



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kuwait City, Kuwait

Sutra 6

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Tula Rasi: 19.05 Tihi 16 - 17

261621369

Gulika 5:15AM - 6:53AM  
Yama 1:24PM - 3:02PM  
Rahu 8:30AM - 10:08AM

Svati Until 7:38AM  
Siddhi Until 3:08PM  
Taitila Until 12:02AM Sun  
Prathama\* Until 10:52AM

Ganesha: Clear  
Muruga: White  
Nataraja: Clear  
Moon - Green  
Chaitra\*Chaitra

Sunrise: 5:14AM  
Sunset: 6:18PM

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, April 24, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kuwait City, Kuwait

Sun 1 Sutra 7

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 1.02 Tihi 17 - 18

271621369

Gulika 3:03PM - 4:41PM  
Yama 11:46AM - 1:24PM  
Rahu 4:41PM - 6:19PM

Vishakha Until 10:35AM  
Vyatipata\* Until 3:53PM  
Vanija Until 2:08AM Mon  
Dvitiya Until 1:06PM

Ganesha: Purple  
Muruga: White  
Nataraja: Purple  
Moon - Orange  
Chaitra\*Chaitra

Sunrise: 5:14AM  
Sunset: 6:19PM

Bhuloka Day

Routine Work Marana Yoga

2

Monday, April 25, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kuwait City, Kuwait

Sun 2 Sutra 8

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 13.04 Tihi 18 - 19

271621369

Family Home Evening  
Creative Work Siddha Yoga

Gulika 1:24PM - 3:03PM  
Yama 10:08AM - 11:46AM  
Rahu 6:51AM - 8:29AM

Anuradha Until 1:08PM  
Variyan Until 4:23PM  
Bava Until 3:57AM Tue  
Tritiya Until 3:04PM

Ganesha: Purple  
Muruga: White  
Nataraja: Purple  
Moon - Orange  
Chaitra\*Chaitra

Sunrise: 5:13AM  
Sunset: 6:19PM

Bhuloka Day

3

Tuesday, April 26, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait

Sun 3 Sutra 9

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 25.13 Tihi 19 - 20

271621369

Routine Work Marana Yoga  
Until 3:12PM  
Then Creative Work - Amrita Yoga

Gulika 11:46AM - 1:24PM  
Yama 8:29AM - 10:07AM  
Rahu 3:03PM - 4:41PM

Jyeshtha\* Until 3:12PM  
Parigha\* Until 4:39PM  
Kaulava Until 5:23AM Wed  
Chaturthi\* Until 4:42PM

Ganesha: Purple  
Muruga: White  
Nataraja: Purple  
Moon - Orange  
Chaitra\*Chaitra

Sunrise: 5:12AM  
Sunset: 6:20PM

Bhuloka Day

4

Wednesday, April 27, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kuwait City, Kuwait

Sun 4 Sutra 10

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Dhanus Rasi: 7.31 Tihi 20 - 21

281621369

Routine Work Marana Yoga  
Until 5:13PM  
Then Creative Work - Amrita Yoga

Gulika 10:07AM - 11:46AM  
Yama 6:50AM - 8:28AM  
Rahu 11:46AM - 1:24PM

Mula\* Until 5:13PM  
Shiva Until 4:38PM  
Gara Until 6:22AM Thu  
Panchami Until 5:55PM

Ganesha: Clear  
Muruga: White  
Nataraja: Purple  
Moon - Light Blue  
Chaitra\*Chaitra

Sunrise: 5:11AM  
Sunset: 6:21PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

5

Thursday, April 28, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha\* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Kuwait City, Kuwait

Sun 5 Sutra 11

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Dhanus Rasi: 20.01 Tihi 21

281621369

Creative Work Siddha Yoga  
Until 6:34PM  
Then Routine Work - Marana Yoga

Gulika 8:28AM - 10:07AM  
Yama 5:10AM - 6:49AM  
Rahu 1:25PM - 3:03PM

Purvashadha\* Until 6:34PM  
Siddha Until 4:11PM  
Gara Until 6:22AM  
Shashthi\* Until 6:39PM

Ganesha: Clear  
Muruga: White  
Nataraja: Purple  
Moon - Light Blue  
Chaitra\*Chaitra

Sunrise: 5:10AM  
Sunset: 6:21PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

6

Friday, April 29, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Kuwait City, Kuwait

Sun 6 Sutra 12

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Makara Rasi: 2.46 Tihi 22

281621369

Routine Work Marana Yoga

Gulika 6:48AM - 8:27AM  
Yama 3:04PM - 4:43PM  
Rahu 10:06AM - 11:45AM

Uttarashadha Until 7:12PM  
Sadhya Until 3:18PM  
Visti Until 6:48AM  
Saptami Until 6:46PM

Ganesha: Clear  
Muruga: White  
Nataraja: Purple  
Moon - Light Blue  
Chaitra\*Chaitra

Sunrise: 5:09AM  
Sunset: 6:22PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

D

Saturday, April 30, 2016  
Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Kuwait City, Kuwait

Sun 7 Sutra 13

Durmukha 5118

Moon 4 - Phase 2

Ashtami

Makara Rasi: 15.49 Tihi 23

291621369

Creative Work Siddha Yoga

Gulika 5:08AM - 6:48AM  
Yama 1:25PM - 3:04PM  
Rahu 8:27AM - 10:06AM

Shravana Until 7:29PM  
Subha Until 1:55PM  
Balava Until 6:36AM  
Ashtami\* Until 6:13PM

Ganesha: White  
Muruga: White  
Nataraja: Purple  
Moon - Purple  
Chaitra\*Chaitra

Sunrise: 5:08AM  
Sunset: 6:22PM

Bhuloka Day

Sunday, May 1, 2016  
Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kuwait City, Kuwait

Sun 8 Sutra 14

Durmukha 5118

Moon 4 - Phase 2

Navami

Makara Rasi: 29.16 Tihi 24 - 25

291621369

Routine Work Marana Yoga  
Until 6:54PM  
Then Creative Work - Siddha Yoga

Gulika 3:04PM - 4:44PM  
Yama 11:45AM - 1:25PM  
Rahu 4:44PM - 6:23PM

Dhanishtha Until 6:54PM  
Sukla Until 11:56AM  
Vanija Until 4:05AM Mon  
Navami\* Until 4:58PM

Ganesha: White  
Muruga: White  
Nataraja: Purple  
Moon - Purple  
Chaitra\*Chaitra

Sunrise: 5:07AM  
Sunset: 6:23PM

Bhuloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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1

Monday, May 2, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Dashami/Ekadashyam TitauKuwait City, Kuwait  
Sun 9 Sutra 15

Kumbha Rasi: 13.07 Tithi 25 - 26

Family Home Evening

Creative Work Siddha Yoga

Until 5:30PM

Then Routine Work - Marana Yoga

Gulika 1:25PM - 3:04PM  
Yama 10:05AM - 11:45AM  
Rahu 6:46AM - 8:26AMShatabhishak Until 5:30PM  
Brahma Until 9:24AM  
Bava Until 1:49AM Tue  
Dashami Until 3:01PMGanesha: Yellow Sunrise: 5:07AM  
Muruga: White Sunset: 6:24PM  
Nataraja: Purple  
Moon - Purple  
Chaitra\*ChaitraDurmukha 5118  
Moon 4 - Phase 3  
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Tuesday, May 3, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Indra/Vaidhrili\* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam TitauKuwait City, Kuwait  
Sun 10 Sutra 16

Kumbha Rasi: 27.23 Tithi 26 - 27

Routine Work Marana Yoga

Until 3:47PM

Then Creative Work - Amrita Yoga

Gulika 11:45AM - 1:25PM  
Yama 8:25AM - 10:05AM  
Rahu 3:05PM - 4:44PMPurvaprosarthapada\* Until 3:47PM  
Indra Until 6:22AM  
Kaulava Until 10:59PM  
Ekadashi\* Until 12:27PMGanesha: Yellow Sunrise: 5:06AM  
Muruga: White Sunset: 6:24PM  
Nataraja: Purple  
Moon - Clear  
Chaitra\*ChaitraDurmukha 5118  
Moon 4 - Phase 3  
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Wednesday, May 4, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Vishkambha\* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam TitauKuwait City, Kuwait  
Sun 11 Sutra 17

Meena Rasi: 12.03 Tithi 27 - 28

Creative Work Siddha Yoga

Until 1:25PM

Then Routine Work - Marana Yoga

Gulika 10:05AM - 11:45AM  
Yama 6:45AM - 8:25AM  
Rahu 11:45AM - 1:25PMUttaraprosarthapada Until 1:25PM  
Vishkambha\* Until 10:59PM  
Gara Until 7:41PM  
Dvadashi\* Until 9:22AM  
Pradosha Vrata (Fasting)Ganesha: Yellow Sunrise: 5:05AM  
Muruga: White Sunset: 6:25PM  
Nataraja: Purple  
Moon - Clear  
Chaitra\*ChaitraDurmukha 5118  
Moon 4 - Phase 3  
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4

Thursday, May 5, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Priti Yoga Visti\*/Sakuni\* Karana Chaturdashyam TitauKuwait City, Kuwait  
Sun 12 Sutra 18

Meena Rasi: 27.02 Tithi 29

Creative Work Siddha Yoga

Until 10:34AM

Then Creative Work - Amrita Yoga

Gulika 8:25AM - 10:05AM  
Yama 5:04AM - 6:44AM  
Rahu 1:25PM - 3:05PMRevati Until 10:34AM  
Priti Until 6:54PM  
Visti Until 4:06PM  
Chaturdashi\* Until 2:13AM FriGanesha: Yellow Sunrise: 5:04AM  
Muruga: White Sunset: 6:25PM  
Nataraja: Purple  
Moon - Clear  
Chaitra\*ChaitraDurmukha 5118  
Moon 4 - Phase 3  
2nd Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

●

Friday, May 6, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada\*/Naga\* Karana Amavasyayam TitauKuwait City, Kuwait  
Sun 13 Sutra 19

Mesha Rasi: 12.11 Tithi 30

Creative Work Amrita Yoga

Until 7:48AM

Then Creative Work - Siddha Yoga

Gulika 6:44AM - 8:24AM  
Yama 3:05PM - 4:46PM  
Rahu 10:04AM - 11:45AMAshvini Until 7:48AM  
Ayushman Until 2:41PM  
Catuspada Until 12:21PM  
Amavasya\* Until 10:27PMGanesha: Red Sunrise: 5:04AM  
Muruga: White Sunset: 6:26PM  
Nataraja: Purple  
Moon - White  
Chaitra\*ChaitraDurmukha 5118  
Moon 4 - Phase 3  
Amavasya

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Saturday, May 7, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna\*/Bava Karana Prathamayam TitauKuwait City, Kuwait  
Sun 14 Sutra 20

Mesha Rasi: 27.22 Tithi 1

Creative Work Amrita Yoga

Until 1:57AM Sun

Then Creative Work - Siddha Yoga

Gulika 5:03AM - 6:43AM  
Yama 1:25PM - 3:06PM  
Rahu 8:24AM - 10:04AMKrittika Until 1:57AM Sun  
Saubhagya Until 10:31AM  
Kintughna Until 8:37AM  
Prathama\* Until 6:47PMGanesha: Red Sunrise: 5:03AM  
Muruga: White Sunset: 6:27PM  
Nataraja: Purple  
Moon - White  
Vaisaka\*ChaitraDurmukha 5118  
Moon 4 - Phase 3  
Prathama

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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|          |                            |              |  |  |  |   |   |
|----------|----------------------------|--------------|--|--|--|---|---|
| <b>1</b> | <b>Sunday, May 8, 2016</b> |              | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam |  |  |   | Kuwait City, Kuwait   |
|          |                            |              | Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau       |  |  |   | Sun 15 Sutra 21   |
|          | Vrishabha Rasi: 12.26      | Tiithi 2 - 3 | 232621369  | <b>Gulika</b> 3:06PM - 4:46PM<br><b>Yama</b> 11:45AM - 1:25PM<br><b>Rahu</b> 4:46PM - 6:27PM | <b>Rohini Until 11:38PM</b><br>Sobhana Until 6:32AM<br>Taitila Until 1:52AM Mon<br><b>Dvitiya Until 3:24PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:02AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:27PM<br><b>Nataraja:</b> Purple<br>Moon - Yellow<br><b>Vaisaka-Chaitra</b> | Durmukha 5118<br>Moon 4 - Phase 4<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
|          | Creative Work Siddha Yoga  |              | Mother's Day   |  |  |   |   |

|          |                            |              |   |   |   |   |   |
|----------|----------------------------|--------------|---|---|---|---|---|
| <b>2</b> | <b>Monday, May 9, 2016</b> |              | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam |   |   |   | Kuwait City, Kuwait   |
|          |                            |              | Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau               |   |   |   | Sun 16 Sutra 22   |
|          | Vrishabha Rasi: 27.12      | Tiithi 3 - 4 | 232621369   | <b>Gulika</b> 1:25PM - 3:06PM<br><b>Yama</b> 10:04AM - 11:45AM<br><b>Rahu</b> 6:42AM - 8:23AM | <b>Mrigashira Until 9:41PM</b><br>Sukarma Until 11:33PM<br>Vanija Until 11:11PM<br><b>Tritiya Until 12:26PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:01AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:28PM<br><b>Nataraja:</b> Purple<br>Moon - Yellow<br><b>Vaisaka-Chaitra</b> | Durmukha 5118<br>Moon 4 - Phase 4<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
|          | Creative Work Amrita Yoga  |              | Akshaya Tritiya   |   |   |   |   |

|          |                              |              |  |   |  |   |   |
|----------|------------------------------|--------------|--|---|--|---|---|
| <b>3</b> | <b>Tuesday, May 10, 2016</b> |              | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam |   |  |   | Kuwait City, Kuwait   |
|          |                              |              | Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                        |   |  |   | Sun 17 Sutra 23   |
|          | Mithuna Rasi: 11.35          | Tiithi 4 - 5 | 232621369  | <b>Gulika</b> 11:45AM - 1:25PM<br><b>Yama</b> 8:23AM - 10:04AM<br><b>Rahu</b> 3:06PM - 4:47PM | <b>Ardra Until 8:15PM</b><br>Dhriti Until 8:51PM<br>Bava Until 9:10PM<br><b>Chaturthi* Until 10:04AM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:01AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:28PM<br><b>Nataraja:</b> Purple<br>Moon - Yellow<br><b>Vaisaka-Chaitra</b> | Durmukha 5118<br>Moon 4 - Phase 4<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
|          | Routine Work Marana Yoga     |              | Akshaya Tritiya  |   |  |   |   |

|          |                                |              |  |  |  |  |   |
|----------|--------------------------------|--------------|--|--|--|--|---|
| <b>4</b> | <b>Wednesday, May 11, 2016</b> |              | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam |  |  |  | Kuwait City, Kuwait   |
|          |                                |              | Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau                |  |  |  | Sun 18 Sutra 24   |
|          | Mithuna Rasi: 25.29            | Tiithi 5 - 6 | 242621369  | <b>Gulika</b> 10:03AM - 11:45AM<br><b>Yama</b> 6:41AM - 8:22AM<br><b>Rahu</b> 11:45AM - 1:26PM | <b>Punarvasu Until 7:54PM</b><br>Shula* Until 6:46PM<br>Kaulava Until 7:56PM<br><b>Panchami Until 8:26AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:00AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:29PM<br><b>Nataraja:</b> Purple<br>Moon - Blue<br><b>Vaisaka-Chaitra</b> | Durmukha 5118<br>Moon 4 - Phase 4<br>3rd Phase<br><b>Devaloka Day</b> |
|          | Creative Work Siddha Yoga      |              | Panchami   |  |  |  |   |

|          |                               |              |   |  |   |  |   |
|----------|-------------------------------|--------------|---|--|---|--|---|
| <b>5</b> | <b>Thursday, May 12, 2016</b> |              | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam |  |   |  | Kuwait City, Kuwait   |
|          |                               |              | Pushya Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau             |  |   |  | Sun 19 Sutra 25   |
|          | Kataka Rasi: 8.55             | Tiithi 6 - 7 | 242621369   | <b>Gulika</b> 8:23AM - 10:03AM<br><b>Yama</b> 4:59AM - 6:41AM<br><b>Rahu</b> 1:26PM - 3:07PM | <b>Pushya Until 8:14PM</b><br>Ganda* Until 5:23PM<br>Gara Until 7:34PM<br><b>Shashthi* Until 7:37AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 4:59AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:29PM<br><b>Nataraja:</b> Purple<br>Moon - Blue<br><b>Vaisaka-Chaitra</b> | Durmukha 5118<br>Moon 4 - Phase 4<br>3rd Phase<br><b>Devaloka Day</b> |
|          | Creative Work Amrita Yoga     |              | Shashthi  |  |   |  |   |

|          |                             |              |  |   |  |  |   |
|----------|-----------------------------|--------------|--|---|--|--|---|
| <b>6</b> | <b>Friday, May 13, 2016</b> |              | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam |   |  |  | Kuwait City, Kuwait   |
|          | <b>Retreat Star</b>         |              | Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau           |   |  |  | Sun 20 Sutra 26   |
|          | Kataka Rasi: 21.53          | Tiithi 7 - 8 | 242621369  | <b>Gulika</b> 6:40AM - 8:22AM<br><b>Yama</b> 3:07PM - 4:49PM<br><b>Rahu</b> 10:03AM - 11:44AM | <b>Ashlesha* Until 9:15PM</b><br>Vridhhi Until 4:41PM<br>Visti Until 8:04PM<br><b>Saptami Until 7:41AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 4:59AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:30PM<br><b>Nataraja:</b> Purple<br>Moon - Blue<br><b>Vaisaka-Chaitra</b> | Durmukha 5118<br>Moon 4 - Phase 4<br>Ashtami<br><b>Devaloka Day</b> |
|          | Routine Work Marana Yoga    |              | Saptami  |   |  |  |   |

|          |                               |              |  |  |   |   |  |
|----------|-------------------------------|--------------|--|--|---|---|--|
| <b>7</b> | <b>Saturday, May 14, 2016</b> |              | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam |  |   |   | Kuwait City, Kuwait  |
|          | <b>Retreat Star</b>           |              | Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau                   |  |   |   | Sun 21 Sutra 27  |
|          | Simha Rasi: 4.26              | Tiithi 8 - 9 | 252621369  | <b>Gulika</b> 4:58AM - 6:40AM<br><b>Yama</b> 1:26PM - 3:08PM<br><b>Rahu</b> 8:21AM - 10:03AM | <b>Magha* Until 11:22PM</b><br>Dhruva Until 4:36PM<br>Balava Until 9:21PM<br><b>Ashtami* Until 8:36AM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:58AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:31PM<br><b>Nataraja:</b> Purple<br>Moon - Red<br><b>Vaisaka-Vaikasi</b> | Durmukha 5118<br>Moon 4 - Phase 4<br>Navami<br><b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |
|          | Creative Work Amrita Yoga     |              | Ashtami  |  |   |   |  |

1

Sunday, May 15, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam TitauKuwait City, Kuwait  
Sun 22 Sutra 28

Simha Rasi: 16.41 Tithi 9 - 10

Gulika 3:08PM - 4:50PM  
Yama 11:44AM - 1:26PM  
Rahu 4:50PM - 6:31PMPurvaphalguni Until 1:54AM Mon  
Vyaghata\* Until 5:03PM  
Taitila Until 11:16PM  
Navami\* Until 10:13AMGanesha: Purple Sunrise: 4:58AM  
Muruga: White Sunset: 6:31PM  
Nataraja: Purple  
Moon - Red  
Vaisaka-VaikasiDurmukha 5118  
Moon 4 - Phase 5  
4th Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Monday, May 16, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Dashami/Ekadashyam TitauKuwait City, Kuwait  
Sun 23 Sutra 29

Simha Rasi: 28.41 Tithi 10 - 11

Gulika 1:26PM - 3:08PM  
Yama 10:03AM - 11:45AM  
Rahu 6:39AM - 8:21AMUttaraphalguni Until 4:40AM Tue  
Harshana Until 5:52PM  
Vanija Until 1:36AM Tue  
Dashami Until 12:22PMGanesha: Purple Sunrise: 4:57AM  
Muruga: White Sunset: 6:32PM  
Nataraja: Purple  
Moon - Red  
Vaisaka-VaikasiDurmukha 5118  
Moon 4 - Phase 5  
4th Phase

Creative Work Siddha Yoga

Bhuloka Day

3

Tuesday, May 17, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Vajra\* Yoga Visti\*/Bava Karana Ekadashi/Dvadashyam TitauKuwait City, Kuwait  
Sun 24 Sutra 30

Kanya Rasi: 10.34 Tithi 11 - 12

Gulika 11:45AM - 1:27PM  
Yama 8:21AM - 10:03AM  
Rahu 3:08PM - 4:50PMHasta Until 7:56AM Wed  
Vajra\* Until 6:52PM  
Bava Until 4:10AM Wed  
Ekadashi Until 2:51PMGanesha: Clear Sunrise: 4:57AM  
Muruga: White Sunset: 6:32PM  
Nataraja: Purple  
Moon - Green  
Vaisaka-VaikasiDurmukha 5118  
Moon 4 - Phase 5  
4th Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Wednesday, May 18, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauKuwait City, Kuwait  
Sun 25 Sutra 31

Kanya Rasi: 22.22 Tithi 12 - 13

Gulika 10:02AM - 11:45AM  
Yama 6:38AM - 8:20AM  
Rahu 11:45AM - 1:27PMHasta Until 7:56AM  
Siddhi Until 7:57PM  
Kaulava Until 6:44AM Thu  
Dvadashi Until 5:26PMGanesha: Purple Sunrise: 4:56AM  
Muruga: White Sunset: 6:33PM  
Nataraja: Purple  
Moon - Green  
Vaisaka-VaikasiDurmukha 5118  
Moon 4 - Phase 5  
4th Phase

Routine Work Marana Yoga

Devaloka Day

Until 7:56AM

Then Creative Work - Siddha Yoga

Pradosha Vrata

5

Thursday, May 19, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Trayodashyam TitauKuwait City, Kuwait  
Sun 26 Sutra 32

Tula Rasi: 4.1 Tithi 13

Gulika 8:20AM - 10:02AM  
Yama 4:56AM - 6:38AM  
Rahu 1:27PM - 3:09PMChitra Until 11:02AM  
Vyatipata\* Until 8:59PM  
Kaulava Until 6:44AM  
Trayodashi Until 7:57PMGanesha: Purple Sunrise: 4:56AM  
Muruga: White Sunset: 6:34PM  
Nataraja: Purple  
Moon - Green  
Vaisaka-VaikasiDurmukha 5118  
Moon 4 - Phase 5  
4th Phase

Creative Work Siddha Yoga

Devaloka Day

Until 11:02AM

Then Creative Work - Amrita Yoga

6

Friday, May 20, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam TitauKuwait City, Kuwait  
Sun 27 Sutra 33

Tula Rasi: 16.02 Tithi 14

Gulika 6:38AM - 8:20AM  
Yama 3:09PM - 4:52PM  
Rahu 10:02AM - 11:45AMSvati Until 1:49PM  
Variyan Until 9:50PM  
Gara Until 9:09AM  
Chaturdashi\* Until 10:15PMGanesha: Purple Sunrise: 4:55AM  
Muruga: White Sunset: 6:34PM  
Nataraja: Purple  
Moon - Green  
Vaisaka-VaikasiDurmukha 5118  
Moon 4 - Phase 5  
4th Phase

Creative Work Siddha Yoga

Devaloka Day

Vaikasi Visakam

O

Saturday, May 21, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Parigha\* Yoga Visti\*/Bava Karana Purnimayam TitauKuwait City, Kuwait  
Sun 28 Sutra 34

Tula Rasi: 27.58 Tithi 15

Gulika 4:55AM - 6:37AM  
Yama 1:27PM - 3:10PM  
Rahu 8:20AM - 10:02AMVishakha Until 4:40PM  
Parigha\* Until 10:28PM  
Visti Until 11:20AM  
Purnima\* Until 12:17AM SunGanesha: Clear Sunrise: 4:55AM  
Muruga: White Sunset: 6:35PM  
Nataraja: Purple  
Moon - Orange  
Vaisaka-VaikasiDurmukha 5118  
Moon 4 - Phase 5  
Purnima

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Sunday, May 22, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam TitauKuwait City, Kuwait  
Sun 29 Sutra 35

Vrischika Rasi: 10.02 Tithi 16

Gulika 3:10PM - 4:53PM  
Yama 11:45AM - 1:27PM  
Rahu 4:53PM - 6:35PMAnuradha Until 7:03PM  
Shiva Until 10:53PM  
Balava Until 1:11PM  
Prathama\* Until 1:58AM MonGanesha: Clear Sunrise: 4:54AM  
Muruga: White Sunset: 6:35PM  
Nataraja: Purple  
Moon - Orange  
Vaisaka-VaikasiDurmukha 5118  
Moon 4 - Phase 5  
Prathama

Routine Work Marana Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang



**Monday, May 23, 2016**  
**Gold Retreat Star**

Vrischika Rasi: 22.14    Tiithi 17  
**Family Home Evening**  
Creative Work    Siddha Yoga

273721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

**Gulika**    1:28PM – 3:10PM    **Jyeshtha\* Until 8:56PM**  
Yama    10:02AM – 11:45AM    Siddha Until 10:59PM  
**Rahu**    6:37AM – 8:19AM    Tailila Until 2:42PM  
Dvitiya Until 3:19AM Tue

**Ganesh:** Clear    *Sunrise:* 4:54AM  
**Muruga:** White    *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 1    Sutra 36  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Tuesday, May 24, 2016**

Dhanus Rasi: 4.35    Tiithi 18  
Creative Work    Amrita Yoga  
Until 10:48PM  
Then Creative Work - Siddha Yoga

283721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**    11:45AM – 1:28PM    **Mula\* Until 10:48PM**  
Yama    8:19AM – 10:02AM    Sadhya Until 10:50PM  
**Rahu**    3:11PM – 4:54PM    Vanija Until 3:52PM  
Tritiya Until 4:17AM Wed

**Ganesh:** White    *Sunrise:* 4:54AM  
**Muruga:** White    *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 2    Sutra 37  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Wednesday, May 25, 2016**

Dhanus Rasi: 17.05    Tiithi 19  
Creative Work    Amrita Yoga  
Until 12:08AM Thu  
Then Routine Work - Marana Yoga

383721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    10:02AM – 11:45AM    **Purvashadha\* Until 12:08AM Thu**  
Yama    6:36AM – 8:19AM    Subha Until 10:24PM  
**Rahu**    11:45AM – 1:28PM    Bava Until 4:39PM  
Chaturthi\* Until 4:52AM Thu

**Ganesh:** Clear    *Sunrise:* 4:53AM  
**Muruga:** White    *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 3    Sutra 38  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Thursday, May 26, 2016**

Dhanus Rasi: 29.47    Tiithi 20  
Routine Work    Marana Yoga

383721369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

**Gulika**    8:19AM – 10:02AM    **Uttarashadha Until 12:54AM Fri**  
Yama    4:53AM – 6:36AM    Sukla Until 9:37PM  
**Rahu**    1:28PM – 3:11PM    Kaulava Until 5:02PM  
Panchami Until 5:02AM Fri

**Ganesh:** Clear    *Sunrise:* 4:53AM  
**Muruga:** White    *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 4    Sutra 39  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Friday, May 27, 2016**

Makara Rasi: 12.4    Tiithi 21  
Routine Work    Marana Yoga  
Until 1:31AM Sat  
Then Creative Work - Siddha Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    6:36AM – 8:19AM    **Shravana Until 1:31AM Sat**  
Yama    3:12PM – 4:55PM    Brahma Until 8:29PM  
**Rahu**    10:02AM – 11:45AM    Gara Until 4:57PM  
Shashthi\* Until 4:43AM Sat

**Ganesh:** White    *Sunrise:* 4:52AM  
**Muruga:** Clear    *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 5    Sutra 40  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Sivaloka Day**  
Devaloka Time: 9:AM to 12:PM

**5**

**Saturday, May 28, 2016**

Makara Rasi: 25.47    Tiithi 22  
Creative Work    Siddha Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    4:52AM – 6:36AM    **Dhanishtha Until 1:29AM Sun**  
Yama    1:29PM – 3:12PM    Indra Until 6:57PM  
**Rahu**    8:19AM – 10:02AM    Visti Until 4:24PM  
Saptami Until 3:54AM Sun

**Ganesh:** White    *Sunrise:* 4:52AM  
**Muruga:** Clear    *Sunset:* 6:39PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 6    Sutra 41  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Sivaloka Day**  
Devaloka Time: 9:AM to 12:PM

**D**

**Sunday, May 29, 2016**  
**Retreat Star**

Kumbha Rasi: 9.12    Tiithi 23  
Creative Work    Siddha Yoga  
Until 12:45AM Mon  
Then Routine Work - Marana Yoga

393731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    3:12PM – 4:56PM    **Shatabhishak Until 12:45AM Mon**  
Yama    11:46AM – 1:29PM    Vaidhriti\* Until 4:59PM  
**Rahu**    4:56PM – 6:39PM    Balava Until 3:18PM  
Ashtami\* Until 2:31AM Mon

**Ganesh:** White    *Sunrise:* 4:52AM  
**Muruga:** Clear    *Sunset:* 6:39PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 7    Sutra 42  
Durmukha 5118  
Moon 5 - Phase 6  
Ashtami

**Sivaloka Day**  
Devaloka Time: 9:AM to 12:PM

**Monday, May 30, 2016**  
**Retreat Star**

Kumbha Rasi: 22.56    Tiithi 24  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 11:47PM  
Then Creative Work - Siddha Yoga

314731369

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Navamyam Titau

**Gulika**    1:29PM – 3:13PM    **Purvaproshtapada\* Until 11:47PM**  
Yama    10:02AM – 11:46AM    Vishkambha\* Until 2:34PM  
**Rahu**    6:35AM – 8:19AM    Tailila Until 1:38PM  
Navami\* Until 12:36AM Tue

**Ganesh:** Clear    *Sunrise:* 4:52AM  
**Muruga:** Clear    *Sunset:* 6:40PM  
**Nataraja:** Purple  
Moon – Clear  
**Vaisaka-Vaikasi**

Kuwait City, Kuwait  
Sun 8    Sutra 43  
Durmukha 5118  
Moon 5 - Phase 6  
Navami


**Devaloka Day**  
Devaloka Time: 9:AM to 12:PM

|                                  |             |                              |                         |  |                         |  |                     |                                       |  |
|----------------------------------|-------------|------------------------------|-------------------------|--|-------------------------|--|---------------------|---------------------------------------|--|
| <b>1</b>                         |             | <b>Tuesday, May 31, 2016</b> |                         |  |                         | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Dashamyam Titau |                     | Kuwait City, Kuwait<br>Sun 9 Sutra 44 |  |
| Meena Rasi: 7                    | Tithi 25    | <b>Gulika</b>                | <b>11:46AM – 1:29PM</b> | <b>Uttaraproshtapada Until 10:09PM</b> | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 4:51AM   | Durmukha 5118       |                                       |  |
|                                  |             | Yama                         | 8:19AM – 10:02AM        | Priti Until 11:44AM                    | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:40PM  | Moon 5 - Phase 7    |                                       |  |
|                                  |             | 314731369 <b>Rahu</b>        | 3:13PM – 4:57PM         | Vanija Until 11:27AM                   | <b>Nataraja:</b> Purple |  | 2nd Phase           |                                       |  |
| Creative Work                    | Amrita Yoga |                              |                         | <b>Dashami Until 10:10PM</b>           | Moon – Clear            |  | <b>Devaloka Day</b> |                                       |  |
| Until 10:09PM                    |             |                              |                         |  | <b>Vaisaka-Vaikasi</b>  |  |                     |                                       |  |
| Then Creative Work - Siddha Yoga |             |                              |                         |  |                         |  |                     |                                       |  |

|                   |             |                                |                          |                               |                         |   |                     |  |  |
|-------------------|-------------|--------------------------------|--------------------------|-------------------------------|-------------------------|---|---------------------|--|--|
| <b>2</b>          |             | <b>Wednesday, June 1, 2016</b> |                          |                               |                         | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau |                     | Kuwait City, Kuwait<br>Sun 10 Sutra 45 |  |
| Meena Rasi: 21.24 | Tithi 26    | <b>Gulika</b>                  | <b>10:02AM – 11:46AM</b> | <b>Revati Until 7:57PM</b>    | <b>Ganesh:</b> Clear    | <i>Sunrise:</i> 4:51AM  | Durmukha 5118       |  |  |
|                   |             | Yama                           | 6:35AM – 8:19AM          | Ayushman Until 8:29AM         | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:41PM   | Moon 5 - Phase 7    |  |  |
|                   |             | 314731369 <b>Rahu</b>          | 11:46AM – 1:30PM         | Bava Until 8:48AM             | <b>Nataraja:</b> Purple |   | 2nd Phase           |  |  |
| Routine Work      | Marana Yoga |                                |                          | <b>Ekadashi* Until 7:18PM</b> | Moon – Clear            |   | <b>Devaloka Day</b> |  |  |
|                   |             |                                |                          |                               | <b>Vaisaka-Vaikasi</b>  |   |                     |  |  |

|                                  |               |                               |                         |                                 |                         |  |                              |  |  |
|----------------------------------|---------------|-------------------------------|-------------------------|---------------------------------|-------------------------|--|------------------------------|--|--|
| <b>3</b>                         |               | <b>Thursday, June 2, 2016</b> |                         |                                 |                         | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                              | Kuwait City, Kuwait<br>Sun 11 Sutra 46 |  |
| Mesha Rasi: 6.05                 | Tithi 27 – 28 | <b>Gulika</b>                 | <b>8:19AM – 10:02AM</b> | <b>Ashvini Until 5:42PM</b>     | <b>Ganesh:</b> White    | <i>Sunrise:</i> 4:51AM   | Durmukha 5118                |  |  |
|                                  |               | Yama                          | 4:51AM – 6:35AM         | Sobhana Until 1:10AM Fri        | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:41PM  | Moon 5 - Phase 7             |  |  |
|                                  |               | 324731369 <b>Rahu</b>         | 1:30PM – 3:14PM         | Gara Until 2:27AM Fri           | <b>Nataraja:</b> Purple |  | 2nd Phase                    |  |  |
| Creative Work                    | Amrita Yoga   |                               |                         | <b>Dvadashi* Until 4:07PM</b>   | Moon – White            |  | <b>Bhuloka Day</b>           |  |  |
| Until 5:42PM                     |               |                               |                         | <i>Pradosha Vrata (Fasting)</i> | <b>Vaisaka-Vaikasi</b>  |  | Devaloka Time: 12:PM to 3:PM |  |  |
| Then Creative Work - Siddha Yoga |               |                               |                         |                                 |                         |  |                              |  |  |

|                   |               |                             |                        |                                  |                         |  |                              |  |  |
|-------------------|---------------|-----------------------------|------------------------|----------------------------------|-------------------------|--|------------------------------|--|--|
| <b>4</b>          |               | <b>Friday, June 3, 2016</b> |                        |                                  |                         | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau |                              | Kuwait City, Kuwait<br>Sun 12 Sutra 47 |  |
| Mesha Rasi: 20.58 | Tithi 28 – 29 | <b>Gulika</b>               | <b>6:35AM – 8:19AM</b> | <b>Bharani Until 3:08PM</b>      | <b>Ganesh:</b> White    | <i>Sunrise:</i> 4:51AM   | Durmukha 5118                |  |  |
|                   |               | Yama                        | 3:14PM – 4:58PM        | Athiganda* Until 9:16PM          | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:42PM  | Moon 5 - Phase 7             |  |  |
|                   |               | 324731369 <b>Rahu</b>       | 10:02AM – 11:46AM      | Visti Until 11:02PM              | <b>Nataraja:</b> Purple |  | 2nd Phase                    |  |  |
| Creative Work     | Siddha Yoga   |                             |                        | <b>Trayodashi* Until 12:44PM</b> | Moon – White            |  | <b>Bhuloka Day</b>           |  |  |
|                   |               |                             |                        |                                  | <b>Vaisaka-Vaikasi</b>  |  | Devaloka Time: 12:PM to 3:PM |  |  |

|   |               |                               |                        |                                  |                         |  |                              |  |  |
|---|---------------|-------------------------------|------------------------|----------------------------------|-------------------------|--|------------------------------|--|--|
|  |               | <b>Saturday, June 4, 2016</b> |                        |                                  |                         | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                              | Kuwait City, Kuwait<br>Sun 13 Sutra 48 |  |
| <b>Retreat Star</b>   |               | <b>Gulika</b>                 | <b>4:51AM – 6:35AM</b> | <b>Krittika Until 12:24PM</b>    | <b>Ganesh:</b> White    | <i>Sunrise:</i> 4:51AM   | Durmukha 5118                |  |  |
| Vrishabha Rasi: 5.55  | Tithi 29 – 30 | Yama                          | 1:30PM – 3:14PM        | Sukarma Until 5:24PM             | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:42PM  | Moon 5 - Phase 7             |  |  |
|   |               | 324731369 <b>Rahu</b>         | 8:19AM – 10:03AM       | Catuspada Until 7:38PM           | <b>Nataraja:</b> Purple |  | Amavasya                     |  |  |
| Creative Work   | Amrita Yoga   |                               |                        | <b>Chaturdashi* Until 9:18AM</b> | Moon – White            |  | <b>Bhuloka Day</b>           |  |  |
|   |               |                               |                        |                                  | <b>Vaisaka-Vaikasi</b>  |  | Devaloka Time: 12:PM to 3:PM |  |  |

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| <b>Retreat Star</b>   |              | <b>Sunday, June 5, 2016</b> |                        |                               |                         | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau |                              | Kuwait City, Kuwait<br>Sun 14 Sutra 49 |  |
| Vrishabha Rasi: 20.49 | Tithi 30 – 1 | <b>Gulika</b>               | <b>3:15PM – 4:59PM</b> | <b>Rohini Until 10:04AM</b>   | <b>Ganesh:</b> Green    | <i>Sunrise:</i> 4:51AM   | Durmukha 5118                |  |  |
|                       |              | Yama                        | 11:47AM – 1:31PM       | Dhriti Until 1:41PM           | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:43PM  | Moon 5 - Phase 7             |  |  |
|                       |              | 334731361 <b>Rahu</b>       | 4:59PM – 6:43PM        | Bava Until 2:58AM Mon         | <b>Nataraja:</b> White  |  | Prathama                     |  |  |
| Creative Work         | Siddha Yoga  |                             |                        | <b>Amavasya* Until 6:00AM</b> | Moon – Yellow           |  | <b>Bhuloka Day</b>           |  |  |
|                       |              |                             |                        |                               | <b>Jyeshtha-Vaikasi</b> |  | Devaloka Time: 12:PM to 3:PM |  |  |

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| <b>1</b>                         |             | <b>Monday, June 6, 2016</b> |                   | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        |                              |                    | Kuwait City, Kuwait<br>Sun 15 Sutra 50 |
| Mithuna Rasi: 5.29               | Tithi 2     | <b>Gulika</b>               | 1:31PM – 3:15PM   | <b>Mrigashira</b> Until 7:56AM  | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:51AM       | Durmukha 5118      |  |
| <b>Family Home Evening</b>       | 334731361   | Yama                        | 10:03AM – 11:47AM | Shula* Until 10:14AM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:43PM        | Moon 5 - Phase 8   |  |
| Creative Work                    | Amrita Yoga | <b>Rahu</b>                 | 6:35AM – 8:19AM   | Balava Until 1:37PM   | <b>Nataraja:</b> White |                              | 3rd Phase          |  |
| Until 7:56AM                     |             |                             |                   | <b>Dvitiya</b> Until 12:22AM Tue  | Moon – Yellow          |                              | <b>Bhuloka Day</b> |  |
| Then Creative Work - Siddha Yoga |             |                             |                   |   | Jyeshtha-Vaikasi       | Devaloka Time: 12:PM to 3:PM |                    |  |

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| <b>2</b>                         |             | <b>Tuesday, June 7, 2016</b> |                  | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Tritiyayam Titau |                        |                              |                    | Kuwait City, Kuwait<br>Sun 16 Sutra 51 |
| Mithuna Rasi: 19.49              | Tithi 3     | <b>Gulika</b>                | 11:47AM – 1:31PM | <b>Ardra</b> Until 6:08AM   | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:51AM       | Durmukha 5118      |  |
|                                  | 334731361   | Yama                         | 8:19AM – 10:03AM | Ganda* Until 7:13AM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:43PM        | Moon 5 - Phase 8   |  |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                  | 3:15PM – 4:59PM  | Tailila Until 11:19AM   | <b>Nataraja:</b> White |                              | 3rd Phase          |  |
| Until 6:08AM                     |             |                              |                  | <b>Tritiya</b> Until 10:23PM  | Moon – Yellow          |                              | <b>Bhuloka Day</b> |  |
| Then Creative Work - Siddha Yoga |             |                              |                  |   | Jyeshtha-Vaikasi       | Devaloka Time: 12:PM to 3:PM |                    |  |

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| <b>3</b>          |             | <b>Wednesday, June 8, 2016</b> |                   | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau |                        |                              |                    | Kuwait City, Kuwait<br>Sun 17 Sutra 52 |
| Kataka Rasi: 3.44 | Tithi 4     | <b>Gulika</b>                  | 10:03AM – 11:47AM | <b>Pushya</b> Until 5:01AM Thu   | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:50AM       | Durmukha 5118      |  |
|                   | 344731361   | Yama                           | 6:35AM – 8:19AM   | Dhruva Until 2:52AM Thu  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:44PM        | Moon 5 - Phase 8   |  |
| Creative Work     | Siddha Yoga | <b>Rahu</b>                    | 11:47AM – 1:31PM  | Vanija Until 9:41AM  | <b>Nataraja:</b> White |                              | 3rd Phase          |  |
|                   |             |                                |                   | <b>Chaturthi*</b> Until 9:08PM   | Moon – Blue            |                              | <b>Bhuloka Day</b> |  |
|                   |             |                                |                   |  | Jyeshtha-Vaikasi       | Devaloka Time: 12:PM to 3:PM |                    |  |

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| <b>4</b>                        |             | <b>Thursday, June 9, 2016</b> |                  | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau |                        |                              |                    | Kuwait City, Kuwait<br>Sun 18 Sutra 53 |
| Kataka Rasi: 17.12              | Tithi 5     | <b>Gulika</b>                 | 8:19AM – 10:03AM | <b>Ashlesha*</b> Until 5:27AM Fri   | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:50AM       | Durmukha 5118      |  |
|                                 | 344731361   | Yama                          | 4:50AM – 6:35AM  | Vyaghata* Until 1:41AM Fri  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:44PM        | Moon 5 - Phase 8   |  |
| Creative Work                   | Siddha Yoga | <b>Rahu</b>                   | 1:32PM – 3:16PM  | Bava Until 8:50AM   | <b>Nataraja:</b> White |                              | 3rd Phase          |  |
| Until 5:27AM Fri                |             |                               |                  | <b>Panchami</b> Until 8:43PM  | Moon – Blue            |                              | <b>Bhuloka Day</b> |  |
| Then Routine Work - Marana Yoga |             |                               |                  |   | Jyeshtha-Vaikasi       | Devaloka Time: 12:PM to 3:PM |                    |  |

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| <b>5</b>                         |             | <b>Friday, June 10, 2016</b> |                   | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Harshana Yoga Kaulava/Tailila Karana Shashthyam Titau |                        |                        |                     | Kuwait City, Kuwait<br>Sun 19 Sutra 54 |
| Simha Rasi: 0.12                 | Tithi 6     | <b>Gulika</b>                | 6:35AM – 8:19AM   | <b>Magha*</b> Until 7:01AM Sat   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:50AM | Durmukha 5118       |  |
|                                  | 354731361   | Yama                         | 3:16PM – 5:00PM   | Harshana Until 1:11AM Sat  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:45PM  | Moon 5 - Phase 8    |  |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                  | 10:03AM – 11:48AM | Kaulava Until 8:51AM   | <b>Nataraja:</b> White |                        | 3rd Phase           |  |
| Until 7:01AM Sat                 |             |                              |                   | <b>Shashthi*</b> Until 9:09PM  | Moon – Red             |                        | <b>Devaloka Day</b> |  |
| Then Creative Work - Siddha Yoga |             |                              |                   |  | Jyeshtha-Vaikasi       |                        |                     |  |

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| <b>6</b>                         |             | <b>Saturday, June 11, 2016</b> |                  | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau |                        |                        |                     | Kuwait City, Kuwait<br>Sun 20 Sutra 55 |
| Simha Rasi: 12.48                | Tithi 7     | <b>Gulika</b>                  | 4:50AM – 6:35AM  | <b>Magha*</b> Until 7:01AM  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:50AM | Durmukha 5118       |  |
|                                  | 355731361   | Yama                           | 1:32PM – 3:16PM  | Vajra* Until 1:16AM Sun   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:45PM  | Moon 5 - Phase 8    |  |
| Creative Work                    | Amrita Yoga | <b>Rahu</b>                    | 8:19AM – 10:03AM | Gara Until 9:41AM   | <b>Nataraja:</b> White |                        | 3rd Phase           |  |
| Until 7:01AM                     |             |                                |                  | <b>Saptami</b> Until 10:22PM  | Moon – Red             |                        | <b>Sivaloka Day</b> |  |
| Then Creative Work - Siddha Yoga |             |                                |                  |   | Jyeshtha-Vaikasi       |                        |                     |  |

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| <b>☾</b>                         |             | <b>Sunday, June 12, 2016</b> |                  | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau |                        |                        |                     | Kuwait City, Kuwait<br>Sun 21 Sutra 56 |
| <b>Retreat Star</b>              |             | <b>Gulika</b>                | 3:17PM – 5:01PM  | <b>Purvaphalguni</b> Until 9:09AM   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:51AM | Durmukha 5118       |  |
| Simha Rasi: 25.04                | Tithi 8     | Yama                         | 11:48AM – 1:32PM | Siddhi Until 1:50AM Mon   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:45PM  | Moon 5 - Phase 8    |  |
|                                  | 355831361   | <b>Rahu</b>                  | 5:01PM – 6:45PM  | Visti Until 11:16AM   | <b>Nataraja:</b> White |                        | Ashtami             |  |
| Creative Work                    | Siddha Yoga |                              |                  | <b>Ashtami*</b> Until 12:14AM Mon   | Moon – Red             |                        | <b>Devaloka Day</b> |  |
| Until 9:09AM                     |             |                              |                  |   | Jyeshtha-Vaikasi       |                        |                     |  |
| Then Creative Work - Amrita Yoga |             |                              |                  |   |                        |                        |                     |  |

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| <b>☾</b>                   |             | <b>Monday, June 13, 2016</b> |                   | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau |                        |                        |                     | Kuwait City, Kuwait<br>Sun 22 Sutra 57 |
| <b>Retreat Star</b>        |             | <b>Gulika</b>                | 1:33PM – 3:17PM   | <b>Uttaraphalguni</b> Until 11:39AM  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:51AM | Durmukha 5118       |  |
| Kanya Rasi: 7.06           | Tithi 9     | Yama                         | 10:04AM – 11:48AM | Vyatipata* Until 2:44AM Tue  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:46PM  | Moon 5 - Phase 8    |  |
| <b>Family Home Evening</b> | 355831361   | <b>Rahu</b>                  | 6:35AM – 8:19AM   | Balava Until 1:22PM  | <b>Nataraja:</b> White |                        | Navami              |  |
| Creative Work              | Siddha Yoga |                              |                   | <b>Navami*</b> Until 2:32AM Tue  | Moon – Red             |                        | <b>Devaloka Day</b> |  |
|                            |             |                              |                   |  | Jyeshtha-Vaikasi       |                        |                     |  |

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| <b>1</b>          |  | <b>Tuesday, June 14, 2016</b> |  |   |                         | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam |                        | Kuwait City, Kuwait          |                  |
| Kanya Rasi: 18.59 |  | Tihti 10                      |  | Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau |                         | Sun 23  |                        | Sutra 58                     |                  |
| Creative Work     |  | Siddha Yoga                   |  | <b>Gulika</b>   | <b>11:48AM – 1:33PM</b> | <b>Hasta Until 2:48PM</b>   | <b>Ganesha: Purple</b> | <b>Sunrise: 4:51AM</b>       | Durmukha 5118    |
|                   |  |                               |  | Yama  | 8:20AM – 10:04AM        | Variyan Until 3:45AM Wed  | <b>Muruga: Clear</b>   | <b>Sunset: 6:46PM</b>        | Moon 5 - Phase 9 |
|                   |  |                               |  | 365831361 <b>Rahu</b>   | <b>3:17PM – 5:02PM</b>  | Taitila Until 3:48PM  | <b>Nataraja: White</b> | 4th Phase                    |                  |
|                   |  |                               |  |   |                         | <b>Dashami Until 5:02AM Wed</b>   | Moon – Green           | <b>Bhuloka Day</b>           |                  |
|                   |  |                               |  |   |                         | <b>Jyeshtha•Ani</b>   |                        | Devaloka Time: 12:PM to 3:PM |                  |

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| <b>2</b>        |  | <b>Wednesday, June 15, 2016</b> |  |   |                          | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Kuwait City, Kuwait          |                  |
| Tula Rasi: 0.49 |  | Tihti 11                        |  | Chitra/Svati Nakshatra Parigha* Yoga Vanija Karana Ekadashyam Titau |                          | Sun 24  |                        | Sutra 59                     |                  |
| Creative Work   |  | Siddha Yoga                     |  | <b>Gulika</b>   | <b>10:04AM – 11:49AM</b> | <b>Chitra Until 5:52PM</b>  | <b>Ganesha: Purple</b> | <b>Sunrise: 4:51AM</b>       | Durmukha 5118    |
|                 |  |                                 |  | Yama  | 6:35AM – 8:20AM          | Parigha* Until 4:46AM Thu   | <b>Muruga: Clear</b>   | <b>Sunset: 6:46PM</b>        | Moon 5 - Phase 9 |
|                 |  |                                 |  | 365831361 <b>Rahu</b>   | <b>11:49AM – 1:33PM</b>  | Vanija Until 6:18PM   | <b>Nataraja: White</b> | 4th Phase                    |                  |
|                 |  |                                 |  |   |                          | <b>Ekadashi Until 7:29AM Thu</b>  | Moon – Green           | <b>Bhuloka Day</b>           |                  |
|                 |  |                                 |  |   |                          | <b>Jyeshtha•Ani</b>   |                        | Devaloka Time: 12:PM to 3:PM |                  |

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| <b>3</b>                         |  | <b>Thursday, June 16, 2016</b> |  |   |                         | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam |                        | Kuwait City, Kuwait          |                  |
| Tula Rasi: 12.39                 |  | Tihti 11 – 12                  |  | Svati Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                         | Sun 25   |                        | Sutra 60                     |                  |
| Creative Work                    |  | Amrita Yoga                    |  | <b>Gulika</b>   | <b>8:20AM – 10:04AM</b> | <b>Svati Until 8:38PM</b>  | <b>Ganesha: Purple</b> | <b>Sunrise: 4:51AM</b>       | Durmukha 5118    |
| Until 8:38PM                     |  |                                |  | Yama  | 4:51AM – 6:35AM         | Shiva Until 5:38AM Fri   | <b>Muruga: Clear</b>   | <b>Sunset: 6:47PM</b>        | Moon 5 - Phase 9 |
| Then Creative Work - Siddha Yoga |  |                                |  | 365831361 <b>Rahu</b>   | <b>1:33PM – 3:18PM</b>  | Bava Until 8:39PM  | <b>Nataraja: White</b> | 4th Phase                    |                  |
|                                  |  |                                |  |   |                         | <b>Ekadashi Until 7:29AM</b>   | Moon – Green           | <b>Bhuloka Day</b>           |                  |
|                                  |  |                                |  |   |                         | <b>Jyeshtha•Ani</b>  |                        | Devaloka Time: 12:PM to 3:PM |                  |

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| <b>4</b>         |  | <b>Friday, June 17, 2016</b> |  |  |                          | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |                        | Kuwait City, Kuwait    |                  |
| Tula Rasi: 24.34 |  | Tihti 12 – 13                |  | Vishakha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                          | Sun 26  |                        | Sutra 61               |                  |
| Creative Work    |  | Siddha Yoga                  |  | <b>Gulika</b>  | <b>6:36AM – 8:20AM</b>   | <b>Vishakha Until 11:27PM</b>   | <b>Ganesha: Clear</b>  | <b>Sunrise: 4:51AM</b> | Durmukha 5118    |
|                  |  |                              |  | Yama   | 3:18PM – 5:02PM          | Siddha Until 6:14AM Sat   | <b>Muruga: Clear</b>   | <b>Sunset: 6:47PM</b>  | Moon 5 - Phase 9 |
|                  |  |                              |  | 375831361 <b>Rahu</b>  | <b>10:05AM – 11:49AM</b> | Kaulava Until 10:43PM   | <b>Nataraja: White</b> | 4th Phase              |                  |
|                  |  |                              |  |  |                          | <b>Dvadashi Until 9:42AM</b>  | Moon – Orange          | <b>Devaloka Day</b>    |                  |
|                  |  |                              |  |  |                          | <b>Jyeshtha•Ani</b>   |                        |                        |                  |

*Pradosha Vrata*

|                                 |  |                                |  |  |                         |   |                        |                        |                  |
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| <b>5</b>                        |  | <b>Saturday, June 18, 2016</b> |  |  |                         | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Kuwait City, Kuwait    |                  |
| Vrischika Rasi: 6.37            |  | Tihti 13 – 14                  |  | Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                         | Sun 27  |                        | Sutra 62               |                  |
| Creative Work                   |  | Siddha Yoga                    |  | <b>Gulika</b>  | <b>4:51AM – 6:36AM</b>  | <b>Anuradha Until 1:44AM Sun</b>  | <b>Ganesha: Clear</b>  | <b>Sunrise: 4:51AM</b> | Durmukha 5118    |
| Until 1:44AM Sun                |  |                                |  | Yama   | 1:34PM – 3:18PM         | Siddha Until 6:14AM   | <b>Muruga: Clear</b>   | <b>Sunset: 6:47PM</b>  | Moon 5 - Phase 9 |
| Then Routine Work - Marana Yoga |  |                                |  | 375831361 <b>Rahu</b>  | <b>8:20AM – 10:05AM</b> | Gara Until 12:24AM Sun  | <b>Nataraja: White</b> | 4th Phase              |                  |
|                                 |  |                                |  |  |                         | <b>Trayodashi Until 11:36AM</b>   | Moon – Orange          | <b>Devaloka Day</b>    |                  |
|                                 |  |                                |  |  |                         | <b>Jyeshtha•Ani</b>   |                        |                        |                  |

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| <b>○</b>                         |  | <b>Sunday, June 19, 2016</b> |  |   |                        | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        | Kuwait City, Kuwait    |                  |
| <b>Copper Retreat Star</b>       |  | Tihti 14 – 15                |  | Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                        | Sun 28  |                        | Sutra 63               |                  |
| Vrischika Rasi: 18.5             |  |                              |  | <b>Gulika</b>   | <b>3:18PM – 5:03PM</b> | <b>Jyeshtha* Until 3:26AM Mon</b>   | <b>Ganesha: Clear</b>  | <b>Sunrise: 4:51AM</b> | Durmukha 5118    |
| Routine Work                     |  | Marana Yoga                  |  | Yama  | 11:49AM – 1:34PM       | Sadhya Until 6:31AM   | <b>Muruga: Clear</b>   | <b>Sunset: 6:47PM</b>  | Moon 5 - Phase 9 |
| Until 3:26AM Mon                 |  |                              |  | 375831361 <b>Rahu</b>   | <b>5:03PM – 6:47PM</b> | Visti Until 1:39AM Mon  | <b>Nataraja: White</b> | Purnima                |                  |
| Then Creative Work - Siddha Yoga |  |                              |  |   |                        | <b>Chaturdashi* Until 1:04PM</b>  | Moon – Orange          | <b>Devaloka Day</b>    |                  |
|                                  |  |                              |  |   |                        | <b>Jyeshtha•Ani</b>   |                        |                        |                  |

|                              |  |                            |  |   |                        |  |                        |                        |                  |
|------------------------------|--|----------------------------|--|---|------------------------|--|------------------------|------------------------|------------------|
| <b>Monday, June 20, 2016</b> |  | <b>Silver Retreat Star</b> |  |   |                        | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam |                        | Kuwait City, Kuwait    |                  |
| Dhanus Rasi: 1.14            |  | Tihti 15 – 16              |  | Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                        | Sun 29   |                        | Sutra 64               |                  |
| Family Home Evening          |  |                            |  | <b>Gulika</b>   | <b>1:34PM – 3:19PM</b> | <b>Mula* Until 5:01AM Tue</b>  | <b>Ganesha: Yellow</b> | <b>Sunrise: 4:52AM</b> | Durmukha 5118    |
| Creative Work                |  | Siddha Yoga                |  | Yama  | 10:05AM – 11:50AM      | Subha Until 6:29AM   | <b>Muruga: Clear</b>   | <b>Sunset: 6:48PM</b>  | Moon 5 - Phase 9 |
|                              |  |                            |  | 386831361 <b>Rahu</b>   | <b>6:36AM – 8:21AM</b> | Balava Until 2:27AM Tue  | <b>Nataraja: White</b> | Prathama               |                  |
|                              |  |                            |  |   |                        | <b>Purnima* Until 2:05PM</b>   | Moon – Light Blue      | <b>Devaloka Day</b>    |                  |
|                              |  |                            |  |   |                        | <b>Jyeshtha•Ani</b>  |                        |                        |                  |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Utlarayne Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kuwait City, Kuwait

Suntra 65

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 13.5    Tihi 16 - 17

Gulika 11:50AM - 1:34PM  
Yama 8:21AM - 10:05AM  
Rahu 3:19PM - 5:03PMPurvashadha\* Until 6:02AM Wed  
Sukla Until 6:05AM  
Taitila Until 2:49AM Wed  
Prathama\* Until 2:40PMGanesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Light Blue  
Jyeshtha-AniSunrise: 4:52AM  
Sunset: 6:48PM

Devaloka Day

Creative Work    Siddha Yoga

Until 6:02AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, June 22, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha\*/Uttarashadha Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Kuwait City, Kuwait

Sun 1    Suntra 66

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 26.38    Tihi 17 - 18

Gulika 10:06AM - 11:50AM  
Yama 6:37AM - 8:21AM  
Rahu 11:50AM - 1:35PMPurvashadha\* Until 6:02AM  
Indra Until 4:19AM Thu  
Vanija Until 2:48AM Thu  
Dvitiya Until 2:50PMGanesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Light Blue  
Jyeshtha-AniSunrise: 4:52AM  
Sunset: 6:48PM

Devaloka Day

Creative Work    Amrita Yoga

2

Thursday, June 23, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha\*/Shravana Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Kuwait City, Kuwait

Sun 2    Suntra 67

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 9.38    Tihi 18 - 19

Gulika 8:21AM - 10:06AM  
Yama 4:52AM - 6:37AM  
Rahu 1:35PM - 3:19PMUttarashadha Until 6:30AM  
Vaidhriti\* Until 2:59AM Fri  
Bava Until 2:24AM Fri  
Tritiya Until 2:38PMGanesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Light Blue  
Jyeshtha-AniSunrise: 4:52AM  
Sunset: 6:48PM

Devaloka Day

Routine Work    Marana Yoga

Until 6:30AM

Then Creative Work - Siddha Yoga

3

Friday, June 24, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait

Sun 3    Suntra 68

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 22.49    Tihi 19 - 20

Gulika 6:37AM - 8:22AM  
Yama 3:19PM - 5:04PM  
Rahu 10:06AM - 11:50AMShravana Until 6:55AM  
Vishkambha\* Until 1:22AM Sat  
Kaulava Until 1:40AM Sat  
Chaturthi\* Until 2:03PMGanesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Jyeshtha-AniSunrise: 4:53AM  
Sunset: 6:48PM

Sivaloka Day

Routine Work    Marana Yoga

Until 6:55AM

Then Creative Work - Siddha Yoga

4

Saturday, June 25, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kuwait City, Kuwait

Sun 4    Suntra 69

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 6.11    Tihi 20 - 21

Gulika 4:53AM - 6:37AM  
Yama 1:35PM - 3:20PM  
Rahu 8:22AM - 10:06AMDhanishtha Until 6:51AM  
Priti Until 11:29PM  
Gara Until 12:34AM Sun  
Panchami Until 1:08PMGanesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Jyeshtha-AniSunrise: 4:53AM  
Sunset: 6:49PM

Sivaloka Day

Creative Work    Siddha Yoga

Until 6:51AM

Then Creative Work - Amrita Yoga

5

Sunday, June 26, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait

Sun 5    Suntra 70

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 19.45    Tihi 21 - 22

Gulika 3:20PM - 5:04PM  
Yama 11:51AM - 1:35PM  
Rahu 5:04PM - 6:49PMShatabhishak Until 6:17AM  
Ayushman Until 9:18PM  
Visti Until 11:08PM  
Shashthi\* Until 11:52AMGanesha: Blue  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Jyeshtha-AniSunrise: 4:53AM  
Sunset: 6:49PM

Sivaloka Day

Creative Work    Siddha Yoga

D

Monday, June 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait

Sun 6    Suntra 71

Durmukha 5118

Moon 6 - Phase 10

Ashtami

Meena Rasi: 3.31    Tihi 22 - 23

Gulika 1:36PM - 3:20PM  
Yama 10:07AM - 11:51AM  
Rahu 6:38AM - 8:22AMUttaraproshtapada Until 4:33AM Tue  
Saubhagya Until 6:51PM  
Balava Until 9:21PM  
Saptami Until 10:16AMGanesha: Purple  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Jyeshtha-AniSunrise: 4:53AM  
Sunset: 6:49PM

Sivaloka Day

Creative Work    Siddha Yoga

Family Home Evening

Then Routine Work - Marana Yoga

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait

Sun 7    Suntra 72

Durmukha 5118

Moon 6 - Phase 10

Navami

Meena Rasi: 17.3    Tihi 23 - 24

Gulika 11:51AM - 1:36PM  
Yama 8:23AM - 10:07AM  
Rahu 3:20PM - 5:04PMRevati Until 2:59AM Wed  
Sobhana Until 4:08PM  
Taitila Until 7:14PM  
Ashtami\* Until 8:19AMGanesha: Clear  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Jyeshtha-AniSunrise: 4:54AM  
Sunset: 6:49PM

Devaloka Day

Creative Work    Siddha Yoga

Until 2:59AM Wed

Then Routine Work - Marana Yoga

|  |               |                                 |                   |                                 |                        |   |  |                     |  |
|--|---------------|---------------------------------|-------------------|---------------------------------|------------------------|---|--|---------------------|--|
| <b>1</b>   |               | <b>Wednesday, June 29, 2016</b> |                   |                                 |                        | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam |  | Kuwait City, Kuwait |  |
| Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Vistli* Karana Navami/Dashamyam Titau |               | Sun 8                           |                   | Sutra 73                        |                        | Durumukha 5118  |  | Moon 6 - Phase 11   |  |
| Mesha Rasi: 1.42   | Tithi 24 - 25 | <b>Gulika</b>                   | 10:07AM - 11:51AM | <b>Ashvini Until 1:24AM Thu</b> | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:54AM  |  |                     |  |
|  |               | Yama                            | 6:38AM - 8:23AM   | Athiganda* Until 1:09PM         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:49PM   |  |                     |  |
|  |               | 327831361 <b>Rahu</b>           | 11:51AM - 1:36PM  | Visti Until 3:30AM Thu          | <b>Nataraja:</b> White |   |  |                     |  |
| Routine Work   | Marana Yoga   |                                 |                   | <b>Navami* Until 6:02AM</b>     | Moon - White           |   |  |                     |  |
| Until 1:24AM Thu   |               |                                 |                   |                                 | <b>Jyeshtha*Ani</b>    | <b>Bhuloka Day</b>  |  |                     |  |
| Then Creative Work - Siddha Yoga   |               |                                 |                   |                                 |                        | Devaloka Time: 12:PM to 3:PM  |  |                     |  |

|   |             |                                |                  |                                    |                        |  |  |                     |  |
|---|-------------|--------------------------------|------------------|------------------------------------|------------------------|--|--|---------------------|--|
| <b>2</b>  |             | <b>Thursday, June 30, 2016</b> |                  |                                    |                        | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam |  | Kuwait City, Kuwait |  |
| Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau |             | Sun 9                          |                  | Sutra 74                           |                        | Durumukha 5118   |  | Moon 6 - Phase 11   |  |
| Mesha Rasi: 16.05   | Tithi 26    | <b>Gulika</b>                  | 8:23AM - 10:07AM | <b>Bharani Until 11:29PM</b>       | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:54AM   |  |                     |  |
|   |             | Yama                           | 4:54AM - 6:39AM  | Sukarma Until 9:57AM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:49PM  |  |                     |  |
|   |             | 327831361 <b>Rahu</b>          | 1:36PM - 3:20PM  | Bava Until 2:09PM                  | <b>Nataraja:</b> White |  |  |                     |  |
| Creative Work   | Siddha Yoga |                                |                  | <b>Ekadashi* Until 12:45AM Fri</b> | Moon - White           |  |  |                     |  |
| Until 11:29PM   |             |                                |                  |                                    | <b>Jyeshtha*Ani</b>    | <b>Bhuloka Day</b>   |  |                     |  |
| Then Routine Work - Marana Yoga   |             |                                |                  |                                    |                        | Devaloka Time: 12:PM to 3:PM   |  |                     |  |

|   |             |                             |                   |                               |                        |   |  |                     |  |
|---|-------------|-----------------------------|-------------------|-------------------------------|------------------------|---|--|---------------------|--|
| <b>3</b>  |             | <b>Friday, July 1, 2016</b> |                   |                               |                        | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam |  | Kuwait City, Kuwait |  |
| Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau |             | Sun 10                      |                   | Sutra 75                      |                        | Durumukha 5118  |  | Moon 6 - Phase 11   |  |
| Vrishabha Rasi: 0.37  | Tithi 27    | <b>Gulika</b>               | 6:39AM - 8:23AM   | <b>Krittika Until 9:18PM</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:55AM  |  |                     |  |
|   |             | Yama                        | 3:20PM - 5:05PM   | Dhriti Until 6:38AM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:49PM   |  |                     |  |
|   |             | 327831361 <b>Rahu</b>       | 10:08AM - 11:52AM | Kaulava Until 11:21AM         | <b>Nataraja:</b> White |   |  |                     |  |
| Creative Work   | Siddha Yoga |                             |                   | <b>Dvadashi* Until 9:54PM</b> | Moon - White           |   |  |                     |  |
| Until 9:18PM  |             |                             |                   |                               | <b>Jyeshtha*Ani</b>    | <b>Bhuloka Day</b>  |  |                     |  |
| Then Routine Work - Marana Yoga   |             |                             |                   |                               |                        | Devaloka Time: 12:PM to 3:PM  |  |                     |  |

|  |             |                               |                  |                                 |                           |   |  |                     |  |
|--|-------------|-------------------------------|------------------|---------------------------------|---------------------------|---|--|---------------------|--|
| <b>4</b>   |             | <b>Saturday, July 2, 2016</b> |                  |                                 |                           | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam |  | Kuwait City, Kuwait |  |
| Rohini Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau |             | Sun 11                        |                  | Sutra 76                        |                           | Durumukha 5118  |  | Moon 6 - Phase 11   |  |
| Vrishabha Rasi: 15.11  | Tithi 28    | <b>Gulika</b>                 | 4:55AM - 6:39AM  | <b>Rohini Until 7:26PM</b>      | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 4:55AM  |  |                     |  |
|  |             | Yama                          | 1:36PM - 3:20PM  | Ganda* Until 11:53PM            | <b>Muruga:</b> Clear      | <i>Sunset:</i> 6:49PM   |  |                     |  |
|  |             | 327831361 <b>Rahu</b>         | 8:24AM - 10:08AM | Gara Until 8:29AM               | <b>Nataraja:</b> White    |   |  |                     |  |
| Creative Work  | Amrita Yoga |                               |                  | <b>Trayodashi* Until 7:04PM</b> | Moon - Yellow             |   |  |                     |  |
| Until 7:26PM   |             |                               |                  |                                 | <b>Jyeshtha*Ani</b>       | <b>Bhuloka Day</b>  |  |                     |  |
| Then Creative Work - Siddha Yoga                                   |             |                               |                  |                                 |                           | Devaloka Time: 12:PM to 3:PM  |  |                     |  |
|  |             |                               |                  |                                 |                           | <i>Pradosha Vrata (Fasting)</i>   |  |                     |  |

|   |               |                             |                  |                                  |                           |   |  |                     |  |
|---|---------------|-----------------------------|------------------|----------------------------------|---------------------------|---|--|---------------------|--|
| <b>5</b>  |               | <b>Sunday, July 3, 2016</b> |                  |                                  |                           | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam |  | Kuwait City, Kuwait |  |
| Mrigashira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |               | Sun 12                      |                  | Sutra 77                         |                           | Durumukha 5118  |  | Moon 6 - Phase 11   |  |
| Vrishabha Rasi: 29.43   | Tithi 29 - 30 | <b>Gulika</b>               | 3:21PM - 5:05PM  | <b>Mrigashira Until 5:34PM</b>   | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 4:56AM  |  |                     |  |
|   |               | Yama                        | 11:52AM - 1:36PM | Vriddhi Until 8:42PM             | <b>Muruga:</b> Clear      | <i>Sunset:</i> 6:49PM   |  |                     |  |
|   |               | 327831361 <b>Rahu</b>       | 5:05PM - 6:49PM  | Catuspada Until 3:11AM Mon       | <b>Nataraja:</b> White    |   |  |                     |  |
| Creative Work   | Siddha Yoga   |                             |                  | <b>Chaturdashi* Until 4:24PM</b> | Moon - Yellow             |   |  |                     |  |
| Until 3:52PM  |               |                             |                  |                                  | <b>Jyeshtha*Ani</b>       | <b>Bhuloka Day</b>  |  |                     |  |
| Then Creative Work - Amrita Yoga  |               |                             |                  |                                  |                           | Devaloka Time: 12:PM to 3:PM  |  |                     |  |

|  |              |                       |                   |                               |                        |  |  |                     |  |
|--|--------------|-----------------------|-------------------|-------------------------------|------------------------|--|--|---------------------|--|
| <b>Monday, July 4, 2016</b>  |              | <b>Retreat Star</b>   |                   |                               |                        | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam |  | Kuwait City, Kuwait |  |
| Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |              | Sun 13                |                   | Sutra 78                      |                        | Durumukha 5118   |  | Moon 6 - Phase 11   |  |
| Mithuna Rasi: 14.04  | Tithi 30 - 1 | <b>Gulika</b>         | 1:37PM - 3:21PM   | <b>Ardra Until 3:52PM</b>     | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:56AM   |  |                     |  |
| <b>Family Home Evening</b>   |              | Yama                  | 10:08AM - 11:52AM | Dhruva Until 5:46PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:49PM  |  |                     |  |
|  |              | 327831361 <b>Rahu</b> | 6:40AM - 8:24AM   | Kintughna Until 1:01AM Tue    | <b>Nataraja:</b> White |  |  |                     |  |
| Creative Work  | Siddha Yoga  |                       |                   | <b>Amavasya* Until 2:01PM</b> | Moon - Yellow          |  |  |                     |  |
| Until 3:52PM   |              |                       |                   |                               | <b>Jyeshtha*Ani</b>    | <b>Bhuloka Day</b>   |  |                     |  |
| Then Creative Work - Amrita Yoga   |              |                       |                   |                               |                        | Devaloka Time: 12:PM to 3:PM   |  |                     |  |

|   |             |                       |                  |                                |                           |   |  |                     |  |
|---|-------------|-----------------------|------------------|--------------------------------|---------------------------|---|--|---------------------|--|
| <b>Tuesday, July 5, 2016</b>  |             | <b>Retreat Star</b>   |                  |                                |                           | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam |  | Kuwait City, Kuwait |  |
| Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |             | Sun 14                |                  | Sutra 79                       |                           | Durumukha 5118  |  | Moon 6 - Phase 11   |  |
| Mithuna Rasi: 28.1  | Tithi 1 - 2 | <b>Gulika</b>         | 11:53AM - 1:37PM | <b>Punarvasu Until 2:56PM</b>  | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 4:56AM  |  |                     |  |
|   |             | Yama                  | 8:25AM - 10:09AM | Vyaghata* Until 3:14PM         | <b>Muruga:</b> Clear      | <i>Sunset:</i> 6:49PM   |  |                     |  |
|   |             | 348831361 <b>Rahu</b> | 3:21PM - 5:05PM  | Balava Until 11:22PM           | <b>Nataraja:</b> White    |   |  |                     |  |
| Creative Work   | Siddha Yoga |                       |                  | <b>Prathama* Until 12:06PM</b> | Moon - Blue               |   |  |                     |  |
| Until 3:52PM  |             |                       |                  |                                | <b>Ashada*Ani</b>         | <b>Bhuloka Day</b>  |  |                     |  |
| Then Creative Work - Amrita Yoga  |             |                       |                  |                                |                           | Devaloka Time: 12:PM to 3:PM  |  |                     |  |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

|          |                                |              |  |  |  |  |   |
|----------|--------------------------------|--------------|--|--|--|--|---|
| <b>1</b> | <b>Wednesday, July 6, 2016</b> |              | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  |  |  | Kuwait City, Kuwait<br>Sun 15 Sutra 80  |
|          | Kataka Rasi: 11.55             | Titthi 2 – 3 | 448831361  | Gulika<br>10:09AM – 11:53AM<br>Yama<br>6:41AM – 8:25AM<br>Rahu<br>11:53AM – 1:37PM | Pushya Until 2:27PM<br>Harshana Until 1:13PM<br>Taitila Until 10:22PM<br>Dvitiya Until 10:46AM | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: White<br>Moon – Blue<br>Ashada*Ani | Sunrise: 4:57AM<br>Sunset: 6:49PM<br>Moon 6 - Phase 12<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|          | Creative Work Siddha Yoga      |              |  |  |  |  |   |
|          |                                |              |  |  |  |  |   |

|          |  |              |  |  |   |  |   |
|----------|--|--------------|--|--|---|--|---|
| <b>2</b> | <b>Thursday, July 7, 2016</b>                    |              | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |  |   |  | Kuwait City, Kuwait<br>Sun 16 Sutra 81  |
|          | Kataka Rasi: 25.16                               | Titthi 3 – 4 | 448931361  | Gulika<br>8:25AM – 10:09AM<br>Yama<br>4:57AM – 6:41AM<br>Rahu<br>1:37PM – 3:21PM | Ashlesha* Until 2:31PM<br>Vajra* Until 11:45AM<br>Vanija Until 10:07PM<br>Tritiya Until 10:08AM | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: White<br>Moon – Blue<br>Ashada*Ani | Sunrise: 4:57AM<br>Sunset: 6:48PM<br>Moon 6 - Phase 12<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|          | Creative Work Siddha Yoga                        |              |  |  |   |  |   |
|          | Until 2:31PM<br>Then Creative Work - Amrita Yoga |              |  |  |   |  |   |

|          |  |              |  |   |   |   |   |
|----------|--|--------------|--|---|---|---|---|
| <b>3</b> | <b>Friday, July 8, 2016</b>                      |              | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |   |   |   | Kuwait City, Kuwait<br>Sun 17 Sutra 82  |
|          | Simha Rasi: 8.13                                 | Titthi 4 – 5 | 458931361  | Gulika<br>6:42AM – 8:25AM<br>Yama<br>3:21PM – 5:04PM<br>Rahu<br>10:09AM – 11:53AM | Magha* Until 3:40PM<br>Siddhi Until 10:54AM<br>Bava Until 10:39PM<br>Chaturthi* Until 10:16AM | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: White<br>Moon – Red<br>Ashada*Ani | Sunrise: 4:58AM<br>Sunset: 6:48PM<br>Moon 6 - Phase 12<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|          | Routine Work Marana Yoga                         |              |  |   |   |   |   |
|          | Until 3:40PM<br>Then Creative Work - Siddha Yoga |              |  |   |   |   |   |

|          |   |              |   |  |   |   |   |
|----------|---|--------------|---|--|---|---|---|
| <b>4</b> | <b>Saturday, July 9, 2016</b>                   |              | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varians Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  |   |   | Kuwait City, Kuwait<br>Sun 18 Sutra 83  |
|          | Simha Rasi: 20.48                               | Titthi 5 – 6 | 458931361   | Gulika<br>4:58AM – 6:42AM<br>Yama<br>1:37PM – 3:21PM<br>Rahu<br>8:26AM – 10:09AM | Purvaphalguni Until 5:23PM<br>Vyatipata* Until 10:40AM<br>Kaulava Until 11:54PM<br>Panchami Until 11:10AM | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: White<br>Moon – Red<br>Ashada*Ani | Sunrise: 4:58AM<br>Sunset: 6:48PM<br>Moon 6 - Phase 12<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|          | Creative Work Siddha Yoga                       |              |   |  |   |   |   |
|          | Until 5:23PM<br>Then Routine Work - Marana Yoga |              |   |  |   |   |   |

|          |                              |              |  |  |  |   |   |
|----------|------------------------------|--------------|--|--|--|---|---|
| <b>5</b> | <b>Sunday, July 10, 2016</b> |              | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |  |  |   | Kuwait City, Kuwait<br>Sun 19 Sutra 84  |
|          | Kanya Rasi: 3.05             | Titthi 6 – 7 | 458931361  | Gulika<br>3:21PM – 5:04PM<br>Yama<br>11:53AM – 1:37PM<br>Rahu<br>5:04PM – 6:48PM | Uttaraphalguni Until 7:33PM<br>Variyan Until 10:56AM<br>Gara Until 1:45AM Mon<br>Shashthi* Until 12:45PM | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: White<br>Moon – Red<br>Ashada*Ani | Sunrise: 4:59AM<br>Sunset: 6:48PM<br>Moon 6 - Phase 12<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|          | Creative Work Amrita Yoga    |              |  |  |  |   |   |
|          | Chidambaram Abhishekam       |              |  |  |  |   |   |

|          |   |  |  |   |   |   |  |
|----------|---|--|--|---|---|---|--|
| <b>D</b> | <b>Monday, July 11, 2016</b>  |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |   |   |   | Kuwait City, Kuwait<br>Sun 20 Sutra 85   |
|          | <b>Retreat Star</b>   |  | 469931361  | Gulika<br>1:37PM – 3:21PM<br>Yama<br>10:10AM – 11:53AM<br>Rahu<br>6:43AM – 8:26AM | Hasta Until 10:29PM<br>Parigha* Until 11:37AM<br>Visti Until 4:00AM Tue<br>Saptami Until 2:49PM | Ganesha: Orange<br>Muruga: Clear<br>Nataraja: White<br>Moon – Green<br>Ashada*Ani | Sunrise: 4:59AM<br>Sunset: 6:48PM<br>Moon 6 - Phase 12<br>Ashtami<br><b>Devaloka Day</b> |
|          | Kanya Rasi: 15.08   |  | Titthi 7 – 8   |   |   |   |  |
|          | Family Home Evening<br>Creative Work Siddha Yoga<br>Until 10:29PM<br>Then Routine Work - Prabalarishta Yoga |  |  |   |   |   |  |

|          |                               |  |   |   |  |   |   |
|----------|-------------------------------|--|---|---|--|---|---|
| <b>D</b> | <b>Tuesday, July 12, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau |   |  |   | Kuwait City, Kuwait<br>Sun 21 Sutra 86  |
|          | <b>Retreat Star</b>           |  | 469931361   | Gulika<br>11:54AM – 1:37PM<br>Yama<br>8:27AM – 10:10AM<br>Rahu<br>3:21PM – 5:04PM | Chitra Until 1:27AM Wed<br>Shiva Until 12:32PM<br>Balava Until 6:24AM Wed<br>Ashtami* Until 5:10PM | Ganesha: Orange<br>Muruga: Clear<br>Nataraja: White<br>Moon – Green<br>Ashada*Ani | Sunrise: 5:00AM<br>Sunset: 6:47PM<br>Moon 6 - Phase 12<br>Navami<br><b>Devaloka Day</b> |
|          | Kanya Rasi: 27.02             |  | Titthi 8 – 9  |   |  |   |   |
|          | Creative Work Siddha Yoga     |  |   |   |  |   |   |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

|                                   |             |   |                               |                        |                        |                     |
|-----------------------------------|-------------|---|-------------------------------|------------------------|------------------------|---------------------|
| <b>1</b> Wednesday, July 13, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam |                               |                        |                        | Kuwait City, Kuwait |
| Tula Rasi: 8.54                   |             | Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau                           |                               |                        |                        | Sun 22 Sutra 87     |
| Tithi 9                           |             | <b>Gulika</b> 10:10AM – 11:54AM   | <b>Svati Until 4:13AM Thu</b> | <b>Ganesh:</b> Orange  | <i>Sunrise:</i> 5:00AM | Durmukha 5118       |
| 469931361                         |             | Yama 6:44AM – 8:27AM  | Siddha Until 1:29PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:47PM  | Moon 6 - Phase 13   |
| Creative Work                     | Siddha Yoga | <b>Rahu</b> 11:54AM – 1:37PM  | Balava Until 6:24AM           | <b>Nataraja:</b> White |                        | 4th Phase           |
|                                   |             |   | <b>Navami* Until 7:34PM</b>   | Moon – Green           |                        | <b>Devaloka Day</b> |
|                                   |             |   |                               | <b>Ashada*Ani</b>      |                        |                     |

|                                  |             |  |                                  |                        |                        |                              |
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| <b>2</b> Thursday, July 14, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam |                                  |                        |                        | Kuwait City, Kuwait          |
| Tula Rasi: 20.47                 |             | Vishakha Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dashamyam Titau                         |                                  |                        |                        | Sun 23 Sutra 88              |
| Tithi 10                         |             | <b>Gulika</b> 8:27AM – 10:11AM   | <b>Vishakha Until 7:05AM Fri</b> | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 5:01AM | Durmukha 5118                |
| 479931361                        |             | Yama 5:01AM – 6:44AM   | Sadhya Until 2:22PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:47PM  | Moon 6 - Phase 13            |
| Creative Work                    | Siddha Yoga | <b>Rahu</b> 1:37PM – 3:20PM  | Tailila Until 8:43AM             | <b>Nataraja:</b> White |                        | 4th Phase                    |
|                                  |             |  | <b>Dashami Until 9:47PM</b>      | Moon – Orange          |                        | <b>Bhuloka Day</b>           |
|                                  |             |  |                                  | <b>Ashada*Ani</b>      |                        | Devaloka Time: 12:PM to 3:PM |

|                                |             |   |                               |                        |                        |                              |
|--------------------------------|-------------|---|-------------------------------|------------------------|------------------------|------------------------------|
| <b>3</b> Friday, July 15, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |                               |                        |                        | Kuwait City, Kuwait          |
| Vrischika Rasi: 2.46           |             | Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau                |                               |                        |                        | Sun 24 Sutra 89              |
| Tithi 11                       |             | <b>Gulika</b> 6:44AM – 8:28AM   | <b>Vishakha Until 7:05AM</b>  | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 5:01AM | Durmukha 5118                |
| 479931361                      |             | Yama 3:20PM – 5:03PM  | Subha Until 3:01PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:47PM  | Moon 6 - Phase 13            |
| Creative Work                  | Siddha Yoga | <b>Rahu</b> 10:11AM – 11:54AM   | Vanija Until 10:47AM          | <b>Nataraja:</b> White |                        | 4th Phase                    |
|                                |             |   | <b>Ekadashi Until 11:39PM</b> | Moon – Orange          |                        | <b>Bhuloka Day</b>           |
|                                |             |   |                               | <b>Ashada*Ani</b>      |                        | Devaloka Time: 12:PM to 3:PM |

|                                  |             |  |                                  |                        |                        |                              |
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| <b>4</b> Saturday, July 16, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam |                                  |                        |                        | Kuwait City, Kuwait          |
| Vrischika Rasi: 14.55            |             | Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau               |                                  |                        |                        | Sun 25 Sutra 90              |
| Tithi 12                         |             | <b>Gulika</b> 5:02AM – 6:45AM  | <b>Anuradha Until 9:25AM</b>     | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 5:02AM | Durmukha 5118                |
| 479931361                        |             | Yama 1:37PM – 3:20PM   | Sukla Until 3:19PM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:46PM  | Moon 6 - Phase 13            |
| Creative Work                    | Siddha Yoga | <b>Rahu</b> 8:28AM – 10:11AM   | Bava Until 12:26PM               | <b>Nataraja:</b> White |                        | 4th Phase                    |
|                                  |             |  | <b>Dvadashi Until 1:03AM Sun</b> | Moon – Orange          |                        | <b>Bhuloka Day</b>           |
|                                  |             |  |                                  | <b>Ashada*Adi</b>      |                        | Devaloka Time: 12:PM to 3:PM |

|                                  |             |  |                                    |                        |                        |                     |
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| <b>5</b> Sunday, July 17, 2016   |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                    |                        |                        | Kuwait City, Kuwait |
| Vrischika Rasi: 27.16            |             | Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau            |                                    |                        |                        | Sun 26 Sutra 91     |
| Tithi 13                         |             | <b>Gulika</b> 3:20PM – 5:03PM  | <b>Jyeshtha* Until 11:05AM</b>     | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 5:02AM | Durmukha 5118       |
| 479931362                        |             | Yama 11:54AM – 1:37PM  | Brahma Until 3:13PM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:46PM  | Moon 6 - Phase 13   |
| Routine Work                     | Marana Yoga | <b>Rahu</b> 5:03PM – 6:46PM  | Kaulava Until 1:34PM               | <b>Nataraja:</b> Clear |                        | 4th Phase           |
| Until 11:05AM                    |             |  | <b>Trayodashi Until 1:55AM Mon</b> | Moon – Orange          |                        | <b>Devaloka Day</b> |
| Then Creative Work - Amrita Yoga |             |  | <i>Pradosha Vrata</i>              | <b>Ashada*Adi</b>      |                        |                     |

|                                 |             |   |                                      |                        |                        |                           |
|---------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|---------------------------|
| <b>6</b> Monday, July 18, 2016  |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam |                                      |                        |                        | Kuwait City, Kuwait       |
| Dhanu Rasi: 9.5                 |             | Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau       |                                      |                        |                        | Sun 27 Sutra 92           |
| Tithi 14                        |             | <b>Gulika</b> 1:37PM – 3:20PM   | <b>Mula* Until 12:33PM</b>           | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 5:03AM | Durmukha 5118             |
| 481931362                       |             | Yama 10:11AM – 11:54AM  | Indra Until 2:42PM                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:45PM  | Moon 6 - Phase 13         |
| Family Home Evening             | Siddha Yoga | <b>Rahu</b> 6:46AM – 8:28AM   | Gara Until 2:10PM                    | <b>Nataraja:</b> Clear |                        | 4th Phase                 |
| Creative Work                   |             |   | <b>Chaturdashi* Until 2:14AM Tue</b> | Moon – Light Blue      |                        | <b>Subha Sivaloka Day</b> |
| Until 12:33PM                   |             |   |                                      | <b>Ashada*Adi</b>      |                        |                           |
| Then Routine Work - Marana Yoga |             |   |                                      |                        |                        |                           |

|  |             |   |                                  |                        |                        |                           |
|--|-------------|---|----------------------------------|------------------------|------------------------|---------------------------|
| <b>○</b> Tuesday, July 19, 2016        |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam  |                                  |                        |                        | Kuwait City, Kuwait       |
| <b>Copper Retreat Star</b>             |             | Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau |                                  |                        |                        | Sutra 93                  |
| Dhanu Rasi: 22.41                      |             | <b>Gulika</b> 11:54AM – 1:37PM  | <b>Purvashadha* Until 1:20PM</b> | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 5:03AM | Durmukha 5118             |
| Tithi 15                               |             | Yama 8:29AM – 10:11AM   | Vaidhriti* Until 1:44PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:45PM  | Moon 6 - Phase 13         |
| 481931362                              |             | <b>Rahu</b> 3:20PM – 5:02PM   | Visti Until 2:12PM               | <b>Nataraja:</b> Clear |                        | Purnima                   |
| Creative Work                          | Siddha Yoga |   | <b>Purnima* Until 2:01AM Wed</b> | Moon – Light Blue      |                        | <b>Subha Sivaloka Day</b> |
| Until 1:20PM                           |             | <b>Satguru Purnima</b>  |                                  | <b>Ashada*Adi</b>      |                        |                           |
| Then Routine Work - Prabalarishta Yoga |             |   |                                  |                        |                        |                           |

|                                  |             |  |                                   |                        |                        |                           |
|----------------------------------|-------------|--|-----------------------------------|------------------------|------------------------|---------------------------|
| <b>Wednesday, July 20, 2016</b>  |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam |                                   |                        |                        | Kuwait City, Kuwait       |
| <b>Silver Retreat Star</b>       |             | Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau     |                                   |                        |                        | Sutra 94                  |
| Makara Rasi: 5.47                |             | <b>Gulika</b> 10:12AM – 11:54AM  | <b>Uttarashadha Until 1:27PM</b>  | <b>Ganesh:</b> Blue    | <i>Sunrise:</i> 5:04AM | Durmukha 5118             |
| Tithi 16                         |             | Yama 6:46AM – 8:29AM   | Vishkambha* Until 12:22PM         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:45PM  | Moon 6 - Phase 13         |
| 481931362                        |             | <b>Rahu</b> 11:54AM – 1:37PM   | Balava Until 1:45PM               | <b>Nataraja:</b> Clear |                        | Prathama                  |
| Creative Work                    | Amrita Yoga |  | <b>Prathama* Until 1:20AM Thu</b> | Moon – Light Blue      |                        | <b>Subha Sivaloka Day</b> |
| Until 1:27PM                     |             |  |                                   | <b>Ashada*Adi</b>      |                        |                           |
| Then Creative Work - Siddha Yoga |             |  |                                   |                        |                        |                           |



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Kuwait City, Kuwait Sun 1 Sutra 95

Makara Rasi: 19.08 Tiithi 17

Gulika 8:29AM - 10:12AM  
Yama 5:04AM - 6:47AM  
Rahu 1:37PM - 3:19PM

Shravana Until 1:26PM  
Priti Until 10:40AM  
Taitila Until 12:51PM  
Dvitiya Until 12:14AM Fri

Ganesha: Yellow Sunrise: 5:04AM  
Muruga: Clear Sunset: 6:44PM  
Nataraja: Clear  
Moon - Purple  
Ashada\*Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visli\* Karana Tritiyayam Titau

Kuwait City, Kuwait Sun 2 Sutra 96

Kumbha Rasi: 2.43 Tiithi 18

Gulika 6:47AM - 8:30AM  
Yama 3:19PM - 5:01PM  
Rahu 10:12AM - 11:54AM

Dhanishtha Until 12:55PM  
Ayushman Until 8:38AM  
Vanija Until 11:35AM  
Tritiya Until 10:49PM

Ganesha: Yellow Sunrise: 5:05AM  
Muruga: Clear Sunset: 6:44PM  
Nataraja: Clear  
Moon - Purple  
Ashada\*Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprossthapada\* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Kuwait City, Kuwait Sun 3 Sutra 97

Kumbha Rasi: 16.28 Tiithi 19

Gulika 5:05AM - 6:48AM  
Yama 1:37PM - 3:19PM  
Rahu 8:30AM - 10:12AM

Shatabhishak Until 11:57AM  
Saubhagya Until 6:22AM  
Bava Until 10:01AM  
Chaturthi\* Until 9:08PM

Ganesha: Yellow Sunrise: 5:05AM  
Muruga: Clear Sunset: 6:43PM  
Nataraja: Clear  
Moon - Purple  
Ashada\*Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 11:57AM

Then Routine Work - Marana Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprossthapada\*/Uttarprosthapada Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kuwait City, Kuwait Sun 4 Sutra 98

Meena Rasi: 0.22 Tiithi 20

Gulika 3:19PM - 5:01PM  
Yama 11:54AM - 1:36PM  
Rahu 5:01PM - 6:43PM

Purvaprossthapada\* Until 11:04AM  
Athiganda\* Until 1:19AM Mon  
Kaulava Until 8:14AM  
Panchami Until 7:15PM

Ganesha: Red Sunrise: 5:06AM  
Muruga: Clear Sunset: 6:43PM  
Nataraja: Clear  
Moon - Clear  
Ashada\*Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 11:04AM

Then Creative Work - Amrita Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Uttarprosthapada\*/Revati Nakshatra Sukarma Yoga Gara/Visli\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait Sun 5 Sutra 99

Meena Rasi: 14.23 Tiithi 21 - 22

Gulika 1:36PM - 3:18PM  
Yama 10:12AM - 11:54AM  
Rahu 6:48AM - 8:30AM

Uttarprosthapada Until 9:52AM  
Sukarma Until 10:36PM  
Gara Until 6:17AM  
Shashthi\* Until 5:14PM

Ganesha: Red Sunrise: 5:07AM  
Muruga: Clear Sunset: 6:42PM  
Nataraja: Clear  
Moon - Clear  
Ashada\*Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

411931362

Tuesday, July 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait Sun 6 Sutra 100

Meena Rasi: 28.29 Tiithi 22 - 23

Gulika 11:54AM - 1:36PM  
Yama 8:31AM - 10:13AM  
Rahu 3:18PM - 5:00PM

Revati Until 8:25AM  
Dhriti Until 7:48PM  
Balava Until 2:00AM Wed  
Saptami Until 3:06PM

Ganesha: Red Sunrise: 5:07AM  
Muruga: Clear Sunset: 6:42PM  
Nataraja: Clear  
Moon - Clear  
Ashada\*Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

411931362

Wednesday, July 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait Sun 7 Sutra 101

Mesha Rasi: 12.39 Tiithi 23 - 24

Gulika 10:13AM - 11:54AM  
Yama 6:49AM - 8:31AM  
Rahu 11:54AM - 1:36PM

Ashvini Until 7:08AM  
Shula\* Until 4:55PM  
Taitila Until 11:46PM  
Ashtami\* Until 12:52PM

Ganesha: Green Sunrise: 5:08AM  
Muruga: Clear Sunset: 6:41PM  
Nataraja: Clear  
Moon - White  
Ashada\*Adi

Durmukha 5118  
Moon 7 - Phase 14  
Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga

Until 7:08AM

Then Creative Work - Siddha Yoga

421931362

Thursday, July 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Kritika Nakshatra Ganda\*/Vridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kuwait City, Kuwait Sun 8 Sutra 102

Mesha Rasi: 26.51 Tiithi 24 - 25

Gulika 8:31AM - 10:13AM  
Yama 5:08AM - 6:50AM  
Rahu 1:36PM - 3:17PM

Kritika Until 4:03AM Fri  
Ganda\* Until 2:02PM  
Vanija Until 9:29PM  
Navami\* Until 10:36AM

Ganesha: Green Sunrise: 5:08AM  
Muruga: Clear Sunset: 6:40PM  
Nataraja: Clear  
Moon - White  
Ashada\*Adi

Durmukha 5118  
Moon 7 - Phase 14  
Navami

Subha Sivaloka Day

Routine Work Marana Yoga

421931362

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang


|          |  |               |  |   |   |  |   |
|----------|--|---------------|--|---|---|--|---|
| <b>1</b> | <b>Friday, July 29, 2016</b>   |               | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |   |   |  | Kuwait City, Kuwait<br>Sun 9 Sutra 103<br>Durmukha 5118 |
|          | Vrishabha Rasi: 11.04  | Tihti 25 – 26 | 432931362  | <b>Gulika</b> 6:50AM – 8:32AM<br><b>Yama</b> 3:17PM – 4:58PM<br><b>Rahu</b> 10:13AM – 11:54AM | <b>Rohini Until 2:45AM Sat</b><br>Vriddhi Until 11:09AM<br>Bava Until 7:14PM<br><b>Dashami Until 8:20AM</b> | <b>Ganesha:</b> Green <i>Sunrise: 5:09AM</i><br><b>Muruga:</b> Clear <i>Sunset: 6:40PM</i><br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Ashada•Adi</b> | Moon 7 - Phase 15<br>2nd Phase<br><b>Devaloka Day</b>   |
|          | Routine Work Marana Yoga<br>Until 2:45AM Sat<br>Then Creative Work - Siddha Yoga |               |  |   |   |  |   |

|          |                                |               |  |  |  |  |  |
|----------|--------------------------------|---------------|--|--|--|--|--|
| <b>2</b> | <b>Saturday, July 30, 2016</b> |               | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau |  |  |  | Kuwait City, Kuwait<br>Sun 10 Sutra 104<br>Durmukha 5118 |
|          | Vrishabha Rasi: 25.14          | Tihti 26 – 27 | 432931362  | <b>Gulika</b> 5:09AM – 6:51AM<br><b>Yama</b> 1:35PM – 3:17PM<br><b>Rahu</b> 8:32AM – 10:13AM | <b>Mrigashira Until 1:27AM Sun</b><br>Dhruva Until 8:18AM<br>Taitila Until 4:04AM Sun<br><b>Ekadashi* Until 6:08AM</b> | <b>Ganesha:</b> Green <i>Sunrise: 5:09AM</i><br><b>Muruga:</b> Clear <i>Sunset: 6:39PM</i><br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Ashada•Adi</b> | Moon 7 - Phase 15<br>2nd Phase<br><b>Devaloka Day</b>    |
|          | Creative Work Siddha Yoga      |               |  |  |  |  |  |

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|----------|--|----------|---|--|--|---|--|
| <b>3</b> | <b>Sunday, July 31, 2016</b>   |          | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau |  |  |   | Kuwait City, Kuwait<br>Sun 11 Sutra 105<br>Durmukha 5118 |
|          | Mithuna Rasi: 9.19   | Tihti 28 | 432131362   | <b>Gulika</b> 3:16PM – 4:57PM<br><b>Yama</b> 11:54AM – 1:35PM<br><b>Rahu</b> 4:57PM – 6:38PM | <b>Ardra Until 12:13AM Mon</b><br>Harshana Until 3:04AM Mon<br>Gara Until 3:08PM<br><b>Trayodashi* Until 2:14AM Mon</b><br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Purple <i>Sunrise: 5:10AM</i><br><b>Muruga:</b> Clear <i>Sunset: 6:38PM</i><br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Ashada•Adi</b> | Moon 7 - Phase 15<br>2nd Phase<br><b>Devaloka Day</b>    |
|          | Creative Work Siddha Yoga<br>Until 12:13AM Mon<br>Then Creative Work - Amrita Yoga |          |   |  |  |   |  |

|          |   |          |  |   |   |   |  |
|----------|---|----------|--|---|---|---|--|
| <b>4</b> | <b>Monday, August 1, 2016</b>   |          | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |   |   |   | Kuwait City, Kuwait<br>Sun 12 Sutra 106<br>Durmukha 5118 |
|          | Mithuna Rasi: 23.14   | Tihti 29 | 442131362  | <b>Gulika</b> 1:35PM – 3:16PM<br><b>Yama</b> 10:13AM – 11:54AM<br><b>Rahu</b> 6:51AM – 8:32AM | <b>Punarvasu Until 11:37PM</b><br>Vajra* Until 12:50AM Tue<br>Visti Until 1:27PM<br><b>Chaturdashi* Until 12:45AM Tue</b> | <b>Ganesha:</b> Light Blue <i>Sunrise: 5:10AM</i><br><b>Muruga:</b> Clear <i>Sunset: 6:38PM</i><br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Ashada•Adi</b> | Moon 7 - Phase 15<br>2nd Phase<br><b>Devaloka Day</b>    |
|          | Family Home Evening<br>Creative Work Amrita Yoga<br>Until 11:37PM<br>Then Creative Work - Siddha Yoga |          |  |   |   |   |  |

|   |                                |  |  |          |           |   |  |   |  |
|---|--------------------------------|--|--|----------|-----------|---|--|---|--|
|  | <b>Tuesday, August 2, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau |          |           |   | Kuwait City, Kuwait<br>Sun 13 Sutra 107<br>Durmukha 5118   |   |  |
|   | <b>Retreat Star</b>            |  | Kataka Rasi: 6.56  | Tihti 30 | 442131362 | <b>Gulika</b> 11:54AM – 1:35PM<br><b>Yama</b> 8:32AM – 10:13AM<br><b>Rahu</b> 3:16PM – 4:56PM | <b>Pushya Until 11:18PM</b><br>Siddhi Until 10:58PM<br>Catuspada Until 12:11PM<br><b>Amavasya* Until 11:43PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise: 5:11AM</i><br><b>Muruga:</b> Clear <i>Sunset: 6:37PM</i><br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Ashada•Adi</b> | Moon 7 - Phase 15<br>Amavasya<br><b>Devaloka Day</b> |
|   | Creative Work Siddha Yoga      |  |  |          |           |   |  |   |  |

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|---|----------------------------------|--|--|---------|-----------|--|--|--|--|
|  | <b>Wednesday, August 3, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau |         |           |  | Kuwait City, Kuwait<br>Sun 14 Sutra 108<br>Durmukha 5118   |  |  |
|   | <b>Retreat Star</b>              |  | Kataka Rasi: 20.22   | Tihti 1 | 442131362 | <b>Gulika</b> 10:13AM – 11:54AM<br><b>Yama</b> 6:52AM – 8:33AM<br><b>Rahu</b> 11:54AM – 1:35PM | <b>Ashlesha* Until 11:24PM</b><br>Vyatipata* Until 9:33PM<br>Kintughna Until 11:25AM<br><b>Prathama* Until 11:14PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise: 5:12AM</i><br><b>Muruga:</b> Clear <i>Sunset: 6:36PM</i><br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Sravana•Adi</b> | Moon 7 - Phase 15<br>Prathama<br><b>Devaloka Day</b> |
|   | Creative Work Siddha Yoga        |  |  |         |           |  |  |  |  |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

|                                  |  |                                 |  |  |                  |   |                        |                        |                   |
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| <b>1</b>                         |  | <b>Thursday, August 4, 2016</b> |  |  |                  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam |                        | Kuwait City, Kuwait    |                   |
| Simha Rasi: 3.29                 |  | Tithi 2                         |  | Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau |                  | Sun 15  |                        | Sutra 109              |                   |
| Creative Work                    |  | Amrita Yoga                     |  | <b>Gulika</b>  | 8:33AM – 10:13AM | <b>Magha* Until 12:25AM Fri</b>   | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 5:12AM | Durmukha 5118     |
| Until 12:25AM Fri                |  | 452131362                       |  | Yama   | 5:12AM – 6:53AM  | Variyan Until 8:37PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:36PM  | Moon 7 - Phase 16 |
| Then Creative Work - Siddha Yoga |  |                                 |  | <b>Rahu</b>  | 1:34PM – 3:15PM  | Balava Until 11:15AM  | <b>Nataraja:</b> Clear | 3rd Phase              |                   |
|                                  |  |                                 |  |  |                  | <b>Dvitiya Until 11:24PM</b>  | Moon – Red             | <b>Devaloka Day</b>    |                   |
|                                  |  |                                 |  |  |                  | <b>Sravana-Adi</b>  |                        |                        |                   |

|                                 |  |                               |  |  |                   |  |                        |                        |                   |
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| <b>2</b>                        |  | <b>Friday, August 5, 2016</b> |  |  |                   | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam |                        | Kuwait City, Kuwait    |                   |
| Simha Rasi: 16.16               |  | Tithi 3                       |  | Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau |                   | Sun 16   |                        | Sutra 110              |                   |
| Creative Work                   |  | Siddha Yoga                   |  | <b>Gulika</b>  | 6:53AM – 8:33AM   | <b>Purvaphalguni Until 1:55AM Sat</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 5:13AM | Durmukha 5118     |
| Until 1:55AM Sat                |  | 452131362                     |  | Yama   | 3:14PM – 4:55PM   | Parigha* Until 8:13PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:35PM  | Moon 7 - Phase 16 |
| Then Routine Work - Marana Yoga |  |                               |  | <b>Rahu</b>  | 10:13AM – 11:54AM | Taitila Until 11:45AM  | <b>Nataraja:</b> Clear | 3rd Phase              |                   |
|                                 |  |                               |  |  |                   | <b>Tritiya Until 12:13AM Sat</b>   | Moon – Red             | <b>Devaloka Day</b>    |                   |
|                                 |  |                               |  |  |                   | <b>Sravana-Adi</b>   |                        |                        |                   |

|                                  |  |                                 |  |   |                  |  |                        |                        |                   |
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| <b>3</b>                         |  | <b>Saturday, August 6, 2016</b> |  |   |                  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Kuwait City, Kuwait    |                   |
| Simha Rasi: 28.46                |  | Tithi 4                         |  | Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau |                  | Sun 17   |                        | Sutra 111              |                   |
| Routine Work                     |  | Marana Yoga                     |  | <b>Gulika</b>   | 5:13AM – 6:53AM  | <b>Uttaraphalguni Until 3:51AM Sun</b>   | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 5:13AM | Durmukha 5118     |
| Until 3:51AM Sun                 |  | 452131362                       |  | Yama  | 1:34PM – 3:14PM  | Shiva Until 8:19PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:34PM  | Moon 7 - Phase 16 |
| Then Creative Work - Amrita Yoga |  |                                 |  | <b>Rahu</b>   | 8:33AM – 10:14AM | Vanija Until 12:53PM   | <b>Nataraja:</b> Clear | 3rd Phase              |                   |
|                                  |  |                                 |  |   |                  | <b>Chaturthi* Until 1:39AM Sun</b>   | Moon – Red             | <b>Devaloka Day</b>    |                   |
|                                  |  |                                 |  |   |                  | <b>Sravana-Adi</b>   |                        |                        |                   |

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| <b>4</b>                               |  | <b>Sunday, August 7, 2016</b> |  |   |                  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        | Kuwait City, Kuwait    |                   |
| Kanya Rasi: 10.59                      |  | Tithi 5                       |  | Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau |                  | Sun 18   |                        | Sutra 112              |                   |
| Creative Work                          |  | Amrita Yoga                   |  | <b>Gulika</b>   | 3:13PM – 4:53PM  | <b>Hasta Until 6:35AM Mon</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:14AM | Durmukha 5118     |
| Until 6:35AM Mon                       |  | 462141362                     |  | Yama  | 11:53AM – 1:33PM | Siddha Until 8:47PM  | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:33PM  | Moon 7 - Phase 16 |
| Then Routine Work - Prabalarishta Yoga |  |                               |  | <b>Rahu</b>   | 4:53PM – 6:33PM  | Bava Until 2:35PM  | <b>Nataraja:</b> Clear | 3rd Phase              |                   |
|  |  |                               |  | <b>Nag Panchami</b>   |                  | <b>Panchami Until 3:34AM Mon</b>   | Moon – Green           | <b>Devaloka Day</b>    |                   |
|  |  |                               |  |   |                  | <b>Sravana-Adi</b>   |                        |                        |                   |

|  |  |                               |  |  |                   |   |                        |                        |                   |
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| <b>5</b>                               |  | <b>Monday, August 8, 2016</b> |  |  |                   | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Kuwait City, Kuwait    |                   |
| Kanya Rasi: 23.02                      |  | Tithi 6                       |  | Hasta/Chitra Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau |                   | Sun 19  |                        | Sutra 113              |                   |
| Family Home Evening                    |  | Creative Work                 |  | <b>Gulika</b>  | 1:33PM – 3:13PM   | <b>Hasta Until 6:35AM</b>   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:14AM | Durmukha 5118     |
| Until 6:35AM                           |  | 462141362                     |  | Yama   | 10:14AM – 11:53AM | Sadhya Until 9:34PM   | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:32PM  | Moon 7 - Phase 16 |
| Then Routine Work - Prabalarishta Yoga |  |                               |  | <b>Rahu</b>  | 6:54AM – 8:34AM   | Kaulava Until 4:42PM  | <b>Nataraja:</b> Clear | 3rd Phase              |                   |
|  |  |                               |  |  |                   | <b>Shashthi* Until 5:50AM Tue</b>   | Moon – Green           | <b>Devaloka Day</b>    |                   |
|  |  |                               |  |  |                   | <b>Sravana-Adi</b>  |                        |                        |                   |

|                 |  |                                |  |   |                  |  |                        |                        |                   |
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| <b>6</b>        |  | <b>Tuesday, August 9, 2016</b> |  |   |                  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam |                        | Kuwait City, Kuwait    |                   |
| Tula Rasi: 4.57 |  | Tithi 7                        |  | Chitra/Svati Nakshatra Subha Yoga Gara Karana Saptamyam Titau |                  | Sun 20   |                        | Sutra 114              |                   |
| Creative Work   |  | Siddha Yoga                    |  | <b>Gulika</b>   | 11:53AM – 1:33PM | <b>Chitra Until 9:26AM</b>   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:15AM | Durmukha 5118     |
|                 |  | 462141362                      |  | Yama  | 8:34AM – 10:14AM | Subha Until 10:30PM  | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:32PM  | Moon 7 - Phase 16 |
|                 |  |                                |  | <b>Rahu</b>   | 3:12PM – 4:52PM  | Gara Until 7:03PM  | <b>Nataraja:</b> Clear | 3rd Phase              |                   |
|                 |  |                                |  |   |                  | <b>Saptami Until 8:13AM Wed</b>  | Moon – Green           | <b>Devaloka Day</b>    |                   |
|                 |  |                                |  |   |                  | <b>Sravana-Adi</b>   |                        |                        |                   |

|                     |  |                                   |  |  |                   |  |                        |                        |                   |
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| <b>Retreat Star</b> |  | <b>Wednesday, August 10, 2016</b> |  |  |                   | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Kuwait City, Kuwait    |                   |
| Tula Rasi: 16.5     |  | Tithi 7 – 8                       |  | Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                   | Sun 21   |                        | Sutra 115              |                   |
| Creative Work       |  | Siddha Yoga                       |  | <b>Gulika</b>  | 10:14AM – 11:53AM | <b>Svati Until 12:13PM</b>   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:15AM | Durmukha 5118     |
|                     |  | 462141362                         |  | Yama   | 6:55AM – 8:34AM   | Sukla Until 11:23PM  | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:31PM  | Moon 7 - Phase 16 |
|                     |  |                                   |  | <b>Rahu</b>  | 11:53AM – 1:32PM  | Visti Until 9:25PM   | <b>Nataraja:</b> Clear | Ashtami                |                   |
|                     |  |                                   |  |  |                   | <b>Saptami Until 8:13AM</b>  | Moon – Green           | <b>Devaloka Day</b>    |                   |
|                     |  |                                   |  |  |                   | <b>Sravana-Adi</b>   |                        |                        |                   |

|                     |  |                                  |  |   |                  |   |                        |                        |                   |
|---------------------|--|----------------------------------|--|---|------------------|---|------------------------|------------------------|-------------------|
| <b>Retreat Star</b> |  | <b>Thursday, August 11, 2016</b> |  |   |                  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam |                        | Kuwait City, Kuwait    |                   |
| Tula Rasi: 28.44    |  | Tithi 8 – 9                      |  | Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                  | Sun 22  |                        | Sutra 116              |                   |
| Creative Work       |  | Siddha Yoga                      |  | <b>Gulika</b>   | 8:34AM – 10:14AM | <b>Vishakha Until 3:13PM</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:16AM | Durmukha 5118     |
|                     |  | 473141362                        |  | Yama  | 5:16AM – 6:55AM  | Brahma Until 12:08AM Fri  | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:30PM  | Moon 7 - Phase 16 |
|                     |  |                                  |  | <b>Rahu</b>   | 1:32PM – 3:11PM  | Balava Until 11:35PM  | <b>Nataraja:</b> Clear | Navami                 |                   |
|                     |  |                                  |  |   |                  | <b>Ashtami* Until 10:31AM</b>   | Moon – Orange          | <b>Devaloka Day</b>    |                   |
|                     |  |                                  |  |   |                  | <b>Sravana-Adi</b>  |                        |                        |                   |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

|                                 |                                    |  |  |
|---------------------------------|------------------------------------|--|--|
| <b>1</b>                        | <b>Friday, August 12, 2016</b>     | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam | Kuwait City, Kuwait                          |
|                                 |                                    | Anuradha/Jyeshtha* Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau            | Sun 23 Sutra 117                             |
|                                 | Vrischika Rasi: 10.44 Tithi 9 - 10 | <b>Gulika</b> 6:55AM - 8:35AM <b>Anuradha</b> Until 5:44PM                                       | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:16AM |
|                                 | 473141362                          | <b>Rahu</b> 10:14AM - 11:53AM  | <b>Muruga:</b> Purple <i>Sunset:</i> 6:29PM  |
| Creative Work Siddha Yoga       |                                    | <b>Nataraja:</b> Clear   | Moon 7 - Phase 17                            |
| Until 5:44PM                    | <b>Varalakshmi Vratam</b>          | <b>Navami*</b> Until 12:31PM   | <b>Devaloka Day</b>                          |
| Then Routine Work - Marana Yoga |                                    | <b>Sravana-Adi</b>   | 4th Phase                                    |

|                                 |                                     |  |  |
|---------------------------------|-------------------------------------|--|--|
| <b>2</b>                        | <b>Saturday, August 13, 2016</b>    | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | Kuwait City, Kuwait                          |
|                                 |                                     | Jyeshtha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau                  | Sun 24 Sutra 118                             |
|                                 | Vrischika Rasi: 22.54 Tithi 10 - 11 | <b>Gulika</b> 5:17AM - 6:56AM <b>Jyeshtha*</b> Until 7:37PM                                      | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:17AM |
|                                 | 473141362                           | <b>Rahu</b> 8:35AM - 10:14AM   | <b>Muruga:</b> Purple <i>Sunset:</i> 6:28PM  |
| Creative Work Siddha Yoga       |                                     | <b>Nataraja:</b> Clear   | Moon 7 - Phase 17                            |
| Until 9:14PM                    |                                     | <b>Navija</b> Until 2:38AM Sun   | <b>Devaloka Day</b>                          |
| Then Routine Work - Marana Yoga |                                     | <b>Dashami</b> Until 2:04PM  | 4th Phase                                    |
|                                 |                                     | <b>Sravana-Adi</b>   |  |

|                                  |                                 |  |  |
|----------------------------------|---------------------------------|--|--|
| <b>3</b>                         | <b>Sunday, August 14, 2016</b>  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | Kuwait City, Kuwait                          |
|                                  |                                 | Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau                    | Sun 25 Sutra 119                             |
|                                  | Dhanus Rasi: 5.18 Tithi 11 - 12 | <b>Gulika</b> 3:10PM - 4:49PM <b>Mula*</b> Until 9:14PM  | <b>Ganesha:</b> White <i>Sunrise:</i> 5:17AM |
|                                  | 483141362                       | <b>Rahu</b> 4:49PM - 6:27PM  | <b>Muruga:</b> Purple <i>Sunset:</i> 6:27PM  |
| Creative Work Amrita Yoga        |                                 | <b>Nataraja:</b> Clear   | Moon 7 - Phase 17                            |
| Until 9:14PM                     |                                 | <b>Bava</b> Until 3:17AM Mon   | <b>Sivaloka Day</b>                          |
| Then Creative Work - Siddha Yoga |                                 | <b>Ekadashi</b> Until 3:02PM   | 4th Phase                                    |
|                                  |                                 | <b>Sravana-Adi</b>   |  |

|                                 |                                  |   |  |
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| <b>4</b>                        | <b>Monday, August 15, 2016</b>   | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | Kuwait City, Kuwait                          |
|                                 |                                  | Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau             | Sun 26 Sutra 120                             |
|                                 | Dhanus Rasi: 17.59 Tithi 12 - 13 | <b>Gulika</b> 1:31PM - 3:09PM <b>Purvashadha*</b> Until 10:04PM                                 | <b>Ganesha:</b> White <i>Sunrise:</i> 5:18AM |
|                                 | 483141362                        | <b>Rahu</b> 6:57AM - 8:35AM   | <b>Muruga:</b> Purple <i>Sunset:</i> 6:26PM  |
| Family Home Evening             |                                  | <b>Priti</b> Until 11:18PM  | Moon 7 - Phase 17                            |
| Routine Work Marana Yoga        |                                  | <b>Kaulava</b> Until 3:16AM Tue   | <b>Sivaloka Day</b>                          |
| Until 9:14PM                    |                                  | <b>Dvadashi</b> Until 3:21PM  | 4th Phase                                    |
| Then Routine Work - Marana Yoga |                                  | <i>Pradosha Vrata</i>   |  |
|                                 |                                  | <b>Sravana-Adi</b>  |  |

|                                  |                                 |  |  |
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| <b>5</b>                         | <b>Tuesday, August 16, 2016</b> | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam | Kuwait City, Kuwait                          |
|                                  |                                 | Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau          | Sun 27 Sutra 121                             |
|                                  | Makara Rasi: 0.59 Tithi 13 - 14 | <b>Gulika</b> 11:52AM - 1:30PM <b>Uttarashadha</b> Until 10:06PM                                 | <b>Ganesha:</b> White <i>Sunrise:</i> 5:19AM |
|                                  | 483141362                       | <b>Rahu</b> 3:09PM - 4:47PM  | <b>Muruga:</b> Purple <i>Sunset:</i> 6:25PM  |
| Routine Work Prabalarishta Yoga  |                                 | <b>Ayushman</b> Until 9:49PM   | Moon 7 - Phase 17                            |
| Until 10:06PM                    |                                 | <b>Gara</b> Until 2:37AM Wed   | <b>Sivaloka Day</b>                          |
| Then Creative Work - Siddha Yoga |                                 | <b>Trayodashi</b> Until 3:00PM   | 4th Phase                                    |
|                                  |                                 | <b>Sravana-Avani</b>   |  |

|  |                                   |  |  |
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| <b>○</b>                               | <b>Wednesday, August 17, 2016</b> | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam | Kuwait City, Kuwait                          |
|  | <b>Copper Retreat Star</b>        | Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau            | Sutra 122                                    |
|  | Makara Rasi: 14.2 Tithi 14 - 15   | <b>Gulika</b> 10:14AM - 11:52AM <b>Shravana</b> Until 9:50PM                                   | <b>Ganesha:</b> White <i>Sunrise:</i> 5:19AM |
|  | 593141362                         | <b>Rahu</b> 11:52AM - 1:30PM   | <b>Muruga:</b> Purple <i>Sunset:</i> 6:24PM  |
| Creative Work Siddha Yoga              |                                   | <b>Saubhagya</b> Until 7:52PM  | Moon 7 - Phase 17                            |
| Until 9:50PM                           | <b>Raksha Bandhan</b>             | <b>Visti</b> Until 1:22AM Thu  | <b>Sivaloka Day</b>                          |
| Then Routine Work - Prabalarishta Yoga |                                   | <b>Chaturdashi*</b> Until 2:02PM   | Purnima                                      |
|  |                                   | <b>Sravana-Avani</b>   |  |

|  |                                  |   |  |
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|  | <b>Thursday, August 18, 2016</b> | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam | Kuwait City, Kuwait                          |
|  | <b>Silver Retreat Star</b>       | Dhanishtha Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau       | Sutra 123                                    |
|  | Makara Rasi: 28.01 Tithi 15 - 16 | <b>Gulika</b> 8:36AM - 10:14AM <b>Dhanishtha</b> Until 8:54PM                                   | <b>Ganesha:</b> White <i>Sunrise:</i> 5:20AM |
|  | 593141362                        | <b>Rahu</b> 1:29PM - 3:07PM   | <b>Muruga:</b> Purple <i>Sunset:</i> 6:23PM  |
| Creative Work Siddha Yoga              |                                  | <b>Sobhana</b> Until 5:30PM   | Moon 7 - Phase 17                            |
| Until 9:50PM                           |                                  | <b>Balava</b> Until 11:37PM   | <b>Sivaloka Day</b>                          |
| Then Routine Work - Prabalarishta Yoga |                                  | <b>Purnima*</b> Until 12:31PM   | Prathama                                     |
|  |                                  | <b>Sravana-Avani</b>  |  |





Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kuwait City, Kuwait

Sutra 124

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 11.59 Tihi 16 - 17

Gulika 6:58AM - 8:36AM

Shatabhishak Until 7:26PM

Ganesha: White Sunrise: 5:20AM

Yama 3:07PM - 4:45PM

Athiganda\* Until 2:46PM

Muruga: Purple Sunset: 6:22PM

593141362 Rahu 10:13AM - 11:51AM

Taitila Until 9:29PM

Nataraja: Clear

Creative Work Siddha Yoga

Prathama\* Until 10:34AM

Moon - Purple  
Savana-Avani

Sivaloka Day

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Kuwait City, Kuwait

Sun 1 Sutra 125

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 26.1 Tihi 17 - 18

Gulika 5:21AM - 6:58AM

Purvaprossthapada\* Until 5:59PM

Ganesha: White Sunrise: 5:21AM

Yama 1:29PM - 3:06PM

Sukarma Until 11:48AM

Muruga: Purple Sunset: 6:21PM

513141362 Rahu 8:36AM - 10:13AM

Vanija Until 7:05PM

Nataraja: Clear

Routine Work Marana Yoga

Dvitiya Until 8:17AM

Moon - Clear

Until 5:59PM

Savana-Avani

Then Creative Work - Siddha Yoga

Sivaloka Day

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraprossthapada\*/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthiyam Titau

Kuwait City, Kuwait

Sun 2 Sutra 126

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Meena Rasi: 10.31 Tihi 19

Gulika 3:06PM - 4:43PM

Uttaraprossthapada Until 4:13PM

Ganesha: White Sunrise: 5:21AM

Yama 11:51AM - 1:28PM

Dhriti Until 8:42AM

Muruga: Purple Sunset: 6:20PM

513141362 Rahu 4:43PM - 6:20PM

Bava Until 4:32PM

Nataraja: Clear

Creative Work Amrita Yoga

Chaturthi\* Until 3:13AM Mon

Moon - Clear

Sivaloka Day

Savana-Avani

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kuwait City, Kuwait

Sun 3 Sutra 127

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Meena Rasi: 24.56 Tihi 20

Gulika 1:28PM - 3:05PM

Revati Until 2:16PM

Ganesha: White Sunrise: 5:22AM

Family Home Evening

Yama 10:13AM - 11:51AM

Ganda\* Until 2:18AM Tue

Muruga: Purple Sunset: 6:19PM

513141362 Rahu 6:59AM - 8:36AM

Kaulava Until 1:56PM

Nataraja: Clear

Creative Work Siddha Yoga

Panchami Until 12:37AM Tue

Moon - Clear

Sivaloka Day

Savana-Avani

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Kuwait City, Kuwait

Sun 4 Sutra 128

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 9.2 Tihi 21

Gulika 11:50AM - 1:27PM

Ashvini Until 12:39PM

Ganesha: Clear Sunrise: 5:22AM

Yama 8:36AM - 10:13AM

Vriddhi Until 11:12PM

Muruga: Purple Sunset: 6:18PM

523141362 Rahu 3:04PM - 4:41PM

Gara Until 11:23AM

Nataraja: Clear

Creative Work Siddha Yoga

Shashthi\* Until 10:07PM

Moon - White

Devaloka Day

Savana-Avani

5

Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Kuwait City, Kuwait

Sun 5 Sutra 129

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 23.4 Tihi 22

Gulika 10:13AM - 11:50AM

Bharani Until 11:01AM

Ganesha: Clear Sunrise: 5:23AM

Creative Work Siddha Yoga

Yama 6:59AM - 8:36AM

Dhruva Until 8:13PM

Muruga: Purple Sunset: 6:17PM

523141362 Rahu 11:50AM - 1:27PM

Visti Until 8:57AM

Nataraja: Clear

Until 11:01AM

Saptami Until 7:47PM

Moon - White

Then Creative Work - Amrita Yoga

Savana-Avani

Devaloka Day

D

Thursday, August 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait

Sun 6 Sutra 130

Durmukha 5118

Moon 8 - Phase 18

Ashtami

Vrisabha Rasi: 7.53 Tihi 23 - 24

Gulika 8:36AM - 10:13AM

Krittika Until 9:26AM

Ganesha: White Sunrise: 5:23AM

Yama 5:23AM - 7:00AM

Vyaghata\* Until 5:25PM

Muruga: Purple Sunset: 6:16PM

523241362 Rahu 1:26PM - 3:03PM

Balava Until 6:42AM

Nataraja: Clear

Routine Work Marana Yoga

Ashtami\* Until 5:39PM

Moon - White

Bhuloka Day

Krishna Janmashtami

Savana-Avani

Devaloka Time: 6:PM to 9:PM

Friday, August 26, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kuwait City, Kuwait

Sun 7 Sutra 131

Durmukha 5118

Moon 8 - Phase 18

Navami

Vrisabha Rasi: 21.56 Tihi 24 - 25

Gulika 7:00AM - 8:37AM

Rohini Until 8:22AM

Ganesha: Purple Sunrise: 5:24AM

Yama 3:02PM - 4:39PM

Harshana Until 2:49PM

Muruga: Purple Sunset: 6:15PM

534241362 Rahu 10:13AM - 11:49AM

Vanija Until 2:57AM Sat

Nataraja: Clear

Routine Work Marana Yoga

Navami\* Until 3:46PM

Moon - Yellow

Until 8:22AM

Savana-Avani

Then Creative Work - Siddha Yoga

Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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|          |                                   |                              |  |                                |  |                   |                     |  |
|----------|-----------------------------------|------------------------------|--|--------------------------------|--|-------------------|---------------------|--|
| <b>1</b> | <b>Saturday, August 27, 2016</b>  |                              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam |                                |  |                   | Kuwait City, Kuwait |  |
|          | Mithuna Rasi: 5.5    Tihi 25 – 26 |                              | Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau        |                                |  |                   | Sun 8    Sutra 132  |  |
|          | 534241363                         |                              | <b>Gulika</b> 5:24AM – 7:00AM  | <b>Mrigashira</b> Until 7:26AM | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:24AM | Durmukha 5118     |                     |  |
|          | Creative Work    Siddha Yoga      |                              | Yama 1:25PM – 3:02PM   | Vajra* Until 12:27PM           | <b>Muruga:</b> Purple <i>Sunset:</i> 6:14PM  | Moon 8 - Phase 19 |                     |  |
|          |                                   | <b>Rahu</b> 8:37AM – 10:13AM | Bava Until 1:32AM Sun  | <b>Nataraja:</b> Purple        | 2nd Phase                                    |                   |                     |  |
|          |                                   |                              | <b>Dashami</b> Until 2:11PM  | Moon – Yellow                  | <b>Devaloka Day</b>                          |                   |                     |  |
|          |                                   |                              |  | <b>Sravana-Avani</b>           |  |                   |                     |  |

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| <b>2</b> | <b>Sunday, August 28, 2016</b>      |                             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                           |  |                   | Kuwait City, Kuwait |  |
|          | Mithuna Rasi: 19.32    Tihi 26 – 27 |                             | Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                           |  |                   | Sun 9    Sutra 133  |  |
|          | 534241363                           |                             | <b>Gulika</b> 3:01PM – 4:37PM  | <b>Ardra</b> Until 6:40AM | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:25AM | Durmukha 5118     |                     |  |
|          | Creative Work    Siddha Yoga        |                             | Yama 11:49AM – 1:25PM  | Siddhi Until 10:20AM      | <b>Muruga:</b> Purple <i>Sunset:</i> 6:13PM  | Moon 8 - Phase 19 |                     |  |
|          |                                     | <b>Rahu</b> 4:37PM – 6:13PM | Kaulava Until 12:27AM Mon  | <b>Nataraja:</b> Purple   | 2nd Phase                                    |                   |                     |  |
|          |                                     |                             | <b>Ekadashi*</b> Until 12:55PM   | Moon – Yellow             | <b>Devaloka Day</b>                          |                   |                     |  |
|          |                                     |                             |  | <b>Sravana-Avani</b>      |  |                   |                     |  |

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| <b>3</b>                         | <b>Monday, August 29, 2016</b>    |                             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam    |                               |   |                   | Kuwait City, Kuwait |  |
|                                  | Kataka Rasi: 3.01    Tihi 27 – 28 |                             | Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                               |   |                   | Sun 10    Sutra 134 |  |
|                                  | 544241363                         |                             | <b>Gulika</b> 1:24PM – 3:00PM  | <b>Punarvasu</b> Until 6:33AM | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:25AM | Durmukha 5118     |                     |  |
|                                  | Creative Work    Amrita Yoga      |                             | Yama 10:13AM – 11:49AM   | Vyatipata* Until 8:32AM       | <b>Muruga:</b> Purple <i>Sunset:</i> 6:12PM | Moon 8 - Phase 19 |                     |  |
| Until 6:33AM                     |                                   | <b>Rahu</b> 7:01AM – 8:37AM | Gara Until 11:45PM   | <b>Nataraja:</b> Purple       | 2nd Phase                                   |                   |                     |  |
| Then Creative Work - Siddha Yoga |                                   |                             | <b>Dvadashi*</b> Until 12:02PM   | Moon – Blue                   | <b>Bhuloka Day</b>                          |                   |                     |  |
|                                  |                                   |                             | <i>Pradosha Vrata (Fasting)</i>  | <b>Sravana-Avani</b>          | Devaloka Time: 9:AM to12:PM                 |                   |                     |  |

|          |                                    |                             |  |                            |   |                   |                     |  |
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| <b>4</b> | <b>Tuesday, August 30, 2016</b>    |                             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam   |                            |   |                   | Kuwait City, Kuwait |  |
|          | Kataka Rasi: 16.17    Tihi 28 – 29 |                             | Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                            |   |                   | Sun 11    Sutra 135 |  |
|          | 544241363                          |                             | <b>Gulika</b> 11:48AM – 1:24PM   | <b>Pushya</b> Until 6:41AM | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:26AM | Durmukha 5118     |                     |  |
|          | Creative Work    Siddha Yoga       |                             | Yama 8:37AM – 10:13AM  | Variyan Until 7:02AM       | <b>Muruga:</b> Purple <i>Sunset:</i> 6:11PM | Moon 8 - Phase 19 |                     |  |
|          |                                    | <b>Rahu</b> 3:00PM – 4:35PM | Visti Until 11:30PM  | <b>Nataraja:</b> Purple    | 2nd Phase                                   |                   |                     |  |
|          |                                    |                             | <b>Trayodashi*</b> Until 11:33AM   | Moon – Blue                | <b>Bhuloka Day</b>                          |                   |                     |  |
|          |                                    |                             |  | <b>Sravana-Avani</b>       | Devaloka Time: 9:AM to12:PM                 |                   |                     |  |

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|  | <b>Wednesday, August 31, 2016</b>  |                              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam |                               |   |                   | Kuwait City, Kuwait |  |
|   | <b>Retreat Star</b>                |                              | Ashlesha*/Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau    |                               |   |                   | Sun 12    Sutra 136 |  |
|   | Kataka Rasi: 29.19    Tihi 29 – 30 |                              | <b>Gulika</b> 10:12AM – 11:48AM  | <b>Ashlesha*</b> Until 7:06AM | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:26AM | Durmukha 5118     |                     |  |
|   | 544241363                          |                              | Yama 7:02AM – 8:37AM   | Shiva Until 5:11AM Thu        | <b>Muruga:</b> Purple <i>Sunset:</i> 6:10PM | Moon 8 - Phase 19 |                     |  |
| Creative Work    Siddha Yoga  |                                    | <b>Rahu</b> 11:48AM – 1:23PM | Catuspada Until 11:44PM  | <b>Nataraja:</b> Purple       | Amavasya                                    |                   |                     |  |
|   |                                    |                              | <b>Chaturdashi*</b> Until 11:32AM  | Moon – Blue                   | <b>Bhuloka Day</b>                          |                   |                     |  |
|   |                                    |                              |  | <b>Sravana-Avani</b>          | Devaloka Time: 9:AM to12:PM                 |                   |                     |  |

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|----------------------------------|------------------------------------|------------------------------|---|----------------------------|--|-------------------|---------------------|--|
|                                  | <b>Thursday, September 1, 2016</b> |                              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam |                            |  |                   | Kuwait City, Kuwait |  |
|                                  | <b>Retreat Star</b>                |                              | Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                            |  |                   | Sun 13    Sutra 137 |  |
|                                  | Simha Rasi: 12.06    Tihi 30 – 1   |                              | <b>Gulika</b> 8:37AM – 10:12AM  | <b>Magha*</b> Until 8:19AM | <b>Ganesh:</b> Orange <i>Sunrise:</i> 5:27AM | Durmukha 5118     |                     |  |
|                                  | 544241363                          |                              | Yama 5:27AM – 7:02AM  | Siddha Until 4:49AM Fri    | <b>Muruga:</b> Purple <i>Sunset:</i> 6:09PM  | Moon 8 - Phase 19 |                     |  |
| Creative Work    Amrita Yoga     |                                    | <b>Rahu</b> 1:23PM – 2:58PM  | Kintughna Until 12:29AM Fri   | <b>Nataraja:</b> Purple    | Prathama                                     |                   |                     |  |
| Until 8:19AM                     |                                    |                              | <b>Amavasya*</b> Until 12:02PM  | Moon – Red                 | <b>Bhuloka Day</b>                           |                   |                     |  |
| Then Creative Work - Siddha Yoga |                                    | <b>Annular Solar Eclipse</b> |   | <b>Bhadrapada-Avani</b>    | Devaloka Time: 9:AM to12:PM                  |                   |                     |  |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

|                                    |             |   |                                   |  |   |                   |
|------------------------------------|-------------|---|-----------------------------------|--|---|-------------------|
| <b>1 Friday, September 2, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                   |  | Kuwait City, Kuwait<br>Sun 14 Sutra 138 |                   |
| Simha Rasi: 24.38                  | Tithi 1 – 2 | <b>Gulika</b> 7:02AM – 8:37AM   | <b>Purvaphalguni Until 9:54AM</b> | <b>Ganesh:</b> Orange <i>Sunrise:</i> 5:27AM |   | Durmukha 5118     |
|                                    |             | Yama 2:57PM – 4:32PM  | Sadhya Until 4:53AM Sat           | <b>Muruga:</b> Purple <i>Sunset:</i> 6:07PM  |   | Moon 8 - Phase 20 |
|                                    |             | 554241363 <b>Rahu</b> 10:12AM – 11:47AM   | Balava Until 1:45AM Sat           | <b>Nataraja:</b> Purple                      |   | 3rd Phase         |
| Creative Work                      | Siddha Yoga |   | <b>Prathama* Until 1:02PM</b>     | Moon – Red                                   | <b>Bhuloka Day</b>                      |                   |
|                                    |             |   |                                   | <b>Bhadrapada*Avani</b>                      | Devaloka Time: 9:AM to 12:PM            |                   |

|                                      |             |   |                                     |  |   |                   |
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| <b>2 Saturday, September 3, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                     |  | Kuwait City, Kuwait<br>Sun 15 Sutra 139 |                   |
| Kanya Rasi: 6.58                     | Tithi 2 – 3 | <b>Gulika</b> 5:28AM – 7:02AM   | <b>Uttaraphalguni Until 11:47AM</b> | <b>Ganesh:</b> Orange <i>Sunrise:</i> 5:28AM |   | Durmukha 5118     |
|                                      |             | Yama 1:22PM – 2:57PM  | Subha Until 5:18AM Sun              | <b>Muruga:</b> Purple <i>Sunset:</i> 6:06PM  |   | Moon 8 - Phase 20 |
|                                      |             | 554241363 <b>Rahu</b> 8:37AM – 10:12AM  | Taitila Until 3:29AM Sun            | <b>Nataraja:</b> Purple                      |   | 3rd Phase         |
| Routine Work                         | Marana Yoga |   | <b>Dvitiya Until 2:33PM</b>         | Moon – Red                                   | <b>Bhuloka Day</b>                      |                   |
|                                      |             |   |                                     | <b>Bhadrapada*Avani</b>                      | Devaloka Time: 9:AM to 12:PM            |                   |

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| <b>3 Sunday, September 4, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                             |   | Kuwait City, Kuwait<br>Sun 16 Sutra 140 |                   |
| Kanya Rasi: 19.06                  | Tithi 3 – 4 | <b>Gulika</b> 2:56PM – 4:31PM  | <b>Hasta Until 2:25PM</b>   | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:28AM |   | Durmukha 5118     |
|                                    |             | Yama 11:47AM – 1:21PM  | Sukla Until 5:59AM Mon      | <b>Muruga:</b> Purple <i>Sunset:</i> 6:05PM |   | Moon 8 - Phase 20 |
|                                    |             | 554241363 <b>Rahu</b> 4:31PM – 6:05PM  | Vanija Until 5:36AM Mon     | <b>Nataraja:</b> Purple                     |   | 3rd Phase         |
| Creative Work                      | Amrita Yoga |  | <b>Tritiya Until 4:29PM</b> | Moon – Green                                | <b>Bhuloka Day</b>                      |                   |
| Until 2:25PM                       |             |  |                             | <b>Bhadrapada*Avani</b>                     | Devaloka Time: 9:AM to 12:PM            |                   |
| Then Creative Work - Siddha Yoga   |             |  |                             |   |   |                   |

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| <b>4 Monday, September 5, 2016</b> |                    | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Brahma Yoga Visti* Karana Chaturthyam Titau |                                |   | Kuwait City, Kuwait<br>Sun 17 Sutra 141 |                   |
| Tula Rasi: 1.05                    | Tithi 4            | <b>Gulika</b> 1:21PM – 2:55PM   | <b>Chitra Until 5:12PM</b>     | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:29AM |   | Durmukha 5118     |
| <b>Family Home Evening</b>         |                    | Yama 10:12AM – 11:46AM  | Brahma Until 6:51AM Tue        | <b>Muruga:</b> Purple <i>Sunset:</i> 6:04PM |   | Moon 8 - Phase 20 |
|                                    |                    | 554241363 <b>Rahu</b> 7:03AM – 8:37AM   | Visti Until 6:44PM             | <b>Nataraja:</b> Purple                     |   | 3rd Phase         |
| Routine Work                       | Prabalarishta Yoga |   | <b>Chaturthi* Until 6:44PM</b> | Moon – Green                                | <b>Bhuloka Day</b>                      |                   |
| Until 5:12PM                       |                    | <b>Ganesh Chaturthi</b>   |                                | <b>Bhadrapada*Avani</b>                     | Devaloka Time: 9:AM to 12:PM            |                   |
| Then Creative Work - Amrita Yoga   |                    |   |                                |   |   |                   |

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| <b>5 Tuesday, September 6, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau |                              |   | Kuwait City, Kuwait<br>Sun 18 Sutra 142 |                   |
| Tula Rasi: 12.59                    | Tithi 5     | <b>Gulika</b> 11:46AM – 1:20PM  | <b>Svati Until 7:59PM</b>    | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:29AM |   | Durmukha 5118     |
|                                     |             | Yama 8:37AM – 10:12AM   | Brahma Until 6:51AM          | <b>Muruga:</b> Purple <i>Sunset:</i> 6:03PM |   | Moon 8 - Phase 20 |
|                                     |             | 554241363 <b>Rahu</b> 2:54PM – 4:29PM   | Bava Until 7:58AM            | <b>Nataraja:</b> Purple                     |   | 3rd Phase         |
| Creative Work                       | Siddha Yoga |   | <b>Panchami Until 9:10PM</b> | Moon – Green                                | <b>Bhuloka Day</b>                      |                   |
| Until 7:59PM                        |             |   |                              | <b>Bhadrapada*Avani</b>                     | Devaloka Time: 9:AM to 12:PM            |                   |
| Then Routine Work - Marana Yoga     |             |   |                              |   |   |                   |

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| <b>6 Wednesday, September 7, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shasthyam Titau |                                |   | Kuwait City, Kuwait<br>Sun 19 Sutra 143 |                   |
| Tula Rasi: 24.51                      | Tithi 6     | <b>Gulika</b> 10:12AM – 11:46AM   | <b>Vishakha Until 11:07PM</b>  | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:29AM |   | Durmukha 5118     |
|                                       |             | Yama 7:03AM – 8:38AM  | Indra Until 7:48AM             | <b>Muruga:</b> Purple <i>Sunset:</i> 6:02PM |   | Moon 8 - Phase 20 |
|                                       |             | 575241363 <b>Rahu</b> 11:46AM – 1:20PM  | Kaulava Until 10:24AM          | <b>Nataraja:</b> Purple                     |   | 3rd Phase         |
| Creative Work                         | Siddha Yoga |   | <b>Shashthi* Until 11:35PM</b> | Moon – Orange                               | <b>Bhuloka Day</b>                      |                   |
|                                       |             |   |                                | <b>Bhadrapada*Avani</b>                     | Devaloka Time: 6:AM to 9:AM             |                   |

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| <b>Thursday, September 8, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau |                                  |   | Kuwait City, Kuwait<br>Sun 20 Sutra 144 |                   |
| <b>Retreat Star</b>                |             | <b>Gulika</b> 8:38AM – 10:11AM   | <b>Anuradha Until 1:53AM Fri</b> | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:30AM |   | Durmukha 5118     |
| Vrischika Rasi: 6.44               | Tithi 7     | Yama 5:30AM – 7:04AM   | Vaidhriti* Until 8:40AM          | <b>Muruga:</b> Purple <i>Sunset:</i> 6:01PM |   | Moon 8 - Phase 20 |
|                                    |             | 575241363 <b>Rahu</b> 1:19PM – 2:53PM  | Gara Until 12:45PM               | <b>Nataraja:</b> Purple                     |   | 3rd Phase         |
| Creative Work                      | Siddha Yoga |  | <b>Saptami Until 1:48AM Fri</b>  | Moon – Orange                               | <b>Bhuloka Day</b>                      |                   |
| Until 1:53AM Fri                   |             |  |                                  | <b>Bhadrapada*Avani</b>                     | Devaloka Time: 6:AM to 9:AM             |                   |
| Then Routine Work - Marana Yoga    |             |  |                                  |   |   |                   |

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| <b>Friday, September 9, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau |                                   |   | Kuwait City, Kuwait<br>Sun 21 Sutra 145 |                   |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 7:04AM – 8:38AM   | <b>Jyeshtha* Until 4:08AM Sat</b> | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:30AM |   | Durmukha 5118     |
| Vrischika Rasi: 18.43            | Tithi 8     | Yama 2:52PM – 4:26PM  | Vishkambha* Until 9:20AM          | <b>Muruga:</b> Purple <i>Sunset:</i> 5:59PM |   | Moon 8 - Phase 20 |
|                                  |             | 575241363 <b>Rahu</b> 10:11AM – 11:45AM   | Visti Until 2:48PM                | <b>Nataraja:</b> Purple                     |   | Ashtami           |
| Routine Work                     | Marana Yoga |   | <b>Ashtami* Until 3:39AM Sat</b>  | Moon – Orange                               | <b>Bhuloka Day</b>                      |                   |
| Until 4:08AM Sat                 |             |   |                                   | <b>Bhadrapada*Avani</b>                     | Devaloka Time: 6:AM to 9:AM             |                   |
| Then Creative Work - Siddha Yoga |             |   |                                   |   |   |                   |

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| <b>Saturday, September 10, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau |                                 |  | Kuwait City, Kuwait<br>Sun 22 Sutra 146 |                   |
| <b>Retreat Star</b>                 |             | <b>Gulika</b> 5:31AM – 7:04AM  | <b>Mula* Until 6:11AM Sun</b>   | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:31AM |   | Durmukha 5118     |
| Dhanus Rasi: 0.52                   | Tithi 9     | Yama 1:18PM – 2:51PM   | Priti Until 9:42AM              | <b>Muruga:</b> Purple <i>Sunset:</i> 5:58PM  |   | Moon 8 - Phase 20 |
|                                     |             | 585241363 <b>Rahu</b> 8:38AM – 10:11AM   | Balava Until 4:24PM             | <b>Nataraja:</b> Purple                      |   | Navami            |
| Creative Work                       | Siddha Yoga |  | <b>Navami* Until 4:57AM Sun</b> | Moon – Light Blue                            | <b>Bhuloka Day</b>                      |                   |
|                                     |             |  |                                 | <b>Bhadrapada*Avani</b>                      |   |                   |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

|                                     |  |  |                                 |                         |                        |                     |
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| <b>1 Sunday, September 11, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                 |                         |                        | Kuwait City, Kuwait |
| Dhanus Rasi: 13.14                  |  | Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau       |                                 |                         |                        | Sun 23 Sutra 147    |
| Creative Work Amrita Yoga           |  | <b>Gulika</b> 2:51PM – 4:24PM  | <b>Mula* Until 6:11AM</b>       | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:31AM | Durmukha 5118       |
| Until 6:11AM                        |  | Yama 11:44AM – 1:17PM  | Ayushman Until 9:36AM           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:57PM  | Moon 8 - Phase 21   |
| Then Creative Work - Siddha Yoga    |  | 585241363 <b>Rahu</b> 4:24PM – 5:57PM  | Taitila Until 5:23PM            | <b>Nataraja:</b> Purple |                        | 4th Phase           |
|                                     |  | <b>Grandparent's Day</b>   | <b>Dashami Until 5:35AM Mon</b> | Moon – Light Blue       |                        | <b>Bhuloka Day</b>  |
|                                     |  |  |                                 | <b>Bhadrapada-Avani</b> |                        |                     |

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| <b>2 Monday, September 12, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam     |                                  |                         |                        | Kuwait City, Kuwait |
| Dhanus Rasi: 25.54                  |  | Purvashadha*/Uttarashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau |                                  |                         |                        | Sun 24 Sutra 148    |
| Creative Work Marana Yoga           |  | <b>Gulika</b> 1:17PM – 2:50PM   | <b>Purvashadha* Until 7:24AM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:32AM | Durmukha 5118       |
| Family Home Evening                 |  | Yama 10:11AM – 11:44AM  | Saubhagya Until 8:58AM           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:56PM  | Moon 8 - Phase 21   |
| Routine Work                        |  | 585241363 <b>Rahu</b> 7:05AM – 8:38AM   | Vanija Until 5:39PM              | <b>Nataraja:</b> Purple |                        | 4th Phase           |
|                                     |  |   | <b>Ekadashi Until 5:29AM Tue</b> | Moon – Light Blue       |                        | <b>Bhuloka Day</b>  |
|                                     |  |   |                                  | <b>Bhadrapada-Avani</b> |                        |                     |

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| <b>3 Tuesday, September 13, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam |                                  |                         |                        | Kuwait City, Kuwait |
| Makara Rasi: 8.56                    |  | Uttarashadha*/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau     |                                  |                         |                        | Sun 25 Sutra 149    |
| Creative Work Prabalarishta Yoga     |  | <b>Gulika</b> 11:43AM – 1:16PM   | <b>Uttarashadha Until 7:45AM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:32AM | Durmukha 5118       |
| Until 7:45AM                         |  | Yama 8:38AM – 10:11AM  | Sobhana Until 7:45AM             | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:55PM  | Moon 8 - Phase 21   |
| Then Creative Work - Siddha Yoga     |  | 585241363 <b>Rahu</b> 2:49PM – 4:22PM  | Bava Until 5:09PM                | <b>Nataraja:</b> Purple |                        | 4th Phase           |
|                                      |  |  | <b>Dvadashi Until 4:36AM Wed</b> | Moon – Light Blue       |                        | <b>Bhuloka Day</b>  |
|                                      |  |  |                                  | <b>Bhadrapada-Avani</b> |                        |                     |

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| <b>4 Wednesday, September 14, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam |                                    |                         |                        | Kuwait City, Kuwait         |
| Makara Rasi: 22.23                     |  | Shravana/Dhanishtha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau           |                                    |                         |                        | Sun 26 Sutra 150            |
| Creative Work Siddha Yoga              |  | <b>Gulika</b> 10:11AM – 11:43AM  | <b>Shravana Until 7:39AM</b>       | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:33AM | Durmukha 5118               |
| Until 7:39AM                           |  | Yama 7:05AM – 8:38AM   | Sukarma Until 3:31AM Thu           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:53PM  | Moon 8 - Phase 21           |
| Then Routine Work - Prabalarishta Yoga |  | 595241363 <b>Rahu</b> 11:43AM – 1:16PM   | Kaulava Until 3:55PM               | <b>Nataraja:</b> Purple |                        | 4th Phase                   |
|  |  |  | <b>Trayodashi Until 3:01AM Thu</b> | Moon – Purple           |                        | <b>Bhuloka Day</b>          |
|  |  | <b>Avani Avittam</b>   | <i>Pradosha Vrata</i>              | <b>Bhadrapada-Avani</b> |                        | Devaloka Time: 6:AM to 9:AM |

|                                       |  |   |                                       |                         |                        |                             |
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| <b>5 Thursday, September 15, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam |                                       |                         |                        | Kuwait City, Kuwait         |
| Kumbha Rasi: 6.14                     |  | Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau          |                                       |                         |                        | Sun 27 Sutra 151            |
| Creative Work Siddha Yoga             |  | <b>Gulika</b> 8:38AM – 10:10AM  | <b>Dhanishtha Until 6:42AM</b>        | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:33AM | Durmukha 5118               |
| Until 7:39AM                          |  | Yama 5:33AM – 7:06AM  | Dhriti Until 12:38AM Fri              | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:52PM  | Moon 8 - Phase 21           |
| Then Creative Work - Siddha Yoga      |  | 595241363 <b>Rahu</b> 1:15PM – 2:48PM   | Gara Until 2:00PM                     | <b>Nataraja:</b> Purple |                        | 4th Phase                   |
|                                       |  |   | <b>Chaturdashi* Until 12:49AM Fri</b> | Moon – Purple           |                        | <b>Bhuloka Day</b>          |
|                                       |  | <b>Chidambaram Abhishekam</b>   |                                       | <b>Bhadrapada-Avani</b> |                        | Devaloka Time: 6:AM to 9:AM |

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| <b>Friday, September 16, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam |   |                            |                        | Kuwait City, Kuwait |
| <b>Copper Retreat Star</b>        |  | Purvaproshtapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau                    |   |                            |                        | Sutra 152           |
| Kumbha Rasi: 20.29                |  | <b>Gulika</b> 7:06AM – 8:38AM  | <b>Purvaproshtapada* Until 3:11AM Sat</b> | <b>Ganesha:</b> Purple     | <i>Sunrise:</i> 5:34AM | Durmukha 5118       |
| Creative Work Siddha Yoga         |  | Yama 2:47PM – 4:19PM   | Shula* Until 9:20PM                       | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:51PM  | Moon 8 - Phase 21   |
| Until 12:53AM Sun                 |  | 516241363 <b>Rahu</b> 10:10AM – 11:42AM  | Visti Until 11:33AM                       | <b>Nataraja:</b> Purple    |                        | Purnima             |
| Then Creative Work - Amrita Yoga  |  |  | <b>Purnima* Until 10:08PM</b>             | Moon – Clear               |                        | <b>Devaloka Day</b> |
|                                   |  | <b>Penumbral Lunar Eclipse</b>   |   | <b>Bhadrapada-Puratasi</b> |                        |                     |

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| <b>Saturday, September 17, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam |  |                            |                        | Kuwait City, Kuwait |
| <b>Silver Retreat Star</b>          |  | Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau          |  |                            |                        | Sutra 153           |
| Meena Rasi: 5.03                    |  | <b>Gulika</b> 5:34AM – 7:06AM  | <b>Uttaraproshtapada Until 12:53AM Sun</b> | <b>Ganesha:</b> Purple     | <i>Sunrise:</i> 5:34AM | Durmukha 5118       |
| Creative Work Siddha Yoga           |  | Yama 1:14PM – 2:46PM   | Ganda* Until 5:45PM                        | <b>Muruga:</b> Purple      | <i>Sunset:</i> 5:50PM  | Moon 8 - Phase 21   |
| Until 12:53AM Sun                   |  | 516241363 <b>Rahu</b> 8:38AM – 10:10AM   | Balava Until 8:41AM                        | <b>Nataraja:</b> Purple    |                        | Prathama            |
| Then Creative Work - Amrita Yoga    |  |  | <b>Prathama* Until 7:07PM</b>              | Moon – Clear               |                        | <b>Devaloka Day</b> |
|                                     |  |  |  | <b>Bhadrapada-Puratasi</b> |                        |                     |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kuwait City, Kuwait

Sun 1 Sutra 154

Durmukha 5118

Meena Rasi: 19.49 Tihi 17 - 18

516241363

**Gulika** 2:45PM - 4:17PM  
Yama 11:42AM - 1:13PM  
**Rahu** 4:17PM - 5:49PM

**Revati** Until 10:17PM  
Vriddhi Until 2:01PM  
Vanija Until 2:17AM Mon  
Dvitiya Until 3:54PM

**Ganesha:** Purple *Sunrise:* 5:35AM  
**Muruga:** Purple *Sunset:* 5:49PM  
**Nataraja:** Purple  
Moon - Clear  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 10:17PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kuwait City, Kuwait

Sun 2 Sutra 155

Durmukha 5118

Mesha Rasi: 4.41 Tihi 18 - 19

526341363

**Gulika** 1:13PM - 2:44PM  
Yama 10:10AM - 11:41AM  
**Rahu** 7:07AM - 8:38AM

**Ashvini** Until 7:58PM  
Dhruva Until 10:13AM  
Bava Until 11:04PM  
Tritiya Until 12:39PM

**Ganesha:** Purple *Sunrise:* 5:35AM  
**Muruga:** Purple *Sunset:* 5:48PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

Family Home Evening

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait

Sun 3 Sutra 156

Durmukha 5118

Mesha Rasi: 19.3 Tihi 19 - 20

526341363

**Gulika** 11:41AM - 1:12PM  
Yama 8:38AM - 10:10AM  
**Rahu** 2:44PM - 4:15PM

**Bharani** Until 5:40PM  
Vyaghata\* Until 6:29AM  
Kaulava Until 8:00PM  
Chaturthi\* Until 9:29AM

**Ganesha:** Purple *Sunrise:* 5:36AM  
**Muruga:** Purple *Sunset:* 5:46PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Kuwait City, Kuwait

Sun 4 Sutra 157

Durmukha 5118

Vrishabha Rasi: 4.1 Tihi 20 - 21

526341363

**Gulika** 10:10AM - 11:41AM  
Yama 7:07AM - 8:38AM  
**Rahu** 11:41AM - 1:12PM

**Krittika** Until 3:30PM  
Vajra\* Until 11:38PM  
Vanija Until 3:58AM Thu  
Panchami Until 6:33AM

**Ganesha:** Purple *Sunrise:* 5:36AM  
**Muruga:** Purple *Sunset:* 5:45PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Bhuloka Day**

Creative Work Amrita Yoga

Until 3:30PM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Kuwait City, Kuwait

Sun 5 Sutra 158

Durmukha 5118

Vrishabha Rasi: 18.35 Tihi 22

536341363

**Gulika** 8:38AM - 10:09AM  
Yama 5:37AM - 7:08AM  
**Rahu** 1:11PM - 2:42PM

**Rohini** Until 2:00PM  
Siddhi Until 8:42PM  
Visti Until 2:51PM  
Saptami Until 1:49AM Fri

**Ganesha:** Clear *Sunrise:* 5:37AM  
**Muruga:** Purple *Sunset:* 5:44PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Bhuloka Day**

Routine Work Marana Yoga

Devaloka Time: 6:AM to 9:AM

D

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kuwait City, Kuwait

Sun 6 Sutra 159

Durmukha 5118

Mithuna Rasi: 2.41 Tihi 23

536341363

**Gulika** 7:08AM - 8:39AM  
Yama 2:41PM - 4:12PM  
**Rahu** 10:09AM - 11:40AM

**Mrigashira** Until 12:50PM  
Vyatipata\* Until 6:10PM  
Balava Until 12:57PM  
Ashtami\* Until 12:11AM Sat

**Ganesha:** Clear *Sunrise:* 5:37AM  
**Muruga:** Purple *Sunset:* 5:43PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
Ashtami

**Bhuloka Day**

Creative Work Siddha Yoga

Devaloka Time: 6:AM to 9:AM

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Navamyam Titau

Kuwait City, Kuwait

Sun 7 Sutra 160

Durmukha 5118

Mithuna Rasi: 16.29 Tihi 24

537341363

**Gulika** 5:38AM - 7:08AM  
Yama 1:10PM - 2:41PM  
**Rahu** 8:39AM - 10:09AM

**Ardra** Until 12:02PM  
Variyan Until 4:02PM  
Taitila Until 11:35AM  
Navami\* Until 11:05PM

**Ganesha:** White *Sunrise:* 5:38AM  
**Muruga:** Purple *Sunset:* 5:42PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
Navami

**Devaloka Day**

Creative Work Siddha Yoga

|                                     |  |  |                                |   |                             |                     |
|-------------------------------------|--|--|--------------------------------|---|-----------------------------|---------------------|
| <b>1 Sunday, September 25, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam |                                |   |                             | Kuwait City, Kuwait |
| Mithuna Rasi: 29.58    Tihti 25     |  | Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau              |                                |   |                             | Sun 8    Sutra 161  |
| 547341363                           |  | <b>Gulika</b> 2:40PM – 4:10PM  | <b>Punarvasu</b> Until 12:05PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:38AM | Durmukha 5118               |                     |
| Creative Work    Siddha Yoga        |  | Yama 11:39AM – 1:10PM  | Parigha* Until 2:22PM          | <b>Muruga:</b> Purple <i>Sunset:</i> 5:40PM   | Moon 9 - Phase 23           |                     |
|                                     |  | <b>Rahu</b> 4:10PM – 5:40PM  | Vanija Until 10:46AM           | <b>Nataraja:</b> Purple                       | 2nd Phase                   |                     |
|                                     |  |  | <b>Dashami</b> Until 10:33PM   | Moon – Blue                                   | <b>Bhuloka Day</b>          |                     |
|                                     |  |  |                                | <b>Bhadrapada-Puratasi</b>                    | Devaloka Time: 9:AM to12:PM |                     |

|                                     |  |   |                                |   |                             |                     |
|-------------------------------------|--|---|--------------------------------|---|-----------------------------|---------------------|
| <b>2 Monday, September 26, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam |                                |   |                             | Kuwait City, Kuwait |
| Kataka Rasi: 13.08    Tihti 26      |  | Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau                |                                |   |                             | Sun 9    Sutra 162  |
| 547341363                           |  | <b>Gulika</b> 1:09PM – 2:39PM   | <b>Pushya</b> Until 12:31PM    | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:39AM | Durmukha 5118               |                     |
| Creative Work    Siddha Yoga        |  | Yama 10:09AM – 11:39AM  | Shiva Until 1:08PM             | <b>Muruga:</b> Purple <i>Sunset:</i> 5:39PM   | Moon 9 - Phase 23           |                     |
|                                     |  | <b>Rahu</b> 7:09AM – 8:39AM   | Bava Until 10:30AM             | <b>Nataraja:</b> Purple                       | 2nd Phase                   |                     |
|                                     |  |   | <b>Ekadashi*</b> Until 10:33PM | Moon – Blue                                   | <b>Bhuloka Day</b>          |                     |
|                                     |  |   |                                | <b>Bhadrapada-Puratasi</b>                    | Devaloka Time: 9:AM to12:PM |                     |

|                                      |  |  |                                |  |                     |                     |
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| <b>3 Tuesday, September 27, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam |                                |  |                     | Kuwait City, Kuwait |
| Kataka Rasi: 26.02    Tihti 27       |  | Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau              |                                |  |                     | Sun 10    Sutra 163 |
| 647341363                            |  | <b>Gulika</b> 11:39AM – 1:08PM   | <b>Ashlesha*</b> Until 1:18PM  | <b>Ganesha:</b> White <i>Sunrise:</i> 5:39AM | Durmukha 5118       |                     |
| Creative Work    Siddha Yoga         |  | Yama 8:39AM – 10:09AM  | Siddha Until 12:17PM           | <b>Muruga:</b> Purple <i>Sunset:</i> 5:38PM  | Moon 9 - Phase 23   |                     |
|                                      |  | <b>Rahu</b> 2:38PM – 4:08PM  | Kaulava Until 10:45AM          | <b>Nataraja:</b> Purple                      | 2nd Phase           |                     |
|                                      |  |  | <b>Dvadashi*</b> Until 11:03PM | Moon – Blue                                  | <b>Devaloka Day</b> |                     |
|                                      |  |  |                                | <b>Bhadrapada-Puratasi</b>                   |                     |                     |

|  |  |  |                                      |   |                             |                     |
|--|--|--|--------------------------------------|---|-----------------------------|---------------------|
| <b>4 Wednesday, September 28, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam |                                      |   |                             | Kuwait City, Kuwait |
| Simha Rasi: 8.41    Tihti 28           |  | Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau           |                                      |   |                             | Sun 11    Sutra 164 |
| 657341363                              |  | <b>Gulika</b> 10:09AM – 11:38AM  | <b>Magha*</b> Until 2:52PM           | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:40AM | Durmukha 5118               |                     |
| Creative Work    Siddha Yoga           |  | Yama 7:09AM – 8:39AM   | Sadhya Until 11:50AM                 | <b>Muruga:</b> Purple <i>Sunset:</i> 5:37PM   | Moon 9 - Phase 23           |                     |
| Until 2:52PM                           |  | <b>Rahu</b> 11:38AM – 1:08PM   | Gara Until 11:31AM                   | <b>Nataraja:</b> Purple                       | 2nd Phase                   |                     |
| Then Creative Work - Amrita Yoga       |  |  | <b>Trayodashi*</b> Until 12:02AM Thu | Moon – Red                                    | <b>Bhuloka Day</b>          |                     |
|  |  |  | <i>Pradosha Vrata (Fasting)</i>      | <b>Bhadrapada-Puratasi</b>                    | Devaloka Time: 9:AM to12:PM |                     |

|                                       |  |   |                                      |   |                             |                     |
|---------------------------------------|--|---|--------------------------------------|---|-----------------------------|---------------------|
| <b>5 Thursday, September 29, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam   |                                      |   |                             | Kuwait City, Kuwait |
| Simha Rasi: 21.09    Tihti 29         |  | Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                                      |   |                             | Sun 12    Sutra 165 |
| 657341363                             |  | <b>Gulika</b> 8:39AM – 10:08AM  | <b>Purvaphalguni</b> Until 4:43PM    | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:40AM | Durmukha 5118               |                     |
| Creative Work    Siddha Yoga          |  | Yama 5:40AM – 7:10AM  | Subha Until 11:45AM                  | <b>Muruga:</b> Purple <i>Sunset:</i> 5:36PM   | Moon 9 - Phase 23           |                     |
|                                       |  | <b>Rahu</b> 1:07PM – 2:37PM   | Visti Until 12:43PM                  | <b>Nataraja:</b> Purple                       | 2nd Phase                   |                     |
|                                       |  |   | <b>Chaturdashi*</b> Until 1:27AM Fri | Moon – Red                                    | <b>Bhuloka Day</b>          |                     |
|                                       |  |   |                                      | <b>Bhadrapada-Puratasi</b>                    | Devaloka Time: 9:AM to12:PM |                     |

|                                   |  |  |                                    |   |                    |                     |
|-----------------------------------|--|--|------------------------------------|---|--------------------|---------------------|
| <b>Friday, September 30, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam |                                    |   |                    | Kuwait City, Kuwait |
| <b>Retreat Star</b>               |  | Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau             |                                    |   |                    | Sun 13    Sutra 166 |
| Kanya Rasi: 3.26    Tihti 30      |  |  |                                    |   |                    | Durmukha 5118       |
| 658341363                         |  | <b>Gulika</b> 7:10AM – 8:39AM  | <b>Uttaraphalguni</b> Until 6:47PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:41AM | Moon 9 - Phase 23  |                     |
| Creative Work    Siddha Yoga      |  | Yama 2:36PM – 4:05PM   | Sukla Until 11:56AM                | <b>Muruga:</b> Purple <i>Sunset:</i> 5:35PM | Amavasya           |                     |
| Until 6:47PM                      |  | <b>Rahu</b> 10:08AM – 11:38AM  | Catuspada Until 2:19PM             | <b>Nataraja:</b> Purple                     |                    |                     |
| Then Creative Work - Amrita Yoga  |  | <b>Mahalaya Amavasai (Tamil Nadu)</b>  | <b>Amavasya*</b> Until 3:14AM Sat  | Moon – Red                                  | <b>Bhuloka Day</b> |                     |
|                                   |  |  |                                    | <b>Bhadrapada-Puratasi</b>                  |                    |                     |

|                                  |  |  |                                   |   |                    |                     |
|----------------------------------|--|--|-----------------------------------|---|--------------------|---------------------|
| <b>Saturday, October 1, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam |                                   |   |                    | Kuwait City, Kuwait |
| <b>Retreat Star</b>              |  | Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau                     |                                   |   |                    | Sun 14    Sutra 167 |
| Kanya Rasi: 15.34    Tihti 1     |  |  |                                   |   |                    | Durmukha 5118       |
| 668341363                        |  | <b>Gulika</b> 5:41AM – 7:10AM  | <b>Hasta</b> Until 9:29PM         | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:41AM | Moon 9 - Phase 23  |                     |
| Routine Work    Marana Yoga      |  | Yama 1:06PM – 2:35PM   | Brahma Until 12:23PM              | <b>Muruga:</b> Purple <i>Sunset:</i> 5:33PM | Prathama           |                     |
|                                  |  | <b>Rahu</b> 8:39AM – 10:08AM   | Kintughna Until 4:16PM            | <b>Nataraja:</b> Purple                     |                    |                     |
|                                  |  | <b>Navaratri Begins</b>  | <b>Prathama*</b> Until 5:20AM Sun | Moon – Green                                | <b>Bhuloka Day</b> |                     |
|                                  |  |  |                                   | <b>Ashvina-Puratasi</b>                     |                    |                     |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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|                                  |         |   |                                 |   |                    |  |
|----------------------------------|---------|---|---------------------------------|---|--------------------|--|
| <b>1</b> Sunday, October 2, 2016 |         | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Indra/Vaidhriti* Yoga Balava Karana Dvitiyayam Titau |                                 |   |                    | Kuwait City, Kuwait<br>Sun 15 Sutra 168<br>Durmukha 5118 |
| Kanya Rasi: 27.34                | Tithi 2 | <b>Gulika</b> 2:35PM – 4:03PM   | <b>Chitra Until 12:16AM Mon</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:42AM |                    |  |
|                                  |         | Yama 11:37AM – 1:06PM   | Indra Until 1:05PM              | <b>Muruga:</b> Purple <i>Sunset:</i> 5:32PM |                    | Moon 9 - Phase 24<br>3rd Phase                           |
|                                  |         | 668341363 <b>Rahu</b> 4:03PM – 5:32PM   | Balava Until 6:29PM             | <b>Nataraja:</b> Purple                     |                    |  |
| Creative Work Siddha Yoga        |         |   | <b>Dvitiya Until 7:39AM Mon</b> | Moon – Green                                | <b>Bhuloka Day</b> |  |
| Until 12:16AM Mon                |         |   |                                 | <b>Ashvina•Puratasi</b>                     |                    |  |
| Then Creative Work - Amrita Yoga |         |   |                                 |   |                    |  |

|                                  |             |  |                               |   |                    |  |
|----------------------------------|-------------|--|-------------------------------|---|--------------------|--|
| <b>2</b> Monday, October 3, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                               |   |                    | Kuwait City, Kuwait<br>Sun 16 Sutra 169<br>Durmukha 5118 |
| Tula Rasi: 9.3                   | Tithi 2 – 3 | <b>Gulika</b> 1:05PM – 2:34PM  | <b>Svati Until 3:02AM Tue</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:42AM |                    |  |
| <b>Family Home Evening</b>       |             | Yama 10:08AM – 11:37AM   | Vaidhriti* Until 1:54PM       | <b>Muruga:</b> Purple <i>Sunset:</i> 5:31PM |                    | Moon 9 - Phase 24<br>3rd Phase                           |
|                                  |             | 668341363 <b>Rahu</b> 7:11AM – 8:39AM  | Taitila Until 8:54PM          | <b>Nataraja:</b> Purple                     |                    |  |
| Creative Work Amrita Yoga        |             |  | <b>Dvitiya Until 7:39AM</b>   | Moon – Green                                | <b>Bhuloka Day</b> |  |
| Until 3:02AM Tue                 |             |  |                               | <b>Ashvina•Puratasi</b>                     |                    |  |
| Then Routine Work - Marana Yoga  |             |  |                               |   |                    |  |

|                                   |             |   |                                  |   |                    |  |
|-----------------------------------|-------------|---|----------------------------------|---|--------------------|--|
| <b>3</b> Tuesday, October 4, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau |                                  |   |                    | Kuwait City, Kuwait<br>Sun 17 Sutra 170<br>Durmukha 5118 |
| Tula Rasi: 21.22                  | Tithi 3 – 4 | <b>Gulika</b> 11:36AM – 1:05PM  | <b>Vishakha Until 6:13AM Wed</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:43AM |                    |  |
|                                   |             | Yama 8:39AM – 10:08AM   | Vishkambha* Until 2:49PM         | <b>Muruga:</b> Purple <i>Sunset:</i> 5:30PM |                    | Moon 9 - Phase 24<br>3rd Phase                           |
|                                   |             | 678341363 <b>Rahu</b> 2:33PM – 4:02PM   | Vanija Until 11:24PM             | <b>Nataraja:</b> Purple                     |                    |  |
| Routine Work Marana Yoga          |             |   | <b>Tritiya Until 10:07AM</b>     | Moon – Orange                               | <b>Bhuloka Day</b> |  |
| Until 6:13AM Wed                  |             |   |                                  | <b>Ashvina•Puratasi</b>                     |                    |  |
| Then Creative Work - Siddha Yoga  |             |   |                                  |   |                    |  |

|                                     |             |   |                                 |   |                    |  |
|-------------------------------------|-------------|---|---------------------------------|---|--------------------|--|
| <b>4</b> Wednesday, October 5, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                 |   |                    | Kuwait City, Kuwait<br>Sun 18 Sutra 171<br>Durmukha 5118 |
| Vrischika Rasi: 3.13                | Tithi 4 – 5 | <b>Gulika</b> 10:08AM – 11:36AM   | <b>Vishakha Until 6:13AM</b>    | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:43AM |                    |  |
|                                     |             | Yama 7:11AM – 8:40AM  | Priti Until 3:45PM              | <b>Muruga:</b> Purple <i>Sunset:</i> 5:29PM |                    | Moon 9 - Phase 24<br>3rd Phase                           |
|                                     |             | 678341363 <b>Rahu</b> 11:36AM – 1:04PM  | Bava Until 1:52AM Thu           | <b>Nataraja:</b> Purple                     |                    |  |
| Creative Work Siddha Yoga           |             |   | <b>Chaturthi* Until 12:37PM</b> | Moon – Orange                               | <b>Bhuloka Day</b> |  |
|                                     |             |   |                                 | <b>Ashvina•Puratasi</b>                     |                    |  |

|  |             |  |                              |   |                    |  |
|--|-------------|--|------------------------------|---|--------------------|--|
| <b>5</b> Thursday, October 6, 2016     |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashtham Titau |                              |   |                    | Kuwait City, Kuwait<br>Sun 19 Sutra 172<br>Durmukha 5118 |
| Vrischika Rasi: 15.05                  | Tithi 5 – 6 | <b>Gulika</b> 8:40AM – 10:08AM   | <b>Anuradha Until 9:09AM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:44AM |                    |  |
|  |             | Yama 5:44AM – 7:12AM   | Ayushman Until 4:34PM        | <b>Muruga:</b> Purple <i>Sunset:</i> 5:28PM |                    | Moon 9 - Phase 24<br>3rd Phase                           |
|  |             | 678341363 <b>Rahu</b> 1:04PM – 2:32PM  | Kaulava Until 4:10AM Fri     | <b>Nataraja:</b> Purple                     |                    |  |
| Creative Work Siddha Yoga              |             |  | <b>Panchami Until 3:01PM</b> | Moon – Orange                               | <b>Bhuloka Day</b> |  |
| Until 9:09AM                           |             |  |                              | <b>Ashvina•Puratasi</b>                     |                    |  |
| Then Routine Work - Prabalarishta Yoga |             |  |                              |   |                    |  |

|                                  |             |   |                                |   |                     |  |
|----------------------------------|-------------|---|--------------------------------|---|---------------------|--|
| <b>6</b> Friday, October 7, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                |   |                     | Kuwait City, Kuwait<br>Sun 20 Sutra 173<br>Durmukha 5118 |
| Vrischika Rasi: 27.02            | Tithi 6 – 7 | <b>Gulika</b> 7:12AM – 8:40AM   | <b>Jyeshtha* Until 11:43AM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:44AM  |                     |  |
|                                  |             | Yama 2:31PM – 3:59PM  | Saubhagya Until 5:12PM         | <b>Muruga:</b> Purple <i>Sunset:</i> 5:27PM |                     | Moon 9 - Phase 24<br>3rd Phase                           |
|                                  |             | 679341364 <b>Rahu</b> 10:08AM – 11:35AM   | Gara Until 6:07AM Sat          | <b>Nataraja:</b> Clear                      |                     |  |
| Routine Work Marana Yoga         |             |   | <b>Shashthi* Until 5:10PM</b>  | Moon – Orange                               | <b>Devaloka Day</b> |  |
| Until 11:43AM                    |             |   |                                | <b>Ashvina•Puratasi</b>                     |                     |  |
| Then Creative Work - Amrita Yoga |             |   |                                |   |                     |  |

|                                  |         |   |                             |   |                     |  |
|----------------------------------|---------|---|-----------------------------|---|---------------------|--|
| <b>Saturday, October 8, 2016</b> |         | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau |                             |   |                     | Kuwait City, Kuwait<br>Sun 21 Sutra 174<br>Durmukha 5118 |
| <b>Retreat Star</b>              |         | <b>Gulika</b> 5:45AM – 7:12AM   | <b>Mula* Until 2:14PM</b>   | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:45AM |                     |  |
| Dhanus Rasi: 9.08                | Tithi 7 | Yama 1:03PM – 2:30PM  | Sobhana Until 5:31PM        | <b>Muruga:</b> Purple <i>Sunset:</i> 5:26PM |                     | Moon 9 - Phase 24<br>3rd Phase                           |
|                                  |         | 689341364 <b>Rahu</b> 8:40AM – 10:08AM  | Gara Until 6:07AM           | <b>Nataraja:</b> Clear                      |                     |  |
| Creative Work Siddha Yoga        |         |   | <b>Saptami Until 6:54PM</b> | Moon – Light Blue                           | <b>Sivaloka Day</b> |  |
|                                  |         |   |                             | <b>Ashvina•Puratasi</b>                     |                     |  |

|                                  |         |  |                                  |   |                     |  |
|----------------------------------|---------|--|----------------------------------|---|---------------------|--|
| <b>Sunday, October 9, 2016</b>   |         | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau |                                  |   |                     | Kuwait City, Kuwait<br>Sun 22 Sutra 175<br>Durmukha 5118 |
| <b>Retreat Star</b>              |         | <b>Gulika</b> 2:30PM – 3:57PM  | <b>Purvashadha* Until 4:03PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:45AM |                     |  |
| Dhanus Rasi: 21.26               | Tithi 8 | Yama 11:35AM – 1:02PM  | Athiganda* Until 5:22PM          | <b>Muruga:</b> Purple <i>Sunset:</i> 5:24PM |                     | Moon 9 - Phase 24<br>Ashtami                             |
|                                  |         | 689341364 <b>Rahu</b> 3:57PM – 5:24PM  | Visti Until 7:34AM               | <b>Nataraja:</b> Clear                      |                     |  |
| Creative Work Siddha Yoga        |         |  | <b>Ashtami* Until 8:02PM</b>     | Moon – Light Blue                           | <b>Sivaloka Day</b> |  |
| Until 4:03PM                     |         |  |                                  | <b>Ashvina•Puratasi</b>                     |                     |  |
| Then Creative Work - Amrita Yoga |         |  |                                  |   |                     |  |

|                                  |         |   |                                  |   |                           |  |
|----------------------------------|---------|---|----------------------------------|---|---------------------------|--|
| <b>Monday, October 10, 2016</b>  |         | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |                                  |   |                           | Kuwait City, Kuwait<br>Sun 23 Sutra 176<br>Durmukha 5118 |
| <b>Retreat Star</b>              |         | <b>Gulika</b> 1:02PM – 2:29PM   | <b>Uttarashadha Until 5:01PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:46AM |                           |  |
| Makara Rasi: 4.01                | Tithi 9 | Yama 10:07AM – 11:35AM  | Sukarma Until 4:40PM             | <b>Muruga:</b> Clear <i>Sunset:</i> 5:23PM  |                           | Moon 9 - Phase 24<br>Navami                              |
| <b>Family Home Evening</b>       |         | 689351364 <b>Rahu</b> 7:13AM – 8:40AM   | Balava Until 8:21AM              | <b>Nataraja:</b> Clear                      |                           |  |
| Routine Work Marana Yoga         |         |   | <b>Navami* Until 8:26PM</b>      | Moon – Light Blue                           | <b>Subha Sivaloka Day</b> |  |
| Until 5:01PM                     |         |   |                                  | <b>Ashvina•Puratasi</b>                     |                           |  |
| Then Creative Work - Amrita Yoga |         |   |                                  |   |                           |  |

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

|  |             |   |                              |   |                     |                     |
|--|-------------|---|------------------------------|---|---------------------|---------------------|
| <b>1 Tuesday, October 11, 2016</b>   |             | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam |                              |   |                     | Kuwait City, Kuwait |
| Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dashamyam Titau |             | Sun 24 Sutra 177  |                              | Dur mukha 5118                                |                     |                     |
| Makara Rasi: 16.58   | Tithi 10    | <b>Gulika</b> 11:34AM – 1:01PM  | <b>Shravana Until 5:30PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:46AM |                     |                     |
|  |             | Yama 8:40AM – 10:07AM   | Dhriti Until 3:22PM          | <b>Muruga:</b> Clear <i>Sunset:</i> 5:22PM    | Moon 9 - Phase 25   |                     |
|  | 699351364   | <b>Rahu</b> 2:28PM – 3:55PM   | Tailila Until 8:21AM         | <b>Nataraja:</b> Clear                        | 4th Phase           |                     |
| Creative Work  | Siddha Yoga |   | <b>Dashami Until 8:01PM</b>  | Moon – Purple                                 | <b>Sivaloka Day</b> |                     |
|  |             |   |                              | <b>Ashvina•Puratasi</b>                       |                     |                     |

|  |                    |   |                                |   |                     |                     |
|--|--------------------|---|--------------------------------|---|---------------------|---------------------|
| <b>2 Wednesday, October 12, 2016</b>   |                    | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam |                                |   |                     | Kuwait City, Kuwait |
| Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau |                    | Sun 25 Sutra 178  |                                | Dur mukha 5118                                |                     |                     |
| Kumbha Rasi: 0.2   | Tithi 11           | <b>Gulika</b> 10:07AM – 11:34AM   | <b>Dhanishtha Until 5:02PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:47AM |                     |                     |
|  |                    | Yama 7:14AM – 8:41AM  | Shula* Until 1:22PM            | <b>Muruga:</b> Clear <i>Sunset:</i> 5:21PM    | Moon 9 - Phase 25   |                     |
|  | 699351364          | <b>Rahu</b> 11:34AM – 1:01PM  | Vanija Until 7:31AM            | <b>Nataraja:</b> Clear                        | 4th Phase           |                     |
| Routine Work   | Prabalarishta Yoga |   | <b>Ekadashi Until 6:46PM</b>   | Moon – Purple                                 | <b>Sivaloka Day</b> |                     |
| Until 5:02PM   |                    |   |                                | <b>Ashvina•Puratasi</b>                       |                     |                     |
| Then Creative Work - Siddha Yoga   |                    |   |                                |   |                     |                     |

|   |               |  |                                  |   |                     |                     |
|---|---------------|--|----------------------------------|---|---------------------|---------------------|
| <b>3 Thursday, October 13, 2016</b>   |               | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam |                                  |   |                     | Kuwait City, Kuwait |
| Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Mridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |               | Sun 26 Sutra 179   |                                  | Dur mukha 5118                                |                     |                     |
| Kumbha Rasi: 14.12  | Tithi 12 – 13 | <b>Gulika</b> 8:41AM – 10:07AM   | <b>Shatabhishak Until 3:40PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:48AM |                     |                     |
|   |               | Yama 5:48AM – 7:14AM   | Ganda* Until 10:45AM             | <b>Muruga:</b> Clear <i>Sunset:</i> 5:20PM    | Moon 9 - Phase 25   |                     |
|   | 699351364     | <b>Rahu</b> 1:00PM – 2:27PM  | Kaulava Until 3:32AM Fri         | <b>Nataraja:</b> Clear                        | 4th Phase           |                     |
| Creative Work   | Siddha Yoga   |  | <b>Dvadashi Until 4:46PM</b>     | Moon – Purple                                 | <b>Sivaloka Day</b> |                     |
|   |               | <b>Kadaitswami Mahasamadhi</b>   | <i>Pradosha Vrata</i>            | <b>Ashvina•Puratasi</b>                       |                     |                     |

|  |               |   |                                       |  |                     |                     |
|--|---------------|---|---------------------------------------|--|---------------------|---------------------|
| <b>4 Friday, October 14, 2016</b>  |               | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam |                                       |  |                     | Kuwait City, Kuwait |
| Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |               | Sun 27 Sutra 180  |                                       | Dur mukha 5118                               |                     |                     |
| Kumbha Rasi: 28.31   | Tithi 13 – 14 | <b>Gulika</b> 7:15AM – 8:41AM   | <b>Purvaproshtapada* Until 1:54PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:48AM |                     |                     |
|  |               | Yama 2:26PM – 3:53PM  | Vriddhi Until 7:36AM                  | <b>Muruga:</b> Clear <i>Sunset:</i> 5:19PM   | Moon 9 - Phase 25   |                     |
|  | 611451364     | <b>Rahu</b> 10:07AM – 11:34AM   | Gara Until 12:36AM Sat                | <b>Nataraja:</b> Clear                       | 4th Phase           |                     |
| Creative Work  | Siddha Yoga   |   | <b>Trayodashi Until 2:07PM</b>        | Moon – Clear                                 | <b>Devaloka Day</b> |                     |
|  |               | <b>Chidambaram Abhishekam</b>   |                                       | <b>Ashvina•Puratasi</b>                      |                     |                     |

|  |               |   |  |  |                     |                     |
|--|---------------|---|--|--|---------------------|---------------------|
| <b>○ Saturday, October 15, 2016</b>    |               | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam    |  |  |                     | Kuwait City, Kuwait |
| <b>Copper Retreat Star</b>             |               | Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |  | Sun 28 Sutra 181                             |                     |                     |
| Meena Rasi: 13.14                      | Tithi 14 – 15 | <b>Gulika</b> 5:49AM – 7:15AM   | <b>Uttaraproshtapada Until 11:30AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:49AM | Dur mukha 5118      |                     |
|  |               | Yama 1:00PM – 2:26PM  | Vyaghata* Until 11:59PM                | <b>Muruga:</b> Clear <i>Sunset:</i> 5:18PM   | Moon 9 - Phase 25   |                     |
|  | 611451364     | <b>Rahu</b> 8:41AM – 10:07AM  | Visti Until 9:14PM                     | <b>Nataraja:</b> Clear                       | Purnima             |                     |
| Creative Work                          | Siddha Yoga   |   | <b>Chaturdashi* Until 10:56AM</b>      | Moon – Clear                                 | <b>Devaloka Day</b> |                     |
| Until 11:30AM                          |               |   |  | <b>Ashvina•Puratasi</b>                      |                     |                     |
| Then Routine Work - Prabalarishta Yoga |               |   |  |  |                     |                     |

|                                  |               |   |                              |  |                     |                     |
|----------------------------------|---------------|---|------------------------------|--|---------------------|---------------------|
| <b>Sunday, October 16, 2016</b>  |               | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam |                              |  |                     | Kuwait City, Kuwait |
| <b>Silver Retreat Star</b>       |               | Revati/Ashvini Nakshatra Harshana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau              |                              | Sun 29 Sutra 182                             |                     |                     |
| Meena Rasi: 28.16                | Tithi 15 – 16 | <b>Gulika</b> 2:25PM – 3:51PM   | <b>Revati Until 8:37AM</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 5:49AM | Dur mukha 5118      |                     |
|                                  |               | Yama 11:33AM – 12:59PM  | Harshana Until 7:49PM        | <b>Muruga:</b> Clear <i>Sunset:</i> 5:17PM   | Moon 9 - Phase 25   |                     |
|                                  | 611451364     | <b>Rahu</b> 3:51PM – 5:17PM   | Kaulava Until 3:42AM Mon     | <b>Nataraja:</b> Clear                       | Prathama            |                     |
| Creative Work                    | Amrita Yoga   |   | <b>Purnima* Until 7:25AM</b> | Moon – Clear                                 | <b>Devaloka Day</b> |                     |
| Until 8:37AM                     |               |   |                              | <b>Ashvina•Puratasi</b>                      |                     |                     |
| Then Creative Work - Siddha Yoga |               |   |                              |  |                     |                     |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Vajra/Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Kuwait City, Kuwait  
Sutra 183

Mesha Rasi: 13.26 Tihi 17

Gulika 12:59PM - 2:25PM

Bharani Until 2:52AM Tue

Ganesha: Clear

Sunrise: 5:50AM

Durmukha 5118

Family Home Evening

621451364

Yama 10:07AM - 11:33AM

Vajra\* Until 3:33PM

Muruga: Clear

Sunset: 5:16PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 7:16AM - 8:42AM

Taitila Until 1:51PM

Nataraja: Clear

Moon - White

Sivaloka Day

Dvitiya Until 11:59PM

Ashvina-Aipasi

Tuesday, October 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visli\* Karana Tritiyayam Titau

Kuwait City, Kuwait  
Sun 1 Sutra 184

1

Mesha Rasi: 28.38 Tihi 18

Gulika 11:33AM - 12:58PM

Krittika Until 11:58PM

Ganesha: Clear

Sunrise: 5:51AM

Durmukha 5118

Creative Work Siddha Yoga

621451364

Yama 8:42AM - 10:07AM

Siddhi Until 11:22AM

Muruga: Clear

Sunset: 5:15PM

Moon 10 - Phase 26

Until 11:58PM

Rahu 2:24PM - 3:50PM

Vanija Until 10:11AM

Nataraja: Clear

Moon - White

Sivaloka Day

Tritiya Until 8:24PM

Ashvina-Aipasi

Then Creative Work - Amrita Yoga

Wednesday, October 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait  
Sun 2 Sutra 185

2

Vrishabha Rasi: 13.39 Tihi 19 - 20

Gulika 10:07AM - 11:33AM

Rohini Until 9:41PM

Ganesha: Purple

Sunrise: 5:51AM

Durmukha 5118

Creative Work Siddha Yoga

631451364

Yama 7:17AM - 8:42AM

Vyatipata\* Until 7:24AM

Muruga: Clear

Sunset: 5:14PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 11:33AM - 12:58PM

Bava Until 6:44AM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Chaturthi\* Until 5:08PM

Ashvina-Aipasi

Thursday, October 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kuwait City, Kuwait  
Sun 3 Sutra 186

3

Vrishabha Rasi: 28.23 Tihi 20 - 21

Gulika 8:42AM - 10:07AM

Mrigashira Until 7:46PM

Ganesha: Purple

Sunrise: 5:52AM

Durmukha 5118

Routine Work Marana Yoga

631451364

Yama 5:52AM - 7:17AM

Parigha\* Until 12:31AM Fri

Muruga: Clear

Sunset: 5:13PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 12:58PM - 2:23PM

Gara Until 1:11AM Fri

Nataraja: Clear

Moon - Yellow

Devaloka Day

Panchami Until 2:21PM

Ashvina-Aipasi

Friday, October 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Shiva Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait  
Sun 4 Sutra 187

4

Mithuna Rasi: 12.43 Tihi 21 - 22

Gulika 7:17AM - 8:42AM

Ardra Until 6:19PM

Ganesha: Purple

Sunrise: 5:52AM

Durmukha 5118

Creative Work Siddha Yoga

631451364

Yama 2:22PM - 3:47PM

Shiva Until 9:51PM

Muruga: Clear

Sunset: 5:12PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 10:07AM - 11:32AM

Visli Until 11:19PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Shashthi\* Until 12:09PM

Ashvina-Aipasi

Saturday, October 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait  
Sun 5 Sutra 188

Retreat Star

Mithuna Rasi: 26.37 Tihi 22 - 23

Gulika 5:53AM - 7:18AM

Punarvasu Until 5:53PM

Ganesha: Clear

Sunrise: 5:53AM

Durmukha 5118

Creative Work Siddha Yoga

641451364

Yama 12:57PM - 2:22PM

Siddha Until 7:44PM

Muruga: Clear

Sunset: 5:11PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 8:43AM - 10:07AM

Balava Until 10:12PM

Nataraja: Clear

Moon - Blue

Sivaloka Day

Saptami Until 10:39AM

Ashvina-Aipasi

Sunday, October 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Sathya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait  
Sun 6 Sutra 189

Retreat Star

Kataka Rasi: 10.04 Tihi 23 - 24

Gulika 2:21PM - 3:46PM

Pushya Until 6:03PM

Ganesha: Clear

Sunrise: 5:54AM

Durmukha 5118

Creative Work Siddha Yoga

641451364

Yama 11:32AM - 12:57PM

Sathya Until 6:14PM

Muruga: Clear

Sunset: 5:10PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 3:46PM - 5:10PM

Taitila Until 9:51PM

Nataraja: Clear

Moon - Blue

Sivaloka Day

Ashtami\* Until 9:55AM

Ashvina-Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

| Monday, October 24, 2016 |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam |        |                      |                        | Kuwait City, Kuwait |                 |                    |
|--------------------------|--|--|--------|----------------------|------------------------|---------------------|-----------------|--------------------|
| 1                        | Kataka Rasi: 23.06<br>Tihti 24 – 25<br>Family Home Evening<br>Creative Work Siddha Yoga<br>Until 6:47PM<br>Then Routine Work - Marana Yoga | 662451364  | Gulika | 12:56PM – 2:21PM     | Ashlesha* Until 6:47PM | Ganesh: Clear       | Sunrise: 5:54AM | Sun 7 Sutra 190    |
|                          |  |  | Yama   | 10:08AM – 11:32AM    | Subha Until 5:20PM     | Muruga: Clear       | Sunset: 5:10PM  | Durmukha 5118      |
|                          |  |  | Rahu   | 7:19AM – 8:43AM      | Vanija Until 10:14PM   | Nataraja: Clear     |                 | Moon 10 - Phase 27 |
|                          |  |  |        | Navami* Until 9:56AM |                        | Moon – Blue         |                 | 2nd Phase          |
|                          |  |  |        |                      |                        | Ashvina-Aipasi      |                 | Sivaloka Day       |

| Tuesday, October 25, 2016 |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam |        |                       |                     | Kuwait City, Kuwait |                 |                    |
|---------------------------|--|---|--------|-----------------------|---------------------|---------------------|-----------------|--------------------|
| 2                         | Simha Rasi: 5.48<br>Tihti 25 – 26<br>Creative Work Siddha Yoga | 652451364   | Gulika | 11:32AM – 12:56PM     | Magha* Until 8:28PM | Ganesh: Clear       | Sunrise: 5:55AM | Sun 8 Sutra 191    |
|                           |  |   | Yama   | 8:43AM – 10:08AM      | Sukla Until 4:55PM  | Muruga: Clear       | Sunset: 5:09PM  | Durmukha 5118      |
|                           |  |   | Rahu   | 2:20PM – 3:44PM       | Bava Until 11:17PM  | Nataraja: Clear     |                 | Moon 10 - Phase 27 |
|                           |  |   |        | Dashami Until 10:40AM |                     | Moon – Red          |                 | 2nd Phase          |
|                           |  |   |        |                       |                     | Ashvina-Aipasi      |                 | Sivaloka Day       |

| Wednesday, October 26, 2016 |   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam |        |                         |                             | Kuwait City, Kuwait |                 |                    |
|-----------------------------|---|---|--------|-------------------------|-----------------------------|---------------------|-----------------|--------------------|
| 3                           | Simha Rasi: 18.13<br>Tihti 26 – 27<br>Creative Work Amrita Yoga | 652451364   | Gulika | 10:08AM – 11:32AM       | Purvaphalguni Until 10:32PM | Ganesh: Clear       | Sunrise: 5:56AM | Sun 9 Sutra 192    |
|                             |   |   | Yama   | 7:20AM – 8:44AM         | Brahma Until 4:57PM         | Muruga: Clear       | Sunset: 5:08PM  | Durmukha 5118      |
|                             |   |   | Rahu   | 11:32AM – 12:56PM       | Kaulava Until 12:51AM Thu   | Nataraja: Clear     |                 | Moon 10 - Phase 27 |
|                             |   |   |        | Ekadashi* Until 11:59AM |                             | Moon – Red          |                 | 2nd Phase          |
|                             |   |   |        |                         |                             | Ashvina-Aipasi      |                 | Sivaloka Day       |

| Thursday, October 27, 2016 |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam |        |                        |                                  | Kuwait City, Kuwait |                 |                                 |
|----------------------------|--|--|--------|------------------------|----------------------------------|---------------------|-----------------|---------------------------------|
| 4                          | Kanya Rasi: 0.26<br>Tihti 27 – 28<br>Amrita Yoga | 652451364  | Gulika | 8:44AM – 10:08AM       | Uttaraphalguni Until 12:49AM Fri | Ganesh: Clear       | Sunrise: 5:56AM | Sun 10 Sutra 193                |
|                            |  |  | Yama   | 5:56AM – 7:20AM        | Indra Until 5:20PM               | Muruga: Clear       | Sunset: 5:07PM  | Durmukha 5118                   |
|                            |  |  | Rahu   | 12:55PM – 2:19PM       | Gara Until 2:49AM Fri            | Nataraja: Clear     |                 | Moon 10 - Phase 27              |
|                            |  |  |        | Dvadashi* Until 1:47PM |                                  | Moon – Red          |                 | 2nd Phase                       |
|                            |  |  |        |                        |                                  | Ashvina-Aipasi      |                 | Sivaloka Day                    |
|                            |  |  |        |                        |                                  |                     |                 | <i>Pradosha Vrata (Fasting)</i> |

| Friday, October 28, 2016 |   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam |        |                          |                         | Kuwait City, Kuwait |                 |                                |
|--------------------------|---|---|--------|--------------------------|-------------------------|---------------------|-----------------|--------------------------------|
| 5                        | Kanya Rasi: 12.3<br>Tihti 28 – 29<br>Creative Work Amrita Yoga<br>Until 3:42AM Sat<br>Then Routine Work - Marana Yoga | 662451364   | Gulika | 7:21AM – 8:44AM          | Hasta Until 3:42AM Sat  | Ganesh: Orange      | Sunrise: 5:57AM | Sun 11 Sutra 194               |
|                          |   |   | Yama   | 2:19PM – 3:43PM          | Vaidhriti* Until 5:55PM | Muruga: Clear       | Sunset: 5:06PM  | Durmukha 5118                  |
|                          |   |   | Rahu   | 10:08AM – 11:32AM        | Visti Until 5:04AM Sat  | Nataraja: Clear     |                 | Moon 10 - Phase 27             |
|                          |   |   |        | Trayodashi* Until 3:54PM |                         | Moon – Green        |                 | 2nd Phase                      |
|                          |   |   |        |                          |                         | Ashvina-Aipasi      |                 | Sivaloka Day                   |
|                          |   |   |        |                          |                         |                     |                 | Deepavali Hindu Solidarity Day |

| Saturday, October 29, 2016 |   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam |        |                           |                          | Kuwait City, Kuwait |                 |                              |
|----------------------------|---|---|--------|---------------------------|--------------------------|---------------------|-----------------|------------------------------|
| 6                          | Kanya Rasi: 24.28<br>Tihti 29<br>Routine Work Marana Yoga<br>Until 6:34AM Sun<br>Then Creative Work - Siddha Yoga | 662451364   | Gulika | 5:58AM – 7:21AM           | Chitra Until 6:34AM Sun  | Ganesh: Orange      | Sunrise: 5:58AM | Sun 12 Sutra 195             |
|                            |   |   | Yama   | 12:55PM – 2:18PM          | Vishkambha* Until 6:40PM | Muruga: Clear       | Sunset: 5:05PM  | Durmukha 5118                |
|                            |   |   | Rahu   | 8:45AM – 10:08AM          | Sakuni Until 6:14PM      | Nataraja: Clear     |                 | Moon 10 - Phase 27           |
|                            |   |   |        | Chaturdashi* Until 6:14PM |                          | Moon – Green        |                 | 2nd Phase                    |
|                            |   |   |        |                           |                          | Ashvina-Aipasi      |                 | Sivaloka Day                 |
|                            |   |   |        |                           |                          |                     |                 | Subramuniyaswami Mahasamadhi |

| Sunday, October 30, 2016 |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam |        |                        |                        | Kuwait City, Kuwait |                 |                    |
|--------------------------|--|---|--------|------------------------|------------------------|---------------------|-----------------|--------------------|
| ●                        | Tula Rasi: 6.22<br>Tihti 30<br>Creative Work Siddha Yoga | 662451364   | Gulika | 2:18PM – 3:41PM        | Chitra Until 6:34AM    | Ganesh: Orange      | Sunrise: 5:58AM | Sun 13 Sutra 196   |
|                          |  |   | Yama   | 11:31AM – 12:55PM      | Priti Until 7:31PM     | Muruga: Clear       | Sunset: 5:05PM  | Durmukha 5118      |
|                          |  |   | Rahu   | 3:41PM – 5:05PM        | Catuspada Until 7:28AM | Nataraja: Clear     |                 | Moon 10 - Phase 27 |
|                          |  |   |        | Amavasya* Until 8:41PM |                        | Moon – Green        |                 | Amavasya           |
|                          |  |   |        |                        |                        | Ashvina-Aipasi      |                 | Sivaloka Day       |

| Monday, October 31, 2016 |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam |        |                         |                        | Kuwait City, Kuwait |                 |                       |
|--------------------------|--|--|--------|-------------------------|------------------------|---------------------|-----------------|-----------------------|
| ●                        | Tula Rasi: 18.15<br>Tihti 1<br>Family Home Evening<br>Creative Work Amrita Yoga<br>Until 9:21AM<br>Then Routine Work - Marana Yoga | 662451364  | Gulika | 12:55PM – 2:18PM        | Svati Until 9:21AM     | Ganesh: Orange      | Sunrise: 5:59AM | Sun 14 Sutra 197      |
|                          |  |  | Yama   | 10:08AM – 11:31AM       | Ayushman Until 8:22PM  | Muruga: Clear       | Sunset: 5:04PM  | Durmukha 5118         |
|                          |  |  | Rahu   | 7:22AM – 8:45AM         | Kintughna Until 9:58AM | Nataraja: Clear     |                 | Moon 10 - Phase 27    |
|                          |  |  |        | Prathama* Until 11:12PM |                        | Moon – Green        |                 | Prathama              |
|                          |  |  |        |                         |                        | Kartika-Aipasi      |                 | Sivaloka Day          |
|                          |  |  |        |                         |                        |                     |                 | Skanda Shasthi Begins |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

|                                  |   |                       |   |                 |                 |                     |                     |
|----------------------------------|---|-----------------------|---|-----------------|-----------------|---------------------|---------------------|
| <b>1</b>                         | <b>Tuesday, November 1, 2016</b>  |                       | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam |                 |                 |                     | Kuwait City, Kuwait |
|                                  | Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau |                       | Sun 15 Sutra 198  |                 | Durumukha 5118  |                     |                     |
|                                  | Gulika  | 11:31AM – 12:54PM     | <b>Vishakha Until 12:29PM</b>   | Ganesh: Clear   | Sunrise: 6:00AM |                     |                     |
| Vrischika Rasi: 0.07             | Tithi 2   | Yama 8:46AM – 10:09AM | Saubhagya Until 9:14PM  | Muruga: Clear   | Sunset: 5:03PM  | Moon 10 - Phase 28  | 3rd Phase           |
| 672451364                        | Rahu 2:17PM – 3:40PM  | Balava Until 12:28PM  | Dvitiya Until 1:41AM Wed  | Nataraja: Clear |                 |                     |                     |
| Routine Work                     | Marana Yoga   |                       |   | Moon – Orange   |                 | <b>Sivaloka Day</b> |                     |
| Until 12:29PM                    |   |                       |   | Karttika•Aipasi |                 |                     |                     |
| Then Creative Work - Siddha Yoga |   |                       |   |                 |                 |                     |                     |

|                       |  |                      |   |                 |                 |                     |                     |
|-----------------------|--|----------------------|---|-----------------|-----------------|---------------------|---------------------|
| <b>2</b>              | <b>Wednesday, November 2, 2016</b>   |                      | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam |                 |                 |                     | Kuwait City, Kuwait |
|                       | Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau |                      | Sun 16 Sutra 199  |                 | Durumukha 5118  |                     |                     |
|                       | Gulika   | 10:09AM – 11:31AM    | <b>Anuradha Until 3:25PM</b>  | Ganesh: Clear   | Sunrise: 6:01AM |                     |                     |
| Vrischika Rasi: 11.59 | Tithi 3  | Yama 7:23AM – 8:46AM | Sobhana Until 10:03PM   | Muruga: Clear   | Sunset: 5:02PM  | Moon 10 - Phase 28  | 3rd Phase           |
| 672451364             | Rahu 11:31AM – 12:54PM   | Tailila Until 2:56PM | Tritiya Until 4:06AM Thu  | Nataraja: Clear |                 |                     |                     |
| Creative Work         | Siddha Yoga  |                      |   | Moon – Orange   |                 | <b>Sivaloka Day</b> |                     |
|                       |  |                      |   | Karttika•Aipasi |                 |                     |                     |

|                                  |  |                      |  |                 |                 |                     |                     |
|----------------------------------|--|----------------------|--|-----------------|-----------------|---------------------|---------------------|
| <b>3</b>                         | <b>Thursday, November 3, 2016</b>  |                      | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam |                 |                 |                     | Kuwait City, Kuwait |
|                                  | Jyeshtha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau |                      | Sun 17 Sutra 200   |                 | Durumukha 5118  |                     |                     |
|                                  | Gulika   | 8:46AM – 10:09AM     | <b>Jyeshtha* Until 6:03PM</b>  | Ganesh: Clear   | Sunrise: 6:01AM |                     |                     |
| Vrischika Rasi: 23.54            | Tithi 4  | Yama 6:01AM – 7:24AM | Athiganda* Until 10:44PM   | Muruga: Clear   | Sunset: 5:02PM  | Moon 10 - Phase 28  | 3rd Phase           |
| 672451364                        | Rahu 12:54PM – 2:17PM  | Vanija Until 5:16PM  | Chaturthi* Until 6:20AM Fri  | Nataraja: Clear |                 |                     |                     |
| Routine Work                     | Prabalarishta Yoga   |                      |  | Moon – Orange   |                 | <b>Sivaloka Day</b> |                     |
| Until 6:03PM                     |  |                      |  | Karttika•Aipasi |                 |                     |                     |
| Then Creative Work - Siddha Yoga |  |                      |  |                 |                 |                     |                     |

|  |  |                      |   |                   |                 |                           |                     |
|--|--|----------------------|---|-------------------|-----------------|---------------------------|---------------------|
| <b>4</b>                               | <b>Friday, November 4, 2016</b>  |                      | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam |                   |                 |                           | Kuwait City, Kuwait |
|  | Mula* Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                      | Sun 18 Sutra 201  |                   | Durumukha 5118  |                           |                     |
|  | Gulika   | 7:24AM – 8:47AM      | <b>Mula* Until 8:48PM</b>   | Ganesh: Purple    | Sunrise: 6:02AM |                           |                     |
| Dhanus Rasi: 5.53                      | Tithi 4 – 5  | Yama 2:16PM – 3:39PM | Sukarma Until 11:15PM   | Muruga: Clear     | Sunset: 5:01PM  | Moon 10 - Phase 28        | 3rd Phase           |
| 682451364                              | Rahu 10:09AM – 11:31AM   | Bava Until 7:22PM    | Chaturthi* Until 6:20AM   | Nataraja: Clear   |                 |                           |                     |
| Creative Work                          | Amrita Yoga  |                      |   | Moon – Light Blue |                 | <b>Subha Sivaloka Day</b> |                     |
| Until 8:48PM                           |  |                      |   | Karttika•Aipasi   |                 |                           |                     |
| Then Routine Work - Prabalarishta Yoga |  |                      |   |                   |                 |                           |                     |

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|---------------------------------|--|-----------------------|---|-------------------|-----------------|---------------------------|---------------------|
| <b>5</b>                        | <b>Saturday, November 5, 2016</b>  |                       | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam |                   |                 |                           | Kuwait City, Kuwait |
|                                 | Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                       | Sun 19 Sutra 202  |                   | Durumukha 5118  |                           |                     |
|                                 | Gulika   | 6:03AM – 7:25AM       | <b>Purvashadha* Until 11:02PM</b>   | Ganesh: Purple    | Sunrise: 6:03AM |                           |                     |
| Dhanus Rasi: 17.59              | Tithi 5 – 6  | Yama 12:54PM – 2:16PM | Dhriti Until 11:29PM  | Muruga: Clear     | Sunset: 5:00PM  | Moon 10 - Phase 28        | 3rd Phase           |
| 682451364                       | Rahu 8:47AM – 10:09AM  | Kaulava Until 9:07PM  | Panchami Until 8:17AM   | Nataraja: Clear   |                 |                           |                     |
| Creative Work                   | Siddha Yoga  |                       |   | Moon – Light Blue |                 | <b>Subha Sivaloka Day</b> |                     |
| Until 11:02PM                   |  |                       |   | Karttika•Aipasi   |                 |                           |                     |
| Then Routine Work - Marana Yoga |  |                       |   |                   |                 |                           |                     |

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|-------------------|---|------------------------|---|-------------------|-----------------|---------------------|---------------------|
| <b>6</b>          | <b>Sunday, November 6, 2016</b>   |                        | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam |                   |                 |                     | Kuwait City, Kuwait |
|                   | Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau |                        | Sun 20 Sutra 203  |                   | Durumukha 5118  |                     |                     |
|                   | Gulika  | 2:16PM – 3:38PM        | <b>Uttarashadha Until 12:36AM Mon</b>   | Ganesh: Clear     | Sunrise: 6:03AM |                     |                     |
| Makara Rasi: 0.14 | Tithi 6 – 7   | Yama 11:32AM – 12:54PM | Shula* Until 11:17PM  | Muruga: Clear     | Sunset: 5:00PM  | Moon 10 - Phase 28  | 3rd Phase           |
| 782451364         | Rahu 3:38PM – 5:00PM  | Gara Until 10:22PM     | Shashthi* Until 9:48AM  | Nataraja: Clear   |                 |                     |                     |
| Creative Work     | Amrita Yoga   |                        |   | Moon – Light Blue |                 | <b>Sivaloka Day</b> |                     |
|                   |   |                        |   | Karttika•Aipasi   |                 |                     |                     |

|                                  |                                 |                        |  |                 |                  |                     |                     |
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| <b>D</b>                         | <b>Monday, November 7, 2016</b> |                        | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam |                 |                  |                     | Kuwait City, Kuwait |
|                                  | <b>Retreat Star</b>             |                        | Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                  |                 | Sun 21 Sutra 204 |                     |                     |
|                                  | Gulika                          | 12:53PM – 2:15PM       | <b>Shravana Until 1:50AM Tue</b>   | Ganesh: Clear   | Sunrise: 6:04AM  |                     |                     |
| Makara Rasi: 12.45               | Tithi 7 – 8                     | Yama 10:10AM – 11:32AM | Ganda* Until 10:35PM   | Muruga: Clear   | Sunset: 4:59PM   | Moon 10 - Phase 28  | Ashtami             |
| 793451364                        | Rahu 7:26AM – 8:48AM            | Visti Until 10:56PM    | Saptami Until 10:43AM  | Nataraja: Clear |                  |                     |                     |
| Family Home Evening              |                                 |                        |  | Moon – Purple   |                  | <b>Sivaloka Day</b> |                     |
| Creative Work                    | Amrita Yoga                     |                        |  | Karttika•Aipasi |                  |                     |                     |
| Until 1:50AM Tue                 |                                 |                        |  |                 |                  |                     |                     |
| Then Creative Work - Siddha Yoga |                                 |                        |  |                 |                  |                     |                     |

|                    |                                  |                       |   |                 |                  |                           |                     |
|--------------------|----------------------------------|-----------------------|---|-----------------|------------------|---------------------------|---------------------|
| <b>T</b>           | <b>Tuesday, November 8, 2016</b> |                       | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam |                 |                  |                           | Kuwait City, Kuwait |
|                    | <b>Retreat Star</b>              |                       | Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau                     |                 | Sun 22 Sutra 205 |                           |                     |
|                    | Gulika                           | 11:32AM – 12:53PM     | <b>Dhanishtha Until 2:08AM Wed</b>  | Ganesh: Purple  | Sunrise: 6:05AM  |                           |                     |
| Makara Rasi: 25.35 | Tithi 8 – 9                      | Yama 8:48AM – 10:10AM | Vriddhi Until 9:18PM  | Muruga: Clear   | Sunset: 4:58PM   | Moon 10 - Phase 28        | Navami              |
| 793551364          | Rahu 2:15PM – 3:37PM             | Balava Until 10:44PM  | Ashtami* Until 10:55AM  | Nataraja: Clear |                  |                           |                     |
| Creative Work      | Siddha Yoga                      |                       |   | Moon – Purple   |                  | <b>Subha Sivaloka Day</b> |                     |
|                    |                                  |                       |   | Karttika•Aipasi |                  |                           |                     |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


|          |                                    |              |   |                                      |                        |                           |  |
|----------|------------------------------------|--------------|---|--------------------------------------|------------------------|---------------------------|--|
| <b>1</b> | <b>Wednesday, November 9, 2016</b> |              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                      |                        |                           | Kuwait City, Kuwait<br>Sun 23 Sutra 206<br>Durmukha 5118 |
|          | Kumbha Rasi: 8.49                  | Tithi 9 – 10 | <b>Gulika</b> 10:10AM – 11:32AM   | <b>Shatabhishak</b> Until 1:30AM Thu | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:06AM    |  |
|          |                                    |              | Yama 7:27AM – 8:49AM  | Dhruva Until 7:21PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:58PM     | Moon 10 - Phase 29                                       |
|          | Creative Work                      | Siddha Yoga  | 793551364 <b>Rahu</b> 11:32AM – 12:53PM   | Taitila Until 9:42PM                 | <b>Nataraja:</b> Clear |                           | 4th Phase  |
|          |                                    |              | <b>Navami*</b> Until 10:18AM  | Moon – Purple                        |                        | <b>Subha Sivaloka Day</b> |  |
|          |                                    |              |   | <b>Karttika•Aipasi</b>               |                        |                           |  |


|          |                                    |               |  |  |                        |                           |  |
|----------|------------------------------------|---------------|--|--|------------------------|---------------------------|--|
| <b>2</b> | <b>Thursday, November 10, 2016</b> |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Ekadashi/Ekadashyam Titau |  |                        |                           | Kuwait City, Kuwait<br>Sun 24 Sutra 207<br>Durmukha 5118 |
|          | Kumbha Rasi: 22.3                  | Tithi 10 – 11 | <b>Gulika</b> 8:49AM – 10:10AM   | <b>Purvaproshtapada*</b> Until 12:23AM Fri | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:06AM    |  |
|          |                                    |               | Yama 6:06AM – 7:28AM   | Vyaghata* Until 4:46PM                     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:57PM     | Moon 10 - Phase 29                                       |
|          | Creative Work                      | Siddha Yoga   | 713551364 <b>Rahu</b> 12:53PM – 2:15PM   | Vanija Until 7:53PM                        | <b>Nataraja:</b> Clear |                           | 4th Phase  |
|          |                                    |               | <b>Dashami</b> Until 8:52AM  | Moon – Clear                               |                        | <b>Subha Sivaloka Day</b> |  |
|          |                                    |               |  | <b>Karttika•Aipasi</b>                     |                        |                           |  |

|          |                                  |               |   |  |                        |                           |  |
|----------|----------------------------------|---------------|---|--|------------------------|---------------------------|--|
| <b>3</b> | <b>Friday, November 11, 2016</b> |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau |  |                        |                           | Kuwait City, Kuwait<br>Sun 25 Sutra 208<br>Durmukha 5118 |
|          | Meena Rasi: 6.41                 | Tithi 11 – 12 | <b>Gulika</b> 7:28AM – 8:50AM   | <b>Uttaraproshtapada</b> Until 10:26PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:07AM    |  |
|          |                                  |               | Yama 2:14PM – 3:36PM  | Harshana Until 1:37PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:57PM     | Moon 10 - Phase 29                                       |
|          | Creative Work                    | Siddha Yoga   | 713551364 <b>Rahu</b> 10:11AM – 11:32AM   | Balava Until 3:50AM Sat                | <b>Nataraja:</b> Clear |                           | 4th Phase  |
|          |                                  |               | <b>Ekadashi</b> Until 6:41AM  | Moon – Clear                           |                        | <b>Subha Sivaloka Day</b> |  |
|          |                                  |               |   | <b>Karttika•Aipasi</b>                 |                        |                           |  |

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|----------|------------------------------------|--------------------|--|----------------------------|------------------------|---------------------------|--|
| <b>4</b> | <b>Saturday, November 12, 2016</b> |                    | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau |                            |                        |                           | Kuwait City, Kuwait<br>Sun 26 Sutra 209<br>Durmukha 5118 |
|          | Meena Rasi: 21.19                  | Tithi 13           | <b>Gulika</b> 6:08AM – 7:29AM  | <b>Revati</b> Until 7:48PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:08AM    |  |
|          |                                    |                    | Yama 12:53PM – 2:14PM  | Vajra* Until 9:56AM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:56PM     | Moon 10 - Phase 29                                       |
|          | Routine Work                       | Prabalarishta Yoga | 713551364 <b>Rahu</b> 8:50AM – 10:11AM   | Kaulava Until 2:14PM       | <b>Nataraja:</b> Clear |                           | 4th Phase  |
|          |                                    |                    | <b>Trayodashi</b> Until 12:29AM Sun  | Moon – Clear               |                        | <b>Subha Sivaloka Day</b> |  |
|          |                                    |                    |  | <b>Karttika•Aipasi</b>     |                        |                           |  |
|          |                                    |                    |  | <i>Pradosha Vrata</i>      |                        |                           |  |

|          |                                  |             |   |                             |                        |                        |  |
|----------|----------------------------------|-------------|---|-----------------------------|------------------------|------------------------|--|
| <b>5</b> | <b>Sunday, November 13, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau |                             |                        |                        | Kuwait City, Kuwait<br>Sun 27 Sutra 210<br>Durmukha 5118 |
|          | Mesha Rasi: 6.19                 | Tithi 14    | <b>Gulika</b> 2:14PM – 3:35PM   | <b>Ashvini</b> Until 5:03PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:09AM |  |
|          |                                  |             | Yama 11:32AM – 12:53PM  | Vyatipata* Until 1:36AM Mon | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:56PM  | Moon 10 - Phase 29                                       |
|          | Creative Work                    | Siddha Yoga | 723551364 <b>Rahu</b> 3:35PM – 4:56PM   | Gara Until 10:41AM          | <b>Nataraja:</b> Clear |                        | 4th Phase  |
|          |                                  |             | <b>Chaturdashi*</b> Until 8:47PM  | Moon – White                |                        | <b>Sivaloka Day</b>    |  |
|          |                                  |             |   | <b>Karttika•Aipasi</b>      |                        |                        |  |

|   |                                  |               |  |                             |                        |                        |  |
|---|----------------------------------|---------------|--|-----------------------------|------------------------|------------------------|--|
|  | <b>Monday, November 14, 2016</b> |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Variyan Yoga Visti*/Balava Karana Purnima/Prathamayam Titau |                             |                        |                        | Kuwait City, Kuwait<br>Sun 27 Sutra 211<br>Durmukha 5118 |
|   | <b>Copper Retreat Star</b>       |               | <b>Gulika</b> 12:53PM – 2:14PM   | <b>Bharani</b> Until 1:57PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:10AM |  |
|   | Mesha Rasi: 21.34                | Tithi 15 – 16 | Yama 10:12AM – 11:32AM   | Variyan Until 9:10PM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:55PM  | Moon 10 - Phase 29                                       |
|   | <b>Family Home Evening</b>       |               | 723551364 <b>Rahu</b> 7:30AM – 8:51AM  | Visti Until 6:52AM          | <b>Nataraja:</b> Clear |                        | Purnima  |
|   |                                  |               | <b>Purnima*</b> Until 4:54PM   | Moon – White                |                        | <b>Sivaloka Day</b>    |  |
|   |                                  |               |  | <b>Karttika•Aipasi</b>      |                        |                        |  |

|   |                                   |               |   |                               |                        |                        |  |
|---|-----------------------------------|---------------|---|-------------------------------|------------------------|------------------------|--|
|  | <b>Tuesday, November 15, 2016</b> |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                               |                        |                        | Kuwait City, Kuwait<br>Sun 27 Sutra 212<br>Durmukha 5118 |
|   | <b>Silver Retreat Star</b>        |               | <b>Gulika</b> 11:33AM – 12:53PM   | <b>Krittika</b> Until 10:42AM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:10AM |  |
|   | Vrishabha Rasi: 6.54              | Tithi 16 – 17 | Yama 8:51AM – 10:12AM   | Parigha* Until 4:47PM         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:55PM  | Moon 10 - Phase 29                                       |
|   |                                   |               | 723551364 <b>Rahu</b> 2:14PM – 3:34PM   | Taitila Until 11:10PM         | <b>Nataraja:</b> Clear |                        | Prathama   |
|   |                                   |               | <b>Prathama*</b> Until 1:02PM   | Moon – White                  |                        | <b>Sivaloka Day</b>    |  |
|   |                                   |               |   | <b>Karttika•Aipasi</b>        |                        |                        |  |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kuwait City, Kuwait Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrshabha Rasi: 22.08 Tihi 17 - 18

733551365

**Gulika** 10:12AM - 11:33AM  
**Yama** 7:31AM - 8:52AM  
**Rahu** 11:33AM - 12:53PM

**Rohini** Until 7:53AM  
Shiva Until 12:36PM  
Vanija Until 7:38PM  
Dvitiya Until 9:20AM

**Ganesha:** White *Sunrise:* 6:11AM  
**Muruga:** Clear *Sunset:* 4:54PM  
**Nataraja:** White  
Moon - Yellow  
Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

1

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Siddha/Sadhya Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Kuwait City, Kuwait Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 7.06 Tihi 18 - 19

733551365

**Gulika** 8:52AM - 10:13AM  
**Yama** 6:12AM - 7:32AM  
**Rahu** 12:53PM - 2:14PM

**Ardra** Until 3:03AM Fri  
Siddha Until 8:42AM  
Balava Until 3:12AM Fri  
Tritiya Until 6:00AM

**Ganesha:** White *Sunrise:* 6:12AM  
**Muruga:** Clear *Sunset:* 4:54PM  
**Nataraja:** White  
Moon - Yellow  
Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga

Until 3:03AM Fri

Then Creative Work - Siddha Yoga

2

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Subha Yoga Gara/Kaulava/Taitila Karana Panchamyam Titau

Kuwait City, Kuwait Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 21.4 Tihi 20

733551365

**Gulika** 7:33AM - 8:53AM  
**Yama** 2:13PM - 3:34PM  
**Rahu** 10:13AM - 11:33AM

**Punarvasu** Until 1:47AM Sat  
Subha Until 2:25AM Sat  
Kaulava Until 2:04PM  
Panchami Until 1:05AM Sat

**Ganesha:** Clear *Sunrise:* 6:13AM  
**Muruga:** Clear *Sunset:* 4:54PM  
**Nataraja:** White  
Moon - Blue  
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Kuwait City, Kuwait Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 5.46 Tihi 21

733551365

**Gulika** 6:13AM - 7:33AM  
**Yama** 12:53PM - 2:13PM  
**Rahu** 8:53AM - 10:13AM

**Pushya** Until 1:11AM Sun  
Sukla Until 12:11AM Sun  
Gara Until 12:20PM  
Shashthi\* Until 11:47PM

**Ganesha:** Clear *Sunrise:* 6:13AM  
**Muruga:** Clear *Sunset:* 4:53PM  
**Nataraja:** White  
Moon - Blue  
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha\* Nakshatra Brahma Yoga Visti/Bava Karana Saptamyam Titau

Kuwait City, Kuwait Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 19.2 Tihi 22

733551365

**Gulika** 2:13PM - 3:33PM  
**Yama** 11:34AM - 12:54PM  
**Rahu** 3:33PM - 4:53PM

**Ashlesha\*** Until 1:17AM Mon  
Brahma Until 10:40PM  
Visti Until 11:28AM  
Saptami Until 11:21PM

**Ganesha:** Clear *Sunrise:* 6:14AM  
**Muruga:** Clear *Sunset:* 4:53PM  
**Nataraja:** White  
Moon - Blue  
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 1:17AM Mon

Then Routine Work - Marana Yoga

1

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Magha\* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Kuwait City, Kuwait Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Simha Rasi: 2.26 Tihi 23

754551365

**Gulika** 12:54PM - 2:13PM  
**Yama** 10:14AM - 11:34AM  
**Rahu** 7:35AM - 8:54AM

**Magha\*** Until 2:33AM Tue  
Indra Until 9:50PM  
Balava Until 11:30AM  
Ashtami\* Until 11:49PM

**Ganesha:** Clear *Sunrise:* 6:15AM  
**Muruga:** Clear *Sunset:* 4:53PM  
**Nataraja:** White  
Moon - Red  
Karttika-Karttikai

Devaloka Day

Family Home Evening Marana Yoga

Until 2:33AM Tue

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Navamyam Titau

Kuwait City, Kuwait Sun 7 Sutra 219

Durmukha 5118

Moon 11 - Phase 30

Navami

Simha Rasi: 15.07 Tihi 24

754551365

**Gulika** 11:34AM - 12:54PM  
**Yama** 8:55AM - 10:15AM  
**Rahu** 2:13PM - 3:33PM

**Purvaphalguni** Until 4:24AM Wed  
Vaidhriti\* Until 9:35PM  
Taitila Until 12:22PM  
Navami\* Until 1:04AM Wed

**Ganesha:** Clear *Sunrise:* 6:16AM  
**Muruga:** Clear *Sunset:* 4:53PM  
**Nataraja:** White  
Moon - Red  
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 4:24AM Wed

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


|                                 |  |   |  |  |                       |                        |                     |  |
|---------------------------------|--|---|--|--|-----------------------|------------------------|---------------------|--|
| <b>1</b>                        | <b>Wednesday, November 23, 2016</b>  |   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yukhtayam |  |                       |                        | Kuwait City, Kuwait |  |
|                                 | Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau |   | Sun 8 Sutra 220  |  |                       |                        | Durumukha 5118      |  |
|                                 | Simha Rasi: 27.28  | Tithi 25                                | <b>Gulika</b> 10:15AM – 11:34AM  | <b>Uttaraphalguni</b> Until 6:39AM Thu | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 6:17AM |                     |  |
| Creative Work Amrita Yoga       |  | Yama 7:36AM – 8:56AM                    | Vishkambha* Until 9:51PM   | <b>Muruga:</b> Clear                   | <i>Sunset:</i> 4:52PM | Moon 11 - Phase 31     |                     |  |
| Until 6:39AM Thu                |  | 754551365 <b>Rahu</b> 11:34AM – 12:54PM | Vanija Until 1:57PM  | <b>Nataraja:</b> White                 |                       | 2nd Phase              |                     |  |
| Then Routine Work - Marana Yoga |  | Dashami Until 2:56AM Thu                |  | Moon – Red                             |                       | <b>Devaloka Day</b>    |                     |  |
|                                 |  |   |  | Karttika-Karttikai                     |                       |                        |                     |  |

|                          |   |  |   |                                    |                       |                        |                     |  |
|--------------------------|---|--|---|------------------------------------|-----------------------|------------------------|---------------------|--|
| <b>2</b>                 | <b>Thursday, November 24, 2016</b>  |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yukhtayam |                                    |                       |                        | Kuwait City, Kuwait |  |
|                          | Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau |  | Sun 9 Sutra 221   |                                    |                       |                        | Durumukha 5118      |  |
|                          | Kanya Rasi: 9.35  | Tithi 26                               | <b>Gulika</b> 8:56AM – 10:15AM  | <b>Uttaraphalguni</b> Until 6:39AM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 6:17AM |                     |  |
| Routine Work Marana Yoga |   | Yama 6:17AM – 7:37AM                   | Priti Until 10:28PM   | <b>Muruga:</b> Clear               | <i>Sunset:</i> 4:52PM | Moon 11 - Phase 31     |                     |  |
|                          |   | 754551365 <b>Rahu</b> 12:54PM – 2:13PM | Bava Until 4:04PM   | <b>Nataraja:</b> White             |                       | 2nd Phase              |                     |  |
|                          |   | Ekadashi* Until 5:14AM Fri             |   | Moon – Red                         |                       | <b>Devaloka Day</b>    |                     |  |
|                          |   |  |   | Karttika-Karttikai                 |                       |                        |                     |  |

|                                  |  |   |  |                           |                              |                        |                     |  |
|----------------------------------|--|---|--|---------------------------|------------------------------|------------------------|---------------------|--|
| <b>3</b>                         | <b>Friday, November 25, 2016</b>                                     |   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yukhtayam |                           |                              |                        | Kuwait City, Kuwait |  |
|                                  | Hasta/Chitra Nakshatra Ayushman Yoga Kaulava Karana Dvadashyam Titau |   | Sun 10 Sutra 222   |                           |                              |                        | Durumukha 5118      |  |
|                                  | Kanya Rasi: 21.32  | Tithi 27                                | <b>Gulika</b> 7:37AM – 8:57AM  | <b>Hasta</b> Until 9:36AM | <b>Ganesha:</b> Purple       | <i>Sunrise:</i> 6:18AM |                     |  |
| Creative Work Amrita Yoga        |  | Yama 2:14PM – 3:33PM                    | Ayushman Until 11:15PM   | <b>Muruga:</b> Clear      | <i>Sunset:</i> 4:52PM        | Moon 11 - Phase 31     |                     |  |
| Until 9:36AM                     |  | 754551365 <b>Rahu</b> 10:16AM – 11:35AM | Kaulava Until 6:29PM   | <b>Nataraja:</b> White    |                              | 2nd Phase              |                     |  |
| Then Creative Work - Siddha Yoga |  | Dvadashi* Until 7:45AM Sat              |  | Moon – Green              |                              | <b>Bhuloka Day</b>     |                     |  |
|                                  |  |   |  | Karttika-Karttikai        | Devaloka Time: 12:PM to 3:PM |                        |                     |  |

|                                  |   |  |  |                             |                              |                        |                     |  |
|----------------------------------|---|--|--|-----------------------------|------------------------------|------------------------|---------------------|--|
| <b>4</b>                         | <b>Saturday, November 26, 2016</b>  |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yukhtayam |                             |                              |                        | Kuwait City, Kuwait |  |
|                                  | Chitra/Svati Nakshatra Saubhagya Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau |  | Sun 11 Sutra 223   |                             |                              |                        | Durumukha 5118      |  |
|                                  | Tula Rasi: 3.25   | Tithi 27 – 28                          | <b>Gulika</b> 6:19AM – 7:38AM  | <b>Chitra</b> Until 12:35PM | <b>Ganesha:</b> Purple       | <i>Sunrise:</i> 6:19AM |                     |  |
| Routine Work Marana Yoga         |   | Yama 12:55PM – 2:14PM                  | Saubhagya Until 12:08AM Sun  | <b>Muruga:</b> Clear        | <i>Sunset:</i> 4:52PM        | Moon 11 - Phase 31     |                     |  |
| Until 12:35PM                    |   | 754551365 <b>Rahu</b> 8:57AM – 10:16AM | Gara Until 9:03PM  | <b>Nataraja:</b> White      |                              | 2nd Phase              |                     |  |
| Then Creative Work - Siddha Yoga |   | Dvadashi* Until 7:45AM                 |  | Moon – Green                |                              | <b>Bhuloka Day</b>     |                     |  |
|                                  |   | Pradosha Vrata (Fasting)               |  | Karttika-Karttikai          | Devaloka Time: 12:PM to 3:PM |                        |                     |  |

|                                 |   |                                       |  |                           |                              |                        |                     |  |
|---------------------------------|---|---------------------------------------|--|---------------------------|------------------------------|------------------------|---------------------|--|
| <b>5</b>                        | <b>Sunday, November 27, 2016</b>  |                                       | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yukhtayam |                           |                              |                        | Kuwait City, Kuwait |  |
|                                 | Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                       | Sun 12 Sutra 224   |                           |                              |                        | Durumukha 5118      |  |
|                                 | Tula Rasi: 15.15  | Tithi 28 – 29                         | <b>Gulika</b> 2:14PM – 3:33PM  | <b>Svati</b> Until 3:25PM | <b>Ganesha:</b> Purple       | <i>Sunrise:</i> 6:20AM |                     |  |
| Creative Work Siddha Yoga       |   | Yama 11:36AM – 12:55PM                | Sobhana Until 1:01AM Mon   | <b>Muruga:</b> Clear      | <i>Sunset:</i> 4:52PM        | Moon 11 - Phase 31     |                     |  |
| Until 3:25PM                    |   | 754551365 <b>Rahu</b> 3:33PM – 4:52PM | Visti Until 11:38PM  | <b>Nataraja:</b> White    |                              | 2nd Phase              |                     |  |
| Then Routine Work - Marana Yoga |   | Trayodashi* Until 10:20AM             |  | Moon – Green              |                              | <b>Bhuloka Day</b>     |                     |  |
|                                 |   |                                       |  | Karttika-Karttikai        | Devaloka Time: 12:PM to 3:PM |                        |                     |  |

|   |  |                                       |   |                              |                              |                        |                     |  |
|---|--|---------------------------------------|---|------------------------------|------------------------------|------------------------|---------------------|--|
|  | <b>Monday, November 28, 2016</b>   |                                       | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yukhtayam |                              |                              |                        | Kuwait City, Kuwait |  |
|   | Vishakha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                       | Sun 13 Sutra 225  |                              |                              |                        | Durumukha 5118      |  |
|   | Tula Rasi: 27.07   | Tithi 29 – 30                         | <b>Gulika</b> 12:55PM – 2:14PM  | <b>Vishakha</b> Until 6:33PM | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 6:20AM |                     |  |
| Family Home Evening   |  | Yama 10:17AM – 11:36AM                | Athiganda* Until 1:49AM Tue   | <b>Muruga:</b> Clear         | <i>Sunset:</i> 4:52PM        | Moon 11 - Phase 31     |                     |  |
| Routine Work Marana Yoga  |  | 754551365 <b>Rahu</b> 7:39AM – 8:58AM | Catuspada Until 2:07AM Tue  | <b>Nataraja:</b> White       |                              | Amavasya               |                     |  |
| Until 6:33PM  |  | Chaturdashi* Until 12:52PM            |   | Moon – Orange                |                              | <b>Bhuloka Day</b>     |                     |  |
| Then Creative Work - Siddha Yoga  |  |                                       |   | Karttika-Karttikai           | Devaloka Time: 12:PM to 3:PM |                        |                     |  |

|                                 |  |                                       |  |                              |                              |                        |                     |  |
|---------------------------------|--|---------------------------------------|--|------------------------------|------------------------------|------------------------|---------------------|--|
| <b>Retreat Star</b>             | <b>Tuesday, November 29, 2016</b>  |                                       | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yukhtayam |                              |                              |                        | Kuwait City, Kuwait |  |
|                                 | Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                       | Sun 14 Sutra 226   |                              |                              |                        | Durumukha 5118      |  |
|                                 | Vriscika Rasi: 9.01  | Tithi 30 – 1                          | <b>Gulika</b> 11:36AM – 12:55PM  | <b>Anuradha</b> Until 9:22PM | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 6:21AM |                     |  |
| Creative Work Siddha Yoga       |  | Yama 8:59AM – 10:18AM                 | Sukarma Until 2:31AM Wed   | <b>Muruga:</b> Clear         | <i>Sunset:</i> 4:52PM        | Moon 11 - Phase 31     |                     |  |
| Until 9:22PM                    |  | 754551365 <b>Rahu</b> 2:14PM – 3:33PM | Kintughna Until 4:27AM Wed   | <b>Nataraja:</b> White       |                              | Prathama               |                     |  |
| Then Routine Work - Marana Yoga |  | Amavasya* Until 3:17PM                |  | Moon – Orange                |                              | <b>Bhuloka Day</b>     |                     |  |
|                                 |  |                                       |  | Margasira-Karttikai          | Devaloka Time: 12:PM to 3:PM |                        |                     |  |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

|                                 |             |                                     |                          |                                |  |   |  |
|---------------------------------|-------------|-------------------------------------|--------------------------|--------------------------------|--|---|--|
| <b>1</b>                        |             | <b>Wednesday, November 30, 2016</b> |                          |                                |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Kuwait City, Kuwait<br>Sun 15 Sutra 227<br>Durmukha 5118 |
| Vrischika Rasi: 20.58           | Tithi 1 – 2 | <b>Gulika</b>                       | <b>10:18AM – 11:37AM</b> | <b>Jyeshtha* Until 11:52PM</b> | <b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:22AM |   |  |
|                                 |             | Yama                                | 7:41AM – 8:59AM          | Dhriti Until 3:06AM Thu        | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM       | Moon 11 - Phase 32  |  |
|                                 |             | 784551365 <b>Rahu</b>               | <b>11:37AM – 12:56PM</b> | Balava Until 6:37AM Thu        | <b>Nataraja:</b> White                           | 3rd Phase   |  |
| Creative Work                   | Siddha Yoga |                                     |                          | <b>Prathama* Until 5:33PM</b>  | <b>Moon – Orange</b>                             | <b>Bhuloka Day</b>  |  |
| Until 11:52PM                   |             |                                     |                          |                                | <b>Margasira-Karttikai</b>                       | Devaloka Time: 12:PM to 3:PM  |  |
| Then Routine Work - Marana Yoga |             |                                     |                          |                                |  |   |  |

|  |             |                                   |                         |                               |  |  |  |
|--|-------------|-----------------------------------|-------------------------|-------------------------------|--|--|--|
| <b>2</b>                               |             | <b>Thursday, December 1, 2016</b> |                         |                               |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Kuwait City, Kuwait<br>Sun 16 Sutra 228<br>Durmukha 5118 |
| Dhanus Rasi: 2.59                      | Tithi 2     | <b>Gulika</b>                     | <b>9:00AM – 10:19AM</b> | <b>Mula* Until 2:30AM Fri</b> | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:23AM |  |  |
|  |             | Yama                              | 6:23AM – 7:41AM         | Shula* Until 3:29AM Fri       | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM   | Moon 11 - Phase 32   |  |
|  |             | 784551365 <b>Rahu</b>             | <b>12:56PM – 2:14PM</b> | Balava Until 6:37AM           | <b>Nataraja:</b> White                       | 3rd Phase  |  |
| Creative Work                          | Siddha Yoga |                                   |                         | <b>Balava Until 6:37AM</b>    | <b>Moon – Light Blue</b>                     | <b>Bhuloka Day</b>   |  |
| Until 2:30AM Fri                       |             |                                   |                         | <b>Dvitiya Until 7:36PM</b>   | <b>Margasira-Karttikai</b>                   | Devaloka Time: 12:PM to 3:PM   |  |
| Then Routine Work - Prabalarishta Yoga |             |                                   |                         |                               |  |  |  |

|                                 |                    |                                 |                          |                                      |  |  |  |
|---------------------------------|--------------------|---------------------------------|--------------------------|--------------------------------------|--|--|--|
| <b>3</b>                        |                    | <b>Friday, December 2, 2016</b> |                          |                                      |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau | Kuwait City, Kuwait<br>Sun 17 Sutra 229<br>Durmukha 5118 |
| Dhanus Rasi: 15.05              | Tithi 3            | <b>Gulika</b>                   | <b>7:42AM – 9:01AM</b>   | <b>Purvashadha* Until 4:43AM Sat</b> | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:24AM |  |  |
|                                 |                    | Yama                            | 2:15PM – 3:33PM          | Ganda* Until 3:41AM Sat              | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM   | Moon 11 - Phase 32   |  |
|                                 |                    | 784551365 <b>Rahu</b>           | <b>10:19AM – 11:38AM</b> | Taitila Until 8:34AM                 | <b>Nataraja:</b> White                       | 3rd Phase  |  |
| Routine Work                    | Prabalarishta Yoga |                                 |                          | <b>Taitila Until 8:34AM</b>          | <b>Moon – Light Blue</b>                     | <b>Bhuloka Day</b>   |  |
| Until 4:43AM Sat                |                    |                                 |                          | <b>Tritiya Until 9:24PM</b>          | <b>Margasira-Karttikai</b>                   | Devaloka Time: 12:PM to 3:PM   |  |
| Then Routine Work - Marana Yoga |                    |                                 |                          |                                      |  |  |  |

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| <b>4</b>                         |             | <b>Saturday, December 3, 2016</b> |                         |                                      |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau | Kuwait City, Kuwait<br>Sun 18 Sutra 230<br>Durmukha 5118 |
| Dhanus Rasi: 27.19               | Tithi 4     | <b>Gulika</b>                     | <b>6:24AM – 7:43AM</b>  | <b>Uttarashadha Until 6:26AM Sun</b> | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:24AM |  |  |
|                                  |             | Yama                              | 12:56PM – 2:15PM        | Vriddhi Until 3:38AM Sun             | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM   | Moon 11 - Phase 32   |  |
|                                  |             | 784551365 <b>Rahu</b>             | <b>9:01AM – 10:20AM</b> | Vanija Until 10:13AM                 | <b>Nataraja:</b> White                       | 3rd Phase  |  |
| Routine Work                     | Marana Yoga |                                   |                         | <b>Vanija Until 10:13AM</b>          | <b>Moon – Light Blue</b>                     | <b>Bhuloka Day</b>   |  |
| Until 6:26AM Sun                 |             |                                   |                         | <b>Chaturthi* Until 10:54PM</b>      | <b>Margasira-Karttikai</b>                   | Devaloka Time: 12:PM to 3:PM   |  |
| Then Creative Work - Amrita Yoga |             |                                   |                         |                                      |  |  |  |

|                                  |             |                                 |                        |                                      |  |  |  |
|----------------------------------|-------------|---------------------------------|------------------------|--------------------------------------|--|--|--|
| <b>5</b>                         |             | <b>Sunday, December 4, 2016</b> |                        |                                      |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau | Kuwait City, Kuwait<br>Sun 19 Sutra 231<br>Durmukha 5118 |
| Makara Rasi: 9.41                | Tithi 5     | <b>Gulika</b>                   | <b>2:15PM – 3:33PM</b> | <b>Uttarashadha Until 6:26AM Sun</b> | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:25AM |  |  |
|                                  |             | Yama                            | 11:38AM – 12:57PM      | Dhruva Until 3:14AM Mon              | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM   | Moon 11 - Phase 32   |  |
|                                  |             | 785651365 <b>Rahu</b>           | <b>3:33PM – 4:52PM</b> | Bava Until 11:30AM                   | <b>Nataraja:</b> White                       | 3rd Phase  |  |
| Creative Work                    | Amrita Yoga |                                 |                        | <b>Bava Until 11:30AM</b>            | <b>Moon – Light Blue</b>                     | <b>Bhuloka Day</b>   |  |
| Until 8:02AM                     |             |                                 |                        | <b>Panchami Until 11:58PM</b>        | <b>Margasira-Karttikai</b>                   | Devaloka Time: 12:PM to 3:PM   |  |
| Then Creative Work - Amrita Yoga |             |                                 |                        |                                      |  |  |  |

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| <b>6</b>                         |             | <b>Monday, December 5, 2016</b> |                         |                                    |   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau | Kuwait City, Kuwait<br>Sun 20 Sutra 232<br>Durmukha 5118 |
| Makara Rasi: 22.14               | Tithi 6     | <b>Gulika</b>                   | <b>12:57PM – 2:15PM</b> | <b>Shravana Until 8:02AM</b>       | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:26AM |  |  |
| <b>Family Home Evening</b>       |             | Yama                            | 10:21AM – 11:39AM       | Vyaghata* Until 2:26AM Tue         | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM  | Moon 11 - Phase 32   |  |
|                                  |             | 795651365 <b>Rahu</b>           | <b>7:44AM – 9:02AM</b>  | Kaulava Until 12:19PM              | <b>Nataraja:</b> White                      | 3rd Phase  |  |
| Creative Work                    | Amrita Yoga |                                 |                         | <b>Kaulava Until 12:19PM</b>       | <b>Moon – Purple</b>                        | <b>Devaloka Day</b>  |  |
| Until 8:02AM                     |             |                                 |                         | <b>Shashthi* Until 12:30AM Tue</b> | <b>Margasira-Karttikai</b>                  |  |  |
| Then Creative Work - Siddha Yoga |             |                                 |                         |                                    |   |  |  |

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| <b>Retreat Star</b>             |             | <b>Tuesday, December 6, 2016</b> |                          |                                  |   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau | Kuwait City, Kuwait<br>Sun 21 Sutra 233<br>Durmukha 5118 |
| Kumbha Rasi: 5.04               | Tithi 7     | <b>Gulika</b>                    | <b>11:39AM – 12:57PM</b> | <b>Dhanishtha Until 8:57AM</b>   | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:27AM |   |  |
|                                 |             | Yama                             | 9:03AM – 10:21AM         | Harshana Until 1:09AM Wed        | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM  | Moon 11 - Phase 32  |  |
|                                 |             | 795651365 <b>Rahu</b>            | <b>2:16PM – 3:34PM</b>   | Gara Until 12:33PM               | <b>Nataraja:</b> White                      | 3rd Phase   |  |
| Creative Work                   | Siddha Yoga |                                  |                          | <b>Gara Until 12:33PM</b>        | <b>Moon – Purple</b>                        | <b>Devaloka Day</b>   |  |
| Until 8:57AM                    |             |                                  |                          | <b>Saptami Until 12:24AM Wed</b> | <b>Margasira-Karttikai</b>                  |   |  |
| Then Routine Work - Marana Yoga |             |                                  |                          |                                  |   |   |  |

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| <b>Retreat Star</b>              |             | <b>Wednesday, December 7, 2016</b> |                          |                                  |   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau | Kuwait City, Kuwait<br>Sun 22 Sutra 234<br>Durmukha 5118 |
| Kumbha Rasi: 18.12               | Tithi 8     | <b>Gulika</b>                      | <b>10:22AM – 11:40AM</b> | <b>Shatabhishak Until 9:03AM</b> | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:27AM |  |  |
|                                  |             | Yama                               | 7:45AM – 9:03AM          | Vajra* Until 11:17PM             | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM  | Moon 11 - Phase 32   |  |
|                                  |             | 795651365 <b>Rahu</b>              | <b>11:40AM – 12:58PM</b> | Visti Until 12:07PM              | <b>Nataraja:</b> White                      | Ashtami  |  |
| Creative Work                    | Siddha Yoga |                                    |                          | <b>Visti Until 12:07PM</b>       | <b>Moon – Purple</b>                        | <b>Devaloka Day</b>  |  |
| Until 9:03AM                     |             |                                    |                          | <b>Ashtami* Until 11:37PM</b>    | <b>Margasira-Karttikai</b>                  |  |  |
| Then Creative Work - Amrita Yoga |             |                                    |                          |                                  |   |  |  |

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| <b>Retreat Star</b>             |             | <b>Thursday, December 8, 2016</b> |                         |                                       |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau | Kuwait City, Kuwait<br>Sun 23 Sutra 235<br>Durmukha 5118 |
| Meena Rasi: 1.44                | Tithi 9     | <b>Gulika</b>                     | <b>9:04AM – 10:22AM</b> | <b>Purvaproshtapada* Until 8:47AM</b> | <b>Ganesh:</b> Red <i>Sunrise:</i> 6:28AM  |  |  |
|                                 |             | Yama                              | 6:28AM – 7:46AM         | Siddhi Until 8:53PM                   | <b>Muruga:</b> Clear <i>Sunset:</i> 4:52PM | Moon 11 - Phase 32   |  |
|                                 |             | 715651365 <b>Rahu</b>             | <b>12:58PM – 2:16PM</b> | Balava Until 10:58AM                  | <b>Nataraja:</b> White                     | Navami   |  |
| Creative Work                   | Siddha Yoga |                                   |                         | <b>Balava Until 10:58AM</b>           | <b>Moon – Clear</b>                        | <b>Devaloka Day</b>  |  |
| Until 8:57AM                    |             |                                   |                         | <b>Navami* Until 10:07PM</b>          | <b>Margasira-Karttikai</b>                 |  |  |
| Then Routine Work - Marana Yoga |             |                                   |                         |                                       |  |  |  |


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

|                  |             |                                 |                   |                                       |                            |   |                     |   |  |
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| <b>1</b>         |             | <b>Friday, December 9, 2016</b> |                   |                                       |                            | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Dashamyam Titau |                     | Kuwait City, Kuwait<br>Sun 24 Sutra 236 |  |
| Meena Rasi: 15.4 | Tithi 10    | <b>Gulika</b>                   | 7:47AM – 9:05AM   | <b>Uttaraproshtapada</b> Until 7:40AM | <b>Ganesh:</b> Red         | <i>Sunrise:</i> 6:29AM  | Durmukha 5118       |   |  |
|                  |             | <b>Yama</b>                     | 2:17PM – 3:35PM   | Vyatipata* Until 5:57PM               | <b>Muruga:</b> Clear       | <i>Sunset:</i> 4:53PM   | Moon 11 - Phase 33  |   |  |
|                  |             | 715651365 <b>Rahu</b>           | 10:23AM – 11:41AM | Tailila Until 9:07AM                  | <b>Nataraja:</b> White     |   | 4th Phase           |   |  |
| Creative Work    | Siddha Yoga |                                 |                   | <b>Dashami</b> Until 7:56PM           | Moon – Clear               |   | <b>Devaloka Day</b> |   |  |
|                  |             |                                 |                   |                                       | <b>Margasira•Karttikai</b> |   |                     |   |  |

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| <b>2</b>                               |               | <b>Saturday, December 10, 2016</b> |                  |                                 |                            | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau |                              | Kuwait City, Kuwait<br>Sun 25 Sutra 237 |  |
| Mesha Rasi: 0.02                       | Tithi 11 – 12 | <b>Gulika</b>                      | 6:29AM – 7:47AM  | <b>Ashvini</b> Until 3:39AM Sun | <b>Ganesh:</b> Blue        | <i>Sunrise:</i> 6:29AM  | Durmukha 5118                |   |  |
|  |               | <b>Yama</b>                        | 12:59PM – 2:17PM | Variyan Until 2:31PM            | <b>Muruga:</b> Clear       | <i>Sunset:</i> 4:53PM   | Moon 11 - Phase 33           |   |  |
|  |               | 725651365 <b>Rahu</b>              | 9:05AM – 10:23AM | Vanija Until 6:38AM             | <b>Nataraja:</b> White     |   | 4th Phase                    |   |  |
| Creative Work                          | Siddha Yoga   |                                    |                  | <b>Ekadashi</b> Until 5:11PM    | Moon – White               |   | <b>Bhuloka Day</b>           |   |  |
| Until 3:39AM Sun                       |               |                                    |                  |                                 | <b>Margasira•Karttikai</b> |   | Devaloka Time: 12:PM to 3:PM |   |  |
| Then Routine Work - Prabalarishta Yoga |               |                                    |                  |                                 |                            |   |                              |   |  |

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| <b>3</b>                        |                    | <b>Sunday, December 11, 2016</b> |                   |                                  |                            | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                              | Kuwait City, Kuwait<br>Sun 26 Sutra 238 |  |
| Mesha Rasi: 14.47               | Tithi 12 – 13      | <b>Gulika</b>                    | 2:17PM – 3:35PM   | <b>Bharani</b> Until 12:59AM Mon | <b>Ganesh:</b> Blue        | <i>Sunrise:</i> 6:30AM   | Durmukha 5118                |   |  |
|                                 |                    | <b>Yama</b>                      | 11:42AM – 12:59PM | Parigha* Until 10:42AM           | <b>Muruga:</b> Clear       | <i>Sunset:</i> 4:53PM  | Moon 11 - Phase 33           |   |  |
|                                 |                    | 725651365 <b>Rahu</b>            | 3:35PM – 4:53PM   | Kaulava Until 12:15AM Mon        | <b>Nataraja:</b> White     |  | 4th Phase                    |   |  |
| Routine Work                    | Prabalarishta Yoga |                                  |                   | <b>Dvadashi</b> Until 1:58PM     | Moon – White               |  | <b>Bhuloka Day</b>           |   |  |
| Until 12:59AM Mon               |                    |                                  |                   |                                  | <b>Margasira•Karttikai</b> |  | Devaloka Time: 12:PM to 3:PM |   |  |
| Then Routine Work - Marana Yoga |                    |                                  |                   |                                  |                            |  | <i>Pradosha Vrata</i>        |   |  |

|                                  |               |                                  |                   |                                 |                            |   |                              |   |  |
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| <b>4</b>                         |               | <b>Monday, December 12, 2016</b> |                   |                                 |                            | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |                              | Kuwait City, Kuwait<br>Sun 27 Sutra 239 |  |
| Mesha Rasi: 29.49                | Tithi 13 – 14 | <b>Gulika</b>                    | 1:00PM – 2:18PM   | <b>Krittika</b> Until 9:59PM    | <b>Ganesh:</b> Blue        | <i>Sunrise:</i> 6:31AM  | Durmukha 5118                |   |  |
| <b>Family Home Evening</b>       |               | <b>Yama</b>                      | 10:24AM – 11:42AM | Shiva Until 6:38AM              | <b>Muruga:</b> Clear       | <i>Sunset:</i> 4:53PM   | Moon 11 - Phase 33           |   |  |
| Routine Work                     | Marana Yoga   | 725651365 <b>Rahu</b>            | 7:48AM – 9:06AM   | Gara Until 8:38PM               | <b>Nataraja:</b> White     |   | 4th Phase                    |   |  |
| Until 9:59PM                     |               |                                  |                   | <b>Trayodashi</b> Until 10:27AM | Moon – White               |   | <b>Bhuloka Day</b>           |   |  |
| Then Creative Work - Amrita Yoga |               | <b>Krittika Deepam</b>           |                   |                                 | <b>Margasira•Karttikai</b> |   | Devaloka Time: 12:PM to 3:PM |   |  |

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|---|---------------|-----------------------------------|------------------|----------------------------------|----------------------------|---|-----------------------------|----------------------------------|--|
|  |               | <b>Tuesday, December 13, 2016</b> |                  |                                  |                            | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Sadhya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau |                             | Kuwait City, Kuwait<br>Sutra 240 |  |
| <b>Copper Retreat Star</b>  |               | <b>Gulika</b>                     | 11:42AM – 1:00PM | <b>Rohini</b> Until 7:11PM       | <b>Ganesh:</b> Red         | <i>Sunrise:</i> 6:31AM  | Durmukha 5118               |                                  |  |
| Vrishabha Rasi: 14.59   | Tithi 14 – 15 | <b>Yama</b>                       | 9:07AM – 10:25AM | Sadhya Until 10:08PM             | <b>Muruga:</b> White       | <i>Sunset:</i> 4:54PM   | Moon 11 - Phase 33          |                                  |  |
|   |               | 736661365 <b>Rahu</b>             | 2:18PM – 3:36PM  | Bava Until 3:08AM Wed            | <b>Nataraja:</b> White     |   | Purnima                     |                                  |  |
| Creative Work   | Amrita Yoga   |                                   |                  | <b>Chaturdashi*</b> Until 6:46AM | Moon – Yellow              |   | <b>Bhuloka Day</b>          |                                  |  |
| Until 7:11PM  |               |                                   |                  |                                  | <b>Margasira•Karttikai</b> |   | Devaloka Time: 6:AM to 9:AM |                                  |  |
| Then Creative Work - Siddha Yoga  |               |                                   |                  |                                  |                            |   |                             |                                  |  |

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| <b>○</b>                   |             | <b>Wednesday, December 14, 2016</b> |                   |                                |                            | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau |                                | Kuwait City, Kuwait<br>Sutra 241 |  |
| <b>Silver Retreat Star</b> |             | <b>Gulika</b>                       | 10:25AM – 11:43AM | <b>Mrigashira</b> Until 4:24PM | <b>Ganesh:</b> Red         | <i>Sunrise:</i> 6:32AM   | Durmukha 5118                  |                                  |  |
| Mithuna Rasi: 0.08         | Tithi 16    | <b>Yama</b>                         | 7:50AM – 9:07AM   | Subha Until 6:03PM             | <b>Muruga:</b> White       | <i>Sunset:</i> 4:54PM  | Moon 11 - Phase 33             |                                  |  |
|                            |             | 736661365 <b>Rahu</b>               | 11:43AM – 1:01PM  | Balava Until 1:24PM            | <b>Nataraja:</b> White     |  | Prathama                       |                                  |  |
| Creative Work              | Siddha Yoga |                                     |                   | <b>Prathama*</b> Until 11:42PM | Moon – Yellow              |  | <b>Bhuloka Day</b>             |                                  |  |
|                            |             |                                     |                   |                                | <b>Margasira•Karttikai</b> |  | Devaloka Time: 6:AM to 9:AM    |                                  |  |
|                            |             |                                     |                   |                                |                            |  | <b>Vinayaga Viratam Begins</b> |                                  |  |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Kuwait City, Kuwait

Sutra 242

Mithuna Rasi: 15.07    Tiithi 17

736661365

**Gulika** 9:08AM – 10:26AM  
**Yama** 6:33AM – 7:50AM  
**Rahu** 1:01PM – 2:19PM

**Ardra** Until 1:47PM  
**Sukla** Until 2:12PM  
**Taitila** Until 10:08AM

**Ganesha:** Red    *Sunrise:* 6:33AM  
**Muruga:** White    *Sunset:* 4:54PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Routine Work    Marana Yoga  
Until 1:47PM

**Markali Pillaiyar**

**Dvitiya** Until 8:39PM

Moon – Yellow  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

1

Friday, December 16, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kuwait City, Kuwait

Sun 1    Sutra 243

Mithuna Rasi: 29.45    Tiithi 18

846661365

**Gulika** 7:51AM – 9:09AM  
**Yama** 2:19PM – 3:37PM  
**Rahu** 10:26AM – 11:44AM

**Punarvasu** Until 11:57AM  
**Brahma** Until 10:46AM  
**Vanija** Until 7:20AM  
**Tritiya** Until 6:09PM

**Ganesha:** Red    *Sunrise:* 6:33AM  
**Muruga:** White    *Sunset:* 4:55PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work    Siddha Yoga  
Until 11:57AM

**Markali Pillaiyar**

**Tritiya** Until 6:09PM

Moon – Blue  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

2

Saturday, December 17, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra/Vaidhrili\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kuwait City, Kuwait

Sun 2    Sutra 244

Kataka Rasi: 13.58    Tiithi 19 – 20

846661365

**Gulika** 6:34AM – 7:51AM  
**Yama** 1:02PM – 2:20PM  
**Rahu** 9:09AM – 10:27AM

**Pushya** Until 10:39AM  
**Indra** Until 7:54AM  
**Kaulava** Until 3:48AM Sun  
**Chaturthi\*** Until 4:22PM

**Ganesha:** Red    *Sunrise:* 6:34AM  
**Muruga:** White    *Sunset:* 4:55PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work    Siddha Yoga  
Until 10:39AM

**Markali Pillaiyar**

**Chaturthi\*** Until 4:22PM

Moon – Blue  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

3

Sunday, December 18, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kuwait City, Kuwait

Sun 3    Sutra 245

Kataka Rasi: 27.41    Tiithi 20 – 21

846661365

**Gulika** 2:20PM – 3:38PM  
**Yama** 11:45AM – 1:03PM  
**Rahu** 3:38PM – 4:56PM

**Ashlesha\*** Until 9:59AM  
**Vishkambha\*** Until 4:04AM Mon  
**Gara** Until 3:18AM Mon  
**Panchami** Until 3:25PM

**Ganesha:** Red    *Sunrise:* 6:34AM  
**Muruga:** White    *Sunset:* 4:56PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work    Siddha Yoga  
Until 9:59AM

**Markali Pillaiyar**

**Panchami** Until 3:25PM

Moon – Blue  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

4

Monday, December 19, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait

Sun 4    Sutra 246

Simha Rasi: 10.54    Tiithi 21 – 22

856661365

**Gulika** 1:03PM – 2:21PM  
**Yama** 10:28AM – 11:45AM  
**Rahu** 7:52AM – 9:10AM

**Magha\*** Until 10:29AM  
**Priti** Until 3:12AM Tue  
**Visti** Until 3:43AM Tue  
**Shashthi\*** Until 3:23PM

**Ganesha:** Green    *Sunrise:* 6:35AM  
**Muruga:** White    *Sunset:* 4:56PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Family Home Evening  
Routine Work    Marana Yoga  
Until 10:29AM

**Markali Pillaiyar**

**Shashthi\*** Until 3:23PM

Moon – Red  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

5

Tuesday, December 20, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait

Sun 5    Sutra 247

Simha Rasi: 23.41    Tiithi 22 – 23

856661365

**Gulika** 11:46AM – 1:04PM  
**Yama** 9:11AM – 10:28AM  
**Rahu** 2:21PM – 3:39PM

**Purvaphalguni** Until 11:42AM  
**Ayushman** Until 2:57AM Wed  
**Balava** Until 4:57AM Wed  
**Saptami** Until 4:13PM

**Ganesha:** Green    *Sunrise:* 6:35AM  
**Muruga:** White    *Sunset:* 4:57PM

Durmukha 5118  
Moon 12 - Phase 34  
1st Phase

Creative Work    Siddha Yoga  
Until 11:42AM

**Markali Pillaiyar**

**Saptami** Until 4:13PM

Moon – Red  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

☾

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait

Sun 6    Sutra 248

Kanya Rasi: 6.05    Tiithi 23 – 24

857661365

**Gulika** 10:29AM – 11:46AM  
**Yama** 7:53AM – 9:11AM  
**Rahu** 11:46AM – 1:04PM

**Uttaraphalguni** Until 1:30PM  
**Saubhagya** Until 3:14AM Thu  
**Taitila** Until 6:51AM Thu  
**Ashtami\*** Until 5:48PM

**Ganesha:** White    *Sunrise:* 6:36AM  
**Muruga:** White    *Sunset:* 4:57PM

Durmukha 5118  
Moon 12 - Phase 34  
Ashtami

Creative Work    Amrita Yoga  
Until 1:30PM

**Day 1 of Pancha Ganapati**

**Ashtami\*** Until 5:48PM

Moon – Red  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Thursday, December 22, 2016

Retreat Star

Durmukha Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Kuwait City, Kuwait

Sun 7    Sutra 249

Kanya Rasi: 18.13    Tiithi 24

867661365

**Gulika** 9:12AM – 10:29AM  
**Yama** 6:36AM – 7:54AM  
**Rahu** 1:05PM – 2:22PM

**Hasta** Until 4:12PM  
**Sobhana** Until 3:53AM Fri  
**Taitila** Until 6:51AM  
**Navami\*** Until 7:58PM

**Ganesha:** Clear    *Sunrise:* 6:36AM  
**Muruga:** White    *Sunset:* 4:58PM

Durmukha 5118  
Moon 12 - Phase 34  
Navami

Routine Work    Marana Yoga  
Until 4:12PM

**Day 2 of Pancha Ganapati**

**Navami\*** Until 7:58PM

Moon – Green  
**Margasira-Markali**

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

|   |  |   |                             |  |                             |                     |  |
|---|--|---|-----------------------------|--|-----------------------------|---------------------|--|
| <b>1 Friday, December 23, 2016</b>                                    |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam |                             |  |                             | Kuwait City, Kuwait |  |
| Chitra Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau |  | Sun 8 Sutra 250   |                             |  |                             | Durumukha 5118      |  |
| Tula Rasi: 0.1      Tithi 25  |  | <b>Gulika</b> 7:54AM – 9:12AM   | <b>Chitra</b> Until 7:06PM  | <b>Ganesh</b> : Clear <i>Sunrise:</i> 6:37AM |                             |                     |  |
| 867661365   |  | Yama 2:23PM – 3:40PM  | Athiganda* Until 4:42AM Sat | <b>Muruga</b> : White <i>Sunset:</i> 4:58PM  | Moon 12 - Phase 35          |                     |  |
| Creative Work    Siddha Yoga  |  | <b>Rahu</b> 10:30AM – 11:47AM   | Vanija Until 9:12AM         | <b>Nataraja</b> : White                      | 2nd Phase                   |                     |  |
|   |  | <b>Day 3 of Pancha Ganapati</b>   |                             | Moon – Green                                 | <b>Bhuloka Day</b>          |                     |  |
|   |  |   |                             | <b>Margasira</b> •Markali                    | Devaloka Time: 6:AM to 9:AM |                     |  |

|  |  |   |                           |  |                             |                     |  |
|--|--|---|---------------------------|--|-----------------------------|---------------------|--|
| <b>2 Saturday, December 24, 2016</b>                             |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam |                           |  |                             | Kuwait City, Kuwait |  |
| Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau |  | Sun 9 Sutra 251   |                           |  |                             | Durumukha 5118      |  |
| Tula Rasi: 12.02      Tithi 26                                   |  | <b>Gulika</b> 6:37AM – 7:55AM   | <b>Svati</b> Until 9:57PM | <b>Ganesh</b> : Clear <i>Sunrise:</i> 6:37AM |                             |                     |  |
| 867661365  |  | Yama 1:06PM – 2:23PM  | Sukarma Until 5:35AM Sun  | <b>Muruga</b> : White <i>Sunset:</i> 4:59PM  | Moon 12 - Phase 35          |                     |  |
| Creative Work    Siddha Yoga                                     |  | <b>Rahu</b> 9:13AM – 10:30AM  | Bava Until 11:47AM        | <b>Nataraja</b> : White                      | 2nd Phase                   |                     |  |
|  |  | <b>Day 4 of Pancha Ganapati</b>   |                           | Moon – Green                                 | <b>Bhuloka Day</b>          |                     |  |
|  |  |   |                           | <b>Margasira</b> •Markali                    | Devaloka Time: 6:AM to 9:AM |                     |  |

|  |  |   |                                  |   |                    |                     |  |
|--|--|---|----------------------------------|---|--------------------|---------------------|--|
| <b>3 Sunday, December 25, 2016</b>                                     |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam |                                  |   |                    | Kuwait City, Kuwait |  |
| Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau |  | Sun 10 Sutra 252  |                                  |   |                    | Durumukha 5118      |  |
| Tula Rasi: 23.53      Tithi 27   |  | <b>Gulika</b> 2:24PM – 3:41PM   | <b>Vishakha</b> Until 1:06AM Mon | <b>Ganesh</b> : Purple <i>Sunrise:</i> 6:38AM |                    |                     |  |
| 877661365  |  | Yama 11:48AM – 1:06PM   | Dhriti Until 6:25AM Mon          | <b>Muruga</b> : White <i>Sunset:</i> 4:59PM   | Moon 12 - Phase 35 |                     |  |
| Routine Work    Marana Yoga  |  | <b>Rahu</b> 3:41PM – 4:59PM   | Kaulava Until 2:23PM             | <b>Nataraja</b> : White                       | 2nd Phase          |                     |  |
| Until 1:06AM Mon   |  | <b>Day 5 of Pancha Ganapati</b>   |                                  | Moon – Orange                                 | <b>Bhuloka Day</b> |                     |  |
| Then Creative Work - Siddha Yoga                                       |  |   |                                  | <b>Margasira</b> •Markali                     |                    |                     |  |

|   |  |  |                                  |   |                    |                     |  |
|---|--|--|----------------------------------|---|--------------------|---------------------|--|
| <b>4 Monday, December 26, 2016</b>  |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam |                                  |   |                    | Kuwait City, Kuwait |  |
| Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau |  | Sun 11 Sutra 253   |                                  |   |                    | Durumukha 5118      |  |
| Vrischika Rasi: 5.45      Tithi 28  |  | <b>Gulika</b> 1:07PM – 2:24PM  | <b>Anuradha</b> Until 3:54AM Tue | <b>Ganesh</b> : Purple <i>Sunrise:</i> 6:38AM |                    |                     |  |
| 877661366   |  | Yama 10:31AM – 11:49AM   | Dhriti Until 6:25AM              | <b>Muruga</b> : White <i>Sunset:</i> 5:00PM   | Moon 12 - Phase 35 |                     |  |
| Family Home Evening   |  | <b>Rahu</b> 7:56AM – 9:14AM  | Gara Until 4:51PM                | <b>Nataraja</b> : Green                       | 2nd Phase          |                     |  |
| Creative Work    Siddha Yoga  |  | <b>Trayodashi* Until 5:59AM Tue</b>  |                                  | Moon – Orange                                 | <b>Bhuloka Day</b> |                     |  |
| Until 3:54AM Tue  |  |  |                                  | <b>Margasira</b> •Markali                     |                    |                     |  |
| Then Routine Work - Marana Yoga   |  |  |                                  | <i>Pradosha Vrata (Fasting)</i>               |                    |                     |  |

|  |  |   |                                   |  |                              |                     |  |
|--|--|---|-----------------------------------|--|------------------------------|---------------------|--|
| <b>5 Tuesday, December 27, 2016</b>                                      |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam |                                   |  |                              | Kuwait City, Kuwait |  |
| Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti* Karana Chaturdashyam Titau |  | Sun 12 Sutra 254  |                                   |  |                              | Durumukha 5118      |  |
| Vrischika Rasi: 17.42      Tithi 29                                      |  | <b>Gulika</b> 11:49AM – 1:07PM  | <b>Jyeshtha*</b> Until 6:17AM Wed | <b>Ganesh</b> : Clear <i>Sunrise:</i> 6:38AM |                              |                     |  |
| 878661366  |  | Yama 9:14AM – 10:32AM   | Shula* Until 7:04AM               | <b>Muruga</b> : White <i>Sunset:</i> 5:00PM  | Moon 12 - Phase 35           |                     |  |
| Routine Work    Marana Yoga  |  | <b>Rahu</b> 2:25PM – 3:43PM   | Visti Until 7:05PM                | <b>Nataraja</b> : Green                      | 2nd Phase                    |                     |  |
|  |  | <b>Chaturdashi* Until 8:04AM Wed</b>  |                                   | Moon – Orange                                | <b>Bhuloka Day</b>           |                     |  |
|  |  |   |                                   | <b>Margasira</b> •Markali                    | Devaloka Time: 9:AM to 12:PM |                     |  |

|  |  |   |                               |  |                              |                     |  |
|--|--|---|-------------------------------|--|------------------------------|---------------------|--|
| <b>Wednesday, December 28, 2016</b>  |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam |                               |  |                              | Kuwait City, Kuwait |  |
| Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  | Sun 13 Sutra 255  |                               |  |                              | Durumukha 5118      |  |
| Vrischika Rasi: 29.46      Tithi 29 – 30   |  | <b>Gulika</b> 10:32AM – 11:50AM   | <b>Jyeshtha*</b> Until 6:17AM | <b>Ganesh</b> : Clear <i>Sunrise:</i> 6:39AM |                              |                     |  |
| 878661366  |  | Yama 7:57AM – 9:14AM  | Ganda* Until 7:32AM           | <b>Muruga</b> : White <i>Sunset:</i> 5:01PM  | Moon 12 - Phase 35           |                     |  |
| Creative Work    Siddha Yoga   |  | <b>Rahu</b> 11:50AM – 1:08PM  | Catuspada Until 9:01PM        | <b>Nataraja</b> : Green                      | Amavasya                     |                     |  |
| Until 6:17AM   |  | <b>Hanumath Jayanthi (Tamil Nadu)</b>   |                               | Moon – Orange                                | <b>Bhuloka Day</b>           |                     |  |
| Then Routine Work - Marana Yoga  |  |   |                               | <b>Margasira</b> •Markali                    | Devaloka Time: 9:AM to 12:PM |                     |  |

|  |  |  |                           |   |                    |                     |  |
|--|--|--|---------------------------|---|--------------------|---------------------|--|
| <b>Thursday, December 29, 2016</b>   |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam |                           |   |                    | Kuwait City, Kuwait |  |
| Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |  | Sun 14 Sutra 256   |                           |   |                    | Durumukha 5118      |  |
| Dhanus Rasi: 11.56      Tithi 30 – 1   |  | <b>Gulika</b> 9:15AM – 10:33AM   | <b>Mula*</b> Until 8:43AM | <b>Ganesh</b> : Light Blue <i>Sunrise:</i> 6:39AM |                    |                     |  |
| 888761366  |  | Yama 6:39AM – 7:57AM   | Vridhi Until 7:47AM       | <b>Muruga</b> : White <i>Sunset:</i> 5:02PM       | Moon 12 - Phase 35 |                     |  |
| Creative Work    Siddha Yoga   |  | <b>Rahu</b> 1:08PM – 2:26PM  | Kintughna Until 10:37PM   | <b>Nataraja</b> : Green                           | Prathama           |                     |  |
|  |  | <b>Amavasya* Until 9:50AM</b>  |                           | Moon – Light Blue                                 | <b>Bhuloka Day</b> |                     |  |
|  |  |  |                           | <b>Pausha</b> •Markali                            |                    |                     |  |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

|   |             |   |  |   |  |  |
|---|-------------|---|--|---|--|--|
| <b>1</b> Friday, December 30, 2016  |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  |   | Kuwait City, Kuwait<br>Sun 15 Sutra 257<br>Durmukha 5118 |  |
| Dhanus Rasi: 24.15  | Tithi 1 – 2 | <b>Gulika</b> 7:57AM – 9:15AM<br>Yama 2:27PM – 3:44PM<br>888761366 <b>Rahu</b> 10:33AM – 11:51AM  | <b>Purvashadha* Until 10:39AM</b><br>Dhruva Until 7:45AM<br>Balava Until 11:52PM<br><b>Prathama* Until 11:16AM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:39AM<br><b>Muruga:</b> White <i>Sunset:</i> 5:02PM<br><b>Nataraja:</b> Green<br>Moon – Light Blue<br><b>Pausha-Markali</b> | <b>Bhuloka Day</b><br>Moon 12 - Phase 36<br>3rd Phase    |  |
| Routine Work Prabalarishta Yoga<br>Until 10:39AM<br>Then Routine Work - Marana Yoga |             |   |  |   |  |  |

|   |             |  |  |   |  |  |
|---|-------------|--|--|---|--|--|
| <b>2</b> Saturday, December 31, 2016  |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam<br>Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau |  |   | Kuwait City, Kuwait<br>Sun 16 Sutra 258<br>Durmukha 5118 |  |
| Makara Rasi: 6.43   | Tithi 2 – 3 | <b>Gulika</b> 6:40AM – 7:58AM<br>Yama 1:09PM – 2:27PM<br>888761366 <b>Rahu</b> 9:16AM – 10:33AM  | <b>Uttarashadha Until 12:05PM</b><br>Vyaghata* Until 7:27AM<br>Tailila Until 12:45AM Sun<br><b>Dvitiya Until 12:20PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:40AM<br><b>Muruga:</b> White <i>Sunset:</i> 5:03PM<br><b>Nataraja:</b> Green<br>Moon – Light Blue<br><b>Pausha-Markali</b> | <b>Bhuloka Day</b><br>Moon 12 - Phase 36<br>3rd Phase    |  |
| Routine Work Marana Yoga<br>Until 12:05PM<br>Then Creative Work - Siddha Yoga |             |  |  |   |  |  |

|  |             |  |   |   |  |  |
|--|-------------|--|---|---|--|--|
| <b>3</b> Sunday, January 1, 2017   |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |   |   | Kuwait City, Kuwait<br>Sun 17 Sutra 259<br>Durmukha 5118 |  |
| Makara Rasi: 19.21   | Tithi 3 – 4 | <b>Gulika</b> 2:27PM – 3:45PM<br>Yama 11:51AM – 1:09PM<br>898761366 <b>Rahu</b> 3:45PM – 5:03PM  | <b>Shravana Until 1:28PM</b><br>Harshana Until 6:54AM<br>Vanija Until 1:15AM Mon<br><b>Tritiya Until 1:02PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:40AM<br><b>Muruga:</b> White <i>Sunset:</i> 5:03PM<br><b>Nataraja:</b> Green<br>Moon – Purple<br><b>Pausha-Markali</b> | <b>Bhuloka Day</b><br>Moon 12 - Phase 36<br>3rd Phase    |  |
| Creative Work Amrita Yoga<br>Until 1:28PM<br>Then Routine Work - Marana Yoga |             |  |   |   |  |  |

|  |             |  |  |   |  |  |
|--|-------------|--|--|---|--|--|
| <b>4</b> Monday, January 2, 2017                 |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  |   | Kuwait City, Kuwait<br>Sun 18 Sutra 260<br>Durmukha 5118 |  |
| Kumbha Rasi: 2.1                                 | Tithi 4 – 5 | <b>Gulika</b> 1:10PM – 2:28PM<br>Yama 10:34AM – 11:52AM<br>898761366 <b>Rahu</b> 7:58AM – 9:16AM   | <b>Dhanishtha Until 2:19PM</b><br>Vajra* Until 6:01AM<br>Bava Until 1:21AM Tue<br><b>Chaturthi* Until 1:20PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:40AM<br><b>Muruga:</b> White <i>Sunset:</i> 5:04PM<br><b>Nataraja:</b> Green<br>Moon – Purple<br><b>Pausha-Markali</b> | <b>Bhuloka Day</b><br>Moon 12 - Phase 36<br>3rd Phase    |  |
| Family Home Evening<br>Creative Work Siddha Yoga |             |  |  |   |  |  |

|   |             |   |  |  |   |  |
|---|-------------|---|--|--|---|--|
| <b>5</b> Tuesday, January 3, 2017                 |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  |  | Kuwait City, Kuwait<br>Sun 19 Sutra 261<br>Durmukha 5118                              |  |
| Kumbha Rasi: 15.11                                | Tithi 5 – 6 | <b>Gulika</b> 11:52AM – 1:10PM<br>Yama 9:16AM – 10:34AM<br>899761366 <b>Rahu</b> 2:28PM – 3:46PM  | <b>Shatabhishak Until 2:36PM</b><br>Vyatipata* Until 3:17AM Wed<br>Kaulava Until 12:59AM Wed<br><b>Panchami Until 1:12PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:40AM<br><b>Muruga:</b> White <i>Sunset:</i> 5:04PM<br><b>Nataraja:</b> Green<br>Moon – Purple<br><b>Pausha-Markali</b> | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM<br>Moon 12 - Phase 36<br>3rd Phase |  |
| Routine Work Marana Yoga<br>Vinayaga Viratam Ends |             |   |  |  |   |  |

|   |             |  |   |   |   |  |
|---|-------------|--|---|---|---|--|
| <b>6</b> Wednesday, January 4, 2017   |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau |   |   | Kuwait City, Kuwait<br>Sun 20 Sutra 262<br>Durmukha 5118                              |  |
| Kumbha Rasi: 28.26  | Tithi 6 – 7 | <b>Gulika</b> 10:35AM – 11:53AM<br>Yama 7:59AM – 9:17AM<br>819761366 <b>Rahu</b> 11:53AM – 1:11PM  | <b>Purvaproshtapada* Until 2:44PM</b><br>Variyan Until 1:21AM Thu<br>Gara Until 12:09AM Thu<br><b>Shashthi* Until 12:36PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:40AM<br><b>Muruga:</b> White <i>Sunset:</i> 5:05PM<br><b>Nataraja:</b> Green<br>Moon – Clear<br><b>Pausha-Markali</b> | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM<br>Moon 12 - Phase 36<br>3rd Phase |  |
| Creative Work Amrita Yoga<br>Until 2:44PM<br>Then Creative Work - Siddha Yoga |             |  |   |   |   |  |

|   |             |  |  |   |   |  |
|---|-------------|--|--|---|---|--|
| <b>Retreat Star</b> Thursday, January 5, 2017         |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |  |   | Kuwait City, Kuwait<br>Sun 21 Sutra 263<br>Durmukha 5118                            |  |
| Meena Rasi: 11.57                                     | Tithi 7 – 8 | <b>Gulika</b> 9:17AM – 10:35AM<br>Yama 6:41AM – 7:59AM<br>819761366 <b>Rahu</b> 1:11PM – 2:30PM  | <b>Uttaraproshtapada Until 2:14PM</b><br>Parigha* Until 11:02PM<br>Visti Until 10:48PM<br><b>Saptami Until 11:31AM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:41AM<br><b>Muruga:</b> White <i>Sunset:</i> 5:06PM<br><b>Nataraja:</b> Green<br>Moon – Clear<br><b>Pausha-Markali</b> | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM<br>Moon 12 - Phase 36<br>Ashtami |  |
| Creative Work Siddha Yoga<br>Subramuniyaswami Jayanti |             |  |  |   |   |  |

|   |             |  |   |   |  |  |
|---|-------------|--|---|---|--|--|
| <b>Retreat Star</b> Friday, January 6, 2017                                   |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau |   |   | Kuwait City, Kuwait<br>Sun 22 Sutra 264<br>Durmukha 5118                           |  |
| Meena Rasi: 25.46   | Tithi 8 – 9 | <b>Gulika</b> 7:59AM – 9:17AM<br>Yama 2:30PM – 3:48PM<br>819761366 <b>Rahu</b> 10:35AM – 11:54AM   | <b>Revati Until 1:05PM</b><br>Shiva Until 8:20PM<br>Balava Until 8:58PM<br><b>Ashtami* Until 9:55AM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:41AM<br><b>Muruga:</b> White <i>Sunset:</i> 5:07PM<br><b>Nataraja:</b> Green<br>Moon – Clear<br><b>Pausha-Markali</b> | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to 12:PM<br>Moon 12 - Phase 36<br>Navami |  |
| Creative Work Siddha Yoga<br>Until 1:05PM<br>Then Creative Work - Amrita Yoga |             |  |   |   |  |  |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                    |              |   |                              |   |  |   |
|------------------------------------|--------------|---|------------------------------|---|--|---|
| <b>1 Saturday, January 7, 2017</b> |              | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Navami/Dashmyam Titau |                              |   |  | Kuwait City, Kuwait<br>Sun 23 Sutra 265 |
| Mesha Rasi: 9.53                   | Tithi 9 - 10 | <b>Gulika</b> 6:41AM - 7:59AM   | <b>Ashvini Until 11:47AM</b> | <b>Ganesha:</b> Blue <i>Sunrise: 6:41AM</i> |  | Durmukha 5118                           |
|                                    |              | Yama 1:12PM - 2:31PM  | Siddha Until 5:15PM          | <b>Muruga:</b> White <i>Sunset: 5:07PM</i>  |  | Moon 12 - Phase 37                      |
| Creative Work                      | Siddha Yoga  | 829761366 <b>Rahu</b> 9:18AM - 10:36AM  | Taitila Until 6:41PM         | <b>Nataraja:</b> Green                      |  | 4th Phase                               |
|                                    |              |   | <b>Navami* Until 7:51AM</b>  | Moon - White                                |  | <b>Devaloka Day</b>                     |
|                                    |              |   |                              | <b>Pausha-Markali</b>                       |  |   |

|                                  |                    |  |                                  |   |  |   |
|----------------------------------|--------------------|--|----------------------------------|---|--|---|
| <b>2 Sunday, January 8, 2017</b> |                    | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau |                                  |   |  | Kuwait City, Kuwait<br>Sun 24 Sutra 266 |
| Mesha Rasi: 24.17                | Tithi 11           | <b>Gulika</b> 2:31PM - 3:50PM  | <b>Bharani Until 9:55AM</b>      | <b>Ganesha:</b> Blue <i>Sunrise: 6:41AM</i> |  | Durmukha 5118                           |
|                                  |                    | Yama 11:55AM - 1:13PM  | Sadhya Until 1:52PM              | <b>Muruga:</b> White <i>Sunset: 5:08PM</i>  |  | Moon 12 - Phase 37                      |
| Routine Work                     | Prabalarishta Yoga | 829761366 <b>Rahu</b> 3:50PM - 5:08PM  | Vanija Until 4:01PM              | <b>Nataraja:</b> Green                      |  | 4th Phase                               |
| Until 9:55AM                     |                    |  | <b>Ekadashi Until 2:33AM Mon</b> | Moon - White                                |  | <b>Devaloka Day</b>                     |
| Then Creative Work - Siddha Yoga |                    | <b>Vaikuntha Ekadasi</b>   |                                  | <b>Pausha-Markali</b>                       |  |   |

|                                  |             |   |                               |   |  |   |
|----------------------------------|-------------|---|-------------------------------|---|--|---|
| <b>3 Monday, January 9, 2017</b> |             | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau |                               |   |  | Kuwait City, Kuwait<br>Sun 25 Sutra 267 |
| Vrishabha Rasi: 8.55             | Tithi 12    | <b>Gulika</b> 1:13PM - 2:32PM   | <b>Krittika Until 7:37AM</b>  | <b>Ganesha:</b> Blue <i>Sunrise: 6:41AM</i> |  | Durmukha 5118                           |
| <b>Family Home Evening</b>       |             | Yama 10:37AM - 11:55AM  | Subha Until 10:16AM           | <b>Muruga:</b> White <i>Sunset: 5:09PM</i>  |  | Moon 12 - Phase 37                      |
| Routine Work                     | Marana Yoga | 829761366 <b>Rahu</b> 8:00AM - 9:18AM   | Bava Until 1:04PM             | <b>Nataraja:</b> Green                      |  | 4th Phase                               |
| Until 7:37AM                     |             |   | <b>Dvadashi Until 11:31PM</b> | Moon - White                                |  | <b>Devaloka Day</b>                     |
| Then Creative Work - Amrita Yoga |             |   |                               | <b>Pausha-Markali</b>                       |  |   |

|                                    |             |  |                                    |  |  |   |
|------------------------------------|-------------|--|------------------------------------|--|--|---|
| <b>4 Tuesday, January 10, 2017</b> |             | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                    |  |  | Kuwait City, Kuwait<br>Sun 26 Sutra 268 |
| Vrishabha Rasi: 23.41              | Tithi 13    | <b>Gulika</b> 11:55AM - 1:14PM   | <b>Mrigashira Until 3:02AM Wed</b> | <b>Ganesha:</b> Clear <i>Sunrise: 6:41AM</i> |  | Durmukha 5118                           |
|                                    |             | Yama 9:18AM - 10:37AM  | Sukla Until 6:31AM                 | <b>Muruga:</b> White <i>Sunset: 5:10PM</i>   |  | Moon 12 - Phase 37                      |
| Creative Work                      | Siddha Yoga | 831761366 <b>Rahu</b> 2:33PM - 3:51PM  | Kaulava Until 9:59AM               | <b>Nataraja:</b> Green                       |  | 4th Phase                               |
|                                    |             |  | <b>Trayodashi Until 8:25PM</b>     | Moon - Yellow                                |  | <b>Bhuloka Day</b>                      |
|                                    |             |  | <i>Pradosha Vrata</i>              | <b>Pausha-Markali</b>                        |  | Devaloka Time: 9:AM to 12:PM            |

|                                      |               |  |                                  |  |  |   |
|--------------------------------------|---------------|--|----------------------------------|--|--|---|
| <b>5 Wednesday, January 11, 2017</b> |               | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau |                                  |  |  | Kuwait City, Kuwait<br>Sun 27 Sutra 269 |
| Mithuna Rasi: 8.29                   | Tithi 14 - 15 | <b>Gulika</b> 10:37AM - 11:56AM  | <b>Ardra Until 12:39AM Thu</b>   | <b>Ganesha:</b> Clear <i>Sunrise: 6:41AM</i> |  | Durmukha 5118                           |
|                                      |               | Yama 8:00AM - 9:19AM   | Indra Until 11:05PM              | <b>Muruga:</b> White <i>Sunset: 5:10PM</i>   |  | Moon 12 - Phase 37                      |
| Creative Work                        | Siddha Yoga   | 831761366 <b>Rahu</b> 11:56AM - 1:14PM   | Gara Until 6:54AM                | <b>Nataraja:</b> Green                       |  | 4th Phase                               |
| Until 12:39AM Thu                    |               |  | <b>Chaturdashi* Until 5:23PM</b> | Moon - Yellow                                |  | <b>Bhuloka Day</b>                      |
| Then Creative Work - Amrita Yoga     |               | <b>Ardra Darshanam</b>   |                                  | <b>Pausha-Markali</b>                        |  | Devaloka Time: 9:AM to 12:PM            |

|                                   |               |   |                                |  |  |                                  |
|-----------------------------------|---------------|---|--------------------------------|--|--|----------------------------------|
| <b>Thursday, January 12, 2017</b> |               | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                |  |  | Kuwait City, Kuwait<br>Sutra 270 |
| Mithuna Rasi: 23.1                | Tithi 15 - 16 | <b>Gulika</b> 9:19AM - 10:37AM  | <b>Punarvasu Until 10:49PM</b> | <b>Ganesha:</b> White <i>Sunrise: 6:41AM</i> |  | Durmukha 5118                    |
|                                   |               | Yama 6:41AM - 8:00AM  | Vaidhriti* Until 7:37PM        | <b>Muruga:</b> White <i>Sunset: 5:11PM</i>   |  | Moon 12 - Phase 37               |
| Creative Work                     | Amrita Yoga   | 841761366 <b>Rahu</b> 1:15PM - 2:34PM   | Balava Until 1:20AM Fri        | <b>Nataraja:</b> Green                       |  | Purnima                          |
|                                   |               |   | <b>Purnima* Until 2:35PM</b>   | Moon - Blue                                  |  | <b>Devaloka Day</b>              |
|                                   |               |   |                                | <b>Pausha-Markali</b>                        |  |                                  |

|                                 |               |  |                                |  |  |                                  |
|---------------------------------|---------------|--|--------------------------------|--|--|----------------------------------|
| <b>Friday, January 13, 2017</b> |               | Durmukha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                                |  |  | Kuwait City, Kuwait<br>Sutra 271 |
| Kataka Rasi: 7.37               | Tithi 16 - 17 | <b>Gulika</b> 8:00AM - 9:19AM  | <b>Pushya Until 9:18PM</b>     | <b>Ganesha:</b> White <i>Sunrise: 6:41AM</i> |  | Durmukha 5118                    |
|                                 |               | Yama 2:34PM - 3:53PM   | Vishkambha* Until 4:31PM       | <b>Muruga:</b> White <i>Sunset: 5:12PM</i>   |  | Moon 12 - Phase 37               |
| Routine Work                    | Marana Yoga   | 841761366 <b>Rahu</b> 10:38AM - 11:57AM  | Taitila Until 11:11PM          | <b>Nataraja:</b> Green                       |  | Prathama                         |
|                                 |               |  | <b>Prathama* Until 12:10PM</b> | Moon - Blue                                  |  | <b>Devaloka Day</b>              |
|                                 |               |  |                                | <b>Pausha-Markali</b>                        |  |                                  |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada



Saturday, January 14, 2017

Gold Retreat Star

Kataka Rasi: 21.44    Tihi 17 – 18

841761366

**Gulika** 6:41AM – 8:00AM  
**Yama** 1:16PM – 2:35PM  
**Rahu** 9:19AM – 10:38AM

Routine Work    Marana Yoga  
Until 8:14PM

Then Creative Work - Amrita Yoga

Thai Pongal

**Ashlesha\* Until 8:14PM**  
Priti Until 1:53PM  
Vanija Until 9:39PM  
**Dvitiya Until 10:18AM**

**Ganesha:** White    *Sunrise:* 6:41AM  
**Muruga:** White    *Sunset:* 5:13PM  
**Nataraja:** Green  
Moon – Blue  
**Pausha\*Thai**

**Devaloka Day**

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kuwait City, Kuwait  
Sun 2    Sutra 273  
Durmukha 5118

1

Sunday, January 15, 2017

Simha Rasi: 5.26    Tihi 18 – 19

851761366

**Gulika** 2:35PM – 3:55PM  
**Yama** 11:57AM – 1:16PM  
**Rahu** 3:55PM – 5:14PM

Routine Work    Marana Yoga  
Until 8:10PM

Then Creative Work - Siddha Yoga

**Magha\* Until 8:10PM**  
Ayushman Until 11:48AM  
Bava Until 8:51PM  
**Tritiya Until 9:08AM**

**Ganesha:** Yellow    *Sunrise:* 6:41AM  
**Muruga:** White    *Sunset:* 5:14PM  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

2

Monday, January 16, 2017

Simha Rasi: 18.43    Tihi 19 – 20

851761366

**Family Home Evening**  
Creative Work    Siddha Yoga

**Gulika** 1:17PM – 2:36PM  
**Yama** 10:39AM – 11:58AM  
**Rahu** 8:00AM – 9:19AM

**Purvaphalguni Until 8:45PM**  
Saubhagya Until 10:20AM  
Kaulava Until 8:52PM  
**Chaturthi\* Until 8:44AM**

**Ganesha:** Yellow    *Sunrise:* 6:41AM  
**Muruga:** White    *Sunset:* 5:14PM  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

3

Tuesday, January 17, 2017

Kanya Rasi: 1.34    Tihi 20 – 21

851761366

Creative Work    Amrita Yoga  
Until 9:57PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kuwait City, Kuwait  
Sun 4    Sutra 275  
Durmukha 5118

**Gulika** 11:58AM – 1:17PM  
**Yama** 9:19AM – 10:39AM  
**Rahu** 2:37PM – 3:56PM

**Uttaraphalguni Until 9:57PM**  
Sobhana Until 9:30AM  
Gara Until 9:41PM  
**Panchami Until 9:09AM**

**Ganesha:** Yellow    *Sunrise:* 6:41AM  
**Muruga:** White    *Sunset:* 5:15PM  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

4

Wednesday, January 18, 2017

Kanya Rasi: 14.04    Tihi 21 – 22

861761366

Routine Work    Marana Yoga  
Until 12:08AM Thu

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait  
Sun 5    Sutra 276  
Durmukha 5118

**Gulika** 10:39AM – 11:58AM  
**Yama** 8:00AM – 9:20AM  
**Rahu** 11:58AM – 1:18PM

**Hasta Until 12:08AM Thu**  
Athiganda\* Until 9:15AM  
Visti Until 11:13PM  
**Shashthi\* Until 10:21AM**

**Ganesha:** Blue    *Sunrise:* 6:41AM  
**Muruga:** White    *Sunset:* 5:16PM  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

5

Thursday, January 19, 2017

Retreat Star

Kanya Rasi: 26.17    Tihi 22 – 23

861761366

Creative Work    Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait  
Sun 6    Sutra 277  
Durmukha 5118

**Gulika** 9:20AM – 10:39AM  
**Yama** 6:41AM – 8:00AM  
**Rahu** 1:18PM – 2:38PM

**Chitra Until 2:42AM Fri**  
Sukarma Until 9:29AM  
Balava Until 1:18AM Fri  
**Saptami Until 12:11PM**

**Ganesha:** Blue    *Sunrise:* 6:41AM  
**Muruga:** White    *Sunset:* 5:17PM  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Friday, January 20, 2017

Retreat Star

Tula Rasi: 8.18    Tihi 23 – 24

861761366

Creative Work    Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait  
Sun 7    Sutra 278  
Durmukha 5118

**Gulika** 8:00AM – 9:20AM  
**Yama** 2:38PM – 3:58PM  
**Rahu** 10:39AM – 11:59AM

**Svati Until 5:24AM Sat**  
Dhriti Until 10:05AM  
Tailila Until 3:43AM Sat  
**Ashtami\* Until 2:28PM**

**Ganesha:** Blue    *Sunrise:* 6:40AM  
**Muruga:** White    *Sunset:* 5:18PM  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

|                  |  |                                   |  |           |  |   |  |                               |  |
|------------------|--|-----------------------------------|--|-----------|--|---|--|-------------------------------|--|
| <b>1</b>         |  | <b>Saturday, January 21, 2017</b> |  |           |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam |  | Kuwait City, Kuwait           |  |
| Tula Rasi: 20.12 |  | Tihti 24 – 25                     |  | 872761366 |  | Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau                 |  | Sun 8 Sutra 279               |  |
| Creative Work    |  | Siddha Yoga                       |  | 872761366 |  | Gulika 6:40AM – 8:00AM  |  | Vishakha Until 8:31AM Sun     |  |
| Until 8:31AM Sun |  | Then Routine Work - Marana Yoga   |  | 872761366 |  | Yama 1:19PM – 2:39PM  |  | Shula* Until 10:52AM          |  |
|                  |  |                                   |  | 872761366 |  | Rahu 9:20AM – 10:40AM   |  | Vanija Until 6:16AM Sun       |  |
|                  |  |                                   |  |           |  |   |  | Navami* Until 4:58PM          |  |
|                  |  |                                   |  |           |  |   |  | Ganesha: Blue Sunrise: 6:40AM |  |
|                  |  |                                   |  |           |  |   |  | Muruga: White Sunset: 5:18PM  |  |
|                  |  |                                   |  |           |  |   |  | Nataraja: Green               |  |
|                  |  |                                   |  |           |  |   |  | Moon – Orange                 |  |
|                  |  |                                   |  |           |  |   |  | Pausha*Thai                   |  |
|                  |  |                                   |  |           |  |   |  | Bhuloka Day                   |  |

|                      |  |                                 |  |           |  |   |  |                               |  |
|----------------------|--|---------------------------------|--|-----------|--|---|--|-------------------------------|--|
| <b>2</b>             |  | <b>Sunday, January 22, 2017</b> |  |           |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam |  | Kuwait City, Kuwait           |  |
| Vrischika Rasi: 2.04 |  | Tihti 25                        |  | 872761366 |  | Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau             |  | Sun 9 Sutra 280               |  |
| Routine Work         |  | Marana Yoga                     |  | 872761366 |  | Gulika 2:39PM – 3:59PM  |  | Vishakha Until 8:31AM         |  |
|                      |  |                                 |  | 872761366 |  | Yama 12:00PM – 1:20PM   |  | Ganda* Until 11:41AM          |  |
|                      |  |                                 |  | 872761366 |  | Rahu 3:59PM – 5:19PM  |  | Vanija Until 6:16AM           |  |
|                      |  |                                 |  |           |  |   |  | Dashami Until 7:29PM          |  |
|                      |  |                                 |  |           |  |   |  | Ganesha: Blue Sunrise: 6:40AM |  |
|                      |  |                                 |  |           |  |   |  | Muruga: White Sunset: 5:19PM  |  |
|                      |  |                                 |  |           |  |   |  | Nataraja: Green               |  |
|                      |  |                                 |  |           |  |   |  | Moon – Orange                 |  |
|                      |  |                                 |  |           |  |   |  | Pausha*Thai                   |  |
|                      |  |                                 |  |           |  |   |  | Bhuloka Day                   |  |

|                       |  |                                 |  |           |  |  |  |                              |  |
|-----------------------|--|---------------------------------|--|-----------|--|--|--|------------------------------|--|
| <b>3</b>              |  | <b>Monday, January 23, 2017</b> |  |           |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam |  | Kuwait City, Kuwait          |  |
| Vrischika Rasi: 13.59 |  | Tihti 26                        |  | 872861366 |  | Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau           |  | Sun 10 Sutra 281             |  |
| Family Home Evening   |  | Creative Work                   |  | 872861366 |  | Gulika 1:20PM – 2:40PM   |  | Anuradha Until 11:23AM       |  |
| Siddha Yoga           |  |                                 |  | 872861366 |  | Yama 10:40AM – 12:00PM   |  | Vriddhi Until 12:26PM        |  |
|                       |  |                                 |  | 872861366 |  | Rahu 8:00AM – 9:20AM   |  | Bava Until 8:42AM            |  |
|                       |  |                                 |  |           |  |  |  | Ekadashi* Until 9:49PM       |  |
|                       |  |                                 |  |           |  |  |  | Ganesha: Red Sunrise: 6:40AM |  |
|                       |  |                                 |  |           |  |  |  | Muruga: White Sunset: 5:20PM |  |
|                       |  |                                 |  |           |  |  |  | Nataraja: Green              |  |
|                       |  |                                 |  |           |  |  |  | Moon – Orange                |  |
|                       |  |                                 |  |           |  |  |  | Pausha*Thai                  |  |
|                       |  |                                 |  |           |  |  |  | Bhuloka Day                  |  |
|                       |  |                                 |  |           |  |  |  | Devaloka Time: 9:AM to12:PM  |  |

|                       |  |                                  |  |           |  |   |  |                               |  |
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| <b>4</b>              |  | <b>Tuesday, January 24, 2017</b> |  |           |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam |  | Kuwait City, Kuwait           |  |
| Vrischika Rasi: 25.58 |  | Tihti 27                         |  | 972861366 |  | Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau           |  | Sun 11 Sutra 282              |  |
| Routine Work          |  | Marana Yoga                      |  | 972861366 |  | Gulika 12:00PM – 1:20PM   |  | Jyeshtha* Until 1:49PM        |  |
| Until 1:49PM          |  | Then Creative Work - Amrita Yoga |  | 972861366 |  | Yama 9:20AM – 10:40AM   |  | Dhruva Until 12:57PM          |  |
|                       |  |                                  |  | 972861366 |  | Rahu 2:41PM – 4:01PM  |  | Kaulava Until 10:54AM         |  |
|                       |  |                                  |  |           |  |   |  | Dvadashi* Until 11:50PM       |  |
|                       |  |                                  |  |           |  |   |  | Ganesha: Blue Sunrise: 6:39AM |  |
|                       |  |                                  |  |           |  |   |  | Muruga: White Sunset: 5:21PM  |  |
|                       |  |                                  |  |           |  |   |  | Nataraja: Green               |  |
|                       |  |                                  |  |           |  |   |  | Moon – Orange                 |  |
|                       |  |                                  |  |           |  |   |  | Pausha*Thai                   |  |
|                       |  |                                  |  |           |  |   |  | Devaloka Day                  |  |

|                   |  |                                    |  |           |  |   |  |                              |  |
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| <b>5</b>          |  | <b>Wednesday, January 25, 2017</b> |  |           |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam |  | Kuwait City, Kuwait          |  |
| Dhanus Rasi: 8.07 |  | Tihti 28                           |  | 982861366 |  | Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau      |  | Sun 12 Sutra 283             |  |
| Routine Work      |  | Marana Yoga                        |  | 982861366 |  | Gulika 10:40AM – 12:00PM  |  | Mula* Until 4:12PM           |  |
| Until 4:12PM      |  | Then Creative Work - Amrita Yoga   |  | 982861366 |  | Yama 7:59AM – 9:20AM  |  | Vyaghata* Until 1:11PM       |  |
|                   |  |                                    |  | 982861366 |  | Rahu 12:00PM – 1:21PM   |  | Gara Until 12:42PM           |  |
|                   |  |                                    |  |           |  |   |  | Trayodashi* Until 1:25AM Thu |  |
|                   |  |                                    |  |           |  |   |  | Pradosha Vrata (Fasting)     |  |
|                   |  |                                    |  |           |  |   |  | Ganesha: Red Sunrise: 6:39AM |  |
|                   |  |                                    |  |           |  |   |  | Muruga: White Sunset: 5:22PM |  |
|                   |  |                                    |  |           |  |   |  | Nataraja: Green              |  |
|                   |  |                                    |  |           |  |   |  | Moon – Light Blue            |  |
|                   |  |                                    |  |           |  |   |  | Pausha*Thai                  |  |
|                   |  |                                    |  |           |  |   |  | Bhuloka Day                  |  |
|                   |  |                                    |  |           |  |   |  | Devaloka Time: 9:AM to12:PM  |  |

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| <b>6</b>           |  | <b>Thursday, January 26, 2017</b> |  |           |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam     |  | Kuwait City, Kuwait           |  |
| Dhanus Rasi: 20.25 |  | Tihti 29                          |  | 982861366 |  | Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |  | Sun 13 Sutra 284              |  |
| Creative Work      |  | Siddha Yoga                       |  | 982861366 |  | Gulika 9:20AM – 10:40AM  |  | Purvashadha* Until 5:59PM     |  |
| Until 5:59PM       |  | Then Routine Work - Marana Yoga   |  | 982861366 |  | Yama 6:39AM – 7:59AM   |  | Harshana Until 1:06PM         |  |
|                    |  |                                   |  | 982861366 |  | Rahu 1:21PM – 2:42PM   |  | Visti Until 2:03PM            |  |
|                    |  |                                   |  |           |  |  |  | Chaturdashi* Until 2:31AM Fri |  |
|                    |  |                                   |  |           |  |  |  | Ganesha: Red Sunrise: 6:39AM  |  |
|                    |  |                                   |  |           |  |  |  | Muruga: White Sunset: 5:23PM  |  |
|                    |  |                                   |  |           |  |  |  | Nataraja: Green               |  |
|                    |  |                                   |  |           |  |  |  | Moon – Light Blue             |  |
|                    |  |                                   |  |           |  |  |  | Pausha*Thai                   |  |
|                    |  |                                   |  |           |  |  |  | Bhuloka Day                   |  |
|                    |  |                                   |  |           |  |  |  | Devaloka Time: 9:AM to12:PM   |  |

|                   |  |                                 |  |           |  |   |  |                              |  |
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| <b>●</b>          |  | <b>Friday, January 27, 2017</b> |  |           |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam |  | Kuwait City, Kuwait          |  |
| Makara Rasi: 2.57 |  | Tihti 30                        |  | 982861366 |  | Uttarashadha Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau             |  | Sun 14 Sutra 285             |  |
| Routine Work      |  | Marana Yoga                     |  | 982861366 |  | Gulika 7:59AM – 9:20AM  |  | Uttarashadha Until 7:08PM    |  |
|                   |  |                                 |  | 982861366 |  | Yama 2:42PM – 4:03PM  |  | Vajra* Until 12:36PM         |  |
|                   |  |                                 |  | 982861366 |  | Rahu 10:40AM – 12:01PM  |  | Catuspada Until 2:54PM       |  |
|                   |  |                                 |  |           |  |   |  | Amavasya* Until 3:07AM Sat   |  |
|                   |  |                                 |  |           |  |   |  | Ganesha: Red Sunrise: 6:38AM |  |
|                   |  |                                 |  |           |  |   |  | Muruga: White Sunset: 5:23PM |  |
|                   |  |                                 |  |           |  |   |  | Nataraja: Green              |  |
|                   |  |                                 |  |           |  |   |  | Moon – Light Blue            |  |
|                   |  |                                 |  |           |  |   |  | Pausha*Thai                  |  |
|                   |  |                                 |  |           |  |   |  | Bhuloka Day                  |  |
|                   |  |                                 |  |           |  |   |  | Devaloka Time: 9:AM to12:PM  |  |

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| <b>●</b>           |  | <b>Saturday, January 28, 2017</b> |  |           |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam |  | Kuwait City, Kuwait             |  |
| Makara Rasi: 15.43 |  | Tihti 1                           |  | 992861366 |  | Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau            |  | Sun 15 Sutra 286                |  |
| Creative Work      |  | Siddha Yoga                       |  | 992861366 |  | Gulika 6:38AM – 7:59AM  |  | Shravana Until 8:07PM           |  |
|                    |  |                                   |  | 992861366 |  | Yama 1:22PM – 2:43PM  |  | Siddhi Until 11:44AM            |  |
|                    |  |                                   |  | 992861366 |  | Rahu 9:19AM – 10:40AM   |  | Kintughna Until 3:15PM          |  |
|                    |  |                                   |  |           |  |   |  | Prathama* Until 3:14AM Sun      |  |
|                    |  |                                   |  |           |  |   |  | Ganesha: Yellow Sunrise: 6:38AM |  |
|                    |  |                                   |  |           |  |   |  | Muruga: White Sunset: 5:24PM    |  |
|                    |  |                                   |  |           |  |   |  | Nataraja: Green                 |  |
|                    |  |                                   |  |           |  |   |  | Moon – Purple                   |  |
|                    |  |                                   |  |           |  |   |  | Magha*Thai                      |  |
|                    |  |                                   |  |           |  |   |  | Bhuloka Day                     |  |
|                    |  |                                   |  |           |  |   |  | Devaloka Time: 9:AM to12:PM     |  |

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|-----------------------------------|-------------|---|---------------------------------|--|------------------------------|---|
| <b>1 Sunday, January 29, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Vyatipata* /Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                 |  |                              | Kuwait City, Kuwait<br>Sun 16 Sutra 287 |
| Makara Rasi: 28.41                | Tithi 2     | <b>Gulika</b> 2:43PM – 4:04PM   | <b>Dhanishtha Until 8:31PM</b>  | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:37AM | Durmukha 5118                |   |
|                                   |             | Yama 12:01PM – 1:22PM   | Vyatipata* Until 10:31AM        | <b>Muruga:</b> White <i>Sunset:</i> 5:25PM   | Moon 1 - Phase 40            |   |
|                                   |             | 992861366 <b>Rahu</b> 4:04PM – 5:25PM   | Balava Until 3:08PM             | <b>Nataraja:</b> Green                       | 3rd Phase                    |   |
| Routine Work                      | Marana Yoga |   | <b>Dvitiya Until 2:54AM Mon</b> | Moon – Purple                                | <b>Bhuloka Day</b>           |   |
| Until 8:31PM                      |             |   |                                 | <b>Magha-Thai</b>                            | Devaloka Time: 9:AM to 12:PM |   |
| Then Creative Work - Siddha Yoga  |             |   |                                 |  |                              |   |

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| <b>2 Monday, January 30, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau |                                  |  |                              | Kuwait City, Kuwait<br>Sun 17 Sutra 288 |
| Kumbha Rasi: 11.54                | Tithi 3     | <b>Gulika</b> 1:23PM – 2:44PM   | <b>Shatabhishak Until 8:22PM</b> | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:37AM | Durmukha 5118                |   |
| <b>Family Home Evening</b>        |             | Yama 10:40AM – 12:01PM  | Variyan Until 8:57AM             | <b>Muruga:</b> White <i>Sunset:</i> 5:26PM   | Moon 1 - Phase 40            |   |
| Creative Work                     | Siddha Yoga | 992861366 <b>Rahu</b> 7:58AM – 9:19AM   | Tailila Until 2:36PM             | <b>Nataraja:</b> Green                       | 3rd Phase                    |   |
| Until 8:22PM                      |             |   | <b>Tritiya Until 2:11AM Tue</b>  | Moon – Purple                                | <b>Bhuloka Day</b>           |   |
| Then Routine Work - Marana Yoga   |             |   |                                  | <b>Magha-Thai</b>                            | Devaloka Time: 9:AM to 12:PM |   |

|                                    |             |   |                                       |   |                     |   |
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| <b>3 Tuesday, January 31, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau |                                       |   |                     | Kuwait City, Kuwait<br>Sun 18 Sutra 289 |
| Kumbha Rasi: 25.19                 | Tithi 4     | <b>Gulika</b> 12:02PM – 1:23PM  | <b>Purvaproshtapada* Until 8:10PM</b> | <b>Ganesh:</b> White <i>Sunrise:</i> 6:36AM | Durmukha 5118       |   |
|                                    |             | Yama 9:19AM – 10:40AM   | Parigha* Until 7:06AM                 | <b>Muruga:</b> White <i>Sunset:</i> 5:27PM  | Moon 1 - Phase 40   |   |
|                                    |             | 912861366 <b>Rahu</b> 2:44PM – 4:05PM   | Vanija Until 1:43PM                   | <b>Nataraja:</b> Green                      | 3rd Phase           |   |
| Routine Work                       | Marana Yoga |   | <b>Chaturthi* Until 1:08AM Wed</b>    | Moon – Clear                                | <b>Devaloka Day</b> |   |
| Until 8:10PM                       |             |   |                                       | <b>Magha-Thai</b>                           |                     |   |
| Then Creative Work - Amrita Yoga   |             |   |                                       |   |                     |   |

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| <b>4 Wednesday, February 1, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau |                                       |   |                     | Kuwait City, Kuwait<br>Sun 19 Sutra 290 |
| Meena Rasi: 8.55                     | Tithi 5     | <b>Gulika</b> 10:40AM – 12:02PM  | <b>Uttaraproshtapada Until 7:32PM</b> | <b>Ganesh:</b> White <i>Sunrise:</i> 6:36AM | Durmukha 5118       |   |
|                                      |             | Yama 7:58AM – 9:19AM   | Siddha Until 2:40AM Thu               | <b>Muruga:</b> White <i>Sunset:</i> 5:27PM  | Moon 1 - Phase 40   |   |
|                                      |             | 912861366 <b>Rahu</b> 12:02PM – 1:23PM   | Bava Until 12:30PM                    | <b>Nataraja:</b> Green                      | 3rd Phase           |   |
| Creative Work                        | Siddha Yoga |  | <b>Panchami Until 11:46PM</b>         | Moon – Clear                                | <b>Devaloka Day</b> |   |
| Until 7:32PM                         |             |  |                                       | <b>Magha-Thai</b>                           |                     |   |
| Then Routine Work - Marana Yoga      |             |  |                                       |   |                     |   |

|                                     |             |  |                                |   |                     |   |
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| <b>5 Thursday, February 2, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau |                                |   |                     | Kuwait City, Kuwait<br>Sun 20 Sutra 291 |
| Meena Rasi: 22.41                   | Tithi 6     | <b>Gulika</b> 9:19AM – 10:40AM   | <b>Revati Until 6:29PM</b>     | <b>Ganesh:</b> White <i>Sunrise:</i> 6:36AM | Durmukha 5118       |   |
|                                     |             | Yama 6:36AM – 7:57AM   | Sadhya Until 12:08AM Fri       | <b>Muruga:</b> White <i>Sunset:</i> 5:27PM  | Moon 1 - Phase 40   |   |
|                                     |             | 912861366 <b>Rahu</b> 1:23PM – 2:45PM  | Kaulava Until 11:01AM          | <b>Nataraja:</b> Green                      | 3rd Phase           |   |
| Creative Work                       | Siddha Yoga |  | <b>Shashthi* Until 10:10PM</b> | Moon – Clear                                | <b>Devaloka Day</b> |   |
| Until 6:29PM                        |             |  |                                | <b>Magha-Thai</b>                           |                     |   |
| Then Creative Work - Amrita Yoga    |             |  |                                |   |                     |   |

|                                   |             |  |                             |   |                    |   |
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| <b>6 Friday, February 3, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau |                             |   |                    | Kuwait City, Kuwait<br>Sun 21 Sutra 292 |
| Mesha Rasi: 6.37                  | Tithi 7     | <b>Gulika</b> 7:57AM – 9:19AM  | <b>Ashvini Until 5:29PM</b> | <b>Ganesh:</b> White <i>Sunrise:</i> 6:35AM | Durmukha 5118      |   |
|                                   |             | Yama 2:45PM – 4:07PM   | Subha Until 9:25PM          | <b>Muruga:</b> White <i>Sunset:</i> 5:28PM  | Moon 1 - Phase 40  |   |
|                                   |             | 923861367 <b>Rahu</b> 10:40AM – 12:02PM  | Gara Until 9:17AM           | <b>Nataraja:</b> White                      | 3rd Phase          |   |
| Creative Work                     | Amrita Yoga |  | <b>Saptami Until 8:19PM</b> | Moon – White                                | <b>Bhuloka Day</b> |   |
| Until 5:29PM                      |             |  |                             | <b>Magha-Thai</b>                           |                    |   |
| Then Creative Work - Siddha Yoga  |             |  |                             |   |                    |   |

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| <b>Retreat Star</b>              |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau |                              |   |                    | Kuwait City, Kuwait<br>Sun 22 Sutra 293 |
| Mesha Rasi: 20.4                 | Tithi 8     | <b>Gulika</b> 6:35AM – 7:57AM   | <b>Bharani Until 4:09PM</b>  | <b>Ganesh:</b> White <i>Sunrise:</i> 6:35AM | Durmukha 5118      |   |
|                                  |             | Yama 1:24PM – 2:46PM  | Sukla Until 6:32PM           | <b>Muruga:</b> White <i>Sunset:</i> 5:29PM  | Moon 1 - Phase 40  |   |
|                                  |             | 923861367 <b>Rahu</b> 9:18AM – 10:40AM  | Visti Until 7:20AM           | <b>Nataraja:</b> White                      | Ashtami            |   |
| Creative Work                    | Siddha Yoga |   | <b>Ashtami* Until 6:16PM</b> | Moon – White                                | <b>Bhuloka Day</b> |   |
| Until 4:09PM                     |             |   |                              | <b>Magha-Thai</b>                           |                    |   |
| Then Creative Work - Amrita Yoga |             |   |                              |   |                    |   |

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| <b>Retreat Star</b>  |              | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau |                              |   |                    | Kuwait City, Kuwait<br>Sun 23 Sutra 294 |
| Vrishabha Rasi: 4.51 | Tithi 9 – 10 | <b>Gulika</b> 2:46PM – 4:08PM  | <b>Krittika Until 2:31PM</b> | <b>Ganesh:</b> White <i>Sunrise:</i> 6:34AM | Durmukha 5118      |   |
|                      |              | Yama 12:02PM – 1:24PM  | Brahma Until 3:32PM          | <b>Muruga:</b> White <i>Sunset:</i> 5:30PM  | Moon 1 - Phase 40  |   |
|                      |              | 923861367 <b>Rahu</b> 4:08PM – 5:30PM  | Tailila Until 2:56AM Mon     | <b>Nataraja:</b> White                      | Navami             |   |
| Creative Work        | Siddha Yoga  |  | <b>Navami* Until 4:04PM</b>  | Moon – White                                | <b>Bhuloka Day</b> |   |
|                      |              |  |                              | <b>Magha-Thai</b>                           |                    |   |


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| <b>1</b>                   |  | <b>Monday, February 6, 2017</b> |  |   |                   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Kuwait City, Kuwait    |                             |
| Vrishabha Rasi: 19.08      |  | Tithi 10 – 11                   |  | Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau |                   | Sun 24   |                        | Sutra 295              |                             |
| <b>Family Home Evening</b> |  | 933861367                       |  | <b>Gulika</b>   | 1:24PM – 2:46PM   | <b>Rohini Until 1:02PM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:34AM | Durmukha 5118               |
| Creative Work              |  | Amrita Yoga                     |  | <b>Yama</b>   | 10:40AM – 12:02PM | Indra Until 12:26PM  | <b>Muruga:</b> White   | <i>Sunset:</i> 5:31PM  | Moon 1 - Phase 41           |
|                            |  |                                 |  | <b>Rahu</b>   | 7:56AM – 9:18AM   | Vanija Until 12:35AM Tue   | <b>Nataraja:</b> White |                        | 4th Phase                   |
|                            |  |                                 |  |   |                   | <b>Dashami Until 1:44PM</b>  | Moon – Yellow          |                        |                             |
|                            |  |                                 |  |   |                   |  | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b>          |
|                            |  |                                 |  |   |                   |  |                        |                        | Devaloka Time: 6:AM to 9:AM |

|                                 |  |                                  |  |   |                  |   |                        |                        |                             |
|---------------------------------|--|----------------------------------|--|---|------------------|---|------------------------|------------------------|-----------------------------|
| <b>2</b>                        |  | <b>Tuesday, February 7, 2017</b> |  |   |                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam |                        | Kuwait City, Kuwait    |                             |
| Mithuna Rasi: 3.27              |  | Tithi 11 – 12                    |  | Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                  | Sun 25  |                        | Sutra 296              |                             |
| Creative Work                   |  | Siddha Yoga                      |  | <b>Gulika</b>   | 12:02PM – 1:25PM | <b>Mrigashira Until 11:23AM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:33AM | Durmukha 5118               |
| Until 11:23AM                   |  |                                  |  | <b>Yama</b>   | 9:18AM – 10:40AM | Vaidhriti* Until 9:18AM   | <b>Muruga:</b> White   | <i>Sunset:</i> 5:31PM  | Moon 1 - Phase 41           |
| Then Routine Work - Marana Yoga |  |                                  |  | <b>Rahu</b>   | 2:47PM – 4:09PM  | Bava Until 10:14PM  | <b>Nataraja:</b> White |                        | 4th Phase                   |
|                                 |  |                                  |  |   |                  | <b>Ekadashi Until 11:23AM</b>   | Moon – Yellow          |                        |                             |
|                                 |  |                                  |  |   |                  |   | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b>          |
|                                 |  |                                  |  |   |                  |   |                        |                        | Devaloka Time: 6:AM to 9:AM |

|                     |  |                                    |  |  |                   |   |                        |                        |                             |
|---------------------|--|------------------------------------|--|--|-------------------|---|------------------------|------------------------|-----------------------------|
| <b>3</b>            |  | <b>Wednesday, February 8, 2017</b> |  |  |                   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Kuwait City, Kuwait    |                             |
| Mithuna Rasi: 17.45 |  | Tithi 12 – 13                      |  | Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                   | Sun 26  |                        | Sutra 297              |                             |
| Creative Work       |  | Siddha Yoga                        |  | <b>Gulika</b>  | 10:40AM – 12:02PM | <b>Ardra Until 9:38AM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:32AM | Durmukha 5118               |
|                     |  |                                    |  | <b>Yama</b>  | 7:55AM – 9:17AM   | Vishkambha* Until 6:11AM  | <b>Muruga:</b> White   | <i>Sunset:</i> 5:32PM  | Moon 1 - Phase 41           |
|                     |  |                                    |  | <b>Rahu</b>  | 12:02PM – 1:25PM  | Kaulava Until 7:59PM  | <b>Nataraja:</b> White |                        | 4th Phase                   |
|                     |  |                                    |  |  |                   | <b>Dvadashi Until 9:04AM</b>  | Moon – Yellow          |                        |                             |
|                     |  |                                    |  |  |                   |   | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b>          |
|                     |  |                                    |  |  |                   |   |                        |                        | Devaloka Time: 6:AM to 9:AM |

*Pradosha Vrata*

|                   |  |                                   |  |   |                  |  |                        |                        |                    |
|-------------------|--|-----------------------------------|--|---|------------------|--|------------------------|------------------------|--------------------|
| <b>4</b>          |  | <b>Thursday, February 9, 2017</b> |  |   |                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam |                        | Kuwait City, Kuwait    |                    |
| Kataka Rasi: 1.58 |  | Tithi 13 – 14                     |  | Punarvasu/Pushya Nakshatra Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau |                  | Sun 27   |                        | Sutra 298              |                    |
| Creative Work     |  | Amrita Yoga                       |  | <b>Gulika</b>   | 9:17AM – 10:40AM | <b>Punarvasu Until 8:19AM</b>  | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:32AM | Durmukha 5118      |
|                   |  |                                   |  | <b>Yama</b>   | 6:32AM – 7:54AM  | Ayushman Until 12:25AM Fri   | <b>Muruga:</b> White   | <i>Sunset:</i> 5:33PM  | Moon 1 - Phase 41  |
|                   |  |                                   |  | <b>Rahu</b>   | 1:25PM – 2:48PM  | Vanija Until 5:01AM Fri  | <b>Nataraja:</b> White |                        | 4th Phase          |
|                   |  |                                   |  |   |                  | <b>Trayodashi Until 6:54AM</b>   | Moon – Blue            |                        |                    |
|                   |  |                                   |  |   |                  |  | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b> |
|                   |  |                                   |  |   |                  |  |                        |                        |                    |

|   |  |                                  |  |   |                   |   |                        |                        |                    |
|---|--|----------------------------------|--|---|-------------------|---|------------------------|------------------------|--------------------|
|  |  | <b>Friday, February 10, 2017</b> |  |   |                   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam |                        | Kuwait City, Kuwait    |                    |
| <b>Copper Retreat Star</b>  |  |                                  |  | Pushya/Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau |                   | Sun 29  |                        | Sutra 299              |                    |
| Kataka Rasi: 15.59  |  | Tithi 15                         |  | <b>Gulika</b>   | 7:54AM – 9:17AM   | <b>Pushya Until 7:08AM</b>  | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:31AM | Durmukha 5118      |
| Routine Work  |  | Marana Yoga                      |  | <b>Yama</b>   | 2:48PM – 4:11PM   | Saubhagya Until 9:55PM  | <b>Muruga:</b> White   | <i>Sunset:</i> 5:34PM  | Moon 1 - Phase 41  |
|   |  |                                  |  | <b>Rahu</b>   | 10:40AM – 12:02PM | Visti Until 4:14PM  | <b>Nataraja:</b> White |                        | Purnima            |
|   |  |                                  |  |   |                   | <b>Purnima* Until 3:31AM Sat</b>  | Moon – Blue            |                        |                    |
|   |  |                                  |  |   |                   |   | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b> |

|                                  |  |                                    |  |   |                  |   |                        |                        |                    |
|----------------------------------|--|------------------------------------|--|---|------------------|---|------------------------|------------------------|--------------------|
| <b>5</b>                         |  | <b>Saturday, February 11, 2017</b> |  |   |                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam |                        | Kuwait City, Kuwait    |                    |
| <b>Silver Retreat Star</b>       |  |                                    |  | Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau |                  | Sun 30  |                        | Sutra 300              |                    |
| Kataka Rasi: 29.47               |  | Tithi 16                           |  | <b>Gulika</b>   | 6:30AM – 7:53AM  | <b>Ashlesha* Until 6:13AM</b>   | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:30AM | Durmukha 5118      |
| Routine Work                     |  | Marana Yoga                        |  | <b>Yama</b>   | 1:25PM – 2:48PM  | Sobhana Until 7:50PM  | <b>Muruga:</b> White   | <i>Sunset:</i> 5:35PM  | Moon 1 - Phase 41  |
| Until 6:13AM                     |  |                                    |  | <b>Rahu</b>   | 9:16AM – 10:39AM | Balava Until 2:59PM   | <b>Nataraja:</b> White |                        | Prathama           |
| Then Creative Work - Amrita Yoga |  |                                    |  |   |                  | <b>Prathama* Until 2:32AM Sun</b>   | Moon – Blue            |                        |                    |
|                                  |  |                                    |  |   |                  |   | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b> |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

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Sunday, February 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Kuwait City, Kuwait  
Sutra 301

Simha Rasi: 13.16      Tithi 17

**Gulika** 2:49PM – 4:12PM  
**Yama** 12:02PM – 1:26PM  
**Rahu** 4:12PM – 5:35PM

**Magha\* Until 6:06AM**  
Athiganda\* Until 6:10PM  
Tailila Until 2:17PM  
Dvitiya Until 2:09AM Mon

**Ganesha:** Clear      *Sunrise:* 6:30AM  
**Muruga:** White      *Sunset:* 5:35PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

*Sunrise:* 6:30AM  
*Sunset:* 5:35PM

Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work      Marana Yoga  
Until 6:06AM

Then Creative Work - Siddha Yoga

1

Monday, February 13, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kuwait City, Kuwait  
Sun 1      Sutra 302

Simha Rasi: 26.25      Tithi 18

**Gulika** 1:26PM – 2:49PM  
**Yama** 10:39AM – 12:02PM  
**Rahu** 7:52AM – 9:16AM

**Purvaphalguni Until 6:26AM**  
Sukarma Until 5:01PM  
Vanija Until 2:14PM  
Tritiya Until 2:26AM Tue

**Ganesha:** Clear      *Sunrise:* 6:29AM  
**Muruga:** White      *Sunset:* 5:36PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

*Sunrise:* 6:29AM  
*Sunset:* 5:36PM

Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

**Family Home Evening**  
Creative Work      Siddha Yoga

Then Creative Work - Siddha Yoga

2

Tuesday, February 14, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

Kuwait City, Kuwait  
Sun 2      Sutra 303

Kanya Rasi: 9.14      Tithi 19

**Gulika** 12:02PM – 1:26PM  
**Yama** 9:15AM – 10:39AM  
**Rahu** 2:50PM – 4:13PM

**Uttaraphalguni Until 7:15AM**  
Dhriti Until 4:24PM  
Bava Until 2:51PM  
Chaturthi\* Until 3:23AM Wed

**Ganesha:** Clear      *Sunrise:* 6:28AM  
**Muruga:** White      *Sunset:* 5:37PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

*Sunrise:* 6:28AM  
*Sunset:* 5:37PM

Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work      Amrita Yoga  
Until 7:15AM

Then Creative Work - Siddha Yoga

3

Wednesday, February 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Kaulava/Tailila Karana Panchamyam Titau

Kuwait City, Kuwait  
Sun 3      Sutra 304

Kanya Rasi: 21.46      Tithi 20

**Gulika** 10:39AM – 12:02PM  
**Yama** 7:51AM – 9:15AM  
**Rahu** 12:02PM – 1:26PM

**Hasta Until 9:01AM**  
Shula\* Until 4:15PM  
Kaulava Until 4:06PM  
Panchami Until 4:56AM Thu

**Ganesha:** White      *Sunrise:* 6:27AM  
**Muruga:** White      *Sunset:* 5:38PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

*Sunrise:* 6:27AM  
*Sunset:* 5:38PM

Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**

Routine Work      Marana Yoga  
Until 9:01AM

Then Creative Work - Siddha Yoga

4

Thursday, February 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\*/Vridhi Yoga Gara/Vanija Karana Shashthyam Titau

Kuwait City, Kuwait  
Sun 4      Sutra 305

Tula Rasi: 4.02      Tithi 21

**Gulika** 9:14AM – 10:38AM  
**Yama** 6:27AM – 7:50AM  
**Rahu** 1:26PM – 2:50PM

**Chitra Until 11:12AM**  
Ganda\* Until 4:31PM  
Gara Until 5:55PM  
Shashthi\* Until 6:58AM Fri

**Ganesha:** Yellow      *Sunrise:* 6:27AM  
**Muruga:** White      *Sunset:* 5:38PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

*Sunrise:* 6:27AM  
*Sunset:* 5:38PM

Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work      Siddha Yoga  
Until 11:12AM

Then Creative Work - Amrita Yoga

5

Friday, February 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kuwait City, Kuwait  
Sun 5      Sutra 306

Tula Rasi: 16.06      Tithi 21 – 22

**Gulika** 7:50AM – 9:14AM  
**Yama** 2:51PM – 4:15PM  
**Rahu** 10:38AM – 12:02PM

**Svati Until 1:37PM**  
Vridhi Until 5:07PM  
Visti Until 8:08PM  
Shashthi\* Until 6:58AM

**Ganesha:** White      *Sunrise:* 6:26AM  
**Muruga:** White      *Sunset:* 5:39PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

*Sunrise:* 6:26AM  
*Sunset:* 5:39PM

Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**

Creative Work      Siddha Yoga

D

Saturday, February 18, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kuwait City, Kuwait  
Sun 6      Sutra 307

Tula Rasi: 28.03      Tithi 22 – 23

**Gulika** 6:25AM – 7:49AM  
**Yama** 1:27PM – 2:51PM  
**Rahu** 9:14AM – 10:38AM

**Vishakha Until 4:38PM**  
Dhruva Until 5:52PM  
Balava Until 10:33PM  
Saptami Until 9:18AM

**Ganesha:** Yellow      *Sunrise:* 6:25AM  
**Muruga:** Yellow      *Sunset:* 5:40PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

*Sunrise:* 6:25AM  
*Sunset:* 5:40PM

Durmukha 5118  
Moon 2 - Phase 42  
Ashtami

**Devaloka Day**

Creative Work      Siddha Yoga

Sunday, February 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait  
Sun 7      Sutra 308

Vrischika Rasi: 9.56      Tithi 23 – 24

**Gulika** 2:51PM – 4:16PM  
**Yama** 12:02PM – 1:27PM  
**Rahu** 4:16PM – 5:40PM

**Anuradha Until 7:32PM**  
Vyaghata\* Until 6:40PM  
Tailila Until 12:59AM Mon  
Ashtami\* Until 11:46AM

**Ganesha:** Yellow      *Sunrise:* 6:24AM  
**Muruga:** Yellow      *Sunset:* 5:40PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

*Sunrise:* 6:24AM  
*Sunset:* 5:40PM

Durmukha 5118  
Moon 2 - Phase 42  
Navami

**Devaloka Day**

Routine Work      Marana Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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|          |                                       |   |  |
|----------|---------------------------------------|---|--|
| <b>1</b> | <b>Monday, February 20, 2017</b>      | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau | Kuwait City, Kuwait<br>Sun 8 Sutra 309   |
|          | Vrischika Rasi: 21.52    Tihi 24 – 25 | <b>Gulika</b> 1:27PM – 2:52PM<br><b>Yama</b> 10:37AM – 12:02PM<br><b>Rahu</b> 7:48AM – 9:13AM   | <b>Jyeshtha* Until 10:07PM</b><br>Harshana Until 7:22PM<br>Vanija Until 3:14AM Tue<br>Navami* Until 2:07PM |
|          | <b>Family Home Evening</b> 984971367  | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:23AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 5:41PM<br><b>Nataraja:</b> White<br>Moon – Orange  | <b>Devaloka Day</b>  |
|          | Creative Work    Siddha Yoga          |   |  |


|          |                                      |  |  |
|----------|--------------------------------------|--|--|
| <b>2</b> | <b>Tuesday, February 21, 2017</b>    | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | Kuwait City, Kuwait<br>Sun 9 Sutra 310   |
|          | Dhanus Rasi: 3.52    Tihi 25 – 26    | <b>Gulika</b> 12:02PM – 1:27PM<br><b>Yama</b> 9:12AM – 10:37AM<br><b>Rahu</b> 2:52PM – 4:17PM  | <b>Mula* Until 12:42AM Wed</b><br>Vajra* Until 7:48PM<br>Bava Until 5:05AM Wed<br>Dashami Until 4:12PM |
|          | <b>Family Home Evening</b> 984971367 | <b>Ganesh:</b> Blue <i>Sunrise:</i> 6:22AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 5:42PM<br><b>Nataraja:</b> White<br>Moon – Light Blue                                     | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM   |
|          | Creative Work    Amrita Yoga         |  |  |


|          |   |   |   |
|----------|---|---|---|
| <b>3</b> | <b>Wednesday, February 22, 2017</b>   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Kuwait City, Kuwait<br>Sun 10 Sutra 311   |
|          | Dhanus Rasi: 16.01    Tihi 26 – 27  | <b>Gulika</b> 10:37AM – 12:02PM<br><b>Yama</b> 7:46AM – 9:12AM<br><b>Rahu</b> 12:02PM – 1:27PM  | <b>Purvashadha* Until 2:38AM Thu</b><br>Siddhi Until 7:52PM<br>Kaulava Until 6:24AM Thu<br>Ekadashi* Until 5:48PM |
|          | <b>Family Home Evening</b> 984971367  | <b>Ganesh:</b> Blue <i>Sunrise:</i> 6:21AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 5:42PM<br><b>Nataraja:</b> White<br>Moon – Light Blue  | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM  |
|          | Creative Work    Amrita Yoga<br>Until 2:38AM Thu<br>Then Routine Work - Marana Yoga |   |   |

|          |                                      |  |   |
|----------|--------------------------------------|--|---|
| <b>4</b> | <b>Thursday, February 23, 2017</b>   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Dvadashyam Titau | Kuwait City, Kuwait<br>Sun 11 Sutra 312   |
|          | Dhanus Rasi: 28.25    Tihi 27        | <b>Gulika</b> 9:11AM – 10:36AM<br><b>Yama</b> 6:20AM – 7:46AM<br><b>Rahu</b> 1:27PM – 2:52PM   | <b>Uttarashadha Until 3:49AM Fri</b><br>Vyatipata* Until 7:31PM<br>Kaulava Until 6:24AM<br>Dvadashi* Until 6:48PM |
|          | <b>Family Home Evening</b> 984971367 | <b>Ganesh:</b> Blue <i>Sunrise:</i> 6:20AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 5:43PM<br><b>Nataraja:</b> White<br>Moon – Light Blue   | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM  |
|          | Routine Work    Marana Yoga          |  |   |

|          |   |   |   |
|----------|---|---|---|
| <b>5</b> | <b>Friday, February 24, 2017</b>  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau | Kuwait City, Kuwait<br>Sun 12 Sutra 313   |
|          | Makara Rasi: 11.04    Tihi 28   | <b>Gulika</b> 7:45AM – 9:11AM<br><b>Yama</b> 2:53PM – 4:18PM<br><b>Rahu</b> 10:36AM – 12:02PM   | <b>Shravana Until 4:41AM Sat</b><br>Varyan Until 6:38PM<br>Gara Until 7:05AM<br>Trayodashi* Until 7:10PM<br><i>Pradosha Vrata (Fasting)</i> |
|          | <b>Family Home Evening</b> 994971367  | <b>Ganesh:</b> Blue <i>Sunrise:</i> 6:20AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 5:44PM<br><b>Nataraja:</b> White<br>Moon – Purple                                    | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM  |
|          | Routine Work    Marana Yoga<br>Until 4:41AM Sat<br>Then Creative Work - Siddha Yoga | <b>Mahasivaratri (Lunar)</b><br><b>Mahasivaratri (Solar)</b>  |   |

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| <b>6</b> | <b>Saturday, February 25, 2017</b>   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | Kuwait City, Kuwait<br>Sun 13 Sutra 314  |
|          | Makara Rasi: 24.02    Tihi 29        | <b>Gulika</b> 6:19AM – 7:44AM<br><b>Yama</b> 1:27PM – 2:53PM<br><b>Rahu</b> 9:10AM – 10:36AM  | <b>Dhanishtha Until 4:46AM Sun</b><br>Parigha* Until 5:15PM<br>Visti Until 7:07AM<br>Chaturdashi* Until 6:53PM |
|          | <b>Family Home Evening</b> 994971367 | <b>Ganesh:</b> Blue <i>Sunrise:</i> 6:19AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 5:44PM<br><b>Nataraja:</b> White<br>Moon – Purple  | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM   |
|          | Creative Work    Siddha Yoga         |   |  |

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|  | <b>Sunday, February 26, 2017</b>  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau | Kuwait City, Kuwait<br>Sun 14 Sutra 315  |
|   | <b>Retreat Star</b>   | <b>Gulika</b> 2:53PM – 4:19PM<br><b>Yama</b> 12:01PM – 1:27PM<br><b>Rahu</b> 4:19PM – 5:45PM  | <b>Shatabhishak Until 4:09AM Mon</b><br>Shiva Until 3:25PM<br>Catuspada Until 6:31AM<br>Amavasya* Until 5:59PM |
|   | <b>Family Home Evening</b> 994971367  | <b>Ganesh:</b> Blue <i>Sunrise:</i> 6:18AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 5:45PM<br><b>Nataraja:</b> White<br>Moon – Purple  | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM   |
|   | Creative Work    Siddha Yoga<br>Until 4:09AM Mon<br>Then Routine Work - Marana Yoga | <b>Annular Solar Eclipse</b>  |  |

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|  | <b>Monday, February 27, 2017</b>  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Siddha/Sadha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Kuwait City, Kuwait<br>Sun 15 Sutra 316   |
|   | <b>Retreat Star</b>   | <b>Gulika</b> 1:27PM – 2:54PM<br><b>Yama</b> 10:35AM – 12:01PM<br><b>Rahu</b> 7:43AM – 9:09AM  | <b>Purvaproshtapada* Until 3:23AM Tue</b><br>Siddha Until 1:09PM<br>Balava Until 3:45AM Tue<br>Prathama* Until 4:35PM |
|   | <b>Family Home Evening</b> 914971367  | <b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:17AM<br><b>Muruga:</b> Yellow <i>Sunset:</i> 5:46PM<br><b>Nataraja:</b> White<br>Moon – Clear  | <b>Devaloka Day</b>   |
|   | Routine Work    Marana Yoga<br>Until 3:23AM Tue<br>Then Creative Work - Amrita Yoga | <b>Phalguna-Masi</b>   |   |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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| <b>1</b>   | <b>Tuesday, February 28, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |   |   |  | Kuwait City, Kuwait<br>Sun 16 Sutra 317         |   |
|  | Meena Rasi: 4.5                   | Tithi 2 – 3 | <b>Gulika</b><br>Yama<br>914971367 <b>Rahu</b>   | 12:01PM – 1:27PM<br>9:08AM – 10:35AM<br>2:54PM – 4:20PM | <b>Uttaraproshtapada Until 2:09AM Wed</b><br>Sadhya Until 10:34AM<br>Taitila Until 1:48AM Wed<br>Dvitiya Until 2:48PM | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Phalguna-Masi</b> | <i>Sunrise:</i> 6:16AM<br><i>Sunset:</i> 5:46PM | Durmukha 5118<br>Moon 2 - Phase 44<br>3rd Phase |
| Creative Work Amrita Yoga<br>Until 2:09AM Wed<br>Then Routine Work - Marana Yoga |                                   |             | <b>Devaloka Day</b>  |   |   |  |   |   |

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| <b>2</b>  | <b>Wednesday, March 1, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau |  |  |  | Kuwait City, Kuwait<br>Sun 17 Sutra 318         |   |
|   | Meena Rasi: 18.56               | Tithi 3 – 4 | <b>Gulika</b><br>Yama<br>914971367 <b>Rahu</b>  | 10:34AM – 12:01PM<br>7:40AM – 9:07AM<br>12:01PM – 1:27PM | <b>Revati Until 12:32AM Thu</b><br>Subha Until 7:45AM<br>Vanija Until 11:38PM<br>Tritiya Until 12:43PM | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Phalguna-Masi</b> | <i>Sunrise:</i> 6:14AM<br><i>Sunset:</i> 5:48PM | Durmukha 5118<br>Moon 2 - Phase 44<br>3rd Phase |
| Routine Work Marana Yoga<br>Until 12:32AM Thu<br>Then Creative Work - Amrita Yoga |                                 |             | <b>Devaloka Day</b>   |  |  |  |   |   |
|   |                                 |             | <b>Subramuniyaswami Siva Vision Day</b>   |  |  |  |   |   |

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| <b>3</b>   | <b>Thursday, March 2, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturchi/Panchamyam Titau |  |  |  | Kuwait City, Kuwait<br>Sun 18 Sutra 319         |   |
|  | Mesha Rasi: 3.09               | Tithi 4 – 5 | <b>Gulika</b><br>Yama<br>925971367 <b>Rahu</b>  | 9:07AM – 10:34AM<br>6:13AM – 7:40AM<br>1:27PM – 2:54PM | <b>Ashvini Until 11:06PM</b><br>Brahma Until 1:42AM Fri<br>Bava Until 9:21PM<br>Chaturchi* Until 10:29AM | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> White<br>Moon – White<br><b>Phalguna-Masi</b> | <i>Sunrise:</i> 6:13AM<br><i>Sunset:</i> 5:48PM | Durmukha 5118<br>Moon 2 - Phase 44<br>3rd Phase |
| Creative Work Amrita Yoga<br>Until 11:06PM<br>Then Creative Work - Siddha Yoga |                                |             | <b>Devaloka Day</b>   |  |  |  |   |   |

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| <b>4</b>                  | <b>Friday, March 3, 2017</b> |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |   |   |  | Kuwait City, Kuwait<br>Sun 19 Sutra 320         |   |
|                           | Mesha Rasi: 17.26            | Tithi 5 – 6 | <b>Gulika</b><br>Yama<br>925971367 <b>Rahu</b>  | 7:39AM – 9:06AM<br>2:55PM – 4:22PM<br>10:33AM – 12:00PM | <b>Bharani Until 9:30PM</b><br>Indra Until 10:39PM<br>Kaulava Until 7:02PM<br>Panchami Until 8:10AM | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> White<br>Moon – White<br><b>Phalguna-Masi</b> | <i>Sunrise:</i> 6:12AM<br><i>Sunset:</i> 5:49PM | Durmukha 5118<br>Moon 2 - Phase 44<br>3rd Phase |
| Creative Work Siddha Yoga |                              |             | <b>Devaloka Day</b>   |   |   |  |   |   |

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| <b>5</b>                  | <b>Saturday, March 4, 2017</b> |         | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau |  |  |  | Kuwait City, Kuwait<br>Sun 20 Sutra 321         |   |
|                           | Vrishabha Rasi: 1.42           | Tithi 7 | <b>Gulika</b><br>Yama<br>925971367 <b>Rahu</b>   | 6:11AM – 7:38AM<br>1:27PM – 2:55PM<br>9:05AM – 10:33AM | <b>Krittika Until 7:50PM</b><br>Vaidhriti* Until 7:37PM<br>Gara Until 4:46PM<br>Saptami Until 3:39AM Sun | <b>Ganesh:</b> Yellow<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> White<br>Moon – White<br><b>Phalguna-Masi</b> | <i>Sunrise:</i> 6:11AM<br><i>Sunset:</i> 5:50PM | Durmukha 5118<br>Moon 2 - Phase 44<br>3rd Phase |
| Creative Work Amrita Yoga |                                |         | <b>Devaloka Day</b>  |  |  |  |   |   |

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| <b>D</b>   | <b>Sunday, March 5, 2017</b> |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau |  |   |  | Kuwait City, Kuwait<br>Sun 21 Sutra 322         |   |
|  | <b>Retreat Star</b>          |  | <b>Gulika</b><br>Yama<br>135971367 <b>Rahu</b>  | 2:55PM – 4:23PM<br>12:00PM – 1:27PM<br>4:23PM – 5:50PM | <b>Rohini Until 6:32PM</b><br>Vishkambha* Until 4:42PM<br>Visti Until 2:36PM<br>Ashtami* Until 1:33AM Mon | <b>Ganesh:</b> White<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Phalguna-Masi</b> | <i>Sunrise:</i> 6:10AM<br><i>Sunset:</i> 5:50PM | Durmukha 5118<br>Moon 2 - Phase 44<br>Ashtami |
| Vrishabha Rasi: 15.55 Tithi 8<br>Creative Work Siddha Yoga |                              |  | <b>Sivaloka Day</b>   |  |   |  |   |   |

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| <b>M</b>   | <b>Monday, March 6, 2017</b> |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau |   |   |  | Kuwait City, Kuwait<br>Sun 22 Sutra 323         |  |
|  | <b>Retreat Star</b>          |  | <b>Gulika</b><br>Yama<br>135971367 <b>Rahu</b>   | 1:27PM – 2:55PM<br>10:32AM – 12:00PM<br>7:36AM – 9:04AM | <b>Mrigashira Until 5:16PM</b><br>Priti Until 1:54PM<br>Balava Until 12:35PM<br>Navami* Until 11:38PM | <b>Ganesh:</b> White<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Phalguna-Masi</b> | <i>Sunrise:</i> 6:08AM<br><i>Sunset:</i> 5:51PM | Durmukha 5118<br>Moon 2 - Phase 44<br>Navami |
| Mithuna Rasi: 0.04 Tithi 9<br>Family Home Evening<br>Creative Work Amrita Yoga<br>Until 5:16PM<br>Then Creative Work - Siddha Yoga |                              |  | <b>Sivaloka Day</b>  |   |   |  |   |  |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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| <b>1</b> Tuesday, March 7, 2017  |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau |   |   |   | Kuwait City, Kuwait<br>Sun 23 Sutra 324         |
| Mithuna Rasi: 14.05              | Tithi 10    | <b>Gulika</b><br>Yama  | <b>11:59AM – 1:27PM</b><br>9:03AM – 10:31AM | <b>Ardra Until 4:02PM</b><br>Ayushman Until 11:15AM | <b>Ganesha: White</b> Sunrise: 6:07AM<br><b>Muruga: Yellow</b> Sunset: 5:51PM | Durmukha 5118<br>Moon 2 - Phase 45<br>4th Phase |
| Routine Work                     | Marana Yoga | 135971367  | <b>Rahu</b><br>2:55PM – 4:23PM              | Taitila Until 10:45AM<br>Dashami Until 9:54PM       | <b>Nataraja: White</b><br>Moon – Yellow                                       | <b>Sivaloka Day</b>                             |
| Until 4:02PM                     |             |  |   |   |   |   |
| Then Creative Work - Siddha Yoga |             |  |   |   |   |   |

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| <b>2</b> Wednesday, March 8, 2017 |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau |   |   |   | Kuwait City, Kuwait<br>Sun 24 Sutra 325         |
| Mithuna Rasi: 27.58               | Tithi 11    | <b>Gulika</b><br>Yama  | <b>10:31AM – 11:59AM</b><br>7:35AM – 9:03AM | <b>Punarvasu Until 3:20PM</b><br>Saubhagya Until 8:47AM | <b>Ganesha: Clear</b> Sunrise: 6:06AM<br><b>Muruga: Yellow</b> Sunset: 5:52PM | Durmukha 5118<br>Moon 2 - Phase 45<br>4th Phase |
| Creative Work                     | Siddha Yoga | 145971367  | <b>Rahu</b><br>11:59AM – 1:27PM             | Vanija Until 9:09AM<br>Ekadashi Until 8:25PM            | <b>Nataraja: White</b><br>Moon – Blue   | <b>Devaloka Day</b>                             |
| Until 4:02PM                      |             |  |   |   |   |   |
| Then Creative Work - Siddha Yoga  |             |  |   |   |   |   |

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| <b>3</b> Thursday, March 9, 2017 |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvodashyam Titau |  |  |   | Kuwait City, Kuwait<br>Sun 25 Sutra 326         |
| Kataka Rasi: 11.42               | Tithi 12    | <b>Gulika</b><br>Yama  | <b>9:02AM – 10:30AM</b><br>6:05AM – 7:34AM | <b>Pushya Until 2:45PM</b><br>Sobhana Until 6:32AM | <b>Ganesha: Clear</b> Sunrise: 6:05AM<br><b>Muruga: Yellow</b> Sunset: 5:53PM | Durmukha 5118<br>Moon 2 - Phase 45<br>4th Phase |
| Creative Work                    | Amrita Yoga | 145971367  | <b>Rahu</b><br>1:27PM – 2:56PM             | Bava Until 7:48AM<br>Dvadashi Until 7:13PM         | <b>Nataraja: White</b><br>Moon – Blue   | <b>Devaloka Day</b>                             |
| Until 2:45PM                     |             |  |  |  |   |   |
| Then Creative Work - Siddha Yoga |             |  |  |  |   |   |

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| <b>4</b> Friday, March 10, 2017  |             | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau |   |   |   | Kuwait City, Kuwait<br>Sun 26 Sutra 327         |
| Kataka Rasi: 25.15               | Tithi 13    | <b>Gulika</b><br>Yama  | <b>7:33AM – 9:01AM</b><br>2:56PM – 4:25PM | <b>Ashlesha* Until 2:20PM</b><br>Sukarma Until 2:47AM Sat | <b>Ganesha: Clear</b> Sunrise: 6:04AM<br><b>Muruga: Yellow</b> Sunset: 5:53PM | Durmukha 5118<br>Moon 2 - Phase 45<br>4th Phase |
| Routine Work                     | Marana Yoga | 145971367  | <b>Rahu</b><br>10:30AM – 11:59AM          | Kaulava Until 6:46AM<br>Trayodashi Until 6:22PM           | <b>Nataraja: White</b><br>Moon – Blue   | <b>Devaloka Day</b>                             |
| Until 2:45PM                     |             |  |   |   |   |   |
| Then Creative Work - Siddha Yoga |             |  |   |   |   |   |

*Pradosha Vrata*

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| <b>5</b> Saturday, March 11, 2017 |               | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Dhriti Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau |   |   |   | Kuwait City, Kuwait<br>Sun 27 Sutra 328         |
| Simha Rasi: 8.35                  | Tithi 14 – 15 | <b>Gulika</b><br>Yama   | <b>6:03AM – 7:32AM</b><br>1:27PM – 2:56PM | <b>Magha* Until 2:36PM</b><br>Dhriti Until 1:24AM Sun | <b>Ganesha: Clear</b> Sunrise: 6:03AM<br><b>Muruga: Yellow</b> Sunset: 5:54PM | Durmukha 5118<br>Moon 2 - Phase 45<br>4th Phase |
| Creative Work                     | Amrita Yoga   | 156971367   | <b>Rahu</b><br>9:01AM – 10:30AM           | Gara Until 6:06AM<br>Chaturdashi* Until 5:54PM        | <b>Nataraja: White</b><br>Moon – Red  | <b>Devaloka Day</b>                             |
| Until 2:36PM                      |               |   |   |   |   |   |
| Then Creative Work - Siddha Yoga  |               |   |   |   |   |   |

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| <b>0</b> Sunday, March 12, 2017  |               | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |  |   |   | Kuwait City, Kuwait<br>Sun 28 Sutra 329       |
| Simha Rasi: 21.43                | Tithi 15 – 16 | <b>Gulika</b><br>Yama  | <b>2:56PM – 4:25PM</b><br>11:58AM – 1:27PM | <b>Purvaphalguni Until 3:09PM</b><br>Shula* Until 12:21AM Mon | <b>Ganesha: Clear</b> Sunrise: 6:02AM<br><b>Muruga: Yellow</b> Sunset: 5:54PM | Durmukha 5118<br>Moon 2 - Phase 45<br>Purnima |
| Creative Work                    | Siddha Yoga   | 156971367  | <b>Rahu</b><br>4:25PM – 5:54PM             | Balava Until 6:05AM Mon<br>Purnima* Until 5:53PM              | <b>Nataraja: White</b><br>Moon – Red  | <b>Devaloka Day</b>                           |
| Until 3:09PM                     |               |  |  |   |   |   |
| Then Creative Work - Amrita Yoga |               |  |  |   |   |   |

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| <b>Monday, March 13, 2017</b> |          | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau |   |  |   | Kuwait City, Kuwait<br>Sun 29 Sutra 330        |
| <b>Silver Retreat Star</b>    |          | <b>Gulika</b><br>Yama  | <b>1:27PM – 2:56PM</b><br>10:29AM – 11:58AM | <b>Uttaraphalguni Until 4:01PM</b><br>Ganda* Until 11:42PM | <b>Ganesha: Clear</b> Sunrise: 6:01AM<br><b>Muruga: Yellow</b> Sunset: 5:55PM | Durmukha 5118<br>Moon 2 - Phase 45<br>Prathama |
| Kanya Rasi: 5                 | Tithi 16 | 156171367  | <b>Rahu</b><br>7:30AM – 8:59AM              | Balava Until 6:05AM<br>Prathama* Until 6:22PM              | <b>Nataraja: White</b><br>Moon – Red  | <b>Devaloka Day</b>                            |
| Family Home Evening           |          |  |   |  |   |  |
| Creative Work Siddha Yoga     |          |  |   |  |   |  |



Tuesday, March 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Vridhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Kuwait City, Kuwait  
Sun 1 Sutra 331

Kanya Rasi: 17.14 Tihti 17

**Gulika** 11:58AM – 1:27PM  
Yama 8:59AM – 10:28AM  
166171368 **Rahu** 2:57PM – 4:26PM

**Hasta** Until 5:41PM  
Vridhi Until 11:27PM  
Taitila Until 6:49AM

**Ganesh:** Purple *Sunrise:* 6:00AM  
**Muruga:** Yellow *Sunset:* 5:56PM

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Dvitiya Until 7:21PM

Moon – Green  
Phalguna•Panguni

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

1

Wednesday, March 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kuwait City, Kuwait  
Sun 2 Sutra 332

Kanya Rasi: 29.4 Tihti 18

**Gulika** 10:28AM – 11:57AM  
Yama 7:28AM – 8:58AM  
166171368 **Rahu** 11:57AM – 1:27PM

**Chitra** Until 7:40PM  
Dhruva Until 11:33PM  
Vanija Until 8:03AM  
Tritiya Until 8:49PM

**Ganesh:** Purple *Sunrise:* 5:59AM  
**Muruga:** Yellow *Sunset:* 5:56PM

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

Moon – Green  
Phalguna•Panguni

2

Thursday, March 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Kuwait City, Kuwait  
Sun 3 Sutra 333

Tula Rasi: 11.54 Tihti 19

**Gulika** 8:57AM – 10:27AM  
Yama 5:57AM – 7:27AM  
166171368 **Rahu** 1:27PM – 2:57PM

**Svati** Until 9:54PM  
Vyaghata\* Until 11:58PM  
Bava Until 9:44AM  
Chaturthi\* Until 10:42PM

**Ganesh:** Purple *Sunrise:* 5:57AM  
**Muruga:** Yellow *Sunset:* 5:57PM

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Amrita Yoga  
Until 9:54PM

**Devaloka Day**

Moon – Green  
Phalguna•Panguni

Then Creative Work - Siddha Yoga

3

Friday, March 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Kuwait City, Kuwait  
Sun 4 Sutra 334

Tula Rasi: 23.58 Tihti 20

**Gulika** 7:26AM – 8:57AM  
Yama 2:57PM – 4:27PM  
176171368 **Rahu** 10:27AM – 11:57AM

**Vishakha** Until 12:46AM Sat  
Harshana Until 12:39AM Sat  
Kaulava Until 11:48AM  
Panchami Until 12:56AM Sat

**Ganesh:** Clear *Sunrise:* 5:56AM  
**Muruga:** Yellow *Sunset:* 5:57PM

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

Moon – Orange  
Phalguna•Panguni

4

Saturday, March 18, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Kuwait City, Kuwait  
Sun 5 Sutra 335

Vrischika Rasi: 5.55 Tihti 21

**Gulika** 5:55AM – 7:25AM  
Yama 1:27PM – 2:57PM  
176171368 **Rahu** 8:56AM – 10:26AM

**Anuradha** Until 3:39AM Sun  
Vajra\* Until 1:27AM Sun  
Gara Until 2:08PM  
Shashthi\* Until 3:20AM Sun

**Ganesh:** Clear *Sunrise:* 5:55AM  
**Muruga:** Yellow *Sunset:* 5:58PM

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Creative Work Siddha Yoga  
Until 3:39AM Sun

**Sivaloka Day**

Moon – Orange  
Phalguna•Panguni

Then Routine Work - Marana Yoga

5

Sunday, March 19, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Kuwait City, Kuwait  
Sun 6 Sutra 336

Vrischika Rasi: 17.49 Tihti 22

**Gulika** 2:57PM – 4:28PM  
Yama 11:56AM – 1:27PM  
177171368 **Rahu** 4:28PM – 5:58PM

**Jyeshtha\*** Until 6:22AM Mon  
Siddhi Until 2:16AM Mon  
Visti Until 4:34PM  
Saptami Until 5:44AM Mon

**Ganesh:** Purple *Sunrise:* 5:54AM  
**Muruga:** Yellow *Sunset:* 5:58PM

Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Routine Work Marana Yoga  
Until 6:22AM Mon

**Subha Sivaloka Day**

Moon – Orange  
Phalguna•Panguni

Then Creative Work - Siddha Yoga

☾

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\* Yoga Balava Karana Ashtamyam Titau

Kuwait City, Kuwait  
Sun 7 Sutra 337

Vrischika Rasi: 29.43 Tihti 23

**Gulika** 1:27PM – 2:57PM  
Yama 10:25AM – 11:56AM  
177171368 **Rahu** 7:24AM – 8:54AM

**Jyeshtha\*** Until 6:22AM  
Vyatipata\* Until 3:00AM Tue  
Balava Until 6:54PM  
Ashtami\* Until 7:57AM Tue

**Ganesh:** Purple *Sunrise:* 5:53AM  
**Muruga:** Yellow *Sunset:* 5:59PM

Durmukha 5118  
Moon 3 - Phase 46  
Ashtami

Family Home Evening  
Creative Work Siddha Yoga

**Subha Sivaloka Day**

Moon – Orange  
Phalguna•Panguni

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kuwait City, Kuwait  
Sun 8 Sutra 338

Dhanus Rasi: 11.41 Tihti 23 – 24

**Gulika** 11:56AM – 1:27PM  
Yama 8:54AM – 10:25AM  
187171368 **Rahu** 2:58PM – 4:28PM

**Mula\*** Until 9:14AM  
Variyan Until 3:24AM Wed  
Taitila Until 8:56PM  
Ashtami\* Until 7:57AM

**Ganesh:** Clear *Sunrise:* 5:52AM  
**Muruga:** Yellow *Sunset:* 5:59PM

Durmukha 5118  
Moon 3 - Phase 46  
Navami

Creative Work Amrita Yoga  
Until 9:14AM

**Sivaloka Day**

Moon – Light Blue  
Phalguna•Panguni

Then Creative Work - Siddha Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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|                    |  |                                  |  |   |  |   |  |                                |  |
|--------------------|--|----------------------------------|--|---|--|---|--|--------------------------------|--|
| <b>1</b>           |  | <b>Wednesday, March 22, 2017</b> |  |   |  | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam |  | Kuwait City, Kuwait            |  |
| Dhanus Rasi: 23.49 |  | Tithi 24 – 25                    |  | Purvashadha* Uтарыashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |  | Sun 9   |  | Sutra 339                      |  |
| Creative Work      |  | Amrita Yoga                      |  | Gulika 10:24AM – 11:55AM  |  | Purvashadha* Until 11:32AM  |  | Ganesha: Clear Sunrise: 5:51AM |  |
|                    |  | 187171368                        |  | Yama 7:22AM – 8:53AM  |  | Parigha* Until 3:25AM Thu   |  | Muruga: Yellow Sunset: 6:00PM  |  |
|                    |  |                                  |  | Rahu 11:55AM – 1:26PM   |  | Vanija Until 10:28PM  |  | Nataraja: Clear                |  |
|                    |  |                                  |  |   |  | Navami* Until 9:45AM  |  | Moon – Light Blue              |  |
|                    |  |                                  |  |   |  |   |  | Phalguna•Panguni               |  |
|                    |  |                                  |  |   |  |   |  | Sivaloka Day                   |  |

|                                  |  |                                 |  |  |  |  |  |                                |  |
|----------------------------------|--|---------------------------------|--|--|--|--|--|--------------------------------|--|
| <b>2</b>                         |  | <b>Thursday, March 23, 2017</b> |  |  |  | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam |  | Kuwait City, Kuwait            |  |
| Makara Rasi: 6.11                |  | Tithi 25 – 26                   |  | Uтарыashadha/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  | Sun 10   |  | Sutra 340                      |  |
| Routine Work                     |  | Marana Yoga                     |  | Gulika 8:52AM – 10:24AM  |  | Uтарыashadha Until 1:06PM  |  | Ganesha: Clear Sunrise: 5:49AM |  |
| Until 1:06PM                     |  | 187171368                       |  | Yama 5:49AM – 7:21AM   |  | Shiva Until 2:54AM Fri   |  | Muruga: Yellow Sunset: 6:01PM  |  |
| Then Creative Work - Siddha Yoga |  |                                 |  | Rahu 1:26PM – 2:58PM   |  | Bava Until 11:19PM   |  | Nataraja: Clear                |  |
|                                  |  |                                 |  |  |  | Dashami Until 10:57AM  |  | Moon – Light Blue              |  |
|                                  |  |                                 |  |  |  |  |  | Phalguna•Panguni               |  |
|                                  |  |                                 |  |  |  |  |  | Sivaloka Day                   |  |

|                                  |  |                               |  |   |  |   |  |                                |  |
|----------------------------------|--|-------------------------------|--|---|--|---|--|--------------------------------|--|
| <b>3</b>                         |  | <b>Friday, March 24, 2017</b> |  |   |  | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam |  | Kuwait City, Kuwait            |  |
| Makara Rasi: 18.52               |  | Tithi 26 – 27                 |  | Shravana/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |  | Sun 11  |  | Sutra 341                      |  |
| Routine Work                     |  | Marana Yoga                   |  | Gulika 7:20AM – 8:51AM  |  | Shravana Until 2:15PM   |  | Ganesha: White Sunrise: 5:48AM |  |
| Until 2:15PM                     |  | 197171368                     |  | Yama 2:58PM – 4:29PM  |  | Siddha Until 1:45AM Sat   |  | Muruga: Yellow Sunset: 6:01PM  |  |
| Then Creative Work - Siddha Yoga |  |                               |  | Rahu 10:23AM – 11:55AM  |  | Kaulava Until 11:23PM   |  | Nataraja: Clear                |  |
|                                  |  |                               |  |   |  | Ekadashi* Until 11:26AM   |  | Moon – Purple                  |  |
|                                  |  |                               |  |   |  |   |  | Phalguna•Panguni               |  |
|                                  |  |                               |  |   |  |   |  | Subha Sivaloka Day             |  |

|                                  |  |                                 |  |  |  |   |  |                                |  |
|----------------------------------|--|---------------------------------|--|--|--|---|--|--------------------------------|--|
| <b>4</b>                         |  | <b>Saturday, March 25, 2017</b> |  |  |  | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam |  | Kuwait City, Kuwait            |  |
| Kumbha Rasi: 1.56                |  | Tithi 27 – 28                   |  | Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Talila/Gara Karana Dvodashi/Trayodashyam Titau |  | Sun 12  |  | Sutra 342                      |  |
| Creative Work                    |  | Siddha Yoga                     |  | Gulika 5:47AM – 7:19AM   |  | Dhanishtha Until 2:29PM   |  | Ganesha: Clear Sunrise: 5:47AM |  |
| Until 2:29PM                     |  | 198171368                       |  | Yama 1:26PM – 2:58PM   |  | Sadhya Until 12:00AM Sun  |  | Muruga: Yellow Sunset: 6:02PM  |  |
| Then Creative Work - Amrita Yoga |  |                                 |  | Rahu 8:51AM – 10:23AM  |  | Gara Until 10:40PM  |  | Nataraja: Clear                |  |
|                                  |  |                                 |  |  |  | Dvodashi* Until 11:06AM   |  | Moon – Purple                  |  |
|                                  |  |                                 |  |  |  | Pradosha Vrata (Fasting)  |  | Phalguna•Panguni               |  |
|                                  |  |                                 |  |  |  |   |  | Sivaloka Day                   |  |

|                                  |  |                               |  |   |  |   |  |                                |  |
|----------------------------------|--|-------------------------------|--|---|--|---|--|--------------------------------|--|
| <b>5</b>                         |  | <b>Sunday, March 26, 2017</b> |  |   |  | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam |  | Kuwait City, Kuwait            |  |
| Kumbha Rasi: 15.25               |  | Tithi 28 – 29                 |  | Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |  | Sun 13  |  | Sutra 343                      |  |
| Creative Work                    |  | Siddha Yoga                   |  | Gulika 2:58PM – 4:30PM  |  | Shatabhishak Until 1:49PM   |  | Ganesha: Clear Sunrise: 5:46AM |  |
| Until 2:29PM                     |  | 198171368                     |  | Yama 11:54AM – 1:26PM   |  | Subha Until 9:41PM  |  | Muruga: Yellow Sunset: 6:02PM  |  |
| Then Creative Work - Amrita Yoga |  |                               |  | Rahu 4:30PM – 6:02PM  |  | Visti Until 9:14PM  |  | Nataraja: Clear                |  |
|                                  |  |                               |  |   |  | Trayodashi* Until 10:01AM   |  | Moon – Purple                  |  |
|                                  |  |                               |  |   |  |   |  | Phalguna•Panguni               |  |
|                                  |  |                               |  |   |  |   |  | Sivaloka Day                   |  |

|                                  |  |                     |  |   |  |  |  |                                |  |
|----------------------------------|--|---------------------|--|---|--|--|--|--------------------------------|--|
| <b>Monday, March 27, 2017</b>    |  | <b>Retreat Star</b> |  |   |  | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam |  | Kuwait City, Kuwait            |  |
| Kumbha Rasi: 29.19               |  | Tithi 29 – 30       |  | Purvaproshtapada*/Uтарыaproshtapada Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashmi/Amavasyayam Titau |  | Sun 14   |  | Sutra 344                      |  |
| Family Home Evening              |  | 118171368           |  | Gulika 1:26PM – 2:58PM  |  | Purvaproshtapada* Until 12:48PM  |  | Ganesha: White Sunrise: 5:45AM |  |
| Routine Work                     |  | Marana Yoga         |  | Yama 10:22AM – 11:54AM  |  | Sukla Until 6:51PM   |  | Muruga: Yellow Sunset: 6:03PM  |  |
| Until 12:48PM                    |  |                     |  | Rahu 7:17AM – 8:49AM  |  | Catuspada Until 7:10PM   |  | Nataraja: Clear                |  |
| Then Creative Work - Siddha Yoga |  |                     |  |   |  | Chaturdashmi* Until 8:15AM   |  | Moon – Clear                   |  |
|                                  |  |                     |  |   |  |  |  | Phalguna•Panguni               |  |
|                                  |  |                     |  |   |  |  |  | Devaloka Day                   |  |

|                                  |  |                     |  |  |  |   |  |                                |  |
|----------------------------------|--|---------------------|--|--|--|---|--|--------------------------------|--|
| <b>Tuesday, March 28, 2017</b>   |  | <b>Retreat Star</b> |  |  |  | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam |  | Kuwait City, Kuwait            |  |
| Meena Rasi: 13.34                |  | Tithi 1             |  | Uтарыaproshtapada*/Revali Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau |  | Sun 15  |  | Sutra 345                      |  |
| Creative Work                    |  | Amrita Yoga         |  | Gulika 11:53AM – 1:26PM  |  | Uтарыaproshtapada Until 11:08AM   |  | Ganesha: White Sunrise: 5:44AM |  |
| Until 11:08AM                    |  | 118171368           |  | Yama 8:49AM – 10:21AM  |  | Brahma Until 3:39PM   |  | Muruga: Yellow Sunset: 6:03PM  |  |
| Then Creative Work - Siddha Yoga |  |                     |  | Rahu 2:58PM – 4:31PM   |  | Kintughna Until 4:38PM  |  | Nataraja: Clear                |  |
|                                  |  |                     |  | Yugadhi  |  | Prathama* Until 3:13AM Wed  |  | Moon – Clear                   |  |
|                                  |  |                     |  |  |  |   |  | Chaitra•Panguni                |  |
|                                  |  |                     |  |  |  |   |  | Devaloka Day                   |  |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|                   |             |  |                                  |                        |                        |  |   |
|-------------------|-------------|--|----------------------------------|------------------------|------------------------|--|---|
| <b>1</b>          |             | <b>Wednesday, March 29, 2017</b>       |                                  |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Kuwait City, Kuwait<br>Sun 16 Sutra 346 |
| Meena Rasi: 28.06 | Tithi 2     | <b>Gulika</b> 10:21AM – 11:53AM        | <b>Revati</b> Until 8:57AM       | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:43AM | Durmukha 5118  |   |
|                   |             | Yama 7:15AM – 8:48AM                   | Indra Until 12:11PM              | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:04PM  | Moon 3 - Phase 48  |   |
| Routine Work      | Marana Yoga | 118171368 <b>Rahu</b> 11:53AM – 1:26PM | Balava Until 1:46PM              | <b>Nataraja:</b> Clear |                        | 3rd Phase  |   |
|                   |             | Chellappaswami Mahasamadhi             | <b>Dvitiya</b> Until 12:15AM Thu | Moon – Clear           |                        | <b>Devaloka Day</b>  |   |
|                   |             |  |                                  | <b>Chaitra-Panguni</b> |                        |  |   |

|                                  |             |                                       |                             |                        |                        |  |   |
|----------------------------------|-------------|---------------------------------------|-----------------------------|------------------------|------------------------|--|---|
| <b>2</b>                         |             | <b>Thursday, March 30, 2017</b>       |                             |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau | Kuwait City, Kuwait<br>Sun 17 Sutra 347 |
| Mesha Rasi: 12.48                | Tithi 3     | <b>Gulika</b> 8:47AM – 10:20AM        | <b>Ashvini</b> Until 6:51AM | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 5:41AM | Durmukha 5118  |   |
|                                  |             | Yama 5:41AM – 7:14AM                  | Vaidhriti* Until 8:33AM     | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:04PM  | Moon 3 - Phase 48  |   |
| Creative Work                    | Amrita Yoga | 128171368 <b>Rahu</b> 1:26PM – 2:59PM | Taitila Until 10:44AM       | <b>Nataraja:</b> Clear |                        | 3rd Phase  |   |
| Until 6:51AM                     |             |                                       | <b>Tritiya</b> Until 9:11PM | Moon – White           |                        | <b>Devaloka Day</b>  |   |
| Then Creative Work - Siddha Yoga |             |                                       |                             | <b>Chaitra-Panguni</b> |                        |  |   |

|                                  |             |   |                                  |                        |                        |  |   |
|----------------------------------|-------------|---|----------------------------------|------------------------|------------------------|--|---|
| <b>3</b>                         |             | <b>Friday, March 31, 2017</b>           |                                  |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthiyam Titau | Kuwait City, Kuwait<br>Sun 18 Sutra 348 |
| Mesha Rasi: 27.32                | Tithi 4     | <b>Gulika</b> 7:13AM – 8:46AM           | <b>Krittika</b> Until 2:13AM Sat | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 5:40AM | Durmukha 5118  |   |
|                                  |             | Yama 2:59PM – 4:32PM                    | Priti Until 1:20AM Sat           | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:05PM  | Moon 3 - Phase 48  |   |
| Creative Work                    | Siddha Yoga | 128171368 <b>Rahu</b> 10:19AM – 11:53AM | Vanija Until 7:41AM              | <b>Nataraja:</b> Clear |                        | 3rd Phase  |   |
| Until 2:13AM Sat                 |             |   | <b>Chaturthi*</b> Until 6:11PM   | Moon – White           |                        | <b>Devaloka Day</b>  |   |
| Then Creative Work - Amrita Yoga |             |   |                                  | <b>Chaitra-Panguni</b> |                        |  |   |

|                                  |             |  |                                 |                        |                        |  |   |
|----------------------------------|-------------|--|---------------------------------|------------------------|------------------------|--|---|
| <b>4</b>                         |             | <b>Saturday, April 1, 2017</b>         |                                 |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | Kuwait City, Kuwait<br>Sun 19 Sutra 349 |
| Vrishabha Rasi: 12.12            | Tithi 5 – 6 | <b>Gulika</b> 5:40AM – 7:13AM          | <b>Rohini</b> Until 12:23AM Sun | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 5:40AM | Durmukha 5118  |   |
|                                  |             | Yama 1:26PM – 2:59PM                   | Ayushman Until 9:56PM           | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:05PM  | Moon 3 - Phase 48  |   |
| Creative Work                    | Amrita Yoga | 139171368 <b>Rahu</b> 8:46AM – 10:19AM | Kaulava Until 2:03AM Sun        | <b>Nataraja:</b> Clear |                        | 3rd Phase  |   |
| Until 12:23AM Sun                |             |  | <b>Panchami</b> Until 3:21PM    | Moon – Yellow          |                        | <b>Subha Sivaloka Day</b>  |   |
| Then Creative Work - Siddha Yoga |             |  |                                 | <b>Chaitra-Panguni</b> |                        |  |   |

|                       |             |                                       |                                 |                        |                        |   |   |
|-----------------------|-------------|---------------------------------------|---------------------------------|------------------------|------------------------|---|---|
| <b>5</b>              |             | <b>Sunday, April 2, 2017</b>          |                                 |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | Kuwait City, Kuwait<br>Sun 20 Sutra 350 |
| Vrishabha Rasi: 26.41 | Tithi 6 – 7 | <b>Gulika</b> 2:59PM – 4:32PM         | <b>Mrigashira</b> Until 10:45PM | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 5:39AM | Durmukha 5118   |   |
|                       |             | Yama 11:52AM – 1:26PM                 | Saubhagya Until 6:48PM          | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:05PM  | Moon 3 - Phase 48   |   |
| Creative Work         | Siddha Yoga | 139171368 <b>Rahu</b> 4:32PM – 6:05PM | Gara Until 11:41PM              | <b>Nataraja:</b> Clear |                        | 3rd Phase   |   |
|                       |             |                                       | <b>Shashthi*</b> Until 12:48PM  | Moon – Yellow          |                        | <b>Subha Sivaloka Day</b>   |   |
|                       |             |                                       |                                 | <b>Chaitra-Panguni</b> |                        |   |   |

|                                  |             |                                       |                              |                        |                        |  |   |
|----------------------------------|-------------|---------------------------------------|------------------------------|------------------------|------------------------|--|---|
| <b>Monday, April 3, 2017</b>     |             | <b>Retreat Star</b>                   |                              |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | Kuwait City, Kuwait<br>Sun 21 Sutra 351 |
| Mithuna Rasi: 10.56              | Tithi 7 – 8 | <b>Gulika</b> 1:25PM – 2:59PM         | <b>Ardra</b> Until 9:22PM    | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 5:38AM | Durmukha 5118  |   |
| <b>Family Home Evening</b>       |             | Yama 10:18AM – 11:52AM                | Sobhana Until 4:00PM         | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:06PM  | Moon 3 - Phase 48  |   |
| Creative Work                    | Siddha Yoga | 139171368 <b>Rahu</b> 7:11AM – 8:45AM | Visti Until 9:43PM           | <b>Nataraja:</b> Clear |                        | Ashtami  |   |
| Until 9:22PM                     |             |                                       | <b>Saptami</b> Until 10:38AM | Moon – Yellow          |                        | <b>Subha Sivaloka Day</b>  |   |
| Then Creative Work - Amrita Yoga |             |                                       |                              | <b>Chaitra-Panguni</b> |                        |  |   |

|                               |             |                                       |                               |                        |                        |  |   |
|-------------------------------|-------------|---------------------------------------|-------------------------------|------------------------|------------------------|--|---|
| <b>Tuesday, April 4, 2017</b> |             | <b>Retreat Star</b>                   |                               |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Kuwait City, Kuwait<br>Sun 22 Sutra 352 |
| Mithuna Rasi: 24.54           | Tithi 8 – 9 | <b>Gulika</b> 11:52AM – 1:25PM        | <b>Punarvasu</b> Until 8:43PM | <b>Ganesh:</b> Red     | <i>Sunrise:</i> 5:37AM | Durmukha 5118  |   |
|                               |             | Yama 8:44AM – 10:18AM                 | Athiganda* Until 1:32PM       | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:06PM  | Moon 3 - Phase 48  |   |
| Creative Work                 | Siddha Yoga | 149171368 <b>Rahu</b> 2:59PM – 4:33PM | Balava Until 8:13PM           | <b>Nataraja:</b> Clear |                        | Navami   |   |
|                               |             |                                       | <b>Ashtami*</b> Until 8:53AM  | Moon – Blue            |                        | <b>Sivaloka Day</b>  |   |
|                               |             | Sri Rama Navami                       |                               | <b>Chaitra-Panguni</b> |                        |  |   |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

|                   |              |                                 |                          |                             |                        |  |  |  |                     |
|-------------------|--------------|---------------------------------|--------------------------|-----------------------------|------------------------|--|--|--|---------------------|
| <b>1</b>          |              | <b>Wednesday, April 5, 2017</b> |                          |                             |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |  | Kuwait City, Kuwait<br>Sun 23 Sutra 353<br>Durmukha 5118 |                     |
| Kataka Rasi: 8.35 | Tithi 9 – 10 | <b>Gulika</b>                   | <b>10:17AM – 11:51AM</b> | <b>Pushya Until 8:23PM</b>  | <b>Ganesha: Red</b>    | <i>Sunrise: 5:36AM</i>   |  |  |                     |
|                   |              | Yama                            | 7:10AM – 8:44AM          | Sukarma Until 11:28AM       | <b>Muruga: Yellow</b>  | <i>Sunset: 6:07PM</i>  |  |  | Moon 3 - Phase 49   |
| Creative Work     | Siddha Yoga  | 149171368 <b>Rahu</b>           | <b>11:51AM – 1:25PM</b>  | Taitila Until 7:10PM        | <b>Nataraja: Clear</b> |  |  |  | 4th Phase           |
|                   |              |                                 |                          | <b>Navami* Until 7:37AM</b> | <b>Chaitra-Panguni</b> |  |  |  | <b>Sivaloka Day</b> |

|                                  |               |                                |                         |                               |                        |   |  |  |                     |
|----------------------------------|---------------|--------------------------------|-------------------------|-------------------------------|------------------------|---|--|--|---------------------|
| <b>2</b>                         |               | <b>Thursday, April 6, 2017</b> |                         |                               |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |  | Kuwait City, Kuwait<br>Sun 24 Sutra 354<br>Durmukha 5118 |                     |
| Kataka Rasi: 22                  | Tithi 10 – 11 | <b>Gulika</b>                  | <b>8:43AM – 10:17AM</b> | <b>Ashlesha* Until 8:21PM</b> | <b>Ganesha: Red</b>    | <i>Sunrise: 5:35AM</i>  |  |  |                     |
|                                  |               | Yama                           | 5:35AM – 7:09AM         | Dhriti Until 9:47AM           | <b>Muruga: Yellow</b>  | <i>Sunset: 6:08PM</i>   |  |  | Moon 3 - Phase 49   |
| Creative Work                    | Siddha Yoga   | 149171368 <b>Rahu</b>          | <b>1:25PM – 2:59PM</b>  | Vanija Until 6:36PM           | <b>Nataraja: Clear</b> |   |  |  | 4th Phase           |
| Until 8:21PM                     |               |                                |                         | <b>Dashami Until 6:48AM</b>   | <b>Chaitra-Panguni</b> |   |  |  | <b>Sivaloka Day</b> |
| Then Creative Work - Amrita Yoga |               | <b>Yogaswami Mahasamadhi</b>   |                         |                               |                        |   |  |  |                     |

|                                  |               |                              |                          |                              |                        |  |  |  |                     |
|----------------------------------|---------------|------------------------------|--------------------------|------------------------------|------------------------|--|--|--|---------------------|
| <b>3</b>                         |               | <b>Friday, April 7, 2017</b> |                          |                              |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Shula*/Ganda*/Vridhi*/Bava Karana Ekadashi/Dvadashyam Titau |  | Kuwait City, Kuwait<br>Sun 25 Sutra 355<br>Durmukha 5118 |                     |
| Simha Rasi: 5.1                  | Tithi 11 – 12 | <b>Gulika</b>                | <b>7:08AM – 8:42AM</b>   | <b>Magha* Until 9:04PM</b>   | <b>Ganesha: Yellow</b> | <i>Sunrise: 5:34AM</i>   |  |  |                     |
|                                  |               | Yama                         | 2:59PM – 4:34PM          | Shula* Until 8:25AM          | <b>Muruga: Yellow</b>  | <i>Sunset: 6:08PM</i>  |  |  | Moon 3 - Phase 49   |
| Routine Work                     | Marana Yoga   | 159271368 <b>Rahu</b>        | <b>10:16AM – 11:51AM</b> | Bava Until 6:28PM            | <b>Nataraja: Clear</b> |  |  |  | 4th Phase           |
| Until 9:04PM                     |               |                              |                          | <b>Ekadashi Until 6:27AM</b> | <b>Chaitra-Panguni</b> |  |  |  | <b>Sivaloka Day</b> |
| Then Creative Work - Siddha Yoga |               |                              |                          |                              |                        |  |  |  |                     |

|                                 |               |                                |                         |                                    |                        |  |  |  |                     |
|---------------------------------|---------------|--------------------------------|-------------------------|------------------------------------|------------------------|--|--|--|---------------------|
| <b>4</b>                        |               | <b>Saturday, April 8, 2017</b> |                         |                                    |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |  | Kuwait City, Kuwait<br>Sun 26 Sutra 356<br>Durmukha 5118 |                     |
| Simha Rasi: 18.07               | Tithi 12 – 13 | <b>Gulika</b>                  | <b>5:32AM – 7:07AM</b>  | <b>Purvaphalguni Until 10:02PM</b> | <b>Ganesha: Yellow</b> | <i>Sunrise: 5:32AM</i>   |  |  |                     |
|                                 |               | Yama                           | 1:25PM – 3:00PM         | Ganda* Until 7:25AM                | <b>Muruga: Yellow</b>  | <i>Sunset: 6:09PM</i>  |  |  | Moon 3 - Phase 49   |
| Creative Work                   | Siddha Yoga   | 151271368 <b>Rahu</b>          | <b>8:41AM – 10:16AM</b> | Kaulava Until 6:45PM               | <b>Nataraja: Clear</b> |  |  |  | 4th Phase           |
| Until 10:02PM                   |               |                                |                         | <b>Dvadashi Until 6:32AM</b>       | <b>Chaitra-Panguni</b> |  |  |  | <b>Sivaloka Day</b> |
| Then Routine Work - Marana Yoga |               |                                |                         | <i>Pradosha Vrata</i>              |                        |  |  |  |                     |

|                  |               |                              |                        |                                     |                        |  |  |  |                     |
|------------------|---------------|------------------------------|------------------------|-------------------------------------|------------------------|--|--|--|---------------------|
| <b>5</b>         |               | <b>Sunday, April 9, 2017</b> |                        |                                     |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |  | Kuwait City, Kuwait<br>Sun 27 Sutra 357<br>Durmukha 5118 |                     |
| Kanya Rasi: 0.52 | Tithi 13 – 14 | <b>Gulika</b>                | <b>3:00PM – 4:34PM</b> | <b>Uttaraphalguni Until 11:14PM</b> | <b>Ganesha: Yellow</b> | <i>Sunrise: 5:31AM</i>   |  |  |                     |
|                  |               | Yama                         | 11:50AM – 1:25PM       | Vridhi Until 6:46AM                 | <b>Muruga: Yellow</b>  | <i>Sunset: 6:09PM</i>  |  |  | Moon 3 - Phase 49   |
| Creative Work    | Amrita Yoga   | 151271368 <b>Rahu</b>        | <b>4:34PM – 6:09PM</b> | Gara Until 7:27PM                   | <b>Nataraja: Clear</b> |  |  |  | 4th Phase           |
|                  |               |                              |                        | <b>Trayodashi Until 7:02AM</b>      | <b>Chaitra-Panguni</b> |  |  |  | <b>Sivaloka Day</b> |

|                               |               |                            |                        |                                  |                        |  |  |   |                     |
|-------------------------------|---------------|----------------------------|------------------------|----------------------------------|------------------------|--|--|---|---------------------|
| <b>Monday, April 10, 2017</b> |               | <b>Copper Retreat Star</b> |                        |                                  |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |  | Kuwait City, Kuwait<br>Sutra 358<br>Durmukha 5118 |                     |
| Kanya Rasi: 13.26             | Tithi 14 – 15 | <b>Gulika</b>              | <b>1:25PM – 3:00PM</b> | <b>Hasta Until 1:08AM Tue</b>    | <b>Ganesha: Blue</b>   | <i>Sunrise: 5:30AM</i>   |  |   |                     |
| <b>Family Home Evening</b>    |               | Yama                       | 10:15AM – 11:50AM      | Dhruva Until 6:22AM              | <b>Muruga: Yellow</b>  | <i>Sunset: 6:10PM</i>  |  |   | Moon 3 - Phase 49   |
| Creative Work                 | Siddha Yoga   | 161271368 <b>Rahu</b>      | <b>7:05AM – 8:40AM</b> | Visti Until 8:31PM               | <b>Nataraja: Clear</b> |  |  |   | Purnima             |
|                               |               |                            |                        | <b>Chaturdashi* Until 7:55AM</b> | <b>Chaitra-Panguni</b> |  |  |   | <b>Devaloka Day</b> |
|                               |               | <b>Panguni Uttiram</b>     |                        |                                  |                        |  |  |   |                     |
|                               |               | <b>Hanuman Jayanti</b>     |                        |                                  |                        |  |  |   |                     |

|                                |               |                            |                         |                                |                        |   |  |   |                     |
|--------------------------------|---------------|----------------------------|-------------------------|--------------------------------|------------------------|---|--|---|---------------------|
| <b>Tuesday, April 11, 2017</b> |               | <b>Silver Retreat Star</b> |                         |                                |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau |  | Kuwait City, Kuwait<br>Sutra 359<br>Durmukha 5118 |                     |
| Kanya Rasi: 25.5               | Tithi 15 – 16 | <b>Gulika</b>              | <b>11:50AM – 1:25PM</b> | <b>Chitra Until 3:12AM Wed</b> | <b>Ganesha: Blue</b>   | <i>Sunrise: 5:29AM</i>  |  |   |                     |
|                                |               | Yama                       | 8:39AM – 10:15AM        | Vyaghata* Until 6:17AM         | <b>Muruga: Yellow</b>  | <i>Sunset: 6:10PM</i>   |  |   | Moon 3 - Phase 49   |
| Creative Work                  | Siddha Yoga   | 161271368 <b>Rahu</b>      | <b>3:00PM – 4:35PM</b>  | Balava Until 9:57PM            | <b>Nataraja: Clear</b> |   |  |   | Prathama            |
|                                |               |                            |                         | <b>Purnima* Until 9:10AM</b>   | <b>Chaitra-Panguni</b> |   |  |   | <b>Devaloka Day</b> |





Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Kuwait City, Kuwait

Tula Rasi: 8.05      Tihi 16 – 17

**Gulika** 10:14AM – 11:49AM  
Yama 7:03AM – 8:39AM  
Rahu 11:49AM – 1:25PM

**Svati** Until 5:25AM Thu  
Harshana Until 6:30AM  
Taitila Until 11:44PM  
Prathama\* Until 10:47AM

**Ganesha:** Blue      *Sunrise:* 5:28AM  
**Muruga:** Yellow      *Sunset:* 6:11PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra•Panguni

Durmukha 5118  
Moon 4 - Phase 50  
1st Phase

Creative Work      Siddha Yoga

Devaloka Day

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Kuwait City, Kuwait

Tula Rasi: 20.12      Tihi 17 – 18

**Gulika** 8:38AM – 10:14AM  
Yama 5:27AM – 7:02AM  
Rahu 1:25PM – 3:00PM

**Vishakha** Until 8:14AM Fri  
Vajra\* Until 6:55AM  
Vanija Until 1:47AM Fri  
Dvitiya Until 12:42PM

**Ganesha:** Red      *Sunrise:* 5:27AM  
**Muruga:** Yellow      *Sunset:* 6:11PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Chaitra

Sun 1      Sutra 361  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work      Siddha Yoga

Sivaloka Day

Tamil New Year

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Kuwait City, Kuwait

Vrischika Rasi: 2.13      Tihi 18 – 19

**Gulika** 7:02AM – 8:37AM  
Yama 3:00PM – 4:36PM  
Rahu 10:13AM – 11:49AM

**Vishakha** Until 8:14AM  
Siddhi Until 7:34AM  
Bava Until 4:04AM Sat  
Tritiya Until 2:53PM

**Ganesha:** Blue      *Sunrise:* 5:26AM  
**Muruga:** Yellow      *Sunset:* 6:12PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Chaitra

Sun 2      Sutra 362  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work      Siddha Yoga

Devaloka Day

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Kuwait City, Kuwait

Vrischika Rasi: 14.08      Tihi 19 – 20

**Gulika** 5:25AM – 7:01AM  
Yama 1:25PM – 3:01PM  
Rahu 8:37AM – 10:13AM

**Anuradha** Until 11:06AM  
Vyatipata\* Until 8:23AM  
Kaulava Until 6:30AM Sun  
Chaturthi\* Until 5:15PM

**Ganesha:** Blue      *Sunrise:* 5:25AM  
**Muruga:** Yellow      *Sunset:* 6:12PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Chaitra

Sun 3      Sutra 363  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work      Siddha Yoga

Devaloka Day

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Kuwait City, Kuwait

Vrischika Rasi: 26.01      Tihi 20

**Gulika** 3:01PM – 4:37PM  
Yama 11:48AM – 1:25PM  
Rahu 4:37PM – 6:13PM

**Jyeshtha\*** Until 1:52PM  
Variyan Until 9:15AM  
Kaulava Until 6:30AM  
Panchami Until 7:41PM

**Ganesha:** Blue      *Sunrise:* 5:24AM  
**Muruga:** Yellow      *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Chaitra

Sun 4      Sutra 364  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Routine Work      Marana Yoga

Devaloka Day

Until 1:52PM

Then Creative Work - Amrita Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Kuwait City, Kuwait

Dhanus Rasi: 7.53      Tihi 21

**Gulika** 1:24PM – 3:01PM  
Yama 10:12AM – 11:48AM  
Rahu 6:59AM – 8:35AM

**Mula\*** Until 4:56PM  
Parigha\* Until 10:08AM  
Gara Until 8:54AM  
Shashthi\* Until 10:02PM

**Ganesha:** Red      *Sunrise:* 5:23AM  
**Muruga:** Yellow      *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Chaitra

Sun 5      Sutra 1  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work      Siddha Yoga

Sivaloka Day

Until 4:56PM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Kuwait City, Kuwait

Dhanus Rasi: 19.5      Tihi 22

**Gulika** 11:48AM – 1:24PM  
Yama 8:35AM – 10:11AM  
Rahu 3:01PM – 4:38PM

**Purvashadha\*** Until 7:36PM  
Shiva Until 10:53AM  
Visti Until 11:07AM  
Saptami Until 12:05AM Wed

**Ganesha:** Red      *Sunrise:* 5:22AM  
**Muruga:** Yellow      *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Chaitra

Sun 6      Sutra 2  
Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work      Siddha Yoga

Sivaloka Day

Until 7:36PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Kuwait City, Kuwait

Makara Rasi: 1.55      Tihi 23

**Gulika** 10:11AM – 11:48AM  
Yama 6:57AM – 8:34AM  
Rahu 11:48AM – 1:24PM

**Uttarashadha** Until 9:38PM  
Siddha Until 11:17AM  
Balava Until 12:57PM  
Ashtami\* Until 1:37AM Thu

**Ganesha:** Yellow      *Sunrise:* 5:21AM  
**Muruga:** Yellow      *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Chaitra

Sun 7      Sutra 3  
Hemalamba 5119  
Moon 4 - Phase 50  
Ashtami

Creative Work      Amrita Yoga

Sivaloka Day

Until 9:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Kuwait City, Kuwait

Makara Rasi: 14.14      Tihi 24

**Gulika** 8:34AM – 10:10AM  
Yama 5:20AM – 6:57AM  
Rahu 1:24PM – 3:01PM

**Shravana** Until 11:21PM  
Sadhya Until 11:15AM  
Taitila Until 2:09PM  
Navami\* Until 2:27AM Fri

**Ganesha:** White      *Sunrise:* 5:20AM  
**Muruga:** Yellow      *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Purple  
Chaitra•Chaitra

Sun 8      Sutra 4  
Hemalamba 5119  
Moon 4 - Phase 50  
Navami

Creative Work      Siddha Yoga

Devaloka Day

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                                  |  |  |                          |                                     |                        |                        |                  |
|----------------------------------|--|--|--------------------------|-------------------------------------|------------------------|------------------------|------------------|
| <b>1 Friday, April 21, 2017</b>  |  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam |                          |                                     |                        | Kuwait City, Kuwait    |                  |
|                                  |  | Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau                       |                          |                                     |                        | Sun 9 Sutra 5          |                  |
|                                  |  | <b>Gulika</b>  | <b>6:56AM – 8:33AM</b>   | <b>Dhanishtha Until 12:07AM Sat</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:19AM | Hemalamba 5119   |
| Makara Rasi: 26.52    Tihti 25   |  | Yama   | 3:02PM – 4:39PM          | Subha Until 10:39AM                 | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:16PM  | Moon 4 - Phase 1 |
|                                  |  | 292271368 <b>Rahu</b>  | <b>10:10AM – 11:47AM</b> | Vanija Until 2:35PM                 | <b>Nataraja:</b> Clear |                        | 2nd Phase        |
| Creative Work    Siddha Yoga     |  |  |                          |                                     |                        | <b>Devaloka Day</b>    |                  |
| Until 12:07AM Sat                |  |  |                          |                                     |                        | <b>Chaitra•Chaitra</b> |                  |
| Then Creative Work - Amrita Yoga |  |  |                          |                                     |                        |                        |                  |

|                                   |  |  |                         |                                   |                        |                        |                  |
|-----------------------------------|--|--|-------------------------|-----------------------------------|------------------------|------------------------|------------------|
| <b>2 Saturday, April 22, 2017</b> |  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam |                         |                                   |                        | Kuwait City, Kuwait    |                  |
|                                   |  | Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau                     |                         |                                   |                        | Sun 10 Sutra 6         |                  |
|                                   |  | <b>Gulika</b>  | <b>5:18AM – 6:55AM</b>  | <b>Shatabhishak Until 11:53PM</b> | <b>Ganesh:</b> White   | <i>Sunrise:</i> 5:18AM | Hemalamba 5119   |
| Kumbha Rasi: 9.53    Tihti 26     |  | Yama   | 1:24PM – 3:02PM         | Sukla Until 9:22AM                | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:16PM  | Moon 4 - Phase 1 |
|                                   |  | 292271368 <b>Rahu</b>  | <b>8:32AM – 10:10AM</b> | Bava Until 2:09PM                 | <b>Nataraja:</b> Clear |                        | 2nd Phase        |
| Creative Work    Amrita Yoga      |  |  |                         |                                   |                        | <b>Devaloka Day</b>    |                  |
| Until 11:53PM                     |  |  |                         |                                   |                        | <b>Chaitra•Chaitra</b> |                  |
| Then Routine Work - Marana Yoga   |  |  |                         |                                   |                        |                        |                  |

|                                  |  |  |                        |  |                           |                        |                  |
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| <b>3 Sunday, April 23, 2017</b>  |  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                        |  |                           | Kuwait City, Kuwait    |                  |
|                                  |  | Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau            |                        |  |                           | Sun 11 Sutra 7         |                  |
|                                  |  | <b>Gulika</b>  | <b>3:02PM – 4:39PM</b> | <b>Purvaproshtapada* Until 11:08PM</b> | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 5:17AM | Hemalamba 5119   |
| Kumbha Rasi: 23.23    Tihti 27   |  | Yama   | 11:47AM – 1:24PM       | Brahma Until 7:24AM                    | <b>Muruga:</b> Yellow     | <i>Sunset:</i> 6:17PM  | Moon 4 - Phase 1 |
|                                  |  | 212271368 <b>Rahu</b>  | <b>4:39PM – 6:17PM</b> | Kaulava Until 12:53PM                  | <b>Nataraja:</b> Clear    |                        | 2nd Phase        |
| Creative Work    Siddha Yoga     |  |  |                        |  |                           | <b>Devaloka Day</b>    |                  |
| Until 11:08PM                    |  |  |                        |  |                           | <b>Chaitra•Chaitra</b> |                  |
| Then Creative Work - Amrita Yoga |  |  |                        |  |                           |                        |                  |

|                                 |  |   |                        |                                       |                           |                                 |                  |
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| <b>4 Monday, April 24, 2017</b> |  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam |                        |                                       |                           | Kuwait City, Kuwait             |                  |
|                                 |  | Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau               |                        |                                       |                           | Sun 12 Sutra 8                  |                  |
|                                 |  | <b>Gulika</b>   | <b>1:24PM – 3:02PM</b> | <b>Uttaraproshtapada Until 9:32PM</b> | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 5:16AM          | Hemalamba 5119   |
| Meena Rasi: 7.22    Tihti 28    |  | Yama  | 10:09AM – 11:47AM      | Vaidhriti* Until 1:39AM Tue           | <b>Muruga:</b> Yellow     | <i>Sunset:</i> 6:17PM           | Moon 4 - Phase 1 |
| <b>Family Home Evening</b>      |  | 212271369 <b>Rahu</b>   | <b>6:53AM – 8:31AM</b> | Gara Until 10:50AM                    | <b>Nataraja:</b> Purple   |                                 | 2nd Phase        |
| Creative Work    Siddha Yoga    |  |   |                        |                                       |                           | <b>Bhuloka Day</b>              |                  |
|                                 |  |   |                        |                                       |                           | <b>Chaitra•Chaitra</b>          |                  |
|                                 |  |   |                        |                                       |                           | Devaloka Time: 12:PM to 3:PM    |                  |
|                                 |  |   |                        |                                       |                           | <i>Pradosha Vrata (Fasting)</i> |                  |

|                                  |  |  |                         |                            |                           |                              |                  |
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| <b>5 Tuesday, April 25, 2017</b> |  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam |                         |                            |                           | Kuwait City, Kuwait          |                  |
|                                  |  | Revati Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                        |                         |                            |                           | Sun 13 Sutra 9               |                  |
|                                  |  | <b>Gulika</b>  | <b>11:46AM – 1:24PM</b> | <b>Revati Until 7:13PM</b> | <b>Ganesh:</b> Light Blue | <i>Sunrise:</i> 5:15AM       | Hemalamba 5119   |
| Meena Rasi: 21.47    Tihti 29    |  | Yama   | 8:31AM – 10:08AM        | Vishkambha* Until 10:03PM  | <b>Muruga:</b> Yellow     | <i>Sunset:</i> 6:18PM        | Moon 4 - Phase 1 |
|                                  |  | 212271369 <b>Rahu</b>  | <b>3:02PM – 4:40PM</b>  | Visti Until 8:09AM         | <b>Nataraja:</b> Purple   |                              | 2nd Phase        |
| Creative Work    Siddha Yoga     |  |  |                         |                            |                           | <b>Bhuloka Day</b>           |                  |
|                                  |  |  |                         |                            |                           | <b>Chaitra•Chaitra</b>       |                  |
|                                  |  |  |                         |                            |                           | Devaloka Time: 12:PM to 3:PM |                  |

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| <b>Wednesday, April 26, 2017</b> |  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam |                          |                             |                         | Kuwait City, Kuwait          |                  |
| <b>Retreat Star</b>              |  | Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau        |                          |                             |                         | Sun 14 Sutra 10              |                  |
|                                  |  | <b>Gulika</b>  | <b>10:08AM – 11:46AM</b> | <b>Ashvini Until 4:47PM</b> | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 5:14AM       | Hemalamba 5119   |
| Mesha Rasi: 6.35    Tihti 30 – 1 |  | Yama   | 6:52AM – 8:30AM          | Priti Until 6:09PM          | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:19PM        | Moon 4 - Phase 1 |
|                                  |  | 222271369 <b>Rahu</b>  | <b>11:46AM – 1:24PM</b>  | Kintughna Until 1:30AM Thu  | <b>Nataraja:</b> Purple |                              | Amavasya         |
| Routine Work    Marana Yoga      |  |  |                          |                             |                         | <b>Bhuloka Day</b>           |                  |
| Until 4:47PM                     |  |  |                          |                             |                         | <b>Chaitra•Chaitra</b>       |                  |
| Then Creative Work - Siddha Yoga |  |  |                          |                             |                         | Devaloka Time: 12:PM to 3:PM |                  |

|                                  |  |   |                         |                             |                         |                              |                  |
|----------------------------------|--|---|-------------------------|-----------------------------|-------------------------|------------------------------|------------------|
| <b>Thursday, April 27, 2017</b>  |  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam   |                         |                             |                         | Kuwait City, Kuwait          |                  |
| <b>Retreat Star</b>              |  | Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                         |                             |                         | Sun 15 Sutra 11              |                  |
|                                  |  | <b>Gulika</b>   | <b>8:29AM – 10:08AM</b> | <b>Bharani Until 2:00PM</b> | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 5:13AM       | Hemalamba 5119   |
| Mesha Rasi: 21.37    Tihti 1 – 2 |  | Yama  | 5:13AM – 6:51AM         | Ayushman Until 2:04PM       | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:19PM        | Moon 4 - Phase 1 |
|                                  |  | 222271369 <b>Rahu</b>   | <b>1:24PM – 3:03PM</b>  | Balava Until 9:52PM         | <b>Nataraja:</b> Purple |                              | Prathama         |
| Creative Work    Siddha Yoga     |  |   |                         |                             |                         | <b>Bhuloka Day</b>           |                  |
| Until 2:00PM                     |  |   |                         |                             |                         | <b>Vaisaka•Chaitra</b>       |                  |
| Then Routine Work - Marana Yoga  |  |   |                         |                             |                         | Devaloka Time: 12:PM to 3:PM |                  |

1

Friday, April 28, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam TitauKuwait City, Kuwait  
Sun 16 Sutra 12

Vrishabha Rasi: 6.44 Tithi 2 – 3

Gulika 6:50AM – 8:29AM  
Yama 3:03PM – 4:41PM  
222271369 Rahu 10:07AM – 11:46AMKrittika Until 11:03AM  
Saubhagya Until 9:58AM  
Taitila Until 6:16PM  
Dvitiya Until 8:02AMGanesha: Purple Sunrise: 5:12AM  
Muruga: Yellow Sunset: 6:20PM  
Nataraja: Purple  
Moon – White  
Vaisaka-ChaitraHemalamba 5119  
Moon 4 - Phase 2  
3rd PhaseCreative Work Siddha Yoga  
Until 11:03AM

Then Routine Work - Marana Yoga

Bhuloka Day  
Devaloka Time: 12:PM to 3:PM

2

Saturday, April 29, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Chaturthyam TitauKuwait City, Kuwait  
Sun 17 Sutra 13

Vrishabha Rasi: 21.46 Tithi 4

Gulika 5:11AM – 6:50AM  
Yama 1:24PM – 3:03PM  
232271369 Rahu 8:28AM – 10:07AMRohini Until 8:29AM  
Athiganda\* Until 2:12AM Sun  
Vanija Until 2:51PM  
Chaturthi\* Until 1:15AM SunGanesha: Light Blue Sunrise: 5:11AM  
Muruga: Yellow Sunset: 6:20PM  
Nataraja: Purple  
Moon – Yellow  
Vaisaka-ChaitraHemalamba 5119  
Moon 4 - Phase 2  
3rd PhaseCreative Work Amrita Yoga  
Until 8:29AM

Then Creative Work - Siddha Yoga

Bhuloka Day  
Devaloka Time: 12:PM to 3:PM

3

Sunday, April 30, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam TitauKuwait City, Kuwait  
Sun 18 Sutra 14

Mithuna Rasi: 6.35 Tithi 5

Gulika 3:03PM – 4:42PM  
Yama 11:46AM – 1:24PM  
232271369 Rahu 4:42PM – 6:21PMMrigashira Until 6:06AM  
Sukarma Until 10:46PM  
Bava Until 11:47AM  
Panchami Until 10:24PMGanesha: Light Blue Sunrise: 5:10AM  
Muruga: Yellow Sunset: 6:21PM  
Nataraja: Purple  
Moon – Yellow  
Vaisaka-ChaitraHemalamba 5119  
Moon 4 - Phase 2  
3rd Phase

Creative Work Siddha Yoga

Adi Sankara Jayanthi

Bhuloka Day  
Devaloka Time: 12:PM to 3:PM

4

Monday, May 1, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam TitauKuwait City, Kuwait  
Sun 19 Sutra 15

Mithuna Rasi: 21.05 Tithi 6

Family Home Evening

Gulika 1:25PM – 3:04PM  
Yama 10:06AM – 11:45AM  
242271369 Rahu 6:48AM – 8:27AMPunarvasu Until 2:46AM Tue  
Dhriti Until 7:48PM  
Kaulava Until 9:11AM  
Shashthi\* Until 8:05PMGanesha: Orange Sunrise: 5:08AM  
Muruga: Yellow Sunset: 6:22PM  
Nataraja: Purple  
Moon – Blue  
Vaisaka-ChaitraHemalamba 5119  
Moon 4 - Phase 2  
3rd Phase

Creative Work Amrita Yoga

Until 2:46AM Tue

Then Creative Work - Siddha Yoga

Devaloka Day

5

Tuesday, May 2, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Saptamyam TitauKuwait City, Kuwait  
Sun 20 Sutra 16

Kataka Rasi: 5.11 Tithi 7

Gulika 11:45AM – 1:25PM  
Yama 8:26AM – 10:06AM  
243371369 Rahu 3:04PM – 4:43PMPushya Until 2:01AM Wed  
Shula\* Until 5:19PM  
Gara Until 7:10AM  
Saptami Until 6:23PMGanesha: Orange Sunrise: 5:08AM  
Muruga: Yellow Sunset: 6:23PM  
Nataraja: Purple  
Moon – Blue  
Vaisaka-ChaitraHemalamba 5119  
Moon 4 - Phase 2  
3rd Phase

Creative Work Siddha Yoga

Devaloka Day

D

Wednesday, May 3, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Ganda\*/Vridhdi Yoga Bava/Balava Karana Ashtami/Navamyam TitauKuwait City, Kuwait  
Sun 21 Sutra 17

Kataka Rasi: 18.54 Tithi 8 – 9

Retreat Star

Gulika 10:05AM – 11:45AM  
Yama 6:46AM – 8:26AM  
243371369 Rahu 11:45AM – 1:25PMAshlesha\* Until 1:47AM Thu  
Ganda\* Until 3:23PM  
Balava Until 5:06AM Thu  
Ashtami\* Until 5:21PMGanesha: Orange Sunrise: 5:07AM  
Muruga: Yellow Sunset: 6:23PM  
Nataraja: Purple  
Moon – Blue  
Vaisaka-ChaitraHemalamba 5119  
Moon 4 - Phase 2  
Ashtami

Creative Work Siddha Yoga

Until 1:47AM Thu

Then Creative Work - Amrita Yoga

Devaloka Day

Thursday, May 4, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam TitauKuwait City, Kuwait  
Sun 22 Sutra 18

Simha Rasi: 2.13 Tithi 9 – 10

Retreat Star

Gulika 8:25AM – 10:05AM  
Yama 5:06AM – 6:46AM  
253381369 Rahu 1:25PM – 3:04PMMagha\* Until 2:30AM Fri  
Vridhdi Until 2:00PM  
Taitila Until 5:03AM Fri  
Navami\* Until 4:59PMGanesha: Green Sunrise: 5:06AM  
Muruga: Blue Sunset: 6:24PM  
Nataraja: Purple  
Moon – Red  
Vaisaka-ChaitraHemalamba 5119  
Moon 4 - Phase 2  
Navami

Creative Work Amrita Yoga

Until 2:30AM Fri

Then Creative Work - Siddha Yoga

Bhuloka Day

|                                 |               |   |                                       |  |                    |  |
|---------------------------------|---------------|---|---------------------------------------|--|--------------------|--|
| <b>1 Friday, May 5, 2017</b>    |               | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                       |  |                    | Kuwait City, Kuwait<br>Sun 23 Sutra 19 |
| Simha Rasi: 15.12               | Tithi 10 - 11 | <b>Gulika</b> 6:45AM - 8:25AM   | <b>Purvaphalguni Until 3:37AM Sat</b> | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:05AM |                    | Hemalamba 5119                         |
|                                 |               | Yama 3:05PM - 4:45PM  | Dhruva Until 1:05PM                   | <b>Muruga:</b> Blue <i>Sunset:</i> 6:25PM    |                    | Moon 4 - Phase 3                       |
|                                 |               | 253381369 <b>Rahu</b> 10:05AM - 11:45AM   | Vanija Until 5:35AM Sat               | <b>Nataraja:</b> Purple                      |                    | 4th Phase                              |
| Creative Work                   | Siddha Yoga   |   | <b>Dashami Until 5:14PM</b>           | Moon - Red                                   | <b>Bhuloka Day</b> |  |
| Until 3:37AM Sat                |               |   |                                       | <b>Vaisaka-Chaitra</b>                       |                    |  |
| Then Routine Work - Marana Yoga |               |   |                                       |  |                    |  |

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|----------------------------------|-------------|---|--|--|--------------------|--|
| <b>2 Saturday, May 6, 2017</b>   |             | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Ekadashyam Titau |  |  |                    | Kuwait City, Kuwait<br>Sun 24 Sutra 20 |
| Simha Rasi: 27.54                | Tithi 11    | <b>Gulika</b> 5:04AM - 6:45AM   | <b>Uttaraphalguni Until 5:05AM Sun</b> | <b>Ganesha:</b> Green <i>Sunrise:</i> 5:04AM |                    | Hemalamba 5119                         |
|                                  |             | Yama 1:25PM - 3:05PM  | Vyaghata* Until 12:36PM                | <b>Muruga:</b> Blue <i>Sunset:</i> 6:25PM    |                    | Moon 4 - Phase 3                       |
|                                  |             | 253381369 <b>Rahu</b> 8:25AM - 10:05AM  | Visti Until 6:01PM                     | <b>Nataraja:</b> Purple                      |                    | 4th Phase                              |
| Routine Work                     | Marana Yoga |   | <b>Ekadashi Until 6:01PM</b>           | Moon - Red                                   | <b>Bhuloka Day</b> |  |
| Until 5:05AM Sun                 |             |   |  | <b>Vaisaka-Chaitra</b>                       |                    |  |
| Then Creative Work - Amrita Yoga |             |   |  |  |                    |  |

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| <b>3 Sunday, May 7, 2017</b>           |             | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashtyam Titau |                               |  |                             | Kuwait City, Kuwait<br>Sun 25 Sutra 21 |
| Kanya Rasi: 10.23                      | Tithi 12    | <b>Gulika</b> 3:05PM - 4:45PM   | <b>Hasta Until 7:14AM Mon</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:04AM |                             | Hemalamba 5119                         |
|  |             | Yama 11:45AM - 1:25PM   | Harshana Until 12:30PM        | <b>Muruga:</b> Blue <i>Sunset:</i> 6:26PM  |                             | Moon 4 - Phase 3                       |
|  |             | 263381369 <b>Rahu</b> 4:45PM - 6:26PM   | Bava Until 6:36AM             | <b>Nataraja:</b> Purple                    |                             | 4th Phase                              |
| Creative Work                          | Amrita Yoga |   | <b>Dvadashti Until 7:15PM</b> | Moon - Green                               | <b>Bhuloka Day</b>          |  |
| Until 7:14AM Mon                       |             |   |                               | <b>Vaisaka-Chaitra</b>                     | Devaloka Time: 6:AM to 9:AM |  |
| Then Routine Work - Prabalarishta Yoga |             |   |                               |  |                             |  |

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| <b>4 Monday, May 8, 2017</b>           |             | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                |  |                             | Kuwait City, Kuwait<br>Sun 26 Sutra 22 |
| Kanya Rasi: 22.41                      | Tithi 13    | <b>Gulika</b> 1:25PM - 3:05PM  | <b>Hasta Until 7:14AM</b>      | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:03AM |                             | Hemalamba 5119                         |
| <b>Family Home Evening</b>             |             | Yama 10:04AM - 11:45AM   | Vajra* Until 12:40PM           | <b>Muruga:</b> Blue <i>Sunset:</i> 6:26PM  |                             | Moon 4 - Phase 3                       |
| Creative Work                          | Siddha Yoga | 263381369 <b>Rahu</b> 6:43AM - 8:24AM  | Kaulava Until 8:01AM           | <b>Nataraja:</b> Purple                    |                             | 4th Phase                              |
| Until 7:14AM                           |             |  | <b>Trayodashi Until 8:49PM</b> | Moon - Green                               | <b>Bhuloka Day</b>          |  |
| Then Routine Work - Prabalarishta Yoga |             |  | <i>Pradosha Vrata</i>          | <b>Vaisaka-Chaitra</b>                     | Devaloka Time: 6:AM to 9:AM |  |

|                               |             |  |                                   |  |                             |  |
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| <b>5 Tuesday, May 9, 2017</b> |             | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                   |  |                             | Kuwait City, Kuwait<br>Sun 27 Sutra 23 |
| Tula Rasi: 4.52               | Tithi 14    | <b>Gulika</b> 11:45AM - 1:25PM   | <b>Chitra Until 9:32AM</b>        | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:02AM |                             | Hemalamba 5119                         |
|                               |             | Yama 8:23AM - 10:04AM  | Siddhi Until 1:04PM               | <b>Muruga:</b> Blue <i>Sunset:</i> 6:27PM  |                             | Moon 4 - Phase 3                       |
|                               |             | 263381369 <b>Rahu</b> 3:06PM - 4:46PM  | Gara Until 9:44AM                 | <b>Nataraja:</b> Purple                    |                             | 4th Phase                              |
| Creative Work                 | Siddha Yoga |  | <b>Chaturdashi* Until 10:40PM</b> | Moon - Green                               | <b>Bhuloka Day</b>          |  |
|                               |             |  |                                   | <b>Vaisaka-Chaitra</b>                     | Devaloka Time: 6:AM to 9:AM |  |

|                                |             |  |                                   |  |                             |                                 |
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| <b>Wednesday, May 10, 2017</b> |             | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau |                                   |  |                             | Kuwait City, Kuwait<br>Sutra 24 |
| <b>Copper Retreat Star</b>     |             | <b>Gulika</b> 10:04AM - 11:45AM  | <b>Svati Until 11:54AM</b>        | <b>Ganesha:</b> Red <i>Sunrise:</i> 5:02AM |                             | Hemalamba 5119                  |
| Tula Rasi: 16.57               | Tithi 15    | Yama 6:42AM - 8:23AM   | Vyatipata* Until 1:40PM           | <b>Muruga:</b> Blue <i>Sunset:</i> 6:27PM  |                             | Moon 4 - Phase 3                |
|                                |             | 263381369 <b>Rahu</b> 11:45AM - 1:25PM   | Visti Until 11:42AM               | <b>Nataraja:</b> Purple                    |                             | Purnima                         |
| Creative Work                  | Siddha Yoga |  | <b>Purnima* Until 12:44AM Thu</b> | Moon - Green                               | <b>Bhuloka Day</b>          |                                 |
|                                |             | <b>Budha Purnima (Tamil Nadu)</b>  |                                   | <b>Vaisaka-Chaitra</b>                     | Devaloka Time: 6:AM to 9:AM |                                 |

|                               |             |  |                                   |   |                    |                                 |
|-------------------------------|-------------|--|-----------------------------------|---|--------------------|---------------------------------|
| <b>Thursday, May 11, 2017</b> |             | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau |                                   |   |                    | Kuwait City, Kuwait<br>Sutra 25 |
| <b>Silver Retreat Star</b>    |             | <b>Gulika</b> 8:23AM - 10:04AM   | <b>Vishakha Until 2:48PM</b>      | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:01AM |                    | Hemalamba 5119                  |
| Tula Rasi: 28.56              | Tithi 16    | Yama 5:01AM - 6:42AM   | Variyan Until 2:23PM              | <b>Muruga:</b> Blue <i>Sunset:</i> 6:28PM   |                    | Moon 4 - Phase 3                |
|                               |             | 273381369 <b>Rahu</b> 1:25PM - 3:06PM  | Balava Until 1:51PM               | <b>Nataraja:</b> Purple                     |                    | Prathama                        |
| Creative Work                 | Siddha Yoga |  | <b>Prathama* Until 2:58AM Fri</b> | Moon - Orange                               | <b>Bhuloka Day</b> |                                 |
|                               |             |  |                                   | <b>Vaisaka-Chaitra</b>                      |                    |                                 |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda