



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria Sutra 6

Tula Rasi: 20.05 Tihi 16 – 17

Gulika 6:23AM – 7:54AM  
Yama 2:02PM – 3:34PM  
Rahu 9:26AM – 10:58AM

Vishakha Until 8:35AM Sun  
Siddhi Until 1:08PM  
Taitila Until 10:02PM  
Prathama\* Until 8:52AM

Ganeshа: Purple Sunrise: 6:22AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Clear  
Moon – Orange  
Chaitra\*Chaitra

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

Creative Work Siddha Yoga  
Until 8:35AM Sun  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

1

Sunday, April 24, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Port Harcourt, Nigeria Sun 1 Sutra 7

Vrischika Rasi: 2.02 Tihi 17 – 18

Gulika 3:34PM – 5:06PM  
Yama 12:30PM – 2:02PM  
Rahu 5:06PM – 6:37PM

Vishakha Until 8:35AM  
Vyatipata\* Until 1:53PM  
Vanija Until 12:08AM Mon  
Dvitiya Until 11:06AM

Ganeshа: Purple Sunrise: 6:22AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Purple  
Moon – Orange  
Chaitra\*Chaitra

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

Routine Work Marana Yoga

**Bhuloka Day**

2

Monday, April 25, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Port Harcourt, Nigeria Sun 2 Sutra 8

Vrischika Rasi: 14.04 Tihi 18 – 19

Gulika 2:02PM – 3:34PM  
Yama 10:58AM – 12:30PM  
Rahu 7:54AM – 9:26AM

Anuradha Until 11:08AM  
Variyan Until 2:23PM  
Bava Until 1:57AM Tue  
Tritiya Until 1:04PM

Ganeshа: Purple Sunrise: 6:22AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Purple  
Moon – Orange  
Chaitra\*Chaitra

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

**Bhuloka Day**

3

Tuesday, April 26, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria Sun 3 Sutra 9

Vrischika Rasi: 26.13 Tihi 19 – 20

Gulika 12:30PM – 2:01PM  
Yama 9:26AM – 10:58AM  
Rahu 3:33PM – 5:05PM

Jyeshtha\* Until 1:12PM  
Parigha\* Until 2:39PM  
Kaulava Until 3:23AM Wed  
Chaturthi\* Until 2:42PM

Ganeshа: Purple Sunrise: 6:22AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Purple  
Moon – Orange  
Chaitra\*Chaitra

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

Routine Work Marana Yoga

**Bhuloka Day**

Until 1:12PM

Then Creative Work - Amrita Yoga

4

Wednesday, April 27, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria Sun 4 Sutra 10

Dhanus Rasi: 8.32 Tihi 20 – 21

Gulika 10:57AM – 12:29PM  
Yama 7:53AM – 9:25AM  
Rahu 12:29PM – 2:01PM

Mula\* Until 3:13PM  
Shiva Until 2:38PM  
Gara Until 4:22AM Thu  
Panchami Until 3:55PM

Ganeshа: Clear Sunrise: 6:21AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Purple  
Moon – Light Blue  
Chaitra\*Chaitra

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

Routine Work Marana Yoga

**Bhuloka Day**

Until 3:13PM

Then Creative Work - Amrita Yoga

Devaloka Time: 6:AM to 9:AM

5

Thursday, April 28, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria Sun 5 Sutra 11

Dhanus Rasi: 21.04 Tihi 21 – 22

Gulika 9:25AM – 10:57AM  
Yama 6:21AM – 7:53AM  
Rahu 2:01PM – 3:33PM

Purvashadha\* Until 4:34PM  
Siddha Until 2:11PM  
Visti Until 4:48AM Fri  
Shashthi\* Until 4:39PM

Ganeshа: Clear Sunrise: 6:21AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Purple  
Moon – Light Blue  
Chaitra\*Chaitra

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Until 4:34PM

Then Routine Work - Marana Yoga

Devaloka Time: 6:AM to 9:AM

6

Friday, April 29, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha\*/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria Sun 6 Sutra 12

Makara Rasi: 3.5 Tihi 22 – 23

Gulika 7:53AM – 9:25AM  
Yama 3:33PM – 5:05PM  
Rahu 10:57AM – 12:29PM

Uttarashadha Until 5:12PM  
Sadhya Until 1:18PM  
Balava Until 4:36AM Sat  
Saptami Until 4:46PM

Ganeshа: Clear Sunrise: 6:21AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Purple  
Moon – Light Blue  
Chaitra\*Chaitra

Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

Routine Work Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

D

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria Sun 7 Sutra 13

Makara Rasi: 16.56 Tihi 23 – 24

Gulika 6:21AM – 7:53AM  
Yama 2:01PM – 3:33PM  
Rahu 9:25AM – 10:57AM

Shravana Until 5:29PM  
Subha Until 11:55AM  
Taitila Until 3:42AM Sun  
Ashtami\* Until 4:13PM

Ganeshа: White Sunrise: 6:21AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Purple  
Moon – Purple  
Chaitra\*Chaitra

Durmukha 5118  
Moon 4 - Phase 2  
Ashtami

Creative Work Siddha Yoga

**Bhuloka Day**

Sunday, May 1, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria Sun 8 Sutra 14

Kumbha Rasi: 0.24 Tihi 24 – 25

Gulika 3:33PM – 5:05PM  
Yama 12:29PM – 2:01PM  
Rahu 5:05PM – 6:37PM

Dhanishtha Until 4:54PM  
Sukla Until 9:56AM  
Vanija Until 2:05AM Mon  
Navami\* Until 2:58PM

Ganeshа: White Sunrise: 6:21AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Purple  
Moon – Purple  
Chaitra\*Chaitra

Durmukha 5118  
Moon 4 - Phase 2  
Navami

Routine Work Marana Yoga

**Bhuloka Day**

Until 4:54PM

Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Monday, May 2, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Port Harcourt, Nigeria Sun 9 Sutra 15
Kumbha Rasi: 14.17	Tithi 25 – 26	<b>Gulika</b> 2:01PM – 3:33PM	<b>Shatabhishak Until 3:30PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:20AM	Durmukha 5118
<b>Family Home Evening</b>	292621369	Yama 10:57AM – 12:29PM	Brahma Until 7:24AM	<b>Muruga:</b> White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 7:52AM – 9:25AM	Bava Until 11:49PM	<b>Nataraja:</b> Purple	2nd Phase
Until 3:30PM			<b>Dashami Until 1:01PM</b>	Moon – Purple	
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>2 Tuesday, May 3, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Port Harcourt, Nigeria Sun 10 Sutra 16
Kumbha Rasi: 28.36	Tithi 26 – 27	<b>Gulika</b> 12:29PM – 2:01PM	<b>Purvaprosarthapada* Until 1:47PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:20AM	Durmukha 5118
	212621369	Yama 9:24AM – 10:57AM	Vaidhriti* Until 12:50AM Wed	<b>Muruga:</b> White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
Routine Work Marana Yoga		<b>Rahu</b> 3:33PM – 5:05PM	Kaulava Until 8:59PM	<b>Nataraja:</b> Purple	2nd Phase
Until 1:47PM			<b>Ekadashi* Until 10:27AM</b>	Moon – Clear	
Then Creative Work - Amrita Yoga				<b>Chaitra*Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>3 Wednesday, May 4, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vishkambha* Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau			Port Harcourt, Nigeria Sun 11 Sutra 17
Meena Rasi: 13.17	Tithi 27 – 28	<b>Gulika</b> 10:56AM – 12:29PM	<b>Uttaraprosarthapada Until 11:25AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:20AM	Durmukha 5118
	212621369	Yama 7:52AM – 9:24AM	Vishkambha* Until 8:59PM	<b>Muruga:</b> White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 12:29PM – 2:01PM	Vanija Until 3:54AM Thu	<b>Nataraja:</b> Purple	2nd Phase
Until 11:25AM			<b>Dvadashi* Until 7:22AM</b>	Moon – Clear	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>	<b>Chaitra*Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>4 Thursday, May 5, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Port Harcourt, Nigeria Sun 12 Sutra 18
Meena Rasi: 28.17	Tithi 29	<b>Gulika</b> 9:24AM – 10:56AM	<b>Revati Until 8:34AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:20AM	Durmukha 5118
	212621369	Yama 6:20AM – 7:52AM	Priti Until 4:54PM	<b>Muruga:</b> White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
Creative Work Siddha Yoga		<b>Rahu</b> 2:01PM – 3:33PM	Visti Until 2:06PM	<b>Nataraja:</b> Purple	2nd Phase
Until 8:34AM			<b>Chaturdashi* Until 12:13AM Fri</b>	Moon – Clear	
Then Creative Work - Amrita Yoga				<b>Chaitra*Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>Friday, May 6, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Port Harcourt, Nigeria Sun 13 Sutra 19
<b>Retreat Star</b>		<b>Gulika</b> 7:52AM – 9:24AM	<b>Bharani Until 2:52AM Sat</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:20AM	Durmukha 5118
Mesha Rasi: 13.27	Tithi 30	Yama 3:33PM – 5:05PM	Ayushman Until 12:41PM	<b>Muruga:</b> White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
	222621369	<b>Rahu</b> 10:56AM – 12:28PM	Catuspada Until 10:21AM	<b>Nataraja:</b> Purple	Amavasya
Creative Work Siddha Yoga			<b>Amavasya* Until 8:27PM</b>	Moon – White	
Until 2:52AM Sat				<b>Chaitra*Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga					

<b>Saturday, May 7, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau			Port Harcourt, Nigeria Sun 14 Sutra 20
<b>Retreat Star</b>		<b>Gulika</b> 6:19AM – 7:52AM	<b>Krittika Until 11:57PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:19AM	Durmukha 5118
Mesha Rasi: 28.38	Tithi 1 – 2	Yama 2:01PM – 3:33PM	Saubhagya Until 8:31AM	<b>Muruga:</b> White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
	222621369	<b>Rahu</b> 9:24AM – 10:56AM	Kintughna Until 6:37AM	<b>Nataraja:</b> Purple	Prathama
Creative Work Amrita Yoga			<b>Prathama* Until 4:47PM</b>	Moon – White	
				<b>Vaisaka*Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1 Sunday, May 8, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Bhanu Vasara Yuktayam			Port Harcourt, Nigeria	
Rohini Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15 Sutra 21		
Gulika 3:33PM – 5:05PM		<b>Rohini Until 9:38PM</b>		Durmukha 5118		
Yama 12:28PM – 2:01PM		Athiganda* Until 12:49AM Mon		Moon 4 - Phase 4		
232621369 Rahu 5:05PM – 6:37PM		Taitila Until 11:52PM		3rd Phase		
Creative Work Siddha Yoga		Dvitiya Until 1:24PM		<b>Bhuloka Day</b>		
Mother's Day				Devaloka Time: 9:AM to12:PM		

<b>2 Monday, May 9, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Indu Vasara Yuktayam			Port Harcourt, Nigeria	
Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Sun 16 Sutra 22		
Gulika 2:01PM – 3:33PM		<b>Mrigashira Until 7:41PM</b>		Durmukha 5118		
Yama 10:56AM – 12:28PM		Sukarma Until 9:33PM		Moon 4 - Phase 4		
232621369 Rahu 7:51AM – 9:24AM		Vanija Until 9:11PM		3rd Phase		
Creative Work Amrita Yoga		Tritiya Until 10:26AM		<b>Bhuloka Day</b>		
Until 7:41PM		Akshaya Tritiya		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga						

<b>3 Tuesday, May 10, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Mangala Vasara Yuktayam			Port Harcourt, Nigeria	
Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 17 Sutra 23		
Gulika 12:28PM – 2:01PM		<b>Ardra Until 6:15PM</b>		Durmukha 5118		
Yama 9:24AM – 10:56AM		Dhriti Until 6:51PM		Moon 4 - Phase 4		
232621369 Rahu 3:33PM – 5:05PM		Bava Until 7:10PM		3rd Phase		
Routine Work Marana Yoga		Chaturthi* Until 8:04AM		<b>Bhuloka Day</b>		
Until 6:15PM		Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, May 11, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Budha Vasara Yuktayam			Port Harcourt, Nigeria	
Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Sun 18 Sutra 24		
Gulika 10:56AM – 12:28PM		<b>Punarvasu Until 5:54PM</b>		Durmukha 5118		
Yama 7:51AM – 9:24AM		Shula* Until 4:46PM		Moon 4 - Phase 4		
242621369 Rahu 12:28PM – 2:01PM		Taitila Until 5:37AM Thu		3rd Phase		
Creative Work Siddha Yoga		Panchami Until 6:26AM		<b>Devaloka Day</b>		
		Vaisaka-Chaitra				

<b>5 Thursday, May 12, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam			Port Harcourt, Nigeria	
Pushya Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau				Sun 19 Sutra 25		
Gulika 9:23AM – 10:56AM		<b>Pushya Until 6:14PM</b>		Durmukha 5118		
Yama 6:19AM – 7:51AM		Ganda* Until 3:23PM		Moon 4 - Phase 4		
242621369 Rahu 2:01PM – 3:33PM		Gara Until 5:34PM		3rd Phase		
Creative Work Amrita Yoga		Saptami Until 5:41AM Fri		<b>Devaloka Day</b>		
Until 6:14PM		Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga						

<b>Friday, May 13, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam			Port Harcourt, Nigeria	
Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Visti* Karana Ashtamyam Titau				Sun 20 Sutra 26		
Gulika 7:51AM – 9:23AM		<b>Ashlesha* Until 7:15PM</b>		Durmukha 5118		
Yama 3:33PM – 5:05PM		Vridhhi Until 2:41PM		Moon 4 - Phase 4		
242621369 Rahu 10:56AM – 12:28PM		Visti Until 6:04PM		Ashtami		
Routine Work Marana Yoga		Ashtami* Until 6:36AM Sat		<b>Devaloka Day</b>		
		Vaisaka-Chaitra				

<b>Saturday, May 14, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam			Port Harcourt, Nigeria	
Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 27		
Gulika 6:19AM – 7:51AM		<b>Magha* Until 9:22PM</b>		Durmukha 5118		
Yama 2:01PM – 3:33PM		Dhruva Until 2:36PM		Moon 4 - Phase 4		
252621369 Rahu 9:23AM – 10:56AM		Balava Until 7:21PM		Navami		
Creative Work Amrita Yoga		Ashtami* Until 6:36AM		<b>Bhuloka Day</b>		
Until 9:22PM		Vaisaka-Vaikasi		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga						

<b>1 Sunday, May 15, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 28	
Simha Rasi: 17.41	Tithi 9 – 10	<b>Gulika</b> 3:33PM – 5:05PM	<b>Purvaphalguni Until 11:54PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	Durmukha 5118
		Yama 12:28PM – 2:01PM	Vyaghata* Until 3:03PM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
		253621369 <b>Rahu</b> 5:05PM – 6:38PM	Tailita Until 9:16PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 8:13AM</b>	Moon – Red	<b>Bhuloka Day</b>
Until 11:54PM				<b>Vaisaka-Vaikasi</b>	
Then Creative Work - Amrita Yoga					

<b>2 Monday, May 16, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 29	
Simha Rasi: 29.41	Tithi 10 – 11	<b>Gulika</b> 2:01PM – 3:33PM	<b>Uttaraphalguni Until 2:40AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	Durmukha 5118
<b>Family Home Evening</b>		Yama 10:56AM – 12:28PM	Harshana Until 3:52PM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
		253621369 <b>Rahu</b> 7:51AM – 9:23AM	Vanija Until 11:36PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 10:22AM</b>	Moon – Red	<b>Bhuloka Day</b>
				<b>Vaisaka-Vaikasi</b>	

<b>3 Tuesday, May 17, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 30	
Kanya Rasi: 11.33	Tithi 11 – 12	<b>Gulika</b> 12:28PM – 2:01PM	<b>Hasta Until 5:56AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:18AM	Durmukha 5118
		Yama 9:23AM – 10:56AM	Vajra* Until 4:52PM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
		263621369 <b>Rahu</b> 3:33PM – 5:06PM	Bava Until 2:10AM Wed	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 12:51PM</b>	Moon – Green	<b>Bhuloka Day</b>
				<b>Vaisaka-Vaikasi</b>	Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, May 18, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 31	
Kanya Rasi: 23.21	Tithi 12 – 13	<b>Gulika</b> 10:56AM – 12:28PM	<b>Chitra Until 9:02AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	Durmukha 5118
		Yama 7:51AM – 9:23AM	Siddhi Until 5:57PM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
		263721369 <b>Rahu</b> 12:28PM – 2:01PM	Kaulava Until 4:44AM Thu	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 3:26PM</b>	Moon – Green	<b>Devaloka Day</b>
Until 9:02AM Thu			<i>Pradosha Vrata</i>	<b>Vaisaka-Vaikasi</b>	
Then Creative Work - Amrita Yoga					

<b>5 Thursday, May 19, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 32	
Tula Rasi: 5.1	Tithi 13 – 14	<b>Gulika</b> 9:23AM – 10:56AM	<b>Chitra Until 9:02AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	Durmukha 5118
		Yama 6:18AM – 7:51AM	Vyatipata* Until 6:59PM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
		263721369 <b>Rahu</b> 2:01PM – 3:33PM	Gara Until 7:09AM Fri	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 5:57PM</b>	Moon – Green	<b>Devaloka Day</b>
Until 9:02AM				<b>Vaisaka-Vaikasi</b>	
Then Creative Work - Amrita Yoga					

<b>6 Friday, May 20, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 33	
Tula Rasi: 17.01	Tithi 14	<b>Gulika</b> 7:51AM – 9:23AM	<b>Svati Until 11:49AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	Durmukha 5118
		Yama 3:33PM – 5:06PM	Variyan Until 7:50PM	<b>Muruga:</b> White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
		263721369 <b>Rahu</b> 10:56AM – 12:28PM	Gara Until 7:09AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:15PM</b>	Moon – Green	<b>Devaloka Day</b>
		<b>Vaikasi Visakam</b>		<b>Vaisaka-Vaikasi</b>	

<b>○ Saturday, May 21, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau		Port Harcourt, Nigeria Sun 28 Sutra 34	
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:18AM – 7:51AM	<b>Vishakha Until 2:40PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:18AM	Durmukha 5118
Tula Rasi: 28.58	Tithi 15	Yama 2:01PM – 3:34PM	Parigha* Until 8:28PM	<b>Muruga:</b> White <i>Sunset:</i> 6:39PM	Moon 4 - Phase 5
		273721369 <b>Rahu</b> 9:23AM – 10:56AM	Visti Until 9:20AM	<b>Nataraja:</b> Purple	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 10:17PM</b>	Moon – Orange	<b>Bhuloka Day</b>
				<b>Vaisaka-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM

<b>Sunday, May 22, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau		Port Harcourt, Nigeria Sun 29 Sutra 35	
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:34PM – 5:06PM	<b>Anuradha Until 5:03PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:18AM	Durmukha 5118
Vrischika Rasi: 11.03	Tithi 16	Yama 12:29PM – 2:01PM	Shiva Until 8:53PM	<b>Muruga:</b> White <i>Sunset:</i> 6:39PM	Moon 4 - Phase 5
		273721369 <b>Rahu</b> 5:06PM – 6:39PM	Balava Until 11:11AM	<b>Nataraja:</b> Purple	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 11:58PM</b>	Moon – Orange	<b>Bhuloka Day</b>
				<b>Vaisaka-Vaikasi</b>	Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 23, 2016**  
**Gold Retreat Star**

Vrischika Rasi: 23.16    Tiithi 17  
**Family Home Evening**  
Creative Work    Siddha Yoga

273721369

**Gulika**    2:01PM – 3:34PM  
Yama        10:56AM – 12:29PM  
**Rahu**        7:51AM – 9:23AM

**Jyeshtha\* Until 6:56PM**  
Siddha Until 8:59PM  
Taitila Until 12:42PM  
**Dvitiya Until 1:19AM Tue**

**Ganesh:** Clear    *Sunrise: 6:18AM*  
**Muruga:** White    *Sunset: 6:39PM*  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

Port Harcourt, Nigeria  
Sun 1    Sutra 36  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Tuesday, May 24, 2016**

Dhanus Rasi: 5.37    Tiithi 18  
Creative Work    Amrita Yoga  
Until 8:48PM  
Then Creative Work - Siddha Yoga

283721369

**Gulika**    12:29PM – 2:01PM  
Yama        9:23AM – 10:56AM  
**Rahu**        3:34PM – 5:06PM

**Mula\* Until 8:48PM**  
Sadhya Until 8:50PM  
Vanija Until 1:52PM  
**Tritiya Until 2:17AM Wed**

**Ganesh:** White    *Sunrise: 6:18AM*  
**Muruga:** White    *Sunset: 6:39PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Port Harcourt, Nigeria  
Sun 2    Sutra 37  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**2**

**Wednesday, May 25, 2016**

Dhanus Rasi: 18.08    Tiithi 19  
Creative Work    Amrita Yoga

383721369

**Gulika**    10:56AM – 12:29PM  
Yama        7:51AM – 9:24AM  
**Rahu**        12:29PM – 2:01PM

**Purvashadha\* Until 10:08PM**  
Subha Until 8:24PM  
Bava Until 2:39PM  
**Chaturthi\* Until 2:52AM Thu**

**Ganesh:** Clear    *Sunrise: 6:18AM*  
**Muruga:** White    *Sunset: 6:39PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Port Harcourt, Nigeria  
Sun 3    Sutra 38  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Thursday, May 26, 2016**

Makara Rasi: 0.5    Tiithi 20  
Routine Work    Marana Yoga  
Until 10:54PM  
Then Creative Work - Siddha Yoga

383721369

**Gulika**    9:24AM – 10:56AM  
Yama        6:18AM – 7:51AM  
**Rahu**        2:02PM – 3:34PM

**Uttarashadha Until 10:54PM**  
Sukla Until 7:37PM  
Kaulava Until 3:02PM  
**Panchami Until 3:02AM Fri**

**Ganesh:** Clear    *Sunrise: 6:18AM*  
**Muruga:** White    *Sunset: 6:39PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Port Harcourt, Nigeria  
Sun 4    Sutra 39  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Friday, May 27, 2016**

Makara Rasi: 13.45    Tiithi 21  
Routine Work    Marana Yoga  
Until 11:31PM  
Then Creative Work - Siddha Yoga

393731369

**Gulika**    7:51AM – 10:56AM  
Yama        3:34PM – 5:07PM  
**Rahu**        10:56AM – 12:29PM

**Shravana Until 11:31PM**  
Brahma Until 6:29PM  
Gara Until 2:57PM  
**Shashthi\* Until 2:43AM Sat**

**Ganesh:** White    *Sunrise: 6:18AM*  
**Muruga:** Clear    *Sunset: 6:40PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Port Harcourt, Nigeria  
Sun 5    Sutra 40  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Sivaloka Day**

**5**

**Saturday, May 28, 2016**

Makara Rasi: 26.54    Tiithi 22  
Creative Work    Siddha Yoga  
Until 11:29PM  
Then Creative Work - Amrita Yoga

393731369

**Gulika**    6:18AM – 7:51AM  
Yama        2:02PM – 3:34PM  
**Rahu**        9:24AM – 10:56AM

**Dhanishtha Until 11:29PM**  
Indra Until 4:57PM  
Visti Until 2:24PM  
**Saptami Until 1:54AM Sun**

**Ganesh:** White    *Sunrise: 6:18AM*  
**Muruga:** Clear    *Sunset: 6:40PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Port Harcourt, Nigeria  
Sun 6    Sutra 41  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Sivaloka Day**

**Retreat Star**

**Sunday, May 29, 2016**

Kumbha Rasi: 10.2    Tiithi 23  
Creative Work    Siddha Yoga

394731369

**Gulika**    3:35PM – 5:07PM  
Yama        12:29PM – 2:02PM  
**Rahu**        5:07PM – 6:40PM

**Shatabhishak Until 10:45PM**  
Vaidhriti\* Until 2:59PM  
Balava Until 1:18PM  
**Ashtami\* Until 12:31AM Mon**

**Ganesh:** Yellow    *Sunrise: 6:19AM*  
**Muruga:** Clear    *Sunset: 6:40PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Port Harcourt, Nigeria  
Sun 7    Sutra 42  
Durmukha 5118  
Moon 5 - Phase 6  
Ashtami

**Devaloka Day**

**Monday, May 30, 2016**  
**Retreat Star**

Kumbha Rasi: 24.05    Tiithi 24  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 9:47PM  
Then Creative Work - Siddha Yoga

314731369

**Gulika**    2:02PM – 3:35PM  
Yama        10:57AM – 12:29PM  
**Rahu**        7:51AM – 9:24AM

**Purvaproshtapada\* Until 9:47PM**  
Vishkambha\* Until 12:34PM  
Taitila Until 11:38AM  
**Navami\* Until 10:36PM**

**Ganesh:** Clear    *Sunrise: 6:19AM*  
**Muruga:** Clear    *Sunset: 6:40PM*  
**Nataraja:** Purple  
Moon – Clear  
**Vaisaka-Vaikasi**

Port Harcourt, Nigeria  
Sun 8    Sutra 43  
Durmukha 5118  
Moon 5 - Phase 6  
Navami

**Devaloka Day**

<b>1 Tuesday, May 31, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 44	
Meena Rasi: 8.11	Tithi 25	<b>Gulika</b>	<b>12:30PM – 2:02PM</b>	<b>Uttaraproshtapada Until 8:09PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:19AM	Durmukha 5118
		Yama	9:24AM – 10:57AM	Priti Until 9:44AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7
		314731369 <b>Rahu</b>	3:35PM – 5:08PM	Vanija Until 9:27AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			<b>Dashami Until 8:10PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 8:09PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga							

<b>2 Wednesday, June 1, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 45	
Meena Rasi: 22.37	Tithi 26 – 27	<b>Gulika</b>	<b>10:57AM – 12:30PM</b>	<b>Revati Until 5:57PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:19AM	Durmukha 5118
		Yama	7:52AM – 9:24AM	Ayushman Until 6:29AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		314731369 <b>Rahu</b>	12:30PM – 2:02PM	Bava Until 6:48AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga			<b>Ekadashi* Until 5:18PM</b>	Moon – Clear		<b>Devaloka Day</b>
					<b>Vaisaka-Vaikasi</b>		

<b>3 Thursday, June 2, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 46	
Mesha Rasi: 7.19	Tithi 27 – 28	<b>Gulika</b>	<b>9:24AM – 10:57AM</b>	<b>Ashvini Until 3:42PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:19AM	Durmukha 5118
		Yama	6:19AM – 7:52AM	Sobhana Until 11:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		324731369 <b>Rahu</b>	2:03PM – 3:35PM	Gara Until 12:27AM Fri	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 2:07PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 3:42PM				<i>Pradosha Vrata (Fasting)</i>	<b>Vaisaka-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga							

<b>4 Friday, June 3, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 47	
Mesha Rasi: 22.13	Tithi 28 – 29	<b>Gulika</b>	<b>7:52AM – 9:25AM</b>	<b>Bharani Until 1:08PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:19AM	Durmukha 5118
		Yama	3:36PM – 5:08PM	Athiganda* Until 7:16PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		324731369 <b>Rahu</b>	10:57AM – 12:30PM	Visiti Until 9:02PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 10:44AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM

<b>● Saturday, June 4, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 48	
<b>Retreat Star</b>		<b>Gulika</b>	<b>6:19AM – 7:52AM</b>	<b>Krittika Until 10:24AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:19AM	Durmukha 5118
Vrishabha Rasi: 7.1	Tithi 29 – 30	Yama	2:03PM – 3:36PM	Sukarma Until 3:24PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		324731369 <b>Rahu</b>	9:25AM – 10:57AM	Naga Until 4:00AM Sun	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 7:18AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM

<b>Sunday, June 5, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 49	
<b>Retreat Star</b>		<b>Gulika</b>	<b>3:36PM – 5:09PM</b>	<b>Rohini Until 8:04AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:19AM	Durmukha 5118
Vrishabha Rasi: 22.02	Tithi 1	Yama	12:30PM – 2:03PM	Dhriti Until 11:41AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		334731361 <b>Rahu</b>	5:09PM – 6:41PM	Kintughna Until 2:27PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 12:58AM Mon</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1</b>		<b>Monday, June 6, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula*Gandha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 50	
Mithuna Rasi: 6.41	Tithi 2	<b>Gulika</b>	2:03PM – 3:36PM	<b>Ardra Until 4:08AM Tue</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:19AM	Durmukha 5118
<b>Family Home Evening</b>	334731361	Yama	10:58AM – 12:31PM	Shula* Until 8:14AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	7:52AM – 9:25AM	Balava Until 11:37AM	<b>Nataraja:</b> White		3rd Phase
				<b>Dvitiya Until 10:22PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM

<b>2</b>		<b>Tuesday, June 7, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Tailila/Gara Karana Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 51	
Mithuna Rasi: 21	Tithi 3	<b>Gulika</b>	12:31PM – 2:04PM	<b>Punarvasu Until 3:16AM Wed</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:20AM	Durmukha 5118
	344731361	Yama	9:25AM – 10:58AM	Vriddhi Until 2:45AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	3:36PM – 5:09PM	Tailila Until 9:19AM	<b>Nataraja:</b> White		3rd Phase
				<b>Tritiya Until 8:23PM</b>	Moon – Blue		<b>Bhuloka Day</b>
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM

<b>3</b>		<b>Wednesday, June 8, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 52	
Kataka Rasi: 4.53	Tithi 4	<b>Gulika</b>	10:58AM – 12:31PM	<b>Pushya Until 3:01AM Thu</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:20AM	Durmukha 5118
	344731361	Yama	7:53AM – 9:25AM	Dhruva Until 12:52AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	12:31PM – 2:04PM	Vanija Until 7:41AM	<b>Nataraja:</b> White		3rd Phase
				<b>Chaturthi* Until 7:08PM</b>	Moon – Blue		<b>Bhuloka Day</b>
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM

<b>4</b>		<b>Thursday, June 9, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 53	
Kataka Rasi: 18.18	Tithi 5	<b>Gulika</b>	9:26AM – 10:58AM	<b>Ashlesha* Until 3:27AM Fri</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:20AM	Durmukha 5118
	344731361	Yama	6:20AM – 7:53AM	Vyaghata* Until 11:41PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	2:04PM – 3:37PM	Bava Until 6:50AM	<b>Nataraja:</b> White		3rd Phase
Until 3:27AM Fri				<b>Panchami Until 6:43PM</b>	Moon – Blue		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 12:PM to 3:PM

<b>5</b>		<b>Friday, June 10, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Harshana Yoga Kaulava/Tailila Karana Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 54	
Simha Rasi: 1.16	Tithi 6	<b>Gulika</b>	7:53AM – 9:26AM	<b>Magha* Until 5:01AM Sat</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:20AM	Durmukha 5118
	354731361	Yama	3:37PM – 5:10PM	Harshana Until 11:11PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
Routine Work	Marana Yoga	<b>Rahu</b>	10:59AM – 12:31PM	Kaulava Until 6:51AM	<b>Nataraja:</b> White		3rd Phase
Until 5:01AM Sat				<b>Shashthi* Until 7:09PM</b>	Moon – Red		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Vaikasi</b>		

<b>6</b>		<b>Saturday, June 11, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 55	
Simha Rasi: 13.5	Tithi 7	<b>Gulika</b>	6:20AM – 7:53AM	<b>Purvaphalguni Until 7:09AM Sun</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:20AM	Durmukha 5118
	355731361	Yama	2:04PM – 3:37PM	Vajra* Until 11:16PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	9:26AM – 10:59AM	Gara Until 7:41AM	<b>Nataraja:</b> White		3rd Phase
Until 7:09AM Sun				<b>Saptami Until 8:22PM</b>	Moon – Red		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Jyeshtha-Vaikasi</b>		

<b>Retreat Star</b>		<b>Sunday, June 12, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 56	
Simha Rasi: 26.05	Tithi 8	<b>Gulika</b>	3:37PM – 5:10PM	<b>Purvaphalguni Until 7:09AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:20AM	Durmukha 5118
	355831361	Yama	12:32PM – 2:05PM	Siddhi Until 11:50PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	5:10PM – 6:43PM	Visti Until 9:16AM	<b>Nataraja:</b> White		Ashtami
Until 7:09AM				<b>Ashtami* Until 10:14PM</b>	Moon – Red		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Jyeshtha-Vaikasi</b>		

<b>Retreat Star</b>		<b>Monday, June 13, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 57	
Kanya Rasi: 8.05	Tithi 9	<b>Gulika</b>	2:05PM – 3:38PM	<b>Uttaraphalguni Until 9:39AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:21AM	Durmukha 5118
<b>Family Home Evening</b>	355831361	Yama	10:59AM – 12:32PM	Vyatipata* Until 12:44AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	7:53AM – 9:26AM	Balava Until 11:22AM	<b>Nataraja:</b> White		Navami
				<b>Navami* Until 12:32AM Tue</b>	Moon – Red		<b>Devaloka Day</b>
					<b>Jyeshtha-Vaikasi</b>		

<b>1 Tuesday, June 14, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria	
Kanya Rasi: 19.58		Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 58	
Tihti 10		<b>Gulika</b>	12:32PM – 2:05PM	<b>Hasta Until 12:48PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	Durmukha 5118
365831361		Yama	9:27AM – 10:59AM	Variyan Until 1:45AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	3:38PM – 5:11PM	Tailila Until 1:48PM	<b>Nataraja:</b> White		4th Phase
				<b>Dashami Until 3:02AM Wed</b>	Moon – Green	<b>Bhuloka Day</b>	
					<b>Jyeshtha•Ani</b>	Devaloka Time: 12:PM to 3:PM	

<b>2 Wednesday, June 15, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria	
Tula Rasi: 1.47		Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 59	
Tihti 11		<b>Gulika</b>	11:00AM – 12:32PM	<b>Chitra Until 3:52PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	Durmukha 5118
365831361		Yama	7:54AM – 9:27AM	Parigha* Until 2:46AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	12:32PM – 2:05PM	Vanija Until 4:18PM	<b>Nataraja:</b> White		4th Phase
				<b>Ekadashi Until 5:29AM Thu</b>	Moon – Green	<b>Bhuloka Day</b>	
					<b>Jyeshtha•Ani</b>	Devaloka Time: 12:PM to 3:PM	

<b>3 Thursday, June 16, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria	
Tula Rasi: 13.38		Svati Nakshatra Shiva Yoga Bava Karana Dvadashyam Titau				Sun 25 Sutra 60	
Tihti 12		<b>Gulika</b>	9:27AM – 11:00AM	<b>Svati Until 6:38PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	Durmukha 5118
365831361		Yama	6:21AM – 7:54AM	Shiva Until 3:38AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 9
Creative Work	Amrita Yoga	<b>Rahu</b>	2:05PM – 3:38PM	Bava Until 6:39PM	<b>Nataraja:</b> White		4th Phase
Until 6:38PM		<b>Dvadashi Until 7:42AM Fri</b>				Moon – Green	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga						<b>Jyeshtha•Ani</b>	Devaloka Time: 12:PM to 3:PM

<b>4 Friday, June 17, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria	
Tula Rasi: 25.34		Vishakha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 61	
Tihti 12 – 13		<b>Gulika</b>	7:54AM – 9:27AM	<b>Vishakha Until 9:27PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM	Durmukha 5118
375831361		Yama	3:39PM – 5:11PM	Siddha Until 4:14AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	11:00AM – 12:33PM	Kaulava Until 8:43PM	<b>Nataraja:</b> White		4th Phase
				<b>Dvadashi Until 7:42AM</b>	Moon – Orange	<b>Devaloka Day</b>	
					<b>Jyeshtha•Ani</b>		

*Pradosha Vrata*

<b>5 Saturday, June 18, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria	
Vrischika Rasi: 7.38		Anuradha Nakshatra Sadhya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 62	
Tihti 13 – 14		<b>Gulika</b>	6:22AM – 7:54AM	<b>Anuradha Until 11:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM	Durmukha 5118
375831361		Yama	2:06PM – 3:39PM	Sadhya Until 4:31AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	9:27AM – 11:00AM	Gara Until 10:24PM	<b>Nataraja:</b> White		4th Phase
				<b>Trayodashi Until 9:36AM</b>	Moon – Orange	<b>Devaloka Day</b>	
					<b>Jyeshtha•Ani</b>		

<b>○ Sunday, June 19, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria	
<b>Copper Retreat Star</b>		Jyeshtha* Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 63	
Vrischika Rasi: 19.52		<b>Gulika</b>	3:39PM – 5:12PM	<b>Jyeshtha* Until 1:26AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM	Durmukha 5118
Tihti 14 – 15		Yama	12:33PM – 2:06PM	Subha Until 4:29AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 9
375831361		<b>Rahu</b>	5:12PM – 6:45PM	Visti Until 11:39PM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga	<b>Chaturdashi* Until 11:04AM</b>				Moon – Orange	<b>Devaloka Day</b>
Until 1:26AM Mon		<b>Father's Day</b>				<b>Jyeshtha•Ani</b>	
Then Creative Work - Siddha Yoga							

<b>Monday, June 20, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria	
<b>Silver Retreat Star</b>		Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64	
Dhanus Rasi: 2.17		<b>Gulika</b>	2:06PM – 3:39PM	<b>Mula* Until 3:01AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:22AM	Durmukha 5118
Tihti 15 – 16		Yama	11:01AM – 12:33PM	Sukla Until 4:05AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 9
<b>Family Home Evening</b>	386831361	<b>Rahu</b>	7:55AM – 9:28AM	Balava Until 12:27AM Tue	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga	<b>Purnima* Until 12:05PM</b>				Moon – Light Blue	<b>Devaloka Day</b>
					<b>Jyeshtha•Ani</b>		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang





Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Port Harcourt, Nigeria

Dhanus Rasi: 14.54 Tihi 16 – 17

**Gulika** 12:34PM – 2:07PM  
Yama 9:28AM – 11:01AM  
Rahu 3:39PM – 5:12PM

**Purvashadha\* Until 4:02AM Wed**  
Brahma Until 3:21AM Wed  
Tailila Until 12:49AM Wed  
**Prathama\* Until 12:40PM**

**Ganesha:** Yellow *Sunrise: 6:22AM*  
**Muruga:** Clear *Sunset: 6:45PM*  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Sutra 65  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 4:02AM Wed

Then Creative Work - Amrita Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Port Harcourt, Nigeria

Dhanus Rasi: 27.43 Tihi 17 – 18

**Gulika** 11:01AM – 12:34PM  
Yama 7:55AM – 9:28AM  
Rahu 12:34PM – 2:07PM

**Uttarashadha Until 4:30AM Thu**  
Indra Until 2:19AM Thu  
Vanija Until 12:48AM Thu  
**Dvitiya Until 12:50PM**

**Ganesha:** Yellow *Sunrise: 6:23AM*  
**Muruga:** Clear *Sunset: 6:45PM*  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Sun 1 Sutra 66  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 4:30AM Thu

Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam

Port Harcourt, Nigeria

Makara Rasi: 10.43 Tihi 18 – 19

**Gulika** 9:28AM – 11:01AM  
Yama 6:23AM – 7:56AM  
Rahu 2:07PM – 3:40PM

**Shravana Until 4:55AM Fri**  
Vaidhriti\* Until 12:59AM Fri  
Bava Until 12:24AM Fri  
**Tritiya Until 12:38PM**

**Ganesha:** Blue *Sunrise: 6:23AM*  
**Muruga:** Clear *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Sun 2 Sutra 67  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Port Harcourt, Nigeria

Makara Rasi: 23.55 Tihi 19 – 20

**Gulika** 7:56AM – 9:29AM  
Yama 3:40PM – 5:13PM  
Rahu 11:01AM – 12:34PM

**Dhanishtha Until 4:51AM Sat**  
Vishkambha\* Until 11:22PM  
Kaulava Until 11:40PM  
**Chaturthi\* Until 12:03PM**

**Ganesha:** Blue *Sunrise: 6:23AM*  
**Muruga:** Clear *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Sun 3 Sutra 68  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 4:51AM Sat

Then Creative Work - Amrita Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Port Harcourt, Nigeria

Kumbha Rasi: 7.18 Tihi 20 – 21

**Gulika** 6:23AM – 7:56AM  
Yama 2:07PM – 3:40PM  
Rahu 9:29AM – 11:02AM

**Shatabhishak Until 4:17AM Sun**  
Priti Until 9:29PM  
Gara Until 10:34PM  
**Panchami Until 11:08AM**

**Ganesha:** Blue *Sunrise: 6:23AM*  
**Muruga:** Clear *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Sun 4 Sutra 69  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 4:17AM Sun

Then Creative Work - Siddha Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam

Port Harcourt, Nigeria

Kumbha Rasi: 20.53 Tihi 21 – 22

**Gulika** 3:40PM – 5:13PM  
Yama 12:35PM – 2:08PM  
Rahu 5:13PM – 6:46PM

**Purvaproshtapada\* Until 3:40AM Mon**  
Ayushman Until 7:18PM  
Visti Until 9:08PM  
**Shashthi\* Until 9:52AM**

**Ganesha:** Purple *Sunrise: 6:23AM*  
**Muruga:** Clear *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Sun 5 Sutra 70  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam

Port Harcourt, Nigeria

Meena Rasi: 4.4 Tihi 22 – 23

**Gulika** 2:08PM – 3:41PM  
Yama 11:02AM – 12:35PM  
Rahu 7:56AM – 9:29AM

**Uttaraproshtapada Until 2:33AM Tue**  
Saubhagya Until 4:51PM  
Balava Until 7:21PM  
**Saptami Until 8:16AM**

**Ganesha:** Purple *Sunrise: 6:24AM*  
**Muruga:** Clear *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Sun 6 Sutra 71  
Durmukha 5118  
Moon 6 - Phase 10  
Ashtami

**Sivaloka Day**

Creative Work Siddha Yoga

Family Home Evening

316831361

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Port Harcourt, Nigeria

Meena Rasi: 18.41 Tihi 23 – 24

**Gulika** 12:35PM – 2:08PM  
Yama 9:29AM – 11:02AM  
Rahu 3:41PM – 5:14PM

**Revati Until 12:59AM Wed**  
Sobhana Until 2:08PM  
Gara Until 4:02AM Wed  
**Ashtami\* Until 6:19AM**

**Ganesha:** Clear *Sunrise: 6:24AM*  
**Muruga:** Clear *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Sun 7 Sutra 72  
Durmukha 5118  
Moon 6 - Phase 10  
Navami

**Devaloka Day**

Creative Work Siddha Yoga

Until 12:59AM Wed

Then Routine Work - Marana Yoga

<b>1</b>		<b>Wednesday, June 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 73	
Mesha Rasi: 2.53	Tithi 25	<b>Gulika</b>	11:03AM – 12:35PM	<b>Ashvini</b> Until 11:24PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:24AM	Durmukha 5118
		Yama	7:57AM – 9:30AM	Athiganda* Until 11:09AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	12:35PM – 2:08PM	Vanija Until 2:49PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga			<b>Dashami</b> Until 1:30AM Thu	Moon – White		
Until 11:24PM					<b>Jyeshtha*Ani</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							Devaloka Time: 12:PM to 3:PM

<b>2</b>		<b>Thursday, June 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 74	
Mesha Rasi: 17.17	Tithi 26	<b>Gulika</b>	9:30AM – 11:03AM	<b>Bharani</b> Until 9:29PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:24AM	Durmukha 5118
		Yama	6:24AM – 7:57AM	Sukarma Until 7:57AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	2:08PM – 3:41PM	Bava Until 12:09PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi*</b> Until 10:45PM	Moon – White		
Until 9:29PM					<b>Jyeshtha*Ani</b>		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga							Devaloka Time: 12:PM to 3:PM

<b>3</b>		<b>Friday, July 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 75	
Vrishabha Rasi: 1.49	Tithi 27	<b>Gulika</b>	7:57AM – 9:30AM	<b>Krittika</b> Until 7:18PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:25AM	Durmukha 5118
		Yama	3:41PM – 5:14PM	Shula* Until 1:14AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	11:03AM – 12:36PM	Kaulava Until 9:21AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashi*</b> Until 7:54PM	Moon – White		
Until 7:18PM					<b>Jyeshtha*Ani</b>		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga							Devaloka Time: 12:PM to 3:PM

<b>4</b>		<b>Saturday, July 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 76	
Vrishabha Rasi: 16.24	Tithi 28 – 29	<b>Gulika</b>	6:25AM – 7:58AM	<b>Rohini</b> Until 5:26PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:25AM	Durmukha 5118
		Yama	2:09PM – 3:42PM	Ganda* Until 9:53PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	9:30AM – 11:03AM	Gara Until 6:29AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga			<b>Trayodashi*</b> Until 5:04PM	Moon – Yellow		
Until 5:26PM				<i>Pradosha Vrata (Fasting)</i>	<b>Jyeshtha*Ani</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							Devaloka Time: 12:PM to 3:PM

<b>●</b>		<b>Sunday, July 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 12 Sutra 77	
<b>Retreat Star</b>		<b>Gulika</b>	3:42PM – 5:14PM	<b>Mrigashira</b> Until 3:34PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:25AM	Durmukha 5118
Mithuna Rasi: 0.55	Tithi 29 – 30	Yama	12:36PM – 2:09PM	Vriddhi Until 6:42PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	5:14PM – 6:47PM	Catuspada Until 1:11AM Mon	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 2:24PM	Moon – Yellow		
					<b>Jyeshtha*Ani</b>		<b>Bhuloka Day</b>
							Devaloka Time: 12:PM to 3:PM

<b>Monday, July 4, 2016</b>		<b>Retreat Star</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 78	
Mithuna Rasi: 15.15	Tithi 30 – 1	<b>Gulika</b>	2:09PM – 3:42PM	<b>Ardra</b> Until 1:52PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:25AM	Durmukha 5118
<b>Family Home Evening</b>		Yama	11:04AM – 12:36PM	Dhruva Until 3:46PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	7:58AM – 9:31AM	Kintughna Until 11:01PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			<b>Amavasya*</b> Until 12:01PM	Moon – Yellow		
Until 1:52PM					<b>Ashada*Ani</b>		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga							Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b> Tuesday, July 5, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 79 Durmukha 5118
Mithuna Rasi: 29.19	Tithi 1 – 2	<b>Gulika</b> 12:36PM – 2:09PM	<b>Punarvasu</b> Until 12:56PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:25AM	
		Yama 9:31AM – 11:04AM	Vyaghata* Until 1:14PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	348831361 <b>Rahu</b> 3:42PM – 5:15PM	Balava Until 9:22PM	<b>Nataraja:</b> White		3rd Phase
			<b>Prathama* Until 10:06AM</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM

<b>2</b> Wednesday, July 6, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 80 Durmukha 5118
Kataka Rasi: 13.02	Tithi 2 – 3	<b>Gulika</b> 11:04AM – 12:37PM	<b>Pushya</b> Until 12:27PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:26AM	
		Yama 7:58AM – 9:31AM	Harshana Until 11:13AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	448831361 <b>Rahu</b> 12:37PM – 2:09PM	Taitila Until 8:22PM	<b>Nataraja:</b> White		3rd Phase
			<b>Dvitiya</b> Until 8:46AM	Moon – Blue		<b>Bhuloka Day</b>
				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM

<b>3</b> Thursday, July 7, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Port Harcourt, Nigeria Sun 16 Sutra 81 Durmukha 5118
Kataka Rasi: 26.21	Tithi 3 – 4	<b>Gulika</b> 9:31AM – 11:04AM	<b>Ashlesha*</b> Until 12:31PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:26AM	
		Yama 6:26AM – 7:59AM	Vajra* Until 9:45AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	448931361 <b>Rahu</b> 2:10PM – 3:42PM	Vanija Until 8:07PM	<b>Nataraja:</b> White		3rd Phase
Until 12:31PM			<b>Tritiya</b> Until 8:08AM	Moon – Blue		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM

<b>4</b> Friday, July 8, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 82 Durmukha 5118
Simha Rasi: 9.16	Tithi 4 – 5	<b>Gulika</b> 7:59AM – 9:31AM	<b>Magha*</b> Until 1:40PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:26AM	
		Yama 3:42PM – 5:15PM	Siddhi Until 8:54AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
Routine Work	Marana Yoga	458931361 <b>Rahu</b> 11:04AM – 12:37PM	Bava Until 8:39PM	<b>Nataraja:</b> White		3rd Phase
Until 1:40PM			<b>Chaturthi*</b> Until 8:16AM	Moon – Red		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM

<b>5</b> Saturday, July 9, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 83 Durmukha 5118
Simha Rasi: 21.5	Tithi 5 – 6	<b>Gulika</b> 6:26AM – 7:59AM	<b>Purvaphalguni</b> Until 3:23PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:26AM	
		Yama 2:10PM – 3:43PM	Vyatipata* Until 8:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	458931361 <b>Rahu</b> 9:32AM – 11:04AM	Kaulava Until 9:54PM	<b>Nataraja:</b> White		3rd Phase
Until 3:23PM			<b>Panchami</b> Until 9:10AM	Moon – Red		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM

<b>6</b> Sunday, July 10, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 84 Durmukha 5118
Kanya Rasi: 4.05	Tithi 6 – 7	<b>Gulika</b> 3:43PM – 5:15PM	<b>Uttaraphalguni</b> Until 5:33PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:26AM	
		Yama 12:37PM – 2:10PM	Variyan Until 8:56AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
Creative Work	Amrita Yoga	458931361 <b>Rahu</b> 5:15PM – 6:48PM	Gara Until 11:45PM	<b>Nataraja:</b> White		3rd Phase
			<b>Shashthi*</b> Until 10:45AM	Moon – Red		<b>Bhuloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM

<b>Monday, July 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 85 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> 2:10PM – 3:43PM	<b>Hasta</b> Until 8:29PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:27AM	
Kanya Rasi: 16.08	Tithi 7 – 8	Yama 11:05AM – 12:37PM	Parigha* Until 9:37AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
<b>Family Home Evening</b>		469931361 <b>Rahu</b> 7:59AM – 9:32AM	Visti Until 2:00AM Tue	<b>Nataraja:</b> White		Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> Until 12:49PM	Moon – Green		<b>Devaloka Day</b>
Until 8:29PM				<b>Ashada*Ani</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Tuesday, July 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 86 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> 12:37PM – 2:10PM	<b>Chitra</b> Until 11:27PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:27AM	
Kanya Rasi: 28.02	Tithi 8 – 9	Yama 9:32AM – 11:05AM	Shiva Until 10:32AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	469931361 <b>Rahu</b> 3:43PM – 5:16PM	Balava Until 4:24AM Wed	<b>Nataraja:</b> White		Navami
			<b>Ashtami*</b> Until 3:10PM	Moon – Green		<b>Devaloka Day</b>
				<b>Ashada*Ani</b>		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b> Wednesday, July 13, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
Tula Rasi: 9.53      Tithi 9 - 10		Svati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Sun 22      Sutra 87
Creative Work      Siddha Yoga	479931361	<b>Gulika</b> 11:05AM - 12:38PM	<b>Svati Until 2:13AM Thu</b>	<b>Ganesh:</b> Orange <i>Sunrise:</i> 6:27AM	Durmukha 5118	
		Yama      8:00AM - 9:32AM	Siddha Until 11:29AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		<b>Rahu</b> 12:38PM - 2:10PM	Taitila Until 6:43AM Thu	<b>Nataraja:</b> White	4th Phase	
			<b>Navami* Until 5:34PM</b>	Moon - Green	<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>		

<b>2</b> Thursday, July 14, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
Tula Rasi: 21.47      Tithi 10		Vishakha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashmyam Titau				Sun 23      Sutra 88
Creative Work      Siddha Yoga	479931361	<b>Gulika</b> 9:32AM - 11:05AM	<b>Vishakha Until 5:05AM Fri</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:27AM	Durmukha 5118	
		Yama      6:27AM - 8:00AM	Sadhya Until 12:22PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		<b>Rahu</b> 2:10PM - 3:43PM	Taitila Until 6:43AM	<b>Nataraja:</b> White	4th Phase	
			<b>Dashami Until 7:47PM</b>	Moon - Orange	<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>	Devaloka Time: 12:PM to 3:PM	

<b>3</b> Friday, July 15, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
Vrischika Rasi: 3.47      Tithi 11		Anuradha Nakshatra Subha/Sukha Yoga Vanija/Visti* Karana Ekadashmyam Titau				Sun 24      Sutra 89
Creative Work      Siddha Yoga	479931361	<b>Gulika</b> 8:00AM - 9:33AM	<b>Anuradha Until 7:25AM Sat</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:27AM	Durmukha 5118	
		Yama      3:43PM - 5:16PM	Subha Until 1:01PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		<b>Rahu</b> 11:05AM - 12:38PM	Vanija Until 8:47AM	<b>Nataraja:</b> White	4th Phase	
			<b>Ekadashi Until 9:39PM</b>	Moon - Orange	<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>	Devaloka Time: 12:PM to 3:PM	

<b>4</b> Saturday, July 16, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
Vrischika Rasi: 15.56      Tithi 12		Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashmyam Titau				Sun 25      Sutra 90
Creative Work      Siddha Yoga	479931362	<b>Gulika</b> 6:27AM - 8:00AM	<b>Anuradha Until 7:25AM</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:27AM	Durmukha 5118	
		Yama      2:10PM - 3:43PM	Sukla Until 1:19PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		<b>Rahu</b> 9:33AM - 11:05AM	Bava Until 10:26AM	<b>Nataraja:</b> Clear	4th Phase	
			<b>Dvadashi Until 11:03PM</b>	Moon - Orange	<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>		

<b>5</b> Sunday, July 17, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
Vrischika Rasi: 28.17      Tithi 13		Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashmyam Titau				Sun 26      Sutra 91
Routine Work      Marana Yoga Until 9:05AM Then Creative Work - Amrita Yoga	479931362	<b>Gulika</b> 3:43PM - 5:16PM	<b>Jyeshtha* Until 9:05AM</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 6:28AM	Durmukha 5118	
		Yama      12:38PM - 2:11PM	Brahma Until 1:13PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		<b>Rahu</b> 5:16PM - 6:48PM	Kaulava Until 11:34AM	<b>Nataraja:</b> Clear	4th Phase	
			<b>Trayodashi Until 11:55PM</b>	Moon - Orange	<b>Devaloka Day</b>	
			<i>Pradosha Vrata</i>	<b>Ashada*Adi</b>		

<b>6</b> Monday, July 18, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
Dhanu Rasi: 10.54      Tithi 14		Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashmyam Titau				Sun 27      Sutra 92
Family Home Evening Creative Work      Siddha Yoga Until 10:33AM Then Routine Work - Marana Yoga	481931362	<b>Gulika</b> 2:11PM - 3:43PM	<b>Mula* Until 10:33AM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:28AM	Durmukha 5118	
		Yama      11:05AM - 12:38PM	Indra Until 12:42PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
		<b>Rahu</b> 8:00AM - 9:33AM	Gara Until 12:10PM	<b>Nataraja:</b> Clear	4th Phase	
			<b>Chaturdashi* Until 12:14AM Tue</b>	Moon - Light Blue	<b>Subha Sivaloka Day</b>	
				<b>Ashada*Adi</b>		

<b>○</b> Tuesday, July 19, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
<b>Copper Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 93
Dhanu Rasi: 23.46      Tithi 15	481931362	<b>Gulika</b> 12:38PM - 2:11PM	<b>Purvashadha* Until 11:20AM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:28AM	Durmukha 5118	
		Yama      9:33AM - 11:06AM	Vaidhriti* Until 11:44AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
Creative Work      Siddha Yoga Until 11:20AM Then Routine Work - Prabalarishta Yoga		<b>Rahu</b> 3:43PM - 5:16PM	Visti Until 12:12PM	<b>Nataraja:</b> Clear	Purnima	
		<b>Satguru Purnima</b>	<b>Purnima* Until 12:01AM Wed</b>	Moon - Light Blue	<b>Subha Sivaloka Day</b>	
				<b>Ashada*Adi</b>		

<b>Wednesday, July 20, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
<b>Silver Retreat Star</b>		Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 94
Makara Rasi: 6.53      Tithi 16	481931362	<b>Gulika</b> 11:06AM - 12:38PM	<b>Uttarashadha Until 11:27AM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:28AM	Durmukha 5118	
		Yama      8:00AM - 9:33AM	Vishkambha* Until 10:22AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:48PM	Moon 6 - Phase 13	
Creative Work      Amrita Yoga Until 11:27AM Then Creative Work - Siddha Yoga		<b>Rahu</b> 12:38PM - 2:11PM	Balava Until 11:45AM	<b>Nataraja:</b> Clear	Prathama	
			<b>Prathama* Until 11:20PM</b>	Moon - Light Blue	<b>Subha Sivaloka Day</b>	
				<b>Ashada*Adi</b>		



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 95

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Makara Rasi: 20.16 Tihti 17

Gulika 9:33AM - 11:06AM

Yama 6:28AM - 8:01AM

491931362 Rahu 2:11PM - 3:43PM

Shravana Until 11:26AM

Priti Until 8:40AM

Taitila Until 10:51AM

Dvitiya Until 10:14PM

Ganesha: Yellow Sunrise: 6:28AM

Muruga: Clear Sunset: 6:48PM

Nataraja: Clear

Moon - Purple  
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 96

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Kumbha Rasi: 3.51 Tihti 18

Gulika 8:01AM - 9:33AM

Yama 3:43PM - 5:16PM

491931362 Rahu 11:06AM - 12:38PM

Dhanishtha Until 10:55AM

Ayushman Until 6:38AM

Vanija Until 9:35AM

Tritiya Until 8:49PM

Ganesha: Yellow Sunrise: 6:28AM

Muruga: Clear Sunset: 6:48PM

Nataraja: Clear

Moon - Purple  
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 97

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Kumbha Rasi: 17.37 Tihti 19

Gulika 6:28AM - 8:01AM

Yama 2:11PM - 3:43PM

491931362 Rahu 9:33AM - 11:06AM

Shatabhishak Until 9:57AM

Sobhana Until 1:56AM Sun

Bava Until 8:01AM

Chaturthi\* Until 7:08PM

Ganesha: Yellow Sunrise: 6:28AM

Muruga: Clear Sunset: 6:48PM

Nataraja: Clear

Moon - Purple  
Ashada•Adi

Sivaloka Day

Creative Work Amrita Yoga

Until 9:57AM

Then Routine Work - Marana Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Athiganda\* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 98

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Meena Rasi: 1.32 Tihti 20 - 21

Gulika 3:43PM - 5:16PM

Yama 12:38PM - 2:11PM

411931362 Rahu 5:16PM - 6:48PM

Purvaproshtapada\* Until 9:04AM

Athiganda\* Until 11:19PM

Kaulava Until 6:14AM

Panchami Until 5:15PM

Ganesha: Red Sunrise: 6:28AM

Muruga: Clear Sunset: 6:48PM

Nataraja: Clear

Moon - Clear  
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Until 9:04AM

Then Creative Work - Amrita Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 99

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Meena Rasi: 15.33 Tihti 21 - 22

Gulika 2:11PM - 3:43PM

Yama 11:06AM - 12:38PM

411931362 Rahu 8:01AM - 9:33AM

Uttaraproshtapada Until 7:52AM

Sukarma Until 8:36PM

Visti Until 2:11AM Tue

Shashthi\* Until 3:14PM

Ganesha: Red Sunrise: 6:28AM

Muruga: Clear Sunset: 6:48PM

Nataraja: Clear

Moon - Clear  
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, July 26, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 100

Durmukha 5118

Moon 7 - Phase 14

Ashtami

Meena Rasi: 29.4 Tihti 22 - 23

Gulika 12:38PM - 2:11PM

Yama 9:33AM - 11:06AM

411931362 Rahu 3:43PM - 5:16PM

Revati Until 6:25AM

Dhriti Until 5:48PM

Balava Until 12:00AM Wed

Saptami Until 1:06PM

Ganesha: Red Sunrise: 6:29AM

Muruga: Clear Sunset: 6:48PM

Nataraja: Clear

Moon - Clear  
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 101

Durmukha 5118

Moon 7 - Phase 14

Navami

Mesha Rasi: 13.5 Tihti 23 - 24

Gulika 11:06AM - 12:38PM

Yama 8:01AM - 9:33AM

421931362 Rahu 12:38PM - 2:11PM

Bharani Until 3:40AM Thu

Shula\* Until 2:55PM

Taitila Until 9:46PM

Ashtami\* Until 10:52AM

Ganesha: Green Sunrise: 6:29AM

Muruga: Clear Sunset: 6:48PM

Nataraja: Clear

Moon - White  
Ashada•Adi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:40AM Thu

Then Routine Work - Marana Yoga


<b>1</b>		<b>Thursday, July 28, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria	
Mesha Rasi: 28.02		Tithi 24 – 25		Krittika Nakshatra Ganda* Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 102	
Routine Work		Marana Yoga		<b>Gulika</b> 9:33AM – 11:06AM	<b>Krittika</b> Until 2:03AM Fri	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:29AM	Durmukha 5118	
				Yama 6:29AM – 8:01AM	Ganda* Until 12:02PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 15	
		421931362		<b>Rahu</b> 2:11PM – 3:43PM	Vanija Until 7:29PM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Navami*</b> Until 8:36AM	Moon – White		<b>Subha Sivaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>2</b>		<b>Friday, July 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria	
Vrishabha Rasi: 12.14		Tithi 25 – 26		Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 103	
Routine Work		Marana Yoga		<b>Gulika</b> 8:01AM – 9:33AM	<b>Rohini</b> Until 12:45AM Sat	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:29AM	Durmukha 5118	
Until 12:45AM Sat				Yama 3:43PM – 5:15PM	Vriddhi Until 9:09AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 15	
Then Creative Work - Siddha Yoga		422931362		<b>Rahu</b> 11:06AM – 12:38PM	Balava Until 4:08AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Dashami</b> Until 6:20AM	Moon – Yellow		<b>Devaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>3</b>		<b>Saturday, July 30, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria	
Vrishabha Rasi: 26.25		Tithi 27		Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 104	
Creative Work		Siddha Yoga		<b>Gulika</b> 6:29AM – 8:01AM	<b>Mrigashira</b> Until 11:27PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:29AM	Durmukha 5118	
				Yama 2:10PM – 3:43PM	Dhruva Until 6:18AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 15	
		422931362		<b>Rahu</b> 9:33AM – 11:06AM	Kaulava Until 3:05PM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Dvadashi*</b> Until 2:04AM Sun	Moon – Yellow		<b>Devaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>4</b>		<b>Sunday, July 31, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria	
Mithuna Rasi: 10.29		Tithi 28		Ardra Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 105	
Creative Work		Siddha Yoga		<b>Gulika</b> 3:43PM – 5:15PM	<b>Ardra</b> Until 10:13PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:29AM	Durmukha 5118	
				Yama 12:38PM – 2:10PM	Harshana Until 1:04AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15	
		423131362		<b>Rahu</b> 5:15PM – 6:47PM	Gara Until 1:08PM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Trayodashi*</b> Until 12:14AM Mon	Moon – Yellow		<b>Devaloka Day</b>	
					<i>Pradosha Vrata (Fasting)</i>	<b>Ashada*Adi</b>			

<b>5</b>		<b>Monday, August 1, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria	
Mithuna Rasi: 24.23		Tithi 29		Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 106	
Family Home Evening		Amrita Yoga		<b>Gulika</b> 2:10PM – 3:43PM	<b>Punarvasu</b> Until 9:37PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:29AM	Durmukha 5118	
Creative Work		Amrita Yoga		Yama 11:06AM – 12:38PM	Vajra* Until 10:50PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15	
Until 9:37PM				<b>Rahu</b> 8:01AM – 9:33AM	Visti Until 11:27AM	<b>Nataraja:</b> Clear		2nd Phase	
Then Creative Work - Siddha Yoga		442131362			<b>Chaturdashi*</b> Until 10:45PM	Moon – Blue		<b>Devaloka Day</b>	
						<b>Ashada*Adi</b>			

		<b>Tuesday, August 2, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria	
<b>Retreat Star</b>		Kataka Rasi: 8.04		Tithi 30		Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13	
Creative Work		Siddha Yoga		<b>Gulika</b> 12:38PM – 2:10PM	<b>Pushya</b> Until 9:18PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:29AM	Durmukha 5118	
				Yama 9:33AM – 11:06AM	Siddhi Until 8:58PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15	
		442131362		<b>Rahu</b> 3:42PM – 5:15PM	Catuspada Until 10:11AM	<b>Nataraja:</b> Clear		Amavasya	
					<b>Amavasya*</b> Until 9:43PM	Moon – Blue		<b>Devaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>Wednesday, August 3, 2016</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria	
Kataka Rasi: 21.28		Tithi 1		Ashlesha* Nakshatra Vyatipata* Yoga Kinlughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 108	
Creative Work		Siddha Yoga		<b>Gulika</b> 11:06AM – 12:38PM	<b>Ashlesha*</b> Until 9:24PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 6:29AM	Durmukha 5118	
				Yama 8:01AM – 9:33AM	Vyatipata* Until 7:33PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15	
		442131362		<b>Rahu</b> 12:38PM – 2:10PM	Kintughna Until 9:25AM	<b>Nataraja:</b> Clear		Prathama	
					<b>Prathama*</b> Until 9:14PM	Moon – Blue		<b>Devaloka Day</b>	
						<b>Sravana*Adi</b>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Thursday, August 4, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 109 Durmukha 5118	
Simha Rasi: 4.34	Tithi 2	<b>Gulika</b>	<b>9:33AM – 11:06AM</b>	<b>Magha* Until 10:25PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:29AM			
		Yama	6:29AM – 8:01AM	Variyan Until 6:37PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 16		
		452131362 <b>Rahu</b>	<b>2:10PM – 3:42PM</b>	Balava Until 9:15AM	<b>Nataraja:</b> Clear		3rd Phase		
Creative Work	Amrita Yoga					Moon – Red	<b>Devaloka Day</b>		
Until 10:25PM						<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Friday, August 5, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 110 Durmukha 5118	
Simha Rasi: 17.19	Tithi 3	<b>Gulika</b>	<b>8:01AM – 9:33AM</b>	<b>Purvaphalguni Until 11:55PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:29AM			
		Yama	3:42PM – 5:14PM	Parigha* Until 6:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16		
		452131362 <b>Rahu</b>	<b>11:05AM – 12:38PM</b>	Taitila Until 9:45AM	<b>Nataraja:</b> Clear		3rd Phase		
Creative Work	Siddha Yoga					Moon – Red	<b>Devaloka Day</b>		
						<b>Sravana-Adi</b>			

<b>3</b>		<b>Saturday, August 6, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 111 Durmukha 5118	
Simha Rasi: 29.47	Tithi 4	<b>Gulika</b>	<b>6:29AM – 8:01AM</b>	<b>Uttaraphalguni Until 1:51AM Sun</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:29AM			
		Yama	2:10PM – 3:42PM	Shiva Until 6:19PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16		
		452141362 <b>Rahu</b>	<b>9:33AM – 11:05AM</b>	Vanija Until 10:53AM	<b>Nataraja:</b> Clear		3rd Phase		
Routine Work	Marana Yoga					Moon – Red	<b>Bhuloka Day</b>		
Until 1:51AM Sun						<b>Sravana-Adi</b>	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Sunday, August 7, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 112 Durmukha 5118	
Kanya Rasi: 12	Tithi 5	<b>Gulika</b>	<b>3:42PM – 5:14PM</b>	<b>Hasta Until 4:35AM Mon</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM			
		Yama	12:37PM – 2:10PM	Siddha Until 6:47PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16		
		462141362 <b>Rahu</b>	<b>5:14PM – 6:46PM</b>	Bava Until 12:35PM	<b>Nataraja:</b> Clear		3rd Phase		
Creative Work	Amrita Yoga					Moon – Green	<b>Devaloka Day</b>		
Until 4:35AM Mon		<b>Nag Panchami</b>		<b>Panchami Until 1:34AM Mon</b>	<b>Sravana-Adi</b>				
Then Routine Work - Prabalarishta Yoga									

<b>5</b>		<b>Monday, August 8, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 113 Durmukha 5118	
Kanya Rasi: 24.02	Tithi 6	<b>Gulika</b>	<b>2:09PM – 3:42PM</b>	<b>Kaulava Until 7:26AM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM			
<b>Family Home Evening</b>		Yama	11:05AM – 12:37PM	Sadhya Until 7:34PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16		
		462141362 <b>Rahu</b>	<b>8:01AM – 9:33AM</b>	Kaulava Until 2:42PM	<b>Nataraja:</b> Clear		3rd Phase		
Routine Work	Prabalarishta Yoga					Moon – Green	<b>Devaloka Day</b>		
Until 7:26AM Tue						<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga									

<b>6</b>		<b>Tuesday, August 9, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 114 Durmukha 5118	
Tula Rasi: 5.56	Tithi 7	<b>Gulika</b>	<b>12:37PM – 2:09PM</b>	<b>Chitra Until 7:26AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM			
		Yama	9:33AM – 11:05AM	Subha Until 8:30PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16		
		462141362 <b>Rahu</b>	<b>3:41PM – 5:13PM</b>	Gara Until 5:03PM	<b>Nataraja:</b> Clear		3rd Phase		
Creative Work	Siddha Yoga					Moon – Green	<b>Devaloka Day</b>		
						<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 115 Durmukha 5118	
Tula Rasi: 17.49	Tithi 7 – 8	<b>Gulika</b>	<b>11:05AM – 12:37PM</b>	<b>Svati Until 10:13AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM			
		Yama	8:01AM – 9:33AM	Sukla Until 9:23PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 16		
		462141362 <b>Rahu</b>	<b>12:37PM – 2:09PM</b>	Visti Until 7:25PM	<b>Nataraja:</b> Clear		Ashtami		
Creative Work	Siddha Yoga					Moon – Green	<b>Devaloka Day</b>		
						<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 11, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 116 Durmukha 5118	
Tula Rasi: 29.44	Tithi 8 – 9	<b>Gulika</b>	<b>9:33AM – 11:05AM</b>	<b>Vishakha Until 1:13PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:29AM			
		Yama	6:29AM – 8:01AM	Brahma Until 10:08PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 16		
		473141362 <b>Rahu</b>	<b>2:09PM – 3:41PM</b>	Balava Until 9:35PM	<b>Nataraja:</b> Clear		Navami		
Creative Work	Siddha Yoga					Moon – Orange	<b>Devaloka Day</b>		
						<b>Sravana-Adi</b>			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1</b>	<b>Friday, August 12, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam	Port Harcourt, Nigeria
		Anuradha/Jyeshtha* Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Sun 23 Sutra 117
Vrischika Rasi: 11.44	Tithi 9 – 10	<b>Gulika</b> 8:01AM – 9:33AM	<b>Anuradha</b> Until 3:44PM
		Yama 3:41PM – 5:13PM	Indra Until 10:37PM
	473141362	<b>Rahu</b> 11:05AM – 12:37PM	Taitila Until 11:22PM
Creative Work	Siddha Yoga		<b>Ganesh</b> : Clear <i>Sunrise: 6:29AM</i>
Until 3:44PM		<b>Varalakshmi Vratam</b>	<b>Muruga</b> : Purple <i>Sunset: 6:45PM</i>
Then Routine Work - Marana Yoga			<b>Nataraja</b> : Clear
			Moon – Orange
			<b>Devaloka Day</b>
			<b>Sravana-Adi</b>

<b>2</b>	<b>Saturday, August 13, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam	Port Harcourt, Nigeria
		Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Sun 24 Sutra 118
Vrischika Rasi: 23.56	Tithi 10 – 11	<b>Gulika</b> 6:29AM – 8:01AM	<b>Jyeshtha*</b> Until 5:37PM
		Yama 2:08PM – 3:40PM	Vaidhriti* Until 10:39PM
	473141362	<b>Rahu</b> 9:32AM – 11:04AM	Vanija Until 12:38AM Sun
Creative Work	Siddha Yoga		<b>Ganesh</b> : Clear <i>Sunrise: 6:29AM</i>
Until 3:44PM			<b>Muruga</b> : Purple <i>Sunset: 6:44PM</i>
Then Routine Work - Marana Yoga			<b>Nataraja</b> : Clear
			Moon – Orange
			<b>Devaloka Day</b>
			<b>Sravana-Adi</b>

<b>3</b>	<b>Sunday, August 14, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam	Port Harcourt, Nigeria
		Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Sun 25 Sutra 119
Dhanus Rasi: 6.21	Tithi 11 – 12	<b>Gulika</b> 3:40PM – 5:12PM	<b>Mula*</b> Until 7:14PM
		Yama 12:36PM – 2:08PM	Vishkambha* Until 10:13PM
	483141362	<b>Rahu</b> 5:12PM – 6:44PM	Bava Until 1:17AM Mon
Creative Work	Amrita Yoga		<b>Ganesh</b> : White <i>Sunrise: 6:28AM</i>
Until 7:14PM			<b>Muruga</b> : Purple <i>Sunset: 6:44PM</i>
Then Creative Work - Siddha Yoga			<b>Nataraja</b> : Clear
			Moon – Light Blue
			<b>Sivaloka Day</b>
			<b>Sravana-Adi</b>

<b>4</b>	<b>Monday, August 15, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam	Port Harcourt, Nigeria
		Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Sun 26 Sutra 120
Dhanus Rasi: 19.04	Tithi 12 – 13	<b>Gulika</b> 2:08PM – 3:40PM	<b>Purvashadha*</b> Until 8:04PM
<b>Family Home Evening</b>		Yama 11:04AM – 12:36PM	Priti Until 9:18PM
	483141362	<b>Rahu</b> 8:00AM – 9:32AM	Kaulava Until 1:16AM Tue
Routine Work	Marana Yoga		<b>Ganesh</b> : White <i>Sunrise: 6:28AM</i>
Until 7:14PM			<b>Muruga</b> : Purple <i>Sunset: 6:44PM</i>
Then Routine Work - Marana Yoga			<b>Nataraja</b> : Clear
			Moon – Light Blue
			<b>Sivaloka Day</b>
			<b>Sravana-Adi</b>
			<i>Pradosha Vrata</i>

<b>5</b>	<b>Tuesday, August 16, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam	Port Harcourt, Nigeria
		Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Sun 27 Sutra 121
Makara Rasi: 2.05	Tithi 13 – 14	<b>Gulika</b> 12:36PM – 2:08PM	<b>Uttarashadha</b> Until 8:06PM
		Yama 9:32AM – 11:04AM	Ayushman Until 7:49PM
	483141362	<b>Rahu</b> 3:40PM – 5:12PM	Gara Until 12:37AM Wed
Routine Work	Prabalarishta Yoga		<b>Ganesh</b> : White <i>Sunrise: 6:28AM</i>
Until 8:06PM			<b>Muruga</b> : Purple <i>Sunset: 6:44PM</i>
Then Creative Work - Siddha Yoga			<b>Nataraja</b> : Clear
			Moon – Light Blue
			<b>Sivaloka Day</b>
			<b>Sravana-Avani</b>

<b>○</b>	<b>Wednesday, August 17, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam	Port Harcourt, Nigeria
	<b>Copper Retreat Star</b>	Shravana Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Sun 27 Sutra 122
Makara Rasi: 15.28	Tithi 14 – 15	<b>Gulika</b> 11:04AM – 12:36PM	<b>Shravana</b> Until 7:50PM
		Yama 8:00AM – 9:32AM	Saubhagya Until 5:52PM
	593141362	<b>Rahu</b> 12:36PM – 2:08PM	Visti Until 11:22PM
Creative Work	Siddha Yoga		<b>Ganesh</b> : White <i>Sunrise: 6:28AM</i>
Until 7:50PM		<b>Raksha Bandhan</b>	<b>Muruga</b> : Purple <i>Sunset: 6:43PM</i>
Then Routine Work - Prabalarishta Yoga			<b>Nataraja</b> : Clear
			Moon – Purple
			<b>Sivaloka Day</b>
			<b>Sravana-Avani</b>

<b>○</b>	<b>Thursday, August 18, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam	Port Harcourt, Nigeria
	<b>Silver Retreat Star</b>	Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Sun 28 Sutra 123
Makara Rasi: 29.1	Tithi 15 – 16	<b>Gulika</b> 9:32AM – 11:04AM	<b>Dhanishtha</b> Until 6:54PM
		Yama 6:28AM – 8:00AM	Sobhana Until 3:30PM
	593141362	<b>Rahu</b> 2:07PM – 3:39PM	Balava Until 9:37PM
Creative Work	Siddha Yoga		<b>Ganesh</b> : White <i>Sunrise: 6:28AM</i>
Until 7:50PM			<b>Muruga</b> : Purple <i>Sunset: 6:43PM</i>
Then Routine Work - Prabalarishta Yoga			<b>Nataraja</b> : Clear
			Moon – Purple
			<b>Sivaloka Day</b>
			<b>Sravana-Avani</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda





Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 124

Kumbha Rasi: 13.09 Tihi 16 – 17

Gulika 8:00AM – 9:32AM

Shatabhishak Until 5:26PM

Ganesha: White Sunrise: 6:28AM

Durmukha 5118

Yama 3:39PM – 5:11PM

Athiganda\* Until 12:46PM

Muruga: Purple Sunset: 6:42PM

Moon 8 - Phase 18

593141362 Rahu 11:03AM – 12:35PM

Taitila Until 7:29PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Prathama\* Until 8:34AM

Moon – Purple  
Sravana-Avani

Sivaloka Day

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 125

Kumbha Rasi: 27.22 Tihi 17 – 18

Gulika 6:28AM – 8:00AM

Purvaproshtapada\* Until 3:59PM

Ganesha: White Sunrise: 6:28AM

Durmukha 5118

Yama 2:07PM – 3:39PM

Sukarma Until 9:48AM

Muruga: Purple Sunset: 6:42PM

Moon 8 - Phase 18

513141362 Rahu 9:31AM – 11:03AM

Visti Until 3:48AM Sun

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Dvitiya Until 6:17AM

Moon – Clear  
Sravana-Avani

Sivaloka Day

Until 3:59PM

Then Creative Work - Siddha Yoga

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthiyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 126

Meena Rasi: 11.43 Tihi 19

Gulika 3:38PM – 5:10PM

Uttaraproshtapada Until 2:13PM

Ganesha: White Sunrise: 6:28AM

Durmukha 5118

Yama 12:35PM – 2:06PM

Dhriti Until 6:42AM

Muruga: Purple Sunset: 6:42PM

Moon 8 - Phase 18

513141362 Rahu 5:10PM – 6:42PM

Bava Until 2:32PM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Chaturthi\* Until 1:13AM Mon

Moon – Clear  
Sravana-Avani

Sivaloka Day

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 127

Meena Rasi: 26.08 Tihi 20

Gulika 2:06PM – 3:38PM

Revati Until 12:16PM

Ganesha: White Sunrise: 6:28AM

Durmukha 5118

Family Home Evening

Yama 11:03AM – 12:34PM

Ganda\* Until 12:18AM Tue

Muruga: Purple Sunset: 6:41PM

Moon 8 - Phase 18

513141362 Rahu 7:59AM – 9:31AM

Kaulava Until 11:56AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 10:37PM

Moon – Clear  
Sravana-Avani

Sivaloka Day

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 128

Mesha Rasi: 10.32 Tihi 21

Gulika 12:34PM – 2:06PM

Ashvini Until 10:39AM

Ganesha: Clear Sunrise: 6:27AM

Durmukha 5118

Yama 9:31AM – 11:02AM

Vriddhi Until 9:12PM

Muruga: Purple Sunset: 6:41PM

Moon 8 - Phase 18

523141362 Rahu 3:38PM – 5:09PM

Gara Until 9:23AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 8:07PM

Moon – White  
Sravana-Avani

Devaloka Day

5

Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 129

Mesha Rasi: 24.52 Tihi 22 – 23

Gulika 11:02AM – 12:34PM

Bharani Until 9:01AM

Ganesha: Clear Sunrise: 6:27AM

Durmukha 5118

Yama 7:59AM – 9:31AM

Dhruva Until 6:13PM

Muruga: Purple Sunset: 6:41PM

Moon 8 - Phase 18

523141362 Rahu 12:34PM – 2:06PM

Visti Until 6:57AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Saptami Until 5:47PM

Moon – White  
Sravana-Avani

Devaloka Day

Until 9:01AM

Then Creative Work - Amrita Yoga

D

Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 130

Vrishabha Rasi: 9.04 Tihi 23 – 24

Gulika 9:30AM – 11:02AM

Krittika Until 7:26AM

Ganesha: Clear Sunrise: 6:27AM

Durmukha 5118

Yama 6:27AM – 7:59AM

Vyaghata\* Until 3:25PM

Muruga: Purple Sunset: 6:40PM

Moon 8 - Phase 18

524241362 Rahu 2:05PM – 3:37PM

Taitila Until 2:42AM Fri

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Krishna Janmashtami

Ashtami\* Until 3:39PM

Moon – White  
Sravana-Avani

Devaloka Day

Friday, August 26, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 131

Vrishabha Rasi: 23.07 Tihi 24 – 25

Gulika 7:58AM – 9:30AM

Rohini Until 6:22AM

Ganesha: Purple Sunrise: 6:27AM

Durmukha 5118

Yama 3:37PM – 5:08PM

Harshana Until 12:49PM

Muruga: Purple Sunset: 6:40PM

Moon 8 - Phase 18

534241362 Rahu 11:02AM – 12:33PM

Vanija Until 12:57AM Sat

Nataraja: Clear

Navami

Routine Work Marana Yoga

Navami\* Until 1:46PM

Moon – Yellow  
Sravana-Avani

Sivaloka Day

Until 6:22AM


Then Creative Work - Siddha Yoga

<b>1</b>		<b>Saturday, August 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 132 Durmukha 5118	
Mithuna Rasi: 6.59	Tithi 25 – 26	<b>Gulika</b> 6:27AM – 7:58AM	<b>Ardra</b> Until 4:40AM Sun	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:27AM		
		Yama 2:05PM – 3:36PM	Vajra* Until 10:27AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 9:30AM – 11:01AM	Bava Until 11:32PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dashami</b> Until 12:11PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>		<b>Sunday, August 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 133 Durmukha 5118	
Mithuna Rasi: 20.4	Tithi 26 – 27	<b>Gulika</b> 3:36PM – 5:07PM	<b>Punarvasu</b> Until 4:33AM Mon	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:27AM		
		Yama 12:33PM – 2:04PM	Siddhi Until 8:20AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 5:07PM – 6:39PM	Kaulava Until 10:27PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Ekadashi*</b> Until 10:55AM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Monday, August 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 134 Durmukha 5118	
Kataka Rasi: 4.08	Tithi 27 – 28	<b>Gulika</b> 2:04PM – 3:36PM	<b>Pushya</b> Until 4:41AM Tue	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:26AM		
<b>Family Home Evening</b>		Yama 11:01AM – 12:32PM	Vyatipata* Until 6:32AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 7:58AM – 9:29AM	Gara Until 9:45PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dvadashi*</b> Until 10:02AM	Moon – Blue		<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Tuesday, August 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 135 Durmukha 5118	
Kataka Rasi: 17.23	Tithi 28 – 29	<b>Gulika</b> 12:32PM – 2:04PM	<b>Ashlesha*</b> Until 5:06AM Wed	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:26AM		
		Yama 9:29AM – 11:01AM	Parigha* Until 3:54AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 3:35PM – 5:07PM	Visti Until 9:30PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Trayodashi*</b> Until 9:33AM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

		<b>Wednesday, August 31, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 12 Sutra 136 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b> 11:00AM – 12:32PM	<b>Magha*</b> Until 6:19AM Thu	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:26AM		
Simha Rasi: 0.23	Tithi 29 – 30	Yama 7:57AM – 9:29AM	Shiva Until 3:11AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 12:32PM – 2:03PM	Catuspada Until 9:44PM	<b>Nataraja:</b> Purple		Amavasya	
			<b>Chaturdashi*</b> Until 9:32AM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

<b>Thursday, September 1, 2016</b>		<b>Retreat Star</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 137 Durmukha 5118	
Simha Rasi: 13.09	Tithi 30 – 1	<b>Gulika</b> 9:29AM – 11:00AM	<b>Magha*</b> Until 6:19AM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:26AM		
		Yama 6:26AM – 7:57AM	Siddha Until 2:49AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19	
Creative Work	Amrita Yoga	544241363 <b>Rahu</b> 2:03PM – 3:34PM	Kintughna Until 10:29PM	<b>Nataraja:</b> Purple		Prathama	
Until 6:19AM		<b>Annular Solar Eclipse</b>	<b>Amavasya*</b> Until 10:02AM	Moon – Red		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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<b>1 Friday, September 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Port Harcourt, Nigeria Sun 14 Sutra 138 Durmukha 5118	
Simha Rasi: 25.41	Tithi 1 – 2	<b>Gulika</b> 7:57AM – 9:28AM Yama 3:34PM – 5:05PM <b>Rahu</b> 11:00AM – 12:31PM	<b>Purvaphalguni Until 7:54AM</b> Sadhya Until 2:53AM Sat Balava Until 11:45PM <b>Prathama* Until 11:02AM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Red	<i>Sunrise:</i> 6:26AM <i>Sunset:</i> 6:37PM	Moon 8 - Phase 20 3rd Phase
Creative Work	Siddha Yoga			<b>Bhuloka Day</b> Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
<b>2 Saturday, September 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau			Port Harcourt, Nigeria Sun 15 Sutra 139 Durmukha 5118	
Kanya Rasi: 7.59	Tithi 2 – 3	<b>Gulika</b> 6:25AM – 7:57AM Yama 2:02PM – 3:34PM <b>Rahu</b> 9:28AM – 10:59AM	<b>Uttaraphalguni Until 9:47AM</b> Subha Until 3:18AM Sun Taitila Until 1:29AM Sun <b>Dvitiya Until 12:33PM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Red	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 6:36PM	Moon 8 - Phase 20 3rd Phase
Routine Work	Marana Yoga			<b>Bhuloka Day</b> Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
<b>3 Sunday, September 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Port Harcourt, Nigeria Sun 16 Sutra 140 Durmukha 5118	
Kanya Rasi: 20.07	Tithi 3 – 4	<b>Gulika</b> 3:33PM – 5:05PM Yama 12:31PM – 2:02PM <b>Rahu</b> 5:05PM – 6:36PM	<b>Hasta Until 12:25PM</b> Sukla Until 3:59AM Mon Vanija Until 3:36AM Mon <b>Tritiya Until 2:29PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Green	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 6:36PM	Moon 8 - Phase 20 3rd Phase
Creative Work	Amrita Yoga			<b>Bhuloka Day</b> Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
Until 12:25PM						
Then Creative Work - Siddha Yoga						
<b>4 Monday, September 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Port Harcourt, Nigeria Sun 17 Sutra 141 Durmukha 5118	
Tula Rasi: 2.05	Tithi 4 – 5	<b>Gulika</b> 2:02PM – 3:33PM Yama 10:59AM – 12:30PM <b>Rahu</b> 7:56AM – 9:28AM	<b>Chitra Until 3:12PM</b> Brahma Until 4:51AM Tue Bava Until 5:58AM Tue <b>Chaturthi* Until 4:44PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Green	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 6:36PM	Moon 8 - Phase 20 3rd Phase
<b>Family Home Evening</b>				<b>Bhuloka Day</b> Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
Routine Work	Prabalarishta Yoga					
Until 3:12PM						
Then Creative Work - Amrita Yoga						
<b>5 Tuesday, September 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava Karana Panchamyam Titau			Port Harcourt, Nigeria Sun 18 Sutra 142 Durmukha 5118	
Tula Rasi: 13.59	Tithi 5	<b>Gulika</b> 12:30PM – 2:01PM Yama 9:27AM – 10:59AM <b>Rahu</b> 3:32PM – 5:04PM	<b>Svati Until 5:59PM</b> Indra Until 5:48AM Wed Balava Until 7:10PM <b>Panchami Until 7:10PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Green	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 6:35PM	Moon 8 - Phase 20 3rd Phase
Creative Work	Siddha Yoga			<b>Bhuloka Day</b> Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM	
Until 5:59PM						
Then Routine Work - Marana Yoga						
<b>6 Wednesday, September 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau			Port Harcourt, Nigeria Sun 19 Sutra 143 Durmukha 5118	
Tula Rasi: 25.5	Tithi 6	<b>Gulika</b> 10:58AM – 12:30PM Yama 7:56AM – 9:27AM <b>Rahu</b> 12:30PM – 2:01PM	<b>Vishakha Until 9:07PM</b> Vaidhriti* Until 6:40AM Thu Kaulava Until 8:24AM <b>Shashthi* Until 9:35PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	<i>Sunrise:</i> 6:24AM <i>Sunset:</i> 6:35PM	Moon 8 - Phase 20 3rd Phase
Creative Work	Siddha Yoga			<b>Bhuloka Day</b> Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
<b>Thursday, September 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau			Port Harcourt, Nigeria Sun 20 Sutra 144 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b> 9:27AM – 10:58AM Yama 6:24AM – 7:55AM <b>Rahu</b> 2:00PM – 3:32PM	<b>Anuradha Until 11:53PM</b> Vaidhriti* Until 6:40AM Gara Until 10:45AM <b>Saptami Until 11:48PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	<i>Sunrise:</i> 6:24AM <i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 3rd Phase
Vrischika Rasi: 7.44	Tithi 7			<b>Bhuloka Day</b> Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Creative Work	Siddha Yoga					
Until 11:53PM						
Then Routine Work - Prabalarishta Yoga						
<b>Friday, September 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau			Port Harcourt, Nigeria Sun 21 Sutra 145 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b> 7:55AM – 9:26AM Yama 3:31PM – 5:02PM <b>Rahu</b> 10:58AM – 12:29PM	<b>Jyeshtha* Until 2:08AM Sat</b> Vishkambha* Until 7:20AM Visti Until 12:48PM <b>Ashtami* Until 1:39AM Sat</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	<i>Sunrise:</i> 6:24AM <i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 Ashtami
Vrischika Rasi: 19.43	Tithi 8			<b>Bhuloka Day</b> Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Routine Work	Marana Yoga					
Until 2:08AM Sat						
Then Creative Work - Siddha Yoga						
<b>Saturday, September 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau			Port Harcourt, Nigeria Sun 22 Sutra 146 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b> 6:24AM – 7:55AM Yama 2:00PM – 3:31PM <b>Rahu</b> 9:26AM – 10:57AM	<b>Mula* Until 4:11AM Sun</b> Priti Until 7:42AM Balava Until 2:24PM <b>Navami* Until 2:57AM Sun</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue	<i>Sunrise:</i> 6:24AM <i>Sunset:</i> 6:33PM	Moon 8 - Phase 20 Navami
Dhanus Rasi: 1.53	Tithi 9			<b>Bhuloka Day</b> Bhadrapada-Avani		
Creative Work	Siddha Yoga					

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
Dhanus Rasi: 14.16		Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 147
Tithi 10		<b>Gulika</b> 3:30PM – 5:02PM	<b>Purvashadha* Until 5:24AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	Durmukha 5118
585241363		Yama 12:28PM – 1:59PM	Ayushman Until 7:36AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 5:02PM – 6:33PM	Tailila Until 3:23PM	<b>Nataraja:</b> Purple		4th Phase
Until 5:24AM Mon		<b>Grandparent's Day</b>		Moon – Light Blue	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Bhadrapada-Avani</b>		

<b>2 Monday, September 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
Dhanus Rasi: 26.58		Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 148
Tithi 11		<b>Gulika</b> 1:59PM – 3:30PM	<b>Uttarashadha Until 5:45AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM	Durmukha 5118
585241363		Yama 10:57AM – 12:28PM	Saubhagya Until 6:58AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 7:54AM – 9:26AM	Vanija Until 3:39PM	<b>Nataraja:</b> Purple		4th Phase
Until 5:45AM Tue				Moon – Light Blue	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>		

<b>3 Tuesday, September 13, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
Makara Rasi: 10.02		Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 149
Tithi 12		<b>Gulika</b> 12:27PM – 1:59PM	<b>Shravana Until 5:39AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	Durmukha 5118
595241363		Yama 9:25AM – 10:56AM	Athiganda* Until 3:55AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 3:30PM – 5:01PM	Bava Until 3:09PM	<b>Nataraja:</b> Purple		4th Phase
Until 5:39AM Wed		<b>Dvadashi Until 2:36AM Wed</b>		Moon – Purple	<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, September 14, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
Makara Rasi: 23.31		Dhanishtha Nakshatra Sukarma Yoga Kaulava/Tailila Karana Trayodashyam Titau				Sun 26 Sutra 150
Tithi 13		<b>Gulika</b> 10:56AM – 12:27PM	<b>Dhanishtha Until 4:42AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	Durmukha 5118
595241363		Yama 7:54AM – 9:25AM	Sukarma Until 1:31AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 12:27PM – 1:58PM	Kaulava Until 1:55PM	<b>Nataraja:</b> Purple		4th Phase
Until 4:42AM Thu		<b>Avani Avittam</b>		Moon – Purple	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM

<b>5 Thursday, September 15, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
Kumbha Rasi: 7.25		Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 151
Tithi 14		<b>Gulika</b> 9:25AM – 10:56AM	<b>Shatabhishak Until 3:02AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	Durmukha 5118
595241363		Yama 6:23AM – 7:54AM	Dhriti Until 10:38PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 1:58PM – 3:29PM	Gara Until 12:00PM	<b>Nataraja:</b> Purple		4th Phase
Until 5:39AM Wed		<b>Chidambaram Abhishekam</b>		Moon – Purple	<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM

<b>Friday, September 16, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
<b>0 Copper Retreat Star</b>		Purvaproshtapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 152
Kumbha Rasi: 21.41		<b>Gulika</b> 7:53AM – 9:24AM	<b>Purvaproshtapada* Until 1:11AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM	Durmukha 5118
Tithi 15		Yama 3:28PM – 4:59PM	Shula* Until 7:20PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 21
516241363		<b>Rahu</b> 10:55AM – 12:26PM	Visti Until 9:33AM	<b>Nataraja:</b> Purple		Purnima
Creative Work Siddha Yoga		<b>Penumbra Lunar Eclipse</b>		Moon – Clear	<b>Devaloka Day</b>	
Until 5:39AM Wed				<b>Bhadrapada-Puratasi</b>		

<b>Saturday, September 17, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
<b>0 Silver Retreat Star</b>		Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Balava/Tailila Karana Prathama/Dvilayam Titau				Sutra 153
Meena Rasi: 6.16		<b>Gulika</b> 6:22AM – 7:53AM	<b>Uttaraproshtapada Until 10:53PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM	Durmukha 5118
Tithi 16 – 17		Yama 1:57PM – 3:28PM	Ganda* Until 3:45PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 21
516241363		<b>Rahu</b> 9:24AM – 10:55AM	Balava Until 6:41AM	<b>Nataraja:</b> Purple		Prathama
Creative Work Siddha Yoga		<b>Prathama* Until 5:07PM</b>		Moon – Clear	<b>Devaloka Day</b>	
Until 10:53PM				<b>Bhadrapada-Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 154

Durmukha 5118

Meena Rasi: 21.04 Tihi 17 - 18

516241363

**Gulika** 3:28PM - 4:58PM  
Yama 12:26PM - 1:57PM  
**Rahu** 4:58PM - 6:29PM

**Revati** Until 8:17PM  
Vriddhi Until 12:01PM  
Vanija Until 12:17AM Mon  
Dvitiya Until 1:54PM

**Ganesha:** Purple *Sunrise:* 6:22AM  
**Muruga:** Purple *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon - Clear  
**Bhadrapada-Puratasi**

Devaloka Day

Creative Work Amrita Yoga  
Until 8:17PM

Then Creative Work - Siddha Yoga

Monday, September 19, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 155

Durmukha 5118

Mesha Rasi: 5.55 Tihi 18 - 19

526341363

**Gulika** 1:56PM - 3:27PM  
Yama 10:54AM - 12:25PM  
**Rahu** 7:53AM - 9:23AM

**Ashvini** Until 5:58PM  
Dhruva Until 8:13AM  
Bava Until 9:04PM  
Tritiya Until 10:39AM

**Ganesha:** Purple *Sunrise:* 6:22AM  
**Muruga:** Purple *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

Bhuloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

Tuesday, September 20, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 156

Durmukha 5118

Mesha Rasi: 20.44 Tihi 19 - 20

526341363

**Gulika** 12:25PM - 1:56PM  
Yama 9:23AM - 10:54AM  
**Rahu** 3:27PM - 4:58PM

**Bharani** Until 3:40PM  
Harshana Until 12:56AM Wed  
Kaulava Until 6:00PM  
Chaturthi\* Until 7:29AM

**Ganesha:** Purple *Sunrise:* 6:21AM  
**Muruga:** Purple *Sunset:* 6:28PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

Bhuloka Day

Creative Work Siddha Yoga

Wednesday, September 21, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Gara/Vanija Karana Shashtiyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 157

Durmukha 5118

Vrishabha Rasi: 5.22 Tihi 21

526341363

**Gulika** 10:54AM - 12:25PM  
Yama 7:52AM - 9:23AM  
**Rahu** 12:25PM - 1:55PM

**Krittika** Until 1:30PM  
Vajra\* Until 9:38PM  
Gara Until 3:14PM  
Shashthi\* Until 1:58AM Thu

**Ganesha:** Purple *Sunrise:* 6:21AM  
**Muruga:** Purple *Sunset:* 6:28PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

Bhuloka Day

Creative Work Amrita Yoga

Until 1:30PM

Then Creative Work - Siddha Yoga

Thursday, September 22, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 158

Durmukha 5118

Vrishabha Rasi: 19.46 Tihi 22

536341363

**Gulika** 9:23AM - 10:53AM  
Yama 6:21AM - 7:52AM  
**Rahu** 1:55PM - 3:26PM

**Rohini** Until 12:00PM  
Siddhi Until 6:42PM  
Visti Until 12:51PM  
Saptami Until 11:49PM

**Ganesha:** Clear *Sunrise:* 6:21AM  
**Muruga:** Purple *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Friday, September 23, 2016

5

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 159

Durmukha 5118

Mithuna Rasi: 3.52 Tihi 23

536341363

**Gulika** 7:52AM - 9:22AM  
Yama 3:25PM - 4:56PM  
**Rahu** 10:53AM - 12:24PM

**Mrigashira** Until 10:50AM  
Vyatipata\* Until 4:10PM  
Balava Until 10:57AM  
Ashtami\* Until 10:11PM

**Ganesha:** Clear *Sunrise:* 6:21AM  
**Muruga:** Purple *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 160

Durmukha 5118

Mithuna Rasi: 17.37 Tihi 24

537341363

**Gulika** 6:21AM - 7:51AM  
Yama 1:54PM - 3:25PM  
**Rahu** 9:22AM - 10:53AM

**Ardra** Until 10:02AM  
Variyan Until 2:02PM  
Taitila Until 9:35AM  
Navami\* Until 9:05PM

**Ganesha:** White *Sunrise:* 6:21AM  
**Muruga:** Purple *Sunset:* 6:27PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

Devaloka Day

Creative Work Siddha Yoga

<b>1</b>		<b>Sunday, September 25, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria	
Kataka Rasi: 1.04		Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 161		Durumukha 5118	
Tihti 25		<b>Gulika</b>	3:25PM – 4:55PM	<b>Punarvasu Until 10:05AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM			
547341363		Yama	12:23PM – 1:54PM	Parigha* Until 12:22PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 23		
Creative Work Siddha Yoga		<b>Rahu</b>	4:55PM – 6:26PM	Vanija Until 8:46AM	<b>Nataraja:</b> Purple	2nd Phase			
				<b>Dashami Until 8:33PM</b>	Moon – Blue	<b>Bhuloka Day</b>			
					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM			

<b>2</b>		<b>Monday, September 26, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria		
Kataka Rasi: 14.13		Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 162		Durumukha 5118		
Tihti 26		<b>Gulika</b>	1:54PM – 3:24PM	<b>Pushya Until 10:31AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM				
Family Home Evening		Yama	10:52AM – 12:23PM	Shiva Until 11:08AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 23			
547341363		<b>Rahu</b>	7:51AM – 9:21AM	Bava Until 8:30AM	<b>Nataraja:</b> Purple	2nd Phase				
Creative Work Siddha Yoga						Moon – Blue	<b>Bhuloka Day</b>			
				<b>Ekadashi* Until 8:33PM</b>	<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM				

<b>3</b>		<b>Tuesday, September 27, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria	
Kataka Rasi: 27.05		Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 163		Durumukha 5118	
Tihti 27		<b>Gulika</b>	12:23PM – 1:53PM	<b>Ashlesha* Until 11:18AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM			
547341363		Yama	9:21AM – 10:52AM	Siddha Until 10:17AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 9 - Phase 23		
Creative Work Siddha Yoga		<b>Rahu</b>	3:24PM – 4:55PM	Kaulava Until 8:45AM	<b>Nataraja:</b> Purple	2nd Phase			
				<b>Dvadashi* Until 9:03PM</b>	Moon – Blue	<b>Devaloka Day</b>			
					<b>Bhadrapada-Puratasi</b>				

<b>4</b>		<b>Wednesday, September 28, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria		
Simha Rasi: 9.44		Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 164		Durumukha 5118		
Tihti 28		<b>Gulika</b>	10:52AM – 12:22PM	<b>Magha* Until 12:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM				
547341363		Yama	7:50AM – 9:21AM	Sadhya Until 9:50AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 9 - Phase 23			
Creative Work Siddha Yoga		<b>Rahu</b>	12:22PM – 1:53PM	Gara Until 9:31AM	<b>Nataraja:</b> Purple	2nd Phase				
Until 12:52PM						Moon – Red	<b>Bhuloka Day</b>			
Then Creative Work - Amrita Yoga						<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM			
				<b>Trayodashi* Until 10:02PM</b>	<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Thursday, September 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria	
Simha Rasi: 22.11		Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 165		Durumukha 5118	
Tihti 29		<b>Gulika</b>	9:21AM – 10:51AM	<b>Purvaphalguni Until 2:43PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:19AM			
547341363		Yama	6:19AM – 7:50AM	Subha Until 9:45AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 9 - Phase 23		
Creative Work Siddha Yoga		<b>Rahu</b>	1:52PM – 3:23PM	Visti Until 10:43AM	<b>Nataraja:</b> Purple	2nd Phase			
				<b>Chaturdashi* Until 11:27PM</b>	Moon – Red	<b>Bhuloka Day</b>			
					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM			

<b>●</b>		<b>Friday, September 30, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria		
<b>Retreat Star</b>		Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Sutra 166		Durumukha 5118		
Kanya Rasi: 4.27		<b>Gulika</b>	7:50AM – 9:20AM	<b>Uttaraphalguni Until 4:47PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM				
Tihti 30		Yama	3:23PM – 4:53PM	Sukla Until 9:56AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 9 - Phase 23			
547341363		<b>Rahu</b>	10:51AM – 12:22PM	Catuspada Until 12:19PM	<b>Nataraja:</b> Purple	Amavasya				
Creative Work Siddha Yoga		<b>Mahalaya Amavasai (Tamil Nadu)</b>				Moon – Red	<b>Bhuloka Day</b>			
Until 4:47PM		<b>Amavasya* Until 1:14AM Sat</b>				<b>Bhadrapada-Puratasi</b>				
Then Creative Work - Amrita Yoga										

<b>●</b>		<b>Saturday, October 1, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria		
<b>Retreat Star</b>		Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 167		Durumukha 5118		
Kanya Rasi: 16.34		<b>Gulika</b>	6:19AM – 7:50AM	<b>Hasta Until 7:29PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM				
Tihti 1		Yama	1:52PM – 3:22PM	Brahma Until 10:23AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 23			
547341363		<b>Rahu</b>	9:20AM – 10:51AM	Kintughna Until 2:16PM	<b>Nataraja:</b> Purple	Prathama				
Routine Work Marana Yoga		<b>Navaratri Begins</b>				Moon – Green	<b>Bhuloka Day</b>			
				<b>Prathama* Until 3:20AM Sun</b>	<b>Ashvina-Puratasi</b>					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Sunday, October 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Port Harcourt, Nigeria Sun 15 Sutra 168 Durmukha 5118	
Kanya Rasi: 28.34	Tithi 2	<b>Gulika</b>	3:22PM – 4:52PM	<b>Chitra Until 10:16PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:19AM		
		Yama	12:21PM – 1:51PM	Indra Until 11:05AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:23PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	668341363 <b>Rahu</b>	4:52PM – 6:23PM	Balava Until 4:29PM	<b>Nataraja:</b> Purple			3rd Phase
				<b>Dvitiya Until 5:39AM Mon</b>	Moon – Green		<b>Bhuloka Day</b>	
					<b>Ashvina•Puratasi</b>			
<b>2</b>		<b>Monday, October 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila Karana Tritiyayam Titau			Port Harcourt, Nigeria Sun 16 Sutra 169 Durmukha 5118	
Tula Rasi: 10.29	Tithi 3	<b>Gulika</b>	1:51PM – 3:22PM	<b>Svati Until 1:02AM Tue</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:19AM		
<b>Family Home Evening</b>		Yama	10:50AM – 12:21PM	Vaidhriti* Until 11:54AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:23PM		Moon 9 - Phase 24
Creative Work	Amrita Yoga	668341363 <b>Rahu</b>	7:49AM – 9:20AM	Tailila Until 6:54PM	<b>Nataraja:</b> Purple			3rd Phase
Until 1:02AM Tue				<b>Tritiya Until 8:07AM Tue</b>	Moon – Green		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Ashvina•Puratasi</b>			
<b>3</b>		<b>Tuesday, October 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Port Harcourt, Nigeria Sun 17 Sutra 170 Durmukha 5118	
Tula Rasi: 22.21	Tithi 3 – 4	<b>Gulika</b>	12:20PM – 1:51PM	<b>Vishakha Until 4:13AM Wed</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:18AM		
		Yama	9:19AM – 10:50AM	Vishkambha* Until 12:49PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:22PM		Moon 9 - Phase 24
Routine Work	Marana Yoga	678341363 <b>Rahu</b>	3:21PM – 4:52PM	Vanija Until 9:24PM	<b>Nataraja:</b> Purple			3rd Phase
Until 4:13AM Wed				<b>Tritiya Until 8:07AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Ashvina•Puratasi</b>			
<b>4</b>		<b>Wednesday, October 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Port Harcourt, Nigeria Sun 18 Sutra 171 Durmukha 5118	
Vrischika Rasi: 4.13	Tithi 4 – 5	<b>Gulika</b>	10:50AM – 12:20PM	<b>Anuradha Until 7:09AM Thu</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:18AM		
		Yama	7:49AM – 9:19AM	Priti Until 1:45PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:22PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	678341363 <b>Rahu</b>	12:20PM – 1:50PM	Bava Until 11:52PM	<b>Nataraja:</b> Purple			3rd Phase
Until 7:09AM Thu				<b>Chaturthi* Until 10:37AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Then Routine Work - Prabararishta Yoga					<b>Ashvina•Puratasi</b>			
<b>5</b>		<b>Thursday, October 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Port Harcourt, Nigeria Sun 19 Sutra 172 Durmukha 5118	
Vrischika Rasi: 16.05	Tithi 5 – 6	<b>Gulika</b>	9:19AM – 10:49AM	<b>Anuradha Until 7:09AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:18AM		
		Yama	6:18AM – 7:49AM	Ayushman Until 2:34PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:21PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	678341363 <b>Rahu</b>	1:50PM – 3:20PM	Kaulava Until 2:10AM Fri	<b>Nataraja:</b> Purple			3rd Phase
Until 7:09AM				<b>Panchami Until 1:01PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Then Routine Work - Prabararishta Yoga					<b>Ashvina•Puratasi</b>			
<b>6</b>		<b>Friday, October 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Port Harcourt, Nigeria Sun 20 Sutra 173 Durmukha 5118	
Vrischika Rasi: 28.02	Tithi 6 – 7	<b>Gulika</b>	7:48AM – 9:19AM	<b>Jyeshtha* Until 9:43AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:18AM		
		Yama	3:20PM – 4:51PM	Saubhagya Until 3:12PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:21PM		Moon 9 - Phase 24
Routine Work	Marana Yoga	679341364 <b>Rahu</b>	10:49AM – 12:19PM	Gara Until 4:07AM Sat	<b>Nataraja:</b> Clear			3rd Phase
Until 9:43AM				<b>Shashthi* Until 3:10PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Ashvina•Puratasi</b>			
<b>Retreat Star</b>		<b>Saturday, October 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Port Harcourt, Nigeria Sun 21 Sutra 174 Durmukha 5118	
Dhanus Rasi: 10.09	Tithi 7 – 8	<b>Gulika</b>	6:18AM – 7:48AM	<b>Mula* Until 12:14PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:18AM		
		Yama	1:49PM – 3:20PM	Sobhana Until 3:31PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:20PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	689341364 <b>Rahu</b>	9:18AM – 10:49AM	Visti Until 5:34AM Sun	<b>Nataraja:</b> Clear			3rd Phase
				<b>Saptami Until 4:54PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
					<b>Ashvina•Puratasi</b>			
<b>Retreat Star</b>		<b>Sunday, October 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava Karana Ashtamyam Titau			Port Harcourt, Nigeria Sun 22 Sutra 175 Durmukha 5118	
Dhanus Rasi: 22.28	Tithi 8	<b>Gulika</b>	3:19PM – 4:50PM	<b>Purvashadha* Until 2:03PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:18AM		
		Yama	12:19PM – 1:49PM	Athiganda* Until 3:22PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:20PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	689341364 <b>Rahu</b>	4:50PM – 6:20PM	Bava Until 6:02PM	<b>Nataraja:</b> Clear			Ashtami
Until 2:03PM				<b>Ashtami* Until 6:02PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Ashvina•Puratasi</b>			
<b>Retreat Star</b>		<b>Monday, October 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau			Port Harcourt, Nigeria Sun 23 Sutra 176 Durmukha 5118	
Makara Rasi: 5.04	Tithi 9	<b>Gulika</b>	1:49PM – 3:19PM	<b>Uttarashadha Until 3:01PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:17AM		
<b>Family Home Evening</b>		Yama	10:48AM – 12:19PM	Sukarma Until 2:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:20PM		Moon 9 - Phase 24
Routine Work	Marana Yoga	689351364 <b>Rahu</b>	7:48AM – 9:18AM	Balava Until 6:21AM	<b>Nataraja:</b> Clear			Navami
Until 3:01PM				<b>Navami* Until 6:26PM</b>	Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>			<b>Ashvina•Puratasi</b>			

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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<b>1 Tuesday, October 11, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 177 Dur mukha 5118
Makara Rasi: 18.04	Tithi 10	<b>Gulika</b> 12:18PM – 1:49PM	<b>Shravana</b> Until 3:30PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:17AM	
		Yama 9:18AM – 10:48AM	Dhriti Until 1:22PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
	699351364	<b>Rahu</b> 3:19PM – 4:49PM	Tailila Until 6:21AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:01PM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Ashvina•Puratasi</b>		

<b>2 Wednesday, October 12, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 178 Dur mukha 5118
Kumbha Rasi: 1.29	Tithi 11 – 12	<b>Gulika</b> 10:48AM – 12:18PM	<b>Dhanishtha</b> Until 3:02PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:17AM	
		Yama 7:47AM – 9:18AM	Shula* Until 11:22AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
	699351364	<b>Rahu</b> 12:18PM – 1:48PM	Bava Until 3:53AM Thu	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 4:46PM	Moon – Purple		<b>Sivaloka Day</b>
Until 3:02PM				<b>Ashvina•Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>3 Thursday, October 13, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Mridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 179 Dur mukha 5118
Kumbha Rasi: 15.22	Tithi 12 – 13	<b>Gulika</b> 9:17AM – 10:48AM	<b>Shatabhishak</b> Until 1:40PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:17AM	
		Yama 6:17AM – 7:47AM	Ganda* Until 8:45AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
	699351364	<b>Rahu</b> 1:48PM – 3:18PM	Kaulava Until 1:32AM Fri	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 2:46PM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Kadaitswami Mahasamadhi</b>	<i>Pradosha Vrata</i>	<b>Ashvina•Puratasi</b>		

<b>4 Friday, October 14, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 180 Dur mukha 5118
Kumbha Rasi: 29.43	Tithi 13 – 14	<b>Gulika</b> 7:47AM – 9:17AM	<b>Purvaproshtapada*</b> Until 11:54AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:17AM	
		Yama 3:18PM – 4:48PM	Dhruva Until 1:57AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 25
	611451364	<b>Rahu</b> 10:47AM – 12:18PM	Gara Until 10:36PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 12:07PM	Moon – Clear		<b>Devaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina•Puratasi</b>		

<b>○ Saturday, October 15, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sutra 181 Dur mukha 5118
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:17AM – 7:47AM	<b>Uttaraproshtapada</b> Until 9:30AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:17AM	
Meena Rasi: 14.28	Tithi 14 – 15	Yama 1:48PM – 3:18PM	Vyaghata* Until 9:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 25
		<b>Rahu</b> 9:17AM – 10:47AM	Vistil Until 7:14PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:56AM	Moon – Clear		<b>Devaloka Day</b>
Until 9:30AM				<b>Ashvina•Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, October 16, 2016</b>		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sutra 182 Dur mukha 5118
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:17PM – 4:48PM	<b>Revati</b> Until 6:37AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:17AM	
Meena Rasi: 29.31	Tithi 16	Yama 12:17PM – 1:47PM	Harshana Until 5:49PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 25
		<b>Rahu</b> 4:48PM – 6:18PM	Balava Until 3:35PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 1:42AM Mon	Moon – Clear		<b>Devaloka Day</b>
Until 6:37AM				<b>Ashvina•Puratasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 183

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 14.43      Tihi 17

Family Home Evening

621451364

Gulika 1:47PM - 3:17PM

Yama 10:47AM - 12:17PM

Rahu 7:47AM - 9:17AM

Bharani Until 12:52AM Tue

Vajra\* Until 1:33PM

Taitila Until 11:51AM

Dvitiya Until 9:59PM

Ganesha: Clear      Sunrise: 6:17AM

Muruga: Clear      Sunset: 6:17PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

Tuesday, October 18, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visli\* Karana Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1      Sutra 184

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 29.53      Tihi 18

Creative Work      Siddha Yoga

Until 9:58PM

Then Creative Work - Amrita Yoga

Gulika 12:17PM - 1:47PM

Yama 9:17AM - 10:47AM

Rahu 3:17PM - 4:47PM

Krittika Until 9:58PM

Siddhi Until 9:22AM

Vanija Until 8:11AM

Tritiya Until 6:24PM

Ganesha: Clear      Sunrise: 6:17AM

Muruga: Clear      Sunset: 6:17PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

Wednesday, October 19, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 2      Sutra 185

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 14.53      Tihi 19 - 20

Creative Work      Siddha Yoga

Gulika 10:47AM - 12:17PM

Yama 7:47AM - 9:17AM

Rahu 12:17PM - 1:47PM

Rohini Until 7:41PM

Variyan Until 1:44AM Thu

Kaulava Until 1:41AM Thu

Chaturthi\* Until 3:08PM

Ganesha: Purple      Sunrise: 6:17AM

Muruga: Clear      Sunset: 6:17PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Thursday, October 20, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria

Sun 3      Sutra 186

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 29.35      Tihi 20 - 21

Routine Work      Marana Yoga

Gulika 9:16AM - 10:46AM

Yama 6:16AM - 7:46AM

Rahu 1:46PM - 3:16PM

Mrigashira Until 5:46PM

Parigha\* Until 10:31PM

Gara Until 11:11PM

Panchami Until 12:21PM

Ganesha: Purple      Sunrise: 6:16AM

Muruga: Clear      Sunset: 6:16PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Friday, October 21, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 4      Sutra 187

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 13.53      Tihi 21 - 22

Creative Work      Siddha Yoga

Gulika 7:46AM - 9:16AM

Yama 3:16PM - 4:46PM

Rahu 10:46AM - 12:16PM

Ardra Until 4:19PM

Shiva Until 7:51PM

Visti Until 9:19PM

Shashthi\* Until 10:09AM

Ganesha: Purple      Sunrise: 6:16AM

Muruga: Clear      Sunset: 6:16PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Saturday, October 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 5      Sutra 188

Durmukha 5118

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 27.44      Tihi 22 - 23

Creative Work      Siddha Yoga

Gulika 6:16AM - 7:46AM

Yama 1:46PM - 3:16PM

Rahu 9:16AM - 10:46AM

Punarvasu Until 3:53PM

Siddha Until 5:44PM

Balava Until 8:12PM

Saptami Until 8:39AM

Ganesha: Clear      Sunrise: 6:16AM

Muruga: Clear      Sunset: 6:16PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 6      Sutra 189

Durmukha 5118

Moon 10 - Phase 26

Navami

Kataka Rasi: 11.1      Tihi 23 - 24

Creative Work      Siddha Yoga

Gulika 3:16PM - 4:46PM

Yama 12:16PM - 1:46PM

Rahu 4:46PM - 6:16PM

Pushya Until 4:03PM

Sadhya Until 4:14PM

Taitila Until 7:51PM

Ashtami\* Until 7:55AM

Ganesha: Clear      Sunrise: 6:16AM

Muruga: Clear      Sunset: 6:16PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>Monday, October 24, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 7 Sutra 190 Durmukha 5118
<b>1</b>		<b>Gulika</b> 1:46PM – 3:16PM	<b>Ashlesha* Until 4:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	
Kataka Rasi: 24.1	Tithi 24 – 25	Yama 10:46AM – 12:16PM	Subha Until 3:20PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27
<b>Family Home Evening</b>	641451364	<b>Rahu</b> 7:46AM – 9:16AM	Vanija Until 8:14PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Navami* Until 7:56AM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 4:47PM				<b>Ashvina-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>Tuesday, October 25, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 191 Durmukha 5118
<b>2</b>		<b>Gulika</b> 12:16PM – 1:46PM	<b>Magha* Until 6:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	
Simha Rasi: 6.51	Tithi 25 – 26	Yama 9:16AM – 10:46AM	Sukla Until 2:55PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27
652451364		<b>Rahu</b> 3:16PM – 4:45PM	Bava Until 9:17PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Dashami Until 8:40AM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>Wednesday, October 26, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 192 Durmukha 5118
<b>3</b>		<b>Gulika</b> 10:46AM – 12:16PM	<b>Purvaphalguni Until 8:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	
Simha Rasi: 19.15	Tithi 26 – 27	Yama 7:46AM – 9:16AM	Brahma Until 2:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27
652451364		<b>Rahu</b> 12:16PM – 1:46PM	Kaulava Until 10:51PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Ekadashi* Until 9:59AM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>		

<b>Thursday, October 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 193 Durmukha 5118
<b>4</b>		<b>Gulika</b> 9:16AM – 10:46AM	<b>Uttaraphalguni Until 10:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	
Kanya Rasi: 1.27	Tithi 27 – 28	Yama 6:16AM – 7:46AM	Indra Until 3:20PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27
652451364		<b>Rahu</b> 1:45PM – 3:15PM	Gara Until 12:49AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Amrita Yoga			<b>Dvadashi* Until 11:47AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 10:49PM			<i>Pradosha Vrata (Fasting)</i>	<b>Ashvina-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>Friday, October 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 194 Durmukha 5118
<b>5</b>		<b>Gulika</b> 7:46AM – 9:16AM	<b>Hasta Until 1:42AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:16AM	
Kanya Rasi: 13.3	Tithi 28 – 29	Yama 3:15PM – 4:45PM	Vaidhriti* Until 3:55PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27
662451364		<b>Rahu</b> 10:46AM – 12:16PM	Visti Until 3:04AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Trayodashi* Until 1:54PM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 1:42AM Sat		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>Saturday, October 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Port Harcourt, Nigeria Sun 12 Sutra 195 Durmukha 5118
<b>6</b>		<b>Gulika</b> 6:16AM – 7:46AM	<b>Chitra Until 4:34AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:16AM	
Kanya Rasi: 25.28	Tithi 29 – 30	Yama 1:45PM – 3:15PM	Vishkambha* Until 4:40PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27
662451364		<b>Rahu</b> 9:16AM – 10:46AM	Catuspada Until 5:28AM Sun	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga			<b>Chaturdashi* Until 4:14PM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 4:34AM Sun		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>Sunday, October 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 196 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> 3:15PM – 4:45PM	<b>Svati Until 7:21AM Mon</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:16AM	
Tula Rasi: 7.22	Tithi 30	Yama 12:15PM – 1:45PM	Priti Until 5:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27
662451364		<b>Rahu</b> 4:45PM – 6:14PM	Naga Until 6:41PM	<b>Nataraja:</b> Clear		Amavasya
Creative Work Siddha Yoga			<b>Amavasya* Until 6:41PM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 7:21AM Mon				<b>Ashvina-Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>Monday, October 31, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 197 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> 1:45PM – 3:15PM	<b>Svati Until 7:21AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:17AM	
Tula Rasi: 19.14	Tithi 1	Yama 10:46AM – 12:15PM	Ayushman Until 6:22PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27
662451364		<b>Rahu</b> 7:46AM – 9:16AM	Kintughna Until 7:58AM	<b>Nataraja:</b> Clear		Prathama
<b>Family Home Evening</b>			<b>Prathama* Until 9:12PM</b>	Moon – Green		<b>Sivaloka Day</b>
Creative Work Amrita Yoga		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>		
Until 7:21AM						
Then Routine Work - Marana Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>	<b>Tuesday, November 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria	
	Vrischika Rasi: 1.06 Tithi 2		Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 198	
	672451364		<b>Gulika</b> 12:15PM – 1:45PM Yama 9:16AM – 10:46AM <b>Rahu</b> 3:15PM – 4:44PM	<b>Vishakha Until 10:29AM</b> Saubhagya Until 7:14PM Balava Until 10:28AM <b>Dvitiya Until 11:41PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika•Aipasi</b>	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:14PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase	

Routine Work Marana Yoga  
Until 10:29AM  
Then Creative Work - Siddha Yoga

<b>2</b>	<b>Wednesday, November 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria	
	Vrischika Rasi: 12.59 Tithi 3		Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 199	
	672451364		<b>Gulika</b> 10:46AM – 12:15PM Yama 7:46AM – 9:16AM <b>Rahu</b> 12:15PM – 1:45PM	<b>Anuradha Until 1:25PM</b> Sobhana Until 8:03PM Tailila Until 12:56PM <b>Tritiya Until 2:06AM Thu</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika•Aipasi</b>	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:14PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase	

Creative Work Siddha Yoga

<b>3</b>	<b>Thursday, November 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria	
	Vrischika Rasi: 24.54 Tithi 4		Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 200	
	672451364		<b>Gulika</b> 9:16AM – 10:46AM Yama 6:17AM – 7:46AM <b>Rahu</b> 1:45PM – 3:15PM	<b>Jyeshtha* Until 4:03PM</b> Athiganda* Until 8:44PM Vanija Until 3:16PM <b>Chaturthi* Until 4:20AM Fri</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika•Aipasi</b>	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:14PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase	

Routine Work Prabalarishta Yoga  
Until 4:03PM  
Then Creative Work - Siddha Yoga

<b>4</b>	<b>Friday, November 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria	
	Dhanus Rasi: 6.53 Tithi 5		Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 201	
	682451364		<b>Gulika</b> 7:47AM – 9:16AM Yama 3:15PM – 4:44PM <b>Rahu</b> 10:46AM – 12:15PM	<b>Mula* Until 6:48PM</b> Sukarma Until 9:15PM Bava Until 5:22PM <b>Panchami Until 6:17AM Sat</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika•Aipasi</b>	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:14PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase	

Creative Work Amrita Yoga  
Until 6:48PM  
Then Routine Work - Prabalarishta Yoga

<b>5</b>	<b>Saturday, November 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria	
	Dhanus Rasi: 18.59 Tithi 5 – 6		Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 19 Sutra 202	
	682451364		<b>Gulika</b> 6:17AM – 7:47AM Yama 1:45PM – 3:15PM <b>Rahu</b> 9:16AM – 10:46AM	<b>Purvashadha* Until 9:02PM</b> Dhriti Until 9:29PM Kaulava Until 7:07PM <b>Panchami Until 6:17AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika•Aipasi</b>	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:14PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase	

Creative Work Siddha Yoga  
Until 9:02PM  
Then Routine Work - Marana Yoga

<b>6</b>	<b>Sunday, November 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria	
	Makara Rasi: 1.16 Tithi 6 – 7		Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 203	
	782451364		<b>Gulika</b> 3:15PM – 4:44PM Yama 12:15PM – 1:45PM <b>Rahu</b> 4:44PM – 6:14PM	<b>Uttarashadha Until 10:36PM</b> Shula* Until 9:17PM Gara Until 8:22PM <b>Shashthi* Until 7:48AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika•Aipasi</b>	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:14PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase	

Creative Work Amrita Yoga

<b>D</b>	<b>Monday, November 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria	
	<b>Retreat Star</b>		Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 204	
	Makara Rasi: 13.48 Tithi 7 – 8		793451364				Durmukha 5118	
<b>Family Home Evening</b>		<b>Gulika</b> 1:45PM – 3:15PM Yama 10:46AM – 12:16PM <b>Rahu</b> 7:47AM – 9:16AM	<b>Shravana Until 11:50PM</b> Ganda* Until 8:35PM Visti Until 8:56PM <b>Saptami Until 8:43AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika•Aipasi</b>	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:14PM	Moon 10 - Phase 28 Ashtami		

Creative Work Amrita Yoga  
Until 11:50PM  
Then Creative Work - Siddha Yoga

	<b>Tuesday, November 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria	
	<b>Retreat Star</b>		Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 205	
	Makara Rasi: 26.4 Tithi 8 – 9		793551364				Durmukha 5118	
<b>Creative Work Siddha Yoga</b>		<b>Gulika</b> 12:16PM – 1:45PM Yama 9:17AM – 10:46AM <b>Rahu</b> 3:15PM – 4:44PM	<b>Dhanishtha Until 12:08AM Wed</b> Vriddhi Until 7:18PM Balava Until 8:44PM <b>Ashtami* Until 8:55AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika•Aipasi</b>	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:14PM	Moon 10 - Phase 28 Navami		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, November 9, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Port Harcourt, Nigeria Sun 23 Sutra 206 Durmukha 5118
	Kumbha Rasi: 9.56    Tithi 9 – 10 793551364	<b>Gulika</b> 10:46AM – 12:16PM Yama 7:47AM – 9:17AM <b>Rahu</b> 12:16PM – 1:45PM	<b>Shatabhishak Until 11:30PM</b> Dhruva Until 5:21PM Taitila Until 7:42PM <b>Navami* Until 8:18AM</b>

Creative Work    Siddha Yoga Until 11:30PM Then Creative Work - Amrita Yoga	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:18AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – Purple <b>Karttika•Aipasi</b>	<b>Subha Sivaloka Day</b> Moon 10 - Phase 29 4th Phase
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<b>2</b>	<b>Thursday, November 10, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Visli* Karana Dashami/Ekadashyam Titau	Port Harcourt, Nigeria Sun 24 Sutra 207 Durmukha 5118
	Kumbha Rasi: 23.4    Tithi 10 – 11 713551364	<b>Gulika</b> 9:17AM – 10:46AM Yama 6:18AM – 7:47AM <b>Rahu</b> 1:45PM – 3:15PM	<b>Purvaproshtapada* Until 10:23PM</b> Vyaghata* Until 2:46PM Visli Until 4:41AM Fri <b>Dashami Until 6:52AM</b>

Creative Work    Siddha Yoga	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:18AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – Clear <b>Karttika•Aipasi</b>	<b>Subha Sivaloka Day</b> Moon 10 - Phase 29 4th Phase
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<b>3</b>	<b>Friday, November 11, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau	Port Harcourt, Nigeria Sun 25 Sutra 208 Durmukha 5118
	Meena Rasi: 7.53    Tithi 12 713551364	<b>Gulika</b> 7:48AM – 9:17AM Yama 3:15PM – 4:44PM <b>Rahu</b> 10:46AM – 12:16PM	<b>Uttaraproshtapada Until 8:26PM</b> Harshana Until 11:37AM Bava Until 3:21PM <b>Dvadashi Until 1:50AM Sat</b>


Creative Work    Siddha Yoga	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:18AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – Clear <b>Karttika•Aipasi</b>	<b>Subha Sivaloka Day</b> Moon 10 - Phase 29 4th Phase
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<b>4</b>	<b>Saturday, November 12, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau	Port Harcourt, Nigeria Sun 26 Sutra 209 Durmukha 5118
	Meena Rasi: 22.33    Tithi 13 713551364	<b>Gulika</b> 6:18AM – 7:48AM Yama 1:45PM – 3:15PM <b>Rahu</b> 9:17AM – 10:47AM	<b>Revati Until 5:48PM</b> Vajra* Until 7:56AM Kaulava Until 12:14PM <b>Trayodashi Until 10:29PM</b> <i>Pradosha Vrata</i>

Routine Work    Prabalarishta Yoga Until 5:48PM Then Creative Work - Siddha Yoga	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:18AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – Clear <b>Karttika•Aipasi</b>	<b>Subha Sivaloka Day</b> Moon 10 - Phase 29 4th Phase
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<b>5</b>	<b>Sunday, November 13, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau	Port Harcourt, Nigeria Sun 27 Sutra 210 Durmukha 5118
	Mesha Rasi: 7.35    Tithi 14 723551364	<b>Gulika</b> 3:15PM – 4:44PM Yama 12:16PM – 1:46PM <b>Rahu</b> 4:44PM – 6:14PM	<b>Ashvini Until 3:03PM</b> Vyatipata* Until 11:36PM Gara Until 8:41AM <b>Chaturdashi* Until 6:47PM</b>

Creative Work    Siddha Yoga Until 3:03PM Then Routine Work - Prabalarishta Yoga	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:18AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – White <b>Karttika•Aipasi</b>	<b>Sivaloka Day</b> Moon 10 - Phase 29 4th Phase
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	<b>Monday, November 14, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Port Harcourt, Nigeria Sun 28 Sutra 211 Durmukha 5118
	Mesha Rasi: 22.51    Tithi 15 – 16 <b>Family Home Evening</b> 723551364	<b>Gulika</b> 1:46PM – 3:15PM Yama 10:47AM – 12:16PM <b>Rahu</b> 7:48AM – 9:18AM	<b>Bharani Until 11:57AM</b> Variyan Until 7:10PM Balava Until 12:58AM Tue <b>Purnima* Until 2:54PM</b>

Creative Work    Siddha Yoga Until 11:57AM Then Routine Work - Marana Yoga	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:19AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – White <b>Karttika•Aipasi</b>	<b>Sivaloka Day</b> Moon 10 - Phase 29 Purnima
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<b>○</b>	<b>Tuesday, November 15, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 29 Sutra 212 Durmukha 5118
	Vrishabha Rasi: 8.11    Tithi 16 – 17 723551364	<b>Gulika</b> 12:17PM – 1:46PM Yama 9:18AM – 10:47AM <b>Rahu</b> 3:15PM – 4:45PM	<b>Krittika Until 8:42AM</b> Parigha* Until 2:47PM Taitila Until 9:10PM <b>Prathama* Until 11:02AM</b>

Creative Work    Siddha Yoga Until 8:42AM Then Creative Work - Amrita Yoga	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:19AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – White <b>Karttika•Aipasi</b>	<b>Sivaloka Day</b> Moon 10 - Phase 29 Prathama
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Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 1 Sutra 213  
Durmukha 5118

Wrishabha Rasi: 23.23 Tihi 17 - 18

733551365

**Gulika** 10:47AM - 12:17PM  
Yama 7:49AM - 9:18AM  
**Rahu** 12:17PM - 1:46PM

**Mrigashira Until 3:16AM Thu**  
Shiva Until 10:36AM  
Visti Until 4:00AM Thu  
**Dvitiya Until 7:20AM**

**Ganesha:** White *Sunrise: 6:19AM*  
**Muruga:** Clear *Sunset: 6:14PM*  
**Nataraja:** White  
Moon - Yellow  
**Karttika-Karttikai**

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 3:16AM Thu  
Then Routine Work - Marana Yoga

Thursday, November 17, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthayam Titau

Port Harcourt, Nigeria  
Sun 2 Sutra 214  
Durmukha 5118

Mithuna Rasi: 8.2 Tihi 19

733551365

**Gulika** 9:18AM - 10:48AM  
Yama 6:20AM - 7:49AM  
**Rahu** 1:46PM - 3:16PM

**Ardra Until 1:03AM Fri**  
Siddha Until 6:42AM  
Bava Until 2:32PM  
**Chaturthi\* Until 1:12AM Fri**

**Ganesha:** White *Sunrise: 6:20AM*  
**Muruga:** Clear *Sunset: 6:14PM*  
**Nataraja:** White  
Moon - Yellow  
**Karttika-Karttikai**

**Sivaloka Day**

Routine Work Marana Yoga  
Until 1:03AM Fri  
Then Creative Work - Siddha Yoga

Friday, November 18, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria  
Sun 3 Sutra 215  
Durmukha 5118

Mithuna Rasi: 22.52 Tihi 20

733551365

**Gulika** 7:49AM - 9:18AM  
Yama 3:16PM - 4:45PM  
**Rahu** 10:48AM - 12:17PM

**Punarvasu Until 11:47PM**  
Subha Until 12:25AM Sat  
Kaulava Until 12:04PM  
**Panchami Until 11:05PM**

**Ganesha:** Clear *Sunrise: 6:20AM*  
**Muruga:** Clear *Sunset: 6:14PM*  
**Nataraja:** White  
Moon - Blue  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 11:47PM  
Then Routine Work - Marana Yoga

Saturday, November 19, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria  
Sun 4 Sutra 216  
Durmukha 5118

Kataka Rasi: 6.55 Tihi 21

733551365

**Gulika** 6:20AM - 7:49AM  
Yama 1:47PM - 3:16PM  
**Rahu** 9:19AM - 10:48AM

**Pushya Until 11:11PM**  
Sukla Until 10:11PM  
Gara Until 10:20AM  
**Shashthi\* Until 9:47PM**

**Ganesha:** Clear *Sunrise: 6:20AM*  
**Muruga:** Clear *Sunset: 6:15PM*  
**Nataraja:** White  
Moon - Blue  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 11:11PM  
Then Routine Work - Marana Yoga

Sunday, November 20, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria  
Sun 5 Sutra 217  
Durmukha 5118

Kataka Rasi: 20.27 Tihi 22

733551365

**Gulika** 3:16PM - 4:46PM  
Yama 12:18PM - 1:47PM  
**Rahu** 4:46PM - 6:15PM

**Ashlesha\* Until 11:17PM**  
Brahma Until 8:40PM  
Visti Until 9:28AM  
**Saptami Until 9:21PM**

**Ganesha:** Clear *Sunrise: 6:20AM*  
**Muruga:** Clear *Sunset: 6:15PM*  
**Nataraja:** White  
Moon - Blue  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 11:17PM  
Then Routine Work - Marana Yoga

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 6 Sutra 218  
Durmukha 5118

Simha Rasi: 3.31 Tihi 23

754551365

**Gulika** 1:47PM - 3:16PM  
Yama 10:49AM - 12:18PM  
**Rahu** 7:50AM - 9:19AM

**Magha\* Until 12:33AM Tue**  
Indra Until 7:50PM  
Balava Until 9:30AM  
**Ashtami\* Until 9:49PM**

**Ganesha:** Clear *Sunrise: 6:21AM*  
**Muruga:** Clear *Sunset: 6:15PM*  
**Nataraja:** White  
Moon - Red  
**Karttika-Karttikai**

**Devaloka Day**

Family Home Evening  
Routine Work Marana Yoga  
Until 12:33AM Tue  
Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria  
Sun 7 Sutra 219  
Durmukha 5118

Simha Rasi: 16.1 Tihi 24

754551365

**Gulika** 12:18PM - 1:47PM  
Yama 9:20AM - 10:49AM  
**Rahu** 3:17PM - 4:46PM

**Purvaphalguni Until 2:24AM Wed**  
Vaidhriti\* Until 7:35PM  
Taitila Until 10:22AM  
**Navami\* Until 11:04PM**

**Ganesha:** Clear *Sunrise: 6:21AM*  
**Muruga:** Clear *Sunset: 6:15PM*  
**Nataraja:** White  
Moon - Red  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 2:24AM Wed  
Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Wednesday, November 23, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yukhtayam		Port Harcourt, Nigeria	
Simha Rasi: 28.29		Tithi 25		Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 220	
		<b>Gulika</b>	<b>10:49AM - 12:18PM</b>	<b>Uttaraphalguni Until 4:39AM Thu</b>	<b>Ganesh:</b> Clear	<i>Sunrise: 6:21AM</i>	Durmukha 5118
		Yama	7:51AM - 9:20AM	Vishkambha* Until 7:51PM	<b>Muruga:</b> Clear	<i>Sunset: 6:15PM</i>	Moon 11 - Phase 31
Creative Work Amrita Yoga		754551365	<b>Rahu</b>	12:18PM - 1:48PM	Nataraja: White		2nd Phase
Until 4:39AM Thu				Vanija Until 11:57AM	Moon - Red	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Dashami Until 12:56AM Thu</b>	Karttika-Karttikai		

<b>2</b>		<b>Thursday, November 24, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yukhtayam		Port Harcourt, Nigeria	
Kanya Rasi: 10.35		Tithi 26		Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 221	
		<b>Gulika</b>	<b>9:20AM - 10:49AM</b>	<b>Hasta Until 7:36AM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise: 6:22AM</i>	Durmukha 5118
		Yama	6:22AM - 7:51AM	Priti Until 8:28PM	<b>Muruga:</b> Clear	<i>Sunset: 6:16PM</i>	Moon 11 - Phase 31
Routine Work Marana Yoga		754551365	<b>Rahu</b>	1:48PM - 3:17PM	Nataraja: White		2nd Phase
Until 7:36AM Fri				Bava Until 2:04PM	Moon - Green	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ekadashi* Until 3:14AM Fri</b>	Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Friday, November 25, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yukhtayam		Port Harcourt, Nigeria	
Kanya Rasi: 22.31		Tithi 27		Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 222	
		<b>Gulika</b>	<b>7:51AM - 9:21AM</b>	<b>Hasta Until 7:36AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise: 6:22AM</i>	Durmukha 5118
		Yama	3:17PM - 4:47PM	Ayushman Until 9:15PM	<b>Muruga:</b> Clear	<i>Sunset: 6:16PM</i>	Moon 11 - Phase 31
Creative Work Amrita Yoga		754551365	<b>Rahu</b>	10:50AM - 12:19PM	Nataraja: White		2nd Phase
Until 7:36AM				Kaulava Until 4:29PM	Moon - Green	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Dvadashi* Until 5:45AM Sat</b>	Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Saturday, November 26, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yukhtayam		Port Harcourt, Nigeria	
Tula Rasi: 4.23		Tithi 28		Chitra/Svati Nakshatra Saubhagya Yoga Gara Karana Trayodashyam Titau		Sun 11 Sutra 223	
		<b>Gulika</b>	<b>6:23AM - 7:52AM</b>	<b>Chitra Until 10:35AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise: 6:23AM</i>	Durmukha 5118
		Yama	1:49PM - 3:18PM	Saubhagya Until 10:08PM	<b>Muruga:</b> Clear	<i>Sunset: 6:16PM</i>	Moon 11 - Phase 31
Routine Work Marana Yoga		754551365	<b>Rahu</b>	9:21AM - 10:50AM	Nataraja: White		2nd Phase
Until 10:35AM				Gara Until 7:03PM	Moon - Green	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Trayodashi* Until 8:20AM Sun</b>	Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Sunday, November 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yukhtayam		Port Harcourt, Nigeria	
Tula Rasi: 16.14		Tithi 28 - 29		Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 224	
		<b>Gulika</b>	<b>3:18PM - 4:47PM</b>	<b>Svati Until 1:25PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise: 6:23AM</i>	Durmukha 5118
		Yama	12:20PM - 1:49PM	Sobhana Until 11:01PM	<b>Muruga:</b> Clear	<i>Sunset: 6:16PM</i>	Moon 11 - Phase 31
Creative Work Siddha Yoga		754551365	<b>Rahu</b>	4:47PM - 6:16PM	Nataraja: White		2nd Phase
Until 1:25PM				Visti Until 9:38PM	Moon - Green	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Trayodashi* Until 8:20AM</b>	Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM	

		<b>Monday, November 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yukhtayam		Port Harcourt, Nigeria	
<b>Retreat Star</b>		Vishakha/Anuradha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 225	
Tula Rasi: 28.06		Tithi 29 - 30		<b>Gulika</b>		<b>1:49PM - 3:18PM</b>	
<b>Family Home Evening</b>		774551365		<b>Rahu</b>		<b>7:52AM - 9:22AM</b>	
Routine Work Marana Yoga				Vishakha Until 4:33PM		<b>Ganesh:</b> Light Blue	
Until 4:33PM				Athiganda* Until 11:49PM		<i>Sunrise: 6:23AM</i>	
Then Creative Work - Siddha Yoga				Catuspada Until 12:07AM Tue		<i>Sunset: 6:17PM</i>	
				<b>Chaturdashi* Until 10:52AM</b>		Moon 11 - Phase 31	
						Amavasya	
						<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>Tuesday, November 29, 2016</b>		<b>Retreat Star</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yukhtayam		Port Harcourt, Nigeria	
Vriscika Rasi: 10		Tithi 30 - 1		Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 226	
		<b>Gulika</b>	<b>12:20PM - 1:50PM</b>	<b>Anuradha Until 7:22PM</b>		<b>Ganesh:</b> Light Blue	
		Yama	9:22AM - 10:51AM	Sukarma Until 12:31AM Wed		<i>Sunrise: 6:24AM</i>	
Creative Work Siddha Yoga		774551365	<b>Rahu</b>	Kintughna Until 2:27AM Wed		<i>Sunset: 6:17PM</i>	
Until 7:22PM				<b>Amavasya* Until 1:17PM</b>		Moon 11 - Phase 31	
Then Routine Work - Marana Yoga						Prathama	
						<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>	<b>Wednesday, November 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria
	Vrischika Rasi: 21.58    Tithi 1 – 2		Jyeshtha* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15    Sutra 227
	784551365		<b>Gulika</b> 10:52AM – 12:21PM Yama 7:53AM – 9:22AM <b>Rahu</b> 12:21PM – 1:50PM	<b>Jyeshtha* Until 9:52PM</b> Dhriti Until 1:06AM Thu Balava Until 4:37AM Thu <b>Prathama* Until 3:33PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:24AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:17PM <b>Nataraja:</b> White Moon – Orange
Creative Work    Siddha Yoga Until 9:52PM Then Routine Work - Marana Yoga				<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>2</b>	<b>Thursday, December 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria
	Dhanus Rasi: 3.59    Tithi 2 – 3		Mula* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16    Sutra 228
	784551365		<b>Gulika</b> 9:23AM – 10:52AM Yama 6:25AM – 7:54AM <b>Rahu</b> 1:50PM – 3:19PM	<b>Mula* Until 12:30AM Fri</b> Shula* Until 1:29AM Fri Taitila Until 6:34AM Fri <b>Dvitiya Until 5:36PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:25AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:18PM <b>Nataraja:</b> White Moon – Light Blue
Creative Work    Siddha Yoga Until 12:30AM Fri Then Routine Work - Prabalarishta Yoga				<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>3</b>	<b>Friday, December 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria
	Dhanus Rasi: 16.06    Tithi 3		Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17    Sutra 229
	784551365		<b>Gulika</b> 7:54AM – 9:23AM Yama 3:20PM – 4:49PM <b>Rahu</b> 10:52AM – 12:22PM	<b>Purvashadha* Until 2:43AM Sat</b> Ganda* Until 1:41AM Sat Taitila Until 6:34AM <b>Tritiya Until 7:24PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:25AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:18PM <b>Nataraja:</b> White Moon – Light Blue
Routine Work    Prabalarishta Yoga Until 2:43AM Sat Then Routine Work - Marana Yoga				<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>4</b>	<b>Saturday, December 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria
	Dhanus Rasi: 28.2    Tithi 4		Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 18    Sutra 230
	784551365		<b>Gulika</b> 6:25AM – 7:54AM Yama 1:51PM – 3:20PM <b>Rahu</b> 9:24AM – 10:53AM	<b>Uttarashadha Until 4:26AM Sun</b> Vriddhi Until 1:38AM Sun Vanija Until 8:13AM <b>Chaturthi* Until 8:54PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 6:25AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:18PM <b>Nataraja:</b> White Moon – Light Blue
Routine Work    Marana Yoga Until 4:26AM Sun Then Creative Work - Amrita Yoga				<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	

<b>5</b>	<b>Sunday, December 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria
	Makara Rasi: 10.43    Tithi 5		Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau		Sun 19    Sutra 231
	795651365		<b>Gulika</b> 3:21PM – 4:50PM Yama 12:22PM – 1:51PM <b>Rahu</b> 4:50PM – 6:19PM	<b>Shravana Until 6:02AM Mon</b> Dhruva Until 1:14AM Mon Bava Until 9:30AM <b>Panchami Until 9:58PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:26AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:19PM <b>Nataraja:</b> White Moon – Purple
Creative Work    Amrita Yoga Until 6:02AM Mon Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>	

<b>6</b>	<b>Monday, December 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria
	Makara Rasi: 23.18    Tithi 6		Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 20    Sutra 232
	795651365		<b>Gulika</b> 1:52PM – 3:21PM Yama 10:54AM – 12:23PM <b>Rahu</b> 7:55AM – 9:25AM	<b>Shravana Until 6:02AM</b> Vyaghata* Until 12:26AM Tue Kaulava Until 10:19AM <b>Shashthi* Until 10:30PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:26AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:19PM <b>Nataraja:</b> White Moon – Purple
Creative Work    Amrita Yoga Until 6:02AM Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>	

<b>Retreat Star</b>	<b>Tuesday, December 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria
	Kumbha Rasi: 6.08    Tithi 7		Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21    Sutra 233
	795651365		<b>Gulika</b> 12:23PM – 1:52PM Yama 9:25AM – 10:54AM <b>Rahu</b> 3:21PM – 4:50PM	<b>Dhanishtha Until 6:57AM</b> Harshana Until 11:09PM Gara Until 10:33AM <b>Saptami Until 10:24PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:27AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:19PM <b>Nataraja:</b> White Moon – Purple
Creative Work    Siddha Yoga Until 6:57AM Then Routine Work - Marana Yoga				<b>Devaloka Day</b> Margasira-Karttikai	

<b>Retreat Star</b>	<b>Wednesday, December 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria
	Kumbha Rasi: 19.19    Tithi 8		Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 22    Sutra 234
	795651365		<b>Gulika</b> 10:55AM – 12:24PM Yama 7:56AM – 9:25AM <b>Rahu</b> 12:24PM – 1:53PM	<b>Shatabhishak Until 7:03AM</b> Vajra* Until 9:17PM Visti Until 10:07AM <b>Ashtami* Until 9:37PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 6:27AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:20PM <b>Nataraja:</b> White Moon – Purple
Creative Work    Siddha Yoga Until 7:03AM Then Creative Work - Amrita Yoga				<b>Devaloka Day</b> Margasira-Karttikai	

<b>Retreat Star</b>	<b>Thursday, December 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria
	Meena Rasi: 2.52    Tithi 9		Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Sun 23    Sutra 235
	715651365		<b>Gulika</b> 9:26AM – 10:55AM Yama 6:28AM – 7:57AM <b>Rahu</b> 1:53PM – 3:22PM	<b>Purvaproshtapada* Until 6:47AM</b> Siddhi Until 6:53PM Balava Until 8:58AM <b>Navami* Until 8:07PM</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:28AM <b>Muruga:</b> Clear <i>Sunset:</i> 6:20PM <b>Nataraja:</b> White Moon – Clear
Creative Work    Siddha Yoga				<b>Devaloka Day</b> Margasira-Karttikai	


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Friday, December 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria	
Meena Rasi: 16.51		Titthi 10 – 11		Revati Nakshatra Vyatipata*/Variyan Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 236	
Creative Work		Siddha Yoga		<b>Gulika</b> 7:57AM – 9:26AM	<b>Revati Until 3:47AM Sat</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:28AM	Durmukha 5118
		715651365		<b>Yama</b> 3:23PM – 4:52PM	<b>Vyatipata* Until 3:57PM</b>	<b>Muruga:</b> Clear <i>Sunset:</i> 6:21PM	Moon 11 - Phase 33
				<b>Rahu</b> 10:55AM – 12:24PM	<b>Taitila Until 7:07AM</b>	<b>Nataraja:</b> White	4th Phase
					<b>Dashami Until 5:56PM</b>	<b>Moon – Clear</b>	<b>Devaloka Day</b>
						<b>Margasira•Karttikai</b>	

<b>2</b>		<b>Saturday, December 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria	
Mesha Rasi: 1.15		Titthi 11 – 12		Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 237	
Creative Work		Siddha Yoga		<b>Gulika</b> 6:29AM – 7:58AM	<b>Ashvini Until 1:39AM Sun</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:29AM	Durmukha 5118
Until 1:39AM Sun		725651365		<b>Yama</b> 1:54PM – 3:23PM	<b>Variyan Until 12:31PM</b>	<b>Muruga:</b> Clear <i>Sunset:</i> 6:21PM	Moon 11 - Phase 33
Then Routine Work - Prabalarishta Yoga				<b>Rahu</b> 9:27AM – 10:56AM	<b>Bava Until 1:38AM Sun</b>	<b>Nataraja:</b> White	4th Phase
					<b>Bhuloka Day</b>	<b>Moon – White</b>	
				<b>Gita Jayanthi</b>	<b>Ekadashi Until 3:11PM</b>	<b>Margasira•Karttikai</b>	<b>Devaloka Time: 12:PM to 3:PM</b>

<b>3</b>		<b>Sunday, December 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria	
Mesha Rasi: 16.01		Titthi 12 – 13		Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 238	
Routine Work		Prabalarishta Yoga		<b>Gulika</b> 3:23PM – 4:53PM	<b>Bharani Until 10:59PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:29AM	Durmukha 5118
Until 10:59PM		725651365		<b>Yama</b> 12:25PM – 1:54PM	<b>Parigha* Until 8:42AM</b>	<b>Muruga:</b> Clear <i>Sunset:</i> 6:22PM	Moon 11 - Phase 33
Then Creative Work - Siddha Yoga				<b>Rahu</b> 4:53PM – 6:22PM	<b>Kaulava Until 10:15PM</b>	<b>Nataraja:</b> White	4th Phase
					<b>Dvadashi Until 11:58AM</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>
					<i>Pradosha Vrata</i>	<b>Margasira•Karttikai</b>	<b>Devaloka Time: 12:PM to 3:PM</b>

<b>4</b>		<b>Monday, December 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria	
Vrishabha Rasi: 1.04		Titthi 13 – 14		Krittika Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 239	
Family Home Evening		725651365		<b>Gulika</b> 1:55PM – 3:24PM	<b>Krittika Until 7:59PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:30AM	Durmukha 5118
Routine Work		Marana Yoga		<b>Yama</b> 10:57AM – 12:26PM	<b>Siddha Until 12:23AM Tue</b>	<b>Muruga:</b> Clear <i>Sunset:</i> 6:22PM	Moon 11 - Phase 33
Until 7:59PM				<b>Rahu</b> 7:59AM – 9:28AM	<b>Gara Until 6:38PM</b>	<b>Nataraja:</b> White	4th Phase
Then Creative Work - Amrita Yoga					<b>Trayodashi Until 8:27AM</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>
				<b>Krittika Deepam</b>		<b>Margasira•Karttikai</b>	<b>Devaloka Time: 12:PM to 3:PM</b>

		<b>Tuesday, December 13, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria	
Vrishabha Rasi: 16.15		Titthi 15		Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 240	
Creative Work		Amrita Yoga		<b>Gulika</b> 12:26PM – 1:55PM	<b>Rohini Until 5:11PM</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:30AM	Durmukha 5118
Until 5:11PM		736661365		<b>Yama</b> 9:28AM – 10:57AM	<b>Sadhya Until 8:08PM</b>	<b>Muruga:</b> White <i>Sunset:</i> 6:22PM	Moon 11 - Phase 33
Then Creative Work - Siddha Yoga				<b>Rahu</b> 3:24PM – 4:53PM	<b>Visti Until 2:57PM</b>	<b>Nataraja:</b> White	Purnima
					<b>Purnima* Until 1:08AM Wed</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
						<b>Margasira•Karttikai</b>	<b>Devaloka Time: 6:AM to 9:AM</b>

<b>Wednesday, December 14, 2016</b>		<b>Silver Retreat Star</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria	
Mithuna Rasi: 1.23		Titthi 16		Mrigashira Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 241	
Creative Work		Siddha Yoga		<b>Gulika</b> 10:58AM – 12:27PM	<b>Mrigashira Until 2:24PM</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:31AM	Durmukha 5118
		736661365		<b>Yama</b> 8:00AM – 9:29AM	<b>Subha Until 4:03PM</b>	<b>Muruga:</b> White <i>Sunset:</i> 6:23PM	Moon 11 - Phase 33
				<b>Rahu</b> 12:27PM – 1:56PM	<b>Balava Until 11:24AM</b>	<b>Nataraja:</b> White	Prathama
					<b>Prathama* Until 9:42PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>
				<b>Vinayaga Viratam Begins</b>		<b>Margasira•Karttikai</b>	<b>Devaloka Time: 6:AM to 9:AM</b>

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria  
Sutra 242

Mithuna Rasi: 16.21    Tiithi 17

736661365

**Gulika** 9:29AM – 10:58AM  
**Yama** 6:31AM – 8:00AM  
**Rahu** 1:56PM – 3:25PM

**Ardra** Until 11:47AM  
Sukla Until 12:12PM  
Taitila Until 8:08AM  
Dvitiya Until 6:39PM

**Ganesha:** Red    *Sunrise:* 6:31AM  
**Muruga:** White    *Sunset:* 6:23PM  
**Nataraja:** White  
Moon – Yellow  
Margasira-Markali

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Routine Work    Marana Yoga  
Until 11:47AM  
Then Creative Work - Amrita Yoga

Markali Pillaiyar

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria  
Sun 1    Sutra 243

Kataka Rasi: 0.58    Tiithi 18 – 19

846661365

**Gulika** 8:01AM – 9:30AM  
**Yama** 3:26PM – 4:55PM  
**Rahu** 10:59AM – 12:28PM

**Punarvasu** Until 9:57AM  
Brahma Until 8:46AM  
Bava Until 3:11AM Sat  
Tritiya Until 4:09PM

**Ganesha:** Red    *Sunrise:* 6:32AM  
**Muruga:** White    *Sunset:* 6:24PM  
**Nataraja:** White  
Moon – Blue  
Margasira-Markali

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work    Siddha Yoga  
Until 9:57AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria  
Sun 2    Sutra 244

Kataka Rasi: 15.07    Tiithi 19 – 20

846661365

**Gulika** 6:32AM – 8:01AM  
**Yama** 1:57PM – 3:26PM  
**Rahu** 9:30AM – 10:59AM

**Pushya** Until 8:39AM  
Vaidhriti\* Until 3:38AM Sun  
Kaulava Until 1:48AM Sun  
Chaturthi\* Until 2:22PM

**Ganesha:** Red    *Sunrise:* 6:32AM  
**Muruga:** White    *Sunset:* 6:24PM  
**Nataraja:** White  
Moon – Blue  
Margasira-Markali

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work    Siddha Yoga  
Until 8:39AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria  
Sun 3    Sutra 245

Kataka Rasi: 28.48    Tiithi 20 – 21

846661365

**Gulika** 3:27PM – 4:56PM  
**Yama** 12:29PM – 1:58PM  
**Rahu** 4:56PM – 6:25PM

**Ashlesha\*** Until 7:59AM  
Vishkambha\* Until 2:04AM Mon  
Gara Until 1:18AM Mon  
Panchami Until 1:25PM

**Ganesha:** Red    *Sunrise:* 6:33AM  
**Muruga:** White    *Sunset:* 6:25PM  
**Nataraja:** White  
Moon – Blue  
Margasira-Markali

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work    Siddha Yoga  
Until 7:59AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria  
Sun 4    Sutra 246

Simha Rasi: 11.59    Tiithi 21 – 22

856661365

**Gulika** 1:58PM – 3:27PM  
**Yama** 11:00AM – 12:29PM  
**Rahu** 8:02AM – 9:31AM

**Magha\*** Until 8:29AM  
Priti Until 1:12AM Tue  
Visti Until 1:43AM Tue  
Shashthi\* Until 1:23PM

**Ganesha:** Green    *Sunrise:* 6:33AM  
**Muruga:** White    *Sunset:* 6:25PM  
**Nataraja:** White  
Moon – Red  
Margasira-Markali

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Family Home Evening  
Routine Work    Marana Yoga  
Until 8:29AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 5    Sutra 247

Simha Rasi: 24.43    Tiithi 22 – 23

857661365

**Gulika** 12:30PM – 1:59PM  
**Yama** 9:32AM – 11:01AM  
**Rahu** 3:28PM – 4:57PM

**Purvaphalguni** Until 9:42AM  
Ayushman Until 12:57AM Wed  
Balava Until 2:57AM Wed  
Saptami Until 2:13PM

**Ganesha:** White    *Sunrise:* 6:34AM  
**Muruga:** White    *Sunset:* 6:26PM  
**Nataraja:** White  
Moon – Red  
Margasira-Markali

Durmukha 5118  
Moon 12 - Phase 34  
Ashtami

Creative Work    Siddha Yoga  
Until 9:42AM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria  
Sun 6    Sutra 248

Kanya Rasi: 7.07    Tiithi 23 – 24

857661365

**Gulika** 11:01AM – 12:30PM  
**Yama** 8:03AM – 9:32AM  
**Rahu** 12:30PM – 1:59PM

**Uttaraphalguni** Until 11:30AM  
Saubhagya Until 1:14AM Thu  
Taitila Until 4:51AM Thu  
Ashtami\* Until 3:48PM

**Ganesha:** White    *Sunrise:* 6:34AM  
**Muruga:** White    *Sunset:* 6:26PM  
**Nataraja:** White  
Moon – Red  
Margasira-Markali

Durmukha 5118  
Moon 12 - Phase 34  
Navami

Creative Work    Amrita Yoga  
Until 11:30AM  
Then Routine Work - Marana Yoga

Day 1 of Pancha Ganapati

**Bhuloka Day**

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Thursday, December 22, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 7 Sutra 249 Durmukha 5118	
Kanya Rasi: 19.13	Tithi 24 – 25	<b>Gulika</b> 9:33AM – 11:02AM	<b>Hasta</b> Until 2:12PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:35AM</i>	
		Yama 6:35AM – 8:04AM	Sobhana Until 1:53AM Fri	<b>Muruga:</b> White <i>Sunset: 6:27PM</i>	Moon 12 - Phase 35
		867661365 <b>Rahu</b> 2:00PM – 3:29PM	Vanija Until 7:12AM Fri	<b>Nataraja:</b> White	2nd Phase
Routine Work	Marana Yoga	<b>Day 2 of Pancha Ganapati</b>		Moon – Green	<b>Bhuloka Day</b>
Until 2:12PM			<b>Navami* Until 5:58PM</b>	<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

2 Friday, December 23, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 250 Durmukha 5118	
Tula Rasi: 1.1	Tithi 25	<b>Gulika</b> 8:04AM – 9:33AM	<b>Chitra</b> Until 5:06PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:35AM</i>	
		Yama 3:29PM – 4:58PM	Athiganda* Until 2:42AM Sat	<b>Muruga:</b> White <i>Sunset: 6:27PM</i>	Moon 12 - Phase 35
		867661365 <b>Rahu</b> 11:02AM – 12:31PM	Vanija Until 7:12AM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga	<b>Day 3 of Pancha Ganapati</b>		Moon – Green	<b>Bhuloka Day</b>
			<b>Dashami Until 8:28PM</b>	<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM

3 Saturday, December 24, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Manta Vasara Yuktayam Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 251 Durmukha 5118	
Tula Rasi: 13.01	Tithi 26	<b>Gulika</b> 6:36AM – 8:05AM	<b>Svati</b> Until 7:57PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:36AM</i>	
		Yama 2:01PM – 3:30PM	Sukarma Until 3:35AM Sun	<b>Muruga:</b> White <i>Sunset: 6:28PM</i>	Moon 12 - Phase 35
		867661365 <b>Rahu</b> 9:34AM – 11:03AM	Bava Until 9:47AM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga	<b>Day 4 of Pancha Ganapati</b>		Moon – Green	<b>Bhuloka Day</b>
			<b>Ekadashi* Until 11:04PM</b>	<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM

4 Sunday, December 25, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Bhanu Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 252 Durmukha 5118	
Tula Rasi: 24.52	Tithi 27	<b>Gulika</b> 3:30PM – 4:59PM	<b>Vishakha</b> Until 11:06PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:36AM</i>	
		Yama 12:32PM – 2:01PM	Dhriti Until 4:25AM Mon	<b>Muruga:</b> White <i>Sunset: 6:28PM</i>	Moon 12 - Phase 35
		877661365 <b>Rahu</b> 4:59PM – 6:28PM	Kaulava Until 12:23PM	<b>Nataraja:</b> White	2nd Phase
Routine Work	Marana Yoga	<b>Day 5 of Pancha Ganapati</b>		Moon – Orange	<b>Bhuloka Day</b>
			<b>Dvadashi* Until 1:37AM Mon</b>	<b>Margasira*Markali</b>	

5 Monday, December 26, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 253 Durmukha 5118	
Vrischika Rasi: 6.45	Tithi 28	<b>Gulika</b> 2:02PM – 3:31PM	<b>Anuradha</b> Until 1:54AM Tue	<b>Ganesha:</b> Purple <i>Sunrise: 6:37AM</i>	
<b>Family Home Evening</b>		Yama 11:04AM – 12:33PM	Shula* Until 5:04AM Tue	<b>Muruga:</b> White <i>Sunset: 6:29PM</i>	Moon 12 - Phase 35
		877661366 <b>Rahu</b> 8:06AM – 9:35AM	Gara Until 2:51PM	<b>Nataraja:</b> Green	2nd Phase
Creative Work	Siddha Yoga	<b>Trayodashi* Until 3:59AM Tue</b>		Moon – Orange	<b>Bhuloka Day</b>
Until 1:54AM Tue			<i>Pradosha Vrata (Fasting)</i>	<b>Margasira*Markali</b>	
Then Routine Work - Marana Yoga					

6 Tuesday, December 27, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 254 Durmukha 5118	
Vrischika Rasi: 18.42	Tithi 29	<b>Gulika</b> 12:33PM – 2:02PM	<b>Jyeshtha*</b> Until 4:17AM Wed	<b>Ganesha:</b> Clear <i>Sunrise: 6:37AM</i>	
		Yama 9:35AM – 11:04AM	Ganda* Until 5:32AM Wed	<b>Muruga:</b> White <i>Sunset: 6:29PM</i>	Moon 12 - Phase 35
		878661366 <b>Rahu</b> 3:31PM – 5:00PM	Visti Until 5:05PM	<b>Nataraja:</b> Green	2nd Phase
Routine Work	Marana Yoga	<b>Chaturdashi* Until 6:04AM Wed</b>		Moon – Orange	<b>Bhuloka Day</b>
				<b>Margasira*Markali</b>	Devaloka Time: 9:AM to 12:PM

Retreat Star Wednesday, December 28, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yuktayam Mula* Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 255 Durmukha 5118	
Dhanus Rasi: 0.46	Tithi 29 – 30	<b>Gulika</b> 11:05AM – 12:34PM	<b>Mula*</b> Until 6:43AM Thu	<b>Ganesha:</b> Orange <i>Sunrise: 6:38AM</i>	
		Yama 8:07AM – 9:36AM	Vriddhi Until 5:47AM Thu	<b>Muruga:</b> White <i>Sunset: 6:30PM</i>	Moon 12 - Phase 35
		888661366 <b>Rahu</b> 12:34PM – 2:03PM	Catuspada Until 7:01PM	<b>Nataraja:</b> Green	Amavasya
Routine Work	Marana Yoga	<b>Chaturdashi* Until 6:04AM</b>		Moon – Light Blue	<b>Bhuloka Day</b>
Until 6:43AM Thu		<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira*Markali</b>	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga					

Retreat Star Thursday, December 29, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 256 Durmukha 5118	
Dhanus Rasi: 12.58	Tithi 30 – 1	<b>Gulika</b> 9:36AM – 11:05AM	<b>Mula*</b> Until 6:43AM	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:38AM</i>	
		Yama 6:38AM – 8:07AM	Dhruva Until 5:45AM Fri	<b>Muruga:</b> White <i>Sunset: 6:30PM</i>	Moon 12 - Phase 35
		888761366 <b>Rahu</b> 2:03PM – 3:32PM	Kintughna Until 8:37PM	<b>Nataraja:</b> Green	Prathama
Creative Work	Siddha Yoga	<b>Amavasya* Until 7:50AM</b>		Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Pausha*Markali</b>	

<b>1</b>	<b>Friday, December 30, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 257 Durmukha 5118
	Dhanus Rasi: 25.17	Tithi 1 – 2	<b>Gulika</b> Yama 888761366	<b>8:08AM – 9:37AM</b> 3:33PM – 5:02PM <b>Rahu</b> 11:06AM – 12:35PM	<b>Purvashadha* Until 8:39AM</b> Vyaghata* Until 5:27AM Sat Balava Until 9:52PM <b>Prathama* Until 9:16AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:39AM <b>Muruga:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Bhuloka Day</b>
Routine Work Prabalarishta Yoga Until 8:39AM Then Routine Work - Marana Yoga							

<b>2</b>	<b>Saturday, December 31, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 258 Durmukha 5118
	Makara Rasi: 7.46	Tithi 2 – 3	<b>Gulika</b> Yama 888761366	<b>6:39AM – 8:08AM</b> 2:04PM – 3:33PM <b>Rahu</b> 9:37AM – 11:06AM	<b>Uttarashadha Until 10:05AM</b> Harshana Until 4:54AM Sun Taitila Until 10:45PM <b>Dvitiya Until 10:20AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:39AM <b>Muruga:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Bhuloka Day</b>
Routine Work Marana Yoga Until 10:05AM Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Sunday, January 1, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 259 Durmukha 5118
	Makara Rasi: 20.25	Tithi 3 – 4	<b>Gulika</b> Yama 898761366	<b>3:33PM – 5:02PM</b> 12:35PM – 2:04PM <b>Rahu</b> 5:02PM – 6:31PM	<b>Shravana Until 11:28AM</b> Vajra* Until 4:01AM Mon Vanija Until 11:15PM <b>Tritiya Until 11:02AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:39AM <b>Muruga:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Bhuloka Day</b>
Creative Work Amrita Yoga Until 11:28AM Then Routine Work - Marana Yoga							

<b>4</b>	<b>Monday, January 2, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 260 Durmukha 5118
	Kumbha Rasi: 3.14	Tithi 4 – 5	<b>Gulika</b> Yama 898761366	<b>2:05PM – 3:34PM</b> 11:07AM – 12:36PM <b>Rahu</b> 8:08AM – 9:38AM	<b>Dhanishtha Until 12:19PM</b> Siddhi Until 2:49AM Tue Bava Until 11:21PM <b>Chaturthi* Until 11:20AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:39AM <b>Muruga:</b> White <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Bhuloka Day</b>
Family Home Evening Creative Work Siddha Yoga							

<b>5</b>	<b>Tuesday, January 3, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 261 Durmukha 5118
	Kumbha Rasi: 16.17	Tithi 5 – 6	<b>Gulika</b> Yama 899761366	<b>12:36PM – 2:05PM</b> 9:38AM – 11:07AM <b>Rahu</b> 3:34PM – 5:03PM	<b>Shatabhishak Until 12:36PM</b> Vyatipata* Until 1:17AM Wed Kaulava Until 10:59PM <b>Panchami Until 11:12AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:40AM <b>Muruga:</b> White <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga <b>Vinayaga Viratam Ends</b>							

<b>6</b>	<b>Wednesday, January 4, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 262 Durmukha 5118
	Kumbha Rasi: 29.33	Tithi 6 – 7	<b>Gulika</b> Yama 819761366	<b>11:08AM – 12:37PM</b> 8:09AM – 9:38AM <b>Rahu</b> 12:37PM – 2:06PM	<b>Purvaproshtapada* Until 12:44PM</b> Variyan Until 11:21PM Gara Until 10:09PM <b>Shashthi* Until 10:36AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:40AM <b>Muruga:</b> White <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 12:44PM Then Creative Work - Siddha Yoga							

<b>D</b>	<b>Thursday, January 5, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 263 Durmukha 5118
	<b>Retreat Star</b>		<b>Gulika</b> Yama 819761366	<b>9:39AM – 11:08AM</b> 6:41AM – 8:10AM <b>Rahu</b> 2:06PM – 3:35PM	<b>Uttaraproshtapada Until 12:14PM</b> Parigha* Until 9:02PM Visti Until 8:48PM <b>Saptami Until 9:31AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:41AM <b>Muruga:</b> White <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Moon 12 - Phase 36 Ashtami <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga <b>Subramuniyaswami Jayanti</b>							

<b>D</b>	<b>Friday, January 6, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 264 Durmukha 5118
	<b>Retreat Star</b>		<b>Gulika</b> Yama 819761366	<b>8:10AM – 9:39AM</b> 3:36PM – 5:05PM <b>Rahu</b> 11:08AM – 12:37PM	<b>Revati Until 11:05AM</b> Shiva Until 6:20PM Balava Until 6:58PM <b>Ashtami* Until 7:55AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:41AM <b>Muruga:</b> White <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Moon 12 - Phase 36 Navami <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Until 11:05AM Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 7, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 265	
Mesha Rasi: 11.04	Tithi 10	<b>Gulika</b> 6:42AM – 8:11AM	<b>Ashvini Until 9:47AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:42AM	Durmukha 5118		
		Yama 2:07PM – 3:36PM	Siddha Until 3:15PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:34PM	Moon 12 - Phase 37		
Creative Work	Siddha Yoga	829761366 <b>Rahu</b> 9:40AM – 11:09AM	Taitila Until 4:41PM	<b>Nataraja:</b> Green		4th Phase		
			<b>Dashami Until 3:22AM Sun</b>	Moon – White		<b>Devaloka Day</b>		
				<b>Pausha-Markali</b>				

<b>2</b>		<b>Sunday, January 8, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 266	
Mesha Rasi: 25.29	Tithi 11	<b>Gulika</b> 3:37PM – 5:06PM	<b>Bharani Until 7:55AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:42AM	Durmukha 5118		
		Yama 12:38PM – 2:07PM	Sadhya Until 11:52AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:35PM	Moon 12 - Phase 37		
Routine Work	Prabalarishta Yoga	829761366 <b>Rahu</b> 5:06PM – 6:35PM	Vanija Until 2:01PM	<b>Nataraja:</b> Green		4th Phase		
Until 7:55AM			<b>Ekadashi Until 12:33AM Mon</b>	Moon – White		<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga		<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>				

<b>3</b>		<b>Monday, January 9, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 267	
Vrishabha Rasi: 10.08	Tithi 12	<b>Gulika</b> 2:08PM – 3:37PM	<b>Rohini Until 3:25AM Tue</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:42AM	Durmukha 5118		
<b>Family Home Evening</b>		Yama 11:10AM – 12:39PM	Subha Until 8:16AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:35PM	Moon 12 - Phase 37		
Creative Work	Amrita Yoga	839761366 <b>Rahu</b> 8:11AM – 9:41AM	Bava Until 11:04AM	<b>Nataraja:</b> Green		4th Phase		
Until 3:25AM Tue			<b>Dvadashi Until 9:31PM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM		

<b>4</b>		<b>Tuesday, January 10, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 268	
Vrishabha Rasi: 24.55	Tithi 13	<b>Gulika</b> 12:39PM – 2:08PM	<b>Mrigashira Until 1:02AM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:43AM	Durmukha 5118		
		Yama 9:41AM – 11:10AM	Brahma Until 12:44AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Moon 12 - Phase 37		
Creative Work	Siddha Yoga	831761366 <b>Rahu</b> 3:37PM – 5:07PM	Kaulava Until 7:59AM	<b>Nataraja:</b> Green		4th Phase		
			<b>Trayodashi Until 6:25PM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
			<i>Pradosha Vrata</i>	<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM		

<b>5</b>		<b>Wednesday, January 11, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sun 27 Sutra 269	
Mithuna Rasi: 9.43	Tithi 14 – 15	<b>Gulika</b> 11:10AM – 12:40PM	<b>Ardra Until 10:39PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:43AM	Durmukha 5118		
		Yama 8:12AM – 9:41AM	Indra Until 9:05PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Moon 12 - Phase 37		
Creative Work	Siddha Yoga	831761366 <b>Rahu</b> 12:40PM – 2:09PM	Visti Until 1:58AM Thu	<b>Nataraja:</b> Green		4th Phase		
			<b>Chaturdashi* Until 3:23PM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
		<b>Ardra Darshanam</b>		<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM		

<b>○</b>		<b>Thursday, January 12, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sutra 270	
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:42AM – 11:11AM	<b>Punarvasu Until 8:49PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:43AM	Durmukha 5118		
Mithuna Rasi: 24.23	Tithi 15 – 16	Yama 6:43AM – 8:13AM	Vaidhriti* Until 5:37PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 12 - Phase 37		
Creative Work	Amrita Yoga	841761366 <b>Rahu</b> 2:09PM – 3:38PM	Balava Until 11:20PM	<b>Nataraja:</b> Green		Purnima		
			<b>Purnima* Until 12:35PM</b>	Moon – Blue		<b>Devaloka Day</b>		
				<b>Pausha-Markali</b>				

<b>Friday, January 13, 2017</b>		<b>Silver Retreat Star</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sutra 271	
Kataka Rasi: 8.49	Tithi 16 – 17	<b>Gulika</b> 8:13AM – 9:42AM	<b>Pushya Until 7:18PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:44AM	Durmukha 5118		
		Yama 3:39PM – 5:08PM	Vishkambha* Until 2:31PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 12 - Phase 37		
Routine Work	Marana Yoga	841761366 <b>Rahu</b> 11:11AM – 12:40PM	Taitila Until 9:11PM	<b>Nataraja:</b> Green		Prathama		
			<b>Prathama* Until 10:10AM</b>	Moon – Blue		<b>Devaloka Day</b>		
				<b>Pausha-Markali</b>				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

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Saturday, January 14, 2017

Gold Retreat Star

Kataka Rasi: 22.53 Tihi 17 – 18

841761366

Gulika 6:44AM – 8:13AM  
Yama 2:10PM – 3:39PM  
Rahu 9:42AM – 11:12AM

Thai Pongal

Routine Work Marana Yoga  
Until 6:14PM

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Ganesha: White Sunrise: 6:44AM  
Muruga: White Sunset: 6:37PM  
Nataraja: Green  
Moon – Blue  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 1 Sutra 272  
Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

1

Sunday, January 15, 2017

Simha Rasi: 6.34 Tihi 18 – 19

851761366

Gulika 3:39PM – 5:09PM  
Yama 12:41PM – 2:10PM  
Rahu 5:09PM – 6:38PM

Magha\* Until 6:10PM  
Ayushman Until 9:48AM  
Bava Until 6:51PM  
Tritiya Until 7:08AM

Routine Work Marana Yoga  
Until 6:10PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Ganesha: Yellow Sunrise: 6:44AM  
Muruga: White Sunset: 6:38PM  
Nataraja: Green  
Moon – Red  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 2 Sutra 273  
Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

2

Monday, January 16, 2017

Simha Rasi: 19.47 Tihi 19 – 20

851761366

Gulika 2:11PM – 3:40PM  
Yama 11:12AM – 12:41PM  
Rahu 8:14AM – 9:43AM

Purvaphalguni Until 6:45PM  
Saubhagya Until 8:20AM  
Kaulava Until 6:52PM  
Chaturthi\* Until 6:44AM

Family Home Evening  
Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Ganesha: Yellow Sunrise: 6:45AM  
Muruga: White Sunset: 6:38PM  
Nataraja: Green  
Moon – Red  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 3 Sutra 274  
Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Tuesday, January 17, 2017

Kanya Rasi: 2.37 Tihi 20 – 21

851761366

Gulika 12:42PM – 2:11PM  
Yama 9:43AM – 11:13AM  
Rahu 3:40PM – 5:09PM

Uttaraphalguni Until 7:57PM  
Sobhana Until 7:30AM  
Gara Until 7:41PM  
Panchami Until 7:09AM

Creative Work Amrita Yoga  
Until 7:57PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Ganesha: Yellow Sunrise: 6:45AM  
Muruga: White Sunset: 6:39PM  
Nataraja: Green  
Moon – Red  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 4 Sutra 275  
Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to12:PM

4

Wednesday, January 18, 2017

Kanya Rasi: 15.05 Tihi 21 – 22

861761366

Gulika 11:13AM – 12:42PM  
Yama 8:14AM – 9:44AM  
Rahu 12:42PM – 2:11PM

Hasta Until 10:08PM  
Athiganda\* Until 7:15AM  
Visti Until 9:13PM  
Shashthi\* Until 8:21AM

Routine Work Marana Yoga  
Until 10:08PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Ganesha: Blue Sunrise: 6:45AM  
Muruga: White Sunset: 6:39PM  
Nataraja: Green  
Moon – Green  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 5 Sutra 276  
Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

5

Thursday, January 19, 2017

Retreat Star

Kanya Rasi: 27.17 Tihi 22 – 23

861761366

Gulika 9:44AM – 11:13AM  
Yama 6:45AM – 8:15AM  
Rahu 2:12PM – 3:41PM

Chitra Until 12:42AM Fri  
Sukarma Until 7:29AM  
Balava Until 11:18PM  
Saptami Until 10:11AM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Ganesha: Blue Sunrise: 6:45AM  
Muruga: White Sunset: 6:39PM  
Nataraja: Green  
Moon – Green  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 6 Sutra 277  
Durmukha 5118  
Moon 1 - Phase 38  
Ashtami

Devaloka Day

Friday, January 20, 2017

Retreat Star

Tula Rasi: 9.17 Tihi 23 – 24

861761366

Gulika 8:15AM – 9:44AM  
Yama 3:41PM – 5:11PM  
Rahu 11:13AM – 12:43PM

Svati Until 3:24AM Sat  
Dhriti Until 8:05AM  
Taitila Until 1:43AM Sat  
Ashtami\* Until 12:28PM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Ganesha: Blue Sunrise: 6:46AM  
Muruga: White Sunset: 6:40PM  
Nataraja: Green  
Moon – Green  
Pausha\*Thai

Port Harcourt, Nigeria  
Sun 7 Sutra 278  
Durmukha 5118  
Moon 1 - Phase 38  
Navami

Devaloka Day

<b>1</b>		<b>Saturday, January 21, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria	
Tula Rasi: 21.11		Tihi 24 – 25		872761366		Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 279	
Creative Work		Siddha Yoga		872761366		Gulika 6:46AM – 8:15AM		Durmukha 5118	
Until 6:31AM Sun		Then Routine Work - Marana Yoga		872761366		Yama 2:12PM – 3:42PM		Moon 1 - Phase 39	
				872761366		Rahu 9:44AM – 11:14AM		2nd Phase	
						Vishakha Until 6:31AM Sun		Ganesh: Blue Sunrise: 6:46AM	
						Shula* Until 8:52AM		Muruga: White Sunset: 6:40PM	
						Vanija Until 4:16AM Sun		Nataraja: Green	
						Navami* Until 2:58PM		Moon – Orange	
								Pausha*Thai	
								<b>Bhuloka Day</b>	

<b>2</b>		<b>Sunday, January 22, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria	
Vrischika Rasi: 3.04		Tihi 25 – 26		872761366		Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 280	
Routine Work		Marana Yoga		872761366		Gulika 3:42PM – 5:11PM		Durmukha 5118	
				872761366		Yama 12:43PM – 2:13PM		Moon 1 - Phase 39	
				872761366		Rahu 5:11PM – 6:41PM		2nd Phase	
						Vishakha Until 6:31AM		Ganesh: Blue Sunrise: 6:46AM	
						Ganda* Until 9:41AM		Muruga: White Sunset: 6:41PM	
						Bava Until 6:42AM Mon		Nataraja: Green	
						Dashami Until 5:29PM		Moon – Orange	
								Pausha*Thai	
								<b>Bhuloka Day</b>	

<b>3</b>		<b>Monday, January 23, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria	
Vrischika Rasi: 14.58		Tihi 26		872861366		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 281	
Family Home Evening		Creative Work		872861366		Gulika 2:13PM – 3:42PM		Durmukha 5118	
Siddha Yoga				872861366		Yama 11:14AM – 12:44PM		Moon 1 - Phase 39	
				872861366		Rahu 8:16AM – 9:45AM		2nd Phase	
						Anuradha Until 9:23AM		Ganesh: Red Sunrise: 6:46AM	
						Vriddhi Until 10:26AM		Muruga: White Sunset: 6:41PM	
						Bava Until 6:42AM		Nataraja: Green	
						Ekadashi* Until 7:49PM		Moon – Orange	
								Pausha*Thai	
								<b>Bhuloka Day</b>	
								Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Tuesday, January 24, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria	
Vrischika Rasi: 26.59		Tihi 27		972861366		Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 282	
Routine Work		Marana Yoga		972861366		Gulika 12:44PM – 2:13PM		Durmukha 5118	
Until 11:49AM		Then Creative Work - Amrita Yoga		972861366		Yama 9:45AM – 11:14AM		Moon 1 - Phase 39	
				972861366		Rahu 3:43PM – 5:12PM		2nd Phase	
						Jyeshtha* Until 11:49AM		Ganesh: Blue Sunrise: 6:46AM	
						Dhruva Until 10:57AM		Muruga: White Sunset: 6:41PM	
						Kaulava Until 8:54AM		Nataraja: Green	
						Dvadashi* Until 9:50PM		Moon – Orange	
								Pausha*Thai	
								<b>Devaloka Day</b>	

<b>5</b>		<b>Wednesday, January 25, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria	
Dhanus Rasi: 9.08		Tihi 28		982861366		Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 283	
Routine Work		Marana Yoga		982861366		Gulika 11:15AM – 12:44PM		Durmukha 5118	
Until 2:12PM		Then Creative Work - Amrita Yoga		982861366		Yama 8:16AM – 9:45AM		Moon 1 - Phase 39	
				982861366		Rahu 12:44PM – 2:13PM		2nd Phase	
						Mula* Until 2:12PM		Ganesh: Red Sunrise: 6:47AM	
						Vyaghata* Until 11:11AM		Muruga: White Sunset: 6:42PM	
						Gara Until 10:42AM		Nataraja: Green	
						Trayodashi* Until 11:25PM		Moon – Light Blue	
						Pradosha Vrata (Fasting)		Pausha*Thai	
								<b>Bhuloka Day</b>	
								Devaloka Time: 9:AM to12:PM	

<b>6</b>		<b>Thursday, January 26, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria	
Dhanus Rasi: 21.28		Tihi 29		982861366		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 284	
Creative Work		Siddha Yoga		982861366		Gulika 9:46AM – 11:15AM		Durmukha 5118	
Until 3:59PM		Then Routine Work - Marana Yoga		982861366		Yama 6:47AM – 8:16AM		Moon 1 - Phase 39	
				982861366		Rahu 2:14PM – 3:43PM		2nd Phase	
						Purvashadha* Until 3:59PM		Ganesh: Red Sunrise: 6:47AM	
						Harshana Until 11:06AM		Muruga: White Sunset: 6:42PM	
						Visti Until 12:03PM		Nataraja: Green	
						Chaturdashi* Until 12:31AM Fri		Moon – Light Blue	
								Pausha*Thai	
								<b>Bhuloka Day</b>	
								Devaloka Time: 9:AM to12:PM	

<b>Retreat Star</b>		<b>Friday, January 27, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria	
Makara Rasi: 4.01		Tihi 30		982861366		Uttarashadha*/Shravana Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 285	
Routine Work		Marana Yoga		982861366		Gulika 8:16AM – 9:46AM		Durmukha 5118	
				982861366		Yama 3:43PM – 5:13PM		Moon 1 - Phase 39	
				982861366		Rahu 11:15AM – 12:45PM		Amavasya	
						Uttarashadha Until 5:08PM		Ganesh: Red Sunrise: 6:47AM	
						Vajra* Until 10:36AM		Muruga: White Sunset: 6:42PM	
						Catuspada Until 12:54PM		Nataraja: Green	
						Amavasya* Until 1:07AM Sat		Moon – Light Blue	
								Pausha*Thai	
								<b>Bhuloka Day</b>	
								Devaloka Time: 9:AM to12:PM	

<b>Retreat Star</b>		<b>Saturday, January 28, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria	
Makara Rasi: 16.47		Tihi 1		992861366		Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 286	
Creative Work		Siddha Yoga		992861366		Gulika 6:47AM – 8:16AM		Durmukha 5118	
				992861366		Yama 2:14PM – 3:44PM		Moon 1 - Phase 39	
				992861366		Rahu 9:46AM – 11:15AM		Prathama	
						Shravana Until 6:07PM		Ganesh: Yellow Sunrise: 6:47AM	
						Siddhi Until 9:44AM		Muruga: White Sunset: 6:42PM	
						Kintughna Until 1:15PM		Nataraja: Green	
						Prathama* Until 1:14AM Sun		Moon – Purple	
								Magha*Thai	
								<b>Bhuloka Day</b>	
								Devaloka Time: 9:AM to12:PM	

<b>1 Sunday, January 29, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam			Port Harcourt, Nigeria	
Makara Rasi: 29.47 Tithi 2		Dhanishtha Nakshatra Vyatipata* Vairyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Sun 16 Sutra 287	
992861366		<b>Gulika</b> 3:44PM – 5:13PM	<b>Dhanishtha Until 6:31PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:47AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 12:45PM – 2:14PM	Vyatipata* Until 8:31AM	<b>Muruga:</b> White <i>Sunset:</i> 6:43PM	Moon 1 - Phase 40	
Until 6:31PM		<b>Rahu</b> 5:13PM – 6:43PM	Balava Until 1:08PM	<b>Nataraja:</b> Green	3rd Phase	
Then Creative Work - Siddha Yoga					<b>Bhuloka Day</b>	
					Devaloka Time: 9:AM to 12:PM	

<b>2 Monday, January 30, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam			Port Harcourt, Nigeria	
Kumbha Rasi: 13.01 Tithi 3		Shatabhishak Nakshatra Vairyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau			Sun 17 Sutra 288	
992861366		<b>Gulika</b> 2:15PM – 3:44PM	<b>Shatabhishak Until 6:22PM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:47AM	Durmukha 5118	
Family Home Evening		Yama 11:16AM – 12:45PM	Vairyan Until 6:57AM	<b>Muruga:</b> White <i>Sunset:</i> 6:43PM	Moon 1 - Phase 40	
Creative Work Siddha Yoga		<b>Rahu</b> 8:17AM – 9:46AM	Tailila Until 12:36PM	<b>Nataraja:</b> Green	3rd Phase	
Until 6:22PM					<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					Devaloka Time: 9:AM to 12:PM	

<b>3 Tuesday, January 31, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam			Port Harcourt, Nigeria	
Kumbha Rasi: 26.26 Tithi 4		Purvaprossthapada* Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau			Sun 18 Sutra 289	
912861366		<b>Gulika</b> 12:45PM – 2:15PM	<b>Purvaprossthapada* Until 6:10PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:47AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 9:46AM – 11:16AM	Shiva Until 3:01AM Wed	<b>Muruga:</b> White <i>Sunset:</i> 6:43PM	Moon 1 - Phase 40	
Until 6:10PM		<b>Rahu</b> 3:44PM – 5:14PM	Vanija Until 11:43AM	<b>Nataraja:</b> Green	3rd Phase	
Then Creative Work - Amrita Yoga					<b>Devaloka Day</b>	
					Magha-Thai	

<b>4 Wednesday, February 1, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam			Port Harcourt, Nigeria	
Meena Rasi: 10.03 Tithi 5		Uttaraprossthapada/Revati Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau			Sun 19 Sutra 290	
912861366		<b>Gulika</b> 11:16AM – 12:45PM	<b>Uttaraprossthapada Until 5:32PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:47AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 8:17AM – 9:46AM	Siddha Until 12:40AM Thu	<b>Muruga:</b> White <i>Sunset:</i> 6:43PM	Moon 1 - Phase 40	
Until 5:32PM		<b>Rahu</b> 12:45PM – 2:15PM	Bava Until 10:30AM	<b>Nataraja:</b> Green	3rd Phase	
Then Routine Work - Marana Yoga					<b>Devaloka Day</b>	
					Magha-Thai	

<b>5 Thursday, February 2, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam			Port Harcourt, Nigeria	
Meena Rasi: 23.5 Tithi 6		Revati/Ashvini Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau			Sun 20 Sutra 291	
912861366		<b>Gulika</b> 9:46AM – 11:16AM	<b>Revati Until 4:29PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:47AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 6:47AM – 8:17AM	Sadhya Until 10:08PM	<b>Muruga:</b> White <i>Sunset:</i> 6:43PM	Moon 1 - Phase 40	
Until 4:29PM		<b>Rahu</b> 2:15PM – 3:44PM	Kaulava Until 9:01AM	<b>Nataraja:</b> Green	3rd Phase	
Then Creative Work - Amrita Yoga					<b>Devaloka Day</b>	
					Magha-Thai	

<b>6 Friday, February 3, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam			Port Harcourt, Nigeria	
Mesha Rasi: 7.46 Tithi 7		Ashvini/Bharani Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau			Sun 21 Sutra 292	
923861367		<b>Gulika</b> 8:17AM – 9:46AM	<b>Ashvini Until 3:29PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:47AM	Durmukha 5118	
Creative Work Amrita Yoga		Yama 3:45PM – 5:14PM	Subha Until 7:25PM	<b>Muruga:</b> White <i>Sunset:</i> 6:44PM	Moon 1 - Phase 40	
Until 3:29PM		<b>Rahu</b> 11:16AM – 12:46PM	Gara Until 7:17AM	<b>Nataraja:</b> White	3rd Phase	
Then Creative Work - Siddha Yoga					<b>Bhuloka Day</b>	
					Magha-Thai	

<b>Retreat Star</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam			Port Harcourt, Nigeria	
Mesha Rasi: 21.51 Tithi 8 – 9		Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Sun 22 Sutra 293	
923861367		<b>Gulika</b> 6:47AM – 8:17AM	<b>Bharani Until 2:09PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:47AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 2:15PM – 3:45PM	Sukla Until 4:32PM	<b>Muruga:</b> White <i>Sunset:</i> 6:44PM	Moon 1 - Phase 40	
Until 2:09PM		<b>Rahu</b> 9:47AM – 11:16AM	Balava Until 3:12AM Sun	<b>Nataraja:</b> White	Ashtami	
Then Creative Work - Amrita Yoga					<b>Bhuloka Day</b>	
					Magha-Thai	

<b>Retreat Star</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam			Port Harcourt, Nigeria	
Vrisabha Rasi: 6.02 Tithi 9 – 10		Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau			Sun 23 Sutra 294	
923861367		<b>Gulika</b> 3:45PM – 5:14PM	<b>Krittika Until 12:31PM</b>	<b>Ganesh:</b> White <i>Sunrise:</i> 6:47AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 12:46PM – 2:15PM	Brahma Until 1:32PM	<b>Muruga:</b> White <i>Sunset:</i> 6:44PM	Moon 1 - Phase 40	
		<b>Rahu</b> 5:14PM – 6:44PM	Tailila Until 12:56AM Mon	<b>Nataraja:</b> White	Navami	
					<b>Bhuloka Day</b>	
					Magha-Thai	

<b>1</b>	<b>Monday, February 6, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 295
	Vrishabha Rasi: 20.19	Tithi 10 – 11	<b>Gulika</b>	2:15PM – 3:45PM	<b>Rohini Until 11:02AM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:47AM
	Family Home Evening	933861367	Yama	11:16AM – 12:46PM	Indra Until 10:26AM	<b>Muruga:</b> White	Sunset: 6:44PM
	Creative Work	Amrita Yoga	<b>Rahu</b>	8:17AM – 9:47AM	Vanija Until 10:35PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
				Dashami Until 11:44AM	<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2</b>	<b>Tuesday, February 7, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Mishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 296
	Mithuna Rasi: 4.38	Tithi 11 – 12	<b>Gulika</b>	12:46PM – 2:16PM	<b>Mrigashira Until 9:23AM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:47AM
	Creative Work	Siddha Yoga	Yama	9:47AM – 11:16AM	Vaidhriti* Until 7:18AM	<b>Muruga:</b> White	Sunset: 6:44PM
	Until 9:23AM	933861367	<b>Rahu</b>	3:45PM – 5:15PM	Bava Until 8:14PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
				Ekadashi Until 9:23AM	<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
							4th Phase
							Then Routine Work - Marana Yoga

<b>3</b>	<b>Wednesday, February 8, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 297
	Mithuna Rasi: 18.56	Tithi 12 – 13	<b>Gulika</b>	11:16AM – 12:46PM	<b>Ardra Until 7:38AM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:47AM
	Creative Work	Siddha Yoga	Yama	8:17AM – 9:47AM	Priti Until 1:13AM Thu	<b>Muruga:</b> White	Sunset: 6:45PM
	Creative Work	Siddha Yoga	<b>Rahu</b>	12:46PM – 2:16PM	Taitila Until 4:54AM Thu	<b>Nataraja:</b> White	Moon 1 - Phase 41
				Dvadashi Until 7:04AM	<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
					<i>Pradosha Vrata</i>		4th Phase

<b>4</b>	<b>Thursday, February 9, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 298
	Kataka Rasi: 3.08	Tithi 14	<b>Gulika</b>	9:47AM – 11:16AM	<b>Punarvasu Until 6:19AM</b>	<b>Ganesh:</b> Purple	Sunrise: 6:47AM
	Creative Work	Amrita Yoga	Yama	6:47AM – 8:17AM	Ayushman Until 10:25PM	<b>Muruga:</b> White	Sunset: 6:45PM
	Creative Work	Amrita Yoga	<b>Rahu</b>	2:16PM – 3:45PM	Gara Until 3:56PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
				Chaturdashi* Until 3:01AM Fri	<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
					<b>Thai Pusam</b>		4th Phase

	<b>Friday, February 10, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 299
	Kataka Rasi: 17.09	Tithi 15	<b>Gulika</b>	8:17AM – 9:47AM	<b>Ashlesha* Until 4:13AM Sat</b>	<b>Ganesh:</b> Purple	Sunrise: 6:47AM
	Routine Work	Marana Yoga	Yama	3:45PM – 5:15PM	Saubhagya Until 7:55PM	<b>Muruga:</b> White	Sunset: 6:45PM
	Until 4:13AM Sat	933861367	<b>Rahu</b>	11:16AM – 12:46PM	Visti Until 2:14PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
				Purnima* Until 1:31AM Sat	<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
							Purnima
							Then Creative Work - Amrita Yoga

<b>5</b>	<b>Saturday, February 11, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 30 Sutra 300
	Simha Rasi: 0.55	Tithi 16	<b>Gulika</b>	6:47AM – 8:17AM	<b>Magha* Until 4:06AM Sun</b>	<b>Ganesh:</b> Clear	Sunrise: 6:47AM
	Creative Work	Amrita Yoga	Yama	2:16PM – 3:46PM	Sobhana Until 5:50PM	<b>Muruga:</b> White	Sunset: 6:45PM
	Until 4:06AM Sun	953861367	<b>Rahu</b>	9:47AM – 11:16AM	Balava Until 12:59PM	<b>Nataraja:</b> White	Moon 1 - Phase 41
				Prathama* Until 12:32AM Sun	<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
					<b>Penumbral Lunar Eclipse</b>		Prathama
							Then Creative Work - Siddha Yoga





Sunday, February 12, 2017

Gold Retreat Star

Simha Rasi: 14.23      Tihti 17

953861367

Creative Work      Siddha Yoga

**Gulika**      3:46PM – 5:15PM  
**Yama**      12:46PM – 2:16PM  
**Rahu**      5:15PM – 6:45PM

**Purvaphalguni** Until 4:26AM Mon

Athiganda\* Until 4:10PM

Taitila Until 12:17PM

**Dvitiya** Until 12:09AM Mon

**Ganesha:** Clear      *Sunrise:* 6:47AM

**Muruga:** White      *Sunset:* 6:45PM

**Nataraja:** White

Moon – Red

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sutra 301

Durmukha 5118

Moon 2 - Phase 42

1st Phase

1

Monday, February 13, 2017

Simha Rasi: 27.3      Tihti 18

Family Home Evening

Creative Work      Siddha Yoga

953861367

**Gulika**      2:16PM – 3:46PM  
**Yama**      11:16AM – 12:46PM  
**Rahu**      8:17AM – 9:47AM

**Uttaraphalguni** Until 5:15AM Tue

Sukarma Until 3:01PM

Vanija Until 12:14PM

**Tritiya** Until 12:26AM Tue

**Ganesha:** Clear      *Sunrise:* 6:47AM

**Muruga:** White      *Sunset:* 6:45PM

**Nataraja:** White

Moon – Red

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 1      Sutra 302

Durmukha 5118

Moon 2 - Phase 42

1st Phase

2

Tuesday, February 14, 2017

Kanya Rasi: 10.18      Tihti 19

Creative Work      Siddha Yoga

963861367

**Gulika**      12:46PM – 2:16PM  
**Yama**      9:46AM – 11:16AM  
**Rahu**      3:46PM – 5:15PM

**Hasta** Until 7:01AM Wed

Dhriti Until 2:24PM

Bava Until 12:51PM

Bava Until 12:51PM

**Chaturthi\*** Until 1:23AM Wed

**Ganesha:** White      *Sunrise:* 6:47AM

**Muruga:** White      *Sunset:* 6:45PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 2      Sutra 303

Durmukha 5118

Moon 2 - Phase 42

1st Phase

3

Wednesday, February 15, 2017

Kanya Rasi: 22.47      Tihti 20

Routine Work      Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

963861367

**Gulika**      11:16AM – 12:46PM  
**Yama**      8:17AM – 9:46AM  
**Rahu**      12:46PM – 2:16PM

**Hasta** Until 7:01AM

Shula\* Until 2:15PM

Kaulava Until 2:06PM

**Panchami** Until 2:56AM Thu

**Ganesha:** White      *Sunrise:* 6:47AM

**Muruga:** White      *Sunset:* 6:45PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 3      Sutra 304

Durmukha 5118

Moon 2 - Phase 42

1st Phase

4

Thursday, February 16, 2017

Tula Rasi: 5.02      Tihti 21

Creative Work      Siddha Yoga

Until 9:12AM

Then Creative Work - Amrita Yoga

963961367

**Gulika**      9:46AM – 11:16AM  
**Yama**      6:47AM – 8:16AM  
**Rahu**      2:16PM – 3:46PM

**Chitra** Until 9:12AM

Ganda\* Until 2:31PM

Gara Until 3:55PM

**Shashthi\*** Until 4:58AM Fri

**Ganesha:** Yellow      *Sunrise:* 6:47AM

**Muruga:** White      *Sunset:* 6:45PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Port Harcourt, Nigeria

Sun 4      Sutra 305

Durmukha 5118

Moon 2 - Phase 42

1st Phase

5

Friday, February 17, 2017

Tula Rasi: 17.06      Tihti 22

Creative Work      Siddha Yoga

964961367

**Gulika**      8:16AM – 9:46AM  
**Yama**      3:46PM – 5:16PM  
**Rahu**      11:16AM – 12:46PM

**Svati** Until 11:37AM

Vridhhi Until 3:07PM

Visti Until 6:08PM

**Saptami** Until 7:18AM Sat

**Ganesha:** White      *Sunrise:* 6:46AM

**Muruga:** White      *Sunset:* 6:45PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 5      Sutra 306

Durmukha 5118

Moon 2 - Phase 42

1st Phase

D

Saturday, February 18, 2017

Retreat Star

Tula Rasi: 29.02      Tihti 22 – 23

Creative Work      Siddha Yoga

974971367

**Gulika**      6:46AM – 8:16AM  
**Yama**      2:16PM – 3:46PM  
**Rahu**      9:46AM – 11:16AM

**Vishakha** Until 2:38PM

Dhruva Until 3:52PM

Balava Until 8:33PM

**Saptami** Until 7:18AM

**Ganesha:** Yellow      *Sunrise:* 6:46AM

**Muruga:** Yellow      *Sunset:* 6:45PM

**Nataraja:** White

Moon – Orange

**Magha-Masi**

**Devaloka Day**

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 6      Sutra 307

Durmukha 5118

Moon 2 - Phase 42

Ashtami

Sunday, February 19, 2017

Retreat Star

Vrischika Rasi: 10.56      Tihti 23 – 24

Routine Work      Marana Yoga

974971367

**Gulika**      3:46PM – 5:16PM  
**Yama**      12:46PM – 2:16PM  
**Rahu**      5:16PM – 6:46PM

**Anuradha** Until 5:32PM

Vyaghata\* Until 4:40PM

Taitila Until 10:59PM

**Ashtami\*** Until 9:46AM

**Ganesha:** Yellow      *Sunrise:* 6:46AM

**Muruga:** Yellow      *Sunset:* 6:46PM

**Nataraja:** White

Moon – Orange

**Magha-Masi**

**Devaloka Day**

Devaloka Time: 6:AM to 9:AM

Port Harcourt, Nigeria

Sun 7      Sutra 308

Durmukha 5118

Moon 2 - Phase 42

Navami

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, February 20, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria	
Vrischika Rasi: 22.51		Tithi 24 – 25		Jyeshtha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 309	
<b>Family Home Evening</b>		974971367		<b>Gulika</b>	<b>2:16PM – 3:46PM</b>	<b>Jyeshtha* Until 8:07PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:46AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		Yama	11:16AM – 12:46PM	Harshana Until 5:22PM	<b>Muruga: Yellow</b>	<i>Sunset: 6:46PM</i>	Moon 2 - Phase 43
				<b>Rahu</b>	<b>8:16AM – 9:46AM</b>	Vanija Until 1:14AM Tue	<b>Nataraja: White</b>		2nd Phase
						<b>Navami* Until 12:07PM</b>	Moon – Orange		<b>Devaloka Day</b>
							<b>Magha-Masi</b>		

<b>2</b>		<b>Tuesday, February 21, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria	
Dhanus Rasi: 4.52		Tithi 25 – 26		Mula* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 310	
Creative Work		Amrita Yoga		<b>Gulika</b>	<b>12:46PM – 2:16PM</b>	<b>Mula* Until 10:42PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:46AM</i>	Durmukha 5118
Until 10:42PM		984971367		Yama	9:46AM – 11:16AM	Vajra* Until 5:48PM	<b>Muruga: Yellow</b>	<i>Sunset: 6:46PM</i>	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				<b>Rahu</b>	<b>3:46PM – 5:16PM</b>	Bava Until 3:05AM Wed	<b>Nataraja: White</b>		2nd Phase
						<b>Dashami Until 2:12PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
							<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>3</b>		<b>Wednesday, February 22, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria	
Dhanus Rasi: 17.02		Tithi 26 – 27		Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 311	
Creative Work		Amrita Yoga		<b>Gulika</b>	<b>11:16AM – 12:46PM</b>	<b>Purvashadha* Until 12:38AM Thu</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:45AM</i>	Durmukha 5118
Until 12:38AM Thu		984971367		Yama	8:16AM – 9:46AM	Siddhi Until 5:52PM	<b>Muruga: Yellow</b>	<i>Sunset: 6:46PM</i>	Moon 2 - Phase 43
Then Routine Work - Marana Yoga				<b>Rahu</b>	<b>12:46PM – 2:16PM</b>	Kaulava Until 4:24AM Thu	<b>Nataraja: White</b>		2nd Phase
						<b>Ekadashi* Until 3:48PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
							<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>4</b>		<b>Thursday, February 23, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria	
Dhanus Rasi: 29.27		Tithi 27 – 28		Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 312	
Routine Work		Marana Yoga		<b>Gulika</b>	<b>9:45AM – 11:15AM</b>	<b>Uttarashadha Until 1:49AM Fri</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:45AM</i>	Durmukha 5118
		984971367		Yama	6:45AM – 8:15AM	Vyatipata* Until 5:31PM	<b>Muruga: Yellow</b>	<i>Sunset: 6:46PM</i>	Moon 2 - Phase 43
				<b>Rahu</b>	<b>2:15PM – 3:45PM</b>	Gara Until 5:05AM Fri	<b>Nataraja: White</b>		2nd Phase
						<b>Dvadashi* Until 4:48PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
							<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM
							<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Friday, February 24, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria	
Makara Rasi: 12.08		Tithi 28 – 29		Shravana Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 313	
Routine Work		Marana Yoga		<b>Gulika</b>	<b>8:15AM – 9:45AM</b>	<b>Shravana Until 2:41AM Sat</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:45AM</i>	Durmukha 5118
Until 2:41AM Sat		994971367		Yama	3:45PM – 5:15PM	Varyan Until 4:38PM	<b>Muruga: Yellow</b>	<i>Sunset: 6:46PM</i>	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				<b>Rahu</b>	<b>11:15AM – 12:45PM</b>	Visti Until 5:07AM Sat	<b>Nataraja: White</b>		2nd Phase
						<b>Trayodashi* Until 5:10PM</b>	Moon – Purple		<b>Bhuloka Day</b>
							<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM
							<b>Mahasivaratri (Lunar)</b>		
							<b>Mahasivaratri (Solar)</b>		

<b>6</b>		<b>Saturday, February 25, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria	
Makara Rasi: 25.08		Tithi 29 – 30		Dhanishtha Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 314	
Creative Work		Siddha Yoga		<b>Gulika</b>	<b>6:45AM – 8:15AM</b>	<b>Dhanishtha Until 2:46AM Sun</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:45AM</i>	Durmukha 5118
		994971367		Yama	2:15PM – 3:45PM	Parigha* Until 3:15PM	<b>Muruga: Yellow</b>	<i>Sunset: 6:45PM</i>	Moon 2 - Phase 43
				<b>Rahu</b>	<b>9:45AM – 11:15AM</b>	Catuspada Until 4:31AM Sun	<b>Nataraja: White</b>		2nd Phase
						<b>Chaturdashi* Until 4:53PM</b>	Moon – Purple		<b>Bhuloka Day</b>
							<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>		<b>Sunday, February 26, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria	
Kumbha Rasi: 8.28		Tithi 30 – 1		Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 315	
Creative Work		Siddha Yoga		<b>Gulika</b>	<b>3:45PM – 5:15PM</b>	<b>Shatabhishak Until 2:09AM Mon</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:45AM</i>	Durmukha 5118
Until 2:09AM Mon		994971367		Yama	12:45PM – 2:15PM	Shiva Until 1:25PM	<b>Muruga: Yellow</b>	<i>Sunset: 6:45PM</i>	Moon 2 - Phase 43
Then Routine Work - Marana Yoga				<b>Rahu</b>	<b>5:15PM – 6:45PM</b>	Kintughna Until 3:22AM Mon	<b>Nataraja: White</b>		Amavasya
						<b>Amavasya* Until 3:59PM</b>	Moon – Purple		<b>Bhuloka Day</b>
							<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM
							<b>Annular Solar Eclipse</b>		

<b>Retreat Star</b>		<b>Monday, February 27, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria	
Kumbha Rasi: 22.07		Tithi 1 – 2		Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 316	
<b>Family Home Evening</b>		914971367		<b>Gulika</b>	<b>2:15PM – 3:45PM</b>	<b>Purvaproshtapada* Until 1:23AM Tue</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:44AM</i>	Durmukha 5118
Routine Work		Marana Yoga		Yama	11:15AM – 12:45PM	Siddha Until 11:09AM	<b>Muruga: Yellow</b>	<i>Sunset: 6:45PM</i>	Moon 2 - Phase 43
Until 1:23AM Tue				<b>Rahu</b>	<b>8:14AM – 9:45AM</b>	Balava Until 1:45AM Tue	<b>Nataraja: White</b>		Prathama
Then Creative Work - Amrita Yoga						<b>Prathama* Until 2:35PM</b>	Moon – Clear		<b>Devaloka Day</b>
							<b>Phalguna-Masi</b>		

<b>1</b>		Tuesday, February 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Yoga Gara/Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 317 Durmukha 5118	
Meena Rasi: 6.01	Tithi 2 - 3	<b>Gulika</b>	12:45PM - 2:15PM	<b>Uttaraproshtapada</b> Until 12:09AM Wed	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:44AM			
		Yama	9:44AM - 11:14AM	Sadhya Until 8:34AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44		
		914971367 <b>Rahu</b>	3:45PM - 5:15PM	Taitila Until 11:48PM	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Amrita Yoga					Moon - Clear	<b>Devaloka Day</b>		
Until 12:09AM Wed						<b>Phalguna-Masi</b>			
Then Routine Work - Marana Yoga									

<b>2</b>		Wednesday, March 1, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 318 Durmukha 5118	
Meena Rasi: 20.07	Tithi 3 - 4	<b>Gulika</b>	11:14AM - 12:44PM	<b>Revati</b> Until 10:32PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:43AM			
		Yama	8:14AM - 9:44AM	Sukla Until 2:45AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44		
		914971367 <b>Rahu</b>	12:44PM - 2:15PM	Vanija Until 9:38PM	<b>Nataraja:</b> White		3rd Phase		
Routine Work	Marana Yoga					Moon - Clear	<b>Devaloka Day</b>		
						<b>Phalguna-Masi</b>			
		<b>Subramuniyaswami Siva Vision Day</b>							

<b>3</b>		Thursday, March 2, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 319 Durmukha 5118	
Mesha Rasi: 4.2	Tithi 4 - 5	<b>Gulika</b>	9:44AM - 11:14AM	<b>Ashvini</b> Until 9:06PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:43AM			
		Yama	6:43AM - 8:13AM	Brahma Until 11:42PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44		
		925971367 <b>Rahu</b>	2:14PM - 3:45PM	Bava Until 7:21PM	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Amrita Yoga					Moon - White	<b>Devaloka Day</b>		
Until 9:06PM						<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga									

<b>4</b>		Friday, March 3, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 320 Durmukha 5118	
Mesha Rasi: 18.37	Tithi 5 - 6	<b>Gulika</b>	8:13AM - 9:43AM	<b>Bharani</b> Until 7:30PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:43AM			
		Yama	3:44PM - 5:15PM	Indra Until 8:39PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44		
		925971367 <b>Rahu</b>	11:14AM - 12:44PM	Taitila Until 3:52AM Sat	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Siddha Yoga					Moon - White	<b>Devaloka Day</b>		
						<b>Phalguna-Masi</b>			
		<b>Panchami</b> Until 6:10AM							

<b>5</b>		Saturday, March 4, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 321 Durmukha 5118	
Vrishabha Rasi: 2.53	Tithi 7	<b>Gulika</b>	6:42AM - 8:13AM	<b>Krittika</b> Until 5:50PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:42AM			
		Yama	2:14PM - 3:44PM	Vaidhriti* Until 5:37PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44		
		925971367 <b>Rahu</b>	9:43AM - 11:13AM	Gara Until 2:46PM	<b>Nataraja:</b> White		3rd Phase		
Creative Work	Amrita Yoga					Moon - White	<b>Devaloka Day</b>		
						<b>Phalguna-Masi</b>			
		<b>Saptami</b> Until 1:39AM Sun							

<b>6</b>		Sunday, March 5, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 322 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b>	3:44PM - 5:15PM	<b>Rohini</b> Until 4:32PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:42AM			
Vrishabha Rasi: 17.07	Tithi 8	Yama	12:43PM - 2:14PM	Vishkambha* Until 2:42PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44		
		135971367 <b>Rahu</b>	5:15PM - 6:45PM	Visti Until 12:36PM	<b>Nataraja:</b> White		Ashtami		
Creative Work	Siddha Yoga					Moon - Yellow	<b>Sivaloka Day</b>		
						<b>Phalguna-Masi</b>			
		<b>Ashtami*</b> Until 11:33PM							

<b>7</b>		Monday, March 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 323 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b>	2:14PM - 3:44PM	<b>Mrigashira</b> Until 3:16PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:42AM			
Mithuna Rasi: 1.14	Tithi 9	Yama	11:13AM - 12:43PM	Priti Until 11:54AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44		
<b>Family Home Evening</b>		135971367 <b>Rahu</b>	8:12AM - 9:42AM	Balava Until 10:35AM	<b>Nataraja:</b> White		Navami		
Creative Work	Amrita Yoga					Moon - Yellow	<b>Sivaloka Day</b>		
Until 3:16PM						<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b> Tuesday, March 7, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 324
Mithuna Rasi: 15.14	Tithi 10	<b>Gulika</b> 12:43PM – 2:13PM	<b>Ardra</b> Until 2:02PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM	Durmukha 5118
		Yama 9:42AM – 11:13AM	Ayushman Until 9:15AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 45
		135971367 <b>Rahu</b> 3:44PM – 5:14PM	Taitila Until 8:45AM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 7:54PM	Moon – Yellow		<b>Sivaloka Day</b>
Until 2:02PM				<b>Phalgun-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>2</b> Wednesday, March 8, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 325
Mithuna Rasi: 29.07	Tithi 11	<b>Gulika</b> 11:12AM – 12:43PM	<b>Punarvasu</b> Until 1:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM	Durmukha 5118
		Yama 8:11AM – 9:42AM	Saubhagya Until 6:47AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45
		145971367 <b>Rahu</b> 12:43PM – 2:13PM	Vanija Until 7:09AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 6:25PM	Moon – Blue		<b>Devaloka Day</b>
				<b>Phalgun-Masi</b>		

<b>3</b> Thursday, March 9, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 326
Kataka Rasi: 12.5	Tithi 12 – 13	<b>Gulika</b> 9:42AM – 11:12AM	<b>Pushya</b> Until 12:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM	Durmukha 5118
		Yama 6:41AM – 8:11AM	Athiganda* Until 2:30AM Fri	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45
		145971367 <b>Rahu</b> 2:13PM – 3:43PM	Kaulava Until 4:46AM Fri	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 5:13PM	Moon – Blue		<b>Devaloka Day</b>
Until 12:45PM				<b>Phalgun-Masi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>4</b> Friday, March 10, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 327
Kataka Rasi: 26.22	Tithi 13 – 14	<b>Gulika</b> 8:11AM – 9:41AM	<b>Ashlesha*</b> Until 12:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	Durmukha 5118
		Yama 3:43PM – 5:14PM	Sukarma Until 12:47AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45
		145971367 <b>Rahu</b> 11:12AM – 12:42PM	Gara Until 4:06AM Sat	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 4:22PM	Moon – Blue		<b>Devaloka Day</b>
				<b>Phalgun-Masi</b>		

<b>5</b> Saturday, March 11, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 27 Sutra 328
Simha Rasi: 9.41	Tithi 14 – 15	<b>Gulika</b> 6:40AM – 8:10AM	<b>Magha*</b> Until 12:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	Durmukha 5118
		Yama 2:13PM – 3:43PM	Dhriti Until 11:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45
		156971367 <b>Rahu</b> 9:41AM – 11:11AM	Visti Until 3:51AM Sun	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 3:54PM	Moon – Red		<b>Devaloka Day</b>
Until 12:36PM		<b>Chidambaram Abhishekam</b>		<b>Phalgun-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>0</b> Sunday, March 12, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sutra 329
Simha Rasi: 22.48	Tithi 15 – 16	<b>Gulika</b> 3:43PM – 5:13PM	<b>Purvaphalguni</b> Until 1:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	Durmukha 5118
		Yama 12:42PM – 2:12PM	Shula* Until 10:21PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45
		156971367 <b>Rahu</b> 5:13PM – 6:44PM	Balava Until 4:05AM Mon	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 3:53PM	Moon – Red		<b>Devaloka Day</b>
Until 1:09PM		<b>Holi</b>		<b>Phalgun-Masi</b>		
Then Creative Work - Amrita Yoga						

<b>Monday, March 13, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sutra 330
<b>Silver Retreat Star</b>		<b>Gulika</b> 2:12PM – 3:43PM	<b>Uttaraphalguni</b> Until 2:01PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	Durmukha 5118
Kanya Rasi: 5.4	Tithi 16 – 17	Yama 11:11AM – 12:41PM	Ganda* Until 9:42PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45
<b>Family Home Evening</b>		156171367 <b>Rahu</b> 8:10AM – 9:40AM	Taitila Until 4:49AM Tue	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:22PM	Moon – Red		<b>Devaloka Day</b>
				<b>Phalgun-Masi</b>		



Tuesday, March 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 331

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 18.17 Tihi 17 - 18

Gulika 12:41PM - 2:12PM

Yama 9:40AM - 11:11AM

166171368 Rahu 3:42PM - 5:13PM

Hasta Until 3:41PM

Vriddhi Until 9:27PM

Vanija Until 6:03AM Wed

Ganesha: Purple Sunrise: 6:39AM

Muruga: Yellow Sunset: 6:44PM

Nataraja: White

Moon - Green

Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Karadayian Nombu (Tamil Nadu)

Dvitiya Until 5:21PM

Wednesday, March 15, 2017

1

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Chitra/Svati Nakshatra Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 332

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 0.41 Tihi 18

Gulika 11:10AM - 12:41PM

Yama 8:09AM - 9:40AM

166171368 Rahu 12:41PM - 2:12PM

Chitra Until 5:40PM

Dhruva Until 9:33PM

Vanija Until 6:03AM

Tritiya Until 6:49PM

Ganesha: Purple Sunrise: 6:38AM

Muruga: Yellow Sunset: 6:43PM

Nataraja: Clear

Moon - Green

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Thursday, March 16, 2017

2

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Svati Nakshatra Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 333

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 12.55 Tihi 19

Gulika 9:39AM - 11:10AM

Yama 6:38AM - 8:09AM

166171368 Rahu 2:11PM - 3:42PM

Svati Until 7:54PM

Vyaghata\* Until 9:58PM

Bava Until 7:44AM

Chaturthi\* Until 8:42PM

Ganesha: Purple Sunrise: 6:38AM

Muruga: Yellow Sunset: 6:43PM

Nataraja: Clear

Moon - Green

Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 7:54PM

Then Creative Work - Siddha Yoga

Friday, March 17, 2017

3

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam

Vishakha Nakshatra Harshana Yoga Kaulava/Tailila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 334

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 24.58 Tihi 20

Gulika 8:08AM - 9:39AM

Yama 3:42PM - 5:12PM

176171368 Rahu 11:10AM - 12:40PM

Vishakha Until 10:46PM

Harshana Until 10:39PM

Kaulava Until 9:48AM

Panchami Until 10:56PM

Ganesha: Clear Sunrise: 6:38AM

Muruga: Yellow Sunset: 6:43PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Saturday, March 18, 2017

4

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam

Anuradha Nakshatra Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 335

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 6.55 Tihi 21

Gulika 6:37AM - 8:08AM

Yama 2:11PM - 3:42PM

177171368 Rahu 9:39AM - 11:09AM

Anuradha Until 1:39AM Sun

Vajra\* Until 11:27PM

Gara Until 12:08PM

Shashthi\* Until 1:20AM Sun

Ganesha: Purple Sunrise: 6:37AM

Muruga: Yellow Sunset: 6:43PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:39AM Sun

Then Routine Work - Marana Yoga

Sunday, March 19, 2017

5

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam

Jyeshtha\* Nakshatra Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 336

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 18.49 Tihi 22

Gulika 3:41PM - 5:12PM

Yama 12:40PM - 2:11PM

177171368 Rahu 5:12PM - 6:43PM

Jyeshtha\* Until 4:22AM Mon

Siddhi Until 12:16AM Mon

Visti Until 2:34PM

Saptami Until 3:44AM Mon

Ganesha: Purple Sunrise: 6:37AM

Muruga: Yellow Sunset: 6:43PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

Until 4:22AM Mon

Then Creative Work - Siddha Yoga

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam

Mula\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 337

Durmukha 5118

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 0.43 Tihi 23

Gulika 2:10PM - 3:41PM

Yama 11:09AM - 12:39PM

187171368 Rahu 8:07AM - 9:38AM

Mula\* Until 7:14AM Tue

Vyatipata\* Until 1:00AM Tue

Balava Until 4:54PM

Ashtami\* Until 5:57AM Tue

Ganesha: Clear Sunrise: 6:36AM

Muruga: Yellow Sunset: 6:43PM

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Mula\*/Purvashadha\* Nakshatra Varyan Yoga Tailila Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 8 Sutra 338

Durmukha 5118

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.42 Tihi 24

Gulika 12:39PM - 2:10PM

Yama 9:38AM - 11:08AM

187171368 Rahu 3:41PM - 5:12PM

Mula\* Until 7:14AM

Varyan Until 1:24AM Wed

Tailila Until 6:56PM

Navami\* Until 7:45AM Wed

Ganesha: Clear Sunrise: 6:36AM

Muruga: Yellow Sunset: 6:42PM

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Sivaloka Day

Creative Work Amrita Yoga

Until 7:14AM

Then Creative Work - Siddha Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 22, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Port Harcourt, Nigeria	
Dhanus Rasi: 24.5		Tithi 24 – 25		Purvashadha* Until 9:32AM		Sun 9 Sutra 339		
Creative Work		Amrita Yoga		Ganesh: Clear Sunrise: 6:35AM		Durmukha 5118		
		187171368		Parigha* Until 1:25AM Thu		Moon 3 - Phase 47		
		Rahu		Vanija Until 8:28PM		2nd Phase		
				Navami* Until 7:45AM		Sivaloka Day		
				Phalguna•Panguni				

<b>2</b>		<b>Thursday, March 23, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Port Harcourt, Nigeria	
Makara Rasi: 7.14		Tithi 25 – 26		Uttarashadha Until 11:06AM		Sun 10 Sutra 340		
Routine Work		Marana Yoga		Ganesh: Clear Sunrise: 6:35AM		Durmukha 5118		
Until 11:06AM		187171368		Shiva Until 12:54AM Fri		Moon 3 - Phase 47		
Then Creative Work - Siddha Yoga		Rahu		Bava Until 9:19PM		2nd Phase		
				Dashami Until 8:57AM		Sivaloka Day		
				Phalguna•Panguni				

<b>3</b>		<b>Friday, March 24, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Port Harcourt, Nigeria	
Makara Rasi: 19.57		Tithi 26 – 27		Shravana Until 12:15PM		Sun 11 Sutra 341		
Routine Work		Marana Yoga		Ganesh: White Sunrise: 6:35AM		Durmukha 5118		
Until 12:15PM		197171368		Siddha Until 11:45PM		Moon 3 - Phase 47		
Then Creative Work - Siddha Yoga		Rahu		Kaulava Until 9:23PM		2nd Phase		
				Ekadashi* Until 9:26AM		Subha Sivaloka Day		
				Phalguna•Panguni				

<b>4</b>		<b>Saturday, March 25, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Port Harcourt, Nigeria	
Kumbha Rasi: 3.03		Tithi 27 – 28		Dhanishtha Until 12:29PM		Sun 12 Sutra 342		
Creative Work		Siddha Yoga		Ganesh: Clear Sunrise: 6:34AM		Durmukha 5118		
Until 12:29PM		198171368		Sadhya Until 10:00PM		Moon 3 - Phase 47		
Then Creative Work - Amrita Yoga		Rahu		Gara Until 8:40PM		2nd Phase		
				Dvadashi* Until 9:06AM		Sivaloka Day		
				Pradosha Vrata (Fasting)				
				Phalguna•Panguni				

<b>5</b>		<b>Sunday, March 26, 2017</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Port Harcourt, Nigeria	
Kumbha Rasi: 16.34		Tithi 28 – 29		Shatabhishak Until 11:49AM		Sun 13 Sutra 343		
Creative Work		Siddha Yoga		Ganesh: Clear Sunrise: 6:34AM		Durmukha 5118		
Until 12:29PM		198171368		Subha Until 7:41PM		Moon 3 - Phase 47		
Then Creative Work - Siddha Yoga		Rahu		Visti Until 7:14PM		2nd Phase		
				Trayodashi* Until 8:01AM		Sivaloka Day		
				Phalguna•Panguni				

<b>Monday, March 27, 2017</b>		<b>Retreat Star</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Port Harcourt, Nigeria	
Meena Rasi: 0.29		Tithi 29 – 30		Purvaproshtapada* Until 10:48AM		Sun 14 Sutra 344		
Family Home Evening		118171368		Ganesh: White Sunrise: 6:33AM		Durmukha 5118		
Routine Work		Marana Yoga		Sukla Until 4:51PM		Moon 3 - Phase 47		
Until 10:48AM		Rahu		Naga Until 3:56AM Tue		Amavasya		
Then Creative Work - Siddha Yoga				Chaturdashi* Until 6:15AM		Devaloka Day		
				Phalguna•Panguni				

<b>Tuesday, March 28, 2017</b>		<b>Retreat Star</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Port Harcourt, Nigeria	
Meena Rasi: 14.46		Tithi 1		Uttaraproshtapada Until 9:08AM		Sun 15 Sutra 345		
Creative Work		Amrita Yoga		Ganesh: White Sunrise: 6:33AM		Durmukha 5118		
Until 9:08AM		118171368		Brahma Until 1:39PM		Moon 3 - Phase 47		
Then Creative Work - Siddha Yoga		Rahu		Kintughna Until 2:38PM		Prathama		
		Yugadhi		Prathama* Until 1:13AM Wed		Devaloka Day		
				Chaitra•Panguni				

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 29, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 346	
Meena Rasi: 29.19	Tithi 2	<b>Gulika</b> 11:06AM – 12:37PM	<b>Revati Until 6:57AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:32AM	Durmukha 5118	
		Yama 8:04AM – 9:35AM	Indra Until 10:11AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
Routine Work	Marana Yoga	118171368 <b>Rahu</b> 12:37PM – 2:08PM	Balava Until 11:46AM	<b>Nataraja:</b> Clear		3rd Phase	
		Chellappaswami Mahasamadhi	<b>Dvitiya Until 10:15PM</b>	Moon – Clear		<b>Devaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>2</b>		<b>Thursday, March 30, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishakmbha* Yoga Taitila/Gara Karana Tritiyayam Titau		Port Harcourt, Nigeria Sun 17 Sutra 347	
Mesha Rasi: 14.02	Tithi 3	<b>Gulika</b> 9:34AM – 11:05AM	<b>Bharani Until 2:33AM Fri</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:32AM	Durmukha 5118	
		Yama 6:32AM – 8:03AM	Vaidhriti* Until 6:33AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
Creative Work	Siddha Yoga	128171368 <b>Rahu</b> 2:08PM – 3:39PM	Taitila Until 8:44AM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Tritiya Until 7:11PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>3</b>		<b>Friday, March 31, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 348	
Mesha Rasi: 28.46	Tithi 4 – 5	<b>Gulika</b> 8:03AM – 9:34AM	<b>Krittika Until 12:13AM Sat</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:32AM	Durmukha 5118	
		Yama 3:38PM – 5:10PM	Priti Until 11:20PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
Creative Work	Siddha Yoga	129171368 <b>Rahu</b> 11:05AM – 12:36PM	Bava Until 2:45AM Sat	<b>Nataraja:</b> Clear		3rd Phase	
Until 12:13AM Sat			<b>Chaturthi* Until 4:11PM</b>	Moon – White		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Chaitra•Panguni</b>			

<b>4</b>		<b>Saturday, April 1, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 349	
Vrishabha Rasi: 13.25	Tithi 5 – 6	<b>Gulika</b> 6:32AM – 8:03AM	<b>Rohini Until 10:23PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:32AM	Durmukha 5118	
		Yama 2:07PM – 3:38PM	Ayushman Until 7:56PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
Creative Work	Amrita Yoga	139171368 <b>Rahu</b> 9:34AM – 11:05AM	Kaulava Until 12:03AM Sun	<b>Nataraja:</b> Clear		3rd Phase	
Until 10:23PM			<b>Panchami Until 1:21PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra•Panguni</b>			

<b>5</b>		<b>Sunday, April 2, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 350	
Vrishabha Rasi: 27.53	Tithi 6 – 7	<b>Gulika</b> 3:38PM – 5:09PM	<b>Mrigashira Until 8:45PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:31AM	Durmukha 5118	
		Yama 12:36PM – 2:07PM	Saubhagya Until 4:48PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
Creative Work	Siddha Yoga	139171368 <b>Rahu</b> 5:09PM – 6:41PM	Gara Until 9:41PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Shashthi* Until 10:48AM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Monday, April 3, 2017</b>		<b>Retreat Star</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 351	
Mithuna Rasi: 12.06	Tithi 7 – 8	<b>Gulika</b> 2:07PM – 3:38PM	<b>Ardra Until 7:22PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:31AM	Durmukha 5118	
<b>Family Home Evening</b>		Yama 11:04AM – 12:36PM	Sobhana Until 2:00PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 48	
Creative Work	Siddha Yoga	139171368 <b>Rahu</b> 8:02AM – 9:33AM	Visti Until 7:43PM	<b>Nataraja:</b> Clear		Ashtami	
Until 7:22PM			<b>Saptami Until 8:38AM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Chaitra•Panguni</b>			

<b>Tuesday, April 4, 2017</b>		<b>Retreat Star</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 352	
Mithuna Rasi: 26.03	Tithi 8 – 9	<b>Gulika</b> 12:35PM – 2:06PM	<b>Punarvasu Until 6:43PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:30AM	Durmukha 5118	
		Yama 9:33AM – 11:04AM	Athiganda* Until 11:32AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 48	
Creative Work	Siddha Yoga	149171368 <b>Rahu</b> 3:38PM – 5:09PM	Balava Until 6:13PM	<b>Nataraja:</b> Clear		Navami	
		Sri Rama Navami	<b>Ashtami* Until 6:53AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Wednesday, April 5, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 353 Durmukha 5118	
Kataka Rasi: 9.43	Tithi 10	<b>Gulika</b>	11:04AM – 12:35PM	<b>Pushya Until 6:23PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:30AM			
		Yama	8:01AM – 9:32AM	Sukarma Until 9:28AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:40PM		Moon 3 - Phase 49	
Creative Work	Siddha Yoga	149171368 <b>Rahu</b>	12:35PM – 2:06PM	Tailila Until 5:10PM	<b>Nataraja:</b> Clear			4th Phase	
				<b>Dashami Until 4:48AM Thu</b>	Moon – Blue		<b>Sivaloka Day</b>		
					<b>Chaitra-Panguni</b>				

<b>2</b>		<b>Thursday, April 6, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 354 Durmukha 5118	
Kataka Rasi: 23.06	Tithi 11	<b>Gulika</b>	9:32AM – 11:03AM	<b>Ashlesha* Until 6:21PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:30AM			
		Yama	6:30AM – 8:01AM	Dhriti Until 7:47AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:40PM		Moon 3 - Phase 49	
Creative Work	Siddha Yoga	149171368 <b>Rahu</b>	2:06PM – 3:37PM	Vanija Until 4:36PM	<b>Nataraja:</b> Clear			4th Phase	
Until 6:21PM				<b>Vanija Until 4:36PM</b>	Moon – Blue		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga		<b>Yogaswami Mahasamadhi</b>		<b>Ekadashi Until 4:27AM Fri</b>	<b>Chaitra-Panguni</b>				

<b>3</b>		<b>Friday, April 7, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 355 Durmukha 5118	
Simha Rasi: 6.15	Tithi 12	<b>Gulika</b>	8:00AM – 9:32AM	<b>Magha* Until 7:04PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:29AM			
		Yama	3:37PM – 5:08PM	Shula* Until 6:25AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:40PM		Moon 3 - Phase 49	
Routine Work	Marana Yoga	159271368 <b>Rahu</b>	11:03AM – 12:34PM	Bava Until 4:28PM	<b>Nataraja:</b> Clear			4th Phase	
Until 7:04PM				<b>Dvadashi Until 4:32AM Sat</b>	Moon – Red		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Chaitra-Panguni</b>				

<b>4</b>		<b>Saturday, April 8, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 356 Durmukha 5118	
Simha Rasi: 19.11	Tithi 13	<b>Gulika</b>	6:29AM – 8:00AM	<b>Purvaphalguni Until 8:02PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:29AM			
		Yama	2:05PM – 3:37PM	Vriddhi Until 4:46AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49	
Creative Work	Siddha Yoga	151271368 <b>Rahu</b>	9:31AM – 11:03AM	Kaulava Until 4:45PM	<b>Nataraja:</b> Clear			4th Phase	
Until 8:02PM				<b>Trayodashi Until 5:02AM Sun</b>	Moon – Red		<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>	<b>Chaitra-Panguni</b>				

<b>5</b>		<b>Sunday, April 9, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 357 Durmukha 5118	
Kanya Rasi: 1.55	Tithi 14	<b>Gulika</b>	3:37PM – 5:08PM	<b>Uttaraphalguni Until 9:14PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:28AM			
		Yama	12:34PM – 2:05PM	Dhruva Until 4:22AM Mon	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49	
Creative Work	Amrita Yoga	151271368 <b>Rahu</b>	5:08PM – 6:39PM	Gara Until 5:27PM	<b>Nataraja:</b> Clear			4th Phase	
				<b>Chaturdashi* Until 5:55AM Mon</b>	Moon – Red		<b>Sivaloka Day</b>		
					<b>Chaitra-Panguni</b>				

<b>○</b>		<b>Monday, April 10, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Visti* Karana Purnimayam Titau		Port Harcourt, Nigeria Sun 28 Sutra 358 Durmukha 5118	
<b>Copper Retreat Star</b>		<b>Gulika</b>	2:05PM – 3:36PM	<b>Hasta Until 11:08PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:28AM			
Kanya Rasi: 14.28	Tithi 15	Yama	11:02AM – 12:34PM	Vyaghata* Until 4:17AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49	
<b>Family Home Evening</b>		161271368 <b>Rahu</b>	7:59AM – 9:31AM	Visti Until 6:31PM	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga			<b>Purnima* Until 7:10AM Tue</b>	Moon – Green		<b>Devaloka Day</b>		
Until 11:08PM		<b>Panguni Uttiram</b>			<b>Chaitra-Panguni</b>				
Then Routine Work - Prabalarishta Yoga		<b>Hanuman Jayanti</b>							

<b>○</b>		<b>Tuesday, April 11, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sun 29 Sutra 359 Durmukha 5118	
<b>Silver Retreat Star</b>		<b>Gulika</b>	12:33PM – 2:05PM	<b>Chitra Until 1:12AM Wed</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:28AM			
Kanya Rasi: 26.51	Tithi 15 – 16	Yama	9:30AM – 11:02AM	Harshana Until 4:30AM Wed	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 49	
		161271368 <b>Rahu</b>	3:36PM – 5:08PM	Balava Until 7:57PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga			<b>Purnima* Until 7:10AM</b>	Moon – Green		<b>Devaloka Day</b>		
					<b>Chaitra-Panguni</b>				





Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 360

Durmukha 5118

Tula Rasi: 9.05      Tihi 16 – 17

161271368

**Gulika** 11:02AM – 12:33PM  
Yama 7:59AM – 9:30AM  
**Rahu** 12:33PM – 2:04PM

**Svati** Until 3:25AM Thu  
Vajra\* Until 4:55AM Thu  
Taitila Until 9:44PM  
**Prathama\*** Until 8:47AM

**Ganesha:** Blue      *Sunrise:* 6:27AM  
**Muruga:** Yellow      *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Green  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1      Sutra 361

Hemalamba 5119

Tula Rasi: 21.12      Tihi 17 – 18

171271368

**Gulika** 9:30AM – 11:01AM  
Yama 6:27AM – 7:58AM  
**Rahu** 2:04PM – 3:36PM

**Vishakha** Until 6:14AM Fri  
Siddhi Until 5:34AM Fri  
Vanija Until 11:47PM  
**Dvitiya** Until 10:42AM

**Ganesha:** Red      *Sunrise:* 6:27AM  
**Muruga:** Yellow      *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
1st Phase

**Sivaloka Day**

Creative Work      Siddha Yoga

Tamil New Year

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2      Sutra 362

Hemalamba 5119

Vrischika Rasi: 3.12      Tihi 18 – 19

271271368

**Gulika** 7:58AM – 9:29AM  
Yama 3:36PM – 5:07PM  
**Rahu** 11:01AM – 12:32PM

**Vishakha** Until 6:14AM  
Vyatipata\* Until 6:23AM Sat  
Bava Until 2:04AM Sat  
**Tritiya** Until 12:53PM

**Ganesha:** Blue      *Sunrise:* 6:26AM  
**Muruga:** Yellow      *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 3      Sutra 363

Hemalamba 5119

Vrischika Rasi: 15.07      Tihi 19 – 20

271271368

**Gulika** 6:26AM – 7:58AM  
Yama 2:04PM – 3:35PM  
**Rahu** 9:29AM – 11:01AM

**Anuradha** Until 9:06AM  
Vyatipata\* Until 6:23AM  
Kaulava Until 4:30AM Sun  
**Chaturthi\*** Until 3:15PM

**Ganesha:** Blue      *Sunrise:* 6:26AM  
**Muruga:** Yellow      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria

Sun 4      Sutra 364

Hemalamba 5119

Vrischika Rasi: 27      Tihi 20 – 21

271271368

**Gulika** 3:35PM – 5:07PM  
Yama 12:32PM – 2:04PM  
**Rahu** 5:07PM – 6:38PM

**Jyeshtha\*** Until 11:52AM  
Variyan Until 7:15AM  
Gara Until 6:54AM Mon  
**Panchami** Until 5:41PM

**Ganesha:** Blue      *Sunrise:* 6:26AM  
**Muruga:** Yellow      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga

Until 11:52AM

Then Creative Work - Amrita Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 5      Sutra 1

Hemalamba 5119

Dhanus Rasi: 8.53      Tihi 21

281271368

**Gulika** 2:03PM – 3:35PM  
Yama 11:00AM – 12:32PM  
**Rahu** 7:57AM – 9:28AM

**Mula\*** Until 2:56PM  
Parigha\* Until 8:08AM  
Gara Until 6:54AM  
**Shashthi\*** Until 8:02PM

**Ganesha:** Red      *Sunrise:* 6:25AM  
**Muruga:** Yellow      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
1st Phase

**Sivaloka Day**

Creative Work      Siddha Yoga

Until 2:56PM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 6      Sutra 2

Hemalamba 5119

Dhanus Rasi: 20.5      Tihi 22

281271368

**Gulika** 12:31PM – 2:03PM  
Yama 9:28AM – 11:00AM  
**Rahu** 3:35PM – 5:06PM

**Purvashadha\*** Until 5:36PM  
Shiva Until 8:53AM  
Visti Until 9:07AM  
**Saptami** Until 10:05PM

**Ganesha:** Red      *Sunrise:* 6:25AM  
**Muruga:** Yellow      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
1st Phase

**Sivaloka Day**

Creative Work      Siddha Yoga

Until 5:36PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 7      Sutra 3

Hemalamba 5119

Makara Rasi: 2.56      Tihi 23

282271368

**Gulika** 11:00AM – 12:31PM  
Yama 7:56AM – 9:28AM  
**Rahu** 12:31PM – 2:03PM

**Uttarashadha** Until 7:38PM  
Siddha Until 9:17AM  
Balava Until 10:57AM  
**Ashtami\*** Until 11:37PM

**Ganesha:** Yellow      *Sunrise:* 6:25AM  
**Muruga:** Yellow      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
Ashtami

**Sivaloka Day**

Creative Work      Amrita Yoga

Until 7:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 8      Sutra 4

Hemalamba 5119

Makara Rasi: 15.16      Tihi 24

292271368

**Gulika** 9:28AM – 10:59AM  
Yama 6:24AM – 7:56AM  
**Rahu** 2:03PM – 3:34PM

**Shravana** Until 9:21PM  
Sadhya Until 9:15AM  
Taitila Until 12:09PM  
**Navami\*** Until 12:27AM Fri

**Ganesha:** White      *Sunrise:* 6:24AM  
**Muruga:** Yellow      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
Navami

**Devaloka Day**

Creative Work      Siddha Yoga

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

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<b>1 Friday, April 21, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
		Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 5
Makara Rasi: 27.56	Tithi 25	<b>Gulika</b> 7:56AM – 9:27AM	<b>Dhanishtha</b> Until 10:07PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:24AM	Hemalamba 5119	
		Yama 3:34PM – 5:06PM	Subha Until 8:39AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:38PM	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	292271368 <b>Rahu</b> 10:59AM – 12:31PM	Vanija Until 12:35PM	<b>Nataraja:</b> Clear	2nd Phase	
			<b>Dashami</b> Until 12:28AM Sat	Moon – Purple	<b>Devaloka Day</b>	
				<b>Chaitra•Chaitra</b>		

<b>2 Saturday, April 22, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
		Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 6
Kumbha Rasi: 11	Tithi 26	<b>Gulika</b> 6:24AM – 7:55AM	<b>Shatabhishak</b> Until 9:53PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:24AM	Hemalamba 5119	
		Yama 2:02PM – 3:34PM	Sukla Until 7:22AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:38PM	Moon 4 - Phase 1	
Creative Work	Amrita Yoga	292271368 <b>Rahu</b> 9:27AM – 10:59AM	Bava Until 12:09PM	<b>Nataraja:</b> Clear	2nd Phase	
Until 9:53PM			<b>Ekadashi*</b> Until 11:36PM	Moon – Purple	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra•Chaitra</b>		

<b>3 Sunday, April 23, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
		Purvaproshtapada* Nakshatra Indra Yoga Kaulava/Tailila Karana Dvadashyam Titau				Sun 11 Sutra 7
Kumbha Rasi: 24.32	Tithi 27	<b>Gulika</b> 3:34PM – 5:06PM	<b>Purvaproshtapada*</b> Until 9:08PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:23AM	Hemalamba 5119	
		Yama 12:30PM – 2:02PM	Indra Until 2:49AM Mon	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:38PM	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	212271368 <b>Rahu</b> 5:06PM – 6:38PM	Kaulava Until 10:53AM	<b>Nataraja:</b> Clear	2nd Phase	
Until 9:08PM			<b>Dvadashi*</b> Until 9:56PM	Moon – Clear	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Chaitra•Chaitra</b>		

<b>4 Monday, April 24, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
		Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 8
Meena Rasi: 8.33	Tithi 28	<b>Gulika</b> 2:02PM – 3:34PM	<b>Uttaraproshtapada</b> Until 7:32PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:23AM	Hemalamba 5119	
<b>Family Home Evening</b>		Yama 10:58AM – 12:30PM	Vaidhriti* Until 11:39PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	212271369 <b>Rahu</b> 7:55AM – 9:27AM	Gara Until 8:50AM	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Trayodashi*</b> Until 7:33PM	Moon – Clear	<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Chaitra•Chaitra</b>	Devaloka Time: 12:PM to 3:PM	

<b>5 Tuesday, April 25, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
		Revati/Ashvini Nakshatra Vishkambha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 9
Meena Rasi: 23.01	Tithi 29 – 30	<b>Gulika</b> 12:30PM – 2:02PM	<b>Revati</b> Until 5:13PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:23AM	Hemalamba 5119	
		Yama 9:26AM – 10:58AM	Vishkambha* Until 8:03PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	212271369 <b>Rahu</b> 3:34PM – 5:06PM	Visti Until 6:09AM	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Chaturdashi*</b> Until 4:36PM	Moon – Clear	<b>Bhuloka Day</b>	
				<b>Chaitra•Chaitra</b>	Devaloka Time: 12:PM to 3:PM	

<b>Wednesday, April 26, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
<b>Retreat Star</b>		Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 10
Mesha Rasi: 7.5	Tithi 30 – 1	<b>Gulika</b> 10:58AM – 12:30PM	<b>Ashvini</b> Until 2:47PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM	Hemalamba 5119	
		Yama 7:54AM – 9:26AM	Priti Until 4:09PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 4 - Phase 1	
Routine Work	Marana Yoga	222271369 <b>Rahu</b> 12:30PM – 2:02PM	Kintughna Until 11:30PM	<b>Nataraja:</b> Purple	Amavasya	
Until 2:47PM			<b>Amavasya*</b> Until 1:15PM	Moon – White	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra•Chaitra</b>	Devaloka Time: 12:PM to 3:PM	

<b>Thursday, April 27, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
<b>Retreat Star</b>		Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 11
Mesha Rasi: 22.53	Tithi 1 – 2	<b>Gulika</b> 9:26AM – 10:58AM	<b>Bharani</b> Until 12:00PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM	Hemalamba 5119	
		Yama 6:22AM – 7:54AM	Ayushman Until 12:04PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	222271369 <b>Rahu</b> 2:02PM – 3:33PM	Balava Until 7:52PM	<b>Nataraja:</b> Purple	Prathama	
Until 12:00PM			<b>Prathama*</b> Until 9:40AM	Moon – White	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Vaisaka•Chaitra</b>	Devaloka Time: 12:PM to 3:PM	

<b>1 Friday, April 28, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Dvitiya/Trityayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 12 Hemalamba 5119	
Wrishabha Rasi: 7.59	Tithi 2 – 3	<b>Gulika</b> 7:54AM – 9:26AM	<b>Krittika</b> Until 9:03AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:22AM	
		Yama 3:33PM – 5:05PM	Saubhagya Until 7:58AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
		222271369 <b>Rahu</b> 10:58AM – 12:30PM	Gara Until 2:30AM Sat	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 6:02AM	Moon – White	<b>Bhuloka Day</b>
Until 9:03AM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

<b>2 Saturday, April 29, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 13 Hemalamba 5119	
Wrishabha Rasi: 23.01	Tithi 4	<b>Gulika</b> 6:21AM – 7:53AM	<b>Rohini</b> Until 6:29AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:21AM	
		Yama 2:01PM – 3:33PM	Athiganda* Until 12:12AM Sun	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
		232271369 <b>Rahu</b> 9:25AM – 10:57AM	Vanija Until 12:51PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 11:15PM	Moon – Yellow	<b>Bhuloka Day</b>
Until 6:29AM				<b>Vaisaka-Chaitra</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga					

<b>3 Sunday, April 30, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 14 Hemalamba 5119	
Mithuna Rasi: 7.49	Tithi 5	<b>Gulika</b> 3:33PM – 5:05PM	<b>Ardra</b> Until 2:01AM Mon	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:21AM	
		Yama 12:29PM – 2:01PM	Sukarma Until 8:46PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
		232271369 <b>Rahu</b> 5:05PM – 6:37PM	Bava Until 9:47AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 8:24PM	Moon – Yellow	<b>Bhuloka Day</b>
Until 2:01AM Mon		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

<b>4 Monday, May 1, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 15 Hemalamba 5119	
Mithuna Rasi: 22.17	Tithi 6	<b>Gulika</b> 2:01PM – 3:33PM	<b>Punarvasu</b> Until 12:46AM Tue	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:21AM	
<b>Family Home Evening</b>		Yama 10:57AM – 12:29PM	Dhriti Until 5:48PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	242271369 <b>Rahu</b> 7:53AM – 9:25AM	Kaulava Until 7:11AM	<b>Nataraja:</b> Purple	3rd Phase
Until 12:46AM Tue			<b>Shashthi*</b> Until 6:05PM	Moon – Blue	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>	

<b>5 Tuesday, May 2, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 16 Hemalamba 5119	
Kataka Rasi: 6.21	Tithi 7 – 8	<b>Gulika</b> 12:29PM – 2:01PM	<b>Pushya</b> Until 12:01AM Wed	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:21AM	
		Yama 9:25AM – 10:57AM	Shula* Until 3:19PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
		243371369 <b>Rahu</b> 3:33PM – 5:05PM	Visti Until 3:48AM Wed	<b>Nataraja:</b> Purple	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 4:23PM	Moon – Blue	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>Wednesday, May 3, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 17 Hemalamba 5119	
<b>Retreat Star</b>		<b>Gulika</b> 10:57AM – 12:29PM	<b>Ashlesha*</b> Until 11:47PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:20AM	
Kataka Rasi: 20.01	Tithi 8 – 9	Yama 7:52AM – 9:24AM	Ganda* Until 1:23PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
		243381369 <b>Rahu</b> 12:29PM – 2:01PM	Balava Until 3:06AM Thu	<b>Nataraja:</b> Purple	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 3:21PM	Moon – Blue	<b>Bhuloka Day</b>
				<b>Vaisaka-Chaitra</b>	Devaloka Time: 6:AM to 9:AM

<b>Thursday, May 4, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 18 Hemalamba 5119	
<b>Retreat Star</b>		<b>Gulika</b> 9:24AM – 10:56AM	<b>Magha*</b> Until 12:30AM Fri	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:20AM	
Simha Rasi: 3.19	Tithi 9 – 10	Yama 6:20AM – 7:52AM	Vridhdi Until 12:00PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
		253381369 <b>Rahu</b> 2:01PM – 3:33PM	Taitila Until 3:03AM Fri	<b>Nataraja:</b> Purple	Navami
Creative Work	Amrita Yoga		<b>Navami*</b> Until 2:59PM	Moon – Red	<b>Bhuloka Day</b>
Until 12:30AM Fri				<b>Vaisaka-Chaitra</b>	
Then Creative Work - Siddha Yoga					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1 Friday, May 5, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23 Sutra 19		Hemalamba 5119		
Simha Rasi: 16.16	Tithi 10 – 11	<b>Gulika</b> 7:52AM – 9:24AM	<b>Purvaphalguni Until 1:37AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:20AM	Moon 4 - Phase 3	
		Yama 3:33PM – 5:05PM	Dhruva Until 11:05AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	4th Phase	
		253381369 <b>Rahu</b> 10:56AM – 12:28PM	Vanija Until 3:35AM Sat	<b>Nataraja:</b> Purple	Moon – Red	
Creative Work	Siddha Yoga		<b>Dashami Until 3:14PM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>	
Until 1:37AM Sat						
Then Routine Work - Marana Yoga						

<b>2 Saturday, May 6, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24 Sutra 20		Hemalamba 5119		
Simha Rasi: 28.57	Tithi 11 – 12	<b>Gulika</b> 6:20AM – 7:52AM	<b>Uttaraphalguni Until 3:05AM Sun</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:20AM	Moon 4 - Phase 3	
		Yama 2:01PM – 3:33PM	Vyaghata* Until 10:36AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	4th Phase	
		253381369 <b>Rahu</b> 9:24AM – 10:56AM	Bava Until 4:36AM Sun	<b>Nataraja:</b> Purple	Moon – Red	
Routine Work	Marana Yoga		<b>Ekadashi Until 4:01PM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>	
Until 3:05AM Sun						
Then Creative Work - Amrita Yoga						

<b>3 Sunday, May 7, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25 Sutra 21		Hemalamba 5119		
Kanya Rasi: 11.25	Tithi 12 – 13	<b>Gulika</b> 3:33PM – 5:05PM	<b>Hasta Until 5:14AM Mon</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:20AM	Moon 4 - Phase 3	
		Yama 12:28PM – 2:01PM	Harshana Until 10:30AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	4th Phase	
		263381369 <b>Rahu</b> 5:05PM – 6:37PM	Kaulava Until 6:01AM Mon	<b>Nataraja:</b> Purple	Moon – Green	
Creative Work	Amrita Yoga		<b>Dvadashi Until 5:15PM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>	
Until 5:14AM Mon			<i>Pradosha Vrata</i>		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

<b>4 Monday, May 8, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 22		Hemalamba 5119		
Kanya Rasi: 23.43	Tithi 13	<b>Gulika</b> 2:01PM – 3:33PM	<b>Chitra Until 7:32AM Tue</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:19AM	Moon 4 - Phase 3	
<b>Family Home Evening</b>		Yama 10:56AM – 12:28PM	Vajra* Until 10:40AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	4th Phase	
		263381369 <b>Rahu</b> 7:52AM – 9:24AM	Kaulava Until 6:01AM	<b>Nataraja:</b> Purple	Moon – Green	
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 6:49PM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>	
Until 7:32AM Tue					Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

<b>5 Tuesday, May 9, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria
Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 23		Hemalamba 5119		
Tula Rasi: 5.53	Tithi 14	<b>Gulika</b> 12:28PM – 2:00PM	<b>Chitra Until 7:32AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:19AM	Moon 4 - Phase 3	
		Yama 9:24AM – 10:56AM	Siddhi Until 11:04AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	4th Phase	
		263381369 <b>Rahu</b> 3:33PM – 5:05PM	Gara Until 7:44AM	<b>Nataraja:</b> Purple	Moon – Green	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:40PM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>	
					Devaloka Time: 6:AM to 9:AM	

<b>Wednesday, May 10, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
<b>Copper Retreat Star</b>		Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Purnimayam Titau		Sun 27 Sutra 23		Hemalamba 5119
Tula Rasi: 17.57	Tithi 15	<b>Gulika</b> 10:56AM – 12:28PM	<b>Svati Until 9:54AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:19AM	Moon 4 - Phase 3	
		Yama 7:51AM – 9:24AM	Vyatipata* Until 11:40AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	Purnima	
		263381369 <b>Rahu</b> 12:28PM – 2:00PM	Vistil Until 9:42AM	<b>Nataraja:</b> Purple	Moon – Green	
Creative Work	Siddha Yoga		<b>Purnima* Until 10:44PM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>	
					Devaloka Time: 6:AM to 9:AM	
		<b>Budha Purnima (Tamil Nadu)</b>				

<b>Thursday, May 11, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
<b>Silver Retreat Star</b>		Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 28 Sutra 24		Hemalamba 5119
Tula Rasi: 29.56	Tithi 16	<b>Gulika</b> 9:24AM – 10:56AM	<b>Vishakha Until 12:48PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:19AM	Moon 4 - Phase 3	
		Yama 6:19AM – 7:51AM	Variyan Until 12:23PM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:37PM	Prathama	
		273381369 <b>Rahu</b> 2:00PM – 3:33PM	Balava Until 11:51AM	<b>Nataraja:</b> Purple	Moon – Orange	
Creative Work	Siddha Yoga		<b>Prathama* Until 12:58AM Fri</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda