



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Oslo, Norway

Vishakha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sutra 6

Gulika 4:38AM – 6:33AM

Vishakha Until 8:35AM Sun

Ganesh: Purple

Sunrise: 4:38AM

Durmukha 5118

Tula Rasi: 20.05 Tihi 16 – 17

Yama 2:12PM – 4:06PM

Siddhi Until 1:08PM

Muruga: White

Sunset: 7:56PM

Moon 4 - Phase 2

271621369 Rahu 8:28AM – 10:22AM

Taitila Until 10:02PM

Nataraja: Clear

Moon – Orange

1st Phase

Creative Work Siddha Yoga

Prathama* Until 8:52AM

Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 8:35AM Sun
Then Routine Work - Marana Yoga

1

Sunday, April 24, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Oslo, Norway

Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Sun 1 Sutra 7

Gulika 4:07PM – 6:03PM

Vishakha Until 8:35AM

Ganesh: Purple

Sunrise: 4:36AM

Durmukha 5118

Vrischika Rasi: 2.02 Tihi 17 – 18

Yama 12:17PM – 2:12PM

Vyatipata* Until 1:53PM

Muruga: White

Sunset: 7:58PM

Moon 4 - Phase 2

271621369 Rahu 6:03PM – 7:58PM

Vanija Until 12:08AM Mon

Nataraja: Purple

Moon – Orange

1st Phase

Routine Work Marana Yoga

Dvitiya Until 11:06AM

Chaitra*Chaitra

Bhuloka Day

2

Monday, April 25, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Oslo, Norway

Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 8

Gulika 2:13PM – 4:09PM

Anuradha Until 11:08AM

Ganesh: Purple

Sunrise: 4:33AM

Durmukha 5118

Vrischika Rasi: 14.04 Tihi 18 – 19

Yama 10:21AM – 12:17PM

Variyan Until 2:23PM

Muruga: White

Sunset: 8:00PM

Moon 4 - Phase 2

Family Home Evening

271621369 Rahu 6:29AM – 8:25AM

Bava Until 1:57AM Tue

Nataraja: Purple

Moon – Orange

1st Phase

Creative Work Siddha Yoga

Tritiya Until 1:04PM

Chaitra*Chaitra

Bhuloka Day

3

Tuesday, April 26, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Oslo, Norway

Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 9

Gulika 12:17PM – 2:13PM

Jyeshtha* Until 1:12PM

Ganesh: Purple

Sunrise: 4:30AM

Durmukha 5118

Vrischika Rasi: 26.13 Tihi 19 – 20

Yama 8:23AM – 10:20AM

Parigha* Until 2:39PM

Muruga: White

Sunset: 8:03PM

Moon 4 - Phase 2

271621369 Rahu 4:10PM – 6:06PM

Kaulava Until 3:23AM Wed

Nataraja: Purple

Moon – Orange

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 2:42PM

Chaitra*Chaitra

Bhuloka Day

Until 1:12PM
Then Creative Work - Amrita Yoga

4

Wednesday, April 27, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Oslo, Norway

Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 10

Gulika 10:19AM – 12:16PM

Mula* Until 3:13PM

Ganesh: Clear

Sunrise: 4:27AM

Durmukha 5118

Dhanus Rasi: 8.32 Tihi 20 – 21

Yama 6:25AM – 8:22AM

Shiva Until 2:38PM

Muruga: White

Sunset: 8:05PM

Moon 4 - Phase 2

281621369 Rahu 12:16PM – 2:14PM

Gara Until 4:22AM Thu

Nataraja: Purple

Moon – Light Blue

1st Phase

Routine Work Marana Yoga

Panchami Until 3:55PM

Chaitra*Chaitra

Bhuloka Day

Until 3:13PM
Then Creative Work - Amrita Yoga

Devaloka Time: 6:AM to 9:AM

5

Thursday, April 28, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Oslo, Norway

Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 11

Gulika 8:20AM – 10:18AM

Purvashadha* Until 4:34PM

Ganesh: Clear

Sunrise: 4:25AM

Durmukha 5118

Dhanus Rasi: 21.04 Tihi 21 – 22

Yama 4:25AM – 6:23AM

Siddha Until 2:11PM

Muruga: White

Sunset: 8:08PM

Moon 4 - Phase 2

281621369 Rahu 2:14PM – 4:12PM

Visti Until 4:48AM Fri

Nataraja: Purple

Moon – Light Blue

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 4:39PM

Chaitra*Chaitra

Bhuloka Day

Until 4:34PM
Then Routine Work - Marana Yoga

Devaloka Time: 6:AM to 9:AM

6

Friday, April 29, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Oslo, Norway

Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 12

Gulika 6:21AM – 8:19AM

Uttarashadha Until 5:12PM

Ganesh: Clear

Sunrise: 4:22AM

Durmukha 5118

Makara Rasi: 3.5 Tihi 22 – 23

Yama 4:13PM – 6:12PM

Sadhya Until 1:18PM

Muruga: White

Sunset: 8:10PM

Moon 4 - Phase 2

281621369 Rahu 10:18AM – 12:16PM

Balava Until 4:36AM Sat

Nataraja: Purple

Moon – Light Blue

1st Phase

Routine Work Marana Yoga

Saptami Until 4:46PM

Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Retreat Star

Saturday, April 30, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Oslo, Norway

Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 13

Gulika 4:19AM – 6:19AM

Shravana Until 5:29PM

Ganesh: White

Sunrise: 4:19AM

Durmukha 5118

Makara Rasi: 16.56 Tihi 23 – 24

Yama 2:15PM – 4:14PM

Subha Until 11:55AM

Muruga: White

Sunset: 8:13PM

Moon 4 - Phase 2

291621369 Rahu 8:18AM – 10:17AM

Taitila Until 3:42AM Sun

Nataraja: Purple

Moon – Purple

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 4:13PM

Chaitra*Chaitra

Bhuloka Day

Retreat Star

Sunday, May 1, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Oslo, Norway

Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Sun 8 Sutra 14

Gulika 4:15PM – 6:15PM

Dhanishtha Until 4:54PM

Ganesh: White

Sunrise: 4:17AM

Durmukha 5118

Kumbha Rasi: 0.24 Tihi 24 – 25

Yama 12:16PM – 2:16PM

Sukla Until 9:56AM

Muruga: White

Sunset: 8:15PM

Moon 4 - Phase 2

291621369 Rahu 6:15PM – 8:15PM

Vanija Until 2:05AM Mon

Nataraja: Purple

Moon – Purple

Navami

Routine Work Marana Yoga

Navami* Until 2:58PM

Chaitra*Chaitra

Bhuloka Day

Until 4:54PM
Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1

Monday, May 2, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau

Oslo, Norway

Kumbha Rasi: 14.17 Tithi 25 - 26
Family Home Evening

292621369

Gulika 2:16PM - 4:17PM
Yama 10:15AM - 12:16PM
Rahu 6:14AM - 8:15AMShatabhishak Until 3:30PM
Brahma Until 7:24AM
Bava Until 11:49PMGanesha: Yellow Sunrise: 4:14AM
Muruga: White Sunset: 8:17PM
Nataraja: PurpleSun 9 Sutra 15
Durmukha 5118
Moon 4 - Phase 3
2nd PhaseCreative Work Siddha Yoga
Until 3:30PM

Dashami Until 1:01PM

Moon - Purple
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Then Routine Work - Marana Yoga

2

Tuesday, May 3, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Oslo, Norway

Kumbha Rasi: 28.36 Tithi 26 - 27

212621369

Gulika 12:16PM - 2:17PM
Yama 8:14AM - 10:15AM
Rahu 4:18PM - 6:19PMPurvaprossthapada* Until 1:47PM
Vaidhriti* Until 12:50AM Wed
Kaulava Until 8:59PMGanesha: Yellow Sunrise: 4:11AM
Muruga: White Sunset: 8:20PM
Nataraja: PurpleSun 10 Sutra 16
Durmukha 5118
Moon 4 - Phase 3
2nd PhaseRoutine Work Marana Yoga
Until 1:47PM

Ekadashi* Until 10:27AM

Moon - Clear
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Then Creative Work - Amrita Yoga

3

Wednesday, May 4, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprossthapada/Revati Nakshatra Vishkambha* Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau

Oslo, Norway

Meena Rasi: 13.17 Tithi 27 - 28

212621369

Gulika 10:14AM - 12:16PM
Yama 6:11AM - 8:12AM
Rahu 12:16PM - 2:17PMUttaraprossthapada Until 11:25AM
Vishkambha* Until 8:59PM
Vanija Until 3:54AM ThuGanesha: Yellow Sunrise: 4:09AM
Muruga: White Sunset: 8:22PM
Nataraja: PurpleSun 11 Sutra 17
Durmukha 5118
Moon 4 - Phase 3
2nd PhaseCreative Work Siddha Yoga
Until 11:25AM

Dvadashi* Until 7:22AM

Moon - Clear
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Then Routine Work - Marana Yoga

Pradosha Vrata (Fasting)

4

Thursday, May 5, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau

Oslo, Norway

Meena Rasi: 28.17 Tithi 29

212621369

Gulika 8:11AM - 10:13AM
Yama 4:06AM - 6:09AM
Rahu 2:18PM - 4:20PMRevati Until 8:34AM
Priti Until 4:54PM
Visti Until 2:06PMGanesha: Yellow Sunrise: 4:06AM
Muruga: White Sunset: 8:25PM
Nataraja: PurpleSun 12 Sutra 18
Durmukha 5118
Moon 4 - Phase 3
2nd PhaseCreative Work Siddha Yoga
Until 8:34AM

Chaturdashi* Until 12:13AM Fri

Moon - Clear
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Then Creative Work - Amrita Yoga

●

Friday, May 6, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau

Oslo, Norway

Mesha Rasi: 13.27 Tithi 30

222621369

Gulika 6:07AM - 8:10AM
Yama 4:21PM - 6:24PM
Rahu 10:12AM - 12:15PMBharani Until 2:52AM Sat
Ayushman Until 12:41PM
Catuspada Until 10:21AMGanesha: Red Sunrise: 4:04AM
Muruga: White Sunset: 8:27PM
Nataraja: PurpleSun 13 Sutra 19
Durmukha 5118
Moon 4 - Phase 3
AmavasyaCreative Work Siddha Yoga
Until 2:52AM Sat

Amavasya* Until 8:27PM

Moon - White
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Then Creative Work - Amrita Yoga

Saturday, May 7, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau

Oslo, Norway

Mesha Rasi: 28.38 Tithi 1 - 2

222621369

Gulika 4:01AM - 6:05AM
Yama 2:19PM - 4:22PM
Rahu 8:08AM - 10:12AMKrittika Until 11:57PM
Saubhagya Until 8:31AM
Kintughna Until 6:37AMGanesha: Red Sunrise: 4:01AM
Muruga: White Sunset: 8:29PM
Nataraja: PurpleSun 14 Sutra 20
Durmukha 5118
Moon 4 - Phase 3
Prathama

Creative Work Amrita Yoga

Prathama* Until 4:47PM

Moon - White
Vaisaka*Chaitra

Bhuloka Day

Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1 Sunday, May 8, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Rohini Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 15 Sutra 21
Vrishabha Rasi: 13.4 Tithi 2 - 3		Gulika 4:24PM - 6:28PM	Rohini Until 9:38PM	Ganesha: Yellow <i>Sunrise:</i> 3:59AM	Durmukha 5118	
232621369		Yama 12:15PM - 2:19PM	Athiganda* Until 12:49AM Mon	Muruga: White <i>Sunset:</i> 8:32PM	Moon 4 - Phase 4	
Creative Work Siddha Yoga		Rahu 6:28PM - 8:32PM	Taitila Until 11:52PM	Nataraja: Purple	3rd Phase	
		Mother's Day		Moon - Yellow	Bhuloka Day	
		Dvitiya Until 1:24PM		Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

2 Monday, May 9, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau						Sun 16 Sutra 22
Vrishabha Rasi: 28.25 Tithi 3 - 4		Gulika 2:20PM - 4:25PM	Mrigashira Until 7:41PM	Ganesha: Yellow <i>Sunrise:</i> 3:56AM	Durmukha 5118	
232621369		Yama 10:10AM - 12:15PM	Sukarma Until 9:33PM	Muruga: White <i>Sunset:</i> 8:34PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 6:01AM - 8:06AM	Vanija Until 9:11PM	Nataraja: Purple	3rd Phase	
Until 7:41PM		Akshaya Tritiya		Moon - Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga		Tritiya Until 10:26AM		Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

3 Tuesday, May 10, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau						Sun 17 Sutra 23
Mithuna Rasi: 12.46 Tithi 4 - 5		Gulika 12:15PM - 2:21PM	Ardra Until 6:15PM	Ganesha: Yellow <i>Sunrise:</i> 3:54AM	Durmukha 5118	
232621369		Yama 8:05AM - 10:10AM	Dhriti Until 6:51PM	Muruga: White <i>Sunset:</i> 8:37PM	Moon 4 - Phase 4	
Routine Work Marana Yoga		Rahu 4:26PM - 6:31PM	Bava Until 7:10PM	Nataraja: Purple	3rd Phase	
Until 6:15PM		Chaturthi* Until 8:04AM		Moon - Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

4 Wednesday, May 11, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau						Sun 18 Sutra 24
Mithuna Rasi: 26.38 Tithi 5 - 6		Gulika 10:09AM - 12:15PM	Punarvasu Until 5:54PM	Ganesha: White <i>Sunrise:</i> 3:51AM	Durmukha 5118	
242621369		Yama 5:57AM - 8:03AM	Shula* Until 4:46PM	Muruga: White <i>Sunset:</i> 8:39PM	Moon 4 - Phase 4	
Creative Work Siddha Yoga		Rahu 12:15PM - 2:21PM	Taitila Until 5:37AM Thu	Nataraja: Purple	3rd Phase	
		Panchami Until 6:26AM		Moon - Blue	Devaloka Day	
				Vaisaka-Chaitra		

5 Thursday, May 12, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
Pushya Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau						Sun 19 Sutra 25
Kataka Rasi: 10.01 Tithi 7		Gulika 8:02AM - 10:09AM	Pushya Until 6:14PM	Ganesha: White <i>Sunrise:</i> 3:49AM	Durmukha 5118	
242621369		Yama 3:49AM - 5:56AM	Ganda* Until 3:23PM	Muruga: White <i>Sunset:</i> 8:41PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 2:22PM - 4:28PM	Gara Until 5:34PM	Nataraja: Purple	3rd Phase	
Until 6:14PM		Saptami Until 5:41AM Fri		Moon - Blue	Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		

Friday, May 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Visti* Karana Ashtamyam Titau						Sun 20 Sutra 26
Kataka Rasi: 22.56 Tithi 8		Gulika 5:54AM - 8:01AM	Ashlesha* Until 7:15PM	Ganesha: White <i>Sunrise:</i> 3:47AM	Durmukha 5118	
242621369		Yama 4:29PM - 6:36PM	Vriddhi Until 2:41PM	Muruga: White <i>Sunset:</i> 8:43PM	Moon 4 - Phase 4	
Routine Work Marana Yoga		Rahu 10:08AM - 12:15PM	Visti Until 6:04PM	Nataraja: Purple	Ashtami	
		Ashtami* Until 6:36AM Sat		Moon - Blue	Devaloka Day	
				Vaisaka-Chaitra		

Saturday, May 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Sun 21 Sutra 27
Simha Rasi: 5.28 Tithi 8 - 9		Gulika 3:44AM - 5:52AM	Magha* Until 9:22PM	Ganesha: Clear <i>Sunrise:</i> 3:44AM	Durmukha 5118	
252621369		Yama 2:23PM - 4:30PM	Dhruva Until 2:36PM	Muruga: White <i>Sunset:</i> 8:46PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 8:00AM - 10:07AM	Balava Until 7:21PM	Nataraja: Purple	Navami	
Until 9:22PM		Ashtami* Until 6:36AM		Moon - Red	Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi	Devaloka Time: 9:AM to12:PM	

1 Sunday, May 15, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Oslo, Norway Sun 22 Sutra 28
Simha Rasi: 17.41	Tithi 9 – 10	Gulika 4:32PM – 6:40PM	Purvaphalguni Until 11:54PM	Ganesha: Purple <i>Sunrise:</i> 3:42AM		Durmukha 5118
		Yama 12:15PM – 2:23PM	Vyaghata* Until 3:03PM	Muruga: White <i>Sunset:</i> 8:48PM		Moon 4 - Phase 5
		253621369 Rahu 6:40PM – 8:48PM	Taitila Until 9:16PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Navami* Until 8:13AM	Moon – Red		Bhuloka Day
Until 11:54PM				Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga						

2 Monday, May 16, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 23 Sutra 29
Simha Rasi: 29.41	Tithi 10 – 11	Gulika 2:24PM – 4:33PM	Uttaraphalguni Until 2:40AM Tue	Ganesha: Purple <i>Sunrise:</i> 3:40AM		Durmukha 5118
Family Home Evening		Yama 10:06AM – 12:15PM	Harshana Until 3:52PM	Muruga: White <i>Sunset:</i> 8:50PM		Moon 4 - Phase 5
		253621369 Rahu 5:49AM – 7:58AM	Vanija Until 11:36PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 10:22AM	Moon – Red		Bhuloka Day
				Vaisaka-Vaikasi		

3 Tuesday, May 17, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 24 Sutra 30
Kanya Rasi: 11.33	Tithi 11 – 12	Gulika 12:15PM – 2:24PM	Hasta Until 5:56AM Wed	Ganesha: Clear <i>Sunrise:</i> 3:38AM		Durmukha 5118
		Yama 7:56AM – 10:06AM	Vajra* Until 4:52PM	Muruga: White <i>Sunset:</i> 8:53PM		Moon 4 - Phase 5
		263621369 Rahu 4:34PM – 6:43PM	Bava Until 2:10AM Wed	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 12:51PM	Moon – Green		Bhuloka Day
				Vaisaka-Vaikasi		Devaloka Time: 6:AM to 9:AM

4 Wednesday, May 18, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Oslo, Norway Sun 25 Sutra 31
Kanya Rasi: 23.21	Tithi 12 – 13	Gulika 10:05AM – 12:15PM	Chitra Until 9:02AM Thu	Ganesha: Purple <i>Sunrise:</i> 3:36AM		Durmukha 5118
		Yama 5:45AM – 7:55AM	Siddhi Until 5:57PM	Muruga: White <i>Sunset:</i> 8:55PM		Moon 4 - Phase 5
		263721369 Rahu 12:15PM – 2:25PM	Kaulava Until 4:44AM Thu	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:26PM	Moon – Green		Devaloka Day
Until 9:02AM Thu			<i>Pradosha Vrata</i>	Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga						

5 Thursday, May 19, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 26 Sutra 32
Tula Rasi: 5.1	Tithi 13 – 14	Gulika 7:54AM – 10:05AM	Chitra Until 9:02AM	Ganesha: Purple <i>Sunrise:</i> 3:33AM		Durmukha 5118
		Yama 3:33AM – 5:44AM	Vyatipata* Until 6:59PM	Muruga: White <i>Sunset:</i> 8:57PM		Moon 4 - Phase 5
		263721369 Rahu 2:26PM – 4:36PM	Gara Until 7:09AM Fri	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 5:57PM	Moon – Green		Devaloka Day
Until 9:02AM				Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga						

6 Friday, May 20, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Varyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway Sun 27 Sutra 33
Tula Rasi: 17.01	Tithi 14	Gulika 5:42AM – 7:53AM	Svati Until 11:49AM	Ganesha: Purple <i>Sunrise:</i> 3:31AM		Durmukha 5118
		Yama 4:37PM – 6:48PM	Varyan Until 7:50PM	Muruga: White <i>Sunset:</i> 8:59PM		Moon 4 - Phase 5
		263721369 Rahu 10:04AM – 12:15PM	Gara Until 7:09AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:15PM	Moon – Green		Devaloka Day
		Vaikasi Visakam		Vaisaka-Vaikasi		

○ Saturday, May 21, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Oslo, Norway Sun 28 Sutra 34
Copper Retreat Star		Gulika 3:29AM – 5:41AM	Vishakha Until 2:40PM	Ganesha: Clear <i>Sunrise:</i> 3:29AM		Durmukha 5118
Tula Rasi: 28.58	Tithi 15	Yama 2:27PM – 4:38PM	Parigha* Until 8:28PM	Muruga: White <i>Sunset:</i> 9:01PM		Moon 4 - Phase 5
		273721369 Rahu 7:52AM – 10:04AM	Visti Until 9:20AM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 10:17PM	Moon – Orange		Bhuloka Day
				Vaisaka-Vaikasi		Devaloka Time: 9:AM to 12:PM

○ Sunday, May 22, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Oslo, Norway Sun 29 Sutra 35
Silver Retreat Star		Gulika 4:39PM – 6:51PM	Anuradha Until 5:03PM	Ganesha: Clear <i>Sunrise:</i> 3:27AM		Durmukha 5118
Vrischika Rasi: 11.03	Tithi 16	Yama 12:15PM – 2:27PM	Shiva Until 8:53PM	Muruga: White <i>Sunset:</i> 9:03PM		Moon 4 - Phase 5
		273721369 Rahu 6:51PM – 9:03PM	Balava Until 11:11AM	Nataraja: Purple		Prathama
Routine Work	Marana Yoga		Prathama* Until 11:58PM	Moon – Orange		Bhuloka Day
				Vaisaka-Vaikasi		Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sun 1 Sutra 36

Vrischika Rasi: 23.16 Tihti 17
Family Home Evening
Creative Work Siddha Yoga

Gulika 2:28PM – 4:40PM
Yama 10:03AM – 12:15PM
Rahu 5:38AM – 7:51AM

Jyeshtha* Until 6:56PM
Siddha Until 8:59PM
Tailila Until 12:42PM
Dvitiya Until 1:19AM Tue

Ganesh: Clear Sunrise: 3:26AM
Muruga: White Sunset: 9:05PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Tuesday, May 24, 2016

1

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Oslo, Norway

Sun 2 Sutra 37

Dhanus Rasi: 5.37 Tihti 18
Creative Work Amrita Yoga
Until 8:48PM
Then Creative Work - Siddha Yoga

Gulika 12:16PM – 2:29PM
Yama 7:50AM – 10:03AM
Rahu 4:41PM – 6:54PM

Mula* Until 8:48PM
Sadhya Until 8:50PM
Vanija Until 1:52PM
Tritiya Until 2:17AM Wed

Ganesh: White Sunrise: 3:24AM
Muruga: White Sunset: 9:07PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Devaloka Day

Wednesday, May 25, 2016

2

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 3 Sutra 38

Dhanus Rasi: 18.08 Tihti 19
Creative Work Amrita Yoga

Gulika 10:02AM – 12:16PM
Yama 5:35AM – 7:49AM
Rahu 12:16PM – 2:29PM

Purvashadha* Until 10:08PM
Subha Until 8:24PM
Bava Until 2:39PM
Chaturthi* Until 2:52AM Thu

Ganesh: Clear Sunrise: 3:22AM
Muruga: White Sunset: 9:09PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Thursday, May 26, 2016

3

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Oslo, Norway

Sun 4 Sutra 39

Makara Rasi: 0.5 Tihti 20
Routine Work Marana Yoga
Until 10:54PM
Then Creative Work - Siddha Yoga

Gulika 7:48AM – 10:02AM
Yama 3:20AM – 5:34AM
Rahu 2:30PM – 4:44PM

Uttarashadha Until 10:54PM
Sukla Until 7:37PM
Kaulava Until 3:02PM
Panchami Until 3:02AM Fri

Ganesh: Clear Sunrise: 3:20AM
Muruga: White Sunset: 9:11PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Friday, May 27, 2016

4

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 5 Sutra 40

Makara Rasi: 13.45 Tihti 21
Routine Work Marana Yoga
Until 11:31PM
Then Creative Work - Siddha Yoga

Gulika 5:33AM – 7:47AM
Yama 4:45PM – 6:59PM
Rahu 10:01AM – 12:16PM

Shravana Until 11:31PM
Brahma Until 6:29PM
Gara Until 2:57PM
Shashthi* Until 2:43AM Sat

Ganesh: White Sunrise: 3:18AM
Muruga: Clear Sunset: 9:13PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

Saturday, May 28, 2016

5

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 6 Sutra 41

Makara Rasi: 26.54 Tihti 22
Creative Work Siddha Yoga
Until 11:29PM
Then Creative Work - Amrita Yoga

Gulika 3:17AM – 5:32AM
Yama 2:31PM – 4:46PM
Rahu 7:46AM – 10:01AM

Dhanishtha Until 11:29PM
Indra Until 4:57PM
Visti Until 2:24PM
Saptami Until 1:54AM Sun

Ganesh: White Sunrise: 3:17AM
Muruga: Clear Sunset: 9:15PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

Sunday, May 29, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 7 Sutra 42

Kumbha Rasi: 10.2 Tihti 23
Creative Work Siddha Yoga

Gulika 4:47PM – 7:02PM
Yama 12:16PM – 2:31PM
Rahu 7:02PM – 9:17PM

Shatabhishak Until 10:45PM
Vaidhriti* Until 2:59PM
Balava Until 1:18PM
Ashtami* Until 12:31AM Mon

Ganesh: Yellow Sunrise: 3:15AM
Muruga: Clear Sunset: 9:17PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
Ashtami

Devaloka Day

Monday, May 30, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 8 Sutra 43

Kumbha Rasi: 24.05 Tihti 24
Family Home Evening
Routine Work Marana Yoga
Until 9:47PM
Then Creative Work - Siddha Yoga

Gulika 2:32PM – 4:48PM
Yama 10:01AM – 12:16PM
Rahu 5:29AM – 7:45AM

Purvaproshtapada* Until 9:47PM
Vishkambha* Until 12:34PM
Tailila Until 11:38AM
Navami* Until 10:36PM

Ganesh: Clear Sunrise: 3:14AM
Muruga: Clear Sunset: 9:19PM
Nataraja: Purple
Moon – Clear
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
Navami

Devaloka Day

1 Tuesday, May 31, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Dashamyam Titau				Oslo, Norway Sun 9 Sutra 44 Durmukha 5118
Meena Rasi: 8.11	Tithi 25	Gulika 12:16PM – 2:32PM	Uttaraproshtapada Until 8:09PM	Ganesh: Clear	<i>Sunrise:</i> 3:12AM	
		Yama 7:44AM – 10:00AM	Priti Until 9:44AM	Muruga: Clear	<i>Sunset:</i> 9:21PM	Moon 5 - Phase 7
		314731369 Rahu 4:48PM – 7:04PM	Vanija Until 9:27AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 8:10PM	Moon – Clear		Devaloka Day
Until 8:09PM				Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga						

2 Wednesday, June 1, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 10 Sutra 45 Durmukha 5118
Meena Rasi: 22.37	Tithi 26 – 27	Gulika 10:00AM – 12:16PM	Revati Until 5:57PM	Ganesh: Clear	<i>Sunrise:</i> 3:11AM	
		Yama 5:27AM – 7:44AM	Ayushman Until 6:29AM	Muruga: Clear	<i>Sunset:</i> 9:22PM	Moon 5 - Phase 7
		314731369 Rahu 12:16PM – 2:33PM	Bava Until 6:48AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 5:18PM	Moon – Clear		Devaloka Day
				Vaisaka-Vaikasi		

3 Thursday, June 2, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Oslo, Norway Sun 11 Sutra 46 Durmukha 5118
Mesha Rasi: 7.19	Tithi 27 – 28	Gulika 7:43AM – 10:00AM	Ashvini Until 3:42PM	Ganesh: White	<i>Sunrise:</i> 3:09AM	
		Yama 3:09AM – 5:26AM	Sobhana Until 11:10PM	Muruga: Clear	<i>Sunset:</i> 9:24PM	Moon 5 - Phase 7
		324731369 Rahu 2:33PM – 4:50PM	Gara Until 12:27AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:07PM	Moon – White		Bhuloka Day
Until 3:42PM			<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

4 Friday, June 3, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 12 Sutra 47 Durmukha 5118
Mesha Rasi: 22.13	Tithi 28 – 29	Gulika 5:25AM – 7:42AM	Bharani Until 1:08PM	Ganesh: White	<i>Sunrise:</i> 3:08AM	
		Yama 4:51PM – 7:08PM	Athiganda* Until 7:16PM	Muruga: Clear	<i>Sunset:</i> 9:25PM	Moon 5 - Phase 7
		324731369 Rahu 10:00AM – 12:17PM	Visti Until 9:02PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:44AM	Moon – White		Bhuloka Day
				Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM

● Saturday, June 4, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway Sun 13 Sutra 48 Durmukha 5118
Retreat Star		Gulika 3:07AM – 5:24AM	Krittika Until 10:24AM	Ganesh: White	<i>Sunrise:</i> 3:07AM	
Vrishabha Rasi: 7.1	Tithi 29 – 30	Yama 2:34PM – 4:52PM	Sukarma Until 3:24PM	Muruga: Clear	<i>Sunset:</i> 9:27PM	Moon 5 - Phase 7
		324731369 Rahu 7:42AM – 9:59AM	Naga Until 4:00AM Sun	Nataraja: Purple		Amavasya
Creative Work	Amrita Yoga		Chaturdashi* Until 7:18AM	Moon – White		Bhuloka Day
				Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM

Sunday, June 5, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Oslo, Norway Sun 14 Sutra 49 Durmukha 5118
Retreat Star		Gulika 4:53PM – 7:11PM	Rohini Until 8:04AM	Ganesh: Green	<i>Sunrise:</i> 3:06AM	
Vrishabha Rasi: 22.02	Tithi 1	Yama 12:17PM – 2:35PM	Dhriti Until 11:41AM	Muruga: Clear	<i>Sunset:</i> 9:28PM	Moon 5 - Phase 7
		334731361 Rahu 7:11PM – 9:28PM	Kintughna Until 2:27PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:58AM Mon	Moon – Yellow		Bhuloka Day
				Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM

Monday, June 6, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Oslo, Norway Sun 15 Sutra 50
1		Gulika 2:35PM – 4:53PM	Ardra Until 4:08AM Tue	Ganesh: Green <i>Sunrise:</i> 3:05AM		Durmukha 5118
Mithuna Rasi: 6.41	Tithi 2	Yama 9:59AM – 12:17PM	Shula* Until 8:14AM	Muruga: Clear <i>Sunset:</i> 9:30PM		Moon 5 - Phase 8
Family Home Evening	334731361	Rahu 5:23AM – 7:41AM	Balava Until 11:37AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 10:22PM	Moon – Yellow	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

Tuesday, June 7, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Oslo, Norway Sun 16 Sutra 51
2		Gulika 12:17PM – 2:36PM	Punarvasu Until 3:16AM Wed	Ganesh: White <i>Sunrise:</i> 3:04AM		Durmukha 5118
Mithuna Rasi: 21	Tithi 3	Yama 7:41AM – 9:59AM	Vriddhi Until 2:45AM Wed	Muruga: Clear <i>Sunset:</i> 9:31PM		Moon 5 - Phase 8
Family Home Evening	344731361	Rahu 4:54PM – 7:13PM	Tailila Until 9:19AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:23PM	Moon – Blue	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

Wednesday, June 8, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Oslo, Norway Sun 17 Sutra 52
3		Gulika 9:59AM – 12:18PM	Pushya Until 3:01AM Thu	Ganesh: White <i>Sunrise:</i> 3:03AM		Durmukha 5118
Kataka Rasi: 4.53	Tithi 4	Yama 5:22AM – 7:40AM	Dhruva Until 12:52AM Thu	Muruga: Clear <i>Sunset:</i> 9:32PM		Moon 5 - Phase 8
Family Home Evening	344731361	Rahu 12:18PM – 2:36PM	Vanija Until 7:41AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 7:08PM	Moon – Blue	Bhuloka Day	
				Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

Thursday, June 9, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway Sun 18 Sutra 53
4		Gulika 7:40AM – 9:59AM	Ashlesha* Until 3:27AM Fri	Ganesh: White <i>Sunrise:</i> 3:02AM		Durmukha 5118
Kataka Rasi: 18.18	Tithi 5	Yama 3:02AM – 5:21AM	Vyaghata* Until 11:41PM	Muruga: Clear <i>Sunset:</i> 9:33PM		Moon 5 - Phase 8
Family Home Evening	344731361	Rahu 2:37PM – 4:56PM	Bava Until 6:50AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:43PM	Moon – Blue	Bhuloka Day	
Until 3:27AM Fri				Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga						

Friday, June 10, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Harshana Yoga Kaulava/Tailila Karana Shashthyam Titau				Oslo, Norway Sun 19 Sutra 54
5		Gulika 5:21AM – 7:40AM	Magha* Until 5:01AM Sat	Ganesh: Clear <i>Sunrise:</i> 3:01AM		Durmukha 5118
Simha Rasi: 1.16	Tithi 6	Yama 4:56PM – 7:15PM	Harshana Until 11:11PM	Muruga: Clear <i>Sunset:</i> 9:34PM		Moon 5 - Phase 8
Family Home Evening	354731361	Rahu 9:59AM – 12:18PM	Kaulava Until 6:51AM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 7:09PM	Moon – Red	Devaloka Day	
Until 5:01AM Sat				Jyeshtha-Vaikasi		
Then Creative Work - Siddha Yoga						

Saturday, June 11, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Oslo, Norway Sun 20 Sutra 55
6		Gulika 3:01AM – 5:20AM	Purvaphalguni Until 7:09AM Sun	Ganesh: Purple <i>Sunrise:</i> 3:01AM		Durmukha 5118
Simha Rasi: 13.5	Tithi 7	Yama 2:37PM – 4:57PM	Vajra* Until 11:16PM	Muruga: Clear <i>Sunset:</i> 9:36PM		Moon 5 - Phase 8
Family Home Evening	355731361	Rahu 7:39AM – 9:59AM	Gara Until 7:41AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 8:22PM	Moon – Red	Sivaloka Day	
Until 7:09AM Sun				Jyeshtha-Vaikasi		
Then Creative Work - Amrita Yoga						

Sunday, June 12, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Oslo, Norway Sun 21 Sutra 56
Retreat Star		Gulika 4:57PM – 7:17PM	Purvaphalguni Until 7:09AM	Ganesh: Clear <i>Sunrise:</i> 3:00AM		Durmukha 5118
Simha Rasi: 26.05	Tithi 8	Yama 12:18PM – 2:38PM	Siddhi Until 11:50PM	Muruga: Clear <i>Sunset:</i> 9:36PM		Moon 5 - Phase 8
Family Home Evening	355831361	Rahu 7:17PM – 9:36PM	Visti Until 9:16AM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:14PM	Moon – Red	Devaloka Day	
Until 7:09AM				Jyeshtha-Vaikasi		
Then Creative Work - Amrita Yoga						

Monday, June 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Oslo, Norway Sun 22 Sutra 57
Retreat Star		Gulika 2:38PM – 4:58PM	Uttaraphalguni Until 9:39AM	Ganesh: Clear <i>Sunrise:</i> 3:00AM		Durmukha 5118
Kanya Rasi: 8.05	Tithi 9	Yama 9:59AM – 12:19PM	Vyatipata* Until 12:44AM Tue	Muruga: Clear <i>Sunset:</i> 9:37PM		Moon 5 - Phase 8
Family Home Evening	355831361	Rahu 5:19AM – 7:39AM	Balava Until 11:22AM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 12:32AM Tue	Moon – Red	Devaloka Day	
				Jyeshtha-Vaikasi		

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1 Tuesday, June 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
		Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 58
Kanya Rasi: 19.58	Tithi 10	Gulika 12:19PM – 2:39PM	Hasta Until 12:48PM	Ganesha: Purple <i>Sunrise: 2:59AM</i>		Durmukha 5118
		Yama 7:39AM – 9:59AM	Variyan Until 1:45AM Wed	Muruga: Clear <i>Sunset: 9:38PM</i>		Moon 5 - Phase 9
Creative Work	Siddha Yoga	365831361 Rahu 4:58PM – 7:18PM	Tailila Until 1:48PM	Nataraja: White		4th Phase
			Dashami Until 3:02AM Wed	Moon – Green	Bhuloka Day	
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	

2 Wednesday, June 15, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
		Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 59
Tula Rasi: 1.47	Tithi 11	Gulika 9:59AM – 12:19PM	Chitra Until 6:35PM	Ganesha: Purple <i>Sunrise: 2:59AM</i>		Durmukha 5118
		Yama 5:19AM – 7:39AM	Parigha* Until 2:46AM Thu	Muruga: Clear <i>Sunset: 9:39PM</i>		Moon 5 - Phase 9
Creative Work	Siddha Yoga	365831361 Rahu 12:19PM – 2:39PM	Vanija Until 4:18PM	Nataraja: White		4th Phase
			Ekadashi Until 5:29AM Thu	Moon – Green	Bhuloka Day	
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	

3 Thursday, June 16, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
		Svati Nakshatra Shiva Yoga Bava Karana Dvadashyam Titau				Sun 25 Sutra 60
Tula Rasi: 13.38	Tithi 12	Gulika 7:39AM – 9:59AM	Svati Until 6:38PM	Ganesha: Purple <i>Sunrise: 2:59AM</i>		Durmukha 5118
		Yama 2:59AM – 5:19AM	Shiva Until 3:38AM Fri	Muruga: Clear <i>Sunset: 9:39PM</i>		Moon 5 - Phase 9
Creative Work	Amrita Yoga	365831361 Rahu 2:39PM – 4:59PM	Bava Until 6:39PM	Nataraja: White		4th Phase
Until 6:38PM			Dvadashi Until 7:42AM Fri	Moon – Green	Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	

4 Friday, June 17, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
		Vishakha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 61
Tula Rasi: 25.34	Tithi 12 – 13	Gulika 5:19AM – 7:39AM	Vishakha Until 9:27PM	Ganesha: Clear <i>Sunrise: 2:59AM</i>		Durmukha 5118
		Yama 5:00PM – 7:20PM	Siddha Until 4:14AM Sat	Muruga: Clear <i>Sunset: 9:40PM</i>		Moon 5 - Phase 9
Creative Work	Siddha Yoga	375831361 Rahu 9:59AM – 12:19PM	Kaulava Until 8:43PM	Nataraja: White		4th Phase
			Dvadashi Until 7:42AM	Moon – Orange	Devaloka Day	
			<i>Pradosha Vrata</i>	Jyeshtha•Ani		

5 Saturday, June 18, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
		Anuradha Nakshatra Sadhya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 62
Vrischika Rasi: 7.38	Tithi 13 – 14	Gulika 2:59AM – 5:19AM	Anuradha Until 11:44PM	Ganesha: Clear <i>Sunrise: 2:59AM</i>		Durmukha 5118
		Yama 2:40PM – 5:00PM	Sadhya Until 4:31AM Sun	Muruga: Clear <i>Sunset: 9:40PM</i>		Moon 5 - Phase 9
Creative Work	Siddha Yoga	375831361 Rahu 7:39AM – 9:59AM	Gara Until 10:24PM	Nataraja: White		4th Phase
			Trayodashi Until 9:36AM	Moon – Orange	Devaloka Day	
				Jyeshtha•Ani		

○ Sunday, June 19, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
		Jyeshtha* Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 63
Vrischika Rasi: 19.52	Tithi 14 – 15	Gulika 5:00PM – 7:20PM	Jyeshtha* Until 1:26AM Mon	Ganesha: Clear <i>Sunrise: 2:59AM</i>		Durmukha 5118
		Yama 12:20PM – 2:40PM	Subha Until 4:29AM Mon	Muruga: Clear <i>Sunset: 9:41PM</i>		Moon 5 - Phase 9
Routine Work	Marana Yoga	375831361 Rahu 7:20PM – 9:41PM	Visti Until 11:39PM	Nataraja: White		Purnima
Until 1:26AM Mon			Chaturdashi* Until 11:04AM	Moon – Orange	Devaloka Day	
Then Creative Work - Siddha Yoga		Father's Day		Jyeshtha•Ani		

Monday, June 20, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
		Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64
Dhanus Rasi: 2.17	Tithi 15 – 16	Gulika 2:40PM – 5:00PM	Mula* Until 3:01AM Tue	Ganesha: Yellow <i>Sunrise: 2:59AM</i>		Durmukha 5118
Family Home Evening		Yama 10:00AM – 12:20PM	Sukla Until 4:05AM Tue	Muruga: Clear <i>Sunset: 9:41PM</i>		Moon 5 - Phase 9
Creative Work	Siddha Yoga	386831361 Rahu 5:19AM – 7:39AM	Balava Until 12:27AM Tue	Nataraja: White		Prathama
			Purnima* Until 12:05PM	Moon – Light Blue	Devaloka Day	
				Jyeshtha•Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Oslo, Norway

Dhanus Rasi: 14.54 Tihi 16 – 17

386831361

Gulika 12:20PM – 2:40PM
Yama 7:40AM – 10:00AM
Rahu 5:01PM – 7:21PM

Purvashadha* Until 4:02AM Wed
Brahma Until 3:21AM Wed
Tailila Until 12:49AM Wed
Prathama* Until 12:40PM

Ganesha: Yellow *Sunrise: 2:59AM*
Muruga: Clear *Sunset: 9:41PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 4:02AM Wed
Then Creative Work - Amrita Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Oslo, Norway

Dhanus Rasi: 27.43 Tihi 17 – 18

386831361

Gulika 10:00AM – 12:20PM
Yama 5:20AM – 7:40AM
Rahu 12:20PM – 2:40PM

Uttarashadha Until 4:30AM Thu
Indra Until 2:19AM Thu
Vanija Until 12:48AM Thu
Dvitiya Until 12:50PM

Ganesha: Yellow *Sunrise: 2:59AM*
Muruga: Clear *Sunset: 9:41PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sun 1 Sutra 66
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 4:30AM Thu
Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam

Oslo, Norway

Makara Rasi: 10.43 Tihi 18 – 19

396831361

Gulika 7:40AM – 10:00AM
Yama 3:00AM – 5:20AM
Rahu 2:41PM – 5:01PM

Shravana Until 4:55AM Fri
Vaidhriti* Until 12:59AM Fri
Bava Until 12:24AM Fri
Tritiya Until 12:38PM

Ganesha: Blue *Sunrise: 3:00AM*
Muruga: Clear *Sunset: 9:41PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 2 Sutra 67
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Then Creative Work - Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Oslo, Norway

Makara Rasi: 23.55 Tihi 19 – 20

396831361

Gulika 5:20AM – 7:40AM
Yama 5:01PM – 7:21PM
Rahu 10:01AM – 12:21PM

Dhanishtha Until 4:51AM Sat
Vishkambha* Until 11:22PM
Kaulava Until 11:40PM
Chaturthi* Until 12:03PM

Ganesha: Blue *Sunrise: 3:00AM*
Muruga: Clear *Sunset: 9:41PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 3 Sutra 68
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 4:51AM Sat
Then Creative Work - Amrita Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Oslo, Norway

Kumbha Rasi: 7.18 Tihi 20 – 21

396831361

Gulika 3:01AM – 5:21AM
Yama 2:41PM – 5:01PM
Rahu 7:41AM – 10:01AM

Shatabhishak Until 4:17AM Sun
Priti Until 9:29PM
Gara Until 10:34PM
Panchami Until 11:08AM

Ganesha: Blue *Sunrise: 3:01AM*
Muruga: Clear *Sunset: 9:41PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 4 Sutra 69
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 4:17AM Sun
Then Creative Work - Siddha Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam

Oslo, Norway

Kumbha Rasi: 20.53 Tihi 21 – 22

316831361

Gulika 5:01PM – 7:21PM
Yama 12:21PM – 2:41PM
Rahu 7:21PM – 9:41PM

Purvaproshtapada* Until 3:40AM Mon
Ayushman Until 7:18PM
Visti Until 9:08PM
Shashthi* Until 9:52AM

Ganesha: Purple *Sunrise: 3:01AM*
Muruga: Clear *Sunset: 9:41PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 5 Sutra 70
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam

Oslo, Norway

Meena Rasi: 4.4 Tihi 22 – 23

316831361

Gulika 2:41PM – 5:01PM
Yama 10:01AM – 12:21PM
Rahu 5:22AM – 7:42AM

Uttaraproshtapada Until 2:33AM Tue
Saubhagya Until 4:51PM
Balava Until 7:21PM
Saptami Until 8:16AM

Ganesha: Purple *Sunrise: 3:02AM*
Muruga: Clear *Sunset: 9:40PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 6 Sutra 71
Durmukha 5118
Moon 6 - Phase 10
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Family Home Evening

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Oslo, Norway

Meena Rasi: 18.41 Tihi 23 – 24

317831361

Gulika 12:21PM – 2:41PM
Yama 7:42AM – 10:02AM
Rahu 5:01PM – 7:20PM

Revati Until 12:59AM Wed
Sobhana Until 2:08PM
Gara Until 4:02AM Wed
Ashtami* Until 6:19AM

Ganesha: Clear *Sunrise: 3:03AM*
Muruga: Clear *Sunset: 9:40PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 7 Sutra 72
Durmukha 5118
Moon 6 - Phase 10
Navami

Devaloka Day


Creative Work Siddha Yoga
Until 12:59AM Wed
Then Routine Work - Marana Yoga

1		Wednesday, June 29, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 73		Durumukha 5118	
Mesha Rasi: 2.53	Tithi 25	Gulika	10:02AM – 12:22PM	Ashvini Until 11:24PM	Ganesh: Purple	<i>Sunrise:</i> 3:04AM	
		Yama	5:23AM – 7:43AM	Athiganda* Until 11:09AM	Muruga: Clear	<i>Sunset:</i> 9:39PM	Moon 6 - Phase 11
		327831361 Rahu	12:22PM – 2:41PM	Vanija Until 2:49PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga			Dashami Until 1:30AM Thu	Moon – White		
Until 11:24PM					Jyeshtha*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga							

2		Thursday, June 30, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 74		Durumukha 5118	
Mesha Rasi: 17.17	Tithi 26	Gulika	7:43AM – 10:03AM	Bharani Until 9:29PM	Ganesh: Purple	<i>Sunrise:</i> 3:05AM	
		Yama	3:05AM – 5:24AM	Sukarma Until 7:57AM	Muruga: Clear	<i>Sunset:</i> 9:39PM	Moon 6 - Phase 11
		327831361 Rahu	2:41PM – 5:00PM	Bava Until 12:09PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 10:45PM	Moon – White		
Until 9:29PM					Jyeshtha*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

3		Friday, July 1, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Krittika Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 75		Durumukha 5118	
Vrishabha Rasi: 1.49	Tithi 27	Gulika	5:25AM – 7:44AM	Krittika Until 7:18PM	Ganesh: Purple	<i>Sunrise:</i> 3:06AM	
		Yama	5:00PM – 7:19PM	Shula* Until 1:14AM Sat	Muruga: Clear	<i>Sunset:</i> 9:38PM	Moon 6 - Phase 11
		327831361 Rahu	10:03AM – 12:22PM	Kaulava Until 9:21AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 7:54PM	Moon – White		
Until 7:18PM					Jyeshtha*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

4		Saturday, July 2, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Rohini/Mrigashira Nakshatra Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 76		Durumukha 5118	
Vrishabha Rasi: 16.24	Tithi 28 – 29	Gulika	3:07AM – 5:26AM	Rohini Until 5:26PM	Ganesh: Light Blue	<i>Sunrise:</i> 3:07AM	
		Yama	2:41PM – 5:00PM	Ganda* Until 9:53PM	Muruga: Clear	<i>Sunset:</i> 9:37PM	Moon 6 - Phase 11
		327831361 Rahu	7:45AM – 10:03AM	Gara Until 6:29AM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga			Trayodashi* Until 5:04PM	Moon – Yellow		
Until 5:26PM				<i>Pradosha Vrata (Fasting)</i>	Jyeshtha*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga							

		Sunday, July 3, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Retreat Star		Mrigashira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 77	
Mithuna Rasi: 0.55	Tithi 29 – 30	Gulika	4:59PM – 7:18PM	Mrigashira Until 3:34PM	Ganesh: Light Blue	<i>Sunrise:</i> 3:08AM	Durumukha 5118
		Yama	12:22PM – 2:41PM	Vriddhi Until 6:42PM	Muruga: Clear	<i>Sunset:</i> 9:36PM	Moon 6 - Phase 11
		327831361 Rahu	7:18PM – 9:36PM	Catuspada Until 1:11AM Mon	Nataraja: White		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 2:24PM	Moon – Yellow		
					Jyeshtha*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

Monday, July 4, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 78		Durumukha 5118	
Mithuna Rasi: 15.15	Tithi 30 – 1	Gulika	2:41PM – 4:59PM	Ardra Until 1:52PM	Ganesh: Purple	<i>Sunrise:</i> 3:09AM	
Family Home Evening		Yama	10:04AM – 12:22PM	Dhruva Until 3:46PM	Muruga: Clear	<i>Sunset:</i> 9:35PM	Moon 6 - Phase 11
		327831361 Rahu	5:28AM – 7:46AM	Kintughna Until 11:01PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga			Amavasya* Until 12:01PM	Moon – Yellow		
Until 1:52PM					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Tuesday, July 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 14 Sutra 79
Mithuna Rasi: 29.19	Tithi 1 – 2	Gulika	12:23PM – 2:41PM	Punarvasu Until 12:56PM	Ganesh: Light Blue	<i>Sunrise:</i> 3:11AM	Durmukha 5118	
		Yama	7:47AM – 10:05AM	Vyaghata* Until 1:14PM	Muruga: Clear	<i>Sunset:</i> 9:34PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	348831361 Rahu	4:58PM – 7:16PM	Balava Until 9:22PM	Nataraja: White		3rd Phase	
				Prathama* Until 10:06AM	Moon – Blue			
					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

2		Wednesday, July 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 15 Sutra 80
Kataka Rasi: 13.02	Tithi 2 – 3	Gulika	10:05AM – 12:23PM	Pushya Until 12:27PM	Ganesh: Purple	<i>Sunrise:</i> 3:12AM	Durmukha 5118	
		Yama	5:30AM – 7:47AM	Harshana Until 11:13AM	Muruga: Clear	<i>Sunset:</i> 9:33PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448831361 Rahu	12:23PM – 2:40PM	Taitila Until 8:22PM	Nataraja: White		3rd Phase	
				Dvitiya Until 8:46AM	Moon – Blue			
					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

3		Thursday, July 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 16 Sutra 81
Kataka Rasi: 26.21	Tithi 3 – 4	Gulika	7:48AM – 10:06AM	Ashlesha* Until 12:31PM	Ganesh: Light Blue	<i>Sunrise:</i> 3:14AM	Durmukha 5118	
		Yama	3:14AM – 5:31AM	Vajra* Until 9:45AM	Muruga: Clear	<i>Sunset:</i> 9:32PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 Rahu	2:40PM – 4:58PM	Vanija Until 8:07PM	Nataraja: White		3rd Phase	
Until 12:31PM				Tritiya Until 8:08AM	Moon – Blue			
Then Creative Work - Amrita Yoga					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

4		Friday, July 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipala* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 17 Sutra 82
Simha Rasi: 9.16	Tithi 4 – 5	Gulika	5:32AM – 7:49AM	Magha* Until 1:40PM	Ganesh: Purple	<i>Sunrise:</i> 3:15AM	Durmukha 5118	
		Yama	4:57PM – 7:14PM	Siddhi Until 8:54AM	Muruga: Clear	<i>Sunset:</i> 9:31PM	Moon 6 - Phase 12	
Routine Work	Marana Yoga	458931361 Rahu	10:06AM – 12:23PM	Bava Until 8:39PM	Nataraja: White		3rd Phase	
Until 1:40PM				Chaturthi* Until 8:16AM	Moon – Red			
Then Creative Work - Siddha Yoga					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

5		Saturday, July 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipala*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Oslo, Norway Sun 18 Sutra 83
Simha Rasi: 21.5	Tithi 5 – 6	Gulika	3:17AM – 5:33AM	Purvaphalguni Until 3:23PM	Ganesh: Purple	<i>Sunrise:</i> 3:17AM	Durmukha 5118	
		Yama	2:40PM – 4:56PM	Vyatipala* Until 8:40AM	Muruga: Clear	<i>Sunset:</i> 9:30PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	458931361 Rahu	7:50AM – 10:06AM	Kaulava Until 9:54PM	Nataraja: White		3rd Phase	
Until 3:23PM				Panchami Until 9:10AM	Moon – Red			
Then Routine Work - Marana Yoga					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

6		Sunday, July 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 19 Sutra 84
Kanya Rasi: 4.05	Tithi 6 – 7	Gulika	4:56PM – 7:12PM	Uttaraphalguni Until 5:33PM	Ganesh: Purple	<i>Sunrise:</i> 3:18AM	Durmukha 5118	
		Yama	12:23PM – 2:39PM	Variyan Until 8:56AM	Muruga: Clear	<i>Sunset:</i> 9:28PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	458931361 Rahu	7:12PM – 9:28PM	Gara Until 11:45PM	Nataraja: White		3rd Phase	
				Shashthi* Until 10:45AM	Moon – Red			
		Chidambaram Abhishekam			Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

Monday, July 11, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Oslo, Norway Sun 20 Sutra 85	
Retreat Star		Gulika	2:39PM – 4:55PM	Hasta Until 8:29PM	Ganesh: Orange	<i>Sunrise:</i> 3:20AM	Durmukha 5118
Kanya Rasi: 16.08	Tithi 7 – 8	Yama	10:07AM – 12:23PM	Parigha* Until 9:37AM	Muruga: Clear	<i>Sunset:</i> 9:27PM	Moon 6 - Phase 12
Family Home Evening		469931361 Rahu	5:36AM – 7:52AM	Visti Until 2:00AM Tue	Nataraja: White		Ashtami
Creative Work	Siddha Yoga			Saptami Until 12:49PM	Moon – Green		
Until 8:29PM					Ashada*Ani	Devaloka Day	
Then Routine Work - Prabalarishta Yoga							

Tuesday, July 12, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway Sun 21 Sutra 86	
Retreat Star		Gulika	12:23PM – 2:39PM	Chitra Until 11:27PM	Ganesh: Orange	<i>Sunrise:</i> 3:22AM	Durmukha 5118
Kanya Rasi: 28.02	Tithi 8 – 9	Yama	7:53AM – 10:08AM	Shiva Until 10:32AM	Muruga: Clear	<i>Sunset:</i> 9:25PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	469931361 Rahu	4:54PM – 7:10PM	Balava Until 4:24AM Wed	Nataraja: White		Navami
				Ashtami* Until 3:10PM	Moon – Green		
					Ashada*Ani	Devaloka Day	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

1 Wednesday, July 13, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Tula Rasi: 9.53 Tithi 9 - 10		Svati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Sun 22 Sutra 87
Creative Work Siddha Yoga	469931361	Gulika 10:09AM - 12:24PM	Svati Until 2:13AM Thu	Ganesh: Orange <i>Sunrise:</i> 3:23AM	Durmukha 5118	
		Yama 5:38AM - 7:53AM	Siddha Until 11:29AM	Muruga: Clear <i>Sunset:</i> 9:24PM	Moon 6 - Phase 13	
		Rahu 12:24PM - 2:39PM	Taitila Until 6:43AM Thu	Nataraja: White	4th Phase	
			Navami* Until 5:34PM	Moon - Green	Devaloka Day	
				Ashada*Ani		

2 Thursday, July 14, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
Tula Rasi: 21.47 Tithi 10		Vishakha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashmyam Titau				Sun 23 Sutra 88
Creative Work Siddha Yoga	479931361	Gulika 7:54AM - 10:09AM	Vishakha Until 5:05AM Fri	Ganesh: Green <i>Sunrise:</i> 3:25AM	Durmukha 5118	
		Yama 3:25AM - 5:40AM	Sadhya Until 12:22PM	Muruga: Clear <i>Sunset:</i> 9:22PM	Moon 6 - Phase 13	
		Rahu 2:38PM - 4:53PM	Taitila Until 6:43AM	Nataraja: White	4th Phase	
			Dashami Until 7:47PM	Moon - Orange	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

3 Friday, July 15, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Vrischika Rasi: 3.47 Tithi 11		Anuradha Nakshatra Subha/Sukha Yoga Vanija/Visti* Karana Ekadashmyam Titau				Sun 24 Sutra 89
Creative Work Siddha Yoga	479931361	Gulika 5:41AM - 7:55AM	Anuradha Until 7:25AM Sat	Ganesh: Green <i>Sunrise:</i> 3:27AM	Durmukha 5118	
		Yama 4:52PM - 7:06PM	Subha Until 1:01PM	Muruga: Clear <i>Sunset:</i> 9:20PM	Moon 6 - Phase 13	
		Rahu 10:10AM - 12:24PM	Vanija Until 8:47AM	Nataraja: White	4th Phase	
			Ekadashi Until 9:39PM	Moon - Orange	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

4 Saturday, July 16, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
Vrischika Rasi: 15.56 Tithi 12		Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashmyam Titau				Sun 25 Sutra 90
Creative Work Siddha Yoga	479931362	Gulika 3:29AM - 5:43AM	Anuradha Until 7:25AM	Ganesh: Green <i>Sunrise:</i> 3:29AM	Durmukha 5118	
		Yama 2:38PM - 4:51PM	Sukla Until 1:19PM	Muruga: Clear <i>Sunset:</i> 9:19PM	Moon 6 - Phase 13	
		Rahu 7:56AM - 10:10AM	Bava Until 10:26AM	Nataraja: Clear	4th Phase	
			Dvadashi Until 11:03PM	Moon - Orange	Devaloka Day	
				Ashada*Adi		

5 Sunday, July 17, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Vrischika Rasi: 28.17 Tithi 13		Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashmyam Titau				Sun 26 Sutra 91
Routine Work Marana Yoga Until 9:05AM Then Creative Work - Amrita Yoga	479931362	Gulika 4:50PM - 7:04PM	Jyeshtha* Until 9:05AM	Ganesh: Green <i>Sunrise:</i> 3:31AM	Durmukha 5118	
		Yama 12:24PM - 2:37PM	Brahma Until 1:13PM	Muruga: Clear <i>Sunset:</i> 9:17PM	Moon 6 - Phase 13	
		Rahu 7:04PM - 9:17PM	Kaulava Until 11:34AM	Nataraja: Clear	4th Phase	
			Trayodashi Until 11:55PM	Moon - Orange	Devaloka Day	
			<i>Pradosha Vrata</i>	Ashada*Adi		

6 Monday, July 18, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Dhanus Rasi: 10.54 Tithi 14		Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashmyam Titau				Sun 27 Sutra 92
Family Home Evening Creative Work Siddha Yoga Until 10:33AM Then Routine Work - Marana Yoga	481931362	Gulika 2:37PM - 4:50PM	Mula* Until 10:33AM	Ganesh: Blue <i>Sunrise:</i> 3:33AM	Durmukha 5118	
		Yama 10:11AM - 12:24PM	Indra Until 12:42PM	Muruga: Clear <i>Sunset:</i> 9:15PM	Moon 6 - Phase 13	
		Rahu 5:46AM - 7:58AM	Gara Until 12:10PM	Nataraja: Clear	4th Phase	
			Chaturdashi* Until 12:14AM Tue	Moon - Light Blue	Subha Sivaloka Day	
				Ashada*Adi		

○ Tuesday, July 19, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Copper Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 93
Dhanus Rasi: 23.46 Tithi 15	481931362	Gulika 12:24PM - 2:36PM	Purvashadha* Until 11:20AM	Ganesh: Blue <i>Sunrise:</i> 3:35AM	Durmukha 5118	
		Yama 7:59AM - 10:12AM	Vaidhriti* Until 11:44AM	Muruga: Clear <i>Sunset:</i> 9:13PM	Moon 6 - Phase 13	
Creative Work Siddha Yoga Until 11:20AM Then Routine Work - Prabalarishta Yoga		Rahu 4:49PM - 7:01PM	Visti Until 12:12PM	Nataraja: Clear	Purnima	
			Purnima* Until 12:01AM Wed	Moon - Light Blue	Subha Sivaloka Day	
		Satguru Purnima		Ashada*Adi		

Wednesday, July 20, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
Silver Retreat Star		Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 94
Makara Rasi: 6.53 Tithi 16	481931362	Gulika 10:12AM - 12:24PM	Uttarashadha Until 11:27AM	Ganesh: Blue <i>Sunrise:</i> 3:37AM	Durmukha 5118	
		Yama 5:49AM - 8:00AM	Vishkambha* Until 10:22AM	Muruga: Clear <i>Sunset:</i> 9:11PM	Moon 6 - Phase 13	
Creative Work Amrita Yoga Until 11:27AM Then Creative Work - Siddha Yoga		Rahu 12:24PM - 2:36PM	Balava Until 11:45AM	Nataraja: Clear	Prathama	
			Prathama* Until 11:20PM	Moon - Light Blue	Subha Sivaloka Day	
				Ashada*Adi		



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sun 1 Sutra 95

Makara Rasi: 20.16 Tithi 17

Gulika 8:02AM - 10:13AM

Shravana Until 11:26AM

Ganesha: Yellow Sunrise: 3:39AM

Durmukha 5118

Yama 3:39AM - 5:50AM

Priti Until 8:40AM

Muruga: Clear Sunset: 9:09PM

Moon 7 - Phase 14

491931362 Rahu 2:35PM - 4:47PM

Taitila Until 10:51AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 10:14PM

Moon - Purple
Ashada•Adi

Sivaloka Day

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Oslo, Norway

Sun 2 Sutra 96

Kumbha Rasi: 3.51 Tithi 18

Gulika 5:52AM - 8:03AM

Dhanishtha Until 10:55AM

Ganesha: Yellow Sunrise: 3:41AM

Durmukha 5118

Yama 4:46PM - 6:56PM

Ayushman Until 6:38AM

Muruga: Clear Sunset: 9:07PM

Moon 7 - Phase 14

491931362 Rahu 10:13AM - 12:24PM

Vanija Until 9:35AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 8:49PM

Moon - Purple
Ashada•Adi

Sivaloka Day

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 3 Sutra 97

Kumbha Rasi: 17.37 Tithi 19

Gulika 3:43AM - 5:53AM

Shatabhishak Until 9:57AM

Ganesha: Yellow Sunrise: 3:43AM

Durmukha 5118

Yama 2:34PM - 4:45PM

Sobhana Until 1:56AM Sun

Muruga: Clear Sunset: 9:05PM

Moon 7 - Phase 14

491931362 Rahu 8:04AM - 10:14AM

Bava Until 8:01AM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 7:08PM

Moon - Purple
Ashada•Adi

Sivaloka Day

Until 9:57AM

Then Routine Work - Marana Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprossthapada*Uttaraprossthapada Nakshatra Athiganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 98

Meena Rasi: 1.32 Tithi 20 - 21

Gulika 4:44PM - 6:53PM

Purvaprossthapada* Until 9:04AM

Ganesha: Red Sunrise: 3:45AM

Durmukha 5118

Yama 12:24PM - 2:34PM

Athiganda* Until 11:19PM

Muruga: Clear Sunset: 9:03PM

Moon 7 - Phase 14

491931362 Rahu 6:53PM - 9:03PM

Kaulava Until 6:14AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 5:15PM

Moon - Clear
Ashada•Adi

Sivaloka Day

Until 9:04AM

Then Creative Work - Amrita Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprossthapada*Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 5 Sutra 99

Meena Rasi: 15.33 Tithi 21 - 22

Gulika 2:33PM - 4:42PM

Uttaraprossthapada Until 7:52AM

Ganesha: Red Sunrise: 3:48AM

Durmukha 5118

Yama 10:15AM - 12:24PM

Sukarma Until 8:36PM

Muruga: Clear Sunset: 9:01PM

Moon 7 - Phase 14

Family Home Evening 411931362 Rahu 5:57AM - 8:06AM

Visti Until 2:11AM Tue

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 3:14PM

Moon - Clear
Ashada•Adi

Sivaloka Day

Tuesday, July 26, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 100

Meena Rasi: 29.4 Tithi 22 - 23

Gulika 12:24PM - 2:33PM

Revati Until 6:25AM

Ganesha: Red Sunrise: 3:50AM

Durmukha 5118

Yama 8:07AM - 10:16AM

Dhriti Until 5:48PM

Muruga: Clear Sunset: 8:59PM

Moon 7 - Phase 14

491931362 Rahu 4:41PM - 6:50PM

Balava Until 12:00AM Wed

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Saptami Until 1:06PM

Moon - Clear
Ashada•Adi

Sivaloka Day

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 7 Sutra 101

Mesha Rasi: 13.5 Tithi 23 - 24

Gulika 10:16AM - 12:24PM

Bharani Until 3:40AM Thu

Ganesha: Green Sunrise: 3:52AM

Durmukha 5118

Yama 6:00AM - 8:08AM

Shula* Until 2:55PM

Muruga: Clear Sunset: 8:56PM

Moon 7 - Phase 14

421931362 Rahu 12:24PM - 2:32PM

Taitila Until 9:46PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Ashtami* Until 10:52AM

Moon - White
Ashada•Adi

Subha Sivaloka Day

Until 3:40AM Thu

Then Routine Work - Marana Yoga


1		Thursday, July 28, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 28.02		Tithi 24 – 25		Krittika Nakshatra Ganda* Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 102	
		Gulika	8:09AM – 10:17AM	Krittika Until 2:03AM Fri	Ganesh: Green	<i>Sunrise:</i> 3:54AM	Durmukha 5118		
		Yama	3:54AM – 6:02AM	Ganda* Until 12:02PM	Muruga: Clear	<i>Sunset:</i> 8:54PM	Moon 7 - Phase 15		
Routine Work Marana Yoga		421931362	Rahu 2:32PM – 4:39PM	Vanija Until 7:29PM	Nataraja: Clear		2nd Phase		
				Navami* Until 8:36AM	Moon – White		Subha Sivaloka Day		
					Ashada*Adi				

2		Friday, July 29, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Vrishabha Rasi: 12.14		Tithi 25 – 26		Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 103	
		Gulika	6:03AM – 8:10AM	Rohini Until 12:45AM Sat	Ganesh: Green	<i>Sunrise:</i> 3:56AM	Durmukha 5118		
		Yama	4:38PM – 6:45PM	Vriddhi Until 9:09AM	Muruga: Clear	<i>Sunset:</i> 8:52PM	Moon 7 - Phase 15		
Routine Work Marana Yoga		432931362	Rahu 10:17AM – 12:24PM	Balava Until 4:08AM Sat	Nataraja: Clear		2nd Phase		
Until 12:45AM Sat				Dashami Until 6:20AM	Moon – Yellow		Devaloka Day		
Then Creative Work - Siddha Yoga					Ashada*Adi				

3		Saturday, July 30, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Vrishabha Rasi: 26.25		Tithi 27		Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 104	
		Gulika	3:59AM – 6:05AM	Mrigashira Until 11:27PM	Ganesh: Green	<i>Sunrise:</i> 3:59AM	Durmukha 5118		
		Yama	2:30PM – 4:37PM	Dhruva Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 8:49PM	Moon 7 - Phase 15		
Creative Work Siddha Yoga		432931362	Rahu 8:11AM – 10:18AM	Kaulava Until 3:05PM	Nataraja: Clear		2nd Phase		
				Dvadashi* Until 2:04AM Sun	Moon – Yellow		Devaloka Day		
					Ashada*Adi				

4		Sunday, July 31, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 10.29		Tithi 28		Ardra Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 105	
		Gulika	4:35PM – 6:41PM	Ardra Until 10:13PM	Ganesh: Purple	<i>Sunrise:</i> 4:01AM	Durmukha 5118		
		Yama	12:24PM – 2:30PM	Harshana Until 1:04AM Mon	Muruga: Clear	<i>Sunset:</i> 8:47PM	Moon 7 - Phase 15		
Creative Work Siddha Yoga		432131362	Rahu 6:41PM – 8:47PM	Gara Until 1:08PM	Nataraja: Clear		2nd Phase		
				Trayodashi* Until 12:14AM Mon	Moon – Yellow		Devaloka Day		
				<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi				

5		Monday, August 1, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 24.23		Tithi 29		Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 106	
Family Home Evening		Gulika	2:29PM – 4:34PM	Punarvasu Until 9:37PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:03AM	Durmukha 5118		
		Yama	10:19AM – 12:24PM	Vajra* Until 10:50PM	Muruga: Clear	<i>Sunset:</i> 8:44PM	Moon 7 - Phase 15		
Creative Work Amrita Yoga		442131362	Rahu 6:08AM – 8:14AM	Visti Until 11:27AM	Nataraja: Clear		2nd Phase		
Until 9:37PM				Chaturdashi* Until 10:45PM	Moon – Blue		Devaloka Day		
Then Creative Work - Siddha Yoga					Ashada*Adi				

		Tuesday, August 2, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Retreat Star		Kataka Rasi: 8.04		Tithi 30		Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13	
		Gulika	12:24PM – 2:28PM	Pushya Until 9:18PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:06AM	Durmukha 5118		
		Yama	8:15AM – 10:19AM	Siddhi Until 8:58PM	Muruga: Clear	<i>Sunset:</i> 8:42PM	Moon 7 - Phase 15		
Creative Work Siddha Yoga		442131362	Rahu 4:33PM – 6:37PM	Catuspada Until 10:11AM	Nataraja: Clear		Amavasya		
				Amavasya* Until 9:43PM	Moon – Blue		Devaloka Day		
					Ashada*Adi				

Wednesday, August 3, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Kataka Rasi: 21.28		Tithi 1		Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 108	
		Gulika	10:20AM – 12:24PM	Ashlesha* Until 9:24PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:08AM	Durmukha 5118		
		Yama	6:12AM – 8:16AM	Vyatipata* Until 7:33PM	Muruga: Clear	<i>Sunset:</i> 8:40PM	Moon 7 - Phase 15		
Creative Work Siddha Yoga		442131362	Rahu 12:24PM – 2:28PM	Kintughna Until 9:25AM	Nataraja: Clear		Prathama		
				Prathama* Until 9:14PM	Moon – Blue		Devaloka Day		
					Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Thursday, August 4, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Simha Rasi: 4.34		Tithi 2		Magha* Nakshatra Vairyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 109	
		Gulika	8:17AM – 10:20AM	Magha* Until 10:25PM	Ganesh: Purple	Sunrise: 4:10AM			Durmukha 5118
		Yama	4:10AM – 6:14AM	Variyan Until 6:37PM	Muruga: Clear	Sunset: 8:37PM			Moon 7 - Phase 16
Creative Work Amrita Yoga		452131362	Rahu	2:27PM – 4:30PM	Nataraja: Clear			3rd Phase	
Until 10:25PM				Balava Until 9:15AM	Moon – Red			Devaloka Day	
Then Creative Work - Siddha Yoga				Dvitiya Until 9:24PM	Sravana-Adi				

2		Friday, August 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Simha Rasi: 17.19		Tithi 3		Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 16		Sutra 110	
		Gulika	6:15AM – 8:18AM	Purvaphalguni Until 11:55PM	Ganesh: Purple	Sunrise: 4:12AM			Durmukha 5118
		Yama	4:29PM – 6:32PM	Parigha* Until 6:13PM	Muruga: Clear	Sunset: 8:34PM			Moon 7 - Phase 16
Creative Work Siddha Yoga		452131362	Rahu	10:21AM – 12:23PM	Nataraja: Clear			3rd Phase	
				Taitila Until 9:45AM	Moon – Red			Devaloka Day	
				Tritiya Until 10:13PM	Sravana-Adi				

3		Saturday, August 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Simha Rasi: 29.47		Tithi 4		Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 17		Sutra 111	
		Gulika	4:15AM – 6:17AM	Uttaraphalguni Until 1:51AM Sun	Ganesh: Purple	Sunrise: 4:15AM			Durmukha 5118
		Yama	2:26PM – 4:28PM	Shiva Until 6:19PM	Muruga: Purple	Sunset: 8:32PM			Moon 7 - Phase 16
Routine Work Marana Yoga		452141362	Rahu	8:19AM – 10:21AM	Nataraja: Clear			3rd Phase	
Until 1:51AM Sun				Vanija Until 10:53AM	Moon – Red			Bhuloka Day	
Then Creative Work - Amrita Yoga				Chaturthi* Until 11:39PM	Sravana-Adi			Devaloka Time: 6:PM to 9:PM	

4		Sunday, August 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Kanya Rasi: 12		Tithi 5		Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau		Sun 18		Sutra 112	
		Gulika	4:26PM – 6:28PM	Hasta Until 4:35AM Mon	Ganesh: Clear	Sunrise: 4:17AM			Durmukha 5118
		Yama	12:23PM – 2:25PM	Siddha Until 6:47PM	Muruga: Purple	Sunset: 8:29PM			Moon 7 - Phase 16
Creative Work Amrita Yoga		462141362	Rahu	6:28PM – 8:29PM	Nataraja: Clear			3rd Phase	
Until 4:35AM Mon				Bava Until 12:35PM	Moon – Green			Devaloka Day	
Then Routine Work - Prabalarishta Yoga				Panchami Until 1:34AM Mon	Sravana-Adi				

5		Monday, August 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Kanya Rasi: 24.02		Tithi 6		Chitra Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthiyam Titau		Sun 19		Sutra 113	
Family Home Evening		Gulika	2:24PM – 4:25PM	Chitra Until 7:26AM Tue	Ganesh: Clear	Sunrise: 4:19AM			Durmukha 5118
Routine Work Prabalarishta Yoga		462141362	Yama	10:22AM – 12:23PM	Muruga: Purple	Sunset: 8:27PM			Moon 7 - Phase 16
Until 7:26AM Tue				Sadhya Until 7:34PM	Nataraja: Clear			3rd Phase	
Then Creative Work - Siddha Yoga				Kaulava Until 2:42PM	Moon – Green			Devaloka Day	
				Shashthi* Until 3:50AM Tue	Sravana-Adi				

6		Tuesday, August 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Tula Rasi: 5.56		Tithi 7		Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 114	
		Gulika	12:23PM – 2:23PM	Chitra Until 7:26AM	Ganesh: Clear	Sunrise: 4:22AM			Durmukha 5118
		Yama	8:22AM – 10:23AM	Subha Until 8:30PM	Muruga: Purple	Sunset: 8:24PM			Moon 7 - Phase 16
Creative Work Siddha Yoga		462141362	Rahu	4:24PM – 6:24PM	Nataraja: Clear			3rd Phase	
				Gara Until 5:03PM	Moon – Green			Devaloka Day	
				Saptami Until 6:13AM Wed	Sravana-Adi				

Retreat Star		Wednesday, August 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Tula Rasi: 17.49		Tithi 7 – 8		Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21		Sutra 115	
		Gulika	10:23AM – 12:23PM	Svati Until 10:13AM	Ganesh: Clear	Sunrise: 4:24AM			Durmukha 5118
		Yama	6:24AM – 8:23AM	Sukla Until 9:23PM	Muruga: Purple	Sunset: 8:21PM			Moon 7 - Phase 16
Creative Work Siddha Yoga		462141362	Rahu	12:23PM – 2:22PM	Nataraja: Clear			Ashtami	
				Visti Until 7:25PM	Moon – Green			Devaloka Day	
				Saptami Until 6:13AM	Sravana-Adi				

Retreat Star		Thursday, August 11, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Tula Rasi: 29.44		Tithi 8 – 9		Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Sutra 116	
		Gulika	8:25AM – 10:24AM	Vishakha Until 1:13PM	Ganesh: Clear	Sunrise: 4:27AM			Durmukha 5118
		Yama	4:27AM – 6:26AM	Brahma Until 10:08PM	Muruga: Purple	Sunset: 8:19PM			Moon 7 - Phase 16
Creative Work Siddha Yoga		473141362	Rahu	2:22PM – 4:21PM	Nataraja: Clear			Navami	
				Balava Until 9:35PM	Moon – Orange			Devaloka Day	
				Ashtami* Until 8:31AM	Sravana-Adi				

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Friday, August 12, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam	Oslo, Norway
		Anuradha/Jyeshtha* Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Sun 23 Sutra 117
Vrischika Rasi: 11.44	Tithi 9 – 10	Gulika 6:27AM – 8:26AM	Anuradha Until 3:44PM
		Yama 4:19PM – 6:18PM	Indra Until 10:37PM
473141362	Rahu 10:24AM – 12:22PM		Taitila Until 11:22PM
Creative Work Siddha Yoga			Navami* Until 10:31AM
Until 3:44PM		Varalakshmi Vratam	
Then Routine Work - Marana Yoga			
			Ganesha: Clear <i>Sunrise:</i> 4:29AM
			Muruga: Purple <i>Sunset:</i> 8:16PM
			Nataraja: Clear
			Moon – Orange
			Devaloka Day
			Moon 7 - Phase 17
			4th Phase

2	Saturday, August 13, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam	Oslo, Norway
		Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Sun 24 Sutra 118
Vrischika Rasi: 23.56	Tithi 10 – 11	Gulika 4:31AM – 6:29AM	Jyeshtha* Until 5:37PM
		Yama 2:20PM – 4:18PM	Vaidhriti* Until 10:39PM
473141362	Rahu 8:27AM – 10:25AM		Vanija Until 12:38AM Sun
Creative Work Siddha Yoga			Dashami Until 12:04PM
			Ganesha: Clear <i>Sunrise:</i> 4:31AM
			Muruga: Purple <i>Sunset:</i> 8:13PM
			Nataraja: Clear
			Moon – Orange
			Devaloka Day
			Moon 7 - Phase 17
			4th Phase

3	Sunday, August 14, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam	Oslo, Norway
		Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau	Sun 25 Sutra 119
Dhanus Rasi: 6.21	Tithi 11 – 12	Gulika 4:16PM – 6:13PM	Mula* Until 7:14PM
		Yama 12:22PM – 2:19PM	Vishkambha* Until 10:13PM
483141362	Rahu 6:13PM – 8:11PM		Bava Until 1:17AM Mon
Creative Work Amrita Yoga			Ekadashi Until 1:02PM
Until 7:14PM			
Then Creative Work - Siddha Yoga			
			Ganesha: White <i>Sunrise:</i> 4:34AM
			Muruga: Purple <i>Sunset:</i> 8:11PM
			Nataraja: Clear
			Moon – Light Blue
			Sivaloka Day
			Moon 7 - Phase 17
			4th Phase

4	Monday, August 15, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam	Oslo, Norway
		Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau	Sun 26 Sutra 120
Dhanus Rasi: 19.04	Tithi 12 – 13	Gulika 2:18PM – 4:15PM	Purvashadha* Until 8:04PM
Family Home Evening		Yama 10:25AM – 12:22PM	Priti Until 9:18PM
483141362	Rahu 6:32AM – 8:29AM		Kaulava Until 1:16AM Tue
Routine Work Marana Yoga			Dvadashti Until 1:21PM
			<i>Pradosha Vrata</i>
			Ganesha: White <i>Sunrise:</i> 4:36AM
			Muruga: Purple <i>Sunset:</i> 8:08PM
			Nataraja: Clear
			Moon – Light Blue
			Sivaloka Day
			Moon 7 - Phase 17
			4th Phase

5	Tuesday, August 16, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam	Oslo, Norway
		Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Sun 27 Sutra 121
Makara Rasi: 2.05	Tithi 13 – 14	Gulika 12:22PM – 2:18PM	Uttarashadha Until 8:06PM
		Yama 8:30AM – 10:26AM	Ayushman Until 7:49PM
483141362	Rahu 4:13PM – 6:09PM		Gara Until 12:37AM Wed
Routine Work Prabalarishta Yoga			Trayodashi Until 1:00PM
Until 8:06PM			
Then Creative Work - Siddha Yoga			
			Ganesha: White <i>Sunrise:</i> 4:38AM
			Muruga: Purple <i>Sunset:</i> 8:05PM
			Nataraja: Clear
			Moon – Light Blue
			Sivaloka Day
			Moon 7 - Phase 17
			4th Phase

○	Wednesday, August 17, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam	Oslo, Norway
	Copper Retreat Star	Shravana Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Sutra 122
Makara Rasi: 15.28	Tithi 14 – 15	Gulika 10:26AM – 12:21PM	Shravana Until 7:50PM
		Yama 6:36AM – 8:31AM	Saubhagya Until 5:52PM
593141362	Rahu 12:21PM – 2:17PM		Visti Until 11:22PM
Creative Work Siddha Yoga			Chaturdashi* Until 12:02PM
Until 7:50PM		Raksha Bandhan	
Then Routine Work - Prabalarishta Yoga			
			Ganesha: White <i>Sunrise:</i> 4:41AM
			Muruga: Purple <i>Sunset:</i> 8:02PM
			Nataraja: Clear
			Moon – Purple
			Sivaloka Day
			Moon 7 - Phase 17
			Purnima

○	Thursday, August 18, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam	Oslo, Norway
	Silver Retreat Star	Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Sutra 123
Makara Rasi: 29.1	Tithi 15 – 16	Gulika 8:32AM – 10:27AM	Dhanishtha Until 6:54PM
		Yama 4:43AM – 6:38AM	Sobhana Until 3:30PM
593141362	Rahu 2:16PM – 4:10PM		Balava Until 9:37PM
Creative Work Siddha Yoga			Purnima* Until 10:31AM
			Ganesha: White <i>Sunrise:</i> 4:43AM
			Muruga: Purple <i>Sunset:</i> 7:59PM
			Nataraja: Clear
			Moon – Purple
			Sivaloka Day
			Moon 7 - Phase 17
			Prathama

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Oslo, Norway

Sutra 124

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 13.09 Tihi 16 - 17

Gulika 6:39AM - 8:33AM

Yama 4:09PM - 6:03PM

593141362 Rahu 10:27AM - 12:21PM

Shatabhishak Until 5:26PM

Athiganda* Until 12:46PM

Taitila Until 7:29PM

Prathama* Until 8:34AM

Ganesha: White Sunrise: 4:45AM

Muruga: Purple Sunset: 7:57PM

Nataraja: Clear

Moon - Purple

Sravana-Avani

Sivaloka Day

Creative Work Siddha Yoga

Saturday, August 20, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 125

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 27.22 Tihi 17 - 18

Gulika 4:48AM - 6:41AM

Yama 2:14PM - 4:07PM

513141362 Rahu 8:34AM - 10:27AM

Purvaprosarthapada* Until 3:59PM

Sukarma Until 9:48AM

Visti Until 3:48AM Sun

Dvitiya Until 6:17AM

Ganesha: White Sunrise: 4:48AM

Muruga: Purple Sunset: 7:54PM

Nataraja: Clear

Moon - Clear

Sravana-Avani

Sivaloka Day

Routine Work Marana Yoga

Until 3:59PM

Then Creative Work - Siddha Yoga

Sunday, August 21, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthiyam Titau

Oslo, Norway

Sun 2 Sutra 126

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Meena Rasi: 11.43 Tihi 19

Gulika 4:06PM - 5:58PM

Yama 12:20PM - 2:13PM

513141362 Rahu 5:58PM - 7:51PM

Uttaraprosarthapada Until 2:13PM

Dhriti Until 6:42AM

Bava Until 2:32PM

Chaturthi* Until 1:13AM Mon

Ganesha: White Sunrise: 4:50AM

Muruga: Purple Sunset: 7:51PM

Nataraja: Clear

Moon - Clear

Sravana-Avani

Sivaloka Day

Creative Work Amrita Yoga

Monday, August 22, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 127

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Meena Rasi: 26.08 Tihi 20

Gulika 2:12PM - 4:04PM

Yama 10:28AM - 12:20PM

513141362 Rahu 6:44AM - 8:36AM

Revati Until 12:16PM

Ganda* Until 12:18AM Tue

Kaulava Until 11:56AM

Panchami Until 10:37PM

Ganesha: White Sunrise: 4:52AM

Muruga: Purple Sunset: 7:48PM

Nataraja: Clear

Moon - Clear

Sravana-Avani

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, August 23, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 128

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 10.32 Tihi 21

Gulika 12:20PM - 2:11PM

Yama 8:37AM - 10:29AM

523141362 Rahu 4:03PM - 5:54PM

Ashvini Until 10:39AM

Vriddhi Until 9:12PM

Gara Until 9:23AM

Shashthi* Until 8:07PM

Ganesha: Clear Sunrise: 4:55AM

Muruga: Purple Sunset: 7:45PM

Nataraja: Clear

Moon - White

Sravana-Avani

Devaloka Day

Creative Work Siddha Yoga

Wednesday, August 24, 2016

5

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 5 Sutra 129

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 24.52 Tihi 22 - 23

Gulika 10:29AM - 12:20PM

Yama 6:48AM - 8:38AM

523141362 Rahu 12:20PM - 2:10PM

Bharani Until 9:01AM

Dhruva Until 6:13PM

Visti Until 6:57AM

Saptami Until 5:47PM

Ganesha: Clear Sunrise: 4:57AM

Muruga: Purple Sunset: 7:42PM

Nataraja: Clear

Moon - White

Sravana-Avani

Devaloka Day

Creative Work Siddha Yoga

Until 9:01AM

Then Creative Work - Amrita Yoga

Thursday, August 25, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 6 Sutra 130

Durmukha 5118

Moon 8 - Phase 18

Ashtami

Vrisabha Rasi: 9.04 Tihi 23 - 24

Gulika 8:39AM - 10:29AM

Yama 4:59AM - 6:49AM

524241362 Rahu 2:09PM - 3:59PM

Krittika Until 7:26AM

Vyaghata* Until 3:25PM

Taitila Until 2:42AM Fri

Ashtami* Until 3:39PM

Ganesha: Clear Sunrise: 4:59AM

Muruga: Purple Sunset: 7:40PM

Nataraja: Clear

Moon - White

Sravana-Avani

Devaloka Day

Routine Work Marana Yoga

Krishna Janmashtami

Friday, August 26, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Oslo, Norway

Sun 7 Sutra 131

Durmukha 5118

Moon 8 - Phase 18

Navami

Vrisabha Rasi: 23.07 Tihi 24 - 25

Gulika 6:51AM - 8:40AM

Yama 3:58PM - 5:47PM

534241362 Rahu 10:30AM - 12:19PM

Rohini Until 6:22AM

Harshana Until 12:49PM

Vanija Until 12:57AM Sat

Navami* Until 1:46PM

Ganesha: Purple Sunrise: 5:02AM

Muruga: Purple Sunset: 7:37PM

Nataraja: Clear

Moon - Yellow

Sravana-Avani

Sivaloka Day

Routine Work Marana Yoga

Until 6:22AM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Saturday, August 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 6.59		Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Sutra 132		Durumukha 5118	
Tihi 25 - 26		Gulika	5:04AM - 6:53AM	Ardra Until 4:40AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:04AM			
544241363		Yama	2:08PM - 3:56PM	Vajra* Until 10:27AM	Muruga: Purple	<i>Sunset:</i> 7:34PM	Moon 8 - Phase 19		
Creative Work Siddha Yoga		Rahu	8:41AM - 10:30AM	Bava Until 11:32PM	Nataraja: Purple				
				Dashami Until 12:11PM	Moon - Yellow	Devaloka Day			
					Sravana-Avani				

2		Sunday, August 28, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 20.4		Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Sutra 133		Durumukha 5118	
Tihi 26 - 27		Gulika	3:55PM - 5:43PM	Punarvasu Until 4:33AM Mon	Ganesh: Clear	<i>Sunrise:</i> 5:06AM			
544241363		Yama	12:19PM - 2:07PM	Siddhi Until 8:20AM	Muruga: Purple	<i>Sunset:</i> 7:31PM	Moon 8 - Phase 19		
Creative Work Siddha Yoga		Rahu	5:43PM - 7:31PM	Kaulava Until 10:27PM	Nataraja: Purple				
				Ekadashi* Until 10:55AM	Moon - Blue	Bhuloka Day			
					Sravana-Avani	Devaloka Time: 9:AM to12:PM			

3		Monday, August 29, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway		
Kataka Rasi: 4.08		Pushya Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Sutra 134		Durumukha 5118		
Tihi 27 - 28		Gulika	2:06PM - 3:53PM	Pushya Until 4:41AM Tue	Ganesh: Clear	<i>Sunrise:</i> 5:09AM				
Family Home Evening		Yama	10:31AM - 12:18PM	Vyatipata* Until 6:32AM	Muruga: Purple	<i>Sunset:</i> 7:28PM	Moon 8 - Phase 19			
544241363		Rahu	6:56AM - 8:43AM	Gara Until 9:45PM	Nataraja: Purple					
Creative Work Siddha Yoga						Moon - Blue	Bhuloka Day			
				Dvadashi* Until 10:02AM	Sravana-Avani	Devaloka Time: 9:AM to12:PM				
				<i>Pradosha Vrata (Fasting)</i>						

4		Tuesday, August 30, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Kataka Rasi: 17.23		Ashlesha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 135		Durumukha 5118	
Tihi 28 - 29		Gulika	12:18PM - 2:05PM	Ashlesha* Until 5:06AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:11AM			
544241363		Yama	8:44AM - 10:31AM	Parigha* Until 3:54AM Wed	Muruga: Purple	<i>Sunset:</i> 7:25PM	Moon 8 - Phase 19		
Creative Work Siddha Yoga		Rahu	3:51PM - 5:38PM	Visti Until 9:30PM	Nataraja: Purple				
				Trayodashi* Until 9:33AM	Moon - Blue	Bhuloka Day			
					Sravana-Avani	Devaloka Time: 9:AM to12:PM			

		Wednesday, August 31, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway		
Retreat Star		Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 136		Durumukha 5118		
Simha Rasi: 0.23		Gulika	10:32AM - 12:18PM	Magha* Until 6:19AM Thu	Ganesh: Orange	<i>Sunrise:</i> 5:13AM				
Tihi 29 - 30		Yama	6:59AM - 8:45AM	Shiva Until 3:11AM Thu	Muruga: Purple	<i>Sunset:</i> 7:22PM	Moon 8 - Phase 19			
544241363		Rahu	12:18PM - 2:04PM	Catuspada Until 9:44PM	Nataraja: Purple					
Creative Work Siddha Yoga						Moon - Red	Bhuloka Day			
				Chaturdashi* Until 9:32AM	Sravana-Avani	Devaloka Time: 9:AM to12:PM				

Retreat Star		Thursday, September 1, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway		
Simha Rasi: 13.09		Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 137		Durumukha 5118		
Tihi 30 - 1		Gulika	8:46AM - 10:32AM	Magha* Until 6:19AM	Ganesh: Orange	<i>Sunrise:</i> 5:16AM				
544241363		Yama	5:16AM - 7:01AM	Siddha Until 2:49AM Fri	Muruga: Purple	<i>Sunset:</i> 7:19PM	Moon 8 - Phase 19			
Creative Work Amrita Yoga		Rahu	2:03PM - 3:48PM	Kintughna Until 10:29PM	Nataraja: Purple					
Until 6:19AM						Moon - Red	Bhuloka Day			
Then Creative Work - Siddha Yoga		Annular Solar Eclipse		Amavasya* Until 10:02AM	Bhadrapada-Avani	Devaloka Time: 9:AM to12:PM				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

1		Friday, September 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 14 Sutra 138	
Simha Rasi: 25.41	Tithi 1 – 2	Gulika 7:03AM – 8:47AM	Purvaphalguni Until 7:54AM	Ganesh: Orange	<i>Sunrise:</i> 5:18AM	Durmukha 5118	
		Yama 3:47PM – 5:31PM	Sadhya Until 2:53AM Sat	Muruga: Purple	<i>Sunset:</i> 7:16PM	Moon 8 - Phase 20	
		554241363 Rahu 10:32AM – 12:17PM	Balava Until 11:45PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 11:02AM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	

2		Saturday, September 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 15 Sutra 139	
Kanya Rasi: 7.59	Tithi 2 – 3	Gulika 5:20AM – 7:04AM	Uttaraphalguni Until 9:47AM	Ganesh: Orange	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
		Yama 2:01PM – 3:45PM	Subha Until 3:18AM Sun	Muruga: Purple	<i>Sunset:</i> 7:13PM	Moon 8 - Phase 20	
		554241363 Rahu 8:48AM – 10:33AM	Taitila Until 1:29AM Sun	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 12:33PM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	

3		Sunday, September 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 16 Sutra 140	
Kanya Rasi: 20.07	Tithi 3 – 4	Gulika 3:43PM – 5:27PM	Hasta Until 12:25PM	Ganesh: Clear	<i>Sunrise:</i> 5:22AM	Durmukha 5118	
		Yama 12:16PM – 2:00PM	Sukla Until 3:59AM Mon	Muruga: Purple	<i>Sunset:</i> 7:10PM	Moon 8 - Phase 20	
		564241363 Rahu 5:27PM – 7:10PM	Vanija Until 3:36AM Mon	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 2:29PM	Moon – Green		Bhuloka Day	
Until 12:25PM				Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

4		Monday, September 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 17 Sutra 141	
Tula Rasi: 2.05	Tithi 4 – 5	Gulika 1:59PM – 3:42PM	Chitra Until 3:12PM	Ganesh: Clear	<i>Sunrise:</i> 5:25AM	Durmukha 5118	
Family Home Evening		Yama 10:33AM – 12:16PM	Brahma Until 4:51AM Tue	Muruga: Purple	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 20	
		564241363 Rahu 7:08AM – 8:50AM	Bava Until 5:58AM Tue	Nataraja: Purple		3rd Phase	
Routine Work	Prabalarishta Yoga		Chaturthi* Until 4:44PM	Moon – Green		Bhuloka Day	
Until 3:12PM		Ganesh Chaturthi		Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga							

5		Tuesday, September 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava Karana Panchamyam Titau		Oslo, Norway Sun 18 Sutra 142	
Tula Rasi: 13.59	Tithi 5	Gulika 12:16PM – 1:58PM	Svati Until 5:59PM	Ganesh: Clear	<i>Sunrise:</i> 5:27AM	Durmukha 5118	
		Yama 8:51AM – 10:34AM	Indra Until 5:48AM Wed	Muruga: Purple	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 20	
		564241363 Rahu 3:40PM – 5:22PM	Balava Until 7:10PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 7:10PM	Moon – Green		Bhuloka Day	
Until 5:59PM				Bhadrapada*Avani		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

6		Wednesday, September 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau		Oslo, Norway Sun 19 Sutra 143	
Tula Rasi: 25.5	Tithi 6	Gulika 10:34AM – 12:15PM	Vishakha Until 9:07PM	Ganesh: Clear	<i>Sunrise:</i> 5:29AM	Durmukha 5118	
		Yama 7:11AM – 8:52AM	Vaidhriti* Until 6:40AM Thu	Muruga: Purple	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 20	
		575241363 Rahu 12:15PM – 1:57PM	Kaulava Until 8:24AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 9:35PM	Moon – Orange		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:AM to 9:AM	

Retreat Star		Thursday, September 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 20 Sutra 144	
Vrischika Rasi: 7.44	Tithi 7	Gulika 8:53AM – 10:34AM	Anuradha Until 11:53PM	Ganesh: Clear	<i>Sunrise:</i> 5:32AM	Durmukha 5118	
		Yama 5:32AM – 7:13AM	Vaidhriti* Until 6:40AM	Muruga: Purple	<i>Sunset:</i> 6:58PM	Moon 8 - Phase 20	
		575241363 Rahu 1:56PM – 3:37PM	Gara Until 10:45AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 11:48PM	Moon – Orange		Bhuloka Day	
Until 11:53PM				Bhadrapada*Avani		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Friday, September 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 145	
Vrischika Rasi: 19.43	Tithi 8	Gulika 7:14AM – 8:54AM	Jyeshtha* Until 2:08AM Sat	Ganesh: Clear	<i>Sunrise:</i> 5:34AM	Durmukha 5118	
		Yama 3:35PM – 5:15PM	Vishkambha* Until 7:20AM	Muruga: Purple	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 20	
		575241363 Rahu 10:34AM – 12:15PM	Visti Until 12:48PM	Nataraja: Purple		Ashtami	
Routine Work	Marana Yoga		Ashtami* Until 1:39AM Sat	Moon – Orange		Bhuloka Day	
Until 2:08AM Sat				Bhadrapada*Avani		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

Retreat Star		Saturday, September 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 22 Sutra 146	
Dhanus Rasi: 1.53	Tithi 9	Gulika 5:36AM – 7:16AM	Mula* Until 4:11AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:36AM	Durmukha 5118	
		Yama 1:54PM – 3:33PM	Priti Until 7:42AM	Muruga: Purple	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 20	
		585241363 Rahu 8:55AM – 10:35AM	Balava Until 2:24PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Navami* Until 2:57AM Sun	Moon – Light Blue		Bhuloka Day	
				Bhadrapada*Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dashamyam Titau						Sun 23 Sutra 147
Dhanus Rasi: 14.16	Tithi 10	Gulika 3:32PM – 5:10PM	Purvashadha* Until 5:24AM Mon	Ganesha: Purple <i>Sunrise: 5:39AM</i>		Durmukha 5118
		Yama 12:14PM – 1:53PM	Ayushman Until 7:36AM	Muruga: Purple <i>Sunset: 6:49PM</i>		Moon 8 - Phase 21
	585241363	Rahu 5:10PM – 6:49PM	Tailila Until 3:23PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dashami Until 3:35AM Mon	Moon – Light Blue	Bhuloka Day	
Until 5:24AM Mon		Grandparent's Day		Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

2 Monday, September 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 24 Sutra 148
Dhanus Rasi: 26.58	Tithi 11	Gulika 1:52PM – 3:30PM	Uttarashadha Until 5:45AM Tue	Ganesha: Purple <i>Sunrise: 5:41AM</i>		Durmukha 5118
Family Home Evening		Yama 10:35AM – 12:14PM	Saubhagya Until 6:58AM	Muruga: Purple <i>Sunset: 6:46PM</i>		Moon 8 - Phase 21
	585241363	Rahu 7:19AM – 8:57AM	Vanija Until 3:39PM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Ekadashi Until 3:29AM Tue	Moon – Light Blue	Bhuloka Day	
Until 5:45AM Tue				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

3 Tuesday, September 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau						Sun 25 Sutra 149
Makara Rasi: 10.02	Tithi 12	Gulika 12:13PM – 1:51PM	Shravana Until 5:39AM Wed	Ganesha: Clear <i>Sunrise: 5:43AM</i>		Durmukha 5118
		Yama 8:58AM – 10:36AM	Athiganda* Until 3:55AM Wed	Muruga: Purple <i>Sunset: 6:43PM</i>		Moon 8 - Phase 21
	595241363	Rahu 3:28PM – 5:06PM	Bava Until 3:09PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 2:36AM Wed	Moon – Purple	Bhuloka Day	
Until 5:39AM Wed				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

4 Wednesday, September 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Dhanishtha Nakshatra Sukarma Yoga Kaulava/Tailila Karana Trayodashyam Titau						Sun 26 Sutra 150
Makara Rasi: 23.31	Tithi 13	Gulika 10:36AM – 12:13PM	Dhanishtha Until 4:42AM Thu	Ganesha: Clear <i>Sunrise: 5:45AM</i>		Durmukha 5118
		Yama 7:22AM – 8:59AM	Sukarma Until 1:31AM Thu	Muruga: Purple <i>Sunset: 6:40PM</i>		Moon 8 - Phase 21
	595241363	Rahu 12:13PM – 1:50PM	Kaulava Until 1:55PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Trayodashi Until 1:01AM Thu	Moon – Purple	Bhuloka Day	
Until 4:42AM Thu		Avani Avittam	<i>Pradosha Vrata</i>	Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

5 Thursday, September 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau						Sun 27 Sutra 151
Kumbha Rasi: 7.25	Tithi 14	Gulika 9:00AM – 10:36AM	Shatabhishak Until 3:02AM Fri	Ganesha: Clear <i>Sunrise: 5:48AM</i>		Durmukha 5118
		Yama 5:48AM – 7:24AM	Dhriti Until 10:38PM	Muruga: Purple <i>Sunset: 6:37PM</i>		Moon 8 - Phase 21
	595241363	Rahu 1:49PM – 3:25PM	Gara Until 12:00PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 10:49PM	Moon – Purple	Bhuloka Day	
		Chidambaram Abhishekam		Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	

Friday, September 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Copper Retreat Star		Purvaproshtapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 152
Kumbha Rasi: 21.41	Tithi 15	Gulika 7:26AM – 9:01AM	Purvaproshtapada* Until 1:11AM Sat	Ganesha: Purple <i>Sunrise: 5:50AM</i>		Durmukha 5118
		Yama 3:23PM – 4:59PM	Shula* Until 7:20PM	Muruga: Purple <i>Sunset: 6:34PM</i>		Moon 8 - Phase 21
	516241363	Rahu 10:37AM – 12:12PM	Visti Until 9:33AM	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Purnima* Until 8:08PM	Moon – Clear	Devaloka Day	
		Penumbra Lunar Eclipse		Bhadrapada-Puratasi		

Saturday, September 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Oslo, Norway
Silver Retreat Star		Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Balava/Tailila Karana Prathama/Dvilayam Titau				Sutra 153
Meena Rasi: 6.16	Tithi 16 – 17	Gulika 5:52AM – 7:27AM	Uttaraproshtapada Until 10:53PM	Ganesha: Purple <i>Sunrise: 5:52AM</i>		Durmukha 5118
		Yama 1:47PM – 3:22PM	Ganda* Until 3:45PM	Muruga: Purple <i>Sunset: 6:31PM</i>		Moon 8 - Phase 21
	516241363	Rahu 9:02AM – 10:37AM	Balava Until 6:41AM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 5:07PM	Moon – Clear	Devaloka Day	
Until 10:53PM				Bhadrapada-Puratasi		
Then Routine Work - Prabalarishta Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway
Sun 1 Sutra 154
Durmukha 5118

Meena Rasi: 21.04 Tihi 17 - 18

516241363

Gulika 3:20PM - 4:54PM
Yama 12:11PM - 1:46PM
Rahu 4:54PM - 6:28PM

Revati Until 8:17PM
Vriddhi Until 12:01PM
Vanija Until 12:17AM Mon
Dvitiya Until 1:54PM

Ganesha: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 6:28PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 8:17PM

Then Creative Work - Siddha Yoga

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Oslo, Norway
Sun 2 Sutra 155
Durmukha 5118

1

Mesha Rasi: 5.55 Tihi 18 - 19

526341363

Gulika 1:45PM - 3:18PM
Yama 10:38AM - 12:11PM
Rahu 7:30AM - 9:04AM

Ashvini Until 5:58PM
Dhruva Until 8:13AM
Bava Until 9:04PM
Tritiya Until 10:39AM

Ganesha: Purple Sunrise: 5:57AM
Muruga: Purple Sunset: 6:25PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway
Sun 3 Sutra 156
Durmukha 5118

2

Mesha Rasi: 20.44 Tihi 19 - 20

526341363

Gulika 12:11PM - 1:44PM
Yama 9:05AM - 10:38AM
Rahu 3:16PM - 4:49PM

Bharani Until 3:40PM
Harshana Until 12:56AM Wed
Kaulava Until 6:00PM
Chaturthi* Until 7:29AM

Ganesha: Purple Sunrise: 5:59AM
Muruga: Purple Sunset: 6:22PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtiyam Titau

Oslo, Norway
Sun 4 Sutra 157
Durmukha 5118

3

Vrishabha Rasi: 5.22 Tihi 21

526341363

Gulika 10:38AM - 12:10PM
Yama 7:34AM - 9:06AM
Rahu 12:10PM - 1:43PM

Krittika Until 1:30PM
Vajra* Until 9:38PM
Gara Until 3:14PM
Shashti* Until 1:58AM Thu

Ganesha: Purple Sunrise: 6:01AM
Muruga: Purple Sunset: 6:19PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 1:30PM

Then Creative Work - Siddha Yoga

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Oslo, Norway
Sun 5 Sutra 158
Durmukha 5118

4

Vrishabha Rasi: 19.46 Tihi 22

536341363

Gulika 9:07AM - 10:38AM
Yama 6:04AM - 7:35AM
Rahu 1:42PM - 3:13PM

Rohini Until 12:00PM
Siddhi Until 6:42PM
Visti Until 12:51PM
Saptami Until 11:49PM

Ganesha: Clear Sunrise: 6:04AM
Muruga: Purple Sunset: 6:16PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway
Sun 6 Sutra 159
Durmukha 5118

Mithuna Rasi: 3.52 Tihi 23

536341363

Gulika 7:37AM - 9:08AM
Yama 3:11PM - 4:42PM
Rahu 10:39AM - 12:10PM

Mrigashira Until 10:50AM
Vyatipata* Until 4:10PM
Balava Until 10:57AM
Ashtami* Until 10:11PM

Ganesha: Clear Sunrise: 6:06AM
Muruga: Purple Sunset: 6:13PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway
Sun 7 Sutra 160
Durmukha 5118

Mithuna Rasi: 17.37 Tihi 24

537341363

Gulika 6:08AM - 7:39AM
Yama 1:40PM - 3:10PM
Rahu 9:09AM - 10:39AM

Ardra Until 10:02AM
Variyan Until 2:02PM
Taitila Until 9:35AM
Navami* Until 9:05PM

Ganesha: White Sunrise: 6:08AM
Muruga: Purple Sunset: 6:10PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
Navami

Devaloka Day

Creative Work Siddha Yoga

1 Sunday, September 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
		Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 161
Kataka Rasi: 1.04	Tithi 25	Gulika 3:08PM – 4:38PM	Punarvasu Until 10:05AM	Ganesha: Yellow <i>Sunrise:</i> 6:11AM	Durmukha 5118	
		Yama 12:09PM – 1:39PM	Parigha* Until 12:22PM	Muruga: Purple <i>Sunset:</i> 6:07PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	547341363 Rahu 4:38PM – 6:07PM	Vanija Until 8:46AM	Nataraja: Purple	2nd Phase	
			Dashami Until 8:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2 Monday, September 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
		Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 162
Kataka Rasi: 14.13	Tithi 26	Gulika 1:38PM – 3:06PM	Pushya Until 10:31AM	Ganesha: Yellow <i>Sunrise:</i> 6:13AM	Durmukha 5118	
Family Home Evening		Yama 10:40AM – 12:09PM	Shiva Until 11:08AM	Muruga: Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	547341363 Rahu 7:42AM – 9:11AM	Bava Until 8:30AM	Nataraja: Purple	2nd Phase	
			Ekadashi* Until 8:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Tuesday, September 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Oslo, Norway
		Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 163
Kataka Rasi: 27.05	Tithi 27	Gulika 12:08PM – 1:37PM	Ashlesha* Until 11:18AM	Ganesha: White <i>Sunrise:</i> 6:15AM	Durmukha 5118	
		Yama 9:12AM – 10:40AM	Siddha Until 10:17AM	Muruga: Purple <i>Sunset:</i> 6:01PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	647341363 Rahu 3:05PM – 4:33PM	Kaulava Until 8:45AM	Nataraja: Purple	2nd Phase	
			Dvadashi* Until 9:03PM	Moon – Blue	Devaloka Day	
				Bhadrapada-Puratasi		

4 Wednesday, September 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
		Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 164
Simha Rasi: 9.44	Tithi 28	Gulika 10:40AM – 12:08PM	Magha* Until 12:52PM	Ganesha: Yellow <i>Sunrise:</i> 6:18AM	Durmukha 5118	
		Yama 7:45AM – 9:13AM	Sadhya Until 9:50AM	Muruga: Purple <i>Sunset:</i> 5:58PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	657341363 Rahu 12:08PM – 1:36PM	Gara Until 9:31AM	Nataraja: Purple	2nd Phase	
Until 12:52PM			Trayodashi* Until 10:02PM	Moon – Red	Bhuloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

5 Thursday, September 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Oslo, Norway
		Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 165
Simha Rasi: 22.11	Tithi 29	Gulika 9:14AM – 10:41AM	Purvaphalguni Until 2:43PM	Ganesha: Yellow <i>Sunrise:</i> 6:20AM	Durmukha 5118	
		Yama 6:20AM – 7:47AM	Subha Until 9:45AM	Muruga: Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	657341363 Rahu 1:35PM – 3:01PM	Visti Until 10:43AM	Nataraja: Purple	2nd Phase	
			Chaturdashi* Until 11:27PM	Moon – Red	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

Friday, September 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Retreat Star		Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 166
Kanya Rasi: 4.27	Tithi 30	Gulika 7:49AM – 9:15AM	Uttaraphalguni Until 4:47PM	Ganesha: Blue <i>Sunrise:</i> 6:22AM	Durmukha 5118	
		Yama 3:00PM – 4:26PM	Sukla Until 9:56AM	Muruga: Purple <i>Sunset:</i> 5:52PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	658341363 Rahu 10:41AM – 12:07PM	Catuspada Until 12:19PM	Nataraja: Purple	Amavasya	
Until 4:47PM			Amavasya* Until 1:14AM Sat	Moon – Red	Bhuloka Day	
Then Creative Work - Amrita Yoga		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		

Saturday, October 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
Retreat Star		Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 167
Kanya Rasi: 16.34	Tithi 1	Gulika 6:25AM – 7:50AM	Hasta Until 7:29PM	Ganesha: Blue <i>Sunrise:</i> 6:25AM	Durmukha 5118	
		Yama 1:33PM – 2:58PM	Brahma Until 10:23AM	Muruga: Purple <i>Sunset:</i> 5:49PM	Moon 9 - Phase 23	
Routine Work	Marana Yoga	668341363 Rahu 9:16AM – 10:41AM	Kintughna Until 2:16PM	Nataraja: Purple	Prathama	
			Prathama* Until 3:20AM Sun	Moon – Green	Bhuloka Day	
		Navaratri Begins		Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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1		Sunday, October 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Oslo, Norway Sun 15 Sutra 168	
Kanya Rasi: 28.34	Tithi 2	Gulika 2:57PM – 4:21PM	Chitra Until 10:16PM	Ganesh: Blue	<i>Sunrise:</i> 6:27AM	Durmukha 5118	
		Yama 12:07PM – 1:32PM	Indra Until 11:05AM	Muruga: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 24	
Creative Work	Siddha Yoga	Rahu 4:21PM – 5:46PM	Balava Until 4:29PM	Nataraja: Purple		3rd Phase	
			Dvitiya Until 5:39AM Mon	Moon – Green		Bhuloka Day	
				Ashvina•Puratasi			
2		Monday, October 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila Karana Tritiyayam Titau		Oslo, Norway Sun 16 Sutra 169	
Tula Rasi: 10.29	Tithi 3	Gulika 1:31PM – 2:55PM	Svati Until 1:02AM Tue	Ganesh: Blue	<i>Sunrise:</i> 6:29AM	Durmukha 5118	
Family Home Evening		Yama 10:42AM – 12:06PM	Vaidhriti* Until 11:54AM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24	
Creative Work	Amrita Yoga	Rahu 7:54AM – 9:18AM	Tailila Until 6:54PM	Nataraja: Purple		3rd Phase	
Until 1:02AM Tue			Tritiya Until 8:07AM Tue	Moon – Green		Bhuloka Day	
Then Routine Work - Marana Yoga				Ashvina•Puratasi			
3		Tuesday, October 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 17 Sutra 170	
Tula Rasi: 22.21	Tithi 3 – 4	Gulika 12:06PM – 1:30PM	Vishakha Until 4:13AM Wed	Ganesh: Blue	<i>Sunrise:</i> 6:32AM	Durmukha 5118	
		Yama 9:19AM – 10:42AM	Vishkambha* Until 12:49PM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24	
Routine Work	Marana Yoga	Rahu 2:53PM – 4:17PM	Vanija Until 9:24PM	Nataraja: Purple		3rd Phase	
Until 4:13AM Wed			Tritiya Until 8:07AM	Moon – Orange		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Puratasi			
4		Wednesday, October 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 18 Sutra 171	
Vrischika Rasi: 4.13	Tithi 4 – 5	Gulika 10:43AM – 12:06PM	Anuradha Until 7:09AM Thu	Ganesh: Blue	<i>Sunrise:</i> 6:34AM	Durmukha 5118	
		Yama 7:57AM – 9:20AM	Priti Until 1:45PM	Muruga: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24	
Creative Work	Siddha Yoga	Rahu 12:06PM – 1:29PM	Bava Until 11:52PM	Nataraja: Purple		3rd Phase	
Until 7:09AM Thu			Chaturthi* Until 10:37AM	Moon – Orange		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Ashvina•Puratasi			
5		Thursday, October 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Oslo, Norway Sun 19 Sutra 172	
Vrischika Rasi: 16.05	Tithi 5 – 6	Gulika 9:21AM – 10:43AM	Anuradha Until 7:09AM	Ganesh: Blue	<i>Sunrise:</i> 6:36AM	Durmukha 5118	
		Yama 6:36AM – 7:59AM	Ayushman Until 2:34PM	Muruga: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24	
Creative Work	Siddha Yoga	Rahu 1:28PM – 2:50PM	Kaulava Until 2:10AM Fri	Nataraja: Purple		3rd Phase	
Until 7:09AM			Panchami Until 1:01PM	Moon – Orange		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Ashvina•Puratasi			
6		Friday, October 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 20 Sutra 173	
Vrischika Rasi: 28.02	Tithi 6 – 7	Gulika 8:00AM – 9:22AM	Jyeshtha* Until 9:43AM	Ganesh: Red	<i>Sunrise:</i> 6:39AM	Durmukha 5118	
		Yama 2:48PM – 4:10PM	Saubhagya Until 3:12PM	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24	
Routine Work	Marana Yoga	Rahu 10:44AM – 12:05PM	Gara Until 4:07AM Sat	Nataraja: Clear		3rd Phase	
Until 9:43AM			Shashthi* Until 3:10PM	Moon – Orange		Devaloka Day	
Then Creative Work - Amrita Yoga				Ashvina•Puratasi			
Retreat Star		Saturday, October 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 174	
Dhanus Rasi: 10.09	Tithi 7 – 8	Gulika 6:41AM – 8:02AM	Mula* Until 12:14PM	Ganesh: Blue	<i>Sunrise:</i> 6:41AM	Durmukha 5118	
		Yama 1:26PM – 2:47PM	Sobhana Until 3:31PM	Muruga: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24	
Creative Work	Siddha Yoga	Rahu 9:23AM – 10:44AM	Visti Until 5:34AM Sun	Nataraja: Clear		3rd Phase	
			Saptami Until 4:54PM	Moon – Light Blue		Sivaloka Day	
				Ashvina•Puratasi			
Retreat Star		Sunday, October 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava Karana Ashtamyam Titau		Oslo, Norway Sun 22 Sutra 175	
Dhanus Rasi: 22.28	Tithi 8	Gulika 2:45PM – 4:06PM	Purvashadha* Until 2:03PM	Ganesh: Blue	<i>Sunrise:</i> 6:43AM	Durmukha 5118	
		Yama 12:05PM – 1:25PM	Athiganda* Until 3:22PM	Muruga: Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 24	
Creative Work	Siddha Yoga	Rahu 4:06PM – 5:26PM	Bava Until 6:02PM	Nataraja: Clear		Ashtami	
Until 2:03PM			Ashtami* Until 6:02PM	Moon – Light Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina•Puratasi			
Retreat Star		Monday, October 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 23 Sutra 176	
Makara Rasi: 5.04	Tithi 9	Gulika 1:24PM – 2:44PM	Uttarashadha Until 3:01PM	Ganesh: Blue	<i>Sunrise:</i> 6:46AM	Durmukha 5118	
Family Home Evening		Yama 10:45AM – 12:04PM	Sukarma Until 2:40PM	Muruga: Clear	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 24	
Routine Work	Marana Yoga	Rahu 8:05AM – 9:25AM	Balava Until 6:21AM	Nataraja: Clear		Navami	
Until 3:01PM			Navami* Until 6:26PM	Moon – Light Blue		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina•Puratasi			

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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1		Tuesday, October 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dashamyam Titau	Oslo, Norway Sun 24 Sutra 177 Durmukha 5118
Makara Rasi: 18.04	Tithi 10	Gulika	12:04PM – 1:23PM	Shravana Until 3:30PM	Ganesh: Yellow <i>Sunrise: 6:48AM</i>		
		Yama	9:26AM – 10:45AM	Dhriti Until 1:22PM	Muruga: Clear <i>Sunset: 5:20PM</i>	Moon 9 - Phase 25	
		699351364 Rahu	2:42PM – 4:01PM	Tailila Until 6:21AM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga			Dashami Until 6:01PM	Moon – Purple	Sivaloka Day	
					Ashvina•Puratasi		

2		Wednesday, October 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau	Oslo, Norway Sun 25 Sutra 178 Durmukha 5118
Kumbha Rasi: 1.29	Tithi 11 – 12	Gulika	10:46AM – 12:04PM	Dhanishtha Until 3:02PM	Ganesh: Yellow <i>Sunrise: 6:51AM</i>		
		Yama	8:09AM – 9:27AM	Shula* Until 11:22AM	Muruga: Clear <i>Sunset: 5:17PM</i>	Moon 9 - Phase 25	
		699351364 Rahu	12:04PM – 1:22PM	Bava Until 3:53AM Thu	Nataraja: Clear	4th Phase	
Routine Work	Prabalarishta Yoga			Ekadashi Until 4:46PM	Moon – Purple	Sivaloka Day	
Until 3:02PM					Ashvina•Puratasi		
Then Creative Work - Siddha Yoga							

3		Thursday, October 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Ganda*/Mridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Oslo, Norway Sun 26 Sutra 179 Durmukha 5118
Kumbha Rasi: 15.22	Tithi 12 – 13	Gulika	9:28AM – 10:46AM	Shatabhishak Until 1:40PM	Ganesh: Yellow <i>Sunrise: 6:53AM</i>		
		Yama	6:53AM – 8:11AM	Ganda* Until 8:45AM	Muruga: Clear <i>Sunset: 5:14PM</i>	Moon 9 - Phase 25	
		699351364 Rahu	1:21PM – 2:39PM	Kaulava Until 1:32AM Fri	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 2:46PM	Moon – Purple	Sivaloka Day	
		Kadaitswami Mahasamadhi		<i>Pradosha Vrata</i>	Ashvina•Puratasi		

4		Friday, October 14, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttarprosthapada Nakshatra Dhruva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Oslo, Norway Sun 27 Sutra 180 Durmukha 5118
Kumbha Rasi: 29.43	Tithi 13 – 14	Gulika	8:12AM – 9:29AM	Purvaprossthapada* Until 11:54AM	Ganesh: White <i>Sunrise: 6:55AM</i>		
		Yama	2:37PM – 3:54PM	Dhruva Until 1:57AM Sat	Muruga: Clear <i>Sunset: 5:11PM</i>	Moon 9 - Phase 25	
		611451364 Rahu	10:46AM – 12:03PM	Gara Until 10:36PM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 12:07PM	Moon – Clear	Devaloka Day	
		Chidambaram Abhishekam			Ashvina•Puratasi		

		Saturday, October 15, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttarprosthapada/Revati Nakshatra Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau	Oslo, Norway Sun 28 Sutra 181 Durmukha 5118
Copper Retreat Star		Gulika	6:58AM – 8:14AM	Uttarprosthapada Until 9:30AM	Ganesh: White <i>Sunrise: 6:58AM</i>		
Meena Rasi: 14.28	Tithi 14 – 15	Yama	1:20PM – 2:36PM	Vyaghata* Until 9:59PM	Muruga: Clear <i>Sunset: 5:09PM</i>	Moon 9 - Phase 25	
		611451364 Rahu	9:31AM – 10:47AM	Vistil Until 7:14PM	Nataraja: Clear	Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 8:56AM	Moon – Clear	Devaloka Day	
Until 9:30AM					Ashvina•Puratasi		
Then Routine Work - Prabalarishta Yoga							

Sunday, October 16, 2016		Silver Retreat Star				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau	Oslo, Norway Sun 29 Sutra 182 Durmukha 5118
Meena Rasi: 29.31	Tithi 16	Gulika	2:34PM – 3:50PM	Revati Until 6:37AM	Ganesh: White <i>Sunrise: 7:00AM</i>		
		Yama	12:03PM – 1:19PM	Harshana Until 5:49PM	Muruga: Clear <i>Sunset: 5:06PM</i>	Moon 9 - Phase 25	
		611451364 Rahu	3:50PM – 5:06PM	Balava Until 3:35PM	Nataraja: Clear	Prathama	
Creative Work	Amrita Yoga			Prathama* Until 1:42AM Mon	Moon – Clear	Devaloka Day	
Until 6:37AM					Ashvina•Puratasi		
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 183

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 14.43 Tihi 17

Family Home Evening

621451364

Gulika 1:18PM – 2:33PM
Yama 10:48AM – 12:03PM
Rahu 8:18AM – 9:33AM

Bharani Until 12:52AM Tue
Vajra* Until 1:33PM
Taitila Until 11:51AM
Dvitiya Until 9:59PM

Ganesha: Clear *Sunrise:* 7:03AM
Muruga: Clear *Sunset:* 5:03PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Tuesday, October 18, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 184

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 29.53 Tihi 18

Creative Work Siddha Yoga

Until 9:58PM

Then Creative Work - Amrita Yoga

Gulika 12:03PM – 1:17PM
Yama 9:34AM – 10:48AM
Rahu 2:31PM – 3:46PM

Krittika Until 9:58PM
Siddhi Until 9:22AM
Vanija Until 8:11AM
Tritiya Until 6:24PM

Ganesha: Clear *Sunrise:* 7:05AM
Muruga: Clear *Sunset:* 5:00PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Sivaloka Day

Wednesday, October 19, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 2 Sutra 185

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 14.53 Tihi 19 – 20

Creative Work Siddha Yoga

Gulika 10:49AM – 12:02PM
Yama 8:21AM – 9:35AM
Rahu 12:02PM – 1:16PM

Rohini Until 7:41PM
Variyan Until 1:44AM Thu
Kaulava Until 1:41AM Thu
Chaturthi* Until 3:08PM

Ganesha: Purple *Sunrise:* 7:08AM
Muruga: Clear *Sunset:* 4:57PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Thursday, October 20, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway

Sun 3 Sutra 186

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 29.35 Tihi 20 – 21

Routine Work Marana Yoga

Gulika 9:36AM – 10:49AM
Yama 7:10AM – 8:23AM
Rahu 1:15PM – 2:28PM

Mrigashira Until 5:46PM
Parigha* Until 10:31PM
Gara Until 11:11PM
Panchami Until 12:21PM

Ganesha: Purple *Sunrise:* 7:10AM
Muruga: Clear *Sunset:* 4:54PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Friday, October 21, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 4 Sutra 187

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 13.53 Tihi 21 – 22

Creative Work Siddha Yoga

Gulika 8:25AM – 9:37AM
Yama 2:27PM – 3:39PM
Rahu 10:50AM – 12:02PM

Ardra Until 4:19PM
Shiva Until 7:51PM
Visli Until 9:19PM
Shashthi* Until 10:09AM

Ganesha: Purple *Sunrise:* 7:12AM
Muruga: Clear *Sunset:* 4:52PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Devaloka Day

Saturday, October 22, 2016

5

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 5 Sutra 188

Durmukha 5118

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 27.44 Tihi 22 – 23

Creative Work Siddha Yoga

Gulika 7:15AM – 8:27AM
Yama 1:14PM – 2:25PM
Rahu 9:38AM – 10:50AM

Punarvasu Until 3:53PM
Siddha Until 5:44PM
Balava Until 8:12PM
Saptami Until 8:39AM

Ganesha: Clear *Sunrise:* 7:15AM
Muruga: Clear *Sunset:* 4:49PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 6 Sutra 189

Durmukha 5118

Moon 10 - Phase 26

Navami

Kataka Rasi: 11.1 Tihi 23 – 24

Creative Work Siddha Yoga

Gulika 2:24PM – 3:35PM
Yama 12:02PM – 1:13PM
Rahu 3:35PM – 4:46PM

Pushya Until 4:03PM
Sadhya Until 4:14PM
Taitila Until 7:51PM
Ashtami* Until 7:55AM

Ganesha: Clear *Sunrise:* 7:17AM
Muruga: Clear *Sunset:* 4:46PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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Monday, October 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Oslo, Norway
1		Gulika	1:12PM – 2:23PM	Ashlesha* Until 4:47PM	Ganesha: Clear	Sun 7 Sutra 190
Kataka Rasi: 24.1	Tithi 24 – 25	Yama	10:51AM – 12:02PM	Subha Until 3:20PM	Sunrise: 7:20AM	Durmukha 5118
Family Home Evening	641451364	Rahu	8:30AM – 9:41AM	Vanija Until 8:14PM	Sunset: 4:44PM	Moon 10 - Phase 27
Creative Work	Siddha Yoga			Navami* Until 7:56AM		2nd Phase
Until 4:47PM					Ashvina-Aipasi	Sivaloka Day
Then Routine Work - Marana Yoga						

Tuesday, October 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway
2		Gulika	12:02PM – 1:11PM	Magha* Until 6:28PM	Ganesha: Clear	Sun 8 Sutra 191
Simha Rasi: 6.51	Tithi 25 – 26	Yama	9:42AM – 10:52AM	Sukla Until 2:55PM	Sunrise: 7:22AM	Durmukha 5118
652451364		Rahu	2:21PM – 3:31PM	Bava Until 9:17PM	Sunset: 4:41PM	Moon 10 - Phase 27
Creative Work	Siddha Yoga			Dashami Until 8:40AM		2nd Phase
					Ashvina-Aipasi	Sivaloka Day

Wednesday, October 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway
3		Gulika	10:52AM – 12:01PM	Purvaphalguni Until 8:32PM	Ganesha: Clear	Sun 9 Sutra 192
Simha Rasi: 19.15	Tithi 26 – 27	Yama	8:34AM – 9:43AM	Brahma Until 2:57PM	Sunrise: 7:25AM	Durmukha 5118
652451364		Rahu	12:01PM – 1:11PM	Kaulava Until 10:51PM	Sunset: 4:38PM	Moon 10 - Phase 27
Creative Work	Amrita Yoga			Ekadashi* Until 9:59AM		2nd Phase
					Ashvina-Aipasi	Sivaloka Day

Thursday, October 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Oslo, Norway
4		Gulika	9:44AM – 10:53AM	Uttaraphalguni Until 10:49PM	Ganesha: Clear	Sun 10 Sutra 193
Kanya Rasi: 1.27	Tithi 27 – 28	Yama	7:27AM – 8:36AM	Indra Until 3:20PM	Sunrise: 7:27AM	Durmukha 5118
652451364		Rahu	1:10PM – 2:18PM	Gara Until 12:49AM Fri	Sunset: 4:35PM	Moon 10 - Phase 27
Amrita Yoga				Dvadashi* Until 11:47AM		2nd Phase
Until 10:49PM					Ashvina-Aipasi	Sivaloka Day
Then Routine Work - Marana Yoga						

Friday, October 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway
5		Gulika	8:38AM – 9:46AM	Hasta Until 1:42AM Sat	Ganesha: Orange	Sun 11 Sutra 194
Kanya Rasi: 13.3	Tithi 28 – 29	Yama	2:17PM – 3:25PM	Vaidhriti* Until 3:55PM	Sunrise: 7:30AM	Durmukha 5118
662451364		Rahu	10:53AM – 12:01PM	Visti Until 3:04AM Sat	Sunset: 4:33PM	Moon 10 - Phase 27
Creative Work	Amrita Yoga			Trayodashi* Until 1:54PM		2nd Phase
Until 1:42AM Sat					Ashvina-Aipasi	Sivaloka Day
Then Routine Work - Marana Yoga						

Saturday, October 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway
6		Gulika	7:32AM – 8:40AM	Chitra Until 4:34AM Sun	Ganesha: Orange	Sun 12 Sutra 195
Kanya Rasi: 25.28	Tithi 29 – 30	Yama	1:09PM – 2:16PM	Vishkambha* Until 4:40PM	Sunrise: 7:32AM	Durmukha 5118
662451364		Rahu	9:47AM – 10:54AM	Catuspada Until 5:28AM Sun	Sunset: 4:30PM	Moon 10 - Phase 27
Routine Work	Marana Yoga			Chaturdashi* Until 4:14PM		2nd Phase
Until 4:34AM Sun					Ashvina-Aipasi	Sivaloka Day
Then Creative Work - Siddha Yoga						

Sunday, October 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga* Karana Amavasyayam Titau				Oslo, Norway
Retreat Star		Gulika	2:14PM – 3:21PM	Svati Until 7:21AM Mon	Ganesha: Orange	Sun 13 Sutra 196
Tula Rasi: 7.22	Tithi 30	Yama	12:01PM – 1:08PM	Priti Until 5:31PM	Sunrise: 7:35AM	Durmukha 5118
662451364		Rahu	3:21PM – 4:28PM	Naga Until 6:41PM	Sunset: 4:28PM	Moon 10 - Phase 27
Creative Work	Siddha Yoga			Amavasya* Until 6:41PM		Amavasya
Until 7:21AM Mon					Ashvina-Aipasi	Sivaloka Day
Then Routine Work - Marana Yoga						

Monday, October 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Oslo, Norway
Retreat Star		Gulika	1:07PM – 2:13PM	Svati Until 7:21AM	Ganesha: Orange	Sun 14 Sutra 197
Tula Rasi: 19.14	Tithi 1	Yama	10:55AM – 12:01PM	Ayushman Until 6:22PM	Sunrise: 7:37AM	Durmukha 5118
662451364		Rahu	8:43AM – 9:49AM	Kintughna Until 7:58AM	Sunset: 4:25PM	Moon 10 - Phase 27
Family Home Evening				Prathama* Until 9:12PM		Prathama
Creative Work	Amrita Yoga				Ashvina-Aipasi	Sivaloka Day
Until 7:21AM						
Then Routine Work - Marana Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Tuesday, November 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
	Vriscika Rasi: 1.06 Tithi 2		Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 198
	672451364		Gulika 12:01PM – 1:06PM Yama 9:51AM – 10:56AM Rahu 2:12PM – 3:17PM	Vishakha Until 10:29AM Saubhagya Until 7:14PM Balava Until 10:28AM Dvitiya Until 11:41PM	Ganesh: Clear <i>Sunrise:</i> 7:40AM Muruga: Clear <i>Sunset:</i> 4:22PM Nataraja: Clear Moon – Orange Karttika•Aipasi		Durmukha 5118 Moon 10 - Phase 28 3rd Phase

Routine Work Marana Yoga
Until 10:29AM
Then Creative Work - Siddha Yoga

2	Wednesday, November 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
	Vriscika Rasi: 12.59 Tithi 3		Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 199
	672451364		Gulika 10:56AM – 12:01PM Yama 8:47AM – 9:52AM Rahu 12:01PM – 1:06PM	Anuradha Until 1:25PM Sobhana Until 8:03PM Tailila Until 12:56PM Tritiya Until 2:06AM Thu	Ganesh: Clear <i>Sunrise:</i> 7:42AM Muruga: Clear <i>Sunset:</i> 4:20PM Nataraja: Clear Moon – Orange Karttika•Aipasi		Durmukha 5118 Moon 10 - Phase 28 3rd Phase

Creative Work Siddha Yoga

3	Thursday, November 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
	Vriscika Rasi: 24.54 Tithi 4		Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 200
	672451364		Gulika 9:53AM – 10:57AM Yama 7:45AM – 8:49AM Rahu 1:05PM – 2:09PM	Jyeshtha* Until 4:03PM Athiganda* Until 8:44PM Vanija Until 3:16PM Chaturthi* Until 4:20AM Fri	Ganesh: Clear <i>Sunrise:</i> 7:45AM Muruga: Clear <i>Sunset:</i> 4:17PM Nataraja: Clear Moon – Orange Karttika•Aipasi		Durmukha 5118 Moon 10 - Phase 28 3rd Phase

Routine Work Prabalarishta Yoga
Until 4:03PM
Then Creative Work - Siddha Yoga

4	Friday, November 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
	Dhanus Rasi: 6.53 Tithi 5		Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 201
	682451364		Gulika 8:51AM – 9:54AM Yama 2:08PM – 3:12PM Rahu 10:58AM – 12:01PM	Mula* Until 6:48PM Sukarma Until 9:15PM Bava Until 5:22PM Panchami Until 6:17AM Sat	Ganesh: Purple <i>Sunrise:</i> 7:47AM Muruga: Clear <i>Sunset:</i> 4:15PM Nataraja: Clear Moon – Light Blue Karttika•Aipasi		Durmukha 5118 Moon 10 - Phase 28 3rd Phase

Creative Work Amrita Yoga
Until 6:48PM
Then Routine Work - Prabalarishta Yoga

5	Saturday, November 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
	Dhanus Rasi: 18.59 Tithi 5 – 6		Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 19 Sutra 202
	682451364		Gulika 7:50AM – 8:53AM Yama 1:04PM – 2:07PM Rahu 9:56AM – 10:58AM	Purvashadha* Until 9:02PM Dhriti Until 9:29PM Kaulava Until 7:07PM Panchami Until 6:17AM	Ganesh: Purple <i>Sunrise:</i> 7:50AM Muruga: Clear <i>Sunset:</i> 4:13PM Nataraja: Clear Moon – Light Blue Karttika•Aipasi		Durmukha 5118 Moon 10 - Phase 28 3rd Phase

Creative Work Siddha Yoga
Until 9:02PM
Then Routine Work - Marana Yoga

6	Sunday, November 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
	Makara Rasi: 1.16 Tithi 6 – 7		Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 203
	782451364		Gulika 2:06PM – 3:08PM Yama 12:01PM – 1:04PM Rahu 3:08PM – 4:10PM	Uttarashadha Until 10:36PM Shula* Until 9:17PM Gara Until 8:22PM Shashthi* Until 7:48AM	Ganesh: Clear <i>Sunrise:</i> 7:52AM Muruga: Clear <i>Sunset:</i> 4:10PM Nataraja: Clear Moon – Light Blue Karttika•Aipasi		Durmukha 5118 Moon 10 - Phase 28 3rd Phase

Creative Work Amrita Yoga

D	Monday, November 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
	Retreat Star		Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 204
	Makara Rasi: 13.48 Tithi 7 – 8		793451364				

Family Home Evening
Creative Work Amrita Yoga
Until 11:50PM
Then Creative Work - Siddha Yoga

Gulika 1:03PM – 2:05PM Yama 11:00AM – 12:01PM Rahu 8:57AM – 9:58AM	Shravana Until 11:50PM Ganda* Until 8:35PM Visti Until 8:56PM Saptami Until 8:43AM	Ganesh: Clear <i>Sunrise:</i> 7:55AM Muruga: Clear <i>Sunset:</i> 4:08PM Nataraja: Clear Moon – Purple Karttika•Aipasi		Durmukha 5118 Moon 10 - Phase 28 Ashtami
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	Tuesday, November 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
	Retreat Star		Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 205
	Makara Rasi: 26.4 Tithi 8 – 9		793551364				

Creative Work Siddha Yoga

Gulika 12:01PM – 1:02PM Yama 9:59AM – 11:00AM Rahu 2:03PM – 3:04PM	Dhanishtha Until 12:08AM Wed Vriddhi Until 7:18PM Balava Until 8:44PM Ashtami* Until 8:55AM	Ganesh: Purple <i>Sunrise:</i> 7:57AM Muruga: Clear <i>Sunset:</i> 4:05PM Nataraja: Clear Moon – Purple Karttika•Aipasi		Durmukha 5118 Moon 10 - Phase 28 Navami
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1	Wednesday, November 9, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam	Oslo, Norway
		Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Sun 23 Sutra 206
Kumbha Rasi: 9.56	Tithi 9 – 10	Gulika 11:01AM – 12:02PM	Shatabhishak Until 11:30PM
		Yama 9:00AM – 10:01AM	Dhruva Until 5:21PM
	793551364	Rahu 12:02PM – 1:02PM	Taitila Until 7:42PM
Creative Work	Siddha Yoga		Navami* Until 8:18AM
Until 11:30PM			Ganesh: Purple Sunrise: 8:00AM
Then Creative Work - Amrita Yoga			Muruga: Clear Sunset: 4:03PM
			Nataraja: Clear
			Moon – Purple
			Subha Sivaloka Day
			Kartika•Aipasi

2	Thursday, November 10, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam	Oslo, Norway
		Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Visli* Karana Dashami/Ekadashyam Titau	Sun 24 Sutra 207
Kumbha Rasi: 23.4	Tithi 10 – 11	Gulika 10:02AM – 11:02AM	Purvaproshtapada* Until 10:23PM
		Yama 8:02AM – 9:02AM	Vyaghata* Until 2:46PM
	713551364	Rahu 1:01PM – 2:01PM	Visit Until 4:41AM Fri
Creative Work	Siddha Yoga		Dashami Until 6:52AM
Until 11:30PM			Ganesh: Blue Sunrise: 8:02AM
Then Creative Work - Amrita Yoga			Muruga: Clear Sunset: 4:01PM
			Nataraja: Clear
			Moon – Clear
			Subha Sivaloka Day
			Kartika•Aipasi

3	Friday, November 11, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam	Oslo, Norway
		Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau	Sun 25 Sutra 208
Meena Rasi: 7.53	Tithi 12	Gulika 9:04AM – 10:03AM	Uttaraproshtapada Until 8:26PM
		Yama 2:00PM – 2:59PM	Harshana Until 11:37AM
	713551364	Rahu 11:03AM – 12:02PM	Bava Until 3:21PM
Creative Work	Siddha Yoga		Dvadashi Until 1:50AM Sat
Until 11:30PM			Ganesh: Blue Sunrise: 8:05AM
Then Creative Work - Amrita Yoga			Muruga: Clear Sunset: 3:59PM
			Nataraja: Clear
			Moon – Clear
			Subha Sivaloka Day
			Kartika•Aipasi

4	Saturday, November 12, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam	Oslo, Norway
		Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau	Sun 26 Sutra 209
Meena Rasi: 22.33	Tithi 13	Gulika 8:07AM – 9:06AM	Revati Until 5:48PM
		Yama 1:01PM – 1:59PM	Vajra* Until 7:56AM
	713551364	Rahu 10:05AM – 11:03AM	Kaulava Until 12:14PM
Routine Work	Prabalarishta Yoga		Trayodashi Until 10:29PM
Until 5:48PM			Pradosha Vrata
Then Creative Work - Siddha Yoga			Ganesh: Blue Sunrise: 8:07AM
			Muruga: Clear Sunset: 3:56PM
			Nataraja: Clear
			Moon – Clear
			Subha Sivaloka Day
			Kartika•Aipasi

5	Sunday, November 13, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam	Oslo, Norway
		Ashvini/Bharani Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau	Sun 27 Sutra 210
Mesha Rasi: 7.35	Tithi 14	Gulika 1:58PM – 2:56PM	Ashvini Until 3:03PM
		Yama 12:02PM – 1:00PM	Vyatipata* Until 11:36PM
	723551364	Rahu 2:56PM – 3:54PM	Gara Until 8:41AM
Creative Work	Siddha Yoga		Chaturdashi* Until 6:47PM
Until 3:03PM			Ganesh: Yellow Sunrise: 8:10AM
Then Routine Work - Prabalarishta Yoga			Muruga: Clear Sunset: 3:54PM
			Nataraja: Clear
			Moon – White
			Sivaloka Day
			Kartika•Aipasi

	Monday, November 14, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam	Oslo, Norway
	Copper Retreat Star	Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Sutra 211
Mesha Rasi: 22.51	Tithi 15 – 16	Gulika 1:00PM – 1:57PM	Bharani Until 11:57AM
Family Home Evening		Yama 11:05AM – 12:02PM	Variyan Until 7:10PM
	723551364	Rahu 9:10AM – 10:07AM	Balava Until 12:58AM Tue
Creative Work	Siddha Yoga		Purnima* Until 2:54PM
Until 11:57AM			Ganesh: Yellow Sunrise: 8:12AM
Then Routine Work - Marana Yoga			Muruga: Clear Sunset: 3:52PM
			Nataraja: Clear
			Moon – White
			Sivaloka Day
			Kartika•Aipasi

0	Tuesday, November 15, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam	Oslo, Norway
	Silver Retreat Star	Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Sutra 212
Vrishabha Rasi: 8.11	Tithi 16 – 17	Gulika 12:02PM – 12:59PM	Krittika Until 8:42AM
		Yama 10:09AM – 11:05AM	Parigha* Until 2:47PM
	723551364	Rahu 1:56PM – 2:53PM	Taitila Until 9:10PM
Creative Work	Siddha Yoga		Prathama* Until 11:02AM
Until 8:42AM			Ganesh: Yellow Sunrise: 8:15AM
Then Creative Work - Amrita Yoga			Muruga: Clear Sunset: 3:50PM
			Nataraja: Clear
			Moon – White
			Sivaloka Day
			Kartika•Aipasi

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam

Oslo, Norway

Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 213

Vrishabha Rasi: 23.23 Tihi 17 - 18

733551365

Gulika 11:06AM - 12:03PM
Yama 9:14AM - 10:10AM
Rahu 12:03PM - 12:59PM

Mrigashira Until 3:16AM Thu
Shiva Until 10:36AM
Visti Until 4:00AM Thu
Dvitiya Until 7:20AM

Ganesha: White *Sunrise: 8:17AM*
Muruga: Clear *Sunset: 3:48PM*
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 3:16AM Thu
Then Routine Work - Marana Yoga

Thursday, November 17, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam

Oslo, Norway

Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthiyam Titau

Sun 2 Sutra 214

Mithuna Rasi: 8.2 Tihi 19

733551365

Gulika 10:11AM - 11:07AM
Yama 8:20AM - 9:15AM
Rahu 12:59PM - 1:54PM

Ardra Until 1:03AM Fri
Siddha Until 6:42AM
Bava Until 2:32PM
Chaturthi* Until 1:12AM Fri

Ganesha: White *Sunrise: 8:20AM*
Muruga: Clear *Sunset: 3:46PM*
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 1:03AM Fri
Then Creative Work - Siddha Yoga

Friday, November 18, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam

Oslo, Norway

Punarvasu Nakshatra Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 3 Sutra 215

Mithuna Rasi: 22.52 Tihi 20

733551365

Gulika 9:17AM - 10:12AM
Yama 1:54PM - 2:49PM
Rahu 11:08AM - 12:03PM

Punarvasu Until 11:47PM
Subha Until 12:25AM Sat
Kaulava Until 12:04PM
Panchami Until 11:05PM

Ganesha: Clear *Sunrise: 8:22AM*
Muruga: Clear *Sunset: 3:44PM*
Nataraja: White
Moon - Blue
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 11:47PM
Then Routine Work - Marana Yoga

Saturday, November 19, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam

Oslo, Norway

Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 216

Kataka Rasi: 6.55 Tihi 21

733551365

Gulika 8:24AM - 9:19AM
Yama 12:58PM - 1:53PM
Rahu 10:14AM - 11:09AM

Pushya Until 11:11PM
Sukla Until 10:11PM
Gara Until 10:20AM
Shashthi* Until 9:47PM

Ganesha: Clear *Sunrise: 8:24AM*
Muruga: Clear *Sunset: 3:42PM*
Nataraja: White
Moon - Blue
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 11:11PM
Then Routine Work - Marana Yoga

Sunday, November 20, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam

Oslo, Norway

Ashlesha* Nakshatra Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Sun 5 Sutra 217

Kataka Rasi: 20.27 Tihi 22

733551365

Gulika 1:52PM - 2:46PM
Yama 12:04PM - 12:58PM
Rahu 2:46PM - 3:40PM

Ashlesha* Until 11:17PM
Brahma Until 8:40PM
Visti Until 9:28AM
Saptami Until 9:21PM

Ganesha: Clear *Sunrise: 8:27AM*
Muruga: Clear *Sunset: 3:40PM*
Nataraja: White
Moon - Blue
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 11:17PM
Then Routine Work - Marana Yoga

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam

Oslo, Norway

Magha* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 218

Simha Rasi: 3.31 Tihi 23

754551365

Gulika 12:57PM - 1:51PM
Yama 11:10AM - 12:04PM
Rahu 9:23AM - 10:16AM

Magha* Until 12:33AM Tue
Indra Until 7:50PM
Balava Until 9:30AM
Ashtami* Until 9:49PM

Ganesha: Clear *Sunrise: 8:29AM*
Muruga: Clear *Sunset: 3:39PM*
Nataraja: White
Moon - Red
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
Ashtami

Devaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 12:33AM Tue
Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam

Oslo, Norway

Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Sun 7 Sutra 219

Simha Rasi: 16.1 Tihi 24

754551365

Gulika 12:04PM - 12:57PM
Yama 10:18AM - 11:11AM
Rahu 1:50PM - 2:44PM

Purvaphalguni Until 2:24AM Wed
Vaidhriti* Until 7:35PM
Taitila Until 10:22AM
Navami* Until 11:04PM

Ganesha: Clear *Sunrise: 8:31AM*
Muruga: Clear *Sunset: 3:37PM*
Nataraja: White
Moon - Red
Karttika-Karttikai

Durmukha 5118
Moon 11 - Phase 30
Navami

Devaloka Day

Creative Work Siddha Yoga
Until 2:24AM Wed
Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang


1	Wednesday, November 23, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yukhtayam				Oslo, Norway
	Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau						Sun 8 Sutra 220
	Simha Rasi: 28.29	Tithi 25	Gulika 11:12AM – 12:04PM	Uttaraphalguni Until 4:39AM Thu	Ganesha: Clear	<i>Sunrise:</i> 8:34AM	Durmukha 5118
		Yama 9:26AM – 10:19AM	Vishkambha* Until 7:51PM	Muruga: Clear	<i>Sunset:</i> 3:35PM	Moon 11 - Phase 31	
		754551365 Rahu 12:04PM – 12:57PM	Vanija Until 11:57AM	Nataraja: White		2nd Phase	
Creative Work Amrita Yoga		Dashami Until 12:56AM Thu		Moon – Red	Devaloka Day		
Until 4:39AM Thu				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

2	Thursday, November 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yukhtayam				Oslo, Norway
	Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau						Sun 9 Sutra 221
	Kanya Rasi: 10.35	Tithi 26	Gulika 10:20AM – 11:12AM	Hasta Until 7:36AM Fri	Ganesha: Purple	<i>Sunrise:</i> 8:36AM	Durmukha 5118
		Yama 8:36AM – 9:28AM	Priti Until 8:28PM	Muruga: Clear	<i>Sunset:</i> 3:33PM	Moon 11 - Phase 31	
		764551365 Rahu 12:57PM – 1:49PM	Bava Until 2:04PM	Nataraja: White		2nd Phase	
Routine Work Marana Yoga		Ekadashi* Until 3:14AM Fri		Moon – Green	Bhuloka Day		
Until 7:36AM Fri				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

3	Friday, November 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yukhtayam				Oslo, Norway
	Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau						Sun 10 Sutra 222
	Kanya Rasi: 22.31	Tithi 27	Gulika 9:30AM – 10:22AM	Hasta Until 7:36AM	Ganesha: Purple	<i>Sunrise:</i> 8:38AM	Durmukha 5118
		Yama 1:48PM – 2:40PM	Ayushman Until 9:15PM	Muruga: Clear	<i>Sunset:</i> 3:32PM	Moon 11 - Phase 31	
		764551365 Rahu 11:13AM – 12:05PM	Kaulava Until 4:29PM	Nataraja: White		2nd Phase	
Creative Work Amrita Yoga		Dvadashi* Until 5:45AM Sat		Moon – Green	Bhuloka Day		
Until 7:36AM				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

4	Saturday, November 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yukhtayam				Oslo, Norway
	Chitra/Svati Nakshatra Saubhagya Yoga Gara Karana Trayodashyam Titau						Sun 11 Sutra 223
	Tula Rasi: 4.23	Tithi 28	Gulika 8:40AM – 9:32AM	Chitra Until 10:35AM	Ganesha: Purple	<i>Sunrise:</i> 8:40AM	Durmukha 5118
		Yama 12:57PM – 1:48PM	Saubhagya Until 10:08PM	Muruga: Clear	<i>Sunset:</i> 3:30PM	Moon 11 - Phase 31	
		764551365 Rahu 10:23AM – 11:14AM	Gara Until 7:03PM	Nataraja: White		2nd Phase	
Routine Work Marana Yoga		Trayodashi* Until 8:20AM Sun		Moon – Green	Bhuloka Day		
Until 10:35AM		Pradosha Vrata (Fasting)		Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

5	Sunday, November 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yukhtayam				Oslo, Norway
	Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau						Sun 12 Sutra 224
	Tula Rasi: 16.14	Tithi 28 – 29	Gulika 1:47PM – 2:38PM	Svati Until 1:25PM	Ganesha: Purple	<i>Sunrise:</i> 8:42AM	Durmukha 5118
		Yama 12:06PM – 12:56PM	Sobhana Until 11:01PM	Muruga: Clear	<i>Sunset:</i> 3:29PM	Moon 11 - Phase 31	
		764551365 Rahu 2:38PM – 3:29PM	Visti Until 9:38PM	Nataraja: White		2nd Phase	
Creative Work Siddha Yoga		Trayodashi* Until 8:20AM		Moon – Green	Bhuloka Day		
Until 1:25PM				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga							

	Monday, November 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yukhtayam				Oslo, Norway
	Retreat Star		Vishakha/Anuradha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 225
	Tula Rasi: 28.06	Tithi 29 – 30	Gulika 12:56PM – 1:47PM	Vishakha Until 4:33PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:44AM	Durmukha 5118
		Yama 11:16AM – 12:06PM	Athiganda* Until 11:49PM	Muruga: Clear	<i>Sunset:</i> 3:28PM	Moon 11 - Phase 31	
		774551365 Rahu 9:35AM – 10:25AM	Catuspada Until 12:07AM Tue	Nataraja: White		Amavasya	
Routine Work Marana Yoga		Chaturdashi* Until 10:52AM		Moon – Orange	Bhuloka Day		
Until 4:33PM				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, November 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yukhtayam				Oslo, Norway
	Retreat Star		Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 226
	Vriscika Rasi: 10	Tithi 30 – 1	Gulika 12:06PM – 12:56PM	Anuradha Until 7:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:47AM	Durmukha 5118
		Yama 10:26AM – 11:16AM	Sukarma Until 12:31AM Wed	Muruga: Clear	<i>Sunset:</i> 3:26PM	Moon 11 - Phase 31	
		774551365 Rahu 1:46PM – 2:36PM	Kintughna Until 2:27AM Wed	Nataraja: White		Prathama	
Creative Work Siddha Yoga		Amavasya* Until 1:17PM		Moon – Orange	Bhuloka Day		
Until 7:22PM				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Wednesday, November 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Vriscika Rasi: 21.58		Titthi 1 – 2		Jyeshtha* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 227	
Creative Work		Siddha Yoga		Gulika 11:17AM – 12:07PM		Jyeshtha* Until 9:52PM	
Until 9:52PM		Then Routine Work - Marana Yoga		Yama 9:38AM – 10:28AM		Dhriti Until 1:06AM Thu	
				784551365 Rahu 12:07PM – 12:56PM		Balava Until 4:37AM Thu	
						Prathama* Until 3:33PM	
						Ganesh: Light Blue Sunrise: 8:49AM	
						Muruga: Clear Sunset: 3:25PM	
						Nataraja: White	
						Moon – Orange	
						Margasira-Karttikai	
						Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

2		Thursday, December 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 3.59		Titthi 2 – 3		Mula* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 228	
Creative Work		Siddha Yoga		Gulika 10:29AM – 11:18AM		Mula* Until 12:30AM Fri	
Until 12:30AM Fri		Then Routine Work - Prabalarishta Yoga		Yama 8:51AM – 9:40AM		Shula* Until 1:29AM Fri	
				784551365 Rahu 12:56PM – 1:45PM		Taitila Until 6:34AM Fri	
						Dvitiya Until 5:36PM	
						Ganesh: Purple Sunrise: 8:51AM	
						Muruga: Clear Sunset: 3:24PM	
						Nataraja: White	
						Moon – Light Blue	
						Margasira-Karttikai	
						Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

3		Friday, December 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 16.06		Titthi 3		Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 229	
Routine Work		Prabalarishta Yoga		Gulika 9:41AM – 10:30AM		Purvashadha* Until 2:43AM Sat	
Until 2:43AM Sat		Then Routine Work - Marana Yoga		Yama 1:45PM – 2:34PM		Ganda* Until 1:41AM Sat	
				784551365 Rahu 11:19AM – 12:08PM		Taitila Until 6:34AM	
						Tritiya Until 7:24PM	
						Ganesh: Purple Sunrise: 8:52AM	
						Muruga: Clear Sunset: 3:23PM	
						Nataraja: White	
						Moon – Light Blue	
						Margasira-Karttikai	
						Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

4		Saturday, December 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 28.2		Titthi 4		Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau		Sun 18 Sutra 230	
Routine Work		Marana Yoga		Gulika 8:54AM – 9:43AM		Uttarashadha Until 4:26AM Sun	
Until 4:26AM Sun		Then Creative Work - Amrita Yoga		Yama 12:56PM – 1:45PM		Vriddhi Until 1:38AM Sun	
				784551365 Rahu 10:31AM – 11:20AM		Vanija Until 8:13AM	
						Chaturthi* Until 8:54PM	
						Ganesh: Purple Sunrise: 8:54AM	
						Muruga: Clear Sunset: 3:22PM	
						Nataraja: White	
						Moon – Light Blue	
						Margasira-Karttikai	
						Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

5		Sunday, December 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 10.43		Titthi 5		Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau		Sun 19 Sutra 231	
Creative Work		Amrita Yoga		Gulika 1:45PM – 2:33PM		Shravana Until 6:02AM Mon	
Until 6:02AM Mon		Then Creative Work - Siddha Yoga		Yama 12:08PM – 12:56PM		Dhruva Until 1:14AM Mon	
				795651365 Rahu 2:33PM – 3:21PM		Bava Until 9:30AM	
						Panchami Until 9:58PM	
						Ganesh: Clear Sunrise: 8:56AM	
						Muruga: Clear Sunset: 3:21PM	
						Nataraja: White	
						Moon – Purple	
						Margasira-Karttikai	
						Devaloka Day	

6		Monday, December 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 23.18		Titthi 6		Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau		Sun 20 Sutra 232	
Family Home Evening		Creative Work		Gulika 12:57PM – 1:44PM		Shravana Until 6:02AM	
Until 6:02AM		Then Creative Work - Siddha Yoga		Yama 11:21AM – 12:09PM		Vyaghata* Until 12:26AM Tue	
				795651365 Rahu 9:46AM – 10:33AM		Kaulava Until 10:19AM	
						Shashthi* Until 10:30PM	
						Ganesh: Clear Sunrise: 8:58AM	
						Muruga: Clear Sunset: 3:20PM	
						Nataraja: White	
						Moon – Purple	
						Margasira-Karttikai	
						Devaloka Day	

Retreat Star		Tuesday, December 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Kumbha Rasi: 6.08		Titthi 7		Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21 Sutra 233	
Creative Work		Siddha Yoga		Gulika 12:09PM – 12:57PM		Dhanishtha Until 6:57AM	
Until 6:57AM		Then Routine Work - Marana Yoga		Yama 10:34AM – 11:22AM		Harshana Until 11:09PM	
				795651365 Rahu 1:44PM – 2:32PM		Gara Until 10:33AM	
						Saptami Until 10:24PM	
						Ganesh: Clear Sunrise: 9:00AM	
						Muruga: Clear Sunset: 3:19PM	
						Nataraja: White	
						Moon – Purple	
						Margasira-Karttikai	
						Devaloka Day	

Retreat Star		Wednesday, December 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Kumbha Rasi: 19.19		Titthi 8		Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 22 Sutra 234	
Creative Work		Siddha Yoga		Gulika 11:23AM – 12:10PM		Shatabhishak Until 7:03AM	
Until 7:03AM		Then Creative Work - Amrita Yoga		Yama 9:48AM – 10:35AM		Vajra* Until 9:17PM	
				795651365 Rahu 12:10PM – 12:57PM		Visti Until 10:07AM	
						Ashtami* Until 9:37PM	
						Ganesh: Clear Sunrise: 9:01AM	
						Muruga: Clear Sunset: 3:18PM	
						Nataraja: White	
						Moon – Purple	
						Margasira-Karttikai	
						Devaloka Day	

Retreat Star		Thursday, December 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Meena Rasi: 2.52		Titthi 9		Purvaproshtapada*/Uttaraproshtapada* Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Sun 23 Sutra 235	
Creative Work		Siddha Yoga		Gulika 10:36AM – 11:23AM		Purvaproshtapada* Until 6:47AM	
Until 6:47AM		Then Routine Work - Marana Yoga		Yama 9:03AM – 9:50AM		Siddhi Until 6:53PM	
				715651365 Rahu 12:57PM – 1:44PM		Balava Until 8:58AM	
						Navami* Until 8:07PM	
						Ganesh: Red Sunrise: 9:03AM	
						Muruga: Clear Sunset: 3:18PM	
						Nataraja: White	
						Moon – Clear	
						Margasira-Karttikai	
						Devaloka Day	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1 Friday, December 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Revati Nakshatra Vyatipata*/Variyan Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau						Sun 24 Sutra 236
Meena Rasi: 16.51	Tithi 10 – 11	Gulika 9:51AM – 10:37AM	Revati Until 3:47AM Sat	Ganesh: Red <i>Sunrise: 9:04AM</i>		Durmukha 5118
		Yama 1:44PM – 2:30PM	Vyatipata* Until 3:57PM	Muruga: Clear <i>Sunset: 3:17PM</i>		Moon 11 - Phase 33
		715651365 Rahu 11:24AM – 12:11PM	Taitila Until 7:07AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:56PM	Moon – Clear		Devaloka Day
				Margasira•Karttikai		

2 Saturday, December 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau						Sun 25 Sutra 237
Mesha Rasi: 1.15	Tithi 11 – 12	Gulika 9:06AM – 9:52AM	Ashvini Until 1:39AM Sun	Ganesh: Blue <i>Sunrise: 9:06AM</i>		Durmukha 5118
		Yama 12:57PM – 1:44PM	Variyan Until 12:31PM	Muruga: Clear <i>Sunset: 3:17PM</i>		Moon 11 - Phase 33
		725651365 Rahu 10:38AM – 11:25AM	Bava Until 1:38AM Sun	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Bhuloka Day	Moon – White		
Until 1:39AM Sun		Gita Jayanthi	Ekadashi Until 3:11PM	Margasira•Karttikai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga						

3 Sunday, December 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau						Sun 26 Sutra 238
Mesha Rasi: 16.01	Tithi 12 – 13	Gulika 1:44PM – 2:30PM	Bharani Until 10:59PM	Ganesh: Blue <i>Sunrise: 9:07AM</i>		Durmukha 5118
		Yama 12:12PM – 12:58PM	Parigha* Until 8:42AM	Muruga: Clear <i>Sunset: 3:16PM</i>		Moon 11 - Phase 33
		725651365 Rahu 2:30PM – 3:16PM	Kaulava Until 10:15PM	Nataraja: White		4th Phase
Routine Work	Prabalarishta Yoga		Dvadashi Until 11:58AM	Moon – White		Bhuloka Day
Until 10:59PM			<i>Pradosha Vrata</i>	Margasira•Karttikai		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

4 Monday, December 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Krittika Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Sun 27 Sutra 239
Vrishabha Rasi: 1.04	Tithi 13 – 14	Gulika 12:58PM – 1:44PM	Krittika Until 7:59PM	Ganesh: Blue <i>Sunrise: 9:08AM</i>		Durmukha 5118
Family Home Evening		Yama 11:26AM – 12:12PM	Siddha Until 12:23AM Tue	Muruga: Clear <i>Sunset: 3:16PM</i>		Moon 11 - Phase 33
		725651365 Rahu 9:54AM – 10:40AM	Gara Until 6:38PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 8:27AM	Moon – White		Bhuloka Day
Until 7:59PM		Krittika Deepam		Margasira•Karttikai		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

○ Tuesday, December 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Copper Retreat Star		Rohini/Mrigashira Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 240
Vrishabha Rasi: 16.15	Tithi 15	Gulika 12:13PM – 12:58PM	Rohini Until 5:11PM	Ganesh: Red <i>Sunrise: 9:10AM</i>		Durmukha 5118
		Yama 10:41AM – 11:27AM	Sadhya Until 8:08PM	Muruga: White <i>Sunset: 3:16PM</i>		Moon 11 - Phase 33
		736661365 Rahu 1:44PM – 2:30PM	Visti Until 2:57PM	Nataraja: White		Purnima
Creative Work	Amrita Yoga		Purnima* Until 1:08AM Wed	Moon – Yellow		Bhuloka Day
Until 5:11PM				Margasira•Karttikai		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

Wednesday, December 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
Silver Retreat Star		Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 241
Mithuna Rasi: 1.23	Tithi 16	Gulika 11:27AM – 12:13PM	Mrigashira Until 2:24PM	Ganesh: Red <i>Sunrise: 9:11AM</i>		Durmukha 5118
		Yama 9:56AM – 10:42AM	Subha Until 4:03PM	Muruga: White <i>Sunset: 3:15PM</i>		Moon 11 - Phase 33
		736661365 Rahu 12:13PM – 12:59PM	Balava Until 11:24AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 9:42PM	Moon – Yellow		Bhuloka Day
				Margasira•Karttikai		Devaloka Time: 6:AM to 9:AM

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 242

Mithuna Rasi: 16.21 Tihti 17

736661365

Gulika 10:43AM – 11:28AM
Yama 9:12AM – 9:57AM
Rahu 12:59PM – 1:45PM

Ardra Until 11:47AM
Sukla Until 12:12PM
Taitila Until 8:08AM

Ganesha: Red *Sunrise:* 9:12AM
Muruga: White *Sunset:* 3:15PM

Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga
Until 11:47AM

Markali Pillaiyar

Dvitiya Until 6:39PM

Moon – Yellow
Margasira•Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Oslo, Norway

Sun 1 Sutra 243

Kataka Rasi: 0.58 Tihti 18 – 19

846661365

Gulika 9:58AM – 10:43AM
Yama 1:45PM – 2:30PM
Rahu 11:29AM – 12:14PM

Punarvasu Until 9:57AM
Brahma Until 8:46AM
Bava Until 3:11AM Sat

Ganesha: Red *Sunrise:* 9:13AM
Muruga: White *Sunset:* 3:15PM

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 9:57AM

Tritiya Until 4:09PM

Moon – Blue
Margasira•Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 2 Sutra 244

Kataka Rasi: 15.07 Tihti 19 – 20

846661365

Gulika 9:14AM – 9:59AM
Yama 1:00PM – 1:45PM
Rahu 10:44AM – 11:29AM

Pushya Until 8:39AM
Vaidhriti* Until 3:38AM Sun
Kaulava Until 1:48AM Sun

Ganesha: Red *Sunrise:* 9:14AM
Muruga: White *Sunset:* 3:16PM

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 8:39AM

Chaturthi* Until 2:22PM

Moon – Blue
Margasira•Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkamba* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway

Sun 3 Sutra 245

Kataka Rasi: 28.48 Tihti 20 – 21

846661365

Gulika 1:45PM – 2:31PM
Yama 12:15PM – 1:00PM
Rahu 2:31PM – 3:16PM

Ashlesha* Until 7:59AM
Vishkamba* Until 2:04AM Mon
Gara Until 1:18AM Mon

Ganesha: Red *Sunrise:* 9:14AM
Muruga: White *Sunset:* 3:16PM

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 7:59AM

Panchami Until 1:25PM

Moon – Blue
Margasira•Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 4 Sutra 246

Simha Rasi: 11.59 Tihti 21 – 22

856661365

Gulika 1:01PM – 1:46PM
Yama 11:31AM – 12:16PM
Rahu 10:00AM – 10:45AM

Magha* Until 8:29AM
Priti Until 1:12AM Tue
Visti Until 1:43AM Tue

Ganesha: Green *Sunrise:* 9:15AM
Muruga: White *Sunset:* 3:16PM

Moon 12 - Phase 34
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 8:29AM

Shashthi* Until 1:23PM

Moon – Red
Margasira•Markali

Bhuloka Day

Then Creative Work - Siddha Yoga

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 5 Sutra 247

Simha Rasi: 24.43 Tihti 22 – 23

857661365

Gulika 12:16PM – 1:01PM
Yama 10:46AM – 11:31AM
Rahu 1:46PM – 2:31PM

Purvaphalguni Until 9:42AM
Ayushman Until 12:57AM Wed
Balava Until 2:57AM Wed

Ganesha: White *Sunrise:* 9:16AM
Muruga: White *Sunset:* 3:17PM

Moon 12 - Phase 34
Ashtami

Creative Work Siddha Yoga
Until 9:42AM

Saptami Until 2:13PM

Moon – Red
Margasira•Markali

Bhuloka Day

Then Creative Work - Amrita Yoga

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 6 Sutra 248

Kanya Rasi: 7.07 Tihti 23 – 24

857661365

Gulika 11:32AM – 12:17PM
Yama 10:01AM – 10:46AM
Rahu 12:17PM – 1:02PM

Uttaraphalguni Until 11:30AM
Saubhagya Until 1:14AM Thu
Taitila Until 4:51AM Thu

Ganesha: White *Sunrise:* 9:16AM
Muruga: White *Sunset:* 3:17PM

Moon 12 - Phase 34
Navami

Creative Work Amrita Yoga
Until 11:30AM

Day 1 of Pancha Ganapati

Ashtami* Until 3:48PM

Moon – Red
Margasira•Markali

Bhuloka Day

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1 Thursday, December 22, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Oslo, Norway
Kanya Rasi: 19.13 Tihti 24 – 25		Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 7 Sutra 249
867661365		Gulika 10:47AM – 11:32AM	Hasta Until 2:12PM	Ganesh: Clear <i>Sunrise:</i> 9:17AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 9:17AM – 10:02AM	Sobhana Until 1:53AM Fri	Muruga: White <i>Sunset:</i> 3:18PM	Moon 12 - Phase 35	
Until 2:12PM		Rahu 1:02PM – 1:47PM	Vanija Until 7:12AM Fri	Nataraja: White	2nd Phase	
Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Moon – Green	Bhuloka Day	
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

2 Friday, December 23, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Tula Rasi: 1.1 Tihti 25		Chitra/Svati Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 250
867661365		Gulika 10:02AM – 10:47AM	Chitra Until 5:06PM	Ganesh: Clear <i>Sunrise:</i> 9:17AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 1:48PM – 2:33PM	Athiganda* Until 2:42AM Sat	Muruga: White <i>Sunset:</i> 3:18PM	Moon 12 - Phase 35	
		Rahu 11:33AM – 12:18PM	Vanija Until 7:12AM	Nataraja: White	2nd Phase	
		Day 3 of Pancha Ganapati		Moon – Green	Bhuloka Day	
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

3 Saturday, December 24, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Oslo, Norway
Tula Rasi: 13.01 Tihti 26		Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 251
867661365		Gulika 9:17AM – 10:03AM	Svati Until 7:57PM	Ganesh: Clear <i>Sunrise:</i> 9:17AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 1:03PM – 1:49PM	Sukarma Until 3:35AM Sun	Muruga: White <i>Sunset:</i> 3:19PM	Moon 12 - Phase 35	
		Rahu 10:48AM – 11:33AM	Bava Until 9:47AM	Nataraja: White	2nd Phase	
		Day 4 of Pancha Ganapati		Moon – Green	Bhuloka Day	
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM	

4 Sunday, December 25, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Tula Rasi: 24.52 Tihti 27		Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 252
877661365		Gulika 1:49PM – 2:35PM	Vishakha Until 11:06PM	Ganesh: Purple <i>Sunrise:</i> 9:18AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 12:19PM – 1:04PM	Dhriti Until 4:25AM Mon	Muruga: White <i>Sunset:</i> 3:20PM	Moon 12 - Phase 35	
		Rahu 2:35PM – 3:20PM	Kaulava Until 12:23PM	Nataraja: White	2nd Phase	
		Day 5 of Pancha Ganapati		Moon – Orange	Bhuloka Day	
				Margasira*Markali		

5 Monday, December 26, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
Vrischika Rasi: 6.45 Tihti 28		Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 253
877661366		Gulika 1:05PM – 1:50PM	Anuradha Until 1:54AM Tue	Ganesh: Purple <i>Sunrise:</i> 9:18AM	Durmukha 5118	
Family Home Evening		Yama 11:34AM – 12:19PM	Shula* Until 5:04AM Tue	Muruga: White <i>Sunset:</i> 3:21PM	Moon 12 - Phase 35	
Creative Work Siddha Yoga		Rahu 10:03AM – 10:48AM	Gara Until 2:51PM	Nataraja: Green	2nd Phase	
Until 1:54AM Tue		Trayodashi* Until 3:59AM Tue		Moon – Orange	Bhuloka Day	
Then Routine Work - Marana Yoga				Margasira*Markali		
					<i>Pradosha Vrata (Fasting)</i>	

6 Tuesday, December 27, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Vrischika Rasi: 18.42 Tihti 29		Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 254
878661366		Gulika 12:20PM – 1:05PM	Jyeshtha* Until 4:17AM Wed	Ganesh: Clear <i>Sunrise:</i> 9:18AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 10:49AM – 11:34AM	Ganda* Until 5:32AM Wed	Muruga: White <i>Sunset:</i> 3:22PM	Moon 12 - Phase 35	
		Rahu 1:51PM – 2:36PM	Visti Until 5:05PM	Nataraja: Green	2nd Phase	
		Chaturdashi* Until 6:04AM Wed		Moon – Orange	Bhuloka Day	
				Margasira*Markali	Devaloka Time: 9:AM to 12:PM	

Wednesday, December 28, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
Retreat Star		Mula* Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 255
Dhanus Rasi: 0.46 Tihti 29 – 30		888661366				Durmukha 5118
Routine Work Marana Yoga		Gulika 11:35AM – 12:20PM	Mula* Until 6:43AM Thu	Ganesh: Orange <i>Sunrise:</i> 9:18AM	Moon 12 - Phase 35	
Until 6:43AM Thu		Yama 10:03AM – 10:49AM	Vriddhi Until 5:47AM Thu	Muruga: White <i>Sunset:</i> 3:23PM	Amavasya	
Then Creative Work - Siddha Yoga		Rahu 12:20PM – 1:06PM	Catuspada Until 7:01PM	Nataraja: Green		
		Hanumath Jayanthi (Tamil Nadu)		Moon – Light Blue	Bhuloka Day	
				Margasira*Markali	Devaloka Time: 9:AM to 12:PM	

Thursday, December 29, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
Retreat Star		Mula*/Purvashadha* Nakshatra Dhruva Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 256
Dhanus Rasi: 12.58 Tihti 30 – 1		888761366				Durmukha 5118
Creative Work Siddha Yoga		Gulika 10:49AM – 11:35AM	Mula* Until 6:43AM	Ganesh: Light Blue <i>Sunrise:</i> 9:17AM	Moon 12 - Phase 35	
		Yama 9:17AM – 10:03AM	Dhruva Until 5:45AM Fri	Muruga: White <i>Sunset:</i> 3:24PM	Prathama	
		Rahu 1:07PM – 1:52PM	Kintughna Until 8:37PM	Nataraja: Green		
		Amavasya* Until 7:50AM		Moon – Light Blue	Bhuloka Day	
				Pausha*Markali		

In the gloom of fear, His six-fold face gleams. In perils unbouded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time

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1	Friday, December 30, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Oslo, Norway
	Dhanus Rasi: 25.17	Tithi 1 – 2	Gulika	10:03AM – 10:49AM	Purvashadha* Until 8:39AM	Ganesh: Light Blue <i>Sunrise:</i> 9:17AM	Sun 15 Sutra 257
			Yama	1:53PM – 2:39PM	Vyaghata* Until 5:27AM Sat	Muruga: White <i>Sunset:</i> 3:25PM	Durmukha 5118
			888761366 Rahu	11:35AM – 12:21PM	Balava Until 9:52PM	Nataraja: Green	Moon 12 - Phase 36
	Routine Work Prabalarishta Yoga			Prathama* Until 9:16AM	Moon – Light Blue	3rd Phase	
	Until 8:39AM				Pausha-Markali	Bhuloka Day	
	Then Routine Work - Marana Yoga						

2	Saturday, December 31, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Oslo, Norway
	Makara Rasi: 7.46	Tithi 2 – 3	Gulika	9:17AM – 10:03AM	Uttarashadha Until 10:05AM	Ganesh: Light Blue <i>Sunrise:</i> 9:17AM	Sun 16 Sutra 258
			Yama	1:08PM – 1:54PM	Harshana Until 4:54AM Sun	Muruga: White <i>Sunset:</i> 3:27PM	Durmukha 5118
			888761366 Rahu	10:49AM – 11:36AM	Taitila Until 10:45PM	Nataraja: Green	Moon 12 - Phase 36
	Routine Work Marana Yoga			Dvitiya Until 10:20AM	Moon – Light Blue	3rd Phase	
	Until 10:05AM				Pausha-Markali	Bhuloka Day	
	Then Creative Work - Siddha Yoga						

3	Sunday, January 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Oslo, Norway
	Makara Rasi: 20.25	Tithi 3 – 4	Gulika	1:54PM – 2:41PM	Shravana Until 11:28AM	Ganesh: Purple <i>Sunrise:</i> 9:17AM	Sun 17 Sutra 259
			Yama	12:22PM – 1:08PM	Vajra* Until 4:01AM Mon	Muruga: White <i>Sunset:</i> 3:27PM	Durmukha 5118
			898761366 Rahu	2:41PM – 3:27PM	Vanija Until 11:15PM	Nataraja: Green	Moon 12 - Phase 36
	Creative Work Amrita Yoga			Tritiya Until 11:02AM	Moon – Purple	3rd Phase	
	Until 11:28AM				Pausha-Markali	Bhuloka Day	
	Then Routine Work - Marana Yoga						

4	Monday, January 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Oslo, Norway
	Kumbha Rasi: 3.14	Tithi 4 – 5	Gulika	1:09PM – 1:55PM	Dhanishtha Until 12:19PM	Ganesh: Purple <i>Sunrise:</i> 9:16AM	Sun 18 Sutra 260
	Family Home Evening		Yama	11:36AM – 12:22PM	Siddhi Until 2:49AM Tue	Muruga: White <i>Sunset:</i> 3:28PM	Durmukha 5118
			898761366 Rahu	10:03AM – 10:49AM	Bava Until 11:21PM	Nataraja: Green	Moon 12 - Phase 36
	Creative Work Siddha Yoga			Chaturthi* Until 11:20AM	Moon – Purple	3rd Phase	
					Pausha-Markali	Bhuloka Day	

5	Tuesday, January 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Oslo, Norway
	Kumbha Rasi: 16.17	Tithi 5 – 6	Gulika	12:23PM – 1:10PM	Shatabhishak Until 12:36PM	Ganesh: Clear <i>Sunrise:</i> 9:16AM	Sun 19 Sutra 261
			Yama	10:49AM – 11:36AM	Vyatipata* Until 1:17AM Wed	Muruga: White <i>Sunset:</i> 3:30PM	Durmukha 5118
			899761366 Rahu	1:56PM – 2:43PM	Kaulava Until 10:59PM	Nataraja: Green	Moon 12 - Phase 36
	Routine Work Marana Yoga			Panchami Until 11:12AM	Moon – Purple	3rd Phase	
					Pausha-Markali	Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Vinayaga Viratam Ends	

6	Wednesday, January 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Oslo, Norway
	Kumbha Rasi: 29.33	Tithi 6 – 7	Gulika	11:36AM – 12:23PM	Purvaproshtapada* Until 12:44PM	Ganesh: Red <i>Sunrise:</i> 9:15AM	Sun 20 Sutra 262
			Yama	10:02AM – 10:49AM	Variyan Until 11:21PM	Muruga: White <i>Sunset:</i> 3:31PM	Durmukha 5118
			819761366 Rahu	12:23PM – 1:10PM	Gara Until 10:09PM	Nataraja: Green	Moon 12 - Phase 36
	Creative Work Amrita Yoga			Shashthi* Until 10:36AM	Moon – Clear	3rd Phase	
	Until 12:44PM				Pausha-Markali	Bhuloka Day	
	Then Creative Work - Siddha Yoga					Devaloka Time: 9:AM to12:PM	

☾	Thursday, January 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Oslo, Norway
	Retreat Star		Gulika	10:49AM – 11:36AM	Uttaraproshtapada Until 12:14PM	Ganesh: Red <i>Sunrise:</i> 9:15AM	Sun 21 Sutra 263
	Meena Rasi: 13.05	Tithi 7 – 8	Yama	9:15AM – 10:02AM	Parigha* Until 9:02PM	Muruga: White <i>Sunset:</i> 3:33PM	Durmukha 5118
			819761366 Rahu	1:11PM – 1:58PM	Visti Until 8:48PM	Nataraja: Green	Moon 12 - Phase 36
	Creative Work Siddha Yoga			Saptami Until 9:31AM	Moon – Clear	Ashtami	
					Pausha-Markali	Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

☾	Friday, January 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway
	Retreat Star		Gulika	10:01AM – 10:49AM	Revati Until 11:05AM	Ganesh: Red <i>Sunrise:</i> 9:14AM	Sun 22 Sutra 264
	Meena Rasi: 26.56	Tithi 8 – 9	Yama	1:59PM – 2:47PM	Shiva Until 6:20PM	Muruga: White <i>Sunset:</i> 3:35PM	Durmukha 5118
			819761366 Rahu	11:37AM – 12:24PM	Balava Until 6:58PM	Nataraja: Green	Moon 12 - Phase 36
	Creative Work Siddha Yoga			Ashtami* Until 7:55AM	Moon – Clear	Navami	
	Until 11:05AM				Pausha-Markali	Bhuloka Day	
	Then Creative Work - Amrita Yoga					Devaloka Time: 9:AM to12:PM	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau		Oslo, Norway
Mesha Rasi: 11.04	Tithi 10	Gulika	9:13AM – 10:01AM	Ashvini Until 9:47AM	Ganesha: Blue	<i>Sunrise: 9:13AM</i>	Sun 23	Sutra 265
		Yama	1:13PM – 2:00PM	Siddha Until 3:15PM	Muruga: White	<i>Sunset: 3:36PM</i>		Durmukha 5118
		829761366 Rahu	10:49AM – 11:37AM	Taitila Until 4:41PM	Nataraja: Green			Moon 12 - Phase 37
Creative Work	Siddha Yoga			Dashami Until 3:22AM Sun	Moon – White			4th Phase
					Pausha-Markali			Devaloka Day

2		Sunday, January 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau		Oslo, Norway
Mesha Rasi: 25.29	Tithi 11	Gulika	2:02PM – 2:50PM	Bharani Until 7:55AM	Ganesha: Blue	<i>Sunrise: 9:12AM</i>	Sun 24	Sutra 266
		Yama	12:25PM – 1:13PM	Sadhya Until 11:52AM	Muruga: White	<i>Sunset: 3:38PM</i>		Durmukha 5118
		829761366 Rahu	2:50PM – 3:38PM	Vanija Until 2:01PM	Nataraja: Green			Moon 12 - Phase 37
Routine Work	Prabalarishta Yoga			Ekadashi Until 12:33AM Mon	Moon – White			4th Phase
Until 7:55AM		Vaikuntha Ekadasi			Pausha-Markali			Devaloka Day
Then Creative Work - Siddha Yoga								

3		Monday, January 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau		Oslo, Norway
Vrishabha Rasi: 10.08	Tithi 12	Gulika	1:14PM – 2:03PM	Rohini Until 3:25AM Tue	Ganesha: Yellow	<i>Sunrise: 9:11AM</i>	Sun 25	Sutra 267
Family Home Evening		Yama	11:37AM – 12:26PM	Subha Until 8:16AM	Muruga: White	<i>Sunset: 3:40PM</i>		Durmukha 5118
		839761366 Rahu	10:00AM – 10:48AM	Bava Until 11:04AM	Nataraja: Green			Moon 12 - Phase 37
Creative Work	Amrita Yoga			Dvadashi Until 9:31PM	Moon – Yellow			4th Phase
Until 3:25AM Tue					Pausha-Markali			Bhuloka Day
Then Creative Work - Siddha Yoga								Devaloka Time: 9:AM to12:PM

4		Tuesday, January 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Oslo, Norway
Vrishabha Rasi: 24.55	Tithi 13	Gulika	12:26PM – 1:15PM	Mrigashira Until 1:02AM Wed	Ganesha: Clear	<i>Sunrise: 9:10AM</i>	Sun 26	Sutra 268
		Yama	10:48AM – 11:37AM	Brahma Until 12:44AM Wed	Muruga: White	<i>Sunset: 3:42PM</i>		Durmukha 5118
		831761366 Rahu	2:04PM – 2:53PM	Kaulava Until 7:59AM	Nataraja: Green			Moon 12 - Phase 37
Creative Work	Siddha Yoga			Trayodashi Until 6:25PM	Moon – Yellow			4th Phase
					Pausha-Markali			Bhuloka Day
				<i>Pradosha Vrata</i>				Devaloka Time: 9:AM to12:PM

5		Wednesday, January 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Oslo, Norway
Mithuna Rasi: 9.43	Tithi 14 – 15	Gulika	11:37AM – 12:26PM	Ardra Until 10:39PM	Ganesha: Clear	<i>Sunrise: 9:09AM</i>	Sun 27	Sutra 269
		Yama	9:58AM – 10:48AM	Indra Until 9:05PM	Muruga: White	<i>Sunset: 3:44PM</i>		Durmukha 5118
		831761366 Rahu	12:26PM – 1:16PM	Visti Until 1:58AM Thu	Nataraja: Green			Moon 12 - Phase 37
Creative Work	Siddha Yoga			Chaturdashi* Until 3:23PM	Moon – Yellow			4th Phase
					Pausha-Markali			Bhuloka Day
				Ardra Darshanam				Devaloka Time: 9:AM to12:PM

○		Thursday, January 12, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Oslo, Norway
Copper Retreat Star		Gulika	10:47AM – 11:37AM	Punarvasu Until 8:49PM	Ganesha: White	<i>Sunrise: 9:08AM</i>		Sutra 270
Mithuna Rasi: 24.23	Tithi 15 – 16	Yama	9:08AM – 9:57AM	Vaidhriti* Until 5:37PM	Muruga: White	<i>Sunset: 3:46PM</i>		Durmukha 5118
		841761366 Rahu	1:17PM – 2:06PM	Balava Until 11:20PM	Nataraja: Green			Moon 12 - Phase 37
Creative Work	Amrita Yoga			Purnima* Until 12:35PM	Moon – Blue			Purnima
					Pausha-Markali			Devaloka Day

Friday, January 13, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Oslo, Norway
Kataka Rasi: 8.49	Tithi 16 – 17	Gulika	9:57AM – 10:47AM	Pushya Until 7:18PM	Ganesha: White	<i>Sunrise: 9:06AM</i>		Sutra 271
		Yama	2:08PM – 2:58PM	Vishkambha* Until 2:31PM	Muruga: White	<i>Sunset: 3:48PM</i>		Durmukha 5118
		841761366 Rahu	11:37AM – 12:27PM	Taitila Until 9:11PM	Nataraja: Green			Moon 12 - Phase 37
Routine Work	Marana Yoga			Prathama* Until 10:10AM	Moon – Blue			Prathama
					Pausha-Markali			Devaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Saturday, January 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Oslo, Norway Sun 1 Sutra 272

Kataka Rasi: 22.53 Tihi 17 - 18

Gulika 9:05AM - 9:56AM
Yama 1:18PM - 2:09PM
841761366 Rahu 10:46AM - 11:37AM

Ashlesha* Until 6:14PM
Priti Until 11:53AM
Vanija Until 7:39PM
Dvitiya Until 8:18AM

Ganesha: White Sunrise: 9:05AM
Muruga: White Sunset: 3:50PM
Nataraja: Green
Moon - Blue

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 6:14PM

Thai Pongal

Pausha*Thai

Devaloka Day

Then Creative Work - Amrita Yoga

1

Sunday, January 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Oslo, Norway Sun 2 Sutra 273

Simha Rasi: 6.34 Tihi 18 - 19

Gulika 2:10PM - 3:01PM
Yama 12:28PM - 1:19PM
851761366 Rahu 3:01PM - 3:52PM

Magha* Until 6:10PM
Ayushman Until 9:48AM
Bava Until 6:51PM
Tritiya Until 7:08AM

Ganesha: Yellow Sunrise: 9:04AM
Muruga: White Sunset: 3:52PM
Nataraja: Green
Moon - Red

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 6:10PM

Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Then Creative Work - Siddha Yoga

2

Monday, January 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway Sun 3 Sutra 274

Simha Rasi: 19.47 Tihi 19 - 20

Family Home Evening

Gulika 1:20PM - 2:11PM
Yama 11:37AM - 12:28PM
851761366 Rahu 9:54AM - 10:45AM

Purvaphalguni Until 6:45PM
Saubhagya Until 8:20AM
Kaulava Until 6:52PM
Chaturthi* Until 6:44AM

Ganesha: Yellow Sunrise: 9:02AM
Muruga: White Sunset: 3:55PM
Nataraja: Green
Moon - Red

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Creative Work Siddha Yoga

Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Tuesday, January 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarahalguni Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway Sun 4 Sutra 275

Kanya Rasi: 2.37 Tihi 20 - 21

Gulika 12:29PM - 1:21PM
Yama 10:45AM - 11:37AM
851761366 Rahu 2:13PM - 3:05PM

Uttarahalguni Until 7:57PM
Sobhana Until 7:30AM
Gara Until 7:41PM
Panchami Until 7:09AM

Ganesha: Yellow Sunrise: 9:01AM
Muruga: White Sunset: 3:57PM
Nataraja: Green
Moon - Red

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Creative Work Amrita Yoga
Until 7:57PM

Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Then Creative Work - Siddha Yoga

4

Wednesday, January 18, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Oslo, Norway Sun 5 Sutra 276

Kanya Rasi: 15.05 Tihi 21 - 22

Gulika 11:36AM - 12:29PM
Yama 9:51AM - 10:44AM
861761366 Rahu 12:29PM - 1:21PM

Hasta Until 10:08PM
Athiganda* Until 7:15AM
Visti Until 9:13PM
Shashthi* Until 8:21AM

Ganesha: Blue Sunrise: 8:59AM
Muruga: White Sunset: 3:59PM
Nataraja: Green
Moon - Green

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 10:08PM

Pausha*Thai

Devaloka Day

Then Creative Work - Siddha Yoga

5

Thursday, January 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway Sun 6 Sutra 277

Kanya Rasi: 27.17 Tihi 22 - 23

Gulika 10:43AM - 11:36AM
Yama 8:57AM - 9:50AM
861761366 Rahu 1:22PM - 2:15PM

Chitra Until 12:42AM Fri
Sukarma Until 7:29AM
Balava Until 11:18PM
Saptami Until 10:11AM

Ganesha: Blue Sunrise: 8:57AM
Muruga: White Sunset: 4:01PM
Nataraja: Green
Moon - Green

Durmukha 5118
Moon 1 - Phase 38
Ashtami

Creative Work Siddha Yoga

Pausha*Thai

Devaloka Day

Friday, January 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway Sun 7 Sutra 278

Tula Rasi: 9.17 Tihi 23 - 24

Gulika 9:49AM - 10:43AM
Yama 2:17PM - 3:10PM
861761366 Rahu 11:36AM - 12:30PM

Svati Until 3:24AM Sat
Dhriti Until 8:05AM
Taitila Until 1:43AM Sat
Ashtami* Until 12:28PM

Ganesha: Blue Sunrise: 8:56AM
Muruga: White Sunset: 4:04PM
Nataraja: Green
Moon - Green

Durmukha 5118
Moon 1 - Phase 38
Navami

Creative Work Siddha Yoga

Pausha*Thai

Devaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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1		Saturday, January 21, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Tula Rasi: 21.11		Tihti 24 – 25		Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 279	
872761366		Gulika	8:54AM – 9:48AM	Vishakha Until 6:31AM Sun	Ganesha: Blue Sunrise: 8:54AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama	1:24PM – 2:18PM	Shula* Until 8:52AM	Muruga: White Sunset: 4:06PM	Moon 1 - Phase 39	
Until 6:31AM Sun		Rahu	10:42AM – 11:36AM	Vanija Until 4:16AM Sun	Nataraja: Green	2nd Phase	
Then Routine Work - Marana Yoga				Navami* Until 2:58PM	Moon – Orange	Bhuloka Day	
					Pausha*Thai		

2		Sunday, January 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Vrischika Rasi: 3.04		Tihti 25 – 26		Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 280	
872761366		Gulika	2:19PM – 3:14PM	Vishakha Until 6:31AM	Ganesha: Blue Sunrise: 8:52AM	Durmukha 5118	
Routine Work Marana Yoga		Yama	12:30PM – 1:25PM	Ganda* Until 9:41AM	Muruga: White Sunset: 4:08PM	Moon 1 - Phase 39	
		Rahu	3:14PM – 4:08PM	Bava Until 6:42AM Mon	Nataraja: Green	2nd Phase	
				Dashami Until 5:29PM	Moon – Orange	Bhuloka Day	
					Pausha*Thai		

3		Monday, January 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Vrischika Rasi: 14.58		Tihti 26		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 281	
872861366		Gulika	1:26PM – 2:21PM	Anuradha Until 9:23AM	Ganesha: Red Sunrise: 8:50AM	Durmukha 5118	
Family Home Evening		Yama	11:35AM – 12:30PM	Vriddhi Until 10:26AM	Muruga: White Sunset: 4:11PM	Moon 1 - Phase 39	
Creative Work Siddha Yoga		Rahu	9:45AM – 10:40AM	Bava Until 6:42AM	Nataraja: Green	2nd Phase	
				Ekadashi* Until 7:49PM	Moon – Orange	Bhuloka Day	
					Pausha*Thai	Devaloka Time: 9:AM to12:PM	

4		Tuesday, January 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Vrischika Rasi: 26.59		Tihti 27		Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 282	
972861366		Gulika	12:31PM – 1:26PM	Jyeshtha* Until 11:49AM	Ganesha: Blue Sunrise: 8:48AM	Durmukha 5118	
Routine Work Marana Yoga		Yama	10:39AM – 11:35AM	Dhruva Until 10:57AM	Muruga: White Sunset: 4:13PM	Moon 1 - Phase 39	
Until 11:49AM		Rahu	2:22PM – 3:18PM	Kaulava Until 8:54AM	Nataraja: Green	2nd Phase	
Then Creative Work - Amrita Yoga				Dvadashi* Until 9:50PM	Moon – Orange	Devaloka Day	
					Pausha*Thai		

5		Wednesday, January 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 9.08		Tihti 28		Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 283	
982861366		Gulika	11:35AM – 12:31PM	Mula* Until 2:12PM	Ganesha: Red Sunrise: 8:46AM	Durmukha 5118	
Routine Work Marana Yoga		Yama	9:42AM – 10:39AM	Vyaghata* Until 11:11AM	Muruga: White Sunset: 4:16PM	Moon 1 - Phase 39	
Until 2:12PM		Rahu	12:31PM – 1:27PM	Gara Until 10:42AM	Nataraja: Green	2nd Phase	
Then Creative Work - Amrita Yoga				Trayodashi* Until 11:25PM	Moon – Light Blue	Bhuloka Day	
					Pausha*Thai	Devaloka Time: 9:AM to12:PM	
					<i>Pradosha Vrata (Fasting)</i>		

6		Thursday, January 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Dhanus Rasi: 21.28		Tihti 29		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 284	
982861366		Gulika	10:38AM – 11:34AM	Purvashadha* Until 3:59PM	Ganesha: Red Sunrise: 8:44AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama	8:44AM – 9:41AM	Harshana Until 11:06AM	Muruga: White Sunset: 4:18PM	Moon 1 - Phase 39	
Until 3:59PM		Rahu	1:28PM – 2:25PM	Visti Until 12:03PM	Nataraja: Green	2nd Phase	
Then Routine Work - Marana Yoga				Chaturdashi* Until 12:31AM Fri	Moon – Light Blue	Bhuloka Day	
					Pausha*Thai	Devaloka Time: 9:AM to12:PM	

Retreat Star		Friday, January 27, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 4.01		Tihti 30		Uttarashadha*/Shravana Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 285	
982861366		Gulika	9:40AM – 10:37AM	Uttarashadha Until 5:08PM	Ganesha: Red Sunrise: 8:42AM	Durmukha 5118	
Routine Work Marana Yoga		Yama	2:26PM – 3:23PM	Vajra* Until 10:36AM	Muruga: White Sunset: 4:21PM	Moon 1 - Phase 39	
		Rahu	11:34AM – 12:31PM	Catuspada Until 12:54PM	Nataraja: Green	Amavasya	
				Amavasya* Until 1:07AM Sat	Moon – Light Blue	Bhuloka Day	
					Pausha*Thai	Devaloka Time: 9:AM to12:PM	

Retreat Star		Saturday, January 28, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Makara Rasi: 16.47		Tihti 1		Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 286	
992861366		Gulika	8:40AM – 9:38AM	Shravana Until 6:07PM	Ganesha: Yellow Sunrise: 8:40AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama	1:30PM – 2:27PM	Siddhi Until 9:44AM	Muruga: White Sunset: 4:23PM	Moon 1 - Phase 39	
		Rahu	10:36AM – 11:34AM	Kintughna Until 1:15PM	Nataraja: Green	Prathama	
				Prathama* Until 1:14AM Sun	Moon – Purple	Bhuloka Day	
					Magha*Thai	Devaloka Time: 9:AM to12:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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1 Sunday, January 29, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Makara Rasi: 29.47 Tithi 2		Dhanishtha Nakshatra Vyatipata* Varyayan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 287
992861366		Gulika 2:29PM – 3:27PM	Dhanishtha Until 6:31PM	Ganesha: Yellow <i>Sunrise:</i> 8:38AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 12:32PM – 1:30PM	Vyatipata* Until 8:31AM	Muruga: White <i>Sunset:</i> 4:26PM	Moon 1 - Phase 40	
Until 6:31PM		Rahu 3:27PM – 4:26PM	Balava Until 1:08PM	Nataraja: Green	3rd Phase	
Then Creative Work - Siddha Yoga					Moon – Purple	Bhuloka Day
					Magha-Thai	Devaloka Time: 9:AM to 12:PM

2 Monday, January 30, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Kumbha Rasi: 13.01 Tithi 3		Shatabhishak Nakshatra Varyayan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 288
992861366		Gulika 1:31PM – 2:30PM	Shatabhishak Until 6:22PM	Ganesha: Yellow <i>Sunrise:</i> 8:36AM	Durmukha 5118	
Family Home Evening		Yama 11:33AM – 12:32PM	Variyan Until 6:57AM	Muruga: White <i>Sunset:</i> 4:28PM	Moon 1 - Phase 40	
Creative Work Siddha Yoga		Rahu 9:35AM – 10:34AM	Tailila Until 12:36PM	Nataraja: Green	3rd Phase	
Until 6:22PM					Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga					Magha-Thai	Devaloka Time: 9:AM to 12:PM

3 Tuesday, January 31, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Kumbha Rasi: 26.26 Tithi 4		Purvaprossthapada* Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Sun 18 Sutra 289
912861366		Gulika 12:32PM – 1:32PM	Purvaprossthapada* Until 6:10PM	Ganesha: White <i>Sunrise:</i> 8:34AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 10:33AM – 11:33AM	Shiva Until 3:01AM Wed	Muruga: White <i>Sunset:</i> 4:31PM	Moon 1 - Phase 40	
Until 6:10PM		Rahu 2:32PM – 3:31PM	Vanija Until 11:43AM	Nataraja: Green	3rd Phase	
Then Creative Work - Amrita Yoga					Moon – Clear	Devaloka Day
					Magha-Thai	

4 Wednesday, February 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Meena Rasi: 10.03 Tithi 5		Uttaraprossthapada/Revati Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 290
912861366		Gulika 11:33AM – 12:32PM	Uttaraprossthapada Until 5:32PM	Ganesha: White <i>Sunrise:</i> 8:34AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 9:33AM – 10:33AM	Siddha Until 12:40AM Thu	Muruga: White <i>Sunset:</i> 4:31PM	Moon 1 - Phase 40	
Until 5:32PM		Rahu 12:32PM – 1:32PM	Bava Until 10:30AM	Nataraja: Green	3rd Phase	
Then Routine Work - Marana Yoga					Moon – Clear	Devaloka Day
					Magha-Thai	

5 Thursday, February 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
Meena Rasi: 23.5 Tithi 6		Revati/Ashvini Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashtayam Titau				Sun 20 Sutra 291
912861366		Gulika 10:32AM – 11:32AM	Revati Until 4:29PM	Ganesha: White <i>Sunrise:</i> 8:31AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 8:31AM – 9:32AM	Sadhya Until 10:08PM	Muruga: White <i>Sunset:</i> 4:33PM	Moon 1 - Phase 40	
Until 4:29PM		Rahu 1:33PM – 2:33PM	Kaulava Until 9:01AM	Nataraja: Green	3rd Phase	
Then Creative Work - Amrita Yoga					Moon – Clear	Devaloka Day
					Magha-Thai	

6 Friday, February 3, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Mesha Rasi: 7.46 Tithi 7		Ashvini/Bharani Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 292
923861367		Gulika 9:30AM – 10:31AM	Ashvini Until 3:29PM	Ganesha: White <i>Sunrise:</i> 8:29AM	Durmukha 5118	
Creative Work Amrita Yoga		Yama 2:34PM – 3:35PM	Subha Until 7:25PM	Muruga: White <i>Sunset:</i> 4:36PM	Moon 1 - Phase 40	
Until 3:29PM		Rahu 11:32AM – 12:32PM	Gara Until 7:17AM	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga					Moon – White	Bhuloka Day
					Magha-Thai	

Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
Mesha Rasi: 21.51 Tithi 8 – 9		Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 293
923861367		Gulika 8:27AM – 9:28AM	Bharani Until 2:09PM	Ganesha: White <i>Sunrise:</i> 8:27AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 1:34PM – 2:36PM	Sukla Until 4:32PM	Muruga: White <i>Sunset:</i> 4:39PM	Moon 1 - Phase 40	
Until 2:09PM		Rahu 10:30AM – 11:31AM	Balava Until 3:12AM Sun	Nataraja: White	Ashtami	
Then Creative Work - Amrita Yoga					Moon – White	Bhuloka Day
					Magha-Thai	


Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Vrisabha Rasi: 6.02 Tithi 9 – 10		Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Sun 23 Sutra 294
923861367		Gulika 2:37PM – 3:39PM	Krittika Until 12:31PM	Ganesha: White <i>Sunrise:</i> 8:24AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 12:33PM – 1:35PM	Brahma Until 1:32PM	Muruga: White <i>Sunset:</i> 4:41PM	Moon 1 - Phase 40	
		Rahu 3:39PM – 4:41PM	Tailila Until 12:56AM Mon	Nataraja: White	Navami	
					Moon – White	Bhuloka Day
					Magha-Thai	

1		Monday, February 6, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Vrishabha Rasi: 20.19		Tithi 10 – 11		Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Sun 24		Sutra 295	
Family Home Evening		933861367		Gulika 1:36PM – 2:38PM	Rohini Until 11:02AM	Ganesh: Clear	<i>Sunrise:</i> 8:22AM	Dur mukha 5118	
Creative Work		Amrita Yoga		Yama 11:30AM – 12:33PM	Indra Until 10:26AM	Muruga: White	<i>Sunset:</i> 4:44PM	Moon 1 - Phase 41	
				Rahu 9:25AM – 10:27AM	Vanija Until 10:35PM	Nataraja: White		4th Phase	
					Dashami Until 11:44AM	Moon – Yellow		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	

2		Tuesday, February 7, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 4.38		Tithi 11 – 12		Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 296	
Creative Work		Siddha Yoga		Gulika 12:33PM – 1:36PM	Mrigashira Until 9:23AM	Ganesh: Clear	<i>Sunrise:</i> 8:20AM	Dur mukha 5118	
Until 9:23AM				Yama 10:26AM – 11:30AM	Vaidhriti* Until 7:18AM	Muruga: White	<i>Sunset:</i> 4:46PM	Moon 1 - Phase 41	
Then Routine Work - Marana Yoga				Rahu 2:40PM – 3:43PM	Bava Until 8:14PM	Nataraja: White		4th Phase	
					Ekadashi Until 9:23AM	Moon – Yellow		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	

3		Wednesday, February 8, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 18.56		Tithi 12 – 13		Ardra/Punarvasu Nakshatra Priti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 297	
Creative Work		Siddha Yoga		Gulika 11:29AM – 12:33PM	Ardra Until 7:38AM	Ganesh: Clear	<i>Sunrise:</i> 8:17AM	Dur mukha 5118	
				Yama 9:21AM – 10:25AM	Priti Until 1:13AM Thu	Muruga: White	<i>Sunset:</i> 4:49PM	Moon 1 - Phase 41	
				Rahu 12:33PM – 1:37PM	Taitila Until 4:54AM Thu	Nataraja: White		4th Phase	
					Dvadashi Until 7:04AM	Moon – Yellow		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	
						<i>Pradosha Vrata</i>			

4		Thursday, February 9, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Kataka Rasi: 3.08		Tithi 14		Punarvasu/Pushya Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 298	
Creative Work		Amrita Yoga		Gulika 10:24AM – 11:28AM	Punarvasu Until 6:19AM	Ganesh: Purple	<i>Sunrise:</i> 8:15AM	Dur mukha 5118	
				Yama 8:15AM – 9:19AM	Ayushman Until 10:25PM	Muruga: White	<i>Sunset:</i> 4:51PM	Moon 1 - Phase 41	
				Rahu 1:38PM – 2:42PM	Gara Until 3:56PM	Nataraja: White		4th Phase	
					Chaturdashi* Until 3:01AM Fri	Moon – Blue		Bhuloka Day	
						Magha-Thai			

		Friday, February 10, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Copper Retreat Star		Tithi 15		Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Sun 29		Sutra 299	
Kataka Rasi: 17.09				Gulika 9:17AM – 10:23AM	Ashlesha* Until 4:13AM Sat	Ganesh: Purple	<i>Sunrise:</i> 8:12AM	Dur mukha 5118	
Routine Work		Marana Yoga		Yama 2:44PM – 3:49PM	Saubhagya Until 7:55PM	Muruga: White	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 41	
Until 4:13AM Sat				Rahu 11:28AM – 12:33PM	Visti Until 2:14PM	Nataraja: White		Purnima	
Then Creative Work - Amrita Yoga					Purnima* Until 1:31AM Sat	Moon – Blue		Bhuloka Day	
						Magha-Thai			

5		Saturday, February 11, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Silver Retreat Star		Tithi 16		Magha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 30		Sutra 300	
Simha Rasi: 0.55				Gulika 8:10AM – 9:15AM	Magha* Until 4:06AM Sun	Ganesh: Clear	<i>Sunrise:</i> 8:10AM	Dur mukha 5118	
Creative Work		Amrita Yoga		Yama 1:39PM – 2:45PM	Sobhana Until 5:50PM	Muruga: White	<i>Sunset:</i> 4:57PM	Moon 1 - Phase 41	
Until 4:06AM Sun				Rahu 10:21AM – 11:27AM	Balava Until 12:59PM	Nataraja: White		Prathama	
Then Creative Work - Siddha Yoga					Prathama* Until 12:32AM Sun	Moon – Red		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	



Sunday, February 12, 2017

Gold Retreat Star

Simha Rasi: 14.23 Tiithi 17

953861367

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 301

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Gulika 2:46PM – 3:53PM

Yama 12:33PM – 1:40PM

Rahu 3:53PM – 4:59PM

Purvaphalguni Until 4:26AM Mon

Athiganda* Until 4:10PM

Tailila Until 12:17PM

Dvitiya Until 12:09AM Mon

Ganesha: Clear *Sunrise:* 8:07AM

Muruga: White *Sunset:* 4:59PM

Nataraja: White

Moon – Red

Magha-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1

Monday, February 13, 2017

Simha Rasi: 27.3 Tiithi 18

Family Home Evening

Creative Work Siddha Yoga

953861367

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 302

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Gulika 1:40PM – 2:47PM

Yama 11:26AM – 12:33PM

Rahu 9:12AM – 10:19AM

Uttaraphalguni Until 5:15AM Tue

Sukarma Until 3:01PM

Vanija Until 12:14PM

Tritiya Until 12:26AM Tue

Ganesha: Clear *Sunrise:* 8:04AM

Muruga: White *Sunset:* 5:02PM

Nataraja: White

Moon – Red

Magha-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Tuesday, February 14, 2017

Kanya Rasi: 10.18 Tiithi 19

Creative Work Siddha Yoga

963861367

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 2 Sutra 303

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Gulika 12:33PM – 1:41PM

Yama 10:17AM – 11:25AM

Rahu 2:49PM – 3:57PM

Hasta Until 7:01AM Wed

Dhriti Until 2:24PM

Bava Until 12:51PM

Chaturthi* Until 1:23AM Wed

Ganesha: White *Sunrise:* 8:02AM

Muruga: White *Sunset:* 5:04PM

Nataraja: White

Moon – Green

Magha-Masi

Bhuloka Day

Maha Sankatahara Chaturthi

3

Wednesday, February 15, 2017

Kanya Rasi: 22.47 Tiithi 20

Routine Work Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

963861367

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 304

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Gulika 11:25AM – 12:33PM

Yama 9:08AM – 10:16AM

Rahu 12:33PM – 1:42PM

Hasta Until 7:01AM

Shula* Until 2:15PM

Kaulava Until 2:06PM

Panchami Until 2:56AM Thu

Ganesha: White *Sunrise:* 7:59AM

Muruga: White *Sunset:* 5:07PM

Nataraja: White

Moon – Green

Magha-Masi

Bhuloka Day

4

Thursday, February 16, 2017

Tula Rasi: 5.02 Tiithi 21

Creative Work Siddha Yoga

Until 9:12AM

Then Creative Work - Amrita Yoga

963961367

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 305

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Gulika 10:15AM – 11:24AM

Yama 7:57AM – 9:06AM

Rahu 1:42PM – 2:51PM

Chitra Until 9:12AM

Ganda* Until 2:31PM

Gara Until 3:55PM

Shashthi* Until 4:58AM Fri

Ganesha: Yellow *Sunrise:* 7:57AM

Muruga: White *Sunset:* 5:09PM

Nataraja: White

Moon – Green

Magha-Masi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

5

Friday, February 17, 2017

Tula Rasi: 17.06 Tiithi 22

Creative Work Siddha Yoga

964961367

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Visti* Karana Saptamyam Titau

Oslo, Norway

Sun 5 Sutra 306

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Gulika 9:04AM – 10:13AM

Yama 2:53PM – 4:02PM

Rahu 11:23AM – 12:33PM

Svati Until 11:37AM

Vridhi Until 3:07PM

Visti Until 6:08PM

Saptami Until 7:18AM Sat

Ganesha: White *Sunrise:* 7:54AM

Muruga: White *Sunset:* 5:12PM

Nataraja: White

Moon – Green

Magha-Masi

Bhuloka Day

D

Saturday, February 18, 2017

Retreat Star

Tula Rasi: 29.02 Tiithi 22 – 23

Creative Work Siddha Yoga

974971367

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 307

Durmukha 5118

Moon 2 - Phase 42

Ashtami

Gulika 7:51AM – 9:02AM

Yama 1:43PM – 2:54PM

Rahu 10:12AM – 11:23AM

Vishakha Until 2:38PM

Dhruva Until 3:52PM

Balava Until 8:33PM

Saptami Until 7:18AM

Ganesha: Yellow *Sunrise:* 7:51AM

Muruga: Yellow *Sunset:* 5:15PM

Nataraja: White

Moon – Orange

Magha-Masi

Devaloka Day

Sunday, February 19, 2017

Retreat Star

Vrischika Rasi: 10.56 Tiithi 23 – 24

Routine Work Marana Yoga

974971367

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 7 Sutra 308

Durmukha 5118

Moon 2 - Phase 42

Navami

Gulika 2:55PM – 4:06PM

Yama 12:33PM – 1:44PM

Rahu 4:06PM – 5:17PM

Anuradha Until 5:32PM

Vyaghata* Until 4:40PM

Tailila Until 10:59PM

Ashtami* Until 9:46AM

Ganesha: Yellow *Sunrise:* 7:49AM

Muruga: Yellow *Sunset:* 5:17PM

Nataraja: White

Moon – Orange

Magha-Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1		Monday, February 20, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway
Vrischika Rasi: 22.51		Tithi 24 – 25		Jyeshtha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 309
Family Home Evening		984971367		Gulika	1:44PM – 2:56PM	Jyeshtha* Until 8:07PM	Ganesha: Yellow	<i>Sunrise: 7:46AM</i>
Creative Work Siddha Yoga				Yama	11:21AM – 12:33PM	Harshana Until 5:22PM	Muruga: Yellow	<i>Sunset: 5:20PM</i>
				Rahu	8:58AM – 10:09AM	Vanija Until 1:14AM Tue	Nataraja: White	Moon 2 - Phase 43
						Navami* Until 12:07PM	Moon – Orange	Devaloka Day
							Magha-Masi	

2		Tuesday, February 21, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway
Dhanus Rasi: 4.52		Tithi 25 – 26		Mula* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 310
Creative Work Amrita Yoga		984971367		Gulika	12:33PM – 1:45PM	Mula* Until 10:42PM	Ganesha: Blue	<i>Sunrise: 7:43AM</i>
Until 10:42PM				Yama	10:08AM – 11:20AM	Vajra* Until 5:48PM	Muruga: Yellow	<i>Sunset: 5:22PM</i>
Then Creative Work - Siddha Yoga				Rahu	2:57PM – 4:10PM	Bava Until 3:05AM Wed	Nataraja: White	Moon 2 - Phase 43
						Dashami Until 2:12PM	Moon – Light Blue	Bhuloka Day
							Magha-Masi	Devaloka Time: 12:PM to 3:PM

3		Wednesday, February 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Oslo, Norway
Dhanus Rasi: 17.02		Tithi 26 – 27		Purvashadha* Nakshatra Siddhi/Vyatlipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 311
Creative Work Amrita Yoga		984971367		Gulika	11:20AM – 12:33PM	Purvashadha* Until 12:38AM Thu	Ganesha: Blue	<i>Sunrise: 7:40AM</i>
Until 12:38AM Thu				Yama	8:53AM – 10:06AM	Siddhi Until 5:52PM	Muruga: Yellow	<i>Sunset: 5:25PM</i>
Then Routine Work - Marana Yoga				Rahu	12:33PM – 1:46PM	Kaulava Until 4:24AM Thu	Nataraja: White	Moon 2 - Phase 43
						Ekadashi* Until 3:48PM	Moon – Light Blue	Bhuloka Day
							Magha-Masi	Devaloka Time: 12:PM to 3:PM

4		Thursday, February 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Oslo, Norway
Dhanus Rasi: 29.27		Tithi 27 – 28		Uttarashadha Nakshatra Vyatlipata*/Varyan Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 312
Routine Work Marana Yoga		984971367		Gulika	10:05AM – 11:19AM	Uttarashadha Until 1:49AM Fri	Ganesha: Blue	<i>Sunrise: 7:38AM</i>
				Yama	7:38AM – 8:51AM	Vyatlipata* Until 5:31PM	Muruga: Yellow	<i>Sunset: 5:27PM</i>
				Rahu	1:46PM – 3:00PM	Gara Until 5:05AM Fri	Nataraja: White	Moon 2 - Phase 43
						Dvadashi* Until 4:48PM	Moon – Light Blue	Bhuloka Day
						<i>Pradosha Vrata (Fasting)</i>	Magha-Masi	Devaloka Time: 12:PM to 3:PM

5		Friday, February 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Oslo, Norway
Makara Rasi: 12.08		Tithi 28 – 29		Shravana Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 313
Routine Work Marana Yoga		994971367		Gulika	8:49AM – 10:04AM	Shravana Until 2:41AM Sat	Ganesha: Blue	<i>Sunrise: 7:35AM</i>
Until 2:41AM Sat				Yama	3:01PM – 4:15PM	Varyan Until 4:38PM	Muruga: Yellow	<i>Sunset: 5:30PM</i>
Then Creative Work - Siddha Yoga				Rahu	11:18AM – 12:32PM	Visti Until 5:07AM Sat	Nataraja: White	Moon 2 - Phase 43
						Trayodashi* Until 5:10PM	Moon – Purple	Bhuloka Day
				Mahasivaratri (Lunar)			Magha-Masi	Devaloka Time: 12:PM to 3:PM
				Mahasivaratri (Solar)				

6		Saturday, February 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Oslo, Norway
Makara Rasi: 25.08		Tithi 29 – 30		Dhanishtha Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 314
Creative Work Siddha Yoga		994971367		Gulika	7:32AM – 8:47AM	Dhanishtha Until 2:46AM Sun	Ganesha: Blue	<i>Sunrise: 7:32AM</i>
				Yama	1:47PM – 3:02PM	Parigha* Until 3:15PM	Muruga: Yellow	<i>Sunset: 5:32PM</i>
				Rahu	10:02AM – 11:17AM	Catuspada Until 4:31AM Sun	Nataraja: White	Moon 2 - Phase 43
						Chaturdashi* Until 4:53PM	Moon – Purple	Bhuloka Day
							Magha-Masi	Devaloka Time: 12:PM to 3:PM

Retreat Star		Sunday, February 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway
Kumbha Rasi: 8.28		Tithi 30 – 1		Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 315
Creative Work Siddha Yoga		994971367		Gulika	3:03PM – 4:19PM	Shatabhishak Until 2:09AM Mon	Ganesha: Blue	<i>Sunrise: 7:29AM</i>
Until 2:09AM Mon				Yama	12:32PM – 1:48PM	Shiva Until 1:25PM	Muruga: Yellow	<i>Sunset: 5:35PM</i>
Then Routine Work - Marana Yoga				Rahu	4:19PM – 5:35PM	Kintughna Until 3:22AM Mon	Nataraja: White	Moon 2 - Phase 43
						Amavasya* Until 3:59PM	Moon – Purple	Bhuloka Day
				Annular Solar Eclipse			Magha-Masi	Devaloka Time: 12:PM to 3:PM

Retreat Star		Monday, February 27, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway
Kumbha Rasi: 22.07		Tithi 1 – 2		Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15		Sutra 316
Family Home Evening		914971367		Gulika	1:48PM – 3:05PM	Purvaproshtapada* Until 1:23AM Tue	Ganesha: Yellow	<i>Sunrise: 7:26AM</i>
Routine Work Marana Yoga				Yama	11:15AM – 12:32PM	Siddha Until 11:09AM	Muruga: Yellow	<i>Sunset: 5:37PM</i>
Until 1:23AM Tue				Rahu	8:43AM – 9:59AM	Balava Until 1:45AM Tue	Nataraja: White	Moon 2 - Phase 43
Then Creative Work - Amrita Yoga						Prathama* Until 2:35PM	Moon – Clear	Devaloka Day
							Phalguna-Masi	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Tuesday, February 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Yoga Gara/Vanija Karana Tritiya/Chaturti/Titlayam Titau		Oslo, Norway Sun 16 Sutra 317 Durmukha 5118	
Meena Rasi: 6.01	Tithi 2 – 3	Gulika	12:32PM – 1:49PM	Uttaraproshtapada Until 12:09AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM			
		Yama	9:58AM – 11:15AM	Sadhya Until 8:34AM	Muruga: Yellow	<i>Sunset:</i> 5:40PM		Moon 2 - Phase 44	
		914971367 Rahu	3:06PM – 4:23PM	Taitila Until 11:48PM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga			Dvitiya Until 12:48PM	Moon – Clear			Devaloka Day	
Until 12:09AM Wed					Phalguna-Masi				
Then Routine Work - Marana Yoga									

2		Wednesday, March 1, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturti/Titlayam Titau		Oslo, Norway Sun 17 Sutra 318 Durmukha 5118	
Meena Rasi: 20.07	Tithi 3 – 4	Gulika	11:13AM – 12:31PM	Revati Until 10:32PM	Ganesha: Yellow	<i>Sunrise:</i> 7:18AM			
		Yama	8:36AM – 9:55AM	Sukla Until 2:45AM Thu	Muruga: Yellow	<i>Sunset:</i> 5:45PM		Moon 2 - Phase 44	
		914971367 Rahu	12:31PM – 1:50PM	Vanija Until 9:38PM	Nataraja: White			3rd Phase	
Routine Work	Marana Yoga			Tritiya Until 10:43AM	Moon – Clear			Devaloka Day	
					Phalguna-Masi				

Subramuniyaswami Siva Vision Day

3		Thursday, March 2, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturti/Panchamyam Titau		Oslo, Norway Sun 18 Sutra 319 Durmukha 5118	
Mesha Rasi: 4.2	Tithi 4 – 5	Gulika	9:53AM – 11:12AM	Ashvini Until 9:06PM	Ganesha: Yellow	<i>Sunrise:</i> 7:15AM			
		Yama	7:15AM – 8:34AM	Brahma Until 11:42PM	Muruga: Yellow	<i>Sunset:</i> 5:47PM		Moon 2 - Phase 44	
		925971367 Rahu	1:50PM – 3:09PM	Bava Until 7:21PM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga			Chaturti* Until 8:29AM	Moon – White			Devaloka Day	
Until 9:06PM					Phalguna-Masi				
Then Creative Work - Siddha Yoga									

4		Friday, March 3, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Oslo, Norway Sun 19 Sutra 320 Durmukha 5118	
Mesha Rasi: 18.37	Tithi 5 – 6	Gulika	8:32AM – 9:52AM	Bharani Until 7:30PM	Ganesha: Yellow	<i>Sunrise:</i> 7:12AM			
		Yama	3:10PM – 4:30PM	Indra Until 8:39PM	Muruga: Yellow	<i>Sunset:</i> 5:50PM		Moon 2 - Phase 44	
		925971367 Rahu	11:11AM – 12:31PM	Taitila Until 3:52AM Sat	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Panchami Until 6:10AM	Moon – White			Devaloka Day	
					Phalguna-Masi				

5		Saturday, March 4, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 20 Sutra 321 Durmukha 5118	
Vrishabha Rasi: 2.53	Tithi 7	Gulika	7:09AM – 8:30AM	Krittika Until 5:50PM	Ganesha: Yellow	<i>Sunrise:</i> 7:09AM			
		Yama	1:51PM – 3:11PM	Vaidhriti* Until 5:37PM	Muruga: Yellow	<i>Sunset:</i> 5:52PM		Moon 2 - Phase 44	
		925971367 Rahu	9:50AM – 11:10AM	Gara Until 2:46PM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga			Saptami Until 1:39AM Sun	Moon – White			Devaloka Day	
					Phalguna-Masi				

☾		Sunday, March 5, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 322 Durmukha 5118	
Retreat Star		Gulika	3:13PM – 4:34PM	Rohini Until 4:32PM	Ganesha: White	<i>Sunrise:</i> 7:06AM			
Vrishabha Rasi: 17.07	Tithi 8	Yama	12:31PM – 1:52PM	Vishkambha* Until 2:42PM	Muruga: Yellow	<i>Sunset:</i> 5:55PM		Moon 2 - Phase 44	
		135971367 Rahu	4:34PM – 5:55PM	Visti Until 12:36PM	Nataraja: White			Ashtami	
Creative Work	Siddha Yoga			Ashtami* Until 11:33PM	Moon – Yellow			Sivaloka Day	
					Phalguna-Masi				

☾		Monday, March 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 22 Sutra 323 Durmukha 5118	
Retreat Star		Gulika	1:52PM – 3:14PM	Mrigashira Until 3:16PM	Ganesha: White	<i>Sunrise:</i> 7:03AM			
Mithuna Rasi: 1.14	Tithi 9	Yama	11:09AM – 12:30PM	Priti Until 11:54AM	Muruga: Yellow	<i>Sunset:</i> 5:57PM		Moon 2 - Phase 44	
Family Home Evening		135971367 Rahu	8:25AM – 9:47AM	Balava Until 10:35AM	Nataraja: White			Navami	
Creative Work	Amrita Yoga			Navami* Until 9:38PM	Moon – Yellow			Sivaloka Day	
Until 3:16PM					Phalguna-Masi				
Then Creative Work - Siddha Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Tuesday, March 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 15.14		Tihti 10		Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 324	
Routine Work		Marana Yoga		Until 2:02PM		Then Creative Work - Siddha Yoga		135971367	
		Gulika		12:30PM – 1:52PM		Ardra Until 2:02PM		Ganesha: White <i>Sunrise: 7:00AM</i>	
		Yama		9:45AM – 11:08AM		Ayushman Until 9:15AM		Muruga: Yellow <i>Sunset: 6:00PM</i>	
		Rahu		3:15PM – 4:37PM		Taitila Until 8:45AM		Moon 2 - Phase 45	
						Dashami Until 7:54PM		Moon – Yellow	
						Phalguna-Masi		Sivaloka Day	

2		Wednesday, March 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 29.07		Tihti 11		Pushya/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 325	
Creative Work		Siddha Yoga		Until 12:45PM		Then Creative Work - Siddha Yoga		145971367	
		Gulika		11:07AM – 12:30PM		Punarvasu Until 1:20PM		Ganesha: Clear <i>Sunrise: 6:58AM</i>	
		Yama		8:21AM – 9:44AM		Saubhagya Until 6:47AM		Muruga: Yellow <i>Sunset: 6:02PM</i>	
		Rahu		12:30PM – 1:53PM		Vanija Until 7:09AM		Moon 2 - Phase 45	
						Ekadashi Until 6:25PM		Moon – Blue	
						Phalguna-Masi		Devaloka Day	

3		Thursday, March 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Kataka Rasi: 12.5		Tihti 12 – 13		Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25		Sutra 326	
Creative Work		Amrita Yoga		Until 12:45PM		Then Creative Work - Siddha Yoga		145971367	
		Gulika		9:42AM – 11:06AM		Pushya Until 12:45PM		Ganesha: Clear <i>Sunrise: 6:55AM</i>	
		Yama		6:55AM – 8:18AM		Athiganda* Until 2:30AM Fri		Muruga: Yellow <i>Sunset: 6:05PM</i>	
		Rahu		1:53PM – 3:17PM		Kaulava Until 4:46AM Fri		Moon 2 - Phase 45	
						Dvadashi Until 5:13PM		Moon – Blue	
						Pradosha Vrata		Phalguna-Masi	
								Devaloka Day	

4		Friday, March 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Kataka Rasi: 26.22		Tihti 13 – 14		Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26		Sutra 327	
Routine Work		Marana Yoga		Until 12:45PM		Then Creative Work - Siddha Yoga		145971367	
		Gulika		8:16AM – 9:40AM		Ashlesha* Until 12:20PM		Ganesha: Clear <i>Sunrise: 6:52AM</i>	
		Yama		3:18PM – 4:43PM		Sukarma Until 12:47AM Sat		Muruga: Yellow <i>Sunset: 6:07PM</i>	
		Rahu		11:05AM – 12:29PM		Gara Until 4:06AM Sat		Moon 2 - Phase 45	
						Trayodashi Until 4:22PM		Moon – Blue	
								Phalguna-Masi	
								Devaloka Day	

5		Saturday, March 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Simha Rasi: 9.41		Tihti 14 – 15		Magha*/Purvaphalguni Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 328	
Creative Work		Amrita Yoga		Until 12:36PM		Then Creative Work - Siddha Yoga		156971367	
		Gulika		6:49AM – 8:14AM		Magha* Until 12:36PM		Ganesha: Clear <i>Sunrise: 6:49AM</i>	
		Yama		1:54PM – 3:19PM		Dhriti Until 11:24PM		Muruga: Yellow <i>Sunset: 6:09PM</i>	
		Rahu		9:39AM – 11:04AM		Visti Until 3:51AM Sun		Moon 2 - Phase 45	
						Chaturdashi* Until 3:54PM		Moon – Red	
						Chidambaram Abhishekam		Phalguna-Masi	
								Devaloka Day	

0		Sunday, March 12, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Simha Rasi: 22.48		Tihti 15 – 16		Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 329	
Creative Work		Siddha Yoga		Until 1:09PM		Then Creative Work - Amrita Yoga		156971367	
		Gulika		3:20PM – 4:46PM		Purvaphalguni Until 1:09PM		Ganesha: Clear <i>Sunrise: 6:46AM</i>	
		Yama		12:29PM – 1:55PM		Shula* Until 10:21PM		Muruga: Yellow <i>Sunset: 6:12PM</i>	
		Rahu		4:46PM – 6:12PM		Balava Until 4:05AM Mon		Moon 2 - Phase 45	
						Purnima* Until 3:53PM		Moon – Red	
						Holi		Phalguna-Masi	
								Devaloka Day	

Monday, March 13, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Kanya Rasi: 5.4		Tihti 16 – 17		Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29		Sutra 330	
Family Home Evening		Siddha Yoga		Until 1:09PM		Then Creative Work - Amrita Yoga		156171367	
		Gulika		1:55PM – 3:21PM		Uttaraphalguni Until 2:01PM		Ganesha: Clear <i>Sunrise: 6:43AM</i>	
		Yama		11:02AM – 12:29PM		Ganda* Until 9:42PM		Muruga: Yellow <i>Sunset: 6:14PM</i>	
		Rahu		8:09AM – 9:36AM		Taitila Until 4:49AM Tue		Moon 2 - Phase 45	
						Prathama* Until 4:22PM		Moon – Red	
								Phalguna-Masi	
								Devaloka Day	



Tuesday, March 14, 2017

Gold Retreat Star

Kanya Rasi: 18.17 Tihi 17 – 18

Creative Work Siddha Yoga

166171368

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:28PM – 1:55PM

Yama 9:34AM – 11:01AM

Rahu 3:22PM – 4:50PM

Karadaiyan Nombu (Tamil Nadu)

Hasta Until 3:41PM

Vriddhi Until 9:27PM

Vanija Until 6:03AM Wed

Dvitiya Until 5:21PM

Ganesh: Purple *Sunrise:* 6:40AM

Muruga: Yellow *Sunset:* 6:17PM

Nataraja: White

Moon – Green
Phalguna•Panguni

Oslo, Norway

Sun 1 Sutra 331

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

1

Wednesday, March 15, 2017

Tula Rasi: 0.41 Tihi 18

Creative Work Siddha Yoga

166171368

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Chitra/Svati Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:00AM – 12:28PM

Yama 8:05AM – 9:32AM

Rahu 12:28PM – 1:56PM

Chitra Until 5:40PM

Dhruva Until 9:33PM

Vanija Until 6:03AM

Tritiya Until 6:49PM

Ganesh: Purple *Sunrise:* 6:37AM

Muruga: Yellow *Sunset:* 6:19PM

Nataraja: Clear

Moon – Green
Phalguna•Panguni

Oslo, Norway

Sun 2 Sutra 332

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Devaloka Day

2

Thursday, March 16, 2017

Tula Rasi: 12.55 Tihi 19

Creative Work Amrita Yoga

Until 7:54PM

Then Creative Work - Siddha Yoga

166171368

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam

Svati Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:31AM – 10:59AM

Yama 6:34AM – 8:02AM

Rahu 1:56PM – 3:25PM

Svati Until 7:54PM

Vyaghata* Until 9:58PM

Bava Until 7:44AM

Chaturthi* Until 8:42PM

Ganesh: Purple *Sunrise:* 6:34AM

Muruga: Yellow *Sunset:* 6:21PM

Nataraja: Clear

Moon – Green
Phalguna•Panguni

Oslo, Norway

Sun 3 Sutra 333

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Devaloka Day

3

Friday, March 17, 2017

Tula Rasi: 24.58 Tihi 20

Creative Work Siddha Yoga

176171368

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam

Vishakha Nakshatra Harshana Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 8:00AM – 9:29AM

Yama 3:26PM – 4:55PM

Rahu 10:58AM – 12:27PM

Vishakha Until 10:46PM

Harshana Until 10:39PM

Kaulava Until 9:48AM

Panchami Until 10:56PM

Ganesh: Clear *Sunrise:* 6:31AM

Muruga: Yellow *Sunset:* 6:24PM

Nataraja: Clear

Moon – Orange
Phalguna•Panguni

Oslo, Norway

Sun 4 Sutra 334

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Sivaloka Day

4

Saturday, March 18, 2017

Vrischika Rasi: 6.55 Tihi 21

Creative Work Siddha Yoga

Until 1:39AM Sun

Then Routine Work - Marana Yoga

177171368

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam

Anuradha Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:28AM – 7:58AM

Yama 1:57PM – 3:27PM

Rahu 9:28AM – 10:57AM

Anuradha Until 1:39AM Sun

Vajra* Until 11:27PM

Gara Until 12:08PM

Shashthi* Until 1:20AM Sun

Ganesh: Purple *Sunrise:* 6:28AM

Muruga: Yellow *Sunset:* 6:26PM

Nataraja: Clear

Moon – Orange
Phalguna•Panguni

Oslo, Norway

Sun 5 Sutra 335

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Subha Sivaloka Day

5

Sunday, March 19, 2017

Vrischika Rasi: 18.49 Tihi 22

Routine Work Marana Yoga

Until 4:22AM Mon

Then Creative Work - Siddha Yoga

177171368

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam

Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:28PM – 4:58PM

Yama 12:27PM – 1:57PM

Rahu 4:58PM – 6:29PM

Jyeshtha* Until 4:22AM Mon

Siddhi Until 12:16AM Mon

Visti Until 2:34PM

Saptami Until 3:44AM Mon

Ganesh: Purple *Sunrise:* 6:25AM

Muruga: Yellow *Sunset:* 6:29PM

Nataraja: Clear

Moon – Orange
Phalguna•Panguni

Oslo, Norway

Sun 6 Sutra 336

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Subha Sivaloka Day

☾

Monday, March 20, 2017

Retreat Star

Dhanus Rasi: 0.43 Tihi 23

Family Home Evening

Creative Work Siddha Yoga

187171368

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam

Mula* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:58PM – 3:29PM

Yama 10:55AM – 12:27PM

Rahu 7:53AM – 9:24AM

Mula* Until 7:14AM Tue

Vyatipata* Until 1:00AM Tue

Balava Until 4:54PM

Ashtami* Until 5:57AM Tue

Ganesh: Clear *Sunrise:* 6:22AM

Muruga: Yellow *Sunset:* 6:31PM

Nataraja: Clear

Moon – Light Blue
Phalguna•Panguni

Oslo, Norway

Sun 7 Sutra 337

Durmukha 5118

Moon 3 - Phase 46

Ashtami

Sivaloka Day

Tuesday, March 21, 2017

Retreat Star

Dhanus Rasi: 12.42 Tihi 24

Creative Work Amrita Yoga

Until 7:14AM

Then Creative Work - Siddha Yoga

187171368

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Mula*/Purvashadha* Nakshatra Variyan Yoga Tailila Karana Navamyam Titau

Gulika 12:26PM – 1:58PM

Yama 9:23AM – 10:54AM

Rahu 3:30PM – 5:02PM

Mula* Until 7:14AM

Variyan Until 1:24AM Wed

Tailila Until 6:56PM

Navami* Until 7:45AM Wed

Ganesh: Clear *Sunrise:* 6:19AM

Muruga: Yellow *Sunset:* 6:33PM

Nataraja: Clear

Moon – Light Blue
Phalguna•Panguni

Oslo, Norway

Sun 8 Sutra 338

Durmukha 5118

Moon 3 - Phase 46

Navami

Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Oslo, Norway Sun 9 Sutra 339 Durmukha 5118
Dhanus Rasi: 24.5	Tithi 24 – 25	Gulika	10:53AM – 12:26PM	Purvashadha* Until 9:32AM	Ganesha: Clear	<i>Sunrise: 6:16AM</i>	
		Yama	7:48AM – 9:21AM	Parigha* Until 1:25AM Thu	Muruga: Yellow	<i>Sunset: 6:36PM</i>	
		187171368 Rahu	12:26PM – 1:58PM	Vanija Until 8:28PM	Nataraja: Clear	Moon 3 - Phase 47	
Creative Work	Amrita Yoga			Navami* Until 7:45AM	Moon – Light Blue	2nd Phase	
					Phalguna•Panguni	Sivaloka Day	

2		Thursday, March 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Oslo, Norway Sun 10 Sutra 340 Durmukha 5118
Makara Rasi: 7.14	Tithi 25 – 26	Gulika	9:19AM – 10:52AM	Uttarashadha Until 11:06AM	Ganesha: Clear	<i>Sunrise: 6:13AM</i>	
		Yama	6:13AM – 7:46AM	Shiva Until 12:54AM Fri	Muruga: Yellow	<i>Sunset: 6:38PM</i>	
		187171368 Rahu	1:59PM – 3:32PM	Bava Until 9:19PM	Nataraja: Clear	Moon 3 - Phase 47	
Routine Work	Marana Yoga			Dashami Until 8:57AM	Moon – Light Blue	2nd Phase	
Until 11:06AM					Phalguna•Panguni	Sivaloka Day	
Then Creative Work - Siddha Yoga							

3		Friday, March 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau	Oslo, Norway Sun 11 Sutra 341 Durmukha 5118
Makara Rasi: 19.57	Tithi 26 – 27	Gulika	7:44AM – 9:18AM	Shravana Until 12:15PM	Ganesha: White	<i>Sunrise: 6:10AM</i>	
		Yama	3:33PM – 5:07PM	Siddha Until 11:45PM	Muruga: Yellow	<i>Sunset: 6:41PM</i>	
		197171368 Rahu	10:51AM – 12:25PM	Kaulava Until 9:23PM	Nataraja: Clear	Moon 3 - Phase 47	
Routine Work	Marana Yoga			Ekadashi* Until 9:26AM	Moon – Purple	2nd Phase	
Until 12:15PM					Phalguna•Panguni	Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

4		Saturday, March 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Oslo, Norway Sun 12 Sutra 342 Durmukha 5118
Kumbha Rasi: 3.03	Tithi 27 – 28	Gulika	6:07AM – 7:42AM	Dhanishtha Until 12:29PM	Ganesha: Clear	<i>Sunrise: 6:07AM</i>	
		Yama	2:00PM – 3:34PM	Sadhya Until 10:00PM	Muruga: Yellow	<i>Sunset: 6:43PM</i>	
		198171368 Rahu	9:16AM – 10:51AM	Gara Until 8:40PM	Nataraja: Clear	Moon 3 - Phase 47	
Creative Work	Siddha Yoga			Dvadashi* Until 9:06AM	Moon – Purple	2nd Phase	
Until 12:29PM				<i>Pradosha Vrata (Fasting)</i>	Phalguna•Panguni	Sivaloka Day	
Then Creative Work - Amrita Yoga							

5		Sunday, March 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Oslo, Norway Sun 13 Sutra 343 Durmukha 5118
Kumbha Rasi: 16.34	Tithi 28 – 29	Gulika	3:35PM – 5:10PM	Shatabhishak Until 11:49AM	Ganesha: Clear	<i>Sunrise: 6:04AM</i>	
		Yama	12:25PM – 2:00PM	Subha Until 7:41PM	Muruga: Yellow	<i>Sunset: 6:45PM</i>	
		198171368 Rahu	5:10PM – 6:45PM	Visti Until 7:14PM	Nataraja: Clear	Moon 3 - Phase 47	
Creative Work	Siddha Yoga			Trayodashi* Until 8:01AM	Moon – Purple	2nd Phase	
					Phalguna•Panguni	Sivaloka Day	

Monday, March 27, 2017		Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Oslo, Norway Sun 14 Sutra 344 Durmukha 5118
Meena Rasi: 0.29	Tithi 29 – 30	Gulika	2:00PM – 3:36PM	Purvaproshtapada* Until 10:48AM	Ganesha: White	<i>Sunrise: 6:01AM</i>	
Family Home Evening		Yama	10:49AM – 12:24PM	Sukla Until 4:51PM	Muruga: Yellow	<i>Sunset: 6:48PM</i>	
		118171368 Rahu	7:37AM – 9:13AM	Naga Until 3:56AM Tue	Nataraja: Clear	Moon 3 - Phase 47	
Routine Work	Marana Yoga			Chaturdashi* Until 6:15AM	Moon – Clear	Amavasya	
Until 10:48AM					Phalguna•Panguni	Devaloka Day	
Then Creative Work - Siddha Yoga							

Tuesday, March 28, 2017		Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau	Oslo, Norway Sun 15 Sutra 345 Durmukha 5118
Meena Rasi: 14.46	Tithi 1	Gulika	12:24PM – 2:01PM	Uttaraproshtapada Until 9:08AM	Ganesha: White	<i>Sunrise: 5:58AM</i>	
		Yama	9:11AM – 10:48AM	Brahma Until 1:39PM	Muruga: Yellow	<i>Sunset: 6:50PM</i>	
		118171368 Rahu	3:37PM – 5:14PM	Kintughna Until 2:38PM	Nataraja: Clear	Moon 3 - Phase 47	
Creative Work	Amrita Yoga			Prathama* Until 1:13AM Wed	Moon – Clear	Prathama	
Until 9:08AM		Yugadhi			Chaitra•Panguni	Devaloka Day	
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 29, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway	
Meena Rasi: 29.19		Tithi 2		Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16 Sutra 346	
Routine Work		Marana Yoga		Gulika 10:47AM – 12:24PM	Revati Until 6:57AM	Ganesha: White <i>Sunrise:</i> 5:55AM	Durmukha 5118
		118171368		Yama 7:32AM – 9:09AM	Indra Until 10:11AM	Muruga: Yellow <i>Sunset:</i> 6:53PM	Moon 3 - Phase 48
				Rahu 12:24PM – 2:01PM	Balava Until 11:46AM	Nataraja: Clear	3rd Phase
				Chellappaswami Mahasamadhi	Dvitiya Until 10:15PM	Moon – Clear	Devaloka Day
						Chaitra-Panguni	

2		Thursday, March 30, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 14.02		Tithi 3		Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 347	
Creative Work		Siddha Yoga		Gulika 9:08AM – 10:46AM	Bharani Until 2:33AM Fri	Ganesha: Green <i>Sunrise:</i> 5:52AM	Durmukha 5118
		128171368		Yama 5:52AM – 7:30AM	Vaidhriti* Until 6:33AM	Muruga: Yellow <i>Sunset:</i> 6:55PM	Moon 3 - Phase 48
				Rahu 2:01PM – 3:39PM	Taitila Until 8:44AM	Nataraja: Clear	3rd Phase
					Tritiya Until 7:11PM	Moon – White	Devaloka Day
						Chaitra-Panguni	

3		Friday, March 31, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway	
Mesha Rasi: 28.46		Tithi 4 – 5		Krittika Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 348	
Creative Work		Siddha Yoga		Gulika 7:28AM – 9:06AM	Krittika Until 12:13AM Sat	Ganesha: Orange <i>Sunrise:</i> 5:49AM	Durmukha 5118
Until 12:13AM Sat				Yama 3:40PM – 5:19PM	Priti Until 11:20PM	Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 3 - Phase 48
Then Creative Work - Amrita Yoga				Rahu 10:45AM – 12:23PM	Bava Until 2:45AM Sat	Nataraja: Clear	3rd Phase
					Chaturthi* Until 4:11PM	Moon – White	Sivaloka Day
						Chaitra-Panguni	

4		Saturday, April 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway	
Vrishabha Rasi: 13.25		Tithi 5 – 6		Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 349	
Creative Work		Amrita Yoga		Gulika 5:49AM – 7:28AM	Rohini Until 10:23PM	Ganesha: Green <i>Sunrise:</i> 5:49AM	Durmukha 5118
Until 10:23PM				Yama 2:02PM – 3:40PM	Ayushman Until 7:56PM	Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 3 - Phase 48
Then Creative Work - Siddha Yoga				Rahu 9:06AM – 10:45AM	Kaulava Until 12:03AM Sun	Nataraja: Clear	3rd Phase
					Panchami Until 1:21PM	Moon – Yellow	Subha Sivaloka Day
						Chaitra-Panguni	

5		Sunday, April 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway	
Vrishabha Rasi: 27.53		Tithi 6 – 7		Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 350	
Creative Work		Siddha Yoga		Gulika 3:41PM – 5:20PM	Mrigashira Until 8:45PM	Ganesha: Green <i>Sunrise:</i> 5:46AM	Durmukha 5118
		139171368		Yama 12:23PM – 2:02PM	Saubhagya Until 4:48PM	Muruga: Yellow <i>Sunset:</i> 7:00PM	Moon 3 - Phase 48
				Rahu 5:20PM – 7:00PM	Gara Until 9:41PM	Nataraja: Clear	3rd Phase
					Shashthi* Until 10:48AM	Moon – Yellow	Subha Sivaloka Day
						Chaitra-Panguni	

Monday, April 3, 2017		Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 12.06		Tithi 7 – 8		Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 351	
Family Home Evening				Gulika 2:02PM – 3:42PM	Ardra Until 7:22PM	Ganesha: Green <i>Sunrise:</i> 5:43AM	Durmukha 5118
Creative Work		Siddha Yoga		Yama 10:43AM – 12:23PM	Sobhana Until 2:00PM	Muruga: Yellow <i>Sunset:</i> 7:02PM	Moon 3 - Phase 48
Until 7:22PM				Rahu 7:23AM – 9:03AM	Visti Until 7:43PM	Nataraja: Clear	Ashtami
Then Creative Work - Amrita Yoga					Saptami Until 8:38AM	Moon – Yellow	Subha Sivaloka Day
						Chaitra-Panguni	

Tuesday, April 4, 2017		Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway	
Mithuna Rasi: 26.03		Tithi 8 – 9		Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 352	
Creative Work		Siddha Yoga		Gulika 12:22PM – 2:03PM	Punarvasu Until 6:43PM	Ganesha: Red <i>Sunrise:</i> 5:40AM	Durmukha 5118
		149171368		Yama 9:01AM – 10:42AM	Athiganda* Until 11:32AM	Muruga: Yellow <i>Sunset:</i> 7:04PM	Moon 3 - Phase 48
				Rahu 3:43PM – 5:24PM	Balava Until 6:13PM	Nataraja: Clear	Navami
				Sri Rama Navami	Ashtami* Until 6:53AM	Moon – Blue	Sivaloka Day
						Chaitra-Panguni	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Wednesday, April 5, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway
Kataka Rasi: 9.43		Pushya Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dashamyam Titau		Sun 23		Sutra 353		Durmukha 5118
Tihti 10		Gulika	10:41AM - 12:22PM	Pushya Until 6:23PM	Ganesh: Red	<i>Sunrise:</i> 5:37AM		
149171368		Yama	7:18AM - 9:00AM	Sukarma Until 9:28AM	Muruga: Yellow	<i>Sunset:</i> 7:07PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	Rahu	12:22PM - 2:03PM	Tailila Until 5:10PM	Nataraja: Clear		4th Phase	
				Dashami Until 4:48AM Thu	Moon - Blue			Sivaloka Day
					Chaitra-Panguni			

2		Thursday, April 6, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway
Kataka Rasi: 23.06		Ashlesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 354		Durmukha 5118
Tihti 11		Gulika	8:58AM - 10:40AM	Ashlesha* Until 6:21PM	Ganesh: Red	<i>Sunrise:</i> 5:34AM		
149171368		Yama	5:34AM - 7:16AM	Dhriti Until 7:47AM	Muruga: Yellow	<i>Sunset:</i> 7:09PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	Rahu	2:04PM - 3:45PM	Vanija Until 4:36PM	Nataraja: Clear		4th Phase	
Until 6:21PM				Vanija Until 4:36PM	Moon - Blue			Sivaloka Day
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Ekadashi Until 4:27AM Fri	Chaitra-Panguni			

3		Friday, April 7, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway
Simha Rasi: 6.15		Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 355		Durmukha 5118
Tihti 12		Gulika	7:14AM - 8:56AM	Magha* Until 7:04PM	Ganesh: Yellow	<i>Sunrise:</i> 5:31AM		
159271368		Yama	3:47PM - 5:29PM	Shula* Until 6:25AM	Muruga: Yellow	<i>Sunset:</i> 7:12PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	Rahu	10:39AM - 12:21PM	Bava Until 4:28PM	Nataraja: Clear		4th Phase	
Until 7:04PM				Dvadashi Until 4:32AM Sat	Moon - Red			Sivaloka Day
Then Creative Work - Siddha Yoga					Chaitra-Panguni			

4		Saturday, April 8, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway
Simha Rasi: 19.11		Purvaphalguni Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau		Sun 26		Sutra 356		Durmukha 5118
Tihti 13		Gulika	5:28AM - 7:11AM	Purvaphalguni Until 8:02PM	Ganesh: Yellow	<i>Sunrise:</i> 5:28AM		
151271368		Yama	2:04PM - 3:48PM	Vriddhi Until 4:46AM Sun	Muruga: Yellow	<i>Sunset:</i> 7:14PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	Rahu	8:55AM - 10:38AM	Kaulava Until 4:45PM	Nataraja: Clear		4th Phase	
Until 8:02PM				Trayodashi Until 5:02AM Sun	Moon - Red			Sivaloka Day
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>	Chaitra-Panguni			

5		Sunday, April 9, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway
Kanya Rasi: 1.55		Uttaraphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 357		Durmukha 5118
Tihti 14		Gulika	3:49PM - 5:33PM	Uttaraphalguni Until 9:14PM	Ganesh: Yellow	<i>Sunrise:</i> 5:25AM		
151271368		Yama	12:21PM - 2:05PM	Dhruva Until 4:22AM Mon	Muruga: Yellow	<i>Sunset:</i> 7:16PM	Moon 3 - Phase 49	
Creative Work	Amrita Yoga	Rahu	5:33PM - 7:16PM	Gara Until 5:27PM	Nataraja: Clear		4th Phase	
				Chaturdashi* Until 5:55AM Mon	Moon - Red			Sivaloka Day
					Chaitra-Panguni			

Monday, April 10, 2017		Copper Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway
Kanya Rasi: 14.28		Hasta Nakshatra Vyaghata* Yoga Visti* Karana Purnimayam Titau		Sun 27		Sutra 358		Durmukha 5118
Tihti 15		Gulika	2:05PM - 3:50PM	Hasta Until 11:08PM	Ganesh: Blue	<i>Sunrise:</i> 5:22AM		
161271368		Yama	10:36AM - 12:21PM	Vyaghata* Until 4:17AM Tue	Muruga: Yellow	<i>Sunset:</i> 7:19PM	Moon 3 - Phase 49	
Family Home Evening		Rahu	7:07AM - 8:51AM	Visti Until 6:31PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 7:10AM Tue	Moon - Green			Devaloka Day
Until 11:08PM		Panguni Uttiram			Chaitra-Panguni			
Then Routine Work - Prabalarishta Yoga		Hanuman Jayanti						

Tuesday, April 11, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Oslo, Norway
Kanya Rasi: 26.51		Chitra Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 359		Durmukha 5118
Tihti 15 - 16		Gulika	12:20PM - 2:06PM	Chitra Until 1:12AM Wed	Ganesh: Blue	<i>Sunrise:</i> 5:19AM		
161271368		Yama	8:50AM - 10:35AM	Harshana Until 4:30AM Wed	Muruga: Yellow	<i>Sunset:</i> 7:21PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	Rahu	3:51PM - 5:36PM	Balava Until 7:57PM	Nataraja: Clear		Prathama	
				Purnima* Until 7:10AM	Moon - Green			Devaloka Day
					Chaitra-Panguni			



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Oslo, Norway

Sutra 360

Durmukha 5118

Moon 4 - Phase 50

1st Phase

Tula Rasi: 9.05 Tihi 16 – 17

161271368 Rahu

Gulika 10:34AM – 12:20PM

Yama 7:02AM – 8:48AM

Rahu 12:20PM – 2:06PM

Svati Until 3:25AM Thu

Vajra* Until 4:55AM Thu

Taitila Until 9:44PM

Prathama* Until 8:47AM

Ganesha: Blue Sunrise: 5:16AM

Muruga: Yellow Sunset: 7:24PM

Nataraja: Clear

Moon – Green

Chaitra•Panguni

Devaloka Day

Creative Work Siddha Yoga

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 361

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Tula Rasi: 21.12 Tihi 17 – 18

171271368 Rahu

Gulika 8:47AM – 10:33AM

Yama 5:14AM – 7:00AM

Rahu 2:06PM – 3:53PM

Vishakha Until 6:14AM Fri

Siddhi Until 5:34AM Fri

Vanija Until 11:47PM

Dvitiya Until 10:42AM

Ganesha: Red Sunrise: 5:14AM

Muruga: Yellow Sunset: 7:26PM

Nataraja: Clear

Moon – Orange

Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Tamil New Year

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Oslo, Norway

Sun 2 Sutra 362

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Vrischika Rasi: 3.12 Tihi 18 – 19

271271368 Rahu

Gulika 6:58AM – 8:45AM

Yama 3:54PM – 5:41PM

Rahu 10:32AM – 12:20PM

Vishakha Until 6:14AM

Vyatipata* Until 6:23AM Sat

Bava Until 2:04AM Sat

Tritiya Until 12:53PM

Ganesha: Blue Sunrise: 5:11AM

Muruga: Yellow Sunset: 7:28PM

Nataraja: Clear

Moon – Orange

Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 363

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Vrischika Rasi: 15.07 Tihi 19 – 20

271271368 Rahu

Gulika 5:08AM – 6:56AM

Yama 2:07PM – 3:55PM

Rahu 8:43AM – 10:31AM

Anuradha Until 9:06AM

Vyatipata* Until 6:23AM

Kaulava Until 4:30AM Sun

Chaturthi* Until 3:15PM

Ganesha: Blue Sunrise: 5:08AM

Muruga: Yellow Sunset: 7:31PM

Nataraja: Clear

Moon – Orange

Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 364

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Vrischika Rasi: 27 Tihi 20 – 21

271271368 Rahu

Gulika 3:56PM – 5:45PM

Yama 12:19PM – 2:08PM

Rahu 5:45PM – 7:33PM

Jyeshtha* Until 11:52AM

Variyan Until 7:15AM

Gara Until 6:54AM Mon

Panchami Until 5:41PM

Ganesha: Blue Sunrise: 5:05AM

Muruga: Yellow Sunset: 7:33PM

Nataraja: Clear

Moon – Orange

Chaitra•Chaitra

Devaloka Day

Routine Work Marana Yoga

Until 11:52AM

Then Creative Work - Amrita Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 5 Sutra 1

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Dhanus Rasi: 8.53 Tihi 21

281271368 Rahu

Gulika 2:08PM – 3:57PM

Yama 10:30AM – 12:19PM

Rahu 6:51AM – 8:40AM

Mula* Until 2:56PM

Parigha* Until 8:08AM

Gara Until 6:54AM

Shashthi* Until 8:02PM

Ganesha: Red Sunrise: 5:02AM

Muruga: Yellow Sunset: 7:36PM

Nataraja: Clear

Moon – Light Blue

Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 2:56PM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 6 Sutra 2

Hemalamba 5119

Moon 4 - Phase 50

1st Phase

Dhanus Rasi: 20.5 Tihi 22

281271368 Rahu

Gulika 12:19PM – 2:08PM

Yama 8:39AM – 10:29AM

Rahu 3:58PM – 5:48PM

Purvashadha* Until 5:36PM

Shiva Until 8:53AM

Visti Until 9:07AM

Saptami Until 10:05PM

Ganesha: Red Sunrise: 4:59AM

Muruga: Yellow Sunset: 7:38PM

Nataraja: Clear

Moon – Light Blue

Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 5:36PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 7 Sutra 3

Hemalamba 5119

Moon 4 - Phase 50

Ashtami

Makara Rasi: 2.56 Tihi 23

282271368 Rahu

Gulika 10:28AM – 12:18PM

Yama 6:47AM – 8:37AM

Rahu 12:18PM – 2:09PM

Uttarashadha Until 7:38PM

Siddha Until 9:17AM

Balava Until 10:57AM

Ashtami* Until 11:37PM

Ganesha: Yellow Sunrise: 4:56AM

Muruga: Yellow Sunset: 7:40PM

Nataraja: Clear

Moon – Light Blue

Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 7:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 8 Sutra 4

Hemalamba 5119

Moon 4 - Phase 50

Navami

Makara Rasi: 15.16 Tihi 24

292271368 Rahu

Gulika 8:36AM – 10:27AM

Yama 4:53AM – 6:44AM

Rahu 2:09PM – 4:00PM

Shravana Until 9:21PM

Sadhya Until 9:15AM

Taitila Until 12:09PM

Navami* Until 12:27AM Fri

Ganesha: White Sunrise: 4:53AM

Muruga: Yellow Sunset: 7:43PM

Nataraja: Clear

Moon – Purple

Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Friday, April 21, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Oslo, Norway
		Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 5
Makara Rasi: 27.56	Tithi 25	Gulika 6:42AM – 8:34AM	Dhanishtha Until 10:07PM	Ganesha: White <i>Sunrise: 4:50AM</i>	Hemalamba 5119	
		Yama 4:02PM – 5:53PM	Subha Until 8:39AM	Muruga: Yellow <i>Sunset: 7:45PM</i>	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	292271368 Rahu 10:26AM – 12:18PM	Vanija Until 12:35PM	Nataraja: Clear	2nd Phase	
			Dashami Until 12:28AM Sat	Moon – Purple	Devaloka Day	
				Chaitra•Chaitra		

2 Saturday, April 22, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Oslo, Norway
		Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 6
Kumbha Rasi: 11	Tithi 26	Gulika 4:48AM – 6:40AM	Shatabhishak Until 9:53PM	Ganesha: White <i>Sunrise: 4:48AM</i>	Hemalamba 5119	
		Yama 2:10PM – 4:03PM	Sukla Until 7:22AM	Muruga: Yellow <i>Sunset: 7:48PM</i>	Moon 4 - Phase 1	
Creative Work	Amrita Yoga	292271368 Rahu 8:33AM – 10:25AM	Bava Until 12:09PM	Nataraja: Clear	2nd Phase	
Until 9:53PM			Ekadashi* Until 11:36PM	Moon – Purple	Devaloka Day	
Then Routine Work - Marana Yoga				Chaitra•Chaitra		

3 Sunday, April 23, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
		Purvaproshtapada* Nakshatra Indra Yoga Kaulava/Tailila Karana Dvadashyam Titau				Sun 11 Sutra 7
Kumbha Rasi: 24.32	Tithi 27	Gulika 4:04PM – 5:57PM	Purvaproshtapada* Until 9:08PM	Ganesha: Light Blue <i>Sunrise: 4:45AM</i>	Hemalamba 5119	
		Yama 12:17PM – 2:11PM	Indra Until 2:49AM Mon	Muruga: Yellow <i>Sunset: 7:50PM</i>	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	212271368 Rahu 5:57PM – 7:50PM	Kaulava Until 10:53AM	Nataraja: Clear	2nd Phase	
Until 9:08PM			Dvadashi* Until 9:56PM	Moon – Clear	Devaloka Day	
Then Creative Work - Amrita Yoga				Chaitra•Chaitra		

4 Monday, April 24, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Oslo, Norway
		Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 8
Meena Rasi: 8.33	Tithi 28	Gulika 2:11PM – 4:05PM	Uttaraproshtapada Until 7:32PM	Ganesha: Light Blue <i>Sunrise: 4:42AM</i>	Hemalamba 5119	
Family Home Evening		Yama 10:23AM – 12:17PM	Vaidhriti* Until 11:39PM	Muruga: Yellow <i>Sunset: 7:53PM</i>	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	212271369 Rahu 6:36AM – 8:30AM	Gara Until 8:50AM	Nataraja: Purple	2nd Phase	
			Trayodashi* Until 7:33PM	Moon – Clear	Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM	

5 Tuesday, April 25, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				Oslo, Norway
		Revati/Ashvini Nakshatra Vishkambha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 9
Meena Rasi: 23.01	Tithi 29 – 30	Gulika 12:17PM – 2:12PM	Revati Until 5:13PM	Ganesha: Light Blue <i>Sunrise: 4:39AM</i>	Hemalamba 5119	
		Yama 8:28AM – 10:23AM	Vishkambha* Until 8:03PM	Muruga: Yellow <i>Sunset: 7:55PM</i>	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	212271369 Rahu 4:06PM – 6:00PM	Visti Until 6:09AM	Nataraja: Purple	2nd Phase	
			Chaturdashi* Until 4:36PM	Moon – Clear	Bhuloka Day	
				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM	

Wednesday, April 26, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Retreat Star		Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 10
Mesha Rasi: 7.5	Tithi 30 – 1	Gulika 10:22AM – 12:17PM	Ashvini Until 2:47PM	Ganesha: Purple <i>Sunrise: 4:36AM</i>	Hemalamba 5119	
		Yama 6:31AM – 8:27AM	Priti Until 4:09PM	Muruga: Yellow <i>Sunset: 7:57PM</i>	Moon 4 - Phase 1	
Routine Work	Marana Yoga	222271369 Rahu 12:17PM – 2:12PM	Kintughna Until 11:30PM	Nataraja: Purple	Amavasya	
Until 2:47PM			Amavasya* Until 1:15PM	Moon – White	Bhuloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM	

Thursday, April 27, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
Retreat Star		Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Sun 15 Sutra 11
Mesha Rasi: 22.53	Tithi 1 – 2	Gulika 8:25AM – 10:21AM	Bharani Until 12:00PM	Ganesha: Purple <i>Sunrise: 4:34AM</i>	Hemalamba 5119	
		Yama 4:34AM – 6:29AM	Ayushman Until 12:04PM	Muruga: Yellow <i>Sunset: 8:00PM</i>	Moon 4 - Phase 1	
Creative Work	Siddha Yoga	222271369 Rahu 2:12PM – 4:08PM	Balava Until 7:52PM	Nataraja: Purple	Prathama	
Until 12:00PM			Prathama* Until 9:40AM	Moon – White	Bhuloka Day	
Then Routine Work - Marana Yoga				Vaisaka•Chaitra	Devaloka Time: 12:PM to 3:PM	

1 Friday, April 28, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Oslo, Norway Sun 16 Sutra 12 Hemalamba 5119
Wrishabha Rasi: 7.59	Tithi 2 – 3	Gulika 6:27AM – 8:24AM	Krittika Until 9:03AM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	
		Yama 4:09PM – 6:06PM	Saubhagya Until 7:58AM	Muruga: Yellow	<i>Sunset:</i> 8:02PM	Moon 4 - Phase 2
		222271369 Rahu 10:20AM – 12:17PM	Gara Until 2:30AM Sat	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:02AM	Moon – White		Bhuloka Day
Until 9:03AM				Vaisaka•Chaitra		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

2 Saturday, April 29, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Oslo, Norway Sun 17 Sutra 13 Hemalamba 5119
Wrishabha Rasi: 23.01	Tithi 4	Gulika 4:28AM – 6:25AM	Rohini Until 6:29AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:28AM	
		Yama 2:13PM – 4:11PM	Athiganda* Until 12:12AM Sun	Muruga: Yellow	<i>Sunset:</i> 8:05PM	Moon 4 - Phase 2
		232271369 Rahu 8:22AM – 10:19AM	Vanija Until 12:51PM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 11:15PM	Moon – Yellow		Bhuloka Day
Until 6:29AM				Vaisaka•Chaitra		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

3 Sunday, April 30, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway Sun 18 Sutra 14 Hemalamba 5119
Mithuna Rasi: 7.49	Tithi 5	Gulika 4:12PM – 6:09PM	Ardra Until 2:01AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:25AM	
		Yama 12:16PM – 2:14PM	Sukarma Until 8:46PM	Muruga: Yellow	<i>Sunset:</i> 8:07PM	Moon 4 - Phase 2
		232271369 Rahu 6:09PM – 8:07PM	Bava Until 9:47AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:24PM	Moon – Yellow		Bhuloka Day
Until 2:01AM Mon		Adi Sankara Jayanthi		Vaisaka•Chaitra		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

4 Monday, May 1, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Oslo, Norway Sun 19 Sutra 15 Hemalamba 5119
Mithuna Rasi: 22.17	Tithi 6	Gulika 2:15PM – 4:14PM	Punarvasu Until 12:46AM Tue	Ganesha: Orange	<i>Sunrise:</i> 4:20AM	
Family Home Evening		Yama 10:17AM – 12:16PM	Dhriti Until 5:48PM	Muruga: Yellow	<i>Sunset:</i> 8:12PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	242271369 Rahu 6:19AM – 8:18AM	Kaulava Until 7:11AM	Nataraja: Purple		3rd Phase
Until 12:46AM Tue			Shashthi* Until 6:05PM	Moon – Blue		Devaloka Day
Then Creative Work - Siddha Yoga						

5 Tuesday, May 2, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Oslo, Norway Sun 20 Sutra 16 Hemalamba 5119
Kataka Rasi: 6.21	Tithi 7 – 8	Gulika 12:16PM – 2:15PM	Pushya Until 12:01AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:17AM	
		Yama 8:17AM – 10:16AM	Shula* Until 3:19PM	Muruga: Yellow	<i>Sunset:</i> 8:14PM	Moon 4 - Phase 2
		243371369 Rahu 4:15PM – 6:15PM	Visti Until 3:48AM Wed	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:23PM	Moon – Blue		Devaloka Day
Then Creative Work - Siddha Yoga						

Wednesday, May 3, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway Sun 21 Sutra 17 Hemalamba 5119
Retreat Star		Gulika 10:15AM – 12:16PM	Ashlesha* Until 11:47PM	Ganesha: Orange	<i>Sunrise:</i> 4:15AM	
Kataka Rasi: 20.01	Tithi 8 – 9	Yama 6:15AM – 8:15AM	Ganda* Until 1:23PM	Muruga: Blue	<i>Sunset:</i> 8:17PM	Moon 4 - Phase 2
		243381369 Rahu 12:16PM – 2:16PM	Balava Until 3:06AM Thu	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 3:21PM	Moon – Blue		Bhuloka Day
Then Creative Work - Siddha Yoga						

Thursday, May 4, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Oslo, Norway Sun 22 Sutra 18 Hemalamba 5119
Retreat Star		Gulika 8:14AM – 10:15AM	Magha* Until 12:30AM Fri	Ganesha: Green	<i>Sunrise:</i> 4:12AM	
Simha Rasi: 3.19	Tithi 9 – 10	Yama 4:12AM – 6:13AM	Vridhdi Until 12:00PM	Muruga: Blue	<i>Sunset:</i> 8:19PM	Moon 4 - Phase 2
		253381369 Rahu 2:16PM – 4:17PM	Taitila Until 3:03AM Fri	Nataraja: Purple		Navami
Creative Work	Amrita Yoga		Navami* Until 2:59PM	Moon – Red		Bhuloka Day
Until 12:30AM Fri				Vaisaka•Chaitra		
Then Creative Work - Siddha Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Friday, May 5, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23		Sutra 19		
Simha Rasi: 16.16	Tithi 10 – 11	Gulika 6:11AM – 8:12AM	Purvaphalguni Until 1:37AM Sat	Ganesha: Green <i>Sunrise:</i> 4:09AM	Hemalamba 5119	
		Yama 4:19PM – 6:20PM	Dhruva Until 11:05AM	Muruga: Blue <i>Sunset:</i> 8:22PM	Moon 4 - Phase 3	
		253381369 Rahu 10:14AM – 12:15PM	Vanija Until 3:35AM Sat	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Dashami Until 3:14PM	Moon – Red	Bhuloka Day	
Until 1:37AM Sat				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

2 Saturday, May 6, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24		Sutra 20		
Simha Rasi: 28.57	Tithi 11 – 12	Gulika 4:07AM – 6:09AM	Uttaraphalguni Until 3:05AM Sun	Ganesha: Green <i>Sunrise:</i> 4:07AM	Hemalamba 5119	
		Yama 2:18PM – 4:20PM	Vyaghata* Until 10:36AM	Muruga: Blue <i>Sunset:</i> 8:24PM	Moon 4 - Phase 3	
		253381369 Rahu 8:11AM – 10:13AM	Bava Until 4:36AM Sun	Nataraja: Purple	4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 4:01PM	Moon – Red	Bhuloka Day	
Until 3:05AM Sun				Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

3 Sunday, May 7, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25		Sutra 21		
Kanya Rasi: 11.25	Tithi 12 – 13	Gulika 4:21PM – 6:24PM	Hasta Until 5:14AM Mon	Ganesha: Red <i>Sunrise:</i> 4:04AM	Hemalamba 5119	
		Yama 12:15PM – 2:18PM	Harshana Until 10:30AM	Muruga: Blue <i>Sunset:</i> 8:26PM	Moon 4 - Phase 3	
		263381369 Rahu 6:24PM – 8:26PM	Kaulava Until 6:01AM Mon	Nataraja: Purple	4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 5:15PM	Moon – Green	Bhuloka Day	
Until 5:14AM Mon			<i>Pradosha Vrata</i>	Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

4 Monday, May 8, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 22		
Kanya Rasi: 23.43	Tithi 13	Gulika 2:19PM – 4:22PM	Chitra Until 7:32AM Tue	Ganesha: Red <i>Sunrise:</i> 4:02AM	Hemalamba 5119	
Family Home Evening		Yama 10:12AM – 12:15PM	Vajra* Until 10:40AM	Muruga: Blue <i>Sunset:</i> 8:29PM	Moon 4 - Phase 3	
		263381369 Rahu 6:05AM – 8:09AM	Kaulava Until 6:01AM	Nataraja: Purple	4th Phase	
Routine Work	Prabalarishta Yoga		Trayodashi Until 6:49PM	Moon – Green	Bhuloka Day	
Until 7:32AM Tue				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

5 Tuesday, May 9, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 23		
Tula Rasi: 5.53	Tithi 14	Gulika 12:15PM – 2:19PM	Chitra Until 7:32AM	Ganesha: Red <i>Sunrise:</i> 3:59AM	Hemalamba 5119	
		Yama 8:07AM – 10:11AM	Siddhi Until 11:04AM	Muruga: Blue <i>Sunset:</i> 8:31PM	Moon 4 - Phase 3	
		263381369 Rahu 4:23PM – 6:27PM	Gara Until 7:44AM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:40PM	Moon – Green	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	

Wednesday, May 10, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
Copper Retreat Star		Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Purnimayam Titau		Sun 27		Sutra 24
Tula Rasi: 17.57	Tithi 15	Gulika 10:11AM – 12:15PM	Svati Until 9:54AM	Ganesha: Red <i>Sunrise:</i> 3:57AM	Hemalamba 5119	
		Yama 6:01AM – 8:06AM	Vyatipata* Until 11:40AM	Muruga: Blue <i>Sunset:</i> 8:33PM	Moon 4 - Phase 3	
		263381369 Rahu 12:15PM – 2:20PM	Vistil Until 9:42AM	Nataraja: Purple	Purnima	
Creative Work	Siddha Yoga		Purnima* Until 10:44PM	Moon – Green	Bhuloka Day	
		Budha Purnima (Tamil Nadu)		Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	

Thursday, May 11, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Oslo, Norway
Silver Retreat Star		Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 28		Sutra 25
Tula Rasi: 29.56	Tithi 16	Gulika 8:05AM – 10:10AM	Vishakha Until 12:48PM	Ganesha: Blue <i>Sunrise:</i> 3:54AM	Hemalamba 5119	
		Yama 3:54AM – 6:00AM	Variyan Until 12:23PM	Muruga: Blue <i>Sunset:</i> 8:36PM	Moon 4 - Phase 3	
		273381369 Rahu 2:20PM – 4:25PM	Balava Until 11:51AM	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:58AM Fri	Moon – Orange	Bhuloka Day	
				Vaisaka-Chaitra		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda