



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam

Milan, Italy

Tula Rasi: 20.05 Tihi 16 – 17

271621369

Gulika 5:24AM – 7:08AM
Yama 2:07PM – 3:51PM
Rahu 8:53AM – 10:38AM

Vishakha Until 8:35AM Sun
Siddhi Until 1:08PM
Taitila Until 10:02PM
Prathama* Until 8:52AM

Ganesh: Purple *Sunrise: 5:24AM*
Muruga: White *Sunset: 7:20PM*
Nataraja: Clear
Moon – Orange
Chaitra*Chaitra

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 8:35AM Sun
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

1

Sunday, April 24, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Prathama/Tritiyayam Titau

Milan, Italy

Vrischika Rasi: 2.02 Tihi 17 – 18

271621369

Gulika 3:52PM – 5:37PM
Yama 12:22PM – 2:07PM
Rahu 5:37PM – 7:22PM

Vishakha Until 8:35AM
Vyatipata* Until 1:53PM
Vanija Until 12:08AM Mon
Dvitiya Until 11:06AM

Ganesh: Purple *Sunrise: 5:22AM*
Muruga: White *Sunset: 7:22PM*
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Sun 1 Sutra 7
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Bhuloka Day

2

Monday, April 25, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Milan, Italy

Vrischika Rasi: 14.04 Tihi 18 – 19

271621369

Gulika 2:07PM – 3:52PM
Yama 10:36AM – 12:22PM
Rahu 7:06AM – 8:51AM

Anuradha Until 11:08AM
Variyan Until 2:23PM
Bava Until 1:57AM Tue
Tritiya Until 1:04PM

Ganesh: Purple *Sunrise: 5:21AM*
Muruga: White *Sunset: 7:23PM*
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Sun 2 Sutra 8
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Bhuloka Day

3

Tuesday, April 26, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Vrischika Rasi: 26.13 Tihi 19 – 20

271621369

Gulika 12:22PM – 2:07PM
Yama 8:50AM – 10:36AM
Rahu 3:53PM – 5:38PM

Jyeshtha* Until 1:12PM
Parigha* Until 2:39PM
Kaulava Until 3:23AM Wed
Chaturthi* Until 2:42PM

Ganesh: Purple *Sunrise: 5:19AM*
Muruga: White *Sunset: 7:24PM*
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Sun 3 Sutra 9
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 1:12PM
Then Creative Work - Amrita Yoga

Bhuloka Day

4

Wednesday, April 27, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy

Dhanus Rasi: 8.32 Tihi 20 – 21

281621369

Gulika 10:35AM – 12:21PM
Yama 7:03AM – 8:49AM
Rahu 12:21PM – 2:07PM

Mula* Until 3:13PM
Shiva Until 2:38PM
Gara Until 4:22AM Thu
Panchami Until 3:55PM

Ganesh: Clear *Sunrise: 5:17AM*
Muruga: White *Sunset: 7:25PM*
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Sun 4 Sutra 10
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 3:13PM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

5

Thursday, April 28, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy

Dhanus Rasi: 21.04 Tihi 21 – 22

281621369

Gulika 8:49AM – 10:35AM
Yama 5:16AM – 7:02AM
Rahu 2:08PM – 3:54PM

Purvashadha* Until 4:34PM
Siddha Until 2:11PM
Visti Until 4:48AM Fri
Shashthi* Until 4:39PM

Ganesh: Clear *Sunrise: 5:16AM*
Muruga: White *Sunset: 7:27PM*
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Sun 5 Sutra 11
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 4:34PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

6

Friday, April 29, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Makara Rasi: 3.5 Tihi 22 – 23

281621369

Gulika 7:01AM – 8:48AM
Yama 3:55PM – 5:41PM
Rahu 10:34AM – 12:21PM

Uttarashadha Until 5:12PM
Sadhya Until 1:18PM
Balava Until 4:36AM Sat
Saptami Until 4:46PM

Ganesh: Clear *Sunrise: 5:14AM*
Muruga: White *Sunset: 7:28PM*
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Sun 6 Sutra 12
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Retreat Star

Saturday, April 30, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Makara Rasi: 16.56 Tihi 23 – 24

291621369

Gulika 5:13AM – 7:00AM
Yama 2:08PM – 3:55PM
Rahu 8:47AM – 10:34AM

Shravana Until 5:29PM
Subha Until 11:55AM
Taitila Until 3:42AM Sun
Ashtami* Until 4:13PM

Ganesh: White *Sunrise: 5:13AM*
Muruga: White *Sunset: 7:29PM*
Nataraja: Purple
Moon – Purple
Chaitra*Chaitra

Sun 7 Sutra 13
Durmukha 5118
Moon 4 - Phase 2
Ashtami

Creative Work Siddha Yoga

Bhuloka Day

Retreat Star

Sunday, May 1, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Milan, Italy

Kumbha Rasi: 0.24 Tihi 24 – 25

291621369

Gulika 3:56PM – 5:43PM
Yama 12:21PM – 2:08PM
Rahu 5:43PM – 7:30PM

Dhanishtha Until 4:54PM
Sukla Until 9:56AM
Vanija Until 2:05AM Mon
Navami* Until 2:58PM

Ganesh: White *Sunrise: 5:11AM*
Muruga: White *Sunset: 7:30PM*
Nataraja: Purple
Moon – Purple
Chaitra*Chaitra

Sun 8 Sutra 14
Durmukha 5118
Moon 4 - Phase 2
Navami

Routine Work Marana Yoga
Until 4:54PM
Then Creative Work - Siddha Yoga

Bhuloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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1

Monday, May 2, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam TitauMilan, Italy
Sun 9 Sutra 15Kumbha Rasi: 14.17 Tithi 25 - 26
Family Home Evening

292621369

Gulika 2:08PM - 3:56PM
Yama 10:33AM - 12:21PM
Rahu 6:58AM - 8:45AMShatabhishak Until 3:30PM
Brahma Until 7:24AM
Bava Until 11:49PM
Dashami Until 1:01PMGanesha: Yellow Sunrise: 5:10AM
Muruga: White Sunset: 7:32PM
Nataraja: Purple
Moon - Purple
Chaitra*ChaitraDurmukha 5118
Moon 4 - Phase 3
2nd PhaseBhuloka Day
Devaloka Time: 9:AM to 12:PMCreative Work Siddha Yoga
Until 3:30PM
Then Routine Work - Marana Yoga

2

Tuesday, May 3, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam TitauMilan, Italy
Sun 10 Sutra 16

Kumbha Rasi: 28.36 Tithi 26 - 27

212621369

Gulika 12:21PM - 2:09PM
Yama 8:45AM - 10:33AM
Rahu 3:57PM - 5:45PMPurvaprosarthapada* Until 1:47PM
Vaidhriti* Until 12:50AM Wed
Kaulava Until 8:59PM
Ekadashi* Until 10:27AMGanesha: Yellow Sunrise: 5:08AM
Muruga: White Sunset: 7:33PM
Nataraja: Purple
Moon - Clear
Chaitra*ChaitraDurmukha 5118
Moon 4 - Phase 3
2nd PhaseBhuloka Day
Devaloka Time: 9:AM to 12:PMRoutine Work Marana Yoga
Until 1:47PM
Then Creative Work - Amrita Yoga

3

Wednesday, May 4, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Vishkambha* Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam TitauMilan, Italy
Sun 11 Sutra 17

Meena Rasi: 13.17 Tithi 27 - 28

212621369

Gulika 10:32AM - 12:21PM
Yama 6:55AM - 8:44AM
Rahu 12:21PM - 2:09PMUttaraprosarthapada Until 11:25AM
Vishkambha* Until 8:59PM
Vanija Until 3:54AM Thu
Dvadashi* Until 7:22AM
Pradosha Vrata (Fasting)Ganesha: Yellow Sunrise: 5:07AM
Muruga: White Sunset: 7:34PM
Nataraja: Purple
Moon - Clear
Chaitra*ChaitraDurmukha 5118
Moon 4 - Phase 3
2nd PhaseBhuloka Day
Devaloka Time: 9:AM to 12:PMCreative Work Siddha Yoga
Until 11:25AM
Then Routine Work - Marana Yoga

4

Thursday, May 5, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam TitauMilan, Italy
Sun 12 Sutra 18

Meena Rasi: 28.17 Tithi 29

212621369

Gulika 8:43AM - 10:32AM
Yama 5:06AM - 6:54AM
Rahu 2:09PM - 3:58PMRevati Until 8:34AM
Priti Until 4:54PM
Visti Until 2:06PM
Chaturdashi* Until 12:13AM FriGanesha: Yellow Sunrise: 5:06AM
Muruga: White Sunset: 7:35PM
Nataraja: Purple
Moon - Clear
Chaitra*ChaitraDurmukha 5118
Moon 4 - Phase 3
2nd PhaseBhuloka Day
Devaloka Time: 9:AM to 12:PMCreative Work Siddha Yoga
Until 8:34AM
Then Creative Work - Amrita Yoga

●

Friday, May 6, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam TitauMilan, Italy
Sun 13 Sutra 19

Mesha Rasi: 13.27 Tithi 30

222621369

Gulika 6:53AM - 8:42AM
Yama 3:59PM - 5:48PM
Rahu 10:31AM - 12:20PMBharani Until 2:52AM Sat
Ayushman Until 12:41PM
Catuspada Until 10:21AM
Amavasya* Until 8:27PMGanesha: Red Sunrise: 5:04AM
Muruga: White Sunset: 7:37PM
Nataraja: Purple
Moon - White
Chaitra*ChaitraDurmukha 5118
Moon 4 - Phase 3
AmavasyaBhuloka Day
Devaloka Time: 9:AM to 12:PMCreative Work Siddha Yoga
Until 2:52AM Sat
Then Creative Work - Amrita Yoga

Saturday, May 7, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam TitauMilan, Italy
Sun 14 Sutra 20

Mesha Rasi: 28.38 Tithi 1 - 2

222621369

Gulika 5:03AM - 6:52AM
Yama 2:10PM - 3:59PM
Rahu 8:42AM - 10:31AMKrittika Until 11:57PM
Saubhagya Until 8:31AM
Kintughna Until 6:37AM
Prathama* Until 4:47PMGanesha: Red Sunrise: 5:03AM
Muruga: White Sunset: 7:38PM
Nataraja: Purple
Moon - White
Vaisaka*ChaitraDurmukha 5118
Moon 4 - Phase 3
PrathamaBhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

1 Sunday, May 8, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Rohini Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 15 Sutra 21
Vrishabha Rasi: 13.4 Tithi 2 - 3		Gulika 4:00PM - 5:49PM	Rohini Until 9:38PM	Ganesh: Yellow <i>Sunrise:</i> 5:02AM	Durmukha 5118	
232621369		Yama 12:20PM - 2:10PM	Athiganda* Until 12:49AM Mon	Muruga: White <i>Sunset:</i> 7:39PM	Moon 4 - Phase 4	
Creative Work Siddha Yoga		Rahu 5:49PM - 7:39PM	Taitila Until 11:52PM	Nataraja: Purple	3rd Phase	
		Mother's Day		Moon - Yellow	Bhuloka Day	
		Dvitiya Until 1:24PM		Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

2 Monday, May 9, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau						Sun 16 Sutra 22
Vrishabha Rasi: 28.25 Tithi 3 - 4		Gulika 2:10PM - 4:00PM	Mrigashira Until 7:41PM	Ganesh: Yellow <i>Sunrise:</i> 5:00AM	Durmukha 5118	
232621369		Yama 10:30AM - 12:20PM	Sukarma Until 9:33PM	Muruga: White <i>Sunset:</i> 7:40PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 6:50AM - 8:40AM	Vanija Until 9:11PM	Nataraja: Purple	3rd Phase	
Until 7:41PM		Akshaya Tritiya		Moon - Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga		Tritiya Until 10:26AM		Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

3 Tuesday, May 10, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau						Sun 17 Sutra 23
Mithuna Rasi: 12.46 Tithi 4 - 5		Gulika 12:20PM - 2:11PM	Ardra Until 6:15PM	Ganesh: Yellow <i>Sunrise:</i> 4:59AM	Durmukha 5118	
232621369		Yama 8:40AM - 10:30AM	Dhriti Until 6:51PM	Muruga: White <i>Sunset:</i> 7:41PM	Moon 4 - Phase 4	
Routine Work Marana Yoga		Rahu 4:01PM - 5:51PM	Bava Until 7:10PM	Nataraja: Purple	3rd Phase	
Until 6:15PM		Chaturthi* Until 8:04AM		Moon - Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga		Tritiya Until 10:26AM		Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

4 Wednesday, May 11, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau						Sun 18 Sutra 24
Mithuna Rasi: 26.38 Tithi 5 - 6		Gulika 10:30AM - 12:20PM	Punarvasu Until 5:54PM	Ganesh: White <i>Sunrise:</i> 4:58AM	Durmukha 5118	
242621369		Yama 6:48AM - 8:39AM	Shula* Until 4:46PM	Muruga: White <i>Sunset:</i> 7:43PM	Moon 4 - Phase 4	
Creative Work Siddha Yoga		Rahu 12:20PM - 2:11PM	Taitila Until 5:37AM Thu	Nataraja: Purple	3rd Phase	
		Panchami Until 6:26AM		Moon - Blue	Devaloka Day	
		Chaturthi* Until 8:04AM		Vaisaka-Chaitra		

5 Thursday, May 12, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
Pushya Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau						Sun 19 Sutra 25
Kataka Rasi: 10.01 Tithi 7		Gulika 8:38AM - 10:29AM	Pushya Until 6:14PM	Ganesh: White <i>Sunrise:</i> 4:56AM	Durmukha 5118	
242621369		Yama 4:56AM - 6:47AM	Ganda* Until 3:23PM	Muruga: White <i>Sunset:</i> 7:44PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 2:11PM - 4:02PM	Gara Until 5:34PM	Nataraja: Purple	3rd Phase	
Until 6:14PM		Saptami Until 5:41AM Fri		Moon - Blue	Devaloka Day	
Then Creative Work - Siddha Yoga		Tritiya Until 10:26AM		Vaisaka-Chaitra		

Friday, May 13, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Milan, Italy
Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Visti* Karana Ashtamyam Titau						Sun 20 Sutra 26
Kataka Rasi: 22.56 Tithi 8		Gulika 6:46AM - 8:38AM	Ashlesha* Until 7:15PM	Ganesh: White <i>Sunrise:</i> 4:55AM	Durmukha 5118	
242621369		Yama 4:03PM - 5:54PM	Vridhhi Until 2:41PM	Muruga: White <i>Sunset:</i> 7:45PM	Moon 4 - Phase 4	
Routine Work Marana Yoga		Rahu 10:29AM - 12:20PM	Visti Until 6:04PM	Nataraja: Purple	Ashtami	
		Ashtami* Until 6:36AM Sat		Moon - Blue	Devaloka Day	
		Tritiya Until 10:26AM		Vaisaka-Chaitra		

Saturday, May 14, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Sun 21 Sutra 27
Simha Rasi: 5.28 Tithi 8 - 9		Gulika 4:54AM - 6:46AM	Magha* Until 9:22PM	Ganesh: Clear <i>Sunrise:</i> 4:54AM	Durmukha 5118	
252621369		Yama 2:12PM - 4:03PM	Dhruva Until 2:36PM	Muruga: White <i>Sunset:</i> 7:46PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 8:37AM - 10:29AM	Balava Until 7:21PM	Nataraja: Purple	Navami	
Until 9:22PM		Ashtami* Until 6:36AM		Moon - Red	Bhuloka Day	
Then Creative Work - Siddha Yoga		Tritiya Until 10:26AM		Vaisaka-Vaikasi	Devaloka Time: 9:AM to12:PM	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1 Sunday, May 15, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy Sun 22 Sutra 28
Simha Rasi: 17.41	Tithi 9 – 10	Gulika 4:04PM – 5:56PM	Purvaphalguni Until 11:54PM	Ganesha: Purple <i>Sunrise:</i> 4:53AM	Durmukha 5118	
		Yama 12:20PM – 2:12PM	Vyaghata* Until 3:03PM	Muruga: White <i>Sunset:</i> 7:47PM	Moon 4 - Phase 5	
		253621369 Rahu 5:56PM – 7:47PM	Taitila Until 9:16PM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Navami* Until 8:13AM	Moon – Red	Bhuloka Day	
Until 11:54PM				Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga						

2 Monday, May 16, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 23 Sutra 29
Simha Rasi: 29.41	Tithi 10 – 11	Gulika 2:12PM – 4:04PM	Uttaraphalguni Until 2:40AM Tue	Ganesha: Purple <i>Sunrise:</i> 4:52AM	Durmukha 5118	
Family Home Evening		Yama 10:28AM – 12:20PM	Harshana Until 3:52PM	Muruga: White <i>Sunset:</i> 7:48PM	Moon 4 - Phase 5	
		253621369 Rahu 6:44AM – 8:36AM	Vanija Until 11:36PM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Dashami Until 10:22AM	Moon – Red	Bhuloka Day	
				Vaisaka-Vaikasi		

3 Tuesday, May 17, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 24 Sutra 30
Kanya Rasi: 11.33	Tithi 11 – 12	Gulika 12:20PM – 2:13PM	Hasta Until 5:56AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:51AM	Durmukha 5118	
		Yama 8:35AM – 10:28AM	Vajra* Until 4:52PM	Muruga: White <i>Sunset:</i> 7:50PM	Moon 4 - Phase 5	
		263621369 Rahu 4:05PM – 5:57PM	Bava Until 2:10AM Wed	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:51PM	Moon – Green	Bhuloka Day	
				Vaisaka-Vaikasi	Devaloka Time: 6:AM to 9:AM	

4 Wednesday, May 18, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 25 Sutra 31
Kanya Rasi: 23.21	Tithi 12 – 13	Gulika 10:28AM – 12:20PM	Chitra Until 9:02AM Thu	Ganesha: Purple <i>Sunrise:</i> 4:50AM	Durmukha 5118	
		Yama 6:42AM – 8:35AM	Siddhi Until 5:57PM	Muruga: White <i>Sunset:</i> 7:51PM	Moon 4 - Phase 5	
		263721369 Rahu 12:20PM – 2:13PM	Kaulava Until 4:44AM Thu	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 3:26PM	Moon – Green	Devaloka Day	
Until 9:02AM Thu			<i>Pradosha Vrata</i>	Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga						

5 Thursday, May 19, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 26 Sutra 32
Tula Rasi: 5.1	Tithi 13 – 14	Gulika 8:34AM – 10:27AM	Chitra Until 9:02AM	Ganesha: Purple <i>Sunrise:</i> 4:49AM	Durmukha 5118	
		Yama 4:49AM – 6:42AM	Vyatipata* Until 6:59PM	Muruga: White <i>Sunset:</i> 7:52PM	Moon 4 - Phase 5	
		263721369 Rahu 2:13PM – 4:06PM	Gara Until 7:09AM Fri	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 5:57PM	Moon – Green	Devaloka Day	
Until 9:02AM				Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga						

6 Friday, May 20, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 33
Tula Rasi: 17.01	Tithi 14	Gulika 6:41AM – 8:34AM	Svati Until 11:49AM	Ganesha: Purple <i>Sunrise:</i> 4:48AM	Durmukha 5118	
		Yama 4:07PM – 6:00PM	Variyan Until 7:50PM	Muruga: White <i>Sunset:</i> 7:53PM	Moon 4 - Phase 5	
		263721369 Rahu 10:27AM – 12:20PM	Gara Until 7:09AM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:15PM	Moon – Green	Devaloka Day	
		Vaikasi Visakam		Vaisaka-Vaikasi		

○ Saturday, May 21, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy Sun 28 Sutra 34
Copper Retreat Star		Gulika 4:47AM – 6:40AM	Vishakha Until 2:40PM	Ganesha: Clear <i>Sunrise:</i> 4:47AM	Durmukha 5118	
Tula Rasi: 28.58	Tithi 15	Yama 2:14PM – 4:07PM	Parigha* Until 8:28PM	Muruga: White <i>Sunset:</i> 7:54PM	Moon 4 - Phase 5	
		273721369 Rahu 8:34AM – 10:27AM	Visti Until 9:20AM	Nataraja: Purple	Purnima	
Creative Work	Siddha Yoga		Purnima* Until 10:17PM	Moon – Orange	Bhuloka Day	
				Vaisaka-Vaikasi	Devaloka Time: 9:AM to 12:PM	

○ Sunday, May 22, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy Sun 29 Sutra 35
Silver Retreat Star		Gulika 4:08PM – 6:01PM	Anuradha Until 5:03PM	Ganesha: Clear <i>Sunrise:</i> 4:46AM	Durmukha 5118	
Vrischika Rasi: 11.03	Tithi 16	Yama 12:20PM – 2:14PM	Shiva Until 8:53PM	Muruga: White <i>Sunset:</i> 7:55PM	Moon 4 - Phase 5	
		273721369 Rahu 6:01PM – 7:55PM	Balava Until 11:11AM	Nataraja: Purple	Prathama	
Routine Work	Marana Yoga		Prathama* Until 11:58PM	Moon – Orange	Bhuloka Day	
				Vaisaka-Vaikasi	Devaloka Time: 9:AM to 12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 23, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Milan, Italy
Sun 1 Sutra 36

Vrischika Rasi: 23.16 Tihti 17
Family Home Evening
Creative Work Siddha Yoga

273721369
Gulika 2:14PM – 4:08PM
Yama 10:27AM – 12:21PM
Rahu 6:39AM – 8:33AM

Jyeshtha* Until 6:56PM
Siddha Until 8:59PM
Tailila Until 12:42PM
Dvitiya Until 1:19AM Tue

Ganesha: Clear *Sunrise: 4:45AM*
Muruga: White *Sunset: 7:56PM*
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Tuesday, May 24, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy
Sun 2 Sutra 37

Dhanus Rasi: 5.37 Tihti 18
Creative Work Amrita Yoga
Until 8:48PM
Then Creative Work - Siddha Yoga

283721369
Gulika 12:21PM – 2:15PM
Yama 8:32AM – 10:27AM
Rahu 4:09PM – 6:03PM

Mula* Until 8:48PM
Sadhya Until 8:50PM
Vanija Until 1:52PM
Tritiya Until 2:17AM Wed

Ganesha: White *Sunrise: 4:44AM*
Muruga: White *Sunset: 7:57PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Wednesday, May 25, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy
Sun 3 Sutra 38

Dhanus Rasi: 18.08 Tihti 19
Creative Work Amrita Yoga

383721369
Gulika 10:26AM – 12:21PM
Yama 6:38AM – 8:32AM
Rahu 12:21PM – 2:15PM

Purvashadha* Until 10:08PM
Subha Until 8:24PM
Bava Until 2:39PM
Chaturthi* Until 2:52AM Thu

Ganesha: Clear *Sunrise: 4:43AM*
Muruga: White *Sunset: 7:58PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Thursday, May 26, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Milan, Italy
Sun 4 Sutra 39

Makara Rasi: 0.5 Tihti 20
Routine Work Marana Yoga
Until 10:54PM
Then Creative Work - Siddha Yoga

383721369
Gulika 8:32AM – 10:26AM
Yama 4:43AM – 6:37AM
Rahu 2:15PM – 4:10PM

Uttarashadha Until 10:54PM
Sukla Until 7:37PM
Kaulava Until 3:02PM
Panchami Until 3:02AM Fri

Ganesha: Clear *Sunrise: 4:43AM*
Muruga: White *Sunset: 7:59PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Friday, May 27, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy
Sun 5 Sutra 40

Makara Rasi: 13.45 Tihti 21
Routine Work Marana Yoga
Until 11:31PM
Then Creative Work - Siddha Yoga

393731369
Gulika 6:37AM – 8:31AM
Yama 4:10PM – 6:05PM
Rahu 10:26AM – 12:21PM

Shravana Until 11:31PM
Brahma Until 6:29PM
Gara Until 2:57PM
Shashthi* Until 2:43AM Sat

Ganesha: White *Sunrise: 4:42AM*
Muruga: Clear *Sunset: 8:00PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

5

Saturday, May 28, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy
Sun 6 Sutra 41

Makara Rasi: 26.54 Tihti 22
Creative Work Siddha Yoga
Until 11:29PM
Then Creative Work - Amrita Yoga

393731369
Gulika 4:41AM – 6:36AM
Yama 2:16PM – 4:11PM
Rahu 8:31AM – 10:26AM

Dhanishtha Until 11:29PM
Indra Until 4:57PM
Visti Until 2:24PM
Saptami Until 1:54AM Sun

Ganesha: White *Sunrise: 4:41AM*
Muruga: Clear *Sunset: 8:01PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

Retreat Star

Sunday, May 29, 2016

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy
Sun 7 Sutra 42

Kumbha Rasi: 10.2 Tihti 23
Creative Work Siddha Yoga

394731369
Gulika 4:12PM – 6:07PM
Yama 12:21PM – 2:16PM
Rahu 6:07PM – 8:02PM

Shatabhishak Until 10:45PM
Vaidhriti* Until 2:59PM
Balava Until 1:18PM
Ashtami* Until 12:31AM Mon

Ganesha: Yellow *Sunrise: 4:40AM*
Muruga: Clear *Sunset: 8:02PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
Ashtami

Devaloka Day

Monday, May 30, 2016

Retreat Star

Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Navamyam Titau

Milan, Italy
Sun 8 Sutra 43

Kumbha Rasi: 24.05 Tihti 24
Family Home Evening
Routine Work Marana Yoga
Until 9:47PM
Then Creative Work - Siddha Yoga

314731369
Gulika 2:17PM – 4:12PM
Yama 10:26AM – 12:21PM
Rahu 6:35AM – 8:31AM

Purvaproshtapada* Until 9:47PM
Vishkambha* Until 12:34PM
Tailila Until 11:38AM
Navami* Until 10:36PM

Ganesha: Clear *Sunrise: 4:40AM*
Muruga: Clear *Sunset: 8:03PM*
Nataraja: Purple
Moon – Clear
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
Navami


Devaloka Day

1		Tuesday, May 31, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau		Milan, Italy Sun 9 Sutra 44	
Meena Rasi: 8.11	Tithi 25	Gulika	12:21PM – 2:17PM	Uttaraproshtapada Until 8:09PM	Ganesh: Clear	<i>Sunrise:</i> 4:39AM	Dur mukha 5118		
		Yama	8:30AM – 10:26AM	Priti Until 9:44AM	Muruga: Clear	<i>Sunset:</i> 8:04PM	Moon 5 - Phase 7		
		314731369 Rahu	4:13PM – 6:08PM	Vanija Until 9:27AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dashami Until 8:10PM	Moon – Clear		Devaloka Day		
Until 8:09PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

2		Wednesday, June 1, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 10 Sutra 45	
Meena Rasi: 22.37	Tithi 26 – 27	Gulika	10:26AM – 12:22PM	Revati Until 5:57PM	Ganesh: Clear	<i>Sunrise:</i> 4:39AM	Dur mukha 5118		
		Yama	6:34AM – 8:30AM	Ayushman Until 6:29AM	Muruga: Clear	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 7		
		314731369 Rahu	12:22PM – 2:17PM	Bava Until 6:48AM	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga			Ekadashi* Until 5:18PM	Moon – Clear		Devaloka Day		
					Vaisaka-Vaikasi				

3		Thursday, June 2, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 11 Sutra 46	
Mesha Rasi: 7.19	Tithi 27 – 28	Gulika	8:30AM – 10:26AM	Ashvini Until 3:42PM	Ganesh: White	<i>Sunrise:</i> 4:38AM	Dur mukha 5118		
		Yama	4:38AM – 6:34AM	Sobhana Until 11:10PM	Muruga: Clear	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 7		
		324731369 Rahu	2:18PM – 4:14PM	Gara Until 12:27AM Fri	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dvadashi* Until 2:07PM	Moon – White		Bhuloka Day		
Until 3:42PM				<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Friday, June 3, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 12 Sutra 47	
Mesha Rasi: 22.13	Tithi 28 – 29	Gulika	6:34AM – 8:30AM	Bharani Until 1:08PM	Ganesh: White	<i>Sunrise:</i> 4:38AM	Dur mukha 5118		
		Yama	4:14PM – 6:10PM	Athiganda* Until 7:16PM	Muruga: Clear	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 7		
		324731369 Rahu	10:26AM – 12:22PM	Visti Until 9:02PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 10:44AM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

		Saturday, June 4, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni/Naga* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sun 13 Sutra 48	
Retreat Star		Gulika	4:37AM – 6:33AM	Krittika Until 10:24AM	Ganesh: White	<i>Sunrise:</i> 4:37AM	Dur mukha 5118		
Vrishabha Rasi: 7.1	Tithi 29 – 30	Yama	2:18PM – 4:14PM	Sukarma Until 3:24PM	Muruga: Clear	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 7		
		324731369 Rahu	8:30AM – 10:26AM	Naga Until 4:00AM Sun	Nataraja: Purple		Amavasya		
Creative Work	Amrita Yoga			Chaturdashi* Until 7:18AM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunday, June 5, 2016		Retreat Star				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau		Milan, Italy Sun 14 Sutra 49	
Vrishabha Rasi: 22.02	Tithi 1	Gulika	4:15PM – 6:11PM	Rohini Until 8:04AM	Ganesh: Green	<i>Sunrise:</i> 4:37AM	Dur mukha 5118		
		Yama	12:22PM – 2:19PM	Dhriti Until 11:41AM	Muruga: Clear	<i>Sunset:</i> 8:08PM	Moon 5 - Phase 7		
		334731361 Rahu	6:11PM – 8:08PM	Kintughna Until 2:27PM	Nataraja: White		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 12:58AM Mon	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Monday, June 6, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy
Mithuna Rasi: 6.41	Tithi 2	Gulika	2:19PM – 4:15PM	Ardra Until 4:08AM Tue	Ganesh: Green	<i>Sunrise:</i> 4:36AM	Sun 15	Sutra 50
Family Home Evening	334731361	Yama	10:26AM – 12:22PM	Shula* Until 8:14AM	Muruga: Clear	<i>Sunset:</i> 8:08PM		Durmukha 5118
Creative Work	Siddha Yoga	Rahu	6:33AM – 8:29AM	Balava Until 11:37AM	Nataraja: White			Moon 5 - Phase 8
				Dvitiya Until 10:22PM	Moon – Yellow			3rd Phase
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 12:PM to 3:PM	

2		Tuesday, June 7, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Milan, Italy
Mithuna Rasi: 21	Tithi 3	Gulika	12:23PM – 2:19PM	Punarvasu Until 3:16AM Wed	Ganesh: White	<i>Sunrise:</i> 4:36AM	Sun 16	Sutra 51
	344731361	Yama	8:29AM – 10:26AM	Vriddhi Until 2:45AM Wed	Muruga: Clear	<i>Sunset:</i> 8:09PM		Durmukha 5118
Creative Work	Siddha Yoga	Rahu	4:16PM – 6:12PM	Tailila Until 9:19AM	Nataraja: White			Moon 5 - Phase 8
				Tritiya Until 8:23PM	Moon – Blue			3rd Phase
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 12:PM to 3:PM	

3		Wednesday, June 8, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Milan, Italy
Kataka Rasi: 4.53	Tithi 4	Gulika	10:26AM – 12:23PM	Pushya Until 3:01AM Thu	Ganesh: White	<i>Sunrise:</i> 4:36AM	Sun 17	Sutra 52
	344731361	Yama	6:33AM – 8:29AM	Dhruva Until 12:52AM Thu	Muruga: Clear	<i>Sunset:</i> 8:10PM		Durmukha 5118
Creative Work	Siddha Yoga	Rahu	12:23PM – 2:20PM	Vanija Until 7:41AM	Nataraja: White			Moon 5 - Phase 8
				Chaturthi* Until 7:08PM	Moon – Blue			3rd Phase
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 12:PM to 3:PM	

4		Thursday, June 9, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy
Kataka Rasi: 18.18	Tithi 5	Gulika	8:29AM – 10:26AM	Ashlesha* Until 3:27AM Fri	Ganesh: White	<i>Sunrise:</i> 4:36AM	Sun 18	Sutra 53
	344731361	Yama	4:36AM – 6:32AM	Vyaghata* Until 11:41PM	Muruga: Clear	<i>Sunset:</i> 8:10PM		Durmukha 5118
Creative Work	Siddha Yoga	Rahu	2:20PM – 4:17PM	Bava Until 6:50AM	Nataraja: White			Moon 5 - Phase 8
Until 3:27AM Fri				Panchami Until 6:43PM	Moon – Blue			3rd Phase
Then Routine Work - Marana Yoga					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 12:PM to 3:PM	

5		Friday, June 10, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Harshana Yoga Kaulava/Tailila Karana Shashthyam Titau				Milan, Italy
Simha Rasi: 1.16	Tithi 6	Gulika	6:32AM – 8:29AM	Magha* Until 5:01AM Sat	Ganesh: Clear	<i>Sunrise:</i> 4:35AM	Sun 19	Sutra 54
	354731361	Yama	4:17PM – 6:14PM	Harshana Until 11:11PM	Muruga: Clear	<i>Sunset:</i> 8:11PM		Durmukha 5118
Routine Work	Marana Yoga	Rahu	10:26AM – 12:23PM	Kaulava Until 6:51AM	Nataraja: White			Moon 5 - Phase 8
Until 5:01AM Sat				Shashthi* Until 7:09PM	Moon – Red			3rd Phase
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi		Devaloka Day	

6		Saturday, June 11, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy
Simha Rasi: 13.5	Tithi 7	Gulika	4:35AM – 6:32AM	Purvaphalguni Until 7:09AM Sun	Ganesh: Purple	<i>Sunrise:</i> 4:35AM	Sun 20	Sutra 55
	355731361	Yama	2:20PM – 4:17PM	Vajra* Until 11:16PM	Muruga: Clear	<i>Sunset:</i> 8:11PM		Durmukha 5118
Creative Work	Siddha Yoga	Rahu	8:29AM – 10:26AM	Gara Until 7:41AM	Nataraja: White			Moon 5 - Phase 8
Until 7:09AM Sun				Saptami Until 8:22PM	Moon – Red			3rd Phase
Then Creative Work - Amrita Yoga					Jyeshtha-Vaikasi		Sivaloka Day	

☾		Sunday, June 12, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy
Retreat Star		Gulika	4:18PM – 6:15PM	Purvaphalguni Until 7:09AM	Ganesh: Clear	<i>Sunrise:</i> 4:35AM	Sun 21	Sutra 56
Simha Rasi: 26.05	Tithi 8	Yama	12:24PM – 2:21PM	Siddhi Until 11:50PM	Muruga: Clear	<i>Sunset:</i> 8:12PM		Durmukha 5118
	355831361	Rahu	6:15PM – 8:12PM	Visti Until 9:16AM	Nataraja: White			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Ashtami* Until 10:14PM	Moon – Red			Ashtami
Until 7:09AM					Jyeshtha-Vaikasi		Devaloka Day	
Then Creative Work - Amrita Yoga								

☾		Monday, June 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy
Retreat Star		Gulika	2:21PM – 4:18PM	Uttaraphalguni Until 9:39AM	Ganesh: Clear	<i>Sunrise:</i> 4:35AM	Sun 22	Sutra 57
Kanya Rasi: 8.05	Tithi 9	Yama	10:27AM – 12:24PM	Vyatipata* Until 12:44AM Tue	Muruga: Clear	<i>Sunset:</i> 8:12PM		Durmukha 5118
Family Home Evening	355831361	Rahu	6:32AM – 8:29AM	Balava Until 11:22AM	Nataraja: White			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Navami* Until 12:32AM Tue	Moon – Red			Navami
					Jyeshtha-Vaikasi		Devaloka Day	

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1	Tuesday, June 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
			Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 58
	Kanya Rasi: 19.58	Tithi 10	Gulika 12:24PM – 2:21PM	Hasta Until 12:48PM	Ganesha: Purple <i>Sunrise:</i> 4:35AM		Durmukha 5118
			Yama 8:29AM – 10:27AM	Variyan Until 1:45AM Wed	Muruga: Clear <i>Sunset:</i> 8:13PM		Moon 5 - Phase 9
		365831361 Rahu 4:18PM – 6:16PM	Tailila Until 1:48PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 3:02AM Wed	Moon – Green	Bhuloka Day		
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM		

2	Wednesday, June 15, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
			Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 59
	Tula Rasi: 1.47	Tithi 11	Gulika 10:27AM – 12:24PM	Chitra Until 3:52PM	Ganesha: Purple <i>Sunrise:</i> 4:35AM		Durmukha 5118
			Yama 6:32AM – 8:30AM	Parigha* Until 2:46AM Thu	Muruga: Clear <i>Sunset:</i> 8:13PM		Moon 5 - Phase 9
		365831361 Rahu 12:24PM – 2:21PM	Vanija Until 4:18PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 5:29AM Thu	Moon – Green	Bhuloka Day		
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM		

3	Thursday, June 16, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
			Svati Nakshatra Shiva Yoga Bava Karana Dvadashyam Titau				Sun 25 Sutra 60
	Tula Rasi: 13.38	Tithi 12	Gulika 8:30AM – 10:27AM	Svati Until 6:38PM	Ganesha: Purple <i>Sunrise:</i> 4:35AM		Durmukha 5118
			Yama 4:35AM – 6:32AM	Shiva Until 3:38AM Fri	Muruga: Clear <i>Sunset:</i> 8:14PM		Moon 5 - Phase 9
		365831361 Rahu 2:22PM – 4:19PM	Bava Until 6:39PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 7:42AM Fri	Moon – Green	Bhuloka Day		
Until 6:38PM				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

4	Friday, June 17, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Milan, Italy
			Vishakha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 61
	Tula Rasi: 25.34	Tithi 12 – 13	Gulika 6:32AM – 8:30AM	Vishakha Until 9:27PM	Ganesha: Clear <i>Sunrise:</i> 4:35AM		Durmukha 5118
			Yama 4:19PM – 6:17PM	Siddha Until 4:14AM Sat	Muruga: Clear <i>Sunset:</i> 8:14PM		Moon 5 - Phase 9
		375831361 Rahu 10:27AM – 12:25PM	Kaulava Until 8:43PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:42AM	Moon – Orange	Devaloka Day		
				Jyeshtha•Ani			
				<i>Pradosha Vrata</i>			

5	Saturday, June 18, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
			Anuradha Nakshatra Sadhya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 62
	Vrischika Rasi: 7.38	Tithi 13 – 14	Gulika 4:35AM – 6:33AM	Anuradha Until 11:44PM	Ganesha: Clear <i>Sunrise:</i> 4:35AM		Durmukha 5118
			Yama 2:22PM – 4:20PM	Sadhya Until 4:31AM Sun	Muruga: Clear <i>Sunset:</i> 8:14PM		Moon 5 - Phase 9
		375831361 Rahu 8:30AM – 10:27AM	Gara Until 10:24PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 9:36AM	Moon – Orange	Devaloka Day		
				Jyeshtha•Ani			

○	Sunday, June 19, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
	Copper Retreat Star		Jyeshtha* Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 63
	Vrischika Rasi: 19.52	Tithi 14 – 15	Gulika 4:20PM – 6:17PM	Jyeshtha* Until 1:26AM Mon	Ganesha: Clear <i>Sunrise:</i> 4:35AM		Durmukha 5118
			Yama 12:25PM – 2:22PM	Subha Until 4:29AM Mon	Muruga: Clear <i>Sunset:</i> 8:15PM		Moon 5 - Phase 9
		375831361 Rahu 6:17PM – 8:15PM	Visti Until 11:39PM	Nataraja: White		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 11:04AM	Moon – Orange	Devaloka Day		
Until 1:26AM Mon		Father's Day		Jyeshtha•Ani			
Then Creative Work - Siddha Yoga							

○	Monday, June 20, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Milan, Italy
	Silver Retreat Star		Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64
	Dhanus Rasi: 2.17	Tithi 15 – 16	Gulika 2:23PM – 4:20PM	Mula* Until 3:01AM Tue	Ganesha: Yellow <i>Sunrise:</i> 4:35AM		Durmukha 5118
			Yama 10:28AM – 12:25PM	Sukla Until 4:05AM Tue	Muruga: Clear <i>Sunset:</i> 8:15PM		Moon 5 - Phase 9
Family Home Evening		386831361 Rahu 6:33AM – 8:30AM	Balava Until 12:27AM Tue	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 12:05PM	Moon – Light Blue	Devaloka Day		
				Jyeshtha•Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Milan, Italy

Dhanus Rasi: 14.54 Tithi 16 – 17

386831361

Gulika 12:25PM – 2:23PM
Yama 8:31AM – 10:28AM
Rahu 4:20PM – 6:18PM

Purvashadha* Until 4:02AM Wed
Brahma Until 3:21AM Wed
Tailila Until 12:49AM Wed
Prathama* Until 12:40PM

Ganesha: Yellow *Sunrise: 4:36AM*
Muruga: Clear *Sunset: 8:15PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 4:02AM Wed
Then Creative Work - Amrita Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Milan, Italy

Dhanus Rasi: 27.43 Tithi 17 – 18

386831361

Gulika 10:28AM – 12:26PM
Yama 6:33AM – 8:31AM
Rahu 12:26PM – 2:23PM

Uttarashadha Until 4:30AM Thu
Indra Until 2:19AM Thu
Vanija Until 12:48AM Thu
Dvitiya Until 12:50PM

Ganesha: Yellow *Sunrise: 4:36AM*
Muruga: Clear *Sunset: 8:15PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sun 1 Sutra 66
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 4:30AM Thu
Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam

Milan, Italy

Makara Rasi: 10.43 Tithi 18 – 19

396831361

Gulika 8:31AM – 10:28AM
Yama 4:36AM – 6:34AM
Rahu 2:23PM – 4:21PM

Shravana Until 4:55AM Fri
Vaidhriti* Until 12:59AM Fri
Bava Until 12:24AM Fri
Tritiya Until 12:38PM

Ganesha: Blue *Sunrise: 4:36AM*
Muruga: Clear *Sunset: 8:15PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 2 Sutra 67
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 4:30AM Thu
Then Creative Work - Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Milan, Italy

Makara Rasi: 23.55 Tithi 19 – 20

396831361

Gulika 6:34AM – 8:31AM
Yama 4:21PM – 6:18PM
Rahu 10:29AM – 12:26PM

Dhanishtha Until 4:51AM Sat
Vishkambha* Until 11:22PM
Kaulava Until 11:40PM
Chaturthi* Until 12:03PM

Ganesha: Blue *Sunrise: 4:37AM*
Muruga: Clear *Sunset: 8:15PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 3 Sutra 68
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 4:51AM Sat
Then Creative Work - Amrita Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Milan, Italy

Kumbha Rasi: 7.18 Tithi 20 – 21

396831361

Gulika 4:37AM – 6:34AM
Yama 2:24PM – 4:21PM
Rahu 8:32AM – 10:29AM

Shatabhishak Until 4:17AM Sun
Priti Until 9:29PM
Gara Until 10:34PM
Panchami Until 11:08AM

Ganesha: Blue *Sunrise: 4:37AM*
Muruga: Clear *Sunset: 8:15PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sun 4 Sutra 69
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 4:17AM Sun
Then Creative Work - Siddha Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam

Milan, Italy

Kumbha Rasi: 20.53 Tithi 21 – 22

316831361

Gulika 4:21PM – 6:18PM
Yama 12:26PM – 2:24PM
Rahu 6:18PM – 8:15PM

Purvaproshtapada* Until 3:40AM Mon
Ayushman Until 7:18PM
Visti Until 9:08PM
Shashthi* Until 9:52AM

Ganesha: Purple *Sunrise: 4:37AM*
Muruga: Clear *Sunset: 8:15PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 5 Sutra 70
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 4:51AM Sat
Then Creative Work - Amrita Yoga

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam

Milan, Italy

Meena Rasi: 4.4 Tithi 22 – 23

316831361

Gulika 2:24PM – 4:21PM
Yama 10:29AM – 12:27PM
Rahu 6:35AM – 8:32AM

Uttaraproshtapada Until 2:33AM Tue
Saubhagya Until 4:51PM
Balava Until 7:21PM
Saptami Until 8:16AM

Ganesha: Purple *Sunrise: 4:38AM*
Muruga: Clear *Sunset: 8:15PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 6 Sutra 71
Durmukha 5118
Moon 6 - Phase 10
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 4:51AM Sat
Then Creative Work - Amrita Yoga

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Milan, Italy

Meena Rasi: 18.41 Tithi 23 – 24

317831361

Gulika 12:27PM – 2:24PM
Yama 8:33AM – 10:30AM
Rahu 4:21PM – 6:18PM

Revati Until 12:59AM Wed
Sobhana Until 2:08PM
Gara Until 4:02AM Wed
Ashtami* Until 6:19AM

Ganesha: Clear *Sunrise: 4:38AM*
Muruga: Clear *Sunset: 8:15PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sun 7 Sutra 72
Durmukha 5118
Moon 6 - Phase 10
Navami

Devaloka Day


Creative Work Siddha Yoga
Until 12:59AM Wed
Then Routine Work - Marana Yoga

1		Wednesday, June 29, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam				Milan, Italy
Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau						Sun 8		Sutra 73
Mesha Rasi: 2.53	Tithi 25	Gulika	10:30AM – 12:27PM	Ashvini Until 11:24PM	Ganesha: Purple	<i>Sunrise: 4:39AM</i>	Durmukha 5118	
		Yama	6:36AM – 8:33AM	Athiganda* Until 11:09AM	Muruga: Clear	<i>Sunset: 8:15PM</i>	Moon 6 - Phase 11	
		327831361 Rahu	12:27PM – 2:24PM	Vanija Until 2:49PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga			Dashami Until 1:30AM Thu	Moon – White		Bhuloka Day	
Until 11:24PM					Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga								

2		Thursday, June 30, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Milan, Italy
Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau						Sun 9		Sutra 74
Mesha Rasi: 17.17	Tithi 26	Gulika	8:33AM – 10:30AM	Bharani Until 9:29PM	Ganesha: Purple	<i>Sunrise: 4:39AM</i>	Durmukha 5118	
		Yama	4:39AM – 6:36AM	Sukarma Until 7:57AM	Muruga: Clear	<i>Sunset: 8:15PM</i>	Moon 6 - Phase 11	
		327831361 Rahu	2:24PM – 4:21PM	Bava Until 12:09PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 10:45PM	Moon – White		Bhuloka Day	
Until 9:29PM					Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

3		Friday, July 1, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam				Milan, Italy
Krittika Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau						Sun 10		Sutra 75
Vrishabha Rasi: 1.49	Tithi 27	Gulika	6:37AM – 8:34AM	Krittika Until 7:18PM	Ganesha: Purple	<i>Sunrise: 4:40AM</i>	Durmukha 5118	
		Yama	4:21PM – 6:18PM	Shula* Until 1:14AM Sat	Muruga: Clear	<i>Sunset: 8:15PM</i>	Moon 6 - Phase 11	
		327831361 Rahu	10:30AM – 12:27PM	Kaulava Until 9:21AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 7:54PM	Moon – White		Bhuloka Day	
Until 7:18PM					Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

4		Saturday, July 2, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam				Milan, Italy
Rohini/Mrigashira Nakshatra Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau						Sun 11		Sutra 76
Vrishabha Rasi: 16.24	Tithi 28 – 29	Gulika	4:40AM – 6:37AM	Rohini Until 5:26PM	Ganesha: Light Blue	<i>Sunrise: 4:40AM</i>	Durmukha 5118	
		Yama	2:24PM – 4:21PM	Ganda* Until 9:53PM	Muruga: Clear	<i>Sunset: 8:15PM</i>	Moon 6 - Phase 11	
		327831361 Rahu	8:34AM – 10:31AM	Gara Until 6:29AM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 5:04PM	Moon – Yellow		Bhuloka Day	
Until 5:26PM				<i>Pradosha Vrata (Fasting)</i>	Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga								

		Sunday, July 3, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Mrigashira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau						Sun 12		Sutra 77
Mithuna Rasi: 0.55	Tithi 29 – 30	Gulika	4:21PM – 6:18PM	Mrigashira Until 3:34PM	Ganesha: Light Blue	<i>Sunrise: 4:41AM</i>	Durmukha 5118	
		Yama	12:28PM – 2:24PM	Vriddhi Until 6:42PM	Muruga: Clear	<i>Sunset: 8:14PM</i>	Moon 6 - Phase 11	
		327831361 Rahu	6:18PM – 8:14PM	Catuspada Until 1:11AM Mon	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 2:24PM	Moon – Yellow		Bhuloka Day	
					Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM	

Monday, July 4, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau						Sun 13		Sutra 78
Mithuna Rasi: 15.15	Tithi 30 – 1	Gulika	2:24PM – 4:21PM	Ardra Until 1:52PM	Ganesha: Purple	<i>Sunrise: 4:42AM</i>	Durmukha 5118	
Family Home Evening		Yama	10:31AM – 12:28PM	Dhruva Until 3:46PM	Muruga: Clear	<i>Sunset: 8:14PM</i>	Moon 6 - Phase 11	
		327831361 Rahu	6:38AM – 8:35AM	Kintughna Until 11:01PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 12:01PM	Moon – Yellow		Bhuloka Day	
Until 1:52PM					Ashada*Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Tuesday, July 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 14 Sutra 79
Mithuna Rasi: 29.19	Tithi 1 – 2	Gulika	12:28PM – 2:24PM	Punarvasu Until 12:56PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:42AM	Durmukha 5118	
		Yama	8:35AM – 10:32AM	Vyaghata* Until 1:14PM	Muruga: Clear	<i>Sunset:</i> 8:14PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	348831361 Rahu	4:21PM – 6:17PM	Balava Until 9:22PM	Nataraja: White		3rd Phase	
				Prathama* Until 10:06AM	Moon – Blue			
					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

2		Wednesday, July 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Milan, Italy Sun 15 Sutra 80
Kataka Rasi: 13.02	Tithi 2 – 3	Gulika	10:32AM – 12:28PM	Pushya Until 12:27PM	Ganesh: Purple	<i>Sunrise:</i> 4:43AM	Durmukha 5118	
		Yama	6:39AM – 8:36AM	Harshana Until 11:13AM	Muruga: Clear	<i>Sunset:</i> 8:13PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448831361 Rahu	12:28PM – 2:24PM	Taitila Until 8:22PM	Nataraja: White		3rd Phase	
				Dvitiya Until 8:46AM	Moon – Blue			
					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

3		Thursday, July 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Milan, Italy Sun 16 Sutra 81
Kataka Rasi: 26.21	Tithi 3 – 4	Gulika	8:36AM – 10:32AM	Ashlesha* Until 12:31PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:44AM	Durmukha 5118	
		Yama	4:44AM – 6:40AM	Vajra* Until 9:45AM	Muruga: Clear	<i>Sunset:</i> 8:13PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 Rahu	2:24PM – 4:21PM	Vanija Until 8:07PM	Nataraja: White		3rd Phase	
Until 12:31PM				Tritiya Until 8:08AM	Moon – Blue			
Then Creative Work - Amrita Yoga					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

4		Friday, July 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy Sun 17 Sutra 82
Simha Rasi: 9.16	Tithi 4 – 5	Gulika	6:41AM – 8:37AM	Magha* Until 1:40PM	Ganesh: Purple	<i>Sunrise:</i> 4:45AM	Durmukha 5118	
		Yama	4:20PM – 6:16PM	Siddhi Until 8:54AM	Muruga: Clear	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 12	
Routine Work	Marana Yoga	458931361 Rahu	10:33AM – 12:29PM	Bava Until 8:39PM	Nataraja: White		3rd Phase	
Until 1:40PM				Chaturthi* Until 8:16AM	Moon – Red			
Then Creative Work - Siddha Yoga					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

5		Saturday, July 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Milan, Italy Sun 18 Sutra 83
Simha Rasi: 21.5	Tithi 5 – 6	Gulika	4:45AM – 6:41AM	Purvaphalguni Until 3:23PM	Ganesh: Purple	<i>Sunrise:</i> 4:45AM	Durmukha 5118	
		Yama	2:24PM – 4:20PM	Vyatipata* Until 8:40AM	Muruga: Clear	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	458931361 Rahu	8:37AM – 10:33AM	Kaulava Until 9:54PM	Nataraja: White		3rd Phase	
Until 3:23PM				Panchami Until 9:10AM	Moon – Red			
Then Routine Work - Marana Yoga					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

6		Sunday, July 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Milan, Italy Sun 19 Sutra 84
Kanya Rasi: 4.05	Tithi 6 – 7	Gulika	4:20PM – 6:16PM	Uttaraphalguni Until 5:33PM	Ganesh: Purple	<i>Sunrise:</i> 4:46AM	Durmukha 5118	
		Yama	12:29PM – 2:24PM	Variyan Until 8:56AM	Muruga: Clear	<i>Sunset:</i> 8:11PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	458931361 Rahu	6:16PM – 8:11PM	Gara Until 11:45PM	Nataraja: White		3rd Phase	
				Shashthi* Until 10:45AM	Moon – Red			
		Chidambaram Abhishekam			Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

Monday, July 11, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Milan, Italy Sun 20 Sutra 85
Kanya Rasi: 16.08	Tithi 7 – 8	Gulika	2:24PM – 4:20PM	Hasta Until 8:29PM	Ganesh: Orange	<i>Sunrise:</i> 4:47AM	Durmukha 5118	
Family Home Evening		Yama	10:33AM – 12:29PM	Parigha* Until 9:37AM	Muruga: Clear	<i>Sunset:</i> 8:11PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	469931361 Rahu	6:42AM – 8:38AM	Visti Until 2:00AM Tue	Nataraja: White		Ashtami	
Until 8:29PM				Saptami Until 12:49PM	Moon – Green			
Then Routine Work - Prabalarishta Yoga					Ashada*Ani	Devaloka Day		

Tuesday, July 12, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy Sun 21 Sutra 86
Kanya Rasi: 28.02	Tithi 8 – 9	Gulika	12:29PM – 2:24PM	Chitra Until 11:27PM	Ganesh: Orange	<i>Sunrise:</i> 4:48AM	Durmukha 5118	
		Yama	8:38AM – 10:34AM	Shiva Until 10:32AM	Muruga: Clear	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	469931361 Rahu	4:20PM – 6:15PM	Balava Until 4:24AM Wed	Nataraja: White		Navami	
				Ashtami* Until 3:10PM	Moon – Green			
					Ashada*Ani	Devaloka Day		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

1 Wednesday, July 13, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
Tula Rasi: 9.53 Tithi 9 - 10		Svati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Sun 22 Sutra 87
Creative Work Siddha Yoga	469931361	Gulika 10:34AM - 12:29PM	Svati Until 2:13AM Thu	Ganesh: Orange <i>Sunrise: 4:49AM</i>	Durmukha 5118	
		Yama 6:44AM - 8:39AM	Siddha Until 11:29AM	Muruga: Clear <i>Sunset: 8:09PM</i>	Moon 6 - Phase 13	
		Rahu 12:29PM - 2:24PM	Taitila Until 6:43AM Thu	Nataraja: White	4th Phase	
			Navami* Until 5:34PM	Moon - Green	Devaloka Day	
				Ashada*Ani		

2 Thursday, July 14, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
Tula Rasi: 21.47 Tithi 10		Vishakha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashmyam Titau				Sun 23 Sutra 88
Creative Work Siddha Yoga	479931361	Gulika 8:39AM - 10:34AM	Vishakha Until 5:05AM Fri	Ganesh: Green <i>Sunrise: 4:50AM</i>	Durmukha 5118	
		Yama 4:50AM - 6:45AM	Sadhya Until 12:22PM	Muruga: Clear <i>Sunset: 8:09PM</i>	Moon 6 - Phase 13	
		Rahu 2:24PM - 4:19PM	Taitila Until 6:43AM	Nataraja: White	4th Phase	
			Dashami Until 7:47PM	Moon - Orange	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

3 Friday, July 15, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Milan, Italy
Vrischika Rasi: 3.47 Tithi 11		Anuradha Nakshatra Subha/Sukha Yoga Vanija/Visti* Karana Ekadashmyam Titau				Sun 24 Sutra 89
Creative Work Siddha Yoga	479931361	Gulika 6:45AM - 8:40AM	Anuradha Until 7:25AM Sat	Ganesh: Green <i>Sunrise: 4:51AM</i>	Durmukha 5118	
		Yama 4:19PM - 6:13PM	Subha Until 1:01PM	Muruga: Clear <i>Sunset: 8:08PM</i>	Moon 6 - Phase 13	
		Rahu 10:35AM - 12:29PM	Vanija Until 8:47AM	Nataraja: White	4th Phase	
			Ekadashi Until 9:39PM	Moon - Orange	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

4 Saturday, July 16, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
Vrischika Rasi: 15.56 Tithi 12		Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashmyam Titau				Sun 25 Sutra 90
Creative Work Siddha Yoga	479931362	Gulika 4:52AM - 6:46AM	Anuradha Until 7:25AM	Ganesh: Green <i>Sunrise: 4:52AM</i>	Durmukha 5118	
		Yama 2:24PM - 4:18PM	Sukla Until 1:19PM	Muruga: Clear <i>Sunset: 8:07PM</i>	Moon 6 - Phase 13	
		Rahu 8:40AM - 10:35AM	Bava Until 10:26AM	Nataraja: Clear	4th Phase	
			Dvadashi Until 11:03PM	Moon - Orange	Devaloka Day	
				Ashada*Adi		

5 Sunday, July 17, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Vrischika Rasi: 28.17 Tithi 13		Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashmyam Titau				Sun 26 Sutra 91
Routine Work Marana Yoga Until 9:05AM Then Creative Work - Amrita Yoga	479931362	Gulika 4:18PM - 6:12PM	Jyeshtha* Until 9:05AM	Ganesh: Green <i>Sunrise: 4:52AM</i>	Durmukha 5118	
		Yama 12:29PM - 2:24PM	Brahma Until 1:13PM	Muruga: Clear <i>Sunset: 8:06PM</i>	Moon 6 - Phase 13	
		Rahu 6:12PM - 8:06PM	Kaulava Until 11:34AM	Nataraja: Clear	4th Phase	
			Trayodashi Until 11:55PM	Moon - Orange	Devaloka Day	
				Ashada*Adi	Pradosha Vrata	

6 Monday, July 18, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
Dhanus Rasi: 10.54 Tithi 14		Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashmyam Titau				Sun 27 Sutra 92
Family Home Evening Creative Work Siddha Yoga Until 10:33AM Then Routine Work - Marana Yoga	481931362	Gulika 2:24PM - 4:18PM	Mula* Until 10:33AM	Ganesh: Blue <i>Sunrise: 4:53AM</i>	Durmukha 5118	
		Yama 10:36AM - 12:30PM	Indra Until 12:42PM	Muruga: Clear <i>Sunset: 8:06PM</i>	Moon 6 - Phase 13	
		Rahu 6:47AM - 8:41AM	Gara Until 12:10PM	Nataraja: Clear	4th Phase	
			Chaturdashi* Until 12:14AM Tue	Moon - Light Blue	Subha Sivaloka Day	
				Ashada*Adi		

○ Tuesday, July 19, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
Copper Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 93
Dhanus Rasi: 23.46 Tithi 15 Creative Work Siddha Yoga Until 11:20AM Then Routine Work - Prabalarishta Yoga	481931362	Gulika 12:30PM - 2:23PM	Purvashadha* Until 11:20AM	Ganesh: Blue <i>Sunrise: 4:54AM</i>	Durmukha 5118	
		Yama 8:42AM - 10:36AM	Vaidhriti* Until 11:44AM	Muruga: Clear <i>Sunset: 8:05PM</i>	Moon 6 - Phase 13	
		Rahu 4:17PM - 6:11PM	Visti Until 12:12PM	Nataraja: Clear	Purnima	
			Purnima* Until 12:01AM Wed	Moon - Light Blue	Subha Sivaloka Day	
		Satguru Purnima		Ashada*Adi		

Wednesday, July 20, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Milan, Italy
Silver Retreat Star		Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 94
Makara Rasi: 6.53 Tithi 16 Creative Work Amrita Yoga Until 11:27AM Then Creative Work - Siddha Yoga	481931362	Gulika 10:36AM - 12:30PM	Uttarashadha Until 11:27AM	Ganesh: Blue <i>Sunrise: 4:55AM</i>	Durmukha 5118	
		Yama 6:49AM - 8:43AM	Vishkambha* Until 10:22AM	Muruga: Clear <i>Sunset: 8:04PM</i>	Moon 6 - Phase 13	
		Rahu 12:30PM - 2:23PM	Balava Until 11:45AM	Nataraja: Clear	Prathama	
			Prathama* Until 11:20PM	Moon - Light Blue	Subha Sivaloka Day	
				Ashada*Adi		



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy

Sun 1 Sutra 95

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Makara Rasi: 20.16 Tihti 17

Gulika 8:43AM - 10:36AM

Yama 4:56AM - 6:50AM

491931362 Rahu 2:23PM - 4:16PM

Shravana Until 11:26AM

Priti Until 8:40AM

Taitila Until 10:51AM

Dvitiya Until 10:14PM

Ganesha: Yellow Sunrise: 4:56AM

Muruga: Clear Sunset: 8:03PM

Nataraja: Clear

Moon - Purple Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy

Sun 2 Sutra 96

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Kumbha Rasi: 3.51 Tihti 18

Gulika 6:51AM - 8:44AM

Yama 4:16PM - 6:09PM

491931362 Rahu 10:37AM - 12:30PM

Dhanishtha Until 10:55AM

Ayushman Until 6:38AM

Vanija Until 9:35AM

Tritiya Until 8:49PM

Ganesha: Yellow Sunrise: 4:58AM

Muruga: Clear Sunset: 8:02PM

Nataraja: Clear

Moon - Purple Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Shatabhishak/Purvaprossthapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy

Sun 3 Sutra 97

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Kumbha Rasi: 17.37 Tihti 19

Gulika 4:59AM - 6:51AM

Yama 2:23PM - 4:15PM

491931362 Rahu 8:44AM - 10:37AM

Shatabhishak Until 9:57AM

Sobhana Until 1:56AM Sun

Bava Until 8:01AM

Chaturthi* Until 7:08PM

Ganesha: Yellow Sunrise: 4:59AM

Muruga: Clear Sunset: 8:01PM

Nataraja: Clear

Moon - Purple Ashada*Adi

Sivaloka Day

Creative Work Amrita Yoga

Until 9:57AM

Then Routine Work - Marana Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Purvaprossthapada*/Uttaraprossthapada Nakshatra Athiganda* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Milan, Italy

Sun 4 Sutra 98

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Meena Rasi: 1.32 Tihti 20 - 21

Gulika 4:15PM - 6:07PM

Yama 12:30PM - 2:22PM

411931362 Rahu 6:07PM - 8:00PM

Purvaprossthapada* Until 9:04AM

Athiganda* Until 11:19PM

Kaulava Until 6:14AM

Panchami Until 5:15PM

Ganesha: Red Sunrise: 5:00AM

Muruga: Clear Sunset: 8:00PM

Nataraja: Clear

Moon - Clear Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Until 9:04AM

Then Creative Work - Amrita Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Uttaraprossthapada*/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sun 5 Sutra 99

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Meena Rasi: 15.33 Tihti 21 - 22

Gulika 2:22PM - 4:14PM

Yama 10:37AM - 12:30PM

411931362 Rahu 6:53AM - 8:45AM

Uttaraprossthapada Until 7:52AM

Sukarma Until 8:36PM

Visti Until 2:11AM Tue

Shashthi* Until 3:14PM

Ganesha: Red Sunrise: 5:01AM

Muruga: Clear Sunset: 7:59PM

Nataraja: Clear

Moon - Clear Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, July 26, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sun 6 Sutra 100

Durmukha 5118

Moon 7 - Phase 14

Ashtami

Meena Rasi: 29.4 Tihti 22 - 23

Gulika 12:30PM - 2:22PM

Yama 8:46AM - 10:38AM

411931362 Rahu 4:14PM - 6:06PM

Revati Until 6:25AM

Dhriti Until 5:48PM

Balava Until 12:00AM Wed

Saptami Until 1:06PM

Ganesha: Red Sunrise: 5:02AM

Muruga: Clear Sunset: 7:58PM

Nataraja: Clear

Moon - Clear Ashada*Adi

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Bharani Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sun 7 Sutra 101

Durmukha 5118

Moon 7 - Phase 14

Navami

Mesha Rasi: 13.5 Tihti 23 - 24

Gulika 10:38AM - 12:30PM

Yama 6:55AM - 8:46AM

421931362 Rahu 12:30PM - 2:21PM

Bharani Until 3:40AM Thu

Shula* Until 2:55PM

Taitila Until 9:46PM

Ashtami* Until 10:52AM

Ganesha: Green Sunrise: 5:03AM

Muruga: Clear Sunset: 7:56PM

Nataraja: Clear

Moon - White Ashada*Adi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:40AM Thu

Then Routine Work - Marana Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang


1		Thursday, July 28, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Milan, Italy	
Mesha Rasi: 28.02		Tihti 24 – 25		Krittika Nakshatra Ganda* Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 102	
Routine Work		Marana Yoga		Gulika 8:47AM – 10:38AM	Krittika Until 2:03AM Fri	Ganesha: Green	<i>Sunrise:</i> 5:04AM	Durmukha 5118	
				Yama 5:04AM – 6:55AM	Ganda* Until 12:02PM	Muruga: Clear	<i>Sunset:</i> 7:55PM	Moon 7 - Phase 15	
		421931362		Rahu 2:21PM – 4:12PM	Vanija Until 7:29PM	Nataraja: Clear		2nd Phase	
					Navami* Until 8:36AM	Moon – White		Subha Sivaloka Day	
						Ashada*Adi			

2		Friday, July 29, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Milan, Italy	
Vrishabha Rasi: 12.14		Tihti 25 – 26		Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 103	
Routine Work		Marana Yoga		Gulika 6:56AM – 8:47AM	Rohini Until 12:45AM Sat	Ganesha: Green	<i>Sunrise:</i> 5:05AM	Durmukha 5118	
Until 12:45AM Sat				Yama 4:12PM – 6:03PM	Vriddhi Until 9:09AM	Muruga: Clear	<i>Sunset:</i> 7:54PM	Moon 7 - Phase 15	
Then Creative Work - Siddha Yoga		421931362		Rahu 10:39AM – 12:30PM	Balava Until 4:08AM Sat	Nataraja: Clear		2nd Phase	
					Dashami Until 6:20AM	Moon – Yellow		Devaloka Day	
						Ashada*Adi			

3		Saturday, July 30, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Milan, Italy	
Vrishabha Rasi: 26.25		Tihti 27		Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 104	
Creative Work		Siddha Yoga		Gulika 5:06AM – 6:57AM	Mrigashira Until 11:27PM	Ganesha: Green	<i>Sunrise:</i> 5:06AM	Durmukha 5118	
				Yama 2:20PM – 4:11PM	Dhruva Until 6:18AM	Muruga: Clear	<i>Sunset:</i> 7:53PM	Moon 7 - Phase 15	
		421931362		Rahu 8:48AM – 10:39AM	Kaulava Until 3:05PM	Nataraja: Clear		2nd Phase	
					Dvadashi* Until 2:04AM Sun	Moon – Yellow		Devaloka Day	
						Ashada*Adi			

4		Sunday, July 31, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Milan, Italy	
Mithuna Rasi: 10.29		Tihti 28		Ardra Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 105	
Creative Work		Siddha Yoga		Gulika 4:11PM – 6:01PM	Ardra Until 10:13PM	Ganesha: Purple	<i>Sunrise:</i> 5:07AM	Durmukha 5118	
				Yama 12:30PM – 2:20PM	Harshana Until 1:04AM Mon	Muruga: Clear	<i>Sunset:</i> 7:52PM	Moon 7 - Phase 15	
		42131362		Rahu 6:01PM – 7:52PM	Gara Until 1:08PM	Nataraja: Clear		2nd Phase	
					Trayodashi* Until 12:14AM Mon	Moon – Yellow		Devaloka Day	
					<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi			

5		Monday, August 1, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Milan, Italy	
Mithuna Rasi: 24.23		Tihti 29		Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 106	
Family Home Evening		Amrita Yoga		Gulika 2:20PM – 4:10PM	Punarvasu Until 9:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:09AM	Durmukha 5118	
Creative Work		Amrita Yoga		Yama 10:39AM – 12:29PM	Vajra* Until 10:50PM	Muruga: Clear	<i>Sunset:</i> 7:50PM	Moon 7 - Phase 15	
Until 9:37PM				Rahu 6:59AM – 8:49AM	Visti Until 11:27AM	Nataraja: Clear		2nd Phase	
Then Creative Work - Siddha Yoga		42131362			Chaturdashi* Until 10:45PM	Moon – Blue		Devaloka Day	
						Ashada*Adi			

		Tuesday, August 2, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Milan, Italy	
Retreat Star		Kataka Rasi: 8.04		Tihti 30		Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13	
Creative Work		Siddha Yoga		Gulika 12:29PM – 2:19PM	Pushya Until 9:18PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:10AM	Durmukha 5118	
				Yama 8:50AM – 10:39AM	Siddhi Until 8:58PM	Muruga: Clear	<i>Sunset:</i> 7:49PM	Moon 7 - Phase 15	
		42131362		Rahu 4:09PM – 5:59PM	Catuspada Until 10:11AM	Nataraja: Clear		Amavasya	
					Amavasya* Until 9:43PM	Moon – Blue		Devaloka Day	
						Ashada*Adi			

Retreat Star		Wednesday, August 3, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Milan, Italy	
Kataka Rasi: 21.28		Tihti 1		Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 108	
Creative Work		Siddha Yoga		Gulika 10:40AM – 12:29PM	Ashlesha* Until 9:24PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:11AM	Durmukha 5118	
				Yama 7:01AM – 8:50AM	Vyatipata* Until 7:33PM	Muruga: Clear	<i>Sunset:</i> 7:48PM	Moon 7 - Phase 15	
		42131362		Rahu 12:29PM – 2:19PM	Kintughna Until 9:25AM	Nataraja: Clear		Prathama	
					Prathama* Until 9:14PM	Moon – Blue		Devaloka Day	
						Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Thursday, August 4, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Milan, Italy Sun 15 Sutra 109 Durmukha 5118	
Simha Rasi: 4.34	Tithi 2	Gulika Yama 452131362	8:51AM – 10:40AM 5:12AM – 7:01AM Rahu 2:18PM – 4:08PM	Magha* Until 10:25PM Variyan Until 6:37PM Balava Until 9:15AM Dvitiya Until 9:24PM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red	Sunrise: 5:12AM Sunset: 7:46PM	Moon 7 - Phase 16 3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 10:25PM Then Creative Work - Siddha Yoga							

2		Friday, August 5, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Milan, Italy Sun 16 Sutra 110 Durmukha 5118	
Simha Rasi: 17.19	Tithi 3	Gulika Yama 452131362	7:02AM – 8:51AM 4:07PM – 5:56PM Rahu 10:40AM – 12:29PM	Purvaphalguni Until 11:55PM Parigha* Until 6:13PM Tailila Until 9:45AM Tritiya Until 10:13PM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red	Sunrise: 5:13AM Sunset: 7:45PM	Moon 7 - Phase 16 3rd Phase Devaloka Day
Creative Work Siddha Yoga							

3		Saturday, August 6, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau		Milan, Italy Sun 17 Sutra 111 Durmukha 5118	
Simha Rasi: 29.47	Tithi 4	Gulika Yama 452141362	5:14AM – 7:03AM 2:18PM – 4:06PM Rahu 8:52AM – 10:40AM	Uttaraphalguni Until 1:51AM Sun Shiva Until 6:19PM Vanija Until 10:53AM Chaturthi* Until 11:39PM	Ganesh: Purple Muruga: Purple Nataraja: Clear Moon – Red	Sunrise: 5:14AM Sunset: 7:44PM	Moon 7 - Phase 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work Marana Yoga Until 1:51AM Sun Then Creative Work - Amrita Yoga							

4		Sunday, August 7, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau		Milan, Italy Sun 18 Sutra 112 Durmukha 5118	
Kanya Rasi: 12	Tithi 5	Gulika Yama 462141362	4:05PM – 5:54PM 12:29PM – 2:17PM Rahu 5:54PM – 7:42PM	Hasta Until 4:35AM Mon Siddha Until 6:47PM Bava Until 12:35PM Panchami Until 1:34AM Mon	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green	Sunrise: 5:16AM Sunset: 7:42PM	Moon 7 - Phase 16 3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 4:35AM Mon Then Routine Work - Prabalarishta Yoga		Nag Panchami					

5		Monday, August 8, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau		Milan, Italy Sun 19 Sutra 113 Durmukha 5118	
Kanya Rasi: 24.02	Tithi 6	Gulika Yama 462141362	2:17PM – 4:05PM 10:41AM – 12:29PM Rahu 7:05AM – 8:53AM	Chitra Until 7:26AM Tue Sadhya Until 7:34PM Kaulava Until 2:42PM Shashthi* Until 3:50AM Tue	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green	Sunrise: 5:17AM Sunset: 7:41PM	Moon 7 - Phase 16 3rd Phase Devaloka Day
Family Home Evening Routine Work Prabalarishta Yoga Until 7:26AM Tue Then Creative Work - Siddha Yoga							

6		Tuesday, August 9, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau		Milan, Italy Sun 20 Sutra 114 Durmukha 5118	
Tula Rasi: 5.56	Tithi 7	Gulika Yama 462141362	12:29PM – 2:16PM 8:53AM – 10:41AM Rahu 4:04PM – 5:51PM	Chitra Until 7:26AM Subha Until 8:30PM Gara Until 5:03PM Saptami Until 6:13AM Wed	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green	Sunrise: 5:18AM Sunset: 7:39PM	Moon 7 - Phase 16 3rd Phase Devaloka Day
Creative Work Siddha Yoga							

Retreat Star		Wednesday, August 10, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Milan, Italy Sun 21 Sutra 115 Durmukha 5118	
Tula Rasi: 17.49	Tithi 7 – 8	Gulika Yama 462141362	10:41AM – 12:28PM 7:06AM – 8:54AM Rahu 12:28PM – 2:16PM	Svati Until 10:13AM Sukla Until 9:23PM Visti Until 7:25PM Saptami Until 6:13AM	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green	Sunrise: 5:19AM Sunset: 7:38PM	Moon 7 - Phase 16 Ashtami Devaloka Day
Creative Work Siddha Yoga							

Retreat Star		Thursday, August 11, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy Sun 22 Sutra 116 Durmukha 5118	
Tula Rasi: 29.44	Tithi 8 – 9	Gulika Yama 473141362	8:54AM – 10:41AM 5:20AM – 7:07AM Rahu 2:15PM – 4:02PM	Vishakha Until 1:13PM Brahma Until 10:08PM Balava Until 9:35PM Ashtami* Until 8:31AM	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Orange	Sunrise: 5:20AM Sunset: 7:36PM	Moon 7 - Phase 16 Navami Devaloka Day
Creative Work Siddha Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Friday, August 12, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashyam Titau				Milan, Italy Sun 23
	Vrischika Rasi: 11.44	Tithi 9 – 10	Gulika 7:08AM – 8:55AM	Anuradha Until 3:44PM	Ganesha: Clear <i>Sunrise:</i> 5:22AM	Muruga: Purple <i>Sunset:</i> 7:35PM	Sutra 117 Durmukha 5118 Moon 7 - Phase 17 4th Phase
	Creative Work Siddha Yoga		473141362	Rahu 10:41AM – 12:28PM	Taitila Until 11:22PM	Nataraja: Clear Moon – Orange	Devaloka Day
	Until 3:44PM		Varalakshmi Vratam		Navami* Until 10:31AM	Sravana-Adi	
Then Routine Work - Marana Yoga							

2	Saturday, August 13, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 24
	Vrischika Rasi: 23.56	Tithi 10 – 11	Gulika 5:23AM – 7:09AM	Jyeshtha* Until 5:37PM	Ganesha: Clear <i>Sunrise:</i> 5:23AM	Muruga: Purple <i>Sunset:</i> 7:33PM	Sutra 118 Durmukha 5118 Moon 7 - Phase 17 4th Phase
	Creative Work Siddha Yoga		473141362	Rahu 8:55AM – 10:42AM	Vaidhriti* Until 10:39PM	Nataraja: Clear Moon – Orange	Devaloka Day
	Until 3:44PM		Varalakshmi Vratam		Dashami Until 12:04PM	Sravana-Adi	
Then Routine Work - Marana Yoga							

3	Sunday, August 14, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau				Milan, Italy Sun 25
	Dhanus Rasi: 6.21	Tithi 11 – 12	Gulika 4:00PM – 5:45PM	Mula* Until 7:14PM	Ganesha: White <i>Sunrise:</i> 5:24AM	Muruga: Purple <i>Sunset:</i> 7:31PM	Sutra 119 Durmukha 5118 Moon 7 - Phase 17 4th Phase
	Creative Work Amrita Yoga		483141362	Rahu 5:45PM – 7:31PM	Vishkambha* Until 10:13PM	Nataraja: Clear Moon – Light Blue	Sivaloka Day
	Until 7:14PM		Ekadashi Until 1:02PM		Bava Until 1:17AM Mon	Sravana-Adi	
Then Creative Work - Siddha Yoga							

4	Monday, August 15, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau				Milan, Italy Sun 26
	Dhanus Rasi: 19.04	Tithi 12 – 13	Gulika 2:13PM – 3:59PM	Purvashadha* Until 8:04PM	Ganesha: White <i>Sunrise:</i> 5:25AM	Muruga: Purple <i>Sunset:</i> 7:30PM	Sutra 120 Durmukha 5118 Moon 7 - Phase 17 4th Phase
	Family Home Evening		483141362	Rahu 7:11AM – 8:56AM	Priti Until 9:18PM	Nataraja: Clear Moon – Light Blue	Sivaloka Day
	Routine Work Marana Yoga		Dvadashti Until 1:21PM		Kaulava Until 1:16AM Tue	Sravana-Adi	
		<i>Pradosha Vrata</i>					

5	Tuesday, August 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 27
	Makara Rasi: 2.05	Tithi 13 – 14	Gulika 12:27PM – 2:12PM	Uttarashadha Until 8:06PM	Ganesha: White <i>Sunrise:</i> 5:26AM	Muruga: Purple <i>Sunset:</i> 7:28PM	Sutra 121 Durmukha 5118 Moon 7 - Phase 17 4th Phase
	Routine Work Prabalarishta Yoga		483141362	Rahu 3:58PM – 5:43PM	Ayushman Until 7:49PM	Nataraja: Clear Moon – Light Blue	Sivaloka Day
	Until 8:06PM		Trayodashi Until 1:00PM		Gara Until 12:37AM Wed	Sravana-Avani	
Then Creative Work - Siddha Yoga							

○	Wednesday, August 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Milan, Italy Sun 28
	Copper Retreat Star		Gulika 10:42AM – 12:27PM	Shravana Until 7:50PM	Ganesha: White <i>Sunrise:</i> 5:28AM	Muruga: Purple <i>Sunset:</i> 7:26PM	Sutra 122 Durmukha 5118 Moon 7 - Phase 17 Purnima
	Creative Work Siddha Yoga		593141362	Rahu 12:27PM – 2:12PM	Saubhagya Until 5:52PM	Nataraja: Clear Moon – Purple	Sivaloka Day
	Until 7:50PM		Raksha Bandhan		Visti Until 11:22PM	Sravana-Avani	
Then Routine Work - Prabalarishta Yoga							

○	Thursday, August 18, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sun 29
	Silver Retreat Star		Gulika 8:58AM – 10:42AM	Dhanishtha Until 6:54PM	Ganesha: White <i>Sunrise:</i> 5:29AM	Muruga: Purple <i>Sunset:</i> 7:25PM	Sutra 123 Durmukha 5118 Moon 7 - Phase 17 Prathama
	Creative Work Siddha Yoga		593141362	Rahu 2:11PM – 3:56PM	Sobhana Until 3:30PM	Nataraja: Clear Moon – Purple	Sivaloka Day
	Until 7:50PM		Purnima* Until 10:31AM		Balava Until 9:37PM	Sravana-Avani	
Then Routine Work - Prabalarishta Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vistil Karana Prathama/Dvitiyayam Titau

Milan, Italy

Sutra 124

Durmukha 5118

Kumbha Rasi: 13.09 Tithi 16 – 17

Gulika 7:14AM – 8:58AM

Shatabhishak Until 5:26PM

Ganesha: White Sunrise: 5:30AM

Moon 8 - Phase 18

Yama 3:55PM – 5:39PM

Athiganda* Until 12:46PM

Muruga: Purple Sunset: 7:23PM

1st Phase

593141362 Rahu 10:42AM – 12:27PM

Taitila Until 7:29PM

Nataraja: Clear

Sivaloka Day

Creative Work Siddha Yoga

Moon – Purple

Sravana-Avani

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantra Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Sukarma/Dhriti Yoga Gara/Vistil Karana Dvitiya/Tritiyayam Titau

Milan, Italy

Sun 1 Sutra 125

Durmukha 5118

Kumbha Rasi: 27.22 Tithi 17 – 18

Gulika 5:31AM – 7:15AM

Purvaprossthapada* Until 3:59PM

Ganesha: White Sunrise: 5:31AM

Moon 8 - Phase 18

Yama 2:10PM – 3:54PM

Sukarma Until 9:48AM

Muruga: Purple Sunset: 7:21PM

1st Phase

513141362 Rahu 8:59AM – 10:43AM

Vistil Until 3:48AM Sun

Nataraja: Clear

Sivaloka Day

Routine Work Marana Yoga

Moon – Clear

Sravana-Avani

Until 3:59PM

Dvitiya Until 6:17AM

Then Creative Work - Siddha Yoga

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthiyam Titau

Milan, Italy

Sun 2 Sutra 126

Durmukha 5118

Meena Rasi: 11.43 Tithi 19

Gulika 3:53PM – 5:36PM

Uttaraprossthapada Until 2:13PM

Ganesha: White Sunrise: 5:32AM

Moon 8 - Phase 18

Yama 12:26PM – 2:10PM

Dhriti Until 6:42AM

Muruga: Purple Sunset: 7:20PM

1st Phase

513141362 Rahu 5:36PM – 7:20PM

Bava Until 2:32PM

Nataraja: Clear

Sivaloka Day

Creative Work Amrita Yoga

Moon – Clear

Sravana-Avani

Chaturthi* Until 1:13AM Mon

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy

Sun 3 Sutra 127

Durmukha 5118

Meena Rasi: 26.08 Tithi 20

Gulika 2:09PM – 3:52PM

Revati Until 12:16PM

Ganesha: White Sunrise: 5:34AM

Moon 8 - Phase 18

Yama 10:43AM – 12:26PM

Ganda* Until 12:18AM Tue

Muruga: Purple Sunset: 7:18PM

1st Phase

Family Home Evening

513141362 Rahu 7:17AM – 9:00AM

Kaulava Until 11:56AM

Nataraja: Clear

Sivaloka Day

Creative Work Siddha Yoga

Moon – Clear

Sravana-Avani

Panchami Until 10:37PM

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy

Sun 4 Sutra 128

Durmukha 5118

Mesha Rasi: 10.32 Tithi 21

Gulika 12:26PM – 2:08PM

Ashvini Until 10:39AM

Ganesha: Clear Sunrise: 5:35AM

Moon 8 - Phase 18

Yama 9:00AM – 10:43AM

Vriddhi Until 9:12PM

Muruga: Purple Sunset: 7:16PM

1st Phase

523141362 Rahu 3:51PM – 5:34PM

Gara Until 9:23AM

Nataraja: Clear

Devaloka Day

Creative Work Siddha Yoga

Moon – White

Sravana-Avani

Shashthi* Until 8:07PM

5

Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Vistil*/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sun 5 Sutra 129

Durmukha 5118

Mesha Rasi: 24.52 Tithi 22 – 23

Gulika 10:43AM – 12:25PM

Bharani Until 9:01AM

Ganesha: Clear Sunrise: 5:36AM

Moon 8 - Phase 18

Yama 7:18AM – 9:01AM

Dhruva Until 6:13PM

Muruga: Purple Sunset: 7:15PM

1st Phase

523141362 Rahu 12:25PM – 2:08PM

Vistil Until 6:57AM

Nataraja: Clear

Devaloka Day

Creative Work Siddha Yoga

Moon – White

Sravana-Avani

Saptami Until 5:47PM

Until 9:01AM

Then Creative Work - Amrita Yoga

D

Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sun 6 Sutra 130

Durmukha 5118

Vrishabha Rasi: 9.04 Tithi 23 – 24

Gulika 9:01AM – 10:43AM

Krittika Until 7:26AM

Ganesha: Clear Sunrise: 5:37AM

Moon 8 - Phase 18

Yama 5:37AM – 7:19AM

Vyaghata* Until 3:25PM

Muruga: Purple Sunset: 7:13PM

Ashtami

524241362 Rahu 2:07PM – 3:49PM

Taitila Until 2:42AM Fri

Nataraja: Clear

Devaloka Day

Routine Work Marana Yoga

Moon – White

Sravana-Avani

Ashtami* Until 3:39PM

Krishna Janmashtami

Friday, August 26, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Milan, Italy

Sun 7 Sutra 131

Durmukha 5118

Vrishabha Rasi: 23.07 Tithi 24 – 25

Gulika 7:20AM – 9:02AM

Rohini Until 6:22AM

Ganesha: Purple Sunrise: 5:38AM

Moon 8 - Phase 18

Yama 3:48PM – 5:29PM

Harshana Until 12:49PM

Muruga: Purple Sunset: 7:11PM

Navami

534241362 Rahu 10:43AM – 12:25PM

Vanija Until 12:57AM Sat

Nataraja: Clear

Sivaloka Day

Routine Work Marana Yoga

Moon – Yellow

Sravana-Avani

Navami* Until 1:46PM

Until 6:22AM


Then Creative Work - Siddha Yoga

1		Saturday, August 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 8 Sutra 132
Mithuna Rasi: 6.59	Tithi 25 – 26	Gulika	5:40AM – 7:21AM	Ardra Until 4:40AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:40AM	Durmukha 5118	
		Yama	2:06PM – 3:47PM	Vajra* Until 10:27AM	Muruga: Purple	<i>Sunset:</i> 7:09PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363	Rahu	9:02AM – 10:43AM	Bava Until 11:32PM	Nataraja: Purple	2nd Phase	
				Dashami Until 12:11PM	Moon – Yellow		Devaloka Day	
					Sravana-Avani			

2		Sunday, August 28, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 9 Sutra 133
Mithuna Rasi: 20.4	Tithi 26 – 27	Gulika	3:46PM – 5:27PM	Punarvasu Until 4:33AM Mon	Ganesh: Clear	<i>Sunrise:</i> 5:41AM	Durmukha 5118	
		Yama	12:24PM – 2:05PM	Siddhi Until 8:20AM	Muruga: Purple	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363	Rahu	5:27PM – 7:07PM	Nataraja: Purple		2nd Phase	
				Kaulava Until 10:27PM	Moon – Blue		Bhuloka Day	
				Ekadashi* Until 10:55AM	Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3		Monday, August 29, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 10 Sutra 134
Kataka Rasi: 4.08	Tithi 27 – 28	Gulika	2:04PM – 3:45PM	Pushya Until 4:41AM Tue	Ganesh: Clear	<i>Sunrise:</i> 5:42AM	Durmukha 5118	
Family Home Evening		Yama	10:43AM – 12:24PM	Vyatipata* Until 6:32AM	Muruga: Purple	<i>Sunset:</i> 7:06PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363	Rahu	7:23AM – 9:03AM	Nataraja: Purple		2nd Phase	
				Gara Until 9:45PM	Moon – Blue		Bhuloka Day	
				Dvadashi* Until 10:02AM	Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>				

4		Tuesday, August 30, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 11 Sutra 135
Kataka Rasi: 17.23	Tithi 28 – 29	Gulika	12:24PM – 2:04PM	Ashlesha* Until 5:06AM Wed	Ganesh: Clear	<i>Sunrise:</i> 5:43AM	Durmukha 5118	
		Yama	9:03AM – 10:43AM	Parigha* Until 3:54AM Wed	Muruga: Purple	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363	Rahu	3:44PM – 5:24PM	Nataraja: Purple		2nd Phase	
				Visti Until 9:30PM	Moon – Blue		Bhuloka Day	
				Trayodashi* Until 9:33AM	Sravana-Avani		Devaloka Time: 9:AM to12:PM	

		Wednesday, August 31, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sun 12 Sutra 136
Retreat Star		Gulika	10:44AM – 12:23PM	Magha* Until 6:19AM Thu	Ganesh: Orange	<i>Sunrise:</i> 5:45AM	Durmukha 5118	
Simha Rasi: 0.23	Tithi 29 – 30	Yama	7:24AM – 9:04AM	Shiva Until 3:11AM Thu	Muruga: Purple	<i>Sunset:</i> 7:02PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363	Rahu	12:23PM – 2:03PM	Nataraja: Purple		Amavasya	
				Catuspada Until 9:44PM	Moon – Red		Bhuloka Day	
				Chaturdashi* Until 9:32AM	Sravana-Avani		Devaloka Time: 9:AM to12:PM	

Retreat Star		Thursday, September 1, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Milan, Italy Sun 13 Sutra 137
Simha Rasi: 13.09	Tithi 30 – 1	Gulika	9:04AM – 10:44AM	Magha* Until 6:19AM	Ganesh: Orange	<i>Sunrise:</i> 5:46AM	Durmukha 5118	
		Yama	5:46AM – 7:25AM	Siddha Until 2:49AM Fri	Muruga: Purple	<i>Sunset:</i> 7:00PM	Moon 8 - Phase 19	
Creative Work	Amrita Yoga	544241363	Rahu	2:02PM – 3:41PM	Nataraja: Purple		Prathama	
Until 6:19AM				Kintughna Until 10:29PM	Moon – Red		Bhuloka Day	
Then Creative Work - Siddha Yoga				Amavasya* Until 10:02AM	Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM	
				Annular Solar Eclipse				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1 Friday, September 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 14 Sutra 138
Simha Rasi: 25.41	Tithi 1 – 2	Gulika 7:26AM – 9:05AM Yama 3:40PM – 5:19PM Rahu 10:44AM – 12:23PM	Purvaphalguni Until 7:54AM Sadhya Until 2:53AM Sat Balava Until 11:45PM Prathama* Until 11:02AM	Ganesha: Orange Muruga: Purple Nataraja: Purple Moon – Red	<i>Sunrise:</i> 5:47AM <i>Sunset:</i> 6:58PM	Durmukha 5118 Moon 8 - Phase 20 3rd Phase
Creative Work	Siddha Yoga			Bhuloka Day Bhadrapada*Avani	Devaloka Time: 9:AM to 12:PM	
2 Saturday, September 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau				Milan, Italy Sun 15 Sutra 139
Kanya Rasi: 7.59	Tithi 2 – 3	Gulika 5:48AM – 7:27AM Yama 2:01PM – 3:39PM Rahu 9:05AM – 10:44AM	Uttaraphalguni Until 9:47AM Subha Until 3:18AM Sun Taitila Until 1:29AM Sun Dvitiya Until 12:33PM	Ganesha: Orange Muruga: Purple Nataraja: Purple Moon – Red	<i>Sunrise:</i> 5:48AM <i>Sunset:</i> 6:56PM	Durmukha 5118 Moon 8 - Phase 20 3rd Phase
Routine Work	Marana Yoga			Bhuloka Day Bhadrapada*Avani	Devaloka Time: 9:AM to 12:PM	
3 Sunday, September 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Milan, Italy Sun 16 Sutra 140
Kanya Rasi: 20.07	Tithi 3 – 4	Gulika 3:38PM – 5:16PM Yama 12:22PM – 2:00PM Rahu 5:16PM – 6:54PM	Hasta Until 12:25PM Sukla Until 3:59AM Mon Vanija Until 3:36AM Mon Tritiya Until 2:29PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 6:54PM	Durmukha 5118 Moon 8 - Phase 20 3rd Phase
Creative Work	Amrita Yoga			Bhuloka Day Bhadrapada*Avani	Devaloka Time: 9:AM to 12:PM	
Until 12:25PM						
Then Creative Work - Siddha Yoga						
4 Monday, September 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy Sun 17 Sutra 141
Tula Rasi: 2.05	Tithi 4 – 5	Gulika 1:59PM – 3:37PM Yama 10:44AM – 12:22PM Rahu 7:28AM – 9:06AM	Chitra Until 3:12PM Brahma Until 4:51AM Tue Bava Until 5:58AM Tue Chaturthi* Until 4:44PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise:</i> 5:51AM <i>Sunset:</i> 6:53PM	Durmukha 5118 Moon 8 - Phase 20 3rd Phase
Family Home Evening				Bhuloka Day Bhadrapada*Avani	Devaloka Time: 9:AM to 12:PM	
Routine Work	Prabalarishta Yoga					
Until 3:12PM						
Then Creative Work - Amrita Yoga						
5 Tuesday, September 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava Karana Panchamyam Titau				Milan, Italy Sun 18 Sutra 142
Tula Rasi: 13.59	Tithi 5	Gulika 12:21PM – 1:59PM Yama 9:06AM – 10:44AM Rahu 3:36PM – 5:13PM	Svati Until 5:59PM Indra Until 5:48AM Wed Balava Until 7:10PM Panchami Until 7:10PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise:</i> 5:52AM <i>Sunset:</i> 6:51PM	Durmukha 5118 Moon 8 - Phase 20 3rd Phase
Creative Work	Siddha Yoga			Bhuloka Day Bhadrapada*Avani	Devaloka Time: 9:AM to 12:PM	
Until 5:59PM						
Then Routine Work - Marana Yoga						
6 Wednesday, September 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy Sun 19 Sutra 143
Tula Rasi: 25.5	Tithi 6	Gulika 10:44AM – 12:21PM Yama 7:30AM – 9:07AM Rahu 12:21PM – 1:58PM	Vishakha Until 9:07PM Vaidhriti* Until 6:40AM Thu Kaulava Until 8:24AM Shashthi* Until 9:35PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 5:53AM <i>Sunset:</i> 6:49PM	Durmukha 5118 Moon 8 - Phase 20 3rd Phase
Creative Work	Siddha Yoga			Bhuloka Day Bhadrapada*Avani	Devaloka Time: 6:AM to 9:AM	
Thursday, September 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy Sun 20 Sutra 144
Retreat Star		Gulika 9:07AM – 10:44AM Yama 5:54AM – 7:31AM Rahu 1:57PM – 3:34PM	Anuradha Until 11:53PM Vaidhriti* Until 6:40AM Gara Until 10:45AM Saptami Until 11:48PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 5:54AM <i>Sunset:</i> 6:47PM	Durmukha 5118 Moon 8 - Phase 20 3rd Phase
Vrischika Rasi: 7.44	Tithi 7			Bhuloka Day Bhadrapada*Avani	Devaloka Time: 6:AM to 9:AM	
Creative Work	Siddha Yoga					
Until 11:53PM						
Then Routine Work - Prabalarishta Yoga						
Friday, September 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy Sun 21 Sutra 145
Retreat Star		Gulika 7:32AM – 9:08AM Yama 3:33PM – 5:09PM Rahu 10:44AM – 12:20PM	Jyeshtha* Until 2:08AM Sat Vishkambha* Until 7:20AM Visti Until 12:48PM Ashtami* Until 1:39AM Sat	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 5:55AM <i>Sunset:</i> 6:45PM	Durmukha 5118 Moon 8 - Phase 20 Ashtami
Vrischika Rasi: 19.43	Tithi 8			Bhuloka Day Bhadrapada*Avani	Devaloka Time: 6:AM to 9:AM	
Routine Work	Marana Yoga					
Until 2:08AM Sat						
Then Creative Work - Siddha Yoga						
Saturday, September 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy Sun 22 Sutra 146
Retreat Star		Gulika 5:57AM – 7:32AM Yama 1:56PM – 3:31PM Rahu 9:08AM – 10:44AM	Mula* Until 4:11AM Sun Priti Until 7:42AM Balava Until 2:24PM Navami* Until 2:57AM Sun	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Light Blue	<i>Sunrise:</i> 5:57AM <i>Sunset:</i> 6:43PM	Durmukha 5118 Moon 8 - Phase 20 Navami
Dhanus Rasi: 1.53	Tithi 9			Bhuloka Day Bhadrapada*Avani		
Creative Work	Siddha Yoga					

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dashamyam Titau						Sun 23 Sutra 147
Dhanus Rasi: 14.16	Tithi 10	Gulika 3:30PM – 5:06PM	Purvashadha* Until 5:24AM Mon	Ganesha: Purple <i>Sunrise:</i> 5:58AM	Durmukha 5118	
		Yama 12:20PM – 1:55PM	Ayushman Until 7:36AM	Muruga: Purple <i>Sunset:</i> 6:41PM	Moon 8 - Phase 21	
	585241363	Rahu 5:06PM – 6:41PM	Tailila Until 3:23PM	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga			Dashami Until 3:35AM Mon	Moon – Light Blue	Bhuloka Day	
Until 5:24AM Mon		Grandparent's Day		Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

2 Monday, September 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 24 Sutra 148
Dhanus Rasi: 26.58	Tithi 11	Gulika 1:54PM – 3:29PM	Uttarashadha Until 5:45AM Tue	Ganesha: Purple <i>Sunrise:</i> 5:59AM	Durmukha 5118	
Family Home Evening		Yama 10:44AM – 12:19PM	Saubhagya Until 6:58AM	Muruga: Purple <i>Sunset:</i> 6:39PM	Moon 8 - Phase 21	
	585241363	Rahu 7:34AM – 9:09AM	Vanija Until 3:39PM	Nataraja: Purple	4th Phase	
Routine Work Marana Yoga			Ekadashi Until 3:29AM Tue	Moon – Light Blue	Bhuloka Day	
Until 5:45AM Tue				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

3 Tuesday, September 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau						Sun 25 Sutra 149
Makara Rasi: 10.02	Tithi 12	Gulika 12:19PM – 1:53PM	Shravana Until 5:39AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:00AM	Durmukha 5118	
		Yama 9:09AM – 10:44AM	Athiganda* Until 3:55AM Wed	Muruga: Purple <i>Sunset:</i> 6:37PM	Moon 8 - Phase 21	
	595241363	Rahu 3:28PM – 5:03PM	Bava Until 3:09PM	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga			Dvadashi Until 2:36AM Wed	Moon – Purple	Bhuloka Day	
Until 5:39AM Wed				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

4 Wednesday, September 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
Dhanishtha Nakshatra Sukarma Yoga Kaulava/Tailila Karana Trayodashyam Titau						Sun 26 Sutra 150
Makara Rasi: 23.31	Tithi 13	Gulika 10:44AM – 12:18PM	Dhanishtha Until 4:42AM Thu	Ganesha: Clear <i>Sunrise:</i> 6:01AM	Durmukha 5118	
		Yama 7:36AM – 9:10AM	Sukarma Until 1:31AM Thu	Muruga: Purple <i>Sunset:</i> 6:35PM	Moon 8 - Phase 21	
	595241363	Rahu 12:18PM – 1:53PM	Kaulava Until 1:55PM	Nataraja: Purple	4th Phase	
Routine Work Prabalarishta Yoga			Trayodashi Until 1:01AM Thu	Moon – Purple	Bhuloka Day	
Until 4:42AM Thu		Avani Avittam	<i>Pradosha Vrata</i>	Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

5 Thursday, September 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau						Sun 27 Sutra 151
Kumbha Rasi: 7.25	Tithi 14	Gulika 9:10AM – 10:44AM	Shatabhishak Until 3:02AM Fri	Ganesha: Clear <i>Sunrise:</i> 6:03AM	Durmukha 5118	
		Yama 6:03AM – 7:36AM	Dhriti Until 10:38PM	Muruga: Purple <i>Sunset:</i> 6:34PM	Moon 8 - Phase 21	
	595241363	Rahu 1:52PM – 3:26PM	Gara Until 12:00PM	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga			Chaturdashi* Until 10:49PM	Moon – Purple	Bhuloka Day	
		Chidambaram Abhishekam		Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	

Friday, September 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Milan, Italy
Copper Retreat Star		Purvaprosarthapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 152
Kumbha Rasi: 21.41	Tithi 15	Gulika 7:37AM – 9:11AM	Purvaprosarthapada* Until 1:11AM Sat	Ganesha: Purple <i>Sunrise:</i> 6:04AM	Durmukha 5118	
		Yama 3:25PM – 4:58PM	Shula* Until 7:20PM	Muruga: Purple <i>Sunset:</i> 6:32PM	Moon 8 - Phase 21	
	516241363	Rahu 10:44AM – 12:18PM	Visti Until 9:33AM	Nataraja: Purple	Purnima	
Creative Work Siddha Yoga			Purnima* Until 8:08PM	Moon – Clear	Devaloka Day	
		Penumbra Lunar Eclipse		Bhadrapada-Puratasi		

Saturday, September 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Milan, Italy
Silver Retreat Star		Uttaraprosarthapada Nakshatra Ganda*/Vridhi Yoga Balava/Tailila Karana Prathama/Dvilayam Titau				Sutra 153
Meena Rasi: 6.16	Tithi 16 – 17	Gulika 6:05AM – 7:38AM	Uttaraprosarthapada Until 10:53PM	Ganesha: Purple <i>Sunrise:</i> 6:05AM	Durmukha 5118	
		Yama 1:50PM – 3:24PM	Ganda* Until 3:45PM	Muruga: Purple <i>Sunset:</i> 6:30PM	Moon 8 - Phase 21	
	516241363	Rahu 9:11AM – 10:44AM	Balava Until 6:41AM	Nataraja: Purple	Prathama	
Creative Work Siddha Yoga			Prathama* Until 5:07PM	Moon – Clear	Devaloka Day	
Until 10:53PM				Bhadrapada-Puratasi		
Then Routine Work - Prabalarishta Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy
Sun 1 Sutra 154

Meena Rasi: 21.04 Tihi 17 - 18

516241363

Gulika 3:22PM - 4:55PM
Yama 12:17PM - 1:50PM
Rahu 4:55PM - 6:28PM

Revati Until 8:17PM
Vriddhi Until 12:01PM
Vanija Until 12:17AM Mon
Dvitiya Until 1:54PM

Ganesha: Purple *Sunrise:* 6:06AM
Muruga: Purple *Sunset:* 6:28PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 8:17PM

Then Creative Work - Siddha Yoga

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Milan, Italy
Sun 2 Sutra 155

Mesha Rasi: 5.55 Tihi 18 - 19

526341363

Gulika 1:49PM - 3:21PM
Yama 10:44AM - 12:17PM
Rahu 7:40AM - 9:12AM

Ashvini Until 5:58PM
Dhruva Until 8:13AM
Bava Until 9:04PM
Tritiya Until 10:39AM

Ganesha: Purple *Sunrise:* 6:07AM
Muruga: Purple *Sunset:* 6:26PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy
Sun 3 Sutra 156

Mesha Rasi: 20.44 Tihi 19 - 20

526341363

Gulika 12:16PM - 1:48PM
Yama 9:12AM - 10:44AM
Rahu 3:20PM - 4:52PM

Bharani Until 3:40PM
Harshana Until 12:56AM Wed
Kaulava Until 6:00PM
Chaturthi* Until 7:29AM

Ganesha: Purple *Sunrise:* 6:09AM
Muruga: Purple *Sunset:* 6:24PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtiyam Titau

Milan, Italy
Sun 4 Sutra 157

Vrishabha Rasi: 5.22 Tihi 21

526341363

Gulika 10:44AM - 12:16PM
Yama 7:41AM - 9:13AM
Rahu 12:16PM - 1:47PM

Krittika Until 1:30PM
Vajra* Until 9:38PM
Gara Until 3:14PM
Shashti* Until 1:58AM Thu

Ganesha: Purple *Sunrise:* 6:10AM
Muruga: Purple *Sunset:* 6:22PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 1:30PM

Then Creative Work - Siddha Yoga

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy
Sun 5 Sutra 158

Vrishabha Rasi: 19.46 Tihi 22

536341363

Gulika 9:13AM - 10:44AM
Yama 6:11AM - 7:42AM
Rahu 1:47PM - 3:18PM

Rohini Until 12:00PM
Siddhi Until 6:42PM
Visti Until 12:51PM
Saptami Until 11:49PM

Ganesha: Clear *Sunrise:* 6:11AM
Muruga: Purple *Sunset:* 6:20PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy
Sun 6 Sutra 159

Mithuna Rasi: 3.52 Tihi 23

536341363

Gulika 7:43AM - 9:14AM
Yama 3:17PM - 4:47PM
Rahu 10:45AM - 12:15PM

Mrigashira Until 10:50AM
Vyatipata* Until 4:10PM
Balava Until 10:57AM
Ashtami* Until 10:11PM

Ganesha: Clear *Sunrise:* 6:12AM
Muruga: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy
Sun 7 Sutra 160

Mithuna Rasi: 17.37 Tihi 24

537341363

Gulika 6:14AM - 7:44AM
Yama 1:45PM - 3:16PM
Rahu 9:14AM - 10:45AM

Ardra Until 10:02AM
Variyan Until 2:02PM
Taitila Until 9:35AM
Navami* Until 9:05PM

Ganesha: White *Sunrise:* 6:14AM
Muruga: Purple *Sunset:* 6:16PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Durmukha 5118
Moon 9 - Phase 22
Navami

Devaloka Day

Creative Work Siddha Yoga

1 Sunday, September 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Kataka Rasi: 1.04		Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 161
Tihti 25		Gulika 3:14PM – 4:44PM	Punarvasu Until 10:05AM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Durmukha 5118
547341363		Yama 12:15PM – 1:44PM	Parigha* Until 12:22PM	Muruga: Purple	<i>Sunset:</i> 6:14PM	Moon 9 - Phase 23
Creative Work	Siddha Yoga	Rahu 4:44PM – 6:14PM	Vanija Until 8:46AM	Nataraja: Purple		2nd Phase
			Dashami Until 8:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2 Monday, September 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Milan, Italy
Kataka Rasi: 14.13		Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 162
Tihti 26		Gulika 1:44PM – 3:13PM	Pushya Until 10:31AM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Durmukha 5118
547341363		Yama 10:45AM – 12:14PM	Shiva Until 11:08AM	Muruga: Purple	<i>Sunset:</i> 6:12PM	Moon 9 - Phase 23
Family Home Evening		Rahu 7:46AM – 9:15AM	Bava Until 8:30AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Tuesday, September 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Milan, Italy
Kataka Rasi: 27.05		Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 163
Tihti 27		Gulika 12:14PM – 1:43PM	Ashlesha* Until 11:18AM	Ganesha: White	<i>Sunrise:</i> 6:17AM	Durmukha 5118
547341363		Yama 9:16AM – 10:45AM	Siddha Until 10:17AM	Muruga: Purple	<i>Sunset:</i> 6:10PM	Moon 9 - Phase 23
Creative Work	Siddha Yoga	Rahu 3:12PM – 4:41PM	Kaulava Until 8:45AM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 9:03PM	Moon – Blue	Devaloka Day	
				Bhadrapada-Puratasi		

4 Wednesday, September 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam				Milan, Italy
Simha Rasi: 9.44		Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 164
Tihti 28		Gulika 10:45AM – 12:14PM	Magha* Until 12:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	Durmukha 5118
547341363		Yama 7:47AM – 9:16AM	Sadhya Until 9:50AM	Muruga: Purple	<i>Sunset:</i> 6:09PM	Moon 9 - Phase 23
Creative Work	Siddha Yoga	Rahu 12:14PM – 1:42PM	Gara Until 9:31AM	Nataraja: Purple		2nd Phase
Until 12:52PM			Trayodashi* Until 10:02PM	Moon – Red	Bhuloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

5 Thursday, September 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Milan, Italy
Simha Rasi: 22.11		Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 165
Tihti 29		Gulika 9:16AM – 10:45AM	Purvaphalguni Until 2:43PM	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM	Durmukha 5118
547341363		Yama 6:20AM – 7:48AM	Subha Until 9:45AM	Muruga: Purple	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 23
Creative Work	Siddha Yoga	Rahu 1:42PM – 3:10PM	Visti Until 10:43AM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 11:27PM	Moon – Red	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

Friday, September 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Milan, Italy
Retreat Star		Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 166
Kanya Rasi: 4.27		Gulika 7:49AM – 9:17AM	Uttaraphalguni Until 4:47PM	Ganesha: Blue	<i>Sunrise:</i> 6:21AM	Durmukha 5118
Tihti 30		Yama 3:09PM – 4:37PM	Sukla Until 9:56AM	Muruga: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 23
547341363		Rahu 10:45AM – 12:13PM	Catuspada Until 12:19PM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:14AM Sat	Moon – Red	Bhuloka Day	
Until 4:47PM		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

Saturday, October 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
Retreat Star		Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 167
Kanya Rasi: 16.34		Gulika 6:22AM – 7:50AM	Hasta Until 7:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:22AM	Durmukha 5118
Tihti 1		Yama 1:40PM – 3:08PM	Brahma Until 10:23AM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 23
547341363		Rahu 9:17AM – 10:45AM	Kintughna Until 2:16PM	Nataraja: Purple		Prathama
Routine Work	Marana Yoga		Prathama* Until 3:20AM Sun	Moon – Green	Bhuloka Day	
			Navaratri Begins	Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Sunday, October 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy Sun 15 Sutra 168
Kanya Rasi: 28.34	Tithi 2	Gulika 3:07PM – 4:34PM	Chitra Until 10:16PM	Ganesh: Blue	<i>Sunrise:</i> 6:23AM		Durmukha 5118	
		Yama 12:12PM – 1:39PM	Indra Until 11:05AM	Muruga: Purple	<i>Sunset:</i> 6:01PM		Moon 9 - Phase 24	
Creative Work	Siddha Yoga	668341363 Rahu 4:34PM – 6:01PM	Balava Until 4:29PM	Nataraja: Purple			3rd Phase	
			Dvitiya Until 5:39AM Mon	Moon – Green		Bhuloka Day		
				Ashvina•Puratasi				
2		Monday, October 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila Karana Tritiyayam Titau				Milan, Italy Sun 16 Sutra 169
Tula Rasi: 10.29	Tithi 3	Gulika 1:39PM – 3:06PM	Svati Until 1:02AM Tue	Ganesh: Blue	<i>Sunrise:</i> 6:25AM		Durmukha 5118	
Family Home Evening		Yama 10:45AM – 12:12PM	Vaidhriti* Until 11:54AM	Muruga: Purple	<i>Sunset:</i> 5:59PM		Moon 9 - Phase 24	
Creative Work	Amrita Yoga	668341363 Rahu 7:52AM – 9:18AM	Tailila Until 6:54PM	Nataraja: Purple			3rd Phase	
Until 1:02AM Tue			Tritiya Until 8:07AM Tue	Moon – Green		Bhuloka Day		
Then Routine Work - Marana Yoga				Ashvina•Puratasi				
3		Tuesday, October 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Milan, Italy Sun 17 Sutra 170
Tula Rasi: 22.21	Tithi 3 – 4	Gulika 12:12PM – 1:38PM	Vishakha Until 4:13AM Wed	Ganesh: Blue	<i>Sunrise:</i> 6:26AM		Durmukha 5118	
		Yama 9:19AM – 10:45AM	Vishkambha* Until 12:49PM	Muruga: Purple	<i>Sunset:</i> 5:57PM		Moon 9 - Phase 24	
Routine Work	Marana Yoga	678341363 Rahu 3:04PM – 4:31PM	Vanija Until 9:24PM	Nataraja: Purple			3rd Phase	
Until 4:13AM Wed			Tritiya Until 8:07AM	Moon – Orange		Bhuloka Day		
Then Creative Work - Siddha Yoga				Ashvina•Puratasi				
4		Wednesday, October 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy Sun 18 Sutra 171
Vrischika Rasi: 4.13	Tithi 4 – 5	Gulika 10:45AM – 12:11PM	Anuradha Until 7:09AM Thu	Ganesh: Blue	<i>Sunrise:</i> 6:27AM		Durmukha 5118	
		Yama 7:53AM – 9:19AM	Priti Until 1:45PM	Muruga: Purple	<i>Sunset:</i> 5:55PM		Moon 9 - Phase 24	
Creative Work	Siddha Yoga	678341363 Rahu 12:11PM – 1:37PM	Bava Until 11:52PM	Nataraja: Purple			3rd Phase	
Until 7:09AM Thu			Chaturthi* Until 10:37AM	Moon – Orange		Bhuloka Day		
Then Routine Work - Prabalarishta Yoga				Ashvina•Puratasi				
5		Thursday, October 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy Sun 19 Sutra 172
Vrischika Rasi: 16.05	Tithi 5 – 6	Gulika 9:20AM – 10:45AM	Anuradha Until 7:09AM	Ganesh: Blue	<i>Sunrise:</i> 6:29AM		Durmukha 5118	
		Yama 6:29AM – 7:54AM	Ayushman Until 2:34PM	Muruga: Purple	<i>Sunset:</i> 5:54PM		Moon 9 - Phase 24	
Creative Work	Siddha Yoga	678341363 Rahu 1:37PM – 3:02PM	Kaulava Until 2:10AM Fri	Nataraja: Purple			3rd Phase	
Until 7:09AM			Panchami Until 1:01PM	Moon – Orange		Bhuloka Day		
Then Routine Work - Prabalarishta Yoga				Ashvina•Puratasi				
6		Friday, October 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy Sun 20 Sutra 173
Vrischika Rasi: 28.02	Tithi 6 – 7	Gulika 7:55AM – 9:20AM	Jyeshtha* Until 9:43AM	Ganesh: Red	<i>Sunrise:</i> 6:30AM		Durmukha 5118	
		Yama 3:01PM – 4:26PM	Saubhagya Until 3:12PM	Muruga: Purple	<i>Sunset:</i> 5:52PM		Moon 9 - Phase 24	
Routine Work	Marana Yoga	679341364 Rahu 10:46AM – 12:11PM	Gara Until 4:07AM Sat	Nataraja: Clear			3rd Phase	
Until 9:43AM			Shashthi* Until 3:10PM	Moon – Orange		Devaloka Day		
Then Creative Work - Amrita Yoga				Ashvina•Puratasi				
Saturday, October 8, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy Sun 21 Sutra 174
Dhanus Rasi: 10.09	Tithi 7 – 8	Gulika 6:31AM – 7:56AM	Mula* Until 12:14PM	Ganesh: Blue	<i>Sunrise:</i> 6:31AM		Durmukha 5118	
		Yama 1:35PM – 3:00PM	Sobhana Until 3:31PM	Muruga: Purple	<i>Sunset:</i> 5:50PM		Moon 9 - Phase 24	
Creative Work	Siddha Yoga	689341364 Rahu 9:21AM – 10:46AM	Visti Until 5:34AM Sun	Nataraja: Clear			3rd Phase	
			Saptami Until 4:54PM	Moon – Light Blue		Sivaloka Day		
				Ashvina•Puratasi				
Sunday, October 9, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava Karana Ashtamyam Titau				Milan, Italy Sun 22 Sutra 175
Dhanus Rasi: 22.28	Tithi 8	Gulika 2:59PM – 4:24PM	Purvashadha* Until 2:03PM	Ganesh: Blue	<i>Sunrise:</i> 6:32AM		Durmukha 5118	
		Yama 12:10PM – 1:35PM	Athiganda* Until 3:22PM	Muruga: Purple	<i>Sunset:</i> 5:48PM		Moon 9 - Phase 24	
Creative Work	Siddha Yoga	689341364 Rahu 4:24PM – 5:48PM	Bava Until 6:02PM	Nataraja: Clear			Ashtami	
Until 2:03PM			Ashtami* Until 6:02PM	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina•Puratasi				
Monday, October 10, 2016		Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy Sun 23 Sutra 176
Makara Rasi: 5.04	Tithi 9	Gulika 1:34PM – 2:58PM	Uttarashadha Until 3:01PM	Ganesh: Blue	<i>Sunrise:</i> 6:34AM		Durmukha 5118	
Family Home Evening		Yama 10:46AM – 12:10PM	Sukarma Until 2:40PM	Muruga: Clear	<i>Sunset:</i> 5:46PM		Moon 9 - Phase 24	
Routine Work	Marana Yoga	689351364 Rahu 7:58AM – 9:22AM	Balava Until 6:21AM	Nataraja: Clear			Navami	
Until 3:01PM			Navami* Until 6:26PM	Moon – Light Blue		Subha Sivaloka Day		
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina•Puratasi				


Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

1		Tuesday, October 11, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dashamyam Titau				Milan, Italy Sun 24 Sutra 177
Makara Rasi: 18.04	Tithi 10	Gulika	12:10PM – 1:33PM	Shravana Until 3:30PM	Ganesh: Yellow	<i>Sunrise:</i> 6:35AM	Durmukha 5118	
		Yama	9:22AM – 10:46AM	Dhriti Until 1:22PM	Muruga: Clear	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25	
		699351364 Rahu	2:57PM – 4:21PM	Tailila Until 6:21AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 6:01PM	Moon – Purple			Sivaloka Day
					Ashvina•Puratasi			

2		Wednesday, October 12, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 25 Sutra 178
Kumbha Rasi: 1.29	Tithi 11 – 12	Gulika	10:46AM – 12:09PM	Dhanishtha Until 3:02PM	Ganesh: Yellow	<i>Sunrise:</i> 6:36AM	Durmukha 5118	
		Yama	8:00AM – 9:23AM	Shula* Until 11:22AM	Muruga: Clear	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25	
		699351364 Rahu	12:09PM – 1:33PM	Bava Until 3:53AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga			Ekadashi Until 4:46PM	Moon – Purple			Sivaloka Day
Until 3:02PM					Ashvina•Puratasi			
Then Creative Work - Siddha Yoga								

3		Thursday, October 13, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Mridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 26 Sutra 179
Kumbha Rasi: 15.22	Tithi 12 – 13	Gulika	9:23AM – 10:46AM	Shatabhishak Until 1:40PM	Ganesh: Yellow	<i>Sunrise:</i> 6:38AM	Durmukha 5118	
		Yama	6:38AM – 8:00AM	Ganda* Until 8:45AM	Muruga: Clear	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 25	
		699351364 Rahu	1:32PM – 2:55PM	Kaulava Until 1:32AM Fri	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 2:46PM	Moon – Purple			Sivaloka Day
		Kadaitswami Mahasamadhi		<i>Pradosha Vrata</i>	Ashvina•Puratasi			

4		Friday, October 14, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Dhruva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 180
Kumbha Rasi: 29.43	Tithi 13 – 14	Gulika	8:01AM – 9:24AM	Purvaproshtapada* Until 11:54AM	Ganesh: White	<i>Sunrise:</i> 6:39AM	Durmukha 5118	
		Yama	2:54PM – 4:17PM	Dhruva Until 1:57AM Sat	Muruga: Clear	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25	
		611451364 Rahu	10:46AM – 12:09PM	Gara Until 10:36PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 12:07PM	Moon – Clear			Devaloka Day
		Chidambaram Abhishekam			Ashvina•Puratasi			

		Saturday, October 15, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Milan, Italy Sun 28 Sutra 181
Copper Retreat Star		Gulika	6:40AM – 8:02AM	Uttarproshthapada Until 9:30AM	Ganesh: White	<i>Sunrise:</i> 6:40AM	Durmukha 5118	
Meena Rasi: 14.28	Tithi 14 – 15	Yama	1:31PM – 2:53PM	Vyaghata* Until 9:59PM	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25	
		611451364 Rahu	9:24AM – 10:47AM	Vistil Until 7:14PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 8:56AM	Moon – Clear			Devaloka Day
Until 9:30AM					Ashvina•Puratasi			
Then Routine Work - Prabalarishta Yoga								

Sunday, October 16, 2016		Silver Retreat Star		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy Sun 29 Sutra 182
Silver Retreat Star		Gulika	2:52PM – 4:14PM	Revati Until 6:37AM	Ganesh: White	<i>Sunrise:</i> 6:42AM	Durmukha 5118	
Meena Rasi: 29.31	Tithi 16	Yama	12:09PM – 1:30PM	Harshana Until 5:49PM	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25	
		611451364 Rahu	4:14PM – 5:36PM	Balava Until 3:35PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Prathama* Until 1:42AM Mon	Moon – Clear			Devaloka Day
Until 6:37AM					Ashvina•Puratasi			
Then Creative Work - Siddha Yoga								

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy

Sutra 183

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 14.43 Tihi 17

Family Home Evening 621451364

Creative Work Siddha Yoga

Gulika 1:30PM - 2:51PM

Yama 10:47AM - 12:08PM

Rahu 8:04AM - 9:26AM

Bharani Until 12:52AM Tue

Vajra* Until 1:33PM

Taitila Until 11:51AM

Dvitiya Until 9:59PM

Ganesha: Clear

Sunrise: 6:43AM

Muruga: Clear

Sunset: 5:34PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

Tuesday, October 18, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy

Sutra 184

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 29.53 Tihi 18

621451364

Creative Work Siddha Yoga

Until 9:58PM

Then Creative Work - Amrita Yoga

Gulika 12:08PM - 1:29PM

Yama 9:26AM - 10:47AM

Rahu 2:50PM - 4:11PM

Krittika Until 9:58PM

Siddhi Until 9:22AM

Vanija Until 8:11AM

Tritiya Until 6:24PM

Ganesha: Clear

Sunrise: 6:44AM

Muruga: Clear

Sunset: 5:32PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

Wednesday, October 19, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Sutra 185

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 14.53 Tihi 19 - 20

631451364

Creative Work Siddha Yoga

Gulika 10:47AM - 12:08PM

Yama 8:06AM - 9:27AM

Rahu 12:08PM - 1:29PM

Rohini Until 7:41PM

Variyan Until 1:44AM Thu

Kaulava Until 1:41AM Thu

Chaturthi* Until 3:08PM

Ganesha: Purple

Sunrise: 6:46AM

Muruga: Clear

Sunset: 5:31PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Thursday, October 20, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy

Sutra 186

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 29.35 Tihi 20 - 21

631451364

Routine Work Marana Yoga

Gulika 9:27AM - 10:48AM

Yama 6:47AM - 8:07AM

Rahu 1:28PM - 2:48PM

Mrigashira Until 5:46PM

Parigha* Until 10:31PM

Gara Until 11:11PM

Panchami Until 12:21PM

Ganesha: Purple

Sunrise: 6:47AM

Muruga: Clear

Sunset: 5:29PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Friday, October 21, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sutra 187

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 13.53 Tihi 21 - 22

631451364

Creative Work Siddha Yoga

Gulika 8:08AM - 9:28AM

Yama 2:47PM - 4:07PM

Rahu 10:48AM - 12:08PM

Ardra Until 4:19PM

Shiva Until 7:51PM

Visti Until 9:19PM

Shashthi* Until 10:09AM

Ganesha: Purple

Sunrise: 6:48AM

Muruga: Clear

Sunset: 5:27PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

Saturday, October 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sutra 188

Durmukha 5118

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 27.44 Tihi 22 - 23

641451364

Creative Work Siddha Yoga

Gulika 6:50AM - 8:09AM

Yama 1:27PM - 2:47PM

Rahu 9:29AM - 10:48AM

Punarvasu Until 3:53PM

Siddha Until 5:44PM

Balava Until 8:12PM

Saptami Until 8:39AM

Ganesha: Clear

Sunrise: 6:50AM

Muruga: Clear

Sunset: 5:26PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sutra 189

Durmukha 5118

Moon 10 - Phase 26

Navami

Kataka Rasi: 11.1 Tihi 23 - 24

641451364

Creative Work Siddha Yoga

Gulika 2:46PM - 4:05PM

Yama 12:07PM - 1:27PM

Rahu 4:05PM - 5:24PM

Pushya Until 4:03PM

Sadhya Until 4:14PM

Taitila Until 7:51PM

Ashtami* Until 7:55AM

Ganesha: Clear

Sunrise: 6:51AM

Muruga: Clear

Sunset: 5:24PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Monday, October 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Milan, Italy Sun 7 Sutra 190
Kataka Rasi: 24.1	Tithi 24 – 25	Gulika	1:26PM – 2:45PM	Ashlesha* Until 4:47PM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM		Durmukha 5118
Family Home Evening	641451364	Yama	10:49AM – 12:07PM	Subha Until 3:20PM	Muruga: Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	Rahu	8:11AM – 9:30AM	Vanija Until 8:14PM	Nataraja: Clear		2nd Phase	
Until 4:47PM				Navami* Until 7:56AM	Moon – Blue		Sivaloka Day	
Then Routine Work - Marana Yoga					Ashvina-Aipasi			

2		Tuesday, October 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 8 Sutra 191
Simha Rasi: 6.51	Tithi 25 – 26	Gulika	12:07PM – 1:26PM	Magha* Until 6:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM		Durmukha 5118
	652451364	Yama	9:30AM – 10:49AM	Sukla Until 2:55PM	Muruga: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	Rahu	2:44PM – 4:02PM	Bava Until 9:17PM	Nataraja: Clear		2nd Phase	
				Dashami Until 8:40AM	Moon – Red		Sivaloka Day	
					Ashvina-Aipasi			

3		Wednesday, October 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 9 Sutra 192
Simha Rasi: 19.15	Tithi 26 – 27	Gulika	10:49AM – 12:07PM	Purvaphalguni Until 8:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:55AM		Durmukha 5118
	652451364	Yama	8:13AM – 9:31AM	Brahma Until 2:57PM	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	Rahu	12:07PM – 1:25PM	Kaulava Until 10:51PM	Nataraja: Clear		2nd Phase	
				Ekadashi* Until 9:59AM	Moon – Red		Sivaloka Day	
					Ashvina-Aipasi			

4		Thursday, October 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 10 Sutra 193
Kanya Rasi: 1.27	Tithi 27 – 28	Gulika	9:32AM – 10:49AM	Uttaraphalguni Until 10:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:56AM		Durmukha 5118
	652451364	Yama	6:56AM – 8:14AM	Indra Until 3:20PM	Muruga: Clear	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 27	
	Amrita Yoga	Rahu	1:25PM – 2:42PM	Gara Until 12:49AM Fri	Nataraja: Clear		2nd Phase	
Until 10:49PM				Dvadashi* Until 11:47AM	Moon – Red		Sivaloka Day	
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>	Ashvina-Aipasi			

5		Friday, October 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 11 Sutra 194
Kanya Rasi: 13.3	Tithi 28 – 29	Gulika	8:15AM – 9:32AM	Hasta Until 1:42AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:58AM		Durmukha 5118
	662451364	Yama	2:42PM – 3:59PM	Vaidhriti* Until 3:55PM	Muruga: Clear	<i>Sunset:</i> 5:16PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	Rahu	10:50AM – 12:07PM	Visti Until 3:04AM Sat	Nataraja: Clear		2nd Phase	
Until 1:42AM Sat				Trayodashi* Until 1:54PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga		Deepavali Hindu Solidarity Day			Ashvina-Aipasi			

6		Saturday, October 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Milan, Italy Sun 12 Sutra 195
Kanya Rasi: 25.28	Tithi 29 – 30	Gulika	6:59AM – 8:16AM	Chitra Until 4:34AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:59AM		Durmukha 5118
	662451364	Yama	1:24PM – 2:41PM	Vishkambha* Until 4:40PM	Muruga: Clear	<i>Sunset:</i> 5:15PM	Moon 10 - Phase 27	
Routine Work	Marana Yoga	Rahu	9:33AM – 10:50AM	Catuspada Until 5:28AM Sun	Nataraja: Clear		2nd Phase	
Until 4:34AM Sun				Chaturdashi* Until 4:14PM	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi			Ashvina-Aipasi			

Retreat Star		Sunday, October 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga* Karana Amavasyayam Titau				Milan, Italy Sun 13 Sutra 196
Tula Rasi: 7.22	Tithi 30	Gulika	2:40PM – 3:57PM	Svati Until 7:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 7:00AM		Durmukha 5118
	662451364	Yama	12:07PM – 1:23PM	Priti Until 5:31PM	Muruga: Clear	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	Rahu	3:57PM – 5:13PM	Naga Until 6:41PM	Nataraja: Clear		Amavasya	
Until 7:21AM Mon				Amavasya* Until 6:41PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga					Ashvina-Aipasi			

Retreat Star		Monday, October 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Milan, Italy Sun 14 Sutra 197
Tula Rasi: 19.14	Tithi 1	Gulika	1:23PM – 2:39PM	Svati Until 7:21AM	Ganesha: Orange	<i>Sunrise:</i> 7:02AM		Durmukha 5118
Family Home Evening	662451364	Yama	10:51AM – 12:07PM	Ayushman Until 6:22PM	Muruga: Clear	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	Rahu	8:18AM – 9:34AM	Kintughna Until 7:58AM	Nataraja: Clear		Prathama	
Until 7:21AM				Prathama* Until 9:12PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins			Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Tuesday, November 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy Sun 15 Sutra 198
	Vrischika Rasi: 1.06	Tithi 2	Gulika 12:07PM – 1:23PM	Vishakha Until 10:29AM	Ganesh: Clear Muruga: Clear Nataraja: Clear	<i>Sunrise:</i> 7:03AM <i>Sunset:</i> 5:10PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase
	Routine Work Until 10:29AM Then Creative Work - Siddha Yoga	Marana Yoga	672451364	Rahu 2:39PM – 3:54PM	Balava Until 10:28AM Dvitiya Until 11:41PM	Moon – Orange Karttika•Aipasi	Sivaloka Day

2	Wednesday, November 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau				Milan, Italy Sun 16 Sutra 199
	Vrischika Rasi: 12.59	Tithi 3	Gulika 10:51AM – 12:07PM	Anuradha Until 1:25PM	Ganesh: Clear Muruga: Clear Nataraja: Clear	<i>Sunrise:</i> 7:05AM <i>Sunset:</i> 5:09PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase
	Creative Work Until 4:03PM Then Routine Work - Siddha Yoga	Siddha Yoga	672451364	Rahu 12:07PM – 1:22PM	Sobhana Until 8:03PM Tailila Until 12:56PM Tritiya Until 2:06AM Thu	Moon – Orange Karttika•Aipasi	Sivaloka Day

3	Thursday, November 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Milan, Italy Sun 17 Sutra 200
	Vrischika Rasi: 24.54	Tithi 4	Gulika 9:36AM – 10:52AM	Jyeshtha* Until 4:03PM	Ganesh: Clear Muruga: Clear Nataraja: Clear	<i>Sunrise:</i> 7:06AM <i>Sunset:</i> 5:07PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase
	Routine Work Until 4:03PM Then Creative Work - Siddha Yoga	Prabalarishta Yoga	672451364	Rahu 1:22PM – 2:37PM	Athiganda* Until 8:44PM Vanija Until 3:16PM Chaturthi* Until 4:20AM Fri	Moon – Orange Karttika•Aipasi	Sivaloka Day

4	Friday, November 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy Sun 18 Sutra 201
	Dhanus Rasi: 6.53	Tithi 5	Gulika 8:22AM – 9:37AM	Mula* Until 6:48PM	Ganesh: Purple Muruga: Clear Nataraja: Clear	<i>Sunrise:</i> 7:07AM <i>Sunset:</i> 5:06PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase
	Creative Work Until 6:48PM Then Routine Work - Prabalarishta Yoga	Amrita Yoga	682451364	Rahu 10:52AM – 12:07PM	Sukarma Until 9:15PM Bava Until 5:22PM Panchami Until 6:17AM Sat	Moon – Light Blue Karttika•Aipasi	Subha Sivaloka Day

5	Saturday, November 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy Sun 19 Sutra 202
	Dhanus Rasi: 18.59	Tithi 5 – 6	Gulika 7:09AM – 8:23AM	Purvashadha* Until 9:02PM	Ganesh: Purple Muruga: Clear Nataraja: Clear	<i>Sunrise:</i> 7:09AM <i>Sunset:</i> 5:05PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase
	Creative Work Until 9:02PM Then Routine Work - Marana Yoga	Siddha Yoga	682451364	Rahu 9:38AM – 10:52AM	Dhriti Until 9:29PM Kaulava Until 7:07PM Panchami Until 6:17AM	Moon – Light Blue Karttika•Aipasi	Subha Sivaloka Day

6	Sunday, November 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy Sun 20 Sutra 203
	Makara Rasi: 1.16	Tithi 6 – 7	Gulika 2:35PM – 3:49PM	Uttarashadha Until 10:36PM	Ganesh: Clear Muruga: Clear Nataraja: Clear	<i>Sunrise:</i> 7:10AM <i>Sunset:</i> 5:04PM	Durmukha 5118 Moon 10 - Phase 28 3rd Phase
	Creative Work Until 11:50PM Then Creative Work - Siddha Yoga	Amrita Yoga	782451364	Rahu 3:49PM – 5:04PM	Shula* Until 9:17PM Gara Until 8:22PM Shashthi* Until 7:48AM	Moon – Light Blue Karttika•Aipasi	Sivaloka Day

Monday, November 7, 2016	Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy Sun 21 Sutra 204
	Makara Rasi: 13.48	Tithi 7 – 8	Gulika 1:21PM – 2:35PM	Shravana Until 11:50PM	Ganesh: Clear Muruga: Clear Nataraja: Clear	<i>Sunrise:</i> 7:12AM <i>Sunset:</i> 5:02PM	Durmukha 5118 Moon 10 - Phase 28 Ashtami
	Family Home Evening Creative Work Until 11:50PM Then Creative Work - Siddha Yoga	Amrita Yoga	793451364	Rahu 8:25AM – 9:39AM	Ganda* Until 8:35PM Visti Until 8:56PM Saptami Until 8:43AM	Moon – Purple Karttika•Aipasi	Sivaloka Day

Tuesday, November 8, 2016	Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy Sun 22 Sutra 205
	Makara Rasi: 26.4	Tithi 8 – 9	Gulika 12:07PM – 1:21PM	Dhanishtha Until 12:08AM Wed	Ganesh: Purple Muruga: Clear Nataraja: Clear	<i>Sunrise:</i> 7:13AM <i>Sunset:</i> 5:01PM	Durmukha 5118 Moon 10 - Phase 28 Navami
	Creative Work Until 11:50PM Then Creative Work - Siddha Yoga	Siddha Yoga	793551364	Rahu 2:34PM – 3:48PM	Vriddhi Until 7:18PM Balava Until 8:44PM Ashtami* Until 8:55AM	Moon – Purple Karttika•Aipasi	Subha Sivaloka Day

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy Sun 23 Sutra 206
	Kumbha Rasi: 9.56	Tithi 9 – 10	Gulika 10:54AM – 12:07PM	Shatabhishak Until 11:30PM	Ganesh: Purple	<i>Sunrise:</i> 7:14AM	Durmukha 5118
			Yama 8:28AM – 9:41AM	Dhruva Until 5:21PM	Muruga: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
			793551364 Rahu 12:07PM – 1:20PM	Taitila Until 7:42PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – Purple	Subha Sivaloka Day		
Until 11:30PM				Karttika•Aipasi			
Then Creative Work - Amrita Yoga							

2	Thursday, November 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Visli* Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 24 Sutra 207
	Kumbha Rasi: 23.4	Tithi 10 – 11	Gulika 9:42AM – 10:54AM	Purvaproshtapada* Until 10:23PM	Ganesh: Blue	<i>Sunrise:</i> 7:16AM	Durmukha 5118
			Yama 7:16AM – 8:29AM	Vyaghata* Until 2:46PM	Muruga: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29
			713551364 Rahu 1:20PM – 2:33PM	Vistil Until 4:41AM Fri	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – Clear	Subha Sivaloka Day		
Until 11:30PM				Karttika•Aipasi			
Then Creative Work - Amrita Yoga							

3	Friday, November 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy Sun 25 Sutra 208
	Meena Rasi: 7.53	Tithi 12	Gulika 8:30AM – 9:42AM	Uttaraproshtapada Until 8:26PM	Ganesh: Blue	<i>Sunrise:</i> 7:17AM	Durmukha 5118
			Yama 2:32PM – 3:45PM	Harshana Until 11:37AM	Muruga: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29
			713551364 Rahu 10:55AM – 12:07PM	Bava Until 3:21PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – Clear	Subha Sivaloka Day		
Until 11:30PM				Karttika•Aipasi			
Then Creative Work - Amrita Yoga							

4	Saturday, November 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy Sun 26 Sutra 209
	Meena Rasi: 22.33	Tithi 13	Gulika 7:19AM – 8:31AM	Revati Until 5:48PM	Ganesh: Blue	<i>Sunrise:</i> 7:19AM	Durmukha 5118
			Yama 1:20PM – 2:32PM	Vajra* Until 7:56AM	Muruga: Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 29
			713551364 Rahu 9:43AM – 10:55AM	Kaulava Until 12:14PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga				Moon – Clear	Subha Sivaloka Day		
Until 5:48PM				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

5	Sunday, November 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 210
	Mesha Rasi: 7.35	Tithi 14	Gulika 2:31PM – 3:43PM	Ashvini Until 3:03PM	Ganesh: Yellow	<i>Sunrise:</i> 7:20AM	Durmukha 5118
			Yama 12:08PM – 1:20PM	Vyatipata* Until 11:36PM	Muruga: Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 29
			723551364 Rahu 3:43PM – 4:55PM	Gara Until 8:41AM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – White	Sivaloka Day		
Until 3:03PM				Karttika•Aipasi			
Then Routine Work - Prabalarishta Yoga							

O	Monday, November 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sun 28 Sutra 211
	Copper Retreat Star		Gulika 1:19PM – 2:31PM	Bharani Until 11:57AM	Ganesh: Yellow	<i>Sunrise:</i> 7:21AM	Durmukha 5118
	Mesha Rasi: 22.51	Tithi 15 – 16	Yama 10:56AM – 12:08PM	Variyan Until 7:10PM	Muruga: Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 29
			723551364 Rahu 8:33AM – 9:45AM	Balava Until 12:58AM Tue	Nataraja: Clear		Purnima
Family Home Evening				Moon – White	Sivaloka Day		
Creative Work Siddha Yoga				Karttika•Aipasi			
Until 11:57AM							
Then Routine Work - Marana Yoga							

O	Tuesday, November 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 29 Sutra 212
	Silver Retreat Star		Gulika 12:08PM – 1:19PM	Krittika Until 8:42AM	Ganesh: Yellow	<i>Sunrise:</i> 7:23AM	Durmukha 5118
	Vrisabha Rasi: 8.11	Tithi 16 – 17	Yama 9:45AM – 10:57AM	Parigha* Until 2:47PM	Muruga: Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 29
			723551364 Rahu 2:31PM – 3:42PM	Taitila Until 9:10PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga				Moon – White	Sivaloka Day		
Until 8:42AM				Karttika•Aipasi			
Then Creative Work - Amrita Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam

Milan, Italy

Vrshabha Rasi: 23.23 Tihi 17 - 18

733551365

Gulika

10:57AM - 12:08PM

Yama

8:35AM - 9:46AM

Rahu

12:08PM - 1:19PM

Mrigashira Until 3:16AM Thu

Shiva Until 10:36AM

Visti Until 4:00AM Thu

Dvitiya Until 7:20AM

Ganesha: White

Sunrise: 7:24AM

Muruga: Clear

Sunset: 4:52PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Sun 1

Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 3:16AM Thu

Then Routine Work - Marana Yoga

1

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam

Milan, Italy

Mithuna Rasi: 8.2 Tihi 19

733551365

Gulika

9:47AM - 10:58AM

Yama

7:25AM - 8:36AM

Rahu

1:19PM - 2:30PM

Ardra Until 1:03AM Fri

Siddha Until 6:42AM

Bava Until 2:32PM

Chaturthi* Until 1:12AM Fri

Ganesha: White

Sunrise: 7:25AM

Muruga: Clear

Sunset: 4:51PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Sun 2

Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 1:03AM Fri

Then Creative Work - Siddha Yoga

2

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam

Milan, Italy

Mithuna Rasi: 22.52 Tihi 20

743551365

Gulika

8:37AM - 9:48AM

Yama

2:30PM - 3:40PM

Rahu

10:58AM - 12:09PM

Punarvasu Until 11:47PM

Subha Until 12:25AM Sat

Kaulava Until 12:04PM

Panchami Until 11:05PM

Ganesha: Clear

Sunrise: 7:27AM

Muruga: Clear

Sunset: 4:50PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Sun 3

Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 11:47PM

Then Routine Work - Marana Yoga

3

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam

Milan, Italy

Kataka Rasi: 6.55 Tihi 21

743551365

Gulika

7:28AM - 8:38AM

Yama

1:19PM - 2:29PM

Rahu

9:48AM - 10:59AM

Pushya Until 11:11PM

Sukla Until 10:11PM

Gara Until 10:20AM

Shashthi* Until 9:47PM

Ganesha: Clear

Sunrise: 7:28AM

Muruga: Clear

Sunset: 4:50PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Sun 4

Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 11:11PM

Then Routine Work - Marana Yoga

4

Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam

Milan, Italy

Kataka Rasi: 20.27 Tihi 22

743551365

Gulika

2:29PM - 3:39PM

Yama

12:09PM - 1:19PM

Rahu

3:39PM - 4:49PM

Ashlesha* Until 11:17PM

Brahma Until 8:40PM

Visti Until 9:28AM

Saptami Until 9:21PM

Ganesha: Clear

Sunrise: 7:29AM

Muruga: Clear

Sunset: 4:49PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Sun 5

Sutra 217

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 11:17PM

Then Routine Work - Marana Yoga

5

Monday, November 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam

Milan, Italy

Retreat Star

Simha Rasi: 3.31 Tihi 23

754551365

Gulika

1:19PM - 2:29PM

Yama

11:00AM - 12:09PM

Rahu

8:40AM - 9:50AM

Magha* Until 12:33AM Tue

Indra Until 7:50PM

Balava Until 9:30AM

Ashtami* Until 9:49PM

Ganesha: Clear

Sunrise: 7:31AM

Muruga: Clear

Sunset: 4:48PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Sun 6

Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Devaloka Day

Routine Work Marana Yoga

Until 12:33AM Tue

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam

Milan, Italy

Retreat Star

Simha Rasi: 16.1 Tihi 24

754551365

Gulika

12:10PM - 1:19PM

Yama

9:51AM - 11:00AM

Rahu

2:28PM - 3:38PM

Purvaphalguni Until 2:24AM Wed

Vaidhriti* Until 7:35PM

Taitila Until 10:22AM

Navami* Until 11:04PM

Ganesha: Clear

Sunrise: 7:32AM

Muruga: Clear

Sunset: 4:47PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Sun 7

Sutra 219

Durmukha 5118

Moon 11 - Phase 30

Navami

Devaloka Day

Creative Work Siddha Yoga

Until 2:24AM Wed

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1	Wednesday, November 23, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam				Milan, Italy
	Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau						Sun 8 Sutra 220
	Simha Rasi: 28.29	Tithi 25	Gulika 11:01AM – 12:10PM	Uttaraphalguni Until 4:39AM Thu	Ganesha: Clear <i>Sunrise: 7:33AM</i>		Durmukha 5118
		Yama 8:42AM – 9:52AM	Vishkambha* Until 7:51PM	Muruga: Clear <i>Sunset: 4:47PM</i>		Moon 11 - Phase 31	
		754551365 Rahu 12:10PM – 1:19PM	Vanija Until 11:57AM	Nataraja: White		2nd Phase	
Creative Work Amrita Yoga		Dashami Until 12:56AM Thu		Moon – Red	Devaloka Day		
Until 4:39AM Thu				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

2	Thursday, November 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam				Milan, Italy
	Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau						Sun 9 Sutra 221
	Kanya Rasi: 10.35	Tithi 26	Gulika 9:52AM – 11:01AM	Hasta Until 7:36AM Fri	Ganesha: Purple <i>Sunrise: 7:35AM</i>		Durmukha 5118
		Yama 7:35AM – 8:43AM	Priti Until 8:28PM	Muruga: Clear <i>Sunset: 4:46PM</i>		Moon 11 - Phase 31	
		764551365 Rahu 1:19PM – 2:28PM	Bava Until 2:04PM	Nataraja: White		2nd Phase	
Routine Work Marana Yoga		Ekadashi* Until 3:14AM Fri		Moon – Green	Bhuloka Day		
Until 7:36AM Fri				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

3	Friday, November 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam				Milan, Italy
	Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau						Sun 10 Sutra 222
	Kanya Rasi: 22.31	Tithi 27	Gulika 8:45AM – 9:53AM	Hasta Until 7:36AM	Ganesha: Purple <i>Sunrise: 7:36AM</i>		Durmukha 5118
		Yama 2:28PM – 3:37PM	Ayushman Until 9:15PM	Muruga: Clear <i>Sunset: 4:45PM</i>		Moon 11 - Phase 31	
		764551365 Rahu 11:02AM – 12:11PM	Kaulava Until 4:29PM	Nataraja: White		2nd Phase	
Creative Work Amrita Yoga		Dvadashi* Until 5:45AM Sat		Moon – Green	Bhuloka Day		
Until 7:36AM				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

4	Saturday, November 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam				Milan, Italy
	Chitra/Svati Nakshatra Saubhagya Yoga Gara Karana Trayodashyam Titau						Sun 11 Sutra 223
	Tula Rasi: 4.23	Tithi 28	Gulika 7:37AM – 8:46AM	Chitra Until 10:35AM	Ganesha: Purple <i>Sunrise: 7:37AM</i>		Durmukha 5118
		Yama 1:19PM – 2:28PM	Saubhagya Until 10:08PM	Muruga: Clear <i>Sunset: 4:45PM</i>		Moon 11 - Phase 31	
		764551365 Rahu 9:54AM – 11:02AM	Gara Until 7:03PM	Nataraja: White		2nd Phase	
Routine Work Marana Yoga		Trayodashi* Until 8:20AM Sun		Moon – Green	Bhuloka Day		
Until 10:35AM		Pradosha Vrata (Fasting)		Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga							

5	Sunday, November 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Milan, Italy
	Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau						Sun 12 Sutra 224
	Tula Rasi: 16.14	Tithi 28 – 29	Gulika 2:28PM – 3:36PM	Svati Until 1:25PM	Ganesha: Purple <i>Sunrise: 7:38AM</i>		Durmukha 5118
		Yama 12:11PM – 1:19PM	Sobhana Until 11:01PM	Muruga: Clear <i>Sunset: 4:44PM</i>		Moon 11 - Phase 31	
		764551365 Rahu 3:36PM – 4:44PM	Visti Until 9:38PM	Nataraja: White		2nd Phase	
Creative Work Siddha Yoga		Trayodashi* Until 8:20AM		Moon – Green	Bhuloka Day		
Until 1:25PM				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga							

	Monday, November 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam				Milan, Italy
	Retreat Star		Vishakha/Anuradha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 225
	Tula Rasi: 28.06	Tithi 29 – 30	Gulika 1:20PM – 2:28PM	Vishakha Until 4:33PM	Ganesha: Light Blue <i>Sunrise: 7:40AM</i>		Durmukha 5118
		Yama 11:04AM – 12:12PM	Athiganda* Until 11:49PM	Muruga: Clear <i>Sunset: 4:44PM</i>		Moon 11 - Phase 31	
		774551365 Rahu 8:48AM – 9:56AM	Catuspada Until 12:07AM Tue	Nataraja: White		Amavasya	
Family Home Evening		Chaturdashi* Until 10:52AM		Moon – Orange	Bhuloka Day		
Routine Work Marana Yoga				Karttika-Karttikai	Devaloka Time: 12:PM to 3:PM		
Until 4:33PM							
Then Creative Work - Siddha Yoga							

	Tuesday, November 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
	Retreat Star		Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 226
	Vriscika Rasi: 10	Tithi 30 – 1	Gulika 12:12PM – 1:20PM	Anuradha Until 7:22PM	Ganesha: Light Blue <i>Sunrise: 7:41AM</i>		Durmukha 5118
		Yama 9:56AM – 11:04AM	Sukarma Until 12:31AM Wed	Muruga: Clear <i>Sunset: 4:43PM</i>		Moon 11 - Phase 31	
		774551365 Rahu 2:27PM – 3:35PM	Kintughna Until 2:27AM Wed	Nataraja: White		Prathama	
Creative Work Siddha Yoga		Amavasya* Until 1:17PM		Moon – Orange	Bhuloka Day		
Until 7:22PM				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Wednesday, November 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
	Vrischika Rasi: 21.58 Tithi 1 – 2		Jyeshtha* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 227
	784551365		Gulika 11:05AM – 12:12PM Yama 8:49AM – 9:57AM Rahu 12:12PM – 1:20PM	Jyeshtha* Until 9:52PM Dhriti Until 1:06AM Thu Balava Until 4:37AM Thu Prathama* Until 3:33PM	Ganesh: Light Blue <i>Sunrise:</i> 7:42AM Muruga: Clear <i>Sunset:</i> 4:43PM Nataraja: White Moon – Orange	Bhuloka Day Devaloka Time: 12:PM to 3:PM	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga Until 9:52PM Then Routine Work - Marana Yoga							

2	Thursday, December 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
	Dhanus Rasi: 3.59 Tithi 2 – 3		Mula* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 16 Sutra 228
	784551365		Gulika 9:58AM – 11:05AM Yama 7:43AM – 8:50AM Rahu 1:20PM – 2:27PM	Mula* Until 12:30AM Fri Shula* Until 1:29AM Fri Taitila Until 6:34AM Fri Dvitiya Until 5:36PM	Ganesh: Purple <i>Sunrise:</i> 7:43AM Muruga: Clear <i>Sunset:</i> 4:42PM Nataraja: White Moon – Light Blue	Bhuloka Day Devaloka Time: 12:PM to 3:PM	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga Until 12:30AM Fri Then Routine Work - Prabalarishta Yoga							

3	Friday, December 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam				Milan, Italy
	Dhanus Rasi: 16.06 Tithi 3		Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 229
	784551365		Gulika 8:51AM – 9:59AM Yama 2:28PM – 3:35PM Rahu 11:06AM – 12:13PM	Purvashadha* Until 2:43AM Sat Ganda* Until 1:41AM Sat Taitila Until 6:34AM Tritiya Until 7:24PM	Ganesh: Purple <i>Sunrise:</i> 7:44AM Muruga: Clear <i>Sunset:</i> 4:42PM Nataraja: White Moon – Light Blue	Bhuloka Day Devaloka Time: 12:PM to 3:PM	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Routine Work Prabalarishta Yoga Until 2:43AM Sat Then Routine Work - Marana Yoga							

4	Saturday, December 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
	Dhanus Rasi: 28.2 Tithi 4		Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturtham Titau				Sun 18 Sutra 230
	784551365		Gulika 7:45AM – 8:52AM Yama 1:21PM – 2:28PM Rahu 9:59AM – 11:06AM	Uttarashadha Until 4:26AM Sun Vriddhi Until 1:38AM Sun Vanija Until 8:13AM Chaturthi* Until 8:54PM	Ganesh: Purple <i>Sunrise:</i> 7:45AM Muruga: Clear <i>Sunset:</i> 4:42PM Nataraja: White Moon – Light Blue	Bhuloka Day Devaloka Time: 12:PM to 3:PM	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Routine Work Marana Yoga Until 4:26AM Sun Then Creative Work - Amrita Yoga							

5	Sunday, December 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
	Makara Rasi: 10.43 Tithi 5		Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 231
	795651365		Gulika 2:28PM – 3:35PM Yama 12:14PM – 1:21PM Rahu 3:35PM – 4:41PM	Shravana Until 6:02AM Mon Dhruva Until 1:14AM Mon Bava Until 9:30AM Panchami Until 9:58PM	Ganesh: Clear <i>Sunrise:</i> 7:46AM Muruga: Clear <i>Sunset:</i> 4:41PM Nataraja: White Moon – Purple	Devaloka Day	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Creative Work Amrita Yoga Until 6:02AM Mon Then Creative Work - Siddha Yoga							

6	Monday, December 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
	Makara Rasi: 23.18 Tithi 6		Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashtham Titau				Sun 20 Sutra 232
	795651365		Gulika 1:21PM – 2:28PM Yama 11:08AM – 12:14PM Rahu 8:54AM – 10:01AM	Shravana Until 6:02AM Vyaghata* Until 12:26AM Tue Kaulava Until 10:19AM Shashthi* Until 10:30PM	Ganesh: Clear <i>Sunrise:</i> 7:47AM Muruga: Clear <i>Sunset:</i> 4:41PM Nataraja: White Moon – Purple	Devaloka Day	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Creative Work Amrita Yoga Until 6:02AM Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, December 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
	Kumbha Rasi: 6.08 Tithi 7		Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 233
	795651365		Gulika 12:15PM – 1:21PM Yama 10:02AM – 11:08AM Rahu 2:28PM – 3:34PM	Dhanishtha Until 6:57AM Harshana Until 11:09PM Gara Until 10:33AM Saptami Until 10:24PM	Ganesh: Clear <i>Sunrise:</i> 7:48AM Muruga: Clear <i>Sunset:</i> 4:41PM Nataraja: White Moon – Purple	Devaloka Day	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga Until 6:57AM Then Routine Work - Marana Yoga							

Retreat Star	Wednesday, December 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
	Kumbha Rasi: 19.19 Tithi 8		Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 234
	795651365		Gulika 11:09AM – 12:15PM Yama 8:56AM – 10:02AM Rahu 12:15PM – 1:22PM	Shatabhishak Until 7:03AM Vajra* Until 9:17PM Visti Until 10:07AM Ashtami* Until 9:37PM	Ganesh: Clear <i>Sunrise:</i> 7:49AM Muruga: Clear <i>Sunset:</i> 4:41PM Nataraja: White Moon – Purple	Devaloka Day	Durmukha 5118 Moon 11 - Phase 32 Ashtami
Creative Work Siddha Yoga Until 7:03AM Then Creative Work - Amrita Yoga							

Retreat Star	Thursday, December 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
	Meena Rasi: 2.52 Tithi 9		Purvaproshtapada*/Uttaraproshtapada* Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sun 23 Sutra 235
	715651365		Gulika 10:03AM – 11:09AM Yama 7:50AM – 8:57AM Rahu 1:22PM – 2:28PM	Purvaproshtapada* Until 6:47AM Siddhi Until 6:53PM Balava Until 8:58AM Navami* Until 8:07PM	Ganesh: Red <i>Sunrise:</i> 7:50AM Muruga: Clear <i>Sunset:</i> 4:41PM Nataraja: White Moon – Clear	Devaloka Day	Durmukha 5118 Moon 11 - Phase 32 Navami
Creative Work Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1 Friday, December 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam				Milan, Italy
Revati Nakshatra Vyatipata*/Variyan Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau						Sun 24 Sutra 236
Meena Rasi: 16.51	Tithi 10 – 11	Gulika 8:58AM – 10:04AM	Revati Until 3:47AM Sat	Ganesh: Red <i>Sunrise: 7:51AM</i>	Durmukha 5118	
		Yama 2:28PM – 3:35PM	Vyatipata* Until 3:57PM	Muruga: Clear <i>Sunset: 4:41PM</i>	Moon 11 - Phase 33	
Creative Work	Siddha Yoga	715651365 Rahu 11:10AM – 12:16PM	Taitila Until 7:07AM	Nataraja: White	4th Phase	
			Dashami Until 5:56PM	Moon – Clear	Devaloka Day	
				Margasira•Karttikai		

2 Saturday, December 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau						Sun 25 Sutra 237
Mesha Rasi: 1.15	Tithi 11 – 12	Gulika 7:52AM – 8:58AM	Ashvini Until 1:39AM Sun	Ganesh: Blue <i>Sunrise: 7:52AM</i>	Durmukha 5118	
		Yama 1:23PM – 2:29PM	Variyan Until 12:31PM	Muruga: Clear <i>Sunset: 4:41PM</i>	Moon 11 - Phase 33	
Creative Work	Siddha Yoga	725651365 Rahu 10:04AM – 11:10AM	Bava Until 1:38AM Sun	Nataraja: White	4th Phase	
Until 1:39AM Sun			Ekadashi Until 3:11PM	Moon – White	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga		Gita Jayanthi		Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM	

3 Sunday, December 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau						Sun 26 Sutra 238
Mesha Rasi: 16.01	Tithi 12 – 13	Gulika 2:29PM – 3:35PM	Bharani Until 10:59PM	Ganesh: Blue <i>Sunrise: 7:53AM</i>	Durmukha 5118	
		Yama 12:17PM – 1:23PM	Parigha* Until 8:42AM	Muruga: Clear <i>Sunset: 4:41PM</i>	Moon 11 - Phase 33	
Routine Work	Prabalarishta Yoga	725651365 Rahu 3:35PM – 4:41PM	Kaulava Until 10:15PM	Nataraja: White	4th Phase	
Until 10:59PM			Dvadashi Until 11:58AM	Moon – White	Bhuloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM	

4 Monday, December 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
Krittika Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Sun 27 Sutra 239
Vrishabha Rasi: 1.04	Tithi 13 – 14	Gulika 1:23PM – 2:29PM	Krittika Until 7:59PM	Ganesh: Blue <i>Sunrise: 7:54AM</i>	Durmukha 5118	
Family Home Evening		Yama 11:12AM – 12:18PM	Siddha Until 12:23AM Tue	Muruga: Clear <i>Sunset: 4:41PM</i>	Moon 11 - Phase 33	
Routine Work	Marana Yoga	725651365 Rahu 9:00AM – 10:06AM	Gara Until 6:38PM	Nataraja: White	4th Phase	
Until 7:59PM			Trayodashi Until 8:27AM	Moon – White	Bhuloka Day	
Then Creative Work - Amrita Yoga		Krittika Deepam		Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM	

○ Tuesday, December 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
Copper Retreat Star		Rohini/Mrigashira Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 240
Vrishabha Rasi: 16.15	Tithi 15	Gulika 12:18PM – 1:24PM	Rohini Until 5:11PM	Ganesh: Red <i>Sunrise: 7:55AM</i>	Durmukha 5118	
		Yama 10:06AM – 11:12AM	Sadhya Until 8:08PM	Muruga: White <i>Sunset: 4:41PM</i>	Moon 11 - Phase 33	
Creative Work	Amrita Yoga	736661365 Rahu 2:30PM – 3:35PM	Visti Until 2:57PM	Nataraja: White	Purnima	
Until 5:11PM			Purnima* Until 1:08AM Wed	Moon – Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM	

Wednesday, December 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam				Milan, Italy
Silver Retreat Star		Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 241
Mithuna Rasi: 1.23	Tithi 16	Gulika 11:13AM – 12:18PM	Mrigashira Until 2:24PM	Ganesh: Red <i>Sunrise: 7:56AM</i>	Durmukha 5118	
		Yama 9:01AM – 10:07AM	Subha Until 4:03PM	Muruga: White <i>Sunset: 4:41PM</i>	Moon 11 - Phase 33	
Creative Work	Siddha Yoga	736661365 Rahu 12:18PM – 1:24PM	Balava Until 11:24AM	Nataraja: White	Prathama	
			Prathama* Until 9:42PM	Moon – Yellow	Bhuloka Day	
				Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM	

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy

Sutra 242

Mithuna Rasi: 16.21 Tihti 17

736661365

Gulika 10:08AM – 11:13AM
Yama 7:56AM – 9:02AM
Rahu 1:25PM – 2:30PM

Ardra Until 11:47AM
Sukla Until 12:12PM
Taitila Until 8:08AM

Ganesha: Red *Sunrise:* 7:56AM
Muruga: White *Sunset:* 4:42PM

Moon 12 - Phase 34

1st Phase

Routine Work Marana Yoga
Until 11:47AM

Markali Pillaiyar

Dvitiya Until 6:39PM

Moon – Yellow
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Milan, Italy

Sutra 243

Kataka Rasi: 0.58 Tihti 18 – 19

846661365

Gulika 9:03AM – 10:08AM
Yama 2:31PM – 3:36PM
Rahu 11:14AM – 12:19PM

Punarvasu Until 9:57AM
Brahma Until 8:46AM
Bava Until 3:11AM Sat

Ganesha: Red *Sunrise:* 7:57AM
Muruga: White *Sunset:* 4:42PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga
Until 9:57AM

Tritiya Until 4:09PM

Moon – Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Sutra 244

Kataka Rasi: 15.07 Tihti 19 – 20

846661365

Gulika 7:58AM – 9:03AM
Yama 1:26PM – 2:31PM
Rahu 10:09AM – 11:14AM

Pushya Until 8:39AM
Vaidhriti* Until 3:38AM Sun
Kaulava Until 1:48AM Sun

Ganesha: Red *Sunrise:* 7:58AM
Muruga: White *Sunset:* 4:42PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga
Until 8:39AM

Chaturthi* Until 2:22PM

Moon – Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy

Sutra 245

Kataka Rasi: 28.48 Tihti 20 – 21

846661365

Gulika 2:32PM – 3:37PM
Yama 12:20PM – 1:26PM
Rahu 3:37PM – 4:43PM

Ashlesha* Until 7:59AM
Vishkambha* Until 2:04AM Mon
Gara Until 1:18AM Mon

Ganesha: Red *Sunrise:* 7:58AM
Muruga: White *Sunset:* 4:43PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga
Until 7:59AM

Panchami Until 1:25PM

Moon – Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sutra 246

Simha Rasi: 11.59 Tihti 21 – 22

856661365

Gulika 1:26PM – 2:32PM
Yama 11:15AM – 12:21PM
Rahu 9:04AM – 10:10AM

Magha* Until 8:29AM
Priti Until 1:12AM Tue
Visti Until 1:43AM Tue

Ganesha: Green *Sunrise:* 7:59AM
Muruga: White *Sunset:* 4:43PM

Moon 12 - Phase 34

1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 8:29AM

Shashthi* Until 1:23PM

Moon – Red
Margasira-Markali

Bhuloka Day

Then Creative Work - Siddha Yoga

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sutra 247

Simha Rasi: 24.43 Tihti 22 – 23

857661365

Gulika 12:21PM – 1:27PM
Yama 10:10AM – 11:16AM
Rahu 2:32PM – 3:38PM

Purvaphalguni Until 9:42AM
Ayushman Until 12:57AM Wed
Balava Until 2:57AM Wed

Ganesha: White *Sunrise:* 8:00AM
Muruga: White *Sunset:* 4:43PM

Moon 12 - Phase 34

Ashtami

Creative Work Siddha Yoga
Until 9:42AM

Saptami Until 2:13PM

Moon – Red
Margasira-Markali

Bhuloka Day

Then Creative Work - Amrita Yoga

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sutra 248

Kanya Rasi: 7.07 Tihti 23 – 24

857661365

Gulika 11:17AM – 12:22PM
Yama 9:06AM – 10:11AM
Rahu 12:22PM – 1:27PM

Uttaraphalguni Until 11:30AM
Saubhagya Until 1:14AM Thu
Taitila Until 4:51AM Thu

Ganesha: White *Sunrise:* 8:00AM
Muruga: White *Sunset:* 4:44PM

Moon 12 - Phase 34

Navami

Creative Work Amrita Yoga
Until 11:30AM

Day 1 of Pancha Ganapati

Ashtami* Until 3:48PM

Moon – Red
Margasira-Markali

Bhuloka Day

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1 Thursday, December 22, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Milan, Italy	
Kanya Rasi: 19.13 Tihti 24 – 25		Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 249	
867661365		Gulika 10:12AM – 11:17AM	Hasta Until 2:12PM	Ganesha: Clear <i>Sunrise:</i> 8:01AM	Durmukha 5118
Routine Work Marana Yoga		Yama 8:01AM – 9:06AM	Sobhana Until 1:53AM Fri	Muruga: White <i>Sunset:</i> 4:44PM	Moon 12 - Phase 35
Until 2:12PM		Rahu 1:28PM – 2:34PM	Vanija Until 7:12AM Fri	Nataraja: White	2nd Phase
Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Moon – Green	Bhuloka Day
		Navami* Until 5:58PM		Margasira*Markali	Devaloka Time: 6:AM to 9:AM

2 Friday, December 23, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Milan, Italy	
Tula Rasi: 1.1 Tihti 25		Chitra/Svati Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 250	
867661365		Gulika 9:06AM – 10:12AM	Chitra Until 5:06PM	Ganesha: Clear <i>Sunrise:</i> 8:01AM	Durmukha 5118
Creative Work Siddha Yoga		Yama 2:34PM – 3:40PM	Athiganda* Until 2:42AM Sat	Muruga: White <i>Sunset:</i> 4:45PM	Moon 12 - Phase 35
		Rahu 11:17AM – 12:23PM	Vanija Until 7:12AM	Nataraja: White	2nd Phase
		Day 3 of Pancha Ganapati		Moon – Green	Bhuloka Day
		Dashami Until 8:28PM		Margasira*Markali	Devaloka Time: 6:AM to 9:AM

3 Saturday, December 24, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Milan, Italy	
Tula Rasi: 13.01 Tihti 26		Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 251	
867661365		Gulika 8:01AM – 9:07AM	Svati Until 7:57PM	Ganesha: Clear <i>Sunrise:</i> 8:01AM	Durmukha 5118
Creative Work Siddha Yoga		Yama 1:29PM – 2:35PM	Sukarma Until 3:35AM Sun	Muruga: White <i>Sunset:</i> 4:46PM	Moon 12 - Phase 35
		Rahu 10:12AM – 11:18AM	Bava Until 9:47AM	Nataraja: White	2nd Phase
		Day 4 of Pancha Ganapati		Moon – Green	Bhuloka Day
		Ekadashi* Until 11:04PM		Margasira*Markali	Devaloka Time: 6:AM to 9:AM

4 Sunday, December 25, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Milan, Italy	
Tula Rasi: 24.52 Tihti 27		Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 252	
877661365		Gulika 2:35PM – 3:41PM	Vishakha Until 11:06PM	Ganesha: Purple <i>Sunrise:</i> 8:02AM	Durmukha 5118
Routine Work Marana Yoga		Yama 12:24PM – 1:30PM	Dhriti Until 4:25AM Mon	Muruga: White <i>Sunset:</i> 4:46PM	Moon 12 - Phase 35
		Rahu 3:41PM – 4:46PM	Kaulava Until 12:23PM	Nataraja: White	2nd Phase
		Day 5 of Pancha Ganapati		Moon – Orange	Bhuloka Day
		Dvadashi* Until 1:37AM Mon		Margasira*Markali	

5 Monday, December 26, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Milan, Italy	
Vrischika Rasi: 6.45 Tihti 28		Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 253	
877661366		Gulika 1:30PM – 2:36PM	Anuradha Until 1:54AM Tue	Ganesha: Purple <i>Sunrise:</i> 8:02AM	Durmukha 5118
Family Home Evening		Yama 11:19AM – 12:25PM	Shula* Until 5:04AM Tue	Muruga: White <i>Sunset:</i> 4:47PM	Moon 12 - Phase 35
Creative Work Siddha Yoga		Rahu 9:08AM – 10:13AM	Gara Until 2:51PM	Nataraja: Green	2nd Phase
Until 1:54AM Tue		Trayodashi* Until 3:59AM Tue		Moon – Orange	Bhuloka Day
Then Routine Work - Marana Yoga		<i>Pradosha Vrata (Fasting)</i>		Margasira*Markali	

6 Tuesday, December 27, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Milan, Italy	
Vrischika Rasi: 18.42 Tihti 29		Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 254	
878661366		Gulika 12:25PM – 1:31PM	Jyeshtha* Until 4:17AM Wed	Ganesha: Clear <i>Sunrise:</i> 8:02AM	Durmukha 5118
Routine Work Marana Yoga		Yama 10:14AM – 11:19AM	Ganda* Until 5:32AM Wed	Muruga: White <i>Sunset:</i> 4:48PM	Moon 12 - Phase 35
		Rahu 2:36PM – 3:42PM	Visti Until 5:05PM	Nataraja: Green	2nd Phase
		Chaturdashi* Until 6:04AM Wed		Moon – Orange	Bhuloka Day
				Margasira*Markali	Devaloka Time: 9:AM to 12:PM

Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Milan, Italy	
Dhanus Rasi: 0.46 Tihti 29 – 30		Mula* Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 255	
888661366		Gulika 11:20AM – 12:26PM	Mula* Until 6:43AM Thu	Ganesha: Orange <i>Sunrise:</i> 8:02AM	Durmukha 5118
Routine Work Marana Yoga		Yama 9:08AM – 10:14AM	Vriddhi Until 5:47AM Thu	Muruga: White <i>Sunset:</i> 4:49PM	Moon 12 - Phase 35
Until 6:43AM Thu		Rahu 12:26PM – 1:31PM	Catuspada Until 7:01PM	Nataraja: Green	Amavasya
Then Creative Work - Siddha Yoga		Chaturdashi* Until 6:04AM		Moon – Light Blue	Bhuloka Day
		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali	Devaloka Time: 9:AM to 12:PM

Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Milan, Italy	
Dhanus Rasi: 12.58 Tihti 30 – 1		Mula*/Purvashadha* Nakshatra Dhruva Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 256	
888761366		Gulika 10:14AM – 11:20AM	Mula* Until 6:43AM	Ganesha: Light Blue <i>Sunrise:</i> 8:03AM	Durmukha 5118
Creative Work Siddha Yoga		Yama 8:03AM – 9:09AM	Dhruva Until 5:45AM Fri	Muruga: White <i>Sunset:</i> 4:49PM	Moon 12 - Phase 35
		Rahu 1:32PM – 2:38PM	Kintughna Until 8:37PM	Nataraja: Green	Prathama
		Amavasya* Until 7:50AM		Moon – Light Blue	Bhuloka Day
				Pausha*Markali	

1	Friday, December 30, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Milan, Italy
	Dhanus Rasi: 25.17	Tithi 1 – 2	Gulika Yama 888761366	9:09AM – 10:15AM 2:38PM – 3:44PM Rahu 11:21AM – 12:27PM	Purvashadha* Until 8:39AM Vyaghata* Until 5:27AM Sat Balava Until 9:52PM Prathama* Until 9:16AM	Ganesha: Light Blue <i>Sunrise: 8:03AM</i> Muruga: White <i>Sunset: 4:50PM</i> Nataraja: Green Moon – Light Blue Pausha-Markali	Sun 15 Sutra 257 Durmukha 5118 Moon 12 - Phase 36 3rd Phase
Routine Work Prabalarishta Yoga Until 8:39AM Then Routine Work - Marana Yoga							Bhuloka Day

2	Saturday, December 31, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy
	Makara Rasi: 7.46	Tithi 2 – 3	Gulika Yama 888761366	8:03AM – 9:09AM 1:33PM – 2:39PM Rahu 10:15AM – 11:21AM	Uttarashadha Until 10:05AM Harshana Until 4:54AM Sun Taitila Until 10:45PM Dvitiya Until 10:20AM	Ganesha: Light Blue <i>Sunrise: 8:03AM</i> Muruga: White <i>Sunset: 4:51PM</i> Nataraja: Green Moon – Light Blue Pausha-Markali	Sun 16 Sutra 258 Durmukha 5118 Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga Until 10:05AM Then Creative Work - Siddha Yoga							Bhuloka Day

3	Sunday, January 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Milan, Italy
	Makara Rasi: 20.25	Tithi 3 – 4	Gulika Yama 898761366	2:39PM – 3:45PM 12:27PM – 1:33PM Rahu 3:45PM – 4:51PM	Shravana Until 11:28AM Vajra* Until 4:01AM Mon Vanija Until 11:15PM Tritiya Until 11:02AM	Ganesha: Purple <i>Sunrise: 8:03AM</i> Muruga: White <i>Sunset: 4:51PM</i> Nataraja: Green Moon – Purple Pausha-Markali	Sun 17 Sutra 259 Durmukha 5118 Moon 12 - Phase 36 3rd Phase
Creative Work Amrita Yoga Until 11:28AM Then Routine Work - Marana Yoga							Bhuloka Day

4	Monday, January 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy
	Kumbha Rasi: 3.14	Tithi 4 – 5	Gulika Yama 898761366	1:34PM – 2:40PM 11:21AM – 12:27PM Rahu 9:09AM – 10:15AM	Dhanishtha Until 12:19PM Siddhi Until 2:49AM Tue Bava Until 11:21PM Chaturthi* Until 11:20AM	Ganesha: Purple <i>Sunrise: 8:03AM</i> Muruga: White <i>Sunset: 4:52PM</i> Nataraja: Green Moon – Purple Pausha-Markali	Sun 18 Sutra 260 Durmukha 5118 Moon 12 - Phase 36 3rd Phase
Family Home Evening Creative Work Siddha Yoga							Bhuloka Day

5	Tuesday, January 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy
	Kumbha Rasi: 16.17	Tithi 5 – 6	Gulika Yama 899761366	12:28PM – 1:34PM 10:15AM – 11:22AM Rahu 2:40PM – 3:47PM	Shatabhishak Until 12:36PM Vyatipata* Until 1:17AM Wed Kaulava Until 10:59PM Panchami Until 11:12AM	Ganesha: Clear <i>Sunrise: 8:03AM</i> Muruga: White <i>Sunset: 4:53PM</i> Nataraja: Green Moon – Purple Pausha-Markali	Sun 19 Sutra 261 Durmukha 5118 Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga							Bhuloka Day Devaloka Time: 9:AM to12:PM
Vinayaga Viratam Ends							

6	Wednesday, January 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy
	Kumbha Rasi: 29.33	Tithi 6 – 7	Gulika Yama 819761366	11:22AM – 12:28PM 9:09AM – 10:16AM Rahu 12:28PM – 1:35PM	Purvaproshtapada* Until 12:44PM Variyan Until 11:21PM Gara Until 10:09PM Shashthi* Until 10:36AM	Ganesha: Red <i>Sunrise: 8:03AM</i> Muruga: White <i>Sunset: 4:54PM</i> Nataraja: Green Moon – Clear Pausha-Markali	Sun 20 Sutra 262 Durmukha 5118 Moon 12 - Phase 36 3rd Phase
Creative Work Amrita Yoga Until 12:44PM Then Creative Work - Siddha Yoga							Bhuloka Day Devaloka Time: 9:AM to12:PM

☾	Thursday, January 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy
	Retreat Star		Gulika Yama 819761366	10:16AM – 11:22AM 8:03AM – 9:09AM Rahu 1:35PM – 2:42PM	Uttaraproshtapada Until 12:14PM Parigha* Until 9:02PM Visti Until 8:48PM Saptami Until 9:31AM	Ganesha: Red <i>Sunrise: 8:03AM</i> Muruga: White <i>Sunset: 4:55PM</i> Nataraja: Green Moon – Clear Pausha-Markali	Sun 21 Sutra 263 Durmukha 5118 Moon 12 - Phase 36 Ashtami
Meena Rasi: 13.05 Tithi 7 – 8 Creative Work Siddha Yoga							Bhuloka Day Devaloka Time: 9:AM to12:PM
Subramuniyaswami Jayanti							

☾	Friday, January 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy
	Retreat Star		Gulika Yama 819761366	9:09AM – 10:16AM 2:43PM – 3:49PM Rahu 11:23AM – 12:29PM	Revati Until 11:05AM Shiva Until 6:20PM Balava Until 6:58PM Ashtami* Until 7:55AM	Ganesha: Red <i>Sunrise: 8:03AM</i> Muruga: White <i>Sunset: 4:56PM</i> Nataraja: Green Moon – Clear Pausha-Markali	Sun 22 Sutra 264 Durmukha 5118 Moon 12 - Phase 36 Navami
Meena Rasi: 26.56 Tithi 8 – 9 Creative Work Siddha Yoga Until 11:05AM Then Creative Work - Amrita Yoga							Bhuloka Day Devaloka Time: 9:AM to12:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 7, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Milan, Italy Sun 23 Sutra 265
Mesha Rasi: 11.04	Tithi 10	Gulika	8:03AM – 9:09AM	Ashvini Until 9:47AM	Ganesh: Blue	<i>Sunrise:</i> 8:03AM	Durmukha 5118	
		Yama	1:37PM – 2:43PM	Siddha Until 3:15PM	Muruga: White	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 37	
Creative Work	Siddha Yoga	829761366	Rahu 10:16AM – 11:23AM	Taitila Until 4:41PM	Nataraja: Green		4th Phase	
				Dashami Until 3:22AM Sun	Moon – White			Devaloka Day
					Pausha-Markali			

2		Sunday, January 8, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy Sun 24 Sutra 266
Mesha Rasi: 25.29	Tithi 11	Gulika	2:44PM – 3:51PM	Bharani Until 7:55AM	Ganesh: Blue	<i>Sunrise:</i> 8:02AM	Durmukha 5118	
		Yama	12:30PM – 1:37PM	Sadhya Until 11:52AM	Muruga: White	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 37	
Routine Work	Prabalarishta Yoga	829761366	Rahu 3:51PM – 4:58PM	Vanija Until 2:01PM	Nataraja: Green		4th Phase	
Until 7:55AM				Vanija Until 2:01PM	Moon – White			Devaloka Day
Then Creative Work - Siddha Yoga				Ekadashi Until 12:33AM Mon	Pausha-Markali			

3		Monday, January 9, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy Sun 25 Sutra 267
Vrishabha Rasi: 10.08	Tithi 12	Gulika	1:38PM – 2:45PM	Rohini Until 3:25AM Tue	Ganesh: Yellow	<i>Sunrise:</i> 8:02AM	Durmukha 5118	
Family Home Evening		Yama	11:24AM – 12:31PM	Subha Until 8:16AM	Muruga: White	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 37	
Creative Work	Amrita Yoga	839761366	Rahu 9:09AM – 10:16AM	Bava Until 11:04AM	Nataraja: Green		4th Phase	
Until 3:25AM Tue				Dvadashi Until 9:31PM	Moon – Yellow			Bhuloka Day
Then Creative Work - Siddha Yoga					Pausha-Markali			Devaloka Time: 9:AM to12:PM

4		Tuesday, January 10, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy Sun 26 Sutra 268
Vrishabha Rasi: 24.55	Tithi 13	Gulika	12:31PM – 1:38PM	Mrigashira Until 1:02AM Wed	Ganesh: Clear	<i>Sunrise:</i> 8:02AM	Durmukha 5118	
		Yama	10:16AM – 11:24AM	Brahma Until 12:44AM Wed	Muruga: White	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 37	
Creative Work	Siddha Yoga	831761366	Rahu 2:46PM – 3:53PM	Kaulava Until 7:59AM	Nataraja: Green		4th Phase	
				Trayodashi Until 6:25PM	Moon – Yellow			Bhuloka Day
					Pausha-Markali			Devaloka Time: 9:AM to12:PM

5		Wednesday, January 11, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Milan, Italy Sun 27 Sutra 269
Mithuna Rasi: 9.43	Tithi 14 – 15	Gulika	11:24AM – 12:31PM	Ardra Until 10:39PM	Ganesh: Clear	<i>Sunrise:</i> 8:01AM	Durmukha 5118	
		Yama	9:09AM – 10:16AM	Indra Until 9:05PM	Muruga: White	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 37	
Creative Work	Siddha Yoga	831761366	Rahu 12:31PM – 1:39PM	Visti Until 1:58AM Thu	Nataraja: Green		4th Phase	
				Chaturdashi* Until 3:23PM	Moon – Yellow			Bhuloka Day
					Pausha-Markali			Devaloka Time: 9:AM to12:PM

○		Thursday, January 12, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sun 28 Sutra 270
Copper Retreat Star		Gulika	10:16AM – 11:24AM	Punarvasu Until 8:49PM	Ganesh: White	<i>Sunrise:</i> 8:01AM	Durmukha 5118	
Mithuna Rasi: 24.23	Tithi 15 – 16	Yama	8:01AM – 9:09AM	Vaidhriti* Until 5:37PM	Muruga: White	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 37	
Creative Work	Amrita Yoga	841761366	Rahu 1:40PM – 2:47PM	Balava Until 11:20PM	Nataraja: Green		Purnima	
				Purnima* Until 12:35PM	Moon – Blue			Devaloka Day
					Pausha-Markali			

Friday, January 13, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 29 Sutra 271		
Silver Retreat Star		Gulika	9:08AM – 10:16AM	Pushya Until 7:18PM	Ganesh: White	<i>Sunrise:</i> 8:01AM	Durmukha 5118	
Kataka Rasi: 8.49	Tithi 16 – 17	Yama	2:48PM – 3:56PM	Vishkambha* Until 2:31PM	Muruga: White	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 37	
Routine Work	Marana Yoga	841761366	Rahu 11:24AM – 12:32PM	Taitila Until 9:11PM	Nataraja: Green		Prathama	
				Prathama* Until 10:10AM	Moon – Blue			Devaloka Day
					Pausha-Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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Saturday, January 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Milan, Italy
Sun 1 Sutra 272

Kataka Rasi: 22.53 Tithi 17 - 18

Gulika 8:00AM - 9:08AM
Yama 1:41PM - 2:49PM
841761366 Rahu 10:16AM - 11:25AM

Ashlesha* Until 6:14PM
Priti Until 11:53AM
Vanija Until 7:39PM

Ganesha: White Sunrise: 8:00AM
Muruga: White Sunset: 5:05PM
Nataraja: Green
Moon - Blue

Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 6:14PM

Thai Pongal

Dvitiya Until 8:18AM

Pausha*Thai

Devaloka Day

Then Creative Work - Amrita Yoga

1

Sunday, January 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Milan, Italy
Sun 2 Sutra 273

Simha Rasi: 6.34 Tithi 18 - 19

Gulika 2:50PM - 3:58PM
Yama 12:33PM - 1:41PM
851761366 Rahu 3:58PM - 5:06PM

Magha* Until 6:10PM
Ayushman Until 9:48AM
Bava Until 6:51PM

Ganesha: Yellow Sunrise: 8:00AM
Muruga: White Sunset: 5:06PM
Nataraja: Green
Moon - Red

Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 6:10PM

Tritiya Until 7:08AM

Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Then Creative Work - Siddha Yoga

2

Monday, January 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy
Sun 3 Sutra 274

Simha Rasi: 19.47 Tithi 19 - 20

Family Home Evening

Gulika 1:42PM - 2:51PM
Yama 11:25AM - 12:33PM
851761366 Rahu 9:08AM - 10:16AM

Purvaphalguni Until 6:45PM
Saubhagya Until 8:20AM
Kaulava Until 6:52PM

Ganesha: Yellow Sunrise: 7:59AM
Muruga: White Sunset: 5:08PM
Nataraja: Green
Moon - Red

Moon 1 - Phase 38
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 6:44AM

Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Tuesday, January 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy
Sun 4 Sutra 275

Kanya Rasi: 2.37 Tithi 20 - 21

Gulika 12:34PM - 1:43PM
Yama 10:16AM - 11:25AM
851761366 Rahu 2:51PM - 4:00PM

Uttaraphalguni Until 7:57PM
Sobhana Until 7:30AM
Gara Until 7:41PM

Ganesha: Yellow Sunrise: 7:58AM
Muruga: White Sunset: 5:09PM
Nataraja: Green
Moon - Red

Moon 1 - Phase 38
1st Phase

Creative Work Amrita Yoga

Panchami Until 7:09AM

Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Then Creative Work - Siddha Yoga

4

Wednesday, January 18, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy
Sun 5 Sutra 276

Kanya Rasi: 15.05 Tithi 21 - 22

Gulika 11:25AM - 12:34PM
Yama 9:07AM - 10:16AM
861761366 Rahu 12:34PM - 1:43PM

Hasta Until 10:08PM
Athiganda* Until 7:15AM
Visti Until 9:13PM

Ganesha: Blue Sunrise: 7:58AM
Muruga: White Sunset: 5:10PM
Nataraja: Green
Moon - Green

Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga

Shashthi* Until 8:21AM

Pausha*Thai

Devaloka Day

Until 10:08PM

Then Creative Work - Siddha Yoga

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Thursday, January 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy
Sun 6 Sutra 277

Kanya Rasi: 27.17 Tithi 22 - 23

Gulika 10:16AM - 11:25AM
Yama 7:57AM - 9:06AM
861761366 Rahu 1:44PM - 2:53PM

Chitra Until 12:42AM Fri
Sukarma Until 7:29AM
Balava Until 11:18PM

Ganesha: Blue Sunrise: 7:57AM
Muruga: White Sunset: 5:12PM
Nataraja: Green
Moon - Green

Moon 1 - Phase 38
Ashtami

Creative Work Siddha Yoga

Saptami Until 10:11AM

Pausha*Thai

Devaloka Day

Friday, January 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy
Sun 7 Sutra 278

Tula Rasi: 9.17 Tithi 23 - 24

Gulika 9:06AM - 10:16AM
Yama 2:54PM - 4:03PM
861761366 Rahu 11:25AM - 12:35PM

Svati Until 3:24AM Sat
Dhriti Until 8:05AM
Taitila Until 1:43AM Sat

Ganesha: Blue Sunrise: 7:56AM
Muruga: White Sunset: 5:13PM
Nataraja: Green
Moon - Green

Moon 1 - Phase 38
Navami

Creative Work Siddha Yoga

Ashtami* Until 12:28PM

Pausha*Thai

Devaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1	Saturday, January 21, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Milan, Italy
	Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 279		Durmukha 5118
	Gulika	7:56AM – 9:05AM	Vishakha Until 6:31AM Sun	Ganesha: Blue	Sunrise: 7:56AM		
Tula Rasi: 21.11	Tithi 24 – 25	Yama	1:45PM – 2:55PM	Shula* Until 8:52AM	Muruga: White	Sunset: 5:14PM	Moon 1 - Phase 39
	872761366	Rahu	10:15AM – 11:25AM	Vanija Until 4:16AM Sun	Nataraja: Green	2nd Phase	
Creative Work	Siddha Yoga			Navami* Until 2:58PM	Moon – Orange	Bhuloka Day	
Until 6:31AM Sun					Pausha*Thai		
Then Routine Work - Marana Yoga							


2	Sunday, January 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Milan, Italy
	Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 280		Durmukha 5118
	Gulika	2:55PM – 4:06PM	Vishakha Until 6:31AM	Ganesha: Blue	Sunrise: 7:55AM		
Vrischika Rasi: 3.04	Tithi 25 – 26	Yama	12:35PM – 1:45PM	Ganda* Until 9:41AM	Muruga: White	Sunset: 5:16PM	Moon 1 - Phase 39
	872761366	Rahu	4:06PM – 5:16PM	Bava Until 6:42AM Mon	Nataraja: Green	2nd Phase	
Routine Work	Marana Yoga			Dashami Until 5:29PM	Moon – Orange	Bhuloka Day	
						Pausha*Thai	

3	Monday, January 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Milan, Italy
	Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Sutra 281		Durmukha 5118
	Gulika	1:46PM – 2:56PM	Anuradha Until 9:23AM	Ganesha: Red	Sunrise: 7:54AM		
Vrischika Rasi: 14.58	Tithi 26	Yama	11:25AM – 12:36PM	Vriddhi Until 10:26AM	Muruga: White	Sunset: 5:17PM	Moon 1 - Phase 39
Family Home Evening	872861366	Rahu	9:04AM – 10:15AM	Bava Until 6:42AM	Nataraja: Green	2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 7:49PM	Moon – Orange	Bhuloka Day	
						Pausha*Thai	Devaloka Time: 9:AM to12:PM

4	Tuesday, January 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Milan, Italy
	Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11		Sutra 282		Durmukha 5118
	Gulika	12:36PM – 1:46PM	Jyeshtha* Until 11:49AM	Ganesha: Blue	Sunrise: 7:53AM		
Vrischika Rasi: 26.59	Tithi 27	Yama	10:14AM – 11:25AM	Dhruva Until 10:57AM	Muruga: White	Sunset: 5:18PM	Moon 1 - Phase 39
	972861366	Rahu	2:57PM – 4:08PM	Kaulava Until 8:54AM	Nataraja: Green	2nd Phase	
Routine Work	Marana Yoga			Dvadashi* Until 9:50PM	Moon – Orange	Devaloka Day	
Until 11:49AM					Pausha*Thai		
Then Creative Work - Amrita Yoga							

5	Wednesday, January 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Milan, Italy
	Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Sutra 283		Durmukha 5118
	Gulika	11:25AM – 12:36PM	Mula* Until 2:12PM	Ganesha: Red	Sunrise: 7:52AM		
Dhanus Rasi: 9.08	Tithi 28	Yama	9:03AM – 10:14AM	Vyaghata* Until 11:11AM	Muruga: White	Sunset: 5:20PM	Moon 1 - Phase 39
	982861366	Rahu	12:36PM – 1:47PM	Gara Until 10:42AM	Nataraja: Green	2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 11:25PM	Moon – Light Blue	Bhuloka Day	
Until 2:12PM					Pausha*Thai	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

6	Thursday, January 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Milan, Italy
	Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 284		Durmukha 5118
	Gulika	10:14AM – 11:25AM	Purvashadha* Until 3:59PM	Ganesha: Red	Sunrise: 7:51AM		
Dhanus Rasi: 21.28	Tithi 29	Yama	7:51AM – 9:03AM	Harshana Until 11:06AM	Muruga: White	Sunset: 5:21PM	Moon 1 - Phase 39
	982861366	Rahu	1:48PM – 2:59PM	Visti Until 12:03PM	Nataraja: Green	2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:31AM Fri	Moon – Light Blue	Bhuloka Day	
Until 3:59PM					Pausha*Thai	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

	Friday, January 27, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Milan, Italy
	Uttarashadha*/Shravana Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Sutra 285		Durmukha 5118
	Gulika	9:02AM – 10:13AM	Uttarashadha Until 5:08PM	Ganesha: Red	Sunrise: 7:50AM		
Makara Rasi: 4.01	Tithi 30	Yama	3:00PM – 4:11PM	Vajra* Until 10:36AM	Muruga: White	Sunset: 5:23PM	Moon 1 - Phase 39
	982861366	Rahu	11:25AM – 12:37PM	Catuspada Until 12:54PM	Nataraja: Green	Amavasya	
Routine Work	Marana Yoga			Amavasya* Until 1:07AM Sat	Moon – Light Blue	Bhuloka Day	
						Pausha*Thai	Devaloka Time: 9:AM to12:PM

Retreat Star	Saturday, January 28, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
	Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15		Sutra 286		Durmukha 5118
	Gulika	7:49AM – 9:01AM	Shravana Until 6:07PM	Ganesha: Yellow	Sunrise: 7:49AM		
Makara Rasi: 16.47	Tithi 1	Yama	1:49PM – 3:00PM	Siddhi Until 9:44AM	Muruga: White	Sunset: 5:24PM	Moon 1 - Phase 39
	992861366	Rahu	10:13AM – 11:25AM	Kintughna Until 1:15PM	Nataraja: Green	Prathama	
Creative Work	Siddha Yoga			Prathama* Until 1:14AM Sun	Moon – Purple	Bhuloka Day	
						Magha*Thai	Devaloka Time: 9:AM to12:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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1 Sunday, January 29, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Makara Rasi: 29.47 Tithi 2		Dhanishtha Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 287
		Gulika	3:01PM – 4:13PM	Dhanishtha Until 6:31PM	Ganesha: Yellow <i>Sunrise:</i> 7:48AM	Durmukha 5118
		Yama	12:37PM – 1:49PM	Vyatipata* Until 8:31AM	Muruga: White <i>Sunset:</i> 5:26PM	Moon 1 - Phase 40
		992861366 Rahu	4:13PM – 5:26PM	Balava Until 1:08PM	Nataraja: Green	3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 12:54AM Mon	Moon – Purple	Bhuloka Day
Until 6:31PM					Magha-Thai	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

2 Monday, January 30, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
Kumbha Rasi: 13.01 Tithi 3		Shatabhishak Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 288
Family Home Evening		Gulika	1:50PM – 3:02PM	Shatabhishak Until 6:22PM	Ganesha: Yellow <i>Sunrise:</i> 7:47AM	Durmukha 5118
Creative Work	Siddha Yoga	Yama	11:25AM – 12:37PM	Variyan Until 6:57AM	Muruga: White <i>Sunset:</i> 5:27PM	Moon 1 - Phase 40
Until 6:22PM		992861366 Rahu	9:00AM – 10:12AM	Tailila Until 12:36PM	Nataraja: Green	3rd Phase
Then Routine Work - Marana Yoga				Tritiya Until 12:11AM Tue	Moon – Purple	Bhuloka Day
					Magha-Thai	Devaloka Time: 9:AM to 12:PM

3 Tuesday, January 31, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Milan, Italy
Kumbha Rasi: 26.26 Tithi 4		Purvaprossthapada* Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Sun 18 Sutra 289
		Gulika	12:37PM – 1:50PM	Purvaprossthapada* Until 6:10PM	Ganesha: White <i>Sunrise:</i> 7:46AM	Durmukha 5118
		Yama	10:12AM – 11:24AM	Shiva Until 3:01AM Wed	Muruga: White <i>Sunset:</i> 5:28PM	Moon 1 - Phase 40
		912861366 Rahu	3:03PM – 4:16PM	Vanija Until 11:43AM	Nataraja: Green	3rd Phase
Routine Work	Marana Yoga			Chaturthi* Until 11:08PM	Moon – Clear	Devaloka Day
Until 6:10PM					Magha-Thai	
Then Creative Work - Amrita Yoga						

4 Wednesday, February 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
Meena Rasi: 10.03 Tithi 5		Uttaraprossthapada/Revati Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 290
		Gulika	11:24AM – 12:37PM	Uttaraprossthapada Until 5:32PM	Ganesha: White <i>Sunrise:</i> 7:46AM	Durmukha 5118
		Yama	8:59AM – 10:12AM	Siddha Until 12:40AM Thu	Muruga: White <i>Sunset:</i> 5:28PM	Moon 1 - Phase 40
		912861366 Rahu	12:37PM – 1:50PM	Bava Until 10:30AM	Nataraja: Green	3rd Phase
Creative Work	Siddha Yoga			Panchami Until 9:46PM	Moon – Clear	Devaloka Day
Until 5:32PM					Magha-Thai	
Then Routine Work - Marana Yoga						

5 Thursday, February 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
Meena Rasi: 23.5 Tithi 6		Revati/Ashvini Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashtayam Titau				Sun 20 Sutra 291
		Gulika	10:11AM – 11:24AM	Revati Until 4:29PM	Ganesha: White <i>Sunrise:</i> 7:45AM	Durmukha 5118
		Yama	7:45AM – 8:58AM	Sadhya Until 10:08PM	Muruga: White <i>Sunset:</i> 5:30PM	Moon 1 - Phase 40
		912861366 Rahu	1:51PM – 3:04PM	Kaulava Until 9:01AM	Nataraja: Green	3rd Phase
Creative Work	Siddha Yoga			Shashti* Until 8:10PM	Moon – Clear	Devaloka Day
Until 4:29PM					Magha-Thai	
Then Creative Work - Amrita Yoga						

6 Friday, February 3, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Milan, Italy
Mesha Rasi: 7.46 Tithi 7		Ashvini/Bharani Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 292
		Gulika	8:57AM – 10:11AM	Ashvini Until 3:29PM	Ganesha: White <i>Sunrise:</i> 7:44AM	Durmukha 5118
		Yama	3:04PM – 4:18PM	Subha Until 7:25PM	Muruga: White <i>Sunset:</i> 5:31PM	Moon 1 - Phase 40
		923861367 Rahu	11:24AM – 12:38PM	Gara Until 7:17AM	Nataraja: White	3rd Phase
Creative Work	Amrita Yoga			Saptami Until 6:19PM	Moon – White	Bhuloka Day
Until 3:29PM					Magha-Thai	
Then Creative Work - Siddha Yoga						

Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
Mesha Rasi: 21.51 Tithi 8 – 9		Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 293
		Gulika	7:43AM – 8:56AM	Bharani Until 2:09PM	Ganesha: White <i>Sunrise:</i> 7:43AM	Durmukha 5118
		Yama	1:51PM – 3:05PM	Sukla Until 4:32PM	Muruga: White <i>Sunset:</i> 5:33PM	Moon 1 - Phase 40
		923861367 Rahu	10:10AM – 11:24AM	Balava Until 3:12AM Sun	Nataraja: White	Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 4:16PM	Moon – White	Bhuloka Day
Until 2:09PM					Magha-Thai	
Then Creative Work - Amrita Yoga						


Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
Vrisabha Rasi: 6.02 Tithi 9 – 10		Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Sun 23 Sutra 294
		Gulika	3:06PM – 4:20PM	Krittika Until 12:31PM	Ganesha: White <i>Sunrise:</i> 7:41AM	Durmukha 5118
		Yama	12:38PM – 1:52PM	Brahma Until 1:32PM	Muruga: White <i>Sunset:</i> 5:34PM	Moon 1 - Phase 40
		923861367 Rahu	4:20PM – 5:34PM	Tailila Until 12:56AM Mon	Nataraja: White	Navami
Creative Work	Siddha Yoga			Navami* Until 2:04PM	Moon – White	Bhuloka Day
					Magha-Thai	

1		Monday, February 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Milan, Italy	
Vrishabha Rasi: 20.19		Gulika 1:52PM – 3:07PM		Rohini Until 11:02AM		Ganesh: Clear		Sunrise: 7:40AM	
Family Home Evening		Yama 11:23AM – 12:38PM		Indra Until 10:26AM		Muruga: White		Sunset: 5:36PM	
Creative Work Amrita Yoga		Rahu 8:55AM – 10:09AM		Vanija Until 10:35PM		Nataraja: White		Moon 1 - Phase 41	
				Dashami Until 11:44AM		Moon – Yellow		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	

2		Tuesday, February 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Milan, Italy	
Mithuna Rasi: 4.38		Gulika 12:38PM – 1:53PM		Mrigashira Until 9:23AM		Ganesh: Clear		Sunrise: 7:39AM	
Creative Work Siddha Yoga		Yama 10:08AM – 11:23AM		Vaidhriti* Until 7:18AM		Muruga: White		Sunset: 5:37PM	
Until 9:23AM		Rahu 3:07PM – 4:22PM		Bava Until 8:14PM		Nataraja: White		Moon 1 - Phase 41	
Then Routine Work - Marana Yoga				Ekadashi Until 9:23AM		Moon – Yellow		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	

3		Wednesday, February 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Milan, Italy	
Mithuna Rasi: 18.56		Gulika 11:23AM – 12:38PM		Ardra Until 7:38AM		Ganesh: Clear		Sunrise: 7:38AM	
Creative Work Siddha Yoga		Yama 8:53AM – 10:08AM		Priti Until 1:13AM Thu		Muruga: White		Sunset: 5:39PM	
		Rahu 12:38PM – 1:53PM		Taitila Until 4:54AM Thu		Nataraja: White		Moon 1 - Phase 41	
				Dvadashi Until 7:04AM		Moon – Yellow		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	
								<i>Pradosha Vrata</i>	

4		Thursday, February 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Milan, Italy	
Kataka Rasi: 3.08		Gulika 10:07AM – 11:23AM		Punarvasu Until 6:19AM		Ganesh: Purple		Sunrise: 7:36AM	
Creative Work Amrita Yoga		Yama 7:36AM – 8:52AM		Ayushman Until 10:25PM		Muruga: White		Sunset: 5:40PM	
		Rahu 1:54PM – 3:09PM		Gara Until 3:56PM		Nataraja: White		Moon 1 - Phase 41	
				Chaturdashi* Until 3:01AM Fri		Moon – Blue		Bhuloka Day	
						Magha-Thai			

		Friday, February 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Milan, Italy	
Copper Retreat Star		Gulika 8:51AM – 10:06AM		Ashlesha* Until 4:13AM Sat		Ganesh: Purple		Sunrise: 7:35AM	
Kataka Rasi: 17.09		Yama 3:10PM – 4:26PM		Saubhagya Until 7:55PM		Muruga: White		Sunset: 5:41PM	
Routine Work Marana Yoga		Rahu 11:22AM – 12:38PM		Visti Until 2:14PM		Nataraja: White		Moon 1 - Phase 41	
Until 4:13AM Sat				Purnima* Until 1:31AM Sat		Moon – Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga						Magha-Thai			

Saturday, February 11, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Milan, Italy	
Simha Rasi: 0.55		Gulika 7:33AM – 8:50AM		Magha* Until 4:06AM Sun		Ganesh: Clear		Sunrise: 7:33AM	
Creative Work Amrita Yoga		Yama 1:54PM – 3:10PM		Sobhana Until 5:50PM		Muruga: White		Sunset: 5:43PM	
Until 4:06AM Sun		Rahu 10:06AM – 11:22AM		Balava Until 12:59PM		Nataraja: White		Moon 1 - Phase 41	
Then Creative Work - Siddha Yoga				Prathama* Until 12:32AM Sun		Moon – Red		Bhuloka Day	
						Magha-Thai		Devaloka Time: 6:AM to 9:AM	

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

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Sunday, February 12, 2017

Gold Retreat Star

Simha Rasi: 14.23 Tihti 17

953861367

Gulika 3:11PM – 4:28PM
Yama 12:38PM – 1:55PM
Rahu 4:28PM – 5:44PM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Milan, Italy
Sutra 301

Purvaphalguni Until 4:26AM Mon

Ganesh: Clear *Sunrise:* 7:32AM

Muruga: White *Sunset:* 5:44PM

Nataraja: White

Moon – Red
Magha-Masi

Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1

Monday, February 13, 2017

Simha Rasi: 27.3 Tihti 18

Family Home Evening

Creative Work Siddha Yoga

953861367

Gulika 1:55PM – 3:12PM
Yama 11:21AM – 12:38PM
Rahu 8:47AM – 10:04AM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Tritiyayam Titau

Milan, Italy
Sun 1 Sutra 302

Uttaraphalguni Until 5:15AM Tue

Ganesh: Clear *Sunrise:* 7:31AM

Muruga: White *Sunset:* 5:46PM

Nataraja: White

Moon – Red
Magha-Masi

Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Tuesday, February 14, 2017

Kanya Rasi: 10.18 Tihti 19

Creative Work Siddha Yoga

963861367

Gulika 12:38PM – 1:55PM
Yama 10:04AM – 11:21AM
Rahu 3:13PM – 4:30PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy
Sun 2 Sutra 303

Hasta Until 7:01AM Wed

Ganesh: White *Sunrise:* 7:29AM

Muruga: White *Sunset:* 5:47PM

Nataraja: White

Moon – Green
Magha-Masi

Moon 2 - Phase 42
1st Phase

Bhuloka Day

Maha Sankatahara Chaturthi

Chaturthi* Until 1:23AM Wed

Devaloka Time: 6:AM to 9:AM

3

Wednesday, February 15, 2017

Kanya Rasi: 22.47 Tihti 20

Routine Work Marana Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

963861367

Gulika 11:20AM – 12:38PM
Yama 8:45AM – 10:03AM
Rahu 12:38PM – 1:56PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Panchamyam Titau

Milan, Italy
Sun 3 Sutra 304

Hasta Until 7:01AM

Ganesh: White *Sunrise:* 7:28AM

Muruga: White *Sunset:* 5:49PM

Nataraja: White

Moon – Green
Magha-Masi

Moon 2 - Phase 42
1st Phase

Bhuloka Day

Panchami Until 2:56AM Thu

Devaloka Time: 6:AM to 9:AM

4

Thursday, February 16, 2017

Tula Rasi: 5.02 Tihti 21

Creative Work Siddha Yoga

Until 9:12AM

Then Creative Work - Amrita Yoga

963961367

Gulika 10:02AM – 11:20AM
Yama 7:26AM – 8:44AM
Rahu 1:56PM – 3:14PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy
Sun 4 Sutra 305

Chitra Until 9:12AM

Ganesh: Yellow *Sunrise:* 7:26AM

Muruga: White *Sunset:* 5:50PM

Nataraja: White

Moon – Green
Magha-Masi

Moon 2 - Phase 42
1st Phase

Bhuloka Day

Shashthi* Until 4:58AM Fri

Devaloka Time: 9:AM to 12:PM

5

Friday, February 17, 2017

Tula Rasi: 17.06 Tihti 22

Creative Work Siddha Yoga

964961367

Gulika 8:43AM – 10:01AM
Yama 3:15PM – 4:33PM
Rahu 11:20AM – 12:38PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Visti* Karana Saptamyam Titau

Milan, Italy
Sun 5 Sutra 306

Svati Until 11:37AM

Ganesh: White *Sunrise:* 7:25AM

Muruga: White *Sunset:* 5:51PM

Nataraja: White

Moon – Green
Magha-Masi

Moon 2 - Phase 42
1st Phase

Bhuloka Day

Saptami Until 7:18AM Sat

D

Saturday, February 18, 2017

Retreat Star

Tula Rasi: 29.02 Tihti 22 – 23

Creative Work Siddha Yoga

974971367

Gulika 7:23AM – 8:42AM
Yama 1:57PM – 3:15PM
Rahu 10:00AM – 11:19AM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy
Sun 6 Sutra 307

Vishakha Until 2:38PM

Ganesh: Yellow *Sunrise:* 7:23AM

Muruga: Yellow *Sunset:* 5:53PM

Nataraja: White

Moon – Orange
Magha-Masi

Moon 2 - Phase 42
Ashtami

Devaloka Day

Saptami Until 7:18AM

Sunday, February 19, 2017

Retreat Star

Vrischika Rasi: 10.56 Tihti 23 – 24

Routine Work Marana Yoga

974971367

Gulika 3:16PM – 4:35PM
Yama 12:38PM – 1:57PM
Rahu 4:35PM – 5:54PM

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Milan, Italy
Sun 7 Sutra 308

Anuradha Until 5:32PM

Ganesh: Yellow *Sunrise:* 7:21AM

Muruga: Yellow *Sunset:* 5:54PM

Nataraja: White

Moon – Orange
Magha-Masi

Moon 2 - Phase 42
Navami

Devaloka Day

Ashtami* Until 9:46AM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1		Monday, February 20, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Milan, Italy Sun 8	Sutra 309
Vrischika Rasi: 22.51	Tithi 24 – 25	Gulika	1:57PM – 3:17PM	Jyeshtha* Until 8:07PM	Ganesha: Yellow Muruga: Yellow Nataraja: White Moon – Orange	Sunrise: 7:20AM Sunset: 5:56PM	Durmukha 5118 Moon 2 - Phase 43 2nd Phase
Family Home Evening	984971367	Rahu	8:39AM – 9:59AM	Vanija Until 1:14AM Tue Navami* Until 12:07PM	Magha-Masi	Devaloka Day	
Creative Work	Siddha Yoga						

2		Tuesday, February 21, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 9	Sutra 310
Dhanus Rasi: 4.52	Tithi 25 – 26	Gulika	12:38PM – 1:58PM	Mula* Until 10:42PM	Ganesha: Blue Muruga: Yellow Nataraja: White Moon – Light Blue	Sunrise: 7:18AM Sunset: 5:57PM	Durmukha 5118 Moon 2 - Phase 43 2nd Phase
Creative Work	984971367	Rahu	3:17PM – 4:37PM	Vajra* Until 5:48PM Bava Until 3:05AM Wed Dashami Until 2:12PM	Magha-Masi	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Amrita Yoga	Siddha Yoga						
Until 10:42PM							
Then Creative Work - Siddha Yoga							

3		Wednesday, February 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 10	Sutra 311
Dhanus Rasi: 17.02	Tithi 26 – 27	Gulika	11:17AM – 12:38PM	Purvashadha* Until 12:38AM Thu	Ganesha: Blue Muruga: Yellow Nataraja: White Moon – Light Blue	Sunrise: 7:17AM Sunset: 5:59PM	Durmukha 5118 Moon 2 - Phase 43 2nd Phase
Creative Work	984971367	Rahu	12:38PM – 1:58PM	Siddhi Until 5:52PM Kaulava Until 4:24AM Thu Ekadashi* Until 3:48PM	Magha-Masi	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Amrita Yoga	Siddha Yoga						
Until 12:38AM Thu							
Then Routine Work - Marana Yoga							

4		Thursday, February 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 11	Sutra 312
Dhanus Rasi: 29.27	Tithi 27 – 28	Gulika	9:56AM – 11:17AM	Uttarashadha Until 1:49AM Fri	Ganesha: Blue Muruga: Yellow Nataraja: White Moon – Light Blue	Sunrise: 7:15AM Sunset: 6:00PM	Durmukha 5118 Moon 2 - Phase 43 2nd Phase
Routine Work	984971367	Rahu	1:58PM – 3:19PM	Vyatipata* Until 5:31PM Gara Until 5:05AM Fri Dvadashi* Until 4:48PM <i>Pradosha Vrata (Fasting)</i>	Magha-Masi	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Marana Yoga	Siddha Yoga						

5		Friday, February 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 12	Sutra 313
Makara Rasi: 12.08	Tithi 28 – 29	Gulika	8:34AM – 9:55AM	Shravana Until 2:41AM Sat	Ganesha: Blue Muruga: Yellow Nataraja: White Moon – Purple	Sunrise: 7:13AM Sunset: 6:01PM	Durmukha 5118 Moon 2 - Phase 43 2nd Phase
Routine Work	994971367	Rahu	11:16AM – 12:37PM	Varyan Until 4:38PM Visti Until 5:07AM Sat Trayodashi* Until 5:10PM	Magha-Masi	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Marana Yoga	Siddha Yoga						
Until 2:41AM Sat							
Then Creative Work - Siddha Yoga							
	Mahasivaratri (Lunar)						
	Mahasivaratri (Solar)						

6		Saturday, February 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Milan, Italy Sun 13	Sutra 314
Makara Rasi: 25.08	Tithi 29 – 30	Gulika	7:12AM – 8:33AM	Dhanishtha Until 2:46AM Sun	Ganesha: Blue Muruga: Yellow Nataraja: White Moon – Purple	Sunrise: 7:12AM Sunset: 6:03PM	Durmukha 5118 Moon 2 - Phase 43 2nd Phase
Creative Work	994971367	Rahu	9:54AM – 11:16AM	Parigha* Until 3:15PM Catuspada Until 4:31AM Sun Chaturdashi* Until 4:53PM	Magha-Masi	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Siddha Yoga	Siddha Yoga						

Retreat Star		Sunday, February 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Milan, Italy Sun 14	Sutra 315
Kumbha Rasi: 8.28	Tithi 30 – 1	Gulika	3:21PM – 4:42PM	Shatabhishak Until 2:09AM Mon	Ganesha: Blue Muruga: Yellow Nataraja: White Moon – Purple	Sunrise: 7:10AM Sunset: 6:04PM	Durmukha 5118 Moon 2 - Phase 43 Amavasya
Creative Work	994971367	Rahu	4:42PM – 6:04PM	Shiva Until 1:25PM Kintughna Until 3:22AM Mon Amavasya* Until 3:59PM	Magha-Masi	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
Siddha Yoga	Siddha Yoga						
Until 2:09AM Mon							
Then Routine Work - Marana Yoga							
	Annular Solar Eclipse						

Retreat Star		Monday, February 27, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhyha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 15	Sutra 316
Kumbha Rasi: 22.07	Tithi 1 – 2	Gulika	1:59PM – 3:21PM	Purvaproshtapada* Until 1:23AM Tue	Ganesha: Yellow Muruga: Yellow Nataraja: White Moon – Clear	Sunrise: 7:08AM Sunset: 6:06PM	Durmukha 5118 Moon 2 - Phase 43 Prathama
Family Home Evening	914971367	Rahu	8:30AM – 9:53AM	Siddha Until 11:09AM Balava Until 1:45AM Tue Prathama* Until 2:35PM	Phalguna-Masi	Devaloka Day	
Routine Work	Marana Yoga						
Until 1:23AM Tue							
Then Creative Work - Amrita Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Tuesday, February 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Milan, Italy Sun 16 Sutra 317	
Meena Rasi: 6.01	Tithi 2 – 3	Gulika	12:37PM – 1:59PM	Uttaraproshtapada Until 12:09AM	Wec	Ganesh: Yellow	<i>Sunrise:</i> 7:07AM	Durmukha 5118	
		Yama	9:52AM – 11:14AM	Sadhya	Until 8:34AM	Muruga: Yellow	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 44	
		914971367 Rahu	3:22PM – 4:44PM	Taitila	Until 11:48PM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga			Dvitiya	Until 12:48PM	Moon – Clear		Devaloka Day	
Until 12:09AM	Wed					Phalguna-Masi			
Then Routine Work - Marana Yoga									

2		Wednesday, March 1, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Milan, Italy Sun 17 Sutra 318	
Meena Rasi: 20.07	Tithi 3 – 4	Gulika	11:13AM – 12:36PM	Revati	Until 10:32PM	Ganesh: Yellow	<i>Sunrise:</i> 7:03AM	Durmukha 5118	
		Yama	8:26AM – 9:50AM	Sukla	Until 2:45AM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 44	
		914971367 Rahu	12:36PM – 2:00PM	Vanija	Until 9:38PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga			Tritiya	Until 10:43AM	Moon – Clear		Devaloka Day	
						Phalguna-Masi			
Subramuniyaswami Siva Vision Day									

3		Thursday, March 2, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy Sun 18 Sutra 319	
Mesha Rasi: 4.2	Tithi 4 – 5	Gulika	9:49AM – 11:12AM	Ashvini	Until 9:06PM	Ganesh: Yellow	<i>Sunrise:</i> 7:01AM	Durmukha 5118	
		Yama	7:01AM – 8:25AM	Brahma	Until 11:42PM	Muruga: Yellow	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44	
		925971367 Rahu	2:00PM – 3:24PM	Bava	Until 7:21PM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga			Chaturthi*	Until 8:29AM	Moon – White		Devaloka Day	
Until 9:06PM						Phalguna-Masi			
Then Creative Work - Siddha Yoga									

4		Friday, March 3, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Milan, Italy Sun 19 Sutra 320	
Mesha Rasi: 18.37	Tithi 5 – 6	Gulika	8:24AM – 9:48AM	Bharani	Until 7:30PM	Ganesh: Yellow	<i>Sunrise:</i> 6:59AM	Durmukha 5118	
		Yama	3:24PM – 4:48PM	Indra	Until 8:39PM	Muruga: Yellow	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44	
		925971367 Rahu	11:12AM – 12:36PM	Taitila	Until 3:52AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga			Panchami	Until 6:10AM	Moon – White		Devaloka Day	
						Phalguna-Masi			

5		Saturday, March 4, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Milan, Italy Sun 20 Sutra 321	
Vrishabha Rasi: 2.53	Tithi 7	Gulika	6:58AM – 8:22AM	Krittika	Until 5:50PM	Ganesh: Yellow	<i>Sunrise:</i> 6:58AM	Durmukha 5118	
		Yama	2:00PM – 3:25PM	Vaidhriti*	Until 5:37PM	Muruga: Yellow	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 44	
		925971367 Rahu	9:47AM – 11:11AM	Gara	Until 2:46PM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga			Saptami	Until 1:39AM Sun	Moon – White		Devaloka Day	
						Phalguna-Masi			

6		Sunday, March 5, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau		Milan, Italy Sun 21 Sutra 322	
Retreat Star		Gulika	3:25PM – 4:50PM	Rohini	Until 4:32PM	Ganesh: White	<i>Sunrise:</i> 6:56AM	Durmukha 5118	
Vrishabha Rasi: 17.07	Tithi 8	Yama	12:36PM – 2:00PM	Vishkambha*	Until 2:42PM	Muruga: Yellow	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 44	
		135971367 Rahu	4:50PM – 6:15PM	Visti	Until 12:36PM	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga			Ashtami*	Until 11:33PM	Moon – Yellow		Sivaloka Day	
						Phalguna-Masi			

7		Monday, March 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Milan, Italy Sun 22 Sutra 323	
Retreat Star		Gulika	2:01PM – 3:26PM	Mrigashira	Until 3:16PM	Ganesh: White	<i>Sunrise:</i> 6:54AM	Durmukha 5118	
Mithuna Rasi: 1.14	Tithi 9	Yama	11:10AM – 12:35PM	Priti	Until 11:54AM	Muruga: Yellow	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 44	
Family Home Evening		135971367 Rahu	8:19AM – 9:45AM	Balava	Until 10:35AM	Nataraja: White		Navami	
Creative Work	Amrita Yoga			Navami*	Until 9:38PM	Moon – Yellow		Sivaloka Day	
Until 3:16PM						Phalguna-Masi			
Then Creative Work - Siddha Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Tuesday, March 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau		Milan, Italy Sun 23
Mithuna Rasi: 15.14	Tithi 10	Gulika	12:35PM – 2:01PM	Ardra Until 2:02PM	Ganesha: White	<i>Sunrise:</i> 6:52AM	Durmukha 5118	
		Yama	9:44AM – 11:09AM	Ayushman Until 9:15AM	Muruga: Yellow	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 45	
		135971367 Rahu	3:26PM – 4:52PM	Taitila Until 8:45AM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga			Dashami Until 7:54PM	Moon – Yellow		Sivaloka Day	
Until 2:02PM					Phalguna-Masi			
Then Creative Work - Siddha Yoga								

2		Wednesday, March 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau		Milan, Italy Sun 24
Mithuna Rasi: 29.07	Tithi 11	Gulika	11:09AM – 12:35PM	Punarvasu Until 1:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:50AM	Durmukha 5118	
		Yama	8:17AM – 9:43AM	Saubhagya Until 6:47AM	Muruga: Yellow	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45	
		145971367 Rahu	12:35PM – 2:01PM	Vanija Until 7:09AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 6:25PM	Moon – Blue		Devaloka Day	
					Phalguna-Masi			

3		Thursday, March 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 25
Kataka Rasi: 12.5	Tithi 12 – 13	Gulika	9:42AM – 11:08AM	Pushya Until 12:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:49AM	Durmukha 5118	
		Yama	6:49AM – 8:15AM	Athiganda* Until 2:30AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 45	
		145971367 Rahu	2:01PM – 3:28PM	Kaulava Until 4:46AM Fri	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga			Dvadashi Until 5:13PM	Moon – Blue		Devaloka Day	
Until 12:45PM					Phalguna-Masi			
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata</i>			

4		Friday, March 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 26
Kataka Rasi: 26.22	Tithi 13 – 14	Gulika	8:14AM – 9:41AM	Ashlesha* Until 12:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Durmukha 5118	
		Yama	3:28PM – 4:55PM	Sukarma Until 12:47AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 45	
		145971367 Rahu	11:07AM – 12:34PM	Gara Until 4:06AM Sat	Nataraja: White		4th Phase	
Routine Work	Marana Yoga			Trayodashi Until 4:22PM	Moon – Blue		Devaloka Day	
					Phalguna-Masi			

5		Saturday, March 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Milan, Italy Sun 27
Simha Rasi: 9.41	Tithi 14 – 15	Gulika	6:45AM – 8:12AM	Magha* Until 12:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:45AM	Durmukha 5118	
		Yama	2:01PM – 3:29PM	Dhriti Until 11:24PM	Muruga: Yellow	<i>Sunset:</i> 6:23PM	Moon 2 - Phase 45	
		156971367 Rahu	9:40AM – 11:07AM	Visti Until 3:51AM Sun	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga			Chaturdashi* Until 3:54PM	Moon – Red		Devaloka Day	
Until 12:36PM					Phalguna-Masi			
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam						

0		Sunday, March 12, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Milan, Italy Sun 28
Copper Retreat Star		Gulika	3:29PM – 4:57PM	Purvaphalguni Until 1:09PM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	Durmukha 5118	
Simha Rasi: 22.48	Tithi 15 – 16	Yama	12:34PM – 2:02PM	Shula* Until 10:21PM	Muruga: Yellow	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 45	
		156971367 Rahu	4:57PM – 6:25PM	Balava Until 4:05AM Mon	Nataraja: White		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 3:53PM	Moon – Red		Devaloka Day	
Until 1:09PM					Phalguna-Masi			
Then Creative Work - Amrita Yoga		Holi						

Monday, March 13, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 29
Kanya Rasi: 5.4	Tithi 16 – 17	Gulika	2:02PM – 3:30PM	Uttaraphalguni Until 2:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Durmukha 5118	
Family Home Evening		Yama	11:05AM – 12:34PM	Ganda* Until 9:42PM	Muruga: Yellow	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 45	
		156171367 Rahu	8:09AM – 9:37AM	Taitila Until 4:49AM Tue	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 4:22PM	Moon – Red		Devaloka Day	
					Phalguna-Masi			



Tuesday, March 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam

Milan, Italy

Kanya Rasi: 18.17 Tihti 17 - 18

166171368

Gulika 12:33PM - 2:02PM
Yama 9:36AM - 11:05AM
Rahu 3:30PM - 4:59PM

Hasta Until 3:41PM
Vridhhi Until 9:27PM
Vanija Until 6:03AM Wed

Ganesh: Purple *Sunrise:* 6:39AM
Muruga: Yellow *Sunset:* 6:27PM
Nataraja: White

Sun 1 Sutra 331
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Dvitiya Until 5:21PM

Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

1

Wednesday, March 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy

Tula Rasi: 0.41 Tihti 18

166171368

Gulika 11:04AM - 12:33PM
Yama 8:06AM - 9:35AM
Rahu 12:33PM - 2:02PM

Chitra Until 5:40PM
Dhruva Until 9:33PM
Vanija Until 6:03AM
Tritiya Until 6:49PM

Ganesh: Purple *Sunrise:* 6:37AM
Muruga: Yellow *Sunset:* 6:29PM
Nataraja: Clear

Sun 2 Sutra 332
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Moon - Green
Phalguna-Panguni

2

Thursday, March 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy

Tula Rasi: 12.55 Tihti 19

166171368

Gulika 9:34AM - 11:03AM
Yama 6:36AM - 8:05AM
Rahu 2:02PM - 3:31PM

Svati Until 7:54PM
Vyaghata* Until 9:58PM
Bava Until 7:44AM
Chaturthi* Until 8:42PM

Ganesh: Purple *Sunrise:* 6:36AM
Muruga: Yellow *Sunset:* 6:30PM
Nataraja: Clear

Sun 3 Sutra 333
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga
Until 7:54PM

Devaloka Day

Moon - Green
Phalguna-Panguni

Then Creative Work - Siddha Yoga

3

Friday, March 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Kaulava/Tailila Karana Panchamyam Titau

Milan, Italy

Tula Rasi: 24.58 Tihti 20

176171368

Gulika 8:03AM - 9:33AM
Yama 3:32PM - 5:01PM
Rahu 11:03AM - 12:32PM

Vishakha Until 10:46PM
Harshana Until 10:39PM
Kaulava Until 9:48AM
Panchami Until 10:56PM

Ganesh: Clear *Sunrise:* 6:34AM
Muruga: Yellow *Sunset:* 6:31PM
Nataraja: Clear

Sun 4 Sutra 334
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Moon - Orange
Phalguna-Panguni

4

Saturday, March 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy

Vrischika Rasi: 6.55 Tihti 21

177171368

Gulika 6:32AM - 8:02AM
Yama 2:02PM - 3:32PM
Rahu 9:32AM - 11:02AM

Anuradha Until 1:39AM Sun
Vajra* Until 11:27PM
Gara Until 12:08PM
Shashthi* Until 1:20AM Sun

Ganesh: Purple *Sunrise:* 6:32AM
Muruga: Yellow *Sunset:* 6:32PM
Nataraja: Clear

Sun 5 Sutra 335
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Moon - Orange
Phalguna-Panguni

Then Routine Work - Marana Yoga

5

Sunday, March 19, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy

Vrischika Rasi: 18.49 Tihti 22

177171368

Gulika 3:33PM - 5:03PM
Yama 12:32PM - 2:02PM
Rahu 5:03PM - 6:34PM

Jyeshtha* Until 4:22AM Mon
Siddhi Until 12:16AM Mon
Visti Until 2:34PM
Saptami Until 3:44AM Mon

Ganesh: Purple *Sunrise:* 6:30AM
Muruga: Yellow *Sunset:* 6:34PM
Nataraja: Clear

Sun 6 Sutra 336
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Moon - Orange
Phalguna-Panguni

Until 4:22AM Mon

Then Creative Work - Siddha Yoga

☾

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy

Dhanus Rasi: 0.43 Tihti 23

187171368

Gulika 2:02PM - 3:33PM
Yama 11:01AM - 12:32PM
Rahu 7:59AM - 9:30AM

Mula* Until 7:14AM Tue
Vyatipata* Until 1:00AM Tue
Balava Until 4:54PM
Ashtami* Until 5:57AM Tue

Ganesh: Clear *Sunrise:* 6:28AM
Muruga: Yellow *Sunset:* 6:35PM
Nataraja: Clear

Sun 7 Sutra 337
Durmukha 5118
Moon 3 - Phase 46
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Moon - Light Blue
Phalguna-Panguni

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Tailila Karana Navamyam Titau

Milan, Italy

Dhanus Rasi: 12.42 Tihti 24

187171368

Gulika 12:31PM - 2:03PM
Yama 9:29AM - 11:00AM
Rahu 3:34PM - 5:05PM

Mula* Until 7:14AM
Variyan Until 1:24AM Wed
Tailila Until 6:56PM
Navami* Until 7:45AM Wed

Ganesh: Clear *Sunrise:* 6:26AM
Muruga: Yellow *Sunset:* 6:36PM
Nataraja: Clear

Sun 8 Sutra 338
Durmukha 5118
Moon 3 - Phase 46
Navami

Creative Work Amrita Yoga

Sivaloka Day

Moon - Light Blue
Phalguna-Panguni

Until 7:14AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Milan, Italy	
Dhanus Rasi: 24.5		Tithi 24 – 25		Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9 Sutra 339	
Creative Work		Amrita Yoga		Gulika 10:59AM – 12:31PM		Durumukha 5118	
		187171368		Purvashadha* Until 9:32AM		Ganesha: Clear Sunrise: 6:24AM	
		Rahu		Parigha* Until 1:25AM Thu		Moon 3 - Phase 47	
				Vanija Until 8:28PM		Nataraja: Clear Sunset: 6:38PM	
				Navami* Until 7:45AM		Moon – Light Blue Sivaloka Day	
						Phalguna•Panguni	

2		Thursday, March 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Milan, Italy	
Makara Rasi: 7.14		Tithi 25 – 26		Uttarashadha*/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 340	
Routine Work		Marana Yoga		Gulika 9:27AM – 10:59AM		Durumukha 5118	
Until 11:06AM		187171368		Uttarashadha* Until 11:06AM		Ganesha: Clear Sunrise: 6:22AM	
Then Creative Work - Siddha Yoga		Rahu		Shiva Until 12:54AM Fri		Moon 3 - Phase 47	
				Bava Until 9:19PM		Nataraja: Clear Sunset: 6:39PM	
				Dashami Until 8:57AM		Moon – Light Blue Sivaloka Day	
						Phalguna•Panguni	

3		Friday, March 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Milan, Italy	
Makara Rasi: 19.57		Tithi 26 – 27		Shravana*/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Sun 11 Sutra 341	
Routine Work		Marana Yoga		Gulika 7:53AM – 9:25AM		Durumukha 5118	
Until 12:15PM		187171368		Shravana* Until 12:15PM		Ganesha: White Sunrise: 6:20AM	
Then Creative Work - Siddha Yoga		Rahu		Siddha Until 11:45PM		Moon 3 - Phase 47	
				Kaulava Until 9:23PM		Nataraja: Clear Sunset: 6:40PM	
				Ekadashi* Until 9:26AM		Moon – Purple Subha Sivaloka Day	
						Phalguna•Panguni	

4		Saturday, March 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Milan, Italy	
Kumbha Rasi: 3.03		Tithi 27 – 28		Shatabhishak*/Shatabhishak Nakshatra Sadhya Yoga Taltila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 342	
Creative Work		Siddha Yoga		Gulika 6:19AM – 7:51AM		Durumukha 5118	
Until 12:29PM		187171368		Dhanishtha* Until 12:29PM		Ganesha: Clear Sunrise: 6:19AM	
Then Creative Work - Amrita Yoga		Rahu		Sadhya Until 10:00PM		Moon 3 - Phase 47	
				Gara Until 8:40PM		Nataraja: Clear Sunset: 6:42PM	
				Dvadashi* Until 9:06AM		Moon – Purple Sivaloka Day	
				Pradosha Vrata (Fasting)		Phalguna•Panguni	

5		Sunday, March 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Milan, Italy	
Kumbha Rasi: 16.34		Tithi 28 – 29		Shatabhishak*/Purvaproshtapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 343	
Creative Work		Siddha Yoga		Gulika 3:36PM – 5:10PM		Durumukha 5118	
Until 12:29PM		187171368		Shatabhishak* Until 11:49AM		Ganesha: Clear Sunrise: 6:17AM	
Then Creative Work - Amrita Yoga		Rahu		Subha Until 7:41PM		Moon 3 - Phase 47	
				Visti Until 7:14PM		Nataraja: Clear Sunset: 6:43PM	
				Trayodashi* Until 8:01AM		Moon – Purple Sivaloka Day	
						Phalguna•Panguni	

Monday, March 27, 2017		Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Milan, Italy	
Meena Rasi: 0.29		Tithi 29 – 30		Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 344	
Family Home Evening		118171368		Gulika 2:03PM – 3:37PM		Durumukha 5118	
Routine Work		Marana Yoga		Purvaproshtapada* Until 10:48AM		Ganesha: White Sunrise: 6:15AM	
Until 10:48AM		Rahu		Sukla Until 4:51PM		Moon 3 - Phase 47	
Then Creative Work - Siddha Yoga				Naga Until 3:56AM Tue		Nataraja: Clear Sunset: 6:44PM	
				Chaturdashi* Until 6:15AM		Moon – Clear Devaloka Day	
						Phalguna•Panguni	

Tuesday, March 28, 2017		Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Milan, Italy	
Meena Rasi: 14.46		Tithi 1		Uttaraproshtapada*/Revali Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 345	
Creative Work		Amrita Yoga		Gulika 12:29PM – 2:03PM		Durumukha 5118	
Until 9:08AM		118171368		Uttaraproshtapada* Until 9:08AM		Ganesha: White Sunrise: 6:13AM	
Then Creative Work - Siddha Yoga		Yugadhi		Brahma Until 1:39PM		Moon 3 - Phase 47	
				Kintughna Until 2:38PM		Nataraja: Clear Sunset: 6:45PM	
				Prathama* Until 1:13AM Wed		Moon – Clear Devaloka Day	
						Chaitra•Panguni	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudev.org/panchang

1		Wednesday, March 29, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Milan, Italy Sun 16 Sutra 346
Meena Rasi: 29.19	Tithi 2	Gulika 10:54AM - 12:29PM	Revati Until 6:57AM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Durmukha 5118
		Yama 7:45AM - 9:20AM	Indra Until 10:11AM	Muruga: Yellow	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 48
Routine Work	Marana Yoga	118171368 Rahu 12:29PM - 2:03PM	Balava Until 11:46AM	Nataraja: Clear		3rd Phase
		Chellappaswami Mahasamadhi	Dvitiya Until 10:15PM	Moon - Clear		Devaloka Day
				Chaitra-Panguni		

2		Thursday, March 30, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau		Milan, Italy Sun 17 Sutra 347
Mesha Rasi: 14.02	Tithi 3	Gulika 9:19AM - 10:54AM	Bharani Until 2:33AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:09AM	Durmukha 5118
		Yama 6:09AM - 7:44AM	Vaidhriti* Until 6:33AM	Muruga: Yellow	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 48
Creative Work	Siddha Yoga	128171368 Rahu 2:03PM - 3:38PM	Taitila Until 8:44AM	Nataraja: Clear		3rd Phase
			Tritiya Until 7:11PM	Moon - White		Devaloka Day
				Chaitra-Panguni		

3		Friday, March 31, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy Sun 18 Sutra 348
Mesha Rasi: 28.46	Tithi 4 - 5	Gulika 7:42AM - 9:18AM	Krittika Until 12:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:07AM	Durmukha 5118
		Yama 3:39PM - 5:14PM	Priti Until 11:20PM	Muruga: Yellow	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 48
Creative Work	Siddha Yoga	129171368 Rahu 10:53AM - 12:28PM	Bava Until 2:45AM Sat	Nataraja: Clear		3rd Phase
Until 12:13AM Sat			Chaturthi* Until 4:11PM	Moon - White		Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra-Panguni		

4		Saturday, April 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Milan, Italy Sun 19 Sutra 349
Vrishabha Rasi: 13.25	Tithi 5 - 6	Gulika 6:07AM - 7:42AM	Rohini Until 10:23PM	Ganesha: Green	<i>Sunrise:</i> 6:07AM	Durmukha 5118
		Yama 2:03PM - 3:39PM	Ayushman Until 7:56PM	Muruga: Yellow	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 48
Creative Work	Amrita Yoga	139171368 Rahu 9:18AM - 10:53AM	Kaulava Until 12:03AM Sun	Nataraja: Clear		3rd Phase
Until 10:23PM			Panchami Until 1:21PM	Moon - Yellow		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Chaitra-Panguni		

5		Sunday, April 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Milan, Italy Sun 20 Sutra 350
Vrishabha Rasi: 27.53	Tithi 6 - 7	Gulika 3:39PM - 5:15PM	Mrigashira Until 8:45PM	Ganesha: Green	<i>Sunrise:</i> 6:05AM	Durmukha 5118
		Yama 12:28PM - 2:04PM	Saubhagya Until 4:48PM	Muruga: Yellow	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 48
Creative Work	Siddha Yoga	139171368 Rahu 5:15PM - 6:51PM	Gara Until 9:41PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 10:48AM	Moon - Yellow		Subha Sivaloka Day
				Chaitra-Panguni		

Monday, April 3, 2017		Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Milan, Italy Sun 21 Sutra 351
Mithuna Rasi: 12.06	Tithi 7 - 8	Gulika 2:04PM - 3:40PM	Ardra Until 7:22PM	Ganesha: Green	<i>Sunrise:</i> 6:03AM	Durmukha 5118
Family Home Evening		Yama 10:52AM - 12:28PM	Sobhana Until 2:00PM	Muruga: Yellow	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 48
Creative Work	Siddha Yoga	139171368 Rahu 7:40AM - 9:16AM	Visti Until 7:43PM	Nataraja: Clear		Ashtami
Until 7:22PM			Saptami Until 8:38AM	Moon - Yellow		Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra-Panguni		

Tuesday, April 4, 2017		Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy Sun 22 Sutra 352
Mithuna Rasi: 26.03	Tithi 8 - 9	Gulika 12:27PM - 2:04PM	Punarvasu Until 6:43PM	Ganesha: Red	<i>Sunrise:</i> 6:02AM	Durmukha 5118
		Yama 9:14AM - 10:51AM	Athiganda* Until 11:32AM	Muruga: Yellow	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 48
Creative Work	Siddha Yoga	149171368 Rahu 3:40PM - 5:17PM	Balava Until 6:13PM	Nataraja: Clear		Navami
		Sri Rama Navami	Ashtami* Until 6:53AM	Moon - Blue		Sivaloka Day
				Chaitra-Panguni		

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Wednesday, April 5, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam				Milan, Italy
	Kataka Rasi: 9.43		Pushya Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dashamyam Titau		Sun 23	Sutra 353	
	Tithi 10	Gulika 10:50AM – 12:27PM	Pushya Until 6:23PM	Ganesh: Red	<i>Sunrise:</i> 6:00AM	Durmukha 5118	
	149171368	Yama 7:37AM – 9:13AM	Sukarma Until 9:28AM	Muruga: Yellow	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	Rahu 12:27PM – 2:04PM	Tailila Until 5:10PM	Nataraja: Clear		4th Phase	
			Dashami Until 4:48AM Thu	Moon – Blue			Sivaloka Day
				Chaitra-Panguni			

2	Thursday, April 6, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam				Milan, Italy
	Kataka Rasi: 23.06		Ashlesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24	Sutra 354	
	Tithi 11	Gulika 9:12AM – 10:50AM	Ashlesha* Until 6:21PM	Ganesh: Red	<i>Sunrise:</i> 5:58AM	Durmukha 5118	
	149171368	Yama 5:58AM – 7:35AM	Dhriti Until 7:47AM	Muruga: Yellow	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	Rahu 2:04PM – 3:41PM	Vanija Until 4:36PM	Nataraja: Clear		4th Phase	
Until 6:21PM			Vanija Until 4:36PM	Moon – Blue			Sivaloka Day
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi	Ekadashi Until 4:27AM Fri	Chaitra-Panguni			

3	Friday, April 7, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam				Milan, Italy
	Simha Rasi: 6.15		Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25	Sutra 355	
	Tithi 12	Gulika 7:34AM – 9:11AM	Magha* Until 7:04PM	Ganesh: Yellow	<i>Sunrise:</i> 5:56AM	Durmukha 5118	
	159271368	Yama 3:42PM – 5:19PM	Shula* Until 6:25AM	Muruga: Yellow	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	Rahu 10:49AM – 12:26PM	Bava Until 4:28PM	Nataraja: Clear		4th Phase	
Until 7:04PM			Bava Until 4:28PM	Moon – Red			Sivaloka Day
Then Creative Work - Siddha Yoga			Dvadashi Until 4:32AM Sat	Chaitra-Panguni			

4	Saturday, April 8, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam				Milan, Italy
	Simha Rasi: 19.11		Purvaphalguni Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau		Sun 26	Sutra 356	
	Tithi 13	Gulika 5:54AM – 7:32AM	Purvaphalguni Until 8:02PM	Ganesh: Yellow	<i>Sunrise:</i> 5:54AM	Durmukha 5118	
	151271368	Yama 2:04PM – 3:42PM	Vriddhi Until 4:46AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	Rahu 9:10AM – 10:48AM	Kaulava Until 4:45PM	Nataraja: Clear		4th Phase	
Until 8:02PM			Kaulava Until 4:45PM	Moon – Red			Sivaloka Day
Then Routine Work - Marana Yoga			Trayodashi Until 5:02AM Sun	Chaitra-Panguni			
			<i>Pradosha Vrata</i>				

5	Sunday, April 9, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam				Milan, Italy
	Kanya Rasi: 1.55		Uttaraphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27	Sutra 357	
	Tithi 14	Gulika 3:43PM – 5:21PM	Uttaraphalguni Until 9:14PM	Ganesh: Yellow	<i>Sunrise:</i> 5:52AM	Durmukha 5118	
	151271368	Yama 12:26PM – 2:04PM	Dhruva Until 4:22AM Mon	Muruga: Yellow	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 49	
Creative Work	Amrita Yoga	Rahu 5:21PM – 6:59PM	Gara Until 5:27PM	Nataraja: Clear		4th Phase	
			Gara Until 5:27PM	Moon – Red			Sivaloka Day
			Chaturdashi* Until 5:55AM Mon	Chaitra-Panguni			

○	Monday, April 10, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam				Milan, Italy
	Copper Retreat Star		Hasta Nakshatra Vyaghata* Yoga Visti* Karana Purnimayam Titau		Sun 28	Sutra 358	
	Kanya Rasi: 14.28	Gulika 2:04PM – 3:43PM	Hasta Until 11:08PM	Ganesh: Blue	<i>Sunrise:</i> 5:50AM	Durmukha 5118	
	Family Home Evening	Yama 10:47AM – 12:26PM	Vyaghata* Until 4:17AM Tue	Muruga: Yellow	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	Rahu 7:29AM – 9:08AM	Visti Until 6:31PM	Nataraja: Clear		Purnima	
Until 11:08PM			Purnima* Until 7:10AM Tue	Moon – Green			Devaloka Day
Then Routine Work - Prabalarishta Yoga		Panguni Uttiram		Chaitra-Panguni			
		Hanuman Jayanti					

	Tuesday, April 11, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam				Milan, Italy
	Silver Retreat Star		Chitra Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29	Sutra 359	
	Kanya Rasi: 26.51	Gulika 12:25PM – 2:05PM	Chitra Until 1:12AM Wed	Ganesh: Blue	<i>Sunrise:</i> 5:49AM	Durmukha 5118	
	Tithi 15 – 16	Yama 9:07AM – 10:46AM	Harshana Until 4:30AM Wed	Muruga: Yellow	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 49	
161271368	Rahu 3:44PM – 5:23PM	Balava Until 7:57PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga		Moon – Green				Devaloka Day
			Purnima* Until 7:10AM	Chaitra-Panguni			



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy

Sutra 360

Durmukha 5118

Tula Rasi: 9.05 Tihi 16 – 17

Gulika 10:46AM – 12:25PM
Yama 7:26AM – 9:06AM
161271368 **Rahu** 12:25PM – 2:05PM

Svati Until 3:25AM Thu
Vajra* Until 4:55AM Thu
Taitila Until 9:44PM
Prathama* Until 8:47AM

Ganesha: Blue *Sunrise:* 5:47AM
Muruga: Yellow *Sunset:* 7:03PM
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy

Sun 1 Sutra 361

Hemalamba 5119

Tula Rasi: 21.12 Tihi 17 – 18

Gulika 9:05AM – 10:45AM
Yama 5:45AM – 7:25AM
171271368 **Rahu** 2:05PM – 3:45PM

Vishakha Until 6:14AM Fri
Siddhi Until 5:34AM Fri
Vanija Until 11:47PM
Dvitiya Until 10:42AM

Ganesha: Red *Sunrise:* 5:45AM
Muruga: Yellow *Sunset:* 7:05PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Tamil New Year

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Milan, Italy

Sun 2 Sutra 362

Hemalamba 5119

Vrischika Rasi: 3.12 Tihi 18 – 19

Gulika 7:24AM – 9:04AM
Yama 3:45PM – 5:26PM
271271368 **Rahu** 10:44AM – 12:25PM

Vishakha Until 6:14AM
Vyatipata* Until 6:23AM Sat
Bava Until 2:04AM Sat
Tritiya Until 12:53PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruga: Yellow *Sunset:* 7:06PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Sun 3 Sutra 363

Hemalamba 5119

Vrischika Rasi: 15.07 Tihi 19 – 20

Gulika 5:41AM – 7:22AM
Yama 2:05PM – 3:46PM
271271368 **Rahu** 9:03AM – 10:44AM

Anuradha Until 9:06AM
Vyatipata* Until 6:23AM
Kaulava Until 4:30AM Sun
Chaturthi* Until 3:15PM

Ganesha: Blue *Sunrise:* 5:41AM
Muruga: Yellow *Sunset:* 7:07PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy

Sun 4 Sutra 364

Hemalamba 5119

Vrischika Rasi: 27 Tihi 20 – 21

Gulika 3:46PM – 5:27PM
Yama 12:24PM – 2:05PM
271271368 **Rahu** 5:27PM – 7:08PM

Jyeshtha* Until 11:52AM
Varyan Until 7:15AM
Gara Until 6:54AM Mon
Panchami Until 5:41PM

Ganesha: Blue *Sunrise:* 5:40AM
Muruga: Yellow *Sunset:* 7:08PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 11:52AM

Then Creative Work - Amrita Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy

Sun 5 Sutra 1

Hemalamba 5119

Dhanus Rasi: 8.53 Tihi 21

Family Home Evening

Gulika 2:05PM – 3:47PM
Yama 10:42AM – 12:24PM
281271368 **Rahu** 7:19AM – 9:01AM

Mula* Until 2:56PM
Parigha* Until 8:08AM
Gara Until 6:54AM
Shashthi* Until 8:02PM

Ganesha: Red *Sunrise:* 5:38AM
Muruga: Yellow *Sunset:* 7:10PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 2:56PM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy

Sun 6 Sutra 2

Hemalamba 5119

Dhanus Rasi: 20.5 Tihi 22

Creative Work Siddha Yoga

Until 5:36PM

Then Routine Work - Prabalarishta Yoga

Gulika 12:24PM – 2:05PM
Yama 9:00AM – 10:42AM
281271368 **Rahu** 3:47PM – 5:29PM

Purvashadha* Until 5:36PM
Shiva Until 8:53AM
Visti Until 9:07AM
Saptami Until 10:05PM

Ganesha: Red *Sunrise:* 5:36AM
Muruga: Yellow *Sunset:* 7:11PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Sivaloka Day

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy

Sun 7 Sutra 3

Hemalamba 5119

Makara Rasi: 2.56 Tihi 23

Creative Work Amrita Yoga

Until 7:38PM

Then Creative Work - Siddha Yoga

Gulika 10:41AM – 12:23PM
Yama 7:17AM – 8:59AM
282271368 **Rahu** 12:23PM – 2:06PM

Uttarashadha Until 7:38PM
Siddha Until 9:17AM
Balava Until 10:57AM
Ashtami* Until 11:37PM

Ganesha: Yellow *Sunrise:* 5:34AM
Muruga: Yellow *Sunset:* 7:12PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Ashtami

Sivaloka Day

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy

Sun 8 Sutra 4

Hemalamba 5119

Makara Rasi: 15.16 Tihi 24

Creative Work Siddha Yoga

Gulika 8:58AM – 10:40AM
Yama 5:33AM – 7:15AM
292271368 **Rahu** 2:06PM – 3:48PM

Shravana Until 9:21PM
Sadhya Until 9:15AM
Taitila Until 12:09PM
Navami* Until 12:27AM Fri

Ganesha: White *Sunrise:* 5:33AM
Muruga: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Moon 4 - Phase 50
Navami

Devaloka Day

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

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1 Friday, April 21, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Milan, Italy			
		Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau Sun 9 Sutra 5			
Makara Rasi: 27.56	Tithi 25	Gulika 7:14AM – 8:57AM	Dhanishtha Until 10:07PM	Ganesha: White <i>Sunrise:</i> 5:31AM	Hemalamba 5119
		Yama 3:49PM – 5:32PM	Subha Until 8:39AM	Muruga: Yellow <i>Sunset:</i> 7:15PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga	292271368 Rahu 10:40AM – 12:23PM	Vanija Until 12:35PM	Nataraja: Clear	2nd Phase
			Dashami Until 12:28AM Sat	Moon – Purple	Devaloka Day
				Chaitra•Chaitra	

2 Saturday, April 22, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Milan, Italy			
		Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 6			
Kumbha Rasi: 11	Tithi 26	Gulika 5:29AM – 7:13AM	Shatabhishak Until 9:53PM	Ganesha: White <i>Sunrise:</i> 5:29AM	Hemalamba 5119
		Yama 2:06PM – 3:49PM	Sukla Until 7:22AM	Muruga: Yellow <i>Sunset:</i> 7:16PM	Moon 4 - Phase 1
Creative Work	Amrita Yoga	292271368 Rahu 8:56AM – 10:39AM	Bava Until 12:09PM	Nataraja: Clear	2nd Phase
Until 9:53PM			Ekadashi* Until 11:36PM	Moon – Purple	Devaloka Day
Then Routine Work - Marana Yoga				Chaitra•Chaitra	

3 Sunday, April 23, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Milan, Italy			
		Purvaproshtapada* Nakshatra Indra Yoga Kaulava/Tailila Karana Dvadashyam Titau Sun 11 Sutra 7			
Kumbha Rasi: 24.32	Tithi 27	Gulika 3:50PM – 5:34PM	Purvaproshtapada* Until 9:08PM	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM	Hemalamba 5119
		Yama 12:22PM – 2:06PM	Indra Until 2:49AM Mon	Muruga: Yellow <i>Sunset:</i> 7:17PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga	212271368 Rahu 5:34PM – 7:17PM	Kaulava Until 10:53AM	Nataraja: Clear	2nd Phase
Until 9:08PM			Dvadashi* Until 9:56PM	Moon – Clear	Devaloka Day
Then Creative Work - Amrita Yoga				Chaitra•Chaitra	

4 Monday, April 24, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Milan, Italy			
		Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 8			
Meena Rasi: 8.33	Tithi 28	Gulika 2:06PM – 3:50PM	Uttaraproshtapada Until 7:32PM	Ganesha: Light Blue <i>Sunrise:</i> 5:26AM	Hemalamba 5119
Family Home Evening		Yama 10:38AM – 12:22PM	Vaidhriti* Until 11:39PM	Muruga: Yellow <i>Sunset:</i> 7:19PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga	212271369 Rahu 7:10AM – 8:54AM	Gara Until 8:50AM	Nataraja: Purple	2nd Phase
			Trayodashi* Until 7:33PM	Moon – Clear	Bhuloka Day
			<i>Pradosha Vrata (Fasting)</i>	Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM

5 Tuesday, April 25, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Milan, Italy			
		Revati/Ashvini Nakshatra Vishkambha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 9			
Meena Rasi: 23.01	Tithi 29 – 30	Gulika 12:22PM – 2:07PM	Revati Until 5:13PM	Ganesha: Light Blue <i>Sunrise:</i> 5:24AM	Hemalamba 5119
		Yama 8:53AM – 10:38AM	Vishkambha* Until 8:03PM	Muruga: Yellow <i>Sunset:</i> 7:20PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga	212271369 Rahu 3:51PM – 5:35PM	Visti Until 6:09AM	Nataraja: Purple	2nd Phase
			Chaturdashi* Until 4:36PM	Moon – Clear	Bhuloka Day
				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM

Wednesday, April 26, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Milan, Italy			
Retreat Star		Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 10			
Mesha Rasi: 7.5	Tithi 30 – 1	Gulika 10:37AM – 12:22PM	Ashvini Until 2:47PM	Ganesha: Purple <i>Sunrise:</i> 5:23AM	Hemalamba 5119
		Yama 7:07AM – 8:52AM	Priti Until 4:09PM	Muruga: Yellow <i>Sunset:</i> 7:21PM	Moon 4 - Phase 1
Routine Work	Marana Yoga	222271369 Rahu 12:22PM – 2:07PM	Kintughna Until 11:30PM	Nataraja: Purple	Amavasya
Until 2:47PM			Amavasya* Until 1:15PM	Moon – White	Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM

Thursday, April 27, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Milan, Italy			
Retreat Star		Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 15 Sutra 11			
Mesha Rasi: 22.53	Tithi 1 – 2	Gulika 8:51AM – 10:37AM	Bharani Until 12:00PM	Ganesha: Purple <i>Sunrise:</i> 5:21AM	Hemalamba 5119
		Yama 5:21AM – 7:06AM	Ayushman Until 12:04PM	Muruga: Yellow <i>Sunset:</i> 7:22PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga	222271369 Rahu 2:07PM – 3:52PM	Balava Until 7:52PM	Nataraja: Purple	Prathama
Until 12:00PM			Prathama* Until 9:40AM	Moon – White	Bhuloka Day
Then Routine Work - Marana Yoga				Vaisaka•Chaitra	Devaloka Time: 12:PM to 3:PM

1		Friday, April 28, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Dvitiya/Trityayam Titau		Milan, Italy Sun 16 Sutra 12	
Vrishabha Rasi: 7.59 Tithi 2 - 3		Gulika 7:05AM - 8:50AM	Krittika Until 9:03AM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM	Hemalamba 5119			
		Yama 3:53PM - 5:38PM	Saubhagya Until 7:58AM	Muruga: Yellow	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 2			
Creative Work Siddha Yoga Until 9:03AM Then Routine Work - Marana Yoga		222271369 Rahu 10:36AM - 12:22PM	Gara Until 2:30AM Sat Dvitiya Until 6:02AM	Nataraja: Purple Moon - White Vaisaka-Chaitra		Bhuloka Day Devaloka Time: 12:PM to 3:PM			

2		Saturday, April 29, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau		Milan, Italy Sun 17 Sutra 13	
Vrishabha Rasi: 23.01 Tithi 4		Gulika 5:18AM - 7:04AM	Rohini Until 6:29AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:18AM	Hemalamba 5119			
		Yama 2:07PM - 3:53PM	Athiganda* Until 12:12AM Sun Vanija Until 12:51PM	Muruga: Yellow	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 2			
Creative Work Amrita Yoga Until 6:29AM Then Creative Work - Siddha Yoga		232271369 Rahu 8:50AM - 10:36AM	Chaturthi* Until 11:15PM	Nataraja: Purple Moon - Yellow Vaisaka-Chaitra		Bhuloka Day Devaloka Time: 12:PM to 3:PM			

3		Sunday, April 30, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Milan, Italy Sun 18 Sutra 14	
Mithuna Rasi: 7.49 Tithi 5		Gulika 3:54PM - 5:40PM	Ardra Until 2:01AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 5:16AM	Hemalamba 5119			
		Yama 12:21PM - 2:07PM	Sukarma Until 8:46PM Bava Until 9:47AM	Muruga: Yellow	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 2			
Creative Work Siddha Yoga Until 2:01AM Mon Then Creative Work - Amrita Yoga		232271369 Rahu 5:40PM - 7:26PM	Panchami Until 8:24PM	Nataraja: Purple Moon - Yellow Vaisaka-Chaitra		Bhuloka Day Devaloka Time: 12:PM to 3:PM			

4		Monday, May 1, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau		Milan, Italy Sun 19 Sutra 15	
Mithuna Rasi: 22.17 Tithi 6		Gulika 2:08PM - 3:55PM	Punarvasu Until 12:46AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:13AM	Hemalamba 5119			
Family Home Evening		Yama 10:34AM - 12:21PM	Dhriti Until 5:48PM	Muruga: Yellow	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 2			
Creative Work Amrita Yoga Until 12:46AM Tue Then Creative Work - Siddha Yoga		242271369 Rahu 7:00AM - 8:47AM	Kaulava Until 7:11AM Shashthi* Until 6:05PM	Nataraja: Purple Moon - Blue Vaisaka-Chaitra		Devaloka Day			

5		Tuesday, May 2, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Milan, Italy Sun 20 Sutra 16	
Kataka Rasi: 6.21 Tithi 7 - 8		Gulika 12:21PM - 2:08PM	Pushya Until 12:01AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:12AM	Hemalamba 5119			
		Yama 8:46AM - 10:34AM	Shula* Until 3:19PM	Muruga: Yellow	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 2			
Creative Work Siddha Yoga		243371369 Rahu 3:55PM - 5:43PM	Visti Until 3:48AM Wed Saptami Until 4:23PM	Nataraja: Purple Moon - Blue Vaisaka-Chaitra		Devaloka Day			

Retreat Star		Wednesday, May 3, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy Sun 21 Sutra 17	
Kataka Rasi: 20.01 Tithi 8 - 9		Gulika 10:33AM - 12:21PM	Ashlesha* Until 11:47PM	Ganesha: Orange	<i>Sunrise:</i> 5:10AM	Hemalamba 5119			
		Yama 6:58AM - 8:45AM	Ganda* Until 1:23PM	Muruga: Blue	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 2			
Creative Work Siddha Yoga		243381369 Rahu 12:21PM - 2:08PM	Balava Until 3:06AM Thu Ashtami* Until 3:21PM	Nataraja: Purple Moon - Blue Vaisaka-Chaitra		Bhuloka Day Devaloka Time: 6:AM to 9:AM			

Retreat Star		Thursday, May 4, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Milan, Italy Sun 22 Sutra 18	
Simha Rasi: 3.19 Tithi 9 - 10		Gulika 8:45AM - 10:33AM	Magha* Until 12:30AM Fri	Ganesha: Green	<i>Sunrise:</i> 5:09AM	Hemalamba 5119			
		Yama 5:09AM - 6:57AM	Vridhdi Until 12:00PM	Muruga: Blue	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 2			
Creative Work Amrita Yoga Until 12:30AM Fri Then Creative Work - Siddha Yoga		253381369 Rahu 2:09PM - 3:57PM	Taitila Until 3:03AM Fri Navami* Until 2:59PM	Nataraja: Purple Moon - Red Vaisaka-Chaitra		Bhuloka Day			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Friday, May 5, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Milan, Italy			
Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 23 Sutra 19		Gulika 6:56AM – 8:44AM	Purvaphalguni Until 1:37AM Sat	Ganesha: Green <i>Sunrise:</i> 5:07AM	Hemalamba 5119
Simha Rasi: 16.16	Tithi 10 – 11	Yama 3:57PM – 5:45PM	Dhruva Until 11:05AM	Muruga: Blue <i>Sunset:</i> 7:34PM	Moon 4 - Phase 3
		253381369 Rahu 10:32AM – 12:21PM	Vanija Until 3:35AM Sat	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:14PM	Moon – Red	Bhuloka Day
Until 1:37AM Sat				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

2 Saturday, May 6, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Milan, Italy			
Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau Sun 24 Sutra 20		Gulika 5:06AM – 6:55AM	Uttaraphalguni Until 3:05AM Sun	Ganesha: Green <i>Sunrise:</i> 5:06AM	Hemalamba 5119
Simha Rasi: 28.57	Tithi 11 – 12	Yama 2:09PM – 3:58PM	Vyaghata* Until 10:36AM	Muruga: Blue <i>Sunset:</i> 7:35PM	Moon 4 - Phase 3
		253381369 Rahu 8:43AM – 10:32AM	Bava Until 4:36AM Sun	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 4:01PM	Moon – Red	Bhuloka Day
Until 3:05AM Sun				Vaisaka-Chaitra	
Then Creative Work - Amrita Yoga					

3 Sunday, May 7, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Milan, Italy			
Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 25 Sutra 21		Gulika 3:58PM – 5:47PM	Hasta Until 5:14AM Mon	Ganesha: Red <i>Sunrise:</i> 5:05AM	Hemalamba 5119
Kanya Rasi: 11.25	Tithi 12 – 13	Yama 12:20PM – 2:09PM	Harshana Until 10:30AM	Muruga: Blue <i>Sunset:</i> 7:36PM	Moon 4 - Phase 3
		263381369 Rahu 5:47PM – 7:36PM	Kaulava Until 6:01AM Mon	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 5:15PM	Moon – Green	Bhuloka Day
Until 5:14AM Mon			<i>Pradosha Vrata</i>	Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga					

4 Monday, May 8, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Milan, Italy			
Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 22		Gulika 2:10PM – 3:59PM	Chitra Until 7:32AM Tue	Ganesha: Red <i>Sunrise:</i> 5:03AM	Hemalamba 5119
Kanya Rasi: 23.43	Tithi 13	Yama 10:31AM – 12:20PM	Vajra* Until 10:40AM	Muruga: Blue <i>Sunset:</i> 7:37PM	Moon 4 - Phase 3
Family Home Evening		263381369 Rahu 6:52AM – 8:42AM	Kaulava Until 6:01AM	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 6:49PM	Moon – Green	Bhuloka Day
Until 7:32AM Tue				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

5 Tuesday, May 9, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Milan, Italy			
Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 23		Gulika 12:20PM – 2:10PM	Chitra Until 7:32AM	Ganesha: Red <i>Sunrise:</i> 5:02AM	Hemalamba 5119
Tula Rasi: 5.53	Tithi 14	Yama 8:41AM – 10:31AM	Siddhi Until 11:04AM	Muruga: Blue <i>Sunset:</i> 7:39PM	Moon 4 - Phase 3
		263381369 Rahu 3:59PM – 5:49PM	Gara Until 7:44AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:40PM	Moon – Green	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM

Wednesday, May 10, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Milan, Italy			
Copper Retreat Star		Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Purnimayam Titau Sutra 24			
Tula Rasi: 17.57	Tithi 15	Gulika 10:30AM – 12:20PM	Svati Until 9:54AM	Ganesha: Red <i>Sunrise:</i> 5:00AM	Hemalamba 5119
		Yama 6:50AM – 8:40AM	Vyatipata* Until 11:40AM	Muruga: Blue <i>Sunset:</i> 7:40PM	Moon 4 - Phase 3
		263381369 Rahu 12:20PM – 2:10PM	Vistil Until 9:42AM	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 10:44PM	Moon – Green	Bhuloka Day
		Budha Purnima (Tamil Nadu)		Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM

Thursday, May 11, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Milan, Italy			
Silver Retreat Star		Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 25			
Tula Rasi: 29.56	Tithi 16	Gulika 8:40AM – 10:30AM	Vishakha Until 12:48PM	Ganesha: Blue <i>Sunrise:</i> 4:59AM	Hemalamba 5119
		Yama 4:59AM – 6:49AM	Variyan Until 12:23PM	Muruga: Blue <i>Sunset:</i> 7:41PM	Moon 4 - Phase 3
		273381369 Rahu 2:10PM – 4:01PM	Balava Until 11:51AM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:58AM Fri	Moon – Orange	Bhuloka Day
				Vaisaka-Chaitra	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda