



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain

Sutra 6

Tula Rasi: 19.05 Tihi 16 – 17

261621369

Gulika 5:08AM – 6:45AM
Yama 1:14PM – 2:52PM
Rahu 8:22AM – 10:00AM

Svati Until 7:38AM
Siddhi Until 3:08PM
Taitila Until 12:02AM Sun
Prathama* Until 10:52AM

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Green
Chaitra•Chaitra

Sunrise: 5:08AM
Sunset: 6:06PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 7

Vrischika Rasi: 1.02 Tihi 17 – 18

271621369

Gulika 2:52PM – 4:29PM
Yama 11:37AM – 1:14PM
Rahu 4:29PM – 6:07PM

Vishakha Until 10:35AM
Vyatipata* Until 3:53PM
Vanija Until 2:08AM Mon
Dvitiya Until 1:06PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Sunrise: 5:07AM
Sunset: 6:07PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 8

Vrischika Rasi: 13.04 Tihi 18 – 19

271621369

Gulika 1:14PM – 2:52PM
Yama 9:59AM – 11:37AM
Rahu 6:44AM – 8:21AM

Anuradha Until 1:08PM
Variyan Until 4:23PM
Bava Until 3:57AM Tue
Tritiya Until 3:04PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Sunrise: 5:06AM
Sunset: 6:07PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 9

Vrischika Rasi: 25.13 Tihi 19 – 20

271621369

Gulika 11:36AM – 1:14PM
Yama 8:21AM – 9:59AM
Rahu 2:52PM – 4:30PM

Jyeshtha* Until 3:12PM
Parigha* Until 4:39PM
Kaulava Until 5:23AM Wed
Chaturthi* Until 4:42PM

Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Sunrise: 5:05AM
Sunset: 6:08PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 3:12PM
Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 10

Dhanus Rasi: 7.31 Tihi 20 – 21

281621369

Gulika 9:58AM – 11:36AM
Yama 6:42AM – 8:20AM
Rahu 11:36AM – 1:14PM

Mula* Until 5:13PM
Shiva Until 4:38PM
Gara Until 6:22AM Thu
Panchami Until 5:55PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:04AM
Sunset: 6:08PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 5:13PM
Then Creative Work - Amrita Yoga

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 5 Sutra 11

Dhanus Rasi: 20.01 Tihi 21

281621369

Gulika 8:20AM – 9:58AM
Yama 5:03AM – 6:42AM
Rahu 1:14PM – 2:53PM

Purvashadha* Until 6:34PM
Siddha Until 4:11PM
Gara Until 6:22AM
Shashthi* Until 6:39PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:03AM
Sunset: 6:09PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 6:34PM
Then Routine Work - Marana Yoga

Friday, April 29, 2016

6

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 6 Sutra 12

Makara Rasi: 2.46 Tihi 22

281621369

Gulika 6:41AM – 8:19AM
Yama 2:53PM – 4:31PM
Rahu 9:58AM – 11:36AM

Uttarashadha Until 7:12PM
Sadhya Until 3:18PM
Visti Until 6:48AM
Saptami Until 6:46PM

Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sunrise: 5:03AM
Sunset: 6:10PM

Durmukha 5118
Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 7 Sutra 13

Makara Rasi: 15.49 Tihi 23

291621369

Gulika 5:02AM – 6:40AM
Yama 1:14PM – 2:53PM
Rahu 8:19AM – 9:57AM

Shravana Until 7:29PM
Subha Until 1:55PM
Balava Until 6:36AM
Ashtami* Until 6:13PM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: 5:02AM
Sunset: 6:10PM

Durmukha 5118
Moon 4 - Phase 2
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Sunday, May 1, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Manama, Bahrain

Sun 8 Sutra 14

Makara Rasi: 29.16 Tihi 24 – 25

291621369

Gulika 2:53PM – 4:32PM
Yama 11:36AM – 1:14PM
Rahu 4:32PM – 6:11PM

Dhanishtha Until 6:54PM
Sukla Until 11:56AM
Vanija Until 4:05AM Mon
Navami* Until 4:58PM

Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Sunrise: 5:01AM
Sunset: 6:11PM

Durmukha 5118
Moon 4 - Phase 2
Navami

Bhuloka Day

Routine Work Marana Yoga

Until 6:54PM
Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

Monday, May 2, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 9 Sutra 15 Durmukha 5118
1	Kumbha Rasi: 13.07 Tihi 25 – 26	Gulika 1:15PM – 2:53PM	Shatabhishak Until 5:30PM	Ganeshа: Yellow <i>Sunrise:</i> 5:00AM		
Family Home Evening	292621369	Yama 9:57AM – 11:36AM	Brahma Until 9:24AM	Muruga: White <i>Sunset:</i> 6:11PM		Moon 4 - Phase 3 2nd Phase
Creative Work Siddha Yoga		Rahu 6:39AM – 8:18AM	Bava Until 1:49AM Tue	Nataraja: Purple		
Until 5:30PM			Dashami Until 3:01PM	Chaitra•Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM
Then Routine Work - Marana Yoga						

Tuesday, May 3, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 10 Sutra 16 Durmukha 5118
2	Kumbha Rasi: 27.23 Tihi 26 – 27	Gulika 11:36AM – 1:15PM	Purvaprosarthapada* Until 3:47PM	Ganeshа: Yellow <i>Sunrise:</i> 5:00AM		
Routine Work Marana Yoga	212621369	Yama 8:18AM – 9:57AM	Indra Until 6:22AM	Muruga: White <i>Sunset:</i> 6:12PM		Moon 4 - Phase 3 2nd Phase
Until 3:47PM		Rahu 2:54PM – 4:33PM	Kaulava Until 10:59PM	Nataraja: Purple		
Then Creative Work - Amrita Yoga			Ekadashi* Until 12:27PM	Chaitra•Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM

Wednesday, May 4, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vishkambha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 11 Sutra 17 Durmukha 5118
3	Meena Rasi: 12.03 Tihi 27 – 28	Gulika 9:56AM – 11:35AM	Uttaraprosarthapada Until 1:25PM	Ganeshа: Yellow <i>Sunrise:</i> 4:59AM		
Creative Work Siddha Yoga	212621369	Yama 6:38AM – 8:17AM	Vishkambha* Until 10:59PM	Muruga: White <i>Sunset:</i> 6:12PM		Moon 4 - Phase 3 2nd Phase
Until 1:25PM		Rahu 11:35AM – 1:15PM	Gara Until 7:41PM	Nataraja: Purple		
Then Routine Work - Marana Yoga			Dvadashi* Until 9:22AM	Chaitra•Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM
			<i>Pradosha Vrata (Fasting)</i>			

Thursday, May 5, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Manama, Bahrain Sun 12 Sutra 18 Durmukha 5118
4	Meena Rasi: 27.02 Tihi 29	Gulika 8:17AM – 9:56AM	Revati Until 10:34AM	Ganeshа: Yellow <i>Sunrise:</i> 4:58AM		
Creative Work Siddha Yoga	212621369	Yama 4:58AM – 6:37AM	Priti Until 6:54PM	Muruga: White <i>Sunset:</i> 6:13PM		Moon 4 - Phase 3 2nd Phase
Until 10:34AM		Rahu 1:15PM – 2:54PM	Visti Until 4:06PM	Nataraja: Purple		
Then Creative Work - Amrita Yoga			Chaturdashi* Until 2:13AM Fri	Chaitra•Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM

Friday, May 6, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain Sun 13 Sutra 19 Durmukha 5118
Retreat Star	Mesha Rasi: 12.11 Tihi 30	Gulika 6:37AM – 8:16AM	Ashvini Until 7:48AM	Ganeshа: Red <i>Sunrise:</i> 4:57AM		
Creative Work Amrita Yoga	222621369	Yama 2:54PM – 4:34PM	Ayushman Until 2:41PM	Muruga: White <i>Sunset:</i> 6:13PM		Moon 4 - Phase 3 Amavasya
Until 7:48AM		Rahu 9:56AM – 11:35AM	Catuspada Until 12:21PM	Nataraja: Purple		
Then Creative Work - Siddha Yoga			Amavasya* Until 10:27PM	Chaitra•Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM

Saturday, May 7, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain Sun 14 Sutra 20 Durmukha 5118
Retreat Star	Mesha Rasi: 27.22 Tihi 1	Gulika 4:57AM – 6:36AM	Krittika Until 1:57AM Sun	Ganeshа: Red <i>Sunrise:</i> 4:57AM		
Creative Work Amrita Yoga	222621369	Yama 1:15PM – 2:55PM	Saubhagya Until 10:31AM	Muruga: White <i>Sunset:</i> 6:14PM		Moon 4 - Phase 3 Prathama
Until 1:57AM Sun		Rahu 8:16AM – 9:56AM	Kintughna Until 8:37AM	Nataraja: Purple		
Then Creative Work - Siddha Yoga			Prathama* Until 6:47PM	Chaitra•Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 8, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 15 Sutra 21
Gulika 2:55PM – 4:35PM		Rohini Until 11:38PM		Ganesha: Yellow Sunrise: 4:56AM		Durmukha 5118
Yama 11:35AM – 1:15PM		Sobhana Until 6:32AM		Muruga: White Sunset: 6:14PM		Moon 4 - Phase 4
232621369 Rahu 4:35PM – 6:14PM		Taitila Until 1:52AM Mon		Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga		Dvitiya Until 3:24PM		Moon – Yellow		Bhuloka Day
Mother's Day				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM

2 Monday, May 9, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau						Sun 16 Sutra 22
Gulika 1:15PM – 2:55PM		Mrigashira Until 9:41PM		Ganesha: Yellow Sunrise: 4:55AM		Durmukha 5118
Yama 9:55AM – 11:35AM		Sukarma Until 11:33PM		Muruga: White Sunset: 6:15PM		Moon 4 - Phase 4
232621369 Rahu 6:35AM – 8:15AM		Vanija Until 11:11PM		Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga		Tritiya Until 12:26PM		Moon – Yellow		Bhuloka Day
Until 9:41PM		Akshaya Tritiya		Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

3 Tuesday, May 10, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau						Sun 17 Sutra 23
Gulika 11:35AM – 1:15PM		Ardra Until 8:15PM		Ganesha: Yellow Sunrise: 4:55AM		Durmukha 5118
Yama 8:15AM – 9:55AM		Dhriti Until 8:51PM		Muruga: White Sunset: 6:15PM		Moon 4 - Phase 4
232621369 Rahu 2:55PM – 4:35PM		Bava Until 9:10PM		Nataraja: Purple		3rd Phase
Routine Work Marana Yoga		Chaturthi* Until 10:04AM		Moon – Yellow		Bhuloka Day
Until 8:15PM				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 11, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau						Sun 18 Sutra 24
Gulika 9:55AM – 11:35AM		Punarvasu Until 7:54PM		Ganesha: White Sunrise: 4:54AM		Durmukha 5118
Yama 6:34AM – 8:15AM		Shula* Until 6:46PM		Muruga: White Sunset: 6:16PM		Moon 4 - Phase 4
242621369 Rahu 11:35AM – 1:15PM		Kaulava Until 7:56PM		Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga		Panchami Until 8:26AM		Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		

5 Thursday, May 12, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
Pushya Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau						Sun 19 Sutra 25
Gulika 8:14AM – 9:55AM		Pushya Until 8:14PM		Ganesha: White Sunrise: 4:54AM		Durmukha 5118
Yama 4:54AM – 6:34AM		Ganda* Until 5:23PM		Muruga: White Sunset: 6:16PM		Moon 4 - Phase 4
242621369 Rahu 1:15PM – 2:56PM		Gara Until 7:34PM		Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga		Shashthi* Until 7:37AM		Moon – Blue		Devaloka Day
Until 8:14PM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

Friday, May 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau						Sun 20 Sutra 26
Gulika 6:34AM – 8:14AM		Ashlesha* Until 9:15PM		Ganesha: White Sunrise: 4:53AM		Durmukha 5118
Yama 2:56PM – 4:37PM		Vridhhi Until 4:41PM		Muruga: White Sunset: 6:17PM		Moon 4 - Phase 4
242621369 Rahu 9:55AM – 11:35AM		Visti Until 8:04PM		Nataraja: Purple		Ashtami
Routine Work Marana Yoga		Saptami Until 7:41AM		Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		

Saturday, May 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Sun 21 Sutra 27
Gulika 4:53AM – 6:33AM		Magha* Until 11:22PM		Ganesha: Clear Sunrise: 4:53AM		Durmukha 5118
Yama 1:16PM – 2:56PM		Dhruva Until 4:36PM		Muruga: White Sunset: 6:18PM		Moon 4 - Phase 4
252621369 Rahu 8:14AM – 9:54AM		Balava Until 9:21PM		Nataraja: Purple		Navami
Creative Work Amrita Yoga		Ashtami* Until 8:36AM		Moon – Red		Bhuloka Day
Until 11:22PM				Vaisaka-Vaikasi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1 Sunday, May 15, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Manama, Bahrain Sun 22 Sutra 28
Simha Rasi: 16.41	Tithi 9 – 10	Gulika 2:57PM – 4:37PM	Purvaphalguni Until 1:54AM Mon	Ganesha: Purple <i>Sunrise:</i> 4:52AM	Durmukha 5118
		Yama 11:35AM – 1:16PM	Vyaghata* Until 5:03PM	Muruga: White <i>Sunset:</i> 6:18PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	253621369 Rahu 4:37PM – 6:18PM	Taitila Until 11:16PM	Nataraja: Purple	4th Phase
			Navami* Until 10:13AM	Moon – Red	Bhuloka Day
				Vaisaka-Vaikasi	

2 Monday, May 16, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Manama, Bahrain Sun 23 Sutra 29
Simha Rasi: 28.41	Tithi 10 – 11	Gulika 1:16PM – 2:57PM	Uttaraphalguni Until 4:40AM Tue	Ganesha: Purple <i>Sunrise:</i> 4:52AM	Durmukha 5118
Family Home Evening		Yama 9:54AM – 11:35AM	Harshana Until 5:52PM	Muruga: White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	253621369 Rahu 6:32AM – 8:13AM	Vanija Until 1:36AM Tue	Nataraja: Purple	4th Phase
			Dashami Until 12:22PM	Moon – Red	Bhuloka Day
				Vaisaka-Vaikasi	

3 Tuesday, May 17, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Manama, Bahrain Sun 24 Sutra 30
Kanya Rasi: 10.34	Tithi 11 – 12	Gulika 11:35AM – 1:16PM	Hasta Until 7:56AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:51AM	Durmukha 5118
		Yama 8:13AM – 9:54AM	Vajra* Until 6:52PM	Muruga: White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	263621369 Rahu 2:57PM – 4:38PM	Bava Until 4:10AM Wed	Nataraja: Purple	4th Phase
			Ekadashi Until 2:51PM	Moon – Green	Bhuloka Day
				Vaisaka-Vaikasi	Devaloka Time: 6:AM to 9:AM

4 Wednesday, May 18, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Manama, Bahrain Sun 25 Sutra 31
Kanya Rasi: 22.22	Tithi 12 – 13	Gulika 9:54AM – 11:35AM	Hasta Until 7:56AM	Ganesha: Purple <i>Sunrise:</i> 4:51AM	Durmukha 5118
		Yama 6:32AM – 8:13AM	Siddhi Until 7:57PM	Muruga: White <i>Sunset:</i> 6:20PM	Moon 4 - Phase 5
Routine Work	Marana Yoga	263721369 Rahu 11:35AM – 1:16PM	Kaulava Until 6:44AM Thu	Nataraja: Purple	4th Phase
Until 7:56AM			Dvadashi Until 5:26PM	Moon – Green	Devaloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Vaisaka-Vaikasi	

5 Thursday, May 19, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Manama, Bahrain Sun 26 Sutra 32
Tula Rasi: 4.1	Tithi 13	Gulika 8:13AM – 9:54AM	Chitra Until 11:02AM	Ganesha: Purple <i>Sunrise:</i> 4:50AM	Durmukha 5118
		Yama 4:50AM – 6:31AM	Vyatipata* Until 8:59PM	Muruga: White <i>Sunset:</i> 6:20PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	263721369 Rahu 1:16PM – 2:58PM	Kaulava Until 6:44AM	Nataraja: Purple	4th Phase
Until 11:02AM			Trayodashi Until 7:57PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi	

6 Friday, May 20, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Varyan Yoga Gara/Vanija Karana Chaturdashyam Titau			Manama, Bahrain Sun 27 Sutra 33
Tula Rasi: 16.02	Tithi 14	Gulika 6:31AM – 8:13AM	Svati Until 1:49PM	Ganesha: Purple <i>Sunrise:</i> 4:50AM	Durmukha 5118
		Yama 2:58PM – 4:39PM	Varyan Until 9:50PM	Muruga: White <i>Sunset:</i> 6:21PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	263721369 Rahu 9:54AM – 11:35AM	Gara Until 9:09AM	Nataraja: Purple	4th Phase
			Chaturdashi* Until 10:15PM	Moon – Green	Devaloka Day
		Vaikasi Visakam		Vaisaka-Vaikasi	

○ Saturday, May 21, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Manama, Bahrain Sutra 34
Copper Retreat Star		Gulika 4:49AM – 6:31AM	Vishakha Until 4:40PM	Ganesha: Clear <i>Sunrise:</i> 4:49AM	Durmukha 5118
Tula Rasi: 27.58	Tithi 15	Yama 1:17PM – 2:58PM	Parigha* Until 10:28PM	Muruga: White <i>Sunset:</i> 6:21PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	273721369 Rahu 8:12AM – 9:54AM	Visti Until 11:20AM	Nataraja: Purple	Purnima
			Purnima* Until 12:17AM Sun	Moon – Orange	Bhuloka Day
				Vaisaka-Vaikasi	Devaloka Time: 9:AM to 12:PM

Sunday, May 22, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Manama, Bahrain Sutra 35
Silver Retreat Star		Gulika 2:59PM – 4:40PM	Anuradha Until 7:03PM	Ganesha: Clear <i>Sunrise:</i> 4:49AM	Durmukha 5118
Vrischika Rasi: 10.02	Tithi 16	Yama 11:35AM – 1:17PM	Shiva Until 10:53PM	Muruga: White <i>Sunset:</i> 6:22PM	Moon 4 - Phase 5
Routine Work	Marana Yoga	273721369 Rahu 4:40PM – 6:22PM	Balava Until 1:11PM	Nataraja: Purple	Prathama
			Prathama* Until 1:58AM Mon	Moon – Orange	Bhuloka Day
				Vaisaka-Vaikasi	Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 23, 2016
Gold Retreat Star

Vrischika Rasi: 22.14 Tiithi 17
Family Home Evening
Creative Work Siddha Yoga

273721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 1:17PM – 2:59PM **Jyeshtha* Until 8:56PM**
Yama 9:54AM – 11:35AM Siddha Until 10:59PM
Rahu 6:30AM – 8:12AM Tailila Until 2:42PM
Dvitiya Until 3:19AM Tue

Manama, Bahrain Sun 1 Sutra 36
Durumukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: Clear *Sunrise:* 4:49AM
Muruga: White *Sunset:* 6:22PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Bhuloka Day
Devaloka Time: 9:AM to12:PM

1

Tuesday, May 24, 2016

Dhanus Rasi: 4.35 Tiithi 18
Creative Work Amrita Yoga
Until 10:48PM
Then Creative Work - Siddha Yoga

283721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:36AM – 1:17PM **Mula* Until 10:48PM**
Yama 8:12AM – 9:54AM Sadhya Until 10:50PM
Rahu 2:59PM – 4:41PM Vanija Until 3:52PM
Tritiya Until 4:17AM Wed

Manama, Bahrain Sun 2 Sutra 37
Durumukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: White *Sunrise:* 4:48AM
Muruga: White *Sunset:* 6:23PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day
Devaloka Time: 9:AM to12:PM

2

Wednesday, May 25, 2016

Dhanus Rasi: 17.05 Tiithi 19
Creative Work Amrita Yoga
Until 12:08AM Thu
Then Routine Work - Marana Yoga

383721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:54AM – 11:36AM **Purvashadha* Until 12:08AM Thu**
Yama 6:30AM – 8:12AM Subha Until 10:24PM
Rahu 11:36AM – 1:18PM Bava Until 4:39PM
Chaturthi* Until 4:52AM Thu

Manama, Bahrain Sun 3 Sutra 38
Durumukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: Clear *Sunrise:* 4:48AM
Muruga: White *Sunset:* 6:23PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Thursday, May 26, 2016

Dhanus Rasi: 29.47 Tiithi 20
Routine Work Marana Yoga

383721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 8:12AM – 9:54AM **Uttarashadha Until 12:54AM Fri**
Yama 4:48AM – 6:30AM Sukla Until 9:37PM
Rahu 1:18PM – 3:00PM Kaulava Until 5:02PM
Panchami Until 5:02AM Fri

Manama, Bahrain Sun 4 Sutra 39
Durumukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: Clear *Sunrise:* 4:48AM
Muruga: White *Sunset:* 6:24PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Bhuloka Day
Devaloka Time: 9:AM to12:PM

4

Friday, May 27, 2016

Makara Rasi: 12.4 Tiithi 21
Routine Work Marana Yoga
Until 1:31AM Sat
Then Creative Work - Siddha Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:30AM – 8:12AM **Shravana Until 1:31AM Sat**
Yama 3:00PM – 4:42PM Brahma Until 8:29PM
Rahu 9:54AM – 11:36AM Gara Until 4:57PM
Shashthi* Until 4:43AM Sat

Manama, Bahrain Sun 5 Sutra 40
Durumukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: White *Sunrise:* 4:47AM
Muruga: Clear *Sunset:* 6:24PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

5

Saturday, May 28, 2016

Makara Rasi: 25.47 Tiithi 22
Creative Work Siddha Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:47AM – 6:29AM **Dhanishtha Until 1:29AM Sun**
Yama 1:18PM – 3:00PM Indra Until 6:57PM
Rahu 8:12AM – 9:54AM Visti Until 4:24PM
Saptami Until 3:54AM Sun

Manama, Bahrain Sun 6 Sutra 41
Durumukha 5118
Moon 5 - Phase 6
1st Phase

Ganesh: White *Sunrise:* 4:47AM
Muruga: Clear *Sunset:* 6:25PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

D

Sunday, May 29, 2016
Retreat Star

Kumbha Rasi: 9.12 Tiithi 23
Creative Work Siddha Yoga
Until 12:45AM Mon
Then Routine Work - Marana Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:01PM – 4:43PM **Shatabhishak Until 12:45AM Mon**
Yama 11:36AM – 1:18PM Vaidhriti* Until 4:59PM
Rahu 4:43PM – 6:25PM Balava Until 3:18PM
Ashtami* Until 2:31AM Mon

Manama, Bahrain Sun 7 Sutra 42
Durumukha 5118
Moon 5 - Phase 6
Ashtami

Ganesh: White *Sunrise:* 4:47AM
Muruga: Clear *Sunset:* 6:25PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Monday, May 30, 2016
Retreat Star

Kumbha Rasi: 22.56 Tiithi 24
Family Home Evening
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

314731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Navamyam Titau

Gulika 1:19PM – 3:01PM **Purvaproshtapada* Until 11:47PM**
Yama 9:54AM – 11:36AM Vishkambha* Until 2:34PM
Rahu 6:29AM – 8:11AM Tailila Until 1:38PM
Navami* Until 12:36AM Tue

Manama, Bahrain Sun 8 Sutra 43
Durumukha 5118
Moon 5 - Phase 6
Navami

Ganesh: Clear *Sunrise:* 4:47AM
Muruga: Clear *Sunset:* 6:26PM
Nataraja: Purple
Moon – Clear
Vaisaka-Vaikasi


Devaloka Day

1		Tuesday, May 31, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Dashamyam Titau		Manama, Bahrain Sun 9 Sutra 44	
Meena Rasi: 7	Tithi 25	Gulika	11:36AM – 1:19PM	Uttaraproshtapada Until 10:09PM	Ganesh: Clear	<i>Sunrise:</i> 4:46AM	Durmukha 5118		
		Yama	8:11AM – 9:54AM	Priti Until 11:44AM	Muruga: Clear	<i>Sunset:</i> 6:26PM	Moon 5 - Phase 7		
		314731369 Rahu	3:01PM – 4:44PM	Vanija Until 11:27AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dashami Until 10:10PM	Moon – Clear		Devaloka Day		
Until 10:09PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

2		Wednesday, June 1, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Manama, Bahrain Sun 10 Sutra 45	
Meena Rasi: 21.24	Tithi 26	Gulika	9:54AM – 11:37AM	Revati Until 7:57PM	Ganesh: Clear	<i>Sunrise:</i> 4:46AM	Durmukha 5118		
		Yama	6:29AM – 8:11AM	Ayushman Until 8:29AM	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 7		
		314731369 Rahu	11:37AM – 1:19PM	Bava Until 8:48AM	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga			Ekadashi* Until 7:18PM	Moon – Clear		Devaloka Day		
					Vaisaka-Vaikasi				

3		Thursday, June 2, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 11 Sutra 46	
Mesha Rasi: 6.05	Tithi 27 – 28	Gulika	8:11AM – 9:54AM	Ashvini Until 5:42PM	Ganesh: White	<i>Sunrise:</i> 4:46AM	Durmukha 5118		
		Yama	4:46AM – 6:29AM	Sobhana Until 1:10AM Fri	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 7		
		324731369 Rahu	1:19PM – 3:02PM	Gara Until 2:27AM Fri	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dvadashi* Until 4:07PM	Moon – White		Bhuloka Day		
Until 5:42PM				<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Friday, June 3, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 12 Sutra 47	
Mesha Rasi: 20.58	Tithi 28 – 29	Gulika	6:29AM – 8:11AM	Bharani Until 3:08PM	Ganesh: White	<i>Sunrise:</i> 4:46AM	Durmukha 5118		
		Yama	3:02PM – 4:45PM	Athiganda* Until 9:16PM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 7		
		324731369 Rahu	9:54AM – 11:37AM	Visti Until 11:02PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Trayodashi* Until 12:44PM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

		Saturday, June 4, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Manama, Bahrain Sun 13 Sutra 48	
Retreat Star		Gulika	4:46AM – 6:29AM	Krittika Until 12:24PM	Ganesh: White	<i>Sunrise:</i> 4:46AM	Durmukha 5118		
Vrishabha Rasi: 5.55	Tithi 29 – 30	Yama	1:20PM – 3:03PM	Sukarma Until 5:24PM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 7		
		324731369 Rahu	8:11AM – 9:54AM	Catuspada Until 7:38PM	Nataraja: Purple		Amavasya		
Creative Work	Amrita Yoga			Chaturdashi* Until 9:18AM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Retreat Star		Sunday, June 5, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Manama, Bahrain Sun 14 Sutra 49	
Vrishabha Rasi: 20.49	Tithi 30 – 1	Gulika	3:03PM – 4:46PM	Rohini Until 10:04AM	Ganesh: Green	<i>Sunrise:</i> 4:46AM	Durmukha 5118		
		Yama	11:37AM – 1:20PM	Dhriti Until 1:41PM	Muruga: Clear	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 7		
		334731361 Rahu	4:46PM – 6:29PM	Bava Until 2:58AM Mon	Nataraja: White		Prathama		
Creative Work	Siddha Yoga			Amavasya* Until 6:00AM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

Monday, June 6, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
		Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 50
1		Gulika	1:20PM – 3:03PM	Mrigashira Until 7:56AM	Ganesh: Green <i>Sunrise: 4:46AM</i>	Durmukha 5118
Mithuna Rasi: 5.29	Tithi 2	Yama	9:54AM – 11:37AM	Shula* Until 10:14AM	Muruga: Clear <i>Sunset: 6:29PM</i>	Moon 5 - Phase 8
Family Home Evening	334731361	Rahu	6:29AM – 8:12AM	Balava Until 1:37PM	Nataraja: White	3rd Phase
Creative Work	Amrita Yoga			Dvitiya Until 12:22AM Tue	Moon – Yellow	Bhuloka Day
Until 7:56AM					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

Tuesday, June 7, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
		Ardra/Punarvasu Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 51
2		Gulika	11:38AM – 1:21PM	Ardra Until 6:08AM	Ganesh: Green <i>Sunrise: 4:46AM</i>	Durmukha 5118
Mithuna Rasi: 19.49	Tithi 3	Yama	8:12AM – 9:55AM	Ganda* Until 7:13AM	Muruga: Clear <i>Sunset: 6:29PM</i>	Moon 5 - Phase 8
	334731361	Rahu	3:04PM – 4:46PM	Tailila Until 11:19AM	Nataraja: White	3rd Phase
Routine Work	Marana Yoga			Tritiya Until 10:23PM	Moon – Yellow	Bhuloka Day
Until 6:08AM					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

Wednesday, June 8, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
		Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau				Sun 17 Sutra 52
3		Gulika	9:55AM – 11:38AM	Pushya Until 5:01AM Thu	Ganesh: White <i>Sunrise: 4:46AM</i>	Durmukha 5118
Kataka Rasi: 3.44	Tithi 4	Yama	6:29AM – 8:12AM	Dhruva Until 2:52AM Thu	Muruga: Clear <i>Sunset: 6:30PM</i>	Moon 5 - Phase 8
	344731361	Rahu	11:38AM – 1:21PM	Vanija Until 9:41AM	Nataraja: White	3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 9:08PM	Moon – Blue	Bhuloka Day
Until 7:56AM					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

Thursday, June 9, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
		Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 53
4		Gulika	8:12AM – 9:55AM	Ashlesha* Until 5:27AM Fri	Ganesh: White <i>Sunrise: 4:46AM</i>	Durmukha 5118
Kataka Rasi: 17.12	Tithi 5	Yama	4:46AM – 6:29AM	Vyaghata* Until 1:41AM Fri	Muruga: Clear <i>Sunset: 6:30PM</i>	Moon 5 - Phase 8
	344731361	Rahu	1:21PM – 3:04PM	Bava Until 8:50AM	Nataraja: White	3rd Phase
Creative Work	Siddha Yoga			Panchami Until 8:43PM	Moon – Blue	Bhuloka Day
Until 5:27AM Fri					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

Friday, June 10, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
		Magha* Nakshatra Harshana Yoga Kaulava/Tailila Karana Shashthyam Titau				Sun 19 Sutra 54
5		Gulika	6:29AM – 8:12AM	Magha* Until 7:01AM Sat	Ganesh: Clear <i>Sunrise: 4:46AM</i>	Durmukha 5118
Simha Rasi: 0.12	Tithi 6	Yama	3:04PM – 4:47PM	Harshana Until 1:11AM Sat	Muruga: Clear <i>Sunset: 6:31PM</i>	Moon 5 - Phase 8
	354731361	Rahu	9:55AM – 11:38AM	Kaulava Until 8:51AM	Nataraja: White	3rd Phase
Routine Work	Marana Yoga			Shashthi* Until 9:09PM	Moon – Red	Devaloka Day
Until 7:01AM Sat					Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga						

Saturday, June 11, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
		Magha*/Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 55
6		Gulika	4:46AM – 6:29AM	Magha* Until 7:01AM	Ganesh: Purple <i>Sunrise: 4:46AM</i>	Durmukha 5118
Simha Rasi: 12.48	Tithi 7	Yama	1:22PM – 3:05PM	Vajra* Until 1:16AM Sun	Muruga: Clear <i>Sunset: 6:31PM</i>	Moon 5 - Phase 8
	355731361	Rahu	8:12AM – 9:55AM	Gara Until 9:41AM	Nataraja: White	3rd Phase
Creative Work	Amrita Yoga			Saptami Until 10:22PM	Moon – Red	Sivaloka Day
Until 7:01AM					Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga						

Sunday, June 12, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
		Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 56
Retreat Star		Gulika	3:05PM – 4:48PM	Purvaphalguni Until 9:09AM	Ganesh: Clear <i>Sunrise: 4:46AM</i>	Durmukha 5118
Simha Rasi: 25.04	Tithi 8	Yama	11:39AM – 1:22PM	Siddhi Until 1:50AM Mon	Muruga: Clear <i>Sunset: 6:31PM</i>	Moon 5 - Phase 8
	355831361	Rahu	4:48PM – 6:31PM	Visti Until 11:16AM	Nataraja: White	Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 12:14AM Mon	Moon – Red	Devaloka Day
Until 9:09AM					Jyeshtha-Vaikasi	
Then Creative Work - Amrita Yoga						

Monday, June 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
		Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 57
Retreat Star		Gulika	1:22PM – 3:05PM	Uttaraphalguni Until 11:39AM	Ganesh: Clear <i>Sunrise: 4:46AM</i>	Durmukha 5118
Kanya Rasi: 7.06	Tithi 9	Yama	9:56AM – 11:39AM	Vyatipata* Until 2:44AM Tue	Muruga: Clear <i>Sunset: 6:32PM</i>	Moon 5 - Phase 8
Family Home Evening	355831361	Rahu	6:29AM – 8:12AM	Balava Until 1:22PM	Nataraja: White	Navami
Creative Work	Siddha Yoga			Navami* Until 2:32AM Tue	Moon – Red	Devaloka Day
Until 9:09AM					Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga						

1 Tuesday, June 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
Kanya Rasi: 18.59		Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 58
Tihti 10		Gulika 11:39AM – 1:22PM	Hasta Until 2:48PM	Ganesha: Purple	<i>Sunrise:</i> 4:46AM	Durmukha 5118
365831361		Yama 8:12AM – 9:56AM	Variyan Until 3:45AM Wed	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	Rahu 3:05PM – 4:49PM	Taitila Until 3:48PM	Nataraja: White		4th Phase
			Dashami Until 5:02AM Wed	Moon – Green	Bhuloka Day	
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	

2 Wednesday, June 15, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
Tula Rasi: 0.49		Chitra/Svati Nakshatra Parigha* Yoga Vanija Karana Ekadashyam Titau				Sun 24 Sutra 59
Tihti 11		Gulika 9:56AM – 11:39AM	Chitra Until 5:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:46AM	Durmukha 5118
365831361		Yama 6:29AM – 8:13AM	Parigha* Until 4:46AM Thu	Muruga: Clear	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	Rahu 11:39AM – 1:22PM	Vanija Until 6:18PM	Nataraja: White		4th Phase
			Ekadashi Until 7:29AM Thu	Moon – Green	Bhuloka Day	
				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	

3 Thursday, June 16, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
Tula Rasi: 12.39		Svati Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 60
Tihti 11 – 12		Gulika 8:13AM – 9:56AM	Svati Until 8:38PM	Ganesha: Purple	<i>Sunrise:</i> 4:46AM	Durmukha 5118
365831361		Yama 4:46AM – 6:30AM	Shiva Until 5:38AM Fri	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 9
Creative Work	Amrita Yoga	Rahu 1:23PM – 3:06PM	Bava Until 8:39PM	Nataraja: White		4th Phase
Until 8:38PM			Ekadashi Until 7:29AM	Moon – Green	Bhuloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha•Ani	Devaloka Time: 12:PM to 3:PM	

4 Friday, June 17, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
Tula Rasi: 24.34		Vishakha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 61
Tihti 12 – 13		Gulika 6:30AM – 8:13AM	Vishakha Until 11:27PM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Durmukha 5118
375831361		Yama 3:06PM – 4:50PM	Siddha Until 6:14AM Sat	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	Rahu 9:56AM – 11:40AM	Kaulava Until 10:43PM	Nataraja: White		4th Phase
			Dvadashi Until 9:42AM	Moon – Orange	Devaloka Day	
				Jyeshtha•Ani		

Pradosha Vrata

5 Saturday, June 18, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
Vrischika Rasi: 6.37		Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 62
Tihti 13 – 14		Gulika 4:47AM – 6:30AM	Anuradha Until 1:44AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	Durmukha 5118
375831361		Yama 1:23PM – 3:06PM	Siddha Until 6:14AM	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 9
Creative Work	Siddha Yoga	Rahu 8:13AM – 9:56AM	Gara Until 12:24AM Sun	Nataraja: White		4th Phase
Until 1:44AM Sun			Trayodashi Until 11:36AM	Moon – Orange	Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha•Ani		

○ Sunday, June 19, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
Copper Retreat Star		Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 63
Vrischika Rasi: 18.5		Gulika 3:07PM – 4:50PM	Jyeshtha* Until 3:26AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	Durmukha 5118
Tihti 14 – 15		Yama 11:40AM – 1:23PM	Sadhya Until 6:31AM	Muruga: Clear	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 9
375831361		Rahu 4:50PM – 6:33PM	Visti Until 1:39AM Mon	Nataraja: White		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 1:04PM	Moon – Orange	Devaloka Day	
Until 3:26AM Mon		Father's Day		Jyeshtha•Ani		
Then Creative Work - Siddha Yoga						

Monday, June 20, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Manama, Bahrain
Silver Retreat Star		Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64
Dhanus Rasi: 1.14		Gulika 1:24PM – 3:07PM	Mula* Until 5:01AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Durmukha 5118
Tihti 15 – 16		Yama 9:57AM – 11:40AM	Subha Until 6:29AM	Muruga: Clear	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 9
386831361		Rahu 6:30AM – 8:14AM	Balava Until 2:27AM Tue	Nataraja: White		Prathama
Family Home Evening			Purnima* Until 2:05PM	Moon – Light Blue	Devaloka Day	
Creative Work	Siddha Yoga			Jyeshtha•Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Utlarayne Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain

Sutra 65

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 13.5 Tihi 16 - 17

Gulika 11:40AM - 1:24PM
Yama 8:14AM - 9:57AM
Rahu 3:07PM - 4:50PM

Purvashadha* Until 6:02AM Wed
Sukla Until 6:05AM
Taitila Until 2:49AM Wed
Prathama* Until 2:40PM

Ganesha: Yellow *Sunrise:* 4:47AM
Muruga: Clear *Sunset:* 6:34PM
Nataraja: White
Moon - Light Blue
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga
Until 6:02AM Wed
Then Creative Work - Amrita Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha*/Uttarashadha Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Manama, Bahrain

Sun 1 Sutra 66

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 26.38 Tihi 17 - 18

Gulika 9:57AM - 11:41AM
Yama 6:31AM - 8:14AM
Rahu 11:41AM - 1:24PM

Purvashadha* Until 6:02AM
Indra Until 4:19AM Thu
Vanija Until 2:48AM Thu
Dvitiya Until 2:50PM

Ganesha: Yellow *Sunrise:* 4:47AM
Muruga: Clear *Sunset:* 6:34PM
Nataraja: White
Moon - Light Blue
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Manama, Bahrain

Sun 2 Sutra 67

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 9.38 Tihi 18 - 19

Gulika 8:14AM - 9:58AM
Yama 4:48AM - 6:31AM
Rahu 1:24PM - 3:08PM

Uttarashadha Until 6:30AM
Vaidhriti* Until 2:59AM Fri
Bava Until 2:24AM Fri
Tritiya Until 2:38PM

Ganesha: Yellow *Sunrise:* 4:48AM
Muruga: Clear *Sunset:* 6:34PM
Nataraja: White
Moon - Light Blue
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga
Until 6:30AM
Then Creative Work - Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 68

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 22.49 Tihi 19 - 20

Gulika 6:31AM - 8:14AM
Yama 3:08PM - 4:51PM
Rahu 9:58AM - 11:41AM

Shravana Until 6:55AM
Vishkambha* Until 1:22AM Sat
Kaulava Until 1:40AM Sat
Chaturthi* Until 2:03PM

Ganesha: Blue *Sunrise:* 4:48AM
Muruga: Clear *Sunset:* 6:34PM
Nataraja: White
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

Routine Work Marana Yoga
Until 6:55AM
Then Creative Work - Siddha Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 69

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 6.11 Tihi 20 - 21

Gulika 4:48AM - 6:31AM
Yama 1:25PM - 3:08PM
Rahu 8:15AM - 9:58AM

Dhanishtha Until 6:51AM
Priti Until 11:29PM
Gara Until 12:34AM Sun
Panchami Until 1:08PM

Ganesha: Blue *Sunrise:* 4:48AM
Muruga: Clear *Sunset:* 6:34PM
Nataraja: White
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga
Until 6:51AM
Then Creative Work - Amrita Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 70

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 19.45 Tihi 21 - 22

Gulika 3:08PM - 4:51PM
Yama 11:42AM - 1:25PM
Rahu 4:51PM - 6:35PM

Shatabhishak Until 6:17AM
Ayushman Until 9:18PM
Visti Until 11:08PM
Shashthi* Until 11:52AM

Ganesha: Blue *Sunrise:* 4:48AM
Muruga: Clear *Sunset:* 6:35PM
Nataraja: White
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 71

Durmukha 5118

Moon 6 - Phase 10

Ashtami

Meena Rasi: 3.31 Tihi 22 - 23

Gulika 1:25PM - 3:08PM
Yama 9:58AM - 11:42AM
Rahu 6:32AM - 8:15AM

Uttaraproshtapada Until 4:33AM Tue
Saubhagya Until 6:51PM
Balava Until 9:21PM
Saptami Until 10:16AM

Ganesha: Purple *Sunrise:* 4:49AM
Muruga: Clear *Sunset:* 6:35PM
Nataraja: White
Moon - Clear
Jyeshtha-Ani

Sivaloka Day

Family Home Evening Siddha Yoga
Creative Work

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 72

Durmukha 5118

Moon 6 - Phase 10

Navami

Meena Rasi: 17.3 Tihi 23 - 24

Gulika 11:42AM - 1:25PM
Yama 8:15AM - 9:59AM
Rahu 3:08PM - 4:52PM

Revati Until 2:59AM Wed
Sobhana Until 4:08PM
Taitila Until 7:14PM
Ashtami* Until 8:19AM

Ganesha: Clear *Sunrise:* 4:49AM
Muruga: Clear *Sunset:* 6:35PM
Nataraja: White
Moon - Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga
Until 2:59AM Wed
Then Routine Work - Marana Yoga

1		Wednesday, June 29, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Visti* Karana Navami/Dashamyam Titau		Sun 8		Sutra 73		Durumukha 5118		Moon 6 - Phase 11	
Mesha Rasi: 1.42	Tithi 24 - 25	Gulika	9:59AM - 11:42AM	Ashvini Until 1:24AM Thu	Ganesh: Purple	<i>Sunrise:</i> 4:49AM			
		Yama	6:33AM - 8:16AM	Athiganda* Until 1:09PM	Muruga: Clear	<i>Sunset:</i> 6:35PM			2nd Phase
		327831361 Rahu	11:42AM - 1:25PM	Visti Until 3:30AM Thu	Nataraja: White				
Routine Work	Marana Yoga			Navami* Until 6:02AM	Moon - White			Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 1:24AM Thu					Jyeshtha*Ani				
Then Creative Work - Siddha Yoga									

2		Thursday, June 30, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 74		Durumukha 5118		Moon 6 - Phase 11	
Mesha Rasi: 16.05	Tithi 26	Gulika	8:16AM - 9:59AM	Bharani Until 11:29PM	Ganesh: Purple	<i>Sunrise:</i> 4:50AM			
		Yama	4:50AM - 6:33AM	Sukarma Until 9:57AM	Muruga: Clear	<i>Sunset:</i> 6:35PM			2nd Phase
		327831361 Rahu	1:25PM - 3:09PM	Bava Until 2:09PM	Nataraja: White				
Creative Work	Siddha Yoga			Ekadashi* Until 12:45AM Fri	Moon - White			Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 11:29PM					Jyeshtha*Ani				
Then Routine Work - Marana Yoga									

3		Friday, July 1, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10		Sutra 75		Durumukha 5118		Moon 6 - Phase 11	
Vrishabha Rasi: 0.37	Tithi 27	Gulika	6:33AM - 8:16AM	Krittika Until 9:18PM	Ganesh: Purple	<i>Sunrise:</i> 4:50AM			
		Yama	3:09PM - 4:52PM	Dhriti Until 6:38AM	Muruga: Clear	<i>Sunset:</i> 6:35PM			2nd Phase
		327831361 Rahu	9:59AM - 11:42AM	Kaulava Until 11:21AM	Nataraja: White				
Creative Work	Siddha Yoga			Dvadashi* Until 9:54PM	Moon - White			Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 9:18PM					Jyeshtha*Ani				
Then Routine Work - Marana Yoga									

4		Saturday, July 2, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Rohini Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 76		Durumukha 5118		Moon 6 - Phase 11	
Vrishabha Rasi: 15.11	Tithi 28	Gulika	4:50AM - 6:34AM	Rohini Until 7:26PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:50AM			
		Yama	1:26PM - 3:09PM	Ganda* Until 11:53PM	Muruga: Clear	<i>Sunset:</i> 6:35PM			2nd Phase
		327831361 Rahu	8:17AM - 10:00AM	Gara Until 8:29AM	Nataraja: White				
Creative Work	Amrita Yoga			Trayodashi* Until 7:04PM	Moon - Yellow			Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 7:26PM					Jyeshtha*Ani				
Then Creative Work - Siddha Yoga									
									<i>Pradosha Vrata (Fasting)</i>

5		Sunday, July 3, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Mrigashira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 77		Durumukha 5118		Moon 6 - Phase 11	
Vrishabha Rasi: 29.43	Tithi 29 - 30	Gulika	3:09PM - 4:52PM	Mrigashira Until 5:34PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:51AM			
		Yama	11:43AM - 1:26PM	Vriddhi Until 8:42PM	Muruga: Clear	<i>Sunset:</i> 6:35PM			2nd Phase
		327831361 Rahu	4:52PM - 6:35PM	Catuspada Until 3:11AM Mon	Nataraja: White				
Creative Work	Siddha Yoga			Chaturdashi* Until 4:24PM	Moon - Yellow			Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 3:52PM					Jyeshtha*Ani				
Then Creative Work - Amrita Yoga									

Monday, July 4, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 78		Durumukha 5118		Moon 6 - Phase 11	
Mithuna Rasi: 14.04	Tithi 30 - 1	Gulika	1:26PM - 3:09PM	Ardra Until 3:52PM	Ganesh: Purple	<i>Sunrise:</i> 4:51AM			
Family Home Evening		Yama	10:00AM - 11:43AM	Dhruva Until 5:46PM	Muruga: Clear	<i>Sunset:</i> 6:35PM			Amavasya
		327831361 Rahu	6:34AM - 8:17AM	Kintughna Until 1:01AM Tue	Nataraja: White				
Creative Work	Siddha Yoga			Amavasya* Until 2:01PM	Moon - Yellow			Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 3:52PM					Jyeshtha*Ani				
Then Creative Work - Amrita Yoga									

Tuesday, July 5, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Sutra 79		Durumukha 5118		Moon 6 - Phase 11	
Mithuna Rasi: 28.1	Tithi 1 - 2	Gulika	11:43AM - 1:26PM	Punarvasu Until 2:56PM	Ganesh: Light Blue	<i>Sunrise:</i> 4:52AM			
		Yama	8:17AM - 10:00AM	Vyaghata* Until 3:14PM	Muruga: Clear	<i>Sunset:</i> 6:35PM			Prathama
		348831361 Rahu	3:09PM - 4:52PM	Balava Until 11:22PM	Nataraja: White				
Creative Work	Siddha Yoga			Prathama* Until 12:06PM	Moon - Blue			Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 3:52PM					Ashada*Ani				
Then Creative Work - Amrita Yoga									

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Wednesday, July 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Manama, Bahrain Sun 15 Sutra 80	
Kataka Rasi: 11.55	Tithi 2 - 3	Gulika	10:01AM - 11:43AM	Pushya Until 2:27PM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM		Durmukha 5118	
		Yama	6:35AM - 8:18AM	Harshana Until 1:13PM	Muruga: Clear	<i>Sunset:</i> 6:35PM		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448831361 Rahu	11:43AM - 1:26PM	Taitila Until 10:22PM	Nataraja: White			3rd Phase	
				Dvitiya Until 10:46AM	Moon - Blue		Bhuloka Day		
					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

2		Thursday, July 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau		Manama, Bahrain Sun 16 Sutra 81	
Kataka Rasi: 25.16	Tithi 3 - 4	Gulika	8:18AM - 10:01AM	Ashlesha* Until 2:31PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:52AM		Durmukha 5118	
		Yama	4:52AM - 6:35AM	Vajra* Until 11:45AM	Muruga: Clear	<i>Sunset:</i> 6:35PM		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 Rahu	1:26PM - 3:09PM	Vanija Until 10:07PM	Nataraja: White			3rd Phase	
Until 2:31PM				Tritiya Until 10:08AM	Moon - Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

3		Friday, July 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Manama, Bahrain Sun 17 Sutra 82	
Simha Rasi: 8.13	Tithi 4 - 5	Gulika	6:36AM - 8:18AM	Magha* Until 3:40PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM		Durmukha 5118	
		Yama	3:09PM - 4:52PM	Siddhi Until 10:54AM	Muruga: Clear	<i>Sunset:</i> 6:34PM		Moon 6 - Phase 12	
Routine Work	Marana Yoga	458931361 Rahu	10:01AM - 11:44AM	Bava Until 10:39PM	Nataraja: White			3rd Phase	
Until 3:40PM				Chaturthi* Until 10:16AM	Moon - Red		Bhuloka Day		
Then Creative Work - Siddha Yoga					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

4		Saturday, July 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varians Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Manama, Bahrain Sun 18 Sutra 83	
Simha Rasi: 20.48	Tithi 5 - 6	Gulika	4:53AM - 6:36AM	Purvaphalguni Until 5:23PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM		Durmukha 5118	
		Yama	1:26PM - 3:09PM	Vyatipata* Until 10:40AM	Muruga: Clear	<i>Sunset:</i> 6:34PM		Moon 6 - Phase 12	
Creative Work	Siddha Yoga	458931361 Rahu	8:19AM - 10:01AM	Kaulava Until 11:54PM	Nataraja: White			3rd Phase	
Until 5:23PM				Panchami Until 11:10AM	Moon - Red		Bhuloka Day		
Then Routine Work - Marana Yoga					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

5		Sunday, July 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Manama, Bahrain Sun 19 Sutra 84	
Kanya Rasi: 3.05	Tithi 6 - 7	Gulika	3:09PM - 4:52PM	Uttaraphalguni Until 7:33PM	Ganesha: Purple	<i>Sunrise:</i> 4:54AM		Durmukha 5118	
		Yama	11:44AM - 1:26PM	Varians Until 10:56AM	Muruga: Clear	<i>Sunset:</i> 6:34PM		Moon 6 - Phase 12	
Creative Work	Amrita Yoga	458931361 Rahu	4:52PM - 6:34PM	Gara Until 1:45AM Mon	Nataraja: White			3rd Phase	
				Shashthi* Until 12:45PM	Moon - Red		Bhuloka Day		
		Chidambaram Abhishekam			Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

Monday, July 11, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 20 Sutra 85		
Retreat Star		Gulika	1:27PM - 3:09PM	Hasta Until 10:29PM	Ganesha: Orange	<i>Sunrise:</i> 4:54AM		Durmukha 5118
Kanya Rasi: 15.08	Tithi 7 - 8	Yama	10:02AM - 11:44AM	Parigha* Until 11:37AM	Muruga: Clear	<i>Sunset:</i> 6:34PM		Moon 6 - Phase 12
Family Home Evening		469931361 Rahu	6:37AM - 8:19AM	Visti Until 4:00AM Tue	Nataraja: White			Ashtami
Creative Work	Siddha Yoga			Saptami Until 2:49PM	Moon - Green		Devaloka Day	
Until 10:29PM					Ashada*Ani			
Then Routine Work - Prabalarishta Yoga								

Tuesday, July 12, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 21 Sutra 86		
Retreat Star		Gulika	11:44AM - 1:27PM	Chitra Until 1:27AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:55AM		Durmukha 5118
Kanya Rasi: 27.02	Tithi 8 - 9	Yama	8:19AM - 10:02AM	Shiva Until 12:32PM	Muruga: Clear	<i>Sunset:</i> 6:34PM		Moon 6 - Phase 12
		469931361 Rahu	3:09PM - 4:51PM	Balava Until 6:24AM Wed	Nataraja: White			Navami
Creative Work	Siddha Yoga			Ashtami* Until 5:10PM	Moon - Green		Devaloka Day	
					Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Wednesday, July 13, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Tula Rasi: 8.54		Tithi 9		Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 87	
Creative Work		Siddha Yoga		Gulika 10:02AM – 11:44AM	Svati Until 4:13AM Thu	Ganesha: Orange <i>Sunrise: 4:55AM</i>	Durmukha 5118
				Yama 6:37AM – 8:20AM	Siddha Until 1:29PM	Muruga: Clear <i>Sunset: 6:33PM</i>	Moon 6 - Phase 13
		469931361		Rahu 11:44AM – 1:27PM	Balava Until 6:24AM	Nataraja: White	4th Phase
					Navami* Until 7:34PM	Moon – Green	Devaloka Day
						Ashada*Ani	

2		Thursday, July 14, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Tula Rasi: 20.47		Tithi 10		Vishakha Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dashamyam Titau		Sun 23 Sutra 88	
Creative Work		Siddha Yoga		Gulika 8:20AM – 10:02AM	Vishakha Until 7:05AM Fri	Ganesha: Green <i>Sunrise: 4:56AM</i>	Durmukha 5118
				Yama 4:56AM – 6:38AM	Sadhya Until 2:22PM	Muruga: Clear <i>Sunset: 6:33PM</i>	Moon 6 - Phase 13
		479931361		Rahu 1:27PM – 3:09PM	Tailila Until 8:43AM	Nataraja: White	4th Phase
					Dashami Until 9:47PM	Moon – Orange	Bhuloka Day
						Ashada*Ani	Devaloka Time: 12:PM to 3:PM

3		Friday, July 15, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Vrischika Rasi: 2.46		Tithi 11		Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 89	
Creative Work		Siddha Yoga		Gulika 6:38AM – 8:20AM	Vishakha Until 7:05AM	Ganesha: Green <i>Sunrise: 4:56AM</i>	Durmukha 5118
				Yama 3:09PM – 4:51PM	Subha Until 3:01PM	Muruga: Clear <i>Sunset: 6:33PM</i>	Moon 6 - Phase 13
		479931361		Rahu 10:02AM – 11:44AM	Vanija Until 10:47AM	Nataraja: White	4th Phase
					Ekadashi Until 11:39PM	Moon – Orange	Bhuloka Day
						Ashada*Ani	Devaloka Time: 12:PM to 3:PM

4		Saturday, July 16, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Vrischika Rasi: 14.55		Tithi 12		Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 90	
Creative Work		Siddha Yoga		Gulika 4:57AM – 6:39AM	Anuradha Until 9:25AM	Ganesha: Green <i>Sunrise: 4:57AM</i>	Durmukha 5118
				Yama 1:27PM – 3:09PM	Sukla Until 3:19PM	Muruga: Clear <i>Sunset: 6:33PM</i>	Moon 6 - Phase 13
		479931361		Rahu 8:21AM – 10:03AM	Bava Until 12:26PM	Nataraja: White	4th Phase
					Dvadashi Until 1:03AM Sun	Moon – Orange	Bhuloka Day
						Ashada*Adi	Devaloka Time: 12:PM to 3:PM

5		Sunday, July 17, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Vrischika Rasi: 27.16		Tithi 13		Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau		Sun 26 Sutra 91	
Routine Work		Marana Yoga		Gulika 3:08PM – 4:50PM	Jyeshtha* Until 11:05AM	Ganesha: Green <i>Sunrise: 4:57AM</i>	Durmukha 5118
Until 11:05AM				Yama 11:45AM – 1:27PM	Brahma Until 3:13PM	Muruga: Clear <i>Sunset: 6:32PM</i>	Moon 6 - Phase 13
Then Creative Work - Amrita Yoga				Rahu 4:50PM – 6:32PM	Kaulava Until 1:34PM	Nataraja: Clear	4th Phase
					Trayodashi Until 1:55AM Mon	Moon – Orange	Devaloka Day
					<i>Pradosha Vrata</i>	Ashada*Adi	

6		Monday, July 18, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Dhanu Rasi: 9.5		Tithi 14		Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 92	
Family Home Evening				Gulika 1:27PM – 3:08PM	Mula* Until 12:33PM	Ganesha: Blue <i>Sunrise: 4:58AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		Yama 10:03AM – 11:45AM	Indra Until 2:42PM	Muruga: Clear <i>Sunset: 6:32PM</i>	Moon 6 - Phase 13
Until 12:33PM				Rahu 6:39AM – 8:21AM	Gara Until 2:10PM	Nataraja: Clear	4th Phase
Then Routine Work - Marana Yoga					Chaturdashi* Until 2:14AM Tue	Moon – Light Blue	Subha Sivaloka Day
						Ashada*Adi	

○		Tuesday, July 19, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Copper Retreat Star				Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 93	
Dhanu Rasi: 22.41		Tithi 15		Gulika 11:45AM – 1:26PM	Purvashadha* Until 1:20PM	Ganesha: Blue <i>Sunrise: 4:58AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		Yama 8:21AM – 10:03AM	Vaidhriti* Until 1:44PM	Muruga: Clear <i>Sunset: 6:32PM</i>	Moon 6 - Phase 13
Until 1:20PM				Rahu 3:08PM – 4:50PM	Visti Until 2:12PM	Nataraja: Clear	Purnima
Then Routine Work - Prabalarishta Yoga					Purnima* Until 2:01AM Wed	Moon – Light Blue	Subha Sivaloka Day
				Satguru Purnima		Ashada*Adi	

○		Wednesday, July 20, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Silver Retreat Star				Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 94	
Makara Rasi: 5.47		Tithi 16		Gulika 10:03AM – 11:45AM	Uttarashadha Until 1:27PM	Ganesha: Blue <i>Sunrise: 4:58AM</i>	Durmukha 5118
Creative Work		Amrita Yoga		Yama 6:40AM – 8:22AM	Vishkambha* Until 12:22PM	Muruga: Clear <i>Sunset: 6:31PM</i>	Moon 6 - Phase 13
Until 1:27PM				Rahu 11:45AM – 1:26PM	Balava Until 1:45PM	Nataraja: Clear	Prathama
Then Creative Work - Siddha Yoga					Prathama* Until 1:20AM Thu	Moon – Light Blue	Subha Sivaloka Day
						Ashada*Adi	



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Manama, Bahrain

Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Sun 1 Sutra 95

Makara Rasi: 19.08 Tiithi 17

Gulika 8:22AM - 10:03AM

Shravana Until 1:26PM

Ganesha: Yellow Sunrise: 4:59AM

Durmukha 5118

Yama 4:59AM - 6:40AM

Priti Until 10:40AM

Muruga: Clear Sunset: 6:31PM

Moon 7 - Phase 14

491931362 Rahu 1:26PM - 3:08PM

Taitila Until 12:51PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 12:14AM Fri

Moon - Purple

Sivaloka Day

Ashada*Adi

1

Friday, July 22, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Manama, Bahrain

Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visli* Karana Tritiyayam Titau

Sun 2 Sutra 96

Kumbha Rasi: 2.43 Tiithi 18

Gulika 6:41AM - 8:22AM

Dhanishtha Until 12:55PM

Ganesha: Yellow Sunrise: 4:59AM

Durmukha 5118

Yama 3:08PM - 4:49PM

Ayushman Until 8:38AM

Muruga: Clear Sunset: 6:30PM

Moon 7 - Phase 14

491931362 Rahu 10:04AM - 11:45AM

Vanija Until 11:35AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 10:49PM

Moon - Purple

Sivaloka Day

Ashada*Adi

2

Saturday, July 23, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Manama, Bahrain

Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthayam Titau

Sun 3 Sutra 97

Kumbha Rasi: 16.28 Tiithi 19

Gulika 5:00AM - 6:41AM

Shatabhishak Until 11:57AM

Ganesha: Yellow Sunrise: 5:00AM

Durmukha 5118

Yama 1:26PM - 3:07PM

Saubhagya Until 6:22AM

Muruga: Clear Sunset: 6:30PM

Moon 7 - Phase 14

491931362 Rahu 8:22AM - 10:04AM

Bava Until 10:01AM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 9:08PM

Moon - Purple

Sivaloka Day

Ashada*Adi

Until 11:57AM

Then Routine Work - Marana Yoga

3

Sunday, July 24, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Manama, Bahrain

Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 4 Sutra 98

Meena Rasi: 0.22 Tiithi 20

Gulika 3:07PM - 4:48PM

Purvaproshtapada* Until 11:04AM

Ganesha: Red Sunrise: 5:00AM

Durmukha 5118

Yama 11:45AM - 1:26PM

Athiganda* Until 1:19AM Mon

Muruga: Clear Sunset: 6:29PM

Moon 7 - Phase 14

411931362 Rahu 4:48PM - 6:29PM

Kaulava Until 8:14AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 7:15PM

Moon - Clear

Sivaloka Day

Ashada*Adi

Until 11:04AM

Then Creative Work - Amrita Yoga

4

Monday, July 25, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Manama, Bahrain

Uttaraproshtapada*/Revati Nakshatra Sukarma Yoga Gara/Visli* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 99

Meena Rasi: 14.23 Tiithi 21 - 22

Gulika 1:26PM - 3:07PM

Uttaraproshtapada Until 9:52AM

Ganesha: Red Sunrise: 5:01AM

Durmukha 5118

Yama 10:04AM - 11:45AM

Sukarma Until 10:36PM

Muruga: Clear Sunset: 6:29PM

Moon 7 - Phase 14

Family Home Evening 411931362 Rahu 6:42AM - 8:23AM

Gara Until 6:17AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 5:14PM

Moon - Clear

Sivaloka Day

Ashada*Adi

5

Tuesday, July 26, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Manama, Bahrain

Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 100

Meena Rasi: 28.29 Tiithi 22 - 23

Gulika 11:45AM - 1:26PM

Revati Until 8:25AM

Ganesha: Red Sunrise: 5:01AM

Durmukha 5118

Yama 8:23AM - 10:04AM

Dhriti Until 7:48PM

Muruga: Clear Sunset: 6:28PM

Moon 7 - Phase 14

411931362 Rahu 3:07PM - 4:48PM

Balava Until 2:00AM Wed

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Saptami Until 3:06PM

Moon - Clear

Sivaloka Day

Ashada*Adi

D

Wednesday, July 27, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Manama, Bahrain

Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 101

Mesha Rasi: 12.39 Tiithi 23 - 24

Gulika 10:04AM - 11:45AM

Ashvini Until 7:08AM

Ganesha: Green Sunrise: 5:02AM

Durmukha 5118

Yama 6:43AM - 8:23AM

Shula* Until 4:55PM

Muruga: Clear Sunset: 6:28PM

Moon 7 - Phase 14

421931362 Rahu 11:45AM - 1:26PM

Taitila Until 11:46PM

Nataraja: Clear

Ashtami

Routine Work Marana Yoga

Ashtami* Until 12:52PM

Moon - White

Subha Sivaloka Day

Ashada*Adi

Until 7:08AM

Then Creative Work - Siddha Yoga

Thursday, July 28, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Manama, Bahrain

Krittika Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Sun 8 Sutra 102

Mesha Rasi: 26.51 Tiithi 24 - 25

Gulika 8:24AM - 10:04AM

Krittika Until 4:03AM Fri

Ganesha: Green Sunrise: 5:02AM

Durmukha 5118

Yama 5:02AM - 6:43AM

Ganda* Until 2:02PM

Muruga: Clear Sunset: 6:27PM

Moon 7 - Phase 14

421931362 Rahu 1:26PM - 3:06PM

Vanija Until 9:29PM

Nataraja: Clear

Navami

Routine Work Marana Yoga

Navami* Until 10:36AM

Moon - White

Subha Sivaloka Day

Ashada*Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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1 Friday, July 29, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam			Manama, Bahrain	
Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 103		Durumukha 5118		
Vrishabha Rasi: 11.04 Tithi 25 – 26		Gulika 6:43AM – 8:24AM	Rohini Until 2:45AM Sat	Ganesh: Green <i>Sunrise: 5:03AM</i>		
Routine Work Marana Yoga		Yama 3:06PM – 4:46PM	Vriddhi Until 11:09AM	Muruga: Clear <i>Sunset: 6:27PM</i>	Moon 7 - Phase 15	
Until 2:45AM Sat		432931362 Rahu 10:04AM – 11:45AM	Bava Until 7:14PM	Nataraja: Clear	2nd Phase	
Then Creative Work - Siddha Yoga			Dashami Until 8:20AM	Moon – Yellow	Devaloka Day	
				Ashada•Adi		

2 Saturday, July 30, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam			Manama, Bahrain	
Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 104		Durumukha 5118		
Vrishabha Rasi: 25.14 Tithi 26 – 27		Gulika 5:04AM – 6:44AM	Mrigashira Until 1:27AM Sun	Ganesh: Green <i>Sunrise: 5:04AM</i>		
Creative Work Siddha Yoga		Yama 1:25PM – 3:06PM	Dhruva Until 8:18AM	Muruga: Clear <i>Sunset: 6:26PM</i>	Moon 7 - Phase 15	
432931362 Rahu 8:24AM – 10:05AM			Taitila Until 4:04AM Sun	Nataraja: Clear	2nd Phase	
			Ekadashi* Until 6:08AM	Moon – Yellow	Devaloka Day	
				Ashada•Adi		

3 Sunday, July 31, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam			Manama, Bahrain	
Ardra Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 105		Durumukha 5118		
Mithuna Rasi: 9.19 Tithi 28		Gulika 3:05PM – 4:45PM	Ardra Until 12:13AM Mon	Ganesh: Purple <i>Sunrise: 5:04AM</i>		
Creative Work Siddha Yoga		Yama 11:45AM – 1:25PM	Harshana Until 3:04AM Mon	Muruga: Clear <i>Sunset: 6:26PM</i>	Moon 7 - Phase 15	
Until 12:13AM Mon		432131362 Rahu 4:45PM – 6:26PM	Gara Until 3:08PM	Nataraja: Clear	2nd Phase	
Then Creative Work - Amrita Yoga			Trayodashi* Until 2:14AM Mon	Moon – Yellow	Devaloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Ashada•Adi		

4 Monday, August 1, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam			Manama, Bahrain	
Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 106		Durumukha 5118		
Mithuna Rasi: 23.14 Tithi 29		Gulika 1:25PM – 3:05PM	Punarvasu Until 11:37PM	Ganesh: Light Blue <i>Sunrise: 5:05AM</i>		
Family Home Evening		Yama 10:05AM – 11:45AM	Vajra* Until 12:50AM Tue	Muruga: Clear <i>Sunset: 6:25PM</i>	Moon 7 - Phase 15	
Creative Work Amrita Yoga		442131362 Rahu 6:45AM – 8:25AM	Visti Until 1:27PM	Nataraja: Clear	2nd Phase	
Until 11:37PM			Chaturdashi* Until 12:45AM Tue	Moon – Blue	Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada•Adi		

● Tuesday, August 2, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam			Manama, Bahrain	
Retreat Star		Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 107		
Kataka Rasi: 6.56 Tithi 30		Gulika 11:45AM – 1:25PM	Pushya Until 11:18PM	Ganesh: Light Blue <i>Sunrise: 5:05AM</i>		
Creative Work Siddha Yoga		Yama 8:25AM – 10:05AM	Siddhi Until 10:58PM	Muruga: Clear <i>Sunset: 6:24PM</i>	Moon 7 - Phase 15	
442131362 Rahu 3:04PM – 4:44PM			Catuspada Until 12:11PM	Nataraja: Clear	Amavasya	
			Amavasya* Until 11:43PM	Moon – Blue	Devaloka Day	
				Ashada•Adi		

Wednesday, August 3, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam			Manama, Bahrain	
Retreat Star		Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 108		
Kataka Rasi: 20.22 Tithi 1		Gulika 10:05AM – 11:45AM	Ashlesha* Until 11:24PM	Ganesh: Light Blue <i>Sunrise: 5:05AM</i>		
Creative Work Siddha Yoga		Yama 6:45AM – 8:25AM	Vyatipata* Until 9:33PM	Muruga: Clear <i>Sunset: 6:24PM</i>	Moon 7 - Phase 15	
442131362 Rahu 11:45AM – 1:24PM			Kintughna Until 11:25AM	Nataraja: Clear	Prathama	
			Prathama* Until 11:14PM	Moon – Blue	Devaloka Day	
				Sravana•Adi		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Thursday, August 4, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Manama, Bahrain Sun 15 Sutra 109 Durmukha 5118	
Simha Rasi: 3.29	Tithi 2	Gulika Yama 452131362	8:25AM – 10:05AM 5:06AM – 6:46AM Rahu 1:24PM – 3:04PM	Magha* Until 12:25AM Fri Variyan Until 8:37PM Balava Until 11:15AM Dvitiya Until 11:24PM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red Sravana-Adi	Sunrise: 5:06AM Sunset: 6:23PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day	
Creative Work Amrita Yoga Until 12:25AM Fri Then Creative Work - Siddha Yoga									

2		Friday, August 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Manama, Bahrain Sun 16 Sutra 110 Durmukha 5118	
Simha Rasi: 16.16	Tithi 3	Gulika Yama 452131362	6:46AM – 8:25AM 3:03PM – 4:43PM Rahu 10:05AM – 11:44AM	Purvaphalguni Until 1:55AM Sat Parigha* Until 8:13PM Tailila Until 11:45AM Tritiya Until 12:13AM Sat	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red Sravana-Adi	Sunrise: 5:06AM Sunset: 6:22PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day	
Creative Work Siddha Yoga Until 1:55AM Sat Then Routine Work - Marana Yoga									

3		Saturday, August 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthiyam Titau		Manama, Bahrain Sun 17 Sutra 111 Durmukha 5118	
Simha Rasi: 28.46	Tithi 4	Gulika Yama 452131362	5:07AM – 6:46AM 1:24PM – 3:03PM Rahu 8:26AM – 10:05AM	Uttaraphalguni Until 3:51AM Sun Shiva Until 8:19PM Vanija Until 12:53PM Chaturthi* Until 1:39AM Sun	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red Sravana-Adi	Sunrise: 5:07AM Sunset: 6:21PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day	
Routine Work Marana Yoga Until 3:51AM Sun Then Creative Work - Amrita Yoga									

4		Sunday, August 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 112 Durmukha 5118	
Kanya Rasi: 10.59	Tithi 5	Gulika Yama 462141362	3:02PM – 4:42PM 11:44AM – 1:23PM Rahu 4:42PM – 6:21PM	Hasta Until 6:35AM Mon Siddha Until 8:47PM Bava Until 2:35PM Panchami Until 3:34AM Mon	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green Sravana-Adi	Sunrise: 5:07AM Sunset: 6:21PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day	
Creative Work Amrita Yoga Until 6:35AM Mon Then Routine Work - Prabalarishta Yoga									

5		Monday, August 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau		Manama, Bahrain Sun 19 Sutra 113 Durmukha 5118	
Kanya Rasi: 23.02	Tithi 6	Gulika Yama 462141362	1:23PM – 3:02PM 10:05AM – 11:44AM Rahu 6:47AM – 8:26AM	Hasta Until 6:35AM Sadhya Until 9:34PM Kaulava Until 4:42PM Shashthi* Until 5:50AM Tue	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green Sravana-Adi	Sunrise: 5:08AM Sunset: 6:20PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day	
Family Home Evening Creative Work Siddha Yoga Until 6:35AM Then Routine Work - Prabalarishta Yoga									

6		Tuesday, August 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara Karana Saptamyam Titau		Manama, Bahrain Sun 20 Sutra 114 Durmukha 5118	
Tula Rasi: 4.57	Tithi 7	Gulika Yama 462141362	11:44AM – 1:23PM 8:26AM – 10:05AM Rahu 3:02PM – 4:40PM	Chitra Until 9:26AM Subha Until 10:30PM Gara Until 7:03PM Saptami Until 8:13AM Wed	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green Sravana-Adi	Sunrise: 5:08AM Sunset: 6:19PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day	
Creative Work Siddha Yoga									

Retreat Star		Wednesday, August 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Manama, Bahrain Sun 21 Sutra 115 Durmukha 5118	
Tula Rasi: 16.5	Tithi 7 – 8	Gulika Yama 462141362	10:05AM – 11:44AM 6:48AM – 8:26AM Rahu 11:44AM – 1:22PM	Svati Until 12:13PM Sukla Until 11:23PM Visti Until 9:25PM Saptami Until 8:13AM	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green Sravana-Adi	Sunrise: 5:09AM Sunset: 6:18PM	Moon 7 - Phase 16 Ashtami	Devaloka Day	
Creative Work Siddha Yoga									

Retreat Star		Thursday, August 11, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Manama, Bahrain Sun 22 Sutra 116 Durmukha 5118	
Tula Rasi: 28.44	Tithi 8 – 9	Gulika Yama 473141362	8:26AM – 10:05AM 5:09AM – 6:48AM Rahu 1:22PM – 3:01PM	Vishakha Until 3:13PM Brahma Until 12:08AM Fri Balava Until 11:35PM Ashtami* Until 10:31AM	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Orange Sravana-Adi	Sunrise: 5:09AM Sunset: 6:18PM	Moon 7 - Phase 16 Navami	Devaloka Day	
Creative Work Siddha Yoga									

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Friday, August 12, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam	Manama, Bahrain
	Anuradha/Jyeshtha* Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Sun 23 Sutra 117	
Vrischika Rasi: 10.44	Tithi 9 - 10	Gulika 6:48AM - 8:27AM Anuradha Until 5:44PM	Ganesh: Clear <i>Sunrise:</i> 5:10AM Muruga: Purple <i>Sunset:</i> 6:17PM Nataraja: Clear Moon - Orange
473141362	Rahu 10:05AM - 11:43AM	Indra Until 12:37AM Sat Taitila Until 1:22AM Sat Navami* Until 12:31PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Creative Work Siddha Yoga Until 5:44PM Then Routine Work - Marana Yoga	Varalakshmi Vratam		Devaloka Day

2	Saturday, August 13, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam	Manama, Bahrain
	Jyeshtha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Sun 24 Sutra 118	
Vrischika Rasi: 22.54	Tithi 10 - 11	Gulika 5:10AM - 6:49AM Jyeshtha* Until 7:37PM	Ganesh: Clear <i>Sunrise:</i> 5:10AM Muruga: Purple <i>Sunset:</i> 6:16PM Nataraja: Clear Moon - Orange
473141362	Rahu 8:27AM - 10:05AM	Vaidhriti* Until 12:39AM Sun Vanija Until 2:38AM Sun Dashami Until 2:04PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Creative Work Siddha Yoga			Devaloka Day

3	Sunday, August 14, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam	Manama, Bahrain
	Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau	Sun 25 Sutra 119	
Dhanus Rasi: 5.18	Tithi 11 - 12	Gulika 2:59PM - 4:37PM Mula* Until 9:14PM	Ganesh: White <i>Sunrise:</i> 5:11AM Muruga: Purple <i>Sunset:</i> 6:15PM Nataraja: Clear Moon - Light Blue
483141362	Rahu 4:37PM - 6:15PM	Vishkambha* Until 12:13AM Mon Bava Until 3:17AM Mon Ekadashi Until 3:02PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Creative Work Amrita Yoga Until 9:14PM Then Creative Work - Siddha Yoga			Sivaloka Day

4	Monday, August 15, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam	Manama, Bahrain
	Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Sun 26 Sutra 120	
Dhanus Rasi: 17.59	Tithi 12 - 13	Gulika 1:21PM - 2:59PM Purvashadha* Until 10:04PM	Ganesh: White <i>Sunrise:</i> 5:11AM Muruga: Purple <i>Sunset:</i> 6:14PM Nataraja: Clear Moon - Light Blue
483141362	Rahu 6:49AM - 8:27AM	Priti Until 11:18PM Kaulava Until 3:16AM Tue Dvadashi Until 3:21PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Family Home Evening Routine Work Marana Yoga			Sivaloka Day
		<i>Pradosha Vrata</i>	

5	Tuesday, August 16, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam	Manama, Bahrain
	Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Sun 27 Sutra 121	
Makara Rasi: 0.59	Tithi 13 - 14	Gulika 11:43AM - 1:20PM Uttarashadha Until 10:06PM	Ganesh: White <i>Sunrise:</i> 5:12AM Muruga: Purple <i>Sunset:</i> 6:13PM Nataraja: Clear Moon - Light Blue
483141362	Rahu 2:58PM - 4:36PM	Ayushman Until 9:49PM Gara Until 2:37AM Wed Trayodashi Until 3:00PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase
Routine Work Prabalarishta Yoga Until 10:06PM Then Creative Work - Siddha Yoga			Sivaloka Day

○	Wednesday, August 17, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam	Manama, Bahrain
	Copper Retreat Star Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Sun 28 Sutra 122	
Makara Rasi: 14.2	Tithi 14 - 15	Gulika 10:05AM - 11:42AM Shravana Until 9:50PM	Ganesh: White <i>Sunrise:</i> 5:12AM Muruga: Purple <i>Sunset:</i> 6:12PM Nataraja: Clear Moon - Purple
593141362	Rahu 11:42AM - 1:20PM	Saubhagya Until 7:52PM Visti Until 1:22AM Thu Chaturdashi* Until 2:02PM	Durmukha 5118 Moon 7 - Phase 17 Purnima
Creative Work Siddha Yoga Until 9:50PM Then Routine Work - Prabalarishta Yoga	Raksha Bandhan		Sivaloka Day

○	Thursday, August 18, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam	Manama, Bahrain
	Silver Retreat Star Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Sun 29 Sutra 123	
Makara Rasi: 28.01	Tithi 15 - 16	Gulika 8:27AM - 10:05AM Dhanishtha Until 8:54PM	Ganesh: White <i>Sunrise:</i> 5:13AM Muruga: Purple <i>Sunset:</i> 6:12PM Nataraja: Clear Moon - Purple
593141362	Rahu 1:19PM - 2:57PM	Sobhana Until 5:30PM Balava Until 11:37PM Purnima* Until 12:31PM	Durmukha 5118 Moon 7 - Phase 17 Prathama
Creative Work Siddha Yoga			Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 19, 2016

Gold Retreat Star

Kumbha Rasi: 11.59 Tihi 16 – 17

593141362

Creative Work Siddha Yoga

Gulika 6:50AM – 8:28AM
Yama 2:56PM – 4:33PM
Rahu 10:05AM – 11:42AM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shatabhishak Until 7:26PM
Athiganda* Until 2:46PM
Taitila Until 9:29PM
Prathama* Until 10:34AM

Ganesha: White *Sunrise:* 5:13AM
Muruga: Purple *Sunset:* 6:11PM
Nataraja: Clear
 Moon – Purple
Sravana-Avani

Manama, Bahrain
 Sutra 124
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Sivaloka Day

1

Saturday, August 20, 2016

Kumbha Rasi: 26.1 Tihi 17 – 18

513141362

Routine Work Marana Yoga
Until 5:59PM

Then Creative Work - Siddha Yoga

Gulika 5:14AM – 6:51AM
Yama 1:19PM – 2:56PM
Rahu 8:28AM – 10:05AM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam
 Purvaproshthapada*/Uttaraproshthapada Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Purvaproshthapada* Until 5:59PM
Sukarma Until 11:48AM
Vanija Until 7:05PM
Dvitiya Until 8:17AM

Ganesha: White *Sunrise:* 5:14AM
Muruga: Purple *Sunset:* 6:10PM
Nataraja: Clear
 Moon – Clear
Sravana-Avani

Manama, Bahrain
 Sun 1 Sutra 125
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Sivaloka Day

2

Sunday, August 21, 2016

Meena Rasi: 10.31 Tihi 19

513141362

Creative Work Amrita Yoga

Gulika 2:55PM – 4:32PM
Yama 11:41AM – 1:18PM
Rahu 4:32PM – 6:09PM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Uttaraproshthapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthiyam Titau

Uttaraproshthapada Until 4:13PM
Dhriti Until 8:42AM
Bava Until 4:32PM
Chaturthi* Until 3:13AM Mon

Ganesha: White *Sunrise:* 5:14AM
Muruga: Purple *Sunset:* 6:09PM
Nataraja: Clear
 Moon – Clear
Sravana-Avani

Manama, Bahrain
 Sun 2 Sutra 126
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Sivaloka Day

3

Monday, August 22, 2016

Meena Rasi: 24.56 Tihi 20

513141362

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:18PM – 2:54PM
Yama 10:04AM – 11:41AM
Rahu 6:51AM – 8:28AM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
 Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Revati Until 2:16PM
Ganda* Until 2:18AM Tue
Kaulava Until 1:56PM
Panchami Until 12:37AM Tue

Ganesha: White *Sunrise:* 5:14AM
Muruga: Purple *Sunset:* 6:08PM
Nataraja: Clear
 Moon – Clear
Sravana-Avani

Manama, Bahrain
 Sun 3 Sutra 127
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Sivaloka Day

4

Tuesday, August 23, 2016

Mesha Rasi: 9.2 Tihi 21

523141362

Creative Work Siddha Yoga

Gulika 11:41AM – 1:17PM
Yama 8:28AM – 10:04AM
Rahu 2:54PM – 4:30PM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthiyam Titau

Ashvini Until 12:39PM
Vriddhi Until 11:12PM
Gara Until 11:23AM
Shashthi* Until 10:07PM

Ganesha: Clear *Sunrise:* 5:15AM
Muruga: Purple *Sunset:* 6:07PM
Nataraja: Clear
 Moon – White
Sravana-Avani

Manama, Bahrain
 Sun 4 Sutra 128
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Devaloka Day

5

Wednesday, August 24, 2016

Mesha Rasi: 23.4 Tihi 22

523141362

Creative Work Siddha Yoga

Until 11:01AM

Then Creative Work - Amrita Yoga

Gulika 10:04AM – 11:41AM
Yama 6:52AM – 8:28AM
Rahu 11:41AM – 1:17PM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
 Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Bharani Until 11:01AM
Dhruva Until 8:13PM
Visti Until 8:57AM
Saptami Until 7:47PM

Ganesha: Clear *Sunrise:* 5:15AM
Muruga: Purple *Sunset:* 6:06PM
Nataraja: Clear
 Moon – White
Sravana-Avani

Manama, Bahrain
 Sun 5 Sutra 129
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Devaloka Day

D

Thursday, August 25, 2016

Retreat Star

Vrishabha Rasi: 7.53 Tihi 23 – 24

523241362

Routine Work Marana Yoga

Gulika 8:28AM – 10:04AM
Yama 5:16AM – 6:52AM
Rahu 1:16PM – 2:53PM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
 Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Krittika Until 9:26AM
Vyaghata* Until 5:25PM
Balava Until 6:42AM
Ashtami* Until 5:39PM

Ganesha: White *Sunrise:* 5:16AM
Muruga: Purple *Sunset:* 6:05PM
Nataraja: Clear
 Moon – White
Sravana-Avani

Manama, Bahrain
 Sun 6 Sutra 130
 Durmukha 5118
 Moon 8 - Phase 18
 Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Friday, August 26, 2016

Retreat Star

Vrishabha Rasi: 21.56 Tihi 24 – 25

534241362

Routine Work Marana Yoga

Until 8:22AM

Then Creative Work - Siddha Yoga

Gulika 6:52AM – 8:28AM
Yama 2:52PM – 4:28PM
Rahu 10:04AM – 11:40AM

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rohini Until 8:22AM
Harshana Until 2:49PM
Vanija Until 2:57AM Sat
Navami* Until 3:46PM

Ganesha: Purple *Sunrise:* 5:16AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Clear
 Moon – Yellow
Sravana-Avani

Manama, Bahrain
 Sun 7 Sutra 131
 Durmukha 5118
 Moon 8 - Phase 18
 Navami


Sivaloka Day

1		Saturday, August 27, 2016				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Mithuna Rasi: 5.5		Tithi 25 – 26		534241363		Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 132	
Creative Work		Siddha Yoga		544241363		Gulika 5:17AM – 6:52AM		Mrigashira Until 7:26AM	
						Yama 1:16PM – 2:51PM		Vajra* Until 12:27PM	
						Rahu 8:28AM – 10:04AM		Bava Until 1:32AM Sun	
								Dashami Until 2:11PM	
						Ganesh: Purple		Sunrise: 5:17AM	
						Muruga: Purple		Sunset: 6:03PM	
						Nataraja: Purple		Moon 8 - Phase 19	
						Moon – Yellow		2nd Phase	
						Sravana-Avani		Devaloka Day	

2		Sunday, August 28, 2016				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Mithuna Rasi: 19.32		Tithi 26 – 27		534241363		Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 133	
Creative Work		Siddha Yoga		544241363		Gulika 2:51PM – 4:26PM		Ardra Until 6:40AM	
						Yama 11:39AM – 1:15PM		Siddhi Until 10:20AM	
						Rahu 4:26PM – 6:02PM		Kaulava Until 12:27AM Mon	
								Ekadashi* Until 12:55PM	
						Ganesh: Purple		Sunrise: 5:17AM	
						Muruga: Purple		Sunset: 6:02PM	
						Nataraja: Purple		Moon 8 - Phase 19	
						Moon – Yellow		2nd Phase	
						Sravana-Avani		Devaloka Day	

3		Monday, August 29, 2016				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 3.01		Tithi 27 – 28		544241363		Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 134	
Family Home Evening		Creative Work		Amrita Yoga		544241363		Gulika 1:15PM – 2:50PM	
Until 6:33AM		Then Creative Work - Siddha Yoga						Punarvasu Until 6:33AM	
								Vyatipata* Until 8:32AM	
								Gara Until 11:45PM	
								Dvadashi* Until 12:02PM	
								Pradosha Vrata (Fasting)	
								Ganesh: Clear	
								Sunrise: 5:17AM	
								Muruga: Purple	
								Sunset: 6:01PM	
								Nataraja: Purple	
								Moon – Blue	
								Sravana-Avani	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

4		Tuesday, August 30, 2016				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 16.17		Tithi 28 – 29		544241363		Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 135	
Creative Work		Siddha Yoga		544241363		Gulika 11:39AM – 1:14PM		Pushya Until 6:41AM	
						Yama 8:28AM – 10:04AM		Variyan Until 7:02AM	
						Rahu 2:49PM – 4:25PM		Visti Until 11:30PM	
								Trayodashi* Until 11:33AM	
								Ganesh: Clear	
								Sunrise: 5:18AM	
								Muruga: Purple	
								Sunset: 6:00PM	
								Nataraja: Purple	
								Moon – Blue	
								Sravana-Avani	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

		Wednesday, August 31, 2016				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 29.19		Tithi 29 – 30		544241363		Ashlesha*/Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 136	
Creative Work		Siddha Yoga		544241363		Gulika 10:03AM – 11:39AM		Ashlesha* Until 7:06AM	
						Yama 6:53AM – 8:28AM		Shiva Until 5:11AM Thu	
						Rahu 11:39AM – 1:14PM		Catuspada Until 11:44PM	
								Chaturdashi* Until 11:32AM	
								Ganesh: Clear	
								Sunrise: 5:18AM	
								Muruga: Purple	
								Sunset: 5:59PM	
								Nataraja: Purple	
								Moon – Blue	
								Sravana-Avani	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

Thursday, September 1, 2016		Retreat Star				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Simha Rasi: 12.06		Tithi 30 – 1		544241363		Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 137	
Creative Work		Amrita Yoga		544241363		Gulika 8:28AM – 10:03AM		Magha* Until 8:19AM	
Until 8:19AM		Then Creative Work - Siddha Yoga						Siddha Until 4:49AM Fri	
								Kintughna Until 12:29AM Fri	
								Amavasya* Until 12:02PM	
								Annular Solar Eclipse	
								Ganesh: Orange	
								Sunrise: 5:19AM	
								Muruga: Purple	
								Sunset: 5:58PM	
								Nataraja: Purple	
								Moon – Red	
								Bhadrapada-Avani	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, September 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Manama, Bahrain Sun 14 Sutra 138	
Simha Rasi: 24.38	Tithi 1 – 2	Gulika 6:54AM – 8:29AM	Purvaphalguni Until 9:54AM	Ganesh: Orange	<i>Sunrise:</i> 5:19AM	Muruga: Purple	<i>Sunset:</i> 5:57PM
		Yama 2:47PM – 4:22PM	Sadhya Until 4:53AM Sat	Nataraja: Purple		Moon – Red	Moon 8 - Phase 20
		554241363 Rahu 10:03AM – 11:38AM	Balava Until 1:45AM Sat				3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 1:02PM	Bhadrapada*Avani		Bhuloka Day	Devaloka Time: 9:AM to 12:PM
2		Saturday, September 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Manama, Bahrain Sun 15 Sutra 139	
Kanya Rasi: 6.58	Tithi 2 – 3	Gulika 5:20AM – 6:54AM	Uttaraphalguni Until 11:47AM	Ganesh: Orange	<i>Sunrise:</i> 5:20AM	Muruga: Purple	<i>Sunset:</i> 5:56PM
		Yama 1:12PM – 2:47PM	Subha Until 5:18AM Sun	Nataraja: Purple		Moon – Red	Moon 8 - Phase 20
		554241363 Rahu 8:29AM – 10:03AM	Taitila Until 3:29AM Sun				3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 2:33PM	Bhadrapada*Avani		Bhuloka Day	Devaloka Time: 9:AM to 12:PM
3		Sunday, September 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Manama, Bahrain Sun 16 Sutra 140	
Kanya Rasi: 19.06	Tithi 3 – 4	Gulika 2:46PM – 4:20PM	Hasta Until 2:25PM	Ganesh: Clear	<i>Sunrise:</i> 5:20AM	Muruga: Purple	<i>Sunset:</i> 5:54PM
		Yama 11:37AM – 1:12PM	Sukla Until 5:59AM Mon	Nataraja: Purple		Moon – Green	Moon 8 - Phase 20
		554241363 Rahu 4:20PM – 5:54PM	Vanija Until 5:36AM Mon				3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 4:29PM	Bhadrapada*Avani		Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Until 2:25PM							
Then Creative Work - Siddha Yoga							
4		Monday, September 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Vistit* Karana Chaturthyam Titau		Manama, Bahrain Sun 17 Sutra 141	
Tula Rasi: 1.05	Tithi 4	Gulika 1:11PM – 2:45PM	Chitra Until 5:12PM	Ganesh: Clear	<i>Sunrise:</i> 5:20AM	Muruga: Purple	<i>Sunset:</i> 5:53PM
Family Home Evening		Yama 10:03AM – 11:37AM	Brahma Until 6:51AM Tue	Nataraja: Purple		Moon – Green	Moon 8 - Phase 20
		554241363 Rahu 6:55AM – 8:29AM	Vistit Until 6:44PM				3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 6:44PM	Bhadrapada*Avani		Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Until 5:12PM		Ganesh Chaturthi					
Then Creative Work - Amrita Yoga							
5		Tuesday, September 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 142	
Tula Rasi: 12.59	Tithi 5	Gulika 11:37AM – 1:10PM	Svati Until 7:59PM	Ganesh: Clear	<i>Sunrise:</i> 5:21AM	Muruga: Purple	<i>Sunset:</i> 5:52PM
		Yama 8:29AM – 10:03AM	Brahma Until 6:51AM	Nataraja: Purple		Moon – Green	Moon 8 - Phase 20
		554241363 Rahu 2:44PM – 4:18PM	Bava Until 7:58AM				3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:10PM	Bhadrapada*Avani		Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Until 7:59PM							
Then Routine Work - Marana Yoga							
6		Wednesday, September 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shasthyam Titau		Manama, Bahrain Sun 19 Sutra 143	
Tula Rasi: 24.51	Tithi 6	Gulika 10:02AM – 11:36AM	Vishakha Until 11:07PM	Ganesh: Clear	<i>Sunrise:</i> 5:21AM	Muruga: Purple	<i>Sunset:</i> 5:51PM
		Yama 6:55AM – 8:29AM	Indra Until 7:48AM	Nataraja: Purple		Moon – Orange	Moon 8 - Phase 20
		575241363 Rahu 11:36AM – 1:10PM	Kaulava Until 10:24AM				3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:35PM	Bhadrapada*Avani		Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Retreat Star		Thursday, September 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Manama, Bahrain Sun 20 Sutra 144	
Vrischika Rasi: 6.44	Tithi 7	Gulika 8:29AM – 10:02AM	Anuradha Until 1:53AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:22AM	Muruga: Purple	<i>Sunset:</i> 5:50PM
		Yama 5:22AM – 6:55AM	Vaidhriti* Until 8:40AM	Nataraja: Purple		Moon – Orange	Moon 8 - Phase 20
		575241363 Rahu 1:09PM – 2:43PM	Gara Until 12:45PM				3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:48AM Fri	Bhadrapada*Avani		Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Until 1:53AM Fri							
Then Routine Work - Marana Yoga							
Retreat Star		Friday, September 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Vistit*/Bava Karana Ashtamyam Titau		Manama, Bahrain Sun 21 Sutra 145	
Vrischika Rasi: 18.43	Tithi 8	Gulika 6:55AM – 8:29AM	Jyeshtha* Until 4:08AM Sat	Ganesh: Clear	<i>Sunrise:</i> 5:22AM	Muruga: Purple	<i>Sunset:</i> 5:49PM
		Yama 2:42PM – 4:16PM	Vishkambha* Until 9:20AM	Nataraja: Purple		Moon – Orange	Moon 8 - Phase 20
		575241363 Rahu 10:02AM – 11:36AM	Vistit Until 2:48PM				Ashtami
Routine Work	Marana Yoga		Ashtami* Until 3:39AM Sat	Bhadrapada*Avani		Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Until 4:08AM Sat							
Then Creative Work - Siddha Yoga							
Retreat Star		Saturday, September 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 22 Sutra 146	
Dhanus Rasi: 0.52	Tithi 9	Gulika 5:22AM – 6:56AM	Mula* Until 6:11AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:22AM	Muruga: Purple	<i>Sunset:</i> 5:48PM
		Yama 1:08PM – 2:42PM	Priti Until 9:42AM	Nataraja: Purple		Moon – Light Blue	Moon 8 - Phase 20
		585241363 Rahu 8:29AM – 10:02AM	Balava Until 4:24PM				Navami
Creative Work	Siddha Yoga		Navami* Until 4:57AM Sun	Bhadrapada*Avani		Bhuloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Manama, Bahrain Sun 23 Sutra 147
Dhanus Rasi: 13.14	Tithi 10	Gulika 2:41PM – 4:14PM	Mula* Until 6:11AM	Ganesha: Purple <i>Sunrise:</i> 5:23AM		Durmukha 5118
		Yama 11:35AM – 1:08PM	Ayushman Until 9:36AM	Muruga: Purple <i>Sunset:</i> 5:47PM		Moon 8 - Phase 21
		585241363 Rahu 4:14PM – 5:47PM	Taitila Until 5:23PM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Dashami Until 5:35AM Mon	Moon – Light Blue	Bhuloka Day	
Until 6:11AM		Grandparent's Day		Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

2 Monday, September 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 148
Dhanus Rasi: 25.54	Tithi 11	Gulika 1:07PM – 2:40PM	Purvashadha* Until 7:24AM	Ganesha: Purple <i>Sunrise:</i> 5:23AM		Durmukha 5118
Family Home Evening		Yama 10:02AM – 11:34AM	Saubhagya Until 8:58AM	Muruga: Purple <i>Sunset:</i> 5:46PM		Moon 8 - Phase 21
		585241363 Rahu 6:56AM – 8:29AM	Vanija Until 5:39PM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Ekadashi Until 5:29AM Tue	Moon – Light Blue	Bhuloka Day	
				Bhadrapada-Avani		

3 Tuesday, September 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 149
Makara Rasi: 8.56	Tithi 12	Gulika 11:34AM – 1:07PM	Uttarashadha Until 7:45AM	Ganesha: Purple <i>Sunrise:</i> 5:24AM		Durmukha 5118
		Yama 8:29AM – 10:01AM	Sobhana Until 7:45AM	Muruga: Purple <i>Sunset:</i> 5:45PM		Moon 8 - Phase 21
		585241363 Rahu 2:39PM – 4:12PM	Bava Until 5:09PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Dvadashi Until 4:36AM Wed	Moon – Light Blue	Bhuloka Day	
Until 7:45AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 150
Makara Rasi: 22.23	Tithi 13	Gulika 10:01AM – 11:34AM	Shravana Until 7:39AM	Ganesha: Clear <i>Sunrise:</i> 5:24AM		Durmukha 5118
		Yama 6:56AM – 8:29AM	Sukarma Until 3:31AM Thu	Muruga: Purple <i>Sunset:</i> 5:43PM		Moon 8 - Phase 21
		595241363 Rahu 11:34AM – 1:06PM	Kaulava Until 3:55PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 3:01AM Thu	Moon – Purple	Bhuloka Day	
Until 7:39AM		Avani Avittam	<i>Pradosha Vrata</i>	Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

5 Thursday, September 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 151
Kumbha Rasi: 6.14	Tithi 14	Gulika 8:29AM – 10:01AM	Dhanishtha Until 6:42AM	Ganesha: Clear <i>Sunrise:</i> 5:24AM		Durmukha 5118
		Yama 5:24AM – 6:57AM	Dhriti Until 12:38AM Fri	Muruga: Purple <i>Sunset:</i> 5:42PM		Moon 8 - Phase 21
		595241363 Rahu 1:06PM – 2:38PM	Gara Until 2:00PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 12:49AM Fri	Moon – Purple	Bhuloka Day	
		Chidambaram Abhishekam		Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	

Friday, September 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain Sutra 152
Copper Retreat Star		Gulika 6:57AM – 8:29AM	Purvaproshtapada* Until 3:11AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:25AM		Durmukha 5118
Kumbha Rasi: 20.29	Tithi 15	Yama 2:37PM – 4:09PM	Shula* Until 9:20PM	Muruga: Purple <i>Sunset:</i> 5:41PM		Moon 8 - Phase 21
		516241363 Rahu 10:01AM – 11:33AM	Visti Until 11:33AM	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Purnima* Until 10:08PM	Moon – Clear	Devaloka Day	
		Penumbral Lunar Eclipse		Bhadrapada-Puratasi		

Saturday, September 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sutra 153
Silver Retreat Star		Gulika 5:25AM – 6:57AM	Uttaraproshtapada Until 12:53AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:25AM		Durmukha 5118
Meena Rasi: 5.03	Tithi 16	Yama 1:05PM – 2:36PM	Ganda* Until 5:45PM	Muruga: Purple <i>Sunset:</i> 5:40PM		Moon 8 - Phase 21
		516241363 Rahu 8:29AM – 10:01AM	Balava Until 8:41AM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 7:07PM	Moon – Clear	Devaloka Day	
Until 12:53AM Sun				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 154

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 19.49 Tihi 17 - 18

516241363

Gulika 2:36PM - 4:07PM
Yama 11:32AM - 1:04PM
Rahu 4:07PM - 5:39PM

Revati Until 10:17PM
Vriddhi Until 2:01PM
Vanija Until 2:17AM Mon
Dvitiya Until 3:54PM

Ganesha: Purple *Sunrise:* 5:26AM
Muruga: Purple *Sunset:* 5:39PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga
Until 10:17PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 155

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 4.41 Tihi 18 - 19

526341363

Gulika 1:03PM - 2:35PM
Yama 10:00AM - 11:32AM
Rahu 6:58AM - 8:29AM

Ashvini Until 7:58PM
Dhruva Until 10:13AM
Bava Until 11:04PM
Tritiya Until 12:39PM

Ganesha: Purple *Sunrise:* 5:26AM
Muruga: Purple *Sunset:* 5:38PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Family Home Evening

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 156

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 19.3 Tihi 19 - 20

526341363

Gulika 11:32AM - 1:03PM
Yama 8:29AM - 10:00AM
Rahu 2:34PM - 4:05PM

Bharani Until 5:40PM
Vyaghata* Until 6:29AM
Kaulava Until 8:00PM
Chaturthi* Until 9:29AM

Ganesha: Purple *Sunrise:* 5:26AM
Muruga: Purple *Sunset:* 5:37PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 157

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 4.1 Tihi 20 - 21

526341363

Gulika 10:00AM - 11:31AM
Yama 6:58AM - 8:29AM
Rahu 11:31AM - 1:02PM

Krittika Until 3:30PM
Vajra* Until 11:38PM
Vanija Until 3:58AM Thu
Panchami Until 6:33AM

Ganesha: Purple *Sunrise:* 5:27AM
Muruga: Purple *Sunset:* 5:36PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 3:30PM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 158

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 18.35 Tihi 22

536341363

Gulika 8:29AM - 10:00AM
Yama 5:27AM - 6:58AM
Rahu 1:02PM - 2:33PM

Rohini Until 2:00PM
Siddhi Until 8:42PM
Visti Until 2:51PM
Saptami Until 1:49AM Fri

Ganesha: Clear *Sunrise:* 5:27AM
Muruga: Purple *Sunset:* 5:35PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

D

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 159

Durmukha 5118

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 2.41 Tihi 23

536341363

Gulika 6:58AM - 8:29AM
Yama 2:32PM - 4:03PM
Rahu 10:00AM - 11:31AM

Mrigashira Until 12:50PM
Vyatipata* Until 6:10PM
Balava Until 12:57PM
Ashtami* Until 12:11AM Sat

Ganesha: Clear *Sunrise:* 5:28AM
Muruga: Purple *Sunset:* 5:33PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 160

Durmukha 5118

Moon 9 - Phase 22

Navami

Mithuna Rasi: 16.29 Tihi 24

537341363

Gulika 5:28AM - 6:59AM
Yama 1:01PM - 2:31PM
Rahu 8:29AM - 10:00AM

Ardra Until 12:02PM
Variyan Until 4:02PM
Taitila Until 11:35AM
Navami* Until 11:05PM

Ganesha: White *Sunrise:* 5:28AM
Muruga: Purple *Sunset:* 5:32PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

1 Sunday, September 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
Mithuna Rasi: 29.58 Tihti 25		Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 161
547341363		Gulika 2:31PM – 4:01PM	Punarvasu Until 12:05PM	Ganesha: Yellow <i>Sunrise:</i> 5:29AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 11:30AM – 1:00PM	Parigha* Until 2:22PM	Muruga: Purple <i>Sunset:</i> 5:31PM	Moon 9 - Phase 23	
		Rahu 4:01PM – 5:31PM	Vanija Until 10:46AM	Nataraja: Purple	2nd Phase	
			Dashami Until 10:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2 Monday, September 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Manama, Bahrain
Kataka Rasi: 13.08 Tihti 26		Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 162
547341363		Gulika 1:00PM – 2:30PM	Pushya Until 12:31PM	Ganesha: Yellow <i>Sunrise:</i> 5:29AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 9:59AM – 11:30AM	Shiva Until 1:08PM	Muruga: Purple <i>Sunset:</i> 5:30PM	Moon 9 - Phase 23	
		Rahu 6:59AM – 8:29AM	Bava Until 10:30AM	Nataraja: Purple	2nd Phase	
			Ekadashi* Until 10:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Tuesday, September 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
Kataka Rasi: 26.02 Tihti 27		Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 163
647341363		Gulika 11:29AM – 12:59PM	Ashlesha* Until 1:18PM	Ganesha: White <i>Sunrise:</i> 5:29AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 8:29AM – 9:59AM	Siddha Until 12:17PM	Muruga: Purple <i>Sunset:</i> 5:29PM	Moon 9 - Phase 23	
		Rahu 2:29PM – 3:59PM	Kaulava Until 10:45AM	Nataraja: Purple	2nd Phase	
			Dvadashi* Until 11:03PM	Moon – Blue	Devaloka Day	
				Bhadrapada-Puratasi		

4 Wednesday, September 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam				Manama, Bahrain
Simha Rasi: 8.41 Tihti 28		Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 164
657341363		Gulika 9:59AM – 11:29AM	Magha* Until 2:52PM	Ganesha: Yellow <i>Sunrise:</i> 5:30AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 7:00AM – 8:29AM	Sadhya Until 11:50AM	Muruga: Purple <i>Sunset:</i> 5:28PM	Moon 9 - Phase 23	
Until 2:52PM		Rahu 11:29AM – 12:59PM	Gara Until 11:31AM	Nataraja: Purple	2nd Phase	
Then Creative Work - Amrita Yoga			Trayodashi* Until 12:02AM Thu	Moon – Red	Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

5 Thursday, September 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Manama, Bahrain
Simha Rasi: 21.09 Tihti 29		Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 165
657341363		Gulika 8:29AM – 9:59AM	Purvaphalguni Until 4:43PM	Ganesha: Yellow <i>Sunrise:</i> 5:30AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 5:30AM – 7:00AM	Subha Until 11:45AM	Muruga: Purple <i>Sunset:</i> 5:27PM	Moon 9 - Phase 23	
		Rahu 12:58PM – 2:28PM	Visti Until 12:43PM	Nataraja: Purple	2nd Phase	
			Chaturdashi* Until 1:27AM Fri	Moon – Red	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

Friday, September 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
Retreat Star		Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 166
Kanya Rasi: 3.26 Tihti 30						Durmukha 5118
658341363		Gulika 7:00AM – 8:29AM	Uttaraphalguni Until 6:47PM	Ganesha: Blue <i>Sunrise:</i> 5:31AM	Moon 9 - Phase 23	
Creative Work Siddha Yoga		Yama 2:27PM – 3:56PM	Sukla Until 11:56AM	Muruga: Purple <i>Sunset:</i> 5:26PM	Amavasya	
Until 6:47PM		Rahu 9:59AM – 11:28AM	Catuspada Until 2:19PM	Nataraja: Purple		
Then Creative Work - Amrita Yoga		Mahalaya Amavasai (Tamil Nadu)	Amavasya* Until 3:14AM Sat	Moon – Red	Bhuloka Day	
				Bhadrapada-Puratasi		

Saturday, October 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
Retreat Star		Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 167
Kanya Rasi: 15.34 Tihti 1						Durmukha 5118
668341363		Gulika 5:31AM – 7:00AM	Hasta Until 9:29PM	Ganesha: Blue <i>Sunrise:</i> 5:31AM	Moon 9 - Phase 23	
Routine Work Marana Yoga		Yama 12:57PM – 2:26PM	Brahma Until 12:23PM	Muruga: Purple <i>Sunset:</i> 5:25PM	Prathama	
		Rahu 8:30AM – 9:59AM	Kintughna Until 4:16PM	Nataraja: Purple		
		Navaratri Begins	Prathama* Until 5:20AM Sun	Moon – Green	Bhuloka Day	
				Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1 Sunday, October 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava Karana Dvitiyayam Titau				Manama, Bahrain Sun 15 Sutra 168 Durmukha 5118
Kanya Rasi: 27.34	Tithi 2	Gulika 2:26PM – 3:55PM	Chitra Until 12:16AM Mon	Ganesh: Blue <i>Sunrise:</i> 5:32AM		
		Yama 11:28AM – 12:57PM	Indra Until 1:05PM	Muruga: Purple <i>Sunset:</i> 5:24PM		Moon 9 - Phase 24
		668341363 Rahu 3:55PM – 5:24PM	Balava Until 6:29PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 7:39AM Mon	Moon – Green	Bhuloka Day	
Until 12:16AM Mon				Ashvina•Puratasi		
Then Creative Work - Amrita Yoga						

2 Monday, October 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 169 Durmukha 5118
Tula Rasi: 9.3	Tithi 2 – 3	Gulika 12:56PM – 2:25PM	Svati Until 3:02AM Tue	Ganesh: Blue <i>Sunrise:</i> 5:32AM		
Family Home Evening		Yama 9:58AM – 11:27AM	Vaidhriti* Until 1:54PM	Muruga: Purple <i>Sunset:</i> 5:23PM		Moon 9 - Phase 24
		668341363 Rahu 7:01AM – 8:30AM	Taitila Until 8:54PM	Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 7:39AM	Moon – Green	Bhuloka Day	
Until 3:02AM Tue				Ashvina•Puratasi		
Then Routine Work - Marana Yoga						

3 Tuesday, October 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Manama, Bahrain Sun 17 Sutra 170 Durmukha 5118
Tula Rasi: 21.22	Tithi 3 – 4	Gulika 11:27AM – 12:56PM	Vishakha Until 6:13AM Wed	Ganesh: Blue <i>Sunrise:</i> 5:32AM		
		Yama 8:30AM – 9:58AM	Vishkambha* Until 2:49PM	Muruga: Purple <i>Sunset:</i> 5:21PM		Moon 9 - Phase 24
		678341363 Rahu 2:24PM – 3:53PM	Vanija Until 11:24PM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Tritiya Until 10:07AM	Moon – Orange	Bhuloka Day	
Until 6:13AM Wed				Ashvina•Puratasi		
Then Creative Work - Siddha Yoga						

4 Wednesday, October 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 171 Durmukha 5118
Vrischika Rasi: 3.13	Tithi 4 – 5	Gulika 9:58AM – 11:27AM	Vishakha Until 6:13AM	Ganesh: Blue <i>Sunrise:</i> 5:33AM		
		Yama 7:01AM – 8:30AM	Priti Until 3:45PM	Muruga: Purple <i>Sunset:</i> 5:20PM		Moon 9 - Phase 24
		678341363 Rahu 11:27AM – 12:55PM	Bava Until 1:52AM Thu	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 12:37PM	Moon – Orange	Bhuloka Day	
				Ashvina•Puratasi		

5 Thursday, October 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Manama, Bahrain Sun 19 Sutra 172 Durmukha 5118
Vrischika Rasi: 15.05	Tithi 5 – 6	Gulika 8:30AM – 9:58AM	Anuradha Until 9:09AM	Ganesh: Blue <i>Sunrise:</i> 5:33AM		
		Yama 5:33AM – 7:02AM	Ayushman Until 4:34PM	Muruga: Purple <i>Sunset:</i> 5:19PM		Moon 9 - Phase 24
		678341363 Rahu 12:55PM – 2:23PM	Kaulava Until 4:10AM Fri	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Panchami Until 3:01PM	Moon – Orange	Bhuloka Day	
Until 9:09AM				Ashvina•Puratasi		
Then Routine Work - Prabalarishta Yoga						

6 Friday, October 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 173 Durmukha 5118
Vrischika Rasi: 27.02	Tithi 6 – 7	Gulika 7:02AM – 8:30AM	Jyeshtha* Until 11:43AM	Ganesh: Red <i>Sunrise:</i> 5:34AM		
		Yama 2:22PM – 3:50PM	Saubhagya Until 5:12PM	Muruga: Purple <i>Sunset:</i> 5:18PM		Moon 9 - Phase 24
		679341364 Rahu 9:58AM – 11:26AM	Gara Until 6:07AM Sat	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Shashthi* Until 5:10PM	Moon – Orange	Devaloka Day	
Until 11:43AM				Ashvina•Puratasi		
Then Creative Work - Amrita Yoga						

Saturday, October 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 21 Sutra 174 Durmukha 5118
Retreat Star		Gulika 5:34AM – 7:02AM	Mula* Until 2:14PM	Ganesh: Blue <i>Sunrise:</i> 5:34AM		
Dhanus Rasi: 9.08	Tithi 7	Yama 12:54PM – 2:22PM	Sobhana Until 5:31PM	Muruga: Purple <i>Sunset:</i> 5:17PM		Moon 9 - Phase 24
		689341364 Rahu 8:30AM – 9:58AM	Gara Until 6:07AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 6:54PM	Moon – Light Blue	Sivaloka Day	
				Ashvina•Puratasi		

Sunday, October 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Manama, Bahrain Sun 22 Sutra 175 Durmukha 5118
Retreat Star		Gulika 2:21PM – 3:49PM	Purvashadha* Until 4:03PM	Ganesh: Blue <i>Sunrise:</i> 5:35AM		
Dhanus Rasi: 21.26	Tithi 8	Yama 11:26AM – 12:53PM	Athiganda* Until 5:22PM	Muruga: Purple <i>Sunset:</i> 5:16PM		Moon 9 - Phase 24
		689341364 Rahu 3:49PM – 5:16PM	Visti Until 7:34AM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 8:02PM	Moon – Light Blue	Sivaloka Day	
Until 4:03PM				Ashvina•Puratasi		
Then Creative Work - Amrita Yoga						

Monday, October 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 23 Sutra 176 Durmukha 5118
Retreat Star		Gulika 12:53PM – 2:20PM	Uttarashadha Until 5:01PM	Ganesh: Blue <i>Sunrise:</i> 5:35AM		
Makara Rasi: 4.01	Tithi 9	Yama 9:58AM – 11:25AM	Sukarma Until 4:40PM	Muruga: Clear <i>Sunset:</i> 5:15PM		Moon 9 - Phase 24
Family Home Evening		689351364 Rahu 7:03AM – 8:30AM	Balava Until 8:21AM	Nataraja: Clear		Navami
Routine Work Marana Yoga			Navami* Until 8:26PM	Moon – Light Blue	Subha Sivaloka Day	
Until 5:01PM				Ashvina•Puratasi		
Then Creative Work - Amrita Yoga						

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

1 Tuesday, October 11, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24 Sutra 177		Dur mukha 5118		
Makara Rasi: 16.58	Tithi 10	Gulika 11:25AM – 12:52PM	Shravana Until 5:30PM	Ganesha: Yellow	<i>Sunrise:</i> 5:36AM	
		Yama 8:30AM – 9:58AM	Dhriti Until 3:22PM	Muruga: Clear	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 25
	699351364	Rahu 2:20PM – 3:47PM	Tailila Until 8:21AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:01PM	Moon – Purple		Sivaloka Day
				Ashvina•Puratasi		

2 Wednesday, October 12, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25 Sutra 178		Dur mukha 5118		
Kumbha Rasi: 0.2	Tithi 11	Gulika 9:58AM – 11:25AM	Dhanishtha Until 5:02PM	Ganesha: Yellow	<i>Sunrise:</i> 5:36AM	
		Yama 7:03AM – 8:31AM	Shula* Until 1:22PM	Muruga: Clear	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 25
	699351364	Rahu 11:25AM – 12:52PM	Vanija Until 7:31AM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 6:46PM	Moon – Purple		Sivaloka Day
Until 5:02PM				Ashvina•Puratasi		
Then Creative Work - Siddha Yoga						

3 Thursday, October 13, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Mridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 179		Dur mukha 5118		
Kumbha Rasi: 14.12	Tithi 12 – 13	Gulika 8:31AM – 9:58AM	Shatabhishak Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	
		Yama 5:37AM – 7:04AM	Ganda* Until 10:45AM	Muruga: Clear	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
	699351364	Rahu 12:51PM – 2:18PM	Kaulava Until 3:32AM Fri	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 4:46PM	Moon – Purple		Sivaloka Day
		Kadaitswami Mahasamadhi	<i>Pradosha Vrata</i>	Ashvina•Puratasi		

4 Friday, October 14, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
Purvaproshtapada*/Uttarproshthapada Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 180		Dur mukha 5118		
Kumbha Rasi: 28.31	Tithi 13 – 14	Gulika 7:04AM – 8:31AM	Purvaproshtapada* Until 1:54PM	Ganesha: White	<i>Sunrise:</i> 5:37AM	
		Yama 2:18PM – 3:45PM	Vriddhi Until 7:36AM	Muruga: Clear	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 25
	611451364	Rahu 9:58AM – 11:24AM	Gara Until 12:36AM Sat	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:07PM	Moon – Clear		Devaloka Day
		Chidambaram Abhishekam		Ashvina•Puratasi		

○ Saturday, October 15, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam				Manama, Bahrain
Copper Retreat Star		Uttarproshthapada/Revati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 181		
Meena Rasi: 13.14	Tithi 14 – 15	Gulika 5:38AM – 7:04AM	Uttarproshthapada Until 11:30AM	Ganesha: White	<i>Sunrise:</i> 5:38AM	
		Yama 12:51PM – 2:17PM	Vyaghata* Until 11:59PM	Muruga: Clear	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 25
	611451364	Rahu 8:31AM – 9:58AM	Visti Until 9:14PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 10:56AM	Moon – Clear		Devaloka Day
Until 11:30AM				Ashvina•Puratasi		
Then Routine Work - Prabalarishta Yoga						

Sunday, October 16, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
Silver Retreat Star		Revati/Ashvini Nakshatra Harshana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29 Sutra 182		
Meena Rasi: 28.16	Tithi 15 – 16	Gulika 2:17PM – 3:43PM	Revati Until 8:37AM	Ganesha: White	<i>Sunrise:</i> 5:38AM	
		Yama 11:24AM – 12:50PM	Harshana Until 7:49PM	Muruga: Clear	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 25
	611451364	Rahu 3:43PM – 5:09PM	Kaulava Until 3:42AM Mon	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Purnima* Until 7:25AM	Moon – Clear		Devaloka Day
Until 8:37AM				Ashvina•Puratasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain

Sutra 183

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 13.26 Tihi 17

Family Home Evening

Creative Work Siddha Yoga

621451364

Gulika 12:50PM – 2:16PM
Yama 9:57AM – 11:24AM
Rahu 7:05AM – 8:31AM

Bharani Until 2:52AM Tue
Vajra* Until 3:33PM
Taitila Until 1:51PM
Dvitiya Until 11:59PM

Ganesha: Clear *Sunrise:* 5:39AM
Muruga: Clear *Sunset:* 5:08PM
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sivaloka Day

Tuesday, October 18, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 184

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 28.38 Tihi 18

Creative Work Siddha Yoga

Until 11:58PM

Then Creative Work - Amrita Yoga

621451364

Gulika 11:23AM – 12:49PM
Yama 8:31AM – 9:57AM
Rahu 2:16PM – 3:42PM

Krittika Until 11:58PM
Siddhi Until 11:22AM
Vanija Until 10:11AM
Tritiya Until 8:24PM

Ganesha: Clear *Sunrise:* 5:39AM
Muruga: Clear *Sunset:* 5:08PM
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sivaloka Day

Wednesday, October 19, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 2 Sutra 185

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 13.39 Tihi 19 – 20

Creative Work Siddha Yoga

631451364

Gulika 9:57AM – 11:23AM
Yama 7:06AM – 8:32AM
Rahu 11:23AM – 12:49PM

Rohini Until 9:41PM
Vyatipata* Until 7:24AM
Bava Until 6:44AM
Chaturthi* Until 5:08PM

Ganesha: Purple *Sunrise:* 5:40AM
Muruga: Clear *Sunset:* 5:07PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Thursday, October 20, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 3 Sutra 186

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 28.23 Tihi 20 – 21

Routine Work Marana Yoga

631451364

Gulika 8:32AM – 9:57AM
Yama 5:41AM – 7:06AM
Rahu 12:49PM – 2:14PM

Mrigashira Until 7:46PM
Parigha* Until 12:31AM Fri
Gara Until 1:11AM Fri
Panchami Until 2:21PM

Ganesha: Purple *Sunrise:* 5:41AM
Muruga: Clear *Sunset:* 5:06PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Friday, October 21, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 4 Sutra 187

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 12.43 Tihi 21 – 22

Creative Work Siddha Yoga

631451364

Gulika 7:07AM – 8:32AM
Yama 2:14PM – 3:39PM
Rahu 9:57AM – 11:23AM

Ardra Until 6:19PM
Shiva Until 9:51PM
Visti Until 11:19PM
Shashthi* Until 12:09PM

Ganesha: Purple *Sunrise:* 5:41AM
Muruga: Clear *Sunset:* 5:05PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Saturday, October 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 5 Sutra 188

Durmukha 5118

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 26.37 Tihi 22 – 23

Creative Work Siddha Yoga

641451364

Gulika 5:42AM – 7:07AM
Yama 12:48PM – 2:13PM
Rahu 8:32AM – 9:58AM

Punarvasu Until 5:53PM
Siddha Until 7:44PM
Balava Until 10:12PM
Saptami Until 10:39AM

Ganesha: Clear *Sunrise:* 5:42AM
Muruga: Clear *Sunset:* 5:04PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 6 Sutra 189

Durmukha 5118

Moon 10 - Phase 26

Navami

Kataka Rasi: 10.04 Tihi 23 – 24

Creative Work Siddha Yoga

641451364

Gulika 2:13PM – 3:38PM
Yama 11:23AM – 12:48PM
Rahu 3:38PM – 5:03PM

Pushya Until 6:03PM
Sadhya Until 6:14PM
Taitila Until 9:51PM
Ashtami* Until 9:55AM

Ganesha: Clear *Sunrise:* 5:42AM
Muruga: Clear *Sunset:* 5:03PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Monday, October 24, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
		Ashlesha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau						Sun 7 Sutra 190	
Kataka Rasi: 23.06		Tihti 24 – 25		Gulika	12:48PM – 2:12PM	Ashlesha* Until 6:47PM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Durmukha 5118
Family Home Evening		641451364		Yama	9:58AM – 11:23AM	Subha Until 5:20PM	Muruga: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 27
Creative Work		Siddha Yoga		Rahu	7:08AM – 8:33AM	Vanija Until 10:14PM	Nataraja: Clear		2nd Phase
Until 6:47PM						Navami* Until 9:56AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga							Ashvina-Aipasi		

2		Tuesday, October 25, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
		Magha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau						Sun 8 Sutra 191	
Simha Rasi: 5.48		Tihti 25 – 26		Gulika	11:22AM – 12:47PM	Magha* Until 8:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Durmukha 5118
Creative Work		Siddha Yoga		Yama	8:33AM – 9:58AM	Sukla Until 4:55PM	Muruga: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 27
		652451364		Rahu	2:12PM – 3:37PM	Bava Until 11:17PM	Nataraja: Clear		2nd Phase
						Dashami Until 10:40AM	Moon – Red		Sivaloka Day
							Ashvina-Aipasi		

3		Wednesday, October 26, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
		Purvaphalguni Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau						Sun 9 Sutra 192	
Simha Rasi: 18.13		Tihti 26 – 27		Gulika	9:58AM – 11:22AM	Purvaphalguni Until 10:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	Durmukha 5118
Creative Work		Amrita Yoga		Yama	7:09AM – 8:33AM	Brahma Until 4:57PM	Muruga: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 27
		652451364		Rahu	11:22AM – 12:47PM	Kaulava Until 12:51AM Thu	Nataraja: Clear		2nd Phase
						Ekadashi* Until 11:59AM	Moon – Red		Sivaloka Day
							Ashvina-Aipasi		

4		Thursday, October 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
		Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau						Sun 10 Sutra 193	
Kanya Rasi: 0.26		Tihti 27 – 28		Gulika	8:33AM – 9:58AM	Uttaraphalguni Until 12:49AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Durmukha 5118
Amrita Yoga		652451364		Yama	5:45AM – 7:09AM	Indra Until 5:20PM	Muruga: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 27
				Rahu	12:47PM – 2:11PM	Gara Until 2:49AM Fri	Nataraja: Clear		2nd Phase
						Dvadashi* Until 1:47PM	Moon – Red		Sivaloka Day
							Ashvina-Aipasi		
							<i>Pradosha Vrata (Fasting)</i>		

5		Friday, October 28, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
		Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau						Sun 11 Sutra 194	
Kanya Rasi: 12.3		Tihti 28 – 29		Gulika	7:09AM – 8:34AM	Hasta Until 3:42AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:45AM	Durmukha 5118
Creative Work		Amrita Yoga		Yama	2:11PM – 3:35PM	Vaidhriti* Until 5:55PM	Muruga: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 27
Until 3:42AM Sat		662451364		Rahu	9:58AM – 11:22AM	Visti Until 5:04AM Sat	Nataraja: Clear		2nd Phase
Then Routine Work - Marana Yoga						Trayodashi* Until 3:54PM	Moon – Green		Sivaloka Day
							Ashvina-Aipasi		
							Deepavali Hindu Solidarity Day		

6		Saturday, October 29, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
		Chitra Nakshatra Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau						Sun 12 Sutra 195	
Kanya Rasi: 24.28		Tihti 29		Gulika	5:46AM – 7:10AM	Chitra Until 6:34AM Sun	Ganesha: Orange	<i>Sunrise:</i> 5:46AM	Durmukha 5118
Routine Work		Marana Yoga		Yama	12:46PM – 2:10PM	Vishkambha* Until 6:40PM	Muruga: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 27
Until 6:34AM Sun		662451364		Rahu	8:34AM – 9:58AM	Sakuni Until 6:14PM	Nataraja: Clear		2nd Phase
Then Creative Work - Siddha Yoga						Chaturdashi* Until 6:14PM	Moon – Green		Sivaloka Day
							Ashvina-Aipasi		
							Subramuniyaswami Mahasamadhi		

●		Sunday, October 30, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
		Retreat Star				Chitra/Svati Nakshatra Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 196	
Tula Rasi: 6.22		Tihti 30		Gulika	2:10PM – 3:34PM	Chitra Until 6:34AM	Ganesha: Orange	<i>Sunrise:</i> 5:46AM	Durmukha 5118
Creative Work		Siddha Yoga		Yama	11:22AM – 12:46PM	Priti Until 7:31PM	Muruga: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 27
		662451364		Rahu	3:34PM – 4:58PM	Catuspada Until 7:28AM	Nataraja: Clear		Amavasya
						Amavasya* Until 8:41PM	Moon – Green		Sivaloka Day
							Ashvina-Aipasi		

Monday, October 31, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
						Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 197	
Tula Rasi: 18.15		Tihti 1		Gulika	12:46PM – 2:10PM	Svati Until 9:21AM	Ganesha: Orange	<i>Sunrise:</i> 5:47AM	Durmukha 5118
Family Home Evening		662451364		Yama	9:58AM – 11:22AM	Ayushman Until 8:22PM	Muruga: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 27
Creative Work		Amrita Yoga		Rahu	7:11AM – 8:35AM	Kintughna Until 9:58AM	Nataraja: Clear		Prathama
Until 9:21AM						Prathama* Until 11:12PM	Moon – Green		Sivaloka Day
Then Routine Work - Marana Yoga							Kartika-Aipasi		
							Skanda Shasthi Begins		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, November 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Manama, Bahrain Sun 15 Sutra 198 Durmukha 5118
Vrischika Rasi: 0.07	Tithi 2	Gulika 11:22AM – 12:46PM	Vishakha Until 12:29PM	Ganesh: Clear <i>Sunrise:</i> 5:48AM	
		Yama 8:35AM – 9:58AM	Saubhagya Until 9:14PM	Muruga: Clear <i>Sunset:</i> 4:56PM	Moon 10 - Phase 28
		672451364 Rahu 2:09PM – 3:33PM	Balava Until 12:28PM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 1:41AM Wed	Moon – Orange	Sivaloka Day
Until 12:29PM				Karttika•Aipasi	
Then Creative Work - Siddha Yoga					

2		Wednesday, November 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau	Manama, Bahrain Sun 16 Sutra 199 Durmukha 5118
Vrischika Rasi: 11.59	Tithi 3	Gulika 9:59AM – 11:22AM	Anuradha Until 3:25PM	Ganesh: Clear <i>Sunrise:</i> 5:48AM	
		Yama 7:12AM – 8:35AM	Sobhana Until 10:03PM	Muruga: Clear <i>Sunset:</i> 4:56PM	Moon 10 - Phase 28
		672451364 Rahu 11:22AM – 12:45PM	Tailila Until 2:56PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 4:06AM Thu	Moon – Orange	Sivaloka Day
				Karttika•Aipasi	

3		Thursday, November 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau	Manama, Bahrain Sun 17 Sutra 200 Durmukha 5118
Vrischika Rasi: 23.54	Tithi 4	Gulika 8:36AM – 9:59AM	Jyeshtha* Until 6:03PM	Ganesh: Clear <i>Sunrise:</i> 5:49AM	
		Yama 5:49AM – 7:12AM	Athiganda* Until 10:44PM	Muruga: Clear <i>Sunset:</i> 4:55PM	Moon 10 - Phase 28
		672451364 Rahu 12:45PM – 2:09PM	Vanija Until 5:16PM	Nataraja: Clear	3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 6:20AM Fri	Moon – Orange	Sivaloka Day
Until 6:03PM				Karttika•Aipasi	
Then Creative Work - Siddha Yoga					

4		Friday, November 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Manama, Bahrain Sun 18 Sutra 201 Durmukha 5118
Dhanus Rasi: 5.53	Tithi 4 – 5	Gulika 7:13AM – 8:36AM	Mula* Until 8:48PM	Ganesh: Purple <i>Sunrise:</i> 5:50AM	
		Yama 2:08PM – 3:31PM	Sukarma Until 11:15PM	Muruga: Clear <i>Sunset:</i> 4:54PM	Moon 10 - Phase 28
		682451364 Rahu 9:59AM – 11:22AM	Bava Until 7:22PM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 6:20AM	Moon – Light Blue	Subha Sivaloka Day
Until 8:48PM				Karttika•Aipasi	
Then Routine Work - Prabalarishta Yoga					

5		Saturday, November 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Manama, Bahrain Sun 19 Sutra 202 Durmukha 5118
Dhanus Rasi: 17.59	Tithi 5 – 6	Gulika 5:50AM – 7:13AM	Purvashadha* Until 11:02PM	Ganesh: Purple <i>Sunrise:</i> 5:50AM	
		Yama 12:45PM – 2:08PM	Dhriti Until 11:29PM	Muruga: Clear <i>Sunset:</i> 4:54PM	Moon 10 - Phase 28
		682451364 Rahu 8:36AM – 9:59AM	Kaulava Until 9:07PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:17AM	Moon – Light Blue	Subha Sivaloka Day
Until 11:02PM		Skanda Shasthi		Karttika•Aipasi	
Then Routine Work - Marana Yoga					

6		Sunday, November 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Manama, Bahrain Sun 20 Sutra 203 Durmukha 5118
Makara Rasi: 0.14	Tithi 6 – 7	Gulika 2:08PM – 3:30PM	Uttarashadha Until 12:36AM Mon	Ganesh: Clear <i>Sunrise:</i> 5:51AM	
		Yama 11:22AM – 12:45PM	Shula* Until 11:17PM	Muruga: Clear <i>Sunset:</i> 4:53PM	Moon 10 - Phase 28
		782451364 Rahu 3:30PM – 4:53PM	Gara Until 10:22PM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 9:48AM	Moon – Light Blue	Sivaloka Day
				Karttika•Aipasi	

Retreat Star		Monday, November 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Manama, Bahrain Sun 21 Sutra 204 Durmukha 5118
Makara Rasi: 12.45	Tithi 7 – 8	Gulika 12:45PM – 2:07PM	Shravana Until 1:50AM Tue	Ganesh: Clear <i>Sunrise:</i> 5:52AM	
Family Home Evening		Yama 10:00AM – 11:22AM	Ganda* Until 10:35PM	Muruga: Clear <i>Sunset:</i> 4:53PM	Moon 10 - Phase 28
		793451364 Rahu 7:14AM – 8:37AM	Visti Until 10:56PM	Nataraja: Clear	Ashtami
Creative Work	Amrita Yoga		Saptami Until 10:43AM	Moon – Purple	Sivaloka Day
Until 1:50AM Tue				Karttika•Aipasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Tuesday, November 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Manama, Bahrain Sun 22 Sutra 205 Durmukha 5118
Makara Rasi: 25.35	Tithi 8 – 9	Gulika 11:22AM – 12:45PM	Dhanishtha Until 2:08AM Wed	Ganesh: Purple <i>Sunrise:</i> 5:52AM	
		Yama 8:37AM – 10:00AM	Vriddhi Until 9:18PM	Muruga: Clear <i>Sunset:</i> 4:52PM	Moon 10 - Phase 28
		793551364 Rahu 2:07PM – 3:30PM	Balava Until 10:44PM	Nataraja: Clear	Navami
Creative Work	Siddha Yoga		Ashtami* Until 10:55AM	Moon – Purple	Subha Sivaloka Day
				Karttika•Aipasi	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
	Kumbha Rasi: 8.49 Tithi 9 – 10		Shatabhishak Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 206
			Gulika 10:00AM – 11:22AM	Shatabhishak Until 1:30AM Thu	Ganesha: Purple <i>Sunrise: 5:53AM</i>		Durmukha 5118
			Yama 7:15AM – 8:38AM	Dhruva Until 7:21PM	Muruga: Clear <i>Sunset: 4:52PM</i>		Moon 10 - Phase 29
		793551364 Rahu 11:22AM – 12:45PM	Taitila Until 9:42PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 10:18AM	Moon – Purple		Subha Sivaloka Day	
				Karttika•Aipasi			

2	Thursday, November 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
	Kumbha Rasi: 22.3 Tithi 10 – 11		Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 207
			Gulika 8:38AM – 10:00AM	Purvaproshtapada* Until 12:23AM Fri	Ganesha: Blue <i>Sunrise: 5:54AM</i>		Durmukha 5118
			Yama 5:54AM – 7:16AM	Vyaghata* Until 4:46PM	Muruga: Clear <i>Sunset: 4:51PM</i>		Moon 10 - Phase 29
		713551364 Rahu 12:45PM – 2:07PM	Vanija Until 7:53PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 8:52AM	Moon – Clear		Subha Sivaloka Day	
				Karttika•Aipasi			

3	Friday, November 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
	Meena Rasi: 6.41 Tithi 11 – 12		Uttaraproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 208
			Gulika 7:17AM – 8:39AM	Uttaraproshtapada Until 10:26PM	Ganesha: Blue <i>Sunrise: 5:55AM</i>		Durmukha 5118
			Yama 2:07PM – 3:29PM	Harshana Until 1:37PM	Muruga: Clear <i>Sunset: 4:51PM</i>		Moon 10 - Phase 29
		713551364 Rahu 10:01AM – 11:23AM	Balava Until 3:50AM Sat	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:41AM	Moon – Clear		Subha Sivaloka Day	
				Karttika•Aipasi			

4	Saturday, November 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
	Meena Rasi: 21.19 Tithi 13		Revati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 209
			Gulika 5:55AM – 7:17AM	Revati Until 7:48PM	Ganesha: Blue <i>Sunrise: 5:55AM</i>		Durmukha 5118
			Yama 12:45PM – 2:06PM	Vajra* Until 9:56AM	Muruga: Clear <i>Sunset: 4:50PM</i>		Moon 10 - Phase 29
		713551364 Rahu 8:39AM – 10:01AM	Kaulava Until 2:14PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga		Trayodashi Until 12:29AM Sun	Moon – Clear		Subha Sivaloka Day	
Until 7:48PM			<i>Pradosha Vrata</i>	Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

5	Sunday, November 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
	Mesha Rasi: 6.19 Tithi 14		Ashvini/Bharani Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 210
			Gulika 2:06PM – 3:28PM	Ashvini Until 5:03PM	Ganesha: Yellow <i>Sunrise: 5:56AM</i>		Durmukha 5118
			Yama 11:23AM – 12:45PM	Vyatipata* Until 1:36AM Mon	Muruga: Clear <i>Sunset: 4:50PM</i>		Moon 10 - Phase 29
		723551364 Rahu 3:28PM – 4:50PM	Gara Until 10:41AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:47PM	Moon – White		Sivaloka Day	
Until 5:03PM				Karttika•Aipasi			
Then Routine Work - Prabalarishta Yoga							

	Monday, November 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam				Manama, Bahrain
	Copper Retreat Star		Bharani/Krittika Nakshatra Variyan Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Sutra 211
	Mesha Rasi: 21.34 Tithi 15 – 16						Durmukha 5118
	Family Home Evening		Gulika 12:45PM – 2:06PM	Bharani Until 1:57PM	Ganesha: Yellow <i>Sunrise: 5:57AM</i>		Moon 10 - Phase 29
		Yama 10:01AM – 11:23AM	Variyan Until 9:10PM	Muruga: Clear <i>Sunset: 4:49PM</i>		Purnima	
		723551364 Rahu 7:18AM – 8:40AM	Visti Until 6:52AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima* Until 4:54PM	Moon – White		Sivaloka Day	
Until 1:57PM				Karttika•Aipasi			
Then Routine Work - Marana Yoga							

○	Tuesday, November 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
	Silver Retreat Star		Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sutra 212
	Vrishabha Rasi: 6.54 Tithi 16 – 17						Durmukha 5118
	Family Home Evening		Gulika 11:23AM – 12:45PM	Krittika Until 10:42AM	Ganesha: Yellow <i>Sunrise: 5:57AM</i>		Moon 10 - Phase 29
		Yama 8:40AM – 10:02AM	Parigha* Until 4:47PM	Muruga: Clear <i>Sunset: 4:49PM</i>		Prathama	
		723551364 Rahu 2:06PM – 3:28PM	Taitila Until 11:10PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 1:02PM	Moon – White		Sivaloka Day	
Until 10:42AM				Karttika•Aipasi			
Then Creative Work - Amrita Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrshabha Rasi: 22.08 Tihi 17 - 18

Gulika 10:02AM - 11:23AM

Yama 7:19AM - 8:41AM

733551365 Rahu 11:23AM - 12:45PM

Rohini Until 7:53AM

Shiva Until 12:36PM

Vanija Until 7:38PM

Dvitiya Until 9:20AM

Ganesha: White Sunrise: 5:58AM

Muruga: Clear Sunset: 4:49PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 17, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Siddha/Sadhya Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 7.06 Tihi 18 - 19

Gulika 8:41AM - 10:02AM

Yama 5:59AM - 7:20AM

733551365 Rahu 12:45PM - 2:06PM

Ardra Until 3:03AM Fri

Siddha Until 8:42AM

Balava Until 3:12AM Fri

Tritiya Until 6:00AM

Ganesha: White Sunrise: 5:59AM

Muruga: Clear Sunset: 4:48PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga

Until 3:03AM Fri

Then Creative Work - Siddha Yoga

Friday, November 18, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Subha Yoga Gara/Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 21.4 Tihi 20

Gulika 7:21AM - 8:42AM

Yama 2:06PM - 3:27PM

743551365 Rahu 10:03AM - 11:24AM

Punarvasu Until 1:47AM Sat

Subha Until 2:25AM Sat

Kaulava Until 2:04PM

Panchami Until 1:05AM Sat

Ganesha: Clear Sunrise: 6:00AM

Muruga: Clear Sunset: 4:48PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Saturday, November 19, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 5.46 Tihi 21

Gulika 6:00AM - 7:21AM

Yama 12:45PM - 2:06PM

743551365 Rahu 8:42AM - 10:03AM

Pushya Until 1:11AM Sun

Sukla Until 12:11AM Sun

Gara Until 12:20PM

Shashthi* Until 11:47PM

Ganesha: Clear Sunrise: 6:00AM

Muruga: Clear Sunset: 4:48PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Sunday, November 20, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Brahma Yoga Visti/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 19.2 Tihi 22

Gulika 2:06PM - 3:27PM

Yama 11:24AM - 12:45PM

743551365 Rahu 3:27PM - 4:47PM

Ashlesha* Until 1:17AM Mon

Brahma Until 10:40PM

Visti Until 11:28AM

Saptami Until 11:21PM

Ganesha: Clear Sunrise: 6:01AM

Muruga: Clear Sunset: 4:47PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 1:17AM Mon

Then Routine Work - Marana Yoga

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Simha Rasi: 2.26 Tihi 23

Gulika 12:45PM - 2:06PM

Yama 10:04AM - 11:25AM

754551365 Rahu 7:22AM - 8:43AM

Magha* Until 2:33AM Tue

Indra Until 9:50PM

Balava Until 11:30AM

Ashtami* Until 11:49PM

Ganesha: Clear Sunrise: 6:02AM

Muruga: Clear Sunset: 4:47PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Devaloka Day

Routine Work Marana Yoga

Until 2:33AM Tue

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 219

Durmukha 5118

Moon 11 - Phase 30

Navami

Simha Rasi: 15.07 Tihi 24

Gulika 11:25AM - 12:45PM

Yama 8:44AM - 10:04AM

754551365 Rahu 2:06PM - 3:26PM

Purvaphalguni Until 4:24AM Wed

Vaidhriti* Until 9:35PM

Taitila Until 12:22PM

Navami* Until 1:04AM Wed

Ganesha: Clear Sunrise: 6:03AM

Muruga: Clear Sunset: 4:47PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 4:24AM Wed

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1	Wednesday, November 23, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yukhtayam Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Manama, Bahrain Sun 8 Sutra 220
	Simha Rasi: 27.28	Tithi 25	Gulika 10:05AM – 11:25AM	Uttaraphalguni Until 6:39AM Thu	Ganesh: Clear <i>Sunrise: 6:03AM</i>		Durmukha 5118
			Yama 7:24AM – 8:44AM	Vishkambha* Until 9:51PM	Muruga: Clear <i>Sunset: 4:47PM</i>		Moon 11 - Phase 31
		754551365 Rahu 11:25AM – 12:46PM	Vanija Until 1:57PM	Nataraja: White		2nd Phase	
Creative Work Amrita Yoga			Dashami Until 2:56AM Thu	Moon – Red		Devaloka Day	
Until 6:39AM Thu				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

2	Thursday, November 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau				Manama, Bahrain Sun 9 Sutra 221
	Kanya Rasi: 9.35	Tithi 26	Gulika 8:45AM – 10:05AM	Uttaraphalguni Until 6:39AM	Ganesh: Clear <i>Sunrise: 6:04AM</i>		Durmukha 5118
			Yama 6:04AM – 7:24AM	Priti Until 10:28PM	Muruga: Clear <i>Sunset: 4:47PM</i>		Moon 11 - Phase 31
		754551365 Rahu 12:46PM – 2:06PM	Bava Until 4:04PM	Nataraja: White		2nd Phase	
Routine Work Marana Yoga			Ekadashi* Until 5:14AM Fri	Moon – Red		Devaloka Day	
				Karttika-Karttikai			

3	Friday, November 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yukhtayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava Karana Dvadashyam Titau				Manama, Bahrain Sun 10 Sutra 222
	Kanya Rasi: 21.32	Tithi 27	Gulika 7:25AM – 8:45AM	Hasta Until 9:36AM	Ganesh: Purple <i>Sunrise: 6:05AM</i>		Durmukha 5118
			Yama 2:06PM – 3:26PM	Ayushman Until 11:15PM	Muruga: Clear <i>Sunset: 4:47PM</i>		Moon 11 - Phase 31
		754551365 Rahu 10:05AM – 11:26AM	Kaulava Until 6:29PM	Nataraja: White		2nd Phase	
Creative Work Amrita Yoga			Dvadashi* Until 7:45AM Sat	Moon – Green		Bhuloka Day	
Until 9:36AM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

4	Saturday, November 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mantra Vasara Yukhtayam Chitra/Svati Nakshatra Saubhagya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 11 Sutra 223
	Tula Rasi: 3.25	Tithi 27 – 28	Gulika 6:06AM – 7:26AM	Chitra Until 12:35PM	Ganesh: Purple <i>Sunrise: 6:06AM</i>		Durmukha 5118
			Yama 12:46PM – 2:06PM	Saubhagya Until 12:08AM Sun	Muruga: Clear <i>Sunset: 4:47PM</i>		Moon 11 - Phase 31
		754551365 Rahu 8:46AM – 10:06AM	Gara Until 9:03PM	Nataraja: White		2nd Phase	
Routine Work Marana Yoga			Dvadashi* Until 7:45AM	Moon – Green		Bhuloka Day	
Until 12:35PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, November 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yukhtayam Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 12 Sutra 224
	Tula Rasi: 15.15	Tithi 28 – 29	Gulika 2:06PM – 3:26PM	Svati Until 3:25PM	Ganesh: Purple <i>Sunrise: 6:06AM</i>		Durmukha 5118
			Yama 11:26AM – 12:46PM	Sobhana Until 1:01AM Mon	Muruga: Clear <i>Sunset: 4:46PM</i>		Moon 11 - Phase 31
		754551365 Rahu 3:26PM – 4:46PM	Visti Until 11:38PM	Nataraja: White		2nd Phase	
Creative Work Siddha Yoga			Trayodashi* Until 10:20AM	Moon – Green		Bhuloka Day	
Until 3:25PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

	Monday, November 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yukhtayam Vishakha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain Sun 13 Sutra 225
	Retreat Star		Gulika 12:47PM – 2:07PM	Vishakha Until 6:33PM	Ganesh: Light Blue <i>Sunrise: 6:07AM</i>		Durmukha 5118
	Tula Rasi: 27.07	Tithi 29 – 30	Yama 10:07AM – 11:27AM	Athiganda* Until 1:49AM Tue	Muruga: Clear <i>Sunset: 4:46PM</i>		Moon 11 - Phase 31
Family Home Evening		774551365 Rahu 7:27AM – 8:47AM	Catuspada Until 2:07AM Tue	Nataraja: White		Amavasya	
Routine Work Marana Yoga			Chaturdashi* Until 12:52PM	Moon – Orange		Bhuloka Day	
Until 6:33PM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, November 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yukhtayam Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 14 Sutra 226
	Vrischika Rasi: 9.01	Tithi 30 – 1	Gulika 11:27AM – 12:47PM	Anuradha Until 9:22PM	Ganesh: Light Blue <i>Sunrise: 6:08AM</i>		Durmukha 5118
			Yama 8:47AM – 10:07AM	Sukarma Until 2:31AM Wed	Muruga: Clear <i>Sunset: 4:46PM</i>		Moon 11 - Phase 31
		774551365 Rahu 2:07PM – 3:27PM	Kintughna Until 4:27AM Wed	Nataraja: White		Prathama	
Creative Work Siddha Yoga			Amavasya* Until 3:17PM	Moon – Orange		Bhuloka Day	
Until 9:22PM				Margasira-Karttikai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Wednesday, November 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
	Vrischika Rasi: 20.58 Tithi 1 – 2		Jyeshtha* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 227
	784551365		Gulika 10:08AM – 11:27AM Yama 7:28AM – 8:48AM Rahu 11:27AM – 12:47PM	Jyeshtha* Until 11:52PM Dhriti Until 3:06AM Thu Balava Until 6:37AM Thu Prathama* Until 5:33PM	Ganesh: Light Blue <i>Sunrise:</i> 6:08AM Muruga: Clear <i>Sunset:</i> 4:46PM Nataraja: White Moon – Orange	Margasira-Karttikai	Durmukha 5118 Moon 11 - Phase 32 3rd Phase

Creative Work Siddha Yoga
Until 11:52PM
Then Routine Work - Marana Yoga

2	Thursday, December 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
	Dhanus Rasi: 2.59 Tithi 2		Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 228
	784551365		Gulika 8:48AM – 10:08AM Yama 6:09AM – 7:29AM Rahu 12:47PM – 2:07PM	Mula* Until 2:30AM Fri Shula* Until 3:29AM Fri Balava Until 6:37AM Dvitiya Until 7:36PM	Ganesh: Purple <i>Sunrise:</i> 6:09AM Muruga: Clear <i>Sunset:</i> 4:46PM Nataraja: White Moon – Light Blue	Margasira-Karttikai	Durmukha 5118 Moon 11 - Phase 32 3rd Phase

Creative Work Siddha Yoga
Until 2:30AM Fri
Then Routine Work - Prabalarishta Yoga

3	Friday, December 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
	Dhanus Rasi: 15.05 Tithi 3		Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 229
	784551365		Gulika 7:29AM – 8:49AM Yama 2:07PM – 3:27PM Rahu 10:09AM – 11:28AM	Purvashadha* Until 4:43AM Sat Ganda* Until 3:41AM Sat Taitila Until 8:34AM Tritiya Until 9:24PM	Ganesh: Purple <i>Sunrise:</i> 6:10AM Muruga: Clear <i>Sunset:</i> 4:46PM Nataraja: White Moon – Light Blue	Margasira-Karttikai	Durmukha 5118 Moon 11 - Phase 32 3rd Phase

Routine Work Prabalarishta Yoga
Until 4:43AM Sat
Then Routine Work - Marana Yoga

4	Saturday, December 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
	Dhanus Rasi: 27.19 Tithi 4		Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturtham Titau				Sun 18 Sutra 230
	784551365		Gulika 6:11AM – 7:30AM Yama 12:48PM – 2:08PM Rahu 8:50AM – 10:09AM	Uttarashadha Until 6:26AM Sun Vriddhi Until 3:38AM Sun Vanija Until 10:13AM Chaturthi* Until 10:54PM	Ganesh: Purple <i>Sunrise:</i> 6:11AM Muruga: Clear <i>Sunset:</i> 4:47PM Nataraja: White Moon – Light Blue	Margasira-Karttikai	Durmukha 5118 Moon 11 - Phase 32 3rd Phase

Routine Work Marana Yoga
Until 6:26AM Sun
Then Creative Work - Amrita Yoga

5	Sunday, December 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
	Makara Rasi: 9.41 Tithi 5		Uttarashadha/Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 231
	785651365		Gulika 2:08PM – 3:27PM Yama 11:29AM – 12:48PM Rahu 3:27PM – 4:47PM	Uttarashadha Until 6:26AM Dhruva Until 3:14AM Mon Bava Until 11:30AM Panchami Until 11:58PM	Ganesh: Purple <i>Sunrise:</i> 6:11AM Muruga: Clear <i>Sunset:</i> 4:47PM Nataraja: White Moon – Light Blue	Margasira-Karttikai	Durmukha 5118 Moon 11 - Phase 32 3rd Phase

Creative Work Amrita Yoga

6	Monday, December 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
	Makara Rasi: 22.14 Tithi 6		Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashtham Titau				Sun 20 Sutra 232
	795651365		Gulika 12:49PM – 2:08PM Yama 10:10AM – 11:29AM Rahu 7:31AM – 8:51AM	Shravana Until 8:02AM Vyaghata* Until 2:26AM Tue Kaulava Until 12:19PM Shashthi* Until 12:30AM Tue	Ganesh: Clear <i>Sunrise:</i> 6:12AM Muruga: Clear <i>Sunset:</i> 4:47PM Nataraja: White Moon – Purple	Margasira-Karttikai	Durmukha 5118 Moon 11 - Phase 32 3rd Phase

Family Home Evening
Creative Work Amrita Yoga
Until 8:02AM
Then Creative Work - Siddha Yoga

Retreat Star	Tuesday, December 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
	Kumbha Rasi: 5.04 Tithi 7		Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 233
	795651365		Gulika 11:30AM – 12:49PM Yama 8:51AM – 10:11AM Rahu 2:08PM – 3:28PM	Dhanishtha Until 8:57AM Harshana Until 1:09AM Wed Gara Until 12:33PM Saptami Until 12:24AM Wed	Ganesh: Clear <i>Sunrise:</i> 6:13AM Muruga: Clear <i>Sunset:</i> 4:47PM Nataraja: White Moon – Purple	Margasira-Karttikai	Durmukha 5118 Moon 11 - Phase 32 3rd Phase

Creative Work Siddha Yoga
Until 8:57AM
Then Routine Work - Marana Yoga

Retreat Star	Wednesday, December 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
	Kumbha Rasi: 18.12 Tithi 8		Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 234
	795651365		Gulika 10:11AM – 11:30AM Yama 7:33AM – 8:52AM Rahu 11:30AM – 12:50PM	Shatabhishak Until 9:03AM Vajra* Until 11:17PM Visti Until 12:07PM Ashtami* Until 11:37PM	Ganesh: Clear <i>Sunrise:</i> 6:13AM Muruga: Clear <i>Sunset:</i> 4:47PM Nataraja: White Moon – Purple	Margasira-Karttikai	Durmukha 5118 Moon 11 - Phase 32 Ashtami

Creative Work Siddha Yoga
Until 9:03AM
Then Creative Work - Amrita Yoga

Retreat Star	Thursday, December 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
	Meena Rasi: 1.44 Tithi 9		Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sun 23 Sutra 235
	715651365		Gulika 8:52AM – 10:12AM Yama 6:14AM – 7:33AM Rahu 12:50PM – 2:09PM	Purvaproshtapada* Until 8:47AM Siddhi Until 8:53PM Balava Until 10:58AM Navami* Until 10:07PM	Ganesh: Red <i>Sunrise:</i> 6:14AM Muruga: Clear <i>Sunset:</i> 4:47PM Nataraja: White Moon – Clear	Margasira-Karttikai	Durmukha 5118 Moon 11 - Phase 32 Navami

Creative Work Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1 Friday, December 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Manama, Bahrain Sun 24 Sutra 236	
Meena Rasi: 15.4	Tithi 10	Gulika 7:34AM – 8:53AM	Uttaraproshtapada Until 7:40AM	Ganesh: Red	<i>Sunrise:</i> 6:15AM	Durmukha 5118	
		Yama 2:09PM – 3:28PM	Vyatipata* Until 5:57PM	Muruga: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 33	
Creative Work	Siddha Yoga	715651365 Rahu 10:12AM – 11:31AM	Tailila Until 9:07AM	Nataraja: White		4th Phase	
			Dashami Until 7:56PM	Moon – Clear		Devaloka Day	
				Margasira•Karttikai			

2 Saturday, December 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 237	
Mesha Rasi: 0.02	Tithi 11 – 12	Gulika 6:15AM – 7:34AM	Ashvini Until 3:39AM Sun	Ganesh: Blue	<i>Sunrise:</i> 6:15AM	Durmukha 5118	
		Yama 12:51PM – 2:10PM	Variyan Until 2:31PM	Muruga: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 33	
Creative Work	Siddha Yoga	725651365 Rahu 8:54AM – 10:13AM	Vanija Until 6:38AM	Nataraja: White		4th Phase	
Until 3:39AM Sun			Ekadashi Until 5:11PM	Moon – White		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Margasira•Karttikai		Devaloka Time: 12:PM to 3:PM	

3 Sunday, December 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 238	
Mesha Rasi: 14.47	Tithi 12 – 13	Gulika 2:10PM – 3:29PM	Bharani Until 12:59AM Mon	Ganesh: Blue	<i>Sunrise:</i> 6:16AM	Durmukha 5118	
		Yama 11:32AM – 12:51PM	Parigha* Until 10:42AM	Muruga: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 33	
Routine Work	Prabalarishta Yoga	725651365 Rahu 3:29PM – 4:48PM	Kaulava Until 12:15AM Mon	Nataraja: White		4th Phase	
Until 12:59AM Mon			Dvadashi Until 1:58PM	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	Margasira•Karttikai		Devaloka Time: 12:PM to 3:PM	

4 Monday, December 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 239	
Mesha Rasi: 29.49	Tithi 13 – 14	Gulika 12:52PM – 2:11PM	Krittika Until 9:59PM	Ganesh: Blue	<i>Sunrise:</i> 6:17AM	Durmukha 5118	
Family Home Evening		Yama 10:14AM – 11:33AM	Shiva Until 6:38AM	Muruga: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 33	
Routine Work	Marana Yoga	725651365 Rahu 7:36AM – 8:55AM	Gara Until 8:38PM	Nataraja: White		4th Phase	
Until 9:59PM			Trayodashi Until 10:27AM	Moon – White		Bhuloka Day	
Then Creative Work - Amrita Yoga		Krittika Deepam		Margasira•Karttikai		Devaloka Time: 12:PM to 3:PM	

○ Tuesday, December 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Manama, Bahrain Sutra 240	
Copper Retreat Star		Gulika 11:33AM – 12:52PM	Rohini Until 7:11PM	Ganesh: Red	<i>Sunrise:</i> 6:17AM	Durmukha 5118	
Vrishabha Rasi: 14.59	Tithi 14 – 15	Yama 8:55AM – 10:14AM	Sadhya Until 10:08PM	Muruga: White	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		736661365 Rahu 2:11PM – 3:30PM	Bava Until 3:08AM Wed	Nataraja: White		Purnima	
Creative Work	Amrita Yoga		Chaturdashi* Until 6:46AM	Moon – Yellow		Bhuloka Day	
Until 7:11PM				Margasira•Karttikai		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

Wednesday, December 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sutra 241	
Silver Retreat Star		Gulika 10:15AM – 11:34AM	Mrigashira Until 4:24PM	Ganesh: Red	<i>Sunrise:</i> 6:18AM	Durmukha 5118	
Mithuna Rasi: 0.08	Tithi 16	Yama 7:37AM – 8:56AM	Subha Until 6:03PM	Muruga: White	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 33	
		736661365 Rahu 11:34AM – 12:52PM	Balava Until 1:24PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:42PM	Moon – Yellow		Bhuloka Day	
				Margasira•Karttikai		Devaloka Time: 6:AM to 9:AM	
			Vinayaga Viratam Begins				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain
Sutra 242

Mithuna Rasi: 15.07 Titithi 17

Gulika 8:56AM – 10:15AM
Yama 6:19AM – 7:37AM
Rahu 12:53PM – 2:12PM

Ardra Until 1:47PM
Sukla Until 2:12PM
Taitila Until 10:08AM

Ganesha: Red *Sunrise:* 6:19AM
Muruga: White *Sunset:* 4:49PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga
Until 1:47PM
Then Creative Work - Amrita Yoga

Markali Pillaiyar

Dvitiya Until 8:39PM

Moon – Yellow
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Friday, December 16, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Manama, Bahrain
Sun 1 Sutra 243

Mithuna Rasi: 29.45 Titithi 18

Gulika 7:38AM – 8:57AM
Yama 2:12PM – 3:31PM
Rahu 10:16AM – 11:35AM

Punarvasu Until 11:57AM
Brahma Until 10:46AM
Vanija Until 7:20AM

Ganesha: Red *Sunrise:* 6:19AM
Muruga: White *Sunset:* 4:50PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 11:57AM
Then Routine Work - Marana Yoga

Tritiya Until 6:09PM

Moon – Blue
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Saturday, December 17, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain
Sun 2 Sutra 244

Kataka Rasi: 13.58 Titithi 19 – 20

Gulika 6:20AM – 7:39AM
Yama 12:54PM – 2:13PM
Rahu 8:57AM – 10:16AM

Pushya Until 10:39AM
Indra Until 7:54AM
Kaulava Until 3:48AM Sun

Ganesha: Red *Sunrise:* 6:20AM
Muruga: White *Sunset:* 4:50PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 10:39AM
Then Routine Work - Marana Yoga

Chaturthi* Until 4:22PM

Moon – Blue
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Sunday, December 18, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkamba* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain
Sun 3 Sutra 245

Kataka Rasi: 27.41 Titithi 20 – 21

Gulika 2:13PM – 3:32PM
Yama 11:36AM – 12:54PM
Rahu 3:32PM – 4:51PM

Ashlesha* Until 9:59AM
Vishkamba* Until 4:04AM Mon
Gara Until 3:18AM Mon

Ganesha: Red *Sunrise:* 6:20AM
Muruga: White *Sunset:* 4:51PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 9:59AM
Then Routine Work - Marana Yoga

Panchami Until 3:25PM

Moon – Blue
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Monday, December 19, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Manama, Bahrain
Sun 4 Sutra 246

Simha Rasi: 10.54 Titithi 21 – 22

Family Home Evening

Gulika 12:55PM – 2:14PM
Yama 10:17AM – 11:36AM
Rahu 7:40AM – 8:58AM

Magha* Until 10:29AM
Priti Until 3:12AM Tue
Visti Until 3:43AM Tue

Ganesha: Green *Sunrise:* 6:21AM
Muruga: White *Sunset:* 4:51PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga
Until 10:29AM
Then Creative Work - Siddha Yoga

Shashthi* Until 3:23PM

Moon – Red
Margasira-Markali

Bhuloka Day

5

Tuesday, December 20, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain
Sun 5 Sutra 247

Simha Rasi: 23.41 Titithi 22 – 23

Gulika 11:37AM – 12:55PM
Yama 8:59AM – 10:18AM
Rahu 2:14PM – 3:33PM

Purvaphalguni Until 11:42AM
Ayushman Until 2:57AM Wed
Balava Until 4:57AM Wed

Ganesha: Green *Sunrise:* 6:21AM
Muruga: White *Sunset:* 4:52PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 11:42AM
Then Creative Work - Amrita Yoga

Saptami Until 4:13PM

Moon – Red
Margasira-Markali

Bhuloka Day

D

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain
Sun 6 Sutra 248

Kanya Rasi: 6.05 Titithi 23 – 24

Gulika 10:18AM – 11:37AM
Yama 7:41AM – 8:59AM
Rahu 11:37AM – 12:56PM

Uttaraphalguni Until 1:30PM
Saubhagya Until 3:14AM Thu
Taitila Until 6:51AM Thu

Ganesha: White *Sunrise:* 6:22AM
Muruga: White *Sunset:* 4:52PM

Durmukha 5118
Moon 12 - Phase 34
Ashtami

Creative Work Amrita Yoga
Until 1:30PM
Then Routine Work - Marana Yoga

Day 1 of Pancha Ganapati

Ashtami* Until 5:48PM

Moon – Red
Margasira-Markali

Bhuloka Day

Thursday, December 22, 2016

Retreat Star

Durmukha Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain
Sun 7 Sutra 249

Kanya Rasi: 18.13 Titithi 24

Gulika 9:00AM – 10:19AM
Yama 6:22AM – 7:41AM
Rahu 12:56PM – 2:15PM

Hasta Until 4:12PM
Sobhana Until 3:53AM Fri
Taitila Until 6:51AM

Ganesha: Clear *Sunrise:* 6:22AM
Muruga: White *Sunset:* 4:53PM

Durmukha 5118
Moon 12 - Phase 34
Navami

Routine Work Marana Yoga
Until 4:12PM
Then Creative Work - Siddha Yoga

Day 2 of Pancha Ganapati

Navami* Until 7:58PM

Moon – Green
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Friday, December 23, 2016	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam			Manama, Bahrain		
		Chitra Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau			Sun 8 Sutra 250		
	Tula Rasi: 0.1	Tihti 25	867661365	Gulika 7:42AM – 9:00AM Yama 2:16PM – 3:34PM Rahu 10:19AM – 11:38AM	Chitra Until 7:06PM Athiganda* Until 4:42AM Sat Vanija Until 9:12AM Dashami Until 10:28PM	Ganesh: Clear <i>Sunrise: 6:23AM</i> Muruga: White <i>Sunset: 4:53PM</i> Nataraja: White Moon – Green	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Creative Work	Siddha Yoga	Day 3 of Pancha Ganapati		Bhuloka Day	Devaloka Time: 6:AM to 9:AM	

2	Saturday, December 24, 2016	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam			Manama, Bahrain		
		Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau			Sun 9 Sutra 251		
	Tula Rasi: 12.02	Tihti 26	867661365	Gulika 6:23AM – 7:42AM Yama 12:57PM – 2:16PM Rahu 9:01AM – 10:20AM	Svati Until 9:57PM Sukarma Until 5:35AM Sun Bava Until 11:47AM Ekadashi* Until 1:04AM Sun	Ganesh: Clear <i>Sunrise: 6:23AM</i> Muruga: White <i>Sunset: 4:54PM</i> Nataraja: White Moon – Green	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Bhuloka Day	Devaloka Time: 6:AM to 9:AM	

3	Sunday, December 25, 2016	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam			Manama, Bahrain		
		Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau			Sun 10 Sutra 252		
	Tula Rasi: 23.53	Tihti 27	877661365	Gulika 2:17PM – 3:35PM Yama 11:39AM – 12:58PM Rahu 3:35PM – 4:54PM	Vishakha Until 1:06AM Mon Dhriti Until 6:25AM Mon Kaulava Until 2:23PM Dvadashi* Until 3:37AM Mon	Ganesh: Purple <i>Sunrise: 6:24AM</i> Muruga: White <i>Sunset: 4:54PM</i> Nataraja: White Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Routine Work	Marana Yoga	Day 5 of Pancha Ganapati		Bhuloka Day		

4	Monday, December 26, 2016	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam			Manama, Bahrain		
		Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau			Sun 11 Sutra 253		
	Vrischika Rasi: 5.45	Tihti 28	877661366	Gulika 12:58PM – 2:17PM Yama 10:21AM – 11:40AM Rahu 7:43AM – 9:02AM	Anuradha Until 3:54AM Tue Dhriti Until 6:25AM Gara Until 4:51PM Trayodashi* Until 5:59AM Tue <i>Pradosha Vrata (Fasting)</i>	Ganesh: Purple <i>Sunrise: 6:24AM</i> Muruga: White <i>Sunset: 4:55PM</i> Nataraja: Green Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Family Home Evening	Siddha Yoga	Day 5 of Pancha Ganapati		Bhuloka Day		

5	Tuesday, December 27, 2016	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam			Manama, Bahrain		
		Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti* Karana Chaturdashyam Titau			Sun 12 Sutra 254		
	Vrischika Rasi: 17.42	Tihti 29	878661366	Gulika 11:40AM – 12:59PM Yama 9:02AM – 10:21AM Rahu 2:18PM – 3:37PM	Jyeshtha* Until 6:17AM Wed Shula* Until 7:04AM Visti Until 7:05PM Chaturdashi* Until 8:04AM Wed	Ganesh: Clear <i>Sunrise: 6:25AM</i> Muruga: White <i>Sunset: 4:55PM</i> Nataraja: Green Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Routine Work	Marana Yoga	Day 5 of Pancha Ganapati		Bhuloka Day	Devaloka Time: 9:AM to 12:PM	

●	Wednesday, December 28, 2016	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam			Manama, Bahrain		
	Retreat Star	Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 13 Sutra 255		
	Vrischika Rasi: 29.46	Tihti 29 – 30	878661366	Gulika 10:22AM – 11:41AM Yama 7:44AM – 9:03AM Rahu 11:41AM – 12:59PM	Jyeshtha* Until 6:17AM Ganda* Until 7:32AM Catuspada Until 9:01PM Chaturdashi* Until 8:04AM	Ganesh: Clear <i>Sunrise: 6:25AM</i> Muruga: White <i>Sunset: 4:56PM</i> Nataraja: Green Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 Amavasya
	Creative Work	Siddha Yoga	Hanumath Jayanthi (Tamil Nadu)		Bhuloka Day	Devaloka Time: 9:AM to 12:PM	

●	Thursday, December 29, 2016	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam			Manama, Bahrain		
	Retreat Star	Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 14 Sutra 256		
	Dhanus Rasi: 11.56	Tihti 30 – 1	888761366	Gulika 9:03AM – 10:22AM Yama 6:25AM – 7:44AM Rahu 1:00PM – 2:19PM	Mula* Until 8:43AM Vridhi Until 7:47AM Kintughna Until 10:37PM Amavasya* Until 9:50AM	Ganesh: Light Blue <i>Sunrise: 6:25AM</i> Muruga: White <i>Sunset: 4:57PM</i> Nataraja: Green Moon – Light Blue	Durmukha 5118 Moon 12 - Phase 35 Prathama
	Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Bhuloka Day	Devaloka Time: 9:AM to 12:PM	

1 Friday, December 30, 2016		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Manama, Bahrain Sun 15 Sutra 257 Durmukha 5118
Dhanus Rasi: 24.15	Tithi 1 – 2	Gulika 7:45AM – 9:04AM Yama 2:19PM – 3:38PM 888761366 Rahu 10:23AM – 11:41AM	Purvashadha* Until 10:39AM Dhruva Until 7:45AM Balava Until 11:52PM Prathama* Until 11:16AM	Ganesha: Light Blue <i>Sunrise:</i> 6:26AM Muruga: White <i>Sunset:</i> 4:57PM Nataraja: Green Moon – Light Blue Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Routine Work Prabalarishta Yoga Until 10:39AM Then Routine Work - Marana Yoga					

2 Saturday, December 31, 2016		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau			Manama, Bahrain Sun 16 Sutra 258 Durmukha 5118
Makara Rasi: 6.43	Tithi 2 – 3	Gulika 6:26AM – 7:45AM Yama 1:01PM – 2:20PM 888761366 Rahu 9:04AM – 10:23AM	Uttarashadha Until 12:05PM Vyaghata* Until 7:27AM Tailila Until 12:45AM Sun Dvitiya Until 12:20PM	Ganesha: Light Blue <i>Sunrise:</i> 6:26AM Muruga: White <i>Sunset:</i> 4:58PM Nataraja: Green Moon – Light Blue Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Routine Work Marana Yoga Until 12:05PM Then Creative Work - Siddha Yoga					

3 Sunday, January 1, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Manama, Bahrain Sun 17 Sutra 259 Durmukha 5118
Makara Rasi: 19.21	Tithi 3 – 4	Gulika 2:20PM – 3:39PM Yama 11:42AM – 1:01PM 898761366 Rahu 3:39PM – 4:58PM	Shravana Until 1:28PM Harshana Until 6:54AM Vanija Until 1:15AM Mon Tritiya Until 1:02PM	Ganesha: Purple <i>Sunrise:</i> 6:26AM Muruga: White <i>Sunset:</i> 4:58PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Creative Work Amrita Yoga Until 1:28PM Then Routine Work - Marana Yoga					

4 Monday, January 2, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Manama, Bahrain Sun 18 Sutra 260 Durmukha 5118
Kumbha Rasi: 2.1	Tithi 4 – 5	Gulika 1:02PM – 2:21PM Yama 10:23AM – 11:42AM 898761366 Rahu 7:45AM – 9:04AM	Dhanishtha Until 2:19PM Vajra* Until 6:01AM Bava Until 1:21AM Tue Chaturthi* Until 1:20PM	Ganesha: Purple <i>Sunrise:</i> 6:26AM Muruga: White <i>Sunset:</i> 4:59PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Family Home Evening Creative Work Siddha Yoga					

5 Tuesday, January 3, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Manama, Bahrain Sun 19 Sutra 261 Durmukha 5118
Kumbha Rasi: 15.11	Tithi 5 – 6	Gulika 11:43AM – 1:02PM Yama 9:05AM – 10:24AM 899761366 Rahu 2:21PM – 3:40PM	Shatabhishak Until 2:36PM Vyatipata* Until 3:17AM Wed Kaulava Until 12:59AM Wed Panchami Until 1:12PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM Muruga: White <i>Sunset:</i> 4:59PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Vinayaga Viratam Ends					

6 Wednesday, January 4, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Manama, Bahrain Sun 20 Sutra 262 Durmukha 5118
Kumbha Rasi: 28.26	Tithi 6 – 7	Gulika 10:24AM – 11:43AM Yama 7:46AM – 9:05AM 819761366 Rahu 11:43AM – 1:03PM	Purvaproshtapada* Until 2:44PM Variyan Until 1:21AM Thu Gara Until 12:09AM Thu Shashthi* Until 12:36PM	Ganesha: Red <i>Sunrise:</i> 6:27AM Muruga: White <i>Sunset:</i> 5:00PM Nataraja: Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 2:44PM Then Creative Work - Siddha Yoga					

Retreat Star Thursday, January 5, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Manama, Bahrain Sun 21 Sutra 263 Durmukha 5118
Meena Rasi: 11.57	Tithi 7 – 8	Gulika 9:05AM – 10:25AM Yama 6:27AM – 7:46AM 819761366 Rahu 1:03PM – 2:22PM	Uttaraproshtapada Until 2:14PM Parigha* Until 11:02PM Visti Until 10:48PM Saptami Until 11:31AM	Ganesha: Red <i>Sunrise:</i> 6:27AM Muruga: White <i>Sunset:</i> 5:01PM Nataraja: Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 Ashtami Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Subramuniyaswami Jayanti					

Retreat Star Friday, January 6, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Manama, Bahrain Sun 22 Sutra 264 Durmukha 5118
Meena Rasi: 25.46	Tithi 8 – 9	Gulika 7:46AM – 9:06AM Yama 2:23PM – 3:42PM 819761366 Rahu 10:25AM – 11:44AM	Revati Until 1:05PM Shiva Until 8:20PM Balava Until 8:58PM Ashtami* Until 9:55AM	Ganesha: Red <i>Sunrise:</i> 6:27AM Muruga: White <i>Sunset:</i> 5:01PM Nataraja: Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 Navami Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Until 1:05PM Then Creative Work - Amrita Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 7, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau		Manama, Bahrain Sun 23 Sutra 265	
Mesha Rasi: 9.53	Tithi 9 - 10	Gulika 6:27AM - 7:47AM	Ashvini Until 11:47AM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM		Durmukha 5118
		Yama 1:04PM - 2:23PM	Siddha Until 5:15PM	Muruga: White	<i>Sunset:</i> 5:02PM		Moon 12 - Phase 37
Creative Work	Siddha Yoga	Rahu 9:06AM - 10:25AM	Tailila Until 6:41PM	Nataraja: Green			4th Phase
			Navami* Until 7:51AM	Moon - White		Devaloka Day	
				Pausha-Markali			
2		Sunday, January 8, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 266	
Mesha Rasi: 24.17	Tithi 11	Gulika 2:24PM - 3:43PM	Bharani Until 9:55AM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM		Durmukha 5118
		Yama 11:45AM - 1:05PM	Sadhya Until 1:52PM	Muruga: White	<i>Sunset:</i> 5:03PM		Moon 12 - Phase 37
Routine Work	Prabalarishta Yoga	Rahu 3:43PM - 5:03PM	Vanija Until 4:01PM	Nataraja: Green			4th Phase
Until 9:55AM			Ekadashi Until 2:33AM Mon	Moon - White		Devaloka Day	
Then Creative Work - Siddha Yoga		Vaikuntha Ekadasi		Pausha-Markali			
3		Monday, January 9, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 267	
Vrishabha Rasi: 8.55	Tithi 12	Gulika 1:05PM - 2:25PM	Krittika Until 7:37AM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM		Durmukha 5118
Family Home Evening		Yama 10:26AM - 11:46AM	Subha Until 10:16AM	Muruga: White	<i>Sunset:</i> 5:04PM		Moon 12 - Phase 37
Routine Work	Marana Yoga	Rahu 7:47AM - 9:07AM	Bava Until 1:04PM	Nataraja: Green			4th Phase
Until 7:37AM			Dvadashi Until 11:31PM	Moon - White		Devaloka Day	
Then Creative Work - Amrita Yoga				Pausha-Markali			
4		Tuesday, January 10, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 268	
Vrishabha Rasi: 23.41	Tithi 13	Gulika 11:46AM - 1:06PM	Mrigashira Until 3:02AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:28AM		Durmukha 5118
		Yama 9:07AM - 10:26AM	Sukla Until 6:31AM	Muruga: White	<i>Sunset:</i> 5:04PM		Moon 12 - Phase 37
Creative Work	Siddha Yoga	Rahu 2:25PM - 3:45PM	Kaulava Until 9:59AM	Nataraja: Green			4th Phase
			Trayodashi Until 8:25PM	Moon - Yellow		Bhuloka Day	
			<i>Pradosha Vrata</i>	Pausha-Markali		Devaloka Time: 9:AM to 12:PM	
5		Wednesday, January 11, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Manama, Bahrain Sun 27 Sutra 269	
Mithuna Rasi: 8.29	Tithi 14 - 15	Gulika 10:27AM - 11:46AM	Ardra Until 12:39AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:28AM		Durmukha 5118
		Yama 7:47AM - 9:07AM	Indra Until 11:05PM	Muruga: White	<i>Sunset:</i> 5:05PM		Moon 12 - Phase 37
Creative Work	Siddha Yoga	Rahu 11:46AM - 1:06PM	Gara Until 6:54AM	Nataraja: Green			4th Phase
Until 12:39AM Thu			Chaturdashi* Until 5:23PM	Moon - Yellow		Bhuloka Day	
Then Creative Work - Amrita Yoga		Ardra Darshanam		Pausha-Markali		Devaloka Time: 9:AM to 12:PM	
○		Thursday, January 12, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Manama, Bahrain Sutra 270	
Mithuna Rasi: 23.1	Tithi 15 - 16	Gulika 9:07AM - 10:27AM	Punarvasu Until 10:49PM	Ganesha: White	<i>Sunrise:</i> 6:28AM		Durmukha 5118
		Yama 6:28AM - 7:47AM	Vaidhriti* Until 7:37PM	Muruga: White	<i>Sunset:</i> 5:06PM		Moon 12 - Phase 37
Creative Work	Amrita Yoga	Rahu 1:07PM - 2:26PM	Balava Until 1:20AM Fri	Nataraja: Green			Purnima
			Purnima* Until 2:35PM	Moon - Blue		Devaloka Day	
				Pausha-Markali			
Friday, January 13, 2017		Silver Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau		Manama, Bahrain Sutra 271	
Kataka Rasi: 7.37	Tithi 16 - 17	Gulika 7:48AM - 9:07AM	Pushya Until 9:18PM	Ganesha: White	<i>Sunrise:</i> 6:28AM		Durmukha 5118
		Yama 2:27PM - 3:47PM	Vishkambha* Until 4:31PM	Muruga: White	<i>Sunset:</i> 5:07PM		Moon 12 - Phase 37
Routine Work	Marana Yoga	Rahu 10:27AM - 11:47AM	Tailila Until 11:11PM	Nataraja: Green			Prathama
			Prathama* Until 12:10PM	Moon - Blue		Devaloka Day	
				Pausha-Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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**Saturday, January 14, 2017****Gold Retreat Star**

Kataka Rasi: 21.44 Tihi 17 – 18

851761366

Gulika 6:28AM – 7:48AM
Yama 1:08PM – 2:28PM
Rahu 9:08AM – 10:28AM

Routine Work Marana Yoga
 Until 8:14PM

Then Creative Work - Amrita Yoga

Thai Pongal

Ashlesha* Until 8:14PM
 Priti Until 1:53PM
 Vanija Until 9:39PM
Dvitiya Until 10:18AM

Ganesha: White *Sunrise: 6:28AM*
Muruga: White *Sunset: 5:07PM*
Nataraja: Green
 Moon – Blue
Pausha*Thai

Manama, Bahrain
 Sun 1 Sutra 272
 Durmukha 5118
 Moon 1 - Phase 38
 1st Phase

Devaloka Day**1****Sunday, January 15, 2017**

Simha Rasi: 5.26 Tihi 18 – 19

851761366

Gulika 2:28PM – 3:48PM
Yama 11:48AM – 1:08PM
Rahu 3:48PM – 5:08PM

Routine Work Marana Yoga
 Until 8:10PM

Then Creative Work - Siddha Yoga

Magha* Until 8:10PM
 Ayushman Until 11:48AM
 Bava Until 8:51PM
Tritiya Until 9:08AM

Ganesha: Yellow *Sunrise: 6:28AM*
Muruga: White *Sunset: 5:08PM*
Nataraja: Green
 Moon – Red
Pausha*Thai

Manama, Bahrain
 Sun 2 Sutra 273
 Durmukha 5118
 Moon 1 - Phase 38
 1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2**Monday, January 16, 2017**

Simha Rasi: 18.43 Tihi 19 – 20

851761366

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:08PM – 2:29PM
Yama 10:28AM – 11:48AM
Rahu 7:48AM – 9:08AM

Purvaphalguni Until 8:45PM
 Saubhagya Until 10:20AM
 Kaulava Until 8:52PM
Chaturthi* Until 8:44AM

Ganesha: Yellow *Sunrise: 6:28AM*
Muruga: White *Sunset: 5:09PM*
Nataraja: Green
 Moon – Red
Pausha*Thai

Manama, Bahrain
 Sun 3 Sutra 274
 Durmukha 5118
 Moon 1 - Phase 38
 1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3**Tuesday, January 17, 2017**

Kanya Rasi: 1.34 Tihi 20 – 21

851761366

Creative Work Amrita Yoga

Until 9:57PM

Then Creative Work - Siddha Yoga

Gulika 11:49AM – 1:09PM
Yama 9:08AM – 10:28AM
Rahu 2:29PM – 3:49PM

Uttaraphalguni Until 9:57PM
 Sobhana Until 9:30AM
 Gara Until 9:41PM
Panchami Until 9:09AM

Ganesha: Yellow *Sunrise: 6:28AM*
Muruga: White *Sunset: 5:10PM*
Nataraja: Green
 Moon – Red
Pausha*Thai

Manama, Bahrain
 Sun 4 Sutra 275
 Durmukha 5118
 Moon 1 - Phase 38
 1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4**Wednesday, January 18, 2017**

Kanya Rasi: 14.04 Tihi 21 – 22

861761366

Routine Work Marana Yoga

Until 12:08AM Thu

Then Creative Work - Siddha Yoga

Gulika 10:29AM – 11:49AM
Yama 7:48AM – 9:08AM
Rahu 11:49AM – 1:09PM

Hasta Until 12:08AM Thu
 Athiganda* Until 9:15AM
 Vistil Until 11:13PM
Shashthi* Until 10:21AM

Ganesha: Blue *Sunrise: 6:27AM*
Muruga: White *Sunset: 5:11PM*
Nataraja: Green
 Moon – Green
Pausha*Thai

Manama, Bahrain
 Sun 5 Sutra 276
 Durmukha 5118
 Moon 1 - Phase 38
 1st Phase

Devaloka Day**5****Thursday, January 19, 2017****Retreat Star**

Kanya Rasi: 26.17 Tihi 22 – 23

861761366

Creative Work Siddha Yoga

Gulika 9:08AM – 10:29AM
Yama 6:27AM – 7:48AM
Rahu 1:10PM – 2:30PM

Chitra Until 2:42AM Fri
 Sukarma Until 9:29AM
 Balava Until 1:18AM Fri
Saptami Until 12:11PM

Ganesha: Blue *Sunrise: 6:27AM*
Muruga: White *Sunset: 5:11PM*
Nataraja: Green
 Moon – Green
Pausha*Thai

Manama, Bahrain
 Sun 6 Sutra 277
 Durmukha 5118
 Moon 1 - Phase 38
 Ashtami

Devaloka Day**Friday, January 20, 2017****Retreat Star**

Tula Rasi: 8.18 Tihi 23 – 24

861761366

Creative Work Siddha Yoga

Gulika 7:48AM – 9:08AM
Yama 2:31PM – 3:51PM
Rahu 10:29AM – 11:50AM

Svati Until 5:24AM Sat
 Dhriti Until 10:05AM
 Taitila Until 3:43AM Sat
Ashtami* Until 2:28PM

Ganesha: Blue *Sunrise: 6:27AM*
Muruga: White *Sunset: 5:12PM*
Nataraja: Green
 Moon – Green
Pausha*Thai

Manama, Bahrain
 Sun 7 Sutra 278
 Durmukha 5118
 Moon 1 - Phase 38
 Navami

Devaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1		Saturday, January 21, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Tula Rasi: 20.12		Tihti 24 – 25		872761366		Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 279	
Creative Work		Siddha Yoga		872761366		Gulika 6:27AM – 7:48AM		Vishakha Until 8:31AM Sun	
Until 8:31AM Sun		Then Routine Work - Marana Yoga		872761366		Yama 1:11PM – 2:31PM		Shula* Until 10:52AM	
				872761366		Rahu 9:08AM – 10:29AM		Vanija Until 6:16AM Sun	
								Navami* Until 4:58PM	
								Ganesha: Blue Sunrise: 6:27AM	
								Muruga: White Sunset: 5:13PM	
								Nataraja: Green	
								Moon – Orange	
								Pausha*Thai	
								Bhuloka Day	

2		Sunday, January 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Vrischika Rasi: 2.04		Tihti 25		872761366		Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 280	
Routine Work		Marana Yoga		872761366		Gulika 2:32PM – 3:53PM		Vishakha Until 8:31AM	
				872761366		Yama 11:50AM – 1:11PM		Ganda* Until 11:41AM	
						Rahu 3:53PM – 5:14PM		Vanija Until 6:16AM	
								Dashedmi Until 7:29PM	
								Ganesha: Blue Sunrise: 6:27AM	
								Muruga: White Sunset: 5:14PM	
								Nataraja: Green	
								Moon – Orange	
								Pausha*Thai	
								Bhuloka Day	

3		Monday, January 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Vrischika Rasi: 13.59		Tihti 26		872861366		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 281	
Family Home Evening		Creative Work		872861366		Gulika 1:11PM – 2:32PM		Anuradha Until 11:23AM	
Siddha Yoga				872861366		Yama 10:29AM – 11:50AM		Vriddhi Until 12:26PM	
						Rahu 7:47AM – 9:08AM		Bava Until 8:42AM	
								Ekadashi* Until 9:49PM	
								Ganesha: Red Sunrise: 6:27AM	
								Muruga: White Sunset: 5:14PM	
								Nataraja: Green	
								Moon – Orange	
								Pausha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

4		Tuesday, January 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Vrischika Rasi: 25.58		Tihti 27		972861366		Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 282	
Routine Work		Marana Yoga		972861366		Gulika 11:51AM – 1:12PM		Jyeshtha* Until 1:49PM	
Until 1:49PM		Then Creative Work - Amrita Yoga		972861366		Yama 9:08AM – 10:30AM		Dhruva Until 12:57PM	
						Rahu 2:33PM – 3:54PM		Kaulava Until 10:54AM	
								Dvadashi* Until 11:50PM	
								Ganesha: Blue Sunrise: 6:26AM	
								Muruga: White Sunset: 5:15PM	
								Nataraja: Green	
								Moon – Orange	
								Pausha*Thai	
								Devaloka Day	

5		Wednesday, January 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Dhanus Rasi: 8.07		Tihti 28		982861366		Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 283	
Routine Work		Marana Yoga		982861366		Gulika 10:30AM – 11:51AM		Mula* Until 4:12PM	
Until 4:12PM		Then Creative Work - Amrita Yoga		982861366		Yama 7:47AM – 9:08AM		Vyaghata* Until 1:11PM	
						Rahu 11:51AM – 1:12PM		Gara Until 12:42PM	
								Trayodashi* Until 1:25AM Thu	
								Pradosha Vrata (Fasting)	
								Ganesha: Red Sunrise: 6:26AM	
								Muruga: White Sunset: 5:16PM	
								Nataraja: Green	
								Moon – Light Blue	
								Pausha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

6		Thursday, January 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Dhanus Rasi: 20.25		Tihti 29		982861366		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 284	
Creative Work		Siddha Yoga		982861366		Gulika 9:08AM – 10:30AM		Purvashadha* Until 5:59PM	
Until 5:59PM		Then Routine Work - Marana Yoga		982861366		Yama 6:26AM – 7:47AM		Harshana Until 1:06PM	
						Rahu 1:13PM – 2:34PM		Visti Until 2:03PM	
								Chaturdashi* Until 2:31AM Fri	
								Ganesha: Red Sunrise: 6:26AM	
								Muruga: White Sunset: 5:17PM	
								Nataraja: Green	
								Moon – Light Blue	
								Pausha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

Retreat Star		Friday, January 27, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Makara Rasi: 2.57		Tihti 30		982861366		Uttarashadha Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 285	
Routine Work		Marana Yoga		982861366		Gulika 7:47AM – 9:08AM		Uttarashadha Until 7:08PM	
				982861366		Yama 2:34PM – 3:56PM		Vajra* Until 12:36PM	
						Rahu 10:30AM – 11:51AM		Catuspada Until 2:54PM	
								Amavasya* Until 3:07AM Sat	
								Ganesha: Red Sunrise: 6:25AM	
								Muruga: White Sunset: 5:17PM	
								Nataraja: Green	
								Moon – Light Blue	
								Pausha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

Retreat Star		Saturday, January 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Makara Rasi: 15.43		Tihti 1		992861366		Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 286	
Creative Work		Siddha Yoga		992861366		Gulika 6:25AM – 7:47AM		Shravana Until 8:07PM	
				992861366		Yama 1:13PM – 2:35PM		Siddhi Until 11:44AM	
						Rahu 9:08AM – 10:30AM		Kintughna Until 3:15PM	
								Prathama* Until 3:14AM Sun	
								Ganesha: Yellow Sunrise: 6:25AM	
								Muruga: White Sunset: 5:18PM	
								Nataraja: Green	
								Moon – Purple	
								Magha*Thai	
								Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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1 Sunday, January 29, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
Makara Rasi: 28.41 Tithi 2		Dhanishtha Nakshatra Vyatipata* /Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 287
992861366		Gulika 2:35PM – 3:57PM	Dhanishtha Until 8:31PM	Ganesh: Yellow <i>Sunrise:</i> 6:25AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 11:52AM – 1:14PM	Vyatipata* Until 10:31AM	Muruga: White <i>Sunset:</i> 5:19PM	Moon 1 - Phase 40	
Until 8:31PM		Rahu 3:57PM – 5:19PM	Balava Until 3:08PM	Nataraja: Green	3rd Phase	
Then Creative Work - Siddha Yoga					Magha-Thai	Bhuloka Day Devaloka Time: 9:AM to 12:PM

2 Monday, January 30, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
Kumbha Rasi: 11.54 Tithi 3		Shatabhishak Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 288
992861366		Gulika 1:14PM – 2:36PM	Shatabhishak Until 8:22PM	Ganesh: Yellow <i>Sunrise:</i> 6:24AM	Durmukha 5118	
Family Home Evening		Yama 10:30AM – 11:52AM	Variyan Until 8:57AM	Muruga: White <i>Sunset:</i> 5:20PM	Moon 1 - Phase 40	
Creative Work Siddha Yoga		Rahu 7:46AM – 9:08AM	Taitila Until 2:36PM	Nataraja: Green	3rd Phase	
Until 8:22PM					Magha-Thai	Bhuloka Day Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga						

3 Tuesday, January 31, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
Kumbha Rasi: 25.19 Tithi 4		Purvaproshtapada* Nakshatra Parigha* /Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18 Sutra 289
912861366		Gulika 11:52AM – 1:14PM	Purvaproshtapada* Until 8:10PM	Ganesh: White <i>Sunrise:</i> 6:24AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 9:08AM – 10:30AM	Parigha* Until 7:06AM	Muruga: White <i>Sunset:</i> 5:21PM	Moon 1 - Phase 40	
Until 8:10PM		Rahu 2:36PM – 3:58PM	Vanija Until 1:43PM	Nataraja: Green	3rd Phase	
Then Creative Work - Amrita Yoga					Magha-Thai	Devaloka Day

4 Wednesday, February 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
Meena Rasi: 8.55 Tithi 5		Uttaraproshtapada Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 290
912861366		Gulika 10:30AM – 11:52AM	Uttaraproshtapada Until 7:32PM	Ganesh: White <i>Sunrise:</i> 6:24AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 7:46AM – 9:08AM	Siddha Until 2:40AM Thu	Muruga: White <i>Sunset:</i> 5:21PM	Moon 1 - Phase 40	
Until 7:32PM		Rahu 11:52AM – 1:14PM	Bava Until 12:30PM	Nataraja: Green	3rd Phase	
Then Routine Work - Marana Yoga					Magha-Thai	Devaloka Day

5 Thursday, February 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
Meena Rasi: 22.41 Tithi 6		Revati Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20 Sutra 291
912861366		Gulika 9:08AM – 10:30AM	Revati Until 6:29PM	Ganesh: White <i>Sunrise:</i> 6:23AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 6:23AM – 7:46AM	Sadhya Until 12:08AM Fri	Muruga: White <i>Sunset:</i> 5:21PM	Moon 1 - Phase 40	
Until 6:29PM		Rahu 1:15PM – 2:37PM	Kaulava Until 11:01AM	Nataraja: Green	3rd Phase	
Then Creative Work - Amrita Yoga					Magha-Thai	Devaloka Day

6 Friday, February 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
Mesha Rasi: 6.37 Tithi 7		Ashvini/Bharani Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 292
923861367		Gulika 7:45AM – 9:08AM	Ashvini Until 5:29PM	Ganesh: White <i>Sunrise:</i> 6:23AM	Durmukha 5118	
Creative Work Amrita Yoga		Yama 2:37PM – 4:00PM	Subha Until 9:25PM	Muruga: White <i>Sunset:</i> 5:22PM	Moon 1 - Phase 40	
Until 5:29PM		Rahu 10:30AM – 11:52AM	Gara Until 9:17AM	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga					Magha-Thai	Bhuloka Day

☾ Saturday, February 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
Mesha Rasi: 20.4 Tithi 8		Bharani/Krittika Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 293
923861367		Gulika 6:22AM – 7:45AM	Bharani Until 4:09PM	Ganesh: White <i>Sunrise:</i> 6:22AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 1:15PM – 2:38PM	Sukla Until 6:32PM	Muruga: White <i>Sunset:</i> 5:23PM	Moon 1 - Phase 40	
Until 4:09PM		Rahu 9:07AM – 10:30AM	Visti Until 7:20AM	Nataraja: White	Ashtami	
Then Creative Work - Amrita Yoga					Magha-Thai	Bhuloka Day


☀ Sunday, February 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
Vrisabha Rasi: 4.51 Tithi 9 – 10		Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 294
923861367		Gulika 2:38PM – 4:01PM	Krittika Until 2:31PM	Ganesh: White <i>Sunrise:</i> 6:22AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 11:53AM – 1:15PM	Brahma Until 3:32PM	Muruga: White <i>Sunset:</i> 5:23PM	Moon 1 - Phase 40	
		Rahu 4:01PM – 5:23PM	Taitila Until 2:56AM Mon	Nataraja: White	Navami	
					Magha-Thai	Bhuloka Day


1		Monday, February 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Vrishabha Rasi: 19.08		Tithi 10 – 11		Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 295	
Family Home Evening		933861367		Gulika	1:16PM – 2:38PM	Rohini Until 1:02PM	Ganesh: Clear	<i>Sunrise:</i> 6:21AM	Durmukha 5118
Creative Work		Amrita Yoga		Yama	10:30AM – 11:53AM	Indra Until 12:26PM	Muruga: White	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 41
				Rahu	7:44AM – 9:07AM	Vanija Until 12:35AM Tue	Nataraja: White	4th Phase	
						Dashami Until 1:44PM	Magha-Thai	Bhuloka Day	
								Devaloka Time: 6:AM to 9:AM	

2		Tuesday, February 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Mithuna Rasi: 3.27		Tithi 11 – 12		Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 296	
Creative Work		Siddha Yoga		Gulika	11:53AM – 1:16PM	Mrigashira Until 11:23AM	Ganesh: Clear	<i>Sunrise:</i> 6:21AM	Durmukha 5118
Until 11:23AM				Yama	9:07AM – 10:30AM	Vaidhriti* Until 9:18AM	Muruga: White	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 41
Then Routine Work - Marana Yoga				Rahu	2:39PM – 4:02PM	Bava Until 10:14PM	Nataraja: White	4th Phase	
						Ekadashi Until 11:23AM	Magha-Thai	Bhuloka Day	
								Devaloka Time: 6:AM to 9:AM	

3		Wednesday, February 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Mithuna Rasi: 17.45		Tithi 12 – 13		Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 297	
Creative Work		Siddha Yoga		Gulika	10:30AM – 11:53AM	Ardra Until 9:38AM	Ganesh: Clear	<i>Sunrise:</i> 6:20AM	Durmukha 5118
				Yama	7:43AM – 9:07AM	Vishkambha* Until 6:11AM	Muruga: White	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 41
				Rahu	11:53AM – 1:16PM	Kaulava Until 7:59PM	Nataraja: White	4th Phase	
						Dvadashi Until 9:04AM	Magha-Thai	Bhuloka Day	
								Devaloka Time: 6:AM to 9:AM	
								<i>Pradosha Vrata</i>	

4		Thursday, February 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 1.58		Tithi 13 – 14		Punarvasu/Pushya Nakshatra Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 298	
Creative Work		Amrita Yoga		Gulika	9:06AM – 10:30AM	Punarvasu Until 8:19AM	Ganesh: Purple	<i>Sunrise:</i> 6:20AM	Durmukha 5118
				Yama	6:20AM – 7:43AM	Ayushman Until 12:25AM Fri	Muruga: White	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 41
				Rahu	1:16PM – 2:40PM	Vanija Until 5:01AM Fri	Nataraja: White	4th Phase	
						Trayodashi Until 6:54AM	Magha-Thai	Bhuloka Day	

		Friday, February 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Copper Retreat Star		Tithi 15		Pushya/Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Sun 29		Sutra 299	
Kataka Rasi: 15.59				Gulika	7:42AM – 9:06AM	Pushya Until 7:08AM	Ganesh: Purple	<i>Sunrise:</i> 6:19AM	Durmukha 5118
Routine Work		Marana Yoga		Yama	2:40PM – 4:04PM	Saubhagya Until 9:55PM	Muruga: White	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 41
				Rahu	10:29AM – 11:53AM	Visti Until 4:14PM	Nataraja: White	Purnima	
						Purnima* Until 3:31AM Sat	Magha-Thai	Bhuloka Day	

		Saturday, February 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Silver Retreat Star		Tithi 16		Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 30		Sutra 300	
Kataka Rasi: 29.47				Gulika	6:18AM – 7:42AM	Ashlesha* Until 6:13AM	Ganesh: Purple	<i>Sunrise:</i> 6:18AM	Durmukha 5118
Routine Work		Marana Yoga		Yama	1:17PM – 2:40PM	Sobhana Until 7:50PM	Muruga: White	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 41
Until 6:13AM				Rahu	9:06AM – 10:29AM	Balava Until 2:59PM	Nataraja: White	Prathama	
Then Creative Work - Amrita Yoga						Prathama* Until 2:32AM Sun	Magha-Thai	Bhuloka Day	



Sunday, February 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Tailila/Gara Karana Dvitiyayam Titau

Manama, Bahrain

Sutra 301

Durmukha 5118

Simha Rasi: 13.16

Tithi 17

Gulika 2:41PM - 4:05PM

Yama 11:53AM - 1:17PM

Rahu 4:05PM - 5:28PM

Magha* Until 6:06AM

Athiganda* Until 6:10PM

Tailila Until 2:17PM

Dvitiya Until 2:09AM Mon

Ganesh: Clear

Sunrise: 6:18AM

Muruga: White

Sunset: 5:28PM

Nataraja: White

Moon - Red

Magha-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 6:06AM

Then Creative Work - Siddha Yoga

1

Monday, February 13, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam

Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 302

Durmukha 5118

Simha Rasi: 26.25

Tithi 18

Gulika 1:17PM - 2:41PM

Yama 10:29AM - 11:53AM

Rahu 7:41AM - 9:05AM

Purvaphalguni Until 6:26AM

Sukarma Until 5:01PM

Vanija Until 2:14PM

Tritiya Until 2:26AM Tue

Ganesh: Clear

Sunrise: 6:17AM

Muruga: White

Sunset: 5:29PM

Nataraja: White

Moon - Red

Magha-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, February 14, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam

Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 303

Durmukha 5118

Kanya Rasi: 9.14

Tithi 19

Gulika 11:53AM - 1:17PM

Yama 9:05AM - 10:29AM

Rahu 2:41PM - 4:06PM

Uttaraphalguni Until 7:15AM

Dhriti Until 4:24PM

Bava Until 2:51PM

Chaturthi* Until 3:23AM Wed

Ganesh: Clear

Sunrise: 6:16AM

Muruga: White

Sunset: 5:30PM

Nataraja: White

Moon - Red

Magha-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 7:15AM

Then Creative Work - Siddha Yoga

3

Wednesday, February 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam

Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 304

Durmukha 5118

Kanya Rasi: 21.46

Tithi 20

Gulika 10:29AM - 11:53AM

Yama 7:40AM - 9:04AM

Rahu 11:53AM - 1:17PM

Hasta Until 9:01AM

Shula* Until 4:15PM

Kaulava Until 4:06PM

Panchami Until 4:56AM Thu

Ganesh: White

Sunrise: 6:16AM

Muruga: White

Sunset: 5:30PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Routine Work Marana Yoga

Until 9:01AM

Then Creative Work - Siddha Yoga

4

Thursday, February 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam

Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 305

Durmukha 5118

Tula Rasi: 4.02

Tithi 21

Gulika 9:04AM - 10:28AM

Yama 6:15AM - 7:39AM

Rahu 1:18PM - 2:42PM

Chitra Until 11:12AM

Ganda* Until 4:31PM

Gara Until 5:55PM

Shashthi* Until 6:58AM Fri

Ganesh: Yellow

Sunrise: 6:15AM

Muruga: White

Sunset: 5:31PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 11:12AM

Then Creative Work - Amrita Yoga

5

Friday, February 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam

Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 306

Durmukha 5118

Tula Rasi: 16.06

Tithi 21 - 22

Gulika 7:39AM - 9:03AM

Yama 2:42PM - 4:07PM

Rahu 10:28AM - 11:53AM

Svati Until 1:37PM

Vridhi Until 5:07PM

Visti Until 8:08PM

Shashthi* Until 6:58AM

Ganesh: White

Sunrise: 6:14AM

Muruga: White

Sunset: 5:32PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Creative Work Siddha Yoga

Until 9:01AM

D

Saturday, February 18, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam

Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 307

Durmukha 5118

Tula Rasi: 28.03

Tithi 22 - 23

Gulika 6:13AM - 7:38AM

Yama 1:18PM - 2:43PM

Rahu 9:03AM - 10:28AM

Vishakha Until 4:38PM

Dhruva Until 5:52PM

Balava Until 10:33PM

Saptami Until 9:18AM

Ganesh: Yellow

Sunrise: 6:13AM

Muruga: Yellow

Sunset: 5:32PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Sunday, February 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Anuradha Nakshatra Vyaghata* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 308

Durmukha 5118

Vrischika Rasi: 9.56

Tithi 23 - 24

Gulika 2:43PM - 4:08PM

Yama 11:53AM - 1:18PM

Rahu 4:08PM - 5:33PM

Anuradha Until 7:32PM

Vyaghata* Until 6:40PM

Tailila Until 12:59AM Mon

Ashtami* Until 11:46AM

Ganesh: Yellow

Sunrise: 6:12AM

Muruga: Yellow

Sunset: 5:33PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

Routine Work Marana Yoga

Until 9:01AM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Monday, February 20, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Vrischika Rasi: 21.52		Tihti 24 – 25		Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 309	
Family Home Evening		984971367		Gulika 1:18PM – 2:43PM	Jyeshtha* Until 10:07PM	Ganesh: Yellow <i>Sunrise:</i> 6:12AM	Durmukha 5118
Creative Work Siddha Yoga		Yama 10:27AM – 11:53AM			Harshana Until 7:22PM	Muruga: Yellow <i>Sunset:</i> 5:34PM	Moon 2 - Phase 43
		Rahu 7:37AM – 9:02AM			Vanija Until 3:14AM Tue	Nataraja: White	2nd Phase
					Navami* Until 2:07PM	Moon – Orange	Devaloka Day
						Magha-Masi	

2		Tuesday, February 21, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Dhanus Rasi: 3.52		Tihti 25 – 26		Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 310	
984971367		Gulika 11:53AM – 1:18PM		Mula* Until 12:42AM Wed	Ganesh: Blue <i>Sunrise:</i> 6:11AM		Durmukha 5118
Creative Work Amrita Yoga		Yama 9:02AM – 10:27AM		Vajra* Until 7:48PM	Muruga: Yellow <i>Sunset:</i> 5:34PM		Moon 2 - Phase 43
		Rahu 2:43PM – 4:09PM		Bava Until 5:05AM Wed	Nataraja: White		2nd Phase
				Dashami Until 4:12PM	Moon – Light Blue		Bhuloka Day
					Magha-Masi		Devaloka Time: 12:PM to 3:PM

3		Wednesday, February 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Dhanus Rasi: 16.01		Tihti 26 – 27		Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 311	
984971367		Gulika 10:27AM – 11:52AM		Purvashadha* Until 2:38AM Thu	Ganesh: Blue <i>Sunrise:</i> 6:10AM		Durmukha 5118
Creative Work Amrita Yoga		Yama 7:36AM – 9:01AM		Siddhi Until 7:52PM	Muruga: Yellow <i>Sunset:</i> 5:35PM		Moon 2 - Phase 43
Until 2:38AM Thu		Rahu 11:52AM – 1:18PM		Kaulava Until 6:24AM Thu	Nataraja: White		2nd Phase
Then Routine Work - Marana Yoga				Ekadashi* Until 5:48PM	Moon – Light Blue		Bhuloka Day
					Magha-Masi		Devaloka Time: 12:PM to 3:PM

4		Thursday, February 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Dhanus Rasi: 28.25		Tihti 27		Uttarashadha Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 11 Sutra 312	
984971367		Gulika 9:01AM – 10:27AM		Uttarashadha Until 3:49AM Fri	Ganesh: Blue <i>Sunrise:</i> 6:09AM		Durmukha 5118
Routine Work Marana Yoga		Yama 6:09AM – 7:35AM		Vyatipata* Until 7:31PM	Muruga: Yellow <i>Sunset:</i> 5:36PM		Moon 2 - Phase 43
		Rahu 1:18PM – 2:44PM		Kaulava Until 6:24AM	Nataraja: White		2nd Phase
				Dvadashi* Until 6:48PM	Moon – Light Blue		Bhuloka Day
					Magha-Masi		Devaloka Time: 12:PM to 3:PM

5		Friday, February 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Makara Rasi: 11.04		Tihti 28		Shravana Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 313	
994971367		Gulika 7:34AM – 9:00AM		Shravana Until 4:41AM Sat	Ganesh: Blue <i>Sunrise:</i> 6:08AM		Durmukha 5118
Routine Work Marana Yoga		Yama 2:44PM – 4:10PM		Varyan Until 6:38PM	Muruga: Yellow <i>Sunset:</i> 5:36PM		Moon 2 - Phase 43
Until 4:41AM Sat		Rahu 10:26AM – 11:52AM		Gara Until 7:05AM	Nataraja: White		2nd Phase
Then Creative Work - Siddha Yoga				Trayodashi* Until 7:10PM	Moon – Purple		Bhuloka Day
		Mahasarvatri (Lunar)		<i>Pradosha Vrata (Fasting)</i>	Magha-Masi		Devaloka Time: 12:PM to 3:PM
		Mahasarvatri (Solar)					

6		Saturday, February 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Makara Rasi: 24.02		Tihti 29		Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 314	
994971367		Gulika 6:07AM – 7:34AM		Dhanishtha Until 4:46AM Sun	Ganesh: Blue <i>Sunrise:</i> 6:07AM		Durmukha 5118
Creative Work Siddha Yoga		Yama 1:18PM – 2:44PM		Parigha* Until 5:15PM	Muruga: Yellow <i>Sunset:</i> 5:37PM		Moon 2 - Phase 43
		Rahu 9:00AM – 10:26AM		Visti Until 7:07AM	Nataraja: White		2nd Phase
				Chaturdashi* Until 6:53PM	Moon – Purple		Bhuloka Day
					Magha-Masi		Devaloka Time: 12:PM to 3:PM

Retreat Star		Sunday, February 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Kumbha Rasi: 7.21		Tihti 30 – 1		Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 315	
994971367		Gulika 2:45PM – 4:11PM		Shatabhishak Until 4:09AM Mon	Ganesh: Blue <i>Sunrise:</i> 6:07AM		Durmukha 5118
Creative Work Siddha Yoga		Yama 11:52AM – 1:18PM		Shiva Until 3:25PM	Muruga: Yellow <i>Sunset:</i> 5:37PM		Moon 2 - Phase 43
Until 4:09AM Mon		Rahu 4:11PM – 5:37PM		Catuspada Until 6:31AM	Nataraja: White		Amavasya
Then Routine Work - Marana Yoga				Amavasya* Until 5:59PM	Moon – Purple		Bhuloka Day
		Annular Solar Eclipse			Magha-Masi		Devaloka Time: 12:PM to 3:PM

Retreat Star		Monday, February 27, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Kumbha Rasi: 20.58		Tihti 1 – 2		Purvaproshtapada* Nakshatra Siddha/Sadha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 316	
914971367		Gulika 1:18PM – 2:45PM		Purvaproshtapada* Until 3:23AM Tue	Ganesh: Yellow <i>Sunrise:</i> 6:06AM		Durmukha 5118
Family Home Evening		Yama 10:25AM – 11:52AM		Siddha Until 1:09PM	Muruga: Yellow <i>Sunset:</i> 5:38PM		Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 7:32AM – 8:59AM		Balava Until 3:45AM Tue	Nataraja: White		Prathama
Until 3:23AM Tue				Prathama* Until 4:35PM	Moon – Clear		Devaloka Day
Then Creative Work - Amrita Yoga					Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Tuesday, February 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Yoga Gara/Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Manama, Bahrain Sun 16 Sutra 317	
Meena Rasi: 4.5	Tithi 2 - 3	Gulika	11:52AM - 1:18PM	Uttaraproshtapada Until 2:09AM Wed	Ganesh: Yellow	<i>Sunrise:</i> 6:05AM	Durmukha 5118		
		Yama	8:58AM - 10:25AM	Sadhya Until 10:34AM	Muruga: Yellow	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 44		
		914971367 Rahu	2:45PM - 4:12PM	Taitila Until 1:48AM Wed	Nataraja: White		3rd Phase		
Creative Work	Amrita Yoga			Dvitiya Until 2:48PM	Moon - Clear		Devaloka Day		
Until 2:09AM Wed					Phalguna-Masi				
Then Routine Work - Marana Yoga									

2		Wednesday, March 1, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Manama, Bahrain Sun 17 Sutra 318	
Meena Rasi: 18.56	Tithi 3 - 4	Gulika	10:24AM - 11:51AM	Revati Until 12:32AM Thu	Ganesh: Yellow	<i>Sunrise:</i> 6:03AM	Durmukha 5118		
		Yama	7:30AM - 8:57AM	Subha Until 7:45AM	Muruga: Yellow	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 44		
		914971367 Rahu	11:51AM - 1:18PM	Vanija Until 11:38PM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga			Tritiya Until 12:43PM	Moon - Clear		Devaloka Day		
Until 12:32AM Thu					Phalguna-Masi				
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day							

3		Thursday, March 2, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 319	
Mesha Rasi: 3.09	Tithi 4 - 5	Gulika	8:57AM - 10:24AM	Ashvini Until 11:06PM	Ganesh: Yellow	<i>Sunrise:</i> 6:02AM	Durmukha 5118		
		Yama	6:02AM - 7:29AM	Brahma Until 1:42AM Fri	Muruga: Yellow	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 44		
		925971367 Rahu	1:18PM - 2:46PM	Bava Until 9:21PM	Nataraja: White		3rd Phase		
Creative Work	Amrita Yoga			Chaturthi* Until 10:29AM	Moon - White		Devaloka Day		
Until 11:06PM					Phalguna-Masi				
Then Creative Work - Siddha Yoga									

4		Friday, March 3, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Manama, Bahrain Sun 19 Sutra 320	
Mesha Rasi: 17.26	Tithi 5 - 6	Gulika	7:28AM - 8:56AM	Bharani Until 9:30PM	Ganesh: Yellow	<i>Sunrise:</i> 6:01AM	Durmukha 5118		
		Yama	2:46PM - 4:13PM	Indra Until 10:39PM	Muruga: Yellow	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 44		
		925971367 Rahu	10:23AM - 11:51AM	Kaulava Until 7:02PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga			Panchami Until 8:10AM	Moon - White		Devaloka Day		
					Phalguna-Masi				

5		Saturday, March 4, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau		Manama, Bahrain Sun 20 Sutra 321	
Vrishabha Rasi: 1.42	Tithi 7	Gulika	6:00AM - 7:28AM	Krittika Until 7:50PM	Ganesh: Yellow	<i>Sunrise:</i> 6:00AM	Durmukha 5118		
		Yama	1:18PM - 2:46PM	Vaidhriti* Until 7:37PM	Muruga: Yellow	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 44		
		925971367 Rahu	8:55AM - 10:23AM	Gara Until 4:46PM	Nataraja: White		3rd Phase		
Creative Work	Amrita Yoga			Saptami Until 3:39AM Sun	Moon - White		Devaloka Day		
					Phalguna-Masi				

6		Sunday, March 5, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau		Manama, Bahrain Sun 21 Sutra 322	
Retreat Star		Gulika	2:46PM - 4:14PM	Rohini Until 6:32PM	Ganesh: White	<i>Sunrise:</i> 5:59AM	Durmukha 5118		
Vrishabha Rasi: 15.55	Tithi 8	Yama	11:50AM - 1:18PM	Vishkambha* Until 4:42PM	Muruga: Yellow	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 44		
		135971367 Rahu	4:14PM - 5:42PM	Visti Until 2:36PM	Nataraja: White		Ashtami		
Creative Work	Siddha Yoga			Ashtami* Until 1:33AM Mon	Moon - Yellow		Sivaloka Day		
					Phalguna-Masi				

7		Monday, March 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 22 Sutra 323	
Retreat Star		Gulika	1:18PM - 2:46PM	Mrigashira Until 5:16PM	Ganesh: White	<i>Sunrise:</i> 5:58AM	Durmukha 5118		
Mithuna Rasi: 0.04	Tithi 9	Yama	10:22AM - 11:50AM	Priti Until 1:54PM	Muruga: Yellow	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 44		
Family Home Evening		135971367 Rahu	7:26AM - 8:54AM	Balava Until 12:35PM	Nataraja: White		Navami		
Creative Work	Amrita Yoga			Navami* Until 11:38PM	Moon - Yellow		Sivaloka Day		
Until 5:16PM					Phalguna-Masi				
Then Creative Work - Siddha Yoga									

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Tuesday, March 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Mithuna Rasi: 14.05		Tiṭhi 10		Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 324	
		Gulika	11:50AM – 1:18PM	Ardra Until 4:02PM	Ganesha: White	<i>Sunrise: 5:57AM</i>	Durmukha 5118		
		Yama	8:54AM – 10:22AM	Ayushman Until 11:15AM	Muruga: Yellow	<i>Sunset: 5:43PM</i>	Moon 2 - Phase 45		
Routine Work Marana Yoga		135971367	Rahu	2:46PM – 4:15PM	Nataraja: White		4th Phase		
Until 4:02PM				Taitila Until 10:45AM	Moon – Yellow		Sivaloka Day		
Then Creative Work - Siddha Yoga				Dashami Until 9:54PM	Phalguna-Masi				

2		Wednesday, March 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Mithuna Rasi: 27.58		Tiṭhi 11		Pushya/Punavasu Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 325	
		Gulika	10:21AM – 11:50AM	Punarvasu Until 3:20PM	Ganesha: Clear	<i>Sunrise: 5:56AM</i>	Durmukha 5118		
		Yama	7:24AM – 8:53AM	Saubhagya Until 8:47AM	Muruga: Yellow	<i>Sunset: 5:43PM</i>	Moon 2 - Phase 45		
Creative Work Siddha Yoga		145971367	Rahu	11:50AM – 1:18PM	Nataraja: White		4th Phase		
				Vanija Until 9:09AM	Moon – Blue		Devaloka Day		
				Ekadashi Until 8:25PM	Phalguna-Masi				

3		Thursday, March 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 11.42		Tiṭhi 12		Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvodashyam Titau		Sun 25		Sutra 326	
		Gulika	8:52AM – 10:21AM	Pushya Until 2:45PM	Ganesha: Clear	<i>Sunrise: 5:55AM</i>	Durmukha 5118		
		Yama	5:55AM – 7:24AM	Sobhana Until 6:32AM	Muruga: Yellow	<i>Sunset: 5:44PM</i>	Moon 2 - Phase 45		
Creative Work Amrita Yoga		145971367	Rahu	1:18PM – 2:47PM	Nataraja: White		4th Phase		
Until 2:45PM				Bava Until 7:48AM	Moon – Blue		Devaloka Day		
Then Creative Work - Siddha Yoga				Dvadashi Until 7:13PM	Phalguna-Masi				

4		Friday, March 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 25.15		Tiṭhi 13		Ashlesha*/Magha* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 327	
		Gulika	7:23AM – 8:52AM	Ashlesha* Until 2:20PM	Ganesha: Clear	<i>Sunrise: 5:54AM</i>	Durmukha 5118		
		Yama	2:47PM – 4:16PM	Sukarma Until 2:47AM Sat	Muruga: Yellow	<i>Sunset: 5:45PM</i>	Moon 2 - Phase 45		
Routine Work Marana Yoga		145971367	Rahu	10:20AM – 11:49AM	Nataraja: White		4th Phase		
				Kaulava Until 6:46AM	Moon – Blue		Devaloka Day		
				Trayodashi Until 6:22PM	Phalguna-Masi				
				<i>Pradosha Vrata</i>					

5		Saturday, March 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Simha Rasi: 8.35		Tiṭhi 14 – 15		Magha*/Purvaphalguni Nakshatra Dhriti Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 328	
		Gulika	5:53AM – 7:22AM	Magha* Until 2:36PM	Ganesha: Clear	<i>Sunrise: 5:53AM</i>	Durmukha 5118		
		Yama	1:18PM – 2:47PM	Dhriti Until 1:24AM Sun	Muruga: Yellow	<i>Sunset: 5:45PM</i>	Moon 2 - Phase 45		
Creative Work Amrita Yoga		156971367	Rahu	8:51AM – 10:20AM	Nataraja: White		4th Phase		
Until 2:36PM				Gara Until 6:06AM	Moon – Red		Devaloka Day		
Then Creative Work - Siddha Yoga				Chaturdashi* Until 5:54PM	Phalguna-Masi				
				Chidambaram Abhishekam					

○		Sunday, March 12, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Copper Retreat Star		Tiṭhi 15 – 16		Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 329	
Simha Rasi: 21.43		Gulika	2:47PM – 4:16PM	Purvaphalguni Until 3:09PM	Ganesha: Clear	<i>Sunrise: 5:52AM</i>	Durmukha 5118		
		Yama	11:49AM – 1:18PM	Shula* Until 12:21AM Mon	Muruga: Yellow	<i>Sunset: 5:46PM</i>	Moon 2 - Phase 45		
Creative Work Siddha Yoga		156971367	Rahu	4:16PM – 5:46PM	Nataraja: White		Purnima		
Until 3:09PM				Balava Until 6:05AM Mon	Moon – Red		Devaloka Day		
Then Creative Work - Amrita Yoga				Purnima* Until 5:53PM	Phalguna-Masi				
				Holi					

Monday, March 13, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Kanya Rasi: 5		Tiṭhi 16		Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 330	
		Gulika	1:18PM – 2:47PM	Uttaraphalguni Until 4:01PM	Ganesha: Clear	<i>Sunrise: 5:51AM</i>	Durmukha 5118		
		Yama	10:19AM – 11:48AM	Ganda* Until 11:42PM	Muruga: Yellow	<i>Sunset: 5:46PM</i>	Moon 2 - Phase 45		
Family Home Evening		156171367	Rahu	7:20AM – 8:50AM	Nataraja: White		Prathama		
Creative Work Siddha Yoga				Balava Until 6:05AM	Moon – Red		Devaloka Day		
				Prathama* Until 6:22PM	Phalguna-Masi				



Tuesday, March 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Vridhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain

Sun 1 Sutra 331

Kanya Rasi: 17.14 Tihti 17

Gulika 11:48AM - 1:18PM
Yama 8:49AM - 10:19AM
Rahu 2:47PM - 4:17PM

Hasta Until 5:41PM
Vridhi Until 11:27PM
Taitila Until 6:49AM

Ganesha: Purple Sunrise: 5:50AM
Muruga: Yellow Sunset: 5:47PM
Nataraja: White
Moon - Green

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Karadayian Nombu (Tamil Nadu)

Dvitiya Until 7:21PM

Phalguna-Panguni
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Wednesday, March 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Manama, Bahrain

Sun 2 Sutra 332

Kanya Rasi: 29.4 Tihti 18

Gulika 10:18AM - 11:48AM
Yama 7:19AM - 8:48AM
Rahu 11:48AM - 1:18PM

Chitra Until 7:40PM
Dhruva Until 11:33PM
Vanija Until 8:03AM
Tritiya Until 8:49PM

Ganesha: Purple Sunrise: 5:49AM
Muruga: Yellow Sunset: 5:47PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Thursday, March 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Manama, Bahrain

Sun 3 Sutra 333

Tula Rasi: 11.54 Tihti 19

Gulika 8:48AM - 10:18AM
Yama 5:48AM - 7:18AM
Rahu 1:18PM - 2:48PM

Svati Until 9:54PM
Vyaghata* Until 11:58PM
Bava Until 9:44AM
Chaturthi* Until 10:42PM

Ganesha: Purple Sunrise: 5:48AM
Muruga: Yellow Sunset: 5:48PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga
Until 9:54PM

Devaloka Day

Then Creative Work - Siddha Yoga

3

Friday, March 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain

Sun 4 Sutra 334

Tula Rasi: 23.58 Tihti 20

Gulika 7:17AM - 8:47AM
Yama 2:48PM - 4:18PM
Rahu 10:17AM - 11:47AM

Vishakha Until 12:46AM Sat
Harshana Until 12:39AM Sat
Kaulava Until 11:48AM
Panchami Until 12:56AM Sat

Ganesha: Clear Sunrise: 5:47AM
Muruga: Yellow Sunset: 5:48PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

4

Saturday, March 18, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 5 Sutra 335

Vrischika Rasi: 5.55 Tihti 21

Gulika 5:46AM - 7:16AM
Yama 1:17PM - 2:48PM
Rahu 8:46AM - 10:17AM

Anuradha Until 3:39AM Sun
Vajra* Until 1:27AM Sun
Gara Until 2:08PM
Shashthi* Until 3:20AM Sun

Ganesha: Clear Sunrise: 5:46AM
Muruga: Yellow Sunset: 5:48PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga
Until 3:39AM Sun

Sivaloka Day

Then Routine Work - Marana Yoga

5

Sunday, March 19, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 6 Sutra 336

Vrischika Rasi: 17.49 Tihti 22

Gulika 2:48PM - 4:18PM
Yama 11:47AM - 1:17PM
Rahu 4:18PM - 5:49PM

Jyeshtha* Until 6:22AM Mon
Siddhi Until 2:16AM Mon
Visti Until 4:34PM
Saptami Until 5:44AM Mon

Ganesha: Purple Sunrise: 5:45AM
Muruga: Yellow Sunset: 5:49PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Durmukha 5118
Moon 3 - Phase 46
1st Phase

Routine Work Marana Yoga
Until 6:22AM Mon

Subha Sivaloka Day

Then Creative Work - Siddha Yoga

D

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Balava Karana Ashtamyam Titau

Manama, Bahrain

Sun 7 Sutra 337

Vrischika Rasi: 29.43 Tihti 23

Gulika 1:17PM - 2:48PM
Yama 10:16AM - 11:46AM
Rahu 7:14AM - 8:45AM

Jyeshtha* Until 6:22AM
Vyatipata* Until 3:00AM Tue
Balava Until 6:54PM
Ashtami* Until 7:57AM Tue

Ganesha: Purple Sunrise: 5:43AM
Muruga: Yellow Sunset: 5:49PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Durmukha 5118
Moon 3 - Phase 46
Ashtami

Creative Work Siddha Yoga

Subha Sivaloka Day

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 8 Sutra 338

Dhanus Rasi: 11.41 Tihti 23 - 24

Gulika 11:46AM - 1:17PM
Yama 8:44AM - 10:15AM
Rahu 2:48PM - 4:19PM

Mula* Until 9:14AM
Variyan Until 3:24AM Wed
Taitila Until 8:56PM
Ashtami* Until 7:57AM

Ganesha: Clear Sunrise: 5:42AM
Muruga: Yellow Sunset: 5:50PM
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Durmukha 5118
Moon 3 - Phase 46
Navami

Creative Work Amrita Yoga
Until 9:14AM

Sivaloka Day

Then Creative Work - Siddha Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudev.org/panchang

1		Wednesday, March 22, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Dhanus Rasi: 23.49		Tithi 24 – 25		Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9		Sutra 339	
Creative Work		Amrita Yoga		Gulika 10:15AM – 11:46AM		Purvashadha* Until 11:32AM		Ganesha: Clear Sunrise: 5:41AM	
		187171368		Yama 7:12AM – 8:44AM		Parigha* Until 3:25AM Thu		Muruga: Yellow Sunset: 5:50PM	
				Rahu 11:46AM – 1:17PM		Vanija Until 10:28PM		Nataraja: Clear	
						Navami* Until 9:45AM		Moon – Light Blue	
								Phalguna•Panguni	
								Sivaloka Day	

2		Thursday, March 23, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Makara Rasi: 6.11		Tithi 25 – 26		Uttarashadha*/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Sutra 340	
Routine Work		Marana Yoga		Gulika 8:43AM – 10:14AM		Uttarashadha Until 1:06PM		Ganesha: Clear Sunrise: 5:40AM	
Until 1:06PM		187171368		Yama 5:40AM – 7:12AM		Shiva Until 2:54AM Fri		Muruga: Yellow Sunset: 5:51PM	
Then Creative Work - Siddha Yoga				Rahu 1:17PM – 2:48PM		Bava Until 11:19PM		Nataraja: Clear	
						Dashami Until 10:57AM		Moon – Light Blue	
								Phalguna•Panguni	
								Sivaloka Day	

3		Friday, March 24, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Makara Rasi: 18.52		Tithi 26 – 27		Shravana*/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Sun 11		Sutra 341	
Routine Work		Marana Yoga		Gulika 7:11AM – 8:42AM		Shravana Until 2:15PM		Ganesha: White Sunrise: 5:39AM	
Until 2:15PM		197171368		Yama 2:48PM – 4:20PM		Siddha Until 1:45AM Sat		Muruga: Yellow Sunset: 5:51PM	
Then Creative Work - Siddha Yoga				Rahu 10:14AM – 11:45AM		Kaulava Until 11:23PM		Nataraja: Clear	
						Ekadashi* Until 11:26AM		Moon – Purple	
								Phalguna•Panguni	
								Subha Sivaloka Day	

4		Saturday, March 25, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Kumbha Rasi: 1.56		Tithi 27 – 28		Dhanishtha*/Shatabhishak Nakshatra Sadhya Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 342	
Creative Work		Siddha Yoga		Gulika 5:38AM – 7:10AM		Dhanishtha Until 2:29PM		Ganesha: Clear Sunrise: 5:38AM	
Until 2:29PM		198171368		Yama 1:17PM – 2:48PM		Sadhya Until 12:00AM Sun		Muruga: Yellow Sunset: 5:52PM	
Then Creative Work - Amrita Yoga				Rahu 8:42AM – 10:13AM		Gara Until 10:40PM		Nataraja: Clear	
						Dvadashi* Until 11:06AM		Moon – Purple	
								Phalguna•Panguni	
								Sivaloka Day	
								<i>Pradosha Vrata (Fasting)</i>	

5		Sunday, March 26, 2017				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Kumbha Rasi: 15.25		Tithi 28 – 29		Shatabhishak*/Purvaproshtapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 343	
Creative Work		Siddha Yoga		Gulika 2:48PM – 4:20PM		Shatabhishak Until 1:49PM		Ganesha: Clear Sunrise: 5:37AM	
Until 12:48PM		198171368		Yama 11:45AM – 1:17PM		Subha Until 9:41PM		Muruga: Yellow Sunset: 5:52PM	
Then Creative Work - Siddha Yoga				Rahu 4:20PM – 5:52PM		Visti Until 9:14PM		Nataraja: Clear	
						Trayodashi* Until 10:01AM		Moon – Purple	
								Phalguna•Panguni	
								Sivaloka Day	

Monday, March 27, 2017		Retreat Star				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Kumbha Rasi: 29.19		Tithi 29 – 30		Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashmi/Amavasyayam Titau		Sun 14		Sutra 344	
Family Home Evening		118171368		Gulika 1:16PM – 2:49PM		Purvaproshtapada* Until 12:48PM		Ganesha: White Sunrise: 5:36AM	
Routine Work		Marana Yoga		Yama 10:12AM – 11:44AM		Sukla Until 6:51PM		Muruga: Yellow Sunset: 5:53PM	
Until 12:48PM				Rahu 7:08AM – 8:40AM		Catuspada Until 7:10PM		Nataraja: Clear	
Then Creative Work - Siddha Yoga						Chaturdashmi* Until 8:15AM		Moon – Clear	
								Phalguna•Panguni	
								Devaloka Day	

Tuesday, March 28, 2017		Retreat Star				Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Meena Rasi: 13.34		Tithi 1		Uttaraproshtapada*/Revali Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15		Sutra 345	
Creative Work		Amrita Yoga		Gulika 11:44AM – 1:16PM		Uttaraproshtapada Until 11:08AM		Ganesha: White Sunrise: 5:35AM	
Until 11:08AM		118171368		Yama 8:39AM – 10:12AM		Brahma Until 3:39PM		Muruga: Yellow Sunset: 5:53PM	
Then Creative Work - Siddha Yoga				Rahu 2:49PM – 4:21PM		Kintughna Until 4:38PM		Nataraja: Clear	
				Yugadhi		Prathama* Until 3:13AM Wed		Moon – Clear	
								Chaitra•Panguni	
								Devaloka Day	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudev.org/panchang

1		Wednesday, March 29, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam			Manama, Bahrain	
Meena Rasi: 28.06		Tithi 2		Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Sun 16 Sutra 346	
		Gulika	10:11AM – 11:44AM	Revati Until 8:57AM	Ganesha: White	<i>Sunrise: 5:34AM</i>	Durmukha 5118	
		Yama	7:06AM – 8:39AM	Indra Until 12:11PM	Muruga: Yellow	<i>Sunset: 5:54PM</i>	Moon 3 - Phase 48	
Routine Work Marana Yoga		118171368 Rahu	11:44AM – 1:16PM	Balava Until 1:46PM	Nataraja: Clear		3rd Phase	
		Chellappaswami Mahasamadhi		Dvitiya Until 12:15AM Thu	Moon – Clear		Devaloka Day	
					Chaitra•Panguni			

2		Thursday, March 30, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam			Manama, Bahrain	
Mesha Rasi: 12.48		Tithi 3		Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau			Sun 17 Sutra 347	
		Gulika	8:38AM – 10:11AM	Ashvini Until 6:51AM	Ganesha: Green	<i>Sunrise: 5:33AM</i>	Durmukha 5118	
		Yama	5:33AM – 7:05AM	Vaidhriti* Until 8:33AM	Muruga: Yellow	<i>Sunset: 5:54PM</i>	Moon 3 - Phase 48	
Creative Work Amrita Yoga		128171368 Rahu	1:16PM – 2:49PM	Taitila Until 10:44AM	Nataraja: Clear		3rd Phase	
Until 6:51AM				Tritiya Until 9:11PM	Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga					Chaitra•Panguni			

3		Friday, March 31, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam			Manama, Bahrain	
Mesha Rasi: 27.32		Tithi 4		Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthiyam Titau			Sun 18 Sutra 348	
		Gulika	7:05AM – 8:37AM	Krittika Until 2:13AM Sat	Ganesha: Green	<i>Sunrise: 5:32AM</i>	Durmukha 5118	
		Yama	2:49PM – 4:22PM	Priti Until 1:20AM Sat	Muruga: Yellow	<i>Sunset: 5:55PM</i>	Moon 3 - Phase 48	
Creative Work Siddha Yoga		128171368 Rahu	10:10AM – 11:43AM	Vanija Until 7:41AM	Nataraja: Clear		3rd Phase	
Until 2:13AM Sat				Chaturthi* Until 6:11PM	Moon – White		Devaloka Day	
Then Creative Work - Amrita Yoga					Chaitra•Panguni			

4		Saturday, April 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam			Manama, Bahrain	
Vrishabha Rasi: 12.12		Tithi 5 – 6		Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			Sun 19 Sutra 349	
		Gulika	5:32AM – 7:05AM	Rohini Until 12:23AM Sun	Ganesha: Green	<i>Sunrise: 5:32AM</i>	Durmukha 5118	
		Yama	1:16PM – 2:49PM	Ayushman Until 9:56PM	Muruga: Yellow	<i>Sunset: 5:55PM</i>	Moon 3 - Phase 48	
Creative Work Amrita Yoga		139171368 Rahu	8:37AM – 10:10AM	Kaulava Until 2:03AM Sun	Nataraja: Clear		3rd Phase	
Until 12:23AM Sun				Panchami Until 3:21PM	Moon – Yellow		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga					Chaitra•Panguni			

5		Sunday, April 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam			Manama, Bahrain	
Vrishabha Rasi: 26.41		Tithi 6 – 7		Mrigashira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Sun 20 Sutra 350	
		Gulika	2:49PM – 4:22PM	Mrigashira Until 10:45PM	Ganesha: Green	<i>Sunrise: 5:31AM</i>	Durmukha 5118	
		Yama	11:43AM – 1:16PM	Saubhagya Until 6:48PM	Muruga: Yellow	<i>Sunset: 5:55PM</i>	Moon 3 - Phase 48	
Creative Work Siddha Yoga		139171368 Rahu	4:22PM – 5:55PM	Gara Until 11:41PM	Nataraja: Clear		3rd Phase	
				Shashthi* Until 12:48PM	Moon – Yellow		Subha Sivaloka Day	
					Chaitra•Panguni			

Monday, April 3, 2017		Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam			Manama, Bahrain	
Mithuna Rasi: 10.56		Tithi 7 – 8		Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Sun 21 Sutra 351	
Family Home Evening		Gulika	1:16PM – 2:49PM	Ardra Until 9:22PM	Ganesha: Green	<i>Sunrise: 5:30AM</i>	Durmukha 5118	
Creative Work Siddha Yoga		Yama	10:09AM – 11:43AM	Sobhana Until 4:00PM	Muruga: Yellow	<i>Sunset: 5:56PM</i>	Moon 3 - Phase 48	
Until 9:22PM		139171368 Rahu	7:03AM – 8:36AM	Visti Until 9:43PM	Nataraja: Clear		Ashtami	
Then Creative Work - Amrita Yoga				Saptami Until 10:38AM	Moon – Yellow		Subha Sivaloka Day	
					Chaitra•Panguni			

Tuesday, April 4, 2017		Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam			Manama, Bahrain	
Mithuna Rasi: 24.54		Tithi 8 – 9		Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Sun 22 Sutra 352	
		Gulika	11:42AM – 1:16PM	Punarvasu Until 8:43PM	Ganesha: Red	<i>Sunrise: 5:28AM</i>	Durmukha 5118	
		Yama	8:35AM – 10:09AM	Athiganda* Until 1:32PM	Muruga: Yellow	<i>Sunset: 5:56PM</i>	Moon 3 - Phase 48	
Creative Work Siddha Yoga		149171368 Rahu	2:49PM – 4:23PM	Balava Until 8:13PM	Nataraja: Clear		Navami	
				Ashtami* Until 8:53AM	Moon – Blue		Sivaloka Day	
		Sri Rama Navami			Chaitra•Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Wednesday, April 5, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 8.35		Tithi 9 – 10		Pushya Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Sutra 353	
Creative Work		Siddha Yoga		Gulika	10:08AM – 11:42AM	Pushya Until 8:23PM	Ganesha: Red	<i>Sunrise: 5:27AM</i>	Durmukha 5118
				Yama	7:01AM – 8:35AM	Sukarma Until 11:28AM	Muruga: Yellow	<i>Sunset: 5:57PM</i>	Moon 3 - Phase 49
				149171368 Rahu	11:42AM – 1:16PM	Taitila Until 7:10PM	Nataraja: Clear		4th Phase
						Navami* Until 7:37AM	Moon – Blue		Sivaloka Day
							Chaitra•Panguni		

2		Thursday, April 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 22		Tithi 10 – 11		Ashlesha* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 354	
Creative Work		Siddha Yoga		Gulika	8:34AM – 10:08AM	Ashlesha* Until 8:21PM	Ganesha: Red	<i>Sunrise: 5:26AM</i>	Durmukha 5118
Until 8:21PM				Yama	5:26AM – 7:00AM	Dhriti Until 9:47AM	Muruga: Yellow	<i>Sunset: 5:57PM</i>	Moon 3 - Phase 49
Then Creative Work - Amrita Yoga				149171368 Rahu	1:15PM – 2:49PM	Vanija Until 6:36PM	Nataraja: Clear		4th Phase
						Dashami Until 6:48AM	Moon – Blue		Sivaloka Day
				Yogaswami Mahasamadhi			Chaitra•Panguni		

3		Friday, April 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Simha Rasi: 5.1		Tithi 11 – 12		Magha* Nakshatra Shula*/Ganda*/Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 355	
Routine Work		Marana Yoga		Gulika	6:59AM – 8:33AM	Magha* Until 9:04PM	Ganesha: Yellow	<i>Sunrise: 5:25AM</i>	Durmukha 5118
Until 9:04PM				Yama	2:49PM – 4:23PM	Shula* Until 8:25AM	Muruga: Yellow	<i>Sunset: 5:57PM</i>	Moon 3 - Phase 49
Then Creative Work - Siddha Yoga				159271368 Rahu	10:07AM – 11:41AM	Bava Until 6:28PM	Nataraja: Clear		4th Phase
						Ekadashi Until 6:27AM	Moon – Red		Sivaloka Day
							Chaitra•Panguni		

4		Saturday, April 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Simha Rasi: 18.07		Tithi 12 – 13		Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 356	
Creative Work		Siddha Yoga		Gulika	5:24AM – 6:58AM	Purvaphalguni Until 10:02PM	Ganesha: Yellow	<i>Sunrise: 5:24AM</i>	Durmukha 5118
Until 10:02PM				Yama	1:15PM – 2:50PM	Ganda* Until 7:25AM	Muruga: Yellow	<i>Sunset: 5:58PM</i>	Moon 3 - Phase 49
Then Routine Work - Marana Yoga				151271368 Rahu	8:33AM – 10:07AM	Kaulava Until 6:45PM	Nataraja: Clear		4th Phase
						Dvadashi Until 6:32AM	Moon – Red		Sivaloka Day
							Chaitra•Panguni		
								<i>Pradosha Vrata</i>	

5		Sunday, April 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Kanya Rasi: 0.52		Tithi 13 – 14		Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 357	
Creative Work		Amrita Yoga		Gulika	2:50PM – 4:24PM	Uttaraphalguni Until 11:14PM	Ganesha: Yellow	<i>Sunrise: 5:23AM</i>	Durmukha 5118
				Yama	11:41AM – 1:15PM	Vriddhi Until 6:46AM	Muruga: Yellow	<i>Sunset: 5:58PM</i>	Moon 3 - Phase 49
				151271368 Rahu	4:24PM – 5:58PM	Gara Until 7:27PM	Nataraja: Clear		4th Phase
						Trayodashi Until 7:02AM	Moon – Red		Sivaloka Day
							Chaitra•Panguni		

Monday, April 10, 2017		Copper Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Kanya Rasi: 13.26		Tithi 14 – 15		Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 358	
Family Home Evening				Gulika	1:15PM – 2:50PM	Hasta Until 1:08AM Tue	Ganesha: Blue	<i>Sunrise: 5:22AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		Yama	10:06AM – 11:41AM	Dhruva Until 6:22AM	Muruga: Yellow	<i>Sunset: 5:59PM</i>	Moon 3 - Phase 49
				161271368 Rahu	6:57AM – 8:31AM	Visti Until 8:31PM	Nataraja: Clear		Purnima
						Chaturdashi* Until 7:55AM	Moon – Green		Devaloka Day
				Panguni Uttiram			Chaitra•Panguni		
				Hanuman Jayanti					

Tuesday, April 11, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Kanya Rasi: 25.5		Tithi 15 – 16		Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 359	
Creative Work		Siddha Yoga		Gulika	11:40AM – 1:15PM	Chitra Until 3:12AM Wed	Ganesha: Blue	<i>Sunrise: 5:21AM</i>	Durmukha 5118
				Yama	8:31AM – 10:05AM	Vyaghata* Until 6:17AM	Muruga: Yellow	<i>Sunset: 5:59PM</i>	Moon 3 - Phase 49
				161271368 Rahu	2:50PM – 4:25PM	Balava Until 9:57PM	Nataraja: Clear		Prathama
						Purnima* Until 9:10AM	Moon – Green		Devaloka Day
							Chaitra•Panguni		



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Manama, Bahrain

Tula Rasi: 8.05 Tihi 16 – 17

Gulika 10:05AM – 11:40AM
Yama 6:55AM – 8:30AM
Rahu 11:40AM – 1:15PM

Svati Until 5:25AM Thu
Harshana Until 6:30AM
Taitila Until 11:44PM
Prathama* Until 10:47AM

Ganesha: Blue *Sunrise:* 5:20AM
Muruga: Yellow *Sunset:* 6:00PM
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Sutra 360
Durmukha 5118
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Manama, Bahrain

Tula Rasi: 20.12 Tihi 17 – 18

Gulika 8:29AM – 10:05AM
Yama 5:19AM – 6:54AM
Rahu 1:15PM – 2:50PM

Vishakha Until 8:14AM Fri
Vajra* Until 6:55AM
Vanija Until 1:47AM Fri
Dvitiya Until 12:42PM

Ganesha: Red *Sunrise:* 5:19AM
Muruga: Yellow *Sunset:* 6:00PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sun 1 Sutra 361
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Tamil New Year

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Manama, Bahrain

Vrischika Rasi: 2.13 Tihi 18 – 19

Gulika 6:53AM – 8:29AM
Yama 2:50PM – 4:25PM
Rahu 10:04AM – 11:39AM

Vishakha Until 8:14AM
Siddhi Until 7:34AM
Bava Until 4:04AM Sat
Tritiya Until 2:53PM

Ganesha: Blue *Sunrise:* 5:18AM
Muruga: Yellow *Sunset:* 6:01PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sun 2 Sutra 362
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Manama, Bahrain

Vrischika Rasi: 14.08 Tihi 19 – 20

Gulika 5:17AM – 6:53AM
Yama 1:15PM – 2:50PM
Rahu 8:28AM – 10:04AM

Anuradha Until 11:06AM
Vyatipata* Until 8:23AM
Kaulava Until 6:30AM Sun
Chaturthi* Until 5:15PM

Ganesha: Blue *Sunrise:* 5:17AM
Muruga: Yellow *Sunset:* 6:01PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sun 3 Sutra 363
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Manama, Bahrain

Vrischika Rasi: 26.01 Tihi 20

Gulika 2:50PM – 4:26PM
Yama 11:39AM – 1:15PM
Rahu 4:26PM – 6:02PM

Jyeshtha* Until 1:52PM
Variyan Until 9:15AM
Kaulava Until 6:30AM
Panchami Until 7:41PM

Ganesha: Blue *Sunrise:* 5:16AM
Muruga: Yellow *Sunset:* 6:02PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Sun 4 Sutra 364
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga
Until 1:52PM
Then Creative Work - Amrita Yoga

Devaloka Day

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Manama, Bahrain

Dhanus Rasi: 7.53 Tihi 21

Family Home Evening

Gulika 1:15PM – 2:50PM
Yama 10:03AM – 11:39AM
Rahu 6:51AM – 8:27AM

Mula* Until 4:56PM
Parigha* Until 10:08AM
Gara Until 8:54AM
Shashthi* Until 10:02PM

Ganesha: Red *Sunrise:* 5:15AM
Muruga: Yellow *Sunset:* 6:02PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sun 5 Sutra 1
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga
Until 4:56PM
Then Routine Work - Marana Yoga

Sivaloka Day

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Manama, Bahrain

Dhanus Rasi: 19.5 Tihi 22

Creative Work Siddha Yoga
Until 7:36PM
Then Routine Work - Prabalarishta Yoga

Gulika 11:38AM – 1:15PM
Yama 8:26AM – 10:02AM
Rahu 2:51PM – 4:27PM

Purvashadha* Until 7:36PM
Shiva Until 10:53AM
Visti Until 11:07AM
Saptami Until 12:05AM Wed

Ganesha: Red *Sunrise:* 5:14AM
Muruga: Yellow *Sunset:* 6:03PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sun 6 Sutra 2
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Sivaloka Day

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Manama, Bahrain

Makara Rasi: 1.55 Tihi 23

Creative Work Amrita Yoga
Until 9:38PM
Then Creative Work - Siddha Yoga

Gulika 10:02AM – 11:38AM
Yama 6:50AM – 8:26AM
Rahu 11:38AM – 1:14PM

Uttarashadha Until 9:38PM
Siddha Until 11:17AM
Balava Until 12:57PM
Ashtami* Until 1:37AM Thu

Ganesha: Yellow *Sunrise:* 5:13AM
Muruga: Yellow *Sunset:* 6:03PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Sun 7 Sutra 3
Hemalamba 5119
Moon 4 - Phase 50
Ashtami

Sivaloka Day

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Manama, Bahrain

Makara Rasi: 14.14 Tihi 24

Creative Work Siddha Yoga

Gulika 8:25AM – 10:02AM
Yama 5:12AM – 6:49AM
Rahu 1:14PM – 2:51PM

Shravana Until 11:21PM
Sadhya Until 11:15AM
Taitila Until 2:09PM
Navami* Until 2:27AM Fri

Ganesha: White *Sunrise:* 5:12AM
Muruga: Yellow *Sunset:* 6:04PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Sun 8 Sutra 4
Hemalamba 5119
Moon 4 - Phase 50
Navami

Devaloka Day

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

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1 Friday, April 21, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
		Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 5
Makara Rasi: 26.52 Tihti 25		Gulika 6:48AM – 8:25AM	Dhanishtha Until 12:07AM Sat	Ganesha: White <i>Sunrise:</i> 5:11AM	Hemalamba 5119	
		Yama 2:51PM – 4:28PM	Subha Until 10:39AM	Muruga: Yellow <i>Sunset:</i> 6:04PM	Moon 4 - Phase 1	
Creative Work Siddha Yoga		292271368 Rahu 10:01AM – 11:38AM	Vanija Until 2:35PM	Nataraja: Clear	2nd Phase	
Until 12:07AM Sat					Devaloka Day	
Then Creative Work - Amrita Yoga					Chaitra•Chaitra	

2 Saturday, April 22, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Manama, Bahrain
		Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 6
Kumbha Rasi: 9.53 Tihti 26		Gulika 5:10AM – 6:47AM	Shatabhishak Until 11:53PM	Ganesha: White <i>Sunrise:</i> 5:10AM	Hemalamba 5119	
		Yama 1:14PM – 2:51PM	Sukla Until 9:22AM	Muruga: Yellow <i>Sunset:</i> 6:05PM	Moon 4 - Phase 1	
Creative Work Amrita Yoga		292271368 Rahu 8:24AM – 10:01AM	Bava Until 2:09PM	Nataraja: Clear	2nd Phase	
Until 11:53PM					Devaloka Day	
Then Routine Work - Marana Yoga					Chaitra•Chaitra	

3 Sunday, April 23, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
		Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 7
Kumbha Rasi: 23.23 Tihti 27		Gulika 2:51PM – 4:28PM	Purvaproshtapada* Until 11:08PM	Ganesha: Light Blue <i>Sunrise:</i> 5:10AM	Hemalamba 5119	
		Yama 11:37AM – 1:14PM	Brahma Until 7:24AM	Muruga: Yellow <i>Sunset:</i> 6:05PM	Moon 4 - Phase 1	
Creative Work Siddha Yoga		212271368 Rahu 4:28PM – 6:05PM	Kaulava Until 12:53PM	Nataraja: Clear	2nd Phase	
Until 11:08PM					Devaloka Day	
Then Creative Work - Amrita Yoga					Chaitra•Chaitra	

4 Monday, April 24, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Manama, Bahrain
		Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 8
Meena Rasi: 7.22 Tihti 28		Gulika 1:14PM – 2:51PM	Uttaraproshtapada Until 9:32PM	Ganesha: Light Blue <i>Sunrise:</i> 5:09AM	Hemalamba 5119	
Family Home Evening		Yama 10:00AM – 11:37AM	Vaidhriti* Until 1:39AM Tue	Muruga: Yellow <i>Sunset:</i> 6:06PM	Moon 4 - Phase 1	
Creative Work Siddha Yoga		212271369 Rahu 6:46AM – 8:23AM	Gara Until 10:50AM	Nataraja: Purple	2nd Phase	
					Bhuloka Day	
					Devaloka Time: 12:PM to 3:PM	
					Chaitra•Chaitra	
					<i>Pradosha Vrata (Fasting)</i>	

5 Tuesday, April 25, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
		Revati Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 9
Meena Rasi: 21.47 Tihti 29		Gulika 11:37AM – 1:14PM	Revati Until 7:13PM	Ganesha: Light Blue <i>Sunrise:</i> 5:08AM	Hemalamba 5119	
		Yama 8:22AM – 10:00AM	Vishkambha* Until 10:03PM	Muruga: Yellow <i>Sunset:</i> 6:06PM	Moon 4 - Phase 1	
Creative Work Siddha Yoga		212271369 Rahu 2:52PM – 4:29PM	Visti Until 8:09AM	Nataraja: Purple	2nd Phase	
					Bhuloka Day	
					Devaloka Time: 12:PM to 3:PM	
					Chaitra•Chaitra	

Wednesday, April 26, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
Retreat Star		Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 10
Mesha Rasi: 6.35 Tihti 30 – 1		Gulika 9:59AM – 11:37AM	Ashvini Until 4:47PM	Ganesha: Purple <i>Sunrise:</i> 5:07AM	Hemalamba 5119	
		Yama 6:44AM – 8:22AM	Priti Until 6:09PM	Muruga: Yellow <i>Sunset:</i> 6:07PM	Moon 4 - Phase 1	
Routine Work Marana Yoga		222271369 Rahu 11:37AM – 1:14PM	Kintughna Until 1:30AM Thu	Nataraja: Purple	Amavasya	
Until 4:47PM					Bhuloka Day	
Then Creative Work - Siddha Yoga					Devaloka Time: 12:PM to 3:PM	
					Chaitra•Chaitra	

Thursday, April 27, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
Retreat Star		Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 11
Mesha Rasi: 21.37 Tihti 1 – 2		Gulika 8:21AM – 9:59AM	Bharani Until 2:00PM	Ganesha: Purple <i>Sunrise:</i> 5:06AM	Hemalamba 5119	
		Yama 5:06AM – 6:44AM	Ayushman Until 2:04PM	Muruga: Yellow <i>Sunset:</i> 6:07PM	Moon 4 - Phase 1	
Creative Work Siddha Yoga		222271369 Rahu 1:14PM – 2:52PM	Balava Until 9:52PM	Nataraja: Purple	Prathama	
Until 2:00PM					Bhuloka Day	
Then Routine Work - Marana Yoga					Devaloka Time: 12:PM to 3:PM	
					Vaisaka•Chaitra	

1 Friday, April 28, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 12 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Vrishabha Rasi: 6.44 Tithi 2 - 3 222271369	Gulika	6:43AM - 8:21AM	Krittika Until 11:03AM	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Yama	2:52PM - 4:30PM	Saubhagya Until 9:58AM	Muruga: Yellow	<i>Sunset:</i> 6:08PM	
	Rahu	9:59AM - 11:36AM	Taitila Until 6:16PM	Nataraja: Purple		
Creative Work Siddha Yoga Until 11:03AM Then Routine Work - Marana Yoga			Dvitiya Until 8:02AM	Moon - White Vaisaka-Chaitra		

2 Saturday, April 29, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Manama, Bahrain Sun 17 Sutra 13 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Vrishabha Rasi: 21.46 Tithi 4 232271369	Gulika	5:04AM - 6:42AM	Rohini Until 8:29AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:04AM	Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Yama	1:14PM - 2:52PM	Athiganda* Until 2:12AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:08PM	
	Rahu	8:20AM - 9:58AM	Vanija Until 2:51PM	Nataraja: Purple		
Creative Work Amrita Yoga Until 8:29AM Then Creative Work - Siddha Yoga			Chaturthi* Until 1:15AM Sun	Moon - Yellow Vaisaka-Chaitra		

3 Sunday, April 30, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 14 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Mithuna Rasi: 6.35 Tithi 5 232271369	Gulika	2:52PM - 4:31PM	Mrigashira Until 6:06AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:04AM	Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Yama	11:36AM - 1:14PM	Sukarma Until 10:46PM	Muruga: Yellow	<i>Sunset:</i> 6:09PM	
	Rahu	4:31PM - 6:09PM	Bava Until 11:47AM	Nataraja: Purple		
Creative Work Siddha Yoga		Adi Sankara Jayanthi	Panchami Until 10:24PM	Moon - Yellow Vaisaka-Chaitra		

4 Monday, May 1, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Manama, Bahrain Sun 19 Sutra 15 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Mithuna Rasi: 21.05 Tithi 6 Family Home Evening 242271369	Gulika	1:14PM - 2:53PM	Punarvasu Until 2:46AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:02AM	Devaloka Day
	Yama	9:57AM - 11:36AM	Dhriti Until 7:48PM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	
	Rahu	6:40AM - 8:19AM	Kaulava Until 9:11AM	Nataraja: Purple		
Creative Work Amrita Yoga Until 2:46AM Tue Then Creative Work - Siddha Yoga			Shashthi* Until 8:05PM	Moon - Blue Vaisaka-Chaitra		

5 Tuesday, May 2, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 16 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Kataka Rasi: 5.11 Tithi 7 243371369	Gulika	11:36AM - 1:14PM	Pushya Until 2:01AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:01AM	Devaloka Day
	Yama	8:18AM - 9:57AM	Shula* Until 5:19PM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	
	Rahu	2:53PM - 4:32PM	Gara Until 7:10AM	Nataraja: Purple		
Creative Work Siddha Yoga			Saptami Until 6:23PM	Moon - Blue Vaisaka-Chaitra		

Wednesday, May 3, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 21 Sutra 17 Hemalamba 5119 Moon 4 - Phase 2 Ashtami
Kataka Rasi: 18.54 Tithi 8 - 9 243371369	Gulika	9:57AM - 11:36AM	Ashlesha* Until 1:47AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:00AM	Devaloka Day
	Yama	6:39AM - 8:18AM	Ganda* Until 3:23PM	Muruga: Yellow	<i>Sunset:</i> 6:11PM	
	Rahu	11:36AM - 1:14PM	Balava Until 5:06AM Thu	Nataraja: Purple		
Creative Work Siddha Yoga Until 1:47AM Thu Then Creative Work - Amrita Yoga			Ashtami* Until 5:21PM	Moon - Blue Vaisaka-Chaitra		

Thursday, May 4, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 22 Sutra 18 Hemalamba 5119 Moon 4 - Phase 2 Navami
Simha Rasi: 2.13 Tithi 9 - 10 253381369	Gulika	8:18AM - 9:57AM	Magha* Until 2:30AM Fri	Ganesha: Green	<i>Sunrise:</i> 5:00AM	Bhuloka Day
	Yama	5:00AM - 6:39AM	Vridhdi Until 2:00PM	Muruga: Blue	<i>Sunset:</i> 6:11PM	
	Rahu	1:15PM - 2:53PM	Taitila Until 5:03AM Fri	Nataraja: Purple		
Creative Work Amrita Yoga Until 2:30AM Fri Then Creative Work - Siddha Yoga			Navami* Until 4:59PM	Moon - Red Vaisaka-Chaitra		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Friday, May 5, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 23 Sutra 19
Simha Rasi: 15.12	Tithi 10 - 11	Gulika 6:38AM - 8:17AM	Purvaphalguni Until 3:37AM Sat	Ganesha: Green <i>Sunrise:</i> 4:59AM		Hemalamba 5119
		Yama 2:54PM - 4:33PM	Dhruva Until 1:05PM	Muruga: Blue <i>Sunset:</i> 6:12PM		Moon 4 - Phase 3
		253381369 Rahu 9:56AM - 11:35AM	Vanija Until 5:35AM Sat	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:14PM	Moon - Red	Bhuloka Day	
Until 3:37AM Sat				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

2 Saturday, May 6, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 20
Simha Rasi: 27.54	Tithi 11	Gulika 4:58AM - 6:38AM	Uttaraphalguni Until 5:05AM Sun	Ganesha: Green <i>Sunrise:</i> 4:58AM		Hemalamba 5119
		Yama 1:15PM - 2:54PM	Vyaghata* Until 12:36PM	Muruga: Blue <i>Sunset:</i> 6:12PM		Moon 4 - Phase 3
		253381369 Rahu 8:17AM - 9:56AM	Visti Until 6:01PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 6:01PM	Moon - Red	Bhuloka Day	
Until 5:05AM Sun				Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

3 Sunday, May 7, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 21
Kanya Rasi: 10.23	Tithi 12	Gulika 2:54PM - 4:34PM	Hasta Until 7:14AM Mon	Ganesha: Red <i>Sunrise:</i> 4:58AM		Hemalamba 5119
		Yama 11:35AM - 1:15PM	Harshana Until 12:30PM	Muruga: Blue <i>Sunset:</i> 6:13PM		Moon 4 - Phase 3
		263381369 Rahu 4:34PM - 6:13PM	Bava Until 6:36AM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 7:15PM	Moon - Green	Bhuloka Day	
Until 7:14AM Mon				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

4 Monday, May 8, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 22
Kanya Rasi: 22.41	Tithi 13	Gulika 1:15PM - 2:54PM	Hasta Until 7:14AM	Ganesha: Red <i>Sunrise:</i> 4:57AM		Hemalamba 5119
Family Home Evening		Yama 9:56AM - 11:35AM	Vajra* Until 12:40PM	Muruga: Blue <i>Sunset:</i> 6:14PM		Moon 4 - Phase 3
Creative Work	Siddha Yoga	263381369 Rahu 6:36AM - 8:16AM	Kaulava Until 8:01AM	Nataraja: Purple		4th Phase
Until 7:14AM			Trayodashi Until 8:49PM	Moon - Green	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>	Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	

5 Tuesday, May 9, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 23
Tula Rasi: 4.52	Tithi 14	Gulika 11:35AM - 1:15PM	Chitra Until 9:32AM	Ganesha: Red <i>Sunrise:</i> 4:56AM		Hemalamba 5119
		Yama 8:16AM - 9:55AM	Siddhi Until 1:04PM	Muruga: Blue <i>Sunset:</i> 6:14PM		Moon 4 - Phase 3
		263381369 Rahu 2:55PM - 4:34PM	Gara Until 9:44AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:40PM	Moon - Green	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	

Wednesday, May 10, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain Sutra 24
Copper Retreat Star		Gulika 9:55AM - 11:35AM	Svati Until 11:54AM	Ganesha: Red <i>Sunrise:</i> 4:56AM		Hemalamba 5119
Tula Rasi: 16.57	Tithi 15	Yama 6:35AM - 8:15AM	Vyatipata* Until 1:40PM	Muruga: Blue <i>Sunset:</i> 6:15PM		Moon 4 - Phase 3
		263381369 Rahu 11:35AM - 1:15PM	Visti Until 11:42AM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:44AM Thu	Moon - Green	Bhuloka Day	
		Budha Purnima (Tamil Nadu)		Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	

Thursday, May 11, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sutra 25
Silver Retreat Star		Gulika 8:15AM - 9:55AM	Vishakha Until 2:48PM	Ganesha: Blue <i>Sunrise:</i> 4:55AM		Hemalamba 5119
Tula Rasi: 28.56	Tithi 16	Yama 4:55AM - 6:35AM	Variyan Until 2:23PM	Muruga: Blue <i>Sunset:</i> 6:15PM		Moon 4 - Phase 3
		273381369 Rahu 1:15PM - 2:55PM	Balava Until 1:51PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:58AM Fri	Moon - Orange	Bhuloka Day	
				Vaisaka-Chaitra		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda