoga

2

Wednesday, November 29, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam TitauKathmandu, Nepal  
Sun 24 Sutra 226

Meena Rasi: 10.2 Tithi 10 - 11

Gulika 10:18AM - 11:37AM  
Yama 7:39AM - 8:59AM  
Rahu 11:37AM - 12:57PMUttaraproshtapada Until 5:12PM  
Siddhi Until 10:36PM  
Vanija Until 10:16PM  
Dashami Until 10:52AMGanesha: Yellow Sunrise: 6:20AM  
Muruga: White Sunset: 4:54PM  
Nataraja: White  
Moon - Clear  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseBhuloka Day  
Devaloka Time: 6:AM to 9:AMCreative Work Siddha Yoga  
Until 5:12PM

Then Routine Work - Marana Yoga

3

Thursday, November 30, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Vyatipata\* Yoga Visti\*/Bava Karana Ekadashi/Dvadashyam TitauKathmandu, Nepal  
Sun 25 Sutra 227

Meena Rasi: 24.01 Tithi 11 - 12

Gulika 8:59AM - 10:18AM  
Yama 6:21AM - 7:40AM  
Rahu 12:57PM - 2:16PMRevati Until 4:02PM  
Vyatipata\* Until 7:54PM  
Bava Until 8:25PM  
Ekadashi Until 9:25AMGanesha: White Sunrise: 6:21AM  
Muruga: White Sunset: 4:54PM  
Nataraja: White  
Moon - Clear  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th Phase

Devaloka Day

Creative Work Siddha Yoga  
Until 4:02PM

Then Creative Work - Amrita Yoga

4

Friday, December 1, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Variyan/Parigha\* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam TitauKathmandu, Nepal  
Sun 26 Sutra 228

Mesha Rasi: 8.13 Tithi 12 - 13

Gulika 7:41AM - 9:00AM  
Yama 2:16PM - 3:35PM  
Rahu 10:19AM - 11:38AMAshvini Until 2:26PM  
Variyan Until 4:36PM  
Taitila Until 4:20AM Sat  
Dvadashi Until 7:12AMGanesha: Clear Sunrise: 6:22AM  
Muruga: White Sunset: 4:54PM  
Nataraja: White  
Moon - White  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseBhuloka Day  
Devaloka Time: 9:AM to 12:PMCreative Work Amrita Yoga  
Until 2:26PM

Then Creative Work - Siddha Yoga

5

Saturday, December 2, 2017

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Chaturdashyam TitauKathmandu, Nepal  
Sun 27 Sutra 229

Mesha Rasi: 22.52 Tithi 14

Gulika 6:22AM - 7:41AM  
Yama 12:57PM - 2:16PM  
Rahu 9:00AM - 10:19AMBharani Until 12:07PM  
Parigha\* Until 12:51PM  
Gara Until 2:44PM  
Chaturdashi\* Until 1:00AM SunGanesha: Clear Sunrise: 6:22AM  
Muruga: White Sunset: 4:54PM  
Nataraja: White  
Moon - White  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
4th PhaseBhuloka Day  
Devaloka Time: 9:AM to 12:PMCreative Work Siddha Yoga  
Until 12:07PM

Then Creative Work - Amrita Yoga

O

Sunday, December 3, 2017

Copper Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Purnimayam TitauKathmandu, Nepal  
Sutra 230

Vrishabha Rasi: 7.51 Tithi 15

Gulika 2:17PM - 3:36PM  
Yama 11:39AM - 12:58PM  
Rahu 3:36PM - 4:54PMKrittika Until 9:15AM  
Shiva Until 8:48AM  
Visti Until 11:13AM  
Purnima\* Until 9:22PMGanesha: Clear Sunrise: 6:23AM  
Muruga: White Sunset: 4:54PM  
Nataraja: White  
Moon - White  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
PurnimaBhuloka Day  
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Monday, December 4, 2017

Silver Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Taitila Karana Prathama/Dvityayam TitauKathmandu, Nepal  
Sutra 231

Vrishabha Rasi: 23.03 Tithi 16 - 17

Gulika 12:58PM - 2:17PM  
Yama 10:20AM - 11:39AM  
Rahu 7:43AM - 9:02AMRohini Until 6:26AM  
Sadhya Until 12:12AM Tue  
Balava Until 7:30AM  
Prathama\* Until 5:36PMGanesha: Purple Sunrise: 6:24AM  
Muruga: White Sunset: 4:55PM  
Nataraja: White  
Moon - Yellow  
Margasira\*KarttikaiHemalamba 5119  
Moon 11 - Phase 31  
Prathama

Devaloka Day

Creative Work Amrita Yoga

Vinayaga Viratam Begins



Tuesday, December 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal  
Sun 1 Sutra 232

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 8.17    Tihi 17 – 18  
736212365

**Gulika** 11:40AM – 12:58PM  
Yama 9:02AM – 10:21AM  
**Rahu** 2:17PM – 3:36PM

**Ardra Until 12:26AM Wed**  
Subha Until 8:00PM  
Vanija Until 12:09AM Wed  
**Dvitiya Until 1:55PM**

**Ganesha:** Purple    *Sunrise:* 6:25AM  
**Muruga:** White    *Sunset:* 4:55PM  
**Nataraja:** White  
Moon – Yellow  
**Margasira•Karttikai**

**Devaloka Day**

Routine Work    Marana Yoga  
Until 12:26AM Wed  
Then Creative Work - Siddha Yoga

Wednesday, December 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal  
Sun 2 Sutra 233

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 23.23    Tihi 18 – 19  
746212365

**Gulika** 10:21AM – 11:40AM  
Yama 7:44AM – 9:03AM  
**Rahu** 11:40AM – 12:59PM

**Punarvasu Until 10:01PM**  
Sukla Until 3:59PM  
Bava Until 8:51PM  
**Tritiya Until 10:26AM**

**Ganesha:** Clear    *Sunrise:* 6:25AM  
**Muruga:** White    *Sunset:* 4:55PM  
**Nataraja:** White  
Moon – Blue  
**Margasira•Karttikai**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Thursday, December 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal  
Sun 3 Sutra 234

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 8.13    Tihi 19 – 20  
746212365

**Gulika** 9:03AM – 10:22AM  
Yama 6:26AM – 7:45AM  
**Rahu** 12:59PM – 2:18PM

**Pushya Until 7:56PM**  
Brahma Until 12:20PM  
Kaulava Until 6:00PM  
**Chaturthi\* Until 7:20AM**

**Ganesha:** Clear    *Sunrise:* 6:26AM  
**Muruga:** White    *Sunset:* 4:55PM  
**Nataraja:** White  
Moon – Blue  
**Margasira•Karttikai**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work    Amrita Yoga  
Until 7:56PM  
Then Creative Work - Siddha Yoga

Friday, December 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashtyam Titau

Kathmandu, Nepal  
Sun 4 Sutra 235

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 22.4    Tihi 21  
747212365

**Gulika** 7:45AM – 9:04AM  
Yama 2:18PM – 3:36PM  
**Rahu** 10:22AM – 11:41AM

**Ashlesha\* Until 6:17PM**  
Indra Until 9:08AM  
Gara Until 3:44PM  
**Shashti\* Until 2:50AM Sat**

**Ganesha:** White    *Sunrise:* 6:27AM  
**Muruga:** White    *Sunset:* 4:55PM  
**Nataraja:** White  
Moon – Blue  
**Margasira•Karttikai**

**Bhuloka Day**

Routine Work    Marana Yoga

Saturday, December 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Kathmandu, Nepal  
Sun 5 Sutra 236

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Simha Rasi: 6.42    Tihi 22  
757212365

**Gulika** 6:27AM – 7:46AM  
Yama 1:00PM – 2:18PM  
**Rahu** 9:04AM – 10:23AM

**Magha\* Until 5:36PM**  
Vaidhriti\* Until 6:26AM  
Visti Until 2:09PM  
**Saptami Until 1:36AM Sun**

**Ganesha:** Yellow    *Sunrise:* 6:27AM  
**Muruga:** White    *Sunset:* 4:55PM  
**Nataraja:** White  
Moon – Red  
**Margasira•Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga  
Until 5:36PM  
Then Creative Work - Siddha Yoga

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal  
Sun 6 Sutra 237

Hemalamba 5119

Moon 12 - Phase 32

Ashtami

Simha Rasi: 20.18    Tihi 23  
757212365

**Gulika** 2:19PM – 3:37PM  
Yama 11:42AM – 1:00PM  
**Rahu** 3:37PM – 4:55PM

**Purvaphalguni Until 5:29PM**  
Priti Until 2:47AM Mon  
Balava Until 1:17PM  
**Ashtami\* Until 1:06AM Mon**

**Ganesha:** Yellow    *Sunrise:* 6:28AM  
**Muruga:** White    *Sunset:* 4:55PM  
**Nataraja:** White  
Moon – Red  
**Margasira•Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga  
Until 5:29PM  
Then Creative Work - Amrita Yoga

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal  
Sun 7 Sutra 238

Hemalamba 5119

Moon 12 - Phase 32

Navami

Kanya Rasi: 3.29    Tihi 24  
757212365

**Gulika** 1:01PM – 2:19PM  
Yama 10:24AM – 11:42AM  
**Rahu** 7:47AM – 9:06AM

**Uttaraphalguni Until 5:54PM**  
Ayushman Until 1:46AM Tue  
Taitila Until 1:08PM  
**Navami\* Until 1:18AM Tue**

**Ganesha:** Yellow    *Sunrise:* 6:29AM  
**Muruga:** White    *Sunset:* 4:56PM  
**Nataraja:** White  
Moon – Red  
**Margasira•Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Family Home Evening  
Creative Work    Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

<b>1</b>		<b>Tuesday, December 12, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal		Sun 8 Sutra 239	
Kanya Rasi: 16.21		Tihti 25		Hasta Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau		Hemalamba 5119	
Creative Work		Siddha Yoga		<b>Gulika</b> 11:43AM – 1:01PM	<b>Hasta</b> Until 7:14PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:29AM	
		767312365		<b>Yama</b> 9:06AM – 10:24AM	<b>Saubhagya</b> Until 1:13AM Wed	<b>Muruga:</b> White <i>Sunset:</i> 4:56PM	Moon 12 - Phase 33
				<b>Rahu</b> 2:19PM – 3:38PM	<b>Vanija</b> Until 1:39PM	<b>Nataraja:</b> White	2nd Phase
					<b>Dashami</b> Until 2:07AM Wed	<b>Moon – Green</b>	<b>Bhuloka Day</b>
						<b>Margasira•Karttikai</b>	Devaloka Time: 9:AM to12:PM

<b>2</b>		<b>Wednesday, December 13, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Kathmandu, Nepal		Sun 9 Sutra 240	
Kanya Rasi: 28.56		Tihti 26		Chitra Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		Hemalamba 5119	
Creative Work		Siddha Yoga		<b>Gulika</b> 10:25AM – 11:43AM	<b>Chitra</b> Until 8:57PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:30AM	
		767312365		<b>Yama</b> 7:48AM – 9:07AM	<b>Sobhana</b> Until 1:04AM Thu	<b>Muruga:</b> White <i>Sunset:</i> 4:56PM	Moon 12 - Phase 33
				<b>Rahu</b> 11:43AM – 1:01PM	<b>Bava</b> Until 2:44PM	<b>Nataraja:</b> White	2nd Phase
					<b>Ekadashi*</b> Until 3:25AM Thu	<b>Moon – Green</b>	<b>Bhuloka Day</b>
						<b>Margasira•Karttikai</b>	Devaloka Time: 9:AM to12:PM

<b>3</b>		<b>Thursday, December 14, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Kathmandu, Nepal		Sun 10 Sutra 241	
Tula Rasi: 11.18		Tihti 27		Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Hemalamba 5119	
Creative Work		Amrita Yoga		<b>Gulika</b> 9:07AM – 10:25AM	<b>Svati</b> Until 10:54PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:31AM	
Until 10:54PM				<b>Yama</b> 6:31AM – 7:49AM	<b>Athiganda*</b> Until 1:12AM Fri	<b>Muruga:</b> White <i>Sunset:</i> 4:57PM	Moon 12 - Phase 33
Then Creative Work - Siddha Yoga				<b>Rahu</b> 1:02PM – 2:20PM	<b>Kaulava</b> Until 4:16PM	<b>Nataraja:</b> White	2nd Phase
					<b>Dvadashi*</b> Until 5:09AM Fri	<b>Moon – Green</b>	<b>Bhuloka Day</b>
						<b>Margasira•Karttikai</b>	

<b>4</b>		<b>Friday, December 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal		Sun 11 Sutra 242	
Tula Rasi: 23.3		Tihti 28		Vishakha Nakshatra Sukarma Yoga Gara Karana Trayodashyam Titau		Hemalamba 5119	
Creative Work		Siddha Yoga		<b>Gulika</b> 7:50AM – 9:08AM	<b>Vishakha</b> Until 1:29AM Sat	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:31AM	
		778312365		<b>Yama</b> 2:21PM – 3:39PM	<b>Sukarma</b> Until 1:36AM Sat	<b>Muruga:</b> White <i>Sunset:</i> 4:57PM	Moon 12 - Phase 33
				<b>Rahu</b> 10:26AM – 11:44AM	<b>Gara</b> Until 6:09PM	<b>Nataraja:</b> White	2nd Phase
					<b>Trayodashi*</b> Until 7:11AM Sat	<b>Moon – Orange</b>	<b>Bhuloka Day</b>
					<i>Pradosha Vrata (Fasting)</i>	<b>Margasira•Karttikai</b>	

<b>5</b>		<b>Saturday, December 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Kathmandu, Nepal		Sun 12 Sutra 243	
Vrishchika Rasi: 5.35		Tihti 28 – 29		Anuradha Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Hemalamba 5119	
Creative Work		Siddha Yoga		<b>Gulika</b> 6:32AM – 7:50AM	<b>Anuradha</b> Until 4:10AM Sun	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:32AM	
Until 4:10AM Sun				<b>Yama</b> 1:03PM – 2:21PM	<b>Dhriti</b> Until 2:12AM Sun	<b>Muruga:</b> White <i>Sunset:</i> 4:57PM	Moon 12 - Phase 33
Then Routine Work - Marana Yoga				<b>Rahu</b> 9:08AM – 10:26AM	<b>Visti</b> Until 8:19PM	<b>Nataraja:</b> White	2nd Phase
					<b>Trayodashi*</b> Until 7:11AM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>
				<b>Markali Pillaiyar</b>		<b>Margasira•Markali</b>	

<b>●</b>		<b>Sunday, December 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal		Sun 13 Sutra 244	
<b>Retreat Star</b>				Jyeshtha* Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau		Hemalamba 5119	
Vrishchika Rasi: 17.34		Tihti 29 – 30				Hemalamba 5119	
Routine Work		Marana Yoga		<b>Gulika</b> 2:21PM – 3:40PM	<b>Jyeshtha*</b> Until 6:53AM Mon	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:33AM	
Until 6:53AM Mon				<b>Yama</b> 11:45AM – 1:03PM	<b>Shula*</b> Until 2:56AM Mon	<b>Muruga:</b> White <i>Sunset:</i> 4:58PM	Moon 12 - Phase 33
Then Creative Work - Siddha Yoga				<b>Rahu</b> 3:40PM – 4:58PM	<b>Catuspada</b> Until 10:43PM	<b>Nataraja:</b> White	Amavasya
					<b>Chaturdashi*</b> Until 9:28AM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>
				<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira•Markali</b>	

<b>Monday, December 18, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal		Sun 14 Sutra 245	
Vrishchika Rasi: 29.28		Tihti 30 – 1		Jyeshtha*/Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Hemalamba 5119	
<b>Family Home Evening</b>				<b>Gulika</b> 1:04PM – 2:22PM	<b>Jyeshtha*</b> Until 6:53AM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:33AM	
Creative Work		Siddha Yoga		<b>Yama</b> 10:27AM – 11:46AM	<b>Ganda*</b> Until 3:48AM Tue	<b>Muruga:</b> White <i>Sunset:</i> 4:58PM	Moon 12 - Phase 33
		878312365		<b>Rahu</b> 7:51AM – 9:09AM	<b>Kintughna</b> Until 1:17AM Tue	<b>Nataraja:</b> White	Prathama
					<b>Amavasya*</b> Until 11:58AM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>
						<b>Pausha•Markali</b>	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, December 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 246 Hemalamba 5119	
Dhanus Rasi: 11.19	Tithi 1 – 2	<b>Gulika</b> Yama 888312365	<b>11:46AM – 1:04PM</b> 9:10AM – 10:28AM <b>Rahu</b> 2:22PM – 3:40PM	<b>Mula* Until 10:05AM</b> Vriddhi Until 4:46AM Wed Balava Until 3:58AM Wed <b>Prathama* Until 2:36PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 4:58PM	Moon 12 - Phase 34 3rd Phase <b>Bhuloka Day</b>
Creative Work Amrita Yoga Until 10:05AM Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, December 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 247 Hemalamba 5119	
Dhanus Rasi: 23.07	Tithi 2 – 3	<b>Gulika</b> Yama 888312365	<b>10:29AM – 11:47AM</b> 7:52AM – 9:10AM <b>Rahu</b> 11:47AM – 1:05PM	<b>Purvashadha* Until 1:12PM</b> Dhruva Until 5:42AM Thu Taitila Until 6:40AM Thu <b>Dvitiya Until 5:18PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 4:59PM	Moon 12 - Phase 34 3rd Phase <b>Bhuloka Day</b>
Creative Work Amrita Yoga							

<b>3</b>		<b>Thursday, December 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Kathmandu, Nepal Sun 17 Sutra 248 Hemalamba 5119	
Makara Rasi: 4.56	Tithi 3	<b>Gulika</b> Yama 889312365	<b>9:11AM – 10:29AM</b> 6:35AM – 7:53AM <b>Rahu</b> 1:05PM – 2:23PM	<b>Uttarashadha Until 4:06PM</b> Vyaghata* Until 6:34AM Fri Taitila Until 6:40AM <b>Tritiya Until 7:57PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:35AM <b>Sunset:</b> 4:59PM	Moon 12 - Phase 34 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 4:06PM Then Creative Work - Siddha Yoga		<b>Day 1 of Pancha Ganapati</b>					

<b>4</b>		<b>Friday, December 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau		Kathmandu, Nepal Sun 18 Sutra 249 Hemalamba 5119	
Makara Rasi: 16.47	Tithi 4	<b>Gulika</b> Yama 899312365	<b>7:53AM – 9:11AM</b> 2:24PM – 3:42PM <b>Rahu</b> 10:30AM – 11:48AM	<b>Shravana Until 7:10PM</b> Vyaghata* Until 6:34AM Vanija Until 9:14AM <b>Chaturthi* Until 10:24PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:35AM <b>Sunset:</b> 5:00PM	Moon 12 - Phase 34 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 7:10PM Then Creative Work - Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>					

<b>5</b>		<b>Saturday, December 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau		Kathmandu, Nepal Sun 19 Sutra 250 Hemalamba 5119	
Makara Rasi: 28.44	Tithi 5	<b>Gulika</b> Yama 899312365	<b>6:36AM – 7:54AM</b> 1:06PM – 2:24PM <b>Rahu</b> 9:12AM – 10:30AM	<b>Dhanishtha Until 9:45PM</b> Harshana Until 7:15AM Bava Until 11:31AM <b>Panchami Until 12:28AM Sun</b>	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 5:00PM	Moon 12 - Phase 34 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Until 9:45PM Then Creative Work - Amrita Yoga		<b>Day 3 of Pancha Ganapati</b>					

<b>6</b>		<b>Sunday, December 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Kathmandu, Nepal Sun 20 Sutra 251 Hemalamba 5119	
Kumbha Rasi: 10.5	Tithi 6	<b>Gulika</b> Yama 899312365	<b>2:25PM – 3:43PM</b> 11:49AM – 1:07PM <b>Rahu</b> 3:43PM – 5:01PM	<b>Shatabhishak Until 11:39PM</b> Vajra* Until 7:34AM Kaulava Until 1:20PM <b>Shashthi* Until 1:59AM Mon</b>	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 5:01PM	Moon 12 - Phase 34 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga		<b>Day 4 of Pancha Ganapati</b> Vinayaga Viratam Ends					

<b>Monday, December 25, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau		Kathmandu, Nepal Sun 21 Sutra 252 Hemalamba 5119	
Kumbha Rasi: 23.12	Tithi 7	<b>Gulika</b> Yama 819312365	<b>1:07PM – 2:25PM</b> 10:31AM – 11:49AM <b>Rahu</b> 7:55AM – 9:13AM	<b>Purvaproshtapada* Until 1:12AM Tue</b> Siddhi Until 7:28AM Gara Until 2:31PM <b>Saptami Until 2:48AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> White Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:37AM <b>Sunset:</b> 5:01PM	Moon 12 - Phase 34 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Family Home Evening Routine Work Marana Yoga Until 1:12AM Tue Then Creative Work - Amrita Yoga		<b>Day 5 of Pancha Ganapati</b>					

<b>Tuesday, December 26, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Vairyan Yoga Visti*/Bava Karana Ashtamyam Titau		Kathmandu, Nepal Sun 22 Sutra 253 Hemalamba 5119	
Meena Rasi: 5.53	Tithi 8	<b>Gulika</b> Yama 819312366	<b>11:50AM – 1:08PM</b> 9:13AM – 10:32AM <b>Rahu</b> 2:26PM – 3:44PM	<b>Uttaraproshtapada Until 1:49AM Wed</b> Vyatipata* Until 6:48AM Visti Until 2:55PM <b>Ashtami* Until 2:48AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:37AM <b>Sunset:</b> 5:02PM	Moon 12 - Phase 34 Ashtami <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 1:49AM Wed Then Routine Work - Marana Yoga							

<b>Wednesday, December 27, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau		Kathmandu, Nepal Sun 23 Sutra 254 Hemalamba 5119	
Meena Rasi: 18.58	Tithi 9	<b>Gulika</b> Yama 819312366	<b>10:32AM – 11:50AM</b> 7:56AM – 9:14AM <b>Rahu</b> 11:50AM – 1:08PM	<b>Revati Until 1:28AM Thu</b> Parigha* Until 3:31AM Thu Balava Until 2:29PM <b>Navami* Until 1:56AM Thu</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 5:03PM	Moon 12 - Phase 34 Navami <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 1:28AM Thu Then Creative Work - Amrita Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


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<b>1</b>		<b>Thursday, December 28, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Mesha Rasi: 2.3		Tihti 10		Ashvini Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 255	
		<b>Gulika</b>	9:14AM – 10:32AM	<b>Ashvini Until 12:36AM Fri</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:38AM	Hemalamba 5119
		Yama	6:38AM – 7:56AM	Shiva Until 12:55AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 35
Creative Work Amrita Yoga		821312366	<b>Rahu</b> 1:09PM – 2:27PM	Taitila Until 1:13PM	<b>Nataraja:</b> Green		4th Phase
Until 12:36AM Fri				<b>Dashami Until 12:16AM Fri</b>	Moon – White		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Pausha-Markali</b>		

<b>2</b>		<b>Friday, December 29, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Mesha Rasi: 16.31		Tihti 11		Bharani Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25 Sutra 256	
		<b>Gulika</b>	7:57AM – 9:15AM	<b>Bharani Until 10:53PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:38AM	Hemalamba 5119
		Yama	2:27PM – 3:46PM	Siddha Until 9:44PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 35
Creative Work Siddha Yoga		821312366	<b>Rahu</b> 10:33AM – 11:51AM	Vanija Until 11:10AM	<b>Nataraja:</b> Green		4th Phase
				<b>Ekadashi Until 9:52PM</b>	Moon – White		<b>Devaloka Day</b>
		<b>Vaikuntha Ekadasi</b>			<b>Pausha-Markali</b>		

<b>3</b>		<b>Saturday, December 30, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Vrishabha Rasi: 0.59		Tihti 12		Krittika Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26 Sutra 257	
		<b>Gulika</b>	6:39AM – 7:57AM	<b>Krittika Until 8:27PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:39AM	Hemalamba 5119
		Yama	1:10PM – 2:28PM	Sadhya Until 6:04PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 35
Creative Work Amrita Yoga		821312366	<b>Rahu</b> 9:15AM – 10:33AM	Bava Until 8:28AM	<b>Nataraja:</b> Green		4th Phase
				<b>Dvadashi Until 6:53PM</b>	Moon – White		<b>Devaloka Day</b>
					<b>Pausha-Markali</b>		

<b>4</b>		<b>Sunday, December 31, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Vrishabha Rasi: 15.52		Tihti 13 – 14		Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 258	
		<b>Gulika</b>	2:29PM – 3:47PM	<b>Rohini Until 5:52PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:39AM	Hemalamba 5119
		Yama	11:52AM – 1:10PM	Subha Until 2:03PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 35
Creative Work Siddha Yoga		831312366	<b>Rahu</b> 3:47PM – 5:05PM	Gara Until 1:39AM Mon	<b>Nataraja:</b> Green		4th Phase
				<b>Trayodashi Until 3:28PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
				<i>Pradosha Vrata</i>	<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM

		<b>Monday, January 1, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
<b>Copper Retreat Star</b>				Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 259	
Mithuna Rasi: 1		Tihti 14 – 15		<b>Mrigashira Until 2:53PM</b>		<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:39AM
<b>Family Home Evening</b>		831312366	<b>Rahu</b> 7:58AM – 9:16AM	Sukla Until 9:46AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 35
Creative Work Amrita Yoga				Visti Until 9:52PM	<b>Nataraja:</b> Green		Purnima
Until 2:53PM				<b>Chaturdashi* Until 11:45AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM

<b>Tuesday, January 2, 2018</b>		<b>Silver Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 16.17		Tihti 15 – 16		Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 260	
		<b>Gulika</b>	11:53AM – 1:11PM	<b>Ardra Until 11:41AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:40AM	Hemalamba 5119
		Yama	9:16AM – 10:35AM	Indra Until 1:05AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 35
Routine Work Marana Yoga		831312366	<b>Rahu</b> 2:30PM – 3:48PM	Balava Until 6:04PM	<b>Nataraja:</b> Green		Prathama
Until 11:41AM				<b>Purnima* Until 7:57AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga			<b>Ardra Darshanam</b>		<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11





Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal  
Sutra 261

Kataka Rasi: 1.31      Tihti 17

**Gulika** 10:35AM – 11:54AM  
Yama 7:58AM – 9:17AM  
Rahu 11:54AM – 1:12PM

**Punarvasu Until 8:51AM**  
Vaidhriti\* Until 8:54PM  
Taitila Until 2:25PM  
Dvitiya Until 12:41AM Thu

**Ganesh:** White      *Sunrise:* 6:40AM  
**Muruga:** White      *Sunset:* 5:07PM  
**Nataraja:** Green  
Moon – Blue  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Creative Work      Siddha Yoga

**Devaloka Day**

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kathmandu, Nepal  
Sun 1      Sutra 262

Kataka Rasi: 16.33      Tihti 18

**Gulika** 9:17AM – 10:35AM  
Yama 6:40AM – 7:59AM  
Rahu 1:12PM – 2:31PM

**Pushya Until 6:10AM**  
Vishkambha\* Until 5:02PM  
Vanija Until 11:05AM  
Tritiya Until 9:34PM

**Ganesh:** White      *Sunrise:* 6:40AM  
**Muruga:** White      *Sunset:* 5:08PM  
**Nataraja:** Green  
Moon – Blue  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Creative Work      Amrita Yoga

Until 6:10AM

Then Creative Work - Siddha Yoga

**Devaloka Day**

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Pritii/Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal  
Sun 2      Sutra 263

Simha Rasi: 1.15      Tihti 19

**Gulika** 7:59AM – 9:17AM  
Yama 2:32PM – 3:50PM  
Rahu 10:36AM – 11:54AM

**Magha\* Until 2:14AM Sat**  
Priti Until 1:37PM  
Bava Until 8:14AM  
Chaturthi\* Until 7:01PM

**Ganesh:** Clear      *Sunrise:* 6:40AM  
**Muruga:** White      *Sunset:* 5:09PM  
**Nataraja:** Green  
Moon – Red  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Routine Work      Marana Yoga

Until 2:14AM Sat

Then Creative Work - Siddha Yoga

Subramuniyaswami Jayanti

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal  
Sun 3      Sutra 264

Simha Rasi: 15.32      Tihti 20 – 21

**Gulika** 6:40AM – 7:59AM  
Yama 1:14PM – 2:32PM  
Rahu 9:18AM – 10:36AM

**Purvaphalguni Until 1:16AM Sun**  
Ayushman Until 10:41AM  
Gara Until 6:00AM  
Panchami Until 5:07PM

**Ganesh:** Clear      *Sunrise:* 6:40AM  
**Muruga:** White      *Sunset:* 5:09PM  
**Nataraja:** Green  
Moon – Red  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Creative Work      Siddha Yoga

Until 1:16AM Sun

Then Creative Work - Amrita Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to12:PM

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal  
Sun 4      Sutra 265

Simha Rasi: 29.2      Tihti 21 – 22

**Gulika** 2:33PM – 3:51PM  
Yama 11:55AM – 1:14PM  
Rahu 3:51PM – 5:10PM

**Uttaraphalguni Until 12:56AM Mon**  
Saubhagya Until 8:22AM  
Visti Until 3:47AM Mon  
Shashthi\* Until 4:01PM

**Ganesh:** Purple      *Sunrise:* 6:41AM  
**Muruga:** White      *Sunset:* 5:10PM  
**Nataraja:** Green  
Moon – Red  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Creative Work      Amrita Yoga

Until 12:56AM Mon

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Monday, January 8, 2018

5

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal  
Sun 5      Sutra 266

Kanya Rasi: 12.41      Tihti 22 – 23

Family Home Evening

Creative Work      Siddha Yoga

**Gulika** 1:15PM – 2:33PM  
Yama 10:37AM – 11:56AM  
Rahu 7:59AM – 9:18AM

**Hasta Until 1:41AM Tue**  
Sobhana Until 6:42AM  
Balava Until 3:53AM Tue  
Saptami Until 3:43PM

**Ganesh:** Purple      *Sunrise:* 6:41AM  
**Muruga:** White      *Sunset:* 5:11PM  
**Nataraja:** Green  
Moon – Green  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

**Devaloka Day**

Tuesday, January 9, 2018

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal  
Sun 6      Sutra 267

Kanya Rasi: 25.37      Tihti 23 – 24

**Gulika** 11:56AM – 1:15PM  
Yama 9:18AM – 10:37AM  
Rahu 2:34PM – 3:53PM

**Chitra Until 3:01AM Wed**  
Sukarma Until 5:08AM Wed  
Taitila Until 4:44AM Wed  
Ashtami\* Until 4:12PM

**Ganesh:** Purple      *Sunrise:* 6:41AM  
**Muruga:** White      *Sunset:* 5:12PM  
**Nataraja:** Green  
Moon – Green  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
Ashtami

Creative Work      Siddha Yoga

**Devaloka Day**

Wednesday, January 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal  
Sun 7      Sutra 268

Tula Rasi: 8.12      Tihti 24 – 25

**Gulika** 10:38AM – 11:57AM  
Yama 8:00AM – 9:19AM  
Rahu 11:57AM – 1:16PM

**Svati Until 4:48AM Thu**  
Dhriti Until 5:09AM Thu  
Vanija Until 6:14AM Thu  
Navami\* Until 5:24PM

**Ganesh:** Purple      *Sunrise:* 6:41AM  
**Muruga:** White      *Sunset:* 5:12PM  
**Nataraja:** Green  
Moon – Green  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
Navami

Creative Work      Siddha Yoga

**Devaloka Day**

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


<b>1</b>		<b>Thursday, January 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Tula Rasi: 20.31		Titthi 25		Vishakha Nakshatra Shula* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 269	
Creative Work		Siddha Yoga		872412366		Hemalamba 5119	
		<b>Gulika</b> 9:19AM – 10:38AM		<b>Vishakha</b> Until 7:25AM Fri		<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:41AM	
		Yama 6:41AM – 8:00AM		Shula* Until 5:31AM Fri		<b>Muruga:</b> White <i>Sunset:</i> 5:13PM	
		<b>Rahu</b> 1:16PM – 2:35PM		Vanija Until 6:14AM		Moon 13 - Phase 37	
				<b>Dashami</b> Until 7:10PM		2nd Phase	
						<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	

<b>2</b>		<b>Friday, January 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Vrischika Rasi: 2.37		Titthi 26		Vishakha/Anuradha Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 270	
Creative Work		Siddha Yoga		872412366		Hemalamba 5119	
		<b>Gulika</b> 8:00AM – 9:19AM		<b>Vishakha</b> Until 7:25AM		<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:41AM	
		Yama 2:36PM – 3:55PM		Ganda* Until 6:09AM Sat		<b>Muruga:</b> White <i>Sunset:</i> 5:14PM	
		<b>Rahu</b> 10:38AM – 11:57AM		Bava Until 8:14AM		Moon 13 - Phase 37	
				<b>Ekadashi*</b> Until 9:21PM		2nd Phase	
						<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	

<b>3</b>		<b>Saturday, January 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Vrischika Rasi: 14.35		Titthi 27		Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 271	
Creative Work		Siddha Yoga		872412366		Hemalamba 5119	
		<b>Gulika</b> 6:41AM – 8:00AM		<b>Anuradha</b> Until 10:11AM		<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:41AM	
		Yama 1:17PM – 2:36PM		Ganda* Until 6:09AM		<b>Muruga:</b> White <i>Sunset:</i> 5:15PM	
		<b>Rahu</b> 9:19AM – 10:39AM		Kaulava Until 10:35AM		Moon 13 - Phase 37	
				<b>Dvadashi*</b> Until 11:50PM		2nd Phase	
						<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	

<b>4</b>		<b>Sunday, January 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Vrischika Rasi: 26.27		Titthi 28		Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 272	
Routine Work		Marana Yoga		872412366		Hemalamba 5119	
Until 1:00PM				<b>Gulika</b> 2:37PM – 3:56PM		<b>Jyeshtha*</b> Until 1:00PM	
Then Creative Work - Amrita Yoga				Yama 11:58AM – 1:18PM		<b>Muruga:</b> White <i>Sunset:</i> 5:15PM	
				<b>Rahu</b> 3:56PM – 5:15PM		Moon 13 - Phase 37	
				Thai Pongal		2nd Phase	
				Trayodashi* Until 2:28AM Mon		<b>Bhuloka Day</b>	
				Pradosha Vrata (Fasting)		Devaloka Time: 9:AM to 12:PM	

<b>5</b>		<b>Monday, January 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Dhanus Rasi: 8.17		Titthi 29		Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 273	
Family Home Evening		882412366		<b>Gulika</b> 1:18PM – 2:37PM		Hemalamba 5119	
Creative Work		Siddha Yoga		Yama 10:39AM – 11:59AM		<b>Muruga:</b> White <i>Sunset:</i> 5:16PM	
Until 4:14PM				<b>Rahu</b> 8:00AM – 9:20AM		Moon 13 - Phase 37	
Then Routine Work - Marana Yoga						2nd Phase	
						<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	

		<b>Tuesday, January 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
<b>Retreat Star</b>				Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Catuspada* Karana Amavasyayam Titau		Sun 13 Sutra 274	
Dhanus Rasi: 20.06		Titthi 30		882412366		Hemalamba 5119	
Creative Work		Siddha Yoga		<b>Gulika</b> 11:59AM – 1:18PM		<b>Purvashadha*</b> Until 7:18PM	
Until 7:18PM				Yama 9:20AM – 10:39AM		<b>Muruga:</b> White <i>Sunset:</i> 5:17PM	
Then Routine Work - Prabalarishta Yoga				<b>Rahu</b> 2:38PM – 3:58PM		Moon 13 - Phase 37	
						Amavasya	
						<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	

<b>Wednesday, January 17, 2018</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Makara Rasi: 1.56		Titthi 30 – 1		Uttarashadha Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 275	
Creative Work		Amrita Yoga		882412366		Hemalamba 5119	
Until 10:05PM				<b>Gulika</b> 10:40AM – 11:59AM		<b>Uttarashadha</b> Until 10:05PM	
Then Creative Work - Siddha Yoga				Yama 8:00AM – 9:20AM		<b>Muruga:</b> White <i>Sunset:</i> 5:18PM	
				<b>Rahu</b> 11:59AM – 1:19PM		Moon 13 - Phase 37	
						Prathama	
						<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

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<b>1</b>		<b>Thursday, January 18, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 276	
Makara Rasi: 13.5	Tithi 1 – 2	<b>Gulika</b>	<b>9:20AM – 10:40AM</b>	<b>Shravana Until 1:00AM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:41AM	Hemalamba 5119
		Yama	6:41AM – 8:00AM	Vajra* Until 10:27AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:19PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	892412366	<b>Rahu</b> 1:19PM – 2:39PM	Balava Until 11:20PM	<b>Nataraja:</b> Green		3rd Phase
				<b>Prathama* Until 10:11AM</b>	Moon – Purple		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM
<b>2</b>		<b>Friday, January 19, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 277	
Makara Rasi: 25.5	Tithi 2 – 3	<b>Gulika</b>	<b>8:00AM – 9:20AM</b>	<b>Dhanishtha Until 3:28AM Sat</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:40AM	Hemalamba 5119
		Yama	2:40PM – 4:00PM	Siddhi Until 11:00AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:19PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	892412366	<b>Rahu</b> 10:40AM – 12:00PM	Taitila Until 1:22AM Sat	<b>Nataraja:</b> Green		3rd Phase
Until 3:28AM Sat				<b>Dvitiya Until 12:22PM</b>	Moon – Purple		
Then Creative Work - Amrita Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM
<b>3</b>		<b>Saturday, January 20, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Kathmandu, Nepal Sun 17 Sutra 278	
Kumbha Rasi: 7.56	Tithi 3 – 4	<b>Gulika</b>	<b>6:40AM – 8:00AM</b>	<b>Shatabhishak Until 5:22AM Sun</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:40AM	Hemalamba 5119
		Yama	1:20PM – 2:40PM	Vyatipata* Until 11:19AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:20PM	Moon 13 - Phase 38
Creative Work	Amrita Yoga	892412366	<b>Rahu</b> 9:20AM – 10:40AM	Vanija Until 2:59AM Sun	<b>Nataraja:</b> Green		3rd Phase
Until 5:22AM Sun				<b>Tritiya Until 2:13PM</b>	Moon – Purple		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM
<b>4</b>		<b>Sunday, January 21, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada* Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Kathmandu, Nepal Sun 18 Sutra 279	
Kumbha Rasi: 20.14	Tithi 4 – 5	<b>Gulika</b>	<b>2:41PM – 4:01PM</b>	<b>Purvaprosarthapada* Until 7:08AM Mon</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:40AM	Hemalamba 5119
		Yama	12:01PM – 1:21PM	Variyan Until 11:17AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:21PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	813412366	<b>Rahu</b> 4:01PM – 5:21PM	Bava Until 4:08AM Mon	<b>Nataraja:</b> Green		3rd Phase
				<b>Chaturthi* Until 3:36PM</b>	Moon – Clear		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
<b>5</b>		<b>Monday, January 22, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Kathmandu, Nepal Sun 19 Sutra 280	
Meena Rasi: 2.44	Tithi 5 – 6	<b>Gulika</b>	<b>1:21PM – 2:41PM</b>	<b>Purvaprosarthapada* Until 7:08AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:40AM	Hemalamba 5119
<b>Family Home Evening</b>		Yama	10:41AM – 12:01PM	Parigha* Until 10:52AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:22PM	Moon 13 - Phase 38
Routine Work	Marana Yoga	813412366	<b>Rahu</b> 8:00AM – 9:20AM	Kaulava Until 4:42AM Tue	<b>Nataraja:</b> Green		3rd Phase
Until 7:08AM				<b>Panchami Until 4:28PM</b>	Moon – Clear		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
<b>6</b>		<b>Tuesday, January 23, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kathmandu, Nepal Sun 20 Sutra 281	
Meena Rasi: 15.29	Tithi 6 – 7	<b>Gulika</b>	<b>12:01PM – 1:21PM</b>	<b>Uttaraprosarthapada Until 8:10AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:39AM	Hemalamba 5119
		Yama	9:20AM – 10:41AM	Shiva Until 10:02AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:23PM	Moon 13 - Phase 38
Creative Work	Amrita Yoga	813422366	<b>Rahu</b> 2:42PM – 4:02PM	Gara Until 4:38AM Wed	<b>Nataraja:</b> Green		3rd Phase
Until 8:10AM				<b>Shashthi* Until 4:44PM</b>	Moon – Clear		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
<b>Retreat Star</b>		<b>Wednesday, January 24, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 282	
Meena Rasi: 28.33	Tithi 7 – 8	<b>Gulika</b>	<b>10:41AM – 12:01PM</b>	<b>Revati Until 8:27AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:39AM	Hemalamba 5119
		Yama	8:00AM – 9:20AM	Siddha Until 8:40AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:23PM	Moon 13 - Phase 38
Routine Work	Marana Yoga	813422366	<b>Rahu</b> 12:01PM – 1:22PM	Visli Until 3:55AM Thu	<b>Nataraja:</b> Green		3rd Phase
				<b>Saptami Until 4:21PM</b>	Moon – Clear		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
<b>Retreat Star</b>		<b>Thursday, January 25, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 283	
Mesha Rasi: 11.58	Tithi 8 – 9	<b>Gulika</b>	<b>9:20AM – 10:41AM</b>	<b>Ashvini Until 8:23AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:39AM	Hemalamba 5119
		Yama	6:39AM – 8:00AM	Sadhya Until 6:47AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:24PM	Moon 13 - Phase 38
Creative Work	Amrita Yoga	923422366	<b>Rahu</b> 1:22PM – 2:43PM	Balava Until 2:31AM Fri	<b>Nataraja:</b> Green		Ashtami
Until 8:23AM				<b>Ashtami* Until 3:17PM</b>	Moon – White		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	
<b>Retreat Star</b>		<b>Friday, January 26, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 23 Sutra 284	
Mesha Rasi: 25.46	Tithi 9 – 10	<b>Gulika</b>	<b>7:59AM – 9:20AM</b>	<b>Bharani Until 7:31AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:39AM	Hemalamba 5119
		Yama	2:43PM – 4:04PM	Sukla Until 1:30AM Sat	<b>Muruga:</b> Green	<i>Sunset:</i> 5:25PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga	923422366	<b>Rahu</b> 10:41AM – 12:02PM	Taitila Until 12:30AM Sat	<b>Nataraja:</b> Green		Navami
				<b>Navami* Until 1:34PM</b>	Moon – White		
					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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<b>1</b>	<b>Saturday, January 27, 2018</b>	Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam	Kathmandu, Nepal
	Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau	Sun 24 Sutra 285	Hemalamba 5119
923422366	<b>Gulika</b> 6:38AM – 7:59AM <b>Rahu</b> 9:20AM – 10:41AM	<b>Rohini Until 4:03AM Sun</b> Brahma Until 10:10PM Vanija Until 9:56PM Dashami Until 11:16AM	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:38AM <b>Muruga:</b> Green <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Green Moon – White <b>Magha-Thai</b>
Wrishabha Rasi: 9.58	Tithi 10 – 11		Moon 13 - Phase 39 4th Phase
Creative Work	Amrita Yoga		<b>Bhuloka Day</b>
Until 4:03AM Sun			
Then Creative Work - Siddha Yoga			

<b>2</b>	<b>Sunday, January 28, 2018</b>	Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam	Kathmandu, Nepal
	Mrigashira Nakshatra Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Sun 25 Sutra 286	Hemalamba 5119
933422366	<b>Gulika</b> 2:44PM – 4:06PM <b>Rahu</b> 4:06PM – 5:27PM	<b>Mrigashira Until 1:40AM Mon</b> Indra Until 6:30PM Bava Until 6:56PM Ekadashi Until 8:28AM	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:38AM <b>Muruga:</b> Green <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Green Moon – Yellow <b>Magha-Thai</b>
Wrishabha Rasi: 24.31	Tithi 11 – 12		Moon 13 - Phase 39 4th Phase
Creative Work	Siddha Yoga		<b>Bhuloka Day</b>
Until 10:53PM			Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga			

<b>3</b>	<b>Monday, January 29, 2018</b>	Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam	Kathmandu, Nepal
	Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Sun 26 Sutra 287	Hemalamba 5119
933422366	<b>Gulika</b> 1:24PM – 2:45PM <b>Rahu</b> 7:59AM – 9:20AM	<b>Ardra Until 10:53PM</b> Vaidhriti* Until 2:33PM Kaulava Until 3:37PM Trayodashi Until 1:52AM Tue <i>Pradosha Vrata</i>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:37AM <b>Muruga:</b> Green <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Green Moon – Yellow <b>Magha-Thai</b>
Mithuna Rasi: 9.21	Tithi 13		Moon 13 - Phase 39 4th Phase
<b>Family Home Evening</b>			<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		Devaloka Time: 6:AM to 9:AM
Until 10:53PM			
Then Creative Work - Amrita Yoga			

<b>4</b>	<b>Tuesday, January 30, 2018</b>	Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam	Kathmandu, Nepal
	Punarvasu Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau	Sun 27 Sutra 288	Hemalamba 5119
943422366	<b>Gulika</b> 12:03PM – 1:24PM <b>Rahu</b> 2:45PM – 4:07PM	<b>Punarvasu Until 8:15PM</b> Vishkambha* Until 10:28AM Gara Until 12:08PM Chaturdashi* Until 10:21PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:37AM <b>Muruga:</b> Green <i>Sunset:</i> 5:28PM <b>Nataraja:</b> Green Moon – Blue <b>Magha-Thai</b>
Mithuna Rasi: 24.22	Tithi 14		Moon 13 - Phase 39 4th Phase
Creative Work	Siddha Yoga		<b>Bhuloka Day</b>
Until 10:53PM			
Then Creative Work - Amrita Yoga			

<b>○</b>	<b>Wednesday, January 31, 2018</b>	Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam	Kathmandu, Nepal
	Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau	Sun 28 Sutra 289	Hemalamba 5119
943422366	<b>Gulika</b> 10:41AM – 12:03PM <b>Rahu</b> 12:03PM – 1:24PM	<b>Pushya Until 5:33PM</b> Priti Until 6:23AM Visti Until 8:38AM Purnima* Until 6:55PM	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:36AM <b>Muruga:</b> Green <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Green Moon – Blue <b>Magha-Thai</b>
Kataka Rasi: 9.26	Tithi 15		Moon 13 - Phase 39 Purnima
Creative Work	Siddha Yoga		<b>Bhuloka Day</b>
Until 10:53PM			
Then Creative Work - Amrita Yoga			
	<b>Total Lunar Eclipse</b>		
	<b>Thai Pusam</b>		

<b>○</b>	<b>Thursday, February 1, 2018</b>	Hemalamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam	Kathmandu, Nepal
	Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Sun 29 Sutra 290	Hemalamba 5119
943522366	<b>Gulika</b> 9:20AM – 10:41AM <b>Rahu</b> 1:24PM – 2:46PM	<b>Ashlesha* Until 2:55PM</b> Saubhagya Until 10:37PM Taitila Until 2:14AM Fri Prathama* Until 3:42PM	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:36AM <b>Muruga:</b> Green <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Green Moon – Blue <b>Magha-Thai</b>
Kataka Rasi: 24.24	Tithi 16 – 17		Moon 13 - Phase 39 Prathama
Creative Work	Siddha Yoga		<b>Bhuloka Day</b>
Until 2:55PM			Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Friday, February 2, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal  
Sun 1 Sutra 291  
Hemalamba 5119

Simha Rasi: 9.08 Tihi 17 - 18

Gulika 7:58AM - 9:19AM  
Yama 2:46PM - 4:08PM  
Rahu 10:41AM - 12:03PM

Magha\* Until 12:56PM  
Sobhana Until 7:13PM  
Vanija Until 11:39PM  
Dvitiya Until 12:52PM

Ganesha: White Sunrise: 6:36AM  
Muruga: Green Sunset: 5:30PM  
Nataraja: Green  
Moon - Red  
Magha-Thai

Moon 1 - Phase 40  
1st Phase

Devaloka Day

Routine Work Marana Yoga  
Until 12:56PM  
Then Creative Work - Siddha Yoga

1

Saturday, February 3, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Alhiganda\*/Sukarma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kathmandu, Nepal  
Sun 2 Sutra 292  
Hemalamba 5119

Simha Rasi: 23.31 Tihi 18 - 19

Gulika 6:35AM - 7:57AM  
Yama 1:25PM - 2:47PM  
Rahu 9:19AM - 10:41AM

Purvaphalguni Until 11:20AM  
Athiganda\* Until 4:16PM  
Bava Until 9:40PM  
Tritiya Until 10:34AM

Ganesha: White Sunrise: 6:35AM  
Muruga: Green Sunset: 5:31PM  
Nataraja: White  
Moon - Red  
Magha-Thai

Moon 1 - Phase 40  
1st Phase

Devaloka Day

Creative Work Siddha Yoga  
Until 11:20AM  
Then Routine Work - Marana Yoga

2

Sunday, February 4, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal  
Sun 3 Sutra 293  
Hemalamba 5119

Kanya Rasi: 7.28 Tihi 19 - 20

Gulika 2:47PM - 4:09PM  
Yama 12:03PM - 1:25PM  
Rahu 4:09PM - 5:31PM

Uttaraphalguni Until 10:16AM  
Sukarma Until 1:53PM  
Kaulava Until 8:24PM  
Chaturthi\* Until 8:56AM

Ganesha: Yellow Sunrise: 6:34AM  
Muruga: Green Sunset: 5:31PM  
Nataraja: White  
Moon - Red  
Magha-Thai

Moon 1 - Phase 40  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

3

Monday, February 5, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal  
Sun 4 Sutra 294  
Hemalamba 5119

Kanya Rasi: 20.59 Tihi 20 - 21

Family Home Evening

Gulika 1:26PM - 2:48PM  
Yama 10:41AM - 12:03PM  
Rahu 7:57AM - 9:19AM

Hasta Until 10:14AM  
Dhriti Until 12:07PM  
Gara Until 7:56PM  
Panchami Until 8:03AM

Ganesha: White Sunrise: 6:34AM  
Muruga: Green Sunset: 5:32PM  
Nataraja: White  
Moon - Green  
Magha-Thai

Moon 1 - Phase 40  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga  
Until 10:14AM  
Then Routine Work - Prabalarishta Yoga

4

Tuesday, February 6, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal  
Sun 5 Sutra 295  
Hemalamba 5119

Tula Rasi: 4.04 Tihi 21 - 22

Gulika 12:03PM - 1:26PM  
Yama 9:19AM - 10:41AM  
Rahu 2:48PM - 4:11PM

Chitra Until 10:51AM  
Shula\* Until 10:58AM  
Visti Until 8:17PM  
Shashthi\* Until 8:00AM

Ganesha: White Sunrise: 6:34AM  
Muruga: Green Sunset: 5:33PM  
Nataraja: White  
Moon - Green  
Magha-Thai

Moon 1 - Phase 40  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

D

Wednesday, February 7, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\*/Vridhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal  
Sun 6 Sutra 296  
Hemalamba 5119

Tula Rasi: 16.45 Tihi 22 - 23

Gulika 10:41AM - 12:03PM  
Yama 7:56AM - 9:18AM  
Rahu 12:03PM - 1:26PM

Svati Until 12:04PM  
Ganda\* Until 10:26AM  
Balava Until 9:24PM  
Saptami Until 8:44AM

Ganesha: White Sunrise: 6:33AM  
Muruga: Green Sunset: 5:34PM  
Nataraja: White  
Moon - Green  
Magha-Thai

Moon 1 - Phase 40  
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Thursday, February 8, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal  
Sun 7 Sutra 297  
Hemalamba 5119

Tula Rasi: 29.07 Tihi 23 - 24

Gulika 9:18AM - 10:41AM  
Yama 6:33AM - 7:55AM  
Rahu 1:26PM - 2:49PM

Vishakha Until 2:17PM  
Vridhi Until 10:28AM  
Taitila Until 11:11PM  
Ashtami\* Until 10:12AM

Ganesha: Clear Sunrise: 6:33AM  
Muruga: Green Sunset: 5:34PM  
Nataraja: White  
Moon - Orange  
Magha-Thai

Moon 1 - Phase 40  
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

<b>1</b>		Friday, February 9, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 8 Sutra 298 Hemalamba 5119	
Virchika Rasi: 11.14	Tithi 24 – 25	<b>Gulika</b>	7:55AM – 9:18AM	<b>Anuradha</b> Until 4:52PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM			
		<b>Yama</b>	2:49PM – 4:12PM	Dhruva Until 10:54AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 41		
		<b>Rahu</b>	10:41AM – 12:04PM	Vanija Until 1:27AM Sat	<b>Nataraja:</b> White		2nd Phase		
Creative Work	Siddha Yoga			<b>Navami*</b> Until 12:15PM	Moon – Orange	<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM	
Until 4:52PM					<b>Magha-Thai</b>				
Then Routine Work - Marana Yoga									

<b>2</b>		Saturday, February 10, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 9 Sutra 299 Hemalamba 5119	
Virchika Rasi: 23.1	Tithi 25 – 26	<b>Gulika</b>	6:31AM – 7:54AM	<b>Jyeshtha*</b> Until 7:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM			
		<b>Yama</b>	1:27PM – 2:50PM	Vyaghata* Until 11:40AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41		
		<b>Rahu</b>	9:17AM – 10:41AM	Bava Until 4:02AM Sun	<b>Nataraja:</b> White		2nd Phase		
Creative Work	Siddha Yoga			<b>Dashami</b> Until 2:41PM	Moon – Orange	<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM	
					<b>Magha-Thai</b>				

<b>3</b>		Sunday, February 11, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Kathmandu, Nepal Sun 10 Sutra 300 Hemalamba 5119	
Dhanus Rasi: 5.01	Tithi 26 – 27	<b>Gulika</b>	2:50PM – 4:13PM	<b>Mula*</b> Until 10:54AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM			
		<b>Yama</b>	12:04PM – 1:27PM	Harshana Until 12:37PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41		
		<b>Rahu</b>	4:13PM – 5:37PM	Kaulava Until 6:43AM Mon	<b>Nataraja:</b> White		2nd Phase		
Creative Work	Amrita Yoga			<b>Ekadashi*</b> Until 5:21PM	Moon – Light Blue	<b>Bhuloka Day</b>			
Until 10:54PM					<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga									

<b>4</b>		Monday, February 12, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvodashyam Titau		Kathmandu, Nepal Sun 11 Sutra 301 Hemalamba 5119	
Dhanus Rasi: 16.49	Tithi 27	<b>Gulika</b>	1:27PM – 2:51PM	<b>Purvashadha*</b> Until 1:59AM Tue	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:30AM			
<b>Family Home Evening</b>		<b>Yama</b>	10:40AM – 12:04PM	Vajra* Until 1:34PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41		
Routine Work	Marana Yoga	<b>Rahu</b>	7:53AM – 9:17AM	Kaulava Until 6:43AM	<b>Nataraja:</b> White		2nd Phase		
Until 1:59AM Tue				<b>Dvadashi*</b> Until 8:01PM	Moon – Light Blue	<b>Bhuloka Day</b>			
Then Routine Work - Prabalarishta Yoga					<b>Magha-Thai</b>				

<b>5</b>		Tuesday, February 13, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 12 Sutra 302 Hemalamba 5119	
Dhanus Rasi: 28.38	Tithi 28	<b>Gulika</b>	12:04PM – 1:27PM	<b>Uttarashadha</b> Until 4:43AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM			
		<b>Yama</b>	9:16AM – 10:40AM	Siddhi Until 2:27PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 41		
		<b>Rahu</b>	2:51PM – 4:15PM	Gara Until 9:20AM	<b>Nataraja:</b> White		2nd Phase		
Routine Work	Prabalarishta Yoga			<b>Trayodashi*</b> Until 10:32PM	Moon – Light Blue	<b>Bhuloka Day</b>			
Until 4:43AM Wed				<i>Pradosha Vrata (Fasting)</i>	<b>Magha-Masi</b>				
Then Creative Work - Siddha Yoga									

<b>6</b>		Wednesday, February 14, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 13 Sutra 303 Hemalamba 5119	
Makara Rasi: 10.32	Tithi 29	<b>Gulika</b>	10:40AM – 12:04PM	<b>Shravana</b> Until 7:29AM Thu	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:28AM			
		<b>Yama</b>	7:52AM – 9:16AM	Vyatipata* Until 3:10PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41		
		<b>Rahu</b>	12:04PM – 1:27PM	Visti Until 11:43AM	<b>Nataraja:</b> White		2nd Phase		
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 12:46AM Thu	Moon – Purple	<b>Bhuloka Day</b>			
					<b>Magha-Masi</b>				

<b>Retreat Star</b>		Thursday, February 15, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kathmandu, Nepal Sun 14 Sutra 304 Hemalamba 5119	
Makara Rasi: 22.34	Tithi 30	<b>Gulika</b>	9:16AM – 10:40AM	<b>Shravana</b> Until 7:29AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:28AM			
		<b>Yama</b>	6:28AM – 7:52AM	Variyan Until 3:35PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 41		
		<b>Rahu</b>	1:28PM – 2:52PM	Catuspada Until 1:45PM	<b>Nataraja:</b> White		Amavasya		
Creative Work	Siddha Yoga			<b>Amavasya*</b> Until 2:36AM Fri	Moon – Purple	<b>Bhuloka Day</b>			
					<b>Magha-Masi</b>				

<b>Retreat Star</b>		Friday, February 16, 2018				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau		Kathmandu, Nepal Sun 15 Sutra 305 Hemalamba 5119	
Kumbha Rasi: 4.46	Tithi 1	<b>Gulika</b>	7:51AM – 9:15AM	<b>Dhanishtha</b> Until 9:41AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:27AM			
		<b>Yama</b>	2:52PM – 4:16PM	Parigha* Until 3:41PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 41		
		<b>Rahu</b>	10:39AM – 12:04PM	Kintughna Until 3:22PM	<b>Nataraja:</b> White		Prathama		
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 3:58AM Sat	Moon – Purple	<b>Bhuloka Day</b>			
					<b>Phalguna-Masi</b>				

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>		<b>Saturday, February 17, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 306 Hemalamba 5119	
Kumbha Rasi: 17.09	Tithi 2	<b>Gulika</b>	6:26AM – 7:51AM	<b>Shatabhishak Until 11:17AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM			
		Yama	1:28PM – 2:52PM	Shiva Until 3:27PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:41PM		Moon 1 - Phase 42	
		995522367 <b>Rahu</b>	9:15AM – 10:39AM	Balava Until 4:30PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Amrita Yoga			<b>Dvitiya Until 4:52AM Sun</b>	Moon – Purple			<b>Bhuloka Day</b>	
Until 11:17AM					<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, February 18, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Triliyayam Titau		Kathmandu, Nepal Sun 17 Sutra 307 Hemalamba 5119	
Kumbha Rasi: 29.44	Tithi 3	<b>Gulika</b>	2:53PM – 4:17PM	<b>Purvaproshtapada* Until 12:45PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM			
		Yama	12:04PM – 1:28PM	Siddha Until 2:50PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:42PM		Moon 1 - Phase 42	
		915522367 <b>Rahu</b>	4:17PM – 5:42PM	Taitila Until 5:09PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga			<b>Tritiya Until 5:18AM Mon</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 12:45PM					<b>Phalguna-Masi</b>			Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Monday, February 19, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau		Kathmandu, Nepal Sun 18 Sutra 308 Hemalamba 5119	
Meena Rasi: 12.32	Tithi 4	<b>Gulika</b>	1:28PM – 2:53PM	<b>Uttaraproshtapada Until 1:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM			
<b>Family Home Evening</b>		Yama	10:39AM – 12:03PM	Sadhya Until 1:52PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:42PM		Moon 1 - Phase 42	
		915522367 <b>Rahu</b>	7:49AM – 9:14AM	Vanija Until 5:21PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga			<b>Chaturthi* Until 5:16AM Tue</b>	Moon – Clear			<b>Bhuloka Day</b>	
					<b>Phalguna-Masi</b>			Devaloka Time: 6:AM to 9:AM	

<b>4</b>		<b>Tuesday, February 20, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau		Kathmandu, Nepal Sun 19 Sutra 309 Hemalamba 5119	
Meena Rasi: 25.35	Tithi 5	<b>Gulika</b>	12:03PM – 1:28PM	<b>Revati Until 1:53PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM			
		Yama	9:14AM – 10:38AM	Subha Until 12:33PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:43PM		Moon 1 - Phase 42	
		915522367 <b>Rahu</b>	2:53PM – 4:18PM	Bava Until 5:06PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga			<b>Panchami Until 4:47AM Wed</b>	Moon – Clear			<b>Bhuloka Day</b>	
					<b>Phalguna-Masi</b>			Devaloka Time: 6:AM to 9:AM	

**Subramuniyaswami Siva Vision Day**

<b>5</b>		<b>Wednesday, February 21, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau		Kathmandu, Nepal Sun 20 Sutra 310 Hemalamba 5119	
Mesha Rasi: 8.5	Tithi 6	<b>Gulika</b>	10:38AM – 12:03PM	<b>Ashvini Until 2:01PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM			
		Yama	7:48AM – 9:13AM	Sukla Until 10:53AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:44PM		Moon 1 - Phase 42	
		925522367 <b>Rahu</b>	12:03PM – 1:28PM	Kaulava Until 4:24PM	<b>Nataraja:</b> White			3rd Phase	
Routine Work	Marana Yoga			<b>Shashthi* Until 3:52AM Thu</b>	Moon – White			<b>Bhuloka Day</b>	
Until 2:01PM					<b>Phalguna-Masi</b>				
Then Creative Work - Siddha Yoga									

<b>6</b>		<b>Thursday, February 22, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau		Kathmandu, Nepal Sun 21 Sutra 311 Hemalamba 5119	
Mesha Rasi: 22.2	Tithi 7	<b>Gulika</b>	9:13AM – 10:38AM	<b>Bharani Until 1:35PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM			
		Yama	6:22AM – 7:47AM	Brahma Until 8:53AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:44PM		Moon 1 - Phase 42	
		925522367 <b>Rahu</b>	1:28PM – 2:54PM	Gara Until 3:17PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga			<b>Saptami Until 2:32AM Fri</b>	Moon – White			<b>Bhuloka Day</b>	
Until 1:35PM					<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Friday, February 23, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhritii* Yoga Visti*/Bava Karana Ashtamyam Titau		Kathmandu, Nepal Sun 22 Sutra 312 Hemalamba 5119	
Vrishabha Rasi: 6.05	Tithi 8	<b>Gulika</b>	7:47AM – 9:12AM	<b>Krittika Until 12:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:21AM			
		Yama	2:54PM – 4:20PM	Indra Until 6:34AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:45PM		Moon 1 - Phase 42	
		925522367 <b>Rahu</b>	10:38AM – 12:03PM	Visti Until 1:44PM	<b>Nataraja:</b> White			Ashtami	
Creative Work	Siddha Yoga			<b>Ashtami* Until 12:48AM Sat</b>	Moon – White			<b>Bhuloka Day</b>	
Until 12:37PM					<b>Phalguna-Masi</b>				
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Saturday, February 24, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau		Kathmandu, Nepal Sun 23 Sutra 313 Hemalamba 5119	
Vrishabha Rasi: 20.04	Tithi 9	<b>Gulika</b>	6:20AM – 7:46AM	<b>Rohini Until 11:31AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM			
		Yama	1:29PM – 2:54PM	Vishkamba* Until 12:57AM Sun	<b>Muruga:</b> Green	<i>Sunset:</i> 5:46PM		Moon 1 - Phase 42	
		935522367 <b>Rahu</b>	9:12AM – 10:37AM	Balava Until 11:48AM	<b>Nataraja:</b> White			Navami	
Creative Work	Amrita Yoga			<b>Navami* Until 10:41PM</b>	Moon – Yellow			<b>Bhuloka Day</b>	
Until 11:31AM					<b>Phalguna-Masi</b>			Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga									

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

<b>1 Sunday, February 25, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 4.17    Tihti 10		Mrigashira/Ardra Nakshatra Priti Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24    Sutra 314	
935522367		<b>Gulika</b> 2:55PM – 4:20PM	<b>Mrigashira</b> Until 9:57AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:19AM	Hemalamba 5119
Creative Work    Siddha Yoga		Yama 12:03PM – 1:29PM	Priti Until 9:46PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:46PM	Moon 1 - Phase 43
		<b>Rahu</b> 4:20PM – 5:46PM	Tailila Until 9:31AM	<b>Nataraja:</b> White	4th Phase
			<b>Dashami</b> Until 8:14PM	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM

<b>2 Monday, February 26, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 18.44    Tihti 11 – 12		Ardra/Punarvasu Nakshatra Ayushman Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25    Sutra 315	
936622367		<b>Gulika</b> 1:29PM – 2:55PM	<b>Ardra</b> Until 7:56AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:18AM	Hemalamba 5119
Family Home Evening		Yama 10:37AM – 12:03PM	Ayushman Until 6:20PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:47PM	Moon 1 - Phase 43
Creative Work    Siddha Yoga		<b>Rahu</b> 7:44AM – 9:10AM	Vanija Until 6:55AM	<b>Nataraja:</b> White	4th Phase
Until 7:56AM			<b>Ekadashi</b> Until 5:32PM	Moon – Yellow	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM

<b>3 Tuesday, February 27, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Kataka Rasi: 3.19    Tihti 12 – 13		Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26    Sutra 316	
946622367		<b>Gulika</b> 12:02PM – 1:29PM	<b>Punarvasu</b> Until 6:00AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:17AM	Hemalamba 5119
Creative Work    Siddha Yoga		Yama 9:10AM – 10:36AM	Saubhagya Until 2:48PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:48PM	Moon 1 - Phase 43
		<b>Rahu</b> 2:55PM – 4:21PM	Kaulava Until 1:13AM Wed	<b>Nataraja:</b> White	4th Phase
			<b>Dvadashi</b> Until 2:40PM	Moon – Blue	<b>Bhuloka Day</b>
			<i>Pradosha Vrata</i>	<b>Phalguna-Masi</b>	

<b>4 Wednesday, February 28, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Kataka Rasi: 17.59    Tihti 13 – 14		Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27    Sutra 317	
946622367		<b>Gulika</b> 10:36AM – 12:02PM	<b>Ashlesha*</b> Until 1:33AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:16AM	Hemalamba 5119
Creative Work    Siddha Yoga		Yama 7:43AM – 9:09AM	Sobhana Until 11:14AM	<b>Muruga:</b> Green <i>Sunset:</i> 5:48PM	Moon 1 - Phase 43
Until 1:33AM Thu		<b>Rahu</b> 12:02PM – 1:29PM	Gara Until 10:20PM	<b>Nataraja:</b> White	4th Phase
Then Creative Work - Amrita Yoga			<b>Trayodashi</b> Until 11:45AM	Moon – Blue	<b>Bhuloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>	

<b>○ Thursday, March 1, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
<b>Copper Retreat Star</b>		Magha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 318	
Simha Rasi: 2.37    Tihti 14 – 15		Magha* Until 11:42PM		Hemalamba 5119	
956622367		<b>Gulika</b> 9:08AM – 10:35AM	Athiganda* Until 7:42AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:14AM	
Creative Work    Amrita Yoga		Yama 6:14AM – 7:41AM	Visti Until 7:35PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:49PM	Moon 1 - Phase 43
Until 11:42PM		<b>Rahu</b> 1:29PM – 2:56PM	<b>Chaturdashi*</b> Until 8:54AM	<b>Nataraja:</b> White	Purnima
Then Creative Work - Siddha Yoga		<b>Holi</b>		Moon – Red	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM

<b>Friday, March 2, 2018</b>		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
<b>Silver Retreat Star</b>		Purvaphalguni Nakshatra Dhriti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sutra 319	
Simha Rasi: 17.06    Tihti 15 – 16		Purvaphalguni Until 10:02PM		Hemalamba 5119	
956622367		<b>Gulika</b> 7:41AM – 9:08AM	Dhriti Until 1:19AM Sat	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:13AM	
Creative Work    Siddha Yoga		Yama 2:56PM – 4:23PM	Kaulava Until 4:01AM Sat	<b>Muruga:</b> Green <i>Sunset:</i> 5:50PM	Moon 1 - Phase 43
		<b>Rahu</b> 10:35AM – 12:02PM	<b>Purnima*</b> Until 6:17AM	<b>Nataraja:</b> White	Prathama
				Moon – Red	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda





Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Shula\* Yoga Tailila/Gara Karana Dvitiyayam TitauKathmandu, Nepal  
Sutra 320

Kanya Rasi: 1.2 Tihi 17

Gulika 6:12AM - 7:40AM  
Yama 1:29PM - 2:56PM  
Rahu 9:07AM - 10:34AMUttaraphalguni Until 8:41PM  
Shula\* Until 10:37PM  
Tailila Until 3:05PM  
Dvitiya Until 2:15AM SunGanesh: Red Sunrise: 6:12AM  
Muruga: Green Sunset: 5:51PM  
Nataraja: White  
Moon - Red  
Phalgun-MasiHemalamba 5119  
Moon 2 - Phase 44  
1st PhaseBhuloka Day  
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Sunday, March 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam TitauKathmandu, Nepal  
Sun 1 Sutra 321

Kanya Rasi: 15.16 Tihi 18

Gulika 2:56PM - 4:24PM  
Yama 12:01PM - 1:29PM  
Rahu 4:24PM - 5:51PMHasta Until 8:12PM  
Ganda\* Until 8:25PM  
Vanija Until 1:36PM  
Tritiya Until 1:05AM MonGanesh: Green Sunrise: 6:11AM  
Muruga: Green Sunset: 5:51PM  
Nataraja: White  
Moon - Green  
Phalgun-MasiHemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 8:12PM

Then Creative Work - Siddha Yoga

Monday, March 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthyam TitauKathmandu, Nepal  
Sun 2 Sutra 322

Kanya Rasi: 28.48 Tihi 19

Gulika 1:29PM - 2:56PM  
Yama 10:33AM - 12:01PM  
Rahu 7:38AM - 9:06AMChitra Until 8:15PM  
Vriddhi Until 6:47PM  
Bava Until 12:47PM  
Chaturthi\* Until 12:38AM TueGanesh: Blue Sunrise: 6:10AM  
Muruga: Green Sunset: 5:52PM  
Nataraja: White  
Moon - Green  
Phalgun-MasiHemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Bhuloka Day

Family Home Evening

Routine Work Prabalarishta Yoga

Until 8:15PM

Then Creative Work - Amrita Yoga

Tuesday, March 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Tailila Karana Panchamyam TitauKathmandu, Nepal  
Sun 3 Sutra 323

Tula Rasi: 11.57 Tihi 20

Gulika 12:01PM - 1:29PM  
Yama 9:05AM - 10:33AM  
Rahu 2:57PM - 4:25PMSvati Until 8:52PM  
Dhruva Until 5:42PM  
Kaulava Until 12:43PM  
Panchami Until 12:57AM WedGanesh: Blue Sunrise: 6:09AM  
Muruga: Green Sunset: 5:52PM  
Nataraja: White  
Moon - Green  
Phalgun-MasiHemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 8:52PM

Then Routine Work - Marana Yoga

Wednesday, March 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthyam TitauKathmandu, Nepal  
Sun 4 Sutra 324

Tula Rasi: 24.43 Tihi 21

Gulika 10:33AM - 12:01PM  
Yama 7:36AM - 9:05AM  
Rahu 12:01PM - 1:29PMVishakha Until 10:32PM  
Vyaghata\* Until 5:13PM  
Gara Until 1:25PM  
Shashthi\* Until 2:00AM ThuGanesh: Red Sunrise: 6:08AM  
Muruga: Green Sunset: 5:53PM  
Nataraja: White  
Moon - Orange  
Phalgun-MasiHemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Devaloka Time: 6:AM to 9:AM

Thursday, March 8, 2018

5

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam TitauKathmandu, Nepal  
Sun 5 Sutra 325

Vrischika Rasi: 7.09 Tihi 22

Gulika 9:04AM - 10:32AM  
Yama 6:07AM - 7:36AM  
Rahu 1:29PM - 2:57PMAnuradha Until 12:42AM Fri  
Harshana Until 5:18PM  
Visti Until 2:49PM  
Saptami Until 3:44AM FriGanesh: Red Sunrise: 6:07AM  
Muruga: Green Sunset: 5:54PM  
Nataraja: White  
Moon - Orange  
Phalgun-MasiHemalamba 5119  
Moon 2 - Phase 44  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 12:42AM Fri

Then Routine Work - Marana Yoga

Devaloka Time: 6:AM to 9:AM

Friday, March 9, 2018

D

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam TitauKathmandu, Nepal  
Sun 6 Sutra 326

Vrischika Rasi: 19.19 Tihi 23

Gulika 7:35AM - 9:03AM  
Yama 2:57PM - 4:26PM  
Rahu 10:32AM - 12:00PMJyeshtha\* Until 3:13AM Sat  
Vajra\* Until 5:47PM  
Balava Until 4:49PM  
Ashtami\* Until 5:58AM SatGanesh: Red Sunrise: 6:06AM  
Muruga: Green Sunset: 5:54PM  
Nataraja: White  
Moon - Orange  
Phalgun-MasiHemalamba 5119  
Moon 2 - Phase 44  
Ashtami

Bhuloka Day

Routine Work Marana Yoga

Until 3:13AM Sat

Then Creative Work - Siddha Yoga

Devaloka Time: 6:AM to 9:AM

Saturday, March 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Siddhi Yoga Tailila Karana Navamyam TitauKathmandu, Nepal  
Sun 7 Sutra 327

Dhanus Rasi: 1.17 Tihi 24

Gulika 6:05AM - 7:34AM  
Yama 1:29PM - 2:57PM  
Rahu 9:03AM - 10:31AMMula\* Until 6:23AM Sun  
Siddhi Until 6:36PM  
Tailila Until 7:15PM  
Navami\* Until 8:32AM SunGanesh: Green Sunrise: 6:05AM  
Muruga: Green Sunset: 5:55PM  
Nataraja: White  
Moon - Light Blue  
Phalgun-MasiHemalamba 5119  
Moon 2 - Phase 44  
Navami

Bhuloka Day

Creative Work Siddha Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajass is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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<b>1 Sunday, March 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Kathmandu, Nepal Sun 8 Sutra 328 Hemalamba 5119
Dhanus Rasi: 13.08	Tithi 24 – 25	<b>Gulika</b> Yama	<b>2:57PM – 4:26PM</b> 12:00PM – 1:29PM	<b>Mula* Until 6:23AM</b> Vyatipata* Until 7:35PM Vanija Until 9:53PM Navami* Until 8:32AM	<b>Ganesha: Green</b> Sunrise: 6:04AM <b>Muruga: Green</b> Sunset: 5:55PM <b>Nataraja: White</b> Moon – Light Blue <b>Phalguna-Masi</b>	Moon 2 - Phase 45 2nd Phase
Creative Work	Amrita Yoga	187622367	<b>Rahu</b> 4:26PM – 5:55PM			<b>Bhuloka Day</b>
Until 6:23AM						
Then Creative Work - Siddha Yoga						

<b>2 Monday, March 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 329 Hemalamba 5119
Dhanus Rasi: 24.56	Tithi 25 – 26	<b>Gulika</b> Yama	<b>1:29PM – 2:58PM</b> 10:30AM – 11:59AM	<b>Purvashadha* Until 9:29AM</b> Variyan Until 8:32PM Bava Until 12:28AM Tue Dashami Until 11:10AM	<b>Ganesha: Red</b> Sunrise: 6:03AM <b>Muruga: Green</b> Sunset: 5:56PM <b>Nataraja: White</b> Moon – Light Blue <b>Phalguna-Masi</b>	Moon 2 - Phase 45 2nd Phase
Family Home Evening	Marana Yoga	188622367	<b>Rahu</b> 7:32AM – 9:01AM			<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
Routine Work						

<b>3 Tuesday, March 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 330 Hemalamba 5119
Makara Rasi: 6.47	Tithi 26 – 27	<b>Gulika</b> Yama	<b>11:59AM – 1:28PM</b> 9:01AM – 10:30AM	<b>Uttarashadha Until 12:17PM</b> Parigha* Until 9:19PM Kaulava Until 2:47AM Wed Ekadashi* Until 1:39PM	<b>Ganesha: Red</b> Sunrise: 6:02AM <b>Muruga: Green</b> Sunset: 5:56PM <b>Nataraja: White</b> Moon – Light Blue <b>Phalguna-Masi</b>	Moon 2 - Phase 45 2nd Phase
Routine Work	Prabalarishta Yoga	188622367	<b>Rahu</b> 2:58PM – 4:27PM			<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
Until 12:17PM						
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, March 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 331 Hemalamba 5119
Makara Rasi: 18.46	Tithi 27 – 28	<b>Gulika</b> Yama	<b>10:29AM – 11:59AM</b> 7:30AM – 9:00AM	<b>Shravana Until 3:04PM</b> Shiva Until 9:48PM Gara Until 4:39AM Thu Dvadashi* Until 3:46PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha: Green</b> Sunrise: 6:01AM <b>Muruga: Green</b> Sunset: 5:57PM <b>Nataraja: White</b> Moon – Purple <b>Phalguna-Panguni</b>	Moon 2 - Phase 45 2nd Phase
Creative Work	Siddha Yoga	198622367	<b>Rahu</b> 11:59AM – 1:28PM			<b>Devaloka Day</b>
Until 3:04PM		<b>Karadaiyan Nombu (Tamil Nadu)</b>				
Then Routine Work - Prabalarishta Yoga						

<b>5 Thursday, March 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 332 Hemalamba 5119
Kumbha Rasi: 0.55	Tithi 28 – 29	<b>Gulika</b> Yama	<b>8:59AM – 10:29AM</b> 6:00AM – 7:29AM	<b>Dhanishtha Until 5:12PM</b> Siddha Until 9:51PM Visti Until 5:57AM Fri Trayodashi* Until 5:21PM	<b>Ganesha: Green</b> Sunrise: 6:00AM <b>Muruga: Green</b> Sunset: 5:57PM <b>Nataraja: Clear</b> Moon – Purple <b>Phalguna-Panguni</b>	Moon 2 - Phase 45 2nd Phase
Creative Work	Siddha Yoga	198622368	<b>Rahu</b> 1:28PM – 2:58PM			<b>Sivaloka Day</b>

<b>6 Friday, March 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sadhya Yoga Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 13 Sutra 333 Hemalamba 5119
Kumbha Rasi: 13.17	Tithi 29	<b>Gulika</b> Yama	<b>7:29AM – 8:58AM</b> 2:58PM – 4:28PM	<b>Shatabhishak Until 6:36PM</b> Sadhya Until 9:27PM Sakuni Until 6:21PM Chaturdashi* Until 6:21PM	<b>Ganesha: Green</b> Sunrise: 5:59AM <b>Muruga: Green</b> Sunset: 5:58PM <b>Nataraja: Clear</b> Moon – Purple <b>Phalguna-Panguni</b>	Moon 2 - Phase 45 2nd Phase
Creative Work	Siddha Yoga	198622368	<b>Rahu</b> 10:28AM – 11:58AM			<b>Sivaloka Day</b>

<b>7 Saturday, March 17, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Subha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal Sun 14 Sutra 334 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>5:58AM – 7:28AM</b> 1:28PM – 2:58PM	<b>Purvaproshtpada* Until 7:43PM</b> Subha Until 8:36PM Catuspada Until 6:38AM Amavasya* Until 6:44PM	<b>Ganesha: Orange</b> Sunrise: 5:58AM <b>Muruga: Green</b> Sunset: 5:58PM <b>Nataraja: Clear</b> Moon – Clear <b>Phalguna-Panguni</b>	Moon 2 - Phase 45 Amavasya
Kumbha Rasi: 25.57	Tithi 30	118622368	<b>Rahu</b> 8:58AM – 10:28AM			<b>Devaloka Day</b>
Routine Work		Marana Yoga				
Until 7:43PM						
Then Creative Work - Siddha Yoga						

<b>8 Sunday, March 18, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal Sun 15 Sutra 335 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>2:58PM – 4:29PM</b> 11:58AM – 1:28PM	<b>Uttaraproshtpada Until 8:09PM</b> Sukla Until 7:17PM Kintughna Until 6:43AM Prathama* Until 6:33PM	<b>Ganesha: Orange</b> Sunrise: 5:56AM <b>Muruga: Green</b> Sunset: 5:59PM <b>Nataraja: Clear</b> Moon – Clear <b>Chaitra-Panguni</b>	Moon 2 - Phase 45 Prathama
Meena Rasi: 8.54	Tithi 1	118622368	<b>Rahu</b> 4:29PM – 5:59PM			<b>Devaloka Day</b>
Creative Work	Amrita Yoga	<b>Yugadhi</b>				

<b>1</b>		<b>Monday, March 19, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 336	
Meena Rasi: 22.07	Tithi 2 – 3	<b>Gulika</b>	1:28PM – 2:58PM	<b>Revati Until 7:58PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:55AM	Hemalamba 5119
<b>Family Home Evening</b>	119622368	Yama	10:27AM – 11:57AM	Brahma Until 5:36PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	<b>Rahu</b>	7:26AM – 8:56AM	Balava Until 6:17AM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Dvitiya Until 5:53PM</b>	Moon – Clear		
					<b>Chaitra-Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM

<b>2</b>		<b>Tuesday, March 20, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kathmandu, Nepal Sun 17 Sutra 337	
Mesha Rasi: 5.34	Tithi 3 – 4	<b>Gulika</b>	11:57AM – 1:28PM	<b>Ashvini Until 7:41PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:54AM	Hemalamba 5119
	129622368	Yama	8:56AM – 10:26AM	Indra Until 3:38PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	<b>Rahu</b>	2:59PM – 4:29PM	Vanija Until 4:11AM Wed	<b>Nataraja:</b> Clear		3rd Phase
					Moon – White		
		<b>Chellappaswami Mahasamadhi</b>		<b>Tritiya Until 4:49PM</b>	<b>Chaitra-Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM

<b>3</b>		<b>Wednesday, March 21, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kathmandu, Nepal Sun 18 Sutra 338	
Mesha Rasi: 19.12	Tithi 4 – 5	<b>Gulika</b>	10:26AM – 11:57AM	<b>Bharani Until 6:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:53AM	Hemalamba 5119
	129622368	Yama	7:24AM – 8:55AM	Vaidhriti* Until 1:23PM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	<b>Rahu</b>	11:57AM – 1:28PM	Bava Until 2:42AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Until 6:59PM					Moon – White		
Then Creative Work - Amrita Yoga				<b>Chaturthi* Until 3:27PM</b>	<b>Chaitra-Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM

<b>4</b>		<b>Thursday, March 22, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kathmandu, Nepal Sun 19 Sutra 339	
Vrishabha Rasi: 3.01	Tithi 5 – 6	<b>Gulika</b>	8:54AM – 10:25AM	<b>Krittika Until 5:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM	Hemalamba 5119
	129622368	Yama	5:52AM – 7:23AM	Vishkambha* Until 10:58AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 46
Routine Work	Marana Yoga	<b>Rahu</b>	1:28PM – 2:59PM	Kaulava Until 1:00AM Fri	<b>Nataraja:</b> Clear		3rd Phase
					Moon – White		
				<b>Panchami Until 1:51PM</b>	<b>Chaitra-Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM

<b>5</b>		<b>Friday, March 23, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kathmandu, Nepal Sun 20 Sutra 340	
Vrishabha Rasi: 16.56	Tithi 6 – 7	<b>Gulika</b>	7:22AM – 8:54AM	<b>Rohini Until 4:58PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:51AM	Hemalamba 5119
	139722368	Yama	2:59PM – 4:30PM	Priti Until 8:25AM	<b>Muruga:</b> Green	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 46
Routine Work	Marana Yoga	<b>Rahu</b>	10:25AM – 11:56AM	Gara Until 11:09PM	<b>Nataraja:</b> Clear		3rd Phase
Until 4:58PM					Moon – Yellow		
Then Creative Work - Siddha Yoga				<b>Shashthi* Until 12:05PM</b>	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Saturday, March 24, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 341	
Mithuna Rasi: 0.56	Tithi 7 – 8	<b>Gulika</b>	5:50AM – 7:21AM	<b>Mrigashira Until 3:44PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM	Hemalamba 5119
	139722368	Yama	1:28PM – 2:59PM	Saubhagya Until 2:56AM Sun	<b>Muruga:</b> Green	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	<b>Rahu</b>	8:53AM – 10:24AM	Visti Until 9:10PM	<b>Nataraja:</b> Clear		Ashtami
					Moon – Yellow		
				<b>Saptami Until 10:10AM</b>	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Sunday, March 25, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 342	
Mithuna Rasi: 15.02	Tithi 8 – 9	<b>Gulika</b>	2:59PM – 4:31PM	<b>Ardra Until 2:16PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:49AM	Hemalamba 5119
	139722368	Yama	11:56AM – 1:27PM	Sobhana Until 12:05AM Mon	<b>Muruga:</b> Green	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga	<b>Rahu</b>	4:31PM – 6:03PM	Balava Until 7:05PM	<b>Nataraja:</b> Clear		Navami
					Moon – Yellow		
		<b>Sri Rama Navami</b>		<b>Ashtami* Until 8:07AM</b>	<b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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<b>1</b>		<b>Monday, March 26, 2018</b>				Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal	
Mithuna Rasi: 29.11		Tithi 9 – 10		Punarvasu/Pushya Nakshatra Athiganda* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Sun 23 Sutra 343	
<b>Family Home Evening</b>		141722368		<b>Gulika</b> 1:27PM – 2:59PM	<b>Punarvasu Until 12:59PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:48AM	Hemalamba 5119
Creative Work Amrita Yoga		Yama 10:23AM – 11:55AM		Aathiganda* Until 9:10PM		<b>Muruga:</b> Green <i>Sunset:</i> 6:03PM	Moon 2 - Phase 47
Until 12:59PM		<b>Rahu</b> 7:19AM – 8:51AM		Gara Until 3:48AM Tue		<b>Nataraja:</b> Clear	4th Phase
Then Creative Work - Siddha Yoga				<b>Navami* Until 6:00AM</b>		Moon – Blue	<b>Devaloka Day</b>
						<b>Chaitra-Panguni</b>	

<b>2</b>		<b>Tuesday, March 27, 2018</b>				Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal	
Kataka Rasi: 13.23		Tithi 11		Pushya/Ashlesha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 344	
141722368		<b>Gulika</b> 11:55AM – 1:27PM	<b>Pushya Until 11:30AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:46AM			Hemalamba 5119
Creative Work Siddha Yoga		Yama 8:51AM – 10:23AM		Sukarma Until 6:13PM		<b>Muruga:</b> Green <i>Sunset:</i> 6:04PM	Moon 2 - Phase 47
		<b>Rahu</b> 2:59PM – 4:32PM		Vanija Until 2:43PM		<b>Nataraja:</b> Clear	4th Phase
				<b>Yogaswami Mahasamadhi</b>		Moon – Blue	<b>Devaloka Day</b>
				<b>Ekadashi Until 1:35AM Wed</b>		<b>Chaitra-Panguni</b>	

<b>3</b>		<b>Wednesday, March 28, 2018</b>				Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Kathmandu, Nepal	
Kataka Rasi: 27.36		Tithi 12		Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 345	
141722368		<b>Gulika</b> 10:22AM – 11:55AM	<b>Ashlesha* Until 9:54AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:45AM			Hemalamba 5119
Creative Work Siddha Yoga		Yama 7:18AM – 8:50AM		Dhriti Until 3:18PM		<b>Muruga:</b> Green <i>Sunset:</i> 6:04PM	Moon 2 - Phase 47
		<b>Rahu</b> 11:55AM – 1:27PM		Bava Until 12:31PM		<b>Nataraja:</b> Clear	4th Phase
				<b>Dvadashi Until 11:25PM</b>		Moon – Blue	<b>Devaloka Day</b>
						<b>Chaitra-Panguni</b>	

<b>4</b>		<b>Thursday, March 29, 2018</b>				Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Kathmandu, Nepal	
Simha Rasi: 11.46		Tithi 13		Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 346	
151722368		<b>Gulika</b> 8:49AM – 10:22AM	<b>Magha* Until 8:38AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:44AM			Hemalamba 5119
Creative Work Amrita Yoga		Yama 5:44AM – 7:17AM		Shula* Until 12:26PM		<b>Muruga:</b> Green <i>Sunset:</i> 6:05PM	Moon 2 - Phase 47
Until 8:38AM		<b>Rahu</b> 1:27PM – 3:00PM		Kaulava Until 10:23AM		<b>Nataraja:</b> Clear	4th Phase
Then Creative Work - Siddha Yoga				<b>Trayodashi Until 9:22PM</b>		Moon – Red	<b>Sivaloka Day</b>
						<b>Chaitra-Panguni</b>	
						<i>Pradosha Vrata</i>	

<b>5</b>		<b>Friday, March 30, 2018</b>				Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal	
Simha Rasi: 25.5		Tithi 14		Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vridhhi* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 347	
151722368		<b>Gulika</b> 7:16AM – 8:49AM	<b>Purvaphalguni Until 7:24AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM			Hemalamba 5119
Creative Work Siddha Yoga		Yama 3:00PM – 4:32PM		Ganda* Until 9:44AM		<b>Muruga:</b> Green <i>Sunset:</i> 6:05PM	Moon 2 - Phase 47
		<b>Rahu</b> 10:21AM – 11:54AM		Gara Until 8:27AM		<b>Nataraja:</b> Clear	4th Phase
				<b>Chaturdashi* Until 7:33PM</b>		Moon – Red	<b>Sivaloka Day</b>
						<b>Chaitra-Panguni</b>	

<b>○</b>		<b>Saturday, March 31, 2018</b>				Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Kathmandu, Nepal	
<b>Copper Retreat Star</b>		Uttaraphalguni/Hasta Nakshatra		Vridhhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 348	
Kanya Rasi: 9.44		Tithi 15		Uttaraphalguni Until 6:18AM		Hemalamba 5119	
151722368		<b>Gulika</b> 5:42AM – 7:15AM	<b>Vridhhi Until 7:16AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:42AM			Hemalamba 5119
Routine Work Marana Yoga		Yama 1:27PM – 3:00PM		Visti Until 6:47AM		<b>Muruga:</b> Green <i>Sunset:</i> 6:06PM	Moon 2 - Phase 47
		<b>Rahu</b> 8:48AM – 10:21AM		<b>Purnima* Until 6:04PM</b>		<b>Nataraja:</b> Clear	Purnima
						Moon – Red	<b>Sivaloka Day</b>
		<b>Panguni Uttiram</b>				<b>Chaitra-Panguni</b>	
		<b>Hanuman Jayanti</b>					

<b>○</b>		<b>Sunday, April 1, 2018</b>				Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal	
<b>Silver Retreat Star</b>		Chitra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Chitra Until 5:48AM Mon		Sun 29 Sutra 349	
Kanya Rasi: 23.23		Tithi 16 – 17		Vyaghata* Until 3:21AM Mon		Hemalamba 5119	
161722368		<b>Gulika</b> 3:00PM – 4:33PM	<b>Taitila Until 4:45AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM			Hemalamba 5119
Creative Work Siddha Yoga		Yama 11:54AM – 1:27PM		Prathama* Until 5:02PM		<b>Muruga:</b> Green <i>Sunset:</i> 6:06PM	Moon 2 - Phase 47
Until 5:48AM Mon		<b>Rahu</b> 4:33PM – 6:06PM				<b>Nataraja:</b> Clear	Prathama
Then Creative Work - Amrita Yoga						Moon – Green	<b>Devaloka Day</b>
						<b>Chaitra-Panguni</b>	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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**Monday, April 2, 2018**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal  
Sun 1 Sutra 350  
Hemalamba 5119

Tula Rasi: 6.46 Tihi 17 – 18  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 6:10AM Tue  
Then Routine Work - Marana Yoga

**Gulika** 1:27PM – 3:00PM  
Yama 10:20AM – 11:54AM  
**Rahu** 7:14AM – 8:47AM

**Svati Until 6:10AM Tue**  
Harshana Until 2:06AM Tue  
Vanija Until 4:35AM Tue  
**Dvitiya Until 4:34PM**

**Ganesha:** Clear *Sunrise: 5:41AM*  
**Muruga:** Green *Sunset: 6:06PM*  
**Nataraja:** Clear  
Moon – Green  
**Chaitra-Panguni**

**Devaloka Day**

**1**

**Tuesday, April 3, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Kathmandu, Nepal  
Sun 2 Sutra 351  
Hemalamba 5119

Tula Rasi: 19.49 Tihi 18 – 19  
Creative Work Siddha Yoga  
Until 6:10AM  
Then Routine Work - Marana Yoga

**Gulika** 11:53AM – 1:27PM  
Yama 8:46AM – 10:20AM  
**Rahu** 3:00PM – 4:33PM

**Svati Until 6:10AM**  
Vajra\* Until 1:19AM Wed  
Bava Until 5:04AM Wed  
**Tritiya Until 4:43PM**

**Ganesha:** Clear *Sunrise: 5:40AM*  
**Muruga:** Green *Sunset: 6:07PM*  
**Nataraja:** Clear  
Moon – Green  
**Chaitra-Panguni**

**Devaloka Day**

**2**

**Wednesday, April 4, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal  
Sun 3 Sutra 352  
Hemalamba 5119

Vrischika Rasi: 2.33 Tihi 19 – 20  
Creative Work Siddha Yoga

**Gulika** 10:19AM – 11:53AM  
Yama 7:12AM – 8:46AM  
**Rahu** 11:53AM – 1:27PM

**Vishakha Until 7:29AM**  
Siddhi Until 1:04AM Thu  
Kaulava Until 6:13AM Thu  
**Chaturthi\* Until 5:32PM**

**Ganesha:** Purple *Sunrise: 5:39AM*  
**Muruga:** Green *Sunset: 6:07PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Panguni**

**Sivaloka Day**

**3**

**Thursday, April 5, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Kaulava/Tailila Karana Panchamyam Titau

Kathmandu, Nepal  
Sun 4 Sutra 353  
Hemalamba 5119

Vrischika Rasi: 14.59 Tihi 20  
Creative Work Siddha Yoga  
Until 9:17AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 8:45AM – 10:19AM  
Yama 5:37AM – 7:11AM  
**Rahu** 1:26PM – 3:00PM

**Anuradha Until 9:17AM**  
Vyatipata\* Until 1:19AM Fri  
Kaulava Until 6:13AM  
**Panchami Until 7:00PM**

**Ganesha:** Purple *Sunrise: 5:37AM*  
**Muruga:** Green *Sunset: 6:08PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Panguni**

**Sivaloka Day**

**4**

**Friday, April 6, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan Yoga Gara/Vanija Karana Shashthiyam Titau

Kathmandu, Nepal  
Sun 5 Sutra 354  
Hemalamba 5119

Vrischika Rasi: 27.09 Tihi 21  
Routine Work Marana Yoga  
Until 11:29AM  
Then Creative Work - Amrita Yoga

**Gulika** 7:10AM – 8:44AM  
Yama 3:00PM – 4:34PM  
**Rahu** 10:18AM – 11:52AM

**Jyeshtha\* Until 11:29AM**  
Variyan Until 1:55AM Sat  
Gara Until 7:59AM  
**Shashthi\* Until 9:02PM**

**Ganesha:** Clear *Sunrise: 5:36AM*  
**Muruga:** Green *Sunset: 6:08PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Panguni**

**Devaloka Day**

**5**

**Saturday, April 7, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Kathmandu, Nepal  
Sun 6 Sutra 355  
Hemalamba 5119

Dhanus Rasi: 9.08 Tihi 22  
Creative Work Siddha Yoga

**Gulika** 5:35AM – 7:09AM  
Yama 1:26PM – 3:00PM  
**Rahu** 8:44AM – 10:18AM

**Mula\* Until 2:28PM**  
Parigha\* Until 2:50AM Sun  
Visti Until 10:14AM  
**Saptami Until 11:27PM**

**Ganesha:** White *Sunrise: 5:35AM*  
**Muruga:** Green *Sunset: 6:09PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**D**

**Sunday, April 8, 2018**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal  
Sun 7 Sutra 356  
Hemalamba 5119

Dhanus Rasi: 20.59 Tihi 23  
Creative Work Siddha Yoga  
Until 5:31PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:01PM – 4:35PM  
Yama 11:52AM – 1:26PM  
**Rahu** 4:35PM – 6:09PM

**Purvashadha\* Until 5:31PM**  
Shiva Until 3:51AM Mon  
Balava Until 12:45PM  
**Ashtami\* Until 2:02AM Mon**

**Ganesha:** White *Sunrise: 5:34AM*  
**Muruga:** Green *Sunset: 6:09PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**Monday, April 9, 2018**  
**Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Tailila/Gara Karana Navamyam Titau

Kathmandu, Nepal  
Sun 8 Sutra 357  
Hemalamba 5119

Makara Rasi: 2.48 Tihi 24  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:24PM  
Then Creative Work - Amrita Yoga

**Gulika** 1:26PM – 3:01PM  
Yama 10:17AM – 11:51AM  
**Rahu** 7:08AM – 8:42AM

**Uttarashadha Until 8:24PM**  
Siddha Until 4:45AM Tue  
Tailila Until 3:20PM  
**Navami\* Until 4:32AM Tue**

**Ganesha:** White *Sunrise: 5:33AM*  
**Muruga:** Green *Sunset: 6:10PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

<b>1 Tuesday, April 10, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal			
Shravana Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau Sun 9 Sutra 358		Hemalamba 5119			
Makara Rasi: 14.4	Tithi 25	<b>Gulika</b> 11:51AM – 1:26PM	<b>Shravana Until 11:21PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:32AM	
		Yama 8:42AM – 10:16AM	Sadhya Until 5:25AM Wed	<b>Muruga:</b> Green <i>Sunset:</i> 6:10PM	Moon 3 - Phase 49
	192722368	<b>Rahu</b> 3:01PM – 4:36PM	Vanija Until 5:41PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 6:40AM Wed</b>	Moon – Purple	<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>2 Wednesday, April 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Kathmandu, Nepal			
Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 10 Sutra 359		Hemalamba 5119			
Makara Rasi: 26.4	Tithi 25 – 26	<b>Gulika</b> 10:16AM – 11:51AM	<b>Dhanishtha Until 1:39AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:31AM	
		Yama 7:06AM – 8:41AM	Subha Until 5:40AM Thu	<b>Muruga:</b> Green <i>Sunset:</i> 6:11PM	Moon 3 - Phase 49
	192722368	<b>Rahu</b> 11:51AM – 1:26PM	Bava Until 7:33PM	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami Until 6:40AM</b>	Moon – Purple	<b>Devaloka Day</b>
Until 1:39AM Thu				<b>Chaitra•Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>3 Thursday, April 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Kathmandu, Nepal			
Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 11 Sutra 360		Hemalamba 5119			
Kumbha Rasi: 8.53	Tithi 26 – 27	<b>Gulika</b> 8:40AM – 10:15AM	<b>Shatabhishak Until 3:09AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:30AM	
		Yama 5:30AM – 7:05AM	Sukla Until 5:22AM Fri	<b>Muruga:</b> Green <i>Sunset:</i> 6:11PM	Moon 3 - Phase 49
	192722368	<b>Rahu</b> 1:26PM – 3:01PM	Kaulava Until 8:48PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 8:15AM</b>	Moon – Purple	<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>4 Friday, April 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal			
Purvaproshtapada* Nakshatra Brahma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau Sun 12 Sutra 361		Hemalamba 5119			
Kumbha Rasi: 21.25	Tithi 27 – 28	<b>Gulika</b> 7:04AM – 8:40AM	<b>Purvaproshtapada* Until 4:15AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:29AM	
		Yama 3:01PM – 4:37PM	Brahma Until 4:30AM Sat	<b>Muruga:</b> Green <i>Sunset:</i> 6:12PM	Moon 3 - Phase 49
	112722368	<b>Rahu</b> 10:15AM – 11:50AM	Gara Until 9:18PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 9:07AM</b>	Moon – Clear	<b>Bhuloka Day</b>
				<b>Chaitra•Panguni</b>	Devaloka Time: 6:PM to 9:PM
			<i>Pradosha Vrata (Fasting)</i>		

<b>5 Saturday, April 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Kathmandu, Nepal			
Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 13 Sutra 362		Vilamba 5120			
Meena Rasi: 4.16	Tithi 28 – 29	<b>Gulika</b> 5:28AM – 7:03AM	<b>Uttaraproshtapada Until 4:29AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:28AM	
		Yama 1:26PM – 3:01PM	Indra Until 3:06AM Sun	<b>Muruga:</b> White <i>Sunset:</i> 6:12PM	Moon 3 - Phase 49
	112732368	<b>Rahu</b> 8:39AM – 10:15AM	Visti Until 9:04PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 9:15AM</b>	Moon – Clear	<b>Bhuloka Day</b>
Until 4:29AM Sun				<b>Chaitra•Chaitra</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga		<b>Tamil New Year</b>			

<b>6 Sunday, April 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal			
<b>Retreat Star</b>		Revati Nakshatra Vaidhriti* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 14 Sutra 363			
Meena Rasi: 17.3	Tithi 29 – 30	<b>Gulika</b> 3:01PM – 4:37PM	<b>Revati Until 3:57AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:27AM	Vilamba 5120
		Yama 11:50AM – 1:26PM	Vaidhriti* Until 1:09AM Mon	<b>Muruga:</b> White <i>Sunset:</i> 6:13PM	Moon 3 - Phase 49
	212732368	<b>Rahu</b> 4:37PM – 6:13PM	Catuspada Until 8:10PM	<b>Nataraja:</b> Clear	Amavasya
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 8:41AM</b>	Moon – Clear	<b>Bhuloka Day</b>
Until 3:57AM Mon				<b>Chaitra•Chaitra</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga					

<b>7 Monday, April 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal			
<b>Retreat Star</b>		Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 15 Sutra 364			
Mesha Rasi: 1.05	Tithi 30 – 1	<b>Gulika</b> 1:26PM – 3:02PM	<b>Ashvini Until 3:12AM Tue</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:26AM	Vilamba 5120
		Yama 10:14AM – 11:50AM	Vishkambha* Until 10:47PM	<b>Muruga:</b> White <i>Sunset:</i> 6:13PM	Moon 3 - Phase 49
<b>Family Home Evening</b>	222732368	<b>Rahu</b> 7:02AM – 8:38AM	Kintughna Until 6:43PM	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 7:29AM</b>	Moon – White	<b>Bhuloka Day</b>
				<b>Vaisaka•Chaitra</b>	Devaloka Time: 6:PM to 9:PM

<b>1</b>	<b>Tuesday, April 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 1
	Mesha Rasi: 14.58	Tithi 2	<b>Gulika</b> 11:49AM – 1:26PM	<b>Bharani Until 1:56AM Wed</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:25AM	<i>Sunset:</i> 6:14PM	Vilamba 5120
			Yama 8:37AM – 10:13AM	Priti Until 8:07PM	<b>Muruga:</b> White		Moon 3 - Phase 1
			222832368 <b>Rahu</b> 3:02PM – 4:38PM	Balava Until 4:50PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 3:46AM Wed</b>	Moon – White		<b>Devaloka Day</b>	
Until 1:56AM Wed				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Wednesday, April 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 17 Sutra 2
	Mesha Rasi: 29.04	Tithi 3	<b>Gulika</b> 10:13AM – 11:49AM	<b>Krittika Until 12:18AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:24AM	<i>Sunset:</i> 6:15PM	Vilamba 5120
			Yama 7:00AM – 8:36AM	Ayushman Until 5:12PM	<b>Muruga:</b> White		Moon 3 - Phase 1
			222832368 <b>Rahu</b> 11:49AM – 1:25PM	Tailila Until 2:40PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Tritiya Until 1:30AM Thu</b>	Moon – White		<b>Devaloka Day</b>	
Until 12:18AM Thu		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Thursday, April 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 18 Sutra 3
	Vrishabha Rasi: 13.18	Tithi 4	<b>Gulika</b> 8:36AM – 10:12AM	<b>Rohini Until 10:50PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:23AM	<i>Sunset:</i> 6:15PM	Vilamba 5120
			Yama 5:23AM – 6:59AM	Saubhagya Until 2:11PM	<b>Muruga:</b> White		Moon 3 - Phase 1
			223832368 <b>Rahu</b> 1:25PM – 3:02PM	Vanija Until 12:20PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Chaturthi* Until 11:08PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Friday, April 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal Sun 19 Sutra 4
	Vrishabha Rasi: 27.35	Tithi 5	<b>Gulika</b> 6:58AM – 8:35AM	<b>Mrigashira Until 9:13PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:16PM	Vilamba 5120
			Yama 3:02PM – 4:39PM	Sobhana Until 11:09AM	<b>Muruga:</b> White		Moon 3 - Phase 1
			223832368 <b>Rahu</b> 10:12AM – 11:49AM	Bava Until 9:58AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 8:46PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>		Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Saturday, April 21, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Tailila Karana Shashthyam Titau				Kathmandu, Nepal Sun 20 Sutra 5
	Mithuna Rasi: 11.52	Tithi 6	<b>Gulika</b> 5:21AM – 6:58AM	<b>Ardra Until 7:33PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:21AM	<i>Sunset:</i> 6:16PM	Vilamba 5120
			Yama 1:25PM – 3:02PM	Athiganda* Until 8:08AM	<b>Muruga:</b> White		Moon 3 - Phase 1
			223832368 <b>Rahu</b> 8:35AM – 10:12AM	Kaulava Until 7:38AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 6:29PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 6:PM to 9:PM	

<b>6</b>	<b>Sunday, April 22, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 6
	Mithuna Rasi: 26.05	Tithi 7 – 8	<b>Gulika</b> 3:02PM – 4:40PM	<b>Punarvasu Until 6:18PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:20AM	<i>Sunset:</i> 6:17PM	Vilamba 5120
			Yama 11:48AM – 1:25PM	Dhriti Until 2:25AM Mon	<b>Muruga:</b> White		Moon 3 - Phase 1
			243832368 <b>Rahu</b> 4:40PM – 6:17PM	Visti Until 3:18AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Saptami Until 4:19PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>D</b>	<b>Monday, April 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 7
	<b>Retreat Star</b>		<b>Gulika</b> 1:25PM – 3:03PM	<b>Pushya Until 5:04PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:19AM	<i>Sunset:</i> 6:17PM	Vilamba 5120
	Kataka Rasi: 10.11	Tithi 8 – 9	Yama 10:11AM – 11:48AM	Shula* Until 11:45PM	<b>Muruga:</b> White		Moon 3 - Phase 1
	<b>Family Home Evening</b>		243832368 <b>Rahu</b> 6:56AM – 8:33AM	Balava Until 1:23AM Tue	<b>Nataraja:</b> Clear		Ashtami
Creative Work Siddha Yoga			<b>Ashtami* Until 2:18PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			


<b>D</b>	<b>Tuesday, April 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 8
	<b>Retreat Star</b>		<b>Gulika</b> 11:48AM – 1:25PM	<b>Ashlesha* Until 3:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:18AM	<i>Sunset:</i> 6:18PM	Vilamba 5120
	Kataka Rasi: 24.11	Tithi 9 – 10	Yama 8:33AM – 10:10AM	Ganda* Until 9:13PM	<b>Muruga:</b> White		Moon 3 - Phase 1
			243832368 <b>Rahu</b> 3:03PM – 4:40PM	Tailila Until 11:39PM	<b>Nataraja:</b> Clear		Navami
Creative Work Siddha Yoga			<b>Navami* Until 12:28PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>1</b>		<b>Wednesday, April 25, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 24 Sutra 9	
Simha Rasi: 8.05	Tithi 10 – 11	<b>Gulika</b>	<b>10:10AM – 11:48AM</b>	<b>Magha* Until 3:07PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:17AM	Vilamba 5120		
		Yama	6:55AM – 8:32AM	Vriddhi Until 6:52PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 2		
		253832369 <b>Rahu</b>	<b>11:48AM – 1:25PM</b>	Vanija Until 10:05PM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga			<b>Dashami Until 10:49AM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 3:07PM					<b>Vaisaka•Chaitra</b>				
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Thursday, April 26, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 25 Sutra 10	
Simha Rasi: 21.5	Tithi 11 – 12	<b>Gulika</b>	<b>8:32AM – 10:10AM</b>	<b>Purvaphalguni Until 2:26PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:15AM	Vilamba 5120		
		Yama	5:16AM – 6:54AM	Dhruva Until 4:39PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 2		
		253832369 <b>Rahu</b>	<b>1:25PM – 3:03PM</b>	Bava Until 8:45PM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga			<b>Ekadashi Until 9:22AM</b>	Moon – Red		<b>Bhuloka Day</b>		
					<b>Vaisaka•Chaitra</b>				

<b>3</b>		<b>Friday, April 27, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 26 Sutra 11	
Kanya Rasi: 5.29	Tithi 12 – 13	<b>Gulika</b>	<b>6:53AM – 8:31AM</b>	<b>Uttaraphalguni Until 1:51PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:15AM	Vilamba 5120		
		Yama	3:03PM – 4:41PM	Vyaghata* Until 2:39PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 2		
		253832369 <b>Rahu</b>	<b>10:09AM – 11:47AM</b>	Kaulava Until 7:40PM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga			<b>Dvadashi Until 8:09AM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 1:51PM				<i>Pradosha Vrata</i>	<b>Vaisaka•Chaitra</b>				
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Saturday, April 28, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 27 Sutra 12	
Kanya Rasi: 18.57	Tithi 13 – 14	<b>Gulika</b>	<b>5:14AM – 6:52AM</b>	<b>Hasta Until 1:51PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:14AM	Vilamba 5120		
		Yama	1:25PM – 3:04PM	Harshana Until 12:54PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 2		
		263832369 <b>Rahu</b>	<b>8:31AM – 10:09AM</b>	Gara Until 6:53PM	<b>Nataraja:</b> Purple		4th Phase		
Routine Work	Marana Yoga			<b>Trayodashi Until 7:13AM</b>	Moon – Green		<b>Bhuloka Day</b>		
					<b>Vaisaka•Chaitra</b>		Devaloka Time: 6:AM to 9:AM		

		<b>Sunday, April 29, 2018</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kathmandu, Nepal Sutra 13	
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>3:04PM – 4:42PM</b>	<b>Chitra Until 2:04PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:13AM	Vilamba 5120		
Tula Rasi: 2.14	Tithi 14 – 15	Yama	11:47AM – 1:25PM	Vajra* Until 11:26AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 2		
		263832369 <b>Rahu</b>	<b>4:42PM – 6:21PM</b>	Visti Until 6:30PM	<b>Nataraja:</b> Purple		Purnima		
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:37AM</b>	Moon – Green		<b>Bhuloka Day</b>		
		<b>Budha Purnima (Tamil Nadu)</b>			<b>Vaisaka•Chaitra</b>		Devaloka Time: 6:AM to 9:AM		

<b>Monday, April 30, 2018</b>		<b>Silver Retreat Star</b>				Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kathmandu, Nepal Sutra 14	
Tula Rasi: 15.18	Tithi 15 – 16	<b>Gulika</b>	<b>1:25PM – 3:04PM</b>	<b>Svati Until 2:34PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:13AM	Vilamba 5120		
<b>Family Home Evening</b>		Yama	10:08AM – 11:47AM	Siddhi Until 10:19AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 2		
		263832369 <b>Rahu</b>	<b>6:51AM – 8:30AM</b>	Balava Until 6:34PM	<b>Nataraja:</b> Purple		Prathama		
Creative Work	Amrita Yoga			<b>Purnima* Until 6:27AM</b>	Moon – Green		<b>Bhuloka Day</b>		
Until 2:34PM					<b>Vaisaka•Chaitra</b>		Devaloka Time: 6:AM to 9:AM		
Then Routine Work - Marana Yoga									

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda