



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 6

Tula Rasi: 18.51 Tihi 16 - 17

261621369

Gulika 5:22AM - 7:02AM
Yama 1:44PM - 3:24PM
Rahu 8:43AM - 10:23AM

Svati Until 8:08AM
Siddhi Until 3:38PM
Taitila Until 12:32AM Sun
Prathama* Until 11:22AM

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon - Green
Chaitra*Chaitra

Sunrise: 5:22AM
Sunset: 6:45PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 7

Vrischika Rasi: 0.47 Tihi 17 - 18

271621369

Gulika 3:24PM - 5:05PM
Yama 12:03PM - 1:44PM
Rahu 5:05PM - 6:46PM

Vishakha Until 11:05AM
Vyatipata* Until 4:23PM
Vanija Until 2:38AM Mon
Dvitiya Until 1:36PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon - Orange
Chaitra*Chaitra

Sunrise: 5:21AM
Sunset: 6:46PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Tehran, Iran

Sun 2 Sutra 8

Vrischika Rasi: 12.49 Tihi 18 - 19

271621369

Gulika 1:44PM - 3:25PM
Yama 10:22AM - 12:03PM
Rahu 7:01AM - 8:41AM

Anuradha Until 1:38PM
Variyan Until 4:53PM
Bava Until 4:27AM Tue
Tritiya Until 3:34PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon - Orange
Chaitra*Chaitra

Sunrise: 5:20AM
Sunset: 6:46PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 9

Vrischika Rasi: 24.57 Tihi 19 - 20

271621369

Gulika 12:03PM - 1:44PM
Yama 8:41AM - 10:22AM
Rahu 3:25PM - 5:06PM

Jyeshtha* Until 3:42PM
Parigha* Until 5:09PM
Kaulava Until 5:53AM Wed
Chaturthi* Until 5:12PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon - Orange
Chaitra*Chaitra

Sunrise: 5:19AM
Sunset: 6:47PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga

Until 3:42PM

Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Taitila Karana Panchamyam Titau

Tehran, Iran

Sun 4 Sutra 10

Dhanus Rasi: 7.15 Tihi 20

281621369

Gulika 10:21AM - 12:03PM
Yama 6:59AM - 8:40AM
Rahu 12:03PM - 1:44PM

Mula* Until 5:43PM
Shiva Until 5:08PM
Taitila Until 6:25PM
Panchami Until 6:25PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon - Light Blue
Chaitra*Chaitra

Sunrise: 5:17AM
Sunset: 6:48PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 5:43PM

Then Creative Work - Amrita Yoga

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 5 Sutra 11

Dhanus Rasi: 19.45 Tihi 21

281621369

Gulika 8:39AM - 10:21AM
Yama 5:16AM - 6:58AM
Rahu 1:44PM - 3:26PM

Purvashadha* Until 7:04PM
Siddha Until 4:41PM
Gara Until 6:52AM
Shashthi* Until 7:09PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon - Light Blue
Chaitra*Chaitra

Sunrise: 5:16AM
Sunset: 6:49PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:04PM

Then Routine Work - Marana Yoga

Friday, April 29, 2016

6

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sun 6 Sutra 12

Makara Rasi: 2.29 Tihi 22

281621369

Gulika 6:57AM - 8:39AM
Yama 3:26PM - 5:08PM
Rahu 10:21AM - 12:02PM

Uttarashadha Until 7:42PM
Sadhya Until 3:48PM
Visti Until 7:18AM
Saptami Until 7:16PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon - Light Blue
Chaitra*Chaitra

Sunrise: 5:15AM
Sunset: 6:50PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 7 Sutra 13

Makara Rasi: 15.33 Tihi 23

291621369

Gulika 5:14AM - 6:56AM
Yama 1:44PM - 3:26PM
Rahu 8:38AM - 10:20AM

Shravana Until 7:59PM
Subha Until 2:25PM
Balava Until 7:06AM
Ashtami* Until 6:43PM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon - Purple
Chaitra*Chaitra

Sunrise: 5:14AM
Sunset: 6:51PM

Durmukha 5118
Moon 4 - Phase 2
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Sunday, May 1, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Tehran, Iran

Sun 8 Sutra 14

Makara Rasi: 28.59 Tihi 24 - 25

291621369

Gulika 3:27PM - 5:09PM
Yama 12:02PM - 1:45PM
Rahu 5:09PM - 6:51PM

Dhanishtha Until 7:24PM
Sukla Until 12:26PM
Taitila Until 6:12AM
Navami* Until 5:28PM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon - Purple
Chaitra*Chaitra

Sunrise: 5:13AM
Sunset: 6:51PM

Durmukha 5118
Moon 4 - Phase 2
Navami

Bhuloka Day

Routine Work Marana Yoga

Until 7:24PM

Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time


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1		Monday, May 2, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam		Tehran, Iran	
Kumbha Rasi: 12.49		Tithi 25 – 26		Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 15	
Family Home Evening		292621369		Gulika	1:45PM – 3:27PM	Shatabhishak Until 6:00PM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	Durmukha 5118
Creative Work		Siddha Yoga		Yama	10:20AM – 12:02PM	Brahma Until 9:54AM	Muruga: White	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
Until 6:00PM				Rahu	6:55AM – 8:37AM	Bava Until 2:19AM Tue	Nataraja: Purple	2nd Phase	
Then Routine Work - Marana Yoga						Dashami Until 3:31PM	Moon – Purple	Bhuloka Day	
							Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM	

2		Tuesday, May 3, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
Kumbha Rasi: 27.05		Tithi 26 – 27		Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 16	
Routine Work		Marana Yoga		Gulika	12:02PM – 1:45PM	Purvaprosarthapada* Until 4:17PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Durmukha 5118
Until 4:17PM		212621369		Yama	8:36AM – 10:19AM	Indra Until 6:52AM	Muruga: White	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
Then Creative Work - Amrita Yoga				Rahu	3:28PM – 5:10PM	Kaulava Until 11:29PM	Nataraja: Purple	2nd Phase	
						Ekadashi* Until 12:57PM	Moon – Clear	Bhuloka Day	
							Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM	

3		Wednesday, May 4, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam		Tehran, Iran	
Meena Rasi: 11.44		Tithi 27 – 28		Uttaraprosarthapada*/Uttaraprosarthapada Nakshatra Vishkambha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 17	
Creative Work		Siddha Yoga		Gulika	10:19AM – 12:02PM	Uttaraprosarthapada Until 1:55PM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	Durmukha 5118
Until 1:55PM		212621369		Yama	6:53AM – 8:36AM	Vishkambha* Until 11:29PM	Muruga: White	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
Then Routine Work - Marana Yoga				Rahu	12:02PM – 1:45PM	Gara Until 8:11PM	Nataraja: Purple	2nd Phase	
						Dvadashi* Until 9:52AM	Moon – Clear	Bhuloka Day	
						<i>Pradosha Vrata (Fasting)</i>	Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM	

4		Thursday, May 5, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam		Tehran, Iran	
Meena Rasi: 26.43		Tithi 28 – 29		Revati/Ashvini Nakshatra Priti Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 18	
Creative Work		Siddha Yoga		Gulika	8:35AM – 10:19AM	Revati Until 11:04AM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Durmukha 5118
Until 11:04AM		212621369		Yama	5:09AM – 6:52AM	Priti Until 7:24PM	Muruga: White	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
Then Creative Work - Amrita Yoga				Rahu	1:45PM – 3:28PM	Sakuni Until 2:43AM Fri	Nataraja: Purple	2nd Phase	
						Trayodashi* Until 6:24AM	Moon – Clear	Bhuloka Day	
							Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM	

		Friday, May 6, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
Retreat Star		Mesha Rasi: 11.52		Tithi 30		Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13	
Creative Work		Amrita Yoga		Gulika	6:51AM – 8:35AM	Ashvini Until 8:18AM	Ganesha: Red	<i>Sunrise:</i> 5:08AM	Durmukha 5118
Until 8:18AM		222621369		Yama	3:29PM – 5:12PM	Ayushman Until 3:11PM	Muruga: White	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
Then Creative Work - Siddha Yoga				Rahu	10:18AM – 12:02PM	Catuspada Until 12:51PM	Nataraja: Purple	Amavasya	
						Amavasya* Until 10:57PM	Moon – White	Bhuloka Day	
							Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM	

Retreat Star		Saturday, May 7, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam		Tehran, Iran	
Mesha Rasi: 27.04		Tithi 1		Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 20	
Creative Work		Amrita Yoga		Gulika	5:07AM – 6:51AM	Krittika Until 2:27AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:07AM	Durmukha 5118
Until 2:27AM Sun		222621369		Yama	1:45PM – 3:29PM	Saubhagya Until 11:01AM	Muruga: White	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
Then Creative Work - Siddha Yoga				Rahu	8:34AM – 10:18AM	Kintughna Until 9:07AM	Nataraja: Purple	Prathama	
						Prathama* Until 7:17PM	Moon – White	Bhuloka Day	
							Vaisaka•Chaitra	Devaloka Time: 9:AM to12:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 8, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15		Sutra 21
Vrishabha Rasi: 12.07 Tihti 2 – 3		Gulika 3:29PM – 5:13PM	Rohini Until 12:08AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:06AM	Durmukha 5118	
232621369		Yama 12:02PM – 1:46PM	Sobhana Until 7:02AM	Muruga: White <i>Sunset:</i> 6:57PM	Moon 4 - Phase 4	
Creative Work Siddha Yoga		Rahu 5:13PM – 6:57PM	Taitila Until 2:22AM Mon	Nataraja: Purple	3rd Phase	
Until 12:08AM Mon		Mother's Day		Moon – Yellow	Bhuloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

2 Monday, May 9, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Sun 16		Sutra 22
Vrishabha Rasi: 26.54 Tihti 3 – 4		Gulika 1:46PM – 3:30PM	Mrigashira Until 10:11PM	Ganesha: Yellow <i>Sunrise:</i> 5:05AM	Durmukha 5118	
232621369		Yama 10:17AM – 12:02PM	Sukarma Until 12:03AM Tue	Muruga: White <i>Sunset:</i> 6:58PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 6:49AM – 8:33AM	Vanija Until 11:41PM	Nataraja: Purple	3rd Phase	
Until 10:11PM		Akshaya Tritiya		Moon – Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

3 Tuesday, May 10, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 17		Sutra 23
Mithuna Rasi: 11.17 Tihti 4 – 5		Gulika 12:02PM – 1:46PM	Ardra Until 8:45PM	Ganesha: Yellow <i>Sunrise:</i> 5:04AM	Durmukha 5118	
232621369		Yama 8:33AM – 10:17AM	Dhriti Until 9:21PM	Muruga: White <i>Sunset:</i> 6:59PM	Moon 4 - Phase 4	
Routine Work Marana Yoga		Rahu 3:30PM – 5:15PM	Bava Until 9:40PM	Nataraja: Purple	3rd Phase	
Until 8:45PM		Chaturthi* Until 10:34AM		Moon – Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

4 Wednesday, May 11, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 18		Sutra 24
Mithuna Rasi: 25.13 Tihti 5 – 6		Gulika 10:17AM – 12:02PM	Punarvasu Until 8:24PM	Ganesha: White <i>Sunrise:</i> 5:03AM	Durmukha 5118	
242621369		Yama 6:48AM – 8:32AM	Shula* Until 7:16PM	Muruga: White <i>Sunset:</i> 7:00PM	Moon 4 - Phase 4	
Creative Work Siddha Yoga		Rahu 12:02PM – 1:46PM	Kaulava Until 8:26PM	Nataraja: Purple	3rd Phase	
		Panchami Until 8:56AM		Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

5 Thursday, May 12, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
Pushya Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19		Sutra 25
Kataka Rasi: 8.38 Tihti 6 – 7		Gulika 8:32AM – 10:17AM	Pushya Until 8:44PM	Ganesha: White <i>Sunrise:</i> 5:03AM	Durmukha 5118	
242621369		Yama 5:03AM – 6:47AM	Ganda* Until 5:53PM	Muruga: White <i>Sunset:</i> 7:00PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 1:46PM – 3:31PM	Gara Until 8:04PM	Nataraja: Purple	3rd Phase	
Until 8:44PM		Shashthi* Until 8:07AM		Moon – Blue	Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		

Friday, May 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20		Sutra 26
Kataka Rasi: 21.37 Tihti 7 – 8		Gulika 6:47AM – 8:32AM	Ashlesha* Until 9:45PM	Ganesha: White <i>Sunrise:</i> 5:02AM	Durmukha 5118	
242621369		Yama 3:31PM – 5:16PM	Vridhhi Until 5:11PM	Muruga: White <i>Sunset:</i> 7:01PM	Moon 4 - Phase 4	
Routine Work Marana Yoga		Rahu 10:17AM – 12:01PM	Visti Until 8:34PM	Nataraja: Purple	Ashtami	
		Saptami Until 8:11AM		Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

Saturday, May 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21		Sutra 27
Simha Rasi: 4.11 Tihti 8 – 9		Gulika 5:01AM – 6:46AM	Magha* Until 11:52PM	Ganesha: Clear <i>Sunrise:</i> 5:01AM	Durmukha 5118	
252621369		Yama 1:47PM – 3:32PM	Dhruva Until 5:06PM	Muruga: White <i>Sunset:</i> 7:02PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 8:31AM – 10:16AM	Balava Until 9:51PM	Nataraja: Purple	Navami	
Until 11:52PM		Ashtami* Until 9:06AM		Moon – Red	Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi	Devaloka Time: 9:AM to12:PM	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1 Sunday, May 15, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran Sun 22 Sutra 28
Simha Rasi: 16.26	Tithi 9 – 10	Gulika 3:32PM – 5:17PM	Purvaphalguni Until 2:24AM Mon	Ganesha: Purple <i>Sunrise: 5:00AM</i>		Durmukha 5118
		Yama 12:01PM – 1:47PM	Vyaghata* Until 5:33PM	Muruga: White <i>Sunset: 7:03PM</i>		Moon 4 - Phase 5
Creative Work	Siddha Yoga	253621369 Rahu 5:17PM – 7:03PM	Taitila Until 11:46PM	Nataraja: Purple		4th Phase
			Navami* Until 10:43AM	Moon – Red		
				Vaisaka-Vaikasi		Bhuloka Day

2 Monday, May 16, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran Sun 23 Sutra 29
Simha Rasi: 28.27	Tithi 10 – 11	Gulika 1:47PM – 3:33PM	Uttaraphalguni Until 5:10AM Tue	Ganesha: Purple <i>Sunrise: 4:59AM</i>		Durmukha 5118
Family Home Evening		Yama 10:16AM – 12:02PM	Harshana Until 6:22PM	Muruga: White <i>Sunset: 7:04PM</i>		Moon 4 - Phase 5
Creative Work	Siddha Yoga	253621369 Rahu 6:45AM – 8:30AM	Vanija Until 2:06AM Tue	Nataraja: Purple		4th Phase
			Dashami Until 12:52PM	Moon – Red		
				Vaisaka-Vaikasi		Bhuloka Day

3 Tuesday, May 17, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 24 Sutra 30
Kanya Rasi: 10.19	Tithi 11 – 12	Gulika 12:02PM – 1:47PM	Hasta Until 8:26AM Wed	Ganesha: Clear <i>Sunrise: 4:59AM</i>		Durmukha 5118
		Yama 8:30AM – 10:16AM	Vajra* Until 7:22PM	Muruga: White <i>Sunset: 7:04PM</i>		Moon 4 - Phase 5
Creative Work	Siddha Yoga	263621369 Rahu 3:33PM – 5:19PM	Bava Until 4:40AM Wed	Nataraja: Purple		4th Phase
			Ekadashi Until 3:21PM	Moon – Green		
				Vaisaka-Vaikasi		Bhuloka Day
						Devaloka Time: 6:AM to 9:AM

4 Wednesday, May 18, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 25 Sutra 31
Kanya Rasi: 22.07	Tithi 12 – 13	Gulika 10:16AM – 12:02PM	Hasta Until 8:26AM	Ganesha: Purple <i>Sunrise: 4:58AM</i>		Durmukha 5118
		Yama 6:44AM – 8:30AM	Siddhi Until 8:27PM	Muruga: White <i>Sunset: 7:05PM</i>		Moon 4 - Phase 5
Routine Work	Marana Yoga	263721369 Rahu 12:02PM – 1:47PM	Kaulava Until 7:14AM Thu	Nataraja: Purple		4th Phase
Until 8:26AM			Dvadashi Until 5:56PM	Moon – Green		
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi		Devaloka Day
						<i>Pradosha Vrata</i>

5 Thursday, May 19, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 32
Tula Rasi: 3.55	Tithi 13	Gulika 8:29AM – 10:16AM	Chitra Until 11:32AM	Ganesha: Purple <i>Sunrise: 4:57AM</i>		Durmukha 5118
		Yama 4:57AM – 6:43AM	Vyatipata* Until 9:29PM	Muruga: White <i>Sunset: 7:06PM</i>		Moon 4 - Phase 5
Creative Work	Siddha Yoga	263721369 Rahu 1:48PM – 3:34PM	Kaulava Until 7:14AM	Nataraja: Purple		4th Phase
Until 11:32AM			Trayodashi Until 8:27PM	Moon – Green		
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi		Devaloka Day

6 Friday, May 20, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 33
Tula Rasi: 15.47	Tithi 14	Gulika 6:43AM – 8:29AM	Svati Until 2:19PM	Ganesha: Purple <i>Sunrise: 4:57AM</i>		Durmukha 5118
		Yama 3:34PM – 5:20PM	Variyan Until 10:20PM	Muruga: White <i>Sunset: 7:07PM</i>		Moon 4 - Phase 5
Creative Work	Siddha Yoga	263721369 Rahu 10:15AM – 12:02PM	Gara Until 9:39AM	Nataraja: Purple		4th Phase
			Chaturdashi* Until 10:45PM	Moon – Green		
		Vaikasi Visakam		Vaisaka-Vaikasi		Devaloka Day

○ Saturday, May 21, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran Sun 28 Sutra 34
Copper Retreat Star		Gulika 4:56AM – 6:42AM	Vishakha Until 5:10PM	Ganesha: Clear <i>Sunrise: 4:56AM</i>		Durmukha 5118
Tula Rasi: 27.43	Tithi 15	Yama 1:48PM – 3:35PM	Parigha* Until 10:58PM	Muruga: White <i>Sunset: 7:07PM</i>		Moon 4 - Phase 5
Creative Work	Siddha Yoga	273721369 Rahu 8:29AM – 10:15AM	Visti Until 11:50AM	Nataraja: Purple		Purnima
			Purnima* Until 12:47AM Sun	Moon – Orange		
				Vaisaka-Vaikasi		Bhuloka Day
						Devaloka Time: 9:AM to 12:PM

○ Sunday, May 22, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran Sun 29 Sutra 35
Silver Retreat Star		Gulika 3:35PM – 5:22PM	Anuradha Until 7:33PM	Ganesha: Clear <i>Sunrise: 4:55AM</i>		Durmukha 5118
Vrischika Rasi: 9.47	Tithi 16	Yama 12:02PM – 1:48PM	Shiva Until 11:23PM	Muruga: White <i>Sunset: 7:08PM</i>		Moon 4 - Phase 5
Routine Work	Marana Yoga	273721369 Rahu 5:22PM – 7:08PM	Balava Until 1:41PM	Nataraja: Purple		Prathama
			Prathama* Until 2:28AM Mon	Moon – Orange		
				Vaisaka-Vaikasi		Bhuloka Day
						Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 23, 2016
Gold Retreat Star

Vrischika Rasi: 21.59 Tihti 17
Family Home Evening
Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 1:49PM – 3:35PM **Jyeshtha* Until 9:26PM**
Yama 10:15AM – 12:02PM Siddha Until 11:29PM
Rahu 6:42AM – 8:28AM Tailila Until 3:12PM
Dvitiya Until 3:49AM Tue

Tehran, Iran Sun 1 Sutra 36
Dur mukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: Clear *Sunrise:* 4:55AM
Muruga: White *Sunset:* 7:09PM
Nataraja: Purple
Moon – Orange

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Tuesday, May 24, 2016

Dhanus Rasi: 4.19 Tihti 18
Creative Work Amrita Yoga
Until 11:18PM
Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:02PM – 1:49PM **Mula* Until 11:18PM**
Yama 8:28AM – 10:15AM Sadhya Until 11:20PM
Rahu 3:36PM – 5:23PM Vanija Until 4:22PM
Tritiya Until 4:47AM Wed

Tehran, Iran Sun 2 Sutra 37
Dur mukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: White *Sunrise:* 4:54AM
Muruga: White *Sunset:* 7:10PM
Nataraja: Purple
Moon – Light Blue

Devaloka Day
Devaloka Time: 9:AM to 12:PM

2

Wednesday, May 25, 2016

Dhanus Rasi: 16.5 Tihti 19
Creative Work Amrita Yoga
Until 12:38AM Thu
Then Routine Work - Marana Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:15AM – 12:02PM **Purvashadha* Until 12:38AM Thu**
Yama 6:41AM – 8:28AM Subha Until 10:54PM
Rahu 12:02PM – 1:49PM Bava Until 5:09PM
Chaturthi* Until 5:22AM Thu

Tehran, Iran Sun 3 Sutra 38
Dur mukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: Clear *Sunrise:* 4:54AM
Muruga: White *Sunset:* 7:10PM
Nataraja: Purple
Moon – Light Blue

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Thursday, May 26, 2016

Dhanus Rasi: 29.31 Tihti 20
Routine Work Marana Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 8:28AM – 10:15AM **Uttarashadha Until 1:24AM Fri**
Yama 4:53AM – 6:41AM Sukla Until 10:07PM
Rahu 1:49PM – 3:37PM Kaulava Until 5:32PM
Panchami Until 5:32AM Fri

Tehran, Iran Sun 4 Sutra 39
Dur mukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: Clear *Sunrise:* 4:53AM
Muruga: White *Sunset:* 7:11PM
Nataraja: Purple
Moon – Light Blue

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Friday, May 27, 2016

Makara Rasi: 12.23 Tihti 21
Routine Work Marana Yoga
Until 2:01AM Sat
Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:40AM – 8:28AM **Shravana Until 2:01AM Sat**
Yama 3:37PM – 5:24PM Brahma Until 8:59PM
Rahu 10:15AM – 12:02PM Gara Until 5:27PM
Shashthi* Until 5:13AM Sat

Tehran, Iran Sun 5 Sutra 40
Dur mukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: White *Sunrise:* 4:53AM
Muruga: Clear *Sunset:* 7:12PM
Nataraja: Purple
Moon – Purple

Sivaloka Day
Devaloka Time: 9:AM to 12:PM

5

Saturday, May 28, 2016

Makara Rasi: 25.31 Tihti 22
Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:52AM – 6:40AM **Dhanishtha Until 1:59AM Sun**
Yama 1:50PM – 3:37PM Indra Until 7:27PM
Rahu 8:27AM – 10:15AM Visti Until 4:54PM
Saptami Until 4:24AM Sun

Tehran, Iran Sun 6 Sutra 41
Dur mukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: White *Sunrise:* 4:52AM
Muruga: Clear *Sunset:* 7:12PM
Nataraja: Purple
Moon – Purple

Sivaloka Day
Devaloka Time: 9:AM to 12:PM

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Sunday, May 29, 2016
Retreat Star

Kumbha Rasi: 8.55 Tihti 23
Creative Work Siddha Yoga
Until 1:15AM Mon
Then Routine Work - Marana Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:38PM – 5:25PM **Shatabhishak Until 1:15AM Mon**
Yama 12:03PM – 1:50PM Vaidhriti* Until 5:29PM
Rahu 5:25PM – 7:13PM Balava Until 3:48PM
Ashtami* Until 3:01AM Mon

Tehran, Iran Sun 7 Sutra 42
Dur mukha 5118
Moon 5 - Phase 6
Ashtami

Ganesh: White *Sunrise:* 4:52AM
Muruga: Clear *Sunset:* 7:13PM
Nataraja: Purple
Moon – Purple

Sivaloka Day
Devaloka Time: 9:AM to 12:PM

Monday, May 30, 2016
Retreat Star

Kumbha Rasi: 22.38 Tihti 24
Family Home Evening
Routine Work Marana Yoga
Until 12:17AM Tue
Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Navamyam Titau

Gulika 1:50PM – 3:38PM **Purvaproshtapada* Until 12:17AM Tue**
Yama 10:15AM – 12:03PM Vishkambha* Until 3:04PM
Rahu 6:39AM – 8:27AM Tailila Until 2:08PM
Navami* Until 1:06AM Tue

Tehran, Iran Sun 8 Sutra 43
Dur mukha 5118
Moon 5 - Phase 6
Navami

Ganesh: Clear *Sunrise:* 4:52AM
Muruga: Clear *Sunset:* 7:14PM
Nataraja: Purple
Moon – Clear


Devaloka Day
Devaloka Time: 9:AM to 12:PM

1		Tuesday, May 31, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Dashamyam Titau		Tehran, Iran Sun 9 Sutra 44	
Meena Rasi: 6.42	Tithi 25	Gulika	12:03PM – 1:51PM	Uttaraproshtapada Until 10:39PM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Durmukha 5118		
		Yama	8:27AM – 10:15AM	Priti Until 12:14PM	Muruga: Clear	<i>Sunset:</i> 7:14PM	Moon 5 - Phase 7		
		314731369 Rahu	3:39PM – 5:26PM	Vanija Until 11:57AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dashami Until 10:40PM	Moon – Clear		Devaloka Day		
Until 10:39PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

2		Wednesday, June 1, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Tehran, Iran Sun 10 Sutra 45	
Meena Rasi: 21.06	Tithi 26	Gulika	10:15AM – 12:03PM	Revati Until 8:27PM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Durmukha 5118		
		Yama	6:39AM – 8:27AM	Ayushman Until 8:59AM	Muruga: Clear	<i>Sunset:</i> 7:15PM	Moon 5 - Phase 7		
		314731369 Rahu	12:03PM – 1:51PM	Bava Until 9:18AM	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga			Ekadashi* Until 7:48PM	Moon – Clear		Devaloka Day		
					Vaisaka-Vaikasi				

3		Thursday, June 2, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Tehran, Iran Sun 11 Sutra 46	
Mesha Rasi: 5.47	Tithi 27 – 28	Gulika	8:27AM – 10:15AM	Ashvini Until 6:12PM	Ganesha: White	<i>Sunrise:</i> 4:51AM	Durmukha 5118		
		Yama	4:51AM – 6:39AM	Sobhana Until 1:40AM Fri	Muruga: Clear	<i>Sunset:</i> 7:16PM	Moon 5 - Phase 7		
		324731369 Rahu	1:51PM – 3:39PM	Kaulava Until 6:15AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dvadashi* Until 4:37PM	Moon – White		Bhuloka Day		
Until 6:12PM				<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Friday, June 3, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Tehran, Iran Sun 12 Sutra 47	
Mesha Rasi: 20.4	Tithi 28 – 29	Gulika	6:39AM – 8:27AM	Bharani Until 3:38PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	Durmukha 5118		
		Yama	3:40PM – 5:28PM	Athiganda* Until 9:46PM	Muruga: Clear	<i>Sunset:</i> 7:16PM	Moon 5 - Phase 7		
		324731369 Rahu	10:15AM – 12:03PM	Visti Until 11:32PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 1:14PM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

		Saturday, June 4, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Tehran, Iran Sun 13 Sutra 48	
Retreat Star		Gulika	4:50AM – 6:38AM	Krittika Until 12:54PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	Durmukha 5118		
Vrishabha Rasi: 5.37	Tithi 29 – 30	Yama	1:52PM – 3:40PM	Sukarma Until 5:54PM	Muruga: Clear	<i>Sunset:</i> 7:17PM	Moon 5 - Phase 7		
		324731369 Rahu	8:27AM – 10:15AM	Catuspada Until 8:08PM	Nataraja: Purple		Amavasya		
Creative Work	Amrita Yoga			Chaturdashi* Until 9:48AM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunday, June 5, 2016		Retreat Star				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Tehran, Iran Sun 14 Sutra 49	
Vrishabha Rasi: 20.3	Tithi 30 – 1	Gulika	3:40PM – 5:29PM	Rohini Until 10:34AM	Ganesha: Green	<i>Sunrise:</i> 4:50AM	Durmukha 5118		
		Yama	12:04PM – 1:52PM	Dhriti Until 2:11PM	Muruga: Clear	<i>Sunset:</i> 7:17PM	Moon 5 - Phase 7		
		334731361 Rahu	5:29PM – 7:17PM	Bava Until 3:28AM Mon	Nataraja: White		Prathama		
Creative Work	Siddha Yoga			Amavasya* Until 6:30AM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

Monday, June 6, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
Mithuna Rasi: 5.11 Tithi 2		Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 50
Family Home Evening	334731361	Gulika 1:52PM – 3:41PM	Mrigashira Until 8:26AM	Ganesh: Green <i>Sunrise:</i> 4:50AM	Durmukha 5118	
Creative Work Amrita Yoga		Yama 10:15AM – 12:04PM	Shula* Until 10:44AM	Muruga: Clear <i>Sunset:</i> 7:18PM	Moon 5 - Phase 8	
Until 8:26AM		Rahu 6:38AM – 8:27AM	Balava Until 2:07PM	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga			Dvitiya Until 12:52AM Tue	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

Tuesday, June 7, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Mithuna Rasi: 19.32 Tithi 3		Ardra/Punarvasu Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 51
	334731361	Gulika 12:04PM – 1:53PM	Ardra Until 6:38AM	Ganesh: Green <i>Sunrise:</i> 4:50AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 8:27AM – 10:15AM	Ganda* Until 7:43AM	Muruga: Clear <i>Sunset:</i> 7:18PM	Moon 5 - Phase 8	
Until 6:38AM		Rahu 3:41PM – 5:30PM	Tailila Until 11:49AM	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga			Tritiya Until 10:53PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

Wednesday, June 8, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
Kataka Rasi: 3.27 Tithi 4		Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthayam Titau				Sun 17 Sutra 52
	344731361	Gulika 10:15AM – 12:04PM	Pushya Until 5:31AM Thu	Ganesh: White <i>Sunrise:</i> 4:50AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 6:38AM – 8:27AM	Dhruva Until 3:22AM Thu	Muruga: Clear <i>Sunset:</i> 7:19PM	Moon 5 - Phase 8	
		Rahu 12:04PM – 1:53PM	Vanija Until 10:11AM	Nataraja: White	3rd Phase	
			Chaturthi* Until 9:38PM	Moon – Blue	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

Thursday, June 9, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
Kataka Rasi: 16.55 Tithi 5		Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 53
	344731361	Gulika 8:27AM – 10:16AM	Ashlesha* Until 5:57AM Fri	Ganesh: White <i>Sunrise:</i> 4:49AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 4:49AM – 6:38AM	Vyaghata* Until 2:11AM Fri	Muruga: Clear <i>Sunset:</i> 7:19PM	Moon 5 - Phase 8	
Until 5:57AM Fri		Rahu 1:53PM – 3:42PM	Bava Until 9:20AM	Nataraja: White	3rd Phase	
Then Routine Work - Marana Yoga			Panchami Until 9:13PM	Moon – Blue	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

Friday, June 10, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Kataka Rasi: 29.56 Tithi 6		Magha* Nakshatra Harshana Yoga Kaulava/Tailila Karana Shashthyam Titau				Sun 19 Sutra 54
	344731361	Gulika 6:38AM – 8:27AM	Magha* Until 7:31AM Sat	Ganesh: White <i>Sunrise:</i> 4:49AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 3:42PM – 5:31PM	Harshana Until 1:41AM Sat	Muruga: Clear <i>Sunset:</i> 7:20PM	Moon 5 - Phase 8	
Until 7:31AM Sat		Rahu 10:16AM – 12:05PM	Kaulava Until 9:21AM	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga			Shashthi* Until 9:39PM	Moon – Blue	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

Saturday, June 11, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
Simha Rasi: 12.32 Tithi 7		Magha*/Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 55
	355731361	Gulika 4:49AM – 6:38AM	Magha* Until 7:31AM	Ganesh: Purple <i>Sunrise:</i> 4:49AM	Durmukha 5118	
Creative Work Amrita Yoga		Yama 1:54PM – 3:42PM	Vajra* Until 1:46AM Sun	Muruga: Clear <i>Sunset:</i> 7:20PM	Moon 5 - Phase 8	
Until 7:31AM		Rahu 8:27AM – 10:16AM	Gara Until 10:11AM	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga			Saptami Until 10:52PM	Moon – Red	Sivaloka Day	
				Jyeshtha-Vaikasi		

Sunday, June 12, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 56
	355831361	Gulika 3:43PM – 5:32PM	Purvaphalguni Until 9:39AM	Ganesh: Clear <i>Sunrise:</i> 4:49AM	Durmukha 5118	
Simha Rasi: 24.49 Tithi 8		Yama 12:05PM – 1:54PM	Siddhi Until 2:20AM Mon	Muruga: Clear <i>Sunset:</i> 7:21PM	Moon 5 - Phase 8	
Creative Work Siddha Yoga		Rahu 5:32PM – 7:21PM	Visti Until 11:46AM	Nataraja: White	Ashtami	
Until 9:39AM			Ashtami* Until 12:44AM Mon	Moon – Red	Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi		

Monday, June 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
Retreat Star		Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 57
	355831361	Gulika 1:54PM – 3:43PM	Uttaraphalguni Until 12:09PM	Ganesh: Clear <i>Sunrise:</i> 4:49AM	Durmukha 5118	
Kanya Rasi: 6.51 Tithi 9		Yama 10:16AM – 12:05PM	Vyatipata* Until 3:14AM Tue	Muruga: Clear <i>Sunset:</i> 7:21PM	Moon 5 - Phase 8	
Family Home Evening		Rahu 6:38AM – 8:27AM	Balava Until 1:52PM	Nataraja: White	Navami	
Creative Work Siddha Yoga			Navami* Until 3:02AM Tue	Moon – Red	Devaloka Day	
				Jyeshtha-Vaikasi		


1	Tuesday, June 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
	Kanya Rasi: 18.44 Tihti 10		Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 58
	Creative Work Siddha Yoga	365831361	Gulika 12:05PM – 1:54PM	Hasta Until 3:18PM	Ganesha: Purple <i>Sunrise:</i> 4:49AM	Durmukha 5118	
			Yama 8:27AM – 10:16AM	Variyan Until 4:15AM Wed	Muruga: Clear <i>Sunset:</i> 7:21PM	Moon 5 - Phase 9	
		Rahu 3:43PM – 5:32PM	Tailila Until 4:18PM	Nataraja: White	4th Phase		
		Dashami Until 5:32AM Wed			Moon – Green	Bhuloka Day	
					Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM	

2	Wednesday, June 15, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
	Tula Rasi: 0.34 Tihti 11		Chitra Nakshatra Parigha* Yoga Vanija Karana Ekadashyam Titau				Sun 24 Sutra 59
	Creative Work Siddha Yoga	365831361	Gulika 10:17AM – 12:06PM	Chitra Until 6:22PM	Ganesha: Purple <i>Sunrise:</i> 4:49AM	Durmukha 5118	
			Yama 6:38AM – 8:27AM	Parigha* Until 5:16AM Thu	Muruga: Clear <i>Sunset:</i> 7:22PM	Moon 5 - Phase 9	
		Rahu 12:06PM – 1:55PM	Vanija Until 6:48PM	Nataraja: White	4th Phase		
		Ekadashi Until 7:59AM Thu			Moon – Green	Bhuloka Day	
					Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM	

3	Thursday, June 16, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
	Tula Rasi: 12.24 Tihti 11 – 12		Svati Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 60
	Creative Work Amrita Yoga	365831361	Gulika 8:28AM – 10:17AM	Svati Until 9:08PM	Ganesha: Purple <i>Sunrise:</i> 4:49AM	Durmukha 5118	
			Yama 4:49AM – 6:39AM	Shiva Until 6:08AM Fri	Muruga: Clear <i>Sunset:</i> 7:22PM	Moon 5 - Phase 9	
Until 9:08PM		Rahu 1:55PM – 3:44PM	Bava Until 9:09PM	Nataraja: White	4th Phase		
Then Creative Work - Siddha Yoga		Ekadashi Until 7:59AM			Moon – Green	Bhuloka Day	
					Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM	

4	Friday, June 17, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
	Tula Rasi: 24.19 Tihti 12 – 13		Vishakha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 61
	Creative Work Siddha Yoga	375831361	Gulika 6:39AM – 8:28AM	Vishakha Until 11:57PM	Ganesha: Clear <i>Sunrise:</i> 4:50AM	Durmukha 5118	
			Yama 3:44PM – 5:33PM	Shiva Until 6:08AM	Muruga: Clear <i>Sunset:</i> 7:22PM	Moon 5 - Phase 9	
		Rahu 10:17AM – 12:06PM	Kaulava Until 11:13PM	Nataraja: White	4th Phase		
		Dvadashi Until 10:12AM			Moon – Orange	Devaloka Day	
					Jyeshtha-Ani		
		<i>Pradosha Vrata</i>					

5	Saturday, June 18, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
	Vrischika Rasi: 6.22 Tihti 13 – 14		Anuradha Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 62
	Creative Work Siddha Yoga	375831361	Gulika 4:50AM – 6:39AM	Anuradha Until 2:14AM Sun	Ganesha: Clear <i>Sunrise:</i> 4:50AM	Durmukha 5118	
			Yama 1:55PM – 3:44PM	Siddha Until 6:44AM	Muruga: Clear <i>Sunset:</i> 7:23PM	Moon 5 - Phase 9	
Until 2:14AM Sun		Rahu 8:28AM – 10:17AM	Gara Until 12:54AM Sun	Nataraja: White	4th Phase		
Then Routine Work - Marana Yoga		Trayodashi Until 12:06PM			Moon – Orange	Devaloka Day	
					Jyeshtha-Ani		

	Sunday, June 19, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
	Copper Retreat Star		Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 63
	Vrischika Rasi: 18.35 Tihti 14 – 15	375831361	Gulika 3:45PM – 5:34PM	Jyeshtha* Until 3:56AM Mon	Ganesha: Clear <i>Sunrise:</i> 4:50AM	Durmukha 5118	
			Yama 12:06PM – 1:56PM	Sadhya Until 7:01AM	Muruga: Clear <i>Sunset:</i> 7:23PM	Moon 5 - Phase 9	
Routine Work Marana Yoga		Rahu 5:34PM – 7:23PM	Visti Until 2:09AM Mon	Nataraja: White	Purnima		
Until 3:56AM Mon		Father's Day			Moon – Orange	Devaloka Day	
Then Creative Work - Siddha Yoga		Chaturdashi* Until 1:34PM			Jyeshtha-Ani		

Monday, June 20, 2016	Silver Retreat Star		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
	Silver Retreat Star		Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64
	Dhanus Rasi: 0.59 Tihti 15 – 16	386831361	Gulika 1:56PM – 3:45PM	Mula* Until 5:31AM Tue	Ganesha: Yellow <i>Sunrise:</i> 4:50AM	Durmukha 5118	
			Yama 10:17AM – 12:07PM	Subha Until 6:59AM	Muruga: Clear <i>Sunset:</i> 7:23PM	Moon 5 - Phase 9	
Family Home Evening		Rahu 6:39AM – 8:28AM	Balava Until 2:57AM Tue	Nataraja: White	Prathama		
Creative Work Siddha Yoga		Purnima* Until 2:35PM			Moon – Light Blue	Devaloka Day	
					Jyeshtha-Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Utlarayne Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 65

Dhanus Rasi: 13.35 Tihti 16 – 17

Gulika 12:07PM – 1:56PM
Yama 8:29AM – 10:18AM
Rahu 3:45PM – 5:34PM

386831361

Purvashadha* Until 6:32AM Wed
Sukla Until 6:35AM
Taitila Until 3:19AM Wed
Prathama* Until 3:10PM

Ganesha: Yellow *Sunrise:* 4:50AM
Muruga: Clear *Sunset:* 7:23PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 6:32AM Wed
Then Creative Work - Amrita Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha*/Uttarashadha Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau

Tehran, Iran

Sun 1 Sutra 66

Dhanus Rasi: 26.22 Tihti 17 – 18

Gulika 10:18AM – 12:07PM
Yama 6:40AM – 8:29AM
Rahu 12:07PM – 1:56PM

386831361

Purvashadha* Until 6:32AM
Indra Until 4:49AM Thu
Vanija Until 3:18AM Thu
Dvitiya Until 3:20PM

Ganesha: Yellow *Sunrise:* 4:51AM
Muruga: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Vaidhriti* Yoga Visli*/Bava Karana Tritiya/Chatrthyam Titau

Tehran, Iran

Sun 2 Sutra 67

Makara Rasi: 9.22 Tihti 18 – 19

Gulika 8:29AM – 10:18AM
Yama 4:51AM – 6:40AM
Rahu 1:56PM – 3:45PM

386831361

Uttarashadha Until 7:00AM
Vaidhriti* Until 3:29AM Fri
Bava Until 2:54AM Fri
Tritiya Until 3:08PM

Ganesha: Yellow *Sunrise:* 4:51AM
Muruga: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 7:00AM
Then Creative Work - Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 68

Makara Rasi: 22.32 Tihti 19 – 20

Gulika 6:40AM – 8:29AM
Yama 3:46PM – 5:35PM
Rahu 10:18AM – 12:07PM

396831361

Shravana Until 7:25AM
Vishkambha* Until 1:52AM Sat
Kaulava Until 2:10AM Sat
Chatrthi* Until 2:33PM

Ganesha: Blue *Sunrise:* 4:51AM
Muruga: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 7:25AM
Then Creative Work - Siddha Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 69

Kumbha Rasi: 5.54 Tihti 20 – 21

Gulika 4:51AM – 6:40AM
Yama 1:57PM – 3:46PM
Rahu 8:30AM – 10:19AM

396831361

Dhanishtha Until 7:21AM
Priti Until 11:59PM
Gara Until 1:04AM Sun
Panchami Until 1:38PM

Ganesha: Blue *Sunrise:* 4:51AM
Muruga: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 7:21AM
Then Creative Work - Amrita Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sun 5 Sutra 70

Kumbha Rasi: 19.28 Tihti 21 – 22

Gulika 3:46PM – 5:35PM
Yama 12:08PM – 1:57PM
Rahu 5:35PM – 7:24PM

396831361

Shatabhishak Until 6:47AM
Ayushman Until 9:48PM
Visli Until 11:38PM
Shashthi* Until 12:22PM

Ganesha: Blue *Sunrise:* 4:52AM
Muruga: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sun 6 Sutra 71

Meena Rasi: 3.14 Tihti 22 – 23

Gulika 1:57PM – 3:46PM
Yama 10:19AM – 12:08PM
Rahu 6:41AM – 8:30AM

316831361

Purvaproshtapada* Until 6:10AM
Saubhagya Until 7:21PM
Balava Until 9:51PM
Saptami Until 10:46AM

Ganesha: Purple *Sunrise:* 4:52AM
Muruga: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Ashtami

Sivaloka Day

Routine Work Marana Yoga
Until 6:10AM
Then Creative Work - Siddha Yoga

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 7 Sutra 72

Meena Rasi: 17.13 Tihti 23 – 24

Gulika 12:08PM – 1:57PM
Yama 8:30AM – 10:19AM
Rahu 3:46PM – 5:35PM

317831361

Revati Until 3:29AM Wed
Sobhana Until 4:38PM
Taitila Until 7:44PM
Ashtami* Until 8:49AM

Ganesha: Clear *Sunrise:* 4:52AM
Muruga: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Navami

Devaloka Day

Creative Work Siddha Yoga
Until 3:29AM Wed
Then Routine Work - Marana Yoga

1		Wednesday, June 29, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Tehran, Iran	
Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Visti* Karana Navami/Dashamyam Titau		Sun 8		Sutra 73		Durumukha 5118		Moon 6 - Phase 11	
Mesha Rasi: 1.24	Tithi 24 - 25	Gulika 10:20AM - 12:08PM	Ashvini Until 1:54AM Thu	Ganesh: Purple <i>Sunrise: 4:53AM</i>		Muruga: Clear <i>Sunset: 7:24PM</i>		Bhuloka Day	
		Yama 6:42AM - 8:31AM	Athiganda* Until 1:39PM			Nataraja: White		Devaloka Time: 12:PM to 3:PM	
		327831361 Rahu 12:08PM - 1:57PM	Visti Until 4:00AM Thu			Moon - White			
Routine Work	Marana Yoga		Navami* Until 6:32AM			Jyeshtha*Ani			
Until 1:54AM Thu									
Then Creative Work - Siddha Yoga									

2		Thursday, June 30, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Tehran, Iran	
Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 74		Durumukha 5118		Moon 6 - Phase 11	
Mesha Rasi: 15.47	Tithi 26	Gulika 8:31AM - 10:20AM	Bharani Until 11:59PM	Ganesh: Purple <i>Sunrise: 4:53AM</i>		Muruga: Clear <i>Sunset: 7:24PM</i>		Bhuloka Day	
		Yama 4:53AM - 6:42AM	Sukarma Until 10:27AM			Nataraja: White		Devaloka Time: 12:PM to 3:PM	
		327831361 Rahu 1:57PM - 3:46PM	Bava Until 2:39PM			Moon - White			
Creative Work	Siddha Yoga		Ekadashi* Until 1:15AM Fri			Jyeshtha*Ani			
Until 11:59PM									
Then Routine Work - Marana Yoga									

3		Friday, July 1, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taila Karana Dvadashyam Titau		Sun 10		Sutra 75		Durumukha 5118		Moon 6 - Phase 11	
Vrishabha Rasi: 0.18	Tithi 27	Gulika 6:42AM - 8:31AM	Krittika Until 9:48PM	Ganesh: Purple <i>Sunrise: 4:54AM</i>		Muruga: Clear <i>Sunset: 7:24PM</i>		Bhuloka Day	
		Yama 3:46PM - 5:35PM	Dhriti Until 7:08AM			Nataraja: White		Devaloka Time: 12:PM to 3:PM	
		327831361 Rahu 10:20AM - 12:09PM	Kaulava Until 11:51AM			Moon - White			
Creative Work	Siddha Yoga		Dvadashi* Until 10:24PM			Jyeshtha*Ani			
Until 9:48PM									
Then Routine Work - Marana Yoga									

4		Saturday, July 2, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Tehran, Iran	
Rohini Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 76		Durumukha 5118		Moon 6 - Phase 11	
Vrishabha Rasi: 14.53	Tithi 28	Gulika 4:54AM - 6:43AM	Rohini Until 7:56PM	Ganesh: Light Blue <i>Sunrise: 4:54AM</i>		Muruga: Clear <i>Sunset: 7:24PM</i>		Bhuloka Day	
		Yama 1:58PM - 3:46PM	Ganda* Until 12:23AM Sun			Nataraja: White		Devaloka Time: 12:PM to 3:PM	
		327831361 Rahu 8:32AM - 10:20AM	Gara Until 8:59AM			Moon - Yellow			
Creative Work	Amrita Yoga		Trayodashi* Until 7:34PM			Jyeshtha*Ani			
Until 7:56PM			<i>Pradosha Vrata (Fasting)</i>						
Then Creative Work - Siddha Yoga									

5		Sunday, July 3, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Tehran, Iran	
Mrigashira Nakshatra Vriddhi Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 77		Durumukha 5118		Moon 6 - Phase 11	
Vrishabha Rasi: 29.24	Tithi 29 - 30	Gulika 3:46PM - 5:35PM	Mrigashira Until 6:04PM	Ganesh: Light Blue <i>Sunrise: 4:55AM</i>		Muruga: Clear <i>Sunset: 7:24PM</i>		Bhuloka Day	
		Yama 12:09PM - 1:58PM	Vriddhi Until 9:12PM			Nataraja: White		Devaloka Time: 12:PM to 3:PM	
		327831361 Rahu 5:35PM - 7:24PM	Visti Until 6:13AM			Moon - Yellow			
Creative Work	Siddha Yoga		Chaturdashi* Until 4:54PM			Jyeshtha*Ani			
Until 4:22PM									
Then Creative Work - Amrita Yoga									

Monday, July 4, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Tehran, Iran	
Ardra/Punarvasu Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 78		Durumukha 5118		Moon 6 - Phase 11	
Mithuna Rasi: 13.46	Tithi 30 - 1	Gulika 1:58PM - 3:46PM	Ardra Until 4:22PM	Ganesh: Purple <i>Sunrise: 4:55AM</i>		Muruga: Clear <i>Sunset: 7:24PM</i>		Bhuloka Day	
Family Home Evening		Yama 10:21AM - 12:09PM	Dhruva Until 6:16PM			Nataraja: White		Devaloka Time: 12:PM to 3:PM	
		327831361 Rahu 6:44AM - 8:32AM	Kintughna Until 1:31AM Tue			Moon - Yellow			
Creative Work	Siddha Yoga		Amavasya* Until 2:31PM			Jyeshtha*Ani			
Until 4:22PM									
Then Creative Work - Amrita Yoga									

Tuesday, July 5, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Sutra 79		Durumukha 5118		Moon 6 - Phase 11	
Mithuna Rasi: 27.52	Tithi 1 - 2	Gulika 12:10PM - 1:58PM	Punarvasu Until 3:26PM	Ganesh: Light Blue <i>Sunrise: 4:56AM</i>		Muruga: Clear <i>Sunset: 7:23PM</i>		Bhuloka Day	
		Yama 8:33AM - 10:21AM	Vyaghata* Until 3:44PM			Nataraja: White		Devaloka Time: 12:PM to 3:PM	
		348831361 Rahu 3:46PM - 5:35PM	Balava Until 11:52PM			Moon - Blue			
Creative Work	Siddha Yoga		Prathama* Until 12:36PM			Ashada*Ani			
Until 4:22PM									
Then Creative Work - Amrita Yoga									

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Wednesday, July 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Tehran, Iran Sun 15 Sutra 80	
Kataka Rasi: 11.37	Titthi 2 – 3	Gulika	10:21AM – 12:10PM	Pushya Until 2:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM		Durmukha 5118	
		Yama	6:45AM – 8:33AM	Harshana Until 1:43PM	Muruga: Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	448831361 Rahu	12:10PM – 1:58PM	Taitila Until 10:52PM	Nataraja: White		3rd Phase		
				Dvitiya Until 11:16AM	Moon – Blue				
					Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

2		Thursday, July 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Tehran, Iran Sun 16 Sutra 81	
Kataka Rasi: 24.59	Titthi 3 – 4	Gulika	8:33AM – 10:22AM	Ashlesha* Until 3:01PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:57AM		Durmukha 5118	
		Yama	4:57AM – 6:45AM	Vajra* Until 12:15PM	Muruga: Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	448931361 Rahu	1:58PM – 3:46PM	Vanija Until 10:37PM	Nataraja: White		3rd Phase		
Until 3:01PM				Tritiya Until 10:38AM	Moon – Blue				
Then Creative Work - Amrita Yoga					Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

3		Friday, July 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Tehran, Iran Sun 17 Sutra 82	
Simha Rasi: 7.57	Titthi 4 – 5	Gulika	6:45AM – 8:34AM	Magha* Until 4:10PM	Ganesha: Purple	<i>Sunrise:</i> 4:57AM		Durmukha 5118	
		Yama	3:46PM – 5:35PM	Siddhi Until 11:24AM	Muruga: Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12		
Routine Work	Marana Yoga	458931361 Rahu	10:22AM – 12:10PM	Bava Until 11:09PM	Nataraja: White		3rd Phase		
Until 4:10PM				Chaturthi* Until 10:46AM	Moon – Red				
Then Creative Work - Siddha Yoga					Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

4		Saturday, July 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Tehran, Iran Sun 18 Sutra 83	
Simha Rasi: 20.32	Titthi 5 – 6	Gulika	4:58AM – 6:46AM	Purvaphalguni Until 5:53PM	Ganesha: Purple	<i>Sunrise:</i> 4:58AM		Durmukha 5118	
		Yama	1:58PM – 3:46PM	Vyatipata* Until 11:10AM	Muruga: Clear	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	458931361 Rahu	8:34AM – 10:22AM	Kaulava Until 12:24AM Sun	Nataraja: White		3rd Phase		
Until 5:53PM				Panchami Until 11:40AM	Moon – Red				
Then Routine Work - Marana Yoga					Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

5		Sunday, July 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Tehran, Iran Sun 19 Sutra 84	
Kanya Rasi: 2.49	Titthi 6 – 7	Gulika	3:46PM – 5:34PM	Uttaraphalguni Until 8:03PM	Ganesha: Purple	<i>Sunrise:</i> 4:58AM		Durmukha 5118	
		Yama	12:10PM – 1:58PM	Variyan Until 11:26AM	Muruga: Clear	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12		
Creative Work	Amrita Yoga	458931361 Rahu	5:34PM – 7:22PM	Gara Until 2:15AM Mon	Nataraja: White		3rd Phase		
				Shashthi* Until 1:15PM	Moon – Red				
		Chidambaram Abhishekam			Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

6		Monday, July 11, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Tehran, Iran Sun 20 Sutra 85	
Kanya Rasi: 14.53	Titthi 7 – 8	Gulika	1:58PM – 3:46PM	Hasta Until 10:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:59AM		Durmukha 5118	
Family Home Evening		Yama	10:23AM – 12:10PM	Parigha* Until 12:07PM	Muruga: Clear	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	469931361 Rahu	6:47AM – 8:35AM	Visti Until 4:30AM Tue	Nataraja: White		3rd Phase		
Until 10:59PM				Saptami Until 3:19PM	Moon – Green				
Then Routine Work - Prabalarishta Yoga					Ashada*Ani		Devaloka Day		

Retreat Star		Tuesday, July 12, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Tehran, Iran Sun 21 Sutra 86	
Kanya Rasi: 26.48	Titthi 8 – 9	Gulika	12:10PM – 1:58PM	Chitra Until 1:57AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:00AM		Durmukha 5118	
		Yama	8:35AM – 10:23AM	Shiva Until 1:02PM	Muruga: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	469931361 Rahu	3:46PM – 5:34PM	Balava Until 6:54AM Wed	Nataraja: White		Ashtami		
				Ashtami* Until 5:40PM	Moon – Green				
					Ashada*Ani		Devaloka Day		

Retreat Star		Wednesday, July 13, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Tehran, Iran Sun 22 Sutra 87	
Tula Rasi: 8.4	Titthi 9	Gulika	10:23AM – 12:11PM	Svati Until 4:43AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:00AM		Durmukha 5118	
		Yama	6:48AM – 8:35AM	Siddha Until 1:59PM	Muruga: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	469931361 Rahu	12:11PM – 1:58PM	Balava Until 6:54AM	Nataraja: White		Navami		
				Navami* Until 8:04PM	Moon – Green				
					Ashada*Ani		Devaloka Day		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1 Thursday, July 14, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
Vishakha Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dashamyam Titau						Sun 23 Sutra 88
Tula Rasi: 20.32	Tithi 10	Gulika 8:36AM – 10:23AM	Vishakha Until 7:35AM Fri	Ganesha: Green	<i>Sunrise:</i> 5:01AM	Durmukha 5118
		Yama 5:01AM – 6:48AM	Sadhya Until 2:52PM	Muruga: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13
		479931361 Rahu 1:58PM – 3:46PM	Tailila Until 9:13AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 10:17PM	Moon – Orange		
				Ashada•Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

2 Friday, July 15, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 24 Sutra 89
Vrischika Rasi: 2.31	Tithi 11	Gulika 6:49AM – 8:36AM	Vishakha Until 7:35AM	Ganesha: Green	<i>Sunrise:</i> 5:02AM	Durmukha 5118
		Yama 3:45PM – 5:33PM	Subha Until 3:31PM	Muruga: Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 13
		479931361 Rahu 10:23AM – 12:11PM	Vanija Until 11:17AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 12:09AM Sat	Moon – Orange		
				Ashada•Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

3 Saturday, July 16, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau						Sun 25 Sutra 90
Vrischika Rasi: 14.4	Tithi 12	Gulika 5:02AM – 6:49AM	Anuradha Until 9:55AM	Ganesha: Green	<i>Sunrise:</i> 5:02AM	Durmukha 5118
		Yama 1:58PM – 3:45PM	Sukla Until 3:49PM	Muruga: Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 13
		479931361 Rahu 8:37AM – 10:24AM	Bava Until 12:56PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:33AM Sun	Moon – Orange		
				Ashada•Adi	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

4 Sunday, July 17, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau						Sun 26 Sutra 91
Vrischika Rasi: 27	Tithi 13	Gulika 3:45PM – 5:32PM	Jyeshtha* Until 11:35AM	Ganesha: Green	<i>Sunrise:</i> 5:03AM	Durmukha 5118
		Yama 12:11PM – 1:58PM	Brahma Until 3:43PM	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13
		479931362 Rahu 5:32PM – 7:19PM	Kaulava Until 2:04PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 2:25AM Mon	Moon – Orange		
Until 11:35AM			<i>Pradosha Vrata</i>	Ashada•Adi	Devaloka Day	
Then Creative Work - Amrita Yoga						

5 Monday, July 18, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau						Sun 27 Sutra 92
Dhanus Rasi: 9.34	Tithi 14	Gulika 1:58PM – 3:45PM	Mula* Until 1:03PM	Ganesha: Blue	<i>Sunrise:</i> 5:04AM	Durmukha 5118
Family Home Evening		Yama 10:24AM – 12:11PM	Indra Until 3:12PM	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13
		481931362 Rahu 6:50AM – 8:37AM	Gara Until 2:40PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:44AM Tue	Moon – Light Blue		
Until 1:03PM				Ashada•Adi	Subha Sivaloka Day	
Then Routine Work - Marana Yoga						

○ Tuesday, July 19, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Copper Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 93
Dhanus Rasi: 22.25	Tithi 15	Gulika 12:11PM – 1:58PM	Purvashadha* Until 1:50PM	Ganesha: Blue	<i>Sunrise:</i> 5:04AM	Durmukha 5118
		Yama 8:38AM – 10:24AM	Vaidhriti* Until 2:14PM	Muruga: Clear	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 13
		481931362 Rahu 3:45PM – 5:31PM	Visti Until 2:42PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:31AM Wed	Moon – Light Blue		
Until 1:50PM		Satguru Purnima		Ashada•Adi	Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga						

Wednesday, July 20, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
Silver Retreat Star		Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 94
Makara Rasi: 5.31	Tithi 16	Gulika 10:25AM – 12:11PM	Uttarashadha Until 1:57PM	Ganesha: Blue	<i>Sunrise:</i> 5:05AM	Durmukha 5118
		Yama 6:51AM – 8:38AM	Vishkambha* Until 12:52PM	Muruga: Clear	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 13
		481931362 Rahu 12:11PM – 1:58PM	Balava Until 2:15PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:50AM Thu	Moon – Light Blue		
Until 1:57PM				Ashada•Adi	Subha Sivaloka Day	
Then Creative Work - Siddha Yoga						



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam TitauTehran, Iran
Sun 1 Sutra 95

Makara Rasi: 18.52 Tihti 17

Gulika 8:38AM – 10:25AM
Yama 5:06AM – 6:52AM
Rahu 1:58PM – 3:44PMShravana Until 1:56PM
Priti Until 11:10AM
Taitila Until 1:21PM
Dvitiya Until 12:44AM FriGanesha: Yellow Sunrise: 5:06AM
Muruga: Clear Sunset: 7:17PM
Nataraja: Clear
Moon – Purple
Ashada•AdiDurmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam TitauTehran, Iran
Sun 2 Sutra 96

Kumbha Rasi: 2.26 Tihti 18

Gulika 6:53AM – 8:39AM
Yama 3:44PM – 5:30PM
Rahu 10:25AM – 12:11PMDhanishtha Until 1:25PM
Ayushman Until 9:08AM
Vanija Until 12:05PM
Tritiya Until 11:19PMGanesha: Yellow Sunrise: 5:06AM
Muruga: Clear Sunset: 7:16PM
Nataraja: Clear
Moon – Purple
Ashada•AdiDurmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthayam TitauTehran, Iran
Sun 3 Sutra 97

Kumbha Rasi: 16.11 Tihti 19

Gulika 5:07AM – 6:53AM
Yama 1:57PM – 3:43PM
Rahu 8:39AM – 10:25AMShatabhishak Until 12:27PM
Saubhagya Until 6:52AM
Bava Until 10:31AM
Chaturthi* Until 9:38PMGanesha: Yellow Sunrise: 5:07AM
Muruga: Clear Sunset: 7:15PM
Nataraja: Clear
Moon – Purple
Ashada•AdiDurmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Until 12:27PM

Then Routine Work - Marana Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam TitauTehran, Iran
Sun 4 Sutra 98

Meena Rasi: 0.05 Tihti 20

Gulika 3:43PM – 5:29PM
Yama 12:11PM – 1:57PM
Rahu 5:29PM – 7:15PMPurvaproshtapada* Until 11:34AM
Athiganda* Until 1:49AM Mon
Kaulava Until 8:44AM
Panchami Until 7:45PMGanesha: Red Sunrise: 5:08AM
Muruga: Clear Sunset: 7:15PM
Nataraja: Clear
Moon – Clear
Ashada•AdiDurmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 11:34AM

Then Creative Work - Amrita Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma Yoga Gara/Visti* Karana Shashthi/Saptamyam TitauTehran, Iran
Sun 5 Sutra 99

Meena Rasi: 14.05 Tihti 21 – 22

Gulika 1:57PM – 3:43PM
Yama 10:26AM – 12:11PM
Rahu 6:54AM – 8:40AMUttaraproshtapada Until 10:22AM
Sukarma Until 11:06PM
Gara Until 6:47AM
Shashthi* Until 5:44PMGanesha: Red Sunrise: 5:09AM
Muruga: Clear Sunset: 7:14PM
Nataraja: Clear
Moon – Clear
Ashada•AdiDurmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Family Home Evening

4191931362

Tuesday, July 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam TitauTehran, Iran
Sun 6 Sutra 100

Meena Rasi: 28.11 Tihti 22 – 23

Gulika 12:11PM – 1:57PM
Yama 8:40AM – 10:26AM
Rahu 3:42PM – 5:28PMRevati Until 8:55AM
Dhriti Until 8:18PM
Balava Until 2:30AM Wed
Saptami Until 3:36PMGanesha: Red Sunrise: 5:09AM
Muruga: Clear Sunset: 7:13PM
Nataraja: Clear
Moon – Clear
Ashada•AdiDurmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Wednesday, July 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam TitauTehran, Iran
Sun 7 Sutra 101

Mesha Rasi: 12.21 Tihti 23 – 24

Gulika 10:26AM – 12:11PM
Yama 6:55AM – 8:41AM
Rahu 12:11PM – 1:57PMAshvini Until 7:38AM
Shula* Until 5:25PM
Taitila Until 12:16AM Thu
Ashtami* Until 1:22PMGanesha: Green Sunrise: 5:10AM
Muruga: Clear Sunset: 7:12PM
Nataraja: Clear
Moon – White
Ashada•AdiDurmukha 5118
Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Subha Sivaloka Day

Until 7:38AM

Then Creative Work - Siddha Yoga

Thursday, July 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam TitauTehran, Iran
Sun 8 Sutra 102

Mesha Rasi: 26.33 Tihti 24 – 25

Gulika 8:41AM – 10:26AM
Yama 5:11AM – 6:56AM
Rahu 1:56PM – 3:41PMBharani Until 6:10AM
Ganda* Until 2:32PM
Vanija Until 9:59PM
Navami* Until 11:06AMGanesha: Green Sunrise: 5:11AM
Muruga: Clear Sunset: 7:12PM
Nataraja: Clear
Moon – White
Ashada•AdiDurmukha 5118
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 6:10AM

Then Routine Work - Marana Yoga

1 Friday, July 29, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam			Tehran, Iran
Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau					Sun 9 Sutra 103
Gulika 6:56AM – 8:41AM		Rohini Until 3:15AM Sat	Ganeshha: Green	Sunrise: 5:12AM	Durmukha 5118
Yama 3:41PM – 5:26PM		Vriddhi Until 11:39AM	Muruga: Clear	Sunset: 7:11PM	Moon 7 - Phase 15
432931362 Rahu 10:26AM – 12:11PM		Bava Until 7:44PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga		Dashami Until 8:50AM	Moon – Yellow		Devaloka Day
Until 3:15AM Sat			Ashada•Adi		
Then Creative Work - Siddha Yoga					

2 Saturday, July 30, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam			Tehran, Iran
Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau					Sun 10 Sutra 104
Gulika 5:12AM – 6:57AM		Mrigashira Until 1:57AM Sun	Ganeshha: Green	Sunrise: 5:12AM	Durmukha 5118
Yama 1:56PM – 3:41PM		Dhruva Until 8:48AM	Muruga: Clear	Sunset: 7:10PM	Moon 7 - Phase 15
432931362 Rahu 8:42AM – 10:26AM		Taitila Until 4:34AM Sun	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 6:38AM	Moon – Yellow		Devaloka Day
			Ashada•Adi		

3 Sunday, July 31, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam			Tehran, Iran
Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau					Sun 11 Sutra 105
Gulika 3:40PM – 5:25PM		Ardra Until 12:43AM Mon	Ganeshha: Purple	Sunrise: 5:13AM	Durmukha 5118
Yama 12:11PM – 1:56PM		Vyaghata* Until 6:05AM	Muruga: Clear	Sunset: 7:09PM	Moon 7 - Phase 15
432131362 Rahu 5:25PM – 7:09PM		Gara Until 3:38PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga		Trayodashi* Until 2:44AM Mon	Moon – Yellow		Devaloka Day
Until 12:43AM Mon		<i>Pradosha Vrata (Fasting)</i>	Ashada•Adi		
Then Creative Work - Amrita Yoga					

4 Monday, August 1, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam			Tehran, Iran
Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau					Sun 12 Sutra 106
Gulika 1:55PM – 3:40PM		Punarvasu Until 12:07AM Tue	Ganeshha: Light Blue	Sunrise: 5:14AM	Durmukha 5118
Yama 10:27AM – 12:11PM		Vajra* Until 1:20AM Tue	Muruga: Clear	Sunset: 7:08PM	Moon 7 - Phase 15
442131362 Rahu 6:58AM – 8:42AM		Visti Until 1:57PM	Nataraja: Clear		2nd Phase
Mithuna Rasi: 22.57 Tithi 29		Chaturdashi* Until 1:15AM Tue	Moon – Blue		Devaloka Day
Family Home Evening			Ashada•Adi		
Creative Work Amrita Yoga					
Until 12:07AM Tue					
Then Creative Work - Siddha Yoga					

● Tuesday, August 2, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam			Tehran, Iran
Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau					Sun 13 Sutra 107
Gulika 12:11PM – 1:55PM		Pushya Until 11:48PM	Ganeshha: Light Blue	Sunrise: 5:15AM	Durmukha 5118
Yama 8:43AM – 10:27AM		Siddhi Until 11:28PM	Muruga: Clear	Sunset: 7:07PM	Moon 7 - Phase 15
442131362 Rahu 3:39PM – 5:23PM		Catuspada Until 12:41PM	Nataraja: Clear		Amavasya
Kataka Rasi: 6.4 Tithi 30		Amavasya* Until 12:13AM Wed	Moon – Blue		Devaloka Day
Creative Work Siddha Yoga			Ashada•Adi		

Wednesday, August 3, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam			Tehran, Iran
Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau					Sun 14 Sutra 108
Gulika 10:27AM – 12:11PM		Ashlesha* Until 11:54PM	Ganeshha: Light Blue	Sunrise: 5:15AM	Durmukha 5118
Yama 6:59AM – 8:43AM		Vyatipata* Until 10:03PM	Muruga: Clear	Sunset: 7:06PM	Moon 7 - Phase 15
442131362 Rahu 12:11PM – 1:55PM		Kintughna Until 11:55AM	Nataraja: Clear		Prathama
Kataka Rasi: 20.05 Tithi 1		Prathama* Until 11:44PM	Moon – Blue		Devaloka Day
Creative Work Siddha Yoga			Sravana•Adi		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Thursday, August 4, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Tehran, Iran	
		Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau						Sun 15 Sutra 109	
Simha Rasi: 3.13		Tithi 2		Gulika 8:43AM – 10:27AM	Magha* Until 12:55AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:16AM	Durmukha 5118	
				Yama 5:16AM – 7:00AM	Variyan Until 9:07PM	Muruga: Clear	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 16	
		452131362		Rahu 1:54PM – 3:38PM	Balava Until 11:45AM	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga					Dvitiya Until 11:54PM	Moon – Red		Devaloka Day	
Until 12:55AM Fri						Sravana-Adi			
Then Creative Work - Siddha Yoga									

2		Friday, August 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
		Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau						Sun 16 Sutra 110	
Simha Rasi: 16.01		Tithi 3		Gulika 7:00AM – 8:44AM	Purvaphalguni Until 2:25AM Sat	Ganesh: Purple	<i>Sunrise:</i> 5:17AM	Durmukha 5118	
				Yama 3:38PM – 5:21PM	Parigha* Until 8:43PM	Muruga: Clear	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 16	
		452131362		Rahu 10:27AM – 12:11PM	Taitila Until 12:15PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga					Tritiya Until 12:43AM Sat	Moon – Red		Devaloka Day	
Until 2:25AM Sat						Sravana-Adi			
Then Routine Work - Marana Yoga									

3		Saturday, August 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Tehran, Iran	
		Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau						Sun 17 Sutra 111	
Simha Rasi: 28.3		Tithi 4		Gulika 5:18AM – 7:01AM	Uttaraphalguni Until 4:21AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:18AM	Durmukha 5118	
				Yama 1:54PM – 3:37PM	Shiva Until 8:49PM	Muruga: Clear	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16	
		452131362		Rahu 8:44AM – 10:27AM	Vanija Until 1:23PM	Nataraja: Clear		3rd Phase	
Routine Work Marana Yoga					Chaturthi* Until 2:09AM Sun	Moon – Red		Devaloka Day	
Until 4:21AM Sun						Sravana-Adi			
Then Creative Work - Amrita Yoga									

4		Sunday, August 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Tehran, Iran	
		Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau						Sun 18 Sutra 112	
Kanya Rasi: 10.44		Tithi 5		Gulika 3:36PM – 5:19PM	Hasta Until 7:05AM Mon	Ganesh: Clear	<i>Sunrise:</i> 5:18AM	Durmukha 5118	
				Yama 12:10PM – 1:53PM	Siddha Until 9:17PM	Muruga: Purple	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16	
		462141362		Rahu 5:19PM – 7:02PM	Bava Until 3:05PM	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga					Panchami Until 4:04AM Mon	Moon – Green		Devaloka Day	
Until 7:05AM Mon				Nag Panchami		Sravana-Adi			
Then Routine Work - Prabalarishta Yoga									

5		Monday, August 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Tehran, Iran	
		Hasta/Chitra Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau						Sun 19 Sutra 113	
Kanya Rasi: 22.47		Tithi 6		Gulika 1:53PM – 3:36PM	Hasta Until 7:05AM	Ganesh: Clear	<i>Sunrise:</i> 5:19AM	Durmukha 5118	
Family Home Evening				Yama 10:27AM – 12:10PM	Sadhya Until 10:04PM	Muruga: Purple	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 16	
Creative Work Siddha Yoga				Rahu 7:02AM – 8:45AM	Kaulava Until 5:12PM	Nataraja: Clear		3rd Phase	
Until 7:05AM					Shashthi* Until 6:20AM Tue	Moon – Green		Devaloka Day	
Then Routine Work - Prabalarishta Yoga						Sravana-Adi			

6		Tuesday, August 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
		Chitra/Svati Nakshatra Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau						Sun 20 Sutra 114	
Tula Rasi: 4.43		Tithi 6 – 7		Gulika 12:10PM – 1:53PM	Chitra Until 9:56AM	Ganesh: Clear	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
				Yama 8:45AM – 10:28AM	Subha Until 11:00PM	Muruga: Purple	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 16	
		462141362		Rahu 3:35PM – 5:18PM	Gara Until 7:33PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga					Shashthi* Until 6:20AM	Moon – Green		Devaloka Day	
						Sravana-Adi			

Retreat Star		Wednesday, August 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Tehran, Iran	
		Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau						Sun 21 Sutra 115	
Tula Rasi: 16.35		Tithi 7 – 8		Gulika 10:28AM – 12:10PM	Svati Until 12:43PM	Ganesh: Clear	<i>Sunrise:</i> 5:21AM	Durmukha 5118	
				Yama 7:03AM – 8:45AM	Sukla Until 11:53PM	Muruga: Purple	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 16	
		462141362		Rahu 12:10PM – 1:52PM	Visti Until 9:55PM	Nataraja: Clear		Ashtami	
Creative Work Siddha Yoga					Saptami Until 8:43AM	Moon – Green		Devaloka Day	
						Sravana-Adi			

Retreat Star		Thursday, August 11, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Tehran, Iran	
		Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Sun 22 Sutra 116	
Tula Rasi: 28.29		Tithi 8 – 9		Gulika 8:46AM – 10:28AM	Vishakha Until 3:43PM	Ganesh: Clear	<i>Sunrise:</i> 5:22AM	Durmukha 5118	
				Yama 5:22AM – 7:04AM	Brahma Until 12:38AM Fri	Muruga: Purple	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 16	
		473141362		Rahu 1:52PM – 3:34PM	Balava Until 12:05AM Fri	Nataraja: Clear		Navami	
Creative Work Siddha Yoga					Ashtami* Until 11:01AM	Moon – Orange		Devaloka Day	
						Sravana-Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Friday, August 12, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam	Tehran, Iran
	Anuradha Nakshatra Indra Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau	Sun 23	Sutra 117
Vrischika Rasi: 10.29	Tithi 9 – 10	Gulika 7:04AM – 8:46AM Anuradha Until 6:14PM	Ganesh: Clear <i>Sunrise: 5:22AM</i> Muruga: Purple <i>Sunset: 6:57PM</i> Nataraja: Clear Moon – Orange
473141362	Rahu 10:28AM – 12:10PM	Indra Until 1:07AM Sat Tailita Until 1:52AM Sat Navami* Until 1:01PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Creative Work	Siddha Yoga	Varalakshmi Vratam	Devaloka Day
Until 6:14PM			
Then Routine Work - Marana Yoga			

2	Saturday, August 13, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam	Tehran, Iran
	Jyeshtha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Sun 24	Sutra 118
Vrischika Rasi: 22.39	Tithi 10 – 11	Gulika 5:23AM – 7:05AM Jyeshtha* Until 8:07PM	Ganesh: Clear <i>Sunrise: 5:23AM</i> Muruga: Purple <i>Sunset: 6:56PM</i> Nataraja: Clear Moon – Orange
473141362	Rahu 8:46AM – 10:28AM	Vaidhriti* Until 1:09AM Sun Vanija Until 3:08AM Sun Dashami Until 2:34PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Creative Work	Siddha Yoga		Devaloka Day
Until 9:44PM			
Then Creative Work - Siddha Yoga			

3	Sunday, August 14, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam	Tehran, Iran
	Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau	Sun 25	Sutra 119
Dhanus Rasi: 5.02	Tithi 11 – 12	Gulika 3:32PM – 5:13PM Mula* Until 9:44PM	Ganesh: White <i>Sunrise: 5:24AM</i> Muruga: Purple <i>Sunset: 6:55PM</i> Nataraja: Clear Moon – Light Blue
483141362	Rahu 5:13PM – 6:55PM	Vishkambha* Until 12:43AM Mon Bava Until 3:47AM Mon Ekadashi Until 3:32PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Creative Work	Amrita Yoga		Sivaloka Day
Until 9:44PM			
Then Creative Work - Siddha Yoga			

4	Monday, August 15, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam	Tehran, Iran
	Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Sun 26	Sutra 120
Dhanus Rasi: 17.43	Tithi 12 – 13	Gulika 1:50PM – 3:31PM Purvashadha* Until 10:34PM	Ganesh: White <i>Sunrise: 5:25AM</i> Muruga: Purple <i>Sunset: 6:53PM</i> Nataraja: Clear Moon – Light Blue
483141362	Rahu 7:06AM – 8:47AM	Priti Until 11:48PM Kaulava Until 3:46AM Tue Dvadashi Until 3:51PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Family Home Evening			Sivaloka Day
Routine Work	Marana Yoga		
Until 9:44PM			
Then Creative Work - Siddha Yoga			

5	Tuesday, August 16, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam	Tehran, Iran
	Uttarashadha Nakshatra Ayushman Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau	Sun 27	Sutra 121
Makara Rasi: 0.43	Tithi 13 – 14	Gulika 12:09PM – 1:50PM Uttarashadha Until 10:36PM	Ganesh: White <i>Sunrise: 5:25AM</i> Muruga: Purple <i>Sunset: 6:52PM</i> Nataraja: Clear Moon – Light Blue
483141362	Rahu 3:31PM – 5:11PM	Ayushman Until 10:19PM Gara Until 3:07AM Wed Trayodashi Until 3:30PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Routine Work	Prabalarishta Yoga		Sivaloka Day
Until 10:36PM			
Then Creative Work - Siddha Yoga			

○	Wednesday, August 17, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam	Tehran, Iran
	Copper Retreat Star Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Sun 28	Sutra 122
Makara Rasi: 14.04	Tithi 14 – 15	Gulika 10:28AM – 12:09PM Shravana Until 10:20PM	Ganesh: White <i>Sunrise: 5:26AM</i> Muruga: Purple <i>Sunset: 6:51PM</i> Nataraja: Clear Moon – Purple
593141362	Rahu 12:09PM – 1:49PM	Saubhagya Until 8:22PM Visti Until 1:52AM Thu Chaturdashi* Until 2:32PM	Durmukha 5118 Moon 7 - Phase 17 Purnima
Creative Work	Siddha Yoga		Sivaloka Day
Until 10:20PM			
Then Routine Work - Prabalarishta Yoga			

○	Thursday, August 18, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam	Tehran, Iran
	Silver Retreat Star Dhanishtha Nakshatra Sobhana/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Sun 29	Sutra 123
Makara Rasi: 27.43	Tithi 15 – 16	Gulika 8:48AM – 10:28AM Dhanishtha Until 9:24PM	Ganesh: White <i>Sunrise: 5:27AM</i> Muruga: Purple <i>Sunset: 6:50PM</i> Nataraja: Clear Moon – Purple
593141362	Rahu 1:49PM – 3:29PM	Sobhana Until 6:00PM Balava Until 12:07AM Fri Purnima* Until 1:01PM	Durmukha 5118 Moon 7 - Phase 17 Prathama
Creative Work	Siddha Yoga		Sivaloka Day
Until 10:20PM			
Then Routine Work - Prabalarishta Yoga			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Kumbha Rasi: 11.41 Tihi 16 – 17

Gulika 7:08AM – 8:48AM

Shatabhishak Until 7:56PM

Ganesha: White Sunrise: 5:28AM

Sutra 124

Yama 3:28PM – 5:09PM

Athiganda* Until 3:16PM

Muruga: Purple Sunset: 6:49PM

Moon 8 - Phase 18

593141362 Rahu 10:28AM – 12:08PM

Taitila Until 9:59PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Prathama* Until 11:04AM

Moon – Purple
Sravana-Avani

Sivaloka Day

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Kumbha Rasi: 25.53 Tihi 17 – 18

Gulika 5:28AM – 7:08AM

Purvaproshtapada* Until 6:29PM

Ganesha: White Sunrise: 5:28AM

Sun 1 Sutra 125

Yama 1:48PM – 3:28PM

Sukarma Until 12:18PM

Muruga: Purple Sunset: 6:47PM

Moon 8 - Phase 18

513141362 Rahu 8:48AM – 10:28AM

Vanija Until 7:35PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Dvitiya Until 8:47AM

Moon – Clear
Sravana-Avani

Sivaloka Day

Until 6:29PM

Then Creative Work - Siddha Yoga

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Visti*/Balava Karana Tritiya/Chaturtham Titau

Tehran, Iran

Meena Rasi: 10.13 Tihi 18 – 19

Gulika 3:27PM – 5:07PM

Uttaraproshtapada Until 4:43PM

Ganesha: White Sunrise: 5:29AM

Sun 2 Sutra 126

Yama 12:08PM – 1:47PM

Dhriti Until 9:12AM

Muruga: Purple Sunset: 6:46PM

Moon 8 - Phase 18

513141362 Rahu 5:07PM – 6:46PM

Balava Until 3:43AM Mon

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Tritiya Until 6:18AM

Moon – Clear
Sravana-Avani

Sivaloka Day

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Meena Rasi: 24.38 Tihi 20

Gulika 1:47PM – 3:26PM

Revati Until 2:46PM

Ganesha: White Sunrise: 5:30AM

Sun 3 Sutra 127

Yama 10:28AM – 12:07PM

Ganda* Until 6:00AM

Muruga: Purple Sunset: 6:45PM

Moon 8 - Phase 18

Family Home Evening

513141362 Rahu 7:09AM – 8:49AM

Kaulava Until 2:26PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 1:07AM Tue

Moon – Clear
Sravana-Avani

Sivaloka Day

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashtham Titau

Tehran, Iran

Mesha Rasi: 9.02 Tihi 21

Gulika 12:07PM – 1:46PM

Ashvini Until 1:09PM

Ganesha: Clear Sunrise: 5:31AM

Sun 4 Sutra 128

Yama 8:49AM – 10:28AM

Vriddhi Until 11:42PM

Muruga: Purple Sunset: 6:44PM

Moon 8 - Phase 18

523141362 Rahu 3:25PM – 5:04PM

Gara Until 11:53AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 10:37PM

Moon – White
Sravana-Avani

Devaloka Day

5

Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Mesha Rasi: 23.23 Tihi 22

Gulika 10:28AM – 12:07PM

Bharani Until 11:31AM

Ganesha: Clear Sunrise: 5:31AM

Sun 5 Sutra 129

Yama 7:10AM – 8:49AM

Dhruva Until 8:43PM

Muruga: Purple Sunset: 6:42PM

Moon 8 - Phase 18

523141362 Rahu 12:07PM – 1:46PM

Visti Until 9:27AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Saptami Until 8:17PM

Moon – White
Sravana-Avani

Devaloka Day

Until 11:31AM

Then Creative Work - Amrita Yoga

D

Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Vrishabha Rasi: 7.35 Tihi 23

Gulika 8:49AM – 10:28AM

Krittika Until 9:56AM

Ganesha: White Sunrise: 5:32AM

Sun 6 Sutra 130

Yama 5:32AM – 7:11AM

Vyaghata* Until 5:55PM

Muruga: Purple Sunset: 6:41PM

Moon 8 - Phase 18

523241362 Rahu 1:45PM – 3:24PM

Balava Until 7:12AM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Krishna Janmashtami

Ashtami* Until 6:09PM

Moon – White
Sravana-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Friday, August 26, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tehran, Iran

Vrishabha Rasi: 21.39 Tihi 24 – 25

Gulika 7:11AM – 8:50AM

Rohini Until 8:52AM

Ganesha: Purple Sunrise: 5:33AM

Sun 7 Sutra 131

Yama 3:23PM – 5:01PM

Harshana Until 3:19PM

Muruga: Purple Sunset: 6:40PM

Moon 8 - Phase 18

534241362 Rahu 10:28AM – 12:06PM

Vanija Until 3:27AM Sat

Nataraja: Clear

Navami

Routine Work Marana Yoga

Navami* Until 4:16PM

Moon – Yellow
Sravana-Avani

Sivaloka Day

Until 8:52AM


Then Creative Work - Siddha Yoga

1	Saturday, August 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran
	Mithuna Rasi: 5.32 Tihi 25 – 26		Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 132
	534241363	Gulika	5:34AM – 7:12AM	Mrigashira Until 7:56AM	Ganesh: Purple	<i>Sunrise:</i> 5:34AM	Durmukha 5118
		Yama	1:44PM – 3:22PM	Vajra* Until 12:57PM	Muruga: Purple	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19
Creative Work Siddha Yoga	Rahu	8:50AM – 10:28AM	Bava Until 2:02AM Sun	Nataraja: Purple		2nd Phase	
			Dashami Until 2:41PM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2	Sunday, August 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
	Mithuna Rasi: 19.14 Tihi 26 – 27		Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 133
	534241363	Gulika	3:21PM – 4:59PM	Ardra Until 7:10AM	Ganesh: Purple	<i>Sunrise:</i> 5:35AM	Durmukha 5118
		Yama	12:06PM – 1:44PM	Siddhi Until 10:50AM	Muruga: Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19
Creative Work Siddha Yoga	Rahu	4:59PM – 6:37PM	Kaulava Until 12:57AM Mon	Nataraja: Purple		2nd Phase	
			Ekadashi* Until 1:25PM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

3	Monday, August 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
	Kataka Rasi: 2.44 Tihi 27 – 28		Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 134
	544241363	Gulika	1:43PM – 3:21PM	Punarvasu Until 7:03AM	Ganesh: Clear	<i>Sunrise:</i> 5:35AM	Durmukha 5118
		Yama	10:28AM – 12:05PM	Vyatipata* Until 9:02AM	Muruga: Purple	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19
Family Home Evening	Rahu	7:13AM – 8:50AM	Gara Until 12:15AM Tue	Nataraja: Purple		2nd Phase	
Creative Work Amrita Yoga			Dvadashi* Until 12:32PM	Moon – Blue		Bhuloka Day	
Until 7:03AM			<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4	Tuesday, August 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
	Kataka Rasi: 16.01 Tihi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 135
	544241363	Gulika	12:05PM – 1:42PM	Pushya Until 7:11AM	Ganesh: Clear	<i>Sunrise:</i> 5:36AM	Durmukha 5118
		Yama	8:51AM – 10:28AM	Variyan Until 7:32AM	Muruga: Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 19
Creative Work Siddha Yoga	Rahu	3:20PM – 4:57PM	Visti Until 12:00AM Wed	Nataraja: Purple		2nd Phase	
			Trayodashi* Until 12:03PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

	Wednesday, August 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
	Retreat Star		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 136
	544241363	Gulika	10:28AM – 12:05PM	Ashlesha* Until 7:36AM	Ganesh: Clear	<i>Sunrise:</i> 5:37AM	Durmukha 5118
		Yama	7:14AM – 8:51AM	Parigha* Until 6:24AM	Muruga: Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 19
Creative Work Siddha Yoga	Rahu	12:05PM – 1:42PM	Catuspada Until 12:14AM Thu	Nataraja: Purple		Amavasya	
			Chaturdashi* Until 12:02PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

Retreat Star	Thursday, September 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
	Simha Rasi: 11.5 Tihi 30 – 1		Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 137
	544241363	Gulika	8:51AM – 10:28AM	Magha* Until 8:49AM	Ganesh: Orange	<i>Sunrise:</i> 5:38AM	Durmukha 5118
		Yama	5:38AM – 7:14AM	Siddha Until 5:19AM Fri	Muruga: Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19
Creative Work Amrita Yoga	Rahu	1:41PM – 3:18PM	Kintughna Until 12:59AM Fri	Nataraja: Purple		Prathama	
Until 8:49AM			Amavasya* Until 12:32PM	Moon – Red		Bhuloka Day	
Then Creative Work - Siddha Yoga		Annular Solar Eclipse		Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

1		Friday, September 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Tehran, Iran Sun 14 Sutra 138	
Simha Rasi: 24.23	Tithi 1 – 2	Gulika 7:15AM – 8:51AM	Purvaphalguni Until 10:24AM	Ganesh: Orange	<i>Sunrise:</i> 5:38AM	Durmukha 5118	
		Yama 3:17PM – 4:54PM	Sadhya Until 5:23AM Sat	Muruga: Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20	
		Rahu 10:28AM – 12:04PM	Balava Until 2:15AM Sat	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 1:32PM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM	
2		Saturday, September 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau		Tehran, Iran Sun 15 Sutra 139	
Kanya Rasi: 6.43	Tithi 2 – 3	Gulika 5:39AM – 7:15AM	Uttaraphalguni Until 12:17PM	Ganesh: Orange	<i>Sunrise:</i> 5:39AM	Durmukha 5118	
		Yama 1:40PM – 3:16PM	Subha Until 5:48AM Sun	Muruga: Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20	
		Rahu 8:51AM – 10:28AM	Taitila Until 3:59AM Sun	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 3:03PM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM	
3		Sunday, September 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Gara/Vanija Karana Tritiya/Chaturthyam Titau		Tehran, Iran Sun 16 Sutra 140	
Kanya Rasi: 18.51	Tithi 3 – 4	Gulika 3:15PM – 4:51PM	Hasta Until 2:55PM	Ganesh: Clear	<i>Sunrise:</i> 5:40AM	Durmukha 5118	
		Yama 12:04PM – 1:39PM	Sukla Until 6:29AM Mon	Muruga: Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20	
		Rahu 4:51PM – 6:27PM	Vanija Until 6:06AM Mon	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 4:59PM	Moon – Green		Bhuloka Day	
Until 2:55PM				Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							
4		Monday, September 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau		Tehran, Iran Sun 17 Sutra 141	
Tula Rasi: 0.5	Tithi 4	Gulika 1:39PM – 3:15PM	Chitra Until 5:42PM	Ganesh: Clear	<i>Sunrise:</i> 5:41AM	Durmukha 5118	
Family Home Evening		Yama 10:28AM – 12:03PM	Sukla Until 6:29AM	Muruga: Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20	
Routine Work	Prabalarishta Yoga	Rahu 7:16AM – 8:52AM	Vanija Until 6:06AM	Nataraja: Purple		3rd Phase	
Until 5:42PM		Ganesh Chaturthi	Chaturthi* Until 7:14PM	Moon – Green		Bhuloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM	
5		Tuesday, September 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau		Tehran, Iran Sun 18 Sutra 142	
Tula Rasi: 12.44	Tithi 5	Gulika 12:03PM – 1:38PM	Svati Until 8:29PM	Ganesh: Clear	<i>Sunrise:</i> 5:41AM	Durmukha 5118	
		Yama 8:52AM – 10:27AM	Brahma Until 7:21AM	Muruga: Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 20	
		Rahu 3:14PM – 4:49PM	Bava Until 8:28AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 9:40PM	Moon – Green		Bhuloka Day	
Until 8:29PM				Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							
6		Wednesday, September 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shasthyam Titau		Tehran, Iran Sun 19 Sutra 143	
Tula Rasi: 24.36	Tithi 6	Gulika 10:27AM – 12:02PM	Vishakha Until 11:37PM	Ganesh: Clear	<i>Sunrise:</i> 5:42AM	Durmukha 5118	
		Yama 7:17AM – 8:52AM	Indra Until 8:18AM	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 20	
		Rahu 12:02PM – 1:38PM	Kaulava Until 10:54AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 12:05AM Thu	Moon – Orange		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 6:AM to 9:AM	
Retreat Star		Thursday, September 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Tehran, Iran Sun 20 Sutra 144	
Vrischika Rasi: 6.29	Tithi 7	Gulika 8:52AM – 10:27AM	Anuradha Until 2:23AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:43AM	Durmukha 5118	
		Yama 5:43AM – 7:18AM	Vaidhriti* Until 9:10AM	Muruga: Purple	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 20	
		Rahu 1:37PM – 3:12PM	Gara Until 1:15PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 2:18AM Fri	Moon – Orange		Bhuloka Day	
Until 2:23AM Fri				Bhadrapada-Avani		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							
Retreat Star		Friday, September 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau		Tehran, Iran Sun 21 Sutra 145	
Vrischika Rasi: 18.28	Tithi 8	Gulika 7:18AM – 8:53AM	Jyeshtha* Until 4:38AM Sat	Ganesh: Clear	<i>Sunrise:</i> 5:43AM	Durmukha 5118	
		Yama 3:11PM – 4:46PM	Vishkambha* Until 9:50AM	Muruga: Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20	
		Rahu 10:27AM – 12:02PM	Visti Until 3:18PM	Nataraja: Purple		Ashtami	
Routine Work	Marana Yoga		Ashtami* Until 4:09AM Sat	Moon – Orange		Bhuloka Day	
Until 4:38AM Sat				Bhadrapada-Avani		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							
Retreat Star		Saturday, September 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Tehran, Iran Sun 22 Sutra 146	
Dhanus Rasi: 1	Tithi 9	Gulika 5:44AM – 7:19AM	Mula* Until 6:41AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:44AM	Durmukha 5118	
		Yama 1:36PM – 3:10PM	Priti Until 10:12AM	Muruga: Purple	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 20	
		Rahu 8:53AM – 10:27AM	Balava Until 4:54PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Navami* Until 5:27AM Sun	Moon – Light Blue		Bhuloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Tehran, Iran Sun 23 Sutra 147
Dhanus Rasi: 12.58	Tithi 10	Gulika 3:09PM – 4:43PM	Mula* Until 6:41AM	Ganesh: Purple <i>Sunrise:</i> 5:45AM		Durmukha 5118
		Yama 12:01PM – 1:35PM	Ayushman Until 10:06AM	Muruga: Purple <i>Sunset:</i> 6:17PM		Moon 8 - Phase 21
		585241363 Rahu 4:43PM – 6:17PM	Taitila Until 5:53PM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Dashami Until 6:05AM Mon	Moon – Light Blue	Bhuloka Day	
Until 6:41AM		Grandparent's Day		Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

2 Monday, September 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 148
Dhanus Rasi: 25.38	Tithi 10 – 11	Gulika 1:35PM – 3:08PM	Purvashadha* Until 7:54AM	Ganesh: Purple <i>Sunrise:</i> 5:46AM		Durmukha 5118
Family Home Evening		Yama 10:27AM – 12:01PM	Saubhagya Until 9:28AM	Muruga: Purple <i>Sunset:</i> 6:16PM		Moon 8 - Phase 21
		585241363 Rahu 7:19AM – 8:53AM	Vanija Until 6:09PM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Dashami Until 6:05AM	Moon – Light Blue	Bhuloka Day	
				Bhadrapada-Avani		

3 Tuesday, September 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Sobhana/Atihiganda* Yoga Bava/Balava Karana Dvodashyam Titau				Tehran, Iran Sun 25 Sutra 149
Makara Rasi: 8.4	Tithi 12	Gulika 12:00PM – 1:34PM	Uttarashadha Until 8:15AM	Ganesh: Purple <i>Sunrise:</i> 5:46AM		Durmukha 5118
		Yama 8:53AM – 10:27AM	Sobhana Until 8:15AM	Muruga: Purple <i>Sunset:</i> 6:14PM		Moon 8 - Phase 21
		585241363 Rahu 3:07PM – 4:41PM	Bava Until 5:39PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Dvodashi Until 5:06AM Wed	Moon – Light Blue	Bhuloka Day	
Until 8:15AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 150
Makara Rasi: 22.06	Tithi 13	Gulika 10:27AM – 12:00PM	Shravana Until 8:09AM	Ganesh: Clear <i>Sunrise:</i> 5:47AM		Durmukha 5118
		Yama 7:20AM – 8:54AM	Athiganda* Until 6:25AM	Muruga: Purple <i>Sunset:</i> 6:13PM		Moon 8 - Phase 21
		595241363 Rahu 12:00PM – 1:33PM	Kaulava Until 4:25PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 3:31AM Thu	Moon – Purple	Bhuloka Day	
Until 8:09AM		Avani Avittam	<i>Pradosha Vrata</i>	Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

5 Thursday, September 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 151
Kumbha Rasi: 5.57	Tithi 14	Gulika 8:54AM – 10:27AM	Dhanishtha Until 7:12AM	Ganesh: Clear <i>Sunrise:</i> 5:48AM		Durmukha 5118
		Yama 5:48AM – 7:21AM	Dhriti Until 1:08AM Fri	Muruga: Purple <i>Sunset:</i> 6:11PM		Moon 8 - Phase 21
		595241363 Rahu 1:33PM – 3:06PM	Gara Until 2:30PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 1:19AM Fri	Moon – Purple	Bhuloka Day	
		Chidambaram Abhishekam		Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	

Friday, September 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran Sutra 152
Copper Retreat Star		Gulika 7:21AM – 8:54AM	Purvaproshtapada* Until 3:41AM Sat	Ganesh: Purple <i>Sunrise:</i> 5:49AM		Durmukha 5118
Kumbha Rasi: 20.11	Tithi 15	Yama 3:05PM – 4:37PM	Shula* Until 9:50PM	Muruga: Purple <i>Sunset:</i> 6:10PM		Moon 8 - Phase 21
		516241363 Rahu 10:27AM – 11:59AM	Visti Until 12:03PM	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Purnima* Until 10:38PM	Moon – Clear	Devaloka Day	
		Penumbral Lunar Eclipse		Bhadrapada-Puratasi		

Saturday, September 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran Sutra 153
Silver Retreat Star		Gulika 5:49AM – 7:22AM	Uttaraproshtapada Until 1:23AM Sun	Ganesh: Purple <i>Sunrise:</i> 5:49AM		Durmukha 5118
Meena Rasi: 4.44	Tithi 16	Yama 1:31PM – 3:04PM	Ganda* Until 6:15PM	Muruga: Purple <i>Sunset:</i> 6:09PM		Moon 8 - Phase 21
		516241363 Rahu 8:54AM – 10:27AM	Balava Until 9:11AM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 7:37PM	Moon – Clear	Devaloka Day	
Until 1:23AM Sun				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran
Sun 1 Sutra 154

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 19.31 Tihi 17 - 18

516241363

Gulika 3:03PM - 4:35PM
Yama 11:59AM - 1:31PM
Rahu 4:35PM - 6:07PM

Revati Until 10:47PM
Vriddhi Until 2:31PM
Taitila Until 6:03AM
Dvitiya Until 4:24PM

Ganesha: Purple *Sunrise:* 5:50AM
Muruga: Purple *Sunset:* 6:07PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga
Until 10:47PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tehran, Iran
Sun 2 Sutra 155

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 4.22 Tihi 18 - 19

526341363

Gulika 1:30PM - 3:02PM
Yama 10:26AM - 11:58AM
Rahu 7:23AM - 8:55AM

Ashvini Until 8:28PM
Dhruva Until 10:43AM
Bava Until 11:34PM
Tritiya Until 1:09PM

Ganesha: Purple *Sunrise:* 5:51AM
Muruga: Purple *Sunset:* 6:06PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran
Sun 3 Sutra 156

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 19.11 Tihi 19 - 20

526341363

Gulika 11:58AM - 1:29PM
Yama 8:55AM - 10:26AM
Rahu 3:01PM - 4:33PM

Bharani Until 6:10PM
Vyaghata* Until 6:59AM
Kaulava Until 8:30PM
Chaturthi* Until 9:59AM

Ganesha: Purple *Sunrise:* 5:52AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Tehran, Iran
Sun 4 Sutra 157

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 3.52 Tihi 20 - 21

526341363

Gulika 10:26AM - 11:58AM
Yama 7:24AM - 8:55AM
Rahu 11:58AM - 1:29PM

Krittika Until 4:00PM
Vajra* Until 12:08AM Thu
Vanija Until 4:28AM Thu
Panchami Until 7:03AM

Ganesha: Purple *Sunrise:* 5:52AM
Muruga: Purple *Sunset:* 6:03PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga
Until 4:00PM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran
Sun 5 Sutra 158

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 18.17 Tihi 22

536341363

Gulika 8:55AM - 10:26AM
Yama 5:53AM - 7:24AM
Rahu 1:28PM - 2:59PM

Rohini Until 2:30PM
Siddhi Until 9:12PM
Visti Until 3:21PM
Saptami Until 2:19AM Fri

Ganesha: Clear *Sunrise:* 5:53AM
Muruga: Purple *Sunset:* 6:01PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

5

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran
Sun 6 Sutra 159

Durmukha 5118

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 2.24 Tihi 23

536341363

Gulika 7:25AM - 8:55AM
Yama 2:58PM - 4:29PM
Rahu 10:26AM - 11:57AM

Mrigashira Until 1:20PM
Vyatipata* Until 6:40PM
Balava Until 1:27PM
Ashtami* Until 12:41AM Sat

Ganesha: Clear *Sunrise:* 5:54AM
Muruga: Purple *Sunset:* 6:00PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran
Sun 7 Sutra 160

Durmukha 5118

Moon 9 - Phase 22

Navami

Mithuna Rasi: 16.12 Tihi 24

537341363

Gulika 5:55AM - 7:25AM
Yama 1:27PM - 2:57PM
Rahu 8:56AM - 10:26AM

Ardra Until 12:32PM
Variyan Until 4:32PM
Taitila Until 12:05PM
Navami* Until 11:35PM

Ganesha: White *Sunrise:* 5:55AM
Muruga: Purple *Sunset:* 5:58PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

1 Sunday, September 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Mithuna Rasi: 29.41 Tihti 25		Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 161
547341363		Gulika 2:56PM – 4:27PM	Punarvasu Until 12:35PM	Ganesha: Yellow <i>Sunrise:</i> 5:55AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 11:56AM – 1:26PM	Parigha* Until 2:52PM	Muruga: Purple <i>Sunset:</i> 5:57PM	Moon 9 - Phase 23	
		Rahu 4:27PM – 5:57PM	Vanija Until 11:16AM	Nataraja: Purple	2nd Phase	
			Dashami Until 11:03PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2 Monday, September 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
Kataka Rasi: 12.52 Tihti 26		Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 162
547341363		Gulika 1:26PM – 2:56PM	Pushya Until 1:01PM	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 10:26AM – 11:56AM	Shiva Until 1:38PM	Muruga: Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 23	
		Rahu 7:26AM – 8:56AM	Bava Until 11:00AM	Nataraja: Purple	2nd Phase	
			Ekadashi* Until 11:03PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Tuesday, September 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Kataka Rasi: 25.46 Tihti 27		Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 163
647341363		Gulika 11:55AM – 1:25PM	Ashlesha* Until 1:48PM	Ganesha: White <i>Sunrise:</i> 5:57AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 8:56AM – 10:26AM	Siddha Until 12:47PM	Muruga: Purple <i>Sunset:</i> 5:54PM	Moon 9 - Phase 23	
		Rahu 2:55PM – 4:24PM	Kaulava Until 11:15AM	Nataraja: Purple	2nd Phase	
			Dvadashi* Until 11:33PM	Moon – Blue	Devaloka Day	
				Bhadrapada-Puratasi		

4 Wednesday, September 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
Simha Rasi: 8.26 Tihti 28		Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 164
657341363		Gulika 10:26AM – 11:55AM	Magha* Until 3:22PM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 7:27AM – 8:56AM	Sadhya Until 12:20PM	Muruga: Purple <i>Sunset:</i> 5:53PM	Moon 9 - Phase 23	
Until 3:22PM		Rahu 11:55AM – 1:24PM	Gara Until 12:01PM	Nataraja: Purple	2nd Phase	
Then Creative Work - Amrita Yoga			Trayodashi* Until 12:32AM Thu	Moon – Red	Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

5 Thursday, September 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Tehran, Iran
Simha Rasi: 20.53 Tihti 29		Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 165
657341363		Gulika 8:57AM – 10:26AM	Purvaphalguni Until 5:13PM	Ganesha: Yellow <i>Sunrise:</i> 5:59AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 5:59AM – 7:28AM	Subha Until 12:15PM	Muruga: Purple <i>Sunset:</i> 5:51PM	Moon 9 - Phase 23	
		Rahu 1:24PM – 2:53PM	Visti Until 1:13PM	Nataraja: Purple	2nd Phase	
			Chaturdashi* Until 1:57AM Fri	Moon – Red	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

Friday, September 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Retreat Star		Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 166
Kanya Rasi: 3.1 Tihti 30		Uttaraphalguni Until 7:17PM				Durmukha 5118
658341363		Gulika 7:28AM – 8:57AM	Sukla Until 12:26PM	Ganesha: Blue <i>Sunrise:</i> 5:59AM	Moon 9 - Phase 23	
Creative Work Siddha Yoga		Yama 2:52PM – 4:21PM	Catuspada Until 2:49PM	Muruga: Purple <i>Sunset:</i> 5:50PM	Amavasya	
Until 7:17PM		Rahu 10:26AM – 11:54AM	Amavasya* Until 3:44AM Sat	Nataraja: Purple	Moon – Red	
Then Creative Work - Amrita Yoga		Mahalaya Amavasai (Tamil Nadu)		Moon – Red	Bhuloka Day	
				Bhadrapada-Puratasi		

Saturday, October 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
Retreat Star		Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 167
Kanya Rasi: 15.19 Tihti 1		Hasta Until 9:59PM				Durmukha 5118
668341363		Gulika 6:00AM – 7:29AM	Brahma Until 12:53PM	Ganesha: Blue <i>Sunrise:</i> 6:00AM	Moon 9 - Phase 23	
Routine Work Marana Yoga		Yama 1:23PM – 2:51PM	Kintughna Until 4:46PM	Muruga: Purple <i>Sunset:</i> 5:48PM	Prathama	
		Rahu 8:57AM – 10:26AM	Prathama* Until 5:50AM Sun	Nataraja: Purple	Moon – Green	
		Navaratri Begins		Moon – Green	Bhuloka Day	
				Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Sunday, October 2, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava Karana Dvitiyayam Titau		Tehran, Iran Sun 15 Sutra 168 Durmukha 5118	
Kanya Rasi: 27.19	Tithi 2	Gulika	2:50PM – 4:19PM	Chitra Until 12:46AM Mon	Ganesh: Blue	<i>Sunrise:</i> 6:01AM			
		Yama	11:54AM – 1:22PM	Indra Until 1:35PM	Muruga: Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 24		
		668341363 Rahu	4:19PM – 5:47PM	Balava Until 6:59PM	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 8:09AM Mon	Moon – Green	Bhuloka Day			
Until 12:46AM Mon					Ashvina•Puratasi				
Then Creative Work - Amrita Yoga									

2		Monday, October 3, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Tehran, Iran Sun 16 Sutra 169 Durmukha 5118	
Tula Rasi: 9.15	Tithi 2 – 3	Gulika	1:21PM – 2:49PM	Svati Until 3:32AM Tue	Ganesh: Blue	<i>Sunrise:</i> 6:02AM			
Family Home Evening		Yama	10:26AM – 11:54AM	Vaidhriti* Until 2:24PM	Muruga: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 24		
		668341363 Rahu	7:30AM – 8:58AM	Taitila Until 9:24PM	Nataraja: Purple		3rd Phase		
Creative Work	Amrita Yoga			Dvitiya Until 8:09AM	Moon – Green	Bhuloka Day			
Until 3:32AM Tue					Ashvina•Puratasi				
Then Routine Work - Marana Yoga									

3		Tuesday, October 4, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Tehran, Iran Sun 17 Sutra 170 Durmukha 5118	
Tula Rasi: 21.07	Tithi 3 – 4	Gulika	11:53AM – 1:21PM	Vishakha Until 6:43AM Wed	Ganesh: Blue	<i>Sunrise:</i> 6:02AM			
		Yama	8:58AM – 10:26AM	Vishkambha* Until 3:19PM	Muruga: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 24		
		678341363 Rahu	2:49PM – 4:16PM	Vanija Until 11:54PM	Nataraja: Purple		3rd Phase		
Routine Work	Marana Yoga			Tritiya Until 10:37AM	Moon – Orange	Bhuloka Day			
Until 6:43AM Wed					Ashvina•Puratasi				
Then Creative Work - Siddha Yoga									

4		Wednesday, October 5, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Tehran, Iran Sun 18 Sutra 171 Durmukha 5118	
Vrischika Rasi: 2.58	Tithi 4 – 5	Gulika	10:26AM – 11:53AM	Vishakha Until 6:43AM	Ganesh: Blue	<i>Sunrise:</i> 6:03AM			
		Yama	7:31AM – 8:58AM	Priti Until 4:15PM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24		
		678341363 Rahu	11:53AM – 1:20PM	Bava Until 2:22AM Thu	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga			Chaturthi* Until 1:07PM	Moon – Orange	Bhuloka Day			
					Ashvina•Puratasi				

5		Thursday, October 6, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Tehran, Iran Sun 19 Sutra 172 Durmukha 5118	
Vrischika Rasi: 14.51	Tithi 5 – 6	Gulika	8:58AM – 10:26AM	Anuradha Until 9:39AM	Ganesh: Blue	<i>Sunrise:</i> 6:04AM			
		Yama	6:04AM – 7:31AM	Ayushman Until 5:04PM	Muruga: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 24		
		678341363 Rahu	1:20PM – 2:47PM	Kaulava Until 4:40AM Fri	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga			Panchami Until 3:31PM	Moon – Orange	Bhuloka Day			
Until 9:39AM					Ashvina•Puratasi				
Then Routine Work - Prabalarishta Yoga									

6		Friday, October 7, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Tehran, Iran Sun 20 Sutra 173 Durmukha 5118	
Vrischika Rasi: 26.47	Tithi 6 – 7	Gulika	7:32AM – 8:59AM	Jyeshtha* Until 12:13PM	Ganesh: Red	<i>Sunrise:</i> 6:05AM			
		Yama	2:46PM – 4:13PM	Saubhagya Until 5:42PM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24		
		679341364 Rahu	10:25AM – 11:52AM	Gara Until 6:37AM Sat	Nataraja: Clear		3rd Phase		
Routine Work	Marana Yoga			Shashthi* Until 5:40PM	Moon – Orange	Devaloka Day			
Until 12:13PM					Ashvina•Puratasi				
Then Creative Work - Amrita Yoga									

Retreat Star		Saturday, October 8, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Tehran, Iran Sun 21 Sutra 174 Durmukha 5118	
Dhanu Rasi: 8.53	Tithi 7	Gulika	6:06AM – 7:32AM	Mula* Until 2:44PM	Ganesh: Blue	<i>Sunrise:</i> 6:06AM			
		Yama	1:19PM – 2:45PM	Sobhana Until 6:01PM	Muruga: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24		
		689341364 Rahu	8:59AM – 10:25AM	Gara Until 6:37AM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Saptami Until 7:24PM	Moon – Light Blue	Sivaloka Day			
					Ashvina•Puratasi				

Retreat Star		Sunday, October 9, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Tehran, Iran Sun 22 Sutra 175 Durmukha 5118	
Dhanu Rasi: 21.1	Tithi 8	Gulika	2:44PM – 4:11PM	Purvashadha* Until 4:33PM	Ganesh: Blue	<i>Sunrise:</i> 6:07AM			
		Yama	11:52AM – 1:18PM	Athiganda* Until 5:52PM	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24		
		689341364 Rahu	4:11PM – 5:37PM	Visti Until 8:04AM	Nataraja: Clear		Ashtami		
Creative Work	Siddha Yoga			Ashtami* Until 8:32PM	Moon – Light Blue	Sivaloka Day			
Until 4:33PM					Ashvina•Puratasi				
Then Creative Work - Amrita Yoga									


Retreat Star		Monday, October 10, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Tehran, Iran Sun 23 Sutra 176 Durmukha 5118	
Makara Rasi: 3.44	Tithi 9	Gulika	1:18PM – 2:44PM	Uttarashadha Until 5:31PM	Ganesh: Blue	<i>Sunrise:</i> 6:07AM			
Family Home Evening		Yama	10:25AM – 11:52AM	Sukarma Until 5:10PM	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 24		
		689351364 Rahu	7:33AM – 8:59AM	Balava Until 8:51AM	Nataraja: Clear		Navami		
Routine Work	Marana Yoga			Navami* Until 8:56PM	Moon – Light Blue	Subha Sivaloka Day			
Until 5:31PM					Ashvina•Puratasi				
Then Creative Work - Amrita Yoga									

1		Tuesday, October 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
Makara Rasi: 16.41		Tihti 10		Shravana Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24		Sutra 177	
Creative Work		Siddha Yoga		Gulika	11:51AM – 1:17PM	Shravana Until 6:00PM	Ganesh: Yellow	Sunrise: 6:08AM	Durmukha 5118
		699351364		Yama	9:00AM – 10:26AM	Dhriti Until 3:52PM	Muruga: Clear	Sunset: 5:34PM	Moon 9 - Phase 25
				Rahu	2:43PM – 4:09PM	Tailila Until 8:51AM	Nataraja: Clear		4th Phase
						Dashami Until 8:31PM	Moon – Purple		Sivaloka Day
							Ashvina•Puratasi		

2		Wednesday, October 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam		Tehran, Iran	
Kumbha Rasi: 0.04		Tihti 11		Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 178	
Routine Work		Prabalarishta Yoga		Gulika	10:26AM – 11:51AM	Dhanishtha Until 5:32PM	Ganesh: Yellow	Sunrise: 6:09AM	Durmukha 5118
Until 5:32PM		699351364		Yama	7:35AM – 9:00AM	Shula* Until 1:52PM	Muruga: Clear	Sunset: 5:33PM	Moon 9 - Phase 25
Then Creative Work - Siddha Yoga				Rahu	11:51AM – 1:17PM	Vanija Until 8:01AM	Nataraja: Clear		4th Phase
						Ekadashi Until 7:16PM	Moon – Purple		Sivaloka Day
							Ashvina•Puratasi		

3		Thursday, October 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam		Tehran, Iran	
Kumbha Rasi: 13.54		Tihti 12 – 13		Shatabhishak/Purvaprossthapada* Nakshatra Ganda*/Mridhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 179	
Creative Work		Siddha Yoga		Gulika	9:00AM – 10:26AM	Shatabhishak Until 4:10PM	Ganesh: Yellow	Sunrise: 6:10AM	Durmukha 5118
		699351364		Yama	6:10AM – 7:35AM	Ganda* Until 11:15AM	Muruga: Clear	Sunset: 5:32PM	Moon 9 - Phase 25
				Rahu	1:16PM – 2:41PM	Bava Until 6:23AM	Nataraja: Clear		4th Phase
				Kadaitswami Mahasamadhi		Dvadashi Until 5:16PM	Moon – Purple		Sivaloka Day
						Pradosha Vrata	Ashvina•Puratasi		

4		Friday, October 14, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
Kumbha Rasi: 28.13		Tihti 13 – 14		Shatabhishak/Purvaprossthapada* Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 180	
Creative Work		Siddha Yoga		Gulika	7:36AM – 9:01AM	Purvaprossthapada* Until 2:24PM	Ganesh: White	Sunrise: 6:11AM	Durmukha 5118
		611451364		Yama	2:41PM – 4:05PM	Vriddhi Until 8:06AM	Muruga: Clear	Sunset: 5:30PM	Moon 9 - Phase 25
				Rahu	10:26AM – 11:51AM	Gara Until 1:06AM Sat	Nataraja: Clear		4th Phase
				Chidambaram Abhishekam		Trayodashi Until 2:37PM	Moon – Clear		Devaloka Day
							Ashvina•Puratasi		

		Saturday, October 15, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam		Tehran, Iran	
Meena Rasi: 12.55		Tihti 14 – 15		Uttaraprossthapada/Revati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 181	
Creative Work		Siddha Yoga		Gulika	6:12AM – 7:36AM	Uttaraprossthapada Until 12:00PM	Ganesh: White	Sunrise: 6:12AM	Durmukha 5118
Until 12:00PM		611451364		Yama	1:15PM – 2:40PM	Vyaghata* Until 12:29AM Sun	Muruga: Clear	Sunset: 5:29PM	Moon 9 - Phase 25
Then Routine Work - Prabalarishta Yoga				Rahu	9:01AM – 10:26AM	Visti Until 9:44PM	Nataraja: Clear		Purnima
						Chaturdashi* Until 11:26AM	Moon – Clear		Devaloka Day
							Ashvina•Puratasi		

5		Sunday, October 16, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam		Tehran, Iran	
Meena Rasi: 27.56		Tihti 15 – 16		Revati/Ashvini Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 182	
Creative Work		Amrita Yoga		Gulika	2:39PM – 4:03PM	Revati Until 9:07AM	Ganesh: White	Sunrise: 6:12AM	Durmukha 5118
Until 9:07AM		611451364		Yama	11:50AM – 1:15PM	Harshana Until 8:19PM	Muruga: Clear	Sunset: 5:28PM	Moon 9 - Phase 25
Then Creative Work - Siddha Yoga				Rahu	4:03PM – 5:28PM	Balava Until 6:05PM	Nataraja: Clear		Prathama
						Purnima* Until 7:55AM	Moon – Clear		Devaloka Day
							Ashvina•Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Mesha Rasi: 13.08 Tihti 17
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:14PM - 2:38PM
Yama 10:26AM - 11:50AM
Rahu 7:37AM - 9:02AM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra/Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau
Ashvini Until 6:18AM
Vajra* Until 4:03PM
Taitila Until 2:21PM
Dvitiya Until 12:29AM Tue

Ganesh: Clear Sunrise: 6:13AM
Muruga: Clear Sunset: 5:27PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Tehran, Iran
Sutra 183
Durmukha 5118
Moon 10 - Phase 26
1st Phase
Sivaloka Day

Tuesday, October 18, 2016

1

Mesha Rasi: 28.19 Tihti 18
Creative Work Siddha Yoga

Gulika 11:50AM - 1:14PM
Yama 9:02AM - 10:26AM
Rahu 2:38PM - 4:01PM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Vistil* Karana Tritiyayam Titau
Krittika Until 12:28AM Wed
Siddhi Until 11:52AM
Vanija Until 10:41AM
Tritiya Until 8:54PM

Ganesh: Clear Sunrise: 6:14AM
Muruga: Clear Sunset: 5:25PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Tehran, Iran
Sun 1 Sutra 184
Durmukha 5118
Moon 10 - Phase 26
1st Phase
Sivaloka Day

Wednesday, October 19, 2016

2

Vrishabha Rasi: 13.2 Tihti 19 - 20
Creative Work Siddha Yoga

Gulika 10:26AM - 11:50AM
Yama 7:39AM - 9:02AM
Rahu 11:50AM - 1:13PM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau
Rohini Until 10:11PM
Vyatipata* Until 7:54AM
Bava Until 7:14AM
Chaturthi* Until 5:38PM

Ganesh: Purple Sunrise: 6:15AM
Muruga: Clear Sunset: 5:24PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Tehran, Iran
Sun 2 Sutra 185
Durmukha 5118
Moon 10 - Phase 26
1st Phase
Devaloka Day

Thursday, October 20, 2016

3

Vrishabha Rasi: 28.05 Tihti 20 - 21
Routine Work Marana Yoga

Gulika 9:03AM - 10:26AM
Yama 6:16AM - 7:39AM
Rahu 1:13PM - 2:36PM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Mrigashira Until 8:16PM
Parigha* Until 1:01AM Fri
Gara Until 1:41AM Fri
Panchami Until 2:51PM

Ganesh: Purple Sunrise: 6:16AM
Muruga: Clear Sunset: 5:23PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Tehran, Iran
Sun 3 Sutra 186
Durmukha 5118
Moon 10 - Phase 26
1st Phase
Devaloka Day

Friday, October 21, 2016

4

Mithuna Rasi: 12.25 Tihti 21 - 22
Creative Work Siddha Yoga

Gulika 7:40AM - 9:03AM
Yama 2:35PM - 3:59PM
Rahu 10:26AM - 11:49AM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Vanija/Vistil* Karana Shashthi/Saptamyam Titau
Ardra Until 6:49PM
Shiva Until 10:21PM
Vistil Until 11:49PM
Shashthi* Until 12:39PM

Ganesh: Purple Sunrise: 6:17AM
Muruga: Clear Sunset: 5:22PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Tehran, Iran
Sun 4 Sutra 187
Durmukha 5118
Moon 10 - Phase 26
1st Phase
Devaloka Day

Saturday, October 22, 2016

D

Retreat Star

Mithuna Rasi: 26.19 Tihti 22 - 23
Creative Work Siddha Yoga

Gulika 6:18AM - 7:41AM
Yama 1:12PM - 2:35PM
Rahu 9:03AM - 10:26AM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Punarvasu Until 6:23PM
Siddha Until 8:14PM
Balava Until 10:42PM
Saptami Until 11:09AM

Ganesh: Clear Sunrise: 6:18AM
Muruga: Clear Sunset: 5:21PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Tehran, Iran
Sun 5 Sutra 188
Durmukha 5118
Moon 10 - Phase 26
Ashtami
Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Kataka Rasi: 9.47 Tihti 23 - 24
Creative Work Siddha Yoga

Gulika 2:34PM - 3:57PM
Yama 11:49AM - 1:12PM
Rahu 3:57PM - 5:19PM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Pushya Until 6:33PM
Sadhya Until 6:44PM
Taitila Until 10:21PM
Ashtami* Until 10:25AM

Ganesh: Clear Sunrise: 6:19AM
Muruga: Clear Sunset: 5:19PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Tehran, Iran
Sun 6 Sutra 189
Durmukha 5118
Moon 10 - Phase 26
Navami
Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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Monday, October 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran	
1	Kataka Rasi: 22.5 Tihti 24 – 25 Family Home Evening Creative Work Siddha Yoga Until 7:17PM Then Routine Work - Marana Yoga	662451364	Gulika	1:11PM – 2:34PM	Ashlesha* Until 7:17PM	Ganesh: Clear	Sunrise: 6:20AM
			Yama	10:27AM – 11:49AM	Subha Until 5:50PM	Muruga: Clear	Sunset: 5:18PM
			Rahu	7:42AM – 9:04AM	Vanija Until 10:44PM	Nataraja: Clear	Moon 10 - Phase 27
			Navami* Until 10:26AM		Moon – Blue	Ashvina-Aipasi	Sivaloka Day

Tuesday, October 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran	
2	Simha Rasi: 5.32 Tihti 25 – 26 Creative Work Siddha Yoga	652451364	Gulika	11:49AM – 1:11PM	Magha* Until 8:58PM	Ganesh: Clear	Sunrise: 6:20AM
			Yama	9:05AM – 10:27AM	Sukla Until 5:25PM	Muruga: Clear	Sunset: 5:17PM
			Rahu	2:33PM – 3:55PM	Bava Until 11:47PM	Nataraja: Clear	Moon 10 - Phase 27
			Dashami Until 11:10AM		Moon – Red	Ashvina-Aipasi	Sivaloka Day

Wednesday, October 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran	
3	Simha Rasi: 17.58 Tihti 26 – 27 Creative Work Amrita Yoga	652451364	Gulika	10:27AM – 11:49AM	Purvaphalguni Until 11:02PM	Ganesh: Clear	Sunrise: 6:21AM
			Yama	7:43AM – 9:05AM	Brahma Until 5:27PM	Muruga: Clear	Sunset: 5:16PM
			Rahu	11:49AM – 1:10PM	Kaulava Until 1:21AM Thu	Nataraja: Clear	Moon 10 - Phase 27
			Ekadashi* Until 12:29PM		Moon – Red	Ashvina-Aipasi	Sivaloka Day

Thursday, October 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam				Tehran, Iran	
4	Kanya Rasi: 0.11 Tihti 27 – 28 Amrita Yoga	652451364	Gulika	9:05AM – 10:27AM	Uttaraphalguni Until 1:19AM Fri	Ganesh: Clear	Sunrise: 6:22AM
			Yama	6:22AM – 7:44AM	Indra Until 5:50PM	Muruga: Clear	Sunset: 5:15PM
			Rahu	1:10PM – 2:32PM	Gara Until 3:19AM Fri	Nataraja: Clear	Moon 10 - Phase 27
			Dvadashi* Until 2:17PM		Moon – Red	Ashvina-Aipasi	Sivaloka Day
<i>Pradosha Vrata (Fasting)</i>							

Friday, October 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran	
5	Kanya Rasi: 12.15 Tihti 28 – 29 Creative Work Amrita Yoga Until 4:12AM Sat Then Routine Work - Marana Yoga	662451364	Gulika	7:45AM – 9:06AM	Hasta Until 4:12AM Sat	Ganesh: Orange	Sunrise: 6:23AM
			Yama	2:31PM – 3:52PM	Vaidhriti* Until 6:25PM	Muruga: Clear	Sunset: 5:14PM
			Rahu	10:27AM – 11:48AM	Visti Until 5:34AM Sat	Nataraja: Clear	Moon 10 - Phase 27
			Trayodashi* Until 4:24PM		Moon – Green	Ashvina-Aipasi	Sivaloka Day
			Deepavali Hindu Solidarity Day				

Saturday, October 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran	
6	Kanya Rasi: 24.13 Tihti 29 Routine Work Marana Yoga Until 7:04AM Sun Then Creative Work - Siddha Yoga	662451364	Gulika	6:24AM – 7:45AM	Chitra Until 7:04AM Sun	Ganesh: Orange	Sunrise: 6:24AM
			Yama	1:09PM – 2:31PM	Vishkambha* Until 7:10PM	Muruga: Clear	Sunset: 5:13PM
			Rahu	9:06AM – 10:27AM	Sakuni Until 6:44PM	Nataraja: Clear	Moon 10 - Phase 27
			Subramuniyaswami Mahasamadhi		Moon – Green	Ashvina-Aipasi	Sivaloka Day
			Chaturdashi* Until 6:44PM				

Sunday, October 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran	
●	Tula Rasi: 6.08 Tihti 30 Creative Work Siddha Yoga	662451364	Gulika	2:30PM – 3:51PM	Chitra Until 7:04AM	Ganesh: Orange	Sunrise: 6:25AM
			Yama	11:48AM – 1:09PM	Priti Until 8:01PM	Muruga: Clear	Sunset: 5:12PM
			Rahu	3:51PM – 5:12PM	Catuspada Until 7:58AM	Nataraja: Clear	Moon 10 - Phase 27
			Amavasya* Until 9:11PM		Moon – Green	Ashvina-Aipasi	Sivaloka Day
			Retreat Star				

Monday, October 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran	
●	Tula Rasi: 18 Tihti 1 Family Home Evening Creative Work Amrita Yoga Until 9:51AM Then Routine Work - Marana Yoga	662451364	Gulika	1:09PM – 2:29PM	Svati Until 9:51AM	Ganesh: Orange	Sunrise: 6:26AM
			Yama	10:28AM – 11:48AM	Ayushman Until 8:52PM	Muruga: Clear	Sunset: 5:11PM
			Rahu	7:47AM – 9:07AM	Kintughna Until 10:28AM	Nataraja: Clear	Moon 10 - Phase 27
			Skanda Shasthi Begins		Moon – Green	Karttika-Aipasi	Sivaloka Day
			Prathama* Until 11:42PM				

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, November 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Tehran, Iran Sun 15 Sutra 198 Durmukha 5118
Tula Rasi: 29.52	Tithi 2	Gulika Yama	11:48AM – 1:09PM 9:08AM – 10:28AM	Vishakha Until 12:59PM Saubhagya Until 9:44PM Balava Until 12:58PM Dvitiya Until 2:11AM Wed	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:27AM Sunset: 5:10PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Marana Yoga	672451364	Rahu 2:29PM – 3:49PM				Sivaloka Day Karttika-Aipasi
Until 12:59PM							
Then Creative Work - Siddha Yoga							

2		Wednesday, November 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau			Tehran, Iran Sun 16 Sutra 199 Durmukha 5118
Vrischika Rasi: 11.44	Tithi 3	Gulika Yama	10:28AM – 11:48AM 7:48AM – 9:08AM	Anuradha Until 3:55PM Sobhana Until 10:33PM Tailila Until 3:26PM Tritiya Until 4:36AM Thu	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:28AM Sunset: 5:09PM	Moon 10 - Phase 28 3rd Phase
Creative Work	Siddha Yoga	672451364	Rahu 11:48AM – 1:08PM				Sivaloka Day Karttika-Aipasi

3		Thursday, November 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau			Tehran, Iran Sun 17 Sutra 200 Durmukha 5118
Vrischika Rasi: 23.39	Tithi 4	Gulika Yama	9:09AM – 10:28AM 6:29AM – 7:49AM	Jyeshtha* Until 6:33PM Athiganda* Until 11:14PM Vanija Until 5:46PM Chaturthi* Until 6:50AM Fri	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:29AM Sunset: 5:08PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Prabalarishta Yoga	672451364	Rahu 1:08PM – 2:28PM				Sivaloka Day Karttika-Aipasi
Until 6:33PM							
Then Creative Work - Siddha Yoga							

4		Friday, November 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Tehran, Iran Sun 18 Sutra 201 Durmukha 5118
Dhanus Rasi: 5.38	Tithi 4 – 5	Gulika Yama	7:49AM – 9:09AM 2:28PM – 3:47PM	Mula* Until 9:18PM Sukarma Until 11:45PM Bava Until 7:52PM Chaturthi* Until 6:50AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:30AM Sunset: 5:07PM	Moon 10 - Phase 28 3rd Phase
Creative Work	Amrita Yoga	682451364	Rahu 10:29AM – 11:48AM				Subha Sivaloka Day Karttika-Aipasi
Until 9:18PM							
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Tehran, Iran Sun 19 Sutra 202 Durmukha 5118
Dhanus Rasi: 17.43	Tithi 5 – 6	Gulika Yama	6:31AM – 7:50AM 1:08PM – 2:27PM	Purvashadha* Until 11:32PM Dhriti Until 11:59PM Kaulava Until 9:37PM Panchami Until 8:47AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:31AM Sunset: 5:06PM	Moon 10 - Phase 28 3rd Phase
Creative Work	Siddha Yoga	682451364	Rahu 9:10AM – 10:29AM				Subha Sivaloka Day Karttika-Aipasi
Until 11:32PM							
Then Routine Work - Marana Yoga							

6		Sunday, November 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Tehran, Iran Sun 20 Sutra 203 Durmukha 5118
Dhanus Rasi: 29.59	Tithi 6 – 7	Gulika Yama	2:27PM – 3:46PM 11:48AM – 1:08PM	Uttarashadha Until 1:06AM Mon Shula* Until 11:47PM Gara Until 10:52PM Shashthi* Until 10:18AM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:32AM Sunset: 5:05PM	Moon 10 - Phase 28 3rd Phase
Creative Work	Amrita Yoga	782451364	Rahu 3:46PM – 5:05PM				Sivaloka Day Karttika-Aipasi

Monday, November 7, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Tehran, Iran Sun 21 Sutra 204 Durmukha 5118
Makara Rasi: 12.29	Tithi 7 – 8	Gulika Yama	1:07PM – 2:26PM 10:30AM – 11:48AM	Shravana Until 2:20AM Tue Ganda* Until 11:05PM Visti Until 11:26PM Saptami Until 11:13AM	Ganesh: Clear Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:33AM Sunset: 5:04PM	Moon 10 - Phase 28 Ashtami
Family Home Evening		793451364	Rahu 7:52AM – 9:11AM				Sivaloka Day Karttika-Aipasi
Creative Work		Amrita Yoga					
Until 2:20AM Tue							
Then Creative Work - Siddha Yoga							

Tuesday, November 8, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Tehran, Iran Sun 22 Sutra 205 Durmukha 5118
Makara Rasi: 25.19	Tithi 8 – 9	Gulika Yama	11:49AM – 1:07PM 9:11AM – 10:30AM	Dhanishtha Until 2:38AM Wed Vriddhi Until 9:48PM Balava Until 11:14PM Ashtami* Until 11:25AM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:34AM Sunset: 5:03PM	Moon 10 - Phase 28 Navami
Creative Work	Siddha Yoga	793551364	Rahu 2:26PM – 3:45PM				Subha Sivaloka Day Karttika-Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran Sun 23 Sutra 206
	Kumbha Rasi: 8.32	Tithi 9 – 10	Gulika 7:53AM – 9:12AM	10:30AM – 11:49AM	Shatabhishak Until 2:00AM Thu	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:35AM Sunset: 5:03PM Moon 10 - Phase 29 4th Phase
			793551364	Rahu 11:49AM – 1:07PM	Dhruva Until 7:51PM Taitila Until 10:12PM Navami* Until 10:48AM	Karttika•Aipasi	Subha Sivaloka Day
	Creative Work Siddha Yoga						


2	Thursday, November 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Ekadashi/Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 207
	Kumbha Rasi: 22.13	Tithi 10 – 11	Gulika 6:36AM – 7:54AM	9:12AM – 10:30AM	Purvaproshtapada* Until 12:53AM Fri	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:36AM Sunset: 5:02PM Moon 10 - Phase 29 4th Phase
			713551364	Rahu 1:07PM – 2:25PM	Vyaghata* Until 5:16PM Vanija Until 8:23PM Dashami Until 9:22AM	Karttika•Aipasi	Subha Sivaloka Day
	Creative Work Siddha Yoga						

3	Friday, November 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 25 Sutra 208
	Meena Rasi: 6.23	Tithi 11 – 12	Gulika 2:25PM – 3:43PM	7:55AM – 9:13AM	Uttaraproshtapada Until 10:56PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:37AM Sunset: 5:01PM Moon 10 - Phase 29 4th Phase
			713551364	Rahu 10:31AM – 11:49AM	Harshana Until 2:07PM Balava Until 4:20AM Sat Ekadashi Until 7:11AM	Karttika•Aipasi	Subha Sivaloka Day
	Creative Work Siddha Yoga						

4	Saturday, November 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 209
	Meena Rasi: 21	Tithi 13	Gulika 1:07PM – 2:25PM	6:38AM – 7:56AM	Revati Until 8:18PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:38AM Sunset: 5:00PM Moon 10 - Phase 29 4th Phase
			713551364	Rahu 9:13AM – 10:31AM	Vajra* Until 10:26AM Kaulava Until 2:44PM Trayodashi Until 12:59AM Sun <i>Pradosha Vrata</i>	Karttika•Aipasi	Subha Sivaloka Day
	Routine Work Prabalarishta Yoga Until 8:18PM Then Creative Work - Siddha Yoga						

5	Sunday, November 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 210
	Mesha Rasi: 6	Tithi 14	Gulika 11:49AM – 1:07PM	2:24PM – 3:42PM	Ashvini Until 5:33PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:39AM Sunset: 5:00PM Moon 10 - Phase 29 4th Phase
			723551364	Rahu 3:42PM – 5:00PM	Siddhi Until 6:23AM Gara Until 11:11AM Chaturdashi* Until 9:17PM	Karttika•Aipasi	Sivaloka Day
	Creative Work Siddha Yoga Until 5:33PM Then Routine Work - Prabalarishta Yoga						

	Monday, November 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran Sun 27 Sutra 211
	Copper Retreat Star		Gulika 10:32AM – 11:49AM	1:07PM – 2:24PM	Bharani Until 2:27PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:40AM Sunset: 4:59PM Moon 10 - Phase 29 Purnima
	Mesha Rasi: 21.15	Tithi 15 – 16	723551364	Rahu 7:57AM – 9:14AM	Variyan Until 9:40PM Visti Until 7:22AM Purnima* Until 5:24PM	Karttika•Aipasi	Sivaloka Day
	Family Home Evening Creative Work Siddha Yoga Until 2:27PM Then Routine Work - Marana Yoga						

	Tuesday, November 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Tehran, Iran Sun 27 Sutra 212
	Silver Retreat Star		Gulika 9:15AM – 10:32AM	11:49AM – 1:07PM	Krittika Until 11:12AM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:41AM Sunset: 4:58PM Moon 10 - Phase 29 Prathama
	Vrishabha Rasi: 6.35	Tithi 16 – 17	723551364	Rahu 2:24PM – 3:41PM	Parigha* Until 5:17PM Taitila Until 11:40PM Prathama* Until 1:32PM	Karttika•Aipasi	Sivaloka Day
	Creative Work Siddha Yoga Until 11:12AM Then Creative Work - Amrita Yoga						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30 1st Phase

Vrishabha Rasi: 21.49 Tihi 17 - 18

733551365

Gulika 10:33AM - 11:50AM
Yama 7:59AM - 9:16AM
Rahu 11:50AM - 1:07PM

Rohini Until 8:23AM
Shiva Until 1:06PM
Vanija Until 8:08PM
Dvitiya Until 9:50AM

Ganesha: White Sunrise: 6:42AM
Muruga: Clear Sunset: 4:58PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 17, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Siddha/Sadhya Yoga Visti/Balava Karana Tritiya/Chaturthayam Titau

Tehran, Iran Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30 1st Phase

Mithuna Rasi: 6.47 Tihi 18 - 19

733551365

Gulika 9:16AM - 10:33AM
Yama 6:43AM - 7:59AM
Rahu 1:07PM - 2:24PM

Ardra Until 3:33AM Fri
Siddha Until 9:12AM
Balava Until 3:42AM Fri
Tritiya Until 6:30AM

Ganesha: White Sunrise: 6:43AM
Muruga: Clear Sunset: 4:57PM
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga

Until 3:33AM Fri

Then Creative Work - Siddha Yoga

Friday, November 18, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Subha Yoga Gara/Vanija Karana Panchamyam Titau

Tehran, Iran Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30 1st Phase

Mithuna Rasi: 21.22 Tihi 20

743551365

Gulika 8:00AM - 9:17AM
Yama 2:23PM - 3:40PM
Rahu 10:33AM - 11:50AM

Punarvasu Until 2:17AM Sat
Subha Until 2:55AM Sat
Kaulava Until 2:34PM
Panchami Until 1:35AM Sat

Ganesha: Clear Sunrise: 6:44AM
Muruga: Clear Sunset: 4:57PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Saturday, November 19, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30 1st Phase

Kataka Rasi: 5.28 Tihi 21

743551365

Gulika 6:45AM - 8:01AM
Yama 1:07PM - 2:23PM
Rahu 9:17AM - 10:34AM

Pushya Until 1:41AM Sun
Sukla Until 12:41AM Sun
Gara Until 12:50PM
Shashthi* Until 12:17AM Sun

Ganesha: Clear Sunrise: 6:45AM
Muruga: Clear Sunset: 4:56PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Sunday, November 20, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Brahma Yoga Visti/Bava Karana Saptamyam Titau

Tehran, Iran Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30 1st Phase

Kataka Rasi: 19.04 Tihi 22

743551365

Gulika 2:23PM - 3:39PM
Yama 11:51AM - 1:07PM
Rahu 3:39PM - 4:56PM

Ashlesha* Until 1:47AM Mon
Brahma Until 11:10PM
Visti Until 11:58AM
Saptami Until 11:51PM

Ganesha: Clear Sunrise: 6:46AM
Muruga: Clear Sunset: 4:56PM
Nataraja: White
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 1:47AM Mon

Then Routine Work - Marana Yoga

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30 Ashtami

Simha Rasi: 2.1 Tihi 23

754551365

Gulika 1:07PM - 2:23PM
Yama 10:35AM - 11:51AM
Rahu 8:03AM - 9:19AM

Magha* Until 3:03AM Tue
Indra Until 10:20PM
Balava Until 12:00PM
Ashtami* Until 12:19AM Tue

Ganesha: Clear Sunrise: 6:47AM
Muruga: Clear Sunset: 4:55PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 3:03AM Tue

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran Sun 7 Sutra 219

Durmukha 5118

Moon 11 - Phase 30 Navami

Simha Rasi: 14.52 Tihi 24

754551365

Gulika 11:51AM - 1:07PM
Yama 9:19AM - 10:35AM
Rahu 2:23PM - 3:39PM

Purvaphalguni Until 4:54AM Wed
Vaidhriti* Until 10:05PM
Taitila Until 12:52PM
Navami* Until 1:34AM Wed

Ganesha: Clear Sunrise: 6:48AM
Muruga: Clear Sunset: 4:55PM
Nataraja: White
Moon - Red
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 4:54AM Wed

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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1	Wednesday, November 23, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yukhtayam				Tehran, Iran	
			Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 220	
	Simha Rasi: 27.13	Tithi 25	Gulika	10:36AM – 11:51AM	Uttaraphalguni Until 7:09AM Thu	Ganesh: Clear	<i>Sunrise: 6:48AM</i>	Durmukha 5118
			Yama	8:04AM – 9:20AM	Vishkambha* Until 10:21PM	Muruga: Clear	<i>Sunset: 4:54PM</i>	Moon 11 - Phase 31
		754551365	Rahu	11:51AM – 1:07PM	Vanija Until 2:27PM	Nataraja: White	2nd Phase	
Creative Work Amrita Yoga				Dashami Until 3:26AM Thu	Moon – Red	Devaloka Day		
Until 7:09AM Thu						Karttika-Karttikai		
Then Routine Work - Marana Yoga								

2	Thursday, November 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yukhtayam				Tehran, Iran	
			Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 221	
	Kanya Rasi: 9.2	Tithi 26	Gulika	9:21AM – 10:36AM	Uttaraphalguni Until 7:09AM	Ganesh: Clear	<i>Sunrise: 6:49AM</i>	Durmukha 5118
			Yama	6:49AM – 8:05AM	Priti Until 10:58PM	Muruga: Clear	<i>Sunset: 4:54PM</i>	Moon 11 - Phase 31
		754551365	Rahu	1:07PM – 2:23PM	Bava Until 4:34PM	Nataraja: White	2nd Phase	
Routine Work Marana Yoga				Ekadashi* Until 5:44AM Fri	Moon – Red	Devaloka Day		
						Karttika-Karttikai		

3	Friday, November 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yukhtayam				Tehran, Iran	
			Hasta/Chitra Nakshatra Ayushman Yoga Kaulava Karana Dvadashyam Titau				Sun 10 Sutra 222	
	Kanya Rasi: 21.17	Tithi 27	Gulika	8:06AM – 9:21AM	Hasta Until 10:06AM	Ganesh: Purple	<i>Sunrise: 6:50AM</i>	Durmukha 5118
			Yama	2:23PM – 3:38PM	Ayushman Until 11:45PM	Muruga: Clear	<i>Sunset: 4:54PM</i>	Moon 11 - Phase 31
		754551365	Rahu	10:37AM – 11:52AM	Kaulava Until 6:59PM	Nataraja: White	2nd Phase	
Creative Work Amrita Yoga				Dvadashi* Until 8:15AM Sat	Moon – Green	Bhuloka Day		
Until 10:06AM						Karttika-Karttikai		
Then Creative Work - Siddha Yoga						Devaloka Time: 12:PM to 3:PM		

4	Saturday, November 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mantra Vasara Yukhtayam				Tehran, Iran	
			Chitra/Svati Nakshatra Saubhagya Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 223	
	Tula Rasi: 3.1	Tithi 27 – 28	Gulika	6:51AM – 8:07AM	Chitra Until 1:05PM	Ganesh: Purple	<i>Sunrise: 6:51AM</i>	Durmukha 5118
			Yama	1:08PM – 2:23PM	Saubhagya Until 12:38AM Sun	Muruga: Clear	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 31
		754551365	Rahu	9:22AM – 10:37AM	Gara Until 9:33PM	Nataraja: White	2nd Phase	
Routine Work Marana Yoga				Dvadashi* Until 8:15AM	Moon – Green	Bhuloka Day		
Until 1:05PM						Karttika-Karttikai		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>		Devaloka Time: 12:PM to 3:PM		

5	Sunday, November 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yukhtayam				Tehran, Iran	
			Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 224	
	Tula Rasi: 15	Tithi 28 – 29	Gulika	2:23PM – 3:38PM	Svati Until 3:55PM	Ganesh: Purple	<i>Sunrise: 6:52AM</i>	Durmukha 5118
			Yama	11:53AM – 1:08PM	Sobhana Until 1:31AM Mon	Muruga: Clear	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 31
		754551365	Rahu	3:38PM – 4:53PM	Visti Until 12:08AM Mon	Nataraja: White	2nd Phase	
Creative Work Siddha Yoga				Trayodashi* Until 10:50AM	Moon – Green	Bhuloka Day		
Until 3:55PM						Karttika-Karttikai		
Then Routine Work - Marana Yoga						Devaloka Time: 12:PM to 3:PM		

	Monday, November 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yukhtayam				Tehran, Iran	
	Retreat Star		Vishakha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 225	
	Tula Rasi: 26.52	Tithi 29 – 30	Gulika	1:08PM – 2:23PM	Vishakha Until 7:03PM	Ganesh: Light Blue	<i>Sunrise: 6:53AM</i>	Durmukha 5118
			Yama	10:38AM – 11:53AM	Athiganda* Until 2:19AM Tue	Muruga: Clear	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 31
Family Home Evening		774551365	Rahu	8:08AM – 9:23AM	Catuspada Until 2:37AM Tue	Nataraja: White	Amavasya	
Routine Work Marana Yoga				Chaturdashi* Until 1:22PM	Moon – Orange	Bhuloka Day		
Until 7:03PM						Karttika-Karttikai		
Then Creative Work - Siddha Yoga						Devaloka Time: 12:PM to 3:PM		

Retreat Star	Tuesday, November 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yukhtayam				Tehran, Iran	
			Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 226	
	Vrischika Rasi: 8.46	Tithi 30 – 1	Gulika	11:53AM – 1:08PM	Anuradha Until 9:52PM	Ganesh: Light Blue	<i>Sunrise: 6:54AM</i>	Durmukha 5118
			Yama	9:24AM – 10:39AM	Sukarma Until 3:01AM Wed	Muruga: Clear	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 31
		774551365	Rahu	2:23PM – 3:38PM	Kintughna Until 4:57AM Wed	Nataraja: White	Prathama	
Creative Work Siddha Yoga				Amavasya* Until 3:47PM	Moon – Orange	Bhuloka Day		
Until 9:52PM						Margasira-Karttikai		
Then Routine Work - Marana Yoga						Devaloka Time: 12:PM to 3:PM		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Wednesday, November 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
	Vrischika Rasi: 20.43 Tithi 1		Jyeshtha* Nakshatra Dhriti Yoga Bava Karana Prathamayam Titau				Sun 15 Sutra 227
	784551365		Gulika 10:39AM – 11:54AM	Jyeshtha* Until 12:22AM Thu	Ganesh: Light Blue <i>Sunrise:</i> 6:55AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 8:10AM – 9:24AM	Dhriti Until 3:36AM Thu	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
		Rahu 11:54AM – 1:08PM	Bava Until 6:03PM	Nataraja: White	3rd Phase		
			Prathama* Until 6:03PM	Moon – Orange	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

2	Thursday, December 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
	Dhanus Rasi: 2.44 Tithi 2		Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 228
	784551365		Gulika 9:25AM – 10:40AM	Mula* Until 3:00AM Fri	Ganesh: Purple <i>Sunrise:</i> 6:56AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 6:56AM – 8:10AM	Shula* Until 3:59AM Fri	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
Until 3:00AM Fri		Rahu 1:09PM – 2:23PM	Balava Until 7:07AM	Nataraja: White	3rd Phase		
Then Routine Work - Prabalarishta Yoga			Dvitiya Until 8:06PM	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

3	Friday, December 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
	Dhanus Rasi: 14.5 Tithi 3		Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 229
	784551365		Gulika 8:11AM – 9:26AM	Purvashadha* Until 5:13AM Sat	Ganesh: Purple <i>Sunrise:</i> 6:57AM	Durmukha 5118	
	Routine Work Prabalarishta Yoga		Yama 2:23PM – 3:38PM	Ganda* Until 4:11AM Sat	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
Until 5:13AM Sat		Rahu 10:40AM – 11:55AM	Taitila Until 9:04AM	Nataraja: White	3rd Phase		
Then Routine Work - Marana Yoga			Tritiya Until 9:54PM	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

4	Saturday, December 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
	Dhanus Rasi: 27.04 Tithi 4		Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Sun 18 Sutra 230
	784551365		Gulika 6:58AM – 8:12AM	Uttarashadha Until 6:56AM Sun	Ganesh: Purple <i>Sunrise:</i> 6:58AM	Durmukha 5118	
	Routine Work Marana Yoga		Yama 1:09PM – 2:24PM	Vriddhi Until 4:08AM Sun	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
Until 6:56AM Sun		Rahu 9:26AM – 10:41AM	Vanija Until 10:43AM	Nataraja: White	3rd Phase		
Then Creative Work - Amrita Yoga			Chaturthi* Until 11:24PM	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

5	Sunday, December 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
	Makara Rasi: 9.25 Tithi 5		Uttarashadha/Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 231
	785651365		Gulika 2:24PM – 3:38PM	Uttarashadha Until 6:56AM	Ganesh: Purple <i>Sunrise:</i> 6:59AM	Durmukha 5118	
	Creative Work Amrita Yoga		Yama 11:55AM – 1:10PM	Dhruva Until 3:44AM Mon	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
		Rahu 3:38PM – 4:52PM	Bava Until 12:00PM	Nataraja: White	3rd Phase		
			Panchami Until 12:28AM Mon	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

6	Monday, December 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
	Makara Rasi: 21.59 Tithi 6		Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthayam Titau				Sun 20 Sutra 232
	795651365		Gulika 1:10PM – 2:24PM	Shravana Until 8:32AM	Ganesh: Clear <i>Sunrise:</i> 6:59AM	Durmukha 5118	
	Family Home Evening		Yama 10:42AM – 11:56AM	Vyaghata* Until 2:56AM Tue	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
Creative Work Amrita Yoga		Rahu 8:13AM – 9:28AM	Kaulava Until 12:49PM	Nataraja: White	3rd Phase		
Until 8:32AM			Shashthi* Until 1:00AM Tue	Moon – Purple	Devaloka Day		
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

Retreat Star	Tuesday, December 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
	Kumbha Rasi: 4.47 Tithi 7		Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 233
	795651365		Gulika 11:56AM – 1:10PM	Dhanishtha Until 9:27AM	Ganesh: Clear <i>Sunrise:</i> 7:00AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 9:28AM – 10:42AM	Harshana Until 1:39AM Wed	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
Until 9:27AM		Rahu 2:24PM – 3:38PM	Gara Until 1:03PM	Nataraja: White	3rd Phase		
Then Routine Work - Marana Yoga			Saptami Until 12:54AM Wed	Moon – Purple	Devaloka Day		
				Margasira-Karttikai			

Retreat Star	Wednesday, December 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
	Kumbha Rasi: 17.56 Tithi 8		Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 234
	795651365		Gulika 10:43AM – 11:57AM	Shatabhishak Until 9:33AM	Ganesh: Clear <i>Sunrise:</i> 7:01AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 8:15AM – 9:29AM	Vajra* Until 11:47PM	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
Until 9:33AM		Rahu 11:57AM – 1:11PM	Visti Until 12:37PM	Nataraja: White	Ashtami		
Then Creative Work - Amrita Yoga			Ashtami* Until 12:07AM Thu	Moon – Purple	Devaloka Day		
				Margasira-Karttikai			

Retreat Star	Thursday, December 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
	Meena Rasi: 1.26 Tithi 9		Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sun 23 Sutra 235
	715651365		Gulika 9:29AM – 10:43AM	Purvaproshtapada* Until 9:17AM	Ganesh: Red <i>Sunrise:</i> 7:02AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 7:02AM – 8:16AM	Siddhi Until 9:23PM	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 11 - Phase 32	
		Rahu 1:11PM – 2:25PM	Balava Until 11:28AM	Nataraja: White	Navami		
			Navami* Until 10:37PM	Moon – Clear	Devaloka Day		
				Margasira-Karttikai			


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 9, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
Meena Rasi: 15.23		Tithi 10		Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 236	
715651365		Gulika	8:16AM – 9:30AM	Uttaraproshtapada Until 8:10AM	Ganesha: Red	<i>Sunrise: 7:03AM</i>	Durmukha 5118		
Creative Work		Yama	2:25PM – 3:39PM	Vyatipata* Until 6:27PM	Muruga: Clear	<i>Sunset: 4:52PM</i>	Moon 11 - Phase 33		
Siddha Yoga		Rahu	10:44AM – 11:58AM	Taitila Until 9:37AM	Nataraja: White	Moon – Clear			
				Dashami Until 8:26PM	Margasira•Karttikai	Devaloka Day			

2		Saturday, December 10, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam		Tehran, Iran	
Meena Rasi: 29.44		Tithi 11 – 12		Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 237	
715651365		Gulika	7:03AM – 8:17AM	Revati Until 6:17AM	Ganesha: Red	<i>Sunrise: 7:03AM</i>	Durmukha 5118		
Routine Work		Yama	1:12PM – 2:25PM	Variyan Until 3:01PM	Muruga: Clear	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 33		
Prabalarishta Yoga		Rahu	9:31AM – 10:44AM	Vanija Until 7:08AM	Nataraja: White	Moon – Clear			
Until 6:17AM		Ekadashi Until 5:41PM				Margasira•Karttikai	Devaloka Day		
Then Creative Work - Siddha Yoga									

3		Sunday, December 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Tehran, Iran	
Mesha Rasi: 14.28		Tithi 12 – 13		Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 238	
725651365		Gulika	2:26PM – 3:39PM	Bharani Until 1:29AM Mon	Ganesha: Blue	<i>Sunrise: 7:04AM</i>	Durmukha 5118		
Routine Work		Yama	11:58AM – 1:12PM	Parigha* Until 11:12AM	Muruga: Clear	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 33		
Prabalarishta Yoga		Rahu	3:39PM – 4:53PM	Kaulava Until 12:45AM Mon	Nataraja: White	Moon – White			
Until 1:29AM Mon		Dvadashi Until 2:28PM				Margasira•Karttikai	Bhuloka Day		
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>					
				Devaloka Time: 12:PM to 3:PM					

4		Monday, December 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam		Tehran, Iran	
Mesha Rasi: 29.29		Tithi 13 – 14		Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 239	
725651365		Gulika	1:12PM – 2:26PM	Krittika Until 10:29PM	Ganesha: Blue	<i>Sunrise: 7:05AM</i>	Durmukha 5118		
Family Home Evening		Yama	10:45AM – 11:59AM	Shiva Until 7:08AM	Muruga: Clear	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 33		
Routine Work		Rahu	8:18AM – 9:32AM	Gara Until 9:08PM	Nataraja: White	Moon – White			
Marana Yoga		Trayodashi Until 10:57AM				Margasira•Karttikai	Bhuloka Day		
Until 10:29PM		Krittika Deepam				Devaloka Time: 12:PM to 3:PM			
Then Creative Work - Amrita Yoga									

		Tuesday, December 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
Vrishabha Rasi: 14.4		Tithi 14 – 15		Rohini Nakshatra Sadhya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 240	
736661365		Gulika	11:59AM – 1:13PM	Rohini Until 7:41PM	Ganesha: Red	<i>Sunrise: 7:06AM</i>	Durmukha 5118		
Creative Work		Yama	9:32AM – 10:46AM	Sadhya Until 10:38PM	Muruga: White	<i>Sunset: 4:53PM</i>	Moon 11 - Phase 33		
Amrita Yoga		Rahu	2:26PM – 3:40PM	Bava Until 3:38AM Wed	Nataraja: White	Moon – Yellow			
Until 7:41PM		Chaturdashi* Until 7:16AM				Margasira•Karttikai	Bhuloka Day		
Then Creative Work - Siddha Yoga				Devaloka Time: 6:AM to 9:AM					

○		Wednesday, December 14, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam		Tehran, Iran	
Vrishabha Rasi: 29.49		Tithi 16		Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 241	
736661365		Gulika	10:46AM – 12:00PM	Mrigashira Until 4:54PM	Ganesha: Red	<i>Sunrise: 7:06AM</i>	Durmukha 5118		
Creative Work		Yama	8:20AM – 9:33AM	Subha Until 6:33PM	Muruga: White	<i>Sunset: 4:54PM</i>	Moon 11 - Phase 33		
Siddha Yoga		Rahu	12:00PM – 1:13PM	Balava Until 1:54PM	Nataraja: White	Moon – Yellow			
				Prathama* Until 12:12AM Thu	Margasira•Karttikai	Bhuloka Day			
				Devaloka Time: 6:AM to 9:AM					
Vinayaga Viratam Begins									

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Mithuna Rasi: 14.48 Tihti 17

736661365

Gulika 9:34AM – 10:47AM
Yama 7:07AM – 8:20AM
Rahu 1:14PM – 2:27PM

Ardra Until 2:17PM
Sukla Until 2:42PM
Taitila Until 10:38AM

Ganesha: Red *Sunrise:* 7:07AM
Muruga: White *Sunset:* 4:54PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga
Until 2:17PM

Markali Pillaiyar

Dvitiya Until 9:09PM

Moon – Yellow
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Friday, December 16, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Mithuna Rasi: 29.27 Tihti 18

846661365

Gulika 8:21AM – 9:34AM
Yama 2:28PM – 3:41PM
Rahu 10:48AM – 12:01PM

Punarvasu Until 12:27PM
Brahma Until 11:16AM
Vanija Until 7:50AM
Tritiya Until 6:39PM

Ganesha: Red *Sunrise:* 7:08AM
Muruga: White *Sunset:* 4:54PM

Sun 1 Sutra 243
Durmukha 5118
Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 12:27PM

Then Routine Work - Marana Yoga

Moon – Blue
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Saturday, December 17, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Kataka Rasi: 13.4 Tihti 19 – 20

846661365

Gulika 7:08AM – 8:21AM
Yama 1:15PM – 2:28PM
Rahu 9:35AM – 10:48AM

Pushya Until 11:09AM
Indra Until 8:24AM
Kaulava Until 4:18AM Sun
Chaturthi* Until 4:52PM

Ganesha: Red *Sunrise:* 7:08AM
Muruga: White *Sunset:* 4:55PM

Sun 2 Sutra 244
Durmukha 5118
Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 11:09AM

Then Routine Work - Marana Yoga

Moon – Blue
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Sunday, December 18, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Kataka Rasi: 27.24 Tihti 20 – 21

846661365

Gulika 2:28PM – 3:42PM
Yama 12:02PM – 1:15PM
Rahu 3:42PM – 4:55PM

Ashlesha* Until 10:29AM
Vaidhriti* Until 6:08AM
Gara Until 3:48AM Mon
Panchami Until 3:55PM

Ganesha: Red *Sunrise:* 7:09AM
Muruga: White *Sunset:* 4:55PM

Sun 3 Sutra 245
Durmukha 5118
Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 10:29AM

Then Routine Work - Marana Yoga

Moon – Blue
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Monday, December 19, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Simha Rasi: 10.38 Tihti 21 – 22

856661365

Gulika 1:16PM – 2:29PM
Yama 10:49AM – 12:02PM
Rahu 8:23AM – 9:36AM

Magha* Until 10:59AM
Priti Until 3:42AM Tue
Visti Until 4:13AM Tue
Shashthi* Until 3:53PM

Ganesha: Green *Sunrise:* 7:09AM
Muruga: White *Sunset:* 4:55PM

Sun 4 Sutra 246
Durmukha 5118
Moon 12 - Phase 34
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 10:59AM

Then Creative Work - Siddha Yoga

Moon – Red
Margasira-Markali

Bhuloka Day

5

Tuesday, December 20, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Simha Rasi: 23.25 Tihti 22 – 23

856661365

Gulika 12:03PM – 1:16PM
Yama 9:36AM – 10:50AM
Rahu 2:29PM – 3:43PM

Purvaphalguni Until 12:12PM
Ayushman Until 3:27AM Wed
Balava Until 5:27AM Wed
Saptami Until 4:43PM

Ganesha: Green *Sunrise:* 7:10AM
Muruga: White *Sunset:* 4:56PM

Sun 5 Sutra 247
Durmukha 5118
Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 12:12PM

Then Creative Work - Amrita Yoga

Moon – Red
Margasira-Markali

Bhuloka Day

☾

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava Karana Ashtamyam Titau

Tehran, Iran

Kanya Rasi: 5.5 Tihti 23

857661365

Gulika 10:50AM – 12:03PM
Yama 8:24AM – 9:37AM
Rahu 12:03PM – 1:17PM

Uttaraphalguni Until 2:00PM
Saubhagya Until 3:44AM Thu
Kaulava Until 6:18PM
Ashtami* Until 6:18PM

Ganesha: White *Sunrise:* 7:10AM
Muruga: White *Sunset:* 4:56PM

Sun 6 Sutra 248
Durmukha 5118
Moon 12 - Phase 34
Ashtami

Creative Work Amrita Yoga
Until 2:00PM

Then Routine Work - Marana Yoga

Day 1 of Pancha Ganapati

Moon – Red
Margasira-Markali

Bhuloka Day

Thursday, December 22, 2016

Retreat Star

Durmukha Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Kanya Rasi: 17.58 Tihti 24

867661365

Gulika 9:37AM – 10:51AM
Yama 7:11AM – 8:24AM
Rahu 1:17PM – 2:30PM

Hasta Until 4:42PM
Sobhana Until 4:23AM Fri
Taitila Until 7:21AM
Navami* Until 8:28PM

Ganesha: Clear *Sunrise:* 7:11AM
Muruga: White *Sunset:* 4:57PM

Sun 7 Sutra 249
Durmukha 5118
Moon 12 - Phase 34
Navami

Routine Work Marana Yoga
Until 4:42PM

Then Creative Work - Siddha Yoga

Day 2 of Pancha Ganapati

Moon – Green
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

1	Friday, December 23, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran
			Chitra Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 250
	Kanya Rasi: 29.56	Tithi 25	867661365	Gulika 8:25AM – 9:38AM	Chitra Until 7:36PM	Ganesh: Clear Sunrise: 7:11AM	Durmukha 5118
	Creative Work	Siddha Yoga		Yama 2:31PM – 3:44PM	Athiganda* Until 5:12AM Sat	Muruga: White Sunset: 4:57PM	Moon 12 - Phase 35
			Rahu 10:51AM – 12:04PM	Vanija Until 9:42AM	Nataraja: White	2nd Phase	
			Day 3 of Pancha Ganapati	Dashami Until 10:58PM	Moon – Green	Bhuloka Day Devaloka Time: 6:AM to 9:AM	

2	Saturday, December 24, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran
			Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 251
	Tula Rasi: 11.47	Tithi 26	867661365	Gulika 7:12AM – 8:25AM	Svati Until 10:27PM	Ganesh: Clear Sunrise: 7:12AM	Durmukha 5118
	Creative Work	Siddha Yoga		Yama 1:18PM – 2:31PM	Sukarma Until 6:05AM Sun	Muruga: White Sunset: 4:58PM	Moon 12 - Phase 35
			Rahu 9:38AM – 10:52AM	Bava Until 12:17PM	Nataraja: White	2nd Phase	
			Day 4 of Pancha Ganapati	Ekadashi* Until 1:34AM Sun	Moon – Green	Bhuloka Day Devaloka Time: 6:AM to 9:AM	

3	Sunday, December 25, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
			Vishakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 252
	Tula Rasi: 23.38	Tithi 27	877661365	Gulika 2:32PM – 3:45PM	Vishakha Until 1:36AM Mon	Ganesh: Purple Sunrise: 7:12AM	Durmukha 5118
	Routine Work	Marana Yoga		Yama 12:05PM – 1:19PM	Sukarma Until 6:05AM	Muruga: White Sunset: 4:59PM	Moon 12 - Phase 35
Until 1:36AM Mon			Rahu 3:45PM – 4:59PM	Kaulava Until 2:53PM	Nataraja: White	2nd Phase	
Then Creative Work - Siddha Yoga			Day 5 of Pancha Ganapati	Dvadashi* Until 4:07AM Mon	Moon – Orange	Bhuloka Day Devaloka Time: 6:AM to 9:AM	

4	Monday, December 26, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran
			Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 253
	Vrischika Rasi: 5.31	Tithi 28	877661366	Gulika 1:19PM – 2:33PM	Anuradha Until 4:24AM Tue	Ganesh: Purple Sunrise: 7:13AM	Durmukha 5118
	Family Home Evening			Yama 10:53AM – 12:06PM	Dhriti Until 6:55AM	Muruga: White Sunset: 4:59PM	Moon 12 - Phase 35
Creative Work	Siddha Yoga		Rahu 8:26AM – 9:39AM	Gara Until 5:21PM	Nataraja: Green	2nd Phase	
Until 4:24AM Tue				Trayodashi* Until 6:29AM Tue	Moon – Orange	Bhuloka Day	
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>	Margasira*Markali		

5	Tuesday, December 27, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran
			Jyeshtha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 254
	Vrischika Rasi: 17.27	Tithi 28 – 29	878661366	Gulika 12:06PM – 1:20PM	Jyeshtha Until 6:47AM Wed	Ganesh: Clear Sunrise: 7:13AM	Durmukha 5118
	Routine Work	Marana Yoga		Yama 9:40AM – 10:53AM	Shula* Until 7:34AM	Muruga: White Sunset: 5:00PM	Moon 12 - Phase 35
			Rahu 2:33PM – 3:47PM	Visti Until 7:35PM	Nataraja: Green	2nd Phase	
				Trayodashi* Until 6:29AM	Moon – Orange	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

	Wednesday, December 28, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
	Retreat Star		Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 255
	Vrischika Rasi: 29.31	Tithi 29 – 30	878661366	Gulika 10:53AM – 12:07PM	Jyeshtha Until 6:47AM	Ganesh: Clear Sunrise: 7:13AM	Durmukha 5118
	Creative Work	Siddha Yoga		Yama 8:27AM – 9:40AM	Ganda* Until 8:02AM	Muruga: White Sunset: 5:01PM	Moon 12 - Phase 35
Until 6:47AM			Rahu 12:07PM – 1:20PM	Catuspada Until 9:31PM	Nataraja: Green	Amavasya	
Then Routine Work - Marana Yoga			Hanumath Jayanthi (Tamil Nadu)	Chaturdashi* Until 8:34AM	Moon – Orange	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

	Thursday, December 29, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
	Retreat Star		Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 256
	Dhanus Rasi: 11.41	Tithi 30 – 1	888761366	Gulika 9:40AM – 10:54AM	Mula Until 9:13AM	Ganesh: Light Blue Sunrise: 7:13AM	Durmukha 5118
	Creative Work	Siddha Yoga		Yama 7:13AM – 8:27AM	Vridhi Until 8:17AM	Muruga: White Sunset: 5:01PM	Moon 12 - Phase 35
			Rahu 1:21PM – 2:34PM	Kintughna Until 11:07PM	Nataraja: Green	Prathama	
				Amavasya* Until 10:20AM	Moon – Light Blue	Bhuloka Day	
					Pausha*Markali		

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

1 Friday, December 30, 2016		Durmukha Nama Samvatsare Utlarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Utlarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran Sun 15 Sutra 257 Durmukha 5118
Dhanus Rasi: 24	Tithi 1 – 2	Gulika 8:27AM – 9:41AM	Purvashadha* Until 11:09AM	Ganesh: Light Blue <i>Sunrise:</i> 7:14AM		
		Yama 2:35PM – 3:48PM	Dhruva Until 8:15AM	Muruga: White <i>Sunset:</i> 5:02PM		Moon 12 - Phase 36
		888761366 Rahu 10:54AM – 12:08PM	Balava Until 12:22AM Sat	Nataraja: Green		3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 11:46AM	Moon – Light Blue		Bhuloka Day
Until 11:09AM				Pausha-Markali		
Then Routine Work - Marana Yoga						

2 Saturday, December 31, 2016		Durmukha Nama Samvatsare Utlarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Utlarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran Sun 16 Sutra 258 Durmukha 5118
Makara Rasi: 6.28	Tithi 2 – 3	Gulika 7:14AM – 8:28AM	Utlarashadha Until 12:35PM	Ganesh: Light Blue <i>Sunrise:</i> 7:14AM		
		Yama 1:22PM – 2:36PM	Vyaghata* Until 7:57AM	Muruga: White <i>Sunset:</i> 5:03PM		Moon 12 - Phase 36
		888761366 Rahu 9:41AM – 10:55AM	Tailila Until 1:15AM Sun	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:50PM	Moon – Light Blue		Bhuloka Day
Until 12:35PM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

3 Sunday, January 1, 2017		Durmukha Nama Samvatsare Utlarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Tehran, Iran Sun 17 Sutra 259 Durmukha 5118
Makara Rasi: 19.05	Tithi 3 – 4	Gulika 2:36PM – 3:49PM	Shravana Until 1:58PM	Ganesh: Purple <i>Sunrise:</i> 7:14AM		
		Yama 12:08PM – 1:22PM	Harshana Until 7:24AM	Muruga: White <i>Sunset:</i> 5:03PM		Moon 12 - Phase 36
		898761366 Rahu 3:49PM – 5:03PM	Vanija Until 1:45AM Mon	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 1:32PM	Moon – Purple		Bhuloka Day
Until 1:58PM				Pausha-Markali		
Then Routine Work - Marana Yoga						

4 Monday, January 2, 2017		Durmukha Nama Samvatsare Utlarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran Sun 18 Sutra 260 Durmukha 5118
Kumbha Rasi: 1.53	Tithi 4 – 5	Gulika 1:22PM – 2:36PM	Dhanishtha Until 2:49PM	Ganesh: Purple <i>Sunrise:</i> 7:14AM		
Family Home Evening		Yama 10:55AM – 12:09PM	Vajra* Until 6:31AM	Muruga: White <i>Sunset:</i> 5:04PM		Moon 12 - Phase 36
		898761366 Rahu 8:28AM – 9:41AM	Bava Until 1:51AM Tue	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:50PM	Moon – Purple		Bhuloka Day
				Pausha-Markali		

5 Tuesday, January 3, 2017		Durmukha Nama Samvatsare Utlarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran Sun 19 Sutra 261 Durmukha 5118
Kumbha Rasi: 14.55	Tithi 5 – 6	Gulika 12:09PM – 1:23PM	Shatabhishak Until 3:06PM	Ganesh: Clear <i>Sunrise:</i> 7:14AM		
		Yama 9:42AM – 10:56AM	Vyalipata* Until 3:47AM Wed	Muruga: White <i>Sunset:</i> 5:04PM		Moon 12 - Phase 36
		899761366 Rahu 2:37PM – 3:51PM	Kaulava Until 1:29AM Wed	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Panchami Until 1:42PM	Moon – Purple		Bhuloka Day
				Pausha-Markali		Devaloka Time: 9:AM to12:PM

Vinayaga Viratam Ends

6 Wednesday, January 4, 2017		Durmukha Nama Samvatsare Utlarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Utlaraproshtapada Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran Sun 20 Sutra 262 Durmukha 5118
Kumbha Rasi: 28.09	Tithi 6 – 7	Gulika 10:56AM – 12:10PM	Purvaproshtapada* Until 3:14PM	Ganesh: Red <i>Sunrise:</i> 7:14AM		
		Yama 8:28AM – 9:42AM	Variyan Until 1:51AM Thu	Muruga: White <i>Sunset:</i> 5:05PM		Moon 12 - Phase 36
		819761366 Rahu 12:10PM – 1:24PM	Gara Until 12:39AM Thu	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 1:06PM	Moon – Clear		Bhuloka Day
Until 3:14PM				Pausha-Markali		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

Thursday, January 5, 2017		Durmukha Nama Samvatsare Utlarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Utlaraproshtapada*/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tehran, Iran Sun 21 Sutra 263 Durmukha 5118
Retreat Star		Gulika 9:42AM – 10:56AM	Utlaraproshtapada Until 2:44PM	Ganesh: Red <i>Sunrise:</i> 7:15AM		
Meena Rasi: 11.4	Tithi 7 – 8	Yama 7:15AM – 8:28AM	Parigha* Until 11:32PM	Muruga: White <i>Sunset:</i> 5:06PM		Moon 12 - Phase 36
		819761366 Rahu 1:24PM – 2:38PM	Visti Until 11:18PM	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga		Saptami Until 12:01PM	Moon – Clear		Bhuloka Day
				Pausha-Markali		Devaloka Time: 9:AM to12:PM

Subramuniyaswami Jayanti

Friday, January 6, 2017		Durmukha Nama Samvatsare Utlarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran Sun 22 Sutra 264 Durmukha 5118
Retreat Star		Gulika 8:29AM – 9:43AM	Revati Until 1:35PM	Ganesh: Red <i>Sunrise:</i> 7:15AM		
Meena Rasi: 25.28	Tithi 8 – 9	Yama 2:39PM – 3:53PM	Shiva Until 8:50PM	Muruga: White <i>Sunset:</i> 5:07PM		Moon 12 - Phase 36
		819761366 Rahu 10:57AM – 12:11PM	Balava Until 9:28PM	Nataraja: Green		Navami
Creative Work	Siddha Yoga		Ashtami* Until 10:25AM	Moon – Clear		Bhuloka Day
Until 1:35PM				Pausha-Markali		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Saturday, January 7, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Tehran, Iran
Mesha Rasi: 9.35	Tithi 9 – 10	Gulika 7:15AM – 8:29AM	Ashvini Until 12:17PM	Ganesha: Blue <i>Sunrise:</i> 7:15AM	Sun 23	Sutra 265
		Yama 1:25PM – 2:39PM	Siddha Until 5:45PM	Muruga: White <i>Sunset:</i> 5:08PM		Durmukha 5118
Creative Work	Siddha Yoga	829761366 Rahu 9:43AM – 10:57AM	Taitila Until 7:11PM	Nataraja: Green		Moon 12 - Phase 37
			Navami* Until 8:21AM	Moon – White		4th Phase
				Pausha-Markali		Devaloka Day

2 Sunday, January 8, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran
Mesha Rasi: 23.59	Tithi 11	Gulika 2:40PM – 3:54PM	Bharani Until 10:25AM	Ganesha: Blue <i>Sunrise:</i> 7:15AM	Sun 24	Sutra 266
		Yama 12:12PM – 1:26PM	Sadhya Until 2:22PM	Muruga: White <i>Sunset:</i> 5:08PM		Durmukha 5118
Routine Work	Prabalarishta Yoga	829761366 Rahu 3:54PM – 5:08PM	Vanija Until 4:31PM	Nataraja: Green		Moon 12 - Phase 37
Until 10:25AM			Ekadashi Until 3:03AM Mon	Moon – White		4th Phase
Then Creative Work - Siddha Yoga		Vaikuntha Ekadasi		Pausha-Markali		Devaloka Day

3 Monday, January 9, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran
Vrishabha Rasi: 9	Tithi 12	Gulika 1:26PM – 2:41PM	Krittika Until 8:07AM	Ganesha: Blue <i>Sunrise:</i> 7:15AM	Sun 25	Sutra 267
Family Home Evening		Yama 10:58AM – 12:12PM	Subha Until 10:46AM	Muruga: White <i>Sunset:</i> 5:09PM		Durmukha 5118
Routine Work	Marana Yoga	829761366 Rahu 8:29AM – 9:43AM	Bava Until 1:34PM	Nataraja: Green		Moon 12 - Phase 37
Until 8:07AM			Dvadashi Until 12:01AM Tue	Moon – White		4th Phase
Then Creative Work - Amrita Yoga				Pausha-Markali		Devaloka Day

4 Tuesday, January 10, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran
Vrishabha Rasi: 23.22	Tithi 13	Gulika 12:12PM – 1:27PM	Mrigashira Until 3:32AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:15AM	Sun 26	Sutra 268
		Yama 9:43AM – 10:58AM	Sukla Until 7:01AM	Muruga: White <i>Sunset:</i> 5:10PM		Durmukha 5118
Creative Work	Siddha Yoga	831761366 Rahu 2:41PM – 3:56PM	Kaulava Until 10:29AM	Nataraja: Green		Moon 12 - Phase 37
			Trayodashi Until 8:55PM	Moon – Yellow		4th Phase
			<i>Pradosha Vrata</i>	Pausha-Markali		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

5 Wednesday, January 11, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran
Mithuna Rasi: 8.1	Tithi 14 – 15	Gulika 10:58AM – 12:13PM	Ardra Until 1:09AM Thu	Ganesha: Clear <i>Sunrise:</i> 7:14AM	Sun 27	Sutra 269
		Yama 8:29AM – 9:44AM	Indra Until 11:35PM	Muruga: White <i>Sunset:</i> 5:11PM		Durmukha 5118
Creative Work	Siddha Yoga	831761366 Rahu 12:13PM – 1:27PM	Gara Until 7:24AM	Nataraja: Green		Moon 12 - Phase 37
Until 1:09AM Thu			Chaturdashi* Until 5:53PM	Moon – Yellow		4th Phase
Then Creative Work - Amrita Yoga		Ardra Darshanam		Pausha-Markali		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

○ Thursday, January 12, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran
Copper Retreat Star		Gulika 9:44AM – 10:58AM	Punarvasu Until 11:19PM	Ganesha: White <i>Sunrise:</i> 7:14AM		Sutra 270
Mithuna Rasi: 22.52	Tithi 15 – 16	Yama 7:14AM – 8:29AM	Vaidhriti* Until 8:07PM	Muruga: White <i>Sunset:</i> 5:12PM		Durmukha 5118
		841761366 Rahu 1:28PM – 2:43PM	Balava Until 1:50AM Fri	Nataraja: Green		Moon 12 - Phase 37
Creative Work	Amrita Yoga		Purnima* Until 3:05PM	Moon – Blue		Purnima
				Pausha-Markali		Devaloka Day

Friday, January 13, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Tehran, Iran
Silver Retreat Star		Gulika 8:29AM – 9:44AM	Pushya Until 9:48PM	Ganesha: White <i>Sunrise:</i> 7:14AM		Sutra 271
Kataka Rasi: 7.19	Tithi 16 – 17	Yama 2:43PM – 3:58PM	Vishkambha* Until 5:01PM	Muruga: White <i>Sunset:</i> 5:13PM		Durmukha 5118
		841761366 Rahu 10:59AM – 12:14PM	Taitila Until 11:41PM	Nataraja: Green		Moon 12 - Phase 37
Routine Work	Marana Yoga		Prathama* Until 12:40PM	Moon – Blue		Prathama
				Pausha-Markali		Devaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

**Saturday, January 14, 2017****Gold Retreat Star**

Kataka Rasi: 21.26 Tihi 17 – 18

841761366 Rahu

Routine Work Marana Yoga
Until 8:44PM

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam TitauGulika 7:14AM – 8:29AM
Yama 1:29PM – 2:44PM
Rahu 9:44AM – 10:59AM

Thai Pongal

Ashlesha* Until 8:44PM
Priti Until 2:23PM
Vanija Until 10:09PM
Dvitiya Until 10:48AMGanesha: White Sunrise: 7:14AM
Muruga: White Sunset: 5:14PM
Nataraja: Green
Moon – Blue
Pausha*Thai**Devaloka Day**Tehran, Iran
Sun 1 Sutra 272
Durmukha 5118
Moon 1 - Phase 38
1st Phase**1****Sunday, January 15, 2017**

Simha Rasi: 5.09 Tihi 18 – 19

851761366 Rahu

Routine Work Marana Yoga
Until 8:40PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam TitauGulika 2:45PM – 4:00PM
Yama 12:14PM – 1:30PM
Rahu 4:00PM – 5:15PMMagha* Until 8:40PM
Ayushman Until 12:18PM
Bava Until 9:21PM
Tritiya Until 9:38AMGanesha: Yellow Sunrise: 7:14AM
Muruga: White Sunset: 5:15PM
Nataraja: Green
Moon – Red
Pausha*Thai**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Tehran, Iran
Sun 2 Sutra 273
Durmukha 5118
Moon 1 - Phase 38
1st Phase**2****Monday, January 16, 2017**

Simha Rasi: 18.26 Tihi 19 – 20

Family Home Evening

851761366 Rahu

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam TitauGulika 1:30PM – 2:45PM
Yama 10:59AM – 12:15PM
Rahu 8:29AM – 9:44AMPurvaphalguni Until 9:15PM
Saubhagya Until 10:50AM
Kaulava Until 9:22PM
Chaturthi* Until 9:14AMGanesha: Yellow Sunrise: 7:13AM
Muruga: White Sunset: 5:16PM
Nataraja: Green
Moon – Red
Pausha*Thai**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Tehran, Iran
Sun 3 Sutra 274
Durmukha 5118
Moon 1 - Phase 38
1st Phase**3****Tuesday, January 17, 2017**

Kanya Rasi: 1.18 Tihi 20 – 21

851761366 Rahu

Creative Work Amrita Yoga
Until 10:27PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam TitauGulika 12:15PM – 1:31PM
Yama 9:44AM – 11:00AM
Rahu 2:46PM – 4:01PMUttaraphalguni Until 10:27PM
Sobhana Until 10:00AM
Gara Until 10:11PM
Panchami Until 9:39AMGanesha: Yellow Sunrise: 7:13AM
Muruga: White Sunset: 5:17PM
Nataraja: Green
Moon – Red
Pausha*Thai**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Tehran, Iran
Sun 4 Sutra 275
Durmukha 5118
Moon 1 - Phase 38
1st Phase**4****Wednesday, January 18, 2017**

Kanya Rasi: 13.49 Tihi 21 – 22

861761366 Rahu

Routine Work Marana Yoga
Until 12:38AM Thu

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam TitauGulika 11:00AM – 12:15PM
Yama 8:28AM – 9:44AM
Rahu 12:15PM – 1:31PMHasta Until 12:38AM Thu
Athiganda* Until 9:45AM
Visti Until 11:43PM
Shashthi* Until 10:51AMGanesha: Blue Sunrise: 7:13AM
Muruga: White Sunset: 5:18PM
Nataraja: Green
Moon – Green
Pausha*Thai**Devaloka Day**Tehran, Iran
Sun 5 Sutra 276
Durmukha 5118
Moon 1 - Phase 38
1st Phase**5****Thursday, January 19, 2017****Retreat Star**

Kanya Rasi: 26.02 Tihi 22 – 23

861761366 Rahu

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam TitauGulika 9:44AM – 11:00AM
Yama 7:13AM – 8:28AM
Rahu 1:32PM – 2:47PMChitra Until 3:12AM Fri
Sukarma Until 9:59AM
Balava Until 1:48AM Fri
Saptami Until 12:41PMGanesha: Blue Sunrise: 7:13AM
Muruga: White Sunset: 5:19PM
Nataraja: Green
Moon – Green
Pausha*Thai**Devaloka Day**Tehran, Iran
Sun 6 Sutra 277
Durmukha 5118
Moon 1 - Phase 38
Ashtami**Friday, January 20, 2017****Retreat Star**

Tula Rasi: 8.03 Tihi 23 – 24

861761366 Rahu

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Ashtami/Navamyam TitauGulika 8:28AM – 9:44AM
Yama 2:48PM – 4:04PM
Rahu 11:00AM – 12:16PMSvati Until 5:54AM Sat
Dhriti Until 10:35AM
Tailila Until 4:13AM Sat
Ashtami* Until 2:58PMGanesha: Blue Sunrise: 7:12AM
Muruga: White Sunset: 5:20PM
Nataraja: Green
Moon – Green
Pausha*Thai**Devaloka Day**Tehran, Iran
Sun 7 Sutra 278
Durmukha 5118
Moon 1 - Phase 38
Navami

1 Saturday, January 21, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran	
Tula Rasi: 19.58		Gulika 7:12AM – 8:28AM		Vishakha Until 9:01AM Sun		Sun 8 Sutra 279	
Tihi 24 – 25		Yama 1:32PM – 2:49PM		Shula* Until 11:22AM		Durmukha 5118	
862761366		Rahu 9:44AM – 11:00AM		Vanija Until 6:46AM Sun		Moon 1 - Phase 39	
Creative Work Siddha Yoga				Navami* Until 5:28PM		2nd Phase	
Until 9:01AM Sun				Ganesh: Yellow Sunrise: 7:12AM		Bhuloka Day	
Then Routine Work - Marana Yoga				Muruga: White Sunset: 5:21PM		Devaloka Time: 6:AM to 9:AM	
				Nataraja: Green			
				Moon – Green			
				Pausha*Thai			

2 Sunday, January 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran	
Vrischika Rasi: 1.5		Gulika 2:49PM – 4:06PM		Vishakha Until 9:01AM		Sun 9 Sutra 280	
Tihi 25		Yama 12:17PM – 1:33PM		Ganda* Until 12:11PM		Durmukha 5118	
872761366		Rahu 4:06PM – 5:22PM		Vanija Until 6:46AM		Moon 1 - Phase 39	
Routine Work Marana Yoga				Dashedmi Until 7:59PM		2nd Phase	
				Ganesh: Blue Sunrise: 7:11AM		Bhuloka Day	
				Muruga: White Sunset: 5:22PM		Devaloka Time: 9:AM to 12:PM	
				Nataraja: Green			
				Moon – Orange			
				Pausha*Thai			

3 Monday, January 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran	
Vrischika Rasi: 13.44		Gulika 1:33PM – 2:50PM		Anuradha Until 11:53AM		Sun 10 Sutra 281	
Tihi 26		Yama 11:00AM – 12:17PM		Vridhhi Until 12:56PM		Durmukha 5118	
872861366		Rahu 8:27AM – 9:44AM		Bava Until 9:12AM		Moon 1 - Phase 39	
Family Home Evening				Ekadashi* Until 10:19PM		2nd Phase	
Creative Work Siddha Yoga				Ganesh: Red Sunrise: 7:11AM		Bhuloka Day	
				Muruga: White Sunset: 5:23PM		Devaloka Time: 9:AM to 12:PM	
				Nataraja: Green			
				Moon – Orange			
				Pausha*Thai			

4 Tuesday, January 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran	
Vrischika Rasi: 25.43		Gulika 12:17PM – 1:34PM		Jyeshtha* Until 2:19PM		Sun 11 Sutra 282	
Tihi 27		Yama 9:44AM – 11:00AM		Dhruva Until 1:27PM		Durmukha 5118	
972861366		Rahu 2:51PM – 4:07PM		Kaulava Until 11:24AM		Moon 1 - Phase 39	
Routine Work Marana Yoga				Dvadashi* Until 12:20AM Wed		2nd Phase	
Until 2:19PM				Ganesh: Blue Sunrise: 7:10AM		Devaloka Day	
Then Creative Work - Amrita Yoga				Muruga: White Sunset: 5:24PM			
				Nataraja: Green			
				Moon – Orange			
				Pausha*Thai			

5 Wednesday, January 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran	
Dhanus Rasi: 7.51		Gulika 11:00AM – 12:17PM		Mula* Until 4:42PM		Sun 12 Sutra 283	
Tihi 28		Yama 8:27AM – 9:44AM		Vyaghata* Until 1:41PM		Durmukha 5118	
982861366		Rahu 12:17PM – 1:34PM		Gara Until 1:12PM		Moon 1 - Phase 39	
Routine Work Marana Yoga				Trayodashi* Until 1:55AM Thu		2nd Phase	
Until 4:42PM				Pradosha Vrata (Fasting)		Bhuloka Day	
Then Creative Work - Amrita Yoga				Ganesh: Red Sunrise: 7:10AM		Devaloka Time: 9:AM to 12:PM	
				Muruga: White Sunset: 5:25PM			
				Nataraja: Green			
				Moon – Light Blue			
				Pausha*Thai			

6 Thursday, January 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Tehran, Iran	
Dhanus Rasi: 20.1		Gulika 9:43AM – 11:01AM		Purvashadha* Until 6:29PM		Sun 13 Sutra 284	
Tihi 29		Yama 7:09AM – 8:26AM		Harshana Until 1:36PM		Durmukha 5118	
982861366		Rahu 1:35PM – 2:52PM		Visti Until 2:33PM		Moon 1 - Phase 39	
Creative Work Siddha Yoga				Chaturdashi* Until 3:01AM Fri		2nd Phase	
Until 6:29PM				Ganesh: Red Sunrise: 7:09AM		Bhuloka Day	
Then Routine Work - Marana Yoga				Muruga: White Sunset: 5:26PM		Devaloka Time: 9:AM to 12:PM	
				Nataraja: Green			
				Moon – Light Blue			
				Pausha*Thai			

Friday, January 27, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran	
Makara Rasi: 2.41		Gulika 8:26AM – 9:43AM		Uttarashadha Until 7:38PM		Sun 14 Sutra 285	
Tihi 30		Yama 2:52PM – 4:10PM		Vajra* Until 1:06PM		Durmukha 5118	
982861366		Rahu 11:01AM – 12:18PM		Catuspada Until 3:24PM		Moon 1 - Phase 39	
Routine Work Marana Yoga				Amavasya* Until 3:37AM Sat		Amavasya	
				Ganesh: Red Sunrise: 7:09AM		Bhuloka Day	
				Muruga: White Sunset: 5:27PM		Devaloka Time: 9:AM to 12:PM	
				Nataraja: Green			
				Moon – Light Blue			
				Pausha*Thai			

Saturday, January 28, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran	
Makara Rasi: 15.26		Gulika 7:08AM – 8:25AM		Shravana Until 8:37PM		Sun 15 Sutra 286	
Tihi 1		Yama 1:36PM – 2:53PM		Siddhi Until 12:14PM		Durmukha 5118	
992861366		Rahu 9:43AM – 11:01AM		Kintughna Until 3:45PM		Moon 1 - Phase 39	
Creative Work Siddha Yoga				Prathama* Until 3:44AM Sun		Prathama	
				Ganesh: Yellow Sunrise: 7:08AM		Bhuloka Day	
				Muruga: White Sunset: 5:28PM		Devaloka Time: 9:AM to 12:PM	
				Nataraja: Green			
				Moon – Purple			
				Magha*Thai			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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1 Sunday, January 29, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Makara Rasi: 28.25 Tithi 2		Dhanishtha Nakshatra Vyatipata* /Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 287
		Gulika	2:54PM – 4:11PM	Dhanishtha Until 9:01PM	Ganesh: Yellow <i>Sunrise:</i> 7:07AM	Durmukha 5118
		Yama	12:18PM – 1:36PM	Vyatipata* Until 11:01AM	Muruga: White <i>Sunset:</i> 5:29PM	Moon 1 - Phase 40
		992861366 Rahu	4:11PM – 5:29PM	Balava Until 3:38PM	Nataraja: Green	3rd Phase
Routine Work	Marana Yoga				Moon – Purple	Bhuloka Day
Until 9:01PM				Dvitiya Until 3:24AM Mon	Magha-Thai	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2 Monday, January 30, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
Kumbha Rasi: 11.37 Tithi 3		Shatabhishak Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 288
Family Home Evening		Gulika	1:36PM – 2:54PM	Shatabhishak Until 8:52PM	Ganesh: Yellow <i>Sunrise:</i> 7:07AM	Durmukha 5118
Creative Work	Siddha Yoga	Yama	11:00AM – 12:18PM	Variyan Until 9:27AM	Muruga: White <i>Sunset:</i> 5:30PM	Moon 1 - Phase 40
Until 8:52PM		992861366 Rahu	8:25AM – 9:43AM	Taitila Until 3:06PM	Nataraja: Green	3rd Phase
Then Routine Work - Marana Yoga				Tritiya Until 2:41AM Tue	Moon – Purple	Bhuloka Day
					Magha-Thai	Devaloka Time: 9:AM to12:PM

3 Tuesday, January 31, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Kumbha Rasi: 25.02 Tithi 4		Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18 Sutra 289
		Gulika	12:19PM – 1:37PM	Purvaproshtapada* Until 8:40PM	Ganesh: White <i>Sunrise:</i> 7:06AM	Durmukha 5118
		Yama	9:42AM – 11:00AM	Parigha* Until 7:36AM	Muruga: White <i>Sunset:</i> 5:31PM	Moon 1 - Phase 40
		912861366 Rahu	2:55PM – 4:13PM	Vanija Until 2:13PM	Nataraja: Green	3rd Phase
Routine Work	Marana Yoga			Chaturthi* Until 1:38AM Wed	Moon – Clear	Devaloka Day
Until 8:40PM					Magha-Thai	
Then Creative Work - Amrita Yoga						

4 Wednesday, February 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
Meena Rasi: 8.38 Tithi 5		Uttaraproshtapada Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 290
		Gulika	11:00AM – 12:19PM	Uttaraproshtapada Until 8:02PM	Ganesh: White <i>Sunrise:</i> 7:06AM	Durmukha 5118
		Yama	8:24AM – 9:42AM	Siddha Until 3:10AM Thu	Muruga: White <i>Sunset:</i> 5:31PM	Moon 1 - Phase 40
		912861366 Rahu	12:19PM – 1:37PM	Bava Until 1:00PM	Nataraja: Green	3rd Phase
Creative Work	Siddha Yoga			Panchami Until 12:16AM Thu	Moon – Clear	Devaloka Day
Until 8:02PM					Magha-Thai	
Then Routine Work - Marana Yoga						

5 Thursday, February 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran
Meena Rasi: 22.23 Tithi 6		Revati Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20 Sutra 291
		Gulika	9:42AM – 11:00AM	Revati Until 6:59PM	Ganesh: White <i>Sunrise:</i> 7:05AM	Durmukha 5118
		Yama	7:05AM – 8:24AM	Sadhya Until 12:38AM Fri	Muruga: White <i>Sunset:</i> 5:32PM	Moon 1 - Phase 40
		912861366 Rahu	1:37PM – 2:55PM	Kaulava Until 11:31AM	Nataraja: Green	3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 10:40PM	Moon – Clear	Devaloka Day
Until 6:59PM					Magha-Thai	
Then Creative Work - Amrita Yoga						

6 Friday, February 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Mesha Rasi: 6.19 Tithi 7		Ashvini/Bharani Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 292
		Gulika	8:23AM – 9:42AM	Ashvini Until 5:59PM	Ganesh: White <i>Sunrise:</i> 7:04AM	Durmukha 5118
		Yama	2:56PM – 4:15PM	Subha Until 9:55PM	Muruga: White <i>Sunset:</i> 5:33PM	Moon 1 - Phase 40
		923861367 Rahu	11:00AM – 12:19PM	Gara Until 9:47AM	Nataraja: White	3rd Phase
Creative Work	Amrita Yoga			Saptami Until 8:49PM	Moon – White	Bhuloka Day
Until 5:59PM					Magha-Thai	
Then Creative Work - Siddha Yoga						

☾ Saturday, February 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
Retreat Star		Bharani/Krittika Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 293
		Gulika	7:04AM – 8:22AM	Bharani Until 4:39PM	Ganesh: White <i>Sunrise:</i> 7:04AM	Durmukha 5118
		Yama	1:38PM – 2:57PM	Sukla Until 7:02PM	Muruga: White <i>Sunset:</i> 5:34PM	Moon 1 - Phase 40
		923861367 Rahu	9:41AM – 11:00AM	Visti Until 7:50AM	Nataraja: White	Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 6:46PM	Moon – White	Bhuloka Day
Until 4:39PM					Magha-Thai	
Then Creative Work - Amrita Yoga						

☀ Sunday, February 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Retreat Star		Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 294
		Gulika	2:57PM – 4:16PM	Krittika Until 3:01PM	Ganesh: White <i>Sunrise:</i> 7:03AM	Durmukha 5118
		Yama	12:19PM – 1:38PM	Brahma Until 4:02PM	Muruga: White <i>Sunset:</i> 5:35PM	Moon 1 - Phase 40
		923861367 Rahu	4:16PM – 5:35PM	Taitila Until 3:26AM Mon	Nataraja: White	Navami
Creative Work	Siddha Yoga			Navami* Until 4:34PM	Moon – White	Bhuloka Day
					Magha-Thai	


1		Monday, February 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Tehran, Iran	
Vrishabha Rasi: 18.5		Gulika 1:38PM – 2:58PM		Rohini Until 1:32PM		Ganesh: Clear		Sun 24 Sutra 295	
Family Home Evening		Yama 11:00AM – 12:19PM		Indra Until 12:56PM		Muruga: White		Durmukha 5118	
Creative Work Amrita Yoga		Rahu 8:21AM – 9:41AM		Vanija Until 1:05AM Tue		Nataraja: White		Moon 1 - Phase 41	
				Dashami Until 2:14PM		Moon – Yellow		4th Phase	
						Magha-Thai		Bhuloka Day	
								Devaloka Time: 6:AM to 9:AM	

2		Tuesday, February 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
Mithuna Rasi: 3.09		Gulika 12:19PM – 1:39PM		Mrigashira Until 11:53AM		Ganesh: Clear		Sun 25 Sutra 296	
Creative Work Siddha Yoga		Yama 9:40AM – 11:00AM		Vaidhriti* Until 9:48AM		Muruga: White		Durmukha 5118	
Until 11:53AM		Rahu 2:58PM – 4:18PM		Bava Until 10:44PM		Nataraja: White		Moon 1 - Phase 41	
Then Routine Work - Marana Yoga				Ekadashi Until 11:53AM		Moon – Yellow		4th Phase	
						Magha-Thai		Bhuloka Day	
								Devaloka Time: 6:AM to 9:AM	

3		Wednesday, February 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Tehran, Iran	
Mithuna Rasi: 17.27		Gulika 11:00AM – 12:19PM		Ardra Until 10:08AM		Ganesh: Clear		Sun 26 Sutra 297	
Creative Work Siddha Yoga		Yama 8:20AM – 9:40AM		Vishkambha* Until 6:41AM		Muruga: White		Durmukha 5118	
		Rahu 12:19PM – 1:39PM		Kaulava Until 8:29PM		Nataraja: White		Moon 1 - Phase 41	
				Dvadashi Until 9:34AM		Moon – Yellow		4th Phase	
						Magha-Thai		Bhuloka Day	
								Devaloka Time: 6:AM to 9:AM	

Pradosha Vrata

4		Thursday, February 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Tehran, Iran	
Kataka Rasi: 1.4		Gulika 9:39AM – 10:59AM		Punarvasu Until 8:49AM		Ganesh: Purple		Sun 27 Sutra 298	
Creative Work Amrita Yoga		Yama 6:59AM – 8:19AM		Ayushman Until 12:55AM Fri		Muruga: White		Durmukha 5118	
		Rahu 1:39PM – 2:59PM		Gara Until 6:26PM		Nataraja: White		Moon 1 - Phase 41	
				Trayodashi Until 7:24AM		Moon – Blue		4th Phase	
		Thai Pusam				Magha-Thai		Bhuloka Day	

		Friday, February 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
Copper Retreat Star		Gulika 8:19AM – 9:39AM		Pushya Until 7:38AM		Ganesh: Purple		Sun 29 Sutra 299	
Kataka Rasi: 15.42		Yama 3:00PM – 4:20PM		Saubhagya Until 10:25PM		Muruga: White		Durmukha 5118	
Routine Work Marana Yoga		Rahu 10:59AM – 12:19PM		Visti Until 4:44PM		Nataraja: White		Moon 1 - Phase 41	
				Purnima* Until 4:01AM Sat		Moon – Blue		Purnima	
						Magha-Thai		Bhuloka Day	

5		Saturday, February 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Tehran, Iran	
Silver Retreat Star		Gulika 6:57AM – 8:18AM		Ashlesha* Until 6:43AM		Ganesh: Purple		Sun 30 Sutra 300	
Kataka Rasi: 29.3		Yama 1:40PM – 3:00PM		Sobhana Until 8:20PM		Muruga: White		Durmukha 5118	
Routine Work Marana Yoga		Rahu 9:38AM – 10:59AM		Balava Until 3:29PM		Nataraja: White		Moon 1 - Phase 41	
Until 6:43AM				Prathama* Until 3:02AM Sun		Moon – Blue		Prathama	
Then Creative Work - Amrita Yoga		Penumbra Lunar Eclipse				Magha-Thai		Bhuloka Day	

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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Sunday, February 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Simha Rasi: 12.59 Tihti 17

Gulika 3:01PM – 4:22PM
Yama 12:19PM – 1:40PM
Rahu 4:22PM – 5:42PM

Magha* Until 6:36AM
Athiganda* Until 6:40PM
Taitila Until 2:47PM
Dvitiya Until 2:39AM Mon

Ganesh: Clear *Sunrise:* 6:57AM
Muruga: White *Sunset:* 5:42PM
Nataraja: White
Moon – Red
Magha-Masi

Sutra 301
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 6:36AM
Then Creative Work - Siddha Yoga

Monday, February 13, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Simha Rasi: 26.09 Tihti 18

Gulika 1:40PM – 3:01PM
Yama 10:58AM – 12:19PM
Rahu 8:17AM – 9:37AM

Purvaphalguni Until 6:56AM
Sukarma Until 5:31PM
Vanija Until 2:44PM
Tritiya Until 2:56AM Tue

Ganesh: Clear *Sunrise:* 6:56AM
Muruga: White *Sunset:* 5:43PM
Nataraja: White
Moon – Red
Magha-Masi

Sun 1 Sutra 302
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Family Home Evening
Creative Work Siddha Yoga

Tuesday, February 14, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran

Kanya Rasi: 8.59 Tihti 19

Gulika 12:19PM – 1:41PM
Yama 9:37AM – 10:58AM
Rahu 3:02PM – 4:23PM

Uttaraphalguni Until 7:45AM
Dhriti Until 4:54PM
Bava Until 3:21PM
Chaturthi* Until 3:53AM Wed

Ganesh: Clear *Sunrise:* 6:55AM
Muruga: White *Sunset:* 5:44PM
Nataraja: White
Moon – Red
Magha-Masi

Sun 2 Sutra 303
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 7:45AM
Then Creative Work - Siddha Yoga

Wednesday, February 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Kanya Rasi: 21.31 Tihti 20

Gulika 10:58AM – 12:19PM
Yama 8:15AM – 9:36AM
Rahu 12:19PM – 1:41PM

Hasta Until 9:31AM
Shula* Until 4:45PM
Kaulava Until 4:36PM
Panchami Until 5:26AM Thu

Ganesh: White *Sunrise:* 6:53AM
Muruga: White *Sunset:* 5:45PM
Nataraja: White
Moon – Green
Magha-Masi

Sun 3 Sutra 304
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 9:31AM
Then Creative Work - Siddha Yoga

Thursday, February 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Gara Karana Shashthyam Titau

Tehran, Iran

Tula Rasi: 3.46 Tihti 21

Gulika 9:36AM – 10:58AM
Yama 6:52AM – 8:14AM
Rahu 1:41PM – 3:03PM

Chitra Until 11:42AM
Ganda* Until 5:01PM
Gara Until 6:25PM
Shashthi* Until 7:28AM Fri

Ganesh: Yellow *Sunrise:* 6:52AM
Muruga: White *Sunset:* 5:46PM
Nataraja: White
Moon – Green
Magha-Masi

Sun 4 Sutra 305
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 11:42AM
Then Creative Work - Amrita Yoga

Friday, February 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Tula Rasi: 15.51 Tihti 21 – 22

Gulika 8:13AM – 9:35AM
Yama 3:03PM – 4:25PM
Rahu 10:57AM – 12:19PM

Svati Until 2:07PM
Vridhi Until 5:37PM
Visti Until 8:38PM
Shashthi* Until 7:28AM

Ganesh: White *Sunrise:* 6:51AM
Muruga: White *Sunset:* 5:47PM
Nataraja: White
Moon – Green
Magha-Masi

Sun 5 Sutra 306
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Saturday, February 18, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Tula Rasi: 27.48 Tihti 22 – 23

Gulika 6:50AM – 8:13AM
Yama 1:42PM – 3:04PM
Rahu 9:35AM – 10:57AM

Vishakha Until 5:08PM
Dhruva Until 6:22PM
Balava Until 11:03PM
Saptami Until 9:48AM

Ganesh: Yellow *Sunrise:* 6:50AM
Muruga: Yellow *Sunset:* 5:48PM
Nataraja: White
Moon – Orange
Magha-Masi

Sun 6 Sutra 307
Durmukha 5118
Moon 2 - Phase 42
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Sunday, February 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Vrischika Rasi: 9.42 Tihti 23 – 24

Gulika 3:04PM – 4:27PM
Yama 12:19PM – 1:42PM
Rahu 4:27PM – 5:49PM

Anuradha Until 8:02PM
Vyaghata* Until 7:10PM
Taitila Until 1:29AM Mon
Ashtami* Until 12:16PM

Ganesh: Yellow *Sunrise:* 6:49AM
Muruga: Yellow *Sunset:* 5:49PM
Nataraja: White
Moon – Orange
Magha-Masi

Sun 7 Sutra 308
Durmukha 5118
Moon 2 - Phase 42
Navami

Devaloka Day

Routine Work Marana Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1	Monday, February 20, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam	Tehran, Iran
	Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Sun 8	Sutra 309
Vrischika Rasi: 21.37	Tithi 24 – 25	Gulika 1:42PM – 3:05PM	Jyeshtha* Until 10:37PM
Family Home Evening	984971367	Rahu 8:11AM – 9:34AM	Ganesh: Yellow <i>Sunrise:</i> 6:48AM
Creative Work Siddha Yoga		Yama 10:56AM – 12:19PM	Muruga: Yellow <i>Sunset:</i> 5:50PM
			Nataraja: White
			Moon – Orange
			Devaloka Day


2	Tuesday, February 21, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam	Tehran, Iran
	Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Sun 9	Sutra 310
Dhanus Rasi: 3.37	Tithi 25 – 26	Gulika 12:19PM – 1:42PM	Mula* Until 1:12AM Wed
Family Home Evening	984971367	Rahu 3:05PM – 4:28PM	Ganesh: Blue <i>Sunrise:</i> 6:47AM
Creative Work Amrita Yoga		Yama 9:33AM – 10:56AM	Muruga: Yellow <i>Sunset:</i> 5:51PM
			Nataraja: White
			Moon – Light Blue
			Bhuloka Day
			Devaloka Time: 12:PM to 3:PM


3	Wednesday, February 22, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam	Tehran, Iran
	Purvashadha* Nakshatra Siddhi Yoga Balava Karana Ekadashyam Titau	Sun 10	Sutra 311
Dhanus Rasi: 15.46	Tithi 26	Gulika 10:56AM – 12:19PM	Purvashadha* Until 3:08AM Thu
Family Home Evening	984971367	Rahu 12:19PM – 1:42PM	Ganesh: Blue <i>Sunrise:</i> 6:46AM
Creative Work Amrita Yoga		Yama 8:09AM – 9:32AM	Muruga: Yellow <i>Sunset:</i> 5:52PM
Until 3:08AM Thu			Nataraja: White
Then Routine Work - Marana Yoga			Moon – Light Blue
			Bhuloka Day
			Devaloka Time: 12:PM to 3:PM

4	Thursday, February 23, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam	Tehran, Iran
	Uttarashadha Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Dvadashyam Titau	Sun 11	Sutra 312
Dhanus Rasi: 28.08	Tithi 27	Gulika 9:32AM – 10:55AM	Uttarashadha Until 4:19AM Fri
Family Home Evening	984971367	Rahu 1:42PM – 3:06PM	Ganesh: Blue <i>Sunrise:</i> 6:45AM
Routine Work Marana Yoga		Yama 6:45AM – 8:08AM	Muruga: Yellow <i>Sunset:</i> 5:53PM
			Nataraja: White
			Moon – Light Blue
			Bhuloka Day
			Devaloka Time: 12:PM to 3:PM

5	Friday, February 24, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam	Tehran, Iran
	Shravana Nakshatra Vriyan Yoga Gara/Vanija Karana Trayodashyam Titau	Sun 12	Sutra 313
Makara Rasi: 10.48	Tithi 28	Gulika 8:07AM – 9:31AM	Shravana Until 5:11AM Sat
Family Home Evening	994971367	Rahu 10:55AM – 12:19PM	Ganesh: Blue <i>Sunrise:</i> 6:43AM
Routine Work Marana Yoga		Yama 3:06PM – 4:30PM	Muruga: Yellow <i>Sunset:</i> 5:54PM
Until 5:11AM Sat			Nataraja: White
Then Creative Work - Siddha Yoga			Moon – Purple
			Bhuloka Day
			Devaloka Time: 12:PM to 3:PM
		Mahasarvatri (Lunar)	Magha-Masi
		Mahasarvatri (Solar)	Pradosha Vrata (Fasting)

6	Saturday, February 25, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam	Tehran, Iran
	Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Sun 13	Sutra 314
Makara Rasi: 23.46	Tithi 29	Gulika 6:42AM – 8:06AM	Dhanishtha Until 5:16AM Sun
Family Home Evening	994971367	Rahu 9:30AM – 10:54AM	Ganesh: Blue <i>Sunrise:</i> 6:42AM
Creative Work Siddha Yoga		Yama 1:43PM – 3:07PM	Muruga: Yellow <i>Sunset:</i> 5:55PM
			Nataraja: White
			Moon – Purple
			Bhuloka Day
			Devaloka Time: 12:PM to 3:PM
			Magha-Masi

	Sunday, February 26, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam	Tehran, Iran
	Retreat Star	Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Sun 14
Kumbha Rasi: 7.04	Tithi 30	Gulika 3:07PM – 4:32PM	Shatabhishak Until 4:39AM Mon
Family Home Evening	994971367	Rahu 4:32PM – 5:56PM	Ganesh: Blue <i>Sunrise:</i> 6:41AM
Creative Work Siddha Yoga		Yama 12:18PM – 1:43PM	Muruga: Yellow <i>Sunset:</i> 5:56PM
Until 4:39AM Mon			Nataraja: White
Then Routine Work - Marana Yoga			Moon – Purple
			Bhuloka Day
			Devaloka Time: 12:PM to 3:PM
		Annular Solar Eclipse	Amavasya* Until 6:29PM

	Monday, February 27, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam	Tehran, Iran
	Retreat Star	Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Sun 15
Kumbha Rasi: 20.4	Tithi 1 – 2	Gulika 1:43PM – 3:08PM	Purvaproshtapada* Until 3:53AM Tue
Family Home Evening	914971367	Rahu 8:04AM – 9:29AM	Ganesh: Yellow <i>Sunrise:</i> 6:40AM
Routine Work Marana Yoga		Yama 10:54AM – 12:18PM	Muruga: Yellow <i>Sunset:</i> 5:57PM
Until 3:53AM Tue			Nataraja: White
Then Creative Work - Amrita Yoga			Moon – Clear
			Devaloka Day
			Phalguna-Masi

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 28, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran
	Meena Rasi: 4.33	Tithi 2 – 3	Gulika 12:18PM – 1:43PM	Uttaraproshtapada Until 2:39AM Wed	Ganesh: Yellow <i>Sunrise:</i> 6:38AM	Sun 16	Sutra 317
			Yama 9:28AM – 10:53AM	Sadhya Until 11:04AM	Muruga: Yellow <i>Sunset:</i> 5:58PM		Durmukha 5118
		914971367 Rahu 3:08PM – 4:33PM	Taitila Until 2:18AM Wed	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Amrita Yoga		Dvitiya Until 3:18PM	Moon – Clear		3rd Phase	
Until 2:39AM Wed				Phalguna-Masi		Devaloka Day	
Then Routine Work - Marana Yoga							

2	Wednesday, March 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Tehran, Iran
	Meena Rasi: 18.38	Tithi 3 – 4	Gulika 10:52AM – 12:18PM	Revati Until 1:02AM Thu	Ganesh: Yellow <i>Sunrise:</i> 6:36AM	Sun 17	Sutra 318
			Yama 8:01AM – 9:27AM	Subha Until 8:15AM	Muruga: Yellow <i>Sunset:</i> 6:00PM		Durmukha 5118
		914971367 Rahu 12:18PM – 1:43PM	Vanija Until 12:08AM Thu	Nataraja: White		Moon 2 - Phase 44	
Routine Work	Marana Yoga		Tritiya Until 1:13PM	Moon – Clear		3rd Phase	
Until 1:02AM Thu				Phalguna-Masi		Devaloka Day	
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

3	Thursday, March 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran
	Mesha Rasi: 2.51	Tithi 4 – 5	Gulika 9:26AM – 10:52AM	Ashvini Until 11:36PM	Ganesh: Yellow <i>Sunrise:</i> 6:35AM	Sun 18	Sutra 319
			Yama 6:35AM – 8:00AM	Brahma Until 2:12AM Fri	Muruga: Yellow <i>Sunset:</i> 6:01PM		Durmukha 5118
		925971367 Rahu 1:43PM – 3:09PM	Bava Until 9:51PM	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Amrita Yoga		Chaturthi* Until 10:59AM	Moon – White		3rd Phase	
Until 11:36PM				Phalguna-Masi		Devaloka Day	
Then Creative Work - Siddha Yoga							

4	Friday, March 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran
	Mesha Rasi: 17.08	Tithi 5 – 6	Gulika 7:59AM – 9:25AM	Bharani Until 10:00PM	Ganesh: Yellow <i>Sunrise:</i> 6:33AM	Sun 19	Sutra 320
			Yama 3:09PM – 4:35PM	Indra Until 11:09PM	Muruga: Yellow <i>Sunset:</i> 6:01PM		Durmukha 5118
		925971367 Rahu 10:51AM – 12:17PM	Kaulava Until 7:32PM	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Siddha Yoga		Panchami Until 8:40AM	Moon – White		3rd Phase	
				Phalguna-Masi		Devaloka Day	

5	Saturday, March 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Tehran, Iran
	Vrishabha Rasi: 1.24	Tithi 6 – 7	Gulika 6:32AM – 7:58AM	Krittika Until 8:20PM	Ganesh: Yellow <i>Sunrise:</i> 6:32AM	Sun 20	Sutra 321
			Yama 1:43PM – 3:10PM	Vaidhriti* Until 8:07PM	Muruga: Yellow <i>Sunset:</i> 6:02PM		Durmukha 5118
		925971367 Rahu 9:25AM – 10:51AM	Vanija Until 4:09AM Sun	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Amrita Yoga		Shashthi* Until 6:22AM	Moon – White		3rd Phase	
				Phalguna-Masi		Devaloka Day	

D	Sunday, March 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 3:10PM – 4:37PM	Rohini Until 7:02PM	Ganesh: White <i>Sunrise:</i> 6:31AM	Sun 21	Sutra 322
	Vrishabha Rasi: 15.38	Tithi 8	Yama 12:17PM – 1:43PM	Vishkambha* Until 5:12PM	Muruga: Yellow <i>Sunset:</i> 6:03PM		Durmukha 5118
		135971367 Rahu 4:37PM – 6:03PM	Visti Until 3:06PM	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Siddha Yoga		Ashtami* Until 2:03AM Mon	Moon – Yellow		Ashtami	
				Phalguna-Masi		Sivaloka Day	

D	Monday, March 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 1:44PM – 3:10PM	Mrigashira Until 5:46PM	Ganesh: White <i>Sunrise:</i> 6:29AM	Sun 22	Sutra 323
	Vrishabha Rasi: 29.46	Tithi 9	Yama 10:50AM – 12:17PM	Priti Until 2:24PM	Muruga: Yellow <i>Sunset:</i> 6:04PM		Durmukha 5118
Family Home Evening		135971367 Rahu 7:56AM – 9:23AM	Balava Until 1:05PM	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Amrita Yoga		Navami* Until 12:08AM Tue	Moon – Yellow		Navami	
Until 5:46PM				Phalguna-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Tuesday, March 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
Mithuna Rasi: 13.47		Tiithi 10		Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 324	
Routine Work		Marana Yoga		Gulika 12:16PM – 1:44PM		Ardra Until 4:32PM		Ganesh: White Sunrise: 6:28AM	
Until 4:32PM		135971367		Yama 9:22AM – 10:49AM		Ayushman Until 11:45AM		Muruga: Yellow Sunset: 6:05PM	
Then Creative Work - Siddha Yoga		Rahu 3:11PM – 4:38PM		Taitila Until 11:15AM		Nataraja: White		Moon 2 - Phase 45	
				Dashami Until 10:24PM		Moon – Yellow		Sivaloka Day	
						Phalgun-Masi			

2		Wednesday, March 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Tehran, Iran	
Mithuna Rasi: 27.41		Tiithi 11		Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 325	
Creative Work		Siddha Yoga		Gulika 10:49AM – 12:16PM		Punarvasu Until 3:50PM		Ganesh: Clear Sunrise: 6:27AM	
Until 3:15PM		145971367		Yama 7:54AM – 9:21AM		Saubhagya Until 9:17AM		Muruga: Yellow Sunset: 6:06PM	
Then Creative Work - Siddha Yoga		Rahu 12:16PM – 1:44PM		Vanija Until 9:39AM		Nataraja: White		Moon 2 - Phase 45	
				Ekadashi Until 8:55PM		Moon – Blue		Devaloka Day	
						Phalgun-Masi			

3		Thursday, March 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Tehran, Iran	
Kataka Rasi: 11.25		Tiithi 12		Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvodashyam Titau		Sun 25		Sutra 326	
Creative Work		Amrita Yoga		Gulika 9:21AM – 10:48AM		Pushya Until 3:15PM		Ganesh: Clear Sunrise: 6:25AM	
Until 3:15PM		145971367		Yama 6:25AM – 7:53AM		Sobhana Until 7:02AM		Muruga: Yellow Sunset: 6:07PM	
Then Creative Work - Siddha Yoga		Rahu 1:44PM – 3:11PM		Bava Until 8:18AM		Nataraja: White		Moon 2 - Phase 45	
				Dvadashi Until 7:43PM		Moon – Blue		Devaloka Day	
						Phalgun-Masi			

4		Friday, March 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
Kataka Rasi: 24.58		Tiithi 13		Ashlesha*/Magha* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 327	
Routine Work		Marana Yoga		Gulika 7:52AM – 9:20AM		Ashlesha* Until 2:50PM		Ganesh: Clear Sunrise: 6:24AM	
Until 3:15PM		145971367		Yama 3:12PM – 4:40PM		Sukarma Until 3:17AM Sat		Muruga: Yellow Sunset: 6:08PM	
Then Creative Work - Siddha Yoga		Rahu 10:48AM – 12:16PM		Kaulava Until 7:16AM		Nataraja: White		Moon 2 - Phase 45	
				Trayodashi Until 6:52PM		Moon – Blue		Devaloka Day	
						Phalgun-Masi			
						Pradosha Vrata			

5		Saturday, March 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Tehran, Iran	
Simha Rasi: 8.19		Tiithi 14		Magha*/Purvaphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 328	
Creative Work		Amrita Yoga		Gulika 6:22AM – 7:51AM		Magha* Until 3:06PM		Ganesh: Clear Sunrise: 6:22AM	
Until 3:06PM		156971367		Yama 1:44PM – 3:12PM		Dhriti Until 1:54AM Sun		Muruga: Yellow Sunset: 6:08PM	
Then Creative Work - Siddha Yoga		Rahu 9:19AM – 10:47AM		Gara Until 6:36AM		Nataraja: White		Moon 2 - Phase 45	
				Chidambaram Abhishekam		Chaturdashi* Until 6:24PM		Moon – Red	
						Phalgun-Masi		Devaloka Day	

○		Sunday, March 12, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Tehran, Iran	
Simha Rasi: 21.26		Tiithi 15		Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 329	
Creative Work		Siddha Yoga		Gulika 3:12PM – 4:41PM		Purvaphalguni Until 3:39PM		Ganesh: Clear Sunrise: 6:21AM	
Until 3:39PM		156971367		Yama 12:15PM – 1:44PM		Shula* Until 12:51AM Mon		Muruga: Yellow Sunset: 6:09PM	
Then Creative Work - Amrita Yoga		Rahu 4:41PM – 6:09PM		Visti Until 6:21AM		Nataraja: White		Moon 2 - Phase 45	
				Holi		Purnima* Until 6:23PM		Moon – Red	
						Phalgun-Masi		Devaloka Day	

○		Monday, March 13, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Tehran, Iran	
Kanya Rasi: 4.2		Tiithi 16		Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 330	
Family Home Evening		Siddha Yoga		Gulika 1:44PM – 3:13PM		Uttaraphalguni Until 4:31PM		Ganesh: Clear Sunrise: 6:20AM	
Creative Work		Siddha Yoga		Yama 10:46AM – 12:15PM		Ganda* Until 12:12AM Tue		Muruga: Yellow Sunset: 6:10PM	
Until 3:39PM		156171367		Rahu 7:49AM – 9:17AM		Balava Until 6:35AM		Nataraja: White	
Then Creative Work - Amrita Yoga						Prathama* Until 6:52PM		Moon – Red	
						Phalgun-Masi		Devaloka Day	



Tuesday, March 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vriddhi Yoga Tailila/Gara Karana Dvitiyayam Titau

Tehran, Iran
Sun 1 Sutra 331

Kanya Rasi: 16.59 Tithi 17

Gulika 12:15PM - 1:44PM
Yama 9:16AM - 10:46AM
Rahu 3:13PM - 4:42PM

Hasta Until 6:11PM
Vriddhi Until 11:57PM
Tailila Until 7:19AM

Ganesh: Purple Sunrise: 6:18AM
Muruga: Yellow Sunset: 6:11PM
Nataraja: White
Moon - Green

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Dvitiya Until 7:51PM

Phalgun-Panguni
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Wednesday, March 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran
Sun 2 Sutra 332

Kanya Rasi: 29.25 Tithi 18

Gulika 10:45AM - 12:14PM
Yama 7:46AM - 9:16AM
Rahu 12:14PM - 1:44PM

Chitra Until 8:10PM
Dhruva Until 12:03AM Thu
Vanija Until 8:33AM
Tritiya Until 9:19PM

Ganesh: Purple Sunrise: 6:17AM
Muruga: Yellow Sunset: 6:12PM
Nataraja: Clear
Moon - Green
Phalgun-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Thursday, March 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran
Sun 3 Sutra 333

Tula Rasi: 11.38 Tithi 19

Gulika 9:15AM - 10:44AM
Yama 6:16AM - 7:45AM
Rahu 1:44PM - 3:13PM

Svati Until 10:24PM
Vyaghata* Until 12:28AM Fri
Bava Until 10:14AM
Chaturthi* Until 11:12PM

Ganesh: Purple Sunrise: 6:16AM
Muruga: Yellow Sunset: 6:13PM
Nataraja: Clear
Moon - Green
Phalgun-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga

Devaloka Day

Until 10:24PM

Then Creative Work - Siddha Yoga

3

Friday, March 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Kaulava/Tailila Karana Panchamyam Titau

Tehran, Iran
Sun 4 Sutra 334

Tula Rasi: 23.43 Tithi 20

Gulika 7:44AM - 9:14AM
Yama 3:14PM - 4:44PM
Rahu 10:44AM - 12:14PM

Vishakha Until 1:16AM Sat
Harshana Until 1:09AM Sat
Kaulava Until 12:18PM
Panchami Until 1:26AM Sat

Ganesh: Clear Sunrise: 6:14AM
Muruga: Yellow Sunset: 6:13PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

4

Saturday, March 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran
Sun 5 Sutra 335

Vrischika Rasi: 5.4 Tithi 21

Gulika 6:13AM - 7:43AM
Yama 1:44PM - 3:14PM
Rahu 9:13AM - 10:43AM

Anuradha Until 4:09AM Sun
Vajra* Until 1:57AM Sun
Gara Until 2:38PM
Shashthi* Until 3:50AM Sun

Ganesh: Clear Sunrise: 6:13AM
Muruga: Yellow Sunset: 6:14PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 4:09AM Sun

Then Routine Work - Marana Yoga

5

Sunday, March 19, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran
Sun 6 Sutra 336

Vrischika Rasi: 17.34 Tithi 22

Gulika 3:14PM - 4:45PM
Yama 12:13PM - 1:44PM
Rahu 4:45PM - 6:15PM

Jyeshtha* Until 6:52AM Mon
Siddhi Until 2:46AM Mon
Visti Until 5:04PM
Saptami Until 6:14AM Mon

Ganesh: Purple Sunrise: 6:11AM
Muruga: Yellow Sunset: 6:15PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Moon 3 - Phase 46
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Until 6:52AM Mon

Then Creative Work - Siddha Yoga

Retreat Star

Monday, March 20, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran
Sun 7 Sutra 337

Vrischika Rasi: 29.28 Tithi 22 - 23

Gulika 1:44PM - 3:14PM
Yama 10:42AM - 12:13PM
Rahu 7:41AM - 9:11AM

Jyeshtha* Until 6:52AM
Vyatipata* Until 3:30AM Tue
Balava Until 7:24PM
Saptami Until 6:14AM

Ganesh: Purple Sunrise: 6:10AM
Muruga: Yellow Sunset: 6:16PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Moon 3 - Phase 46
Ashtami

Creative Work Siddha Yoga

Subha Sivaloka Day

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Tehran, Iran
Sun 8 Sutra 338

Dhanus Rasi: 11.26 Tithi 23 - 24

Gulika 12:13PM - 1:44PM
Yama 9:11AM - 10:42AM
Rahu 3:15PM - 4:46PM

Mula* Until 9:44AM
Variyan Until 3:54AM Wed
Tailila Until 9:26PM
Ashtami* Until 8:27AM

Ganesh: Clear Sunrise: 6:08AM
Muruga: Yellow Sunset: 6:17PM
Nataraja: Clear
Moon - Light Blue
Phalgun-Panguni

Moon 3 - Phase 46
Navami

Creative Work Amrita Yoga

Sivaloka Day

Until 9:44AM

Then Creative Work - Siddha Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 22, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Tehran, Iran	
Dhanus Rasi: 23.34		Tithi 24 – 25		Purvashadha* Uтарыashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9		Sutra 339	
Creative Work		Amrita Yoga		Gulika 10:41AM – 12:12PM		Purvashadha* Until 12:02PM		Ganesha: Clear Sunrise: 6:07AM	
		187171368		Yama 7:38AM – 9:10AM		Parigha* Until 3:55AM Thu		Muruga: Yellow Sunset: 6:18PM	
				Rahu 12:12PM – 1:44PM		Vanija Until 10:58PM		Nataraja: Clear	
						Navami* Until 10:15AM		Moon – Light Blue	
								Phalguna•Panguni	
								Sivaloka Day	

2		Thursday, March 23, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Tehran, Iran	
Makara Rasi: 5.56		Tithi 25 – 26		Uтарыashadha/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Sun 10		Sutra 340	
Routine Work		Marana Yoga		Gulika 9:09AM – 10:40AM		Uтарыashadha Until 1:36PM		Ganesha: Clear Sunrise: 6:06AM	
Until 1:36PM		187171368		Yama 6:06AM – 7:37AM		Shiva Until 3:24AM Fri		Muruga: Yellow Sunset: 6:18PM	
Then Creative Work - Siddha Yoga				Rahu 1:44PM – 3:15PM		Bava Until 11:49PM		Nataraja: Clear	
						Dashami Until 11:27AM		Moon – Light Blue	
								Phalguna•Panguni	
								Sivaloka Day	

3		Friday, March 24, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
Makara Rasi: 18.37		Tithi 26 – 27		Shravana/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Sun 11		Sutra 341	
Routine Work		Marana Yoga		Gulika 7:36AM – 9:08AM		Shravana Until 2:45PM		Ganesha: White Sunrise: 6:04AM	
Until 2:45PM		197171368		Yama 3:16PM – 4:47PM		Siddha Until 2:15AM Sat		Muruga: Yellow Sunset: 6:19PM	
Then Creative Work - Siddha Yoga				Rahu 10:40AM – 12:12PM		Kaulava Until 11:53PM		Nataraja: Clear	
						Ekadashi* Until 11:56AM		Moon – Purple	
								Phalguna•Panguni	
								Subha Sivaloka Day	

4		Saturday, March 25, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Tehran, Iran	
Kumbha Rasi: 1.4		Tithi 27 – 28		Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 342	
Creative Work		Siddha Yoga		Gulika 6:03AM – 7:35AM		Dhanishtha Until 2:59PM		Ganesha: Clear Sunrise: 6:03AM	
Until 2:59PM		198171368		Yama 1:44PM – 3:16PM		Sadhya Until 12:30AM Sun		Muruga: Yellow Sunset: 6:20PM	
Then Creative Work - Amrita Yoga				Rahu 9:07AM – 10:39AM		Gara Until 11:10PM		Nataraja: Clear	
						Dvadashi* Until 11:36AM		Moon – Purple	
								Phalguna•Panguni	
								Sivaloka Day	
								<i>Pradosha Vrata (Fasting)</i>	

5		Sunday, March 26, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Tehran, Iran	
Kumbha Rasi: 15.08		Tithi 28 – 29		Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 343	
Creative Work		Siddha Yoga		Gulika 3:16PM – 4:48PM		Shatabhishak Until 2:19PM		Ganesha: Clear Sunrise: 6:01AM	
Until 2:19PM		198171368		Yama 12:11PM – 1:44PM		Subha Until 10:11PM		Muruga: Yellow Sunset: 6:21PM	
				Rahu 4:48PM – 6:21PM		Visti Until 9:44PM		Nataraja: Clear	
						Trayodashi* Until 10:31AM		Moon – Purple	
								Phalguna•Panguni	
								Sivaloka Day	

Monday, March 27, 2017		Retreat Star				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Tehran, Iran	
Kumbha Rasi: 29.01		Tithi 29 – 30		Purvaproshtapada*/Uтарыaproshtapada Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashmi/Amavasyayam Titau		Sun 14		Sutra 344	
Family Home Evening		118171368		Gulika 1:44PM – 3:16PM		Purvaproshtapada* Until 1:18PM		Ganesha: White Sunrise: 6:00AM	
Routine Work		Marana Yoga		Yama 10:38AM – 12:11PM		Sukla Until 7:21PM		Muruga: Yellow Sunset: 6:22PM	
Until 1:18PM				Rahu 7:33AM – 9:05AM		Catuspada Until 7:40PM		Nataraja: Clear	
Then Creative Work - Siddha Yoga						Chaturdashmi* Until 8:45AM		Moon – Clear	
								Phalguna•Panguni	
								Devaloka Day	

Tuesday, March 28, 2017		Retreat Star				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
Meena Rasi: 13.16		Tithi 30 – 1		Uтарыaproshtapada*/Revali Nakshatra Brahma/Indra Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 15		Sutra 345	
Creative Work		Amrita Yoga		Gulika 12:11PM – 1:44PM		Uтарыaproshtapada Until 11:38AM		Ganesha: White Sunrise: 5:58AM	
Until 11:38AM		118171368		Yama 9:04AM – 10:37AM		Brahma Until 4:09PM		Muruga: Yellow Sunset: 6:23PM	
Then Creative Work - Siddha Yoga				Rahu 3:17PM – 4:50PM		Bava Until 3:43AM Wed		Nataraja: Clear	
				Yugadhi		Amavasya* Until 6:26AM		Moon – Clear	
								Chaitra•Panguni	
								Devaloka Day	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 29, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Tehran, Iran	
Meena Rasi: 27.48		Tithi 2		Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16		Sutra 346	
Routine Work		Marana Yoga		Gulika 10:37AM - 12:10PM		Revati Until 9:27AM		Ganesha: White Sunrise: 5:57AM	
		118171368		Yama 7:30AM - 9:04AM		Indra Until 12:41PM		Muruga: Yellow Sunset: 6:23PM	
		Rahu 12:10PM - 1:43PM		Balava Until 2:16PM		Nataraja: Clear		Moon 3 - Phase 48	
		Chellappaswami Mahasamadhi		Dvitiya Until 12:45AM Thu		Moon - Clear		3rd Phase	
						Chaitra-Panguni		Devaloka Day	

2		Thursday, March 30, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Tehran, Iran	
Mesha Rasi: 12.29		Tithi 3		Ashvini/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 17		Sutra 347	
Creative Work		Amrita Yoga		Gulika 9:03AM - 10:36AM		Ashvini Until 7:21AM		Ganesha: Green Sunrise: 5:56AM	
Until 7:21AM		128171368		Yama 5:56AM - 7:29AM		Vaidhriti* Until 9:03AM		Muruga: Yellow Sunset: 6:24PM	
Then Creative Work - Siddha Yoga		Rahu 1:43PM - 3:17PM		Tailila Until 11:14AM		Tritiya Until 9:41PM		Nataraja: Clear	
								Moon - White	
								Chaitra-Panguni	
								Devaloka Day	

3		Friday, March 31, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Tehran, Iran	
Mesha Rasi: 27.14		Tithi 4		Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthayam Titau		Sun 18		Sutra 348	
Creative Work		Siddha Yoga		Gulika 7:28AM - 9:02AM		Krittika Until 2:43AM Sat		Ganesha: Green Sunrise: 5:54AM	
Until 2:43AM Sat		128171368		Yama 3:17PM - 4:51PM		Priti Until 1:50AM Sat		Muruga: Yellow Sunset: 6:25PM	
Then Creative Work - Amrita Yoga		Rahu 10:36AM - 12:10PM		Vanija Until 8:11AM		Chaturthi* Until 6:41PM		Nataraja: Clear	
								Moon - White	
								Chaitra-Panguni	
								Devaloka Day	

4		Saturday, April 1, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Tehran, Iran	
Vrisabha Rasi: 11.54		Tithi 5 - 6		Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		Sun 19		Sutra 349	
Creative Work		Amrita Yoga		Gulika 5:54AM - 7:28AM		Rohini Until 12:53AM Sun		Ganesha: Green Sunrise: 5:54AM	
Until 12:53AM Sun		139171368		Yama 1:43PM - 3:17PM		Ayushman Until 10:26PM		Muruga: Yellow Sunset: 6:25PM	
Then Creative Work - Siddha Yoga		Rahu 9:02AM - 10:36AM		Kaulava Until 2:33AM Sun		Panchami Until 3:51PM		Nataraja: Clear	
								Moon - Yellow	
								Chaitra-Panguni	
								Subha Sivaloka Day	

5		Sunday, April 2, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Tehran, Iran	
Vrisabha Rasi: 26.23		Tithi 6 - 7		Mrigashira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Sutra 350	
Creative Work		Siddha Yoga		Gulika 3:18PM - 4:52PM		Mrigashira Until 11:15PM		Ganesha: Green Sunrise: 5:53AM	
Until 9:52PM		139171368		Yama 12:09PM - 1:43PM		Saubhagya Until 7:18PM		Muruga: Yellow Sunset: 6:26PM	
Then Creative Work - Amrita Yoga		Rahu 4:52PM - 6:26PM		Gara Until 12:11AM Mon		Shashthi* Until 1:18PM		Nataraja: Clear	
								Moon - Yellow	
								Chaitra-Panguni	
								Subha Sivaloka Day	

Monday, April 3, 2017		Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Tehran, Iran	
Mithuna Rasi: 10.38		Tithi 7 - 8		Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21		Sutra 351	
Family Home Evening		139171368		Gulika 1:43PM - 3:18PM		Ardra Until 9:52PM		Ganesha: Green Sunrise: 5:51AM	
Creative Work		Siddha Yoga		Yama 10:35AM - 12:09PM		Sobhana Until 4:30PM		Muruga: Yellow Sunset: 6:27PM	
Until 9:52PM		Rahu 7:26AM - 9:00AM		Visti Until 10:13PM		Saptami Until 11:08AM		Nataraja: Clear	
Then Creative Work - Amrita Yoga								Moon - Yellow	
								Chaitra-Panguni	
								Subha Sivaloka Day	

Tuesday, April 4, 2017		Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran	
Mithuna Rasi: 24.37		Tithi 8 - 9		Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Sutra 352	
Creative Work		Siddha Yoga		Gulika 12:09PM - 1:43PM		Punarvasu Until 9:13PM		Ganesha: Red Sunrise: 5:50AM	
Until 9:52PM		149171368		Yama 8:59AM - 10:34AM		Athiganda* Until 2:02PM		Muruga: Yellow Sunset: 6:27PM	
Then Creative Work - Amrita Yoga		Rahu 3:18PM - 4:53PM		Balava Until 8:43PM		Ashtami* Until 9:23AM		Nataraja: Clear	
		Sri Rama Navami						Moon - Blue	
								Chaitra-Panguni	
								Sivaloka Day	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Wednesday, April 5, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran Sun 23
	Kataka Rasi: 8.18	Tithi 9 – 10	Gulika 10:33AM – 12:08PM	Pushya Until 8:53PM	Ganesha: Red	<i>Sunrise:</i> 5:49AM	Sutra 353 Durmukha 5118
	149171368	Rahu 12:08PM – 1:43PM	Yama 7:24AM – 8:59AM	Sukarma Until 11:58AM	Muruga: Yellow	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 49 4th Phase
	Creative Work	Siddha Yoga		Taitila Until 7:40PM Navami* Until 8:07AM	Nataraja: Clear Moon – Blue		Sivaloka Day Chaitra•Panguni

2	Thursday, April 6, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran Sun 24
	Kataka Rasi: 21.43	Tithi 10 – 11	Gulika 8:58AM – 10:33AM	Ashlesha* Until 8:51PM	Ganesha: Red	<i>Sunrise:</i> 5:47AM	Sutra 354 Durmukha 5118
	149171368	Rahu 1:43PM – 3:19PM	Yama 5:47AM – 7:22AM	Dhriti Until 10:17AM	Muruga: Yellow	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 49 4th Phase
	Creative Work	Siddha Yoga	Yogaswami Mahasamadhi	Vanija Until 7:06PM Dashami Until 7:18AM	Nataraja: Clear Moon – Blue		Sivaloka Day Chaitra•Panguni

3	Friday, April 7, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 25
	Simha Rasi: 4.53	Tithi 11 – 12	Gulika 7:21AM – 8:57AM	Magha* Until 9:34PM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM	Sutra 355 Durmukha 5118
	159271368	Rahu 10:32AM – 12:08PM	Yama 3:19PM – 4:54PM	Shula* Until 8:55AM	Muruga: Yellow	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 49 4th Phase
	Routine Work	Marana Yoga		Bava Until 6:58PM Ekadashi Until 6:57AM	Nataraja: Clear Moon – Red		Sivaloka Day Chaitra•Panguni

4	Saturday, April 8, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhdi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 26
	Simha Rasi: 17.51	Tithi 12 – 13	Gulika 5:44AM – 7:20AM	Purvaphalguni Until 10:32PM	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM	Sutra 356 Durmukha 5118
	151271368	Rahu 8:56AM – 10:32AM	Yama 1:43PM – 3:19PM	Ganda* Until 7:55AM	Muruga: Yellow	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 49 4th Phase
	Creative Work	Siddha Yoga		Kaulava Until 7:15PM Dvadashi Until 7:02AM	Nataraja: Clear Moon – Red		Sivaloka Day Chaitra•Panguni

5	Sunday, April 9, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhdi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran Sun 27
	Kanya Rasi: 1	Tithi 13 – 14	Gulika 3:19PM – 4:55PM	Uttaraphalguni Until 11:44PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Sutra 357 Durmukha 5118
	151271368	Rahu 4:55PM – 6:31PM	Yama 12:07PM – 1:43PM	Vridhdi Until 7:16AM	Muruga: Yellow	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 49 4th Phase
	Creative Work	Amrita Yoga		Gara Until 7:57PM Trayodashi Until 7:32AM	Nataraja: Clear Moon – Red		Sivaloka Day Chaitra•Panguni

○	Monday, April 10, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran Sun 28
	Copper Retreat Star		Gulika 1:43PM – 3:20PM	Hasta Until 1:38AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:42AM	Sutra 358 Durmukha 5118
	Kanya Rasi: 13.1	Tithi 14 – 15	Yama 10:31AM – 12:07PM	Dhruva Until 6:52AM	Muruga: Yellow	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 49 Purnima
	161271368	Rahu 7:18AM – 8:54AM	Panguni Uttiram Hanuman Jayanti	Visti Until 9:01PM Chaturdashi* Until 8:25AM	Nataraja: Clear Moon – Green		Devaloka Day Chaitra•Panguni

○	Tuesday, April 11, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran Sun 29
	Silver Retreat Star		Gulika 12:07PM – 1:43PM	Chitra Until 3:42AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:40AM	Sutra 359 Durmukha 5118
	Kanya Rasi: 25.34	Tithi 15 – 16	Yama 8:54AM – 10:30AM	Vyaghata* Until 6:47AM	Muruga: Yellow	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 49 Prathama
	161271368	Rahu 3:20PM – 4:56PM		Balava Until 10:27PM Purnima* Until 9:40AM	Nataraja: Clear Moon – Green		Devaloka Day Chaitra•Panguni



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Tehran, Iran

Tula Rasi: 7.49 Tihi 16 - 17

Gulika 10:30AM - 12:06PM
Yama 7:16AM - 8:53AM
Rahu 12:06PM - 1:43PM

Svati Until 5:55AM Thu
Harshana Until 7:00AM
Taitila Until 12:14AM Thu
Prathama* Until 11:17AM

Ganesh: Blue Sunrise: 5:39AM
Muruga: Yellow Sunset: 6:34PM
Nataraja: Clear
Moon - Green

Durmukha 5118
Moon 4 - Phase 50
1st Phase

Devaloka Day

Chaitra-Panguni

Creative Work Siddha Yoga

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Tehran, Iran

Tula Rasi: 19.57 Tihi 17 - 18

Gulika 8:52AM - 10:29AM
Yama 5:38AM - 7:15AM
Rahu 1:43PM - 3:20PM

Vishakha Until 8:44AM Fri
Vajra* Until 7:25AM
Vanija Until 2:17AM Fri
Dvitiya Until 1:12PM

Ganesh: Blue Sunrise: 5:38AM
Muruga: Yellow Sunset: 6:35PM
Nataraja: Clear
Moon - Green

Sun 1 Sutra 361
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Chaitra-Chaitra

Creative Work Siddha Yoga

Tamil New Year

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Tehran, Iran

Vrischika Rasi: 1.58 Tihi 18 - 19

Gulika 7:14AM - 8:51AM
Yama 3:21PM - 4:58PM
Rahu 10:28AM - 12:06PM

Vishakha Until 8:44AM
Siddhi Until 8:04AM
Bava Until 4:34AM Sat
Tritiya Until 3:23PM

Ganesh: Blue Sunrise: 5:36AM
Muruga: Yellow Sunset: 6:36PM
Nataraja: Clear
Moon - Orange

Sun 2 Sutra 362
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Chaitra-Chaitra

Creative Work Siddha Yoga

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Tehran, Iran

Vrischika Rasi: 13.53 Tihi 19 - 20

Gulika 5:35AM - 7:13AM
Yama 1:43PM - 3:21PM
Rahu 8:50AM - 10:28AM

Anuradha Until 11:36AM
Vyatipata* Until 8:53AM
Kaulava Until 7:00AM Sun
Chaturthi* Until 5:45PM

Ganesh: Blue Sunrise: 5:35AM
Muruga: Yellow Sunset: 6:36PM
Nataraja: Clear
Moon - Orange

Sun 3 Sutra 363
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Chaitra-Chaitra

Creative Work Siddha Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Tehran, Iran

Vrischika Rasi: 25.46 Tihi 20

Gulika 3:21PM - 4:59PM
Yama 12:05PM - 1:43PM
Rahu 4:59PM - 6:37PM

Jyeshtha* Until 2:22PM
Variyan Until 9:45AM
Kaulava Until 7:00AM
Panchami Until 8:11PM

Ganesh: Blue Sunrise: 5:34AM
Muruga: Yellow Sunset: 6:37PM
Nataraja: Clear
Moon - Orange

Sun 4 Sutra 364
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Devaloka Day

Chaitra-Chaitra

Routine Work Marana Yoga

Until 2:22PM

Then Creative Work - Amrita Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Tehran, Iran

Dhanus Rasi: 7.38 Tihi 21

Gulika 1:43PM - 3:22PM
Yama 10:27AM - 12:05PM
Rahu 7:11AM - 8:49AM

Mula* Until 5:26PM
Parigha* Until 10:38AM
Gara Until 9:24AM
Shashthi* Until 10:32PM

Ganesh: Red Sunrise: 5:32AM
Muruga: Yellow Sunset: 6:38PM
Nataraja: Clear
Moon - Light Blue

Sun 5 Sutra 1
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Sivaloka Day

Chaitra-Chaitra

Creative Work Siddha Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Tehran, Iran

Dhanus Rasi: 19.35 Tihi 22

Gulika 12:05PM - 1:43PM
Yama 8:48AM - 10:26AM
Rahu 3:22PM - 5:00PM

Purvashadha* Until 8:06PM
Shiva Until 11:23AM
Visti Until 11:37AM
Saptami Until 12:35AM Wed

Ganesh: Red Sunrise: 5:31AM
Muruga: Yellow Sunset: 6:39PM
Nataraja: Clear
Moon - Light Blue

Sun 6 Sutra 2
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Sivaloka Day

Chaitra-Chaitra

Creative Work Siddha Yoga

Until 8:06PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Tehran, Iran

Makara Rasi: 1.4 Tihi 23

Gulika 10:26AM - 12:05PM
Yama 7:08AM - 8:47AM
Rahu 12:05PM - 1:43PM

Uttarashadha Until 10:08PM
Siddha Until 11:47AM
Balava Until 1:27PM
Ashtami* Until 2:07AM Thu

Ganesh: Yellow Sunrise: 5:30AM
Muruga: Yellow Sunset: 6:40PM
Nataraja: Clear
Moon - Light Blue

Sun 7 Sutra 3
Hemalamba 5119
Moon 4 - Phase 50
Ashtami

Sivaloka Day

Chaitra-Chaitra

Creative Work Amrita Yoga

Until 10:08PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Tehran, Iran

Makara Rasi: 13.58 Tihi 24

Gulika 8:46AM - 10:25AM
Yama 5:28AM - 7:07AM
Rahu 1:43PM - 3:22PM

Shravana Until 11:51PM
Sadhya Until 11:45AM
Taitila Until 2:39PM
Navami* Until 2:57AM Fri

Ganesh: White Sunrise: 5:28AM
Muruga: Yellow Sunset: 6:40PM
Nataraja: Clear
Moon - Purple

Sun 8 Sutra 4
Hemalamba 5119
Moon 4 - Phase 50
Navami

Devaloka Day

Chaitra-Chaitra

Creative Work Siddha Yoga

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

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1 Friday, April 21, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran	
Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Sutra 5		Hemalamba 5119	
Makara Rasi: 26.35	Tithi 25	Gulika 7:06AM – 8:46AM	Dhanishtha Until 12:37AM Sat	Ganesh: White <i>Sunrise:</i> 5:27AM			
		Yama 3:23PM – 5:02PM	Subha Until 11:09AM	Muruga: Yellow <i>Sunset:</i> 6:41PM	Moon 4 - Phase 1		
		292271368 Rahu 10:25AM – 12:04PM	Vanija Until 3:05PM	Nataraja: Clear	2nd Phase		
Creative Work	Siddha Yoga	Dashami Until 2:58AM Sat		Moon – Purple	Devaloka Day		
Until 12:37AM Sat				Chaitra•Chaitra			
Then Creative Work - Amrita Yoga							

2 Saturday, April 22, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran	
Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 6		Hemalamba 5119	
Kumbha Rasi: 9.37	Tithi 26	Gulika 5:26AM – 7:05AM	Shatabhishak Until 12:23AM Sun	Ganesh: White <i>Sunrise:</i> 5:26AM			
		Yama 1:44PM – 3:23PM	Sukla Until 9:52AM	Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 4 - Phase 1		
		292271368 Rahu 8:45AM – 10:25AM	Bava Until 2:39PM	Nataraja: Clear	2nd Phase		
Creative Work	Amrita Yoga	Ekadashi* Until 2:06AM Sun		Moon – Purple	Devaloka Day		
Until 12:23AM Sun				Chaitra•Chaitra			
Then Creative Work - Siddha Yoga							

3 Sunday, April 23, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran	
Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11		Sutra 7		Hemalamba 5119	
Kumbha Rasi: 23.06	Tithi 27	Gulika 3:23PM – 5:03PM	Purvaproshtapada* Until 11:38PM	Ganesh: Light Blue <i>Sunrise:</i> 5:25AM			
		Yama 12:04PM – 1:44PM	Brahma Until 7:54AM	Muruga: Yellow <i>Sunset:</i> 6:43PM	Moon 4 - Phase 1		
		212271368 Rahu 5:03PM – 6:43PM	Kaulava Until 1:23PM	Nataraja: Clear	2nd Phase		
Creative Work	Siddha Yoga	Dvadashi* Until 12:26AM Mon		Moon – Clear	Devaloka Day		
Until 11:38PM				Chaitra•Chaitra			
Then Creative Work - Amrita Yoga							

4 Monday, April 24, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Tehran, Iran	
Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 8		Hemalamba 5119	
Meena Rasi: 7.04	Tithi 28	Gulika 1:44PM – 3:24PM	Uttaraproshtapada Until 10:02PM	Ganesh: Light Blue <i>Sunrise:</i> 5:24AM			
Family Home Evening		Yama 10:24AM – 12:04PM	Vaidhriti* Until 2:09AM Tue	Muruga: Yellow <i>Sunset:</i> 6:44PM	Moon 4 - Phase 1		
		212271369 Rahu 7:04AM – 8:44AM	Gara Until 11:20AM	Nataraja: Purple	2nd Phase		
Creative Work	Siddha Yoga	Trayodashi* Until 10:03PM		Moon – Clear	Bhuloka Day		
				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM		
		<i>Pradosha Vrata (Fasting)</i>					

5 Tuesday, April 25, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				Tehran, Iran	
Revati Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 9		Hemalamba 5119	
Meena Rasi: 21.29	Tithi 29	Gulika 12:03PM – 1:44PM	Revati Until 7:43PM	Ganesh: Light Blue <i>Sunrise:</i> 5:22AM			
		Yama 8:43AM – 10:23AM	Vishkambha* Until 10:33PM	Muruga: Yellow <i>Sunset:</i> 6:45PM	Moon 4 - Phase 1		
		212271369 Rahu 3:24PM – 5:04PM	Visti Until 8:39AM	Nataraja: Purple	2nd Phase		
Creative Work	Siddha Yoga	Chaturdashi* Until 7:06PM		Moon – Clear	Bhuloka Day		
				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM		

Wednesday, April 26, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran	
Retreat Star		Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 10	
Mesha Rasi: 6.16	Tithi 30 – 1	Gulika 10:23AM – 12:03PM	Ashvini Until 5:17PM	Ganesh: Purple <i>Sunrise:</i> 5:21AM	Hemalamba 5119		
		Yama 7:02AM – 8:42AM	Priti Until 6:39PM	Muruga: Yellow <i>Sunset:</i> 6:45PM	Moon 4 - Phase 1		
		222271369 Rahu 12:03PM – 1:44PM	Kintughna Until 2:00AM Thu	Nataraja: Purple	Amavasya		
Routine Work	Marana Yoga	Amavasya* Until 3:45PM		Moon – White	Bhuloka Day		
Until 5:17PM				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

Thursday, April 27, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran	
Retreat Star		Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 11	
Mesha Rasi: 21.18	Tithi 1 – 2	Gulika 8:42AM – 10:22AM	Bharani Until 2:30PM	Ganesh: Purple <i>Sunrise:</i> 5:20AM	Hemalamba 5119		
		Yama 5:20AM – 7:01AM	Ayushman Until 2:34PM	Muruga: Yellow <i>Sunset:</i> 6:46PM	Moon 4 - Phase 1		
		222271369 Rahu 1:44PM – 3:25PM	Balava Until 10:22PM	Nataraja: Purple	Prathama		
Creative Work	Siddha Yoga	Prathama* Until 12:10PM		Moon – White	Bhuloka Day		
Until 2:30PM				Vaisaka•Chaitra	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga							

1 Friday, April 28, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Tehran, Iran Sun 16 Sutra 12	
Wrishabha Rasi: 6.25	Tithi 2 – 3	Gulika 7:00AM – 8:41AM	Krittika Until 11:33AM	Ganesh: Purple <i>Sunrise:</i> 5:19AM	Hemalamba 5119
		Yama 3:25PM – 5:06PM	Saubhagya Until 10:28AM	Muruga: Yellow <i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
		222271369 Rahu 10:22AM – 12:03PM	Taitila Until 6:46PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:32AM	Moon – White	Bhuloka Day
Until 11:33AM				Vaisaka-Chaitra	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

2 Saturday, April 29, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturtham Titau		Tehran, Iran Sun 17 Sutra 13	
Wrishabha Rasi: 21.28	Tithi 4	Gulika 5:18AM – 6:59AM	Rohini Until 8:59AM	Ganesh: Light Blue <i>Sunrise:</i> 5:18AM	Hemalamba 5119
		Yama 1:44PM – 3:25PM	Sobhana Until 6:28AM	Muruga: Yellow <i>Sunset:</i> 6:48PM	Moon 4 - Phase 2
		232271369 Rahu 8:40AM – 10:21AM	Vanija Until 3:21PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 1:45AM Sun	Moon – Yellow	Bhuloka Day
Until 8:59AM				Vaisaka-Chaitra	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga					

3 Sunday, April 30, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Tehran, Iran Sun 18 Sutra 14	
Mithuna Rasi: 6.17	Tithi 5	Gulika 3:26PM – 5:07PM	Mrigashira Until 6:36AM	Ganesh: Light Blue <i>Sunrise:</i> 5:17AM	Hemalamba 5119
		Yama 12:03PM – 1:44PM	Sukarma Until 11:16PM	Muruga: Yellow <i>Sunset:</i> 6:49PM	Moon 4 - Phase 2
		232271369 Rahu 5:07PM – 6:49PM	Bava Until 12:17PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:54PM	Moon – Yellow	Bhuloka Day
		Adi Sankara Jayanthi		Vaisaka-Chaitra	Devaloka Time: 12:PM to 3:PM

4 Monday, May 1, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Tehran, Iran Sun 19 Sutra 15	
Mithuna Rasi: 20.47	Tithi 6	Gulika 1:44PM – 3:26PM	Punarvasu Until 3:16AM Tue	Ganesh: Orange <i>Sunrise:</i> 5:14AM	Hemalamba 5119
Family Home Evening		Yama 10:20AM – 12:02PM	Dhriti Until 8:18PM	Muruga: Yellow <i>Sunset:</i> 6:50PM	Moon 4 - Phase 2
		242271369 Rahu 6:56AM – 8:38AM	Kaulava Until 9:41AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 8:35PM	Moon – Blue	Devaloka Day
Until 3:16AM Tue				Vaisaka-Chaitra	
Then Creative Work - Siddha Yoga					

5 Tuesday, May 2, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau		Tehran, Iran Sun 20 Sutra 16	
Kataka Rasi: 4.54	Tithi 7	Gulika 12:02PM – 1:44PM	Pushya Until 2:31AM Wed	Ganesh: Orange <i>Sunrise:</i> 5:13AM	Hemalamba 5119
		Yama 8:38AM – 10:20AM	Shula* Until 5:49PM	Muruga: Yellow <i>Sunset:</i> 6:51PM	Moon 4 - Phase 2
		243371369 Rahu 3:27PM – 5:09PM	Gara Until 7:40AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:53PM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Wednesday, May 3, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau		Tehran, Iran Sun 21 Sutra 17	
Retreat Star		Gulika 10:20AM – 12:02PM	Ashlesha* Until 2:17AM Thu	Ganesh: Orange <i>Sunrise:</i> 5:12AM	Hemalamba 5119
Kataka Rasi: 18.37	Tithi 8 – 9	Yama 6:55AM – 8:37AM	Ganda* Until 3:53PM	Muruga: Yellow <i>Sunset:</i> 6:52PM	Moon 4 - Phase 2
		243371369 Rahu 12:02PM – 1:45PM	Visti Until 6:18AM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:51PM	Moon – Blue	Devaloka Day
Until 2:17AM Thu				Vaisaka-Chaitra	
Then Creative Work - Amrita Yoga					

Thursday, May 4, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Tehran, Iran Sun 22 Sutra 18	
Retreat Star		Gulika 8:37AM – 10:19AM	Magha* Until 3:00AM Fri	Ganesh: Green <i>Sunrise:</i> 5:11AM	Hemalamba 5119
Simha Rasi: 1.56	Tithi 9 – 10	Yama 5:11AM – 6:54AM	Vridhdi Until 2:30PM	Muruga: Blue <i>Sunset:</i> 6:53PM	Moon 4 - Phase 2
		253381369 Rahu 1:45PM – 3:27PM	Taitila Until 5:33AM Fri	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 5:29PM	Moon – Red	Bhuloka Day
Until 3:00AM Fri				Vaisaka-Chaitra	
Then Creative Work - Siddha Yoga					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Friday, May 5, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran
Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23		Sutra 19		
Simha Rasi: 14.56	Tithi 10 - 11	Gulika 6:53AM - 8:36AM	Purvaphalguni Until 4:07AM Sat	Ganesha: Green <i>Sunrise:</i> 5:10AM	Hemalamba 5119	
		Yama 3:28PM - 5:11PM	Dhruva Until 1:35PM	Muruga: Blue <i>Sunset:</i> 6:54PM	Moon 4 - Phase 3	
		253381369 Rahu 10:19AM - 12:02PM	Vanija Until 6:05AM Sat	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Dashami Until 5:44PM	Moon - Red	Bhuloka Day	
Until 4:07AM Sat				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

2 Saturday, May 6, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran
Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 20		
Simha Rasi: 27.38	Tithi 11	Gulika 5:09AM - 6:52AM	Uttaraphalguni Until 5:35AM Sun	Ganesha: Green <i>Sunrise:</i> 5:09AM	Hemalamba 5119	
		Yama 1:45PM - 3:28PM	Vyaghata* Until 1:06PM	Muruga: Blue <i>Sunset:</i> 6:54PM	Moon 4 - Phase 3	
		253381369 Rahu 8:35AM - 10:19AM	Vanija Until 6:05AM	Nataraja: Purple	4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 6:31PM	Moon - Red	Bhuloka Day	
Until 5:35AM Sun				Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

3 Sunday, May 7, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
Hasta Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 21		
Kanya Rasi: 10.07	Tithi 12	Gulika 3:28PM - 5:12PM	Hasta Until 7:44AM Mon	Ganesha: Red <i>Sunrise:</i> 5:08AM	Hemalamba 5119	
		Yama 12:02PM - 1:45PM	Harshana Until 1:00PM	Muruga: Blue <i>Sunset:</i> 6:55PM	Moon 4 - Phase 3	
		263381369 Rahu 5:12PM - 6:55PM	Bava Until 7:06AM	Nataraja: Purple	4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 7:45PM	Moon - Green	Bhuloka Day	
Until 7:44AM Mon				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

4 Monday, May 8, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 22		
Kanya Rasi: 22.26	Tithi 13	Gulika 1:45PM - 3:29PM	Hasta Until 7:44AM	Ganesha: Red <i>Sunrise:</i> 5:07AM	Hemalamba 5119	
Family Home Evening		Yama 10:18AM - 12:02PM	Vajra* Until 1:10PM	Muruga: Blue <i>Sunset:</i> 6:56PM	Moon 4 - Phase 3	
		263381369 Rahu 6:51AM - 8:34AM	Kaulava Until 8:31AM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 9:19PM	Moon - Green	Bhuloka Day	
Until 7:44AM			<i>Pradosha Vrata</i>	Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

5 Tuesday, May 9, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran
Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 23		
Tula Rasi: 4.37	Tithi 14	Gulika 12:02PM - 1:45PM	Chitra Until 10:02AM	Ganesha: Red <i>Sunrise:</i> 5:06AM	Hemalamba 5119	
		Yama 8:34AM - 10:18AM	Siddhi Until 1:34PM	Muruga: Blue <i>Sunset:</i> 6:57PM	Moon 4 - Phase 3	
		263381369 Rahu 3:29PM - 5:13PM	Gara Until 10:14AM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:10PM	Moon - Green	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	

Wednesday, May 10, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran
Copper Retreat Star		Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 24
Tula Rasi: 16.42	Tithi 15	Gulika 10:17AM - 12:02PM	Svati Until 12:24PM	Ganesha: Red <i>Sunrise:</i> 5:05AM	Hemalamba 5119	
		Yama 6:49AM - 8:33AM	Vyatipata* Until 2:10PM	Muruga: Blue <i>Sunset:</i> 6:58PM	Moon 4 - Phase 3	
		263381369 Rahu 12:02PM - 1:46PM	Visti Until 12:12PM	Nataraja: Purple	Purnima	
Creative Work	Siddha Yoga		Purnima* Until 1:14AM Thu	Moon - Green	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	
		Budha Purnima (Tamil Nadu)				

Thursday, May 11, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Tehran, Iran
Silver Retreat Star		Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 25
Tula Rasi: 28.41	Tithi 16	Gulika 8:33AM - 10:17AM	Vishakha Until 3:18PM	Ganesha: Blue <i>Sunrise:</i> 5:04AM	Hemalamba 5119	
		Yama 5:04AM - 6:49AM	Variyan Until 2:53PM	Muruga: Blue <i>Sunset:</i> 6:59PM	Moon 4 - Phase 3	
		273381369 Rahu 1:46PM - 3:30PM	Balava Until 2:21PM	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga		Prathama* Until 3:28AM Fri	Moon - Orange	Bhuloka Day	
				Vaisaka-Chaitra		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda